

Vāgbhaṭa, Aruṇadatta and Hemādri

Aṣṭāṅgahr̥dayasam̐hitā —
Sarvāṅgasundarā —
Āyurvedarasāyana

SARIT

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Contents

Contents

i

**Vāgbhata's Aṣṭāṅgahrdayasamhitā
With the commentaries Sarvān-
gasundarā by Aruṇadatta and
Āyurvedarasāyana by Hemādri
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iii

1	sūtrasthānam	1
1.1	āyuskāmīyādhyāyaḥ:1	1
1.2	dinacaryādhyāyaḥ:2	64
1.3	ṛutucaryādhyāyaḥ:3	108
1.4	rogānutpādanīyādhyāyaḥ:4	154
1.5	dravadravyavijñānīyādhyāyaḥ:5	181
1.6	annasvarūpavijñānīyādhyāyaḥ:6	254
1.7	annarakṣādhyāyaḥ:7	392
1.8	mātrāṣitīyādhyāyo+aṣṭamaḥ:8	452
1.9	dravyādhivijñānīyādhyāyaḥ:9	497
1.10	rasabhedīyādhyāyaḥ:10	531
1.11	doṣāhivijñānīyādhyāyaḥ:11	558
1.12	doṣabhedīyādhyāyaḥ:12	592
1.13	doṣopakramaṇīyādhyāyaḥ:13	653
1.14	dvividhopakramaṇīyādhyāyaḥ:14	682
1.15	śodhanādigaṇasaṅgrahodhyāyaḥ:15	705
1.16	snehavidhiradhyāyaḥ:16	744
1.17	svedavidhiradhyāyaḥ:17	777
1.18	vamanavirecanavidhiradhyāyaḥ:18	796
1.19	bastividhiradhyāyaḥ:19	831
1.20	nasyavidhiradhyāyaḥ:20	885
1.21	dhumapanavidhiradhyāyaḥ:21	908
1.22	gaṇḍūṣādividhiradhyāyaḥ:22	922

1.23	āṣcātanāñjanavidhiradhyāyaḥ :23	943
1.24	tarpaṇapuṭapākavidhiradhyāyaḥ :24	960
1.25	yantravidhiradhyāyaḥ :25	972
1.26	ṣastravidhiradhyāyaḥ :26	998
1.27	sirāvyadhavidhiradhyāyaḥ :27	1032
1.28	ṣalyāharaṇavidhiradhyāyaḥ :28	1065
1.29	ṣastrakarmavidhiradhyāyaḥ :29	1101
1.30	kṣārāgnikarmavidhiradhyāyaḥ :30	1139
2	śārīrasthānam :2	1169
2.1	garbhāvakraṅtiradhyāyaḥ :1	1169
2.2	garbhavyāpadvidhiradhyāyaḥ :2	1223
2.3	aṅgavibhāgaṣārīrodhyāyaḥ :3	1246
2.4	marmavibhāgaṣārīro+adhyāyaḥ :4	1320
2.5	Unidentified passage. This is missing in the print edition.	1351
2.6	vikṛtivijñānīyo+adhyāyaḥ :5	1376
2.7	Unidentified passage. This is missing in the print edition.	1427
2.8	dūtādivijñānīyodhyāyaḥ :6	1485
3	nidānasthānam :3	1510
3.1	sarvaroganidānādhyāyaḥ :1	1510
3.2	jvaranidanādhyāyaḥ :2	1531
3.3	raktapittakāsanidānādhyāyaḥ :3	1588
3.4	ṣvāsahidhmānidānādhyāyaḥ :4	1608
3.5	rājyakṣmādinidānādhyāyaḥ :5	1622
3.6	madātyayādinidanādhyāyaḥ :6	1650
3.7	arṣonidanādhyāyaḥ :7	1670
3.8	atīsāragrahaṇiroganidanādhyāyaḥ :8	1685
3.9	mūtrānātanidānādhyāyaḥ :9	1695
3.10	pramehanidānādhyāyaḥ :10	1709
3.11	vidradhivṛuddhigulmanidanādhyāyaḥ :11	1728
3.12	udaranidanādhyāyaḥ :12	1749
3.13	pāṇḍurogaṣophavisarpanidanadhyāyaḥ :13	1763
3.14	kuṣṭhaṣvitakṛminidanādhyāyaḥ :14	1785
3.15	vātavyādhinidanadhyāyaḥ :15	1805
3.16	vātaṣoṇitanidanādhyāyaḥ :16	1826

4 cikitsāsthānam :4	1848
4.1 jvaracikitsitādhyāyaḥ :1	1848
4.2 raktapittacikitsitādhyāyaḥ :2	1961
4.3 kāsacikitsitādhyāyaḥ :3	1993
4.4 ṣvāsahidhmācikitsitādhyāyaḥ :4	2067
4.5 rājayaḥśmādicikitsitādhyāyaḥ :5	2090
4.6 cardihṛudrogatruṣṇācikitsitādhyāyaḥ :6	2128
4.7 madātyayādicikitsitādhyāyaḥ :7	2170
4.8 arṣaṣcikitsitādhyāyaḥ :8	2206
4.9 atīsāracikitsitādhyāyaḥ :9	2254
4.10 grahaṇīdoṣacikitsitādhyāyaḥ :10	2292
4.11 mūtrānātacikitsitādhyāyaḥ :11	2322
4.12 pramehacikitsitādhyāyaḥ :12	2341
4.13 vidradhivṛuddhicikitsitādhyāyaḥ :13 .	2353
4.14 gulmacikitsitādhyāyaḥ :14	2368
4.15 udaracikitsitādhyāyaḥ :15	2403
4.16 pāṇḍurogacikitsitādhyāyaḥ :16	2441
4.17 ṣvayathucikitsitādhyāyaḥ :17	2456
4.18 visarpacikitsitādhyāyaḥ :18	2468
4.19 kuṣṭhacikitsitādhyāyaḥ :19	2480
4.20 ṣvitrakṛmicikitsitādhyāyaḥ :20	2508
4.21 vātavyādhicikitsitādhyāyaḥ :21	2520
4.22 vātaṣoṇitacikitsitādhyāyaḥ :22	2545
5 kalpasiddhisthānam :5	2569
5.1 vamanakalpādhyāyaḥ :1	2569
5.2 virecanakalpādhyāyaḥ :2	2595
5.3 vamanavirecanavyāpatsiddhirādhyāyaḥ :3	2620
5.4 bastikalpādhyāyaḥ :4	2635
5.5 vastivyāpatsiddhirādhyāyaḥ :5	2661
5.6 dravyakalpādhyāyaḥ :6	2682
6 uttarasthānam :6	2704
6.1 bālopacaraṇīyādhyāyaḥ :1	2704
6.2 bālāmayapraṭiṣedhādhyāyaḥ :2	2719
6.3 balagrahapraṭiṣedhādhyāyaḥ :3	2741
6.4 bhūtavijñānīyādhyāyaḥ :4	2755
6.5 bhūtapraṭiṣedhādhyāyaḥ :5	2765

6.6	unmādapraṭiṣedhādhyāyaḥ :6	2779	
6.7	apasmārapraṭiṣedhādhyāyaḥ :7	2794	
6.8	vartmarogavijñānīyādhyāyaḥ :8	2805	
6.9	vartmarogapraṭiṣedhādhyāyaḥ :9	2816	
6.10	sandhisitāstarogavijñānīyādhyāyaḥ :10	2827	
6.11	sandhisitasitarogapraṭiṣedhādhyāyaḥ :11	2839	
6.12	ḍruṣṭirogavijñānīyādhyāyaḥ :12	2855	
6.13	timirapraṭiṣedhādhyāyaḥ :13	2865	
6.14	liṅganāṣapraṭiṣedhādhyāyaḥ :14	2895	
6.15	sarvākṣirogavijñānīyādhyāyaḥ :15	2905	
6.16	sarvākṣirogapraṭiṣedhādhyāyaḥ :16	2912	
6.17	karṇarogavijñānīyādhyāyaḥ :17	2932	
6.18	karṇarogapraṭiṣedhādhyāyaḥ :18	2942	
6.19	nāsārogavijñānīyādhyāyaḥ :19	2960	
6.20	nāsārogapraṭiṣedhādhyāyaḥ :20	2968	
6.21	mukharogavijñānīyādhyāyaḥ :21	2974	
6.22	mukharogapraṭiṣedhādhyāyaḥ :22	2999	
6.23	ṣīrorogavijñānīyādhyāyaḥ :23	3028	
6.24	ṣīrorogapraṭiṣedhādhyāyaḥ :24	3036	
6.25	vranapraṭiṣedhādhyāyaḥ :25	3049	
6.26	sadyovranapraṭiṣedhādhyāyaḥ :26	3069	
6.27	bhaṅgapraṭiṣedhādhyāyaḥ :27	3086	
6.28	bhagandarapraṭiṣedhādhyāyaḥ :28	3097	
6.29	granthyarbudaṣṭīpadāpacīnāḍīvijñānīyādhyāyaḥ :29	3113	3113
6.30	granthyarbudaṣṭīpadāpacīnāḍīpraṭiṣedhādhyāya :30	3125	3125
6.31	kṣudrarogavijñānīyādhyāyaḥ :31	3138	
6.32	kṣudrarogapraṭiṣedhādhyāyaḥ :32	3151	
6.33	guhvarogavijñānīyādhyāyaḥ :33	3162	
6.34	guhvarogapraṭiṣedhādhyāyaḥ :34	3180	
6.35	viṣapraṭiṣedhādhyāyaḥ :35	3199	
6.36	sarpaviṣapraṭiṣedhādhyāyaḥ :36	3220	
6.37	kīṭālūtādiviṣapraṭiṣedhādhyāyaḥ :37	3248	
6.38	mūṣikālarkaviṣapraṭiṣedhādhyāyaḥ :38	3276	
6.39	rasāyanavidhiradhyāyaḥ :39	3290	
6.40	vājīkaraṇavidhiradhyāyaḥ :40	3345	

The TEI Header **3374**

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1 sūtrasthānam

1.1 āyusḥkāmiyādhyāyaḥ : 1

rāgādirogān satatānuṣaktānaśeṣakāyaprasṛtāna-
śeṣān || 1 ||
autsukyamohāratidāñjaghāna
yo+apūrvavaidyāya namostu tasmai || 1 || §²

1.1.1 Sarvāṅgasundarā

rāga ādiryeṣāṃ te rāgādayaḥ | ādiśabdena dveṣalobhād-
iparigrahaḥ | rujantīti rogāḥ | dehamanasī santāpayantī-
tyarthaḥ | nanu manaḥsthitatvānmana eva te rujantīti va-
ktuṃ yuktaṃ | maivam | dehamanolakṣaṇayorvastuno-
5 rādhārādheyabhāvena sthitatvāddvayorapi santāpo yu-
ktaḥ | yathā ādheyenāyogolakena santaptaena tadādhāra-
sya kaṭāhādeḥ santāpaḥ | ādhāreṇa ca kaṭāhādinā santapt-
enādheyasya ghṛtādeḥ santāpaḥ | tadevaṃ rāgādayo dv-
ayaṃ rujantīti nyāyyametat | tathā satatānuṣaktāḥ sarv-
10 akālaṃ prasṛtāḥ, sahaḥ ityarthāḥ | aśeṣakāyaprasṛtā aśe-
ṣaścāsau kāyaścāśeṣakāyaḥ | tatra prasṛtā anugatāḥ | ya-
dvā+aśeṣāḥ te kāyāścāśeṣakāyāḥ | sarvāṇi śarīrāṇi ga-
jaturagoragādisambamdhīni tāni prakarṣeṇa sṛtā gatāḥ |
tathā aśeṣāḥ na vidyate śeṣo yeṣāṃ te+aśeṣāḥ sarve sa-
15 mūlāḥ | sabijā ityarthāḥ | tathautsukyamohāratidāḥ | au-
tsukyam viṣayotkaṇṭhā gato+abhilāṣaḥ | mohaḥ kāryāk-
āryānabhijñātvam | aratiranavasthitiḥ | sthānāsanādiṣu |
autsukyam ca mohaścāratiśca tā dadati ye rāgādayasta
evam | tānevaṃvidhān yo bhagavān jaghāna tasmai ta-
20 thābhūtāyāpūrvavaidyāya namo+astu | taṃ pūjayāmīty-
arthāḥ | ata evāsāvapūrvā āścaryabhūto vaidyaḥ | anyo
hi yo vaidyaḥ sa jvarādīnapyacirotthitān rogānetadviś-
eṣaṇaiuraparāmṛṣṭānna tathā hartuṃ samarthaḥ | kim-
uta rāgādīnasādhyalakṣaṇalakṣitān | tathā cāsādhyalakṣ-
25 aṇam | (asminnevādhyāye ślo. 32)"anupakrama eva syāt
sthito+atyantaviparyaye | autsukyamohāratikṛd" iti | ya-

dvā na vidyate pūrvo yasmādasāvapūrvaḥ | pūrvebhyaḥ
 prathama ityarthaḥ | apūrvaścāsau vaidyo+apūrvavaidya
 ityarthaḥ | evaṃvidhaṃ cābhimatanamaskāraślokaṃ vi-
 racayan granthakṛdgranthasya rogopaśāṃtiḥ prayo- 5
 jananamiti pratipādayati | tathā cāha carakamuniḥ (sū. a.
 1 | 52)"dhātusāmyakriyā cuktā tantrasyāsyā prayojanam"
 iti | evaṃ ca dhātusāmyena prayojanena prayo-
 jana-
 vididam tantram | tathā tatpāṭhāttadarthāvabodhāttadvidhy-
 anuṣṭhānācca ārogyākhyasyopeyasya tathābhimatasyāyu-
 ṣaḥ parasya puruṣārthasya mokṣākhyasya ca paramārth- 10
 ata idameva tantramupāyaḥ | asmāccopāyopeyalakṣaṇas-
 ambadhāt sambandhavadi-
 dam tantram | tathā hetuliṅ-
 ga-
 uṣadhyākhyaskandhatrayamasyābhidheyam tenābhidh-
 eyenābhidheyavattantram | evaṃ ca granthakṛtātra pra-
 yojanasambandhābhidheyā yuktyaivoktāḥ | indravajrope- 15
 ndravajrāvira-
 citatvādupajātivr̥ttam | yathā, "anantarāpād-
 italakṣmaśobhau pādau bhavetām vividhairvikalpaiḥ | yā-
 sāmimāvan-
 yayatiprapañcau smṛtāḥ smṛtijñairupajātaya-
 stāḥ | |" iti | sarvatraiva cātra tantre+anuṣṭubhā samānīpr-
 amānīvitānādibhedabhinnatayā viracanam | yatpunarava- 20
 sarāntare vr̥ttāntaravira-
 canamiha tatsalakṣaṇam vyañjayi-
 ṣyāmaḥ | § 3

1.1.2 Āyurvedarasāyana

śrīgaṇeśāya namaḥ | § 4

prṣṭhe kūrmatayā caturbhujatayā dormaṇḍale
 mandaram ruddhvā
 kṣīrasamudramoṣadhibhṛtaṃ nirmathya
 niṣpāditaiḥ | ānītairamṛtairbhiṣaktamatayā
 yoṣittayā
 pāyitairdevānāmajarāmaratvamakarottasmai
 namo viṣṇave | | 1 | |
 hemādriṇā caturvagacintāmaṇividhāyinā |
 taduktavratadānādisiddhyāṅgārogyasiddh-
 aye | | 2 | |
 kriyate+aṣṭāṅghṛdayasyāyurvedasya sugrahā |
 ṭikā carakahārītasuśrutādimatānugā | | 3 | |

carake haricandrādyaiḥ suśrute jaiijaṭāḍibhiḥ |
 ṭikākārainna nirṇātamiha
 hemādgiṇoditam | | 4 | |
 deśabhraṃśabhayādvicālya layinaḥ snehaiḥ
 pratāpaiḥ paraṃ pradrāvya prasṛtān
 praveśya parito durgodaraṃ drāktataḥ |
 ūrdhvādhogati nirgamayya
 madanairdantyaḍibhirvidviṣo doṣānadraḍhi
 rāmarājyamagadaṅkāreṇa hemādrinā | | 5 | |
 hemādrirnāma rāmasya rājñāḥ śrīkaraṇeṣvadhi |
 nanūbhau
 bhagavanniṣṭhaṣāṅguṇyakaraṇeṣvadhi | |
 6 | |
 sarveṣāṃ dvīpavarṇāṅāṃ meruruttarataḥ
 sthitaḥ | tadastu sarvottaratā hemādrau
 drṣyate yataḥ | | 7 | |
 5 sevyā hemādriṭikeyamāyurvedarasāyanam |
 āyurvedātmanāṃ puṃsāṃ nirdoṣatvam hi
 nānyathā | | 8 | |
 aṣṭāṅgahrdayaṃ
 mukhyamanukte+aṣṭāṅgasaṅgrahaḥ |
 tantrāntarāṇi caktāni vaiṣamye vivṛtāni
 ca | | 9 | | § 13

āyurvedaṃ vyācikyāsuh śrīvāgbhaṭācāryaḥ pratham-
 aślokeneṣṭadevatāṃ namaskaroti-rāgādirogāniti | sa cāpū-
 rvavaidyaḥ | apūrvatvaṃ ca adbhutaśaktitvam | tacca jva-
 10 rādivilakṣaṇānāṃ rogāṅāṃ ghātena | te ca rāgādayaḥ | śu-
 ddhasya cetaso rajastamobhyāṃ rañjanaṃ rāgaḥ | tadāda-
 yastanmūlāḥ kāmakrodhādayaḥ | jvarādivilakṣaṇatvamevāha-
 satatānuṣaktān, sarvakālamātmanā sambaddhān | nanu,
 jvarādayo+api kulodbhavaḥ evamityata āha-aśośakāyaprasṛtān,
 15 yāvantyātmanaḥ śarīrāṇi tāni sarvāṅyabhivyāpya sthitān |
 nanu, kulodbhavaḥ api kuṣṭhārśomehādyā anantavyaktibh-
 edenaivamityata āha-aśeṣān, sarvāneva yugapatpratide-
 haṃ sthitān | nanu, satkāryavādināṃ mate jvarādayo+api
 20 sūkṣmarūpeṇaivamityata āha-autsukyamohāratidān, au-
 tsukyam avicāryakāryapravṛttiḥ, moho vicārāśaktiḥ, ara-
 tiḥ asantoṣaḥ tā dadatyātmanaḥ samarpayantīti tathā | au-

tsukyādīni svakāryaṇyadbhutāni samarpayantaḥ sarve sarvadeheṣu sarvadā ātmānaṃ kleśayantīti jvarādivilakṣaṇā eva rāgādirogāḥ | jaghāneti mokṣaśāstrapraṇayanena vadhōpāyaṃ darśitavān | na tu svayaṃ hatavan | tathā hyadhunā kāmādyadarśanaṃ syāt | | § 14

5

athāta āyuṣkāmīyamadhyāyaṃ
vyākhyāsyāmaḥ | | 1 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 16

1.1.3 Sarvāṅgasundarā

atheti | athaśabdo+asminmaṅgalādhikārānantaryeṣu draṣṭavyaḥ | maṅgalādīnāṃ hi śāstrāṇāṃ tadadhyeṭṭṇāṃ niṣpratibandhā pravṛttirabhipretārthasādhanāya jāyate | athaśabdaścāyaṃ maṅgalārthaḥ | tathā cōktaṃ-"oṅkāraścāthaśabdaśca dvāvetau brahmaṇaḥ purā | kaṅṭhaṃ bhitvā viniryā- 5
tau tenemau maṅgalau smṛtau | | "iti | ato+adhikāre | āy-
uṣkāmīyaṃ śāstramadhikriyate yāvadata ūrdhvaṃ pr-
atanyate ātantraparisamāptestatsarvamāyuṣkāmīyaṃ ve-
ditavyam | ata ānantarye ca | namaskārādanantaramāy-
uṣkāmāhitam vyākhyāsyāma iti | katham punarekasya- 10
iva tantrakārasya vyākhyāsyāma iti bahuvacanaṃ yujy-
ate | brūmaḥ | "asmado dvayośca" ityekatve+api bahu-
vacanavidhānādabhilaṣantīti | yuktamevātraikasminnapi
bahuvacanaṃ | āyuh śarīrendriyasatvātmasaṃyogaḥ | ta-
thā ca muniḥ (ca. sū. a. 1 | 41)- | "śarīrendriyasattvātma- 15
saṃyogo dhāri jīvitam | nityagaṃ cānubaddhaṃ ca pa-
ryāyairāyurucyate | | "iti | eṭītyāyuh | santataṃ yātīya-
rthaḥ | evaṃvidhaṃ gatvarasvabhāvamapi hitāhāravihā-
rasevādibhirahitavarjanena ca kathametad sthirībhavedi-
tyevaṃ kāmāyante ye te āyuṣkāmāḥ | tebhyo hita āyu- 20
ṣkāmīyaḥ | sa punarāyurvedāgamādiprakaraṇasamudāya
āyuṣkāmāyamanentyādikaḥ | āyuṣkāmīya iti isuḥ sām-
arthye iti śādeśaḥ | tasmai hitamiti chaḥ | āyuṣkāmī-
yaśabdo+adhyāyaviśeṣaṇārtho nīlotpaladalavat | bahuv-
adhyāyeṣu satsu katamamadhyāyaṃ vyākhyāsyāma āy- 25
uṣkāmīyamiti | adhikṛto+adhyāyanāyetyadhyāyastam vy-

ākhyāsyāmaḥ vividhaprakāreṇa viśeṣeṇa vā kathayiṣy-
 āmaḥ | āyuṣkāmaiḥ pūrvam dr̥ṣṭatvādasyādhyāyasyāyu-
 ṣkāma iti samjñā | arthagatimadhikṛtyādhyāya iti nāma |
 tathā coktam | (ca. sū. a. 30 | 65)- "adhikṛtyeyamadhyā-
 5 yanāmasamjñā pratiṣṭhitā" iti | tatra padasamudāyo vā-
 kyam vākyasamudāyaḥ prakaraṇam, prakaraṇasamud-
 āyo yaḥ, so+adhyāyaḥ, adhyāyasamudāyaḥ sthānam, sth-
 ānasamudāyastantramiti | viśabdo nānārthaḥ | ānabhivi-
 dhau | uttarākhyāścāyamalaṅkāraḥ | tasya hi lakṣaṇam |
 10 (kāvyālaṅkāre a, 7 | 93)- "uttaravacanaśravaṇādunnaya-
 nam yatra pūrvavacanānām kriyate taduttaram syāt" ity-
 ādi | tato+anena vākyena śiṣyavacanamīdr̥samunnīyate |
 saṃsāre+asminnamī prāṇino nānārogānīkābhibhūtāstrā-
 tāramalabhamānāścaturvargād bhraśyante | tatko nu bha-
 15 gavannatropāyaḥ syāditi kṛtapraśno guruḥ pratijajñe, ath-
 āta āyuṣkāmiyamadhyāyam vyākhyāsyāma iti | atha śiṣy-
 avacanānantaram | ato hetoryasmādayam śiṣyaḥ śrutaku-
 laśīlādisampanno dhīmedhāguṇabhūṣaṇabhūtaśca | vi vi-
 vidhaiḥ prakāraiḥ ā śiṣyabodhotpatteḥ | āyuṣkāmiyama-
 20 dhyāyam vyākhyāsyāmo varṇayiṣyāmaḥ | nanu kīdr̥sam
 tadvividhaprakāramākhyānam | brūmaḥ | padataḥ, tadar-
 thataḥ, prayojanataḥ, codyataḥ, parihārataḥ, sambandh-
 ābhidheyataśca | padato yathā, āyuritīdam padam | tad-
 arthato yathā eṭītyāyuh | prayojanato yathā, atraiva dh-
 25 armārthasukhasādhanam | codyato yathā, nanu katham-
 etatkevalam dharmārthasukhasādhanamiti vaktum pāry-
 ate | yato+asyāyuṣaḥ karmaiva kevalam dharmasādhan-
 amiti vaktum no pāryate | yato+asyāyuṣaḥ paripālanā-
 rtham viśastāḥ kākagr̥dhrabhāsādayo rājayaḥśmacikitsite
 30 bhojyā ityuktam | abhakṣyāścaite | śrutismṛtyorabhakṣy-
 atvenoktatvāt | evamabhakṣyabhakṣaṇāddhīmsayā ca pā-
 payogaḥ | tadyogāccādharmasādhanam na dharmasādhan-
 amiti | parihārato yathā, atraivam parihāro yajñādhi-
 kāriśarīranimittam kākādinām viśasanaḥ bhakṣaṇam vi-
 35 dhīyamānam nādharmāya | itarathā krīḍārtham kriyam-
 āṇamadharmāyaiva | tathā ca kākādayo+api tatsādhanop-
 payogāddharmaṇa tatphalena sambadhyante yajñiyā iva
 paśavaḥ | tadevamāyūṣo dharmasādhanatvam sthitam |

sambandhābhidheyau tūktāveva | nanu santyevānyāny-
 api maharṣipraṇītānyāyurvedatantrāṇi, kimanena tantr-
 eṇa kṛteneti | atra brūmaḥ | aparatantrāṇām sāvadyatv-
 ādidamucyate | anyāni hi tantrāṇi sadoṣāṇi | tathā hi |
 yadetattāvadbhagavatā carakamuninā praṇītaṃ tantram 5
 ratnākara iva ganbhīryātīśayayogāddurbodham | tasyāpi
 sadoṣatāṃ prakāṣayanti vācātāḥ | tathā hyādau tatsū-
 tram | athāto dīrghañjīvitīyamadhyāyaṃ vyākhyāsyāma
 iti | atra dīrghañjīvitīya iti śāstrādāvayuktam | yato (ca.
 sū. a. 1 ślo. 3) dīrghaṃ jīvitamanvicchannityasyānukar- 10
 aṇaṃ dīrghañjīvitamiti | so+asminnadhyāye+astīti chaḥ |
 tasyādhyāyānuvākayorluki sati dīrghañjīvitamiti prāpn-
 oti | tadidamaviditaparamārthaśabdavarūpāṇām vaca-
 nam | tathāhi | adhyāyānuvākayorityādau sūtre vikalp-
 ena cāyaṃ lugiṣyata iti jagāda jayādityaḥ | tena lukaḥ 15
 pākṣikatvādatra luk na bhavātītyevaṃ yuktamuktami-
 dam | dīrghaśabdena guṇo+abhidhīyate jīvitaśabdenāpi
 guṇa eva | tasmāddvayorapi guṇatvādādadhārādheyabhāvo
 na yuktaḥ, yato guṇāśrayo nokta iti | tathā ca vaiśeṣ-
 ikāḥ | nirguṇā guṇā iti | atha kālaśabdaṃ luptasvarū- 20
 paṃ nirdīśya dīrghañjīvitīyaśabdo nirdīśyate tadā yukta-
 mevaitat | tathā indriyopakramaṇīye+adhyāye chapratya-
 yotpattiḥ kathamevaṃ vidhīyatāṃ yato+asminnadhyāya
 indriyopakramaṇaśabdo nāstyeva | evamapāmārgataṇḍ-
 ulīye+apāmārgataṇḍulaśabdasyābhāvācca pratyayotpatti- 25
 rdurlabhā | tathā divyāmbhaso gāṅgasamudrabhedāḥ pa-
 rīkṣā ca noktā | pratyuta tatra paṭhyate | (ca. sū. a.
 27 | 191)- "jalamekavidhaṃ sarvaṃ patatyaindraṃ nabh-
 astalāt | tatpatatpatitaṃ caiva deśakālāvapekṣate" iti | ta-
 thā nālikerodakasya guṇā noktāḥ | tathā, apakvakvath- 30
 itakṣīrasya svarūpaviśeṣo noktāḥ | tathā kaṣāye kiyada-
 uṣadhaṃ kimavaśeṣaṃ kvathanīyamityādi ca noktam |
 miśrake sneha evamabhyadhādasau | "trivṛttāṃ tripha-
 lāṃ dantīm daśamūlaṃ palonmitam | caturguṇaṃ ja-
 laṃ dattvā" ityādi | tadeṣāmauṣadhānāṃ kiyānmānam- 35
 api salilenaitāvatā kīdrīśaṃ kimuta kvāthaniryāsāviti | ta-
 thā kvathitaśītatoyamapi kiyatā pākena pathyaṃ bhava-
 tīti noktam | mudgo grāhīti ca noktam | tathā ca tatpā-

ṭhaḥ (ca. sū. a. 27 | 22)-"kaṣāyamadhuro rūkṣaḥ śītaḥ pāke
kaṭurlaghuḥ | viśadaḥ śleṣmapittagṇo mudgāḥ sūpyott-
amo mataḥ | |" iti | tathā vāstukādīnāṃ laghutvaṃ no-
ktam | tathāca tatpāṭhaḥ (ca. sū. a. 27 | 85)- "pāṭhāsusa-
5 saṭhīśākam vāstukam suniṣaṅṅakam | vidyādgrāhi trid-
oṣagṇam bhinnavarcastu vāstukam | |" iti | tathekṣuva-
rge, (ca. sū. a. 27 | 234)- " śaityātmasādānmādhuryātpau-
ṇḍrakādvāṃśiko varaḥ" ityasāvabhyadhāt | paṇḍrakaśca
vāṃśikādvāra iti suprasiddhametat | atra mativaibhavā-
10 dbhaṭṭārahariścandrau vyākhyāviśeṣamavocatām | ya-
thā paṇḍrakādvāṃśiko+avara iti | evaṃ caitadupapa-
nnameva | tadevamātreyaśyāpi tantre yato bahavo doṣā
udbhāvyante, tataḥ kā gaṇanā tantrāntarāṅgām | tathā ve-
dotpattiriti saṃjñā tantre+asminsadoṣatvānna kṛtā | tathā
15 hi | āyūṣo veda āyurvedaḥ, tasyotpattirāyurvedotpattir-
iti bhavitavyam | atra kecidāhuḥ | āyūḥśabdaloṣaṃ kṛtv-
eha nirdeśaḥ kṛtaḥ | evamapi sati lopastāvadamaṅgalaḥ |
so+apyāyūṣaḥ sa ca śāstrāḍau | ityanyāyāivaiśā saṃjñā |
kimca vedotpattirityetadapi tāvadvaktuṃ na yujyate, ni-
20 tyatvādasya vedasya | nityo hyayamāyurvedaḥ | āyūḥsa-
ntānādinityatvāt | tathā hyāyūḥsaṃtānaḥ | sarvapraṇiṣa-
ṃvedyaśarīrāparaśarīrago manaḥprabandhanityatayā ni-
tyaḥ | asya nityatvādāyurvedo+api nityaḥ | nityatvāccāsy-
otpattimattvaṃ vaktumayuktam | nanvavabodhopadeśā-
25 bhyāmupattirasyopalabhyate | yataḥ prāgupadeśānnāsā-
vupalabhyate | ata upadeśānantaramupadeśadvāreṇopal-
abhyate | tasmādavabodhopadeśāvasyotpattikāraṇatvena
kalpayitvotpattimattvamasyocyata iti kaiścidūce | naita-
dyuktam | yataḥ sato bodhopadeśau sto nāsataḥ | tathā cā-
30 caṣṭe lokaḥ | amunā guruṇā chātrāyopadiṣṭam śāstramid-
amiti | sata evopadeśāvabodhau staḥ | tasmānnāvabodh-
opadeśāvasyotpattikāraṇamityato+api hetorvedotpattisa-
ṃjñetyayuktā | iti saṃjñānāṃ sāvadyatvaṃ nirūpya nir-
avadyāyūṣkāmīyasamjñā hi tantre kṛtā | yayoccāritamā-
35 trayaiivā+aśeṣastantrārthaḥ prakāśyate | pratisthānaṃ ca
yo+adhyāyaḥ prathamastatsamjñayā sthānārthaḥ | anye ca
ye+adhyāyāstantre+asmiṃstatsamjñābhiryathāsvatantramarthajātaṃ
prakāśayanta iti | § 17

idamidānīm pṛchyate tantrakāraḥ | yadasmimstantre
 kiṃciducyate sma bhavadbhistatsvabuddhiparikalpita-
 uta netyāha | - itiśabda evamarthe | yathā iti ha sma,
 tānāha | haśabdo+anukampāyām | brūdhātoḥ sma upap- 5
 ade bhūtānadyatanaparokṣe 'laṭ sme' iti laṭa āhādeśaḥ |
 atrerapatyamātreyah | 'itaścāniñāḥ' iti ḍhak | ātreya ād-
 iryeṣām dhanvantariprabhṛtīnām ta evam | mahāntaśca
 te ṛṣayaśca maharṣayah | mahatvaṃ tajjñānātīśayayogāt |
 tenāyamartho+anena kāraṇenānukampayā, na tu phalā-
 kāṅkṣayā, bhagavanta ātreyaḍayo maharṣayo+abruvan | 10
 nāsmābhiḥ svamatiparikalpitaṃ kiñcidapyatroktam | ke-
 valaṃ dūtasandeśavacananyāyena yugānurūpaḥ krama-
 māturo+anyathā kṛta ityarthah | tathā cāsyaivasaṅgrahe-
 (sū. a. 1) "na mātrāmātramapyatra kiñcidāgamavarji-
 tam | te+arthāḥ sa granthasandarbhah saṃkṣepāya kr- 15
 amo+anyathā" iti | tadevamāgamaprāmāṇyamasya tantr-
 asyetyuktaṃ bhavati | § 18

1.1.4 Āyurvedarasāyana

āyuṣkāmiyamadhyāyaṃ vyākhyātum pratijānīte atheti |
 atha sveṣṭadevatānamaskārānantaram | ato hetorvyākhy-
 eyah | yato+ayamāyurvedo vyādhipratīkāravyākhyānam |
 āyurvairiṇo hi vyādhayah | vyākhyā ca sāmānyaviśeṣā- 5
 bhyaṃ saṃkṣepavistarābhyaṃ ca kṛtā sugrahā bhavati |
 tatrādao vyādhipratīkārasya sāmānyasaṃkṣepavyākhyā-
 rthamayamadhyāyah, āyuṣkāmahitatvācca āyuṣkāmiyah |
 nanvevaṃ cetsarve+api āyuṣkāmiyah | satyaṃ, kintu pra-
 thamo+ayamadhyāyo maṅgalārthā ceyaṃ saṃjñā | maṅg- 10
 alādīni ca śāstrāṇi prathanta ityasyeyaṃ saṃjñā kṛtā | any-
 eṣām tu vyākhyeyārthānurūpā dinacaryādīsaṃjñāḥ kari-
 ṣyati | ā0 ra0- ātmakṛtiṃ pramāṇayati-iti heti | prāmāṇyaṃ
 cāptavākyatvāt | āptāścātreyāḍayo maharṣayah | te ca, iti
 ha evameva, āhuḥ sma uktavantaḥ, yathā vayaṃ vakṣyā-
 maḥ | tena vayamapyāptāḥ | § 19 15

āyuḥkāmiyamānena
 dharmārthasukhasādhanam | | 2 | |

āyurvedopadeśeṣu vidheyah
paramādarah | | 2 | | § 21

1.1.5 Sarvāṅgasundarā

āyurvedayati jñāpayati prakṛtijñānarasāyanadūtāriṣṭādyu-
padeśādityāyurvedah | tasyopadeśā āyurvedopadeśāḥ |
upadiśyanta āyurvedārthā upapattibhiritiupadeśā āyurv-
edatantrāṇi | teṣu paramādarah pāṭhāvabodhānuṣṭhānar-
5 ūpa utkr̥ṣṭo yatnaḥ kāryah | āyurvedopadeśeṣviti bahu-
vacananirdeśādayamartho bodhyate | bahuṣvāyurvedata-
ntreṣu yatnaḥ kāryah | anekāyurvedāvalokanāddhi ciki-
tsāyām vaidyasya na manāgapi sandeho jāyate | kiṃ ku-
rvatā puruṣeṇa-āyuh kāmayamānena jīvitamabhilaṣatā |
10 kimbhūtamāyuh, dharmārthasukhasādhanam | dhriyate
loko+aneti dharmah | arthyate yācyata ityarthah | su-
kham dvividham, tādāttvikamātyantikam ca | tādāttvikam
kiyatkalāntarāsthāyitvātsukhāvabhāsam, na paramārtha-
taḥ sukham | tathā cuktam- (ca. sū. a. 28/37) 'tādātvasu-
15 khasaṃjñeṣu bhāveṣvajño+anurajyate' | iti | tadetatsaṃjñ-
āmātreṇa sukham na tvatyantamiti pradarśayitum sukh-
asaṃjñeṣviti muninoktam | ātyantikam sukham mokṣā-
khyam, yatra na duḥkhānām śleṣah | teṣāṃ sādhanamu-
pāyo dharmārthasukhasādhanam | § 22

1.1.6 Āyurvedarasāyana

prekṣāvatpravṛttyartham prayojanādhikāriṇau darśayati-
āyuriti | prayojanam cāyuh | tasya ca prayojanatvam dha-
rmārthasukhasādhanatvāt | sukham kāmo mokṣaśca | ata
eva yah āyuh kāmayate so+atra adhikārī | tena ca, āyurve-
5 dopadeśeṣvasmadvākyeṣu, paramatyartham, ādaro vidh-
eyah pāṭhāvabodhānuṣṭhānairyatitavyam | § 23

1.1.7 Aṣṭāṅgahr̥dayasaṃhitā

brahmā smṛtvā+a+ayuṣo vedam
prajāpatimajigrahat | | 3 | |
so+aśvinau tau sahasrākṣam
so+atriputrādikānmunīn | | 3 | |
te+agniveśādikāmste tu pṛthak tantrāṇi
tenire | | 4 | | § 26

1.1.8 Sarvāṅgasundarā

brahmetyādi | brahmā āyuso vedam smṛtvā prajāpatiṃ da-
kṣamajigrahad avābodhayat | smṛtvetyanenaitadgamayati
brahmaṇaḥ smarṛtvamevātra na karṛtvam | nityatvādāy-
urvedasya | nityatvam cāsyā prāk pratyapādi | grahernya- 5
ntasyātra buddhyarthatvāt prajāpatiśabdasya gatibuddh-
ītyādinā karmasaṃjñā | sa prajāpatiraśvināvajigrahat |
tau sahasrākṣamindramajigrahatāmiti vacanavipariṇām-
ena sambandhaḥ | sa śakro+atriputrādikān munīn bodh-
ayāmāsa | atriputra ātreya ādiryeṣām dhanvantarinimikā-
śyapādīnām ta evam | te cātreyaḍayo+agniveśādikānajigrahaṃ |
te tvagniveśādayaḥ ṣaṭ pṛthak pratyekaṃ tantrāṇi śāstrā-
ṇyagniveśabhedajātūkarnaḥaparāśarahārītaksārapāṇināmābhi-
dheyāni tantrāṇi tenire vistāritavantaścakruḥ | tantryante
dhāryanta āyurvedārthā ebhiriti tantrāṇi | § 27

1.1.9 Āyurvedarasāyana

āyurvedasya śabdāntarānabhidheyatvaśaṅkāṃ nirākartuṃ
purāvṛttam darśayati-brahmā smṛtveti | brahmā ayu-
rvedam sbhṛtvā prajāpatiṃ dakṣamajigrahat grāhita-
vān, adhyāpitavānityarthaḥ | āyuso vedamityasamāsa- 5
karaṇamāyurvedalakṣaṇapratipādanārtham | āyusaḥ sa-
mbandhī veda āyurveda iti | sambandhaśca pālyapāl-
akalakṣaṇaḥ | uktaṃ hi saṅgrahe (sūṃ aṃ 1)-"āyusaḥ
pālakaṃ vedamupavedamatharvaṇaḥ" iti | sa prajāpat-
iraśvināvāyurvedamajigrahat | tāvaśvinau sahasrākṣam-
ajigrahatām | sa indro+atriputrādikān munīnajigrahat | 10
te+atriputrādayo+agniveśādikān munīnajigrahan | te pun-
aragniveśādayaḥ, pṛthak pratyekaṃ, tantrāṇi śāstrāṇi, te-

nire viracayāñcakruḥ | sam̐kṣepārthamāyurvedaṃ śabdā-
ntarairabhidadhurityarthaḥ | § 28

1.1.10 Sarvāṅgasundarā

agniveśādiśāstreṣu satsvapi svasāstrasyopayogaṃ darśayati-
tebhya iti | sāratarocayaḥ kriyate, mayeti śeṣaḥ | sārata-
rāṇāṃ bahūpayogānāmarthānāmuccayaḥ | uccīyante ek-
5 atra kriyante vyastā arthā asminnityuccayaḥ | nanu pū-
rvaśāstrāṇyapi mahākaśāyasaṅgrahādiṣu pradeśeṣevam-
ityata āha-aṣṭāṅgahr̥dayam | aṣṭāṅgasyāyurvedasya hr̥da-
yaṃ sarvārthādhiṣṭhānam | sam̐jñāceyamasya śāstrasya |
vakṣyati hi (u. aṃ. 40/88)-"hr̥dayamiva hr̥dayametatsarv-
10 āyurvedavānmayapayodheḥ" iti | sarveṣu pradeśeṣu sārata-
tarocaya ityarthaḥ | nanu pūrvaśāstrāṇyapi kvacilleśena
kvacitkārtsnyeneti sarvatra sāratarocayarūpāṇītyata āha-
nāti sam̐kṣiptavistr̥tam, atisam̐kṣepātivistararahitaṃ sarv-
15 atra sam̐pūrṇam | nanu nyūnapūraṇasya nirmūlatvādapr-
āmāṇyamityata āha-tebhyaḥ, agniveśādiśāstretebhya evoc-
cayaḥ kriyate | nanvevaṃ cetkimanenetyata āha-ativiprakīrṇebhyaḥ,
yatra prakaraṇārthāḥ vicchidya vicchidya sarvatra kīry-
ante tāni viprakīrṇāni, yatra vākyārthāśca tānyativiprak-
īrṇāni iti | etaduktam̐ bhavati | santi param̐ pūrvaśāstr-
eṣu sarva evārthāḥ, kintu ativiprakīrṇatvāt durgrahāḥ | iha
20 tu racanāviśeṣeṇa sugrahā ityasyopayogaḥ | uktam̐ ca sa-
ṅgrāhe (su. a. 1)-"na mātrāmātramapyatra kiñcidāgamav-
arjitaṃ | te+arthāḥ sa granthabandhaśca sam̐kṣepāya kr-
amo+anyathā | |" iti | § 29

1.1.11 Aṣṭāṅgahr̥dayasam̐hitā

tebhyo+ativiprakīrṇebhyaḥ prāyaḥ sāratarocayaḥ | | 4 | |
kriyate+aṣṭāṅgahr̥dayam̐
nāti sam̐kṣepavistaram̐ | | 5 | | § 31

1.1.12 Sarvāṅgasundarā

tebhya iti | tebhyo granthebhyo+ativiprakīrṇebhyo vikṣi-
 ptebhya uccāvacoktārthatayaivetaścetaśca gatebhyaḥ | ata
 eva kaścidevārthaḥ kasmādeva tantrāntarājñāyate | yathā
 śalyacikitsā suśrutapraṇītātantrādevāvagamyate na tath-
 āgniveśādikāt | ūrdhvāṅgacikitsā ca janakapraṇītātantrā- 5
 dyathāvagamyate na tathā suśrutapraṇītāt | ataḥ prāyo bā-
 hulyena sāratarocayaḥ kriyate | uccīyante saṅgrhyante vi-
 kṣiptāḥ padārthā anenetyuccayaḥ | yathā vā yavādīnām
 bahukṣetrajātānāmekasmin sthāne uccayo rāśīkṛtya sthāp-
 anam vidhīyate tatheha sāratarāṅāmuccayaḥ | sārataragr- 10
 aṇānenaitaddyotayati, saṅgrahaṇaiva sārāṅāmuccayaḥ kṛ-
 taḥ | anena tathā sāratarāṅām pradeśānāmuccayaḥ kriyata
 iti | kiṃ nāma aṣṭāṅgahrdayam | etacca sānvayārthamasya
 nāma | yathā śarīrasya sarvāvayavebhyaḥ pradhānadeśo
 hi hrdayam, tathedamaṣṭāṅgāyurvedasya pradhānabhūta- 15
 tvād hrdayamiva hrdayam | tathā ca tantrānte vakṣyati (u.
 a. 40 | 88)- hrdayamiva hrdayametadityādi | aṣṭau ca tāny-
 aṅgānyaṣṭāṅgāni, teṣāṃ pratyekaṃ hrdayam, sāratarasa-
 ṅgrahaṇāt | kīdrśamaṣṭāṅgahrdayam | nātisaṃkṣepavista-
 ram | saṃkṣepaśca vistaraśca saṃkṣepavistarau, atīśayena 20
 saṃkṣepavistarau yatra na, tannātisaṃkṣepavistaram | at-
 īśabdasyātra pratyekaṃ sambandhaḥ | atisaṃkṣepam ki-
 ṅcittantram yathā siddhasārādi, kiṅciccātivistaram yathā
 saṅgrahādi | idaṃ tu tantram nātisaṃkṣepavistaram | atī-
 saṃkṣepoktam svalpadhiyām nopakṛtaye | teṣāṃ hi yath- 25
 oktāgamamātram śreyaḥ, na tu vākyārthaparyālocanāda-
 dhikaḥ parāmarśaḥ | ativistīrṇam tu pāṭhāvabodhānuṣṭh-
 ānaisteṣāṃ duḥśakyaṃ syāt | tasmādalpamadhyotkṛṣṭab-
 uddhiśiṣyahitārtham tantrametaduddiṣṭam | § 32

1.1.13 Aṣṭāṅgahrdayasaṃhitā

kāyabālagrahaordhvāṅgaśalyadaṃṣṭrājarāvṛṣān | | 5 | |
 aṣṭāvaṅgāni tasyāhuścikitsā yeṣu
 saṃśritā | | 6 | | § 34

1.1.14 Sarvāṅgasundarā

kāyeti | kāyaśca bālaśca grahaścordhvāṅgaṃ ca śalyaṃ ca
damṣṭrā ca jarā ca vṛṣaścetītaretaradvandvaḥ | nanu sa-
rvasyāścikitsāyāḥ kāyāśritatvāt kāyaśabdo+arthādākṣipta
eva | tatkimarthaṃ kāyaśabda upādīyate | brūmaḥ | pra-
5 karṣārthaṃ | yathā puruṣāya abhirūpāya kanyā deyetyatr-
ābhirūpagrahaṇādabhirūpatamāyeti pratipādyate, tatheh-
āpi prakṛṣṭo yaḥ kāyaḥ sampūrṇadhātuḥ prakṛṣṭā ca yā-
vasthā, tathā yuktaḥ | tatsaṅgrahārthaḥ kāyaśabda upā-
10 ttaḥ | tathā 'ciñ cayane' ityasmāddhātorvyutpāditaḥ kāy-
aśabdaḥ | cīyate praśastadoṣadhātumalairiti kāyaḥ | tad-
evaṃ sarvaśārīropatāpakānāmāmapakvāśayasthanodbh-
avānām jvararaktapittātisārādīnām rogānām yatropaśa-
mayogo nigadyate, tatkāyacikitsānāmāṅgaṃ | balasattv-
asampūrṇadhātutvād yauvanāvasthakāyasya prathamān-
15 irdeśaḥ | bāladehe+asampūrṇabaladhātutvādaprakṛṣṭava-
yovasthāprabhāvāt taccikitsāṅgaṃ pṛthānirdeśam | ta-
tthā bālaupayikabheṣajaṃ dhātrīdugdhalakṣaṇaṃ dugdh-
odbhavavyādhipraśamādinirdeśacca | nanvevaṃ vṛddh-
asya prakṛṣṭavayovasthāyā abhāvāttaddehe kāyacikitseti
20 kathaṃ vyapadeśaḥ syāt | atra brūmaḥ | bhūtapūrvag-
atyā vṛddhadehena hi prakṛṣṭavayovasthā pūrvamanu-
bhūtā | ato bhūtapūrvagatyā tatra kāyacikitsopadeśo yu-
ktaḥ | evaṃ grahacikitsā nāma, yatra devādigrahaḡhīt-
ānām prāṇinām śāntikarma vidhīyate | yatrordhvajatru-
25 gatānām rogānāmnetrakarṇaghrāṇādisamśritānāmāscota-
naśalākādinopaśamo varṇyate tadūrdhvāṅgacikitsānāmā-
ṅgaṃ | atra ca janmanaḥ prabhṛti vicāropadeśādbālacik-
itsaiva prāgvaktuṃ yukta | kintu kāyacikitsā prādhānyā-
tprāgupanyastā | tato+anantaram bālacikitsā | bālasya ca
30 grahasambandhād grahacikitsā | tataḥ śarīrasya mūlara-
kṣārthamūrdhvāṅgacikitsā śālākyam nāma | tataḥ śastr-
asādhanasāmānyena śalyacikitsā | pīḍākaraṇasamānatvāt
damṣṭrācikitsā | damṣṭrā viṣātmikā | viṣeṇāśu ca maraṇe
sambhāvyaṃ māne rasāyanopayogo yukta iti rasāyanaciki-
35 tsā | athavā viṣasya rasāyanajeyatvādrasāyanakathanapr-
astāvaḥ | tato+anantaram vājīkaraṇasya bharaṇena prast-
āvaḥ | tathā cādhitē granthakṛt (u.a.40 | 1)- "vājīkaraṇam-

anvicchetsatataṃ viṣayī pumān " iti | rasāyanasya paśc-
ādityarthah | yatrālpaduṣṭaretasāṃ tadāpyāyanaprasādo-
pajanānarūpā cikitsā kriyate tadvājīkaraṇam | evametāni
kāyādīni, tasyāyurvedasya, aṣṭvāṅgānyāhurvadanti | br-
ahmā+a+atreyādaya iti śeṣaḥ | yeṣu kāyādiṣu cikitsā sa- 5
mśritā vyavasthitā | (ca.sū.a.9|5)- " caturṇām bhiṣagādī-
nām śastānām dhātuvaikṛte | pravṛttirdhātusāmyārthā ci-
kitsetyabhidhīyate | " iti muniproktalakṣaṇam neha tantr-
akṛdvyadhata | cikitsāśabdādevāsyārthasya labdhatvāt |
tathā ca nirdeṣṭumāha | nindākṣamāvyādhipratīkāravicā- 10
raṇāsu sā niṣpadyata iti | kiterdhātorvyādhipratīkāra evā-
sya vyutpāditatvāt | § 35

1.1.15 Sarvāṅgasundarā

āyurvedāṅgānyāha-kāyeti | tani ca kāyādīni aṣṭvāhuh |
tatra kāyaśabdena sarvāvastham sarvāvayavam ca śar-
īraṃ gṛhyate, bālādiśabdaistasyaivāvasthāviśeṣā lakṣya-
nte | ūrdhvāṅgaṃ tvavayavaviśeṣaḥ | bālaḥ prathamam 5
vayaḥ, graho grahārtatvam, ūrdhvāṅgaṃ śīraḥ, śalyam
vraṇārtatvam, daṃṣṭrā viṣārtavam, śalyadaṃṣṭrāśabdau
vraṇaviṣamātropalakṣaṇau | jarā paścimam vayaḥ, vṛṣaḥ
strīprasaṅgitvam | eṣāṃ ca kāyādīnām cikitsāśritānām-
evāṅgatvamityata āha-cikitsā yeṣu samśritā iti | cikitsā
vyādhipratīkāraḥ | ata eva kāyacikitsā, bālacikitsetyād- 10
ayo+aṅgānām samjñāḥ | vivakṣitavivekācca cikitsāyā eva
hyaṅgatvam | aṅgānyavayavāḥ | tatrāvasthāmātrāśrayā-
ṇām bālādivyatiriktāvasthāviśeṣāśrayāṇāmavayavamātrā-
śrayāṇāmūrdhvāṅgavyatiriktāvayavaviśeṣāśrayāṇām ca vy-
ādīnām kāyacikitsite pratīkāraḥ | bālacikitsādiṣu tu tatta- 15
dviśeṣaikaniṣṭhānām | iti śāstrārthetikartavyatā | § 36

1.1.16 Aṣṭāṅgahrdayasaṃhitā

vāyuḥ pittaṃ kaphaśceti trayo doṣāḥ samāsataḥ | | 6 | | § 37

1.1.17 Sarvāṅgasundarā

vāyuriti | ca samuccaye | kapho doṣamadhye samuccīy-
ate | ityanena prakāreṇa, samāsataḥ samkṣepāt, trayo do-
ṣāḥ | nanu prastutatvādiha dhātusamjñayā vātādayo ni-
rdeṣṭuṃ nyāyyāḥ, na doṣasamjñayā | astyevaitat | kintu
5 rasādidūṣaṇapūrvakameṣāṃ vikāra karaṇe sāmartyamiti
pradarśanārthaṃ doṣasamjñayā te nirdeṣṭāḥ , na dhātus-
amjñayā | na hyete dhāturūpā jātu viruddhatvaṃ kurv-
ate dehadhāraṇavardhakatvāt | ete munināpi carakeṇa pū-
rvam doṣasamjñayaiva nirdeṣṭāḥ | tathā ca tadgranthaḥ
10 (sū.a.1/56)- "vāyuḥ pittaṃ kaphaścoktaḥ śārīro doṣasaṅgr-
ahaḥ " iti | 'vātapittakaphā doṣāstraya eva samāsataḥ ' itye-
vam nirdeṣe kartavye yadeṣāṃ pṛthagvibhaktyā nirdeṣāḥ
kṛtaḥ , sa pradhānatvakyāpanārthaḥ | bahuvacanādeva
tritve labdhe trigrahaṇaṃ niyamārthaṃ | traya eva doṣāḥ
15 , na caturtho+astīti | tantrāntarīyā hi caturthaṃ doṣamīh-
ante | teṣāṃ hyayamabhiprāyaḥ | yathā doṣāṇāṃ sthānal-
akṣaṇakāryavikāracikitsādyupadeśastathā raktasyāpi | ta-
tra sthānaṃ , sarvadehavyāpitve+api plīhayakṛti | lakṣa-
ṇaṃ ca, padmendragopahemādītyādi | kāryaṃ, dehasyo-
tpattisthiti | vikāraḥ, visarpaplīhādi | cikitsā, sirāvyadhā-
20 dikāṃ karmeti | tadetadasāram | vātādayo hyasya dūṣya-
sya sataḥ kathaṃ doṣatvaṃ kartuṃ pārayanti | yataḥ prā-
dhānyādanvarthanāmatvācca vātādīnāmeva doṣatvaṃ, na
rasādīnāṃ | vātādayo hi svātantryātpradhānāḥ | dūṣya-
ntīti doṣā iti teṣāmeva cānugatārthā samjñā pravṛttā | ras-
ādyāstu pāratantryādapradhānāḥ | te ca vātādibhirdūṣya-
nta iti dūṣyāḥ | tasmādraktasya dūṣyatvam, na doṣatvam |
yadyevaṃ vātādīnāmanyonyadūṣaṇād dūṣyatvaṃ syāt |
pittena hi śleṣmā dūṣyata iti dṛśyate | yathā pāṇḍurog-
30 anidāne (ni.a.13) pittapradhānā ityārabhya yāvat śleṣma-
tvagraktamāmsāni pradūṣyetyādi | tadatra śleṣmā pittena
dūṣyate | tathā śleṣmavadraktasyāpi doṣatvaprasaṅga iti
yo manyeta, taṃ prati brūmaḥ | viṣama upanyāsaḥ | vā-
tādayo hi sarvadaiva rasādīn dūṣyanti, na tu rasādayaḥ
35 kadācidapi vātādīn dūṣyanti | vātādīnāṃ tu madhyādy-
adi kaściddūṣyate, sa teṣāmanyatamena | tathā ca prakṛ-
tilakṣaṇe vātaprakṛteḥ pittaprakṛteḥ, śleṣmaprakṛteṣca ya-

thā lakṣaṇaṃ dṛśyate, naivaṃ raktaprakṛteḥ | tathā ca ta-
ntrakāreṇa jvarādayo vātādiviśeṣaṇaviśiṣṭā evoktāḥ | ya-
thā vātajvaro+ayaṃ pittajvaro+ayaṃ śleṣmajvaro+ayaṃ,
na tu raktajvaro+ayamiti nirdiṣṭāḥ | ye+api raktajā vik- 5
ārā visarpādayasteṣvapi ghṛtadagdhanyāyena vyapadeśo
bodhyaḥ | yathā ghṛtasyāntarhitenāgninā dagdho ghṛta-
dagdha ityucyate, tadvadraktasthairvātādibhirdoṣairjāto
raktajo+ayamityucyate | yatra kvacidraktasya doṣasaṃjñā
kuṣṭhacikitsitādau dṛśyate, sā saṃjñāmātreṇaiva, nāsāva-
nugatārthā | tasya dūṣyatvenaiva pravṛtteḥ | tathā caivaṃ 10
purīṣādīnāmapī saṃjñāmātreṇa vyavahāro dṛśyate | yathā
(hṛ.ci.a.18 | 38)- "na ghṛtaṃ bahudoṣāya deyaṃ yanna vi-
recaṇam | tena doṣo hyupastabdhaḥ" ityādi | atra purīṣa-
sya doṣatvamuktam | tathodaracikitsite carakasya, jvara-
cikitsite vā asya, (hṛ.ci.a.1 | 10)- "doṣeṇa bhasmanevāgnau 15
channe+annaṃ na vipacyate | tasmādādoṣapacanājjarit-
ānupavāsayet | |" iti | atra āmasyāpī doṣatvamuktam | ta-
devaṃ vātādayastraya eva doṣāḥ, na raktamiti sthitametāt
samāsataḥ | vistaratastu saṃsargasannipātakṣayasamatā-
bhedabhinnāstāratamyaparikalpanayā ca kalpyamānā ān- 20
antyaṃ yānti | § 38

1.1.18 Āyurvedarasāyana

atha pratijñātaṃ vyādhipratikāraṃ vyācaṣṭe | sa tu tre-
dhā, heturlakṣaṇamauśadhaṃ ceti | heturdvidhā, antara-
ṅgo bahiraṅgaśceti | antaraṅgo dvidhā, doṣā dūṣyāśceti |
tatra doṣānāha-vāyuriti | te ca trayaḥ, vāyuḥ pittaṃ kaph-
aśceti | eṣāṃ tritvaṃ ca samāsataḥ saṃkṣepeṇa | vistara- 5
tastu prāṇādipācakādyavalambakādyavāntarabhedapra-
bhedairānantyaṃ | samāsata itī adhyāyaparisaṃpṛteḥ pr-
ativākyaṃ sambandhanīyam | § 39

1.1.19 Aṣṭāṅgahrdayasaṃhitā

vikṛtāvīkṛtā dehaṃ ghnanti te vartayanti ca | | 7 | | § 40

1.1.20 Sarvāṅgasundarā

vikṛtāḥ svabhāvapracyutāḥ, dehaṃ ghnanti | dehapad-
amatra jīvitopalakṣaṇārtham | jīvitena vinā kurvantīya-
rthaḥ | avikṛtāḥ punardehaṃ vartayanti yāpayanti | vikṛ-
tānāṃ doṣāṇāṃ prāgupanyāsaḥ, teṣāṃ prakṛtyavasthāne
5 nityaṃ bhiṣajā yatnavatā bhāvvyamiti sūcanārtham | anya-
thā mahānpratyaavāyaḥ syāt | § 41

1.1.21 Āyurvedarasāyana

doṣāvasthādvayamāha-vikṛtāvikṛtā iti | tacca vikṛtatvam-
avikṛtatvaṃ ceti | tatra vikṛtā dehaṃ ghnanti | avikṛtā de-
haṃ vartayanti | kramāditi vakṣyamāṇaṃ padaṃ vākyaatr-
ayaśeṣatvena vyākhyānādiha sambandhanīyam | § 42

1.1.22 Aṣṭāṅgahr̥dayasaṃhitā

te vyāpino+api hr̥nnābhyoradhomadhyordhvasaṃśra-
yāḥ | |7| | § 43

1.1.23 Sarvāṅgasundarā

adhaśca madhyaścordhvaṃ cādhomadhyordhvāni, tāni
saṃśraya āśrayo yeṣāṃ te+adhomadhyordhvasaṃśrayāḥ |
hr̥cca nābhiśca hr̥nnābhī, tayorhr̥nnābhyoḥ | te vātād-
ayo yāpino+api sarvaśarīracarā api hr̥nnābhyoradhoma-
5 dhyordhvasaṃśrayāḥ | viśeṣeṇeti vākyaśeṣaḥ | nanu ki-
midam vākyaśeṣatvaṃ nāma | ucyate | yasmin khalu
pade+anuccāryamāṇe+arthagatiṃ paśyantyācāryāḥ, ta-
ccheṣamiti | uccāraṇakāle tena vinā+abhidheyasiddheḥ |
vyākhyākāle tu mandabuddhivyutpattaye vyācakṣate | ta-
10 tra nābheradho vāyoḥ sthānam | hr̥nnābhyormadhye pitta-
sya | hr̥dayādūrdhvaṃ kaphasya | nanu hr̥nnābhyoriti ka-
tham nirdeśo yāvatā prānyaṅgatvādekavadbhāve sanapu-
ṃsakamiti napuṃsakatve hr̥nnābhi iti prāpnoti | atra br-
ūmah | prānyaṅgānāṃ samāhāra eva dvandva ityasya pr-
15 āyikatvānnaikavadbhāvaḥ | tadabhāvācca tadāśrayaṃ na-

pum̐sakatvaṃ na bhavati | tathā cōktaṃ | sarvo+api dv-
andvo vibhāṣaikavadbhavatīti | dṛśyate cānyatrāpi | tathā
ca rudrabhaṭṭaḥ (rudraṭaḥ kāvyālaṅkāre a.7/81)- - "kauṭ-
ilyaṃ kacanicaye karacaraṇādharadaleṣu rāgaste" ityādi | 5
tathā, asyaiva granthakṛtaḥ (ni.a.7/19) "śiraḥprṣṭhorasāṃ
śūlaṃ" iti | tathā, (ni.a.16 | 6) "jānujaṅghorukatyamaṣahasta-
pādāṅgasandhiṣu" iti | tathā, "vāyuh sandhyasthimajjasu"
ityādi | tasmāddhṛnnābhyoriti prayogo nyāyya eva | § 44

1.1.24 Āyurvedarasāyana

doṣasthānānyāha-te vyāpina iti | tāni ca trīṇi | hṛnnābhy-
oradho vāyoḥ sthānaṃ, madhye pittasya, ūrdhvaṃ kaph-
asya | sarvadehavyāpitve+api yo yasminnādhikeyena vart-
ate tattasya sthānaṃ | hṛnnābhiśabdābhyāṃ tadubhayāva-
dhipradeśo lakṣyate | anyathā hṛdo+apyadho vāyurnābh- 5
erapyūrdhvaṃ kaphastiṣṭhet | § 45

1.1.25 Aṣṭāṅghṛdayasaṃhitā

vayohorātribhuktānāṃ te+antamadyādīgāḥ
kramāt | | 8 | | § 46

1.1.26 Sarvāṅgasundarā

vayaśca ahaśca rātriśca bhuktaṃ ca vayohorātribhuktāni
teṣāṃ, kramādyathāsaṃkhyāṃ, te vātādayaḥ, antamady-
ādīgā bhavanti | antaśca madhyaścādiścāntamadyādaya-
steṣu gacchantītyantamadyādīgāḥ | anyatrāpi dṛśyata iti
ḍaḥ | tenāyamārthaḥ, vayasāḥ manuṣyāyusaḥ, antaḥ paśc- 5
imo bhāgaḥ, vāyoḥ kopakālaḥ | madhyo bhāgaḥ pittasya |
ādyo bhāgaḥ kaphasya | evamahno rātreśca yojyam | bhuk-
tamāhāraḥ, tasyānte jaṭharāgnisaṃyogavaśādrasānāṃ jī-
rṇaprāyāvasthā, vāyoḥ kopakālaḥ | madhyo vidāhāvasthā,
pittasya | ādyāvasthā tu yasyāṃ madhurībhāva āhārasya, 10
tatra kaphasya kopakālaḥ | yadyapi cāhārasya jaṭharāgn-
isaṃyogavaśādbahvyo+api sūkṣmā avasthāḥ sambhāvya-

nte, tathāpyetāsāmeva sutarāmupayogitvādiha nirdeśaḥ |
tathā etā eva tisro+avasthāḥ svakarma darśayanti | vakṣy-
ati hi (śā.a.3/57)- - "ādau ṣaḍrasamapyannaṃ madhurī-
bhūtamīrayet | phenībhūtaṃ kaphaṃ, yātaṃ vidāhādaml-
5 atāṃ tataḥ | pittamāmāśayātkuryāccyavamānaṃ, cyutaṃ
punaḥ | agninā śoṣitaṃ pakvaṃ piṇḍitaṃ kaṭu mārutaṃ"
iti | § 47

1.1.27 Āyurvedarasāyana

doṣakālānāha-vaya iti | tatra vayaḥ śarīrapariṇāmaḥ, tasy-
āntaḥ vṛddhatvāvasthā vāyoḥ kālaḥ | madhyaḥ yauvanā-
vasthā pittasya | ādirbālyāvasthā kaphasya | ahno+antaḥ
aparāhṇaḥ vāyoḥ | madhyo madhyāhnaḥ pittasya | ādiḥ
5 pūrvāhṇaḥ kaphasya | rātreranto+apararātro vāyoḥ | ma-
dhyo madhyarātraḥ pittasya | ādiḥ pūrvarātraḥ kaphasya |
bhuktaṃ nigīrṇamannaṃ, tasyāntaḥ pakvāvasthā vāyoḥ |
madhyo vidagdhāvasthā pittasya | ādirāmāvasthā kapha-
sya | vyāpino+apītyanuvartate | kālaviśeṣastu sthānaviśeṣ-
10 avat | § 48

1.1.28 Āyurvedarasāyana

agnyavasthāviśeṣākhyam doṣakāryamāha-tairiti | tatra vā-
tenāgnirviṣamo bhavet | tīkṣṇaḥ pittena | mandaḥ kaph-
ena | kramādityanuvartate | samaistribhiḥ samaḥ | pāriśe-
ṣyādviṣamādayastrayo viṣamairdoṣaiḥ | vaiṣamyam ca vṛ-
5 ddhireva, kṣīṇānāmīddakkāryādarśanāt | aniyatapāko vi-
śamaḥ, āśupākastīkṣṇaḥ, cirapāko mandaḥ | śeṣaḥ samaḥ |
uktaṃ hi saṅgrahe (sū. a. 11)-"yāmaiścaturbhirdvābhyām
ca bhojyabhaiṣajyayoḥ same | pāko+agnau yuktayordrā-
ktu tīkṣṇe mande punaścīrāt" iti | yuktayorucitayoḥ | sa-
10 ṃsargasannipātajāstvavasthā nidarśanatantrayuktyā jvar-
avadavagantavyāḥ | yathā vātakaphaje jvare śītaṃ, vāta-
pittaje dāhaḥ, vāyoryogavāhitvāt | pittakaphaje sannipāt-
aje ca paryāyeṇa dāhaśīte | mitho viruddhatvena yugapa-
dasambhavāna cobhayorabhāvaḥ, viruddhakāryāṇāma-
15 pyārambhakatvadarśanāt | uktaṃ ca saṅgrahe (sū. a. 21)-

"ārambhakaṃ virodhe+api mitho yadvadguṇatrayam | vi-
śvasya dr̥ṣṭaṃ yugapavdyādherdoṣatrayaṃ tathā | |" iti |
tadvadihāpi vātapittābhyāṃ tīkṣṇatvaṃ, vātakaphābhyāṃ
mandatvaṃ, pittakaphābhyāṃ sannipātācca paryāyeṇa tī- 5
kṣṇatvamandatve | na caivaṃ catuṣṭvahāniḥ, avyavasthit-
atīkṣṇamandatvasya vaiṣamyē antarbhāvāt | § 49

1.1.29 Aṣṭāṅgahr̥dayasaṃhitā

tairbhavedviṣamastīkṣṇo mandaścāgniḥ samaiḥ
samaḥ | | 8 | | § 50

1.1.30 Sarvāṅgasundarā

taīśca vātādibhiḥ puṃso yathākrameṇāgnirviṣamastīkṣṇo
mandaśca bhavet | vātādayaśca samuditā eva śārīrajanane
samarthāḥ, ityavaśyaṃ sarvaireva bhavitavyam | iha tu ya
ekasya vyapadeśastatrotkarṣo draṣṭavyaḥ | vātotkarṣeṇa 5
viṣamaḥ, pittotkarṣeṇa tīkṣṇaḥ, kaphotkarṣeṇa manda iti |
samairhānyutkarṣavarjitaiḥ samaḥ | lakṣaṇameṣāmaṅgav-
ibhāge śārīre vakṣyati (śā. a. 3/74)- yaḥ pacetsamyagevā-
nnamityārabhya yāvaccirātpacediti | yatra tu dvayordoṣa-
yorutkarṣatvaṃ, tatra sadvaidyena svadhiyā kalpyam | ya-
thā, vātapittayorutkarṣe vāyoryogavāhitvāttīkṣṇaḥ | evaṃ 10
vātakaphayorutkarṣe mandaḥ | kaphapittayostūtkaṣe āh-
āraviśeṣavaśātkadācittīkṣṇaḥ kadācinmanda iti | § 51

1.1.31 Aṣṭāṅgahr̥dayasaṃhitā

koṣṭhaḥ krūro mṛdurmadhyo madhyaḥ syāttaiḥ
samairapi | | 9 | | § 52

1.1.32 Sarvāṅgasundarā

koṣṭāvasthāviśeṣākhyam doṣakāryamāha-koṣṭha iti | tatra
vātena krūraḥ koṣṭhaḥ syāt, pittena mṛduḥ, kaphena ma-

dhyaḥ, tribhiḥ samairapi madhyaḥ | atrāpi pāriśeṣyaṃ pū-
rvavavdyākhyeyam | madhyamena śodhanena hīnayogī
krūraḥ, atiyogī mṛduḥ samyagyogī madhyaḥ | saṃsargas-
annipātajāstvavasthāḥ pūrvavat | yogavāhitvaṃ tvatra ka-
5 phasya | yadāha khāraṇādiḥ- "vātolbaṇā syādgrahaṇī kr-
ūrakoṣṭhasya dehinaḥ | pittalā mṛdukoṣṭhasya yogavāhī ta-
yoh kaphaḥ | | " iti | tena vātakaphābhyāṃ krūraḥ, vātapitt-
ābhyāṃ kaphapittābhyāṃ sannipātācca mṛduḥ | nanu "ba-
huvātaśleṣmabhyāṃ krūraḥ" iti suśrutena (ci.a,33) bahu-
10 kaphasya krūratvamuktam, iha tu madhyatvam, iti viro-
dhaḥ | maivam, suśrutavākyaṣya saṃsargaparavāt | § 53

1.1.33 Sarvāṅgasundarā

tairvātādibhiḥ, yathākramam krūramṛdumadhyalakṣaṇaḥ
koṣṭho bhavati | vātotkarṣeṇa krūraḥ | pittotkarṣeṇa mṛ-
duḥ | kaphotkarṣeṇa madhyaḥ | samaiḥ punaretairhānyu-
tkarṣavarjitairmadhya eva koṣṭhaḥ | krūrādīnāṃ tu lakṣa-
5 ṇaṃ vamanavirecanavidhau (sū.a.18/34) vakṣyati | nanu
samairvātādibhiḥ katham madhyakoṣṭhatā syāditi | brū-
maḥ | samānāṃ vātādīnāṃ madhye dvayorvātapittayoh
svaṃ svaṃ krūrakōṣṭhatvamṛdukoṣṭhatvalakṣaṇākhyam
ca viruddham karma yugapatkartuṃ na ghaṭate | ṛtīya-
10 stu sama eva kaphaḥ | so+anayormadhye madhyamāṃ vṛ-
ttimāśritya sthito naikenāpi saha virudhyate | ata eva tatk-
āryam madhyakoṣṭhatālakṣaṇam te vātapitte niśeddham
naiva ghaṭate | evam ca tenāvaśyamātmīyam madhyako-
ṣṭhatālakṣaṇam karma kartavyam, yato vātakarmaṇaḥ kr-
15 ūrakōṣṭhatālakṣaṇasya pittakarmano mṛdukoṣṭhatālakṣa-
ṇasya ca viruddhatvāt | ato madhyakoṣṭhataiva samairv-
ātādibhirnyāyyā | ityāmstu viśeṣaḥ | pūrvo yo madhyako-
ṣṭhaḥ so+avaśyam pramāṇādhikena kaphena janyate | ma-
dhyāḥ syātaiḥ samairapīti samagrahaṇalingāt | itarastu
20 madhyakoṣṭhaḥ samadoṣamadhyasthitena samenaiva sv-
apramāṇasthitena śleṣmaṇā bhavātīyanayā rītyā hetubhe-
dādanyatvam | tathā madhyakoṣṭhayorlakṣaṇabhedo+api
dṛśyate | yathā (ca.si.a.1/8)- "śleṣmādhikaśchardayate hy-
aduḥkham viricyate mandakaphastu samyak" iti | tadaya-

matrārthaḥ | śleṣmādhike madhyakoṣṭhe na samyag vire-
citvaṃ, samakaphe tu madhyakoṣṭhe suvirecitvamiti | § 54

1.1.34 Aṣṭāṅgahrdayasaṃhitā

śukrārtavasthairjanmādaḥ viṣeṇeva viṣakrimeḥ | | 9 | |
taiśca tisraḥ prakṛtayo hīnamadhyottamāḥ
pṛthak | | 10 | |
samadhātuḥ samastāsu śreṣṭhā nindyā
dvi-doṣajāḥ | | 10 | | § 57

1.1.35 Sarvāṅgasundarā

taiśca vātādibhistisraḥ prakṛtayaḥ pṛthagbhaveyurhīnam-
adhyottamāḥ | prakṛtiḥ śarīrasvarūpam | śukrārtavastha-
irīti, śukraṃ piturdvitribindukāvasthaṃ retaḥ | ṛtau bh-
avamārtavam, māturdvitribindukāvasthaṃ śoṇitam | śu-
kraṃ cārtavam ca śukrārtave, tatra tiṣṭhantīti śukrārtav- 5
asthāḥ, taistathāvidhairjanmādaḥ garbhādhānakāle janm-
aprārambhe garbhādāvityarthaḥ | nanu ca yadā vātād-
ayo+adhikāḥ śukrārtave tiṣṭhanti, tadā kutaḥ śarīrasya ni-
ṣpattirbhavatīti | yataśca yo doṣāṅāmadhiko bhāvaḥ saiva
vikṛtiḥ | tatkathaṃ doṣā ādhikyam prāptāḥ prakṛteḥ kār- 10
aṇatāmutsahante, vikṛtatvāt | na hi vikṛtiḥ kadācitprakṛ-
teḥ kāraṇamiti vaktuṃ yujyate | kāraṇasadṛśena ca kāry-
eṇa bhavitavyamityāśaṃkya saparihāraṃ dṛṣṭāntamāha |
viṣeṇeva viṣakrimerīti | yathā viṣeṇa jīvitānāśahetunāsyā
viṣakrimerjanma prakṛteḥ sambhavo dṛśyate | tathā eta- 15
irdūṣaṇasvabhāvairapi pramāṇādhikairdoṣaiḥ śukrārtav-
asthaireva janmādaḥ śarīrasya niṣpattirbhavatīti | vātotk-
arṣeṇa hīnā | pittotkarṣeṇa madhyamā | kaphotkarṣeṇo-
ttamā | sarvāsu prakṛtiṣu madhye yā samadhātuḥ prakṛ-
tiḥ, sā samā śreṣṭhottamā caturthī | samā dhātavo yasyāḥ | 20
dhātuśabdo+atra doṣaparyāyāḥ, "dhāraṇāddhātavaḥ" iti
(saṃ.sū.a.20) vacanāt | yā vātapittajā vātaśleṣmajā pittaśl-
eṣmajā iti miśradoṣajāstisraḥ prakṛtayastā nindyā garhaṇī-
yāḥ, anārogyāspadatvāt | § 58

1.1.36 Āyurvedarasāyana

dehajanmākhyam doṣakāryamāha-śukrārtavasthairiti | ta-
cca janma śukrārtavasthairdoṣairbhavet | śukreṇa yukt-
amārtavam śukrārtavam, tatra tiṣṭhantīti tatsthāḥ | śu-
kraṃ puṃretaḥ, strīretaso janmāhetutvāt | (uktaṃ hi sa-
5 ṅgrahe (śā. a. 1)-"yoṣito+api sravantyeva śukraṃ puṃsaḥ
samāgame | garbhasya tu na tatkiñcitkarotīti na cinty-
ate | |" iti | ārtavam strīrajaḥ | kadā, ādau jīvasaṅkrama-
ṇasamaye | uttarakālajaistu doṣairavikṛtaiḥ sthitiḥ, vik-
ṛtairnāśaḥ | taduktam "vikṛtā dehaṃ ghnanti te varta-
10 yanti ca" iti | ye tvādau śukrārtavasthāḥ, tairvikṛtairapi
janma bhavati | kintvavikṛtairavikṛtaśarīratvam, vikṛta-
irvikṛtaśarīratvamiti viśeṣaḥ | vakṣyati hi (śā. a. 1/6)-
"viyonivikṛtākārā jāyante vikṛtairmalaiḥ" iti | nanu vik-
ṛtairnāśahetubhiḥ katham janmetyata āha-viṣeṇeva viṣ-
15 akrimeriti | viṣātmakasya krimernāśahetunāpi viṣeṇa ja-
nma yathā, tathā doṣātmakasya śarīrasya nāśahetubhirapi
doṣairityavirodhaḥ | prakṛtiviśeṣākhyam doṣakāryamāha-
taiśceti | tairjanmahetubhirdoṣaiḥ, prakṛtayaśca syuḥ | tā-
śca sapta | tatra pṛthagbhūtairdoṣaistisraḥ | vātena hīnā,
20 pittena madhyā, kaphenottamā | samadhātuścaturthī | sā
samastāsu śreṣṭhā guṇaiḥ pūrṇā sattvagūṇapradhānā utt-
amāyā apyuttamā | dhātavo doṣāḥ | dvidoṣajāstisraḥ, sa-
mastāsu nindyāḥ, hīnāyā api hīnāḥ | tatrāpi pittakaphajā
hīnā, tato vātakaphajā, tato+api vātapittajetyūhyam | ya-
25 dyapi vātakaphayoḥ parasparayogavāhitvam, tathāpi vā-
takāryam bhavatīti vacanāt | taduktam (hṛ.śā.a.3/84)- "ba-
litvādāśukāritvādvibhutvādanyakopanāt | svātatryādbah-
urogatvāddoṣānām prabalo+anilaḥ | |" iti | tā dvidoṣajā ni-
ndyāḥ, viruddhopakramatvādupadeśācca | upadeśastvat-
30 ideśasya bādhako bhavati | nanu, vāyoryogavāhitvāt vāt-
apittajavātaśleṣmajaprakṛtyormadhyottamatve prāpte ka-
tham nindyatvam | ucyate | yogavāhitve+api prakṛtau sv-
akāryakāritvamupadeśabalādbhavati | tathā ca suśrutaḥ
(śā.a. 4)- "saptaprakṛtayo bhavanti doṣaiḥ pṛthag dviś-
35 aḥsamastaiśca |" tathā, "dvayorvā tistrṇām vāpi prakṛtī-
nām svalakṣaṇaiḥ | jñātvā saṃsargajā vaidyaḥ prakṛtī-
iti nirdiśet" iti | tathā ca vakṣyatyagre (hṛ.śā.a. 3/104)-

"prakṛtīrdvayasarovthā dvandvasarvagunodaye | śaucā-
stikyādibhiścaivam guṇairgunamayīrvadet" atra pārīse-
ṣyāt ekaikasyādhikatvenārambhakatvam, trayāṇām sāmye-
na, taccādhikatvenopakramāt | tathā ca suśrutah (śā.a. 4)-
"śukraśoṇitasamyoge yo bhaveddoṣa utkataḥ | prakṛtirj- 5
āyate tena tasyā me lakṣaṇam śrṇū" | tathā ca vakṣyati
(hr.śā.a. 3/83)-"śukrāsrggarbhiṇībhoyaceṣṭāgarbhāsayartuṣu |
yaḥ syāddoṣo+adhikastena prakṛtiḥ saptadhoditā" iti | ya-
dvā, samairvā jāyate tribhiḥ samadhaturiti | tato vātapitt- 10
aje tūhye | tatra śreṣṭhā guṇaiḥ pūrṇā | uttamādayastu kr-
amāt nyūnāḥ, doṣavaiṣamyātpārīseṣyācca | § 59

1.1.37 Aṣṭāṅgahrdayasaṃhitā

tatra rūkṣo laghuḥ śītaḥ kharah
sūkṣmaścalo+anilah | | 11 | |
pittam sasnehatikṣṇoṣṇam laghu visram saram
dravam | | 11 | |
snigdhaḥ śīto gururmandaḥ ślakṣṇo mṛtsnaḥ
sthiraḥ kaphaḥ | | 12 | | § 62

1.1.38 Sarvāṅgasundarā

tatreti nirdhāraṇe | tatra teṣu doṣeṣu madhye, anilo vāyuḥ,
rūkṣo, laghuḥ, śītaḥ, kharo+amṛduḥ, sūkṣmaḥ srotaḥpra-
cāritvāt, calo gamanaśīlo naikatra tiṣṭhatīti | nanvanuṣṇā-
śīto vāyuḥ kāṇādaiḥ paṭhitaḥ | ihāpi yogavāhyanujñānād- 5
anuṣṇāśīta evesyata iti | tathā caktam (ca.ci.a.3/38)- "yog-
avāhī param vāyuḥ saṃyogādubhayārthakṛt | dāhakṛttej-
asā yuktaḥ śītakṛtsomasamśrayā" iti | tathā (hr.ni.a.2/48)-
"pavane yogavāhitvācchītam śleṣmayute bhavet | dāhaḥ
pittayute" iti | ucyate | satyametanuṣṇāśīta eva vā-
yuḥ | tasya yogavāhitve+api tāvanmātrāddāhodayāccha- 10
aityam svābhāvikaṃ na vinaśyati | śītaguṇavyāvāraṇane
cedam prajojanamūṣṇenāyamupaśāmyatīti pratipattya-
rtham | sa0-sasnehamiṣatsnigdham | saśabda iṣadarthe |
yathā (ca.sū.a.27/237)- "satiktā yā saśarkarā" | evamiṣa-

tsneho yasya tatsasneham | tīkṣṇaṃ śīghrakāri manda-
viparītaṃ sūcīva bhinatti | uṣṇaṃ | laghu | visraṃ du-
rgandhi matsyāmagandhi | saraṃ vyāptīśīlaṃ saraṇaś-
īlamūrdhvādhaḥ pravartate na sthiraṃāste, śakṛdvisr-
5 aṃsi vā | dravaṃ ca | sa0-snigdhaḥgunayogātsnigdhaḥ |
śīto+anuṣṇaḥ | gururlaghurna bhavati | mandaściraḥkārī,
tīkṣṇaviparītaḥ | ślakṣṇo+aparusaḥ | mṛtsno mṛdyam-
āno+aṅguligrāhī picchilagunayuktaḥ cakacakāyamānaḥ |
sthiro+avyāptīśīlaḥ | evaṃ tadgunayogāt gunaguninora-
10 bhedopacārādvātādayo gunato nirdiṣṭāḥ | § 63

1.1.39 Āyurvedarasāyana

vāyorguṇānāha-tatra rūkṣa iti | te ca rūkṣādayaḥ ṣaṭ | ā0
ra0- pittaḥgunānāha-pittamiti | te ca sasnehādayaḥ sapta |
sasnehamīṣatsnigdham | saśabda īṣadarthe | visraṃ durg-
andhi | ā0 ra0-kaphagunānāha- snigdha iti | te ca snigdha-
5 dayāḥ sapta | mṛtsnaḥ picchilaḥ | § 64

1.1.40 Aṣṭāṅgahr̥dayasaṃhitā

saṃsargaḥ sannipātaśca taddvitrikṣayakopataḥ | | 12 | | § 65

1.1.41 Sarvāṅgasundarā

etaduktaṃ bhavati | dvayoḥ svapramāṇādhikayoḥ kṣīṇa-
yorvā saṃyogaḥ saṃsargaḥ | trayāṇāṃ doṣāṇāṃ vṛddhā-
nāṃ kṣīṇānāṃ vā saṃyogaḥ sannipātaḥ | § 66

1.1.42 Āyurvedarasāyana

avasthāviśiṣṭasaṃyoganimittaṃ doṣasaṃjñādvayamāha-saṃsarga
iti | tacca doṣasaṃjñādvayaṃ saṃsargaḥ sannipātaśceti |
tatra dvayordoṣayoḥ kṣīṇayoḥ kupitayorvā yaḥ saṃyogaḥ,
sa saṃsargaḥ | trayāṇāṃ sannipātaḥ | iti dvitvatritvayoḥ
5 saṃsargasannipātābhyāṃ yathāsaṃkhyāṃ sambandhaḥ,
na tu kṣayakopābhyāṃ | yato doṣabhedīye saṃsargasyāpi

vṛddhibhedān sannipātasyāpi kṣayabhedān vakṣyati | iti
doṣavyākhyā | § 67

1.1.43 Aṣṭāṅgahṛdayasaṃhitā

rasāsṛṅmāṃsamedo+asthimajjaśukrāṇi dhātavaḥ | | 13 | |
sapta dūṣyāḥ----- | | 13 | | § 69

1.1.44 Sarvāṅgasundarā

rasādayaḥ sapta dhātusaṃjñāḥ śarīradhāraṇāddhātavaḥ |
te ca dūṣyāḥ, vātādibhirdūṣyanta iti dūṣyāḥ | yasmādvā-
tādīnāṃ dūṣaṇasvabhāvadvādyā doṣasaṃjñā, sāvartas-
aṃjñā | dūṣayantīti doṣāḥ | ato+avaśyaṃ te dūṣyamape-
kṣante | karma vinā kartuḥ kriyāyā asambhavāt | kartā- 5
raṃ vinā karmaṇo na karmatvam | evaṃ doṣairvinā ras-
ādīnāṃ dūṣyanāma na ghaṭate | tairvinā+api vātādīnāṃ
doṣanāma | tasmātparasparāpekṣatvādanayordūṣyadoṣa-
yordūṣyatvena doṣatvena ca saṃjñālābhaḥ | § 70

1.1.45 Āyurvedarasāyana

dūṣyāparanāmadheyān dhātūn malāṃścāha-rasāsṛgiti |
rasādayo ye sapta dhātavaḥ, te dūṣyāḥ | § 71

1.1.46 Aṣṭāṅgahṛdayasaṃhitā

-----malā mūtraśakṛtsvedādayo+api ca | | 13 | | § 72

1.1.47 Sarvāṅgasundarā

mūtraśakṛdādayo malā ucyante | apicetiśabdād dūṣyāśc-
eti | na kevalaṃ rasādaya eva dūṣyāḥ, yāvanmalāste+api
vātādibhirdūṣyanta iti dūṣyāḥ | evaṃ ca rasādīnāṃ dūṣy-
asaṃjñā dhātusaṃjñā ca | tathā viṇmūtrādīnāṃ malasa-
mṃjñā dūṣyasaṃjñā ca | iti doṣadhātumalanirdeśena deho 5

vyākhyātaḥ | tathā cottaragranthe (sū.a.11/1)- "doṣadhāt-
umalā mūlaṃ sadā dehasya" iti | tasya ca dehasya yathā
santataṃ kenacidupāyena paripālanam niṣpadyate, tamu-
pāyam darśayitumāha- §73

1.1.48 Āyurvedarasāyana

mūtrādayo ye sapta malāste+api ca dūṣyāḥ | mūtra-
śakṛtī annamalau, svedo medomalaḥ, ādiśabdāt mā-
ṃsāsthimajjaśukramalāḥ | vakṣyati hi (śā.a. 3/63)- "ka-
phaḥ pittaṃ malāḥ kheṣu prasvedo nakharoma ca | sn-
5 eho+akṣitvagviśāmojo dhātūnām kramaśo malāḥ | |" iti |
kaphapittayordoṣatvānna dūṣyatvam | saṅgrahe tu (sū.a.
1)-"rasādisticheṣu doṣeṣu vyādhayaḥ sambhavanti ye | ta-
jjā ityupacāreṇa tānāhurghṛtadāhavat | |" iti | iti dūṣyavy-
ākhyā | ityantaraṅgo hetuḥ | §74

1.1.49 Sarvāṅgasundarā

atha bahiraṅgam vyācaṣṭe-doṣadūṣyavikṛtyutpādanadvāreṇa
yo vyādhīnām kāraṇam, sa bahiraṅgaḥ | sa ca dve-
dhā, vṛddhihetuḥ kṣayahetuśca | tatra vṛddhihetumāha-
vṛddhiriti | sarveṣāṃ doṣadūṣyāṇām samānaistulyadh-
5 armakairdravyairvṛddhirbhavet | yathā rūkṣādiguṇasya
vāyoḥ, tatsamānaguṇam śyāmāmākādi varddhanam | sa-
snehādiguṇasya pittasya tailādi | snigdhādiguṇasya ka-
phasya kṣīrādi | dūṣyeṣu svedaraktayoḥ pittavat vṛddh-
ihetuḥ | śeṣāṇām śleṣmavat | vakṣyati hi (sū.a. 11/26)-
10 "tatrāsthani sthito vāyuḥ pittaṃ tu svedaraktayoḥ | śe-
ṣmā śeṣeṣu tenaiṣāmāśrayāśrayiṇām mithaḥ | | yadeka-
sya tadanyasya varddhanakṣapaṇauśadham | asthimārut-
ayornaivam |" iti | kṣayahetumāha- viparītairiti | sarveṣāṃ
doṣadūṣyāṇām viparītairviruddhadharmakairdravyairvṛ-
15 ddherviparyayaḥ kṣayo bhavet | yathā- vāyorgodhūmadi
kṣapaṇam | pittasya yavādi | kaphasya kulatthādi | dūṣy-
eṣu pūrvavat | §75

1.1.50 Aṣṭāṅgahr̥dayasaṃhitā

vṛddhiḥ samānaiḥ sarveṣāṃ

viparītaiviparyayaḥ || 14 || §76

1.1.51 Sarvāṅgasundarā

sarveṣāṃ doṣadhātumalādīnāṃ śarīrāśritānāṃ, samānai-
stulyasadbhāvaiḥ, vṛddhiḥ svapramāṇadhikyam | viparī-
airviśiṣṭatayā vyavasthitaiḥ, viparyayaḥ kṣayaḥ | ayanam
ayaḥ gatiḥ, viparītā gatirviparyayo+apacayaḥ | sāmānyav-
iśeṣairdravyaguṇakarmabhedenā triprakāro+adhigacchati | 5

tathā cāhuḥ- "sarveṣāṃ sarvadā vṛddhistulyadravyagu-
ṇakriyaiḥ | bhāvairbhavati bhāvānāṃ viparītaiviparya-
yaḥ" | dravyato yathoktam (saṃ.sū.a.19)- "raktamāpyāy-
ate raktena, māṃsam māṃsena, medo medasā, asthi ta-
ruṇāsthānā, majjā majnā, śukram śukreṇa, tathā garbh- 10

aścāmagarbheṇa" | tatra raktena raktamityubhayamapy-
audakam | māṃsena māṃsamiti pārthivam | tathā, sa-
lilātmakam payastadātmakameva śleṣmāṇamabhivardh-
ayati | tadvatkṣīrajātam ghr̥tam śukram | tathā jīvant-
īkākolyādayaḥ somātmāno dravyaviśeṣaḥ saumyadhā- 15

tvekakāraṇāni snehabalapuṃstvaujāṃsi | marīcapañca-
kolabhallātakādayo buddhimedhāgnyādīn samvardhay-
anti | guṇataḥ- cocamocakharjūrāni pārthivāni dravy-
ato nirdiṣṭānyapi śleṣmāṇamudakātmakamabhivardhaya-
nti, snigdthaguruśītādiguṇasāmānyāt | karmāpi trividham 20

kāyavānmanovyāpārātmakam | tatra kāyikāni- dhāvan-
alaṅghanaplavanādīni calatvasāmānyādvāyorvṛddhaye |
vācīkāni--bhāṣyādhyayanageyādīni, mānasāni-manovyāpārāścintākāmas-
tānyapi manasaḥ kṣobhaṇahetutvādvāyorvṛddhikarāni |
tathā santāpakṛttvasāmānyātkrodhersyādi pittasya | sva- 25

pnālasyaśāyāsukhādīni sthairyasāmānyātkaphasyeti | vi-
paryayastu kṣayāya | yathāha | dravyataḥ (saṃ.sū.a.14,
ca.sū.a.25)- "gavedhukānnaṃ karśanīyānām" | tatra vātā-
tmikayā gavedhukayā pārthivānāṃ māṃsādīnāṃ kraśimā
kriyate | tathā taijasena kṣāreṇa śleṣmaṇaḥ | guṇato yathā- 30

āranālamaudakam śleṣmāṇam tadviparītairlaghurūkṣoṣṇ-

atīkṣṇaviśadaguṇaiḥ kṣapayati | karmataḥ- nidrālasya-
umanasyāni sapispandaṃ vātamapispandasvabhāva-
tayā+apacinvanti | tathā parispandarūpāścintāvyavāyavy-
āyāmā mandapispandavaiparītyātkaphamiti | § 77

1.1.52 Aṣṭāṅgahr̥dayasaṃhitā

varṇitameva vṛddhiḥ samānaiḥ, kṣayo viparītairiti | | 14 | |
rasāḥ
svādvamlalavaṇatiktoṣaṇakaṣāyakāḥ | | 14 | |
ṣaḍ dravyamāśritāste ca
yathāpūrvam̐balāvahāḥ | | 15 | | § 80

1.1.53 Sarvāṅgasundarā

svādvādayaḥ ṣaḍrasāḥ, rasanendriyagrāhyatvādrasāḥ | te
ca rasā dravyaṃ pañcabhūtātmakamāśritāḥ, yathāpū-
rvaṃ ca balāvahāḥ | yo yaḥ pūrvo yathāpūrvam̐, ba-
lāvahā balaprāpakāḥ | balamāvahanti prāpayantīti yā-
5 vat | tasmātsarvebhyo rasebhyo madhuro rasaḥ prak-
arṣeṇa dehināṃ balakaraḥ | kaṣāyastu sarvebhyo ja-
ghanyabalāvahaḥ | tatra svādurmadhuro ghṛtaguḍādiḥ |
amlo+amlīkāmātuluṅgādiḥ | lavaṇaḥ saindhavādiḥ | tikto
bhūnimbādiḥ | ūṣaṇaḥ kaṭuko marīcādiḥ | kaṣāyo harīta-
10 kyādiḥ | svādurmadhuraparyāyaḥ | ūṣaṇaḥ kaṭukaparyā-
yaḥ | yathā tryūṣaṇaṃ trikaṭukamucyate | kaṣāya eva kaṣ-
āyakaḥ, yathā kaṭureva kaṭukaḥ | ṣaḍiti ṣaḍeva, na nyūnā
adhikā vā | yadyapi te rasā guṇāḥ svādvādibhedatastathā
saṃsargatastathā+anurasatastāratamyaparikalpanāvaśato+api
15 bhidyamānarūpā api ṣaṭtvam̐ nātivartante | § 81

1.1.54 Āyurvedarasāyana

atha sādharma yavaidharma yajñānārthaṃ dravyadharmānāha-
te ca rasaprabhāvavīryavipākaguṇabhedātpañca | tatra ra-
sanāgrāhyo rasaḥ | śeṣo guṇaḥ | kāyāgnipākajo viśiṣṭo raso
vipākakaḥ | tathai votpanno guṇo vīryam | dravyasyātmā pr-

abhāvaḥ | tatra rasabhedānāha-rasā iti | te ca svādvādayaḥ
ṣaṭ | svādurmadhuraḥ, ūṣaṇaḥ kaṭukaḥ | te ca dravyam-
āśritāḥ, dravyadharmā ityārthaḥ | kṣārasya dravyaviśeṣa-
vācitvādrasaviśeṣavācitve+api lavaṇaviśeṣavācitvānna sa-
ptamarasatvam | balāvahākhyam rasakarmāha-te ceti | te 5
ca rasā yathāpūrvam balāvahāḥ | yo yasmātpūrvāḥ sa ta-
smādhikam balamāvahati | yo yasmātpūrvāḥ sa tasmā-
dhikam balamāvahati | kaṣāyo balyastata ūṣaṇastatasti-
kta ityādi | § 82

1.1.55 Aṣṭāṅgahṛdayasaṃhitā

tatrādyā mārutaṃ ghnanti trayastiktādayaḥ
kapham | | 15 | |
kaṣāyatiktamadhurāḥ pittamanye tu
kurvate | | 16 | | § 84

1.1.56 Sarvāṅgasundarā

tatra teṣu raseṣu madhye, ādyāstrayaḥ svādvamlalavaṇāḥ,
mārutaṃ ghnanti śamayanti | anye tu tiktoṣaṇakaṣāyāsta-
meva cānilam kurvate kopayanti | tiktādayastrayastiktoṣ-
aṇakaṣāyāḥ kapham ghnanti praśamayanti | anye tu ma-
dhurāmlalavaṇāstameva kapham kurvate | kaṣāyatiktam 5
adhurāḥ pittam ghnanti | anye tvamlalavaṇakaṭukāstad-
eva pittam kurvate | etenedamuktaṃ bhavati | madhuro
vātapittaghaṇaḥ śleṣmakaraḥ | amlo vātaṃ hanti, kaphap-
itte tu janayati | lavaṇo mārutaṃ hanti, kaphapitte tu kur-
ute | tiktaḥ kaphapitte nāśayati, vātaṃ tu janayati | ūṣaṇaḥ 10
kapham nāśayati, vātapitte tu janayati | kaṣāyaḥ kaphapi-
tte hanti, vātaṃ tu karotīti | § 85

1.1.57 Āyurvedarasāyana

vātādīnām sāḥṣādrasākathanādaspaṣṭe doṣadravyayoḥ sā-
dharmyavaidharmye spaṣṭayati-tatrādyā iti | tatra teṣu ra-
seṣu madhye, ādyāśrayo rasāḥ svādvamlalavaṇāḥ, māru-

taṃ ghnanti | tiktādayastiktoṣaṇakaṣāyāḥ kaphaṃ ghnanti | kaṣāyatiktamadhurāḥ pittaṃ ghnanti | anye tu kurvata iti triṣvapi yojyam | tena tiktoṣaṇakaṣāyā vāyuraṃ kurvanti | svādvamla lavaṇāḥ kaphaṃ | amlalavaṇakatuḥkāḥ pittaṃ | ata eva te te rasāstatra tatra santītyanumeyam | uktaṃ ca kapilena-"kaṭvamlalavaṇaṃ pittaṃ svādvamlalavaṇaḥ kaphaḥ | kaṣāyatiktakaṭuko vāyurdr̥ṣṭo+anumānataḥ | |" iti | § 86

1.1.58 Aṣṭāṅgahr̥dayasaṃhitā

śamanaṃ kopanaṃ svasthahitaṃ dravyamiti
tridhā | | 16 | | § 87

1.1.59 Sarvāṅgasundarā

iti anena prakāreṇa śamanādibhedena, tridhā triprakāraṃ, dravyam | anyena prakāreṇa dvidhā athavā anekadhā | it-iśabdaḥ prakārārthe+abhihitāḥ | yat kupitān vātādīn doṣān śamayati, tacchamanaṃ | yathā- tailaṃ ghr̥taṃ māḥṣīkam | tatra tailaṃ snehausṇyagauravayogādvātaṃ tadviparītaguṇaṃ śamayati | sarpirmādhuryaśaityamāndyagunayogāttadviparītaguṇaṃ pittaṃ | madhu ca raukṣyat-aikṣṇyakaṣāyayogāttadviparītaguṇaṃ kaphaṃ | yadvātādīn doṣān rasādīndhātūn mūtrādīnmalāṃśca kopayati, 10 tatkopanaṃ | yathā- yavakapāṭalabhāsamatsyāmūlakasārṣapamandakadhikilāṭaviruddhamatsyapayaḥ prabhṛti | doṣādīnāṃ malaparyantānāṃ svapramāṇasthitānāṃ sāmīyānuvṛttiheturyaddravyaṃ tat svasthebhyo hitam | yacca svāsthyānuvṛttim karoti, ṛtucaryādhyāye sevyatvenoktam | tathā mātrāsītīyādhyāye raktaśāliṣaṣṭikayavagodhūmajāṅgalamāṃsajīvantīśākadivyodakakṣīrādi | tathā yadūrjaskaraṃ rasāyanavājīkaraṇaṃ sarvadā śīlanīyatvena nirdiṣṭam | § 88

1.1.60 Āyurvedarasāyana

prabhāvabhedānāha- śamanamiti | prabhāvo rasādiṣva-
ntaraṅga iti dyotayitum dravyaśabdenoktaḥ, dravyam-
iti tridheti | śamanam kopanam svasthahitam ceti traivi-
dhyam | yad dravyam samaiḥ samaviparītaiḥ rasādibh-
iriyuktamapi vātādīn śamayati tacchamanam | tadyathā 5
madhuraśītāpi jīvanti kapham śamayati | kaṭupākaraso
guruḥ snigdho+api rasonaḥ kaphavātau | yad dravyam
viparītaiḥ samaviparītaiḥ rasādibhiryuktamapi vātādīn
kopayati tatkopanam | yathā-gurūṣṇasnigdhamadhuramapi
phāṇitam vātam kopayati | taireva guṇairmāṣaḥ pitt- 10
akaphau | yad dravyam vātādīnām kṣayavṛddhyorh-
eturapi svasthasya na tathā, tatsvasthahitam | yathā-
gurumadhurarūkṣaśīto+api yavaḥ svasthasya pittam na
kṣapayati | gurumadhurasnigdhaśītamapi kṣīram svasth- 15
asya kapham na kopayati | evam sarvatrāpi prabhāva ud-
āharaṇīyaḥ | vakṣyati ca (sū.a. 9/26)-"rasādisāmye yatka-
rma viśiṣṭam tatprabhāvajam |" iti | anye tu śamanādīn dr-
avyabhedānāhuḥ | tatttu na samyak | dravyabhedatve yad-
eva śamanam, tadeva kopanam tadeva svasthahitamiti sa-
ṅkaro na yuktaḥ | dharmabhedatve tu rasādisaṅkaravady- 20
uktaḥ | kiñca dravyabhedāśvedamī tadā rasādidharmabh-
edānām prākpaścādvā abhidheyāḥ syuḥ, na madhye | ta-
smātprabhāvabhedā eva śamanādayaḥ | § 89

1.1.61 Aṣṭāṅgahrdayasaṃhitā

uṣṇaśītaguṇotkarṣāttatra vīryam dvidhā
smṛtam | | 17 | | § 90

1.1.62 Sarvāṅgasundarā

tatra tasmin dravye, vīryam dvividham | viṃśaterguṇā-
nām madhyāddvāvūṣṇaśītau, tadutkarṣādvīryamiti sarv-
āyurvedaprasiddhau, dvāveva guṇau śītoṣṇau vīryaka-
raṇahetū | vīryam śaktiḥ | uṣṇaguṇotkarṣa uṣṇaguṇātīś-
aya eva kaściduṣṇavīryākhyām labhate | tathā śītaguṇo- 5

tkarṣaḥ śītaguṇātīśaya eva śītavīryākhyām | yadyapi nā-
nātmakamapi dravyam, tathāpyagniśomātmakatvājagato
dvidhaiva vīryam | § 91

1.1.63 Āyurvedarasāyana

vīryadvaidhyamāha-uṣṇeti | tacca uṣṇam śītam ca |
nanu gurulaghusnigdharūkṣamandatīkṣṇānāmapi vīrya-
tvātkatham dve evetyata āha- uṣṇaśītaguṇotkarṣāt | ya-
dyapi kāyāgnipākādaṣṭau guṇā jāyante, tathāpyuṣṇaśī-
5 tayorguṇayorutkarṣāt dvaividhyam | guṇāntaratiraskāre
śaktirutkarṣaḥ | śaktyutkarṣe vīryaśabdo loke+api prasi-
ddhaḥ | tatra dravye | vīryamapi dravyāśrayamityarthaḥ |
§ 92

1.1.64 Aṣṭāṅgahr̥dayasaṃhitā

tridhā vipāko dravyasya
svādvamlakaṭukātmakaḥ | | 17 | | § 93

1.1.65 Sarvāṅgasundarā

vipākastrividhaḥ, sarvadravyāṅgāṃ pariṇāmakālabhāvī kā-
ryānumeyo jāṭharāgnisambandhādrasasya svarūpāntara-
prādurbhāvaḥ | sa tridhaiva, rasaṣaṭtve+api na ṣoḍhā |
tena kiñcitsvādupākaṃ, kiñcidamlavipākaṃ, kiñcitkaṭuv-
5 ipākaṃ, dravyam | tatra madhuralavaṇayormadhuro vip-
ākāḥ | amlasyāmlaḥ | tiktakaṭukaṣāyāṅgāṃ kaṭukaḥ | sa ca
kāryānumeyāḥ | tathā ca vakṣyati (sū.a.9/20)- 'jāṭhareṇā-
gninā yogādyadudeti rasāntaram | rasānāṃ pariṇāmānte
sa vipāka iti smṛtaḥ' iti | ata eva sopasargaḥ pākaśabda up-
10 āttaḥ | viśiṣṭaḥ pāko vipākaḥ, na pākamātrasvarūpaḥ | ta-
thā ca bhāṭṭārakacarakamunī (ca.sū.a.26/68)-'raso nipāte
dravyāṅgāṃ vipākaḥ karmaniṣṭhayā | vīryam yāvadaadhī-
vāsānnipātāccopalabhyate' iti | evaṃ karmaniṣṭhānumita
ekarūpāvastho jāṭharāgnisaṃyogādyo rasānāṃ rasāntaro-
15 dbhavaḥ, sa eva vipākaḥ | na tu yo jāṭharāgnisaṃyogam-

ātrādrasānāmanekāvasthaḥ, prāṇmadhuro+anantaraṃ sa
eva pacyamāno+amlastato vipacyamānaḥ sa eva kaṭurvi-
pākaḥ | § 94

1.1.66 Āyurvedarasāyana

vipākabhedānāha-tridheti | te ca trayāḥ, svāduramlaḥ ka-
ṭukaśceti | § 95

1.1.67 Aṣṭāṅgahrdayasaṃhitā

gurumandahimasnigdhaślakṣṇasāndramṛdusthirāḥ | | 18 | |
guṇāḥ sasūkṣmaviśadā viṃśatiḥ
saviparyayāḥ | | 18 | | § 97

1.1.68 Sarvāṅgasundarā

tatra dravye gurvādayo daśa guṇāḥ saviparyayā vi-
ṃśatirvejñeyāḥ | eṣāṃ kramādviparītā laghutīkṣṇoṣṇarū-
kṣakharadravakaṭhinasarasthūlapicchilāḥ | gurustadvipa-
ryayo laghuḥ | mandastadviparyayastīkṣṇaḥ | himastadv-
iparyaya uṣṇaḥ | snigdastadviparyayo rūkṣaḥ | ślakṣṇ- 5
astadviparyayaḥ kharāḥ | sāndrastadviparyayo dravaḥ |
mṛdustadviparyayaḥ kaṭhinaḥ | sthirastadviparyayaḥ sa-
raḥ | sūkṣmastadviparyayaḥ sthūlaḥ | viśadastadviparya-
yaḥ picchilaḥ | § 98

1.1.69 Āyurvedarasāyana

guṇabhedānāha-gurumandeti | te ca viṃśatiḥ | tatra gurv-
ādayo daśa, tadviparyayāśca laghutīkṣṇoṣṇarūkṣakhara-
dravakaṭhinacalasthūlapicchilā daśa | dravyasya br̥ṃhane
karmaṇi śaktirguruḥ, laṅghane laghuḥ, śamane mandaḥ,
śodhane tīkṣṇaḥ, stambhane himaḥ, svedane uṣṇaḥ, kle- 5
dane snigdhaḥ, śoṣaṇe rūkṣaḥ, ropāṇe ślakṣṇaḥ, lekhane
kharāḥ, prasādane sāndraḥ, vilodane dravaḥ, ślathane mṛ-
duḥ, dr̥dhane kaṭhinaḥ, dhāraṇe sthiraḥ, prerāṇe calaḥ, vi-

varaṇe sūkṣmaḥ, samvaraṇe sthūlaḥ, kṣālāne viśadaḥ, lep-
 ane picchila iti | nanu vyavāyivikāśyāśukāriprasannasug-
 andhādayaḥ saviparyayāścānye+api guṇā dṛśyante | tady-
 athā svayamevāha (ni.a. 6/1)-"tikṣṇoṣṇarūkṣasūkṣmāmlavyavāyyāśukaram
 5 laghu | vikāśi viśadaḥ madyamojaso+asmādviparyayaḥ | |"
 carakaḥ (sū.a.27/213)- "svādu śītaḥ mṛdu snigdhaḥ ba-
 halaḥ ślakṣṇapicchilam | guru mandam prasannaḥ ca
 gavyaḥ daśaguṇaḥ payaḥ | | tadevaṅguṇamevaujaḥ sā-
 manyādabhivardhayet | |" suśrutaḥ (sū.a. 46/189)- "kaśā-
 10 yaḥ kaphapittaghaṇaḥ kiñcittiktaḥ rucipradam | hr̥dyaḥ
 sugandhi viśadaḥ lavalīphalamucyate | |" ayameva (sū.a.
 1/11)-"pittaḥ sasnehatikṣṇoṣṇaḥ laghu visraḥ saraḥ dr-
 avam | |" carakaḥ (sū.a. 27/193)- "śītaḥ śuci śivaḥ mṛṣṭaḥ
 vimalaḥ laghu ṣaḍguṇaḥ | prakṛtyā divyamudakaḥ bhr-
 15 aṣṭaḥ pātramapekṣate | |" ityādi | tatkathaḥ viṃśatirguṇā
 iti | atrocyate | ya ete+atiriktā guṇā darśitāḥ, te viṃśatāve-
 vāntarbhūtāḥ | tathāhi-vyavāyivikāśyāśukāriṇastāvanmadye
 paṭhyante | prasannaḥ kṣīre | madyaguṇaviparītā ojasi |
 ya evaujasi ta eva kṣīre | tataśca tadguṇaparasparyavipa-
 20 ryayaparyālocanayā vyavāYī-drave+antarbhūtaḥ | vikāśi-
 khare | āśukāri-cale | prasannaḥ-sthūle | te hi pāriśeṣyāt
 bahalaślakṣṇasthiraśukṣmāṇāḥ viparyayāḥ | svaduśītam-
 andasnigdhapicchilagurūṇāḥ hyamloṣṇatikṣṇarūkṣaviśa-
 dalaghavo viparyayāḥ prasiddhā eva | vyavāyyādilakṣa-
 25 ṇaḥ ca dravādiṣveva sambhavati | yadāha suśrutaḥ (sū.a.
 46/521)- "vyavāyī dehamakhilaḥ vyāpya pākāya kalpate |
 vikāśi vikaṣaṇ dhātūn sandhibandhān vimuñcati | | āśu-
 kāri tathāśutvāddhāvatyambhasi tailavāt" iti | prasanna-
 tvam sphuṭatvam | tacca sthūla eva, tasya sphuṭapraty-
 30 akṣatvāt | sugandhadurgandhau tu mandatikṣṇaviśeṣau,
 indriyaprasādanodvejanadvārā śamanaśodhanarūpatvāt |
 yadāha suśrutaḥ (sū.a. 46/520)- "sugandho rocano mṛ-
 duḥ | durgandho viparīto+asmāt" iti | śucivimalau tu vi-
 śadaviśeṣau | adṛṣṭānāḥ hi malānāḥ kṣālāne śaktiḥ śu-
 35 citvam | dṛṣṭānāḥ vimalatvam | śivaḥ pariṇāme hitam |
 mṛṣṭaḥ jihvāpriyam | te ca guṇakārye | guṇaśabdastūpa-
 cārāt | yathā- "kṣudbodhano bastiviśodhanaśca prāṇāpra-
 daḥ śoṇitavardhanaśca | jvarāpahārī kaphapittahantā vā-

yum jayedāṣṭaḡuṇo hi maṇḍaḡ | |" ityāḍau | yattu vyavā-
yivikāśinau prastutyoktaṃ saṅgrahe (sū.a. 1)- "saratikṣṇa-
prakarṣau tu kaiścittau parikalpitaḡ" iti | tadekīyamatatvā-
danāḍaraṇīyam | tadāḍaraṇe yattaile vyavāyibaddhaviṭk- 5
ayorabhidhānaṃ tadviruddhaṃ syāt | yacca madye tīkṣṇ-
avikāśinostatpunaruktaṃ syāt | yattu pitte tīkṣṇavisrayo-
rabhidhānaṃ, tadindriyodvejakatve satyapi ghrāṇendriy-
asyodvejanātiśayārtham | saṅgrahe tu (sū.a. 1)- "indriyā-
rthā vyavāyī ca vikāśī cāpare ḡuṇāḡ | sattvaṃ rajastamaśc-
eti trayāḡ proktā mahāḡuṇāḡ | |" iti | § 99 10

1.1.70 Aṣṭāṅḡahṛdayasaṃhitā

kālārthakarmaṇāṃ yogo hīnamithyātimātrakaḡ | | 19 | |
samyagyogaśca vijñeyo
rogāroḡyaikakāraṇam | | 19 | | § 101

1.1.71 Āyurvedarasāyana

uktadharmakāṇāṃ dravyāṇāṃ sadopayogātsadaiva do-
ṣavaiṣamyē prāpte viśeṣamāha-kālārtheti | dravyāṇi car-
akoktāni (sū. a. 1/47)- "khādīnyātmā manaḡ kālo diśa-
śca dravyasaṅgrahaḡ |" iti | tatra kālaḡ sākṣādupayujyate |
mahābhūtāni tvarthadvāreṇa | digātmamanāṃsi karma- 5
dvāreṇa | kālo varṣāśītoṣṇabhedāt tridhā | śabdaspārśar-
ūparasagandhabhedādarthaḡ pañcadhā | kāyikavācikaṃ
ānasikabhedātkarma tridhā | teṣāmasamyagyogo rāḡakā-
raṇam, samyagyogastvāroḡyakāraṇam | tatrāsamyagyog-
astridhā, hīnayogo mithyāyogo+atiyogaśceti | śītādīnāṃ 10
kālalakṣaṇānāmalpatvaṃ kālasya hīnayogaḡ, viparītasval-
akṣaṇo mithyāyogaḡ, ādhikyamatiyogaḡ | indriyairindriy-
ārthānāṃ yo+alpaḡ sambandhaḡ, so+arthasya hīnayogaḡ,
anucito mithyāyogaḡ, adhiko+atiyogaḡ | alpā ceṣṭā karma-
ṇāṃ hīnayogaḡ, anucito mithyāyogaḡ, adhiko+atiyogaḡ 15
asamyagyogādviparītaḡ sarveṣāṃ samyagyogaḡ | etadu-
ktaṃ bhavati | yadyapi sarvadā dravyairyogastathāpyas-
amyagyogo yadā, tadā doṣavaiṣamyam | yadā samyagyog-
astadā doṣasāmyam | iti bahiraṅgo hetuḡ | § 102

1.1.72 Sarvāṅgasundarā

kālah śītoṣṇavarṣalakṣaṇastrividhaḥ | arthāḥ śabdasp-
arśarūparasagandhā mahābhūtaguṇāḥ | tathā cāgamaḥ
(ca.śā.a.1/29)- "arthāḥ śabdādayo jñeyā gocarā viṣayā gu-
ṇāḥ" iti | karma kriyā, kāyavānmanaśceṣṭā | kālaścārth-
5 aśca karma ca tāni kālārthakarmāṇi, teṣāṃ yogaḥ sa-
mbandhaḥ, kālārthakarmanāṃ yogaḥ | kimbhūtaḥ, hīn-
amithyātīmātrakastathā samyagyogaśceti | ye kālādīnāṃ
yogā hīnamithyātīmātrakāḥ, te rogaikakāraṇam | teṣāṃ-
eva yaḥ samyagyogaḥ, sa ārogyaikakāraṇam pradhāna-
10 kāraṇamiti | ekaśabdaḥ pradhānavacanaḥ | yathā- 'ekaḥ
pārtho dhanurdharaḥ' iti | kālasya hīnayogaḥ svarūpah-
āniḥ | mithyāyogaḥ svarūpādvaiparītyam | atiyogaḥ sva-
rūpātīśayaḥ | yathā- hīnaśītata hīnoṣṇatā hīnavarṣatā hī-
nayoge | śītakālāvasare+atyauṣṇyamuṣṇakālāvasare śītaṃ
15 varṣākāle+avṛṣṭirmithyāyoge | atīśaityamatyauṣṇyamativ-
arṣaṇamatiyoge | etadyogatrayaṃ rogakāraṇam | samya-
gyogo yathāsvarūpasthitirārogyakāraṇam | arthānāṃ pu-
naḥ svena svenārthenendriyasya hīnaḥ saṃyogo hīnayo-
gaḥ | puruṣānabhimatādīnārthajātenendriyasya yogo mi-
20 thyāyogaḥ | atyantasaṃyogo+atiyogaḥ | ete trayo rogakā-
raṇam | yathāsvaṃ samyagyoga ārogyakāraṇam | kāyādi-
karmaṇo hīnapravṛttirhīnayogaḥ | vegodīraṇādikaṃ sām-
ibhuktabhāṣaṇādikaṃ rāgadveṣādikaṃ ca yathāsvamutt-
aratra (sū.a.12/40) vakṣyamāṇaṃ mithyāyogaḥ | atiprav-
ṛttiratiyogaḥ | sarveṣāṃ samā pravṛtīḥ samayogaḥ | tena
25 hīnādayo yogāstrayo rogakāraṇam | samyagyogastvārogy-
akāraṇam | § 103

1.1.73 Aṣṭāṅgahr̥dayasaṃhitā

rogāstu doṣavaiṣamyam, doṣasāmyamarogatā | | 20 | | § 104

1.1.74 Sarvāṅgasundarā

doṣāṇāṃ vātādīnāṃ, vaiṣamyam svapramāṇādekasya dv-
ayostrayāṇāṃ vā vṛddhiḥ kṣayo vā, rujākaratvādroga eva |

vaiṣamyam viṣamatā svarūpāccyāvaḥ | tataḥ kāryakāraṇ-
ayorabhedena paṭhito roga iti | doṣāṇām sāmyam svarūp-
ādapracyutiḥ samabhāvo+arogatā ārogyam, svāsthyamiti
yāvat | § 105

1.1.75 Āyurvedarasāyana

atha lakṣaṇam vyācaṣṭe | rogam lakṣayati-rogastviti | do-
ṣadūṣyāṇām yadvaiṣamyam vikṛtatvam tadrogaḥ | do-
ṣaśabdo+antaraṅgahetumātropalakṣaṇaḥ | prasaṅgādāro-
gyam lakṣayati-doṣasāmyamiti | doṣadūṣyāṇām yatsāmy-
amavikṛtatvam tadārogyam | § 106

5

1.1.76 Aṣṭāṅgahrdayasaṃhitā

nijāgantuvibhāgena tatra rogā dvidhā smṛtāḥ | | 20 | | § 107

1.1.77 Sarvāṅgasundarā

tatra tayo rogārogyayoḥ, rogā dvidhā nijāgantubhedena |
nijā vātādidoṣajanmānaḥ | āgantavo bāhyaahetavaḥ | tathā
cācāryavacanam (saṃ.sū.a.22)- "nijāstridoṣotthāḥ | bāhya-
hetujāstvāgantavaḥ" | anayoriyānviṣeṣaḥ | nije roge vātād-
ayaḥ pūrvaṃ vaiṣamyam gatvā paścādvayathāmabhinirv-
artayanti | āgantavaḥ punaḥ vyathāpūrvamevotpadyante,
anantaram tatra vātādayaḥ kupyantīti | anenobhayasya ni-
jāgantubhedabhinnasya vyādheścetaḥ santāpakatvam bo-
ddhavyam | § 108

5

1.1.78 Āyurvedarasāyana

rogabhedānāha-nijeti | dvividho rogaḥ, nija āgantuśceti |
tatra yaddoṣavaiṣamyam svayamutpādya vyathām nirva-
rtayati, sa nijo rogaḥ | yastu śastrādinā hetvantareṇotpa-
nnaḥ, sa āgantuḥ | § 109

1.1.79 Āyurvedarasāyana

rogādhiṣṭhānamāha-teṣāmiti | tacca dvidhā, śarīraṃ man-
aśca | § 110

1.1.80 Aṣṭāṅgahr̥dayasaṃhitā

yata evaṃ dehamanasī rogādhiṣṭhānatvena sthite, na
kevalo deho nāpi kevalaṃ manaḥ | | 21 | |
tasmādato+anantaramidamāha- teṣāṃ
kāyamanobhedādadhīṣṭhānamapi
dvidhā | | 21 | | § 112

1.1.81 Sarvāṅgasundarā

teṣāṃ nijāgantukānāṃ vikārāṇāṃ rogāṇāṃ, kāyamanobh-
edena dvividhamadhiṣṭhānaṃ sthānam | jvarāsrapiṭtakāś-
ādīnāṃ kāyaḥ | madamūrchāsannyāsagrahabhūtonmādā-
pasmārarāgadvēśādīnāṃ manaḥ | adhitiṣṭhantyasminni-
5 tyadhiṣṭhānam | kāyaḥ śarīraṃ | manaścetaḥ | § 113

1.1.82 Aṣṭāṅgahr̥dayasaṃhitā

rajastamaśca manaso dvau ca doṣāvudāhṛtau | | 21 | | § 114

1.1.83 Sarvāṅgasundarā

manaścetaḥ, tasya rajastamasī doṣau, upaplavāvavidyāsa-
mbhavau | atra ca prādhānyādādau rajo nikṣiptam | caś-
abdaḥ pavanādīnāmapyupasaṅgrahārthaḥ | yasmātte+api
manaḥ saṃśritya vikurvate | saṅgrahe hyuktam (u.a.9)-
5 "ṣaḍunmādā bhavanti vātapittakaphasannipātā+a+adhiviṣanimittāḥ"
ityādi | udāhṛtau ityudāharaṇamātramuddeśamātraṃ va-
canamātraṃ | atrāyurvedaśāstre, rajastamasorna sākalye-
na vyākaraṇamanilādīnāmiva | te khalvatra svabhāvasth-
ānādibhiḥ prakārairaśeṣamuktāḥ, na tu rajastamasī | § 115

1.1.84 Āyurvedarasāyana

duṣṭasya manaso rogādhiṣṭhānatvādduṣṭihetumāha-raja
iti | sa ca dvidhā, rajastamaśca | dvau doṣau dve duṣṭikār-
aṇe ityārthaḥ | na tvanayorvātādivaddoṣatvam, tato+anantaramanukterd
cāgrahaṇāt | kāyo+api duṣṭa eva rogādhiṣṭhānam | tasya
tu doṣā eva duṣṭikāraṇam | § 116

5

1.1.85 Aṣṭāṅgahṛdayasaṃhitā

darśanasparśanapraśnaiḥ parīkṣeta ca
rogiṇam | | 22 | | § 117

1.1.86 Sarvāṅgasundarā

rogo+asyāstīti rogī vyādhitāḥ, taṃ darśanādibhiḥ parīkṣ-
eta | darśanena drṣṭyā, kāsamehādyārteṣu pītaśuklavarna-
samsthānapramāṇopacayacchāyāviṇmūtraccharditādikaḥ |
sparśanena hastakāyasparsena, jvaragulmavidradhyādy-
ārtam, tathā śītoṣṇastabdhaspandaślakṣṇakharasparśād- 5
ikaḥ ca | praśnena pṛcchayā, śūlārocakacchardihṛdard-
atvaṃ succhandaduśchandatvaṃ mṛdukrūrakoṣṭhatāṃ
svapnadarśanamabhiprāyaṃ janmāmayapravṛttinakṣatr-
adviṣṭeṣṭasukhaduḥkhāni ca, ityāturamukhātparīkṣeta |
§ 118

10

1.1.87 Āyurvedarasāyana

rogitvajñānopāyamāha-darśaneti | sa ca tridhā, darśanaṃ
sparśanaṃ praśnaśceti | tatra darśanena vaivarṇyādikaṃ,
sparśanena śaityādikaṃ, praśnena śūlādikaṃ, nirdhārya
rogyayamiti niścayaḥ | § 119

1.1.88 Aṣṭāṅgahṛdayasaṃhitā

rogaṃ nidānaprāgrūpalakṣaṇopaśayāptibhiḥ | | 22 | | § 120

1.1.89 Sarvāṅgasundarā

rogam̐ nidānādibhiḥ pañcabhiḥ parīkṣeta | nidānam̐ kār-
aṇam̐ heturityanarthāntaram | taccāsannaviprakṣṭabhed-
ena dvidhā | āsannamapi dvididham, āsannātyāsannabh-
edena | āsannam̐ rūkṣalaghuṣītādidravyopayogaḥ | atyā-
5 sannaṃ tu yataḥ samanantarameva rogotpattiḥ | yathā
vātādayo doṣāḥ kruddhāḥ | viprakṣṭam̐ yat ādikāle ru-
drakopādi jvarādīnām | tathā haviḥprāsādi mehakuṣṭh-
ādīnām | tenaivam̐vidhamarthajātamevam̐vidhasya roga-
sya hetutvenopadiṣṭam, evam̐vidhaścotpanno+ato nidā-
10 nājñāyate rogaḥ | prāgrūpam̐ pūrvarūpam̐ bhaviṣyato
vyādhraprakāśitadoṣaviśeṣādhiṣṭhitasya lakṣaṇam, udb-
ubhūṣurjvarādirāmāyo vātādidōṣaviśeṣēnāliṅgitarūpābh-
āso yenāvabhāsyate, yathāyathamalpatvādyadavyaktam-
asphuṭam̐ liṅgam̐ tatprāgrūpam | lakṣaṇam̐ punastadeva
15 prāgrūpādvilakṣaṇam, yena sakaladoṣaviśeṣāliṅgitaḥ sph-
uṭaliṅgo vyādhirdṛśyate lakṣyate | upāśayaḥ sukhānub-
andhyāhārādyupayogaḥ | evam̐vidhenāhārādikena hi ta-
sya pīḍā nābhūt, evam̐vidhena cābhūt, ata upāśayājñā-
yate+ayam̐ roga itī | sa vyādhisātmyaḥ svāsthyahetuḥ su-
20 khāvahaḥ | āptirnirvṛttiḥ samprāptirāgatirjāturityanarthā-
ntaram | evam̐ duṣṭenaivam̐ sthānasthite naivamanugaten-
ānayā kalpanayaivam̐mārgēna doṣeṇeti parikalpanam, ata
āptyā jñāyate+ayam̐ roga itī | § 121

1.1.90 Āyurvedarasāyana

rogitve hi jñāte ko+asau roga itī viśeṣajñānopāyamāha-
rogamitī | sa ca pañcadhā, nidānam̐ prāgrūpam̐ lakṣaṇam
upāśayaḥ āptiśca | āptiḥ samprāptiḥ | nidānam̐ bahiraṅgo
hetuḥ | prāgrūpam̐ pūrvajo rogaḥ | rogasya hi rājavat pr-
5 akāśamānasya parivārabhūtā rogāḥ kecitpūrvam̐ prakāś-
ante, kecitsaha, kecitpaścāt | tatra ye pūrvam̐, te pūrvarū-
pam | ye saha, te rūpam | ye paścātte upadravāḥ | te co-
bhaye+api lakṣaṇapadena saṅgrhītāḥ | upāśayaḥ vyādhis-
ātmyam | āptirantaraṅgo hetuḥ | itī rogalakṣaṇam | § 122

1.1.91 Aṣṭāṅgahr̥dayasaṃhitā

bhūmidehaprabhedena deśamāhuriha dvidhā | | 23 | | § 123

1.1.92 Sarvāṅgasundarā

ihāsminnāyurvedaśāstre, ācāryā dvidhā dviprakāraṃ, de-
śamāhuḥ kathayanti | bhūmibhedena dehabhedena ca |
§ 124

1.1.93 Āyurvedarasāyana

athauśadhaṃ vyācaṣṭe | tacca deśakālāvapekṣate iti prath-
amaṃ tāvaddeśaḥ | tatra deśe bhedadvayamāha-bhūmideheti |
tacca bhūmirdehaśca | ihetyāyurvedaśāstre | śāstrāntareṣu
dehasya deśavyavahārābhāvāt | § 125

1.1.94 Aṣṭāṅgahr̥dayasaṃhitā

jāṅgalaṃ vātabhūyiṣṭhamanūpaṃ tu
kapholbaṇam | | 23 | |
sādhāraṇaṃ samamalaṃ tridhā
bhūdeśamādiśet | | 24 | | § 127

1.1.95 Sarvāṅgasundarā

bhūdeśaṃ punastridhā triprakāraṃ, ādiśet vadet | tatra jā-
ṅgalo deśo+alpodakataruparvatatvena vakṣyamāṅgalakṣa-
ṇaḥ, vātabhūyiṣṭho vātapracuraḥ | tatra jātā ośadhikhaga-
puruṣamṛgādayo vātapradhānā bhavanti | pracurodakav-
ṛkṣo yo nirvāto durlabhātapaḥ so+anūpa iti | sa ca kapha- 5
pradhānaḥ | tajjāścauśadhyādayaḥ snigdhā bhavanti | sā-
dhāraṇaḥ punarubhayalakṣaṇo madhyapatito vyāmiśrar-
ūpaḥ | sa ca samamalo vātādisamadoṣaḥ | atra doṣā eva
malaśabdenoktāḥ | vakṣyati hi (saṅgrahe sū.a.20) | "deha-
sya malinīkaraṇādāhāramalatvācca malāḥ | " § 128 10

1.1.96 Āyurvedarasāyana

bhūdeśabhedānāha-jāṅgalamiti | te ca trayah, jāṅgalo+anūpaḥ
sādhāraṇaśca | tatra yo vātabhūyiṣṭho vātarogabahula-
staṃ jāṅgalaṃ, yaḥ kapholbaṇaḥ kapharogabahulastama-
nūpaṃ, yaḥ samamalaḥ samadoṣatvādārogyabahulastaṃ
5 sādhāraṇamādiśet | dehabhedāstu prakṛtibhedairuktāḥ |
§ 129

1.1.97 Āyurvedarasāyana

kālabhedadvayamāha-kṣaṇādiriti | tacca kṣaṇādirūpo vy-
ādhyavasthārūpaśca | kṣaṇo mātrā, ādiśabdātkāṣṭhākālā-
nāḍikāmuhūrtayāmāhorātrapakṣamāsartvayanavarṣāṇi | ta-
trākṣinimeṣo mātrā, tāḥ pañcadaśa kāṣṭhā, tāstrimśa-
5 tkalā, tāḥ sadaśabhāgā viṃśatirnāḍikā, te dve mūhūr-
taḥ, te tulyarātrimdive rāśibhāge catvāraḥ pādonā yā-
maḥ, taiścaturbhiraho rātriśca, pañcadaśāhorātrāḥ pa-
kṣaḥ, tau dvau māsah, tau dvāvṛtuḥ, te trayo+ayanam,
te dve varṣam | vyādhyavasthā āmapacyamānapakvanav-
10 apurāṇatikṣṇamṛduttvādayaḥ | deśakālayorupayogamāha-
bheṣajayogakṛditi | deśakālavākyayoḥ śeṣabhūto+ayam gr-
anthaḥ | yo+ayamukto deśaḥ kālaśca | tadubhayaṃ bh-
eṣajasya yogaṃ yogyatāṃ karoti | uktaṃ hi saṅgrahe
(sū.a. 23)- "bheṣajamavacārayan prāgeva tāvadāturaṃ
15 parīkṣeta | kasminnayaṃ deśe jāta ityādi | tasmimśca
deśe manuṣyāṇāmidamāhārajātamidam vihārajātametāv-
adbalamevaṃvidhaṃ satvamevaṃvidhaṃ sātmyamiyaṃ
bhaktirime vyādhayo hitamidamahitamidamiti | tathā,
atisthūlo+atikṛṣo durbalo duṣṭamāṃsaśeṇitāsthyaṅgāva-
20 yavo+alpāgniralpāhāro+asātmyāhāro+apacitaḥ sārarahito
vā vyādhibalameva tāvadasamarthaḥ soḍhum | kiṃ pu-
nastathāvidho bheṣajavegamiti | tathā, kālaśca bheṣaj-
asya yogyatāmāpādayatītyupakramya, śītoṣṇavarṣālakṣ-
aṇā ṛtava ityādyupakramya, auśadhagrāmastvityādi | ta-
25 thā, tasmātsādhāraṇeṣveva tadantarāleṣu vamanādīni yo-
jayediti | tathā, āturāvasthāsu tu kālākālasamjñā | ya-
thā+asyāmavasthāyāmasyauśadhasya kālo+akālo vā | na
hyaprāptātītakālamauśadhaṃ yaugikaṃ bhavati" iti | § 130

1.1.98 Aṣṭāṅgahr̥dayasaṃhitā

kṣaṇādirvyādhyavasthā ca kālo bheṣajayogakṛt | | 24 | | § 131

1.1.99 Sarvāṅgasundarā

kālo dvividhaḥ, kṣaṇādilakṣaṇo vyādhyavasthālakṣaṇa-
śca | bheṣajasyauśadhasya, yogaṃ karoti | tadarthasampā-
danasāmarthyam karotītyarthaḥ | bheṣajasya yogo bheṣaj-
ayogaḥ, taṃ karoti | kṣaṇādiḥ prasiddhaḥ | ādigrahaṇālla-
vatruṭimuhūrtayāmāhorātrapakṣamāsartvayanasamvatsa- 5
rāṇām pariagrahaḥ | kṣaṇādikālasyaodāharaṇam | yathā-
"pūrvāhṇe vamaṇam deyaṃ madhyāhṇe tu virecanam |
madhyāhṇe kiñcidāvṛtte bastim dadyādvicakṣaṇaḥ | |"
vyādhyavasthā sāmānirāmamṛdumadhyatīkṣṇatvāttatta- 10
dyogyauśadhavisṛṣṭiḥ | yathā (ca,ci.a.3/140 , hr̥.ci.a.1/21)-
"laṅghanam svedanam kālo yavāgvastiktako rasaḥ | mal-
ānām pācanāni syuryathāvastham krameṇa vā | |" yathā
(ca.ci.a.30/287)- "jvare peyāḥ kaṣāyāśca sarpiḥ kṣīram vi-
recanam | tryaḥam vā ṣaḍaḥam yuṃjyādvīkṣya doṣabal- 15
ābalaṃ | |" yathā (hr̥.ci.a.1/44)- "mṛdurjvaro laghurdeha-
ścalitāśca malā yadā | acirajvaritasyāpi bheṣajam yojayett-
adā | |" asyāmavasthāyām dattamauśadhamārogyāya bh-
avati | § 132

1.1.100 Aṣṭāṅgahr̥dayasaṃhitā

śodhanam śamanam ceti samāsādaśadham
dvidhā | | 25 | | § 133

1.1.101 Sarvāṅgasundarā

samāsātsamkṣepataḥ, yatkiñcijjagatyauśadham sambhav-
ati, tadanekaprakāram sambhavadapi dvairūpyānatikra-
mācchodhanaśamanalakṣaṇāt dvidhetyuktam | ekaṃ śo-
dhanarūpamaparam śamanarūpamiti | śodhanam yat ku- 5
pitān doṣān bahirniḥsārya rogopaśamanam karoti | śama-
nam yatsvasthānasthitānāmeva sāmyahetuḥ | § 134

1.1.102 Āyurvedarasāyana

auṣadhabhedadvayamāha-śodhanamiti | tacca śodhanam
śamanam ca | samāsata ityanuvartamāne+api punaḥ sa-
māsagrahaṇamatisaṃkṣepāya | sāmānyoktyā viśeṣasaṅgr-
ahaḥ saṃkṣepaḥ | laṅghanabr̥mhaṇe sāmānye vihāya
5 laṅghanaviśeṣayoḥ śodhanaśamanayoruktirityatisaṃkṣe-
paḥ | sa ca br̥mhaṇasya śamane+antarbhāvaṃ matvā kṛ-
taḥ | vaksyati hi (sū.a. 14/7)- "br̥mhaṇam śamanam tveva
vāyoḥ pittānilasya ca |" iti | śodhanam adhikabahirnirasa-
nena doṣasāmyakaram | śamanam tvadhikakṣīṇakṣapaṇa-
10 vardhanābhyām | atevātyadhike doṣe śodhanam, adhik-
akṣīṇayoḥ śamanamiti vibhāgaḥ siddhaḥ | § 135

1.1.103 Aṣṭāṅgahr̥dayasaṃhitā

śarīrajānām doṣāṇām krameṇa paramauśadham | | 25 | |
bastirvireko vamanam tathā tailam ghr̥tam
madhu | | 26 | | § 137

1.1.104 Sarvāṅgasundarā

śarīrajānām vātādīnām, krameṇa yathāsaṃkhyena paripā-
ṭhyoddeśanirdeśena, paramauśadham pradhānauśadham,
bastyādivamanāntam śodhanarūpam, tailādimadhvantam
śamanarūpam | tena vātasya bastirgudapraṇidheyasneha-
5 kvāthādi paramauśadham | pittasya vireko mukhapītam
gudamārgenāntaḥsthitasya doṣasya niḥsāraṇam parama-
uśadham | kaphasya vamanam mukhena pītam tenaiva
doṣasya niḥsāraṇam paramauśadham | iti śodhanarūp-
eṇa doṣāṇāmauśadham | tailādi tu śamanasvarūpeṇauśa-
10 dham | tatheti krameṇaiva | vātasya tailam, pittasya ghr̥-
tam, kaphasya mākṣikam paramauśadham | pradhānam-
auśadhamiti yāvat | § 138

1.1.105 Āyurvedarasāyana

śodhanaśamanaviśeṣāṇām viśayavibhāgamāha-śarīrajānāmīti |
tatra śodhanaviśeṣā bastyādayaḥ krameṇa doṣāṇāmauśa-

dham | vātasya bastiḥ, pittasya virekaḥ, kaphasya vama-
nam | tathā śamanaviśeṣāstailādayaḥ | vātasya tailaṃ, pi-
ttasya gḥṛtaṃ, kaphasya madhu | kiṃ sarveṣāṃ, netyāha-
śarīrajānāṃ, śarīre jātāḥ dvitīyaṃ rogākhyam janma pr-
āptāḥ śarīrajāḥ śarīrāśritāsteṣāṃ | kathaṃ, paramatīśay- 5
ena | etaduktaṃ bhavati | sarveṣāṃ doṣāṇāṃ bastirau-
ṣadham viśeṣādvātasya | sarvāṇi śodhanāni vātasyauṣa-
dham viśeṣādbastiḥ | tathā manaḥśarīrāśrayāṇāṃ doṣā-
ṇāṃ bastirauṣadham viśeṣāccharīrāśrayāṇāṃ | evaṃ vir-
ekādiṣu vācyam | § 139 10

1.1.106 Aṣṭāṅgahr̥dayasaṃhitā

dhīdhairyātmādivijñānaṃ manodoṣauṣadham
param | | 26 | | § 140

1.1.107 Sarvāṅgasundarā

manodoṣayo rajastamasoḥ, rogavighnakāri dhīdhairyād-
ikaṃ, paramauṣadham | dhīśca dhairyam cātmādivijñā-
naṃ ca tattathāvidham | tatra dhīrbuddhirbāhyādhyātmi-
kānāṃ bhāvānāṃ hitāhitapāricchedavibhāgakāriṇī | dhai-
ryam dhṛtiścetasāḥ sthiratvamacāpalam, yena pratiśiddh- 5
eṣu na pravartate, hiteṣu ca na sīdati | ātmavijñānaṃ yog-
ābhyāsasamādhinā paramātmāsvarūpavijñānaṃ | ādigra-
haṇājñānavijñānasmṛtīdeśakālādīnāṃ parigrahaḥ | man-
odoṣasamutthakāmādirogārthaḥ paraśabdo viśeṣaṇatv-
ena nirdiṣṭaḥ | § 141 10

1.1.108 Āyurvedarasāyana

amūrtasya śamanasya viśayamāha-dhīti | tacca dhīprabh-
ṛti | dhīrbuddhiḥ, yayā hitāhitavivekaḥ | dhairyam du-
ḥkhasahatvaṃ, yena hitasevanamahitatyāgaḥ | ātmādi-
vijñānaṃ ātmādayaḥ ātmādeśakālāsteṣāṃ vijñānamīd-
rśo+ahamīdrśe deśe īdrśe kāle vyavaharāmīti jñānaṃ, 5
yena hitasevanasyāvicchedaḥ | etatsarvaṃ manodoṣauṣa-

dham hṛdayāśrayāṇām vātādīnāmauśadham param, sarv-
ameva manodoṣāṇāmauśadham viśeṣāddhīprabhṛti | ta-
thā manaḥsarīrādhiṣṭhitānām doṣāṇām dhīprabhṛtyauś-
adham viśeṣānmanodhiṣṭhitānāmityarthaḥ | iti rogaūśa-
5 dham | § 142

1.1.109 Aṣṭāṅgahr̥dayasaṃhitā

bhiṣak dravyāṅyupasthātā rogī pādacatuṣṭayam | | 27 | |
cikitsitasya nirdiṣṭam, pratyekaṃ
taccaturguṇam | | 27 | | § 144

1.1.110 Sarvāṅgasundarā

cikitsitasya rogopaśamalakṣaṇasya, pādacatuṣṭayamaṅga-
catuṣṭayamuktam | pratyekaṃ taccaturguṇamevaṃ ṣoḍa-
śaguṇam cikitsitam bheṣajam bhiṣajo bhāṣante | bhiṣagv-
aidyaḥ, tasya prādhānyādagre nirdeśaḥ | tathā cāgamaḥ
5 (carake sū.a.9/10)- "yoktā prayoktā śāstā ca pradhāno bh-
iṣagatra tu | |" tathā saṅgrāhe+api (sū.a.2)- "yadvaidye vi-
guṇe pādā guṇavanto+apyanarthakāḥ | sa pādahīnānapy-
ārtān guṇavān yacca yāpayet | | cikitsāyāstamevātaḥ pra-
dhānam kāraṇam viduḥ |" dravyāṅyauśadhāni | upasth-
10 ātā paricāraḥ | rogī āturaḥ | etatpādacatuṣṭayam nirdi-
ṣṭamācāryeṇa | § 145

1.1.111 Sarvāṅgasundarā

auśadhapādānāha-bhiṣagiti | te ca catvāraḥ, bhiṣagdravy-
amupasthātā rogī ceti | upasthātā paricāraḥ | cikitsita-
syaūśadhasya | pādātvaṃ caiśam kriyāniṣpādakāvayava-
tvāt | pādānviśiṇiṣṭi-pratyekamiti | tatpādacatuṣṭayam, pr-
5 atyekaṃ ca turguṇam jñeyam | tattadguṇavatāmevaiśam
pādātvamityarthaḥ | § 146

1.1.112 Aṣṭāṅgahṛdayasaṃhitā

dakṣastīrthāttaśāstrārtho dṛṣṭakarmā
śucirbhiṣak | |28| | § 147

1.1.113 Sarvāṅgasundarā

dakṣaḥ- karmaṇi caturaḥ | tīrthādudupādhyāyādviditāgam-
ādātto grhītaḥ śāstrārtho yena sa tīrthāttaśāstrārthaḥ, "an-
ekamanyapadārthe" iti tṛtīyārthe bahuvrīhiḥ, āgamaprāpt-
aśāstrasvarūpaḥ | bahuśo dṛṣṭam karma yena cikitsālakṣa-
ṇam sa dṛṣṭakarmā-abhyastakarmā śataśaścikitsitarogaḥ | 5
śuciḥ- kāyavānmanovyāpāraimalīmasairaparāmṛṣṭaḥ, al-
ipsāvān arthopajīvikāhetorna karoti paraṃ dharmopārja-
neneti śuciḥ | § 148

1.1.114 Āyurvedarasāyana

tatra bhiṣagguṇānāha-dakṣa iti | dakṣaḥ-śīghrakārī | tīrthāttaśāstrārtho-
gurorgṛhītāyurvedārthaḥ | tīrtham-guruḥ | dṛṣṭakarmā-
bahudhā+anuṣṭhitaśāstrārthaḥ | śucirmanovākkāyaiḥ śu-
ddhaḥ | saṅgrahe tu (sū. a. 2)- "abhedyo+anuddhato+astambdhaḥ
sūrataḥ priyadarśanaḥ | sūrataḥ-kāruṇikaḥ | bahuśrutaḥ 5
kālavedī jñātagrantho+arthakarmavit | | anāthān rogiṇo
yaśca putravatsamupācaret | guruṇā samanujñātaḥ sa bh-
iṣakśabdamaśnute | | yastu kevalaśāstrajñāḥ karmasvapa-
riṣṭhitaḥ | sa muhyatyāturam prāpya prāpya bhīrurivāha-
vam | | yaḥ punaḥ kurute karma dhārṣṭyācchāsrārthava- 10
rjitaḥ | sa satsu garhāmāpnoti vadham cecchati rājataḥ | |
hetau liṅge praśamane rogāṇāmapunarbhava | jñānam ca-
turvidham yasya sa rājārho bhiṣagvaraḥ | | śāstram śa-
strāṇi salilam guṇadoṣapravṛttaye | pātrāpekṣīnyataḥ pr-
ajñāṃ bahuśrutyaena bṛṃhayet | | pradīpabhūtam śāstram 15
hi darśanam vipulā matiḥ | tābhyāmataḥ suyuktābhyām
cikitsannāparādhyati | | āhūta eva yo yāti suveṣaḥ sunimi-
ttataḥ | gatvā+a+aturārthādanyatra na nidhatte manaḥ kv-
acit | | vyādhiṃ parīkṣate samyānidānādiviśeṣataḥ | hn-
epañīyām ca tadvārtam na prakāśayate bahiḥ | | sahasā 20

na ca tasyāpi kriyākālamahāpayan | jānāti copacaritum sa
vaidyaḥ siddhimaśrnute | | nādādītāmiṣaṃ strībhyastad-
adhyakṣe parānmukhe | tābhiśca rahasi sthānaṃ parihā-
sāṃ ca varjayet | | jijīviṣurvyādhitō+api pūrvoktaguṇava-
5 rjitān | kriyāvīkrayiṇo vaidyān mṛtyoragresarā hi te | | ya-
dvaidye viguṇe pādā guṇavanto+apyanarthakāḥ | sa pād-
ahīnānāpyārtān guṇavān yacca yāpayet | | cikitsāyāstam-
evātaḥ pradhānaṃ kāraṇaṃ viduḥ | vyādhiṃ purā parī-
kṣyaivamārabheta tataḥ kriyām | | svārthavidyāyāśohāni-
10 manyathā dhruvamāpnuyāt | sādhyayorapi saṃyogo ba-
linoryātyasādhyatam | | vidyādasādhyamevātaḥ sādhyā-
sādhyasamāgamam | nāsādhyāḥ sādhyatām yāti, sādhyo
yāti tvasādhyatām | | pādāpacārādāivādvā yātyavasthā-
ntaraṃ gadaḥ | varamāśīviṣaviṣaṃ dīptamagnimayo+api
15 vā | | upayun̄jīta na tvārtādāmiṣaṃ kṛpaṇājjanāt | paro bh-
ūtadayā dharma ityārteṣu bhiṣagvaraḥ | | vartate yaḥ sus-
iddhārthaḥ sa sarvamativartate" iti | § 149

1.1.115 Aṣṭāṅgahr̥dayasaṃhitā

bahukalpaṃ bahuguṇaṃ sampannaṃ
yogyamauśadham | | 28 | | § 150

1.1.116 Sarvāṅgasundarā

bahavaḥ kalpāḥ yasmin sambhavanti svarasakvāthacūrṇādyāstadbahukalpaṃ-
vyādhīnāṃ nivāraṇakṣamaṃ na tu lavaṇavadekakalpaṃ |
taddhi sukhamupayujyate | nānāśaktayo hi sattvāḥ | bah-
avo guṇā yasya gurumandādayastadbahuguṇam, athavā
5 yadanekarogavināśanasamartham | sampannaṃ-sampattiyuktaṃ,
na vipannaṃ, praśastabhūmideśajātādiguṇayuktaṃ | ta-
thā ca granthaḥ (hr̥daye ka.a.1/1)- "dhanve sādharmaṇe
deśe same sanmṛttike śucau | śmaśānacaityāyatanaśva-
bhravalmīkavarjite | " iti | athavā pākasaṃskārādiyuktaṃ |
10 yogyaṃ-dātuṃ yadyatrārhati tacca tatra yogyam | vyādh-
ideśakāladoṣadūṣyadehavayobalādīn jñātvā, yujyate dīy-
ata iti tadyogyaṃ, rogasya rogiṇaśca | § 151

1.1.117 Āyurvedarasāyana

dravyaguṇānāha-bahukalpamiti | bahavaḥ kalpāḥ svaras-
ādayo yasya tadbahukalpam | bahavo guṇāḥ gurumandā-
dayo yasya tadbahugūṇam | rasādisampattyā yadyuktaṃ
tatsampannam | deśakālādyucitaṃ योग्यam | auśadhama-
tra dravyaṃ, cikitsitarūpasyaauśadhasyāṅgatvāyogāt | § 152 5

1.1.118 Āyurvedarasāyana

paricārakaguṇānāha-anurakta iti | anuraktaḥsnehalah | śu-
cidakṣau vaidyavat | buddhimān-prājñah | § 153

1.1.119 Aṣṭāṅgahr̥dayasam̐hitā

anuraktaḥ śucirdakṣo buddhimān paricārakah | | 29 | | § 154

1.1.120 Sarvāṅgasundarā

anurakto-dṛḍhabhakta āturyasya | śuciḥ- kāyavānmanovy-
āpārairduṣṭairaparāmṛṣṭah | dakṣah- sarvaceṣṭāsu catu-
rah | buddhimān- viśiṣṭayā buddhyā yuktaḥ, pravīṇa iti
yāvat | § 155

1.1.121 Aṣṭāṅgahr̥dayasam̐hitā

āḍhyo rogī bhiṣagvaśyo jñāpakah sattvavānapi | | 29 | | § 156

1.1.122 Sarvāṅgasundarā

āḍhyo-dhanavān | bhiṣagvaśyo-vaidyāyattaḥ, taduktak-
ārī | jñāpako-nidānāvasthādīnāmāvedakah, vaidyaṃ ro-
gāhāravihārādīnāmanvayavyatirekaṃ bodhayituṃ sama-
rthaḥ | sattvavān-dhairiyayuto mohavarjitaḥ, dhairyena pr-
āyaścittavaccikitsām karoti | api samuccaye | § 157 5

1.1.123 Sarvāṅgasundarā

rogiguṇānāha-āḍhya iti | āḍhyo-dhanavān | bhiṣagvaśyo-
vaidyādhīnaḥ | jñāpakāḥ-svānubhūyamānarogāvasthānirūpaṇasamarthaḥ |
sattvavān-rogauśadhakleśasahaḥ | iti bhiṣagādipādacatu-
ṣṭayam | § 158

1.1.124 Aṣṭāṅgahr̥dayasaṃhitā

(sādhyo+asādhyā iti vyādhirdvidhā, tau tu
punardvidhā | | 1 | |
susādhyāḥ kṛcchrasādhyāśca, yāpyo
yaścānupakramaḥ | | 1 | |
) sarvauśadhakṣame dehe yūnaḥ puṃso
jitātmanaḥ | | 30 | |
amarmago+alpahetvagrārūparūpo+anupadravaḥ | | 30 | |
5 atulyadūṣyadeśartuprakṛtiḥ
pādasampadi | | 31 | |
graheṣvanugūṇe+aṣvekadoṣamārgo navāḥ
sukhaḥ | | 31 | | § 164

1.1.125 Sarvāṅgasundarā

sarvauśadhakṣame deha utpanno vyādhiḥ sukhasādhyāḥ
sukhopāyāḥ, tathā kālenālpēna sādhyate | sarvāṅgyauśadh-
āni yaḥ kṣamate sahate tīkṣṇmadhyamṛdurūpāṇi nānād-
eśajāni śamanāni tathā śodhanarūpāṇi tathā viṣakṣārād-
5 īni | yūnaḥ- vayasyasya, taruṇasyetyarthaḥ | puṃso- na
striyāḥ | puṃgrahaṇaṃ strīnivṛttyartham | yatastasyāḥ sa-
rvadā bhīrutvamabuddhimattvaṃ ca, ato yathoktānurū-
paguṇābhāvaḥ | sā tu yasmāttīkṣṇoṣṇauśadhāni na sah-
ate, saukumāryādiyogāt | jitātmano+alolupasya, jita ātmā
10 yena, viṣayābhilāṣaṃ pariharataḥ | amarmago- na marm-
asthaḥ, marmāṇi- śirohr̥dayabastiprabhṛtīni, teṣu gacchat-
īti marmagaḥ, na marmago+amarmagaḥ, hṛtkāṅṭhādipīḍ-
ākaraṇāsamarthaḥ | alpahetvagrārūparūpa iti | hetuścāgr-
arūpaṃ ca rūpaṃ ca tāni hetvagrārūparūpāṇi, alpāni he-

tvagararūparūpāṇi yasya sa tathāvidhaḥ | heturnidānam,
 agrarūpaṃ- pūrvarūpaṃ, rūpaṃ- lakṣaṇam, etānyalpāṇi
 yasya | anupadrava iti | na vidyate upadravo yasya, utpa-
 nnasya vyādheranantaraṃ jāyate yo+anyo vyādhiḥ, na ta- 5
 llakṣaṇabhūto+apradhānaḥ, na yathāsvalakṣaṇaḥ, tadup-
 akramanirodhakaḥ, sa upadravaḥ | tathā cāgamaḥ- "vyā-
 dherupari yo vyādhirbhavatyuttarakālaḥ | upakramavi-
 ghātī ca sa hyupadrava ucyate | |" iti | atulyadūṣyadeśart-
 uprakṛtiriti | dūṣyaśca deśaśca ṛtuśca prakṛtiśca tā dūṣya-
 deśartuprakṛtayaḥ, atulyā dūṣyadeśartuprakṛtayo yasya | 10
 atulyāḥ- na sadṛśāḥ | yathā- dūṣye medomajjādu, anūp-
 adeśe, śītartau, āturo vātaprakṛtiḥ, tasya kupitaṃ pittaṃ
 sukhasādhyamiti | atulyadūṣyo yathā- śleṣmaṇā śītena ra-
 ktamuṣṇaṃ dūṣitaṃ | atulyadeśo vyādhiryathā- anūpad- 15
 eśe pittasambhūtaḥ | atulyarturyathā- śaradi kaphodbha-
 vaḥ | atulyaprakṛtiryathā- pittaprakṛteḥ śleṣmodbhavo vy-
 ādhiḥ | nanvatulyadūṣyadeśartuprakṛtitvādasau kṛcchra-
 sādhyo yāpyo vā prāptaḥ, na sukhasādhyāḥ, anekasukhop-
 akramasādhyatvāt | yato dūṣyādīnāmatulyatvātparaspar-
 amanya evopakramaḥ | ekasukhopakramaḥ sukhasādhyo 20
 vyādhiḥ | ata eva sādhyayāpyaparityājyā mehāḥ śleṣmap-
 ittavātottāḥ (hr.ni.a.10/6)- "samāsamakriyatayā mahāty-
 ayatayāpi ca" ityevaṃ nirdiśati | atrocyate | tathāprabhā-
 vatvātpramehākhyasya vyādheḥ, yaduta śleṣmapramehaḥ
 samakriyatvātsādhyāḥ, pittaprameho viṣamakriyatvādyā- 25
 pyaḥ, mahātyayatvācca vātapramehaḥ pratyākhyeyaḥ | ki-
 ṅca tulyadūṣyadeśartuprakṛtitvānmahārambho niṣpraty-
 anīko vyādhirjāyate, ato+asau na sukhasādhyāḥ | kutra-
 cidvyādhou tulyadūṣyādirapi sukhasādhyatvena jyāyān |
 tathā ca granthaḥ- "jvare tulyartudoṣatvaṃ pramehe tu- 30
 lyadūṣyatā | raktagulme purāṇatvaṃ sukhasādhyatvahe-
 tavaḥ | |" pādasampadīti | bhiṣagādīnāṃ caturṇāṃ pād-
 ānāṃ sampatsamṛddhiḥ, tasyāṃ satyāṃ, aṅgacatuṣṭaye
 paripūrṇe sati | graheṣvanuḡeṣviti | grahāḥ- sūryāda- 35
 yaḥ, teṣvanuḡeṣvanukūlarāsisthiteṣu śobhanasthānaga-
 teṣu satsu | ekadoṣamārga iti | doṣaśca mārگاśca doṣam-
 ārgam, ekaṃ doṣamārgaṃ yasya sa tathoktaḥ | doṣo-
 vātādiḥ | mārgastrividhaḥ śākhādirvakṣyamāṇo bāhyābhy-

antaramadhyabhedena | tenaikena vātādīnāmanyatamena
doṣeṇa yo jāto na dvābhyāṃ tribhirvā, tathaikenāpi mārg-
eṇa bāhyena madhyenābhyantareṇa vā jātaḥ | navo- na ja-
raṭhaḥ, acirotpanna ityārthaḥ | yasmādvatsarātītā vyādhi-
5 ayo+asādhyāḥ | sa tathāvidho vyādhiḥ sukhaḥ- sukkena
sādhyate | tathā ca granthaḥ (sam̐.sū.a.2, ca.ni.a.8)- "sukh-
asādhyāḥ sukhopāyāḥ kālenālpēna sādhyate" iti | § 165

1.1.126 Āyurvedarasāyana

uktamauṣadhamasādhye vyādihau niṣeddhum̐ sādhyayā-
pyāsādhyavivekaṃ karoti | tatra sādhyo dvividhaḥ, su-
khaḥ kṛcchraśca | tatra sukhasādhyāṃ lakṣayati-sarvauṣadheti |
sarvauṣadhakṣamadehatvādyekonaviṃśatilakṣaṇo rogaḥ
5 sukhaḥ-sukhasādhyāḥ | tāni ca lakṣaṇāni viparyayāty-
antāviparyayābhyāṃ saha likhyante, kṛcchrādiṣūpayo-
gāt | savauṣadhakṣamadehajātvaṃ, katipayauṣadhakṣa-
madehajātvaṃ, auṣadhamātrākṣamadehajātvaṃ | 1 | yu-
vajātvaṃ, bālavṛddhajātvaṃ, atibālativṛddhajātvaṃ | 2 |
10 puṃjātvaṃ, strīnapuṃsakajātvaṃ, garbhiṇīsūtikāstrīla-
kṣaṇanapuṃsakajātvaṃ | 3 | viṣayānāsaktendriyajātvaṃ,
viṣayāsaktendriyajātvaṃ, asadvīṣayāsaktendriyajātvaṃ |
4 | amarmagatvaṃ, marmagatvaṃ, prāṇaharamarmagat-
atvaṃ | 5 | alpanidānatvaṃ, bahunidānatvaṃ, yāvadu-
15 ktanidānatvaṃ | 6 | alpasamprāptitvaṃ, bahusamprāpti-
itvaṃ, yāvaduktasamprāptitvaṃ | 7 | heturnidānaṃ sa-
mprāptiśca | alpapūrvarūpatvaṃ, bahupūrvarūpatvaṃ,
yāvaduktapūrvarūpatvaṃ | 8 | alparūpatvaṃ, bahurūp-
atvaṃ, yāvaduktarūpatvaṃ | 9 | anupadgavatvaṃ, sop-
20 adravatvaṃ, yāvaduktopadravatvaṃ | 10 | utpādakado-
ṣāpekṣyā viparītadūṣyatvaṃ, yathā-pittaje rasagatvaṃ |
tulyadūṣyatvaṃ, yathā-pittaje raktagatvaṃ | tulyānek-
adūṣyatvaṃ, yathā-pittaje raktasvedagatvaṃ | 11 | vi-
parītadeśatvaṃ, yathā-kaphaje jāṃgalatvaṃ | tulyadeś-
25 atvaṃ, yathā-kaphaje+anūpagatvaṃ | tulyadeśajanmagat-
atvaṃ, yathā-kaphaje janmaprabhṛtisevitānūpagatvaṃ |
12 | atulyartutvaṃ, yathā-vātaje śāradatvaṃ | tulyartu-
tvaṃ, yathā-vātaje grīṣmatvaṃ | tulyaprakopartutvaṃ,

yathā-vātaḥ vārṣikatvaḥ | 13 | viparītaprakṛtitvaḥ, yathā-
pittaje kaphaparakṛtitvaḥ | tulyaparakṛtitvaḥ, yathā-pittaje
pittaparakṛtitvaḥ | tulyanindyaparakṛtitvaḥ, yathā-pittaje
vātapittaparakṛtitvaḥ | vātasya yogavāhitvāt | 14 | pādasa-
mpadbhāvatvaḥ, pādavikṛtatvaḥ, sarvapādavikṛtatvaḥ | 5
15 | anukūlagrahaṭvaḥ, pratikūlagrahaṭvaḥ, pratikūlasa-
rvagrahaṭvaḥ | 16 | ekadoṣatvaḥ, dvidoṣatvaḥ, sarvad-
oṣatvaḥ | 17 | ekamārgatvaḥ, anekamārgatvaḥ, sarvam-
ārgatvaḥ | 18 | anatikrāntavatsaratvaḥ, atikrāntavatsara-
tvaḥ, bahvatikrāntavatsaratvaḥ | 19 | § 166 10

1.1.127 Aṣṭāṅgahr̥dayasaṃhitā

śāstrādisādhanāḥ kṛcchraḥ saṅkare ca tato
gadaḥ | | 32 | | § 167

1.1.128 Sarvāṅgasundarā

yo gado rogaḥ, śāstrādisādhanāḥ śāstrādibhiḥ sādhyate, sa
kṛcchrasādhyāḥ kṛcchrapratīkāro mahadbhirupāyair̥ sād-
dhyate tathā cireṇa | tathā ca granthaḥ (saṃ.sū.a.2)- "kṛ-
cchrair̥upāyair̥ kṛcchrastu mahadbhiḥca cireṇa ca | |" ād-
igrahaṇena kṣārāgnikarmaviśalepādayo gr̥hyante | tathā, 5
saṅkare ca- tataḥ pūrvoktātsādhyaliṅgātsaṅkīrṇatve sati-
yo gada uptannaḥ, so+api kṛcchrasādhyāḥ | caśabdaḥ sam-
uccaye | tatastasmāduktasādhyalakṣaṇādyaḥ saṅkare dvi-
triviparyaye sati sthitaḥ | tathā ca- yuvā āturaḥ kintu na vi-
jītātmā | vijītātmā vā kintu rogo marmasthānagaḥ | sarva- 10
uṣadhakṣame dehe jātaḥ kintu vṛddhaḥ | kadācidyuvā na
sarvaṣadhakṣamo dehaḥ | evamanayā diśā sarvamapyū-
hyam | § 168

1.1.129 Āyurvedarasāyana

kṛcchrasādhyāḥ lakṣayati-śāstrādīti | yo gadaḥ śāstrādi-
sādhanāḥ, sa kṛcchraḥ-kṛcchrasādhyāḥ | yaśca gadastat-
astebhyaḥ sukhasādhyalakṣaṇebhyo jāte saṅkare sthitaḥ,

so+api kṛcchraḥ | sukhāsādhyalakṣaṇasya tadviparyayaṇa
sahaikatrāvasthānaṃ saṅkaraḥ | yathā-yuvajatvasya strīja-
tvena | bālajatvasya vṛddhajātvena tu sahānavasthānāna
saṅkaraḥ | evaṃ sarvatra | asya ca saṅkaratraividhyātra-
5 ividhyam | alpaviparyaye saṅkare kṛcchraḥ, tulyavipary-
aye kṛcchrataḥ, bahuviparyaye kṛcchrataḥ | tathā, śa-
strakṣārāgnisādhanatvātraividhyam | eteṣāṃ ṣaṇṇāṃ sa-
ṅkare tāratamyam svayamūhyam | § 169

1.1.130 Aṣṭāṅghṛdayasaṃhitā

śeṣatvādāyūṣo yāpyaḥ
pathyābhyāsādviparyaye | | 32 | | § 170

1.1.131 Sarvāṅgasundarā

bāhulyena viparyaye sādhyalakṣaṇaviparītatve satyāyūṣo
jīvitasya śeṣatvādakṣīṇatvānmārayitumasamarthaḥ, pa-
thyairāhāravihārairyāpyo yāpanīyaḥ, nāsau pratyākhye-
yaḥ | etāvānevāsya pratyākhyeyādvādherviśeṣo yadāy-
5 uḥśeṣatvaṃ, yāpyasya vyādherāyūḥśeṣamātraṃ varjayi-
tvā yadanyattatsarvaṃ samānaṃ prāyeṇāsya ca pratyā-
khyeyasya vyādheḥ | kasya viparyaye sati ? prakṛtatvāts-
ukhasādhyasya | pathyairāhāravihārairabhyasanamabhy-
āsaḥ punaḥ punaḥ karaṇam, tasmāddhitāhāravihārasev-
10 anādypyaḥ | sa ca cikitsāyāmalpaṃ sukhaṃ dattvā pu-
naḥ so+alpenaiva hetunā pratanyate | tathā ca granthaḥ
(saṃ.sū.a.2)- "dattvālpam sukhamalpena hetunā sa prata-
nyate | yāti nāśeṣatāṃ rogaḥ karmajo niyatāyūṣaḥ | prap-
atanniva viṣkambhairdhāryate+atrāturo hitaiḥ" | § 171

1.1.132 Āyurvedarasāyana

yāpyam lakṣatvāditi | tata ityanuvartate | yo gadaḥ sukha-
sādhyalakṣaṇaviparyaye sthitaḥ, sa yāpyaḥ | nanvaṣadh-
airnivartate cetsādhyatvaṃ, no cedasādhyatvaṃ, kimidaṃ
tṛtīyam yāpyatvaṃ nāmetyata āha-pathyābhyāsāt śeṣatvāt,

pathyasyauṣadhasyābhyāso nityasevanam, tasmādyacch-
eṣatvaṃ tato yāpyaḥ | śiṣyate nivartamāno+api kātsnryena
na nivartata iti śeṣaḥ | sa ca niḥśeṣānivartanānna sādhya
eva, kiñcinnivartanānāsādhya eva, kintu sādhyāsādhyo
yāpyākhyāḥ | sa ca kiyantaṃ kālaṃ yāpya ityāha-ā āyuṣaḥ, 5
yāvadāyurasti tāvadyāpyaḥ | uktaṃ hi saṅgrahe (sū. a. 2)-
"dattvālpam sukhamalpena hetunā sa pratanyate | yāti nā-
śeṣatāṃ rogaḥ karmajo niyatāyuṣaḥ | | prapatanniva viṣk-
ambhairdhāryate+atrāturo hitaiḥ" iti | §172

1.1.133 Aṣṭāṅgahr̥dayasamhitā

anupakrama eva syātsthito+atyantaviparyaye | |33 | |
autsukyamohāratikṛd
dr̥ṣṭariṣṭo+akṣanāśanaḥ | |33 | | §174

1.1.134 Sarvāṅgasundarā

na vidyata upakramaḥ pratikāro yasya so+anupakramo+acikitsyaḥ,
pratyākhyeya iti yāvat | ko+asāvanupakramaḥ ? yo+atyantaviparyaye
sthitāḥ | yo gado+arthādyaḥpyalakṣaṇādavaśiṣṭāyuh śe-
ṣarūpādatyantaviparyaye sthitāḥ, sarvakriyāpathātikrā-
ntaḥ, majjaśukrādīgambhīradhātugataḥ, marmasandhisa- 5
māśritaḥ, so+anupakrama evācikitsyaḥ, sādhayitumaśa-
kyatvāt | tathautsukyādikṛditi | autsukyaṃ ca mohaścā-
ratiśca tāḥ karotītyautsukyamohāratikṛt | autsukyaṃ vi-
ṣayotkanṭhā, moho- vaicityaṃ cittanāśo+ajñānam, ara-
tirasukhaṃ na kutracidavasthitih sthānāsanādiṣvanirv- 10
ṛtiścetasāḥ, etāvato yaḥ karoti so+anupakramaḥ | ta-
thā dr̥ṣṭariṣṭa iti | dr̥ṣṭam riṣṭam maraṇakhyāpakam ci-
hnam yasmin sa dr̥ṣṭariṣṭaḥ, dr̥ṣṭamarāṇakhyāpakalakṣ-
aṇo+anupakrama eva | tathā+akṣanāśana iti | akṣāṇīndr-
iyāṅyucyante | cakṣurādīnyapi nāśayati so+akṣanāśanaḥ, 15
indriyoparodhī rogo+anupakramo yaḥ śīghramindriy-
avighātakṛt | evaṃ purā parīkṣya vyādhicikitsāmāra-
bheta | anyathā+avaśyaṃ svārthādihānimavāpnuyādvai-
dyaḥ | tathā ca granthaḥ (sam.sū.a.2)- "vyādhim purā pa-

rīkṣyaivamārabheta tataḥ kriyām | svārthavidyāyaśohāni-
manyathā dhruvamāpnuyāt" iti | § 175

1.1.135 Āyurvedarasāyana

asādhyam lakṣayati-anupakrama iti | yo gadaḥ sukha-
sādhyalakṣaṇātyantaviparyaye sthitaḥ, yaśca autsukya-
mohāratikṛt, yaśca dr̥ṣṭariṣṭaḥ-dr̥ṣṭamaraṇacihnaḥ, yaśca
akṣanāśanaḥ- sarvendriyavighātī, sa caturvidho+anupakrama
5 eva syāt | nāstyupakramaḥ pratīkāro yasyetyanupakra-
maḥ | evaśabdo yāpyavyudāsārthaḥ | yāpyo+api niḥś-
eṣānivartanādanupakramaḥ, kintu kiñcinnivartanātsopa-
kramo+api | ayam tvanupakrama eva | | tasmāttatrauṣa-
dham kuryādityarthāduktam | § 176

1.1.136 Aṣṭāṅgahr̥dayasaṃhitā

tyajedārtam bhiṣagbhūpairdviṣtam teṣām dviṣam
dviṣam | | 34 | |
hīnopakaraṇam vyagramavidheyam
gatāyuṣam | | 34 | |
caṇḍam śokāturam bhīrum kṛtaghnam
vaidyamāninam | | 35 | | § 179

1.1.137 Sarvāṅgasundarā

evamvidhamārtamāturamupakramyamapi tyajetpariharet |
bhiṣagbhūpairdviṣtam- bhiṣagbhistathā bhūpai rājabhi-
rdviṣtam, vaidyā rājānaśca yaṃ dviṣanti | tathā, teṣām
dviṣam-śatrum, bhiṣagbhūpānyo dveṣṭi, tamapi tyajet |
5 dviṣtam-śatrum cātmanaḥ | hīnopakaraṇamiti upakaraṇa-
vikalam hīnacikitsāṅgam | vyagram- kāryabahulamanya-
kāryāpekṣiṇam kāryāntarāsaktacetam | avidheyam- bh-
iṣajaḥ, tadājñam yo na karoti, tamapi tyajet | gatāyuṣam-
parikṣiṇajīvitam | caṇḍam- sahasāpakāraṇabuddhiṃ
10 krūrakarmānam | śokāturam- sṛyādivirahotthena śokena
śucārtam | bhīrum- sabhayam | kṛtaghnam- yaḥ kṛtopa-

kāro+apyapakāraṃ karoti | vaidyamāninaṃ- avaidyo+api
yo vaidyamivātmānaṃ manyate svamatenaivauşadhaṃ
karoti mūḍhaḥ, tamapi tyajet | § 180

1.1.138 Āyurvedarasāyana

āturaviśeṣe+apyauşadhaṃ nişedhati-tyajediti | bhişatbh-
ūpaidviştamārtam rogiṇam tyajet | bhişajaśca bhūpā-
śca bhişagbhūpāḥ, tairdviştam-te yaṃ dvişanti | teṣāṃ
dvişam-bhişagbhūpān yo dveṣṭi | dvişamātmānaṃ yo dv-
eṣṭi | hīnopakaraṇam-auşadhasāmagrīrahitam | vyagram- 5
kāryāntaravyākulam | avidheyam-vaidyasyānadhīnam | ga-
tāyuşamutpannasthāyiriştam | bhīrum-vyāpadbhayāt tyā-
ktauşadham | kṛtaghnamupakāre+apyapakāriṇam | vaidyamāninaṃ-
avaidyo+api ya ātmānaṃ vaidyaṃ manyate | eṣāṃ sādhy-
ānāmapyauşadhaṃ na kāryamityarthaḥ | iti sukhasādhy- 10
ādilakṣaṇam | § 181

1.1.139 Aṣṭāṅgahr̥dayasaṃhitā

tantrasyāsyā param cāto

vakṣyate+adhyāyasaṅgrahaḥ | | 35 | |
āyūṣkāmadinartvīhārogānutpādanadravāḥ | | 36 | |
annajñānānnasaṃrakṣāmātrādravyarasāśrayāḥ | | 36 | |
doṣādijñānatadbhedataccikitsādyupakramāḥ | | 37 | |
śuddhyādisnehanasvedarekāsthāpananāvanam | | 37 | |
dhūmagaṇḍūşadr̥ksekatr̥ptiyantrakaśastrakam | | 38 | |
śirāvidhiḥ śalyavidhiḥ
śastrakṣārāgnikarmikau | | 38 | | § 188

1.1.140 Sarvāṅgasundarā

asya- aṣṭāṅgahr̥dayākhyasya, tantrasya- tantryante dhāry-
ante+anenāyurvedārthā iti tantram tasya, adhyāyasaṅgrahaḥ-
adhyāyānāṃ saṅgrahaḥ saṃkṣepa ekatra rāśīkaraṇam,
ataḥ param- asmādūrdhvam, sukhasmaraṇāya mayā va-
kṣyate | sa0-ime pūrvoktāstriṃśadadhyāyāḥ, sūtrasthāna- 5

muktam | āyus̥kāmaśca dinartvīhe ca rogānutpādanam ca
dravaśceti dvandvaḥ | ihā caryā ceṣṭetyeko+arthaḥ | tena
āyus̥kāmiyo dinacaryā ṛtucaryā rogānutpādanīyo drava-
dravyavijñānīyo+annasvarūpavijñānīyo+annasaṃrakṣā mā-
5 trāṣītīyo dravyādivijñānīyo rasabhedīyo doṣādivijñānīyo
doṣabhedīyo doṣopakramaṇīyo dvividhopakramaṇīyaḥ
śodhanādigaṇasaṅgrahaḥ snehavidhiḥ svedavidhirvama-
navirecanavidhirbastividhirnasyavidhirdhūmavidhirganḍū-
ṣādividhi rāścotanāñjanavidhistarpaṇapuṭapākavidhirya-
10 ntravidhiḥ śastravidhiḥ śirāvyadhavidhiḥ śalyāharaṇavi-
dhiḥ śastrakarmavidhiḥ kṣārāgnikarmavidhiḥ | sūcanāts-
ūtram, sūcyate+anena sakalatantrārtha iti sūtrasthānam,
sakalasya tantrasya śiraḥsthānīyam | § 189

1.1.141 Āyurvedarasāyana

ityeṣa vyādhipratīkāraḥ sāmānyasaṃkṣepābhyāṃ vyā-
khyātaḥ, etāvānevārtho+asmin śāstre vyākhyeya iti jñāp-
anārtham | evaṃ hi jñāte śāstratātparyam jñāyate | śāstre
hi kecidarthā vidhīyante, kecidanūdyante, kecitprastuta-
5 sidhyartham aprastutā apyucyante | śāstratātparyajñāstu
vidheyādīnvivicya śāstrārtham sukhena gr̥hṇāti | adhyā-
yasaṅgraho+api sukhagrahaṇopāyaḥ | tenādhyāyasaṅgr-
ahaṃ vyākhyātum pratijānīte-tantrasyeti | ataḥparaṃ-
saṅgrahānantaram | ā0 ra0- adhyāyān saṅgr̥hṇāti-āyus̥kāmeti |
10 tatra āyus̥kāmadayastrīṃśadadhyāyāḥ, sūtrasthānam | § 190

1.1.142 Aṣṭāṅgahr̥dayasaṃhitā

śārīramucyate | |39| |

garbhāvakraṅtī tadvyāpadaṅgamarmavibhāgikam | |39| | § 192

1.1.143 Sarvāṅgasundarā

śārīram śārīrasthānamucyate | kiṃsthānamadhyāyasaṅgr-
ahaḥ | ke punaste ? tānāha | tatra garbhāvakraṅtīśārīram |
tasya vyāpat tadvyāpat , tasyeti garbhaparāmarśaḥ, ga-

rbhavyāpacchārīram | aṅgavibhāgaṃ śārīram | marmavi-
bhāgaṃ śārīram | vikṛtivijñānīyaṃ śārīram | dūtādivijñān-
īyaṃ śārīram | evamete ṣaḍadhyāyāḥ, śārīrasthānam | § 193

1.1.144 Āyurvedarasāyana

garbhāvakraṅtyādayaḥ ṣaṭ, śārīram | § 194

1.1.145 Aṣṭāṅgahr̥dayasamhitā

nidānaṃ sārvarogikam | | 40 | |
jvarāsr̥kśvāsayaḥkṣmādimadādyarśotisārīṇām | | 40 | |
mūtrāghātapramehāṇām vidradhyādyudarasya
ca | | 41 | |
pāṇḍukuṣṭhānilārtānām vātāsrasya ca
ṣoḍaśa | | 41 | | § 198

1.1.146 Sarvāṅgasundarā

sarvaroganidānam | jvaranidānam | raktapittakāsanidā-
nam | śvāsahikkānidānam | rājayaḥkṣmādinidānam | ma-
dātyayādinidānam | arśonidānam | atīsāragrahaṇīdoṣani-
dānam | mūtrāghātanidānam | pramehanidānam | vidra-
dhivṛddhigulmanidānam | udaranidānam | pāṇḍuśopha- 5
visarpanidānam | kuṣṭhaśvitakṛminidānam | vātavyādhi-
nidānam | vātāśoṇitanidānam | ityevaṃ ṣoḍaśādhyāyāḥ,
nidānasthānam | § 199

1.1.147 Āyurvedarasāyana

sarvaroganidānādayaḥ ṣoḍaśa, nidānam | § 200

1.1.148 Āyurvedarasāyana

jvaracikitsādayo dvāviṃśatīścikitsitam | § 201

1.1.149 Aṣṭāṅgahr̥dayasaṃhitā

cikitsitaṃ jvare rakte kāse śvāse ca yakṣmaṇi | | 42 | |
vamau madātyaye+arśaḥsu, viśi dvau, dvau ca
mūtrite | | 42 | |
vidradhau
gulmajaṭharapāṇḍuśophavisarpiṣu | | 43 | |
kuṣṭhaśvitrānilavyādhivātāsreṣu
cikitsitaṃ | | 43 | |
5 dvāvīṃśatirime+adhyāyāḥ-----
| | 44 | | § 206

1.1.150 Sarvāṅgasundarā

cikitsitasthānaṃ dvāvīṃśatiradhyāyāḥ | jvaracikitsitaṃ |
raktapittacikitsitaṃ | kāśacikitsitaṃ | śvāsahikkācikaṃ |
rājayakṣmacikitsitaṃ | chardihr̥drogaṭṭṣṇācikaṃ | ma-
dātyayacikitsitaṃ | arśācikaṃ | atīsāracaṃ | gr-
5 ahaṇīdoṣacikaṃ | mūtrāghācikaṃ | pramehac-
ikaṃ | vidradhivṛddhicikaṃ | gulmacikaṃ |
udaracikaṃ | pāṇḍurogacikaṃ | śvayathucikaṃ |
visarpacikaṃ | kuṣṭhacikaṃ | śvitrakṛmicikaṃ |
vātavyādhicikaṃ | vātaśoṇitacikaṃ | ime
10 dvāvīṃśatiradhyāyāścikaṃ | § 207

1.1.151 Aṣṭāṅgahr̥dayasaṃhitā

-----kalpasiddhirataḥ param | | 44 | |
kalpo vamervirekasya
tatsiddhirbastikalpanā | | 44 | |
siddhirbastyāpadāṃ ṣaṣṭho
dravyakalpaḥ | | 45 | | § 210

1.1.152 Sarvāṅgasundarā

ata ūrdhvaṃ kalpasthānaṃ | atra kalpe vamanakalpaḥ |
virecanakalpaḥ | vamanavirecanavyāpatsiddhiḥ | bastik-

alpaḥ | bastivyāpatsiddhiḥ | ṣaṣṭho bheṣajakalpaḥ | itye-
vaṃ ṣaḍadhyāyāḥ, kalpasiddhisthānam | § 211

1.1.153 Āyurvedarasāyana

vamanakalpādayaḥ ṣaṭ, kalpasthānam | § 212

1.1.154 Aṣṭāṅgahr̥dayasaṃhitā

----- ata uttaram | | 45 | |
bālopacāre tadvyādhou tadgrahe, dvau ca
bhūtage | | 45 | |
janmāde+atha smṛtibhramśe, dvau dvau
vartmasu sandhiṣu | | 46 | |
dṛktamoliṅganāśeṣu trayo, dvau dvau ca
sarvage | | 46 | |
karṇanāsāmukhaśirovraṇe, bhaṅge 5
bhagandare | | 47 | |
granthyādau kṣudrarogeṣu guhyaroge
pṛthagdvayam | | 47 | |
viṣe bhujāṅge kīṭeṣu mūṣakeṣu rasāyane | | 48 | |
catvāriṃśo+anapatyānāmadyāyo
bījapoṣaṇaḥ | | 48 | |
ityadhyāyaśataṃ viṃśaṃ ṣaḍbhiḥ
sthānairudīritam | | 1 | |
48 1/2 | | 1 | | 10
iti śrīvaidyapatisiṃhaguptasūnuvāgbhaṭaviraci-
tāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ sūtrasthāne
āyuskāmīyo nāma
prathamoadhyāyaḥ | | 1 | | § 223

1.1.155 Āyurvedarasāyana

bālopacaraṇīyādayaścatvāriṃśat, uttaram | ā0 ra0- iti ṣa-
ḍbhiḥ sthānairviṃśamadhyāyaśatamasmin śāstre uktam |
atrāyuskāmarogānutpādanadravādīśabdāḥ āyuskāmīya-
rogānutpādanīyadgavadgavyavijñānīyādisaṃjñānāṃ lakṣ-

akāḥ | dinartvīhādīśabdāḥ dinacaryartucaryādīsamjñānām
 vācakāḥ | śuddhyādayaḥ-śodhanādidravyagaṇāḥ | dṛksekāḥ-
 āścotanam | kṣārāgnikarmika eko+adhyāyaḥ | madādayo-
 madātyayādayaḥ | viśi-vidrogayoratīśāragrahaṇyoḥ | mūtrite-
 5 mūtrarogayoḥ mūtrakṛcchra (mūtrāghāta) pramehayoḥ |
 bhūtage-bhūtavijñānīyatatpratīṣedhayoḥ | vartmasu-vartmarogavijñānapratīṣed-
 sandhiṣu-sandhigatarogavijñānapratīṣedhayoḥ | dṛgādiṣu
 trayāḥ, na tu pratyekam | sarvagādiṣu ṣaṭsu pratyekam
 dvau, vijñānapratīṣedhabhedāt, vṛṇe tu vṛṇasadyovṛṇ-
 10 abhedāt | sarvage-sarvākṣiroge | bhaṅge-asthibhaṅge | gr-
 anthyādiprabhṛtiṣu triṣu pṛthak dvayaṃ, vijñānapratīṣe-
 dhabhedāt | anapatyānām bijapoṣaṇo-vājīkaraṇam | viṃś-
 aṃviṃśatyuttaram | ityadhyāyasaṅgrahaḥ | iti hemādriṭ-
 īkāyāmāyurvedarasāyane | adhyāya āyuṣkāmiyāḥ sāma-
 15 styena nirūpitaḥ | | 1 | | § 224

1.1.156 Sarvāṅgasundarā

ata uttaram, ato+asmātkalpasiddhisthānādūrdhvamuttaratantram |
 bālopacaraṇīyaḥ | bālāmayapratīṣedhaḥ | bālagrahapratī-
 ṣedhaḥ | bhūtavijñānīyaḥ | bhūtapratīṣedhaḥ | unmād-
 apratīṣedhaḥ | apasmārapratīṣedhaḥ | vartmarogavijñān-
 5 īyaḥ | vartmarogapratīṣedhaḥ | sandhisitāsitarogavijñān-
 īyaḥ | timirapratīṣedhaḥ | liṅganāśapratīṣedhaḥ | sarvā-
 kṣirogavijñānīyaḥ | sarvākṣirogapratīṣedhaḥ | karṇaroga-
 vijñānīyaḥ | karṇarogapratīṣedhaḥ | nāsārogavijñānīyaḥ |
 nāsārogapratīṣedhaḥ | mukharogavijñānīyaḥ | mukharog-
 10 apratīṣedhaḥ | śīrorogavijñānīyaḥ | śīrorogapratīṣedhaḥ |
 vṛṇavijñānīyapratīṣedhaḥ | sadyovṛṇapratīṣedhaḥ | bh-
 aṅgapratīṣedhaḥ | bhagandarapratīṣedhaḥ | granthyarbu-
 daślīpadādivijñānīyaḥ | granthyarbudādipratīṣedhaḥ | kṣ-
 udrarogavijñānīyaḥ | kṣudrarogapratīṣedhaḥ | guhyarog-
 15 gavijñānīyaḥ | guhyarogapratīṣedhaḥ | viṣapratīṣedhaḥ |
 sarvaviṣapratīṣedhaḥ | kīṭalūtādiviṣapratīṣedhaḥ | mūṣ-
 ikālarkaviṣapratīṣedhaḥ | rasāyanādhyāyaḥ | vājīkaraṇā-
 dhyāya iti | evamete catvāriṃśadadhyāyā uttaratantram |
 taditi bālasya parāmarśaḥ | dvau dvāviti vartmani dvau,
 20 sandhau dvau, yathāsamkhyena | traya iti dṛktamoliṅga-

nāseṣu pratyekamekaikaḥ | granthyādikṣudrarogaguhyarogeṣu pṛthagdvayaṃ pratyekaṃ dvau dvau | anapatyānāmaprajānāṃ puṃsāṃ catvāriṃśo+adhyāyo bījapoṣaṇaḥ śukravṛddhiheturiti | ityevamanena prakāreṇa, savimśamadyāyaśataṃ ṣaḍbhiḥ sthānaiḥ sūtraśārīranidānacikitsākalpasiddhyuttaratantrairudīritamiti bhadram | iti § 225
śrīmṛgāṅkadattaputraśrīmadaruṇadattaviracitāyāmaṣṭāṅgahṛdayatikāyāṃ sarvāṅgasundarākhyāyāṃ sūtrasthānā
āyuskāmīyo+adhyāyaḥ prathamah | | 1 | |

1.2 dinacaryādhyāyaḥ : 2

1.2.1 Aṣṭāṅgahṛdayasaṃhitā

athāto dinacaryādhyāyaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 228

1.2.2 Sarvāṅgasundarā

atheti sarveṣvadyāyeṣu maṅgalārthaḥ | tathā ata ityānantarye prastutābhisambandhe vā | athetyādiśabdānāṃ pūrvādhyāye varṇita evārthaḥ | māṅgaliko hyācāryaḥ pratyadyāyārambhe maṅgalārthamathaśabdaṃ prayuṅkte | dine dine caryā dinacaryā, dinasya vā caryā dinacaryā | caraṇaṃ caryā | ubhayalokahitamāhāravihāraceṣṭitamiti yāvat, pratidine yatkartavyam | dinacaryā yasminnadyāye+astīti pūrvavat chapratyayamutpādyā tallope prakṛtibhāvatvaṃ ca pratipādyā dinacaryeti niṣpādyate, tamadyāyaṃ vyākhyāsyāmaḥ | nanu, prastutādāyuskāmīyādadyāyādanantaram ko+asya sambandhaḥ ? | ucyate | yasmādāyuskāmeṇa puruṣeṇa yatpradhānamāyusyaṃ tadāsevyam prathamataḥ, tadanvanyāni yānyāyusyaṇi | ataḥ prathamam tāvadācārapradhānena bhavitavyam | yataḥ, "ācārādāyurlabhyate" ityācāryaḥ | yadyapyatra rātricarīyā+api vihitā, tathāpi prādhānyāddinacaryā asminnadyāye nirdiṣṭā | ato dinacaryādhyāyo+ayamucyate | § 229

1.2.3 Āyurvedarasāyana

dinacaryādhyāyaṃ vyākhyātum pratijānīte-athāta iti | ya-
taḥ pūrvādhyāye vyādhipratikāraḥ sāmānyasaṃkṣepā-
bhyāṃ vyākhyātaḥ | sa evedānīm viśeṣavistarābhyāṃ vy-
ākhyeyaḥ | sa ca hetvādikrameṇa | tatrādau bahuvaktavy-
5 atvādbahiraṅgo hetuḥ | sa dvedhā-vihāraḥ āhāraśca | vih-
āro dvedhā-niyatakālo+aniyatakālaśca | niyatakālo+advedhā-
dainandinaḥ ārtavaśca | tatra dainandino+asminnadhyāye |
ata evāyaṃ dinacaryākhyāḥ | sa ca prabodhādiḥ | § 230

1.2.4 Aṣṭāṅgahr̥dayasaṃhitā

asmim̐stantre āyuhpālanam prakṛtam | | 1 | |
tadvividham, svasthavṛttamāturavṛttam
ca | | 1 | |
brāhme muhūrta uttiṣṭhetsvastho
rakṣārthamāyusaḥ | | 1 | | § 233

1.2.5 Sarvāṅgasundarā

rātreścaturdaśo muhūrto brāhmo muhūrtaḥ, viśuvati
samarātrimdive kāle dvighaṭikopalakṣaṇaḥ | muhūrta-
sya ceha dvighaṭikopalakṣaṇārthatvātsarvasmin kāle rā-
treścaturghaṭikāvaśeṣe samutthānam kāryamiti sthitam |
5 (svastho-nīrogaḥ kalyaḥ | sa āyuso yathopacaritasya jīvit-
asya rakṣārtham brāhme muhūrta uttiṣṭhedabhyutthānam
kuryāt | muhūrto-nāḍikādvayam | brahma-jñānam, tadar-
rthamadhyayanādyapi brahma, tasya yogyo muhūrto brā-
hmaḥ, paścimayāmasya nāḍikādvayam |) tasmin brāhme
10 muhūrta uttiṣṭhet | kimbhūtaḥ ? svastho+anāturaḥ | (su-
śrute sū.a.15/48)- "samadoṣaḥ samāgniśca samadhātuma-
lakriyaḥ | prasannātmendriyamanāḥ svastha ityabhidhīy-
ate" iti svasthalakṣaṇam | kimarthamuttiṣṭhet ? rakṣārtha-
māyuso jīvitasya | tadā hyuttiṣṭhato vyādhyalakṣmyādya-
15 bhāva evāyuso rakṣā bhavati | ātureṇa dhātusāmyārtham
svaptavyameva | § 234

1.2.6 Āyurvedarasāyana

tatra prabodhaṃ vidhatte-brāhmo mūhūrta iti | rātrerup-
āntyo muhūrta brāhmaḥ | tatra uttiṣṭhet-prabudhyet | sva-
sthonīrogaḥ | rogiṇastvaniyamaḥ | § 235

1.2.7 Aṣṭāṅghṛdayasaṃhitā

śarīracintāṃ nirvartya kṛtaśaucavidhistataḥ | | 1 | |
arkanyagrodhakhadirakarañjakakubhādijam | | 2 | |
prātarbhuktṡvā ca mṛdvagram
kaṣāyakaṭutiktakam | | 2 | |
kanīnyagrasamasthaulyaṃ pragaṇam
dvādaśāṅgulam | | 3 | |
bhakṣayeddantapavanam
dantamāṃsānyabādhayan | | 3 | | § 240

5

1.2.8 Sarvāṅgasundarā

śarīrasya cintā śarīracintā- jīrṇājīrṇanirūpaṇādikā, tāṃ ni-
rvartya, tato mūtrapuriṣādeḥ kṛtaśaucavidhānaḥ, tato+anantaram
dantapavanamarkādikaṃ bhakṣayet | saṅgrahe+apyuktam
(sū.a.3)- "brāhme muhūrta uttiṣṭhejjīrṇājīrṇam nirūpa-
yan" ityādi | arkaḥ- sūryāhvaḥ | nyagrodho- yakṣāvāsaḥ | 5
khadiro- gāyatrī | karañjaściribilvaḥ | kakubho+arjunaḥ |
ādiśabdena mālatīkaravīrādiparigrahaḥ | kathaṃ bhakṣa-
yet ? dantānāṃ māṃsānyabādhayannapīdayan | prātaḥ-
pratyuṣasi, bhuktṡvā ca- āhāraṃ bhakṣayitṡvā ca | mṛdvagram-
kūrcitāgram | tathā kaṣāyakaṭutiktam, rasatrayeṇa hyan- 10
ena mukhavairasyārocakaśleṣmādyapanayāḥ samyak sa-
mpadyante | arkādyupādānādeva kaṣāyāditve labdhe, ka-
ṣāyādigrahaṇam saṅgrahādigrhitasya saṅgrahārthaṃ sp-
aṣṭārthaṃ ca | arkādigrahaṇamudāharaṇārthaṃ jñeyam |
atra saṃkṣepavivakṣayā na dantapavanasya gaṇasaṅgr- 15
ahaḥ | dvādaśādyāṅgulapramāṇatvaṃ śleṣmātakādyani-
ṣṭadantapavananiṣedhaśca tantrāntarokta (saṅgrahokta)
mapi nehoktam | suśrutenoktam (?) "ajagdhamanupa-

kliṣṭam ṣaḍaṣṭadvādaśāṅgulam | pradeśanīmukhasamaṃ
mṛdu syāddantadhāvanam | kūrцитāgram" ityādi | § 241

1.2.9 Sarvāṅgasundarā

śaucam vidhatte-śarīracintāmiti | tataḥ-prabodhānantaram |
kṛtaśaicaividhirbhavet-smṛtyuktavidhinā malotsargādyāc-
amanaparyantaṃ kuryāt | kiṃ kṛtvā śarīracintāṃ nirvartya-
niṣpādyā | kīdṛśam me śarīram, kiñca mayā asya hita-
5 manuṣṭhitam, kiṃvā adyānuṣṭheyamityādi vimarśaḥ śa-
rīracintā | vakṣyati hi (sū. a. 2/47)- "naktaṃdināni me
yānti kathambhūtasya samprati | duḥkhabhāṅga bhava-
tyevaṃ nityaṃ sannihitaḥ smṛtiḥ | | " dharmasāstre+api-
"brāhmo muhūrta utthāya cintayedātmano hitam" iti | tadā
10 hi kṛto vimarśo yathārtho bhavati, manasaḥ prasanna-
tvāt | dantadhāvanam vidhatte-arketi | prātarbhuktvā ceti
dvikālam dantapavanam bhakṣayet | dantāḥ pūyante śo-
dhyante+aneneti dantapavanam-dantakāṣṭham | taccārka-
dijam | kakubho+arjunaḥ | ādiśabdādasanādayaḥ | tacca
15 mūlam | uktaṃ hi saṅgrahe (sū. a. 3)- "vaṭāsanārkakh-
adirakarañjavaravīrajam | sarjārimeḍāpāmārgamālatīkak-
ubhodbhavam | | kaṣāyatiktakaṭukam mūlamanyadapīd-
rśam | vijñātavrīkṣam kṣuṇṇāgramṛjvagranti subhūmi-
jam | | " iti | kanīnyagrasamasthyaulyaṃ-kanīṣṭhikāṅgulyagrabhāgavatsthūlam |
20 praguṇamṛju | kaṣāyādirasamarkādibhyo+anyadapi grā-
hyam, arkādyanabhivyaktakaṣāyādirasamapi grāhyām-
ityubhayorgrahaṇam | bhakṣaṇena bhakṣaṇapūrvakam
dantagharṣaṇam lakṣyate, dantamāṃsabādhananiṣedhā-
nyathānupapatteḥ | na hi bhakṣaṇamātreṇa dantamāṃs-
25 ānām pīḍā | uktaṃ ca saṅgrahe (sū. a. 3)- "prātarbhu-
ktvā ca yatavāgbhakṣayeddantadhāvanam | vāpyatriva-
rgatritayakṣaudrāktena ca gharṣayet | vāpyam-kuṣṭham |
trivargatritayam-triphalā, trikaṭukam, trijātakam ca | śa-
aistena tato dantān dantamāṃsānyabādhayan" iti | gharṣ-
30 aṇam cādhodantapurvakam | uktaṃ hi saṅgrahe (sū. a. 3)-
"dantān pūrvamadho gharṣetprātaḥ siñcecca locane | toy-
apūrṇamukho grīṣmaśaradoḥ śītavāriṇā" iti | ṛtvantare ko-
ṣṇavāriṇetyarthaḥ | § 242

1.2.10 Āyurvedarasāyana

rogaviśeṣe dantadhāvanam niṣedhati-nādyāditi | ajīrṇād-
irogī, taddantapavanam, nādyānna bhakṣayet | arditame-
kāyāmaḥ | saṅgrahe tu (sū. a. 3)- "naiva śleṣmātakāriṣṭa-
bibhītadhavadhanvajān | bilvababbūlanirguṇḍīśigrutind-
ukatilvakān | | kovidāraśamīpīlupippaleṅgudaguggulūn | 5
pāribhadrakamamlīkāmocakyau śālmalīm śaṇam | | svā-
dvamlalavaṇam śuṣkam suṣiram pūti picchilam | pālāśa-
māsanam dantadhāvanam pādūke tyajet | |" iti | § 243

1.2.11 Aṣṭāṅgahrdayasaṃhitā

nādyādajīrṇavamathuśvāsakāśajvarārditī | |4| |
trṣṇāsyapākahrṇnetraśiraḥkarṇāmayī ca
tat | |4| | § 245

1.2.12 Sarvāṅgasundarā

ajīrṇādīnām dvandvaḥ | etāni vidyante yasyeti 'ata inīṭha-
nau' iti inīḥ | evaṃ trṣṇāsyetyādau dvandvādiniśca | tadd-
antapavanamajīrṇī na bhakṣayet | evaṃ vamathvādīnām
karṇāmayyantānām sambandho yojyaḥ | § 246

1.2.13 Aṣṭāṅgahrdayasaṃhitā

sauvīramañjanam nityam hitamakṣṇostato
bhajet | |5| | § 247

1.2.14 Sarvāṅgasundarā

tato-dantapavanabhakṣaṇānantaram, sauvīrākhyamañja-
nam bhajet | kasmāt ? yato hitamakṣṇoḥ | § 248

1.2.15 Āyurvedarasāyana

añjanam̐ vidhatte-sauvīramiti | tato-dantadhāvanāntaram̐,
sauvīrākhyamañjanam̐ bhajet | yasmādakṣṇornetrayoḥ nityam̐-
sarvadā, hitam̐-pathyam̐ | asya ca mṛducūrṇāñjanatvātti-
sraḥ śalākā mānam̐ | saṅgrahe tu phalamuktam̐ (sū. a. 3)-
5 "locane tena bhavato manojñe sūkṣmadarśane | vyaktatr-
ivarṇe vimale susnigdaghanapakṣmaṇī | |" iti | suśruta-
stu (ci. a. 24/18) srotoñjanamāha-"matam̐ srotoñjanam̐ śr-
eṣṭham̐ viśuddham̐ sindhusambhavam̐ | dāhakaṇḍūmala-
ghnam̐ ca dr̥ṣṭeḥ kledarujāpaham̐ | |" iti | ubhayoḥ prāmā-
10 ṇyādvikalpaḥ | § 249

1.2.16 Aṣṭāṅgahr̥dayasam̐hitā

cakṣustejomayam̐ tasya viśeṣāt śleṣmato bhayam̐ | | 5 | |
yojayetsaptarātre+asmātsrāvaṇārtham̐
rasañjanam̐ | | 6 | | § 251

1.2.17 Sarvāṅgasundarā

asmātkāraṇāt, srāvaṇārtham̐ saptarātre sati, rasañjanam̐
dārvīkvāthasamudbhavākhyam̐, yojayet | yasmāccakṣu-
stejomayamāgneyam̐ | yadyapi pañcamahābhūtātmakam̐
sarvamapi, tathāpi bāhulyena vyapadeśāttejomayamucy-
5 ate | ata eva tadrūpāṇyālocayati | tathā ca loke kaścidāha-
"narapatireti" iti | na cāsau narāṇāmeva patiḥ kintarhi nā-
rīṇāmapīti | tasya hi cakṣuṣo vātapittābhyāmapi bhayam-
asti, viśeṣeṇa tu kaphādbhayam̐, tato rasañjanam̐ yojayet |
§ 252

1.2.18 Sarvāṅgasundarā

sauvīrāpavādena rasañjanam̐ vidhatte-cakṣuriti | saptarā-
tre rasañjanam̐ yojayet | antarārthe saptamī, saptarātram-
antaram̐ kṛtvetyarthaḥ | kimartham̐ ? srāvaṇārtham̐,- śl-
eṣmanibarhaṇārtham̐ | yasmāccakṣustejomayam̐, tatasta-
5 sya śleṣmataḥ-kaphājjalātmakāt, viśeṣādbhayam̐ | vātapi-

ttayostu viśeṣabhayābhāvānityāñjanena ca prasādanen-
opaśamāt pṛthak pratīkārābhāvaḥ | asya ca tīkṣṇapiṇḍ-
āñjanatvāddhareṇumātratvam | piṇḍatvaṃ ca dārvīkkā-
thajātāt | uktam hi-"dārvīkkāthamajākṣīrapādaṃ paktvā 5
yadā ghanam | tadā rasāñjanākhyam tannetrayośca pray-
ojayet | " iti | nanu "pañcasaptāṣṭarātre vā srāvañārtham
rasāñjanam | " iti (sū. a. 5/12) carakavacanam | iha tu sapt-
arātra iti virodhaḥ | maivam | pañcasaptāṣṭarātrāṇām ba-
humadhyālpakaphaviṣayatvāt | nanu "niśāyām tu dhru-
vamañjanamiṣyate" iti (sū. a. 5/14) carakeñāñjanasya rā- 10
triḥ kāla uktaḥ | iha tu dantadhāvanāntaramiti virodhaḥ |
maivam | carakavākyasya hyayamarthaḥ | yadā nityāñja-
naṃ bādhitvā pūrvāhṇe rasāñjanam prayujyate tadā dhr-
uvaṃ nityasevyamañjanam niśāyāmiṣyate, anyadā tu prā-
tarevetyavirodhaḥ | tathā ca manuḥ (a. 4/152)- "maitram 15
prasādhanam snānam dantadhāvanamañjanam | pūrvā-
hṇa eva kurvīta devatānām ca pūjanam | " iti | maitram-
sūryārādhanam | § 253

1.2.19 Aṣṭāṅgahrdayasaṃhitā

tato nāvanagaṇḍūṣadhūmatāmbūlabhāgbhavet | | 6 | | § 254

1.2.20 Sarvāṅgasundarā

nāvanādīnām guṇāḥ nasyādividhiṣu vakṣyamāṇā vidhā-
naṃ ca | tāmbūlasya tu vaiśadyāruciharatvasaugandhyād-
iguṇāḥ prasiddhā eva | nāvanādīnām tāmbūlāntānām dv-
andvaḥ | tato+añjanādanantaram, nāvanagaṇḍūṣadhūma-
tāmbūlāni bhajate yaḥ sa evaṃvidho bhavet | 'bhajo ṇviḥ' 5
iti ṇviḥ | § 255

1.2.21 Āyurvedarasāyana

nasyādīn vidhatte-tata iti | tato+añjanādanantaram, kra-
meṇa nāvanādīn bhajet | uktam hi saṅgrahe (sū. a. 3)-
"aṇutailam tato nasyam tato gaṇḍūṣadhāraṇam | ghan-

onnatapasannatvaks kandhagrīvā+a+asyavakṣasaḥ | | su-
gandhivadanāḥ snigdhanisvanā vimalendriyāḥ | nirvalī-
palitavyaṅgā bhavyurnasyaśīlinah" iti | gaṇḍūṣaśca sn-
ehakaṣāyoṣṇodakaiḥ kramāt kāryaḥ | uktaṃ hi saṅgr-
5 ahe (sū. a. 3)- "oṣṭhasphuṭanapāruṣyamukhaśoṣadvijā-
mayāḥ | na syuḥ svaropaghātāśca snehagaṇḍūśadhāra-
ṇāt | | khadirakṣīravṛkṣārīmedāmbukavalagrahaḥ | aroc-
akāsyavairasyamalaputiprasekajit | | sukhoṣṇodakagaṇḍ-
ūṣairjāyate vaktralāghavam | prāyogikaṃ tato dhūmaṃ
10 gandhamālyādi cācaret | dhūmapasyordhvajatrūtthā na
syurvātakaphāmāyāḥ | añjanotkleśitaṃ nasyaiḥ kavalai-
rnāvaneritam | dhūmena kavalotkliṣṭaṃ kramādvātaka-
pham̐ jayet" iti | tāmbūlam̐ tu jātiphalādiyuktam | uktaṃ
hi saṅgrahe (sū. a. 3)- "rucivaiśadyasaugandhyamiccha-
15 nvaktreṇa dhārayet | jātilavaṅgakarpuṛakaṅkolakaṭukaiḥ
saha | | kaṭukaṃ-latākastūrikāphalam | tāmbūlinām̐ kisa-
layam̐ hr̥dyam̐ pūgaphalānvitam" iti | § 256

1.2.22 Aṣṭāṅgahr̥dayasam̐hitā

tāmbūlam̐ kṣatapittāsrarūkṣotkupitacakṣuṣām | | 7 | |
viṣamūrcchāmadārtānām̐ pathyam̐
śoṣiṇām̐ | | 7 | | § 258

1.2.23 Sarvāṅgasundarā

kṣataṃ vidyate yeṣām̐ te kṣatāḥ | arśa āditvādac | evam̐ pi-
ttāsrā rūkṣāśca | utkupitamabhiṣyannaṃ cakṣurekam̐ dve
vā yeṣām̐ ta evam̐ | kṣatāśca pittāsrāśca rūkṣāścotkup-
itacakṣuṣaśca, teṣāmapathyamahitam | tathā viṣārtānām̐
5 mūrcchārtānām̐ madārtānām̐ śoṣiṇām̐ ca, ityapiśabdasyā-
rthaḥ | śoṣiṇo- rājayakṣmiṇaḥ | § 259

1.2.24 Āyurvedarasāyana

kṣatādau tāmbūlam̐ niṣedhati-tāmbūlam̐ iti | kṣataṃkṣ-
atakāsaḥ | pittāsrām̐-raktapittam | rūkṣo-niḥsnehāṅgaḥ |

utkupitacakṣuḥ-abhiṣyandākhyo+akṣirogaḥ | śoṣo-mukhaśoṣo
rājayakṣmā ca | uktaṃ hi suśrute (ci. a. 24/24)-"raktapittakṣataḥkṣīnatṛṣṇān
rūkṣadurbalamattānām na hitaṃ mukhaśoṣiṇām | |" iti |
tāmbūlaṃ suptotthitādau tu pathyam | uktaṃ hi saṅgrahe
(sū. a. 3)-"pathyam suptotthite bhukte snāte vānte ca mā- 5
nave | dvīpatramekaṃ pūgaṃ ca sacūrṇakhadiraṃ ca tat"
iti | § 260

1.2.25 Aṣṭāṅgahrdayasaṃhitā

abhyaṅgamācarennityaṃ, sa jarāśramavātahā | | 8 | |
drṣṭiprasādapuṣṭyāyuhṣvapnasutvaktvadārḍhyakṛt | | 8 | | § 262

1.2.26 Sarvāṅgasundarā

abhyaṅgaṃ nityaṃ satatamācaret | nityagrahaṇaṃ copal-
akṣaṇārtham | ekadvitridināntaramapi yathoditamācarato
na doṣaḥ | so+abhyaṅgaḥ, ācaryamāṇo jarā ca śramaśca vā-
taśca tān hantīti kvip | tathā drṣṭītyādi | drṣṭeḥ prasādo- 5
vaimalyaṃ drṣṭiprasādaḥ | śobhanā cāsau tvak ca sutvak,
tasyā bhāvaḥ sutvaktvam | drḍhasya bhāvo dārḍhyam |
"varṇadrḍhādibhyaḥ śyañca" iti śyañ | drṣṭiprasādādīnām
dvandvaḥ | tāni karoti yo+abhyaṅgaḥ, sa evam | § 263

1.2.27 Āyurvedarasāyana

abhyaṅgaṃ vidhatte-abhyaṅgamiti | sa cotpannāyām kṣu-
dhi vidheyah | tadā hi śuddhasrotastayā romakūpaiḥ sn-
eho dehaṃ vyāpnoti, taṃ coṣmā pacati | uktaṃ ca saṅgr-
ahe (sū. a. 3)- "atha jātānnapāneccho mārutaghnaḥ sug-
andhibhiḥ | yathartusaṃsparśasukhaistailairabhyaṅgam- 5
ācaret | |" iti | abhyaṅgaphalamāha- sa iti | so+abhyaṅgaḥ
, jarādīn hanti, drṣṭiprasādādīṃśca karoti | sutvaktvam-
nirmalanirvalīkatvam tvacaḥ | saṅgrahe tu (sū.a. 3)- "ra-
thākṣacarmaghaṭavadbhavantyabhyaṅgato guṇaḥ | sparś-
ane+abhyadhiko vāyuh sparśanaṃ ca tvagāśritam | | tva- 10
cyaśca paramabhyaṅgo yasmāttam śīlayedataḥ " | iti | § 264

1.2.28 Aṣṭāṅgahr̥dayasaṃhitā

śiraḥśravaṇapādeṣu taṃ viśeṣeṇa śīlayet | | 9 | | § 265

1.2.29 Sarvāṅgasundarā

abhyaṅgābhyāsaṃ vidhatte-śira iti | tamabhyaṅgaṃ, śīlay-
edabhyaset sarveṣvaṅgeṣu, viśeṣānmūrdhakarṇāṅghriṣu |
ekasminneva prayoge punaḥ punaḥ yojanamabhyāsaḥ |
pratyahaṃ prayogābhyāstastu nityamityanenaivoktaḥ | sa-
5 ṅgrahe (sū. a. 3) tu-"sa keśyaḥ śīlito mūrdhni kapālendriy-
atarpaṇaḥ | hanumanyāśiraḥkarṇaśūlaghnaṃ karṇapūra-
ṇam | | pādābhyaṅgastu tatsthairyanidrādaṣṭiprasādak-
ṛtu | pādasuptiśramastambhasaṅkocaspḥaṇapraṇut | | "
iti | § 266

1.2.30 Sarvāṅgasundarā

tamabhyaṅgaṃ, śiraḥśravaṇapādeṣu, viśeṣeṇātīśayena, śī-
layedabhyaset, iti vacanāccāvaśyaṃ na tathā sarvaśar-
īre+abhyaṅgaḥ kāryaḥ, yathaitēṣu śiraḥśravaṇapādeṣu |
atra ca pūrvavadekatvābhāvaḥ | § 267

1.2.31 Āyurvedarasāyana

abhyaṅgaṃ kaphagrastādaṃ niśedhati-varjya iti | kaphagrastāḥ-
ativṛddhaśleṣmā, kṛtasamśuddhiḥ-kṛtavamanavirekaḥ, aj-
īrṇī ca, abhyaṅgaṃ varjayet | kṛtasamśuddhestadahareva
niśiddhaḥ | uktaṃ hi suśrute (ci. a. 24/36)- "taruṇajvaryā-
5 jīrṇī ca nābhyaktavyaḥ kathaṅcana | tathā vānto viriktaśca
nirūdhho yaśca mānavaḥ | | pūrvayoḥ kṛcchratā vyādhyor-
asādhyatvamathāpi vā | | śeṣāṅgāṃ tadahaḥ proktā agnisā-
dādayo gadāḥ | | " iti | § 268

1.2.32 Aṣṭāṅgahr̥dayasaṃhitā

varjyo+abhyaṅgaḥ kaphagrastakṛtasamśuddhyajīrṇi-
bhiḥ | | 9 | | § 269

1.2.33 Sarvāṅgasundarā

abhyaṅgo varjyo- varjanīyaḥ | kaphagrastena kṛtasamśu-
ddhinā ajīrṇinā ca | grastagrahaṇamatisāyapratipādanā-
rtham | § 270

1.2.34 Aṣṭāṅgahr̥dayasaṃhitā

lāghavaṃ karmasāmarthyam dīpto+agnirmedasaḥ
kṣayaḥ | | 10 | |
vibhaktaghanagātratvaṃ
vyāyāmādupajāyate | | 10 | | § 272

1.2.35 Sarvāṅgasundarā

śarīrāyāsajananaṃ karma vyāyāma ucyaṭe | tasmātpañc-
aguṇāḥ lāghavādayo niṣpadyante | vibhaktāni-vibhāgena
sthitāni, ghanāni- dṛḍhāni, gātrāṇi yasya sa vibhaktaghan-
agātraḥ, tasya bhāvastattvamiti | § 273

1.2.36 Āyurvedarasāyana

iṣṭasādhanatvakathanadvārā vyāyāmaṃ vidhatte-lāghavamiti |
vyāyāmāt lāghavādyupajāyate | tasmāttam kuryāditya-
rthasiddham | vibhaktaghanagātratvaṃ-susanniviṣṭanibiḍāvayavatvam |
āyāsamātraphalaṃ śarīraṃ karma vyāyāmaḥ | uktam hi
saṅgrahe (sū. a. 3)- "śarīrāyāsajanakaṃ karma vyāyāma 5
ucyaṭe" iti | tacca niyuddhādi | taccābhyaktagātraḥ kriya-
ate, ityabhyaṅgānantaramuktam | vakṣyati hi (sū. a. 3/10)-
"vātaghnatailairabhyaṅgaṃ mūrdhatailaṃ vimardanam |
niyuddham kuśalaiḥ sārḍham pādāghātaṃ ca yuktitāḥ"
iti | § 274

10

1.2.37 Aṣṭāṅgahr̥dayasaṃhitā

vātapittāmayī bālo vṛddho+ajīrṇo ca tam tyajet | | 11 | | § 275

1.2.38 Sarvāṅgasundarā

vātapittāmayī, bālaḥ- āṣoḍaśādvarṣāt, vṛddhaḥ- saptaterū-
rdhvam, ajīrṇī ca, taṃ jahyāt | § 276

1.2.39 Āyurvedarasāyana

vātarogādu vyāyāmaṃ niṣedhati-vātapittāmayīti | taṃ-
vyāyāmaṃ | § 277

1.2.40 Aṣṭāṅgahr̥dayasaṃhitā

ardhaśaktyā niṣevyastu balibhiḥ snigdhabhojibhiḥ | | 11 | |
śītakāle vasante ca, mandameva
tato+anyadā | | 12 | | § 279

1.2.41 Sarvāṅgasundarā

turavadhāraṇe | balavadbhiḥ puruṣaiḥ snigdhabhojibhira-
rdhaśaktyaiva niṣevyo vyāyāmaḥ | prāk śramādvāyāma-
arjanaṃ kāryamityarthaḥ | kadāsau vidhātavyaḥ ? ityāha-
śītakāla iti | hemante śīśire vasante ca sevyāḥ | śītartuvas-
5 antābhyāmanyadā mandameva sevyāḥ | mandamiti kriyā-
viśeṣaṇam | kriyāviśeṣaṇānāṃ ca karmatvamekatvaṃ na-
pūṃsakatvaṃ ca vaktavyamiti | § 280

1.2.42 Āyurvedarasāyana

vyāyāmamātrāmāha-ardhaśaktyeti | ardhaśaktyā vyāyāmo
niṣevyaḥ | kiṃ sarvaiḥ ? netyāha-balibhiriti | balibhiḥ
snigdhabhojibhiriti militaṃ viśeṣaṇam | kiṃ sarvadā ?
netyāha-śītakāla iti | śītakāle-hemantaśīśirayoḥ | anyadā tu
5 tato+ardhaśaktermandamalpamātraṃ niṣevyaḥ | anyade-
tyanyasyāstavasthāyāṃ anyasmimśca ṛtau | anyāvasthā-
balitvasnigdhabhojitvaviparyayaḥ | anyartuḥ- grīṣmāditr-
ayam | eva śabdena mandatvaviṣaye ardhaśakterna pr-
aveśaḥ, ardhaśaktivīṣaye tu mandatvapraveśo+astīti dyo-
10 tyate | ardhaśakti-lakṣaṇam suśrutenoktam (ci. a. 24/43)-

"ḥṛdi sthānasthito vāyuryadā vakraṃ prapadyate | vyāy-
āmaṃ kurvato jantostadvalārdhasya lakṣaṇam " iti | § 281

1.2.43 Aṣṭāṅgahṛdayasaṃhitā

taṃ kṛtvā+anusukhaṃ dehaṃ mardayecca
samantataḥ | | 12 | | § 282

1.2.44 Sarvāṅgasundarā

taṃ- vyāyāmaṃ, kṛtvā, anusukhaṃ- yathā śarīre bādḥā na
syāttathā, dehaṃ mardayet | samantataḥ- paritaḥ | § 283

1.2.45 Āyurvedarasāyana

mardanaṃ vidhatte-taṃ kṛtveti | anusukhaṃ-sukhānatikrameṇa |
samantataḥ-sarvāṅgeṣu | ativyāyāmadoṣakathanātpūrvam
mardanaṣidhānaṃ mardanasya vyāyāmāṅgatvakhyāpan-
ārtham | aṅgatvaṃ cuktameva, taṃ kṛtveti | ata evoktaṃ
suśrutavyākhyāyāṃ jajjateṇa-"mardanamapi vyāyāmānt- 5
aḥpātyeva" iti | tacca viśeṣātpadbhyām | uktaṃ hi suśru-
tena (ci. a. 24/43)- "vyāyāmasvinnagātrasya padbhyāmu-
dvertitasya ca | | vyādhayo nopasarpanti siṃhaṃ kṣudra-
mṛgā iva | |" iti | § 284

1.2.46 Aṣṭāṅgahṛdayasaṃhitā

trṣṇā kṣayaḥ pratamako raktapittaṃ śramaḥ
klamaḥ | | 13 | |
ativyāyāmataḥ kāso jvaraśśardiśca
jāyate | | 13 | | § 286

1.2.47 Sarvāṅgasundarā

ativyāyāmāttrṣṇādayo bhavanti | trṣṇeti pṛthak padam |
(tena trṣṇādīnāṃ padānāmakṛtasamāsānāṃ nirdeśo doṣ-

adeṣādyanurodhenaikasya dvayostricaturāṇām bahutarā-
nām sarveṣāṃ cāti vyāyāmaprāpattvadyotanārthaḥ |) ati-
vyāyāmaprasaṅgenātijāgarādīnāmapi vyāpado darśayati-
§ 287

1.2.48 Āyurvedarasāyana

vyāyāmapramāṇātikrame doṣamāha-tr̥ṣṇeti | kṣayo-rājayakṣmā |
pratamakāḥ-tamakaśvāsabhedāḥ | śramaḥ-karmendriyāṇām
svavyāpārākṣamatvam, klamo-buddhīndriyāṇām | § 288

1.2.49 Aṣṭāṅgahr̥dayasaṃhitā

vyāyāmajāgarādhvastrīhāsyabhāṣyādi sāhasam | | 14 | |
gajaṃ siṃha ivākarṣaṇa bhajannati
vinaśyati | | 14 | | § 290

1.2.50 Sarvāṅgasundarā

vyāyāmādīnām bhāṣyāntānām dvandvaḥ | tānyādirya-
sya sāhasasya dhanurākarṣaṇādestadevam | ayathābala-
mārambhaḥ sāhasam, tadbhajansevamāno vinaśyati | ka
iva ? siṃha iva, siṃho vikramavānapyatibalaṃ gajap-
5 atīṃ mahāvarṣmāṇamākarṣaṇnākrāman yathā vinaśyati,
tathā+ayathābalaṃmārabdhena vyāyāmādīnā nara māryata
iti | § 291

1.2.51 Āyurvedarasāyana

vyāyāmaprasaṅgājāgarādīnām yathoktapramāṇātikrame
doṣamāha-vyāyāmeti | gajamākarṣaṇa siṃha iva | yataḥsā-
hasataḥ | ayathābalaṃmārambhaḥ sāhasam | na hi vyāyām-
ādyatibhajanaparyāptaṃ puṃsāṃ balamasti | adhvastrīś-
5 abdābhyāṃ gamanasambhogo lakṣyete | ādiśabdena dha-
nurākarṣaṇādi | § 292

1.2.52 Aṣṭāṅgahr̥dayasaṃhitā

udvartanaṃ kaphaharaṃ medasaḥ pravilāyanam | | 15 | |
sthirikaraṇamaṅgānām tvakprasādakaraṃ
param | | 15 | | § 294

1.2.53 Sarvāṅgasundarā

udvartanasya kaphaharādayaścatvāro guṇāḥ | § 295

1.2.54 Āyurvedarasāyana

iṣṭasādhanatvakathanadvārodvartanaṃ vidhatte-udvartanamiti |
udvartanaṃ kaphaharaṇādiguṇam | ataḥ kuryādityartha-
siddham | pravilāyanam-dravīkaraṇam | dravīkṛtya med-
asaḥ śoṣaṇamityarthaḥ | udvartanaṃ-kaṣāyādicūrṇairgātroddharṣaṇam |
§ 296

5

1.2.55 Aṣṭāṅgahr̥dayasaṃhitā

dīpanaṃ vṛṣyamāyūṣyaṃ
snānamūrjābalapradam | | 16 | |
kaṇḍūmalaśramasvedatandrātr̥ḍdāhapāpmajit | | 16 | | § 298

1.2.56 Sarvāṅgasundarā

snānaṃ dīpanaṃ vṛṣyamāyūṣyaṃ ca bhavati | ūrjā- uts-
āhaḥ, balaṃ- prāṇaḥ, ete pradadāti- karoti yattadevam |
kaṇḍvityādi | kaṇḍvādīnām dvandvaḥ | etān jayati | sn-
ānasya prabhāvādāyūṣyatvavṛṣyatvadīpanatvāni bodda-
vyāni | athavā snānena praharṣo bhavati, praharṣaṇatvā- 5
cca vṛṣyatvam | tathā ca vakṣyati (u.a.40/35)- "yatkiñci-
nmadhuraṃ snigdhaṃ bṛmhaṇaṃ balavardhanam | ma-
naso harṣaṇaṃ yacca tatsarvaṃ vṛṣyamucyate" iti | ta-
thā, snānaṃ jāṭharāgnerbahirṅirgatāni romakūpāsritānya- 10
rcīmṣi ruddhvā+antarnayati, tataścāgneḥ prabalatvaṃ ku-
rvad dīpanaṃ sampadyate | yathā- śītakāle śītānilaspa-

r̥sasam̐ruddhasya jātharāgneḥ prabalatvam | bālādityastu
vyācakṣiṣṭa "snānena bhr̥jakākhyam̐ tvagāśritam̐ pitta-
mantah̐ praviśadūsmāṇam̐ sam̐vardhayati, tena taddīp-
anam̐" | ata eva pariṣeke jalamuṣṇamiṣyate | yasmācchī-
5 tam̐ nirvāpayati tejo na dehasyāntah̐ praveśayati | śītakāle
tu yacchītānilasparśasam̐ruddhasyāgneḥ prabalatvam̐ ta-
tkāla evam̐ tasmin, kālasvābhāvāditi boddhavyam̐ | tathā
cānyartau śīte sati mandāgnitvameva dṛśyate | yathā- va-
rṣāsu | agnimāndyādevātra hi vahnisandhukṣaṇam̐ bhoja-
10 nam̐ samupadiṣṭam̐ | tathā ca muniḥ (ca.sū.a.6/36)- "vya-
ktāmlalavaṇasneham̐ vātavarṣākule+ahani | viśeṣāśīte bh-
oktavayam̐ varṣāsvanilaśāntaye" iti | § 299

1.2.57 Sarvāṅgasundarā

iṣṭasādhanatvakathanadvārā snānam̐ vidhatte-dīpanamiti |
snānam̐ dīpanatvādiguṇam̐ | atah̐ kuryādityarthasiddham̐ |
dīpanam̐ prabhāvāt | kecidatra yuktimāhuḥ-"bāhyo+āṅgasekaiḥ
5 śītādyairūsmā+antaryāti pīditah̐ | narasya snātamātrasya
dīpyate tena pāvakaḥ | |" iti | vṛṣyam̐-vṛṣāya strīprasaṅg-
ine hitam̐, śukravardhanamityarthah̐ | ūrjotsāhah̐ | mala-
stvagupalepah̐ | manaḥkarmendriyavyāpāre sati buddhī-
ndriyoparamastandrā | dahyamānavat duḥkham̐ dāhah̐ |
pāpmā-pāpam̐ | § 300

1.2.58 Aṣṭāṅgahr̥dayasam̐hitā

uṣṇāmbunā+adhaḥkāyasya pariṣeko balāvahah̐ | | 17 | |
tenaiva tūttamāṅgasya
balahr̥tkeśacakṣuṣām̐ | | 17 | | § 302

1.2.59 Sarvāṅgasundarā

uṣṇāmbunā adhaḥkāyasya pariṣeko balāvahah̐- prāṇakṛt |
tenaivoṣṇodakenaiva, uttamāṅgasya- śirasah̐, pariṣeko vi-
dhīyamānaḥ keśacakṣuṣām̐ balahr̥t | prāṇyaṅgānām̐ sam-
āhāra eva dvandva ityasya prāyikatvātkeśacakṣuṣāmityu-
5 papannameva | § 303

1.2.60 Āyurvedarasāyana

uṣṇāśītabhedabhinnasya snānasya viṣayamāha-uṣṇāmbuneti |
uṣṇāmbunā yaḥ pariṣekaḥ, so+adhaḥkāyasya balāvahaḥ |
sa evottamāṅgasyordhvakāyasya keśānāṃ cakṣuṣośca ba-
lahṛt | tasmātkeśacakṣurbalārthibhiḥ śītena vāriṇā snāta-
vyam, itarairuṣṇena, ityarthasiddham | na tvekasmin sn- 5
āne śītoṣṇayoḥ prayogaḥ, kriyāsaṅkaradoṣāpatte | saṅgr-
ahe (sū. a. 3) tu-"nānāplutya śīraḥ snāyāna jale+alpe na
śītale |" iti | § 304

1.2.61 Sarvāṅgasundarā

netre cāsyam ca karṇau ca tatra rogāḥ | arditam ca ne-
trāsyakarṇarogāścātisāraśca te vidyante yeṣāṃ ta evam |
teṣu garhitamahitam | evaṃ śeṣeṣu yojyam | ādhmānādī-
nāṃ dvandvastato matup | tena ādhmānavatsu garhitam-
iti yojyam | evaṃ śeṣeṣvapi | § 305 5

1.2.62 Aṣṭāṅgahrdayasaṃhitā

snānamarditanetrāsyakarṇarogātisāriṣu | | 18 | |
ādhmānapīnasājīrṇabhuktavatsu ca
garhitam | | 18 | | § 307

1.2.63 Āyurvedarasāyana

arditādausnānaṃ niṣedhati-snānamiti | arditah-ekāyāmaḥ |
ādhmānamudarāpūraṇam | bhuktavān-kṛtabhojanaḥ | garhitam-
niṣiddham | § 308

1.2.64 Aṣṭāṅgahrdayasaṃhitā

jīrṇo hitam mitam cādyāna vegānīrayedbalāt | | 19 | |
na vegito+anyakāryaḥ syānnājitvā
sādhyamāmayam | | 19 | | § 310

1.2.65 Sarvāṅgasundarā

jīrṇe- samyakpariṇate pūrva āhāre, adyāt- bhuñjīta | kim-
adyāt ? hitam- pathyam | mitam- mātrayā yuktam | pathy-
amapi hyatimātram hīnamātram vā bhuktaṃ doṣāya syāt,
5 ndhino vegānanunmukhībhūtān balānnairayenna prava-
rtayet | na vegita ityādi | sañjātavātaviṇmūtravegastama-
kṛtvā nānyakāryaḥ syāt | nānyatkāryaṃ kuryādityarthaḥ |
nājitvetyādi | sādhayitum śakyaḥ sādhyāḥ, taṃ rogama-
10 jītvā nānyakāryaḥ syāditi yojyam | sa hyupekṣito duḥsā-
dhyo+asādhyo vā syāt | sādhyāśabdopādānādasādhyāma-
yam prati yatno na kāryaḥ, cikitsānaiṣphalyāditi dyotay-
ati | §³¹¹

1.2.66 Āyurvedarasāyana

bhojanaṃ vidhatte-jīrṇa iti | hyastane jīrṇe+anne sati,
adyāt-bhuñjīta | kim ? hitam,-deśakālādyucitam, mitam-
yathoktamātram | nanu, vihāreṣvāhārasyoktiraprastutā |
5 maivam | kriyāprādhānyādvihāratvamāhārasya | kriyāpr-
adhāno hi vihāraḥ, kriyādravyapradhāna āhāraḥ, ayam-
eva vihārāhārayorbhedaḥ, kriyādravyayorubhayatra bh-
āvāt | saṅgrāhe (sū. a. 3) tu-"annapānavidhānena bhuñj-
ītānnaṃ vinā+atyayāt | abhinandya prasannātmā hutvā
10 dattvā ca śaktiḥ | | pākam sajalamekānte yathāsukham-
iti bruvan | prayacchetsarvamuddiśya pācayennānna-
tmane | nānnamadyānmūmūrṣūṇāṃ mṛtānāṃ duḥkhajī-
vinām | strījitaklībapatitakrūraduṣkarmakāriṇām | | gaṇ-
āriḅgaṇikāsatrādhūrtānāṃ paṇināṃ na ca | notsaṅge bh-
akṣayedbhakṣyān jalam nāñjalina pibet | | sarvam ca ti-
15 lasambaddham nādyādastamite ravau | | na bhuktamā-
tra āyasyenna niṣiddham bhajetsukham | | iti | evam pr-
abodhādayo bhojanāntā baddhakramā vihārā uktāḥ | tā-
mścāvaśyakartavyānmanyamāneṣu nareṣu vegodīraṇave-
gadhāraṇavyādhyupekṣāḥ sambhāvyaeran | atastatpratiṣe-
20 dham karoti | tatra vegodīraṇam niṣedhati-na vegāniti |
vegāḥ-vātaviṇmūtrādayaḥ | kiṃ pravartamānānapi na pr-
avartayet ? netyāha-balāt, apravṛttāna pravartayedity-

arthah | vegadhāraṇaṃ niṣedhati-na vegita iti | vegitah-
sañjātavegaḥ san, anyakāryo na syādvegānevotsrjeditya-
rthah | vyādhyupekṣāṃ niṣedhati-nājitveti | āmayamaji-
tvā+anyakāryo na syāt, āmayameva jayedityarthah | kiṃ 5
sarvam ? netyata āha-sādhyam, asādhyastu prayatnava-
iyarthyaḍupekṣya eva | iti baddhakramavihārā vyākhyā-
tāḥ | § 312

1.2.67 Aṣṭāṅgahrdayasaṃhitā

sukhārthāḥ sarvabhūtānāṃ matāḥ sarvāḥ
pravṛttayaḥ | | 20 | |
sukhaṃ ca na vinā dharmāttasmāddharmaparo
bhavet | | 20 | | § 314

1.2.68 Sarvāṅgasundarā

sarvabhūtānāmaśeṣaprāṇināṃ, yasmātsukhārthāḥ pravṛttayaḥ-
karmāṇi, matāḥ- abhipretāḥ | sukhaṃ ca śarmākhyam, dh-
armādvina na bhavati, tasmātkāraṇāt, dharmaparo- dh-
armapradhānaḥ, syāt | dharmāditi "pṛthagvinā" iti pañc-
amī | § 315 5

1.2.69 Sarvāṅgasundarā

athābaddhakramān vihārān vyācaṣṭe, te ca prāyeṇa dh-
armarūpāḥ | tatra dharmasyāyurvedāṅgatve hetumāha-
sukhārthā iti | sukhamārogyam | uktaṃ hi carake (sū. a.
9/4)- "sukhasaṃjñakamārogyam, vikāro duḥkhameva ca"
iti | yadyapi ṣoḍaśātmakāccikitsitādārogyam, tathāpi dha- 5
rmasahakṛtādeva | iti dharmasyāyurvedāṅgatvam | § 316

1.2.70 Aṣṭāṅgahrdayasaṃhitā

bhaktyā kalyāṇamitrāṇi sevetetaradūragaḥ | | 21 | | § 317

1.2.71 Sarvāṅgasundarā

kalyāṇe- śubhakarmaṇi, mitrāṇi- sahāyāḥ, upadeśādinā
kalyāṇamitrāṇi, tāni bhaktyā- adambhamatiḥ san, bha-
jet | itarāṇi- kalyāṇamitrāpekṣayetarāṇi pāpamitrāṇi, te-
bhyo dūragastadvarjanaparaḥ | tatsaṅgo hi dṛṣṭādr̥ṣṭāna-
5 rthakaraḥ | dūraga ityatra "antātyantādhvadūrapārasarv-
ānanteṣu ḍaḥ" iti ḍaḥ | § 318

1.2.72 Āyurvedarasāyana

sanmitrasevāṃ vidhatte-bhaktyeti | kalyāṇāni kalyāṇahe-
tutvāt | itarāṇyakalyāṇāni, tebhyo dūragaḥ san, kalyāṇāni
mitrāṇi, seveta | kayā ? bhaktyā | yadyapi bhaktiḥ sevaiva,
tathāpi phalānusandhānaniṣṭyarthamevamuktam | evaṃ
5 hi kṛtaṃ karma mahāphalaṃ bhavati | ata eva vakṣyamā-
ṇānyapi karmāṇi avaśyakartavyabuddhyā kartavyāni, na
tu phalānusandhānena | § 319

1.2.73 Aṣṭāṅgahr̥dayasaṃhitā

hiṃsāsteyānyathākāmaṃ paiśunyaṃ paruṣānr̥te | | 21 | |
sambhinnālāpaṃ vyāpādamabhidhyāṃ
dṛgviparyayam | | 22 | |
pāpaṃ karmeti daśadhā
kāyavānmanasaistyajet | | 22 | | § 322

1.2.74 Sarvāṅgasundarā

hiṃsā- prāṇyupaghātaḥ, steyaṃ- cauryam, anyathākāmo-
niśiddhakāmasevā paśustrīgurudāragamanādi, etattrivi-
dham kāyikaṃ pāpaṃ karma | paiśunyaṃ- pareṣāṃ
bhedakṛdvacanam, paruṣamamṛduvacanam, anṛtasatya-
5 vacanam, sambhinnālāpo+asambaddhapralapanam, cat-
urvidhametadvācikaṃ | vyāpādaḥ- prāṇyupaghātacintā,
abhidhyā- paraguṇādyasahiṣṇutā, viśayaspr̥hā vā. dṛgviparyayam-
śāstradr̥ṣṭivaiparītyam nāstikatvādi, trividhametanmāna-
sam | tadetaddhiṃsādi daśadhā pāpaṃ karma kāyavān-
10 anasaistyajenna kuryādityarthaḥ | § 323

1.2.75 Āyurvedarasāyana

pāpaṃ niṣedhati-hiṃseti | tacca daśavidham | tatra hiṃsā-
prāṇivadhaḥ | steyaṃ-prāṇivadhaḥ | steyaṃ-coryam | any-
athākāmo+agamyāgamanam | paiśunyaṃ-parasyā+apratyakṣaṃ
taddoṣakīrtanam | pratyakṣaṃ tu paruṣam | anṛtamasa-
tyam | sambhinnālāpo+asatpralāpaḥ | vyāpādaḥ-parāniṣṭacintanam |
abhidhyā-parasvāpaharaṇecchā | dṛgviparyayaḥ-āptavākyeṣvapramāṇaḥ
dṛkśabdenāptadrṣṭo+artha ucyate | § 324

1.2.76 Aṣṭāṅgahrdayasaṃhitā

avṛttivyādhiśokārtānanuvarteta śaktiḥ | | 23 | | § 325

1.2.77 Sarvāṅgasundarā

na vidyate vṛttiryeṣāṃ tānavṛttīn | śaktiḥ- yathāsāma-
rthyam, anuvarteta- anukūlaṃ gacchet | tathā, vyādhinā
śokena cārtāṃśca | § 326

1.2.78 Āyurvedarasāyana

ārtānuvṛttiṃ vidhatte-avṛtīti | avṛttiḥ-jīvanopāyābhāvaḥ |
śokaḥ-iṣṭaviyogajaṃ duḥkham | anuvarteta-ārtinivāraṇe
prayateta | § 327

1.2.79 Āyurvedarasāyana

bhūtadayāṃ vidhatte-ātmavaditi | kīṭapipīlikamapyātma-
vatpaśyet, kiṃ punarbrāhmaṇādikam | "ātmanaḥ pratikū-
lāni pareṣāṃ na samācāret" ityarthāḥ | | § 328

1.2.80 Aṣṭāṅgahrdayasaṃhitā

ātmavatsatataṃ paśyedapi kīṭapipīlikam | | 23 | | § 329

1.2.81 Sarvāṅgasundarā

kīṭān pipīlikāṃścātmavatpāśyet | svaśarīratulyānityarthaḥ |
kimuta sād̥hūnasād̥hūṃśca | kīṭapipīlikamapyātmavatp-
āśyedyapiśabdasyārthaḥ | kīṭapipīlikamiti "kṣudrajanta-
vaḥ" ityekatvam | § 330

1.2.82 Aṣṭāṅgahr̥dayasaṃhitā

arcayeddevagovipravṛddhavaidyanṛpātithīn | | 24 | | § 331

1.2.83 Sarvāṅgasundarā

devādīnāṃ dvandvaḥ | devādīnarcayet | vṛddhāḥ- jñāna-
vṛddhāḥ śīlatapovṛddhāśca | nṛpo- rājā | atithiḥ- asamān-
agrāmī vaiśvadevānte samupasthitaḥ | § 332

1.2.84 Āyurvedarasāyana

pūjyapūjāṃ vidhatte-arcayediti | pūjyāśca devādayaḥ |
vṛddhaḥ-śrutādibhirātmano+adhikaḥ | § 333

1.2.85 Aṣṭāṅgahr̥dayasaṃhitā

vimukhānnārthinaḥ kuryānnāvamanyeta
nākṣipet | | 24 | | § 334

1.2.86 Sarvāṅgasundarā

arthino- yācakān, pratyākhyānena vimukhāna kuryāt |
nāvamanyet- nāvamānayet | na ca parūṣavacanādinā ākṣipet-
paribhavet | § 335

1.2.87 Āyurvedarasāyana

yācakadveṣaṃ niṣedhati-vimukhāniti | sa tredhā, vimukh-
īkaraṇam avajñā parupabhāṣaṇaṃ ceti | § 336

1.2.88 Aṣṭāṅgahr̥dayasaṃhitā

upakārapradhānaḥ syādapakārapare+apyarau | |25| | § 337

1.2.89 Sarvāṅgasundarā

arau śatrāvapakārapare+api satyupakārapradhānaḥ syāt |
nanu, ripurapakāraka eva, tatkimapakārapara iti viśeṣaṅ-
ena | tathā ca māghaḥ (sargaḥ 2/37)- "upakartr̥riṇā sa-
ndhirna mitreṇāpakāriṇā | upakārāpakārau hi lakṣyaṃ la-
kṣaṇametayoḥ" iti | ucyate | na hi sarvadaivārirapakāraṃ 5
kartuṃ śakyaḥ syāt, kiṃ tarhi kadācideva | hetvādyadh-
īnatvādapakārakāritvasya | vātādidoṣavat | yathā- vātād-
ayo doṣā dūṣaṇasvabhāvā api santaḥ kadācidvikārakāritve
samarthā bhavanti kadācinnaiva | doṣatvaṃ tu sarvada-
iva teṣāṃ | tasmādapakārapara iti yuktaṃ viśeṣaṇam | ap- 10
akāriṇyupakārakṛtsyāt kiṃ punarupakāraka ityapīśabdā-
rthaḥ | § 338

1.2.90 Āyurvedarasāyana

paropakāraṃ vidhatte-upakāreti | apakāraparepyarau up-
akārapradhānaḥ syāt, kiṃ punarupakārapare mitrādau |
apakārāsamartho+apyarirastīti na paunaruktyam | § 339

1.2.91 Aṣṭāṅgahr̥dayasaṃhitā

sampadvipatsvekamanā, hetāvīrṣyetphale na
tu | |25| | § 340

1.2.92 Āyurvedarasāyana

nirvikāratvaṃ vidhatte-sampadvipatsviti | hetuṣu sampa-
tsu, ciṣādahetuṣu vipatsu, ekamanāḥ-harṣaviṣādarahitacitto,
bhavet | īrṣyāṃ niṣedhati-hetāviti | parotkarṣāsahanam-
īrṣyā | tāṃ na kuryāt | yo hi buddhimān, sa hetau-
phalasādhane, īrṣyet, na tu phale | etaduktaṃ bhavati, 5

ekam phalamuddiśya, tatsādhanamanutiṣṭhadbhiḥ para-
sparerṣyayā+anuṣṭheyam | tathā hyanuṣṭhitam karma sa-
myagāśu niṣpadyate | atha daivānukūlyādekasya phale si-
ddhe, tatretarairr̥ṣyā na kartavyā | sā hi na phalasya sādha-
5 anam, pratyuta pāparitāpayoriti | § 341

1.2.93 Sarvāṅgasundarā

sampatsu vipatsu caikamanāḥ- samacittaḥ | sampatsu ha-
rṣeṇa, vipatsu viṣādādinā, na bhāvyaṃityarthaḥ | hetāvi-
tyādi | hetau- kāraṇe, ir̥ṣyet | yathā- ayamevaṃ śrutatyāg-
ādiguṇavān kasmāt, kasmādahamapyevaṃ na bhaveyam |
5 phale na tu- parakīye śobhane phale vastrālaṅkārādike ne-
r̥ṣyet | § 342

1.2.94 Aṣṭāṅgahr̥dayasaṃhitā

kāle hitam mitam brūyādavisamvādi peśalam | | 26 | | § 343

1.2.95 Āyurvedarasāyana

bhāṣaṇam vidhatte-kāla iti | kāle-prastāve, brūyāt | tacca
hitam-pathyam | mitam-vivakṣitārthaprakāśanamātram |
avisamvādi-satyam | peśalam-madhuram | § 344

1.2.96 Sarvāṅgasundarā

kāle- prastāve, hitam- pathyam, mitam- na bahu, avisamvādi-
satyam, peśalam- manojñaṃ, brūyāt | § 345

1.2.97 Āyurvedarasāyana

pūrvābhibhāṣitvādikaṃ vidhatte-pūrvābhibhāṣīti | pūrvābhibhāṣī-
yadṛcchayā saṅgate suhṛdi tadvacanātpūrvam kuśalapr-
aśnādikārī, bhavet | tathā, sumukhaḥ-prasannavadanaḥ |
suśīlaḥ śiṣṭānumatavyavahāravān | karuṇāmṛduḥ-satyapi
5 sāmārtheye kṛpālutvātparāpakārasahiṣṇuḥ | ekasukhitvā-

dikaṃ niṣedhati- naika iti | ekaḥ sukhī na bhavet-
jñātibhr̥tyādibhyo yathāyathamavibhajya sukhasāadhanam
nopayuñjīta | tathā sarvatra na viśrabdho na ca śaṅkito
bhavet- aviśvasanīyeṣu viśvāsamaśaṅkanīyeṣu ca śaṅkāṃ
na kuryāt | § 346

5

1.2.98 Aṣṭāṅgahr̥dayasaṃhitā

pūrvābhibhāṣī, sumukhaḥ suśīlaḥ karuṇāmṛduḥ | | 26 | |
naikaḥ sukhī, na sarvatra viśrabdho, na ca
śaṅkitaḥ | | 27 | | § 348

1.2.99 Sarvāṅgasundarā

pūrvābhibhāṣī- pūrvālāpī, syāt | sumukho- gatabhruku-
ṭiḥ | suśīlaḥ- śobhanasvabhāvaḥ | tathā, karuṇayā mṛdu-
rārdrasantāno māteva putre | eko+advitīyaḥ sansukhī na
syāt | tathā, sarvatra- sarvasmin jane, viśrabdho- viśvasto,
na syāt | tathā ca bhagavān vyāsaḥ- "māyācāre māyayā va-
rtitavyam" iti | tathā, sarvatra- mitrasvajanādiṣvapi, śaṅk-
ito+aviśvasto, na syāt, teṣāṃ vaimukhya- doṣaprasaṅgab-
h-ayāt | § 349

5

1.2.100 Aṣṭāṅgahr̥dayasaṃhitā

na kañcidātmanaḥ śatruṃ nātmānaṃ
kasyacidripum | | 27 | |
prakāśayennāpamānaṃ na ca niḥsnehatāṃ
prabhoḥ | | 28 | | § 351

1.2.101 Āyurvedarasāyana

ātmanaḥ śatrutvādiprakāśanaṃ niṣedhati-na kañcidityaḥ |
ātmanaḥ śatruṃ na kañcitprakāśayet-mamāyaṃ vairīti na
dyotayet | tathā, ātmānamapi kasyacidripum na prakā-
śayet ahamasya vairīti na dyotayet | tathā, apamānaṃ-

kuto+api jātaṃ tiraskāraṃ, na prakāśayet | tathā, prabh-
orniḥsnehatāṃ na prakāśayet-māṃ prati svamī samprati
niḥsneha iti na dyotayet | § 352

1.2.102 Sarvāṅgasundarā

ātmanaḥ śatruṃ kañcidapi na prakāśayet | tatprakāśanā-
ddhiḥ bhedaḥ syāt | nātmānaṃ kasyacidripuṃ prakāśa-
yet | pūrvoktādeva hetoḥ | apamānaṃ- asatkāraṃ, kasya-
cinna prakāśayet | prabhoḥ svāminaḥ sambandhinīm ni-
5 ḥsnehatāṃ na prakāśayet | tatprakāśanādasau prabhurjāt-
āvasarairbhedakaiḥ sutarāṃ niḥsnehīkriyate | § 353

1.2.103 Aṣṭāṅgahr̥dayasaṃhitā

janasyāśayamālakṣya yo yathā parituṣyati | | 28 | |
taṃ tathaivānuvarteta
parārādhanaṇḍitaḥ | | 29 | | § 355

1.2.104 Sarvāṅgasundarā

janasyāśayamālakṣya- lokasya abhiprāyaṃ buddhvā pari-
cchidya, yo jano yathā parituṣyati tathā tenaiva prakāreṇa
dānapriyavacanādinā tamanuvartetārādhayet | kīdr̥śo bh-
ūtvā ? parārādhane ṇḍitastajjñāḥ | § 356

1.2.105 Āyurvedarasāyana

lokarañjanaṃ vidhatte-janasyeti | lokasyābhiprāyaṃjñā-
tvā, yo yathā parituṣyati taṃ tathaivānuvarteta | kīdr̥śaḥ
? parārādhanaṇḍitaḥ-parasantoṣotpādanaprakāreṣu su-
niṣṭhito bhūtvā | § 357

1.2.106 Aṣṭāṅgahr̥dayasaṃhitā

na pīḍayedindriyāṇi va caitānyati lālayet | | 29 | | § 358

1.2.107 Sarvāṅgasundarā

indriyāṇi- rasanādīni, kadannāśanādinā na pīḍayenna nig-
rṅhīyāt | na caitānīndriyāṅyati lālayedatiśayena vilāsayet |
§ 359

1.2.108 Āyurvedarasāyana

indriyapīḍāṃ indriyātilālanam ca niṣedhati na pīḍayediti |
spaṣṭam | § 360

1.2.109 Aṣṭāṅgahrdayasamhitā

trivargaśūnyam nārambham bhajettam
cāvirodhayan | | 30 | | § 361

1.2.110 Sarvāṅgasundarā

trayāṇam dharmārthākāmānām vargastrivargaḥ, tena śūnyam-
rahitam, ārambhamudyamaṃ, na bhajet- na kuryāt | ka-
tham bhajet ? tam ca trivargamavirodhayan- parasparam-
abādhayan | § 362

1.2.111 Āyurvedarasāyana

trivargaśūnyamārambham niṣedhati-trivargaśūnyamiti | trivargo-
dharmārthakāmāḥ, taiḥ śūnyam-teṣāmanyatamaṃ yo na
phalati tam, na seveta | trivargaparasparavirodhayukta-
mārambham niṣedhati- tam cāvirodhayanniti | tam triva-
rgam parasparam virodhayannārambham na bhajet | yatr- 5
ārambhe dharmādiṣveko naśyatyeka utpadyate, tam tyaj-
edityartham | § 363

1.2.112 Aṣṭāṅgahrdayasamhitā

anuyāyātpratipadam sarvadharmeṣu
madhyamām | | 30 | | § 364

1.2.113 Sarvāṅgasundarā

sarvadharmeṣu madhyamāṃ pratipadaṃ pratipattimanuyāyāt-
sarveṣvācāreṣu madhyamaṃ mārgamanuvarteta | naika-
trāsaktiṃ kuryādityarthaḥ | § 365

1.2.114 Āyurvedarasāyana

sarvadharmānusaraṇaṃ vidhatte-anuyāyāditi | sarvadharmeṣu madhyamāṃ pratipadamanuyāyāt-sarveṣvātmakṛtyeṣu rāgadveṣarahitāṃ buddhimanusaret | madhyasthaḥ sarvān dharmānanuṣṭhēdityarthaḥ | § 366

1.2.115 Sarvāṅgasundarā

nīcaromatvādikaṃ vidhatte-nīceti | nīcatvaṃ chedena kāryam | romaśabdena keśā api gr̥hyante | uktaṃ hi carake (sū.a. 8/18)-"triḥ pakṣasya keśāśmaśrutomanakhānsaṃhārayet" iti | tathā, nirmalāṅghrimalāyanaḥ | malāyanaṃ-
5 śrotrādi | snānaśīlaḥ-kāladvaye+api snānaniṣṭhaḥ, pratyahaṃ snānasya prāgvihitatvāt | uktaṃ ca carakeṇa (sū. a. 8/18)- "dvau kālāvupasṛṣet" iti | susurabhīrgandhamālyādīdhāraṇena | suveṣo vastrālaṅkāradīdhāraṇena | anulbaṇojjvalo+anuddhataśṛṅgāraḥ | ujjvalaḥ-śṛṅgārasaḥ |
10 § 367

1.2.116 Aṣṭāṅgahr̥dayasaṃhitā

nīcaromanakhaśmaśrurnirmalāṅghrimalāyanaḥ | | 31 | |
snānaśīlaḥ susurabhīḥ
suveṣo+anulbaṇojjvalaḥ | | 31 | | § 369

1.2.117 Sarvāṅgasundarā

nīcānyadīrghāṇi romanakhaśmaśrūṇi yasya sa evaṃbhūto bhavet | romāṇi- bāhūruprabhṛtiṣu romāṇi keśāśco-
cyante | tathā ca "hr̥ṣerlomasu" ityatra sūtre vivṛtam- 'lomāṇi mūrdhajānyaṅgajāni ceha gr̥hyante' iti | nīcalom-

ādikaphalaṃ ca muninoktam (ca.sū.a.5/96)- "pauṣṭikaṃ
dhanyamāyūṣyaṃ śuci rūpavirājanam | keśalomanakhā-
dīnāṃ kṛntanaṃ samprasādhanam" iti | tathāṅghrī- pā-
dau | malāyanāni- ghrāṇakarṇādīni | nirmalānyaṅghri- 5
lāyanāni yasya sa evam | asya ca phalam (ca.sū.a.5/95)--
"medhyaṃ pavitramāyūṣyamalakṣmīkalināśanam | pāda-
yormalamārgāṇāṃ śaucādānamabhīkṣṇaśaḥ" iti | snānaṃ
śīlayatīti snānaśīlo- nityasnāyī syāt | tathā, susurabhiḥ- su-
gandhiḥ | śobhano jīrṇamalinavastrādivivarjito veṣo yasya
sa suveṣaḥ | anulbaṇo+anuddhataḥ, sa cāsāvujjalaścān- 10
ulbaṇojjalaḥ | anuddhataveṣaḥ ujjalaśca syādityarthaḥ |
§ 370

1.2.118 Aṣṭāṅghṛdayasaṃhitā

dhārayetsatataṃ

ratnasiddhamantramahaṣadhīḥ | | 32 | | § 371

1.2.119 Sarvāṅgasundarā

dhārayedityādi | ratnāni- maṇayo vajrapadmarāgādayaḥ |
siddhamantro+aparājitādiḥ | mahaṣadhiḥ- sahadevyād-
ikā | ratnādīnāṃ dvandvaḥ | ratnādīrbāhugrīvādiṣu, satataṃ-
sadaiva, dhārayet | § 372

1.2.120 Āyurvedarasāyana

ratnādīdhāraṇaṃ vidhatte-dhārayediti | § 373

1.2.121 Aṣṭāṅghṛdayasaṃhitā

sātapatrapadatrāṇo vicaredyugamātradr̥k | | 32 | | § 374

1.2.122 Sarvāṅgasundarā

yugamātradr̥gvicaredbhramet | yugaṃ- hastacatuṣṭayam,
tatpāśyati yaḥ sa evam | evaṃ kurvansammukhamāga-

cchadbhīrgavāśvādibhirnopadrūyate | tathā, sahātapatreṇa-
chatreṇa, padatrāṇena- padādhāraparyāyeṇa, yo vartate
sa evam | pādātracchatrayośca guṇā uktāḥ- "mārutasyān-
ulomyāya khuḍastambhaśramāpaham | anvarthasaṃjñam
5 pādātram baladr̥kśukrarakṣaṇam | varṇyam netrahitam
chatram vātavarṣātapāpaham" iti | § 375

1.2.123 Āyurvedarasāyana

paryaṭanam niyacchati-sātapatreṭi | ātapatram chatram |
padatrāṇe-upānahau | yugam-hastacatuṣṭayam, tanmātram
puraḥ paśyanvicaret | § 376

1.2.124 Aṣṭāṅgahr̥dayasaṃhitā

niśi cātyayike kārye daṇḍī maulī sahāyavān | | 33 | | § 377

1.2.125 Sarvāṅgasundarā

rātrau cātyayike kārye daṇḍī san vicaret | daṇḍena sarpā-
dīnāmuttrāsamapi caktam | tathā (suśrute ci.a.24/76)- "śu-
naḥ sarīsr̥pavyālaviṣāṇibhyo bhayāpaham | śramaskhala-
nadoṣagṇam sthavire ca praśasyate | satvotsāhabalasth-
5 airyadhairyavīryavivardhanam | avaṣṭambhakaram cāpi
bhayagṇam daṇḍadhāraṇam | |" iti | tathā ca (carake
sū.a.5/99)- "skhalataḥ sampratiṣṭhānam śatrūṇam ca niṣū-
danam | avaṣṭambhanamāyusyaṃ bhayagṇam daṇḍadh-
āraṇam" iti | maulīśiroveṣṭanayuktaḥ | anenopariṣṭāt pat-
10 atām pataṅgakīṭādimūtrapuriṣādīnām rakṣā | tathā, sahā-
yavān | anenāpi cittāvaṣṭambhaḥ | daṇḍaśabdāt "ata inīṭh-
anau" iti inīḥ, maulīśabdācca vrīhyāditvāt, tasya hyākṛtig-
aṇatvamiti kecit | ātyayika iti | atyayaḥ- kṛcchram | tasmin
bhavamityadhyātmāditvāṭṭhañ | § 378

1.2.126 Āyurvedarasāyana

rātriparyaṭanam niyacchati-niśīti | yatkāryam kālaprati-
kṣam na sahate tadātyayikam | tasminsati daṇḍādiyuktaḥ
san rātrau vicaret | mauliḥ-śiroveṣṭanam | § 379

1.2.127 Aṣṭāṅgahr̥dayasaṃhitā

caityapūjyadhvajāśastacchāyābhasmatuṣāsucīn | | 33 | |
nākrāmeccharkarāloṣṭabalisnānabhuvō na
ca | | 34 | | § 381

1.2.128 Sarvāṅgasundarā

caityo- viśiṣṭadevatādhiṣṭhito lokaprasiddho vṛkṣaviśe-
ṣaḥ, buddhālaya ityanye | pūjyo- gurupitrādih | dhvajaśc-
ihnam | aśastāścāṇḍālādayaḥ, aśastamamaṅgalyam vastu
ityanye | eṣam chāyām | tathā, bhasma-bhūtiḥ | tuṣo- dh- 5
ānyāditvak | aśucirviṭ, yadvā ucchiṣṭam vastu | tadetannā-
krāmet | śarkarā- sūkṣmapāṣāṇākṛtirmṛtkhaṇḍikā | tathā,
loṣṭam- mṛtpiṇḍādikhaṇḍaḥ | balirdevatādyarcanam | sn-
ānam prasiddham | baliśca snānam ca balisnāne, tayorbh-
uvau balisnānabhuvau | śarkarā ca loṣṭam ca balisnānabh-
uvau ca tā nākrāmet | § 382 10

1.2.129 Sarvāṅgasundarā

caityādicchāyādyākramaṇam niśedhati-caityeti | caityo-
grahādhiṣṭhito vṛkṣaḥ pūjyo-devādih, dhvajo-yūpādih, aś-
astaścāṇḍālādih, teṣam chāyām nākrāmet | tathā, bhasma-
bhūtim | tuṣam-dhānyatvacam | aśucīn-viṇmūtrocchiṣṭani |
śarkarādivyāptān | śarkarā-vālukā, loṣṭam-mṛtpiṇḍaḥ, baliḥ-5
pūjopahāraḥ | snānam-snānodakam | § 383

1.2.130 Aṣṭāṅgahr̥dayasaṃhitā

nadīm tareṇna bāhubhyām,
nāgniskandhamabhivrajat | | 34 | |
sandigdhanāvam vṛkṣam ca
nārohedduṣṭayānavat | | 35 | | § 385

1.2.131 Sarvāṅgasundarā

nadīm- taraṅgiṇīm, dorbyām na taret | agniskandhamabhi-
agnirāśerabhimukham, na vrajet | sandigdha cāsau nauśca
tām, nārohennoccalet | sandigdhyāḥ śithilabandhanatvā-
jjarjaratvādatibhārākrāntatvātpāragamaṇam prati sande-
5 haḥ | ceti samuccaye | vṛkṣam ca nārohet | katham ? duṣṭ-
ayānavat | yathā duṣṭayānamaśvādikam nārohet tatheti |
duṣṭayānārohaṇamapi cōktayā+anayā niṣiddham | § 386

1.2.132 Āyurvedarasāyana

bāhubhyām nadītaraṇam niṣedhati-nadīmiti | agnikandh-
ābhimukham gamaṇam niṣedhati-nāgniskandhamiti | agnikandho-
mahānagnirāśiḥ | sandigdhanāvādyārohaṇam niṣedhati-
sandigdhanāvamiti | sandhigdha-śaṅkyamānamajjanā | du-
5 ṣṭam yānam-śaṅkyamānapatanamaśvādi | tasya ca drṣṭā-
ntatvenopādānam tadārohaṇasya niṣedhaviṣayatvakhyā-
panārtham | § 387

1.2.133 Aṣṭāṅgahr̥dayasaṃhitā

nāsaṃvṛtamukhaḥ
kuryātkṣutihāsyavijṛmbhaṇam | | 35 | | § 388

1.2.134 Sarvāṅgasundarā

nāsaṃvṛtāsyah kṣutyādīn kuryāt | hastādīnā mukham pi-
dhāya kuryādityarthah | kṣutiḥ- chikkā, hāsyam- hasa-
nam, vijṛmbhaṇam- jṛmbhikā, eṣām samāhāradvandvah |
§ 389

1.2.135 Āyurvedarasāyana

anācchāditamukhasya kṣavathvādikam niṣedhatināsamv-
ṛtamukha iti | § 390

1.2.136 Āyurvedarasāyana

nāsikāniṣkoṣaṇam niṣedhati-nāsikāmiti | nāsikā chidropa-
lakṣaṇam | tena galakarṇanāsikāsrotodaśanākṣivivarāṇi |
uktaṁ hi suśrute (ci. a. 24/95)- "na galakarṇanāsāsrotoda-
śanākṣivivarāṇyabhiniṣkuṣṇīyāt" iti | niṣkāraṇam bhūmi-
vilekhaṇam niṣedhati-nākasṁditi | viguṇāmaṅgaceṣṭām 5
niṣedhati-nāṅgairiti | viguṇam-anārjavam | cirakālamutk-
aṭakāsanam niṣedhati-nāsīteti | § 391

1.2.137 Aṣṭāṅgahr̥dayasamhitā

nāsikām na vikuṣṇīyānnākasṁdvilikhedbhuvam | | 36 | |
nāṅgaiśceṣṭeta viguṇam,
nāsītotkaṭakaściram | | 36 | | § 393

1.2.138 Sarvāṅgasundarā

nāsām na vikarṣet | malotsāraṇamātraṁ tu kāryameva, iti
viśabdena dyotayati | akasmāt- kāraṇam vinā, bhuvam-
pṛthvīm, na vilikhet- notkarṣet | aṅgairhastapādādibhiḥ,
viguṇam- ananugūṇam yathā bhavati tathā, na ceṣṭeta- na 5
vyāpriyeta | utkaṭakam sthitamavasthānam yasya sa eva-
mbhūto nāsīta | ciram ca tiṣṭhedyarthāḥ, arśorogādyutp-
atteḥ | § 394

1.2.139 Aṣṭāṅgahr̥dayasamhitā

dehavāk cetasām ceṣṭāḥ prāk śramādvivinivartayet | | 37 | |
nordhvajānuściram
tiṣṭhet----- | | 37 | | § 396

1.2.140 Sarvāṅgasundarā

dehādīnāṃ dvandvaḥ | eṣāṃ sambandhinīśceṣṭāḥ kriyāḥ
śramātkhedāt pūrvam vinivartayet | tāvaddhanurākaraṣādi
kuryādyāvannātīva śramaḥ syādityarthaḥ | tathā, ūrdhve
jānunī yasya sa ūrdhvajānuściraṃ nāsīta | § 397

1.2.141 Āyurvedarasāyana

śramotpatteḥ prāgeva sarvaceṣṭoparamaṃ vidhattedeh-
eti | vyāyāmasya śramaikaphalativānnavṛttikālābhidhānā-
cca taddyatiriktā+atra dehaceṣṭā grāhyā | cirakālamūrdhv-
ajānusthitaṃ niṣedhati-nordhvajānuriti | yo jaṅghe saṅko-
5 cyottānaḥ śete, yaścordhvaṃ tiṣṭhati, sa ūrdhvajānuḥ | § 398

1.2.142 Aṣṭāṅgahr̥dayasaṃhitā

-----naktam seveta na drumam | |37| |
tathā catvaracaityāntaścatuspathasurāla-
yān | |38| |
sūnāṭavīśūnyagr̥haśmaśānāni divā+api
na | |38| | § 401

1.2.143 Sarvāṅgasundarā

naktam- rātrau, drumam- taruṃ, na seveta | tadāśritak-
īṭamūtraśakṛdādīpātarakṣārtham | catvaram- tripatham |
anye tvāhuḥ- "yatra pradeśe nagaranivāsino grāmyā vā
5 ate" | caityāntaḥ- caityasamīpam, catuṣpatham- mārgaca-
tuṣṭayasaṅgamaḥ, surālayo- devagr̥ham, etāṃśca naktam
na seveta | sūnā- vadhasṭhānam, aṭavī- nirjano deśaḥ,
śūnyagr̥ham- ujjātam bhavanam, śmaśānam- pitṛvanam,
etāni divā+api na seveta | api śabdena rātrau nitarāmas-
10 evanamāha | § 402

1.2.144 Sarvāṅgasundarā

rātrau drumādisevāṃ niṣedhati-naktamiti | grāmādba-
hiryatropaviśya grāmyāḥ sarve kathāḥ kurvate, yaśca
trayāṇāṃ pathāṃ saṅgamaḥ, sa catvaraḥ | caityāntaḥ-
caityasamīpam | catuṣpathaḥ-caturṇāṃ pathāṃ saṅga-
maḥ | surālayo-devakulam | sūnādisevāṃ niṣedhayati- 5
sūneti | sūnā- vadhasthānam | aṭavī-araṇyam | apīśabdā-
drātrāvapi na | § 403

1.2.145 Aṣṭāṅgahr̥dayasaṃhitā

sarvathekṣeta nādityaṃ, na bhāraṃ śirasā vahet | | 39 | |
nekṣeta pratataṃ sūkṣmaṃ dīptāmedhyāpriyāṇi
ca | | 39 | | § 405

1.2.146 Sarvāṅgasundarā

ādityaṃ sarvathā- udyantamastaṃ yāntaṃ pratimāgata-
muparaktaṃ vā, nekṣeta | tathā, bhāraṃ śirasā na ca va-
henna nayet | pratataṃ- anavarataṃ, sūkṣmaṃ vastu ne-
kṣeta | dīptaṃ cāmedhyaṃ cāpriyaṃ ca tāni pratataṃ ne-
kṣeta | nanu, tarhi sarvathā nekṣetetyanena ko+arthaḥ ? 5
yato ravirapi dīptaḥ, dīptagrahaṇenaivāsya darśananiṣe-
dhaḥ siddhaḥ | astyevaitat | kintu sarvaprakāramādityaṃ
nekṣeta | dīptaṃ tvanavarataṃ nekṣeteti | § 406

1.2.147 Āyurvedarasāyana

ādityadarśanaṃ niṣedhati-sarvatheti | nanu "nodyanta-
mastamāyāntaṃ tapantaṃ pratimāgatam | uparaktaṃ
ca bhāsvantaṃ vāsasā vā tirohitam | |" iti saṅgrahe
(sū. a. 3) | iha tu sarvathā, iti virodhaḥ | maivam |
yo hyadr̥ṣṭameva doṣaṃ jihāsuḥ, taṃ pratyudayādi- 5
niṣedhaḥ | yastu, dr̥ṣṭamapi, taṃ prati sarvaprakāre-
ṇetyavirodhaḥ | purastāddīptaniṣedhādeva niṣedhe si-
ddhe+apyudayādyadīptāvasthāsu niṣedhārthamidam | śi-
rasā bhāravahanaṃ niṣedhati- na bhāramiti | pratatādidarśanam

niṣedhayati- nekseteti | pratataṃ- visphāritākṣam, kriyāvi-
śeṣaṇamidam | sūkṣmaṃ- aṇu | dīptam-tejasvi | amedhyam-
aśuci | apriyam-dviṣṭam | § 407

1.2.148 Aṣṭāṅgahr̥dayasaṃhitā

madyavikrayasandhānadānādānāni nācaret | | 40 | | § 408

1.2.149 Sarvāṅgasundarā

vikrayo- vinimayaḥ, iyatpramāṇamadhunedam dīyata
iti | sandhīyate yena tatsandhānam- anekadravyasambh-
āro yena tat- madyam yathāvatpramāṇena sandhīyate |
dānaṃ- yathāsāstraṃ svatvanivṛttiḥ parasvatvāpādānam |
5 ādānaṃ- yathāsāstrameva parasmād grahaṇam | eteṣāṃ
dvandvaḥ | tato madyaśabdena ṣaṣṭīsamāsaḥ | madya-
vikrayādīni nācaret | dvijaviṣayaṃ caitadvākyamiti bo-
dhyam | sarvasya tu niṣedhāt krayādivyavahārocchedaḥ
syāt | § 409

1.2.150 Āyurvedarasāyana

madyavikrayādīni niṣedhati-madyavikrayeti | vikrayo-mūlyena
dānam | sandhānaṃ- utpādanam | ādānaṃ pratigrahaḥ |
madyasyauśadheṣu vidhānāt krayapānayoranīṣedhaḥ |
§ 410

1.2.151 Aṣṭāṅgahr̥dayasaṃhitā

purovātātaparajastuṣāraparuṣānilān | | 40 | |
anṛjuḥ kṣavathūdgarākāsasvapnānnaithu-
nam | | 41 | |
kūlachāyāṃ nṛpadviṣṭam
vyāladamṣṭriviṣāṇinaḥ | | 41 | |
hīnānāryātinipuṇasevāṃ
vigramuttamaiḥ | | 42 | |

sandhyāsvabhyavahārastrīsvapnādhyayanacintanam | | 42 | |
 śatrusatraganaṅkīrṇagaṅikāpaṅikāśanam | | 43 | |
 gātravaktranakhairvādyam
 hastakeśāvadhūnanam | | 43 | |
 toyāgnipūjyamadhyena yānam dhūmam
 śavāśrayam | | 44 | |
 madyātisaktim viśrambhasvātantrye strīṣu ca 5
 tyajet | | 44 | | § 419

1.2.152 Sarvāṅgasundarā

tyajediti kriyā vakṣyamāṇā | puraḥśabdasya vātātapā-
 bhyam pratyekam sambandhaḥ | purovātaḥ- pūrvadigāg-
 ato vātaḥ | pura ātapaḥ- pūrvātapaḥ | purovātādīn pañca
 tyajet | anṛjuḥ- viśamasthitaśarīraḥ, kṣavathvādīn ṣaṭ tyaj- 5
 et | anṛjviti kriyāvīśeṣanamiti kecihyācakṣate | annamatra
 śālyādi | kūlam- vapraḥ, tacchāyam tyajet | tatra hi tiṣṭh-
 atastatpātādbhayam syāt | nṛpadviṣṭam- rājño+apriyam,
 tyajet | vyālo- duṣṭahastyādiḥ, daṁṣṭriṇaḥ- sarpādyāḥ,
 viśaṇino- gavādyāḥ, tāmstyajet | hīnāḥ- kulaśīlavittādibh-
 irnyūnāḥ, anāryāḥ- asādhavaḥ, atinipuṇāḥ- atigaṇanāp- 10
 arāḥ, teṣāṃ sevām tyajet | uttamairiti saḥarthe gamya-
 māne tṛtīyā | uttamaiḥ saha vigraham tyajet | sandhyā-
 svabhyavahārādīn pañca tyajet | śatrusatretyādi | śatruva-
 śanam tyajet | satram- yajñāḥ, tasyāśanam tyajet | ṛtvij-
 ādīn varjayitvā, anyasya hi tadaśanam niṣedhati | tathā 15
 hi- "yajñānte tadudbhūtapāpopaśamanīyam prāyaścittam
 śrūyate" | gaṇāḥ- kathakacāraṇādayaḥ, tairākīrṇam- vyā-
 ptamaśanam tyajet | gaṅikā- veśyā, tasyāḥ sambandhya-
 śanam tyajet | tadaśanāddhi taptāpasāṅkramaṇam syāt |
 paṅikaḥ- paṅopajīvī, itaravaṅigityarthaḥ | (tathā hi (saṅgr- 20
 ahe sū. a, 3)- "gaṅārīgaṅikāsatradhūrtānām paṅinām na
 ca " iti |) paṅikā iti "naudvyacaṣṭhan" iti ṭhan | paṅiko
 hi pāpīyānnindritapaṅyādivikrīṇānaḥ praśamsatītyādi he-
 toḥ | gātretyādi | gātrāṅi-aṅgāni, taistathā vaktreṇa nakha-
 īśca vādyam tyajet | tathā, hastāvadhūnanam keśāvadhū- 25
 nanam ca tyajet | (avadhūnanam-kampanam |) toyetyādi |
 madhyaśabdaḥ pratyekam sambadhyate | toyayordvay-

ormadhyena yānaṃ tyajet | na yāyādityarthaḥ | evam-
agnyormadhyena | tathā, pūjyayormadhyena | samāsak-
araṇāttoyāgnyostoyapūjyayoragnipūjyayorapi madhyena
na yāyāditi boddhavyam | tathā, dhūmaṃ , śavāśrayaṃ-
5 śavodbhūtaṃ, tyajet | madhyetyādi | madhye+atisaktiḥ-
atisevā, tāṃ tyajet | strīṣu-yoṣāsu, viśrambhaṃ-viśvāsaṃ
svātantryaṃ ca tyajet | § 420

1.2.153 Āyurvedarasāyana

purovātādīn niṣedhati-purovātetyādi | purovātaḥ-pūrvadigvāyuḥ |
ātapo-gharmaḥ | rajo-dhūliḥ | tuṣāro-avaśyāyaḥ | paruṣānilaḥ-
caṇḍavātaḥ | anṛjuriti kṣavathvādiṣatkaviṣayaṃ kartr̥viś-
eṣaṇam | annaṃ-bhojanam | kūlaṃ-rodhaḥ, tasya chāyā |
5 nṛpadviṣṭo- rājadveṣyaḥ | vyālo-duṣṭagajādiḥ | daṃṣṭrī-
sarpādiḥ | viṣāṇī-mahiṣādi | sandhyāsvityabhyavahārād-
ipañcakaviṣayam | abhyavahāro-bhojanam | strīśabdena
sambhogolakṣyate | cintanaṃ-adhītaparāmarśaḥ | śatrv-
ādīnāmaśamam | śatruḥ-vairī | satraṃ-yajñāḥ | gaṇāḥ-
10 bahavo militvā dātāraḥ | ākīrṇo-yogyāyogyamavicintyānnadātā |
gaṇikā-veśyā | āpaṇiko-vaṇik | gātrādibhīrvādyam | vādyam-
śabdānukāri | vaktreṇa vaṃśādernakhena vīṇādervāda-
naṃ niṣeddhūṃ pṛthaggrahaṇam | avadhūnanaṃ-kampanam |
toyayoḥ, agnyoḥ, pūjyayoḥ, toyāgnyoḥ, toyapūjyayoḥ,
15 agnipūjyayośca madhyena yānaṃ | śavāśrayo dhūmaḥ-
pretadhūmaḥ | madyātisaktiḥ-madyapānaratiḥ | strīṣviti
viśrambhasvātantryaviṣayam | viśrambho-viśvāsaḥ | § 421

1.2.154 Aṣṭāṅgahr̥dayasaṃhitā

ācāryaḥ sarvaceṣṭāsu loka eva hi dhīmataḥ | | 45 | |
anukuryāttamevāto laukike+arthe
parīkṣakaḥ | | 45 | | § 423

1.2.155 Sarvāṅgasundarā

hi-yasmāt, dhīmato- buddhiyuktasya, sarvaceṣṭāsu- niḥ-
śeṣavyāpāreṣu, loka evācāryaḥ- upadeṣṭā, ataḥ- asmāddh-

etoḥ, tameva- lokameva, laukike+arthe parīkṣakaḥ puru-
uṣo+anukuryāt | yathā loko vyavaharati tathā vyavahni-
yādityarthaḥ | § 424

1.2.156 Āyurvedarasāyana

lokādevācāraśikṣāṃ vidhatte-ācārya iti | hi-yasmāt, dh-
īmataḥ puruṣasya sarvasya sarvatra loka evācāryaḥ-
śikṣakaḥ | ato+asmāttamevānukuryāt | yathā loka ācar-
ati tathā ācaredityarthaḥ | kathambhūtaḥ ? laukike+arthe
parīkṣakaḥ,-loke kaḥ kimarthaṃ, kimācaratīti parīkṣāṃ 5
kurvan | § 425

1.2.157 Aṣṭāṅgahr̥dayasaṃhitā

ārdrasantānatā tyāgaḥ kāyavāk̐cetasāṃ damaḥ | | 46 | |
svārthabuddhiḥ parārtheṣu paryāptamiti
sadvratam | | 46 | | § 427

1.2.158 Sarvāṅgasundarā

ārdrasantānatā- sarvasattveṣu kṛpālutvam | tyāgo- dā-
nam | kāyavāk̐cetasā trayāṅgāṃ damaḥ- upaśamaḥ | parārtheṣu-
paraprayojaneṣu, svārthabuddhiḥ- yathā ayameva svārtho
yaḥ parārthaḥ, ityubhayalokahitatvam | iti- evaṃprakā-
raṃ, sadvratam paryāptam | samāptamityarthaḥ | sat śo- 5
bhanam ca tadvratam ca sadvratam | § 428

1.2.159 Āyurvedarasāyana

ukteṣu vihāreṣu dharmam̐ vivecayati-ārdrasantānateti |
ārdraḥ-karuṇarasabhāvitatvāt tyaktakāṭhinyaḥ, santānaḥ-
cittavṛttiparamparā, yasyeti ārdrasantānaḥ | tasya bhāvaḥ
ārdrasantānatā, paramakāruṇikatvam | tyāgo-dānam | kā-
yādīnāṃ damaḥ-taccāpalanigrahaḥ | parārtheṣu-parakāryeṣu,
svārthabuddhiḥ-svārthavattātparyam | iti-etaccatuṣṭayam |
paryāptam̐-sampurṇo dharmam̐ | sadvratam̐-satām̐ vrata-
mavaśyakartavyo+arthaḥ | § 429

1.2.160 Aṣṭāṅgahr̥dayasaṃhitā

naktaṃdināni me yānti kathambhūtasya samprati | | 47 | |
duḥkhabhāṇa bhavatyevaṃ nityaṃ
sannihitasmr̥tiḥ | | 47 | | § 431

1.2.161 Sarvāṅgasundarā

naktaṃdināni- rātridināni, samprati- idānīm, kathambhūtasya-
kīdr̥śasya sataḥ, me- mama, yānti | evaṃ nityaṃ sannihit-
asmr̥tiḥ san pumān duḥkhabhāk na bhavati | § 432

1.2.162 Āyurvedarasāyana

iṣṭasādhanatvakathanadvāreṇācārāvahitavāṃ vidhatte-naktaṃdinānīti |
kiṃdeśasya, kiṃkāśasya, kiṃvayasah, kiṃmanasah, kiṃk-
āryasya mama, samprati naktāṃdināni yāntītyevaṃ sann-
ihitasmr̥tiḥ san duḥkhabhāk na bhavati | ataḥ sarvadaivā-
5 vahitena bhavitavyamityarthaḥ | § 433

1.2.163 Aṣṭāṅgahr̥dayasaṃhitā

ityācārah samāsenā, yaṃ prāpnoti samācaran | | 48 | |
āyurārogyamaśvaryaṃ yaśo lokāṃśca
śāśvatān | | 48 | |
iti śrīvaidyapatisiṃhaguptasūnu śrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ
sūtrasthāne dinacaryā nāma
dvitīyo+adhyāyaḥ | | 2 | | § 436

1.2.164 Sarvāṅgasundarā

iti- samāptau | samāsenā- saṃkṣepeṇa, tāvadayaṃācārah
pūrvoktaḥ | yaṃ samācarannanutīṣṭan (puruṣah) āyur-
ādīn prāpnoti | tathā, lokān- bhūrbhuvahsvaḥprabhṛtīn,
śāśvatān- nityān | nanu, śāśvataśabdo na yuktaḥ | yataḥ śa-
5 śvacchabdasya kālavācitvāt "kālāṭhṭhañ" iti ṭhañ prāpnoti |

tathā, "avyayānāṃ ca sāyamprātikādyarthamupasamkhyā-
 ānam" iti ṭilopaśca prāpnoti | naitadasti | "nastaddhite" ity-
 atra sūtre hyuktam- "śāśvata ityādaṃ tu ṭilopo neṣyate | kā-
 lāditi yogavibhāgāccāṅ" iti | tasmācchāśvataśbdo nyāyā
 eveti | § 437
 iti śrīmṛgāṅkadattaputraśrīmadaruṇadattaviracitāyāma-
 ṣṭāṅgahr̥dayaṭīkāyāṃ sarvāṅgasundarākhyāyāṃ
 sūtrasthāne dvitīyo+adhyāyaḥ samāptaḥ | | 2 | |

5

1.2.165 Āyurvedarasāyana

adhyāyārthamupasamharati-itīti | ācāraḥ-śiṣṭānumato vy-
 avahāraḥ | samāseneti dharmāśāstrāpekṣayā, na tvāyu-
 rvedāntarāpekṣayā, nyūnatvadoṣāpatteḥ, vistaratvaprat-
 iññābhaṅgāpatteśca | ācārāphalamāha-yamiti | eśvaryaṃ-
 apratihataśaktitvam | śāśvatān lokān-viṣṇulokādīn | sa-
 ṅgrahe tu (sū. a. 3)- "brāhmo muhūrta uttiṣṭhet jīrṇājīrṇe
 nirūpayan | rakṣārtha māyusaḥ svastho jātavegaḥ samu-
 tsṛjet | | udaṅmukho mūtraśakṛddakṣiṇābhimukho niśi |
 vācaṃ niyāmya prayataḥ saṃvītāṅgo+avaguṇṭhitāḥ | | pr-
 avartayetpracalitaṃ na tu yatnādudīrayet | nāmedhya
 mārgamṛdbhasmagosthānākīrṇagomaye | | purāntikāgri-
 valmīkaramyotkr̥ṣṭacitidrome | na nārīpūjyagorkenduvā-
 yannāgnijalam prati | | na cātiraskṛtya mahīm, bhayā-
 śaktyostu kāmataḥ | niḥśalyāduṣṭamṛtpiṇḍīparimṛṣṭama-
 lāyanaḥ | abhyuddṛtābhiḥ śucibhirmṛdbhiradbhiśca yo-
 jayet | | lepagandhāpahaṃ śaucamanutpatitabindubhiḥ |
 spr̥ṣṭvā dhātūnmalānaśru vasākeśanakhāṃśvayutān | | sr-
 ātvā bhoktumanā bhuktvā suptvā kṣutvā surārcane | ra-
 thyāmākramya cācāmedupaviṣṭa udaṅmukhaḥ | prāṅm-
 ukho vā viviktastho na bahirjānu nānyadr̥k | ajalpa-
 nuttarāsaṅgī svacchairaṅguṣṭhamūlagaiḥ | | noddhṛtai-
 rnānato nodhva nāgnipakvairna pūtibhiḥ | na phenab-
 udbudakṣārairnaikahastārpitairjalaiḥ | | nārdraikapāṇirn-
 āmedhyahastapādo na śabdavat | likhedanusukhaṃ ji-
 hvāṃ jihvānirlekhanena ca | tathā+asya malavairasyag-
 andhā jihvāsyadantajāḥ rucivaiśadyalaghutā na bhava-
 nti bhavanti ca | | praṇāmya devān vṛddhāṃśca maṅga-

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lāṣṭaśataṃ śubham | śṛṇvan kāñcanavinyastaṃ sarpiḥp-
aśyedanantaram |" (saṅgrahe śā. a. 12)-"dadhighṛtama-
dhulājapušpākṣatodumbarāśvatthamuktāmaṇi chatradū-
rvākuśādarśakanyādhvajasyandanāṣṭāpadākṣāḥ nṛpaśrīt-
5 arubhadrapīṭhāni, sasyāni, matsyāḥ, hayāḥ, haṃsacāṣā,
vṛṣaḥ kesarī, dakṣiṇāvartaśaṅkhābjasiddhārthakāḥ, roc-
anā, svastikastoraṇaṃ, kīcakā veṇavaḥ, varuṇamadhu,
madāsiktagaṇḍo gajaḥ, toyalambo+ambudaḥ, pūrṇaku-
mbho, haridrādririndraḥ, phalānyāmamāṃsam, sitaṃ cā-
10 maram, gauḥ savatsā, aṅganā putriṇī, mānuṣaṃ vardh-
amānaṃ, sahasraṃ narāṇāṃ, prayuktāni yānāni, dhanv-
antarirvāmano, brāhmaṇo, bhūmirabhyuddṛtā, siddham-
annaṃ, varāhaśca toyātthitaḥ, trinayanamadhusūdanask-
andapadmāsanāḥ, lokapālāḥ, surāḥ, khaṃ, diśo+agniḥ,
15 sarāṃsi, sravantyaḥ, samudrāḥ, makhāḥ, māruto, jyot-
iṣaṃ, dharmasāstrāṇi, tīrthāni, kāvyam, dharmārthakā-
māmṛtaṃ, vā lakhilyādayo, vedavākyaṃ, nidhiḥ, kaustu-
bhaḥ, kāñcanaṃ, māñibhadraḥ, sumeruḥ, priyaṅguḥ, pra-
dīpo, vacā, modakau, ditiraditirarundhatī, buddhiḥ, sāvi-
20 tryumā+a+aśagaṅgā, śacī, devasenā, sudhā, śāntirlakṣmīḥ,
sarasvatyapatya, kṣamā, svastiśabdo, vaṣaṭkāraḥ, oṃkār-
apuṇyāhadharmakriyāścaitadaṣṭottaraṃ maṅgalānāṃ śa-
taṃ darśanātsparśanātkīrtanāccāśubhāni vyapohyārthas-
iddhiṃ diśatyuttamāṃ" | aṣṭāpadaṃ-śārīphalam | akṣaḥ-
25 pāśakaḥ | varuṇamadhu-vāruṇī surā | (saṅgrahe sū. a.
3)- "gandhamālyādikaṃ vṛṣyamalakṣmīghnaṃ prasādha-
nam | vāso na dhārayejjīrṇaṃ malinaṃ raktamulbaṇam | |
mālyamaṇna lambaṃ na bahirna raktaṃ jalajādr̥te | naiva
cānyena vidhṛtaṃ vastraṃ puṣpamupānahau | | uttiṣṭh-
30 eta tato+atyarthamartheṣvarthānubandhiṣu | ninditaṃ dī-
rghamapyāyurasannihitasādhanam | kṛṣiṃ vaṇijyāṃ gor-
akṣāmupāyairguṇinaṃ nṛpam | lokadvayāvīruddhāṃ ca
dhanārthī saṃśrayetkriyāṃ | | muktavegastu gamanasv-
apnāhārasabhāstriyaḥ | pāṇinā+a+alamya niṣkrāmedratn-
apūjyājyamaṅgalam | | prāvṛtya paryateḍrātrau na prā-
35 vṛtya śīro+ahani | madhyāhne sandhyayo rātrāvardharā-
tre catuṣpatham | | na seveta, na śarvaryāṃ vṛkṣacaity-
āntacatvaram | na humkuryācchavam , pūjyam praśast-

ānmaṅgalāni ca | | nāpasavyaṃ parikrāmennetarāṅyanu-
 dakṣiṇam | catuṣpathaṃ namaskuryātprajñātāmśca vam-
 aspatīn | | na vyālivyādhitāśastairnādāntakṣutpipāsitaiḥ |
 na chinnapucchairnaikākṣairgopṛṣṭhena ca na vrajet | | nā- 5
 tiprage+atisāyaṃ, vā na nabhomadhyage ravau | nāsann-
 ihitapānīyo nātītūrṇaṃ na santatam | | na śatruṇā nāvid-
 itairnaiko nādhārmikaiḥ saha | dadyādvartmārtavṛddha-
 strībhāricakridvijanmane | | cakrī-rathī | snānabhojanapā-
 nāni bāhyebhyo nācāretpuraḥ | (*nipātayenna loṣṭhena na
 phalena phalaṃ drumāt | | na vāryamāṇaḥ praviśennā- 10
 dvāreṇa na cāsane | svayaṃ tiṣṭhet paraḡṛhe, yuktani-
 draṃ na bodhayet | | nācāret pāṇivākpādadr̥ṇmoḍhrod-
 aracāpalam | triḥpakṣasya kacaśmaśrunakharomāṇi kart-
 aye | | na svahastena dantairvā, snānaṃ cānu samāca-
 ret |) snānodakāvatarāṇe svapnaṃ nagno na cācāret | | 15
 pañcapiṇḍānanuddhṛtya na snāyātparavāriṇi | nātmān-
 amīkṣeta jale na taṣastho jalāśayam | | na pratisphālay-
 edambu pāṇinā caraṇena vā | snātvā na mṛjyādgātrāṇi
 dhunuyāna śīroruhān | | nivasītārdra evāśu soṣṇīṣe dh-
 autavāsasī | na tvambaraṃ pūrvadhṛtaṃ na ca tailav- 20
 ase spr̥ṣet | | vāso+anyadanyacchayane nirgame devatā-
 rcane | dharmottarābhirarthyābhiḥ kathābhistriguṇātma-
 bhiḥ | | madhyaṃ dinasya gamayadiṣṭāśiṣṭasahāyavān |
 na lokabhūpavidviṣṭaiḥ saṅgaccheta na nāstikaiḥ | | ka- 25
 livairarucirna syāddhīraḥ sampadvipattiṣu | śrutādanya-
 tra santuṣṭastatraiva ca kutūhalī | | kṣāntimān dakṣiṇo da-
 kṣaḥ susamīkṣitakāryakṛt | hnīmān dhīmān mahotsāhaḥ
 saṃvibhāgī priyātithiḥ | | akṣudravṛttirgambhīraḥ sād-
 hūrāśritavatsalaḥ | (* dātā pitṛbhyaḥ piṇḍasya yaṣṭā hotā
 kṛpātmakeḥ | | anujñātā suvartānāṃ dīnānāmanukamp- 30
 akaḥ | āśvāsakārī bhītānāṃ kruddhānāmanunāyakaḥ | |)
 vittabandhuvayavidyāvṛttaiḥ pūjyā yathottaram | ātma-
 druhamamaryādaṃ mūḍhamujjhitasatpatham | sutarām-
 anumakampeta narakārciṣmadindhanam | | parasya daṇḍaṃ
 nodyacchetkruddhonainaṃ nipātayet | anyatra putrācch- 35
 iṣyādvā śāsanārhadhitāśayaḥ | | nṛtyavāditragītādiṣūlb-
 aṇāṃ nācāretkriyām | (*prasiddhakeśavāgveṣaśamasāntv-
 aparāyaṇaḥ |) ūrdhvaṃ nābheḥ śarīrasya spr̥sennādhar-

avāsasā | na kuryānmithunībhūya śaucam prati vilamb-
anam | pāṇidvayena yugapatkaṇḍūyennātmanaḥ śiraḥ | |
(*vahenna bhāram śirasā yugapaccāgnivāriṇī |) pādam pā-
dena nākrāmenna kaṇḍūyenna śaucayet | na kāmasyabhā-
5 jane tau ca nopaviṣṭaḥ prasārayet | | nāsamiddhamupās-
īta hutāśam naiva cāsuciḥ | nānuvātam na vivṛto na klā-
nto nānyamānasah | | dhamennāsyena na skandennādhaḥ
kuryāna pādataḥ | na skandet-na vikiret | satataḥ na ni-
rīkṣeta calasūkṣmāpriyāṇi ca | | nāpraśastam na viṇmū-
10 tram na darpaṇamamārjitam | nānyadapyatitejasvi na kr-
uddhasya gurormūkham | | strīṃ na sravantīm nodakyām
na nagnām nānyasaṅgatām | na patnīm bhojanasvapna-
kṣutṛṭṛjṛmbhāsukhāsane | | śayītanaikaśayane na cāsnīyā-
ttayā saha | tāmanīrṣyaṃśca gopāyet svairiṇīm nādhivās-
15 ayet | | nocchiṣṭastārakārāhutuhināmśudivākarān | paśye-
nna yāyāna paṭhenna svapyāna sprṣecchiraḥ | | pāyay-
antīm carantīm vā nānyasmai gām nivedayet | arkendup-
ariveṣolkāśatakratudhanūṃṣi ca | | nānyaddevārcane ku-
ryātkarma, dhāvenna varṣati | tithīm pakṣasya na brūy-
20 ānnakṣatrāṇi na nirdiśet | | nātmano janmalagnarkṣadha-
nasāram gr̥he malam | saśabdamanilaḥ hastabhrūnetro-
tkṣepaṇam tyajet | | hīnānāryātinipuṇasevām vighrahamu-
ttamaiḥ | ārogyajīvitaiśvaryavidyāsusthitimānitām | | nai-
kāhamapyadhivasedvāstu tacchāstragarhitam | na deśam
25 vyādhibahulam § 439

nāvaidyaḥ nāpyanāyakam | | nādharmijanabhūyiṣṭhaḥ
nopasrṣṭam na parvatam | vaset prājyāmbubhaiṣajyasami-
tpuṣpatṛṇendhane | | subhikṣakṣematārogyapaṇḍitairma-
ṇḍite pure | nāmarāṇām na siddhānām śāstrāṇām vā jugu-
30 psakaḥ | | ārādhakastrivargasya yathāyogyam janasya ca |
daśa karmapathān rakṣan jayedābhyantarānarīn | | parop-
aghātakriyayā varjayedarjanam śriyaḥ | arthānām bahvan-
arthānāmadātā+api hyasambhavāt | | svargāpavargavibh-
avānayatnenādhitīṣṭhati | sāyam bhuktvā laghu hitam sa-
35 māhitamanāḥ śuciḥ | | śāstāramanusamsmṛtya śarvayām
cātha samviśet | deśe śucāvanākīrṇe dvitrāpta paricāra-
kaḥ | | yuktopadhānam svāstīrṇam vistīrṇāviṣamam su-
kham | jānutulyam mṛdu śubham seveta śayanāsanam | |

prāgdakṣiṇaśirāḥ pādāvakurvāṇo gurūn prati | pūrvāpar-
aniśābhāge dharmamevānucintayan | | ādadīta sadā deh-
āditthaṃ sāramasārataḥ | bibhyatpratikṣaṇaṃ mṛtyoraya-
thātathaceṣṭitāt | | ārogyavibhavaprajñāvayodharmakriy- 5
āvataḥ | sukhamāyurhitam coktaṃ viparītaṃ viparyaye | |
sarvatejonidhānaṃ hi nṛpa ityucyate bhuvi | adūṣayanma-
nastasmādbhaktimāṃstamupācaret | | paryastikopāśraya-
kopahāsavivādaniṣṭhīvanajrmbhaṇāni | sarvāḥ prakṛtya-
bhyadhikāśca ceṣṭāstatsannidhāne parivarjayecca | sattv- 10
ādyavasthā vividhāśca tāstāḥ samyak samīkṣyātmahitaṃ
vidadhyāt | anyo+api yaḥ kaścidihāsti mārgo hitopadeśeṣu
bhajeta taṃ ca | |" iti | ityabaddhakramā viharāḥ | § 440
iti hemādritīkāyāmāyurvedarasāyane |
dinacaryāprakaraṇam sāmastyena nirūpitaṃ | | 2 | |

1.3 ṛtucaryādhyāyaḥ : 3

1.3.1 Āyurvedarasāyana

ṛtucaryādhyāyaṃ vyākhyātum pratijānīte-atheti | yataḥ
pūrvādhyāye dainandino vihāra uktaḥ | ārtavo vakta-
vyah | sa cāsminnadhyāye | ata evāyamṛtucaryākhyah |
§ 442

1.3.2 Aṣṭāṅgahrdayasaṃhitā

athāta ṛtucaryādhyāyaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 444

1.3.3 Sarvāṅgasundarā

pūrvavadvyākhyeyam | § 445

1.3.4 Aṣṭāṅgahrdayasaṃhitā

māsairdvisamkhyairmāghādyaiḥ kramāt ṣaḍṛtavaḥ
smṛtāḥ | | 1 | |
śiśiro+atha vasantaśca grīṣmo
varṣāśaraddhimāḥ | | 1 | |
śiśirādyāstribhistaistu
vidyādayanamuttaram | | 2 | |
ādānaṃ ca, tadādatte nṛṇāṃ pratidinaṃ
balam | | 2 | | § 449

1.3.5 Sarvāṅgasundarā

tatra ṛtuviśeṣān lakṣayati- māsairiti | dvisamkhyairiti ṣaṭk-
ṛtvā āvartyaikaśeṣaḥ kartavyaḥ | tatra māghaphālgunau-
śiśiraḥ, caitravaiśākhau-vasantaḥ, jyeṣṭhāśāḍhau-grīṣmaḥ,
śrāvaṇabhādrapadau-varṣāḥ, āśvinakārtikau-śarat, mārgaśrīṣapauṣau-
5 hemantaḥ | nanu suśrutena bhādrapadādyairvarṣādaya ṛt-
ava uktāḥ | tadyathā (su.sū.a. 6/10)- "bhādrapadāśvayujau-
varṣāḥ , kārtikamārgaśrīṣau-śarat,pauṣamāghau- hema-
ntaḥ, phalgunacaitrau-vasantaḥ, vaiśākhajyeṣṭhau-grīṣmaḥ,
āśāḍhaśrāvaṇau-prāvṛṭ " iti | iha tvanyatheti virodhaḥ |
10 maivam | na hi phalgunacaitrau-vasantaḥ nāpi caitrava-
iśākhau | kintu mīnameṣau | yadā phālgunādau mīnasa-
nkrāntistadā phalgunacaitrau-vasantaḥ,yadā tu phālgunā-
nte tadā caitravaiśākhau | evaṃ vṛṣamithunau- grīṣmaḥ,
karkaṭasimhau-varṣāḥ, kanyātule-śarat, vṛṣcikadhanuṣī-
15 hemantaḥ, makarakumbhau-śiśiraḥ, iti | uktaṃ ca jyotiḥśāstre-
"mṛgādirāśidvayabhānubhogāt ṣaḍartavasyuḥ śiśirovasa-
ntaḥ | grīṣmaśca varṣāśca śaracca tadvaddhemantanāmā
kathito+atra ṣaṣṭhaḥ | |" varṣāyanartuyugapūrvakamatra
saurāditi ca | sauraśca māsastatraivoktaḥ-" darśāvadhim
20 māsamuśanti cāndraṃ, sauraṃ tathā bhāskararāśibhogāt |
triṃśaddinaṃ sāvanasaṃjñamāryā,nākṣatramindorbhagaṇabhramācca | "
iti | avaśyaṃ caivamaṅgīkartavyam, anyathā adhimā-
sanipāte māsatrāyamṛtuḥ syāt | saṅgrahe tu (sū.a.4)-
"māsarāśisvarūpākhyamṛtoryallakṣaṇatrayam | yathotta-
25 raṃ bhajeccaryāṃ tatra tasya balāditi" iti | māsalakṣaṇā-
drāśilakṣaṇaṃ balavat, ato rāśilakṣaṇamevāṅgīkṛtam, sv-
arūpalakṣaṇasya ṛtuviparyayaparyavasānāt | uktaṃ hi ta-

traiva (saṅgrāhe sū.a.4)-ṛtuṣvevaṃvidheṣveva vidhiḥ svā-
 sthyāya dehinām | nirdiśyate+anyarūpeṣu viruddhajñān-
 iko vidhiḥ | " iti | tasmācchīśiraṣaṭkaprāvṛṣaṭkayoḥ saṃjñ-
 āmātreṇaiva bhedaḥ | saṃjñābhedaṃ ca deśabhedenāha
 kāśyapaḥ-"bhūyo varṣati parjanya gaṅgāyā dakṣiṇe taṭe | 5
 ataḥ prāvṛṣ ca varṣāśca ṛtū tatra prakalpitau | | tasyā ev-
 ottare deśe himavadvindhyaśānkule | bhūyaḥ śītamatāst-
 atra hemantaśīśirāvubhau | | " iti | dakṣiṇadeśīyairvṛṣṭisa-
 mbandhinordvayoḥ prāvṛḍvarṣākhyatvaṃ kṛtvā, pāriśe-
 ṣyācchītasambandhinordvayoḥ śaraddhemantākhyatvaṃ 10
 kṛtam | uttaradeśīyaistu śītasambandhinordvayorhemant-
 aśīśirākhyatvaṃ kṛtvā, pāriśeṣyādvṛṣṭisambandhinordva-
 yorvarṣāśaratsaṃjñatvaṃ kṛtamityarthaḥ | vṛṣṭiśītabāhu-
 lyopanyāsastatrānvarthasaṃjñārthaḥ , na ca saṃjñāśānk-
 are lakṣaṇaśānkaraḥ, doṣāṅgāṃ doṣadhātumalasaṃjñāvat | 15
 anye punarbhedaṃ manvānāannarasān balaṃ cādhikṛtya
 śīśiraṣaṭkam, cayādīn śodhanaṃ cādhikṛtya prāvṛṣaṭkam,
 iti vyavasthāpayanti | tadasat | carakakhāraṇādiprabhṛti-
 bhiḥ śīśiraṣaṭkamevādhikṛtya cayādīnāmuktatvāt | śodh-
 anasyatu caitraśrāvaṇakārtikeṣu vidhānnāna ṛtvapekṣā | 20
 ṛtvapekṣāyāmapi sādharāṇartūnāṃ śīśiraṣaṭkepi vidyam-
 ānatvāna prāvṛṣaṭkāpekṣā | anyetu gaṅgāyā dakṣiṇe vṛ-
 ṣṭibāhulyāt prāvṛṣaṭkam, uttare śītabāhulyāt śīśiraṣaṭkam,
 iti vyavasthāpayanti | tadapyasat ubhayatrāpi cāturmās-
 ikavṛṣṭiśītopalambhāt, āśvine divyodakagrahaṇasyobha- 25
 yadeśaviṣayatvācca | bhedapakṣe hyuttaradeśe tadanārt-
 avam syāt | yattu suśrutasya (u.a.64/45)-"tāpātyaye hitā
 nityam" ityādi,varṣācaryāyāḥ pṛthak prāvṛṣcaryābhidhā-
 nam, tadatidurdiviṣayam | tathā ca carakaḥ (sū.a.6/36)-
 " vyaktāmlalavaṇasnehaṃ vātavarṣākule+ahani | viśeṣāś- 30
 īte bhoktavyaṃ varṣāsvanilaśāntaye | | " iti | ata eva su-
 śrutena tāpātyayaśabdaḥ prayuktaḥ | tāpasya- arkapra-
 kāśasya, atyayaḥ- atyantāpagamaḥ, sa cātidurdina eva,
 iti sarvaṃ samañjasam | tasmādvāgbhaṭācāryābhimata-
 mabhedapakṣamevāśrayadhvamiti | prathamartutrayasya 35
 saṃjñādvayamāha-tribhiriti | taiḥ-śīśirādyaistribhiḥ, utta-
 rāyaṇamādānaṃ ca vidyāt | ādānasajñāṃ nirvakti- tadād-
 atta iti | tat-śīśirāditrayaṃ, nṛṇāṃ pratidinaṃ balamāda-

tte, iti ādānam | balavisargaṃprati saumyatvasya hetutv-
enopādānāt balādānaṃ prati āgneyatvasya hetutvaṃ jñe-
yam | § 450

1.3.6 Sarvāṅgasundarā

māsairityādinā kālopavarṇanamāha | nanu, kālopavarṇ-
anaṃ dinacaryāyāṃ kasmāna kṛtam ? ucyate | ṛtuga-
uravodbhāvanārtham | ṛtavo hi viśeṣeṇopayoginaḥ, vi-
pratipatteśca | yathā- eke cāturmāsikamṛtuṃ kṛtvā śī-
5 toṣṇavr̥ṣṭilakṣaṇān hemantagr̥ṣmavar̥ṣākhyāṃstr̥nṛtūni-
cchanti | apare tu dvimāsikān śīśiravasantagr̥ṣmavar̥ṣā-
śaraddhemantalakṣaṇān ṣaḍṛtūniti | dve saṃkhye yeṣāṃ
te dvisam̐khyāḥ, tairdvisam̐khyaiḥ | māgha ādyo yeṣāṃ
phālgunādīnāṃ ta evam | tairdvisam̐khyairmāghādyai-
10 rmāsaiḥ kramāt- paripāṭhyā ṣaḍṛtava smṛtāḥ | ke te ?
ityāha- śīśirādyāḥ- śīśiravasantagr̥ṣmavar̥ṣāśaraddhema-
ntāḥ | upacārādeva ṣaṭtve labdhe ṣaḍgrahaṇaṃ paramata-
kṣepārtham | tathā hi- kecit traya eva ṛtava iti manyante |
taistu ṛtubhistribhiḥ śīśirādibhiruttarāyaṇaṃ vidyāt- jānī-
15 yāt | ayanamuttaraṃ- savituruttaramārgapratipattiḥ, utta-
rāyaṇaṃ ādānaṃ jānīyāt | ādānamiti cānvarthaṃ nāma iti
pratipādayati | tadā- tasmin kāle, nṛṇāṃ pratidinaṃ- anv-
ahaṃ, balamādatte- sāraṃ gr̥hṇāti | ko+asau ? prakṛtatvā-
dādityaḥ | § 451

1.3.7 Aṣṭāṅgahr̥dayasaṃhitā

tasmin hyatyarthatīkṣṇoṣṇarūkṣā
mārgasvabhāvataḥ | | 3 | |
ādityapavanāḥ saumyān kṣapayanti guṇān
bhuvāḥ | | 3 | |
tiktaḥ kaṣāyaḥ kaṭuko balino+atra rasāḥ
kramāt | | 4 | |
tasmādādānamāgneyam-----
| | 4 | | § 455

1.3.8 Sarvāṅgasundarā

ādityaśca pavanāścādityapavanāḥ, te tasmin kāle yasmā-
tsaumyāṅguṇān bhuvah sambandhinaḥ kṣapayanti- vin-
āśayanti | kīdrśāste ? atyartham- atīśayena tīkṣṇāścoṣṇā-
śca rūkṣāścātyartha- tīkṣṇoṣṇarūkṣāḥ | kasmādevaṃvidh-
āste ? ityāha- mārghasvabhāvataḥ- vartmasvābhāvvyāt | na 5
ca svabhāvaḥ paryanuyogamarhati | mārghaḥ- uṣṇāmśoru-
ttaradiggamanam | yataścādityapavanā rūkṣāstatastiktā-
dayo rasā balino bhavanti | kramādityanena yathāsaṃkhyā-
matra bodhayati | tena tiktaḥ śīśire, vasante kaṣāyo, grīṣme
kaṭuko, balītyavatiṣṭhate, na sarve tiktādaya ekaikasminn- 10
ṛtāviti | tikta ityādyasamāsakaraṇam jñāpanārtham | tiktā-
direkaiko balī bhavati | dvau tu svapramāṇāvasthitau | na-
ivartau pṛthagbhūya tiktāderbalavattvamityarthaḥ | yata
evaṃ bhūmeḥ saumyaguṇāhānirvardhanam ca rūkṣāṇām
rasānām, tasmātkāraṇādādānamāgneyam | § 456 15

1.3.9 Āyurvedarasāyana

āgneyatve hetumāha- tasminniti | hi- yasmāt, tasmink-
āle, bhuvah saumyān guṇanādityapavanāḥ kṣapayanti |
nanvādityapavanāḥ sarvadā santo+api tadaiva kutaḥ kṣ-
apayanti? ityata āha-atyarthatīkṣṇoṣṇarūkṣāḥ, mandā-
disaumyaguṇaviparītatīkṣṇādiguṇodrekādityarthaḥ | tad- 5
aivaivaṃ kutaḥ? ityāha-mārghasvabhāvataḥ,- mārghasv-
abhāvābhyām | svabhāvaḥ prakṛtatvātkālasya | uktaṃ
hi saṅgrahe(sū.a.4)-"kālasvabhāvamārgaparigrhītaḥ" iti |
mārgho- makarādirāśiparicchinna ākāśabhāgaḥ | yataścātra-
asminkāle, tiktādayo rasā balinaḥ, kramāditi yathāsaṅkhy- 10
enottarottarāśca | tena śīśire tikto balī, tatopi vasante kaṣā-
yaḥ, tatopi grīṣme kaṭuka iti | tasmāditi āgneyaguṇairvipa-
rītānām saumyaguṇānām hānestulyaguṇānām tiktādīnām
vṛddheścādānamāgneyam | § 457

1.3.10 Aṣṭāṅgahrdayasaṃhitā

-----ṛtavo dakṣiṇāyanam | | 4 | |

varṣādayo
visargaśca----- | | 5 | | § 459

1.3.11 Sarvāṅgasundarā

trayo varṣādaya ṛtavo dakṣiṇāyanam bhagavato divākara-
sya dakṣiṇadiggamanam | sa ca kālo visargākhyah | § 460

1.3.12 Āyurvedarasāyana

dvitīyartutrayasya saṃjñādvayamāha-ṛtava iti | varṣāday-
astraya ṛtavo dakṣiṇāyanam visargaścocyate | § 461

1.3.13 Aṣṭāṅgahr̥dayasaṃhitā

-----yadbalaṃ viṣṛjatyayam | | 5 | |
saumyatvādatra somo hi balavān hīyate
raviḥ | | 5 | |
meghavṛṣṭyanilaiḥ śītaiḥ śāntatāpe
mahītale | | 6 | |
snigdhdhāścehāmlalavaṇamadhurā balino
rasāḥ | | 6 | | § 465

1.3.14 Sarvāṅgasundarā

yat- yasmāt, balamayaṃ kālo viṣṛjati- dadāti dakṣiṇāya-
nākhyah, tasmādvisargo+anvarthasaṃjñah kālah | hi- ya-
smāt, atra- visargākhye kāle, saumyatvāt- somabhūyiṣṭh-
atvāt, somo balavān, tadāśritarātrivṛddhidarśanāt | hīyate
5 raviḥ- tadāśritadinahānyupalabdherhīnaśaktiḥ sampady-
ate | kadā ? mahītale- bhūpṛṣṭhe, śāntatāpe sati | kaiḥ ? me-
ghavṛṣṭyanilaiḥ śītaiḥ | śītairityupalakṣaṇārtham, visarg-
akālatvānmṛdubhiḥ snigdhairapīti | ata eva snigdhdhā rasā
amlalavaṇamadhurā balino bhavanti | atrāpi kramāditya-
10 nuvartate | pūrvavacca vyākhyeyam | § 466

1.3.15 Āyurvedarasāyana

visargasamjñam nirvakti-yadbalamiti | yat-yasmāt, ayam
 kālah saumyatvāddhetorbalaṃ visṛjati-dadāti, ato visarg-
 ākhyah | saumyatve hetumāha-atra soma iti | hi-yasmāt,
 atra-asmin kāle mārge ca, tadvaśātsomo balavān bhav- 5
 ati | taviśca hīyate-tyajyate, prakṛtatvādbalena | na keva-
 laṃ kāmārgavaśāt, kintu śītairmeghavṛṣṭyanilaiśca | vṛ-
 ṣṭyā vinā+api chāyāyā eva kāraṇatvānmeghānām pṛtha-
 ggrahaṇam | tathā, iha-asmin kāle, amlādyāḥ snigdḥā rasā
 balino bhavanti | kasmīnsati ? taireva meghādyaiḥ śāntat- 10
 āpe mahītale sati | ādāne hyādityapavanatāpitāyām bhuvi
 saumyaguṇakṣayādrūksā rasā balina āsan | visarge punaḥ
 śāntatāpāyām bhuvi saumyaguṇalābhāt snigdḥā rasā ba-
 lina ityarthah | cakāreṇa kramādityanukṛṣyate | tena va-
 rṣāsvamlo balī, tato+api śaradi lavaṇah, tato+api hem- 15
 ante madhura iti siddham | somavṛddhyā, sūryahānyā,
 snigdharasabalitvena ca visargasya saumyatvamitivāky-
 ārthah | kāmārgayoḥ kāraṇatvaṃ saṅgrāhe+apyuktam
 (sū. a. 4)- "kāmārgameghavātavarṣābhihatapratāpe da-
 kṣiṇāyanage+arke śāśini cāvyaḥatabale" iti | mārgo+atra 20
 karkaṭādirāśiṣaṭkaparicchinna ākāśabhāgaḥ | § 467

1.3.16 Aṣṭāṅgahrdayasaṃhitā

śīte+agryam vṛṣṭidharme+alpam balaṃ madhyam tu
 śeṣayoḥ | | 7 | | § 468

1.3.17 Sarvāṅgasundarā

śītasvabhāve kāle hemantaśiśirākhye nṛṇāmagryam balaṃ
 bhavati | vṛṣṭiśca gharmaśca tasminvṛṣṭigharme- varṣāgr-
 eesṃākhye kāle+alpam | turavadhāraṇe | śeṣayoḥ- śaradv-
 asantayorṛtvormadhyameva balaṃ | nanu, vasante ādāna- 5
 kālatvādatyarthatikṣṇoṣṇarūksairādityapavanaiḥ śoṣyam-
 āṇeṣu balavṛddhihetuṣu bhavaḥ saumyeṣu guṇeṣu, ka-
 tham madhyabalatvamiti ? atra brūmah | varṣādiṣu triṣv-
 ṛtuṣu balaṃupacitam krameṇaivāpacīyate | yathā- kṛṣṇa-

pakṣe candraḥ | tasmāddīrghakālānuvṛttaṃ balamupaci-
taṃ vasante krameṇaivāpacīyate, iti madhyabalatvaṃ yu-
ktam | anenaiva hetunā śīṣire+agryabalatvam | yataḥ sa-
kalena visargiṇā kālena yadupacitamatisāyena balaṃ tat
5 śīṣire prārambhamātrādānakāle+apacīyamānamapi balaṃ
na hīnaṃ lakṣyate | yathā- kṛṣṇapakṣādau candraḥ kṣīy-
amāṇaḥ, iti yuktamuktaṃ sīte+agryaṃ balaṃ vasante ca
madhyaṃ balamiti | § 469

1.3.18 Āyurvedarasāyana

yenaiva krameṇa balamupacīyate, tenaiva cāpacīyata ityāha-
sīte+agryamiti | sīte-hemantaśīṣirayoḥ, agryaṃbhāgatra-
yapūrṇaṃ balaṃ | vṛṣṭīnarme-prāvṛḍgrīṣmayoḥ, alpa-
ṃbhāgadvayonam | śeṣayoḥ-śaradvasantayoḥ, madhyaṃ-
5 ekabhāgonam | (ye tu śīṣire caturbhāgapūrṇasya balasya
vasante bhāgadvayonatvaṃ vidhāya madhyaṃ balaṃ ka-
lpayanti | tadasat | krameṇāpacitau vasante bhāgadvayo-
natānupapatteḥ | utkṛṣṭamadhyālpatayā atra madhyatvaṃ
vedyam | ekabhāgonam madhyaṃ, dvibhāgonamalpa-
10 iti |) yāvadbalaṃ visargasyāntye dine tāvadādānasyādye,
yāvadvisargasyopāntye tāvadādānasya dvitīye | evaṃ yā-
vadvisargasyādye tāvadādānasyāntye, iti hemantaparya-
ntaṃ vācyam | iti ṛtunirṇayaḥ | § 470

1.3.19 Sarvāṅgasundarā

atha ṛtucaryāmāha | tāṃ ca śīṣirādyuddeṣe+api hemāntā-
dikrameṇa, śīṣiracāryāyā hemantacaryāmūlatvāt | tatra so-
papattikāṃ madhurādisevāṃ vidhatte-balina iti | yato he-
mante analaḥ prabalo bhavati | sa cālpendhanaḥ san dh-
5 ātūn pacet | ato madhurādīn seveta | prābalye hetumāha-
śītasamrodhāt, romakūpānāvṛṇvatā sītenārciṣāṃ bahiḥ
pracāre vārite piṇḍitoṣmatvāt prabalaḥ | nanvevaṃ va-
rṣāsavyāpadyeta ityata āha-balinaḥ, balitve sati sīta-
ṃrodhāt | varṣāsu punarbalahāniḥ | nanu, prabalaścett-
10 atkiṃ snigdhoṣṇavīryāmlalavaṇān seveta ? ityata āha-
vāyuneritaḥ,-sītajanitavāyunā sandhukṣitaḥ, sa dhātūn pa-

cet | amlalavaṇau ca snigdhoṣṇavīryatvācchītasya tajjan-
 itavāyośca viparītau | ayam vidhiḥ kiṃ hemantamātre ?
 netyāha-hime,-śītayukte | hemante viśeṣye satyapyasmi-
 nniṭi padaṃ hemanta eva hime eva, ayam vidhīrṇānyadeti 5
 niyamārtham | idaṃ copalakṣaṇam | tena yasyartoryalla-
 kṣaṇam, tadyukta eva tasminneva tadvidhiriti | suśrutastu
 (u. a. 64/22) tiktakaṭukasevāmāpyāha-"hemante lavaṇakṣ-
 āratiktāmlakaṭukotkaṭam | sasarpistailamahimamaśanaṃ
 hitamucyate | |" iti | sāpyucitā, cīyamānakaphapratyanīk-
 atvāt | hemante hi vātakaphau cīyate | yadāha khāraṇādiḥ- 10
 "pittaṃ sāmīyate, tacchaityādvāyuh śleṣmā ca cīyate" iti |
 § 471

1.3.20 Aṣṭāṅgahṛdayasaṃhitā

balinaḥ śītasamrodhāddhemante prabalo+analaḥ | | 7 | |
 bhavatyalpendhano dhātūn sa
 pacedvāyuneritaḥ | | 8 | |
 ato hime+asminseveta
 svādvamlalavaṇātrasān | | 8 | | § 474

1.3.21 Sarvāṅgasundarā

kila visargābhivarddhitabalatvātpumān balī bhavati | ta-
 sya balinaḥ puṃso hemante kāle śītasamrodhāddhetor-
 analo+agnirbalī bhavati | yataḥ sarvataḥ srotorodhājāth-
 aro+agnirāntarairēva sverarcirbhirabhivardhate | vardhit- 5
 aścāsau yuktamāhāraṃ samyakpacati | pakvāccāhārādba-
 lamabhyādhikam jāyate | hemante ityanena etat dyotay-
 ati, asminneva kāle śītasamrodhāt prabalo+agnirbhavati,
 na tu ṛtvantaropajanitaśītasamrodhāt | tathā hi- anyartuj-
 ena śītenāgnisādo bhavati, yathā- varṣāsu | tatra hi vṛṣṭi- 10
 vātābhyām bhavati śītam, na cāgnidīptiḥ | tathā cāṣṭāṅg-
 asaṅgrahe (sū.a.4)- "vṛṣṭivātākule tvahni bhojanaṃ kleda-
 vātajit | pariśuṣkam laghusnigdhamuṣṇāmlalavaṇam bh-
 ajet" iti | iha punaranekarūpaṃ gauravayuktaṃ bhojanaṃ
 śasyate | vakṣyati hi- "ato hime+asmin" ityārabhya yāvat

"rasān snigdghānpalaṃ puṣṭam" ityādi | tathoktam- "ūṣmā
 bahiḥ pratihato himaśītavātairantaḥ śarīravivaraṃ prati-
 padyamānaḥ | svasthānapiṇḍitavapurbhavati pracaṇḍaḥ
 5 "sīte+anilānalahaḥ vidhirīṣyate+ataḥ" iti | tathā, yadyapi
 "tatra sattvaśarīrottham" ityārabhya yāvat "tathorjaskaray-
 ogajam" ityādinā (hr.śā.a.3/78) granthenāhāro yuktajasya-
 ikasyaiva balasya heturityukto granthakṛtā | tathā+api yu-
 ktyā nirūpyamānaḥ sahaḥkālajayorapi balayorāhāra eva
 10 na syāt | tadanayā yuktyā trividhamapi balamāhārajam-
 iti boddhavyam | nanu, yadi prabalo+analo bhavati, tataḥ
 kim ? ityāha- alpendhana ityādi | alpamindhanamāhārā-
 khyam yasya so+alpendhanaḥ san, so+analo, dhātūn- ra-
 sādīn pacet | kīdrśaḥ ? vāyuneritaḥ- vātoddīpitaḥ | ataḥ-
 15 asmādanantaroktāddhetoralpendhanatve sati dhātupākā-
 khyāt | asmin hime sīte svādvamlalavaṇākhyān rasān se-
 veta | nānyartusambhave hima ityasyārthasya dyotanāya
 (asmin) hima ityuktam | § 475

1.3.22 Aṣṭāṅgahr̥dayasaṃhitā

dairghyānniśānāmetarhi prātareva bubhuḥṣitaḥ | | 9 | |
 avaśyakāryam sambhāvya yathoktam
 śeelayedanu | | 9 | |
 vātaghnatailairabhyaṅgam mūrdhni tailam
 vimardanam | | 10 | |
 niyuddham kuśalaiḥ sārddham pādāghātam ca
 yuktitaḥ | | 10 | | § 479

1.3.23 Sarvāṅgasundarā

etarhi- etasminkāle, bubhuḥṣitaḥ prātareva- pratyūṣasi,
 nānyakāle yatkiñciddinātikrāntau satyām, avaśyakāryam-
 mūtrotsargādikaṃ dinacaryoktam, sambhāvya- sampā-
 dya, yathoktam- yathānirdiṣṭam, anu- paścat, vātaghna-
 5 tailābhyaṅgādikaṃ śīlayet | yadyapi "bubhuḥṣitaḥ, ava-
 śyakāryam sambhāvya yathoktam śīlayedanu" ityuktam,

tathāpi bubhuṣitena na tathānyatkāryaṃ kāryam, ya-
 thā bhojanam | tathā cōktam- "āhārakāle samprāpte yo
 na bhunkte bubhuṣitaḥ | tasya sīdati kāyāgnirindh-
 ana ivānalaḥ | |" iti | tasmādaucityādbubhuṣitenāhāraḥ
 kārya iti vedyam | nanvanyasminnapi kāle bubhuṣ- 5
 itasyaivāhārānujñānādiha bubhuṣitagrahaṇam na kā-
 ryam | yuktamāha bhavān | kintvasminkāle jāṭharāgnir-
 atyagnicchāyānukārī bhavati | tato+asya jāṭharāgnir-
 agnerivopacāro yuktaḥ | yathā (carake ci.a.15/219, hṛd-
 aye ci.a.10/84)- "muhurmuhurajīrṇe+api bhojyānyasyop- 10
 ahārayet | nirindhano+antaram labdhvā yathainaṃ na vi-
 pādayet | |" iti | abubhuṣitasyaiva bhojanādhikāritvam-
 iti bhrāntinirāsāyeha bubhuṣitagrahaṇam | niśānāṃ da-
 irghyāditi viśiṣṭakālopalakṣaṇārtham kṛtam | yadā+atra
 hemante śarvāryo dīrghā jāyante, tadaiṣa vidhiḥ sarvo- 15
 nuṣṭheyo na prārabdhamātra evāsminniti | nanvatra se-
 veta śīlayedbhajedyekārthābhidhāyīni bahūni kriyāpa-
 dāni kiṃ nirdiṣṭāni ? ekenaivārthādhigateḥ | atra brū-
 maḥ | kāryāntarasūcanārthametatpadatrayam kṛtam | ta-
 thā hi- "ato hime+asminseveta" ityatra yaḥ sevetaśabdaḥ 20
 sa idaṃ dyotayati- svādvamlalavaṇarasāḥ pavanavijayā-
 rthamasmin kāle nitarāmupayoktavyāḥ | na kādācitka eṣ-
 āmasminnṛtāvupayogo vidheya iti | ata eva vātaghnatailā-
 bhyaṅgādeḥ pṛthageṣāṃ rasānāmupanyāsaḥ | tathā, "ya-
 thoktam śīlayet" ityatra yaḥ śīlayedyeṣa śabdaḥ sa vāt- 25
 aghnatailādeḥ sarvasya tulyakakṣatām dyotayati | tathā,
 "prāvārājina" ityādau yo bhajecchabdaḥ sa sakalasyāhār-
 avihāraśīlanasya śayanavidheśca tulyatām prathayati | ta-
 thā ca vakṣyati (sū.a.7/51)- "āhāraśayanābrahmacaryair-
 uktyā prayojitaiḥ | śarīram dhāryate nityamāgāramiva dh- 30
 āraṇaiḥ | |" iti | vātaghnatailairabhyaṅgam śīlayet | taila-
 sya sarvasyaiva vātaghnatvādvātaghneti viśeṣaṇamatīśay-
 apratipādanārtham, tena balātailādibhiriti bodhyam | mū-
 rdhni tailam-śirobhyaṅgādi | vimardanam- śarīrasamvā-
 hanam, etadaucityādabhyaktaḥ san śīlayet | kuśalaiḥ- 35
 tavidbhiḥ sārddham, niyuddham- bāhuyuddham, śīlayet |
 pādāghātam- pādēna vimardanam, yuktita ityanenārdhaś-
 aktyaiva śīlanam dyotayati | bāhuyuddhapādāghātayośc-
 ānabhyaktasyaiva śīlanam yuktam | § 480

1.3.24 Sarvāṅgasundarā

dinacaryāvihitasyābhyaṅgādevirśeṣamāha-dairghyāditi | etarhi-
etasminkāle, abhyaṅgādīn śīlayet | kadā ? prātaḥ | kimav-
aśyakāryaṃ bādhitvā ? netyāha-yathoktamavaśyakāryaṃ-
śaucādikaṃ, sambhāvya-samyak kṛtvā | kimajātānnap-
5 āneccha eva ? netyāha-bubhuḥṣita eva | nanu prātaḥ
kathaṃ bubhuḥṣitaḥ ? ityata āha-niśānāṃ dairghyāt |
sambhāvyyetyanena paścādarthe siddhe nairantaryārth-
amanugrahaṇam | abhyaṅgasekapicavo vastiśceti catu-
rvidhaṃ mūrdhatailam | abhyaṅgasya pṛthagupādāna-
10 mitarāvayavārtham | vimardanaṃ-karābhyāṃ pīḍanam |
abhyaṅgamūrdhatailavimardanāni vātaghnatailairbalāta-
ilādibhiḥ śīlayet | niyuddhaṃ-bāhuyuddham | kuśalaiḥ-
mallaiḥ | pādāghātaṃ-pādābhyāṃ mardanam | yuktiḥ-
mātrādyanatikrameṇa | § 481

1.3.25 Aṣṭāṅgahr̥dayasaṃhitā

kaṣāyāpahṛtasnehastataḥ snāto yathāvidhi | | 11 | |
kuṅkumena sadarpeṇa
pradigdho+agurudhūpitaḥ | | 11 | |
rasān snigdhan palam pṛṣṭam
gauḍamacchasurāṃ surāṃ | | 12 | |
godhūmapīṣṭamāṣeḥsuḥṣīrotthavikṛtīḥ
śubhāḥ | | 12 | |
5 navamannaṃ vasāṃ tailaṃ, śaucakārye
sukhodakam | | 13 | |
prāvārājinakauśeyapraveṇīkaucavāstr̥tam | | 13 | |
uṣṇasvabhāvairlaghubhiḥ prāvṛtaḥ śayanam
bhajet | | 14 | |
yuktyā+arkakiraṇān svedaṃ pādatrāṇam ca
sarvadā | | 14 | | § 489

1.3.26 Sarvāṅgasundarā

kaṣāyeṇa- rodhrādinā, apahṛtaḥ- apanītaḥ, sneho yasya sa
evam | tataḥ- anantaram, yathāvidhi- śāstroditena vidh-

ānena, snātaḥ | kuṅkumena- kāśmīreṇa, pradigdhaḥ- an-
 uliptaḥ | darpaḥ- kastūrīkā, tena saha vartate yatkuṅk-
 umaṃ tadevam | tathā, aguruṇā- joṅgakena dhūpitaḥ |
 rasān- māṃsarasān, snigdhān bhajet | māṃsarasānāṃ sni- 5
 gdhatve+api snigdhāniti viśeṣaṇamatisāyadyotanārtham |
 snigdhatamān rasānityarthaḥ | palaṃ- māṃsaṃ, puṣṭaṃ-
 meduraṃ, bhajet | tathā, guḍasyedaṃ gaḍaṃ tanma-
 dhyam | tathā, acchasurāṃ- surāmaṇḍaṃ, surāṃ- madi-
 rāṃ, ca bhajet | amlenānna kaṣāyadravyaiśca yā kriyate
 sā surā bhaṇyate | nanu, dvidhaiva surā sevyatvenehābh- 10
 iṣṭā, tatsurāśabda eva nirdeṣṭuṃ nyāyāḥ | tasminhi sām-
 ānyapade nirdiṣṭe dvidhaiva surā nirdiṣṭā bhavati | satya-
 metat | kintvacchasurāṃ nitarāṃ bhajet, na tathā surām-
 iti jñāpanārtham dvayorupādānam | ata evācchasurāmiti
 pūrvam nirdiṣṭam | godhūmetyādi | godhūmaśca piṣṭam 15
 ca māśaśca ikṣuśca kṣeeram ca tānyevam | godhūmapiṣṭ-
 amāṣekṣukṣīrebhya utthānam yāsāṃ vikṛtīnāṃ tā evam |
 utpūrvāttiṣṭhateḥ supeeti yogavibhāgādbhāve kaḥ | "udaḥ
 sthāstambhoḥ pūrvasya" iti sasya takāraḥ | godhūmap- 20
 iṣṭamāṣekṣukṣīrotthāśca tā vikṛtayaśca, tāḥ śubhāḥ-
 ramyāḥ, bhajet | tathā, navaṃ- apurāṇamannaṃ, tathā vas-
 āmbhajet | "śuddhamāṃsasya yaḥ snehaḥ sā vasā parikī-
 rtitā" | tathā, tailam bhajet- bhakṣayet | abhyaṅgastu prā-
 ganujñāta eva | śaucakārye- śaucakriyāyām, sukhodakaṃ-
 uṣṇodakaṃ, bhajet | prāvāraḥ- kārpāso romavān ghaṇaḥ 25
 paṭaḥ, sthūlapaṭakādih | ajinaṃ- sukhasparśaromacarma |
 kauśeyaṃ- paṭṭavaśanam | praveṇī- sūcībāṇākhyo vastra-
 viśeṣaḥ | kaucavaṃ- rāṅkavavastrabhedaḥ, tavaraka itya-
 nye | etairāstrtaṃ- dattapracchadapaṭaṃ, śayanaṃ bhajet |
 kīdrk śayanaṃ bhajet ? uṣṇasvabhāvaiḥ- romaśīkārallikā- 30
 prāyaiḥ, prāvṛtaḥ- prakarṣeṇācchāditaḥ | tathā, arkakiraṇ-
 ānbhajet | katham ? yuktyā- samyagyogalakṣaṇayā | atise-
 vitā hi glānyādīn kuryuḥ | tathā, svedaṃ bhajet | yuktya-
 ivetyatrāpi yojyam | atisevito hi svedo glānyādīn janayet |
 pādatrāṇam ca- pādūkādikaṃ, sarvadā bhajet | § 490 35

1.3.27 Āyurvedarasāyana

udvartanāderviśeṣamāha-kaṣāyeti | kaṣāyāpahṛtasnehād-
 120

iko bhūtvā rasādīn bhajet | kaṣāyeṇāpahṛtaḥ snehaḥsne-
hāpaharaṇamātramudvartitaḥ, na tvanyakālavadutpādit-
araukṣyaḥ | yathāvidhi snātaḥ, vidhiścātra śītakālocitatvāt
5 (sū. a. 6/14)- "abhyaṅgotsādane murdhatailaṃ jentākam-
ātapaṃ" iti | jentākamsarvāṅgoṣṇodakasrānamiti bāṣpac-
andraḥ | sadarpaṇa-sakstūrikaṇa | pradigdho-anuliptaḥ |
rasān-māṃsarasān | snigdhan ghṛtādisaṃskṛtān | palam-
māṃsam | puṣṭam-meduram | gaudam-guḍakṛtam ma-
10 dyam | acchasurām-surāmaṇḍam | surām-ghanasurām |
acchasurāyāḥ pṛthaggrahaṇamatisāyabhajanārtham | godhūmādyutthāḥ-
godhūmādikṛtā modakādyāḥ | piṣṭam-śālipiṣṭam | śubhā-
hṛdyāḥ | navam-anatikrāntavatsaram | annam-dhānyam |
vasam-māṃsasneham | rasāditailāntam bhojanopayogi |
15 sukhodakam-kavoṣṇamudakam, tacca śaucakārye | pāne
tu śītameva | pravāraḥ-kārpāsaromavān ghanam paṭaḥ |
ajinam-carma | kauśeyam-kṛmikośottham | praveṇī-sūcibāṇākhyam
vasram | kuthakaḥ-kambalaḥ | uṣṇasvabhāvairlaghubhi-
rvasraiḥ prāvṛtaḥ | arkakiraṇān svedaṃ ca yuktyā-samyagyogena
20 bhajet | pādatrāṇam sarvadā-bahiścaraṇam vināpi, bahiśc-
araṇe tu dinacaryāyāmuktameva | § 491

1.3.28 Aṣṭāṅgahr̥dayasaṃhitā

pīvarorustanaśroṇyaḥ samadāḥ pramadāḥ priyāḥ | | 15 | |
haranti śītamuṣṇāṅgyo
dhūpakuṅkumayauvanaiḥ | | 15 | | § 493

1.3.29 Sarvāṅgasundarā

ūrū ca stanau ca śroṇīśca ūrustanaśroṇi | pīvaram- pīnam,
ūrustanaśroṇi yāsām tā evambhūtāḥ, pramadāḥ- vilāsi-
nyaḥ, śītam haranti- nudanti | pīnatvenātikārśyamatra niṣ-
idhyate | tathā cāha grāmyadharmādhikāre (hṛ.sū.a.7/69)-
5 "tyajedatikṛśām" iti | kimbhūtāḥ ? saha madena- yauv-
anodbhūtena surādipānajena kāmodrekakāriṇā vā, vart-
ante tāḥ samadāḥ | tathā, priyāḥ- vallabhāḥ, śītam har-

anti | kimbhūtāḥ ? uṣṇāṅgyo dhūpakuṅkumayauvanaiḥ-
agurvādīdhūpenoṣṇāṅgyaḥ, tathā kuṅkumānulepaneno-
ṣṇāṅgyaḥ, tathā yauvanoṣmaṇā, sahajenoṣṇāṅgya iti yo-
jyam | § 494

1.3.30 Āyurvedarasāyana

śītāpahanṛtvakathanadvārā strīsevāṃ pidhatte pīvareti |
pramadāḥ-striyaḥ | samadāḥ-yauvanottham madyajaṃ ca
madam bibhrāṇāḥ | § 495

1.3.31 Aṣṭāṅgahrdayasaṃhitā

aṅgāratāpasantaptagarbhabhūveśmacāriṇaḥ | | 16 | |
śītapāruṣyajanito na doṣo jātu jāyate | | 16 | | § 497

1.3.32 Sarvāṅgasundarā

aṅgārāṇāṃ tāpo+aṅgāratāpaḥ, tena santaptaṃ ca tadg-
arbhe+abhyantare bhūveśma ca tattasmimścarati- tiṣṭh-
ati nityaṃ yastasyāṅgāratāpasantaptagarbhabhūveśmacā-
riṇaḥ puṃso yataḥ śītapāruṣyajanito doṣo- duḥkhaṃ, na
jātu- kadācijjāyate, tato+aṅgāratāpasantaptagarbhabhūveśmacāri-
syāditi bhāvaḥ | § 498

1.3.33 Āyurvedarasāyana

śītāpahanṛtvakathanadvārā nivātoṣnagrḥasevāṃ vidhatte-
aṅgāreti | aṅgārāṇāṃ tāpena santaptaṃ yadveśma, ya-
cca garbhaveśma-grhāntarvartigrḥaṃ, yacca bhūveśma-
bhūmyantarvartigrḥaṃ, teṣu yaścarati sa tathā | śītena ya-
tpāruṣyaṃ tajjanito doṣo jātu kadācit, tasya na jāyate | ta- 5
smāttāni bhajeditarthasiddham | § 499

1.3.34 Aṣṭāṅgahrdayasaṃhitā

ayameva vidhiḥ kāryaḥ śīśire+api viśeṣataḥ | | 17 | |
tadā hi śeetamadhikaṃ raukṣyaṃ
cādānakālajam | | 17 | | § 501

1.3.35 Sarvāṅgasundarā

ayameva- haimantaḥ, vidhiḥ- pūrvoktaḥ, śīśire ca viśeṣataḥ-
atiśayena kāryaḥ | kutaḥ ? ityāha- yasmāttasmin kāle śīta-
madhikaṃ bhavati, kālasvābhāvyāt | tathā, ādānakālājā-
tamādānakālajam ca raukṣyaṃ bhavati | tato hetudvayā-
5 dviśeṣeṇa haimantiko vidhiḥ sevyāḥ | hemante "rasān sni-
gdhān śīlayet" ityuktam | śīśire tānatiśayena śīlayet | evaṃ
sarvo+api haimantikau vidhiryojanīyāḥ | ādānakālajam-
ityanenaitaddyotayati | ādānakāla eva raukṣyasya kāra-
ṇam, nānyat | ata eva hemante śīte+api raukṣyaṃ nāstyev-
10 eti | ādānasya ca prārambhamātratve eva śīśirasya sambh-
ava iti śīśire kiñcideva raukṣyaṃ vedyam | nanu, yathā
rauṣyamādānakālajam tathauṣṇyamapi | tathā coktam-
"tasmin hyatyarthatikṣṇoṣṇarūkṣāḥ" iti | evaṃ cauṣṇya-
sadbhāvācchītasya hemantato hāniḥ prāptā, na tvādhi-
15 kyaṃ | tatkaṭhamuktaṃ "tadā hi śītamadhikam" iti ? br-
ūmaḥ | rauṣyasya dvau hetū | ekastāvadbhagavaddivāk-
arakarairjagatsnehādānam | dvitīyastvāgneyaḥ kālaḥ | ta-
devaṃ rauṣyenoḥbhayaḥhetujena śīśire kāle vātāḥ śītasv-
abhāvā āhitādhikaśaktayo jāyante haimantebhyo mārut-
20 ebhyaḥ | tathāvidhāścauṣṇyenādānakālajenādānakālaprā-
thamyādaprāptabalena śīśire nābhibhūyante | anabhibhū-
tāśca śītasvabhāvāt vācca śītameva vardhayanti | ato yu-
ktaṃ śītādhikyam śīśira iti | § 502

1.3.36 Aṣṭāṅgahr̥dayasaṃhitā

a0 ra0-śiśiracaryāmāha-ayameveti | ayam-hemantoktaḥ |
svayuktyā nyūnādhikaprayogaṇiṣedhārtha-
mevaśabdaḥ | viśeṣataḥ-atyabhyāsenā |
hi-yasmāt, tadā-tasminkāle, adhikaṃ śītam,
ādānakālajaṃ raukṣyaṃ ca |
cakārādvātakopabalakṣayau ca | yathoktaṃ
khāraṇādina-"svabhāvaśaityādraukṣyācca
vātakopādbalakṣayāt |
vidhirviśeṣātsnigdhoṣṇaḥ śiśire
haimanomataḥ | | " iti | vātakopaśca
tenaivoktaḥ-"sa vāyuḥ śiśire kopam
yātyevopacayaṃ kaphaḥ | " iti | § 503

1.3.37 Aṣṭāṅgahṛdayasaṃhitā

kaphaścito hi śiśire vasante+arkāṃśutāpitaḥ | | 18 | |
hatvā+agniṃ kurute rogānatastaṃ tvarayā
jayet | | 18 | |
tikṣṇairvamananasyādyairlaghurūkṣaiśca
bhojanaiḥ | | 19 | |
vyāyāmodvartanāghātairjitvā
śleṣmāṇamulbaṇam | | 19 | |
snāto+anuliptaḥ 5
karpūracandanāgurukuṅkumaiḥ | | 20 | |
purāṇayavagodhūmakṣaudrajaṅgalaśūlyabhuk | | 20 | |
sahakārarasonmiśrānāsvādyā
priyayā+arpitān | | 21 | |
priyāsyasaṅgasurabhīn
priyānetrotpalānkitān | | 21 | |
saumanasyakṛto hṛdyānvayasyaiḥ sahitaḥ
pibet | | 22 | |
nirgādānāsavāriṣṭasīdhumārdvīkamādhavān | | 22 | |
śṛṅgaberāmbu sārāmbu madhvambu jaladāmbu
ca | | 23 | | § 514

1.3.38 Sarvāṅgasundarā

śisire madhurasnigdhādinā āhāreṇa kālasvābhāvyaḥ śle-
śmā sañcito+atisayena styānatvādatikupito vasante ṛtāvarkāṃsūtāpitaḥ-
sūryaprabhābhirvilāyito, dravasvarūpatvājjalamiva vip-
arītaṃ jāṭharāgniṃ hatvā, hi- yasmāt, rogān- vikārān,
5 kurute- janayati | ataḥ- asmātkāraṇāt, taṃ- kaphaṃ,
tvarayā- śīghrameva, jayet | doṣāniti kecitpaṭhanti | arka-
tāpita ityanenaiva siddhe aṃśuśabdo+atra raśmīnāṃ paṭ-
imānaṃ sūcayati, na tathā śīte | tatra hi (saṃ.sū.a.4)- "dh-
ūmadhūmrarajomandāstuṣārāvilamaṇḍalāḥ | digādityāḥ"
10 ityadhijage | kairjayet? tīkṣṇairvamananasyavirekādh-
irupakramet | tathā, laghūni rūkṣāṇi ca yāni bhojan-
āni, taiśca | tathā, vyāyāmaścodvartanaṃ ca āghātaśca
taiśca kaphaṃ jayediti | caśabdo luptanirdiṣṭaḥ | tataḥ
kaphamulbaṇaṃ- uddhataṃ, jivvā+anantaraṃ snāto+anuliptaḥ-
15 samāliptaḥ karpūracandanāgurukuṅkumaiḥ | tathā, pur-
āṇaṃ ca tadyavagodhūmaṃ ca, tathā, kṣaudraṃ- māḥ-
ikaṃ, tathā jāṅgalaṃ ca tacchūlyaṃ ca- "śūlena saṃskṛ-
taṃ māṃsaṃ śūlyam" bhaṭitraṃ ca, tattāni bhunkte pur-
āṇayavagodhūmakṣaudrajāṅgalaśūlyabhuk | śūlya iti "śū-
20 lokhādyat" iti yat | evaṃvidhaḥ san vayasyaiḥ- mitraiḥ
sahita āsavādīn pibet | kimbhūtān? nirgadān- nivṛttag-
adānnirdoṣān, pibediti vakṣyamāṇena sambandho+atra
dīpakatvāt | āsavo- yo dravyāṅyāsutya kriyate | uktaṃ
ca- "madyākarādhikadravyamadirādyaiḥ kṛtastu yaḥ |
25 so+ariṣṭaḥ syādāsavastu dravyāṅyāsutya yaḥ kṛtaḥ |"
iti | sīdhuḥ- ikṣurasodbhavaḥ | mārīvikaṃ- mṛdīkāra-
sodbhavam | mādhave- madhunā saṃskṛtaḥ | kimbhū-
tānāsavādīn? sahaḥkāraronmiśrān- adhivāsītān | tathā,
priyayā- dayitayā, āsvādya- kiñcitpītvā, arpitān- dhauki-
30 tān | tathā, priyāsyaśaṅgena surabhīn,-sugandhīn | tathā,
priyānetrāṅyevotpalāni tairāṅkitān-saṅjātaśobhān | tathā,
saumanasyakṛtaḥ- cittaprasādakṛtaḥ | tathā, hr̥dyān- hr̥-
dayāya hitān | tathā, śṛṅgaberāmbu- śuṅṭhīkvathitajalaṃ
pibet | tathā, sārāḥ-asanacandanādijaḥ, tena kvathitamam-
35 mbu pibet | tathā, madhunā yuktamambu madhvambu |
jaladena- mustayā ca kvathitamambu pibet | ceti samucc-
aye | § 515

1.3.39 Sarvāṅgasundarā

atha vasantacaryā | sā ca dvividhā, śodhanī śamanī ca |
 tatra cayapūrvake prakope śodhanī, acayapurvake śa-
 manī | tatrākṛtāyāṃ pūrvartucaryāyāṃ pūrvartunā cit-
 asya doṣasyottareṇa yaḥ prakopaḥ sa cayapurvakaḥ |
 sa evāpathyajaḥ, pūrvartusevitā pathyajātavāt | yastu 5
 kṛtāyāṃ tasyāṃ pūrvenācitasyottareṇa yaḥ prakopaḥ
 so+acayapūrvakaḥ | sa eva pathyajaḥ, pūrvartusevitapa-
 thyajātavāt | uktaṃ ca-"doṣaprakopo dvividhaḥ pathy-
 āpathyanimittajaḥ | tatrāpathyanimitto yaḥ sa saṃśodh-
 anamarhati | | pathyajaḥ śamanīyaśca prāya āganutjaśca 10
 yaḥ |" iti | tatra saṃśodhanīm vidhatte-kaphaścita iti |
 yasmācchiśire citaḥ kapho, vasante sūryaraśmibhirdra-
 vīkṛtaḥ san, jalamiva pratyanīkatvāt vahniṃ hatvā, ro-
 gān karoti | atastaṃ-citaṃ akupitaṃ kaphaṃ, vasantār-
 ambha eva tīkṣṇadravyakṛtairvamananasyadhūmagand- 15
 ūśādyaiḥ śodhanairjayet | tathā, laghurūkṣaistiktakaṭu-
 kaprāyaiḥ saṃsarjanakrameṇa bhojanaiśca | śīśiraśabd-
 ena śītaparyāyeṇa śīśirahemantayorgrahaṇam, dvayor-
 api kaphacayāt | yadāha khāraṇādiḥ-"hemante nicitaḥ śl-
 eṣmā śīśire+api na kupyati | āhāraiśca gurusnigdhai gur- 20
 ustrigdhairbhṛśamevopacīyate | |" iti | śamanīm vidhatte-
 vyāyāmodvartanāghātairiti | ulbaṇaṃ śleṣmānaṃ vyāy-
 āmādyairjitvā snāstataḥ karpūrādyairanuliptaḥ, purā-
 ṇayavādīn bhuñjanaḥ, āsavādīn pibet | prakope prak-
 ṛte+apyulbaṇagrahaṇamacaryapūrvakaprakopārtham | āghātaḥ-
 padbhyāṃ mardanam | kaphagrastasyābhyaṅganīśedhā-
 drūkṣā eva vyāyāmādayaḥ | snānaśīla iti ca vacanātprā-
 pte+api snāne, snāta iti śleṣmakālīnaprātaḥsnānāśedhā-
 rtham | vyāyāmādīnkṛtvaiva snāyānna pūrvamityarthaḥ |
 purāṇatvaṃ yavagodhūmakṣaudrāṇām | jāṅgalaṃ-mṛgādimaṃsam,
 tasya śūlyam-bhaṭitram | sahakāraḥ-atisurabhirāmraḥ, ta-
 sya rasaḥ-tatphalavṛntaniryāsaḥ, tena unmiśrān-adhivāsītān |
 priyayā rasaviśeṣajñānārtham svayamāsvādyārpitān | ga-
 ndhaviśeṣajñānārtham saṅgatena sahasurabhiṇā priyā-
 mukhena surabhīkṛtān | vaimalyādijñānārthamavalokay- 35
 antyāḥ priyāyāḥ pratibimbitābhyāṃ netrābhyāmutpalai-
 śca sāksannikṣiptairāṅkitān | saumanasyakṛtaḥ-pariṇāmena

manaḥpraśāntikarān | hr̥dyānāsvāde | nirgadān-nirdoṣān |
akvathitairoṣadhaiḥ kṛtaṃ madyamāsavaḥ | kvathitairari-
ṣṭaḥ | ikṣurasena sīdhuḥ | drākṣārasena mārdrvīkam, ma-
dhunā mādhabaḥ | śṛṅgaberāmbu-śuṅṭhyā kvathitaṃ ja-
5 lam | asanādisārāiḥ sārāmbu | mustārbhirjaladāmbu | ma-
dhumiśraṃ jalaṃ madhvambu | anekadravavidhānaṃ ya-
sya yatsātmyaṃ tattena sevanārthamityarthāḥ | § 516

1.3.40 Āyurvedarasāyana

bhojanāntaramudyānasevaṃ vidhatte-dakṣiṇānilaśīteṣviti |
kānaneṣu madhyāhnaṃ gamayet-ativāhayet | sukhī-avyākulaḥ
san | goṣṭhyo-lokavārtāḥ | athāḥ-śāstravārtāḥ | jalavāhiṣu-
jalāśayayukteṣu | adṛṣṭasūryeṣu-ghanacchāyeṣu | anaṣṭasūryeṣu-
5 prakāśabatsu | maṇimayaiḥ-baddhabhūmikaiḥ kāntima-
tsu | parapuṣṭaiḥ-kokilairnāditeṣu | kāmakarma-madanavyāpāraṃ,
antanti-badhnanti svasaundaryeṇottarottaraṃ vardhaya-
ntīti kāmakarmāntāḥ | "ati bandhane" ityasmātkarma-
ṇyaṃ | § 517

1.3.41 Aṣṭāṅgahr̥dayasaṃhitā

dakṣiṇānilaśīteṣu parito jalavāhiṣu | | 23 | |
adrṣṭanaṣṭasūryeṣu maṇikuṭṭimakāntiṣu | | 24 | |
parapuṣṭavighuṣṭeṣu
kāmakarmāntabhūmiṣu | | 24 | |
vicitrapuṣṭpavṛkṣeṣu kānaneṣu
sugandhiṣu | | 25 | |
5 goṣṭhīkathābhiścitrābhirmadhyāhnaṃ
gamayetsukhī | | 25 | | § 522

1.3.42 Sarvāṅgasundarā

kānaneṣu- upavaneṣu, sthito madhyāhnaṃ gamayet- ativ-
āhayet | ahno madhyo madhyāhnaḥ | "saṃkhyāvisā" ityā-
dijñāpakātpūrvāparetyādinā ekadeśisamāsaḥ | "ahno+ahna
etebhyaḥ" ityahnādeśaḥ | katham ? goṣṭhyāṃ- krīḍāyāṃ

kathā goṣṭīkathāstābhiḥ, citrābhiḥ- kamanīyābhiḥ, na tvārthavyavahārasambandhinībhiḥ | kīdrśaḥ san ? sukhī- rāg-adveṣādirahitaḥ | kimbhūteṣu kānaneṣu ? dakṣiṇadikpravṛttairanilaiḥ śītāni, teṣu dakṣiṇānilaśīteṣu | tathā, paritaḥ-samantājjalaṃ nityaṃ vahanti yāni teṣu | ābhīkṣṇye ṇiniḥ | 5
tathā, kvacitpradeśe adr̥ṣṭaḥ- iṣaddr̥ṣṭaḥ, kvacidatighan-atvāt naṣṭaḥ- na dr̥śyate, sūryo yeṣūpavaneṣu tānyevaṃ teṣu | tathā, maṇināṃ- vajramarakatādīnāṃ, kuṭṭimāniviśiṣṭā bhuvah, tābhiḥ kāntiḥ- śobha, yeṣāṃ tānyevaṃ teṣu | tathā, parapuṣṭaiḥ- kokilaiḥ vighuṣṭeṣu- kṛtāśabd- 10
eṣu | tathā, kāmasya karmāntāḥ kāmakarmāntāḥ- madanavyāpārāḥ | antaśabdo+atra praśaṃsāvacaṇe | yathodbhāṭasya (kāvyālaṅkārasaṅgrāhe prathamāsarge) vacanam- "vanāntadevatāveṇyaḥ" iti) kāmakarmāntanimittaṃ bhū-
mayo yeṣāṃ vanānāṃ tānyevaṃ teṣu | vicitrāṇi- nānārū- 15
pāṇi, puṣpāṇi yeṣāṃ te tathāvidhā vṛkṣā yeṣāṃ tānyevaṃ teṣu | suṣṭhu gandho yeṣāṃ teṣu | "gandhasyet" itītsamās-
āntaḥ | § 523

1.3.43 Aṣṭāṅgahr̥dayasaṃhitā

guruśītadivāsvapnasnigdhāmlamadhurāmstyajet | |26 | | § 524

1.3.44 Sarvāṅgasundarā

asminkāle kaphopacayadoṣabhayāt guruśītādīmstyajet | nanu, lavaṇamāpi śleṣmāṇaṃ karoti, tatkasmādiha na niṣiddham ? ato brūmaḥ | lavaṇaḥ pūrvam kaphamamlamadhurāviva na karoti | kiṃ tarhi ? nidhane cirantanasañcitaṃ srutirūpaṃ śleṣmāṇaṃ vidhatte, viṣyanditvāt | na 5
ca lavaṇasya madhurāderiva bahutarasya prayogaḥ prasi-ddhaḥ, kiṃ tarhi ? alpasyaiva | tasmāllavaṇasyātrāniṣedha eva nyāyyaḥ | § 525

1.3.45 Āyurvedarasāyana

gurvādīniṣedhati-guruśīteti | § 526

1.3.46 Aṣṭāṅgahr̥dayasaṃhitā

tīkṣṇāṃśuratitīkṣṇāṃśurgrīṣme saṃkṣipatīva yat | |26| |
pratyahaṃ kṣīyate śleṣmā tena vāyuśca
vardhate | |27| |
ato+asminpaṭukaṭvamlavyāyāmārkakarāṃstyajet | |27| | § 529

1.3.47 Sarvāṅgasundarā

yat- yasmāt, tīkṣṇāṃśuḥ- bhāskaraḥ, atitīkṣṇā aṃśavaḥ-
karāḥ, yasya sa evaṃbhūtaḥ san, grīṣme saṃkṣipatīva jag-
atsnehamityatrānuktamapyarthāllabhyate | kecittu "sneh-
amarko+atitīkṣṇāṃśuḥ" iti paṭhanti | snehastejo balaṃ sā-
5 ramityeko+arthaḥ | taṃ snehamarkaḥ saṃkṣipatīva- yats-
ambandhāt saṃharatīva pibatīva | ivaśabdenaitatsūcayati-
hetupratyayaparatanreṣu sarvabhāveṣu na kaścitkvacit
tadbuddhipūrvakaṃ saṃharati | ataḥ- asmātkāraṇāt, asmin-
grīṣmakāle, paṭvādīstyajet | paramārthato balahānikṛttvā-
10 deṣām | § 530

1.3.48 Āyurvedarasāyana

atha grīṣmacaryā | tatra sopapattikaṃ paṭvādīn niṣedhati-
tīkṣṇāṃśuriti | yat-yasmāt, tīkṣṇāṃśuḥ-sūryaḥ, grīṣme+atitīkṣṇāṃśuḥ
san, saṃkṣipatīva-saṃhārapravṛtta ivā+a+abhāti | ataḥ
paṭvādīṃstyajet | asmin-atiklamavihvalaloke grīṣme, pa-
5 ṭvādīnāṃ klamahetutvāt | § 531

1.3.49 Aṣṭāṅgahr̥dayasaṃhitā

bhajenmadhuramevānnaṃ laghu snigdhaṃ himaṃ
dravam | |28| | § 532

1.3.50 Sarvāṅgasundarā

madhuramevānnaṃ bhajet- bāhulyena madhuramannaṃ
sevyam, na tathā+anyarasāghrātam, ityevakārāllabhyate |

tathā, laghu snigdham himaṃ dravaṃ ceti | caśbdo lupta-
nirdiṣṭo draṣṭavyaḥ | § 533

1.3.51 Āyurvedarasāyana

madhurādisevāṃ vidhatte-bhajediti | annaṃ madhurameva-
madhuraikarasam | pānaṃ tu madhurāmlādirasamapi,
"nityaṃ sarvarasābhyāsaḥ" iti vacanādrasālādividhānā-
cca | § 534

1.3.52 Aṣṭāṅgahrdayasaṃhitā

suśītatoyasiktāṅgo lihyātsaktūn saśarkarān | | 28 | | § 535

1.3.53 Sarvāṅgasundarā

saktūn saśarkarān lihyāt | suṣṭhu śītaṃ suśītaṃ ca tatto-
yaṃ ca, tena siktam- āplutaṃ, aṅgaṃ- kāyo, yasya sa ev-
ambhūtaḥ san | § 536

1.3.54 Āyurvedarasāyana

lokasya tīvratāpaśrāntatvācchrāntasya ca bhojananiṣedhā-
tpūrvam śramaharam vidhatte-suśīteti | snānaṃ saktava-
śca śramaharāḥ | § 537

1.3.55 Aṣṭāṅgahrdayasaṃhitā

madyaṃ na peyaṃ, peyaṃ vā svalpaṃ, subahuvāri
vā | | 29 | | § 538

1.3.56 Sarvāṅgasundarā

asminkāle madyaṃ na peyam | peyaṃ vā svalpamiti vā-
taśleşmaprakṛtinā śleşmavātakṣayārthamanyartuvadbahu
na peyam, kiṃtarhi ? svalpameva pātavyam | subahuv-

āri veti pittaśleṣmaprakṛtinā madyocitena śleṣmakṣayā-
rthaṃ pittapratīkāramapīcchatā subahuvāri tanmadyaṃ
peyaṃ | ityatrānukto+apyevamarthādviṣayavibhāgo bo-
dhyah | anyathā niṣedhavidhyorvirodhaḥ syāt | § 539

1.3.57 Āyurvedarasāyana

madyasya śramahareṣvagryatvātkāmataḥ prasaktaṃ pā-
naṃ niṣedhati-madyamiti | anyataḥ śramāpanuttau sa-
tyāṃ madyaṃ na peyaṃ, tīkṣṇādiguṇatvāt | asatyāṃ pe-
yaṃ vā , kintu svalpam | svalpenāpyasatyāṃ pūrṇamā-
5 traṃ na peyaṃ, kintu subahuvāri-bahutarodakakṛtaṃ vā |
pānānugrahaśca madyasātmyānāmeva | § 540

1.3.58 Aṣṭāṅgahr̥dayasaṃhitā

anyathāśoṣaśaithilyadāhamohān karoti tat | | 29 | | § 541

1.3.59 Sarvāṅgasundarā

tat- madyam, anyena prakāreṇa pītaṃ sat śophādīn karoti |
śophaḥ- śvayathuḥ | śaithilyaṃ- aṅgānāmanaiṣṭhuryam |
dāhaḥ- sarvāṅgīṇastāpaḥ | mohah- ajñānaṃ jantoh | § 542

1.3.60 Āyurvedarasāyana

uktavidhyatikrame doṣamāha-anyatheti | śoṣomukhāśe-
ṣaḥ | tat-madyam | § 543

1.3.61 Aṣṭāṅgahr̥dayasaṃhitā

kundendudhavalam śālīmaśnīyājñāṅgalaiḥ
palaiḥ | | 30 | | § 544

1.3.62 Sarvāṅgasundarā

kundaḥ- puṣpaviśeṣaḥ, induḥ- candraḥ, tayordvandvaḥ |
kundenduvaddhavalamaḥ- śuklaḥ śālīm jāṅgalaiḥ palaiḥ-
māṃsaiḥ sahāśnīyāt- adyāt | "kṣuṇṇaḥ sitaḥ smrtaḥ śālī ra-
kto vrīhirudāhṛtaḥ" | § 545

1.3.63 Sarvāṅgasundarā

annaṃ vidhatte-kundendviti | kundaṃ-puṣpaviśeṣaḥ | ku-
ndendugrahaṇaṃ laghusnigdhaśītaguṇaviśiṣṭadhavalatv-
ārtham | palaiḥ-māṃsaiḥ saha | § 546

1.3.64 Aṣṭāṅgahrdayasaṃhitā

pibedrasaṃ nātighanaṃ rasālāṃ rāgakhāṇḍavau | | 30 | |
pānakaṃ pañcasāraṃ vā navamṛdbhājane
sthitam | | 31 | |
mocacadalairyuktaṃ sāmlaṃ
mṛnmayaśuktibhiḥ | | 31 | |
pāṭalāvāsitaṃ cāmbhaḥ sakarpūraṃ
suśītaḥ | | 32 | | § 550

1.3.65 Sarvāṅgasundarā

rasaṃ nātighanaṃ pibet | rasaśabdenādilopākhyayā ta-
ntrayuktyā māṃsarasa ucyate | tathā, rasālaṃ- mārjik-
ākhyāṃ pibet | tathā, rāgakhāṇḍavau pānakaṃ ca pa-
ñcasārākhyam | eteṣāṃ ca lakṣaṇaṃ tantrāntare uktam |
yathā- "sitāmadhvādimadhurā rāgāstatrācchakāntayaḥ | 5
te sāmlāḥ khāṇḍavā lehyāḥ peyāścāṃsukagālitāḥ | | svā-
dvamlapaṭukaṭvādyāḥ pralehāstatra khāṇḍavāḥ | guḍad-
āḍimamāmsādyā rāgā aṃsukagālitāḥ | | hr̥dyā vṛṣyā ru-
cikaṛā grāhiṇo rāgakhāṇḍavāḥ" iti | tathā- "drākṣāmadh-
ūkakarjūrakāśmaryaiḥ saporūṣakaiḥ | tulyāṃsaiḥ kalpi- 10
taṃ pūtaṃ śītaṃ karpūravāsitaṃ | | pānakaṃ pañcasār-
ākhyam dāhatṛṣṇānivartakam |" anyatra cuktam | yathā-
"guḍadāḍimādiyuktā vijñeyā rāgakhāṇḍavāḥ | trijātama-

ricādyāistu sam̐skṛtāḥ pānakāstathā " iti | kīdr̥sam̐ pān-
 akam̐ pibet ? ityāha- navam̐ yanmr̥dbhājanam̐ tatra sth-
 itam | tathā, mocam̐- kadalīphalam̐, cocam̐- panasapha-
 lam̐, tayordalāni, tairyuktam | tathā, sām̐lam̐, tittidīkādiy-
 5 ogāt khāṇḍavarasānugatam | kecittu kṣīram̐ ghr̥tapippal-
 īśaśimākṣikaśarkaropetam̐ pañcasāram̐ pānakamityāhuḥ |
 kena pibet ? ityāha- mṛnmayaśuktibhiḥ | pāṭalayā vāsitaṃ-
 surabhīkṛtam̐, tathā sakarpūram̐ suśītalam̐ cāmbhaḥ pi-
 bet | mṛnmayaśuktibhiritratrāpi yojyam | suśrute coktam-
 10 "paripelavayā tulyā guḍaguggulumustakāḥ | cūrṇitāḥ śaś-
 inopetā navabhājanadhūpanam | | kuṣṭhamustakasam̐yu-
 ktaiḥ pelavośīravālakaiḥ | mṛditā mṛtsupīṣṭaistaiḥ khadi-
 rāṅgārapācitāḥ | | sahakārarasābhyaktāścampakotpalavā-
 lakaiḥ | padmakubjakakundaiśca yathālābhādhivāsitaḥ | |
 15 śreṣṭhaḥ salilavāso+ayam̐ smṛtaḥ sarvartuko budhaiḥ" |
 iti | § 551

1.3.66 Āyurvedarasāyana

pānam̐ vidhatte-pibediti | rasam̐-māṃsarasam | nātighanam̐-
 īṣatsāndram | rasālā-karamathitam̐ maricaśarkarādiyuktam̐
 dadhi | madhurāmlalavaṇakṛtam̐ pānakam̐-rāgaḥ | madhurāmlalavaṇakaṭukaśā-
 khāṇḍavaḥ | pañcasāram̐ pānakam̐-madhvādibhiḥ pañc-
 5 abhiḥ kṛtam | vakṣyati hi (hr̥. ci. a. 2/13)- "madhukh-
 arjūramṛdvīkāparūśakasitāmbhasā | mantho vā pañcasā-
 reṇa saghr̥tairlājasaktubhiḥ | | iti | tacca nave mṛnmaye
 pātre sthitam | mocam̐-kadalīphalam̐, cocam̐-nārikelam̐,
 tayordalaiḥ-śakalairyuktam | sām̐lam̐-dāḍimādyairamlīkṛtam |
 10 mṛnmayībhiḥ śuktibhiḥ pibet | tathā, ambhaḥ pibet | tacca
 pāṭalāpuṣpairadhivāsitaṃ sakarpūram̐ suśītalam̐ ca | § 552

1.3.67 Aṣṭāṅgahr̥dayasam̐hitā

śaśāṅkakiraṇān bhakṣyān rajanyām̐ bhakṣayan
 pibet | | 32 | |
 sasitam̐ māhiṣam̐ kṣīram̐
 candranakṣatraśītalam | | 33 | | § 554

1.3.68 Sarvāṅgasundarā

māhiṣaṃ kṣīraṃ sasitaṃ- saśarkaraṃ, rajanyāṃ- rātrau, pi-
bet | kimbhūtaṃ ? candreṇa nakṣatraisca śītaḥ | rātrāv-
ākāśe śaityārthaṃ sthāpitamityarthaḥ | kimkurvan pibet ?
bhakṣyān bhakṣayan- bhuñjan | kīdrśān ? śaśāṅkakiraṇān-
karpūranāḍikākhyān | [(hr.ci.a.5/49)- "tālīsacūrṇavatakaḥ 5
sakarpūrasitopalāḥ | śaśāṅkakiraṇākhyāstu bhakṣyā ruci-
karāḥ param | |"] § 555

1.3.69 Āyurvedarasāyana

rātribhojanaṃ vidhatte-śaśāṅkakiraṇāniti | rajanyāṃ pu-
naḥ śaśāṅkakiraṇān bhakṣyān bhakṣayan candranakṣatra-
aśītaḥ saśarkaraṃ māhiṣaṃ kṣīraṃ pibet | śaśāṅkaḥ-
karpūraḥ, kīryate-vikṣipyate, yeṣu te śaśāṅkakiraṇāḥ,- ka-
rpūranālikādayaḥ | candreṇa tasyābhāve nakṣatrairvā śīt- 5
alīkṛtaṃ candranakṣatraśītaḥ | § 556

1.3.70 Āyurvedarasāyana

sthānaviśeṣe nidrāṃ vidhatte-abhraṅkaṣeti | abhraṅkaṣāḥ-
atyuccāḥ | mahāntaḥ-sthūlāḥ | mādhavīṣu-vāsantīṣu, śliṣṭāḥ-
lagnāḥ, drākṣāstabakā yāsu śālāsu-latāgrheṣu, tadvanti
yāni vanāni | § 557

1.3.71 Aṣṭāṅgahrdayasaṃhitā

abhraṅkaṣamahāśālatālaruddhoṣṇaraśmiṣu | | 33 | |
vaneṣu
mādhavīśliṣṭadrākṣāstabakaśāliṣu | | 34 | | § 559

1.3.72 Sarvāṅgasundarā

abhraṃ- ākāśaṃ, kaṣanti- ullikhanti, atyuccatayā+abhraṅkaṣāḥ |
mahāntaśca te śālāśca tālāśca mahāśālatālāḥ | abhra-
ṅkaṣāśca te mahāśālatālāśca, tai ruddhaḥ- sthagitaḥ,
uṣṇaraśmiḥ- dinakaro yeṣu vaneṣu teṣu, madhyandine-

madhyāhne, arkatāpārtaḥ san svapyāt- śayīta | mādavyo-
latāvīṣeṣā atimuktakākhyāḥ, tāsū śliṣṭā mādhavīśliṣṭāḥ
drākṣāyāstabakāḥ- guccakā drākṣāstabakāḥ | mādhavī-
śliṣṭāśca te drākṣāstabakāśca, taiḥ śālituṃ- ślāghituṃ śī-
5 lam yeṣāṃ vanānāṃ tāni mādhavīśliṣṭādrākṣāstabakāśāl-
īni, teṣu vaneṣu | § 560

1.3.73 Aṣṭāṅgahr̥dayasaṃhitā

sugandhihimapānīyasicyamānapaṭālike | | 34 | |

kāyamāne cite

cūtapravālahalumbibhiḥ | | 35 | | § 562

1.3.74 Sarvāṅgasundarā

kāyamāne- veṅvādinīṣpādite gṛhaviṣeṣe | kīdr̥ṣe ? sug-
andhi ca taddhimāṃ ca tatpānīyaṃ ca tatsugandhihi-
mapānīyam | paṭānāṃ- vastrāṇāṃ, āliḥ- paṅktiḥ, paṭā-
liḥ | sugandhihimapānīyena sicyamānā paṭāliryasminna-
5 sau sugandhihimapānīyasicyamānapaṭālikāḥ, tasmin tath-
āvidhe kāyamāne | tathā, pravālāḥ- kisalayāni | phalānāṃ
lumbayaḥ- stabakāḥ | pravālāśca phalalumbayaśca pravā-
laphalalumbayaḥ | cūtānāṃ pravālahalumbayastābhiḥ,
cite- parito vyāpte | § 563

1.3.75 Sarvāṅgasundarā

paṭālikāḥ-paṅktimatyo navāstr̥ṇādiracitā bhittayaḥ | kāyamāne-
śibire | pravālāḥ-pallavāḥ | phalalumbayaḥ-phalastabakāḥ |
§ 564

1.3.76 Aṣṭāṅgahr̥dayasaṃhitā

kadalīdalakahlāramṛṇālakamalotpalaiḥ | | 35 | |

komalaiḥ kalpite talpe

hasatkusumapallave | | 36 | |

madhyaṃdine+arkatāpārtaḥ
svapyāddhārāgrhe+athavā | | 36 | |
pustastrīstanahastāsyapravṛttośīravāriṇi | | 37 | | § 568

1.3.77 Sarvāṅgasundarā

kadalītyādi | talpe- śayane, kalpīte | kaiḥ ? kadalīdalād-
ibhiḥ | kadalyāḥ- rambhāyāḥ, dalāni- patrāṇi, kahlāraṃ-
saugandhikam, mṛṇālaṃ- bisam, kamalaṃ- padmam,
utpalaṃ- kumudam, eteṣāṃ dvandvaḥ | taiḥ kadalīdalā-
dibhiḥ, komalaiḥ- sukumārasparśaiḥ, kalpīte- racite | ki- 5
mbhūte ? kusumāni ca pallavāśca kusumapallavāḥ | has-
anta iva kusumapallavā yatra tasmin | dhārāgrhe+athavā
svapyāditi vartate | dhārāgrhaṃ- avirataṃ yato jaladhārāḥ
patanti | kimbhūte ? pustastrīstanahastāsyaiḥ pravṛttamu-
śīravāri yatra tasmin | pusto- dārvādimayyāḥ stryādyākṛ- 10
terupādānakāraṇaṃ yadvastu taducyate | § 569

1.3.78 Āyurvedarasāyana

kalhāraṃ-sandhyāvīkāśi padmīnīpuṣpam | kamalaṃ-dinavīkāśi |
utpalaṃ-rātrivīkāśi | mṛṇālāni-bisāni | talpe-śayane | hasatkusumāḥ-
vikasanmallikādīpuṣpāḥ, pallavāḥ-paryantāḥ, yasya ta-
ttathā | athavā dhārāgrhe svapyāt | yatra yantracānā-
viśeṣeṇa racitā jalasīkarāḥ prasāranti, taddhārāgrhaṃ | 5
pustastriyo-dārvādimayyāḥ putrikāḥ, tāsāṃ stanādibhyaḥ
pravṛttamuśīravāri-sevyodakaṃ yatra tattathā | § 570

1.3.79 Aṣṭāṅgahṛdayasaṃhitā

niśākarakarākīrṇe saudhaprṣṭhe niśāsu ca | | 37 | |
āsanā-----
| | 38 | | § 572

1.3.80 Sarvāṅgasundarā

niśāsu- rātriṣu, saudhaprṣṭhe- harṃyatale, āsanā- sthitiḥ |
kāryetyadyāhāryam | tatrāsītetyarthaḥ | kimbhūte sau-

dhapr̥ṣṭhe ? niśākaraḥ- śītāṃsuḥ, tasya karāḥ- gabhastayaḥ, tairākīrṇe- vyāpte | § 573

1.3.81 Āyurvedarasāyana

niśāsu punaścandraraśmavyāpte harmyamastake svapyāt |
§ 574

1.3.82 Aṣṭāṅgahr̥dayasaṃhitā

-----svasthacittasya candanārdrasya māliṇaḥ | | 38 | |
nivr̥ttakāmatantrasya
susūkṣmatanuvāsasaḥ | | 38 | |
jalārdrāstālavr̥ntāni vistr̥tāḥ
padminīpuṭāḥ | | 39 | |
utkṣepāśca mṛdūtkṣepā
jalavar̥ṣihimānilāḥ | | 39 | |
5 karpūramallikāmālā hārāḥ
saharicandanāḥ | | 40 | |
manoharakalālāpāḥ śisavaḥ sārīkāḥ
śukāḥ | | 40 | |
mṛṇālavayāḥ kāntāḥ
protphullakamalojjvalāḥ | | 41 | |
jaṅgamā iva padminyo haranti dayitāḥ
klamam | | 41 | | § 582

1.3.83 Sarvāṅgasundarā

svasthacittasya- rāgādyanupahatamanasaḥ, jalārdrāḥ klamam haranti | evaṃ tālavṛntādayo yojoyāḥ | antardīpakatvādasya | tathā ca kīdr̥śasya ? candanārdrasya- candanenānuliptyasya | tathā, māliṇaḥ- sragviṇaḥ | tathā, nivr̥ttaṃ kāmatantraṃ- puṣpadhanvapariçchado yasya | tathā, suṣṭhu sūkṣme tanunī svacche vāsasī yasya sa evam | jalārdrāḥ- pānīyaplutāḥ śāṭīkāḥ | tālavṛntāni- mayūrapariçchādīkṛtāni tālavṛntākṛtīni vyajanāni | tathā, vistr̥tāḥ- mahāntāḥ, padminīpuṭāḥ- nalinīpatrāṇi, vījanārtham | ta-

thā, utkṣepāḥ- mayūrapicchādikṛtā vyajanaviśeṣāḥ | te ca
 kimbhūtāḥ ? mṛdurutkṣepo yeṣu te mṛdūtṣepāḥ | jala-
 varṣī himo+anilo yeṣu utkṣepeṣu te jalavarṣihimānilāḥ |
 śītajalābhyukṣitairvātaḥ kārya ityārthaḥ | karpūrety- 5
 ādi | mālāśabdāḥ pratyekaṃ yujyate | sphaṭikakarpūragr-
 athitā mālā mallikāmālāścetyārthaḥ | tathā, hārāḥ- mukt-
 āphaladāmāni | kimbhūtāḥ ? saha haricandanena varta-
 nta iti saharicandanāḥ | yat chede lohitamatisugandhi su-
 ṣṭhu śītavīryaṃ ca, taddharicandanamucyate | manohare-
 tyādi | manoharo- ramaḥ, kalo- madhuraḥ, ālāpo yeṣāṃ 10
 te manoharakalālāpāḥ | śīśavo- bālakāḥ | tathā, sārīkāḥ-
 śārārayaḥ | śukāḥ- kīrāḥ | mṛṇāletyādi | mṛṇālāni- atiko-
 malāni bisāni, valayāḥ- kaṭakāni, yāsāṃ tāḥ | dayitāḥ- yo-
 ṣitaḥ | kimbhūtāḥ ? kāntāḥ- ramaḥ | tathā, protphullaiḥ 15
 vikasitaiḥ, kamalairujjalāḥ- śobhitāḥ | evambhūtāścotpr-
 ekṣyante, jaṅgamāḥ- sañcārīnya iva padminyāḥ | klamaṃ
 harantīti yojyam | svasthacittasyeti prādhānyakhyāpanā-
 rthaṃ prāgupāttam | svasthacittasyaivaite jalārdrādayaḥ
 klamaṃ haranti, na tathopataptamanasaḥ | [tathā hi- cand-
 anārdrādisakalaviśeṣeṇa viśeṣitasyāpyupataptamanaso na 20
 tathā klamaṃ haranti |] cittāyattā hi sarvabhāvānāṃ śubh-
 āśubhapravṛttayaḥ | tathā ca snigdhamadhuro+apyāhāra
 upayuktaḥ, sukhaśayyādirapi vihāraḥ sevitaḥ, śokāviṣṭa-
 etaso na tathā śarīrasya puṣṭimādadhāti | ata eva "śokaḥ
 śoṣaṇānām" ityagryasaṅgrāhe (carake sū.a.25/39, saṅgrā- 25
 ahe sū.a.13) proktam | tathā, rūkṣo+apyāhārastathāvidho
 vihāraśca sevito nirvṛttamanasaḥ puṣṭimevādadhāti, na
 kāśyam | tathā cōktaṃ (ca.sū.a.25/39, saṃ.sū.a.13)- "ni-
 rvṛtiḥ puṣṭihetūnām" iti | suśrute ca klamasya lakṣaṇamu-
 ktam (śā.a.4/51)- "yonāyāsaḥ śramo dehe pravṛddhaḥ śvā- 30
 savarjitaḥ | klamaḥ sa iti vijñeya indriyārthaprabādhakaḥ"
 iti | § 583

1.3.84 Sarvāṅgasundarā

klamaharatvakathanadvāreṇāsanādīni vidhatte-āsaneti | sv-
 asthacittatvādiviśiṣṭasya yā āsanā-āsyā, sā klamaṃ harati |
 svasthacittasya-nirvṛttamanasaḥ | candanārdrasyakarpūr-

ayuktacandanārdrasya | taduktam-"karpūracandanārdrāṅgo
mṛdugharmottaracchadaḥ" iti | māliṇaḥ-mālābhūṣitasya |
nivṛttakāmatantrasya-suratavimukhasya | tanu-viralaṃ, vāso
yasya | jālārdrādayo vyajanaviśeṣāḥ klamaṃ haranti |
5 jālārdrāḥ-vastramayāni vyajanāni | tālavṛntāni-tālavṛntajayāni |
vistr̥tāḥ-ye vyajanakāle vistīryante | padminīpuṭāḥ-padminīpuṭamayāni |
utkṣepāḥ-nalikāpraviṣṭadaṇḍatvādardhvamadhaścāmbhaḥ
kṣipanti | te ca sarve jalārdrādayo mṛdūtkṣepāḥ-mandāndolanāḥ |
jalavarṣī himānilo yeṣāṃ te tathā | karpūramālādayaḥ kla-
10 maṃ haranti | karpūragrathitā mallikāgrathitāśca mālāḥ |
saharicandanāḥ-pītacandanamaṇimiśritāḥ, hārāḥ-muktāvalayaḥ |
manoharāḥ-sundarākārah, kalālāpaḥ-madhurālāpāśca, śi-
śavaḥ śukāḥ sārīkāśca | mṛṇālādīdhāraṇājjaṅgamāḥ pa-
dminya iva yāśca striyaḥ, tāśca klamaṃ haranti | § 584

1.3.85 Aṣṭāṅgahr̥dayasaṃhitā

ādānaglānavapuṣāmagñiḥ sanno+api sīdati | | 42 | |
varṣāsu doṣairduṣyanti
te+ambulambāmbude+ambare | | 42 | |
satuṣāreṇa marutā sahasā śītalena ca | | 43 | |
bhūbāṣpeṇāmlapākena malinena ca
vāriṇā | | 43 | |
5 vahninaiva ca mandena,
teṣvityanyonyadūṣiṣu | | 44 | |
bhajetsādhāraṇaṃ sarvamūṣmaṇastejanaṃ ca
yat | | 44 | | § 590

1.3.86 Sarvāṅgasundarā

ādānamuktam, tenādānākhyena kālena glānaṃ-saklamaṃ,
vapuh-śarīraṃ, yeṣāṃ puruṣāṇāṃ te ādānaglānavapuṣāḥ,
teṣāmapacitadhātūnāmagnirapyapacitaḥ sanno-mandaḥ san,
punarvarṣāsu sīdati-hāniṃ yāti | apīśabdaḥ punararthe,
5 anekārthatvānnipātānām | varṣāsviti nityabahutvādbah-
uvacanam | kena sīdati ? ityāha-kālasvabhāvāddoṣaiḥ,-
vātapittaśleṣmabhiḥ, duṣṭairityanuktamapyarthādgamyate |

yato+agnisādahetutvamaduṣṭānām teṣām na sambhavati |
tasmādduṣṭairdoṣairagniḥ sīdatītyarthāllabhyate | nanu,
katham varṣāsu doṣānām duṣṭatvaṃ syāt ? ityāha-duṣyantītyādi |
te doṣā duṣyanti | kadā ? ambare-viyati, ambulambāmbude- 5
ambunā lambā atinirbharatvādambulambā īdrśā ambudāḥ-
meñāḥ, yasminnevaṃvidhe sati | anena ca viśeṣaṇenā-
sya kālasya svarūpamupalakṣayantyācāryāḥ | yadaivaṃv-
idho varṣākālaḥ sampadyate, tadaivaite doṣā duṣyanti-
svakarmaṇyayogyāḥ sampadyante, na varṣākālamātre+anāsāditasvarūpe
tathā, satuṣāreṇa marutā-sajalakaṇena pavanena, tathā, 10
sahasā-grīṣmatāpasantāpādanantarameva, śītalēnābhyant-
aro vāyurduṣyati | tathā, bhuvo bāṣpaḥ-ūṣmā bhūbāṣpa-
stena | tathā, kālasvābhāvyāccāmlapākena vāriṇā pittaṃ
duṣyati | tathā, malinena vāriṇā-lūtāditantuviṇmūtretyādikaluṣeṇa
varṣājālena, kālasvābhāvyāccātiśayena mandatvaṃ gate- 15
nāgninā śleṣmā duṣyati | tadevamasminkāle vātapittaśle-
ṣmāno yugapatkālasvābhāvyādduṣyanti | nanviha trayā-
ṇāmapi doṣānām kopo+anujñāyate | vakṣyati tu (hr̥.sū.a.
12 | 24)-"cayapraprasamā vāyorgrīṣmādiṣu triṣu" iti |
tadime vacasī parasparaṃ vyāghnāte | atrocyate | nān- 20
ayorvākyayormitho virodhaḥ sambhāvyate | yasmādiha
duṣyantītyuktyā svasthānasthā eva duṣṭiṃ prāptā viṣ-
ādisprṣṭadravyavatkāryakarāṇe+asamarthā jāyanta ityu-
ktam | cayapraprasamā ityatra prakarṣeṇa kopāḥ sth-
ānāntaragatilakṣaṇo gaditaḥ | tadevamasmin kāle vāyoḥ 25
kadācidduṣṭatvaṃ syāt kadācitkopaśca, iti vacanābhyā-
metābhyāṃ pratyapādi | pittaśleṣmaṇostu duṣṭatvamā-
trameva | iti na kiñcidatrāsamañjasam | teṣvityādi | iti-
prakāre | anyonyaṃ dūṣayitum śīlam yeṣāṃ vātādīnāṃ ta
evam, teṣu-anena prakāreṇa parasparaṃ dūṣaṇasvabhāv- 30
eṣu satsu, bhajetsādhāraṇaṃ sarvaṃ-yatkiñcidvātādīnāṃ
yugapat prasāmanaṃ prasāmanaṃ tatsarvaṃ seveta | ya-
ccoṣmaṇo jāṭharāgneḥ, tejanam-uddīpanam, tadbhajet |
ūṣmaṇastejanasyātra caśabdaprayuktasyopādānaṃ prā-
dhānyakhyāpanārtham | agnirhi sarvabhāvānām pradhā- 35
nam | tathā ca vakṣyati (saṅgrāhe śā.a.6)- "śānte+agnau
mriyate, yukte ciram jīvatyānāmayaḥ | rogī syādvik-
rte, mūlamagnistasmānnirucyate" iti | tasmādagnyuttejan-

ārthaṃ yatnaḥ kārya iti bhāvaḥ | bhajediti kriyāpadaṃ ād-
idīpakatvāt "bhojanaṃ tvatidurdine" iti yāvatsarveṣu yo-
jyam | § 591

1.3.87 Āyurvedarasāyana

atha varṣācaryā | sā ca cayapūrvake prakope śodhanī, aca-
yapūrvake śamanī | tatra sopapattikamubhayacaryā sād-
hāraṇaṃ vidhatte-ādānamlanavapuṣāmiti | yatsādhāraṇa-
ṃsarvadoṣaharaṃ, yaccoṣmaṇastejanaṃ-agnidīptikaraṃ,
5 tatsarvaṃ varṣāsu bhajet | keṣu satsu ? teṣu-agnidoṣeṣu,
anyonyadūṣiṣu-kṛtaparasparadūṣaṇeṣu satsu | sarveṣāṃ
duṣṭatvārsarvasādhāraṇaṃ bhajeditiyarthaḥ | kathamany-
onyadūṣaṇaṃ ? iti,-anena prakāreṇa | ādānenāvasann-
adehānāmagnirapi dehāvayavatvādavasanno+api puna-
10 rdoṣaiḥ sīdati-mandatvalakṣaṇāṃ duṣṭiṃ yāti | te ca
doṣā ādānamandena vahninā duṣyanti-duṣṭiṃ yānti | va-
hneḥ sahakārīṇyāha-ambulambāmbude+ambare,- jalabh-
aralambamānameṇe nabhasi sati, satuṣāreṇa-sajalakaṇen,
sahasā pravṛttena śītalena ca vāyunā duṣyanti, bhūvāṣp-
15 eṇa ca duṣyanti, amlapākena malinena ca vāriṇā duṣyanti |
duṣṭiścātra vāyoścayapūrvakaḥ prakopaḥ, "cayaprapra-
śamā vāyorgriṣmādiṣu triṣu" iti (hr. sū. a. 12/24) vacanāt |
pittasya cayalakṣaṇā duṣṭiḥ, varṣādiṣu tu pittasya" iti (hr.
sū. a. 12/24) vacanāt | kaphasya tvacayapūrvakaḥ prako-
20 paḥ | uktaṃ hi carakeṇa (sū. a. 6/33) _"bhūvāṣpānmeṇa-
niṣyandātpākādamlājjalasya ca | varṣāsvagnibale hīne ku-
pyanti pavanādayaḥ | |" iti | carakavacane+api pittapra-
koṣābdena cayamātraṃ lakṣyam, "cayapraprapraśamāḥ
pittādīnāṃ yathākramam | bhavantyeikaikaśaḥ ṣaṭsu kāle-
25 ṣvabhrāgamādiṣu | |" iti (ca. sū. a. 17/112) svavacanaviro-
dhabhāyāt | § 592

1.3.88 Sarvāṅgasundarā

śodhanīṃ vidhatte-āsthāpanamiti | śuddhatanuḥ-kṛtavirecanaḥ
san, āsthāpanaṃ-bastikarma, bhajet | śamanīṃ vidhatte-
jīrṇaṃ dhānyamiti | jīrṇaṃ-purāṇaṃ | rasān-māṃsarasān |

kṛtān-paṭukaṭvamlasnehayutān | piṣitaṃ-māṃsam | yūṣān-
dhānyakvāthān, tānapi kṛtān | madhu-mārdvīkam, ariṣṭaṃ-
kvathitauṣadhamadyam, dvayamapi cirantanam | pañca-
kolāvacurṇitaṃ sauvarcalalavaṇāḍhyaṃ ca mastu-dadhimaṇḍam |
divyaṃ-āntarikṣam | taccātītāśvinagr̥hitaṃ kācā dipātra- 5
stham, varṣāsu grahaṇaniṣedhāt | tadabhāve kaupam, ta-
cca śṛtam | uktaṃ hi saṅgrāhe (sū. a. 4)- "divyaṃ kv-
athitakūpotthaṃ cauṇḍyaṃ sārasameva ca |" iti | varṣ-
āviśeṣe bhojanaviśeṣamāha-bhojanaṃ tviti | atidurrdine-
vātavarṣākule+ahani | saṃśuṣkaṃ-kulmāṣādi | kṣaudrav- 10
atsamākṣikam | vātalamapi madhu kledaghnatvātkālasā-
marthyena vā avātalatvādvihitam | uktaṃ hi saṅgrāhe (sū.
a. 7)- "vātalaṃ vātakope+api varṣāsu madhu śasyate" iti |
§ 593

1.3.89 Aṣṭāṅgahr̥dayasaṃhitā

āsthāpanaṃ śuddhatanurjīrṇaṃ dhānyaṃ rasān
kṛtān | | 45 | |
jāṅgalaṃ piṣitaṃ yūṣān madhvariṣṭaṃ
cirantanam | | 45 | |
mastu sauvarcalāḍhyaṃ vā
pañcakolāvacūrṇitaṃ | | 46 | |
divyaṃ kaupam śṛtam cāmbho bhojanaṃ
tvatidurdine | | 46 | |
vyaktāmlalavaṇasnehaṃ saṃśuṣkaṃ 5
kṣaudravallaghu | | 47 | | § 598

1.3.90 Sarvāṅgasundarā

-śuddhā tanuryasya sa evambhūtaḥ-kṛtavirekādiḥ san,
āsthāpanaṃ-nirūhaṃ, bhajet | tathā, jīrṇaṃ dhānyaṃ-
purāṇayavagodhūmādikam | tathā, rasān-māṃsarasān |
kimbhūtān ? kṛtān,- snehaśuṅṭhyādiyutān | tathā, jāṅg- 5
alaṃ piṣitaṃ-hariṇaiṇādikam māṃsam | tathā, yūṣān-
mudgadāḍimādikṛtān | tathā, madhu-mārdvīkam, ari-
ṣṭam, dvayamapyetat cirantanam-purāṇam, na tu navam,

āgnimāndyabhayāt | mastu sauvarcalāḍhyaṃ-akṣalavaṇasaṃyuktam |
veti samuccaye | kimbhutaṃ mastu ? pippalīpippalī-
mūlacavyacitrakanāgarāḥ pañcakolaṃ, tenāvacūrṇitaṃ |
tathā, divyaṃ ākāśajaṃ, tathā kaupāṃ, tathā śṛtaṃ-
5 kvathitaṃ, cāmbhaḥ pibet | caḥ samuccaye | divi bha-
vaṃ divyaṃ, digāditvādyat | kūpe bhavaṃ kaupāṃ, pr-
āgdīvyato+aṇ | atidurdine-vātavarṣākule+ahani, vyaktāḥ-
pradhānāḥ, amlalavaṇasnehā yatra tadbhojanaṃ bha-
jet | tathā, saṃsuṣkaṃ-śuṣkaprāyam | tathā, kṣaudravat-
10 samākṣikaṃ | tathā, laghu | nanu, "vātalaṃ madhu" iti
(hṛ.sū.a. 5 | 52) vakṣyati | pavanaścātra kupyatītyuktaṃ |
ato māṃṣikasyātropayogo na yuktaḥ | atrocyate | dehadh-
ātavo+asmin kāle kledamupayānti | tataśca kledasaṃrakṣ-
aṇe evopakṣīṇaprabhavatvāt madhu marutkopāṃ vidhāt-
15 umasamarthaṃ | tasmānmadhūpayogo nyāyā eva | § 599

1.3.91 Aṣṭāṅgahr̥dayasaṃhitā

apādacārī surabhiḥ satataṃ dhūpitāmbaraḥ | | 47 | |
harṃyapṛṣṭhe
vasedbāśpaśītaśīkaravarjite | | 48 | | § 601

1.3.92 Sarvāṅgasundarā

pādābhyāṃ carati nityaṃ pādācārī, naiva yaḥ so+apādacārī,-
yānayāyī syāt | tathā, surabhiḥ-śobhanagandhayogāt | "sn-
ānaśīlaḥ susurabhiḥ" (hṛ.sū.a. 2 | 31) ityanenaivāsyārth-
asyoktatvāt surabhigrahaṇamatisāyārthaṃ | tathā, sata-
5 taṃ avirataṃ, dhūpite+ambare yasya sa evam | tathā,
harṃyapṛṣṭhe-dhavalagr̥hatale, vaset-tiṣṭhet | kīdr̥śe ? bā-
śpaśca śītaṃ ca śīkaraśca tairvarjite | § 602

1.3.93 Āyurvedarasāyana

apādacāritvādi vidhatte-apādacārīti | apādacārī-satataṃ
hastyādivāhanagāmī | dhūpitāmbaraḥ-agurvādīdhūpitavastraḥ |
satatamiti triṣvapi sambandhanīyam | ataeva "snānaśīlaḥ

susurabhiḥ" ityasyāpaunaruktyam | sthānaviśeṣe vāsaṃ
vidhatte-harmyapṛṣṭha iti | harmyapṛṣṭhe-harmyamastake |
§ 603

1.3.94 Aṣṭāṅgahṛdayasaṃhitā

nadījalodamanthāhaḥsvapnāyāsātapāṃstyajet | | 48 | | § 604

1.3.95 Sarvāṅgasundarā

tathā, nadījalādīn pañca tyajet | udakāloḍitāḥ saktavaḥ
sasarpiṣkā udamanthavācyā jalāvakṣīrīsamjñāḥ | tada-
tra kāle sāmyatvātsaktavastakrādisaṃyogānnātyantaman-
iṣṭāḥ | pānīya saṃyogāttu vātalāḥ, prakṛṣṭavātale kāle nā-
bhīṣṭā eva | muninā tvevamuktam (ca. sū.a. 6 | 34)- "udam- 5
antham divāsvapnamavaśyāyaṃ nadījalam | vyāyāmam-
ātapam caiva vyavāyaṃ cātra varjayet" iti | adhunā śaracc-
aryāṃ vivakṣuridamāha- § 605

1.3.96 Āyurvedarasāyana

nadījalādīn niśedhati-nadījaleti | dravālohitāḥ saktavo ma-
nthāḥ, sa evodake drave udamanthāḥ | āyāso-vyāyāmaḥ |
§ 606

1.3.97 Aṣṭāṅgahṛdayasaṃhitā

varṣāsītocitāṅgānām sahasaivārkarāśmibhiḥ | | 49 | |
tājyāya ghr̥tam tiktaṃ vireko
raktamokṣaṇam | | 50 | |
taptānām sañcitam vṛṣṭau pittaṃ śaradi
kupyati | | 49 | | § 609

1.3.98 Āyurvedarasāyana

atha śaraccaryā | sā ca cayapūrvake śodhanī, acayapū-
rvake śamanī | tatra sopapattikāṃ śodhanīm vidhattev-
arṣāsītocitāṅgānāmīti | varṣāsu sañcitam pittaṃ vārṣikaś-
ītasātmyaśarīrāṇām nṛṇām śaradyarkaraśmibhiḥ sahasa-
5 iva taptānāmasātmyatāpasambandhātkupyati | atasyasya-
pittasya, jayāya tiktam-tiktasamjñam kuṣṭhacikitsitoktam,
ghṛtam snehanārtham yojyam | tato virekastato raktamo-
kṣaṇam | § 610

1.3.99 Sarvāṅgasundarā

varṣāsu śītam varṣāsītam, taducitam-sātmyam yasya, tadevamvidhamaṅgam-
vapuryeṣam te varṣāsītocitāṅgā narāḥ, teṣam sahasaiva-
jhaṭityeva, śaradi jātāyām, arkaraśmibhiḥ-bhānubhābhīstaptānām
satam pittaṃ kupyati | kimbhūtam ? vṛṣṭau sañcitam,-
5 varṣāsu vṛddhiṃ gatam | yataścaivam tataśca tajjayāya ti-
ktam ghṛtam-kuṣṭhacikitsitoktam, yojyamīti vākyaśeṣaḥ |
yadi vā, tiktairdravyaiḥ sādhitam | tathā, vireko yojyaḥ |
tathā, raktamokṣaṇam ca | sarvopakramebhyaḥ pitte vire-
kasya jyāyastvādiha pūrvamupanyāsaḥ | tathā hyāha (ca-
10 rake sū.a. 25 | 39)- "virecanam pittaharāṇām" iti | tato rakt-
amokṣaṇam, pittādhāratvādraktasya | virecanāṅgatvācca
tajjayāya ghṛtam tiktamīti ghṛtasya pūrvamupanyāsaḥ | na
hyasnigdhasya virecanaprāptirasti | tathā ca vakṣyati (hr̥.
sū. a. 18 | 59)- "snehasvedāvanabhyasya kuryātsamśodh-
15 anam tu yaḥ | dāru śuṣkamivānāme śarīram tasya dīry-
ate" iti | tathā, viriktasya srutaraktasya ca pavanaprakop-
abhayam | kālasvābhavyācca pittakopabhayam | tadetatp-
arihartum tathā dehapuṣṭyarthamagnisandhukṣaṇārtham
ca tiktaghṛtopayogaḥ kāryaḥ | ityanekakāryakaraṇatvena
20 prādhānyācca tiktaghṛtasya pūrvamupanyāsaḥ | asamās-
akaraṇam ca jñāpanārtham | naitāni sarvāṅgyavaśyam ti-
ktaghṛtādīni tadā kāryāni | kiṃ tarhi ? deśādyanurodhāt
kadācitpittavijayāya tiktam ghṛtam, kadācidvirekaḥ, kad-
ācidraktamokṣaḥ, kadācidvayam, kadācitsakalānyeveti |
25 virekastu pittavijayārthamavaśyam śaradi kāryaḥ | yathā-
vasante śleṣmavijayāya vamanam, varṣāsu ca pavanavija-

yāya bastiḥ | ata eva prāniridiṣṭam vasante vamanam, va-
rṣasu cāsthāpanam, śaradi vireka iti | § 611

1.3.100 Aṣṭāṅgahr̥dayasaṃhitā

tiktam svādu kaṣāyam ca kṣudhito+annam
bhajellaghu | | 50 | |
śālimudgasitādhātrīpaṭolamadhujāṅgalam | | 51 | | § 613

1.3.101 Sarvāṅgasundarā

kṣudhito+annam-bhojanam, tiktādiguṇayuktaṃ bhajet |
kṣudhitagrahaṇamatibubhuṅkṣitapratipādanārtham, akṣu-
dhitasya bhojanādhikārābhāvāt | kiṃ tattiktādiguṇayu-
ktaṃ ? ityāha-śālītyādi | śālyādīn sapta bhajet | § 614

1.3.102 Āyurvedarasāyana

śamanīm vidhatte-tiktamiti | kṣudhitaḥ san tiktādirasaṃ
laghu śālyādikamannaṃ bhajet | kṣudhitagrahaṇamatikṣ-
udhitasya bhojanārtham | tadā hi pittādhikyādasamyakṣ-
udhyapi kṣudhitatvabuddhiḥ | uktaṃ ca carakeṇa (sū. a.
6/41)- "pittapaśamanaṃ sevyam mātrayā suprakāṅkṣit- 5
aiḥ |" iti | śālyādigrahaṇam tattulyānāmeva tiktādīnām pr-
āptyartham | sitāśarkarā | dhātrī-āmalakī | § 615

1.3.103 Aṣṭāṅgahr̥dayasaṃhitā

taptaṃ taptāṃśukiraṇaiḥ śītaṃ śītāṃśuraśmibhiḥ | | 51 | |

samantādapyahorātramagastyodayanirviṣam | | 52 | |
śuci haṃsodakaṃ nāma nirmalaṃ
malajijalam | | 52 | |
nābhiṣyanti na vā rūkṣam 5
pānādiṣvamṛtopamam | | 53 | | § 620

1.3.104 Sarvāṅgasundarā

samantāt-sarvataḥ, sūryaprabhābhirahani taptam-kvathitam,
candrakiraṇairniśi śītikṛtam | tathā, agastyodayena ni-
rviṣīkṛtam | tathā, śuci-pavitram | varṣāsu hyaśucītyu-
ktam | tacca haṃsopabhogyatayā haṃsavadatinairmalyā-
5 ddhaṃsodakam nāma tantrakārairāyurvedaśāstre samjñi-
itam | tathā, nirmalam-akaluṣam | tathā, malānvātapitta-
śleṣmaṇo, jayatīti malajit | agastyodayanirviṣaśabdena vi-
śeṣaṇenaitat pratipādayati, yathā-yadantarikṣaprabhavam
sarastaḍāgādistham jaḷam, tadeva prāyeṇa śaradyevaṃg-
10 uṇam vedyam | na kūpādiprabhavam, tasya sadā nirviṣ-
atvāt | tathā cāntarikṣaprabhavamevam paṭhyate (hr̥. sū.
a. 5 | 8)- "lūtāditantuvīṇmūtraviṣasamśleṣadūṣitam" iti | ta-
cca nābhiṣyandi-na srutirūpaśleṣmakāri, na vā rūkṣam-
na vātaprakopakāri | vāśabdaśca śabdasyārthe+atra | ya-
15 tastaptāṃsukiraṇaistaptam, yataśca śītāṃsukaraiḥ śītam-
prāhlāditam, ittham sneharaukṣyayorantare vartamānam
pānādiṣvamṛtopamam | ādiśabdena snānāvagāhoyorgr-
ahaḥ | kupitadoṣasamanādakupitadoṣasāmyānuvṛttihetu-
tvāccāmṛtatulyametajjalam bhajediti yojyam | atroṣṇāṃś-
20 ugrahaṇamagnitāpanivṛtṭyai | kiraṇagrahaṇam sākṣātta-
tsparśasambhāvanārtham | tṛṇadavapalāśādibhirāstrtam-
api ravistāpayati na tu tattathā guṇavat | ataḥ kiraṇagr-
ahaṇena tadvyavadhānavyudāsam karoti | nanu ca, sa-
rvaṃ dinam sūryakiraṇaistāpaḥ sambhavati | candrak-
25 araistu sarvāṃ rātriṃ kathamiva syāt ? yataḥ sakala-
sya candramasaḥ paurṇamāsyāmeva sarvasyāṃ rātryāṃ
sambhavo nānyatra | tasmācchītam candrakiraṇai rātry-
āmiti naitadyuktam | atrocyate | vimale vyomani yath-
aiva ravicandrau yathākālamavyāhataśvarūpaṃ prāptau
30 pathyatāṃ jalasyāpādayatastadvannakṣatrāṇyapi | tasmā-
nnakṣatrainyapi śītam candreṇeva śreṣṭhameva bhavatyud-
akam | evaṃ caitadavagacchet, anyathaitadvākyamayukt-
amiva syāt | carakamunināpyanenaivā+abhiprāyeṇa nakṣ-
atragrahaṇam nākāri | yathā (ca. sū. a. 6 | 45)- "divā sūryā-
35 ṃśusantaptam niśi candrāṃśuśītaḥ | " iti | aṣṭāṅgasaṅgr-
ahe+apyuktam (sū.a. 4.)- "divā divākarakarairniśākarakar-
airniśi" iti | atra hi sakalasyāhorātrasya raviśaśiyogāya di-

vānīśāgrahaṇam, anyathaitadanarthakaṃ syāt, vyabhicār-
ābhāvāt | § 621

1.3.105 Āyurvedarasāyana

haṃsodakaṃ vidhatte-taptamiti | kiraṇaraśmigrahaṇaṃ
sākṣātsambandhārtham | samantādapi-sarveṣvapi prade-
śeṣu | ahorātragrahaṇaṃ sarvadā sambandhārtham | sa-
rvaṃ dinaṃ sūryeṇa tāpitaṃ, sarvāṃ ca rātriṃ śītāṃsunā
śītālīkṛtam | śītāṃśuśabdena rātridṛśyaṃ jyotiścakramup- 5
alākṣyate, yaugikatvāducyate vā | agastyo-jyotirviśeṣaḥ |
śuci-svata eva nirmalam, tacca śaradi | yadāha suśru-
taḥ (sū. a. 45/8)- "śaradi sarvaṃ prasannatvāt" iti | ta-
smācchāradameva haṃsodakam | tathā+a+aha carakaḥ
(sū. a. 6/46)- "haṃsodakamiti khyātaṃ śāradam vima- 10
lam śuci" iti | nirmalam-sūryatāpādinā apagatadoṣam |
malajit-doṣatrayaharam | nābhiṣyandi-na srotaḥsrāvi | na
vā rūkṣam-na srotaḥśoṣi | pānādiṣu-pānasnānāvagāheṣu |
amṛtopamaṃ-yathā devānāmamṛtaṃ tathedaṃ manuṣyā- 15
nām | saṅgrahe tu (sū. a. 4)- "haṃsaughāpakṣavikṣepabh-
ramadbhrmarapaṅktiṣu | susaroruhasevyāsu sarasīṣu pla-
veta ca | | iti | § 622

1.3.106 Aṣṭāṅghṛdayasaṃhitā

candanośīrakarpūramuktāsragvasanojjvalaḥ | | 53 | |
saudheṣu saudhadhavalāṃ candikāṃ
rajanīmukhe | | 54 | | § 624

1.3.107 Sarvāṅgasundarā

candanaṃ cośīraṃ ca karpūraśca muktāśca srajaśca vasa-
nāni ca, tairujjvalaḥ-śobhanaḥ san, saudheṣu-dhavalagrhapṛṣṭheṣu,
candrikāṃ jyotsnāṃ, bhajet | kadā ? rajanīmukhe,-pradoṣe |
paratastu nidāgha iva na sevyā, avaśyāyabhayāt | avaśy-
āyo hyatra parihāryaḥ | tathā cāha- § 625 5

1.3.108 Āyurvedarasāyana

pradoṣe kaumudībhajanam vidhatte-candranośireti | ca-
ndanādibhirujjavalahsan, saudheṣvavasthitaḥ saudhadh-
avalām candrikām rajanīmukhe bhajet | uśīram-sugandhivālakam |
srajaḥ-kumudādīmālāḥ | saudheṣu-sudhādhavalagrheṣu |

5 § 626

1.3.109 Aṣṭāṅgahr̥dayasaṃhitā

ā0 raṃ0-tuṣārādīnniṣedhati-tuṣārakṣāreti |
tuṣāroabadhyāyaḥ | kṣāro-yavakṣārādih |
sauhityam-tr̥ptibhojanam |
tīkṣṇamadyam-tīvramadamadyam |
purovātaḥ-pūrvadigvāyuh | § 627

1.3.110 Aṣṭāṅgahr̥dayasaṃhitā

tuṣārakṣārasauhityadadhitalavasātapān | | 54 | |
tīkṣṇamadyadivāsvapnapurovātān
parityajet | | 55 | | § 629

1.3.111 Sarvāṅgasundarā

tuṣārādīn daśa parityajet | tuṣāro-avaśyāyaḥ | kṣāro-yavakṣārādih |
sauhityam-tr̥ptih | tīkṣṇam ca tanmadyam ca tīkṣṇama-
dyam | purovātaḥ-pūrvadigāgato vātaḥ | § 630

1.3.112 Aṣṭāṅgahr̥dayasaṃhitā

śīte varṣāsu cādyāmstrīn vasante+antyan rasānbhajet
svādum nidāghe, śaradi
svādutiktakaṣāyakān | | 56 | |
śaradvasantayo rūkṣam śītam
gharmaghanāntayoḥ | | 56 | |

annapānaṃ samāsenā
viparītamato+anyadā | |57| | § 635

1.3.113 Sarvāṅgasundarā

śīte-hemantaśīsirayoḥ, varṣāsu cādyāmstrīn-svādvamlalavaṇākhyān,
rasān bhajet | vasante cāntyāmstrīn-tiktakaṭukaṣāyān bhajet | svādum nidāghe-grīṣme madhuraṃ, bhajet | śaradi
svādutiktakaṣāyān bhajet | śaradvasantayo rūkṣamannap- 5
ānaṃ samāsenā bhajet | ato viparītaṃ-snigdham, anyadā-
hemantaśīsiragrīṣmavarṣāsu | śītamannapānaṃ gharma-
ghanāntayorbhajet | ato viparītaṃ-uṣṇamannapānaṃ, anyadā-
hemantaśīsiravasantavarṣākhye kāle, bhajet | § 636

1.3.114 Āyurvedarasāyana

vyāsenoktamṛtucaryām sukhagrahaṇārthaṃ samāsenāha-
śīte varṣāsu ceti | hemantaśīsiravarṣāsu svādvamlalavaṇa-
snigdhoṣṇamannapānaṃ bhajet | vasante tiktakaṭukaṣāy-
arūkṣoṣṇam | grīṣme svāduśītasnigdham | śaradi svāduti-
ktakaṣāyarūkṣāśītam | iti mathitārthaḥ | § 637 5

1.3.115 Aṣṭāṅgahr̥dayasaṃhitā

nityaṃ sarvarasābhyāsaḥ
svasvādhikyamṛtāvṛtau | |57| | § 638

1.3.116 Sarvāṅgasundarā

nityaṃ-sarvadā, sarveṣāṃ-ṣaṅṅāmapi rasānāṃ, abhyāsaḥ-
śīlanāṃ, kāryamiti vākyaśeṣaḥ | "sarvarasābhyāso ba-
lakaṛāṇāṃ" iti (saṃ. sū. a. 13) vacanāt | nanvevaṃ
sati yathartusevyatvena rasaniyamo yaḥ pūrvam kṛtaḥ
sa viruddhaḥ ? netyāha-svasvetyādi | ṛtāvṛtāviti vīpsā- 5
yāṃ dvitvam | svaṃ ca svaṃ ca svasvam, tasyādhikya-
bhūyastvam, kāryamiti śeṣaḥ | yathā-śīte varṣāsu cādy-
āmstrīnityuktam | tadeteṣu ṛtuṣvete rasā bhūyasopayo-

ktavyāḥ, na tveta evetyarthaḥ | tathā, samadhātuṃ pr-
ati same deśe caiṣa niyamo vedyāḥ | anyatra tu jāṅg-
ale+anūpe vā deśe viṣamadhātośca dhātusāmyotpāda-
nārtham deśadehānugūṇamanyartuvihitavidhānamanya-
5 sminnapyṛtāvanuṣṭheyameva | § 639

1.3.117 Āyurvedarasāyana

svādvādinīyamānnivāritasya rasāntarasya pratiprasavaṃ
karoti-nityamaiti | nityam-sarveṣu ṛtuṣum sarveṣāṃ ras-
ānāmabhyāsaḥ kartavyāḥ | nanvevaṃ cettarhi svādvād-
ividhirvyathaḥ syādityata āha-svasvādhikyamiti | yathā-
5 svaṃ vihitānām asvādvādīnāmitarebhyo+adhiko+abhyāsaḥ
kartavyāḥ | § 640

1.3.118 Aṣṭāṅgahr̥dayasaṃhitā

ṛtvorantyādisaptāhāvṛtusandhiriti smṛtaḥ | | 58 | |
tatra pūrvo vidhityājyaḥ sevānīyo+aparaḥ
kramāt | | 58 | |
asātmyajā hi rogāḥ syuḥ sahasā
tyāgaśīlanāt | | 3 | |
58 1/2 | | 3 | |
5 iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ
sūtrasthāne ṛtucaryā nāma
ṛtīyo+adhyāyaḥ | | 3 | | § 645

1.3.119 Sarvāṅgasundarā

pūrvottarayorṛtucaryayoḥ krameṇa tyajanabhajane vidhatte-
ṛtvoriti | pūrvasyartorantyaḥ saptāhaḥ, uttarasya ca ādyaḥ
saptāhaḥ, evaṃ caturdaśāhāt ṛtusandhiḥ smṛtaḥ | tasmin
ṛtusandhau purvartusambandhī vidhiḥ kramāt tyājyaḥ,
5 uttarartusambandhī kramātsevyāḥ | sahasā hi tyāgaśīl-
ane ca kriyamāṇe asātmyajā rogāḥsyuḥ | kramo yathā-
ṛtusandheḥ prathame dine purvasyāhārasya trayāḥ pā-

dāḥ, uttarasyaikaḥ | dvitīye pūrva evāhāraḥ | tṛtīye prathamavat | caturthe purvasya dvau pādaḥ, uttarasya dvau | pañccamaṣaṣṭhayoḥ prathamavat | saptame caturthavat | aṣṭame pūrvasyaikaḥ, uttarasya trayāḥ | navamadaśam-
 aikādaśeṣu caturthavat | dvādaśe+aṣṭamavat | trayodaśe 5
 uttara eva āhāraḥ | caturdaśe+aṣṭamavat | atahparamtūt-
 tara evāhāraḥ | amu ca kramam "pādenāpathyam" (hr̥. sū.
 a. 7/47) ityatropapādayiṣyamaḥ | suśrutastvāhorātre+api
 ṣaḍṛtūnāha (sū. a. 6/15)- "tatra pūrvāhṇe vasantasya li-
 ṅgam, madhyāhṇe grīṣmasya, aparāhṇe prāvṛṣaḥ, prad- 10
 oṣe vārṣikam, śāradamardharātre, pratyūṣasi haimanta-
 mupalakṣayet | evamahorātramapi varṣamiva śītoṣṇava-
 rṣadoṣopacayaprakopopaśamairjānīyāt" iti | nanu, tataśc-
 aikasya doṣasyaikasmin kāle cayaprakopopaśamairviru- 15
 ddhatvaṃ cāpadyate, vārṣikāṇāmāhorātrikāṇām ca cayād-
 īnām tathā samāveśāt | yathā-vasantasya pūrvāhṇe kaph-
 asya liṅgam, madhyāhṇe grīṣmasya | maivam | āhorātrik-
 aiścayādibhiranavakāśaiḥ sāvakāśā vārṣikāścayādayo bā-
 dhyante | āhorātrikaḥ kaphasya hi praśamo mādhyāhni- 20
 kaḥ, tasyāvakāśo madhyāhna eva | prakopastu vāsāntika,
 tasyāvakāśaḥ sāyāhnādayo+api, teṣāmapi vasantatvāt | na
 grīṣmādimadhyāhno mādhyāhnikasya praśamasyāvakāśa
 iti vācyam, grīṣme tāvadgrīṣmatvādeva praśame siddhe
 vaiyarthīyāt | varṣāsu doṣatrayaduṣṭiḥ, śaradyapi kiñcitr- 25
 aphapakopa iṣṭaḥ | "kuryātpittaṃ ca śaradi tasya cānu-
 balaḥ (laṃ) kaphaḥ" iti (hr̥.ni.a. 2/51) vacanāt | hemant-
 aśīśirayoḥ sañcayaḥ spaṣṭa eva | evaṃ cayapraśamayor-
 api vācyam | cayaprakopayostvavirodhaḥ, dvayorvṛddh-
 irūpatvāt | yacca pracalitvatvaṃ prakope viśeṣaḥ, taṃ pr-
 aticayahetorudāsīnatvam | evaṃ vātapittayorapi vācyam | 30
 nanu, "vayohorātribhuktānām te+antamadhyādigāḥ kra-
 māt|" iti (hr̥.sū.a. 1/8) vākye pittakaphavātānām ma-
 dhyāhnapurvarātrāpararātreṣu prakopa uktaḥ | suśruta-
 vākye tu vātacayavātaprakopakaphacayā uktāḥ, iti vi-
 rodhaḥ | maivam | doṣabhedanāvirodhāt | athartulakṣa- 35
 ṇam saṅgrahe (sū.a.4)-"dhūmadhūmrā rajomandāstuṣā-
 rāvilamaṇḍalāḥ | digādityā marucśaityāduttaro romaha-
 rṣaṇaḥ | | rodhrapriyaṅgupunnāgalavalyaḥ kusumojjva-

lah | dr̥ptā gajājamahiṣavājivāyasaśūkarāḥ | | himānīpaṭ-
 alacśannā līnamīnavihaṅgamāḥ | nadyaḥ sabāṣpāḥ soṣm-
 āṅaḥ kūpāpaśca himāgame | | dehoṣmāṇo viśanto+antaḥ
 5 ūte ūtānilāhatāḥ | jaṭhare piṅditoṣmāṅaṃ prabalaṃ ku-
 rvate+analam | | visarge balināṃ prāyaḥ svabhāvādiguru
 kṣamam | br̥mhaṅānyannapānāni yojayettasya yuktaye | |
 vasante dakṣiṇo vāyurātāmrakiraṇo raviḥ | navapravā-
 latvakpatrāḥ pādapāḥ kakubho+amalāḥ | | kiṃśukāśo-
 kacūtādivanarājivirājītāḥ | kokilālikulālāpakalokolāhalāk-
 10 ulāḥ | | gr̥ṣme+atasīpuṣpanibhastīkṣṇāmśurdavadīpitāḥ |
 diśo jvalanti bhūmiśca mārutonair̥to+asukhaḥ | | pavan-
 ātapasaṃsvedarjantavo jvaritā iva | tāpārtatuṅgamātaṅg-
 amahiṣaiḥ kaluṣīkṛtāḥ | | divākarakarāṅgāranikaraiḥ kṣa-
 pitāmbhasaḥ | pravṛddharodhaso nadyaśśāyāhīnā mahīr-
 15 uhāḥ | | viśīrṇajīrṇaparnāśca śuṣkavalkalatāṅkitāḥ | varṣ-
 āsu vāruṇo vāyuḥ sarvasasyasamudbhavaḥ | | bhinnendr-
 anīlanīlābhavr̥ndamandāvilam nabhaḥ | dīr̥nikā navav-
 āryoṅamagnasopānapaṅktayaḥ | | vāridhārābhṛśānātavi-
 kāsitasaroruhāḥ | saritaḥ sāgarākārā bhūravvyaktajalasth-
 20 alā | | mandrastanitajīmūtaśikhidarduranādītā | indrago-
 padhanuḥkhaṇḍavidyududyotadīpitā | | paritaḥ śyāmala-
 tṛṇā śilīndhrakuṭajojjvalā | śaradi vyomaśubhrābhraṃ ki-
 ṅcitpaṅkāṅkitā mahī | | prakāśakāśasaptāhvakumudā śā-
 liśālīnī | vikṣiptatīkṣṇakiraṇo meṅauṅavigamādraviḥ | |
 25 babhruvarṇo+ativimalāḥ krauñcamālākulā diśaḥ | kama-
 lāntarasam̐līnamīnaham̐sāṃsaṅgaṅtanaiḥ | | taraṅgabhaṅg-
 atuṅgāni sarāṃsi vimalāni ca | " iti | iti hemādriṭīkāyāmāy-
 urvedarasāyane | ṛtucaryāprakaraṅaṃ sāmastyena nirūp-
 itam | | 3 | | § 646

1.3.120 Sarvāṅgasundarā

ṛtvoḥ-śīśiravasantayorgr̥ṣmaprāvṛṣorityādikayoḥ, antya-
 ścādiśca yau saptāhau tāvṛtusandhiriti smṛtaḥ-ityucyate |
 tatra-saptāhadvayalakṣaṇa ṛtusandhau, pūrvāḥ-pūrvartusambandhī,
 vidhityājyaḥ | aparaḥ-eṣyaddatusambandhī, sevānīyaḥ |
 5 katham ? kramāt,-krameṇa, "pādenāpathyamabhyastam"
 (hr̥. sū. a. 7 | 47) ityādinā | saptānāmahnāṃ samāhāraḥ sa-

ptāhaḥ | saptāhaśca saptāhaśca saptāhau | "rājāhaḥsakhi-
bhyaṣṭac" iti ṭac samāsāntaḥ | "na saṃkhyādeḥ samāhāre"
ityahnādeśaniṣedhaḥ | nanu, kimevaṃ tyāgaḥ sevanaṃ ca
kriyate ? ityāha-asātmyajā ityādi | yasmāt sahasā tyāgaśīl- 5
anāt asātmyāt-anucitājjātā asātmyajā rogāḥ syuḥ | tataḥ sa-
hasā tyāgaśīlanaṃ na kāryamiti bhāvaḥ | § 647
iti śrīmṛgāṅkadattaputraśrīmadaruṇadattaviracitāyāma-
ṣṭāṅgahr̥dayaṭīkāyāṃ sarvāṅgasundarākhyāyāṃ
sūtrasthāne tṛtīyo+adhyāyaḥ samāptaḥ | | 3 | |

1.4 rogānutpādanīyādhyāyaḥ : 4

1.4.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto rogā[1]nutpādanīyādhyāyaṃ
vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 650

1.4.2 Sarvāṅgasundarā

vyākhyā+atra prathamādhyāyavadboddhavyā | rogāṅāmanutpādaḥ-
anutpādanam, tasmai hito rogānutpādanīyaḥ | upadarś-
anaṃ cedam | nidarśanākhyayā tantrayuktyā cotpannar-
ogopaśamaneeyo+api, vātādirodhotthānāṃ rogāṅāmupa- 5
śamasyābhyupadeśāt | tathā ca vakṣyati (asminnevādhy-
āye ślo.34)- "anutpattiyai samāsena vidhiresaḥ pradarśi-
taḥ | nijāgantuvikārāṅāmutpannānāṃ ca śāntaye | |" iti | -
----- § 651

1.4.3 Sarvāṅgasundarā

rogānutpādanīyamadhyāyaṃ vyākhyātum pratijñānīte-
atheti | yataḥ pūrvayoradhyāyayorniyatakālo vihāro vyā-
khyātaḥ | ihāniyatakālaḥ | sa ca pañcadhā,-vegadhāraṇaṃ,
vegodīranaṃ, śodhanaṃ, br̥mhaṇaṃ, bhūtādyasparśa-
naṃ ceti | teṣāṃ ca [2]hānopādānābhyāṃ rogāṅāman- 5
utpādanam, prāgabhāvapradhvaṃsahetutvāt | tatra dh-

āraṇodīraṇayorhānāt prāgabhāvaḥ, śodhanādyupādānā-
dubhayam | ata evāyaṃ rogānutpādanahetutvādrogānu-
tpādaniyaḥ | nanu, rogānutpādaniyo [3]yadyayamadhy-
āya[4]starhyauśadhaskandhe praṇidhīyatām | satyam | ya
5 eva hi hetavaḥ, tānyevauśadhāni | asamyagyogasamyagy-
ogāvevātra bhedakau | kintvanutpanneṣu vyādhiṣu ye vi-
hārāhārā rāgato vidhito vā prāptāḥ prāyaḥ sevyante, te
hetuskandhe vidhīyante | teṣāmeva hi pramādātpratikū-
ladaivādvā satyasamyagyoge hetutvam | ya utpanneṣu,
10 te bheṣajaskandhe | teṣāmeva hyapramādādanukūladaiv-
ādvā sati samyagyoge bheṣajatvam | [5]pūrvayoruttare-
ṣāṃ ca ṣaṇṇāmadhyāyānāmanenaivābhiprāyeṇa hetuska-
ndhe praṇidhānamiti sakalamanākulam | rogānutpādani-
yatvam ca yadyapi sarveṣāmevādhyāyānām, tathāpyasya-
15 iva saṃjñākaraṇamatīśayadyotanārtham | § 652

1.4.4 Aṣṭāṅgahr̥dayasaṃhitā

vegāna dhārayedvātaviṇmūtrakṣavatr̥kṣudhām | | 1 | |
nidrākāsaśramaśvāsajṛmbhāśrucchardiretasām | | 1 | | § 654

1.4.5 Āyurvedarasāyana

tatra vegadhāraṇaṃ niṣedhati-vegānneti | pravṛtyunm-
ukhatvaṃ vegāḥ | vātaśabdenādhovāta ūrdhvavātaśca |
kṣavaḥ-kṣavathuḥ | śramaṇa śvāsaḥ śramaśvāsaḥ | āsru-
ānandajaṃ śokajaṃ vā netrodakam | § 655

1.4.6 Aṣṭāṅgahr̥dayasaṃhitā

vātādeenāṃ vegāna dhārayet | sarvatra
dvandvasamāsaḥ | kṣavaḥ- chikka | śramo-
vyāyāmāyāsaḥ, tena śvāsaḥ
śramaśvāsaḥ | § 656

1.4.7 Aṣṭāṅgahṛdayasaṃhitā

adhovātasya rodhena gulmodāvartarukklamāḥ | | 2 | |
vātamūtraśakṛtsaṅgadrṣṭyagnivadhahṛdgadāḥ | | 2 | | § 658

1.4.8 Sarvāṅgasundarā

adhovātasya rodhena gulmādayo jāyante | ūrdhvavātasya-
udgārarūpasya rodhāt sukhasādhyā arucyādayaḥ | ata ev-
ādhovātarodhādye rogā atipratyapāyarūpā gulmādayaḥ,
te+atra pūrvam nirdiṣṭāḥ | udāvartaḥ- arsonidāne vakṣy-
ate | ruk- pīḍā | klamo- glāniḥ | vātamūtraśakṛtsaṅgo- vāt- 5
ādīnāmapravṛttiḥ | drṣṭeragneśca vadho- nāśaḥ | hṛdgado-
hṛdrogaḥ | § 659

1.4.9 Āyurvedarasāyana

tatra niṣedhātikrame doṣam darśayan vegadhāraṇajān ro-
gānāha | tatrādhovātaroghajān rogānāha-adhovātasyeti |
ruk-koṣṭhaśūlam | vātādīnām saṅgaḥ-svābhāvika pravṛtti-
rodhaḥ | drṣṭivadhāḥ-timiram | agnivadhāḥ-agnimāndyam |
hṛdgado-hṛdrogaḥ | § 660 5

1.4.10 Aṣṭāṅgahṛdayasaṃhitā

śakṛtaḥ piṇḍikodveṣṭapratīśyāyaśirorujāḥ | | 3 | |
ūrdhvavāyuh parīkarto
hṛdayasyoparodhanam | | 3 | |
mukhena vitpravṛttiśca pūrvoktāścāmayāḥ
smṛtāḥ | | 4 | | § 663

1.4.11 Sarvāṅgasundarā

śakṛto rodhena piṇḍikodveṣṭādayo jāyante | udveṣṭana-
mivodveṣṭaḥ | piṇḍikodveṣṭaḥ | piṇḍikā-jaṅghākāṇḍasya
paścime bhāge piṇḍākṛti kaṭhinaṃ māmsam | tatro-
dveṣṭaneneva rugbhavatītyarthaḥ | pratīśyāyaḥ-pīnasaḥ |

caḥ samuccaye | na kevalameta eva, yāvatpūrvoktāḥ-
gulgūlmādayasca, smṛtāḥ | § 664

1.4.12 Āyurvedarasāyana

adhovātarodhajānantaramūrdhvavātarodhajeṣu vācyeṣu śa-
kṛnmūtrarodhajānāṃ vacanamadhovātarodhajatulyarog-
ayogatvāt | tatra viḍrodhajānāha-śakṛta iti | jaṅghāyāḥ pa-
ścime bhāge piṇḍikākūtimāṃsaṃ piṇḍikā, tasyā udveṣṭanam-
5 udveṣṭamānāyāmiva duḥkham | pūrvoktāḥ-adhovātarodhajāḥ |
§ 665

1.4.13 Aṣṭāṅgahr̥dayasaṃhitā

aṅgabaṅgāśmarībastimedhhravaṃkṣaṇavedanāḥ | | 4 | |
mūtrasya rodhātpūrve ca prāyo
rogāḥ----- | | 5 | | § 667

1.4.14 Sarvāṅgasundarā

mūtrasya rodhādaṅgabaṅgādayo jāyante | aṅgānāṃ bh-
aṅgaḥ sphoṭanamivāṅgabaṅgaḥ | bastyādīnāṃ vedanayā
sambandhaḥ | medhramśīsrnam | pūrve ca prāyo rogāḥ-
adhovātaśakṛdrodhajāḥ, te+api mūtrasya rodhājāyante |
5 prāyograhaṇāt vātādirodhajāḥ kecidevotpadyante kecinn-
eti bodhayati | § 668

1.4.15 Āyurvedarasāyana

mūtrarodhajānāha-aṅgabaṅgeti | aṅgabaṅgo-bhajyamāneṣvivaṅgeṣu
duḥkham | bastyādīnāṃ ca vedanāḥ | pūrve rogāḥ-adhovātaviḍrodhajāḥ |
te ca prāyograhaṇāna sarve | § 669

1.4.16 Aṣṭāṅgahr̥dayasaṃhitā

-----tadauśadham | | 5 | |

vartyabhyāṅgāvagāhāśca svedanaṃ bastikarma
ca || 5 || § 671

1.4.17 Sarvāṅgasundarā

tadauśadhaṃ-teṣāṃ vātādirodhajānāṃ rogāṅāmauśadhaṃ
cikitsitaṃ bhavati | kiṃ tat ? ityāha-vartītyādi | vartiḥ-
madanaphalādikṛtā phalavartisaṃjñā | abhyāṅgaḥ-abhyāñjanam |
avagāho vātaharadravyasādhite drave droṇyāṃ nihite pā-
yudeśasyāvasthāpanam | svedanaṃ-svedaḥ | bastikarma- 5
malapravṛttaye bastividhau vakṣyamāṇam | § 672

1.4.18 Sarvāṅgasundarā

uktānāṃ vātādirodhajānāṃ rogāṅāmauśadhamāha-tadauśadhamiti |
karma cetyantena | teṣāṃ-adhovātaviṇmūtrarodhajānāmauśadham |
vartiḥ-gude praṇidheyā phalavartisaṃjñā | vatriḥ-gude
praṇidheyā phalavartisaṃjñā | avagāhaḥ-tailādipūrṇadroṇyāṃ
nimajjanam | § 673 5

1.4.19 Āyurvedarasāyana

viḍrodhajānāṃ viśeṣamāha-annapānaṃ ceti | viḍbhedi-
yavamastvādikam | yakṣmasu-rogeṣu | cakāraḥ sāmānyā-
nupraveśārthaḥ | anyathā 'brāhmaṇebhyo dadhi dīyatāṃ
takraṃ kauṇḍinyāya' itivat sāmānyabādhaḥ syāt | § 674

1.4.20 Aṣṭāṅgahrdayasaṃhitā

annapānaṃ ca viḍbhedi viḍrodhottheṣu
yakṣmasu || 6 || § 675

1.4.21 Sarvāṅgasundarā

purīṣavegadhāraṇajeṣu yakṣmasu-rogeṣu, viśaḥ-purīṣasya,
bhedi-bhedakamannapānaṃ yāvakaṃastuvāstukādikam-
auśadham | caśabdātpūrvoktaṃ vartyādi ca | § 676

1.4.22 Aṣṭāṅgahr̥dayasaṃhitā

mūtrajeṣu tu pāne ca prāgbhaktam śasyate ghṛtam || 6 ||
avapīḍakametacca
saṃjñitam----- || 7 ||
jīrṇāntikam cottamayā mātrayā
yojanādvayam || 7 || § 679

1.4.23 Sarvāṅgasundarā

mūtrarodhajeṣu punaḥ prāgbhaktam-bhojanātpūrvam, gh-
ṛtam pāne śasyate | jīrṇāntikam ghṛtam ca śasyate | ka-
tham ? uttamayā mātrayā-ahorātrajaraṇalakṣaṇayā | yojanādvayametaccāvapīḍak
avapīḍakamucyate | yojanayordvayam yojanādvayam,-prāgbhaktasnehayojanā
5 jīrṇāntikasnehayojanā ca | tatra, prāgbhaktam-yatra ghṛ-
tapānasamanantaram bhaktam bhujyate, jīrṇāntikam-yat
hyastane+anne jīrṇe ghṛtam prayujyate | pradeśāntare-
ṣvavapīḍakaśabdena yojanādvayametadasmimstantre ve-
10 dyam | tathā ca vakṣyati (hr̥. ci. a. 8/124)- "rasaiḥ koṣṇa-
iśca sarpirbhiravapīḍakayojitaiḥ" iti | tathā+aṣṭāṅgāvatāre
mūtrodāvartacikitsāyām-"avapīḍakasarpīśca viśeṣānmūtr-
aje gade" iti | nanu, vegadhāraṇena bāhulyena maruta eva
kopaḥ | tathā ca vakṣyati (asminnevādhyāye ślo.23)- "tata-
ścānekadhā prāyaḥ pavano yatprakupyati" iti | pavanavij-
15 aye ca tailam yathā varam na tathā ghṛtam | atastailasyaiv-
āvapīḍakayojana matrocitam, na sarpiṣaḥ | atrocyate | ta-
ilasya vātajito+api baddhaviṭkālpaṃmūtrasvabhāvatvādatr-
āyogyaṃ pānam | tathā ca vakṣyati (hr̥.sū.a. 5/55)- "tailam
svayonivat" ityārabhya yāvat "baddhaviṭkam" iti | svayon-
20 ivadityukteścālpamūtratvam | tathā ca vakṣyati (hr̥. sū. a.
6/21)- "uṣṇastvacyo himaḥ sparśe keśyo balyastilo guruḥ |
alpamūtraḥ" iti | tadevaṃ tailasya baddhaviṭkālpaṃmūtra-
svabhāvatayā tadīyo+avapīḍako mūtrarodhottheṣu roge-
ṣvausadhatvena na yuktaḥ, api tu sarpiṣa eva yuktaḥ | § 680

1.4.24 Āyurvedarasāyana

mūtrarodhajānām viśeṣamāha-mūtrajeṣviti | avapīḍako dvividhaḥ,-
hṛsvayā mātrayā prāgbhaktaprayogaḥ, uttamayā ananna-
prayogaśca | uktaṃ hi saṅgrāhe (sū. a. 5)- "mūtrajeṣu tu
pāne ca prāgbhaktaṃ śasyate ghṛtaṃ | jīrṇāntikaṃ cotta-
mayā mātrayā yojanādvayam | avapīḍakametacca saṃjñi- 5
taṃ" iti | cakāraḥ sāmānyānupraveśārthaḥ | § 681

1.4.25 Aṣṭāṅgaḥṛdayasaṃhitā

-----dhāraṇātpunaḥ | | 7 | |
udgārasyaṛuciḥ kampo vibandho
hṛdayorasoḥ | | 8 | |
ādhmānakāśahidhmāśca hidhmāvattatra
bheṣajam | | 8 | | § 684

1.4.26 Sarvāṅgasundarā

punariti vyatireke | udgārasya dhāraṇādarucyādayo bh-
avanti | uro-vakṣaḥ, tasyādho hṛdayam, tayorvibandhaḥ-
antastambha iva | tatra-teṣu rogeṣu, hidhmāvadbheṣajam-
śvāsahidhmācikitsite hidhmāyāścikitsitaṃ vakṣyati | § 685

1.4.27 Āyurvedarasāyana

ūrdhvavātarodhajānāha-udgārasyeti | rodheneti prakṛta-
tvāllabhyate | kampaḥ sarvāṅgānām | hṛdayorasorvibandhaḥ-
rajivādibhirbadhyamānāyoriva duḥkham | ādhmānaṃ-udarāpūraṇam |
udgārarodhajānāmauśadhamāha-hidhmāvaditi | hidhmā-
yāmiva hidhmāvati | § 686 5

1.4.28 Aṣṭāṅgaḥṛdayasaṃhitā

śirortīndriyadaurbalyamanyāstambhārditaṃ
kṣuteḥ | | 9 | | § 687

1.4.29 Sarvāṅgasundarā

kṣuteḥ-kṣavathoḥ, dhāraṇācchirortyādayaḥ syuḥ | du-
rbalasya bhāvo daurbalyam, guṇavacanetyādinā ṣyañ |
indriyāṇām-darśanādīnām, daurbalyam-viṣayagrahaṇāśaktivam,
indriyadaurbalyam | nanu ca, pūraṇaguṇetyādinā samā-
5 sapraṭiśedhena bhavitavyam | atrocyate | ya eva guṇaśa-
bdā guṇināvacchinnā guṇamātre vartante kadācid guṇi-
nyapi, ta eva praṭiśedhasya viṣayāḥ | yathā-paṭasya śuklo,
guḍasya madhuraḥ, ityādayaḥ | ye tu guṇamātra eva va-
rtante na guṇini, te samāsasya yathā-paṭahaśabdaḥ, putr-
10 asparśaḥ, kanyārūpam, drākṣārasaḥ, candanagandha ityā-
dayaḥ | tathendriyadaurbalyamityādāvapi bhāvapratyay-
āntasya sadā vyatirekakāraṇatvādguṇābhidhāyitvameva |
tasmādevamādau "tatsthaiśca guṇaiḥ ṣaṣṭhī samasyate" iti
samāsaḥ | tasyāyamarthaḥ-teṣu guṇeṣveva tiṣṭhantīti ta-
15 tsthāḥ | etaduktaṃ bhavati-guṇa eva ye guṇā vartante na
dravyātmani, taiḥ saha ṣaṣṭhī samasyata iti | śuklādiśabdā-
nām tu kadācid dravyavṛttivāt sāmānādhikaraṇyenāpi vṛ-
ttirddaṣṭā | yathā-śuklaḥ paṭa iti | guṇavṛttivācca vaiya-
dhikaraṇyenāpi | yathā-paṭasya śukla iti | tadeṣāṃ praṭi-
20 ṣedhaviṣayatvam | paṭahaśabdādīnām tu tatsthatvātsam-
āsviṣayatvamiti sthitam | nanvevaṃ sati balākāyāḥ śau-
klyamityatrāpi pūrvoktānnyāyātsamāsaḥ prāpnuyāt | atr-
ocyate | bhāṣyakāravacanāna bhaviṣyati | sa hi "guṇavac-
anagrahaṇameva kasmāna kriyate" ityuktvā+abhyadhāt-
25 "balākāyāḥ śauklyamityatrāpi yathā syāt" iti samāsasyātr-
ābhāvaḥ | arditam-vātavyādhinidāne vakṣyate | § 688

1.4.30 Āyurvedarasāyana

kṣavathurodhajānāha-śirortīti | śirortīḥ-śirovyathā | indri-
yāṇām daurbalyam-viṣayagrahaṇāśaktiḥ | arditam-ekāyāmaḥ |
kṣuteḥ-kṣavathoḥ | § 689

1.4.31 Aṣṭāṅgahr̥dayasaṃhitā

tīkṣṇadhūmāñjanāghrāṇanāvanārkaṅkilokanaiḥ | | 9 | |

pravartayatkṣutiṃ saktāṃ snehasvedau ca
śīlayet | | 10 | | § 691

1.4.32 Sarvāṅgasundarā

kṣutiṃ saktāṃ-apravartamānām, tīkṣṇadhūmādibhiḥ pr-
avartayet | tīkṣṇadhūmo-dhūmapānavidhau vakṣyate | tī-
kṣṇaṃ cāñjanamakṣirogeṣu | tīkṣṇāghrāṇām-yannāsayā
marīcādigrahaṇam | tīkṣṇaṃ nāvanam-nasyavidhau va-
kṣyati | snehaśca svedaśca tau ca śīlayet-abhyaset | kṣutiṃ 5
kṣutam | suśrute caktam (śā. a. 4/50 tīkāyām)- "prāṇodā-
nau samau syātām mūrdhni srotahpathe sthitau | nastah
pravartate śabdaḥ kṣutam tacca vinirdiśet | | " iti | § 692

1.4.33 Āyurvedarasāyana

kṣavathutedhajānāmauśadhamāha-tīkṣṇadhūmeti | kṣuty-
avarodhajeṣvavaruddhām kṣutiṃ tīkṣṇairdhūmādibhiḥ
sūryavilokanena ca pravartayet | tathā snehasvedau ca śī-
layet | saṅgrahe tu (sū. a. 5) "yojyaṃ vātaghnamannaṃ ca
ghṛtaṃ cottarabhaktakam | " iti | § 693 5

1.4.34 Aṣṭāṅgahrdayasaṃhitā

śoṣāṅgasādabādhiryasammohabhramahrḍgadāḥ | | 10 | |
trṣṇāyā nigrāhāttatra śītaḥ sarvo
vidhirhitah | | 11 | | § 695

1.4.35 Sarvāṅgasundarā

trṣṇāyā nigrāhāt-nirodhāt, śoṣādayo bhavanti | tatra-trṣṇāyā
rodhajeṣu vikāreṣu, sarvaḥ śīto vidhiḥ-snānānapānādiko
hitah | § 696

1.4.36 Āyurvedarasāyana

trḍrodhajānāha-śoṣāṅgasādeti | śoṣo-mukhaśoṣaḥ | aṅgasādaḥ-
aṅgavaiklavyam | sammoho-jñānābhāvaḥ | bhramaḥ-cakrārūḍhasyeva

bhramaṇam | | hr̥drado-hr̥drogaḥ | tṛdrodhajānāmauṣa-
dhamāha tatra śīta iti | tatra-tṛdrodhajeṣu | § 697

1.4.37 Āyurvedarasāyana

kṣudrodhajānāha-aṅgabhaṅgārucīti | glāniḥklamaḥ | śūlam-
koṣṭhaśūlam | kṣudrodhajānāmāṣadhamāha-tatreti | tatra-
kṣudrodhajeṣu | § 698

1.4.38 Aṣṭāṅgahr̥dayasaṃhitā

aṅgabhaṅgāruciglānikārśyaśūlabhramāḥ kṣudhaḥ | | 11 | |
tatra yojyaṃ laghu snigdhamuṣṇamalpaṃ ca
bhojanam | | 12 | | § 700

1.4.39 Sarvāṅgasundarā

kṣudha iti-nigrahādityanuvṛttiḥ, nigrahāpekṣayā ṣaṣṭhī |
evaṃ nidrāyā ityatrāpi yojyam | kṣudho-bubhukṣāyāḥ, ni-
grahādaṅgabhaṅgādayaḥ ṣaṭ bhavanti | sāmānyenāpi śūl-
aśabdanirdeśe pakvāśayagataḥ śūlo gr̥hyate | kṣudvegan-
5 igraheṇa nirāvaraṇaḥ prabhañjanaḥ kupyati | tasya ca sth-
āna pakvāśayaḥ | vakṣyati hi (hr̥. sū. a. 12/1)- "pakvāśaya-
kaṭī" ityārabhya yāvat "pakvādhānaṃ viśeṣataḥ" iti | tatra-
kṣunnigrahe, bhojanam laghu snigdhamuṣṇamalpaṃ ca
yojyam | § 701

1.4.40 Aṣṭāṅgahr̥dayasaṃhitā

nidrāyā mohamūrdhākṣigauravālasyajṛmbhikāḥ | | 12 | |
āṅgamardaśca, tatreṣṭaḥ svapnaḥ saṃvāhanāni
ca | | 13 | | § 703

1.4.41 Sarvāṅgasundarā

nidrāyā nigrāhānmohādayo bhavanti | tatra-nidrāvegarodhotthe
vikāre, svapna iṣṭaḥ | saṃvāhanāni-svalpāni mardanāni
ca | § 704

1.4.42 Sarvāṅgasundarā

nidrārodhajānāha-nidrāyā iti | mūrdhno+akṣṇośca gaur-
avam | ālasyaṃ-anutsāhaḥ | aṅgamardaḥ-aṅgabhaṅgaḥ |
nidrārodhajānāmauśadhamāha-tatreṣṭa iti | svapnaḥ-śayanam |
saṃvāhanaṃ-sukhasparśamardanam | § 705

1.4.43 Aṣṭāṅgahr̥dayasaṃhitā

kāsasya rodhāttadvṛddhiḥ śvāsārucihr̥dāmayāḥ | | 13 | |
śoṣe hidhmā ca, kāryo+atra kāsahā sutarāṃ
vidhiḥ | | 14 | | § 707

1.4.44 Sarvāṅgasundarā

kāsasya-kāsavegasya, rodhāttadvṛddhiḥ tasya-kāsasya vṛddhiḥ-
ādhikaya syāt | tathā, śvāsādayaḥ | tatra kāsahākāsacikits-
itoktaḥ, sutarāṃ-atīsayena, vidhiḥ kāryaḥ | § 708

1.4.45 Āyurvedarasāyana

kāsarodhajānāha-kāsasyeti | tadvṛddhiḥ-kāsavṛddhiḥ | śoṣo-
rājayakṣmā | kāsarodhajānāmauśadhamāha- kāryo+atreti |
atra kāsarodhajeṣu | § 709

1.4.46 Aṣṭāṅgahr̥dayasaṃhitā

gulmaḥdrogasammohāḥ śramaśvāsādvīdhāritāt | | 14 | |
hitam viśramaṇam tatra vātaghnaśca
kriyākramaḥ | | 15 | | § 711

1.4.47 Sarvāṅgasundarā

śramaṇa-adhvavyāyāmādinā sāhasena, sadyo jātaḥ śvāsaḥ
śramaśvāsaḥ | tasmādvidhāritāt-tadvegarodhāt, gulmāda-
yaḥ syuḥ | tatra viśramaṇaṃ hitam | vātaghnaśca kriyākri-
amo hitaḥ | § 712

1.4.48 Āyurvedarasāyana

śramaśvāsarodhajānāha-gulmahṛdrogeti | śramaśvāsarodhajānāmauśadhamāha
hitam viśramaṇamiti | § 713

1.4.49 Aṣṭāṅgahr̥dayasaṃhitā

jṛmbhāyāḥ kṣavavadrogāḥ,
sarvaścānilajidvidhiḥ | | 15 | | § 714

1.4.50 Sarvāṅgasundarā

jṛmbhāyā rodhāt kṣutivadrogāḥ | tatra sarvā ca vātaghnī
kriyā, hiteti śeṣaḥ | jṛmbhā-mukhavikāso gātravināmaḥ |
§ 715

1.4.51 Āyurvedarasāyana

jṛmbhārodhajānāha-jṛmbhāyā iti | kṣavavatḥkṣavathoriva
śirortyādayaḥ | jṛmbhārodhajānāmauśadhamāha-sarvaśceti |
prakṛtatvājṛmbhā rodhajānām | § 716

1.4.52 Aṣṭāṅgahr̥dayasaṃhitā

pīnasākṣīsirohr̥druṇmanyāstambhārucibhramāḥ | | 16 | |
sagulmā bāṣpatastatra svapno madyaṃ priyāḥ
kathāḥ | | 16 | | § 718

1.4.53 Sarvāṅgasundarā

bāṣpataḥ-aśruṇo vidhāritāt, pīnasādayo bhavanti | pīnasō-
nāsāsrāvaḥ | akṣīsirohr̥dām rujā sambandhaḥ | sagulmā iti
saśabdaścārthe, gulmāścetyarthaḥ | tatra svapnādikā ciki-
tsā | § 719

1.4.54 Āyurvedarasāyana

bāṣparodhajānāha-pīnasākṣīti | akṣirogaḥ śīrorogo hr̥dro-
gaśca | bāṣpaḥ-aśru | bāṣparodhajānāmauśadhamāha-tatra
svapna iti | tatra-bāṣparodhajeṣu | priyāḥ-manoharāḥ |
§ 720

1.4.55 Aṣṭāṅgahr̥dayasaṃhitā

visarpakoṭhakuṣṭhākṣikaṇḍūpāṇḍvāmayaajvarāḥ | | 17 | |
sakāsaśvāsahṛllāsavyaṅgaśvayathavo
vameḥ | | 17 | | § 722

1.4.56 Sarvāṅgasundarā

vameḥ-chardiśo vidhāritāyāḥ, visarpādayaḥ syuḥ | koṭho-
lohitam kaṭhinaṃ ca maṇḍalam | ākṣikaṇḍūpāṇḍūnāmā-
mayena sambandhaḥ | vyaṅgāni-mukhe śyāmāni maṇḍa-
lāni | § 723

1.4.57 Āyurvedarasāyana

vamirodhajānāha-visarpeti | koṭhaḥ-kṣudrarogaviśeṣaḥ |
akṣyāmayaḥ kaṇḍvāmayaḥ pāṇḍvāmayaśca | hṛllāsahṛ-
dayādīṣayathāsaḥhitāllavaṇapānīyodgiraṇam | vyaṅgaṃ-kṣudrarogaviśeṣaḥ
§ 724

1.4.58 Sarvāṅgasundarā

chardirodhajānāmauśadhamāha-gaṇḍūṣeti | anāhāraḥ-upavāsaḥ |
rūkṣamannaṃ bhuktvā, tasyaivānnasya udvamaḥ-vamanam |
asrasya srutiḥ-raktasrāvaḥ | § 725

1.4.59 Aṣṭāṅgahr̥dayasaṃhitā

gaṇḍūśadhūmānāhārā rūkṣaṃ bhuktvā
tadudvamaḥ | | 18 | |
vyāyāmaḥ srutirasasya śastaṃ cātra
virecanam | | 18 | |
sakṣāralavaṇaṃ tailamabhyaṅgārthaṃ ca
śasyate | | 19 | | § 728

1.4.60 Sarvāṅgasundarā

tatra gaṇḍūśādayaḥ śastāḥ | anāhāraḥ-abhojanam | ete-
śāṃ dvandvaḥ | tathā rūkṣaṃ bhuktvā, tasya-rūkṣasya,
udvamaḥ-chardanam | evaṃ prāṇo vāyuḥ svamārgaṃ pr-
atyeti | tato vyāyāmādyatra śastam | tathā, kṣāralavaṇā-
5 bhyāṃ yuktaṃ tailamabhyaṅgārthaṃ śasyate-hitam bha-
vati | § 729

1.4.61 Aṣṭāṅgahr̥dayasaṃhitā

śukrāttatsravaṇaṃ guhyavedanāśvayathujvarāḥ | | 19 | |
hr̥dvyathāmūtrasaṅgāṅgabhaṅgavṛddhyaśmaṣaṇḍhatāḥ | | 20 | | § 731

1.4.62 Sarvāṅgasundarā

śukrādvīdhāritāt tasya-śukrasya sravaṇam | tathā, guhyavedanā-
pāyuvṛṣaṇamehanānām śūlam | tathā, śvayathuḥ prakṛta-
tvādguhya eveti yojyam | vṛddhiḥ-vardhma | aśmaśabde-
nāśmarī kathyate | ṣaṇḍhatā _strīgamanāśaktitvam | § 732

1.4.63 Āyurvedarasāyana

śukrarodhajānāha-śukrāditi | tatsravaṇaṃ-śukrasrāvaḥ | guhyasya-
medhrasya vedanā śvayathuśca | vṛddhiḥ-muṣkavṛddhiḥ |
aśma-aśmarī | ṣaṇḍhatā-apatyajananāsāmarthyam | § 733

1.4.64 Aṣṭāṅgahrdayasaṃhitā

tāmracūḍasurāsālibastyabhyaṅgāvagāhanam | | 20 | |
bastiśuddhikaraiḥ siddham bhajetkṣīraṃ priyāḥ
striyaḥ | | 21 | | § 735

1.4.65 Sarvāṅgasundarā

tatra tāmracūḍādikaṃ bhajet | tathā, bastiśuddhikaraiḥ
kūṣmāṇḍādibhiḥ, siddham kṣīraṃ bhajet | priyāśca kā-
ntāḥ | priyatvena hi tadviśeṣaṃ niranubandham rabhas-
ena pravartate śukram | § 736

1.4.66 Āyurvedarasāyana

śukrarodhajānāmauśadhamāha-tāmracūḍeti | tāmracūḍaḥ-
kukkuṭaḥ | bastiḥ-bastikarma | bastiśuddhikaraiḥ-mūtrāsayaśodhanairya
siddham(?) kṣīraṃ bhajet | evaṃ vegarodhajā rogā uktāḥ |
§ 737

1.4.67 Aṣṭāṅgahrdayasaṃhitā

ṛṭṣūlārtam tyajet kṣīnaṃ viḍvamaṃ
vegarodhinam | | 21 | | § 738

1.4.68 Sarvāṅgasundarā

ṛṭ ca śūlaṃ ca tābhyāmārtam-pīḍitam, tathā, kṣīnaṃkṣīṇ-
adeham, vegarodhinam tyajet-na cikitset | tathā, viśaṃ yo
vamati, taṃ ca vegarodhinam tyajet | § 739

1.4.69 Āyurvedarasāyana

ṛṭḍādyupadrutasya vegarodhina upakramaṃ niśedhatit-
ṛṭṣūlārtamiti | kṣīnaṃ-kṣīnadhātum | viḍvamaṃ-purīṣaṃ
vamantam | § 740

1.4.70 Aṣṭāṅgahr̥dayasaṃhitā

rogāḥ sarve+api jāyante vegodīraṇadhāraṇaiḥ | | 22 | | § 741

1.4.71 Sarvāṅgasundarā

sarve+api rogā jāyante na kevalaṃ pūrvoktā eva | vegānāṃ-
purīṣādisambandhināṃ, yānyudīraṇāni-anāgatānāṃ pra-
vartanāni, taiḥ | tathā, teṣāmevāgatānāṃ yāni vidhāraṇān-
ianutsargalakṣaṇāni, taiḥ | atreyaṃ yuktiḥ-vegodīraṇadhāraṇaṃ
5 nāma vāyoḥ karma, tasya kriyāvattvāt | tena ca vegodīraṇ-
adhāraṇalakṣaṇena svakarmanā sa eva vāyuḥ kopyate | sa
kupitaḥ sarvāneva vikārān janayati | tathā cōktaṃ (hr̥. sū.
a. 19/85)- "śākhāgatāḥ koṣṭhagatāśca rogā marmordhvas-
arvāvayavāṅgajāśca | ye santi teṣāṃ na tu kaścidanyo vā-
10 yoḥ paraṃ janmani heturasti | | viṣṭleṣmapittādimalocay-
ānāṃ vikṣepasamhāraḥ sa yasmāt" iti | § 742

1.4.72 Āyurvedarasāyana

vegadhāraṇavatsarvarogahetutvakathanadvārā vegodīra-
ṇaṃ niśedhati-rogā iti | uktānāṃ vegānāmudīraṇairdhāra-
ṇaiśca sarve+api rogā jāyante, na punaḥ pūrvoktā eva | pr-
avṛttāvanunmukhasya (vegasya) balādunmukhīkaraṇaṃ-
5 udīraṇaṃ | vegadhāraṇavatsarvarogahetutvādvegodīra-
ṇamapi tyajeditarthasiddham | § 743

1.4.73 Aṣṭāṅgahr̥dayasaṃhitā

nirdiṣṭaṃ sādhanam̐ tatra bhūyiṣṭhaṃ ye tu tān
prati | | 22 | |
tataścānekadhā prāyaḥ pavano
yatprakupyati | | 23 | |
annapānauśadhaṃ tasya
yuñjītāto+anulomanam̐ | | 23 | | § 746

1.4.74 Sarvāṅgasundarā

tatra-teṣu vegodīraṇadhāraṇotheṣu sarveṣu madhye, ye
tu bhūyiṣṭhaṃ-bāhulyena bhavanti gulmodāvartādayaḥ,
tān prati "vartyabhyaṅga" ityādinā, sādhanam nirdiṣṭam-
cikitsoktā | tataśca-vegodīraṇadhāraṇāt, anekadhāvāyu-
ryasmātkupyati | ataḥ-asmāddhetoḥ, tasyānulomanam 5
mārgayojakaṃ, annapānausadham yuñjīta | yadyapi vego-
dīraṇadhāraṇāt "sarve rogā jāyante" ityuktam | tathāpi, ya-
thā vegadhāraṇāccirakālabhāvinaḥ sapratyapāyā rogā bh-
avanti, na tathodīraṇāt | ata eva tantrakāro+adhovātasya
rodhenāmīromgā bhavanti, śakṛto rodhādamī bhavantīty- 10
uvāca | na tu tadudīraṇādamī rogā bhavantīti | prāyograh-
aṇam kvacit kaphāderapi prakopa iti samāpādayati | tathā
ca vaminigrahe uktam "visarpakoṭhakuṣṭhākṣi" ityādi | ta-
tra "gaṇḍūśadhūmānāhārāḥ" ityādicikitsā | na caivamrūpo
vidhirvāyāvupadiśyate | tasmātprāyograhaṇam | § 747 15

1.4.75 Āyurvedarasāyana

sarveṣāṃ sādhanānuktau hetumāha-nirdiṣṭamiti | sarve-
ṣāṃ sādhanē vaktavye, yatkeṣāṃcidgulmodāvartādīnāṃ
sādhanamuktam, tatrāyaṃ hetuḥ-yadgulmādayo bahu-
lamutpadyante | itare tu viralam | anuktasādhanānāṃ 5
sāmānyena sādhanamāha-tataścānekadheti | yat-yasmāt,
tataḥ-tābhyāṃ vegodīraṇadhāraṇābhyāṃ, pavanaḥ pra-
kupyati | anekadhā-anekavyādhirūpeṇa | prāyograhaṇāt
pittakaphāvapi | ataḥ-asmātkāraṇāt, tasya-vāyoḥ, anulom-
anamannapānausadham prayuñjīta | § 748

1.4.76 Aṣṭāṅgahrdayasaṃhitā

dhārayettu sadā vegān hitaiṣī pretya ceḥ ca | | 24 | |
lobherṣyādveṣamātsaryarāgādīnāṃ
jitendriyaḥ | | 24 | | § 750

1.4.77 Sarvāṅgasundarā

tuśabdo+avadhāraṇe | sadā-sarvakālam, lobhersyādīnām
vegān dhārayedeva | hitaiṣī-yaḥ puruṣaḥ svahitamicchan |
kva ? pretya ceha ca,-paraloke tathehaloke ca | ki-
mbhūtaḥ san ? jītāni-dāntāni, indriyāṇi-manaḥṣaṣṭhāni
5 cakṣurādīni, viṣayāṇāmanabhilāṣukatayā yena, sa jite-
ndriyaḥ | jitendriyaśabdena lobhādivegavidhāraṇe up-
āyaṃ darśayati | jitendriya evaitān dhārayituṃ śakto
nānya ityarthaḥ | lobhaḥ-gr̥hatṛṣṇetyādiḥ | īrṣyā-asūyā |
dveṣo-vairam | mātsaryam-paraguṇāsahiṣṇutvam | rāgaḥ-
10 prītiḥ | ādiśabdenābhidyādiparigrahaḥ | pretyeha ceti
kartavye dviścakārakaraṇam lobhādīnām vegavidhāraṇ-
ena pretya tathā+asmin loke tulyakakṣatvajñāpanārtham |
anyathā pretyetyasya pūrvanirdeśādbhūyasaiṣām lobhād-
īnām vidhāraṇam pretya hitam, na tatheha loke | paścānn-
15 irdiṣṭatvāt | § 751

1.4.78 Āyurvedarasāyana

lobhādivegadhāraṇam vidhatte-dhārayetviti | pretya-paraloke |
iha-ihaloke | lobho-lolupatvam | īrṣyāparotkarṣāsahanam |
dveṣaḥ-parāpakārecchā | mātsaryam-krodhaḥ | rāgo-viṣayāsaktiḥ |
ādiśabdācchokādayaḥ | jitendriyaḥ san-indriyajayavān dh-
5 ārayet, na tu bhayādīnā | bhayādidhṛtānām rogahetutvāt |
iti vegodīraṇadhāraṇaprakaraṇam | § 752

1.4.79 Aṣṭāṅgahr̥dayasaṃhitā

yateta ca yathākālam malānām śodhanam prati | | 25 | |
atyarthasañcitāste hi ṛddhāḥ
syurjīvitacchidaḥ | | 25 | | § 754

1.4.80 Sarvāṅgasundarā

malānām-vātapittaśleṣmapuriṣādīnām, yathākālam śodh-
anam prati yateta-yatnam kuryāt | yo yasya malasya śodh-
anakālaḥ, sa tasminkāle śodhanīya ityarthaḥ | kimarthaṃ

malānāṃ śodhanam kāryam ? ityāha-atyarthetyādi | hi-
yasmāt, te-malāḥ, atyarthasañcitāḥ-atisayena svasthān-
evṛddhiṃ gatāḥ, kuto+apyāhāra vihārarūpāt kopahe-
toḥ kuddhāḥ-kupitāḥ santāḥ, kadācijjīvitacchidaḥ syuḥ-
bhaveyuh | tasmātte śodhanīyāḥ | atyarthasañcitagrahaṇ- 5
enaitaddyotayati | yadyete malā atyarthasañcitāḥ syuḥ, ta-
daiva teṣāmanyopakramebhyaḥ śodhanākhyā upakramo
jyāyān | laṅghanapācane tūpakramamātre | § 755

1.4.81 Āyurvedarasāyana

śodhanam vidhatte-yateta ceti | malānāṃ-vātapittakaphānāṃ,
śodhanārtham prayatnam kuryāt | hi-yasmāt, te śodha-
nam vinā, atyartham sañcitāḥ syuḥ, tataḥ kruddhāḥ syuḥ,
tato jīvitacchidaḥ syuḥ | yathākālam-yasya yasya doṣa-
sya yasya yasya śodhanasya ca yo yaḥ kālah, tadā tadā 5
tasya tasya doṣasya tattacchodhanam kuryāt, atyarthas-
añcayādyaṥ jīvitacchitvam na syāt | yathoktam saṅgr-
ahe (sū. a. 5)- "cayakāṣṭhāmupāruhya kurvate te hyupe-
kṣitāḥ | prāyaśaḥ sucireṇāpi bheṣajadveṣiṇo gadān | | ati-
sthaulyāgnisadanakuṣṭhamehahr̥taujaśaḥ | srotorodhākṣ- 10
avibhramśaśvāśvathupāṇḍutāḥ | | āmorustambhajaṭha-
rakṛcchrālasakadaṇḍakān | tr̥ptipramīlakālasyagrahaṇya-
rśobhagandarān | | plīhavidradhivīsarpamadasamnyāsa-
pīnasān | chardigaṇḍakṛmigranthitandrāduḥsvapnadarś-
anam | | kaṇṭhāmāyān mūrdharujaḥ praṇāśam buddhi- 15
nidrayoḥ | tejo varṇabalānāṃ ca tr̥pyato bṛṃhaṇairapi | |
ucitairapi cāhāriyasmādasya vahanti na | doṣopalipta-
vadanā rasam rasavahāḥ śirāḥ | | vamanādīnato yuñjy-
ātsvasthasyaiva yathāvidhi | |" iti | nanu, "bhiṣajaḥ śo-
dhanam prāhurvarjyam svasthena sarvadā | pannaga- 20
syeva ghorasya doṣasya samudīraṇam | |" iti suśrutādi-
bhiḥ svasthasya śodhanam niśiddham, iha tu vihitam-
iti virodhaḥ | maivam | viṣayabhedāt | dvividho hi sv-
asthaḥ, sañcitadoṣo+asañcitadoṣaśca | tatrādyo vidhervi-
ṣayo+aparaḥ pratiśedhasyeti | nanu, sañcayo-vaiṣamyam 25
ca-rogaḥ, nirogaśca-svasthaḥ, iti sañcitadoṣasya na svā-
sthyam | maivam | (hṛ.sū.a. 12/22)-"cayo vṛddhiḥ svadh-

āmnyeva pradveṣo vṛddhihetuṣu | viparītaguṇecchā ca
kopastūnmārgagāmitā | | liṅgānāṃ darśanaṃ sveṣāmasv-
āsthyam̐ rogasambhavaḥ |" iti kopalakṣaṇeṣvasvāsthyam̐
5 rogasambhavaśca paṭhatā+a+acāryeṇa cayalakṣaṇeṣu svā-
sthyam̐ rogāsambhavaśceti jñāpitam, ataḥ sañcitadoṣo+api
svastha iti | § 756

1.4.82 Aṣṭāṅgahr̥dayasaṃhitā

doṣāḥ kadācitkupyanti jitā laṅghanapācanaiḥ | | 26 | |
ye tu saṃśodhanaiḥ śuddhā na teṣāṃ
punarudbhavaḥ | | 26 | | § 758

1.4.83 Sarvāṅgasundarā

doṣāḥ-vātādayaḥ, laṅghanapācanairjitāḥ-prakṛtiṃ prāpi-
tāḥ santaḥ, kadācit-kasminnapi kāle, kupyanti | ye pu-
naḥ saṃśodhanaiḥ śuddhāsteṣāṃ na punarudbhavaḥ-
utthānaṃ na bhavati | § 759

1.4.84 Sarvāṅgasundarā

śamanācchodhanasya prādhānyamāha-doṣāḥ kadāciditi |
laṅghanamatropavāsaḥ, pācanasya pṛthagupādānāt | sa-
ptasu śamaneṣu dvayorgrahaṇam̐ pradhānatvāt pradhān-
āddhi prādhānyamuktamapradhānātsutarāṃ labhyate | iti
5 śodhanamuktam | § 760

1.4.85 Aṣṭāṅgahr̥dayasaṃhitā

yathākramaṃ yathāyogamata ūrdhvaṃ prayojayet | | 27 | |
rasāyanāni siddhāni vṛṣyayogāṃśca
kālavit | | 27 | | § 762

1.4.86 Sarvāṅgasundarā

kālavit-vaidyaḥ, ataḥ-saṁśodhanādūrdhvaṁ rasāyanāni
 prayojayet | kālaśabdo deśabalaśarīrāhārasātmyasattva-
 prakṛtīnāmupalakṣaṇārthaḥ | na hi kālamātravit rasāya-
 naprayogaṁ samyagvidhā payituṁ śaktaḥ | kimbhūtāni
 rasāyanāni ? siddhāni,-bahuśo dṛṣṭapratyayāni brāhma- 5
 vāsiṣṭhādīni | kathaṁ yojayet ? ityāha-yathā-kramamiti |
 yathākramaṁ yathāyogamityanena rasāyanavājīkaraṇo-
 ktaṁ smārayati | tatraiṣa rasāyanakramaḥ (hr. u. a. 39/11)-
 "harītakīmāmalakaṁ saindhavaṁ nāgaram vacām |" ity-
 ārabhya yāvat "itthaṁ saṁskṛtakoṣṭhasya rasāyanamup- 10
 āharet |" iti | etaduktaṁ bhavati | yadyapyevaṁ vaman-
 avirecanāsthāpanānuvāsananāvanaiḥ pañcabhirapi karm-
 abhiḥ saṁskṛtordhvādhaḥsakalakāyaḥ, tathāpyeṣa rasāy-
 aniko bhūyaḥ śarīrasaṁskāraḥ karaṇīyaḥ | tasya tatpū-
 rvakatvāt | ata eva saṁśuddhadeho+ayamiti kṛtvā triv- 15
 ṛddantyādīnavirecanātmakānnopadiśati | tathā vājīkar-
 aṇe+apyāha (hr. u. a. 40/7)- "atha snigdha viśuddhānāṁ
 niruhān sānuvāsanaṁ | ghṛtatailarasakṣīraśarkarākṣaudr-
 asaṁyutān | | yogavidyojayetpūrvam kṣīramāṁsarasāśi-
 nām | tato vājīkarān yogān" iti | tathā, yathāyogaṁ-yo ya- 20
 sya yujyate , dātumityarthaḥ | yathā-idaṁ rasāyanam vāt-
 aprakṛteryogyamidam pittaprakṛteridam śleṣmaprakṛter-
 ityādi | tathā+amuṣmin deśe+amuṣmin kāle vā+amuṣmin
 vayasyamuṣmin dehe rasāyanam yogyamidamiti yathā
 yogārthaḥ | evam vṛṣyayoge+api yojyam | atra ca rasāya- 25
 nāni vātāpikāni yojayet, na kuṭīpraveśikāni | svasthavṛ-
 ttādhikāratvāt tadvidhānasya | § 763

1.4.87 Āyurvedarasāyana

atha br̥mhaṇam | tattrividham,-rasāyanam vājīkaraṇam-
 āhārādiprayogaśca | tatra śuddhasya rasāyanavājīkaraṇe
 vidhatte-yathākramamiti | yathākramaṁ-svasvavidhyuktakramānati
 krameṇa | yathāyogaṁ-prakṛtyādiyogyatānatikrameṇa | si-
 ddhāni bahuśo dṛṣṭaphalāni | kālavit-avasthāvijñātā | ra- 5
 sāyanānantaram vṛṣyayogāṁśca-vājīkaraṇoktān yojayet |
 § 764

1.4.88 Aṣṭāṅgahr̥dayasaṃhitā

bheṣajakṣapite pathyamāhārairbr̥mhaṇaṃ kramāt | | 28 | |
śāliṣaṣṭikagodhūmamudgamāṃsaghṛtādibhiḥ | | 28 | |
hr̥dyadīpanabhaisajyasamyogādrucipaktidaiḥ | | 29 | |
sābhyaṅgodvartanasnānanirūhasneha
bastibhiḥ | | 29 | | § 768

1.4.89 Sarvāṅgasundarā

bheṣajena kṣapite-nare śodhanakārṣate sati, āhāraiḥ-bhojyairbr̥mhaṇaṃ
pathyaṃ-hitam, kramāt-na sahasaiva | kairāhāraiḥ ? ityāha-
śālyādibhiḥ | kimbhūtaiḥ ? hr̥dyāni ca tāni dīpanāni
bhaisajyāni-auśadhāni ca śuṅṭhīpippalyārdrakatvageḷād-
5 īni, taiḥ samyogo-miśratā, tasmāt hr̥dyadīpanabhaisa-
jyasamyogāt, rucipaktī dadati-abhilāṣapākābutpādayanti
ye śālyādayastai rucipaktidairāhārairbr̥mhaṇaṃ bheṣa-
jakṣapite pathyam | kimbhūtairāhāraiḥ ? sābhyaṅgety-
ādi | sahābhyaṅgadibhirvartanta iti sābhyaṅgādaya āh-
10 ārāstaiḥ, āhārairabhyaṅgādibhiścetyarthaḥ | snehabastiḥ-
anuvāsanam | § 769

1.4.90 Āyurvedarasāyana

śodhanakṣīṇasya br̥mhaṇaṃ vidhatte-bheṣajakṣapita iti |
bheṣajena-prakṛtatvācchodhanena, atisaṃcayanirharaṇā-
datiyogādvā kṣapitaḥ-karśitaḥ, tasmin, āhāraiḥ-bhojyaiḥ,
br̥mhaṇaṃ pathyaṃ-hitam | yastu śodhanenākṣapitaḥ, ta-
5 sya rasāyanādyairbr̥mhaṇaṃ kartavyamityarthaḥ | kramāt-
balānalādyanusāreṇa | hr̥dyānām bhaisajyānām samyogā-
drucidaiḥ, dīpanānām paktidaiḥ | snehabastiḥ-anuvāsanam |
niruhānuvāsanāvatra br̥mhaṇau grāhyau | śodhane+ativācyē
bheṣajagrahaṇaṃ sarvatra laṅghanapācanādibheṣajakṣa-
10 pitasyāpyetadbr̥mhaṇaprāptyartham | § 770

1.4.91 Aṣṭāṅgahr̥dayasaṃhitā

tathā sa labhate śarma sarvapāvaka-pāṭavam | | 30 | |
dhīvarṇendriyavaimalyaṃ vṛṣatāṃ
dairghyamāyusaḥ | | 30 | | § 772

1.4.92 Sarvāṅgasundarā

tathā-tena prakāreṇa pūrvam śodhanam tato br̥mhaṇam
tato rasāyanaprayoga ityevaṃrūpeṇa, saḥ-śodhanādisevī
puruṣaḥ, śarma-svāsthyam, labhate | tathā sarvetyādi | sa-
rve ca te pāvakaśca sarvapāvakaḥ, teṣāṃ pāṭavam-śaktiṃ 5
labhate | tatra (hr̥. śā. a. 3/59)-"bhaumāpyāgne-yavāvyāḥ
pañcoṣmāṇaḥ sanābhasāḥ" iti pañca mahābhūtāgnayaḥ,
sapta dhātvagnayaḥ, trayodaśo jāṭharāgniriti | dhīvarṇe-
tyādi | dhīvarṇayoścakṣurādīndriyāṇām ca vaimalyaṃ la-
bhate | tathā, vṛṣatāṃ-strīgamanasāmarthyam labhate | ta-
thā, dairghyamāyusaḥ-jīvitasyādhikeyam labhate | § 773 10

1.4.93 Āyurvedarasāyana

śodhanādiprayogasya phalamāha-tathā sa iti | śarma-
sukham | sarvapāvakaḥ-jāṭharāgnibhūtāgnidhātvagnayaḥ |
vṛṣatāṃ-sambhogakṣamatvam | iti br̥mhaṇaparakaraṇam |
§ 774

1.4.94 Āyurvedarasāyana

atha bhūtādyasparśanam | tatra bhūtādīnām roga-hetutvamāha-
ye bhūtetī | bhūto-grahaḥ | vāyuḥ-jañjhāmārutādīḥ | kṣataṃ-
śastrakṣatam | bhaṅgaḥ-skhalanādīhetuko gātrabhaṅgaḥ |
ādiśabdāt śramādayaḥ | ādyaśabdāt śokādayaḥ | § 775

1.4.95 Aṣṭāṅgahr̥dayasaṃhitā

ye bhūtaviṣavāyvagnikṣatabhaṅgādisambhavāḥ | | 31 | |
rāgadveṣabhayādyaśca te syurāgantavo
gadāḥ | | 31 | | § 777

1.4.96 Sarvāṅgasundarā

bhūtāni ca viṣaṃ ca vāyuścāgniśca kṣataṃ ca bhaṅgaśceti
dvandvaḥ | ta ādiryeṣāmāgantukarogahetūnām ta evam,
tebhyaḥ sambhavo yeṣāmāgantukagadānām jvarādīnām te
bhūtādisambhavā āgantavo rogāḥ syuḥ | āgantuhetupra-
5 bhavatvādāgantavo gadā ucyanta ityarthāḥ | na kevalam-
eta eva gadāḥ, kintu rāgadveṣabhayādyāścāgantavo gadāḥ
syuḥ | § 778

1.4.97 Aṣṭāṅgahr̥dayasaṃhitā

tyāgaḥ prajñāparādhānāmindriyopaśamaḥ smṛtiḥ | | 32 | |
deśakālātmavijñānaṃ
sadvṛttasyānuvartanam | | 32 | |
atharvavihitā śāntiḥ
pratikūlagrahārcaṇam | | 33 | |
bhūtādyasparśanopāyo nirdiṣṭaśca pṛthak
pṛthak | | 33 | |
5 anutpattiyai samāsenā vidhiresaḥ
pradarśitaḥ | | 34 | |
nijāgantuvikārāṇāmutpannānām ca
śāntaye | | 34 | | § 784

1.4.98 Sarvāṅgasundarā

prajñāyā aparādhāḥ-asādhvācaraṇāni, teṣāṃ tyāgaḥ | ta-
tthā, indriyāṇām-cakṣurādīnāmupaśamo-rūpadiviṣaye+atipravṛttānām
saṃyamanam, aśubharūpe vā viṣaye pravṛttānām saṃya-
manam, alolupatetyarthāḥ | tathā, smṛtiḥ-atītārthādismaraṇam |
5 deśetyādi | tathā, deśādīnām vijñānam | deśo-jāṅgalādiḥ,
kālaḥ-śītādiḥ, ātmā ca-vātaprakṛtyādiḥ, eṣāṃ vijñānaṃ-
avabodhaḥ | tathā ca, satāṃ vṛttaṃ-caritaṃ sadvṛttam,
tasyānuvartanam-anuṣṭhānam | nijānāmāgantūnām ca vikārāṇāmanutpattiyai-
rogāṇāmanutpādanāya, samāsenā-saṅkṣepeṇa, vidhiresaḥ-
10 tyāgaḥ prajñāparādhānāmityādi sadvṛttasyānuvartanam-
ityevamantaḥ, pradarśitaḥ-samyaguktaḥ | utpannānāmi-

tyādi | ca samuccaye | na kevalam nijāgantūnām rogā-
ṇāmanutpattyai vidhireṣaḥ proktaḥ, yāvadutpannānām-
jātānām ca, śāntaye vidhiḥ proktaḥ | § 785

1.4.99 Āyurvedarasāyana

bhūtādyasparśanopāyamāha-tyāga iti, deśeti, atharvavi-
hiteti | "kāyavān mānobhedena trividhamapyahitaṁ ka-
rmaprajñāparādhaḥ" ityuktaṁ saṅgrāhe (sū.a.22) | teṣāṁ
tyāgo trajanam | smṛtiḥ-naktaṁdināni me yāntītyuktā | 5
grahāḥ-sūryādayaḥ | prajñāparādhatyāgādirbhūtādīnām-
āgantūnām hetū nām, asparśane asambandhe, upāyaḥ |
tathā, pṛthak pṛthak bhūtaprātaśedhādau yo nirdiṣṭaḥ
so+apyupāyaḥ | "atharvavihitā śāntiḥ" ityādyamamum śl-
okaṁ kecidatra na paṭhanti | tadasat, pūrvaślokasyānanvi-
tattvāpatteḥ | adhyāyārthamupasamharati-anutpattiyā iti | 10
eṣaḥ-vegadhāraṇaniṣedhādih | samāseneti rogāṇāmanu-
tpattihetutvena utpannaśāntitvena ca kārtsnyena vaktum-
aśakyatvāt ityevaṁparam | na tvatra samāsa uttaratra ta-
ntrāntare vā vyāsa ityevaṁparam, vistaraprastāvāt | na-
nvevaṁ cet pūrvayoradhyāyayoranārambhaḥ, na hi nij- 15
āgantubhyo+anye rogāḥ santi, yadārthaṁ tadārambhaḥ |
maivam | viṣayabhedāt | kālārthakarmanām hi rogahetu-
tvam | tatra karmahetavo rogānutpādanīyasya viṣayaḥ, kā-
lahetava ṛtucaryāyāḥ, arthahetavo dinacaryāyāḥ | § 786

1.4.100 Aṣṭāṅgahr̥dayasaṁhitā

śītoḍbhavaṁ doṣacayaṁ vasante viśodhanaṁ
grīṣmajamabhṛakāle | | 35 | |
ghanātyaye vārṣikamāśu samyak prāpnoti
rogānṛtujāna jātu | | 35 | | § 788

1.4.101 Sarvāṅgasundarā

śītaśabdena hemantaśīśirākhyāvṛtū dvāvapi gr̥hyete | tatrodभवो-
janma yasya doṣacayasyāsau śītoḍbhavo doṣacayaḥ | taṁ

vasante viśodhayan-nirharan, grīṣmajamabhrakāle-varṣākāle
doṣacayaṃ viśodhayan, tathā vārṣikaṃ ghanātyaye-śaradi
doṣacayaṃ viśodhayan, āśu-yathoktaṃ kālamanullaṅgha-
5 annṛtjān rogān na jātu-kadācit, prāpnoti-āsādayati | vasa-
nte viśodhayannityatra vasantaprārambha eva caitre māsi
viśodhayanniti bodhyam, pratyavāyabhayāt | tathā hi ṛt-
udvayasañcitasya doṣacayasya caitre viśodhanamakriya-
māṇaṃ rogānīkaṃ kuryāt | ghanātyaye vārṣikamityatrā-
10 tyantaghanavināśe śaratpaścime bhāge viśodhayediti bo-
dhyam | vārṣiko hi doṣacaya ekartuja eva | tasmādviśra-
bdhaṃ kṛtvā sādharmaṇe kārtike māsi sa viśodhayituṃ yu-
ktaḥ | api cāgre hemantaśīśirakālajo doṣacayo vasante śo-
dhayitavyaḥ | tasmādāśvayuje māsi vārṣiko doṣacayo yadi
15 viśodhyeta tadānīmatitarāṃ bahuragre doṣacayaḥ syāt,
kālasya bahutvāt | grīṣmajamabhrakāla ityatra kālagraha-
ṇena varṣāprārambhamātra eveti bodhyam | tathā ca śā-
strakāro vakṣyati (hr̥. sū. a. 13/33)- "śrāvāṇe kārtike caitre
māsi sādharmaṇe kramāt | grīṣmavarṣāhimacitānvāyvādīn-
20 āśu nirharet | |" iti | § 789

1.4.102 Āyurvedarasāyana

tatra ṛtucaryāyāḥ kālaketuviśayatvaṃ darśayatiśītodbh-
avamiti | vasantābhrakālaghanātyayaśabdaistadavayavā-
ścaitraśrāvāṇakārtikā lakṣyante | vakṣyati hi (hr̥.sū.a.13/33)-
"śrāvāṇe kārtike caitre māsi sādharmaṇe kramāt | grīṣmava-
5 rṣāhimacitān vāyvādīnāśu nirharet | |" iti | § 790

1.4.103 Aṣṭāṅgahr̥dayasaṃhitā

nityaṃ hitāhāravihārāsevī samīkṣyakārī
viśayeṣvasaktaḥ | | 36 | |
dātā samaḥ satyaparaḥ kṣamāvā- nāptopāsevī ca
bhavatyarogaḥ | | 36 | |

iti

śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭaviracitā-
yāmaṣṭāṅgahr̥dayasaṃhitāyāṃ sūtrasthāne
rogānu- tpādanīyo nāma
caturtho+adhyāyaḥ | | 4 | | § 793

1.4.104 Sarvāṅgasundarā

nityaṃ-sadaiva, hitāhāravihārau sevate tacśīlo yaḥ sa
evambhūto naraḥ | tathā, samīkṣyakārī-vimṛśyavidhāyī,
idaṃ kṛtvedam sampadyate, evaṃ ca kṛtvaitatsampa-
dyate, evaṃ buddhvā śubhaṃ karotyaśubhaṃ varjay- 5
ati | tathā, viṣayeṣu-śabdādiṣu, asaktaḥ-alolupaḥ | tathā,
dātā-tyāgavān | tathā, samaḥ-sarveṣu bhūteṣu samacittaḥ |
tathā, satyaparaḥ-abitathavāk | tathā, kṣamāvān-yaḥ śa-
kto+api kṛtāparādham daṇḍenānurūpeṇa na yojayati | ta-
thā, āptānupasevate tacśīlo yaḥ sa āptopasevī cārogo bhav- 10
ati | na kevalaṃ prāktanavidhyanuṣṭhānenārogaḥ sampa-
dyate, yāvadāptopasevī ceti caśabdārthaḥ | "yeṣāṃ trikāla-
mamalaṃ jñānamavyāhataṃ sadā | āptāḥ śiṣṭā vibuddhā-
ste teṣāṃ vākyamasamśayam | |" iti (carake sū. a. 11/98)
āptalakṣaṇamiti | upajātivr̥tte | iti śrīmr̥gāṅkadattaputra- 15
śrīmadaruṇadattaviracitāyāmaṣṭāṅga- hr̥dayaṭīkāyāṃ sa-
rvāṅgasundarākhyāyāṃ sūtrasthāne caturtho+adhyāyaḥ
samāptaḥ | | 4 | | § 794

1.4.105 Āyurvedarasāyana

dinacaryāyā arthahetuviṣayatvaṃ darśayati-nityamiti | vi-
ṣayeṣvasaktaḥ pumānarogo bhavati-asātmyendriyārthasaṃyogajān
rogāna prāpnoti, yo hi nityaṃ hitāvevāhāravihārau se-
vate, samīkṣya kāryaṃ karoti, pātrebhyo dadāti, sarv-
eṣu sāmyena vartate, satyaṃ bhāṣate, krodhahetāvapi 5
na krudhyati, āptāṃsca gurvādīnupasevata iti | uktaṃ
ca dinacaryāyāṃ (hr̥. sū. a. 2/29)- "na pīḍayedindriy-
āṅī na caitānyatilālayet" ityādi | saṅgrahe tu (sū.a. 5)-
"artheṣvalabhyeṣvakṛtaprayatnaṃ kṛtādaraṃ nityamup- 10
āyavatsu | jitendriyaṃ nānupatanti rogāstatkālayuktaṃ

yadi nāsti davam | | kālo+anukūlo viṣayā manojñā dha-
rmyāḥ kriyāḥ karma sukhānubandhi | sattvaṃ vidheyam
viśadā ca buddhirbhavanti dhīrasya sadā sukhāya | | " iti |
§ 795

iti hemādriṭīkāyāmāyurvedarasāyane |

5 rogānutpādanādhyāyaḥ sāmastyena nirūpitaḥ | | 4 | |

1.5 dravadravyavijñānīyādhyāyaḥ : 5

1.5.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto dravadravyavijñānīyamadhyāyaṃ

vyākhyāsyāmaḥ | | 2 | |

iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 798

1.5.2 Sarvāṅgasundarā

apāmevāyaṃ svābhāviko guṇo yat dravatvam | ato yāni
kānicit dravarūpāni dravyāni tāni sarvāni āpyānyeva
kṣīradadhyādīni | tadarthaṃ dravadravyaśabdaḥ sāmā-
nyena sarvadravavyaktiparigrahārthaḥ śāstrakṛtā prayu-
5 ktaḥ | dravāni ca tāni dravyāni ca dravadravyāni, te-
ṣāṃ vijñānaṃ-avabodhaḥ, tasmai hito dravadravyavijñān-
īyo+adhyāyaḥ, taṃ vyākhyāsyāmaḥ-prathayiṣyāmaḥ | § 799

1.5.3 Āyurvedarasāyana

dravadravyavijñānīyamadhyāyaṃ vyākhyātu pratijānīte-
atheti | yataḥ pūrvaisthibhiradhyāyairvihāra uktaḥ | āh-
āro vaktavyaḥ | sa ca dvividhaḥ,-dravo+adravaśca | tatra
dravo+asminnadhyāye | ata evāyaṃ dravadravyavijñānī-
5 yaḥ | tatra ca pañca vargāḥ | vakṣyati hi (hr̥. sū.a. 5/83)- "to-
yakṣīrekṣutailānāṃ vargairmadyasya ca kramāt" iti | § 800

1.5.4 Aṣṭāṅgahr̥dayasaṃhitā

atha toyavargaḥ | | 1 | |

jīvanam tarpaṇam hṛdyam hlādi

buddhiprabodhanam | | 1 | |

tanvavyaktarasam mṛṣṭam śītam

laghvamṛtopamam | | 1 | |

gaṅgāmbu nabhaso bhraṣṭam sprṣṭam

tvarkendumārutaiḥ | | 2 | |

hitāhitatve tadbhūyo

deśakālāvapekṣate | | 2 | | § 805

5

1.5.5 Sarvāṅgasundarā

jīvanam-ojovivṛddhikaram, saumyadhātuvardhanamitya-
nye | tarpaṇam-klamahṛt, [trptikṛdityanye] | hṛdyam-hṛdayāya
hitam, na tu hṛdayasya priyam hṛdyamiti vyākhye-
yam | Evaṃ hi vyākhyāyamāne, "amlam hṛdyānām"
(ca.sū.a.25 | 39) ityāgryāṇām madhye tatpāṭham munirna-
ivākariṣyat | yasmātkiñcit dravyam kasyacitpriyam bhav-
ati, na sarvam sarvasya | tasmāddhṛdayāya hitam hṛdyam-
iti bodhyam | tathā, hlādi-āhlādakaram | tathā, buddheḥ
prabodhanam, yāvanmātrā yasya śemuṣī sā tasya sphu-
ṭapratibhāsā tadyogādbhavatītyarthaḥ | tanu-svaccham |
avyaktarasam-anabhivyaktaṣaḍrasamityarthaḥ | mṛṣṭam-
atyāsvādasukham | santi hi bhūrirasakvāthacūrṇavaṭak-
ādīnyapyavyaktarasāni, na tu kārtsnyena tānīndriyapr-
asādāsvādapṛītikarāṇi | tathā, anurasabāhulyātprthagapi
dravyāṅyabhayāmalakādīnyavyaktarasāni, na tu punast-
āni tathā manaḥprīṇanāni | pānīyasya cāvyaktarasasy-
āpyāśrayavaśāt kaṣāyatvasvādutvādi bhavatyeva | tathā
cāṣṭāṅgasaṅgrāhe+apaṭhat(sū.a.6)- "śvete kaṣāyam, tatsv-
ādu kṛṣṇe, tiktaṃ ca pāṇḍure" ityādi | mṛṣṭam-śuddhamiti
na vyākhyeyam | tathā ca muniḥ (ca.sū.a.27 | 193)- śītam
śuci śivam mṛṣṭam vimalam laghu ṣaḍguṇam | prakṛtyā
divyamudakam" iti | atra hi mṛṣṭavimalayordvayorupād-
āne paunaruktyam syāt | tasmānmṛṣṭaśabdo+atra mana-
ḥprīṇanārthaḥ | tathā, śītam-vīryeṇa ca sparśeṇa ca | tathā,
laghu-laghuguṇayuktam | tathā, amṛtopamam-yathā kilā-
mṛtam tridoṣaghnatvadhātusāmyakṛttvaviṣārtijittvādigu-

5

10

15

20

25

ṇairaśeṣairyuktaṃ tathaivaitajalamapītyarthaḥ | tathā co-
 ktaṃ saṅgrāhe (sū.a.6)- "sūryoddhṛtapramuktatvāllaghu
 vātakaphāpaham | śaityajīvanasaumyatvaiḥ pittaraktaviṣ-
 ārtijit | | " iti | tathā, nabhaso bhraṣṭaṃ-antarikṣātpatitamātraṃ,
 5 vastrādigṛhītaṃ gāṅgaṃ jalamīdr̥gguṇaṃ bhavati | tu-
 śabdaḥ punararthe | arkendumārutaiḥ-ravicandrānilaiḥ,
 spr̥ṣṭaṃ-sambaddhaṃ sat, punaḥ hitāhitatve-pathyāpathyatve,
 deśakālāvapekṣate-deśakālānuvartate | deśo viśayaḥ pā-
 tramāśraya iti paryāyāḥ | tatra kimanūpadeśe jāṅgale vā
 10 tatpatitam ? tathā, kimasitaśvetādyanyatame vā ? iti deśā-
 nuvartanam | tathā, śīte kimutoṣṇe+athavā varṣākhye pa-
 titam ? iti kālānuvartanam | ravicandrānilairiti samastani-
 rdeśo yadā samastairetaiḥ spr̥ṣṭaṃ na tu vyastaiḥ, tadā hi-
 tāhitatve deśādyapekṣata iti dyotayati | sadyo vastrādigṛ-
 15 hītasya jalasya tu na sarvairitairiyogaḥ sambhavatīti tatpr-
 āyeṇa hitameva | § 806

1.5.6 Sarvāṅgasundarā

tatrādaḥ toyavargaḥ | tattoyaṃ dvedhā,- divyaṃ bhau-
 maṃ ca | divyaṃ caturdhā,- dhāraṃ kāraṃ tauṣāraṃ ha-
 imaṃ ca | dhāraṃ dvedhā,-gāṅgaṃ sāmudraṃ ca | ta-
 tra gāṅgaguṇānāha-jīvanamiti | jīvanaṃ prāṇadhāraṇam |
 5 tarpaṇaṃ-tr̥ptijānaṃ | hṛdyaṃ-hṛdayasya priyam, ta-
 tprasādakaravāt | hlādi-sukhajanakam | buddhiprabodhanaṃ-
 prajñāvikāśajanakam | tanu-sarvebhyo+api viralam | avyaktarasam-
 rasavadapyanabhivyaktamadhurādirasaviśeṣam | mṛṣṭaṃ-
 jihvendriyapriyam | śītaṃ-sparśavīryābhyām | laghu-śīghrapākam |
 10 amṛtopamaṃ-devānāmamṛtamivedaṃ manuṣyāṇām | gaṅgāmbu-
 ākāśagaṅgātoyaṃ meghairānītam | nabhaso bhraṣṭaṃ-
 ākāśātpatitam, divyamityarthaḥ | gaṅgāmbviti sāmudra-
 sya vyāvṛttyartham | nabhaso bhraṣṭamiti bhaumasya | di-
 vyasya bhaumādviśeṣamāha-spr̥ṣṭamiti | divyameva bhūsambandhādbhaumam
 15 spr̥ṣṭamiti | devyameva bhūsambandhādbhaumamucy-
 ate | taccārkādibhiḥ spr̥śyate | spr̥ṣṭaṃ ca vyaktarasa-
 tvādidoṣasambandhāddhitāhitatve bhūyo deśakālāvape-
 kṣate | bhūyograhaṇaṃ divyasyāpi kiñciddeśakālāpekṣ-
 atvaṃ dyotayati | deśāpekṣā yathā-supātrasthaṃ hitam,

ahitaṃ duṣpātrastham | vakṣyati hi-"aindrāmambu sup-
ātrasthamavipannaṃ sadā pibet|" iti | kālāpekṣā yathā-
ārtavaṃ hitam, anārtavamahitam | vakṣyati hi-"anārtavaṃ
ca yaddivyaṃmārtavaṃ prathamam ca yat " iti | bhau- 5
maṃ tu bhūyastato+apyadhikamapekṣate | tatra deśāpe-
kṣā yathā-jāṅgale hitam, ahitamanūpe | tatrāpi śucyādau
hitam, ahitamaśucyādau | tatrāpi kūpādau hitam, ahitaṃ
ṣalvalādau | tatrāpi supātre hitam, ahitaṃ duṣpātre | tatr-
āpi kvaciddehe hitam, ahitaṃ kvacit ityādi | kālāpekṣā ya-
thāśaraddhīṣmayorhitam, ahitamanyadā | tatrāpi divā hi- 10
tam, ahitaṃ rātrau | tatrāpi bhuktasya madhye hitam, ah-
itamantādyoḥ, ityādi | divyaṃ sarvadā sarvatra sarveṣāṃ
hitam | § 807

1.5.7 Aṣṭāṅgahr̥dayasaṃhitā

yenābhivṛṣṭamamalaṃ śālyannaṃ rājate sthitam | | 3 | |
aklinnamavivarṇaṃ ca tatpeyaṃ
gāṅgam----- | | 3 | | § 809

1.5.8 Sarvāṅgasundarā

yena-ambunā, abhivṛṣṭam-ābhimukhyataḥ siktam, śālya-
nnaṃ rājatasthitamaklinnam-akledayutaṃ, avivarṇaṃ ca
bhavati, tadgāṅgaṃ jalaṃ peyam | peyamityupalakṣaṇā-
rtham, snānāvagāhayorapi tatpathyameva | rajatasya rūp-
asya vikāro rājatam | prāṇirajatādibhyo+añ | § 810 5

1.5.9 Āyurvedarasāyana

gāṅgaṃ lakṣayati-yenābhivṛṣṭamiti | abhivṛṣṭam dhārāsa-
mpātena siktam | rājate-raupyapātre | aklinnam-sikthaparakledarahitam |
avivarṇaṃ-varṇāntararahitam | parīkṣā ca muhūrtamā-
tram | uktaṃ hi suśrute (sū. a. 45/7)- "sa yadi muhūrtam-
ātram sthitastādṛśa eva bhavati, tadā gāṅgaṃ patatītyava- 5
gantavyam" iti | peyaṃ-pānārham | § 811

1.5.10 Aṣṭāṅgahr̥dayasaṃhitā

-----anyathā | | 3 | |
sāmudraṃ, tanna pātavyaṃ
māsādāśvayujādvinā | | 4 | | § 813

1.5.11 Sarvāṅgasundarā

anyathā sāmudramiti | etallakṣaṇaviparyayeṇa yenāmb-
unā siktaṃ śālyannaṃ vivarṇaṃ malinaṃ klinnaṃ bha-
vet, tatsāmudram | tacca na pātavyam | atrāpi pānaniṣe-
dha upalakṣaṇārtha | snānāvagāhāvapi hi nānena kāryau |
5 sāmudrasya kṣārānvayatvāt kledanādiyogaḥ | nanu, sām-
udramityayuktam | yataḥ samudraśabdasya dhūmādipā-
ṭhāt dhūmādibhyaśceti vuñā bhavitavyamiti kecit | mai-
vam | dhūmādibhyaścetyatraiva gaṇe paṭhyate, samudrā-
nnāvi manuṣye ca vuñ | sāmudrikī nauḥ sāmudriko ma-
10 nuṣyaḥ | anyatra tvaṇeva, sāmudraṃ jalamiti | tasmānny-
āyyamevaitat | evaṃ sāmudro maṇirityādayo vaidyāḥ |
atha kiṃ sadaivaitanna pātavyam ? netyāha-māsādityādi |
āśvayujamantareṇaitanna pātavyam | āśvayuje tu māsi
kālasvābhavyāt pathyameveti bhāvaḥ | suśrutastvadhīte
15 (sū.a.45 | 7)- "gāṅgamāśvayuje māsi prāyo varṣati mādha-
vaḥ | tadupādadaṭṭa" ityādi | § 814

1.5.12 Āyurvedarasāyana

sāmudraṃ lakṣayati-anyathā sāmudramiti | anyathā-kledavaivarṇyotpattau |
sāmudrapānaṃ niṣedhati-tanneti | tat sāmudram, māsād-
āśvayujādvinā, gr̥hītamiti śeṣaḥ | uktaṃ hi suśrute (sū. a.
45/7)-"sāmudramapyāśvayuje māsi gr̥hītaṃ gāṅgavadbh-
5 avati" iti | § 815

1.5.13 Aṣṭāṅgahr̥dayasaṃhitā

aindrāmambu supātrasthamavipannaṃ sadā pibet | | 4 | |

tadabhāve ca bhūmiṣṭhamāntarikṣānukāri
yat || 5 ||
śucipṛthvasitaśvete
deśe+arkapavanāhatam || 5 || § 818

1.5.14 Sarvāṅgasundarā

aindraṃ-āntarikṣam, ambu-jalaṃ gāṅgam, supātrasthaṃ
śobhane bhājane rājatādu ssthitam, avipannaṃ-adūṣitamavinaṣṭam,
pibet | na malināśucijugupsitapātrastham | tadabhāve-
tasyaindrasyābhāve sati, bhūyiṣṭham-bāhulyena, āntarikṣānukāri-
āntarikṣamaindraṃ jalaṃ yadanukaroti svacchādiguṇaiḥ 5
sadṛśam, tatpibet | tadevāha-śucītyādi | śuciścāsau pṛthv-
asitaśvetaśca śucipṛthvasitaśveta, tasmin deśe yajjalaṃ
sthitam | tathā, arkapavanābhyāmāhatam-āsamantāt krā-
ntam | īdṛśamāntarikṣānukāri syāditi bhāvaḥ | § 819

1.5.15 Āyurvedarasāyana

divyapānaṃ vidhatte-aindramiti | aindraṃ-divyam | supātrasthaṃ-
śuddhasauvarṇādipātrastham | uktaṃ hi saṅgrāhe (sū.
a. 6)-"khātadhautāśilāpṛṣṭhavastrādibhyaḥ srutaṃ jalaṃ |
haimamṛnmayapātrasthamavipannaṃ sadā pibet | |" iti |
avipannaṃ-sparśarasādivikṛtirahitam | sadā-sarveṣu ṛt- 5
uṣu | bhaumapānaṃ vidhatte-tadabhāva iti | tadabhāve-
divyābhāve | bhūmiṣṭham-bhaumam | āntarikṣānukāri-
divyasadrśaguṇam | śucyādu deśe ssthitam | śuciḥ-nirmalaḥ |
pṛthuḥ-vistīrṇaḥ | asitaḥ-kṛṣṇaḥ | śveto-dhavaḥ | § 820

1.5.16 Aṣṭāṅgahṛdayasaṃhitā

na pibetpaṅkaśaivālatṛṇaparṇāvilāstrtam || 6 ||
sūryendupavanādrṣṭamabhivṛṣṭam ghaṇam
guru || 6 ||
phenilaṃ jantumattaptaṃ
dantagrāhyatiśaityataḥ || 7 ||

anārtavaṃ ca yaddivyaṃmārtavaṃ prathamam ca
yat || 7 ||

lūtāditantuviṇmūtraviṣasaṃśleṣadūṣitam || 8 || § 826

1.5.17 Sarvāṅgasundarā

pañka-kardamaḥ | śaivālaḥ-śaivalam | tṛṇaḥ-khaṭaḥ | paṇam-
patram | āvilam cāstrtam cāvilāstrtam, paṅkādhirāvilā-
strtam paṅkādyāvilāstrtam | yathāsambhavamatra samban-
ndhaḥ, tena paṅkenāvilam-kaluṣam, śaivālādhirāstrtam-
5 sañchāditamiti bodhyam | tathā, sūryendupavanairadr̥ṣtam-
anāsevitaṃ, na pibet | tathā, abhivṛṣtam-tatkālapatitānyavarṣamiśr̥bhūtam
kālāntarāśritam | kharanāde tvevamuktam- "vārṣikaṃ ta-
daharvṛṣtam bhūmiṣṭhamahitam jalam | vyuṣtam dvi-
rātram taccaiva prasannamamṛtopamam | |" iti | tathā,
10 ghaṇam-asvaccham | tathā, guru-guruguṇam | tathā, ph-
enilaṃ phenavat | tathā, jantumata-kīṭayuktam | tathā,
taptam-uṣṇam | tathā, atīśaityataḥ-atijādyāt, dantaḡrāhi-
dantān ḡrṇṇāti kāryākṣamān karoti, tacchīlam | na pibe-
diti pratipadam yojyam | ityayam prāyo bhūmiṣṭhatoya-
15 sya niṣedhaḥ | adhunā āntarīkṣam yanna peyam tadāha-
anārtavamityādi | yaddivyaṃ jalamārtavaṃ na bhavati, ta-
cca na pibet | nanu, sarvameva divyaṃ jalamārtavam, kā-
lasya ṛturūpatvāt | ṛtau ca bhavamārtavam | evam ca na
kiñcidanārtavaṃ sambhavati | ucyate | anārtavaṃ na pi-
20 bet | arthādārtavaṃ pibedityuktam bhavati | tadatra sā-
mānyoktāvapi viśiṣṭo divyasya jalasya kāla ṛturūpo bo-
dhyo varṣākhyāḥ, yasmin kāle divyaṃ jalam peyatve-
nābhyanujñāyate | yathā-"varṣāsu divyanādeye" ityādi |
anyartubhavaṃ tvanārtavatvāna peyam | atra ca varṣ-
25 ākhya ṛtuścāturmāsiko+abhipretaḥ | ata evāśvayuje māsi
divyaṃ jalam peyatvenānujajñe | anyathā hyanārtavatv-
āttadapeyameva syāt | ārtavaṃ prathamam ca yatna ke-
valamanārtavaṃ na pibet yāvadārtavamapi prathamam
na pibet | kuto heto ? ityāha-lūtādītyādi | lūtā ādiryeṣam
30 te lūtādayaḥ,-kṣudrajantavaḥ prāniviṣeṣāḥ, teṣam tantu-
viṇmūtraviṣāṇi | tantuḥ-sūtrākāraviṣeṣo, lāletyanye | te-

śāṃ lūtāditantuviṇmūtraviśāṇām saṃśleṣaḥ-samparkaḥ,
 tena dūṣitaṃ yataḥ, tatastadārtavamapi na peyam | ke-
 cittvevaṃ vyākhyānayanti-ārtavaṃ prathamam ca yatta-
 nna peyam, lūtāditantvādidūṣitaṃ ca na peyamiti | saṅgr- 5
 ahe cādhyagīṣṭa (sū.a.6)- "tatkuryātsnānapānābhyāṃ tṛṣṇ-
 ādhmānodarajvarān | kāsāgnisādābhiṣyandakaṇḍūgaṇḍ-
 ādikānataḥ | | tadvarjayedabhāve vā toyasyānyasya śasya-
 te | ghanavastraparisrāvaiḥ kṣudrajantvabhirakṣaṇam | |
 vyāpannasyāsyā tapanamagnyarkāyasapiṇḍakaiḥ | parṇī-
 mmūlabisagranthimuktākatakaśaivalaiḥ | | vastragomed- 10
 akābhyāṃ vā kārayettatprasādanam | pāṭalākaravīradiku-
 sumairgandhanāśanam | | 'iti | § 827

1.5.18 Āyurvedarasāyana

pañkāvīlādeḥ pānaṃ niṣedhati-na pibediti | pañkādbh-
 iryathāsambhavabhāvilamāstr̥taṃ ca | āvilam-malinam |
 āstr̥taṃ-ācchāditam | abhivṛṣṭam-abhinavavṛṣṭam | kāla-
 mānaṃ tūktaṃ khāraṇādinā-"vārṣikaṃ tadaharvṛṣṭam
 bhūmiṣṭhamahitaṃ jalam | vyuṣṭam dvirātraṃ tacca 5
 iva prasannamamṛtopamam | | "iti | ghanam-sāndram |
 jantumāt-kṛmijuṣṭam | taptam-bhūmiṣṭhameva sūryāmśu-
 bhiḥ | atīśaityāddantagrāhi-dantapīḍakam | anṛtuḥ-vṛṣṭerakālah |
 sa cokto jyotiḥśāstre-"anurādharkṣamārabhya ṣoḍaśarkṣ-
 eṣu bhāskarāḥ | yāvatpravartate tāvadakālah parikīrti- 10
 taḥ | | "iti | prathamam-agastyodayātprāk vṛṣṭam | sa ca si-
 mharāśyarka iti jyotirvidaḥ | ārtavamapi kuto na pibet ?
 yato lūta dīnām-khecarāṇām viṣaprāṇinām, tantvādibhi-
 ryaḥ saṃśleṣaḥ, tena dūṣitaṃ | tantavaḥ-tannirmītāni sūtr-
 āṇi | uktaṃ ca kāśyapena-"balāhakādyāḥ samadāḥ kīṭā lū- 15
 tāśca khecarāḥ | tadviṣotsargasamsargādagrāhyam tattadā
 jalam | | 'iti | ayam ca doṣo+agastyodayādapaiti | uktaṃ ca
 jyotiḥśāstre (br. saṃ. a. 12/12)- "salilamamarapājñayojjh-
 itam yadvanapariveṣṭitamūrtibhirbhujāṅgaiḥ | phaṇajani-
 taviṣāgnisampraduṣṭam bhavati śivam tadagastyadarśan- 20
 ena | | "iti | § 828

1.5.19 Āyurvedarasāyana

divyābhāve bhaumaṃ peyamityuktam | tasya cāṣṭau bh-
edāḥ | yathoktaṃ saṅgrāhe (sū. a. 6)- "kaupasārasatād-
āgacaunḍyaprāsraṇaudbhidaṃ | vāpīnadītoyamiti ta-
tpunaḥ smṛtamaṣṭadhā | |" iti | gambhīraḥ saṅkīrṇa iṣṭa-
5 kādibaddhaḥ puruṣakṛto jalāśayaḥ-kūpaḥ | tadviparītaṃ-
saraḥ | puruṣakṛtaṃ saraḥ tadāgaḥ | svayaṃ viśīrṇaśilāśvabhraṃ-
caunḍiḥ | parvatanirjharāḥ-prasravaṇam | bhūmimudbhidyodvamajjalasthānam
udbhidaṃ | iṣṭakādibaddho vistīrṇaḥ sasopānaḥ kūpo-
vāpī | nadī-prasiddhā | tatra nadīviśeṣaguṇānāha-pāścimodadhigā
10 iti | ato+anyathā-pūrvasamudragā mandavahā malinoda-
kāśca | viparītāḥ-apathyāḥ | § 829

1.5.20 Aṣṭāṅgahr̥dayasam̐hitā

pāścimodadhigāḥ śīghravahā yāścāmalodakāḥ | | 8 | |
pathyāḥ samāsāttā nadyo
viparītāstvato+anyathā | | 9 | | § 831

1.5.21 Sarvāṅgasundarā

nadyaḥ samāsāt-saṃkṣepataḥ, pathyāḥ-hitā | kāḥ ? ityāha-
yāḥ pāścimamudadhīṃ-samudraṃ gacchantīti pāścimod-
adhigāḥ | anyebhyo+api dṛśyata iti daḥ | tathā, śīghravahāḥ-
vegavatyaḥ | tathā, amalodakāḥ-nirmalasalilāḥ | evaṃ tri-
5 viśeṣaṇaviśiṣṭāḥ pathyāḥ | ataḥ-ābhyo, yāḥ punaranyathā-
viparītalakṣaṇāḥ, tā viparītāḥ- apathyāḥ | § 832

1.5.22 Aṣṭāṅgahr̥dayasam̐hitā

upalāsphālanākṣepavicchedaiḥ kheditodakāḥ | | 9 | |
himavanmalayodbhūtāḥ pathyāstā eva ca
sthīrāḥ | | 10 | |
kṛmiślīpadahr̥tkāṇṭhaśīrorogān
prakurvate | | 10 | | § 835

1.5.23 Sarvāṅgasundarā

himavāṃśca malayaśca himavanmalayau, tābhyāmudbhūtāḥ-
 sañjātāḥ pathyāḥ | kiṃ sarvā eva ? netyāha-upaletyādi |
 upalānāmāsphālanam-ullālanam, tenākṣepaḥ-kṣobhaḥ, tena
 vicchedāḥ-viśleṣāḥ, upalāsphālanākṣepavicchedāḥ taiḥ |
 kheditam-jātakṣobhamudakam yāsām tāḥ kheditodakāḥ, 5
 yā himavanmalayodbhūtāstā eva pathyā | yāstvevam-
 bhūtā na bhavanti tā apathyāḥ | sthirā iti | tā evā+avahantyaḥ
 satyaḥ kṛmyādīn kurvate | hṛcca kaṅṭhaśca śiraśca te-
 śām rogāḥ, kṛmayaśca ślīpadam ca hṛtkaṅṭhaśirorogāśc-
 eti dvandvaḥ | munirapi himavatprabhavānām pathya- 10
 tvamāha | kṛṣṇātreyasuśrutau tvapathyatvamāhatuḥ | ata
 evāyam granthakāro yuktyā matadvayamapi saṅgiram-
 āṇo viśeṣaṇamupanyastavān- 'upalāsphālanākṣepaviche-
 dai kheditodakā' iti | tena yā evamvidhā na bhavanti, tā na
 pathyā iti | § 836 15

1.5.24 Sarvāṅgasundarā

himavanmalayanadīguṇānāha-upalāsphālaneti | upalāḥ-pāṣāṇāḥ,
 teṣvāsphālanam-abhighātāducchalanam | ākṣepaḥ-skhalanādītastato
 gamanam | vicchedo=dvaidhībhāvaḥ | kheditam-khedādvāptalāghavam
 tā eva sthirāścet kṛmyādīn kurvate | hṛtkaṅṭhaśirasām
 rogān | ayam ca viśayavibhāgaḥ parasparaviruddhas- 5
 uśrutacarakavākyatātparyamulaḥ | tatra carakavākyam
 (sū. a. 27/205)- nadyaḥ pāṣāṇavicchinnavikṣubdhābhi-
 hatodakāḥ | himavatprabhavāḥ pathyāḥ puṇyā devarṣ-
 isevitāḥ | | nadyaḥ pāṣāṇasikatāvāhinyo vimalodakāḥ | 10
 malayaprabhavā yāśca jalam tāsвамṛtopamam | |" iti |
 suśrutavākyam tu (sū. a. 45/21)- "malayaprabhavāḥ
 kṛmīn.....himavatprabhavāhṛdrogaśvayathuśiroroga-
 ślīpadagalagaṇḍān kurvate" iti | § 837

1.5.25 Aṣṭāṅgahṛdayasaṃhitā

prācyāvantyaparāntotthā durnāmāni,
 mahendrajāḥ | | 11 | |

udaraṣlīpadātaṅkān, sahyavindhyodbhavā
punaḥ | | 11 | |
kuṣṭhapāṇḍuṣirorogān, doṣaghnyaḥ
pāriyātrajāḥ | | 12 | |

bala pauraṣakāriṇyaḥ,
sāgarāmbhastridoṣakṛt | | 12 | | § 842

1.5.26 Sarvāṅgasundarā

prācyādijā nadyo durnāmāni-arṣāsi kurvate | prācyāḥ-
gauḍāḥ | avantayo-mālavāḥ | aparāntāḥ-kauṅkaṇāḥ | ma-
hendrajā nadya udarādīn kurvate | sahyavindhyaparvato-
tthāṣca punaḥ kuṣṭhādīn kurvate | pāriyātrāt sañjātā doṣ-
5 aghnyo bhavanti | sāgarāmbhaḥ-samudrodakaṃ, doṣatra-
yakāri | § 843

1.5.27 Āyurvedarasāyana

avantinadīguṇānāha-prācyāvantyaparāntottthā iti | ujjay-
inyupalakṣitā deśāḥ-avantayaḥ | prācyāṣca te avantaya-
ṣca prācyāvantayaḥ, apare-pāścimāvantayaḥ, teṣāmantāḥ-
maryādāparvatāḥ, teṣu tiṣṭhantīti tatsthāḥ | na tu prācyāḥ-
5 gauḍāḥ, avantayo-mālavāḥ, aparāntāḥ-kauṅkaṇāḥ, iti |
uktaṃ hi suśrute (sū. a. 45/21)- "prācyāvantyā aparāva-
ntyāścārśāṃsyupanirvartayanti" iti | durnāmāni-arśāṃsi |
mahendraparvatanadīguṇānāha-mahendrajā iti | udarāṇi-
vātodarādīni | ślīpadātaṅkaḥ-ślīpadavyādhiḥ | sahyavindhyānadīguṇānāha-
10 sahyavindhyabhavā iti | pāriyātranadīguṇānāha-doṣadhya
iti | pauraṣam-vīryam | nanu, "pāriyātrodbhavā yāṣca yā-
ṣca vindhyabhavāstathā | śirohr̥drogakuṣṭhānām tā hetuḥ
ślīpadasya ca | |" iti (sū.a. 27/208) carakeṇa pāriyātrajānām
śirorogādikarṭṭvamuktam | iha tu doṣatrayaharatvamiti
15 virodhaḥ | maivam | dvidhā hi pāriyātrajāḥ,- taḍāgajā da-
rījāṣca | tatrādyā doṣaghnyaḥ, aparāḥ śirorogādikartryaḥ |
uktaṃ hi viśvāmitreṇa-"taḍāgajaṃ darījaṃ ca taḍāgādyā-
tsarijjalam | balārogyakaraṃ tatsyāddarījaṃ doṣalaṃ ma-
tam | |" iti | samudrodakaguṇānāha-sāgarāmbu tridoṣakṛ-
20 diti | § 844

1.5.28 Aṣṭāṅgahrdayasaṃhitā

vidyātkūpataḍāgādīn jāṅgalānūpaśailataḥ | | 13 | | § 845

1.5.29 Sarvāṅgasundarā

ādiśabdena saṅgrahoktā (sū.a.6) gṛhyante | yathā-"kaupasārasatāḍāgacau
vāpīnadītoyamiti tatpunaḥ smṛtamaṣṭadhā | | [kaupaṃ
svādu tridoṣaghaṇaṃ laghu pathyaṃ ca sarvadā | kṣāraṃ
tu kaphavātaghaṇaṃ dīpanaṃ pittakṛtparam | | kaṣāyaba-
hulaṃ śleṣmapittaghaṇaṃ vātakṛcca tat | tṛṣṇāghnaṃ sāra- 5
saṃ balyaṃ kaṣāyamadhuraṃ laghu | | vātalaṃ laghu tā-
ḍāgaṃ, cauṇḍyaṃ pittakaraṃ smṛtam | laghuśītāmalaṃ
svādu proktaṃ prāsraṇaṃ jalaṃ | | audbhidaṃ svādu
pittaghaṇaṃ dīpanaṃ guru kiñcana | sakṣāraṃ kaṭu vāpy-
ambu pittalaṃ kaphavātajit | | laghvalpadoṣaṃ susvādu 10
navavāpīṣvavārṣikam | anabhiṣyandi nādeyaṃ kaṭukaṃ
kaphapittajit | | viśadaṃ vātalaṃ rūkṣamanavasthitalāgh-
avam | "] iti | suśrute (?) caīṣāṃ lakṣaṇamuktam | yathā-
"bhūmyutkhātasamudbhūtamindranīlasamaprabham | vi-
malaṃ madhurāsvādaṃ kaupaṃ jalamudāhṛtam | | na- 15
dyāḥ śailavarādvāpī srutamekāntasaṃsthitam | kumudā-
mbhojasañchannaṃ vāri sārasamucyate | | praśastabhūm-
ibhāgasthaṃ naikasaṃvatsaroṣitam | kaṣāyamadhurāsvā-
daṃ tāḍāgaṃ salilaṃ smṛtam | | svayaṃśīrṇaśilāśvabhre
nīlotpalanibhaṃ jalaṃ | latāvitānasañchannaṃ budhaiśca- 20
uṇḍeyamucyate | | śailasānusamudbhūtaṃ sprṣṭaṃ vāt-
ahimātapaiḥ | laghu śītāmalaṃ svādu smṛtaṃ prāsraṇa-
ṇaṃ jalaṃ | | vidārya bhūmimudbhūtaṃ mahatyā dhār-
ayā sravet | yajjalaṃ veditavyaṃ tadaudbhidaṃ svādu śīt-
alam | | pāṣāṇairiṣṭakābhīrvā baddhā syādyā tu kūpavat | 25
vāpī sā khalu vijñeyā kṛtasopānapaṅktikā | | nadyāṃ śaila-
prasūtāyāṃ gomedakamaṇiprabham | praśastabhūmibh-
āgasthaṃ jalaṃ nādeyamucyate | | " iti | "pauśādidvitaye-
ṣviṣṭaṃ viśeṣeṇa kramājjalam | sarastaḍāgayoḥ kūpacuṇḍ-
ayoḥ prasraṇaṇodbhidōḥ | | kūpendrayoḥ kūpacuṇḍayoḥ 30
sarvaṃ pathyaṃ tataḥ param | " tadetān kūpādīn jāṅgalā-
nūpaśailān samāśritya jātān vidyāt | jāṅgalādideśajān ya-

thāyogaṃ laghūn gurūṃśca jānīyādityarthaḥ | tatra jāṅg-
aladeśe kūpādīnāṃ saptānāṃ bahūdakasambandhābhāv-
āllaghutvaṃ vedyam | ānūpe tu bahūdakasambandhād-
gurutvaṃ vedyam | śaile tūdakālpatayā laghutaratvaṃ ve-
5 dyam | tathā ca saṅgrahe (sū.a.6)- "dhanvānūpamahīdhr-
āṇāṃ sāmīpyādgurulāghavam | " iti | § 846

1.5.30 Āyurvedarasāyana

kūpādiguṇānāha-vidyāditi | jāṅgalo-nirjalā bhūmiḥ | anūpaḥ-
sajalā | śailaḥ-parvataḥ | jāṅgalasya samīpāḥ kūpādayo la-
ghūdakāḥ | anūpasya gurūdakāḥ | śailasya laghutarāḥ |
5 uktaṃ hi saṅgrahe (sū.a.6)-"dhanvānūpamahīdhrāṇāṃ sā-
mīpyādgurulāghavam | " iti | khāraṇādīnā ca-"nadīkūpataḍāgodbhidvāpyādiṣu
viśiṣyate | anūpe gauravādambu śaile dhanvani lāgha-
vāt | | " iti | § 847

1.5.31 Aṣṭāṅgahr̥dayasaṃhitā

nāmbu peyamaśaktyā vā

svalpamalpāgnigulmibhiḥ | | 13 | |

pāṇḍūdarātīsārārśograhaṇīśośaśoṭhibhiḥ | | 14 | |

ṛte śarannidāghābhyāṃ pibetsvastho+api

cālpaśaḥ | | 14 | | § 851

1.5.32 Āyurvedarasāyana

alpāgnyādīnāmambupānaṃ niṣedhati-nāmbu peyamiti |
aśaktyā-udakaṃ vinā sthātumaśaktyā, svalpaṃ peyam |
śoṭhaḥ-śvayathuḥ | ṛtuviśeṣeṇa pānaṃ niyacchati-ṛte śara-
nnidāghābhyāmiti | ṛte-vinā | svastho+api-kiṃ punarātu-
5 raḥ | alpaśaḥ-alpamalpaṃ | śaradgrīṣmayostu kāmataḥ pi-
bedityarthasiddham | § 852

1.5.33 Sarvāṅgasundarā

alpāgnyādibhirambu na peyam | sarvathaiṣaṃ jalapān-
aniṣedhapratyapāyamāśaṅkamāna idamāha-aśaktyā vā,-
pipāsāmasahiṣṇubhiḥ, svalpaṃ-atyalpaṃ peyam | yāva-
nmātrena pratyapāyo na bhavati tāvadeva peyamitya-
rthaḥ | alpāgnayaśca gulminaśceti dvandvaḥ | pāṇḍvādī- 5
nāṃ saptānāṃ dvandvaḥ, tato matvarthīya iniḥ | śaranni-
dāghābhyāmantarena svastho+apyalpaśaḥ pibet | kiṃ pu-
narāturaḥ | saṅgrahe tvevamuvāca (sū.a.6)- "kāmamalpa-
maśaktau tu peyamauśadhasaṃskṛtam | pāṣāṅarūpyamṛ-
dbhemajatutāpārkatāpitam | | pānīyamuṣṇam śītam vā tr- 10
idoṣaghaṇam tṛḍartijit | " iti | § 853

1.5.34 Aṣṭāṅgahrdayasaṃhitā

samasthūlakṛśā bhuktamadhyāntaprathamāmbu-
pāḥ | | 15 | | § 854

1.5.35 Sarvāṅgasundarā

samāśca sthūlāśca kṛśāśca samasthūlakṛśāḥ | madhy-
aśca antaśca prathamaśca madhyāntaprathamāḥ | bh-
aktasya madhyāntaprathamāḥ bhaktamadhyāntapratha-
māḥ | teṣu kāleṣu ye+ambu pibanti, te bhaktamadhyā-
ntaprathamāmbupāḥ, yathākramaṃ samāḥ sthūlāḥ kṛś- 5
āśca bhavantītyarthaḥ | bhaktamadhye+ambu pītam dh-
ātusāmyaṃ samānatāṃ karoti | bhaktānte tu pītamā-
māśaye kaphavṛddhiṃ vidadhatsthaulyamādhatte | bh-
aktādau ca pītam nirindhanamagniṃ tejaḥpratipakṣat-
ayā+avaśyamavasādayati, mando+agniśca samyagāhāraṃ 10
paktumaśakto bhavati, āhārasya cāsamyagpākāṇna tath-
āpuṣṭiḥ, iti kṛśatve yuktiḥ | tathā ca saṅgrahe (sū.a.6)-
"bhaktasyādau jalaṃ pītamagnisādaṃ kṛśāṅgatāṃ | ante
karoti sthūlatvamūrdhvaṃ cāmāśayātkapham | | madhye
madhyāṅgatāṃ sāmīyaṃ dhātūnāṃ jaraṇaṃ sukham | " 15
iti | § 855

1.5.36 Āyurvedarasāyana

avasthāviśeṣeṇa phalakathanadvārā pānaṃ niyacchati-
samasthūlakṛṣā iti | bhuktasya madhye-ardhāhāre bhuk-
kte, yo+ambu pibati, sa samaśarīro bhavati | yo+ante-
bhojanānantaraṃ, sa sthūlaḥ | yaḥ prathamam-bhojanātpūrvam,
5 sa kṛśaḥ | ato+ambu bhuktamadhye peyamityarthasi-
ddham | § 856

1.5.37 Āyurvedarasāyana

śītodakaguṇānāha-śītamiti | glāniḥklamah | śramaḥ-khedaḥ |
uṣṇam-sūryāditāpaḥ | dāhaḥ-pittādikṛtaḥ | asraṃ-raktam |
niyacchati-hanti | eta eva sāmānyodakaguṇāḥ, śītasvabhā-
vatvādudakasya | § 857

1.5.38 Aṣṭāṅgahr̥dayasaṃhitā

śītaṃ madātyayaglānimūrcchācchardīśramabhra-
mān | | 15 | |
tṛṣṇoṣṇadāhapittāsraviṣāṇyambu
niyacchati | | 16 | | § 859

1.5.39 Sarvāṅgasundarā

śītamambu madātyayādīn niyacchati-parākaroti | madātyayo-
madyottho rogaḥ | glāniḥ-klāntiḥ | mūrccā-mohaḥ | chardiḥ-
vamiḥ | śramaḥ-khedaḥ | bhramaḥ-anavasthitiḥ | tathā,
tṛṣṇādīni niyacchati | evaṃguṇamapyāmaṃ kvacinneṣy-
5 ate | tathā coktaṃ saṅgrahe (sū.a.6)-"anavasthitadoṣāgnervyādhiḥkṣīṇabalasya
ca | nālpamapyāmamudakaṃ hitaṃ, taddhi tridoṣakṛt | "
iti | § 860

1.5.40 Aṣṭāṅgahr̥dayasaṃhitā

dīpanaṃ pācanaṃ kaṇṭhyaṃ laghūṣṇaṃ
bastīśodhanam | | 16 | |

hidhmādhmānānilaśleṣmasadyaḥśuddhinavajvare | | 17 | |
kāśāmapīnasaśvāsapārśvarukṣu ca
śasyate | | 17 | | § 864

1.5.41 Sarvāṅgasundarā

dīpanādiguṇayuktamuṣṇamambu bhavati | bastiśabdena
tātsthyānmūtram gr̥hyate | tena mūtraśodhanamityatrā-
rtho bodhyaḥ | hidhmādhmānādiṣu ca śasyate | kāśāśca
āmaśca pīnasaśca śvāsaśca pārśvaruk ca, tāsu ca śasyate |
āmo-apakvaḥ, āhāra ityarthah | kecittvāmapīnasa iti pī- 5
nasaviśeṣaṇamāmaśabdamāhuḥ | tairajīrṇa uṣṇāmbu no-
ktaṁ syāt | ajīrṇe cālasakādirūpe jalamuṣṇamiṣyata eva |
§ 865

1.5.42 Āyurvedarasāyana

uṣṇodakaguṇānāha-dīpanamiti | kaṇṭhyaṁ-svaryam | bastiḥ-
mūtrāśayaḥ | sadyaḥśuddhiḥ-tadahaḥkṛtavamanādiḥ | navajvaraḥ-
sāmajvaraḥ | āmaḥ-āmājīrṇam | pārśvaruk-pārśvaśūlam |
uṣṇam-kvathanoṣṇam, sūryāditaptaniśedhāt(?) | kvatha- 5
navidhiścoktaḥ saṅgrahe (sū. a. 6)- "kṣīṇapādatribhāgā-
rdham deśartugurulāghavāt | kvathitaṁ phenarahitamav-
egamamaḥ hitam | | " tathā,-"pāṣāṇarūpyamṛddhemajatupākārkatāpita
pānīyamuṣṇam śītam vā tridoṣagṇam tṛḍartijit | | " iti |
§ 866

1.5.43 Aṣṭāṅgahrdayasaṁhitā

anabhiṣyandi laghu ca toyam kvathitaśītalam | | 18 | |
pittayukte hitam doṣe, vyuṣitam
tattridoṣakṛt | | 18 | | § 868

1.5.44 Sarvāṅgasundarā

anabhiṣyandi-na śleṣmakāri | laghuguṇayogo+ambhaso+astyeva,
punarlaghutvakathanamagnisaṁskāraśāllaghutaratvapra-

tipattyarthaṃ | athavā, ādhārādivaśādakvathitamambho
laghvāpi yadguru sampannaṃ, tadapi kvathitaśītaḥ la-
ghu bhavati | śītalatvādabhiṣyanditvaṃ yattoyasya prā-
ptam, tatkvathitaśītalatvenāsyā niṣiddham | madātyayā-
5 dihanṛtvaṃ tu yacchītalatvasāmānyāttadasyāstyeva, na
kenacinniṣeddhuṃ sambhāvyaṭe | pittayukta ityekavaca-
namavivakṣitam, tena vātapitte pittaśleṣmaṇi sannipāte
ca yatra pittayogaḥ-pittādhikatvaṃ dr̥śyate, tatraitat kv-
athitaśītaḥ jalaṃ hitam | saṅgrahoktaṃ (sū.a.6) tatkv-
10 athanalakṣaṇaṃ saṅkṣepābhiprāyeṇeha noktaṃ | yathā-
"kṣīṇapādatribhāgārdhaṃ deśartugurulāghavāt | kvath-
itaṃ phenarahitamavegamamalaṃ hitam |" iti | asyā-
rthaḥ śiṣyavyutpattyai dar̥śyate-dhanvasādhāraṇānūpeṣu
deṣeṣu kramaśaḥ kṣapitacaturbhāgātribhāgārdhaṃ salila-
15 madhiśrapet | jāṅgalo hi deśo+anilānalābhyāṃ bhūyiṣṭh-
amadhiṣṭhitaḥ, tenātra toyam lāghavādāśu viśuddhiṃ pr-
āpnoti | ānūpastu bhūmisomaguṇabahulaḥ, tatra gurutv-
ādiguṇayogaścireṇa viśuddhimaśnute | evaṃ sādharmaṇo
deśāscintyaḥ | tathā, ṛtuṣvapi yathāyogamayameva kramo
20 bodhyaḥ | suśrute tūktam (sū.a.45 | 40)- "yatkvāthyamā-
naṃ nirvegaṃ niṣphenam nirmalaṃ laghu | caturbhāgā-
vaśiṣṭam tu tattoyam kapharoganut | | tatpādahīnaṃ pi-
ttaghnaṃ, hīnamardhena vātanut |" iti | saṅgrahoktameva
(sū.a.6) granthamimaṃ kecidatrā+api paṭhanti | yathā _
25 "pānīyam na tu pānīyam pānīye+anyapradeśaje | ajīrṇe kv-
athitaṃ cāme pakve jīrṇe+api netarat | | śīte vidhirayam,
tapte tvajīrṇe śiśīram tyajet | atiyogena salilaṃ tṛṣyato+api
prayojitam | | prayāti śleṣmapittatvaṃ jvaritasya viśeṣa-
taḥ |" iti | anyapradeśaje pīte pānīye ajīrṇe pānīyam-jalaṃ,
30 na pānīyam-na peyam | etaduktaṃ bhavati-pānīye pīte ta-
jjaraṇāntam yāvat vijātīyam jalaṃ na peyamiti | anyapra-
deśaja iti ko+arthaḥ? kaupe pīte tāḍāgam na peyam, tā-
ḍāge pīte kaupam na peyam, evaṃ sarvatra cintyam | ta-
thā, āme-apakve jale, ajīrṇe kvathitaṃ ca jalaṃ na pe-
yam | pakve-kvathite, pīte jīrṇe+api, itarat-āmaṃ jalaṃ
35 na peyam, yāvanna bhuṅkte tāvatsajātīyamāpa na peya-
mityarthaḥ | śīte vidhirayam-kvathitaśīta etadvidhānam-
ityarthaḥ | turavadhāraṇe | tapte+ajīrṇa eva śiśīram tya-

jet, jīrṇe tu śītaṃ pibedityarthaḥ | atiyogena-atibāhulyena,
 tr̥ṣyataḥ-tr̥ṣṇāvato+api prayojitaṃ-upayuktaṃ, sarvasyāpi
 narasya śleṣmapittatāṃ yāti | jvaritasya viśeṣataḥ-yata ām-
 enāgnau bahiṣkr̥te jvarasyotpattiḥ, āmasya ca pānīyaṃ va-
 rdhakamiti | saṅkṣepatayā+alpopayogitvācca avaśyāyādi 5
 guṇā granthakṛtā noktāḥ | tāṃścātra śiṣyahitāya brūmaḥ-
 "rūkṣastanuravaśyāyaḥ śīto vātāsrakopanaḥ | pānatṛḍdāh-
 apittāsrakuṣṭhorustambhamehajit | | gr̥iṣme tu sarvajantū-
 nāṃ sparśanādapi śasyate | padminyambu ca pittagṇaṃ
 kaphakṛdviraṣaṃ guru | | himaṃ tu śītalaṃ rūkṣaṃ dār- 10
 uṇaṃ sūkṣmameva ca | kaphaṃ na sandūṣayati na pittaṃ
 na ca mārutaṃ | | yathā+aśmavarṣaṃ prāleyaṃ himāda-
 lpāntaraṃ guṇaiḥ | carācarāṇāmahitaṃ, tuṣāraṃ tvagnin-
 āśanam | | (suśrute sū.a.45 | 35)- 'vaikiraṃ laghu sakṣāraṃ
 śleṣmagṇaṃ vahnidīpanaṃ | kaidāraṃ madhuraṃ pr- 15
 oktaṃ vipāke guru doṣalaṃ | | tadvatpālvalamuddiṣṭaṃ
 vipāke doṣalaṃ tu tat | anekadoṣamānūpaṃ vāryabhiṣy-
 andigarhitam | | ebhirdoṣairasaṃyuktaṃ niravadyaṃ tu
 jāṅgalaṃ | pāke+avidāhi tr̥ṣṇāghnaṃ praśastaṃ pr̥tīva-
 rdhanaṃ | | dīpanaṃ svādu śītaṃ ca toyaṃ sādharmaṇaṃ 20
 laghu | ' candrakāntabhavaṃ rakṣo viṣapittajvarāpaham | |
 ratnākaraśamutthaṃ ca sarvadoṣakaraṃ matam | |" iti |
 § 869

1.5.45 Āyurvedarasāyana

śṛtaśītaguṇānāha-anabhiṣyandīti | anabhiṣyandi-srotasāmasrāvi |
 doṣe-vāyau śleṣmaṇi ca | uṣṇameva śītīkṛtaṃ-kvathitaśītalam |
 paryuṣitaśṛtaśītaguṇānāha-vyuṣitamiti | tat kvathita śīta-
 lam § 870

1.5.46 Aṣṭāṅgahṛdayasaṃhitā

nārikelodakam snigdham svādu vṛṣyaṃ himaṃ
 laghu | | 19 | |
 tr̥ṣṇāpittānilaharaṃ dīpanaṃ
 bastiśodhanaṃ | | 19 | | § 872

1.5.47 Āyurvedarasāyana

nārikelodakaguṇānāha-nārikelodakamiti | īṣatpakvārdranārikelaphalāntarvartti
nārikelodakam | kecit suśrutādhyāyino gurviti paṭhanti,
gurupākatvāt | iha tu gurulaghupākadvaividhyābhāvālla-
ṣvityeva paṭhanīyam, laghuguṇatvāt | § 873

1.5.48 Sarvāṅgasundarā

nārikelāntaḥsthitamudakam snigdham svādu vṛṣyam hi-
mam ca bhavati | evambhūtamapi prabhāvāllaghu bhav-
ati | tathā, tṛṣṇādiharam dīpanam mūtraśodhanam ca bh-
avati | § 874

1.5.49 Aṣṭāṅgahr̥dayasaṃhitā

varṣāsu divyanādeye param toyē varāvare | | 20 | |
iti toyavargaḥ | | 1 | | § 876

1.5.50 Sarvāṅgasundarā

prāvṛṣyāntarikṣam jalam param varam-atyantam pathyam |
nadīsambhavam tvapathyam | iti toyavargaḥ | § 877

1.5.51 Sarvāṅgasundarā

udakānām tārātamyamāha-varṣāsu divyanādeya iti | va-
rṣāśabdo nādeyenairva sambadhyate | uktaṃ hi carak-
eṇa (sū. a. 25/37)- "āntarikṣamudakānām" iti pathyatv-
ena prakṛṣṭatamamudakeṣu | "varṣānādeyamudakānām"
5 iti, apathyatvena | nādeyaśabdenaikapadaṃgatasyāpi di-
vyaśabdasyāyogyatvāna varṣāsambandhaḥ | na hi di-
vyaṃ varṣābhavam variṣṭham, tasya grahaṇaniṣedhāt |
nāpi varṣāsveva varam, sarvadā variṣṭhatvāt | khāraṇād-
istu pālvalamavaramāha-"pālvalam jalamambhasām" iti |
10 ubhayam pramāṇam | saṅgrāhe tu (sū.a.6)- "sūryoddhṛ-
tapramuktatvāllaghu vātakaphāpaham | śaityajīvanasau-
myatvaiḥ pittaraktaviṣārtijit | | svete kaṣāyam, tatsvādu

kṛṣṇe, tiktam tu pāṇḍure | nīle kaṣāyamadhuram, deṣe la-
 vaṇamūṣare | | sakṣāram kapile, miśram miśre, +athāmbu-
 guṇādhike | madhuram, lavaṇāmlam tu bhavedbhūmigu-
 ṇādhike | | tejo+adhike tiktakaṭu, kaṣāyam pavanādhike |
 divyānukāritvavyaktarasatvāt khaguṇādhike | | [*sakṣā- 5
 ram pittakṛt kaupam, dīpanam nātivātaḥ | sārasam sv-
 ādu laghu ca, tāḍāgam guru vātaḥ | | cauṇḍyam tu pi-
 ttalam, doṣaharam prasravaṇodakam | audbhidaḥ svādu
 pitagham, svādu vāpījalam laghu | | nādeyam vātaḥ
 rūkṣam kaṭukam ca tadādiṣet |] kīṭāhimūtraviṭkothaṭṛ- 10
 ṇajālotkarāvilam | | paṅkapaṅkajaśaivālahathaparṇādisa-
 mstritam | tatkuryāt snānāpānābyām ṭṛṣṇādhmānodarajv-
 arān | | kāsāgnisādābhiṣyandakaṇḍūgaṇḍādikānataḥ | ta-
 dvarjayedabhāve vā toyasyānyasya śasyate | | ghanavasr-
 aparisrāvaiḥ kṣudrajantvabhirakṣaṇam | vyāpanasyāsyā 15
 tapanamagnyarkāyasapiṇḍa kaiḥ | parṇīmūlabisagranthi-
 muktākatakaśaivalaiḥ | vajragomedakābhyām vā kāraye-
 ttatprasādanam | | pāṭalākaravīrādikusumairgandhanāśa-
 nam | pānīyam na ca pānīyam pānīye+anyapradeśaje | | aj-
 īrṇe kvathitam cāme pakve jīrṇe+api netarat | | śīte vidhira- 20
 yam, tapte tvajīrṇe śīśiram tyajet | | pānīyam prāṇinām pr-
 āṇā viśvameva hi tanmayam | ato+atyantaniṣedhe+api na
 kvacidvāri vāryate | | tatra śoṣāṅgasādādyā mṛtyurvā sy-
 ādalābhataḥ | na hi toyādvinaḥ vṛttiḥ svasthasya vyādhi-
 tasya vā | | kevalam sauśadham pakvamāmamuṣṇam hi- 25
 tam ca tat | samīkṣya mātrayā yuktamamṛtam viśamany-
 athā | | atiyogena salilam ṭṛṣyato+api prayojitam | prayāti
 pittaśleṣmatvam jvaritasya viśeṣataḥ | | varddhayatyāmat-
 ṛṇnidrātandrādhmānāṅgauravam | kāsāgnisādahrllāsa-
 prasekaśvāsapīnasān | | pāke svādu himam vīrye taduṣṇ- 30
 amapi yojitam | tasmādayogapānena lāghavāna viyoja-
 yet | | āmaviṣṭabdhayoḥ koṣṇā niṣpipāso+apyapaḥ pibet |
 yāvantyapaḥ kledayantyannamatikledo+agnināśanaḥ | | vi-
 baddhaḥ kaphavātābhyām muktāmāśayabandhanaḥ | pa-
 cyate kṣipramāhāraḥ koṣṇatoyadravīkṛtaḥ | | anavasthi- 35
 tadoṣāgnervyādhikṣīṇabalasya ca | nālpamapyāmamud-
 akam hitam, taddhi tridoṣakṛt | | tejasah pratipakṣatv-
 ānmandāgnirvarjajalam | toyam vahniguṇabhraṣṭam

pāke+amlam sarvadoṣakṛt | | bhavetparyuṣitam tacca to-
 yaṃ tu karakodbhavam | atīśaityagurusthairyaśaṅghātaiḥ
 kaphavātakṛt | | candrakāntabhavam rakṣoṣiṣapittajvarā-
 paham | [*dṛṣṭimedhāvapuṣthairyakaram svādu himaṃ
 5 laghu | |] iti | iti toyavargaḥ | § 878

1.5.52 Aṣṭāṅgahr̥dayasam̐hitā

pariśeṣebhyo vargebhyaḥ prājyajanopayogitayopakāritve-
 nājanmasātmyena prādhānyāt payaḥ
 sajñāsāmānyāt payasa iva
 jīvanādiguṇayogācca toyavargādanu
 kṣīravargaḥ prakramyate | | 20 | |
 tatrāpi dadhyādīnām mūlakāraṇatvāt kṣīrasya
 prāgupādānam | | 20 | |

tathā, jīvanīyānām rasāyanānām
 cāgresaratvāt | | 20 | |
 5 tathā cāṣṭāṅgasaṅgrāhe (sū. a. 13)- "kṣīraṃ
 jīvanīyānām | | 20 | |
 kṣīraghṛtābhyāso rasāyanānām | | 20 | |
 " ityādi | | 20 | |
 ----- atha kṣīravargaḥ | | 20 | |
 svādupākarasam̐ snigdhamojasyam̐
 dhātuvardhanam | | 20 | |
 10 vātapittaharam̐ vṛṣyam̐ śleṣmalam̐ guru
 śītaḥ | | 21 | |
 prāyaḥ
 payaḥ----- | | 21 | | § 889

1.5.53 Sarvāṅgasundarā

payāḥ-kṣīraṃ, prāyaḥ svādupākarasādiyuktaṃ bhavati |
 pākaśca rasaśca pākarasau, svādū pākarasau yasya tade-
 vam | ojase hitam̐-ojasyam | dhātūn vardhayatīti dhātuvā-
 rdhanam | vṛṣyam̐-śukrakaramatīśayeneti bodhyam | dh-
 5 ātuvardhanatvādeva śukrakaratvamātrasya siddheḥ prāy-

ograhaṇāt kvacitkṣīraṃ naivaṃ bhavati | tathā coṣṭrīkṣīra-
mīṣadrūkṣoṣṇalavaṇaṃ paṭhyate, ajākṣīraṃ ca laghu, āvi-
kamuṣṇam, aikaśaphamuṣṇam sāmīlavanaṃ ceti | tasm-
ātprāyograhaṇaṃ kṛtam | svādupākārasatvādeva kṣīrasya 5
snigdhavṛṣyādayo guṇā labdhā eva | kiṃ punaretauruddi-
ṣṭaiḥ ? iti kecit | tān brūmahe | madhurarasāsritebhyaḥ sn-
igdhavṛṣyādibhyo+apare snigdhavṛṣyādayo guṇā bahut-
arāḥ kṣīrasya vidyanta iti jñāpanāyaite snigdhādayo gu-
ṇāḥ punaruddiṣṭāḥ | mahābhūtānāṃ hi saṃyogādiviše-
ṣāt kvacidrasasahacaritā eva guṇā dravyamabhiniśante | 10
ye rase samāropya varṇyante | yathā-madhura āyuṣyād-
iguṇāḥ, amle+agnidīptikṛdādayaḥ | kecicca rasamanape-
kṣyaiva dravye niviśante | yathā-madhurarasadravye ma-
kuṣṭataṇḍulīyādau rūkṣādayo guṇāḥ | tathā hi snigdhādī-
nāṃ tatropalambhaḥ prāpto madhurarasāsliṣṭatvāt | tasm- 15
ānmakuṣṭādidravyaṃ madhurarasasahacaroktena guṇau-
ghena saṃyuktaṃ vaktuṃ yuktaṃ | anyathā tu, kṛtaṃ ṣa-
drasaguṇasvarūpavarṇanamantarhakameva syāt | tasmā-
dayamatra viṣayavibhāgo jñeyaḥ | kecidguṇā rasasahaca-
ritā dravye niviśante, yadvaśāttadravyaṃ rasaguṇānan- 20
uvartate | īdrśaṃ ca viṣayamuddiśya tantrakṛdbhirmadh-
urādirasānāṃ snigdhādiguṇā varṇitā vedyāḥ | kecitu ras-
anirapekṣā eva dravye niviśante | ata eva tadravyaṃ ras-
aguṇānnānuvartate | asmiṃstu viṣaye rasaguṇavarṇanaṃ
nuktameva vedyam | tasmātkṣīrasya snigdhādiyogātsvād- 25
upākārasatve satyapi snigdhādiguṇavarṇanam | evaṃ co-
bhayathā kṣīrasya snigdhādiguṇayogādadhikāḥ snigdhā-
dayo ye guṇāste+asya santītyavagaccha | ayameva ca vy-
avahāro+anyatrāpyevaṃvidhe śālyādau dravye vijñeyaḥ |
nanu, "svāduḥ paṭuśca madhuramamlo+amlaṃ pacyate 30
rasaḥ |" iti (hr. sū. a. 9 | 21) vakṣyate | tataśca svādurasat-
vādeva svādupākatvaṃ labdham, tatkiṃ pākagrahaṇena
? bhaṇāmaḥ | "śālipiṣṭamayam sarvaṃ gurubhāvādvida-
hyate" ityuktaṃ | tadetatkṣīraṃ guruguṇayuktamapi vi-
dābhāvasthāyāṃ ciraṃ na tiṣṭhati, prāgeva svādupākatāṃ 35
yāti | itīmamarthaṃ jñāpayitum pākagrahaṇam | strīṇāṃ
cāhārarasa evāpatyasnehāt kṣīrāya sampadyate | tathā ca
dāruvāhiḥ- "strīṇāmapatyajāddharsādrasaḥ kṣīrāya kalp-

ate | snehādrasaḥ kṣaratyevaṃ hr̥dayātkṣīrametyataḥ | |"
iti | gavyasya ca pūrvataramupādānaṃ sarvākṣīrebhyo jy-
āyastvāt, tathā māhiṣamapi takrādi gorasaśabdena prathi-
tamiti | § 890

1.5.54 Sarvāṅgasundarā

atha kṣīravargaḥ | "gavyaṃ māhiṣamājaṃ ca kārabhaṃ
straiṇamāvikaṃ | aibhamaikaśaphaṃ ceti kṣīramaṣṭav-
idhaṃ smṛtam | |" iti | tatra sāmānyakṣīraguṇānāhaḥ-
svādupākarasamiti | ojasyaṃ-ojovardhanam | svādurasa-
5 tvātsvādupākādiṣu siddheṣu teṣāṃ grahaṇamanyebhyaḥ
svādurasebhyo+atiśayārtham | dhātuvardhanatvācchukr-
avardhanatve siddhe vṛṣyagrahaṇamapi | prāyograhaṇā-
duṣṭrīkṣīrādāvīṣallavaṇatvādyapi | § 891

1.5.55 Aṣṭāṅgahr̥dayasam̐hitā

-----atra gavyaṃ tu jīvanīyaṃ rasāyanam | | 21 | |
kṣatakṣīṇahitaṃ medhyaṃ balyaṃ stanyakaraṃ
saram | | 22 | |
śramabhramamadālakṣmīśvāsakāsātitr̥kṣudhaḥ | | 22 | |
jīrṇajvaraṃ mūtrakṛcchraṃ raktapittaṃ ca
nāśayet | | 23 | | § 895

1.5.56 Sarvāṅgasundarā

atra-eṣu kṣīreṣu madhye, gavyaṃ punaḥ kṣīraṃ jīvanīya-
matiśayeneti boddhavyam, jīvanīyamātrasyaujasyamitya-
nenaiva kṣīrasāmānyalakṣaṇenoktatvāt | ojasyaṃ hi jīvan-
īyamucyate | tathā hyojaḥkṣaye jīvanīyānāmauśadhānām-
5 upayogo nirdiṣṭaḥ | yathā (hr̥. sū. a. 11 | 39)- "ojaḥ kṣīyeta
kopādibhiḥ" ityuktvā+anantaramuvāca-"jīvanīyauśadhakṣīrarasādyāstatra
bheṣajam |" iti | atra ca kṣīraṃ jīvanīyatvena gṛhītam-
api punaruktaṃ prādhānyakhyāpanārtham | tathā ca mu-
niḥ (ca. sū. a. 27 | 214)- "pravaraṃ jīvanīyānām kṣīram-
10 uktaṃ rasāyanam |" iti | rasāyanamrasaraktādīnām śre-

ṣṭhānāṃ lābhopāyaḥ | tathā cōktaṃ (hṛ. u. a. 39 | 2)- "lā-
bhōpāyo hi śastānāṃ rasādīnāṃ rasāyanam |" iti | ta-
thā, kṣataksīṇahitaṃ-uraḥkṣatāya hitaṃ kṣīṇāya ca hitaṃ |
kṣīṇaḥ-kṣīṇadhātuḥ | tathā, medhā-dhāraṇāśaktiḥ, tasyai
hitaṃ-medhyam | "ugavādibhyo yat" iti yat | evaṃ ba- 5
lyam | tathā, stanyakaram | kṛṇo hetutācchīlyeti hetau ṭaḥ,
strīṇāṃ stanyakarāṇe heturityarthaḥ | tathā, saram | śram-
ādīṃścaikādaśa nāśayet | § 896

1.5.57 Āyurvedarasāyana

gavyaguṇānāha-atra gavyamiti | jīvanīyaṃ prāṇadhāra-
ṇam | rasāyanam-vayaḥsthāpanam | kṣataṃ-kṣatakāsaḥ,
kṣīṇaḥ-kṣayarogī, tayorhitam | medhyam-medhājananam |
balyam-balakaram | stanyakaram-nāryāḥ kṣīrapradam |
alakṣmīḥ-lakṣmīnāśahetuḥ | ādhiḥ-manahpīḍā | kṣut-atikṣudhā,
tasyā eva rogatvāt | | § 897

1.5.58 Āyurvedarasāyana

māhiṣaguṇānāha-hitamiti | atyagnayaḥ-tīkṣṇāgnyaḥ | anidrāḥ-
naṣṭanidrāḥ | garīyaḥ-gavyādguru | sāmānyavacanātsiddhe+api
himatve himagrahaṇamatisāyārtham | nanvevaṃ cedg-
uruśabdādīyasun na kartavyaḥ, guruśabdādevātīśayas-
iddheḥ | maivam | śītātvdapi gurutvātīśayārthamīya- 5
sun kṛtaḥ | atra carakasūrutayorvirodhaḥ | tatra cara-
kaḥ (sū.a. 27/215)- "mahīṣīṇāṃ gurutaram gavyācchī-
tataram payaḥ | snehādūnāmanidrāṇāmatyagnīnāṃ hi-
taṃ ca tat | |" iti | suśrutāḥ (sū. a. 45/55)- "mahābhi-
ṣyandi madhuraṃ māhiṣaṃ vahnināśanam | nidrākaram 10
śītatarāṃ gavyātsnigdhataram guru | |" iti | tatra cara-
koktaṃ gavyānmāhiṣasya snehonatvaṃ hṛdyādiguṇavi-
ṣayam, māhiṣakṣīrajātsnehāt gavyakṣīrajaḥ sneho hṛdy-
ādibhirguṇairadhika ityarthaḥ | suśrutoktaṃ snehādhi-
katvaṃ mātrāviṣayam, yāvato gavyāt kṣīrādyāvān sne- 15
hastāvato māhiṣāttato+adhika ityarthaḥ | ata eva khā-
raṇādinottamaśabdaḥ prayuktaḥ-"gavyaṃ snehottamaṃ
kṣīraṃ gavyācca payasaḥ payaḥ | yathottaram sneha-

hīna maurabhracchāgamāhiṣam | |" iti | udabhrādīnāṃ
yathottarasnehahīnatvamuddeśavākyakramāpekṣayā-"kṣīrākarā
gaurmaḥiṣī ajāvī karabhī gajī | hayī strī cāṣṭamī teṣāṃ pṛth-
akkarmaguṇān śṛṇu | |" iti | gavyaṃ snehottamam, tato ja-
5 ghanyaṃ māhiṣam, tata ājam, tata āvikamiti | jaghanyatva-
mānaṃ coktaṃ tenaiva-"guru śītataṃ gavyātsvapnalaṃ
māhiṣam payaḥ | caturthabhāgasnehonaṃ pittagnaṃ ca
viśeṣataḥ | |" iti | nidarśanaṃ cedam | tena māhiṣāt chā-
gaṃ caturthabhāgasnehonaṃ, chāgādaurabhramiti | § 898

1.5.59 Aṣṭāṅgahr̥dayasaṃhitā

hitamatyagnyanidrebhyo garīyo māhiṣam
himam | |23 | | § 899

1.5.60 Sarvāṅgasundarā

mahiṣyā idaṃ-māhiṣam kṣīram, atyagnibhyo+anidrebhyaśca
hitam | tathā, garīyo-gurutaram | tathā, himaṃ-śītavīryam |
munirapyāha (ca. sū. a. 27 | 215)- "mahiṣīnāṃ gurutaraṃ
gavyācchītataṃ payaḥ | snehādūnamanidrāṇāmatyagn-
5 īnāṃ hitaṃ ca tat | |" iti | [snehāt adūnaṃ-āpūrṇam, sn-
ehādūnamiti vyākhyeyam | na tu snehonamiti, pratya-
kṣavirodhāt | tathā ca gokṣīrāt māhiṣakṣīre bahuḥ sn-
eha upalabhyate | hariścandro+apyevameva vyācaṣṭe | ta-
smātsnehādḥikamiti vyākhyeyam |] kharanāde coktaṃ-
10 "gavyaṃ snehottamaṃ kṣīraṃ gavyācca payasaḥ payaḥ |
yathottaraṃ snehahīnaurabhracchāgamāhiṣam | | jā-
ṅgalānūpaśaileṣu carantīnāṃ yathottaram | payo gurut-
araṃ vatso yathā tāsāṃ pravardhate | | guru śītataṃ
gavyānmāhiṣam svapnalaṃ payaḥ | caturthabhāgasneh-
15 onaṃ pittagnaṃ ca viśeṣataḥ | |" iti | yattu raviguptaḥ
siddhasāre+adhyagīṣṭa-"gavyāt snigdhaṃ gurutaraṃ mā-
hiṣam svapnakṛtpaya | |" iti | tadbudhaiścintyam, sarvama-
taviruddhatvāt | § 900

1.5.61 Aṣṭāṅgahr̥dayasaṃhitā

alpāmbupānavyāyāmakatutiktāśanairlaghu | |24| |
ājaṃ śoṣajvaraśvāsaraktapittātisārajit | |24| | § 902

1.5.62 Sarvāṅgasundarā

ājaṃ-chāgalaṃ kṣīraṃ, laghu bhavati, alpāmbupānādibh-
irhetubhūtaiḥ | alpāmbupānādītvaṃ cājānāṃ svabhāvaḥ,
anyāsāṃ tu deśasātmyāpekṣayā | nanu, yadyevaṃ svabhā-
vādevālpāmbupānādergamyamānatvādetadupanyāso vy-
artha eva | atrocyate | jñāpanārtham | idaṃ jñāpayati, 5
yadā ajā alpavyāyāmagurvaśanādi kuryuḥ, tadā tāsāma-
pyanyathā kṣīraṃ bhavet | evaṃ ca gavādīnāmapyāhārā-
divaśādgurulaghutvaṃ cintyamiti | tena prādoṣamaparā-
hṇe yadgr̥hītaṃ payaḥ, tadapekṣayauśasaṃ prabhāte ya-
dgr̥hītaṃ tadguru, ceṣṭārahitatvāt | rātrau hi prāṇināṃ na 10
kadācicceṣṭā bhavati, ata auśasaṃ guru | divā ca dhāva-
naplavanādikayā ceṣṭayā prādoṣaṃ laghu | anayā ca diśā
sarvamapi cintyam | ata eva saṅgrahe yaduktam (sū. a.
6)- "piṅyākāmlāśinīnāṃ tu gurvabhiṣyandi tadbhṛśam |"
iti | tadetenaivoktaprāyatvānnehoktam | śoṣetyādi | śoṣā- 15
dīnāṃ dvandvaḥ | tān jayatīti kvip | śoṣajit | evaṃ jvaraji-
dityādi | § 903

1.5.63 Sarvāṅgasundarā

ājaguṇānāha-alpāmbupāneti | śoṣo-rājayaḥkṣmā | alpāmb-
upānādihetūpanyāso nidarśanārthaḥ | ajānāṃ tatsvabhā-
vatvāt | alpāmbupānādiṣu satsu gavādīnāmapi payo la-
ghu vijñeyam, yathā+ajānāmityarthaḥ | arthādviparyaye 5
guru | uktaṃ hi saṅgrahe (sū. a. 6)-"piṅyākāmlāśinīnāṃ
tu gurvabhiṣyandi tadbhṛśam | aceṣṭayā ca prādoṣādgār-
īyaḥ smṛtamauśasaṃ | | vyākhyāto+anena laghimā ceṣṭā-
vatprakṛtiṣvapi | hṛsveṣu vātidehebhyo māṃseṣvapyeva-
mādiśet | |" iti | § 904

1.5.64 Aṣṭāṅgahr̥dayasaṃhitā

īṣadrūkṣoṣṇalavaṇamauṣṭrakam̐ dīpanam̐ laghu | |25| |
śastam̐ vātakaphānāhakṛmīsoḥodarārśa-
sām | |25| | § 906

1.5.65 Sarvāṅgasundarā

auṣṭrakam̐-uṣṭrīṇām̐ kṣīram̐, laghu tathā īṣat-manāgrūkṣoṣṇalavaṇam̐
tathā dīpanam̐ bhavati | tathā, vātādīnām̐ śastam̐-vātādiṣu
pathyamityarthah | auṣṭrakamiti "uṣṭrādvuñ" iti vuñ | prā-
tipadikagrahaṇe liṅgaviśiṣṭasyāpi grahaṇamityuṣṭrīśabd-
5 ādapi | § 907

1.5.66 Āyurvedarasāyana

kārabhaguṇānāha-īṣadrukṣeti | śastam̐-auṣadham | vātak-
aphaghnatvena hetuVIParītatvādānāhādighnatve siddhe+apyānāhādigrāhaṇam̐
vyādhivIParītatvakhyāpanārtham | § 908

1.5.67 Aṣṭāṅgahr̥dayasaṃhitā

mānuṣam̐ vātapittāsr̥gabhighātākṣirogajit | |26| |

tarpaṇāścotanairnasyaiḥ-----
| |26| | § 911

1.5.68 Sarvāṅgasundarā

mānuṣīṇām̐ kṣīram̐ vātapittāsr̥gabhighātākṣirogajidbhav-
ati vātaśca pittaṃ cāsr̥k cābhighātaśceti dvandvaḥ, ta-
irakṣirogaḥ, tam̐ jayati yattadevam | kena prayogeṇa ?
ityāha-tarpaṇāścotanairnasyaiḥ | na tvabhyavahārādīnā |
5 tarpaṇādīni-sve sve+adhyāye vakṣyamāṇāni | § 912

1.5.69 Āyurvedarasāyana

straiṇaguṇānāha-mānuṣamiti | tarpaṇaṃ-netrapūraṇaṃ, āscotaṇaṃ-
netrasecanaṃ, tābhyāmakṣirogān jayati | masyena śiroga-
tāṃśca vātādīn | uktaṃ hi carakeṇa (sū. a. 27/220)- "jīva-
naṃ bṛmhaṇaṃ sātmyaṃ snehanaṃ mānuṣaṃ payaḥ | nā-
vanaṃ raktapittasya tarpaṇaṃ cākṣirogiṇām | |" iti | § 913 5

1.5.70 Aṣṭāṅgahrdayasaṃhitā

-----ahr̥dyaṃ tūṣṇamāvikaṃ | | 26 | |
vātavyādhiharaṃ
hidhmāśvāsapittakaphapradam | | 27 | | § 915

1.5.71 Sarvāṅgasundarā

āvikaṃ kṣīramuṣṇavīryaṃ bhavati | tathā, ahr̥dyaṃ-hṛdayāyāhitaṃ
bhavati | tathā, vātavyādhiharam | tathā, hikkādipradam |
āvikamityaviśabdāt svārthe kapratyayāntāt "tasyedam"
ityaṇ | § 916

1.5.72 Āyurvedarasāyana

āvikaguṇānāha-ahr̥dyamiti | khāraṇādīstvēha-"svādvamlapākaṃ
snigdhoṣṇaṃ guru pittakapholbaṇaṃ | āvikaṃ bṛmha-
naṃ kṣīraṃ hikkāśvāsānilāpaham | |" iti | tatra hikkā-
śvāsau kaphapittajau karoti, vātajau haratītyavirodhaḥ |
uktaṃ hi suśrutena (sū. a. 45/54)- "āvikaṃ madhuraṃ sni- 5
gdhaṃ guru pittakaphāvaham | pathyaṃ kevalavāteṣu śv-
āse cānilasambhave | |" iti | § 917

1.5.73 Aṣṭāṅgahrdayasaṃhitā

hastinyāḥ sthairyakṛt----- | | 27 | | § 918

1.5.74 Sarvāṅgasundarā

hastinyāḥ kṣīraṃ sthairyakṛdbhavati | § 919

1.5.75 Āyurvedarasāyana

ebhaguṇānāha-hastinyā iti | sthairyakṛt-dehadārḍhyakṛt |
bādhaṃ-atyartham | § 920

1.5.76 Aṣṭāṅgahr̥dayasaṃhitā

-----bādhamuṣṇaṃ tvaikaśaphaṃ laghu | | 27 | |
śākhāvātaharaṃ sām̐lavanaṃ
jaḍatākaram | | 28 | | § 922

1.5.77 Sarvāṅgasundarā

ekaḥ śapho-nakho, yāsāṃ vaḍavādīnāṃ tā ekaśaphāḥ,
tāsāmidam̐-aikaśaphaṃ kṣīraṃ, bādhaṃ-atīsayenoṣṇaṃ
bhavati | tathā, śākhāsu-bāhūruprabhṛtiṣu yo vātaḥ, taṃ
haratīti śākhāvātaharam | "harateranudyamane+ac" ityac |
5 tathā, sam̐lavanaṃ-iṣadamlam̐ṣallavanaṃ ca | tathā,
jaḍatākaram̐-aṅgajāḍyakaraṇahetuḥ | "kuṅṅo hetuḥ" ityād-
īnā hetau ṭaḥ | § 923

1.5.78 Āyurvedarasāyana

aikaśaphaguṇānāha-uṣṇamiti | ekaśaphāḥ-avibhāgakhurā
vaḍavāgardabhyādayaḥ | śākhā-bāhyo rogamārgaḥ | sām̐lavanaṃ-
iṣadamlam̐ṣallavanaṃ | jaḍatā-prajñāhīnatvam | § 924

1.5.79 Aṣṭāṅgahr̥dayasaṃhitā

payo+abhiṣyandi gurvāmaṃ, yuktyā
śṛtamato+anyathā | | 28 | | § 925

1.5.80 Sarvāṅgasundarā

āmaṃ-akvathitaṃ, payo+abhiṣyandi-śleṣmaprakopi, tathā
guru bhavati | ataḥ-āmāt, anyathā-viparītaṃ, yuktyā śṛ-
taṃ bhavati | anabhiṣyandi laghu ca | laghimā tu pū-

rvāvasthāmapekṣyocyate | yuktiḥ-yoga upāya | kharan-
ādena kṣīrasya śrapaṇe yuktiḥ spaṣṭam kṛtvā darśitā-
"ardhodakam kṣīraśiṣṭamāmāllaghutaram śṛtam|" iti |
§ 926

1.5.81 Āyurvedarasāyana

apakakṣīraguṇānāha-paya iti | abhiṣyandi srotaḥsrāvi |
straiṇam tvapakvameva guṇavat | uktaṁ hi suśrutena
(sū. a. 45/62)-"tadevoktaṁ laghutaramanabhiṣyandi vai
śṛtam | varjayitvā striyāḥ stanyamāmameva hi taddhi-
tam | |" iti | pakavakṣīraguṇānāha-yuktyeti | ato+anyathā- 5
anabhiṣyandi laghu ca | yuktiruktā khāraṇādinā-"ardhodakam
kṣīraśiṣṭamāmāllughutaram śṛtam | syānnirjalam śṛtam
dvitricaturaṣṭamśaśeṣitam | | yathāśṛtatamaṁ sāram guru
balyatamaṁ payaḥ |" iti | § 927

1.5.82 Aṣṭāṅgahrdayasaṁhitā

bhavedgarīyo+atiśṛtam,
dhāroṣṇamamṛtopamam | | 29 | | § 928

1.5.83 Sarvāṅgasundarā

atīsayena kvathitam kavalabhojyamiva sañjātam, garīyo-
gurutaram bhavet | kharanādenoktam-"syānnirjalam śṛ-
tam dvitricaturaṣṭamśaśeṣitam | yathāśṛtatamaṁ sāram
guru balyatamaṁ payaḥ | |" iti | suśrute (?) coktam- 5
"śṛtaśītam tu pittagnaṁ śṛtoṣṇam kaphavātajit | tyajedv-
ivarnaṁ grathitam vigandham virasaṁ paṭu | | raktapitta-
praśamanī vṛṣyā santānikā guruḥ |" iti | kharanādenoktam-
"dhāroṣṇātsarvaśaḥ kṣīrācchītam gurutaram bhavet |" iti |
dhāroṣṇamamṛtopamam, nirdoṣatvāt | § 929

1.5.84 Āyurvedarasāyana

atipakvākṣīraguṇānāha-bhavediti | garīyaḥ-apakvād guru |
dhāroṣṇaguṇānāha-dhāroṣṇamiti | dhārāyāmuṣṇam-dhāroṣṇam,
yasya mukhameva pātram | iti kṣīram | § 930

1.5.85 Aṣṭāṅgahr̥dayasaṃhitā

amlapākarasaṃ grāhi gurūṣṇam dadhi vātajit | | 29 | |

5 medaḥśukrabalaśleṣmapittaraktāgniśophakṛt | | 30 | |
rociṣṇu śastamarucau śītake viṣamajvare | | 30 | |
pīnase mūtrakṛcchre ca, rūkṣam tu
grahaṇīgade | | 31 | |
naivādyānnīsi naivoṣṇam vasantoṣṇaśaratsu
na | | 31 | |
nāmudgasūpaṃ nākṣaudraṃ
tannāghṛtasitopalam | | 32 | |
na cānāmalakaṃ nāpi nityaṃ no
mandamanyathā | | 32 | |
jvarāsṛk pittavīsarpakuṣṭhapāṇḍubhramapra-
dam | | 33 | | § 939

1.5.86 Sarvāṅgasundarā

amlau pākarasau yasya tadevaṃbhūtaṃ dadhi bhavati |
tathā, grāhi-stambhanam | tathā cuktam-"bhedi tatpiṇḍ-
itān bhāvān śakṛdādīn bhinatti yat | viparītamato grāhi
tacca stambhanamucyate | |" iti | tathā, guru uṣṇam vā-
5 tajicca | medaādīnām dvandvaḥ, tān karoti yattadevam |
rocata iti rociṣṇu | na rocata eva kevalam, arocakamapi
vyāvartayatīti śastamarucau | rocanam hi ghṛtapūrādi na
tvaruciṃ jayati | arucighnam pa paṭolapatraṃ tanna ro-
cate | tathā hyatraiva paṭhiṣyati (hr̥. sū. a. 10 | 14)- "ti-
10 ktaḥ svayamarociṣṇurarucim" ityādi | rociṣṇutvādeva co-
ccāvavayāñjanaparivṛtairmāṃsamaṇḍakādibhirapi suhi-
tasyāpi dadhanyabhilāṣa utpadyata eva | ata eva caita-

dāhārānte+abhyavaharanti | śītaka iti viṣamajvaraviśeṣa-
nam | śītakāritvaṃ tu vāte śleṣmaṇi tatsaṃsarge vā ya-
dyapi tritaye sambhavati, tathā+api vātajidvātaja eva vi-
ṣamajvare dadhi prayojyam, saṃsarge vā vātolbaṇe | ta- 5
thā hi śītajvara evoktam (hr̥. ci. a. 1 | 142)- "agnyanagn-
ikṛtān svedān svedi bheṣajabhojanam |" iti | nanu, pīn-
ase śastamiti kathamaviśeṣeṇoktam ? yataścatvāraḥ pī-
nasā vātapittakaphasannipātajā iti vakṣyante | tatra da-
dhno vātādhika eva yuktatvaṃ, na śeṣeṣu | atra sañca-
kṣmahe | paripākāt pīnasasyopaśāntiḥ | paripākakaraṃ ca 10
dadhi, uṣṇatvāt | athavā pūrvavatsāmānyoktāvapi yatra
yogyatā+asya vātike, tatraiva tadupakalpyatām | anukte-
ṣvapi hi sāmānyopakramo vastuvaśādviśeṣveva vipariṇ-
amati | tathā hyatraivopariṣṭāddugdhakarmasu vyatītam-
"śramabhramamadālakṣmīśvāsakāsātitr̥kṣudhaḥ | jīrṇajv- 15
aram mūtrakṛcchraṃ raktapittaṃ ca nāśayet |" iti | na ca
sarveṣveva kāśaśvāsakṛcchrārapitteṣu payaḥ kārmukam-
iti | tathā, grahaṇīroge tu tadrūkṣaṃ śastam | anena ca
hetunā dadhnaḥ prakṛtisthasya snigdhatvaṃ yuktyaivo-
ktam | yato grahaṇyām rūkṣaṃ-uddhṛtasāramuddiṣṭam | 20
niśi naiva-na kiñcidadyāt | naivādyānniśi naivoṣṇamitye-
vakārā ātyantikaṇiṣedhāya | rātrau niṣedhādivā bhuñjī-
tetyarthādavagamyate | naivoṣṇaṃ-agnyāditāpāttaptam |
tathā, vasantagrīṣmaśaratsu na bhojyam | anyartāvapi mu-
dgasūpādīnāmanyatamena rahitam na bhojyam | tatra gh- 25
ṛtasitopalayoḥ samāṃśikatayoreva yogena pathyatvami-
cchanti | mudgasūpādīnām tu miśrībhāvo dadhnā janya-
mānasya doṣasya pratibandhārthaṃ kalpyate, raktapitta-
vat | yathāsamīraṇolbaṇe+asrapitte tittiryādīnāmauṣṇya-
mudumbarādirasena pratibadhnāti | nityamiti | yadyup- 30
aśete śarīrasya tathāpyudakarogāvahatvāna śīlanīyam |
ata eva mātrāśītiye+apyatidoṣalatvādasya niṣedhaṃ ka-
roti | tathā ca vakṣyati (hr̥. sū. a. 8 | 40)- "kilāṭadadhik-
ūcīkā" ityādi | no mandamiti | dugdhāvasthām vyatītya
dadhyavasthāmasamprāptamantarālavarti-mandakamityucyate |
tasmin satyapi snehe pariṇativiśeṣeṇa kālātmanā srota-
sāmatyantopalepakṛto doṣatrayakopo+api bhavatītyatīva
varjanīyameva mandakaniṣedhaścopalakṣaṇārthaḥ, tena

madyādīnapyaprāptarasānnopayauñjītyavagantavyam | any-
 athetyādi | praśabda evaṃ dyotayati-vidhibhraṣṭaṃ da-
 dhi niṣevyamāṇaṃ prakarṣeṇa jvarāsrkpittādīn dadāti |
 5 nanu, śukrakṛttvabalavardhanatvāddīpanatvamanupapa-
 nnam | śukrakṛdbalavardhanāni hi dravyāṇi prāyeṇa gu-
 rūṇi bhavanti | ato dadhyevaṃguṇaṃ satkathaṃ nāmā-
 gnikṛtsyāt ? atrācakṣmahe | amlatvāduṣṇavīryatvācca yu-
 ktameva | yato rasavipākābhyāmamlam vīryeṇoṣṇaṃ ca
 10 dadhi, ato+agnikṛttvamasminnupapannamiti | nanu, śu-
 krakaravamaṃ dadhno na yuktam | yato+amlapākarasaṃ
 dadhītyadhītamācāryeṇa, amlāśca śukranāśanaḥ, tasm-
 ācchukrakṛttvamayuktam | atrācakṣmahe | snigdhatvab-
 ṛmhaṇatvavātaghnatvabalyatvaiḥ śukrakṛttvamupapann-
 ameva | tathā ca vakṣyati (hr. sū. a. 9 | 22)- "kiñcidra-
 15 sena kurute karma pākena cāparam | guṇāntareṇa vī-
 ryeṇa prabhāveṇaiva kiñcana | |" iti | nanu, vātajidity-
 anena nārthaḥ | yāni khalu dravyāṇi balyasnidghagur-
 uṣṇayuktāni, tāni vātagnānyeva dṛṣṭāni | tasmādvātaj-
 iditi na vācyam | naivam | saktumadyasūryatāpamand-
 20 akādiṣu vyabhicārāt | tathā hi-saktavo vātālā vṛṣyā rū-
 kṣā balakarāśca | mārdrvīkādimadyaṃ harṣaṇatvādvṛṣyaṃ
 vātalaṃ ca | tathā ca vakṣyati (hr. u. a. 40 | 35)- "man-
 aso harṣaṇaṃ yacca tatsarvaṃ vṛṣyamucyate |" iti | ma-
 25 dyam ca mātṛā pītaṃ harṣaṇaṃ bhavati | tathā ca muniḥ
 (ca.ci.a.24 | 59)-"harṣamūrjapradam puṣṭimārogyaṃ pau-
 ruṣaṃ param | yuktyā pītaṃ karotyāśu madyam" iti |
 sūryatāpaścoṣṇo+api sanmārutasya vṛddhaye | tathā ca
 muniḥ (ca.ci.a. 14 | 13)-"kaṣāyakaṭutiktāni rūkṣaśītalagh-
 30 ūni ca |" ityārabhya yāvat "vātātapau bhayaṃ śoko he-
 turvātārśasāmiti | |" iti | mandakaṃ ca snigdhamlagu-
 ruguṇayuktamapi tridoṣakaram | tathā ca muniḥ (ca.
 sū. a. 27 | 224)- "tridoṣaṃ mandakam" iti | triṣu ca do-
 ṣeṣvantarbhūtaḥ pavana iti caivaṃ vyabhicāradarśanā-
 dvātajidityuktam | kṣīrasya ca dadhyātmanā pariṇam-
 35 ato+anabhivyaktāmlābhivyaktāmlātyamlalakṣaṇāstisro+avasthāḥ
 sampadyante | tatra mandajātaṃ-anabhivyaktāmlam | samyagjātaṃ-
 abhivyaktāmlam | atijātaṃ-atyamlam | tatra mandajātaṃ
 tridoṣakṛttvānniṣiddham | samyagjātasyaite pūrvoktā gu-

nāḥ | kiñciddhīnāścātyamlasya | tathā, sujāte+atyamle ca
dadhni saramaṇḍau staḥ | tatra dadhna uparibhāgaḥ sa-
rah, adho maṇḍaḥ | etadguṇāstu lāghavikatvānehoktāḥ |
muninā ca darśitāḥ (ca.sū.a. 27 | 224)- "tridoṣaṃ manda-
kaṃ jātaṃ vātaghnaṃ dadhi śukralam | sarah śleṣmān- 5
ilaghnaṃ srotoviśodhanaḥ | |" iti | śleṣmapitta-
raktakṛttvaṃ cāmlapākarasoṣṇavīryatvādevātragamyate |
yattu sākṣādetēṣāmuḥpādānaṃ tat prakarṣārtham | anye-
bhyo+amladravyebhyo dadhyetānyatiśayena karotīti | na-
ivādyānniśītyādau granthe caikasminneva nakāre kart- 10
avye yadanekanakāraṇaṃ tacchāstraniśiddhadadhi-
bhakṣaṇādatipratyavāyajñāpanārtham | carakoktaśca ma-
ṅgalyaḡuṇo nehoktaḥ, cikitsāyāmanupayogitvāt | ata eva
sarpirādīnāṃ maṅgalyānāmapī carake+apī maṅgalatvaṃ
nāvādīditi | suśrute tu (sū.a. 45 | 68) dadhno viśeṣaḡuṇā 15
uktāḥ | yathā-"dadhyājāṃ kaphapittaghaṃ laghu vāta-
kṣayāpaham | durnāmaśvāsakāseṣu hitamagneśca dīpa-
nam | | vipāke madhuraṃ vṛṣyaṃ raktapittapraṇāśanam |
balāsavardhanaṃ snigdham viśeṣāddadhi māhiṣam | | vi- 20
pāke kaṭu sakṣāramamlaṃ bhedyauṣṭrakam dadhi | vāta-
marśāṃsi kuṣṭhāni kṛmīn hant Yudarāṇi ca | | vātaghnaṃ
kaphakṛtsnigdham viśeṣānna ca pittakṛt | kuryādbhaktā-
bhilāṣam ca dadhi yat suparisrutam | | śṛtakṣīrācca yajj-
ātaṃ guṇavaddadhi tatsmṛtam | vātapittaharam rucyaṃ
dhātvagnibalavardhanam | | dadhi tvasāram rūkṣam ca 25
grāhi viṣṭambhivātalam | dīpanīyam viśeṣeṇa sakaṣāyam
rucipradam | |" iti | kevalamapī svalpaṃ kadāciddadhi
bhuñjītetarthādavagamyate | anyathā kevalasya guṇaka-
thanaṃ niṣphalameva syāditi kecidāhuḥ | § 940

1.5.87 Āyurvedarasāyana

dadhiguṇānāha-amlapākarasamiti | grāhi-stambhanam |
rociṣṇu-svayaṃ rocate | arucau śastam-anyānyapī rocyati |
śītake-śītajvare | viṣamajvare tu-aśīte+apī | rūkṣadadhiguṇānāha-
rūkṣam tviti | rūkṣam-uddhṛtasneham, grahaṇīdoṣe śa-
stam | dadhibhojanaṃ niyamayati-naiveti | uṣṇam-agnyāditāptam |
uṣṇo-grīṣmaḥ | sitopalā-śarkarā | nityam-pratyaham | ma-

ndaṃasamyagniṣpannam | vasantādibhyo+anyadā divā
ghṛtādyanyatamopetaṃ śītaṃ sujātamekāhādyantaraṃ da-
dhi bhuñjītetī mathitārthaḥ | niyamātikrame doṣamāha-
anyatheti | § 941

1.5.88 Sarvāṅgasundarā

takraṅṅaṅāha-takramiti | mathitaṃ dadhi-takram | tadvividhaṃ,-
sajalaṃ nirjalaṃ ca | sajalaṃ dvividhaṃ,- sasneham-
asnehaṃ ca | tatrāsnehasyaite ṅaṅṅaḥ | sasnehasya ga-
uravātkiñcidūnāḥ | nirjalasya tato+apyūnāḥ | tathā co-
5 ktam (suśrute sū. a. 45/85)- "manthanādyatpṛthagbh-
ūtasnehamarddhodakaṃ ca yat | nātisāndradravaṃ ta-
kraṃ svādvamlaṃ tuvaraṃ rase | |" iti | tathā (saṅgra-
ahe sū. a. 7)- "daṅḍābhimathanāddadhno guruṅaścātiś-
ophadāt | anuddhṛtasnehamapi takraṃ śophaharaṃ la-
10 ghu | |" iti | kaphaghṇatve viśeṣa uktaḥ saṅgrāhe (sū.
a. 7)- "takramāmaṃ kaphaṃ koṣṭhe hanti kaṅṅhe karoti
tu | |" iti | mūtragraho-mūtrakṛcchram | ghṛtasyātipānādu-
tpanno rogo-ghṛtavypāt | garaṅṅ-kṛtrimaṃ viṣam | § 942

1.5.89 Aṣṭāṅgahr̥dayasaṃhitā

takraṃ laghu kaṣāyāmlaṃ dīpanaṃ kaphavātajit | | 33 | |

śophodarārśograhaṅṅidoṣamūtragrahāruciḥ | | 34 | |
plīhagulmaghṛtavypāpadgarapāṅḍvāmayān
jayet | | 34 | | § 946

1.5.90 Sarvāṅgasundarā

takraṃ laghu kaṣāyāmlaṃ dīpanaṃ kaphavātajicca bh-
avati | tathā, śophādīnekādaśa jayet | ghṛtasyātipānāt
vyāpat-rogo ghṛtavypāt | garaḥ-kṛtrimo viṣaviśeṣaḥ | su-
śrute cōktam (sū.a.45 | 86)- "naiva takraṃ kṣate dadyānn-
5 oṣṅakāle na durbale | na mūrccābhramadāheṣu na roge
raktapaittike | | śītakāle+agnimāndye ca kaphotheṣvāma-

yeṣu ca | mārḡāvarodhe duṣṭe ca vāyau takraṃ praśasy-
ate | | " iti | tathoktam (saṅgrāhe sū. a. 7)- "takramāmaṃ ka-
pḥaṃ koṣṭhe hanti kaṅṭhe karoti tu | pīnasaśvāsakāsādau
siddhamevopayojayet | | " iti | "mandajātaṃ marutkopi rū- 5
kṣābhiṣyandi durjaram | atijātaṃ bhṛśāmlauṣṇyatakṣṇyā-
tpittakaraṃ paraṃ | | doṣaḡnamuddhṛtasnehaṃ sasneh-
amāpi śopḥajit | (su. sū. a. 45 | 89)- 'vāte+amlaṃ saindha-
vopetaṃ, svādu pitte saśarkaraṃ | | hitaṃ takraṃ kaphe
sāmlaṃ vyoṣasauvarcalānvitam | takrāllaghutaro maṅḡo
durjarā takrakūrcikā' | | " iti | § 947 10

1.5.91 Aṣṭāṅgahr̥dayasaṃhitā

tadvanmastu saraṃ srotaḥśodhi
viṣṭhambhajillaghu | | 35 | | § 948

1.5.92 Sarvāṅgasundarā

mastu tadvat-takravat-guṇairvedyam | tathā, saraṃ | ta-
thā, srotaḥśodhiḥ | tathā, viṣṭambhajit | suśrute coktam
(sū.a.45 | 81)- "ṛṣṇāklamaharaṃ mastu laghu srotoviśo-
dhanam | amlaṃ kaṣāyānurasamavr̥ṣyaṃ kaphavātajit | |
āhlādanam pṛīṇanam ca bhinattyāśu malaṃ ca tat | bala- 5
māvahati kṣipraṃ tathā bhaktasya rocakam | | " iti | § 949

1.5.93 Āyurvedarasāyana

mastuguṇānāha-tadvaditi | sujātasya dadhno dravabhāgo-
mastu | doṣapūrṇāni srotāṃsi śodhayatīti-srotaḥśodhi |
saraṃ-malānulomanam | viṣṭambhajit-vātānulomanam | bh-
edino+api kūṣmāṅḡāderviṣṭambhitvadarśanāt grāhiṇo+api
nāgarasya vibandhanuttvadarśanādubhayorgrahaṇam | ta- 5
dvaditi laghutve siddhe ladhvityatiśayārtham | § 950

1.5.94 Aṣṭāṅgahr̥dayasaṃhitā

navanītaṃ navam vṛṣyaṃ śītaṃ varṇabalāgnikṛt | | 35 | |
saṅgrāhi
vātapittāsr̥kkṣayār̥sorditakāsajit | | 36 | | § 952

1.5.95 Sarvāṅgasundarā

navanītaṃ navam-navoddhṛtaṃ, laghu vṛṣyaṃ ca | tathā,
śītaṃ-śītavīryaṃ, balavarṇāgnikaraṃ ca | tathā, saṅgrāhi
vātādijicca | saṅgrahe coktaṃ (sū.a.6)-"śītaṃ svādu kaṣāy-
āmlaṃ navanītaṃ navoddhṛtaṃ | " ityādi | § 953

1.5.96 Āyurvedarasāyana

navanītaguṇānāha-navanītamiti | navam-sadyaskam | asr̥k-
raktam | kṣayo-rājayakṣmā | arditam-ekāyāmaḥ | § 954

1.5.97 Aṣṭāṅgahr̥dayasaṃhitā

kṣīrodbhavam tu saṅgrāhi raktapittākṣirogajit | | 36 | | § 955

1.5.98 Sarvāṅgasundarā

kṣīrodbhavam tu-kṣīrādeva jātaṃ mathitvotpāditaṃ, nav-
anītaṃ saṅgrāhi raktapittākṣirogajicca bhavati | § 956

1.5.99 Āyurvedarasāyana

kṣīranavanītaguṇānāha-kṣīrodbhavamiti | kṣīrodbhavam-
kṣīramathanodbhavam | sarpirapyevaṃ dvividhaṃ jñe-
yam | § 957

1.5.100 Aṣṭāṅgahr̥dayasaṃhitā

śastaṃ dhīsmṛtamedhāgnibalāyuhśukracakṣuṣāṃ | | 37 | |

bālavṛddhaprajākāntisaukumāryasvarārthinām | | 37 | |

kṣatakṣīṇaparīsarpaśastrāgniglapitātmanām | |38| |

vātapittaviṣonmādaśośalakṣmījvarāpaham | |38| |

snehānāmuttamaṃ śītaṃ vayasah sthāpanaṃ

param | |39| |

sahasravīryaṃ vidhibhirghṛtaṃ

5

karmasahasrakṛt | |39| | § 965

1.5.101 Sarvāṅgasundarā

ghṛtaṃ dhīprabhṛtīnāmagniglapitātmāntānām śastaṃ-hitam |

dhīḥ-buddhiḥ, vastugrahaṇaśaktiḥ | smṛtiḥ-atītavicāraśaktiḥ |

prajārthinām śastam | prajā-apatyam, tadarthinām | śukr-

asya saphalatākaramityarthaḥ | tathā, vātādighnam | ta-

thā, snehānām-tailādīnām, uttamaṃ-śreṣṭham | tathā, śī-

taṃ | vayasah sthāpanaṃ-jarayā vinā vayasah sthāpanam-

ityarthaḥ | sahasravīryamiti | sahasra-śabdo+anekārthaḥ,

anekaśaktītyarthaḥ | katham ? vidhibhiḥ,-yogaśaṃskārādibhirghṛtamane-

sampadyate | yena dravyeṇa prayujyate saṃskriyate vā,

tacchaktimevā+anurudhyate | athavā tatsaṃyogācchakty-

antaramanyadārohati | ato hetoḥ sahasraśabdo+anekārthaḥ |

anyathā dravyāṅmānāntyātkathaṃ daśaśatavācī sahasra-

śabda upapadyate | anye tvevaṃ vyācakṣate -sahasraśabdo

daśaśatasamkhyāvācyeva | sahasrapākyam hi sarpiru-

ktam, na sahasrapākyātpareṇa | tatra cedam sahasra-

pākyatve prayojanam-pākasahasraṃ yāvadasya saṃsk-

āro+anuvartate, nātaḥparam | anyathā sahasrapākātpar-

eṇa kimiti pāko noktaḥ ? tasmādāsahasraṃ pākānām

śaktyantarānyārohanti pākāḥ, na tataḥ pareṇeti | tathā,

karmasahasrakṛt-anekakāryakṛt | § 966

20

1.5.102 Āyurvedarasāyana

ghṛtaguṇānāha-śastamiti | upadiṣṭagrahaṇe śaktiḥ-dhīḥ |

grhītasya vicchedena dhārayituṃ śaktiḥ-smṛtiḥ | avicchedena-

medhā | prajādibhirarthiśabdaḥ sambadhyate | prajāapa-

tyam | kṣatakṣīṇaḥ-kṣatakāsapīḍitaḥ | parīsarpo-visarpaḥ,

śastraṃ-śastraghātaḥ, agniḥ-agnidāhaḥ, taistribhirglapitaḥ-

5

pīḍitaḥ, ātmā-śarīraṃ yeṣāṃ te tathā | śoṣo-rājayaḥsmā |
jvaro-jīrṇajvaraḥ, navasya snehānarhatvāt | snehānām-
tailādīnām | vayasah-yauvanasya | yojanayā karmasahasr-
akṛtbahutarakāryakṛt | yataḥ sahasravīryaṃ-bahutaraśaktiyuktam |
5 kaiḥ? vidhibhiḥ,- yogasaṃskārapānābhyañjanānuvāsānā-
dibhiḥ | § 967

1.5.103 Aṣṭāṅgahr̥dayasaṃhitā

madāpasmāramūrchāyaśiraḥkarṇākṣiyonijān | | 40 | |
purāṇaṃ jayati vyādhīn
vraṇaśodhanaropaṇam | | 40 | | § 969

1.5.104 Sarvāṅgasundarā

purāṇaṃ-atītabahu kālaṃ, pañcadaśādivarṣasthitam, ghṛ-
taṃ madādīn vyādhīn jayati | vraṇānām paicchilyādīn śo-
dhayati | tathā, vraṇān ropayati | saṅgrahe caivamadhyai-
ṣṭa (sū. a. 6)- "vraṇaśodhanaropaṇam | pūrvoktāmścādhi-
5 kānkuryādguṇāmstadamṛtopamam | | tadvacca ghṛtama-
ṇḍo+api rūkṣastikṣṇastanustu saḥ | " iti | § 970

1.5.105 Āyurvedarasāyana

purāṇaghṛtaguṇānāha-madāpasmāreti | mūrccchāyomūrccchā |
śodhanam-duṣṭavraṇānām, ropaṇam-śuddhānām | daśavarṣoṣitam-
purāṇam | uktam ca- "ugragandham purāṇam syāddaśav-
arṣasthitam ghṛtam | lākṣārasanibham sītam prapurāṇam-
5 ataḥ param | | " iti | § 971

1.5.106 Sarvāṅgasundarā

kilāṭādayo balyāḥ | tathā, śukrādikarāḥ | tathā, viṣṭambh-
ino guravo doṣalāśca syuḥ | ādigrahaṇāttakrapinḍakakṣ-
īraśākayograhaṇam | vahnināśakatvaṃ caiṣāṃ balyatv-
ena śukrakṛttvena viṣṭambhidoṣalatvenāvagatameveti 'va-
5 hnisādanāḥ' iti granthakṛtā nehakṛtam | saṅgrahe tu sp-

aṣṭārthaṃ kṛtameva | tatra, kilāṭaḥ-ālpakṣīro bahunā ta-
kreṇa kṛtaḥ | pīyūṣaḥ-sadyaḥprasūtākṣīrakṛtaḥ | kūrčikā-
dadhitakrakṛtā kilāṭikā | morāṇaḥ-kṣīrasadrśaḥ kilāṭikaḥ |
piṇḍanaṃ-uttarāpathe prasiddham | kṣīraśākaḥ-prasiddhaḥ |
§ 972

5

1.5.107 Aṣṭāṅgahr̥dayasaṃhitā

balyāḥ kilāṭapīyūṣakūrčikāmoraṇādayaḥ | | 41 | |
śukranidrākaphakarā
viṣṭambhigurudoṣalāḥ | | 41 | | § 974

1.5.108 Āyurvedarasāyana

kilāṭādīnāṃ guṇānāha-balyā iti | dadhnā takreṇa vā saha
pākātpṛthagbhūtaṃ ghanadravabhāgaṃ kṣīraṃ-kūrčikā |
saiva pākādvīnā-kṣīraśākaḥ | tayorghānabhāgaḥ pṛthaguddhr̥taḥ-
kilāṭaḥ, dravabhāgo-māreṇaḥ | prasūtīdinādārabhya yāva-
nmalina ghaṇaṃ kṣīraṃ tāvat-pīyūṣaḥ | ādiśabdāt kṣīraśā- 5
katakrapīṇḍakau | uktaṃ hi saṅgrāhe (sū. a. 6)- "balyāḥ ki-
lāṭakūrčikātakrapīṇḍakāmoraṇāḥ | sakṣīraśākapīyūṣā roc-
anā vahnīsādanāḥ | | iti | ghanavastrabaddhaṃ svayaṃ sr-
utadravabhāgaṃ takraṃ-takra-pīṇḍakaḥ | viṣṭambhinaḥ-
adhovātāvarodhinaḥ | doṣalāḥ-āmasaṅcayakāriṇaḥ | doṣ- 10
aśabdenātra āmo grāhyaḥ, "sadoṣaśabdaṃ ca śakṛt dra-
vaṃ sṛjati vegavat |" (hṛ. ni. a. 2/78) ityādivat | na tu
vātādayaḥ, kaphasya pṛthaggrahaṇātantrāntare vātaghn-
atvācca | yadāha suśrutaḥ (sū. a. 45/91)- "balyaḥ kil-
āṭo+anilahṛt puṃstvanidrāpradaḥ smr̥taḥ | madhuraḥ br̥- 15
mhaṇau vṛṣyau tadvatpīyūṣamoraṇau | | iti | kūrčikāmora-
ṇāvatra dadhibhavau grāhyau | takrakūrčikāyāstantrānt-
are vātalatvāt tanmoraṇasya ca laghutvāt | yadāha suśru-
taḥ (sū. a. 45/90)- "grāhiṇī vātālā rūkṣā durjarā takrakūr-
cikā | takrāllaghutarō maṇḍo dadhikūrčikatakrajaḥ | |" iti | 20
kūrčikṛtaṃ takraṃ-takrakūrčikā | § 975

1.5.109 Aṣṭāṅgahr̥dayasaṃhitā

gavye kṣīraghr̥te śreṣṭhe nindite cāvisambhave | | 42 | |
iti kṣīravargaḥ | | 2 | | § 977

1.5.110 Sarvāṅgasundarā

gosambhave kṣīraghr̥te śreṣṭhe | āvike ca nindite-garhite |
ghr̥tasya ca kṣīravikāropalakṣaṇārthatvāddadhitakrama-
stvādīnāmapi gavyānām śreṣṭhatvameva vedyam | ata
5 evāvisambhavānām dadhitakrādīnām adhamatvameva ve-
dyam, na kṣīraghr̥tayoreva | ata eva saṅgrahe suspaṣṭam
kṛtvoktam (sū. a. 6)- "vidyāddadhighr̥tādīnām guṇado-
ṣān yathāpayaḥ |" iti | asya hyayamarthaḥ-ghr̥tādīnām pa-
yoguṇānatikrameṇa guṇān vidyāt | yathāśabdasya padā-
rthānativṛttyarthe+asyāvyaibhāvaḥ | tenaitaduktaṃ bha-
10 vati | yathā-"svādupākarasam" ityādīnā sāmānyena kṣīra-
guṇā uktāḥ | tadvaddadhyādīnāmapi sāmānyenaiva guṇā
uktāḥ | viśeṣābhilāṣe tu dadhyādīnām satsvapi sāmānya-
guṇeṣu prakṛtibhūtaṃ yat kṣīraṃ tadguṇocayo+api grā-
hya iti | kharanāde tūktam-"dadhyādīnām tu tajjānām sā-
15 mānye guṇakarmanī | tathā svāt svādapi kṣīrāddadhyādī-
nām viśeṣaṇam |" iti | gavyamiti "gopayasoryat" iti yat |
bāhulyena kṣīranirdeśātkṣīravargo+ayam | dadhinavanī-
tādīnām tu tadvikārabhūtatvāt | iti kṣīravargaḥ | § 978

1.5.111 Sarvāṅgasundarā

kṣīrāṇām ghr̥tānām ca tāratamyamāha-gavye kṣīraghr̥ta
iti | gavyāvīkayoruttamā dhamatvāditarepām madhyama-
tvaṃ jñeyam | saṅgrahe tu (sū.a.6)-"vidyāddadhighr̥tādīnām
guṇadoṣān yathāpayaḥ |" iti | iti kṣīravargaḥ | § 979

1.5.112 Aṣṭāṅgahr̥dayasaṃhitā

kṣīravargādanantaramikṣuvarga ārambhyate,
guṇakriyātulyatvāt | | 42 | |

athekṣuvargaḥ | | 42 | |
 ikṣoḥ saro guruḥ snigdho bṛmhaṇaḥ
 kaphamūtrakṛt | | 42 | |
 vṛṣyaḥ śīto+asrapittaghnaḥ svādupākaraso
 rasaḥ | | 43 | |
 so+agre salavaṇo, dantapīḍitaḥ
 śarkarāsamaḥ | | 43 | | § 985

5

1.5.113 Sarvāṅgasundarā

ikṣo rasaḥ saratvādiguṇayuktaḥ | tathā, kaphamūtrakṛt |
 saraḥ-śakṛdbhedīti kathyate | tathā, (hr. sū. a. 6 | 84)- "gurvī
 sarā tu pālakyā" ityuktvānantaramuktavān-"pālakyāvatsmrtaścañcuḥ
 sa tu saṅgrahaṇātmakaḥ | " iti cañcuśākasya saṅgrahaṇena
 guṇena saratvaṃ bādhitamiti | atra snigdhabṛmhaṇavṛṣy- 5
 amadhurādiguṇena yuktaṃ ca dravyaṃ prāyaḥ pavan-
 ahanṭṛ drṣṭam | ato+asyāpīkṣurasasya mārutajittvaṃ ve-
 dyam | granthakṛtā tu spaṣṭam kṛtvā noktam | bhukte hi
 samīraṇakṛttvamasya drṣṭam | tathā ca saṅgrāhe (sū.a.6)-
 "vṛṣyaḥ śītaḥ pavanajidbhukte vātaprakopanaḥ | " iti | 10
 kharanāde+apyuktaṃ-"mārutā+a+adhmanājananaścakṣuṣyo
 bṛmhaṇo rasaḥ | " iti | sa0-sa ca-rasaḥ, agre-ikṣuprānte jā-
 taḥ, salavaṇaḥ-iṣallavaṇaḥ | suśrute coktam (sū.a.45 | 156)-
 "atīva madhuro mūle, madhye madhura eva ca | agre tva-
 kṣiṣu vijñeya ikṣūṇāṃ lavaṇo rasaḥ | | " iti | pāṣāṇādisaṅkṣ- 15
 unṇasyekṣoḥ sadya eva yo rasa utpadyate, tasyaite yatho-
 ktā guṇā vedyāḥ, nānyathā pīḍitasyekṣurasasya | yantrad-
 antādipīḍitasyānyathā śāstrakṛtā guṇo nirḍīyate | danta-
 pīḍito yaḥ, sa śarkarāsama iti | § 986

1.5.114 Āyurvedarasāyana

athekṣuvargaḥ | ikṣurasaguṇānāha-ikṣoḥ sara iti | gurvā-
 diguṇatvādvātaghnatvamarthasiddham | uktaṃ ca saṅgr-
 ahe (sū.a.6)-"vṛṣyaḥ śītaḥ pavanajidbhukte vātaprakopa-
 naḥ | " iti | "mārutādhmanājananaścekṣūṇāṃ bhakṣito ra-
 saḥ | " iti khāraṇādināpyuktaṃ vātalatvaṃ bhuktamātra- 5

pītekṣurasaviṣayam | ā0 ra0-ikṣvagrabhāgarasaguṇānāha-
 so+agra iti | salavaṇaḥ-iṣallavaṇaḥ | agraśabdenekṣosta-
 tparvaṇām cādyantau bhāgau | uktaṃ hi khāraṇādinā-
 "madhyakāṇḍe sumādhuryamikṣormūlāgraparvasu | mā-
 5 dhuryaṃ sām̐lalaṇaṃ vidāhī tena yāntrikaḥ | |' iti | ya-
 tṭṛktaṃ suśrutena (sū.a. 45/156)-" atīva madhuro mūle,
 madhye madhura eva ca | agre+akṣiṣu ca vijñeya ikṣ-
 ūṇām lavaṇo rasaḥ | |" iti | tatra mūlaśabdena madhy-
 amakāṇḍānām prathamam kāṇḍam | akṣiṣu-sandhiṣu |
 10 dantapīḍitekṣugūṇānāha-dantapīḍita iti | śarkarāsama iti
 dāhaghnatvādibhirguṇaiḥ | § 987

1.5.115 Aṣṭāṅgahr̥dayasaṃhitā

mūlāgrajantujagdhādipīḍanānmalasaṅkarāt | |44 | |
 kiñcitkālam vidhṛtyā ca vikṛtiṃ yāti
 yāntrikaḥ | |44 | |
 vidāhī guruviṣṭambhī
 tenāsau----- | |45 | | § 990

1.5.116 Sarvāṅgasundarā

mūlam cāgram ca jantujagdhādayaśca mūlāgrajantuja-
 gdhādayaḥ, teṣām tathāvidhānāmikṣūṇām pīḍanam, ta-
 smānmūlāgrajantujagdhādipīḍanāt | tathā, malasaṅkarāt-
 malamiśraṇāt | tathā, kiñcitkālam vidhṛtyā ca-yāntrike
 5 rase svalpakālam vidhṛtiḥ-vilambaśca dṛṣṭaḥ | tadetaiḥ kā-
 raṇairyāntriko raso vikṛtiṃ yāti-svabhāvānyathātvaṃ pr-
 āpnoti | tathā-gururadhikaṃ guruḥ sampadyate, avidāhi
 vidāhi, aṣṭambhī viṣṭambhī, ityevaṃvidhā+asya vikṛtiḥ |
 yāntrikasya ca rasasya bāhulyena loke mūlādisahitasya pī-
 10 ḍanātkālavilambopalabdheśca granthakṛdevaṃ samavo-
 cat | ata eva hetunirdeśo+atra kṛtaḥ, hetvabhāvātkāryābh-
 āvapratiḍānāya | tena yadā+atinipuṇadhībhirmūlādirahitaḥ
 pīḍyate, kālavilambitaṃ ca nopayujyate, tadā vikṛtiṃ
 na yātyeverthaḥ | vidāhītyādi | yato vikṛtiṃ yāti, tena-
 15 hetunā, asau yāntriko, vidāhyādiguṇaḥ sampadyate |

vidāhī-jaṭharāgnisaṃyogādyah pākam gacchanmadhyam-
āyāmevāvasthāyām vidahyamānaḥ pittaṃ kurvaṃścira-
kālamavatiṣṭhate, na drāgeva jarām yāti gurutvādath-
avā vastusvabhāvāt, sa vidāhaguṇayukto bhāvo bhṇya- 5
ate | tasmāt gurusvābhāvādvidāhī kathitaḥ | tathā co-
ktaṃ dhānvantare-"śālipiṣṭamayaṃ sarvaṃ gurubhāvādv-
idahyate | " iti | § 991

1.5.117 Āyurvedarasāyana

yantrapīḍitaguṇānāha-mūlāgreti | jantujagdhaḥkṛmibha-
kṣitāvayavaḥ | ādiśabdāt tvagādayaḥ | malo-yantrādilagnaḥ |
kiñcitkālam vidhṛtyā-pīḍanagrahaṇādikālavilambena, vikṛtiṃ-
mādhuryādinyūnatvaṃ, yāti | yadyapi sarvamannapā-
naṃ vidāhi, vidagdhāvasthāyā avasīyaṃbhāvāt, tathāpi 5
yaccirakālam vidagdhāvasthāmanubhavati, tadvidāhītyu-
cyate | tena-vikṛtiṃ gamanena, asau-yāntrikaḥ | hetūpa-
nyāsāddhetvalpatvena doṣālpatvaṃ jñeyam | § 992

1.5.118 Aṣṭāṅgahr̥dayasaṃhitā

-----tatra paṇḍrakaḥ | | 45 | |

śaityaprasādamādhuryairvarastamanu
vāṃśikaḥ | | 45 | | § 995

1.5.119 Sarvāṅgasundarā

tatra-teṣu ikṣuraseṣu madhye, paṇḍrako raso varaḥ-
sarvekṣurasebhyaḥ śreṣṭhaḥ | katham ? śaityādibhirhetu-
bhūtaiḥ | śītasya bhāvaḥ-śaityam | "guṇavacana" ityādinā
ṣyañ | prasādaḥ-prasannatvam | mādhuryaṃ-svādutā | ta- 5
manu vāṃśikaḥ-hīnārthe+anuşabdasya "karmapravacanī-
yayukta" iti dvitīyā, śaityādibhiḥ paṇḍrakāddhīno vāṃś-
ika ityārthaḥ | § 996

1.5.120 Āyurvedarasāyana

athekṣuviśeṣaguṇāḥ | tatra paṇḍrakaguṇānāha-tatra pa-
uṇḍraka iti | paṇḍrakaḥ-śvetekṣuḥ | prasādo-nairmalyam |
vāṃśikaguṇānāha-tamanviti | tamanu-tasmātpaṇḍrakāddhīnaḥ |
hīnārthasyānoḥ karmapravacanīyatvāt dvitīyā | vāṃśiko-
nīlekṣuḥ | § 997

1.5.121 Aṣṭāṅgahr̥dayasaṃhitā

śataparvakakāntāranaipālādyāstataḥ kramāt | | 46 | |
sakṣārāḥ sakaṣāyāśca soṣṇāḥ
kiñcidvidāhinaḥ | | 46 | | § 999

1.5.122 Sarvāṅgasundarā

śataparvakādayaḥ, tataḥ-vāṃśikāt, kramāt-uttarottaram,
śaityādibhirhīnāḥ | te ca śataparvakādaya īṣatkṣāratvena
yuktā īṣatkaṣāyarasā īṣaduṣṇāḥ kiñcidvidāhinaśca | § 1000

1.5.123 Āyurvedarasāyana

śataparvādiguṇānāha-śataparvakeṭi | śataparvakaḥ-hrasvabahuparvā |
kāntāranaipālau-svanāmaprasiddhau | ādyaśabdāddīrgh-
apatrādayaḥ | tataḥ-vāṃśikāt, kramāt-uttarottaram hī-
nāḥ | sakṣārāḥ-īṣapallavaṇāḥ | § 1001

1.5.124 Aṣṭāṅgahr̥dayasaṃhitā

phāṇitaṃ gurvabhiṣyandi
cayakṛnmūtraśodhanam | | 47 | | § 1002

1.5.125 Sarvāṅgasundarā

phāṇitaṃ-kṣudraguḍībhūta ikṣurasah, guru-atiśayenetyarthādvedyam,
gurutvamātrasyekṣurase+apyuktatvāt | abhiṣyandi | ta-
thā, cayakṛt-tridoṣakaram | mūtraśodhanam-mūtramativāhayati |

tantrāntare cōktam-"rūkṣaṃ madhūkapuṣpottham phāṇi-
taṃ vātapittakṛt | kaphaghaṇaṃ madhuraṃ pāke kaṣāyaṃ
bastidūṣaṇam | | " iti | § 1003

1.5.126 Āyurvedarasāyana

athekṣurasavikārāḥ | te ca pañca,-"ikṣo rasasya samala-
tryaṃśārdhdhāṅghrimalā malāḥ | vikārāḥ phāṇitagudam-
atsyaṇḍīkhaṇḍaśarkarāḥ | | " iti | tatra phāṇitagūṇānāha-
phāṇitamiti | cayakṛt-viśeṣāgrahaṇāt trayāṇāṃ doṣāṇāṃ |
§ 1004

5

1.5.127 Āyurvedarasāyana

guḍaścaturdhā, -dhautādhautapurāṇanavabheda | tatrādhautaguḍagu-
nātiśleṣmakara iti | sṛṣṭamūtraśakṛt-malānulomanāḥ | adhautaguḍaguṇā-
prabhūtakṛmimajjeti | § 1005

1.5.128 Aṣṭāṅgahṛdayasaṃhitā

nātiśleṣmakaro dhautāḥ sṛṣṭamūtraśakṛdguḍaḥ | | 47 | |
prabhūtakṛmimajjāsṛḍmedomāṃsakapho+aparaḥ | | 48 | | § 1007

1.5.129 Sarvāṅgasundarā

guḍo dhautāḥ-saṃskāraśānnirmalo, nātiśleṣmakaraḥ-
kiñcitkaphakara ityarthāḥ | mūtraṃ ca śakṛcca mūtraśakṛt,
sṛṣṭam-bahiḥ kṣiptam, mūtraśakṛdyena sa evam | prabh-
ūta iti | apara iti dhautāt-viśuddhādanyaḥ, samala iti yā-
vat | prabhūtāḥ kṛmimajjāsṛḍmedomāṃsakaphā yasya sa 5
evam | kāraṇe kāryopacārādgūḍo+apyevamuktaḥ | yathā-
ānūpodakaṃ pādaroga iti | prabhūtakṛmyādīn karotīya-
rthāḥ | § 1008

1.5.130 Aṣṭāṅgahṛdayasaṃhitā

hr̥dyaḥ purāṇaḥ pathyaśca, navah
śleṣmāgnisādakṛt | | 48 | | § 1009

1.5.131 Sarvāṅgasundarā

guḍa ityanuvartate | purāṇo guḍo hr̥dayāya hitaḥ | tathā,
pathyaḥ-antarmadhyabahirmārgāya hitaḥ | navo guḍaḥ śl-
eṣmāṇamagnisādaṃ ca karoti | § 1010

1.5.132 Āyurvedarasāyana

purāṇaguḍaguṇānāha-hr̥dya iti | pathyaḥ-svastha hitaḥ |
navaguḍaguṇānāha-nava iti | agnisādaḥ-agnimāndyam |
§ 1011

1.5.133 Aṣṭāṅgahr̥dayasaṃhitā

vṛṣyāḥ kṣīṇakṣatahitā raktapittānilāpahāḥ | | 49 | |
matsyaṇḍikākhaṇḍasitāḥ krameṇa
guṇavattamāḥ | | 49 | | § 1013

1.5.134 Sarvāṅgasundarā

matsyaṇḍikādayastrayo vṛṣyāḥ | tathā, kṣīṇakṣatahitā ra-
ktapittānilāpahāśca | tathā, krameṇa guṇavattamāḥ-dhautaguḍādapi
matsyaṇḍikā guṇakārī nirmalataratvāt, tato+api khaṇḍo
guṇavattaraḥ, khaṇḍādapi śarkarā guṇavattamā nirmal-
5 atamatvāt, guṇavattameti guṇavatīśabdasya tamappraty-
aye puṃvadbhāvo+atra pakṣe ca vaktavya iti puṃvadbh-
āvaḥ | § 1014

1.5.135 Āyurvedarasāyana

matsyaṇḍyādīnām guṇānāha-vṛṣyā iti | kṣatakṣīṇayorhi-
tāḥ | krameṇeti matsyaṇḍikāyāḥ khaṇḍo guṇavān, khaṇḍ-
ātsitā | uktaṃ ca suśrutena (sū. a. 45/163)-"yathā yathai-
5 ṣāṃ vaimalyaṃ madhuratvaṃ tathā tathā | snehagaurav-
āśaityāni saratvaṃ ca tathā tathā | |" iti | § 1015

1.5.136 Aṣṭāṅgahr̥dayasaṃhitā

tadguṇā tiktamadhurā kaṣāyā yāsaśarkarā | | 50 | | § 1016

1.5.137 Sarvāṅgasundarā

tadguṇeti śarkarāsamā | yāsaśarkarā-yavāsaśarkareti yā
loke prasiddhā, tiktamadhurakaṣāyarasā ca | kecittvācakṣate-
durālabhārasena sā kriyata iti | § 1017

1.5.138 Āyurvedarasāyana

yāsaśarkarāguṇānāha-tadguṇeti | tadguṇā-matsyaṅḍikādisāmānyasadṛśā
yāsaśarkarā-durālabhārasenekṣurasavatkrīyate | | § 1018

1.5.139 Aṣṭāṅgahr̥dayasaṃhitā

dāhatṛṭchardimūrcchāṣṛkpittaghnyāḥ
sarvaśarkarāḥ | | 50 | | § 1019

1.5.140 Sarvāṅgasundarā

sarvaśarkarā ityetāścānyāśca dāhādināśanāḥ | granthānt-
are coktam (suśrute sū.a. 45 | 163)- "yathā yathā+a+asāṃ
vaimalyaṃ madhuratvaṃ tathā tathā | snehalāghavaśaity-
ādi sārātvaṃ ca tathā tathā | |" iti | § 1020

1.5.141 Āyurvedarasāyana

sāmānyaśarkarāguṇānāha-dāhatṛṭchirdīti | sarvāḥ-uktā ma-
tasyaṅḍikādayaḥ, anuktāśca madhuśarkarādayaḥ | matsya-
ṅḍikādau raktapittagrahaṇamatisayārtham | § 1021

1.5.142 Aṣṭāṅgahr̥dayasaṃhitā

śarkarekṣuvikārāṇāṃ phāṇitaṃ ca varāvare | | 51 | | § 1022

1.5.143 Sarvāṅgasundarā

ikṣuvikārāṇām madhye śarkarā phāṇitaṃ ca krameṇa va-
rāvare bhavataḥ | śarkarā śreṣṭhā, phāṇitamāśreṣṭham |
§ 1023

1.5.144 Āyurvedarasāyana

ikṣuvikārāṇām tāratamyamāha-śarkareti | ikṣuvikārāṇām
madhye śarkarā-sitākhyā varā | phāṇitamavaram | itare
madhyamāḥ | § 1024

1.5.145 Aṣṭāṅgahr̥dayasaṃhitā

cakṣuṣyaṃ chedi tṛṣṭleṣmaviṣahidhmāsrappittanut | | 51 | |
mehakuṣṭhakṛmicchardīśvāsakāsātisārajit | | 52 | |
vraṇaśodhanasandhānaropaṇaṃ vātalaṃ
madhu | | 52 | |
rūkṣaṃ kaṣāyamadhuraṃ, tattulyā
madhuśarkarā | | 53 | | § 1028

1.5.146 Sarvāṅgasundarā

madhu cakṣuṣe hitam | tathā, chedi-ubhayathā+a+aścotanavraṇalepādāvupayuk
tathā+abhyavahāraviṣaye+api | taikṣṇyādyo dehe piṇḍitān
bhāvān chinatti-vibhajati, sa chedīti kathyate | tathā, tṛḍ-
ādinut mehādijiditi ca prāyeṇābhyavahāraviṣaya eva | vr-
5 aṇānām śodhanaṃ sandhānaṃ ropaṇaṃ ca | śodhanaṃ-
yat pūyapaicchilyādiprerakam | sandhānaṃ-yad dvau vr-
aṇau caikīkaroti | ropaṇaṃ-suprasiddham | etacca kā-
ryaṃ bāhyaviṣayamevāsya vedyaṃ | tathā, vātalameta-
ccāsya bāhyopayogenābhyantaropayogena ca, ante vya-
10 staśrutatvāt | "cakṣuṣyaṃ chedi" ityādinā+asya madhu-
naḥ karmanirdeśaḥ | "rūkṣaṃ kaṣāyamadhuraṃ" ityane-
nāsya svarūpanirdeśaḥ | lāghavāccātra granthakāreṇaita-
dbhedādi noktam | tathā hyayameva tantrakāraḥ saṅgrahe
(sū.a.6) madhuno bhedānākhyat | yathā-"bhrāmaraṃ pa-
15 uttikaṃ kṣaudraṃ māḥṣikaṃ ca yathottaram | [tatra sy-

ādbhrāmaram śuklam ghṛtavaram tu pauttikam | | kṣ-
 audram tu kapilam proktaṃ tailābham mākṣikam smr-
 tam | bhrāmaram tarpaṇam svādu, tridoṣam pauttikam
 viduḥ | | varam ca gurvabhiṣyandi kṣaudram rūkṣam 5
 manāgguru | mākṣikam laghvapavanam madhuram śa-
 syate vraṇe | | garīyaḥ svādvabhiṣyandi navam, jīrṇam-
 ato+anyathā | maṇḍaḥ purāṇo madhurastīkṣṇo rūkṣo la-
 ghustanuḥ | |"] iti | tathā saṅgrahe kaṭupākitvagurutvaśa-
 ityaviṣānvayatvaviruddhopakramatvayogavāhitvādīn gu-
 ṇānavocat | yogavāhitve ca vivadante bahuvidaḥ | tatra 10
 kecidevaṃ samagiranta,-yadravyam dravyāntareṇa sa-
 myujyātmīyam svabhāvam hitvā saṃyuktadravyasvabhā-
 vamevānuvartate, tadyogavāhīti | na caitadyuktam | yato
 yadyevaṃ yogavāhitā niścīyate tadānīm yogavāhidravyo-
 payogo nirarthakaḥ syāt | tathā hi-yogavāhidravyamantareṇāpi
 yatsvabhāvam dravyam prāgāsīt tatsvabhāvameva yoga-
 vāhidravyayuktamapi | tasmādasadetadyogavāhīlakṣa-
 ṇamiti | kecittvevaṃ pratijānate,-yadravyam dravyānta-
 reṇa yuktaṃ sat tasya dravyasya śaktyutkarṣamutpāda-
 yati, tadyogavāhīti | tadapyasamyak | yasmādevamabhy- 20
 upagamya māne bahūni dravyāṇi yogavāhīni syuḥ | ta-
 thā ca madhvāderapi dravyasya kiñcidhravyam samāna-
 guṇam śaktyutkarṣam kurvadeva dṛṣṭam | tatkatham ma-
 dhvādereva yogavāhitvamucyate nāparasyeti | tadetadapi
 lakṣaṇamasacchrutatvādalakṣaṇam | apare tvevamāhuḥ,- 25
 yadravyam dravyāntareṇānanugūṇenāpi yuktaṃ satta-
 dguṇānanuvartate svam ca kāryam tadaviruddham kiñc-
 itkaroti, tadyogavāhi dravyam bhṛtyavat | yathā bhṛtyaḥ
 svāmikāryamatyaṇ svakāryamapi śarīrayātrādikam sv-
 āmyaviruddham karoti, tathaiva madhu madanaphalasa- 30
 myuktaṃ vamanakāryam karoti, na tu vamananivāraṇam
 madhukāryam | evam madhu harītakīsaṃyogādvirecan-
 akāryameva karoti, na madhukāryam stambhanarūpam-
 iti | ye tvatraivam pratipannāḥ,-madanaphalādeḥ śaktyu-
 tkarṣastathāvidho+asti yena madhusambandhikāryamav- 35
 adhūya, svam kāryam karotīti, te caivam codayanto bha-
 vantīti vacanīyāḥ | yataḥ stambhanadravyeṇānyena yena
 kenacitsaṃyuktasya sudhākṣīrasyāpi śaktiḥ kiñcidapahī-

yamānā dr̥ṣṭā, madhunā tu stambhanasvabhāvenāpyasya
nāpahīyate manāgapi | ato madhvādereva yogavāhitvaṃ
nānyasya | api cānyadā yogavāhi dravyaṃ trivṛtādima-
anaphalena yuktaṃ sadvirecanaṃ vamaṇaṃ cobhayakā-
5 ryaṃ kurvaddr̥ṣṭam, na kevalaṃ vamaṇameva virecana-
meva vā | tasmānmadhvādereva yogavāhitvamiti sthitam-
etat | tattulyeti madhusamā guṇairmadhuśarkarā | § 1029

1.5.147 Sarvāṅgasundarā

madhuguṇānāha-cakṣuṣyamiti | yatsaṃhatān kaphādīn
viśleṣayati tat-chedi | śodhanaṃ-duṣṭapūyādinirharaṇam |
sandhānaṃ-vicchināsthyādīsaṃśleṣakam | ropaṇaṃ-kṣīṇamāṃsādivardhanaṃ
nanu, iha vātalaṃ suśrutavākye tridoṣaśamanamiti viro-
5 dhaḥ | maivam | viśayabhedāt | yatra śuddho vāyuḥ śu-
ddhaṃ madhu, tatra vātalatvam | yatra vātaghātibhirm-
iśraṃ madhu pittādyairvyāmiśro vāyuḥ, tatra vātagh-
atvam | ubhayoryogavāhitvāt | suśrutena hi pittaśleṣa-
ghnatvaṃ paṭhitvā tridoṣaśamanatvaṃ paṭhatā pittaśle-
10 ṣmāṇau śuddhau vātamiśrau vā, vāyu tu miśrameva ma-
dhu hantīti dyotitam | yacca carakeṇa madhuno guru-
tvamuktaṃ suśrutena laghutvamuktaṃ, tatra gurutvaṃ
guṇena, laghutvaṃ pākenetyavirodhaḥ | carako hi gu-
rulaghugūṇāvevecchati | suśrutastu pākāvapi | tatra ya-
15 ccireṇa pacyate tadguruguṇam, yacchīghraṃ tallaghug-
uṇam, yatpakvaṃ viṇmūtre sṛjati śleṣmāṇaṃ karoti ta-
dgurupākam, yadvīṇmūtre gr̥hṇāti vāyuṃ karoti talla-
ghupākam | madhuśarkarāguṇānāha-tattulyeti | tattulyā-
madhusadṛśaguṇā | vahnipākātkālapākādvā śarkarārūpa-
20 tāṃ gataṃ madhu-madhuśarkarā | § 1030

1.5.148 Aṣṭāṅgahr̥dayasaṃhitā

uṣṇamuṣṇārtumuṣṇe ca yuktaṃ coṣṇairnihanti
tat | | 53 | | § 1031

1.5.149 Sarvāṅgasundarā

tat-madhu, uṣṇamupayuktaṃ sannihanti-mārayati | tathā,
uṣṇārtam-prataptaṃ puruṣam nihanti | uṣṇe ca kāle deśe
copayuktaṃ tathā, uṣṇairāhārādibhiḥca yuktaṃ sanniha-
nti | § 1032

1.5.150 Āyurvedarasāyana

uṣṇena madhuno virodhamāha-uṣṇamuṣṇārtamiti | uṣṇam
madhu-agnyāditāpitam | uṣṇārtam-uṣṇairātapādibhiḥ pī-
ḍitaṃ naram | uṣṇe-uṣṇadeśe kāle vā prayuktaṃ ma-
dhu | uṣṇaiḥ-uṣṇasparśairdravyaiḥ sahopayuktaṃ ma-
dhu | § 1033

5

1.5.151 Aṣṭāṅgahr̥dayasamhitā

pracchardane nirūhe ca madhūṣṇam na nivāryate | | 54 | |
alabdhapākamāśveva
tayoryasmānnivartate | | 54 | |
itīkṣuvargaḥ | | 3 | | § 1036

1.5.152 Sarvāṅgasundarā

tacca madhu pracchardane-vamane, tathā nirūhe ca uṣṇam
na nivāryate-na niśidhyate | yasmātkāraṇāt, tayoh-vaminirūhayoh,
alabdhapākam-apakvamevāśu nivartate-punarāgacchati |
itīkṣuvargaḥ | § 1037

1.5.153 Āyurvedarasāyana

uṣṇavirodhasyāpavādamāha-pracchardana iti | alabdha-
pākamapi cirakālasthitaṃ viruddhopakramairajīrṇādivi-
kāirmadhu hantītyāścevoktam | saṅgrahe tu (sū.a.6)-
"viṣānvayatvena viṣapuṣpebhyo+api yato madhu | kurv-
ate se svayaṃ yacca saviṣā bhramarādayaḥ | | gururūkṣ- 5
akaṣāyatvācchaityāccālpam hitam madhu | na hi kaṣṭata-
mam kiñcittadajīrṇādyato naram | | upakramavirodhitvā-

tsadyo hanyādyathā viṣam | nānādravyātmakatvācca yo-
 gavāhi paraṃ madhu | | vṛṣyayogairato yuktaṃ vṛṣyat-
 āmanuvartate | bhrāmaraṃ pauttikaṃ kṣaudraṃ mākṣi-
 kaṃ ca yathottaram | | [varam syādbhrāmaraṃ śuklaṃ,
 5 ghr̥tavaraṇaṃ tu pauttikaṃ | kṣaudraṃ tu kapilaṃ pro-
 ktaṃ tailābhaṃ mākṣikaṃ smṛtaṃ | | viśeṣādgurvabhiṣy-
 andi bhrāmaraṃ svādutarpaṇaṃ | kṣaudraṃsatiktamadhu-
 uraṃ laghu rūkṣaṃ viśodhanaṃ | | pauttikaṃ br̥mhaṇaṃ
 rūkṣaṃ kaphavaraṇahitaṃ laghu | maṇḍaḥ purāṇo madhu-
 10 rastīkṣṇo rūkṣo laghustanuḥ | |] varam jīraṇaṃ ca teṣvantye
 dve eva viniyojayet | " iti | itīkṣuvargaḥ | § 1038

1.5.154 Aṣṭāṅgahr̥dayasaṃhitā

atha tailavargaḥ | | 55 | |
 tailaṃ svayonivattatra mukhyaṃ tīkṣṇaṃ
 vyavāyi ca | | 55 | |
 tvagdoṣakṛdacaṣuṣyaṃ sūkṣmoṣṇaṃ
 kaphakṛna ca | | 55 | |
 kṛśānāṃ br̥mhaṇāyālaṃ sthūlānāṃ karśanāya
 ca | | 56 | |
 5 baddhaviṭkaṃ kṛmighnaṃ ca
 saṃskārātsarvarogajit | | 56 | | § 1043

1.5.155 Sarvāṅgasundarā

sarvaṃ tailaṃ svakāraṇasamaguṇaṃ bhavati | yato yad-
 abhinirvṛttaṃ tatsvarūpameva tadityarthaḥ | tatra-tailaṣu
 madhye, mukhyaṃ-tilodbhavaṃ, yattailaṃ tattīkṣṇaṃ-
 mandaviparītaṃ | tathā, vyavāyi-vyāptiśīlam, yaddehaṃ
 5 vyāpya pākaṃ yāti | tathā, tvagdoṣakṛt-pānābhyāsenā tv-
 acaṃ dūṣayati | acakṣuṣyaṃ-cakṣuṣe hitaṃ na bhavati |
 sūkṣmaṃ-sūkṣmasrotogāmi | uṣṇaṃ-uṣṇavīryam | svayo-
 nivadityatideśātkaphakṛttvaṃ prāptamityāha-kaphakṛna
 ca,-kaphaṃ na karoti | saṅgrahe+apyuktaṃ (sū.a.7)-"medhyastilaḥ
 10 sparśasīto, medhyaṃ tailaṃ, khalo hima | tasyaiva śleṣma-
 kartṛtvaṃ, na tailasya khalasya vā | | " iti | pānakastvāyurvedāvatāre+adhijage-

"vipāke kaṭukaṃ tailaṃ vātaghnaṃ kaphapittakṛt |" iti |
nanu ca, tailamiti kathamasya mukhyaṃ nāma ? yato yathā
tilasya vikāraḥ snehastailamityucyate, tathairāṇḍādīnām-
api yo vikāraḥ snehaḥ so+api tailamityucyate | munarapy- 5
āha (ca.vi.a. 8 | 21)- "atailamapi tailameva kṛtvopadekṣyate,
tailaprādhānyāt |" snehaprādhānyāditi yāvat | sāmānādh-
ikaraṇyaprayogo+ata evopapannaḥ | yathā-kausumbhaṃ
tailamairāṇḍaṃ tailamiti | atrocyate | tilasyedaṃ vastu ta-
ilamityanvarthatā tilodbhavasyaiva tailasya sambhavati,
na kausumbhādīnām | api ca, kausumbhaṃ tailamity- 10
ādau tailaśabdaḥ kāṇḍādivyavacchedaparaḥ sambhāvya-
te | yathā-kausumbhaṃ tailaṃ, na patraṃ kāṇḍaṃ veti |
idaṃ tailaṃ tailamityatra tu sāmānādhikaraṇyena yadi ta-
ilaśabdo nirdiśyate tataḥ pūrvasmāttailaśabdātsnehābhi-
dhāyino+adhikamarthāntaraṃ na vakti | nanu, atrāpi ta- 15
ilaśabdaḥ kasmātkāṇḍādivyavacchedaparo na bhavati ?
iti cet brūmaḥ | rūḍhirūpatvāttailaśabdasya | snehaviṣaya
eva tailaśabdo rūḍhaḥ, na kāṇḍapatrādiviṣaye | tilasya hi
kāṇḍaṃ patraṃ vā na tailamityucyate, kiṃ tarhi ? tila-
patraṃ tilakāṇḍamiti | ata eva tailaśabdoccāraṇasya sa- 20
manantaraṃ snehaviṣayaiva dhīrjāyate, na patrakāṇḍā-
diviṣayā | tasmādasyaivaitanmukhyaṃ nāmeti yuktamu-
ktam | saṃskārānuvartitvena sarvarogajittvāccāsyā mu-
khyatvam | tathā cuktam-"saṃskārātsarvarogajit" iti | kus-
umbhādīnām tilaśabdasya ca snehanārthavācye vikāre sn- 25
ehe tailacpratyaye sati kusumbhatailamerāṇḍatailaṃ tila-
tailamiti rūpaṃ bhavati | kṛśānām puṃsām br̥mhaṇāya-
br̥hattvāya, alaṃ-paryāptam | sthūlānām ca karśanāyā-
lam | nanu, kathamekasmādvastuno viruddhaṃ kāryadv-
ayaṃ karśanatvabr̥mhaṇatvarūpaṃ syāditi ? brūma | kṛś- 30
ānām tātvalsrotāṃsi saṅkocamāyānti | saṅkucitasrotasām
ca narāṇām tailamantareṇānyāni dravyāni br̥mhaṇaḡaṇa-
yuktānyapi na tathā praveṣṭuṃ samarthāni bhavanti | ta-
ilaṃ punaḥ saṅkucitāni srotāṃsi tīkṣṇādibhirḡaṇairjhaṭi- 35
tyeva praviśya śodhayati | srotāḥsuddhyā ca śārīrapuṣṭih |
tathā ca vakṣyati (hr̥. ci. a. 8 | 43)- " srotāḥsu takraśuddh-
eṣu raso dhātūnupaiti yaḥ | tena tuṣṭirbalaṃ varṇaḥ paraṃ
puṣṭiśca jāyate | |" iti | tasmātkṛśānām br̥mhaṇāyālamityu-

papannam | tathā, sthūlānām sūkṣmasrotogāmitvātsarva-
 srotasū tailam praviśya tīkṣṇoṣṇādiguṇayogānmedaḥ kṣ-
 apayati | tatksapaṇācca karśanam sampadyate, iti sthūl-
 ānām karśanāya cetyapyupapannam | snehādiguṇayogā-
 5 ttailasya bṛmhaṇatvakarśanatve siddhe sati 'kr̥śānām bṛ-
 mhaṇāyālam sthūlānām karśanāya ca | ' ityuktaṁ jñāpanā-
 rtham | yaditthambhūtam tīkṣṇādiguṇayuktamanyadapi,
 tat kr̥śānām bṛmhaṇāyālam sthūlānām karśanāya ceti | ba-
 ddhetyādi | baddhā viṭ yena tadbaddhaviṭkam | kapsam-
 10 āsāntaḥ | grathitapurīṣamityarthaḥ | tathā, kṛmighnam |
 saṁskārādityādi | viśiṣṭadravyakṛtaṁ saṁskāramāśrityā-
 śeṣarogajit | § 1044

1.5.156 Āyurvedarasāyana

atha tailavargaḥ | tatra tailasāmānyaguṇānāhatailamiti |
 svayonivat-svakāraṇavat | yathā-tilatailam tilaguṇam, sa-
 rṣapatailam sarṣapaguṇamiti | tatra yāni tailāni svayone-
 rviśiṣṭāni teṣām guṇāḥ | tatra tilatailaguṇānāha-tatra mu-
 5 khyamiti | mukhyaṁ-tilatailam | mukhyamiti vadatā tai-
 laśabdaprayoge tilatailam grāhyamiti dyotayati, 'gauṇa-
 mukhyayormukhye kāryasampratyayaḥ' iti nyāyāt | yad-
 ādau deham vyāpnoti paścājjīryati tat-vyavāyi | uṣṇam-
 uṣṇasparśam | uṣṇavīryatvam ca svayonivadityanena la-
 10 bdham | alam-samartham | nanu, ekasya bṛmhaṇasama-
 rthatvakarśanasamarthatve anupapanne | maivam | kr̥śā-
 sya hi srotāmsi saṅkucitatvātsamyagrasam na vahanti, sthū-
 lāsya tu pūrṇatvāt | tailam tu sūkṣmavyavāyitīkṣṇoṣṇ-
 atvāt srotāmsi śodhayati | śuddheṣu srotasū rasaḥ sa-
 15 myagvahan kr̥śasya dhātupuṣṭim vidhatte, sthūlāsya dh-
 ātusāmyam | baddhaviṭkam-baddhapurīṣam | dravyānt-
 arasamyogajanitam guṇāntaram-saṁskārah | nanu, atra
 "tvagdoṣakṛdacaḥṣyaṁ kaphakṛnnaca" iti | suśrute tu
 (sū.a.45 | 112)-"tvakprasādanam...caḥṣyaṁ...anilabalāsakṣayakarām | "
 20 iti virodhaḥ | maivam | tvagdoṣakarativamacāḥṣyatvam
 cābhyavahāre | tvakprasādanatvam caḥṣyatvam cābhy-
 aṅge | uktaṁ hi (hr̥. sū. a. 2 | 8)-"dr̥ṣṭiprasādapuṣṭyāyuhsvapnasutvaktvadādhary-
 iti | anilabalāsakṣayakarativam saṁsargaviṣayam | uktaṁ

hi saṅgrahe (sū.a.13) agryeṣu samudāyanirdhāryeṣu-"tailaṃ
vātaśleṣmapraśamanānām" iti | § 1045

1.5.157 Āyurvedarasāyana

eraṇḍatailaguṇānāha-satiktoṣaṇamiti | satiktoṣaṇaṃ-īṣattiktamīṣatkaṭuka
ca | Eraṇḍaṃ-eraṇḍaphalodbhavam | saraṃ-virecanam |
vardhma-mupkavṛddhiḥ | rukśophau-śūlaśvayathū | tau
ca kaṭyādīgatau | raktairāṇḍatelaḡuṇānāha-tikṣṇoṣṇamiti |
atigrahaṇācchuklairaṇḍodbhavamapi tīkṣṇādiguṇam | § 1046 5

1.5.158 Aṣṭāṅgahr̥dayasaṃhitā

sattiktoṣaṇamairaṇḍaṃ tailaṃ svādu saraṃ guru | | 57 | |
vardhmagulmānilakaphānudaraṃ
viṣamajvaram | | 57 | |
rukśophau ca kaṭīguhyakoṣṭhapṛṣṭhāśrayau
jayet | | 58 | |
tikṣṇoṣṇaṃ picchilaṃ visraṃ,
raktairāṇḍodbhavaṃ tvati | | 58 | | § 1050

1.5.159 Sarvāṅgasundarā

eraṇḍatailamīṣattiktakaṭukaṃ bhavati | tathā, svādu-madhuram |
tathā, saraṃ guru ca | vardhmetyādi | vardhmādīn jayet |
kaṭīguhyakoṣṭhapṛṣṭhasthitau rukśophau jayet | tacca tī-
kṣṇoṣṇaṃ picchilaṃ visraṃ ca bhavati | lohitaeraṇḍatai-
laṃ tvatiśayena tīkṣṇādiguṇayuktam | § 1051 5

1.5.160 Aṣṭāṅgahr̥dayasaṃhitā

kaṭūṣṇaṃ sārṣapaṃ tīkṣṇaṃ
kaphaśukrānilāpaham | | 59 | |
laghu pittāsrakṛt
koṭhakuṣṭhārśovraṇajantujit | | 59 | | § 1053

1.5.161 Sarvāṅgasundarā

sarṣapāṇāmidam̐ sārṣapaṃ tailaṃ kaṭuṣṇam̐ ca bhavati |
tathā, tikṣṇam̐ kaphaśukrānilāpahaṃ ca | apapūrvāddha-
nteranyeṣvapi dr̥śyata iti ḍaḥ | tathā ca, laghu pittaśraṃ ca
karoti | tathā, koṭhādīn jayati | § 1054

1.5.162 Sarvāṅgasundarā

sarṣapatailaguṇānāha-kaṭuṣṇamiti | pittaśrakṛtraktapitta-
kopanam | koṭhaḥ-kṣudrarogaviśeṣaḥ | jantavo-bāhyābhyantarāḥ
kṛmayāḥ | § 1055

1.5.163 Aṣṭāṅgahr̥dayasaṃhitā

ākṣam̐ svādu himaṃ keśyam̐ guru
pittānilāpahaṃ | | 60 | | § 1056

1.5.164 Sarvāṅgasundarā

akṣāṇām̐-bibhītakānāmīdamākṣam̐ tailaṃ madhurādigu-
ṇayuktaṃ pittaṇilahṛcca | § 1057

1.5.165 Āyurvedarasāyana

bibhītakatailaguṇānāha-ākṣamiti | keśyam̐keśahitam | § 1058

1.5.166 Aṣṭāṅgahr̥dayasaṃhitā

nātyuṣṇam̐ nimbajam̐ tiktam̐
kṛmikuṣṭhakaphapraṇut | | 60 | | § 1059

1.5.167 Sarvāṅgasundarā

nimbodbhavam̐ tailamatisāyenoṣṇam̐ na bhavati | tathā,
tiktaṃ | tathā, kṛmikuṣṭhakaphanāśanamatisāyena | § 1060

1.5.168 Āyurvedarasāyana

nimbatailagūṇānāha-nātyuṣṇamiti | nātyuṣṇamīṣaduṣṇam |
§ 1061

1.5.169 Aṣṭāṅgahr̥dayasam̐hitā

umākusumbhajaṃ coṣṇaṃ
tvagdoṣakaphapittakṛt | | 61 | | § 1062

1.5.170 Sarvāṅgasundarā

atasījaṃ kusumbhajaṃ ca tailamuṣṇavīryaṃ bhavati | ta-
thā tvagdoṣakaphapittāni karoti | § 1063

1.5.171 Āyurvedarasāyana

atasītailakusumbhatailagūṇānāha-umākusumbhajaṃiti | ya-
ttūktaṃ suśrutena (sū. a. 45/119)-"vipāke kaṭu sakṣā-
raṃ kausumbhaṃ sarvadoṣakṛt|" iti, tanmilitasarvado-
ṣaviṣayam | pṛthagbhūtaṃ tu vāyumaṃ hantyeva | yadāha
khāraṇādiḥ- "kausumbhaṃ kaṭu sakṣāraṃ vātaghnaṃ ka- 5
phapittalam |" iti | § 1064

1.5.172 Aṣṭāṅgahr̥dayasam̐hitā

vasā majjā ca vātaghnau balapittakaphapradau | | 61 | |
māṃsānugasvarūpau ca, vidyānmedo+api
tāviva | | 62 | |
iti tailavargaḥ | | 4 | | § 1067

1.5.173 Sarvāṅgasundarā

vasā-tanurūpeṇa śuddhamāṃsasya snehaḥ | majjā-dhātuḥ |
tau vātanāśanau | tathā, māṃsānugasvarūpau-yasya pr-
āṇinaḥ sambadhi māṃsaṃ tatsadr̥śarūpau | medo+api
tāviva-vasāmajjñoḥ sadr̥śasvarūpaṃ vidyāt | sam̐kṣepat-

ayā cāyaṃ tailavarga ihoktaḥ | tathā ca saṅgrahe+adhikamapyuktam
 (sū.a.6)-"dantīmūlakarakṣoghnakarañjāriṣṭaśigrujam | su-
 varcaleṅgudīpīluśaṅkhinīnīpasambhavam | | saralāguru-
 devāhvāśiṃśapāsārajanma ca | tuvarāruṣkarottham ca tī-
 5 kṣṇam kaṭvasrapittakṛt | | arśaḥkuṣṭhakṛmiśleṣmaśukra-
 medo+anilāpaham | karañjanimbaje tikte nātyuṣṇe tatra
 nirdiśet | | kaṣāyatiktakaṭukam sāralam vṛṇaśodhanam |
 bhr̥śoṣṇatikṣṇakaṭuke tuvarāruṣkarodbhave | | viśeṣātk-
 ṛmikuṣṭhaghne tathordhvādhovirecane | akṣātimuktakā-
 10 kṣoḍanālikeramadhūkajam | | trapusairvārukūṣmāṇḍaśl-
 eṣmātakapriyālam | vātapittaharam vṛṣyaṃ śleṣmalam
 guru śītalam | | pittaśleṣmapraśamanam śrīparṇīkimśuko-
 dbhavam | tilatailam varam teṣu kausumbhamavaram pa-
 ram | | vasā majjā ca vātaghnau balapittakaphapradau |
 15 māṃsānugasvarūpau ca vidyānmedo+api tāviva | | taul-
 ūkī śaukarī pākahaṃsajā kukkuṭodbhavā | vasā śreṣṭhā sv-
 avargeṣu kumbhīramahiṣodbhavā | | kākamadguvasā ta-
 dvatkāraṇḍoṭthā ca ninditā | śākhādamedasām chāgam
 hāstinam ca varāvaram | | " iti | iti tailavargaḥ | § 1068

1.5.174 Sarvāṅgasundarā

vasāmajjaguṇānāha-vasā majjā ceti | vasāmāṃsasnehaḥ |
 majjā-ṣaṣṭho dhātuḥ | māṃsānugasvarūpau-yasya prā-
 ṇino yau vasāmajjānau, tasya māṃsena tau sadṛśag-
 uṇau | medogūṇānāha-vidyāditi | medaḥ-caturtho dh-
 5 ātuḥ | tāviva-vasāmajjavadvātaghnādiguṇam | tailavarge
 snehatvasāmyādvāsādīnāmuktiḥ | saṅgrahe tu (sū.a.6)-
 "tailaprayogādajarā nirvikārā jitaśramāḥ | āsannatibalā yu-
 ddhe daityādhipatayaḥ purā | | dantīmūlakarakṣoghnak-
 arañjāriṣṭaśigrujam | suvarcaleṅgu dīpīluśaṅkhinīnīpa-
 10 mbhavam | | saralāgurudevāhvāśiṃśipāsārajanma ca | tu-
 varāruṣkarottham ca tīkṣṇam kaṭvasrapittakṛt | | arśaḥ-
 kuṣṭhakṛmiśleṣmaśukramedo+anilāpaham | karañjanimb-
 aje tikte nātyuṣṇe tatra nirdiśet | | kaṣāyatiktakaṭukam sā-
 ralam vṛṇaśodhanam | bhr̥śoṣṇatikṣṇakaṭuke tuvarāru-
 15 ṣkarodbhave | | viśeṣātkṛmikuṣṭhaghne tathordhvādhov-
 irecane | akṣātimuktakākṣoḍanālikeramadhūkajam | | tr-

apusairvārukuṣmāṇḍaśleṣmātakapiyālam | vātapittaha-
 raṃ keṣyaṃ śleṣmalaṃ guru śītaṃ | | pittaśleṣmapraśa-
 manaṃ śrīparṇīkiṃśukodbhavam | tilatailaṃ varam teṣu
 kausumbhamavaram param | | caulūkī saukarī pākahaṃs- 5
 ajā kukkuṭodbhavā | vasā śreṣṭhā svavargeṣu kumbhīra-
 mahiṣodbhavā | | kākamadguvasā tadvat kāraṇḍoṭthā ca
 ninditā | śākhādamedasāṃ chāgaṃ hāstinaṃ ca varāva-
 ram | | " iti | iti tailavargaḥ | § 1069

1.5.175 Āyurvedarasāyana

atha madyavargaḥ | drākṣādisandhānaṃ madyamucy-
 ate | uktaṃ hi saṅgrahe (sū.a.6)-"drākṣekṣumakṣikaṃ śāli-
 ruttamā vrīhipañcamāḥ | madyākarā yadebhyo+anyattanmadyapratirūpa
 iti | tatra sāmānyamadyaguṇānāha-dīpanaṃ rocanamiti |
 tuṣṭiḥ-santoṣaḥ | puṣṭiḥ-balavṛddhiḥ, śarīravṛddheḥ kṛ- 5
 śahitatvena labdhatvāt | saśabdastrīhiḥ sambadhyate |
 pratibhā-prajñā | nanu, ekameva nidrāṃ karoti hanti
 ceti viruddham | maivam | pravṛddhavāto hi niṣṭani-
 dro bhavati, tasyāmavasthāyāṃ vātaghnatvānnidrāṃ ka-
 roti | pravṛddhaśleṣmā cātinidraḥ, tasyāmavasthāyāṃ śl- 10
 eṣmaghnatvānnidrāṃ hanti | kṛśasthūlahitaṃ tailoktany-
 āyena | yuktyā pītamevaṃvidham | vakṣyati hi (hr. ni.
 a. 6/41)-"balakāladeśasātmyaprakṛtisahāyāmayavayāmsi |
 pravibhajya tadanurūpaṃ yadi pibati tataḥ pibatyamṛ-
 tam | | " iti | § 1070 15

1.5.176 Aṣṭāṅgahrdayasaṃhitā

atha madyavargaḥ | | 62 | |
 dīpanaṃ rocanaṃ madyaṃ tikṣṇoṣṇaṃ
 tuṣṭipuṣṭidaṃ | | 62 | |
 sasvādutiktakaṭukamamlapākaraṣaṃ
 saram | | 63 | |
 sakaṣāyaṃ
 svarāogyapratibhāvarṇakṛllaghu | | 63 | |

naṣṭanidrā+atinidrebhyo hitaṃ
pittāsrādūṣaṇam | | 64 | |
kṛśasthūlahitaṃ rūkṣaṃ sūkṣmaṃ
srotoviśodhanam | | 64 | |
vātaśleşmaharam yuktyā pītaṃ
viṣavadanyathā | | 65 | | § 1077

1.5.177 Sarvāṅgasundarā

sarvaṃ madyaṃ dīpanādiguṇayuktam | tuṣṭiḥ-cittaparitoṣaḥ,
puṣṭiḥ-śarīrapoṣaḥ, te dadāti-janayati, yattattuṣṭipuṣṭi-
dam | āto+anupasarge kaḥ | tathā iṣanmadhuratiktakaṭu-
kam | tathā, amlau pākarasau yasya tadevam | tathā, sa-
5 ram | tathā sakaṣāyam | tathā, svaraścārogyaṃ ca prati-
bhā ca varṇaśca tān karoti | nanu, sarvāṅgyeva dravyāṅy-
ārogyārthamupadiśyante | tasmādārogyakṛtvam sarveṣā-
meva dravyāṅam prāptam | kimiti madyasyaivārogyakṛ-
ttvamucyate ? yuktamāha bhavān | kintvatiśayakhyāpan-
10 ārthametat | madyamatisayenārogyakṛdityarthaḥ | tathā,
laghu | tathā, naṣṭanidrebhyo narebhyo+atinidrebhyaśca
hitam | sarvameva madyaṃ prabhāvāditi kecit | anye tv-
evaṃ manyante, yathā-surādi yanmadyaṃ śleşmādiva-
rdhanam, tannaṣṭanidrebhyo hitam | yacca mādhavādi
15 madyaṃ śleşmādihanṭṛ, taccātinidrebhyo hitamiti | ta-
thā, pittāsrādūṣaṇam | tathā, kṛśebhyaḥ sthūlebhyaśca hi-
tam, iti sāmānye+api nirdeśe+atrāyaṃ viśeṣo bodhyaḥ,
kiñcinmadyaṃ kṛśāya hitaṃ kiñcitsthūlāyeti | athavā, ta-
iloktanyāyena kṛśasthūlahitatvaṃ bodhyam | tathā, rū-
20 kṣaṃ | tathā, sūkṣmaṃ-srotogāmi | tathā, sroto viśodhay-
ati | tathā, vāta śleşmaharam | yuktyā pītaṃ sadevaṃgu-
ṇam madyaṃ bhavati | yuktistu-madātyayanidāne cikits-
ite ca vakṣyamāṇā | anyathā-ayuktyā pītaṃ sat, viṣatulyaṃ
bhavati | § 1078

1.5.178 Aṣṭāṅgahr̥dayasaṃhitā

guru taddoṣajananam navam,
jīrṇamato+anyathā | | 65 | | § 1079

1.5.179 Sarvāṅgasundarā

navam-kiñcitkālātikrāntam, tat-madyam, guru tridoṣaka-
ram ca bhavati | navam-anatītasamvatsaramityeke | jīrṇam-
purāṇam bahukālātikrāntam | ataḥ-navāt, anyathā-laghu
doṣaharam cetyarthaḥ | § 1080

1.5.180 Āyurvedarasāyana

navamadyaguṇānāha-guru taditi | tat-madyam | navam-
tatkālaniṣpannam | gurutvadoṣajananatvābhyāṃ laghu-
tvavātaśleṣmaharatve bādhyete | purāṇamadyaguṇānāha-
jīrṇamiti | jīrṇam-cirakālaniṣpannam | ato+anyathā-navādviparītam,
laghuvātakaphaharam cetyarthaḥ | uktaṃ ca suśrutena 5
(sū.a. 45/194)-" sphuṭasrotaḥkaram jīrṇam laghu vātaka-
phāpaham | " iti § 1081

1.5.181 Aṣṭāṅgahrdayasamhitā

peyaṃ noṣṇopacāreṇa na viriktakṣudhāturaiḥ | | 66 | |
nātyarthatīkṣṇamṛdvalpasambhāram kaluṣam
na ca | | 66 | | § 1083

1.5.182 Āyurvedarasāyana

madyapānam niyacchati-peyaṃ noṣṇopacāreṇeti | uṣṇopacāreṇa-
uṣṇamāhāram sūryasantāpādikaṃ vā sevamānena | viriktaiḥ-
kṛtavirecanaiḥ | kṣudhāturaiḥ-atikṣudhitaiḥ | atyarthaṃ
tīkṣṇam-atitīvramadam | atyarthaṃ mṛdu-madānutpādakam |
alpasambhāram-asampūrṇakāraṇasāmagrikam | kaluṣam- 5
malinam | § 1084

1.5.183 Sarvāṅgasundarā

tacca madyamuṣṇopacāreṇa na peyam | uṣṇo-vihārāhārādika
upacāro yasya sa evam, tena | na viriktetyādi | kṛtavireca-
nena na peyam, doṣāsāmyāditi bhāvaḥ | tathā, kṣudhārt-
ena na peyam | tathā, atitīkṣṇamatimṛdu ca madyam na

peyam | alpasambhāramiti | yadyāvatā sambhāreṇa loka-
prasiddhena sandhīyate surādi, tatra tadapekṣayā cālpas-
ambhāraṃ na peyam | tathā, kaluṣaṃ-asvacchaṃ pāṃsu-
śarkarādibhiryuktaṃ, ca na peyam | § 1085

1.5.184 Aṣṭāṅgahr̥dayasaṃhitā

gulmodarārśograhaṇīśoṣahr̥t snehanī guruḥ | | 67 | |
surā+anilaghni
medo+asṛkstanyamūtrakaphāvahā | | 67 | | § 1087

1.5.185 Sarvāṅgasundarā

-surā gulmādihr̥dbhavati | tathā, snehayatīti snehanī | ta-
thā, gururvātanāsinī ca | tathā, medaścāsṛk ca stanyaṃ ca
mūtraṃ ca kaphaśca tānāvahati | § 1088

1.5.186 Āyurvedarasāyana

surāguṇānāha-gulmeti | śālipiṣṭakṛtaṃ madyaṃsurā | snehanī-
dehasnigdhatvakṛt | medaḥprabhṛtīnāvahati-karotīti ta-
thā | § 1089

1.5.187 Aṣṭāṅgahr̥dayasaṃhitā

tadguṇā vāruṇī hr̥dyā laghustīkṣṇā nihanti ca | | 68 | |
śūlakāsavamiśvāsavibandhādhmānapīnasān | | 68 | | § 1091

1.5.188 Sarvāṅgasundarā

evaṃ vāruṇī-prasannā | ta eva suroktā guṇā yasyāḥ sā
tadguṇā, surāsamaguṇetyarthaḥ | tathā, hr̥dayāya hitā-
hr̥dyā | tathā, laghustīkṣṇā ca | śūlādīnnihanti ca | vibandhaḥ-
srotasāmupalepena doṣādīnāmavahanam | jagalamedak-
5 abakkasānāṃ sutarāmanupayogitvādgūṇā nehoktāḥ | sa-
ngrahe (sū.a.6) tūktā eva | yathā-"jagalaḥ pācano grāhī rū-

kṣastadvacca medakaḥ | bakkaso hr̥tasāratvādvīṣṭambhī
doṣakopanaḥ | |" iti | vāruṇyā adhobhāgo ghano-jagalaḥ |
jagalasyādhobhāgo-medakaḥ | pānīyena madyakalkapīḍa(ne)notpanno-
bakkasaḥ | § 1092

1.5.189 Āyurvedarasāyana

vāruṇīguṇānāha-tadguṇeti | vāruṇī-śvetasurā | sā ca śve-
tapunarnavādimūlayuktena śālīpiṣṭena kriyate | tadguṇā-
surātulyā | vibandhaḥ-vātarodhaḥ | ādhmānaṃ-udarāpūraḥ |
vāruṇī-acchasureti kecit | tanna | tasyāḥ kaphaghnavāt |
uktaṃ hi suśrutena (sū.a.45/178)-"prasannā kaphavātārś- 5
ovibandhānāhanāśinī" iti | § 1093

1.5.190 Aṣṭāṅghṛdayasaṃhitā

nātitīvramadā laghvī pathyā baibhītakī surā | | 69 | |
vraṇe pāṇḍvāmāye kuṣṭhe na cātyarthaṃ
virudhyate | | 69 | |
viṣṭambhinī yavasurā gurvī rūkṣā
tridoṣalā | | 70 | | § 1096

1.5.191 Sarvāṅgasundarā

baibhītakānāmiyaṃ baibhītakī | nātitīvro mado yasyāḥ sai-
vam | tīvramadaṃ na janayatītyarthaḥ | tathā, laghvī | ta-
thā, pathyā | tathā, vraṇādiṣu cātyarthamanyamadyava-
nna virudhyate | § 1097

1.5.192 Āyurvedarasāyana

baibhītakīguṇānāha-nātitīvramadeti | baibhītakavalkalayuktaśālīpiṣṭakṛtā
baibhītakī surā | nātitīvramadā-madhyamamadā | pathyā-
svasthahitā | yavasurāguṇānāha-viṣṭambhinī | yavapiṣṭ-
akṛtaṃ madyaṃ-yavasurā | § 1098

1.5.193 Aṣṭāṅgahr̥dayasaṃhitā

yathādravyaguṇo+ariṣṭaḥ

sarvamadyaguṇādhikaḥ | |70| |

grahaṇīpāṇḍukuṣṭhārśaḥśophaśoṣodarajvarān | |71| |

hanti gulmakṛmīplīhnaḥ

kaṣāyakaṭuvātalaḥ | |71| | § 1101

1.5.194 Sarvāṅgasundarā

ariṣṭo yo yairdravyaiḥ siddhaḥ, sa tadguṇānanugacchati | sarvaiśca dīpanatvādibhirmadyaguṇairadhikaḥ | tantrāntare cōktaṃ-"madyākarādhikadravyaṃ madirādyātmakam tvataḥ | yathādravyaguṇo+ariṣṭaḥ sarvamadyaguṇādhikaḥ | |" iti | grahaṇyādikāṃśca rogān hanti | tathā, kaṣāyakaṭuścāsau vātalaśca sa evam | lakṣaṇaṃ cāsya prāguktam (a. 3 | 22) | § 1102

1.5.195 Āyurvedarasāyana

ariṣṭaguṇānāha-yathādravyaguṇa iti | auśadhayuktairmadyākaraiḥ kṛtaṃ madyaṃ-āsavaḥ | sa eva kvathitauśadhaiḥ-ariṣṭaḥ | yathādravyaguṇaḥ-svaauśadhānurūpaguṇaḥ | auśadhagarbhatvāt sarveṣu madyeṣvadhikaguṇaḥ | śoṣorājayakṣmā | kaṣāyakaṭuścāsau vātalaśca, kaṣāyakaṭuḥ san vātala ityārthaḥ | amlādirasastu vātagnaḥ | yathoktaṃ suśrutena (sū.a.45/194)-"ariṣṭo dravyasaṃyogasamskārādadhiko guṇaiḥ | dīpanaḥ kaphavātaghnaḥ saraḥ pittāvirodhanāḥ | |" iti | § 1103

1.5.196 Āyurvedarasāyana

mārdvīkaguṇānāha-mārdvīkamiti | mārdvīkaṃdrākṣākṛtaṃ madyam | lekhaṇaṃ-līnamalotkhananam | alpapittānilakaraṃ-anyamadyāpekṣayā | § 1104

1.5.197 Aṣṭāṅgahr̥dayasaṃhitā

mārdvīkaṃ lekhanam hr̥dyam nātyuṣṇam madhuram
saram | |72| |
alpapittānilam
pāṇḍumehārśaḥkr̥mināśanam | |72| | § 1106

1.5.198 Sarvāṅgasundarā

mārdvīkaṃ-drākṣārasodbhavam, lekhanatvādiyuktam | ta-
thā, alpau pittānilau yasya tadevam | anyamadyāpekṣ-
ayā+alpatarau karotītyarthaḥ | tathā, pāṇḍvādināśanam |
"vilikhatyatitaikṣṇyādyaddhātūṃstallekhanam matam |"
§ 1107

5

1.5.199 Aṣṭāṅgahr̥dayasaṃhitā

asmādalpāntaragaṇam khārjūram vātalam guru | |73| |
śārkaḥ surabhiḥ svāduhr̥dyo nātimado
laghuḥ | |73| | § 1109

1.5.200 Sarvāṅgasundarā

khārjūram madyamasmat-mārdvīkādalpāntaragaṇam | alpāntarāḥ-
kiñcidviśeṣā guṇā yasya tadevam | tathā, vātalam guru ca |
drākṣāsavaścānyatroktaḥ | yathā-"śuṣkadrākṣāmbusambhūto
viśado rocana himaḥ | drākṣāsavo madhusamo bṛmhaṇo
bhṛśadīpanaḥ | |' iti | śārkaḥ-śarkarāsambandhī madya- 5
viśeṣaḥ, surabhiḥ-sugandhirbhavati | tathā, svāduśca (ścā-
sau) hr̥dyasca svāduhr̥dyāḥ | tathā, nātimado laghuśca bh-
avati | § 1110

1.5.201 Aṣṭāṅgahr̥dayasaṃhitā

sr̥ṣṭamūtraśakṛdvāto gaḍastarpaṇadīpanaḥ | |74| | § 1111

1.5.202 Sarvāṅgasundarā

guḍasambandhī-gauḍaḥ, sṛṣṭamūtratvādibhirguṇairyuktaḥ |
tathā, tarpaṇāścāsau dīpanaśca tarpaṇadīpanaḥ | § 1112

1.5.203 Āyurvedarasāyana

gauḍaguṇānāha-sṛṣṭamūtreṭi | guḍakṛtaṃ madyaṃ-gauḍaḥ |
sṛṣṭāḥ-pravartitāḥ, mūtrādayo yena sa tathā | tarpaṇaḥ-
tr̥ptijanaṇaḥ | § 1113

1.5.204 Aṣṭāṅgahr̥dayasaṃhitā

vātapittakaraḥ sīdhuḥ snehaśleṣmavikārahā | | 74 | |
medaḥśophodarārśoghnastr̥ta pakvaraso
varaḥ | | 75 | | § 1115

1.5.205 Sarvāṅgasundarā

sīdhuḥ vātapittakaraḥ | tathā, snehavikārān śleṣmavikār-
āṃśca hanti | brahmabhrūṇavṛtreṣvityatra caturvidhasya
niyamasya prāyikatvāt kvip | sīdhuḥ-apakvekṣurasakṛtaḥ
pakvekṣurasakṛtaśca | tatra sīdhvormadhye, pakvaraso
5 medaḥśophodarārśāṃsi hanti, śreṣṭhaśca bhavati | med-
aḥśophodarārśoghna iti "amanuṣyakartṛke ca" iti ṭhak |
§ 1116

1.5.206 Āyurvedarasāyana

sīdhuguṇānāha-vātapittakara iti | ikṣurasakṛtaṃ madyaṃ-
sīdhuḥ | snehavikārān-snehavyāpadaḥ, śleṣmavikārāṃśca
hantīti tathā | sa ca sīdhurdvividhaḥ,- śītarasaḥ pakv-
arasaśca | apakvenekṣurasena kṛtaḥ-śītarasaḥ, pakvena-
5 pakvarasaḥ | tayormadhye pakvarasaḥ śreṣṭhaḥ | § 1117

1.5.207 Aṣṭāṅgahr̥dayasaṃhitā

chedī madhvāsavastīkṣṇo mehapīnasakāśajit | | 75 | | § 1118

1.5.208 Sarvāṅgasundarā

madhvāsavo-mākṣikeṇa sandhīyate mādhavākhyo mady-
aviśeṣaḥ, chedī tīkṣṇo mehādināsanaśca | aṣṭāṅgasaṅgr-
ahe tu (sū.a.6) surāsavādayo gaditāḥ | tathā cāpaṭhat-
"surāsavastīvramadaḥ svādustīkṣṇo+anilāpahaḥ | mair-
eyo madhuro vṛṣyaḥ saraḥ santarpaṇo guruḥ | |" ityādi | 5
tatra madhunaiva surāsandhānena yā kriyate, tām surām
surāsavamāhuḥ | maireyaḥ-kodravairjāyate | § 1119

1.5.209 Āyurvedarasāyana

madhvāsavaguṇānāha-chedīti | madhukṛtaṃ madyam-
adhvāsavaḥ | āsavaśabdo madyamātravacanaḥ | chedī-
samhatakaphādiviśleṣī | § 1120

1.5.210 Āyurvedarasāyana

madyavarge sandhānasāmānyāt śuktādīnyāha | tatra śuktaguṇānāha-
raktapittakaphotkledīti | śuktaṃ-kandādisandhānam | uktaṃ
hi (śārṅgadhare ma. a. 10/17)-"kandamūlaphalādīni sa-
snehalavaṇāni ca | yatraikatrābhiṣūyante tacchuktama-
bhidhīyate | | guḍastivakṣuraso madyaṃ mārdrvīkaṃ ca 5
dravaṃ yadā | guḍekṣumadyamārdrvīkaśuktāni syustadā
kramāt | |' iti | yattūktaṃ vṛndena-"yanmastvādi śucau
bhāṇḍe saguḍakṣaudrakāñjikam | dhānyarāśau trirātra-
sthaṃ śuktaṃ cukraṃ taducyate | |' iti | tacchuktaviśeṣ-
alakṣaṇam | raktādīn kledayati-atidravīkarotīti tattathā | 10
śīśirasparśam-sparśe śītam | dr̥k-darśanaśaktiḥ | § 1121

1.5.211 Aṣṭāṅgahr̥dayasamhitā

raktapittakaphotkledi śuktaṃ vātānulomanam | |76 | |
bhṛśoṣṇatīkṣṇarūkṣāmlaṃ hr̥dyaṃ rucikaraṃ
saram | |76 | |
dīpanaṃ śīśirasparśam
pāṇḍudṛkkṛmināśanam | |77 | | § 1124

1.5.212 Sarvāṅgasundarā

śuktaṃ raktapittakaphānutkledayati | tathā, vātamanulomayati-
mārgāntarebhyastamānīya svamārgapratipannaṃ karoti,
tadvātānulomanam | atīsayenoṣṇatīkṣṇarūkṣāmlam | ta-
5 thā, hr̥dyam | tathā, paraṃ-atīsayena rucikaram | tathā, dī-
panam | tathā, śīśiraḥ sparśo yasya tadevam | tathā, pā-
ṇḍvādighnam | § 1125

1.5.213 Aṣṭāṅgahr̥dayasaṃhitā

guḍekṣumadyamārdvīkaśuktaṃ laghu
yathottaram | |77| | § 1126

1.5.214 Sarvāṅgasundarā

guḍādibhivaṃ śukraṃ yathottaraṃ laghu-yadyaduttaraṃ
tattallaghu, guḍakṛtācchuktādikṣuśuktaṃ laghu, ikṣuś-
uktānmadyaśuktaṃ laghu, madyaśuktānmārdvīkaṃ śu-
ktaṃ laghu bhavati | § 1127

1.5.215 Āyurvedarasāyana

guḍaśuktādīnāṃ laghutve tārātamyamāha-guḍekṣviti | ya-
thottaraṃ laghu-guḍaśuktādikṣuśuktaṃ laghu, tato ma-
dyaśuktam, tato mārdvīkaśuktamiti | madyaṃ-mārdvīkādayat |
§ 1128

1.5.216 Aṣṭāṅgahr̥dayasaṃhitā

kandamūlaphalādyam ca
tadvadvidyāttadāsutam | |78| | § 1129

1.5.217 Sarvāṅgasundarā

kandādikaṃ ca tadāsutaṃ-guḍaśuktādyāsutaṃ, tadvadvidyāt-
tacchuktasamānaguṇaṃ jānīyāt | śuktenātyutkṛṣṭaśaktinā

parityājya nijam svabhāvam, vaśīkr̥tyā+a+atmarūpatām
nīyata ityarthah | ādyagrahaṇātkāṇḍatvakpatrādiparigra-
haḥ | tena kāṇḍādyapi tathaiva vedyam | § 1130

1.5.218 Āyurvedarasāyana

śuktagatakandādiguṇānāha-kandamūleti | ādyaśabdācca
kāṇḍādīni | tadvat-śuktatulyaguṇam | tadāsutaṃ-tasmin-
śukte, āsutaṃ-cirakālasthanam | uktaṃ ca- "kandamūlaph-
alādyam ca lavaṇodakasaṃyutam | sandhānāccirakālāml-
amāsutaṃ parikīrtitam | |" iti | kandādīnām pṛthakprayo- 5
gādadravatve+api prāsaṅgikamatra kathanam | § 1131

1.5.219 Aṣṭāṅgahr̥dayasaṃhitā

śāṇḍākī cāsutaṃ cānyatkālāmlam rocanaṃ
laghu | |78 | | § 1132

1.5.220 Sarvāṅgasundarā

mūlakasarsapaśākāni kvathitāsutāni kālajīrakarājikācūrṇ-
abhāvitānyamlatikṣṇāni śāṇḍākīśabdenocyante | sā ṭakka-
viṣaye prasiddhā | sā cānyaccānuktamapyāsutaṃ kālenāmlam-
amlībhūtam, na tu svayamāmyamāpādyam | anenaiva he-
tunā sutarām tatsaṃskāratāmadhikarotīti | tacca rocanaṃ 5
laghu bhavati | § 1133

1.5.221 Āyurvedarasāyana

śuktetarasandhānaguṇānāha-śāṇḍākī cāsutamiti | śākamudgādivaṭakasa-
śāṇḍākī | uktaṃ ca "śāṇḍākī kandamūlādimudgādivaṭak-
aiḥ kṛtā | | tathā, "mūlakacchedasandhānam śāṇḍākī syā-
dbahudravā | |" iti | anyat-śuktaśāṇḍākībhyāmitarat | tacca
piṇyākādikṛtam, kālāmlamkālena cirakālāvasthenāmlam, 5
tadubhayaṃ rocanaṃ laghu ca | § 1134

1.5.222 Aṣṭāṅgahr̥dayasaṃhitā

dhānyāmlaṃ bhedi tīkṣṇoṣṇaṃ

pittakṛtsparśaśītaṃ | | 79 | |

śramaklamaharaṃ rucyaṃ dīpanaṃ

bastiśūlanut | | 79 | |

śastamāsthāpane hr̥dyaṃ laghu

vātakaphāpahaṃ | | 80 | |

ebhireva guṇairyukte

sauvīrakatuṣodake | | 80 | |

5 kṛmih̥drogagulmārśaḥpāṇḍuroganibarhaṇe | | 81 | |

te kramādvituṣairvidyātsatuṣaiśca yavaiḥ

kṛte | | 81 | | § 1140

1.5.223 Sarvāṅgasundarā

dhānyāmlaṃ-kāñjikam, bhedi tīkṣṇam | tathā, uṣṇavī-

ryam | tathā, pittakṛt | svabhāvācca sparśaśītaṃ | vyāyā-

mādinā śrāntatvaṃ-śramaḥ, nirvyāyāmāderevopaśrāntatvaṃ-

klamaḥ, tau harati | tathā, rucyaṃ dīpanaṃ ca | bastiśū-

5 laṃ ca jayati | tathā, āsthāpane-nirūhe śastam | tathā, la-

ghu vātakaphāpahaṃ ca | hanteḥ "anyeṣvapi dṛśyate" iti

ḍaḥ | dhānyāmlaṃ-taṇḍulakaṇḍanādikṛtam | sauvīrakat-

uṣodake tu vituṣaiḥ satuṣaiśca yavaiḥ kramātkṛte tadva-

dvidyāt | § 1141

1.5.224 Āyurvedarasāyana

kāñjikaguṇānāha-dhānyāmlamiti | dhānyāmlaṃ-kāñjikam |

bhedi-saram | āsthāpane-nirūhe | § 1142

1.5.225 Aṣṭāṅgahr̥dayasaṃhitā

mūtraṃ go+ajāvimahīṣīgajāśvoṣṭrakharodbhavam | | 82 | |

pittalaṃ rūkṣatīkṣṇoṣṇaṃ lavaṇānurasam

kaṭu | | 82 | |

kṛmiśophodarānāhaśūlapāṇḍukaphānilān | | 83 | |

gulmāruciviṣaśvitrakuṣṭhārśāṃsi
jayellaghu | | 83 | | § 1146

1.5.226 Sarvāṅgasundarā

mūtram go+ajādibhavam pittalādiguṇayuktam | tathā, la-
vaṇo+anurasah svalpo yasya tadevam | tathā, kṛmyādīn ja-
yet | laghu ca | gomūtrasya ca pūrvamupanyāsāt prādhā-
nyam jñeyam | saṅgrahe tu viśeṣāntaramapyuktam (sū. a.
6)- "śvāsakāśaharam chāgam pūraṇātkarṇaśūlajit | dady- 5
ātksāre kilāse ca gajavājisamudbhavam | hantyunmādam-
apasmāram kṛmīnmeḥam ca rāsabham | kaṣāyatiktamet-
eṣām hidhmāśvāsaharam śakṛt | | pittam tiktam kṛmiha-
ram, rocanā kaphavātajit | tiktā pāmāharā, mūtram mānu-
ṣam tu viśāpaham | | " iti | § 1147 10

1.5.227 Āyurvedarasāyana

mūtraguṇānāha-mūtramiti | mahiṣīti strīliṅganirdeśo ma-
hiṣyantānām strīṇām gajādīnām puṃsām mūtram grāhy-
amiti jñāpanārtham | mūtrasya tīkṣṇoṣṇatvādisādharṇyāt
madyavarge nirdeśaḥ | saṅgrahe tu (sū.a.6)-[* sūlapra-
vāhikātopatṛṣṇāśophārśasām hitaḥ |] jagalaḥ pācano gr- 5
āhi rūkṣastadvacca medakaḥ | | bakkaso hr̥tasāratvādviṣṭ-
ambhī doṣakopanaḥ | kauhalī bṛmhaṇī gurvī, śleṣmalastu
madhūlakaḥ | | mār̥dvīkāl̥pāntaraguṇam khār̥jūram vāta-
lam guru | śār̥karaḥ surabhiḥ svādurhr̥dyo nātimado la-
ghuḥ | | surāsavastīvramadaḥ svādustīkṣṇo+anilāpahaḥ | 10
maireyo madhuro vṛṣyaḥ sarah santarpaṇo guruḥ | | dhā-
takyabhiṣuto jīrṇo rūkṣo rocanadīpanaḥ | drākṣāsavo ma-
dhusamaḥ paramam sa tu dīpanaḥ | | mār̥dvīkasadr̥śaḥ
prokto mār̥dvīkeḥsurāsavaḥ | samāsādāsavo hr̥dyo vāt-
alaḥ svauśadhānugaḥ | | [* ebhireva guṇairyukte sauvī- 15
rakatuṣodake | krimih̥drogagulmār̥śahpāṇḍuroganibarh-
aṇe | | te kramādvituṣairvidyātsatuṣaiśca yavaiḥ kṛte | vi-
rekāsthāpanālepasvedādiṣu ca pūjitam | |] dīpanam pāca-
nam bhedi teṣu gomutramuttamam | śvāsakāśaharam ch- 20
āgam pūraṇātkarṇaśūlajit | | dadyāt ksāre kilāse ca gajav-

ājisamudbhavam | | hantyunmādamapasmāraṃ kṛmīn-
eḥaṃ ca rāsabham | | kaṣāyatiktameteṣāṃ hidhmāśvāsa-
haram śakṛt | [*mārgamojaḥkṣayaharam vaiṣkiram vāta-
roganut | | prasahānāmapasmāramunmādam ca niyacch-
5 ati | mahāmṛgasamudbhūtaṃ kuṣṭahr̥jjalacāriṇām | | netr-
arogaharam pittaṃ pravṛddham ca niyacchati | | pittaṃ ti-
ktaṃ kṛmiharam, rocanā kaphavātajit | | tiktā pāmāharā,
mūtraṃ mānuṣaṃ tu viṣāpaham | " iti | iti madyavargaḥ |
§ 1148

1.5.228 Aṣṭāṅgahr̥dayasaṃhitā

toyakṣīrekṣutailānām vargairmadyasya ca kramāt | | 84 | |
iti dravaikadeśo+ayaṃ
yathāsthūlamudāhṛtaḥ | | 84 | |
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyām
sūtrasthāne dravadravyavijñānīyo nāma
pañcamo+adhyāyaḥ | | 5 | | § 1151

1.5.229 Sarvāṅgasundarā

iti-anantaroktena prakāreṇa, toyādīnām vargaiḥ kramāna-
tikrameṇa dravaṅnāmekadeśo yathāsthūlamayamudāhṛtaḥ-
uktaḥ | | iti śrīmṛgāṅkadattaputraśrīmadaruṇadattaviraci-
tāyāmaṣṭāṅgahr̥dayaṭīkāyām sarvāṅgasundarākhyāyām sū-
5 trasthāne pañcamo+adhyāyaḥ samāptaḥ | | 5 | | § 1152

1.5.230 Āyurvedarasāyana

adhyāyārthamupasamharati-toyeti | ekadeśagrahaṇaṃ dr-
avadravyavyaktīnāmānantyena kārtsnyena vaktumaśaky-
atvāt | yathāsthūlamiti sākalye+avyayībhāvaḥ | yāvatyaḥ
sthūlāḥ prasiddhā vyaktayaḥ, tāvatyaḥ sarvā uktā itya-
5 rthaḥ | § 1153
iti hemādriṭīkāyāmāyurvedarasāyane |
dravadravyaprakaraṇaṃ sāmastyena nirūpitam | | 5 | |

1.6 annasvarūpavijñānīyādhyāyaḥ : 6

1.6.1 Āyurvedarasāyana

annasvarūpavijñānīyamadhyāyaṃ vyākhyātum pratijānīte-
atheti | yataḥ pūrvādhyāye drava āhāra uktaḥ, iha tvadr-
avaḥ | sa cānnaśabdavācyah | ata evāyamannasvarūpavi-
jñānīyah | tatra saptavargāḥ | vakṣyati hi (hṛ.sū.a. 6/172)-
"śūkaśimbijapakvānnaṃsaśākaphalauṣadhaiḥ | vargit- 5
airannaleśo+ayamukto nityaupayogikaḥ | |" iti | § 1155

1.6.2 Aṣṭāṅgahr̥dayasaṃhitā

athāto+annasvarūpavijñānīyamadhyāyaṃ
vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 1157

1.6.3 Sarvāṅgasundarā

annasya svarūpaṃ-svabhāvo rasavīryavipākaprabhāvag-
uṇakarmādi, tasya vijñānaṃ-avagama, tasmai hito+adhyāyaḥ-
annarūpavijñānīyah, taṃ vyākhyāsyāmaḥ | śeṣaṃ pūrva-
vadvyākhyeyam | dravyaśabdaścāprayukto+aparthasya
gamaka ityannadravyasvarūpavijñānīya iti draṣṭavyam | 5
tathā hi pūrvasminnadhyāye mandamatiprabodhanāya
prayukto dravyaśabdaḥ | ācāryā hi vaicitryeṇa grantharac-
anāṃ vidadhati | tatra prāk svarūpaśabdo na nirdiṣṭaḥ, iha
ca dravyaśabdaḥ | athavobhayamaprayuktamapi gamyate
madhyalopākhyayā tantrayuktyā+antalopāya ca | adyate 10
yattat-annaṃ dhānyamāṃsādi | dhānyam ca dvidhā śū-
kaśimbidhānyabhedenā tatra prādhānyācchūkadhānyasya
pūrvamupanyāsaḥ | prādhānyam cāsya bhūyastvopayog-
ittvāt | § 1158

1.6.4 Aṣṭāṅgahr̥dayasaṃhitā

śimbīdhānyasya tu tadvyañjanattvena svalpopayogittvāt
prāyeṇāpathyāttvāccāprādhanyaṃ, ityāha-
atha śūkadhānyavargaḥ | | 1 | |
rakto mahān sakalamastūrṇakaḥ
śakunāhr̥taḥ | | 1 | |
sārāmukho dīrghaśūko rodhraśūkaḥ
sugandhikaḥ | | 1 | |
puṇḍraḥ pāṇḍuḥ puṇḍarīkaḥ pramodo
gaurasārivau | | 2 | |
5 kāñhcano mahiṣaḥ śūko dūṣakaḥ
kusumāṇḍakaḥ | | 2 | |
lāṅgalā lohavālākhyāḥ kardamāḥ
śītabhīrukāḥ | | 3 | |
pataṅgāstapanīyāśca ye cānye śālayaḥ
śubhāḥ | | 3 | |
svādupākarasaḥ snigdhā vṛṣyā
baddhālpavarcasaḥ | | 4 | |
kaṣāyānurasāḥ pathya laghavo mūtrala
himāḥ | | 4 | | § 1167

1.6.5 Āyurvedarasāyana

tatrādaḥ śūkadhānyavargaḥ | tatrādaḥ śālayaḥ | tatra
raktaśālyādiguṇānāha-rakto mahāniti | raktādayo-deśabhedena
svanāmaprasiddhāḥ | śubhāḥ-nirdoṣāḥ | baddhālpavarcasaḥ,-
baddham-piṇḍīkr̥taṃ, alpam-stokaṃ, varcaḥ-purīṣam, ye-
5 bhyaste tathā | nanu, iha śālayo madhurapākā uktāḥ, su-
śrutena (sū.a. 4615)-"madhurā vīryataḥ śītā laghupākā ba-
lāvahāḥ |" iti virodhaḥ, laghupākatvameva hi kaṭupāk-
atvam | maivam | rasavadavirodhaḥ | pāko-rasaviśeṣaḥ |
rasāstvekasmin dravye bahavo+anubhūyante | § 1168

1.6.6 Sarvāṅgasundarā

tatra raktaśālimahāśālī-suprathitāveva | kalamomagadh-
ādiṣu prasiddhaḥ | sa eva mahātaṇḍula iti kāśmīreṣu |
tūrṇakaśca-tatraiva ājava iti prasiddhaḥ | śakunahr̥to-yo
magadheṣu buddhotpādakāla uttarakurubhyo haṃsairān-

īto bhṛṅgārapātre viśākhākhyayā vāpito vistaram gataḥ |
ata eva śakuninā+a+ahṛtaḥ śakunāhṛta ityanvarthā § 1169

1.6.7 Aṣṭāṅgahṛdayasaṃhitā

śūkajeṣu varastatra raktastr̥ṣṇātridoṣahā | | 5 | | § 1170

1.6.8 Sarvāṅgasundarā

tatra-teṣu mahāśālikalamādiṣu madhye, rakto-raktaśāliṣaṃjño
varaḥ, tr̥ṣṇāṃ vātādīśca tridoṣānnihanti | asya ca prāgup-
ādānaiva varatve labdhe varagrahaṇaṃ yuktyā § 1171

1.6.9 Āyurvedarasāyana

raktaśāliguṇānāha-śūkajeṣviti | tatra-teṣu śāliṣu madhye,
rakto-raktaśāliḥ, śūkajeṣu varaḥ | tathā ca khāraṇādiḥ-
"pathyatve śūkadhānyānāṃ pravaraḥ raktaśālayaḥ |" iti |
ata eva 'śūkajeṣu śālayo varāḥ, teṣu śāliṣu rakto varaḥ' iti
vyākhyānamasat | tr̥ṣṇātridoṣahā-tr̥ṣṇāghnastridoṣaghnaśca |
§ 1172

1.6.10 Aṣṭāṅgahṛdayasaṃhitā

māhāṃstamanu kalamastaṃ cāpyanu tataḥ
pare | | 5 | | § 1173

1.6.11 Sarvāṅgasundarā

tasyānu-raktaśāleḥ paścāt, mahān śāliṣvaraḥ | taṃ ca-
mahāntamanu kalamah, mahatsaṃjñāt kalamah kiñcid-
ūna ityarthah | tataḥ-anantaram, pare-anye śālayo § 1174

1.6.12 Āyurvedarasāyana

mahāśālyādīnāṃ guṇānāha-mahāṃstamanviti | tamanu-
raktaśālerhīno mahān | taṃ cāpyanu-kalamo mahato hīna-
guṇaḥ | pare-tūrṇakādayaḥ, tenaiva nyāyena hīnāḥ | tena
yo yasmāduttaraḥ sa tasmāddhīnaḥ | nanu, raktaśālyādī-
5 nāṃ yathottaramapakarṣa ucyate, sa ca pāṭhakramamape-
kṣate, sa tu pratitantraṃ bhidyate | tadyathā-"lohitaśālika-
lamakadambakapāṇḍukasugandhikaśakunāhr̥tapuṣpāṇḍa-
kapuṇḍarikamahāśāliśītabhīruodhr̥tapuṣpakadīrghāśūka-
kāñcanamahīṣaśūkahāyanadūṣakamahādūṣakaprabhṛtayaḥ
10 śālayaḥ | madhurā vīryataḥ śītā laghupākā balāvahāḥ | pi-
ttaghnālpānilakaphāḥ snigdḥā baddhālpavarcasaḥ | | te-
sāṃ lohitaḥ śreṣṭho doṣagḥnaḥ śukramūtralaḥ | cakṣu-
ṣyo varṇakṛtsvayohṛdyo balyaṣṭṛṣāpahaḥ | | vṛaṇyo jv-
araharaścaiva sarvadoṣaviṣāpahaḥ | tasmādalpantaragu-
15 ṇāḥ kramaśaḥ śālayo+aparāḥ | | ' iti suśrutaḥ (sū. a. 46/4) |
"raktaśālirmahāśāliḥ kalamah śakunāhr̥taḥ | tūrṇako dī-
rghaśūkaścha gouraḥ pāṇḍukalāṅgalaou | | sugandhikā
lohavālāḥ sārivākhyāḥ pramodakāḥ | pataṅgāstapanīyā-
ścha ye canye śālayaḥ śubhāḥ | | śītā rase vipāke ca ma-
20 dhurāḥ svalpamārutāḥ | baddhālpavarcasaḥ snigdḥā br̥-
mhaṇā mūtraśukralāḥ | | raktaśālirvasteṣāṃ ṭṛṣṇāghnastr̥-
imalāpahaḥ | mahāṃstamanu kalamastaṃ cāpyanu tataḥ
pare | | ' iti carakaḥ (sū.a. 27/7) | "raktaḥ śyenāhr̥to gou-
raḥ sugandhaḥ kāñcano mahān | pataṅgaḥ kalamah pāṇḍ-
25 urlohavālaḥ pramodakaḥ | | dīrghanālaḥ śītabhiruḥ sārī-
vaḥ śāṅkhamauktikaḥ | tūrṇako dīrghaśūkākhyaḥ lāṅgalā-
dyāścha śālayaḥ | | śītalā madhurāḥ snigdḥā grāhiṇo mā-
mṣaśukralāḥ | vātapittaharā balyāḥ sṛṣṭamūtrāḥ sahāya-
nāḥ | | snigdhaḥ śīto laghurgrāhī ṭṛṣṇāghnaḥ śukramūtr-
30 alaḥ | raktaśālistridoṣagḥnaḥ kalamo ? mahāṃstataḥ | | ' iti
khāraṇādīḥ | "rakto mahān sakalamah" ityādyam | evam-
eva saṅgrāhe (sū.a.7) | tasmātko+atra kramaḥ ? ucyate | iha
raktaśāliśabdena mṛdumadhurasnigdhasurabhiśuklaviśa-
dasthūlāyatatvādīnāṃ lokaprasiddhānāṃ svaguṇānāmu-
35 tkarṣa upalakṣyate | teṣu yathā yathā samutkarṣasta utta-
māḥ | yathā yathā apakarṣaste hīnāḥ | upalakṣaṇāni pun-
arvakturvivakṣābhedaḍbhinnāni | yāneva guṇān suśruta-

khāraṇādī kalamaśabdenopalakṣayataḥ, tāneva carakavā-
gbhaṭou mahāśāliśabdena | nanu, sambandhaṃ vinā no-
palakṣaṇatvam, na ca kalamasya mahāśāliguṇairmahāśāl-
ervā kalamaguṇaiḥ kadācitsambandhaḥ | maivam | yada 5
kalamo mahāśālikṣetre niṣpadyate, tadā tayostulyaguṇa-
tvāt | svakṣetraajādeva mahāśāleḥ svakṣetraja eva kalamo
hīnaḥ | evamitareṣvapi vācyam | tasmātsarvameva pram-
āṇam, uktaprakāreṇāvirodhāt | § 1175

1.6.13 Aṣṭāṅgahrdayasaṃhitā

yavakā hāyanāḥ pāṃsubāṣpanaiśadhakādayaḥ | | 6 | |
svādūṣṇā guravaḥ snigdhāḥ pāke+amlāḥ
śleṣmapittalāḥ | | 6 | |
srṣṭamūtrapurīṣāśca pūrvam pūrvam ca
ninditāḥ | | 7 | | § 1178

1.6.14 Sarvāṅgasundarā

yavakādayaḥ śālivīśeṣāḥ svādavaḥ | tathā, uṣṇādiguṇayu-
ktāḥ | tathā, srṣṭe mūtrapurīṣe yaiste srṣṭamūtrapurīṣāḥ |
pūrvam pūrvam ca ninditāḥ-tena yavakāḥ sarvebhyo+api
garhitāḥ, tadanvanye kiñcitkiñcitkrameṇa garhitā iti vijñe- 5
yam | naiśadhakādaya itya- trā+a+adiśabdena campakap-
atrikādayaḥ śālivīśeṣā gr̥hyante | § 1179

1.6.15 Āyurvedarasāyana

yavakādiśāliguṇānāha-yavakā iti | *pāṃsubāṣpaḥ-korakaḥ |
pūrvam pūrvam ca ninditāḥ-yo yasmātpūrvāḥ sa tasmā-
ddhīnaguṇaḥ, mṛdvādiviparītaguṇānāmutkarṣāt | § 1180

1.6.16 Aṣṭāṅgahrdayasaṃhitā

snigdho grāhī laghuḥ svādudustridoṣaghnaḥ sthiro
himaḥ | | 7 | |

ṣaṣṭiko vr̥hiṣu śreṣṭho
gauraścāsitagaurataḥ | | 8 | | § 1182

1.6.17 Sarvāṅgasundarā

vr̥hiṣu madhye ṣaṣṭikaḥ śreṣṭhaḥ, raktaśāliviva śāliṣu |
tathā, snigdhādiguṇayuktaḥ | sthiro hima iti śarīrast-
airyakaro jvaraśramaklamaglāniharaḥ | ata eva rasāya-
naprayoge jvarādou cha tatra tatra kṣāmavapuṣāmup-
5 adiṣṭaḥ | yavastu stairyakaro+api nāmnāto guruvātala-
tvāditi vedyam | ṣaṣṭikaścha dvividhaḥ,-gauraḥ kṛṣṇag-
ouraśca | atrāsitagourato gauraḥ ṣaṣṭikaḥ śreṣṭhaḥ | (ta-
thā ca suśrute (sū.a.46|9)-"rase pāke ca madhurrāḥ
pittaanilaharāstathaa | śālīnām ca guṇaistulyā vijñhe-
10 yāḥ kaphaśukralāḥ | | ṣaṣṭikaḥ pravaraṣṭeṣaam kaṣāy-
aanuraso laghuḥ | " kṛṣṇātreyāḥ-ṣaṣṭikaḥ surakavr̥hipā-
ṭaloṭakanālakaah | kṛṣṇavr̥hiḥ śītabhīruḥ pramodohāy-
anastathaa | | anabhiṣyandinaḥ snigdhāḥ kaṣāyamadh-
urā himāḥ | laghavaḥ kaṭupākāścha ṣaṣṭiko+atrāpi pūj-
15 itaḥ | | " khāraṇādih- "kaṣāyamadhuro grāhī doṣaghnaḥ
ṣaṣṭiko laghuḥ | " parāśare+apyuktam- "rakto mahācch-
akunāhṛtaḥ ṣaṣṭikakalamapramodapatadgāḥ śītagaurad-
īrghaśūkasugandhikapāṇḍutapanīyāḥ śālaya evambhū-
tāḥ | madhurabahalāḥ sthirāḥ snigdhāḥ pittānilapraśa-
20 manā laghavaḥ saṅgrāhikāḥ śītāḥ | " iti | carake tvevaṃ
paṭhyate (sū.a.5|3)-"tatra śāliṣaṣṭikamudgalāvakapiñjala-
iṇaśaśaśarabhavarāhādīnyāhāradravyāṇi prakṛtilaghūny-
api mātrāpekṣiṇi bhavanti | " tathā ca carako jvare paṭh-
ati (ci.a.3|176)-"raktaśālyādayaḥ śastāḥ purāṇāḥ ṣaṣṭikaih
25 saha | yavāgvodanalājārthe jvaritānām jvarāpahāḥ | | " iti |
§ 1183

1.6.18 Āyurvedarasāyana

ṣaṣṭikaguṇānāha-snigdhā iti | grāhī-stambhanaḥ | sthiraḥ-
sthiraguṇaḥ, kāryarūpeṇa śarīre cirakālam tiṣṭhatīya-
rthaḥ | yo vr̥hiḥ ṣaṣṭirātreṇa pacyate sa ṣaṣṭikaḥ | sa cā-
nyebhyo vr̥hibhya uttamaḥ | sa ca trividhaḥ,- gauraḥ kṛ-

ṣṇaḥ kṛṣṇagaurāśca | tatrāsitaḡaurādḡaurāḥ śreṣṭhaḥ | pā-
riṣeṣyādasito hīnaḥ | § 1184

1.6.19 Aṣṭāḡaḡṛdayasaḡhitā

tataḥ kramānmaḡvrīhikṛṣṇavrīhijatūmukhāḥ | | 8 | |
kukkuṭāḡḡakalāvākhyapārāvatakaśūkarāḥ | | 9 | |
varakoddālakoḡjvālacīnaśāradaḡardurāḥ | | 9 | |
gandhanāḥ kuruvindāśca ḡṇairalpāntarāḥ
smṛtāḥ | | 10 | | § 1188

1.6.20 Sarvāḡgasundarā

tataḥ-ṣaṣṭikāt, maḡvrīhyādayaḥ kramādḡṇairalpāntarāḥ-
ḡṇairhīnāḥ | § 1189

1.6.21 Sarvāḡgasundarā

maḡvrīhyādīnāḡ ḡṇānāha-tataḥ kramāditi | tataḥ-kṛṣṇaṣaṣṭikāt,
maḡvrīhyādayaḥ krameṇa ḡṇairalpāntarāḥ | ṣaṣṭika-
sya sarvaśreṣṭhatvāddhīnatvenālpāntaratvam | kṛṣṇaṣaṣṭi-
kāddhīnagūṇo maḡvrīhiḥ, tataḥ kṛṣṇavrīhiḥ, ityādi | atr-
āpi kamabhedaparihāraḥ pūrvavat | § 1190

5

1.6.22 Aṣṭāḡaḡṛdayasaḡhitā

svāduramlavipāko+anyo vrīhiḥ pittakaro guruḥ | | 10 | |
bahumūtrapurīṣoṣmā, tridoṣastveva
pāṭalaḥ | | 11 | | § 1192

1.6.23 Sarvāḡgasundarā

ebhyaḥ ṣaṣṭikādibhyo+anyaḥ-anukto, vrīhiḥ svāduḥ- ma-
dhurarasāḥ, amlavipākaḥ pittakaro gururbahumūtrap-
urīṣoṣmā cha | pāṭalaḥ- paṭalākusumākāraḥ | tridoṣaḥ-
tridoṣakopanaḥ | tridoṣastvevetyatraivaśabdo+atīśayakhyāpanāya |

atiśayena tridoṣala ityārthaḥ | atitridoṣalatvenaasyā+abhyavahāranīṣedham
karoti | ata eva ca rasādimmattvaṃ na vyadhādasya śāstrak-
āraḥ | § 1193

1.6.24 Āyurvedarasāyana

athāviśiṣṭavr̥higuṇānāha-svāduriti | anyāḥ-uktebhya ita-
raḥ | ūṣmā-auṣṇyam | pāṭalaguṇānāha-tridoṣastviti | trayo
doṣā yasmātsaḥ- tridoṣaḥ | evagrahaṇātsarvāsvavasthāsu
doṣalatvam | ata evānyeṣāṃ dravyāṇāmavasthāto guṇā-
5 nyatvaṃ jñeyam | tathā (saṅgrāhe sū.a. 7)-"sarvathā doṣ-
ajittakram grahaṇyām, doṣakṛdvrāṇe | śāliḥ piṣṭo garīya-
stvam godhūmādapi gacchati | |" ityādi | § 1194

1.6.25 Aṣṭāṅgahr̥dayasam̐hitā

svāduramlavipāko+anyo vr̥hiḥ pittakaro guruḥ | | 10 | |
bahumūtrapurīṣoṣmā, tridoṣastveva
pāṭalaḥ | | 11 | | § 1196

1.6.26 Sarvāṅgasundarā

ebhyaḥ ṣaṣṭikādibhyo+anyāḥ-anukto, vr̥hiḥ svāduḥ- ma-
dhurarasāḥ, amlavipākaḥ pittakaro gururbahumūtrap-
urīṣoṣmā cha | pāṭalaḥ- pāṭalākusumākāraḥ | tridoṣaḥ-
tridoṣakopanaḥ | tridoṣastvevetyatraivaśabdo+atiśayakhyāpanāya |
5 atiśayena tridoṣala ityārthaḥ | atitridoṣalatvenaasyā+abhyavahāranīṣedham
karoti | ata eva ca rasādimmattvaṃ na vyadhādasya śāstrak-
āraḥ | § 1197

1.6.27 Āyurvedarasāyana

athāviśiṣṭavr̥higuṇānāha-svāduriti | anyāḥ-uktebhya ita-
raḥ | ūṣmā-auṣṇyam | pāṭalaguṇānāha-tridoṣastviti | trayo
doṣā yasmātsaḥ- tridoṣaḥ | evagrahaṇātsarvāsvavasthāsu
doṣalatvam | ata evānyeṣāṃ dravyāṇāmavasthāto guṇā-
5 nyatvaṃ jñeyam | tathā (saṅgrāhe sū.a. 7)-"sarvathā doṣ-

ajittakraṃ grahaṇyāṃ, doṣakṛdrvraṇe | śālīḥ piṣṭo garīya-
stvam godhūmādapi gacchati | |" ityādi | § 1198

1.6.28 Aṣṭāṅgahṛdayasaṃhitā

bhagnasandhānakṛttatra priyaṅgurbr̥mhaṇī
guruḥ | |12 | | § 1199

1.6.29 Sarvāṅgasundarā

tatra-teṣu tr̥ṇadhānyeṣu madhye, priyāṅguḥ-kaṅguḥ, bh-
agnasyāṅgasya sandhānaṃ karoti | tathā, guruḥ | suśrute
tūktam (sū.a.46 | 24)-"raktaaḥ pītāśca kṛṣṇaśca śvetāścaiva
priyaṅgavaḥ | yathottaram pradhānāḥ syū rūkṣāḥ kapha-
harāḥ smṛtāḥ | |" iti | § 1200

5

1.6.30 Āyurvedarasāyana

kaṅguguṇānāha-bhagnasandhāneti | bhagnasandhānakṛt-
bhagnasyāṅgasya sandhānaṃ karoti | § 1201

1.6.31 Aṣṭāṅgahṛdayasaṃhitā

koradūṣaḥ paraṃ grāhī sparśe śīto viṣāpahaḥ | |13 | | § 1202

1.6.32 Sarvāṅgasundarā

koradūṣaḥ-kodravaḥ, atyartham saṅgrāhī | tathā sparśaś-
īto viṣāpahaśca | § 1203

1.6.33 Āyurvedarasāyana

kodravaguṇānāha-koradūṣa iti | paraṃ-atīsayena grāhī,
sparśe śītaśca | atīsayavacanāt kaṅgvādīnāmapi grāhitvam
himasparśatvam ca jñeyam | § 1204

1.6.34 Aṣṭāṅgahr̥dayasaṃhitā

rūkṣaḥ śīto guruḥ svāduḥ saro viḍvātakṛdyavaḥ | | 13 | |
vṛṣyaḥ sthairyakaro mūtramedaḥpittakaphān
jayet | | 14 | |
pīnasaśvāsakāSORUSTAMBHAKAṆṬHATVAGĀMAYĀN | | 14 | | § 1207

1.6.35 Sarvāṅgasundarā

yavo rūkṣādiguṇairyukto viḍvātakaro vṛṣyaḥ sthairyakṛ-
cca | tathā, mūtrādīn jayet | § 1208

1.6.36 Āyurvedarasāyana

yavaguṇānāha-rūkṣaḥ śīta iti | kaṇṭhāmayāḥ-galagaṇḍādayaḥ |
tvagāmayāḥ-kuṣṭhādayaḥ | § 1209

1.6.37 Sarvāṅgasundarā

anuyavaguṇānāha-nyūna iti | niḥśūko yavo-anuyavaḥ |
§ 1210

1.6.38 Aṣṭāṅgahr̥dayasaṃhitā

nyūno yavādanuyavaḥ----- | | 15 | | § 1211

1.6.39 Sarvāṅgasundarā

anuyavo nāma śūkadhānyaviśeṣo lokaprasiddhaḥ | sa
yavānnyūnaḥ-svalpairyavaguṇairyuktaḥ | § 1212

1.6.40 Aṣṭāṅgahr̥dayasaṃhitā

-----rukṣoṣṇo vaṃśajo yavaḥ | | 15 | | § 1213

1.6.41 Sarvāṅgasundarā

vaṃśodbhavo-veṇujo yavo rukṣoṣṇo bhavati | § 1214

1.6.42 Āyurvedarasāyana

veṇuyavaguṇānāha-rūkṣoṣṇa iti | saṅgrahe tu (sū. a. 7)-
"uṣṇāḥ sarā veṇuyavāḥ kaṣāyā vātapittalāḥ | " iti | § 1215

1.6.43 Aṣṭāṅgahrdayasaṃhitā

vṛṣyaḥ śīto guruḥ snigdho jīvano vātapittahā | | 15 | |
sandhānakārī madhuro godhūmaḥ
sthairyakṛtsaraḥ | | 16 | | § 1217

1.6.44 Sarvāṅgasundarā

godhūmo vṛṣyādiguṇayuktaḥ | jīvanaḥ-ojobhivardhanaḥ |
tathā, vātapittaharaḥ | sandhānakārī-ūruprabhr̥terbhagnasya
sandhānaṃ karoti | tathā, sthairyakṛtsaraśca | carake (sū, a.
27 | 20) tvanyathaiva guṇā uktāḥ | yathā-"sthairyakṛtsakaṣāyaśca
balyaḥ śleṣmavikārahā | sandhānakṛdvātaharo godhūmaḥ 5
svāduśītalāḥ | | "iti | § 1218

1.6.45 Āyurvedarasāyana

godhūmaguṇānāha-vṛṣyaḥ śīta iti | saraḥ-anulomanaḥ |
§ 1219

1.6.46 Aṣṭāṅgahrdayasaṃhitā

pathyā nandīmukhī śītā kaṣāyamadhurā laghuḥ | | 16 | |
iti sūkadhānyavargaḥ | | 1 | | § 1221

1.6.47 Sarvāṅgasundarā

nandīmukhī-(kṛśadīrghā godhūmajātiḥ |) pathyā-śarīrāya
hitā, śītā kaṣāyamadhurā laghuśca | iti śūkadhānyava-
rgaḥ | asmādanantaram śimbīdhānyavargasya sambandh-
aprayojanam prāguktameva | § 1222

1.6.48 Āyurvedarasāyana

nandīmukhīguṇānāha-pathyā nandīmukhīti | dīrghasū-
kṣmo godhūmo-nandīmukhī | saṅgrahe tu (sū. a. 7)- "udd-
ālakastu vīryoṣṇo nīvāraḥ śleṣmavardhanaḥ | śītavīryā vi-
śeṣeṇa snigdha vṛṣyā madhulikā | |" iti | iti śūkadhānyav-
5 argaḥ | § 1223

1.6.49 Aṣṭāṅgahr̥dayasaṃhitā

atha śimbīdhānyavargaḥ | | 17 | |
mudgādhakīmasūrādi śimbīdhānyam
vibandhakṛt | | 17 | |
kaṣāyam svādu saṅgrāhi kaṭupākam himam
laghu | | 17 | |
medaśleṣmāstrapitteṣu hitam
lepopasekayoḥ | | 18 | | § 1227

1.6.50 Sarvāṅgasundarā

śimbyāḥ-kośyāḥ, dhānyam-mudgādikaḥ, yat śimbīdhā-
nyam tadvibandhakṛt | keṣāḥ vibandham karoti ? sām-
arthyāt srotasām, na tu purīṣādīnām | tathā ca saṅgrāh-
ītyatraiva paṭhati śāstrakṛt | saṅgrāhilakṣaṇam ca tatrā-
5 ntare | yathā-"bhedi tatpiṇḍatān bhāvān śakṛdādīnbhin-
atti yat | viparītamato grāhi" iti | tasmādvibandham sr-
otasāmevetyavehi | tathā, kaṣāyam svādu kaṭupākam śī-
tavīryam laghu ca | masūrādītyatrā+a+adiśabdena ma-
kuṣṭhacaṇakādīnām grahaṇam | tathā, medaādiṣu hi-
10 tam, prakṛtatvādabhyavahāre tathā lepa upaseke ceti |
caśabdo+atra luptanirdiṣṭo bodhyaḥ | lepaḥ-pradehaḥ |

upasekaḥ-pariṣekaḥ | kaṣāyaśītarūkṣatvena kaṭupākitv-
ena ca vātakṛttvaṃ śimbīdhānyasya śāstrakṛtoktam | ata
evedamupapannam-"mudgo+alpacalaḥ" iti | yadi hi śimb-
īdhānyasya mārutakṛttvaṃ sameyāt, tadaitadvaktum yu- 5
jyate | tasmāt vātakṛttvamasyāstīti sthitam | tasmimśca
satyādhmānakāritvamapyupapannameva | ata eva saṅgr-
ahe+asyādhmānakāritvamuktam | mudgādīnām ca viśeṣ-
āstatraivoktāḥ (saṃ. sū. a. 7) | yathā-"haritāsteṣvapi varā
makuṣṭhāḥ kṛmikāriṇaḥ | varṇyāḥ paraṃ pralepādyairm-
asūrā grāhiṇo bhṛśam | |" iti | § 1228 10

1.6.51 Sarvāṅgasundarā

atha śimbīdhānyavargaḥ | tatra mudgādiguṇānāhamu-
dgāḍhakīti | mudgo dvididhaḥ,-kṣetramudgo vanamu-
dgaśca | āḍhakītuvarī | masūro dvividhaḥ,- kṛṣṇaḥ pā-
ṇḍuśca | tatra pāṇḍuḥ-maṅgalyākhyāḥ | ādiśabdātsaṅgr- 5
ahoktāḥ (sū. a. 7)- "śimbijā mudgamāṅgalyavanamu-
dgamakūṣṭhakāḥ | masūracavalāḍhakyaścaṇakāśca pṛth-
agvidhāḥ | |" iti | śimbībhavaṃ dhānyaṃ-śimbīdhānyam |
vibandhakṛt-vātāvarodhakam | saṅgrāhi-malāvarodhakam |
lepopasekayoḥ prayuktaṃ medaḥprabhṛtiṣu hitam | upaseko-
vyañjanam, yena miśrīkṛtyaudanādi bhujyate | sa cātra yo- 10
gyatvātsūpaḥ | uktaṃ ca carakeṇa (sū. a. 27/27)- "pittaśle-
ṣmaṇi śasyante sūpeṣvālepaneṣu ca | |" iti | § 1229

1.6.52 Aṣṭāṅgahrdayasaṃhitā

varo+atra mudgo+alpacalaḥ, kalāyastvativātalaḥ | | 18 | |
rājamāṣo+anilakaro rūkṣo
bahuśakṛdguruḥ | | 19 | | § 1231

1.6.53 Sarvāṅgasundarā

atra-eṣu śimbīdhānyeṣu madhye, mudga uttamaḥ | ta-
thā, alpaṃ calaṃ-pavanaṃ karotīyalpacalaḥ _ turvy-
atireke | kalāyāḥ punaratiśayena vātalo bhavati | rājam-

āṣo rūkṣo bahu śakṛtkarotīti bahuśakṛt | tathā, guruḥ |
tathā, anilakaraḥ- "kṛṇo hetuḥ" iti tacc̐hīlye ṭaḥ, kalāya-
vannātivātalāḥ, anyaśimbīdhānyācc̐ativātalō+ayamiti ve-
dyam, anilakaragrahaṇāt | anyathāśimbīdhānyasāmānya-
5 lakṣaṇena vātamātrakaraṇasya labdhatvādanilakaragrah-
aṇaṃ na kuryāt | § 1232

1.6.54 Āyurvedarasāyana

mudgasya viśeṣamāha-varo+atreṭi | atra-śimbīdhānyeṣu
madhye, mudgo varaḥ | mudgeṣvapi harito varaḥ, "hari-
tāsteṣvapi varāḥ" iti saṅgrahavacanāt (sū. a. 7) | alpaścalo-
vāyuryasmātsa tathā | mudgasya kiñcidvātalatvavacan-
5 ādādhakyādīnām vātalatvaṃ jñeyam | kalāyaguṇānāha-
kalāyastviti | kalāyo dvividhaḥ, -tripuṭo vartulaśca | ativātalatvaṃ-
ādādhakyādibhyaḥ | rājamāṣaguṇānāha-rājamāṣa iti | rājamāṣaḥ-
cavalāḥ | § 1233

1.6.55 Aṣṭāṅgahr̥dayasam̐hitā

uṣṇāḥ kulatthāḥ pāke+amlāḥ
śukrāśmaśvāsapīnasān | | 19 | |
kāsarśaḥkaphavātāmśca ghnanti pittāsrādāḥ
param | | 20 | | § 1235

1.6.56 Sarvāṅgasundarā

kulatthā uṣṇavīryāḥ pāke+amlāḥ | tathā, śukrādīn ghnanti-
āśma-aśmarī vakṣyamāṇalakṣṇā | tathā, pittāsrādāḥ param-
atiśayena raktapittakarāḥ | kaṣāyasvādusaṅgrāhitvaṃ śi-
mbīdhānyasāmānyalakṣaṇenaiśam̐ vedyam, dr̥ṣṭināśana-
5 tvam̐ coṣṇavīryatvena raktapittakarātvena ca | saṅgrahe tu
spaṣṭam̐ kṛtvoktam (sū. a. 7)-"kaṣāyasvādurūkṣoṣṇāḥ kula-
tthā raktapittalāḥ | pīnasaśvāsakāsarśohikkā+a+anāhakaphānilān |
ghnanti śukrāśmarīm̐ śukram̐ dr̥ṣṭim̐ śopham̐ tathoda-
ram | grāhiṇo laghavastīkṣṇā vipāke+amlā vidāhinaḥ" iti |
10 § 1236

1.6.57 Āyurvedarasāyana

kulatthaguṇānāha-uṣṇā iti | śukrādīngnanti | āsma-aśmarī |
nanu, "uṣṇaḥ kulattho rasataḥ kaṣāyaḥ kaṭurvipāke kaph-
amārutaghaḥ | " iti suśrutena (sū. a. 46/37) vipāke kaṭutv-
amuktam, iha tvamlatvamiti virodhaḥ | maivam | anekar-
asavadavirodhaḥ | § 1237

5

1.6.58 Aṣṭāṅgahrdayasaṃhitā

niṣpāvo vātapittāsrastanyamūtrakaro guruḥ | | 20 | |
saro vidāhī
drkśukrakaphaśophaviṣāpahaḥ | | 21 | | § 1239

1.6.59 Sarvāṅgasundarā

niṣpāvo-rājaśimbīsaṃjño, vātādikaraḥ | tathā, guruḥ saro
vidāhī ca | tathā, drgādīnapahanti | saṅgrahoktaṃ cāmla-
pākatvaṃ kaṣāyamadhuratvaṃ ceha noktaṃ | yato+amlavipākitvaṃ
tāvadvīdāhitvādevāsyoktaṃ | kaṣāyasvādutvaṃ ca śimbī-
dhānyasāmānyaguṇakathanenaiva | kṛṣṇātreyastvāha-"niṣpāvā
madhurā rūkṣāḥ sakaṣāyā vidāhinaḥ | udāvarte praśasya-
nte guravo vātapittalāḥ" iti | § 1240

1.6.60 Āyurvedarasāyana

niṣpāvaguṇānāha-niṣpāva iti | niṣpāvovallaḥ | § 1241

1.6.61 Aṣṭāṅgahrdayasaṃhitā

māṣaḥ snigdho balaśleṣmamalapittakaraḥ saraḥ | | 21 | |
gurūṣṇo+anilahā svāduḥ
śukravṛddhivirekakṛt | | 22 | | § 1243

1.6.62 Sarvāṅgasundarā

māṣaḥ snigdho valādikaraḥ | tathā, saro gurūrūṣṇaśca | ta-
thā, vātahā svāduśca | tathā, śukrasya vṛddhiṃ śukrasya-
iva virekaṃ-bahiḥpreraṇaṃ, karoti | § 1244

1.6.63 Āyurvedarasāyana

māṣaguṇānāha-māṣaḥ snigdha iti | śukrasyaiva vṛddhiṃ,
śukrasyaiva virekaṃ-śīghrapravṛttiṃ, karoti sa tathā | § 1245

1.6.64 Aṣṭāṅgahr̥dayasaṃhitā

phalāni māṣavadvidyātkākāṇḍolātmagupta-
yoh | | 22 | | § 1246

1.6.65 Sarvāṅgasundarā

kākāṇḍolā cātmaguptā ca, tayoh phalāni māṣavadvidyāt-
māṣasamaguṇāni vijānīyāt | kākāṇḍolā-kaṭabhī | ātmaguptā-
kapikacchūḥ | § 1247

1.6.66 Sarvāṅgasundarā

kākāṇḍolātmaguptāphalaguṇānāha-phalānīti | etayoh ph-
alāni māṣavadvidyāt | kākāṇḍolā-niḥśūkā kapikacchūḥ |
ātmaguptā-kapikacchūḥ | § 1248

1.6.67 Āyurvedarasāyana

tilaguṇānāha-uṣṇa iti | uṣṇaḥ-uṣṇavīryaḥ | tvacyaḥ-tvagdoṣaharaḥ,
bahiḥprayogāt | "kuṣṭhaṃ tatkāryapi tilo hanti bhallātak-
aiḥ saha |" iti saṅgrahe (sū. a. 7) kuṣṭhakartṛtvaśravaṇāt |
5 ana eva pathyaḥ |" iti suśrutena (sū. a. 46139) vipāke madh-
uratvamuktam, iha tu kaṭukatvamiti virodhaḥ | maivam |
rasavadavirodhaḥ | ekasmin dravye hi bahavo rasā anubh-
ūyanta iti | bhinnatilyorbhinnarasayorvā vipākaḥ | sa ca

kṛṣṇaḥ śreṣṭhaḥ | uktaṃ ca saṅgrāhe (sū.a. 7)-kṛṣṇaḥ praś-
astastamanu śuklastamanu cāruṇaḥ | " iti | § 1249

1.6.68 Aṣṭāṅgahrdayasaṃhitā

uṣṇastvacyo himaḥ sparśe keśyo balyastilo guruḥ | | 23 | |
alpamūtraḥ kaṭuḥ pāke
medhā+agnikaphapittakṛt | | 23 | | § 1251

1.6.69 Sarvāṅgasundarā

tila uṣṇavīryaḥ | tathā, tvacyaḥ | tathā, sparśe śītaḥ | ke-
śyo balyo guruśca | tathā, alpamūtraḥ-alpamūtrakaraḥ |
pāke kaṭuḥ | tathā, medhādīn karoti | tvacyakeśyabalyā hi-
tārthā yatpratyaṅyāntāḥ | snigdhatvamanilaghnatvaṃ ka-
ṣāyakaṭutiktarasatvaṃ nānājātivaṃ cehāsyā granthak- 5
ṛtā lāghavānnoctam | saṅgrāhe tūktameva (sū. a. 7) |
yathā-"snigdhoṣṇatikṭakaṭukakaṣāyamadhurastilaḥ | tva-
cyaḥ keśyo gururvṛṣyaḥ sparśaśīto+anilāpaḥ | | alpamū-
traḥ kaṭuḥ pāke medhā+agnikaphapittakṛt | kṛṣṇaḥ praś-
astastamanu śuklastamanu cāruṇaḥ | | " iti | anye tvanayā 10
yuktyā saṅgrahoktamarthaṃ saṅgrhṇate | snigdhatvaṃ
tāvattilasya taileṣu mukhyasya snehasya yonibhūtatvātsi-
ddham, kaphapittakṛditi vacanātsnigdhatvācca sāmarchy-
āllabdham vātaghnatvam, kaṣāyasvādviti śimbīdhānyasā-
mānyaguṇakathanena kaṣāyasvādutvaṃ labdhamiti | et- 15
adevorarīkṛtya vraṇapraṭiṣedhe vakṣyati (hr.u.a.25 | 54)-
kalkaṃ saṃrohaṇaṃ kuryātilānāṃ madhukānvitam | sn-
igdhoṣṇatikṭamadhurakaṣāyatvaiḥ sa sarvajit | | " iti | § 1252

1.6.70 Aṣṭāṅgahrdayasaṃhitā

snigdhomā svādutiktoṣṇā kaphapittakarī guruḥ | | 24 | |
dṛkśukrahrṭkaṭuḥ pāke, tadvadbījaṃ
kusumbhajaṃ | | 24 | | § 1254

1.6.71 Sarvāṅgasundarā

umā-atasī, snigdḥā svādvādiguṇayuktoṣṇavīryā ca | sā śleṣmapittayoḥ kartrī ca | tathā, dṛṣṭim śukraṃ ca harati | kaṭupākā ca | tayā-umayā tulyaṃ vartate-tadvat, umāsam-ānaguṇaṃ kusumbhījamityarthaḥ | § 1255

1.6.72 Āyurvedarasāyana

atasīguṇānāha-snigdhometi | umā-atasī | nanu, "snigdhoṣṇā kaphavātaghnī satiktā madhurā+atasī |" iti khāraṇ-ādinā śleṣmaghnatvamuktam, iha tu śleṣmalatvamiti vi-rodhaḥ | maivam | viṣayabhedāt | śleṣmaghnatvaṃ vāt-
5 asaṃsr̥ṣṭaviṣayam | śleṣmalatvaṃ pittasaṃsr̥ṣṭaviṣayam |
ata eva suśrutena kaphaghnatvaṃ noktam (sū. a. 46/49)-
"uṣṇā+atasī svādurasā+anilaghnī pittolbaṇā syātkaṭukā
vipāke |" iti | kusumbhavījaguṇānāha-tadvaditi | tadvat-
umāvat | tatpunaḥ kaphaghnam | "kaṭurvipāke kaṭukaḥ
10 kaphaghno vidāhibhāvādahitaḥ kusumbhaḥ |" iti suśrut-
opadeśāt (sū.a. 46/48) | atideśādupadeśo hi balavān | § 1256

1.6.73 Aṣṭāṅghr̥dayasaṃhitā

māṣo+atra sarveṣvavaro, yavakaḥ śūkajeṣu ca | | 25 | | § 1257

1.6.74 Sarvāṅgasundarā

atra-śimbīdhānyeṣu, māṣo+aśreṣṭhaḥ | śūkajeṣu-śūkadhānyeṣu,
yavako+aśreṣṭhaḥ | § 1258

1.6.75 Āyurvedarasāyana

māṣasya sarvadhānyāvaratvamāha-māṣo+atreti | yavaka-
sya śūkadhānyeṣvavaratvamāha-yavakaḥ śūkajeṣviti | ca-
kāro+avaratvākaraṣaṇārthaḥ | § 1259

1.6.76 Aṣṭāṅgahr̥dayasaṃhitā

navam dhānyamabhiṣyandi, laṅu
saṃvatsaroṣitam | |25| |
śīghrajanma tathā sūpyam nistuṣam
yuktibharjitam | |26| |
iti śimbīdhānyavargaḥ | |1| | § 1262

1.6.77 Sarvāṅgasundarā

navam pratyagram, dhānyamabhiṣyandi-ābhimukhyena
syandayati | tēcchīye ṇiniḥ | mālinyātsrotasām srutirū-
paṃ śleṣmāṇam karotītyarthaḥ | arthātpurāṇamanabhiṣy-
andi | saṃvatsaroṣitam-varṣātītam, laghu bhavati | navam
cārthādgurvityanuktamapyuktaṃ bhavati | tantrāntare+apyuktam-
"varṣasthitam sarvamannaṃ parityajati gauravam | na tu
tyajati tadvīryam vīryam muñcatyataḥ kramāt | |" iti |
śīghretyādi | laghvityanuvartate | sūpyam-mudgādi ya-
cchhīghrajanma, tallaghu bhavati | tathā, vigatatuṣam yu-
ktyā bharjitam-bhrṣtam laghu bhavati | saṅgrāhe tvevam- 10
uktam (sū.a.7)-"navam dhānyamabhiṣyandi sekyam kedā-
rajam ca yat | laghu varṣoṣitam dagdhabhūmijam sthala-
sambhavam |" iti | iti śimbīdhānyavargaḥ | nirdiṣṭe śūka-
śimbīdhānye | tayośca saṃskṛtayorupayoga iti kṛtānnavar-
gaḥ prārabhyate- § 1263 15

1.6.78 Sarvāṅgasundarā

navadhānyaguṇānāha-navam dhānyamiti | abhiṣyandi-srotaḥsrāvi |
purāṇadhānyaguṇānāha-laghu saṃvatsaroṣitamiti | saṃvatsaroṣitam-
saṃvatsaramevoṣitam, saṃvatsaradvayādyuṣitasya nirvī-
ryatvāt | yadāha khāraṇādiḥ-"varṣasthitam sarvadhānyam
parityajati gauravam | na tu tyajati tadvīryam, vīryam mu- 5
ñcatyataḥ kramāt " | | iti | śīghrajanmādisūpyaguṇānāha-
śīghrajanmeti | sūpe hitaṃsūpyam śimbīdhānyam, tathā-
tadvat, laghu ityarthaḥ | śīghram alpēna kālena, janma-
niṣpattiryasya tattathā | nistuṣam-apanītatvak | yuktyā-

samyagyogena, bharjitaṃ-dravaṃ vinā sveditam | nava-
 syābhiṣyanditvāt purāṇasyānabhiṣyanditvam | purāṇād-
 īnāṃ laghutvāttadviparītānāṃ gurutvamarthasiddham |
 5 saṅgrahe tu (sū. a. 7)-"haritāsteṣvapi varā, makuṣṭhāḥ kṛm-
 ikāriṇaḥ | varṇyāḥ paraṃ pralepādyairmasūrā grāhiṇo bh-
 r̥śam | | kuśāmraśimbī madhurā vātapittaharā himā | ma-
 dhurāḥ śītalā gurvyo balaghno rūkṣaṇātmikāḥ | | snehā-
 ḍhyā balibhirbhojyā vividhāḥ śimbijātayaḥ | " iti | iti śimb-
 īdhānyavargaḥ | § 1264

1.6.79 Aṣṭāṅgahr̥dayasaṃhitā

atha kṛtānna(pakvānna)vargaḥ | | 26 | |
 maṇḍapeyāvilepīnāmodanasya ca
 lāghavam | | 26 | |
 yathāpūrvam śivastatra maṇḍo
 vātānulomanaḥ | | 27 | |
 tṛḍglānidoṣaśeṣaghaṇaḥ pācano
 dhātusāmyakṛt | | 27 | |
 5 srotomārdavakṛtsvedī sandhukṣayati
 cānalam | | 28 | | § 1269

1.6.80 Sarvāṅgasundarā

maṇḍādīnāṃ yathāpūrvam lāghavam | tenaudanamape-
 kṣya laghvī vilepī, tato+api peyā, peyāto maṇḍo laghutara
 ityartho+avatiṣṭhate | maṇḍapeyāvilepyodanānāṃ yathā-
 purvam lāghavamityeva vaktavye yadatraudanasya pṛth-
 5 akpāṭhaḥ, sa idaṃ jñāpayati,-maṇḍādayo lājopādānā ve-
 dyāḥ, na tu taṇḍulopādānāḥ, yathā-odanaḥ, iti | tathā ca
 muniḥ (ca, sū,a.27 | 252)-"śṛtaḥ pippaliśuṅṭhībhyāṃ yukto
 lājāmbudāḍimaiḥ | maṇḍaḥ sandīpayatyagniṃ vātaṃ cā-
 pyanulomayet | | " iti | taduktam _"dravyasyārdhapalaṃ
 10 dattvā toyasya prasthamāvapet | ardhaśeṣaṃ gr̥hītvā tatk-
 arṣau dvau dāḍimasya ca | | yuktaṃ saindhavaviśvāhva-
 dhānyakaiḥ śāṇamātrakaiḥ | dvikarṣamātrairlājaiśca bhū-
 yaḥ saṃkvathitaṃ ca tat | | pippalijīrakābhyāṃ ca śāṇai-

kenāvacūrṇitam | peyāsveṣa vidhiḥ kalpyo dāḍimādikṛtā-
svapi | |" iti | tathā (suśrute sū. a. 46 | 345)-"sikthairvirahito
maṇḍaḥ peyā sikthasamanvitā | dhanasikthā vilepī sy-
ādyavāgūrviraladravā | |" iti | anye tu maṇḍalakṣaṇam
peyālakṣaṇam cānyathavecchanti | tathā tallakṣaṇam- 5
"lājāmbusaindhavakaṇādhānyanāgaradāḍimaiḥ | yukto vi-
mr̥ditaḥ pūto maṇḍaḥ saṃskṛta ucyate | | nirdravayā prāk-
ṛtā peyā takradāḍimatandulaiḥ | |" iti | sāmānyapeyāyāśca
takradāḍimalājādisādhitāyā guṇanirdeśo+ayam, na tu viś-
iṣṭāyā jvaracikitsādivihitāyā iti draṣṭavyam | tasyāstu tatr- 10
aivetyarthaḥ, viśeṣagrahaṇātkarmāntaranirdeśācca | tatra-
teṣu maṇḍādiṣu madhye, maṇḍaḥ śivaḥ | tathā, vātānulo-
manaḥ | tathā, tṛṣaṃ glāniṃ doṣaśeṣaṃ ca hantīti tṛḍglān-
idoṣaśeṣaghnaḥ | "amanuṣyakartṛke ca" ityatra ṭhak | do-
ṣasya śeṣo doṣaśeṣaḥ | eṣa eva hi vihitavamanasya vih- 15
itavirecanasya vā kiñciccheṣo yo doṣaḥ, tasya | doṣaśeṣ-
eti vacanañāpakāt kṛtavamanavirecanasya doṣaśeṣakara-
ṇam | tena ca vamanakarmani virecanakarmani vā kart-
avye+atiyogabhayāt doṣaśeṣaḥ kāryaḥ, ityayamartho yu-
ktyā pratipāditaḥ | tathā, maṇḍaḥ pācano dhātusāmyakara- 20
śca | tathā, srotasāṃ mār̥davaṃ karoti | tathā, svedayatīti
svedī, vahnim ca dīpayati | § 1270

1.6.81 Āyurvedarasāyana

atha kṛtānnavargaḥ | tatra maṇḍādīnām laghutvetāratamyamāha-
maṇḍapeyeti | asiktho dravo-maṇḍaḥ, sasiktho-yavāgūḥ |
sā dvividhā,- alpasikthā-peyā, bahusikthā-vilepī | adrav-
āṇi sikthāni-odanaḥ | yathāpūrvam odanādvilepī laghuḥ
tataḥ peyā, tato maṇḍa itī | maṇḍaguṇānāha-śivastatreti | 5
śivaḥ-ārogyapradah | vamanalaṅghanādyavaśiṣṭo doṣo-
doṣaśeṣaḥ | dhātusāmyakṛt-laṅghanādikṛtadhātuvaishamyasamanāt |
srotomār̥davaḥ-kṛt-laṅghanādikṛtasrotahkāṭhinyaśamanāt | svedī-
svedavahasrotorodhaśamanāt | § 1271

1.6.82 Aṣṭāṅgahr̥dayasaṃhitā

kṣattr̥ṣṇāglānidaurbalyakukṣirogajvarāpahā | | 28 | |
malānulomanī pathyā peyā
dīpanapācanī | | 29 | | § 1273

1.6.83 Sarvāṅgasundarā

kṣucca tr̥ṣṇā ca, tābhyam glāniḥ, sā ca daurbalyam ca ku-
kṣirogaśca jvaraśca, tānapahanti yā saivambhūtā peyā |
daurbalyam- kārśyam | tathā, malān-vātādīn, anulomayati-
svamārgasthān karoti | tathā, pathyā-śarīrasya hitā | tathā,
5 dīpanī cāsau pācanī ceti "puṃvatkarmadhāraya" iti puṃv-
adbhāvaḥ | § 1274

1.6.84 Aṣṭāṅgahr̥dayasaṃhitā

a0 ra0-peyāguṇānāha-kṣutt̥r̥ṣṇeti | kukṣirogaḥ-atīsāraḥ |
pathyā-auśadharūpatvāt | § 1275

1.6.85 Āyurvedarasāyana

vilepīguṇānāha-vilepīti | vraṇādīnām hitā | saṃśuddhaḥ-
samyakkṛtavamanādīḥ | yaḥ snehanārtham pratyaham sn-
eham pibati saḥ-snehapāyī | § 1276

1.6.86 Aṣṭāṅgahr̥dayasaṃhitā

vilepī grāhiṇī hr̥dyā tr̥ṣṇāghnī dīpanī hitā | | 29 | |
vraṇākṣirogasamśuddhadurbalasnehapāyīnām | | 30 | | § 1278

1.6.87 Sarvāṅgasundarā

vilepī grāhiṇī hr̥dyā tr̥ṣṇāghnī dīpanī hitā ca | vraṇaścā-
kṣirogaśca saṃśuddhaśca durbalaśca snehapāyī ca, teṣām
hitā | vraṇākṣirogaśabdau matvarthīyākārāntau | § 1279

1.6.88 Aṣṭāṅgahr̥dayasaṃhitā

sudhautaḥ prasrutaḥ svinno+atyaktoṣmā caudano
laghuḥ | | 30 | |
yaścāgneyauṣadhakvāthasādhito
bhr̥ṣṭataṇḍulaḥ | | 31 | |
viparīto guruḥ kṣīramāṃsādyairyaśca
sādhitaḥ | | 31 | | § 1282

1.6.89 Sarvāṅgasundarā

odanaḥ suṣṭhu dhautastathā prsruto-niścotitaḥ svinno+atyaktabāṣpaśca
laghurbhavati | yaścaudana āgneyauṣadhānāṃ-marīcacitrakādīnāṃ
kvāthena sādhitāḥ, so+atilaghuḥ | tathā, bhr̥ṣṭāstaṇḍulā
yasminnodane so+atilaghutamaḥ | yathoktalakṣaṇādodanādviparīto-
yo+adhautādīḥ, sa guruḥ | kṣīramāṃsādibhiḥ-madhurairyaśca
sādhitaḥ, so+atiguruḥ | § 1283

1.6.90 Āyurvedarasāyana

odanaguṇānāha-sudhauta iti | sudhautādiviśiṣṭa odano la-
ghuḥ | tadviparītaḥ kṣīrādisādhitaśca guruḥ | sudhautaḥ-
samyakprakṣālitataṇḍulaḥ | prasruataḥ-samyakprasrāvitamaṇḍaḥ |
svinnaḥ-samyakpakvaḥ | atyaktoṣmā-śītatvamaprāptaḥ |
āgneyauṣa kvāthasādhitaḥ- citrakādīkvāthaṃ dravasth- 5
āne datvā sādhitāḥ | bhr̥ṣṭataṇḍulaḥ-bhr̥ṣṭaistaṇḍulaiḥ
sādhitaḥ | viparītaḥ-adhautataṇḍulādīḥ | yaśca kṣīrād-
īni dravasthāne datvā sādhitāḥ | māmśasābdenātra mā-
mśarasaḥ | ādyaśabdātsnehādayaḥ | kṣīrādisādhane ud-
akaṃ prakṣepya meva | uktaṃ ca saṅgrahe (ka. a. 8)- 10
"kṣīrādisādhitaṃ dravyaṃ na samyaṅmuktarasam bhavat-
īti vārikvāthapūrvakaṃ kṣīrādyaistadupadeśe+anupadagdham
kvāthayet |" iti | § 1284

1.6.91 Aṣṭāṅgahr̥dayasaṃhitā

iti dravyakriyāyogamānādyaiḥ sarvamādiśet | | 32 | | § 1285

1.6.92 Sarvāṅgasundarā

iti-anayā diśā, sarvaṃ-peyādikaṃ pūrvoktaṃ vakṣyam-
āṇaṃ ca bhakṣyādikaṃ, dravyeṇa kriyayā samyogena
mānena cādiśet | tatra dravyato yathā-odanasya raktaś-
ālyādijasya lāghavam, yavakādijasya tu gauravam | kri-
5 yāto yathā-sākṣādagnipākādisaṃskārācchūlyasya māṃs-
asya laghvādiguṇayogaḥ, aparasya tvanyathātvaṃ dr̥śy-
ate | tathā coktaṃ tantrāntare-"vr̥ṣyaṃ vātaharaṃ balyaṃ
pathyaṃ śūlyāmiṣaṃ laghu | apathyaṃ guru viṣṭambhi
māṃsaṃ yacca rasoddhataṃ | |" iti | tantrāntare coktaṃ-
10 "svinnaṃ māṃsaṃ guru stambhi śūlapakvaṃ tridoṣa-
jit |" iti | kriyā-saṃskāra ityarthāḥ | yogaḥ-samyogaḥ, tena
yathā-āgneyacitrakādyausadhakvāthaiḥ sādhitasya lāgha-
vam | mānato yathā-bahubhirlaghubhiralpaiśca gurubh-
iriyuktairlaghureva, viparītaistu viparīta eva | ādyagrah-
15 aṇena deśādiparigrahaḥ | jāṅgaladeśaprabhavataṇḍulak-
ṛto laghuḥ, ānūpadeśataṇḍulakṛto gururityādi bodhyam |
§ 1286

1.6.93 Āyurvedarasāyana

odanaprasaṅgādodanodāharaṇāṃ paribhāṣāmāha-iti dr-
avyeti | iti-evamodanavat | dravyādīnāṃ kāraṇānāṃ sv-
arūpaṃ śāstreṇa buddhākāryāṇāṃ svarūpamakathita-
mapi svabuddhyā nirdhārya mandabuddhīnāṃ kath-
5 ayedityarthaḥ | tatra, kāryatvena pariṇataṃ kāraṇaṃ-
dravyam | tatpariṇāmahetuḥ karṭṛvyāpāraḥ-kriyā | pra-
dhānadravye dravyāntarasamparko-yogaḥ | samyogināṃ
nyūnādhikasamatvaṃ-mānam | ādyaśabdāddeśakālau | ta-
tra, dravyasyotpattisthitipariṇāmasthānaṃ-deśaḥ | utpa-
10 ttyādisamaya āmādyavasthāśca-kālaḥ | tatra, dravyeṇā-
deśo yathāraktaśālīnāmodanaḥ pathyo, yavakānāmap-
athyaḥ | kriyayā yathā-bhr̥ṣṭavidalitanistuṣīkṛtānaṃ sū-
pyānāṃ sūpo laghuḥ, itareṣāṃ guruḥ | yogena yathā-
marīcādiyuktā māṃsabhakṣyā laghavaḥ, marīcādyayuktā
15 guravaḥ | mānena yathā-miśrakaudane mudgādyalpatv-
abahutvābhyāṃ laghutvagurutve | utpattideśena yathā-
dagdhāvanijātānāṃ śālīnāmanāṃ laghu, itareṣāṃ guru |

uktaṃ hi suśrutena (sū. a. 46/15)- "dagdhāyāmava-
nau jātaḥ śālayo laghupākinah |" iti | sthitideśena yathā-
durbhājanasthābhirdrākṣābhiḥ kṛtaṃ pānakaṃ doṣalam,
itarābhiradoṣalam | uktaṃ hi (saṅgrāhe sū.a.7)-"durbhājanasthā
drākṣā+amlā doṣalā ca prājāyate|" iti | pariṇāmadeś- 5
ena yathā-mṛṇmaye pātre siddhānāṃ tandulānāmod-
ano guruḥ, tāmramaye laghuḥ | utpattikālena yathā-
ārtavena divyodakena siddhamannaṃ pathyam, anārt-
avenāpathyam | sthitikālena yathārātrimuṣitena śṛtaśīte-
nāloḍitamapathyam, itareṇa pathyam | pariṇāmakālena 10
yathā-śīghrajanmanā sūpyena kṛtaḥ sūpo laghuḥ, ciraja-
nmanā guruḥ | āmādyavasthākālena yathā-āmena śuṣk-
eṇa vā mūlakena kṛto yūṣaḥ pathyaḥ, jīrṇenādreṇa vā
kṛto+apathyaḥ | ityādi svabuddhyā sarvamūhyam | § 1287

1.6.94 Aṣṭāṅgahrdayasaṃhitā

br̥mhaṇaḥ prīṇano vṛṣyaścākṣuṣyo vraṇahāṃ
rasaḥ | | 32 | | § 1288

1.6.95 Sarvāṅgasundarā

rasa iti māṃsarasaḥ, ādiśabdaloṇā | sa br̥mhaṇādiguṇay-
uktaḥ | kṛtākṛtasya ca rasasyāyaṃ guṇanirdeśo bodhyaḥ |
raso hi snehaśuṇṭhyādiyutaḥ-kṛta ityucyate, viparītaṣṭu-
akṛtaḥ | tatra kṛtasya tantrāntare vidhānamuktaṃ guṇā-
śca | yathā-"chāgalaṃ sakthijaṃ māṃsaṃ nirasthi taitti- 5
raṃ tathā | catuṣpalonmitaṃ sūkṣmaṃ kalpitaṃ kṣālitam
jale | | pippalīpippalīmūlaśuṇṭhīcitrakadhānyakaiḥ | dviś-
āṇaiḥ saṃyute toyē kvāthyam sārḍhāḍhakonmite | | mā-
mṣe+ariman dvipalaṃ tatra dāḍimātkuṭṭitātksipet | taṃ
rasam marditam pūtam hiṅgusaindhavajīrakaiḥ | | yu- 10
ktaṃ sudhūpitaṃ pathyam śuddhānāṃ śuddhikāṅkṣi-
ṇām | śuṣyatām vyādhimuktānām vraṇinām vātarogi-
ṇām | | bhagnaviśliṣṭasandhīnām kṣīṇadhātvindriyauja-
sām|" iti | tantrāntare coktam-"rasastatra varo+anamlāḥ
śākuno br̥mhaṇaḥ sarah | takrasiddhastu viṣṭambhī laghu- 15

rvātakaphāpahaḥ | | phalāmlagorasodāraṃ saviśvājājidh-
ānyakam | snigdham māṃsam hitaṃ balyaṃ br̥haṇaṃ ro-
canaṃ guru | | kāsamardakadhānyāmladādimādirajaḥkr̥-
tāḥ | lehāstakrādijāścānye yonivadgururocanaḥ | | mālu-
5 dhānīyavāsādipuṣpairyo+atiguṇaḥ khalah | phalamūlai-
rghanādānaṃ vyañjanaṃ pākato ghanam | | lehavatkhala
ityanye doṣalaḥ svasvayonivat | tadvacca tilakalkāmlapr-
āyaḥ kāmbaliko mataḥ | | kaṭvaraḥ kaphajidgrāhī pittalo
rocako laghuḥ | māṃsādajājisunṭhyādīgalitaḥ saṭṭako la-
10 ghuh | | iti | § 1289

1.6.96 Sarvāṅgasundarā

māṃsarasaguṇānāha-br̥mhaṇa iti | prīṇanaḥ-tr̥ptijanaḥ |
raso-māṃsarasah | uktaṃ hi saṅgrahe (sū.a.7)-"piśitena ra-
sastatra, yūṣo dhānyaiḥ, khalah phalaiḥ | mūlaiśca tilaka-
lkāmlaprāyaḥ kāmbalikaḥ smṛtāḥ | |" iti | sa ca kṛtākṛta-
5 dakalāvaṇikabhedāntridhā | uktaṃ hi saṅgrahe (sū. a.7)-
"jñeyāḥ kṛtākṛtaste tu snehādiyutavarjitāḥ | alpamāṃsād-
ayaḥ svacchā dakalāvaṇikāḥ smṛtāḥ | |' iti | tathā, tanusā-
ndrabhedādamlasvādubhedācca dvidhā | uktaṃ hi saṅgr-
ahe (sū. a. 7)-"vidyādyūṣe rase sūpe śāke caivottarottaram |
10 gauravaṃ tanusāndrāmlasvāduṣveṣu pṛthak pṛthak | |"
iti | saṅgrahe tu (sū. a. 7)-"śuṣyatāṃ vyādhimuktānāṃ
narāṇāṃ śuddhikāṅkṣiṇām | kṛśakṣāmakṣatoraskakṣiṇa-
dhātvidriyaujasām | | dr̥ṣṭiśravaṇavanhyāyurbalavarṇa-
svarārthinām | bhagnaviśliṣṭasandhīnām vranīnām vātar-
15 oḡiṇām | | hr̥dyaḥ pathyaḥ paraṃ vṛṣyo br̥mhaṇaḥ prīṇ-
ano rasaḥ | |" iti | śuṣyatāṃ-vṛddhiṃ tyajatām | kṛśānāṃ-
sthūlatvaṃ tyajatām | kṣāmāṇāṃ-balaṃtyajatām | § 1290

1.6.97 Aṣṭāṅgahr̥dayasaṃhitā

maudgastu pathyaḥ saṃśuddhavraṇakaṅthākṣirogi-
nām | | 33 | | § 1291

1.6.98 Sarvāṅgasundarā

maudgo raso-yūṣo, vraṇināṃ kaṅṭharogiṇāṃ akṣirogi-
 ṇāṃ ca pathyaḥ | asya ca saṃskṛtasya vidhānamuktam-
 "mudgānāṃ dvipalaṃ toyē śṛtamardhāḍhakonmite | pād-
 asthaṃ marditaṃ pūtaṃ dāḍimasya palena tu | yuktaṃ 5
 saindhavaviśvāhvadhānyakaiḥ pādakārṣikaiḥ | kaṅṭjīra-
 kayoścūrṇācchāṇaikenāvācūrṇitaṃ | saṃskṛto mudgay-
 ūṣo+ayaṃ pittaśleṣmaharo mataḥ | "tathā-"paṭolapatrācchāṇo
 dve mudgānāṃ dvipalaṃ jale | dravyādvātrimśadguṇite
 ardhasṭhe dāḍimātpalam | | karṣamāmalakānāṃ ca kṣi- 10
 ptvā punaradhiśrayet | pūrvam tatsaindhavādyaiśca yukt-
 amājyena yojitaṃ | | paṭolapatrakākhyo+ayaṃ yūṣaḥ pi-
 ttottharogajit | nimbapatrainimbayūṣamevameva praka-
 lpayet | | mulakācchuṅṭhikā svinnā ghṛtabhrṣṭā sadhāny-
 akā | hiṅgujīrakasaṃyuktā tato mathitadāḍime | | sasai- 15
 ndhave vinikṣipyā punaragnāvadhiśrayet | tāvadyāvanm-
 ṛdūbhūtaṃ tatastryūṣaṇasaṃyutaṃ | | sudhūpitaṃ hiṅ-
 ughṛtaiścāturjātāvācūrṇitaṃ | śuṅṭhīrasaṃ dīpanīyaṃ bā-
 taśleṣmāmayāpaham | | akṛtākṛtayūṣācca rasācca jalasā-
 dhitāt | snehāmlapaṭuyuktācca pūrvāḥ pūrvō laghurma- 20
 taḥ | | (saṅgrahe sū. a. 7)-vidyādyuṣe rase sūpe śāke caivo-
 ttarottaram | gauravaṃ tanusāndrāmlasvāduṣveṣu pṛthak
 tathā | | "tathoktam (saṅgrahe sū.a.7)-"khalakāmbalikau
 hṛdyau chedinau svausadhānugau | piśitena rasastatra,
 yūṣo dhānyaiḥ khalaḥ phalaiḥ | | mūlaiśca tilakalkāmla-
 prāyaḥ kāmbalikaḥ smṛtaḥ | jñeyāḥ kṛtākṛtāste tu snehād- 25
 iyutavarjitāḥ | | alpamāṃsādayaḥ svacchā dakalāvaṇikāḥ
 smṛtāḥ | " iti | svalpena māṃsena śuṅṭhyadibhiḥ svalpaiḥ
 svacchā ye kriyante, te dakalāvaṇikā bodhyāḥ | evaṃ yūṣe
 yatra dhānyamalpaṃ, khalādaḥ vā mūlādīnyalpāni, tatr- 30
 āpi dakalāvaṇikatvaṃ bodhyam | tantrāntare coktam (su-
 śrute sū.a.46 | 380)-"atha gorasadhānyāmlaphalāmlairanv-
 itaṃ cayat | yathottaram laghu hitaṃ saṃskṛtāsaṃskṛtaṃ
 tathā | | prabhūtāstamaloyūṣaḥ sūpāllaghutarāḥ smṛtaḥ |
 sūpastu rasayūṣābhyāṃ sthairyādgurutarō mataḥ | | taṃ 35
 sarogo na cāśrīyāna cālpāśī kathaṅcana | " iti | § 1292

1.6.99 Āyurvedarasāyana

mudgayūṣaguṇānāha-maudga iti | rasa ityanuvartate |
maudgo raso-mudayūṣaḥ, "yūṣo dhānyaiḥ" (saṃ.sū.a.7)
ityuktatvāt | saṃsuddhādīnāṃ pathyo-hitāḥ | kaṇṭhākṣi-
bhyāṃ rogaśabdaḥ sambadhyate | § 1293

1.6.100 Aṣṭāṅgahr̥dayasaṃhitā

vātānulomī kaulattho gulmatūnīpratūnijit | | 33 | | § 1294

1.6.101 Sarvāṅgasundarā

kaulattho yūṣo vātamanulomayati | gulmādīṃśca jayati |
tūnīpratūnīrogau-gulmanidāne vakṣyamāṇalakṣaṇau | § 1295

1.6.102 Āyurvedarasāyana

kulatthayūṣaguṇānāha-vātānulomīti | tūnīpratūnyau-gulmanidāne
(hr̥.ni.a.11/61) vakṣyete | § 1296

1.6.103 Aṣṭāṅgahr̥dayasaṃhitā

tilapiṇyākavikṛtiḥ śuṣkaśākam virūḍhakam | | 34 | |
śaṇḍākīvaṭakam dr̥gghnam doṣalam glapanam
guru | | 34 | | § 1298

1.6.104 Sarvāṅgasundarā

tilasya vikṛtiḥ piṇyākasya ca | tathā śuṣkaśākādi dr̥-
ṣṭighnam tridoṣakaram glānikaram guru ca | aṅkur-
itam sasyam-virūḍhakam | śaṇḍākyā saha saṃyutam
māśādivaṭakam-śaṇḍākīvaṭakam | § 1299

1.6.105 Āyurvedarasāyana

tilavikṛtyādīnām guṇānāha-tilapiṇyākavikṛtiriti | tilavikṛtiḥ-
mayūrāṇḍakādih | uddhṛtatailastilādipiṇḍaḥ, piṇyākaḥ
tadvikṛtiḥ-piṇḍavaṭakādideśīyā | śuṣkaśākaḥ-śukavārtākakaccarikādi |
virūdhakaḥ-aṅkuritaḥ dhānyam | kṛtānnaprastāvādaṅk-
uritadhānyakṛtamannaḥ grāhyam | yena vaṭakena śāṇḍ- 5
ākī kriyate tat-śāṇḍākivaṭakam | dr̥gghnaḥ-dr̥ṣṭināśanam |
doṣalaḥ-tridoṣakaram | glapanam-glānikaram | § 1300

1.6.106 Āyurvedarasāyana

rasālāguṇānāha-rasāleti | marīcaśarkarādiyuktaḥ karam-
athitaḥ dadhi-rasālā | § 1301

1.6.107 Aṣṭāṅgahr̥dayasaṃhitā

rasālā bṛmhaṇī vṛṣyā snigdhā balyā rucipradā | | 35 | | § 1302

1.6.108 Sarvāṅgasundarā

rasālā-karamathitena marīcaśarkarādiyuktena dadhnā kṛtā
ullekhikāsaṃjñā, bṛmhaṇī-dehasya bṛhattvakarī, vṛṣyādi-
guṇayuktā ca | § 1303

1.6.109 Aṣṭāṅgahr̥dayasaṃhitā

śramakṣutṛṭklamaharam pānakaḥ prīṇanam
guru | | 35 | |
viṣṭambhi mūtralaḥ hr̥dyaḥ
yathādravyaguṇam ca tat | | 36 | | § 1305

1.6.110 Sarvāṅgasundarā

pānakaḥ śramādharam prīṇanādiguṇayuktam | prīṇanam-
manaḥ prīṭikaram | yathādravyaguṇam ca-svasvadravyaguṇena
ca yuktam | parpaṭādīnām lāghavādiha guṇā noktāḥ | ya-

thā (saṅgrāhe sū. a. 7)-"parpaṭā laghavo rucyā laghīyān
kṣāraparpaṭaḥ | hr̥dyā vr̥ṣyā rucikarā guravo rāgakhāṇḍa-
vāḥ | | prīṇanā bhramatr̥ṭchardimadamūrccchāśramacch-
idaḥ | " iti | § 1306

1.6.111 Āyurvedarasāyana

pānakaguṇānāha-śramakṣutṭṛḍiti | guḍāmlīkādisaṃskṛta-
mudakādi dravaṃ-pānakam | yathādravyaguṇaṃ-yairdravyaiḥ
kriyate tadguṇānanuvartate | etena suśrutādibhiruktānāṃ
drākṣādipānakānāṃ guṇā uktāḥ | § 1307

1.6.112 Aṣṭāṅgahr̥dayasaṃhitā

lājāstr̥ṭchhardyatīsāramehamedaḥkaphacchidaḥ | | 36 | |
kāsapittopaśamanā dīpanā laghavo
himāḥ | | 37 | | § 1309

1.6.113 Sarvāṅgasundarā

lājāstr̥ḍādīṃschindanti | kāsapitte copaśamayanti | tathā,
dīpanā laghavaḥ śītavīryāśca | § 1310

1.6.114 Āyurvedarasāyana

lājānāṃ guṇānāha-lājā iti | bhr̥ṣṭānāṃ śālīnāṃ taṇḍulāḥ-
lājāḥ | § 1311

1.6.115 Aṣṭāṅgahr̥dayasaṃhitā

pr̥thukā guravo balyāḥ
kaphaviṣṭambhakāriṇaḥ | | 37 | | § 1312

1.6.116 Sarvāṅgasundarā

haritadhānyāni nistuṣabhṛṣṭamuśalahatāni-pr̥thukāścipiṭasaṃjñā
gurutvādiyuktāḥ | § 1313

1.6.117 Āyurvedarasāyana

pr̥thukaguṇānāha-pr̥thukā iti | aśuṣkadhānyānām bhr̥ṣṭāstaṇḍulāḥ-
pr̥thukāḥ | § 1314

1.6.118 Aṣṭāṅgahr̥dayasaṃhitā

dhānā viṣṭambhinī rūkṣā tarpaṇī lekhanī
guruḥ | | 38 | | § 1315

1.6.119 Āyurvedarasāyana

dhānāguṇānāha-dhānā viṣṭambhinīti | bhr̥ṣṭayavādidhānyam-
dhānā | anye tu yavāneva bhr̥ṣṭān dhānāśabdenāhuḥ |
ulumbādīṃśca pr̥thak paṭhanti | yadāha suśrutaḥ (sū.
a. 46/410)- "dhānolumbāstu laghavaḥ kaphamedoviśoṣa-
nāḥ |" iti | laghavaḥ pāke, guravo guṇe, svamatena guro- 5
rguṇatvāt | § 1316

1.6.120 Sarvāṅgasundarā

dhānā-bhr̥ṣṭayavādi, viṣṭambhinī rūkṣādiguṇayuktā ca |
§ 1317

1.6.121 Aṣṭāṅgahr̥dayasaṃhitā

saktavo laghavaḥ kṣuttr̥ṣṭramanetrāmavraṇān | | 38 | |
ghnanti santarpaṇāḥ pānātsadya eva
balapradāḥ | | 39 | |
nodakāntarītāna dvirna niśāyām na
kevalān | | 39 | |
na bhuktvā na dvijaiśchittvā saktūnadyāna vā
bahūn | | 40 | | § 1321

1.6.122 Sarvāṅgasundarā

saktavo laghavaḥ, kṣudhādīṃśca ghnanti | tathā, udak-
apītāḥ santarpanāḥ, sadya eva balaṃ kurvanti | tāṃśca
jalenāntarītān-vyavahitān, nāśnīyāt | anyabhojaneṣu hya-
ntarāpānaṃ vihitam, na tathā saktuṣu kāryamiti bodhay-
5 ati | (apare tvevamāhuḥ-ādau piṇḍī madhye jalamante ca
piṇḍīyudakāntarītā iti |) tathā, na dviḥ-dvau vārau nā-
dyāt | na niśāyāṃ- rātryāṃ | na kevalān-udakādirahitān |
na bhuktvā-anyadbhojanādi | na dvijaiśchittvā-dantaiḥ ka-
rasthāṃ piṇḍīm chittvetyarthaḥ | bahūṃśca saktūṃnn-
10 ādyāt | tantrāntare coktaṃ rūkṣavātalatvaṃ saktūnām-
iha noktam, laghutvādinaivāvagatatvāt | nanu, rūkṣav-
ātalatvaṃ cedabhyupagamyate saktūnām, tataḥ santa-
rpanā ityanupapannam | sadya eva balapradā ityetad-
apyayuktam | bhukto hyāhāraḥ pariṇaman rasadhātug-
15 ato dhātupuṣṭaye, nānyathā | atrācākṣmahe | prabhāvād-
ubhayamapyetaduktam | saktūnām hyayamacintyaḥ pr-
atyakṣavedyaḥ prabhāvaḥ,yatpītāḥ santaḥ sadyaḥ sant-
arpayanti | sadya eva ca balaṃ prayacchhanti | vājika-
raṇaṃ hi-apariṇatameva svakāryaṃ janayati | tathā ca
20 madyaṃ,-apariṇatameva madam janayati | tasmātsanta-
rpanatvaṃ balapradatvaṃ caiśāmupapannameva | tantr-
āntare coktam-"tulyājyaḥ saktuprāśastu vṛṣyo bhedī ras-
āyanam | (sam̐.sū.a.7)-'tr̥ṭchardiśramanunmanthaḥ śītast-
ṛṣṇānivartakaḥ | | pramehakṣayakuṣṭhāni na ca syurma-
25 nthapāyinām | nicayātkāthinā gurvī piṇḍī proktā mṛdurl-
aghuḥ | | saktūnām dravatāyogāllaghīyasyavalehikā | 'lāj-
asaktukṛtā+api syādvilepī tu garīyasī | |" iti | § 1322

1.6.123 Āyurvedarasāyana

saktuguṇānāha-saktava iti | bhr̥ṣṭānām nistuṣayavānām
cūrṇaṃ-saktavaḥ | pītā eva balapradāḥ, na tu bhakṣitā-
līḍhā vā | sadya eva, na tūttarakālamityevaśabdārthaḥ |
saṅgrahe tu (sū.a. 7)-"nicayātkāthinā gurvī proktā piṇḍī
5 laghurmr̥duḥ | saktūnām dravatāyogāllaghīyasyavaleh-
ikā | | śaṣkulīmodakādīnām vyākhyātaivaṃ ca kalpanā |
karkandhubadarādīnām śramakṣutṛṭklamacchidaḥ | | sa-

ktavo+amlarasā hr̥dyā yathādravyaguṇāśca te | " iti | sakt-
ubhakṣaṇaṃ niyamayati-nodakāntarītāniti | yeṣāṃ bhoja-
namadhye udakaṃ pīyate te-udakāntarītāḥ | dbau vārau-
dviḥ | kevalān-udakādirahitān | dvijaiśchittvā-karasthāṃ
piṇḍīm dantairvicchidya bhakṣitān | bahūn-atimātrān | 5
udakāntarītādīnāṃ pratyekaṃ niṣedhakaraṇatvāt pṛthak
nakāraḥ | § 1323

1.6.124 Aṣṭāṅgahr̥dayasaṃhitā

piṇyāko glapano rūkṣo viṣṭambhī
dr̥ṣṭidūṣaṇaḥ | | 40 | | § 1324

1.6.125 Sarvāṅgasundarā

piṇyākākyo-yastilādīnāṃ niṣpīḍitatailāḥ kalko, glapano-
glānikaraḥ | glapana iti glāyaternijantāt "glāsṛāvanuva-
māṃ ca" iti mittvāddhrasvaḥ, bāhulakātkartari lyuṭ | tathā,
viṣṭambhī dr̥ṣṭivikāraḥ | § 1325

1.6.126 Āyurvedarasāyana

piṇyākaguṇānāha-piṇyāka iti | uddhr̥tatailastilādipiṇḍaḥ-
piṇyākaḥ | glapano-glānikaraḥ | dr̥ṣṭidūṣaṇaḥ-dr̥ṣṭirogapradaḥ |
§ 1326

1.6.127 Aṣṭāṅgahr̥dayasaṃhitā

vesavāro guruḥ snigdho
balopacayavardhanaḥ | | 41 | | § 1327

1.6.128 Sarvāṅgasundarā

vesavāro-nāgaradhānyakājājihingughṛtādisaṃskṛtaṃ ku-
ṭṭitaṃ māṃsam | sa guruḥ snigdho balavardhanaḥ śarīr-
opacayavardhanaśca | § 1328

1.6.129 Āyurvedarasāyana

vesavāraguṇānāha-vesavāra iti | svinnam piṣṭam guḍajīra-
kādivimiśritam māṃsam-vesavārah | upacayaḥ-vapuṣpuṣṭiḥ |
§ 1329

1.6.130 Aṣṭāṅgahr̥dayasaṃhitā

mudgādiḥastu guravo yathādravyaguṇānugāḥ | | 41 | | § 1330

1.6.131 Sarvāṅgasundarā

mudgādiḥastu vesavārā ye iṇḍarikādibhirdravyaiḥ sū-
kṣmacchinnaiḥ kriyante loke pūraṇasābdena prasiddhāḥ,
te guravaḥ prakṛtidravyaguṇāśca | ādisābdena māśādayo
gr̥hyante | (anye tvādisābdāt vārtākasūraṇālūkādīn gr̥hya-
5 nte |) tantrāntare cōktam-"sarpistailagudakṣīrairyavagodhūmapaiṣṭikāḥ |
pūpā viṣṭambhinaḥ śītāḥ paiṣṭikā vātalāḥ kharāḥ | | vṛṣyā
balyāḥ sarā māśairvātaghnā mṛdupicchilāḥ | yathānnaṃ
guravo balyāḥ sthūlāśca kathināśca ye | | tailapakvāstu tv-
agdr̥gghnā garīyāṃso vidāhinaḥ | kāsārasārā laghavo lā-
10 jairlaghutarāḥ smṛtāḥ | | vātapittaharo vṛṣyo ghṛtapūrah
kaphapradah | sadyaḥ prāṇakaro rucyo māṃsalo raktalo
guruḥ | | laghīyān maṇḍakakṛto garīyān phalapūritaḥ ma-
dhurotkārikā vṛṣyā, kāsārah picchilo guruḥ | | guḍama-
tśyaṇḍikākhaṇḍakṣīrekṣurasamākṣikaiḥ | pūpāḥ śukraba-
15 laśleṣmarucidāstarpaṇāḥ kṣaṇāt | | nānādravyaiḥ samāyu-
ktāḥ pakvāmaklinnabharjitaiḥ | nimardako guruḥ snigdho
vṛṣyo balavatāṃ hitaḥ | | ghārikenḍarikāpūravaṭikāvāṭak-
ādayaḥ | viśadā rocanā balyā guravaḥ syuḥ svayonivat | |
yāvakaḥ picchilāḥ snigdhaḥ plīhodāvartahā guruḥ | bhṛ-
20 ṣṭasvinnatayā vā+a+adyo kaṇṭhyo+atikāsinām | | jvarod-
āvartamehānām pathyo vātānulomanah | olakaṃ haritā-
vasthaṃ śimbijatvātkharam guru | | mandajaryo yavādi-
tvādabhyoṣo br̥mhaṇah sarah | |" iti | siddhasāre cōktam-
"atyuṣṇā maṇḍakāḥ pathyāḥ śītālā guruvo matāḥ |' iti |
25 § 1331

1.6.132 Āyurvedarasāyana

mudgādivesavāraguṇānāha-mudgādijā iti | yeṣu māṃs-
asthāneṣu mudgacaṇakādayo gr̥hyante te-mudgādijāḥ |
yathādravyaguṇamanugacchantīti-yathādravyaguṇānugāḥ,
yāvantaḥ prakṛtidravyaguṇāstāvantasteṣāṃ bhavantītya-
rthaḥ | sākalye+avyayībhāvaḥ | § 1332 5

1.6.133 Aṣṭāṅgahr̥dayasaṃhitā

kukūlakarparabhrāṣṭrakandvaṅgāravipācitān | | 42 | |
ekayonīmllaghūnvidyādapūpānuttarottaram | | 42 | |
iti kṛtāna (pakvāna) vargaḥ | | 2 | | § 1335

1.6.134 Sarvāṅgasundarā

apūpān kukūlādisiddhān ekayonīn-ekakāraṇān yatho-
ttaram laghūnvidyāt | tena kukūlapakvāt sajātīyādap-
ūpātkarparapakvo laghuḥ | karparapakvācca bhrāṣṭra-
pakvaḥ | bhrāṣṭrapakvātkandupakvaḥ | kandupakvācc-
āṅgārapakvaḥ | kukūlaḥ-apāṃ bāṣpasvedaḥ, gośakṛdā- 5
dicūrṇasantāpa ityanye | karparo-jvālāsantaptaṃ kapā-
lam | bhrāṣṭrakandū prasiddhāveva | āṅgārāḥ-br̥hantaḥ
kāṣṭhasambhūtā iti | iti kṛtānavargaḥ | kṛtānavargā-
danantaram māṃsaśakavargayostadvyañjanabhūtayorni- 10
rdeśaḥ | tatrāpi prādhānyānmāṃsavargasya pūrvaṃ ni-
rdeśaḥ | prādhānyam cāsya bhaktena saha pracuropay-
oge+apyadoṣāt | śākasya tu bahūpayoge doṣaṃ vakṣyati
(hr̥. sū. a. 8 | 39)- "śākāvarānnabhūyiṣṭhamatyuşṇalavaṇaṃ
tyajet |" ityanena- § 1336

1.6.135 Āyurvedarasāyana

pacanapātraviśeṣādguṇaviśeṣānāha-kukūleti | kukūlam-śvabhram,
"kukūlam śānkubhiḥ kīrṇe śvabhre nā tu tuṣānale |"
iti (viśvaprakāśamedinīkośayoḥ) vacanāt | tena ca mṛ-
nmayamuttānamapūpapacanapātraṃ lakṣyate śvabhrā-
kāram | tadeva nyubjaṃ- param | tadeva sacchidraṃ- 5

bhrāṣṭram | lohamayaṃ nyubjaṃ-kanduḥ | aṅgāśabd-
ena aṅgārapūrṇaṃ pātram, hasantītyādi | piṣṭhakṛtāstan-
avo viṣṭrāḥ- apūpāḥ | ekayonigrahaṇaṃ prakṛtidravyā-
dyaviśeṣe+apipātrakṛtamevottarottaraṃ lāghavamiti jñā-
5 panārtham, yathā yathā+agnisannikarṣastathā tathā lāgh-
avamityarthaḥ | saṅgrahe tu (sū.a.a7)-"prabhūtābhyantaramalomāśasūpaḥ
paraṃ smṛtaḥ | khalakāmbalikau hr̥dyau chedinau svauṣ-
adhānugau | | parpaṭā laghavo rūkṣā laghīyān kṣāraparp-
aṭaḥ | hr̥dyā vṛṣyā rucikarā guravo rāgakhāṇḍavāḥ | prīṇ-
10 anā bhramatr̥chardimadamūrccābhramacchidaḥ | tr̥ch-
ardiśramanunmantha śītaḥ sadyo balapradaḥ | | prameh-
akṣayakuṣṭhādyā na ca syurmanthapāyinām | " iti iti kṛtā-
nnavargaḥ | § 1337

1.6.136 Āyurvedarasāyana

atha māṃsavargaḥ | māṃsamaṣṭadhā,-mṛgaviṣkirapratu-
dabileśayaprasahamahāmṛgajalacaramatsyabhedena | ta-
tra mṛgānāha-hariṇaiṇeti | hariṇādayo-mṛgāḥ | teṣu hariṇaḥ-
tāmravarṇaḥ | eṇaḥ-kṛṣṇavarṇaḥ | kuraṅgo-laghucaturagatiḥ |
5 ṛkṣonīlāṇḍaḥ | gokarṇo-gosadr̥śakarṇo rāsabhākāraḥ | mṛgamātr̥kā-
laghupr̥thūdārā śāśābhā | śāśo-bileśayaḥ | śambarāḥ-vikaṭabahuviṣāṇaḥ |
cāruṣkaḥ-cārutanuḥ | śarabhaḥ-aṣṭacaraṇaḥ | ādyaśabdāt
pr̥ṣatakarālādayaḥ | uktaṃ hi saṅgrahe (sū. a. 7)-"kālapucchakacāruṣkavarapotaś
śvadamṣṭrārāmaśarabhakroṣṭukārakaśambarāḥ | | karāla-
10 kṛtamālau ca pr̥ṣataśca mṛgā smṛtāḥ | " iti | § 1338

1.6.137 Aṣṭāṅgahr̥dayasaṃhitā

atha māṃsavargaḥ | | 43 | |
hariṇainakuraṅgarkṣagokarṇamṛgamātr̥kāḥ | | 43 | |
śāśāambaracāruṣkaśarabhādyā mṛgāḥ
smṛtāḥ | | 43 | | § 1341

1.6.138 Sarvāṅgasundarā

hariṇādayo daśa-mṛgāḥ smṛtāḥ | ādiśabdena kālapucchak-
apr̥ṣatādayaḥ saṅgrahoktā gr̥hyante (sū.a.7)-("kālapucchakacāruṣkavarapotaśāśo

śvadamṣṭrārāmaśarabhakohakāra kaśambarāḥ | karālakṛ-
tamālau ca pṛṣataśca mṛgāḥ smṛtāḥ | |" iti) § 1342

1.6.139 Aṣṭāṅgahr̥dayasaṃhitā

lāvavārtīkavartīrarakṭavartmakakukkubhāḥ | |44| |
kapiñjalopacakrākhyacakorakurubāhavaḥ | |44| |
vartako vartikā caiva tittiriḥ krakaraḥ
śikhī | |45| |
tāmracūdākhyabakaragonardagirivartikāḥ | |45| |
tathā śārapadendrābhavaratādyaśca 5
viṣkirāḥ | |46| | § 1347

1.6.140 Sarvāṅgasundarā

tatra lāvādayo varatāntā ekaviṃśatiḥ, vikīrya bhakṣaṇā-
dviṣkirāḥ | rakte vartmanī yasyātyarthaṃ sa raktavartm-
akaḥ | vartako vartiketi jātyantaram, na tu vartakasya strī
vartikā | yathā ca balākā sārīketi | puṃsyapi strīlingatvāv-
eśāt | śikhī-mayūraḥ, vrīhyāditvādinīḥ | § 1348 5

1.6.141 Āyurvedarasāyana

viṣkirānāha-lāvavārtīketi | pakṣimadhye ye vikīrya bh-
akṣayanti te viṣkirāḥ | tatra lāvaḥ-citrayodhī | vārtīko-
vanacaṭakaḥ svalpasaṅghātacārī | vartīraḥ-alpakapiñjalasadr̥śaḥ |
kukkubho dvididhaḥ,-sthalajo jalajaśca, raktavartmakav-
iṣeṣaṇātsthalajo gṛhyate | uktaṃ hi-"nīlacchaviḥ kṛṣṇag- 5
alaḥ syādgrāmacaṭakākṛtiḥ | kukkubhaḥ kukkubhārāvaḥ
sthalajo raktavartmakāḥ | |" iti | kapiñjalo-gauratittiriḥ |
upacakraḥ-śvabhracaraḥ kṛśacañcurmadāvilāḥ | cakoro-
raktākṣaḥ | kurubāhuḥ-nīligrīvo raktaśikhaḥ śvetapakṣaḥ |
vartako-vartīrādālpaḥ | tatsadr̥śā-vartikā, tato+apyalpā | 10
tittiriḥ-citrapakṣaḥ | krakaraḥkrakacaśabdakārī pītakṛṣṇ-
agalaḥ kṛṣṇacañcucaraṇo raktapṛṣṭhaḥ | śikhī-mayūraḥ |
tāmracūdākhyāḥ-kukkuṭaḥ | bakaro-bakasadr̥śaḥ | gonardo-
gokṣvedāḥ | girivartikā-girikākhyā vartikābhedaḥ, parv-

atacārī | sārāpadaḥ-kaṅkasadr̥śaścārugatīḥ | indrābhaḥ-
kaṅkasadr̥śo vividhavarṇaḥ | varaṭaḥ-haṃsasadṛśaḥ | ādy-
aśabdāttittirīṭādayaḥ | § 1349

1.6.142 Aṣṭāṅgahr̥dayasaṃhitā

jīvañjīvakādātyūhabhṛṅgāhvāśukasārikāḥ | | 46 | |
laṭvākokilahārītakapotacaṭakādayaḥ | | 47 | |
pratudāḥ----- | | 47 | | § 1352

1.6.143 Sarvāṅgasundarā

jīvañjīvakādayaḥ pratudā daśa smṛtāḥ | pratudya-tuṇḍenāhatya
śālyāderbhakṣaṇāt pratudāḥ | ādiśabdena saṅgrahoktāḥ
khañjarīṭakapārāvātādayo gr̥hyante | § 1353

1.6.144 Sarvāṅgasundarā

pratudānāha-jīvañjīvaketi | pratudya bhakṣayantīti pra-
tudāḥ | tatra jīvañjīvakaḥ-ekodaro dviśirāḥ | dātyūhaḥ-
andhakākaḥ | bhṛṅgāhvo-bhṛṅgarājaḥ kṛṣṇavarṇacaṭak-
asadṛśaḥ śikhāvān goprerakaḥ | śukaḥ-kīraḥ | sārikā-
5 medhāvinī | laṭvā-raktapucchādhobhāgaḥ | kokilaḥ-parapuṣṭaḥ |
hārīto-haritaṭāḥ | kapotaḥ-pāṇḍukaḥ | caṭakaḥ-kalaviṅkaḥ |
ādiśabdātkhañjarīṭādayaḥ | uktaṃ hi saṅgrahe (sū.a. 7)-
"śatapatro bhṛṅgarājaḥ koyaṣṭirjīvajīvakaḥ | (khañjarīṭ-
akahārītadurnāmāgiriśā gr̥hāḥ | | laṭvā laḍūṣo vaṭahā
10 gokṣveḍo ḍiṇḍimāṇavaḥ | jaṭīdundubhipārkāralohaprṣṭh-
akuliṅgākāḥ | | sārikāśukaśārṅgākhyacirīṭīkakuyaṣṭikāḥ |
mañjulīyakādātyūhagopāputrapriyātmajāḥ | | kalaviṅkaḥ
parabhṛtaḥ kapoto+aṅgāracūḍakaḥ | pārāvataḥ pāṇāvika
ityuktāḥ pratudādvijāḥ | | " iti | § 1354

1.6.145 Aṣṭāṅgahr̥dayasaṃhitā

-----bhekagodhāhiśvāvidādyā bileśayāḥ | | 47 | | § 1355

1.6.146 Sarvāṅgasundarā

bhekādayaścatvāro bileśayāḥ | bile bāhulyena śerata iti bileśayāḥ | ādiśabdena śvetaśyāmaśalyakādayo gr̥hyante | § 1356

1.6.147 Āyurvedarasāyana

vileśayānāha-bhekagodheti | bile-vivare, śerate-nivasantīti bileśayāḥ | tatra bheko-maṇḍūkaḥ | godhāpañcanakhagrāhiṇī | ahiḥ-sarpaḥ | śvāvit-śalākāsadr̥śaromā | ādyaśabdānnakulādayaḥ | saṅgrahe tu (sū.a.7)- "śvetaḥ śyāmaścitr-apr̥ṣṭhaḥ kālakaḥ kākulī mṛgaḥ | bhekacilakakūcīkā godh- 5 āśalyakaśāṇḍakāḥ | | vṛṣāhikadalīśvāvinnakulādyā bileśayāḥ | " iti | § 1357

1.6.148 Aṣṭāṅgahr̥dayasamhitā

gokharāśvataroṣṭrāśvadvipisimharkṣavānarāḥ | | 48 | |
mārjāramūṣakavyāghravṛkababhrtarakṣavaḥ | | 48 | |
lopākajambukaśyenacāṣavāntādavāyasāḥ
śaśaghnībhāsakuraragṛdhrolūkakuliṅga-
kāḥ | | 49 | |
dhūmikā madhuhā ceti prasahā
mṛgapakṣiṇaḥ | | 50 | | § 1361

1.6.149 Sarvāṅgasundarā

gavādayaḥ prasahyā | prasahyā-āhr̥tya bhakṣaṇāt prasahāḥ | mṛgāśca pakṣiṇaśca mṛgapakṣiṇaḥ, kecinmṛgāḥ kecitpakṣiṇa ityarthaḥ | aśvataro-vegasaḥ | aśvaḥ-turagaḥ | babhruḥ-jāhako, nakula ityanye | lopāko-lomaśaḥ | jambukaḥ-śṛgālaḥ | śyeno-garudākṛtiḥ | cāṣaḥ-kikīdiviḥ | vāntādaḥ- 5 śvā | vāyasaḥ-kākāḥ | ulūkaḥ-kākāriḥ | kuliṅgakaḥ-kṛṣṇacaṭakaḥ | § 1362

1.6.150 Āyurvedarasāyana

prasaḥānāha-gokhareti | mṛgāṇaṃ pakṣiṇaṃ madhye prasahya-
hr̥tvā bhakṣayantīti prasahāḥ | tatra gauḥ-prasiddhā |
kharo-gardabhaḥ | aśvataṛaḥ-aśvāyāṃ gardabhājātaḥ | uṣṭra-
aḥkarabhaḥ | aśvo-ghoṭakaḥ | dvīpī-citravyāghraḥ | siṃhaḥ-
5 kesarī | ṛkṣo-lomaśo markāṭasadr̥śaḥ | vānaro-markāṭaḥ |
mārjārobidālaḥ | mūṣakaḥ-unduruḥ | vyāghro-mahāvvyāghraḥ |
vṛkovatsabhakṣaḥ | babhruḥ-acchabhallaḥ | tarakṣuḥ-mṛgādanaḥ |
lopāko-lomaśo jambukasadr̥śaḥ | jambukaḥ-śṛgālaḥ | śye-
naḥ śaśānakaḥ | cāṣaḥ-prasiddhaḥ | vāntādaḥ-śvā | vāyas-
10 aḥkākaḥ | śaśaghnī-śaśāriḥ | bhāsaḥ-śvetaśikhāvān ḡrdhr-
asadr̥śo goṣṭhacārī | kuraraḥ-arunaḥ śvetamastako matsy-
agrāhī | ḡrdhraḥ-kṛṣṇo mahān dūradarśī | ulūko-ghūkaḥ |
kuliṅgogr̥hacaṭakaḥ | dhūmikā-dhūmyāṭaḥ | madhuhā-
madhughāṭakaḥ | itīśabdādevaṃprakārā anye+api | mṛg-
15 āśca pakṣiṇāśca mṛgapakṣiṇaḥ | tatra jambukāntā vāntād-
asahitā mṛgāḥ, itare pakṣiṇaḥ | § 1363

1.6.151 Aṣṭāṅgahr̥dayasaṃhitā

varāhamahiṣanyaṅkururohitavāraṇāḥ | | 50 | |
sṛmaraścamaraḥ khaḍgo gavayaśca
mahāmṛgāḥ | | 51 | | § 1365

1.6.152 Sarvāṅgasundarā

varāhādayo daśa mahāmṛga sajnā | vāraṇo-hastī | § 1366

1.6.153 Āyurvedarasāyana

mahāmṛgānāha-varāhamahiṣeti | mahānto mṛgāḥ-mahāmṛgāḥ |
tatra varāhaḥ-sūkaraḥ | mahiṣaḥ-aśvaśatruḥ | nyaṅkuḥ-
kuraṅgasadr̥śo vikaṭabahuviṣāṇaḥ | ruruḥ-bahuviṣāṇaḥ
śaradi śṛṅgatyāgī | rohito-lohitavarṇaḥ | vāraṇo-hastī |
5 sṛmaro-vanaturagaḥ | camaro-vanyo gauḥ | khaṅgo-gaṇḍakaḥ |
gavayaḥ-sāsrākakudarāhito gosadr̥śaḥ | cakāro+anuktasamuccayārthaḥ |
§ 1367

1.6.154 Āyurvedarasāyana

jalacarānāha-haṃsasāraseti | ye+apsu-jale caranti te apca-
rāḥ | tatra haṃso-mānasaukāḥ | sāraso-lakṣmaṇaḥ | kād-
ambaḥ | bakaḥ-pāṇḍurapakṣaḥ prasiddhaḥ | kāraṇḍavaḥ-
śuklo haṃsasadṛśaḥ | plavo-mahān prasevakagalaḥ | valākā-
visakaṇṭhikā | utkrośaḥ-kurarasadrśaḥ | cakrāhvaḥ-cakravākāḥ |
madguḥ-jalakākāḥ | krauñcaḥ-kuñ ādiśabdāccātakādayaḥ |
uktaṃ ca saṅgrahe (sū.a. 7)-"kākatuṇḍaghanārāvamadgukrauñcāmbukuk
mṛṇālakaṇṭhacakrāhvabalākāraktaśīrśakāḥ | | utkrośaḥ pu-
ṇḍarīkākṣasarārīmaṇituṇḍikāḥ | nandaśca mallikādyāśca
pakṣiṇo jalacāriṇaḥ | | " iti | § 1368

10

1.6.155 Aṣṭāṅgahr̥dayasaṃhitā

balākotkrośacakrāhvamadgukrauñcādayo+apcarāḥ | | 52 | |
haṃsasārasakādambavakakāraṇḍavaplavāḥ | | 51 | | § 1370

1.6.156 Sarvāṅgasundarā

haṃsādayaḥ krauñcāntā apsu caraṇādapcarasaṃjñāḥ | ād-
iśabdena raktaśīrśakādayo gṛhyante | § 1371

1.6.157 Aṣṭāṅgahr̥dayasaṃhitā

matsyā rohitapāṭhīnakūrmakumbhīrakarkaṭāḥ | | 52 | |
śuktiśaṅkhodraśambūkaśapharīvarmicandrikāḥ | | 53 | |
culūkīnakramakaraśīsumāratimiṅgilāḥ | | 53 | |
rājīcilicimādyāśca----- | | 54 | | § 1375

1.6.158 Sarvāṅgasundarā

rohitakādaya ekonaviṃśatirjalodbhavā matsyasaṃjñāḥ |
caśabdo+anuktakadalakapardakādisamuccayārthaḥ | § 1376

1.6.159 Āyurvedarasāyana

matsyānāha-matsyā iti | jalāntarvāsinomatsyāḥ | tatra rohitō-
raktāṅgaḥ kṛṣṇapr̥ṣṭho matsyaśaivalabhojanaḥ | pāṭhīno-
rūṣyodaraḥ kṛṣṇavarṇakaḥ kaṅṭakamañjariḥ | kūrmaḥ-
kacchapaḥ | kumbhīro-mahānnakrasadr̥śaḥ | karkaṭaḥ-kulīraḥ |
5 śuktiḥ-muktāsphoṭaḥ | śaṅkhaḥ-kambuḥ | udro-jalabiḍālaḥ |
śambūkaḥ-kṣudraśaṅkhaḥ | śapharī-kṣudramatsyaḥ | varmiḥ-
sarpākāraḥ | candrikā-pārśveṣu kaṅṭakavalayito vartu-
laḥ | culūkī-dantyākāro+antarvaktro bahirniśvāsabhuk |
nakro-rajivākāraḥ | makaraḥ-siṃhadamaṣṭraḥ | śiśumāraḥ-
10 śiśughnaḥ | timiḥsatayojanavistr̥taḥ, taṃgilatīti-timiṅgilaḥ |
rājī-rājīvo vajrābhaḥ | cilicimaḥ-śakalī lohitanayanaḥ sarv-
ato lohitarājīḥ prāyo bhūmicārī | ādyaśabdādgomatsyāda-
yaḥ | § 1377

1.6.160 Aṣṭāṅgahr̥dayasaṃhitā

-----māṃsamityāhuraṣṭadhā | | 54 | |
(mṛgyaṃ vaiṣkirikaṃ kiñca prātudaṃ ca
bileśayam | | 1 | |
prāsahaṃ ca mahāmṛgyamaṃcaram
mātsyamaṣṭadhā | | 1 | | § 1380

1.6.161 Sarvāṅgasundarā

ityaṣṭabhiḥ prakāraistantrakārā māṃsamāhuḥ | § 1381

1.6.162 Āyurvedarasāyana

uktānāṃ vargānāṃ māṃsatvamāha-māṃsamityāhuriti |
iti-uktaprakāreṇa, aṣṭadhā-aṣṭadhā-aṣṭaprakāraṃ, māṃs-
amāhuḥ | § 1382

1.6.163 Aṣṭāṅgahr̥dayasaṃhitā

yoniṣvajāvī vyāmiśragocaratvādaniścite | | 54 | | § 1383

1.6.164 Sarvāṅgasundarā

yonīṣu pūrvoktāsvaṣṭāsu madhye, vyāmiśragocaratvāt-
vyāmiśraviṣyatvāt, ajāvī-vyāmiśre | ajāvī-chhāgorabhrau,
te aniścite, te hi jāṅgale+api deśe vartate anūpe+api | aj-
āvī iti strīliṅganirdeśo+atra vivakṣita eva | kecittu 'aniśc-
itau' nijagaduḥ | nanu, tittirirapi dhanvānūpacārī prathi- 5
taḥ | tatkathamasāviha jāṅgalaḥ kīrtitaḥ? brūmaḥ | tatsv-
abhāvatvāt | yadyapyubhayacaro+ayaṃ, tathā+api jāṅgal-
asvabhāvatvājījāṅgalo+ayaṃ | vikīrya bhakṣaṇācca viṣkir-
atvaṃ tittirerñiścitaṃ nimittamasti | tasmādayaṃ jāṅgala
eva vaktuṃ yuktāḥ | hariṇādīnāṃ ca kirātakaivartādibhyo 10
nānādeśaprasiddhāḥ saṃjñā vedyāḥ | § 1384

1.6.165 Āyurvedarasāyana

ajāvyanuktau hetumāha-yoniṣvajāvīti | ajāvī-mṛgaviśeṣau |
yonīṣu-mṛgaprasahamahāmṛgākhyāsu yoniṣu | aniścite-
anirdhārite | vyāmiśragocaratvātyonitrayaviṣatvat | ajā-
vyormāṃsatve+api mṛgādiviśeṣo nāstītyarthaḥ | § 1385

1.6.166 Aṣṭāṅgahr̥dayasaṃhitā

ādyāntyā jāṅgalānūpā madhyau sādharmaṇau
smṛtau | | 55 | | § 1386

1.6.167 Sarvāṅgasundarā

ādau bhavāḥ-ādyāḥ,- mṛgaviṣīkarapratudākhyāḥ, jāṅgala-
cāritvājījāṅgalaśabdavācyāḥ | evamantyāḥ-mahāmṛgāpcaramatsyākhyāḥ,-
ānūpāḥ | madhyau-dvau bileśayaprasahākhyau,-sādharmaṇau,
jāṅgalānūpacārīnāvītyarthaḥ | madhyāvīti dvivacananird-
eśasāmarthyādādyantānāṃ vargāṇāṃ pratyekaṃ tritvam- 5
anumīyate trigrahaṇamantareṇāpi | § 1387

1.6.168 Āyurvedarasāyana

māṃsasya traividhyamāha-ādyāntyā iti | ādyāstrayo mṛgaviṣkirapratudāḥ-
jāṅgalāḥ | antyāstrayo mahāmṛgajalacaramatsyāḥ-ānūpāḥ |
madhyau dvau bileśayaprasahausādhāraṇau | § 1388

1.6.169 Aṣṭāṅgahr̥dayasaṃhitā

tatra baddhamalāḥ śītā laghavo jāṅgalā hitāḥ | | 55 | |
pittottare vātamadhye sannipāte
kaphānuge | | 56 | | § 1390

1.6.170 Sarvāṅgasundarā

tatra-teṣu jāṅgalānūpasādhāraṇeṣu madhye, jāṅgalā baddhamalāḥ-
grathitaṃ puriṣaṃ kurvanti | śītavīryā laghavaḥ | sa-
nnipāte hitāḥ | kimbhūte? pittottare,-pittādhike | tathā
vāto madhyo yasmiṃstasmin madhyamamaruti | tathā
5 kaphānuge,-kapho+anugo-abalo hīno, yasmiṃstasmin sv-
alpaśleṣmaṇi | § 1391

1.6.171 Āyurvedarasāyana

jāṅgalaguṇānāha-tatra baddhamalā iti | baddhamalāḥ-
baddhapuriṣāḥ | sannipāte-doṣatrayaprakope hitāḥ | kaphānuge-
hīnakaphe | § 1392

1.6.172 Sarvāṅgasundarā

atra keśāṃcidviśeṣaḥ | tatra śaśaguṇānāhadīpana iti | § 1393

1.6.173 Aṣṭāṅgahr̥dayasaṃhitā

dīpanaḥ kaṭukaḥ pāke grāhī rūkṣo himaḥ
śaśaḥ | | 56 | | § 1394

1.6.174 Sarvāṅgasundarā

śaśo+agnidīpanaḥ pāke kaṭuko, grāhī, rūkṣaḥ, śītaśca |
grāhiśītatvaṃ cāsya jāṅgalatvādeva labdhamapyatiśay-
ārthaṃ punarīhopāttam | svādukaśāyatvādikameṣāmiha
yuktyoktam | saṅgrahe tu (sū.a.7) spaṣṭaṃ kṛtvoktam |
yathā-"tatra baddhamalā rucyā māṃsānāmuttamā hi 5
māḥ | kaśāyasvāduviśadā laghavo jāṅgalā hitāḥ | | tā-
mro+atra hariṇaḥ kṛṣṇastveṇo hṛdyastridoṣajit | laghī-
yān ṣaḍrasaścāsau, grāhī rūkṣo himaḥ śaśaḥ | | kaṭup-
āko+agnikṛtpathyaḥ sannipāṃte+anilāvare | " iti | § 1395

1.6.175 Aṣṭāṅgahr̥dayasamhitā

iśaduṣṇagurusnigdha br̥mhaṇā vartakādayaḥ | | 57 | |
tittiristeṣvapi varo
medhāgnibalaśukrakṛt | | 57 | |
grāhī varṇyo+anilodriktasannipātaharaḥ
param | | 58 | | § 1398

1.6.176 Sarvāṅgasundarā

vartakādārabhya yāvajjāṅgalasamāptistāvatsarve auṣṇya-
gauravasnigdhatvairalpairyuktāḥ | teṣvapi madhye tittiriḥ
śreṣṭho medhādikaraśca | tathā, saṅgrahī | tathā, varṇyo
vātādhikasannipātaharaśca | sa ca tittirirdhanvanyānūpe
ca deśe vicarati, ataḥ snigdha uṣṇo gurubr̥mhaṇaśca | ta- 5
thā ca saṅgrahe (sū.a.7)-"dhanvānūpavicāritvāt snigdhoṣṇ-
agurubr̥mhaṇaḥ | "iti | § 1399

1.6.177 Āyurvedarasāyana

vartakādiguṇānāha-iśaditi | vartakādayo "vartako vart-
ikā" ityādayo jāṅgalāḥ | tittiriguṇānāha-tittiririti | teṣu-
vartakādiṣu | anilodriktaṃ- vātādhikaṃ, sannipātaṃ- doṣatrayaprakopaṃ
harate | saṅgrahe tu (sū. a. 7)-"dhanvānūpavicāritvātsnigdhoṣṇagurubr̥m-
§ 1400

5

1.6.178 Aṣṭāṅgahr̥dayasaṃhitā

nātipathyaḥ śikhī pathyaḥ
śrotrasvaravayoddaśām | | 58 | | § 1401

1.6.179 Sarvāṅgasundarā

śikhī-barhī, nātipathyaḥ | śrotrādīnām pathyaḥ | vayasah
ratambhanakāritvena pathyaḥ | § 1402

1.6.180 Āyurvedarasāyana

mayūraguṇānāha-nātipathya iti | nātipathyaḥ-nātisvasthahitaḥ,
doṣacayakāritvāt | śrotrādīnām tu pathyaḥ, taddārḍhyak-
āritvāt | § 1403

1.6.181 Aṣṭāṅgahr̥dayasaṃhitā

tadvacca kukkuṭo vṛṣyaḥ----- | | 59 | | § 1404

1.6.182 Sarvāṅgasundarā

tadvacca kukkuṭo-mayūratulyaguṇo vṛṣyaśca | § 1405

1.6.183 Āyurvedarasāyana

kukkuṭaguṇānāha-tadvacceti | tadvat-mayūratulyaguṇaḥ |
§ 1406

1.6.184 Aṣṭāṅgahr̥dayasaṃhitā

-----grāmyastu śleṣmalo guruḥ | | 59 | | § 1407

1.6.185 Sarvāṅgasundarā

grāmyaḥ punaḥ kukkuṭaḥ śleṣmalo guruśca | § 1408

1.6.186 Āyurvedarasāyana

grāmyakukkuṭaguṇānāha-grāmyastviti | grāme bhavo-grāmyaḥ |
§ 1409

1.6.187 Aṣṭāṅgahr̥dayasam̐hitā

medhā+analakarā hr̥dyāḥ krakarāḥ
sopacakrakāḥ | | 59 | | § 1410

1.6.188 Sarvāṅgasundarā

krakarā upacakrakāśca medhāmagniḥ ca kurvanti hr̥dyā-
śca | § 1411

1.6.189 Sarvāṅgasundarā

krakaropacakrayorguṇānāha-medhānalakarā iti | analo-
vahniḥ | § 1412

1.6.190 Āyurvedarasāyana

kāṇakapotaguṇānāha-guruḥ salavaṇa iti | kāṇakapotaḥ-
alpāruṇakapotabhedāḥ | § 1413

1.6.191 Aṣṭāṅgahr̥dayasam̐hitā

guruḥ salavaṇaḥ kāṇakapotaḥ sarvadoṣakṛt | | 60 | | § 1414

1.6.192 Sarvāṅgasundarā

kāṇaḥ kapoto gururīṣallavaṇastridoṣakṛcca | § 1415

1.6.193 Aṣṭāṅgahr̥dayasam̐hitā

caṭakāḥ śleṣmalāḥ snigdḥā vātaghnāḥ śukralāḥ
param | | 60 | | § 1416

1.6.194 Sarvāṅgasundarā

caṭakāḥ śleṣmalatvādiguṇayuktā atiśayena śukrakṛtaśca |
§ 1417

1.6.195 Āyurvedarasāyana

caṭakaguṇānāha-caṭakā iti | carakastvāha (sū.a. 27/72)-
"caṭakā madhurāḥ snigdhaḥ kaphaśukravivaraddhanāḥ |
sannipātaḥarāścaiva śamanā mārutasya ca | |" iti | tatra sa-
nnipātasya sampr̥ktadoṣatrayavācitvāt sampr̥ktāneva trīn
5 doṣān ghnanti, na tvasampr̥ktān | ata eva'śamanā mārut-
asya ca' ityuktam | tasmāt śleṣmalatvaṃ na saṃsr̥ṣṭaviṣa-
yam | § 1418

1.6.196 Aṣṭāṅgahr̥dayasaṃhitā

gurūṣṇasnidghamadhurā vargāścāto yathottaram | | 61 | |
mūtraśukrakṛto balyā vātaghnāḥ
kaphapittalāḥ | | 61 | | § 1420

1.6.197 Sarvāṅgasundarā

ataḥ-anantaram, bileśayādyā vargā yathottaraṃ gurutv-
ena uṣṇatvena snigdhatvena madhuratvena cādrikāḥ | yo
yasmāduttaro vargaḥ , sa tasmādgurutvādibhiradhika ity-
arthaḥ | tathā, yathottarameva mūtraśukrakṛto balyā vāta-
5 ghnāḥ śleṣmapittalāśca | § 1421

1.6.198 Āyurvedarasāyana

bileśayādivargānāṃ guṇānāha-gurūṣṇasnidghamadhurā
iti | ataḥ-ebhyo jāṅgalebhyaḥ pare | vargāḥ-bileśayādayaḥ |
yathottaraṃ-bileśayebhyaḥ prasahā gurvādiguṇayuktāḥ,
tato mahāmrgāḥ, tato jalacarāḥ, tato matsyā iti | § 1422

1.6.199 Aṣṭāṅgahr̥dayasaṃhitā

evaṃ vargapañcakasya sāmānyaguṇānuktvā,
apavādamāha- śītā mahāmṛgāsteṣu,
kravyādaprasahāḥ punaḥ | | 62 | |
lavaṇānurasāḥ pāke kaṭukā
māṃsavardhanāḥ | | 62 | |
jīrṇārsograhaṇīdoṣaśoṣārtānām param
hitāḥ | | 63 | | § 1425

1.6.200 Āyurvedarasāyana

atra keṣāṃcidviśeṣaḥ | tatra mahāmṛgaguṇānāhaśītā ma-
hāmṛgā iti | kravyādaprasahaguṇānāha-kravyādaprasahā
iti | vānaramūṣakakuliṅgamadhuhāvvyatirikṭā dvīpyādayo
māṃsāhāratvāt-kravyādaprasahāḥ | jīrṇaiḥ-kālena pakva-
doṣaiḥ, arśaḥprabhṛtibhirārtānām hitāḥ | śoṣo-rājayakṣmā | 5
saṅgrahe tu (sū. a. 7)- "cakṣuṣyāḥ sṛṣṭaviṇmūtrā māṃsalāḥ
kaṭupākinaḥ |" iti | § 1426

1.6.201 Sarvāṅgasundarā

teṣu vargeṣu madhye mahāmṛgāḥ śītavīryāḥ | kravyaṃ-
āmamāṃsaṃ bhuñjate ye, te kravyādāḥ | kravyādāstu
ye prasaḥāḥ-mārjāragṛdhrolūkādayaḥ, te lavaṇānurasāḥ
pāke kaṭukā māṃsavardhanāścātitarām | jīrṇārsāḥprabhṛ-
utyāmayānāmatisāyena hitāḥ | § 1427 5

1.6.202 Aṣṭāṅgahr̥dayasaṃhitā

nātiśītagurusnigdhaṃ māṃsamājamadoṣalam | | 63 | |
śarīradhātusāmānyādanabhiṣyandi
br̥mhaṇm | | 64 | | § 1429

1.6.203 Sarvāṅgasundarā

nātiśabdo+atreṣadarthe | yadi tu pratiṣedhanamātram-
abhīṣṭamabhaviṣyadācāryasya, tato naña eva kevalasy-
opādānamakarīṣyat | tasmādīṣadārtha eva vivakṣitaḥ |
ata evaṃ vyākhyānanti, yathā-anatidagdho grāma iti |
5 adoṣalamiti alpadoṣalam, (pathyamityarthaḥ | tathā ca
hārītaḥ-"tridoṣanuddehadhātusāmānyācchāgalaṃ laghu |"
iti | anye tu carakamatamanusaranta evaṃ vyākhyānanti,-
adoṣalamiti nañ īṣadarthe, kiñcicchītagurutvādalpadoṣa-
lam | yathā-avṛkṣo grāma iti |) śarīrasya dhātuḥ śarīra-
10 dhātuḥ, prakṛtatvātpuruṣaśarīrasya māṃsākhyo dhātuḥ,
tasya sāmānyāt-tulyatvāt, ājaṃ māṃsamanabhiṣyandi br-
ṃhaṇaṃ ca | guṇakṛtaṃ cātra sāmānyam grhyate, na dr-
avyakṛtaṃ | dravyakṛte hi sāmānye grhyamāṇe turagora-
gādimāṃsamapi puruṣaśarīradhātormāsākhyasya māṃs-
15 atvena bhavātīti tadpyamabhiṣyandi brṃhaṇaṃ ca syāt,
na kevalamājaṃ māṃsam | guṇakṛte tu sāmānye grhīte
śarīradhātu sāmānyādājameva māṃsamanabhiṣyandi br-
ṃhaṇaṃ ceti vaktuṃ yujyate | māṃsagrahaṇaṃ cātrop-
alakṣaṇārtham | na kevalamājaṃ māṃsam puruṣaśarīra-
20 dhātunā māṃsākhyena tulyam, yāvadanye+api ye chāg-
aśarīragatā dhātavaste+api manuṣyaśarīradhātunā tulya-
guṇāḥ, te+apyanabhiṣyandino brṃhaṇāśca | anayā bha-
ñgyā puruṣamāṃsasyāpyācāryeṇātra guṇā uktāḥ | nanu,
brṃhaṇaṃ yaddravyaṃ tadbhaumāpyamabhiṣyandi ca |
25 apāmevā+asādhāraṇo dharmāḥ sravaṇarūpaḥ | tatkatha-
manabhiṣyandītyuktam ? brūmaḥ | dravyaprabhāvāt | īd-
rśo+ayaṃ dravyaprabhāvo yadbrṃhaṇamapi dravyaman-
abhiṣyandīti | § 1430

1.6.204 Āyurvedarasāyana

ājamāṃsaguṇānāha-nātiśīteti | adoṣalaṃdoṣatrayaviruddham,
tridoṣaghnamiyarthāḥ | nañatra viruddhārthāḥ | uktaṃ
hi kāraṇādina-"avidāhyanatisnigdham nātiśītaḥmāmiṣam |
chāgaṃ laghu tridoṣaghnamanabhiṣyandi brṃhaṇam | |"
5 iti | hārītena ca-"tridoṣaghaṇaṃ dehadhātusāmānyācchāga-
laṃ laghu |" iti | gurutvalaghutvayorguṇatvapākatvābhy-

āmavirodhaḥ | tridoṣaghnatvaṃ vātottaratridoṣaviṣayam,
kiñcītpittakaphakaravāt | uktaṃ ca suśrute (sū.a. 46/87)-
"nātiśītaguru snigdho mandapittakaphaḥ smṛtaḥ | chāgal-
astvanabhiṣyandī teṣāṃ pīnasanāśanaḥ | |" iti | nanu, br- 5
ṛmhaṇasya dadhyāderabhiṣyanditvadarśanāt kathaṃ br-
ṛmhaṇamanabhiṣyandi ? ityata āha-śarīradhātusāmānyāt,-
śarīraṃ-arthānmanuṣyasya, tasya dhātavorasādayaḥ, taiḥ
sāmānyam-sadrśaguṇatvam, yadguṇā manuṣyasya dhāta-
vastadguṇā evājasya | ato+atyantasāmānyādbṛmhaṇamapyanabhiṣyandi
yaddhi kaiścidguṇaiḥ samaṃ kaiścidviparītaṃ tat brmha- 10
ṇaṃ cābhiṣyandi ca | yathā-styānaṃ ghṛtaṃ styānaghṛta-
prakṣepādvardhate na cābhiṣyandate | tadevoṣṇaghṛtapr-
akṣepādvardhate+abhiṣyandate ca | § 1431

1.6.205 Aṣṭāṅghṛdayasaṃhitā

viparītamato jñeyamāvikaṃ brmhaṇaṃ tu tat | | 64 | | § 1432

1.6.206 Sarvāṅgasundarā

ataḥ-ājamāṃsāt, viparītamāvikaṃ māṃsam-atyuṣṇasnigdhaḥguru
sadoṣalamabhiṣyandi ceti | brmhaṇatvasyāpi viparyaye
prāpte tadapavādamāha-brmhaṇaṃ tu taditi | tuśabdo+avadhāraṇe |
brmhaṇameva tadityarthaḥ | § 1433

1.6.207 Āyurvedarasāyana

āvikaṃmāṃsaguṇānāha-viparītamiti | ataḥ-ājamāṃsāt, viparītaṃ-
atiśītagurusnigdhaṃ tridoṣakaramabhiṣyandi ca | vipar-
ītatvātkarśanatve prāpta āha-brmhaṇaṃ tu taditi | ajā-
vyoḥ prasahaprastāve guṇakathanamaniścitatve+api prā-
yaḥ prasahatvajñāpanārtham | ata eva suśrutena grāmy- 5
eṣu paṭhitau (sū.a.46/85)-"aśvāśvataragokharoṣṭrabastora-
bhramedaḥpucchaprabhṛtayo grāmyaḥ |" iti | grāmyāścā-
tra prasaheṣūktāḥ | § 1434

1.6.208 Aṣṭāṅgahr̥dayasaṃhitā

śuṣkakāsaśramātyagniviṣamajvarapīnasān | | 65 | |
kārśyaṃ kevalavātāṃśca gomāṃsaṃ
sanniyacchati | | 65 | | § 1436

1.6.209 Sarvāṅgasundarā

gomāsaṃ śuṣkakāsādīnniyacchati | § 1437

1.6.210 Āyurvedarasāyana

gomāṃsaguṇānāha-śuṣkakāseti | śuṣkakāsaḥ kaphādin-
iṣṭhīvanarahitaḥ | kevalavātān-śuddhavātajān vyādhīn |
bahuvacanādvātaśabdena vātavyādhayo gṛhyante | § 1438

1.6.211 Āyurvedarasāyana

mahiṣaguṇānāha-uṣṇo garīyāniti | garīyān-anyebhyo mā-
ṃsebhyo guruḥ | svapno-nidrā | § 1439

1.6.212 Aṣṭāṅgahr̥dayasaṃhitā

uṣṇo garīyānmahiṣaḥ
svapnadārḍhyabr̥hattvakṛt | | 66 | | § 1440

1.6.213 Sarvāṅgasundarā

mahiṣa uṣṇo gurutarāḥ svapnādīṃśca karoti | guru śabd-
ādīyasuni "priyasthira" ityādinā garādeśaḥ | dārḍhyamiti
"varṇadr̥ḍha" ityādinā ṣyañ | § 1441

1.6.214 Aṣṭāṅgahr̥dayasaṃhitā

tadvadvarāhaḥ śramahā ruciśukrabalapradaḥ | | 66 | | § 1442

1.6.215 Sarvāṅgasundarā

varāhaḥ-sūkarah, tadvat-mahiṣaḡuṇo, jñeya ityarthah | ta-
thā, śramahā rucyādipradaśca | § 1443

1.6.216 Āyurvedarasāyana

varāhagūṇānāha-tadvadvarāha iti | tadvat-mahiṣavat | nanu,
"svedanam ḡṛṃhaṇam vṛṣyam tarpaṇam śītalam guru | śr-
amānilaharam snigdham vārāham balavardhanam | |" iti
suśrutena (sū.46/102) śītatvamuktam, iha tu tadvadvacan-
āduṣṇatvamiti virodhaḥ | na cātideśikamuṣṇatvamaupade- 5
śīkena śītatvena bādhyata iti vācyam, "svādvamlapākaḡ
snigdhoṣṇam vātaghnam ḡṛṃhaṇam guru | svedanam ta-
rpaṇam ḡṛdyam balyam śaukaramāmiṣam | |" iti khāraṇ-
ādivacanāduṣṇatvasyāpyaupadeśikatvāt | maivam | uṣṇa-
tvasya sparśaviṣayatvāt | sparśoṣṇam śītaviryamapyuṣṇo- 10
dakādi svedanam dṛṣṭam | na tūṣṇavīryamapi sparśaśītam
kāñjikādi himam ca svedanam | ato yuktaiveyam viṣaya-
vyavasthā | § 1444

1.6.217 Aṣṭāṅghṛdayasamhitā

matsyāḥ param kaphakarāḥ----- | | 67 | | § 1445

1.6.218 Sarvāṅgasundarā

"gurūṣṇasnigdhamadhurā vargāścāto yathottaram |" ity-
anena granthenātigurūṣṇasnigdhamadhuratvamatimūtra-
śukrakṛttvamatibalyatvamativātaghnatvamatikaphapittala-
tvam ca matsyānāmuktam | "param kaphakarāḥ" ityan- 5
enā+ataḥ kaphakṛttamā matsyā iti bodhayati | saṅgrahe
spaṣṭārthamevamuktam (sū.a.7)-"kaphapittakarā matsyāḥ
param pavananāśanāḥ |" iti | § 1446

1.6.219 Āyurvedarasāyana

matsyagūṇānāha-matsyāḥ paramiti | § 1447

1.6.220 Aṣṭāṅgahr̥dayasaṃhitā

-----ciliṅmastridoṣakṛt | | 67 | | § 1448

1.6.221 Sarvāṅgasundarā

ciliṅmasaṃjño matsyastridoṣakaraḥ | § 1449

1.6.222 Āyurvedarasāyana

ciliṅmaguṇāḥ-ciliṅma iti | § 1450

1.6.223 Aṣṭāṅgahr̥dayasaṃhitā

lāvarohitagodhaiṇāḥ sve sve varge varāḥ
param | | 67 | | § 1451

1.6.224 Sarvāṅgasundarā

lāvādayaḥ svasvavargeṣu varatarāḥ | tatra lāvo-viṣkireṣvatiśreṣṭhaḥ,
rohito-matsyeṣu | sa hi pratisrotovicārī ākāśaplavanaśca |
tathā cōktaṃ (saṅgrāhe sū.a.7)-"pratisrotovicāritvādākāśaplavanena
ca | rohitaḥ pravaraśteṣāṃ" iti | godhā ca-bileśayeṣu varā |
5 eṇo-mṛgeṣviti | § 1452

1.6.225 Āyurvedarasāyana

māṃseṣu varam nirddhārayati-lāvarohiteti | lāvo-viṣkireṣu
varaḥ | rohito-matsyeṣu varaḥ | godhā-bileśayeṣu varā |
eṇo-mṛgeṣu varaḥ | paramiti varebhyo+api varāḥ | varāstu
saṅgrāhe uktāḥ (sū.a.7)-"eṇaḥ kuraṅgo hariṇaḥ śaśo lāvaḥ
5 kapiṅjalaḥ | tittiriḥ krakaro godhā śvāvidgr̥dhromṛgādh-
ipaḥ | | barhiṇaḥ sārīkā nyaṅkurhaṃso rohitakacchapau |
varmī cāgryāḥ svavargeṣu, pravaraśteṣvapi smṛtāḥ | | lāv-
aiṇagodhāsimhāśca, nindito gauḥ sadarduraḥ | ṛṣyaḥ kāṅ-
akapotaśca śeṣamuktaṃ yathāyatham | | " iti | § 1453

1.6.226 Aṣṭāṅgahr̥dayasaṃhitā

māṃsaṃ sadyohataṃ śuddhaṃ vayah̥sthaṃ ca
bhajet----- | | 68 | | § 1454

1.6.227 Sarvāṅgasundarā

māṃsaṃ sadyohataṃ bhajet, sadyohatasya māṃsaṃ bhajeditiyarthaḥ | tathā, śuddhaṃ-snāyvasthyādirahitam | tathā, vayasi tiṣṭhatīti vayah̥sthaṃ,- yadyapi sarvaṃ māṃsaṃ vayah̥sthameva, tathā+apīha vayah̥sthamityuktyā śobhanaṃ taruṇaṃ vaya iti gamyate | tasmādyūnaḥ prāṇino māṃsaṃ bhajet, na bālavṛddhayoriti | § 1455 5

1.6.228 Āyurvedarasāyana

māṃsabhajanaṃ niyacchati-māṃsamiti | sadyohataṃ-tatkālavyāpāditamṛgādijam | śuddhaṃ-asthyādirahitam | vayah̥sthaṃ-taruṇamṛgādijam | ebhyo+anyanna sevyamityarthaḥ | § 1456

1.6.229 Aṣṭāṅgahr̥dayasaṃhitā

-----tyajet | | 68 | |
mṛtaṃ kṛśaṃ bhṛśaṃ medyaṃ
vyādhivāriviṣairhatam | | 68 | | § 1458

1.6.230 Sarvāṅgasundarā

mṛtaṃ-svayaṃ mṛtaṃ na bhajet, avijñātasvarūpeṇa vyādhināmṛtasya prāṇino yanmāṃsaṃ tattyajeditiyarthaḥ | kṛśaṃ-durbalaṃ na bhajet | tathā, bhṛśaṃ medyaṃ-atimeduraṃ māsaṃ tyajet | tathā, vyādhinā-vijñātasvarūpeṇa hatasya, vāriṇā viṣeṇa ca hatasya, nirjīvīkṛtasya, yanmāṃsaṃ tattyajet | saṅgrahe tu (sū,a.7) haṃsādīnāṃ viśeṣa uktāḥ | yathā-"haṃsaḥ svarakaraḥ pittaraktajinmadhuro himaḥ | kulīraḥ paramaṃ vṛṣyo bṛmhaṇaḥ prīṇano guruḥ | | godhā niyacchati viṣaṃ mūṣakaḥ śukravardhanaḥ |

guruṇyaṇḍāni bālānāṃ kaṣāyamadhuraṃ palam || vṛ-
ddhānāṃ snāyubhūyiṣṭhamabalyaṃ guru doṣalam |" iti |
§ 1459

1.6.231 Āyurvedarasāyana

sevyeṣvapi bhṛtādīnyapavadati-tyajediti | yat sadyohatam-
api kena hatamiti na jñāyate tat-mṛtam | kṛṣaṃ-apuṣṭam |
bhṛṣaṃ medyaṃ-atyantapuṣṭam | vyādhihatam-jvarādīnā
hatam | vārihatam-jalamajjanādīnā | viśahatam-viśadigdhaśastrahatam
5 sarpādīnā vā | § 1460

1.6.232 Aṣṭāṅgahr̥dayasaṃhitā

pumstriyoḥ pūrvapaścārdhe guruṇī, garbhiṇī
guruḥ | | 69 | |
laghuryoṣiccatuṣpātsu, vihaṅgeṣu punaḥ
pumān | | 69 | |
śiraḥskandhoruprṣṭhasya kaṭyāḥ sakthnośca
gauravam | | 70 | |
tathā+a+amapakvāśayayoryathāpūrvam
vinirdiśet | | 70 | |
5 śoṇitaprabhṛtīnāṃ ca
dhātūnāmuttarottaram | | 71 | |
māṃsādgariyo
vṛṣaṇamedhṛavṛkkayakṛdgudam | | 71 | |
iti māṃsavargaḥ | | 3 | | § 1467

1.6.233 Sarvāṅgasundarā

pumstriyoḥ pūrvapaścārdhe yathāsaṃkhyam guruṇī |
pūrvam ca paścam ca pūrvapaśce, tayorardhe | pu-
mṣaḥ pūrvārdham guru, striyaḥ paścārdham gurvity-
arthaḥ | garbhiṇī guruḥ-garbhiṇīmāṃsaṃ guru | catvā-
5 raḥ pādā yeṣāṃ te catuṣpādaḥ, teṣu catuṣpātsu-gavādiṣu
madhye, strī laghuḥ | catuṣpāditi "saṃkhyāsu pūrv-
asya" ityantaloḥ | vihaṅgeṣu-dvijeṣu tu, pumān la-

ghuḥ | śiraḥprabhṛtīnām māṃsānām yathāpūrvam gu-
rutvam nirdiśet | evam sakthyādimāmsebhyaḥ śiromā-
ṃsam gurutamamityavatiṣṭhate | āmapakvāśayayośca ya-
thāpūrvam gurutvanirdeśaḥ | tena pakvāśayādāmāśayo
guruḥ | raktādīnām dhātūnām yathottaram gurutvam ni- 5
rdiśet | tena lohitānmāṃsam guru, māṃsānmeda ityādi |
"māṃsādgarīyo vṛṣaṇamedhrahvṛkkayakṛdgudam |" itya-
trā+apyuttarottaramityanuvartate | tena māṃsādgurutaro
vṛṣaṇaḥ tasmānmedhrah, yāvatsarvagariṣṭham gudam ni-
rdiśediti | iti māṃsavargaḥ | māṃsavargādanantaram śa- 10
kavargo nigadyate-- § 1468

1.6.234 Āyurvedarasāyana

avayavādiviśeṣeṇa gauravalāghave āha-puṃstriyoriti | puṃsaḥ-
pulliṅgasya mṛgādeḥ śārīrasya, pūrvārdham-nābhyādiśiromtam
guru | strīnām tu paścārdham-nābheradhobhāgam guru |
garbhiṇī tu sarvaiva guruḥ | catuṣpātsu madhye yoṣit-
strī laghuḥ | vihaṅgeṣu-pakṣiṣu madhye, puṃn laghuḥ | 5
śiraskandhorviti yathāvayaveṣu madhye pṛṣṭhasya ka-
tyāḥ sakthnoriti pṛṣṭhādītrayasya yathāpūrvam gaura-
vam nirdiśet | sakthibhyām kaṭī guruḥ, kaṭyāḥ pṛṣṭham
guru | sakthiśabdena jaṅghe grāhye, ūrvoḥ pṛthaggraha-
ṇāt | "śirovatpādagaauravam" iti khāraṇādinā pādayoḥ śi- 10
rastulyatvavacanāt cakārāt pādayośca gauravam vidyāt |
śiraḥskandhorūṇaśca gauravam vidyāt | ūrubhyām ska-
ndhau gurū, tābhyām śiro guru | uruskandhaśiraḥsakthi-
kaṭīpṛṣṭhānām yathottaram gauravamityarthaḥ | uktaḥ
ca suśrutena (sū.a.46/130)-"tathā sakthiskandhakroḍaśi- 15
raḥpādakarakaṭīpṛṣṭhacarmakāleyakayakṛdantrāṇi |" iti |
kāleyakam-vṛkkaḥ | tathā+a+amapakvāśayayoḥ-pakvāśayādāmāśayo
gururityarthaḥ | śoṇitaprabhṛtīnāmuttarottaram-śoṇitādibhiḥ
śabdaiḥ śoṇitasārādayo gṛhyante, tena śoṇita sārasya prāṇi
no māṃsāt māṃsasārasya māṃsam guru, tato medaḥsār- 20
asya, tato+asthisārasya, tato majjasārasya, tataḥ śukrasāra-
syeti | nanu, evam cet tvaksatve+api grāhye | vakṣyati hi
(hṛ. śā. a. 3/117)-"tvagraktādīni satvāntānyagryāṇyaṣṭau
yathottaram | balapramāṇajñānārtham sārānyuktāni deh-

inām | |" iti | satyam | kintu tvaksārasya māṃsatvenānup-
 ayogāt satvasārasya tiryakṣvasambhavādagrahaṇam | ra-
 ktādidhātūnāmeva yathottaram gaurave vyākhyāyamāne
 ko doṣaḥ ? iti cet na | māṃsaprastāve teṣāmaprastutatvāt |
 5 suśrutenāpi(sū. a. 46/130)-"sthānādikṛtaṃ māṃsasya gu-
 rulāghavamupadekṣyāmaḥ | tadyathā-raktādiśukrānteṣu
 dhātuṣūttarottarā guravaḥ |" ityuktam | tathā ca carakaḥ
 (sū.a. 27/328)-"caraḥ śarīrāvayavāḥ svabhāvo dhātavaḥ kr-
 iyā | liṅgaṃ pramāṇaṃ saṃskāro mātṛā cāsmin parikṣy-
 10 ate | |" iti śarīrāvayavādivaddhātūnāṃ gurulāghavatven-
 opādānāt | kiñca dhātavaścedvivakṣitāḥ syuḥ, tadā ras-
 ādīnāmiti brūyāditi | māṃsāddrṣaṇādi yathottaram ga-
 rīyaḥ, vṛṣaṇānmedhram, medhrāddvṛkkau, vṛkkābhyāṃ
 yakṛt, yakṛt-kālakhaṇḍam, tato gudam, māṃsāditi śiro-
 15 māṃsāt | yadāha khāraṇādiḥ-"sakthiskandhā uraḥ śīrṣaṃ
 muṣkau tvañ mehanaṃ kaṭiḥ | vṛkkau yakṛdgude vakṣa-
 ścāmiṣanmadhyameva ca | | gurūtтарottaram vidyācchiro-
 vatpādagaauravam |" iti | nanu, khāraṇādīstvacō+adhikaṃ
 kaṭyā gauravamāha, śīraḥpādayostulyam | suśrutastu śi-
 20 raso+adhikaṃ pādayoḥ, kaṭyā adhikaṃ tvacaḥ | tatkim-
 atra pramāṇam ? ucyate | tvakcarmaṇOrarthabhedāda-
 virodhaḥ | na hi tvageva carma | kintarhi ? bāhyā-tvak,
 saṃhatiḥ-carma | śīraḥpādāmiti dvandvaikatve kṛtvā kr-
 oḍācchiraḥpādāṃ gurviti vyākhyeyam, na tu kroḍācchi-
 25 rastataḥ pādāviti | saṅgrahe tu (sū. a. 7)-"tāmro+atra ha-
 riṇaḥ kṛṣṇastveno hr̥dyāstridoṣajit | laghīyān ṣaḍrasaśvā-
 sau, grāhī rūkṣo himaḥ śaśaḥ | | kaṭupāko+agnikṛtpathyāḥ
 sannipāte+anilāvare | tadvallāvo+apyarūkṣaśca kiñcidrū-
 kṣaḥ kapiñjalaḥ | | pārāvataḥ kapotāśca tadvadvanyāḥ su-
 30 pūjitāḥ | godhā niyacchatī viṣaṃ, mūṣakaḥ śukravarddh-
 anaḥ | | haṃsaḥ svarakaraḥ pittaraktajinmeduro himaḥ |
 pratisrotovicāritvādākāśaplavanena ca | | rohitaḥ pravara-
 steṣāṃ, paraṃ cilicimo+avaraḥ | agocaravicāritvātsarvad-
 oṣakaro hi saḥ | | kulīraḥ paramaṃ vṛṣyo bṛmhaṇaḥ prīṇ-
 35 ano guruḥ | gurūṇyaṇḍāni bālānāṃ kaṣāyamadhuraṃ pa-
 lam | | vṛddhānāṃ srāyubhūyiṣṭhamabalyaṃ guru doṣa-
 lam |" iti | iti māṃsavargaḥ | § 1469

1.6.235 Aṣṭāṅgahr̥dayasaṃhitā

atha śākavargaḥ | |72| |

śākam

pāṭhāśaṭhīsūśāsuniṣaṅṅasatīnam | |72| |

tridoṣaghaṇam laghu grāhi

sarājakṣavavāstukam | |72| | § 1472

1.6.236 Sarvāṅgasundarā

pāṭhādijam śākam tridoṣaharam laghu grāhi ca | tadvat rā-
jakṣavakavāstuke | § 1473

1.6.237 Sarvāṅgasundarā

atha śākavargaḥ | snehādisaṃskṛta udbhidavayavaḥ-śākam |

tatra pāṭhādiguṇānāha-śākam pāṭheti | pāṭhāmbaṣṭhā |

śaṭhī-karcūrah | sūśā-kāsamardikā kāsamardasadr̥sī | suniṣaṅṅaḥ-

caturdalaścāṅgerīsadr̥saparṇaḥ | satīno-viṣṇukrāntā | rājakṣavo-

dugdhikā | vāstukaḥ-kaṅkavāstukaḥ | § 1474

5

1.6.238 Aṣṭāṅgahr̥dayasaṃhitā

sunīṣaṅṅo+agnikṛdvṛṣyasteṣu----- | |73| | § 1475

1.6.239 Sarvāṅgasundarā

teṣu madhye, suniṣaṅṅaḥ-svastikākhyo, jalamadhye bhav-

ati | patraiścāṅgerītulyo+agnikaro vṛṣyaḥ | § 1476

1.6.240 Āyurvedarasāyana

atrakeṣāṃcidviśeṣaḥ | tatra suniṣaṅṅaguṇānāhasuniṣaṅṅa

iti | § 1477

1.6.241 Āyurvedarasāyana

rājakṣavaguṇānāha-rājakṣava iti | § 1478

1.6.242 Aṣṭāṅgahr̥dayasaṃhitā

-----rājakṣavaḥ param | |73| |
grahaṇyaśovikāraghnaḥ-----
| |73| | § 1480

1.6.243 Sarvāṅgasundarā

rājakṣavaḥ-kṣudvibodhano rājaśākākhyah, paraṃ-atyartham,
grahaṇyaśovikāraghnaḥ | § 1481

1.6.244 Aṣṭāṅgahr̥dayasaṃhitā

-----varcobhedi tu vāstukam | |73| | § 1482

1.6.245 Sarvāṅgasundarā

vāstukam tu-punaḥ raktavāstukākhyam, varcobhedi-purīṣasya
bhedanam | § 1483

1.6.246 Āyurvedarasāyana

vāstukagaṇānāha-varcobhedīti | varcobhedisaram | § 1484

1.6.247 Aṣṭāṅgahr̥dayasaṃhitā

hanti doṣatrayam kuṣṭham vṛṣyā soṣṇā rasāyanī | |74| |
kākamācī sarā
svaryā----- | |74| | § 1486

1.6.248 Sarvāṅgasundarā

kākamācīm tridoṣaghnī, kuṣṭhanāśinī, bṛṣyā, kiñciduṣṇā,
sarā-bhedinī, svarahitā ca | svāsthyasaṃvāhakatvena ca
rasāyanasadṛṣī | § 1487

1.6.249 Āyurvedarasāyana

kākamācīguṇānāha-hanti doṣatrayamiti | rasāyanī-vayaḥsthāpanī |
kākamācī-kāmātā | yattu suśrutenoktaṃ (sū.a.40/5)- "tikṭā
kākamācī pittam varddhayati, uṣṇavīryatvāt | " iti | tadany-
ārtham | kevalam pittam karotyeva | § 1488

1.6.250 Aṣṭāṅgahr̥dayasaṃhitā

-----cāṅgeryamlā+agnidīpanī | | 74 | |
grahaṇyarśo+anilaśleşmahitoṣṇā grāhiṇī
laghuḥ | | 75 | | § 1490

1.6.251 Sarvāṅgasundarā

cāṅgerī-kṣudrāmlikā, amlā, agnidīpanī, grahaṇyādiṣu hitā,
uṣṇavīryā, saṅgrāhiṇī, laghvī ca | § 1491

1.6.252 Āyurvedarasāyana

cāṅgerīguṇānāha-cāṅgerīti | cāṅgerī-amlapatrikā | § 1492

1.6.253 Aṣṭāṅgahr̥dayasaṃhitā

paṭolasaptalāriṣṭaśārṅgeṣṭāvalgujā+amṛtāḥ | | 75 | |
vetrāgrabr̥hatīvāsākutilītilaparṇikāḥ | | 76 | |
maṇḍūkaparṇikarkoṭakāravellakaparpaṭāḥ | | 76 | |
nāḍīkalāyagojihvāvārtākam
vanatiktakam | | 77 | |
karīram kulakam nandī kuailā
śakulādanī | | 77 | |
kaṭillam kembukam śitam
sakośātakakarkaśam | | 78 | |
tikṭam pāke kaṭu grāhi vātalam
kaphapittajit | | 78 | | § 1499

5

1.6.254 Āyurvedarasāyana

paṭolādiguṇānāha-paṭoleti | paṭolaṃ-rājīphalam | saptalā-
sātalā | ariṣṭo-nimbaḥ | śārṅgeṣṭā-aṅgāravallī | avalgujo-
bākucī | amṛtā-guḍūcī | vetro-vaṃśasadr̥śaḥ, tasyāgraṃ-
5 agrabhāgaḥ | bṛhatī dvidhā,-simhī vyāghrī ca | vāsā-
āṭarūṣakaḥ | kuntilī-cañcusadr̥śī dīrghapatrā | tilaparnikā-
badarakaḥ | maṇḍūkaparṇī-brāhmī | karkoṭaṃ-karkoṭīphalam |
kāravellakaṃ-suṣavīphalam | parpaṭo-jvaraghnaḥ | nāḍīkalāyo-
matsyākṣaḥ | gojihvā-dārvipatrikā | vārtākaṃ-vṛntākaṃ |
10 vanatiktakaṃ-kirātatiktaṃ | karīraṃ-gūḍhapatram | kula-
kaṃkākātindukam | nandī-meṣaśṛṅgī | kucaīlā-kṛṣṇapāṭhā |
śakulādanī _kaṭurohiṇī | kaṭillaṃ-raktapunarnavā | kembukaṃ-
prasiddham | kośātaṃ-kṛtavedhanam | karkaśaṃ-kampillam |
paṭolādikaṃ śītatiktādiguṇam | atra paṭolanimbāvalgujā-
mṛtāvetrāgrakarkoṭakakāravelleṣu vivādaḥ | tatra paṭola-
15 phanaṃ prati suśrutaḥ (sū.a. 46/268)-"kaphapittaharaṃ
vraṇyamuṣṇaṃ tiktamavātalam | paṭolaṃ kaṭukaṃ pāke
vṛṣyaṃ rocanadīpanam | | " khāraṇādīḥ-"sasnehoṣṇaṃ la-
ghu svādu pāke doṣānulomanam | uktaṃ tiktam ti-
ktaṃ tridoṣaghnaṃ śākaṃ nimbapaṭolayoḥ | | tathā,-
20 paṭolanimbaṃ vātaghnaṃ tiktamanyattu vātalam | " iti |
tatra khāraṇādyuktaṃ tridoṣaghnatvameva grāhyam, anyathā+anvayānupapatte
vāgbhaṭoktasya hi "vātalam" ityasya saptalādibhiranva-
yatvena sārthakyāt, paṭolasya kaphapittaharatvādibhiḥ |
ata eva hariścandrajaiijaṭādayaṣṭīkākārā apyuddṛṭtavyakt-
25 ivyatirekeṇa gaṇaguṇā ityāhuḥ | suśrutoktasya tu "avāta-
lam" iti śabdasya vāta-ghnatvamevārthaḥ, viruddhārtha-
tvānnaṇaḥ | yadyapi vātodāsīnatvavātaghnatvayoḥ sahā-
navasthānalakṣaṇo virodho+asti, tathāpyavāta-laśabdena
vātodāsīnatvaṃ na grāhyam, tantrāntaravirodhasya tada-
30 vasthatvāt | athavā, avātalaśabdena vātakaraṇābhāva ucy-
ate, sa ca vātaghnatve+apyasti, ityavirodhaḥ | ata eva ra-
sebhediye vakṣyati (hr̥. sū.a. 10/35)-"tiktaṃ kaṭu ca bh-
ūyīṣṭhamavṛṣyaṃ vātakopanam | ṛte+amṛtāpaṭolībhyāṃ
śuṅṭhīkṛṣṇārasonataḥ | | " iti | mādhavakaśamanaṃ mū-
35 laṃ tasya virecanam | | " iti | uṣṇatvaśītatvayoruṣṇatvaṃ
grāhyam, anavakāśatvāt | śītalatvaṃ vātalatvavat sāvaka-
śāṃ | nimbe tu khāraṇādyuktaṃ tridopaghnatvaṃ ph-

alaviṣayam, sasnehatvādīnām phala eva sambhavāt pa-
 ṭolasāhacaryācca | carakasaśrutādyuktaṃ vātalatvaṃ pa-
 travipayam | avalgujasya pittakaratvavātaghnavatve āha
 khāraṇādih-"avalgujaḥ saiḍagajaḥ pittakṛtkaphavātajit |"
 iti | tatphalaviṣayam, dhānyavarge pāṭhāt | ata evoktaṃ 5
 saṅgrahe (sū. a. 12)- "avalgujaidagajayorbījaṃ vātakapha-
 praṇut |" iti | pittaghnatvaṃ vātalatvaṃ ca patraviṣayam |
 suśruto+apyāha (sū. ā. 46/265)- "avalgujaḥ kaṭuḥ pāke ti-
 ktaḥ pittakaphāpahaḥ |" iti | guḍūcyāstridoṣaghnatvamu-
 ṣṇatvaṃ coktaṃ saṅgrahe (sū. a. 12)- "tikṭā+amṛtā trido- 10
 ṣaghnī grāhiṇyusṇā rasāyanī | dīpanī jvaratṛṭdāhakāmal-
 āvātaraktanut | |" iti | tatra tridoṣaghnatvoṣṇatve grāhye,
 anavakāśatvāt | vātalatva śītalatve tu paṭolavatsāvakāśe |
 tathā, vetrāgrasya khāraṇādīnā tridoṣaghnatvamuktam-
 "cañcurmarmarikā pāṭhā vetrāgraṃ suniṣaṅṅakam | śa- 15
 ṭhīśākam ca saṅgrāhi doṣatrayahitaṃ laghu | |" iti | tatra
 tridoṣaghnatvaṃ grāhyam, hārītena vātalasyāpohitavāt,-
 "sarvaṃ tiktaṃ vātalamavrṣyaṃ cānyatra vetrāgrapaṭo-
 lāt |" iti | suśrutena anuktatvācca, (sū. a. 46/270)- "āṭar- 20
 ūṣakavetrāraguḍūcīnimbaparpaṭāḥ | kirātatiktasahitāsti-
 ktāḥ pittakaphāpahaḥ | |" iti | karkoṭakāravellayoḥ suśrut-
 ena vātaghnatvamuktam (sū.a. 46/269)-"kaphavātaharaṃ
 tiktaṃ rocanaṃ kaṭukaṃ laghu | vāṛṭākam dīpanam pro-
 ktaṃ jīrṇam sakṣārapittalam | | tadvatkarkoṭakam vidyā- 25
 tkāravellakameva ca | |" iti | tatra vātalatvaṃ grāhyam, āt-
 ideśikādaupadeśikasya balīyastvāt sādṛśyasya ca katipay-
 airapi guṇaiścaritārthatvācca | upamānādupameyasya hī-
 naguṇatvāt | kiñca carakādiviruddhaḥ suśrutapāṭho na pr-
 amāṇamityuktaṃ jaijjaṭena | vigītaścāyamatideśapāṭhaḥ |
 § 1500 30

1.6.255 Sarvāṅgasundarā

paṭolādīni karkaśāntānyaṣṭāvīmśatiḥ śītaviryāṇi tiktāni
 pāke kaṭūni grāhīni vātalāni kaphapittaghnāni ca | saptalā-
 sātālā | ariṣṭo-nimbaḥ | śārṅgeṣṭā-aṅgāravallikā | avalgujo-
 bākucī | amṛtā-guḍūcī | vetro-vaṃśasadṛśaḥ, tasyāgram |
 vāsā-vṛṣaḥ | kutilī-sūkṣmatilajātiḥ | tilaparṇī-badarakaḥ | 5

maṇḍukaparṇīm-maṇḍūkī, ādityavallī | karkoṭakāravella-
kepunah prathite eva | parpaṭah-śītapriyākhyah | nāḍikalāyaṃ-
sakulākṣakah suvarcalābhedaḥ | gojihvā-godhūmikā, "go-
dhūmikā tu gojihvā gojī kroṣṭukamūlikā | " vanatiktakaṃ-
5 vatsakah | kulakaṃ-kākatindukaḥ | nandī-jayavṛkṣaścaśabditaḥ |
kucailā-pāṭhā | śakulādanī-kaṭukā | kaṭillaṃ-dīrghapatrā
varṣābhūḥ | kośātakoghaṇṭoliḥ | karkaśah-kampillakah |
§ 1501

1.6.256 Aṣṭāṅgahr̥dayasaṃhitā

hr̥dyam paṭolaṃ kṛminutsvādupākam
rucipradam | | 79 | | § 1502

1.6.257 Aṣṭāṅgahr̥dayasaṃhitā

sāmānyaguṇānuktvā keṣāṃcidguṇakarmaviśeṣamāha-
sa0-paṭolaṃ hr̥dyādiguṇayuktam | muninā
(?) tu
tridoṣaśamanatvamuktam-"paṭolapatraṃ
pittaghaṇam vallī cāsya kaphāpahā | phalaṃ
tridoṣaśamanam mūlam cāsya virecanam | |"
iti | § 1503

1.6.258 Āyurvedarasāyana

atra keṣāṃcidviśeṣah | tatra paṭolaguṇānāhahr̥dyamiti |
§ 1504

1.6.259 Āyurvedarasāyana

br̥hatīdvayaguṇānāha-pittalamiti | § 1505

1.6.260 Aṣṭāṅgahr̥dayasaṃhitā

pittalaṃ dīpanaṃ bhedi vātaghnaṃ
br̥hatīdvayam | | 79 | | § 1506

1.6.261 Sarvāṅgasundarā

br̥hatīdvayaṃ,-sthūlabr̥hatī-mahoṭikākhyā, kṣudrabr̥hatī-
kaṅṭhakārikākhyā | tadetadubhayaṃ pittakaramagnidīpa-
naṃ śakṛdādīnāṃ bhedanaṃ vātaghnaṃ ca | § 1507

1.6.262 Aṣṭāṅgahr̥dayasaṃhitā

vṛṣaṃ tu vamikāsaghnaṃ raktapittaharam
param | | 80 | | § 1508

1.6.263 Sarvāṅgasundarā

vṛṣaṃ chardikāsau hanti | raktapittaṃ cātyarthaṃ jayati |
§ 1509

1.6.264 Āyurvedarasāyana

vāsāguṇānāha-vṛṣamiti | § 1510

1.6.265 Aṣṭāṅgahr̥dayasaṃhitā

kāravellaṃ sakaṭukaṃ dīpanaṃ
kaphajitparam | | 80 | | § 1511

1.6.266 Sarvāṅgasundarā

kāravellamīśadrase kaṭukamagnidīptikaramatiśleṣmaghnam |
§ 1512

1.6.267 Āyurvedarasāyana

kāravellaguṇānāha-kāravellamiti | § 1513

1.6.268 Aṣṭāṅgahr̥dayasaṃhitā

vārtākam kaṭu tiktoṣṇam madhuram kaphavātajit | | 81 | |
sākṣāramagnijananam hr̥dyam
rucyamapittalam | | 81 | | § 1515

1.6.269 Sarvāṅgasundarā

vārtākam rase kaṭu tiktamuṣṇavīryam madhuram vātaśle-
ṣmaghnam | saha kṣāreṇa vartate sākṣāram,-kiñcitkṣāratvayuktam |
agnijananam | hr̥dyam-hr̥dayāya hitam | rucyam-rucikṛt |
apittalam-nañīśadathe, kiñcītpittakaramityarthaḥ | nanu,
5 saha kṣāreṇa vartate ityatra sākṣāramityevaṃ katha-
muktam ? yāvataḥ kṣāro dravyam | tathā ca prāgu-
ktaṃ kṣaraṇādityādi | na dravyam dravyeṇa saha vart-
ate | tathā ca guṇānāmevāyam dharmo yaddravyāśrit-
atvam nāma | tasmāt sākṣāramityayuktamiva manyām-
10 ahe | atrā+a+acakṣmahe | kṣāraśabdenātra kṣāradharma
upalakṣyate visrāvaṇādyātmakaḥ | yadvaśāt sākṣāramiti
dravyam vyapadiśyate | tasmātsākṣāramityupapannam |
§ 1516

1.6.270 Āyurvedarasāyana

vārtākaguṇānāha-vārtākamiti | apittalatvam bālapakvavy-
atirekeṇa | yadāha mādHAVAKĀRAḤ-"tadbālam kaphapitt-
agham pakvam sākṣārapittalam | " iti | suśruto+apyāha
(sū. a. 46/269)- "jīrṇam sākṣārapittalam | " iti | § 1517

1.6.271 Aṣṭāṅgahr̥dayasaṃhitā

karīramādhmānakaram kaṣāyam svādu
tiktakam | | 82 | | § 1518

1.6.272 Sarvāṅgasundarā

karīram-gūḍhapatrākhyam, ādhmānakaram rase kaṣāya-
madhuratiktakam | § 1519

1.6.273 Āyurvedarasāyana

karīraguṇānāha-karīramiti | § 1520

1.6.274 Aṣṭāṅghṛdayasamhitā

kośātakāvalgujukau bhedināvagnidīpanau | | 82 | | § 1521

1.6.275 Sarvāṅgasundarā

kośātakāvalgujukau bhedināvagnidīpanau ca | anayośca
pittakāritvaṃ vātakaphaghnatvaṃ ca vedyam | tathā hi-
prāyeṇa yaduṣṇaṃ guḍūcyādidravyaṃ, tatpittalaṃ vātak-
aphaharaṃ ca dṛṣṭam | tathā cāha muniḥ (?)-"kaphavātanudavalgujaḥ"
iti | tadevamanyatrāpyaucityena doṣakaravādi kalpyam | 5
saṅgrāhe (sū.a.7) cānye+apyuktāḥ | yathā-"satarūḍhaṃ
kadambaṃ ca rūkṣaṃ grāhi himaṃ guru | kumāra-
jīvaloṇikā nalinī cucuparṇikā | | svādu rūkṣaṃ salava-
ṇaṃ vātaśleṣmakaraṃ guru | śyāmāsālmalikāśmarya-
phañjikarṇikayūthikāḥ | vṛkṣādanīkṣīravṛkṣabimbītanik- 10
avṛkṣakāḥ | rodhraḥ śaṇaḥ karbudāraḥ saśelurvṛṣamūṣ-
ikā | | bhallātakeḥ kovidāraḥ kamalotpalakiṃśukam | pa-
ṭolādiguṇaṃ svādu kaṣāyaṃ pittajitparam | | vātapitt-
aharā bhaṇḍī parviṇī parvapuşpikā | laghuruṣṇā sarā
tiktāsorubūkā ca lāṅgalī | vātalau kaṭutiktāmlabhedī 15
nau tilavetasau | viśvarāsnābalāśākam vātaghnamatis-
āranut | | vātaṃ vatsādanī hanyātkaphaṃ kaṇḍīracitr-
akau |" iti | muninā cānye+apyuktāḥ (ca.sū.a.27 | 102)-
"nyagrodhodumbarāśvatthaplakṣapadmādipallavāḥ | ka-
ṣāyāḥ stambhanāḥ śītā hitāḥ pittātisāriṇām | |" iti | ta- 20
thā, suśrute gaditam (sū.a.46 | 282)-"karīrakusumaṃ jñe-
yaṃ kaphapittaharaṃ laghu | āgastyam nātīśītoṣṇaṃ na-
ktāndhānāṃ praśasyate | | cāturthakajvaraharaṃ nasyay-
ogena śīlitam | rājavrṛkṣasya nimbasya śigroḥ siṃhamukh-
asya ca | | kaphapittaharaṃ puṣpaṃ kuṣṭhaghnaṃ kuṭaja- 25
sya ca | śreyasī tilaparṇī ca bilvapatraṃ ca vātanut | |" iti |
§ 1522

1.6.276 Āyurvedarasāyana

koṣātakāvalgujakayorguṇānāha-koṣātaketi | § 1523

1.6.277 Aṣṭāṅgahr̥dayasaṃhitā

taṇḍulīyo himo rūkṣaḥ svādupākaraso laghuḥ | | 83 | |
madapittaviṣāsraghnaḥ-----
| | 83 | | § 1525

1.6.278 Sarvāṅgasundarā

taṇḍulīyo-maṇḍīrakākhyāḥ, śītavīryo rūkṣaḥ svādupākar-
aso laghurmadādināśanaśca | § 1526

1.6.279 Āyurvedarasāyana

taṇḍulīyaguṇānāha-taṇḍulīya iti | taṇḍulīyaḥ-alpamāriṣaḥ |
§ 1527

1.6.280 Āyurvedarasāyana

muñjātaguṇānāha-muñjātamiti | muñjātaṃ-kandaviśeṣaḥ,
kāśamīre prasiddhaḥ | § 1528

1.6.281 Aṣṭāṅgahr̥dayasaṃhitā

-----muñjātaṃ vātapittajit | | 83 | |
snigdham śītaṃ guru svādu bṛṃhaṇaṃ
śukrakṛtparam | | 84 | | § 1530

1.6.282 Sarvāṅgasundarā

muñjātaṃ vātapittahr̥t snigdhadiguṇayutamatisukrakṛ-
cca | § 1531

1.6.283 Aṣṭāṅgahr̥dayasaṃhitā

gurvī sarā tu pālaṅkyā----- | | 84 | | § 1532

1.6.284 Sarvāṅgasundarā

pālaṅkyā guurvī | tathā, sarā-śakṛdādibhedinī | tuśabdaḥ
picchilaśleṣmalahimādīnāṃ saṅgrahoktānāṃ samuccayā-
rthaḥ | tathā coktaṃ saṅgrāhe (sū.a.7)-"pālaṅkyā picchilā
gurvī śleṣmalā bhedinī himā | " iti | § 1533

1.6.285 Āyurvedarasāyana

pālaṅkyāguṇānāha-gurvīti | iṣallohitacīritapatrā vāstukasadr̥śā-
pālaṅkyā | "vāstukena samā jñeyā iṣallohitapatrikā | tathā
cīritapatrā ca pālaṅkyā sā prakīrtitā | | " nanu, "cillī vāstuk-
avat jñeyā pālaṅkyā taṇḍulīyavat | vātakṛdbaddhaviṅmū-
trā rūkṣā pittakaphe hitā | | ' iti suśrutena (sū.a. 46/261) ba- 5
ddhaviṅmūtrottā, iha tu saretī virodhaḥ | maivam | āmā
baddhaviṅmūtrā, pakvā tu saretī viṣayabhedāt | yadāha
carakaḥ-"sarvāṇi sūpyakāni" ityādau pālaṅkyāṃ paṭhitvā,
(ca. sū. a. 27/99)-"śākaṃ guru ca rūkṣaṃ ca prāyo viṣṭa-
bhya jīryati | madhuraṃ śītavīryaṃ ca purīṣasya ca bhed- 10
anam | | " iti | suśrutoktaṃ ca pittakaphahitatvaṃ pittāvṛ-
takaphaviṣayamiti | "pālaṅkyā picchilā guurvī śleṣmalā bh-
edinī himā | | " iti saṅgrāhe (sū. a. 7) śleṣmalatvavacanāt |
§ 1534

1.6.286 Aṣṭāṅgahr̥dayasaṃhitā

-----madaghñī
cāpyupodakā | | 84 | | § 1535

1.6.287 Sarvāṅgasundarā

upodakā madanāsinī | apiśabdāt guurvī sarā ca | upodakā-
mayālī, khaṇḍapālaṅkyeti prathitā | § 1536

1.6.288 Sarvāṅgasundarā

upodakāguṇānāha-madaghnīti | upodakā-potakī | cakārāt
pūrvavat | uktaṃ ca saṅgrāhe (sū.a.7)-"madaghnnyupodakā
cañcurgrāhī tau pūrvavattathā | | " iti | § 1537

1.6.289 Aṣṭāṅgahr̥dayasaṃhitā

pālaṅkyāvatsmṛtaścañcuḥ sa tu
saṅgrahaṇātmakaḥ | | 85 | | § 1538

1.6.290 Sarvāṅgasundarā

cañcuḥ pālaṅkyāsadr̥śo guṇaiḥ smṛtaḥ | sa punaścañcuḥ
saṅgrahaṇātmako-na bhedi | § 1539

1.6.291 Āyurvedarasāyana

cañcuguṇānāha-pālaṅkyāvaditi | gururiti siddhe pālaṅkyā-
vadvacanamuktānuktapālaṅkyāguṇaprāsartham | nanu,
"laghuḥ pāke tu jantughnaḥ picchilo vraṇināṃ hitaḥ | kaṣ-
āyamadhuro grāhī cañcusteṣāṃ tridoṣahā | | ' iti suśrutena
5 (sū.a. 46/251) laghutvaṃ tridoṣaharatvaṃ coktam | iha tu
gurutvaṃ śleṣmalatvaṃ ceti virodhaḥ | maivam | tridoṣa-
haratvalaghutve eva grāhye, ātidesikasyaupadesikena bā-
dhāt | ata evoktaṃ khāraṇādinā-"cañcurmarmarikā pāṭhā
vetrāgram suniṣaṇṇakam | śaṭhī śākaṃ ca saṅgrāhī doṣa-
10 trayahitaṃ laghu | | " ityādi | § 1540

1.6.292 Aṣṭāṅgahr̥dayasaṃhitā

vidārī vātapittaghnī mūtralā svāduśītalā | | 85 | |
jīvanī br̥mhaṇī kaṅṭhyā gurvī vṛṣyā
rasāyanam | | 86 | | § 1542

1.6.293 Sarvāṅgasundarā

vidārī-śṛgālikā, vātapittaharā mūtralādiguṇayuktā rasāyanam ca | kandasyaivāyaṃ guṇanirdeśo bodhyaḥ | tathā ca munīḥ (ca.sū.a.27 | 117)-"jīvano bṛmhaṇo vṛṣyo balyaḥ śasto rasāyanam | vidārikandaḥ kaṇṭhyaśca mūtralaḥ svāduśītalāḥ | |" iti | § 1543

5

1.6.294 Āyurvedarasāyana

vidārīguṇānāha-vidārīti | vidārī-bhūkuṣmāṇḍī, tasyāḥ kando+atra grāhyaḥ | uktaṃ ca (carakeṇa sū. a. 27/117)- "vidārikando balyaśca mūtralaḥ svāduśītalāḥ | |" iti | § 1544

1.6.295 Aṣṭāṅgahr̥dayasamhitā

cakṣuṣyā sarvadoṣaghnī jīvantī madhurā
himā | | 86 | | § 1545

1.6.296 Sarvāṅgasundarā

jīvantī cakṣuṣyādiguṇayuktā | yā madhurā sā śītavīryā ca | yā tvamadhurā sā ebhirguṇaiḥ kiñcidūnā | tathā coktaṃ saṅgrahe (sū.a.7)-"cakṣuṣyā sarvadoṣaghnī jīvantī madhurā himā | śākānāṃ pravara, nyūnā dvitīyā kiñcideva tu | |" iti | muninā tu jīvantiyāḥ śatāvaryādyāśca vātapittaharatvamaḡādi | tatpāṭho hi (ca,sū.a.27 | 104)- "bhaṇḍīśatāvarīśākam balājīvantijaṃ ca yat | parvaṇyāḥ parvapuşpyāśca vātapittaharam matam | |" iti | § 1546

5

1.6.297 Āyurvedarasāyana

jīvantīguṇānāha-cakṣuṣyeti | jīvantī-svarṇavarṇamūlanālādikā | saṅgrahe tu (sū. a. 7)- "śākānāṃ pravara, nyūnā dvitīyā kiñcideva tu | |" iti | § 1547

1.6.298 Aṣṭāṅgahr̥dayasaṃhitā

kūṣmāṇḍatumbakāliṅgakarkārvervārutiṅḍisam | | 87 | |
tathā trapusacīnākacirbhaṭam
kaphavātakṛt | | 87 | |
bhedi viṣṭambhyabhiṣyandi svādupākarasaṃ
guru | | 88 | | § 1550

1.6.299 Sarvāṅgasundarā

kūṣmāṇḍādikam kaphavātakṛt bhedi viṣṭambhyabhiṣya-
ndi svādupākarasaṃ guru ca | § 1551

1.6.300 Āyurvedarasāyana

kuṣmāṇḍādiguṇānāha-kūṣmāṇḍeti | kūṣmāṇḍam puṣpaph-
alam | tumbam-alābuh | kāliṅgam-kaliṅgaḍam | karkāruḥ-
kharbujah | ervāruḥ-karkaṭi | tiṅḍisam-chāṭakam | trapusam-
vālukam | cīnākam-vīṇakam | cirbhaṭam-ḍaṅgaram | bhedi-
5 malānām | viṣṭambhi-vāyoḥ | gurutve ca krama uktaḥ
khāraṇādinā-"trapusairvārukarkārukūṣmāṇḍālābucirbhāṭah |
madhurā rūkṣaṇāḥ śītā gauravam tūttarottaram | |' iti |
§ 1552

1.6.301 Aṣṭāṅgahr̥dayasaṃhitā

vallīphalānām pravaram kūṣmāṇḍam vātapittajit | | 88 | |
bastisuddhikaram
vṛṣyam----- | | 89 | | § 1554

1.6.302 Sarvāṅgasundarā

vallīphalānām madhye kūṣmāṇḍam-puṣpaphalasaṃjñā
varam | tathā, vātapittaharam bastisuddhikaram vṛṣyam
ca | § 1555

1.6.303 Āyurvedarasāyana

atra keṣāṃcidviśeṣaḥ | tatra kūṣmāṇḍaguṇānāhavallīpha-
lānāmiti | § 1556

1.6.304 Aṣṭāṅgahr̥dayasam̐hitā

-----trapusaṃ tvatimūtralam | | 89 | | § 1557

1.6.305 Sarvāṅgasundarā

trapusaṃ punaratiśayena mūtralam | § 1558

1.6.306 Āyurvedarasāyana

trapusaguṇamāha-trapusamiti | atigrahaṇāt kūṣmāṇḍādī-
nāmīṣanmūtralatvam | § 1559

1.6.307 Aṣṭāṅgahr̥dayasam̐hitā

tumbaṃ rūkṣataraṃ grāhi
kāliṅgairvārucirbhaṭam | | 89 | |
bālaṃ pittaharaṃ śītaṃ
vidyātpakvamato+anyathā | | 90 | | § 1561

1.6.308 Sarvāṅgasundarā

tumbaṃ-alābusaṃjñam rūkṣataram | ervārukādyapi rū-
kṣam, tumbaṃ tvatiśayenetyarthaḥ | tathā, grāhi | pū-
rvāṇi tu sāmānyaguṇoktyā bhedīnyeva | carakamuni-
matānusāriṇastvevaṃ vyācakṣate,-tumbaṃ rūkṣataram,
kāliṅgairvārucirbhaṭam grāhīti | kāliṅgaṃ- karcaram | 5
ervāruḥ-karkaṭikā | cirbhaṭam-ḍaṅgaram, mālaveṣu pra-
siddham, atiprasiddham jālandharādiṣu | etacca bālaṃ-
asampūrṇarasādi, pittaharaṃ śītavīryaṃ ca | ato-bālādviparītam,
pakvaṃ pittakaramuṣṇavīryaṃ cetyarthaḥ | suśruteno-
ktam (sū.a.46 | 218)-" nīlaṃ yatrapusaṃ bālaṃ vṛṣyaṃ pi- 10

ttaharaṃ matam | tatpāṇḍu kaphakṛjīrṇamamlam pittak-
aram smṛtam | |" iti | § 1562

1.6.309 Āyurvedarasāyana

tumbaguṇānāha-tumbaṃ rūkṣataramiti | taragrahaṇāt kū-
ṣmāṇḍādīnāmīśadrūkṣatvam | kāliṅgādīnām guṇānāha-
grāhi kāliṅgeti | grāhīti kecittumbena sambadhnanti | ta-
dasat | "alābu bhedanam teṣāṃ trapusaṃ tvatimūtralam |
5 ervārrukam sṛṣṭamūtram, grāhi karkārucirbhaṭam | |" iti
khāraṇādivacanāt | bālakuṣmāṇḍāderguṇānāha-bālamiti |
kecitkāliṅgādiviṣayatvamevāsya vākyaśyāhuḥ | tadasat |
"pittanutteṣu kūṣmāṇḍam bālam" iti, "bālam sunīlam tr-
apusaṃ teṣāṃ pittaharaṃ smṛtam |" iti ca suśrutavac-
10 anāt (sū.a. 46/213) | pakvasya kūṣmāṇḍāderguṇānāha-
pakvamiti | ato+anyathā-pittakaramuṣṇam ca | pakvaṃ-
īṣatpamkvam, samyakpakvasya vakṣyamāṇatvāt | § 1563

1.6.310 Aṣṭāṅgahr̥dayasaṃhitā

śīrṇavr̥ntam tu sakṣāram pittalam kaphavātajit | |90 | |
rocanam dīpanam
hr̥dyamaṣṭhīlā+anāhanullaghu | |91 | | § 1565

1.6.311 Sarvāṅgasundarā

śīrṇavr̥ntam-karcaram, īṣatkṣāram pittalam kaphavāta-
ghnam ca | rucikaramagnidīptikṛt hr̥dyam, aṣṭhīlāmānā-
ham ca hanti, laghu ca | | "ghano+aṣṭhīlopamo granthir-
aṣṭīlordhvaṃ samunnataḥ |" iti (hr̥. ni. ha. 11 | 60) aṣṭhī-
5 lālakṣaṇam | sātopamatyugrarujamādhmānamudare bhṛ-
śam | ūrdhvādhovātarodhena tamānāham pracakṣate " iti
(hr̥. ni. a. 11 | 59) ānāhalakṣam | § 1566

1.6.312 Āyurvedarasāyana

śīrṇavr̥ntasya kūṣmāṇḍāderguṇānāha-śīrṇavr̥ntamiti | aṣṭhīlānāhau-
gulmanidāne vakṣyete | pittalatvam-kūṣmāṇḍam vinā,

"śuklaṃ laghūṣṇaṃ sakṣāraṃ dīpanaṃ bastiśodhanaṃ |
sarvadoṣaharaṃ hr̥dyaṃ pathyaṃ cetovikāriṇām | |" iti
(sū.a.46/213) suśrutavacanāt | śīrṇavṛntaśabdena samya-
kpaḥvaṃ lakṣyate | samyakkpaḥvasya hi vṛntaṃ śīryate |
§ 1567

5

1.6.313 Aṣṭāṅgahr̥dayasaṃhitā

mṛṇālābisaśālūkakumudotpalakandakam | |91 | |
nandīmāṣakakelūṭaśṛṅgāṭakakaserukam | |92 | |
krauñcādanaṃ kalodyaṃ ca rūkṣaṃ grāhi
himaṃ guru | |92 | | § 1570

1.6.314 Sarvāṅgasundarā

mṛṇālādi rūkṣaṃ saṅgrahaṇaṃ śītavīryaṃ guru ca | mṛ-
ṇālaṃ dvividhaṃ,-sūkṣmaṃ sthūlaṃ ca | tatra sūkṣmaṃ-
mṛṇālaṃ, itarat-bisaṃ | śālūkaṃ-padmamūlam | kum-
udakandam | kumudaṃ-śaśipriyam | utpalakandakam-
raktotpalakandam | nandī-tuṇḍerikā | māṣako-vāstulaḥ | 5
kelūṭaṃ-kismakasaṃjñamudumbarabhedaḥ | śṛṅgāṭakaṃ-
trikoṇākṛti jalodbhavaṃ kandaṃ | kaserukaṃ-māgadham |
krauñcādanaṃ-tamedam | kalodyaṃ-padmabījam | § 1571

1.6.315 Āyurvedarasāyana

mṛṇālādiguṇānāha-mṛṇāleti | mṛṇālamsūkṣmaṃ kamala-
mūlam, bisaṃ-sthūlam, śālūkaṃ-padmakandaḥ, kumu-
dotpalayoḥ kandasya pṛthaggrahaṇāt | raktaṃ-padmam,
śvetaṃ-kumudam, nīlaṃ-utpalam | nandīmāṣako-vānīrakaḥ |
kelūṭaṃ-jalodumbaraḥ | śṛṅgāṭakaḥ-trikoṇo jalakandaḥ | 5
kaserukaṃ-lomaśakṣṇavartulasūkṣmastadāgakaṃ | krauñcādanaṃ-
thembulikā | kalodyaṃ-padmabījam | § 1572

1.6.316 Sarvāṅgasundarā

kalambādiguṇānāha-kalambanāliketi | kalambo-nāḍyākāraḥ
sūkṣmasuśiro bahutoyajaḥ | nālikā-tasmādalpā ślakṣṇā

mārpaḥ-maṅṭakaḥ | kuṭiṅjaraḥ-prasiddhaḥ | kutumbako-
 droṇapuṣpī | cillī-prasiddhā | laṭvākaṃ-gugguluśākam |
 loṇikā-gholikā | kurūṭakaḥ-śitivāraḥ | gavedhukā-kasikā |
 jīvanto-raktanālo mārṣaḥ | jhuñjhuḥ-jhuñjhurūkaḥ | eḍagajaḥ-
 5 prapunnāṭaḥ | yavaśākam-cillīsadr̥śaṃ laghupatram | suvarcalā-
 ravibhaktā | sarvāṅyālukāni-piṇḍālukamadhvālukahastyālukādīni |
 sūpyāni-mudgādīnām śimbyaḥ patrāṇi ca | lakṣmaṇā _
 raktabinducchadā, tasyā idaṃ lākṣmaṇam | lakṣmaṇam-
 yaṣṭimadhu, tasyedaṃ lākṣmaṇamityeke | prāyograha-
 10 ṇam prapunnāṭādiṣu vyabhicārārtham | yadāha suśrutaḥ
 (sū.a. 46/271)-"kaphāpahaṃ śākamuktaṃ varuṇaprapu-
 nāṭayoḥ | rūkṣam laghu ca śītam ca vātapittaprapo-
 ṇam | | " iti | viṣṭabya jīryati-pacyamānaṃ viṣṭambhaṃ ka-
 rotītyarthaḥ | ata eva pakvaṃ sat sṛṣṭaviṇmūtram | saṅgr-
 15 ahe tu (sū. a. 7)- cillīniṣpāvalaṭvākakurūṭakagavedhukāḥ |
 yātukā śālakalyāṇī triparṇī pīluparṇikā | | kumārajīvaloṇ-
 ikāyavaśākasuvarcalāḥ | kukuṇḍanalinījhuñjhumṛgadhū-
 makalākṣmaṇam | | ālukāni ca sarvāṇi tathā sūpyāni rāl-
 akaḥ | jīvantakaścañcuparṇī prapunnāṭaḥ kuṭherakam | | '
 20 iti | kalambādīnām saṃskārādivaśādvīśeṣamāha-svinnaṃ
 niṣpīḍitarasamiti | pūrvam svinnaṃ, tato niṣpīḍitarasam,
 tato bahunā snehena sādhitam, na tu snehāktam, nātid-
 oṣalamiti | atidoṣalagrahaṇāt kalambādīnām kiñcītpittak-
 aratvamapi jñeyam | vātaśleşmakaratvoktistvatiśayārthā |
 25 uktaṃ ca suśrutena (sū. a.46/275)- "svādupākarasāḥ śītāḥ
 śleşmalā nātipittalāḥ | lavaṇānurasā rūkṣāḥ sakṣārā vāta-
 lāḥ sarāḥ | | ' iti | § 1573

1.6.317 Aṣṭāṅgahr̥dayasaṃhitā

kalambanālikāmārṣakuṭiṅjarakutumbakam | | 93 | |
 cillīlaṭvākaloniṅkākurūṭakagavedhukam | | 93 | |
 jīvantajhuñjhvedagajayavaśākasuvarcalāḥ | | 94 | |
 ālukāni ca sarvāṇi tathā sūpyāni
 lakṣmaṇam | | 94 | |
 5 svādu rūkṣam salavaṇam vātaśleşmakaram
 guru | | 95 | |

śītaḷaṃ sṛṣṭaviṇmūtraṃ prāyo viṣṭabhya
jīryati | |95| |
svinnaṃ niṣpīḍitarasaṃ snehādhyam
nātidoṣalam | |96| | § 1580

1.6.318 Sarvāṅgasundarā

kalambādikaṃ madhuraṃ rūkṣaṃ kiñcillavaṇaṃ vātaśl-
eṣmakaraṃ guru ca | śītaviryam sṛṣṭamūtrapuriṣaṃ ca |
mūtrapuriṣe sṛjati-bahiḥ kṣipati | biṣṭabhya-udarapradeśe
piṇḍībhūya, jīryati-pariṇamati | prāyograhaṇaṃ kiñcide-
ṣāṃ madhye naivaṃsvarūpamiti jñāpanārtham | kalambaṃ-5
kadambaḥ | nālikā-dīrghanālarūpā kalambusaṃjñā | māṛṣo-
gandhārikā | kuṭīñjaraṃ-tāmramūlakam | kutumbako-droṇapuspī |
cillī-prṭhupatraṃ yavaśākaṃ kunāmasaṃjñam | laṭvāko-
gugguluśākaṃ | loṇīkā-loṇāraḥ | kuruṭakaḥ-sṭhitivāraḥ |
gavedhukaṃ-tṛṇadhānyaviśeṣaḥ | jīvanto-brhadgāndhāram |10
jhuñjhuḥ-jhuñjhurukaḥ | eḍagajaḥ-prapunnāṭaḥ | yavaśākaṃ-
hnaṣvapatrā cillī | suvarcalā-ravibhaktā | ālukāni ca sarvāṅi-
nānāvidhāni raktālukamadhukālukādibhedena | sūpyāni-
mudgarājamāśādipatrāṇī | lakṣmaṇaṃ-madhuyāṣṭikā | et-
acca sarvaṃ svinnaṃ niṣpīḍitarasamatibahusnehaṃ ca nā- 15
tyapathyam | suśrute(?)coktam-"saṃskṛtaṃ vesavāreṇa
sasnehaṃ śākamiṣyate | rājikāsaktubhaktādisaṃskāraṃ
cānuvartate | |" iti | § 1581

1.6.319 Aṣṭāṅgahr̥dayasaṃhitā

laghupatrā tu yā cillī sā vāstukasamā matā | |96| | § 1582

1.6.320 Sarvāṅgasundarā

laghupatrā yā cillī-yavaśākaviśeṣaḥ, sā tu vāstukasamā gu-
ṇairmatā | § 1583

1.6.321 Āyurvedarasāyana

cillīviśeṣasya guṇānāha-laghupatreti | § 1584

1.6.322 Aṣṭāṅgahr̥dayasaṃhitā

tarkārīvaruṇaṃ svādu satiktaṃ kaphavātajit | | 97 | | § 1585

1.6.323 Sarvāṅgasundarā

tarkārī-araṇikā, varuṇaḥ-tamālaḥ, samāhāreṇa tayordva-
ndvaḥ | etatsvādu kiñcittiktaṃ kaphavātaghnaṃ ca | § 1586

1.6.324 Āyurvedarasāyana

tarkārīvaruṇayorguṇānāha-tarkārīti | tarkārī agnimanthaḥ |
varuṇaḥ-setuvṛkṣaḥ | yattu suśrutena varuṇasya vātapitt-
aparakopaṇatvamuktaṃ, tatsaṃsṛṣṭaviṣayam | § 1587

1.6.325 Aṣṭāṅgahr̥dayasaṃhitā

varṣābhvau kālaśākaṃ ca sakṣāraṃ kaṭutiktakam | | 97 | |
dīpanaṃ bhedaṇaṃ hanti
garaśophakaphānilān | | 98 | | § 1589

1.6.326 Sarvāṅgasundarā

varṣābhvau-punarnave, tathā kālaśākaṃ, kiñcitkṣāraṃ
rase ca kaṭutiktaṃ vahnidīpanaṃ bhedaṇaṃ garādī-
mśca harati | kaṭhillo+api varṣābhūḥ sa ca prāgukt-
aguṇaḥ | tathā ca nighaṇṭuḥ (dhanvantarīyaḥ vargaḥ
5 1 | 274)-"punarnavā viśākhaśca kaṭhillaḥ śaśivāṭikā | vṛścī-
raḥ kṣudravarsābhūrdīrghapatraḥ kaṭhillakaḥ | | punarn-
avo+aparaḥ krūraḥ sadyo maṇḍalapatrakaḥ | śvetamūlo
varṣaketurmahāvarṣābhurucyate | | " iti | § 1590

1.6.327 Sarvāṅgasundarā

varṣābhūdvyasya kālaśākasya ca guṇānāha-varṣābhvāviti |
varṣābhvau-hṛsvamahatyau raktaśvetapunarnave | kālaśākaṃ-
kālikāśākam | anilaghnatvaṃ tu kālaśākaṃ vinā, tasya vāt-

alatvāt | yadāha khāraṇādiḥ-"kālaśākaṃ sakāraṅjaṃ kaṭu-
kaṃ vātakopanam | dīpanīyaṃ praśastaṃ ca viśaśophoda-
rārśasām | |" iti | carako+api (sū. a. 27/88)- "laghūṣṇaṃ vā-
talaṃ rūkṣaṃ kālākhyam śākamucyate |" iti | ata eva mā- 5
dhavakāro varṣābhūbhyaṃ pṛthagāha-"kālaśākaṃ garaśl-
eṣmaśophagnaṃ dīpanaṃ laghu |" iti, "varṣāmbvau ka-
phavātaghnau hitau śophodarārśasām |" iti ca | § 1591

1.6.328 Aṣṭāṅgahr̥dayasaṃhitā

dīpanāḥ kaphavātaghnāściribilvāṅkurāḥ
sarāḥ | |98 | | § 1592

1.6.329 Sarvāṅgasundarā

ciribilvaḥ-pūtikaraṅjaḥ, tasyāṅkurā vahnidīpanāḥ kapha-
vātaghnāḥ sarāśca | § 1593

1.6.330 Āyurvedarasāyana

ciribilvāṅkuraguṇānāha-dīpanā iti | ciribilvaḥ-karaṅjaḥ |
§ 1594

1.6.331 Āyurvedarasāyana

śatāvaryaṅkuraguṇānāha-śatāvaryaṅkurā iti | § 1595

1.6.332 Aṣṭāṅgahr̥dayasaṃhitā

śatāvaryaṅkurāstiktā vṛṣyā doṣatrayāpahāḥ | |99 | | § 1596

1.6.333 Sarvāṅgasundarā

śatāvaryā aṅkurāḥ-prarohāḥ, tiktarasā vṛṣyāḥ śukrakṛta-
stridoṣaghnāśca | § 1597

1.6.334 Aṣṭāṅgahr̥dayasaṃhitā

rūkṣo vaṃśakarīrastu vidāhī vātapittalaḥ | | 99 | | § 1598

1.6.335 Āyurvedarasāyana

vaṃśāṅkuraguṇānāha-rūkṣa iti | vaṃśo-veṇuḥ, tasya karīraḥ-
aṅkuraḥ | nanu, doṣala ityucyatām, suśrutena kaphakaravasyoktatvāt-
"veṇoḥ karīrāḥ kaphalā madhurā rasapākataḥ | vidāh-
ino vātakarāḥ sakaṣāyā virūkṣaṇāḥ | |" iti | maivam | an-
5 ārṣo+ayaṃ pāṭhaḥ, jaiijaṭopekṣitatvāt | ārṣastu-"veṇoḥ ka-
rīrāḥ śleṣmaghnāḥ" ityādi | uktaṃ hi saṅgrahe (sū. a.
7)- "vaṃśakarīrastu vidāhinaḥ | vātapittakarā rūkṣāḥ ka-
ṭupākāḥ kaphāpahāḥ | |" iti | mādHAVAKāreṇāpyuktam-
"vātapittakarā rūkṣāḥ kaṭukā rasapākataḥ | veṇoḥ karīrāḥ
10 śleṣmaghnāḥ sakaṣāyā vidāhinaḥ | | iti | yattukandavarge
sauśrutīyāḥ paṭhanti (sū.a. 46/305)-"veṇoḥ karīrā guravaḥ
kaphamārutakopanāḥ | |" iti | tadapyanārṣam, punarukta-
tvāt | vaṃśamūlāṅkuraviṣayaṃ vā | § 1599

1.6.336 Sarvāṅgasundarā

vaṃśakarīro-vaṃśāṅkuro, rūkṣo vidāhī vātapittakṛt | § 1600

1.6.337 Aṣṭāṅgahr̥dayasaṃhitā

pattūro dīpanastiktaḥ plīhārśaḥkaphavātajit | | 100 | | § 1601

1.6.338 Sarvāṅgasundarā

patturo dīpanastiktaraṣaḥ plīhādijit | pattūro-matsyākṣakaḥ |
§ 1602

1.6.339 Āyurvedarasāyana

pattūraguṇānāha-pattūra iti | pattūro-lohamāraḥ | § 1603

1.6.340 Aṣṭāṅgahṛdayasaṃhitā

kṛmikāsakaphotkledān kāsamardo
jayetsaraḥ | | 100 | | § 1604

1.6.341 Sarvāṅgasundarā

kāsamardaḥ saraḥ kṛmyādīṃśca nāśayati | utkledaḥsrota-
sāṃ mālinyenārdratvam | § 1605

1.6.342 Āyurvedarasāyana

kāsamardaguṇānāha-kṛmīti | utkledaḥ-kledādhiyam | § 1606

1.6.343 Aṣṭāṅgahṛdayasaṃhitā

rūkṣoṣṇamamlaṃ kausumbhaṃ guru pittakaraṃ
saram | | 101 | | § 1607

1.6.344 Sarvāṅgasundarā

kusumbhaśākam rūkṣamuṣṇavīryamamlaṃ guru pittakṛ-
tsaram ca | § 1608

1.6.345 Āyurvedarasāyana

kausumbhaguṇānāha-rūkṣoṣṇamīti | kausumbhaṃkusu-
mbhaśākam | § 1609

1.6.346 Āyurvedarasāyana

sārṣapaguṇānāha-guruṣṇamīti | sārṣapaṃ-sarṣapaśākam |
saṅgrahe tu (sū. a.7)-"sakṣāramadhuraṃ snigdhamuṣṇaṃ
guru ca sārṣapaṃ | śākānāmavaraṃ baddhaviṇmūtraṃ
sarvadoṣakṛt | | 'iti | § 1610

1.6.347 Aṣṭāṅgahr̥dayasaṃhitā

gurūṣṇaṃ sārṣapaṃ baddhaviṇmūtraṃ
sarvadoṣakṛt | | 101 | | § 1611

1.6.348 Sarvāṅgasundarā

sārṣapaṃ śākaṃ gurūṣṇavīryam | tathā, viśaṃ-śakṛt, mū-
traṃ ca badhnāti | tridoṣakṛcca | saṅgrahe tu (sū.a.7) sa-
kṣāratvamasyoktam | tatpāṭho hi-"sakṣāramadhuram sni-
gdhamuṣṇaṃ ca guru sārṣapaṃ |" iti | suśrutena coktam
5 (sū.a.46 | 238 ṭīkā)-"kaphagṇaṃ sārṣapaṃ śākamāsuram
śākameva ca |" iti | § 1612

1.6.349 Aṣṭāṅgahr̥dayasaṃhitā

yadbālamavyaktarasam kiñcitkṣāram satiktakam | | 102 | |
tanmūlakam doṣaharam laghu soṣṇam
niyacchhati | | 102 | |
gulmakāsakṣayaśvāsavraṇanetragalāmayān | | 103 | |
svarāgnisādodāvartapīnasāmśca-----
| | 103 | | § 1616

1.6.350 Sarvāṅgasundarā

yanmūlakam bālam, avyaktarasam-asphuṭāsvādam, tathā
kiñcitkṣāram-iṣatkṣāraguṇayuktaṃ kāryato+anumīyamānam,
tathā satiktaṃ-iṣattiktakam rasanendriyasya kiñcidudve-
jakam, tanmūlakam doṣāṇam haram-doṣaharam, nāny-
5 āvasthanam | bālam mūlakam doṣaharamityanenāsya viśi-
ṣṭā bālāvasthā doṣaharatvena niyamyate | na sarvaṃ bā-
lāvasthanam doṣaharam, api tvīdr̥grūpamityarthah | anye
tu doṣayorharam-doṣaharam, ityatra samāsam kṛtvā | vā-
taśleşmaghnatvamevāsya pratijānate | yataḥ kiñciduṣṇa-
10 vīryatvāt pittakaravamasyāstyeva | kiñcittiktarasopetatv-
ena pittakarṭṛtvamasya vyāhartuṃ na yuktaṃ | vakṣyati
hi (hr̥.sū.a.9 | 25)-"rasam vipākastau vīryam prabhāvastā-

nyapohati | " iti | evaṃ caitanmūlakam vātaśleşmaghnam-
eva yuktaṃ, na tu pittahṛcca, iti teṣāmbhiprāyaḥ | etacca
mūlakam gulmādīnniyacchati | pīnasāṃśceti caśabdaḥ sa-
muccaye | anyānapyevaṃprāyān rogānniyacchatīti | suśr- 5
utastu (sū.a.46 | 240)-sarvadoṣaharā laghvī kaṇṭhyā mūlak-
apotikā | " iti yadbhedāntaramūce, tadapyatraiva bālamū-
lakalakṣaṇe+antarbhūtamiti tantrakṛteha pṛthānnoktam |
§ 1617

1.6.351 Āyurvedarasāyana

atha mūlakaguṇānāha | tatra bālamūlakaguṇānāha-yadbālamiti |
bālam-komalam | tasya tisro+avasthāḥ,-prathamamavyaktarasam,
tata īṣallavaṇam, tata īṣattiktam | tadavasthātraye+api do-
ṣaharatvādiguṇam | svarāgnyoḥ sādah | § 1618

1.6.352 Aṣṭāṅghṛdayasaṃhitā

-----mahatpunaḥ | | 103 | |
rase pāke ca kaṭukamuṣṇavīryam
tridoṣakṛt | | 104 | |
gurvabhiṣyandi
ca----- | | 104 | | § 1621

1.6.353 Sarvāṅgasundarā

avyaktarasādīlakṣaṇāvasthāṃ vihāya yāvadvyaktarasādy-
avasthāṃ tatsampadyate | tato+anantaram krameṇa ra-
savipākayoḥ kaṭukamuṣṇavīryam tanmūlakam mahat-
vṛddham tridoṣakṛd gurvabhiṣyandi ca bhavati | vṛddh- 5
asya ca mūlakasyānekā avasthāḥ sambhavanti | tatra cāsy-
ādyāvasthāyāṃ kiñcittridoṣakṛttvam, antyāvasthāyāṃ tv-
atīśayena tridoṣakṛttvam vedyam | saṅgrāhe (sū.a.7) tva-
sya svāduvipākitvamuktam | tatpāṭhe-"mahatpunaḥ | rū-
kṣoṣṇam kaṭukam svādu vipāke sarvadoṣakṛt | | " iti | ta-
ccāmaviṣayam | § 1622 10

1.6.354 Āyurvedarasāyana

mahadguṇānāha-mahatpunariti | mahat-jaraṭham | saṅgr-
ahe tu svādupākamuktam (sū.a. 7)-"mahatpunaḥ | rūkṣ-
oṣṇaṃ kaṭukaṃ svādu vipāke sarvadoṣakṛt | |" iti | tacc-
āmaṇiṣayam | tathā ca khāraṇādiḥ-"rūkṣaṃ vidāhi tīkṣṇ-
5 oṣṇaṃ kaṭukaṃ svādu pacyate | utkleḍi stambhi gurvā-
maṃ mūlakaṃ trimalolbaṇam | |" iti | agnipakvaṃ tu ka-
ṭupākameva | § 1623

1.6.355 Aṣṭāṅgahr̥dayasaṃhitā

-----snigdhasiddham tadapi vātajit | | 104 | | § 1624

1.6.356 Sarvāṅgasundarā

apiśabda evārthe | tadeva-mahanmūlakaṃ snigdhasvi-
nnaṃ vātajit | snigdham ca tatsvinnaṃ ca snigdhasvi-
nnaṃ | na tvasnigdhasvinmātramityarthaḥ | § 1625

1.6.357 Sarvāṅgasundarā

snigdhasiddhaguṇānāha-snigdhasiddhamiti | snigdhairgh-
ṛtamāṃsarasādibhiḥ sādhitam-snigdhasiddham | yaddoṣ-
alaṃ mahadapi snigdhasiddham vātagnam | kiṃpuna-
ryaddoṣagnaṃ bālam ? ityapiśabdārthaḥ | § 1626

1.6.358 Aṣṭāṅgahr̥dayasaṃhitā

vātaśleşmaharam śuṣkaṃ sarvam----- | | 105 | | § 1627

1.6.359 Sarvāṅgasundarā

sarvam-bālam vṛddham ca mūlakaṃ, śuṣkaṃ sat vātaśleş-
śmaharam | § 1628

1.6.360 Āyurvedarasāyana

śuṣkaguṇānāha-vātaśleṣmaharamiti | tadapītyanuvartate |
pūrvavadapiśabdārthaḥ | § 1629

1.6.361 Aṣṭāṅgahr̥dayasam̐hitā

-----āmaṃ tu doṣalam | | 105 | | § 1630

1.6.362 Sarvāṅgasundarā

āmaṃ punarmūlakaṃ haritakatvena yadbhakṣyate ta-
ddoṣalam | sarvamityatrāyatnakṛtena sambandhena sa-
mbadhyate | tenādoṣalasya bālasyāpyāmasya doṣalatvam,
na tu vṛddhasyaivetyarthaḥ | mūlakaṃ nīlakaṅṭhāparasa-
m̐jñam | § 1631

5

1.6.363 Āyurvedarasāyana

āmaguṇānāha-sarvamiti | sarvaṃ-bālaṃ mahacchukamā-
rdraṃ ca | āmaṃ-anagnipakvam | § 1632

1.6.364 Aṣṭāṅgahr̥dayasam̐hitā

kaṭuṣṇo vātakaphahā piṇḍāluḥ
pittavardhanaḥ | | 105 | | § 1633

1.6.365 Sarvāṅgasundarā

piṇḍāluḥ kaṭuko rase, vīrye coṣṇo, vātakaphaghnaḥ pitta-
karaśca | § 1634

1.6.366 Āyurvedarasāyana

piṇḍāluguṇānāha-kaṭuṣṇa iti | piṇḍāluḥ vārāhikandaḥ | sa
hi vaktrālurucyate | uktaṃ hyāyurvedaparakāśe paṇḍitakeśavena-
"vārāhikandaḥ piṇḍālustathā śabarakandakaḥ | prokto

mūlakamūlābho vaktrālustvakchadastathā | |' iti | piṇḍaś-
abdena ca grāsavācinā grasanaṃ-vaktraṃ lakṣyate | nanu,
"gauṇamukhyayormukhye kāryasaṃpratyayaḥ' iti nyāy-
ātpiṇḍāluśabdasya mukhyamarthaṃ piṇḍālukam vihāya
5 gauṇo+artho vārāhikandaḥ kathaṃ grāhyaḥ ? iti cenna |
'gaṅgāyāṃ ghoṣaḥ' ityādau mukhyārthabādhe gauṇārtha-
grahaṇāt | atra ca mukhyārthasya bādhaḥ kaṭvādiguṇāyo-
gāt | ata evāha suśrutaḥ (sū. a. 46/304)- "piṇḍālukam kaph-
akaraṃ guru viṣṭambhi śītaḥ |" iti | gauṇasya tu kaṭvā-
10 diguṇayogaḥ | uktaṃ hyāyurvedaprakāśe-"kiṭikandaḥ ka-
ṭuḥ svādustiktoṣṇaḥ kaṭupākyapi | svaryo rasāyanam vṛ-
ṣyo balyaḥ pittavivardhanaḥ | | hanti śleṣmarutkuṣṭhame-
hamūtrāmayaḥ |" iti | suśruto+apyāha (su. a. 46/309)-
"varāhikandaḥ śleṣmaghnaḥ kaṭuko rasapākataḥ | mehak-
15 uṣṭhakṛmiharo vṛṣyo balyo rasāyanam | |' iti | kiñca piṇḍ-
ālukam cedvivakṣitam, tadā"ālukāni ca sarvāṇi" ityatra pr-
astāve brūyāt | piṇḍālukamiti ca prayuñjīta | nāpi piṇḍālu-
kepiṇḍāluriti śabdo mukhyaḥ, gauṇatve tu tulyaḥ | nanu,
vaktrāluśce dvivakṣitastarhi vaktrālurityeva spaṣṭamucy-
20 atām | satyam | kintvevaṃvidhairapi lākṣaṇikaiḥ śabda-
irdravyānyucyante, iti dyotayitum piṇḍālurityuktavān |
yathā-rodhrādau kadambe vācye kutsitāmba iti, kutsitaś-
abdena hi kuśabdasaṃnārthena kadādeśo lakṣyate | as-
anādāvarjune vācye śvetavāha ityādi | "bahubhiḥ paṭhya-
25 mānasya pāṭhatyeyaṃ samarthaṇā | hemādriṇā kṛtā kintu
tuṇḍāluriti paṭhyatām | |" iti | § 1635

1.6.367 Aṣṭāṅgahr̥dayasaṃhitā

kuṭheraśigrusurasasumukhāsuriḥṣṭraṇam | |106 | |
phaṇijjārjakajambīraprabhṛti grāhi
śālanam | |106 | |
vidāhi kaṭu rūkṣoṣṇam hr̥dyam
dīpanarocanam | |107 | |
dr̥kśukrakṛmihṛttīkṣṇam doṣotkleśakaraṃ
laghu | |107 | | § 1639

1.6.368 Āyurvedarasāyana

kuṭherādiharitakaguṇānāha-kuṭhereti | kuṭheraḥ-kālamālā |
 śigruḥ-śobhāñjanaḥ | surasaḥ-tulasī | sumukhaḥ-kuṭherasadrśo+alpaḥ |
 āsurī--rājikā | bhūstrṇam-mālātrṇam | phaṇijjaḥ-maricakaḥ |
 arjakaḥ-parṇāsaḥ | jambīraḥ-jambīrasadrśaḥ kiñcittīkṣṇaḥ |
 prabhṛtiśabdāt kustumbaryādayaḥ | uktaṃ hi saṅgrahe 5
 (sū. a. 7)- "dhānyatumbaruśaileyayavānīśṅgaberikāḥ | pa-
 rṇāśo grṇjano+ajājī gaṇḍīro gajapippalī | | phaṇijjārjakaja-
 mbīrakharāśvākālamālikāḥ | dīpyakaḥ kṣavako dvīpī bast-
 agandhādi baddhaviṭ | | ' iti | śālanam-haritakam, yadupa-
 daṃśeṣu yujyate yena ca vyañjanam vāsyate | uktaṃ hi sa- 10
 ṅgrahe (sū. a. 7)- "vargo haritakākhyo+ayamupadaṃśeṣu
 yujyate | vāsano vyañjanānām ca hr̥dyo rocanadīpanaḥ | | "
 iti | doṣotkleśakaravṇam caiṣāmārdrāvasthāyāmeva, phal-
 avyatirekeṇa ca | yadāha carakaḥ (sū. a. 27/172)- "śuṣkāṇi
 kaphavātaghnānyetānyeṣām phalāni ca | "" iti | § 1640 15

1.6.369 Sarvāṅgasundarā

kuṭherādi śālanam grāhi vidāhi kaṭukaṃ rasapākayo rū-
 kṣamuṣṇavīryam hr̥dyamagnidīpanam ca | tathā, dr̥gā-
 dihr̥ttīkṣṇam | tathā, doṣān-vātādīn, utkleśayati-kopayan
 sthānāccālayati, itī doṣotkleśakaram, laghu ca | śālanam- 5
 avadaṃśaḥ, yena sahānnaṃ bhoktuṃ yujyate | kuṭhero-
 vaikuṇṭhakaḥ | śigruḥ-phalapatrakaḥ | surasaḥ-kṛṣṇatulasī |
 sumukhaḥ-kaṭupatrakaḥ | āsurī-rājikā | bhūstrṇam-guhyabījakam |
 'phaṇijjako-maricakastīkṣṇagandhaḥ prakīrtitaḥ | ' ārjakaḥ-
 kharapatrakaḥ | jambīraḥ-karapatrakaḥ | prabhṛtiśabdena
 saṅgrahoktā gr̥hyante (sū.a.7)-"dhānyatumbaruśaileyayavānīśṅgaberakāḥ
 parṇāśo grṇjano+ajājī kaṇḍīram gajapippalī | | phaṇijjārj-
 akajambīrakharāśvākālamālikāḥ | dīpyakaḥ kṣavako dvī-
 pī bastagandhādi baddhaviṭ | | " iti | tantrāntare cuktam-
 "kaṭutiktarasā śītā kaphapittavināśinī | vipāke madhurā la-
 ghvī taskarāṅgulikā smṛtā | | " iti | § 1641 15

1.6.370 Aṣṭāṅgahr̥dayasaṃhitā

hidhmākāśaviṣaśvāsapārśvarukpūtīgandhahā | | 108 | |
surasah----- | | 108 | | § 1643

1.6.371 Sarvāṅgasundarā

suraso hidhmādighnaḥ | pūtīgandhaṃ-daurgandhyaṃ, sa-
urabhyotpādanāddhanti | § 1644

1.6.372 Āyurvedarasāyana

atra keṣāṃcidviśeṣaḥ | tatra surasaguṇānāha-hidhmākāseti |
pūtīgandho-daurgandhyam | § 1645

1.6.373 Aṣṭāṅgahr̥dayasaṃhitā

-----sumukho nātividāhī
garaśophahā | | 108 | | § 1646

1.6.374 Sarvāṅgasundarā

sumukhaḥ-kaṭupatrākhyah, kiñcidvidāhī garaśophau ca
hanti | § 1647

1.6.375 Āyurvedarasāyana

sumukhaguṇānāha-sumukha iti | garam-kr̥trimaviṣam |
§ 1648

1.6.376 Aṣṭāṅgahr̥dayasaṃhitā

ārdrikā tiktamadhurā mūtralā na ca pittakṛt | | 109 | | § 1649

1.6.377 Sarvāṅgasundarā

ārdrikā-ārdradhānikā, tiktamadhurā mūtrakarī pittaṃ ca
na karoti | § 1650

1.6.378 Āyurvedarasāyana

ārdrikāguṇamāha-ārdriketi | ārdrikā-kustambarī | na ca
pittakṛditi harītakatvātprāptam harītakatvātprāptam pitt-
otkleśanatvam niṣedhati | § 1651

1.6.379 Āyurvedarasāyana

laśunaguṇānāha-laśuna iti | kilāsaṃśvitram | kandasyaiv-
aite guṇaḥ | uktam hi saṅgrahe (sū. a.7)- "patre sakṣārama-
dhuro madhye madhurapicchilaḥ | tīkṣṇoṣṇo laśunaḥ ka-
nde" ityādi | § 1652

1.6.380 Aṣṭāṅgahr̥dayasaṃhitā

laśuno bhr̥satīkṣṇoṣṇaḥ kaṭupākarasaḥ saraḥ | | 109 | |
hr̥dyāḥ keśyo gururvṛṣyaḥ snigdho
rocanadīpanaḥ | | 110 | |
bhagnasandhānakṛdbalyo
raktapittapradūṣaṇaḥ | | 110 | |
kilāsakuṣṭhagulmārśomehakrimikaphānilān | | 111 | |
sahidhmāpīnasaśvāsakāsān hanti 5
rasāyanam | | 111 | | § 1657

1.6.381 Sarvāṅgasundarā

laśuno+atitīkṣṇo+atyuṣṇavīryaḥ, kaṭupākarasaḥ saraḥ- bh-
edī, hr̥dyādiguṇayuktaśca | kilāsādīn hanti, raktapittam ca
karoti | kilāsaṃ-śvitram | kandasyaivāyaṃ guṇavīryani-
rdeśo bodhyaḥ | patramadhyayormadhuratvāt bhr̥soṣṇa-
tvānupapattiḥ | tathā cuktam saṅgrahe (sū.a.7)-"patre sa- 5
kṣāramadhuro madhye madhurapicchilaḥ | tīkṣṇoṣṇo laś-
unaḥ kande" iti | § 1658

1.6.382 Aṣṭāṅgahr̥dayasaṃhitā

palāṇḍustadguṇanyūnaḥ śleṣmalo
nātipittalaḥ | | 112 | | § 1659

1.6.383 Sarvāṅgasundarā

palāṇḍuḥ-dhavalākṣakākhyah, tadguṇanyūnah,-tasya-rasonasya
guṇāstadguṇāḥ, tairhīnah | laśunātkiñcidhīnaguṇa itya-
rthaḥ | tathā śleṣmalo nātipittaṃ ca karoti | na tu laśunav-
atkaphagho+atipittakṛcca | kaphavātārśasām svede bha-
5 kṣaṇe ca prabhāvātpathyah | tantrāntare+anyo+apyuktaḥ,
yathā (suśrute sū.a.46 | 247)-"snigdho ruciṣyah sthiradhā-
tukārī balyo+atha medhākaphapuṣṭidaśca | svādurguruḥ
śoṇitapittaśastaḥ sapicchilah kṣīrapalāṇḍuruktaḥ" | | iti |
§ 1660

1.6.384 Sarvāṅgasundarā

palāṇḍugūṇānāha-palāṇḍuriti | tadguṇaiḥ-laśunaguṇaistīkṣṇoṣṇatvādibhiḥ,
nyūnah-hīnaśaktibhiryuktaḥ | saṅgrahe tu (sū. a. 7)- "vip-
āke madhurastu saḥ | kaphaṃ karoti pittaṃ ca, kevalānil-
anāśanaḥ | |" iti | § 1661

1.6.385 Aṣṭāṅgahr̥dayasaṃhitā

kaphavātārśasām pathyah svede+abhyavahṛtau
tathā | | 112 | |
tīkṣṇo gr̥ñjanako grāhī pittinām hitakṛnna
saḥ | | 113 | | § 1663

1.6.386 Sarvāṅgasundarā

gr̥ñjanakastīkṣṇo grāhī pittināmahitaśca | § 1664

1.6.387 Āyurvedarasāyana

gr̥ñjanakaguṇānāha-kaphavātārśasāmīti | gr̥ñjanakaḥ-palāṇḍubhedah |
uktaṃ ca bāṣpacandreṇa-"gandhākṛtiraśaistulyo gr̥ñjan-
astu palāṇḍunā | sūkṣmanālāgrapatratvādbhidyate+asau
palāṇḍutaḥ | |' iti | sa ca svedane bhojane ca prayuktaḥ
5 kaphavātajānyarśāsi hanti, pittavatām narāṇāmapathyah |
§ 1665

1.6.388 Aṣṭāṅgahr̥dayasam̐hitā

dīpanaḥ sūraṇo rucyaḥ kaphaghno viśado

laghuḥ | | 113 | |

viśeṣādarśasām̐

pathyaḥ----- | | 114 | | § 1667

1.6.389 Sarvāṅgasundarā

sūraṇo nāma kandaviśeṣo dīpano rucyaḥ śleṣmaghno viśado
laghurarśasāmatipathyaśca | § 1668

1.6.390 Āyurvedarasāyana

sūraṇaguṇānāha-dīpanaḥ sūraṇa iti | viśadoviśadaguṇaḥ |
§ 1669

1.6.391 Aṣṭāṅgahr̥dayasam̐hitā

-----bhūkandastvatidoṣalaḥ | | 114 | | § 1670

1.6.392 Sarvāṅgasundarā

bhūkandaḥ bhūsphoṭākhyaḥ prāvṛḍudbhavaḥ prasiddha
eva | sa cātyarthaṃ doṣalaḥ | § 1671

1.6.393 Āyurvedarasāyana

bhūkandaguṇānāha-bhūkanda iti | bhūkandobhūsphoṭaḥ |
§ 1672

1.6.394 Aṣṭāṅgahr̥dayasam̐hitā

patre puṣpe phale nāle kande ca gurutā

kramāt | | 114 | | § 1673

1.6.395 Sarvāṅgasundarā

patrādīnāṃ yathottaraṃ kramādgurutvam | tena patraś-
ākamapekṣya puṣpaśākam guru, tataḥ phalaśākam, tato
nālaśākam, tato+api kandaśākamiti | evaṃ haritakeṣvapi
5 gurutvam vedyam | bāhulyena caitaduktam | mūlake hi
vaiparītyaṃ dr̥śyate | tathā hi- mūlakasya hi kande la-
ghutvam | ata eva munirapyāha (?)-"mūlake tu viparya-
yah | "iti | śākānāṃ haritakānāṃ ca yeṣāmiha paryāyā no-
ktāsteṣāṃ sadvaidyebhyo+avagantavyāḥ | atha varāvāra-
tvam nirdhārayati- § 1674

1.6.396 Āyurvedarasāyana

puṣpādiśākānāṃ gauravatāratamyamāha-puṣpe patra iti |
utsargo+ayam | apavādastu yathāyatham | yathā-mūlake
suśrutenoktam (sū. a. 46/243)- "puṣpaṃ ca patraṃ ca pha-
laṃ tathaiva yathottaraṃ te laghavaḥ pradiṣṭāḥ | " iti | § 1675

1.6.397 Aṣṭāṅgahr̥dayasaṃhitā

varā śākeṣu jīvantī sārṣapaṃ tvavaraṃ param | | 2 | |
iti śākavargaḥ | | 2 | | § 1677

1.6.398 Sarvāṅgasundarā

śākeṣu madhye jīvantī varā | sārṣapaṃ punaravaram | iti
śākavargaḥ | § 1678

1.6.399 Sarvāṅgasundarā

śākānaṃ tāratamyamāha-varā śokeṣviti | paramiti-anyānyapi
praśastāni, jīvantī tu praśastatarā | yadāha suśrutaḥ (sū. a.
46/335)- "satīno vāstukaścañcuścillī mūlakapotika | maṇḍ-
ūkaparṇī jīvantī śākavarge praśasyate | | " iti | saṅgrāhe tu
5 (sū. a. 7)-"śyāmāśālmalikāśmaryaphaṅjībāṣṭpikayūthikāḥ |
vṛkṣādānīkṣīravṛkṣabimbītunikavṛkṣakāḥ | | rodhraḥ śa-
ṇaḥ karbudāraḥ saśelurvṛṣamūṣikā | bhallātakaḥ kovidā-

raḥ kamalotpalakimśukam | | paṭolādiguṇaṃ svādu kaṣā-
 yaṃ pittajitparam | baddhamūtrā sarā phaṅjī karīraṃ syā-
 dabhīrujam | | satiktaṃ laghu cakṣuṣyaṃ vṛṣyaṃ doṣatra-
 yapraṇut | vātapittaharā bhaṇḍī parvaṇī parvapuşpilkā | | 5
 [*sata rūḍhaṃ kadambaṃ ca rūkṣaṃ grāhi himaṃ guru |
 laghuruṣṇā sarā tiktāsorubūkā ca lāṅgalī | | vātalau kaṭut-
 iktāmlau bhedinau tilavetasau | tadvat pañcāṅgulo, vaṃś-
 akarīrāstu vidāhinaḥ | | bilvarāsrābalāśākaṃ vātaghnam-
 atisārajit | vāyuṃ vatsādanī hanyātkaphaṃ gaṇḍīracitra-
 kau | |] iti | iti śākavargaḥ | § 1679 10

1.6.400 Aṣṭāṅgahr̥dayasaṃhitā

atha phalavargaḥ | | 115 | |
 drākṣā phalottamā vṛṣyā cakṣuṣyā
 sṛṣṭamūtraviṭ | | 115 | |
 svādupākarasā snigdḥā sakaṣāyā himā
 guruḥ | | 116 | |
 nihantyanilapittāsratiktāsyatvamadātyayān | | 116 | |
 tṛṣṇākāsaśramaśvāsasvarabhedakṣatakṣayān | | 117 | | § 1684

1.6.401 Aṣṭāṅgahr̥dayasaṃhitā

phalānāmāhārakāle śāke-
 bhyo+alpopayogitvācchākavargādanantaraṃ
 phalavarga ucyate |
 kharanāde+apyuktam-"bhuktāvasāne
 phalaṃ bhujyate, iti
 phalavargo+abhidhīyate" ityāha----
 sa0-phaleṣuttamā-phalottamā
 gostanīparyāyā drākṣā | sā
 vṛṣyādiguṇayuktā | sakaṣāyā-īṣatkaṣayā |
 anilādīn kṣayāntān hanti | udāvartaharatvaṃ
 carakamuninā+asyā uktam | tacca snigdhatv-
 avṛṣyatvasṛṣṭaviṇmūtratvenehoktaprāyam |
 anyāsāṃ ca drākṣāṇaṃ guṇahīnatvaṃ
 deśādyanurodhāt kalpyam | § 1685

1.6.402 Āyurvedarasāyana

atha phalavargaḥ | tatra drākṣaguṇānāha-drākṣeti | utta-
meti siddhe phalagrahaṇamuttamebhyo+apyuttamārtham |
uttamānyuktāni suśrutena (sū.a. 46/334)- "dāḍimāmal-
akam drākṣā kharjūram saparūṣakam | rājādanam mā-
5 tuluṅgam phalavarge praśasyate | |" iti | tiktāsyatvam-
mukhasya tiktarasatvam | vātaghnatvam ca-koṣṭhavātavyatirekeṇa,
"vātahr̥ttve+api mṛdvīkākharjūram koṣṭhavātakṛt |" iti sa-
ṅgrahavacanāt (sū. a. 7) | § 1686

1.6.403 Aṣṭāṅgahr̥dayasaṃhitā

udriktapittāñjayati trīndoṣānsvādu dāḍimam | | 117 | |
pittāvirodhi nātyuṣṇamamlam
vātakaphāpaham | | 118 | |
sarvam hr̥dyam laghu snigdham grāhi
rocanadīpanam | | 118 | | § 1689

1.6.404 Sarvāṅgasundarā

udriktaṃ-atriktaṃ, pittaṃ yeṣāṃ tāmstathāvidhān trīn
doṣān madhuraṃ dāḍimam jayati | madhurasya pūrv-
akathanam prādhānyakhyāpanārtham | pittetyādi | aml-
adāḍimam pittāvirodhi-na pittaṃ kurute na ca pittaṃ
5 śamayati | ata evaitadvātakaphāpahamuktam | sarvam-
madhuramamlam, ca, yaddāḍimam tat hr̥dyādiguṇasa-
myuktam | muninā tūktam (ca.sū.a.27 | 146)-"rūksāmlam
dāḍimam yattu tatpittānilakopanam |" iti | § 1690

1.6.405 Āyurvedarasāyana

atha dāḍimaguṇāḥ | tatra svādudāḍimaguṇānāha-udriktapittāniti |
amladāḍimaguṇānāha-pittāvirodhīti | pittāvirodhipittod-
āsīnam | snigdhamlasyaivaite guṇāḥ, "rūksāmlam dāḍi-
mam yattu tatpittānilakopanam |" iti khāraṇādi (caraka)-
5 vacanāt | svādvamlasādhāraṇaguṇānāha-sarvam hr̥dyam-
iti | § 1691

1.6.406 Aṣṭāṅgahr̥dayasaṃhitā

mocakharjūrapanasanārikelaparūṣakam | | 119 | |
āmrātātālakāśmaryarājādanamadhūkajam | | 119 | |
saivīrabadarāṅkollaphalguśleşmātakodbhavam | | 120 | |
vātāmābhiṣukākṣoḍamukūlakanikocakam | | 120 | |
urumāṇaṃ priyālaṃ ca br̥mhaṇaṃ guru 5
śītalam | | 121 | |
dāhakṣatakṣayaharaṃ
raktapittaprasādanam | | 121 | |
svādupākarasaṃ snigdham viṣṭambhi
kaphaśukrakṛt | | 122 | | § 1698

1.6.407 Sarvāṅgasundarā

mocādipriyālāntaṃ br̥mhaṇatvādiyuktam | mocam-kadalīphalam |
nārikelam-romaphalākhyam | paruṣako-mṛduphalaḥ | āmrātaḥ-
kopicūḍaḥ | tālaḥ-talaḥ | kāśmaryam-kāśmarīphalam | rājādanam-
kṣīraśuklā | sauvīram-badaram | badaram-karṇikābadaram |
aṅkolla iti bilvaḥ | phalguḥ-kākodumbarikā | śleşmātakam- 5
śeluḥ | abhiṣukam-syārātam | ākṣoḍam-snehaphalākhyam |
mukūlakam- dantīphalam | nikocakam-saralaphalam | urumāṇam-
snigdhapphalam | priyālam-sannataruḥ | § 1699

1.6.408 Sarvāṅgasundarā

mocādiguṇānāha-mocakharjūreti | mocamkadalīphalam |
kharjūram-kharjūrīphalam | panasam-kaṅṭakīphalam | nārikelam-
tryakṣam | parūṣakam-dhanvanasadr̥śam mṛdvalpāsthi-
phalam | āmrātaḥ-kapītanah | tālaḥ-tāladrumah | kāśma-
ryamśrīparṇī | rājādanam-kapīpriyam | madhūko-madhudrumah |
madhūkajam dvividham,- phalam puṣpaṃ ca | yadāha su-
śrutaḥ (sū. a.46/186)- "br̥mhaṇīyamahr̥dyaṃ tu madhū-
kakusumaṃ guru | vātapittopaśamanaṃ phalam tasyo-
padiśyate | |' iti | dvividhamapyatra grāhyam, guṇābhe-
dāt | tebhyo jātam phalam | sauvīrabadarebadarabhedau | 10
uktaṃ hi-"karkandhu kolaṃ badaram sauvīram siñcatī-

phalam | yathottaraṃ mahatsvādu pañcadhā badarīpha-
 lam | | ' iti | tatra kolakarkandhunī svādutvābhāvānnātra
 paṭhite | vakṣyati hi (a. 6/137)- "tathā+amlaṃ kolakarka-
 ndhu" ityādi | siñcatīphalaṃ tiktakaṣāyatvānnoktam | ata
 5 eva saṅgrahe tindukādaṃ paṭhitvā viśeṣaguṇā uktāḥ (sū.
 a. 7)-"br̥mhaṇaṃ vātapittaghaṇaṃ snigdhaṃ siñcatikāph-
 alam | " iti | nanu, "karkandhukolabadaramāmāṃ pitta-
 kaphāvaham | pakvaṃ pittānilaharaṃ snigdhaṃ samadhu-
 raṃ saram | | purātaṇaṃ tr̥ṣamaṇaṃ śramaghaṇaṃ dīpa-
 10 naṃ laghu | " iti suśrutena (sū. a. 46/145) kolatulyaṃ bad-
 araṃmuktam, iha tu sauviratulyamiti virodhaḥ | maivam |
 suśrutenāpi sauvīratulyamuktam (sū. a. 46/146)- "sauvī-
 rabadaraṃ snigdhaṃ madhuraṃ vātapittajit | " iti | sauvī-
 rāṃ ca badaraṃ ceti dvandvaikatvam | pūrvatra tu ko-
 15 laṃ ca tadbadaraṃ ceti karmadhārayāt | viparītaṃ kuto
 na syāt ? iti cenna | saṅgrahe viśeṣaguṇoktau (sū.a.7)-
 "badaraṃ saraṇātmakam | " iti badaragrahaṇāt | na ca ba-
 daraśabdena sauvīram, sauvīramityakaraṇāt saratvābh-
 āvāceti | aṅkollaḥ-aṅkoṭhaḥ | phalguḥ-kākodumbarikā |
 20 śleṣmātaḥ-śeluḥ | vātāmādyurumāṇāntaṃ-uttarāpathe
 prasiddham | vātāmaḥ-snigdhamadhuramajjaṃ phalam |
 ākṣoḍaṃ-madanaphalasadṛṣaṃ madhye kiñcidunnatare-
 kham | mukūlakam-dantīphalasadṛṣaṃ | nikocakam-aṅgkollaphalasadṛṣaṃ |
 priyālaṃ-cārāphalam | raktapittaprasādanaṃ-raktapittayornirmalīkaraṇam |
 25 § 1700

1.6.409 Aṣṭāṅgahr̥dayasaṃhitā

phalaṃ tu pittalaṃ tālaṃ saraṃ kāśmaryajaṃ
 himam | | 122 | |
 śakṛnmūtravibandhaghaṇaṃ keśyaṃ medhyaṃ
 rasāyanam | | 123 | |
 vātāmādyuṣṇavīryaṃ tu kaphapittakaraṃ
 saram | | 123 | |
 paraṃ vātaharaṃ snigdhamanuṣṇaṃ tu
 priyālaṃ | | 124 | |

priyālamajjā madhuro vṛṣyaḥ
pittānilāpahaḥ | | 124 | |
kolamajjā guṇaistadvatṛṭchardiḥkāśajicca
saḥ | | 125 | | § 1706

1.6.410 Sarvāṅgasundarā

tālasyedam tālam phalam pittakāri | kāśmaryajam phalam
saram śītavīryādiguṇayuktam | madhūkabadarayorapi vi-
śeṣāntaramuktaṃ saṅgrāhe (sū.a.7)-"madhūkajamahṛdyaṃ
tu badaram saraṇātmakam | " iti | vātāmādīnām guṇaviś- 5
eṣapradarśanārtham nirdhāritam | tuḥ-viśeṣe | vātāmād-
ikamuṣṇavīryam kaphapittakaram saramatiśayena vāta-
ghnam snigdham ca | ādiśabdenā+abhiṣukādīnām graha-
ṇam | priyārajātam- priyārajam phalamanuṣṇavīryam | tu-
rviśeṣe, viśeṣastu śītavīryatvameva | śeṣam bṛmhaṇādi sa-
rvaṃ samānam | priyālasya majjā-asthyabhyantaram, ma- 10
dhurādiguṇayuktam | badaramajjā guṇaistadvat-priyālamajjāvat,
ṛḍḍādijicca | tantrāntare cuktam (suśrute sū.a.43 | 205)-
"baibhītako madakaraḥ kolānām pittanāśanaḥ | " tathā, "tā-
lakharjūrādīnām mastakamajjānaḥ svādupākā vṛṣyāḥ śīta-
vīryāśca | " iti suśruto+apaṭhat(?) | § 1707 15

1.6.411 Āyurvedarasāyana

atra keṣāṃcidviśeṣaḥ | tatra tālaphalaguṇānāhaphalam tv-
iti | yattu, "phalam svādurasam teṣāṃ tālam gurup-
ittahr̥t | | " iti suśrutena (sū. a. 46/179) pittaharatvam-
uktam, tat pakvaviṣayam | ata eva carakeṇa siddhān- 5
īti viśeṣitam (sū. a. 27/126)-"tālasasyāni siddhāni nāri-
kelaphalāni ca | bṛmhaṇasnigdhaśītāni balyāni madhur-
āṇi ca | | ' iti | vyākhyātam ca bāṣpacandreṇa,- "tālasasy-
ānitālaphalāni, siddhāni-pakvāni, madhurasnigdhaśītatv-
ena vātapittaharatvam kaphakaravtam ca vedyam | " iti |
kāśmaryajaguṇānāha-kāśmaryajamiti | vātāmādiguṇānāha- 10
vātāmādīti | vātāmādipriyālāntam | priyālaguṇānāha-anuṣṇam
tu priyārajamiti | nañatra viruddhārthaḥ | uṣṇāśabdena vī-
ryam pittam ca, tena śītalam pittagham ca priyārajam |

uktaṃ ca suśrutena (sū. a. 46/156)-"vātapittaharaṃ vṛ-
ṣyaṃ priyālaṃ guru śītaḥ | " iti | priyālamajjaguṇānāha-
priyālamajjeti | majjā-asthyantarvarti bījam | kolamajjaguṇānāha-
kolamajjeti | kolaṃ-badaram | § 1708

1.6.412 Sarvāṅgasundarā

bilvaṃ pakvaṃ sudurjaraṃ pūtimārutam ca-durgandhyapānavātakṛt
bhavati | bālaṃ-asampūrṇamanupacitam bilvaṃ, dīpa-
naṃ kaphavātaghnam | ubhayaṃ-āmaṃ pakvaṃ ca, grāhi-
mūtrapuriṣādeḥ saṅgrahaṇam | § 1709

1.6.413 Aṣṭāṅgahr̥dayasaṃhitā

pakvaṃ sudurjaraṃ bilvaṃ doṣalaṃ
pūtimārutam | | 125 | |
dīpanaṃ kaphavātaghnam bālaṃ,
grāhyubhayaṃ ca tat | | 126 | | § 1711

1.6.414 Āyurvedarasāyana

atha bilvam | tatra pakvabilvaguṇānāha-pakvamiti | pūtimārutam-
durgandhyadhovātapravartakam | saṅgrahe tu (sū. a.7)-
"gurvagnisādakṛdbilvam" iti | bālabilvaguṇānāha-dīpanamiti |
pakvabālasādhāraṇaguṇānāha-grāhīti | § 1712

1.6.415 Aṣṭāṅgahr̥dayasaṃhitā

kapitthamāmaṃ kaṅthaghnam doṣalaṃ, doṣaghāti
tu | | 126 | |
pakvaṃ hidhmāvamathujit, sarvaṃ grāhi
viśāpaham | | 127 | | § 1714

1.6.416 Sarvāṅgasundarā

āmaṃ kapittham kaṅṭham hanti, doṣalam-tridoṣakṛt | pa-
kvaṃ kapittham doṣaghaṇam hikkācchardihṛcca | sarvaṃ-
āmaṃ pakvaṃ ca kapittham, grāhi viṣāpahaṃ ca | āma-
kapitthasya kaṣāyatvaṃ kaṅṭhaghnaṭvenaivoditam, amla-
tvaṃ cāmlavargamādhye pāthādavagatam | pakvasya ca 5
madhuratvaṃ suprasiddhamitihaitannoktam | tathā, ām-
akapitthagūṇakathanena ca tathāvidhāni kaṣāyāmlasva-
bhāvāni vividhāni kapitthāni sadaivāmakapitthagūṇāni
vedyāni | pakvakapitthagūṇakathanena ca tathāvidhāni
mādhuryānuviddhāni sadā pakvaguṇāni vedyāni | § 1715 10

1.6.417 Sarvāṅgasundarā

atha kapittham | tatra āmakapitthagūṇānāha-kapitthamiti |
āmaṃ- bālam | kaṅṭhaghaṇam-svarasādakṛt | doṣalam-
doṣatrayakaram | tatra pittānilau kaphena saṃsrṣṭau, as-
aṃsrṣṭau ca karoti | kapham tu tābhyāṃ saṃsrṣṭam-
eva | "āmaṃ kapitthamasvaryam kaphaghaṇam grāhiv- 5
ātaḥ |" iti suśrutena(sū.a. 46/147) kaphaghaṇatvasyo-
ktatvāt | nanu, evaṃ cet doṣaśabdena pittānilāveva gr-
hyetām | maivam |" kapitthamāmaṃ kaṅṭhaghaṇam ka-
ṣāyāmlam tridoṣakṛt |" iti saṅgrāhe(sū.a.7) trigrahaṇāt |
pakvaguṇānāha-doṣaghātīti | vamathuḥ-chardiḥ | saṅgr- 10
āhe tu (sū.a.7)-" pakvaṃ rucyaṃ kaṣāyāmlam svādu hi-
dhmāvamipraṇut | doṣaghaṇam khāṇḍavāriṣṭarāgayuktiṣu
pūjitaḥ |" iti | āmapakvasādhāraṇaguṇānāha- sarvaṃ gr-
āhīti | § 1716

1.6.418 Aṣṭāṅgahr̥dayasaṃhitā

jāmbavaṃ guru viṣṭambhi śītaḥ bhṛśavātaḥ | | 127 | |
saṅgrāhi mūtraśakṛtorakaṅṭhyaṃ
kaphapittajit | | 128 | | § 1718

1.6.419 Sarvāṅgasundarā

jāmbavaṃ gurvādiguṇayuktam, mūtraśakṛtośca saṅgrah-
aṇam | kaṇṭhāya na hitam, kaphapittajicca | jāmbavamiti
phalārthe "jambvā vā " ityaṇ | § 1719

1.6.420 Āyurvedarasāyana

jāmbavaguṇānāha-jāmbvamiti | jāmbavaṃ jambuphalam |
§ 1720

1.6.421 Aṣṭāṅgahr̥dayasaṃhitā

vātapittāsrakṛdbālaṃ, baddhāsthi kaphapittakṛt | | 128 | |
gurvāmraṃ vātajitpakvaṃ svādvamlaṃ
kaphaśukrakṛt | | 129 | | § 1722

1.6.422 Sarvāṅgasundarā

vātetyādi | āmramiti vakṣyamāṇena sambandhaḥ | āmraṃ-
cūtākhyam, bālaṃ sadvātapittāsrakṛt | baddhāsthi-sañjātāsthi,
kaphapittakṛt | pakvamāmraṃ guru vātajit madhurāmlaṃ
kaphaśukrakṛcca | saṅgrahe (sū.a.7) sahakārarasasyāpi
5 guṇā uktāḥ | yathā-"sahakāraraso hr̥dyaḥ surabhiḥ sni-
gdharocanaḥ | " iti | § 1723

1.6.423 Āyurvedarasāyana

athāmram | tatra bālāmraguṇānāha-vātapittāsreti | saṅgr-
ahe tu (sū. a. 7)-"bālaṃ kaṣāyakaṭvamlam rūkṣam vātāsr-
pittakṛt | " iti | baddhāsthiguṇānāha-baddhāsthīti | baddhāsthi-
saṃhatāvayavāsthi, madhyāvasthamityarthaḥ | saṅgrahe
5 tu (sū.a.7)-" sampūrṇamāmramamlam ca raktapittakaph-
apradam | " iti | pakvaguṇānāha-gurvāmramiti | saṅgrah-
etu (sū.a.7)-"svādu sāmllaṃ guru snigdham māruggghna-
mapittalam | hr̥dyaṃ paryāgataṃ śleṣmamāṃsaśukraba-
lapradam | | sahakāraso hr̥dyaḥ surabhiḥ snigdha roca-
10 naḥ | [*dīpanaḥ pittavātaghnaḥśukraśoṇitaśuddhikṛt | |]"

iti | "tvaṅmūlapallavaṃ grāhi kaṣāyaṃ pittanāśanam |" iti
(dhanvantarīyanighaṅṭau vargaḥ 5/7) | § 1724

1.6.424 Aṣṭāṅgahr̥dayasaṃhitā

vṛkṣāmlaṃ grāhi rūkṣoṣṇaṃ vātaśleṣmaharaṃ
laghu | | 129 | | § 1725

1.6.425 Sarvāṅgasundarā

vṛkṣāmlaṃ grāhyādiguṇairiyuktam | vātaśleṣmahṛllaghu
ca | kośāmraṃ ca kiñcidetasmānnyūnaguṇaṃ jñeyam | ta-
thā ca saṅgrahe (sū.a.7)-"vṛkṣāmlaṃ grāhi rūkṣoṣṇaṃ la-
ghu rocanadīpanam | vātaśleṣmaharaṃ kiñcidūnaṃ kośā-
mrajaṃ tataḥ | | iti | § 1726

5

1.6.426 Āyurvedarasāyana

vṛkṣāmlaguṇānāha-vṛkṣāmlamiti | vṛkṣāmlamttidīkam |
pakvasyaivaite guṇāḥ | "vātāpahaṃ tintidīkamāmaṃ pitt-
abalāsakṛt |" iti suśrutena (sū. a. 46/159) tu bālasya balāś-
akarativamuktam | saṅgrahe tu (sū.a.7)-"rocanadīpanam |
vātaśleṣmaharaṃ kiñcidūnaṃ kośāmrajaṃ tataḥ | | iti | § 1727

5

1.6.427 Aṣṭāṅgahr̥dayasaṃhitā

śamyā gurūṣṇaṃ keśaghaṃ
rūkṣam----- | | 130 | | § 1728

1.6.428 Sarvāṅgasundarā

phalāpekṣayā ṣaṣṭhī | śamyāḥ phalaṃ guru uṣṇavīryaṃ
keśaghaṃ rūkṣaṃ ca | § 1729

1.6.429 Āyurvedarasāyana

śamīphalaguṇānāha-śamyā iti | śamyāḥ phalam | "phalam
tu pittalam" ityataḥ phalamanuvartate | § 1730

1.6.430 Aṣṭāṅgahr̥dayasaṃhitā

-----pīlu tu pittalam | | 130 | |
kaphavātaharam bhedi
plihārśaḥkr̥migulmanut | | 130 | |
satiktaṃ svādu yatpīlu vātyuṣṇam
tattridoṣajit | | 131 | | § 1733

1.6.431 Sarvāṅgasundarā

pīluphalaṃ ca pittalam yāvadgulmanut | tatra kaṭukaguṇānāha-
pīlutviti | atra kaṭukaṃ pīlu grāhyam, tiktamadhurasya
vakṣyamāṇatvāt, "kaṭupākaraṣaṃ bhedi tīkṣṇoṣṇam pīlu
pittalam | " iti saṅgrahavacanācca (sū.a.7) | tiktamadhuraguṇānāha-
5 satiktamiti | § 1734

1.6.432 Sarvāṅgasundarā

pīluphalaṃ ca pittalam yāvadgulmanut | satiktaṃ-īṣattiktaṃ
madhuraṃ ca yatpīlu tannātyuṣṇam tridoṣajicca | § 1735

1.6.433 Aṣṭāṅgahr̥dayasaṃhitā

tvaktiktakaṭukā snigdhā mātuluṅgasya vātajit | | 131 | |
br̥mhaṇam madhuraṃ māṃsam vātapittaharam
guru | | 132 | |
laghu tatkesaram
kāśvāsahidhmāmadātyayān | | 132 | |
āśyaśoṣānilaśleṣmavibandhacchardyarocakān
gulmodarārśaḥśūlāni mandāgnitvaṃ ca
nāśayet | | 133 | | § 1739

1.6.434 Sarvāṅgasundarā

bījapūrakasya tvak tiktakaṭukā rase, snigdḥā vātaghnī ca |
kharanādastvāha-"tvañmātuluṅgātkaṭukā gurvī vātaprak-
opanī | iti carake+apyuktam (?)-"gurvī tvagasya kaṭukā
mārutasya prakopanī |" iti | etanmatānusāriṇastvatraivaṃ 5
pāṭhaṃ paṭhanti,-"tvaktiktakaṭukā+asnigdḥā mātuluṅga-
sya vātakṛt |" ityakāraprasleṣāt | māṃsaṃ-kesarādarvāk,
br̥ṃhaṇaṃ madhuraṃ vātapittahr̥t guru ca | tasya-mātuluṅgasya
kesaraṃ, tatkesaraṃ laghu | tathā, kāsādīn mandāgnitvā-
ntānnāśayet | § 1740

1.6.435 Āyurvedarasāyana

atha mātuluṅgam | tatra tvagguṇānāha-tvagiti | nanu, "tv-
aṅmātuluṅgātkaṭukā gurvī vātaprakopanī |" iti khāraṇād-
ivacanena virodhaḥ | maivam | sāmāṃ vāyumaṃ hanti, ni-
rāmāṃ tu karotīti viṣayabhedāt | viparītaṃ kuto na syāt 5
? iti cet na | "tvaktiktā durjarā tasya vātakṛmikaphāpahā |
iti suśrutena (sū.a. 46/149) śleṣmaghnatvasyoktatvāt | śle-
ṣmaghnaṃ cāmaghnaṃ dr̥ṣṭameva | tanmāṃsaguṇānāha-
br̥ṃhaṇamiti | tvakkesaravyatirikto+avayavo-māṃsam | kesaraguṇānāha-
ladhviti | § 1741

1.6.436 Aṣṭāṅgahr̥dayasaṃhitā

bhallātakasya tvañmāṃsaṃ br̥ṃhaṇaṃ svādu
śītaḥ | | 134 | |
tadasthyagnisamaṃ medhyaṃ kaphavātaḥ
param | | 134 | | § 1743

1.6.437 Sarvāṅgasundarā

tvak ca māṃsaṃ ca tvañmāṃsaṃ bhallātakasambandhi,
br̥ṃhaṇaṃ madhuraṃ śītaḥ ca | tasya-bhallātakasyāsthī,-
tadasthi, agnisamaṃ-tikṣṇatvāt agnivatsphoṭakakarṭṭvāt(cca) |
athavā, agniḥ-citrakaḥ, tasya guṇadoṣakarṭṭayā tulyaṃ
bhallātakāsthīti | tathā, medhāyai hitam | atikaphavāta- 5
ghnam | § 1744

1.6.438 Āyurvedarasāyana

atha bhallātakam | tatra tvaṅmāṃsaguṇānāha-bhallātakasyeti |
asthivyatirikto+avayavaḥ puṣpākhyāḥ-tvaṅmāṃsam | asthiguṇānāha-
tadasthīti | agnisamaṃ-agnivaddāhapākādikaram | § 1745

1.6.439 Aṣṭāṅgahr̥dayasaṃhitā

svādvamlaṃ śītamuşṇaṃ ca dvidhā pālevataṃ
guru | | 135 | |
rucyamatyagniśamanam-----
| | 135 | | § 1747

1.6.440 Sarvāṅgasundarā

pālevataṃ-raivatakākhyam dvidhā | katham dviprakāram
? ityāha-svādu amlaṃ ca, tattu yathāsaṃkhyena śītamuş-
ṣṇaṃ ca | tathā, dvayamapi guru rucyamatyagniśamanam
ca | athavā yathāsambhavam sambandhaḥ,-madhuraṃ
5 guru atyagniśamanam ca, amlaṃ rucyamiti | § 1748

1.6.441 Āyurvedarasāyana

pālevataguṇānāha-svādvamlamiti | pālevataṃtindukākā-
ram | taddvividhaṃ,- svādu amlaṃ ca | yanmadhuraṃ ta-
cchītam, yadamlam taduşṇam, ubhayamapi gurvādigu-
ṇam | § 1749

1.6.442 Aṣṭāṅgahr̥dayasaṃhitā

-----rucyam madhuraṃmārukam | | 135 | |
pakvamāśu jarāṃ yāti
nātyuşṇagurudoṣalam | | 136 | | § 1751

1.6.443 Sarvāṅgasundarā

madhuramārukam rucyaṃ bhavati | apakvasyaivaite guṇā
vedyāḥ | yasmādāha-pakvamityādi | pakvaṃ sattadāśu-
drāgeva pariṇāmaṃ yāti | kiñjiduṣṇavīryam kiñcidguru,
kiñciddoṣalaṃ-apathyam | nighaṅṭāvuktam (dhanvantar-
īye va.5 | 38)-"ārukam vīrasenam ca vīrā vīrārukam tathā | 5
vidyājītiśeṣeṇa taccaturvidhamārukam | | iti | § 1752

1.6.444 Āyurvedarasāyana

pakvārukaguṇānāha-rucyamiti | ārukam-vīrasenam | āśu
jarāṃ yāti-sīghram pacyate | nātyuṣṇagurudoṣalatvaṃ-
amlāpekṣayā | ata eva doṣāśabdena pittaśleṣmāṇau grā-
hyau | amlasya hi pittaśleṣmalatvaṃ vakṣyati | tathā ca
khāraṇādiḥ-"nātyuṣṇam guru vātaghnam bṛmhaṇam nāt- 5
ipittalam | ārukam madhuraprāyamamlaṃ tu kaphapitta-
lam | |" iti | ārukam-bhavyamityeke | tanna | "bhavyam sv-
ādukaṣāyāmlam rūkṣam gurvātsyaśodhanam | śītam grā-
hyarucicchardiraktapittakaphāpaham | |" iti khāraṇādinā
pṛthagguṇakathanāt | § 1753 10

1.6.445 Āyurvedarasāyana

atha drākṣādīnāmamlānām guṇāḥ | tatra drākṣāditrayasy-
ārdrasya guṇānāha-drākṣāparūṣakamiti | amlāni yāni dr-
ākṣāparūṣakakaramardakāni tānyārdrāni cettadā pittapr-
adatvādiguṇāni | § 1754

1.6.446 Aṣṭāṅgahr̥dayasaṃhitā

drākṣāparūṣakam cārdramamlaṃ
pittakaphapradam | | 136 | |
gurūṣṇavīryam vātaghnam saram
sakaramardakam | | 137 | | § 1756

1.6.447 Sarvāṅgasundarā

drākṣāparūṣakaṃ sakaramardakaṃ cārdrāṃ-aśuṣkaṃ, amlaṃ
sat pittaśleṣmakaraṃ gurūṣṇavīryaṃ vātaghnaṃ saraṃ
ceti | karamardakaṃ-suṣeṇaṃ | § 1757

1.6.448 Aṣṭāṅgahr̥dayasaṃhitā

tathā+amlaṃ kolakarkandhulakucāmrātakāru-
kam | | 137 | |
airāvataṃ dantaśaṭhaṃ satūdaṃ
mṛgaliṇḍikam | | 138 | |
nātipittakaraṃ pakvaṃ śuṣkaṃ ca
karamardakaṃ | | 138 | | § 1760

1.6.449 Sarvāṅgasundarā

amlaṃ kolādikaṃ mṛgaliṇḍikāntaṃ tadvacceti amladrā-
kṣādivat, guṇairjñeyamityarthaḥ | karkandhuḥ-hrasvabadarī |
lakucaṃ-likucaṃ | ārukasyāmlasyaivaite guṇā jñeyāḥ |
madhurasya hi viśeṣeṇapūrvamuktā eva guṇāḥ | ta-
5 thā, airāvataḥ nātyarthaṃ pittaṃ karoti | airāvataṃ-
nāgaraṅgaṃ | dantaśaṭhaṃ-jambīraṃ | tathā, tūdaṃ mṛ-
galiṇḍikaṃ ca | tathā, karamardakaṃ pakvaṃ śuṣkaṃ ca
nātyarthaṃ pittakaraṃ | § 1761

1.6.450 Āyurvedarasāyana

kolādīnāṃ guṇānāha-tathā+amlaṃiti | amlānuvṛttāvaml-
agrahaṇamārdranivṛttyarthaṃ | amlaṃ yatkolādikaṃ ta-
dārdrāṃ śuṣkaṃ vā, tathā-tadvat, pittapradatvādiguṇa-
mityarthaḥ | kolakarkandhunī-badarabhedau | lakucaṃ-
5 granthiphalaṃ | airāvataṃ-nāraṅgaṃ elānaṃ ca | dantaśaṭhaṃ-
jambīraṃ phalāmlikākhyam ca | tūdaṃ todanaṃ āmrāta-
kaṃ (kośāmraṃ) ca | uktaṃ ca khāraṇādīnā-"phalāmlikairāvatakośāmra-
kāraṃ āmrātaṃ dantaśaṭhamamloṣṇaṃ raktapittalam | |" iti |
mṛgaliṇḍikaṃ-mṛgaviṭṣadṛśaṃ karkaṭākhyam | drākṣāde-
10 r-mṛgaliṇḍikāntasya pakvasya viśeṣaguṇamāha-nātipittakaraṃiti |

pakvaṃ drākṣādikamamlamapi nātipittakaram, svādupā-
katvāt | tathā+a+aha mādHAVAKĀRAḤ-"drākṣākarīrakarkandhubadarāṅyār
ca | parūṣakāṇi cāmlāni kaphapittakaḥrāṇi ca | | svādup-
ākāni yānyeṣāṃ nātipittakarāṇi ca | |" iti | yattūktam su- 5
śrutena (sū.a. 46/172)- "atyamlaṃ pittajananamāmaṃ vi-
dyātparūṣakam | tadeva pakvaṃ madhuraṃ vātapittanib-
arhaṇam | |" iti | tatpakvāvasthāyāṃ madhuraparūṣakav-
iṣam | yattu pakvamapyamlatvaṃ na jahāti, tatkiñcitpitta-
kameva | evaṃ drākṣādiṣvapi bodhyam | śuṣkasya kar-
amardasya viśeṣaguṇamāha-śuṣkamiti | nātipittakaramiti 10
cakāreṇānukṛṣyate | śuṣkasya karamardasya viparyayata-
ntrayuktyā pittaghnatve prāpte kiñcitpittakarātvaṃ vidh-
īyate | § 1762

1.6.451 Aṣṭāṅgahr̥dayasaṃhitā

dīpanaṃ bhedanāṃ śuṣkamamlīkākolayoḥ
phalam | | 139 | |
tr̥ṣṇāśramaklamacchedi laghviṣṭam
kaphavātayoḥ | | 139 | | § 1764

1.6.452 Sarvāṅgasundarā

amlīkāphalaṃ kolaphalaṃ ca śuṣkaṃ saddīpanaṃ bhe-
danāṃ tr̥ṣṇādināśanaṃ laghu kaphavātayośca pathyam |
§ 1765

1.6.453 Āyurvedarasāyana

śuṣkāṅāmamlīkādīnāṃ guṇānāha-dīpanamiti | amlīkā-ciñcāphalam |
kolayoriti dvivacanāt kolakarkandhunorgrahaṇam | su-
śrutena (sū. a. 46/145) hi dva yorapi tulyaguṇatvamū-
ktam, darśitaṃ ca badaravyākhyāne | kaphavātayoriṣṭam-
kaphavātagnamityarthaḥ | saramiti sāmānyoktyā bheda- 5
natve siddhe bhedanamiti niyamārtham, śuṣkāṅyevāmlī-
kādīni bhedanāni | ata eva khāraṇādinā-"grāhyamlaṃ ba-
daraṃ rucyaṃ laghūṣṇaṃ mārutāpaham | madhuraṃ ta-

dguru snigdham śītaṃ pittānilāpaham | |" ityuktaṃ grāh-
itvamaśuṣkaviṣayam | § 1766

1.6.454 Aṣṭāṅgahr̥dayasaṃhitā

phalānāmavaram tatra lakucaṃ
sarvadoṣakṛt | | 140 | | § 1767

1.6.455 Āyurvedarasāyana

lakucaguṇānāha-phalānāmiti | etacca sarvadoṣakarātva-
manamlasya, amlasya vātaghneṣu kolādiṣu paṭhitatvāt |
saṅgrāhe tu (sū.a.7)-[*"nārikelaṃ guru snigdham pitta-
ghnaṃ svādu śītaṃ | balamāṃsakaram hr̥dyaṃ bṛmha-
5 ṇaṃ bastisodhanam | | mocam svādurasam proktaṃ kaṣ-
āyaṃ nātiśītaṃ | raktapittaharam vṛṣyaṃ rucyaṃ śleṣm-
akaram guru | | snigdham svādukaṣāyaṃ ca rājādanapha-
lam guru |] madhūkajamahṛdyaṃ tu badaram saraṇātma-
kam | | tindukāśmantakāśītiphalinībimbitodanam | ṭāṅkā-
10 śvakarṇabakulagāṅgerudhavadhanvanam | | śvetapākaṃ
kapitthāni siṅcatībhavyajāmbavam | kṣīrivṛkṣaphalam bī-
jaṃ pauṣkaram kaphapittajit | | kaṣāyamadhuram rūkṣam
śītaṃ guru lekhanam | vibandhādhmānananam sta-
mbhanam vātakopanam | | bṛmhaṇam vātapittaghaṇam sn-
15 igdham siṅcatikāphalam | bhavyam viśadamamlam ca, [
*jāmbavam tvativātaṃ | | viṣṭambhakṛdakaṅṭhyaṃ ca]
sāmlam tu kṣīrivṛkṣajam | pittaśleṣmaghaṇamamlam ca vā-
talam cākṣakīphalam | | kaṣāyaṃ rocanam hr̥dyaṃ vāta-
lam lavalīphalam | phalam karañjam viṣṭambhi pittaśle-
20 ṣmā virodhi ca | | nīpaṃ śatākṣikam prācīnāmalam tṛṇa-
śūlyajam | pīluno+alpāntaraguṇam seṅgudam savikaṅka-
tam | | ' iti | § 1768

1.6.456 Sarvāṅgasundarā

phalānām sarveṣāṃ madhye lakucamavaram-apradhānam,
tridoṣakaram ca | carakamunistvasya pittaśleṣmakṛttvam-

evānujajñe | tatpātho hi (sū.a. 27 | 128)-"amlaṃ parūṣakaṃ
drākṣā badarāṇyārūkāṇi ca | pittaśleṣmaprakopīni karka-
ndhulakucāni ca | |" iti | saṅgrahe tvato+apyadhikamuktam
(sū.a.7)-"tindukāśmantakāsīsaphalinībimbatodanam | ṭa-
ṅkāśvakarṇabakulagāṅgerudhavadhanvanam | śvetapākaṃ 5
kapitthāni siñcatībhavyajāmbavam | kṣīrivṛkṣaphalaṃ bī-
jaṃ pauṣkaraṃ kaphapittajit | | kaṣāyamadhuraṃ rūkṣaṃ
śītaḥ guru lekhanam | vibandhādhmānajananaṃ sta-
mbhanaṃ vātakopanam | | bṛmhaṇaṃ vātapittagnaṃ sn-
igdhaṃ siñcitikāphalam | bhavyaṃ viśadamamlaṃ ca, jā- 10
mbavam tvativātaḥ | | viṣṭambhakṛdakaṅṭhyaṃ ca sām-
mlaṃ tu kṣīrivṛkṣajam | pittaśleṣmaghnamamlaṃ ca vāt-
alaṃ cākṣakīphalam | | nīpaṃ śatākṣikaṃ prācīnāmalaṃ
tṛṇaśūlyajam | asmādalpāntaraguṇaṃ seṅgudaṃ savika-
ṅkatam | | phalaṃ karañjam viṣṭambhi pittaśleṣmāviro- 15
dhi ca | |"iti | muninā tvato+api kiñcidadhikamuktam | ya-
thā (ca.sū.a.27 | 150)-"rocana dīpano hr̥dyaḥ sugandhistva-
gvivarjitaḥ | karcūraḥ kaphavātaghnaḥ śvāsahikkārśasām
hitaḥ | | vātaḥ kaphapittagnaṃ vidyātkaṛpaṭakīpha-
lam | madhurāṇyatipākāni vātapittaharāṇi ca | | aśvatth- 20
odumbaraplakṣanyagrodhānāṃ phalāni tu | prācīnāmala-
kaṃ caiva doṣagnaṃ garaghāti ca | | iṅgudaṃ tiktama-
dhuraṃ snigdhoṣṇaṃ kaphavātajit | |" iti | suśrute cōktaṃ
(sū.a.46 | 189,160)- | "sugandhi madhuraṃ snigdhaṃ lava-
līphalamucyate | vṛkṣāmlālpāntaraguṇaṃ kośāmrāphala- 25
mucyate | |" iti | samprati yādṛśaṃ phalaṃ śākaṃ ca tyā-
jyam, tadupadiśannāha- § 1769

1.6.457 Aṣṭāṅgahr̥dayasaṃhitā

himānaloṣṇadurvātavyālalālādīdūṣitam | | 140 | |
jantujuṣṭaṃ jale
magnamabhūmijamanārtavam | | 141 | |
anyadhānyayutaṃ hīnavīryaṃ jīrṇatayā+ati
ca | | 141 | |
dhānyaṃ tyajettathā śākaṃ
rūkṣasiddhamakomalam | | 142 | |

asañjātarasaṃ tadvacchūṣkaṃ cānyatra
mūlakāt | | 142 | |
prāyeṇa phalamapyevaṃ tathā+a+amaṃ
bilvavarjitam | | 143 | |
iti phalavargah | | 3 | | § 1776

1.6.458 Sarvāṅgasundarā

dūṣitaśabdaḥ pratyekaṃ sambadyate | dhānyaṃ kedāra-
sthaṃ himena dūṣitaṃ tyajet | tathā, analena pravṛddh-
ena dūṣitaṃ, uṣṇena ātapādinā, durvātena-purovātādinā,
tathā, vyālānāṃ-sarpādīnāṃ lālayā dūṣitaṃ tyajet | ādigra-
5 ahaṇena śavakoṭhamūtrapurīṣādīnāṃ grahaṇam | tathā,
jantubhiḥ-kṛmyādibhiḥ, juṣṭam-sevitam | jale magnaṃ-
āśikhaṃ buḍitam | abhūmau-viparītabhuvi jātam-abhūmijam,
yā yasyocitā bhūmistato+anyā-viparītā | anārtavaṃ aprā-
ptasamayam, yasminnṛtau yasyotpattiḥ prasiddhā tato+anyasmin
10 jātamityarthaḥ | tallakṣaṇam ca rasādīnāmaparipūrṇatv-
ena vijñeyam | anyena-vijātiyena dhānyena saṃyutaṃ ke-
dāragatam | ((yathā, raktaśāliryavakena saha virudhy-
ate | tathā, mudgo māṣeṇa |)) (evaṃ sūkadhānyaṃ vi-
jātiyena sūkadhānyena | tathā, śimbīdhānyaṃ śimbīdh-
15 ānyena vijātiyena saha viruddham tyajet) ((kecicch-
ūkadhānyena saha viruddhamiti varṇayanti | anye tu
jīrṇam navenamiśritamanyadhānyayutamiti bruvate |))
jīrṇatayā-atipurāṇatvena, hīnavīryam-naṣṭaśakti | evaṃv-
idham dhānyaṃ tyajet | tathā, śākamapi tyajet | kīdr-
20 śam ? rūkṣasiddham-niḥsnehasiddhamityarthaḥ | athavā,
rūkṣeṇa-kāñjikādīnā siddham-rūkṣasiddham | akomalaṃ-
jaraṭham | asañjātarasaṃ-aparipūrṇasvarūpamityarthaḥ |
tadvacchūṣkaṃ-tathaiva śuṣkaśākamapyasañjātarasavat ty-
ajet, anyatra mūlakāt | śuṣkamūlakam bhajedeva | prāyeṇa
25 phalamapyevaṃvidham tyajet | prāyograhaṇam drākṣāp-
arūṣakādīnāṃ śuṣkāṇāmapi pathyatvādatyājyatvajñāpan-
ārtham | tathā, āmaṃ-asamprāptapākaṃ phalaṃ, tyajediti
vartate | kiṃ sarvam ? netyāha-bilvavarjitam | bilvaṃ tvā-
mamapi pathyatvādbhajedevetyarthaḥ | iti phalavargah |
30 phalavargādanantaram vividhausadhavargārambhaḥ, pr-

āyeṇāsyā+a+ahāropayogitvāt | tatrāpi lavaṇānām pūrva-
mupanyāso yuktaḥ, sutarāmupayogitvāt | ityāha- § 1777

1.6.459 Āyurvedarasāyana

evaṃ dhānyādīnām guṇānuktva yādṛk tyājyaṃ tādr-
gāha | tatra dhānyamāha-himānaleti | himaṃ-tuhinaṃ,
analo-dāvānalādiḥ, uṣṇaṃ-ātapāḥ, durvātaḥ-purovātādiḥ,
vyālānām-sarpādiviṣaprāṇinām lālādayaḥ, [ādiśabdena
kothamūtrapurīśādayaḥ,] tairdūṣitaṃ-upahatam | jantujuṣṭaṃ-
kṛmisevitam | jale magnaṃ-pānīyamagnaṃmañjarīkam | abh-
ūmijaṃ anucitakṣetrajam | anārtavaṃ-anucitakālam | anyadhānyayutaṃ
vijātiyena dhānyena sahaikakṣetrajam | atijīrṇa tayā-bahuvarṣoṣitatvena |
hīnavīryaṃ-naṣṭaśakti | yatsvabhāvato hīnavīryam, atijī-
rṇamapyahīnavīryam, tanna tyājyaṃ | śākamāha-tatheti | 10
tathā-himadūṣitādīkam | anyadhānyayutamityatra dhā-
nyasthāne śākaśabda ūhanīyaḥ | rūkṣasiddhamsnehaṃ
vinā pakvam | akomalaṃ-jaraṭham | asañjātarasaṃ-atyantakomalam |
mūlakādanyacchuṣkaṃ tyajet, mūlakasya śuṣkasyaiva gu-
ṇavattvāt | phalamāha-prāyeṇeti | evamiti dhānyavat | 15
anyaphalayutatvaṃ tu-ekakālavālatvena | bilvavarjitam-
āmaṃ phalaṃ tyajet, bilvasyāmasyaiva guṇavattvāt | api-
śabdaḥ prāyeṇetyasya dhānyaśākābhyāmapi sambandhā-
rthaḥ | jantujuṣṭasyāpyudumbarādeḥ phalasya, jalamagn-
asyāpi padmanālādeḥ śākasya, anyadhānyayutasyāpi kus- 20
umbhagodhūmāderdhānyasya, sevyatvadarśanāt prāyeṇ-
etyuktam | iti phalavargaḥ | § 1778

1.6.460 Aṣṭāṅgahr̥dayasaṃhitā

athauśadhavargaḥ | | 143 | |
viṣyandi lavaṇaṃ sarvaṃ sūkṣmaṃ sṛṣṭamalaṃ
mṛdu | | 143 | |
vātaghnaṃ pāki tīkṣṇoṣṇaṃ rocanaṃ
kaphapittakṛt | | 144 | | § 1781

1.6.461 Sarvāṅgasundarā

sarvaṃ lavaṇaṃ viṣyandyādiguṇayuktaṃ viduḥ-jānanti,
sadvaidyā iti śeṣaḥ | viṣyandayati tacchīlaṃ-viṣyandi, sty-
ānasya kaphādisaṅghātasya vilīnavigrahatāmūtpādayat-
ītyarthaḥ | sūkṣmaṃ-sūkṣmasrotogāmi | sṛṣṭaṃ malaṃ-
5 mūtrapurīṣādi yena tatsṛṣṭamalam | tathā, vātāpaham |
pāki-annavraṇādīnāṃ pākakāri | tīkṣṇaṃ-amṛdu, marīcā-
divat | uṣṇaṃ-uṣṇavīryam | rocanaṃ-rucikṛt | tathā, kaph-
apittakṛt | § 1782

1.6.462 Āyurvedarasāyana

athauṣadhavargaḥ | auṣadhasyāpi saṃskāratvenā hār-
opayogāt | tatrādaḥ lavaṇaṃ | taccāṣṭadhā,-saindhavaṃ
sauvarcalaṃ bidaṃ sāmudraṃ audbhidaṃ kṛṣṇaṃ ro-
makaṃ pāṃśujaṃ ceti | tatra lavaṇasāmānyaguṇānāha-
5 viṣyandīti | viṣyandi-abhiṣyandi | mṛdu-mṛdugūṇaṃ | pāki-
pācanaṃ | § 1783

1.6.463 Sarvāṅgasundarā

atha viśeṣaguṇāḥ | tatra saindhavaguṇānāhasaindhavam-
iti | sasvādu-iṣanmadhuraṃ | anuṣṇaṃ-iṣaduṣṇaṃ | nanu,
"sasnehaṃ madhuraṃ pāke varṇyaṃ rocanadīpanam | do-
ṣatrayaghaṇaṃ cakṣuṣyaṃ śītaṃ sasvādu saindhavam | |"
5 iti khāraṇādīnā śītamuktam | tatkathamānuṣṇaṃ ? atra
brūmaḥ | śītamiva śītam, cakṣuṣyatvapittaghaṇatvādikāry-
akaravāt | avaśyaṃ caivamaṅgīkartavyam, "saindhavaṃ
sārasaṃ pākyaṃ sauvarcalamathaudbhidaṃ | pūrvam
pūrvam guṇotkṛṣṭamuṣṇaṃ teṣāṃ yathottaram | |" iti
10 khāraṇādīnāvopāyogānvādyuktatvāt | suśruto+apyāha (sū.a.
46/313)- "saindhavasāmudrabidaṃsauvarcalaromakaudbhi-
daprabhṛtīni lavaṇāni yathottaramuṣṇāni vātaharāṇi ka-
phapittakarāṇi ca | yathāpūrvam snigdhanī svādūni sṛṣṭ-
amūtrapurīṣāṇi ca | |" iti | dṛśaḥ pathyaṃ-cakṣuṣyam | § 1784

1.6.464 Aṣṭāṅgahr̥dayasaṃhitā

saindhavaṃ tatra sasvādu vṛṣyaṃ hr̥dyaṃ
tridoṣanut | | 144 | |
laghvānuṣṇaṃ dr̥śaḥ
pathyamavidāhyagnidīpanam | | 145 | | § 1786

1.6.465 Sarvāṅgasundarā

tatra-teṣu lavaṇeṣu madhye, saindhavaṃ sasvādu-īṣanmadhuraṃ,
vṛṣyaṃ hr̥dyaṃ tridoṣagnaṃ laghu tathā kiñciduṣṇaṃ
dr̥ṣṭeḥ pathyaṃ kiñcidvidāhi agnidīpanaṃ ca | sāmānya-
guṇāśca viṣyandisūkṣmasṛṣṭamalatarocanānyasya santy-
eva | § 1787

5

1.6.466 Aṣṭāṅgahr̥dayasaṃhitā

laghu sauvarcalaṃ hr̥dyaṃ
sugandhyudgāraśodhanam | | 145 | |
kaṭupākaṃ vibandhagnaṃ dīpanīyaṃ
rucipradam | | 146 | | § 1789

1.6.467 Sarvāṅgasundarā

sauvarcalaṃ laghu hr̥dayāya hitaṃ sugandhi udgāraṃ
śodhayati-duṣṭaṃ sacchuddhaṃ karoti | kaṭupākaṃ ca |
tathā, vibandhaṃ srotasāṃ hanti-vibandhagnaṃ | agni-
dīptirucikṛt | § 1790

1.6.468 Āyurvedarasāyana

sauvarcalaguṇānāha-laghu sauvarcalamiti | udgāraśodhanaṃ-
duṣṭodgārapraśamanam | § 1791

1.6.469 Aṣṭāṅgahr̥dayasaṃhitā

ūrdhvādhaḥkaphavātānulomanam dīpanam
biḍam | | 146 | |

vibandhānāhaviṣṭambhaśūlagauravanāśanam | | 147 | | § 1793

1.6.470 Sarvāṅgasundarā

biḍam ūrdhvaṃmadhaśca kaphavātānanulomayati | ta-
thā, dīpanam vibandhādighnam ca | § 1794

1.6.471 Āyurvedarasāyana

biḍaguṇānāha-ūrdhvādha iti | ūrdhvādhaḥśabdau kaph-
avātābhyāṃ pratyekaṃ sambadhyete na tu yathāsa-
ṃkhyena, "ūrdhvānulomyakṛdvāyoḥ śūlagham dīpa-
nam biḍam |" iti khāraṇādivacanāt, "ūrdhvaṃ cādha-
5 śca vātānāmānulomyakaram biḍam |" iti carakavacan-
ācca (sū.a. 27/299) | vibandho-malāvarodhaḥ | ānāho-
baddhodaratā | viṣṭambho-vātāvarodhaḥ | § 1795

1.6.472 Aṣṭāṅgahr̥dayasaṃhitā

vipāke svādu sāmudram guru

śleṣmavivardhanam | | 147 | | § 1796

1.6.473 Sarvāṅgasundarā

sāmudram vipāke madhuraṃ guru kaphavardhanam ca |
§ 1797

1.6.474 Āyurvedarasāyana

sāmudraguṇānāha-vipāka iti | § 1798

1.6.475 Aṣṭāṅgahr̥dayasaṃhitā

satiktakaṭukakṣāraṃ tīkṣṇamutkleḍi
caudbhidam | | 148 | | § 1799

1.6.476 Sarvāṅgasundarā

bhūmimudbhidya yadbhavati tadaudbhidam, īṣattiktaka-
ṭukakṣāraṃ tīkṣṇamutkleḍi ca- doṣotkliṣṭakaram | § 1800

1.6.477 Āyurvedarasāyana

audbhidaguṇānāha-satikteti | bhūmimudbhidiotpannasya
kṣārodakasya sūryaraśmibhirvahninā vā kvathanādyall-
avaṇaṃ tat-audbhidam | utkleḍi-kledābhivṛddhikaram |
§ 1801

1.6.478 Aṣṭāṅgahr̥dayasaṃhitā

kṛṣṇe sauvarcalaguṇā lavaṇe gandhavarjitāḥ | | 148 | | § 1802

1.6.479 Sarvāṅgasundarā

kṛṣṇe lavaṇe sauvarcalaguṇāḥ-laghutvādayo, gandhena
varjitāḥ-saugandhyarahitāḥ, santīti śeṣaḥ | § 1803

1.6.480 Āyurvedarasāyana

kṛṣṇalavaṇaguṇānāha-kṛṣṇa iti | ata eva nirgandhaṃ sau-
varcalamityācakṣate | § 1804

1.6.481 Aṣṭāṅgahr̥dayasaṃhitā

romakaṃ laghu, pāṃsūtthaṃ sakṣāraṃ śleṣmalaṃ
guru | | 149 | | § 1805

1.6.482 Sarvāṅgasundarā

romakaṃ lavaṇaṃ laghu | pāṃsūtthaṃ-śilālavaṇaṃ, īṣat
kṣāraṃ śleṣmalaṃ guru ca | § 1806

1.6.483 Āyurvedarasāyana

romakaguṇānāha-romakamiti | romakaṃ-śākambharīdeśottham |
pāṃsujaguṇānāha-pāṃsūtthamiti | pāṃsūtthaṃ-kṣāramṛttikodbhavam |
§ 1807

1.6.484 Āyurvedarasāyana

prasaṅgāccikitstopayoginīm paribhāṣāmāhalavaṇānāmiti |
yatra lavaṇānāmekavyādīnām saindhavādiśabdairvinā
prayoga uktaḥ, tatra saindhavādi prayojayet | saindhava-
mādi yatra tadyathā bhavatīti kriyāviśeṣaṇam | yathā, ya-
5 traikaṃ lavaṇam, tatra saindhavam | yatra dve, tatra sai-
ndhavasauvarcale | yatra trīṇi, tatra saindhavasauvarcal-
abiḍānītyādi | yatra saṃkhyāṃ vinā bahuvacanam, tatra
pañcaiva grāhyāṇi | "saurvacalaṃ saindhavaṃ ca biḍam-
audbhidameva ca | sāmudreṇa sahaitāni pañca syurlav-
10 aṇāni ca | |" iti caraka(?) vacanāt | yathā (hṛ.ci.a. 10/6)-
"caturṇā prasthamamlānām tryūṣaṇācca palatrayam | la-
vaṇānām ca catvāri śarkarāyāḥ palāṣṭakam | | taccūrṇam
śākasūpānnarāgādiṣvavacārayet | kāsājīrṇāruciśvāsahr̥tp-
āṇḍvāmayaśūlanut | |" ityatra | etadeva spaṣṭīkṛtaṃ sa-
15 ṅrahe (ci. a. 12)-"dāḍimakapitthavṛkṣāmlāmlīkānām pṛ-
thak pṛthak kuḍavaṃ lavaṇapañcakakuḍavaṃ tryūṣaṇatr-
ipalaṃ śarkarāpalāṣṭakam caikatra cūrṇitamannapāne pr-
aṇītamajīrṇāruciśvāsakāsagulmaplī hagrahaṇīhr̥tpāṇḍur-
ogaghnam | |" iti | § 1808

1.6.485 Aṣṭāṅgahr̥dayasaṃhitā

lavaṇānām prayoge tu saindhavādi
prayojayet | | 149 | | § 1809

1.6.486 Sarvāṅgasundarā

lavaṅṅānām prayoge saindhavamādi kṛtvā prayojayet-
anyatra pradeśe lavaṅṅāni dvitrāṇi tricaturāṇi vā yatra pr-
ayujyante tatra saindhavamādi kṛtvā prayojyāni | yathā-
hiṅgvādicūrṇe "dvipaṭu" ityuktam | tatra saindhavasa- 5
uvarcale prayojye | ((yatra trayāṅgāṃ prayogaḥ, tatra
saindhavasauvarcalabidāni | evamaudbhidādīnām lava-
ṅṅavarge paṭhitānāmanyatrā+api)) vedyam | kharanāde
coktam-"saindhavaṃ sārasaṃ pākyaṃ sauvarcalamathau-
dbhidam | pūrvam pūrvam guṇotkṛṣṭamauṣṇyam teṣāṃ
yathottaram | | iti | § 1810 10

1.6.487 Aṣṭāṅgahr̥dayasam̐hitā

gulmahṛdgrahaṅpāṇḍuplīhānāhagalāmayān | | 150 | |
śvāsārśahkaphakāsāṃśca
śamayedyavaśūkajaḥ | | 150 | | § 1812

1.6.488 Sarvāṅgasundarā

yavaśūkajo-yavakṣāro, gulmādīn śamayati | § 1813

1.6.489 Āyurvedarasāyana

atha kṣāraḥ | tatra yavakṣāraguṅṅānāha-gulmeti | § 1814

1.6.490 Aṣṭāṅgahr̥dayasam̐hitā

kṣāraḥ sarvaśca paramaṃ tīkṣṇoṣṇaḥ
kṛmijillaghuḥ | | 151 | |
pittāsṛgdūṣaṇaḥ pākī chedyahr̥dyo
vidāraṇaḥ | | 151 | |
apathyāḥ kaṭulāvaṅyācchukraujahkeśacakṣu-
śām | | 152 | | § 1817

1.6.491 Sarvāṅgasundarā

kṣāraḥ sarvaśca paramaṃ-atīsayena, tīkṣṇoṣṇaḥ kṛmijit la-
ghuśca | pittāsr̥jī dūṣayati | pākī-pākakārī | chedī-medāḥ
śleṣmādigranthighnaḥ | ahr̥dyo-hṛdayāya na hitaḥ | vidār-
aṇaḥ pakvagaṇḍādīnām | kaṭulāvaṇyācchukrādīnāmap-
5 athyaḥ | § 1818

1.6.492 Āyurvedarasāyana

kṣārasāmānyaguṇānāha-kṣāra iti | paramaṃ-atīsayena tī-
kṣṇoṣṇaḥ | pākī-pācanaḥ | chedī-chedanaḥ | vidāraṇaḥ-
śophādīpāṭanaḥ | kaṭulavaṇarasatvācchukrādīnāmapathyaḥ |
§ 1819

1.6.493 Aṣṭāṅgahr̥dayasaṃhitā

hiṅgu vātakaphānāhaśūlaghnaṃ pittakopanam | | 152 | |
kaṭupākarasaṃ rucyaṃ dīpanaṃ pācanaṃ
laghu | | 153 | | § 1821

1.6.494 Sarvāṅgasundarā

hiṅgu vātādighnaṃ pittakopanaṃ kaṭvādiguṇayuktaṃ
ca | § 1822

1.6.495 Āyurvedarasāyana

tatra hiṅguguṇānāha-hiṅgviti | § 1823

1.6.496 Āyurvedarasāyana

harītakīguṇānāha-kaṣāyeti | kaṣāyeti pañcarasatve+apyatīsayārtham |
vilavaṇā-svādvamlakaṭukaṣāyatiktarasetyarthaḥ | buddh-
erindriyāṇām ca balapradā | purāṇajvaro-jīrṇajvaraḥ | śoṣo-
rājayakṣmā | moho-mūrcchā | srotasāṃ vibandhaḥ-srotorodhaḥ |
5 kaphavātajāniti kuṣṭhādīnām viśeṣaṇam | tāmstāmśceti-
anyeṣāmapyevaṃprakāraṇāmānulomyādisādhyānām gra-

haṅārtham | nanu, "svādvamlabhāvātpavanaṃ, kaṭutikt-
atayā kapham | kaṣāyamadhuratvācca pittaṃ hanti harī-
akī | |" iti khāraṇādinā pittaghnatvamapyuktam | tatkim-
iti kaphavātayorgrahaṇam | satyam | pittajānapi vyādhīn
jayet, kaphavātajāmstvatīsayena, uṣṇavīryatvāt | khāraṇā- 5
dinā harītakīlakṣaṇamupyuktam-"kṣiptā+ambhasi nimajj-
edyā guṇakṛtsā prakīrtitā |" iti | § 1824

1.6.497 Aṣṭāṅghṛdayasamhitā

dīpanī pācanī medhyā vayasah ssthāpanī param | | 154 | |
uṣṇavīryā sarā+a+ayuṣyā
buddhīndriyabalapradā | | 154 | |
kuṣṭhavaivarṇyavaisvāryapurāṇaviṣamajvarān | | 155 | |
śīro+akṣipāṇḍuḥdrogakāmalāgrahaṇīgadān | | 155 | |
saśoṣaśophātīsāramedamohavamikrīmīn | | 156 | | 5
śvāsakāsaprasekārśahṣplīhānāhagarodaram | | 156 | |
vibandham srotasām
gulmamūrustambhamarocakam | | 157 | |
harītakī jayedvyādhīmstāmstāmśca
kaphavātajān | | 157 | |
kaṣāyā madhurā pāke rūkṣā vilavaṇā
laghu | | 153 | | § 1833

1.6.498 Sarvāṅgasundarā

harītakī kaṣāyā-kaṣāyarasā | kaṣāyarasatvātkaṭuvipākitvaṃ
prāptamityāha-madhurā pāka iti | tathā, rūkṣā | vila-
vaṇeti vacanaṃ lavaṇaṃ varjayitvā śeṣāḥ pañcarasā
asyāḥ santīti vedayati | nanu, evaṃ kaṣāyetyanartha- 5
kam, yataḥ pañcasu raseṣu lavaṇahīneṣu madhye kaṣ-
āyo+anupraviṣṭa eva | astyevaitat | kaṣāyetyetadatiśaya-
khyāpanāya, kaṣāyo raso+asyām bāhulyenāstītyarthah |
tathā ca muniḥ (ca.ci.a.1 | 29)-"harītakīm pañcarasāmu-
ṣṇām vilavaṇām śivām |" iti | tathā, laghu | dīpanī-
agreḥ | pācanī-āmādeḥ | medhyā-medhāyai hitā | vay- 10
asa ityādi,- kālakṛtā śarīrāvasthā yauvanādirvayastasya,

param-atīsayena, sthāpanī-sthirīkaraṇī | uṣṇetyetāvataivo-
ṣṇavīryetyasyārthasya labdhatvāt vīryagrahaṇamatisāyo-
ṣṇavīryatvakhyāpanārtham | sarā- bhedanī | tathā, āyuṣe
hitā | buddhiḥ-vartamānārthagrahiṇī prajñā, indriyāṇi-
5 cakṣurādīni, teṣāṃ balaṃ pradadāti yā saivam | kuṣṭhādīn
rogān jayati | kharanāde tvevamabhyadhāyi-"svādvamlabhāvātpavanam,
kaṭutiktatayā kapham | kaṣāyamadhuratvācca pittaṃ ha-
nti harītakī | |" iti | § 1834

1.6.499 Aṣṭāṅgahr̥dayasaṃhitā

tadvadāmalakaṃ śītamamlam
pittakaphāpaham | | 158 | | § 1835

1.6.500 Sarvāṅgasundarā

tayā-harītakīyā, tulyaṃ vartata iti ṛtīyāntādvatiḥ | harī-
akīsamānaguṇamāmalakamityarthaḥ | viśeṣaṃ tvasyāha-
abhayoṣṇā idam śītaṃ,- śītavīryam | tathā, amlam-amlarasam,
pittakaphagham ceti | kṛṣṇātreyastvāmalakaṃ tridoṣa-
5 ghamākhyat | yathā-"amlabhāvājayedvātam pittaṃ mā-
dhuryaśaitiyataḥ | kapham rūkṣakaṣāyatvādevametattri-
doṣanut | |" suśrute+api (sū.a.46 | 143) tridoṣaghnatvam-
uktam | tadgrantho hi-"cakṣuṣyaṃ sarvadoṣagham vṛ-
ṣyamāmalakīphalam | hanti vātam tadamlatvāt pittaṃ
10 mādhuryaśaitiyataḥ | | kapham rūkṣakaṣāyatvāt phale-
bhyo+abhyadhikaṃ tu tat | |" iti | § 1836

1.6.501 Āyurvedarasāyana

āmalakaguṇānāha-tadvaditi | tadvat-harītakīvat | sā tūṣṇā
kaṣāyotkatā, atīsayena kaphavātaghnī | idam tu śītamaml-
oṭkatamatisāyena pittakaphaghamiti vyatirekaḥ | § 1837

1.6.502 Aṣṭāṅgahr̥dayasaṃhitā

kaṭu pāke himaṃ keśyamakṣamīṣacca
tadguṇam | | 158 | | § 1838

1.6.503 Sarvāṅgasundarā

akṣam-bibhītakam, pāke kaṭukam śītavīryam keśebhyo hi-
tam | tathā, īśatadguṇam,-tābhyām-harītakīdhātrībhyām,
samānā guṇā yasya tattadguṇam kiñcidakṣam | nanu, har-
ītakyaḍīnām sthūlasūkṣmādhedenāniyatasvarūpatvātka-
thamivopayogaḥ kriyatām ? iti kecit | tān brūmahe | 5
akṣam tāvadatra karṣapramāṇam grāhyam | tathā ca
dhanvantarirākhyat (dha.nighaṇṭau va.1 | 292)-"bibhītaḥ
karṣaphalo" ityādi | anvarthā hīyam samjñā | karṣam-
karṣapramāṇam, phalam yasya sa karṣaphala iti | tadevam
bibhītakasya phalam yatkarṣapramāṇam tadgrāhyamity- 10
avatiṣṭhate | harītakyaḥ api pramāṇam niyatameva | harī-
akyaḥ api pramāṇam niyatameva | tantrāntare+apyuktam-
"navā snigdha ghanā vṛttā gurvī kṣiptā tathā+ambhasi |
nimajjedyā praśastatvāt guṇakṛtsā prakīrtitā | navādigu- 15
ṇayuktatvam tathāikatvam dvikarṣatā | harītakyaḥ phale
yenam tenaitacchreṣṭhamucyate | |" iti | tadevam dvikarṣ-
apramāṇatvam harītakyaḥ sthitam | dhātrīphalasyapi yu-
ktyā niyatapramāṇatvameva | tathā coktam tantrāntare
"abhayaika pradātavyā dvāveva tu bibhītakau | dhātrīph- 20
alāni catvāri triphaleyam prakīrtitā | | iti | tadevamāmala-
kānāmardhakarṣapramāṇatvamavatiṣṭhate | tasmānniyat-
apramāṇatvam triphalāyāḥ sthitam | § 1839

1.6.504 Āyurvedarasāyana

bibhītakaguṇānāha-kaṭu pāka iti | akṣam bibhītakam |
tadguṇam-āmalakaguṇam | kaṭu pāka iti svādupākatvāp-
avādaḥ | ahimamiti śītavīryasya niṣedhāduṣṇavīryatvasya-
aiva pratiprasavaḥ | īśadityatiśayo niṣidhyate | sa cāmla-
tvasyaiva, na pittakaphāpahatvasya | tasya tantrāntare vi- 5
dhānāt | yadāha suśrutaḥ (sū.a. 46/200)-"bhedanam laghu
rūkṣoṣṇam vaisvaryam kṛmināśanam | cakṣuṣyam svādu-
pākyakṣam kaṣāyam kaphapittajit | |' iti | khāraṇādirapi-

"kaṣāyamadhuram śītam laghu pittakaphāpaham | bibhīt-
akaphalam tasmāntriphala sārveyaugikī | |" iti | svādupākīti,-
svādu-madhurarasam, pākipācanam | ata eva khāraṇād-
inā kaṣāyamadhuramuktam | śītamiti śītasparśam, suśr-
5 utenoṣṇatvasyoktatvāt, "uṣṇavīryā" iti vīryagrahaṇācca |
§ 1840

1.6.505 Aṣṭāṅgahr̥dayasaṃhitā

iyam rasāyanavarā triphalā+akṣyāmayāpahā | | 159 | |
ropanī tvaggdakledamedomehakaphāstra-
jit | | 159 | | § 1842

1.6.506 Sarvāṅgasundarā

iyam-īdṛśī, triphalā rasāyanavarā | cakṣūrogaghni | ropanī-
vraṇānām | tvaggadāḥ-kuṣṭhādayaḥ, kledo-vraṇādīnām
srāvaḥ medaḥ-caturtho dhātuḥ, mehaḥ-pramehaḥ, kaphaḥ-
śleṣmā, asraṃ-raktam, tāni jayati yā saivam | § 1843

1.6.507 Āyurvedarasāyana

harītakyaḍitrayasya militasya saṃjñāṃ kurvan guṇānāha-
iyamiti | iyam-harītakyaṃmalakabibhītakākhyā phalatrāyī,
triphaleti khyātā rasāyanavaratvādiguṇā ca | akṣyāmayo-
netrarogaḥ | tvaggadāḥ-kuṣṭhādayaḥ | § 1844

1.6.508 Aṣṭāṅgahr̥dayasaṃhitā

sakesaram caturjātam tvakpatrailam trijātakam | | 160 | |
pittaprapakopi tīkṣṇoṣṇam rūkṣam
rocanadīpanam | | 160 | | § 1846

1.6.509 Āyurvedarasāyana

tvagādestrayasya catuṣṭayasya ca samjñāṃ kurvan guṇānāha-
sakesaramiti | tvakpatrailaṃ-trijātakam | tadeva sakesaraṃ-
caturjātasamjñam | dvayamapi pittaprapkopitvādiguṇam |
kecitpūrvārddhamapaṭhitvottarārdha maricena yojaya-
nti | tadasat | triphalāvat trijātakacaturjātakābhyāmapi py- 5
avahārāt pittaprapkopitvādiguṇayogaśaṅkāyā nirbījtvā-
cca | na hi tantrāntare etatpratikulā guṇā uktāḥ, kintvan-
ukūlāḥ | yathā cikitsākalikāyām (ślo.60)-"tvakpatrakailaṃ
trisugandhametat prakīrtitaṃ vātakaphāpahāri | varṇyaṃ
viṣaghaṇaṃ ca sanāgapuṣpaṃ jñeyaṃ caturjātakametad- 10
eva | | " iti | § 1847

1.6.510 Sarvāṅgasundarā

dīpanarocanamityetatparyantam | tvak ca patraṃ cailā ceti
dvandvaikavadbhāvaḥ | etasya nāma trijātakam trisuga-
ndhamiti | etatrijātakam kesarayuktaṃ caturjātakamityu-
cyate | tacca pittaprapkopitvādiguṇam | pittaprapkopi tīkṣṇ-
ādiguṇayuktaṃ | § 1848 5

1.6.511 Aṣṭāṅgahrdayasamhitā

rāse pāke ca kaṭukaṃ kaphaghaṇaṃ maricaṃ
laghu | | 161 | | § 1849

1.6.512 Sarvāṅgasundarā

rāse pāke ca kaṭukaṃ maricaṃ kaphaghaṇaṃ laghu ca |
kaṭurasatvena kaṭupākatve labdhe pākagrahaṇmatisāyā-
rtham | § 1850

1.6.513 Āyurvedarasāyana

maricaguṇānāha-rāse pāka itī | yattu "rocaṇaṃ dīpanaṃ
chedī sugandhī kaphavātajit | nātyuṣṇaṃ kaṭukaṃ tī-
kṣṇaṃ maricaṃ nātipittalam | | ' itī khāraṇādinā nātyuṣṇa-

tvam vātipittalatvam coktam | tadārdrāvasthāviṣayam, ta-
sya svādupākitvāt | uktaṃ ca suśrutena (sū.a. 46/224)-
"svādupākyārdramaricaṃ guru śleṣmapraseki ca |" iti |
§ 1851

1.6.514 Aṣṭāṅgahr̥dayasaṃhitā

śleṣmalā svāduśītā+a+ardrā gurvī snigdhā ca
pippalī | | 161 | |
sā śuṣkā viparītā+ataḥ snigdhā vṛṣyā rase
kaṭuḥ | | 162 | |
svādupākā+anilaśleṣmaśvāsakāsāpahā
sarā | | 162 | |
na tāmtyupayauñjīta rasāyanavidhiṃ
vinā | | 163 | | § 1855

1.6.515 Sarvāṅgasundarā

ārdra-aśuṣkā, pippalī śleṣmalā svādurasā śītavīryā guruḥ
snigdhā ca | sā-pippalī, śuṣkā ataḥ-ārdrāyāḥ pippalyāḥ
sakāśāt, viparītā-śītaviparyayeṇoṣṇā, guruviparyayeṇa la-
ghuḥ, snigdHAVIPARYAYASTVATRA nāsti snigdhetYUKTATVĀT |
5 tathā, vṛṣyā rase kaṭuśca | kaṭurasatvācca kaṭupākatvam
prāptamityāha-svādupākā | tathā, anilādīn hanti, sarā ca |
evamvidhāmapi tām-pippalīm, nātyartham yuñjīta, rasā-
yanavidhiṃ vinā | pippalīm vardhamānādirasāyanavidh-
āna evātiśayenopayauñjīta | § 1856

1.6.516 Āyurvedarasāyana

ārdrapippalīguṇānāha-śleṣmaleti | śuṣkapippalīguṇānāha-
sā śuṣketi | ataḥ-ārdrāyāḥ, viparītā-śleṣmaghnī uṣṇā lagh-
uśca | viparītādrūkṣatve prāpte snigdheti vacanam, tiktā-
dikeṣu prāpteṣu rase kaṭuriti, vaiparītyādeva śleṣmaghn-
5 atve siddhe punaḥ śleṣmagrahaṇam ca niyamārtham, an-
ilaśleṣmaghnyeva, na pittaghnī | nanu, pittaghnatvaśaṅk-
aiva kutaḥ ? iti cet, "kaṭukā pippalī pittam śamayati, śīta-

vīryatvāt" iti suśrutavacanāt (su.a. 40/5) | suśruta vacana-
sya kā gatiḥ ? iti cet, ārdṛā pippalī | tasyāḥ kaṭukatvaṃ ku-
taḥ ? iti cet, pratyakṣasiddhatvāt | svāduṭvoktistvatiśayā-
rthā | suśrutasyāpyārdṛāviṣayatvamabhipretam | yata āha 5
(su. sū. a. 46/223)-"teṣu gurvī svāduṣītā pippalyārdṛā ka-
phāvahā | śuṣkā kaphanilaghni sā vṛṣyā pittaprapakopiṇī | |"
iti | uktaṃ ca mādHAVAKāreṇa-"sā pittaśamanī pūrvam da-
rśitā vīryavādinā | śāstrakāreṇa nirdiṣṭā sā satyaṃ pittako-
pinī | yadvā+a+ardṛā pittaśamanī śuṣkā pittaprapakopiṇī | |"
iti | pippalyā atisevāṃ niṣedhati-na tāmīti | carakācāryeṇa 10
tvatropapattirukta (vi. a. 1/18)-"atha khalu trīṇi dravyāṇi
nātyupayauñjītādhikamanyebhyo dravyebhyaḥ | tadyathā-
pippalī kṣāro lavaṇamīti | pippalyo hi-kaṭukāḥ satyo ma-
dhuravipākā gurvyo nātyartham snigdhoṣṇāḥ prakledi-
nyo bheṣajābhimatāśca satyaḥ śubhāśubhakāriṇyo bhav- 15
anti | āpātabhadṛāḥ prayogasamamasādguṇyāddoṣasañc-
ayānubaddhāḥ | satatamupayujyamānā hi guruprakledi-
tvāt śleṣmānamutkleśayanti, auṣṇyātpittam | na ca vātapra-
śamāyopakalpante, alpasnehoṣṇabhāvāt | yogavāhinyaḥ
khalu tā bhavanti | tasmātpippalīrnātyupayauñjīta | |" iti | 20
§ 1857

1.6.517 Āyurvedarasāyana

śuṅṭhīguṇānāha-nāgaramīti | nāgaram-śuṅṭhī | grāhi-malānām |
vibandhanutu-vāyoḥ | § 1858

1.6.518 Aṣṭāṅgahrdayasaṃhitā

nāgaram dīpanam vṛṣyam grāhi hrdayam
vibandhanut | | 163 | |
rucyam laghu swādupākam snigdhoṣṇam
kaphavātajit | | 164 | | § 1860

1.6.519 Sarvāṅgasundarā

nāgaram-śruṅgaberam, dīpanādiguṇayuktam | grāhi-vidvibandhakṛt |
tathā, hrdayam | vibandhanut-srotaḥśuddhikṛt | § 1861

1.6.520 Aṣṭāṅgahr̥dayasaṃhitā

tadvadārdrakametacca trayam trikaṭukam jayet | | 164 | |
sthaulyāgnisadanaśvāsakāsaślīpadapīnasān | | 165 | | § 1863

1.6.521 Sarvāṅgasundarā

ārdrakam śuṅṭhīsamānaguṇameva | etacca trayam-maricapippalīśuṅṭhyākhyam,
trikaṭusamjñam sthaulyādīn jayet | § 1864

1.6.522 Āyurvedarasāyana

ārdrakaguṇānāha-tadvaditi | tadvat-nāgaravat | saṅgrahe
tvanayorviśeṣa uktaḥ (sū.a. 7)-"ārdrakājjāyate śuṅṭhī sa-
mṣkāreṇa laghīyasī | | " iti, "āmaṃ grāhitaram takram nāg-
arīkṛtamārdrakam | " iti ca | maricāditrayasya samjñam ku-
5 rvan guṇānāha-etacceti | etattrayam-maricapippalīnāgarākhyam
trikaṭukasamjñam | tacca sthaulyādīñjayet | ārdrakasya
nāgarādabhinnatvānmaricāditrayam gr̥hyate | § 1865

1.6.523 Aṣṭāṅgahr̥dayasaṃhitā

cavikāpippalīmūlam maricālpāntaram
guṇaiḥ | | 165 | | § 1866

1.6.524 Sarvāṅgasundarā

cavikāpippalīmūlam maricāt stokaviśeṣam guṇairbhav-
ati kaṭurasavipākam kaphagṇam laghūṣṇavīryam cetya-
rthaḥ | guṇaśabdena rasavipākādayo+api pāratantryād-
ṛhyante, na tu pāribhāṣikā eva gurulaghvādayaḥ, vyāpte-
5 rnyāyāt | § 1867

1.6.525 Āyurvedarasāyana

cavyapippalīmūlayorguṇānāha-caviketi | § 1868

1.6.526 Aṣṭāṅgahṛdayasaṃhitā

citrako+agnisamaḥ pāke

śophārśaḥkr̥mikuṣṭhahā | | 166 | | § 1869

1.6.527 Sarvāṅgasundarā

citrako-dahanasaṃjñāḥ, agnisamaḥ pāke-atyantoṣṇa itya-
rthaḥ | tathā, śophādīn hanti | § 1870

1.6.528 Āyurvedarasāyana

citrakaguṇānāha-citraka iti | pāke-pācanakriyāyām, agnisamaḥ-
agnivat, āmādīn pacatītyarthaḥ | § 1871

1.6.529 Aṣṭāṅgahṛdayasaṃhitā

pañcakolakametacca maricena vinā smṛtam | | 166 | |
gulmaplīhodarānāhaśūlaghnaṃ dīpanaṃ
param | | 167 | | § 1873

1.6.530 Sarvāṅgasundarā

etacca-pūrvoktaṃ, maricarahitaṃ-pippalīpippalīmūlacavyacitrakaśuṅṭhy
pañcakolasamjñāṃ smṛtaṃ vaidyake tantre | tathā, gulm-
ādighnamatidīpanaṃ ca | § 1874

1.6.531 Āyurvedarasāyana

pippalyādipañcakasya samjñāṃ kurvan guṇānāhapañca-
kolakamiti | etat-trikaṭukaṃ cavikāditrayaṃ ca, maricara-
hitaṃ pañcakolakasamjñāṃ | gulmādighnaṃ cātyantama-
gnerdīpanaṃ ca | § 1875

1.6.532 Aṣṭāṅgahr̥dayasaṃhitā

bilvakāśmaryatarkārīpāṭalāṭiṅtukairmahat | | 167 | |
jayetkaṣāyatiktoṣṇaṃ pañcamūlaṃ
kaphanilau | | 168 | | § 1877

1.6.533 Sarvāṅgasundarā

bilvādīnāmupalakṣaṇārthe ṭṭīyā | bilvādibhirupalakṣitaṃ
mahatpañcamūlaṃ kaphānilau jayet | tacca kaṣāyatikt-
arasamuṣṇavīryaṃ ca | bilvaṃ-śrīphalam | kāśmaryaṃ-
gambhārī | tarkārī-araṇikā | pāṭalā-tāmrapuṣpā | ṭiṅtukah-
5 syonākaḥ | mahat guru bṛhat analpamiti paryāyāḥ | § 1878

1.6.534 Āyurvedarasāyana

bilvādīpañcakasya saṃjñāṃ kurvan guṇānāha bilveti |
bilvādīpañcakaṃ-mahāpañcamūlākhyam, kaṣāyādiguṇam
ca | bilvaḥ-śrīphalaḥ | kāśmaryaḥ-śrīparṇī | tarkārī-agnimanthaḥ |
pāṭalā-vasantadūtī | ṭiṅtukah-syonākaḥ | § 1879

1.6.535 Aṣṭāṅgahr̥dayasaṃhitā

hrasvaṃ bṛhatyaṃśumatīdvayagokṣurakaiḥ
smṛtam | | 168 | |
svādupākaraṣaṃ nāṭīśītoṣṇaṃ
sarvadoṣajit | | 169 | | § 1881

1.6.536 Sarvāṅgasundarā

pañcamūlamiti vartate | hṛsvaṃ kaṇīyo laghu alpam-
iti paryāyāḥ bṛhatīdvayaṃ-kṣudrabṛhatī mahābṛhatī ca |
aṃśumatīdvayaṃ- śālīparṇī pṛśniparṇī ca gokṣurako-
bhakṣaṭakaḥ | idaṃ hṛsvaṃ pañcamūlaṃ svādupākara-
5 saṃ nāṭīśītaṃ nātyuṣṇaṃ sarvadoṣajicca | [gokṣurādibhiḥ
pañcabhirlaghu dvitīyaṃ pañcamūlam |] § 1882

1.6.537 Āyurvedarasāyana

br̥hatyādipañcakasya samjñam kurvan guṇānāha hrasva-
miti | br̥hatyādipañcakaṃ-hrasvapañcamūlasamjñam, sv-
adupākādiguṇam ca | br̥hatīdvayaṃ-vyāghrī simhī ca |
aṃśumatīdvayaṃ-śālīparṇī *pṛśniparṇī ca | gokṣurakaḥ-
trikaṇṭakaḥ | nātīśabdo+atra niṣedhe, na tvīśadarthe, śīt- 5
oṣṇayorekatrānavasthānāt, anuṣṇāsītamityarthaḥ | suśru-
tena tu gokṣurasthāne eraṇḍaḥ paṭhitaḥ | § 1883

1.6.538 Aṣṭāṅgahr̥dayasamhitā

balāpunarnavairaṇḍaśūrparṇīdvayena tu | | 169 | |
madhyamaṃ kaphavātaghnaṃ vātipittakaraṃ
saraṃ | | 170 | | § 1885

1.6.539 Sarvāṅgasundarā

balādibhiḥ pañcabhirmadhyamaṃ pañcamūlam | etacca
kaphavātaghnaṃ nātipittakaraṃ saraṃ ca | ((balādi-
bhiḥ pañcabhistṛtīyaṃ pañcamūlam |)) adhunā caturthaṃ
pañcamūlamāha- § 1886

1.6.540 Āyurvedarasāyana

balādipañcakasya samjñam kurvan guṇānāha-baleti | balādipañcakaṃ-
madhyamaṃ pañcamūlākhyam, kaphaghnaḍdiguṇam ca | balā-
vāthyālakāḥ | punarnavā-varṣābhūḥ | eraṇḍaḥ-pañcāṅgulaḥ |
śūrparṇīdvayaṃ-mudgaparṇī māṣaparṇī ca | § 1887

1.6.541 Aṣṭāṅgahr̥dayasamhitā

abhīruvīrājīvantījīvakarṣabhakaiḥ smṛtam | | 170 | |
jīvanākhyam tu cakṣuṣyam vṛṣyam
pittānilāpahaṃ | | 171 | | § 1889

1.6.542 Sarvāṅgasundarā

abhīruvīrādibhiḥ pañcabhirjīvanākhyam pañcamūlam ca-
kṣuṣyādiguṇayuktam | § 1890

1.6.543 Āyurvedarasāyana

abhīrvādipañcakasya saṃjñāṃ kurvan guṇānāha abīrv-
iti | abhīrvādipañcakam-jīvanapañcamūlasaṃjñam, cakṣu-
ṣyā diguṇam ca | abhīruḥ-śatāvarī | vīrā-kākolī | jīvantī-
śākapravarā | jīvakarṣabhakau-svanāmaprasiddhau | § 1891

1.6.544 Aṣṭāṅgahr̥dayasaṃhitā

tr̥ṇākhyam pittajiddarbhakāsekṣuśaraśālibhiḥ | | 171 | |
ityauśadhavargah | | 7 | | § 1893

1.6.545 Sarvāṅgasundarā

tr̥ṇasaṃjñam pañcamūlam darbhakāsekṣuśaraśālibhiḥ |
tacca pittajit | saṅgrahe tvadhikamuktam (sū.a.12) | yathā-
"suvarṇam bṛhaṇam snigdham madhuram rasapākayoḥ |
viśadoṣaharam śītam sakaṣāyam rasāyanam | rūpyam sn-
5 igdham kaṣāyāmlam vipāke madhuram saram | vayasah
sthāpanam śītam lekhanam vātapittajit | | tāmram satikta-
madhuram kaṣāyam lekhanam laghu | kaṭupākarasam śī-
tam ropanam kaphapittajit | | kāmśyam kaṣāyānurasam
viśadam lekhanam saram | dṛṣṭiprasādanam rūkṣam ti-
10 ktaṃ pittakaphāpaham | | satiktalavaṇam bhedi pāṇḍutv-
akṛmivātanut | lekhanam pittalam kiñcit trapu, sīsam ca
tadguṇam | | cakṣuṣyam kṛṣṇaloham tu kaṣāyam svādu
tiktakam | lekhanam vātalam śītam kṛmipittakaphapr-
aṇut | | (gātraśaithilyapālicityapāṇḍughnam śoṣaśophajit |
15 tadvattikṣnam viśeṣeṇa tadvikāśi sudurjaram | | padmar-
āgamahānīlapuṣparāgavidūrakāḥ |) muktāvidgumavajre-
ndravaiḍūryasphaṭikādikam | | maṇiratnam saram śītam
kaṣāyam svādu lekhanam | cakṣuṣyam dhāraṇāttattu pā-
pmā+alakṣmīviśāpaham | | sakṣāra uṣṇaviryāśca kāco dṛ-

ūtikṛdañjanāt | śaṅkhodadhimalau śītau kaṣāyāvatilekha-
 nau | | tutthakaṃ kaṭu sakṣāraṃ kaṣāyaṃ viśadaṃ laghu |
 lekhanam bhedi cakṣuṣyaṃ kaṇḍūkr̥miviśāpaham | | viś-
 ado gairikaḥ snigdhaḥ kaṣāyamadhuro himaḥ | kaphaghñī 5
 tiktakaṭukā manohvā lekhanī sarā | | snigdham kaṣāya-
 kaṭukam haritālam viśapraṇut | kaṣāyamadhuram śītam
 lekhanam snigdhamañjanam | | raktapittaviśacchardihi-
 dhmaghnam dr̥kprasādanam | sroto+añjanam varam ta-
 tra tataḥ sauvirakāñjanam | | (sarvadoṣaprasāmanam kā-
 samehakṣayāpaham | |) kaphaghnamuṣṇam kaṭukam śi- 10
 lājatu rasāyanam | (tiktaṃ ca chedanam yogavāhitvātsa-
 rvarogajit | |) kaṣāyā madhurā rūkṣā kāsaghñī vaṃśaroc-
 anā | tugākṣīrī kṣayaśvāsakāsaghñī madhurā himā | | kār-
 avyau kuñjikā+ajājī kabarī dhānyatumbaru | annagandh-
 aharam rucyam dīpanam kaphavātajit | | bāṣpikā kaṭut- 15
 iktoṣṇā kr̥miśleṣmaharā param | tadvacca rājikā (vighn-
 asādanī dīpanī param | | śulātopaharā) rucyā, dīpyakaḥ
 koṣṭhaśulajit | ahṛdyāḥ sarṣapāḥ snigdha bāṣpikāvātpra-
 kīrtitāḥ | | śatāhvākuṣṭhatagarasuradāruhareṇavaḥ | elai-
 lavālusaralatvagvyāghranakhacorakāḥ | | laghūṣṇāḥ kaṭ- 20
 ukāḥ pāke kaphavātanibarhaṇāḥ | sairyakastiktamadhu-
 raḥ snigdhoṣṇāḥ kaphavātajit | | bastimūtravibandhaghno
 vṛṣyo gokṣurako himaḥ | pācanam kaphapittaghnam ti-
 ktaṃ śītam viśadvayam | | kaphaghnam tiktakaṭukam
 mustam saṅgrāhi pācanam | tiktā+amṛtā tridoṣaghñī gr- 25
 āhiṇyuṣṇā rasāyanī | | dīpanī jvaratr̥ddāhakāmalāvātara-
 ktanut | tiktaśītau jvaraharau laghū bhūnimbaparpaṭau | |
 nimbastikto himaḥ kuṣṭhakṛmipittakaphāpaham | mahā-
 nimbaḥ param grāhī kaṣāyo rūkṣaśītalāḥ | | gugguluḥ
 picchilāḥ sparśe viśado+abhyavahārataḥ | sasvāduḥ sak- 30
 aṭustiktaḥ sakaṣāyo rasāyanam | | vṛṇyaḥ svaryaḥ ka-
 ṭuḥ pāke rūkṣaḥ sūkṣmo+agnidīpanaḥ | kledamedonilaśl-
 eṣmagandamehāpacīkr̥mīn | | piṭikāgranthisopāmśca ha-
 ntyuṣṇāḥ sraṃsano laghuḥ | śaṅkhapuṣpī sarātiktā me- 35
 dhyā kr̥miviśāpahā | | kaṭutiktoṣṇamaguru snigdham vā-
 takaphāpaham | pittāsraviśatr̥ddāhakṛmighnam guru rū-
 kṣaṇam | | sarvam satiktamadhuram candanam śīśiram
 param | laghu raktam, tathośīram vātalam pācanam ca

tat | jvarātisāravamathuraktapittakaphāpaham | madhu-
 kam raktapittagṇam vṛṇaśodhanaropaṇam | | guru sv-
 ādu himaṃ vṛṣyaṃ cakṣuṣyaṃ svaravarṇakṛt | kaṭuti-
 kte niṣe kuṣṭhamehapittakaphāpahe | | pralepājjayataḥ ka-
 5 ṇḍūṃ śophaṃ duṣṭavraṇaṃ viṣam | prapauṇḍarīkaṃ ca-
 kṣuṣyaṃ śīśiraṃ vṛṇaropaṇam | | kaṣāyamadhuraṃ ti-
 ktaṃ raktapittaprasādanam | balātrayaṃ svādu vṛṣyaṃ
 snigdhaṃ śītaṃ balapradam | | tatra nāgā+adhikaṃ ba-
 lyā kṣatakṣīṇahitā guruḥ | tāmbūlaṃ kaṭu sakṣāraṃ rucy-
 10 amuṣṇaṃ kaphapraṇut | | bhedi sammohakṛtpūgaṃ ka-
 ṣāyaṃ svādu rocanam | jātipatrī kaṭuphalaṃ kaṅkolaka-
 lavaṅgakaṃ | | laghu tṛṣṇāpaham hr̥dyaṃ vaktradaurg-
 andhyanāśanam | sasvādutiktatr̥ṣṇāghnaḥ karpūraśche-
 dano himaḥ | | latākastūrikā tadvanmukhaśoṣaharā pa-
 15 ram | kaṣāyamadhuraṃ śītaṃ padmaṃ pittakaphāstra-
 jit | | tadvadbakulapunnāgakumudotpalapāṭalam | saca-
 mpakaṃ tato nyūnaṃ guṇaiḥ koraṇṭakimśukam | | māl-
 atīmālikāpuṣpaṃ tiktam jayati mārutam | viṣapittakaph-
 ānnāgaṃ sinduvāraṃ ca tadguṇam | | kaphaghnaṃ ka-
 20 itakaṃ tiktam śairīṣaṃ viṣahāri ca | vātalaṃ puṣpa-
 āgastyam kaṣāyaṃ kaphapittajit | | bandhūkaṃ śleṣma-
 laṃ grāhi tadvadeva ca yūthikā | kaphaghnamuṣṇavī-
 ryaṃ ca kuṅkumaṃ vṛṇaśodhanam | | avalgujaiḍagaja-
 jaṃ bījaṃ vātakaphapraṇut | āsyā varṇaśleṣmamedahsa-
 25 ukumāryakṛdanyathā | | ato+adhvā+agnibalāyūṃṣi kury-
 āccaṅkramaṇaṃ sukham | mārutasyānulomyaṃ ca khud-
 astambhaśramāpaham | | anvarthasamjñam pādatraṃ ba-
 lakṛcchukralaṃ tathā | varṇyaṃ netrahitam chatraṃ vāt-
 avarṣātapāpaham | | pravātaṃ raukṣyavaivarṇyastambh-
 30 akṛddāhatṛḍbhramān | śramāgnimūrcchāśca jayedaprav-
 ātamato+anyathā | | prāgvāyuruṣṇo+abhiṣyandī tvagdoṣ-
 ārsōviṣekṛmīn | sannipātajvaraśvāsamānavāyumaṃ ca kop-
 ayeṭ | | yāmyo+asṛgvātakaphakṛcchītaḥ svādukaṣāyakaḥ |
 kaṣāyaḥ paścimo rūkṣo laghurnātividaḥyate | | vātakṛt ka-
 35 phapittagṇo mūrcchādāhabhramāpāhaḥ | snigdhaḥ śīto
 laghuḥsātmya uttaraḥ ṣaḍraso+anilaḥ | | aiśānaḥ kaṭurū-
 kṣoṣṇa āgneyaścaiva mārutaḥ | amlo vidāhī nairṭyo vāya-
 vyastikta ucyate | | ātapo bhramatr̥ṣvedadāhamūrcchāvi-

varṇatāḥ | kuryātpittāsravahnīmśca, chāyā tvetānvyapoh-
ati | | tamaḥ kaṣāyakaṭukaṃ, jyosnā madhuraśītalā | | iti |
§ 1894

1.6.546 Sarvāṅgasundarā

darbhādipañcakasya saṃjñāṃ kurvan guṇānāha-trṇākhyamiti |
darbhādipañcakaṃ trṇapañcamūlasaṃjñāṃ pittajicca | darbhaḥ-
kuśaḥ | kāśaḥ-kāśekṣuḥ | ikṣuḥ-guḍadaṇḍaḥ | śaro-muñjaḥ |
śālayaḥ-svanāmaprasiddhāḥ | saṅgrahe tu (sū. a. 12)-
"ajaśṛṅgī haridrā ca vidārī sārivā+amṛtā | balyākhyam ka- 5
ṇṭhakakhyam tu śvadaṃṣṭrābhīrusairyakaiḥ | | sahiṃsrā-
karamardīkaiḥ sarvadoṣahare ca te | suvarṇam br̥mha-
ṇam snigdham madhuraṃ rasapākayoḥ | | viśadoṣaha-
ram śītam sakaṣāyam rasāyanam | rūpyam snigdham ka-
ṣāyāmlam vipāke madhuraṃ saram | | vayasah sthāp- 10
anam śītam lekhanam vātapittajit | tāmram satiktama-
dhuraṃ kaṣāyam lekhanam laghu | | kaṭupākarasam śī-
tam ropanam kaphapittajit | kāṃsyam kaṣāyānurasam vi-
śadam lekhanam saram | | dr̥ṣṭiprasādanam rūkṣam ti-
ktam pittakaphāpaham | satiktalavaṇam bhedi pāṇḍutv- 15
akṛmivātanut | | lekhanam pittalam kiñcitrapu, sīsam
ca tadguṇam | cakṣuṣyam kṛṣṇaloham ca kaṣāyam sv-
ādu tiktakam | lekhanam vātalam śītam kṛmipittakapha-
praṇut | kṛṣṇaloham-loham | [*gātraśaithilyapālicityapāṇḍ-
ughnam śośaśophajit | | tadvattikṣnam viśeṣeṇa tadvikāṣi 20
sudurjaram | padmarāgamahānīlapuṣparāgavidūrakāḥ | |
] muktāvidrumavajrendravaiḍūryasphaṭikādikam | maṇ-
iratnam saram śītam kaṣāyam svādu lekhanam | | cakṣu-
ṣyam dhāraṇāttattu pāṣmālakṣmīviśāpaham | [*dhanyam-
āyuṣyamojasyam harṣotsāhakaram śivam | |] sakṣāra uṣṇ- 25
avīryaśca kāco dr̥ṣṭikṛdañjanāt | śaṅkhodadhimalau śītau
kaṣāyāvatilekhanau | | tutthakam kaṭu sakṣāram kaṣāyam
viśadam laghu | lekhanam bhedi cakṣuṣyam kaṇḍūkṛm-
iviśāpaham | | viśado gairikaḥ snigdhaḥ kaṣāyamadhuro
himaḥ | kaphaghnī tiktakaṭukā manohvā lekhanī sarā | | 30
snigdham kaṣāyakaṭukaṃ haritālam viṣapraṇut | kaṣā-
yam madhuraṃ śītam lekhanam snigdhamañjanam | |

raktapittaviṣacchardihidhmāghnaṃ ḍṛkprasādanam | sr-
 oto+añjanam varam tatra tataḥ sauvirakāñjanam | | kaph-
 aghnaṃ tiktakaṭukam chedi soṣṇam rasāñjanam | sarv-
 adoṣaprasāmanam kāsamehakṣayāpaham | | kaphaghna-
 5 muṣṇam kaṭukam śilājatu rasāyanam | tiktam ca cheda-
 nam yogavāhitvātsarvarogajit | | [*viśeṣāt kṛcchramehārś-
 aḥpāṇḍuśophakaphāpaham |] kaṣāyamadhurā rūkṣā kās-
 āghni vaṃśarocanā | | tugākṣīrī kṣayaśvāsakāsaghnī ma-
 dhurā himā | kāravyau kuñcikājājī kabarīdhānyatumb-
 10 aru | | annagandhaharam rūcyam dīpanam kaphavātajit |
 kāravyau-śatapuṣpādvayam | kuñcikā-kṛṣṇajīrakam | bā-
 ṣpikā kaṭutiktoṣṇā kṛmiśleṣmaharā param | | tadvacca rā-
 jikā [*vighnasādanī dīpanī param | śulātopaharā] rucyā,
 dīpyakaḥ koṣṭhaśūlajit | | ahrḍyāḥ sarṣapāḥ snigdḥā bā-
 15 ṣpikāvacca kīrtitāḥ | śatāhvākuṣṭhatagarasuradāruharen-
 avaḥ | | elailavālasaralatvagvyāghranakhacorakāḥ | lagh-
 ūṣṇāḥ kaṭukāḥ pāke kaphavātanibarhaṇāḥ | | sairyakast-
 iktamadhuraḥ snigdhoṣṇāḥ kaphavātajit | bastimūtravib-
 andhaghno vruṣyo gokṣurako himaḥ | | pācanam kapha-
 20 pittaghnaṃ tikam śitam viśādvayam | kaphaghnaṃ tikt-
 akaṭukam mustam saṅgrāhi pācanam | | tiktā+amṛtā tr-
 idoṣaghnī grāhiṇyuṣṇā rasāyanī | dīpanī jvaratṛḍdāhak-
 āmalāvātaraktanut | | tiktaśītau jvaraharau laghū bhūni-
 mbaparpaṭau | nimbastikto himaḥ kuṣṭhakṛmipittakaphā-
 25 pahāḥ | | mahānimbaḥ param grāhī kaṣāyo rūkṣaśītalāḥ |
 gugguluḥ picchilāḥ sparśe viśado+abhyavahārataḥ | | sa-
 svāduḥ sakaṭustiktaḥ sakaṣāyo rasāyanam | vraṇyaḥ sv-
 ariyaḥ kaṭuḥ pāke rūkṣaḥ sūkṣmo+agnidīpanaḥ | | kled-
 amedonilaśleṣmagāṇḍamehāpacīkṛmīn | piṭikāgranthiśo-
 30 phāṃśca hantyuṣṇāḥ sraṃsano laghuḥ | | śaṅkhapuṣpī
 sarā tiktā medhyā kṛmiviṣāpahā | kaṭutiktoṣṇamaguru
 snigdham vātakaphāpaham | | pittāsraviṣatṛḍdāhaklama-
 ghnaṃ guru rūkṣaṇam | sarvam satiktamadhuram cand-
 anaṃ śīśiram param | | laghu raktaṃ, tathośīram vāta-
 35 lam pācanam ca tat | jvarātīsāravamathuraktapittakaph-
 āpaham | | madhukam raktapittaghnaṃ vraṇaśodhanar-
 opanam | guru svādu himam vṛṣyam cakṣuṣyam svar-
 avarṇakṛt | | kaṭutikte niśe kuṣṭhamehapittakaphāpahe |

pralepājīyataḥ kaṇḍūṃ śophaṃ duṣṭavraṇaṃ viṣam | |
 prapauṇḍarīkaṃ cakṣuṣyaṃ śīśiraṃ vraṇaropaṇam | ka-
 ṣāyamadhuram tiktam raktapittaprasādanam | | balātra-
 yaṃ svādu vṛṣyaṃ snigdham śītam balapradam | tatra 5
 nāgā+adhikam balyā kṣataksīṇahitā guruḥ | | tāmbūlam
 kaṭu sakṣāram rucyamuṣṇam kaphapraṇut | bhedi samm-
 ohakṛtpūgam kaṣāyam svādu rocanam | | jātipatrī kaṭ-
 uphalam kaṅkolakalavaṅgakam | laghu tṛṣṇāpaham hṛ-
 dyam vaktradaurgandhyanāśanam | | sasvādutiktatrṣṇā-
 ghnaḥ karpūraśchedano himaḥ | latakastūrikā tadvanm- 10
 ukhaśoṣaharā param | | kaṣāyamadhuram śītam padmam
 pittakaphāsrajit | tadvadvakulapunnāgakumudotpalapāṭ-
 alam | | sacampakam tato nyūnam guṇaiḥ koraṇṭakim śu-
 kam | mālatīmālikāpuṣpam tiktam jayati mārutam | | vi- 15
 ṣapittakaphānnāgam sinduvāram ca tadguṇam | kaph-
 aghnam kaitakam tiktam śairīṣam viṣahāri ca | | vāta-
 lam puṣpamāgastyam kaṣāyam kaphapittajit | [*cāturthi-
 kajvaraharam nāvanenopayojitam | |] bandhūkam śleṣm-
 alam grāhi tadvadeva ca yūthikā | kaphaghnamuṣṇavī-
 ryaṃ ca kuṅkumam vraṇaśodhanam | | avalgujaiḍagaja- 20
 jam bījam vātakaphapraṇut | āsyā varṇaśleṣmamedāḥsau-
 kumāryakṛdanyathā | | ato+adhvā+agnibalāyūṃṣi kuryā-
 ccaṅkramaṇam sukham | mārutasyanulomyam ca khuḍa-
 stambhaśramāpaham | | anvarthasamjñam pādatraṃ bal- 25
 adṛksūkravardhanam | varṇyam netrahitam chatram vāt-
 avarṣātapāpaham | | pravātam raukṣyavaivarṇyastambh-
 akṛddāhatṛḍbhramān | śramāgnimurcchāśca jayedaprav-
 ātamato+anyathā | | prāgvāyuruṣṇo+abhiṣyandī tvagdoṣ-
 ārsoviṣakṛmīn | sannipātajvaraśvāsamāmavāyuyam ca kop-
 ayet | | yāmyo+asṛgvātakaphakṛcchītaḥ svādukaṣāyakaḥ | 30
 kaṣāyaḥ paścimo rūkṣo laghurnāti vidahyate | | vātakṛt ka-
 phapittaghno mūrcchādāhabhramāpahaḥ | snigdhaḥ śīto
 laghuḥ sātmya uttaraḥ ṣaḍraso marut | | aiśānaḥ kaṭurū-
 kṣoṣṇa āgneyaścaiva mārutaḥ | amlo vidāhī nairtyo vā-
 yavyastikta ucyate | | ātapo bhramatrṣvedadāhamūrcc- 35
 āvivarṇatāḥ | kuryātpittāsravahnīmśca, chāyā tvetānap-
 ohati | | tamaḥ kaṣāyakaṭukam, jyotsnā madhuraśītalā |
 bhavati cātra | rasādibhedairiti bheṣajānām diṅmātram-

uktaṃ na yato+asti kiñcit | anaṣadhaṃ dravyamihāva-
bodho rūpasya teṣāṃ vanagocarebhyaḥ | |" iti | ityaṣa-
dhavargaḥ | atha mātrādiprakaraṇam (saṅgrāhe sū.a.7)-
"śūkaśimbijapakvānnaṃ māmśaśākaphalāśrayaiḥ | vargaira-
5 nnaikadeśo+ayaṃ bhūyiṣṭhamupayogavān | | nirdiṣṭo ra-
savīryādyairyathāsvaṃ karmasādhane | na śakyaṃ vistar-
eṇāpi vaktuṃ sarvaṃ tu sarvathā | | hitāhitatve+apyekāntaniyamo+asmādaniści
mātrāyogakriyādeśakālāvasthādibhedataḥ | | tatastato yato
dṛṣṭāste te bhāvāstathā tathā | mātrayā sevitam̐ madyam̐
10 hanti rogāṃstadudbhavān | | niṣevyamāṇam̐ tilaśo viṣa-
mapyamṛtāyate | hīnātimātramaśanaṃ marunnicayakop-
anam̐ | | bhajete viṣarūpatvaṃ tulyāṃśe madhusarpiṣī |
kṣāro+amlarasasaṃyoge madhurībhavati kṣaṇāt | | uttu-
ṇḍukyāstindukena tiktatā madhurāyate | hiṅgugairikas-
15 indhūttham̐ gandhavarṇarasādhikam̐ | | pūgatāmbūlaśa-
ñkhebhyo varṇagandharasodbhavaḥ | kodravo hantyaṣṛ-
kpittam̐ karotyeva vidāhibhiḥ | | kuṣṭham̐ tatkāryapi tilo
hanti bhallātakaiḥ saha | guḍaḥ kartā+agnisādasya sa hi-
nastya bhayādibhiḥ | | tṛṣṭyatyagnau samadanaṃ sarpira-
20 pyupadiśyate | jīvanīyamapi kṣīraṃ viṣaleśena mṛtyave | |
tulye api hato+anyonyam̐ § 1895

1.6.547 Aṣṭāṅgahr̥dayasaṃhitā

viṣe sthāvarajaṅgame | saktavo vātalā rūkṣāḥ pītāste
 tarpayantitu | | vinā+api copayogena
 maṇimantrādi kāryakṛt | āṛdrakājjāyate
 śuṅṭhī saṃskāreṇa laghīyasī | |
 laghubhyo+api hi saktubhyo guravaḥ
 siddhapiṇḍakāḥ | bhṛṣṭaḥ kṣuṅṇo+api
 pṛthuko raktaśālerlaghorguruḥ | | śālīḥ piṣṭo
 garīyastvaṃ godhūmādapi gacchati |
 laghupittaharā lājā vrīhito gurupittalāt | |
 saṅgrāhiṇo laghormudgāt kulmāṣo bhedano
 guruḥ | āmaṃ grāhitaraṃ takraṃ
 nāgarīkṛtamārdrakam | | guḍāttoyācca
 sutarāṃ mūtralaṃ guru pānakam | garīyo
 guḍadadhyuktaṃ rasālā cātīśukralā | |
 daṇḍābhimathanāddadhno
 guruṇaścātīśophadāt | anuddhṛtasnehamapi
 takraṃ śophaharaṃ laghu | sarpiḥ
 snigdhataraṃ hanti nārditaṃ navanītavat |
 cakṣuṣyo+api higodhūmastailapakvastu
 drṣṭihā | mūlakam doṣajananaṃ siddham tu
 tadadoṣalam | uṣṇaṃ viṣībhavatyeva
 viṣaghnamapi māksīkam | durbhājanasthā
 drākṣāmlā doṣalā ca prajāyate |
 ślakṣṇaśuṣkaghano lepaścandanasyāpi
 dāhakṛt | | tvaggatasyoṣmaṇo
 rodhācchītakṛttvanyathā+aguroḥ |
 medhyastilaḥ sparśaśīto+amedhyaṃ tailaṃ
 khalo+ahimaḥ | | tasyaiva śleṣmakāritvaṃ na
 tailasya khalasya vā | dadhnaḥ
 śvayathukāritvaṃ na takranavanītayoḥ | |
 bhūmisātmyaṃ dadhikṣīrakarīraṃ
 maruvāsiṣu | kṣārah prācyēṣu, matsyāstu
 saindhaveṣvaśmakeṣu tu | | tailāmlaṃ,
 kandamūlādi malaye, kauṅkaṇe punaḥ |
 peyā, mantha udīcyēṣu,
 godhūmo+avantibhūmiṣu | bāhlīkā
 bāhlavāścīnāḥ sūlīkā yavanāḥ śakāḥ | māṃs-
 agodhūmamārdvikaśastravaiśvānarocitāḥ | |
 dehasātmyaṃ ghṛtaṃ kṣīraṃ madyaṃ
 māṃsaṃ cakṣuṣyācīṣu | peyā yūso
 raso+anyasya godhūmo+anyasya śālayaḥ | |
 ahitairapi teṣāṃ ca tairevopahitaṃ hitam |
 annapānauşadhaṃ

1.6.548 Āyurvedarasāyana

adhyāyārthamupasamharati-śūkaśimbijeti | annaśabdenā-
hāropayogīni dravyāṇi, teṣaṃ leśaḥ-ekadeśaḥ | upayogamarhati-
aupayaugikaḥ | nityaṃ-sarvakālamaupayogiko nityaupā-
yogikaḥ | yasya tu kādācitka upayogaḥ sa noktaḥ, grantha-
5 vistarabhayāt | vargitaiḥ-vargīkṛtaiḥ, śūkajādibhiḥ prakā-
raṇabhedairityarthaḥ | iti hemādriṭīkāyāmāyurvedarasāy-
ane | annasvarūpavijñānaṃ sāmastyena nirūpitaṃ | | 6 | |
§ 1897

1.6.549 Aṣṭāṅgahr̥dayasaṃhitā

śūkaśimbījapakvānnaṃsaśākaphalauśadhaiḥ | | 172 | |
vargitairannaleśo+ayamukto
nityopayogikaḥ | | 172 | |
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviraci tāyamaṣṭāṅgahr̥dayasaṃhitāyāṃ
sūtrasthāne+annasvarūpavijñāniyo nāma
ṣaṣṭho+adhyāyaḥ | | 6 | | § 1900

1.6.550 Sarvāṅgasundarā

samprati sukhagrahaṇadhāraṇārtham saṅgrahaślokaṃ māha-
sa0-śūkadhānyādibhirvargitaiḥ-vargīkṛtaiḥ, ayamannasya
leśaḥ-ekadeśaḥ stokamātro, nirdiṣṭaḥ | kimbhūtaḥ ? nityo-
payogo vidyate yasya sa nityopayogikaḥ, sadopayogavā-
5 nityarthaḥ | mātrāyogakriyādeśakālāvasthādiviśeṣāccokt-
ānāmapi dravyāṇāmanyathātvaṃ dr̥ṣṭam | yathā-"tilaśo
niṣevyamāṇaṃ viṣamapi sañjāyate+amṛtasamānam | bh-
allātakaḥ saha tilaistatkāryapi kuṣṭhamupahanti | | sa-
mṣkāreṇa laghubhyaḥ saktubhyaḥ siddhapiṇḍikā gu-
10 ravaḥ | maruvāsiṣu tu sātmyaṃ dadhipīluśamīkarīrā-
ṇāṃ | | ghr̥tadugdhairhemante mandāgniḥ kaphottaro bh-
avetprāyaḥ | dadhidugdham vātaghnam tadajātam vā-
takṛdbhavati | | recanamapi ca kṣīraṃ gavyaṃ saṅgr-
āhi kasyacidbhavati |" iti | tasmādevamādi svabuddhy-

aivohyam | śāstrakṛtā tu granthagauravabhayātspaṣṭam
kṛtvā noktam, pradeśāntareṣu yuktyaiva pratipāditā-
miti | iti śrīmr̥gāṅkadattaputraśrīmadaruṇadattaviracitā-
yāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarvāṅgasundarākhyāyāṃ sū-
trasthāne+annasvarūpādivijñānīyo+adhyāyaḥ ṣaṣṭhaḥ | | 5
96 | | § 1901

1.7 annarakṣādhyāyaḥ : 7

1.7.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto+annarakṣādhyāyaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyaḍayo maharṣayaḥ | | 2 | | § 1903

1.7.2 Sarvāṅgasundarā

annasya rakṣā-annarakṣā | sopadiṣṭā yatrādhyāye, so+apyupacārādannara-
yathā, śīsupālavadhaḥ kāvyamiti | šeṣaṃ vyākhyānamatra
pūrvavatkāryam | § 1904

1.7.3 Āyurvedarasāyana

annarakṣādhyāyaṃ vyākhyātum pratijānīte-atheti yataḥ
pūrvayoradhyāyayorāhāra uktaḥ | sa cāraḥkṣito rogahetuḥ
ato rakṣā vaktavyā | sā cāsminnadhyāye, ata evāyamanna-
rekṣākhyāḥ | § 1905

1.7.4 Aṣṭāṅgahr̥dayasaṃhitā

rājā rājagr̥hāsanne prāṇācāryaṃ niveśayet | | 1 | |
sarvadā sa bhavatyevaṃ sarvatra
pratijāgr̥viḥ | | 1 | | § 1907

1.7.5 Sarvāṅgasundarā

rājā-nṛpaḥ, prāṇācāryaṃ-vaidyam, rājagr̥hāsanne niveśayet-
āvāsayet | evaṃ sati yo guṇaḥ syāttamāha-sarvadetyādi |
sarvadā-sarvakālaṃ rātridivasameva, nṛpabhavanasamīp-
asthitaḥ saḥ-vaidyaḥ sarvatra-annapānaśayanamālyādau,
5 pratijāgr̥viḥ-dattāvadhāno bhavati | § 1908

1.7.6 Āyurvedarasāyana

annarakṣā ca viṣavirūddhāvidhisevanaśayana sambhoge-
bhyaḥ | te ca rājñāḥ prāyeṇa sambhavanti, tebhyaśca ra-
kṣā vaidyādhīnā | tasmādrājño vaidyasannidhiṃ vidhatte-
rājeti | prāṇācāryaṃ-vaidyam, evaṃ-sannidhau satyām, saḥ-
5 vaidyaḥ, sarvadā-sarveṣu kāleṣu, sarvatra-sarveṣu kārye-
ṣu, pratijāgr̥viḥ-pratipadārthaṃ jāgarūkaḥ samyagavah-
ito bhavati | § 1909

1.7.7 Aṣṭāṅgahr̥dayasaṃhitā

annapānaṃ viṣadrakṣedviśeṣeṇa mahīpateḥ | | 2 | |
yogakṣemau tadāyattau dharmādyā
yannibandhanāḥ | | 2 | | § 1911

1.7.8 Sarvāṅgasundarā

mahīpateḥ sambandhyannapānaṃ viṣāt-viṣasaṃsparśāt,
viśeṣeṇa-atīśayena rakṣet | annapānamityupalakṣaṇam |
śayanavastragandharatnamālyādīnāmapi parirakṣyatvāt |
nanu, kimiti, nṛpānnapānādi viśeṣeṇa rakṣet ? ityāha-
5 yogetyādi | yogaḥ-annavastrādibhiḥ sambandhaḥ | kṣemaḥ-
teṣāmannādīnāṃ caurādyupadravarakṣaṇāt | dvāvapye-
tau tadāyattau-nṛpāyattau syātām | kṣemaśabdo+ardharcādiḥ |
dharmādyā iti dharmārthakāmamokṣāḥ | yannibandhanāḥ-
yogakṣemanibandhanāḥ | § 1912

1.7.9 Āyurvedarasāyana

atha viṣarakṣa | vaidyasya viṣādannapānarakṣāṃ vidhatte-
annapānamiti | sa ityanuvartate | viśeṣeṇa-anyapadāryebhyaḥ,
anyanararakṣāto viśeṣato rājñāḥ, annapānaṃ rakṣet | ku-
taḥ ? yataḥ yogakṣemau tadāyattau,-tasya-rājño+adhīnau |
alabdhalābho-yogaḥ | labdhaparipālanam-kṣemaḥ | kīdr- 5
śau tau ? yannibandhanā dharmādyāḥ,-dharmārthakāmamokṣaṇāṃ
yasmādyogakṣemau sādhanam,tayośca rājā,tataḥ so+atīsayena
viṣādibhyo rakṣaṇīyaḥ | § 1913

1.7.10 Aṣṭāṅgahṛdayasaṃhitā

odano viṣavān sāndro yātyavistrāvyatāmiva | | 3 | |
cireṇa pacyate pakvo
bhavetparyuṣitopamaḥ | | 3 | |
mayūraṅṭhatulyoṣmā
mohamūrhhāprasekakṛt | | 4 | |
hīyate varṇagandhādyaiḥ klidyate
candrikācitaḥ | | 4 | | § 1917

1.7.11 Sarvāṅgasundarā

viṣavānodanaḥ sāndro-vilepyākāraḥ | tathā, visrāvayituṃ
śakyo-visrāvyaḥ, naivam yo+asau-avisrāvyaḥ, tasya bhā-
vaḥ, avisrāvvyatāmiva yāti | cireṇa kālena pacyate | pakva-
śca paryuṣitabhaktamupamā yasya sa paryuṣitopamo bh- 5
avet, nirūṣmā stabdhaśca sadyo+avatārito+api syāditya-
rthaḥ | tasya ca bhaktasya sambandhī mayūraṅṭhatulyo-
ṣmā mohādīn karoti | mayūraṅṭhena tulyo nānāvārṇo
mayūraṅṭhatulyaḥ, sa cāsāvūṣmā ceti | ūṣmā-bāṣpaḥ |
tathā, asāvodano varṇagandhādyairhīyate | ādi (dya) śa-
bdena rasādīnāṃ grahaṇam | klidyate-praklinno bhavati | 10
tathā, jalamadhyakṣiptatailabindusadrśaiścandrikairācito
bhavati | iti cakṣurādibhiḥ parīkṣā | § 1918

1.7.12 Āyurvedarasāyana

atha saviṣāṅnapānalakṣaṇam | tatra odanam lakṣayati-
odana iti | sāndra ivāvistrāvvyatām yāti-sadravo+apyadrava
iva strāvayitum na śakyate | pavkaḥ paryuṣitopamo
bhavet-sadyasko+apyahorātroṣitavannirūṣmā stabdhaśca
5 syāt | mayūrakaṅṭhatulyoṣmā-nīlabāṣpaḥ | mohādikarṭṭ-
tvamūṣmasmbandhāt, sākṣātsambandhe dhoṣāṅgāṃ va-
kṣyamāṅatvāt | moho-vicārāśaktiḥ,mūrcchāntarbhūtasyāpi
tasya mūrcchāvasāne+apyanuvṛṣyartham pṛthaggrahaṇam |
ādyāśabdādrasādayaḥ | klidyate-samyak strāvito+api kl-
10 edam dhate | candrikānviṭaḥ- candrikairanvitobhavati,-
mayūrapicchatulyo jalakṣitpatailabindusadyaśo bhavati |
§ 1919

1.7.13 Aṣṭāṅgahr̥dayasam̐hitā

vyañjanānyāśu śuṣyanti dhyāmakvāthāni tatra ca | | 5 | |
hīnā+atiriktā vikṛtā chhāyā dṛśyeta naiva
vā | | 5 | |
phenordhvarājīsīmantatantubudbudasambhavaḥ | | 6 | |
vicchinnavirasā rāgāḥ khāṅḍavāḥ
śākamāmiṣam | | 6 | | § 1923

1.7.14 Sarvāṅgasundarā

vyañjanāni-vārtākādīni dadhitakradāḍimādisam̐skṛtāni, āśu-
kṣipram śuṣyanti | tathā, dhyāmo-malinaḥ kvātho yeṣāṃ
tānyevam | tatra ca-teṣu vyañjanavatsu kvātheṣu, hīnā-
bhujādihīnā, adhikā, vikṛtā-śirovirahādīlakṣaṇavikāropetā
5 cātmīyā chāyā-pratibimbaṃ, dṛśyate | naiva vā-kīdṛśyapi
chāyā na dṛśyate | na cedamariṣtam, sanimittatvāt | teṣv-
eva vyañjaneṣu phenādīnāṃ sambhavaḥ | tatreti prakṛta-
vyañjanopalakṣiteṣu sarvadraveṣveva | viśeṣeṇa punarla-
vaṅolbaṅadrave phenamālā | ūrdhvarājīsambhavaṃ tu ra-
10 sakādiṣu svayaṃ darśayiṣyati | vicchinnavirasā rāgā iti |
rāgāḥ-drākṣādīkṛtāḥ, ṛtucaryoktalakṣaṇāḥ, vicchinā vir-

asāśca bhavanti | kvacidrāgo dr̥śyate kvacinneti vicchinn-
atvam | kvacidraso dr̥śyate kvacinneti virasatvam | evaṃ
khāṇḍavo+api | śākamāmiṣaṃ ca vicchinnaṃ-sthāne sth-
āne truṭitam, virasaṃ ca | § 1924

1.7.15 Āyurvedarasāyana

vyañjanāni lakṣayati-vyañjanānīti | vyañjnāni-sūpyādīni,
ārdraṇyapyāśu viṣavanti śuśyanti-śoṣaṃyānti | dhyāmavkāthāni-
malinadravāṇi bavanti | tatra-teṣu kvāthavatsu vyañjan-
eṣu, hīnādikā chāyā-pratibimbaṃ, dr̥śyate naiva vā dr̥śy-
ate | hīnā-bimbapramāṇanyūnā | atiriktāadhikā | vikṛtā- 5
tulyapramāṇāpyanyajātīyā | phenādīnāṃ va sambhavaḥ |
ūrdhvarājī-uparibhāge rekhā | sīmanto-vicchedaḥ | tantuḥ-
picchā | atha vyañjana viśeṣāḥ | tatra rāgādīn lakṣayati |
vicchinneti | vicchinnāḥ- naṣṭakṣīravat pṛthagbhūtaghan-
adravabhāgāḥ | virasāḥ-vikṛtarasāḥ | rāgāḥ khāṇḍavāśca- 10
pānakabhedaḥ | evaṃ śākaṃ pāṭhādi | āmiṣaṃ-māṃsam |
tāni sarvāṇi rāgakhāṇḍavādīni saviṣāṇi vicchinnavirasāni
bhavanti | § 1925

1.7.16 Aṣṭāṅgahr̥dayasaṃhitā

nīlā rājī rase, tāmṛā kṣīre, dadhani dr̥śyate | | 7 | |
śyāvā+a+apītāsītā takre, ghr̥te
pānīyasannibhā | | 7 | |
mastuni syātkapotābhā, rājī kṣṣṇā
tuṣodake | | 8 | |
kālī madyāmbhasoḥ, kṣaudre
harittaile+aruṇopamā | | 8 | |
pākaḥ phalānāmāmānāṃ pakvānāṃ 5
parikothanam | | 9 | |
dravyāṅāmārdraśuṣkāṅām syātām
mlānivivarṇate | | 9 | |
mṛdūnāṃ kaṭhinānāṃ ca
bhavetsparśaviparyayaḥ | | 10 | |

mālyasya sphuṭitāgratvaṃ
 mlānirgandhāntarodbhavaḥ | | 10 | |
 dhātumauktikakāṣṭhāśmaratnādiṣu
 malāktatā | | 11 | |
 snehasparśaprabhāhāniḥ saprabhatvaṃ tu
 mṛṇmaye | | 12 | |
 dhyāmamaṇḍalatā vastre, śadanam̐
 tantupakṣmaṇām | | 11 | | § 1936

1.7.17 Sarvāṅgasundarā

rāse-māṃsarāse viṣavati, nīlā-nīlavarnā, rājī dr̥śyata iti
 prakṛtena sambandhaḥ | evaṃ cāgre+api rājī dr̥śyata iti
 yojyam | kṣīre-kṣīramadhye, tāmṛā-tāmṛavarṇā | dadhani-
 dadhniśyāvā | takre āpītāsītā-ānīlapītā | ghr̥te salilan-
 5 ibhā | mastuni kapotābhā | tuṣodake-kāñjike, rājī kṛ-
 ṣṇā | madye+ambhasi ca kālī | mākṣike haridvarṇā |
 taile+aruṇopamā-iṣallohitavarṇā | udāharaṇamātraṃ tv-
 etat, tena vasāgandhasya ca taile sambhavaḥ, drava-
 uśadhasya kapilā, iti | tathā, āmānām phalānām pā-
 10 kaḥ | pakvānām parikothanam̐-śātanam̐ bhavati | ārdra-
 aśuṣkāṇām yathā sam̐khyam̐ mlānatā-śuṣkābhāsatvam,
 tathā vivarṇatā-śyāvātvādi lakṣaṇā | mṛdūnām kaṭhi-
 natvam, kaṭhinānām mṛdutvam, ayam̐ sparśaviparyā-
 yah | mālyasya-puṣpasya, sphuṭitam̐-viśīrṇam̐, agram̐-
 15 prānto yasya tatsphuṭitāgram, tasya bhāvastattvam | tathā,
 mlānyudbhavo-mlānatā, gandhāntarodbhavaḥ-svagandhanāśo+anyagandhasam̐
 dhyāmāni-malināni, maṇḍalāni-vṛttāni, teṣām bhāvo dhy-
 āmamaṇḍalatā, vastre-āstaraṇaprāvaraṇādirūpe syāt | śadanam̐-
 śātaḥ pātaḥ syāt | keṣām ? tantupakṣmaṇām,-tantūnām-
 20 sūtrāṇām pakṣmaṇām ca pārśvavartinām, vastrasamba-
 ndhināmeva | dhātuḥ-suvarṇādiḥ mauktikaṃ-muktā, kāṣṭham̐-
 dāru, āsmā-pāṣāṇaḥ, ratnāni-vajramarakatādīni, ādiśabd-
 ena śaṅkhaśuktyādiparigrahaḥ, teṣu malāktatā-paṅkamalopadigdhātā |
 snehahāniḥ-teṣāmeva dhātvādīnām snehasya vyapaga-
 25 maḥ | evaṃ sparśaprabhāhāniḥ | mṛṇmaye tu bhāṇḍe sav-
 iṣe niṣprabhe+api saprabhatvam | § 1937

1.7.18 Āyurvedarasāyana

māṃsarasādīn rājīviśeṣeṇa lakṣayati-nīleti | rase-māṃsarase,
nīlavarnā rajī-rekhā | kṣīre tāmṛā | dandhi syāvā-kapiśā |
takre pītā+asitā-gauraśyāmā | dhṛte pānīyasannibhā-udakavarnā |
madye+ambhasi ca kālī-kṛṣṇā | kṣaudre harit-marakatavarnā |
taile aruṇopamā | phalāni lakṣayati-pāka iti | apavkā- 5
nāṃ phalānāṃ viśaduṣṭānāṃ pāka upajāyate, pakvā-
nāṃ parikothanaṃ-pūtībhāvaḥ | ārdraśuṣkāṇi lakṣayati-
dravyāṇāmiti | ārdraṇāṃ dravyāṇāṃ mlāniḥ-kriṅcicchūṣkatvam,
śuṣkānāṃ vivarṇatā-vikṛtavarnatvam | mṛdukaṭhināni lakṣayati-
mṛdūnāmiti | sparśaviparyayaḥ-mṛdūnāṃ kāṭhinyam ka- 10
ṭhinānāṃ mṛdutvam | mālyam lakṣayati-mālyasyeti | mālyasya-
puṣpasya, agrabhāgeṣu śīrṇatvam | vastraṃ lakṣayati-
dhyāmamaṇḍalateti | dhyāmamaṇḍalatā-malinamaṇḍalotpattiḥ |
tantūnāṃ pakṣmāṇi-sūkṣmāvayavāḥ, teṣāṃ śadanaṃ-śātaḥ |
dhātvdīn lakṣayati-dhātumauktiketi | dhātavaḥ-suvarṇādayaḥ |
ratnaṃ-māṇikyādi | ādiśabdena śaṅkhaśuktyādayaḥ | malāktatā-
malinachaitvam | snehādīnāṃ ca hāniḥ,- strigdhānāṃ sn-
ehasya, śītādīnāṃ sparśasya, tejasvināṃ prabhāyāḥ | mṛ-
ṇmayam lakṣayati-saprabhatvamiti | saprabhatvam-niṣprabhasyāpu
prabhotpattiḥ | § 1938 80

1.7.19 Aṣṭāṅgahrdayasaṃhitā

viśadaḥ śyāvaśuṣkāsyo vilakṣo vīkṣate diśaḥ | | 12 | |
svedavepathumāṃstrasto bhītaḥ skhalati
jṛmbhate | | 13 | | § 1940

1.7.20 Sarvāṅgasundarā

viṣaṃ dadātīti-viśado naraḥ, śyāvaṃ-śyāmaṃ śuṣkamāsy-
aṃmukhaṃ, yasyāsau śyāvaśuṣkāsyāḥ,-śyāmaśuṣkavadanaḥ |
kiṃ karoti? vilakṣo vīkṣate diśaḥ,- diśa iti samantā-
dityarthaḥ, vilakṣa iti lajjāvān, vīkṣate-avalokayati | ki- 5
ñca, svadoṣaśaṅkayā svedavān, vepathumān, trastaḥ-
śarīreṇa jātakampatvāt, bhītaḥ-cittena sodvegatayopal-
akṣyamāṇatvāt | stambhakudyādibhirātmānamantardhā-

payitumicchannitastato gacchaṃśca skhalitagatirbhavati,
tata āha-skhalati | punaḥpunaśca jṛmbhāṃ karoti, ten-
āha jṛmbhate | upalakṣṇaṃ cedam̐ tattatkālabhāvinīnām̐
kriyāṇām̐ | tadyathā (saṅgrāhe sū.a.8)-"asthānahāsī, pṛ-
5 ṣṭo+asambaddhamuttaram̐ dadāti naiva vā dadāti, viva-
kṣurmuhyati, aṅgulīḥ sphoṭayati, śiraḥ kaṇḍūyate, oṣṭhau
leḍhi, bhuvaṃ vilikhati, kriyāsu tvarate, viparītamācarati,
svabhūmau ca nāvatiṣṭhate | " iti | § 1941

1.7.21 Sarvāṅgasundarā

viṣaprayoktāram̐ lakṣayati-viṣada iti | vilakṣaḥ-caladr̥ṣṭiḥ |
diśo vīkṣate-itastato+avalokayati | trastaḥ-udvignaḥ | bhītaḥ-
cakitaḥ | viṣadalakṣaṇam̐ tatprayuktaviṣaviśeṣaprasnārtham̐ |
§ 1942

1.7.22 Aṣṭāṅgahr̥dayasam̐hitā

prāpyānnaṃ saviṣaṃ tvagnirekāvartaḥ
sphuṭatyati | | 13 | |
śikhikaṇṭhābhadhūmārciranarcirvogragandhavān | | 14 | | § 1944

1.7.23 Sarvāṅgasundarā

saviṣamannaṃ prāpyā+agniḥ sphuṭatyati-caṭacaṭāyate, at-
iśayenetyarthaḥ | ekāvarta iti eka evāvarto yasya, sam̐hata-
sarvajvālatvādasāvekāvartaḥ | śikhikaṇṭhābhadhūmārciḥ,-
śikhī-mayūraḥ, tasya kaṇṭhaḥ-indrāyudhavadanekavarṇaḥ,
5 tasyevābhā yayordhūmārciṣoste śikhikaṇṭhābhe, te tā-
dr̥śe dhūmārciṣī yasyāgnerasau śikhikaṇṭhābhadhūmā-
rciḥ indrāyudhavadanekavarṇadhūmajvāla iti yāvat |
anarcirvā-ajvāla iti vā | ugragandhavāniti kuṇapagandha-
vān | nidarśanaṃ cedam̐ | dhūmo+apyasya prasekaroma-
10 harṣaśirovedanāpīnasadr̥ṣṭyā kulatā apyutpādayati | § 1945

1.7.24 Āyurvedarasāyana

athāgnikṣepādīnā saviṣānnalakṣaṇam | tatrāgniprakṣepeṇāha-
prāpyānnamiti | ekāvartaḥ-vāmata eva dakṣiṇata eva vā
calitajvālaḥ | sphuṭatyati-bhr̥ṣaṃ caṭacaṭāyate | śikhikaṇṭabhadhūmārciḥ-
nīladhūmo nīlajvālaśca | anarcirvāanutpannajvālo vā |
§ 1946

5

1.7.25 Aṣṭāṅgahr̥dayasaṃhitā

mriyante makṣikāḥ prāsya kākaḥ kṣāmasvaro

bhavet | | 14 | |

utkrośanti ca

dr̥ṣṭvaitacchukadātyūhasārikāḥ | | 15 | |

haṃsaḥ praskhalati, glānirjīvañjīvasya

jāyate | | 15 | |

cakorasyā+akṣivairāgyaṃ, krauñcasya

syānmadodayaḥ | | 16 | |

kapotaparabhr̥ddakṣacakravākā

jahatyasūn | | 16 | |

udvegāṃ yāti mārjāraḥ śakṛnmuñcati

vānaraḥ | | 17 | |

hr̥ṣyenmayūrastadr̥ṣṭyā mandatejo

bhavedviṣam | | 17 | |

ityannaṃ viṣavajjñātvā tyajedevaṃ

prayatnataḥ | | 18 | |

yathā tena vipadyerannapi na

kṣudrajantavaḥ | | 18 | | § 1955

5

1.7.26 Sarvāṅgasundarā

saviṣamannamityanuvartate | makṣikāḥ saviṣamannaṃ prāpyamriyante-
makṣikāḥ saviṣe+anne na nilīyante, nilīnāstu sadyo vi-
padyante | viṣaduṣṭhārāt kākaḥ kṣāmasvaro bhavet |
utkrośanti-uccaiḥ kūjanti, darśanādeva śukadātyūhasāri-
kāḥ | viṣadarśanamātrādeva ca haṃsagatiḥ skhalati | glā-
nirjīvañjīvasya jāyate | upalakṣaṇaṃ cedam | maraṇamapi

5

kasyacinna glānireva, evaṃ jīvañjīvakasya | cakorasya akṣ-
iviraktatā | 'dṛṣṭvaitat' iti sarvatra yojanīyam | krauñcasya
madodayo-madotpattiḥ syāt | kapotaparabhṛddakṣacakravākāstyajantyasūn-
prāṇānvimuñcanti, cātyartham maraṇaduḥkhābhyāhatāḥ |
5 udvijate+atyartham mārjāraḥ | vānarastu śakṛtpurīṣam
muñcati | upalakṣaṇam cedam | pṛṣṭhatomukho roditi
ca | tathā, hr̥ṣyenmayūrastaddṛṣṭvā | taditi saviṣānnapa-
rāmarśaḥ | dṛṣṭvetyanuvartamāne+api punardṛṣṭveti va-
canam sarvatra madhye sampratyayārtham, ādyantā-
10 bhyam gr̥hītātīvāt | viṣam cāsyā darśanādeva manda-
tejaskam bhavati | iti-evaṃ pūrvoktābhiḥ parīkṣābhiḥ,
annaṃ-bhaktādi, viṣavat-viṣasamśṛṣṭam, jñātvā tyajede-
tat | katham? prayatnataḥ-prayatnena | tameva praya-
tnam darśayannāha-yathā-yena prakāreṇa tyajyamānena,
15 kṣudrajantavo-makṣikādayo+api, tena-viṣeṇa, na vipadye-
ran na naśyeyuḥ tathā tyajet | kṣudrajantavo+api kiṃ pu-
narmahāntaḥ, ityapi śabdārthaḥ | § 1956

1.7.27 Āyurvedarasāyana

makṣikādiprāśanena saviṣam sūcayati-triyanta iti | prāśya-
saviṣamannaṃ bhuktvā, kākaḥ kṣāmasvaraḥ-kruśasvaro
bhavet | śukādidarśanena lakṣayati-utkrośantīti | śukād-
ayo saviṣānnadarśanena utkrośanti-uccaiḥ śabdaṃ kurva-
5 nti | dātyūhaḥ-andhakākaḥ | etat-saviṣamannaṃ | akṣivairāgyam-
netrarāgāpagamaḥ | kapotādayaḥ prāṇāṃstyajanti | parabhr̥t-
kokilaḥ | dakṣaḥ-kukkuṭaḥ | mayūro hraṣyet-harṣam pr-
āpnoti | mayūrasya viṣandhatvam darśayati-tadr̥ṣṭacetī |
tadr̥ṣṭacā-mayūrāvalākanena | mandatejaḥ-alpaprabhāvam |
10 saviṣānnasya yāgaprakāram darśayati-ityānnamiti | ya-
thā tena-saviṣānnena, kṣudrajantavo+api na vipadyeran-na
mriyeran, evaṃ tyajet | § 1957

1.7.28 Aṣṭāṅgahrdayasaṃhitā

prāpyānnaṃ saviṣam tvagnirekāvartaḥ
sphuṭatyati | | 13 | |

śikhikaṅṭhābhadhūmārciranarcirvogragandhavān | | 14 | | § 1959

1.7.29 Sarvāṅgasundarā

saviṣamannaṃ prāpyā+agniḥ sphuṭatyati-caṭacaṭāyate, at-
iśayenetyarthaḥ | ekāvarta iti eka evāvarto yasya, saṃhata-
sarvajvālatvādasāvekāvartaḥ | śikhikaṅṭhābhadhūmārciḥ,-
śikhī-mayūrah, tasya kaṅṭhaḥ-indrāyudhavadanekavarṇaḥ,
tasyevābhā yayordhūmārciṣoste śikhikaṅṭhābhe, te tā- 5
dṛṣe dhūmārciṣī yasyāgnerasau śikhikaṅṭhābhadhūm-
arciḥ indrāyudhavadanekavarṇadhūmajvāla iti yāvat |
anarcirvā-ajvāla iti vā | ugragandhavāniti kuṇapagandha-
vān | nidarśanaṃ cedam | dhūmo+apyasya prasekaroma-
harṣaśirovedanāpīnasadrṣṭyā kulatā apyutpādayati | § 1960 10

1.7.30 Āyurvedarasāyana

athāgnikṣepādīnā saviṣānnalakṣaṇam | tatrāgniprakṣepeṇāha-
prāpyānnamiti | ekāvartaḥ-vāmata eva dakṣiṇata eva vā
calitajvālaḥ | sphuṭatyati-bhr̥saṃ caṭacaṭāyate | śikhikaṅṭhabhadhūmārciḥ-
nīladhūmo nīlajvālaśca | anarcirvāanutpannajvālo vā |
§ 1961 5

1.7.31 Sarvāṅgasundarā

saviṣānnabhakṣaṇajān rogānāha-lāleti | lālā-śleṣmatantustrāvaḥ |
jihvauṣṭhayorjāḍacaṃ-stambhaḥ | mukhe cemicimāyanam-
sarvatra mukhe sarṣapalīptasyeva duḥkham | dantaharṣo-
dantarogaviśeṣaḥ | lālādīnāmauṣadhamāha-sevyādyairiti |
sevyādyaiḥ-pūrvoktaiḥ | sarvaṃ viṣijit _viṣatantroktam 5
pratisāraṇapralepādīkam | § 1962

1.7.32 Aṣṭāṅgahṛdayasaṃhitā

lālā jihvoṣṭhayorjāḍyamūṣā cemicimāyanam | | 21 | |
dantaharṣo rasājñatvaṃ hanustambhaśca
vaktrage | | 21 | |
sevyādyāistatra gaṇḍūṣāḥ sarvaṃ ca
viṣajiddhitam | | 22 | | § 1965

1.7.33 Sarvāṅgasundarā

vaktrage-mukhaprāpte, lālā bhavati | jihvoṣṭhayorjāḍyaṃ
bhavati, ūṣādayaśca syuḥ | rasājñatvaṃ-jihvā rasam na cet-
ayata ityarthaḥ | hanvoḥ stambhaśca syāt | tatra sevyādyaiḥ-
pūrvoktaiḥ, gaṇḍūṣā hitāḥ | sarvaṃ ca-anyadapi, yadvi-
5 ṣaṃ jayati taddhitam | § 1966

1.7.34 Aṣṭāṅgahr̥dayasaṃhitā

āmāśayagate svedamūrcchhādhmānamadabhra-
māḥ | | 22 | |
romaharṣo
vamirdāhaścakṣurhr̥dayarodhanam | | 23 | |
bindubhiścācayo+aṅgānāṃ, pakvāśayagate
punaḥ | | 23 | |
anekavarṇaṃ vamati
mūtrayatyatisāryate | | 24 | |
5 tandrā kṛśatvaṃ pāṇḍutvamudaram
balasaṅkṣayaḥ | | 24 | |
tayorvāntaviriktasya haridre kaṭabhīm
guḍam | | 25 | |
sinduvāritaniṣpāvabāṣpikāśataparvikāḥ | | 25 | |
taṇḍulīyakamūlāni
kukkuṭāṇḍamavalgujam | | 26 | |
nāvanāñjanapāneṣu
yojayedviṣaśāntaye | | 26 | | § 1975

1.7.35 Sarvāṅgasundarā

viṣāṇne āmāśayaṃ prāpte svedādayaḥ syuḥ | akṣihr̥-
dayayoḥ rodhanaṃ-stambhaḥ | bindubhiḥ-nānāvarṇaiḥ,
aṅgānāmācayaḥ-samantāccayanam | pakvāśayagate tu viṣe+anekavarṇaṃ
vamati, mūtrayati, atisāryate, tandrādayaśca bhavanti |
5 tayorvāntaviriktasya haridre kaṭabhītyādikamau-
ṣadhaṃ nāvanādiṣu yojayet | tatra madanaphalālābuku-

mbhīkośātakīphalairmadhuyuktairniṣpāvāmbuyuktairva-
manam | vāntasya snehayitvā virecanam | pakvāśayagate
tvavamitasyaiva nīlinīphalayuktena ghr̥tena virecanam-
eva | § 1976

1.7.36 Sarvāṅgasundarā

saviṣānnāmāśayaprap̥tijān rogānāha-āmāśayagata iti | cakṣurhr̥dayarodha
netrayormanasaśca kriyāprati bandhaḥ | bindubhiraṅgānāmācayaḥ-
jalabindvākārasphoṭavyāptāṅgatvam | saviṣānnapavkāśa-
yaprap̥tijān rogānāha-pavkaśayagata iti | pāṇḍutvaṃ-śulkatvam |
udaraṃ _udarākhyo rogaḥ | āmapavkāśayavikārayorauśadhamāha-
tayloriti | vāntaviriktisyeti kramādyojyam | āmāśayavikā-
reṣu vāntasya | pakvāśayavikāreṣu viriktasya | haridrād-
īni nāvanādiṣu yojayet | haridre-haridrādvayaṃ niśā dārvī
ca | kaṭabhī-girikarṇakā | sinduvārīto-nirguṇḍī | niṣpāvo-
vallaḥ | bāṣṭikā-hiṅgupatrī | śataparvikā-vacā | kukkuṭ- 10
asya pakṣiṇo+aṇḍam | avalgujo-bākūcī | āhāraṃ vināpi
prayuktasya viśasya śāntyarthamayam yogaḥ syāditi "
ityuktam | saṅgrāhe tu (sū. a. 8)-"īśvarānām vasuma-
tām viśeṣeṇa tu bhūbhujām prāyeṇa mitrebhyo+apyamitrā
bhūyāṃso bhavanti | tatastatprayuktāḥ samāsannavart- 15
ino+annapānādiṣu viśam prayacchanti, striyaśca tatpraṇi-
dhiprayuktāḥ saubhāgyalobhena | tasmādrājā kulīnam sn-
igdhamātpamāstikamāryamāryaparigrahaṃ dakṣa dakṣ-
iṇam nibhr̥tam śucimanuddhatamanalasaṃavyasanama-
nahaṅkr̥tamakopanamasāhasikaṃ vākyaṛthāvabodhakuś- 20
alam niṣṇātamaṣṭāṅge yathāgnāyamāyurvede suvihitayo-
gakṣemaṃ sannihitāgadādiyogaṃ sātmyajñam ca prāṇā-
cāryam parigr̥hṇīta | tamarthamānābhyām yathāmnāyam
sampradāyānatikrameṇa kāle+anukālam gurumiva śiṣyaḥ
pitaramiva putraḥ pūjayet | pratikūlamapi ca tadvacaḥ sā- 25
mpratamiti manyeta | na hi bhadro+api gajapatirniraṅk-
uśaḥ ślaghanīyo janasya | tasmāttadāyattamāhāravihāraṃ
prati cātmanaḥ kuryāt | upāttamapi khalu jīvitamupāy-
abalena svasamayamadhitiṣṭhati | api ca bahuparigrahā
narapatayaḥ | santi cāśukāriṇaḥ śūlasatryāsādayaḥ | pra- 30
tikṣaṇam pratyavekṣaṇīyāvasthāśca rogiṇo, viśeṣeṇa rāj-

ānaḥ | te hi pramādaparigatā duḥkhāhiṣṇavaḥ svayam-
apyapathyarucayaḥ sannihitāhitapriyavacanaprāyapariv-
ārāśca | tasmādbhiṣajo rājā rājagr̥hāsanne sanniveśanam
kārayet | tathā hi sa sarvopakaraṇeṣu nr̥patiśarīripayo-
5 giṣvaparokṣavṛttirbhavāti | sa samyaksampannamannaṃ
superīkṣitaṃ viśuddhamagnayādiṣu prāgupanītaṃ śikh-
inā dṛṣṭamabhiprokṣitaṃ prokṣaṇaiḥ puraḥ sthito rājānaṃ
hastabaddhausadhiraṭnaṃ bhojayet | bhuñjānasya cāsya
dundubhīnagadapraliptān vādayet | dantakāṣṭhaprayukte
10 tu viṣe kūrca kaviśaraṇamauśadhagandho rūkṣatā jihvād-
antauṣṭhamāmsaśophaśca | tatra pracchāya dhātakīpuṣp-
ajāmbavāsthiharītakīcūrṇaiḥ sekṣodraiḥ saptacchadakalk-
ena vā pratisāraṇaṃ kuryāt | dāḍimakaramardakabhavyā-
mrātakakolabadararasakṣaudrayuktaṃ gaṇḍūṣam | anena
15 jihānirlekhanakavalagaṇḍūṣā vyākhyātāḥ | añjanaprayu-
kte+aśrūpadehadāharāgavedanā dṛṣṭivibhramā bhavanty-
āndhyaṃ ca | tatra sarpiṣpānaṃ yojyam | śr̥tena pa-
yasā satpakṛtvaḥ pippalīrbhāvayet | tatastakalkena sa-
rpirvipadhkaṃ netratarpaṇam | kapitthameṣaśr̥ṅgībhalla-
20 ātakānāṃ puṣpairvaraṇaniryāsena cāñjanam | bṛhatīśir-
īṣabījaprapauṇḍarīkanāgabalācūrṇaṃ satpakṛtvo madh-
unā bhāvayet | tacca srotoñjanasuvanṇacūrṇacūrṇayukt-
amañjanam | nasyadhūmaprayukte śirirukkaphāstrāvaḥ
khebhyo rudhirāgamanamindriyavaikṛtaṃ ca | tatrātivi-
25 ṣāśvetākākamācīmadayantikākalkakṣīrasiddham sarpirn-
asye pāneca vidadyāt | madayantikā-mallikā | abhya-
ṅgaprayukte tvagdāhasvedapākasphoṭāvadaraṇāni | ta-
tra śītāmbuparipiktasya candanatagarośīrakuṣṭhavenupa-
trikā+amṛtāsomavallīśvetāpadmakālīyakairanulepanam | veṇupatrikā-
30 bāṣṭpikā | etānyeva ca sakapittharasagomūtrāṇi pānam |
girikarṇikāśvetāmūlapriyaṅgusārivāmadhukasarpasugandhā-
mṛgairvārumūlāni śelukvāthapiṣṭāni pralepaḥ | anenodva-
rtanoddharsaṇaparīṣekānulepanabhūṣaṇayānaśayyāstara-
ṇavastrakavacapādukopānatpādapīṭhā vyākhyātāḥ | vi-
35 ṣeṣatastvābharaṇakṛte vikāre+aśvagandhāpāmārgakiṇihī-
khadiraśirīṣakalkairgopittasamyuktaiḥ pradehaḥ | pāda-
pīṭhakṛte śleṣmātakasarpasugandhākalko madhuyuktaḥ |
chatraprayukte sphoṭānāṃ kṣiprapākānāṃ pavkajāmbav-

aprakāśānām prādurbhāvaḥ | tatra madhukapātalākapa-
 ṭalākaserukarodhrāñjanakuṣṭhasarpasugandhākhadiraśirī-
 ṣakalkairgopittaprayuktaiḥ sarva gātrapradehaḥ | anena
 cāmaravyajane vyākhyāte | śiro+abhyaṅgaprayukte ved-
 anāranthijanma keśacyavanam ca | tatra śyāmāpālind- 5
 itandulīyakacūrṇadhṛtarkṣapittaiḥ subhāvitā kṛṣṇā mṛ-
 tpralepaḥ | gomayamālatimūṣikaparṇyanyatamarasaḥ ka-
 lko vā+agāradhūmo vā | śleṣmātakaratvapakpātalāśirīṣama-
 dhūkaharidrādvayairajākṣīrāloḍitaiḥ paripekhaḥ | anena śi-
 raḥsnānasnapanodakakaṅkatakastraguṣṇīṣā vyākhyātāḥ | 10
 karṇapūraṇaprayukte śophaśūlapākāḥ śrotravaiguṇyam
 cc | tatra bahupatrāsvaraso dhṛtakṣaudrayuktaḥ karṇap-
 ūraṇam, somavalkalaraso vā suśītaḥ | mukhālepaprayu-
 kte mukhasya śyāvātā padmakaṅṭhakāśca bhavantyabhya-
 ṅgajāśca vikārāḥ | tatra madhukapaya syābandhujīvapha- 15
 ṅjīpunarnavācandanaiḥ sadhṛtairlepo madhusarpiṣoḥ pā-
 nam ca | saviṣapuspādhrāṇāt śironāsāvyathā sāśrunetratā
 gandhājñānam ca | tatrānantarokto vidhirbāṣpoditaśceti |
 bhavati cātra | phalamūlacchadādīnām dadyātpṛakṣālano-
 dakam | bhājanavyañjānām ca tathā kuryādatandirtaḥ | | 20
 ghreyāṇi ghrāpayitvā tu spr̥śyān samspr̥sya tānapi | pṛ-
 atīvāpam tato datvā pṛatīkṣyaivaikanāḍikām | | tato vi-
 jñāya śuddhim ca bhājanasyodakasya ca | āhāramupayu-
 ṅjīta yathāvadvasudhādhipaḥ | | mandam tīkṣṇaviṣābhy-
 āse viṣamuttīryate bhṛśam | tasmāttīkṣṇaviṣam haste ba- 25
 dhnīyātkušalo bhiṣak | | viṣasandhāraṇam dhanyam rakṣ-
 oghnam pṛitivarddhanam | api ca | sāpidhānaghaṭimūṭ-
 aphalakasthāpitaūśadham | pṛāgudīcyordiśorguptam bh-
 aiṣajyāgāramiṣyate | | ghaṭhyādīni-mṛttrṇakāṣṭhamayāni |
 uccaiḥ pṛaśastadigdeśam bahuvātāyanam mahat | mahā- 30
 nasam susamṛṣṭam viśvāsyajanasevitam | | saddvāḥsth-
 ādhiṣṭhitadvāram kakṣyāvatsavitānakam | sudhautadda-
 ḍhakumbhādi pariśuddhajalendhanam | | svakarmakuś-
 alā dakṣāḥ sūdāstatrāpṛamādinah | kluptakeśanakhāḥ pi-
 tryā rājñāḥ kṛtyairāṅgatāḥ | | teṣāmadhipatirviprah kula- 35
 jaḥ siparīkṣitaḥ | samvibhaktaśca bhaktaśca śucirvidyav-
 aśānugaḥ | | samvibhaktaḥ-udāsīnaḥ | sarve+api bhūbhṛ-
 dāsannāḥ śastāḥ satatamīddaśāḥ | mitho vighrahasaṅghā-

tarahitā bhūbhṛte hitāḥ | | tān vaidyo guṇavāneko man-
asā pratijāgryāt | bhūbhṛddehopakaraṇasaṃrakṣaṇasaṃ-
udyataḥ | | athābhyamitraṃ vrajato jigīṣorvaidyaḥ susaja-
uṣadhaśastrayantraḥ | tuṅgadhvajākhyātānivāsabhūmiry-
5 uddhāgataṃ yodhajanam cikitsat | | panthānamudakaṃ
chāyāṃ bhaktaṃ yavasamindhanam | dūṣayantyarayo ya-
smāttadvidyācchodhayeta ca | prasthānam vā niveśam vā
nāvijñāya prayojayet | bhūvāritṛṇakāṣṭhāśmāmārgan mā-
rgavanaspatīn | | viṣeṇopahatā bhūmiḥ kvaciddagdhev-
10 alakṣyate | pramlānatṛṇagulmādirṃṛtakīṭasarīṣpā | | vi-
śīryante khuranakhā dāhakaṇḍūrujānvitāḥ | chardirmū-
rcchā jvaro mohaḥ śiroduḥkham ca jāyate | | tatra sau-
bhāñjanānmūlaṃ vallīṃ somamuśīrakam | mātuluṅgara-
sam hiṅgu pāyayeddadhimātrayā | | vallīpriyaṅguḥ | mū-
15 trāṇyajāvihastibhyo māṃsāni rudhirāṇi ca | § 1977

1.7.37 Aṣṭāṅgahr̥dayasaṃhitā

sarvagandhaiḥ samāyojya pacetpakve ca nikṣipet | |
 somarājīm sunandākhyāṃ saralāṃ
 gandhanākulīm | cāraṭīm trāyamāṇāṃ ca
 prokṣayetena tāṃ bhuvam | |
 sunandākhyā-gorocanā |
 cāraṭī-padmacāriṇī | saviṣaṃ virasaṃ toyam
 koviṣṇaṃ rājibhiścitam | phenilaṃ guru
 vicchinnaṃ khagairanabhinanditam | |
 mṛtākulitamatsyaṃ ca
 sparśāttacchophakaṇḍumat | odanaḥ
 sādhitastena bhuktamātro vidahyāe | |
 vidagdhaḥ pacyate kṛcchrātpavko
 mūrccājvarapradah | darśayetsarvato
 nīlapītakarburalo hitam | | tatra
 śigrvādimagadaṃ bhūmidoṣoditaṃ pibet |
 ajaśṛṅgīm viśālākhyāṃ
 viṣaghnīmuttamāraṇīm | | phaṇijjakam
 prativiṣāṃ dagdhvā tadbhasma gālayet |
 bahuśo gālitaṃ tacca pācayettatra ca
 kṣipet | | kalkayetvā prativāpaṃ saralāṃ
 rajanīdvayam | elā mudīcyam mañjiṣṭhāṃ
 sunandāṃ bākucīmapi | | pātyante
 bindavastasmādyatra tannirviṣībhavet | |
 pāṭalāpāribhadrāśvakarṇasyāmāka
 śigrukān | | kalaśāntargatān dgdhvā
 prakṣipetsaviṣe+ambhasi | śīte gharmo
 himaścoṣṇe māruto viṣasaṃyutaḥ | |
 bhramamūrccādikārī ca śigrvādistatra
 ceṣyate | devadārunatānantāmadhukāñjana-
 gairikam | | vajrakandaṃ latāṃ rodhraṃ
 vikiret ślakṣṇacūrṇitam | vṛkṣāgreṣu
 patākāsu dūṣyeṣu sumahatsu ca | |
 sarvataścūrṇasamparkānnirviṣo
 jāyate+anilaḥ | vikṛtā bhavati cchāyā pādape
 viṣadūṣite | | nirgandhamatigandham vā
 tatpuṣpaṃ hr̥chirorujam | kuryāt,
 phalapalāśādi kaṇḍūākātisārakṛt | | bhūmi
 muddiśya yatproktaṃ tatsarvaṃ tatra
 śasyate | na ca kanyāmauditāṃ
 saṃspṛśedaparīkṣitāṃ | | vividhān kurvate
 yogān kuśalāḥ khalu mānavāḥ |
 ājanmaviṣasaṃyogātkanyā viṣamayī kṛtā | |
 sparśocchvāsādibhirhanti

1.7.38 Aṣṭāṅgahṛdayasaṃhitā

pūrvoktaṃ tryūṣaṇādiṃ ca snāniye+ambhasi yojayet |
kvā-
tho+athavā+arkakusumaśvetāpāmārgasarṣapaiḥ | |
sadaḍhyājyaḥ kṛto yuktaḥ
kāmatānākulīyakaiḥ | kalko vā
candanakṣīripalāśadrumavalkalaiḥ | |
mūrvailavālusurasānākulītandulīyakaiḥ |
kvāthaḥ sarvodakāryeṣu
kākamācīyutairhitaḥ | |
rocanāpatranepālīkuṅkumaistilakaṃ vahan |
viṣairna bādhyate syāñca
nārīnaranṛpapriyaḥ | | cūrṇairhadrāmañji-
ṣṭhākiṇihīkaṇanimbajaiḥ | | digdham
nirviṣatāmeti gātramityāha gautamaḥ | |
nasyapānāsānālepairyuñjyātsañjīvanādikān |
agadān viṣajagdhasya tīkṣṇāni damanāni
ca | | agadān-viṣatantruktān |
pippalīmadhukakṣaudraśarkarekṣurasaiḥ
saha | virecanaṃ śīrāmokṣaṃ praptaṃ
visrāvaṇaṃ yadi | | hradayāvaraṇaṃ kāryaṃ
prāgevāmitramadhyagaḥ |
pibeddhṛtamajeyākhyamamṛtaṃ
vā+apyabhuktavān | |
ajeyāmṛte-viṣatantrakte | sarpiḥ kṣaudraṃ
dadhi kṣīramantataḥ śītalamaṃ jalam | |
antataḥ-ante sarvābhāve, ata eva pūrveṣu
pūrvābhāve paramita labhyate | sitāmadhuk-
apālindīkalkavanmāṃsamiṣyate | |
godhāhariṇababhrūṇaṃ sakaṇāśuṅṭhi
pārṣattam | sanāgaram sātiviṣaṃ śikhinaḥ
sasiṭophalam | | suśītāḥ saghṛtāścaisāṃ
yathāsvamaṃ kalpitā rasāḥ | ithyaṃ
viṣagarādibhyo rakṣedvaidyo nareśvaram |
syāttaduccheda ucchedaḥ prajānāṃ
sarvakarmaṇāṃ | | ājñādhairyakṣamātyāgā
mānuṣatve+apyamānuṣāḥ | yadrājñāḥ karm-
abhistasmādārādhyo+asāvātīndriyaiḥ | |
yatra sākṣānnṛpastatra nijñātaḥ
praviśedbhiṣak | na sammato+apyanucitaṃ
yānasthānāsanam bhajet | | ucitam purato, 2018
rājñastiṣṭhedvākyaṃ ca nākṣipet |
ahīnakālaṃ rājārthaṃ, svārthaṃ priyahitaiḥ
saha | | deśe kāle parārthaṃ ca

1.7.39 Aṣṭāṅgahr̥dayasaṃhitā

viṣabhuktāya dadyācca
śuddhāyordhvamadhasathā | | 27 | |
sūkṣmaṃ tāmrrarajaḥ kāle sakṣaudraṃ
hr̥dviśodhanam | | 27 | |
śuddhe hr̥di tataḥ śāṇaṃ hemacūrṇasya
dāpayet | | 28 | | § 1982

1.7.40 Sarvāṅgasundarā

viṣabhuktāya puṃse ūrdhvamadhaśca śuddhāya kāle
sūkṣmaṃ- atiślakṣṇaṃ tāmracūrṇaṃ samākṣikaṃ da-
dyāt | kimbhūtam? hr̥dviśodhanaṃ,- hr̥dayaśuddhaye
ityarthaḥ | viṣabhuktāyeti 'āhitāgnyādityāt' paranipātaḥ |
5 kāla ityupalakṣaṇam | deśasātmyāgnyādīn vyapekṣetety-
arthaḥ | śuddhe hr̥de-svaliṅge jñāte, tataḥ-anantaram, he-
macūrṇasya śāṇaṃ-karṣacaturthāṃśam, dāpayet | § 1983

1.7.41 Āyurvedarasāyana

kṛtapūrvoktopacārasya viśaśeśaśāṅkānivṛtyarthamupacāramāha-
viṣabhuktāyeti | śuddhāyeti punarapi kṛtavamanavirec-
anāya | kāle-auśadhakāle, saṃsarjanakramānantaramity-
arthaḥ | hr̥dviśodhanaṃ-hr̥dayasthitaviśanirharaṇaṃ, tā-
5 mracūrṇaṃ prayojayet | tataḥ-karṣacaturthāṃśam,hemacūrṇamadyāt |
§ 1984

1.7.42 Aṣṭāṅgahr̥dayasaṃhitā

na sajjate hemapāṅge
padmapatre+ambuvadviṣam | | 28 | |
jāyate vipulaṃ cāyurgare+apyeṣa vidhiḥ
smṛtaḥ | | 29 | | § 1986

1.7.43 Sarvāṅgasundarā

hema pibatīti-hemapah, tasyāṅge viṣam na sajjate | ka-
tham ? padmapatre jalamiva | tasya ca hemapasya vistīrṇ-
amāyurjāyate | eṣa vidhīrgare+api smṛtaḥ, yo viṣa uktaḥ |
sajjata ityatrātmanepadam cintyam | § 1987

1.7.44 Āyurvedarasāyana

suvarṇaprayogaphalamāha-na sajata iti | hemam pibatīti-
hemapaḥ, tasyāṅge viṣam na sajate-saṅgam na gacchati,
vipulam cāyurjāyate | sajjata iti pāṭhe saṅgārthakaṣaṅjerā-
tmanepadatvam cintyam | viṣoktavidhiṃ gere+apyatidiṣati-
gare+apyeṣa iti | garamkr̥trimam viṣam | "gaṇamukhya- 5
yormukhye kāryasampratyayaḥ" iti nyāyāt gare viṣavidh-
eraprātpatvādātideśaḥ | § 1988

1.7.45 Aṣṭāṅgahṛdayasaṃhitā

viruddhamapi cāhāram
vidyādviṣagaropamam | | 29 | | § 1989

1.7.46 Sarvāṅgasundarā

viruddham cāhāram viṣagaropamam vidyāt | viṣagara-
vadviruddhāhārā api vyādhimṛtyuhetava ityarthah | ta-
thā coktam saṅhgrahe(sū.a.9)-"visphoṭagulmamadaavidra-
dhimehayakṣmatejobalasmṛtimatīndrayacittanāśam | ku-
ryādviruddhamaśanam jvaramasrapittamaṣṭau gadāṃśca 5
mahato viṣavacca mṛtyum | " iti | § 1990

1.7.47 Sarvāṅgasundarā

atha virodhādannapāanakṣā | viruddhānnasya doṣahetutvamāha-
viruddhamapīti | viruddham-saṃyogādivirodhavat | ka-
syacidviruddhāhārasya viṣavatsadyo nāśakatvāt kasyaci-
dgavatkālantaranāśakatvādrogajanakatvāccopamānadvaya-
muktam | uktaḥ ca saṅhgrahe(sū. a. 9)"visphoṭagulmamadaavidadhiśopha

kṣmatejobalasmṛttimatīndriyavittanāśān | kuyādviruddh-
amaśanaṃ jvaramasrapittamaṣṭau gadāṃśca mahato viṣa-
vacca mṛtyum | | " iti " | virodhaśca saptadhā,-saṃyogasaṃskāramātrādeśakālāva
saṃyogastridhā,- balavadguṇānāṃ sāmyat vaiṣamyāt sā-
5 myavaiṣamyābhyāṃ ca | evaṃ nava bhedāḥ | ne ca sodāh-
araṇāḥ saṅgrāhe darśitāḥ (sū. a. 9)- " balināṃ mithā guṇ-
ānāṃ viṣamatayā samatayā+apyubhayathā+api | saṃska-
radivaśādapi bhavati nisargādapi virodhaḥ | | kṣīraṃ ku-
latthaiḥ panasena matsyaistaptaṃ dadhi kṣaudraghr̥te sa-
10 māṃśe | vāryūṣare rātriṣu saktavaśca toyāntarāste yavak-
āstathā ca | | " iti | te ca vakṣyamāṇeṣu svabuddhayā vive-
canīyāḥ | § 1991

1.7.48 Aṣṭāṅgahr̥dayasaṃhitā

ānūpamāmiṣaṃ māśakṣaudrakṣīravirūdhakaiḥ | | 30 | |
virudhyate saha bisairmūlakena guḍena
vā | | 30 | |
viśeṣātpayasā matsyā matsyeṣvapi
cilīcimāḥ | | 31 | | § 1994

1.7.49 Sarvāṅgasundarā

āmiṣaṃ-māṃsaṃ, ānūpaṃ-mahāmṛgavāricaravāriśayākhyam,
māśādibhiḥ saptabhiḥ saha virudhyate | ānūpeṣvapi ma-
dhye viśeṣāt-atisāyena, payasā saha matsyā virudhyante |
yato matsyakṣīre svādurasavipākitvānmahābhiṣyandinī,
5 śītoṣṇayogācca parasparavirudve | mastyeṣvapi cilīcimā-
khyo matsyaḥ payasā sahātyantaviruddhaḥ | sa punaḥ śa-
kalī lohitaḥ sarvato lohitarājīḥ prāyo bhūmau carati,
so+atyabhiṣyanditamatvātsutarāṃ viruddhaḥ | eṣa cāh-
āro+anirdiṣṭavikārakārī yathoktān visphoṭādīn karoti | kā-
10 lāntareṇa ca cikitsāṃ vinā prāṇānapi harati | kaścicca vir-
uddhāhāro nirdiṣṭavikārakārī | yathā "upodakā+atisārāya"
iti | § 1995

1.7.50 Āyurvedarasāyana

tatrānūpamāṃsasya bhāṣādirbhidirvirodhamāha-ānūpamāmiṣamiti |
virūḍhakam-aṅkuritaṃ dhānyam | māṣādiṣve kenāpi vir-
odho jñeyaḥ | yadāha khāraṇādiḥ-"guḍamāṣatila kṣīravi-
rūḍhabisamūlakaiḥ | grāmyānūpaudamāṃsāni tvekenāpi
virudhyate | |" iti | virodhaścaikadhyamabhyavahāre natu 5
krameṇa | yadāha suśrutaḥ (yaduktaṃ saṅgrāhe sū. a. 9,
carake ca sū. a. 26 | 86) "grāmyānūpaudakapiśitāni madh-
ugūdatilapayomāṣamūlakabisavirūḍhakaiśca naikadhyā-
madyāt |" iti | ukteṣvapi matsyapayasorviśeṣādvirodhaḥ |
tato+api payaścilīcimayoḥ | § 1996 10

1.7.51 Āyurvedarasāyana

amlādibhiḥ payaso virodhamāha-viruddhammlamiti | sarvamamlam-
dravamadravaṃ ca, payasā saha viruddham | sahabh-
āvo+atra payasa uttaramapi sevitenāmlena jñeyaḥ | uktaṃ
hi saṅgrāhe (sū. a. 9)- " sarvaṃ cāmlam *payasaik-
adhyam tata uttaram vā viruddham |" iti | tathā sa- 5
rvaṃ phalam-amlamanamlam ca | tadvatkulatthādayaḥ |
varako-vrīhibhedaḥ | kaṅguḥ-priyaṅguḥ | vallaḥ-niṣpāvaḥ |
makuṣṭhaḥ-kalāyabhedaḥ | suśrutastvāha (sū. a.20/8)- "va-
llīphalakavakakarīrāmlaphalalavaṇakulatthapiṇyāka-dadhi-
tailānūpaudakavirohiśuśkaśākājāvīkamāṃsadyajāmbava- 10
cilīcimamatsyagodhavarāhamāṣāṃśca naikadhyamaśnīyāt
payaso+ante vā |" iti | § 1997

1.7.52 Aṣṭāṅgahrdayasaṃhitā

viruddhamamlam payasā saha sarvaṃ phalam
tathā | | 31 | |
tadvatkulatthavarakakaṅguvallamakakuṣṭhakāḥ | | 32 | | § 1999

1.7.53 Sarvāṅgasundarā

amlam dravyam payasā saha sarvaṃ viruddham | sarv-
agrahaṇam dravādravagrahaṇārtham | dravam-kāñjikādi,

adravaṃ-cukrikādikamityarthaḥ | anyathā payaso drav-
asamānajātīyatvāt kāñjikādyeva dravadravyaṃ virudhy-
eta, na cukrikādikamapi | nanu, ṛtīyayaiva sahar̥tho la-
bdha eva | yathā-"vārāhaṃ śvāvidhā nādyāt" ityatra | ta-
5 taḥ kiṃ sahaśabdena | satyametat | sahagrahaṇaṃ tu ni-
yamārtham | sahaikadhyamamlenopayujyamānaṃ viru-
ddham | yadā tvamlena gorasādinā kṣīrasākasam̐jñavya-
ñjanakaraṇārtham payaḥ saṃskriyate tadā tasya dravy-
āntaratvāpattervirodho nāsti | tathā, dadhikṣīrādinā gṛ-
10 taṃ pacyate tatrā+apyavirodha eva, dravyāntaratvāt | pū-
rvasyā+api sahaśabdasyaivam̐ prāyameva prayojanama-
bhyūhyamiti | api ca, kṣīre bhukte uttarakālamapyamlaṃ
na bhojyamiti pratipādanārtham̐ ca sahagrahaṇam̐ | tathā
coktaṃ saṅgrahe (sū.a.)-"sarvaṃ cāmlaṃ payasā sahaik-
15 adhyaṃ taduttaraṃ vā viruddham" iti | phalaṃ tatheti |
phalaṃ-akṣoḍādi ca, payasā saha viruddham | sarvaśa-
bdaḥ sarvatra na sambandhanīyaḥ, yato na sarvaṃ phalaṃ
payasā sahābhyavahartuṃ viruddham | api tu kiñcideva |
tathā ca muniḥ parisam̐khyayaivā+apaṭhat(ca.sū.a.26 | 86)-
20 "tathā+a+amrām̐rātakalakucakaramardamocadantaśaṭhaba-
darakośām̐rabhavya jāmbavakapitthatintiḍīkapālevatākṣoḍa-
panasanārikeradāḍimām̐alakānyevaṃ prakārāṇi cānyāni"
iti | tasmāna sarvaṃ phalaṃ payasā sahābhyavaha-
rtuṃ viruddham, kintu munyuktameva | tadvaditi ph-
25 alavat, kulatthādayaḥ payasā saha viruddhāḥ | varako-
vrīhibhedāḥ, "varakoddālaka" iti prāgukteḥ (hr̥.sū.a.6 | 9) |
vallamakuṣṭakau śimbīdhānyaviśeṣau | upalakṣaṇam̐ ce-
dam | 'māṣaṇiṣpāvāvapi' hi viruddhau payasā saheti sa-
ṅgrahe (sū.a.9) kathitam | § 2000

1.7.54 Āyurvedarasāyana

payoharita kayorvidhamāha-bhakṣayitveti | haritakākhyam̐
śākaṃ bhakṣayitvā payo na peyam | kasya śākasya harita-
kasam̐jñā ? ityapekṣāyāmāha-mūlakādi,-mūlakādārabhya
śākavargoktaṃ haritakasam̐jñamityarthaḥ | § 2001

1.7.55 Aṣṭāṅgahr̥dayasaṃhitā

bhakṣayitvā haritakaṃ mūlakādi payastyajet | |32| | § 2002

1.7.56 Sarvāṅgasundarā

bhakṣayitveti | haritakaṃ mūlakakuṭherādi bhuktvā pay-
astyajet, na punaḥ śākaṃ mūlakādi snigdhasvinnaṃ śāk-
asādhanena sādhitam bhuktvā kṣīraṃ na bhakṣayet | et-
asmādeva ca jñāpakāt mūlakādīnāmubhayarūpatvaṃ ve-
dyam, haritakatvaṃ śākatvaṃ ca | tathā ca mūlakādī- 5
nām yadi śākatvaprasiddhirevā+abhaviṣyat, tato "harita-
kaṃ mūlakādi bhakṣayitvā" iti tantrakṛnnāvakṣyat | ta-
smānmūlakasya haritakatvaṃ śākatvaṃ ca jñeyam | la-
śunena saha kṣīrasya prayogo ya uktaḥ (hr̥.ci.a.94|45)-
"sādhayecchuddhuśuṣkasya laśunasya catuḥpalam |" iti | 10
sa na viruddhaḥ, agnyādisamparkādṛavyāntaratvāpatteḥ |
§ 2003

1.7.57 Aṣṭāṅgahr̥dayasaṃhitā

vārāhaṃ śvāvidhā nādyāddadhā
pr̥ṣatakukkuṭau | |33| |
āmamāmsāni pittena, māśasūpena
mūlakam | |33| |
aviṃ kusumbhaśākena, bisaiḥ, saha
virūdhakam | |34| |
māśasūpaguḍakṣīradadhyājyairlākucam
phalam | |34| |
phalaṃ kadalyāstakreṇa dadhnā tālaphalena 5
vā | |35| |
kaṇoṣaṇābhyām madhunā kākamācīm guḍena
vā | |35| |
siddhām vā matsyapacane pacane nāgarasya
vā | |36| |
siddhāmanyatra vā pātre kāmāttāmuṣitām
niśām | |36| | § 2011

1.7.58 Sarvāṅgasundarā

śvāvidhā-sedhāmāṃsena saha, vārāham mām̥sam nā-
dyāt | agre+api nādyāditi kriyāyogo yāvattyajediti kriy-
āntaram | pṛṣatakukkuṭau dadhnā saha nādyāt | āmāni-
apakvāni mām̥sāni pittena saha | māṣasūpena saha mūla-
5 kam | āviṃ-meṣam, kusumbhaśākena saha | virūḍhakaṃ-
aṅkuritadhānyam, bisaiḥ saha | māṣasūpādīnāmanyatam-
ena saha lakucaphalam | kadalyāḥ phalam takreṇa saha,
dadhnā vā, tālaphalena vā | kaṇoṣaṇābhyām saha kā-
kamācīm, kevalena mākṣikeṇa saha kākamācīm, guḍ-
10 ena vā saha kākamācīm, matsyāḥ pacyante yasmin bh-
āṇḍe tatra vā siddhām kākamācīm, nādyāt | nāgarasya
vā pacane-śuṅṭhīpākabhāṇḍe siddhām kākamācīm, ta-
thā+anyatra vā bhājane yathārucisiddhām kāmāttām kāk-
amācīm, ratrimuṣitām-paryuṣitām, nādyāt | § 2012

1.7.59 Āyurvedarasāyana

vārāhaśvāvidhorvirodhamāha-vārāhamiti | śvāvit-sūcīśaddaśaromā |
dadhipṛṣatayordadhikukkuṭayośca virodhamāha-dadhneti |
pittāmamām̥sayorvirodhamāha-āmamām̥sānīti | āmāmām̥sāni-
apakvamām̥sāni | māṣasūpamūlakayorvirodhamāha-māṣasūpeneti |
5 avikusumbhaśākayorvirodhamāha-avimiti | bisāṅkuritadhānyayorvirodhamāha
bisairiti | lakucaphalasya māṣasūpādibhirvirodhamāha-
māṣasūpetyādi | ājyam-dhṛtam | "phalam tathā" iti kṣ-
īreṇa saha virodhe siddhe punaḥ kṣīragrahaṇam pṛ-
ākpaścādvā virodhārtham | tathā ca suśrutaḥ (sū. a.
10 20113)- "lakucaphalam dadhnā payasā māṣasūpenaprā-
kpaścādvā payasā saha vā viruddham |" iti | kadalīpha-
lasya takrādibhirvirodhamāha-phalam kadalyā iti | kāk-
amācyāḥ kaṇādibhirvirodhamāha-kaṇoṣaṇābhyāmiti | pi-
ppalīmaricābhyām militābhyām, kaṇoṣaṇābhyāmiti sam-
15 āsakarāṇāt | chandonurodhātsamāsa iti cet na | "pippal-
īmaricābhyām madhunā guḍena vā kākamācīm |" iti sa-
ṅgrahe+api (su. a. 9) | guḍamadhubhyām pṛthak, samās-
ākaraṇāt | pātraviśeṣasaṃskārātkākamācyā virodhamāha-
siddhām veti | matsyāḥ pacyante yasmin pātre tat-matsyapacanam |
20 nāgarasya pacane-śuṅṭhīpacane | kākamācyāḥ paryuṣitatvādvirodhamāha-

siddhāmanyatra veti | kāmātā-kākamācī | anyatra vā pātra
iti pātraviśeṣanivṛtyartham, yatra kvāpi pātre siddhā satī
paryuṣitā viruddhetyarthaḥ | § 2013

1.7.60 Aṣṭāṅgahrdayasaṃhitā

matsyanistalasnehe sādhitāḥ pippalīstyajet | |37| |
` kāmṣye daśāhamuṣitaṃ sarpiruṣṇaṃ
tvaruṣkare | |37| | § 2015

1.7.61 Sarvāṅgasundarā

matyānistalyante- bhrjyante, yena snehena saha- matsyan-
istalasnehaḥ, tatra sādhitāḥ pippalīstyajet, viruddhatvāt |
nādyāditi prakṛte+api tyajediti vacanaṃ na kevalaṃ nā-
dyāt, lepādikamapi na kuryāditi pratipādanārtham | utta-
ratrāpi tyajedityasyānuvṛttāvetadeva tātparyam | kāmṣy- 5
apātre daśarātramūṣitaṃ sarpistyajet | daśāhādarvāgavi-
ruddhameva | aruṣkare- bhallātakaviṣaye, uṣṇaṃ- anna-
pānādikaṃ tyajet | tathā, "peyaṃ noṣṇopacāreṇa" ityan-
ena madyasyoṣṇaṃ niśiddhaṃ | tathā, "uṣṇamuṣṇārtam-
uṣṇe ca yuktaṃ coṣṇaiḥ "iti māḥṣikasya | tathā, dadhno- 10
"naivādyānniśinaivoṣṇaṃ vasantoṣṇa" ityādibhiḥ | tasmā-
nmadhumadyadadhibhallātakeṣvapyuṣṇaṃ viruddhami-
tyatrācāryo yuktyā pratyapādayat | saṅgrahe tu spaṣṭaṃ
kṛtvoktaṃ (sū. a. 9)-"madyamadhudadhibhallātakeṣu co-
ṣṇaṃ | " iti | § 2016 15

1.7.62 Āyurvedarasāyana

snehaviśeṣasaṃskārātpippalyā virodhamāhamatsyanista-
laneti | matsyā nistalyante bhrjyante, yena snehena saḥ-
matsyanistalanaḥ | pātrakālaviśeṣasaṃskārātsarpiṣo virodhamāha-
kāmṣye daśāhamiti | kāmṣye-kāmṣyapātre | daśāhaṃ- da-
śāhorātrān | uṣṇāruṣkarayorvirodhamāha-uṣṇaṃ tviti | uṣṇ-5
asparṣaṃ dravyaṃ bhallātake prayujyamānaṃ viruddham |
§ 2017

1.7.63 Āyurvedarasāyana

bhāsasya śūlasaṃskārādvirodhamāha-bhāsa iti | bhāsaḥ-
prasahapakṣiviśeṣaḥ | śūlyah-śūlaproto+aṅgareṣu pakvaḥ | kampillasya
takrasaṃskārādvirodhamāha-kampilla iti | kampillo-virecanadravyaviśeṣo
rocanikākhyah | § 2018

1.7.64 Aṣṭāṅgahr̥dayasaṃhitā

bhāso virudhyate śūlyah
kampillastakrasādhitaḥ | | 38 | | § 2019

1.7.65 Sarvāṅgasundarā

bhāsaḥ-pakṣiviśeṣaḥ śūlyo virudhyate, śūle saṃskṛto bh-
āsaḥ kṛtapaktirvirudhyata ityarthah | śūlya iti "śūlokhā-
dyat" iti yat | kampillostakrasādhito virudhyate | saṅgrahe
cāto+adhikamapyuktam | yathā (sū.a.9)-"sauvīreṇa tilaśa-
5 ṣkulī | kṣīreṇa lavaṇam | navanītena śākam | navapurāṇ-
amāmapakvaṃ caikadhyam | tathā salilāvagāhaḥ sahaso-
ṣṇābhitaptasya tvagdr̥ṣṭyapaghātāya tṛṣṇātivṛddhaye ca |
tathaiva payahpānaṃ raktapittāya | śarīreṇā+ayastasya sa-
hasā+a+abhyavahāraśchhardiṣe gulmāya vā | vācā tvāya-
10 stasya svarasādāya | " iti | § 2020

1.7.66 Aṣṭāṅgahr̥dayasaṃhitā

Ekadhyam pāyasaṣurākṛśarāḥ privarjayet | | 38 | | § 2021

1.7.67 Sarvāṅgasundarā

Ekadhyam-ekatra, pāyasaṣurākṛśarāstyajet | Ekadhyamiti
"ekāddho dhyamuñ" iti dhyamuñ | § 2022

1.7.68 Āyurvedarasāyana

pāyasādīnām mithaḥ saṃyogādvirodhamāha-Ekadhyamiti |
Ekadhyam-Ekatra saṃyojya | pāyasaḥ-kṣaireyī | kṛsarā-
tilatandulamāṣakṛtā peyā | § 2023

1.7.69 Aṣṭāṅgahrdayasaṃhitā

madhusarpirvasātailapānīyāni dviśastriśaḥ | | 39 | |
ekatra vā samāṃśāni virudhyante
parasparam | | 39 | | § 2025

1.7.70 Sarvāṅgasundarā

madhvādīni samāṃśāni-tulyapramāṇāni, mitho virudhy-
ante | katham ? dve vā, trīni vā, ekatra vā sarvāni |
yathā-madhusarpiṣī, madhuvase, madhutaile, madhusa-
rpirvasāḥ, madhusarpirvasātailāni, ityevamādīni | nanu,
yadyevamvidho virodha ucyate tatkathamagastyalehe 5
(hr.ci.a.3 | 128)-"kuḍavaṃ ca pṛthagghṛtāt | tailātsapipp-
alīcurṇātsiddhaśīte ca māḥṣikāt | |" iti tailaghr̥tamadhū-
nām tulyāṃśānām prayogaḥ ? brūmaḥ | kevalānām ma-
dhvādīnām samāṃśānāmupayogo viruddhaḥ na tu dr-
avyāntarasam̐yuktānām | api tu dravyāntarasam̐yuktā- 10
nām teṣāṃ saṃyogasaṃskārādīvaśādvīśiṣṭagaṇāntarotpa-
ttirdṛṣṭā | tasmādagastyalehādau dravyāntarasam̐yogādi-
vaśādviruddha eva | § 2026

1.7.71 Āyurvedarasāyana

madhvādīnām mithaḥ saṃyuktānām mānato virodhamāha-
madhusarpirīti | dviśastriśa ityapalakṣaṇam, tena catuṣpa-
ñcaśo+api jñeyam | uktaṃ hyanyatra _"madhusarpirvas-
ātailapānīyānām mānavirūddhānām dvitricatuḥpañcadh-
āmilitānām ṣaḍviṃśatirviruddhaprakārā bhavanti |" iti | 5
§ 2027

1.7.72 Aṣṭāṅgahr̥dayasaṃhitā

bhinnāṃśe api madhvājye divyavāryanupānataḥ | | 40 | |
madhupuṣkarabījaṃ ca,
madhumaireyaśārkaram | | 40 | |
manthānupānaḥ kṣaireyo, hāridraḥ
kaṭutailavān | | 41 | | § 2030

1.7.73 Sarvāṅgasundarā

bhinnāṃśe api madhvājye divyavāryanupānena virudhy-
ete | ṛtīyārthe tasipratyayaḥ | apiśabdānna kevalaṃ sam-
āṃśa ityārthaḥ | madhu-mākṣikaṃ, puṣkarabījaṃ caika-
dhyam virudhyate | tathā, madhumārdvīkaṃ, maireyaṃ-
5 kharjūrāsavaṃ, śārkaram-śarkarayā kṛtaṃ madyam, etad-
ekatropayuktaṃ virudhyate | kṣaireyaḥ-pāyaso, manthā-
nupāno viruddhaḥ | mantho+anupānaṃ yasya sa evam |
kṣaireya iti "kṣīrāḍḍhañ" iti ḍhañ | hāridraḥ-kuprasavaḥ
śākaviśeṣaḥ sarpacchatrānukārī pītābhāsaḥ, kaṭutailavān-
10 sarṣapatailabhṛṣṭo, viruddhaḥ | § 2031

1.7.74 Āyurvedarasāyana

madhvājyayordivyānupānādvirodhamāha-bhinnāṃśe iti |
apiśabdātsamāṃśe ca | madhupuṣkarabījayorvirodhamāha-
madhviti | madhu-mākṣikaṃ | puṣkarabījaṃ-padmaabījaṃ |
madhvādīnāṃ virodhamāha-madhumaireyeti | madhu-
5 kṣaudraṃ, 'mārdvīkaṃ' ityarūṇadattaḥ | maireyo-'dhānyāsavaḥ'
iti candranandanaḥ, 'kharjūrāsavaḥ' ityarūṇadattaḥ indu-
śca | 'maireyo-dhātukīpuṣpaguḍadhātryakṣasaṃhitāḥ' iti
mādhavakāraḥ | 'āsavasya surāyāśca dvayorapyekabhā-
ane | sandhānaṃ tadvijānīyānmaireyamubhayātmakam | |
10 iti jejjāto brahrādevaśca | 'paiṣṭiguḍāsavamadhubhiḥ pai-
ṣṭimadvāsavaduḍairvā triyonih-maireyaḥ' iti ḍalhaṇaḥ |
sarvametatpramāṇam, sarveṣāmāptatvāt śaṅkyamānasy-
āpi virodhasya pariharaṇīyatvācca | śārkaraḥ-śarkarākṛtaṃ
madyam | atra cakāramanuvartya padmottarikāśākaman-

uktamapi samucceyam, caturṇām saṃyogasya viruddh-
atvāt | tathā ca carakaḥ (sū. a. 26 | 86)- "padmottarikāśā-
kaṃ śārkaro maireyo madhu ca sahopayukta viruddhaṃ
vātaṃ cātikopayati |" iti | saṅgrahe+apyevamevoktam |
padmottarikāśākaṃ-kusumbhaśākaṃ | kṣaireyasya manthānupānādviro-
manthānupāna iti | dravāloḍitāḥ saktavo-manthāḥ | kṣaireyaḥ-
pāyasaḥ | hāridrakaṭutailayorvirodhāmāha-hāridra iti | hā-
ridraḥpītavarṇaśchatrākaviśeṣaḥ kandaḥ | kaṭutailavān-
sarsapatailabhṛṣṭaḥ | § 2032

1.7.75 Aṣṭāṅgahrdayasaṃhitā

upodakā+atisārāya tilakalkena sādhitā | | 41 | | § 2033

1.7.76 Sarvāṅgasundarā

upodakā tilakalkena sādhitā+atisārāya | tādarthye catu-
rthyatra | artho-nimittam, tasmai idam-tadartham, tada-
rthamevatādarthyam | tenātisāraḥkāraṇamityayamartho jā-
yate | § 2034

1.7.77 Āyurvedarasāyana

upodakāyāstilakalkasaṃskāreṇa virodhamāha upodak-
eti | § 2035

1.7.78 Aṣṭāṅgahrdayasaṃhitā

balākā vāruṇiyuktā kulmāṣaiśca virudhyate | | 42 | |
bhrṣṭā varāhavasayā saiva sadyo
nihantyasūn | | 42 | | § 2037

1.7.79 Sarvāṅgasundarā

balākā-pakṣijātīḥ, vāruṇyā-prasannayā yuktā, viruddhā |
kulmāṣaiḥ-nātisvinnamudgādibhiśca saha virudhyate | sa-

iva balākā, varāhavasayā bhr̥ṣṭā sadyaḥ-tatkṣaṇādeva, pr-
āṇān mārayati | § 2038

1.7.80 Āyurvedarasāyana

balākāyā vāruṇīyogāt kulmāṣayogācca cirodhamāha-balāketi |
arddhasvinnā mudgādayaḥ-kulmāṣāḥ | balākāyā varāhav-
asayā bharjanādirodhamāha-bhr̥ṣṭeti | § 2039

1.7.81 Aṣṭāṅgahr̥dayasaṃhitā

tadvattittiripatrāḍhyagodhālāvakapiñjalāḥ | | 43 | |
Eraṇḍenāgninā siddhāstattailena
vimūrcchitāḥ | | 43 | | § 2041

1.7.82 Āyurvedarasāyana

tittiryādīnām saṃskāraviśeṣādvirodhamāha-tadvaditi | patrāḍhco-
mayūrah | kapiñjalo-gauratittiriḥ | Eraṇḍena-eraṇḍakāṣṭhotthena |
tattailena-eraṇḍatailena | vimūrcchitāḥ-bhr̥ṣṭāḥ | tadvat-
balākāvat, sadyo ghnanti | § 2042

1.7.83 Sarvāṅgasundarā

tittiryādaya eraṇḍenāgninā siddhāḥ, tattailena-eraṇḍatailena,
vimūrcchitāḥ-bahuśo bhr̥ṣṭāḥ, tadvat-balākāvat sadyo jīvi-
tahaṛāḥ | patrāḍhyo-mayūrah | § 2043

1.7.84 Aṣṭāṅgahr̥dayasaṃhitā

hārītamāṃsaṃ hāridraśūlakaprotapācitam | | 44 | |
haridrāvahninā sadyo vyāpādayati
jīvitam | | 44 | | § 2045

1.7.85 Sarvāṅgasundarā

hārītasya-pakṣiviśeṣasya, māṃsaṃ hāridraśūlake protaṃ-
āsaktaṃ, ca tatpācitaṃ ca hāridrāgninā sadyo jīvitaṃ ha-
nti | § 2046

1.7.86 Āyurvedarasāyana

hārītasya saṃskāraviśeṣādvirodhamāha-hārītamāṃsamiti |
hārītaḥ-pratudapakṣiviśeṣaḥ | hāridraśūlakam-dāruharikāṣṭhakṛtaṃ
śūlam | haridrāvahninā-dāruridrākāṣṭhāgninā | § 2047

1.7.87 Aṣṭāṅgahrdayasaṃhitā

bhasmapāṃśuparidhvastaṃ tadeva ca
samākṣikam | | 45 | | § 2048

1.7.88 Sarvāṅgasundarā

tadeva-hārītamāṃsaṃ, bhasmapāṃśuparidhvastaṃ sam-
ākṣikam viruddham | bhasma ca pāṃśuśca bhasmapāṃsū,-
bhūtireṇū, tābhyāṃ paridhvastaṃ-dhūsaritam | siddhas-
āre coktam-"na jātu kaṭutailena bhrṣṭāmadyādupodakām |
priyaṅgukalkadigdhāṅgaḥ pāyasaṃ na samācaret | |" iti | 5
§ 2049

1.7.89 Āyurvedarasāyana

hārītamāṃsasya bhasmādisaṃyogādvirodhamāhabhasm-
eti | bhasmanā pāṃśunā vā paridhvastaṃ-sadyo vilulitam,
madhuyuktaṃ tadeva-hārītamāṃsaṃ, sadyo jīvitaṃ vyā-
pādayatītyarthaḥ | § 2050

1.7.90 Āyurvedarasāyana

anuktavirodhasaṅgrahārthaṃ virodhasāmānyalakṣaṇamāha-
yatkiñciditi | yaktiñcidravyaṃ doṣamutlkeśayati na tu
nirharati, tatsarvaṃ viruddham | samāsataḥ-saṅkṣepāt |

vistarastu saṃyogādibhedairanantaḥ | śodhanamapyutk-
eśayati paraṃ nirharati, śamanamapi na nirharati paraṃ
notlkeśayati, iti na tayorviruddhatvam | § 2051

1.7.91 Aṣṭāṅgahr̥dayasaṃhitā

yatkiñciddoṣamutkleśya na harettsamāsataḥ | | 45 | |
viruddham-----
| | 46 | | § 2053

1.7.92 Aṣṭāṅgahr̥dayasaṃhitā

dravyāṅmānantyāt
pratipadoktyā+aśeṣaviruddhasaṅgrahaḥ
kartumaśakyaḥ, iti tatsaṅgrahārtham vyāpi
lakṣaṇamāha-
sa0-yatkiñcit-annapānamaṣadham vā,
doṣamutkleśya-svasthanātsañcalayya, na
haret-bahirna niškāsayet, tatra samāsataḥ
saṃkṣepato viruddham | § 2054

1.7.93 Aṣṭāṅgahr̥dayasaṃhitā

----- śuddhiratreṣṭā śamo vā
tadvirodhibhiḥ | | 46 | | § 2055

1.7.94 Sarvāṅgasundarā

śuddhiratreṣṭā | atra-virudddhāhāraḥ vikāre, śuddhiḥ
vamanavirekādirūpā, iṣṭā-śreṣṭhā | kupitadoṣasamūhasya
vamanādibhirmirharāṅtannirhāre cārogyotpattiḥ | śamo
veti | na kevalam śuddhiriṣṭā, śamaśceṣṭaḥ | kaiḥ ? teṣāṃ-
5 vairodhikakopitadoṣāṅam tatkṛtānām vā visphoṭādīnām
vikārāṅam, virodhibhiḥ-pratipakṣabhūtairoṣadhaiḥ | § 2056

1.7.95 Āyurvedarasāyana

atha viruddhānnapānājānām vyādhīnām pratīkārah | tatra
utpannānām paratīkāramāha-śuddhiriti | śuddhiḥ-vamanavirecanādikā |
atra-viruddhānnaḥṣu vyādhiṣu | ye tu śuddhiṃ nā-
rhanti teṣām śamaḥ-śamanam, pratīkāra iṣṭaḥ | kaiḥ?
tadvirodhibhiḥ,-tasya-viruddhānasya, virodhibhiḥ-pratipakṣabhūtairāḥ
§ 2057

1.7.96 Aṣṭāṅgahrdayasaṃhitā

dravyaistaireva vā pūrvam
śarīrasyābhisamskṛtiḥ | | 46 | | § 2058

1.7.97 Sarvāṅgasundarā

taireva-vairodhikakupitadoṣapratipakṣabhūtairdravyaiḥ, pūrvam-
prathamam, yā śarīrasyābhisamskṛtiḥ, sā ca viruddhāhār-
akṛte vikāre praśasteti | yathā,-mākṣikaharītakyādinā pitta-
aśleṣmaharaṇauśadhena santataśīlanādabhisamskṛte dehe
pittaśleṣmakaram viruddhamupayuktaṃ sadvikartumaś- 5
aktam | etaduktaṃ bhavati,-viruddhapratipakṣaguṇavatā
dravyeṇa dehasathā dārḍhyam grāhito yathā viruddham-
api dravyam vikāram kartum nālam | § 2059

1.7.98 Āyurvedarasāyana

anutpannānamutpattipratibandhahetum pratīkāramāha-
dravyaistaireveti | taireva- viruddhānavirodhibhireva |
pūrvamciruddhānnasevanātprāk | abhisamskṛtiḥ- tadgu-
ṇabhāvitatvam | taiḥ-viruddhānaireva śarīrasyābhisamsk- 5
ṛtiriti vyākhyāne "sātmyamalpaṃ ca bhojanam" iti vakṣy-
amāṇena sātmyena paunaruktayam | § 2060

1.7.99 Aṣṭāṅgahrdayasaṃhitā

vyāyāmasnigdhadīptāgnivayaḥsthabalaśālinām | | 47 | |

virodhdyapi na pīḍāyai sātmyamalpaṃ ca
bhojanam | | 47 | | § 2062

1.7.100 Āyurvedarasāyana

vyāyāmādīnāmanutpattihetutvamāha-vyāyāmīti | vyāyāmino-
vyāyāmanityāḥ | snigdḥāḥ-snehabhāvitaśarīrāḥ | vayahsthāḥ-
taruṇāḥ | balaśālīnaḥ-sahajabalayuktāḥ | sahātmanā bhūtaṃ-
sātmyam, ātmanaḥ sahāyabhūtamanukūlaṃ sukhāvah-
5 amityarthaḥ | tacca dvividhaṃ,-kṛtrimamakṛtrimam ca |
tatra yadabhyāseṇa kiyate tat-kṛtrimam | uktaṃ ca sa-
ṅgrāhe (sū. a. 9)- "ahitānyapi cānyeṣāmabhyāsādupaś-
erate |" iti | akṛtrisaṃ tu dvividhaṃ,-nirupādhikaṃ so-
pādhikaṃ ca | tatra doṣādinirapekṣam-nirupādhikaṃ,
10 taddoṣasātmyākhyam | yadāha carakaḥ-"upaśete yada-
ucityāddoṣasātmyam taducyate |" iti | doṣādisāpekṣam-
sopādhikaṃ | tatra doṣādiviparītaguṇatvaṃupādhiḥ | ya-
dāha khāraṇādiḥ- "doṣaprakṛtīdeśartuvyādhīnām svagu-
ṇaiḥ pṛthak | viparītaguṇaiḥ sātmyam tulyam cāsātmya-
15 mucyate |" iti | asātmyam tu-yathāyatham sātmyaviparī-
tām | tattu kṛtrimam ciraparītyāgena kriyate | sopādhike
doṣādītulyaguṇatvaṃ-upādhiḥ | sātmyāsātmye eva nirup-
ādhike pathyā pathye ucyete | sopādhike tvauśadhānau-
śadhe | tatra viruddhabhojanasya nirupādhikāsātmyasya
20 kṛtrimatvena sopādhikatvena vāsātmyatve sati na pīḍāk-
aratvam | nirupādhikasopādhikakṛtrimāṅāmuttarottaram
balatvāt | kimatra pramāṇam ? iti cet, nirupādhikātsop-
ādhikaṃ balīya ityara tāvatsaṅgrahavacanam pramāṇam
(sū. a. 9)- "doṣādivaiparītyena harate rogiṇām rujam | Ek-
25 adhyaṃ dadhidigdhādiyojanā na virudhyate |" iti | tā-
bhyāmapī kṛtrimam balīya ityatra ṛtucaryokta ṛtusandh-
ikramaḥ | tatra hi pūrvartucaryāyā uttarartusambandh-
ātsopādhikamasātmyatvam | pūrvartuśīlanācca kṛtrimam
sātmyatvam | uttarartucaryāyāstu tatsambandhātsopādh-
30 kaṃ sātmyatvam | pūrvartavaśīlanāñca kṛtrimamasātmy-
atvam | tatra kṛtrimābhyāmsātmyāsātmyābhyām sopādh-
ikayorasātmyasātmyayorbādham matvātannivṛtyarthamṛ-
tusandhikrama uktaḥ | deśakālaprakṛtidoṣavyādhīsātmy-

ānāmuttarottaraṃ balavat, uttarottaramevāntaraṅgatvāt |
alpaṃ-hīnamātram | nanu, alpamapyalpāṃ pīḍāṃ karō-
tyeva | tatkathaṃ na pīḍāyai ? satyam | karōtyeva | ki-
ntvasāvalpatvenānabhivvyaktatvādasadvadupacaryate, an- 5
udarā kanyetivat | asakṛdupayujyamāne tu tasminnabhi-
vyajyata eva | § 2063

1.7.101 Sarvāṅgasundarā

vyāyāmo vidyate yeṣāmiti "arśaādītīvāt" ac | vayaḥsthāḥ-
taruṅḥ | balena śālituṃ-ślāghitūṃ śīlam yeṣāṃ te-balaśāliṅḥ |
snigdhāḥ snigdhavrṣyāhārasātmyāḥ | vyāyāmināṃ viro-
dhyapi bhojanaṃ na pīḍāyai-na rogotpattaye | evaṃ sni- 5
gdhādīnāṃ pratyekaṃ sambandhaḥ kāryaḥ | kecit "vyā-
yāmi" iti paṭhanti | tathā, viruddhamapyannaṃ yadabhy-
āsāt sātmyaṃ-sātmībhūtaṃ, tathā, alpam-alpamātrayā ca
yadbhojanaṃ, tacca viruddhamapi na pīḍāyai iti yojyam |
atha yadyapathyamapi sātmyatāṃ prāptaṃ tatkiṃ tyā-
jyam na vā ? kathaṃ ca tyājyam ? kathaṃ ca pathyam bh- 10
ojyam ? ityāha- § 2064

1.7.102 Aṣṭāṅgahr̥dayasaṃhitā

pādenāpathyamabhyastaṃ pādapādena vā tyajet | | 48 | |
niṣeveta hitaṃ
tadvadekadvitryantarīkṛtam | | 48 | | § 2066

1.7.103 Sarvāṅgasundarā

apathyam-ahitamannaṃ pānaṃ vā yallaṅghanaplavan-
ajāgaraṇasvapnādikaṃ vā ceṣṭitamahitamabhyastaṃ tat
pādena-caturthāṃśena tyajet, ahitaphalatvāt | taddhi śa-
rīrocitamapyapathyatvādudarke doṣāya sampadyate, na
guṇāya | yadi tu tadapathyamabhyastaṃ tathā sātmy- 5
ībhūtaṃ yasmiṃścaturthāśenā+api tyajyamānena śarīr-
abādhā śaṅkyate vahnimāndyādvā, tadā pādapādena-
ṣoḍaśāṃśena vā tyajet | iti vāśabdārthaḥ | tena tulyaṃ

vartate-tadvat,-tenaiva krameṇa pādena pādapādena vā,
 hitaṃ niṣeveta-śīlayet | kathametadvayamapyapathya-
 pathyarūpaṃ tyājyaṃ niṣevyaṃ ca ? ityāha-eketyādi |
 ekaśca dvau ca trayaśca tairantarīkṛtam | ekadvitribh-
 5 irannakālairvyavadhānaṃ kṛtvā [yathā bhavati tathā]
 apathyaṃ pādena pādapādena vā tyajet | tadvat hi-
 taṃ seveta | ekadvitryantarīkṛtamiti kriyāviśeṣanatvād-
 atra napuṃsakaliṅgatvam | adhunaitadeva spaṣṭīkṛtyo-
 cyate | apathyātpāṭalavrīhyāderabhyastātpādamekaṃ tyak-
 10 ktvā+anucitātpathyādrakṣāśālyādestameva pādaṃ dattvā
 catuṣpāttvaṃ sampādya yojyaṃ | evamannakālamekama-
 tivāhayet | evaṃ pādenāpathyamabhyastaṃ tyaktaṃ bh-
 avati | pathyaṃ cānucitaṃ niṣevitaṃ bhavati | tato dvi-
 tīye+annakāle sarvamapathyaṃ yojanīyam | evamekenā-
 15 nnakālenāpathyapādo+antarīkṛtaḥ | tatastrīye+apyucitādapathyāt
 pādadvayamapāsyānucitātpathyāt pādadvayamupayujya,
 tataścaturthe sarvamapathyaṃ bhojyaṃ pañcame ca | eva-
 mannakāladvayena pathyapādadvayasahitamapathyapā-
 dadvayamantarīkṛtam | tataḥ ṣaṣṭhe+annakāle pādamu-
 20 citādapathyāt pādatrāyamanucitātpathyādbhuktivā, sapt-
 amāṣṭamanavamānnakāleṣu sarvamapathyaṃ bhojyaṃ |
 evamannakālatrayeṇāpathyamantarīkṛtam | tato daśame+annakāle
 sarvaṃ pathyaṃ sevanīyam | evaṃ pādapādenāpyaya-
 meva kramaḥ | spaṣṭārthaṃ ca dikpradaśaryate | yathā-
 25 yavakādeḥ ṣoḍaśāṃśaṃ tyaktvā+anucitācchālyādeḥ pa-
 thyātṣoḍaśāṃśameva dattvā catuṣpāttvaṃ sampādya bh-
 ojyaṃ | evamapathyamabhyastaṃ pādapādena tyaktaṃ
 bhavati pathyaṃ cānucitaṃ niṣevitaṃ bhavati | dvi-
 tīye+annakāle sarvamapathyaṃ sevyam | evameke (nānna-
 30 kāle) nāpathyaṣoḍaśāṃśo+antarīkṛtaḥ | tatastrīye+apyucitādapathyāt
 pādapādadvayamapāsyānucitātpathyāt pādapādadvayaṃ
 dattvā catuṣpāttvaṃ sampādya sevyam | tataścaturthe
 pañcame cānnakāle sarvamapathyaṃ bhojyaṃ | evaṃ
 kāladvayena pādapādadvayamapathyasyāntarīkṛtam | ta-
 35 taḥ ṣaṣṭhe+annakāle+anucitātpathyāt pādapādatrāyamuc-
 itādapathyāt pādapādāstrayodaśeti bhojyaṃ | tataḥ sapt-
 amāṣṭamanavamānnakāleṣu sarvamapathyaṃ bhojyaṃ |
 evaṃ kālatrayeṇāntarīkṛtam | tato daśame+annakāle pa-

thyādanucitāt pādapādāścatvāraḥ, apathyapādapādā dvā-
daśeti bhojyam | tata ekādaśe+annakāle sarvamapathyam
bhojyam | tata ekenānnakālenāntarīkṛtam | evamannakāl-
advayatrayāntaritam ca tāvadyojyam, yāvathpathyasya ṣo-
ḍaśapādāḥ sevyatayā sampadyante | § 2067

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1.7.104 Āyurvedarasāyana

viruddhamapi sātmyam na bādhyate, kiṃ punaravir-
uddham? ataḥ sātmyīkaraṇamāha | tatra sātmyīkaraṇe
kramamāha-pādeneti | abhyastam-abhyāsātsātmyatam yā-
tam, yadapathyam tat pādēna-caturthāṃśena, pādapādēna-
ṣoḍaśāṃśena vā tyajet | tadvat-apathyavat, hitam-pathyam, 5
niṣeceta-yāvātām+aśenāpathyam tyaktam tāvatām+aśena
pathyam bhajet, nityasevyasyāhārarāśeryadapathyena ny-
ūnatvam tatpathyena pūrayeditarthah | katham tyajet ?
ekadvitryantarīkṛtamiti,-ekadvitribhirdivasairantarīkṛtam-
vijāti-yabhojanena vyavahitam | etaduktam bhavati,-yadā 10
pādēna tyāgaḥ kriyate tadā prāthame+ahanyapathyasya
pādāstrayaḥ, pathyasyaikah | dvitīye+ahani catvāro+apyapathyasya |
tṛtīye prathamavat | ityekāntarīkaraṇam | caturthe+ahani
dvau pādāvapathyasya, dvau pathyasya | pañcamaṣaṣṭh-
ayostrītyavat | saptame caturthavat | iti vdyantarīkara- 15
ṇam | aṣṭame tvapathyasyaikah, pathyasya trayah | nav-
amadaśamaikādaśeṣu saptamavat | dvādaśe+aṣṭamavat |
iti tryantarīkaraṇam | trayodaśe catvāro+api pathyasya |
caturdaśe dvādaśavat | pañcadaśe trayodaśavat | iti pu-
narekāntarīkaraṇam | vdyantarātryanrarīkaraṇapunarnā- 20
sti, caturṇāmapi pādānām pūrṇatvāt | ṣoḍaśāṃśapakṣe
tvekadvitryantarīkaraṇasya pañcakṛtva āvṛttiḥ | tata eka-
mekāntarīkaraṇam | evam triṣaṣṭyā divasaiḥ ṣoḍaśāṃśāḥ
pūryante | atra yadyapi vyavadhāyakaviśeṣo noktaḥ, ta-
thā+api pūrvasminnantare yavdyavadheyam, tadevottar- 25
asminr vyavadhāyakam jñeyam | evamapathyatyāge pa-
thyasevāyām ca krama āddato bhavet | yadi tvapathyam-
eva vā sarvatra vyavadhāyakam kriyate, tadā na krama
āddato bhavet | kramaścātra pradhānam | antaram ca din-
aireva, na bhojanakālaiḥ | uktaṃ ca tantrāntare-"apathyam 30

sātmyapyannaṃ ceṣṭāṃ vā pādaśastyajet | bhajecca pā-
daśaḥ pathyamekadvitridināntaram | |" iti | caturbhāga-
ṣoḍaśabhāgayoradharottarakalpanāniṣedhaparativāt pañc-
aṣaṣatpabhāgādikalpanānāṃ na niṣedhaḥ | atastā apyav-
5 asthānusārataḥ svayamūhyāḥ | yadyapyatra vākye bhāṭṭ-
ārahariścandrādibhirbahavaḥ pakṣā darśitāḥ, tathāpya-
meva pakṣo jyāyānityasmābhirdarśitaḥ | jyāyastvaṃ tva-
sya vākyasyārjavenaiva pratīyamānatvāt caturdaśāhartu-
sandhikaraṇenācāryasyābhipretatvācca | § 2068

1.7.105 Aṣṭāṅgahr̥dayasaṃhitā

evamanena krameṇāpathyadoṣāstyaktāḥ pīḍāyai na
bhavanti, pathyaguṇāśca saṃvardhitāḥ
sthiratāṃ prāpnuvanti | |41 | |
apathyamapi hi tyaktaṃ śīlitaṃ pathyameva
vā | |41 | |
sātmyāsātmyavikārāya jāyate
sahasā+anyathā | |41 | | § 2071

1.7.106 Sarvāṅgasundarā

hi-yasmāt, sahasā-kramamimamanālocya, anyathā uktavi-
dhyatikrameṇa, apathyamapi tyaktaṃ sātmyavikārāya jā-
yate | pathyameva vā sahasā śīlitamasātmyavikārāya jāy-
ate | sātmyāsātmyābhyāṃ vikāraḥ-sātmyāsātmyavikāraḥ,
5 tasmai "klṛpisampadyamāne" iti caturthī | § 2072

1.7.107 Āyurvedarasāyana

akrameṇa sātmyīkaraṇe doṣamāha-apathyamapīti | hi-
yasmāt, anyathā-uktakrāmādanyena prakāreṇa, tyaktam-
apathyamapi, śīlitaṃ pathyamapi, sahasā vikārāya- vikā-
rakāraṇāya jāyate | kutaḥ ? sātmyāsātmyam,- yataḥ apa-
5 thyaṃ hi sātmyam, pathyaṃ hyasātmyam, atastayorakra-
meṇa tyajanabhajane rogāya bhavata ityarthāḥ | § 2073

1.7.108 Aṣṭāṅgahr̥dayasaṃhitā

krameṇāpacitā doṣāḥ krameṇopacitā guṇāḥ | |50| |
santo yāntyapunarbhāvamaparakampyā bhavanti
ca | |50| | § 2075

1.7.109 Sarvāṅgasundarā

doṣāḥ apathyābhyāsajāḥ, krameṇa-pūrvoktena, apacitāḥ-
kṣayaṃ nītāḥ, guṇāśca-pathyopayogajāḥ, krameṇa-pūrvoktenaiva,
upacitāḥ-vṛddhiṃ nītāḥ santaḥ, puruṣāṅgāṃ yathāsaṅkhy-
amapunarbhāvaṃ yānti doṣāḥ | guṇāścāprakampyāḥ-sthirā
bhavanti | § 2076

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1.7.110 Āyurvedarasāyana

krameṇa sātmyīkaraṇe guṇamāha-krameṇeti | santo yā-
ntyapunarbhāvamiti | guṇo dvividhaḥ,-doṣāpacayo guṇ-
opaccayaśca | tatra krameṇa- sātmyīkaraṇakrameṇa, doṣā
apacīyante guṇāścopacīyante | tatra doṣāḥ kramāpaci-
tāḥ santo+a punarbhāvaṃ yānti,-yathā punarnotpadya-
nte tathā naśyantītyarthaḥ | guṇāstu krameṇopacitāḥ sa-
nto+aparakampyā bhavanti, yathā punarna kṣīyante tathā
varddhanta ityarthaḥ | § 2077

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1.7.111 Aṣṭāṅgahr̥dayasaṃhitā

atyantasannidhānānāṃ doṣāṅgāṃ dūṣaṅātmanāṃ | |51| |
ahitairdūṣaṅgāṃ bhūyo na vidvān
kartumarhati | |51| | § 2079

1.7.112 Sarvāṅgasundarā

doṣāṅgāmahitaiḥ-āhārādibhiḥ dūṣaṅgāṃ kartuṃ vidvān-
paṇḍito, nārhati-na yujyate | kimbhūtānāṃ? atyantama-
atiśayena, sannidhānaṃ-nikaṭatvaṃ, yeṣāṃ doṣāṅgāṃ ta
evaṃ teṣāṃ | tathā, dūṣaṅātmanāṃ-dūṣaṅasvabhāvānāṃ |
§ 2080

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1.7.113 Āyurvedarasāyana

apathyasya sātmyīkaraṇaṃ niṣedhati-atyanteti | yadyapi
sātmyībhūtamapathyam doṣāna dūṣayati, tathāpi yāv-
atā kālena tatsātmyībhavati tāvantaṃ kālam dūṣayaty-
eva | dūṣaṇaṃ ca doṣāṇāmalpamapi vidvān-ātmahitajñaḥ
5 pumān, ahitaiḥ- viruddhaiḥ kāraṇabhutaiḥ, kartu nā-
rhati | katham? bhūyaḥ-punaḥ, te hi doṣāḥ prāgeva
dūṣaṇātmāno-dūṣakatvasvabhāvā atyantasannidhānaśca,-
dūṣyasya-śarīrasyātyantaṃ sannihitāḥ | tasmāccharīraṃ
rakṣatā viruddham na sātmyīkartavyam | § 2081

1.7.114 Aṣṭāṅgahr̥dayasaṃhitā

āhāraśayanābrahmacaryeryuktyā prayojitaiḥ | | 52 | |
śarīraṃ dhāryate nityamāgāramiva
dhāraṇaiḥ | | 52 | | § 2083

1.7.115 Sarvāṅgasundarā

āhāraḥ-annapānasevā | śayanaṃ-svapnaḥ | abrahmacaryaṃ
strīṇāṃ sevā | āhārādīnāṃ dvandvaḥ | etairyuktyā pray-
ojitaiḥ śarīraṃ satataṃ dhāryate | kimiva kaiḥ? āgāraṃ-
gṛhamiva, dhāraṇaiḥ stambhairyathā | § 2084

1.7.116 Āyurvedarasāyana

avidhisevanādibhyo+annapānaṃ rakṣedityāha-āhāreti | āhāraḥ-
annapānasevā, śayanaṃ-nidrā, abrahmācarye-sambhogaḥ,
tairnityaṃ yuktyā prayojitaiḥ śarīraṃ dhāryate | dhāraṇaiḥ-
stambhairāgāramiva | yuktiḥ-śāstroktaparakāraḥ dhāraṇaṃ
5 ca-annapānasukhapariṇāmadvāreṇa | § 2085

1.7.117 Aṣṭāṅgahr̥dayasaṃhitā

āhāro varṇitastatra tatra tatra ca vakṣyate | | 2 | | § 2086

1.7.118 Sarvāṅgasundarā

tatra-teṣu triṣu madhyāt, āhāro varṇitaḥ-ṛtucaryāyāṃ dr-
avānnasvarūpavijñānīyayośca | tatra tatra ca-sāstrabhāge
jvaracikitsādau ca, vakṣyate | § 2087

1.7.119 Āyurvedarasāyana

tatrāhāramatideśenāha-āhāra iti | tatrāhāraḥ, tatra tatra- ṛt-
ucaryādau varṇitaḥ | vakṣyate ca-mātrāśitīyādau | § 2088

1.7.120 Sarvāṅgasundarā

nidrāyattaṃ-nidrādhīnam | sukhaṃ-ārogyam | duḥkhaṃ-
rogaḥ | tathā, puṣṭyādi ca | jīvitaṃ na ca jīvitamiti sambā-
ndhaḥ | ajīvitena-maraṇena yogo bhavatītyarthaḥ | § 2089

1.7.121 Aṣṭāṅgahṛdayasaṃhitā

nidrāyattaṃ sukhaṃ duḥkhaṃ puṣṭiḥ kārśyaṃ
balābalaṃ | | 53 | |
vṛṣatā klībatā jñānamajñānaṃ jīvitaṃ na
ca | | 54 | | § 2091

1.7.122 Āyurvedarasāyana

athāvidhiśayanādannapānarakṣā | tatra nidrāṃ stauti-nidrāyattamiti |
nidrāyattaṃ-nidrādhīnam | vṛṣatā-śukravṛddhiḥ | klībatā-
śukrakṣayaḥ | na ceti naño jīvitena sambandhaḥ, ajīvitaṃ
maraṇamityarthaḥ | § 2092

1.7.123 Aṣṭāṅgahṛdayasaṃhitā

akāle+atiprasaṅgācca na ca nidrā niṣevitā | | 54 | |
sukhāyuṣī parākuryāt
kālarātririvāparā | | 55 | | § 2094

1.7.124 Sarvāṅgasundarā

akāle niṣevitā+ati ca niṣevitā na ca niṣevitā nidrā sukhaṃ-
ārogyalakṣṇam, āyusca-jīvitam, te sukhāyusī parākuryāt-
nāśayet | keva ? aparā kālarātririva | § 2095

1.7.125 Sarvāṅgasundarā

ekasyā nidrāyāḥ parasparaviruddhasukhaduḥkhādihetu-
tvāyogādaupādhikabhedamāśritya vibhādamāha-akāla iti |
akāle sevitā-mithyāyogarūpā, atiprasaṅgātsevitā-atiyogarūpā,
na ca sevitā-hīnayogarūpā, niṣevitā-niyatatvena sevitā sa-
5 myagyogarūpā ceti caturdhā nidrā | tatra parā-caturthī
nidrā, sukhāyusī kuryāt | aparā-trividhā asamyagyog-
arūpā, kālarātririva-saṃhārapravṛttamahākālīva, sukhā-
yusī hanyādirtyarthaḥ | sukhāyusorādyantayorgrahaṇāt
pāṇinipratyāhāravat sukhapuṣṭibalavṛṣatājñājīvitāni gru-
10 hrānte | "kālasvabhāvāmayacittadehakhedaiḥ kaphāgant-
utamobhavā ca | nidrā bibharti prathamā śarīraṃ pā-
pmā+antagā vyādhinimittamanyāḥ | |" iti saṅgrahoktā-
nām (sū. a. 9) saptānām catasṛṣvevāntarbhāvaḥ | § 2096

1.7.126 Aṣṭāṅgahr̥dayasaṃhitā

rātrau jāgaraṇaṃ rūkṣaṃ, snigdhaṃ prasvapanam
divā | | 55 | |
arūkṣamanabhiṣyandi
tvāsīnapracalāyitam | | 56 | | § 2098

1.7.127 Sarvāṅgasundarā

apiśabdāvatra sāmartyalabdhou boddhavyau | tena rātr-
āvapi jāgaraṇaṃ rūkṣam, divā tvāgneyamatyartham rū-
kṣam kālenāhitabalatvāt | tathā, prasvapanam divā+api
snigdham, rātrau tu saumye kāle+atīsayena snigdhमित्य-
5 avatiṣṭhate | apiśabdābhyāmantareṇa tu rātrāveva jāgara-
ṇam rūkṣam, divā tu snigdhमित्यartho jāyate | vyavacch-
edyaphalatvādvākyaṇām | evaṃ divasa eva snigdham pr-

asvapanam, rātrau tu rūkṣamiti | na caitadyujyate | yadi
jāgaraṇam sadā rūkṣam nābhaviṣyat, tatkathamidamup-
apatsyate ? "bahumedaḥkaphāḥ svapyuḥ snehanityāśca
nāhani | viṣārtāḥ kaṅṭharogī ca naiva jātu niśāsvaspi | |"
iti | eṣāṃ hyāpatarpaṇameva hitam | yaccāpatarpaṇam ta- 5
davaśyaṃ rūkṣam | tasmādetairapatarpaṇasvabhāvam jā-
garaṇameva sevyam | tathā, "grīṣme vāyucayādānarau-
kṣyarātryalpabhāvataḥ | divāsvapnohito+anyasmin kaph-
apittakaro hi saḥ | | mukttvā tu bhāṣyayānādhvamady-
astrībhārakarmabhiḥ | krodhaśokabhayaiḥ klāntān śvās- 10
ahidhmātisāriṇaḥ | | vṛddhabālābalakṣīnakṣatatrṣṣūlapīd-
itān | ajīrṇyabhihitonmattān divā svapnocitānapi | |" ta-
deteṣāṃ santarpaṇārhatvātsantarpaṇameva hitam | yacca
santarpaṇam tadavaśyaṃ snigdham | tasmādetaiḥ sant- 15
arpaṇasvabhāvameva sadā prasvapanam sevyam | evaṃ
ca pūrvameva vyākhyānam yuktam | prasvapnajāgaraṇ-
akriyayoradravyayorapi rūkṣasnidghatvamupacārādupa-
pannam | yathā,-rūkṣam dravyam guggulvādi kaphame-
daḥprabhṛtīn saumyān bhāvān kṣapayati, tathaiva yadā
jāgaraṇamapi tatksapayaddrṣṭam tadā tadrūkṣakāryaka- 20
raṇādarūkṣamapi rūkṣamityupacaryate | tathā, prasvap-
anādarvāk kaphamedāḥprabhṛtīnām somyānām bhāvā-
nām svahetorutpādastathā nopalabhyate, yathā prasva-
panādanantaram | tasmātprasvapanamasnidghamapi sn-
igdhamityupacaryate | pracala ivācaratīti kyañantānni- 25
ṣṭhā | āsīnasya upaviṣṭasya, pracalāyitaṃ-avaghūrṇitaṃ,-
āsīnapracalāyitaṃ, na tu prasvapanam sarvasarvikayā |
yena snehanahetuḥ syāt | rūkṣakāryā karaṇādarūkṣam |
anabhiṣyandi tu viśeṣeṇa | āsīnapracalāyitaṃ punarīdṛgr-
ūpamityarthaḥ | § 2099 30

1.7.128 Āyurvedarasāyana

caturvidhāyāḥ svarūpamāha-rātrāviti | rātraujāgaraṇam-
kāle+apyaśayanam,hīnayogākhyam | tadrūkṣam-vātavyādhihetuḥ |
divā prasvapanam-akāle śayanam | tacca kāle+atisuptasyātirogākhyam,
akāle suptasya mithyāyogākhyam, tadubhayamapi snigdham-
kaphapittavyādhihetuḥ | āsīnapracalāyitaṃ-kāle śayanam, 5

samyagyogākhyam | taddhyāsīnapracalāyitasya bhavati |
 sa hi sisvopaviṣṭaḥ śayanam yadaiva cala ivācaritumāra-
 bhate, tadaivasvapiti | na tvanudīrṇam nidrāmudīrayati,
 nāpyudīrṇam dhārayati | tacca na rūkṣam, nāpi snigdham |
 5 uktaṃ ca khāraṇādinā-"indriyātīśramādrūkṣo vātalo jāg-
 aro niśi | tadālasyaḍdivāsvapnaḥ snigdhaḥ pittakapholb-
 aṇaḥ | | āsīnapracalaḥ svapno nirabhiṣyandibr̥mhaṇaḥ |"
 iti | pracialāyita iti pracialaprātipadikātkāṇḍvādiyagantāḍ-
 ādikarmaṇi niṣṭhāyāṃ rūpam | anye tvāsīnapracalāyitaś-
 10 abdenopaṣṭasyaiva śayanamāhuḥ | te ca divetyanivartya
 divaiva tatkāryamityāhuḥ | yadāha bheḍaḥ-svapnakāmo
 divā kāmamupaviṣṭaḥ śayīta vā | prastīrṇāṅgasya jantorhi
 śleṣmā koṣṭhe pravartate | |" iti | § 2100

1.7.129 Sarvāṅgasundarā

grīṣmakāle divāsvapno hitaḥ | yatastasmin kāle pavanacc-
 ayo bhavati | ādānasya ca paripuṣṭatvādatiraukṣyaṃ bh-
 avati | rātrayaścanidrāsamāptyayogyā alpā bhavanti | di-
 vāsvapnaśca santarpakaḥ | grīṣmādaparasmin kāle kaph-
 5 apittakaraḥ | so+acintyatvāddhetuprabhāvasya | bhāṣyā-
 diklāntādīn muktivā-varjayitvā | tenaitaduktaṃ bhavati,-
 grīṣmādaparasminnapi kāle svapna eṣāṃ hita eva | yānam
 aśvādi | kṣataḥ-khadgādicchinnāḥ | abhihato-laguḍādinā |
 divāsvapnocitāḥ-śīlitadivāsvapnāḥ | tatra bhāṣyādiklānt-
 10 ānāṃ pavanakopāt svapno+anujñātaḥ | śvāsahidhmādī-
 nāṃ vegavismaraṇārtham | vṛddhādīnāṃ yathāyatham
 santarpaṇārtham vegavismaraṇārtham ca | ajīrṇināṃ div-
 āsvapnocitānāṃ ca dhātuvaiṣamyaparihārārtham divāsv-
 apno+anumatastantrakṛtā | tathā cuktam-"ucito hi divāsv-
 15 apno yeṣāṃ nityam śarīrīṇāṃ | vātādayaḥ prakupyanti te-
 ṣāmasvapatāṃ divā | |" iti | nanu, ajīrṇināṃ divāsvapno
 na yuktaḥ, divāsvapnasya kaphavṛddhikaratvāt | kapha-
 vṛddhyā cāgnimāndyam | agnimāndyādajīrṇānnasyāpāka
 ityanuktasteṣāṃ divāsvapnaḥ | atrocyate | divāsvapnenā-
 20 jīrṇināṃ dhātusāmyam bhavati | dhātusāmye ca satisva-
 sthānasthitairdoṣairanupahato vahniḥ pacanakṣamo bha-
 vati | kaphastu vṛddho+api naiteṣāmagnimāndyam vidh-

atte | api tvaṅgānāṃ puṣṭimādadhāti | ata evānantaram-
evovāca śāstrakāraḥ-"dhātusāmyaṃ tathā hyeṣāṃ śleṣmā
cāṅgāni puṣyati |" iti | § 2101

1.7.130 Aṣṭāṅgahr̥dayasaṃhitā

grīṣme vāyucayādānaraukṣyarātryalpabhāvataḥ | | 56 | |
divāsvapno hito+anyasmin kaphapittakaro hi
saḥ | | 57 | |
muktivā tu bhāṣyayānādhvamadyastrībhāraka-
rmabhiḥ | | 57 | |
krodhaśokabhayaiḥ klāntān
śvāsahidhmātisāriṇaḥ | | 58 | |
vṛddhabālābalakṣiṇakṣatatr̥ṣūlapīditān | | 58 | | 5
ajīrṇyabhihatōnmattān
divāsvapnocitānapi | | 59 | |
dhātusāmyaṃ tathā hyeṣāṃ śleṣmā cāṅgāni
puṣyati | | 59 | | § 2108

1.7.131 Sarvāṅgasundarā

divāsvanpasyāsamyagyotvamapatradati-grīṣma iti | grī-
ṣme vāyucayādīnāṃ sdbhāvāt divāsvapno hitaḥ | ādāna-
grahaṇaṃ śīśiradinādārabhya pratidinavṛddhyā+atīśayitasya
raukṣyasya rātryalpabhāvasya ca prāptyartham | any-
athā vāyucayavattayorapi grīṣmamātrahetukayoḥ prā- 5
ptiḥ | tatra divāsvapnaḥ snigdhatvādvāyucayaṃ rau-
kṣyaṃ ca hanti, mātrāpūraṇādrātryalpatvakṛtaṃ hīnaya-
ogaṃ ca | nanu, vātaghno+api divāsvapnaḥ kaphapittaka-
ratvādahitaḥ | vakṣyati hi (hr̥. sū. a. 13/16)- "prayogaḥ
śamayevdyādhiṃ yo+anyamanyamudīrayet | nāsau viśu- 10
ddhaḥ, śaddhastu śamayedyo na kopayet | |" iti | ata āha-
nyasminnityādi | hi-yasmāt, saḥ-divāsvapno, grīṣmāda-
nyasminnṛtau bhāṣyāklāntādīn muktivā kaphapittakaraḥ |
na ca grīṣme, na ca bhāṣyāklāntādīn | tatra grīṣme kāla-
svabhāvāt | uktaṃ ca carakeṇa (sū. a. 89/44)- "grīṣmav- 15
arjyeṣu kāleṣu divāsvanpātprakupyataḥ | śleṣmapitte di-

vāsvanpastasmātteṣu na śasyate | |" iti | bhāṣyāklāntād-
īnāṃ tu kutaḥ ? ityāha-dhātuvityādi | hi-yasmāt, eṣāṃ-
bhāṣyāklāntādīnāṃ, tathātenaparakāreṇa, dhātusāmyaṃ bh-
avati | samībhūtaḥ śleṣmā śiraḥkaracaranādīṅyaṅgāni pu-
5 ṣṇāni | dhātavo-vātādayo rasādayaśca | dhātusāmyahe-
tutvāna kaphapittakarātvaṃ | kaphapittavṛddheḥ sā-
myārthatvāna vikārārambhakadoṣahetutvaṃ | bhāṣyaṃ-
vāgvvyāpāraḥ | yānaṃ-aśvādinā gamanam | adhvā-padbhayāṃ
gamanam | madyaṃ-madyapānam | strī-sambhogaḥ | bhāraḥ-
10 śiraḥ skandhādibhīrguruvastuvahanam | karma-kāyavyāpāraḥ |
kṣataḥ-kṣākāsī | abhihataḥ-śāstraprahārādīpīḍitaḥ | divāsvapnocitaḥ-
sātmyībhūtadivāsvapnaḥ | ayaṃ ca divāsvapno muhūrta-
meva kartavyaḥ | yadāha suśrutaḥ (śā. a. 4/38)- "prtiśiddh-
eṣvapi bālavṛddha" ityādi yāvat "muhūrtamātraṃ svapa-
15 nam" iti | § 2109

1.7.132 Aṣṭāṅgahr̥dayasaṃhitā

bahumedaḥkaphāḥ svapyuḥ snehanityāśca
nāhani | | 60 | |
viṣārtaḥ kaṅṭharogī ca naiva jātu
niśāsvapi | | 60 | | § 2111

1.7.133 Sarvāṅgasundarā

tathā, bahumedaḥśleṣmāṅgaḥ snigdhāhārādīśīlinaśca grī-
ṣme+apyahani na svapyuḥ | viṣārtaḥ kaṅṭharogī ca rātri-
svapi kadācidapi na svapyāt | § 2112

1.7.134 Āyurvedarasāyana

divāsvanpasyāsamyagyogatvaṃ pratiprasavati-bahumeda
iti | bahumedaḥprabhṛtayo grīṣme+api bhāṣyāklāntādi-
tve+api na divā svapyuḥ | rātrisvapnasya samyagyogatvamapavadati-
viṣārta iti | jātukadācit | § 2113

1.7.135 Aṣṭāṅgahr̥dayasaṃhitā

akālaśayanānmohajvarastaimityapīnasāḥ | | 61 | |

śīrorukśophahr̥llāsasrotorodhāgnimandatāḥ | | 61 | | § 2115

1.7.136 Sarvāṅgasundarā

akāle śayanam-svapnaḥ,-akālaśayanam, tasmādakālaśayanāt mohādayaḥ syuḥ | staimityam-gātrāṇām nirutsāh-tvam | § 2116

1.7.137 Āyurvedarasāyana

athāsamyagyogajā rogāḥ | tatra mithyāyogātiyogajān rogānāha-akālaśayanāditi | akālaśayanāt-dvividhātprāguktāt | staimityam-ārdrapaṭāvanaddhāṅgatvam | saṅgrahe (sū. a. 9)- "kaṇḍū-sakoṭhapīṭikāḥ kāsatanḍrāgalāmayāḥ | halīmakārddhāva-bhedaśophārocakagauravam | | viṣavegapravṛttiśca bhav- 5
edahitanidrayā | | " iti | § 2117

1.7.138 Aṣṭāṅgahr̥dayasaṃhitā

tatropavāsavamanasvedanāvanamauśadham | | 62 | |

yojayedatinidrāyām tīkṣṇam

pracchardanāñjanam | | 62 | |

nāvanam laṅghanam cintām vyavāyam

śokabhīkrudhaḥ | | 63 | |

ebhireva ca nidrāyā nāśaḥ

śleṣmātiśaṅkṣayāt | | 63 | | § 2121

1.7.139 Sarvāṅgasundarā

tatra-teṣvakālasvapnajeṣu rogeṣu, upavāsādyauśadham yojayet | nidrāyāśca bāhulyena rātriḥ kālaḥ | tathā cuktam (saṅgrahe sū.a.9)-"lokādisargaprabhavā tamomūlā tamomayī | bāhulyāttamaso rātrau nidrā prāyeṇa jāyate | | " iti | atinidrāyām satyām tīkṣṇāni vamanāñjananasyāni yojayet, 5

laṅghanādi ca | ebhireva ca-tīkṣṇavamanādibhirnidrāyā
nāśo bhavati | śleṣmākhyasya dhātoratiśayenāpacayāt |
§ 2122

1.7.140 Āyurvedarasāyana

akālaśayanajānāmauṣadhamāha-tatreti | atiyogasyauṣadhamāha-
yojayediti | sa dvividhaḥ,-vegodīraṇaje nidrādhikeyaśca |
tatrādyā ukto rogānutpādanīye, iha dvitīyaḥ | tasya hetur-
uktaḥ saṅgrāhe (sū. a. 9)-"apacyamāno bāhulyātstrotāṃsy-
5 āvṛṇute kaphaḥ | tataḥ strotāḥsu ruddheṣu jāyate gātraga-
uravam | | gurugātrasya cālasyamālasyādatinidratā | " iti |
laṅghanam-dvādaśavidham | vamananāvanayostu graha-
ṇamatiśayārtham | vyavāyam-sambhogam | hīnayogasya
hetumāha-ebhireveti | sa dvividhaḥ,-nidrāvidhāraṇajo ni-
10 drāvināśayaśca | tatrādyā ukto rogānutpādanīye, iha dvitī-
yaḥ | ebhiḥ-atinidrauṣadhaiḥ | śleṣmātisaṅkṣayāditi hetu-
kathanamanyeṣāmapī śleṣmakṣapaṇānām nidrānāśahetu-
tvakhyāpanārtham | § 2123

1.7.141 Aṣṭāṅgahr̥dayasaṃhitā

nidrānāśādaṅgamardaśirogauravajṛmbhikāḥ | | 64 | |
jāḍyaglānibhramāpaktitandrā rogāśca
vātajāḥ | | 64 | | § 2125

1.7.142 Sarvāṅgasundarā

nidrānāśādaṅgamardādayo vātotthāśca rogāḥ syuḥ | § 2126

1.7.143 Sarvāṅgasundarā

nidrānāśajān rogānāha-nidrānāśāditi | jāḍyam-jñānabhramśaḥ |
apaktiḥ-āhārasyāvīpākaḥ | vātajā rogāḥ-ākṣepakādayaḥ |
§ 2127

1.7.144 Aṣṭāṅgahṛdayasaṃhitā

yathākālamato nidrāṃ rātrau seveta sātmyataḥ | | 65 | |
asātmyājāgarādarḍham prātaḥ
svapyādabhuktavān | | 65 | | § 2129

1.7.145 Sarvāṅgasundarā

yataśca samyak sevitāyā nidrāyā asamyak sevitāyāścā+anantaroktā
guṇadoṣāḥ | ataḥ-asmāddhetoḥ, kālānatikrameṇa sātmyato-
yāmadvayaṃ trayam vā, niśi nidrāṃ bhajet | asātmyājāg-
arādarḍhena prātaḥ svapyāt | abhuktavān-abhukte sati |
asātmyagrahaṇenaitat dyotayati,-na sarvasya rātrāvasupt- 5
asya jāgaraṇakālādarḍhena divāsvapna iṣyate, kiṃ tarhi ?
yo yāvantaṃ kālamucitaṃ svapiti tasmātkālādyāvantaṃ
kālam niśi jāgryāttāvato+ardhenāsau prātaḥ svapyāt | ke-
cidddhi svalpanidrāḥ svabhāvato bhavanti | § 2130

1.7.146 Āyurvedarasāyana

asamyagyogaṃ niśidhya samyāgyogaṃ vidhatteyathā-
kālamiti | nidrāṃ rātrau seveta, na divā | rātrāvapi
yathākālam-pravṛttikālānatikrameṇa, yasya yasmin rātri-
vibhāge nidrā pravartate sa tasminneva sevetetyarthaḥ |
sātmyataḥ-yāmadvayayāmatrayādisātmyānurodhena | 5
rā-
trāvanidritasya divā svanpaṃ vidhatte-asātmyeti | prātaḥ
pūrvāhṇe svapyāt | abhuktavān-akṛtabhojanaḥ | asātmiy-
ārātrijāgaraṇakālādarḍhakālam | sātmyaścedrātrijāgara-
stadā prātarnaiva svapyāt | arddhamityasātmyajāgarajani- 10
tadoṣanivartakanidrāparyāptakālopalakṣaṇam | ata evāha
khāraṇādiḥ-" asuptānāṃ tathā rātrau tanmātraṃ svapa-
naṃ divā | | " iti | bhedo+apirātrau svapyānna yāmāṃstr-
iṃstānsvapyāddvirdivā naraḥ | etadapyāhurārogyaṃ nā-
tra doṣo+asti kaścana | | " iti | § 2131

1.7.147 Āyurvedarasāyana

atha samyagyogahetuḥ | sa trividhaḥ,-jaghanyamadhyamottamabhedāt |
tatra jaghanyamāha-śīlayediti | mandāmūḍhā svakālāna-
442

bhijñā, nidrā yasya saḥ-mandanidraḥ | rasānmāṃsarasān |
mūrddhatarpaṇaṃ-mūrddhatailam | karṇatarpaṇaṃ-karṇapūraṇam |
akṣitarpaṇaṃ-prasiddham | madhyamamāha-kānteti | nirvṛtiḥ-
sikham | kṛtakṛtyatāpūrṇamanorathatvam | viṣayāḥ-śabdādayaḥ |
5 madhyamamāha-kānteti | nirvṛtiḥ-sukham | kṛtakṛtyat-
āpūrṇamanorathatvam | viṣayāḥ-śabdādayaḥ | kāmam-
atyantam | uttamamāha-brahmacaryarateriti | brahācaryarateḥ-
brahmacaryāsaktasya | grāmyasukhaṃ sambhogaḥ, tatra
niḥspr̥haṃ-tato nivṛttaṃ, ceto yasya | saṃtoṣatr̥ptasya- ya-
10 thālābhataṣṭasya | svaṃ kālaṃ nātivartate-ucita eva kāle
āyātītyarthaḥ | § 2132

1.7.148 Aṣṭāṅgahr̥dayasaṃhitā

śīlayenmandanidrastu kṣīramadyarasān dadhi | | 66 | |
abhyaṅgodvartanasnānamūrddhakarṇākṣitarpaṇam | | 66 | |
kāntābhūlatāśleṣo nirvṛtiḥ kṛtakṛtyatā | | 67 | |
mano+anukūlā viṣayāḥ kāmam
nidrāsukhapradāḥ | | 67 | |
5 brahmacaryaratergrāmyasukhaniḥspr̥hacetasaḥ | | 68 | |
nidrā saṃtoṣatr̥ptasya svaṃ kāle
nātivartate | | 68 | | § 2138

1.7.149 Sarvāṅgasundarā

yo mandanidraḥ sa kṣīrādīn śīlayet | kāntābhūlatāśleṣād-
ayo nidrāsukhahetavaḥ | kāntābhūlatāśleṣagrahaṇamāśl-
eṣamātrameva nidrāsukhahetuḥ, na tu grāmyadharmasev-
eti darśanārtham | ata evānantaramāha-"brahmacaryaraternidrā
5 svaṃ kālaṃ nātivartate | " iti | brahmacaryaratasyāpyanur-
āgato maithunābhilāṣo nidrāṃ nāśayedityāha-grāmyasukhe
niḥspr̥haṃ ceto yasya sa tasya | tathā, saṃtoṣatr̥ptasya |
§ 2139

1.7.150 Aṣṭāṅgahr̥dayasaṃhitā

grāmyadharme tyajennārīmanuttānām rajasvalām | | 69 | |
 apriyāmapriyācārām
 duṣṭasaṅkīrṇamehanām | | 69 | |
 atisthūlakṛśām sūtām
 garbhiṅīmānyayoṣitam | | 70 | |
 varṇinīmānyayoniṃ ca
 gurudevanṛpālayam | | 70 | |
 caityaśmaśānā+a+āyatanacatvarāmbucatuṣpatham | | 71 | |
 parvāṅyanāṅgam divasaṃ
 śirohṛdayatāḍanam | | 71 | |
 atyāśito+adhṛtiḥ kṣudvān duḥsthitāṅgaḥ
 pipāsitaḥ | | 72 | |
 bālo vṛddho+anyavegārtastyajedrogī ca
 maithunam | | 72 | | § 2147

1.7.151 Sarvāṅgasundarā

grāmyadharme-stṛīpuṃsaṃyogaviṣaye, anuttānaṃ stri-
 yaṃ tyajet, uttānām- bhajedityarthaḥ | tathā, rajasvalatv-
 ādiyutām tyajet | duṣṭam vyādhimalādibhiḥ, saṅkīrṇaṃ-
 saṅkaṭam ca, mehanam-yoniryasyāstām | tathā, varṇinīm-
 brahmacāriṅīm | anyayoniṃ-ajāmahiṣyādiṃ ca tyajet | gu- 5
 rvityādi | grāmyadharme nirvartane sati gurudevanṛ-
 pālayāmstyajet | tathā, caityādīmstyajet | teṣu striyaṃ
 na saṅgacchedityarthaḥ | caityādīnām paryāyā dina-
 caryāyāmuktāḥ | āyatanam-duṣṭānām nigrasthānam |
 parvāṅni-ravisaṅkrāntyādīni tyajet, teṣu kāmam na seve- 10
 tettyarthaḥ | tathā, anaṅgam,-aṅgam-jaghanam, nāṅgam-
 anaṅgamaṅgasadṛśam jaghanakāryanirvartanayogyam mu-
 khādikamucyate | dākṣiṇātyā hi mukhena tat kurvanti, ta-
 nniṣidhyate | divasaṃ ca tyajet, dine rataṃ na kurvanti, ta-
 nniṣidhyate | divasaṃ ca tyajet, dine rataṃ na kurvītetya- 15
 rthaḥ | mūrdhavaḥ+abhighātam ca tyajet | tathā, atyāśi-
 tādayaḥ suratam tyajeyuḥ | atyāśitaḥatisuhitaḥ | adhṛtiḥ-
 durmanāḥ | anyavegārtam-purīṣādivegāturaḥ | nanu, kṣu-
 dvegārta ucyate | tato+anyavegārta ityanenaivāsyārthasya
 labdhatvāt kiṃ kṣudvānityanena? satyametat | atīśayā- 20
 rtham tvetat | yathā kṣudvegārtaḥ striyaṃ gacchannatīśa-
 yena pīḍayā bādhyate, na tathā+anyavegārta iti | § 2148

1.7.152 Sarvāṅgasundarā

athāvidhisambhogādāhārarakṣā | tatra sambhoganiṣiddhānyāha-
grāmyetyādi | grāmyadharme-sambhoge, anuttānatvādi-
viśiṣṭaṃ nārīṃ tyajet | apriyāṃ-anabhīṣṭāṃ | apriyārāṃ-
aniṣṭācaraṇāṃ | doṣamehanāṃ-doṣadūṣitayoniṃ | sakrīrṇamehanāṃ-
5 saṅkucitayoniṃ | atisthūlāmatikṛśāṃ ca | sūtāṃ-asampūrṇādhyarddhamāsapras
anyayoṣitaṃ- parastriyam | varṇinīṃ-brahācāriṇīṃ | anyayiniṃ-
vijātīyāmajāmaḥiṣyādim | gurvālayādīṃśca tyajet | ca-
ityādayo dinacaryāyāṃ vyākhyātāḥ | ambu-jalāsayaḥ |
āyatanāṃ-vadhasthānaṃ | parvāṇi-puṇyakālāḥ | anaṅgaṃ-
10 hastamukhādi | divasaṃaparvaṇyapi | śirastāḍanaṃ hr̥-
dayatāḍanaṃ ca-muṣṭyādinā | dinacaryāyāṃ sāmāny-
ato niṣiddhasyāpi devālayādeḥ punarniṣedhaḥ sambh-
oge deṣabhūyastvakhyāpanārthaḥ | atyāśitādeḥ sambho-
gaṃ niṣedhati-atyāśita iti | atyāśitaḥ-atitrptaḥ | adhr̥tiḥ-
15 ahr̥ṣṭaḥ | kṣudvān-kṣudhitāḥ | duḥsthitāṅgaḥ-viṣamasthitagātraḥ |
pipāsitaḥ-tr̥ṣitaḥ | anyavegārtāḥ-śukretaravegapīḍitaḥ | kṣ-
uttr̥sorvegatve+api pṛthaggrahaṇamālpayorapi tayorniṣe-
dhārtham | § 2149

1.7.153 Aṣṭāṅgahr̥dayasaṃhitā

seveta kāmataḥ kāmaṃ tr̥pto vājīkṛtāṃ hime | |73| |
tryahādvasantaśaradoḥ
pakṣādvarṣānidāghayoḥ | |73| | § 2151

1.7.154 Āyurvedarasāyana

ṛtuvaśātsambhogaṃ vidhatte-seveteti | himehemantaśīsir-
ayoḥ | kāmaṃ-sambhogaṃ | kāmataḥ-svecchayā | vasante
śaradi ca vdyahāt-vdyahamantaraṃ kṛtvā | vṛṣṭinidādh-
ayoḥ pakṣāt-pakṣamantaraṃ kṛtvā | "saptamīpañcamyau
5 kārakamādhye " iti pañcamī | vājīkṛtāṃ tr̥pta iti sarvatra
sambadhyate | vājīkṛtāṃ-vājīkaraṇānām | "karaṇe suhitā-
rthānām" iti ṣaṣṭhī | ayaṃ ca vidhiruttamabalāpekṣaḥ | hī-
nabalānām maithunaṃ tu samācaret | varṣāsu navarātrā-
ttu daśārātāccharadyapi | | pañcāhācchītasamaye satpāhā-

cchiśire tathā | pakṣādvasante, grīṣme tu māsi māsi samāc-
aret | | nidāghe paścime māsi maithunaṃ na samācaret | | "
iti | § 2152

1.7.155 Sarvāṅgasundarā

ṭṛpto-vājīkaraṇaiḥ sañjātasantarpaṇaḥ san, kāmato- yath-
ecchayā, hime-hemantartau śiśire ca, kāmaṃ-yathecchaṃ,
seveta | vājīkṛtāmiti sampadāditvātkvip | ṭṛpta iti kto+adhikaraṇe
ca dhrauvyetyādinā+adhikaraṇe ktaḥ | adhikaraṇavācina-
śceti ṣaṣṭhī | vasante śaradi ca tryahāt-trayahamatikramya, 5
maithunaṃ niṣeveta | varṣāgrīṣmayoḥ pakṣāt kāmam bh-
ajet | § 2153

1.7.156 Sarvāṅgasundarā

anyathā-uktādividheranyena prakāreṇa, striyaṃ gacchato
bhramādayaḥ syuḥ | aparvaṇi-akāle maraṇam-aparvamaraṇam |
§ 2154

1.7.157 Aṣṭāṅgahrdayasaṃhitā

bhramaklamorudaurbalyabaladhātvindriyakṣayāḥ | | 74 | |
aparvamaraṇam ca syādanyathā gacchataḥ
striyam | | 74 | | § 2156

1.7.158 Āyurvedarasāyana

uktāvidhyatikrame doṣamāha-bhrameti | ūrudaurbalyaṃ-
sakthiśaithilyam | balādīnāṃ kṣayaḥ | aparvamaraṇam-ak-
ālamṛtyuḥ | anyathā striyaṃ gacchataḥ-uktaprakārādanyena
prakāreṇa sambhogam bhajataḥ | uktaṃ ca rasāyurvede-
"viparītarataprāptyā liṅge dāhaḥ prajāyate | kārśyaṃ ca sa- 5
rvagātreṣu, tatpratīkāra ucyate | | pratyagbastim nibadhy-
aiva liṅgācūṣaṇamācaret | kṣaraṇe tasya sañjāte snāpaye-
cchītalāmbunā | | kolaniryāsamādāya pāyayettaṃ saśark-
aram | śālmalīdūrvayormūlasaṃ pāyasamāśayet | | " iti |
§ 2157

10

1.7.159 Aṣṭāṅgahr̥dayasaṃhitā

smṛtīmedhāyurārogyapuṣṭīndriyayaśobalaiḥ | |75| |
adhikā mandajaraso bhavanti strīṣu
saṃyatāḥ | |75| | § 2159

1.7.160 Sarvāṅgasundarā

strīṣu saṃyatāḥ-strīḥ samyak sevamānāḥ, smṛtyādibhira-
dhikā alpajarāśca bhavanti | § 2160

1.7.161 Āyurvedarasāyana

vidhyācaraṇe phalamāha-smṛtīti | strīṣu saṃyatāḥvidhinā
strīḥ sevamānāḥ, smṛtyādibhiradhikā mandajarasaśca bh-
avanti | indriyaṃ-śukram | mandajarasaḥ-cirasthāyiyauvanāḥ |
§ 2161

1.7.162 Aṣṭāṅgahr̥dayasaṃhitā

snānānulepanahimānilakhaṇḍakhādyā śītāmbudugdhar-
asayūṣasurāprasannāḥ | |76| |
seveta cānu śayanaṃ viratau ratasya
tasyaivamāśu vapuṣaḥ punareti
dhāma | |76| | § 2163

1.7.163 Sarvāṅgasundarā

ratānte yathaucityena snānādīn seveta | khaṇḍdakhā-
dyaṃ khaṇḍakṛtaṃ kaṇiketyādi(?) | raso-māṃsarasaḥ |
cānuśayanamiti | anu-paścācca, svapnaṃ seveta | tasya-
snānādisevinaḥ śarīrasya, evaṃ-asminkṛte, dhāma-tejo,
5 bhūya āgacchati | tmau jau vasantatilakaṃ gurukadvayaṃ
ca | saṅgrāhe coktam (sū.a.9)- "snānāṅgarāgavyajanendu-
pādayūṣāsavakṣīrarasān rasālām | bhakṣyān sitāḍhyān sa-
lilaṃ suśītaṃ seveta nidrām ca ratāntatāntaḥ | |" iti | § 2164

1.7.164 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ- sambhogāvasāne sevyānāha-snāneti | himānilaḥ-
śīśiramārutaḥ |
khaṇḍakhādyam-śarkarāpracuram
bhakṣayam | śītāmbu-śītodakam |
raso-māmsarasaḥ | prasannā-acchasurā |
śayanam-nidrā | etāni ratasya viratau,
anu-samanantameva seveta | evaṃ kṛte,
tasya-ratakṣīṇatejasah,
vapuṣodhāma-śārīram tejaḥ,
punarapyāśu-śīdhram, eti-prāpnoti | § 2165

1.7.165 Aṣṭāṅgahr̥dayasaṃhitā

etañca sarvaṃ pūrvoktaṃ hitāhitam vaidya eva
vetti | | 77 | |
bhavati vipulatejaḥsvāस्थ्यakīrtiprabhāvaḥ
svakuśalaphalabhogī
bhūmipālaścirāyuḥ | | 77 | |
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ
sūtrasthāne+annarakṣā nāma
saptamo+adhyāyaḥ | | 7 | |
śrutacaritasamṛddhe karmadakṣe dayālau
bhiṣaji niranubandham deharakṣāṃ
niveśya | | 77 | | § 2169

1.7.166 Sarvāṅgasundarā

adhyāyārthamupasamharati-śruteti | uktaprakārānnakṣā-
dvāreṇa deharakṣāṃ bhiṣaji niveśya, bhūmipālaścirāyu-
rbhavati | kīdr̥śe bhiṣaji ? śrutacaritasamṛddhe-śāstraśāstroktānuṣṭhānasa
karmadakṣe-upacārakuśale, dāyālau-kāruṇike | niranubandham-
niḥśāṅkam | tejaḥ-kāntiḥ | svāस्थ्यam-ārogyam | kīrtiḥ- 5
yaśaḥ | prabhāvaḥ-pratāpaḥ | svakuśalaphabhogī-svopārjitapuṇyaphalop

cirāyuh-dīrghāyuh | saṅgrahe tu (sū. a. 9)- "manaḥsarīr-
 asthitimātrameva vyavāyaṃ seveta | na tu tatparaḥ syā-
 diti | bhavati cātra | viśrabdhahrṣṭo rahasitatkāmastaru-
 ṇaḥ pumān | samasthitāṅgaḥ surabhirmuktamūtrādiravy-
 5 athaḥ | | nānāśito nātyaśito vṛṣyāṇāṃ tarpitastryaham |
 nārīṃ nārīguṇairyuktāṃ sahapūrvaguṇāṃ vrajet | | (strīs-
 aṃsargāddhi sadyaḥ syāt klībatā balināmapi | evaṃ cāpy-
 āyyate śīghraṃ teṣāṃ śukraṃ ca dhāma ca | |) ddaṣṭyāyu-
 rojaḥ śukrāṇāṃ kṣayaṃ meḍhrāśrayān gadān | vāyoḥ ko-
 10 pamadharmāṃ ca mūḍhaḥ prānpotyato+anyathā | | utt-
 āno vegarodhī ca vṛddhimehāśmaśarkarāḥ | timirā dig-
 dotpattirmūrdhādyaḥananāddhuvam | | na cārvāk ṣoḍ-
 āśādvārsāt saptateḥ parato na ca | āyuskāmo naraḥ strī-
 bhiḥ saṃyogaṃ kartumarhati | | atibālo hrāsampūrṇasa-
 15 rvadhātuḥ striyaṃ vrajan | uparapyeta sahasā taḍāgamiva
 kājalam | | śuṣkaṃ rūkṣaṃ yathā kāṣṭhaṃ jantujagdham
 vijarjaram | sprṣtamāśu viśīryeta tathā vṛddhaḥ striyaṃ
 vrajan | | kāyasya tejaḥ paramaṃ hi śukramāhārasārād-
 api sārabhūtam | jitātmānā tatparirakṣaṇīyaṃ tato vapuḥ
 20 santatirapyudārā | | apramatto bhajedbhāvāmstadātvasu-
 khasaṃjñakān | sukhodarkeṣu sajjeta dehasyaitadalaṃ hi-
 tam | | prajñāparādho+asātmyārthasaṃyogaḥ kālavaikṛ-
 tam | hite+api ratamāhāre yojayantyāmayairnaram | | nā-
 pathyasevinam sadyaḥ prabādhante tadā malāḥ | prako-
 25 paṃ prativighnanti bhinnairdūṣyādibhiryadā | | na ca sar-
 vvo+apacāro+api sarvadā sarvadoṣakṛt | na hisarvāṇyap-
 athyāni tulyadoṣāni naiva ca | | sarve tulyabalā doṣā na sar-
 rvāni vapūṃṣi ca vyādhikṣamatve śaktāni yato+apathyam
 tadeva tu | | gacchatyapathyatamatāṃ tulyadūṣyādiva-
 30 rddhitam | ta eva ca punardoṣā hetubhirbahu bhiścītāḥ | |
 mitho viruddhā balino dīrghakālānuvartinaḥ | sarve sa-
 maṃ prakrupitāḥ prāpyālpamapi kāraṇam | | prāṇāya-
 tanamāśritya gambhīrāḥ sarvamārgagāḥ | dehe hitocite
 te syuścīrādapyāśukāriṇaḥ | | ahitānyapi cānye pāmabhy-
 35 āsādupaśerate | doṣāsaiva kṣāyaṃ yānti karmavātātāp-
 ādibhiḥ | | atha bahūnāmekarogotpattiḥ | bhinnāhārava-
 yaḥ sātmyaprakṛtīnāṃ samaṃ bhavet | eko vikṛtavāyv-
 ādiyugapatsevanādgadaḥ | | vātādīnāṃ tu vikṛtirikṛtā-

dagrahacāratāḥ bhaumāntarikṣadivyebya utpātebhyaśca
 jāyate | | sambhavaḥ punareteṣāṃ karmaṇaḥ sāsudāyi-
 kāt | duṣṭo vāyurabhiśyandī stimito+atyuṣṇaśītalāḥ | | ku-
 ṇḍalī bhairavaravaḥ paruṣo+anārtavo balī | anyonyavy- 5
 āhatagatiḥ pāṃśubāṣpaviṣānvitaḥ | | rasavarṇādivikṛta-
 mapakrāntavihaṅgamam | ninditaprabhavaṃ toyamupa-
 kṣiṇajaleśayam | | makṣikāmūṣikavyālabahūtpātapradūṣ-
 itāḥ | deśo+apthyānnabahulo naṣṭadharmamahauṣadhiḥ | |
 kālaśca viparītātihīnaliṅgo yathāyatham | ete duṣparihār-
 atvādahitāyottarottaram | | yeṣāmaniyataṃ karma tasmin 10
 kāle sudāruṇe | karma pañcavidhaṃ teṣāṃ yojyaṃ tadv-
 adrasāyanam | | śasyate dehavṛttiśca bheṣajaiḥ pūrvam-
 uddhṛtaiḥ | brahrācaryaṃ dayā dānaṃ jitātmanām | deś-
 ānāmavipannānām sādḥūnām ca niṣevaṇam | | daivavy- 15
 apāśrayaṃ ceṣṭaṃ karma dīvitarakṣaṇam | hemantādiṣu
 kurvīta svam svam cākālikeṣvapi | | vidhiṃ tacchīlanam
 yasmācchītādidvandvakāritam | ṛtucaryā hi śītoṣnavṛṣṭid-
 oṣapratikriyā | | ata eva ca caryāyām hemantaśīśirau sa-
 mau | athākālamṛtyuḥ | sarvaprāṇabhṛtām nityamāyury- 20
 uktimapekṣate | daive puruṣakāre ca sthitaṃ hyasya ba-
 lābalam | | anyajanmakṛtaṃ karma daivaṃ pauraṣamai-
 hikam | vidyātte karmaṇī tredhā śreṣṭhamadhyāvaratva-
 taḥ | | tayorudārayoryuktirdīrghasya susukhasya ca | ni-
 yatasyāyūṣo heturviparītasya cāvarā | | madhyā madhya- 25
 sya, miśrasya saṅkīrṇā, śṛṇu cāparam | daivaṃ puruṣak-
 āreṇa dirbalaṃ hrāpahanyate | | tathā daivenabalinā pa-
 uruṣaṃ karma durbalaṃ | ddaṣṭvā yadeke manyante ni-
 yataṃ mānamāyūṣaḥ | | karma kiñcit kvacitkāle vipāka-
 niyataṃ mahat | kiñcitvakālaniyataṃ pratyayaiḥ pratibo-
 dhyate | | evaṃ ca dvividho mṛtyuḥ kālākālavibhedataḥ | 30
 upadiṣṭastataścaīṣa hitāhitavidhikramaḥ | | ekottaraṃ mṛ-
 tyuśataṃ bruvate vedavādinaḥ | tatraikaḥ kālasamyuktaḥ
 śeṣāstvāgantavaḥ smṛtāḥ | | śyenājirādiyāgena bhrātrvy-
 asya tathā ca taiḥ | dairdhyāśravasasomādyairvihitastvā-
 tmano vadhaḥ | | āyūṣkāmasya tatprāptistatreṣṭyā mitravi- 35
 ndayā | sarvasmādeva cātmānaṃ gopāyedīddaśī smṛtiḥ | |
 tathā maraṇamuddiṣṭaṃ saugatānām caturvidham | viṣ-
 amāparihāreṇa jāyate niyatāyūṣāma | | dhruvaṃ rogitv-

amanyeṣāṃ mṛtyureva tvaparvaṇi | akāṇḍe śastradhārā-
 dyaiḥ pratyakṣo mṛtyuranyathā | | udbhrā ntacaṇḍamā-
 taṅgaturaṅgādisamāgamam | arātiduṣṭavātādisāsāhita-
 bhojanam | | varjayediti na brūyurmunayo divyā cakṣu-
 5 ṣaḥ | daivavyapāśrayādīśca rasāyanavidhiṃ vinā | | na vā
 te+api yathākāmamāyusaḥ sthitimāpnuyuḥ | ahisiṃhaga-
 jādibhyo viduṣāṃ na bhayaṃ bhavet | | mithyā prākārad-
 urgāṇi mithyā māraṇarakṣaṇam | āyuṣkāmasya mithyaiva
 paradārādivarjanam | | mantradevatayā+a+ahūtā nācakṣ-
 10 īran mahāhayaḥ | viṣasutpaprabuddhasthā bhāvābhāvau
 tadāyusaḥ | saṃnyāsarohiṇīkādigrastasya sahasā bhavet |
 upekṣayā na maraṇaṃ jīvitam vā cikitsayā | | pratyahaṃ
 nṛsahastrasya yuddhe+anyonyamabhighnataḥ | sādhuṣṛ-
 ttasya cātulyā na bhavedātuṣaḥ sthitiḥ | | nāyudhairdviṣa-
 15 mindrādya nauṣadhairārtamaśvinau | upakrameranna bh-
 avedakālāmarāṇaṃ yadi | | ghaṭānāmāmapakvānām pāla-
 nāparipālanaiḥ | cirālpakālavartitvaṃ citrasthānām ca dd-
 aśyate | ityatyantaprasiddhe+api siddhe sarvāgamairapi |
 ddaṣṭe+apyakālamaraṇe vicikitset kathaṃ budhaḥ | | gu-
 20 ṇavadbhiṣagādīnām sambhave sambhavettu yaḥ | mṛtyu-
 ustaṃ kālajaṃ prāhuritaraṃ tadviparyaye | | yathā ratho
 vāhyamāno nyāyena kramaśaḥ kṣayam | yāyādātmavat-
 āmāyustathā+anyeṣāṃ viparyayaḥ | | śucitailadaśodīpaḥ
 kīṭavātādyapīḍitaḥ | dīptimān vartate samyak yathaiva sn-
 25 ehasaṅkṣayāt | | sa evāto yathā ca syādviparīto viparyaye |
 hitāhitopacāreṇa tathaiva puruṣo dhruvam | | sarvama-
 nyat pariyajya śarīraṃ pālayedataḥ | tadabhāve hi bhāvā-
 nām sarvābhāvaḥ śarīriṇām | | nagarī nagarasyeva ratha-
 syeva rathī sadā | svaśarīrasya medhāvī kṛtyeṣvavahito bh-
 30 avet | | āhāraikalpanāhetūn svabhāvādīn viśeṣataḥ | sam-
 īkṣya hitamaśnīyāddehohyahārasambhavaḥ | | bhīlajjāya-
 ntraṇālobhaharṣaśokavaśaṃgataḥ | na jātu dhārayedveg-
 āṃstaddhi sarvāpadāṃ padam | | hitamabhyasyataḥ pu-
 ṃso nākāle kāladaṃṣṭrayā | sañjāyate parāmarśo balots-
 35 āhendriyāyusaḥ | | ahitāni ca santyajya doṣamapyāpnuy-
 ādyadi | tathā+apyānṛṇyamāyāti sādhnāmātmavāniti | |
 yacca rogasamutthānaṃ na śakyamiha kenacit | pariha-
 rtuṃ na tatprāpya śocitavyaṃ maṇiṣiṇā | | hitāhāravihā-

rāṇām sadācāraṇiṣevīṇām | lokadvayavyapekṣaṇām jīvi-
taṃ hrāmṛtāyate | | ḡṛdhnurgrāmyasukhe vaśyaḥ kleśā-
nām hatasatpathaḥ | mūḍho jīvatyanarthāya durgatiṃ pa-
ribṛṃhayan | | viduṣā+antaḥśārīrasthānnityaṃ sannihitā- 5
narīn | jītvā varjyāni ciraṃ jīvitumicchātā | | tadātve cānu-
bandhe vā tasmāt karmāsubhodayam | smarannātreya-
vaso na dhīmān kartumarhati | | iti | iti hemādriṭikāyāmā-
yurvedarasāyane | annarakṣāprakaraṇaṃ sāmastyena nir-
ūpitam | | 7 | | § 2170

1.7.167 Sarvāṅgasundarā

bhiṣaji śārīrarakṣaṇaṃ niranubandhaṃ-nirvikalpamādhāya,
pṛthvīśo bahukālamātmīya śreṣṭhaphalabhogavān bhav-
ati | tathā, tejaśca svāsthyaṃ ca kīrtiśca prabhāvaśca, ta
evam, vipulāḥ vistīrṇāḥ, tejaḥsvāsthyakīrtiprabhāvā yasya
sa evaṃvidhaḥ | kīdrīśo bhiṣaji ? śrutaṃ-śāstrāvabodhaḥ, 5
caritaṃ-ācāraḥ, tābhyāṃ samṛddhe-sampūrṇe | tathā, kri-
yācature | tathā, kṛpālau | vasumuniviratiścenmālinī nau
mayau yaḥ | iti śrīmrḡgāṅkadataputraśrīmadaruṇadatta-
viracitāyāmaṣṭāṅgahrdayaṭikāyāṃ sarvāṅgasundarākhy-
āyāṃ sūtrasthāne+annarakṣādhyāyaḥ saptamaḥ samā- 10
ptaḥ | | 7 | | § 2171

1.8 mātṛāṣitīyādhyāyo+aṣṭamaḥ : 8

1.8.1 Āyurvedarasāyana

mātṛāṣitīymadhyāyaṃ vyākhyātum pratijānīteatheti | ya-
taḥ pūrve+adhyāye "āhāro varṇitastatra tatra tatra ca
vakṣyate |" ityuktam (hr. sū. a. 7/53) | sa cāsādhāraṇo
yathāsvam vaktavyaḥ | asādhāraṇārthamayamadhyama-
dhyāḥ | ata eva mātṛāṣitīyaḥ | mātṛāśabdena samyamyogo 5
lakṣyate | sa cāsamyagyogasya tyāgātsambhavati | sa pu-
naḥ satpadhāsaṅkīrṇāśanaṃ, viruddhāśanaṃ, amātṛāśa-
rma,ajīrṇāśanaṃ, samaśanaṃ, adhyaśanaṃ, viṣamāśanaṃ
ceti | tatra niṣiddhanāṃ ḡṛhe niṣiddhairvā saha niṣiddhaṃ
cānnaṃ yatra bhujyate tat-saṅkīrṇā śanaṃ | tacca "śatrus- 10

atragaṇākīrṇagaṇikāpaṇikāśanam | " ityādyuktam (hr̥. sū. a. 2/43) | viruddhāśanam-ahitāśanam | tacca "viruddham-
api cāhāraṃ" ityādyuktam (hr̥. sū. a. 7/29) | amātrāśanādī-
nyatrotryante | mātrāvadapi yannajīryati tat-ajīrṇāśanam |
5 samaśanādīnyatraiva lakṣayiṣyati | a § 2172

1.8.2 Aṣṭāṅgahr̥dayasaṃhitā

athāto mātrāśitīyamadhyāyaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 2174

1.8.3 Sarvāṅgasundarā

athetyānantarye | yathā,-"athā+ato dharmajijñāsā | " ity-
atra mīmāṃsāyāṃ vedādhyayanādanantaram dharmo
jijñāsitavya ityarthāḥ | ata iti prastutābhisambandhe |
aśanam-aśitam | bhāve niṣṭhā | mātrayā+aśitaṃ-mātrāśitam,
5 tasmai hito mātrāśitīyaḥ | śeṣaṃ pūrvavadvyākhyeyam |
§ 2175

1.8.4 Aṣṭāṅgahr̥dayasaṃhitā

mātrāśī sarvakālaṃ syānmātrā hyagneḥ pravartikā | | 1 | |
mātrāṃ dravyāṅyapekṣante gurūṅyapi
laghūnyapi | | 1 | | § 2177

1.8.5 Sarvāṅgasundarā

sarvakālaṃ-svastha āturo vā, mātrāśī syāt-parimitāśī bha-
vet | kuto hetoḥ ? hi-yasmāt, mātrā+agneḥ pravartikā sva-
vyāpāre | agnipravṛttiśca dehasthitihetuḥ | tathā cuktam-
"agnimūlaṃ balaṃ puṃsāṃ balamūlaṃ hi jīvitam | " iti |
5 tasmānmātrāyāḥ prādhānyam | asmācca kāraṇānmātrā-
yāḥ prādhānyam yato mātrāṃ dravyāṅyapekṣante gurū-
ṅyapi laghūni ca | tatra gurūṅi-piṣṭakṣīradrākṣākṣodekṣumāṣānūpamāṃsādīni |
laghūni-divyodakaraktāśāliṣaṣṭikamudgalāvakapiñjalaiṇa-
śāśasambarādīni | § 2178

1.8.6 Āyurvedarasāyana

tatra mātṛaṃ vidhatte-mātṛāśīti | mātṛamaśnātīti mātṛāśī |
yadyapi mātṛāviśiṣṭānnapānasyaiva karmatvam, tathāpi
prādhānyārthaṃ mātṛāyāḥ karmatvavyapadeśaḥ | kima-
rthaṃ mātṛāśī syāt ? hi-yasmāt, mātṛā agneḥ pravartikāp-
acantamagniṃ pravartayati, pācayatītyarthaḥ | nanu, dra- 5
vyāṇyagnimindhana-tvātpravartayanti, na mātṛetyata āha-
mātṛāmiti | nanu, gurūṇi dravyāṇi durjaratvānmātṛāmap-
ekṣantām, na punarlaghūnītyata āha-gurūṇyapīti | § 2179

1.8.7 Aṣṭāṅgahr̥dayasaṃhitā

gurūṇāmardhasauhityaṃ laghūnāṃ nātīṭṛptatā | | 2 | |
mātṛāpramāṇaṃ nirdiṣṭaṃ sukhaṃ
yāvadvijīryati | | 2 | | § 2181

1.8.8 Sarvāṅgasundarā

gurūṇāṃ dravyāṇāmardhasauhityaṃ-ardhatṛptiḥ | laghū-
nāṃ nātīṭṛptatā-nātīṭṛptiḥ, kiṃ tarhi ? sauhityamātram |
etanmātṛāpramāṇaṃ nirdiṣṭaṃ | mātṛā-hrasvā madhyā br-
hatī ca, tasyāḥ pramāṇaṃ-mātṛāpramāṇaṃ | tatra mātṛā-
parimāṇaṃ mānam, tasyāstu pramāṇaṃ-unmānam | evaṃ 5
cātra mātṛāśabdasyāpaunaruktyam | hi yasmāt, yāvat pa-
rimāṇamabhyavahṛtaṃ sukhaṃ-avikṛtiṃ kṛtvā, jīryati-
pariṇamati | § 2182

1.8.9 Āyurvedarasāyana

nanu gurubhirlaghubhīrvā ṭṛptirevotpadyate, na teṣāṃ vi-
śeṣa ityata āha-gurūṇāmiti | yāvatā+a+ahārarāśinā ṭṛptir-
utpadyate tāvavo+ardhaṃ bhujyata iti-ardhasauhityam |
tāvanmātrameva-nātīṭṛptatā | nanu, evaṃ cenmātṛāyā avy-
avasthitatvam prāpnotītyata āhamātṛetyādi | mātṛāpramāṇaṃ-
mātṛālakṣaṇaṃ, yāvatsukhaṃ jīryati tāvanmātṛāśabdaḥ
vācyamītyarthaḥ | uktaṃ ca khāraṇādinā"yadanyavahṛta
samyagyathākālaṃ jarāṃ vrajet | prakṛtyavikṛtiṃ kṛtvā

tanmātrālakṣaṇaṃ viduḥ | |" iti | tasmādgurūṇāmardhas-
auhityaṃ sukhaṃ jīryati, laghūnāṃ nātīṭṛpateti nāvya-
sthā | § 2183

1.8.10 Aṣṭāṅgahr̥dayasaṃhitā

bhojanaṃ hīnamātraṃ tu na balopacayaujase | |3| |
sarveṣāṃ vātarogāṇāṃ hetutāṃ ca
prapadyate | |3| | § 2185

1.8.11 Sarvāṅgasundarā

hīnamātraṃ punaraśanaṃ na balāya, nopacayāya, na ca-
ujase | sarveṣāṃ vātarogāṇāṃ hetutāṃ-kāraṇatāṃ yāti |
§ 2186

1.8.12 Āyurvedarasāyana

atha amātrāśane doṣāḥ | tacca dvividham, hīnamātram-
atimātraṃ ca | tatra hīnamātrajān doṣānāhabhojanamiti |
balaṃ-śaktiḥ | upacayaḥ-puṣṭiḥ | ojaḥ-kāntiḥ | § 2187

1.8.13 Aṣṭāṅgahr̥dayasaṃhitā

atimātraṃ tvaśanaṃ trīnapi doṣān prakopayet | |4| | § 2188

1.8.14 Sarvāṅgasundarā

atimātraṃ tvaśanaṃ trīnapi doṣān śīghrameva prakopay-
ati | § 2189

1.8.15 Āyurvedarasāyana

atimātrajān doṣānāha-atimātramiti | § 2190

1.8.16 Aṣṭāṅgahrdayasaṃhitā

pīḍyamānā hi vātādyā yugapattena kopitāḥ | | 4 | |
āmenānnena duṣṭena tadevāviśya kurvate | | 5 | |
viṣṭambhayanto+alasaḥ cyāvayanto
visūcikāṃ | | 5 | |
adharottaramārgābhyāṃ
sahasāivājitātmanaḥ | | 6 | | § 2194

1.8.17 Sarvāṅgasundarā

tenāpakvenānnena-āhāreṇa, duṣṭena vātādyā hi-yasmāt,
pīḍyamānāḥ-vibadhyamānāḥ ruddhamārgatvāt, ata eva
yugapat-ekakālaṃ sarva eva, kopitāstadeva-duṣṭamannaṃ māviśya-
āśrityālasakaṃ kurvate | kiṃ kurvataḥ ? viṣṭambhayataḥ,-
tadeva duṣṭamannaṃ srotasū rundhānāḥ | tathā, adh- 5
arottaramārgābhyāṃ hasasāiva-anucite deśe kāle (ca),
cyāvayantaḥ-ūrdhvamadhasca niṣkāśayantaḥ | ajitātmanaḥ-
asaṃyatacetasāḥ puṃsau visūcikāṃ kurvate | § 2195

1.8.18 Āyurvedarasāyana

atha prasaṅgādatimātraprakupitadoṣajānāṃ rogānāṃ ni-
dānacikitsite kathayati | tatra visūcikālasakayoḥ samprātpimāha-
pīḍyamānā itī | pīḍyamānāḥ santo yugapatkopitāḥ-strotodhāt
parasparasaṅghaṭṭanena trayo+apyekadaiva kopāṃ nī-
tāḥ | kena ? tena,-atimātreṇānnena | atimātratvādevā- 5
menapākakālātikrame+apyapakvena, ata eva duṣṭena-
vikṛtena, tadevāviśya-tathāvidhamevānnamadhiṣṭhāya, ev-
ambhūtāstadevānnaṃ viṣṭambhayanto+alasaḥ kurvate |
cyāvayantaḥ punarvisūcikāṃ | kābhyāṃ cyāvaya- 10
ntaḥ ? adharottaramārgābhyāṃ | hasasāivavegena | aji-
tātmagrahaṇamannalolupasyaivālasadyutpattiriti jñāpan-
ārtham | uktaṃ ca sūrutena (u. a. 56/5)- " na tāṃ parimit-
āhārā labhante viditāgamāḥ | mūḍhāstāmajitātmāno labh-
ante kaluṣāśayāḥ | | " itī | | § 2196

1.8.19 Aṣṭāṅgahr̥dayasaṃhitā

prayāti nordhvaṃ nādhastādāhāro na ca pacyate | | 6 | |
āmāśaye+alāsībhūstena so+alasaḥ
smṛtaḥ | | 7 | | § 2198

1.8.20 Sarvāṅgasundarā

ūrdhvaṃ-mukhenāhāro na prayāti, na cādhasat-gudena
prayāti, na cāhāraḥ pacyate, āmaśaye-"nābhistanāntaraṃ
jantorāmāśaya iti smṛtaḥ |" tasmin, alāsībhūta ivālasī-
bhūtaḥ | yathā,-akarmaśīlaḥ puruṣo+alasa ityucyate, ta-
5 thā+ayamāhāro+alāsībhūstastiṣṭhati | tena hetunā sa rogo+alasaḥ
smṛtaḥ | § 2199

1.8.21 Āyurvedarasāyana

alasaḥ nirvakti-prayātīti | yasmādasmin vyādhāvāh-
āraḥ āmaśaye+alāsībhūtaḥ, tasmādasāvalasayatītyalasa-
kaḥ | alasaḥ-nīskritatvam | tadeva prayātītyādinā spa-
ṣṭīkṛtam | § 2200

1.8.22 Aṣṭāṅgahr̥dayasaṃhitā

vividhairvedanodbhedairvāyvādibhr̥śakopataḥ | | 7 | |
sūcībhīriva gātrāṇi vidhyatīti
visūcīkā | | 8 | | § 2202

1.8.23 Sarvāṅgasundarā

vāyvādīnāṃ trayāṇāmatyantaprapopāt nānāprakāirvedanodbhedaiḥ-
pīḍotpādaiḥ, yasmādgātrāṇi sūcībhīriva vidhyati, tasmā-
dvisūcīketyucyate | vividhānāṃ vikārāṇāṃ sūcīkā-visūcīketyucyate |
§ 2203

1.8.24 Āyurvedarasāyana

visūcikāṃ nirvakti-vividhairiti | vividhasūcītulyatvādvis-
ūcikā | tadeva "vividhaiḥ" ityādinā spaṣṭikṛtam | § 2204

1.8.25 Aṣṭāṅgahr̥dayasaṃhitā

tatra śūlabhramānāhakampastambhādayo+anilāt | | 8 | |
pittājjvarātisārāntardāhatṛṭpralayādayaḥ | | 9 | |
kaphācchardyaṅgagurutāvākṣaṅgaṣṭhīvanādayaḥ | | 9 | | § 2207

1.8.26 Sarvāṅgasundarā

vātādadhikāt śūlādayo bhavanti | ādiśabdenāṅgodveṣṭan-
amukhaśoṣādiparigrahaḥ | pittāddṛddhātjvarādyāḥ syuḥ |
pralayo-mūrccāprāyaḥ | ādiśabdena madādiparigrahaḥ |
kaphādadhikāt chardiyādayo bhavanti | ādiśabdena kṣav-
athvādīnāṃ grahaṇam | § 2208

5

1.8.27 Āyurvedarasāyana

visūcikālakṣaṇamāha-tatreṭi | tatravisūcikāyām | anilāt śū-
lādayo bhavanti | pittātjvarādayaḥ | kafāt chardiyādayaḥ |
antardāhaḥ-koṣṭhadāhaḥ | pralayo-mūrccā | aṅgagrah-
aṇam sarvāṅgauravārtham | vākṣaṅgo-vācaḥ skhala-
nam | ṣṭhīvanam-śleṣmaniḥsaraṇam | anilādigrahaṇama- 5
nilādikṛtasamastavikāraprāptyartham | ata evādiśabdaḥ
prayuktaḥ | śūlādigrahaṇam tu mandabuddhiprabodha-
nārtham | etena traividhyaśaṅkā+apyapāstā | suśruto+api
mūrccādīnyabhedenāha (u. a. 56/6)- "mūrccātisārau va-
mathuḥ pipāsā śūlabhramodveṣṭanajṛmbhadāhāḥ | vaiva- 10
rṇyakampau hr̥daye rujaśca bhavanti tasyāṃ śirasaśca bh-
edaḥ | |" iti | § 2209

1.8.28 Sarvāṅgasundarā

alasalakṣaṇamāha-viśeṣāditi | yatrāṇnam chardyatīsār-
avarjitān śūlādīn visūcikoktān kurute, sa vyādhiralasa-

kaḥ | kīdṛśamannam ? mārutena pīḍitam,- alabdhasañc-
āreṇa vāyunā+a+akrāntam, ākrāntatvādūrdhvamadho vā
anirgacchadeva antarā-madhyā eva, śleṣmaṇā ruddham-
niṣiddhanirgamam ata evālasam-niṣkriyatām gatam, tato
5 doṣaiḥ- vātapittakafaiḥ kṣobhitam-sañcālitam | kiṃ sarv-
eṣāmaviśeṣeṇa ? netyāha-viśeṣādityādi | durbalatvādiviśi-
ṣṭasya viśeṣeṇalasa ityarthah | § 2210

1.8.29 Aṣṭāṅgahr̥dayasaṃhitā

viśeṣāddurbalasyālpavahnervegavidhāriṇah | | 10 | |
pīḍitam mārutenānnaṃ śleṣmaṇā
ruddhamantarā | | 10 | |
alasaṃ kṣobhitam doṣaiḥ śalyatvenaiva
saṃsthitam | | 11 | |
śūlādīn kurute
tīvrāṃśchardyatīsāravarjitān | | 11 | |
5 so+alasaḥ----- | | 12 | | § 2215

1.8.30 Sarvāṅgasundarā

durbalatvādiyuktasya yanmārutena viśeṣādannaṃ pīḍ-
itam, antarā-āmāśayamadhyā eva, śleṣmaṇā ruddham-
alasiḥbhūtam, tathā doṣaiḥ kṣobhitam-ākulitam, ata evāti-
pīḍākāritvācchalyarūpatayaiva sthitam, tīvrān-duḥsahān,
5 śūlādīn chardiyādivarjitān kurute | chardyatīsārābhyām hi
visūcikoktā | so+alasaṃjño rogaḥ | durbalo hyanupacit-
adhātuḥ, sa na kadācidāhāraṃ soḍhuṃ śaktaḥ | alpāgniśc-
āhāraṃ na samyak jarayati | yato vegadhāraṇaśīlasya pra-
tihatō vāyurvīmārgagah pittakaphāvapi vimārgagau kur-
10 ute, ityetadviśeṣeṇa nirdeśah | § 2216

1.8.31 Aṣṭāṅgahr̥dayasaṃhitā

atyarthaduṣṭāstu doṣā duṣṭāmadaddhakhāḥ | | 12 | |

yāntastiryaktanūṃ sarvāṃ
daṇḍavatstambhayanti cet | | 12 | |
daṇḍakālasakam nāma taṃ
tyajedāśukāriṇam | | 13 | | § 2219

1.8.32 Sarvāṅgasundarā

cedyadyarthe | atīsayena duṣṭā doṣāḥ, tathā duṣṭāmena
baddhāni-pūrṇāni, khāni-strotāṃsi, yaiste duṣṭāmbaddh-
akhāḥ, tathā tiryaggacchantāḥ, tanūṃ sarvāṃ-śārīraṃ sak-
alaṃ, daṇḍavadyadi stambhayanti-prasāraṇākuñcanarahitaṃ
kurvanti, tadā daṇḍakālasako nāma rogo bhavati | taṃ- 5
daṇḍakālasakam, tyajet-nopakramet | yata āśukāriṇam,-
āśu-śīghraṃ svakarma māraṇam karotītyāśukārī, kṣipraṃ
hantītyarthaḥ | § 2220

1.8.33 Āyurvedarasāyana

daṇḍakālasakam lakṣayati-atyarthe | yadyalāsake doṣāḥ
sarvāṃ tanūṃ daṇḍavatstambhayanti, tamalāsakam da-
ṇḍakālasakasaṃjñamāśukāriṇam tyajet | kīddaśā doṣāḥ ?
anyarthaduṣṭāḥ,-atimātrannasevanena atiduṣṭā | drṣṭāmbaddhākhāḥ,-
ciraśāñcayāt diṣṭenāmena-kāraṇabhūtena, baddhāniḥ-pūritāni
khāni-strotāṃsi, yaiste tathā | tiryaggacchantāḥ-mārgavarothāttiryāñārga-
prasarantaḥ | § 2221

1.8.34 Aṣṭāṅgahrdayasaṃhitā

viruddhādhyāṣanājīrṇaṣīlino viśalakṣaṇam | | 13 | |
āmadoṣaṃ mahāñoraṃ
varjayedviśasaṃjñakam | | 14 | |
viśarūpāśukāritvādviruddhopakramatvataḥ | | 14 | | § 2224

1.8.35 Sarvāṅgasundarā

viruddham-prāguktam, "viruddhamamlam" (hr.sū.a. 7 | 31)
ityādinā | "vidyādadhyaṣaṇam" (hr.sū.a. 8 | 34) ityādinā-

adhyāṣanam | ajīrṇaṃ ca-trividhaṃ vakṣyati | etāni ṣīli-
tuṃ ṣīlaṃ yasya tasya puṃso ya, āmadoṣo viśalakṣaṇaḥ-
lālādilakṣaṇayukto, mahānoro-atikaṣṭo viśākhyo yo bhav-
ati, taṃ na cikitsat | kutaḥ ? viśarūpatvādāṣukāritvādvir-
5 uddhopakramatvācca | viśasadṛṣasvarūpatvādviṣe ṣītopa-
kramo yuktaḥ, āme coṣṇopakramo yuktaḥ, iti viruddhop-
akramatvam | § 2225

1.8.36 Āyurvedarasāyana

āmaviṣaṃ lakṣayati-viruddheti | viruddhāsanādiśīlinaḥ
puruvasyotpannamāmadoṣaṃ-ajīrṇajaṃ vyadhiṃ varja-
yet | viruddhaṃ payomatsyādi | adhyāṣanam-vakṣyamāṇam |
ajīrṇa-ajīrṇāsanam | kīdrśamāmadoṣaṃ ? viśalakṣaṇam,-
5 dehavyāpiviṣatulyalakṣaṇam | mahāghoraṃ-tīvrapīḍākaram |
viśasaṃjñakaṃ-viśākhyam | āmopapadaiveyaṃ saṃjñā |
uktaṃ ca carakeṇa (vi. a. 2/15)-"viruddhādhyāsanājīrṇāsanāśīlinaḥ
punarāmadoṣamāmaviṣamācakṣate" iti | kuto varjayet ?
viśarupāśukāritvāt-viśarūpatvācśīghrakāritvācca | nanu, vi-
10 ṣamapi sādhyam dṛṣṭam | tatkuto+asya viśarūpatvādasā-
dhyatvam ? ityata āha-viruddhopakramatvataḥ,- hetuvip-
arītavyādhiviparītayorupacārayorvirodhāt | heturhyatrā-
masañcayaḥ, tatrāgneya upacārahvyādhistu viśarūpaḥ ta-
tra saumya upacāra iti virodhaḥ | § 2226

1.8.37 Aṣṭāṅgahr̥dayasaṃhitā

athāmamalasībhūtaṃ sādhyam tvaritamullikhet | | 15 | |
pītvā sogrāpaṭuphalaṃ vāryuṣṇam
yojayettataḥ | | 15 | |
svedanam phalavartim ca
malavātānulomanīm | | 16 | |
nāmyamānāni cāṅgāni bhṛṣam svinnāni
veṣṭayet | | 16 | | § 2230

1.8.38 Sarvāṅgasundarā

athetyānantarye | pūrvoktaṃ sādhyāsādhyamavagamyā-
 nantaramāmamaṃ sādhyamaduṣṭaṃ santaṃ tvaritaṃ-drāk,
 ātura ullikhet-udvamedityarthaḥ | kiṃvidhamāmamaṃ ?
 alasībhūtaṃ,-alasalakṣaṇatāṃ gataṃ | kathamullikhet ?
 ityāha-pītvetyādi | jalamuṣṇaṃ pītvā vacālavaṇamadan- 5
 aḥphalayuktaṃ, vamedityarthaḥ | tato+anantaraṃ sved-
 anaṃ yojayet | tathā-"vipācyā mūtrāmlamadhūni dantī-
 piṇḍītakṛṣṇābīḍadhūmakuṣṭhaiḥ | vartiṃ karāṅguṣṭhani-
 bhāṃ nṛtāktāṃ gude rujānāhaharīṃ vidadhyāt | | " ityādi 10
 phalavartīṃ ca malavātānulomanīm yojayet | tatrāmadoṣe
 doṣavaśādaṅgāni ca nāmyamānāni-saṅkocyamānāni santi,
 atyarthāṃ svinnāni vastrādinā veṣṭayet | § 2231

1.8.39 Sarvāṅgasundarā

uktānāmāmadoṣāṅgāṃ cikitsāmāha-atheti | athaśabdaṣ-
 cikitsārambhe maṅgalārthaḥ | āmaṃ-āmadoṣam,ullikhet-
 vameṭ, alasībhūtaṃ | yaḥ svayaṃ na pravartate bal-
 ātpravartamāno+api mandaṃ mandaṃ vā pravartate,
 so+alasaḥ | āmado(vi)ṣo+api tathābhutaḥ | sa hyalasa- 5
 ke-naiva(neva) pravartate | visūcyāṃ tu mandaṃ mandaṃ
 pravartate | sa dvividho+apyullekhanīyaḥ | uktaṃ hi
 khāraṇādinā-"visūcyalasa-kau vāmyau pippalīlavaṅgāmbh-
 asā | " iti | sādhyagrahaṇāmiha niyamārtham, sādhyameva
 na tvasādhyamapi | ddaśyate hi nidāne+asādhyatvenoktānām
 māṃsagranthyādīnām cikitsite cikitsopadeśaḥ | āmado-
 ṣastvasādhyāḥ, asādhyā evetyarthaḥ | kiṃ kṛtvollikhet
 ? sogrāpaṭufalamuṣṇaṃ vāri pītvā | ugrā-vacā | paṭu-
 saindhavam | falaṃ-madanafalam | tato-vamanānantaraṃ,
 svedanaṃ yojayet falavarti ca | kasyā varteḥ falavartisa- 15
 mājñā ? ityapekṣāyāmāha-malavātānulomanīm | viṇmūtrā-
 dhovātānām pravartinī vartiḥ-falavartirityarthaḥ | svedaf-
 alavartidravayānyuktāni khāraṇādinā-"śūle tu stimate sāme
 svedaḥ śasto muhurmuḥuḥ | rūkṣoṣṇaiḥ kaṭukaiḥ pāṃsu-
 karīṣasikatādibhiḥ | | pippalyo+agāradhūmaṣca madanaṃ 20
 sarṣapāstrivṛt | hemakṣīrī vacā kiṅvaṃ kuṣṭhaṃ dantī ya-
 vāgrajaḥ | | samūtralavaṅgābhyaktā phalavartiriyam hitā |

saṃsvedyālasake śūlavibandhānāhanāśinī | |" iti | yady-
āmadoṣeṅgāni nāmyante-saṅkocyante, tadā tānyatisvi-
nnāni kṛtvā vastrādibhirveṣṭayet | § 2232

1.8.40 Aṣṭāṅgahr̥dayasaṃhitā

visūcyāmativṛddhāyāṃ pārṣṇyordāhaḥ
praśasyate | |17| |
tadahaścopavāsyainam
viriktavadupācaret | |17| | § 2234

1.8.41 Sarvāṅgasundarā

visūcyāṃ-pūrvoktalakṣaṇāyāṃ, ativṛddhāyāṃ satyāṃ pārṣṇyoḥ-
khurikayoḥ, ayaḥśalākādīnā dāhaḥ praśasyate | tadahaḥ-
visūcikārambhādivasa eva, enaṃ-visūcikāvantaṃ, upavāsyā-
laṅghayitvā, viraktavat-peyādikrameṇopācaret | suśrute
5 (?) cōktaṃ (saṅgrāhe sū.a.11)-"succharditaviriktasya gātr-
āyāme+atidāruṇe | bhallātakamadhūcchiṣṭajīrṇapiṇyāka-
nāgaraiḥ | | ghṛtatailaṃ pacet sāmīstacca khallīghnamu-
ttamaṃ | | tvakpatrarāsnāguruśigrukuṣṭhairamlapraṭiṣṭh-
aiḥ savacāśatāhvaiḥ | udvartanaṃ khallivisūcikāghnaṃ
10 tailaṃ vipakvaṃ ca tadarthakāri | | śirīṣanaktāhvapha-
ṇijjabījatrāyantyapāmārgaphalāni vartiḥ | bastasya mūtr-
eṇa visūcikāghnī pralepanasyāñjanadhūmayogaiḥ | |" iti |
§ 2235

1.8.42 Āyurvedarasāyana

visūcyāṃ viśeṣamāha-visūcyāmiti | ativṛddhāyāṃ-pūrvoktena
prakāreṇa aśāntāyāṃ, visūcyāṃ pārṣṇyordāhaḥ praśa-
syate | praśabdaḥ prakarṣārthaḥ | sarveṣvāmadoṣeṣu pā-
rṣṇyordāhaḥ śasyate, visūcyāṃ tu prakarṣeṇa | yadāha su-
5 śrutāḥ (u. a. 56/12)- "sādhyāsu pārṣṇyordāhanaṃ praś-
astamagnipratāpo vamaṇaṃ ca tīkṣṇam | |" iti | sādhyā-
sviti bahuvacanāt visucikālasavilambikānāṃ grahaṇam |
uktaṃ ca vaṅgasenena-"vilambikālasakayorvisūcyuktaḥ

kriyākramah | " iti | pārṣṇidāhaśca pippalyādibhiḥ | yad-
 āha bheḍaḥ-"visūcyāmativṛddhāyāṃ pārṣṇideśe ca dāh-
 ayet | pippalyā vā+apyaraṇyā vā śastrenātāpitena vā | | "
 iti | nivṛttāmadoṣasya cikitsāmāha-tadahaśceti | yasminn- 5
 ahani āmadoṣo nivṛttaḥ, tadaharenamupavāsya | tathā ca
 khāraṇādiḥ-"āmāśayaviśudhyarthamathainamupavāsayet |
 jīrṇe viriktavṛttiḥ syādyā proktā maṇḍapūrvikā | | " iti | va-
 manādyupakramānte paṭhyamānena prakṛtaparāmarśinā
 tacchabdena āmadoṣanivṛttidinameva parāmarṣtuṃ yu-
 ktam, na punarutpattidinaṃ | § 2236 10

1.8.43 Aṣṭāṅgahrdayasaṃhitā

tīvrārtirapi nājīrṇī pibecchūlaghnamauşadham | | 18 | |
 āmasanno+analo nālaṃ paktuṃ
 doṣauśadhāśanam | | 18 | |
 nihanyādapi caiteṣāṃ vibhramah
 sahasā+a+aturam | | 19 | | § 2239

1.8.44 Sarvāṅgasundarā

ajīrṇī-ajīrṇavān, tīvraśūlo+api san śūlaharamauśadham na
 pibet | vamanakaramuṣṇodakam ca prāgupadiṣṭameva pi-
 bedityarthaḥ | śūlaghnamityupalakṣaṇārtham | chardyat-
 īsāraghnamapi visūcikāyāṃ na pibet | yata āmena sanno- 5
 mandībhūto+agnirdoṣauśadhāśanam paktuṃ na sama-
 rthaḥ | eteṣāṃ ca-doṣauśadhāśanānām, trayāṇām samba-
 ndhī yo vibhramo-vyāpattiḥ, sahasā-kālamanapekṣyaiva,
 āturaṃ hanyāt | na kevalamidam guṇāya sampadyate, pr-
 atyuta doṣaṃ karotīti sūcanārthamapi ceti kṛtam | § 2240

1.8.45 Āyurvedarasāyana

āmadoṣiṇaḥ śamanauśadham niṣedhati-tīvrārtiriti | apiṣa-
 bda ubhayatra sambadhyate | tīvrārtirāpi-kiṃpunarmandārtiranartirvā |
 śūlandhamapi-kiṃpunapācanādīkam | kutaḥ? yata āmen-
 ānnena sanno-mandībhūto, agnirdoṣādīni paktuṃnālaṃ-

na samarthaḥ | doṣaḥ- āmānnaḥ kaphādiḥ | au-
śadhamānivr̥tyartham̐ prayuktaṃ pācanādi | aśanaṃ-
taddhetubhūtamāmānnaṃ | nakevalamauśadhādarthāna-
vāptiḥ, api tu anarthāvāptirapītyāha-nihanyāditi | eteṣāṃ-
5 doṣādīnām, vyapattiḥ-pākābhāvajanitasāṅkṣobhaḥ, āturaṃ
sahasā hanyāt | api ceti pratyutārthe, rogaśamanārtha-
mauśadham̐ rogaṃ na śamayati pratyuta vardhayatītya-
rthaḥ | § 2241

1.8.46 Aṣṭāṅgahr̥dayasaṃhitā

jīrṇāśane tu bhaiṣajyam̐ yuñjyāt stabdhagurūdare | | 19 | |
doṣaśeṣasya pākārthamagneḥ sandhukṣaṇāya
ca | | 20 | | § 2243

1.8.47 Sarvāṅgasundarā

jīrṇamaśanam̐ yasya tasminnauśadham̐ yuñjyādvaidyah̐ |
kīdr̥śi ? stabdham̐-acalam̐, gurūdaram̐-koṣṭho, yasya ta-
smin | kimarthamauśadham̐ yuñjyāt ? ityāha-doṣetyādi |
gatārtham̐ | § 2244

1.8.48 Sarvāṅgasundarā

avasthāviśeṣe auśadhamāha-jīrṇāśana iti | āmadoṣiṇo yadā
jīrṇamannaṃ tadā dīpanapācanamauśadham̐ deyam | sa-
ngrahe tu (sū. a. 11)- "sadyaḥ samyagviśudvaśasya śā-
gyanti tadupadravāḥ | śūle nirannakoṣṭho+adbhiḥ koṣṇā-
5 bhiścūrṇitāḥ pibat | | hiṅguprativiṣāvyoṣasovarcalavabh-
ayāḥ | athavā piṇṇa līmūlatrivṛtādārusaindhavam | | śu-
nṭhīsnuksīralavaṇapippa līmaricāni ca | pāṭhāmlavetasā-
kṣārayavānīryokarāni ca | | dviruttaram̐ hiṅguvacāgniku-
ṣṭhasuvarcikākṣārabiḍājamodam | śūlodarānāhavisūcikā-
10 rśohṛdrogagulmordhvasamīraṇāghnam | | mustājamoda-
pūtikavacāśuṅtyagnidhānyakaiḥ | savālakadī bilvaiḥ kv-
ātham̐ ṛṭṣūlavān pibet | | rāsnākaṭaphalaśaḍgranthābr̥ha-
tpīdvayajōṅgakaiḥ | guggulvativiṣākuṣṭhapatrayāghrab-

akhāmbudaiḥ | | kuryācchuṣkaiḥ samūtrairvā lepodvarta-
 nadhūpanam | sarugānaddhamudaramamlapiṣṭaiḥ prale-
 payet | | dāruhaimavatīkuṣṭhaśatāvāhiṅgusaindhavaiḥ |
 yavacūrṇaśca sakṣāratakraḥ koṣṭhārtijitparam | | yojaye-
 tsaindhavāntaiśca vāta viṅmūtrasaṅgrāhe | dvikṣārajirṇa 5
 piṇyākakuṣṭhāruṣkara citrakaiḥ | | saśuktasaindhavaistai-
 laṃ pakvamabhyañjane hitam | succharditaviriktasya gā-
 trāyāme sudāruṇe | | bhallātakamadhūcchiṣṭajirṇapiṇyāk-
 anāgaraiḥ | ghr̥tatailaṃ pacetsāmlairatacca khallīghnamu-
 ttamam | | tvakyatrarāsnāguruśigrukuṣṭhairamlaprapīṣṭ- 10
 aiḥ savacāśatāvhaiḥ | udvartanaṃ khallivīsūcikāghnaṃ
 tailaṃ vipakvaṃ ca tadarthakāri | | yaḥ śyāvadantauṣṭha-
 nakho+alpasamjñāḥ chardyardito+antargatatāmranetraḥ |
 kṣāmasvaraḥstrastasamastasandhiryāyānnaro+asau pun-
 arāgamāya | | vyoṣāṃ kara ṅjasya phalaṃ haridrāṃ mū- 15
 laṃ samāvāpya ca mātuluṅgayāḥ | chāyāviśuṣkā guṭi-
 kāḥ kṛtāstā hanyurvisūcīm nayanāñjanena | | śirīṣanaktā-
 hvaphaṇijjabījatrāyantyapāmārgafalāni vartiḥ | bastasya-
 mūtreṇavisūcikāghnī pralepadhūmāñjananasyayogaiḥ | |
 yāmaiścatubhirdvābhyam ca bhojyabhaiṣajyayoḥ same | 20
 pāko+agnau yuktayordrāk tu tikṣṇe, mande punaścīrāt | |
 sabhaktamauśadhaṃ tasmānmandāgneravacārayet | pū-
 rvāhṇe bhojanaṃ sātmyaṃ laghu dīpanabr̥mhaṇam | | pr-
 ātarāśe tvajirṇe+api sāyamāśo na duṣyati | ajirṇe sāyam-
 āśe tu prātarāśo hi duṣyati | | divā prabudhyate+arkeṇa ḥṛ- 25
 dayam puṇḍarīkavat | tasminvibuddhe strotāṃsi sphuṭa-
 tvam yānti sarvaśaḥ | | vyāyāmācca vihārācca vikṣiptatv-
 ācya cetasaḥ | na kledamupagacchanti divā tenāśya dhāt-
 avaḥ | | aklitreṣvannamāsiktamanyatteṣu na duṣyati | av-
 idagdheṣviva payaḥsvanyat sammiśritaṃ payaḥ | | rātrau 30
 tu ḥṛdaye mlāne saṃvr̥teṣvayaneṣu ca | yānti koṣṭhe pari-
 kledaṃ saṃvr̥te dehadhātavaḥ | | klinneṣvanyadapakṣeṣu
 teṣvāsiktaṃ praduṣyati | vidagdheṣu payaḥsvanyat paya-
 stapteṣvivārpitam | | naiśe tasmādajirṇe+anne nānyadbh-
 uñjīta bhojanam | udgāraśuddhirutsāho vegotsargo yatho- 35
 citaḥ | | laghutā kṣutpipāsā ca jirṇāhārasya lakṣaṇam | pr-
 āyaḥ prajñāparādhenā rogagrāmaḥ prajāyate | | nr̥ṇāmaś-
 analubdhānām viśeṣeṇa visūcikā | | doṣopanaddhaṃ yadi

līnamāmaṃ pittolbaṇasyāvṛṇuyāna vahvim | jāyeta du-
ṣṭā tu tato bubhuksā sā mandabuddhīn viṣavannihanti | | "
iti | § 2245

1.8.49 Aṣṭāṅgahr̥dayasaṃhitā

śāntirāmavikārāṇāṃ bhavati tvapatarpaṇāt | | 20 | |
trividhaṃ trividhe doṣe tatsamīkṣya
prajayet | | 21 | | § 2247

1.8.50 Sarvāṅgasundarā

turavadhāraṇe | yasmādatarpaṇādevāmajānāṃ vikārāṇāṃ-
ālasyajādyāgnimāndyādīnāṃ, śāntiḥ-upaśamo, bhavati |
tasmādatarpaṇaṃ yojayet | vakṣyati hi (hr̥.sū.a. 14|10)-
"mehāmadoṣātisnigdha" ityārabhya yāvat "laṅghayenni-
5 tyam" iti | tasmādatarpaṇaṃ samīkṣya-deśakālāgnyādīn
paryālocya, triprakāraṃ triprakāre doṣe vaidyaḥ prajoya-
yet | § 2248

1.8.51 Āyurvedarasāyana

uktānuktāmadoṣasaṅgrahārthaṃ sāmānyacikitsāmāha-śāntiriti |
āmavikārāṇāṃ-sarveṣāmajīrṇānnajānāṃ vyādhīnāṃ | apatarpaṇāt-
laṅghanāt | apatarpaṇaṃ vibhajati-trividhamiti | samīkṣya-
balādikaṃ samyagjñātvā | § 2249

1.8.52 Aṣṭāṅgahr̥dayasaṃhitā

tatrālpe laṅghanaṃ pathyaṃ, madhye
laṅghanaṃ pathyaṃ | | 21 | |
prabhūte śodhanaṃ, taddhi
mūlādunmūlayenmalān | | 22 | | § 2251

1.8.53 Sarvāṅgasundarā

tatra-teṣu triṣu madhye, alpe doṣe, laṅghanam-upavāsākhyam,
pathyam | tena hyanalānilavr̥dhdyā+alpo doṣaḥ śīghram
saṁśoṣya jīyate | madhye doṣe laṅghanam pācanam ca pa-
thyam | agniḥ pacati, tasya pacato ye vibandhahetavaḥ, tā-
nniṣidhya pāṭavam pakturādadhataḥ paceti prayuṅkta iva 5
tat pācayatīti pācanamucyate | hetumaññijantātpacerbāh-
ulakātkartari lyuṭ | yadupayuktamannapānausadhama-
kvānām sāmānām dhātūnām pācane samartham tat pāca-
namityarthaḥ | prabhūte śodhanam pathyam | śodhanam
tu kāyādbhirdoṣānīrayati | vakṣyati hi (hr̥.sū.a. 14|5)- 10
"yadīrayedbahirdoṣān pañcadhā śodhanam tu tat |" ity-
ādi | kutaḥ prabhūta āmadoṣe śodhanam hitam ? ityāha-
taddhītyādi | hi-yasmāt, tat-śodhanam, mūlānmalānnāśa-
yet | saṅgrāhe+apyuktam (sū.a. 11)-bahudoṣāṅām puna-
rdoṣāvasecanameva kāryam | na hyasrāvite palvalodaka- 15
ughe śālyādipuṣṭirbhavati |" iti | § 2252

1.8.54 Āyurvedarasāyana

vibhāgam spaṣṭīkaroti-tatreṭi | laṅghanamatropavāsah |
laṅghanapācanam-upavāsayuktam pācanausadhapānam |
prabhūte-bahutare | śodhanam-vamanādi | hi-yasmāt, tat-
śodhanam, malānmūlādunmūlayet-samūlānucchindyāt |
malabalamūlam ca vikāre prabhūtvam | § 2253 5

1.8.55 Āyurvedarasāyana

tulyanyāprasaṅgādanyeṣāmapi vyādhīnām cikitsāmāha-
evamiti | evam-ānavikāravat | anyān-jvarādīn | yathā, ām-
avikārāḥ santarpaṇotthāstadviparītenāpatarpaṇena ciki-
tsyante, tathā, anye+api vikārāḥ svanidānaviparyayāc-
ikitsyāḥ | ānavikārāṅāmanyeṣām ca svanidānaviparyā- 5
nupaśame cikitsāmāha-anubandhe tviti | yadi hetuvipa-
ryaye kriyamāṇe+apyanubandho-anuvartanam vyādheḥ,
tadā hetuviparyayam tyāktvā bhiṣak vyādhiviparyayam
bhaiṣajyam yathāyatham yuñjyāt | hetuviparītādisvarūpa-

muktaṃ saṅgrahe (sū.12 " tatra hetuviparītaṃ" ityārabhya
yāvat "viparītamārthaṃ karoti" iti |) | § 2254

1.8.56 Aṣṭāṅgahr̥dayasaṃhitā

evamanyānapi vyādhīn svanidānaviparyayāt | | 22 | |
cikitsedanubandhe tu sati
hetuviparyayam | | 23 | |
tyaktvā yathāyathaṃ vaidyo
yuñjyādvvyādhiviparyayam | | 23 | | § 2257

1.8.57 Sarvāṅgasundarā

yathā santarpaṇottha āmadoṣo nidānaviparyayāccikitsy-
ate, evamanyānapi jvarādīn vikārān svanidānaviparyayā-
ccikitset | santarpaṇottho+apatarpaṇena, śītottha uṣṇena,
ityādi | yadi tvevamupakramyamāṇo vyādhiranubadhyeta-
5 tenopaśamaṃ na gacchet, tato hetuviparyayaṃ tyaktvā
vyādhiviparyayaṃ yuñjyāt | kimbhūtam ? yathāyathaṃ,-
yadyasya jvarādivyādhherbhaiṣajyaṃ vakṣyamāṇaṃ tatpr-
ayuñjītetyarthaḥ | yathā, (saṅgrahe sū.a. 12)-"mustāparpaṭakaṃ
jvare, rajanī yavānnaṃ pramehe" iti | § 2258

1.8.58 Aṣṭāṅgahr̥dayasaṃhitā

tadarthakāri vā, pakve doṣe tviddhe ca pāvake | | 24 | |
hitamabhyañjanasnehapānabastyādi
yuktitaḥ | | 24 | | § 2260

1.8.59 Sarvāṅgasundarā

tat-nidānavyādhiviparyayasādhyam, arthaṃ-rogoपाśamalakṣaṇam,
kartuṃ śīlam yasya tat-tadarthakāri | tadvā yuñjyāt | ya-
thā (saṅgrahe sū.a. 12)-"madātyaye madyapānam, atisāre
virecanam" iti | vāśabdaḥ samuccayārthaḥ | iti trividhama-
5 uṣadhaṃ nirdiśyā+a+amacikitsāmevānusarannāha-pakva

iti | pakve doṣe-nirāme, dīpte pāvake ca | nirāmatve dīpt-
āgnitve ca samucitameva hitamabhyaṅgādikam | yuktito-
mātrayā, yathā+agnisādādi na bhavatīti | § 2261

1.8.60 Āyurvedarasāyana

pakvadoṣāṅāmāvikārāṅām cikitsāmāha-pakvedoṣe iti |
uktenopakrameṇa pakve doṣe dīpte cāgnau satyāmadoṣiṅ-
āmabhyaṅjanādi hitam | ādiśabdādrasāyanavājīkaraṅādi |
§ 2262

1.8.61 Aṣṭāṅgahṛdayasaṃhitā

ajirṇam ca kaphādāmaṃ tatra
śopho+akṣigaṅdayoḥ | | 25 | |
sadyobhukta ivodgāraḥ
prasekotkleśagauravam | | 25 | | § 2264

1.8.62 Sarvāṅgasundarā

agnipratipakṣatvena kaphasyājirṇakaraṅaprādhānyādagre
nirdeśaḥ | kaphātsakāśādajirṇamāmasaṃjñakaṃ bhavati |
tatra-āmākhye+ajirṇe, akṣikūpayorgaṅdyośca śopho bha-
vati | sadyobhuktavadaprāptavidāhāvastha udgāraḥ | prasekaḥ-
prasaktaṃ niṣṭhīvanam | utkleśo-doṣāṅām sthānāccala- 5
nam | gauravaṃ-gātrāṅam | § 2265

1.8.63 Āyurvedarasāyana

mahāntamāmadoṣamuktivā kṣudramāha | tatra kafajamāha-
ajirṇamiti | āmaṃ-āmasaṃjñam | tatra-āme,akṣi gaṅde ca
śophaḥ | jātyapekṣamekavacanam | sadyobhukta ivodgāraḥ-
cirabhuktasyāpi sadyobhuktavadaprāptavidāhāvastha udg-
āraḥ | utkleśo-vamanonmukhatvamiva | § 2266 5

1.8.64 Aṣṭāṅgahr̥dayasaṃhitā

viṣṭabdhamanilācchūlavibandhādhdhmānasādakṛt | | 26 | | § 2267

1.8.65 Sarvāṅgasundarā

anilādviṣṭabdham nāmājirṇam bhavati | tacca sūlādikṛt |
§ 2268

1.8.66 Āyurvedarasāyana

anilajamāha-viṣṭabdhamiti | viṣṭhabdham-viṣṭabdhasamjñam |
sādaḥ-kāryākṣamatvam | § 2269

1.8.67 Aṣṭāṅgahr̥dayasaṃhitā

pittādvidagdham ṭṛṇmohabhramāmlodgāradāha-
vat | | 26 | | § 2270

1.8.68 Sarvāṅgasundarā

pittādvidagdham nāmājirṇamutpadyate | tacca ṭṛḍādiyu-
ktam | § 2271

1.8.69 Āyurvedarasāyana

pittajamāha-pittādvidagdhamiti | vidargdhamvidagdhā-
khyām | § 2272

1.8.70 Aṣṭāṅgahr̥dayasaṃhitā

laṅghanam kāryamāme tu, viṣṭabdhe svedanam
bhṛśam | | 27 | |
vidagdhe vamanam, yadvā yathāvastham hitam
bhavet | | 27 | | § 2274

1.8.71 Sarvāṅgasundarā

turavadhāraṇe | āmākhye+ajīrṇe laṅghanameva kāryam,
na vamanavirecanādi | viṣṭabdhe svedanaṃ bhr̥śaṃ kā-
ryam | bhr̥śaśabdenaitat dyotayati,-pūrvatrāpi svedanaṃ
kāryamatra tvatyarthamiti | vidagdhe-vidagdhanāmnyajīrṇe,
vamaṇaṃ kāryam | yadvā laṅghanasvedanavamanānāṃ 5
yathāvasthaṃ-yathādoṣodrekaṃ, hitaṃ bhavettadeva kā-
ryam | āmajīrṇe+api svedanavamane, vidagdhe+api la-
ṅghanasvedane, iti | § 2275

1.8.72 Sarvāṅgasundarā

āmādīnāṃ cikitsāsāha-laṅghanamityādi bhr̥śamiti triṣv-
api yojyam | laṅghanādivibhāgastvatiśayārthaḥ yadāha
khāraṇādih-viṣṭabdhe svedanaṃ vartyo lavaṇoṣṇāmbu śa-
syate | vidagdhe vamaṇaṃ śastamupavāso virecanam | |"
iti | yadvā-athavā | yathāvasthaṃ hitaṃ-yasyājīrṇasya ya- 5
syāmavasthāyāṃ yaddhitaṃ, tasya tasyāmavasthāyāṃ
taṣkāryamityārthaḥ | vibhāganiyamastu bāhulyābhiprāy-
eṇa | § 2276

1.8.73 Aṣṭāṅgahr̥dayasaṃhitā

garīyaso bhavellīnādāmādeva vilambikā | | 28 | |
kaphavātānubaddhā+a+amaliṅgā
tatsamasādhanā | | 28 | | § 2278

1.8.74 Sarvāṅgasundarā

garīyasaḥ-prabhūtāt, ājīrṇādeva vilambikā syāt | kīdr̥śāt
? līnāt-atyartham srotasū śliṣṭatvāt | līnāditi līn śleṣaṇa
ityasya ktapratyaye svādaya odita ityoditaśceti niṣṭhān-
atvam | sā ca śleṣmavāyubhyāmanubaddhā-yuktā bhav- 5
ati | āmaṃ nāma yadajīrṇam tatsadr̥śalakṣaṇā | yathā-
"śopho+akṣigaṇḍayoḥ | adyo bhukta ivodgāraḥ prase-
kotkleśagauravam | |" iti | tena-āmena, samaṃ-tulyam,
sādhanam-cikitsā, yasyāḥ saivam | "laṅghanaṃ kāryam-
āme" iti | § 2279

1.8.75 Āyurvedarasāyana

vilāmbikālakṣaṇamāha-garīyasa iti | bilambikānāmājirṇam
bhavet | kasmāt ? līnādāmādeva,-āmaśabda āmādyajirṇ-
asāmānyavacanaḥ, tayotpannasya niḥśeṣamanivartanāllī-
natvam | evaṃ punaḥ punarlīnatvādgariyastvam | punaḥ
5 punarutpādo duṣṭabubhuksāyāṃ bhojanāt | sā tūktā sa-
ṅgrahe (sū. a.11)-"doṣopanaddham" ityādi (ślo 19 ṭi) | eva-
kāreṇaivam dyotayati,-visūcyalasakāvapyajirṇādbhavataḥ,
kintu tāvanyato+api sadyo+atimātrabhojanādeḥ | vilamb-
ikā tvajirṇadeveti | yadāha suśrutaḥ (u. a. 56 | 3)- "ajirṇa-
10 māmam viṣṭabdham vidagdham ca yadīritam | visūcyala-
sakau tasmādbhaveccāpi vilambikā | |" iti | sā ca kaphav-
ātānubaddhā | tadanubandhena dīrghakālavilambanāt vi-
lambiketyucyate | garīyasvāt patanayogyamapyāmam ka-
phavātānubaddhatvānnordhvaṃ nāpyadhaḥ patati, līna-
15 meva ciramavatiṣṭhate ityārthaḥ | tathā ca suśrutaḥ (u.a.
56/9)- "duṣṭam hi bhuktaṃ kaphamārutābhyāṃ prav-
artate nordhvamadhaśca yasya | vilambikāṃ tām ca vi-
virjanīyāmācaksate śāstravidāḥ purāṇāḥ | |" iti | kapha-
vātānubaddhatvādevamitareṣvapi pittārabdhatvaṃ vida-
20 gdhatvaṃ ca lakṣyate | anyena hyārabdhāmānyenānub-
adhyate | pittaṃ ca vidagdhādeva pravartate | tathā ca
bhedāḥ (ci. a. 11)- "yadā bhuktaṃ vidagdham ca no-
rdhvaṃ nādhaḥ pravartate | | tām vilambīm vigarhanti
viṣakalpām visūcikām | |" iti | viṣamalpāmiti pittolbaṇa-
25 tvam dyotyate | visūkāmiti visūcikāviśeṣyatvena sānnip-
ātikatvam | āmaṅgā-ajirṇatulyalakṣaṇā, viśeṣānupādānāt
trayāṇāmapyāmādīnām līnairyuktā | tathā ca khāraṇādiḥ-
"etānyuktāni līṅgāni tvāmājirṇe vinirdiśet |" iti | etāni-
ajirṇatrayasambandhīni | āmāt-ajirṇādannāt jātamajirṇam-
30 āmājirṇam,vilambikā, na tu kaphajamāmam | "yathākram-
eṇa vātādi sannipātārmakam vadet |" iti tenaiva sānnipāti-
kasyoktatvāt | tatsamasādhanā,-teṣāṃtrayāṇāmajirṇānām,
samam-sādhāraṇam, sādhanam-cikitsitam, yasyāḥ sā ta-
thā | tathā ca khāraṇādiḥ-"āme tvāmapraśamaṃ vi-
35 māne dvividham matam |" iti | vimāne-vimānasthāne,
dvividham-visūcyalasakabhedena | vaṅgaseno+api-"vilambikālasakayorvisūcyu-
kriyākramaḥ |" iti | yuttu suśrutenavivarjanīyatvamuktaṃ

tatpratyākhyāyopacaraṇīyatvaṃ (tvāt) na tvanupakram-
 atvāt | ata eva "vilambikāṃ tām bhṛśaduścikitsyām"
 iti mādhavakaraḥ (mā. ni. agnimāndyādauslo.21) paṭh-
 ati | iyaṃ ca vilambikā carakācāryeṇānnaviṣasaṃjñayoktā
 (ci.a.14/39)- "abhojanādajīrṇātibhojnādviṣamāśanāt | asā- 5
 tmyaguruśītātirūkṣasaṃduṣṭabhojanāt | virekavamanas-
 ehavibhramāvdyādihikaṣṇāt | deśakālartuvaṣamyādve-
 gānāṃ ca vidhāraṇāt | | duṣyatyagniḥ sa duṣṭo+annaṃ
 na tat pacati ladhvati | apacyamānaṃ śuktatvaṃ yātya-
 nnaṃ viṣatām ca tat | | tasya liṅgamajīrṇasya viṣṭambhaḥ 10
 sadanaṃ klamaḥ | śīrorukśophamūrcchāśca bhramaḥ pṛ-
 ṣṭhakaṭigrahaḥ | | jīrbhā+aṅgamardastrṣṇā ca jvaraḥ cch-
 ardiḥ pravāhaṇam | arocakāvīpākau ca ghoramannavi-
 ṣaṃ ca tat | | pittena saha saṃsrṣṭam dāhatṣṇāmukhām-
 ayān | janayatyamlapittaṃ ca pittajāmścāparān gadān | | 15
 yakṣmapīnasamehādīn kafajān kafasaṅgatam | karoti vā-
 tasamrṣṭam vātajāmścamayān bahūn | | mūtrarogāmśca
 mūtrastham kuṣīrogān śakṛdgatam | rasādibhiśca sa-
 mṣṛṣṭam kuryādrogān rasādijān |" iti | yattūktam jaiijaṭ-
 ena 'iyaṃ vilambikā tantrāntare daṇḍakālasakasamjñay- 20
 oktā' iti | tadasat | bhedādivacanaparyālocanayā vilamik-
 āyā vidagdhamūlatvāt | daṇḍakālasakasyālasakabheda-
 tvena viṣṭabdhamūlatvāt | daṇḍakālasakasyāla sakabheda-
 tvena viṣṭabdhamūlatvāt | āmādyajīrṇalakṣaṇādihīnalakṣ-
 aṇatvādvilambikāyā ihābhīdhānam | § 2280 25

1.8.76 Aṣṭāṅgahrdayasaṃhitā

jīrṇe+apyāhāre kadācidāhārasāro raso+ajīrṇaḥ
 syāt | | 29 | |
 aśraddhā hr̥dvyathā śuddhe+apyudgāre
 rasaśeṣataḥ | | 29 | |
 śayīta kiñcīdevātra sarvaścānāsīto divā | | 29 | |
 svapyādajīrṇī, sañjātabubhukṣo+adyānmitam
 laghu | | 30 | | § 2284

1.8.77 Sarvāṅgasundarā

rasaśeṣe aśraddhā-annānabhilāṣaḥ | hr̥dvyathā-hr̥dayaśūlaṃ
gauravaṃ ca | śuddhe+apyudgāre-annasambandhini | te-
nājīrṇādarthāntarabhūta evāyaṃ rasaśeṣaḥ | ataśca rasa-
sya rudhirādihetorasamyakparipāka ityārthaḥ | taccikitsamāha-
5 śayītetyādi | atra-rasaśeṣe, kiñcideva-stokamātrameva sv-
apyāt, nājīrṇa iva prabhūtam | sarvaścājīrṇī, anāśito divā
śayīta, ālāghavāt | yadā cotpannakṣut syāttadā stokaṃ la-
ghu cādyāt | āśaḥ kṛto yena saḥ-āśitaḥ | na āśito-anāśitaḥ,
abhuktavānityārthaḥ | nanu, "ajīrṇyabhihatonmattān" ity-
10 anenaiva vākyenājīrṇināṃ divāsvapno+anujñāta eva | ta-
tkiṃ punaruktena ? brūmaḥ | viśeṣārthaṃ vākyamidam-
"abhukto divā svapyādajīrṇī" iti | tatra tu sāmānyam, aśit-
ānāśitacintā na kṛteti yuktā punarihoktiḥ | § 2285

1.8.78 Sarvāṅgasundarā

rasaśeṣaṃ lakṣayati-aśraddheti | aśraddhā-bhojanānabhilāṣaḥ |
nanu, etadāmādiṣvapyasti,ta āh-śuddhe+apyudgāre iti |
teṣu punarduṣṭa udgāraḥ | rasasya śeṣo-rasaśeṣaḥ | ras-
aśabdena rasahetubhūtāhārarāśīrlakṣyate | na hi rasadh-
5 ātorapakvasyājīrṇatvam | sa hyapakva eva rasaśabdno-
cyate, pakvasturudhiraśabdhenā | dṛṣṭatvādajīrṇatvamiti
cet na, tasyāmatvāt | vakṣyati hi (hr̥.sū.a. 13/24)- "ūṣm-
aṇo+alpabalatvena dhātumādyamapācitam | duṣṭamāmā-
śayagataṃ rasāmāmam pracakṣate |" iti | raseśeṣasyoṣadhamāha-
10 śayīteti | kiñcideva-muhūrtameva | nanu,muhūrtamanumānataḥ
siddhāmeva | maivam | ajīrṇināmadhikaṃ divāsvapnaṃ
vidhāsyati | svapnavidhiścayaṃ pradhānyāt | uṣṇāmbu-
pānādyapi kāryam | yadāha khāraṇādiḥ-"rasaśeṣe hitaḥ
svapno gharmāmbu laghubojanam |" iti | ajīrṇino divā-
15 svapnaṃ vidhatte-sarvaśceti | anāśito-abhuktavān | sarv-
agrahaṇaṃ prakṛtavisūcikādyajīrṇasaṅgrahārtham | "mu-
ktvā tu bhāṣya" ityādinā prāpte divāsvapne punarvidhā-
naṃ yatheṣṭasvapanārtham | ajīrṇino bhojanaṃ vidhatte-
sañjātabubhukṣa iti | sañjātabubhukṣo-abhyudīrṇānābhilāṣaḥ |
20 mitagrahaṇaṃ laghūnāmapi gurūktārdhasauhityaprāpty-
artham | § 2286

1.8.79 Aṣṭāṅgahr̥dayasaṃhitā

vibandho+atipravṛttirvā glānirmārutamūḍhatā | | 30 | |
ajirṇaliṅgaṃ sāmānyaṃ viṣṭambho gauravaṃ
bhramaḥ | | 31 | | § 2288

1.8.80 Sarvāṅgasundarā

vibandho-mūtrapuriṣayorapravṛttilakṣaṇaḥ | atipravṛtṭiḥ-
tayoreva | glāniḥ-ṣarīrasya mlānatā | mārutamūḍhatā-vātasya
pratilomatā | viṣṭambhaḥ-kukṣerādhmānam | gauravaṃ-
gurugātratvam | bhramo-mohaḥ | etatsāmānyamajirṇala-
kṣaṇam | uktaṃ ca-"sīdatyaṅgaṃ bhramo mohaḥ koṣṭhe 5
muhyati mārutaḥ | sarveṣāmapyajirṇānāmavisamvādi la-
kṣaṇm | |" iti | § 2289

1.8.81 Aṣṭāṅgahr̥dayasaṃhitā

ā0 ra0-uktānuktājirṇaviśeṣasaṅgrahārthamajirṇasāmā-
nyalakṣaṇamāha-vibandha iti |
vibandho-mālānāmapravṛtṭiḥ |
mārutamūḍhatā-vāyorvimārgagatiḥ |
viṣṭambo-viśeṣeṇa stambhogātrāṇām | § 2290

1.8.82 Āyurvedarasāyana

ajirṇāśanaṃ lakṣayati- na ceti | na kevalamatimātram-
evānnamāmodoṣaya | kiṃ tarhi ? dviṣṭādikamapyannaṃ
na jīryati,-āmadoṣāya bhavati | dviṣṭaṃ-apriyam | vi-
ṣṭambhivātāvarodhakāri | dagdhaṃ-atipakvam | āmaṃ-
apavkam | aśuci-malinam | śuṣkaṃ-nīrasam | ayambuplutaṃ-
atyambupānāt | śokadibhirupatapta bhuktam | kṣut-
bubhukṣā,tadupataptatvaṃ-kālātikramāt | ādiśabdādudv-
egādayaḥ | § 2291

1.8.83 Aṣṭāṅgahr̥dayasaṃhitā

na cātimātramevānnamāmadoṣāya kevalam | | 31 | |
dviṣṭaviṣṭambhidagdhāmagururūkṣahimāśuci | | 32 | |
vidāhi śuṣkamatyambuplutaṃ cānnaṃ na
jīryati | | 32 | |
upatapta bhuktaṃ ca
śokakrodhakṣudādibhiḥ | | 33 | | § 2295

1.8.84 Sarvāṅgasundarā

atimātrameva bhuktamannaṃ na kevalamāmadoṣāya, kiṃ
tarhi ? dviṣṭādi cānnaṃ na jīryati | dviṣṭaṃ-apriyam |
viṣṭambhi-kukṣyādhmānakāri | himaṃ-atiśītam | aśuci-
ucchiṣṭaṃ keśādidūṣitaṃ ca, etaccācintyaprabhāvatvādā-
5 madoṣahetuḥ | vidāhi-prāguktaṃ | śuṣkaṃ-adravaprāyam |
atyambuplutaṃ-atijalena plāvitam | caḥ samuccaye | na
kevalaṃ dviṣṭādyannaṃ bhuktaṃ na jīryati, yāvat śokādi-
bhiḥscopatapta bhuktaṃ na jīryati | śokaḥ-iṣṭavipattyādinā
10 bdena lobhabhayādiparigrahaḥ | § 2296

1.8.85 Aṣṭāṅgahr̥dayasaṃhitā

miśraṃ pathyamapathyam ca bhuktaṃ samaśanaṃ
matam | | 33 | |
vidyādadhyaśanaṃ bhūyo bhuktasyopari
bhojanam | | 34 | |
akāle bahu cālpaṃ vā bhuktaṃ tu
viṣamāśanam | | 34 | |
trīṇyapyetāni mṛtyuṃ vā ghorān vyādhīnsṛjanti
vā | | 35 | | § 2300

1.8.86 Sarvāṅgasundarā

pathyam-śālyādi | apathyam-yavakādi | tanmiśraṃ-ekīkṛtya,
bhuktaṃ samaśanaṃ matam, asminvaidyakatantre | vidy-

ādityādi | bhuktasya-abhyavahr̥tasyopari yadanyadbhojanam tadadhyaśanam jānīyāt | nanu, evaṃ prātarāśe kṛte yaḥ sāyamāśaḥ, tasyādhyaśanatvaṃ prasajyet | adhyaśanam ca vivarjyameva | yato+anantaremeva paṭhiṣyati-
 "trīṇyapyetāni mṛtyuṃ vā" ityādi | vaidyakitantreṣu ca na- 5
 rāṇāṃ dvirāhāra upadiṣṭaḥ | bhagavān vyāso+apyavocat-
 "sāyaṃprātarmanuṣyāṇāṃ bhojanam vidhinirmitam | " iti |
 tasmādadhyaśanasyaivaṃ tadasamīcīnam lakṣaṇam | atra
 sañcakṣmahe | prāgbhuktasyopari samanantaremeva va-
 hnāvavibhakte yadaśanam tadevādhyāśanam, nānyat | ata 10
 eva suśruto brūte (sū.a. 46|491)-"prāgbhukte tvavibha-
 kte+agnau dvirannaṃ na samācaret | " iti | tasmāt prāta-
 rāśe kṛte satyagnau vibhakte yaḥ sāyamāśaḥ sa na pa-
 rihāryaḥ, api tu kārya eva, guṇāvahatvāt | etadeva pr-
 atipādayitum saṅgrahe+adhyagīṣṭa (sū.a. 11)-"prātarāśe 15
 tvajīrṇe+api sāyamāśo na duṣyati | ajīrṇe sāyamāśe tu
 prātarāśo hi duṣyati | | divā prabodhyate+arkeṇa hr̥-
 dayam puṇḍarīkavat | tasminvibuddhe srotāṃsi sphu-
 ṭatvaṃ yānti sarvaśaḥ | | vyāyāmācca vicārācca vikṣ-
 iptatvācca cetasaḥ | na kledamupagacchanti divā ten- 20
 āsya dhātavaḥ | | aklinneṣvannamāsaktamanyatteṣu na
 duṣyati | avidagdheṣviva payaḥsvanyatsammīṣritam pa-
 yaḥ | | rātrau tu hr̥daye mlāne saṃvṛteṣvayaneṣu ca |
 parikledam yānti koṣṭhe saṃvṛte dehadhātavaḥ | | kli-
 nneṣvanyadapakveṣu teṣvāsiktam praduṣyati | vidagdhe- 25
 ṣu payaḥsvanyat payastapteṣvivārpitam | | naiśe tasm-
 ādajīrṇe+anne nānyadbhuñjīta bhojanam | " iti | adhi-
 śabdo+atropariśabdārthaḥ | yathā-'prāsādamadhirohati | '
 iti | akāle bahu cālpaṃ vā bhuktaṃ tvaśanam viṣamāśana-
 saṃjñam vidyāt | kaḥ punarakālo bhojanasya ? iti cet, brū- 30
 maḥ | "prasṛṣṭe viṇmūtre" (ślo. 55) ityādinā+a+ahārakālam
 vakṣyati | tadvaiparītyenākālo vedyaḥ | trīṇyapyetāni-
 samaśanādhyāśanaviṣamāśanāni, mṛtyuṃ vā sṛjanti-janayanti,
 ghorān vyādhīn-gulmādīn vā | § 2301

1.8.87 Sarvāṅgasundarā

samaśanam lakṣayati-miśramiti | pathyaṃ-śālyādi, apathyaṃ-
 yavakādi, tadvayam miśrīkṛtya bhuktaṃ-samaśanākhyam |

yattu kevalamapathyaṃ tadviruddhākhyam | adhyaśa-
naṃ lakṣayati-vidyāditi | bhuktasyopari punarbhojanaṃ-
adhyaśanākhyam | bhuktasya-prāgabhyavahratasyānnasya
pākābhāvādāmāśaya eva sthitasya, upari-ūrdhvamanyadannamādhīyate
5 yattat-bhuktasyopari bhojanam, pūrvānnaśeṣe bhuktami-
tyarthah | tathā ca carakah (ci.a. 14/233)- "pūrvānnaśeṣe
tu punarbhuktamadhyaśanam matam |" iti | suśruto+api
(sū.a. 46/508)- "ajīrṇe bhujyate yattu tadadhyaśanamucy-
ate |" iti | katham ? bhūyo-bāhulyena | anena kvacidann-
10 aśeṣe bhuktamapi nādhyāśanam | yathā (saṅgrāhe sū.a.
11)- "prātarāśe tvajīrṇe+api sāyamāśo naduṣyati |" iti |
tathā, atyagnau (hṛdaye ci. a. 10/84)- "muhurmuhurajī-
rṇe+api bhojyānyasyopakalpayet |" iti | nanu, etadaprātp-
akālāśanatvādviśamāśanādabhinnam | maivam | jīrṇe pū-
15 rvānne yadaprātpakālam tadvīśamāśanam, adhyaśanam
tajīrṇe iti bhedaḥ | nanu, "prasrṣṭe viṇmūtre" (ślo 55) ity-
ādinā jīrṇānatvasyaiva kālatvam vakṣayati | tatkatham-
aprātpakālatvam ? maivam | yo hi yadā pratyaham bhu-
rkte sa tasya bhojanakālah | prasrṣṭaviṇmūtravādikaṃ tu
20 tasyaiva viśeṣaṇam | tadvīśiṣṭasyaiva tasya kālatvārtham |
tasmāt prasrṣṭaviṇmūtratvādivīśiṣṭe svakāle bhojanaṃ-
kālabhojanam | prāpte+api pūrvānnasyājīrṇatvādanutpa-
nneṣu prasrṣṭaviṇmūtratvādiṣu bhojanaṃ-adhyaśanam |
pūrvānnasya jīrṇatvānutpanneṣvapi teṣvaprātpre svakāle
25 bhojanaṃ-viśamāśanam | avaśyaṃ caitadabhyupaganta-
vyam | anyathā hi (hṛ. sū. a. 16/18)- "hyastane jīrṇa ev-
ānne sneho+acchaḥ śuddhaye bahuḥ | śamanaḥkṣudv-
ato+ananno madhyamātraśca śasyate | |" iti kālabhedo na
syāt | viśamāśanam lakṣayati-akāla iti | akāle bhuktaṃ vi-
30 śamāśanam | taddvividham, -aprātpakālamatītakālam ca |
amātrāśanamapyakāle bhuktaṃ viśamāśanamevetyāha-
bahu cālpaṃ veti | tasmāt kāle yadamātrayā bhujyate
tadamātrāśanam | yaccākāle mātrayā amātrayā vā tadv-
iśamāśanam | samaśanādīnāṃ doṣamāha-triṇīti | etāni-
35 samaśana-viśamāśanādhyāśanāni, aniyatāyuṣaṃ mṛtyum,
niyatāyuṣaṃ ghorān vyādhīn sṛjanti | § 2302

1.8.88 Aṣṭāṅgahr̥dayasaṃhitā

kāle sātmyaṃ śuci hitaṃ snigdhoṣṇaṃ laghu
tanmanāḥ | |35| |
ṣaḍrasaṃ madhuraprāyaṃ
nātidrutavilambitaṃ | |36| |
snātaḥ kṣudvān viviktastho
dhautapādakarānaḥ | |36| |
tarpayitvā piṭṛn devānatithīn bālakān
gurūn | |37| |
pratyavekṣya tiraśco+api
pratipannaparigrahān | |37| |
samīkṣya samyagātmānamanindannabruvan
dravam | |38| |
iṣṭamiṣṭaiḥ sahāśrnīyācchucibhaktajanāhr̥-
tam | |38| | § 2309

5

1.8.89 Sarvāṅgasundarā

kāle-vakṣyamāṇe | tanmanāḥ-bhojanagatacittaḥ | kṣudvān-
bubhukṣitaḥ | viviktasthaḥ-ekāntasthitaḥ | tathā, prakṣāl-
itacaraṇhastamukhaḥ | anindan-bhojanamagarhamāṇaḥ |
abruvan-abhāṣamāṇaḥ | iṣṭaṃ-manorucitaṃ bhojanam |
tathā, dravaṃ-dravaprāyaṃ | iṣṭaiḥ-priyaiḥ, sahāśrnīyāt |
'kṣudvān' ityatra praśaṃsāyāṃ matup, utpannapraśast-
abubhukṣaḥ | tena kiñcidapi yadā duṣṭabubhukṣā syāt-
ttadā nādyādityarthaḥ | duṣṭabubhukṣāyā lakṣaṇam (sa-
ṅgrahe sū.a. 11)- "doṣopanaddhaṃ yadi līnamannaṃ pi-
ttoddhatasyāvṛṇuyānna vahnim | jāyeta duṣṭā tu tadā
bubhukṣā yā mandabuddhīn viṣavannihanti | |" iti | ki-
mbhūtaṃ bhojanam ? sātmyam | tacca sātmyaṃ dvidhā,
ekaṃ svalpakālābhyastaṃ sukhāvaham, anyacca janma-
naḥ prabhuti sahātmanābhyastaṃ sukhāvahaṃ ca | eta-
devaikaṃ sātmyamucyate | tathā, śuci-anucchiṣṭaṃ keś-
ādyanupahataṃ ca | hitaṃ-pathyam | snigdhaṃ ca tadu-
ṣṇaṃ ca-snigdhoṣṇaṃ | tathā, laghu-laghuprāyaṃ. na tu
laghveva | ata evedamupapannaṃ "ṣaḍrasaṃ madhura-

5

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15

prāyam" iti | madhuraraso hi guruḥ | tathā ca vakṣyati
(hr̥.sū.a. 10|38)- "paṭoḥ kaṣāyastasmācca madhuraḥ pa-
ramam̐ guruḥ |" iti | tadyadi laghveva syāt (tarhi) ma-
5 dhuraprāyamiti na ghaṭate | tasmāllaghuprāyamiti vyā-
khyeyam | kathamadyāt ? tadāha-nātidrutavilambitam |
kiṃ kṛtvā ? pitrādīm̐starpayitvā | tathā, tiraśco+api-
aśvavr̥ṣādīn, pratipannaparigrahān-kṛtasvīkārān, pratyavekṣya-
tadāhāracintām̐ kṛtvetyarthaḥ | tathā, ātmānam̐ samīkṣya-
yathā mamedam̐ sātmyamidamasātmyamiti nityamapra-
10 mattaḥ san paryālocya | kharanādenoktam-"atidrutāśī tv-
āhāraguṇadoṣāna vindati | unmuhyatyalpamaśnāti cch-
ardayedvā+anavasthitaḥ | | vilambitam̐ tu bhuñjāno na tṛ-
ptimadhigacchati | khādan bahvapi śītatvādyāti bhojya-
mahṛdyatām̐ | | jalpato hasataścāpi bhuñjānasyānyaceta-
15 saḥ | ta eva doṣā mantavyā ye vilambitabhojane | | ityādi |
§ 2310

1.8.90 Āyurvedarasāyana

atha bhojanasamyagyogaḥ | tatra samyagyogaprakāramāha-
kāle sātmyamiti | kāle-"prasṛṣṭe viṇmūtre" (ślo. 55) ityād-
inā vakṣyamāṇe | śuci-nirmalam | sātmyamiti hitasyāpya-
nabhyāsāsātmyasya nivṛttyartham, hitamityahitasyābhyā-
5 sasātmyasāsātmyasya | tanmanāḥ-bhojanaikadattacittaḥ |
madhuraprāyam-śaḍrasatve+apyadhikadhurarasam | nāt-
idrutavilambitamiti kriyāviśeṣaṇam | viviktastho-vijanasthaḥ |
pitrādīm̐starpayitvā | pratipannaparigrahān-pālyatvena sv-
īkṛtān | tiraśco+api-kiṃ punarmanuṣyān | pratyavekṣya-
10 teṣāmāhāracintām̐ vidhāya | atmānam̐ samīkṣya-prakṛtiṃ
vicārya | anindanbhojyamakutsayan | abruvan-kṛtamaunaḥ |
dravam̐-dravabahulam | iṣṭam̐-priyam | iṣṭaiḥ saha-priyajanaiḥ
saha | śucibhaktajanāhṛtam̐śucayo-bāhyābhyantaraśaucayuktāḥ,
bhaktāḥ-anuraktāḥ, ye janāstairāhṛtam̐-ānītam | § 2311

1.8.91 Aṣṭāṅgahr̥dayasam̐hitā

bhojanam̐ tṛṇakeśādijuṣṭamuṣṇīkṛtam̐ punaḥ | | 39 | |

śākāvarānnabhūyiṣṭhamatyuşṇalavaṇam
tyajet | | 39 | | § 2313

1.8.92 Sarvāṅgasundarā

ṛṇādijuṣṭam bhojanam tyajet | ādiśabdena makṣikādipa-
rigrahaḥ | tathā, bhūya uṣṇīkṛtam | tathā, śākabahulam |
tathā, avarānnaṃ-māśādi, tadbhūyiṣṭham | tathā, atyuṣṇ-
amatilavaṇam ca tyajet | § 2314

1.8.93 Āyurvedarasāyana

ṛṇajuṣṭādibhojanamapavadati-bhojanamiti | tatrānindānn-
iti grahṇāt ṛṇakeśamakṣikādijuṣṭasya ninditasyāpi pra-
ptiḥ, uṣṇagrhaṇāt punarūṣṇīkṛtātyuşṇayoḥ, iṣṭagrahaṇāt
śākasūpabahulasya, ṣaḍrasagrahaṇāt atilavaṇasya | § 2315

1.8.94 Aṣṭāṅgahrdayasaṃhitā

kilāṭadadhikūcīkākṣārasuktāmamūlakam | | 40 | |
kṛśaśuṣkavarāhāvigomatsyamahiṣāmiṣam | | 40 | |
māṣaniṣpāvaśālūkabisapiṣṭavirūḍhakam | | 41 | |
śuṣkaśākāni yavakān phāṇitaṃ ca na
śīlayet | | 41 | | § 2319

1.8.95 Sarvāṅgasundarā

tathā, kilāṭādīna śīlayet-nābhyaset, na kādācitko+abhyavahāra
eṣaṃ niṣidhyate | muninā tu (ca. sū. a. 5 | 7)- "nābhy-
asedgauravāt" iti yathā heturupanyastaḥ, tatheha no-
ktaḥ, ayuktatvāt | tathā hi-eṣāmanabhyavahāre yadi gu-
rutvameva hetuḥ syāt | tato guḍayavādīnāmapi bahuta- 5
rāṇāṃ dravyāṇāṃ śīlanamayuktaṃ syāt | tasmādeṣāma-
śīlane+anyadapi kāraṇam cintyam, na tu gurutvamātra-
meva | yathā-kilāṭakūcīkayordoṣalatvaṃ, dadhnastu jvar-
ādikarṭṭvaṃ tathā srotolepaḥ, srotolepatvāccānekaroga-
hetutvam, kṣārasya puṃstvahānikṛttvam, śuktasya drṣṭ- 10

ihanṭrvādi | tasmādeṣāmapathyatvācchīlananiṣedho bo-
dhyah | § 2320

1.8.96 Āyurvedarasāyana

sātmyatvādiprasaktaṃ kilāṭādyabhyāsamapavadatikilāṭ-
eti | āmamiti mūlakasya viśeṣaṇam, kṛśādīnyāmiṣasya | na
śīlayet-na nityaṃ bhajet | yadā tatsevanam vinā sthātu-
maśaktiḥ, yadā vā tatsādhyarogotpattiḥ, tadā bhajeditya-
5 rthaḥ | § 2321

1.8.97 Āyurvedarasāyana

sātmyādīnyudāharati-śīlayedeti | jāṅgalaṃhariṇādīmāṃsam |
pathyā-harītakī | mṛdvīkā-drākṣā | § 2322

1.8.98 Aṣṭāṅgahr̥dayasaṃhitā

śīlayecchāligodhūmayavaṣaṣṭikajāṅgalam | | 42 | |
sunīṣaṇṇakajīvantībālamūlakavāstukam | | 42 | |
pathyāmalakamṛdvīkāpaṭolīmudgaśarkarāḥ | | 43 | |
ghṛtadivyodakakṣīrakṣaudradāḍimasaindhavam | | 43 | | § 2326

1.8.99 Sarvāṅgasundarā

śālyādīn śīlayet | § 2327

1.8.100 Aṣṭāṅgahr̥dayasaṃhitā

triphalāṃ madhusarpirbhyāṃ niśi netrabalāya ca | | 44 | |
svāsthyānuvṛttikṛdyacca rogochedakaram ca
yat | | 44 | | § 2329

1.8.101 Sarvāṅgasundarā

madhusarpirbhyāṃ saha triphalāṃ ca rātrau netrabalāya śīlayet | na kevalaṃ śālyādīneva śīlayet | yacca dravyaṃ svāsthyānuvṛttiṃ karotyṛtucaryāvidhyādyuktamannapānādikam | tathā, rogochedakaraṃ yat-kirātatikakādidravyam, tacca śīlayet | § 2330 5

1.8.102 Āyurvedarasāyana

prasaṅgānityasevyamauśadhamāha-trifalāmiti | niśi-svapnakāle | netrebalāya-cakṣurindriyadārḍhyāya | yacca auśadham rasāyanādikam, svāsthyamanuvartayati rogotpatibījaṃ cocchinatti tadapi yathākālaṃ bhajet | uktaṃ ca carakeṇa (sū. a. 5/10)- "tacca nityaṃ prayuñjīta svāsthyam yenānuvartate | ajātānāṃ vikārāṇāmanutpatikaraṃ ca yat | |" iti | § 2331 5

1.8.103 Aṣṭāṅgahṛdayasaṃhitā

bisekṣumocacocāmramodakotkārikādikam | | 45 | |
adyāddravyaṃ guru snigdham svādu mandam
sthiraṃ puraḥ | | 45 | |
viparītamataścānte
madhye+amlalavaṇotkaṭam | | 46 | | § 2334

1.8.104 Sarvāṅgasundarā

bisādidravyaṃ gurvādiguṇayaktaṃ puraḥ-pūrvamadyāt | modako-laḍḍukaḥ | utkārikā-lapyasikā | ataḥ-asmācca, viparītaṃ-laghurūkṣakaṭutikṣṇasaraprāyam, ante bhojanasya seveta | madhye cāmlalavaṇotkaṭam | kharanāde coktam-"kaṭuṃ lavaṇamamlaṃ vā pūrvamāhāramāharet | āhāro 5
madhuro+agre hi gururviṣṭabhya jīryati | |" iti | tadetaduktamubhayamapi deśasātmyādivasāt pramāṇayitavyam | § 2335

1.8.105 Āyurvedarasāyana

bhojyakramamāha-biseti | gurvādiguṇaṃ bisādibhojyadr-
avyaṃ puraḥ-pūrvamadyāt | mocam-kadalīfalam | cocam-
nārikelafalaṃ panasam vā | modako-laṅgukaḥ | utkārikā-
pūpalikā | ādiśabdādiṅdarikādayaḥ | ato viparītaṃ-laghvādiguṇaṃ
5 ṣaṣṭikaudanādikaṃ, ante adyāt | amlalavaṇotkaṭaṃ-śuktādikaṃ,
madhye+adyāt | yattūktaṃ khāraṇadinā-"kaṭuṃ lavaṇa-
mamlam vā purvamāhāramāharet | āhāro madhuro+agre
hi gururviṣṭabhya jīryati | |" iti | tanmandāgniviṣayam |
tadbhojanasya dīpanapurvakatvāt | tathā coktaṃ saṅgr-
10 ahe (sū. a. 10)- "yathāgnisātmyaṃ tu prāgdrāvamupa-
śuṣkaṃ vā+aśnīyāt | prāgeva tu guru svādu snigdham
ca | madhye+amlalavaṇam | ante rūkṣadravamitararasa-
yuktaṃ ca | tatra mandāgneḥ dravoṣṇena samuttejito-
ṣmaṇo+anyadapyupayuktaṃ samyak pākamupaiti |" iti |
15 § 2336

1.8.106 Aṣṭāṅgahr̥dayasaṃhitā

annena kukṣerdvāvaṃśau pānenaikaṃ
prapūrayet | |46 | |
āśrayaṃ pavanādīnām
caturthamavaśeṣayet | |47 | | § 2338

1.8.107 Sarvāṅgasundarā

kukṣeḥ-jaṭharasya, annena dvau bhāgau prapūrayet |
pānena-jalādinā, ekamaṃśaṃ prapūrayet | caturthama-
mśaṃ pavanādīnāmāśrayamavaśeṣayet-na tvannena pā-
nena vā prapūrayet | atra tvaṃśakalpanā parikalpane-
5 naiva yujyate, na tvaṅgulamānādinā | suśrute cābhih-
itam (sū. a. 46|478)- "prakṣālayedadbhīrāsyam bhuñj-
ānaśca muhurmuḥ | viśuddhe rasane hyasmin roc-
ate+annamapūrvavat | |" iti | [rasanā vidyate yasya mukh-
asya tadrasanam, tasmin rasane viśuddhe rocate+annamapūrvavat | |]
10 § 2339

1.8.108 Sarvāṅgasundarā

annapānaylorvibhāgamāha-anneti | kuṣṣiḥudaram, cat-
 urthā vibhajya dvāvamaṣavannena-adraveṇa pūrayet | tṛt-
 īyamamaṣaṃ pānena-draveṇa pūrayet | caturthamaṣaṃ
 pavanādisukhasañcārārthamanaśeṣayet-na kenāpi pūra-
 yet | etadeva ca sauhityamānam | ata evārdhasauhityaṃ 5
 nātītṛpatā ca jñeyā | § 2340

1.8.109 Āyurvedarasāyana

athānupānam | tena hyasamyogyo+api samyogyogatāṃ
 yāti | yadāha khāraṇādiḥ-"kāmaṃ doṣavadapyannamam-
 ātraṃ vā niṣevita, | alpadoṣamadoṣaṃ vā+apyanupānena
 jīryati | |" iti | anu-pāścātpīyata ityanupānam | etacca bāh-
 ulyābhiprayeṇa | taddhi madhye+apyādāvapi pīyate | ya- 5
 dāha suśrutaḥ (sū. a. 46/468)- "tadātau karṣayet pītaṃ
 sthāpayenmadhyasevitam | paścātpītaṃ bṛṃhayati tasm-
 ādvīkṣya prayojayet | |" iti | tathā, (su.sū.a. 46/428)- "ni-
 rāmayānāṃ caitattu bhuktamadhye praśasyate |" iti ca |
 kastarhi pānānupānaylorbhedāḥ ? ucyate | yadaniyatakā- 10
 laṃ rucivaśātpīyate tat-pānam, yanneyatakālaṃ vidhiva-
 śātpīyate tat-anupānam | tatrādāvanupānavibhāgaḥ | ta-
 tra yavādiṣu śītodakamāha-anupānaṃ himamiti | piṣṭa-
 mayeṣu īṣaduṣṇodakamāha-koṣṇamiti | yattu suśrutenok- 15
 ktam (sū. a. 46/423)- "śītodakaṃ māḥṣikasya piṣṭān-
 asya ca sarvaśaḥ | dadhipāyasamadyārtiviṣajuste tatha-
 iva ca | |" iti | tadvidāhipiṣṭānnaviṣayam | uktaṃ va sa-
 ŋgrahe (sū. a. 10)- "tacchītaṃ dadhimadhuyavadodhū-
 mamadyaviṣeṣusarveṣu ca vidāhiṣu śaradgrīṣmayośca |"
 iti | śākādiṣu mastvādyāha-śāketi | śākaṃ-pāṭhādi, mu- 20
 dgādisūpyam, tasya (tayoh) vikṛtiḥ-vaṭakādikā | vikṛtigr-
 ahaṇaṃ rasādyanyatva eva mastvādiprāptyartham | av-
 ikr̥te tu sūpātau suśrutenoktam (sū. a. 46/425)- "payo
 māṃsaraso vā+api śākamudgādibhojane |" iti | mastvād-
 iṣu yasya yatsātmyamiṣṭaṃ vā tasya tadyojyamiti | eka- 25
 syaiva tatkāryakaravāt na miśrīkr̥tyaprayogaḥ | ata eva
 pṛthaguktaṃ saṅgrahe (sū. a. 10)- "dhānyāmlaṃ ma-
 stu takraṃ vā śākāvarāṇneṣu |" iti | kṛśānāṃ surāmāha-

sureti | kṛśānāṃ śītodakādyuciteṣvanneṣu suraivānupā-
nam, anavakāstvāt | puṣṭyarthē- na tu roṅanivṛtyartham |
yastu kṛśo roṅārtaḥ tasya roṅānurūpamanupānam pr-
ayoṅyam | sthūlānāṃ madhūdakamāha-sthūlānāṃ tviti |
5 madhumiśramudakam-madhūdakam | śeṣaṃ purvavat |
śoṣe māṃsarasaṃmāha-śoṣa iti | śoṣe-śuṣyati dehe | yadāha
khāraṇādih-"kṛśakṣiṇāmayonmuktapuṣṭivarnabalārthinām |
madyastrīśramanityānāṃ śuṣyatām ca raso hitaḥ | |" iti |
māṃsāśināṃ mandāgnīnāṃ ca madyamāha-madyamiti |
10 tacca madyocitānāmeva | yadāha suśrutaḥ (sū. a. 46/426)-
"madyaṃ madyocitānāṃ tu sarvamāṃseṣu pūjitaṃ | ama-
dyapānāmudakam falāmlaṃ vā praśsyate | |" iti | vyādhy-
ādiṣṇādīnāṃ kṣīramāha-vyādhyauṣadhēti | laṅghanāmu-
pavāsaḥ | karma-ceṣṭā | § 2341

1.8.110 Aṣṭāṅgahr̥dayasaṃhitā

anupānam himaṃ bāri yavagodhūmayorhitam | |47| |
dadhni madye viṣe kṣaudre, koṣṇaṃ
piṣṭamayeṣu tu | |48| |
śākamudgādivikṛtau
mastutakrāmlakāñjikam | |48| |
surā kṛśānāṃ puṣṭyartham, sthūlānāṃ tu
madhūdakam | |49| |
5 śoṣe māṃsaraso, madyaṃ māṃse svalpe ca
pāvake | |49| |
vyādhyauṣadhādhvabhāṣyastrīlaṅghanātapakarmabhiḥ | |50| |
kṣiṇe vṛddhe ca bāle ca payaḥ pathyaṃ
yathā+amṛtam | |50| | § 2348

1.8.111 Sarvāṅgasundarā

yavagodhūmayorbhuktayoranu-pāścāt, pānam śītaṃ ja-
laṃ hitam | tathā, dadhni madye viṣe kṣaudre ca hi-
maṃ jalamanupāne hitam | piṣṭamayeṣu koṣṇaṃ ja-
laṃ hitam | śākamudgādivikṛtau ca mastvādikaman-
5 upānam hitam | kṛśānāṃ puṃsāṃ surā puṣṭyartham

hitā | sthūlānāṃ punaḥ karśanāya madhūdakaṃ hi-
tam | śoṣe-kṣaye, māṃsaraso hitaḥ, puṣṭikāritvāt | mā-
mṣe bhukte madyamanupānaṃ hitam | svalpe ca pāv-
ake madyamevānupānaṃ hitam | vyādhyādibhiḥ kṣīṇe- 5
kṣapite, payo-dugdham, pathyaṃ-hitam | iha (hitamiti) pr-
akṛte+api pathyagrahaṇaṃ pathyataratvajñāpanārtham |
yathā+amṛtamityanenaitat pratipādayati,-yathā+amṛtaṃ ba-
lavarnaṇaujaḥkāntyāyurādijanakaṃ tathedamapītyarthaḥ |
§ 2349

1.8.112 Āyurvedarasāyana

anuktānupānavibhāgopāyamāha-viparītamiti | yat-dravyaṃ,
yasyānnasya guṇaiḥ kṛtvā viparītaṃ na ca tena saha vir-
uddham, tattadannasyānupānaṃ | samāsenā-sāmānyena,
viśeṣatastu sātmyādiparyālocanayā svayamūhyam | an-
upānasya nityasevyatvamāha-sarvadeti | tat-anupānaṃ | 5
§ 2350

1.8.113 Aṣṭāṅgahr̥dayasaṃhitā

viparītaṃ yadannasya guṇaiḥ syādavirodhi ca | | 51 | |
anupānaṃ samāsenā, sarvadā
tatpraśasyate | | 51 | | § 2352

1.8.114 Sarvāṅgasundarā

annasya-bhaktavaṭakādeḥ, yadviparītaṃ guṇaistadanupā-
naṃ sadā praśasyate | yathā,-snigdhasya rūkṣam, rūkṣa-
sya snigdham, śītasyoṣṇam, uṣṇasya śītam, madhurasya-
mlam, amlasya madhuramityādi | nanu, evamurarīkriya-
māṇe kṣīrasya kṣaireyādervā takracukrādīnāmamlānām- 5
anupānatvaṃ prāptamityāha-guṇairityādi | viparītaguṇa-
mapi yadavirodhi tadevānupānaṃ sadā hitam | § 2353

1.8.115 Aṣṭāṅgahr̥dayasaṃhitā

anupānaṃ karotyūrjāṃ tr̥ptiṃ vyāptiṃ
dṛḍhāṅgatām | | 52 | |
annasaṅghātaśaithilyaviklittijaraṇāni
ca | | 52 | | § 2355

1.8.116 Sarvāṅgasundarā

anupānamūrjādīn karoti | ūrjā-manaḥpraharṣaḥ | tr̥ptiḥ-
prīṇanaṃ śarīrendriyasya, kṣāmatāvīparīto+annaguṇaḥ |
tathā, vyāptiḥdravasya hi gamanam, na kaṭhinasya |
dṛḍhāṅgatā-sthiraśarīratvam | tathā, annasaṅghātasya śa-
5 ithilyam | viklittiḥ-vikledanam | jaraṇaṃ-pariṇāmaḥ | et-
āni ca karoti | § 2356

1.8.117 Āyurvedarasāyana

anupānasya phalamāha-anupānamiti | ūrjāmbalam | tr̥ptiṃ-
sauhityam | vyāptiṃ-annasya sarvasrotonusaraṇam | ann-
asaṅghātaśaithilyādīni ca | śaithilyaṃ-kāṭhinyanivṛttiḥ |
viklittiḥ-śuṣkatvanivṛttiḥ | jaraṇaṃ-pākaḥ | § 2357

1.8.118 Aṣṭāṅgahr̥dayasaṃhitā

nordhvajatrugadaśvāsakāśoraḥkṣatapīnase | | 53 | |
gītabhāṣyaprasaṅge ca svarabhede ca
taddhitam | | 53 | | § 2359

1.8.119 Sarvāṅgasundarā

ūrdhvaṃ jatruṇaḥ-ūrdhvajatru, tasmin ye gadāsteṣu tat-
anupānaṃ, na hitam | tathā, śvāsādiṣu na hitam | gīta-
bhāṣyayoḥ prakarṣeṇa saṅgaḥ-sātatyena sambandhaḥ, ta-
smin | tathā, svarabhede-svarasāde na taddhitam | ūrdhv-
5 ajatrugadādīnāṃ hyanupānaṃ pradūṣyāmāśayamuraḥk-
aṅṭhasthitamāhārajaṃ snehamāsādyābhiṣyandāgnisāda-
cchardiyādīnāmayān vidadhyāt | § 2360

1.8.120 Āyurvedarasāyana

ūrdhvajatrugadādāvanupānaṃ niṣedhati-nordhvetyādi | va-
kṣaḥskandhayoḥ sandhī-jatruṇī, tayorūrdhvam-ūrdhvajatru,-
kaṅṭhādikapālantaṃ, tatra ye gadāste-ūrdhvajatrugadāḥ |
kāsoṭpatteḥ prāgapi niṣedhārthamuraḥkṣatagrahaṇam |
gītabhāṣyayoḥ prasaṅgo-gāyanādhyayanādyabhyāsaḥ | § 2361 5

1.8.121 Āyurvedarasāyana

praklinnadehādīnāṃ pānamātraṃ niṣedhati-praklinneti |
praklinnadehaḥ-kledabahulaśarīraḥ | mehādibhirāturāḥ |
§ 2362

1.8.122 Aṣṭāṅgahr̥dayasaṃhitā

praklinnadehamehākṣigalarogavraṇāturāḥ | | 54 | |
pānaṃ tyajeyuḥ----- | | 54 | | § 2364

1.8.123 Sarvāṅgasundarā

praklinno deho yeṣāṃ āmavisarpādyārtānāṃ te pānaṃ
tyajeyuḥ | mehādīnāmāturaśabdena pratyekaṃ samban-
dhaḥ | meharogādyāturāḥ pānaṃ-dravarūpaṃ tyaje-
yuḥ, na kevalamannasyopari yadanupānaṃ | kharanāde
coktam-"mehī plīhī vraṇī kuṣṭhī pāṇḍurjatharapīnasī | śoṣ- 5
ātisārī mandāgniḥ pānīyaṃ mandamācaret | | nordhvāṅg-
apavanāviṣṭe vāgvāyāmahate na ca | kṣatorasi śvāsakāś-
ahikkāvamyardite na ca | | niranne cordhvaroge ca na pe-
yaṃ vāri śītalam | " iti | § 2365

1.8.124 Aṣṭāṅgahr̥dayasaṃhitā

-----sarvaśca bhāṣyādhvaśayanaṃ tyajet | | 54 | |
pītvā, bhuktvā+a+atapaṃ vahnim yānaṃ
plavanavāhanam | | 55 | | § 2367

1.8.125 Sarvāṅgasundarā

caśabdo luptanirdiṣṭo+atra | sarvo+api puruṣaḥ-svastho
rogī ca, pītvā bhuktvā ca bhāṣyādīmstyajet | tathā, āt-
apādīn pañca tyajet | tyajeditrāpyanuvṛtṭyā yojyam |
yānaṃ-rathādi | plavanaṃ-taraṇam | vāhanaṃ-aśvādi | § 2368

1.8.126 Āyurvedarasāyana

pānānantaraṃ bhāṣyādi niṣedhati-sarvaśceti | sarvaḥ-saṣiddhapāno+aniṣidhāpā
vā, niṣiddhapānasyāpi pramādādavasthādivaśādvā pāna-
prasaktiḥ | bhojanānantaramātapādi niṣedhati-bhuktvā+a+atapamiti |
yānaṃ-pabhdyāṃ gamanam | vāhanaṃ-aśvādibhiḥ | plavanaṃ-
5 pratarāṇam | gamanam tu padaśatādūrdhvaṃ niṣiddham |
yadāha suśrutaḥ (sū. a. 46/486)- "tataḥ padaśataṃ gatvā
vāmapārśvena saṃviśet |" iti | § 2369

1.8.127 Aṣṭāṅgahr̥dayasaṃhitā

prasr̥ṣṭe viṇmūtre hr̥di suvimale doṣe svapathage
viśuddhe codgāre kṣudupagamane
vāte+anusarati | | 55 | |
tathā+agnāvudrikte viśadakaraṇe dehe ca
sulaghau prayuñjītāhāraṃ vidhiniyamitaṃ,
kālaḥ sa hi mataḥ | | 55 | |
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ
sūtrasthāne mātrāsītīyo nāma
aṣṭamo+adhyāyaḥ | | 8 | | § 2372

1.8.128 Sarvāṅgasundarā

āhāraṃ vidhinā-pūrvoktena " kāle sātmyaṃ śuci hitam"
ityādīnā niyamitaṃ prayuñjīta,-aśnīyādityarthaḥ | kadā
? mūtrapurīṣe prakarṣeṇa sr̥ṣṭe sati | na tu kiñcideva
tyakta iti praśabdena dyotayati | tathā, hr̥daye suṣṭhu
5 vimale-rasaśeṣakṛtagauravādirahite | tathā, doṣe-vātādau,
svapathage-svamārgage, ajīrṇe hyāhāre+annaśeṣeṇa ru-

ddhagatayo vātādayaḥ svasthānaṃ na labharen, sujirṇe tu svasthānasthāḥ syuḥ | udgāre ca viśuddhe-caśabdo+anuktasamuccayārth srotomukheṣu ca viśuddheṣvityarthaḥ | kṣudupagamane-upagatāyāṃ kṣudhi | vāte+anusarati-anulomaṃ gacchati | tathā, agnau-kāyāgnau, udrikte-pākakṣame | tathā, 5 dehe paṭvīndriye suṣṭu laghau ca | kālah sa hi mataḥ | hiśabda evārthe | sa eva kālo bhojanasya dr̥ṣṭaḥ, na tvato+apyūrdhvam | sa hyatikālah, tatra bhuktama- nnaṃ vātaviṣṭabdhaṃ kṛcchrādvipacyate | tathā coktaṃ tantrāntare-"atītakāle bhujjāno vāyunopahate+anale | kṛ- 10 cchrādvipacyate bhuktaṃ dvitīyaṃ na ca kāṅkṣati | | kukṣāvādhmānamātopasādāṃśca kurute+adhikam |" iti | tasmātpūrvokte kāle bhojanamadyāditi | yamau nsau taḥ sasyādrasaravivirāmā dhīralalitā | iti śrīmr̥gāṅkada- ttaputra śrīmadarūṇadattaviracitāyāmaṣṭāṅghr̥dayaṭikā- 15 yāṃ sarvāṅgasundarākhyāyāṃ sūtrasthāne mātrāsītīyā- dhyāyo+aṣṭamaḥ samāptaḥ | | 8 | | § 2373

1.8.129 Sarvāṅgasundarā

bhojabakālamāha-prasṛṣṭe viṇmūtra iti | prasṛṣṭe- pravṛ- tte | suvimale-atiprasanne | svapathage-svamārgagāmini | viśuddhe-mādhuryādirahite kṣudupagamane-bubhuḥṣotpattau | anusarati-anukūlaṃ pravartamāne | 'doṣe svapathage' ity- 5 anenaiva vātānulomye labdhe 'vāte+anusarati' iti vātān- ulomyasya prādhānyārtham | udrikte-atidīpṭe | viśadak- araṇenirmalendriye | sulagau-laghīyasi | vidhiḥ-śāstrokto niyamaḥ, tena niyamitaṃ-niśiddhakāmacāram | nanu, yo yadā bhujkte sa tasya bhojanakālah | kimanena ? ity- ata āha-kāla ityādi | hi-yasmāt, saḥ-tahāvidhaḥ prasṛ- 10 ṣṭaviṇmūtratvādiviśiṣṭo, bhojanakālo bhataḥ ācāryāṇāṃ, na kevalaḥ | tasmāt prasṛṣṭaviṇmūtratvādiviśiṣṭe svak- āle bhujjīta | iti bhojanaprakriyā | saṅgrāhe tu (su.a. 10)- "vidhivihitamannapānamīṣṭendriyārthamāyatanam- āyūṣo bruvate | tadāyattānihyojastejodhātvidriyabalapu- 15 ṣṭituṣṭipratibhārogyādīni | tadindhanā cāntaragneḥ sthi- tiḥ, agnimūlaṃ ca dehadhāraṇamiti | athātmavān svabhā- vasaṃyogasaṃskāramātrādeśakālopayogavyavasthāḥ sa-

ptāhākalpanāviśeṣaṇāṃ svāsthyāsvāsthyafalānāṃ hetu-
bhūtāḥ samīkṣya hitamevānurudhyeta | tatra svabhāvato-
divyodakaraktaśālīsaṣṭīkamudgaiṇalāvādayo laghavaḥ, kṣ-
īrekṣuvrīhimāśānūpamiśādayo gurava ti | te khlvapi sa-
5 ṃyogādiviśeṣairanyathātvaṃ pratipadyante | tatra saṃy-
ogo nāma-dvayorbahūnāṃ vā samhatībhāvāḥ | sa viśeṣ-
amārabhate yannaikaikaśo dravyāṇi | saṃskārustu-toyā-
gnisannikarṣaśaucamanthanadeśakālabhāvanābhājanādibhi-
rupajanyate | mātṛā punaḥ-piṇḍaparimāṇataḥ samudāy-
10 ena pratidravayāpekṣayā cāhārarāśiḥ | deśo-dravyasyopayoktuścotpatyavasthāne
tatra punarupayoktā svasthāturatvataḥ prakṛtibhedata-
śca | ajīrṇe hi pūrvasyāhārasyāpariṇato rasa uttareṇopasṛ-
jyamānaḥ sarvān doṣān prakopayatyāsu | jīrṇe tu svasth-
ānastheṣu doṣeṣu vātānulomye sṛṣṭeṣu vātamūtrapurīṣa-
15 vegeṣu viśuddheṣūdgārahṛdayasrotomukheṣu viśadakar-
aṇe laghuni śarīre+agnāvurdīrṇe jātāyāṃ bubhukṣāyāma-
bhyavahr̥tamannamapradūṣayaddoṣānāyurbalavarṇānabhi-
vardhayati | kevalamayameva kālo bhojanasya | atītak-
ālam punastadvaviṣṭabdham kṛcchrādvipacyate | karś-
20 ayatyannaruciṃ ca punarupahanti | upayogavyavasthā-
nāsnāto na digvāsā naikavastradhṛk na malinavasano nā-
hutvā nājapitvā nānirūpya devatābhyo na pitṛbhyo nād-
atvā+agramagnaye na gurūbhyo nātithibhyo nābhyāgat-
ebhyo śvavayaḥ śvpacebhyaḥ | pratyavekṣya cāśritopā-
25 śritānapi tiraścaḥ parigr̥hītān praśastadeśakālopakaraṇa-
yuktaḥ sragvī vibhūṣitaḥ sugandhirārdrapāṇipādaḥ su-
viśuddhavadano+abhimarasahāyaḥ keśamakṣikādyajuṣṭ-
amanindyamanindrannaninditaṃ punarnoṣṇīkṛtaṃ nāty-
uṣṇamanupadagdham susiddhamalolo nāsātmyaṃ nāv-
30 iditaṃ nāviditāgamaṃ nātiprage nātisāyaṃ nākāśe nā-
tape nāndhakāre nādho vṛkṣasya na śayyāstho nonna-
mya pradeśinīm na pātre bhīnne nāsaṃvṛte na maline na
bhāvadūṣite na cāsanasthite na hastasthe na haste | pr-
āṅmukhaḥ sumanāḥ śucibhaktākṣudhitānukūlajanopahi-
35 taṃ hitamannamaśnīyāt | na paryuṣitamanyatra māṃsop-
adamśaśuśkaśākafalabhakṣyebhyaḥ | nāśeṣamanyatra da-
dhimadhughṛtasalilasaktuśuktapāyasebhyaḥ | api ca | sn-
igdham laghūṣṇamavilambitamamanatidgutamajalpanaha-

samstanmānāḥ samīkṣya samyagātmānam | snigdhalagh-
 uṣṇāni hi vahnimaudaryamudīrayanti koṣṭam pariśodh-
 ayanti dhātūna vikurvate, kṣipram jīryantyanilamanul-
 omayanti | tathā, snigdham dṛḍhīkarotīndriyāṅyupacin- 5
 oti śarīramapacinoti jarasaṃ, balamabhivardhayati, varṇ-
 aprasādamabhinirvartayati | laghu ca punaḥ svābhādibh-
 irannamapratipīḍayaddoṣānavyayaṃ pariṇāmameti, vip-
 annamapi cālpadoṣaṃ bhavati | uṣṇaṃ ca punarjanay-
 ati rucimupaśoṣayati śleṣmānam | vilabitaṃ tu bhuñjāno
 na tṛṭpimabhigacchati bahu ca bhuñkte śītībhavati cā- 10
 nnajātaṃ viṣamapākaṃ ca bhavati | atidrutaṃ tu bhu-
 ñjānasya jalpato hasato+anyamanaso vā bhavedutsneha-
 namavasādanam bhojanasyāpratiṣṭhānam guṇadoṣāvibh-
 āvanam ca | samīkṣya samyagātmānamiti mamedam sā-
 tmyamidamasātmyamiti vā nityamapramattaḥ pratyave- 15
 kṣeta | tatra sātmyam nāma sahātmanā bhavati, atastad-
 aucityādupaśeta ityeke | sātmyaviparītamanupaśayādas-
 ātmyam | anye punaḥ prakṛtivayodeśartudoṣavyādhivaś-
 ena sātmyam bahavidhamicchanti | te hyupaśayamātra-
 maṅgīkr̥tya viparītaguṇamapyupacāreṇa sātmyamācakṣ- 20
 ate | tulyaguṇam cānupaśayādasātmyam | sātmyam tu pr-
 avarāvaramadhyavibhāgena trividham | tatra sarvarasaṃ
 pravaram, ekarasamavaram, madhyamaṃ tu madhyam-
 eva | teṣu pravaram samadoṣasyopadiśanti | itareṣāmapi
 krameṇa sātmyamapi cāhitaṃ pādena pādapādena vā vi- 25
 varjayedyuktaṃ prāk | tatra yadāhārajātaṃ samān dhā-
 tūnanuvartayati, viṣamāmśca samīkaroti, tatsamāsato hi-
 tam | viparīramahitam | tatpunarmātrāyogādivaicitryāda-
 niyamapi yathopadeśaṃ yathābhūyiṣṭhaṃ ca śīlayet pa-
 riharecca | bhuñjānastu peyāyūśarasāmlavyañjanāni rāj- 30
 ateṣu pātreṣu nidadhyāt | pariśuṣkapradagdhānyuṣṇam
 ca payaḥ sauvarṇeṣu | khalakaṭvarakāmbalikān kām̐sy-
 eṣu | rāgakhāṇḍavasatṭakān vajravaiḍūryavicitreṣu | dh-
 ṛtamāyase | payaḥ suśītaṃ tāmramaye | pānīyam pānak- 35
 āni ca mṛddhemasphaṭikakācamayeṣu | odanam ca vist-
 īrṇe manorame vimale+anyatame sthāle | anyathā hi va-
 rṇagandharasānyatvādahitaṃ syāt | api ca | dakṣiṇapā-
 rśve bhakṣyam sthāpayet, savye peyam lehyam mukh-

oddharṣaṇapiṇḍīm ca, madhye bhojyamiti | yathāgnisā-
tmyaṃ tu prāgdravamupaśuṣkaṃ vā+āśnīyāt | prāgeva
tu guru svādu snigdhaṃ ca, madhye+amlalavaṇam, ante
rūkṣaṃ dravamitararasayuktaṃ ca | tatra mandāgrerdr-
5 avoṣṇena samuttejitoṣmaṇo+anyadapyupayuktaṃ samya-
kṣpākameti | anupānaṃ tu salilameva śreṣṭhaṃ, sarvara-
sayonitvātsarvabhūtasātmyatvājīvanādiguṇayogācca | ta-
cchītaṃ dadhimadhugodhūmayavapiṣṭamayeṣu sarveṣu
ca vidāhiṣu śaradgrīṣmāyośca | uṣṇaṃ piṣṭhamayeṣvaby-
10 eṣu ca durjareṣu hemantaśīśirayośca, dravadravavijñān-
īyaṃ cekṣeta | kṣīraṃ śālīṣaṣṭikayostathopavāsādhvabhā-
ṣyastrīvyāyāmaklinnabālavṛddheṣu | māṃsarasaḥ śoṣād-
iṣu | vāte tvāmlāni ca | pitte śarkarodakam | trifalodakam
tu sakṣaudraṃ śleṣmaṇi, prāyaśāścākṣigalarogeṣu | ma-
15 stveva vā dadhni kūrccikākilāṭayośca | madyaṃ māṃseṣu
falāmlamambu vā, āsavāṃsca vividhān vibhajya prayoja-
yet | viśeṣatastu madhvāsavān grāmyeṣu, tīkṣṇān phalās-
avān vanyeṣu, nyagrodhādiphalāsavān viṣkireṣu, arkaśel-
uśīrīṣakapitthāsavān bileśayeṣu digdhahateṣu ca, amlaka-
20 phalāsavān prasaheṣu, kāsekṣupadmabījaśṛṅgāṭakaseru-
kamṛdvīkāmadirāsavān kṣaudrayuktaṃ vā śītamudakam-
udaśvidvā mahāmṛgeṣvauḍakeṣu ca, surāṃ pratudeṣu |
varjyaṃ tūrdhvajatrugadaśvāsakāsaprasekahidhmāsvara-
bhedorahkṣatibhīrgītabhāṣyaprasaktaiśca | teṣāṃ hi prad-
25 ūṣyāmāśayamuraḥkaṇṭhasthitamāhārajaṃ snehamāsādya
tadabhiṣyandāgnisādacchardyaḍdīnāmayān vidadhyāt | teṣāṃ-
niśiddhānupānānām | tataḥ pāṇigatamannamanyenāpan-
īya dantāntarasthaṃ ca śanaiḥ śodhanena lepagandhasnehāpanodamācānto+a-
ṅgulyagragalitāmbupariṣiktanetrastāmbūlādikṛtavadanava-
30 iśadyo dhūmapānādihṛtordhvakaphavegaḥ padaśatamā-
traṃ gatvā vāmapārśvena saṃviśet | dravottarabhojanāstu
§ 2374

1.8.130 Aṣṭāṅgahr̥dayasaṃhitā

sukhaśayyāṃ nātiseveta | āhārapariṇāmakarāḥ punarime
 bhāvāḥ | tadyathā,-ūṣmā vāyuḥ kledaḥ
 snehaḥ kālaḥ samayogaśca | tatroṣmā pacati,
 vāyurapakarṣati, kledaḥ
 śaithilyamāpādayati, sneho mārḍavaṃ
 janayati, kālaḥ
 sarvavapurvyātpimabhinirvartayati,
 samayogastveṣāṃ
 pariṇamadhātusāmyakaraḥ sampadyate |
 samayogasya punaḥ kāraṇānyucito hitaśca
 dehasaṃskāro+abhyavahāraśceṣṭā śayanam
 saumanasyam ca | pariṇāmatastvāhāraguṇāḥ
 śarīrajaguṇabhāvamāpadyante
 yathāsvamaviruddhāḥ | viruddhāstu
 vihitāśca virodhibhirvihanyuḥ śarīramiti |
 bhavanti cātra | aukulābhyoṣapṛthukān
 sipiṣṭakṛtatandulān | na jātu bhuktavānadya-
 nmātrayā+adyātsukāṅkṣitaḥ | |
 śākāvarānnaḥkaṭvamlakaśāyalavaṇotkaṭam |
 tyajedekarasāsātmyam guru śuṣkam ca
 bhojanam | | vakṣyate yannidānādu
 sarvadoṣaparakopaṇam | atyabhiṣyandi
 viṣṭambhi vidāhi hibharūkṣaṇam | |
 tyāgādviṣamahetūnām samānām
 copasevanāt | viṣamā nānubadhnanti jāyante
 dhātavaḥ samāḥ | |
 mandānalabalārogyanṛpeśvarasukhātmasu |
 yojyaḥ kramo+ayam satatam
 nāvaśyamitareṣu tu | | karoti rūkṣam
 balavarṇanāśam tvagrūkṣatām
 vātaśakṛnnirodham | snigdham tvatiśleṣmac-
 ayaprasekahṛdgauravālasyarucipraṇāśān | |
 atyuṣṇamannaṃ madadāhatṛṣṇābalapraṇāś-
 abhramaraktapittam | śītam tu
 kāsārucivahnināśahṛllāsaviṣṭambhanaroma-
 harṣān | atisthiram
 mūtraśakṛdvibandhamatrptimavyāptiśīghra-
 paktim | atidravam pīnasamehakāsasyandān
 karotyagnibalam ca hanti | |
 atimadhuramanāśam
 bhuktamasātmyam na piṣṭaye vapuṣaḥ |
 atilavaṇamacakṣuṣyam tikṣṇātyamlam jarā
 sākṣāt | | iti vidhimavalambya

1.9 dravyādhivijñānīyādhyāyaḥ : 9

1.9.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto dravyādivijñānīyamadhyāyaṃ
vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreṇyādayo maharṣayaḥ | | 2 | | § 2377

1.9.2 Sarvāṅgasundarā

dravyamādiryeṣāṃ te dravyādayaḥ | ādiśabdena rasavīry-
ādiparigrahaḥ | dravyādīnāṃ vijñānaṃ-avagamaḥ, tasmai
hitaḥ | śeṣaṃ pūrvavat | § 2378

1.9.3 Āyurvedarasāyana

dravyādivijñānīyamadhyāyaṃ vyākhyātum pratijānīte-atheti |
yataḥ pūrvaiścaturbhiradhyāyairāhāra uktaḥ | sa cānanta-
viśeṣatvāt tāvatā jñātumaśakyaḥ, ato+aśeṣasaṅrahārthaṃ
dravyarasagunaṃvīryavipākaprabhāvāḥ sāmānyato vācyāḥ |
5 te cāsminnadhyāye | ata evāyaṃ dravyādivijñānīyaḥ |
§ 2379

1.9.4 Āyurvedarasāyana

tatra dravyasya prādhānyamāha-dravyameveti | | rasādi-
bhyo dravyameva pradhānam | hi-yasmāt, te-rasādayaḥ,
tadāśrayāḥ-dravyādhiṣṭhānāḥ | etenaiva rasādyāśrayo dr-
avyamityuktaṃ bhavati | prādhānyakathanaṃ dravyajñ-
5 āne tātparyārthaṃ | uktaṃ ca saṅgrahe (sū. a. 17)-"yasmād
dr̥ṣṭo yavaḥ svādurgururapya nilapradaḥ | dīpanaṃ śīta-
mapyājyaṃ vasoṣṇā+apyagnisādinī | | kāṭupako+api pitt-
aghno mudgo, māṣastu pittalaḥ | svādupāko+api, cayak-
ṛtsnigdhoṣṇaṃ guru phāṇitam | | rase svādau yathā cai-
10 tattathā+anyeṣvapi dr̥śyate | vātalaṃ kaphapittaghna-
mlamapyākṣakīphalam | | kurute dadhi gurveva vahnim
pālevataṃ na tu | kapitthaṃdāḍimaṃ cāmlaṃ grāhi, nā-

malakīphalam | | kaṣāyā grāhiṇī śītā dhātakī, na harītakī |
apradhānāḥ pṛthak tasmādgasādyāḥ saṃśritāstu te | | pra-
bhāvaśca yato dravye, dravyaṃ śreṣṭhamato matam | " iti |
§ 2380

1.9.5 Aṣṭāṅgahr̥dayasaṃhitā

tatra dravyasya rasādibhyaḥ prānnirdeśaḥ,
prādhānyāt | | 1 | |
dravyameva rasādīnāṃ śreṣṭhaṃ, te hi
tadāśrayāḥ | | 1 | | § 2382

1.9.6 Sarvāṅgasundarā

rasādīnāmiti nirdhāraṇe ṣaṣṭhī | rasavīryādīnāṃ madhye
dravyameva pradhānam | kutaḥ ? te-rasādayo, hi-yasmāt,
tadāśrayāḥ-tadeva dravyamāśrayo yeṣāṃ ta evam | ata eva
kevalā rasādayo nopalabhyante | tasmāt dravyaṃ pradhā-
nam | § 2383

5

1.9.7 Aṣṭāṅgahr̥dayasaṃhitā

pañcabhūtātmakaṃ tattū----- | | 1 | | § 2384

1.9.8 Sarvāṅgasundarā

turavadhāraṇe | yattadośca nityābhisambandhāt yadityet-
adanuktamapyarthāllabhyate | tenāyamarthaḥ,-yat rasād-
īnāmāśrayabhūtaṃ kāryaṃ dravyaṃ-harītakyaḍi sthāva-
raṃ, chāgādi vā jaṅgamaṃ, tat pañcabhūtātmakaṃ, na tu
yatkāraṇaṃ dravyamākāśādi | tasya hi pañcabhūtātmaka- 5
atve satyākāśādīnāṃ pṛthaktvenātmalābho na syāt | tat-
aścedamākāśaṃ nāma mahābhūtaṃ, idaṃ pṛthvī nāma
mahābhūtamiti gadituṃ na pāryeta, sarvasya pañcama-
hābhūtātmakatvāt | na ca yatkāraṇaṃ tatkadācit kāryaṃ
syāt | tasmāt kāryadravyasyaiva pañcamahābhūtātmaka- 10

tvam, na kāraṇadravyasyā+a+akāśādeḥ | munistu (ca. sū.
 a. 1 | 47)- "khādīnyātmā manaḥ kālo diśaśca dravyasaṅgra-
 haḥ |" iti navadhā dravyamuktvaḥ tallakṣaṇam vyadhīta |
 yathā (carake sū. a. 1 | 50)- "yatrāśritāḥ karmaguṇāḥ kā-
 5 raṇam samavāyi yat | taddravyam" iti | asyārthaḥ,-yatra
 karma-parispandalakṣaṇam saṃyogaviyogakāraṇam, sa-
 mavetaśca guṇaḥ-yatra śabdādayo gurvādayo vā | buddh-
 irvā parādayo vā samavetāḥ, yacca kāraṇam samavāyi
 taddravyamucyate | samavāyīti | yatkāraṇamapṛthagbh-
 10 avati tatsamavāyikāraṇam | yathā,-tantavaḥ paṭasya | et-
 āni karmaguṇāśrayitvasamavāyikāraṇatvāni yadyapi sar-
 vāṇi sarvasmin dravye na vidyante, tathā+api yadya-
 tra sambhavati tatra tena tasya dravyasya dravyatvam
 kalpyam | tadyathā,-manasaḥ karmaguṇāśrayitvena, vā-
 15 yvādīnām tu karmaguṇāśriyatvena samavāyikāraṇtvena
 ca | nanu, ākāśādīni kāraṇadravyāṇīti kathamuktam ? yā-
 vatā+a+akāśasya dravyatvameva nāstīti kecit | tānbrūm-
 ahe | jaladheriva pratyakṣeṇaivāsyā nīlarūpatopalabdher-
 astitvam siddham | tathā, kavayo+api nīlatvamevāsyā va-
 20 rṇayanti | yathā karṇāṭasya-"vipulapulinā hṛdyā nadyo va-
 hantyanirmalāḥ kamalasuḥbhago vāyurghrāṇam vilamb-
 ati māṃsalaḥ | navajaladharacchāyāvāsādivāciranirgato
 vahati śaśabhṛnnīlasnigdhe nabhasyavadātātām |" iti |
 tathā ca bāṇasya-"dhautāśani nabhasi" iti | tadetaddūṣay-
 25 anti | tathā hi,- dūrāt bhrāntimātreṇaiva nīlarūpatvamasy-
 opalabhyate | yathā-girervividhavarṇasyāpi dūrānīlatva-
 pratītiḥ | yatkavīnām varṇanam tatsādṛśyaleśena niṣpram-
 āṇameva sambhāvyaḥ | tathā ca tejasāḥ śuklatvam varṇa-
 yanti | na ca śuklatvametasyopapadyate, nirākāratvāt | ta-
 30 smānīlarūpatvamākāśasyānupapannam | api ca, yadyāk-
 āśasya nīlarūpatā syāt, tadā nīlarūpaḥ bhavannabhaḥ | na
 ca syātsnigdhanīlarūpatvam nabhasaḥ | nanu, darśanavai-
 citryādasya rūpavattvamupapannam | yathā,-puruṣaḥ śa-
 rāderṛjutām didṛkṣurekaḥ cakṣurnimīlyāparam conmīlya
 35 tāmupalabhate, na tu nayanayugalena | tadvatsannikṛṣṭe
 gaganarūpasyānādānam, viprakṛṣṭe tu grahaṇam syāditi |
 na caitadyuktam | yato rūpavattve+abhyupagamyamāne
 sparśavattvamasya prasajyeta, rūpasya sparśena nityasa-

mbandhāt | sparśavattve ca satyākāśatvameva na syāt | ato
 na rūpavadvyoma | anye tvevaṃ manyante | pavanavad-
 ākāśasyāvasthā+astu | yathā kila pavanaḥ sparśavān, na
 ca tasmin rūpaṃ sambhavati | tathaivākāśo rūpavān, na
 ca sparśavāniti | tadidamanavagatapadārthasvarūpāṇām 5
 vilapanam | tato yatra rūpaṃ tatrāvaśyaṃ sparśaḥ, na tu
 yatra sparśastatrāvaśyaṃ rūpam | tasmāna nabho rūpa-
 vanna ca sat (sparśavat) | atrocyate | paramārthadarśibhi-
 ryadupādāyotpattiḥ kathyate, tadasti | yathā,-pṛthivyādi |
 uktaṃ ca-"akṣarāt khaṃ tato vāyustasmāttejastato jalam | 10
 udakāt pṛthivī jātā bhūtānāmeṣa sambhavaḥ | |" iti | ta-
 smādākāśaṃ dravyamasti | api ca, ākāśamupadāya yatī-
 rddhiprasavādiviśeṣopalabdherākāśasyāstitvam | yathā,-
 rūpopalabdhiśeṣasambhavānumitaṃ cakṣuḥ | api ca,
 ākāśābhāve hyekaghanatvaṃ jagataḥ syāt | tathā, śa- 15
 bdākhyasya guṇasyānyathā+anupapattyā+astyākāśamiti |
 nanu, vāyordravyatvaṃ nāsti, tatsvarūpagrāhakapram-
 āṇābhāvāt | sparśopalabdhervāyorastitvamucyate iti cet
 tadapi na, yato+adhunaivoktaṃ khādvāyuriti | gagana-
 sya ca sparśābhāvāt vāyorapyasparśavattvam, kāraṇa- 20
 guṇapūrvakatvātkāryasya | naitadasti | kāryasyobhayātm-
 akatvadarśanāt | kāraṇaguṇapūrvakaṃ kāryaṃ drṣṭam-
 akāraṇaguṇapūrvakaṃ ca drṣṭam | tatra kāraṇaguṇapū-
 rvakaṃ tāvadyathā,-tantuśvetatvapūrvakaṃ paṭe śveta-
 tvaṃ drṣṭam | akāraṇaguṇapūrvakaṃ ca drṣṭam, yathā- 25
 haridrākṣārasaṃyogādraktatā | tasmādasparśādākāśādu-
 tpanno vāyuḥ syādeva sparśavān | nanu, evamapyagnī-
 jalapṛthiviṣvapi sparśaviśeṣasambhavāt agnyādisamav-
 āya eva vāyurvyavahriyate na tu tadvyatirikto vāyu-
 rasti | atrocyate | satyamanalādīnāmapi sparśo+asti, ki- 30
 ntu vilakṣaṇa evāsau | tathā hi,- tejasāḥ sparśo rūpa-
 ikārthasamavāyī | apāṃ sparśo rūparasābhyāṃ samav-
 etaḥ | pṛthivyāḥ sparśo rūparasagandhasamavetaḥ | ya-
 stu vāyoḥ sparśaḥ, sa patracalanaśākhābhañjanādikarm-
 asamavāyī | sa naiṣāmagnyādīnām drṣṭānām nāpyadrṣṭ- 35
 ānāmātmagikkālādīnām | guṇāśca sarve dravyāśrayā dr-
 ṣṭāḥ, rūpādāya iva paṭādiṣu | tasmādvāyorviśiṣṭasparś-
 avattvādastitvamanumīyate | tathā, pavanasya tatkarm-

opadeśādistitvam | yasya tattvadarśibhiḥ karmopadiśy-
ate, tadasti | yathā,- kaphādivadvātasya ca karmopadi-
ṣṭam (hr̥.sū.a. 12 | 49)- "sraṃsavyāsavyadhasvāpa" ityādi |
5 tasmādasti vāyurdravyamiti | agnirdravyaṃ nāsti, indh-
anavyatirekeṇānupalabdheḥ | atrocyate | tattvadarśibhi-
ragnerdravyotpattihetutvenopadeśādistitvam | tathā ce-
haiva vakṣyati (ślo. 8)- "āgneyaṃ dāhabhāvarṇaprak-
āśapacanātmakam |" iti | nanu, yuktaścaturṇaṃ pṛthi-
vyāpastejovāyūnāṃ bhūtānāṃ sāvayavatvāt dravyeṣūtk-
10 arṣāpakarṣasanniveśaḥ, kvacidravye kasyacidbhūtasya
pramāṇataḥ prabhāvataścāvayavānāmuktarṣāpakarṣasa-
dbhāvāt | ākāśasya tu niravayavatvātsūkṣmatvādekatvā-
ccotkarṣāpakarṣasanniveśo na yuktaḥ | yuktamāha bh-
avān | kintu sāvayavānāmeva dravyāṇāṃ ye+avayavāḥ
15 kvacitpāṣāṇādaḥ saṃhatāstathā+avatiṣṭhante | yathā ta-
tra dravye kāṭhinyasya prakarṣo bhavati | tatra cākāśa-
mapakṣyate | anibidāvayave tu sanniveśe ākāśaḥ prakṣ-
syate | tadevamanayā yuktyā+a+akāśasyāpi nyūnādhika-
bhāva upapannaḥ | atha kena mahābhūtena katham̐ kṛ-
20 tvā+a+arabdham̐ taddravyamityāha- § 2385

1.9.9 Āyurvedarasāyana

dravyabhedānāha-pañcabhūtātmakamiti | pañca saṅkhyā-
kāni bhūtānyeva ātmāno yasya tattathā, pārthivādibhedāt
pañcadhetyarthaḥ | kāryakāraṇayorabhedopacārāt bhūta-
śabdena bhautikamucyate | dravyamityanuvartate | § 2386

1.9.10 Aṣṭāṅgahr̥dayasaṃhitā

-----kṣmāmadhiṣṭhāya jāyate | | 1 | |
ambuyonyagnipavananabhasāṃ
samavāyataḥ | | 2 | |
tannirvṛttirviśeśaśca vyapadeśastu
bhūyasā | | 2 | | § 2389

1.9.11 Sarvāṅgasundarā

pr̥thvīmādhārīkr̥tvotpadyate | evaṃ pr̥thivyākhyena bh-
 ūtenā+a+adhāratvenopakṛtya tena tadārabdhaṃ dravya-
 mityucyate | sa0-tathā, ambu-salilaṃ, yoniḥ-kāraṇaṃ, ya-
 sya tadambuyoni dravyam | evaṃ jalaṃ nāma mahābh- 5
 ūtaṃ rasavattvādyonitayopakṛtya tena tadārabdhamity-
 ucyate | [muninā+apyuktam (ca. sū. a. 1 | 63)- "rasanā-
 rtho rasastasya dravyamāpaḥ kṣitistathā | nirvṛttau ca vi-
 śeṣe ca pratyayāḥ khādayastrayaḥ | |" iti | amīṣaṃ dravy-
 ādīnāmāśrayakarmanorbhedaścintyaḥ |] tathā, agnipava-
 nanabhasāṃ samavāyāt-apṛthagbhāvāt, tasya-dravyasya, 10
 nirvṛttiḥ-niṣpattiḥ | tathā, tasya dravyasya yo viśeṣaḥ-
 idamanyadidamanyaddravyamityevaṃrūpo nānāsvabhā-
 vaḥ, so+apyagnipavananabhasāṃ samavāyāt | evamagni
 pavananabhobhiḥ samavāyikāraṇatvainopakṛtya taireta-
 ddravyamārabdhamityucyate | evaṃ ca sarvaṃ kāryadr- 15
 avyaṃ pañcamahābhūtātmakam, pañcabhirmahābhūtai-
 rārabdhatvāt | nanu, yadi pañcamahābhūtātmakaṃ dra-
 vyaṃ tatkathamucyate pārthivamidam dravyamidamāpyamityāha-
 sa0-yatra dravye yadbhūtaṃ bhūyiṣṭhamadhikṛtam, tena
 tasya vyapadeśaḥ-saṃjñā bhavati | yathā,-pr̥thivyā+adhikayotpāditam
 dravyam pārthivam | evamāpyam taijasam ca vedyam |
 tadevaṃ sarvaṃ dravyam pañcabhūtātmakam sthitam |
 § 2390

1.9.12 Āyurvedarasāyana

dravyotpattimāha-tattviti | tat-dravyam, kṣmāṃ-pr̥thivīm,
 adhiṣṭhāya jāyate, mṛdamiva ghaṭaḥ, upādānakāraṇaṃ pr̥-
 thvītyarthaḥ | ā raṃ-ambu-udakaṃ, yoniḥ-vipariṇāmakāraṇaṃ
 yasya tadambuyoni | yathā,-ghaṭe niṣpādye mṛdaḥ piṇḍī-
 bhāvādaḥ | agnyādīnām sambandhāt tannirvṛttiḥ-sampūrṇāṣayavatvam,
 kāṭhinyakriyāvakaśādidānena | viśeṣaḥ-parasparam, so+api
 tata eva | yathā,- piṇḍībhūtāyā mṛdo maṇikakarakaśarā-
 vādibhedaḥ | ā raṃ-sarveṣāṃ pañcabhūtātmakatvādabh-
 ede prāpte bhedahetumāha-vyapadeśa ity | vyapadeśaḥ- 10
 idam pārthivamidamāpyamityādi bhedena vyavahāraḥ |

sa bhūyasā-adhikena bhūtena, yatra yasyādhikyam̐ tasya
tena vyapadeśaḥ | § 2391

1.9.13 Aṣṭāṅgahr̥dayasaṃhitā

tasmānnaikarasam̐ dravyam̐

bhūtasāṅghātasambhavāt | | 3 | | § 2392

1.9.14 Sarvāṅgasundarā

tasmādbhūtasāṅghātasambhavāt kāraṇāddravyam̐ naikarasam̐-

api tvanekarasaṃ | evam̐ dravyavadrasasyāpi bhūtasā-
ṅghātasambhavatvam̐ | ata eva pratidravyam̐ madhurādi-

rasasya nānāsvādopalambhaḥ | tathā ca, drākṣā+akṣoḍakṣīrekṣukṣaudragokṣurā

5 dravye satyapi mādhye+aparo+apara āsvāda upalabhy-
ate | evamamlānāmapi mātuluṅgadhānyāmlādīnām̐ dra-

vyānām̐ nānāsvādopalambhaḥ | evam̐ lavaṇādīnāmapi ve-
dyam̐ | api caiṣām̐ drākṣādīnāmanekarasaṃsvādavi-

śeṣādanumīyamānam̐ bhūyasā rasenānyarasābhībhavam̐

10 kṛtvā vyapadiśyate idaṃ madhuramidamamlādyanyata-
mam, mahābhūtavat | yathā,-sarvam̐ dravyam̐ pañcama-

hābhūtātmakam̐ bhūyasā mahābhūtenānyamahābhūtābhī-
bhavam̐ kṛtvā yathā tena vyapadiśyate pārthivamidamā-

pyamidamiti | nanu, dravyanirṇaye prakṛte pāñcabhauti-

15 kam̐ yadeva dravyam̐ pratijñātam̐ tadeva "tasmāt" ityād-
inā nigamagranthenātivāhayitum̐ yuktam, na punarapra-

stutamaneekarasaṃsvādātmam̐ | tasmādatraivam̐ granthaḥ kartum̐
nyāyāḥ-"tasmānnaikabhūtajaṃ dravyam̐ bhūtasāṅghāta-

20 sambhavāt |" iti | atrocyate | ṣaṅṅāmapi rasānām̐ yonir-
udakam̐ | tataścaikasyaiva mahābhūtasayodakasaṃjñasya

rasakāraṇatvam̐ prāptam̐ nānyeṣām, nīrasatvāt | iti kṛtvā
na bhūtasāṅghātasambhavatvam̐ rasasya | ityevam̐vidhā-

māśaṅkāmapaniniṣurbhūtasāṅghātasambhavatvam̐ rasa-
sya caikenaiva prayatnena "tasmānnaikarasam̐ dravyam̐

25 bhūtasāṅghātasambhavāt |" iti jagāda | muniścāta eva ra-
sasya bhūtasāṅghātasambhavatvam̐ spaṣṭam̐ kṛtvovāca |
yathā (ca. sū. a. 1 | 63)- "rasanārtho rasastasya dravyamā-

paḥ kṣitistathā | nivṛttau ca viśeṣe ca pratyayāḥ khādaya-
strayaḥ | |" iti | evaṃ bhūtasāṅghāto rasānāṃ dravyāśrit-
ānāmapi sambhava-kāraṇam | etacca rasabhedīye savista-
raṃ kathayiṣyāmaḥ | § 2393

1.9.15 Āyurvedarasāyana

sarveṣāṃ dravyāṅāṃ sarvadharmatvamāha-tasmāditi | tasmāt-
sarvabhūtārbdhatvāt sarvamapi dravyaṃ naikarasam-
anekarasaṃ, sarvadharmamityarthaḥ | rasaśabdo+atra dh-
armamātropalakṣaṇaḥ | sarvabhūtārbdhatve+apyekarasatve
ko doṣaḥ ? ityāśaṅkyāha-bhūta saṅghātasambhavāditi | ra- 5
sānāmapi bhūtasamudāyādutpatteḥ | vakṣyati hi (hr.sū.a.
10/1)-"dvayolbaṇaiḥ kramādbhūtairmadhurādirasodbha-
vaḥ |" iti | sati ca kāraṇe kāryeṇāvaśyaṃ bhāvyaṃ | § 2394

1.9.16 Āyurvedarasāyana

tulyanyāyatvaprasaṅgāt sarveṣāṃ rogāṅāṃ sarvadoṣajatvamāha-
naikadoṣā iti | rogā naikadoṣāḥ-sarve+api rogāḥ sarvado-
ṣodbhavāḥ | kutaḥ ? tata eva hetoḥ,-rogāṅāmapi bhūtasā-
ṅghātasambhavāt | bhūtasāṅghātasya tu triṣu doṣeṣu vi-
bhaktatvāt | yathoktaṃ saṅgrāhe (sū.a. 20)-"vāyvākāśadhātubhyāṃ
vāyuḥ āgneyaṃ pittam, ambhaḥpṛthivībhyāṃ śleṣmā |"
iti | bhūtasāṅghātaṃ vinā na doṣasaṅghātaḥ, taṃ vinā na
rogotvapattiriti, ataḥ sarve rogāstridoṣajāḥ | kecittu sarv-
adravyāṅāṃ sarvarasatvena sarvadoṣasāmānyāt sarvado-
ṣakopanatvam, tato rogā naikadoṣā iti vyācakṣate | tada- 10
sat | sāmānyavadvaiparītyasyāpi sattvāt | sāmānyaṃ pra-
yojakamiti cet na, doṣaghnadravyabhedābhāvaprasaṅgāt |
vaiparītyamapi kvacit prayojakamiti cet na, sarvadoṣako-
panatvaniamavyāghātāt | sarvadoṣakopanānāṃ niyama
iti cet na, vdyekadoṣakopandravyābhāvaprasaṅgāt | bāh- 15
ulyenaiva vyapadeśa iti cet na, dvidoṣakopanaikaśamana-
dviśamanaikakopandravyābhāvaprasaṅgāt | siddhānte+api
sarveṣāṃ sarvadharmatvasvīkārānna doṣaghnādivibhāga
iti cet na, tasya tasya dharmasya tatra tatra prayojakatvāt |
tathā ca vakṣyati (ślo.22)-"kiñcidrasena kurute karma pā- 20

kena cāparam | guṇāntareṇa vīryeṇa prabhāveṇaiva kiñc-
ana | |" ityādi | tasmātpūrvameva vyākhyānaṃ yuktaṃ |
sarveṣāṃ sarvadharmatvādiviśeṣe prāpte tannirāsārthaṃ
5 dharmatāratamyamāha-tatra vyakta iti | tatra-dravye, ka-
ścid dharmah sadyovyaktaḥ kaścidavyaktaḥ kaścidīṣavdy-
aktaḥ kaścidante vyaktaḥ | teṣvādyo rasākhyāḥ, itare tr-
ayo+anurasākhyāḥ | § 2395

1.9.17 Aṣṭāṅgahr̥dayasaṃhitā

naikadoṣāstato rogāstatra vyakto rasaḥ smṛtaḥ | |3 | |
avyakto+anurasaḥ kiñcidante vyakto+api
ceṣyate | |4 | | § 2397

1.9.18 Sarvāṅgasundarā

yataḥ sarvaṃ dravyamanekarasaṃ | tataḥ-tasmātkāraṇāt,
ekadoṣā rogā jvarādayo na bhavanti, api tvanekad-
oṣāḥ, tridoṣā ityarthāḥ | atrāpi "vyapadeśastu bhūy-
asā" ityadhyāhāryam | tena tridoṣātmake+api jvare vā-
5 tād hīke vātajvara evaṃ pittajvaraḥ śleṣmajvara ityeva-
mṛūpo vyapadeśa upapannaḥ | nanu, yadi sarvo jva-
raḥ sannipātajāḥ, tatkimīti vakṣyati ? ayaṃ sannipāt-
ajvara iti | brūmahe | samaviṣamarūpaṃ śaktyutkarṣa-
māśritya yatra doṣā vartante sa sannipātajvara iti ta-
10 ntrakṛtā purastādvistareṇa pratipādayiṣyate | atha ko
raso+anuraso vetyāha-tatretyādi | tatra-tasmin dravye, yo
vyaktaḥ-sphuṭa upalabhyate, sa rasaḥ smṛtastantrakṛ-
dbhiḥ | yaścāvyakto-asphuṭapratibhāso rasanendriyeṇo-
palabhyate, so+anurasaḥ | hīnārtho+atrānuśabdaḥ, alpo
15 rasa ityarthāḥ | na caitāvadevānurasalakṣaṇamityāha-kiñcidityādi |
mukhaḥṣiptasya harītakyaḍerdravyasya rasanendriyeṇa
kiñcidante vyakto+apyupalabhyate yaḥ so+apyanurasa
iṣyate, munibhirati vākyaśeṣāḥ | ante ityanenaitadbodhayati,-
ante-avasāne, na tvādāvāpātāmātre na ca madhye | tayorhi
20 rasasyaivopalambhaḥ | anuśabdasyātra paścādarthatvāt
paścāt sphuṭo+api kiñcidya upalabhyate so+apyanurasa

ityarthaḥ | nanu, madhurādayo rasā gurvādiguṇayuktāḥ
kathaṃ vaktuṃ pāryante | yato madhurādayo rasā guṇā
gurvādayasca guṇāḥ | na ca guṇānāṃ madhurādīnāṃ
gurvādiguṇādhāratvamupapannam | tathā ca vaiśeṣikā-
"nirguṇā guṇāḥ" iti | tasmin paryanuyoga idamāha- § 2398 5

1.9.19 Aṣṭāṅgahrdayasaṃhitā

gurvādayo guṇā dravye pṛthivyādau rasāśraye | | 4 | |
raseṣu vyapadiśyante
sāhacaryopacārataḥ | | 5 | | § 2400

1.9.20 Sarvāṅgasundarā

pṛthivyādau-pṛthivyādīmahābhūtārabdhe dravye, rasāśr-
aye gurvādayo guṇāḥ paramārthata āśritāḥ, na tu raseṣu
madhurādiṣu | yattu raseṣu vyapadiśyante tat sāhacaryo-
pacārataḥ | saha caratīti sahacaraḥ, tasya bhāvaḥ sāhaca-
ryam | yasminnevaguḍādau dravye madhuro rasa āśrita- 5
stasminnapi guruguṇa āśritaḥ, iti madhurasaguruguṇa-
yoḥ sahacarabhāvaḥ | sāhacaryeṇa-tulyāśrayatvenopacāraḥ
sāhacaryopacāraḥ, tasmātsāhacaryopacārato, gurvādayo
guṇā raseṣu-madhurādiṣu vyapadiśyante | yathā,-gururmadhuro
raso laghuramla ityādi | na punaḥ paramārthato raseṣu gu- 10
rvādayaḥ santi | asti ca sāhacaryeṇa vyapadeśaḥ | yathā-
ghṛtasahacareṇa ghṛtasthenāgninā dagdho ghṛtadagdha
ityucyate | § 2401

1.9.21 Āyurvedarasāyana

gurvādīnāṃ rasāśrayatvāddravyasyāsarvadharmatve pr-
āpte parihāramāha-gurvādaya iti | gurvādayo guṇā dravya
eva, na raseṣu | yastu madhuro guruḥ, amlo laghurity-
ādi vyapadeśaḥ, sa sāhacaryopacārataḥ | ekasminnāśraye 5
dvayoravasthānaṃ-sāhacaryam | sāhacaryameva kutaḥ?
ityāha-rasāśraya iti | dravyaṃ hi gurvādīnāmiva rasānām-
apyāśrayaḥ | ata ekāśrayatvātsāhacaryam, tena upacāraḥ-

avidyamānasyāpyāśrayāśrayībhāvasyāropaḥ | nanu, kime-
tat rasāvdyatiriktaṃ dravyaṃ nāma ? ityata āha-pṛthivyādāviti |
pṛthivyādiśabdābhilabhyaṃ dravyamityarthaḥ | § 2402

1.9.22 Aṣṭāṅgahr̥dayasaṃhitā

tatra dravyaṃ

gurusthūlasthiragandhaguṇolbaṇam | | 5 | |
pārthivaṃ gauravasthairyaśaṅghātopacayāva-
ham | | 6 | | § 2404

1.9.23 Sarvāṅgasundarā

tatra-teṣu pārthivādiṣu pañcasu dravyeṣu madhye, pā-
rthivaṃ dravyaṃ gurvādiguṇotkaṭam | ulbaṇaśabdenai-
tat dyotayati,-pārthive dravye+anye+api guṇāḥ santi, sarv-
adravyāṇāṃ pāñcabhautikatvāt | gurvādayastatotkaṭāḥ |
5 evamāpyādiṣu sarvaṃ yojyam | tathā, gauravādyāvahaṃ-
gurutvādikṛdityarthaḥ | § 2405

1.9.24 Āyurvedarasāyana

atha dravyabhedān lakṣayarti | tatra pārthivaṃ lakṣayati-
tatra dravyamiti | gurvādiguṇotkaṭam gauravādikaraṃ ca
pārthivaṃ dravyam | śaṅghātaḥ-kāṭhinyam | upacayaḥ-
sthaulyam | guṇaśabdo+atra dharmavācī | ulbaṇagrahaṇa
5 sarveṣāṃ sarvadharmatvāt | § 2406

1.9.25 Aṣṭāṅgahr̥dayasaṃhitā

dravaśītagurusnigdhamandasāndrarasolbaṇam | | 6 | |
āpyaṃ snehanaviṣyandakledaprahlādabandha-
kṛt | | 7 | | § 2408

1.9.26 Sarvāṅgasundarā

āpyaṃ dravyaṃ dravādiguṇolbaṇaṃ snehanādikṛt | § 2409

1.9.27 Āyurvedarasāyana

āpyam lakṣayati-dravaśītetī | dravādiguṇotkaṭam snehan-
ādikaram ca dravyamāpyam | dravasāndrayoḥ paraspar-
aviparītayorapyārdratvasāmānyādāpyatvam | vipyandaḥ-
srotaḥsrāvaḥ | prahlādaḥ-tr̥ptiḥ | § 2410

1.9.28 Aṣṭāṅgahr̥dayasaṃhitā

rūkṣatikṣṇoṣṇaviśadasūkṣmarūpaguṇolbaṇam | | 7 | |
āgneyam dāhabhāvarṇaprakāśapacanātma-
kam | | 8 | | § 2412

1.9.29 Sarvāṅgasundarā

āgneyam dravyam rūkṣādiguṇotkaṭam dāhādikaram |
§ 2413

1.9.30 Āyurvedarasāyana

āgneyam lakṣayati-rūkṣatikṣṇeti | rūkṣādiguṇotkaṭam dā-
hādikaram ca dravyamāgneyam | bhā-kāntiḥ | varṇo-
gaurādiḥ | prakāśaḥ-ālokaḥ | pacanam-pākaḥ | tadātmak-
atvam kāryakāraṇayorabhedopacārāt | § 2414

1.9.31 Sarvāṅgasundarā

vāyavyam lakṣayati-vāyavyamiti | rūkṣādiguṇotkaṭam ra-
ukṣyādikaram ca dravyam vāyavyam | vicāro-vividhā ce-
ṣṭā | § 2415

1.9.32 Aṣṭāṅgahr̥dayasaṃhitā

vāyavyam rūkṣaviśadalaṅusparśaguṇolbaṇam | | 8 | |
raukṣyalāṅavavaiṣadyavicāraglānikārakam | | 9 | | § 2417

1.9.33 Sarvāṅgasundarā

vāyavyaṃ dravyaṃ rūkṣādiguṇolbaṇaṃ raukṣyalāṅavād-
ikaram | § 2418

1.9.34 Āyurvedarasāyana

nābhasaṃ lakṣayati-nābhasamiti | sūkṣmādiguṇotkaṭaṃ
sauṣiryādikaraṃ ca dravyaṃ nābhasam | sauṣiryaṃ sara-
ndhratvam | § 2419

1.9.35 Aṣṭāṅgahr̥dayasaṃhitā

nābhasaṃ sūkṣmaviśadalaghuśabdaguṇolbaṇam | | 9 | |
sauṣiryalāghavakaram-----
| | 10 | | § 2421

1.9.36 Sarvāṅgasundarā

nābhasaṃ dravyaṃ sūkṣmādiguṇolbaṇaṃ sauṣiryādika-
ram | § 2422

1.9.37 Aṣṭāṅgahr̥dayasaṃhitā

-----jagatyevamanauşadham | | 10 | |
na kiñcidvidyate dravyaṃ
vaśānnānārthayogayoḥ | | 10 | | § 2424

1.9.38 Sarvāṅgasundarā

evaṃ-anena pañcamahābhūtārabdhena gurvādiguṇayo-
gena dravyāṅām, jagati-bhuvane+asmin, anauşadhabh-
ūtāṃ na kiñcid dravyamasti,-api tu sarvameva dra-
vyaṃ yatsikatāpāmsvādikaṃ tadauşadhaṃ,-cikitsitam |
5 vaśānnānārthayogayoḥ,-arthaśca yogaśca-arthayogau, arthaḥ-
prajojanam, yogo-yuktiḥ, yathā,-anayā yuktyauşadhami-
daṃ yojitamasya rogasya vijayāya syādanayā cāsyā rog-

asyeti, nānāvidhau yāvarthayogau tayorvaśāt-sāmarthyāt,
sarvamapi dravyamauśadham, rogapratīkārahetutvāt | atha
kiṃ dravyaṃ kimbhūtotkaṭaṃ bhavati ? ityāha- § 2425

1.9.39 Āyurvedarasāyana

dravyamātrasyauśadhatvamāha-jagatīti | evaṃ-uktena pr-
akāreṇa, tasya tasya dravyasya tattadguṇayogatvāt jag-
ati na kiñcidravyamanauśadhaṃ vidyate-sarvameva dr-
avyamauśadham | kutaḥ ? nānārthayogayorvaśāt,-arthaḥ-
prayojanam, yogo-yojanā, nānāvidhāvarthayogau-nānārthayogau,
tayoḥ | etaduktaṃ bhavati,-yadekasminnarthe nopayujy-
ate tadevānyasminnupayujyate | yadekena yogena nopay-
ujyate tadevānyenopayujyate | yathā,-atyantānupayukto+api
khrameśādividraso binduśaḥ śvāsakāsādu, atyantāpa-
thyo+api māpa iṅdurīkṛtaḥ sanavanīto+arditādu | § 2426 10

1.9.40 Aṣṭāṅgahrdayasaṃhitā

dravyamūrdhvagamam tatra

prāyo+agnipavanotkaṭam | | 11 | |

adhogāmi ca bhūyiṣṭhaṃ

bhūmitoyaguṇādhikam | | 11 | |

iti dravyam rasān

bhedairuttaratropadekṣyate | | 12 | | § 2429

1.9.41 Sarvāṅgasundarā

ūrdhvaṃ gacchatīti-ūrdhvagamam | khaprakarāṇe "gam-
erapyupasaṅkhyānam" iti khaḥ | prāyo-bāhulyena, ūrdhv-
agamam dravyamagnipavanādhikam bhavati | yathā,-
madanaphalādi | bāhulya (prāyo) grahaṇāt agnisamīraṇ-
otkaṭasyāpyadhogāmitvam dṛṣṭam | yathā,-harītakyaḍeḥ, 5
acintyaprabhāvatvāt | yathā,-sarpasya viṣamayatve+api
tatphaṇāmaṇeriviṣaghnatvam | bhūyiṣṭhaṃ-prāyeṇa, bhū-
mitoyolbaṇam dravyamadhogāmi bhavati | yathā,-trivṛtādi |
yattu vyāmiśrātmakam tulyakālamūrdhvādhodoṣahara-

ṇaṃ tadiha granthagauravabhayānnoktamapi vyāmiśra-
bhūtotkaṭaṃ dravyaṃ vyāmiśrātmakamiti sāmārthyala-
bdha evāyamarthaḥ | sa0-iti-parisamāptau, dravyaṃ prati
yadvaktavyaṃ tanniṣpannamityarthaḥ | evaṃ dravye ni-
5 rdiṣṭe rasā nirdeṣṭuṃ yuktā ityāha- sa0-bahuvaktavyatvāduttaratra-
anantare+adhyāye, rasān bhedaḥ-triṣaṣṭisaṅkhyāvacchinnaiḥ,
upadekṣyate tantrakṛt | atha vīryasya vipakādibhyaḥ prā-
dhānyāttaccarcāṃ prastauti- § 2430

1.9.42 Sarvāṅgasundarā

auśadhadvaividhyaṃ pañcavidhe dravye vibhajati | dra-
vyamūrdhvagamamiti | dvividhamauśadham,-śodhanaṃ
śamanaṃ ca | śodhanaṃ dvividham,-ūrdhvagamamadhogamaṃ
ca | tatrāgnipavanotkaṭaṃmūrdhvagamam, bhūmitoyaguṇ-
5 amadhogamam | pāriśeṣyādākāśotkaṭaṃ śamanam | tathā
ca suśrutaḥ (sū. a. 41/6)-"ākāśaguṇabhūyiṣṭhaṃ saṃśa-
manam" iti | gamanaṃ-gamaḥ | ūrdhvaṃ gamo+asyāstīti
ūrdhvagamam | prāya iti bhūyiṣṭhamiti ca vyabhicārā-
rtham | yathā,-citrakavadagnipavanotkaṭāyā api dantya vi-
10 recanatvam, mṛdvīkāvadbhūmitoyaguṇādhikasyāpi ma-
dhukasya vamanatvam | saṅgrāhe tu (sū.a. 17)-"vyāmiśrātmakamubhayatobhāga
śamanaṃ tu doṣaviparītaguṇamuktaṃ prāk | tatsaṅk-
are ca yato bāhulyena | tatsaṅkare-guṇasaṅkare, yato
bāhulyena-yeṣāṃ guṇānāṃ bāhulyaṃ tairnirṇayaḥ | ta-
15 thā, anilātmakam grahi | analātmakam dīpanapācanam |
ubhayātmakam lekhanam | bhūmyudakātmakam bṛṃha-
ṇam |" iti | prakaraṇārthamupasaṃharati-iti dravyamiti |
itiparisamāptau | ā0 ra0-kramaprāptasya rasasyānabhidh-
āne hetumāha-raso bhedairiti | uttaratra-uttarasminnadhyāye,
20 upadekṣyate-vakṣyate, yato+asau bahubhirbhedairviśiṣṭaḥ,
bahumedatvena bahuvaktavyatvāt pṛthagadhyāyakaṛaṇa-
mityarthaḥ | § 2431

1.9.43 Aṣṭāṅgahr̥dayasaṃhitā

vīryaṃ punarvadantyeke guru snigdhaṃ himaṃ
mṛdu | | 12 | |
laghu rūkṣoṣṇatīkṣṇaṃ ca tadevaṃ
matamaṣṭadhā | | 13 | | § 2433

1.9.44 Sarvāṅgasundarā

dravyamuktam | vīryaṃ punargurvādīnaṣṭau guṇān dra-
vyāśritāniti samācakṣate | tat-tasmāt, evaṃ-anena prakā-
reṇa, vīryamaṣṭadhā-aṣṭaparakāraṃ, gurvādivādināṃ ma-
tam | § 2434

1.9.45 Āyurvedarasāyana

atha vīryam | tatra paramataṃ darśayati-vīryaṃ punar-
iti | eke-khāraṇādiprabhṛtayaḥ, gurvādīn guṇān vīryaṃ
ca vadanti | evaṃ ca tadaṣṭadhā sammatam | suśrutastu
gurulaghū vihāya viśadapicchilau paṭhati (sū.a. 40/5)-
"kecidaṣṭavidhamāhuḥ,-uṣṇaṃ śītaṃ snigdhaṃ rūkṣaṃ 5
viśadaṃ picchilaṃ mṛdu tīkṣṇaṃ ceti | " iti | § 2435

1.9.46 Aṣṭāṅgahṛdayasaṃhitā

carakastvāha vīryaṃ tat kriyate yena yā kriyā | | 13 | |
nāvīryaṃ kurute kiñcitsarvā vīryakṛtā hi
sā | | 14 | | § 2437

1.9.47 Āyurvedarasāyana

carakamatam darśayati-carakastvāheti | yena kriyate tat-
vīryam, dravyakarṭṛke karmāṇi karaṇabhūtamityarthaḥ |
katividham tat ? ityapekṣāyāmāha-yā kriyeti | yā kriyā
yena kriyate tasyāṃ tadvīryam, yāvatyāḥ kriyāstāvanty-
eva vīryāṇītyarthaḥ | kutaḥ ? ityāha-nāvīryamiti | avīryaṃ 5
dravyaṃ na kiñcitkurute-vīryaṃ vinā karṭṛtvaṃ nāstītya-
rthaḥ | kutaḥ ? ityāha-sarvā vīryakṛtā hi sā | hi-yasmāt, sā-
kriyā sarvo+api vīryakṛtā | § 2438

1.9.48 Sarvāṅgasundarā

yena-svabhāvena, yā kriyā kriyate-yatkarma niṣpādyate,
tadvīryam | tadevaṃ yāvat kiñcidguṇajātaṃ dravye sth-
itaṃ tatsarvaṃ vīryameva | sarvaṃ karotītyata evāha-
nāvīryamityādi | yanna vīryaṃ tanna kiñcitkaroti-na kāñc-
5 idapyarthakriyāṃ niṣpādayati, pratiniyataśaktipariṣvakt-
atvāt sarvabhāvānām | ata evāha-sarvetyādi | hiśabdo ya-
smādarthe | yasmātsarvā kriyā vīryakṛtā-vīryeṇa janitā |
tato yanna vīryaṃ tanna kiñcitkurute | § 2439

1.9.49 Āyurvedarasāyana

nanu, evaṃ rasādīnāmapi vīryatvaprasaṅga ityāha-gurvādiṣviti |
tena-carakeṇa, guṛvādiṣveva vīryākhyā varṇyate | kutaḥ ?
amvartheti kṛtvā | itiśabdo hetau | yatasteṣu kriyamāṇā
vīryasaṃjñā+anvarthā syāt | anvarthatvameva darśayati-
5 samagretyādi | karaṇaṃ hi vīryam | karaṇaṃ ca sādha-
katamam | sādhaakatamatvaṃ ca guṛvādīnāmeva | kutaḥ ?
samagraguṇasāratvāt | samagreṣu guṇeṣu madhye sthira
(sāra)tvāt-cirasthāyitvāt, śaktyutkarṣavivartanāt-utkrṣṭaśaktitvāt,
vyavahārāya mukhyatvāt-loke śāstre ca mukhyatvena vya-
10 vahniyamāṇatvāt, bahnagragrahaṇāt-bahugūṇagaṇanāyām
prathamagrahaṇāt | vipāke+api sthiratvasya, prabhāve+api
śaktyutkarṣasya, mṛdukaṭhinādāvapi vyavahāramukhya-
tvasya, raseṣvapi bahvagragrahaṇasya darśanāt caturṇām-
upādānam | § 2440

1.9.50 Aṣṭāṅgahr̥dayasaṃhitā

gurvādiṣveva vīryākhyā tenānvartheti varṇyate | | 14 | |
samagraguṇasāreṣu
śaktyutkarṣavivartiṣu | | 15 | |
vyavahārāya mukhyatvādbahvagragrahaṇād-
api | | 15 | | § 2443

1.9.51 Sarvāṅgasundarā

yato vīryasyaiva karaṇasāmarthyam tena kāraṇena gurvādiṣvevāṣṭāsu vīryākhyā anvartheti-anugatārtheti, bhāṇyate | evakāro+avadhāraṇārthaḥ | gurvādiṣveva vīryasamjñā na tu rasavipākaprabhāveṣu [mandasāndrādiṣuvā] | kimbhūteṣu gurvādiṣu ? samagretyādi | samagrā- 5
śca te guṇāśca, teṣu sārāḥ-cirakālāvasthitayo gurvādaya eva | tathā ca, jāṭharāgnisaṃyogenāpi na madhurādirasavat svabhāvamate jahati | sarteḥ susthira iti ghaṇi sārāśabdaḥ | tathā, anyebhyo mandasāndrādibhyo guṇebhyo rasādibhyo vā gurvādayaḥ śaktyutkarṣavivartinaḥ | 10
śakteḥ-sāmarthyasya, utkarṣaḥ-ādhiḥyam, viśeṣeṇa vartovivartaḥ,-viśeṣeṇa bhavanam, śaktyutkarṣasya vivartaḥ, sa vidyate yeṣāṃ ta evam | kiñca, gurvādīnām guṇānām vyavahārāya-vyavahārārtham, mukhyatvāt-anyebhyo guṇebhyo gurvādayaḥ pradhānabhūtā ityārthaḥ | tathā ca, 15
(ślo. 4)-"gurvādayo guṇā dravye pṛthivyādau rasāśraye |" ityuktam, na madhurādayo guṇā iti | tasmāt gurvādīnām guṇānām vyavahāramukhyatvam rasādibhyaḥ | tathā, bahvagrahaṇāt-bahugrahaṇādagrahaṇācca, bahavo dravyarasādayo gurvādibhirgrhītā bhavanti | tathā 20
cāyurvedaśāstreṣu rasādibhyo gurvādīnāmagre grahaṇam drṣṭam | yathā,-vātādidoṣaguṇanirūpaṇāyām gurvādīnāmeva pūrvaṃ grahaṇam, na rasādīnām | tathā ca, "tatra rūkṣo laghuḥ" ityācāryo+apaṭhadvāyvādīlakṣaṇe (hr. sū. a. 1 | 11) | evam gurvādīnāmevāgragrahaṇāt gurvādiṣveva 25
vīryākhyā+anvarthā-anugatārtheti bhāṇyate | § 2444

1.9.52 Aṣṭāṅgahṛdayasaṃhitā

ataśca viparītatvātsambhavatyapi naiva sā | | 16 | |
vivaḥṣyate rasādyeṣu, vīryam gurvādayo
hyataḥ | | 16 | | § 2446

1.9.53 Sarvāṅgasundarā

ataḥ-asmācca kāraṇakadambakāt, viparītatvāt-vaiparityena

sthitatvāt, na rasādayo vīryam | tathā hi, rasasya sār-
ratvaṃ nāsti, jāṭharānalaśaṃyogavaśena rasāntarotpa-
tteḥ | gurvādīnāṃ tu jāṭharāgnisaṃyogavaśenāpi nānya-
thābhāvaḥ | tathā ca na rasasya śaktyutkarṣavivartitvam,
5 yato rasasya gurvādyāhitaśaktereva svakarmaṇi sāmā-
rthyam | vyavahārāya yathā gurvādermukhyatvaṃ yathā
ca bahvagrahanaṃ tathā prāgdarśitam | prabhāvaḥ-
sarvātiśāyi dravyasvabhāvaḥ, tasya ca kriyānirvartanasā-
mānye satyapi vīryasaṃjñā pūrvoktāddhetorna pravart-
10 ate | evaṃ vipākakarmanorapi cintyam | tasmāt rasādy-
eṣu sambhavatyapi-vidyamānā+api, asadrūpeva sā vīrya-
saṃjñā na vivakṣyate-norarīkriyate | ādau bhavaḥ-ādyah |
digāditvādyat | rasa ādyo yeṣāṃ-prabhāvādīnāṃ, ta evaṃ
teṣu | vīryamityādi | hiśabdo yasmādarthe | yata evaṃ sā-
15 vīryasaṃjñā, sambhavatyapi rasādiṣu vaiparītyāna viva-
kṣyate, ato gurvādaya eva vīryam, na rasādayaḥ | § 2447

1.9.54 Āyurvedarasāyana

etacca rasādiṣu nāstīti darśayati-ataśceti | sāvīryākhyā, ra-
sādiṣu sambhavatyapi-vidyamānāpi, na vivikṣyate, anud-
arā kanyetivat | kriyānirvartanasāmānyātsatyapi vīryatve
rasādayo vīryatvena na vyavahniyanta ityarthah | kutaḥ ?
5 ato-hetucatuṣṭayāt, viparītatvāt | siddhamarthamapanudati-
vīryamiti | hi-sphuṭam, ataḥ-kāraṇāt, gurvādaya eva vī-
ryam | gurvādīnāmaṣṭānāṃ yogarūḍhā vīryasaṃjñeti bh-
āvaḥ | § 2448

1.9.55 Aṣṭāṅgahr̥dayasaṃhitā

uṣṇaṃ śītaṃ dvidhaivānye
vīryamācakṣate----- | | 17 | | § 2449

1.9.56 Sarvāṅgasundarā

anya ācāryā uṣṇaṃ śītamiti dviprakāraṃ vīryamācakṣate |
evakāro+avadhāraṇārthaḥ | dvidhaiva vīryam, nāṣṭadh-
eti | § 2450

1.9.57 Āyurvedarasāyana

pūrvamatāparitoṣānmatāntaraṃ darśayati-uṣṇaṃ śītamiti
_ anye-suśrutādayaḥ, uṣṇaṃ śītaṃ ceti dvividhameva
vīryamācakṣate-vadanti | § 2451

1.9.58 Aṣṭāṅgahrdayasaṃhitā

-----api ca | | 17 | |
nānātmakamapi dravyamagniṣomau
mahābalau | | 17 | |
vyaktāvyaktaṃ jagadiva nātikrāmati
jātucit | | 18 | | § 2454

1.9.59 Sarvāṅgasundarā

api ceti nipātasamudāyo yuktisamuccaye | te+api sayu-
ktikamevāhurityarthaḥ | tāmeva yuktiṃ darśayannāha-
nānātmakamapītyādi | nānāsvabhāvamapi dravyaṃ-sthāvarajaṅgamādya
cetanācetanam, agniṣomau mahābalau-utkrṣṭaśaktī, na
jātu kadācidatikrāmati-nollaṅghya vartate | avaśyaṃ hi 5
dravyaṃ kiñcidāgneyaṃ kiñcitsaumyam, ataḥ kiñcidr-
avyamuṣṇavīryaṃ kiñcicchītavīryam | tathā ca muniḥ
(ca. sū. a. 26 | 84)- "na matsyān payasā sahābhyavahri-
yāt | ubhayaṃ hyetanmadhuraṃ madhuravipākaṃ śīto-
ṣṇatvāt viruddhāvīryam, viruddhāvīryatvācchoṇitaprad- 10
ūṣaṇāya |" iti | atra dṛṣṭāntamāha-vyaktāvyaktamityādi |
vyaktaṃ cāvyaktaṃ ca vyaktāvyaktaṃ, nānātmakamapi
jagat-trailokyam karṭṛ yathā vyaktaṃ cāvyaktaṃ ca nā-
tikrāmati, tathā dravyamagniṣomāvityarthaḥ | vyaktaṃ-
sthūlam, dṛśyamityarthaḥ | sāṅkhyānāṃ tu mahadādi- 15
vyaktaṃ, avyaktaṃ-pradhānaṃ puruṣaśca | § 2455

1.9.60 Āyurvedarasāyana

uktamatasypapattimāha-api ceti, nānātmakamiti | na ke-
valaṃ matamātramidam, yuktaṃ cedam pūrvasmānma-
tāt, ityapi cetyasyārthaḥ | nānātmakamapi-pṛthivyādyanekakāraṇamapi,

dravyamagnīṣomau jātucit-kadācidapi, nātikrāmati-taryorvaśe
vartate, kiñcidāgneyatvāduṣṇaṃ kiñcitsaumyatvācchīta-
miti dvidhaiva gatirityarthaḥ | kutaḥ? yatastau mahāba-
lau | ata eva sarvān guṇān gurvādayo+abhibhavanti | gu-
5 rvādīnapyuṣṇaśītau | atra dr̥ṣṭāntamāha-yathā viśvaṃ ka-
rtr̥ vyaktāvvyaktākhyabhedadvayaṃ nātikrāmati | § 2456

1.9.61 Sarvāṅgasundarā

tatra-tayoruṣṇaśītayormadhye, uṣṇaṃ-uṣṇavīryaṃ, bhra-
mādīn karoti | āśupākitāṃ-śīghrapākitvam | śīśiraṃ punaḥ-
śītavīryaṃ tu, hlādanādīn karoti | § 2457

1.9.62 Aṣṭāṅgahr̥dayasaṃhitā

tatroṣṇaṃ bhramatṛḍglānisvedadāhāśupākitāḥ | | 18 | |
śamaṃ ca vātakaphayoḥ karoti, śīśiraṃ
punaḥ | | 19 | |
hlādanam̐ jīvanam̐ stambham̐ prasādam̐
raktapittayoḥ | | 19 | | § 2460

1.9.63 Āyurvedarasāyana

uṣṇaṃ lakṣyati-tatreti | yadbhramādikaṃ karoti taduṣṇa-
vīryam̐ | āśupākitā-śīghrapākaḥ | śītam̐ lakṣyati-śīśiram̐iti,
hlādanam̐iti | yat hlādanādīn karoti tacchītavīryam̐ | hlādanam̐-
nirvṛttiḥ | jīvanam̐ mūrccchāpanayanādibhiḥ prāṇadhāra-
5 ṇam̐ | stambhaḥ-svedāpanayanam̐ | raktapittayoḥ prasādam̐-
nirmalatvam̐ | § 2461

1.9.64 Aṣṭāṅgahr̥dayasaṃhitā

jāṭhareṇāgninā yogādyadudeti rasāntaram̐ | | 20 | |
rasānām̐ pariṇāmānte sa vipāka iti
smṛtaḥ | | 20 | | § 2463

1.9.65 Sarvāṅgasundarā

jāṭhareṇa-audaryeṇa, agninā yogāt-saṃśleṣāt, yat rasānāṃ pariṇāmānte-jaraṇaniṣṭhākāle, rasāntaraṃ-rasaviśeṣaḥ, udeti-upadyate, sa vipāka iti smr̥to-munibhiḥ kathitaḥ | § 2464

1.9.66 Sarvāṅgasundarā

atha vipākaḥ | tatra vipākaṃ lakṣayati-jāṭhareṇeti | rasānāṃ-rasavatāṃ dravyāṇāṃ, jāṭharāgninā saṃyogāt yadras-āntaramutpadyate sa vipākaḥ | "ādau ṣaḍrasamapyannaṃ madhurībhūtamīrayet |" (hr̥. śā. a. 3157) ityādyuktānāṃ madhurāmlakaṭupākānāṃ vyāvṛttyarthamāha- 5
pariṇāmānte,-āhārapariṇāmānte | te tu pariṇāmātprāgeva utpadyante, iti teṣāṃ rasatvameva | § 2465

1.9.67 Aṣṭāṅgahr̥dayasaṃhitā

svāduḥ paṭuṣca madhuramamlo+amlaṃ pacyate
rasaḥ | | 21 | |
tiktoṣaṇakaṣāyāṇāṃ vipākaḥ prāyaṣaḥ
kaṭuḥ | | 21 | | § 2467

1.9.68 Sarvāṅgasundarā

svāduḥ-madhuro guḍādiḥ, paṭuḥ-lavaṇaḥ saindhavādiḥ, madhuraṃ [yathā bhavati tathā] kṛtvā pacyate rasa iti sambandhaḥ | madhuramiti kriyāviśeṣaṇatvānnapuṃsakaliṅgam | svāduḥsvāduvipāko, lavaṇo+api svāduvipāka ityārthaḥ | amlo raso-dadhikāñcikādiḥ, amlaṃ pacyate- 5
amlavipāko bhavati | tiktoṣaṇakaṣāyāṇāṃ prāyaṣaḥ kaṭu-urvipāko bhavati | prāyaṣograhaṇaṃ pūrvatrāpi yojanīyam | tena vr̥histho madhuro raso+amlaṃ pacyate ityupapannaṃ | tathā coktam (hr̥. sū. a. 6 | 10)- "svāduramlavipāko+anyo vr̥hiḥ" iti | tathā, harītakya bhūyastvena 10
yaḥ kaṣāyo rasaḥ, sa madhurameva pacyate | tathā, kaṭuko rasaḥ ṣuṅṭhyārdrakapippalyādīstho madhuraṃ pacyate | tathā coktam (hr̥. sū. a. 6 | 153)- "kaṣāyā madhurā

pāke" iti | tathā (hr̥. sū. a. 6 | 163)- nāgaram̐ dīpanam̐ vṛ-
ṣyam̐ grāhi hr̥dyam̐ vibandhanut | rucyam̐ laghu svādup-
ākam̐ " iti, "tadvadārdakam̐" iti | tathā (hr̥. sū. a. 6 | 161)- "ṣl-
eṣmalā svāduṣītārdṛā" ityārambha yāvāt "svādupākā" iti |
5 atra kecidāhuḥ,-tiktakaṣāyayoreva kaṭuvipākatayā pittak-
arṭṛtvamāpadyata iti | tadetadasat | ṣītavīryatvenaitayoḥ
pittaharṭṛtvāt | vīryam̐ hi rasavipākau vijayate | vakṣyati hi
(ṣlo. 25)- "rasam̐ vipākastau vīryam̐" iti | § 2468

1.9.69 Āyurvedarasāyana

vipākatraividhyamāha-svāduriti | svāduḥ paṭuśca-madhuro
lavaṇaśca, madhuram̐ pacyate,-pakvo madhuratvam̐ yāt-
ītyarthaḥ | madhuramiti kriyāviśeṣaṇam̐ | pacyata iti ka-
rmakartaryātmanepadam | evamamlo raso+amlam̐ pacy-
5 ate | tiktādīnām̐ trayāṇām̐ kaṭuko vipākaḥ | madhuras-
asyāpi vr̥ihervipāke+amlatvāt, lavaṇasyāpi sauvarcalasya
kaṭuvipākatvāt, amlatiktoṣaṇānāmapi dāḍimapaṭolapipp-
alīnām̐ madhuratvāt, kaṣāyasyāpi kulatthasyāmlavipāka-
tvāt, prāyaśa ityuktam, matāntarasaṅgrahārtham̐ ca | tatra
10 dvau vipākāviti suśrutaḥ (sū. a. 40111)- "dravyeṣu pacya-
māneṣu yeṣvambupṛthivīguṇāḥ | nivartante+adhikāstatra
pāko madhura iṣyate | | tejo+anilākāśaguṇāḥ pacyamān-
eṣu yeṣu tu | nivartante+adhikāstatra pākaḥ kaṭuka iṣy-
ate | |" iti | parāśarastu tiktakaṣāyayormadhuravipākam-
15 āha (saṃ.sū.a. 17)-"pākāstrayo rasānāmamlo+amlam̐ pacy-
ate kaṭuḥ kaṭukam̐ | catvāro+anye madhuram̐, saṃsr̥ṣṭara-
sāstu saṃsr̥ṣṭam̐ | | kaṭutiktakaṣāyāṇām̐ kaṭuko yeṣām̐ vi-
pāka iti pakṣaḥ | teṣām̐ pittaviṇāte tiktakaṣāyau katham̐
bhavataḥ | |" iti | ṣoḍhā pākastu saṅgrahe nirastaḥ (sū.a.
20 17)- "yathārasam̐ jaguḥ pākān̐ ṣaṭ kecittadasāmpratam̐ |
yatsvādurvīhīramlatvam̐ na cāmlamapi dāḍimam̐ | | yāti
tailam̐ ca kaṭutām̐ kaṭukā+api na pippalī | yathārasatve pā-
kānām̐ na syādevam̐ viparyayaḥ | |" iti | § 2469

1.9.70 Aṣṭāṅgahr̥dayasaṃhitā

rasairasau tulyaphalastatra dravyaṃ
śubhāśubham | | 22 | |
kiñcidrasena kurute karma pākena
cāparam | | 22 | |
guṇāntareṇa vīryeṇa prabhāveṇaiva
kiñcina | | 23 | | § 2472

1.9.71 Sarvāṅgasundarā

rasaiḥ-jihvāvaiṣayikairmadhurāmlakaṭukaiḥ, vipākakālo-
palabhyo madhurāmlakaṭukalakṣaṇo yo raso bhavati-
asau, tulyaphalaḥ,-tulyaṃ-sadrśaṃ, phalaṃ yasya sa tu-
lyaphalaḥ | etaduktam bhavati,-abhyavahr̥tasya madhura-
rasasya jāṭharāgnisaṃyogavaśāt yat rasāntaram phalatayā 5
niṣpannam tat rasaiḥ sadrśaphalam | phalagrahaṇenaitatpratipādayati,-
phalopamameva vṛṣyādilakṣaṇam kāryasadrśam, na tu
kusumopamam dehāhlādanādilakṣaṇam kāryamiti | eva-
mamlādīnāmapi vyākhyeyam | tatretyādi | tatra-teṣu rasa-
vīryavipākādiṣu madhye, dravyaṃ kiñcicchubhāśubham- 10
sadasatkarma, rasena kurute | yathā,-madhu madhuraka-
ṣāyarasatvena pittaṃ śamayati | kiñcidvipākena | yathā,-
tadeva madhu kaṭuvipākataḥ kapham hanti | kiñcina dr-
avyaṃ guṇāntareṇa,-anyonyaguṇavikṛtatvāt rasavipākato
yaḥ sa guṇāntaro gurvādiḥ, tena | yathā,-amlaṃ kāñjikaṃ 15
kapham śamayati raukṣyāt | kiñcina vīryeṇa | yathā (sa-
ṅgrahe sū. a. 17)- "kaṣāyatiktam mahatpañcamūlam vātam
jayati, na tu pittamuṣṇavīryatvāt |" kiñcina dravyaṃ pra-
bhāveṇaiva śubhāśubham karma kurute | yathā,-amloṣṇā 20
surā kṣīram vardhayati | nanu, yatra dravyāśritānām rasā-
dīnām virodhaḥ, tatraiṣam kāryaniṣpattau samaśaktitvam
na vā ? ityāśaṅkānivṛttyarthamāha- § 2473

1.9.72 Sarvāṅgasundarā

trayāṇām pākānām lakṣaṇamāha-rasairiti | asau-trividho
vipākaḥ, yathāsvam rasaiḥ-madhurāmlakaṭukaiḥ, tulyaphalaḥ-
tulyakāryo jñeyaḥ | madhurasya rasasya kāryaṃ dr̥ṣṭvā
madhuraḥ pāko lakṣaṇīyaḥ | evamamlasyāmlaḥ kaṭuk-

asya kaṭukaḥ | dravyādīnāṃ pṛthak prayojakatvamāha-
 tatra dravyamiti | guṇāntareṇa-rasāvdyatiriktena gurvād-
 inā guṇena | etadeva rasādīnāmapi guṇatvaṃ jñāpayati |
 tena "palāṇḍustadguṇairnyūnaḥ" (hr̥. sū.a. 6/112) ityādi-
 5 prayogā upapannāḥ | prabhāveṇa-ātmanaiva | dravyasyātmā-
 prabhāvaḥ | tathā ca suśrutaḥ (sū.a. 40/14)-"taddravyamātmanā
 kiñcitkiñcidvīryeṇa sevitam | kiñcidrasavipākābhyāṃ do-
 ṣaṃ hanti karoti ca | |" iti | śubhaṃ-doṣasamanam̐ ka-
 rma, aśubhaṃ-doṣakopanam̐ | kiñcidparaṃ kiñcaneti tr-
 10 ayaṃ karṭṛkarmaviśeṣaṇam̐ | yadā bahūni dravyāṇi ek-
 ameva karma kurvanti tadā-karṭṛviśeṣaṇam̐, yadaikam-
 eva dravyaṃ bahūni karmāṇi tadā-karmaviśeṣaṇam̐ | et-
 accodāhṛtam̐ saṅgrahe (sū.a. 17)-"tatra yanmadhuraṃ ra-
 savipākayoḥ śītavīryaṃ ca dravyaṃ, yaccāmlaṃ tayloru-
 15 ṣnavīryaṃ ca, yadvā kaṭukaṃ, teṣāṃ yathāsvaṃ rasādi-
 bhyaḥ prāyo guṇān doṣakopanaśamanatvaṃ ca vidyāt |
 tadyathā-kṣīramadirāmaricādīnām̐ | rasādisaṅkareṇa tva-
 nyathātvam̐ | yathā-madhu madhuraṃ śleṣmāṇam̐ śama-
 yati kaṭuvipākitayā, sakaṣāyatvādrauḥsyācca vātam̐ janay-
 20 ati śītavīryatvācca | tathā, yavo+api | ānūpaudakapiśitam̐
 śītamapi pittaṃ karoti, uṣṇavīryatvat | tathā tailaṃ kaṭuv-
 ipākitayā ca vipākata eva baddhaviṇmūtram̐ | amlaṃ kā-
 ṅjikaṃ kaphaṃ jayati, tīkṣṇoṣṇatvāt | kapitthaṃ tu rau-
 kṣyātkapham̐, pittaṃ ca śītavīryatvāt | āmalakaṃ pittaṃ
 25 śītavīryatvāt svādupākitayā ca, kaphaṃ raukṣyāllāghav-
 ācca, śaityaraukṣyalāghāvaistu na vātam̐ | lavaṇaṃ sai-
 ndhavaṃ svādupākatayā pittaṃ jayati, lāghavāt kapham̐ |
 kaṭukā+api śuṅṭhī snehausṇyasvādupākatayā vātam̐ jay-
 ati, pippalī ca, laśuno+api snehausṇyagauravaiḥ, palāṇḍ-
 30 uśca | sa tu snehagauravābhyāṃ janayati śleṣmāṇam̐, vṛ-
 ddham̐ ca mūlakaṃ svādupākatayā | tiktā pittaṃ jayati |
 tiktā api vyāghrīviśalyārkaṅkavāruṇya uṣṇavīryatvāt pittaṃ
 janayanti | kaṣāyatiktam̐ mahat pañcamūlaṃ vātam̐ jayati,
 na tu pittaṃ, uṣṇavīryatvāt | kaṣāyāḥ kulatthāścāmlapāk-
 35 atayā ca | ityetannidarśanamātramuktam̐ | " iti | § 2474

1.9.73 Aṣṭāṅgahr̥dayasam̐hitā

yadyaddravye rasādīnāṃ balavattvena vartate | | 23 | |
abhibhūyetarāṃstattatkāraṇatvaṃ
prapadyate | | 24 | |
viruddhaguṇasaṃyoge bhūyasā+alpaṃ hi
jīyate | | 24 | | § 2477

1.9.74 Sarvāṅgasundarā

rasādīnāṃ-rasavīryavipākaprabhāvānāṃ madhye, yat-rasādivastu,-
raso vā vīryaṃ vā vipāko vā prabhāvo vā, balavattvena-
baliṣṭhatayā, dravye vartate-avatiṣṭhate, tat-vastujātam,
itarān-abaliṣṭhān, abhibhūya-viphalīkṛtya, kāraṇatvaṃ prapadyate,-
karmakarāṇe kāraṇatāmāsādayatītyarthāḥ | ata idamāha- 5
viruddhetyādi | hi-yasmāt, viruddhaguṇasaṃyoge-saṃhatībhāve
sati, yadalpaṃ vastu tat bhūyasā-balavatā, jīyate-abhibhūyate |
guṇasābdena cātra rasādayo gr̥hyante, na pāribhāsikā gu-
rvādayo+aparakṛtatvāt | viruddhaguṇasaṃyoga ityatra vi- 10
ruddhaguṇasaṃyoga iti | na hi guṇānāṃ saṃyogo vaktuṃ
yujyate, kiṃ tarhi ? dravyāṇāṃ | tathā ca muniḥ (ca. vi. a.
1 | 28)- "saṃyogastu dvayorbahūnāṃ vā dravyāṇāṃ saṃh-
atībhāvaḥ | " iti | virodhaśca dvividhaḥ,-svarūpataḥ kārya-
taśca | svarūpavirodho yathā,-gurulaghvoḥ śītoṣṇayośca | 15
kāryato yathā,-vāyau jetavye rūkṣoṣṇadravyasaṃyogopa-
yogaḥ | atra hi yo guṇānāṃ virodhaḥ, sa kāryeṇa | tatra
yadalpaṃ vastujātaṃ tat bhūyasā vastujātenābhibhūyate |
tatra yathā,-kṣīraṃ śītavīryamapi madhurarasahetukasn-
ehagauravādibhiḥ sahāyabāhulyādvātaśamanākhyam kā- 20
ryaṃ karoti, na punaḥ svakāryaṃ vātaprakopākhyam | ya-
tra tu dravye rasādīnāmutkarṣāsambhavaḥ parasparaṃ sā-
myam, tatra kasya kāryakāraṇatvam ? ityāha- § 2478

1.9.75 Āyurvedarasāyana

satsvapi sarveṣvekasyaiva prayojakatve hetumāha yady-
aditi | balavattvena-balādhikyena | balaṃ ca dvividhaṃ,-
kṛtrimamakṛtrimam ca | mātrādhikyena sahāyasampattyā
ca kṛtaṃkṛtrimam, svābhāvikaṃ-akṛtrimam | § 2479

1.9.76 Āyurvedarasāyana

tatra svābhāvikaṃ balamāha-rasamiti | taurasavipākau |
tāni-rasavipākavīryāṇi | apohati-jayati | balasāmye-kṛtrimabalatulyatve,
yatra rasavipākayostulyamātratvaṃ tulyasahāyatvaṃ ca
5 ādhikaḥ sahāyādhiko vā sa balītyarthaḥ | evaṃ vīryādi-
ṣvapi vācyam | saṅgrahe tu (sū. a. 17)- viruddhā api cā-
nyonyam rasādyāḥ kāryasādhane | nāvaśyam syurvigh-
ātāya guṇadoṣā mitho yathā | | rasavīryaprabhṛtayo bh-
ūtotkarṣāpakarṣataḥ | ekarūpā virūpā vā dravyam sa-
10 madhiśerate | mādhyurāśaitypaicchilyasnehagauravam-
andataḥ | saha vṛtṭyā sthitāḥ kṣīre na tvānūpaudakā-
miṣe | | guṇā dravyeṣu ye caktāsta eva tanudoṣayoḥ |
sthitivṛddhikṣayāstasmāttesāṃ hi dravyahetukāḥ | rasam
15 vidyānnipātena tenādhivasanena ca | vīryam vipākam
dravyāṇām karmaṇaḥ pariniṣṭhayā | | madhuraskandha-
nirddiṣṭaghr̥tatailagudādiṣu | guṇā+a+asvādvādibhedena
rasaṣaṭkaṃ na yujyate | | astu bhedādasahvayātvamai-
kyam vā+a+asvādalakṣaṇāt | bhūtotkarṣāpakarṣeṇa bh-
edo yo+alpena kalpyate | | saṅkīrṇatvāt phale cāsau tuly-
20 atvāna vivikṣyate | gurvādīnām viśeṣe+api svajāteranat-
ikramāt | | saṅkhyābhedo yathā nāsti rasānāmapi sa kra-
maḥ | dṛṣṭam mukhopalepādi yatsarveṣu ghr̥tādiṣu | | na
ca taddādimādyeṣu ṣaḍevāto rasāḥ smṛtāḥ | ānantaikatv-
ayośca syāna vicitrārthatantraṇam | | gurvādyā vīryam-
25 ucyante śaktimanto+anyathā guṇāḥ | paṭusāmarthyahīna-
tvādguṇā dvādaśa te guṇāḥ | | " iti | § 2480

1.9.77 Aṣṭāṅgahr̥dayasaṃhitā

rasam vipākastau vīryam prabhāvastānyapohati | | 25 | |
balasāmye rasādīnāmīti naisargikaṃ
balam | | 25 | | § 2482

1.9.78 Sarvāṅgasundarā

rasam-madhurādiṣaḍvidham, vipākāḥ kartā apohati-kāryakarane

kuṅṭhayati | yathā,-madhuro madhuni rasaḥ kaṭunā vip-
 ākenābhībhūyate, ata eva pavanaśamanākhyam kāryam
 madhurarasahetukam na karoti, api tu vātaprakopanā-
 khyam kaṭuvipākahetukameva karoti | tau-rasavipākau, 5
 vīryam kartṛbhūtamapohati | yathā,-mahiṣāmiṣe sthitau
 madhurarasavipākāvūṣṇavīryākhyam kartṛ abhibhavati,
 ata eva tanmāmsam pittādidūṣaṇam, anyathā svāduras-
 avipākitvāt pittaśamakameva syāt | prabhāvastu trīnyapi
 rasādīni vijayate | yathā,-amlarasavipākoṣṇavīryā surā kṣ-
 īram janayati | balasāmye iti-īdṛśam, rasādīnām naisargi- 10
 kam balaṃ,-svābhāvikī śaktiḥ | etaduktam bhavati,-rasam
 samabalamapi vipāko+apohati, rasavipākau ca samabal-
 āvapi vīryam svabhāvādapohati, etāni ca samabalānyapi
 prabhāvo+apohatīti | nanu, dravyarasavipākavīryāṇi ka- 15
 rmānumānena yathāsvarūpāṇyevāvagacchāmaḥ | prabh-
 āvasya tu na jñāyate kīdṛśam karma ? ityata āha- § 2483

1.9.79 Aṣṭāṅgahrdayasaṃhitā

rasādisāmye yat karma viśiṣṭam tat
 prabhāvajam | | 26 | | § 2484

1.9.80 Sarvāṅgasundarā

dvayordravyayo rasādīnām-rasavīryavipākānām sāmnye sati,
 yadekam dravyamanyatkarma kurute, anyatpunaranyā-
 dviśiṣṭam karma, tat prabhāvajam-prabhāvājītamiti jñe-
 yam | ayamasya dravyasya prabhāva iti viśiṣṭakarmakara- 5
 ṇānniścīyata ityarthāḥ | nanu, prabhāvaḥ ka ucyate ? iti cet
 brūmaḥ | rasavīryavipākādiguṇātīśāyī dravyasya svabh-
 āvo yaḥ, sa prabhāvaḥ | uktaṃ ca-"rasavīryavipākādiguṇātīśayavānalam |
 dravyasvabhāvo nirdiṣṭo yaḥ prabhāvaḥ sa kīrtitaḥ | |" iti |
 atra nidarśanārthamāha- § 2485

1.9.81 Āyurvedarasāyana

atha prabhāvaḥ | prabhāvam lakṣayati-rasādisāmnye iti |
 dvayordravyayo rasādisāmye satyapyekasya yadvīśiṣṭam

karma dṛśyate, tatprabhāvajam | tatra yo dravyadharmo
hetuḥ, sa prabhāva ityarthah | § 2486

1.9.82 Aṣṭāṅgahr̥dayasaṃhitā

dantī rasādyaistulyā+api citrakasya virecanī | | 26 | |
madhukasya ca mṛdvīkā, ghṛtaṃ kṣīrasya
dīpanam | | 27 | | § 2488

1.9.83 Sarvāṅgasundarā

citrakasya rasavīryavipākaistulyā+api danti rasādibhyo+atiśāyidravyasvabhāvay
na citrakah, citrakatvāt | madhukasya ca mṛdvīkā tu-
lyā+api rasādibhyo+atiśāyidravyasvabhāvayogāt mṛdvīkā
virecanī, na madhukam | ghṛtaṃ kṣīrasya rasādibhist-
5 ulyamapi ghṛtaṃ dīpanam, na punaḥ kṣīram | anye
prabhāvalakṣaṇamanyathā+a+aha-prativastu svasaṃjñā-
pravṛttinimittalakṣaṇo yo dharmastvatalādipratyayapra-
tītisamadhigamyah sa prabhāvah | tantrāntare coktam-
"vastūnām yah svasaṃjñāyāḥ pravṛttau kāraṇe smṛtaḥ |
10 tvatalādiprabodhyaśca prabhāva iti sa smṛtaḥ | |" iti |
evaṃ ca dantītvāddantīyā virecanakāritvaṃ prabhāvah, ci-
trakasya citrakatvādvirecanakāritvaṃ prabhāvah, evaṃ
mṛdvīkātvānmṛdvīkāyā virecanakāritvaṃ prabhāvah, ity-
ādi sakalapadārtheṣu bodhyam | sāmānyaviśeṣābhyāṃ ya-
15 taḥ sakalam vyāptam, ato granthakāra idamāha- § 2489

1.9.84 Āyurvedarasāyana

prabhāvamudāharati-dantīti | rasādaya uktāśvarakeṇa (sū.
a. 26/70)- "kaṭukah kaṭukah pāke vīryoṣṇaścitrako mataḥ |
tadvaddantī prabhāvāttu virecayati" sā naram | |" iti | ma-
5 dhumamṛdvīkayoḥ kṣīraghṛtayośca madhurarasapākatv-
ena śītavīryatvena ca sāmnye+api mṛdvīkaiva virecanī na
madhukam, ghṛtameva dīpanam na kṣīram | saṅgrahe tva-
nyadapyudāhṛtam (sū.a. 17)-"kaṭupākarasasnigdhagurutvaiḥ
kaphavātajit | laśuno vātakaphakṛnna tu taireva yadgu-

ṇaiḥ | | mitho viruddhān vātādīn lohitādyā jayanti yat |
 kurvanti yavakādyāśca tatprabhāvavijṛmbhitam | | śirīṣ-
 ādi viṣaṃ hanti svapnādyam tadvivṛddhaye | maṇimantra-
 auśadhīnāṃ ca yatkarma vividhātmaṅgam | | śalyākaraṣaṇ- 5
 apuṃjanmarakṣāryudhavaśādikaṅgam | darśanādyairapi vi-
 ṣaṃ yanniyacchati cāgadah | | virecayati yaddr̥ṣyamāśu
 śukraṅgam karoti vā | ūrdhvādhobhāgikaṅgam yacca dravyaṅgam
 yacchamanādikaṅgam | | mātrādi prāpya tattacca yatprapañc-
 ena varṇitam | tacca prabhāvajaṅgam sarvamato+acintyaḥ sa
 ucyate | | rasena vīryeṇa guṇaiścakarma dravyaṅgam vipāk- 10
 ena ca yadvidadhyāt | sadyo+anyathā tat kurute prabhāv-
 āddhetoratastasya na gocaro+asti | | " iti | § 2490

1.9.85 Aṣṭāṅgahṛdayasaṃhitā

iti sāmānyataḥ karma dravyādīnāṃ, punaśca tat | | 27 | |
 vicitrapratyayārabdhadravyabhedenā
 bhidyate | | 28 | | § 2492

1.9.86 Sarvāṅgasundarā

iti-prakāre, anena prakāreṇa dravyarasavīryādīnāṃ sām-
 ānyena karma vyākhyātam, na viśeṣeṇa | yaireva mahā-
 bhūtai rasavīryādayo dravyāśritā ārabdhāḥ, taireva tathā-
 bhūtaistadāśrayamapi dravyaṅgam | ataḥ sāmānyataḥ karma 5
 dravyādīnāmuktam | sāmprataṅgam viśiṣṭaṅgam karma pratidr-
 avyaṅgam vaktumidamāha-punaśca taditi | tat-sāmānyoktaṅgam
 karma dravyarasādīnāṃ sambandhi, punarbhidyate-viśiṣyate |
 kena ? ityāha-vicitretyādi | vicitrāśca te pratyayāśca vicitrapratyayāḥ,-
 nānākārasanniveśaviśeṣayuktāni mahābhūtāni, pratisattvaṅgam
 prāktanaśubhāśubhakarmaprerito vicitro mahābhūtapā- 10
 riṇāma ityarthāḥ | vicitrapratyayārabdhaṅgam ca taddra-
 vyaṅgam ca, tasya bhedo-viśeṣaḥ, tena vicitrapratyayāra-
 bdhadravyabhedenā, tat-sāmānyoktaṅgam karma dravyād-
 īnāṃ, bhidyate-nānātvena sampadyate | dravyāśritatvā-
 drasādīnāmapi yatkarma tadapi dravyabhedenā bhidyate 15
 ate | nanu, sarvamapi deśakālādivaśādvicitrapratyayār-

abdham, parasparavailakṣaṇyāddravyāṇām | paraspara-
vailakṣaṇye caiṣaṃ vicitrapatyayārabdhatvameva kāra-
ṇam | yadvaśādanyadidaṃ dravyamiti rūparasavīryavi-
pākādibhinnamutpadyate, tathā pratibhāsate ca | tatki-
5 nnu ? "vicitrapatyayārabdhadravyabhedena bhidyate |"
iti | atrācakṣmahe | satyametat, kintu viśiṣṭadravyasya sa-
ṅgrahārtham vicitrapatyayārabdhamiti viśeṣaṇam śāstr-
akṛtā kṛtam | yasya bhedena dravye rasavīryādīnām ya-
tsāmānyoktam karma tadbhidyate | yasmin dravye rasā-
10 dīnāmānyāni mahābhūtānyārambhakāṇi dravyasya cāra-
mbhakāṇyaparāṇi, taddravyam vicitrapatyayārabdham |
tadevaṃ dravyāṇām dvaividhyam | yataḥ kāniciddravy-
āṇi yaireva mahābhūtairiyathāvidhai rasādāya ārabdhāḥ,
taireva tathāvidhairmahābhūtaistadāśrayāṇyapi dravyā-
15 ṇyārabdhāni | tāni rasādisamānapratyayārabdhānyucya-
nte | tāni ca yathāyatham tatkarma rasādyanugūṇam sā-
mānyāt kurvate | yathā,-kṣīrekṣuśarkarādīni | kānicitpu-
nastadāśritarasādisamārambhakamahābhūtānyanyāni ta-
dāśrayadravyārambhakāṇyanyāni ca mahābhūtāni, tair-
20 ārabdhāni tāni vicitrapatyayārabdhāni dravyāṇi | etad-
uktaṃ bhavati,-rasādīnāmārambhakāṇyanyāni dravyasya
cārambhakāṇyanyathābhūtāni mahābhūtāni, nobhayatra-
ikarūpāṇīti | tāni ca yathāyatham rasādyanugūṇam ka-
rma na kurvanti, bhinnatvāddhetubhāvasya | tathā hi,-
25 rasādīnāmārambhe+anyo heturanyaśca tadāśrayadravyā-
rambha iti | yathā,-makuṣṭhayavamatsyasimhādīni | etāni
hi yathārasam na vīryavipākakarma kurvanti, vicitrapr-
atyayārabdhatvāt | ittham yāni rasādisamānapratyayāra-
bdhāni dravyāṇi bahūnyapi teṣāṃ rasopadeśena karma
30 nirdeṣṭum śakyate | ata eva hetoḥ ṣaṇṇām rasānām yo
gūṇanirdeśaḥ, tasya sārthakatvam | rasopadeśamantareṇa
hi bahutarāṇām dravyāṇām samānarūpāṇām kṣīrekṣvād-
īnām karma vaktum sukhena śakyate | yāni tu vicitrapr-
atyayārabdhāni dravyāṇi teṣāṃ pratidravyam karmopade-
35 śam vinā yathāyatham karma vaktum na śakyate | § 2493

1.9.87 Āyurvedarasāyana

adhyāyārthamupasamharati-iti sāmānyata iti | dravyād-

īnām prabhāvāntānām | sāmānyoktaṃ karmāpavadati-
punaśva taditi | tat-sāmānyoktaṃ karma, bhidyate-viśiṣyate,
anyathā kriyata ityārthaḥ | kena ? vicitrapratyayārabdha-
dravyabhedena, vicitrāḥ-parasparavilakṣaṇāḥ, pratyayāḥ- 5
kāraṇabhūtā mahābhūtaśāngātāḥ, tairārabdham yadddr-
avyaṃ tasya bhedo-dravyāntaraviśiṣṭatvam, tena | pārthi-
vādyavāntarasāmānyabhedasya pūrvamuktatvāt punast-
adityuktaṃ | etaduktaṃ bhavati,-kvaccid dravye yādṛg-
eva bhūtaśānghāto dravyasyārambhakaḥ, tadṛgeva rasādī-
nām | tatsamānapratyayārabdham, tatsāmānyaguṇānnāti- 10
krāmati | kvacidanyādṛgbhūtaśānghāto dravyasyārambh-
ako+anyādṛgrasasyānyādṛk guṇasyetyādi, tadvicitrpra-
tyayārabdham, tatsāmānyaguṇānatikrāmati | tadarthe dr-
avadravyānnasvarupavijñānīyādyārambhaḥ | § 2494

1.9.88 Aṣṭāṅgahṛdayasaṃhitā

svādurguruśca godhūmo vātajidvātakṛdyavaḥ | | 28 | |
uṣṇā matsyāḥ payaḥ śītaṃ kaṭuḥ siṃho na
śūkaraḥ | | 1 | |
281/2 | | 1 | |
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahṛdayasaṃhitāyāṃ
sūtrasthāne dravyādivijñānīyo nāma
navamo+adhyāyaḥ | | 1 | | § 2498

1.9.89 Sarvāṅgasundarā

svādurasopeto guruguṇayuktakṭaśca godhūmo madhur-
arasopadiṣṭaṃ vātajittvaṃ yat karma tat karoti, samān-
apratyayārabdhatvāt | yavastu svādurasopeto guruguṇa-
yuktakṭaśca godhūmo madhurarasopadiṣṭaṃ yadvātaji- 5
ttvaṃ karma tanna karoti, api tu vātakṛttvameva karoti,
vicitrapratyayārabdhatvāt | matsyāḥ svādurasopeto guru-
guṇopetaśca na madhurarasopadiṣṭaḥ śītavīryaḥ, kiṃ ta-
rhi ? uṣṇavīryaḥ, vicitrapratyayārabdhatvāt | kṣīraṃ ca
svādurasopetaṃ guruguṇayuktaṃ ca madhurarasopadi-

ṣṭam śītavīryam, samānapratyayārabdhavāt | svāduras-
ayukto gurugūṇayuktaśca siṃho na yathārasam madh-
uravipākaḥ, kiṃ tarhi ? kaṭuko vipāke, vicitrapratyay-
ārabdhavāt | śūkarō madhurarasayukto gurugūṇopeta-
5 śca yathārasam madhuravipāka eva, samānapratyayā-
rabdhavāt | evam yāni samānapratyayārabdhāni dravy-
āṇi teṣāṃ rasopadeśenaiva guṇā nirdiṣṭā bhavanti | ta-
thā ca munīḥ (ca. sū. a. 23 | 48)- "śītam vīryeṇa yaddra-
vyam madhuram rasapākayoḥ | tayoramlam yaduṣṇam ca
10 yaccoktam kaṭukam tayoh | | teṣāṃ rasopadeśena nir-
diṣṭo guṇasaṅgrahaḥ | vīryato+aviparītānām pākataścopa-
dekṣyate | | yathā payo yathā sarpiriyathā vā cavyacitra-
kau | evamādīni cānyāni nirdiśedrasato bhiṣak | |" iti | bā-
hulyena ca rasādisamānapratyayārabdhānyeva dravyāṇīti
15 cetasi kṛtvā+a+acāryo+avocat | yathā (ślo.4)- "gurvādayo
guṇā dravye pṛthivyādaḥ rasāśraye | raseṣu vyapadiśyan-
te sāhacaryopacārataḥ | |" iti | ata eva ca bahutarāṇi dra-
vyāṇi rasādisamānapratyayārabdhāni, ato rasopadeśavy-
āptyā tāni nirdeṣṭum śakyante, nānyathā | vicitrapratya-
20 yārabdhāni punaḥ katipayānyeva dravyāṇi, tāni pratidr-
avyamevopadiśyante | muninā+apyayamartho yuktyavo-
ktaḥ | yathā (ca. sū. a. 23 | 59)- "madhuram kiñciduṣṇam
syātkaṣāyam tiktameva ca | yathā mahatpāñcamūlam ya-
thā cānūpamāmiṣam | | lavaṇam saindhavam noṣṇama-
25 mlamāmalakam yathā | arkagurugudūcīnām tiktānām co-
ṣṇamucyate | | kiñcidamlarasam grāhi kiñcidamla bhin-
atti ca | yathā kapittham saṅgrāhi bhedi cāmalakam ya-
thā | | pippalīnāgaram vṛṣyam kaṭu cāvṛṣyamucyate | kaṣ-
āyaḥ stambhanaḥ śītaḥ so+abhayāyā mato+anyathā | tasm-
30 ādrasopadeśena na sarvaṃ dravyamādiśet | |" iti | ye ca ras-
asaṃyogā vakṣyamāṇāste rasādisamānapratyayārabdhai-
rmaḍhurāmlalavaṇatiktakaṭukaṣāyarūpairmithaḥ kalpan-
īyāḥ, na tu vicitrapratyayārabdhairmaḍhurāmlalavaṇati-
ktakaṭukaṣāyarūpaiḥ | yasmātteṣāṃ na yathāśāstranirūp-
35 itā rasavīryavipākādayo vidyante, vicitrapratyayārabdha-
vāt | [ato rasopadeśavyāptyā tairdravyaiste rasasaṃyogāḥ
kalpayitum na yujyante |] ayam rasasaṃyogabheda eva-
mguṇo+ayamevamguṇaḥ, evamguṇatvāccāmuṣminviṣaye

yojya etasminviṣaye cāyamiti nirdeṣṭuṃ na śakyate, anirjñātasvarūpatvāt | na hi vicitrapratyayārabdhairye rasasam̐yogāḥ kriyante, teṣāṃ svarūpaṃ kathamapyavadhārayituṃ śakyate | api ca, samānapratyayārabdhairye sam̐yogāḥ kalpyante, teṣāṃ sam̐yogināṃ vīryati yo virodhaḥ śīt- 5
oṣṇalakṣaṇaḥ, sa na doṣāya | ye tu vicitrapratyayārabdhair-
aiḥ sam̐yogāḥ kalpyante, teṣāṃ sam̐yogināṃ yaḥ śītoṣṇ-
alakṣaṇo virodhaḥ, sa doṣāyeti vedyam | anyathā rasālā-
pānakādīnāmanekadravyakṛtānāmanabhyavahāra eva pr-
āpnuyāt | tathā, trayastrimśadvargā ye vakṣyamāṇāsteṣu 10
yadayaugikaṃ tadjahyāt yaugikaṃ tvanuktamapi yuñjyā-
diti yadvakṣyate tatra rasādisamānapratyayārabdhameva
yojyam, na vicitrapratyayārabdham | tasya rasavīryavipā-
kānāṃ niścayasya kartumaśakyatvāt | tasmādityādi | yata
evam̐ vicitrapratyayārabdham̐ vicitrarūpam, tasmādraso- 15
padeśena na tatsarvaṃ dravyamādiśet, api tu rasādisamā-
napratyayārabdhameva dravyam̐ rasopadeśena nirdiśed-
iti | iti śrīmṛgāṅkadattaputraśrīmadaruṇadattaviracitāyā-
maṣṭāṅgahr̥dayaṭīkāyāṃ sarvāṅgasundarākhyāyāṃ sūtr-
asthāne dravyādivijñānīyādhyāyo navamaḥ samāptaḥ | | 20
9 | | § 2499

1.9.90 Āyurvedarasāyana

dravyabhedamudāharati-svāduriti | yavagodhūmayorm-
atsyapapayasoh̐ simhaśūkarayośca svādutvagurutvābhyāṃ
tulyatve+api yavamatsyasiṃhānāṃ vicitrapratyayārabdh-
atvāt vātala prabhāvatvoṣṇavīryatvakaṭuvipākitvāni sv- 5
ādutvagurutvaviparītāni | godhūmapayaḥśūkarāṇāṃ tu
samānapratyayārabdhatvāt vātaghnaprabhavatvaśītavīry-
atvamadhuravipākitvāni svādutvagurutvayoraviparītāni |
vātajittvavātakṛttvābhyāṃ tatkāraṇabhūtau prabhāvau la-
kṣyete | iti hemādriṭīkāyāmāyurvedarasāyane | dravyādī-
nāṃ prakaraṇam̐ sāmastyena nirūpitam | | 9 | | § 2500 10

1.10 rasabhedīyādhyāyaḥ : 10

1.10.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto rasabhedīyamadhyāyaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 2502

1.10.2 Sarvāṅgasundarā

rasānām bhedo rasabhedāḥ, tasmai hito rasabhedīyaḥ,
tamadhyāyaṃ vyākhyāsyāmaḥ-kathayiṣyāmaḥ | "rasanā-
rtho rasaḥ" iti muniḥ (ca. sū. a. 1 | 63) | tathā, abyoniḥ, apā-
meva rasavattvāt | tathā ca muniḥ (ca. sū. a. 25 | 13)- "āpo hi
5 rasavatyāḥ" iti | apām cātryaktarasatvāt prativyaktyanyā-
dr̥śo+anyādr̥śo rasānām mahābhūtavailakṣaṇyaja āsvāda
āsvādyate | tathā ca, madhurarasādhiṣṭhatānām kṣīradr-
ākṣekṣuśarkarādīnām prativyaktyanyādr̥śo+anyādr̥śo ma-
dhurarasāsvāda upalabhyate, na tvekarūpaḥ | evamaml-
10 ānāmāranālakolāmlīkādināmapi pratidravyamanekarūpa
āsvādaviśeṣa upalabhyate, na tveka eva | § 2503

1.10.3 Āyurvedarasāyana

rasabhedīyamadhyāyaṃ vyākhyātum pratijānīte atheti |
yataḥ pūva+adhyāye (ślo.12)-"raso bhedairuttaratropade-
kṣyate" ityuktam | ata evāyaṃ rasabhedīyaḥ | § 2504

1.10.4 Aṣṭāṅgahr̥dayasaṃhitā

pūrvam ca pratyapādi 'ṣaḍeva rasāḥ' iti | | 1 | |
tāneva lakṣayati- kṣmāmbhognikṣmāmbutejaḥ
khavāyvagnyanilagonilaiḥ | | 1 | |
dvayolbanaiḥ kramādbhūtairmadhurādiraso-
dbhavaḥ | | 1 | | § 2507

1.10.5 Sarvāṅgasundarā

pr̥thivyādibhirmahābhūtairdvayolbaṇaiḥ-hyādhikaiḥ, kramāt-
 paripātyā, yathāsaṅkhyamityarthaḥ, madhurādīnām ṣa-
 ṇṇām rasānāmudbhavo-abhinivṛttirbhavati | dvayamulb-
 aṇam yeṣu bhūteṣu tāni dvayolbaṇāni, taiḥ dvayolbaṇ-
 aiḥ | dvayolbaṇaśabdopādānācca dravyavadrasasyāpi pā- 5
 ṅcabhautikatvamiti pratipādayati | katamat punarbhūt-
 advayaṃ katamasmin rase+adhikamārambhakaṃ syād-
 iti yathāsaṅkhyena darśayannāha-kṣmāmbha ityādi | bh-
 ūmijalābhyāmadhikābhyām madhuraḥ, kṣmāgnibhyāma- 10
 mlaḥ, ambvagnibhyām lavaṇaḥ, khavāyubhyām tiktakaḥ.
 agnivāyubhyām kaṭukaḥ, kṣmānilābhyām kaṣāyaḥ | nanu,
 yathā bhūmitoyādhikyānmadhuraḥ, evamambuvāyvādh-
 ikyādanyo bhūmyākāśādhiikyādanya ityevamādivikalpai-
 rasaṅkhyeyarasaprasaṅgaḥ prāpnoti | atrocyate | svabhā- 15
 vādadoṣaḥ | eṣāṃ bhūmyākāśādīnāmīdṛśaḥ svabhāvo ya-
 tkenacideva bhūtādhikyena vyavasthitāni bhūmyādīni ra-
 sāntarotpādanasamarthāni bhavanti, na sarveṇeti | § 2508

1.10.6 Āyurvedarasāyana

tatra rasānāmutpattimāha-kṣmāmbhognīti | pr̥thivyudak-
 ābhyāmulbaṇābhyām madhurarasasyotpattiḥ, tejaḥpr̥thi-
 vībhyāmamlasya, udakatejobhyām lavaṇasya, vāyvākāśā-
 bhyām tiktasya, tejovāyubhyām kaṭukasya, vāyupr̥thivī-
 bhyām kaṣāyasya | § 2509 5

1.10.7 Aṣṭāṅgahṛdayasaṃhitā

teṣāṃ vidyādrasaṃ svādu yo vaktramanulimpati || 2 ||
 āsvādyamāno dehasya
 hlādano+akṣaprasādanaḥ || 2 ||
 priyaḥ
 pipīlikādīnām----- || 3 || § 2512

1.10.8 Sarvāṅgasundarā

teṣāṃ-rasānāṃ madhye, ya āsvādyamāno vaktramanulimpati-
mukhopadehaṃ janayati, tathā dehasya hlādanaḥ-āśvāsakaḥ,
tathā+akṣāṇāṃ-indriyāṇāṃ, prasādanaḥ-prasannatvakṛt,
tathā pipīlikādīnāṃ priyaḥ, taṃ madhuraṃ jānīyāt | pipī-
5 ikādīnāṃ priya etenaitaddarśayati,-pramehādiṣu mūtratv-
agādaḥ pipīlikopasarpaṇāt mādhyānumānaṃ kṛtvā ma-
dhumehatvādi jñāyate | āsvādyamāna ityuttaratrāpi yo-
jyam | § 2513

1.10.9 Āyurvedarasāyana

atha rasalakṣaṇam | tatra madhuraṃ lakṣayatiteṣāmiti |
upalimpati-picchilādiguṇasāhacaryāt | dehasya hlādanaḥ-
priyatamatvātsarvaśarīrāpyāyanaḥ | aksaprasādanaḥ indri-
yavaimalyakaraḥ | ādiśabdānmakṣikādayaḥ | § 2514

1.10.10 Aṣṭāṅgahr̥dayasaṃhitā

-----amlaḥ kṣālayate mukham | | 3 | |
harṣaṇo romadantānāmakṣibhruvanikoca-
naḥ | | 3 | | § 2516

1.10.11 Sarvāṅgasundarā

amlo rasa āsvādyamāno mukhaṃ kṣālayate-srāvayati | ta-
thā, romadantānāṃ harṣaṇaḥ-"hr̥ṣu alīke" alīkakārī, udve-
jaka ityārthaḥ | tathā, akṣibhruvanikocanaḥ, akṣiṇī ca bhr-
uvaucākṣibhruvam, acaturādisūtre nipātitaḥ | § 2517

1.10.12 Āyurvedarasāyana

amlaṃ lakṣayati-amla iti | kṣālayateprakṣālayate | romaharṣaṇaḥ-
romāñcakṛt | dantaharṣaṇo-dantakāryākṣamatvakṛt | akṣibhruvanikocanaḥ-
akṣṇorbhruvośca saṅkocakaḥ | § 2518

1.10.13 Aṣṭāṅgahr̥dayasaṃhitā

lavaṇaḥ syandayatyāsyam̐ kapolagaladāhakṛt | | 4 | | § 2519

1.10.14 Sarvāṅgasundarā

lavaṇo raso mukham̐ syandayati | tathā, kapolayorgale
ca dāham̐ karoti | annasya rocana itihātiprasiddhatvānn-
oktam | saṅgrahe tu spaṣṭārthamuktam | yathā (sū. a. 18)-
"kaṅṭhakapolaṃ vidahati, annam̐ prarocayati | " iti | § 2520

1.10.15 Āyurvedarasāyana

lavaṇam̐ lakṣayati-lavaṇa iti | § 2521

1.10.16 Āyurvedarasāyana

tikṭam̐ lakṣayati-tikṭa iti | viśadayatiapaicchilyam̐ karoti |
rasanām̐ pratihanti-jihvām̐ kuṅṭhati | § 2522

1.10.17 Aṣṭāṅgahr̥dayasaṃhitā

tikṭo viśadayatyāsyam̐ rasanam̐ pratihanti ca | | 4 | | § 2523

1.10.18 Sarvāṅgasundarā

tikṭo mukham̐ viśadayati-apaicchilyayukṭam̐ karoti | rasa-
nendriyam̐ ca pratihanti-anyarasagrahaṇaśaktim̐ nāśayat-
ītyarthaḥ | § 2524

1.10.19 Aṣṭāṅgahr̥dayasaṃhitā

udvejayati jihvāgraṃ kurvam̐ścimicimām̐ kaṭuḥ | | 5 | |
srāvayatyaḥṣināsāsya kapolau dahatīva
ca | | 5 | | § 2526

1.10.20 Sarvāṅgasundarā

kaṭurāsvādyamāno jihvāgramudvejayati-sodvegamaṃ karoti | cimumimāṃ kurvan-dahanajvālāsamsparsādīvākṣyādi srāvayati | gaṇḍau ca dahatīva | § 2527

1.10.21 Āyurvedarasāyana

kaṭukamaṃ lakṣayati-udvejayatīti | agragrahaṇamaṃ sambandhamātra evodvejakatvāt | cimumimāṃ-sarṣapalipta iva duḥkhānubhavam | § 2528

1.10.22 Aṣṭāṅgahr̥dayasaṃhitā

kaṣāyo jaḍayejjihvāṃ kaṇṭhasrotovibandhakṛt | | 6 | | § 2529

1.10.23 Sarvāṅgasundarā

kaṣāyo jihvāṃ jaḍayati-rasādikriyāyāṃ mandīkaroti | tathā, kaṇṭhasya srotāṃsi-śirāviśeṣaḥ, teṣāṃ vibandham karoti | śvāsādīnāmayathāpravṛttimiva kuruta ityarthah | § 2530

1.10.24 Āyurvedarasāyana

kaṣāyamaṃ lakṣayati-kaṣāyo jaḍayediti | jaḍayet-stambhayet | kaṇṭhasambandhināṃ srotasāṃ vibandham-avarodham karoti | § 2531

1.10.25 Aṣṭāṅgahr̥dayasaṃhitā

rasānāmiti rūpāṇīkarmānimadhuro rasaḥ | | 6 | |
ājanmasātmyātkurute dhātūnāṃ prabalam
balam | | 7 | |
bālavṛddhakṣatakṣīṇavarṇakeśendriyaujasām | | 7 | |
praśasto br̥mhaṇaḥ kaṇṭhyah
stanyasandhānakṛdguruḥ | | 8 | |

āyusyo jīvanah snigdhaḥ
 pittānilaviṣāpahaḥ | | 8 | |
 kurute+apyupayogena sa medaḥśleṣmajān
 gadān | | 9 | |
 sthaulyāgnisādasannyāsamehagaṇḍārбудādikān | | 9 | | § 2538

1.10.26 Sarvāṅgasundarā

iti-parisamāptau | rasānāṃ madhuradīnāṃ rūpāṇi-lakṣaṇāni
 samāptāni | samprati teṣāṃ karma yathāsvaṃ pradarśayannāha-
 sa0-karmāṇīti | vakṣyamāṇāṇīti vākyaśeṣaḥ | atha ko rasaḥ
 kiṃ karma karoti ? ityāha- sa0-madhuro raso dhātūnāṃ
 balaṃ prabalaṃ kurute-prakṛṣṭatayā śaktyā yuktaṃ balaṃ 5
 janayet, nijam balaṃ yat tatprakṛṣṭam janayatītyarthaḥ |
 kutaḥ ? ājanmasātmyāt,-janmaprabhṛti dehasya sātmyādi-
 tyarthaḥ | bālabhāva eva hi kṣīrādīnā puruṣasya vṛttiḥ | ta-
 thā, bālādīnāṃ praśasto-hitaḥ | ojaso+adhikavardhanatvāt
 praśastaḥ | "ojastu tejo dhātūnāṃ śukrāntānāṃ param sm- 10
 ṛtam |" ityojolakṣaṇam (hṛ. sū. a. 11 | 37) vakṣyati | ta-
 thā, br̥mhaṇaḥ kaṅṭhyaśca | stanyaṃ-kṣīram, sandhānaṃ-
 śleṣaḥ, te karotīti stanyasandhānakṛt guruśca | tathā, āyu-
 ṣyādiguṇaḥ | nanu, āyusyajīvanayorekārthatvādekatarop-
 ādānameva yuktaṃ | maivam | etayorbhinnārthatvāt | ta- 15
 thā hi,-āyusyaḥ sa ucyate yo+aparimitāyuso hitaḥ, adhi-
 kāyuso hetutvāt | tathā ca muniḥ-(ca. sū a. 1 | 25)- "tenā-
 yuramitaṃ lebhe" iti | yastvāyuso niyatarūpasya tāmeva
 maryādāmanubadhnāti, sa jīvayatīti jīvana ucyate | tada-
 nayoh spaṣṭa eva bhedaḥ | tathā, jīvanamojasyamityabhi- 20
 nnārthau, kintvetayorapīha yadupādānaṃ tadojaso dvivi-
 dhāyā api vṛddheḥ kārako+ayamiti pratipādayitum | tathā
 ca,-madhuro raso rudhirādikrameṇaujaso vṛddhikaraḥ sā-
 mānyādviśeṣācca | yathā,-kṣīram dhātuvardhanamuktaṃ
 vṛṣyaṃ ca | tatra dhātuvardhanatvenaiva vṛṣyatvasyokt- 25
 atvādvṛṣyaśabdopādānaṃ yānyanyāni vṛṣyāni dravyāṅy-
 ātmaguptādīni, tebhyaḥ sakāśadvīṣeṣeṇāśvevavṛddhikar-
 amiti dyotayitum kṛtamiti | kuruta ityādi | saḥ-madhuro
 rasaḥ, atyupayogena-atisevayā, medaḥśleṣmotthān rogān
 karoti | kāṃstān ? ityāha-sthaulyādīkān | § 2539 30

1.10.27 Āyurvedarasāyana

prakaraṇārthamupasamharati-rasānāmiti | rasalakṣaṇaprakaraṇānantaraṃ rasakarmaprakaraṇamupakramate-karmāṇīti |
ā0 ra0-madhurarasasya karmāṇyāha-madhuro rasa iti |
āganmasātmyāt-nirupādhikasātmyādityarthaḥ | prabala-
5 itararasakṛtebhyo balebhyaḥ | balaṃ-dehadhāraṇasāmarthyam |
bālādīnāṃ praśasto-hitaḥ | stanyaṃ-strīkṣīras | sandhānaṃ-
bhagnānāṃ śleṣaḥ | āyuṣyaḥ-ayurvṛddikaraḥ | jīvanaḥ-
mūrcchādiharaḥ | atimātraśīlitasya madhurasya karmāṇyāha-
kurune+atyupayogeneti | sthaulyādayo medaḥśleṣmajān-
10 āmudāharaṇam | sannyāsomadātyayanidāne vakṣyamā-
ṇaḥ | § 2540

1.10.28 Aṣṭāṅgahr̥dayasaṃhitā

amlo+agnidīptikṛtsnigdho hr̥dyāḥ pācanarocanaḥ | | 10 | |
uṣṇavīryo himasparṣaḥ prīṇanaḥ kledano
lañuḥ | | 10 | |
karoti kaphapittāsraṃ
mūḍhavātānulomanaḥ | | 11 | |
so+atyabhyastastanoḥ kuryācśaithilyaṃ timiraṃ
bhramam | | 11 | |
5 kaṇḍupāṇḍutvavīsarpaṣophavisphoṭatr̥d̥jvarān | | 12 | | § 2545

1.10.29 Sarvāṅgasundarā

amlo raso+agnidīptikṛttvādiyutaḥ | tathā, kaphapittāsraṃ
karoti | mūḍhaṃ-ananulomagaṃ, vātamanulomayatīti-mūḍhavātānulomanaḥ |
saḥ-amlo raso, atisevito dehaśaithilyaṃ timirādīmṣca ku-
ryāt | § 2546

1.10.30 Āyurvedarasāyana

amlasya karmāṇyāha-amla iti | hr̥dyo-hr̥dayapriyaḥ | rocano-
jihvāyāḥ | atyupayuktasyāmlasya karmāṇyāha-so+ayabhyasta
iti | pāṇḍutva-pāṇḍurogaḥ | § 2547

1.10.31 Aṣṭāṅgahr̥dayasaṃhitā

lavaṇaḥ stambhasaṅṅātatabandhavidhmāp-

ano+agnikṛt | | 12 | |

snehanaḥ svedanastīkṣṇo

rocanaśśedabhedakṛt | | 13 | |

so+atiyukto+asrapavanaṃ khalatiṃ palitaṃ

valim | | 13 | |

tr̥trakūṣṭhaviṣavīsarpan

janayetkṣapayeddhalam | | 14 | | § 2551

1.10.32 Sarvāṅgasundarā

lavaṇo rasaḥ stambhādividhmāpano vahnikṛttvādiyuta-

śca | so+atyabhyasto vātaraktādīn janayet | balaṃ-prāṇaṃ

kṣapayet | § 2552

1.10.33 Āyurvedarasāyana

lavaṇasya karmāṅyāha-lavaṇa iti | stambhādīnāṃ vidhmāpano-

nāśanaḥ | stambho-niṣkriyatvam | saṅṅātataḥ-kāṭhinyam |

bandhaḥ-srotorodhaḥ | śedo-vilambimāṃsādeḥ | bhedaḥ-

pakvaśophādeḥ | atyupayuktasya lavaṇasya karmāṅyāha-

so+atiyukta iti | asrapavanaṃ-vātaśonitam | khalatipalite- 5

kapālarogau | valiḥ-śaithilyakṛtatvaksāṅkocaḥ | | viśajananam-

viśātivṛddhijananam | § 2553

1.10.34 Aṣṭāṅgahr̥dayasaṃhitā

tiktaḥ svayamarociṣṇuraruciṃ kṛmitṛdviṣam | | 14 | |

kuṣṭhamūrccchājvarotkleśadāhapittakaphān

jayet | | 15 | |

kledamedovasāmajjaśakṛnmūtropaśoṣaṇaḥ | | 15 | |

laghurmedhyo himo rūkṣaḥ

stanyakaṅṭhaviśodhanaḥ | | 16 | |

dhātukṣayānilavyādihīnatiyogātkaroti

saḥ | | 16 | | § 2558

5

1.10.35 Sarvāṅgasundarā

tikto rasaḥ svayaṃ mukhasyārocanaśīlaḥ arucyādīn jayet |
aruciḥ-āhāradravyaviṣaye+anabhilāṣaḥ | sa ca kledādīnā-
mupaśoṣaṇaḥ | tathā, laghvādiguṇayuktaḥ | so+atisevito
dhātukṣayādīn karoti | § 2559

1.10.36 Āyurvedarasāyana

tiktasya karmāṅyāha-tiktaḥ svayamiti | svayamarociṣṇuḥ-
svayaṃ na rocate | anyasya tvaruciṃ jayet, kledādīnāmup-
aśoṣaṇaḥ | stanyaviśodhanaḥ-stanyaduṣṭiharaḥ | kaṅṭhaviśodhanaḥ-
kaṅṭharodhaharaḥ | atyupayuktasya tiktasya karmāṅyāha-
5 dhātukṣayamiti | calavyādhīn-vātavyādhīn | § 2560

1.10.37 Aṣṭāṅgahr̥dayasaṃhitā

kaṭurgalāmayodardakuṣṭhālasakaśophajit | | 17 | |
vraṇāvasādanaḥ
snehamedaḥkledopaśoṣaṇaḥ | | 17 | |
dīpanaḥ pācano rucyaḥ śodhano+annasya
śoṣaṇaḥ | | 18 | |
chinatti bandhān srotāṃsi vivṛṇoti
kaphāpahaḥ | | 18 | |
5 kurute so+atiyogena tṛṣṇāṃ
śukrabalakṣyam | | 19 | |
mūrcchāmākuñcanaṃ kampaṃ kaṭipṛṣṭhādiṣu
vyathām | | 19 | | § 2566

1.10.38 Sarvāṅgasundarā

kaṭurgalāmayādīn jayati | vraṇasyāvasādano-rohanaḥ | sn-
ehādiviśoṣaṇo dīpanatvādiguṇayuktaśca | annaṃ śoṣayati-
vidahati | annaśoṣaṇatvāchinatti bandhān | srotāṃsi vivṛṇoti-
prasārayati | kaphaghnaśca | so+atiniṣevitastṛṣṇādīn kar-
5 oti | § 2567

1.10.39 Āyurvedarasāyana

kaṭukasya karmāṇyāha-kaṭuriti | udardastridhā | sa cokta
āyurvedaparakāṣe-"udarda ukto vakṣo+abhiṣyando+anyaiḥ
śītavepathuḥ | śītāmbusparśajaḥ śopho rāgakaṇḍūyutaḥ
paraiḥ | |" iti | alasakaḥ-ānavikāraḥ | vraṇāvasādanaḥ-
vraṇotsedhaharaḥ | snehādīnāmupaśoṣaṇaḥ | śoṣaṇaḥ-nāśanaḥ,
annasyādānīyatvaṃ nāśayatītyarthaḥ | chinatti bandhān-
sandhīn | srotāṃsi vivṛṇoti-prasārayati | atyupayuktasya
kaṭukasya karmāṇyāha-kurute so+atiyogeneti | śukrabal-
ayoḥ kṣayaḥ | ākuñcanaṃ-śīrādīsaṅkocaḥ | § 2568

1.10.40 Aṣṭāṅgahrdayasaṃhitā

kaṣāyaḥ pittakaphahā gururasaviśodhanaḥ | | 20 | |
pīḍano ropanaḥ śītaḥ
kledamedoviśoṣaṇaḥ | | 20 | |
āmasaṃstambhano grāhi rūkṣo+ati
tvakprasādanaḥ | | 21 | |
karoti śīlitaḥ so+ati
viṣṭambhādhmānahrdrujaḥ | | 21 | |
trṭkārśyapauruṣabhraṃśasrotorodhamalagrahān | | 22 | | § 2573

1.10.41 Sarvāṅgasundarā

kaṣāyaḥ pittakaphaghno gurutvādiyuto+atīśayena tvakpr-
asādanaśca | so+apyupayukto viṣṭambhādīn karoti | § 2574

1.10.42 Āyurvedarasāyana

kaṣāyasya karmāṇyāha-kaṣāya iti | asraviśodhano-raktaduṣṭiharaḥ |
pīḍano-vraṇānāmācūṣaṇaḥ | āmasaṃstambhanaḥ-āmadoṣāṇāṃ
pākprasibandhakarāḥ | grāhīstambhanaḥ | atitvakprasādanaḥ-
tvacamatīnirmalāṃ karoti | atyupayuktasya kaṣāyasya
karmāṇyāha-karotīti | pauruṣabhraṃśaḥ-śukrahāniḥ | § 2575 5

1.10.43 Āyurvedarasāyana

atha rasaskandhāḥ | tatra madhuraskandhamāhaghruta-
hemaguḍeti | hema-suvarṇam | abhīruḥ-śatāvārī | vīrākā-
kolī | rājādanaḥ-cāraḥ | balātrayaṃ-balā+atibalā nāgabalā
ca | mede-mahāmedā+arimedā ca | catasraḥ parṇinyaḥ-
5 śālīparṇī pṛśniparṇī mudgaparṇī māṣaparṇī ca | śrāvaṇīyugaṃ-
śrāvaṇī mahāśrāvaṇī ca | śrāvaṇī-muṇḍī | kṣīraśuklā-kṣīravidārī |
tugākṣīrī-vaṃśarocanā | kṣīriṇyau-kṣīrakākolī dugdhikā
ca | kāśmarī-gambhārī | sahe-taraṇīdvayam | ādiśabdāt
"kharjūratailedomajjasiñcatikāpiyālakharjūrītālamasta-
10 katāmalakīma- dhūlikā+a+atmaguptācchatrāticchatrarṣya-
proktarṣyagandhāśvagandhāśvadaṃ- ṣṭrāmṛṇālikāpuṣka-
rabījaśṛṅgātakakaserukaprapauṇḍarīkakatakāni tṛṇapañc-
amūlaṃ ca " saṅgrahoktani (sū. a. 18) | § 2576

1.10.44 Aṣṭāṅgahr̥dayasaṃhitā

ghṛtahemaguḍākṣoḍamocacocarūṣakam | | 22 | |
abhīruvīrāpanasarājādanabalātrayam | | 23 | |
mede catasraḥ parṇinyo jīvantī
jīvakaṛṣabhau | | 23 | |
madhūkaṃ madhukaṃ bimbī vidārī
śrāvaṇīyugam | | 24 | |
5 kṣīraśuklā tugākṣīrī kṣīriṇyau kāśmarī
sahe | | 24 | |
kṣīrekṣugokṣurakṣaudradrākṣādirmadhuro
gaṇaḥ | | 25 | | § 2582

1.10.45 Sarvāṅgasundarā

hema-kāñhcanam | rājādanaḥ-cāṣapriyam | balātrayaṃ-
balā+atibalā nāgabaleti | medā mahāmedeti-medādvayam |
catasraḥ parṇinya iti śālīparṇī pṛśniparṇī mudgaparṇī mā-
ṣaparṇī ca | madhūkaṃ-madhūkapuṣpam | madhukaṃ-
5 madhuyaṣṭī | bimbī-golhā | śrāvaṇīyugaṃ-śrāvaṇī mah-
āśrāvaṇī ca | kṣīriṇī-kāñcanakṣīrī | kāśmarī-gambhārī |

sahe-mahāsahā, kṣudrasahā ca | ādiśabdena tṛṇapañca-
mūlamedomajjaitailamadhuradāḍimapuṣkarabījaśṛṅgāṭakā-
śvagandhāśvadamṣṭrāmṛṇālakaśerukasiñ-catikākharjūrītālamastakādīni
gṛhyante | § 2583

1.10.46 Aṣṭāṅgahr̥dayasaṃhitā

amlo dhātrīphalāmlīkāmātuluṅgāmlavetasam | | 25 | |
dāḍimaṃ rajataṃ takraṃ cukraṃ pālevataṃ
dadhi | | 26 | |
āmramāmrātakaṃ bhavyaṃ kapitthaṃ
karamardakam | | 26 | | § 2586

1.10.47 Sarvāṅgasundarā

dhātrīphalaṃ-āmalakam | rajataṃ-raupyam | cukraṃ-śuktam |
upalakṣaṇaṃ cedam | saṅgrahoktānyanyānyapi koṣāmrā-
lakucakuvalakolabadarairāvataprācīnāmalakamastudhānyā-
mlādīnīhaiva bodhyāni | § 2587

1.10.48 Āyurvedarasāyana

amlaskandhamāha-amla iti | amlīkāciñcā | rajataṃ-rūpyam |
cukraṃ-śuktam | saṅgrāhe tu (sū.a. 18)- "koṣāmravṛkṣāml-
akuvalalakucapālevatadantaśaṭhadha vadhanvanakolaba-
darairāvataprācīnāmalakatilakaṅṭakamastudhānyāmlama-
dyāni | " iti | § 2588

5

1.10.49 Aṣṭāṅgahr̥dayasaṃhitā

varam sauvarcalaṃ kṛṣṇaṃ biḍaṃ
sāmudramaudbhidaṃ | | 27 | |
romakaṃ pāṃsujaṃ śīsaṃ kṣāraśca lavaṇo
gaṇaḥ | | 27 | | § 2590

1.10.50 Sarvāṅgasundarā

varam-saindhavam, lavaṇaśreṣṭhatvāt | kṣāraḥ-svarjikādiḥ |
§ 2591

1.10.51 Āyurvedarasāyana

lavaṇaskandhamāha-varam sauvarcalamiti | varamsaindh-
avam | kṣṇam-kṣṇalavaṇam | sīsam-dhātubhedah | § 2592

1.10.52 Aṣṭāṅgahr̥dayasaṃhitā

tiktaskandhamāha- tiktaḥ paṭolī trāyantī
vālakośīracandanam | | 28 | |
bhūnimbanimbakaṭukātagarāguruvatsakam | | 28 | |
naktamāladvirajanīmustamūrvāṭarūṣakam | | 29 | |
pāṭhāpāmārgakāṃsyāyoguḍūcīdhanvayāsakam | | 29 | |
5 pañcamūlam mahadvyāghryau viśālā+ativiṣā
vacā | | 30 | | § 2597

1.10.53 Sarvāṅgasundarā

naktamālah-karañjah kāmśyaṃ-lohabhedah | ayo-loham |
§ 2598

1.10.54 Āyurvedarasāyana

tiktaskandhamāha-tiktaḥ paṭolīti | vatsakaḥ kuṭajaḥ | naktamālah-
karañjah | dvirajanī-haridrādvayam kāmśyāyasī-dhātuviśeṣau |
dhanvayāsako-durālabhā | mahatpañcamūlam-bilvādi | vyāghryau-
kṣudrā bṛhatī ca | viśālāindravāruṇī | saṅgrahe tu (sū.a.
5 18)- "naladakṛtamālasu- ṣavījyotiṣmatīvaruṇājaśṛṅgītrāya-
māṇākaṭukākīrātatikta- ravīravikaṅkatārkaḥkākāmācīva-
ijayantīvetasapaparnāsumanaḥso- mavalkamadanapha-
lāni paṭolādiśca śākavargah | | " iti | | § 2599

1.10.55 Aṣṭāṅgahr̥dayasaṃhitā

kaṭuko hiḍgumaricakṛmijitpañcakolakam | | 30 | |
kuṭherādyā haritakāḥ pittam
mūtramaruṣkaram | | 31 | | § 2601

1.10.56 Sarvāṅgasundarā

pittam mūtram chāgādīnām | upalakṣaṇam cedam | any-
āni ca saṅgrahoktāni manaḥśilāsarṣapakuṣṭhādīni bodhy-
āni | § 2602

1.10.57 Āyurvedarasāyana

kaṭukaskandhamāha-kaṭuko hiṅgviti | kṛmijit-vidāṅgam |
"kuṭheraśigrusurasa" (hr̥. sū. a. 6/106) ityādivargoktāḥ-
kuṭherādyā haritakāḥ | māṃsāsīnām prasiddho mṛgādyavayavabhedah-
pittam | aruṣkaro-bhallātakāḥ | saṅgrahe tu (sū. a. 18)-
"tejovatīhastipippalīmūlakasarṣapalaśunapalāṇḍukarañja- 5
manaḥśilā+a+aladevadārukuṣṭhailāsurasacorakareṇukāḥ | |"
iti | § 2603

1.10.58 Sarvāṅgasundarā

kaṣāyaskandhamāha-vargaḥ kaṣāya ti | pathyāharītakī |
akṣo-bibhītakaḥ | muktā-muktāphalam | pravālamvidgu-
mam | bālamiti kapitthakharjūravorviśeṣaṇam | saṅgrahe
tu (sū.a. 18)- "priyaṅvanantārodhrakaṭvaṅgakaṭphaladhavadhanvana-
dhātrīphaladhātakīpuṣpapadmāpadmakanāgakesarakumu-5
datuṅgatindukaja- mbvāmraplakṣavaṭavikaṅkatajambvā-
mrāsthyaśvatthamocarasasamaṅghāso- mavalkasaptapa-
rṇasyandanāsanasallakīśālatālapiyālailavāluka-paripelava-
jīṅgiṇibadarīkadarīmedakāśakaseruvaṃśāśmantakā-śoka-
śiṃśapāpalāśaśamīśaṇaśaṅkhanābhimeṣaśṛṅgīvaruṇasphū-10
rjaka-sarjabhūjārjunājakarṇavarāṇakamṛṇālaprabhṛtīni | |" iti |
madhuraskandhokta ādiśabdo+amlādiskandhe+apyanuvartate,
tenānuktānyapi svayamūhyāni | § 2604

1.10.59 Aṣṭāṅgahr̥dayasaṃhitā

vargaḥ kaṣāyaḥ pathyā+akṣaṃ śirīṣaḥ khadiro
madhu | | 31 | |
kadambodumbaraṃ
muktāpravālāñjanagairikam | | 32 | |
bālaṃ kapitthaṃ kharjūraṃ bisapadmotpalādi
ca | | 32 | | § 2607

1.10.60 Sarvāṅgasundarā

ādiśabdena priyaṅgurodhrakṛtvaṅgādīni gr̥hyante | § 2608

1.10.61 Aṣṭāṅgahr̥dayasaṃhitā

madhuraṃ śleṣmalaṃ prāyo jīrṇācchāliyaṅvādṛte | | 33 | |
mudgādgodhūmataḥ kṣaudrātsitāyā
jāṅgalāmiṣāt | | 33 | | § 2610

1.10.62 Sarvāṅgasundarā

prāyeṇa madhuraṃ dravyaṃ kaphakṛdbhavati, śālyādīn
purāṇān varjayitvā | prāyograhaṇaṃ tailamakuṣṭhādaḥ vy-
abhicāradarśanāt | evamuttarātrāpi prāyograhaṇasya pra-
yojanaṃ vedyam | § 2611

1.10.63 Āyurvedarasāyana

atha sāmānyoktarasakarmāpavādaḥ | tatra madhurarasasyāha-
madhuraṃ śleṣmalamiti | jīrṇaśālyādibhya ṛtevinā, madhu-
uraṃ śleṣmalaṃ | jīrṇāditi śālyādīnāṃ caturṇāṃ viśeṣa-
ṇam | jīrṇāt-saṃvatsaroṣitāt | sitā-śarkarā | prāyograhaṇāt
5 jīrṇaśālyādīnāṃ vyabhicārodāharaṇatvam | tailādīnāma-
pyaśleṣmalatvāt | evamamlādiṣvapi vācyam | § 2612

1.10.64 Aṣṭāṅgahṛdayasaṃhitā

prāyo+amlam pittajananam
dāḍimāmalakāḍṛte | | 34 | | § 2613

1.10.65 Sarvāṅgasundarā

amlam dravyam prāyaḥ pittakṛt, dāḍimāmalake hitvā |
§ 2614

1.10.66 Āyurvedarasāyana

amlasyāpavādamāha-prāyo+amlamiti | § 2615

1.10.67 Aṣṭāṅgahṛdayasaṃhitā

apathyam lavaṇam prāyaścakṣuṣo+anyatra
saindhavāt | | 34 | | § 2616

1.10.68 Sarvāṅgasundarā

lavaṇam dravyam prāyaścakṣuṣo+apathyam, saindhavam
varjayitvā | § 2617

1.10.69 Āyurvedarasāyana

lavaṇasyāpavādamāha-apathyam lavaṇamiti | § 2618

1.10.70 Aṣṭāṅgahṛdayasaṃhitā

tiktaṃ kaṭu ca bhūyiṣṭhamavrṣyam vātakopanam | | 35 | |
ṛte+amṛtāpaṭolībhyām
suṅṭhīkṛṣṇārasonataḥ | | 35 | | § 2620

1.10.71 Sarvāṅgasundarā

tiktaṃ dravyaṃ kaṭu ca prāyeṇāvṛṣyaṃ vātakṛcca, guḍū-
cyādīn hitvā | § 2621

1.10.72 Āyurvedarasāyana

tiktakaṭukayorapavādamāha-tiktaṃ kaṭu ceti | amṛtāpaṭo-
lībhyāṃ vinā tiktamavṛṣyaṃ vātalaṃ ca | tadvat śuṅṭhyā-
dīn vinā kaṭukam | amṛtā-guḍūcī | kṛṣṇā-pippalī | rasono-
laśunaḥ | § 2622

1.10.73 Aṣṭāṅgahr̥dayasaṃhitā

kaṣāyaṃ prāyaśaḥ śītaṃ stambhanaṃ cābhayāṃ
vinā | | 36 | | § 2623

1.10.74 Sarvāṅgasundarā

kaṣāyaṃ dravyaṃ prāyeṇa śītavīryaṃ stambhanaṃ ca bh-
avati, harītakīṃ varjayitvā | § 2624

1.10.75 Āyurvedarasāyana

kaṣāyasyāpavādamāha-kaṣāyamiti | abhayā-harītakī | § 2625

1.10.76 Āyurvedarasāyana

atha rasānāṃ guṇatāratamyam | tatra vīryatāratamyamāha-
rasā iti | kaṭuko rasa uṣṇavīryaḥ, tato+amlaḥ, tato+api la-
vaṇaḥ | tikto rasaḥ śītavīryaḥ, tataḥ kaṣāyaḥ, tato+api ma-
dhuraḥ | tadvadeveti vīryeṇa yathottaraṃ ca | tikto rūkṣo
5 baddhamalaśca, tataḥ kaṭuḥ, tato+api kaṣāyaḥ | lavaṇaḥ
snigdhaḥ sṛṣṭamalaśca, tato+amlaḥ, tato+api madhuraḥ |
lavaṇo guruḥ, tataḥ kaṣāyaḥ, tato+api madhuraḥ | amlo la-
ghuḥ, tataḥ kaṭuḥ, tato+api tiktakaḥ | atrāpi prāya ityanu-
vartate | tenāmlasyāpyāmalakasya śītavīryatvamityādi sv-
10 ayamūhyam | ata eva "madhurāmlalavaṇāḥ snigdhā guru-

vaśca, kaṭutiktakaṣāyā rūkṣā laghavaśca |" iti (sū. a. 42/6)
suśrutoktamamlasya gurutvaṃ kaṣāyasya laghutvamapy-
upapannam | § 2626

1.10.77 Aṣṭāṅgahr̥dayasaṃhitā

rasāḥ kaṭvamlalavaṇā vīryeṇoṣṇā yathottaram | |36| |
tiktaḥ kaṣāyo madhurastadvadeva ca
śītalāḥ | |37| |
tiktaḥ kaṭuḥ kaṣāyaśca rūkṣā
baddhamalāstathā | |37| |
paṭvamlamadhurāḥ snigdhāḥ
sṛṣṭaviṇmūtramārutāḥ | |38| |
paṭoḥ kaṣāyastasmācca madhuraḥ paramaṃ 5
guruḥ | |38| |
laghuramlaḥ kaṭustasmāttasmādapi ca
tiktakaḥ | |39| | § 2632

1.10.78 Sarvāṅgasundarā

kaṭvamlalavaṇā rasā yathottaramuṣṇavīryāḥ | kaṭuruṣṇaḥ
amla uṣṇataraḥ, lavaṇa uṣṇatamaḥ | evamuttaratrāpi yath-
ottaratvaṃ yojyam | tiktādayaśca tadvadeva yathottaram
śītavīryāḥ | tena tiktaḥ śītavīryaḥ, kaṣāyaḥ śītavīryataraḥ,
madhuraḥ śītavīryatama iti sthitam | tiktakaṭukaṣāyā rū- 5
kṣā viṣṭambhakṛtaśca | tatheti yathottaramityarthaḥ | pa-
ṭvādayaḥ snigdhā niḥsāritaviṇmūtravātāśca | tathetyatr-
āpi vartate | arthāt lavaṇātkaṣāyo gurutaraḥ, kaṣāyānma-
dhuraḥ paramaṃ guruḥ,-atiśayena gururityarthaḥ | amlo 10
laghuḥ, tasmāt-amlāt, kaṭurlaghutaraḥ, tasmācca-kaṭoḥ, ti-
kto laghutamaḥ | § 2633

1.10.79 Aṣṭāṅgahr̥dayasaṃhitā

saṃyogāḥ saptapañcāṣatkalpanā tu triṣaṣṭidhā | |39| |
rasānāṃ yaugikatvena yathāsthūlaṃ
vibhajyate | |40| | § 2635

1.10.80 Sarvāṅgasundarā

vakṣyamāṇāyā rītyā rasānām saṃyogāḥ saptapañcāśadv-
ibhajyanta iti vacanavipariṇāmena sambandhaḥ | kalp-
anā punareṣām triṣaṣṭidhā vibhajyate | katham kṛtvā ka-
lpanā vibhajyate ? yathāsthūlam,-sthūlānatikrameṇa vy-
5 aktarasāsvādānurūpatayā, na punaryathāsūkṣmam | ta-
thā hi,-rasānurasakalpanayā taratamayogavaśacca rasā-
nām kalpanā kriyamāṇā+a+anantyamupaiti | tasmādyathā-
sthūlam rasānām kalpanā triṣaṣṭidhā vibhajyate | tathā,
yaugikatvena-ṣarīropayogyatvena | § 2636

1.10.81 Āyurvedarasāyana

rasānām saṃyogakalpanayorvibhāgam pratijānītesaṃy-
ogā iti | rasānām saṃyogāḥ saptapañcāśadbhavanti, ka-
lpanā tu triṣaṣṭadhā bhavati, tadubhayamapi vibhajyate-
vibhāgena kathyate | yathāsthūlam, sūkṣmāṇām saṃyog-
5 ānām rasānurasabhedenānantavāt | kena hetunā vibhajy-
ate ? yaugikatvena | yatastadubhayam yaugikam,- sneha-
vicāraṇādiṣūpayogi, ato vibhajyate | § 2637

1.10.82 Aṣṭāṅgahr̥dayasaṃhitā

ekaikahīnāstān pañcadaṣa yānti rasā dvike | | 40 | |
trike svādurdaṣāmlaḥ ṣaṭ trīn paṭustikta
ekakam | | 41 | |
catuṣkeṣu daṣa svāduṣcaturō+amlaḥ paṭuḥ
sakarṭ | | 41 | |
pañcakeṣvekamevāmlo madhuraḥ pañca
sevate | | 42 | |
5 dravyamekaṃ ṣaḍāsvādamaṣyuktāṣca
ṣaḍrasāḥ | | 42 | | § 2642

1.10.83 Sarvāṅgasundarā

dvike-dviparimāṇe rasādhāradravyasambandhinī saṃy-
oge, pañca rasāḥ-madhurāmlalavaṇatiktakaṭukāḥ, tān-

rasān, pañca-amlalavaṇatiktakaṭukaṣāyākhyān, yānti-saṃyujyante |
kimbhūtān ? ekaikahīnān,-ekaikena hīnāḥ- vinākṛtāḥ, ek-
aikahīnāḥ, tān | yenaikena yuktāstadviyuktānityarthaḥ |
atra ca pañcānāṃ rasānāṃ paryāyeṇa pratyekamek- 5
aikahīnatāvaṣāt karmatvena karṣṭvarena ca sambandho
vedyaḥ | ata eva "caturdvikau pañcadaṣaparakārau" iti
yadvakṣyati tadupapannam | evaṃ madhuro+amlādīn,
amlo lavaṇādīn, lavaṇastiktādīn, tiktaḥ kaṭukaṣāyau, ka-
ṭuḥ kaṣāyaṃ yātīti sthitam | dvika iti dvau parimāṇa-
masya saṃyogasya | saṅkhyāyāḥ saṃjñetyādiparimāṇā- 10
nuvṛtteḥ parimāṇārthe saṅkhyāyāḥ atiśadantāyāḥ kan-
iti kan | evaṃ trikādiṣvapi vakṣyamāṇeṣu lakṣaṇaṃ yo-
jyam | dvirasadravyasaṃyoge pañcadaṣa bhedā bhava-
nti | yathā,-madhuro+amlaṃ yāti | 1 | madhuro lavaṇam |
2 | madhurastiktam | 3 | madhuraḥ kaṭukam | 4 | ma- 15
dhuraḥ kaṣāyam | 5 | amlo lavaṇaṃ yāti | 6 | amlasti-
ktam | 7 | amlaḥ kaṭukam | 8 | amlaḥ kaṣāyam | 9 | la-
vaṇastiktam | 10 | lavaṇaḥ kaṭukam | 11 | lavaṇaḥ kaṣ-
āyam | 12 | tiktaḥ kaṭukam | 13 | tiktaḥ kaṣāyam | 14 |
kaṭuḥ kaṣāyamiti | 15 | atra ca madhurasya ganṛṭtvam- 20
eva, na gamyatvam, ādau sthītatvāt | kaṣāyasya gamya-
tvameva, na ganṛṭtvam, antyāt vāt | evaṃ dvirasasaṃy-
oge pañcadaṣa | trike-trirasādhāradravyasambandhini sa-
ṃyoge, svāduḥ-madhuro, daṣa saṃyogān yāti | yathā,-
madhurāmlalavaṇāḥ | 1 | madhurāmlatiktakāḥ | 2 | ma- 25
dhurāmlakaṭukāḥ | 3 | madhurāmlakaṣāyāḥ | 4 | sa eva
madhuro+amlatyāgena tatsthāne lavaṇayuktastiktādibh-
istribhiḥ krameṇānvītraṣṭīn saṃyogān yāti | madhurala-
vaṇatiktakāḥ | 5 | madhuralavaṇakaṭukāḥ | 6 | madhur-
alavaṇakaṣāyāḥ | 7 | sa eva lavaṇatyāgena tatsthāne ti- 30
ktayuktaḥ kaṭukaṣāyābhyāṃ krameṇānvīto dvau saṃyo-
gau yāti | madhuratiktakaṭukāḥ | 8 | madhuratiktakaṣā-
yāḥ | 9 | sa eva tiktatyāgena tatsthāne kaṭukānvīta ekaṃ sa-
ṃyogaṃ yāti | madhurakaṭukaṣāyāḥ | 10 | evaṃ madhuro
daṣa saṃyogān yāti | amla ityādi | trika iti vartate | amlaḥ 35
ṣaṭ saṃyogān yāti | yathā,-amlalavaṇatiktakāḥ | 1 | amlal-
avaṇakaṭukāḥ | 2 | amlalavaṇakaṣāyāḥ | 3 | sa evāmla la-
vaṇatyāgena tatsthāne tiktānvītaḥ kaṭukaṣāyābhyāṃ kra-

meṇa yukto dvau saṃyogau yāti | amlatiktakaṭukāḥ | 4 |
 amlatiktakaṣāyāḥ | 5 | evaṃ tiktatyāgenaikaṃ saṃyogaṃ
 yāti | amlakaṭukaṣāyāḥ | 6 | ityāmlaḥ ṣaṭ | trīn paṭuriti |
 lavaṇastiktayuktaḥ kaṭukaṣāyābhyāṃ krameṇānvito dvau
 5 saṃyogau yāti | lavaṇatiktakaṭukāḥ | 1 | lavaṇatiktakaṣā-
 yāḥ | 2 | sa eva tiktatyāgenaikaṃ yāti | lavaṇakaṭukaṣā-
 yāḥ | 3 | evaṃ lavaṇastrīn saṃyogān yāti | tikta ekameva
 saṃyogaṃ yāti | tiktakaṭukaṣāyāḥ | 1 | evaṃ trikasāmyoge
 viṃṣatiḥ | catuṣkeṣvityādi | catuṣkarasasaṃyogeṣu svād-
 10 urdaṣa saṃyogān yāti | tatra madhuraḥ sāmlo lavaṇādi-
 bhiḥ ṣaṭ saṃyogān yāti | yathā,-madhurāmlalavaṇatiktāḥ |
 1 | madhurāmlalavaṇakaṭukāḥ | 2 | madhurāmlalavaṇak-
 aṣāyāḥ | 3 | madhurāmlatiktakaṭukāḥ | 4 | madhurāmlati-
 ktakaṣāyāḥ | 5 | madhurāmlakaṭukaṣāyāḥ | 6 | sa eva ma-
 15 dhuro+amlatyāgena tatsthāne lavaṇānvitastrīn saṃyogān
 yāti | madhuralavaṇatiktakaṭukāḥ | 7 | madhuralavaṇati-
 ktakaṣāyāḥ | 8 | madhuralavaṇakaṭukaṣāyāḥ | 9 | sa eva
 lavaṇatyāgena tatsthāne tiktānvita ekaṃ saṃyogaṃ yāti |
 madhuratiktakaṭukaṣāyāḥ | 10 | evaṃ catuṣkeṣu madhuro
 20 daṣa saṃyogān yāti | caturo+amla ityādi | catuṣka iti va-
 rtate | amlaḥ salavaṇastiktādibhistrīn saṃyogān yānti |
 yathā,-amlalavaṇatiktakaṭukāḥ | 1 | amlalavaṇatiktakaṣā-
 yāḥ | 2 | amlalavaṇakaṭukakaṣāyāḥ | 3 | sa eva lavaṇaty-
 āgena tatsthāne tiktānvita ekaṃ saṃyogaṃ yāti | amlat-
 25 iktakaṭukakaṣāyāḥ | 4 | evaṃ catuṣkeṣvamlaṣcaturaḥ sa-
 myogān yāti | paṭuḥ sakṛditi paṭuḥ-lavaṇaḥ, sakṛt-ekaṃ
 bhedaṃ, yāti | yathā,-lavaṇatiktakaṭukaṣāyāḥ | 1 | evaṃ
 catuṣkeṣu pañcadaṣa saṃyogabhedaḥ | pañcakeṣvekam-
 evāmla iti | pañcakeṣvamlo rasa ekameva saṃyogaṃ se-
 30 vate | yathā,-amlalavaṇatiktakaṭukaṣāyāḥ | 1 | madhuraḥ
 pañca sevata iti | madhuro rasaḥ pañca saṃyogān sev-
 ate | yathā,-amlatyāgāt madhuralavaṇatiktakaṭukaṣāyāḥ |
 1 | lavaṇatyāgāt madhurāmlatiktakaṭukaṣāyāḥ | 2 | tikta-
 tyāgāt madhurāmlalavaṇakaṭukaṣāyāḥ | 3 | kaṭukatyāgāt
 35 madhurāmlalavaṇatiktakaṣāyāḥ | 4 | kaṣāyatyāgāt madhu-
 rāmlalavaṇatiktakaṭukāḥ | 5 | evamekīkṛtāḥ ṣaṭpañcāṣat
 saṃyogā bhavanti | dravyamityādi | ekaṃ ṣaḍrasaṃ dra-
 vyamiti saptapañcāṣat | ṣaḍrasāḥ pṛthagbhūtāḥ madhur-

āmlalavaṇatiktakaṭukaṣāyā iti | ṣarkarākāñcikasauvarcala-
kirātatiktamarīcakhadirādīnāṃ yathākramaṃ madhurād-
ayo rasā āsvādyante | evamete triṣaṣṭisāṅkhyāḥ | § 2643

padyena ca sukhasmṛtyai rasabhedān ṣṛṇuṣva
me | madhuro+amlena paṭunā tiktena
kaṭukena ca | | 1 | |
kaṣāyeṇa pṛthak sārddhamamlastu lavaṇena ca | 5
tiktena kaṭunā sārddham kaṣāyeṇa pṛthak
saha | | 2 | |
paṭustiktena kaṭunā kaṣāyeṇa pṛthak saha |
tiktaṣṭu kaṭunā sārddham kaṣāyeṇa pṛthak
tathā | | 3 | |
kaṭukastu kaṣāyeṇa dviṣaṃyoga iti smṛtāḥ |
daṣa pañca ca bhedaṣṭe saṅkhyātā,
viṃṣatistrike | | 4 | |
madhurāmlau tu paṭunā tiktena kaṭunā tathā |
kaṣāyeṇa tathā sārddham tathā svādupaṭū
pṛthak | | 5 | |
tiktena kaṭukenāpi kaṣāyeṇa tathā saha |
svādutiktau tu kaṭunā kaṣāyeṇa pṛthak
saha | | 6 | |
svādūṣaṇau kaṣāyeṇa svādorevaṃ daṣa trike | 10
bhedaḥ syuramlalavaṇau tiktena kaṭunā
pṛthak | | 7 | |
kaṣāyeṇa tathā sārddhamamlatiktau pṛthak saha |
kaṭukena kaṣāyeṇa tathā+amlakaṭukau
saha | | 8 | |
kaṣāyeṇeti ṣaṭ proktā bhedaḥ amlasya tu trike |
paṭutiktau tu kaṭunā kaṣāyeṇa pṛthak saha | |
9 | |
paṭūṣaṇau kaṣāyeṇa bhedaḥ iti paṭostrayaḥ |
tiktoṣaṇau kaṣāyeṇa tiktasyaivaṃ
sakarṣmṛtāḥ | | 10 | |
trike bhedaḥ iti proktāṣcatuṣke daṣa pañca ca |
svādvamlalavaṇāḥ sārddham tiktena kaṭukena
ca | | 11 | |

- pr̥thakkaṣāyeṇa tathā madhurāmlau
satiktakau | kaṭukena tu sampr̥ktau kaṣāyeṇa
pr̥thak tathā | | 12 | |
svādvamlakaṭukāḥ sār̥dham kaṣāyeṇeti ṣaṭ
smṛtāḥ | saptamaṣcātra
madhuralavaṇoṣaṇatiktakaiḥ | | 13 | |
bhedo+aṣṭamo mataḥ
svādukaṭutiktakaṣāyakaiḥ | navamastvatra
madhurapaṭūṣaṇakaṣāyakaiḥ | | 14 | |
daṣamo+atra bhavetsvādutiktoṣaṇakaṣāyakaiḥ |
daṣa bhedā bhavantyevaṃ madhureṇa
catuṣkake | | 15 | |
5 kaṭutiktāmlavaṇairbheda ekaṣcatuṣkake |
dvitīyastvamlalavaṇakaṣāyakaṭukaiḥ
smṛtāḥ | | 16 | |
ṛtīyo+atra bhavedamlapaṭutiktakaṣāyakaiḥ |
caturtho+atra
bhavedamlatiktoṣaṇakaṣāyakaiḥ | | 17 | |
evamamlena bhedāḥ syuṣcatvāro+atra
catuṣkake | paṭunaiko+atra
lavaṇatiktoṣaṇakaṣāyakaiḥ | | 18 | |
evaṃ pañcadaṣa khyātāṣcatuṣkarasasaṅkhyayā |
ṣaḍ bhedān pañcake prāhustān vakṣyāmi
vibhāgaṣaḥ | | 19 | |
eko bhedo+amlalavaṇatiktoṣaṇakaṣāyakaiḥ |
dvitīyaḥ
svādulavaṇatiktoṣaṇakaṣāyakaiḥ | | 20 | |
10 ṛtīyastvamlamadhuratiktoṣaṇakaṣāyakaiḥ catu-
rthastvamlamadhurapaṭūṣaṇakaṣāyakaiḥ | |
21 | |
pañcamastvamlamadhurapaṭutiktakaṣāyakaiḥ |
ṣaṣṭho
bhedo+amlamadhuralavaṇoṣaṇatiktakaiḥ | |
22 | |
ṣaḍ bhedā iti nirdiṣṭāḥ pañcake pravibhāgaṣaḥ |
bhedaḥ
svādvamlalavaṇatiktoṣaṇakaṣāyakaiḥ | |
23 | |

eka eva ṣaḍrasena, pṛthaktvena tu ṣaṭ smṛtāḥ |
svādurasā+atha lavaṇastiktaṣca
kaṭukastathā | | 24 | |
kaṣāya iti bhedāḥ syuḥ sarvato+atra triṣaṣṭidhā |
kṣīraṃ surā biḍaṃ nimbaṣcavyaṃ padmaṃ
rasāṣrayam | | 25 | |
dravyaṃ svādurasādīnāṃ ṣaṇṇāṃ viddhi
yathākramam | dravyaṃ dravyāntareṇaiva
yojayeddvirasādiṣu | | 26 | |
dhātrīphalaṃ ṣarkarayā lavaṇenārdrakaṃ
tathā | evamādīni dravyāṇi
yojayedbhiṣaguttamaḥ | | 27 | |
kānicit dvirasādīni dravyāṇi syuḥ svabhāvataḥ | 5
yathainaḥ ṣaḍrasaḥ kṛṣṇo, yathā^{§ 2671}

1.10.84 Aṣṭāṅgahr̥dayasaṃhitā

pañcarasā+abhayā | | 28 | |
madyaṃ pañcarasam yadvattilo yadvaccatū
rasaḥ | eraṇḍatailaṃ trirasaṃ, māksikaṃ
dvirasaṃ yathā | | 29 | |
nṛtamekaṃ svādurasam madhurādivibhāgataḥ |
dīnmātrāduditādevaṃ ṣeṣamūhyaṃ
manīṣiṇā | | 30 | |
samprati "ekaikahīnān" ityādinā granthena ye
rasānāṃ bhedāḥ śāstrakṛtoktāḥ, tāneva
saṅkṣepeṇa prakāṭayitumāha-^{§ 2675}

1.10.85 Āyurvedarasāyana

saṃyogān vibhajati-ekaikahīnā ityādinā | dvike kriyamāṇe rasā
ekaikahīnāḥ kāryāḥ | te ca tān-saṃyogān, pañcadaśa yā-
nti | trike kriyamāṇe svādurdaśa saṃyogān yāti, amlaḥ
ṣaṭ, lavaṇastrīn, tikta ekam | catuṣke kriyamāṇe svād-
urdaśa, amlaścaturaḥ, lavaṇa ekam | pañcake kriyam- 5
āṇe amla ekam saṃyogaṃ sevate-bhajati, madhuraḥ pa-
ñca | ṣaṭke kriyamāṇe ṣaḍāsvādaṃ dravyamekaṃ bhe-

daṃ sevate | tatdyathā,-madhurāmlau | 1 | madhuralava-
 nau | 2 | madhuratiktau | 3 | madhurakaṭukau | 4 | madh-
 urakaṣāyau | 5 | amlalavaṇau | 6 | amlatiktau | 7 | amlaka-
 ṭukau | 8 | amlakaṣāyau | 9 | lavaṇatiktau | 10 | lavaṇakaṭ-
 5 ukau | 11 | lavaṇakaṣāyau | 12 | tiktakaṭukau | 13 | tiktak-
 aṣāyau | 14 | kaṭukaṣāyau | 15 | madhurāmlalavaṇāḥ | 16 |
 madhurāmlatiktāḥ | 17 | madhurāmlakaṭukāḥ | 18 | madh-
 urāmlakaṣāyāḥ | 19 | madhuralavaṇatikṭāḥ | 20 | madhu-
 ralavaṇakaṭukāḥ | 21 | madhuralavaṇakaṣāyāḥ | 22 | ma-
 10 dhuratiktakaṭukāḥ | 23 | madhuratiktakaṣāyāḥ | 24 | ma-
 dhurakaṭukaṣāyāḥ | 25 | amlalavaṇatikṭāḥ | 26 | amlalava-
 ṇakaṭukāḥ | 27 | amlalavaṇakaṣāyāḥ | 28 | amlatikṭakaṭu-
 kāḥ | 29 | amlatikṭakaṣāyāḥ | 30 | amlakaṭukaṣāyāḥ | 31 | la-
 vaṇatikṭakaṭukāḥ | 32 | lavaṇatikṭakaṣāyāḥ | 33 | lavaṇak-
 15 aṭukaṣāyāḥ | 34 | tiktakaṭukaṣāyāḥ | 35 | madhurāmlalav-
 aṇatikṭāḥ | 36 | madhurāmlalavanakaṭukāḥ | 37 | madhu-
 rāmlalavanakaṣāyāḥ | 38 | madhurāmlatiktakaṭukāḥ | 39 |
 madhurāmlatiktakaṣāyāḥ | 40 | madhurāmlakaṭukaṣāyāḥ | 41 |
 madhuralavaṇatikṭakaṭukāḥ | 42 | madhuralavanatikṭaka-
 20 ṣāyāḥ | 43 | madhuralavaṇakaṭukaṣāyāḥ | 44 | madhurati-
 ktakaṭukaṣāyāḥ | 45 | amlalavaṇatikṭakaṭukāḥ | 46 | amlal-
 aṇatikṭakaṣāyāḥ | 47 | amlalavaṇakaṭukaṣāyāḥ | 48 | aml-
 atiktakaṭukaṣāyāḥ | 49 | lavaṇatikṭakaṭukaṣāyāḥ | 50 | aml-
 alavaṇatikṭoṣaṇakaṣāyāḥ | 51 | madhurāmlalavaṇatikṭaka-
 25 ṭukāḥ | 52 | madhurāmlalavaṇatikṭakaṣāyāḥ | 53 | madhu-
 rāmlalavaṇakaṭukaṣāyāḥ | 54 | madhurāmlatiktakaṭukaṣā-
 yāḥ | 55 | madhuralavaṇatikṭakaṭukaṣāyāḥ | 56 | ekaṃ dra-
 vyaṃ ṣaḍāsvādaṃ-madhurāmlalavaṇatikṭakaṭukaṣāyāḥ | 57 |
 nanu, etāvantaścedrasabhedāḥ, tatkathamuktam? "ṣa-
 30 ḍsāḥ" iti, ata āha-asamyuktāśceti | miśrāstu saptapañcā-
 śat | § 2676

1.10.86 Aṣṭāṅgahrdayasaṃhitā

ṣaṭ pañcakāḥ, ṣaṭ ca pṛthagrasāḥ syu- ścaturdvikau
 pañcadaśaparakārau | | 43 | |
 bhedāstrikā viṃśatirekameva dravyaṃ
 ṣaḍāsvādāmiti triṣaṣṭiḥ | | 43 | | § 2678

1.10.87 Sarvāṅgasundarā

pañcakarasānām saṃyogāḥ ṣaṭsaṅkhyāḥ, "pañcakeṣveka-
mevāmle madhuraḥ pañca sevate" iti | ṣaṭ ca pṛthagrasāḥ,
"asamyuktāśca ṣaḍrasāḥ" iti | caturītyādi | catuṣkabhedāḥ
pañcadaśaparakāraḥ , dvikabhedaśca pañcadaśaparakāraḥ |
"catuṣkeṣu daśa svāduṣcaturo+amlaḥ paṭuḥ sakṛt |" evaṃ 5
pañcadaśa prakārāḥ | "ekaikahīnāmstān pañca pañca yā-
nti rasā dvike |" iti vacanāt [ca] | bheda ityādi | trikāḥ-
tribhedabhinnā bheda viṃśatiḥ | "trike svādurdaśāmlaḥ
ṣaṭ trīn paṭustikta ekakam |" iti viṃśatiḥ | ekameva dra-
vyam ṣaḍāsvādam | iti-ittham, rasānām bhedaśtriṣaṣṭiḥ, 10
yathāsthūlam caīṣā triṣaṣṭidhā kalpanā vyākhyātā | upaj-
ātivṛttam | § 2679

1.10.88 Āyurvedarasāyana

saṅkhyayā kalpanām vibhajati-ṣaṭ pañcakā iti | pañcakāḥ-
pañcarasasaṃyogabhedaḥ ṣaṭ, pṛthagrasabhedaḥ ṣaṭ, cat-
uṣkāḥ pañcadaśa, dvikāśca pañcadaśa, trikā viṃśatiḥ, ṣa-
dāsvādam dravyameko bhedaḥ, ityevaṃ triṣaṣṭiḥ kalpan-
ābhedaḥ | § 2680 5

1.10.89 Aṣṭāṅgahr̥dayasaṃhitā

te rasānurasato rasabheda- stāratamyaparikalpanāya
ca | | 44 | |
sambhavanti gaṇanām samatītā
doṣabheṣajavaśādupayojyāḥ | | 44 | |
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyām
sūtrasthāne rasabhediyo nāma
daśamo+adhyāyaḥ | | 10 | | § 2683

1.10.90 Sarvāṅgasundarā

te rasabhedaḥ-triṣaṣṭirūpāḥ, rasato-rasavaśena, tathā+anurasato-
anurasavaśena, tathā tāratamyaparikalpanayā-ayam ma-

dhuro+ayaṃ madhurataro+ayaṃ madhuratama ityeva-
 mṛūpā yā tayā ca, gaṇanāṃ samatītāḥ-saṅkhyāmatikrāntāḥ
 sambhavanti | doṣetyādi | doṣāḥ-vātādayo, bheṣajāni-harītakṛyādīni,
 doṣāśca bheṣajāni ca doṣabheṣajāni, teṣāṃ vaśo-anurodhaḥ
 5 sāmārthyam vā, tasmāddhetubhūtādrasabhedā upayo-
 jyāḥ, na doṣamanapekṣya bheṣajam vā+anapekṣya | eva-
 mevopayojyā ityarthāḥ | tathā ca munīḥ (ca. sū. a. 26 | 23)-
 "kvacideko rasaḥ kalpyaḥ saṃyuktāśca rasāḥ kvacit | do-
 ṣauśadhādīn sañcintya bhiṣajā siddhimicchatā | |" iti | do-
 10 ṣabheṣajavaśādityupalakṣaṇārtham | deśādivaśādāpi doṣ-
 ādīn vīkṣya rasabhedā upayojyāḥ | yathā,-pavane jetavye
 madhurāmlau madhurāmlalavaṇā veti | svāgatā ranabh-
 agairgurukāntā iti | iti śrīmṛgāṅkadattaputra śrīmadaru-
 ṇadattaviracitāyāmaṣṭāṅgahrdayaṭīkāyāṃ sarvāṅgasund-
 15 arākhyāyāṃ sūtrasthāne rasabhedīyādhyāyo daśamaḥ sa-
 māptaḥ | | 10 | | § 2684

1.10.91 Sarvāṅgasundarā

uktabhedānāmavāntarabhedairānāntyaṃ darśayati-te ra-
 sanurasata iti | te-rasabhedāḥ, rasānurasakalpanayā tār-
 atamyakalpanayā ca gaṇanāṃ samatītāḥ sambhavanti |
 yathā,-madhurāmlasya dravyasya madhurasya rasatve,
 5 amlasyānurasatve, kvacidamlasya rasatve, madhurasyān-
 urasatve bahubhedatvamityādi | tathā, madhurasya ma-
 dhurataratvam madhuratamatvam cetyādi tāratamyam |
 sarveṣāṃ rasabhedānāṃ yaugikatvam darśayati-doṣabheṣajavaśāditi |
 doṣavaśādbheṣajavaśādvā sarve+api rasā upayojyāḥ-aupayogikā
 10 bhavanti | doṣavaśādyathā,-kevalavāyāvamlaḥ, pittayukte
 amlatiktau, śleṣmayukte amlakaṭukāvityādi | bheṣajavaśādyathā,-
 virecanamauśadhamekarasantvādahr̥dyaṃ dvirasatrirasādi
 kāryam | saṅgrāhe tu (sū. a. 18)- "rasaḥ khalvāpyaḥ prāga-
 vyaktaśca | sa ṣaḍṛtukatvātkālasya mahābhūtaguṇānāmū-
 15 nātiriktaviśeṣeṇa saṃsr̥ṣṭo viṣamaṃ vidagdhaḥ ṣoḍhā pṛ-
 thagvipariṇamate madhurādibhedena | atha yaḥ śīśirapa-
 vanadharaṇidharavividhavanagahananadītaḍḍāgapalvaloda-
 pānakamalakumudakuvalayākīrṇo ramyaḥ sthiraśnigdha-
 bhūmirbhūrihatitatr̥ṇo+atidūravistr̥tapratānapravalopasañchannapādapaḥ

sasyasarīsr̥pakhagabahulaḥ śleṣmapittaprāyo gurvauṣa-
dhisalilah ślīpadagalarogāpacīvarādyāmayopadrutajana-
padaḥ, so+anūpo madhurarasayoniḥ | yastu viṣamavipu-
lasiktāsthalabahulo+atidūrāvagāḍhvirasasalilah kaṭhina-
kleśasahārogaśarīradīrghāyuhprāyo janapado+anūpaviparītaśca,
sa jāṅgalaḥ kaṭukarasayoniḥ | ubhayalakṣaṇamiśrībhāvā-
tsādhāraṇaḥ, ata eva cānūpasādhāraṇo jāṅgalasādhāraṇa-
śceti vikalpaḥ | tayorādyo lavaṇāmlayoryoniḥ, itaraśceta-
rayoḥ |" iti | iti hemādriṭīkāyāmāyurvedarasāyane | rasa-
bhedaprakaraṇaṃ sāmastyena nirūpitam | | 10 | | § 2685 10

1.11 doṣāhivijñānīyādhyāyaḥ : 11

1.11.1 Aṣṭāṅgahr̥dayasaṃhitā

rasabhedīyādanantaraṃ doṣādivijñānīya ārabhyate | | 2 | |
athāto doṣādivijñānīyamadhyāyaṃ
vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 2688

1.11.2 Sarvāṅgasundarā

doṣā ādayo yeṣāṃ te-doṣādayaḥ, teṣāṃ vijñānaṃ-prākṛtena
vaikṛtena ca svarūpeṇāvagamaḥ, tasmai hito yaḥ, tama-
dhyāyaṃ vyākhyāsyāmaḥ | ādiśabdena dhātavo malāśca
saṅgrahyante | tatsvarūpāvagamena ca ta eva doṣāḥ samy-
agjñātā bhavanti | dhātūnāṃ malānāṃ ca doṣādhārahūt-
atvāt | § 2689 5

1.11.3 Āyurvedarasāyana

hetuskandhānantaraṃ lakṣaṇaskandhamārabhate | tatra
doṣādivijñānīyamadhyāyaṃ vyākhyātum pratijānīte-atheti |
doṣādivijñānādhīnatvāllakṣaṇasya | doṣādūṣyavaiṣamyam
ca rogalakṣaṇam | vaiṣamyajñānaṃ ca sāmāyajñānādhī-
nam | ata evātau sāmāyajñānam | § 2690 5

1.11.4 Aṣṭāṅgahr̥dayasaṃhitā

doṣadhātumalā mūlaṃ sadā dehasya-- | | 1 | | § 2691

1.11.5 Sarvāṅgasundarā

doṣāḥ-vātādayaḥ, dhātavo-rasādayaḥ, malāḥ-mūtrādayaḥ,
te dehasya mūlamiva mūlam | yathā,-vṛkṣasya skandh-
aśākhādiyuktasya mūlaṃ pradhānam, tadārabdhātvat |
tathā,-dehasya doṣadhātumalāḥ | § 2692

1.11.6 Āyurvedarasāyana

tatra sām̐yaphalamāha-doṣadhātumalā iti | doṣā-vātādayaḥ |
dhātavo-rasādayaḥ | malāḥ-purīṣādayaḥ | mūlaṃ-kāraṇam |
sadā-sarvāsu janmādyavasthāsu | samā iti prakaraṇālla-
bhyate | § 2693

1.11.7 Aṣṭāṅgahr̥dayasaṃhitā

-----taṃ calaḥ | | 1 | |

utsāhocchvāsaniśvāsaceṣṭāvegpravartanaḥ | | 1 | |
samyagatyā ca dhātūnāmākṣāṇāṃ pāṭavena
ca | | 2 | |

anugr̥hṇātyavikṛtaḥ, pittaṃ
paktyūṣmadarśanaḥ | | 2 | |

5 kṣuttr̥druciprahāmedhādhiśauryatanumārdavaiḥ | | 3 | |
śleṣmā sthiratvasnigdhatvasandhibandhakṣam-
ādibhiḥ | | 3 | | § 2699

1.11.8 Sarvāṅgasundarā

taṃ ca-dehaṃ, calo-vāyuḥ, utsāhādibhiranugr̥hṇāti-upakurute |
utsāhaḥ-sarvaceṣṭāsūdyogaḥ, ucchvāsaḥ-ūrdhvaṃ śvas-
anaṃ śvāsamuktiḥ, niśvāsaḥ-śvāsasya śarīrāntaḥ pra-
veśanam, ceṣṭanaṃ-ceṣṭā vākkāyamanovyāpāraḥ, veg-
5 ānāṃ pravartanaṃ-vātaviṇmūtrādīnāṃ bahirnirasanam,

etaisca māruto dehamanugrḥṇāti | pittaṃ paktyādibhir-
anugrḥṇāti | pakṭiḥ-pākaḥ | ūṣmā-auṣṇyam | darśanaṃ-
drṣṭiḥ | medhā-buddhiviśeṣaḥ | dhīḥ-prajñā | śauryaṃ-
pauruṣaṃ | tanumārdavaṃ-śarīramṛdutvam | śleṣmā sth-
iratvādibhiranugrḥṇāti | kṣamā-kṣāntiḥ | § 2700

5

1.11.9 Āyurvedarasāyana

vāyoḥ sāmyaṃ lakṣayati-taṃ cala iti | taṃ-deham | calo-
vāyuḥ | utsāhaḥ-adhyavasāyaḥ | ucchvāsaḥ-śvāsanirgamah |
niśvāsaḥ-śvāsapraveśaḥ | ceṣṭā-gamanādikriyā | vegapravartanaṃ-
viṇmūtrādipravṛttiḥ | dhātūnāṃ samyaggaṭiḥ-mārgenādrutavilambitasā-
akṣānāṃ pāṭavaṃ-indriyāṇāṃ viśayagrahaṇasāmarthyam | 5
anugrḥṇāti-upakaroti | avikṛtaḥ-samaḥ | pittasya sāmyaṃ
lakṣayati-pittamiti | pakṭiḥ-pākaḥ | ūṣmā-auṣṇyam | darśanaṃ-
cākṣuṣajñānam | kṣat-bubhuksā | tṛṭ-pipāsā | ruciḥ-prītiḥ |
prabhā-kāntiḥ | medhā-jñānadhāraṇam | dhīḥ-jñānam |
śauryaṃ-balam | tanutvaṃ-asthūlatvam | mārdavaṃ-saukumāryam |
śleṣmaṇaḥ sāmyaṃ lakṣayati-śleṣmeti | sthiratvaṃ-drḍhāṅgatvam |
snigdhatvaṃ-snehāktatvamiva | sandhibandhaḥ-suśliṣṭasandhitvam |
kṣamā-sahiṣṇutvam | ādiśabdādalaulyādayaḥ | "tamanug-
rḥṇātyavikṛtaḥ" iti vākyadvaye+anuvartate | § 2701

1.11.10 Sarvāṅgasundarā

dhātūnāṃ sāmyaṃ lakṣayati-prīṇanamiti | prīṇanaṃ-tṛptiḥ,
avikṛtasya rasasya śreṣṭhaṃ karma | jīvanaṃ-prāṇadhāraṇam,
raktasya | lepo-bhittermṛttikayeva, māṃsasya | snehaḥ sn-
igdhatvam, medasaḥ | dhāraṇam-avalambanam, asthnaḥ |
pūraṇam-asthipūraṇam, majjñāḥ | garbhotpādaḥ śukra- 5
sya | śreṣṭhagrahaṇādanyānyapyuttaradhātupuṣṭyādīni sa-
ntīti jñāpayati | § 2702

1.11.11 Aṣṭāṅghṛdayasamhitā

prīṇanaṃ jīvanaṃ lepaḥ sneho dhāraṇapūraṇe | | 4 | |
garbhotpādaśca dhātūnāṃ śreṣṭhaṃ karma
kramātsmṛtam | | 4 | | § 2704

1.11.12 Sarvāṅgasundarā

prīṇanādīni karmāṇi rasādīnāṃ kramāt-krameṇa śreṣṭh-
āni smṛtāni, munibhiriti śeṣaḥ | saṅgrahoktāni madhyam-
ānyaparāṇi karmāṇyeṣāṃ santyeva | yathā,-rasasya tuṣṭi-
raktapuṣṭyādikaṃ karma, raktasya ca varṇaprasādo mā-
5 ṃsapoṣaṇam, māṃsasya balaṃ medaḥpuṣṭī ca meda-
saḥ svedadārdhyāsthipuṣṭayaśca, asthno majjapoṣaṇam,
majjño balamasthipūraṇam śukrapuṣṭiśca, śukrasya ha-
rṣo balaṃ ca, etairdhātavo dehamanugrḥṇantītyarthaḥ |
prīṇanaṃ-āpyāyanam | raso hi samyagabhyavaharataḥ
10 srotāṃsi praviśyendriyaprasādamabhinirvartayan mana-
saḥ prītimādadhāti | jīvanaṃ-ojovṛddhikaram, raktaka-
rma | lepaḥ-upadeho, māṃsasya karma | tadupaliptānya-
sthīni ceṣṭāṃ kṣamante | sneho-netrādiṣu snigdhatā, me-
dasah karma | dhāraṇaṃ-ūrdhavadhāraṇam, asthikarma |
15 pūraṇaṃ-snehenāsthnām, majjñāḥ karma | śukrasya ga-
rbhotpattiḥ, śreṣṭhaṃ karmeti yojyam | § 2705

1.11.13 Aṣṭāṅgahr̥dayasaṃhitā

avaṣṭambhaḥ purīṣasya, mūtrasya kledavāhanam | | 5 | |
svedasya
kledavidhṛtiḥ----- | | 5 | | § 2707

1.11.14 Sarvāṅgasundarā

avaṣṭambho-dehadhāraṇaśaktiḥ, śreṣṭhaṃ karma purīṣa-
sya smṛtam | mūtrasya kledavāhanam śreṣṭhaṃ karma,
mūtraṃ kledaṃ nirvāhayati | svedasya kledavidhāraṇam
śreṣṭhaṃ karma, kledābhāve hi śoṣaḥ syāt, madhyama-
5 tvak+a+asnehakacaromadhāraṇamapi | § 2708

1.11.15 Āyurvedarasāyana

purīṣasya sāmyaṃ lakṣayati-avaṣṭambha iti | avaṣṭambho-
dhāraṇam | mūtrasya sāmyaṃ lakṣayati-mūtrasyeti | kledavāhanam-
kledasya bahirnirgamanam | svedasya sāmyaṃ lakṣayati-

svedasyeti | keśavidhṛtiḥ-romṇāmavalambanam | "śreṣṭhaṃ karma" iti vākyatraye+anuvartate | tena anilānaladhāra-
ṇabastipūraṇakledadhāraṇādīnyanyānyapi karmāṇi jñey-
āni | § 2709

1.11.16 Aṣṭāṅgahr̥dayasaṃhitā

-----vr̥ddhastu kurute+anilaḥ | | 5 | |

kārśyakārṣṇyoṣṇakāmatvakampānāhaśakṛdgrahān | | 6 | |
balanidrendriyabhraṃśapralāpabhramadīnatāḥ | | 6 | | § 2712

1.11.17 Sarvāṅgasundarā

vr̥ddhaḥ punarvāyuh kārśyādīn karoti | balādīnām bhr-
aṃśena sambandhaḥ | balasya prāṇopaghāto bhraṃśaḥ |
nidrāyāstu nāśo bhraṃśaḥ | § 2713

1.11.18 Āyurvedarasāyana

atha vaiṣamyajñānam | tatttu pañcadhā | vakṣyati-hi (hr̥.
ni. a. 1/2)- "nidānaṃ pūrvarūpāṇirūpāṇyupaśayasta-
thā | samprāptiśceti vijñānaṃ rogāṇāṃ pañcadhā smr̥-
tam | |" iti | tatrādau rūpam, tasyāntaraṅgatvāt | pūr-
varūpaṃ tu rūpamevāvyaktam | vakṣyati hi (hr̥. ni. a. 5
1/6)- "liṅgamavyaktamalpatvāvdyādīnāṃ tadyathāya-
tham | tadeva vyaktatāṃ yātaṃ rūpamityabhidhīyate | |"
iti | vaiṣamyam ca dvidhā,-vr̥ddhikṣayabhedāt | tatrā-
dau vr̥ddhilakṣaṇam | tatra vāyorāḥ-vr̥ddha iti | kārśyaṃ-
kr̥śatvam | kārṣṇyaṃ-kr̥ṣṇavarṇatvam | uṣṇakāmatvam- 10
uṣṇābhilāśaḥ | kampo-vepathuḥ | ānāhaḥ-baddhodaratā |
śakṛdgrahaḥ-purīṣarodhaḥ | balādīnām bhraṃśo-nāśaḥ |
pralāpaḥ-asambaddhapralāpaḥ | bhramaḥ-cakrarūḍhasyeva |
dīnatā- mlānatvam | § 2714

1.11.19 Aṣṭāṅgahr̥dayasaṃhitā

pītaṅmūtranetratvakṣutṛddāhālpanidratāḥ | | 7 | |
pittam----- | | 7 | | § 2716

1.11.20 Sarvāṅgasundarā

pītasya viḍādibhistvagantaiḥ sambandhaḥ, tataḥ kṣudādi-
bhirdvandvaḥ, tatastalapratyayaḥ | pittaṃ vṛddham pīta-
viṅmūtrādīn karoti | § 2717

1.11.21 Āyurvedarasāyana

pittasyāha-pītaṅmūtreṭi | viṅmūtranetratvacāṃ pītatvam |
kṣutṛṣāviha tivre jñeye, samayoḥ sa-lakṣaṇatvāt | dāhaḥ-
santāpaḥ | alpanidratā-nidrālpavam | § 2718

1.11.22 Aṣṭāṅgahr̥dayasaṃhitā

-----śleṣmā+agnisadanaprasekālasyagauravam | | 7 | |
śvaityaśaityaślathāṅgatvam
śvāsakāsātinidratāḥ | | 8 | | § 2720

1.11.23 Sarvāṅgasundarā

śleṣmā vṛddho+agnisādādīn karoti | śvaityaṃ- gātraśukl-
atā | śaityaṃ-aṅgānāṃ śīśiratvam | § 2721

1.11.24 Sarvāṅgasundarā

śleṣmaṇa āha-śleṣmeti | agnisadanaṃ-agnimāndyam | praseko-
lālāsrāvaḥ | ālasyaṃ-anutsāhaḥ | gauravaṃ-durvahāṅgatvam |
śvaityaṃ-śuklatvam | śaityaṃ-śītasparśatvam | ślathāṅgatvam-
avayavaśaithilyam | śvāsakāsau-rogaḥ | atinidratā-nidrādhikyam |
§ 2722

5

1.11.25 Āyurvedarasāyana

rasasyāha-raso+apīti | śleṣamavadagnisādādīn karoti | ap-
īśabdo+anyānaṣyatideśān sūcayati | tena raktaṃ pittavat,
māṃsamedasī śleṣmavat | § 2723

1.11.26 Aṣṭāṅgahr̥dayasaṃhitā

raso+api śleṣmavat----- | | 8 | | § 2724

1.11.27 Sarvāṅgasundarā

rasaśca śleṣmavat, raso+api vṛddho+agnisādādīn vidadh-
ātītyarthaḥ | § 2725

1.11.28 Aṣṭāṅgahr̥dayasaṃhitā

-----raktaṃ visarpapliḥavidradhīn | | 8 | |
kuṣṭhavātāsrappittāsrāgulmopakūśakāmālāḥ | | 9 | |
vyaṅgāgnināśasammoharakatatvañnetramūtratāḥ | | 9 | | § 2728

1.11.29 Sarvāṅgasundarā

raktaṃ vṛddhaṃ visarpādīn karoti | upakuśo nāma da-
ntarogajātiḥ, uttaratantre (a. 21 | 21) vakṣyamāṅgalakṣaṇā |
§ 2729

1.11.30 Āyurvedarasāyana

raktasyāha-raktamiti | vīsarpādayo vyaṅgāntāḥ rogāḥ |
tāropakuśo-dantamāṃsajarogaḥ | vyaṅgaṃ-kṣudrarogaviśeṣaḥ |
sammoho-mūrcchā | tvañnetramūtrāṅgāṃ raktatvam | § 2730

1.11.31 Aṣṭāṅgahr̥dayasaṃhitā

māṃsaṃ gaṇḍārbudagrānṭhigaṇḍorūdaravṛddhi-
tāḥ | | 10 | |
kaṇṭhādiṣvadhimāṃsaṃ
ca----- | | 10 | | § 2732

1.11.32 Sarvāṅgasundarā

māṃsaṃ vṛddhaṃ gaṇḍādīn rogān karoti | gaṇḍaśabd-
ena gaṇḍamālā galagaṇḍaśca gr̥hītau, ādyantalopāt | ita-
raśca gaṇḍo gaṇḍamāṃsādhyāt | gaṇḍaścārbudaṃ ca gra-
nthisca gaṇḍārbudagr̥anthayaḥ | gaṇḍau ca ūrū codaraṃ
5 ca teṣāṃ vṛddhitā | tato dvandvaḥ | tāḥ karoti | vṛddhitā-
vṛddhitvam | kaṇṭhādiṣvadhikaṃ māṃsaṃ ca kurute |
ādiśabdena tālujihvādiparigrahaḥ | § 2733

1.11.33 Āyurvedarasāyana

māṃsasyāha-māṃsamiti | gaṇḍādayo rogāḥ | gaṇḍo-galagaṇḍādih |
gaṇḍayorūrvorudare ca vṛddhatā-sthauilyam | kaṇṭhādiṣu-
kaṇṭhatālujihvādiṣu | adhimāṃsaṃ-māṃsasyopari māṃsam |
§ 2734

1.11.34 Aṣṭāṅgahr̥dayasaṃhitā

-----tadvanmedastathā śramam | | 10 | |
alpe+api ceṣṭite śvāsaṃ
sphikstanodaralambanam | | 11 | | § 2736

1.11.35 Sarvāṅgasundarā

medo+api vṛddhaṃ gaṇḍādīn kurute | tathālpe+api ceṣṭ-
ite śramam kurute, śvāsaṃ ca | tathā, sphijoḥ stanayorud-
arasya ca lambanam kurute | § 2737

1.11.36 Āyurvedarasāyana

medasa āha-tadvaditi | tadvat-māṃsavat | tathā, alpe+api
ceṣṭite śramaśvāsau | sphigādīnām lambanam | sphijau-
kaṭiprothau | § 2738

1.11.37 Aṣṭāṅgahṛdayasaṃhitā

asthyadhyasthyadhiantāṃśca-----
| | 11 | | § 2739

1.11.38 Sarvāṅgasundarā

asthi vṛddhamadhyasthyadhiantāṃśca kurute | § 2740

1.11.39 Āyurvedarasāyana

asthna āha-asthīti | adhyasthi-adhikamasthi | adhidantāḥ-
adhikā dantāḥ | § 2741

1.11.40 Aṣṭāṅgahṛdayasaṃhitā

-----majjā netrāṅgauravam | | 11 | |
parvasu sthūlamūlāni kuryātkṛcchrāṅyarūṃṣi
ca | | 12 | | § 2743

1.11.41 Sarvāṅgasundarā

majjā vṛddho netrayoraṅgānām ca gauravam kuryāt | ku-
ruta iti prakṛte kuryādityuktaṃ spaṣṭārtham | parvasu-
aṅgulyādisandhiṣu, arūṃṣi-piṭikāviśeṣān, kuryāt | kīdrś-
āni ? sthūlamūlāni,-sthūlāni mūlāni yeṣāṃ tāni | tathā,
kṛcchrāṅi-kṛcchrasādhyāni | § 2744

5

1.11.42 Āyurvedarasāyana

majjāna āha-majjeti | aṅgauraveṇaivākte netragaurave
netragrahaṇamatisāyārtham | parvasu-sandhiṣu | sthūlamūlāni-
mūlapradeśe sthūlāni | kṛcchrāṅi-kaṣṭhasādhyāni | arūṃṣi-
vraṇān | § 2745

1.11.43 Āyurvedarasāyana

śukrasyāha-atīti | atistrīkāmatā-punaḥ punaḥ strīsaṅge-
cchā | śukrāśmarī-rogaḥ | § 2746

1.11.44 Aṣṭāṅgahr̥dayasaṃhitā

atistrīkāmatām vṛddham śukraṃ
śukrāśmarīmapi | | 12 | | § 2747

1.11.45 Sarvāṅgasundarā

śukraṃ vṛddhamatistrīkāmatām kuryāt, śukrāśmarīm ca |
apiśabdādbalasnehādyapi | § 2748

1.11.46 Aṣṭāṅgahr̥dayasaṃhitā

kuṣṣāvādhmānamāṭopaṃ gauravaṃ vedanām
śakṛt | | 13 | | § 2749

1.11.47 Sarvāṅgasundarā

śakṛt-purīṣam, vṛddham kuṣṣāvādhmānādīn kuryāt | ku-
ryāditi sambhāvanāyām liṅ | ādhmānaṃ-ānāhaḥ | āṭopaḥ-
antrakūjanādi | [gauravaṃ-gurutvam, vedanām ca ku-
kṣau |] § 2750

1.11.48 Āyurvedarasāyana

śakṛta āha-kuṣṣāviti | kukṣau-udare, ādhmānādīni | ādhmānaṃ-
vātenodarapūraṇam | āṭopo-guḍaguḍāśabdaḥ | gauravaṃ-
durvahatvam | vedanām-śūlam | śakṛt-purīṣam | § 2751

1.11.49 Aṣṭāṅgahr̥dayasaṃhitā

mūtraṃ tu bastinistodaṃ
kṛte+apyakṛtasamjñatām | | 13 | | § 2752

1.11.50 Sarvāṅgasundarā

mūtram vṛddham basternistodaṃ-ativyathāṃ kuryāt | ta-
thā kṛte+api mūtre+akṛtasamjñatām-akṛtābhāsatvamiva
kuryāt | § 2753

1.11.51 Āyurvedarasāyana

mūtrasyāha-mūtramiti | bastinistodo-bastideśe vyathā |
kṛtamapi mūtrotsargamakṛtamiva manyate | § 2754

1.11.52 Aṣṭāṅgahr̥dayasamhitā

svedo+atisvedadaurgandhyakaṇḍūḥ-----
| | 14 | | § 2755

1.11.53 Sarvāṅgasundarā

svedo vṛddho+atisvedādīn kuryāt | § 2756

1.11.54 Āyurvedarasāyana

svedasyāha-sveda iti | atisvedaḥ-svedādihikyam | daurgandhyaṃ-
durgandhatā | kaṇḍūḥ-kacchūḥ | § 2757

1.11.55 Aṣṭāṅgahr̥dayasamhitā

-----evaṃ ca lakṣayet | | 14 | |
dūṣikādīnapi malān
bāhulyagurutādibhiḥ | | 14 | | § 2759

1.11.56 Sarvāṅgasundarā

evaṃ-anena prakāreṇa, dūṣikādīnapi malān lakṣayet-
anuminuyāt | dūṣikā-akṣimalaḥ | ādīśabdāt ghrāṇakarṇ-
anāsāmalādīnām grahaṇam | katham lakṣayet ? ityāha-
bāhulyetyādi | malabāhulyena tatsthānagauraveṇa ca | ād-
igrahaṇātkaṇḍūkedādayo gr̥hyante | § 2760

1.11.57 Sarvāṅgasundarā

dūṣikādīnāha-evam̐ ceti | dūṣikā-netramalaḥ | ādiśabdāt
karṇamalādayaḥ | evamiti yathā | svādhikyāsvāsayagaur-
avādibhiḥ puriṣādayo vṛddhā lakṣyante | ādiśabdāt svāśa-
yavyathādayaḥ | § 2761

1.11.58 Aṣṭāṅgahr̥dayasaṃhitā

liṅgam̐ kṣīṇe+anile+aṅgasya sādo+alpam̐
bhāṣitehitam | | 15 | |
saṃjñāmohastathā śleṣmavṛddhayuktāmayasa-
mbhavaḥ | | 15 | | § 2763

1.11.59 Āyurvedarasāyana

5 aṭha kṣayalakṣaṇam | tatra vāyorāha-liṅgamiti | aṅga-
sya sādah-śrāntatvamiva | bhāṣitehitamalpam | bhāṣitaṃ-
vācikaṃ karma | īhitaṃ-kāyikaṃ | saṃjñā-buddhiḥ, tasyā
mohovivecanākṣamatvam | śleṣmavṛddhayuktamayāḥ-agnisadanādayaḥ |
§ 2764

1.11.60 Sarvāṅgasundarā

5 anile kṣīṇe-svapramāṇāpacite, vakṣyamāṇāni liṅgāni | vā-
yostu sarvakṣaye deha eva na syāt, kasya talliṅgam̐
syāt | kiṃ punastalliṅgam ? ityāha-aṅgasyetyādi | aṅg-
asya sādah-kriyāsvasāmarthyam | īhitaṃ-ceṣṭitam, kāyi-
kaṃ karma | bhāṣitaṃ cehitaṃ ca bhāṣitehitam,-alpavacanā+alpaceṣṭitatvam̐
ca syāt | tathā, saṃjñāmohaḥ-saṃvido+abhāvaḥ | tathā, śl-
eṣmavṛddhau ya uktāḥ-agnisādaprasekādayaḥ, teṣāmām-
ayānām̐ sambhavo bhavati | § 2765

1.11.61 Aṣṭāṅgahr̥dayasaṃhitā

pitte mando+analaḥ śītam̐
prabhāhāniḥ----- | | 16 | | § 2766

1.11.62 Sarvāṅgasundarā

liṅgaṃ kṣīṇe ityanuvartate | pitte kṣīṇe liṅgametat | agni-
rmandaḥ śītaṃ kāntihāniśca syāt | § 2767

1.11.63 Āyurvedarasāyana

pittasyāha-pitta iti | mando+analaḥ-agnimāndyam | śītaṃ-
himasparśeneva duḥkham | prabhāhāniḥ-kāntināśaḥ | § 2768

1.11.64 Aṣṭāṅgahr̥dayasaṃhitā

-----kaphe bhramaḥ | | 16 | |
śleṣmāśayānāṃ sūnyatvaṃ hr̥ddraḥ
ślathasandhitā | | 16 | | § 2770

1.11.65 Sarvāṅgasundarā

kaphe kṣīṇe bhramo bhavati | tathā, śleṣmāśayānāṃ sūny-
atvaṃ bhavati | śleṣmāśayāḥ-uraḥśiraḥsandhyādyāḥ | [ta-
thā, hr̥ddrāvādayaḥ syuḥ | hr̥ddraḥ-hṛdi kampa itya-
rthaḥ |] § 2771

1.11.66 Āyurvedarasāyana

kaphasyāha-kapha iti | bhramaḥ-cakrārūḍhasyeva | śleṣmāśayānāṃ-
uraḥprabhṛtīnām | sūnyatvaṃ-riktatvam | hr̥ddraḥ-anukampayeva
pīḍā hr̥dayasya | ślathasandhitā-sandhiśaithilyam | § 2772

1.11.67 Aṣṭāṅgahr̥dayasaṃhitā

rase raukṣyaṃ śramaḥ śoṣo glāniḥ
śabdāsahiṣṇutā | | 17 | | § 2773

1.11.68 Sarvāṅgasundarā

rase kṣīṇe raukṣyādayaḥ syuḥ | § 2774

1.11.69 Āyurvedarasāyana

rasasyāha-rasa iti | raukṣyaṃ-snehābhāvaḥ | śramaḥ-śrāntatvam |
śoṣo-mukhādīnām | glāniḥ-klamaḥ | śabdāsahiṣṇutā-śabdaśravaṇadveṣaḥ |
§ 2775

1.11.70 Aṣṭāṅgahr̥dayasaṃhitā

rakte+amlaśīśiraprītiśirāśaithilyarūkṣatāḥ | | 17 | | § 2776

1.11.71 Sarvāṅgasundarā

rakte kṣīṇe+amlādyabhilāṣādayaḥ syuḥ | § 2777

1.11.72 Āyurvedarasāyana

raktasyāha-rakta iti | amlāśītayorabhilāṣaḥ | śirāṇām śai-
thilyam | rūkṣatā _śarīrasya | § 2778

1.11.73 Sarvāṅgasundarā

māṃsasyāha-māṃsa iti | akṣaglāniḥ-indriyadaurbalyam |
gaṇḍayoḥ sphijośca śuṣkatā | sandhīnām vyathā | § 2779

1.11.74 Aṣṭāṅgahr̥dayasaṃhitā

māṃse+akṣaglānigaṇḍasphik+a+aśuṣkatāsandhivedanāḥ | | 18 | | § 2780

1.11.75 Sarvāṅgasundarā

māṃse kṣīṇe+akṣaglāniḥ, gallayoḥ sphijośca śuṣkatvam,
sandhīnām vedanāḥ syuḥ, sphuṭantīva sandhaya itya-
rthaḥ | § 2781

1.11.76 Aṣṭāṅgahr̥dayasaṃhitā

medasi kṣīṇe kaṭyāḥ plīhno vṛddhiḥ
kr̥śāṅgatā | | 18 | | § 2782

1.11.77 Sarvāṅgasundarā

medasi kṣīṇe kaṭyāḥ svāpaḥ plīhavṛddhiḥ kr̥śāṅgatvaṃ ca |
§ 2783

1.11.78 Āyurvedarasāyana

medasa āha-medasīti | kaṭhyāḥ svapanaṃsparśājñatvam |
plīhno vṛddhiḥ | itareṣāmaṅgānāṃ kārśyam | § 2784

1.11.79 Aṣṭāṅgahr̥dayasaṃhitā

asthnyasthitodaḥ śadanaṃ
dantakeśanakhādiṣu | | 19 | | § 2785

1.11.80 Sarvāṅgasundarā

asthni kṣīṇe+asthnāṃ todo bhavati | śadanaṃ-śātaḥ, pāta
ityarthaḥ | keṣām ? dantādīnām | § 2786

1.11.81 Āyurvedarasāyana

asthna āha-asthnīti | asthitodaḥ-asthnāṃ vyathā | dantād-
īnām śadanaṃ-śātaḥ | ādiśabdādromādayaḥ | § 2787

1.11.82 Aṣṭāṅgahr̥dayasaṃhitā

asthnāṃ majjani sauṣiryam
bhamastimiradarśanam | | 19 | | § 2788

1.11.83 Sarvāṅgasundarā

majjani kṣīṇe+asthnām sauṣiryam bhramādiśca | § 2789

1.11.84 Āyurvedarasāyana

majjña āha-asthnamiti | asthnām sauṣiryam sarandhra-
tvam | bhramaḥ-cakrārūḍhasyeva | timiradarśanam-sarvasyaiva
vastunastamorūpatvenāvabhāsaḥ | § 2790

1.11.85 Aṣṭāṅgahr̥dayasaṃhitā

śukre cirāt prasicyeta śukraṃ śoṇitameva vā | | 20 | |
todo+atyartham vṛṣaṇayormedhram
dhūmāyatīva ca | | 20 | | § 2792

1.11.86 Āyurvedarasāyana

śukrasyāha-śukra iti | śukraṃ sambhoge cirāt prasicyeta,
śoṇitameva vā | prasicyeta-sravet | vṛṣaṇayoratyartham
vedanā | medhram dhūmāyati | lohitādikyaśantāt parasm-
aipadam | § 2793

1.11.87 Sarvāṅgasundarā

śukre kṣīṇe śukraṃ cirāt prasicyeta, raktaṃ vā | prasicy-
eteti karmakartari | vṛṣaṇayoratiśayena todo-vyathā syāt |
medhram-śiśnaṃ, dhūmāyatīva ca | dhūmāyatīti lohitād-
erākṛtigaṇatvāt kvip, akṛtsārvadhātuketyādinā dīrghaḥ |
§ 2794

5

1.11.88 Aṣṭāṅgahr̥dayasaṃhitā

purīṣe vāyurantrāṇi saśabdo veṣṭayanniva | | 21 | |
kuḥsau bhramati yātyūrdhvaṃ hr̥tpārśve
pīḍayan bhṛśam | | 21 | | § 2796

1.11.89 Āyurvedarasāyana

purīṣasyāha-purīṣa iti | antrāṇi veṣṭayanniva saśabdo vā-
yuh kuṣṣau bhramati, kadācit hṛdayapārśve pīḍayannū-
rdhvaṃ yāti | § 2797

1.11.90 Sarvāṅgasundarā

purīṣe kṣīṇe vāyuh kuṣṣau bhramati | antrāṇi veṣṭayann-
iva śabdaṃ janayan yātyūrdhvaṃ | kiṃ kurvan ? hṛtpārśve
bhr̥śaṃ pīḍayan | § 2798

1.11.91 Aṣṭāṅgahr̥dayasaṃhitā

mūtre+alpaṃ mūtrayetkṛcchrādvivarṇaṃ sāsrameva
vā | | 22 | | § 2799

1.11.92 Sarvāṅgasundarā

mūtre kṣīṇe+alpaṃ mūtrayet, kṛcchrādvivarṇaṃ sarakta-
meva vā | § 2800

1.11.93 Āyurvedarasāyana

mūtrasyāha-mūtra iti | alpaṃ mūtraṃ kṛcchrānmūtra-
yet | tacca vivarṇaṃ-raktamiśravarṇābhaṃ, raktamiśram-
eva vā | evakāreṇa raktavarṇābhāsatvaṃ vyāvartyate | ata
eva vivarṇaśabdena tallabhyate | § 2801

1.11.94 Aṣṭāṅgahr̥dayasaṃhitā

svede romacyutiḥ stabdharomatā sphuṭanaṃ
tvacaḥ | | 22 | | § 2802

1.11.95 Sarvāṅgasundarā

svede kṣīṇe romṇāṃ cyutiḥ-śātaḥ, romṇāṃ ca stabdha-
tvam | tvacaḥ-carmaṇaḥ, sphuṭanaṃ-daraṇam | § 2803

1.11.96 Āyurvedarasāyana

svedasyāha-sveda iti | keṣāṃcidromṇāṃ cyutiḥ, keṣāṃcit
stabdhatā | tvacaḥ sphuṭanaṃ-vidāraṇam | § 2804

1.11.97 Aṣṭāṅgahr̥dayasaṃhitā

malānāmatisūkṣmāṇāṃ durlakṣyaṃ lakṣayet
kṣayam | | 23 | |
svamalāyanasaṃśoṣatodaśūnyatvalāghavaiḥ | | 23 | | § 2806

1.11.98 Sarvāṅgasundarā

malānāmatisūkṣmāṇāṃ-susvalpānāṃ dūṣikādīnāṃ, du-
ḥkhena boddhuṃ śakyaṃ-durlakṣyam, kṣayam lakṣayet-
jānīyāt | kaiḥ ? malānāṃ sthānāni-malāyanāni, svāni ca
tāni malāyanāni ca-svamalāyanāni, teṣāṃ saṃśoṣatodaśūnyatvalāghavāni-
5 svamalāyanasaṃśoṣatodaśūnyatvalāghavāni, taiḥ | § 2807

1.11.99 Āyurvedarasāyana

dūṣikādīnāmāha-malānāmiti | atisūkṣmāṇāṃ-atyalpānāṃ |
atisūkṣmatvādeva durlakṣyam | malāyanam-malamārgo
netrādiḥ, tasya saṃśoṣādayaḥ | § 2808

1.11.100 Aṣṭāṅgahr̥dayasaṃhitā

evaṃ vyāsenā doṣadhātumalānāṃ
vṛddhikṣayāvabhidhāya
samāsato+abhidhātumidamāha- doṣādīnāṃ
yathāsvaṃ ca vidyāddṛddhikṣayau
bhiṣak | | 24 | |
kṣayeṇa viparītānāṃ guṇānāṃ vardhanena
ca | | 24 | |
vṛddhiṃ malānāṃ saṅgācca kṣayam cāti
visargataḥ | | 25 | | § 2811

1.11.101 Āyurvedarasāyana

nidānamāha- doṣādīnāmiti | yathāsvaṃ viparītānāṃ gu-
ṇānāṃ kṣayaṇa nidānena doṣādīnāṃ vṛddhiṃ, vardha-
nena kṣayaṃ, jānīyāt | tau ca rūkṣādīnāṃ guṇānāṃ ba-
hutvālpavābhyāṃ kramādbhavataḥ | tatra kṣayaṇotpa-
nnaṃ vikāraṃ vāyorvṛddhiriti vyavasyet, vardhaneno- 5
tpannaṃ kṣaya itī | evaṃ pittādiṣvapi | tathā, malānā-
mapyatisaṅgānnidānāddoṣādīnāṃ vṛddhiṃ vidyāt, ativi-
sargāt kṣayaṃ | tatrātisaṅgo-yathākālamaśodhanādvega-
vidhāraṇādviṣṭambhakāhāravihārasīlanācca | ativisargo-
atiśodhanādvegodīraṇātsraṃsanāhāravihārāsevanācca | § 2812 10

1.11.102 Sarvāṅgasundarā

doṣadhātumalānāṃ vṛddhikṣayau jānīyāt | katham ? yathā-
śvaṃ doṣādīnāṃ guṇebhyo viparītā ye guṇāsteṣāṃ guṇā-
nāṃ kṣayaṇa vardhanena ca dehagatena doṣādīnāṃ yathā-
kramaṃ vṛddhiṃ kṣayaṃ ca vidyāt | yathā,-vāyorguṇā rū-
kṣalaghuśītādayaḥ, teṣāṃ viparītāḥ-snigdhaḥgurūṣṇādayaḥ, 5
teṣāṃ snigdhādīnāṃ dehe yadā kṣayo drīsyate tadā vā-
yorvṛddhiṃ vidyāt | yadā tu teṣāṃ snigdhādīnāṃ dehe
vṛddhirdrīsyate tadā vāyoḥ kṣayo jñeyaḥ | evaṃ svabu-
dhdyā vikalpya malānāṃ dhātūnāṃ ca vācyam | vṛddhiṃ
malānāmityādi | na kevalaṃ malānāṃ pūrvoktena prak- 10
āreṇa vṛddhikṣayau jñeyau, yāvadamunā+api vakṣyam-
āṇena lakṣaṇena teṣāṃ vṛddhikṣayau jñeyau, [iti caśa-
bdena dyotayati] | evaṃ svabudhdyā vikalpya, malānāṃ
saṅgāt-bahiraniḥsaraṇalakṣaṇācca vṛddhiṃ vidyāt | teṣā-
meva malānāmativisargāt-atipravartanāt kṣayaṃ vidyāt | 15
§ 2813

1.11.103 Āyurvedarasāyana

kṣayavr- pīdākaratve tāratmyamāha-malocitatvāditi | do-
ṣādīnāṃ vṛddhirdehapīdanī | kṣayastu tato+api dehapī-
danaḥ | kutaḥ ? malocitavāt | deho hi malasātmyaḥ | sā-
tmyaṃ ca bahnapi nātibādhatē | vakṣyati(?)-"sātmayaṃ
hyāśu balaṃ dhatte nātidoṣaṃ ca bahnapi |" itī | mala- 5

śabdena doṣadhātumalānām grahaṇam | vakṣyati hi (hr̥.
sū.a. 19/86) - "viṣṣeṣmapittādimalocayānām vikṣepasa-
m̥hāra karaḥ sa yasmāt |" iti | § 2814

1.11.104 Aṣṭāṅgahr̥dayasaṃhitā

malocitatvāddehasya kṣayo vṛddhestu
pīḍanaḥ | | 25 | | § 2815

1.11.105 Sarvāṅgasundarā

dvāvapi malānām vṛddhikṣayau pīḍākarau dehasya | ta-
trāpi ya eṣāṃ kṣayaḥ sa vṛddhito+apyatīsayena pīḍāka-
raḥ, anaucityāt | dehinām hi prāyeṇa malakṣayo+anucito-
anabhyastaḥ, vṛddhistūcitaiveti na tathā pīḍām karoti |
§ 2816

5

1.11.106 Aṣṭāṅgahr̥dayasaṃhitā

tatrāsthani sthito vāyuḥ, pittaṃ tu svedaraktayoḥ | | 26 | |
śleṣmā śeṣeṣu, tenaiṣāmāśrayāśrayiṇām
mithaḥ | | 26 | |
yadekasya tadanyasya
vardhanakṣapaṇauṣadham | | 27 | |
asthimārutayornaivam, prāyo vṛddhirhi
tarpaṇāt | | 27 | |
5 śleṣmaṇā+anugatā tasmāt
saṅkṣayastadviparyāt | | 28 | |
vāyunā+anugato+asmācca
vṛddhikṣayasamudbhavān | | 28 | |
vikārān sādhaveccchīghraṃ
kramāllaṅghanabṛmhaṇaiḥ | | 29 | | § 2823

1.11.107 Sarvāṅgasundarā

tatra-teṣu vātādiṣu madhye, asthni vāyuḥ sthitaḥ-āśritaḥ |
pittaṃ tu svedaraktayoḥ sthitam | śleṣmā śeṣeṣu-rasamāṃsamedomajjaśukramūt

sthiṭaḥ | yataścaivamāśrayāśrayibhāvodoṣadhātūnām, tena
 hetunā, āśrayāśrayiṇām mithaḥ-parasparam, yadekasya-
 āśrayasya vardhanam, tadanyasya-āśrayiṇo+api vardha- 5
 nam, yadāśrayasya kṣapaṇam tadāśrayiṇo+api kṣapa-
 ṇam | nanu, evamasthno vātāśrayasya yadvardhanam tad-
 asyāśrayiṇo vātasyāpi vardhanam, yadasya kṣapaṇam tad-
 api vātasya kṣapaṇam prāpnotītyata āha-asthītyādi | asthi-
 mārutayornaivam vardhanakṣapaṇauśadham, sambhava-
 tītyadhyāhāryam | hi-yasmāt, prāyo-bāhulyena, yā vṛddhiḥ-
 vardhanam doṣadhātūnām, sā tarpaṇāt-br̥ṃhaṇādbhavati | 10
 prāyograhaṇam vāyuparihārārtham | sā ca śleṣmaṇā+anugata-
 anubaddhā | yata evam yā vṛddhiḥ sā santarpaṇāt, tasmā-
 ddhetorya eṣām doṣādīnām kṣayaḥ sa prāyo-bhūyiṣṭham,
 apatarpaṇāt-laṅghanarūpādbhavati | sa ca saṅkṣayo vā-
 yunā+anugataḥ | evam yadasthno vardhanamaśadham, 15
 tat snigdhamadhurādi br̥ṃhaṇarūpam vātasya kṣapa-
 ṇam | yacca vātasya vardhanamaśadham, tat rūkṣati-
 ktādyapatarpaṇam laṅghanarūpamasthnaḥ kṣapaṇam |
 tadarthametaduktam-asmāccetyādi | yata evam vṛddheḥ
 santarpaṇarūpatvam kṣayasyāpatarpaṇarūpatvam, ato vṛ- 20
 ddhikṣayasambhavān vikārān doṣadhātūnām sambandhi-
 naḥ kramāllaṅghanabr̥ṃhaṇaiḥ sādhyet-upakramet | ka-
 tham ? śīghram cirothitā hi te duścikitsyāḥ syuḥ | vṛddhy-
 utthān vikārān laṅghanaiḥ, kṣayotthān br̥ṃhaṇairiti kram-
 ārthaḥ | § 2824 25

1.11.108 Āyurvedarasāyana

dūṣyāṇām vṛddhikṣayahetvādivijñānārtham doṣadūṣyayorāśrayāśrayibh-
 tatreti | tatra-teṣu doṣādiṣu madhye | śeṣeṣu-rasamāmsamedomajjaśukra-
 āśrayāyibhāvasya phalamāha teneti | tena-āśrayāśrayibhāvena
 hetunā | eṣām-doṣādīnām | āśrayāśrayiṇām ādhārādhe- 5
 yabhāvena sthitānām | yadekasya vardhanakṣapaṇauśa-
 dham tadevānyasya | katham ? mithaḥ,-parasparam | ya-
 dāśrayasya tadāśrayiṇaḥ, yadāśrayiṇastadāśrayasyetya-
 rthaḥ | vardhanam-vṛddhi hetuḥ | kṣapaṇam-kṣayahetuḥ |
 auśadham-vaiṣamyānivartakam, sāmyaheturityarthaḥ | apavādamāha-
 asthimārutayoriti | asthimārutayorāśrayāśrayibhāve+apyevam

na jñeyam | yaddhi vāyorvardhanam rūkṣādi, tadasthnaḥ
kṣapaṇam | yadasthno vardhanam snigdhdādi, tadvāyoḥ
kṣapaṇam | asthno vṛddhau laṅghanamauśadham | vāy-
orvṛddhau bṛmhaṇam | asthikṣaye bṛmhaṇamauśadham,
5 vātakṣaye laṅghanamiti | athopaśayaṃ vivakṣuśchikitsā-
māha | cikitsaiva hi prayujyamānā upaśaya ucyate | vakṣy-
ati hi (hr̥. ni. a. 1/6) -"hetuvyādhivaparyastaviparyastārthakāriṇām |
auśadhānavihārāṇāmupayogaṃ sukhāvaham | | vidyād-
upaśayaṃ vyādheḥ sa hi sātmyamiti smr̥taḥ |" iti | cikitsā
10 ca dvividhā,-bṛmhaṇalaṅghanabhedāt | tatra bṛmhaṇala-
ṅghane vibhajati-prāyo vṛddhiriti | vṛddhijān vikārān la-
ṅghanena sādhayet, kṣayajān bṛmhaṇena | kuto+ayaṃ vi-
bhāgaḥ? hi-yasmāt, vṛddhistarpraṇāt bṛmhaṇādbhavati |
sā ca śleṣmaṇā+anugatā,-yatra yatra vṛddhistatra tatra śle-
15 ṣmā, pittādivṛddhāvapi śleṣmānugamo+astītyarthaḥ | ta-
smātsarveṣu vṛddhivikāreṣu laṅghanamauśadham, het-
uviparītatvāt śleṣmānugamena vyādhiviparītatvācca | ta-
thā, saṅkṣayastadviparyayāt-tarpaṇaviparyayāllaṅghanādbhavati |
sa ca vāyunā+anugataḥ,-yatra yatra kṣayastatra tatra vā-
20 yuḥ, kaphādikṣaye+api vāyoranugamo+astītyarthaḥ | ta-
smātsarveṣu kṣayavikāreṣu bṛmhaṇamauśadham, hetuvi-
parītatvādvātānugamena vyādhiviparītatvācca | § 2825

1.11.109 Aṣṭāṅgahr̥dayasaṃhitā

vāyoranyatra, tajjāṃstu tairevotkramayojitaiḥ | | 29 | | § 2826

1.11.110 Sarvāṅgasundarā

vāyuṃ hitvā vṛddhyutthān vikārān laṅghanaiḥ, kṣayo-
tthān bṛmhaṇaiḥ sādhayet | tajjān-vāyusambhavān vikā-
rān, punastaireva-laṅghanabṛmhaṇairutkramayojitairupakramet |
yathānirdiṣṭakramādviparītaḥ kramaḥ-utkramaḥ | yathā,-
5 vātavṛddhyutthān vikārān bṛmhaṇaiḥ tat kṣayotthāṃśca
laṅghanairiti | § 2827

1.11.111 Āyurvedarasāyana

etacca sarvaṃ vāyoranyatra | vāyuvṛddhau tarpaṇaṃ na
hetuḥ, na vā laṅghanamauśadhamityarthaḥ | tarhi tatra
kim? ityata āha-tajjāniti | tajjān-vāyuvṛddhikṣayajān | vṛ-
ddhijān bṛmhaṇena sādhyet, kṣayajān laṅghanena, ityu-
tkramayojanā | vāyuvṛddhirlaṅghanāt, kṣayo bṛmhaṇādi- 5
tyata eva jñeyam | prāyograhaṇāvdyabhicāro+api | yathā
(saṅgrāhe sū. a. 7) -"kaphe laṅghanasādhye+api kartari jv-
aragulmayoḥ | tulye+api deśakālādau laṅghanaṃ na sa-
maṃ matam | |" iti | § 2828

1.11.112 Aṣṭāṅgahr̥dayasaṃhitā

viśeṣādraktavṛddhyutthān raktasrutivirecanaiḥ | | 30 | |
māṃsavṛddhibhavān rogān
śastrakṣārāgnikarmabhiḥ | | 30 | |
sthaulyakārśyopacāreṇa
medojānasthisakṣayāt | | 31 | |
jātān kṣīraghr̥taistiktasaṃyutarbastibhista-
thā | | 31 | |
vidvṛddhijānatīsārakriyayā, 5
viṭkṣayodbhavān | | 32 | |
meṣājamadhyakulmāṣayavamāśadvayādibhiḥ | | 32 | |
mūtravṛddhikṣayotthāṃśca
mehakṛcchracikitsayā | | 33 | |
vyāyāmābhyañjanasvedamadyaiḥ
svedakṣayodbhavān | | 33 | | § 2836

1.11.113 Sarvāṅgasundarā

vṛddhikṣayopakrame evaṃ sthite+api viśeṣeṇa rakta-
vṛddhyutthān raktasrutivirecanairupakrameta | māṃsa-
vṛddhijān śastrakṣārāgnikarmabhiḥ | medovṛddhikṣayā-
bhyāṃ jātān-medojāniti madhyamapadalopo+atra draṣṭa- 5
vyāḥ | medovṛddhijān vikārān sthaulyopacāreṇa dvividh-
opakramaṇīyoktyā sthaulyacikitsayā, medaḥkṣayajān kā-

r̥syopacāreṇopācaret | asthikṣayajān kṣīraghṛtaistiktasa-
m̥yutaiḥ, bastibhistathā-tathārūpaistiktasam̥yutairityarthah |
nanu, yāni vātakṛnti dravyāṇi tānyasthikṣayodbhavavik-
ārāṇām vṛddhikaraṇānīti taddravyopayogo+atra na yu-
5 ktaḥ, tiktasya vātakṛtatvāt | atrocitate | yaddravyam sni-
gdham śoṣaṇam kharatvamutpādayati tadasthno vardha-
nam yuktam, kharasvabhāvatvādasthnām | na caivamvi-
dhamekam dravyamasti, yat snigdham śoṣaṇam ca | ta-
smāt kṣīraghṛtaistiktasam̥yutairbastibhiśca tiktasam̥yuta-
10 iścetyupadiṣṭam | kṣīraghṛtasya tiktayuktasya kharasv-
abhāvatvāt | vidvṛddhijān-purīṣavṛddhijān, atīsāracikits-
ayā sādhayet | viṭkṣayodbhavān meṣājamadhyādibhiḥ sā-
dhayet | meṣa-urabhrah, ajaḥ-cchāgaḥ, tayormadhyam-
antarādhiḥ | kulmāṣaḥ-ardhasvinno māṣādirhiṅgughṛtā-
15 disam̥skṛtaḥ | māṣadvayam-māṣo rājamāṣaśca | ādiśabd-
ena kākāṇḍolātmaguptādīnām grahaṇam | mūtravṛddhy-
utthān mehacikitsayā, mūtrakṣayotthān mūtrakṛcchracik-
itsayā, svedakṣayajān vyādhīn vyāyāmādibhiḥ sādhayet |
§ 2837

1.11.114 Āyurvedarasāyana

atha keṣāṃcidviśeṣaḥ | tatra raktavṛddhijānāhaviśeṣāditi |
raktasrutīḥ-śīrāvyadhādiḥ | māṃsavṛddhijānāha-māṃsavṛddhibhavāniti |
medojānāha-sthauilyeti | medovṛddhijān sthauilyopacāreṇa-
dvividhopakramaṇīyādhyāyoktena | medaḥkṣayanān kā-
5 r̥syopacāreṇa | asthikṣayajānāha-asthisāṅkṣayāditi | tath-
eti tiktasam̥yutaiḥ | tathā ca khāraṇādiḥ-"pañcakarmāṇi
sarpīṣi satiktā bastayastathā | payaḥ" iti | na caivam̥ tiktas-
am̥yutairiti bastīnāmeva viśeṣaṇam vaktum yuktam, "bast-
ayaḥ kṣīrasarpīṣi tiktakopahitāścha ye |" iti carakavacanāt
10 (sū. a. 28/24) | vidvṛddhijānāha-vidvṛddhijāniti | atīsāra-
kriyayā atīsāracikitsitena | viṭkṣayajānāha-viṭkṣayodbhavāniti |
meṣājayormadhyam-antarādhiḥ | māṣadvayam-māṣo rāja-
māṣaścha | ādiśabdānmatsyamāṃsādayaḥ | mūtravṛddhikṣayajānāha-
mūtreṭi | mūtravṛddhijān pramehacikitsayā | mūtrakṣaya-
15 jān kṛcchracikitsayā | svedakṣayajānāha-vyāyāmeti | § 2838

1.11.115 Aṣṭāṅgahr̥dayasaṃhitā

svasthānasthasya kāyagneraṃsā dhātuṣu
saṃśritāḥ | | 34 | |
teṣāṃ sādātidiṭtibhyāṃ
dhātuvṛddhikṣayodbhavaḥ | | 34 | |
pūrvo dhātuḥ paraṃ kuryāddṛddhaḥ kṣīṇaśca
tadvidham | | 35 | | § 2841

1.11.116 Sarvāṅgasundarā

svasthānaṃ kāyāgneḥ-pakvāmāśayayormadhyam | yathā
ca vakṣyati (hr̥. sū. a. 12|10) - "pittaṃ pañcātma-
kaṃ tatra pakvāmāśayamadhyagam |" ityādi yāvat "pāc-
akaṃ nāma tat smṛtam |" iti | tatra pakvāmāśayamadhye 5
tiṣṭhatīti svasthānasthaḥ, tasyaivaṃvidhasya kāyāgneḥ-
jāṭharānalasya, aṃśāḥ-bhāgāḥ, dhātuṣu-rasādiṣu saṃśri-
tāḥ | teṣāṃ-agnyaṃsānām, sādēna-māndyena, dhātūnām
vṛddhyudbhavaḥ | tathā teṣāmaṃsānāmatidiṭtyā-atitaikṣṇyāt,
dhātukṣayodbhavaḥ | pūrvo-rasākhyo, dhātuvṛddho bh-
ūtṅvā paraṃ-raktākhyam, dhātuṃ vṛddham kuryāt | pūrva- 10
śca kṣīṇo dhātuḥ paraṃ dhātuṃ tadvidham-kṣīṇameva
kuryāt | § 2842

1.11.117 Āyurvedarasāyana

dhātujānāmupakramāntaramāha-svasthānasthasyeti | svasthānasthatya-
grahaṇīsthasya | kāyāgneḥ-annapaktuḥ | aṃśāḥ-kṣudrāṇi
rūpāntarāṇi | dhātuṣu-dhātṅvāśayeṣu, sarvadhātṅvagnaya
ityarthaḥ | teṣāṃ sādēna-māndyena dhātuvṛddhayudbha-
vaḥ, atidiṭtyā dhātukṣayaśca | dhātuvṛddhau māndyop- 5
akramaḥ, dhātukṣaye taikṣṇyopakramaḥ kārya ityarthaḥ |
tathā, pūrvo dhātuvṛddhaḥ paraṃ vṛddham kuryāt, kṣ-
īṇaḥ kṣīṇam | paradhātorvṛddhau pūrvasya kṣayaḥ kā-
ryaḥ, kṣaye vrudhiritiyarthaḥ | ityupaśayaprakaraṇam |
§ 2843

10

1.11.118 Aṣṭāṅgharḍayasamhitā

doṣā duṣṭā rasairdhātūn dūṣayantyubhaye malān | | 35 | |
adho dve, sapta śirasi, khāni svedavahāni
ca | | 36 | |
malā malāyanāni syuryathāsvaṃ teṣvato
gadāḥ | | 36 | | § 2846

1.11.119 Sarvāṅgasundarā

doṣā duṣṭā rasaiḥ-madhurādibhirmithyāyogātiyogasevitaiḥ
kupitāḥ, dhātūn dūṣayanti | ubhaye-doṣā dhātavaśca,
malān dūṣayanti | malā malāyanāni dūṣayantīti samban-
ndhaḥ | tathā ca muniḥ (ca. sū. a. 7 | 42) - "malāyanāni bā-
5 dhyante duṣṭairmātrādhikairmalaiḥ |" iti | kāni malāyan-
āni ? ityāha-adho dve ityādi | adho dve-gudameḍhrākhye,
sapta śirasi khāni-dve akṣiṇī dvau karṇau dvau nāsāpuṭā-
vāsyam ceti, tathā svedavahāni-romakūpākhyāni chidrāni
sarvaśarīragatāni, malāyanāni syuḥ | ato-dūṣaṇātkāraṇāt,
10 teṣu-malāyaneṣu duṣṭeṣu, yathāsvaṃ gadāḥ-rogāḥ syuḥ |
yo yasya svo- yathāsvaṃ | § 2847

1.11.120 Āyurvedarasāyana

vṛddhikṣayavikārasamprāptimāha-doṣā duṣṭā iti | rasaiḥ-
madhurādibhiḥ, duṣṭā doṣāḥ-vātādayo,dhātūn-rasādīn, dū-
ṣayanti | rasagrahaṇam vīryādīnāmupalakṣaṇam | ubhaye-
doṣā dhātavaścha, malān-purīṣādīn, dūṣayanti | te malā
5 malāyanāni-srotāṃsi, dūṣayanti | kāni punastāni ? adho
dve-guhyam gudaścha | sapta śirasi-karṇau netre nās-
ike mukham ca | svedavahāni khāni-romakūpāḥ, teṣāṃ-
asaṅkhyatvāsaṅkhyānuktiḥ | ato-duṣṭeranantaram, teṣu-
duṣṭeṣu doṣadhātumalamalāyaneṣu, gadāḥ syuḥ | ka-
10 tham ? yathāsvaṃ,- svasthānānatikrameṇa | sthānavibh-
āga uktaḥ saṅgrāhe (sū.a. 19)-"vakṣyante vātajāstatra nid-
āne vātarogike | pittam tvaci sthitam kuryādvisphoṭakam-
asūrikāḥ | | rakte visarpaṃ dāham ca māṃse māṃsapāka-

kothanam | sadāhān medasi granthīn svedātyudvamanam
 tṛṣam | | asthni dāham bhr̥ṣam mañjñi hāridranakhanetr-
 atām | pūti pītāvabhāsam ca śukram śukrasamāśritam | |
 śirāgatam krodhanatām pralāpam srāyugam tṛṣam | ko- 5
 ṣṭhagam madatṛṭdāhān vyāpino+anyāṃścha yakṣmaṇaḥ |
 śleṣmā tvaci sthitaḥ kuryātstambhamśvetāvabhāsatām |
 pāṇḍvāmayaṃ śonitago māṃsasamstho+arbudāpacī | |
 ārdracarmāvanaddhābhagātratām cātigauravam | medo-
 gaḥ sthūlatām mehamasthnām stabdhatvamasthigaḥ | |
 majjagaḥ śuklanetratvam śukrasthaḥ śukrasañcayam | vi- 10
 bandham gauravam cāti śirāsthaḥ stabdhagātratām | | srā-
 yugaḥ sandhiśūnyatvam koṣṭhago jaṭharonnatim | aroca-
 āvipākau ca tāṃstāmścha kaphajān gadān | | viṇmūtrayoḥ
 sāsrayayostatra tatropadekṣyate | upatāpopaghātau ca sv-
 āśrayendriyagairmalaiḥ | | " iti | § 2848 15

1.11.121 Aṣṭāṅgahr̥dayasaṃhitā

ojastu tejo dhātūnām śukrāntānām param smṛtam | | 37 | |
 hr̥dayasthamapi vyāpi
 dehashthinibandhanam | | 37 | |
 snigdham somātmakam
 śuddhamiṣallohitapītakam | | 38 | |
 yannāśe niyatam nāśo yasmimstiṣṭhati
 tiṣṭhati | | 38 | |
 niṣpadyante yato bhāvā vividhā 5
 dehasamśrayāḥ | | 39 | | § 2853

1.11.122 Sarvāṅgasundarā

rasādīnām dhātūnām śukrāntānām yatparam-utkr̥ṣtam,
 tejastadojaḥ smṛtam, [na tu śukrasyaiva malaḥ |] ta-
 thā, hr̥dayasthamapi vyāpi | sakalaśarīravypinastasya ṣa-
 ḍbindukasya viśeṣeṇa hr̥dayam sthānam | tathā, dehasya
 sthitrdehashthitistasyā nibandhanam-jīvitādhiṣṭhānamityartḥaḥ |
 anye tvāhuḥ, paraśabdenaitat dyotayati,-anyadapyojo+asti
 na taddhātūnām śukrāntānām tejaḥ, śleṣmākhyamiti | ta-

thā coktaṃ saṅgrahe (sū. a. 19) - "tejo yatsarvadhātūnām-
 ojabat paramucyate | mṛdu somātmakaṃ śuddhaṃ rakt-
 amīṣatsapītakaṃ | |" ityādi | yannāṣe-yasyaujaso+abhāve,
 niyataṃ-nīcītaṃ, prāṇino nāśaḥ-abhāvaḥ | yasminnojasi
 5 tiṣṭhati-vidyamāne, tiṣṭhati-prāṇīti, dehīti śeṣaḥ | yato-
 yasmāt, bhāvāḥ-padārthāḥ, niṣpadyante-jāyante | kimbhū-
 tāḥ ? vividhāḥ-anekaprakārāḥ | tathā, dehaḥ saṃśrayo ye-
 śāṃ te dehasaṃśrayāḥ | lakṣaṇamojaso muninā+abhyadhāyi
 (ca. sū. a. 17 | 74) - "hṛdi tiṣṭhati yacchuddhaṃ snigdhamī-
 10 ṣatsapītakaṃ | ojaḥ śarīre saṅkhyātaṃ tannāṣe nā vinaśy-
 ati | |" ityādi | § 2854

1.11.123 Āyurvedarasāyana

athaujovijñānam, tasyāpi malatvāt | vakṣyati hi (hṛ. śā.
 a. 3/63) -"kaphaḥ pittaṃ malāḥ kṣeṣu prasvedo nakh-
 aroma ca | sneho+akṣitvagviśāmojo dhātūnām kramaśo
 malāḥ | |" iti | yattuktaṃ saṅgrahe (śā. a. 6) -"śukrasya
 5 sāra ojaḥ | atyantaśuddhatayā cāsmiṃ malatvābhāvaḥ |
 anye punarata eva tasya necchanti pākam |" iti | tannar-
 aśarīracaraśukraviṣayam | yattu sambhogādaṅganāgarbh-
 āśayagatamārtavenaikatra lolībhūtaṃ jīvādhiṣṭhitaṃ śu-
 kraṃ, tasya pākādrasādivanmalasārau staḥ | tatra mala
 10 ojaḥ, sāro garbhaḥ | vakṣyati hi (hṛ. śā. a. 3/63) -
 "rasādraktaṃ tato māṃsaṃ māṃsānmedastato+asthi ca |
 asthno majjā tataḥ śukraṃ śukrādgarbhaḥ prajāyate | |"
 iti | malatvaṃ ca garbhāpekṣayā, rasādyapekṣayā tu sā-
 aatvameveti | ata evāha carakaḥ (sū. a. 30/9, saṅgrahe
 15 ca sū. a. 19) -"yatsāramādau garbhasya yacca garbhar-
 asādrasaḥ | saṃvartamānaṃ hṛdayaṃ samāviśati yatp-
 urā | | yaccharīrarasasnehaḥ prāṇā yatra pratiṣṭhitāḥ |"
 iti | na caivamojonekatvaṃ vācyam | yadeva hi śukr-
 amalarūpamojaḥ, tadeva garbhahṛdayamanupraviṣṭama-
 20 ṣṭabindupramāṇamārtavānuviddhatvādīṣadraktaḥ jī-
 vānuviddhaṃ jīvaśoṇitamucyate | uktaṃ ca tantrāntare-
 "prāṇāśrayasyaujaso+aṣṭau bindavo hṛdayāśritāḥ |" iti |
 tathā carako+api (sū. a. 17/74) -"hṛdi tiṣṭhati yacchu-
 ddhaṃ raktamīṣatsapītakaṃ | ojaḥ śarīre vyākhyātaṃ ta-

nnāśānmriyate naraḥ | |" iti | tadevāhārarasena samān-
 aguṇatvādāpyāyitamardhāñjaliparimāṇam sarvadehavy-
 āpi rasātmakamucyate | yadvakṣyati (hr̥. śā. a. 3/18) -
 "daśamūlaśirā hr̥tsthāstāḥ sarvaṃ sarvato vapuḥ | ras- 5
 ātmakam vahantyojastannibaddham hi ceṣṭitam | |" iti |
 khāraṇādirapyāha-"rasadhātoḥ paraṃ dhāma pacyamān-
 ātprasīdati | saumyasvabhāvaṃ raktāgre yattadojaḥ prak-
 irtitam | |" iti | tadeva sarvān dhātūnanupraviṣṭam teṣāṃ
 prabhāvātīśayamādadhānam tatteja ucyate | yadāha suśr-
 utaḥ (sū. a. 15/23) -"rasādīnām śukrāntānām dhātūnām 10
 yatparaṃtejaḥ tadojastadbalamityucyate | |" iti | tadeva pu-
 naḥ pākāccāmīkaramivāpetopādhimalamatyantam śukra-
 sāra ucyate | tasmācchukramalarūpaṃ mūlabhūtamevāja
 iti sthitam | yattūktam carakeṇā (sū. a. 17/115) -"prākṛtastu 15
 balaṃ śleṣmā vikṛto mala ucyate | sa caivojaḥ smrtaḥ
 kāye" iti | tadojo hetutvāt śleṣmaṇa ojavam, āyurghṛta-
 mitivat | etenaitadupapannam, "dhātūnām tejasi rase ta-
 thā jīvitaśonite | śleṣmaṇi prākṛte vaidyairojaḥśabdaḥ pr-
 akīrtitaḥ | |" iti | ojaso malatve+api pṛthakvathanam pr-
 ādhānyakhyāpanārtham | prādhānye hetumāha-ovastviti | 20
 ojaḥ punaḥ paraṃ-pradhānam smrtaḥ | taddhi śukrānt-
 ānām dhātūnām paraṃ tejaḥ | śukrāntānām grahaṇam
 sarvadhātuprāptyartham | tathā, hr̥dayastham | na keva-
 lam tatstham vyāpyapi | dehasthitinibandhana,- dehasya
 sthitayo-nānāvasthāḥ, tāsāṃ nibandhanam-kāraṇam | kā- 25
 raṇatvameva vivṛṇoti-yannāśa iti | § 2855

1.11.124 Aṣṭāṅghṛdayasaṃhitā

ojaḥ kṣīyeta kopakṣuddhyānaśokaśramādibhiḥ | | 39 | |
 bibheti durbalo+abhīkṣṇam dhyāyati
 vyathitendriyaḥ | | 40 | |
 duḥcchāyo durmanā rūkṣo bhavetkṣāmaśca
 tatksaye | | 40 | |
 jīvanīyauśadhakṣīrarasādyāstatra
 bheṣajam | | 41 | | § 2859

1.11.125 Āyurvedarasāyana

kṣayahetūnāha-ojaḥ kṣīyete | kṣut-bubhukṣā | dhyānaṃ-
cintā | ādiśabdāt-bhramontrāsakaṭurūkṣabhojanādayaḥ | oj-
aḥkṣayaṃ lakṣayati-bibhete | bibhete-trasyati | durbalō-
hīnabalo bhavati | abhīkṣṇaṃ-punaḥpunarakasmāt | dhyāyati-
5 cintayati | vyathitendriyaḥ-hṛdayādīsthāneṣu vyāthāvān |
duḥcchāyo-malinakāntiḥ | durmanāḥ-gatotsāhaḥ | rūkṣo-
nisnehāṅgaḥ | kṣāmaḥ-kṛśāṅgaḥ | kṣayauśadhabhaṅgyā
vṛddhīhetūnāha-jīvanīyete | jīvanīyāḥ-jīvantiyādayaḥ | raso-
māṃsarasaḥ | ādi(dya) śabdena śarkarādayaḥ | § 2860

1.11.126 Sarvāṅgasundarā

ojaḥ kopādibhiḥ kṣīyeta | tatkṣaye-tasyaujasaḥ kṣaye, bibh-
ete durbala ityādīlakṣaṇam | jīvanīyauśadhādyāstatra bh-
eṣajam | jīvanīyauśadhāni-jīvantiyādīni daśa jīvanasaṃjñ-
āni (hr̥. sū. a. 15 | 8) tathā+anyāni yāni madhurāni kṣīrā-
5 dīni dravyāni | kṣīrasya jīvanīyatvenaiva grahaṇe siddhe
pṛthakpāṭho+atīśayārthaḥ, atīśayenātra kṣīramauśadham-
iti | raso-māṃsarasaḥ | ādi (dya)-grahaṇena kākāṅdolātm-
aguptāghṛtādīparigrahaḥ | § 2861

1.11.127 Aṣṭāṅgahr̥dayasaṃhitā

ojovṛddhau hi dehasya tuṣṭipuṣṭibalodayaḥ | | 41 | | § 2862

1.11.128 Sarvāṅgasundarā

ojovṛddhau satyāṃ dehasya tuṣṭiḥ-prahaṣaḥ, puṣṭiḥ-
vṛddhiḥ, balaṃ-sāmarthyam, eṣāmudayaḥ-samyagvṛddhirbhavati |
§ 2863

1.11.129 Sarvāṅgasundarā

ojovṛddhiṃ lakṣayati-ojovṛddhāviti | tuṣṭiḥ santōṣaḥ | puṣṭiḥ-
sthāulyam | balodayaḥ-śaktyutkaraṣaḥ | ojevṛddhestuṣṭy-
ādīhetutvāna vātādivṛddhikāraṅkārītvam | vrūddhamapi

yadā tvojo vyāpadyate svasthānādvīraṃsate vā, tadā vā-
tādivadvikāraḥkāritvam | tathā ca suśrutaḥ (sū. a. 15/30)
-"trayo doṣā balasyoktā vyāpadvīraṃsanakṣayāḥ |" iti |
balaṃ-ojaḥ | § 2864

1.11.130 Aṣṭāṅgahṛdayasaṃhitā

yadannaṃ dveṣṭi yadapi prārthayetāvirodhi tu | |42| |
tattattayan samaśnaṃśca tau tau vṛddhikṣayau
jayet | |42| | § 2866

1.11.131 Sarvāṅgasundarā

yadannaṃ puruṣo dveṣṭi-nābhinandati, yadapyannaṃ pr-
ārthayeta, tattadannaṃ dviṣṭaṃ tyajan-pariḥaran, iṣṭama-
nnaṃ samaśnan-bhakṣayan, doṣāṅāṃ sambandhināu vṛ-
ddhikṣayau tau tau-yau yasya doṣasyātmīyau vṛddhikṣ- 5
ayau, tau tau jayet | nanu, kimaviśeṣeṇaitat prārthitama-
śnan doṣakṣayaṃ jayet ? netyāha-avirodhi tu | turavadhār-
aṇe | avirodhyeva | tattathāvidhamannaśnan doṣāṅāṃ
kṣayaṃ jayet, na tu virodhyannaśnan | § 2867

1.11.132 Āyurvedarasāyana

vṛddhikṣayau jñātvā yadanuṣṭheyam tatsaṅkṣepeṇāha-
yadannamiti | yadyadanna dveṣṭi tattattayan tathā ya-
dyatprārthayeta tattatsamaśnan tau tau vṛddhikṣayau ja-
yet | kiṃ tatsarvam ? netyāha-avirodhi tviti | yatprārtha- 5
yet tacedavirodhi-apathyam na bhavati, tatsamaśnīyādi-
tyarthaḥ | tacchabde+api vīpsākaraṇāt yacchabde+api vī-
psā jñeyā | § 2868

1.11.133 Aṣṭāṅgahṛdayasaṃhitā

kurvate hi ruciṃ doṣā viparītasamānayoḥ | |43| |
vṛddhāḥ kṣīṇāśca bhūyiṣṭhaṃ
lakṣayantyabudhāstu na | |43| | § 2870

1.11.134 Sarvāṅgasundarā

hi-yasmāt, doṣāḥ-vātādayo, viparītasamānayoḥ ruciṃ ku-
rvanti | kimbhūtāḥ santaḥ ? vṛddhāḥ kṣīṇāśca, yathā-
kramam | vṛddhāḥ-pramāṇādḥikāḥ santaḥ, svaguṇebhyo
yadviparītaguṇamannaṃ teṣāṃ kṣapaṇahetuḥ, tadviṣa-
5 yāṃ ruciṃ-prītimutpādayanti | bhūyiṣṭhaṃ-bāhulyena |
kṣīṇāḥ-svapramāṇāpacitāḥ santo, yatsvasamānaguṇamā-
hārajātaṃ teṣāṃ vardhanahetuḥ, tadviṣayāṃ prītimutpād-
ayanti | yathā,-vāto vṛddhaḥ snigdhamlamadhuramanna-
mabhilaṣati | pittam vṛddham śītamadhurarukṣatiktaśā-
10 yamannabhilaṣati | śleṣmā vṛddho rūkṣoṣṇakaṭutiktakaśā-
yamannabhilaṣati | vātaḥ kṣīṇo rūkṣakaśāyādyannam-
abhilaṣati | pittam kṣīṇamamlalavaṇakaṭukamannamabh-
ilaṣati | śleṣmā kṣīṇaḥ snigdhamadhurāmlalavaṇamann-
amabhilaṣati | bhūyiṣṭhamityanena prāyikatvamasyā vy-
15 avasthāyā darśayati | tena doṣagativaicitryādanyathā+api
kvacidbhavati | yathā,-kasyacinnarasya vāto+api kṣīṇaḥ
snigdhamadhurādyannamabhilaṣati, pittamapi vṛddham-
amlalavaṇādyannamabhilaṣati, śleṣmā+api vṛddho madh-
urāmlādyannamabhilaṣatīti vyabhicārāt | ata evābudhāḥ-
20 apaṇḍitāḥ, na lakṣayanti-na vidanti, yathā-kimaya doṣaḥ
kṣīṇa uta vṛddha iti | § 2871

1.11.135 Āyurvedarasāyana

na ca yathārucyupacārasyānucitatvamāśaṅkanīyamityāha-
kurvate hīti | hi-yasmāt, vṛddhā doṣāḥ viparīte ruciṃ
kurvate, kṣīṇāḥ samāne | cakārāddṛddhā doṣāḥ sam-
āne dveṣaṃ kurvate, kṣīṇāstu viparīte, ityapi jñeyam |
5 ayamārthaḥ,-yadā vāyorvṛddhistadā tadviparītānāṃ sni-
gdhādiguṇānāṃ rucistatsamānānāṃ rūkṣādiguṇānāṃ dv-
eṣa utpadyate, ata iṣṭasevanāddviṣṭatyāgādvāyorvṛddhiṃ
jayet | yadā tu vāyoḥ kṣayastadā tatsamānānāṃ rūkṣādi-
guṇānāṃ rucistadviparītānāṃ snigdhādiguṇānāṃ dveṣa
10 utpadyate, ata iṣṭasevanāddviṣṭatyāgādvāyoḥ kṣayaṃ ja-
yet | evaṃ pittādiṣvapi | doṣaśabdo doṣadhātumalānām-
upalakṣaṇam | bhūyiṣṭhaṃ-prāyeṇa, kadācidanyathā+api
rucidveṣau bhavataḥ | yathā vakṣyati (hr̥. ni. a. 16/30)

sāme vāyau-"kaṭurūkṣābhilāṣeṇa tadvidhopaśayena ca |"
iti | evaṃ satyapyetādrśīm sthitimabudhā na lakṣaya-
nti | etena buddhimatā bhiṣajā parīkṣyāyamupacāraḥ kā-
ryaḥ | mandabuddhīnāṃ tu yathopadeśamityuktaṃ bhav- 5
ati | uktaṃ ca saṅgrāhe (sū. a. 15) -"yathoktanusaraṇameva
tu śreyo mandabuddheḥ |" iti | § 2872

1.11.136 Aṣṭāṅgahr̥dayasaṃhitā

na cānenaiva lakṣaṇena vṛddhāḥ kṣīṇāśca
lakṣaṇīyāḥ | | 44 | |
yathābalaṃ yathāsvaṃ ca doṣā vṛddhā
vitanvate | | 44 | |
rūpāṇi, jahati kṣīṇāḥ, samāḥ svam karma
kurvate | | 44 | | § 2875

1.11.137 Sarvāṅgasundarā

yathābalaṃ-balānatikrameṇa, yathāsvaṃ ca-yadyadātmīyaṃ
yathā, rūpāṇi-guṇakarmalakṣaṇāni, doṣā vṛddhā vitanvate-
vistārayanti | kṣīṇāśca balānatikrameṇa yathāsvaṃ rūpāṇi
jahati-tyajanti | yathā,-vāyurvṛddho raukṣyaśaityapāruṣy-
asraṃsavyāsādīni vistārayati | kṣīṇastu vāyuḥ pūrvoktāni 5
raukṣyādīni jahāti, ata eva na vyañjayati | atha samā doṣāḥ
kiṃ vidadhati ? ityāha-samā ityādi | yadā na vṛddhā na ca
kṣīṇāḥ-samā doṣāḥ,-svapramāṇasthāḥ, tadā svam karma-
utsāhocchvāsādikaṃ yathoktaṃ kurvate | tallakṣaṇatte la-
kṣaṇīyāḥ | tadevaṃ vṛddhakṣīṇasamā doṣā vedyāḥ | § 2876 10

1.11.138 Āyurvedarasāyana

uktayo rucidveṣayorupapattimāha-yathābalaṃ | vṛddhā
doṣā rūpāṇi-raukṣyādīni, vitanvate-viśeṣeṇa prakāṭaya-
nti | tānyeva kṣīṇā jahati-nyūnāni darśayantītyarthaḥ |
yathābalaṃ-vṛddhā adhikāni, vṛddhatarā adhikatarāni,
vṛddhatamā adhikatamānītyarthaḥ | evaṃ kṣīṇesvapi | 5
yathāsvaṃ-vāyū rākṣyādīni, pittamauṣṇyādīni, śleṣmā

snehādīnītyarthaḥ | etaduktaṃ bhavati,- śarīre yo yo
guṇo+adhiko bhavati tasya tasya dveṣa utpadyate, yo yo
hīnastasya tasya ruciḥ | vāyo vṛddhe rūkṣādayaḥ śarīre
adhikā bhavanti, tatasteṣāṃ dveṣa utpadyate, kṣīṇe+ata
5 eva hīnāḥ, atasteṣāṃ ruciḥ | evaṃ pittādiṣvapi | sam-
eṣu punardoṣeṣvapūrvau rucidveṣau notpadyete ityāha-
samāḥ svamiti | svaśabdena jātivayodeśakālānurūpaṃ śā-
rīraṃ karmocyate, na doṣakarma | tasya yathāsvamityane-
naiva labdhatvāt | tasmājjātyādivaśādyasya yathā rucidv-
10 eṣau tasya tathaivānuvartayanti samā doṣāḥ, nānyathā ku-
rvantītyarthaḥ | § 2877

1.11.139 Aṣṭāṅgahr̥dayasaṃhitā

kṣīṇā doṣāḥ kṣīṇatvādevākīñcitkaratvāt kadācitpīdāṃ
notpādayantyeva, iti vicintyālpamatayo
vaidyāḥ kṣīṇadoṣavardhanārthaṃ
kadācidanādaraṃ kuryurityāha - - - - ya eva
dehasya samā vivṛddhyai ta eva doṣā viṣamā
vadhāya | | 45 | |
yasmādataste hitacaryayaiva
kṣayādvivṛddheriva rakṣaṇīyāḥ | | 45 | |
iti śrīvaidyapatisiṃhaguptasunūśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ
sūtrasthāne doṣādivijñānīyo
nāmaikādaśo+adhyāyaḥ | | 11 | | § 2880

1.11.140 Sarvāṅgasundarā

ya eva doṣāḥ samāḥ santo dehasya vivṛddhyai-varadhanāya
bhavanti, ta eva doṣā viṣamāḥ-svapramāṇādadhikā hīnā
vā santo, vadhāya-dehavighātāya syuḥ | yasmādevaṃ tat-
aste doṣā hitacaryayaiva kṣayāt-hīnatvādrakṣaṇīyāḥ | kuta
5 iva ? vivṛddheriva | yathā vivṛddheḥ-viśeṣeṇa vardhanā-
tte rakṣyante, tathā kṣayādapi rakṣaṇīyā iti | upajātirvṛ-
ttam | iti śrīmr̥gāṅkadattaputraśrīmadaruṇadattaviracitā-
yāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarvāṅgasundarākhyāyāṃ sū-

trasthāne doṣādivijñānīyādhyāya ekādaśaḥ samāptaḥ | |
11 | | § 2881

1.11.141 Āyurvedarasāyana

doṣavaishamyānutpādane yatnaṃ vidhatte-ya eva dehasy-
eti | hitacaryayā-pathyābhyāmāhāravihārābhyām, carate-
rgatibhakṣaṇārthatvāt | evaśabdena hitacaryāyā ayogaḥ,
ahitacaryāyāścha yogo vyavacchidyate | iti hemādriṭikāy-
āmāyurvedarasāyane | doṣādīnāṃ prakaraṇaṃ sāmasty- 5
ena nirūpitam | | 11 | | § 2882

1.12 doṣabhedīyādhyāyaḥ : 12

1.12.1 Aṣṭāṅgahṛdayasaṃhitā

athāto doṣabhedīyādhyāyaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 2884

1.12.2 Sarvāṅgasundarā

doṣāṇāṃ bhedo-doṣabhedāḥ, sthānanāmavibhāgādibhiḥ |
tasmai hito doṣabhedīyaḥ | śeṣaṃ pūrvavat | § 2885

1.12.3 Āyurvedarasāyana

doṣabhedīyamadhyāyaṃ vyākhyātum pratijānīteatheti |
yataḥ pūrvādhyāye doṣavaishamyamuktam | tacca doṣa-
bhedādbahudhā bhidyate | doṣabhedajñānārthamayama-
dhyāyaḥ | ata evāyaṃ doṣabhedīyaḥ | tadbhedaśca sthā-
nakarmāvasthāhetvākṛtisādhanasamyogabhedadbhavati | 5
tatra sthānato yathā-pakvāśayastho+agaṃ vāyuḥ kaṭi-
stho+ayam | karmato yathā,-śvāsocchvā sapravatako+ayam
viṇmūtrapravartako+ayam | avasthāto yathā,-cito+ayam pr-
akupito+ayam | hetuto yathā,-mithyāyogaprakupito+ayam,
atiyogaprakupito+ayam | ākṛtito yathā,-stramsalakṣaṇo+ayam
vyāsalakṣaṇo+ayam | sādhanato yathā,-snigdho paśayo+ayam,uṣṇopaśay

saṃyogato yathā,-pittayukto+ayaṃ śleṣmayukto+ayamiti |
evaṃ pittādiṣvapi | § 2886

1.12.4 Aṣṭāṅgahr̥dayasaṃhitā

pakvāśayakāṭisakthiśrotrāsthisparsānendriyam | | 1 | |
sthānaṃ vātasya, tatrāpi pakvādhānaṃ
viśeṣataḥ | | 1 | | § 2888

1.12.5 Sarvāṅgasundarā

pakvāśayādi vātasya sthānam | tatrāpi ṣaḍvidhe sthāne
viśeṣeṇa pakvādhānaṃ syāt | annaṃ pakvamādhīyate-
sthāpyate+asminniti pakvādhānaṃ,-pakvāśayaḥ | ata eva
vāte bastirupakramaḥ pradhāna uktaḥ, mūlāpakarṣaṇāt |
5 sakalaśarīravayāpitve+apyeṣāmidam viśeṣeṇoktam | tathā
ca prāgadhyagīṣṭa (hr̥. sū. a. 1 | 7) - "te vyāpino+api hr̥nnā-
bhyoḥ" iti | vicitragatitvāccaiśam vakṣyamāṇaprāṇādibhe-
dena pṛthak sthānakarmanirdeśaḥ | § 2889

1.12.6 Āyurvedarasāyana

tatrādau sthānato bhedaḥ | sthānaṃ dvidhā,-sāmānyam
viśiṣṭam ca | tatrādau sāmānyam | tatra vāyoḥ sthānamāha-
pakvāśayeti | pakvāśayo-nābheradhaḥ pakvānnasthānam |
kāṭi-śroṇiḥ | sakthi-vaṅkṣaṇādyaṅguṣṭhāntam | śrotramk-
5 arṇaḥ | sparsānendriyaṃ-tvak | tatra-teṣu sthāneṣu ma-
dhye, pakvādhānaṃ-pakvāśayo, viśeṣataḥ sthānam | § 2890

1.12.7 Aṣṭāṅgahr̥dayasaṃhitā

nābhirāmāśayaḥ svedo lasīkā rudhiraṃ rasaḥ | | 2 | |
dr̥k sparsānaṃ ca pittasya, nābhiratra
viśeṣataḥ | | 2 | | § 2892

1.12.8 Āyurvedarasāyana

pittasyāha-nābhiriti | āmāśayo-nābherūrdhvpakvānnasthānam |
"lasīkā-syāgrasamalo jalaprāyastvagāśrayaḥ" | ddak-cakṣuḥ |
sparśanaṃ-tvak | atra-eṣu sthāneṣumadhye, nābhirviśeṣa-
taḥ sthānam | § 2893

1.12.9 Sarvāṅgasundarā

pittasya nābhyādīni sthānāni | lasīkā-jalasadṛśī | dṛk-cakṣuḥ |
sparśanaṃ-tvak | nanu, sparśanendriyaṃ vāyoḥ sthānam-
uddiṣṭam | tadeva kathaṃ pittasyāpi syāt | brūmaḥ | vāt-
asakhitvādagneḥ | vātasakho hyagniḥ, pittaṃ ca vahniriti
vacanāt | tasmādubhayorapyetadyuktaṃ sthānam | viśeṣ- 5
ata iti | atra-eṣu sthāneṣu madhye, pittasya viśeṣeṇa nābhiḥ
sthānam | § 2894

1.12.10 Aṣṭāṅgahrdayasaṃhitā

uraḥkaṇṭhaśiraḥklomaparvāṅyāmāśayo rasaḥ | | 3 | |
medo ghrāṇaṃ ca jihvā ca kaphasya,
sutrāmuraḥ | | 3 | | § 2896

1.12.11 Āyurvedarasāyana

kaphasyāha-ura iti | uro-vakṣaḥ | klomodakavāhistrotom-
ūla, hrddakṣiṇato māṃsagranthiḥ | parvāṅisandhayaḥ |
ghrāṇaṃ-nāsā | eṣu madhye uro viśeṣataḥ sthānam | § 2897

1.12.12 Sarvāṅgasundarā

kaphasyoraḥ prabhṛtīni jihvāntāni sthānāni | sutarāṃ-
suṣṭhu sthānamuro-vakṣaḥ | § 2898

1.12.13 Aṣṭāṅgahrdayasaṃhitā

prāṇādibhedātpañcātmā vāyuḥ----- | | 4 | | § 2899

1.12.14 Sarvāṅgasundarā

vāyureka eva calanasvabhāvaḥ san prāṇādibhiḥ-prāṇodānavyānasamānāpānaiḥ,
bhedāt-viśeṣāt, pañcātmā-pañcasvabhāvaḥ | yathaiko+api
devadatto yāṃ yāṃ kriyāṃ karoti tadanurūpāmeva sa-
m̐jñāṃ lāvakaṇṭhacakādikāṃ labhate, tadvadvātādayaḥ |

5

§ 2900

1.12.15 Āyurvedarasāyana

atha viśiṣṭasthānaṃ karma ca, sāmānyakarmanā utsāhā-
deḥ pūrvādhyāye nirdiṣṭatvāt | tatra vāyorviśeṣamāhaprā-
ṇādibhedāditi | prāṇādayaḥ-prāṇodānavyānasamānāpānāḥ |
pañcātmā-pañcaviśeṣaḥ | § 2901

1.12.16 Aṣṭāṅgahr̥dayasaṃhitā

-----prāṇo+atra mūrdhagaḥ | | 4 | |

uraḥkaṇṭhacaro

buddhihr̥dayendriyacittadhṛk | | 4 | |

ṣṭhīvanakṣavathūdgarāniḥśvāsānapraveśakṛt | | 5 | | § 2904

1.12.17 Sarvāṅgasundarā

atra-eṣu madhye, prāṇo vāyurmūrdhagaḥ-śirasi sthitaḥ,
uraḥ kaṇṭhaṃ ca carati | tathā, buddhyādīnāṃ dhāraḥ |
tathā, ṣṭhīvanādikriyaḥ | ṣṭhīvanam- mukhasrāvodgāraḥ |
ṣṭhīvanamiti "ṣṭhīverlyuṭi ṣṭhīvisivyordīrghaśca" iti pṛṣod-
arādipāṭhāddīrghaḥ | § 2905

5

1.12.18 Āyurvedarasāyana

prāṇasya sthānakarmāṇyāha-prāṇo+atreti | prāṇasyam-
ūrdhā+avasthitisthānam | uraḥ kaṇṭhaśca vicaraṇasthā-
nam | buddhayādīdhāraṇam ṣṭhīvanādikaraṇam ca ka-
rma | hr̥dayam-mano+adhiṣṭhānam | cittaṃ-manaḥ | indriyāṇi-
cakṣurādīni | § 2906

5

1.12.19 Aṣṭāṅgahr̥dayasaṃhitā

uraḥ sthānamudānasya nāsānābhigalāṃścaret | | 5 | |
vākpravṛttiprayatnorjābalavarṇasmṛtikriyaḥ | | 6 | | § 2908

1.12.20 Sarvāṅgasundarā

udānasya pradhānamuraḥ sthānam, nāsādīṃśca carati |
vākpravṛttyādikriyaḥ | prayatnaḥ-kāryeṣu padārthagrah-
aṅādiṣūdyamaḥ | § 2909

1.12.21 Āyurvedarasāyana

udānasya sthānakarmāṅyāha-uraḥ sthānamiti | udānasy-
oro+avasthitisthānam | nāsādi vicaraṇasthānam | vākpra-
vṛttyādikaṃ karma | prayatnaḥ-utsāhaḥ | ūrjā-prāṇanam |
§ 2910

1.12.22 Sarvāṅgasundarā

vyāno hr̥daye sthitaḥ prādhānyena kṛtsne-sarvasmin, śa-
rīre carati | tathā, mahājavaḥ-śīghragatiḥ, prāṇādyape-
kṣayā | tathā, gatyādikāḥ kriyāḥ prāyaḥ sarvadehināṃ
tasmin-vyāne, pratibaddhāḥ-tadāyattāḥ | gatiḥ-caṅkramaṇam |
apakṣeṇaṃ-aṅgasyādhoanayanam | utkṣeṇaḥ- aṅgasy- 5
ordhvanayanam | nimeṣaḥ-akṣṇornimīlanam | unmeṣaḥ-
tayorvikāsaḥ | ādigrahaṇena jṛmbhaṇānnāsāvādanaviśo-
dhanādiparigrahaḥ | § 2911

1.12.23 Aṣṭāṅgahr̥dayasaṃhitā

vyāno hr̥di sthitaḥ kṛtsnadehacārī mahājavaḥ | | 6 | |
gatyapakṣeṇaṃotkṣeṇanimeṣonmeṣaṅādikāḥ | | 7 | |
prāyaḥ sarvāḥ kriyāstasmin pratibaddhāḥ
śarīriṇām | | 7 | | § 2914

1.12.24 Āyurvedarasāyana

vyānasyāha-vyāna iti | vyānasya hr̥dayamavasthitisthā-
nam | sarvaśarīraṃ vicaraṇasthānam | gayādayaḥ saka-
lāḥ kriyāḥ karma | apakṣepaṇaṃ-aṅgasyādhonayanam |
5 utkṣepaṇaṃ-ūrdhvanayanam | tasminpratibaddhāḥ-tadekaniṣpādyāḥ |
mahājavaḥ-prāṇādibhyo vegavān | § 2915

1.12.25 Aṣṭāṅgahr̥dayasaṃhitā

samāno+agnisamīpasthaḥ koṣṭho carati sarvataḥ | | 8 | |
annaṃ gr̥hṇāti pacati vivecayati
muñcati | | 8 | | § 2917

1.12.26 Sarvāṅgasundarā

samāno vāyuragnisamīpasthaḥ | sāmānyoktāvapi prādh-
ānyātpācako+agnirgr̥hyate | ata evāha-koṣṭhe carati sarv-
ata ityādi | sarvasmin koṣṭhe carati | sa cānnaṃ gr̥hṇāti-
apakvamāmāśaye dhārayatītyarthaḥ | pacati-agnisandhuḥṣaṇādbhaktakāra
5 iva | vivecayati-saṃhatamannaṃ pākāya vibhajate | muñcati-
śakṛnmūtrādirūpamadhaḥ | § 2918

1.12.27 Āyurvedarasāyana

samānasyāha-samāna iti | samānasyāgnisamīpamavasthi-
tisthānam | sarvakoṣṭho vicaraṇasthānam | annasya grah-
aṇaṃ, gr̥hītvā pācanaṃ, paktvā sārakiṭṭadivecanaṃ, vivi-
cya kiṭṭāvamocanaṃ ca karma | agnisamīpaṃ agnisthāna-
5 sya grahaṇyākhyasya agnyanavaruddho+avakāśaḥ | § 2919

1.12.28 Aṣṭāṅgahr̥dayasaṃhitā

apāno+apānagaḥ śronibastimedhrorugocaraḥ | | 9 | |
śukrārtavaśakṛnmūtragarbhaniṣkramaṇakriyāḥ | | 9 | | § 2921

1.12.29 Sarvāṅgasundarā

apāno vāyurapānaṃ prādhānyenāśritaḥ, śroṇyādicaraḥ,
śukrādiniṣkramaṇakriyaḥ | iti vātabhedāḥ pañca | § 2922

1.12.30 Sarvāṅgasundarā

apānasyāha-apāna iti | apānasyāpānaṃgudamavasthiti-
sthānam | śroṇyādi vicaraṇasthānam | śukrādiniṣkrama-
ṇaṃ karma | bastiḥ-mūtrāśayaḥ | meḍhram-mūtramārgaḥ |
gocarō-vicaraṇaviṣayaḥ | § 2923

1.12.31 Aṣṭāṅgahr̥dayasaṃhitā

pittaṃ pañcātmakam----- | | 10 | | § 2924

1.12.32 Sarvāṅgasundarā

pācakaraṅjakasādhakālocakabhr̥jakabhedāḥ pañca pitta-
sya | § 2925

1.12.33 Āyurvedarasāyana

pittāviśeṣānāha-pittamiti | pācakaraṅjakasādhakālocaka-
bhr̥jakabhedāt pañcadhā pittam | § 2926

1.12.34 Aṣṭāṅgahr̥dayasaṃhitā

-----tatra pakvāmāśayamadhyagam | | 10 | |
pañcabhūtātmakatve+api
yattaijasaguṇodayāt | | 10 | |
tyaktadravatvaṃ
pākādikarmaṇā+analaśabditam | | 11 | |
pacatyannaṃ vibhajate sārakiṭṭau pṛthak
tathā | | 11 | |
tatrasthameva pittānāṃ
śeṣānāmapyanugraham | | 12 | |

5

karoti baladānena pācakaṃ nāma
tatsmṛtam | | 12 | | § 2932

1.12.35 Sarvāṅgasundarā

tatra-teṣu pañcasu madhye, pakvāmāśayayormadhyasthaṃ
yatpittaṃ tathā pañcabhūtātmakatve+api sati yattaijasaguṇodayāt-
āgneyaguṇotkarṣāt, kṣapitasomagūṇatvena tyaktadravatvaṃ-
sañjātakāṭhinyam, tathā sahakārikāraṇaiḥ pācanakriyāṃ
5 prati savyāpārairvāyvādibhiranugrahādupakārāt yataḥ pākādāhādikriyayā+anal
agniśabdavācyam yatpittaṃ tatpācakamucyate | taccā-
nnaṃ pacati | sārakiṭṭau pṛthag vibhajate-vibhāgīkaroti |
kiṭṭaśabdasya lokāśrayatvālliṅgasyeti puṃstvam | tatrasthameva-
pakvāmāśayamadhyagameva, śeṣāṇām-rajakādīnām dh-
10 ātusthānām ca, anugrahaṃ-upakāraṃ karoti | baladānena-
sāmarthyādhānena, svasthānasthameva teṣūpakuruta ity-
arthaḥ | § 2933

1.12.36 Āyurvedarasāyana

pācakasya sthānakarmāṇyāha-tatreṭi | pācakasyapakvāmāśayamadhyam-
grahaṇyākhyam sthānam | annasya pacanaṃ, paktvā sāra-
kiṭṭavibhāgo, rajakādicatuṣṭayānugrahaśca karma | kīd-
dāśam tat ? yatpañcabhūtātmakatve satyāpi tejobhūtaguṇā-
5 dhikyātyaktadravatvam | tathā, pākādīnāmagnikāryāṇām
karaṇādanasamjñayoktam | etena pācakāpekṣayā agni-
ittayorabhedaḥ, rajakādyapekṣayā bheda iti matadvayaṃ
vyavasthāpitam | tatrasthaṃsvasthānastham | § 2934

1.12.37 Aṣṭāṅgahr̥dayasaṃhitā

āmāśayāśrayam pittaṃ rajakam rasarañjanāt | | 13 | | § 2935

1.12.38 Sarvāṅgasundarā

yattvāmāśayasthaṃ pittaṃ tadrāsākhyadhāto rajanātrāg-
aniṣpādanāt, rajakamucyate | § 2936

1.12.39 Āyurvedarasāyana

rañjakasyāha-āmāśayāśrayamiti | rañcakatyāmāśayaḥ sth-
ānam | rasarañjanam karma | § 2937

1.12.40 Aṣṭāṅgahr̥dayasamhitā

buddhimedhābhimānādyairabhipretārthasādhanāt | | 13 | |
sādhakam hr̥dgatam
pittam----- | | 14 | | § 2939

1.12.41 Sarvāṅgasundarā

yattu hr̥dgatam-hr̥dayastham pittaṃ tadbuddhyādibhiḥ
karaṅbhūtairabhipretasyārthasya bāhyagrahaṇasmaranā-
dirūpeṇa sādhanāt sādhakamucyate | vartamānakāle yā
manorthasamśayasya niścayam kartum tadarthādhyavas-
āyopārūdhā sā-buddhiḥ | buddhiviśeṣo-medhā | § 2940

5

1.12.42 Āyurvedarasāyana

sādhakasyāha-buddhīti | sādhakasya hr̥dayam sthānam |
buddhayādidvāreṇābhīṣṭārthasādhanam karma | abhimānaḥ-
ahaṅkāraḥ | § 2941

1.12.43 Aṣṭāṅgahr̥dayasamhitā

-----rūpālocanataḥ smṛtam | | 14 | |
dṛksthāmālocakam-----
| | 14 | | § 2943

1.12.44 Sarvāṅgasundarā

dṛṣṭistham pittaṃ rūpālocanāt (nataḥ)-antastāarakayoḥ sth-
itaṃ tadāyattarūpagrahaṇaśaktivāt, ālocakamucyate | § 2944

1.12.45 Sarvāṅgasundarā

ālocakāsyāha-rūpālocanata iti | ālocakasya ddak-ddaṣṭiḥ
sthānam | rūpālocanaṃ karma | § 2945

1.12.46 Aṣṭāṅgahr̥dayasaṃhitā

-----tvaksthaṃ bhrājakam
bhrājanāttvacaḥ | | 14 | | § 2946

1.12.47 Sarvāṅgasundarā

tvaco bhrājanāt-dīpanāt, bhrājakam nāma pittam | etacca
pittamabhyaṅgalepapaṛiṣekādīn pācayati | § 2947

1.12.48 Āyurvedarasāyana

bhrājakasyāha-tvaksthamiti | bhrājakasya tvaksthānam |
tvaco bhrājanaṃ-prakāśanaṃ, karma | saṅgrahe tu (sū. a.
20) - " tadabhyaṅgapaṛiṣekālepādīn pācayati " ityuktam |
§ 2948

1.12.49 Aṣṭāṅgahr̥dayasaṃhitā

śleṣmā tu pañcadhā----- | | 15 | | § 2949

1.12.50 Sarvāṅgasundarā

śleṣmā tu pañcadhā,-pañcaprakāraḥ | § 2950

1.12.51 Āyurvedarasāyana

śleṣmaviśeṣānāha-śleṣmeti | avalambakalke dakabodhak-
atarpakaśleṣakabhedāt pañcādhā śeṣmā | § 2951

1.12.52 Āyurvedarasāyana

avalambakasya sthānakarmāṅyāha-uraḥstha iti | avalambakasya uraḥ sthānam | trikādyavalambanam karma | trikasyaprṣṭhād dhārasya, svavīryataḥ-ātmaprabhāveṇa, avalambanam karoti | hṛdayasyānavīryāt, cakārāstsvavīryācca | hṛdayāvalambane+annavīryam sahakāri, "ātmavīryeṇa annarasasahitena" iti suśrutavacanāt (sū. a. 21/14) | tatstha eva śeṣāṅam-kaṅṭhādīnām, kaphadhāgnām-kaphasthānānām, ambukarmaṇā-jalavyāpāreṇa kledanatarpaṇapūraṇādīnā, avalambanam karoti | kecittu bāhugrīvāsthitrayasaṅghātam trikamāhuḥ | tadasat | trikaśabdasya prṣṭhavamśādharā eva rūḍhatvāt | rūḍhistuyogādvalīyasī | āsannatvam cāprayojakam, davīyasāmapi kaphād dhāgnāmavalambanokteḥ | § 2952

1.12.53 Aṣṭāṅgahṛdayasamhitā

uraḥsthaḥ sa trikasya svavīryataḥ | | 15 | |
hṛdayasyānavīryācca tatstha
evāmbukarmaṇā | | 15 | |
kaphadhāmnām ca śeṣāṅam
yatkarotyabalambanam | | 16 | |
ato+avalambakaḥ
śleṣmā----- | | 16 | | § 2956

1.12.54 Sarvāṅgasundarā

saḥ-śleṣmā, urasi tiṣṭhatītyuraḥsthaḥ, trikasya-prṣṭhād dhā(dha)rākhyasya, svavīryataḥ-svaprabhāvāt, yat-yasmāt, avalambanam karoti-svakarmaṇi tasya sāmartyamutpādayati | hṛdayasyānavīryāt-annavīryeṇābhyavahṛtādannādrasarūpatāpariṇatāt tadvīryeṇa-tadbaleṇāvalambanam karoti | caśabdāt svavīryeṇāpi hṛdayasyāvalambanam karoti | kintvannavīryādatisāyena yathā+avalambanam hṛdayasya karoti na tathā svavīryataḥ | yato+annarasaḥ pūrvam hṛdi sthitim kṛtvā tato vyānavīkṣiptaḥ sarvam śarīram yāti, tasmādviśeṣeṇa hṛdayasy-

ānavīryādavalambanaṃ yuktaṃ | āgamo+api-"hr̥dayaṃ
manasaḥ sthānamojasāścintitasya ca | māṃsapeśīcayo ra-
kṭapadmākāramadhomukhaṃ | | yogino yatra paśyanti
5 taḥ sa tatraivāvatiṣṭhate | | tato vyānena vikṣiptaḥ kṛ-
tsnaṃ dehaḥ prapadyate | " iti | tathā, tatstha eva-uraḥstha
eva, eṣa śleṣmā śeṣāṇāṃ kaphasthānānāmambukarmaṇā-
kledasaṃśleṣādilakṣaṇena jalavyāpāreṇa, avalambanaṃ
karoti | ataḥ-asmādyathoktāddhetoḥ, avalambakaḥ śleṣm-
10 etyucyate | § 2957

1.12.55 Aṣṭāṅgahr̥dayasaṃhitā

-----yastvāmāśayasamsthitaḥ | | 16 | |
kledakaḥ so+annasaṅghātakledanāt-----
----- | | 17 | | § 2959

1.12.56 Sarvāṅgasundarā

yaḥ punaḥ śleṣmā āmāśaye sthitaḥ, sa kledaka ityucyate |
kutaḥ ? annasaṅghātakledanātkāraṇāt | § 2960

1.12.57 Āyurvedarasāyana

kledakasyāha-yastviti | kledakasyāmāśayaḥ sthānam | ann-
asaṅghātakledanaṃ karma | § 2961

1.12.58 Aṣṭāṅgahr̥dayasaṃhitā

-----rasabodhanāt | | 17 | |
bodhako
rasanāsthāyī----- | | 17 | | § 2963

1.12.59 Sarvāṅgasundarā

rasanāsthāyī-jihvāsthō, bodhaka ityucyate, rasabodhanāt
kāraṇāt | § 2964

1.12.60 Āyurvedarasāyana

bodhakasyāha-rasabodhanāditi | bodhakasya rasanā-jihṇendriyaṃ
sthānam | rasabodhanaṃ karma | § 2965

1.12.61 Aṣṭāṅgahr̥dayasamhitā

-----śiraḥsamsthō+akṣatarpaṇāt | | 17 | |
tarpakaḥ-----
| | 18 | | § 2967

1.12.62 Sarvāṅgasundarā

śiraḥsthastarpaka ityucyate, akṣatarpaṇādvetoḥ | § 2968

1.12.63 Āyurvedarasāyana

tarpakasyāha-śiraḥ samstha iti | tarpakasya śiraḥsthā-
nam | indriyatarpaṇaṃ karma | § 2969

1.12.64 Aṣṭāṅgahr̥dayasamhitā

-----sandhisamśleṣācchleṣakaḥ sandhiṣu
sthitaḥ | | 18 | | § 2970

1.12.65 Sarvāṅgasundarā

sandhiṣu sthitaḥ śleṣmā śleṣaka ityucyate, sandhisamśleṣāt
kāraṇāt | § 2971

1.12.66 Āyurvedarasāyana

śleṣakasyāha-sandhisamśleṣāditi | śleṣakasyasandhayaḥ sth-
ānam | sandhisamśleṣaṇaṃ karma | § 2972

1.12.67 Aṣṭāṅgahr̥dayasaṃhitā

iti prāyeṇa doṣāṅām sthānānyavikṛtātmanām | | 18 | |
vyāpināmapi jānīyātkarmāṇi ca
pṛthakpṛthak | | 19 | | § 2974

1.12.68 Sarvāṅgasundarā

prāyeṇa-bāhulyena, doṣāṅāmavikṛtātmanām-apracyutasvabhāvānām,
iti-uktaparakārāṇi, sthānāni vyāpināmapi-sakalaśarīracarāṅāmapi,
jānīyāt | vaidya iti śeṣaḥ | tathā, karmāṇi pṛthakpṛthak-
pratyekaṃ kṛtvā, jānīyāt | § 2975

1.12.69 Āyurvedarasāyana

prakaraṇārthamupasamharati-iti prāyeṇeti | prāyeṇa-bāhulyena,
yadyapi sarvaśarīravvyāpinastathā+apyeṣu sthāneṣvatiśay-
ena tiṣṭhantītyarthaḥ | avikṛtāmanām-apracyutasvabhāvānām,
vikṛtātmanām tu na sthānaniyamaḥ | iti sthānakarmapra-
5 karaṇam | § 2976

1.12.70 Aṣṭāṅgahr̥dayasaṃhitā

uṣṇena yuktā rūkṣādyā vāyoḥ kurvanti sañcayam | | 19 | |
śītena kopamuṣṇena śamaṃ snigdhādayo
guṇāḥ | | 20 | | § 2978

1.12.71 Sarvāṅgasundarā

uṣṇena guṇena viruddhenopahitā rūkṣādayaḥ-prathamādhyāyoktāḥ
(ślo. 11) ṣaḍvātaguṇāḥ, vāyoścayam kurvanti, na kopamu-
ṣṇasya viruddhatvāt | ta eva ca rūkṣādayaḥ śītaguṇopahit-
āstatsadr̥śatvādvāyoḥ kopam kurvanti | uṣṇena yuktāḥ sn-
5 igdhādayo guṇā vāyoḥ śamaṃ kurvanti, viparītatvāt | § 2979

1.12.72 Āyurvedarasāyana

athāvasthā | sā ca dvedhā,-sāmyaṃ vaiṣamyāṃ ca | vaiṣamyāṃ dvedhā,kṣayo vṛddhiśca | vṛddhirdvedhā cayaprakopabhedena | kṣayovṛddhirdvedhā,- cayaprakopabhedena | cayaprakopakṣayasāmyabhedāccatastro+avasthāḥ | tatra kṣayasāmyepraśamaśbdenotpātte niṣpādyamānasya 5
praśamasya kṣayarūpatvāt niṣpannasya sāmyarūpatvāt praśamahetūnāṃ pramādātiyoge punaḥ kṣayarūpatvāt , kṣayahetūnāmapi praśamahetūnāṃ pramādātiyoge punaḥ kṣayarūpatvāt, kṣayahetūnāmapi praśamaśbdatvācca | tatra cayādinidānam | tatra vāyorāha- uṣṇeneti | uṣṇena 10
guṇena yuktā rukśādayo vāyo sañcayāṃ kurvanti, ta eva śītena yuktāḥ kopam | uṣṇena yuktāḥ snigdhaḥ śamaṃ kurvate | § 2980

1.12.73 Aṣṭāṅgahr̥dayasaṃhitā

śītena yuktāstīkṣṇādyāścayāṃ pittasya kurvate | | 20 | |
uṣṇena kopam, mandādyāḥ śamaṃ
śītopasaṃhitāḥ | | 21 | | § 2982

1.12.74 Sarvāṅgasundarā

evaṃ pittasya śītena guṇena yuktāstīkṣṇādayo guṇāścayāṃ kurvanti | ta eva tīkṣṇādayo guṇā uṣṇena sahitāḥ kopam kurvanti | mandādayo guṇāḥ śītaguṇayuktāḥ śamaṃ kurvanti, viparītatvāt | § 2983

1.12.75 Sarvāṅgasundarā

pittasyāha-śīteneti guṇena yuktāstīkṣṇādyāḥ pittasya cayāṃ kurvate, ta eva uṣṇena yuktāḥ kopam | śītena yuktāḥ mandādyāḥ śamaṃ kurvate | § 2984

1.12.76 Aṣṭāṅgahr̥dayasaṃhitā

śītena yuktāḥ snigdhdādyāḥ kurvate
śleṣmaṇaścayam | | 21 | |
uṣṇena kopam, tenaiva guṇā rūkṣādayaḥ
śamam | | 22 | | § 2986

1.12.77 Sarvāṅgasundarā

śītaguṇopahitāḥ snigdhdādayaḥ kaphasya cayam kurvate |
uṣṇena yuktāsta eva snigdhdādayaḥ kaphasya kopam ku-
rvate | tenaiva-uṣṇena, yuktā rūkṣādayaḥ kaphasya ca śa-
mam kurvanti | kaphasya hi śītaguṇena sadṛśenāpi sni-
5 gdhādiguṇayuktena styānatvāccayaḥ syāt | viparītenoṣṇ-
ena vilayanāt kopam | sa evoṣṇo yadā rūkṣādiyukto bhav-
ati tadā viparītatvāt śamo bhavati | § 2987

1.12.78 Āyurvedarasāyana

kaphasyāha-śīteneti | śītenayuktāḥ snigdhdādyāḥ kaphasya
cayam kurvate, ta evoṣṇena yuktāḥ kopam | tena-uṣṇena
sahitā rūkṣādayo guṇāḥ śamam kurvate | § 2988

1.12.79 Aṣṭāṅgahr̥dayasaṃhitā

cayo vṛddhiḥ svadhāmnyeva pradveṣo
vṛddhihetuṣu | | 22 | |
viparītaguṇecchā
ca----- | | 23 | | § 2990

1.12.80 Sarvāṅgasundarā

svadhāmnīye sthāne doṣasya yā vṛddhiḥ sa caya ucyate |
citasya doṣasya liṅgamāha-pradveṣa ityādi | yadā hi vāt-
āścito bhavati tadā rūkṣādiṣu tadguṇasāmānyeṣu pradv-
eṣaḥ syāt | tadviparītaguṇeṣu snigdhdādiṣvabhilāṣaḥ syāt |
5 evam kaphapittayościtayorvyākhyeyam | nanu, "pradveṣo
vṛddhihetuṣu" ityekameva lakṣaṇam doṣacayasattānumā-
pakam kartum nyāyyam | yadi vā "viparītaguṇecchā ca"

ityetat | kiṃ dvayorūpādānena ? atrocyate | kadācidac-
 ito+api doṣo vātākhyah svapramāṇasthaḥ kṣiṇo vā yasya
 sa vātavrddhihetūn rūkṣādīna dveṣṭi, api tu tānicchati,
 sātmyavaśāt | yathā,-garbhiṇī strī dohadavaśāt | tadevaṃ
 vyabhicāradarśanāt | Pradoṣo vrddhihetuṣu" "viparītagu- 5
 ṇecchā ca" iti dvayamapi kartavyam | tena yadā tulyakā-
 laṃ puruṣasya vātasamānaguṇeṣu tadvrddhihetuṣu pra-
 dveṣo jāyate, vātaguṇapratipakṣeṣu tatksapaṇahetuṣu cā-
 bhilāṣah, tadā samyak niścīyate vātasyopacitiḥ, iti dvaya-
 mapyetaduktam | § 2991 10

1.12.81 Āyurvedarasāyana

atha cayādilakṣaṇam | tatra cayam lakṣayaticayo vrddh-
 iriti | doṣasya vrddhiḥ-cayah | sā ca prathamam svadhā-
 nnyeva bhavati | yāvānevāśayah sañcāravatā doṣeṇa vy-
 ātpstāvāneva niḥsañcāreṇa vyāpyate, sa ca saṃhatirūp- 5
 atvāt sañcayākhyah | yadā sarva evāśayo vyāpyate tadā
 vrddhihetuṣu-samānaguṇeṣu pradveṣa utpadyate, sa pr-
 akopaprārambharūpattvāt prakopākhyah | tataḥ parasyā-
 śayam utpāśayam praviśati tadā viparītaguṇecchā, cakā-
 rātsamānaguṇeṣu dveṣaśca | sa prasasarūpatvāt prasara-
 khyah | § 2992 10

1.12.82 Āyurvedarasāyana

kopam lakṣayati- kopastviti | unmārgagāmitā-svamārgādanyena
 māreṇa gamanam,-kopaḥ | tatra yadā prathamam sthān-
 inamabhibhūya anyasthānavyāptistadā sveṣam liṅgānām-
 raukṣyādīnām darśanam, sa samantādanyasthānāśraya- 5
 nāt sthānasamśrayākhyah | tato vikurvāṇo jvarādirūpeṇ-
 ābhivyajyate tadā asvāsthyam-prakṛtyanyathātvam, sa ro-
 garūpeṇābhivyaktatvāt vyaktyākhyah | tatastameva rog-
 amavasthāntarāṇyanubhavannanubandhāti tadā rogasa-
 mbhavaḥ | sambhavam-dīrghakālānuvartanamiti yāvat |
 so+avasthābhedarūpatvāt bhedākhyah | etāśca ṣaḍava- 10
 sthāḥ suśrutena spaṣṭamuktāḥ (sū. a. 21/36) - "sañc-
 ayam caprakopam caprasaram sthānasamśrayam | vya-

ktiṃ bhedaṃ ca yo veti doṣānāṃ sa bhavedbhiṣak | |"
tatprayojanaṃ ca " sañcaye+apahr̥tā doṣā labhante no-
ttarā gatīḥ | te tūttarāsu gatiṣu bhavanti balavattarāḥ |"
iti | praśamaṃ lakṣayati-svsthānasthasyeti | svsthāna-
5 sthatvaṃ samatvamavikṛtatvaṃ ceti militaṃ praśamalakṣ-
aṇam | rasavarṇasparśādyanyatvaṃ-vikāraḥ | § 2993

1.12.83 Aṣṭāṅgahr̥dayasaṃhitā

-----kopastūnmārgagāmitā | | 23 | |
liṅgānāṃ darśanaṃ sveṣāmasvāsthyam
rogasambhavaḥ | | 23 | |
svsthānasthasya samatā vikārāsambhavaḥ
śamaḥ | | 24 | | § 2996

1.12.84 Sarvāṅgasundarā

unmārgagāmitā-svsthānaṃ tyaktvā doṣasya yat puna-
rmārgāntaragamanam, sa kopa ityucyate | kopasya tu
liṅgamāha-liṅgānāṃ sveṣāṃ yathāyathaṃ darśanaṃ-udbhavaḥ |
vātādīnāṃ kupitānāṃ yāni liṅgāni doṣādivijñānīye+abhihitāni
5 vātavyādhinidāne ca vakṣyante, teṣāṃ lakṣaṇānāmupala-
bdhiḥ, [vaidyenātureṇa ca | yattat kopasya liṅgam | tathā,
asvāsthyam-utpitsurogecchayā sāmānyena dehamanobh-
ibhūtatvam | tathā, rogasya-jvarādeḥ, sambhavo-janma |
nanu, "liṅgānāṃ darśanaṃ sveṣāṃ" "asvāsthyam" "roga-
10 sambhavaḥ" iti kiṃ tritayamuddiṣṭam ? ekenaiva doṣako-
pāvagamādekamevopadeṣṭuṃ yuktam | naivam | vyabh-
icāradarśanāt | tathā hi vakṣyati pāṇḍurogacikitsite (ślo.
46)- "rūkṣaśītagurusvāduvyāyāmabalanigrahaiḥ | kapha-
sammūrccchito vāyuryadā pittaṃ bahiḥ kṣipet | |" ityāra-
15 bhya yāvat "pitte śākhāsamāśrite |" iti | tadevameṣaḥ kā-
malākhyo rogaḥ pittaliṅgadarśanādapi na pittasya kopa-
manupayāti | ata eva pittaprakopakaram bhṛśāmlatīkṣṇa-
kaṭukādi cikitsitamatra nirdiṣṭam | asvāsthyamityetadapi
na doṣakopasya niścitaṃ liṅgam | tathā hi-mānasenāpi
20 bhayaśokādīnā+asvāsthyam dṛśyate | tathā, āgantavo+api

rogā doṣakopamantareṇaivotpadyamānā dr̥śyante | ta-
smādrogasambhavādapi doṣakopo+ayamaniścitaḥ | tad-
evam lakṣaṇatritayenaivānena doṣakopo niścetum śaky-
ata iti tritayamapyetadvaktavyam | svasthānasthasyety-
ādi | svasthānam-yathoddiṣṭam pakvāśayādi | svasthānā- 5
vasthitasyaiva vātādidoṣasya yā samatā-svapramāṇatvam,
vikārasya-rogasya, asambhavaḥ-anutpattiḥ, sa śama ucy-
ate | § 2997

1.12.85 Aṣṭāṅgahr̥dayasamhitā

cayaprakopapraśamā vāyorgriṣmādiṣu triṣu | | 24 | |
varṣādiṣu tu pittasya, śleṣmaṇaḥ
śīśirādiṣu | | 25 | | § 2999

1.12.86 Sarvāṅgasundarā

vātasya griṣmādiṣu triṣu yathāsaṅkhyam cayaprakopapra-
śamā jāyante | griṣme vāyoścayaḥ, varṣāsu prakopaḥ,
śaradi praśama iti | evamagre+api yojyam | varṣādiṣvi-
tyādi | atrāpi triṣviti vartate | varṣāśaraddhemanteṣu tr-
iṣu pittasya cayaprakopapraśamā bhavanti | tathā, śīśirād- 5
iṣu triṣu-śīśiravasantagrīṣmeṣu, śleṣmaṇaścayaprakopapra-
śamā bhavanti | § 3000

1.12.87 Āyurvedarasāyana

cayādīnām kālamāha-cayaprakopapraśamā iti | vāyorgri-
ṣme cayāḥ, varṣāsu prakopaḥ, śaradi praśamaḥ | pittasya
tu varṣāsu cayāḥ, śaradi praśamaḥ | pittasya tu varṣāsu ca-
yāḥ, śaradi prakopaḥ hemante praśamaḥ | śleṣmaṇaḥ śīś-
ire cayāḥ, vasante prakopaḥ, griṣme praśamaḥ | § 3001 5

1.12.88 Aṣṭāṅgahr̥dayasamhitā

cīyate laghurūkṣābhiroṣadhībhiḥ samīraṇaḥ | | 25 | |

tadvidhastadvidhe dehe kālasyauṣṇyāna
kupyati | | 26 | |
adbhiramlavipākābhiroṣadhībhiṣca
tādṛśam | | 26 | |
pittaṃ yāti cayam kopam na tu kālasya
śaityataḥ | | 27 | |
cīyate snigdhaśītābhirudakauṣadhibhiḥ
kaphaḥ | | 27 | |
5 tulye+api kāle dehe ca skannatvāna
prakupyati | | 28 | | § 3007

1.12.89 Sarvāṅgasundarā

grīṣmakāle vāto laghurūkṣābhiroṣadhībhirdehe cādānakālasvābhāvyāttadvidhe-
laghurūkṣe, tadvidho-laghurūkṣaḥ, samīraṇa iti samānag-
uṇatvāt pavanasya kopam prāptaḥ, sa niṣidhyate "kālasya-
uṣṇyāt" ityanena evam pittasya varṣāsu kopam, "na tu kāl-
5 asya śaityaḥ" ityanena niṣidhyate | § 3008

1.12.90 Āyurvedarasāyana

kālaniyame yuktimāha-cīyata iti | grīṣma āhārasya deha-
sya ca laghurūkṣatve karoti | tābhyāṃmlaghurūkṣo vāyu-
ścīyate, na tu kupyāti, uṣṇena pratibaddhatvāt | varṣākāla
āhārasyāmlavipākatvaṃ karoti | tenāmlavipākaṃ pittaṃ
5 cīyate, na tu kupyāti, śītena pratibaddhatvāt | śīsira āhā-
rasya dehasya ca snigdhaśītātve karoti | tābhyāṃ snigdha-
śītaḥ kaphaścīyate, na tu kupyati, śītena ghṛtavaddhanī-
bhūtāt | § 3009

1.12.91 Aṣṭāṅgahr̥dayasaṃhitā

iti kālasvabhāvo+ayamāhārādivaśātpunaḥ | | 28 | |
cayādīn yānti sadyo+api doṣāḥ kāle+api vā na
tu | | 29 | | § 3011

1.12.92 Sarvāṅgasundarā

iti-pūrvoktaḥ, ayaṃ-vāyvādicayādiḥ, kālasya svabhāvaḥ |
āhārādivaśāt-annapānasāmarthyāt, punardoṣāḥ sadyo+api-
tatkṣaṇādeva kālamanapekṣyaiva, cayādīn-cayapraprapraśamān
yānti | tasmādeva cāhārādivaśāt yathāsvaṃ cayādikāle+api
vā doṣā na tu cayādīn yānti | tasmāt kālādāhārādīnām pr- 5
ādhānyamityarthaḥ | āhārādīyatṛādīśabdena rasāyanavāj-
īkaraṇavamanavirecanādayo gṛhyante | § 3012

1.12.93 Āyurvedarasāyana

kālādāhārādīnām balavatvamāha-itīti | ādiśabdena vih-
āro deśaśca | sadyo+api-svakālam vinā+api,yānti | svak-
āle+api na yānti | § 3013

1.12.94 Aṣṭāṅgahr̥dayasamhitā

vyāpnoti sahasā dehamāpādatalamastakam | | 29 | |
nivartate tu kupito malo+alpālpaṃ
jalaughavat | | 30 | | § 3015

1.12.95 Sarvāṅgasundarā

malaḥ kupitaḥ sahasā-śīghhrameva, āpādatalamastakam
vyāpnoti,-pādatalādārābhya yāvanmastakamityarthaḥ | āṅm-
aryādābhividhyorbibhaktyarthe+avyayībhāvaḥ | nivartate
punaralpālpaṃ-stokaṃ stokamiti | jalaughavat-yathā giri-
nadyādīnām jalapūraḥ samaviṣamaṃ sahasaiva vyāpnoti, 5
nivartate tu stokaṃ stokamiti | § 3016

1.12.96 Āyurvedarasāyana

praprapraśamayoh kṣipraciraniṣpādyatvāmāhavyānpot-
īti | sahasā-vegena | malo-doṣāḥ | alpālpaṃ cireṇa | jalaughavat-
nadīpūravat | sa hi vegena vardhate cireṇa hasate | § 3017

1.12.97 Aṣṭāṅgahr̥dayasaṃhitā

nānārūpairasaṅkhyeyairvikāraiḥ kupitā malāḥ | | 30 | |
tāpayanti tanuṃ
tasmāttaddhetvākṛtisādhanam | | 31 | |
śakyaṃ naikaikaśo vaktumataḥ
sāmānyamucyate | | 31 | | § 3020

1.12.98 Sarvāṅgasundarā

yattadornityasambandhāt yasmāditi labhyate | yasmānnānārūpaiḥ-
anekaprakāraiḥ, asaṅkhyeyaiḥ-gaṇanāṃ samatītaiḥ, vikāraiḥ-
jvarādibhiḥ, malā-vātapittaśleṣmāṇaḥ, kupitāstanuṃ-dehaṃ,
tāpayanti-duḥkhayanti | tasmāttaddhetvākṛtisādhanam śa-
5 kyaṃ naikaikaśo vaktuṃ-ayamasya vikārasya heturiya-
mākṛtiridaṃ lakṣaṇamidamasya sādhanam-cikitsitamiti |
ataḥ sāmānyamucyate | § 3021

1.12.99 Āyurvedarasāyana

atha hetuḥ | tadviśeṣānāṃ niḥśeṣaṃ nirūpathitumaśaky-
atvātsāmānyaṃ vācyam | tadevāha-nānārūpairiti | vikārā-
ṇāmasaṅkhyatvaṃ prativikāraṃ ca rūpāṇāṃ | atastadh-
etvādi prakṛtīvikāraṃ vaktumaśakyam, sādharmaṇaṃ tūcy-
5 ate | § 3022

1.12.100 Aṣṭāṅgahr̥dayasaṃhitā

doṣā eva hi sarveṣāṃ rogāṇāmekakāraṇam | | 32 | |
yathā pakṣī paripatan sarvataḥ
sarvamapyahaḥ | | 32 | |
chāyāmatyeti nātmīyāṃ yathā vā
kṛtsnamapyadaḥ | | 33 | |
vikārajātaṃ vividhaṃ trīn
guṇānnātivartate | | 33 | |
5 tathā svadhātuvaiṣamyanimittamapi
sarvadā | | 34 | |

vikārajātaṃ

trīdoṣāṅ----- | | 34 | | § 3028

1.12.101 Sarvāṅgasundarā

sarveṣāṃ rogāṅāṃ yasmāddoṣā evaikakāraṇam | ekaṃ-
 pradhānaṃ ca tatkāraṇam-nimittamekakāraṇam | yadi vā
 sarveṣāṃ rogāṅāṃ doṣā ekaṃ-tulyaṃ kāraṇam, samānaṃ
 kāraṇamityarthaḥ | evaśabdo+avadhāraṇārthaḥ | doṣā eva
 kāraṇam, nāparaṃ kiñcidvastujātaṃ | atra dṛṣṭāntamāha- 5
 yathetyādi | pakṣī-prācīkādiḥ, yathā sarvataḥ-samantāt,
 paripatan-bhraman, sarvamapyahaḥ-sakalamapi divasam,
 ātmīyāṃ chāyāṃ nātyeti-nātikrāmati, tayā vinā kṣa-
 ṇamapyasau nopalabhyata ityarthaḥ | tathā anyadapi
 nidarśanamāha-yathā vetyādi | yathā vā kṛtsnaṃ-niravaśeṣaṃ,
 etadvikārajātaṃ-sthāvarajaṅgamādibhedabhinnam jarāy-
 ujaṅḍajādibhedabhinnam vā, vividhaṃ-nānāprakāraṃ, trīn
 guṇān-sattvarajastamaḥsaṃjñān, nātivartate-nātyeti, tri-
 bhiretairvirahitaṃ na jātucidbhavatītyarthaḥ | tathā sv-
 adhātivyādi | dhātavo-doṣadhātumalāḥ śārīradhāraṇasā- 15
 mānyāt, teṣāṃ vaiśamyam-svalakṣaṇato+anyathātvam, sv-
 adhātuvaiśamyam nimittaṃ yasya tadvikārajātaṃ trīn
 doṣānātikrāmati, tridoṣarahitaṃ na sambhavatītyarthaḥ |
 dhātuvaiśamyam ca pratirogamanyādrṣatvānnānāvidham |
 yattu yena dhātuvaiśamyena janyate, tattasya svam- 20
 svīyam bhavati | yeṣāṃ tu rogāṅāṃ devagrahādi nimittaṃ
 na teṣu tathā doṣānubandhaḥ, āgantukatvāt | āgantukan-
 ijayorhyayameva bhedaḥ,-yadāgantukeṣu prathamam ro-
 godbhūtiḥ paścāddoṣānubandhaḥ, nijeṣu prāgdōṣānuba-
 ndha iti | ye tu vyācakṣate,-sve ca te dhātavaśca teṣāṃ vai- 25
 śamyamiti | teṣāṃ nāyamārthaḥ pratipāditaḥ syāt | svagr-
 ahaṇam cātiricyate | yataḥ śārīrāntarāvasthāyino doṣā vā-
 tādayaḥ śārīrāntare rogam janayituṃ nālam | tasmātpūrv-
 ameva vyākhyānaṃ śreyaḥ | § 3029

1.12.102 Āyurvedarasāyana

tatra doṣahetureva sādharmaṇo rogahetuḥ | tatra yuktimāha-
 doṣā eveti | doṣā eva kāraṇam, doṣāḥ kāraṇamevetyevaik-

aśabdābhyāmucyate | atrārthe dṛṣṭānradvayam, yathā pakṣī deśabhede+api chāyāsambandham na tyajati, tathā vikāro doṣasambandham | yathā ca mahadādipṛthivyantaṃ kāryaṃ guṇasambandham na tyajati | kiṃ doṣajameva doṣasambandham na tyajati ? netyāha-tatheti | svadhāturva-
5 iṣamyanimittamiti yo dhāturyasya rogasyādhiṣṭhānasven-
oktaḥ sa tasya svadhātuḥ tasya vaiṣamyam-kṣayo vṛddhi-
rvikṛtatvamunmārgatvam vā tannimittaṃ yasya tattathā |
rasajādīnāmapi doṣairvinā notpatiḥ | § 3030

1.12.103 Aṣṭāṅgahr̥dayasaṃhitā

-----teṣāṃ kope tu kāraṇam | | 34 | |
arthairasātmyaiḥ saṃyogaḥ kālaḥ karma ca
duṣkṛtam | | 35 | |
hīnātimithyāyogena bhidyate
tatpunastridhā | | 35 | | § 3033

1.12.104 Sarvāṅgasundarā

teṣāṃ-vātādīnām, kope kāraṇam,-asātmyaiḥ-anucitaiḥ, arthaiḥ-
śabdaspārśarūparasagandhākhyaiḥ, śrotratvakcakṣūrasa-
naghhrāṇākhyānāmindriyāṇām yaḥ saṃyogaḥ, tathā kālaḥ-
śītoṣṇavarśalakṣaṇo duṣṭaḥ, tathā karma-caihikamanyajanmajam
5 ca, yad duṣkṛtaṃ-aśubham, etattrayaṃ teṣāṃ doṣāṇām
kope hetuḥ | tuśabdaḥ samuccaye | na kevalaṃ rūkṣād-
ayo vātādīnām kope kāraṇam, yāvadasātmyendriyārthas-
aṃyogādirapi | etacca (tat)- pūrvoktaṃ doṣakopakāraṇa-
masātmyendriyārthasaṃyogādibhedena tridhā bhinnam-
10 api, punaḥ-bhūyaḥ, tridhā-triprakāraṃ, bhidyate | katham
? hīnātimithyāyogabhedena | § 3034

1.12.105 Āyurvedarasāyana

doṣakopahetumāha-teṣāmiti | sa ca trividhaḥ,-asātmyāviṣayasevā
duṣkālo duṣkarma ceti | so+api pratyekaṃ trividhaḥ,-
hīnayogo+atiyogo mithyāyogaśceti | § 3035

1.12.106 Aṣṭāṅgahṛdayasaṃhitā

hīno+arthenendriyasyālpāḥ saṃyogaḥ svena naiva
vā | | 36 | |
atiyogo+atisaṃsargaḥ,
sūkṣmabhāsurabhairavam | | 36 | |
atyāsannātidūrasthaṃ vipriyaṃ vikṛtādi
ca | | 37 | |
yadakṣṇā vīkṣyate rūpaṃ mithyāyogaḥ sa
dāruṇaḥ | | 37 | |
evamatyuccapūtyādīndriyārthān 5
yathāyatham | | 38 | |
vidyāt-----
| | 38 | | § 3041

1.12.107 Āyurvedarasāyana

tatrāsātmyaviṣayasevāyāstravidhyaṃ lakṣayatihīno+artheniti |
indriyasya-cakṣurādeḥ, svenārthena-rūpādinā, alpāḥ sa-
ṃyogo naiva vā yogo-hīnayogaḥ, viṣayotkaṅthāyā an-
ivṛttirhīnatvamityarthaḥ | utkaṅthānivṛttāvapi sevanaṃ-
atiyogaḥ | sūkṣmādirūpasevā, atyuccādiśabdasevā, pūty- 5
ādigandhasevā, atyāmlādirasasevā, atīśītādisparśasevā ca,
mithyāyogaḥ | bhāsuram-atidīptam | bhairavam-bhayaṅkaram |
vipriyaṃ-dviṣtam | § 3042

1.12.108 Sarvāṅgasundarā

arthena-śabdādinā, svenendriyasya-śrotrādeḥ, alpo yaḥ
saṃyogaḥ sa hīnaḥ-hīnayogaḥ | naiva veti | athavā sa-
rvasarvikayā tenārthena na saṃyogaḥ, so+api hīnay-
ogaḥ | tasyaivendriyasya svenārthena yo+atisaṃsargaḥ-
atisevālakṣaṇaḥ, sa tasya svenārthenātiyogaḥ | tathā, sū- 5
kṣmabhāsurabhairavamityādi yadakṣṇā vīkṣyate-nayanenālokyate,
sa tasya cakṣurindriyasya svenārthena mithyāyogaḥ |
evamanayā diśā sūkṣmabhāsurabhairavam, tathā atyā-
sannātidūrasthaṃ vipriyaṃ vikṛtādi ca yadakṣṇā rū-

paṃ vīkṣyate, sa dāruṇo mithyāyogaḥ, timirādihetutvāt |
 evaṃ-anayā cakṣuṣo rītyā, anyānapīndriyārthān yath-
 āsvamindriyāṇāmatyuccapūtyādīn mithyāyogarūpān vi-
 dyāt | yadā+atyuccaparuseṣṭavināśabhīṣanādyaṇiṣṭaḥ śa-
 5 bdaḥ śrotrendriyeṇa gr̥hyate, tadā śrotrendriyasya sven-
 ārthena śabdākhyena mithyāyogaḥ | yadā pūtiviṣṭhādy-
 aṇiṣṭo gandho ghrāṇendriyeṇa gr̥hyate, tadā ghrāṇendr-
 iyasya svenārthena gandhākhyena mithyāyogaḥ | yadā
 snānānulepanādīnām śītoṣṇādīnām ca spr̥śyānāmakram-
 10 asevanena sparśaḥ sparśanendriyeṇa gr̥hyate, tadā spa-
 rśanendriyasya svenārthena sparśākhyena mithyāyogaḥ |
 tathā, rasanendriyeṇa yo raso+aparipāṭyā yujyate, ta-
 thā+apathyadravyaniviṣṭo+api yo raso rasanendriyeṇa gr̥-
 hyate, sa tasya rasanendriyasya svena rasākhyenārthena
 15 mithyāyogaḥ | § 3043

1.12.109 Aṣṭāṅgahr̥dayasaṃhitā

kālastu śītoṣṇavarṣābhedaṭṭridhā mataḥ | | 38 | |
 sa hīno hīnaśītādiratiyogo+atilakṣaṇaḥ | | 39 | |
 mithyāyogastu nirdiṣṭo
 viparītasvalakṣaṇaḥ | | 39 | | § 3046

1.12.110 Sarvāṅgasundarā

kālaḥ punaḥ śītoṣṇavarṣābhedenā tridhā-triprakāro mato
 munīnām | tatra hemantaśīśiralakṣaṇaḥ-śītaḥ | uṣṇo-vasantagrīṣmalakṣaṇaḥ |
 prāvṛṭṣarallakṣaṇo-varṣākhyāḥ | sa ca kālo hīnaśītādirhi-
 nayogalakṣaṇaḥ | atiyogo+atimātrayogalakṣaṇaḥ | viparī-
 5 taṃ svaṃ-śītoṣṇavarṣākhyāṃ, lakṣaṇaṃ yasya kālasya, sa
 viparītasvalakṣaṇo mithyāyogaḥ | guṇaguṇinorabhedop-
 acārāt kāla evamucyate | tatra yathā,-hemante śītasyālpā-
 tvam hīno yogaḥ, tasminneva hemante+atiśaityamatiyogaḥ,
 tasminneva hemanta auṣṇyaṃ mithyāyogaḥ | upalakṣa-
 10 ṇaṃ cedam | evaṃ śaradvasantayorapi yanmandavarṣo-
 ṣṇatvaṃ svalakṣaṇaṃ tadyadā hīnataraṃ syāt, so+api hī-
 nayogaḥ | evamatiyogā (gamithyā) yogayorapi yojyam |
 § 3047

1.12.111 Āyurvedarasāyana

duṣkālasya traividhyaṃ lakṣyati-kālastu śītoṣṇavarṣābhe-
dāditi | śītoṣṇavarṣābhedāntrividhasya kālasya śītādīnāmalpatvaṃ-
hīnayogaḥ, ādhikyaṃ-atiyogaḥ, vaiparītyaṃmithyāyogaḥ |
§ 3048

1.12.112 Āyurvedarasāyana

duṣkarmaṇastraividhyaṃ lakṣyati-kāyavākacittabhedeneti |
kāyikavācīkamānasabhedāntrividhasya karmaṇaḥ pravṛ-
tteraḥpatvaṃ-hīnayogaḥ, ādhikyaṃ-atiyogaḥ, vegodīraṇ-
ādi rūpatvaṃ-mithyāyogaḥ | dharaṇaṃ-vegadhāraṇaṃ |
viṣamaīḥ-dusthitairāṅgaiḥ, kriyāḥ-ceṣṭāyā ārambhaḥ | sā- 5
mibhuktasya bhāṣaṇaṃarddhabhojane maunatyāgaḥ | prāṇātipātādi-
hiṃsādi,"hiṃsāsteyānyathākāmam" ityādinā dinacaryāyā-
muktam (ślo. 21) | iha-asminjanmani | amutra-prāgjanmani |
saṅgrāhe tu (sū. a. 22) - "ta ete+atiyogādayaḥ sāmāny-
ato+anupaśayalakṣaṇāḥ | sarvo vā prajñāparādha evāyaṃ 10
yadeṣāmakvivarjanam | atha karmakālāḥ punaḥ samya-
gyogenopaśayādbhūyiṣṭhaṃ svāsthyahetavaḥ | tatrāpi ra-
savarjyā viśayā yathāyathamindriyaṃ bādhan+anugṛhanti
ca | śeṣā rasakarmakālastusarvaṃ deham | api ca | sarva-
bhāvānāṃ bhāvābhāvau nāntareṇa yogātiyogādīn vyava- 15
syet | sarveṣāṃ punārvikārāṇāṃ nidānadoṣadūṣyaniviše-
ṣebhyo bhāvābhāvavišeṣā bhavanti | yadā hyete trayo nid-
ānādivišeṣā nānyonyamanubandhantīṣadvā+anudandhatyabalā
vā na tadā+abhinirvartante vā | viparyayeṇa viparītāḥ | ta-
tthā+anyaḥ pradhāna eva rogo+anyasya pradhānasya he- 20
turbhavati | yathā, jvaro raktapittasya, raktapittaṃ vā jv-
arasya, tau śvāsasya plīhā jaṭharasya, te śvayathoḥ, arś-
āṃsi gulmodaratīsāragrahaṇīnām pratiśyāyaḥ kāsajvara-
yoḥ, tau kṣayasya, kṣayaḥ śoṣasya | ekaścāpacāro nimitt-
amekasyavyādheḥ, bahūnāṃ ca tathā bahavaḥ | tadvade- 25
kaṃ liṅgam | evameva praśame+abhyupāyaḥ tathā sa evā-
nyasya prakope | tasmāttānavahitaḥ samyagāgamādibhiḥ
parīkṣeta | tatrāgamato rogamekaikamevaṃprakopaṇa-
mevayonimevamātmānamevamadhiṣṭhānamevaṃvedana-
mevaṃśabdarūpagandhasparśarasamevapūrvarūpameva- 30

mupadravamevaṃvr̥ddhisthānakṣayānvitamevamudakarme-
 vānāmānamnāmānam | tasmīnniyam̐ pratikāryasya pra-
 vr̥ttirathavā nivṛtṭiḥ pratyakṣatastvāturasya yathāsvami-
 ndriyairvaṇesaṃsthānapramāṇopacayacchāyāviṇmūtraccha-
 5 rditādikamantrakūjanamaṅgulphādisādisphaṭanaṃ dehe
 śakṛhṛaṇādīgandham̐ śītoṣṇastambhaspandana ślakṣṇa-
 khāsparśam̐ ca prakṛtitrikṛtiyuktam | āsyarasam̐ tu pra-
 śnena, tathā succhardadu cchardatvam̐ mṛdukrūrakoṣṭh-
 atām̐ svapnadarśanamabhiprāyam̐ janmāmayaḥpravr̥ttina-
 10 kṣatram̐ dviṣṭeṣṭasukhaduḥkhāni ca | tathā vayaḥ praty-
 akṣeṇa ca | anumānanastu yūkāpasarpaṇena śarīravaira-
 syam, makṣikopasarpaṇena mādḥuryam, tathā+agniṃ ja-
 raṇasaktyā, balaṃ vyāyāmasaktyā gūḍhaliṅgam̐ vyādhi-
 mupaśayānupaśayataḥ, doṣapramāṇamapacāraviśeṣeṇa,
 15 āyuṣaḥ kṣayam̐ riṣṭaiḥ, prakṛtisatvāsārasatmavalalānyuśīl-
 aneneti | bhavanti cātra | jñānabuddhi pradīpena yo nāviś-
 ati yogavit | āturyāntarātmānam̐ na sarogaṃścikitsati | |
 dvāvimau vyādhitau vyādhisvarūpasyā prakāśakau | ta-
 dyathaiko guruvyādhiḥ sattvadehabalāśrayāt | | laghu-
 20 vyādhivadābhāti laghuvyādhistvato+anyathā | bāhyāvaya
 va mātrena tayormuhyati bālīśaḥ | | tato+alpavīryam̐ vā
 viparītamato+athavā | pathyam̐ viparyaye yuñjan prāṇān
 muṣṇāti rogiṇām̐ | | jñānāṃśena na hi jñānam̐ kṛtsne jñeye
 pravartate | bubhusteta bhiṣak tasmāttatvam̐ tantrānuśīl-
 25 anāt | | abhiyuktastu satatam̐ sarvamālocya sarvathā | na
 jātu skhalati prājño viṣame apikriyāpathe | | āganturanveti
 nijam̐ vikāram̐ nijastayā+a+agantumatiḥpravr̥ddhaḥ | tatr-
 ānubandham̐ prakṛtim̐ ca samyak jñātvā tataḥ karma sam-
 ārabheta | | " iti | § 3049

1.12.113 Aṣṭāṅgahr̥dayasaṃhitā

kāyavākcittabhedena karmāpi vibhajettridhā | | 40 | |
 kāyādikarmaṇo hīnā
 pravṛttirhīnasaṃjñakaḥ | | 40 | |
 atiyogo+ativṛttistu,
 vegodīraṇadhāraṇam̐ | | 41 | |

viṣamāṅgakriyārambhapatānaskhalanādikam | | 41 | |
bhāṣaṇaṃ sāmibhuktasya rāgadveṣabhayādi
ca | | 42 | |
karma prāṇātipātādi daśadhā yacca
ninditam | | 42 | |
mithyāyogaḥ samasto+asāviha vā+amutra vā
kṛtam | | 43 | | § 3056

1.12.114 Sarvāṅgasundarā

yathā kālastridhā nirūpitaḥ, tathā karmāpi kāyavākcitta-
bhedena triprakāraṃ vibhajet | tatra kāyakarmaṇastathā
vākkarmaṇastathā cittakarmaṇo hīnā yā pravṛttiḥ sa hīna-
saṃjñako yogaḥ | atipravṛttistvatiyogaḥ | kāyādikarmaṇo
mithyāyogamadhikṛtyāha-vegodīraṇetyādi | "vegodīraṇa- 5
dhāraṇam" ityārabhya yāvat "patānaskhalanādikam" yad-
etat kāyikaṃ karma, tasya karmaṇa evaṃrūpasya yā pra-
vṛttiḥ sa kāyakarmaṇo mithyāyogaḥ | viṣamāṅgaiḥ kriyā-
karma, viṣama ārambhaḥ-ubhayalokaviruddhaḥ, tathā, vi-
ṣama-patānam, viṣama-skhalanam, ādiśabdena viṣamaga- 10
manādīnāṃ grahaṇam | sāmibhuktasya-ardhabhuktasya,
yadbhāṣaṇaṃ-jalpanam, evaṃrūpā yā pravṛttiḥ sa vākk-
armaṇo mithyāyogaḥ | rāgadveṣabhayādi yadetanmāna-
saṃ karma, tasya karmaṇa evaṃrūpā yā pravṛttiḥ sa citta-
karmaṇo mithyāyogaḥ | tathā, dinacaryādhyāyoktaṃ ya- 15
tprāṇātipātādi daśadhā-daśaparakāraṃ, karma ninditaṃ-
aśubhaṃ nirdiṣṭaṃ "himsāsteya" ityādinā granthena, tacca
yathāyathaṃ kāyavākcittānāṃ karmaṇāṃ mithyāyogaḥ |
samasto+asāviha vā+amutra vā kṛtaṃ-asmin loke kṛtama-
nyatra vā loke kṛtaṃ-ācaritaṃ sarvamevaṃ mithyāyogaḥ | 20
§ 3057

1.12.115 Aṣṭāṅgaḥṛdayasaṃhitā

nidānametaddoṣāṇāṃ, kupitāstena naikadhā | | 43 | |
kurvanti vividhān vyādhīn
śākhākoṣṭhāsthisaṃdhiṣu | | 44 | | § 3059

1.12.116 Sarvāṅgasundarā

nidānametaddoṣāṅgāṃ 'kope' iti vākyaśeṣaḥ | kupitāstena-
nidānena, naikadhā | kiṃ tarhi ? anekaprakāreṇa, vyādhīn
vividhān-nānāprakārān kurvanti | kupitā doṣā iti vacana
(vibhakti) vipariṇāmena sambandhaḥ | kva vyādhīn kurv-
5 anti ? ityāha-śākhetyādi | śākhāśca koṣṭhaścāsthīni ca sa-
ndhayaśca teṣu | § 3060

1.12.117 Āyurvedarasāyana

doṣahetumupasamharati-nidānametaditi | doṣaheto rogahetutvamāha-
kupitāsteneti | tena-nidānena | naikayā vividhāniti hetvā-
nantiyāt kopānantiyam | tasmādrogānantiyam | doṣā eva kāra-
ṇagityuktam | tannirvāhārthamāha-śākhākoṣṭhāsthīsandhiṣviti |
5 śākhādīnāmādhāratvam, na kāraṇatvam | § 3061

1.12.118 Aṣṭāṅgahr̥dayasaṃhitā

śākhā raktādayastvak ca bāhyarogāyanam hi tat | | 44 | |
tadāśrayā
maṣavyaṅgagaṇḍālajyarbudādayaḥ | | 45 | |
bahirbhāgāśca durnāmagulmaśophādayo
gadāḥ | | 45 | | § 3064

1.12.119 Sarvāṅgasundarā

śākhā raktādayaḥ ṣaḍdhātavastvak ca | tadbāhyarogāyanam,-
bāhyānām rogāṅmāyanam-sthānam | hiśabdo yasmāda-
rthe | yasmādbāhyānām rogāṅmāyanam, atastadāśrayā
maṣavyaṅgādayo rogā bahirbhāgā ucyate | ādiśabdena vi-
5 sarpavidradhyādīnām parigrahaḥ | durnāmetyādi | bahi-
rbhāgāścetyatra ca śabdo bhinnakramaḥ, śophādaya ity-
asmādanantaram draṣṭavyaḥ | durnāmagulmaśophādaya-
śca bahirbhāgā ityarthāḥ | § 3065

1.12.120 Āyurvedarasāyana

tatra śākhāṃ vyācaṣṭe-śākheti | raktādayodhātavastvak
ca-śākhā | sā ca bāhyarogāyanam,-bahirmārgo rogāṇām |
te ca rogā maṣādayaḥ | maṣavyaṅgau-kṣudrarogeṣu |
gaṇḍālajī-mukharogeṣu | bahirbhāgā iti durnāmādīnām
viśeṣaṇamantarbhāganivṛttyartham | § 3066

5

1.12.121 Aṣṭāṅgahṛdayasaṃhitā

antaḥkoṣṭho mahāsrota āmapakvāśayāśrayaḥ | | 46 | |
tasthānāḥ
cchardiyatisārakāśvāsodarajvarāḥ | | 46 | |
antarbhāgaṃ ca
śophārśogulmavīsarpavidradhi | | 47 | | § 3069

1.12.122 Sarvāṅgasundarā

koṣṭhaḥ kathyate antaḥ, tathā mahāsrotaḥ, tathā āmapakv-
āśayāśrayaḥ | tasthānāḥ-antarbhāgāśrayāḥ cchardiyādayo
rogāḥ | na kevalamete eva chardiyādayo+antarbhāgāśrayā
yāvachchophārśogulmavīsarpavidradhyādīnām antarbhā-
gatvaṃ ca | śophādīnām vidradhyantānām samāhāradva-
ndvanirdeśenaiva sambandhaḥ | § 3070

5

1.12.123 Āyurvedarasāyana

koṣṭham vyācaṣṭe-antaḥkoṣṭha iti | antaḥantarmārgo rogā-
ṇām | mahāstroto-mahāvivaram | amāśayo-yatrāmamannaṃ
tiṣṭhati | pakvāśayo-yatra pakvam | tasthānāḥ-koṣṭhāśritāḥ |
antarbhāgamiti śophādīnām viśeṣaṇam bahirbhāganivṛty-
artham | samāhāradvandvadekatvanapumṣakatve | § 3071

5

1.12.124 Āyurvedarasāyana

asthisandhīn vyācaṣṭe-śirohṛdayeti | marmāṇi marmanib-
addhāḥ śirādayaśca, asthisandhayaḥ | te ca madhyamoro-
gamārgaḥ | tadāśritā yakṣmādayaḥ | yakṣmā-rājayakṣmā |

pakṣavadhaḥ-ekāṅgarogaḥ | arditāḥ-ekāyāmaḥ, grahaḥ-
stabdhatvam, sandhyasthitrīkeṣveva | § 3072

1.12.125 Aṣṭāṅgahr̥dayasaṃhitā

śirohr̥dayabastyādīmarmāṅyasthnām ca
sandhayaḥ | | 47 | |
tannibaddhāḥ śīrāsṅyukaṅḍarādyāśca
madhyamaḥ | | 48 | |
rogamārgaḥ sthitāstatra
yakṣmapakṣavadhārditāḥ | | 48 | |
mūrdhādirogāḥ
sandhyasthitrīkaśūlagrahādayaḥ | | 49 | | § 3076

1.12.126 Sarvāṅgasundarā

śirohr̥dayādīni madhyamo rogamārgaḥ | asthnām ca sa-
ndhaya ityevaṃ nirdeśenedaṃ bodhayati,-nātra dvayaṃ
vivakṣitamasthīni ca sandhayaśceti, kiṃ tarhi ? asthnām
sambandhinaḥ sandhaya iti | sandhaya hyanye+api santi |
5 tathā ca vakṣyati (hr̥. śā. a. 4 | 38) - "māṃsāsthisnāyudh-
amanīśīrāsandhisamāgamaḥ |" iti | tannibaddhāḥ,-teṣu-
asthisandhiṣu, nibaddhāḥ, saṃlagnā ityarthāḥ | śīrāḥ sn-
āyavaḥ kaṅḍarāśca ādayo (ādyā) yeṣāṃ dhamaṅkūrcādī-
nām te | ca śabdāt pūrvoktāśca | tatra-madhyame rogam-
10 ārga, yakṣmādayo gadāstrikaśūlagrahādyantāḥ | mūrdh-
ādīyatrādiśabdena hr̥dayabastyādīparigrahaḥ | sandhya-
sthitrīke śūlāni, sandhyasthitrīke grahā iti yoḥyam | ād-
īśabdena pakṣagrahādayo vātavikārā gṛhyante | yakṣm-
aṅo+atra marmāsthisandhyadhiṣṭhānatvātpūrvam nirde-
15 śaḥ | vakṣyati hi (hr̥. ni. a. 5 | 5) - "tairudīrṇo+anilaḥ pittaṃ
kaphaṃ codīrya sarvataḥ | śārīrasandhīnāviśya tān śīrāśca
prapīḍayan | |" ityādi | § 3077

1.12.127 Aṣṭāṅgahr̥dayasaṃhitā

sraṃsavyāsavvyadhasvāpasādaruktodabhedanam | |49| |
 saṅgāṅgabhaṅgasāṅkocavartaharṣaṇatarṣaṇam | |50| |
 kampapāruṣyasauširyasoṣaspanandanaveṣṭanam | |50| |
 stambhaḥ kaṣāyarasatā varṇaḥ
 śyāvo+aruṇo+api vā | |51| |
 karmāṇi vāyoḥ----- 5
 | |51| | § 3082

1.12.128 Sarvāṅgasundarā

sraṃso-hanvādisandherbhraṃśaḥ | vyasanam-vyāso, vi-
 kṣepaṇamaṅgapatyaṅgāderyathā+a+akṣepakādiṣu | vyadhaḥ-
 tādanamiva mudgarādīnā | svāpaḥ-suptiḥ karmaṇyacait-
 anyam | sadanam-sādaḥ, aṅgānām kriyāsvasāmarthyam |
 ruk-satataṃ śūlam | todo-vicchinnam śūlam | bhedanam- 5
 bhedo, vidāraṇamivāṅgasya | saṅgo-mūtrapurīṣādeḥ svā-
 śayebhyo+aniḥsāro vāksaṅgādayaśca | aṅgānām-jaṅghoruprabhṛtīnām,
 bhaṅga iva bhaṅgaḥ-cūrṇanamiva,-aṅgabhaṅgaḥ | saṅkocanam-
 saṅkocaḥ, śīrādīnām | vartanam-vartaḥ, purīṣādīnām pi-
 ṇḍīkaraṇam | harṣaṇam-romṇāmūrdhvībhāvah | tarṣaṇam- 10
 tarṣaḥ, ṛṭṭ | kampaḥ-ativepanam | spandanam hi-kiñcicalanam |
 pāruṣyam-paruṣatvam | sauṣiryam-asthnām | soṣaḥ-soṣaṇam |
 veṣṭanam-grathanamivāṅgasya | stambho-bāhūrujaṅghādīnām
 saṅkuñcanādyabhāvah | kaṣāyarasatā-kaṣāyarasāsvādatvam |
 varṇaḥ śyāvo+aruṇo+api vā-śyāvāruṇau varṇāvityarthaḥ | 15
 etāni vāyoḥ karmāṇi | § 3083

1.12.129 Āyurvedarasāyana

athākṛtiḥ | tatra vātarogānām lakṣaṇamāhasraṃsavyā-
 seti | sraṃsaḥ-śaithilyam | vyāsaḥ-asāṅkocatvam | vya-
 dhaḥ sūcīviddhasyeva vyathā | svāpaḥ-sparśājñānam |
 sādaḥ-svakāryākṣamatvam | ruk-śūlam | todaḥ-totreṇeva
 vyathā | bhedanam-bhidyamānasyeva vyathā | saṅgaḥ- 5
 avarodhaḥ | aṅgaḥ-unmārgagamanam, aṅgergatyartha-
 tvāt | bhaṅgovakratā | saṅkocaḥ-aprasāryatvam | vartaḥ-
 piṇḍitatvam harṣaṇam-kaṅṭakitatvam | tarṣaṇam-pipāsā |
 kampaḥ-calanam | pāruṣyam-rūkṣaṇam | veṣṭanam-valanam |

stambhaḥ-niṣkriyatvam | aruṇaḥ-iṣadraktaḥ | sraṃsādīni
kupitavāyoh karmāṇi | § 3084

1.12.130 Aṣṭāṅgahr̥dayasaṃhitā

-----pittasya dāharāgoṣmapākitāḥ | | 51 | |
svedaḥ kledaḥ srutiḥ kothaḥ sadanaṃ
mūrcchanaṃ madaḥ | | 52 | |
kaṭukāmlau rasau varṇaḥ
pāṇḍurāruṇavarjitaḥ | | 52 | | § 3087

1.12.131 Sarvāṅgasundarā

dāhādīni pittasya karmāṇi | sarvāṅgīnastāpo-dāhaḥ | rāgo-
lauhityam | ūṣmā-auṣṇyam | pākitā-pākakarṭṭvam, ajīrṇ-
eṣu vraṇeṣvanne ca | svedanaṃ-svedaḥ | kledaḥ-śoṇitādivikāraḥ |
srutiḥ-srāvaḥ | kothaḥ-kledasyātiśayaḥ, avicchinnatvam |
5 sadanaṃ-sādaḥ | mūrcchanaṃ-bhramaḥ | mado-vakṣyamāṇo
rogaviśeṣaḥ | rasau-āsvādu, kaṭukāmlau | varṇaḥ pāṇḍurāruṇābhyāmanyah-
śuklalohitavarṇaniśedhena taccheṣanānāvārṇasambhavaḥ
sūcyate | § 3088

1.12.132 Āyurvedarasāyana

pittarogāṇāṃ lakṣaṇamāha-pittasyeti | dāhaḥ-santāpaḥ |
rāgo-rañjanam, varṇāntaropamardena svataṇāpādanam |
ūṣmā-uṣṇatvam | pākitā-pācaktvam svedodharmaḥ | gh-
armaḥ | kledo-malārdratvam | strutiḥ-srāva | sadanaṃ-
5 sādaḥ | mūrcchanaṃ-mohaḥ | kaṭukaḥ-tikto rasaḥ, "kaṣāyatiktamadhuraṃvātādi
mukhaṃ kramāt | " iti vacanāt | § 3089

1.12.133 Aṣṭāṅgahr̥dayasaṃhitā

śleṣmaṇaḥ snehakāṭhinyakaṇḍūśītatvagauravam | | 53 | |
bandhopalepastaimityaśophāpaktyatinidratāḥ | | 53 | |
varṇaḥ śveto rasau svādulavaṇau
cirakāritā | | 54 | | § 3092

1.12.134 Sarvāṅgasundarā

śleṣmārogāṇāṃ lakṣaṇamāha-śleṣmaṇa iti | snehaḥ-snigdhatvam |
bandhaḥ-saṃśleṣaḥ | upalepo-litptatvam | staimityaṃ-ālasyaṃ |
śophaḥ-śvayathuḥ | apaktiḥ-apākaḥ | cirakāritā-cireṇa ro-
gavṛddhiḥ | saṅgrahe tu (sū. a. 20) - "atha kupitā vātādayo
nānāvidhaurvikāraiḥ śarīramupatāpayanti | āviṣakṛtata- 5
māstu vāyoraśītirvikārāḥ, catvāriṃśat pittasya, viṃsatīḥ
śleṣmaṇaḥ | tatra vātavikārāḥ, tadyathā,-nakhabhedo | 1 |
vipādikā | 1 | pādaśūlam | 3 | pādabhraśaḥ | 4 | suptapād-
atā | 5 | vātakhudatā | 6 | gulphagrahaḥ | 7 | piṇḍikodve-
ṣṭanam | 8 | gṛdhrasī | 9 | jānubhedo | 10 | jānuviśleṣaḥ | 11 | 10
ūrusādaḥ | 12 | paṅgutvam | 14 | gudabhraṃśo | 15 | gu-
dārtiḥ | 16 | vṛṣaṇākṣepo | 17 | meḍhrastambho | 18 | va-
rṅkṣaṇānāhaḥ | 19 | śronibhedo | 20 | vidbhedaḥ | 21 | ud-
āvartaḥ | 22 | khañjatvam | 23 | kuñatvam | 24 | vāmana-
tvam | 25 | trikagrahaḥ | 26 | pṛṣṭhagrahaḥ | 27 | pārśvāv- 15
amardanam | 28 | udarāveṣṭo | 29 | hr̥nmoho | 30 | hr̥ddr-
avo | 31 | vakṣaudharṣo | 32 | vakṣauparodhaḥ | 33 | vakṣastodo | 34 |
bāhuśoṣo | 35 | grīvāstambho | 36 | manyāstambhaḥ | 37 | ka-
ṅṭhodbhvaṃśo | 38 | hanustambhaḥ | 39 | tālvoṣṭhabhedo | 40 |
dantabhedo | 41 | dantaharṣo | 42 | dantaśaithilyam | 43 | mū- 20
katvam | 44 | vākṣaṅgaḥ | 45 | pralāpaḥ | 46 | kaṣāyāsyatā | 47 |
mukhaśoṣo | 48 | rasājñatvam | 49 | ghhrāṇanāśaḥ | 50 | karṇaśūlam | 51 |
aśabdaśrutiḥ | 52 | uccaiḥśrutiḥ | 53 | bādhiryam | 54 | va-
rtmastambho | 55 | vartmasaṅkocaḥ | 56 | timiram | 57 | akṣ-
iśūlam | 58 | akṣivyudāso | 59 | bhrūvyudāsaḥ | 60 | śaṅkh- 25
abhedo | 61 | lalāṭabhedo | 62 | śīroruk | 63 | keśabhūmisphuṭanam | 64 |
arditam | 65 | ekāṅgarogaḥ | 66 | sarvāṅgarogaḥ | 67 | ākṣ-
epako | 68 | daṇḍakaḥ | 69 | śramo | 70 | bhramo | 71 | vepa-
thuḥ | 72 | jṛmbhā | 73 | glāniḥ | 74 | viṣādo | 75 | raukṣyam | 76 |
pāruṣyam | 77 | śyāvāruṇāvabhāsatvam | 78 | svapnaḥ | anavasthitacittatā
ca | 80 | pittavikārāḥ punaḥ-oṣaḥ | 1 | ploṣo | 2 | davo | 3 |
davathuḥ | 4 | vidāhaḥ | 5 | aṃsadāhaḥ | 6 | tvagdāhaḥ | 7 |
antardāhaḥ | 8 | dhūmakāḥ | 9 | amlakaḥ | 10 | ūṣmādhikyam | 11 |
atisvedaḥ | 12 | aṅgagandhaḥ | 13 | aṅāvayavasadanam | 14 |
śonitakledo | 15 | māṃsakledaḥ | 16 | tvahyāṃsadarāṇam | 17 | 15
carmadarāṇam | 18 | raktakoṭho | 19 | raktavisphoṭo | 20 | raktamaṇḍalāni |
raktapittam | 22 | haritatvam | 23 | hāridratvam | 2 | nīlikā | 25 |

kakṣyā | 26 | kāmālā | 27 | tiktāsyatā | 28 | lohitagandhāsy-
 atā | 29 | pūtimukhatvam | 30 | ṛṣādhikyam | 31 | atṛptiḥ | 32 | āsyapāko | 33 |
 galapākaḥ | 34 | akṣipākaḥ | 35 | pāyupāko | 36 | meḍhrap-
 āko | 37 | jīvādānam | 38 | tamaḥpraveśo | 39 | haritahāridr-
 5 anetramūtraśakṛtvam | 40 | śleṣmavikārāstu-ṛṣṭiḥ | 1 | ta-
 ndrā | 2 | nidrādhikyam | 3 | staimityam | 4 | gurugātratā | 5 | ālasyam | 6 | mukhamā-
 prasekaḥ | 8 | śleṣmodgiraṇam | 9 | malādhikyam | 10 | ba-
 lāso | 11 | hr̥dayopalepaḥ | 13 | kaṇṭhalepo | 13 | dhamanī-
 praticayo | 14 | galagaṇḍaḥ | 15 | atisthaulyam | 16 | śītāgni-
 10 tvam | 17 | udardaḥ | 18 | śvetāvabhasatā | 19 | śvetanetra-
 mūtraśakṛtvam ca | 20 | tatra sarvāṅgīṇastivro-dāhaḥ | svedāratimān-
 oṣaḥ | prādeśikaḥ svedarahito+agnyarciṣeva dāhaḥ-ploṣaḥ |
 mukhausṭhatāluṣu dāho-davaḥ | cakṣurādīndriyeṣu dāho-
 davathuḥ | pāṇipādāṃsamūleṣu vividhaḥ santāpo-vidāhaḥ |
 15 koṣṭhadāhaḥ-antardāhaḥ, koṣṭhasyāntarmāgasan̄grahāt |
 śirogrīvāghFhrāṇakaṇṭhatāluṣu dhūmāyanam-dhūmakaḥ |
 sāntardāhahr̥dayaśūlo+amlodgāraḥ-amlakaḥ | śoṇitasya kṛṣṇatādaurgandhyata-
 kledaḥ | māṃsasya tu kṛṣṇatā daurgandhyam ca | bāhyatvaksam̄hatiḥ-
 carma | koṣṭhagauravādāhārāsṛḥṛṣṭiḥ | anye punarāhuḥ,-
 20 annānabhinandanātṛṣṭipiriva ṛṣṭiḥ-arocakaḥ | nidrārtasy-
 eva viṣayāgrahaṇam-tandrā | staimityam tupramīlakaḥ,
 ityanyaiḥ paṭhitam | upalepa iva-upalepaḥ | tadatiśayaḥ-
 praticayaḥ,-atipūraṇam | agneratimandatā-śaityam | uro+abhiṣyandaḥ-
 udardaḥ | keṣāṃcicchītavēpathuḥ-udardaḥ | anye punarāhuḥ-
 25 'śītāpānīyasam̄sparśācchītakāle viśeṣataḥ | sarāgakaṇḍūḥ
 śophaḥ syādudardaḥ sa kaphodbhavaḥ | | ' kṣudravikārāḥ
 punaryadevāṅgamāviśanti tadupapadameva nāma labha-
 nte | yathā,nakhaśāṅkhalalāṭabhedāḥ svāntardāhakaṇṭha-
 hr̥dayopalepādayaḥ | teṣāṃ hi tathaiva svarūpamupadi-
 30 ṣṭam bhavati | " iti | § 3093

1.12.135 Sarvāṅgasundarā

kaphasya snehādīni karmāṇi | snehaḥ-snaigdhyam | kāṭhinyam-
 amṛdutvam | kaṇḍūḥ-kharjūḥ | śītatvam-śītasadbhāvaḥ |
 gauravam-gurutvam | bandhaḥ-srotasām | asthyādīnām-
 upalepaḥ | staimityam-gātrāṇāmapaṭutvam | kāye varṇaḥ
 5 śuklaḥ | rasau ca madhurapaṭū | cirakāritā-kāryādau vi-

śrabdhatvam | nanu, vāyoramūrtatvādvārṇarasatvopala-
 bdhiraṇupapannā | amūrtasya hi varṇarasau dūrotsāri-
 tau | naitadasti | na hi sarvāṇi kāryāṇi kāraṇasadṛśānyeva
 bhavanti | tathā cendriyebhyo jaḍebhyo buddherajaḍāyā 5
 utpattirdṛṣṭā | tasmāt kāraṇasadṛśāni kāryāṇīti prāyikam-
 etat, acintyatvācca dravyaprabhāvasya | vāyoḥ sakāśāt ka-
 śāyarasatā śyāvāruṇavarṇotpattiścānvayavyatirekasiddhā
 kathamiva nivāryatām | ityevaṃ doṣāṇām karmāṇyupad-
 iṣṭāni | tadvikārāśca saṅgraha uktāḥ | tathā ca tadgranthaḥ
 (?) (sū. a. 20)-" § 3094 10

aśītirvātajā rogāścatvāriṃśacca pittajāḥ |
 viṃśatiḥ śleṣmajāścaiva sthūlā nānātmajā
 matāḥ | | 1 | |
 nakhabhedāḥ pādaśūlaṃ suptirbhraṃśo
 vipādikā | kḥuḍo gulphagraho jānuviśleṣo
 jānukuñcanam | | 2 | |
 piṇḍikodveṣṭanam sādaścorvoḥ stambhaśca
 grdhrasī | pāṅgulyaṃ bhraṃśaśūlaṃ ca gude
 stambhastu mehane | | 3 | |
 muṣkākṣepaḥ śroṇibhedo vaṅkṣaṇānāha eva ca |
 udāvarto+atha viḍmedaḥ
 pārśvaprṣṭhatrikagrahāḥ | | 4 | |
 khañjavāmanakubjatvaṃ 15
 hrddravodaraveṣṭakau | hrnmoho
 vakṣanistodaḥ śoṣodvātau tathorasāḥ | | 5 | |
 bāhuśoṣo
 hanugrīvāmanyāstambhauṣṭhabhedanam |
 dantabhedo+atha śaithilyaṃ
 kaṅṭhohvamaṃso+atha vāggrahaḥ | | 6 | |
 kaśāyāsyatvamūkatve mukhaśoṣo rasājñatā |
 ghrāṇānāho+ajñatā
 gandhe+aśabdocaiḥśravaṇaṃ tathā | | 7 | |
 bādhiryaṃ karṇaśūlaṃ ca
 vartmastambhanakuñcanam | timiraṃ
 cākṣiśūlaṃ ca bhrūvyudāso+atha
 netrayoḥ | | 8 | |

- lalāṭaśaṅkhabhedau ca keśabhr̥sphuṭanam
tathā | śīrorujā+arditam̐ j̐mbhā pralāpo
vepathurbhramah̐ | | 9 | |
ekāṅgavyādhirāyāmah̐
pakṣāghāto+apatantrakah̐ | daṇḍakah̐
svapnanāśaśca glāniḥ paruṣarūkṣatā | | 10 | |
viṣādo+athānavasthānamaruṇaśyāmavarṇatā |
ityaśītiḥ samākhyātā rogā
vātasamudbhavāḥ | | 11 | |
antardāho vidāhaśca ploṣauṣau
davathurdavaḥ | atyūsmā cāṃsadāhaśca
svedo+atyamlakadhūmakau | | 12 | |
5 raktakledo+aṅgagandhaśca
gātrāvayavaśātanam | tvaḍmāṃsadarāṇam̐
māṃsakledaścarmadalam̐ tathā | | 13 | |
raktavisphoṭakah̐ koṭhaḥ pittaśr̥graktamaṇḍale |
nīlikā kāmālā kakṣyā gātre haritapītātā | |
14 | |
pūtīktāsyatā tr̥ṣṇā lohagandhāsyatā tathā |
jīvādānamatr̥ptīśca praveśastamasastathā | |
15 | |
galāsyagudamedhrākṣipāko hāridratā+api ca |
nakhākṣimūtraśakṛtām̐, catvāriṃśattu
pittajāḥ | | 16 | |
staimityam̐ gauravam̐ tr̥ptirālasyamatīnidratā |
tandrā+a+asyasrāvamādhurye pralopo
hṛdayasya ca | | 17 | |
10 sādah̐ kaṅṭhapralepaśca śleṣmodgiraṇameva
ca | malādhikyamatisthaulyam̐ dhamanī
pratisañcayam̐ | | 18 | |
udardo galagaṇḍaśca śaityam̐ śvetāvabhāsātā |
viṇmūtranakhanetrāṇām̐ śuklatā ca
kaphāmayāḥ | | 19 | |
yathāsthūlam̐ vikārāṇām̐ catvāriṃśamidam̐
śatam | hṛdādao śūlavaddāho
yo+antardāhaḥ sa kīrtitaḥ | | 20 | |
pāṇipādāṃsamūleṣu santāpo vivīdhastu yaḥ |
sa vidāha iti prokto, dāhaḥ prādeśīkastu
yaḥ | | 21 | |

agnyarcīṣeva niḥsvedaḥ sa ploṣaḥ parikīrtitaḥ |
oṣaḥ sarvāṅgikastīvro dāhaḥ
svedāratipradaḥ | | 22 | |
davathuścakṣurādibhyastīvra ūṣmā pravartate |
mukhauṣṭhatāluṣu
davaścāmlodgiraṇamamlakaḥ | | 23 | |
dhūmāyanaṃ śiroghrāṇakanṭhatāluṣu
dhūmakaḥ | pramīlakastu staimityaṃ
gurutā+aṅgasya gauravam | | 24 | |
āhārānabhilāṣastu tr̥ptiḥ syādviśayāgrahaḥ |
nidrārtasyeva tandrā syāccheṣāḥ
prathitanāmakāḥ | | 25 | | § 3119

1.12.136 Aṣṭāṅgahṛdayasaṃhitā

ityaśeṣamayavyāpi yaduktam doṣalakṣaṇam | | 54 | |
darśanādyairavahitastatsamyagupalakṣayet | | 55 | |
vyādhyavasthāvibhāgajñāḥ paśyanārtān
pratikṣaṇam | | 55 | | § 3122

1.12.137 Sarvāṅgasundarā

iti-prakāre | doṣāṇāṃ lakṣaṇaṃ doṣalakṣaṇaṃ,-yathāyatham
liṅgam | iti-pūrvoktena prakāreṇa, yaddoṣalakṣaṇamu-
ktam, taddarśanādyaiḥ samyagupalakṣayet-jānīyāt | va-
idya iti śeṣaḥ | darśanādyairityādi(dya)śabdena sparś-
anapraśnau gṛhyete | kimbhūtaṃ doṣalakṣaṇaṃ tat ? 5
aśeṣamayavyāpi,-aśeṣāśca ta āmayāścāśeṣamayāstān,-sarvāmayān,
sādhu vyāpnotīti | kimbhūto vaidyaḥ ? avahito,-dattāvadhānaḥ |
tathā, vyādhyavasthāvibhāgajñāḥ,-vyādheravasthāḥ-kālakṛtā
daśāḥ, tāsāṃ vibhāgaḥ-pr̥thaktvam, yathā,-iyamasya vyā-
dheravastheyamanyāvastheti | avasthābhedāccopakrama- 10
bhedaḥ | tathā hi,-ekasyaiva jvarasya navasyānya upakr-
amo jīrṇasyānyaḥ | tadevaṃ vibhāgaṃ yo jānāti sa vyā-
dhyavasthāvibhāgajñāḥ | tathā, ārtān-vyādhitān, pratikṣaṇaṃ-
muhūrte muhūrte, paśyan-ālokayan | § 3123

1.12.138 Āyurvedarasāyana

lakṣaṇajñāne sāvadhānena bhavitavyamityāha-ityaśeṣāmayavyāpīti |
darśanādyaiḥ-darśanasparśanaprasnaih | avasthāvibhāgo
yathā,-āmajvaro jīrṇajvaraḥ pacyamānajvara iti | § 3124

1.12.139 Aṣṭāṅgahr̥dayasaṃhitā

abhyāsātprāpyate dr̥ṣṭiḥ karmasiddhiprakāśinī | | 56 | |
ratnādisadasajjñānaṃ na śāstrādeva
jāyate | | 56 | | § 3126

1.12.140 Sarvāṅgasundarā

abhyāsāt-muhurmuhuścikitsitakarmani pravartanāt, dr̥ṣṭiḥ-
darśanaṃ cikitsāvijñānaṃ jāyate, na kevalaṃ-kevalaccikitsāśāstrāvagamāt |
kimbhūtā dr̥ṣṭiḥ ? karmani siddhistāṃ prakāśayitum śī-
laṃ yasyāḥ sā karmasiddhiprakāśinī | atra dr̥ṣṭāntamāha-
5 ratnādītyādi | ādisabdena suvarṇarūpyādīnāṃ grahaṇam |
teṣāṃ yatsadasajjñānaṃ-idaṃ śobhanamidaṃ na śobhan-
amityavagamaḥ tanna śāstrādeva jāyate | kiṃ tarhi ? abhy-
āsācca | evakāro+avadhāraṇārthaḥ | na śāstrāvabodhāna
ca kevalādabhyāsādityevakāreṇa bodhayati | kila yathā ra-
10 tnaparīkṣā tacchāstrāvabodhadarśanābhyāsābhyāṃ samy-
agjāyate, tathaiva cikitsā śāstrāvabodhānnityamāturadarś-
anāccāvagamya ityarthāḥ | § 3127

1.12.141 Āyurvedarasāyana

lakṣaṇadarśanābhyāso lakṣaṇajñānasahakārītyāha-abhyāsāditi |
§ 3128

1.12.142 Aṣṭāṅgahr̥dayasaṃhitā

dr̥ṣṭāpacārajaḥ kaścitkaścitpūrvāparādhajaḥ | | 57 | |
tatsaṅkarādbhavatyanyo vyādhirevaṃ tridhā
smṛtaḥ | | 57 | | § 3130

1.12.143 Sarvāṅgasundarā

dr̥ṣṭaścāsāvapacāraśca, tasmājjāto dr̥ṣṭāpacārajaḥ | apacāro-
vyādhihetuḥ | aihikalaukikādvvyādhikāraṇājāto dr̥ṣṭāpac-
ārajaḥ | kaścīdātmakṛtātpūrvāparādhāt-aśubhakarmākhyājātaḥ
pūrvāparādhajaḥ | aparaḥ kaścittatsaṅkarādbhavati | ta-
yoḥ saṅkarastatsaṅkaro-miśratvaṃ, tasmāt | na kevalā- 5
tpūrvāparādhāna ca kevalāddr̥ṣṭāparādhāt, api tu dv-
ayoḥ saṃsargājāta ityarthāḥ | evaṃ-anena prakāreṇa,
vyādhistrīdhā-trīprakāraḥ, smṛtaḥ | § 3131

1.12.144 Āyurvedarasāyana

vyādhestraividhyamāha-ddaṣṭāpacāraja iti | apacāro-nidānam |
ddaṣṭhakarmajaḥ, addaṣṭakarmajaḥ, ddaṣṭakarmajaḥ iti trī-
vidho vyādhiḥ | § 3132

1.12.145 Aṣṭāṅgahṛdayasaṃhitā

yathānidānaṃ doṣotthaḥ karmajo hetubhirvinā | | 58 | |
mahārambho+alpake hetāvātāṅko
doṣakarmajaḥ | | 58 | | § 3134

1.12.146 Sarvāṅgasundarā

yathānidānaṃ doṣottha iti | yadyasya doṣasya vātāderla-
ghurūkṣādi nidānaṃ, tena kupitāddoṣāt ya utthito vyā-
dhiḥ sa doṣottho jñeyaḥ | yo dr̥ṣṭāpacāraja ukta ityarthāḥ |
hetubhiḥ-vātādinidānairlaghurūkṣādibhirvinā yo bhavati 5
sa karmajaḥ | yastvalpe nidāne sevite mahārambhaḥ syāt,
sa doṣakarmajo rogo jñeyaḥ | mahānārambho yasya saḥ,
pūrvārūparūpairbalavadbhīryukta ityarthāḥ | § 3135

1.12.147 Āyurvedarasāyana

trayāṇāṃ lakṣaṇamāha-yathānidānamiti | yathānidānaṃ-
svahetvanatikrameṇa, doṣottho-ddaṣṭajaḥ | hetubhirvinā
jātaḥ karmajaḥ-addaṣṭajaḥ, pūrvāparādhajaḥ | alpe hetau

mahārambhaḥ-tīvrasaṃrambho, doṣakarmajaḥ | doṣakṣo-
bhapūrvakatvāt ddaṣṭajasya doṣajatvam | tadviparītatvā-
daddaṣṭajasya karmajatvam | vakṣyati hi (hr̥. sū. a. 1/170)
- "te jvarāḥ kevalāḥ pūrvam vyāpyante+anantaram mal-
5 aiḥ | " iti | § 3136

1.12.148 Āyurvedarasāyana

vipakṣaśīlanāt-hetuviparītaśīlanāt | pūrvo-doṣatthaḥ | karmasaṅkṣayāt-
bhogena prāyaścittena vā pāpakṣayāt | vipakṣaśīlanādyu-
paśayākhyam lakṣaṇam | § 3137

1.12.149 Aṣṭāṅgahr̥dayasaṃhitā

vipakṣaśīlanātpūrvaḥ karmajaḥ karmasaṅkṣayāt | | 59 | |
gacchatyubhayajanmā tu
doṣakarmakṣayātkṣayam | | 59 | | § 3139

1.12.150 Sarvāṅgasundarā

vipakṣaśīlanātpūrva iti | pūrvaḥ-pūrvamukto yaḥ keva-
lam doṣajo vyādhiḥ saḥ, vipakṣaśīlanāt-yathoktavipakṣādisevanāt,
kṣayam yāti | karmajo rogaḥ karmasaṅkṣayāt kṣayam
yāti | ubhayajanmā-doṣakarmottho, doṣakarmanorubhay-
5 orapi kṣayāt kṣayam yāti | § 3140

1.12.151 Aṣṭāṅgahr̥dayasaṃhitā

dvidhā svaparatratvādvvyādhayo+antyāḥ
punardvidhā | | 60 | | § 3141

1.12.152 Sarvāṅgasundarā

svatantraśca paratantraśca svatantraparatantrau, tayorbh-
āvaḥ svatantraparatantratvam, tasmāddhetordvidhā vyā-
dhayaḥ | eke svatantrā anye paratantrā ityarthāḥ | ante bh-
avā antyāḥ,--paratantrāḥ | te punaḥ-bhūyo, dvidhā | § 3142

1.12.153 Āyurvedarasāyana

trayānām pṛthak dvaividhyamāha-dvidhā svaparatantra-
tvāditi | tat svatantraḥ parantraśceti | antyā iti paratantra-
sya dvaividhyam | tacca pūrvarūpamupadravāśceti | § 3143

1.12.154 Aṣṭāṅgahṛdayasaṃhitā

pūrvajāḥ purvarūpākhyā, jātāḥ
paścādupadravāḥ | | 60 | | § 3144

1.12.155 Sarvāṅgasundarā

pūrvam jātāḥ pūrvajāḥ | "anyeṣvapi dṛśyate" iti daḥ |
pūrvajāḥ-pūrvarūpasamjñā rogāḥ | ye ca paścājjātāgadāste
vyādhīnāmupadravāḥ | ityantya dvidhā | § 3145

1.12.156 Āyurvedarasāyana

tau ca svatantrātpūrvam paścāt krameṇa jāyete | § 3146

1.12.157 Aṣṭāṅgahṛdayasaṃhitā

yathāsvajanmopaśayāḥ svatantrāḥ
spaṣṭalakṣaṇāḥ | | 61 | | § 3147

1.12.158 Sarvāṅgasundarā

janma copaśayaśca janmopaśayau | janma- utpattiḥ | upaśayaḥ-
sukhānubandhaḥ | yo yaḥ svaṃ svaṃ-yathāsvam | yasya
jvarāderyāvātmīyau śāstranirdiṣṭau tau yathāsvaśabdena
sūcyete | yathāsvam janmopaśayau yeṣāṃ te yathāsvaj-
anmopaśayā vyādhayaḥ svatantrā ucyante | cikitsāguru- 5
lāghavapratipattiyartham ca svatantrādisamjñākaraṇam |
svagrahaṇādye+anyajanmani jāyante+anyasya ca vyādhe-
ryata upaśayaḥ-sukhānubandhastata etatparivārasyāpi, te
tu na svatantrāḥ | tathā coktam-"pūrvarūparūpādikrameṇa

jvarādāvutpanne tatparivārā ye śvāsādaya utpadyante ta-
dupaśaye copāśerate na te svatantrāḥ | jvarādaya eva tu
mūlavyādhirūpatvātsvatantrā ucyate | " iti | § 3148

1.12.159 Āyurvedarasāyana

yasya svena hetunā janma, svauşadhenopaśamaḥ, spaṣṭam
ca lakṣaṇam, sa svatantraḥ | § 3149

1.12.160 Aṣṭāṅgahr̥dayasaṃhitā

viparītāstato+anye tu----- | | 61 | | § 3150

1.12.161 Sarvāṅgasundarā

tataḥ-svatantrēbhyo rogebhyo, ye+anye-paratantrāḥ, pūrv-
arūpākhyāstathopadravasamjñāśca, te viparītāḥ,-viparītasvarūpāḥ,
na yathāsvajanmopaśayā na ca spaṣṭalakṣaṇāḥ | § 3151

1.12.162 Āyurvedarasāyana

viparītaḥ-paratantraḥ | § 3152

1.12.163 Aṣṭāṅgahr̥dayasaṃhitā

-----vidyādevaṃ
malānapi | | 61 | | § 3153

1.12.164 Sarvāṅgasundarā

na kevalam rogān svatantraparatantrabhedairvidyādvai-
dyah, yāvanmalān-doṣānapi vātādīn, evaṃ-svatantraparatantrabhedairjānīyāt |
§ 3154

1.12.165 Āyurvedarasāyana

vyādhivaddoṣānapi svatantrānvidyāt | § 3155

1.12.166 Aṣṭāṅgahr̥dayasaṃhitā

tāṃllakṣayedavahito vikurvāṇān pratijvaram | | 62 | | § 3156

1.12.167 Sarvāṅgasundarā

tān-vātapittakaphān yathāsvajanmopaśayalakṣaṇāvachchin-
nasvarūpān, pratijvaram-prativikāram, vikurvāṇān-vikṛtimkopam
gacchato, jānīyāt | vaidya iti śeṣaḥ | kīdṛk ? avahito-
dattacittaḥ | § 3157

1.12.168 Āyurvedarasāyana

tāṃśca pratirogam lakṣayet | ko+atra svatantraḥ kaḥ para-
tantra iti | § 3158

1.12.169 Aṣṭāṅgahr̥dayasaṃhitā

teṣāṃ pradhānapraśame
praśamo+aśāmyatastathā | | 62 | |
paścāccikitsettūrṇam vā
balavantamupadravam | | 63 | | § 3160

1.12.170 Aṣṭāṅgahr̥dayasaṃhitā

teṣāṃ-paratantrāṇāṃ rogāṇāmapradhānānām,
pradhānapraśame-svatantravyādhipraśame,
praśamo bhavati,-na tu teṣāṃ
pṛthagupakramo vidheya ityarthāḥ |
aśāmyataḥ-tathā śamamagacchataḥ
paratantrān vyādhīn doṣān vā, tathā-tena
prakāreṇa pradhāna cikitsālakṣaṇena,
paścāt-pradhānacikitsāta uttarakālam,
cikitset | acikitsyamāno hyasādhyatām
yāyāt | tūrṇam veti | upadravaścedbalavān
syāttadā tamevopadravam tūrṇameva
cikitset-, na paścāt | § 3161

1.12.171 Āyurvedarasāyana

teṣāṃ-paratantrāṇāṃ, svatantrapraśame praśamaḥ | tath-
āsvaṣaudhena, ye na śāmyanti tān paścārsvaṣadhena ci-
kitset | yastu balavānupadravastam tūrṇaṃ-prāgeva, ciki-
tset | § 3162

1.12.172 Aṣṭāṅgahr̥dayasaṃhitā

vyādhikliṣṭaśarīrasya pīḍākarataro hi saḥ | | 63 | | § 3163

1.12.173 Sarvāṅgasundarā

hi-yasmāt, vyādhikliṣṭaśarīrasya puṃsaḥ so+atiśayena pī-
ḍākarah | prāgutpanno+api rogaḥ pīḍākarah | upadrav-
astu paścājjāyamāno vyādhikliṣṭaśarīrotpannatvātpīḍāka-
ratarah | tadayamatrārthaḥ,-paratanthro vyādhirhīnabalaḥ
5 pradhānopakrameṇaivopaśāmyati | yastu paratantraḥ pa-
ścādutpadyamāno+api svatantravyādhyupakrameṇa śa-
maṃ na yāti taṃ paścādopakramet | yastu balavān para-
tantrastamādāveva cikitset, atipīḍākaratvāt | § 3164

1.12.174 Āyurvedarasāyana

sa hi svatantreṇa pīḍitasya narasya svatantrādatipīḍakah |
saṅgrāhe tu (sū. a. 22) - "satpavidhāḥ khalu rogā bhav-
anti | saha garbhajātāpīḍākālaprabhāvasvabhāvajāḥ | te tu
prthagddhividhāḥ | tatra sahajāḥ śukrārtavadoṣānvayāḥ
5 kuṣṭhārśomehādayaḥ, pitṛjā mātṛjāśca | garbhajā jananya-
pacārātkaubjyapāṅgulyapai !ggalyakilāsādayo, annarasajā
mātṛdauhr̥davimānajāśca | jātajāḥ svāpacārāt santarpaṇ-
ajā apatarpaṇajāśca | pīḍājāḥ kṣatabha !ggaprahārakrodhaśokabhayādayaḥ,
śārīrāmānasāśca | kālajāḥ śītādikṛtā jvarādayo, vyāpannajā
10 asaṃrakṣaṇajāśca | prabhāvajā devagurulaṇanaśāpātha-
rvaṇādikṛtāḥ, jvarādayaḥ piśācādayaśca | svabhāvajāḥ kṣ-
utpipāsājarādayaḥ, kālajā akālajāśca | tatra kālajā rakṣaṇa-
kṛtāḥ, arakṣaṇajā akālajāḥ ta ete samāsataḥ punardvividhā
bhavanti,pratyutpannakarmajāśca | tatra rogotpattiṃ pr-

atyutpannaṃ karma yadanenaiva śarīreṇa ddaṣṭamadda-
 ṣṭaṃ voddiśyātpopadiṣṭapraṭiṣiddhānāmananuṣṭhāna-
 nuṣṭhānaṃ vā | janmāntarātītena tu pūrvam | tatpunardai-
 vākhyam, uktaṃ ca niyatāniyatabhedenā prak | tasmāt dd-
 aṣṭahetavaḥ pratyutpannakarmajāḥ | viparītā daivajanm- 5
 ānaḥ | alpa nidānā mahārujaścobhayātmakāḥ | tatra ya-
 thāsvaṃ pratipakṣaśīlanāt pūrveṣāṃ rogānāmupaśamaḥ |
 satyeva vipakṣaśīlane nirdiṣṭakarmakṣayāddvaivikānām |
 doṣakarmakṣayādanyeṣām | anye punaḥ pratyutpannaṃ
 karma parakṛtamapi varṇayanti | tacca parābhisaṃskār- 10
 amācakṣate | evaṃ cāhaḥ,-yadi svayaṃ kṛtādeva karma-
 naḥ kāryanirvṛttiḥ syāt, na ddaṣṭapuruṣāntarakṛtāt | ki-
 miti vidvānapi parācaritayorupakārāpakārayoḥ sukhad-
 uḥkhānurodhāttoṣaroṣau praikartavyavintāṃ vā pratipe- 15
 dyate | evamete vyādhayo dvividhāḥ santasnividhā jāya-
 nte | tataśca doṣavanto bhūyaḥ saptavidhāḥ | sakalo+api
 cāyaṃ rogasamūhaḥ pratīkāravān āyurvedavihitamupad-
 eśamapekṣate | yasmānniyatahetuko+apyāmayaḥ samya-
 gbhiṣagādeśānuṣṭhānādupāttāyuh saṃskārāparikṣaye sa- 20
 hyavedanatāṃ pratipadyate | anuprakramyamānastu sa-
 rva eva prāyaśo bhinattyakāṇḍe | svayamapi ca daivānni-
 idānālpatayā vā nivartamānaḥ ṣoḍaśaguṇasamuditakriy-
 opālambhādāśutaramapai parikliṣṭasya vā+apagacchati |
 aniyataphaladāyini tu daive hitābhyāsaratasyāvakāśam- 25
 eva na labhate vyādhiḥ | tasmānna kasyāñcidavasthāyā-
 mātmanvān hitāhitayostulyadarśī syāt | trividhāśca puna-
 rvyādhayo mṛdumadhyātīmātrabhedenā | tatrālpalakṣaṇā
 mṛdavo, madhyalakṣaṇā madhyāḥ, sampūrṇalakṣaṇāstv-
 atīmātāḥ | te punaḥ sukhasādhyādiviśeṣeṇa caturdhā pr- 30
 āgupadiṣṭāḥ | subahuśo+api ca bhidyamānā vyādhyayo
 nijāgantutāṃ na vyabharanti | tatra nijāsnidoṣoṭthāḥ |
 teṣu pūrvam vātādayo vaiṣamyamāpadyante tato vyathā-
 bhinivartate | bāhyaahetujāstvāgantavaḥ | teṣu vyathā pū-
 rvamupajāyate, tato doṣavaiṣamyam | doṣavaiṣamyenaiva 35
 ca bahurūpā rudanubadhyate, tato doṣavaiṣamyam | do-
 ṣavaiṣamyenaiva ca bahurūpā ruganubadhhyate prava-
 rddhate ca | evaṃ ca kṛtvā na doṣavyatirekeṇa rogānu-
 banddhaḥ, kevalam paurvāparyaviśeṣaḥ | tasmādekākārā

eva rogāḥ, tathārukasāmānyāt | asaṅkhyabhedā vā praty-
ekam samutthānasthānasamsthānavarṇanāmavedanāpra-
bhāvopakramaviśeṣāt | te yathāsthūlaṃ yathāsvamevopa-
dekṣyante | asaṅkhyeyatvācca doṣaliṅgaireva rogānupa-
5 kramam ca vibhajet | |" iti | § 3165

1.12.175 Aṣṭāṅgahr̥dayasaṃhitā

vikāranāmākuśalo na jihrīyāt kadācana | | 64 | |
na hi sarvavikārāṇam nāmato+asti dhruvā
sthitih | | 64 | | § 3167

1.12.176 Sarvāṅgasundarā

vikārāḥ-rogāḥ, teṣam nāmāni, teṣvakuśalo vaidyo na
jātucijihrīyāt-rogasaṃjñānabhijño+ahamiti lajjām na ku-
ryāt, cikitsāmeva vidadhyādityarthaḥ | kuto hetoḥ ?
ityāha-na hītyādi | yasmātsarvavikārāṇam nāmataḥ-saṃjñāto,
5 dhruvā-niścītā, sthitih-avasthānam, nāsti | § 3168

1.12.177 Āyurvedarasāyana

śāstre+anuktaṃ svayamūhanīyamityāha-vikāranāmeti | yo
vikārasyavātajādityam jānāti, nāma na jānāti, śāstre+anuktatvātsaṅkīrṇatvādvā,
sa na jihnīyāt-lajjām na kuryāt | na hi nāmādhīnā sarva-
tra cikitsā | vātajādijñānam hi cikitsāyām pradhānam kār-
5 aṇam | § 3169

1.12.178 Aṣṭāṅgahr̥dayasaṃhitā

sa eva kupito doṣaḥ samutthānaviśeṣataḥ | | 65 | |
sthānāntarāṇi ca prāpya vikārān kurute
bahūn | | 65 | |
tasmādvikāraprakṛtiradhiṣṭhānāntarāṇi
ca | | 66 | |
buddhvā hetuviśeṣāṃśca śīghram
kuryādupakramam | | 66 | | § 3173

1.12.179 Sarvāṅgasundarā

yasmātsaḥ-eka eva, doṣo-vātādyanyatamaḥ, samutthānaviśeṣato-
hetubhedāt, tathā sthānāntarāṇi-svasthānaṃ hitvā par-
āṇi sthānāni, prāpya-gatvā, bahūn-anantān, vikārān ku-
rute | tathā coktaṃ tantrāntare-"yo doṣaḥ śarīrasandh-
īnāviśati, tena jṛmbhā jvaraścopajāyate | yastvāmāśaya- 5
mabhyupaiti, tena rogā bhavantyurasi, arocakaśca | yaḥ
kaṅṭhamabhiprapadyate kaṅṭhastato dhvaṃsate svara-
ścāvasīdati | yaḥ prāṇavahāni srotāṃsyāsyādīni upa-
iti, śvāsaḥ pratiśyāyaśca tenopajāyate |" iti | vikārasya-
jvarādeḥ, prakṛtayaḥ-upādānakāraṇāni vātādidoṣāḥ, tā 10
vikāraprakṛtī-rogahetuviśeṣān, buddhvā,- jñātvā, tathā+adhiṣṭhānāntarān
sthānaviśeṣāṃśca, buddhvā,tathā hetuviśeṣān-nidānabhedāṃśca,
buddhvā-yathā kimayaṃ kupitaḥ pavano rūkṣeṇa het-
unā laghunā śītena vetyādi jñātvā, śīghramevopakramet-
cikitset | na tu vikārānbhijña iti na cikitset | § 3174 15

1.12.180 Āyurvedarasāyana

atha sādhanam | sādhanajñānaṃ ca lakṣaṇajñānādhi-
nam | tatra lakṣaṇasya durbodhatvamāha-sa eveti | sa
eva yo+anyatra lakṣito, bahūn vikārān kurute,-ye+anyatra
na ddaṣṭāḥ | tatra dvau hetū-samuttānaviśeṣātkupitatvaṃ 5
sthānāntaraprāptiśca samutthānaviśeṣaḥ-anyatrāddaṣṭaṃ
samutthānam | tasmādvikārāditrityajñānapūrvaka upakr-
amaḥ kāryaḥ | sa ca śīghram, avasthāntaro | prakṛtiḥ-
svabhāvo+asādhāraṇaṃ cinham | § 3175

1.12.181 Aṣṭāṅgahṛdayasaṃhitā

dūṣyaṃ deśaṃ balaṃ kālamanalaṃ prakṛtiṃ
vayaḥ | | 67 | |
sattvaṃ sātmyaṃ tathā+a+ahāramavasthāśca
pṛthagvidhāḥ | | 67 | |
sūkṣmasūkṣmāḥ samīkṣyaiśaṃ
doṣauśadhanirūpaṇe | | 68 | |

yo vartate cikitsāyāṃ na sa skhalati
jātucit | | 68 | | § 3179

1.12.182 Sarvāṅgasundarā

doṣauśadhanirūpaṇe sati dūṣyādīn daśa samīkṣya sa-
myagvilokya, yaścikitsāyāṃ vartate-yatnaṃ karoti, saḥ-
vaidyo, na kadācit skhalati-nāparādhī syāt | doṣo-vātādiḥ,
auśadhaṃ-harīṭakyādi, tayornirūpaṇaṃ-paryālocanam, ta-
5 smin doṣauśadhanirūpaṇe | dūṣyādīnāṃ samastānāmu-
pādānaṃ sarveṣāmevāvagame cikitsākaraṇaṃ prati ya-
tnātiśayadyotanārtham, na punareṣāṃ dvau vā trīn vā
caturo vā pañca vā samīkṣya | kiṃ tārhi ? sarvānetān
samīkṣya,-samyagavabudhyeti | atha dūṣyādīneva samī-
10 kṣya ? netyāha- avasthāśca pṛthagvidhāḥ | eṣāmeva dūṣyā-
dīnāmavasthāḥ sūkṣmasūkṣmāḥ-atiśayena sūkṣmāḥ, tāśca
samīkṣya-yathāvadbuddhveti | § 3180

1.12.183 Āyurvedarasāyana

dūṣyādyekādaśajñāne satyavyabhicāryupakrama ityāha-
dūṣyati | dūṣyo-dhāturmalaśca | deśo-bhūmirdehaśca | balaṃ-
sāmarththam | deśo-bhūmirdehaśca | balaṃ-sāmarththam
| kālaḥ-pūrvāhṇadiḥ | analo-viṣamādiḥ | prakṛtiḥ-vātaprakṛtyādiḥ | vayo-
5 balyādi | satvaṃ-manaḥ | sātmyaṃ-deśasātmyādi | āhāro-
madhurādiḥ | avasthāḥ-rūpeṣvavāntaraṃ rūpaṃ | sūkṣmasūkṣmāḥ-
atisūkṣmāḥ | eṣāṃ-rogāṇāṃ | doṣauśadhanirūpaṇe-doṣasyauśadhasya
ca vicāraṇe | § 3181

1.12.184 Aṣṭāṅgahr̥dayasaṃhitā

na ca dūṣyādyeva parīkṣyam | | 69 | |
gurvalpavyādhisamsthānaṃ
sattvadehabalābalāt | | 69 | |
dr̥śyate+apyanyathākāraṃ tasminnavahito
bhavet | | 69 | | § 3184

1.12.185 Sarvāṅgasundarā

guruścālpaśca gurvalpau, gurvalpau ca tau vyādhī ca gurvalpavyādhī, tayoh samsthānam-ākṛtiḥ | apiśabdo bhinnakrame | tadgurvalpavyādhisamsthānamanyathākāramapi dṛśyate-viparītamiti lakṣyate | apiśabdātkvacit gurvalpavyādhisamsthānam yathātattvaṃ dṛśyate kvacinneti vyādhilakṣaṇasya gamakatvābhāvaḥ prasajyeta | tatasca "rogam nidānaprāgrūpalakṣaṇopaśayāptibhiḥ |" (hr. sū. a. 1 | 22) iti dūśyeta | tasmādapiśabdo+atra gurvalpasamsthānasya yathātattva darśanam kvacidbhavatyeveti sūcanārthaḥ kṛtaḥ | kuto hetoh ? ityāha-sattvetyādi | 5
sattvaṃ-dhairyam | deho-mahadalpsthūlakṛśādiḥ | sattvaṃ ca dehaśca sattvadehau | balaṃ cābalaṃ ca balābale | tasmātsattvadehabalābalāddhetorgurvalpavyādhisamsthāne+avahito bhavet | adhikasattve tathotkṛṣṭadehabale ca guruḥ-mahānapi vyādhirutpanno+alpasamsthāno- 10
hīnabala iva lakṣyate, sattvadehabalayorutkṛṣṭatvāt | tathā, hīnasatve hīnadehabale cotpanno laghurapi mahāniva lakṣyate, hīnasattvadehabalatvāt | tasmāda(tta)sminvyādhisamsthāne+arthe, dattāvadhānena bhāvyaṃ | § 3185

1.12.186 Āyurvedarasāyana

tatrāpi satvadehayorbalaṃ tātparyeṇa parīkṣyamityāha-gurvalpavyādhisamsthānamiti | samsthānam-lakṣaṇam | anyathākāram-guroralpatvam, alpasyāpi gurutvam | § 3186

1.12.187 Aṣṭāṅgahr̥dayasaṃhitā

guruṃ laghumiti vyādhiṃ kalpayamstu
bhiṣagbruvaḥ | | 70 | |
alpadoṣākalanayā pathye
vipratipadyate | | 70 | | § 3188

1.12.188 Sarvāṅgasundarā

guruṃ laghumityādi | yaśca bhiṣagbruvaḥ-kutsito vaidyaḥ, sa vyādhisamsthānamātrāvalokanāt guruṃ vyā- 642

dhiṃ laghumiti kalpayan-niścinvan, alpadoṣākalanayā-
hīnamātradoṣaniścayena, pathye vipratipadyate-cikitsite
mohaṃ gacchati, guruvyādhāvalpavyādhivyogyaṃ bheṣa-
5 jaṃ dadāti | evaṃ laghuvyādhīṃ gurumiti kalpayan bah-
udoṣākalanayā pathye vipratipadyate, bhiṣagbruvattvāt |
anyatrāpi bruvāntasya kutsitatvameva prasiddham | ya-
thā+a+aha manuḥ (a. 8 | 20) -"jātimātropajīvī vā kāmaṃ
syādbrah̥maṇabruvaḥ | dharmappravaktā nṛpaterna tu śū-
draḥ kathañcana | |" iti | kecit "bhiṣagdhruvam" iti pe-
10 ṭhuḥ | bhiṣak-vaidyo, guruṃ laghumiti vyādhīṃ kalpayan
dhruvam-niścitaṃ pathye vipratipadyata iti ca vyācakṣ-
ate | § 3189

1.12.189 Āyurvedarasāyana

anavahitatve doṣamāha-guruṃ laghumiti | alpo+ayaṃ doṣa
ityagaṇanayā vipratipadyate-viparītaṃ jānāti | § 3190

1.12.190 Āyurvedarasāyana

viparyayajñāne doṣamāha-tato+alpamiti | ayogataḥ-hīnayogena |
viparītaṃ-atimātramativīryaṃ vā | viparyaye-laghuvyādhau |
vapurapyatiśayena kṣayaṃ nayet, na doṣāneva | § 3191

1.12.191 Aṣṭāṅgahr̥dayasam̐hitā

tato+a+alpamalpavīryaṃ vā guruvyādhau
prayojitam | | 71 | |
udīrayettarāṃ rogān
samśodhanamayogataḥ | | 71 | |
śodhanaṃ tvatīyogena viparītaṃ
viparyaye | | 72 | |
kṣiṇuyānna malāneva kevalaṃ
vapurasatyati | | 72 | | § 3195

1.12.192 Sarvāṅgasundarā

tato+alpam-alpamātram, alpavīryam vā-anutkr̥ṣṭaśaktikaṃ
vā, bheṣajam guruvyādhau prayojitam-dattam, samśo-
dhanam rogānudīrayettarām-atiśayenotkleśayet | kutaḥ ?
ayogataḥ,,-hīnayogāt | ayogo hi hīnayoga ucyate | yathā,-
putrakāryākaraṇādaputra ityucyate | viparyaye ca-laghuvyādhau,
viparītam śodhanam tu prayojitam, kasmādviparītam ?
alpavīryātsamśodhanāt, atimātramutkr̥ṣṭavīryam ca ba-
hudoṣākalanayā, atiyogena prayojitam na kevalam ma-
lān kṣiṇuyāt-kṣapayet, yāvadvapurasyati-śarīramapi hi-
msyāt | atra ca samśodhanam yat dr̥ṣṭāntatvenopany- 10
astam tadayogātiyogābhyām rogotkleśam śarīrakṣapa-
nam [ca] jhatiti nirvartayatīti | kharanādenāpyuktaṃ ca-
"alpamutkleśayeddoṣam bahu prāṇānnihanti ca | tasmā-
nnirūpya bhiṣajā deyam yuktaṃ virecanam | |" iti | tathā,
jvaragulmādīnām ca tatpratīkārārtham yaddīyate bheṣ- 15
ajam tatrāpi mahārambhe+alpamalpavīryam cauśadham
na deyam, ityasmādeva dr̥ṣṭāntībhūtādarthādavaganta-
vyam | § 3196

1.12.193 Aṣṭāṅgahṛdayasaṃhitā

ato+abhiyuktaḥ satataṃ sarvamālocya sarvathā | |73 | |
tathā yuñjīta bhaiṣajyamārogyāya yathā
dhruvam | |73 | | § 3198

1.12.194 Āyurvedarasāyana

aśeṣaviśeṣeśaparīkṣāyāmatyādarah kārya ityāhāto+abhiyukta
iti | § 3199

1.12.195 Sarvāṅgasundarā

yasmāccaivam rogāṇām durvijñeyā gatiḥ, ataḥ-asmāddhetoḥ,
satatamabhiyuktaḥ-sadā+a+ayurvedapāṭhāvabodhānuṣṭhānaparo
vaidyaḥ, sarvam-dūṣyādivastujātam, ālocya sarvathā-sarveṇa
prakāreṇā+a+ayurvedānusāriṇyā svabuddhyā tadvidya-

sambhāṣāsambhavayā ca tathā karmābhyāsato+api nip-
uṇaṃ nirūpya, tathā-tena prakāreṇa doṣadūṣyadeśādy-
anugūṇena, bhaiṣajyaṃ yuñjīta-bheṣajaṃ yuñjyāt | ya-
thā+a+aropyāya dhruvaṃ-yena prakāreṇā+a+aropyārthamavaśyaṃ
5 syāt | § 3200

1.12.196 Aṣṭāṅgahr̥dayasamhitā

pūrvamuktam (ślo. 32) - "doṣā eva hi sarveṣāṃ
rogāṇāmekakāraṇam | | 74 | |
" atastāneva doṣān vṛddhikṣayavibhedenāha - - -
- vakṣyante+ataḥparam doṣā
vṛddhikṣayavibhedataḥ | | 74 | |
pṛthak trīn viddhi saṃsargabhedānadhunā
vakti - - - - saṃsargastridhā, tatra tu
tānava | | 74 | |
katham nava bhedān ? ityāha - - - - trīneva
samayā vṛddhyā, ṣaḍekasyātiśāyane | | 75 | |
5 trayodaśa samasteṣu katham ? ityāha - - - - ṣaḍ
dvyekātiśayena tu | | 75 | |
ekaṃ tulyādhikāiḥ ṣaṭ ca
tāratamyavikalpanāt | | 76 | |
pañcaviṃśatimityevaṃ vṛddhaiḥ kṣīṇaiśca
tāvataḥ | | 76 | |
ekaikavṛddhisamatākṣayaiḥ ṣaṭ te punaśca
ṣaṭ | | 77 | |
ekakṣayadvandvavṛddhyā saviparyayayā+api
te | | 77 | |
10 bhedā dviṣaṣṭirnirdiṣṭāḥ triṣaṣṭāḥ
svāsthyakāraṇam | | 78 | | § 3210

1.12.197 Sarvāṅgasundarā

vṛddhiśca kṣayaśca vṛddhikṣayau, vṛddhikṣayayorvibh-
edo vṛddhikṣayavibhedaḥ, vividho viśiṣṭo bhedo-vibhedaḥ,
tasmādvṛddhikṣayavibhedataḥ | ataḥparam-ato+anantaram,
doṣāḥ-vātādayo, vakṣyante-bhaṇiṣyante | sa0-pṛthak-vyastān

svapramāṇādhikān, trīn doṣān rogahetūn, viddhi-avehi |
vāto vṛddhaḥ | 1 | pittaṃ vṛddham | 2 | śleṣmā vṛddhaḥ |
3 | evaṃ trayo doṣāḥ | sa0-saṃsargastridhā-triprakārah |
tatra-saṃsarge, nava doṣabhedān svapramāṇādhikān, "vi-
ddhi" ityetaadanuvṛttikṛtena sambandhena sarvatra yo- 5
jyam | sa0-samayā vṛddhyā-tulyayā vṛddhyā, trīneva-
anyūnādhikān, saṃsargadoṣabhedān viddhi | eko vātap-
ittābhyāmādhikābhyām, dvitīyo vātakaphābhyāmādhikā-
bhyām, tṛtīyaḥ pittaśleṣmābhyāmādhikābhyām, iti | saṃs-
argasthayordoṣayorekasya doṣasyātiśāyane-adhikatarayā 10
vṛddhyā, ṣaṭ saṃsargadoṣabhedān viddhi | atīśayo-atīśāyanam |
atīśāyane "tamabiṣṭhanau" iti nipātanāddīrghaḥ | doṣa-
dvayavṛddheścintyamānatvādaparadoṣacintānāstyatra | § 3211

vāto vṛddhaḥ pittaṃ vṛddhataram | | 1 | |
pittaṃ vṛddham vāto vṛddhataraḥ | | 2 | | 15
kapho vṛddhaḥ pittaṃ vṛddhataram | | 3 | |
pittaṃ vṛddham kapho vṛddhataraḥ | | 4 | |
kapho vṛddho, vāto vṛddhataraḥ | | 5 | |
vāto vṛddhaḥ kapho vṛddhataraḥ | | 6 | | § 3217

evaṃ ṣaṭ saṃsargadoṣabhedān viddhi | sa0-samasteṣu- 20
sannipatiteṣu triṣvapi doṣeṣu vṛddheṣu, trayodaśa doṣa-
bhedān viddhi | sa0-dvau caikaśca dvyeke, teṣāṃ dvyekeṣāmatīśayo-
adhikatvam, tena dvyekātiśayena | tato dvayātiśayena tr-
ayo bhedaḥ, tathā doṣaikasyātiśayena trayah, iti ṣaṭ bh-
edaḥ | yathā,-kapho vṛddho vātapitte+adhikaṃ vṛddhe | 25
1 | pittaṃ vṛddham vātakaphāvativṛddhau | 2 | vāto vṛ-
ddhaḥ pittakaphāvativṛddhau | 3 | pittakaphau vṛddhau
vāto+ativṛddhaḥ | 4 | vātakaphau vṛddhau pittamativṛ-
ddham | 5 | vātapitte vṛddhe kapho+ativṛddhaḥ | 6 | iti
ṣaḍbhedān dvyekātiśayena sannipāte viddhi | sa0-tulyaṃ 30
kṛtvā-samaṃ kṛtvā, vṛddhairdoṣairekaṃ sannipātadoṣa-
bhedaṃ viddhi | sa0-taratamayorbhāvastāratamyam | ka-
sya tāratamyam ? prakṛtatvātsannipāsthadōṣāṇām | tā-
ratamyasya vikalpanaṃ-bhedaḥ, tāratamyavikalpanam, ta-
smāt | sannipāsthadōṣāṇām vṛddhirūpāṇām ṣaḍbhedān 35
viddhi | yathā,-vāto vṛddhaḥ pittaṃ vṛddhataram kapho
vṛddhatamaḥ | 1 | vāto vṛddhaḥ kapho vṛddhataraḥ pi-

ttam vṛddhatamam | 2 | pittaṃ vṛddham kapho vṛddh-
ataro vāto vṛddhatamaḥ | 3 | pittaṃ vṛddham vāto vṛ-
ddhatarah kapho vṛddhatamaḥ | 4 | kapho vṛddho vāto
vṛddhatarah pittaṃ vṛddhatamam | 5 | kapho vṛddhaḥ
5 pittaṃ vṛddhataram vāto vṛddhatamaḥ | 6 | eteṣāṃ ca
lakṣaṇam muniradhyagīṣṭa | tathā ca tadgranthaḥ (ca.
ci. a. 3 | 88)- "sannipātajvarasyordhvaṃ trayodaśavidha-
sya hi | prāk sūtritasya vakṣyāmi lakṣaṇam vai pṛthak pṛ-
thak | | bhramaḥ pipāsā dāhaśca gauravaṃ śiras+atiruk |
10 vātapittolbaṇe vidyāllīṅgaṃ mandakaphe jvare | | śai-
tyam kāso+arucistandrā pipāsā dāharugvyathāḥ | vāt-
aśleşmolbaṇe vyādhou liṅgaṃ pittāvare viduḥ | | cha-
rdiḥ śaityam muhurdāhastrṣṇā moho+asthivedanā | ma-
ndavāte vyavasyanti liṅgaṃ pittakapholbaṇe | | sandhy-
15 asthiśirasah śūlam pralāpo gauravaṃ bhramaḥ | vāto-
lbaṇe syād hyanuge trṣṇā kaṅthāsyaśuṣkatā | | raktavi-
ṇmūtratā dāhaḥ svedastr̥dbalasaṅkṣayaḥ | mūrccā ceti
tridoṣe syāllīṅgaṃ pittagarīyasi | | ālasyārucihṛllāsadh-
avamyaratibhramaiḥ | kapholbaṇam sannipātam tandr-
20 ākāseṇa cādiṣet | | samaṃ doṣaistribhirvṛddhaiḥ sann-
ipātasya lakṣaṇam | muhurdāho muhuḥ śītam karṇa-
kṣvedanapārśvaruk | | mohah cchardirdivā nidrā rātrau
jāgaraṇam tathā | pratiśyā chardirālasyāṃ tandrārucy-
agnimārdavam | | hīnavāte pittamadhye cihnam śleşm-
25 ādhike matam | hāridramūtranetratvagdāhastrṣṇā bhr-
amo+aruciḥ | | hīnavāte madhyakaphe liṅgaṃ pittādhike
matam | śīrorugvepathuḥ śvāsaḥ pralāpaḥ cchardyaroc-
akau | | hīnapitte madhyakaphe liṅgaṃ vātādhike ma-
tam | śītakam gauravaṃ tandrā pralāpo+asthiśirotiruk | |
30 hīnapitte vātamadhye liṅgaṃ śleşmādhike viduḥ | va-
rcobhedo+agnidaurbalyam trṣṇā dāho+arucirbhramaḥ | |
kaphahīne vātamadhye liṅgaṃ pittādhike matam | śvā-
saḥ kāsah pratiśyāyo mukhaśoṣo+atipārśvaruk | | kaph-
ahīne pittamadhye liṅgaṃ vātādhike smṛtam |" iti | sa0-
35 evam-pūrvoktena prakāreṇa, pañcaviṃśatisaṅkhyāparim-
āṇān vṛddhān doṣabhedān vṛddhairdoṣairviddhi | sa0-
kṣīnaiḥ-kṣayāvasthairdoṣaiḥ, tāvataḥ-tatparimāṇān pañca-
viṃśatisaṅkhyākān doṣabhedān viddhi | yathā,-vṛddhaiḥ

pṛthak trīn doṣabhedān, tathā kṣīṇaiḥ | "pṛthak trīn"
 ityādigranthe vṛddhiśabdasthāne kṣīṇaśabde nipātyaḥ |
 tadyathā,-vātaḥ kṣīṇaḥ | 1 | pittam kṣīṇam | 2 | kaphaḥ kṣī-
 ṇaḥ | 3 | tadevaṃ saṃsarge navadoṣabhedān viddhi | ka- 5
 tham ? trīneva samakṣīṇatvena,-kṣīṇavātapittasamsargaḥ |
 1 | kṣīṇapittakaphasamsargaḥ | 2 | kṣīṇavātakaphasamsa-
 rgaḥ | 3 | ṣaḍekasyātiśāyane | atiśāyane-anyadoṣāpekṣayā
 kṣīṇatvātireke,-vātaḥ kṣīṇaḥ pittam kṣīṇataram | 1 | pi-
 ttam kṣīṇam vātaḥ kṣīṇatarah | 2 | vātaḥ kṣīṇaḥ kaphaḥ
 kṣīṇatarah | 3 | kaphaḥ kṣīṇo vātaḥ kṣīṇatarah | 4 | ka- 10
 phaḥ kṣīṇaḥ pittam kṣīṇataram | 5 | pittam kṣīṇam ka-
 phaḥ kṣīṇatarah | 6 | evaṃ ṣaṭ doṣabhedān viddhi | tray-
 odaśa samasteṣu-sannipatiteṣu kṣīṇeṣu doṣeṣu doṣabhed-
 āṃstrayodaśa viddhi | katham ? ṣaḍ dvyekātiśāyena tu |
 doṣadvayasyātiśāyena-atikṣīṇatvena, tathā doṣaikaśāyena 15
 tu | tathā doṣaikasyātikṣīṇatvena, paryāyataḥ ṣaṭ kṣīṇas-
 annipātadoṣabhedān viddhi | yathā,-vātaḥ kṣīṇaḥ pittak-
 aphāvatikṣīṇau | 1 | pittam kṣīṇam vātakaphāvatikṣīṇau |
 2 | kaphaḥ kṣīṇaḥ pittavātāvatikṣīṇau | 3 | vātapitte kṣīṇe
 kapho+atikṣīṇaḥ | 4 | pittakaphau kṣīṇau vāto+atikṣīṇaḥ | 20
 5 | vātakaphau kṣīṇau pittamatikṣīṇam | 6 | ekaṃ tuly-
 akṣīṇairbhedaṃ viddhi | 1 | ṣaṭ ca tāratamyavikalpanāt,-
 kaphaḥ kṣīṇaḥ pittam kṣīṇataram vātaḥ kṣīṇatamaḥ | 1 |
 vātaḥ kṣīṇaḥ kaphaḥ kṣīṇatarah pittam kṣīṇatamam | 2 |
 pittam kṣīṇam kaphaḥ kṣīṇataro vātaḥ kṣīṇatamaḥ | 3 | 25
 kaphaḥ kṣīṇo vātaḥ kṣīṇatarah pittam kṣīṇatamam | 4 |
 vātaḥ kṣīṇaḥ pittam kṣīṇataram kaphaḥ kṣīṇatamaḥ | 5 |
 pittam kṣīṇam vātaḥ kṣīṇatarah kaphaḥ kṣīṇatamaḥ | 6 |
 evaṃ pañcaviṃśatidoṣabhedān kṣīṇairdoṣairviddhi | sa0-
 te-sannipāsthadōṣāstrayaḥ, ṣoḍhā bhavanti | katham ? 30
 ityāha-ekaiketyādi | vṛddhiśca samatā ca kṣayaśca vṛddhi-
 samatākṣayāḥ | ekaikasya-vātādyanyatamasya, vṛddhi-
 samatākṣayā ekaikavṛddhisamatākṣayāḥ, tairekaikavṛddhi-
 samatākṣayaiḥ ṣaṭ | yathā,-vāto vṛddhaḥ pittam samam
 kaphaḥ kṣīṇaḥ | 1 | pittam vṛddham vātaḥ samam ka- 35
 phaḥ kṣīṇaḥ | 2 | kapho vṛddhaḥ pittam samam vā-
 taḥ kṣīṇaḥ | 3 | kapho vṛddho vātaḥ samam pittam kṣī-
 ṇam | 4 | vāto vṛddhaḥ kaphaḥ samam pittam kṣī-

ṇam | 5 | pittaṃ vṛddham̐ kaphaḥ samo vātaḥ kṣīṇaḥ |
 6 | evamekaikavṛddhisamatākṣayaīḥ ṣaṭ | sa0-ekasya kṣ-
 aya ekakṣayaḥ, dvandvasya vṛddhirdvandvavṛddhiḥ, ek-
 akṣayasahitā dvandvavṛddhirekakṣayadvandvavṛddhiḥ,
 5 tayā | kimbhūtayā ? saviparyayayā,-saha viparyayeṇa-
 vaiparītyena vartate yā saivam, tayā | ekakṣayadvandv-
 avṛddhyā punareva ṣaṭ doṣabhedāḥ | vātaḥ kṣīṇaḥ pi-
 ttakaphau vṛddhau | 1 | pittaṃ kṣīṇam̐ vātakaphau vṛ-
 ddhau | 2 | kaphaḥ kṣīṇo vātapitte vṛddhe | 3 | evamekakṣ-
 10 ayadvandvavṛddhyā trayo bhedaḥ | saviparyayayā ca vṛ-
 ddhyā trayo doṣabhedāḥ | dvandvakṣayaikadoṣavṛddhyā-
 dvandvakṣayasahitaikadoṣavṛddhiḥ, tayā | yathā,-vātapittakṣīṇe
 śleṣmā vṛddhaḥ | 1 | vātakaphau kṣīṇau pittaṃ vṛddham̐ |
 2 | pittakaphau kṣīṇau vāto vṛddhaḥ | 3 | iti saviparyayayā
 15 vṛddhyā trayo § 3218

1.12.198 Aṣṭāṅgahr̥dayasam̐hitā

doṣabhedāḥ | evaṃ sannipātabhedā dvirūpayā vṛddhyā
 ṣaḍete jñeyāḥ | sa0-evaṃ bhedagaṇanayā
 doṣāṇām̐ bhedaḥ dviṣaṣṭīrnirdiṣṭāḥ-uktāḥ |
 sa0-triṣaṣṭīnām̐ pūraṇo yo doṣabhedāḥ, sa
 svāस्थ्यakāraṇam̐-ārogyahetuḥ,
 dhātusāmyāt | atra hi svapramāṇasthā
 vātapittakaphāḥ | ye ca doṣabhedā dviṣaṣṭīḥ,
 te ca rogakāraṇamityarthāduktam̐ bhavati |
 atra ca rogahetutve doṣavaiṣamyam̐
 kāraṇam̐ | triṣaṣṭā iti " tasya pūraṇe ḍaṭ " iti
 ḍaṭ | § 3219

1.12.199 Āyurvedarasāyana

atha sam̐yogaḥ | tasya triṣaṣṭībhedaḥ | tānāhavakṣya-
 nte+ataḥparamiti | doṣāḥ-doṣabhedāḥ | vimedāḥ-tāratamyam,
 tatsāmye nāsti vṛddhau kṣaye cāsti, vṛddhikṣayavattā-
 ratamyam̐ cabhede kāraṇam̐ | ā0 ra0- tatra vṛddhisā-
 5 myābhyām̐ dvādaśa | tatra pṛthak trīn viddhi | pṛthak-

pratyekaṃ vṛddhayā, "pañcaviṃśatirityevaṃ vṛddhaiḥ"
 ityupasaṃhārāt | pāriśeṣyāt dviśaḥ sāmyena | yathā,- vā-
 yurvṛddhaḥ pittakaphau samau | 1 | pittam vṛddham vā-
 yukaphau samau | 2 | kapho vṛddho vāyupitte same | 3 |
 ā0 ra0- saṃsargaṃ tridhā viddhi, vāyupitte vāyukaphau 5
 pittakaphau iti | tatra tāt-saṃyogān, nava viddhi | ā0
 ra0- tatra trīn samayā vṛddhyā | yathā,- vāyupitte vṛ-
 ddhe kaphaḥ samaḥ | 1 | vāyukaphau vṛddhau pittam sa-
 mam | 2 | pittakaphau vṛddhau vāyuḥ samaḥ | 3 | ekasy-
 ātisāyane ṣaṭ | yathā,-vāyoḥ pittam vṛddham kaphaḥ sa- 10
 maḥ | 1 | pittādvāyurvṛddhaḥ kaphaḥ samaḥ | 2 | kaphā-
 dvāyurvṛddhaḥ pittam samam | 3 | vāyoḥ kapho vṛddhaḥ
 pittam samam | 4 | pittātkapho vṛddho vāyuḥ samaḥ | 5 |
 kaphātpittam vṛddham vāyuḥ samaḥ | 6 | evaṃ dvād-
 aśa | ā0 ra0- vṛddheṣveva samasteṣu trayodaśa saṃy- 15
 oyogān viddhi | ā0 ra0- tatraikasmāt dvayorvṛddhayo-
 strīn | yathā,-vāyoḥ pittakaphau vṛddhau | 1 | pittātkapha-
 vāyū | 2 | kaphādvāyupitte | 3 | dvābhyāmekasmin vṛddhe
 trīn | yathā,- vāyupittābhyām kapho vṛddhaḥ | 1 | vāyuka-
 phābhyām pittam vṛddham | 2 | pittakaphābhyām vāyurv- 20
 ṛddhaḥ | 3 | ā0 ra0- tulyādhikairekam | yathā,-vāyupittakaphā
 vṛddhāḥ | 1 | ā0 ra0- tāratamyavikalpanāt ṣaṭ | yathā,-vāyupittakaphā
 vṛddhā vṛddhatarā vṛddhtamāḥ | | 1 | | evaṃ vāyukaph-
 apittāni | 2 | pittakaphavāyavaḥ | 3 | pittavāyukaphāḥ | 4 |
 kaphavāyupittāni | 5 | kaphapittavāyavaḥ | 6 | evaṃ tray- 25
 odaśa | ā0 ra0- evaṃ vṛddhau pañcaviṃśatiṃ viddhi |
 ā0 ra0- kṣīṇaiśca tāvato viddhi | vṛddhaśabdasthāne kṣ-
 īṇaśabdapayogātte jñeyāḥ | ā0 ra0- vṛddhikṣayasāmy-
 aiḥ (vṛddhisāmyakṣayaiḥ) ṣaṭ | vṛddhavṛddhataravṛddh-
 atamasthāne vṛddhakṣīṇasama(vṛddhasamakṣīṇa) pray- 30
 ogātte jñeyāḥ | teṣāṃ lakṣaṇmuktaṃ saṅgrahe (sū. a.
 20)-"rogāvasthāsu yugadvṛddhisāmyakṣayanugam | ṣa-
 ṭkaṃ hi durbodhataraṃ vikāraitiritye ddaśyate | | prakṛti-
 stham yadā pittam vṛddho vāyuḥ kaphakṣaye | sthān-
 ādādāya gātreṣu yatra visarpati | | tadābhedasca dāha- 35
 śca tatra tatrānavasthitau | gātradeśe tathā syātām ba-
 lahāni pariśramau | | prakṛtistham kapham kṣīṇe pitte
 vāyuryadā balī | karṣet kuryāttada śūlam saśaityasta-

mbhagauravam | | prakṛtisthaṃ yadā vātaṃ pittaṃ vṛ-
 dham kaphakṣaye | saruṇaddhi tadā dāhaḥ sūlaṃ cā-
 ṣopajātyate | | prakṛtisthaṃ kaphaṃ vṛdham pittaṃ vā-
 yukṣaye yadā | sannirudhyāttadā kuryātsatandrāgaura-
 5 vam jvaram | | prakṛtisthaṃ yadā vāyuraṃ kṣīṇe pitte ka-
 pho+adhikaḥ | sannirudhyāttadā kuryācchītakam gaur-
 avam rujam | | śītakam-śītapūrvajvaram | prakṛtisthaṃ
 yadāpittavṛddhaḥ śleṣmā+anilakṣaye | sannirudhyāttadā
 kuryānmandāgnitvam śirograham | | nidrātandropalepā-
 10 mśca hr̥drogam gātragaauravam | ṣṭhīvanam pittakaphay-
 ornakhādīnām ca pītatām | | ye doṣavṛddhikṣayayorvik-
 ārah kīrtitāḥ pṛthak | śeṣeṣvapi tu tāneva kalpayettadya-
 thāyatham | | " iti | ā0 ra0- ekakṣayadvandvavṛddhibhyām
 trayah | yathā,-vāyuraḥ kṣīṇaḥ pittakaphau vṛddhau | 1 | pi-
 15 ttam kṣīṇam kaphavāyū vṛddhau | 2 | kaphaḥ kṣīṇo vāyu-
 pitte vṛddhe | 3 | dvikṣayaikavṛddhibhyām trayah | yathā,-
 vāyupitte kṣīṇe kapho vṛddhaḥ | 1 | pittakaphau kṣīṇau vā-
 yurvuddhaḥ | 2 | kaphavāyū kṣīṇau pittaṃ vṛddham | 3 |
 ā0 ra0- evam dviṣaṣṭirbhedāḥ | ā0 ra0- vāyupittakaphāḥ
 20 samā ititriṣaṣṭo bhedaḥsvāsthyakāraṇam | § 3220

1.12.200 Aṣṭāṅgahr̥dayasaṃhitā

saṃsargādrasarudhirādibhistathaiṣām doṣāṃstu
 kṣayasamatāvivṛddhibhedaiḥ | | 78 | |
 ānantyam taratamayogataśca yātān
 jānīyādava hitamānaso yathāsvam | | 12 | |
 78-1/2 | | 12 | | § 3223

iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira-
 5 citāyāmaṣṭāṅgahr̥dayasaṃhitāyām sūtrasthāne doṣabhed-
 īyo nāma dvādaśo+adhyāyah | | 12 | | § 3224

1.12.201 Sarvāṅgasundarā

na kevalam dviṣaṣṭibhedabhinnān doṣān jānīyāt | āna-
 ntyam ca gatān vidyāt | kathamānantyam ? ityāha-eṣām
 doṣabhedānām, yathāsvam-rasaktādibhirdhātubhiḥ sa-

ṃyogāt, tathaiṣāmeva kṣayādibhedastaratamayogāccāna-
 ntyaṃ gatān vidyāt | tatra diṇmātraṃ śiṣyavyutpattaye pr-
 adarśayate | tatra rase vātapittakaphānāṃ pṛthak trayo bh-
 edā bhavanti, "pṛthak trīn viddhi" ityanusāreṇa | saṃsa- 5
 rgastridhā | "tatra tu tān" rasamevādhikṛtya nava viddhi |
 katham ? pūrvavat "trīneva samayā vṛddhyā ṣaḍekasyāt-
 iśāyene |" evaṃ pūrvoktanyāyena rasamadhikṛtya saṃsa-
 rgam yojayitvā sannipāto yojanīyaḥ | yathā,-trayodaśa sa-
 masteṣu | katham ? "ṣaḍdvyeḱātīśayena tu | ekaṃ tulyādh-
 ikaiḥ ṣaṭ ca tāratamyavikalpanāt | |" iti samānaṃ pūrveṇa, 10
 rasākhyam sthānaṃ kevalamadhikam | "pañcaviṃśatimi-
 tyevaṃ vṛddhaiḥ kṣīṇaiśca tāvataḥ |" rasamadhikṛtya bh-
 edān viddhi | ityevaṃ rudhiramāṃsādibhiryojyam | eka-
 ikopakrameṇetyevaṃ dviṣaṣṭibhedabhinnānāṃ doṣānāṃ
 rasādibhiḥ saptabhiḥ saṃyogāt catvāri śātānyekacatvār- 15
 iṃśadadhikāni syuḥ | śakṛdādisaṃsargāt kṣīṇatarakṣīṇa-
 tamādibhedairvṛddhataravṛddhatamādibhedaiśca cintya-
 mānā doṣā ānantyaṃ yāntīti | rasabhede doṣabhede cā-
 vagate vaidyasya hetulakṣaṇopakrameṣu moho na bhav-
 ati | tathā ca muniḥ (ca. sū. a. 26 | 25)- "yaḥ syādrasav- 20
 ikalpajñāḥ syācca doṣavikalpavit | na sa muhyedvikārā-
 nāṃ hetuliṅgopapattiṣu | |" iti | mnaujraugastridaśabha-
 vāpraharṣiṇī syāt | iti śrīmrṅgāṅkadattaputraśrīmadaruṇa-
 dattaviracitāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarvāṅgasundar-
 ākhyāyāṃ sūtrasthāne doṣabhedīyādhyāyo dvādaśaḥ sa- 25
 māptaḥ | | 12 | | § 3225

1.12.202 Āyurvedarasāyana

ete bheda rasādibhirdūṣyaiḥ pratyekaṃ saṃsargādvahavo
 bhavanti | tathā, eṣāṃ-dūṣyānāṃ kṣayādibhedaiḥ saṃsa-
 rgāttato+api bahavaḥ | evamānantyaṃ yātān doṣānavahi-
 tamānaso jānīyāt | yathāsvaṃ-svena lakṣṇena | iti hemādr-
 iṭīkāyāmāyurvedarasāyane | doṣabhedaprakaraṇam sām- 5
 astyena nirūpitam | | 12 | | § 3226

1.13 doṣopakramaṇīyādhyāyaḥ : 13

1.13.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto doṣopakramaṇīyamadhyāyaṃ
vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 3228

1.13.2 Sarvāṅgasundarā

doṣāṅāmupakramaṇam-cikitsā, doṣopakramaṇam | tasmai
hito doṣopakramaṇīyaḥ | śeṣam pūrvavadyojyam | § 3229

1.13.3 Āyurvedarasāyana

lakṣaṇaskandhānantaramauṣadhaskandhamārabhate | ta-
tra doṣopakramaṇīyamadhyāyaṃ vyākhyātum pratijānīte-
atheti | doṣopakramaṇasyaiva sarvarogaṣadhatvāt | upakramaṇam-
auśadham | § 3230

1.13.4 Aṣṭāṅgahr̥dayasaṃhitā

vātasyopakramaḥ snehaḥ svedaḥ saṃśodhanam
mṛdu | | 1 | |
svādvamlalavaṇoṣṇāni
bhojyānyabhyaṅgamardanam | | 1 | |
veṣṭanam trāsanam seko madyam
paiṣṭikagaḍḍikam | | 2 | |
snigdhoṣṇā bastayo bastiniyamah
sukhaśīlatā | | 2 | |
5 dīpanaiḥ pācanaiḥ siddhāḥ
snehāścānekayonayaḥ | | 3 | |
viśeṣānmedyapiśitarasatailānuvāsanam | | 3 | | § 3236

1.13.5 Āyurvedarasāyana

tatra vātauṣadhamāha-vātasyopakrama iti | snehaḥ-śodhanādiḥ
 (tailādiḥ) | svedaḥ-tāpādiḥ | śodhanam-vamanādi, tacca
 mṛdu-hīnayogena kṛtam | veṣṭanam-valitavasrādinā sama-
 ntādbandhanam | trāsanam-akasmādbhayotpādanam | sekaḥ-
 secanam | bastayo-nirūhāḥ | bastiniyamaḥ-anuvāsanam, 5
 tasya bastinā niyatvāt | sukhaśīlatā-sukhābhyāsaḥ | snehāḥ-
 tailādayaḥ | tilatailātasītailagoghṛtamahiṣīghṛtādibhedāt-
 anekayonayaḥ | dīpanaiḥ-citrakādibhiḥ | pācanaiḥ-mustādibhiḥ |
 siddhāḥ-pakvāḥ | snehānām punarvacanam yathākatha-
 ṅcidapi vātaghnatvajñāpanārtham | medyaḥ-meduram, 10
 yat piśitam-māmsam, tasya rasastilaitailamanuvāsanam ce-
 tyetatrayam viśeṣeṇauṣadham | § 3237

1.13.6 Sarvāṅgasundarā

vātasyopakramaḥ snehaḥ, śreṣṭhatvācca prāgupādānam
 snehasya | tataḥ svedaḥ | kṛtasnehasvedasya ca saṁśo-
 dhanam | tacca mṛdu-na tīkṣṇam, tīkṣṇasya vātakopa-
 hetutvāt | tathā, svādvādīni bhojyāni-bhakṣyāni | abhy-
 aṅgaśca mardanam cābhyaṅgamardanam | mardanam- 5
 pāṇyādinā | veṣṭanam-śāṭakādinā | trāsanam-khaṅgavyagrāgrahastarājap-
 nanu, bhīśokādibhirmārutasya kopa ūktaḥ | vakṣyati hi
 (hṛ. ni. a. 1 | 15) - "kriyātiyogabhīśoka" ityādi | tat ka-
 tham trāsanam vāyorupakramaḥ ? ucyate | bhayaḥ vā-
 taprakopahetuḥ, na tu trāsanam | trāsanam hi sarvav- 10
 atavijayi | tasmādvātopaśāntyartham trāsanam yuktam |
 yathā,-unmādādiṣu | tathā ca vakṣyati vātonmāde (hṛ. u. a.
 6 | 29) - "harṣaṇāśvāsanotrāsabhayātāḍanatarjanam |" ity-
 ādi | tathā, sekādirupakramaḥ | seko-daśamūlakvāthādinā |
 tathā, madyam paiṣṭikam gauḍikam ca vātasyopakra- 15
 maḥ | tathā, snigdhoṣṇā bastayo vātasyopakramaḥ | sni-
 gdhoṣṇā ityuktyā rūkṣaśītam bastimatra nirākaroti | tathā,
 bastiniyamo-yathāvidhi bastidānam, vātasyopakramaḥ |
 athavā bastiniyamaḥ-karmakālayogākhyastripaṅcāsadbastisaṅkhyāḥ
 "prāk sneha ekaḥ paṅcānte" (hṛ. sū. a. 19 | 63) ityevam- 20
 ādinā granthena yo darśitaḥ, sa vātasyopakramaḥ | ta-
 thā sukham śīlayatīti sukhaśīlaḥ | śīlikāmibhikṣyācaribhyo

ṇaḥ | tasya bhāvaḥ sukhaśīlatā,-saukhyavṛttitvam | tilapri-
yālākṣoḍādayo+anekā yonayo yeṣāṃ te+anekayonayah sn-
ehāḥ, te ca vātasyopakrama iti yojyam | kimbhūtāḥ ? dīp-
anapācanairdravyaiḥ siddhāḥ | viśeṣeṇa puṣṭamāṃsaras-
5 astailamanuvāsanam ca vātasyopakramah | § 3238

1.13.7 Āyurvedarasāyana

pittasyauṣadhamāha-pittasya sarpiṣaḥ pānamiti | suga-
ndhiśītahṛdyānām dravyāṅām-candanādīnām ye gandhā-
steṣāmupasevanam | kaṅṭheguṅānām-kaṅṭhāvalmbinām,
hārāṅām-muktāvalīnām, ye maṇayasteṣāmurasā dhṛtiḥ |
5 uśīram-vīraṅgam | pradoṣaḥ-candram vinā+api | ayantraṅgamukham-
yat mukhena niyantraṅgam na karoti buddhyā tu karoti |
mugdhā-mṛdulā | udyānadīrghikāḥ-krīḍāvanāvāpyaḥ | sutīrthaḥ-
śobhanāvatarāṅgamārgaḥ, vipulaḥ svacchaśca yaḥ salilāśa-
yaḥ, tasya saikate-sikatāmayapradeśe | sām̐bhojajalatīrayorantaḥ-
10 sandhiḥ, yasminsaikate tattathā | kāyamānaṃ-tr̥ṇādiracitāgāram |
saumyā bhāvāḥ-manaḥprasādanāḥ padārthāḥ, payaḥ sa-
rpirvirekaśceti catuṣṭayaṃ viśeṣādauṣadham | § 3239

1.13.8 Aṣṭāṅgahr̥dayasam̐hitā

pittasya sarpiṣaḥ pānaṃ svāduśītairvirecanam | | 4 | |
svādutiktakaṣāyāṇi bhojanānyauṣadhāni
ca | | 4 | |
sugandhiśītahṛdyānām
gandhānāmupasevanam | | 5 | |
kaṅṭheguṅānām hārāṅām maṇīnāmurasā
dhṛtiḥ | | 5 | |
5 karpūracandanośīrairanulepaḥ kṣaṇe
kṣaṇe | | 6 | |
pradoṣaścandramāḥ saudham hāri gītaṃ
himo+anilaḥ | | 6 | |
ayantraṅgasukham mitraṃ putraḥ
sandigdhamugdhavāk | | 7 | |

chandānuvartino dārāḥ priyāḥ
 śīlavibhūṣitāḥ | | 7 | |
 śītāmbudhārāgarbhāṇi
 grhāṇyudyānadīrghikāḥ | | 8 | |
 sutīrthavipulasvacchasalilāśayasaikate | | 8 | |
 sāmbohajalatīrānte kāyamāne drumākule | | 9 | |
 saumyā bhāvāḥ payaḥ sarpirvirekaśca 5
 viśeṣataḥ | | 9 | | § 3251

1.13.9 Sarvāṅgasundarā

upakrama ityanuvartate | sarpiṣaḥ pānamityādi pittasyo-
 opakramaḥ | tathā, hārāṇām-muktādāmnām kaṇṭheguṇ-
 asaṃjñānām vakṣasā dhṛtiḥ-dhāraṇam | tathā, maṇinām-
 marakatacandrakāntapadmarāgādīnām | tathā, karpūrād- 5
 ibhiḥ pratikṣaṇamanulepanam | tathā, pradoṣādiḥ pitt-
 asyopakrama iti vartate | pradoṣo-rātrimukham | sudh-
 āyā idaṃ saudhaṃ,-dhavalagrham | hāri-ramyam, gītaṃ-
 gānam | tathā, mitramayantraṇasukhaṃ-na vidyate yantra-
 aṇā yasmimstathāvidhaṃ sukhaṃ yasmimstathāvidhaṃ
 mitram | tathā, sandigdihā-avyaktā, mugdhā-apraudhā, 10
 vāg-vānī, yasya sa evaṃvidhaḥ putraḥ | dārāḥ-kalatrāṇi,
 vallabhāḥ-suśīlāśca | tathā, chandānuvartinaḥ-cittānugūṇakāriṇaḥ |
 śītāmbudhārā garbhe-abhyantare, yeṣāṃ tathāvidhāni gr-
 hāṇi | tathā, udyānaṃ-upavanam | tathā, dīrghikāḥ-grhapaṣkarīṇyaḥ |
 tathā, saumyā bhāvāḥ pittasyopakramaḥ | kva sthitasya 15
 ? sutīrthavipulasvacchasalilāśayasaikate yat kāyamānaṃ-
 trṇagrham, tasmin | śobhanaṃ tīrthaṃ tasya sa evam |
 sutīrthaścāsau vitatavimalajalāśayaśca sutīrthavipulasv-
 acchasalilāśayaḥ tasya samīpe saikatam, tasmin | sik-
 atā asmindeśe santīti saikatam, "sikatāśarkarābhyāṃ ca" 20
 ityaṅ | samūhārthe ṭhagdurnivāraḥ syāt | kīdrśe kāyam-
 āne ? sāmbojaṃ-sapadmaṃ, jalaṃ yasmimstīrānte sa
 evaṃ sāmbohajalastīrānto yasmin kāyamāne tasmin | ta-
 thā, drumaiḥ-vṛkṣaiḥ, ākule-vyāpte | viśeṣeṇa tu payo gh-
 rtaṃ virekaścopakramaḥ | § 3252 25

1.13.10 Aṣṭāṅgahr̥dayasaṃhitā

śleṣmaṇo vidhinā yuktaṃ tīkṣṇaṃ
vamanarecanam | | 10 | |
annaṃ rūkṣālpatīkṣṇoṣṇaṃ
kaṭutiktakaṣāyakam | | 10 | |
dīrghakālasthitaṃ madyaṃ ratiprītiḥ
prajāgaraḥ | | 11 | |
anekarūpo vyāyāmaścintā rūkṣaṃ
vimardanam | | 11 | |
5 viśeṣādvamaṇaṃ yūṣaḥ kṣaudraṃ
medoghnamauśadham | | 12 | |
dhūmopavāsagaṇḍūṣā niḥsukhatvaṃ sukhāya
ca | | 12 | | § 3258

1.13.11 Sarvāṅgasundarā

vidhinā-śāstroktena, yuktaṃ tīkṣṇaṃ vamanavirecanam
kaphasyopakramaḥ | tathā, annaṃ rūkṣādiguṇayuktaṃ |
tathā, madyaṃ purāṇam | ratiprītiḥ prajāgaraḥ,-ramaṇaṃ-
ratiḥ, tasyāḥ prītiḥ-sukham | tathā, prajāgaraḥ-atijāgaraṇam |
5 tathā, anekarūpo vyāyāmo-niyuddhadhanurākarṣaṇādikaḥ |
viśeṣeṇa tu vamaṇaṃ yūṣo māḥṣikaṃ tathā medoghnaṃ
yadauśadham tacca dhūmādayaśca | tathā, niḥsukhatvaṃ-
sukhābhāvo duḥkharūpatvam, vāgdehamanaḥkarmaṇo
duḥkhadasyānuṣṭhānādyadasukhamupadyate, tacca śle-
10 ṣmaṇo vṛddhasya vikāraṇahetorupaśamāt sukhāya jā-
yate | § 3259

1.13.12 Āyurvedarasāyana

śleṣmaṇa auśadhamāha-śleṣmaṇo vidhinā yuktamiti | vi-
dhinā yuktaṃ tīkṣṇaṃ śodhanam, tīkṣṇena śodhanena
vyāpado+asambhavāt | ata eva mṛdumadhyam vātapi-
ttayoḥ śodhanamuktaṃ | ratiprītiḥ-sambhoge prītiḥ, na
5 tu ratiḥ | vamaṇādyāṣṭakaṃ viśeṣādauśadham | sukhāya-
sukhasādhanāya | dharmāyayanniḥsukhatvaṃ-duḥkhānubhavaḥ
nādharmāya, tasya rogahetutvāt | § 3260

1.13.13 Aṣṭāṅgahr̥dayasaṃhitā

upakramaḥ pṛthagdoṣān yo+ayamuddiśya
kīrtitaḥ | | 13 | |
saṃsargasannipāteṣu taṃ yathāsvaṃ
vikalpayet | | 13 | | § 3262

1.13.14 Sarvāṅgasundarā

pṛthak-pratyekaṃ, doṣān-vātādīn. uddiśya-āśritya, ya up-
akramaḥ kīrtitaḥ-uktaḥ, saṃsarge sannipāte ca taṃ-
upakramaṃ, yathāsvaṃ vikalpayet-pravṛddhadoṣānusāreṇa
nirūpya prayuñjīta | yathā,-vātapittasaṃsarge vātapittopa-
kramau miśrau, vātakaphasaṃsarge vātakaphopakramau, 5
ityādi | evaṃ sannipāte+api nirūpyopakramaḥ prayojyaḥ |
§ 3263

1.13.15 Āyurvedarasāyana

saṃsargasannipātabhedānāmauśadhamāha-upakrama iti |
yathāsvaṃ-svamātmīyaṃ viśeṣamanatikramya, vikalpa-
yet | yathā,- vātapittasaṃsarge vātapittauśadhamelanam-
avirodhena | tasminneva vātādhike vātauśadhamādhiky-
ena, pittādhikye pittauśadham, evamanyatrāpi | § 3264 5

1.13.16 Aṣṭāṅgahr̥dayasaṃhitā

graiṣmaḥ prāyo marutpitte vāsantaḥ kaphamārute | | 14 | |
maruto yogavāhitvāt, kaphapitte tu
śāradaḥ | | 14 | | § 3266

1.13.17 Sarvāṅgasundarā

upakrama ityanuvartate | vātapittasaṃsarge grīṣmartuc-
aryāvihita upakramaḥ prāyeṇa yojyaḥ | yathā (hr̥. sū. a.
3 | 27) - "ato+asmin paṭukaṭvamlavyāyāmārkakarāṃṣtya-
jet | bhajenmadhuramevānnaṃ" ityādi sarvaṃ tyājyaṃ se-

vyam ca | kaphamārutasaṃsarge vasantartubhavaḥ "tī-
kṣṇairvamananasyādyaiḥ" (hr̥. sū. a. 3 | 19) ityādirup-
akramo yojyaḥ | prāyeṇetyatrāpi yojyam | nanu, grī-
ṣme+atyantaśītasevoktā, vasante ca tīkṣṇam vamanana-
5 syādyuktam | etacca dvayamapyekāntena pavanahetuḥ |
tatkathamuktam ? "graiṣmaḥ prāyo marutpitte vāsantaḥ
kaphamārute |" ityāśaṅkyāha-maruto yogavāhitvāt | atrā-
yam bhāvaḥ,-yadā kila vāyuḥ pittena yujyate tadā dāhād-
īkṛt, na ca pitte same sati dāhādikaṃ kartuṃ marutsama-
10 rthaḥ | api ca grīṣme śītameva sevyata iti nāyam niyamaḥ |
kiṃ tarhi ? snigdhādyapi | tasmānmarutpitte grīṣmavidh-
iryuktaḥ | vasante ca kaphayogāt kaphavikārakāryeva bh-
avati pavanaḥ, yogavāhitvāt | atastīkṣṇo vamananasyādi-
rnyāyya eva | pittena saha sthitasya vāyoḥ pittacikitsā, ka-
15 phena saha sthitasya vāyoḥ kaphacikitsā, svabhāvavaśā-
diti bhāvaḥ | tathā ca granthaḥ,-"yogavāhī" (pr̥. 9 | 23) ity-
ādi | kaphapittasaṃsarge tu śāradaḥ-śaradr̥tucaryāvihita
upakramaḥ | nanu, sannipāte ka upakramaḥ ? brūmaḥ |
varṣartucaryāvihitaḥ | prāvṛṣi hi doṣatrayakopa uktaḥ |
20 ata eva tatrāha (hr̥. sū. a. 3 | 44) - "bhajetsādhāraṇaṃ sa-
rvam" ityādi | § 3267

1.13.18 Āyurvedarasāyana

saṃsargabhedānāmauśadhāntaramāha-graiṣma iti | mar-
utpitte saṃsr̥ṣte graiṣma upacāraḥ kāryaḥ | kaphamār-
ute vāsantaḥ | kaphapitte śāradaḥ | tatra śāradasya kaph-
apittaghnatvādyukto nirdeśaḥ | graiṣmasya pittaghnatvā-
5 dvāsantasya kaphapittaghnatvādayuktaḥ, tatrāha-maruto
yogavāhitvāditi | yogaṃ-sambandhaṃ, vahatinirvahati,
dvitīyasyānusaraṇeneti-yogavāhī | tena pittayuktasya vā-
yoḥ pittaghnenopaśāntiḥ, kaphayuktasya kaphaghna |
prāyograhaṇādanucitāṃśasya tyāgo+api | § 3268

1.13.19 Aṣṭāṅgahr̥dayasaṃhitā

caya eva jayeddoṣaṃ kupitaṃ tvavirodhayan | | 15 | |

sarvakope baliyāṃsaṃ
śeṣadoṣāvirodhataḥ | | 15 | | § 3270

1.13.20 Āyurvedarasāyana

auśadhakālamāha-caya eveti | caya eva doṣaṃ jayet, na ko-
paṃ pratīkṣeta | atha kathañciccayātikrame kupitaṃ do-
ṣaṃ jayet | taṃ punaravirodhayan jayet | kupito+apidvividhaḥ,-
prakṛtisamasamaveto vikṛtiviśamasamavetaśca | tatra pr-
athame doṣasvarūpatulyaṃ rogasvarūpaṃ, dvitīye vipa- 5
rītaṃ | yathā,- kaphajvare kaphaviparītamuṣṇatvam | ta-
tra jvarasvarūpasya kaphaprakopavirodhitvādatyuṣṇam-
auśadhaṃ na kāryam | vakṣyati hi (hr. ci. a. 1/16) -"ūṣmā
pittādr̥te nāsti jvaro nāstyūṣmaṇā vinā | tasmātpittaviru-
ddhāni tyajetpittādhike+adhikam | |" iti | sarveṣāṃ yuga- 10
patkope yo baliyān taṃ jayet, śeṣadoṣamavirodhayan | sa-
ṅgrahakāraṣṭvāha (sū. a. 21) - "kramānmaruṭpittakaphān
sarvatra sadṛṣe bale | vātādīnāṃ yathāpūrvam yataḥ svā-
bhāvikaṃ balam | | ūce parāśaro+apyarthamamumeva pr-
amāṇayan | yathopanyāsataḥ prāptamādaḥ doṣe bhiṣagj- 15
itam | | netr̥bhaṅgena dr̥ṣṭo hi samaṃ sainyaparājayaḥ |
sthānataḥ kecidicchanti prak̥ tāvat śleṣmaṇo vadham | |
śirasyurasi kaṅthe ca pralipte+annaruciḥ kutaḥ | tadabh-
āve kathaṃ bhojyapānadravīyāvacāraṇam | | asatyabhya-
vahāre ca kuto doṣasya nigrahaḥ | tasmādādaḥ kapho je- 20
yah kāyadvārārgalo hi saḥ | | madhyasthāyi yataḥ pitta-
māśukāri ca cintyate | ato vātasakhasyāsya kuryāttadanu
nigraham | | adhaḥsthāyī ca tadanunigrāhyaḥ syātsamīr-
aṇaḥ | ata eva ca pittādiḥ kaphānto+anyau kramaḥ sm-
ṛtaḥ | | suśrutaśca na sarvatra matametadṛavīti tu | jaye- 25
jjvare+atisāre ca kramāt pittakaphānilān | | prāyeṇa tāpā-
tmatayā jvare pittaṃ viśiṣyate | viśaśca saratā pittāttathā
ca mṛdukoṣṭhatā | | tasya cānubalaḥ śleṣmā gauravāpakt-
ijādyakṛt | vāyuśca vardhate+avaśyaṃ yastvahaḥsu tayoh
kṣaye | | jvarātisārayostasmādeṣa doṣajaye kramaḥ | kaph- 30
apittānilānanye kramādāhustayorapi | | yasmādāmaśayo-
tkleśādbhūyiṣṭhaṃ tatsamudbhavaḥ | krameṇādyena tatr-
āpi pravṛddhān svāśaye sthitān | | svāśayeṣu praduṣṭānāṃ

sthitaivaṃ hyāśukāritā | vijñāya karmabhiḥ svaiḥ svairdo-
ṣodrekaṃ yathābalaṃ | | bheṣajaṃ yojayettatra tantrī ku-
ryāna tu kramam | " iti | § 3271

1.13.21 Sarvāṅgasundarā

cayakāla eva doṣaṃ-vātādiṃ, jayet | yathā chinnamūlatv-
āna vikurvīta | na kopakālaṃ pratīkṣeteti sūcanārtha eva-
śabdaḥ | kathaṃ jayet ? ityāha-kupitaṃ doṣamavirodh-
ayan | sarvadoṣakope tu balavattaraṃ doṣaṃ jayet | ka-
5 tham ? śeṣadoṣāvirodhena | § 3272

1.13.22 Aṣṭāṅgahr̥dayasaṃhitā

prayogaḥ śamayedvyādhimekaṃ
yo+anyamudīrayet | | 16 | |
nā+asau viśuddhaḥ śuddhastu śamayedyo na
kopayet | | 16 | | § 3274

1.13.23 Sarvāṅgasundarā

yaḥ prayogo vyādhiṃ śamayedanyamanyam vyādhimudīrayet-
prakopayet, nāsau viśuddho-na śreṣṭha ityārthaḥ | sa tu vi-
śuddhaḥ prayogo, yaḥ śamayedvyādhiṃ na kopayet | ta-
smādanyaṃ vyādhimavirodhayan vyādhiṃ jayet | § 3275

1.13.24 Āyurvedarasāyana

tatrāśuddhaprayogo heyaḥ śuddha upādeyaḥ | tasmāttayorlakṣaṇamāha-
prayoga iti | doṣāṇaṃ parasparaṃ na śamaḥ, ityuktaṃ sa-
ñgrahe (sū. a. 21) -"kruddhaṃ malamalaṃ jetuṃ nālpabh-
āvādubhāvapi | doṣā doṣātmakatvācca na sāmye+api par-
5 asparaṃ | | śītadravāmlalavaṇakaṭvādiguṇatulyatā | dr̥ṣṭā
mithaśca doṣeṣu nāto+anyonyaṃ jayanti te | | ārambha-
kaṃ virodhe+api mitho yadvadguṇatrayam | viśvasya dr̥-
ṣṭaṃ yugapavdyādherdoṣatrayaṃ tathā | | " iti | § 3276

1.13.25 Aṣṭāṅgahr̥dayasaṃhitā

vyāyāmādūṣmaṇastaikṣṇyādahitācaraṇādapi | | 17 | |
 koṣṭhācchākḥāsthimarmāṇi
 drutatvānmārutasya ca | | 17 | |
 doṣā yāntitathā tebhyaḥ
 srotomukhaviśodhanāt | | 18 | |
 vṛddhyā+abhiṣyandanātpākātakoṣṭham vāyośca
 nigrāhāt | | 18 | |
 tatrasthāśca vilamberan bhūyo
 hetupratīkṣiṇaḥ | | 19 | | § 3281

5

1.13.26 Sarvāṅgasundarā

koṣṭhāt-udārāt, śākhāsthimarmāṇi doṣā yānti | kutaḥ ?
 iti hetucatuṣṭayamāha-vyāyāmādibhiḥ śākhāsthimarmāṇi
 doṣā yānti | tatra vyāyāmopajātaśramasyordhvaṃ prap-
 annaḥ pavano vyāyāmakṛtakṣobhaśramoṣmādibhiḥ pra-
 śithilaṃ calaṃ ca doṣaṃ svāspadāt cyāvayitvā paryāku- 5
 laṃ śākhādiṣu kṣipati | tathā, agnyātapādisambandhina
 ūṣmaṇastaikṣṇyāt,-tīkṣṇena hyūṣmaṇā vilāyitā doṣāsten-
 aiva coṣmaṇā vivṛteṣu srotomukheṣu satsu śākhādīni yā-
 nti | ahitetyādi | ahitena ca sevitenā doṣāḥ svapramāṇā-
 datiricyamānāḥ koṣṭhamāpūrya vārṣikā iva jalaughā ni- 10
 mnonnatānīva śākhāsthimarmāṇi prapadyante | api sa-
 muccaye | drutatvādityādi | drutatvāt-śīghravāhitvāt, mā-
 rutasya ca, koṣṭhācchākḥāsthimarmāṇi doṣā yānti | sa0-
 srotasāṃ mukhāni, teṣāṃ viśodhanaṃ-vivaraṇaṃ, tasm-
 āddoṣāḥ koṣṭham yānti | tathā, vṛddhyādibhiḥ | vṛddhiḥ- 15
 svapramāṇātirekaḥ | vṛddhā hi doṣāḥ svāni srotāṃsyāpū-
 rya koṣṭham yānti | abhiṣyandanaṃ ca nāgnitāpāditīkṣṇo-
 ṣṇādisaṃśleṣādeva, api tu kṣīradadhyādyabhiṣyandibho-
 janādapi | evaṃ pākāt,-pācanādibhiḥ pakvā doṣāḥ kvaci-
 danāsajjantaḥ koṣṭham yānti | kiñcaḥ ? vāyośca nigrāhāt,- 20
 caśabdāna kevalaṃ pūrvebhyo hetubhyo yāvadvāyvapra-
 eraṇacca, iti cārthaḥ | sa0-tatrasthāḥ-koṣṭhasthāśca doṣā
 vilamberan-na rogānutpādayeyuḥ | yasmātte bhūyo hetu-

pratīkṣiṇaḥ, nimittakāraṇahetuṣu sarvāsāṃ prāyodarśan-
āddhetau prathamā, bhūyo hetupratīkṣitvādityarthaḥ | vṛ-
ddho+api hi doṣaḥ koṣṭhe śākhādau vā mārgāntareṇa gato
hīnaśaktivānna rogotpādanasamartho bhavati | § 3282

1.13.27 Āyurvedarasāyana

atha sthānabhedopakrama ucyate | tatra doṣāṇāṃ sthānāntaraprāptiprakāramāḥ
vyāyāmāditi | vyāyāmādibhiścaturbhiḥ koṣṭhasthā doṣāḥ
śākhākhyam bahirmārgam yānti, madhyam vā asthimarm-
ākhyam | ā0 ra0-tathā śākhāsthā asthimarmasthā vā srot-
5 omukhaviśuddhyādibhiḥ pañcabhirhetubhiḥ koṣṭham yā-
nti | abhiṣyandanam-dravībhāvaḥ | ā0 ra0-evam doṣāḥ ko-
ṣṭhasthāḥ kiṃ kuryuḥ ? ityāha-tatrasthāśceti | yatsthānam
prāptāstatra vilambante, yāvatsthānāntaragamane hetum
na labhante | labdhe tu hetau punaḥ sthānāntaram yānti-
10 tyarthaḥ | § 3283

1.13.28 Sarvāṅgasundarā

svasthāne parasthāne vā vilambamānā doṣāḥ svaiḥ svaiḥ
prakopaṇaiḥ prakupyantītyāha-te kālādibalamiti | § 3284

1.13.29 Aṣṭāṅgahr̥dayasaṃhitā

te kālādibalam labdhvā

kupayantyanyāśrayeṣvapi | | 19 | | § 3285

1.13.30 Sarvāṅgasundarā

te-doṣāḥ, kāladeśāpathyādeḥ samānaguṇādbalam labdhvā
kupyanti,-vikāramutpādayantītyarthaḥ | kutra sthāne ?
ityāha-anyāśrayeṣvapi,-koṣṭhāśrayāḥ śākhāsthimarmasvapi,
śākhāsthimarmasvapi, śākhāmarmāsritāḥ koṣṭheṣvapītya-
5 rthaḥ | na kevalam svasthānasthā eva kupyantīti sūcanā-
rtho+api śabdaḥ | § 3286

1.13.31 Aṣṭāṅgahr̥dayasaṃhitā

tatrānyasthānasam̐stheṣu tadīyāmabaleṣu tu | | 20 | |
kuryāccikitsām-----
| | 20 | | § 3288

1.13.32 Sarvāṅgasundarā

tatra-teṣu vātādiṣu, anyasthānasam̐stheṣu-anyasya sthāna-
manyasthānaṃ tatra santiṣṭhante+anyasthānasam̐sthāsteṣu,-
parasthānagateṣu, tadīyām-sthānidoṣasambandhinīmeva,
cikitsām kuryāt, na svakīyām | tasya-parasthānadoṣasyeyam-
tadīyā, tām | kimbhūteṣu doṣeṣu ? abaleṣu tu | turavadhā- 5
raṇe, abaleṣveva na balavatsu | balavatsu hi svāmeva ciki-
tsām vakṣyati | § 3289

1.13.33 Āyurvedarasāyana

āgantordoṣasya hīnabalasya sthānicikitsā kāryetyāha-tatreti |
tadīyām-yasya sthāne kupitastasya cikitsām | § 3290

1.13.34 Aṣṭāṅgahr̥dayasaṃhitā

-----svāmeva
balenānyābhibhāviṣu | | 20 | | § 3291

1.13.35 Sarvāṅgasundarā

balena- ātmīyayā śaktyā, anyābhibhāviṣu-anyasthānidoṣamabhibhavitum
śīlaṃ yeṣāṃ te+anyābhibhāvinaḥ, sthānidoṣaṃ parābhūya
tatra ye santiṣṭhante ityārthaḥ | teṣu svāmeva cikitsām ku-
ryāt | § 3292

1.13.36 Āyurvedarasāyana

āgantorapi prabalasya svacikitsaiva kāryetyāha-svameveti |
§ 3293

1.13.37 Aṣṭāṅgahr̥dayasaṃhitā

āgantum̐ śamayeddoṣam̐ sthāninaṃ pratikṛtya
vā | | 21 | | § 3294

1.13.38 Sarvāṅgasundarā

sthāninaṃ doṣam̐ pratikṛtya-yathāsvaṃ sthānidoṣa āgant-
udoṣacakitsānirvartanāna vikāram̐ kuryāttathā tasya pr-
atīkāram̐ kṛtvā, svairevopakramairabalavantamāgantum̐
doṣam̐ śamayet-cikitset | na kevalamanyasthānasam̐sthe-
5 ṣvāgantuşvabaleṣu sthānidoṣacikitsām̐ kuryāt, yāvadāg-
antudoṣacikitsām̐pi kuryādityarthaḥ | athāsau sthānid-
oṣa āgantudoṣeṇa balavattvādabhibhūyeta, tato+asya vik-
āra karaṇam̐ pratyasamarthatvāttatpratīkāramakṛtvaivāg-
antum̐ śamayediti vāśabdārthaḥ | anyasthānasam̐stheṣviti
10 bahuvacananirdeśaḥ paryāyeṇa doṣāṇām̐ sthitatvāt | any-
athā dvayorekasya vā+anyasthānasthitatvam̐ sambhavati,
na trayāṇām̐ | § 3295

1.13.39 Āyurvedarasāyana

āgantusthāninostulyabalayoḥ krameṇa cikitsā kāryetyāha-
āgantumiti | sthāninaṃ pratikṛtyāgantum̐ śamayet | ath-
avā, āgantum̐ pratikṛtya sthāninaṃ śamayet | pratikṛtya-
pratīkāram̐ kṛtvā | § 3296

1.13.40 Aṣṭāṅgahr̥dayasaṃhitā

prāyastiryaggatā doṣāḥ kleśayantyāturāṃściraṃ | | 21 | |
kuryāna teṣu tvarayā dehāgnibalavit
kriyām̐ | | 22 | | § 3298

1.13.41 Sarvāṅgasundarā

tiryaggatā doṣāḥ prāyo-bāhulyena, āturāṃściraṃ kleśayanti-
pīḍayanti | teṣu-tiryaggateṣu doṣeṣu, tvarayā-śīghrameva,

kriyāṃ-cikitsāṃ, na kuryāt | vaidya iti śeṣaḥ | kīdrśo vaidyaḥ ? dehāgnibalābhijñāḥ | § 3299

1.13.42 Āyurvedarasāyana

prāya iti, jñātvā koṣṭhaprapannāmśceti | tiryaggatāḥ-śodhanamārgam parityajya sthitāḥ, antarbahirvā śodhayitumaśakyatvācciramaṃ kleśayanti | atasteṣu tvarayā na cikitsāṃ kuryāt,- dehamagniṃ balaṃ ca vicārya śanaiḥ śanaiḥ kuryādityarthaḥ | § 3300

5

1.13.43 Aṣṭāṅgahr̥dayasaṃhitā

śamayettān prayogeṇa sukhaṃ vā koṣṭhamānayet | | 22 | |
jñātvā koṣṭhaprapannāmśca yathāsannaṃ
vinirharet | | 23 | | § 3302

1.13.44 Sarvāṅgasundarā

tān-tiryaggatān doṣān, prayogeṇa-śāstravihitena, śamayet | sukhaṃ veti vā dehapīḍā na bhavati tathā kramaṇa koṣṭhamānayet, "vṛddhyā+abhiṣyandanāt" ityādīnā | jñātvetyādi | koṣṭhagatāmścāvagatya yathāsannaṃ vinirharet,-yo ya āsanno mārgo gudaṃ mukhaṃ ghrāṇaṃ vā, tenaiva yathāsannaṃ-vamanavirecanādinā niṣkāsayedityarthaḥ | § 3303

5

1.13.45 Āyurvedarasāyana

tān-tiryaggatān śamayet | athavā sukhaṃ-akleśena, snehasvedādinā-prayogeṇa, koṣṭhamānayet | tata ūrdhvamadho vā nirharet | alpatvabahutvābhyāṃ vikalpavyavasthāṃ vicārya | § 3304

1.13.46 Aṣṭāṅgahr̥dayasaṃhitā

srotorodhabalabhraṃśagauravānilamūḍhatāḥ | | 23 | |
ālasyaḥpaktiniṣṭhīvamalasaṅgāruciklamāḥ | | 24 | |
liṅgaṃ malānāṃ sāmānāṃ, nirāmāṇāṃ
viparyayaḥ | | 24 | | § 3307

1.13.47 Sarvāṅgasundarā

srotasāṃ rodhaḥ-srotorodhaḥ | balasya bhraṃśo-hāniḥ,-
balabhraṃśaḥ | gauravaṃ-gurutvam | anilasya-vāyoḥ, mūḍhatā-
samyagasañcāraḥ | ālasyaṃ-tandrā | apaktiḥ-āhārasyaḥpākaḥ |
niṣṭhīvo-mukhasrāvaḥ | malasya-puriṣādeḥ, saṅgaḥ-apravṛttiḥ |
5 aruciḥ-annānabhilāṣaḥ | klamo-glāniḥ | ityetatsāmānāṃ
malānāṃ-doṣāṇāṃ. liṅgaṃ-lakṣaṇam | nirāmāṇāṃ viparyayaḥ-
asmādvaiparītyam | § 3308

1.13.48 Āyurvedarasāyana

atha sāmadoṣopakramaḥ | tatra sāmālakṣaṇamāha-srotorodheti |
nirāmālakṣaṇamāha-nirāmāṇāmiti | viparyayaḥ-srotaḥśuddhyādirūpaḥ |
§ 3309

1.13.49 Aṣṭāṅgahr̥dayasaṃhitā

ūṣmaṇo+alpabalatvena dhātumādyamapācitam | | 25 | |
duṣṭamāmāśayagataṃ rasamāmaṃ
pracakṣate | | 25 | | § 3311

1.13.50 Sarvāṅgasundarā

ūṣmaṇaḥ-agneḥ, alpabalatvena-daurbalyena, ādyaṃ-prathamam,
dhātum rasam-rasākhyam, apācitamāmam pracakṣyate-
vadanti | ācāryā iti śeṣaḥ | kimbhūtaṃ rasam ? amāśayaga-
tam | tathā, duṣṭam-vātādyanuśayitam | rasagrahaṇaman-
5 ilasya nirāsārtham | anyathā ādyo dhāturvātākhyā ityāśa-
ñkyeta | vātādīnāmapi hi dhāraṇāddhātusaṃjñā+astyeva |
§ 3312

1.13.51 Āyurvedarasāyana

āmalakṣaṇamāha-ūṣmaṇa iti | uṣmaṇorasāgneḥ | dhātuṃ-
na doṣaṃ malaṃ vā | ādyaṃ-na raktādikam | rasaṃ-na ra-
satvātpracyutaṃ raktatvamaprāptam | § 3313

1.13.52 Aṣṭāṅgahr̥dayasaṃhitā

anye doṣebhya

evātiduṣṭebhyo+anyonyamūrchanāt | | 26 | |
kodravebhyo viṣasyeva vadantyāmasya
sambhavam | | 26 | | § 3315

1.13.53 Sarvāṅgasundarā

anye-apare ācāryāḥ, doṣebhya eva-vātādibhyo, atiduṣṭebhyo+anyonyamūr-
parasparamiśrībhāvāt, āmasya sambhavaṃ kathayanti |
kebhyaḥ kasyeva ? yathā kodravebhyo viṣasya sambhavaṃ
kathayanti | [tathā doṣebhya āmasya sambhavam |] § 3316

1.13.54 Āyurvedarasāyana

matāntareṇāmalakṣaṇamāha-anya iti | anyonyamūrchanāt-
parasparamekalolībhāvāt | § 3317

1.13.55 Aṣṭāṅgahr̥dayasaṃhitā

āmena tena sampr̥ktā doṣā dūṣyāśca dūṣitāḥ | | 27 | |
sāmā ityupadiśyante ye ca
rogāstadudbhavāḥ | | 27 | | § 3319

1.13.56 Sarvāṅgasundarā

tena-pūrvoktalakṣaṇena, āmena sampr̥ktāḥ-saṃyuktāḥ,
doṣā dūṣyāśca-rasādayaḥ | kīdrśāḥ ? dūṣitāḥ, taireva
vātādibhiḥ | sahāmena sāmāḥ, ityupadiśyante-tatra ta-
tra pradeśe tantre bhāṇyante | ye ca rogāḥ-jvarādayaḥ,

tadudbhavāḥ-vātādidoṣasamutthāḥ, tenāmena yuktāḥ sāmā
ityucyante | yathehaiva (hr̥. ci. a. 1 | 18) - "ajīrṇa iva śū-
laghnaṃ sāme tivraruji jvare |" ityādi vakṣyati | āmala-
kṣaṇaṃ caivam paṭhanti-"dravaṃ gurvanekavarṇaṃ he-
5 tuḥ sarvarogāṇāṃ snigdhaṃ picchilamāmaṃ tantumad-
anubaddhaśūlaṃ durgandhi" ityādi | sāmānāṃ ca vātā-
dīnāṃ saṅgrāhe pṛthaglakṣaṇamuktam | te saṅgrāhaśl-
okā yathā (sū. a. 21) - "vāyurāmānvayaḥ sārtirādhmān-
akṛdasañcaraḥ | durgandhamasitaṃ pittaṃ kaṭukaṃ ba-
10 halaṃ guru | | āvilastantumāmstyānaḥ pralepī picchilaḥ
kaphaḥ | viparyaye tu pakvatvaṃ tathā tāmraṃ same-
cakam | | pītaṃ ca pittamacchaṃ ca śleṣmā+acchaḥ pi-
ṇḍito+athavā | viśadaśca saphenaśca dhavalo madhuro
rase | |" iti | § 3320

1.13.57 Āyurvedarasāyana

sāmatvaṃ vyācaṣṭe-āmeneti | sāmairdoṣairdhātubhirmal-
aiśca janitā rogā api sāmā ucyante | § 3321

1.13.58 Aṣṭāṅgahr̥dayasaṃhitā

sarvadehapravisṛtān sāmān doṣān na nirharet | | 28 | |
līnān dhātuṣvanutkliṣṭān
phalādāmādrasāniva | | 28 | |
āśrayasya hi nāśāya te
syurdurnirharatvataḥ | | 29 | | § 3324

1.13.59 Sarvāṅgasundarā

sāmān-doṣān-vātādīn, sarvasmin dehe pravisṛtān-vyāptāśeṣakāyān,
dhātuṣu-rasādyeṣu, līnān-śliṣṭān, anutkliṣṭān-svasthānādacalitān,
na nirharet-vamanādibhirna śodhayet | kutaḥ ? durnirharatvataḥ-
duḥkhena nirhartuṃ śakyatvāt | te hi nirhriyamāṇā āśrayasya-
5 śarīrākhyasya, nāśāya syuḥ | yāvattu sarvadehapravis-
ṛtā na syuḥ | yathā bhuktānantaraṃ jvarotpattau na-
vātisāre ca tadā vamanena harītakya ca yathāyogaṃ

nirhāro+anujñāta eva granthakṛtā | atra dṛṣṭāntamāha-
phalādityādi | āmāt-apakvāt, phalāt-āmṛādeḥ, raso nirhr-
iyamāṇo durnirharatvāt āśrayasya-phalasya, yathā nāsāya
bhavati, evaṃ doṣā api | § 3325

1.13.60 Āyurvedarasāyana

sāmeṣu doṣeṣvavasthāviśeṣeṇa śodhanam niṣedhati-sarvadehapravisṛtān
vyāptadehān dhātulīnān anutkliṣṭān sāmān na śodhayet |
te hi durnirharatvādāśrayasya nāsāya syuḥ | § 3326

1.13.61 Aṣṭāṅgahr̥dayasaṃhitā

pācanairdīpanaiḥ snehaistān svedaiśca pariṣkṛtān | | 29 | |
śodhayecchodhanaiḥ kāle yathāsannaṃ
yathābalaṃ | | 30 | | § 3328

1.13.62 Sarvāṅgasundarā

tān-tathāvidhān doṣān, pācanaiḥ-jvarādyadhyāyoktaiḥ |
dīpanairiti pācanānāṃ snehānāṃ ca viśeṣaṇam, madhyad-
īpakatvāt | agnidīptikṛdbhiḥ pācanaiḥ snehaiśca tathā sve-
daiḥ pariṣkṛtān-parikalpitān kṛtasamskārān, yathāsannaṃ
yathābalaṃ ca kṛtvā yathokte kāle śodhanairdravyaiḥ śo- 5
dhayet | yathāsannaṃ yasya doṣasya ya āsanno mārga-
stenaiva taṃ nirharet | yathābalaṃ yasya yāvadbalaṃ
turyasyottamaṃ madhyamamadhamam vā, tajjñātvā tīkṣṇ-
ena madhyena mṛdunā vā śodhanena śodhayeditarthāḥ |
§ 3329 10

1.13.63 Āyurvedarasāyana

tāneva śodhanayogyān kṛtvā śodhayedityāha-pācanairiti |
pariṣkṛtān-śodhanayogyatām nītān | tatra pācanaiḥ pakv-
atvam | dīpanairdhātubhyaḥ pṛthaktvam | snehairutkliṣṭ-
atvam | svedaiḥ koṣṭhagatatvam | § 3330

1.13.64 Aṣṭāṅgahr̥dayasaṃhitā

hantyaśu yuktaṃ vakkreṇa
dravyamāmāśayānmalān | | 30 | |
ghrāṇena cordhvajatrūtthān
pakvādhānādgudena ca | | 31 | | § 3332

1.13.65 Sarvāṅgasundarā

vakkreṇa dravyaṃ yuktaṃ-pītaṃ, āmāśayāt malānāśu han-
nti | ghrāṇena tu pītamūrdhvajatrūtthān malānāśu hanti |
gudena yuktaṃ pakvādhānāt-pakvāśayāt, āśu malān han-
nti | § 3333

1.13.66 Āyurvedarasāyana

yathāsannatvaṃ vyācaṣṭe-hantyaśu yuktamiti | āmāśayāt-
āmāśayamabhivyāpya, pakvādhānāt-pakvāśayamabhivyāpya,
'lyablope pañcamī' | ūrdhvajatrūtthān jatru-skandhasandhiḥ,
tasyordhvaṃ,- ūrdhvajatru | § 3334

1.13.67 Aṣṭāṅgahr̥dayasaṃhitā

utkliṣṭānadhā ūrdhvaṃ vā na cāmān vahataḥ
svayam | | 31 | |
dhārayedausaḍhairdoṣān vidhṛtāste hi
rogadāḥ | | 32 | | § 3336

1.13.68 Sarvāṅgasundarā

adhā ūrdhvaṃ vutkliṣṭānāmān svayaṃ vahato-yatnaṃ vi-
naiva pravṛttān, auṣadhaiḥ-stambhanaiḥ, na dhārayet |
kutaḥ ? ityāha-hi-yasmāt, te-doṣāḥ, vidhṛtā rogadoḥ-
jvarādikāriṇaḥ | § 3337

1.13.69 Āyurvedarasāyana

svayaṃ pravṛttān sāmān na stambhayedityāha-utkliṣṭāniti,
dhārayediti | § 3338

1.13.70 Aṣṭāṅgahr̥dayasam̐hitā

pravṛttān prāgato doṣānupekṣeta hitāśinaḥ | | 32 | |
vibaddhān pācanaistaistaiḥ pācayannirhareta
vā | | 33 | | § 3340

1.13.71 Sarvāṅgasundarā

ataḥ-asmāddhetoḥ, pravṛttān prāk-prārambhakāle, do-
ṣān hitabhojina upekṣeta-saṅgrahaṇena na dhārayet |
vibaddhān-īṣatpravṛttān, taistaiḥ-yathoktaiḥ, pācanaiḥ pācayet-
pākaṃ nayet | nirharedvā | § 3341

1.13.72 Āyurvedarasāyana

svayaṃ pravṛtṭeṣu sāmeṣūpekṣaiva bheṣajamityāha-pravṛttāniti |
prāk-prathamam, yāvanna balahāniḥ | svayaṃ pravṛtṭeṣu
savinbandheṣu pācanaṃ nirharaṇaṃ vā kāryamityāha-
vibaddhāniti | pūrvavadvikalpavyavasthā | § 3342

1.13.73 Aṣṭāṅgahr̥dayasam̐hitā

śrāvaṇe kārtike caitre māsi sādharmaṇe kramāt | | 33 | |
grīṣmavarṣāhimacitān vāyvādīnāsu
nirharet | | 34 | | § 3344

1.13.74 Sarvāṅgasundarā

kramāt-yathākramam | grīṣmacitaṃ vāyuraṃ śrāvaṇe nirh-
aret | varṣācitaṃ pittaṃ kārtike nirharet | hemantaśīśirac-
itaṃ kaphaṃ caitre nirharet | ete hi sādharmaṇāḥ kālāḥ ata
eteṣu śodhanaṃ yuktaṃ | § 3345

1.13.75 Āyurvedarasāyana

athauṣadhakālāḥ | tatrauṣadham dvividham,- śodhanam
śamanam ca | tatra svasthasya śodhanakālamāha-āvaṇa
iti | sādharmaṇe-vr̥ṣṭiśītoṣṇ-tiśayarahite, hetugarbham ce-
dam viśeṣaṇam | § 3346

1.13.76 Āyurvedarasāyana

sandhiniyamenāsandhau śodhanam niśedhati-atyuṣṇavarṣaśītā
iti, sandhāviti, svasthavṛttamiti | uṣṇavr̥ṣṭyorvr̥ṣṭiśītayoḥ
śītoṣṇayoścāpagamodgamāvasthā-sandhiḥ | ā0 ra0-svasthavṛttamabhipretya-
svasthopacārābhiprāyeṇa | svasthasyāpi rogānutpattaye
5 śodhanamucitam | § 3347

1.13.77 Aṣṭāṅgahr̥dayasaṃhitā

atyuṣṇavarṣaśītā hi gr̥ṣmavarṣāhimāgamāḥ | | 34 | |
sandhau sādharmaṇe teṣāṃ duṣṭān doṣān
viśodhayet | | 35 | |
svasthavṛttamabhipretya, vyādhaḥ
vyādhivaśena tu | | 35 | | § 3350

1.13.78 Sarvāṅgasundarā

yato gr̥ṣmādayo+atyuṣṇādiyuktāḥ | [teṣāṃ-atyuṣṇavarṣaśītānām,
gr̥ṣmavarṣāhimāgamānām, sādharmaṇe sandhau śītoṣṇav-
arṣasamabhāve kāle doṣān-vātādīn, duṣṭān-vikṛtān, viśodhayet-
vinirharet | sandhau hi sāmyam |] tataḥ śodhanam
5 prati na te kālāḥ | tathā hi-gr̥ṣme tāvadādānaglānam
kharatararavikiraṇataptaṃ pipāsāklamādyākulamatipra-
vilīnadoṣamatiśīthilaṃ śarīraṃ bhavati | auṣadham pu-
naratikharadivākarakaranirbharatāpāduṣṇatīkṣṇatām yā-
tamatiyogāya sampadyate | prāvṛṣi ghanaghanauṣasa-
10 ṅghaṭṭasādite sarvato jagatyavasanno+agnirbhavati | ād-
ānadurbalaṃ ca śarīraṃ bhavati | oṣadhayaśca jalad-
ajalaplāvitamūlā alpavīryāḥ sampadyante | bhūbāṣpas-
am̐yogāccauṣadhīnām vidagdhatvam | ato+apathyatām

gatā ayogāyaiva | śītakāle cātiśītopahatatvāccharīramati-
vātaviṣṭabdhamatistabdhagurudoṣaṃ bhavati | śītopaha-
tatvāccoṣṇasvabhāvamapyauśadhaṃ saṃśodhanāyopay-
uktaṃ mandavīryatāṃ prāptamayogāyaiva kalpate iti | 5
tasmādyuktamuktamatyuṣṇavarṣaśītatvāt grīṣmādiṣu sv-
asthasya śodhanamayuktam, na tvāturasya, iti | sa-
svasthāvasthamadhikṛtyāyaṃ saṃśodhanakāla uktaḥ | vy-
ādhou tvātyayike vyādhyanurodhena saṃśodhanakālaḥ |
§ 3351

1.13.79 Aṣṭāṅgahr̥dayasaṃhitā

kṛtvā śītoṣṇavr̥ṣṭīnāṃ pratīkāraṃ yathāyatham | | 36 | |
prayojayetkriyāṃ prāptāṃ kriyākālaṃ na
hāpayet | | 36 | | § 3353

1.13.80 Sarvāṅgasundarā

śītoṣṇavr̥ṣṭīnāṃ pratīkāraṃ kṛtvā-kṛtrimāṃ ṛtugaṇaṃ
yathāyatham sampādya saṃśodhanādīlakṣaṇāṃ kriyāṃ
prayojayet | kṛtrimagaṇopadhānaṃ ca yathā-hemante
garbhagr̥hādi, grīṣme dhārāgrahādīni | kriyākālaṃ na
hāpayet-nātikrāmayet, ātyayikasya vyādheḥ prāṇahāri- 5
tvāt | § 3354

1.13.81 Āyurvedarasāyana

vyādhitasya śodhanakālamāha-vyādhāviti, kṛtveti, pray-
ojayediti | vyādhivaśena-yadaiva vyādhirutpadyate tada-
iva | prāptāṃ-avasthāvaśāt prāptāvasarāṃ | § 3355

1.13.82 Aṣṭāṅgahr̥dayasaṃhitā

yuñjyādanannamannādau madhye+ante
kavalāntare | | 37 | |
grāse grāse muhuḥ sānnaṃ sāmudgaṃ
niśicauşadham | | 37 | | § 3357

1.13.83 Sarvāṅgasundarā

daśaite auṣadhasya kālāḥ | anannamauṣadham taducyate
yadupayujya pariṇate tasmin bhujjīta | annādaḥ taducy-
ate yadupayujya samanantaramāhāropayogo vidhīyate |
5 madhya iti annasya-āhārasya madhye yadauṣadham bhuj-
jyate | ante-avasāne | kavalāntara iti kavalayoḥ-grāsayoḥ,
antare-madhye, na tu grāsamiśritam kṛtvetyarthaḥ | grāse
grāsa iti yad+a+agrāsasampṛktaṃ bhujyate | muhuriti pu-
naḥ punarbhukte+abhukte vā yadauṣadham bhujyate | sā-
10 nnamiti sahānna-āhāreṇa yadauṣadham bhujyate | sām-
udgam tadbhāṇyate yadāhārasya prāk paścācca prayujy-
ate, tena hi samudgapuṭayugalasamenauṣadhadvayenāh-
āro madhyīkriyate | samudgaḥ-sampuṭakaḥ | niśi taducy-
ate yacchayanavelāyāṃ bhujyate | § 3358

1.13.84 Āyurvedarasāyana

śamanaṣadhakālānāha-yuñjyāditi, grāse grāsa iti | yatr-
āhāre jīrṇe bheṣajam jīrṇe āhārastat-anannam, ābhaktaṃ
nāma | yatra gr̥hīte evauṣadhe āhārastat-annādaḥ, prā-
5 gbhaktaṃ nāma | yatrārdhāhāre bheṣajam paścācchepa
āhārastat-madhye, madhyebhaktaṃ nāma | yatra gr̥hīta
evāhāre bheṣajam tat-ante, adhobhaktaṃ nāma | yatra pr-
atigrāsam grāsasampṛktaṃ auṣadham tat-kavalāntare, grā-
sāntaram nāma | yatra pratigrāsam grāsasampṛktaṃ auṣa-
10 dham tat-grāse grāse, sagraṣam nāma | yatra bhuktasyābh-
uktasya vā punaḥ punarauṣadham tat-muhūrṇāma | yatra
āhāreṇa saha sādhitam miśrikṛtaṃ cauṣadham tat-sānnaṃ
nāma | yatrādaḥ bheṣajam tato+anantamevāhāraḥ tato+anantameva
punarbheṣajam tat-sāmudgam nāma | sāmudgaḥ-sampuṭakaḥ |
yatra rātrau svapnakāle bheṣajam tat-niśi, naiśam nāma
15 evaṃ daśauṣadhakālāḥ | § 3359

1.13.85 Aṣṭāṅgahr̥dayasaṃhitā

kaphodreke gade+anannam balino rogarogīṇoḥ | | 38 | |

annādaḥ viguṇe+apāne, samāne madhya
 iṣyate | |38| |
 vyāne+ante prātarāśasya, sāyamāśasya
 tūttare | |39| |
 grāsagrāsāntayoḥ prāṇe praduṣṭe
 mātariśvani | |39| |
 muhurmuhurviṣacchardihidhmātrṭṣvāsakāsiṣu | |40| |
 yojyaṃ sabhojyaṃ bhaiṣajyaṃ 5
 bhojyaiścitrairarocake | |40| |
 kampākṣepakahidhmāsu sāmudraṃ
 laghubhojinām | |41| |
 ūrdhvajatrūvikāreṣu svapnakāle
 praśasyate | |41| |
 iti śrīvaidyapatisiṃhaguṇtasūnuśrīmadvāgbha-
 ṭaviracitāyāmaṣṭāṅgahrdayasaṃhitāyāṃ
 sūtrasthāne doṣopakramaṇīyo nāma
 trayodaśo+adhyāyaḥ | |13| | § 3368

1.13.86 Sarvāṅgasundarā

kaphodreke roge nirannamauṣadhaṃ yojyaṃ | kayoḥ ?
 ityāha-balinorityādi | balavati roge rogiṇi ca tatkeval-
 amannādirahitamauṣadhaṃ yojyaṃ | taddhi nirannam-
 ativīryaṃ bhavati | balavāṃśca yadi rogī tadopayauñj- 5
 īta, na tu durbale | durbalasya tvannasahitaṃ na gl-
 ānikaraṃ bhavati | annādāviti | apāne vāyau viguṇe-
 kupite sati, auṣadhaṃ bhuktvā samanantaramevāhāra iṣy-
 ata ityārthaḥ | samāne vāyau viguṇe madhye bhakta-
 syauṣadhamiṣyate | vyāne vāyau viguṇe prātarāśasya-
 pūrvāhṇabhuktasya, ante-avasāne, bheṣajamiṣyate | sā- 10
 yamityādi | uttare-vyānāpekṣayā udāne maruti, viguṇe
 sāyamāśasya-aparāhṇabhuktasya tvante bheṣajamiṣyate |
 prāṇe mātariśvani-vāte, praduṣṭe-vikṛte, grāsagrāsāntara-
 yorbheṣajamiṣyate | grāsasya grāsāntaśca tayoḥ, tena grā-
 sasamprkṛtamauṣadhaṃ grāsayormadhye bheṣajamiti cāv- 15
 atiṣṭhate | muhurmuhuḥ-bhukte yadabhukte vā bheṣajaṃ,
 tattū viṣādiṣu yojyaṃ | arocake-arucāu, saha bhojyairbha-
 iṣajyaṃ yojyaṃ | kīdrśairbhojyaiḥ ? citraiḥ-anekavidhaiḥ |

sāmudgaṃ nāma yadādāvante cāhārasya bhujyate tatka-
 mpādiṣu 'praśasyate' iti vakṣyamāṇena sambandhaḥ | ke-
 ṣām ? laghvannāśinām | ūrdhvajatrūvikāreṣu śayanavelā-
 yāmauśadhaṃ praśasyata iti | iti śrīmṛgāṅkadattaputraśrī-
 5 madaruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarvā-
 ṅgasundarākhyāyāṃ sūtrasthāne doṣopakramaṇīyādhyā-
 yastrayodaśaḥ samāptaḥ | | 13 | | § 3369

1.13.87 Sarvāṅgasundarā

anannasya viṣayamāha-kaphodreke gata iti | ahnastr̥t-
 īyo bhāgaḥ-śleṣamakālaḥ, tadardhaṃ-kaphodrekaḥ, ta-
 smin gate-tadanantameva | prāgbhaktasya viṣayamāha-
 annādāviti | madhyebhaktasya viṣayamāha-samāna iti |
 5 adhobhaktasya viṣayamāha-vyāne+anta iti | vyāne vi-
 guṇe prātarbojanasyānte bheṣajam | uttare-udāne, vig-
 uṇe sāyaṃ bhojanasyānte | grāsagrāsāntayorviṣayamāha-
 grāsagrāsāntayoriti | muhuraśadhasya viṣayamāha-muhurmuhuriti |
 [muhurmuhuriti vīpsayā kriyāsaṅkarastviṣṭaḥ, "na kriyā-
 10 aṅkaro hitaḥ |" (saṅgrahe sū. a. 23) ityasya bādhaḥ |] sā-
 nnasya viṣayamāha-yojyamiti | sāmudgasya viṣayamāha-
 kampākṣepakahidhmāsiviti | naiśauśadhasya viṣayamāha-
 ūrdhvaṃjatrūvikāreṣviti | saṅgrahe tu ekādaśauśadhakālā
 uktāḥ (sū. a. 23) - "antarbhaktaṃ yatpūrvāhṇabhukte jī-
 15 rṇe madhyāhne bheṣajamupayujyate, tasmim̐śca jīrṇe pu-
 naraparāhṇe bhojanam | etena rātrirvyākhyātā | taddīpr-
 āgnervyānajeśvāmayeṣu |" iti | tathā-"tatrādye kāle tṛṣi-
 taḥ pītāmburajīrṇau kṣudhitaḥ kṣāmaśca bheṣajam varj-
 ayet | śeṣeṣu cāhr̥dyamasātmyapatitīkṣṇoṣṇogragandhaṃ
 20 bhūrimātraṃ ceti | bhavanti cātra | rogamādaḥ parīkṣeta
 tato+aqaṇantaramauśadham | tataḥ karma bhiṣak paścā-
 jñānapūrvam̐ samācaret | | nivṛtto+api pubarvyādhiḥ sv-
 alpenāyāti hetunā | dehe mārgīkr̥te doṣaiḥ śeṣaḥ sūkṣma
 ivānalaḥ | | tasmāttamanubadhniyāt prayogeṇānapāyinā |
 25 siddhānāmapi yogānām̐ pūrveṣam̐ dārḍhyamāvahan | |
 sātatyātsvādvaāvācca pathyam̐ dveṣyatvamāgatam | ka-
 lpanāvidhibhistaistaiḥ priyatvam̐ gamayetpunah | | ma-
 naso+arthānukūlyena tuṣṭurūrjā rucirbalaṃ | sukhopa-

ṁbhogata ca syādyadheścātaḥ parikṣayaḥ | | laulyāddo-
 śakṣayavdyādherśaiṣamyena ca yā ruciḥ | tāsū pathyo-
 pacārajño ypgenānnaṁ prakalpayet | | saptāhena guṇāl-
 ābe kriyāmanyāṁ prajoyayet | purvasyāṁ śāntavegāyāṁ
 na kriyāsaṅkaro hitaḥ | | guṇe tvalpe+api tāmeva viśeṣ- 5
 otkarṣalabdhave | bheṣajam nṛpaterhr̥dyamalpalpātya-
 yaṁ śuciḥ | | śuddhāgamam bahugūṇam bahukṛtvaḥ pra-
 yojitam | ananyakāryo+ava hita-nmannigurusammataḥ | |
 āsvāditam paricaraiḥ svayam cānu prajoyayet | ucito yasya
 yo deśastajam tasyauśadham hitam | | deśe+amyatrāpi 10
 vasatastattulyaguṇajanma vā | vīryavadbhāvitam samyak
 svarasairasakṛllaghu | | rasagandhādisampannam kāle jī-
 rṇe ca mātrayā | ekāgramanasā yuktaṁ bhaiśajyamamṛ-
 tāyate | | bheṣajamavacārayan [prāyaḥ] prāgeva tāvade-
 vamāturaṁ parīkṣeta | kasminnayam deśe jātaḥ samvṛ- 15
 ddho vyādhitō vā | tasmimśca deśe manuṣyaṇāmidamā-
 hārajātamevam vihārajātametāvadvalamevavidham sattv-
 amevamvidham sātmyamiyam bhakririme vyādhayo hi-
 tamidamahitamidamiti | prāyograhaṇena kena va nidā-
 naviśeṣeṇāśya kupito doṣaḥ | doṣasya hyekasyāpi bah- 20
 avaḥ prakopahetavaḥ | tasmādhatthāsvalakṣaṇaiḥ karm-
 abhiśca budhvā+api doṣamevamavagamayet | tadyathā,-
 kimāhāreṇa kupito vayuḥ kiṁ vihāreṇa, tathā rūkṣeṇa
 laghunā śīśireṇa vā, sāhasena vegarodhena vā, bhaya-
 ena śokena veti | tataśca tatpratipakṣamevaśadham pr- 25
 ayujyamānāmāśu siddhaye sampadyate | tatra madhurā-
 mlalavaṇā rasāḥ kaṭutiktakaśāyāścetaretarapatipakṣāḥ |
 tadanantaram copalabheta mṛdumadhyātimātravikalpa-
 nayā katham nidānamāsevitam | ekarūpasyāpi hi heto-
 rmṛdvādivibhāgena pṛthak samavetānām ca doṣāṇām- 30
 aṁśāṁśabalavikalpaviśeṣāt vyādherbalābalaviśeṣaḥ | ta-
 trānekadoṣātmakeṣu vyādhiṣu, anekaraseṣu ca bheṣaj-
 eṣu, doṣarasaprabhāvamekaikaśo+abhisamīkṣya vyādhi-
 bheṣajaprabhāvatattvam vayvasyet | na tvevam sarvatra |
 na hi vikṛtviśamasamavetānām nānātmakānām parasp- 35
 areṇopagr̥hītānāmupahatānām cānyaiśca vikalpanairvik-
 alpitānāmavayavaprabhāvānumānena samudāyaprabhā-
 vatattvamadhyavasitum śakyam | tathāvidhe hi samu-

dāye samudāyāprabhāvamevopalabhya vyādhyauśadha-
 prabhāvatattvamavagacchet | tathā, kasya dhāmādhiṣṭh-
 āya vyādhirayamavasthita iti nirūpayet | pravīṛto hi do-
 ṣaḥ svakīyameva sthānamātaṅkāyādhitīṣṭhan mūrddhā-
 5 dīn vā dustaro bhavati | tataḥ sthānaviśeṣeṇa bheṣaja-
 viśeśaḥ paryeṣitavyaḥ | tataścaivamālocayet | kasyāyam-
 auśadhasya vyādhirāturo vā yogyaḥ kiyato vā | doṣā-
 nurūpo hi bhaiṣajyavīryaṃ pramāṇavikalpo vyādhivyā-
 dhitabalāpekṣo bhavati | sahasā+atibalāni saṃśodhanau-
 10 ṣadhānyāgneyavāyavyānyatisaumyānyatimātrāṇi va | ta-
 thā+agnikṣāraśastrakarmāṅyālpasattvamāturamalpalapaḥ
 vā nipātayeyuḥ | saṃśamanāni tu vyādhibalādadhikāni
 tamupaśamayya vyādhiṃ vyādhikṣapitadehe śīghrama-
 nyamāvahanti, śarīrabalādadhikāni glānimūrcchāmadam-
 15 ohabalakṣayān, agnibalā dadhikāni glānimagnisādaṃ ca |
 api ca | atisthūlo+atikṣo+atidurbalo duṣṭamāṃsaṅonitā-
 sthyaṅgāvayavo+alpāgniralpāhāro+asātymyāhāro+apacitaḥ
 sārarahito vā vyādhibalameva tāvadasamarthaḥ so-m,
 kiṃ punastathāvidho bheṣajavegam | tasmāttādrūṣamavi-
 20 ṣādarkairmṛdusukhairuttarottaraṃ gurubhiravibhrama-
 iścopācaredoṣadhaiḥ, viśeṣādabalāḥ | tā hyanavasthitam-
 r̥duviklavahr̥dayāḥ prāyaḥ sukumārāḥ paraṃ saṃstabhy-
 āśca | tato+api viśeṣeṇa śīśavaḥ | tathā balavati balava-
 vdyādhyāture+alpabalamalpaṃ vā bheṣajamakiñcitkaraṃ
 25 bhūya eva doṣamutkleśya vyādhimudīrayet | yogyamapi
 cauśadhamevaṃ parīkṣeta | idamevaṃrasavīryavipāka-
 mevaṃguṇamevaṃdravyamevaṃkarmaivaṃprabhāvama-
 smin deśe jātamasminnr̥tau caivaṃgr̥hītamevaṃnihita-
 mevaṃvihitamevaṃniśiddhamevamupasamskṛtamevaṃsa-
 30 ṃyuktamevaṃyuktamanayā mātrayaivaṃvidhasya puru-
 ṣasyaivaṃvidhe kāle etāvantaṃ doṣamapakarṣatyupaśa-
 mayati vā | anyadapi va caivaṃvidhaṃ bheṣajamabhūt, ta-
 ccānenānyena vā viśeṣeṇa prayuktamidamakarot | sūkṣm-
 āṇi hi doṣauśadhadūṣyadeśakālabalānalāhārasārasātmya-
 35 sattvaprakṛtivayasāmavasthāntarāṇi | yānyanālocitani ni-
 hanyurāturaṃ | ālocyamānānyapi tu vipulabuddhimapi
 cikitsakamākulīkuryuḥ, kiṃpunaralpabuddhim | tasmād-
 abhīkṣṇaśaḥ śāstrārthakarmānuśīlanena saṃskurvīta pra-

jñām | api ca | santi vyādhayo ye śāstre utsargāpavādairu-
 pakramam̐ prati nirdiṣṭāḥ | tatra prajñayaiva doṣādiguru-
 lāghavena samyagvyavasyedanyataraniṣṭhāyām | kālaśca
 bheṣajasya yogyatāmāpādayati | sa tu kṣaṇalavamuhūrtā- 5
 dibhedenāturāvasthayā ca dvidhoktaḥ prāk | tatra śītoṣṇa-
 varṣalakṣaṇā ṛtavastrayo hemantagrīṣmavarṣākhyāḥ | teṣ-
 āmantare śodhanārtham̐ sādharmaṇā vasantaprāvṛṭṣaradā-
 khyāstrayo vikalpante | tatra śodhanam̐ prati phālgunac-
 aitrau vasantaḥ | āṣāḍhaśrāvaṇau prāvṛṭ | kārtikamārgaś-
 īrṣau śarat | api ca | śītoṣṇavarṣalakṣaṇastrividhaḥ kālaḥ | 10
 tatra śītoṣṇayorvruṣṭiśītayoścāntareṇa sādharmaṇau vasant-
 ajaladātyayau | grīṣmavarṣākālayostu prārambho vṛṣṭeḥ
 prāvṛḍiti vikalpyate | teṣu sādharmaṇeṣvahaḥsu vamanād-
 īnām pravruttiḥ, nivṛttiritareṣvayogatiyogabhayāt | sād- 15
 hāraṇā hi mandaśītoṣṇavarṣatayā sukhatvāt bhavantyavi-
 kalpakāḥ śarīrauśadhānām | viparītāstivatare | tathā hi-
 śītakāle+atimātraśītopahatatvāccharīramatyartham̐ śītav-
 ātaviṣṭabdhamatistabdhaḡurudoṣam̐ bhavati | tadanuprā-
 ptaḥ ca bheṣajam̐ saḡśodhanārthamuṣṇasvabhāvamapi
 śītopahatatvānmandavīryatām̐ gatamayogāya jāyate | śa- 20
 rīram̐ ca vāta prayopadravāya | tadvadvarṣasvapi § 3370

1.13.88 Aṣṭāṅgahṛdayasaḡhitā

samantādatiḡhanena ghanasaṅghātenāvatapte
nabhasyuparuddhatejaḡprasareṣu
dinakarakareṣu
jaladapaṭalaplāvanoddāmakardamāyām
bhūmāvatyarthopaklinnamavasannānalaba-
lamudgiktamalabalamādānadurbalaḡ
śarīraḡ bhavati | auṣadhagrāmastu jaladoda-
rapratatapramuktadhārāvapātasambhṛtā-
mbunivahopaplāvitamūlajālasāraviṭapo
bahalakomalapallavopacitaskandhaśākhaḡ
punariva bālatāmupagato+alvīryā bhavati |
aparisaḡsthitatayā ca
kṣitimalaprāyābhiramlavipākābhiḡ
khagamṛgasarīsr̥pādīśavadhātumūtrapurīṣa-
samsr̥ṣṭābhiradbhiḡ
salilasīkarānuviddhaśīśirapavanasampr̥kt-
ena ca dhārādharadhāroṣmaṇā
komalatvādapariṇatasyāsyā sutarām vidāho
janyate | tenāsāvapathyatāmupagato
dhruvamayogāya | prathamasaṅgr̥hītamapi
cauṣadhaḡ toyadatoyānugatamārutopahate
jagatīti | grīṣme punarādānopahattvāt
śarīramuṣṇarūksavātātapādhmātamatisvi-
nnamatiśīthilamatipravailīnadoṣaḡ bhavati |
bheṣajaḡ punaranuṣṇamapi
tapanataruṇatarakaranipātāduṣṇatikṣṇatā-
mupagatamatiyogāyopakalpate | śarīraḡ ca
pipāsābhramaklamopadravāya |
tasmātsādharaneṣveva tadantarāleśu
vamanādīni yojayet, na cedātyayiko
vyādhiḡ | ātyayike tu
kr̥trimaguṇopadhānena
yathartuguṇaviparītena
saḡyogasaḡskārapramāṇavikalpaiścopapā-
dyauṣadhamavahito+avacārayet |
āturāvasthāsu tu kālākālasam̐jñā |
tadyathā,-asyāmavasthāyāmasyauṣadhasya
kālo+akālo vā | na
hyaprāptātītakālamauṣadhaḡ yaugikaḡ
bhavati | " iti | auṣadhaḡ bhedaśca saṅgrahe 681
darśitāḡ (sū. a. 12) - "dvididhamauṣadham,-
ūrjaskaraḡ rogaghnaḡ ca | ubhayamapi
cobhayātmakaḡ, bāhulyena tu nirdeśaḡ |

1.14 dvividhopakramaṇīyādhyāyaḥ : 14

1.14.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto dvividhopakramaṇīyamadhyāyaṃ

vyākhyāsyāmaḥ | | 2 | |

iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 3373

1.14.2 Sarvāṅgasundarā

dvividhaṃ-dviprakāraṃ ca tadupakramaṇaṃ ca dvividh-
opakramaṇaṃ, tasmai hito dvividhopakramaṇīyaḥ | še-
ṣaṃ pūrvavat | upakramaśca samāsato dvividhaḥ, tantr-
āntarapaṭhitānāṃ caturṇāmupakramāṇāmātraivāntarbh-
avāt | § 3374

5

1.14.3 Āyurvedarasāyana

dvividhopakramaṇīyamadhyāyaṃ vyākhyātum pratijānīte-
atheti | yataḥ pūrvādhyāye doṣāṇāmupakrama uktaḥ | ta-
syedānīm bheda vācyāḥ | tatra dvau bhedau mukhyau |
ata evāyaṃ dvividhopakramaṇīyaḥ | § 3375

1.14.4 Aṣṭāṅgahr̥dayasaṃhitā

upakramyasya hi dvitvāddvidhai vopakramo

mataḥ | | 1 | | § 3376

1.14.5 Sarvāṅgasundarā

hi-yasmāt, upakramyasya-cikitsyasya, dvitvāddhetorupa-
kramo dvidhaiva mataḥ-iṣṭaḥ | evaśabdo+avadhāraṇaṃ
kurvan paramataṃ kṣipati | § 3377

1.14.6 Āyurvedarasāyana

upakramabhedānāha-upakramyasyeti | upakramyasya-rogasya |
dvitvāt-sāmanirāmabhedena | § 3378

1.14.7 Sarvāṅgasundarā

br̥mhaṇalaṅghanayorlakṣaṇamāha-br̥mhaṇamiti | yadde-
hasya br̥hattvāya-sthauḷyāya, taddr̥mhaṇam | yallāghavāya-
kāśryāya, tallāṅghanam | § 3379

1.14.8 Aṣṭāṅgahr̥dayasaṃhitā

ekaḥ santarpaṇastatra dvitīyaścāpatarpaṇaḥ | | 1 | |
br̥mhaṇo laṅghanaśceti
tarparyāyāvudāhṛtau | | 2 | |
br̥mhaṇam yadbr̥hattvāya laṅghanam lāghavāya
yat | | 2 | |
dehasya-----
| | 3 | | § 3383

1.14.9 Sarvāṅgasundarā

tatra-tayordvayorupakramayoḥ, eka santarpaṇarūpa up-
akramo, dvitīyaścāpatarpaṇarūpa upakramaḥ | br̥mhaṇo
laṅghanaśca tayoḥ-santarpaṇāpatarpaṇayoḥ, paryāyau ta-
tparyāyāvudāhṛtau | | br̥mhaṇam taducyate yaddehasya
5 br̥hattvāya bhavati | laṅghanam taducyate yaddehasya
lāghavāya-lāghavotpādanāya, bhavati | § 3384

1.14.10 Aṣṭāṅgahr̥dayasaṃhitā

-----bhavataḥ prāyo bhaumāpamitaracca
te | | 1 | | § 3385

1.14.11 Sarvāṅgasundarā

tacca tacca te,-santarpaṇāpatarpaṇe, bhaumāpamitaracca
bhavataḥ | bhūmeridaṃ bhaumam | apāmidamāpam | bh-
aumayuktamāpaṃ santarpaṇam | itarat-bhaumāpādanyadagnivāyvākāśā
prāyograhaṇātkiñcidbhaumāpamapyapatarpaṇam | yathā,-
yavakamasūramakuṣṭhataṇḍulīyādi | tathā, agnipavano- 5
tkāṭasya kaṭukasyāpi śuṅṭhīpippalyādeḥ santarpaṇatvam,
vṛṣyatvena santarpaṇakāryadarśanāt | § 3386

1.14.12 Āyurvedarasāyana

laṅghanabr̥mhaṇe udāharati-bhavata iti | bhaumamāpyaṃ
ca dravyaṃ br̥mhaṇam | itarat-āgneyaṃ vāyavyaṃ nābh-
asaṃ ca laṅghanam | iti vibhāgena te-dve bhavataḥ | § 3387

1.14.13 Aṣṭāṅgahr̥dayasaṃhitā

snehanam rūkṣaṇam karma svedanam stambhanam ca
yat | | 3 | |
bhūtānām tadapi dvaidhyāddvitayam
nātivartate | | 4 | | § 3389

1.14.14 Sarvāṅgasundarā

snehanādi yaccaturvidham karma, tadapi dvitayam-santarpaṇāpatarpaṇa
nātivartate-nātikrāmati | kuto hetoḥ ? ityāha-bhūtānām
santarpaṇāpatarpaṇarūpāt dvaidhyāt-dviprakārakatvāt |
§ 3390

1.14.15 Āyurvedarasāyana

snehādīnāmupakramāṇām br̥mhaṇe, rūkṣādīnām ca laṅghane+antarbhāv
snehanam rūkṣaṇamiti | bhūtānām dvaidhyāt-snehanarūkṣaṇādikadravy
pṛthivyādīnām br̥mhaṇalaṅghanarūpadvaividhyāvyabhi-
cārāt | § 3391

1.14.16 Aṣṭāṅgahr̥dayasaṃhitā

śodhanam śamanam ceti dvidhā tatrāpi
laṅghanam | | 4 | | § 3392

1.14.17 Sarvāṅgasundarā

tatra-tayoḥ santarpaṇāpatarpaṇayorbṛmhaṇalaṅghanāpa-
raparyāyayormadhye, yallaṅghanam-apatarpaṇam, tat dv-
idhā | katham ? ityāha-śodhanam śamanam ceti | iti hetv-
arthe, yataḥ śodhanam śamanam ca tato dvidhetyarthaḥ |
§ 3393

5

1.14.18 Āyurvedarasāyana

laṅghanabhedānāha-śodhanamiti | § 3394

1.14.19 Aṣṭāṅgahr̥dayasaṃhitā

yadīrayedvahirdoṣān pañcadhā śodhanam ca tat | | 5 | |
nirūho vamanam
kāyaśiroreko+asravisrutih | | 5 | | § 3396

1.14.20 Sarvāṅgasundarā

yadauśadham doṣān-vātādīnantaḥsthitān, bahirīrayet-kṣipet,
tacchodhanam | tacca pañcadhā,-pañcavidham | tadeva
pañcavidhatvamāha-nirūha ityādi | nirūho-bastiḥ, tathā
vamanam, tathā kāyavirekaḥ śirovirekaśca, tathā+asravisrutih-
5 raktasrāvaśca, iti pañcadhā śodhanam | sarvaśarīrasya śir-
aḥprabhṛteradhomanirharaṇam yat sa kāyavirekaśabd-
enocyate | yattu kevalam śiraḥsaṃjñakasya śarīrāvayava-
sya ghrāṇenordhvamanirharaṇam sa śirovirekaḥ | § 3397

1.14.21 Āyurvedarasāyana

śodhanasya lakṣaṇaṃ bhedāṃścāha-yadīrayediti, nirūha
iti | yaddoṣān bahirniṣkāsayettacchodhanam | tattū nir-
ūhādibhedāt pañcadhā | kāyareko-virecanam | śiroreko-
nasyam | § 3398

1.14.22 Aṣṭāṅgahr̥dayasaṃhitā

samīkaroti viṣamān śamanaṃ tacca saptadhā | | 6 | |
pācanaṃ dīpanaṃ
kṣuttr̥dvyaṃyāmātapamārutāḥ | | 7 | |
na śodhayati yaddoṣān
samānodīrayatyapi | | 6 | | § 3401

1.14.23 Sarvāṅgasundarā

śamanasya lakṣaṇaṃ bhedāṃścāha-na śodhayatīti, pā-
canamiti | yaddoṣān na śodhayati-bahirna niṣkāsayati,
samān-javikṛtān, nodīrayati-na vikṛtiṃ nayati, viṣamān-
nikṛtān, samīkaroti-prakṛtiṃ nayati, tacchamanam | ta-
cca pācanādibhedāt saptadhā | kṣut-annavarjanam | tṛṭ- 5
udakavarjanam | § 3402

1.14.24 Sarvāṅgasundarā

yadauśadhaṃ doṣān-vātādīn, na śodhayati-nāntaḥsthitān
bahirniṣkāsayati, tathā samān-svapramāṇasthān, nodīrayati-
na cotkleśayati, viṣamāṃśca-svapramāṇāddhīnādhikabhavāvasthitān,
samīkaroti-svapramāṇasthān vidadhāti, tacchamanamu-
cyate | tacca saptadhā,-saptaprakāram, pācanādibhedena | 5
pācayatīti pācanaṃ | pacato+agreḥ paktuṃ śaktimadhi-
kāṃ yadutpādayati taddravyaṃ kriyā vā pācanamucyate |
yathā,-laṅghanam mustādi vā | dīpanaṃ yathā,-ghṛtādi |
tantrāntare ca dīpanapācanayorlakṣaṇamuktam | yathā,
_ "yadagnikṛtpacennāmaṃ dīpanaṃ tadyathā ghṛtam | 10
pācanaṃ tadviparyastaṃ yathā vakṣyāmi laṅghanam | |"
iti | [kṣārapāṇinā+apyuktam-"pācanaṃ pācayeddoṣān sā-

mān śamanameva tu | dīpanaṃ hyagnikṛttvāmaṃ kadāc-
itpācayenna vā | |" iti |] kṣutṛṣabdābhyāṃ kṣutṛṣṇānigr-
ahāviha gṛhītau | § 3403

1.14.25 Aṣṭāṅgahr̥dayasaṃhitā

br̥mhaṇaṃ śamaṇaṃ tveva vāyoḥ pittānilasya
ca | |7| | § 3404

1.14.26 Sarvāṅgasundarā

tuśabdo viśeṣe | viśeṣastu laṅghanāpekṣayā | śodhanaṃ
śamana ceti dvidhā laṅghanamuktam | br̥mhaṇamapi śo-
dhanam bhavati | yathā,-dugdhādidravayam, śodhanasva-
bhāvadravyāt | tena yathāvidhena dravyeṇa kevalasya vā-
5 tasya pittayuktasya vā kopa āśaṅkyate | yathā-laṅghanena
śodhanadravyeṇa harītakyaḍinā | tato br̥mhaṇasya viśeṣ-
ārthastuśabdaḥ kṛtaḥ | br̥mhaṇaṃ yacchodhanaṃ tanma-
rutaḥ kevalasya pittasahitasya vā śamanam, na tu laṅgh-
anaśodhanavatkopanam | evakāro+avadhāraṇārthaḥ | br̥-
10 mhaṇaṃ śodhanarūpaṃ vātasya pittayuktasya vā śama-
namevoktam, na kopanaṃ jātucidityarthaḥ | laṅghanam
tūbhayarūpamapi vātasya vātapittayorvā kopenameva |
§ 3405

1.14.27 Āyurvedarasāyana

śodhanaśamana-vyatiriktasyauśadhasyābhāvāt tayośca la-
ṅghanabhedatvāt br̥mhaṇasyānaśadhatve prāpte, br̥mha-
ṇaṃ śamanamevetyāha-br̥mhaṇaṃ śamaṇaṃ tviti | śu-
ddhasya pittasamsṛṣṭasya ca vāyorviṣamasya samīkaraṇ-
5 ācchamanam | § 3406

1.14.28 Āyurvedarasāyana

br̥mhaṇasya viśayamāha-br̥mhayedityādi | grīṣme+aparānapi-
svasthānapi | § 3407

1.14.29 Aṣṭāṅgahṛdayasaṃhitā

br̥ṃhayedyādhibhaiṣajyamadyastrīśokakarśītān | | 8 | |
bhārādhvoraḥkṣatakṣīnarūkṣadurbalavātalān | | 8 | |
garbhiṅīsūtikābālavṛddhān
grīṣme+aparānapi | | 9 | | § 3410

1.14.30 Sarvāṅgasundarā

karśitaśabdasya vyādhyādibhiḥ pratyekaṃ sambandhaḥ |
vyādhikarśītān br̥ṃhayet | evaṃ śeṣeṣvapi yoḥyam | bhārā-
dibhiḥ kṣīṇasya pratyekaṃ sambandhaḥ | bhārakṣīṇān br̥-
ṃhayet | evaṃ śeṣeṣu | rūkṣādīn br̥ṃhayet | grīṣme+aparānapi-
anyānanuktānapi br̥ṃhayet | [itthaṃ ca grīṣme sarvānapi 5
br̥ṃhayet,] atitarāṃ tu vyādhikarśītādīn br̥ṃhayet | § 3411

1.14.31 Aṣṭāṅgahṛdayasaṃhitā

māṃsakṣīrasitāsarṣīrmaḥpirmadhurasnigdhabastibhiḥ | | 9 | |
svapnaśayyāsukhābhyaṅgasnānanirvṛtiharṣaṇaiḥ | | 10 | | § 3413

1.14.32 Sarvāṅgasundarā

māṃsādibhirbr̥ṃhayet bastibhiḥca | kathambhūtairbasti-
bhiḥ ? madhurasnigdhaiḥ, na tu rūkṣatikṣṇaiḥ, teṣāṃ-
apatarpaṇasvabhāvatvāt | svapno-nidrā | śayyāsukhaṃ-
khaṭvājanitaṃ śarma | nirvṛtiḥ-cittasyāmākulatvam | § 3414

1.14.33 Āyurvedarasāyana

br̥ṃhaṇānyāha-māṃsakṣīretyādi | madhurastrigdhairba-
stibhiḥ | śayyāsukhaṃ-nidrāṃ vinā śayane+avasthānam |
nirvṛtiḥ-santoṣaḥ | harṣaṇaṃ-ānandaḥ | § 3415

1.14.34 Aṣṭāṅgahr̥dayasaṃhitā

mehāmadoṣātisnigdhajvarorustambhakuṣṭhinaḥ | | 10 | |
visarpavidrādhiplīhaśiraḥkaṇṭhākṣirogiṇaḥ | | 11 | |
sthūlāṃśca laṅghayennityaṃ śīśire
tvaparānapi | | 11 | | § 3418

1.14.35 Sarvāṅgasundarā

mehādīnāminirmatvarthīyaḥ | mehiprabhṛtīn laṅghayet |
śīśire punaraparānapi-anyānapi, iti vyādhitānāṃ grah-
aṇam | svasthānāṃ tu śīśire hemantavidhirviśeṣeṇokta
eva | śīśiraśabdaḥ śītamātropalakṣaṇārthaḥ | tena hema-
5 nte+api laṅghayedityartha upalabhyate | § 3419

1.14.36 Āyurvedarasāyana

laṅghanasya viṣayamāha-mehāmedoṣetyādi | āmadoṣaḥ-
ajīrṇam | § 3420

1.14.37 Aṣṭāṅgahr̥dayasaṃhitā

tatra saṃśodhanaiḥ
sthauilyabalapittakaphādhikān | | 12 | |
āmadoṣajvaracchardiratisārahṛdāmayaḥ | | 12 | |
vibandhagauravodgārahṛllāsādibhirātūrān | | 13 | |
madhyasthauilyādikān prāyaḥ pūrvam
pācanadīpanaiḥ | | 13 | |
5 ebhirevāmayairārtān
hīnasthauilyabalādikān | | 14 | |
kṣutṛṣṇānigrahairdoṣaistvārtān
madhyabalairdṛdhān | | 14 | |
samīraṇātapāyāsaiḥ
kimutālpabalairnarān | | 15 | | § 3427

1.14.38 Sarvāṅgasundarā

laṅghayediti vartate | tatra-teṣu laṅghanīyeṣu madhye, sa-
mśodhanākhyairlaṅghanaiḥ sthailyādyadhikān tathā, ām-
adoṣādibhirārtān laṅghayet | madhyetyādi | tathā madhyasthaulyabalapi
āmadoṣādibhīrgadairāturān prāyaḥ pūrvam pācanadīpa-
nairlaṅghanabhedairlaṅghayet | prāyograhaṇam deśakāl- 5
ādyapekṣayā niyamasyāsarvaviṣayatvajñāpanārtham | hī-
nasthaulyabalādikāṃstu sataḥ kṣuttrṣṇānigrahaiḥ-bubhu-
kṣāpipāsāvegavidhāraṇākhyairlaṅghanaviśeṣairlaṅghayet |
doṣaiḥ-vātapittakaphairmadhyabalairārtān, tathā dṛḍhān-
śaktān, samīraṇādibhirlaṅghayet | āyāso-vyāyāmaḥ | kimuta¹⁰
kiṃpunaḥ ? alpabalairdoṣairārtān samīraṇādibhirlaṅgha-
yet | sutarāṃ hīnabalairārtān laṅghayedevetyarthaḥ | § 3428

1.14.39 Aṣṭāṅgahrdayasaṃhitā

ā raṃ-laṅghanabhedasya śodhanasya viṣayamāha-tatra
saṃśodhanairiti | adhikasthaulyādīn
laṅghanīyān saṃśodhanairlaṅghayet |
pācanadīpanayorviṣayamāha-āmadauṣeti,
vibandhagauraveti,
madhyasthaulyādikāniti |
āmadoṣādibhirartān madhyasthaulyādikān
pūrvam pācanadīpanairlaṅghayet,
paścācchodhanaiḥ |
kṣuttrṣorviṣayamāha-ebhireveti,
kṣuttrṣṇānigrahairiti |
ebhiḥ-āmadoṣādibhiḥ |
vyāyāmātapamārutānām
viṣayamāha-doṣaistvārtāniti, samīraṇeti |
madhyabalairdoṣairrārtān
samīraṇādibhirlaṅghayet | kiṃ
punaralpabalairdoṣairārtān ? sutarāṃ
hīnabalairārtān laṅghayedevetyarthaḥ | § 3429

1.14.40 Aṣṭāṅgahr̥dayasaṃhitā

na br̥m̥hayellaṅghanīyān----- | | 15 | | § 3430

1.14.41 Sarvāṅgasundarā

laṅghanīyān-laṅghanār̥hān mehāmadoṣādiyutān, na br̥-
m̥hayet | § 3431

1.14.42 Āyurvedarasāyana

laṅghanīyeṣu puruṣeṣu br̥m̥haṇasādhyarogotpattau br̥-
m̥haṇe prāpte niṣedhamāha-na br̥m̥hayediti | § 3432

1.14.43 Aṣṭāṅgahr̥dayasaṃhitā

-----br̥m̥hyām̥stu m̥r̥du laṅghayet | | 15 | |
yuktyā vā
deśakālādibalatastānupācaret | | 16 | | § 3434

1.14.44 Sarvāṅgasundarā

ye punarbr̥m̥hyāstān laṅghanasādhyāmayārtān m̥r̥du kṛ-
tvā laṅghayet,-m̥r̥dunā laṅghanaparakāreṇāpatarpayedity-
arthah | yuktvā vāprayogeṇa santarpaṇāpatarpaṇavyāmi-
śralakṣaṇena, deśakālādīnām̥ balataḥ-anurodhena, tānupācaret-
5 upakramet, vinaiva laṅghanādityarthah | ādigrahaṇena
sattvasātmyādigrahaṇam | § 3435

1.14.45 Āyurvedarasāyana

br̥m̥haṇīyeṣu pruruṣeṣu laṅghanasādhyarogotpattau sv-
alpaṃ laṅghanam̥ kāryamityāha-br̥m̥hyām̥stviti | deśād-
ivaśena tvanyathā+apyupācaredityāha-yuktyā veti | tān-
laṅghyān br̥m̥hyām̥sca | § 3436

1.14.46 Aṣṭāṅgahr̥dayasaṃhitā

br̥mhite syādbalaṃ

puṣṭistatsādhyāmayasaṅkṣayaḥ | | 16 | | § 3437

1.14.47 Sarvāṅgasundarā

br̥mhite sati balaṃ puṣṭiśca syāt | tathā, br̥mhaṅasādhyā ya
āmāyāsteṣāṃ saṅkṣayo-vināśaḥ syāt | § 3438

1.14.48 Āyurvedarasāyana

atha br̥mhatilaṅghitalakṣaṇam | tatra br̥mhatasya lakṣaṇamāha-
br̥mhite syāditi | § 3439

1.14.49 Āyurvedarasāyana

laṅghitasya lakṣaṇamāha-vimalendriyateti, kṣuttr̥ḍiti, vy-
ādhimārdavamiti | sargo malānāṃ-malapravṛttiḥ | § 3440

1.14.50 Aṣṭāṅgahr̥dayasaṃhitā

vimalendriyatā sargo malānāṃ lāghavaṃ ruciḥ | | 17 | |

kṣuttr̥ṣahodayaḥ

śuddhahr̥dayodgārakaṅṭhatā | | 17 | |

vyādhimārdavamutsāhastandrānāśaśca

laṅghite | | 18 | | § 3443

1.14.51 Sarvāṅgasundarā

vimalendriyatādistanrānāśaścetyanto grantho laṅghital-
akṣaṇam | vimalendriyatā-karaṇapāṭavam | kṣuttr̥ṣoḥ saha-
ekakālamudayaḥ | śuddhahr̥dayeti | hr̥dayaṃ codgāraśca
kaṅṭhaśca hr̥dayodgārakaṅṭham, śuddham ca taddhr̥da-
yodgārakaṅṭham ca tasya bhāvaḥ hr̥dayodgārakaṅṭhatā | 5
vimalendriyatādīnāṃ padānāmasamastānāṃ nirdeśo doṣ-
adeśādyanurodhenaikasya dvayostricaturāṅgāṃ bahutarā-

ṇām vā sarveṣāṃ ca laṅghitalakṣaṇatvaṃ bhavet, na tve-
kasya dvayorbahūnām cotpattau laṅghitalakṣaṇatvaṃ bh-
avet, munirapyanenaiva hetuna+asamāsenaiḥ lakṣaṇaṃ
vyadhata | yathā (ca. sū. a. 22 | 34) - "vātamūtrapurīṣāṇāṃ
5 visarge gātralāghave | hr̥dayodgārakaṅṭhāsyaśuddhau ta-
ndrāklame gate | | svede jāte rucau caiva kṣutpipāsāsah-
odaye | kṛtaṃ laṅghanamādeśyaṃ nirvyathe cāntarātm-
ani | |" iti | § 3444

1.14.52 Aṣṭāṅgahr̥dayasaṃhitā

anapekṣitamātrādisevite kurutastu te | | 18 | |
atisthauḷyātikārśyādīn, vakṣyante ca
sauśadhāḥ | | 19 | | § 3446

1.14.53 Sarvāṅgasundarā

te-br̥mhaṇalaṅghane, anapekṣitamātrādisevite atisthauḷy-
ātikārśyādīn kurutaḥ | anapekṣitāśca te mātrādayaśca-
anapekṣitamātrādayaḥ, taiḥ sevite | mātrādyanapekṣayā
kṛte ityarthāḥ | te ca-atisthauḷyātikārśyādayaḥ, sauśadhāḥ-
5 sabheṣajāḥ, vakṣyante-purastādbhaṇiṣyante | § 3447

1.14.54 Aṣṭāṅgahr̥dayasaṃhitā

ā0 ra0-atibr̥mhatātilaṅghitayorlakṣaṇamāha-
anapekṣitetyādi, atisthauḷyeti |
mātrādeśakālādīnanapekṣyātisevitaṃ
br̥mhaṇamatisthauḷyādīn kurute, laṅghanaṃ
tvatikārśyādīn ke
te+atisthauḷyādayo+atikārśyādayaśca ? ityata
āha-vakṣyante te ceti | § 3448

1.14.55 Aṣṭāṅgahr̥dayasaṃhitā

rūpaṃ taireva ca jñeyamatibr̥mhitalaṅghite | | 19 | | § 3449

1.14.56 Sarvāṅgasundarā

atibr̥ṃhitaścātilaṅghitaścetyekavadbhāvaḥ | atibr̥ṃhite+atilaṅghite
ca taireva-atisthaulyādibhiḥ, tathā+atikārśyādibhiḥca, rūpaṃ-
br̥ṃhaṅgalaṅghanaṭiyogalakṣaṇaṃ vedyaṃ | caśabdaḥ sa-
mucyaye | § 3450

1.14.57 Āyurvedarasāyana

atisthaulyādīnāṃ kāryatvāt kathaṃ lakṣaṇatvam ? ityata
āha-rūpaṃ taireyeti | yatra kāryaikasamadhigamyam kār-
aṇam, tatra kāryameva lakṣaṇamityarthaḥ | § 3451

1.14.58 Aṣṭāṅgahr̥dayasamhitā

atisthaulyāpacīmehajvarodarabhagandarān | | 20 | |
kāśasannyāsakṛcchrāmakuṣṭhādīnatidāruṇān | | 20 | |
tatra medonilaśleṣmanāśanaṃ
sarvamiṣyate | | 21 | | § 3454

1.14.59 Sarvāṅgasundarā

atibr̥ṃhitamatisthaulyādīn kurute | 'atibr̥ṃhitaṃ kurute'
ityanupāṭṭenāpi prakṛtatvādatra kartṛpadena kriyāpadena
ca sambandhaḥ kāryaḥ | ata eva tadapekṣayā+atisthaulyādīnāṃ
dvitīyā | athavā yogyatayaivānupāṭṭenāpi sambandhaḥ kr-
iyādīnā bhavatyeva, sukavilakṣaṇasyaivamsthitatvāt | ta- 5
thā ca bhagavato vyāsasya-"yaśca nimbaṃ paraśunā yaśca-
inaṃ madhusarpiṣā | yaścainaṃ gandhamālyena sarvasya
kaṭureva saḥ | |" iti | atra hi chedasekāṅkaraṇakriyāpekṣ-
ayā nimbādīnāṃ dvitīyā+arthasambandhaśca | sa0-tatra-
teṣvatisthaulyādiṣu, medonilaśleṣmanāśanaṃ sarvaṃ-annapānauśadham
§ 3455

1.14.60 Āyurvedarasāyana

atisthaulyādīnāha-atisthaulyāpacīti, kāśasannyāseti | ati-
sthaulyādīn 'atibr̥ṃhaṇaṃ kuryāt' ityadhyāhāraḥ | ā0 ra0-

atisthauḷyādīnāmauṣadhamāha-tatra medonilaśleṣmanās-
anamiti | § 3456

1.14.61 Aṣṭāṅgahr̥dayasaṃhitā

kulatthajūrṇaśyāmākayavamudgamadhūdakam | |21| |
mastudaṇḍāhatāriṣṭacintāśodhanajāgaram | |22| |
madhunā triphalāṃ lihyādguḍūcīmabhayāṃ
dhanam | |22| |
rasāñjanasya mahataḥ pañcamūlasya
gugguloḥ | |23| |
5 śilājatuprayogaśca sāgnimantharaso
hitaḥ | |23| |
viḍaḍgaṃ nāgaram kṣāraḥ kālaloharajo
madhu | |24| |
yavāmalakacūrṇam ca
yogo+asthauḷyadoṣajit | |24| | § 3463

1.14.62 Sarvāṅgasundarā

kulatthādikaṃ sthūlāyeṣyate | jūrṇaḥ-tr̥ṇadhānyaviśeṣo
dakṣiṇāpathe jondhalaka iti prasiddhaḥ | daṇḍāhatam-
mathitam | triphalādīnāmanyatamaṃ madhunā lihyāt |
tathā, rasāñjanādeśca prayogo+agnimantharasasahito hi-
5 taḥ, atisthūlāyeti prakṛtena yojyam | viḍaṅgādiyogaḥ sa-
rvasamabhāgo+atisthauḷyadoṣajit | § 3464

1.14.63 Āyurvedarasāyana

kulattheti, mastviti | jūrṇau-yāvanālaḥ | madhūdakam-
madhumiśramudakam | daṇḍāhatam-takram | triphalā-
dīmścaturō yogānāha-madhunā triphalāmiti | rasāñjan-
ādīmścaturaḥ prayogānāha-rasāñjanasyeti, śilājatuprayo-
5 gaśceti | sāgnimantharasa iti caturbhiḥ sambadhyate |
agnimantharasaḥ-tarkārīsvaraḥ | viḍaṅgādiyogamāha-viḍaṅgamiti,
yavāmalakacūrṇamiti | kṣāro-yavakṣāraḥ | kālaloharajo-
lohacūrṇam | § 3465

1.14.64 Aṣṭāṅgahr̥dayasaṃhitā

vyoṣakaṭvīvarāśigruviḍaṅgātiviṣāsthiraḥ | |25| |
 hiḍgusauvarcalājāyavānīdhānyacitrakāḥ | |25| |
 niśe br̥hatyau hapuṣā pāṭhā mūlaṃ ca
 kembukāt | |26| |
 eṣāṃ cūrṇaṃ madhu ghr̥taṃ tailaṃ ca
 sadṛśāṃśakam | |26| |
 saktubhiḥ ṣoḍaśaguṇairyuktaṃ pītaṃ nihanti 5
 tat | |27| |
 atisthaulyādikān sarvān rogānānyāṃśca
 taddvidhān | |27| |
 hr̥drogakāmalāśvitraśvāsakāsagalagrahān | |28| |
 buddhimedhāsmṛtikaraṃ sannasyāgneśca
 dīpanam | |28| | § 3473

1.14.65 Āyurvedarasāyana

vyoṣādiyogamāha-vyoṣakaṭvīti, hiṅgusauvarcaleti, niśe br̥-
 hatyāvīti, eṣāmiti, saktubhiriti, atisthaulyādikāniti, hr̥dr-
 ogakāmaleti, buddhimedhāsmṛtikaramiti | kembukānm-
 ūlam | kembukaṃ-svanāmaprasiddham | ṣoḍaśaguṇaiḥ
 cūrṇāpekṣayā | pītaṃ-śītodakena | saṅgrahe tu (sū. a. 24) 5
 -"gurvādivṛddhasaṃlīnaśleṣmamiśro+annajo rasaḥ | āma
 eva ślathīkurvan dhātūn sthaulyamupanayet | | atistha-
 ulyādatikṣutṛṣvedaśvāsātinidratāḥ | daurgandhyaṃ ga-
 dgadatvaṃ ca bhavenmedo+atipuṣṭitā | srotaḥsu medo-
 ruddheṣu vāyuh koṣṭhe viśeṣataḥ | | caran prajvalaya- 10
 tnagniṃ kṣutṛṣau stastato+adhikam | sthūlaṃ koṭarava-
 ddr̥ddhau dahato+agnyanilau ca tau | | svedavāhiśirām-
 ūlabhavādviṣyandanādapi | medasaḥ śleṣmayogācca bh-
 avati svedabhūritā | | koṣṭha eva vipakke+asya samru-
 ddhasrotoso rase | sarvatrālabdhavṛttitvāt prāyo medaḥ 15
 pracīyate | | taccheṣā+api raso+alpatvānnālaṃ raktādip-
 uṣṭaye | tulye+api raktādicaye prak̥ citaṃ cīyatetarām | |
 medastenāsamatvena dhātūnāṃ vidadhāti tat | śvāsādī-
 nacirāccānyān jvarodarabhagandarān | | mehorustambha-

piṭikāvidradhiprabhṛtīn gadān | ayathopacayotsāhaścala-
sphigudarastanaḥ | | atisthūlaḥ smr̥to yojyaṃ tatrānaṃ
mārutāpaham | madanaṃ triphalāmustāspatāhvāriṣṭav-
atsakam | | sapāṭhāragvadhaṃ pītamatibr̥mhaṇarogajit |
5 tadvadvatsakaśamyākadevadārūnīśādvayam | | samusta-
pāṭhākhadiratriphalānimbagoḥsuram | madanādīni cāle-
paḥ snānādiṣvapi yojayet | | hiṅgugomedakavyoṣakuṣṭha-
krauñcāsthigokṣuram | elāvṛṣakaṣaḍgranthākharāśvopal-
abhedakam | | takreṇa dadhimaṇḍena pītaṃ kolarasena
10 vā | mūtrakṛcchraṃ kṛmīn mehān sthūlatāṃ ca vyapoh-
ati | | kṛmighnatrīphalātailasaktutryūṣaṇadīpyakaiḥ | loh-
odakāpluto manthaḥ śasto br̥mhaṇarogīṇām | | yojyaṃ ta-
thā yathāvyādhi svedāsr̥ksrāvaṇādyapi | " iti | § 3474

1.14.66 Sarvāṅgasundarā

vyoṣādīni dravyāṇi caturviṃśatiḥ parasparasamabhāgā-
nītyeko bhāgaḥ, tatsamo madhuno dvitīyo bhāgaḥ, gh-
ṛtasya tṛtīyaḥ, tailasya caturthaḥ, eṣāṃ sarveṣāṃ mi-
śrībhūtānāṃ ṣoḍaśaguṇā yavasaktavaḥ | tadetatpītama-
5 tisthaulyādikān pūrvoktān sarvān rogānnihanti | anyā-
mṣca tathā vidhān rogān-br̥mhaṇotthānityarthaḥ | tathā,
hr̥drogādīn nihanti | tathā, buddhyādikaraṃ sannasya-
mandasyāgnerdīpanaṃ ca | § 3475

1.14.67 Aṣṭāṅgahr̥dayasaṃhitā

atikārśyaṃ bhramaḥ kāsastṛṣṇādhikyamarocakaḥ | | 29 | |
snehāgninidrāḍṛkśrotraśukraujaḥkṣutsvarakṣayaḥ | | 29 | |
bastihṛnmūrdhajaṅghorutrikapārśvarujā
jvaraḥ | | 30 | |
pralāpordhvānilaglānicchardiparvāsthībhedanam | | 30 | |
5 varcomūtragrahādyāśca
jāyante+ativilaṅghanāt | | 31 | | § 3480

1.14.68 Sarvāṅgasundarā

atikārśyādayo+atilaṅghanājjāyante | snehādīnām kṣayaśa-
bdena samāsaḥ, bastyādīnām ca rujāśbdena | mūtragra-
hādyaścetyādyaśbdena nānāvidhānām vātarogāṅgām gr-
ahaṅam | § 3481

1.14.69 Āyurvedarasāyana

atikārśyādīnāha-atikārśyamiti, sneheti, sneheti, bastīti, pr-
alāpeti, varcomūtreṭi | snehādīnām navānām kṣayaḥ |
snehaḥ-snigdhatvam | bastyādīnām saptānām rujā | § 3482

1.14.70 Āyurvedarasāyana

sthaulyāt kārśyasya sukhasādhyatvamāha-kārśyameveti |
§ 3483

1.14.71 Aṣṭāṅgahr̥dayasaṃhitā

kārśyameva varam
sthaulyāt----- | | 31 | | § 3484

1.14.72 Sarvāṅgasundarā

atra cātikārśyameva varamatisthaulyāditi vedyam, na kā-
rśyamātraṃ sthaulyamātraṃ vā | yasmādatisthūlātikṛśāv-
eva laṅghanabr̥mhaṅābhyāmupakramyāvatra vivakṣitau,
na sthūlakṛśau sāmānyena | § 3485

1.14.73 Aṣṭāṅgahr̥dayasaṃhitā

-----na hi sthūlasya bheṣajam | | 31 | |
br̥mhaṅam laṅghanam
vā+alamatimedognivātajit | | 32 | | § 3487

1.14.74 Sarvāṅgasundarā

yasmāt sthūlasya bheṣajam bṛṃhaṇam nālam-na samartham, na ca laṅghanam samartham | yasmāsthūlasya bheṣajamatimedognivātajit | yanmedaḥkṣapaṇam tadagnin-āśakṛdvātaḥcca | sthūlasya hi bṛṃhaṇena medo+atitarāmupacīyate,
5 laṅghanena ca medaḥkṣapaṇam bhavati, kintvagnipavan-āvasyopacīyate | yasmāt bṛṃhaṇam-māmsakṣīrādi, yacca laṅghanam-kodravaśyāmākādi, tatpūrvasmāddhetoḥ sthūlasya na bheṣajam | § 3488

1.14.75 Āyurvedarasāyana

sthaulyasya kṛcchrasādhyatve hetumāha-na hi sthūlasyeti | bṛṃhaṇam laṅghanam vā na sthūlasya bheṣajam | yatastasyātimedognivātajidbheṣajamalam-samartham | laṅghanamatimedojit bhavati, na tvatyagnivātajit | bṛṃhaṇamatyagnivātajidbhavati, na tvatimedojit | § 3489

1.14.76 Aṣṭāṅgahr̥dayasaṃhitā

madhurasnigdhasauhityairyatsaukhyena ca
naśyati | | 32 | |
kraśimā sthav-
imā+atyantaviparītanīṣevaṇaiḥ | | 33 | | § 3491

1.14.77 Āyurvedarasāyana

kārśyasthaulyayorvarāvaratve hetvantaramāha-madhuretyādi, kraśimetyādi | madhurasnigdhanam sauhityaiḥ, trsyabhy-āsārtham bahuvacanam | kraśimā-kārśyam | sthavamāsthaulyam | sa cātyantaviparītanīṣevaṇairnaśyati | atyantaviparītanī-
5 atyaglātirūkṣādīni, atiduḥkham ca | § 3492

1.14.78 Sarvāṅgasundarā

yat-yasmāt, kraśimā madhurasnigdhatṛptibhiḥ saukhyena-anāyāsena ca, naśyati-śāmyati, tasmātkārśyam sthaulyādv-

aram | yataśca sthavamā-sthūlatvaṃ, atyantaviparītanīṣev-
 aṇaiḥ śāmyati | atyantaṃ viparītāni ca tāni niṣevāṇāni cā-
 tyantaviparītanīṣevāṇāni taiḥ,-tikṭakaṭukaśāyaprāyaiḥ rū-
 kṣairannapānauśadhasevanairityarthaḥ | sthūlakṛśayośca 5
 yadi br̥mhaṇasādyastulyo vyādhiḥ syāt, tārhi sthūlasyop-
 akramavirodhāttathā sukkena na śāmyati yathā kṛśasya |
 laṅghanasādhyo+api visūcikādiryādi caitayoḥ syāt, so+api
 kṛśasya śīghramupaśamaṃ gacchati | sthūlasya tu viru-
 ddhopakramatvāt duḥkhena śāmyati | tathā hi-atra pradh-
 ānopakramaḥ svedaḥ, sa ca tāvanna ghaṭate | "na sveday- 10
 edatisthūlam" (hr̥. sū. a. 17 | 21) iti niṣedhāt | athainaṃ la-
 ṅghayati tadā (saṅgrāhe sū. a. 24) - "srotaḥsu medorudeṣu
 vāyuh koṣṭhe viśeṣataḥ | caran prajvalayatyagniṃ kṣutr-
 ṣau stastato+adhikam | sthūlaṃ koṭaravaddrddhau dah-
 ato+agnyanilau ca tau | |" ityādi nyāyādvātasakhenāgninā 15
 vanasyevāsyā mahati vyāpadutpadyate | atha br̥mhaṇop-
 akramaḥ kriyate+asya tadā+a+amadoṣo vardheta | kṛśa-
 sya tvaviruddhopakramatvādivisūcikādiḥ sukhenopakra-
 myaḥ | tasmātkārśyameva sthaulyādvaram | kraśimeti kṛ-
 śaśabdātpṛthvādipāṭhādīmanic, raṭto halāderiti rephāde- 20
 śaḥ | sthavameti dr̥dhāderākṛtiganatvādīmanijiti kecit | ta-
 smiṃśca sati sthūladūreti yaṇādīparasya lopaḥ, ṛkāryasya
 ca guṇaḥ | § 3493

1.14.79 Aṣṭāṅgahr̥dayasaṃhitā

yojayedhr̥mhaṇaṃ tatra sarvaṃ
 pānānnaḥṣajam | | 33 | | § 3494

1.14.80 Āyurvedarasāyana

kārśyasyauśadhamāha-yojayediti | § 3495

1.14.81 Sarvāṅgasundarā

tatra-kṛśe, br̥mhaṇaṃ sarvaṃ pānānnauśadham yojyam |
 § 3496

1.14.82 Aṣṭāṅgahr̥dayasaṃhitā

acintayā harṣaṇena dhruvaṃ santarpaṇena ca | | 34 | |
svapnaprasaṅgācca kṛśo varāha iva
puṣyati | | 34 | |
na hi māṃsasamaṃ
kiñcidanyaddehabṛhattvakṛt | | 35 | |
māṃsādamāṃsaṃ māṃsena
sambhṛtatvādviśeṣataḥ | | 35 | | § 3500

1.14.83 Sarvāṅgasundarā

acintayā-cetasah śokakāryādyanākulatvena, tathā harṣaṇena-
cittatuṣṭyā, tathā santarpaṇena-āhāraviśeṣādinā bṛmhaṇ-
ena, tathā svapnaprasaṅgāt-atinidrāsevanena, kṛśah puṣyati-
sarpopacitadhātuḥ sampadyate | ka iva ? varāha eva,-
5 śūkarō yathā | anyebhyaśca puṣṭihetubhyaḥ kṛśaviṣaye sv-
apna eva pradhāna iti darśayitum varāho dṛṣṭāntatve-
nopanyasto granthakṛtā | tathā hi-varāhasya svapnama-
ntareṇa na kaścittathāvidho+abhyavahārādirupalabhyate,
yathā+asau puṣṭo+atimeduro dṛśyate | atisthūlātikṛśay-
10 ośca lakṣaṇaṃ muninā+abhyadhāyi (ca. sū. a. 21 | 9) -
"medomāṃsātivr̥ddhatvāccalaspigudarastanaḥ | ayatho-
paccayotsāho naro+atisthūla ucyate | |" tathā (ca. sū. a.
21 | 14)- "śuṣkasphigudaragrīvo dhamanījālasantataḥ | tv-
agasthiśeṣo+atikṛśah sthūlaparvā naro mataḥ | |" iti | sa0-
15 māṃsena samamaparaṃ dehabṛhattvakaraṃ na ca vi-
dyate | sarvabṛhattvakarebhyo māṃsamatibṛmhaṇamity-
arthah | viśeṣeṇa māṃsādamāṃsaṃ dehabṛhattvakṛt | ku-
taḥ ? ityāha-māṃsena sambhṛtatvāt,-puṣṭattvāt | § 3501

1.14.84 Āyurvedarasāyana

acintādicatuṣṭayaṃ kārśyasya pradhānāmauśadhamityāha-
acintayeti, svapnaprasaṅhgācceti | harṣaṇena-priyadarśanādinā |
santarpaṇena-sauhityena | svapnaprasaṅgāt-nidrābhyāsāt |
ā0 ra0-kārśyasya pradhānataramauśadhamāha-na hīty-

ādi | kārśayasya pradhānatamamauṣadhamāha-māṃsādetyādi |
māṃsādānām-māṃsāsevinām māṃsam, māṃsena sambhṛtatvāt-
puṣṭatvāt, viśeṣeto dehabṛhattvakṛt ityanuṣaṅgaḥ | sa-
ṅgrahe tu (sū.a.24)-"atikārśyena nāyāsavarṣaśītoṣnatṛkṣ-
udhaḥ | tṛptihagulmārśovahnimandatāḥ | kṛśam prāya- 5
śca bādhanthe raktapittānilāmayāḥ | śuṣkasphigudaragrī-
vaḥ sthūlaparvā śirātataḥ | ucyate+atikṛśastatra prāgukto
bṛmhaṇo vidhiḥ | | aśvagandhā vidāryādyo vṛṣyāścauṣa-
dhayo hitāḥ | laṅghanottheṣu rogeṣu śeṣeṣvapyupakalpa-
yet | | yattadātve samartham syādyaccābhyāsenā puṣṭaye | 10
sadyaḥkṣiṅO yataḥ sadyobṛmhaṇenopacīyate | | ciraṃ kr-
ameṇa ca kṣiṅnastadabhyāsenā tatra ca | bṛmhaṇam deham-
ātrāgnimalādīn vīkṣya yojayet | | kramānmāṃsarasāmsta-
almāddakalāvaṇikān laghūn | vesavārīkṛtaistadvajjāṅga-
aiśca kṛtākṛtān | | rasāmstathā ca kṣīrādīmstarpaṇāmsta- 15
rpaṇān punaḥ | yuñjyātkṛśānām jvariṇām kāsinām mūtr-
akṛcchriṇām | | tṛṣyatāmurdhvavātānām mūḍhamārutav-
arcasām | samakṛṣṇāsītātailakṣaudrājyo hi satarpaṇaḥ | |
manthastadvatsitākṣaudramadirāsaktuyojitaḥ | phāṇitaṃ 20
saktavaḥ sarpaidadhimaṇḍo+amlaḥkāñjikam | | tarpaṇam
mūtrakṛcchraghnamudāvartaharam param | manthaḥ kh-
arjūramṛdvīkāvrkṣāmlāmlīkadāḍimaiḥ | | parūṣakaiḥ sā-
malakaiḥ sadyastrṣṇādirogajit | svāduramlo jalakṛtaḥ sa-
sneho rūkṣa eva vā | | sadyaḥ santarpaṇo manthaḥ sthai-
ryavarṇabalapradāḥ | " iti | § 3502 25

1.14.85 Aṣṭāṅgahr̥dayasamhitā

guru cātarpaṇam sthūle viparītam hitam kṛṣe | | 36 | |
yavagodhūmamubhayostadyogyāhitakalpanam | | 36 | | § 3504

1.14.86 Sarvāṅgasundarā

yadguru yaccāpatarpaṇam, tatsamāsenā sthūle hitam mā-
kṣikaśālūkādi | etāddhi raukṣyānmedaḥ kṣapayati, gau-
ravācca śīghram jarām na gacchati | yadato viparītam-
laghu santarpaṇam ca, tadatikṛṣe hitam śāliṣaṣṭikaineya-

śaśalāvakapiñjalādikam | atikṛśasya hyagnirapi kṛśo bhavati | tasmādyapi tasya gurvannapānauşadhamupayujyate, tato+agnisādo+asya jāyate | tathā+asya laghu apatarpaṇamupayujyate, tadbhūyaḥ kārśyāyāsyā syāt | tasmā-
 5 llaghu santarpaṇam ca yattatkṛśāya hitam | guru cetyatra caśabdāllaghu ca yadatarpaṇam śyāmākakoradūśādikaṃ, tathā+anyadapi yanna guru na ca laghu medoghnam jāgaravyavāvyāyāmacintādikaṃ, tacca sthūle hitamiti gamyate | ubhayoḥ-sthūlakṛśayoryavagodhūmam hitam |
 10 kimbhūtam yavayogadhūmam ? ityāha-tadyogyetyādi | tayoḥ-sthūlakṛśayoḥ, yogyā-ucitā, āhitā-kṛtā, kalpanā-saṃyogasaṃskārādinopayavā, yasmin yavagodhūme, tadevam | yavāḥ sthūle hitāḥ, godhūmāḥ kṛśe, ityarthāḥ | 'hitayoge caturthī vaktavyā' ityasya prāyikatvāt sthūle hitamityatra na caturthī |
 15 anye+api hyevam prayogā dṛśyante | yathā rudraṭasya (kāvyālaṅkāre a. 5 | 14 ṭī.) - "sāmājā dhīmatām hitam | " iti | tathā+asyaiva (hr̥. sū. a. 6 | 29) - "vilepi grāhiṇī hr̥dyā tṛṣṇāghnī dīpanī hitā | vranākṣirogasamśuddhadurbalasnehapāyinām | | " iti | § 3505

1.14.87 Āyurvedarasāyana

sthaulyakārśyayoḥ saṅkṣepādauşadhamāha-guru cātarpaṇamityādi, yavagodhūmamityādi | gurutve sati yadatarpaṇam tatsthūle hitam | laghutve sati yatsantarpaṇam tatkṛśe hitam | yavāśca godhūmāśca yavagodhūmam |
 5 tadubhayoḥ sthūlakṛśayoḥ krameṇa hitam | tacca taducitakṛtakalpanam | yathā,-sthūle tailatakrādisiddhā bhakṣyāḥ kṛśe vrutakṣīrādisiddhāḥ | saṅgrahe tu (sū. a. 24) -"sthaulyakārśye prakṛtyā+api syātām tatrāpyayam vidhiḥ | satatavyādhitatayā sadā yojyo vibhajya ca | | mātrādiyukte seveta yastu laṅghanabr̥ṃhaṇe | samadhātvagnideho+asau siṃhasaṃhanano bhavet | | dṛḍhendriyabala-
 10 tvācca na dvandvairabhibhūyate | " iti | § 3506

1.14.88 Aṣṭāṅgahr̥dayasaṃhitā

nanu, atīsārajvaragulmādīnāmanekarūpatvādanantā
 evopakramāḥ prāptāḥ | | 37 | |
 doṣagatyā+atiricyante
 grāhibhedyādibhedataḥ | | 37 | |
 upakramā na te dvitvādbhinnā api gadā
 iva | | 37 | |
 iti śrīvaidyapatisiṃhaguṇtasūnuśrīmadvāgbha-
 ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ
 sūtrasthāne dvividhopakramaṇīyo nāma
 caturdaśo+adhyāyaḥ | | 14 | | § 3510

1.14.89 Sarvāṅgasundarā

doṣāṅgāṃ-pr̥thagrūpāṅgāṃ saṃsargasannipātāditaratama-
 bhedenā+a+anantyaṃ yātānāṃ yā gatiḥ, tathā teṣāmeva
 sthānavṛddhikṣayalakṣaṇā yā gatiḥ, tathā tiryagūrdhv-
 ādholakṣaṇā yā gatiḥ, tathā śākhākoṣṭhāsthisandhilakṣ- 5
 aṅgā ca yā gatiḥ, tayā | atiricyante-bahavo bhavantyupakr-
 amāḥ | katham ? ityāha-grāhibhedyādibhedataḥ,-grāhī ca
 bhedī ca grāhibhedinau, tāvādī yeṣāṃ-roḡānurodhānnānāvidhānāmupak-
 te grāhibhedyādayaḥ, teṣāṃ bhedo-viśeṣo, grāhibhedy-
 ādibhedataḥ, tasmāt | yadyapyatiricyante-anantāḥ sampā- 10
 dyante, tathā+api dvitvāt-santarpaṇāpatarpaṇarūpāt, na
 te+atiricyante | santarpaṇarūpatvamapatarpaṇarūpatvaṃ
 vā varjayitvā na teṣāmupakramāṅgāṃ rūpāntaraṃ sambh-
 avatītyarthaḥ | kathamiva nātiricyante ? ityāha-bhinnā api
 gadā iva | yathā,-vātādidoṣavaśānnānāvidhā api jvarādayo
 bṛṃhaṇalaṅghanasādhyatvaṃ [sāmatvaṃ nirāmatvaṃ vā 15
] nātivartante, yathopakramā apīti | iti śrīmṛgāṅkadattapu-
 traśrīmadaruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ sa-
 rvāṅgasundarākhyāyāṃ sūtrasthāne dvividhopakramaṇī-
 yādhyāyaścaturdaśaḥ samāptaḥ | | 14 | | § 3511

1.14.90 Āyurvedarasāyana

"snehanāṃ rūkṣaṇāṃ karma" (ślo. 3) ityādinā sarvo-
 pakramāṅgāṃ pr̥thaktve+apyupakramadvaye+antarbhāva
 uktaḥ | idānīm teṣāṃ pr̥thaktvameva kutaḥ ? ityāta āha-

doṣagatveti | doṣagatyā-ddoṣāśa(sa)raṇatvena, yathā ya-
thā doṣa bhidyante tathā tathopakramā bhidyante | yathā,-
atipravṛtte grāhī, apravṛtte bhedī, dāhe śītaḥ, śīte uṣṇaḥ,
ityādi | pṛthaktve hetuścetpṛthaktvamevāstu, netyāha-na
5 te dvitvāditi | dvitvāñcātiricyante-br̥mhaṇatvaṃ laṅghan-
atvaṃ vā sāmānyaṃ na tyajanti | yathā,-nānāvidhā api ga-
dāḥ sāmānyaṃ nirāmatvaṃ vā | iti hemādriṭīkāyāmāyurv-
edarasāyane | vdyupakramaprakaraṇaṃ sāmastyena nir-
ūpitam | | 14 | | § 3512

1.15 śodhanādigaṇasaṅgrahodhyāyaḥ : 15

1.15.1 Aṣṭāṅgahr̥dayasam̐hitā

athātaḥśodhanādigaṇasaṅgrahamadhyāyaṃ
vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 3514

1.15.2 Sarvāṅgasundarā

śodhanaṃ-śodhanarūpo dravyagaṇaḥ, ādiryeṣāṃ ta evam |
ādi śabdena vātaharādigaṇaparigrahaḥ | teṣāṃ saṅgr-
aho yasminnadhyāye sa śodhanādigaṇasaṅgrahaḥ, taṃ
śodhanādigaṇasaṅgrahasam̐jñamadhyāyaṃ vyākhyāsyā-
5 maḥ | gaṇaḥ-samūhaḥ | vikṣiptānāṃ padārthānāmekatra
rāśīkaraṇaṃ-saṅgrahaḥ | tatra śodhanagaṇasya sarvadoṣ-
avijayitvena prādhānyāt pūrvamupanyāsaḥ | § 3515

1.15.3 Āyurvedarasāyana

śodhanādigaṇāmadhyāyaṃ vykhyātum pratijānī-atheti |
§ 3516

1.15.4 Aṣṭāṅgahr̥dayasaṃhitā

trapusakūṭajamūrvādevadālīkṛmighnam | | 1 | |
viduladahanacitrāḥ kośavatyau karañjaḥ kaṇal-
avaṇavacailāsarṣapāsrchardanāni | | 1 | | § 3518

1.15.5 Sarvāṅgasundarā

madanam-rāṭhaḥ | madhukaṃ-madhuyaṣṭikā | lambā-tumbī
dīrghatiktā+alābusaṃjñā | nimbaḥ-picamandaḥ | bimbī-
gohlā, oṣṭhopamaphalasaṃjñā | viśālā-indravāruṇī | trapusaṃ-
tiktatrapusaṃ vredyam, tasya vamanayogyatvāt | kuṭajam-
vatsakam | mūrvā-pīluparṇī | devadālī-garāgarī | kṛmighnam-
viḍaṅgam | vidulo-jalavetasah | dahanah-citrakah | citrā-
mūṣikaparṇī | kośavatyau-ghaṇṭālike, ekā dhāmārgavo
dvitīyā rājakośātakī | karañjo-naktamālah | kaṇā-kṛṣṇā |
lavaṇam-saindhavam | vacā-golomī | elā-truṭiḥ | sarṣapo-
rakṣoghnaḥ | etāni madanādīni chardanāni-chardikarāni | 10
"vasumuniviratiścenmālinī nau mayoḥ yaḥ | " atra ca mad-
anaviśālātrapusakūṭajaviḍaṅgailāsarṣapāṇām phalāni va-
manakranti | madhukavidulacitrakadantīvacānām tu mū-
lāni | rodhrasuvanākṣīrikampillānām tvacaḥ | śeṣāṇām
phalapatrapuṣpāni veditavyānīti | § 3519 15

1.15.6 Āyurvedarasāyana

śodhanādidravyagaṇah | tatra vamanagaṇamāhamadana-
madhuketyādi | madano-gelah | madhukaṃ-yaṣṭimadhu |
lambākaṭutumbī | nimbaḥ-picumandaḥ | bimbī-kaṭutuṇḍikerī | viśālā-
indravāruṇī | trapusaṃ-kaṭuvālukam | kuṭajo-vatsakah |
mūrvā-madhurasā | devadālī-jīmūtakah | kṛmindham-viṅgaḡam |
tidulo-vetasah | dahanah-citrakah | citrācitrādikā kaṭupa-
ṭolaphalam patrakam ca | kośavatyau-kaṭukośātakī rājakoś-
ośātakī ca | karañjo-naktamālah | kaṇāpippalī | lavaṇam-
saindhavam | vacā-ugrā | elā-truṭiḥ | sarṣapo-rakṣondhaḥ |
chardanānīti vamanāni | bahuvacanam guṇabahutvārtham | 10
tena vamanādidravyāṇām yasya kasyacit trikacatuṣka-
pāñcakādeḥ prayojakatvam | uktaṃ ca suśrutena (sū. a.

37/34 | -"samastaṃ vargamardhaṃ vā yathālābhamath-
āpi vā | prayuñjīta bhiṣak prājño yathoddiṣṭeṣu karm-
asu | |" iti | upalakṣaṇaṃ cedam | ata eva saṅgrahak-
āro+adhikamadhīte (sū. a. 14)- "madanajīmūtekṣvākuk-
5 ośātakīdvayaphalapuṣpapatrāṇi | kuṭajakarañjatrapusasa-
rṣapapippalīvidāṅgailāpratyakpuṣpīhareṇupr̥thvikākustu-
mbarīprapunnaṭānāṃ phalāni śāradāni ca hastiparṇyāḥ |
kovidāra karbudārāriṣṭāśvvagandhānīpavidulabimbībandhu-
jīvakaśvetāśaṇapuṣpīsadpuṣpīvacācitrācitraka- mṛgairvā-
10 rukendravāruṇīsuṣavīcaturaṅgulasvādukaṅṭakapāṭhāpāṭa-
līśārṅgeṣṭāmadhukamūrvāsātpapaṇa- somavalkadvīpiśi-
grusumanassaumanasyāyavāvīvr̥ścīvapunarnavā- mahāsahākṣudrasahasakṣukā
pippalīmūlacavikānaladośīrahīberamūlāni | śālmalīśālma-
lukābhadraparṇyairāvāṇyupodakauddālakadhanvanarasā-
15 ṅjanarājādanopacitrāgopaśrṅgāṭikāpicchāḥ | priyaṅgupu-
ṣpaṃ | tālīsapatram | haridrāśrṅgaberakandau | madhūk-
adāruharidrāsārau | tagaraguḍūcīmadhuphāṇitakṣīrakṣā-
ralavaṇāni ceti vamanopayogīni | " iti | § 3520

1.15.7 Aṣṭāṅgahr̥dayasaṃhitā

nikumbhakumbhatriphalāgavākṣī-
srukśaṅkhinīnīlīnītilvakāni | | 2 | |
śamyākakampillakahemadugdhā dugdhaṃ ca
mūtraṃ ca virecanāni | | 2 | | § 3522

1.15.8 Sarvāṅgasundarā

nikumbho-dantī | kumbhaḥ-trivṛt | triphalā-varā | gavākṣī-
viśālā, dvitīyendravāruṇī | sruk-guḍā | śaṅkhinī-yavatiktā |
nīlinī-nīlapuṣpā, bhāravāhīsaṃjñā | tilvako-rodhraḥ | śamyākaḥ-
karṇikāraḥ | kampillako-rañjanakaḥ | hemadugdhā-kanakakṣīrī |
5 dugdhaṃ-kṣīram | mūtraṃ-prasiddham | nikumbhādīny-
etāni virecanāni | upajātirvṛttam | § 3523

1.15.9 Āyurvedarasāyana

virecanagaṇamāha-nikumbhakumbheti | nikumbhodantī |
kumbhaḥ-trivṛt | triphalā-prasiddhā | gavākṣī-śvetapuṣpendravāruṇī |
snuk-snuhī | śaṅkinīsaddaśāśvetapuṣpā | nīlinī-kālāñjanikā |
nilvako-rodhraḥ | śamyākaḥ-āragvadhaḥ | kampillo-raktāṅgaḥ |
hemadugdā-hemāvati kaṅkuṣṭhaprakṛtiḥ | saṅgrahe tva- 5
dhikamuktam (sū. a. 14) - "trivṛcchyāmādantīdravantīśa-
ṅkhinīsātṭpalājagandhājaśṛṅgīvacāgavākṣīchagalāntrīsuva-
rṇakṣīrīcitrika- kiṇihīhvasvapañcamūlavṛścīvapunarnavā-
palañkaṣāvāstukaśākasālamūlāni | tilvakaramyakakampi- 10
llakapāṭalītvacaḥ | triphalapīlupriyālabakulabadarakarka-
ndhukāsmāyaparūṣakadrākṣānīlinīklītanakakṣīrakodakī-
ryāvītuṅgapūgapañcaḥṅgulaphalāni, caturaṅgulaphalap-
atrāṇi | pūṭikatvakphalapatrāṇi | pūṭikatvakphalapatrāṇi |
mahāvṛkṣasatpaparṇajyotiṣmatīkṣīrāṇi | kṣīramastumady-
adhānyāmlūtrāṇi ceti virecanopayogīni | kośātakīdevad- 15
ālīsapalākārapellikāsvarasā arkakṣīramuṣṇodakaṃ cetyu-
bhayātmakāni | " iti | § 3524

1.15.10 Aṣṭāṅghṛdayasamhitā

madanakuṭajakuṣṭhadevadālī-
madhukavacādaśamūladārurāsnāḥ | | 3 | |
yavamiśīkṛtavedhanaṃ kulatthā madhu
lavaṇaṃ trivṛtā nirūhaṇāni | | 3 | | § 3526

1.15.11 Sarvāṅgasundarā

madanaṃ-madanaphalam | kuṭajaṃ-vatsakatvak | kuṣṭhaṃ-
gadanāma | dāru-devadāruḥ | rāsnā-yuktarasā | miśīḥ-
śatapuṣpā | kṛtavedhanaṃ-dhāmārgavaḥ | kulatthāḥ-prasiddhāḥ |
etāni nirūhaṇāni-nirūhaṇasādhanāni | "bhavati jagati nau
tataḥ parau ryau najasahitairjaragaiśca puṣpitāgrā | " § 3527 5

1.15.12 Āyurvedarasāyana

nirūhagaṇamāha-madanetyādi | kuṣṭhaṃ-pākalam | daśamūlaṃ-
mahadrhasve pañcamūle | dāru-devadāru | rāstrā-prasiddhā |
708

yavaḥ-tīkṣṇaśūkaḥ | miśiḥ-śatapušpā | kṛtavedhanaṃ-kaṭukośātakī |
kulatthaḥ-śimbīdhānyaviśeṣaḥ | madhu-mākṣikam | sa-
ṅgrahe tvadhikamuktam (sū. a. 14) - "bastiṣu tu teṣu teṣva-
vasthāntareṣu yānyupayujyante dravyāṇi, tānyasaṅkhaya-
5 eyatvānnopadiśyante | rasaskandhebhya eva yathādoṣaṃ
yathāvasthaṃ ca vibhajet | sarveṣu prāyo madanakuṭajajī-
mūtakekṣvākukotrivr̥dvacāyaṣṭyādvakuṣṭharāsnāpunarna-
vākaṭatr̥ṇamūlāni, saraladevadāruhapuṣahiṅgurasāñjana-
dayoṣapatrailāmṛtāyavakolakulatyā guḍalavaṇamastudh-
10 ānyāmlamūtrasnahakṣīrakṣaudrāṇi ceti | | " iti | § 3528

1.15.13 Aṣṭāṅgahr̥dayasaṃhitā

vellāpāmārgavyoṣadārvīsurālā bījaṃ śairīṣaṃ bārhatam
śaigravaṃ ca | | 4 | |
sāro mādihūkaḥ saindhavaṃ tārṣyaśailam
truṭyau pṛthvīkā
śodhayantyuttamāṅgam | | 4 | | § 3530

1.15.14 Sarvāṅgasundarā

vellam-vidāṅgam | apāmārgaḥ-pratyukpuṣpī | vyoṣaṃ-
trikaṭukam | dārvī-pītadruḥ | surālā-śreṣṭhasarjarasaḥ | śairīṣaṃ-
śirīṣabījam | bārhatam-br̥hatībījam | śaigravaṃ-śigrubījam |
sāro mādihūko-madhūkapuṣpasāraḥ | saindhavaṃ-sindhūttham |
5 tārṣyaśailam-śuṣkarasāñjanam | truṭyau-sūkṣmailā sthūl-
ailā ca | pṛthvīkā-hiṅgupatrī | etānyuttamāṅgam śodhayanti,-
mūrdhavirecanānītyarthaḥ | "mau yau pañcāsvairvaiśva-
devīti nāmnā | " § 3531

1.15.15 Āyurvedarasāyana

nāvanagaṇamāha-vellāpāmārgeti | surālāśreṣṭhaḥ sarjar-
asaḥ | śirīṣabr̥hatīśigraṇam bījam | madhukasyasāraḥ |
tārṣyaśailam-rasāñjanam | truṭyau-elādvayam | pṛṣvīkā-
bāṣpikā | saṅgrahe tvadhikamuktam (sū. a. 14) - "apāmā-
5 rgaviḍāṅgamaricapippalīśirīṣabilvājāyajanodāvartākapūthvī-

kailāhareṇuphalāni | tālisatamatarkārīharītakavargapatr-
 āṇi | sarṣapaphalapatrāṇi | śigruphalapatratvajaḥ | hari-
 drāmūlakalaśunanāgarakandapatrāṇi | ativiṣākandā | ku-
 ṣṭhathacābhārṇīśvetākiṇihīnāgantījyotiṣmatīgavākṣīvayasyā-
 vṛścikālībimbīkarañjamūlāni | arkālarkapuṣpamūlāni | ro- 5
 dhramadanasatpaparṇanimbīkarañjamūlāni | muraṅgīm-
 ātuluṅgīlavaṅgāppuṣpaṇi | agurusuradārusaralāśalukīji-
 ṅgiṇyaśanarasāñjanahiṅgulākṣāniryāsāḥ | śālatālamadhū-
 kadārvīsārāḥ | tejasvinīmeṣaśṛṅgīvarāṅgedībṛhatīdvayatv-
 acaḥ | rājādatamajjā | kṣaudralavaṇamadyāni, gavādiśak- 10
 ṛnmūtrapittāni, evavudhāni cendriyopaśamanīyānyanyā-
 nyapi | tathā snehāḥ kṣīraṃ raktaṃ mām̐saraso dhānyara-
 sastoyamiti śirovirecanopayogīni | madhukapadmakama-
 ṅjiṣṭhāsārīvāmustā punnāganāgakeśarailavālukasuvārṇa-
 tvaktmālapatrapṛthvīkāhareṇulākṣāśatapuṣpāśalukīśakarā- 15
 damana- kramakbakanpyagrodhodbambāṛśvatścaplakṣa-
 rodhratvakpadmotpalāni sarvagandhadgamyāṇi ca kuṣṭh-
 atagaravarjyāniprāyogikadhūmopayogīni | aguruguliśa-
 llakīśaileyakanaladahrīverareṇūśīramustadhyāmakavarāṅga-
 śrīveṣṭakasyaṇeyakaparipelaivailavālulukakandurukasarja- 20
 rasayaṣṭhyāṅka- phalāsārasnaihīdhūmopayogīni | śirovir-
 eladravyāṇi gandhadravyāṇi ca kuṣṭhatagaravarjyāni prā-
 yogikadhūmopayogīni | agurugugguliśallakīśaileyakana-
 ladahnīverareṇūśīramustadhyāmakārāṅgaścīveṣṭakasyaṇeya-
 kaparilaivailavālulukakanduruka- sarjarasayaṣṭhyāṅkapha- 25
 lasārasnehamadhūcchiṣṭabilvaphalamajjatīlayavamāṣakuṅku-
 rāni medomajjavasāsarpiṣi ca snaihikadhūmopayogīni |
 śirovirekadravyāṇi gandhadravyāṇi ca tīkṣṇani manohvā
 haritālaṃ ceti tīkṣṇadhūmopayogīni | " iti | § 3532

1.15.16 Aṣṭāṅgahr̥dayasaṃhitā

bhadradāru nataṃ kuṣṭhaṃ daśamūlaṃ
 balādvayam | | 5 | |
 vāyuṃ vīratarādiśca vidāryādiśca
 nāśayet | | 5 | | § 3534

1.15.17 Sarvāṅgasundarā

bhadradāru-kilimam | nataṃ-tagaram | kuṣṭham-gadaḥ |
daśamūlaṃ=dvipañcamūlam | balādvayaṃ-balā+atibalā ca |
etāni bhadradārvādīni, ca-aparaṃ, vakṣyamāṇo vīratarād-
irvidāryādīśca gaṇo vāyuraṃ nāśayati | § 3535

1.15.18 Āyurvedarasāyana

vātandhagaṇamāha-bhadradāru natamisyādi | bhadradāru-
devadāru | nataṃ-tagaram | vīratarādividāryādī-vakṣyagaṇau
gaśrau | tayoryāni punaruktāni tāni dviguṇaṃ yojyāni |
saṅgrāhe tu (sū. a. 14) - "bhadradārukūṣṭhatagaravarūṇa-
5 balātalārtagalakacchurābānkīkakuberākṣivatsādanyarkāla-
rkakimśukakataka bhārṅgīkārpaśīvṛścikātstrīpattūrapra-
bhṛtīni vidāryādirvarvakṣyamāṣagaṇo vīrasarādistrīṇālya-
varjyāni ṣaṭ pañcamūlāni ceti vāśamanāni | | " iti | § 3536

1.15.19 Aṣṭāṅgharḍayasamhitā

dūrvā+anantā nimbavāsā+a+atmaguptā gundrā+abhīruḥ
śītapākī priyaṅguḥ | | 6 | |
nyagrodhādīḥ padmakādīḥ sthīre dve padmaṃ
vanyam sārivādīśca pittam | | 6 | | § 3538

1.15.20 Sarvāṅgasundarā

dūrvā-śādvalam | anantā-yavāsakaḥ | nimbaḥ-prasiddhaḥ |
vāsā-āṭarūśakaḥ | ātmaguptā-kapikacchūḥ | gundrā-padaerakaḥ |
abhīruḥ-śatāvarī | śītapākī-śikhaṇḍikā kākaṇantikābhedaḥ |
priyaṅguḥ-śyāmā | eṣa dūrvādirgaṇaḥ, tathā vakṣyamāṇo
5 nyagrodhādīḥ padmakādīśca gaṇaḥ, tathā śālīparṇīpṛṣni-
parṇyau, tathā padmaṃ-jalajaṃ, vanyam-kuṭannaṃ, ta-
tthā sāvādīśca gaṇaḥ, ete pittam nāśayanti | "mtau tau gau
cecchālinī vedalokeḥ | " § 3539

1.15.21 Āyurvedarasāyana

pittandhagaṇamāha-dūrvetyādi | anantā-durālabhā | gundrā-
erakā śītapākī-guñjā | sthire dve-śāliparṇī dayo-vakṣyamāṇā
gaṇāmḥ | atrāpi punaruktāni dviguṇāni | saṅgrahe tu (sū.
a. 14) - "dūrvānantāmocarasamañjiṣṭhāparipelavakālākālī-
yakakadalīkandalīpayasyātmagutpānārukelakharjūradrākṣā-
vidārī- badarībalānāgabalānāgabalānāgapuṣpāsatāvarīśī-
yapākyodanapākīdhavanvanasyandanakhadirakadarapriyā-
latālaśāasarjatiniśāśva- karṇagundrāvānīrapadmāpadma-
kapadmabījamṛṇālakumudanali nasaugandhikapuṇḍarīkaśatapatraśevā
rotpalakākolyutpalikāśālūkaśṛṅgāṭakakaserukakrauñcāda- 10
naprabhṛtīni śītavīryāṇi | sārivādiḥ padmakādiḥ paṭoādi-
rnyagrodhādirdāharomahākaśāyatrṇapañcamūlaṃ ceti
pittaśamanāni | |" iti | § 3540

1.15.22 Aṣṭāṅgahr̥dayasamhitā

āragvadhādirarkādirmuṣkakādīyo+asanādīkaḥ | |7| |
surasādīḥ
samustādirvatsakādirbalāsajit | |7| | § 3542

1.15.23 Sarvāṅgasundarā

āragvadhādīyādayo gaṇāḥ saptaite balāsaṃ-śleṣmaṇaṃ ja-
yanti | § 3543

1.15.24 Sarvāṅgasundarā

śleṣmandhagaṇamāha-āragvadhādīriti | ete satpagaṇā va-
kṣyamāṇāḥ | atāpi punaktāni dviguṇāni | saṅgrahe tu (sū.
a. 14) - "śītaśivaśatapuṣpāsaralasaradārurāsneṅgrudīsāta-
lasumanahkākādanīlāṅgalikāhastikarṇamuñjātalāmajjaka-
prabhṛtīnyāragvadhādirasanādīrarkādīḥ surasādirmuṣka- 5
kādirvatsakādirmustādīḥ śītandho mahākaśāyo vallīkaṇṭ-
akapañcamūle ceti śleṣmapraśamanānīti | |" iti | § 3544

1.15.25 Aṣṭāṅgahr̥dayasaṃhitā

jīvanti kākolyau mede dve mudgamāṣaparn̥yau ca | | 8 | |
r̥ṣabhakajīvakamadhukaṃ ceti gaṇo
jīvanīyākhyāḥ | | 8 | | § 3546

1.15.26 Sarvāṅgasundarā

atha mahākaśāyāḥ | tatra jīvanīyagaṇamāhajīvantītyādi |
saṅgrahe tu (sū. a. 14) - "ānamtyādaṣadhānāmāmāyānām
cānantā eva kaśāyāḥ | yetu sutarāṣadhānāmāmāyānām cā-
nantā eva kaśāyāḥ | ye tu sutarāmupayogavantāḥ prak-
5 arṣavartino vā te jīvanīyādisaṃjñāḥ | pratyekaṃ daśaka-
ṣāyasamyogāt pañcatvāriṃśanmahākaśāyā vakṣyante |
tatpratipatyartham | śakyam hi buddhimadbhiḥ svādu-
snigdhaśītādīn jīvantiyādiṣu sādharmaṇān dunānānālocya
kṣīrekṣukṣaudradrākṣākṣoḍavidārikandādiṣvapi tadguṇ-
10 eṣu jīvanīyādītvamavadhārayitum | yathoktānusaraṇam-
eva śreyo mandabuddheriti | vyāstāśca te catvāri śatāni pa-
ñcāśadadhikāni tadabhidhānānyeva | yadyapi ca tāni tā-
nyeva dravyāṇīti dravyasaṅkaraḥ kāśāyeṣu, tathā+api na-
saṃjñāvirodhaḥ | ekasyāpi bahukāryanirvanāt | tatalav-
15 aṇavarjyāḥ pañca rasāḥ kalpanāyām kaśāyā ityucyante,
tadyonitvāt | lavaṇe tu niryāsādikalpanānāmasambhavaḥ,
pṛthadupayogopakārarahitatvācca nairarthakyaṃ | bh-
avanti cātra | § 3547

jīvantī kākolyau dve mede mudgamāṣaparn̥yau
ca | kraṣabhakajīvakamadhukaṃ ceti gaṇo
jīvanīyākhyāḥ | | 1 | |

20

vāṭhyā balā payasyā kākolyāvṛṣabhavājigandhe
ca | kṣīriṇirājakṣavake bhāradvājī ca
bṛhaṇīyo+ayam | | 2 | |

vāṭhyā-atibalā | payasyā-kraṣyagandhā, vidārī
kṣīraavidārī [vā] | kṣīriṇī-śrīparṇī |
rājakṣavakaṃ-digdhikā |
bhāradvājī-vanakārpāsī | haimavatī
viribilvaṃ mustā kuṣṭhaṃ vacā haridre ca |
citrakakaṭukātiviṣā vargo+ayaṃ
lekhanīyākhyah | | 3 | |

haimavatī-śvevatī-śvetavacā | arkairaṇḍau citrā
citrakaciribilvaśaṅkhinīsaralāḥ | hemakṣīrī
kaṭukā vahnimukhī bhedanīyāni | | 4 | |

citrā-dantī | saralā-trivṛt | vahnimukhī-lāṅgalī | 5
madhumadhukapṛśnīparṇīkaṭphalarodhra-
priyaṅgudhātakyah | ambaṣṭhakī samaṅgā
mocarasaśceti sandhānam | | 5 | |

ambaṣṭhakī-mācikā | huṅgumaricāmlavetasadī-
pyakabhallātakāsthisamyogāt | vargaḥ
sapañcakolo nidriṣṭo dipanīyo+ayam | | 6 | |

Endryatirasā payasyā kraṣyaproktāsthīrā
balā+atibalā | iti balyo daśako+ayaṃ
hayagandhā rohiṇī kraṣabhī | | 7 | |

10

aindrī-indravāruṇī | atirasā-mūrvā |
kraṣyaprokta-śatāvarī | rohiṇī-śrīparṇī |
kraṣamīkapikacchūḥ | candanatuṅgapayasy-
āsītālatāmachukapadmokoṣīram | varṇyo
gaṇo+ayamidito
mañciṣṭhāsārivāsahitaḥ | | 8 | |

tuṅgakiṅjalkam | sitā-śveradūrvā |
latā-priyaṅguḥ | haṃsapadībrhatīdvayamṛ-
dvīkāsārivekṣumūlāni |
kaiḍaryamadhukakṛṣṇāḥ savidāryah
kaṅṭhajananāni | | 9 | |

kaiḍaryaḥ-kaṭphalaḥ |
vṛkṣāmlabadaradāḍisāmlavetasam
vargam | | 10 | |

kuvalaṃ-kolaṃ | nāgaracavikācitrakaciḍaṅgam-
ūrvāmṛtāvacāmistāḥ |
sahapippalīpaṭolāstr̥tpindho+ayaṃ gaṇaḥ
prathitaḥ | | 11 | |

5 kuṭajaphalabilvacitrakamahauṣadhapratiṣāva-
cācavikāḥ | anvayavāsam pathyā dāruharidrā
gaṇo+arśondhaḥ | | 12 | |

svadirāmalakāruṣkaraniśābhayāsatpaparṇakaravīrāḥ |
kuṣṭhandhāścaturāṅgulaviḍaṅgajāipravālā-
śca | |
13 | |

naladakṛtamālacandanasarṣapadhananimbaku-
ṭajamadhukāni | kaṇḍūṃ dāruharidrā
sanaktamālāni nindhānti | | 14 | |

10 naladaṃmāmsī | kṛtamālaḥ-āragvadhaḥ |
akṣīvamari cakembukaviḍaṅgakāṇḍīrakiṇihi-
nirguṇḍyaḥ | ndhanti kṛmīn
śvadaṃṣṭrāvṛṣākḥuparṇyastathā na
cirāt | | 15 | |

akṣīvaḥ-śigruḥ | kāṇḍīraḥ-ugrkāṇḍaḥ | mañji-
ṣṭhāśleṣmātakarajanīsuvahāsīrīṣapālīnyaḥ |
sailācandanakatakāḥ sasinduvārā viṣaṃ
śranti | | 16 | |

suvāhā-gandhanākulī | pālindī-trivṛtā | śālikṛjñ-
akāśaṣaṣṭīkavīraṇadarbhekṣubālikekṣūṇām |
tadvadgundrorakaṭayormūlamalaṃ
stanyajamanāya | | 17 | |

15

ikṣubālikā-hvasvekṣuḥ | pāṭhānāgarasurataru-
ghanāmṛtāsārivendrayavamūrvāḥ |
kaṭukākīrātatiktaṃ vargo+ayaṃ
stanyaśuddhikaraḥ | | 18 | |

medākākolīdrayavṛkṣaruhājīvakarhabhakuliṅgāḥ |
śukrajanano gaṇo+ayaṃ
sahajanilāśūrpaparnībhiḥ | | 19 | |

kuliṅgā-karkaṭaśṛṅgī | jaṭilā-utraṭhā | 5
kuṣṭailavālukaṭṭphalakāṇḍekṣusamumraph-
enakośīraiḥ | vasukekṣivakśurakaīḥ śukraṃ
śudhyetsakadambaniryāsaiḥ | | 20 | |
kāṇḍekṣuḥkāśaḥ | vasukaḥ-buktaḥ |
ikṣurakaḥ-kokilākṣaḥ | drākṣākākolīdvayam-
adhuparṇīmahukajīvakavidāryaḥ |
snehopagāḥ
samedājīvantīśālīparṇīkāḥ | | 21 | |

saubhāñjanakapunarnavavṛścīvakulatthamāṣabadarāṇi |
svedopagāni
vidyātsayavatilārkorubūkāṇi | | 22 | |

lājāmlabadaradāḍimayavaśaṣṭīkamātuluṅgasvyāniḥ
jambāmrappallavāni ca daminigrahaṇāni
mṛstrā ca | | 23 | |

nāgaradhanvayavāsakavālakaparpaṭakacanda-
naguḍūcyāḥ |
mīnimbadhanapaṭolīkustumbaryastrṣaṃ
ndhanti | | 24 | |

br̥hatīdvayavṛkṣaruṭāplaṣkaramūlāmayākaṇāśṛṅgyaḥ |
hidhmāṃ nindhanti śaṭhī durālamā
badarabījaṃ ca | | 24 | |

śyāmā+avantā padmā kaṭvaṅgaḥ 15
padmokeśaraṃ rodhram |
dhātakikusumasamaṅgā
mocerasāmrāsthībīṅgahapām | | 26 | |

syāmā-priyaṅgu | anantā-dhanvayāsakaḥ |
padmā-padmacāriṇī | jambūśallakimadhuka-
ṃnīlotpalakacchurātilatryāhvam | bhṛṣṭā ca
mṛt payasyā saśālmālī vuṅgirajanāni | | 27 | |

kacchurā-dhanvayāsakaḥ | śryahvaḥ-
śrīveṣṭakaḥ | jagbvamrodumvaravatakapīta-
naplakṣapippalāśmantam |
mallātasomavalkaṃ mūtragrahaṇāya
nirdiṣṭam | | 28 | |

5

ka,alamalimakumudamadhukasaugandhika-
dhātakīlatākusumam | mūtraṃ nayati
virāgaṃ sotpalaśatapatrapīṇḍarīkaṃ
ca | | 29 | |

madhukadhātakīlatākusumemyo+anyāni
padmāni | latā-priyaṅgu |
kamalaṃ-mrivarṇam, nalinaṃ-raktam,
śatapatraṃ-nīlam, puṇḍarīkaṃ-śvetam, tāni
divā vikasanti | kumudaṃ-śvetam,
satpalaṃ-nīlam, te ca rātrau | saugandhikaṃ
sandhyāyām | sṛkṣātalīśvaṃdadrādrabhau-
tkaṭacasukavaśīrakuśakāśāḥ | mūtraṃ
virecareyeyurgandrā pāsāṇamedāśca | | 30 | |

10

vaśiraḥ-karipippalī | ndrāhyānmalakapunarna-
bavṛdurālabhābhayākṛṣṇāḥ | kāsaṃ ndhani
saśaṅgī tāmalaḥ kaṇṭakārī ca | | 31 | |

caṇḍāmlavetasāṣaṭhītāmalīsurasahiṅgujīvantiyaḥ |
puṣkaramūlailāguru vargo+ayaṃ
śvāsaśamanāya | | 32 | |

drākṣāpīluparūṣakamañjiṣṭhāsārīvāsutāpalāḥ | |
triphalā veti gaṇo+ayaṃ jvarasaṃśamanāya
nirdiṣṭaḥ | | 33 | |

dāḍimaphalguparūṣakapriyālayavaṣaṣṭikekṣubadarāṇi |
amakāśanani
vidyāddākṣākharjūrasahitāni | | 34 | |

padmakalājośīraṃ
madhutpalasārivāsītodīcyam |
kāśmaryaphalaṃ svandranameṣa gaṇo
dāhahā proktaḥ | | 35 | |
natanāgarāguruvanādhānyakasūtīkapimpalīvyādhyah |
śītaṃ śamayantyacirācchthotākaḥ
sāgnimanthaśca | | 36 | |

5

bhūtīkaṃ-kaṭṭṛṇam | tindukapiyālabījakasapta-
cchadakhadarabadarāṇi | ahimāravāālikagau
kakubhaścodardaśamanāni | | 37 | |

kākolyelā sevyam nidrigdhike śālīpṛśrniparṇyau
ca | ndhantyaṅgamardamacirāstandanama-
dhukorubūkaṃ
ca | | 38 | |

dīpyakāmaricājīgaṇḍīraṃ sālagandhamatha 10
śūlam | śamayati sapañjakoḷam, śophaṃ
daśam slamādyam ca | | 39 | |

40 | |

madhumadhikalājagairikaphalinīmocarasarṃtkāpālāni |
saṃsthāpayanti ridhiraṃ rudhiraṃ ca
śarkaraṃ rodhram | | 41 | |

mṛtkapālam-karparam | rudhiraṃ-kuṅkumam | 15
śailailāvālukaṭṭhalamocarasāśokapadmakaś-
irīṣam | sthāpayati vedanāmatha
sahatuṅgakadambavidulaṃ ca | | 42 | |

vidulo-vetasah | kaiḍaryahiṅgucorakapañkaśāś-
okarohiṇivayaḥsthāḥ | pūtyarimedo
jaṭilāgolomivacāśca saṃjñādāḥ | | 43 | |

palāṅkaṣā-gugguluḥ | aśokaroḥiṇī-kaṭukā |
vayaḥsthā-harītakī |
pūyarimedo-durgandho+ahimāraḥ |
jaṭilā-māṃsī | dūrvā | aindrī dūrvā+amodhā
viṣvakṣenā+avyāthā śivā+ariṣṭā | brāhyī
savāṭhyapuṣpī-atibalā | śatavīryā-śatavarī |
amṛtā pathyā dhātrī jīvantī śreyasī sthirā
yuktā | maṇḍūkaparṇyatirasā sthāpayati
punarnavā ca vayaḥ | | 45 | |

śreyasī-pāṭhā | yuktā-rāsnā | iti
nānāvidhavyādhividhātārthamudāhṛtāḥ |
yogā^{§ 3630}

1.15.27 Aṣṭāṅgahr̥dayasaṃhitā

rogāturavaśāt kalpayetān yathāyatham | | " iti | § 3631

1.15.28 Sarvāṅgasundarā

jīvantyādirgaṇo jīvanīyasaṃjñāḥ | udāharaṇamātraṃ ce-
dam | dhīmatā svāduśītasnigdhdhādīn jīvantyādiṣu sādharā-
ṇaguṇānālocya kṣīrekṣudrākṣākṣoḍavidārikandādiṣu (ṣv-
api) tadguṇeṣu jīvanīyāditvamavadhārayituṃ yuktamiti |
5 jīvantī-jīvavarddhanī | kākolyau dve-ekā kākolī kevaḍīsa-
mṛjñā, anyā kṣīrakākolī payasvinīsaṃjñā | dve mede-ekā
medā maṇicchidrāsaṃjñā, anyā mahāmedā vṛkṣaruhāsa-
mṛjñā | mudgaparṇyādīnāṃ nāmāni prāguktānīti | "hya-
ntāntarādīgurubhiḥ sodadhilaiḥ saptabhirgaṇairguruṇā |
10 āryārdhe nātrāyujī jaḥ ṣaṣṭho+ayaṃ nalaghukau vā | " § 3632

1.15.29 Āyurvedarasāyana

athavidāryādiprabhṛtayaḥ | tatra vidāryādigaṇamāha-vidārīti |
vṛścikālī-vṛścikālī-vṛścikapatrā | vṛścivaḥ-punarnavā | devādvayaṃ-
sahadevā viśvadevā ca | śūrpaparṇyau-mudraparṇī mā-

ṣaparṇī ca | kaṇḍūkarī-kapikacchūḥ | jīvanam hasvaṃ
ca pañcamūlam-prāguktam | dopasutā-sārivā | tropādī-
haṃsapādī | ayam vidāryādigaṇo hr̥dyarvādiguṇaḥ | śoṣo-
rājyakṣmā | ūrdhvaḥ-udavartaḥ | § 3633

1.15.30 Aṣṭāṅghṛdayasaṃhitā

vidāripañcāṅgulavṛścikālī-
vṛścīvadevāhvayaśūrparṇyaḥ | | 9 | |
kaṇḍūkarī jīvanahasvasaṃjñe dve pañcake
gopasutā tripādī | | 9 | |
vidāryādirayaṃ hr̥dyo brūṃhaṇo
vātapittahā | | 10 | |
śoṣagulmāṅgamardordhvaśvāsakāsaharo
gaṇaḥ | | 10 | | § 3637

1.15.31 Sarvāṅgasundarā

vidārī-vṛṣyakandā | pañcāṅgulaḥ-eraṇḍaḥ | vṛścikālī-uṣṭradhūmakā
meṣaśrṅgī vā | vṛścīvaḥ-kṣudravaraṣābhūḥ | devāhvayaḥ-
suradāru | [devādvayeti pāṭhe ekā sahadevā dvitīyā viśv-
adevā ceti devādvayam |] sūrparṇyau-mudgaparṇī māṣa-
parṇī ca | kaṇḍūkarī-kapikacchūḥ | jīvanetyādi | "abhīruv- 5
īrājīvantījīvakarṣabhakaiḥ smṛtam | jīvanākhyam" (hr̥. sū.
a. 6 | 170) iti jīvanasaṃjñam pañcamūlam | br̥hatī kaṇṭakār-
ikā śālīparṇī pṛṣniparṇī gokṣurakamiti hrasvasaṃjñam pa-
ñcamūlam | gopasutā-sārivā | tripādī-haṃsapādī kīṭamār-
ikākhyā | eṣa vidāryādigaṇo br̥ṃhaṇo vātapittaghaṇaḥ śoṣ- 10
ādiharaśca | upajātīrvṛttam | § 3638

1.15.32 Aṣṭāṅghṛdayasaṃhitā

sārivośīrakāśmaryamadhūkaśīśīradvayam | | 11 | |
yaṣṭī parūṣakaṃ hanti
dāhapittāsratṛḍjvarān | | 11 | | § 3640

1.15.33 Sarvāṅgasundarā

sārivā-kṛṣṇavallī | uśīraṃ-vīrataru (ram) | kāśmaryaḥ-sarvatobhadrā |
madhūko-guḍapuṣpakah | śīśiradvayaṃ-ekaṃ sitacanda-
naṃ malayajasaṃjñamanyadraktacandanasaṃjñam | yaṣṭi-
klītakasaṃjñam | parūṣakaṃ-mṛduphalam | sārivādira-
5 yaṃ dāhādīn hanti | § 3641

1.15.34 Āyurvedarasāyana

sārivādigaṇamāha-sāriveti | śīśiradvayaṃ śvetapītacand-
ane | § 3642

1.15.35 Aṣṭāṅgahr̥dayasaṃhitā

padmakapuṇḍrau vṛddhitugardydhaḥ śṛṅgyamṛtā daśa
jīvanasaṃjñāḥ | | 12 | |
stanyakarā ghnantīraṇapittam
prīṇanajīvanabr̥mhaṇavr̥ṣyāḥ | | 12 | | § 3644

1.15.36 Sarvāṅgasundarā

padmakam-hemapadmam | puṇḍraḥ-prapaṇḍarīkam | vṛddhiḥ-
mahāśrāvaṇī | tugā-tugākṣīrī | ṛddhiḥ-śrāvaṇī | śṛṅgī-kulīraśṛṅgī |
amṛtā-chinnaruhā | daśa jīvanasaṃjñāḥ-jīvantyādigaṇoktāḥ |
ete padmakādayaḥ stanyahetavaḥ, tathā vātapittam ghna-
5 nti, tathā prīṇanādiguṇayuktāḥ | "aṣṭābhyo bhadgau yojoy-
āvupacitrā | " § 3645

1.15.37 Āyurvedarasāyana

padmakādigaṇamāha-padmakapuṇḍrāviti | puṇḍraḥ-prapaṇḍarīkam |
tugā-vaṃśarocanā | śṛṅgī-karkaṭaśṛṅgī | amṛtā-guḍūcī |
jīvanasaṃjñā daśa-jīvanīyo gaṇaḥ | īraṇo-vāyuh | § 3646

1.15.38 Aṣṭāṅgahr̥dayasaṃhitā

parūṣakaṃ varā drākṣā kaṭphalaṃ katakāt
phalam | | 13 | |
rājāhvam dāḍimaṃ śākaṃ
ṭṭṇmūtrāmayavātajit | | 13 | | § 3648

1.15.39 Sarvāṅgasundarā

purūṣako-mṛduphalo dhanvanacchadaḥ | varā-śreṣṭhā |
drākṣā-madhuphalā | kaṭphalaṃ-rohiṇī somavalkaḥ | katakaphalaṃ-
vāriprasādanam | rājāhvam-kaṇṇikāram | dāḍimaṃ-śukeṣṭam |
śākaṃ-kharacchadaḥ ṛkṣaviśeṣaḥ | parūṣakādireṣa ṭṭṇm-
ayādijit | § 3649

5

1.15.40 Āyurvedarasāyana

parūṣādigaṇamāha-parūṣakamityādi | vasatriphalā | rājāhvam-
rājādanam | śākaṃ-śākavṛkṣaphalam | § 3650

1.15.41 Aṣṭāṅgahr̥dayasaṃhitā

añjanam phalinī māṃsī padmotpalarasāñjanam | | 14 | |
sailāmadhukanāgāhvam
viṣāntardāhapittanut | | 14 | | § 3652

1.15.42 Sarvāṅgasundarā

añjanam dvidhā,-ekaṃ srotoñjanam yāmunasaṃjñamap-
aram sauvīram netrabhūṣaṇākhyam | phalinī-priyaṅguḥ |
māṃsī-kṛṣṇajaṭā | padmaṃ-puṣkaram | utpalaṃ-śaśipriyam |
rasāñjanam-tārṣyaśailam | elā-bahulā | madhukaṃ-madhuyaṣṭī |
nāgāhvam-nāgakesaram | eṣo+añjanādirviśādijit | § 3653

5

1.15.43 Sarvāṅgasundarā

añjanādigaṇamāha-añjanamityādi | añjanamstrotoñjanam |
saolā-sūkṣmailā,saśabda īśadvācī | nāmāhvamṇāgakesa-
ram | § 3654

1.15.44 Aṣṭāṅgahr̥dayasaṃhitā

paṭolakaṭurohiṇīcandanam
madhusravaguḍūcipāṭhānvitam | | 15 | |
nihanti kaphapittakuṣṭhajvarān viṣam
vamimarocakam kāmālām | | 15 | | § 3656

1.15.45 Sarvāṅgasundarā

paṭolaṃ-pāṇḍuphalam | kaṭurohiṇī-kaṭukā | candanaṃ-
gandhasāram | madhusravo-muraṅgī | guḍūcī-chinnaruhā |
pāṭhā-ambaṣṭhā | etairdravyairyuktametataṃ paṭolādikaṃ
kaphādīn nihanti | "mātrāsamakam navamo lḡāntam (mo
5 lagontyaḥ) " (vr̥ttaratnākare a. 2 | 32) § 3657

1.15.46 Āyurvedarasāyana

paṭolādigaṇamāha-paṭoletyādi | madhustravāmūrvā | § 3658

1.15.47 Āyurvedarasāyana

guḍūcyādigaṇamāha-guḍūcītyādi | ariṣṭonimbah | § 3659

1.15.48 Aṣṭāṅgahr̥dayasaṃhitā

guḍūcīpadmakāriṣṭadhānakāraktacandanam | | 16 | |
pittaśleṣmajvaracchardidāhatṛṣṇāghnamagnikṛt | | 16 | | § 3661

1.15.49 Sarvāṅgasundarā

guḍūcī-chinnodbhavā | padmako-marudbhavaḥ | ariṣṭo-
nimbaḥ | dhānakā-dhānyakam | raktacandanam-raktakāṣṭham |
eṣa guḍūcyādiḥ pittādīn hanti, [agnikaraśca] | § 3662

1.15.50 Aṣṭāṅgahr̥dayasamhitā

āragvadhendrayavapāṭalikākatiktā- nimbāmṛtāmadhura-
sāsruvavṛkṣapāṭhāḥ | | 17 | |
bhūnimbasairyakrapatolakarañjayugma- sapta-
cchadāgnisuṣavīphalabāṇaghoṇṭāḥ | | 17 | |
āragvadhādirjayati
chardikuṣṭhaviṣajvarān | | 18 | |
kapham kaṇḍūm prameham ca
duṣṭavraṇaviśodhanaḥ | | 18 | | § 3666

1.15.51 Sarvāṅgasundarā

āragvadhāḥ-śamyākāḥ | indrayavāḥ-kaliṅgakāḥ | pāṭaliḥ-
vasantadūtī | kākapiktā-śārṅgeṣṭā | nimbaḥ-pāribhadraḥ |
amṛtā-guḍūcī | madhurasā-mūrvā | sruvavṛkṣo-vikaṅkataḥ,
[kaṇṭakīvṛkṣaḥ kaṇṭakāriketi prasiddhaḥ] | pāṭhā-ambaṣṭhā |
bhūnimbaḥ-kairātaḥ | sairyakaḥ-sahacaraḥ | paṭolaḥ-karkaśacchadam |
karañjayugmaḥ-ekaḥ pūtikakarañjaściribilvākhyo+aparo
naktamālākhyāḥ | saptacchadaḥ-ayugmacchadaḥ | agniḥ-
citrikaḥ | suṣavī-kāravī, pānīyavallīsaṃjñā | phalaḥ-madanaphalam |
bāṇaḥ-sahacaraḥ | ghoṇṭā-pūgaviśeṣaḥ | ayamāragvadhā-
diścchadyādīnnihanti | [medodarān viśodhayati-parākaroti] |
] vasantatilakāvṛttam | § 3667

1.15.52 Āyurvedarasāyana

ārabadhādigaṇamāha-ārambadhetyādi | kākatiktā-karañjikā-
struvavṛkṣo-vikaṅkataḥ | sairyakaḥ-sahacaraḥ | [suṣavī-
kāravellukam | phalaḥ-madanaphalam | vāṇo-vīlasahacaraḥ |
] ghoṇṭā-badarī | § 3668

1.15.53 Aṣṭāṅgahr̥dayasaṃhitā

asanatiniśabhūrjaśvetavāhaprakīryāḥ khadirakadarabha-
nḍīśiṃśipāmeṣaśr̥ṅgyaḥ | | 19 | |
trihimatalapalāsā joṅgakaḥ śākaśālau kramuka-
dhavakaliṅgacchāpakarṇāśvakarṇāḥ | | 19 | |
asanādirvijayate
śvitrakušṭhakaphakrimīn | | 20 | |
pāṇḍurogam̐ pramehaṃ ca
medodoṣanibarhaṇaḥ | | 20 | | § 3672

1.15.54 Sarvāṅgasundarā

asanaḥ-pītaśālākhyāḥ | tiniśaḥ-syandanasaṃjñāḥ | bhūrjo-
bahupuṭākhyāḥ | śvetavāhaḥ-arjunaḥ | prakīryaḥ-pūtikarañjaḥ |
khadiro-gāyatrī | kadarāḥ-khadirākṛtiḥ śvetasāraḥ | bhaṇḍī-
śirīṣaḥ | śiṃśipā-maṇḍalapatrikā | meṣaśr̥ṅgī-ajaśr̥ṅgī | trihimaṃ-
5 candanatrāyam, malayajaraktacandanadāruharidrābhed-
ena | talāḥ-tālāḥ | palāsāḥ-kiṃśukaḥ | joṅgakaḥ-agurusamjñāḥ |
śākaṃ-varadāru | śālo-rasaniryāsākhyāḥ | kramukaḥ-pūgam |
dhavaḥ-śakataḥkhyāḥ | kaliṅgāḥ-śakrayavāḥ | chāgakarṇo-
bastakarṇāḥ | aśvakarṇāḥ-kuśikaḥ | ayamasanādiḥ śvitṛā-
10 dīn vijayate-śamayati | vijayata iti "viparābhyāṃ jeḥ" ity-
ātmanepadam | tathā, medodoṣaṃ nibarhati-parākaroti |
mālinīvṛttam | § 3673

1.15.55 Āyurvedarasāyana

asanādigaṇamāha-asanetyādi | śvetavāhaḥ-arjunaḥ | prakīryaḥ-
pūtikarañjaḥ | kadarāḥ-śvetakhadirāḥ | bhaṇḍī-śirīṣaḥ |
trihimaṃ-candanatrāyam | talāḥ-tālavr̥kṣaḥ | joṅgakaḥ-aguru |
kramukaḥ-indrayavaḥ | § 3674

1.15.56 Aṣṭāṅgahr̥dayasaṃhitā

varuṇasairyakayugmaśatāvarī-
dahanamoraṭabilvaviṣāṇikāḥ | | 21 | |

dvibr̥hatīdvikarañjajayādvayam
bahalapallavadarbharujākarāḥ | | 21 | |
varuṇādiḥ kapham medo mandāgnitvam
niyacchati | | 22 | |
āḍhyavātam śiraḥśūlam gulmam cāntaḥ
savidradhim | | 22 | | § 3678

1.15.57 Sarvāṅgasundarā

varuṇaḥ-tamālaḥ | sairyakayugmam-sahacaradvayam, eko
raktapuṣpaḥ kuravakākhyo+anyaḥ pītapuṣpaḥ kuraṇṭak-
ākhyah | śatāvarī-varī | dahano-vahniḥ | moraṭo-mūrvā |
bilvaḥ-pūtivātaḥ | viṣāṇikā-ajaśṛṅgī | dvibr̥hatyau-kaṇṭakārikāmahoṭikā
dvikarañjaḥ-karañjadvayam prāguktam | tarkārī harītakī 5
ceti-jayādvayam | bahalapallavaḥ-śobhāñjanaḥ | darbhaḥ-
kuśaḥ | rujākaro-hintālaḥ | varuṇādirayam kaphādīn ha-
nti | "drutavilambitamāhanabhau bharau" (vṛttaratnākare
a. 3 | 49) | § 3679

1.15.58 Āyurvedarasāyana

varuṇādigaṇamāha-varuṇetyādi | moraṭaḥ-kṣīramūrvā | viṣāṇikā-
meśaśūṅgī | jayadvayam-tarkārīdvayam | bahalapallavaḥ-
śigruḥ | āḍhyavātam-ūrustambham | āntaram gulmam vi-
dgadhim ca | § 3680

1.15.59 Aṣṭāṅgahr̥dayasaṃhitā

ūṣakastutthakam hiṅgu kāsīsadvayasaindhavam | | 23 | |
saśilājatu kṛcchrāśmagulmamedah̥kaphāpa-
ham | | 23 | | § 3682

1.15.60 Sarvāṅgasundarā

ūṣako-vṛṣakaḥ, kallara iti prasiddhaḥ | tutthakam-kharparam
kiṭihāparasamjñam | hiṅgu-rāmaṭham | kāsīsadvayam-ekam
pāṃśudhātusamjñamaparam puṣpakāsīsākhyam | saindhavam-

māṇimantham | śilājatu-śilājam | ūṣakādirayaṃ mūtrakṛ-
cchrādīn hanti | § 3683

1.15.61 Āyurvedarasāyana

ūṣakādigaṇamāha-ūṣaka ityādi | ūṣakaḥ-kṣāramṛttikā | kṛcchraṃ-
mūtrakṛcchram | § 3684

1.15.62 Aṣṭāṅgahr̥dayasaṃhitā

vellantarāraṇikabūkavr̥ṣāsāsmabheda-
gokaṇṭaketkaṭasahācarabāṇakāśāḥ | | 24 | |
vr̥kṣādanīnalakuśadvayaguṇthagundrā- bhallū-
kamoraṭakuraṇṭakarambhapārthāḥ | | 24 | |
vargo vīratarādyo+ayaṃ hanti vātakṛtān
gadān | | 25 | |
āsmarīśarkarāmūtrakṛcchrāghātarujāharaḥ | | 25 | | § 3688

1.15.63 Sarvāṅgasundarā

vellantaro-vīratara uśīrākhyah | araṇikaḥ-agnimanthaḥ |
būkaḥ-īśvaramallikā | vr̥ṣaḥ-ātarūṣakaḥ | āsmabhedaḥ-pāśāṇabhedaḥ |
gokaṇṭako-gokṣurakaḥ | itkatā-sūkṣmapatrikā dīrghalo-
hitayaṣṭikā kāṇḍaviśeṣaḥ, 'ikaḍi' iti loke | sahācaraḥ-
5 sahacaraḥ | bāṇo-nīlapuṣpaḥ sairyakaḥ | kāśaḥ-śvetacāmarakaḥ |
vr̥kṣādanī-kāmavr̥kṣakaḥ | nalo-mṛtyupuṣpākhyah | kuśadvayaṃ-
sthūlasūkṣmabhedena darbhadvayam | guṇtho-vṛttatṛṇaḥ,
kudaguṇṭhikāparasamjñah | gundrā-padaerakaḥ | bhallūkaḥ-
śyonākaḥ | morāṭaḥ-kṣīramoraṭaḥ | kuraṇṭaḥ-sitivāraḥ |
10 karambhaḥ-uttamāraṇiḥ | pārthā-suvarcalā | eṣa vīratarādirvargo-
gaṇo, vātajān rogān hanti | tathā, āsmarīyādiharaḥ | vasant-
atilakāvṛttam | § 3689

1.15.64 Āyurvedarasāyana

vīratarādigaṇamāha-vellantaretyādi | araṇikaḥ-tarkārī | būko-
bakapuṣpaḥ | utkaṭaḥ-ikṣuḥ | r̥kṣādanī-vandākaḥ | bhallūkaḥ-

tiṅṅukaḥ | karambhā-uttamāraṇī | pārthā-ādityabhaktā |
§ 3690

1.15.65 Aṣṭāṅgahr̥dayasaṃhitā

rodhraśābarakarodhrapalāśā
jiṅgiṅīsaralakaṭṭhalayuktāḥ | | 26 | |
kutsitāmbakadalīgataśokāḥ
sailavālu-paripelavamocāḥ | | 26 | |
eṣa rodhrādiko nāma medaḥ kaphaharo
gaṇaḥ | | 27 | |
yonidoṣaharaḥ stambhī varṇyo
viṣavināśanaḥ | | 27 | | § 3694

1.15.66 Sarvāṅgasundarā

rodhraḥ-tilvakaḥ | śābarako-dvitīyarodhraḥ, akṣibheṣajā-
parasaṃjñāḥ | kadambapalāśau-prasiddhau | jiṅgiṅī-kṛṣṇaśālmālī |
saralaṃ-devadāru | kaṭṭhalaṃ-kumudā, rohiṅībhedāḥ |
yuktā-rāsnā, girikarṇiketyanye | kutsitāmbaḥ-kadambaḥ |
kadalī-rambhā | gataśokaḥ-aśokaḥ | elavālu-aileyam | paripeṭavaṃ-
kuṭannaṭaṃ gopāladamanakākhyam | mocā-śallakī | ayaṃ
rodhrādiko gaṇo medaḥkaphāpaho yonidoṣaghaśca | ta-
thā, stambhī doṣānāṃ śakṛdādeśca | tathā, varṇāya hito vi-
śaghaśca | svāgatavṛttam | § 3695

1.15.67 Āyurvedarasāyana

rodhrādigaṇamāha-rodhretyādi | śābararodhraḥ-śvetarodhraḥ |
jiṅgiṅī-modakī | yuktā-rāsnā | kutsitīmbaḥ-kadambaḥ | gataśokaḥ-
aśokaḥ | paripalavaṃ-kṣudgamustā | mocā-sallaki | § 3696

1.15.68 Āyurvedarasāyana

arkādigaṇamāha-arketyādi | alarko-mandāraḥ | nāgadantī-
parvapūṣpī | viśalyā-lāṅgalīm | pratyavapūṣpī-apāmārgaḥ |
pitatailā-jyotiṣmatī | udakīryāṃ-pūtikarañjaḥ | śvetāyugmaṃ-
kiṅihī kaṭamī ca | tāpasānāṃ vṛkṣaḥ- iṅjudī | § 3697

1.15.69 Aṣṭāṅgahr̥dayasaṃhitā

arkālarkau nāgadantī viśalyā bhārṅgī rāsnā vṛścikālī
prakīryā | | 28 | |
pratyakpuṣpī pītatailodakīryā śvetāyugmaṃ
tāpasānāṃ ca vṛkṣaḥ | | 28 | |
ayamarkādiko vargaḥ
kaphamedoviṣāpahaḥ | | 29 | |
kṛmikuṣṭhapraśamano
viśeṣādvraṇaśodhanaḥ | | 29 | | § 3701

1.15.70 Sarvāṅgasundarā

arkaḥ-sadāpuṣpī | alarko-mandārakākhyāḥ śvetakusumaḥ |
nāgadantī-parvapūṣpikā | viśalyā-lāṅgalī | bhārṅgī-phañjī |
rasnā-rasyā | vṛścikālī-uṣṭradhūmakāḥ | prakīryā-karañjaḥ |
pratyakpuṣpī-apāmārgaḥ | pītatelā-kākādanī | udakīryā-
5 karañjaḥ | śvetāyugmaṃ-ekā kiṇihīsaṃjñā+anyā mahāśv-
etā pālindīsaṃjñā | tāpasānāṃ vṛkṣaḥ-iṅgudī | eṣo+arkādirvargaḥ
kaphādighno+atīsayena vraṇaśodhanaḥ | śālinīvṛttam |
§ 3702

1.15.71 Aṣṭāṅgahr̥dayasaṃhitā

surasayugaphañjīḥ kālamālā viḍaṅgaṃ
kharabusavṛṣakarṇīkaṭphalaṃ
kāsamardaḥ | | 30 | |
kṣavakasarasibhāṅgīkārmukāḥ kākamācī
kulahalaviṣamuṣṭībhūstr̥ṇo bhūtakeśī | | 30 | |
surasādirgaṇaḥ
śleṣmamedāḥkṛminiṣūdanaḥ | | 31 | |
pratiśyāyārucīśvāsakāsaghno
vraṇaśodhanaḥ | | 31 | | § 3706

1.15.72 Sarvāṅgasundarā

surasayugaṃ-tulasīdvayaṃ gaurakṛṣṇabhedaṃ | phaṇijjo-
marīcakaḥ | kālamālā-kṛṣṇārjakaḥ, kuṭherakabhedaḥ | viḍaṅgaṃ-
vellam | kharabuso-marubakaḥ | vṛṣakarṇī-mūṣikakarṇī |
kaṭphalaṃ-somavalkaṃ | kāsamardaḥ-kāsaghnaḥ | kṣavakaḥ-
kṣudvibodhanaḥ | sarasī-tumbarapatrikā | bhārṅgī-aṅgāravallī |
kārmukā-raktamañjarī, atimuktaka ityanye | kākamācī-
guḍaphalā | kulahalo-bhūkadambako+alambusākhyah | viṣamuṣṭiḥ-
karkoṭī, mahānimba ityanye | bhūstrṇaṃ-guhyabījamaticchatrākhyam |
bhūtakeśī-māṃsī putrajārī | surasādireṣa gaṇaḥ śleṣmād-
ighnaḥ pratiśyāyādiharo vraṇasuddhikṛt [ca] | mālinīvr- 10
ttam | § 3707

1.15.73 Āyurvedarasāyana

surasādigaṇamāha-surasetyādi | surasayugaṃ-śvetakṛṣṇe
tuḷasyau | phaṇijjo-marīcakaḥ | kālamālā-arjakaḥ | kharabuso-
marucakaḥ | vṛṣakarṇī-ākḥukarṇī | kṣavakaḥ-kṣurakārī |
sarāsī-kapitthaparṇī | kārmukaḥ-prācībalaḥ | kulahalo-muṇḍī, |
bhūstrṇo-bhūtikatrṇam | bhūtakeśī-nirguṇḍī | § 3708 5

1.15.74 Aṣṭāṅgahr̥dayasaṃhitā

muṣkakasnugvarādvīpīpalāśadhavaśiṃsipāḥ | | 32 | |
gulmamehāśmarīpāṇḍumedorśaḥkaphaśukrajit | | 32 | | § 3710

1.15.75 Sarvāṅgasundarā

muṣkako-mokṣakaḥ | snuk-guḍā ugrakāṇḍaḥ | varādīnāṃ
proktāni nāmāni | muṣkakādireṣa gulmādijit | § 3711

1.15.76 Āyurvedarasāyana

muṣkakādigaṇamāha-muṣkaketyādi | muṣkakomokṣakaḥ |
dvīpī-citrikaḥ | § 3712

1.15.77 Aṣṭāṅgahr̥dayasaṃhitā

vatsakamūrvābhārṅgī- kaṭukā marīcaṃ ghuṇapriyā ca
gaṇḍīram | | 33 | |
elā pāṭhā+ajājī kaṭvaṅgaphalājamodasiddhārth-
avacāḥ | | 33 | |
jīrakahiṅguviḍaṅgaṃ paśugandhā
pañcakolakam hanti | | 34 | |
calakaphamedaḥpīnasagulmajvaraśūladurnāmnaḥ | | 34 | | § 3716

1.15.78 Sarvāṅgasundarā

vatsako-vanatiktakaḥ | mūrvā-madhurasā | maricaṃ-ūṣaṇam |
ghuṇapriyā-ativiṣā | gaṇḍīram-snuhī | elā-bālailā | pāṭhā-
prācīnā | ajājī-jīrakaḥ | kaṭvaṅgaphalaṃ-aralukaphalam |
kecitu kaṭvaṅgaphalaṃ-tindukīphalamityāhuḥ | ajamodo-
5 dīpyakaḥ | siddhārtho-gaurasarsapaḥ | anyeṣāṃ nāmāny-
uktāni | "gurvantaṣṭagaṇābhāgā+a+aryā pūrvārddhasad-
ṛśaśakaladvitayā | āryairāryāgītiḥ saṅgītā saṅgītagītasā-
mvidhyaiḥ | |" paśugandhā-ajagandhā makarantarākhyā |
pañcakolakam-prāguktam | vatsakādirasau vātādīnniha-
10 nti | āryā | § 3717

1.15.79 Āyurvedarasāyana

vatsakādigaṇamāha-vatsaketyādi | ghupriyā-ativiṣā | gaṇḍīram-
sniḥ | kaṭvaṅgaḥ-ṭuṅṭukaḥ | phalaṃ-madanaphalam | pa-
śugandhā | calo-vāyuh | § 3718

1.15.80 Aṣṭāṅgahr̥dayasaṃhitā

vacājaladadevāhvānāgarātiviṣābhayāḥ | | 35 | |
haridrādvaṃyayaṣṭyāhvakalāśīkuṭajodbhavāḥ | | 35 | |
vacāharidrādigaṇāvāmātīsāranāśanau | | 36 | |
medaḥkaphāḍhyapavanastanyadoṣanibarhaṇau | | 36 | | § 3722

1.15.81 Sarvāṅgasundarā

vacā-golomī | jaladaḥ-ambudharah | devāhvam-kilimam |
nāgaram-viśvam | ativiṣā-bhaṅgurā | abhayā-amṛtā | haridrādvayam-
ekā piṇḍā, aparā pacampacā dāruharidrā | yaṣṭyāhvam-
klītikā | kalaśī-prṣniparṇī | kuṭajodbhavāḥ-indrayavāḥ | etau
vacādiharidrādigaṇāvāmātīsāraghnau medaḥkaphādiha- 5
rau ca | § 3723

1.15.82 Āyurvedarasāyana

vacāharidrādigaṇāvāha-vacetyādi, haridrādvayetyādi | kalaśī-
prṣniparṇī | kuṭajodbhavaḥ-indrayavaḥ | ādhyapavanaḥ-
ūrustambhaḥ | § 3724

1.15.83 Aṣṭāṅgahr̥dayasamhitā

priyaṅgupuṣpāñjanayugmapadmāḥ padmādrajo
yojanavallyanantā | | 37 | |
mānadrumo mocarasaḥ samaṅgā punnāgaśītam
madanīyahetuḥ | | 37 | |
ambaṣṭhā madhukam namaskarī
nandīvr̥kṣapalāśakacchurāḥ | | 38 | |
rodhram dhātakibilvapeśike kaṭvaṅgaḥ
kamalodbhavam rajaḥ | | 38 | |
gaṇau priyaḍgvambaṣṭhādī 5
pakvātīsāranāśanau | | 39 | |
sandhānīyau hitau pitte vraṇānāmapi
ropaṇau | | 39 | | § 3730

1.15.84 Sarvāṅgasundarā

priyaṅguḥ-śyāmā | puṣpāñjanam-rītipuṣpam | yugmety-
atrānuvr̥ttikṛtena sambandhenāñjanamiti sambadhyate |
tenāñjanayugmam-ekam srotoñjanamanyatsauvīramitya-
rtho+avatiṣṭhate | padmā-padmacāriṇī | padmāt-kamalāt,
rajaḥ-kesaram | yojanavallī-mañjiṣṭhā | anantā-yavāsakaḥ | 5
mānadrumaḥ-śālmālī | mocarasaḥ-śālmālīniryāsaḥ | samaṅgā-

namaskārī raktamūlākhyā | punnāgaḥ-tuṅgo raktakesarā-
khyāḥ | śītaṃ-candanam | madanīyahetuḥ-dhātukī | upaj-
ātivr̥ttam | ambaṣṭhā-pāṭhā mayūraśikhākhyā | madhukaṃ-
madhuyaṣṭikā | namaskārī-samaṅgā | nandīvr̥kṣaḥ-prarohī |
5 palāśaḥ-prasiddhaḥ | kacchurā-phaṇihārī dhanvayavāsa-
kākhyāḥ | bilvapeśikā-bilvamajjā | kaṭvaṅgaḥ-syonākaḥ |
kamalodbhavaṃ rajaḥ-padmareṇuḥ | etau priyaḍgvamb-
aṣṭhādī gaṇo pakvātīsāranāśanau sandhānīyau pitte hi-
tau vraṇaropaṇau ca | "mso jgau śuddhvirāḍitaṃ matam"
10 (vr̥ttaratnākare a. 3 | 21) | § 3731

1.15.85 Āyurvedarasāyana

priyaḍgvambaṣṭhāgaṇāvāha-priyaṅigvatyādi, ambaṣṭhe-
tyādi | puṣpaṃ-[uṣpāñjanam | añjanayugmaṃ-strotoñjanam
rasāñjanam ca | padmā _bhārñī | padmādrajaḥ-padmakeśaram |
yojanavallī-mañjiṣṭhā | anantā-durālabhā | mānadrumaḥ-
5 śālmalīvr̥kṣaḥ, mocarasaḥ-tanniryāsaḥ | samaṅgā-lajjikā |
punnāma-punnāgam | śītaṃ-candanam | madanīyahetuḥ-
dhātakī | ambaṣṭhā-mayūraśikhā | namaskārī-lajjikā | bilvapeśikā-
śuṣkabilvapeśikā | sandhānīyau-bhangasandhānajanau |
§ 3732

1.15.86 Aṣṭāṅgahr̥dayasaṃhitā

mustāvacāgnidviniśādvitiktā-
bhallātapāṭhātriphalaḥviśākhyāḥ | | 40 | |
kuṣṭhaṃ truṭī haimavatī ca yoni-
stanyāmayaghnā malapācanāśca | | 40 | | § 3734

1.15.87 Sarvāṅgasundarā

mustā-gāṅgeyī | tiktādvayaṃ-ekā kaṭukā+anyā kākatiktā |
viśākhyā-śuklakandā | haimavatī-śvetavacā | ete yonyā-
mayaghnāḥ stanyāmayaghnā malapācanāśca | "tau jo guru
cedbhavatīndravajrā | " § 3735

1.15.88 Āyurvedarasāyana

mustādigaṇamāha-mustetyādi | dvitiktā-kaṭukā karañjikā
ca | haimavatī-śvetavacā | § 3736

1.15.89 Aṣṭāṅgahr̥dayasamhitā

nyagrodhapippalasadāphalarodhrayugmaṃ jambūd-vay-
ārjunakapītanāsomavalkāḥ | | 41 | |
plakṣāmravañjulapiyālapalāśanandī-
kolīkadambaviralāmadhukam
madhūkam | | 41 | |
nyagrodhādirgaṇo vraṇyaḥ saṅgrāhī
bhagnasādhanāḥ | | 42 | |
medaḥpittāsr̥ṣṭdāhayoniroganibarhanāḥ | | 42 | | § 3740

1.15.90 Sarvāṅgasundarā

nyagrodho-vaṭaḥ | pippalaḥ-āśvatthaḥ | sadāphalaḥ-udumbaraḥ |
jambūd-vayaṃ-ekā rājajambūbr̥hatphalā+anyā hrasvaph-
alā kākajambūḥ | arjunaḥ-pārthaḥ | kapītanāḥ-kapicūḍo
vānīrākhyāḥ | somavalkaḥ-śvetasāraḥ khadirāḥ | plakṣaḥ-
śṛṅgī plavākhyāḥ | āmraḥ-cūtaḥ | vañjulo-vetasāḥ | piyālo- 5
drākṣārasapriyāḥ kharaskandhākhyāḥ | nandī-jayavṛkṣaḥ |
kolī-badarī | viralā-tindukī | madhukam-yaṣṭī | madhūkam-
madhūkapuṣpaṃ | nyagrodhādirayaṃ saṅgrahaṇādiguṇ-
ayuktaḥ | vasantatilakāvṛttam | § 3741

1.15.91 Āyurvedarasāyana

nyagrodhādigaṇamāha-nyagrodhetyādi | sadāphalaḥ-udrumbaraḥ |
jambūd-vayaṃ-jambū rājajambūśca | kapītanāḥ-āmrātakāḥ |
somavalkaḥ-kaṭphalaḥ | piyālaḥ-cāraḥ | nandī-nandīvṛkṣaḥ |
kolī-badarī | viralā-tindukī | bhagrasādhanā-bhangasadhānakṛt |
§ 3742

1.15.92 Aṣṭāṅgahr̥dayasaṃhitā

elāyugmaturuṣkakauṣṭhaphalinīmāṃsījaladhyāmakam
sṛkkācorakacopatratagarasthaṇeyajātīr-
asāḥ | | 43 | |
śuktirvyāghranakho+amarāhvamaguruḥ
śrīvāsakaḥ kuṅkumam
caṇḍāgugguludevadhūpakhapurāḥ
punnāganāgāhvayam | | 43 | |
elādiko vātakaphau viṣam ca
viniyacchati | | 44 | |
varṇaprasādanaḥ
kaṇḍūpitikākoṭhanāśanaḥ | | 44 | | § 3746

1.15.93 Sarvāṅgasundarā

elāyugmam-sūkṣmailā sthūlailā ca | turuṣkaḥ-kr̥trimo ni-
ryāsaviśeṣaḥ | kuṣṭham-gadaḥ | phalinī-gandhapriyaṅguḥ |
māṃsī-naladam | jalam-hrīberam | dhyāmakam-devadagdhakam |
sṛkkā-devī | corako-granthiparṇaḥ | cocam-tvak | patram-
5 tamālapatram | tagaram-vakram | sthaṇeyam-tailapītakam |
jātirasobolaḥ | śuktiḥ-nakhaḥ | vyāghranakhaḥ-samudrajaḥ |
amarāhvam-devadāru | aguruḥ-prasiddhaḥ | śrīvāsakaḥ-
cīḍā śrīveṣṭakākhyāḥ | kuṅkumam-bāhlīkam | caṇḍā-kopanaḥ |
gugguluḥ-puraḥ | devadhūpaḥ-sarjarasaḥ | khapuraḥ-kundurukaḥ |
10 punnāgo-raktakesaraḥ | nāgāhvayam-nāgakesaram | elād-
irayam vātādīn hanti | tathā, varṇaprasannatvakṛt kaṇḍv-
ādihr̥cca | "msau jsau tau gurukam ca sūryaturagaiḥ śārd-
ūlavikrīḍitam | " § 3747

1.15.94 Āyurvedarasāyana

elādigaṇamāha-elāyugmetyādi | turuṣkaḥ-sihlakaḥ | dhyāmakam-
rohiṣam | corako-granthiparṇaḥ | cocam-tvacam | patram-
patrakam | jātirasobolaḥ | śuktiḥ-nakham | vyādhranakhaḥ-
tadbhedāḥ | śrīvāsakaḥ-saralaniryāsaḥ | devadhūpo-rālaḥ |
5 khapuraḥ-sallakīniryāsaḥ | nāgāhvayam-nāgakeśam | § 3748

1.15.95 Aṣṭāṅgahr̥dayasaṃhitā

śyāmādravantīkramukakuṭaraṇā-
śaṅkhinīcarmasāhvā-
svaṇakṣīrīgavākṣīśikharirajanaka-
cchinnarohākaraṅjāḥ | | 45 | |
bastāntrī vyādhighāto bahalabahurasa-
stīkṣṇavṛkṣāt phalāni śyāmādyo hanti
gulmaṃ viṣamarucikaphau hr̥drujaṃ
mūtrakṛcchram | | 45 | | § 3750

1.15.96 Sarvāṅgasundarā

śyāmā-mālavikā trivṛt masūraṅgālakhyā | dantī-mukūlakaścitrākhyāḥ |
dravantī-undurakarṇikā | kramukaḥ-paṭṭikārodhraḥ | kuṭaraṇā-
śuklā trivṛt | śaṅkhinī-yavatiktā | carmasāhvā-sātalā, br-
āhmītyanye | svaṇakṣīrī-kaṅkuṣṭham | gavākṣī-gavādani
sthāṇukarṇīsaṃjñā, indravāruṇītyanye | śikharī-apāmārgaḥ |
rajanakaḥ-kampillakaḥ | chinnarohā-amṛtavallī | karaṅjāḥ-
kaiḍaryaḥ | bastāntrī-vṛṣagandhā | vyādhighātaḥ- kṛtamā-
laḥ | bahulo-bahuphalaḥ | bahurasaḥ-ikṣuḥ | tīkṣṇavṛkṣāt-
pīloḥ phalāni | śyāmādireṣa gulmādīn hanti | [atra pippa-
lyādiḥ prasiddhatvānnoktaḥ |] "mrau bhrau yāśca trayāḥ 10
syuḥ svaramunituragaiḥ sragdharāsyādvirāmaiḥ | " § 3751

1.15.97 Āyurvedarasāyana

śyāmādigāṇamāha-śyāmetyādi | śyāmā-kṛṣṇamūlā nṇivṛt |
dravantī-cīritapatrā dantībhedaḥ | krasukaḥ-pūrāḥ | kuṭharaṇā-
aruṇamūlā trivṛt | carmasāhvā-satpalā | śikharī-apāmārgaḥ |
rajanakaḥ-kampillaḥ | chinnarohā-guḍūcī | yastāntrī-vṛddhadārukaḥ |
vyādhidhātaḥ-āragvadaḥ | bahalaḥ-śigruḥ | bahurasaḥ- 5
ikṣuḥ | tīkṣṇavṛkṣaḥ-pīluḥ, sasya phalāni | § 3752

1.15.98 Aṣṭāṅgahr̥dayasaṃhitā

trayastrīṃśaditi proktā vargāsteṣu tvalābhataḥ | | 46 | |

yuñjyāttadvidhamanyacca dravyaṃ
jahyādayaugikam | | 46 | | § 3754

1.15.99 Sarvāṅgasundarā

iti-evam prakāreṇa, trayastriṃśatsaṅkhyā vargāḥ kath-
itāḥ | atra saṅkhyopādānameṣāṃ prādhānyakhyāpanā-
rtham | anye+apyevamprakārāḥ santi, ete tu pradhānā ity-
arthaḥ | sukhasmaraṇārtham ca saṅkhyāvacanam | eṣu ca
5 trayastriṃśatsu vargeṣvalābhataḥ-alābhe sati, tadvidham-
rasavīryapākaistulyaṃ, dravyamanyat-anuktamapi yuñjyāt |
na kevalametāvadeva vidheyamityāha-jahyādayaugikam,-
na kevalameṣu vargeṣu taddravyalābhe yathālābhamany-
attadvidham dravyaṃ yuñjyāt, yāvadayaugikaṃ yat dr-
10 avyaṃ tacca tyajet | doṣarogādyapekṣayā puruṣasyāsmiṃ
kāle vayasi vā ayameva gaṇaḥ praśastaḥ, tadā tatsamasta-
gaṇadravyalābhe tadvidhamekaṃ dravyaṃ dve vā bahūni
vā dravyāṇi saṃyojya prayojya eva, na samastadravyāpe-
kṣā kāryeti | tathā ca suśrutaḥ (su. a. 38 | 82) - "samīkṣya
15 doṣabhedāṃśca gaṇān bhinnān prayojayet | pṛthānmiśrān
samastāṃśca gaṇān vā vyastasaṃhatān | |" iti | trayastri-
ṃśaditi "trestrayaśca" iti trayasādeśaḥ | ayaugikamiti ayo-
gāya prabhavatītyarthaḥ | yogādyacceti ṭhañ | § 3755

1.15.100 Āyurvedarasāyana

upasaṃharati-trayastriṃśaditi | ete gaṇā na yāvaduktā
grāhyāḥ | kiṃ tarhi ? ūhāpohayogyāḥ, ityāha-teṣu tva-
lābhata iti | deśataḥ kālato vā kasyacidravyasyālābhe
tatsaddaśaguṇamanyat-anuktamapi yaugikaṃ yuñjyāt |
5 uktamapyauśadhamayaugikṃ jahyāt | deśakālāvasthādy-
apekṣayā ucitaṃ-yaugikam, anucitaṃ-ayaugikam | yathā-
lābhaprayogo+api suśrutenoktaḥ (sū. a. 67 | 64) - "sama-
staṃ vargamarddha vā yathālābhamathāpi vā | prayuñjīta
bhiṣak prājño yathodviṣṭeṣu karmasu | |" iti | § 3756

1.15.101 Aṣṭāṅgahrdayasaṃhitā

ete vargā doṣadūṣyādyapekṣya

kalkakkāthasnehalehādiyuktāḥ | | 47 | |

pāne nasye+anvāsane+antarbahirvā

lepābhyaṅgairghnanti rogān

sukṛcchrān | | 47 | |

iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbha-

ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ

sūtrasthāne śodhanādigaṇasaṅgraho nāma

pañcadaśo+adhyāyaḥ | | 15 | | § 3759

1.15.102 Sarvāṅgasundarā

ete vargāḥ sarvakalpayogyāścetyāha-ete vargā iti | doṣā-
dyapekṣayā kalkādīnāmanyatamena kalpena, pānādīnām-
anyatamenāntaḥprayogeṇa, lepādīnāmanyatamena bahi-
ḥprayogeṇa vā, duḥsādhyānapi rogān ndhanti | athāgry-
asaṅgrahaḥsaṅgrāhe (sū. a. 13) - " § 3760

5

śreṣṭhamudakamāśvāsanastambhanakledanānām |

1 |

vāyuḥ prāṇasaṃjñāpradānāhetūnām | 2 |

agnirāmastambhaśīraśūlodveṣṭakampaprasāmanānām |

3 |

snānaṃ surā ca śramaharāṇām | 4 |

kṣīraṃ jīvanīyānām | 5 |

10

māṃsaṃ br̥mhaṇīyānām | 6 | [irṣaśca]

prīṇanānām | 7 |

lavaṇamannadravyarucikarāṇām | 8 |

tindukamanannadravyarucikarāṇām | 9 |

amlaṃ hr̥dyānām | 10 |

kukkuṭo balyānām | 11 |

tailaṃ vātaśleṣmaprasāmanānām | 12 |

15

sarpirvātapirraprasāmanānām | 13 |

madhu śleṣmapittaprasāmanānām | 14 |

svedo mārđavakarāṇām | 15 |

vyāyāmaḥ stairyakarāṇām | 16 | kṣāraḥ

pumstvopadhātinām | 17 |

āmaṃ kapitthamakaṇṭhyānām | 18 |

20

- āvikaṃ sarpirahr̥dyānām | 19 |
māhiṣaṃ kṣīraṃ svanpajananānām | 20 |
mandakaṃ dadhi abhiṣyandakarāṇām | 21 |
ikṣurnūtrajanānām | 22 |
yavāḥ puriṣajanānām | 23 |
5 jāmbavaṃ vātajanānām | 24 | kulatthā
amlapittajanānām | 25 |
māṣāḥ śaṣkulyo+avikṣīraṃ ca
śleṣmapittajanānām | 26 | durālabhā
pittaśleṣmopasamanānām | 27 |
upavāso jvaraharāṇām | 28 |
vṛṣo raktapittaprasāmanānām | 29 |
kaṇṭakārikā kāsandhānām | 30 lākṣā
sadyaḥkṣatandhānām | 31 nāgabalābhyāsaḥ
kṣayakṣatandhānām | 32 puṣkaramūlaṃ
hikkāśvāsakāsapārśvaśūlārucihārāṇām | |
33 |
10 ajāpayah śoṣandhastanyakararaktasaṅgrahaṇa-
prasāmanānām | | 34 |
mr̥dbhr̥ṣṭaloṣṭaprasādaścacharditṛṣṇātiyoga-
prasāmanānām |
35 |
aruṣkaraścitrakamūlaṃ ca śuṣkārśaḥ
prasāmanānām | 36 |
kuṭajo raktārśaḥprasāmanānām | 37 |
lājāścchardindhānām | 37 | yāvaśūkaḥ
stramaṇīyapācanīyārśondhānām | 39 |
takrābhy-
āso+arśaḥsvayathugrahaṇīdośadhṛtavīyāpatprasāmanānām |
40 | kravyānmāṃsābhyāso+arśaḥ
śoṣagrahaṇīdoṣandhānām | 41 |
mustaṃ saṅgrahaṇīyadīpanīyapācanīyānām |
42 |
15 ativiṣā
pācanīyasaṅgrahaṇīyasarvadoṣaharāṇām |
43 bilvaṃ
śoṇitapittātivegaprasāmanīyānām | 45 |

- udīcyam
nirvāpaṇadīpanīyacchardyatīsāraharāṇām |
46 |
- kaṭvaṅgaṃ saṅgrahaṇīyadīpanīyānām | 47 |
kuṭajatvak śleṣmapittraktasaṅgrahaṇīyopaś-
oṣaṇīyānām |
48 |
- utpalakumudakiñjalko+anantā ca
saṅgrahaṇīyaraktapittapraśamanānām | 49 |
- kāśmaryaphalaṃ
raktasaṅgrahaṇīyaraktapittapraśamanānām |
50 |
- pr̥sniparṇī raktasaṅgrahaṇīyadīpanīyapācanīya- 5
vātaharavṛṣyāṇām |
51 |
- śālīparṇī vṛṣyasarvadoṣaharāṇām | 52 |
- balā saṅgrahaṇīyabalyavātaharāṇām | 53 |
- pippalīmūlaṃ dīpanīyānāhaharāṇām | 54 |
- vitrakamūlaṃ
dīpanīyagudaśophaśūlaharāṇām | | 55 | |
- yokṣurako mūtrakṛcchrānilaharāṇām | 56 | 10
- haridrā pramehaharāṇām | 57 |
- raktāvaseko vidradhivīsarpapiṭikāgaṇḍamālām-
ayaharāṇām |
58 |
- eraṇḍatailāmyāso vardhmagulmaśūlaharāṇām |
59 |
- laśuno gulmānilaharāṇām | 60 |
- hiṅguniryāsaśchedanīyadīpanīyānulomi-
kavarakaphapraśamanīyānām |
61 |
- amlavetaso bhedanīyadīpanīyānulomikavātaśle- 15
ṣmahaṇām |
62 |
- udrīkṣīramudaraśvayathundhānām | 63 |
- ayorajaḥ pāṇḍurogandhānām | 64 |
- khadirajaḥ kuṣṭhandhānām | 65 |

- viḍaṅga kṛminvānām | 66 | rasnā vātaharāṇām |
67 |
eraṇḍamūlaṃ vṛṣyavātaharāṇām | 68 |
guggulirmedonilaharāṇām | 69 | amṛtā
saṅgrahaṇīyadīpanīyavātaśleṣmaṣoṇitaviba-
ndhapraśamanānām |
70 |
madanaphalaṃ
vamanāsthāpanānuvāsanipayoginām | 71 |
5 trivṛtsukhavirecanānām | 72 | caturaṅgulo
mṛdivirecanānām | 73 |
snukpayastīkṣṇavirecanānām | 74 |
pratyakpuṣpī śirovirecanānām | 75 | triphalā
timirandhānām | 76 |
triphalāmiggulurvrāṇyānām | 77 |
śirīṣo viṣandhānām | 78 | āmalakaṃ vayaḥ
sthāpanānām | 79 |
10 harītakī paththānām | 80 |
ñīravūtāmyāso rasāyanānām | 81 |
samadhṛtasaktuprāśāmyāso
vṛṣyodāvartaharāṇām | 82 |
saṅkalpo nakraretāśca vṛṣyāṇām | 83 |
daurmanasyamavṛṣyāṇām | 84
tailagaṇḍūśāmyāso dantabalarucikarāṇām |
85 | candanodumbaraṃ
dāhanirvāpaṇālepanānām | 86 |
15 rāsnāduruṇī śītāpanayanaprālepanānām | 87 |
lāmajjakośīre dāhatvagdoṣasvaṃdāpanayan-
aprālepanānām |
88 |
kuṣṭhaṃ vāraharāmyaṅgopanāhopayoginām |
89 |
madhukaṃ cakṣuṣyavṛṣyakeśgakaṅṭhyavarṇya-
dyanyavirañjanīyaropaṇīyānām |
90 |
ajīrṇāśanaṃ grahaṇīdūṣaṇānām | 91 |
viruddhavīryāśanaṃ ninditavyādhikarāṇām |
92 |

gurubhojanaṃ durvipākānām 93	
atimātrāśanamābhadoṣaherūnām 94 yathā-	
gnyabhyavahāro+agnisandhukṣaṇānām	
95	
yathāsātmyamāhāravihārau sevyānām 96	
ekāsanaśayanamojanaṃ	
sukhapariṇāmakarāṇām 97	
viṣamāśanamagnicaiṣamyakarāṇām 98 kāle	
bhojanamārogyakarārm 99	
vagodīraṇadhāraṇamanārogyakarāṇām 100	5
ṭṭpirahāraguṇānām 101	
anaśanamāyuso hvāsakarāṇām 102	
pramitāśanaṃ gavedhukānnaṃ ca	
karṣaṇiyānām 103	
uddālakānnaṃ rūkṣaṇīyānām 104	
madyaṃ saumanasyajananānām 105	
madyākṣepo dhīdhṛtismṛtiharāṇām 106	
snīsvatiprasaṅgaḥ śośakarāṇām 107	
śukraveganigragagh ṣaṇḍhyakarāṇām 108	
pādāmyāmudvartanamannaśraddhājanānām	10
109 sūnādarśanamannāaddhājananānām	
110	
midhyāygo vyādhimukhānām 111	
rajasvalārāganamalaśmīsukhānām 112	
brahyacaryamāyuyuṣyāṇām 113	
paradāragamanamanāyuyuṣyāṇām 114	
ayathāprākamārambhaḥ prāṇoparodhinām	
114	
viṣādo rogāvarddhanānām 116	
śikaḥ śoṣaṇānām 117	15
nirvṛtiḥ piṣṭīkarāṇām 118	
svapnastandrākarāṇam 119	
sarvarasābhyāso balakarāṇām 120	
ekarasābhyāso daurbalyārocakanyatamadṣapra-	
kopakarāṇām	
121	
garbhaśalyamahāryāṇām 122	
ajīrṇamuddhāryāṇām 123	

- bālo mṛdubheṣajāhāryāṇām | 124 |
 vṛddho yāpyānām | 125 |
 garbhiṇī rīkṣṇauṣadhavyāyāmavarjanīyānām |
 126 |
 saumanasyaṃ garbhadhāraṇānām | 127 |
 5 sannipāto duścikitsyānām | 128 |
 āmaviṣamacikitsyānām | 129 |
 jvaro rogāṇām | 130 |
 kuṣṭhaṃ dīrgharogāṇām | 131 |
 rājayaḥṣmā rogasamūhānām | 132 |
 10 prameho+anuṣaṅgiṇām | 133 |
 jalaukaso+anuśastrāṇām | 134 |
 bastiryantraṇām | himavānaṣadhabhūmīnām |
 136 |
 soma oṣadhīnām | 137 |
 marubhūmirāriḡyadeśānām | 138 |
 ānūpabhūmirahitadeśānām | 139 |
 nideśakāritvamāturaguṇānām | 140 |
 15 anirdeśakāritvaṃ riṣṭānām | 141 |
 bhiṣak cikitsāṅgānām | 142 |
 siddhirvaidyaguṇānām | 143 |
 nāstiko varjyānām | 144 laulyaṃ kleśakarāṇām |
 145 | ātmavattopakāriṇām | 146 |
 śāstrasahitastarkaḥ sādhakānām | 147 |
 20 ddaṣṭakarmatā niḥsaṃśayakarāṇām | 148 |
 asamarthatā bhayakarāṇām | 149 |
 tavidyasambhāṣā buddhibarddhanānām | 150 |
 ācāryaḥ śāstrādhigamahetūnām | 151 |
 āyurvedo+amṛtānām | 152 | sadvaidyadveṣaḥ
 prāṇatyāgahetūnām | 153 |
 25 sadvacanamānuṣṭheyānām | 154 |
 sarvasannyāsaḥ sukhānāmiti | 155 | § 3871

tatrodakagṇimṛdbhrṣṭaloṣṭhaprasādatakrābhyāsaraktā-
 vaskairāṇḍatailābhyāsoṣṭrīkṣīramadanaphalamadyākṣepa-
 30 ikaṣābhyāsaragbhiṇīnāmekaikasmāt samudāyacca ni-
 rdhāraṇam | puṣkaramūlādīnām tu samudāyādeveti | bh-
 avati cātra | agryāṇām śatamuddiṣṭam pañcapañcāśad-
 uttaram | alametadvijānīyāddhitāhitaviniścaye | |" iti | iti

hemādriṭikāyamāyurvedarasāyane | śudhyādigaṇasaṅgrahaḥ sāmastyena nirūpitaḥ | | 15 | | § 3872

1.15.103 Sarvāṅgasundarā

ete-pūrvoktāḥ, vargā doṣadūṣyavayobalādīnyapekṣyavikalpya, kalkādiyuktāḥ sukṛcchrān rogān-āmayān ghnanti | yuktā ityatrāntarbhāvitaṅyartho yujih | tataḥ kalkādiṣu vaidyena yojitā ityartho+avatiṣṭhate | ādiśabdena phāṇṭaś-ītaśāyādiparigrahaḥ | kathamete ghnanti ? iti prakāraṃ 5
yuktyā+a+aha-pāna ityādi | pāne-pānādyupayoge sati | lepābhyaṅgairiti bahuvacanena lepābhyaṅgasrānādibhiśceti 10
yojyam | śālinīvṛttam | iti śrīmṛgāṅkadattaputraśrīmada-
ruṇadattaviracitāyāmaṣṭāṅgahrdayaṭikāyāṃ sarvāṅgasu-
ndarākhyāyāṃ sūtrasthāne śodhanādigaṇasaṅgrahādhyā-
yaḥ pañcadaśaḥ samāptaḥ | | 15 | | § 3873

1.16 snehavidhiradhyāyaḥ : 16

1.16.1 Aṣṭāṅgahrdayasaṃhitā

athātaḥ snehavidhimadhyāyaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 3875

1.16.2 Sarvāṅgasundarā

snehasya-sarpirādervedhiḥ snehavidhiḥ, taṃ vyākhyāsyā-
maḥ | śeṣaṃ pūrvavadyojyam | § 3876

1.16.3 Āyurvedarasāyana

snehavidhimadhyāyaṃ vyākhyātum pratijānīteatheti | ya-
taḥ pūrve+adhyāye bheṣajānyuktāni | teṣāṃ prayogo va-
ktavyaḥ | sa ca snehanasvedanaśodhanāsthāpananāva-
nadhūmagaṇḍūṣāścotanatarpaṇādibhedādanekadhā | ci-
kitsākalikāyāṃ tu (ślo. 69-70) -"prāk pācanaṃ sneha- 5
vidhistataśca svedastath syādvamanaṃ virekaḥ | nirū-

haṇānvāsanabastikarma nasyaṃ kramaśceti bhiṣagvarā-
nām | | rāsnāpaṭolapicumandapayoVbhirādaḥ śuṅṭhyāṭa-
rūṣakaphalatravayavāribhīrvā | pakvāmadoṣavapuṣastada-
nantaraṃ hisneho hitaḥ surabhivāsakakaṭphalādiḥ | | " iti |
5 rāsnākvāthādītrayaṃ śuṅṭhīkvāthādītrayaṃ vā vātādītr-
aye kramāt pācanam | tatra snehanamasminnadhyāye | ata
evāyaṃ snehavidhiḥ | § 3877

1.16.4 Aṣṭāṅgahr̥dayasaṃhitā

guruśītasarasnigdhamandasūkṣmamṛdudravam | | 1 | |
auśadham snehanam prāyo, viparītam
virūkṣaṇam | | 1 | | § 3879

1.16.5 Sarvāṅgasundarā

gurvādiguṇayuktaṃ yaddravyaṃ tat snehanam bhavati |
viparītamato yallaghūṣṇasthirarūkṣatīkṣṇasthūlakathina-
sāndraguṇopetaṃ tadvirūkṣaṇam | prāyograhaṇam vir-
ūkṣaṇe snehane ca yojyam | tathā ca,- laghhvapi sārṣa-
5 paṃ tailaṃ chāgaṃ ca dugdham tathā viṣkirapratudam-
ṛgākhyam vargatrayam snehanam bhavati | tathā, uṣṇam-
api matsyamahiṣamāṃsam snehanam bhavati | evaṃ rū-
kṣaṇe+api vedyam | tathā ca,- yavo guruśītasarādiguṇa-
yukto+api virūkṣaṇaḥ, tathā rājamāṣo+api | snehane pr-
10 akṛte+api virūkṣaṇopanyāso+anvayavyatirekeṇa sutarāṃ
snehasya samyakpratipādanārthaḥ | § 3880

1.16.6 Āyurvedarasāyana

tatra snehanam dravyamāha-guruśīteti | rūkṣaṇamāha-
viparītamiti | tasya snehanapūrvāṅgatvāt viparītam-laghhvādiguṇam |
§ 3881

1.16.7 Aṣṭāṅgahr̥dayasaṃhitā

sarpirmajjā vasā tailaṃ sneheṣu pravaraṃ matam | |2| |
tatrāpi cottamaṃ sarpiḥ
saṃskārasyaṇuvartanāt | |2| |
mādhuryādavidāhittvājjanmādyeva ca
śīlanāt | |3| | § 3884

1.16.8 Sarvāṅgasundarā

sneheṣu-kṣīrānūpāmiṣādiṣu madhye, sarpirādayaścatvā-
raḥ snehāḥ prakarṣeṇa varāḥ | tatrāpi ca-teṣvapi cat-
urṣu madhye, sarpiruttamam, saṃskārasyaṇuvartanāt |
nanu, yadi saṃskāramanuvartate sarpistadānīm marica-
citrakādidravyābhisamskṛtasya ghṛtasya śaityādiguṇavi- 5
paryāsaḥ prāptaḥ | na cedam drṣṭam | yadasya śaityād-
ayo guṇā vinaśyantyauṣṇyādayaścotpadyante iti | atrocy-
ate | anuśabdo+atra saharthe, anekārthatvānnipātānām |
tenāyamarthaḥ,-sarpiṣo guṇāḥ saṃskāraguṇaiḥ saha va-
rtante, na tu tailādīnām | tailavasāmajjāno hi saṃsk- 10
āravasāt svaguṇāmstyajanti | atra codāharaṇam yathā,-
candanādyam tailamiti | ato dravyaguṇāntarairanabhibh-
ūtaguṇatvātsarpiṣa itareṣām ca tailādīnām dravyairabh-
ibhūtaguṇatvāduttamatvam | ata eva ca vātapittajvarād-
iṣu vikāreṣu ghṛtasādhyeṣu bheṣajam tailam neṣṭam, ani- 15
ṣṭasampādanāt | tailasādhyeṣu tu vikāreṣu tadupaśāntya-
rtha tathāvidhadravyasamskṛtam ghṛtamapīṣṭam | taddhi
na tathā+aniṣṭahetuḥ | tasmāt sarvasnehebhyaḥ sarpirevo-
ttamam, saṃskārasyaṇuvartanāditi nyāyāt nyāyyameva |
mādhuryādihetośca | § 3885 20

1.16.9 Āyurvedarasāyana

snehanavaramāha-sarpiriti | snehanottamamāha-tatrāpīti |
saṃskārasyaṇuvartanāt-yathā śītaiḥ saṃskṛtam śītatām,
uṣṇaiḥ saṃskṛtamuṣṇatām bhajate ityādi | saṅgrahe tu (sū.
a. 25) - "mādhuryādavidāhitvājjanmādyeva ca śīlanāt |"
iti | § 3886 5

1.16.10 Aṣṭāṅgahr̥dayasaṃhitā

pittaghnāste yathāpūrvamitaraghnā
yathottaram | | 3 | | § 3887

1.16.11 Sarvāṅgasundarā

yo yaḥ pūrvō-yathāpūrvam, yo ya uttaro-yathottaram |
"yathāsādr̥śye" ityavyayībhāvaḥ | uttaramapekṣya pūrvaḥ
pūrvam cāpekṣyottaraḥ | tena caturṇām snehānām yath-
ānirdiṣṭānām sarpirādīnām traya eva snehā vasāmajjasa-
5 rpiḥsaṃjñakā yathāpūrvatvena sambadhyante, na tu tai-
lākhyāḥ snehaḥ, tasya pūrvatvābhāvāt | na hyanyo+asmāt
kaściduttaro+asti, yadapekṣyaiṣaḥ pūrvatvamātmana ās-
ādayet | tasmānnāsti pūrvatvasambandhastailasya | [ta-
thā, caturṇām snehānām traya eva snehā majjivasātailā-
10 khyā yathottaratvenābhisambadhyante, na sarpiḥsaṃjñā-
kaḥ snehaḥ, uttaratvābhāvāt | na hyanyaḥ kaścidasya pū-
rvo vidyate, yadapekṣyai vottaratvamātmana āsādayat-
ītyuktam |] tadevaṃ yathāpūrvam pittaghnatvam vas-
āmajjasarpīṣām sāmānyenoktam | viśeṣeṇa ca-, vasā pi-
15 ttaghnī, majjā pittaghnatarāḥ, sarpiḥ pittaghnatamami-
tyarthaḥ | itaraghnā ityādi | itarau-vātakaphau pittāpe-
kṣayā, tau ghnanti-parākurvantītaraghnāḥ | yathotta-
ram trayāḥ snehā majjivasātailākhyā vātaśleṣmaghnāḥ |
20 tena majjā vātaśleṣmaghno vasā vātaśleṣmaghnatarā ta-
ilaṃ vātaśleṣmaghnatamamityavagantavyam | anye tve-
vam vyācakṣate-śleṣmaṇi snehaniṣedhāditaraghnā iti sām-
ānyoktāvapi vātaghnā iti gamyate | athavā dravyāntaras-
aṃskṛtasarpīrādyapekṣayā kaphasyāpītaraśabdena graha-
ṇamiti | § 3888

1.16.12 Āyurvedarasāyana

sarpirādīnām snehaprayoge doṣaviśeṣeṇa tāratamyamāha-
pittaghnā iti | tailādvasā, tato majjā, tataḥ sarpiḥ pi-
ttaghnam | sarpiṣo majjā, tato vasā, tatastailam vāta-
ghnam kaphaghnam ca | snehanasādhye pittaroge+api ta-

ilasyābhyānujñārthaṃ pittaghnatvamuktam | evamanyatra | § 3889

1.16.13 Āyurvedarasāyana

sarpirādīnāṃ guruttve tārataṃyamaḥa-ghṛtāditi | § 3890

1.16.14 Aṣṭāṅghṛdayasaṃhitā

ghṛtāttailaṃ guru vasā tailānmajjā tato+api ca | | 4 | | § 3891

1.16.15 Sarvāṅgasundarā

ghṛtādguruṇaḥ sakāśāttailaṃ guru-gurutaramityarthaḥ | vasā tu tailādgurutamā | tato+apyatiśayena majjā gurutamaḥ | § 3892

1.16.16 Aṣṭāṅghṛdayasaṃhitā

dvābhyāṃ tribhīscaturbhīstairyamakastriṣṭo
mahān | | 4 | | § 3893

1.16.17 Sarvāṅgasundarā

dvābhyāṃ snehābhyāṃ-sarpirvasābhyāṃ sarpistailābhyāṃ sarpirmajjabhyāmityādi, dvābhyāṃ dvābhyāṃ yamako nāmnā snehaḥ | evaṃ tribhīḥ snehastrivṛtaḥ, caturbhirmahāsnehaḥ, 'ucyate' iti śeṣaḥ | § 3894

1.16.18 Āyurvedarasāyana

yamakādīsaṃjñātrayamaḥa-dvābhyāṃiti | taiḥ-gurutvoktakramaiḥ | tena ghṛtatailābhyāṃ yamakaḥ, ghṛtatailavasābhistriṣṭaḥ, sarvairmahān | saṅgrāhe tu (sū. a. 25) -"snehāśayā dādhi kṣīraṃ māṃsāsthīphaladāru ca | " iti | § 3895

1.16.19 Aṣṭāṅgahr̥dayasaṃhitā

svedasaṃśodhyamadyastrīvyāyāmāsaktacintakāḥ | | 5 | |
vṛddhabālābalakṛśā rūkṣāḥ
kṣīṇāsretasaḥ | | 5 | |
vātārtasyandatimiradāruṇapratibodhinaḥ | | 6 | |
snehyāḥ----- | | 6 | | § 3899

1.16.20 Sarvāṅgasundarā

svedyādayaḥ snehyāḥ-snehārhāḥ | na hyasnehitāḥ svedya
ityarthaḥ | evaṃ yo+api śodhyaḥ so+api pūrvam sne-
hyaḥ | svedyāḥ-svedārhāḥ | arhārthe kṛtyapratyayo+atra
ṇyaḥ | evaṃ saṃśodhyāḥ-śodhanārhāḥ, madyāsaktāḥ stry-
5 āsaktā vyāyāmasaktāśca, tathā cintakāḥ, tathā vṛddhā bālā
abalāḥ-alpabalāḥ kṛśā rūkṣāḥ kṣīṇarudhirāḥ kṣīṇaśukrā-
śca, vātārtāḥ-vātapīditāḥ, syandādiṣu pratyekasmin yo-
jyaḥ, syandinaḥ-akṣirogayuktāḥ, timiriṇaśca, dāruṇapratibodhinaḥ-
kṛcchronmīlinaḥ, ete snehārhāḥ | § 3900

1.16.21 Āyurvedarasāyana

snehanīyānāha-svedyetyādi | svedyaḥ-kartavyasvedaḥ | saṃśodhyaḥ-
kartavyaśodhanaḥ | madyādiṣu triṣvāsaktaḥ | cintakaḥ-
cintāparaḥ | syando-netrakopaḥ | dāruṇapratibodhaḥ-kṛcchronmīlanaḥ |
§ 3901

1.16.22 Aṣṭāṅgahr̥dayasaṃhitā

-----na tvatimandāgnitīkṣṇāgnisthūladurbalāḥ | | 6 | |
ūrustambhātisārā+a+amagalarogagarodaraiḥ | | 7 | |
mūrcchācchardyaruciśleṣmatṛṣṇāmadyaiśca
pīditāḥ | | 7 | |
apaprasūtā yukte ca nasye bastau
virecane | | 8 | | § 3905

1.16.23 Sarvāṅgasundarā

atimandāgnyādayo na snehyāḥ | atīśabdo yāvaddurbaleṣu
pratyekaṃ yojyaḥ | tenātidurbalā na snehyā ityarthāḥ | ata
evālpabalāḥ snehyāḥ, na tvatidurbalāḥ, iti na pūrvāparav-
irodhaḥ | atitīkṣṇāgneḥ snehanādatyagnivṛddhiḥ | atisth-
ūlasya cāgnimedasorvṛddhiḥ | atidurbalasya ca jaraṇāśa- 5
kteḥ snehasya vyāpat | ūrustambhādibhiryāvanmadyaiśca
pīḍitā na snehyāḥ | apaprasūtā-srutagarbhā, na snehyeti li-
ṅgavacanavipariṇāmaḥ | prayukte ca nasyādikarmaṇi sa-
rva eva na snehyāḥ | § 3906

1.16.24 Āyurvedarasāyana

asnehanīyānāha-na tvatimandāgnītyādi | abalasya snehy-
atvamavidurbalasyāsnehyatvamityavirodhaḥ | apaprasūtā-
ayathāvatprasūtā | § 3907

1.16.25 Aṣṭāṅgahr̥dayasaṃhitā

tatra dhīsmṛtīmedhādīkāṅkṣiṇām śasyate
ghṛtam | | 8 | | § 3908

1.16.26 Sarvāṅgasundarā

tatra-teṣu sneheṣu madhye, dhīsmṛtyādyabhilāṣiṇām gh-
ṛtaṃ śasyate, yāvadagnīkāṅkṣiṇām | anye tu "medhādīkā-
ṅkṣiṇām" iti paṭhanti | ādiśabdena svarāyurvarṇādīpari-
grahaḥ | § 3909

1.16.27 Āyurvedarasāyana

ghṛtasya viṣayamāha-tatreṭi | ādiśabdāt ghṛtaguṇoktā (hr̥.
sū. a. 5/37) agnyādayaḥ | § 3910

1.16.28 Aṣṭāṅgahr̥dayasaṃhitā

granthinādīkr̥mīśleṣmamedomārutarogiṣu | | 9 | |
tailaṃ lāghavadār̥dhyār̥thikr̥urakoṣṭheṣu
dehiṣu | | 9 | | § 3912

1.16.29 Sarvāṅgasundarā

tailaṃ granthyādirogiṣu śasyate | lāghavadār̥dhyār̥thiṣu
kr̥urakoṣṭheṣu prāṇiṣu ca śasyate | § 3913

1.16.30 Āyurvedarasāyana

tailasya viṣayamāha-granthītyādi | § 3914

1.16.31 Aṣṭāṅgahr̥dayasaṃhitā

vātātapādhvabhārastrīvyāyāmakṣīṇadhātuṣu | | 10 | |
rūkṣakleśakṣamātyagnivātāvṛtapatheṣu
ca | | 10 | |
śeṣau-----
| | 11 | | § 3917

1.16.32 Sarvāṅgasundarā

vātādīnāṃ kṣīṇadhātunā pratyekaṃ sambandhaḥ | vāta-
kṣīṇadhātuṣu evamātapakṣīṇadhātuṣvityādi, śeṣau-ghṛtatailābhyāmuktābhyāma
vasāmajjānau, śasyete | tathā rūkṣādiṣvapi, evaṃ kle-
śasaheṣu | atyagniṣu-mahāgniṣu balavadagniṣviti draṣṭ-
5 avyam, anyathā+atyagniṣu snehaniṣedhāt pūrvāparavi-
rodhaḥ syāt | athavā, atyagniṣvapi vasāmajjānāvanuja-
jñe, apavādavākyatvādasyeti vyākhyeyam | vātenāvṛtāḥ
panthānaḥ-chidrākhyāḥ, yeṣāṃ teṣu ca śasyete śeṣau |
§ 3918

1.16.33 Āyurvedarasāyana

vasāmajjorviṣayamāha-vātātapetyādi | vātādibhiḥ ṣaḍbhiḥ
kṣīṇadhātuṣu | vātāvṛtapatho-mārutāvaruddhasrotāḥ | śeṣau-
vasāmajjānu | § 3919

1.16.34 Aṣṭāṅgahr̥dayasaṃhitā

vasā tu sandhyasthimarmakoṣṭharujāsu ca | | 11 | |
tathā dagdhāhatabhraṣṭayonikarṇaśiror-
uji | | 11 | | § 3921

1.16.35 Sarvāṅgasundarā

turviśeṣe | caḥ samuccaye | rujāśabdaḥ pratyekaṃ sambad-
dhyate | sandhirujāsuvasthirujāsvityādi | tathā dagdharujy-
āhataruji ca, tathā bhraṣṭayonirujītyevaṃ sambandhaḥ kā-
ryaḥ | § 3922

1.16.36 Āyurvedarasāyana

vasāyā viṣayāntaramāha-vasā tvityādi | dagdhaḥ-agninā |
āhato-daṇḍādinā | bhraṣṭayoniḥ-sthānacyutayoniḥ | § 3923

1.16.37 Aṣṭāṅgahr̥dayasaṃhitā

ṛtau sādharmaṇe snehaḥ śasto+ahni vimale ravau | | 12 | |
tailaṃ tvarāyāṃ
śīte+api----- | | 13 | | § 3925

1.16.38 Āyurvedarasāyana

snehānāṃ kālavibhāgamāha-tailamityādi | prāvṛṣṭitailam |
varṣānte-śaradi, sarpiḥ | mādhave-vasante, śeṣau | ā0 ra0-
yo yasminnṛtāvuktaḥ, sa tasmin sādharmaṇabhāge vimale-
ravau-nirabhre divase, śastaḥ | sādharmaṇe-śrāvaṇacaitra-
kārttikeṣu | ā0 ra0-vyādhivaśādakāle+api snehanaṃ kāryamityāha-

tailamiti | tvarāyāṃ-ātyayike kārye, śīte+api snehanaṃ kā-
ryam | tacca tailena | § 3926

1.16.39 Sarvāṅgasundarā

tailaṃ prāvṛṣi śasyata iti sambandhaḥ | evamuttaratrāpi
yojanīyam | svasthasya snehanārthaṃ sarvasyaiva sne-
hasya prasaṅge niyamo+ayaṃ kriyate-, tailaṃ prāvṛṣy-
eva, varṣānte eva sarpiḥ, anyau vasāmajjānu, mādḥava
5 eveti | sa0-sādhāraṇe ṛtau-śrāvaṇāḍau, saṃśodhanāt pū-
rvaṃ snehanārthaṃ snehaḥ-sarpirādiścatuṣprakāro+api
śastaḥ | tathā, ahni-vāsare, na niśi | tathā, vimale ravau-
jaladanīhārādīnā+anācchādite kharāṃśau | sneha iti sām-
ānyaśabdaprayogāt sarvaḥ snehaḥ sarpirādiścatuṣprakāro
10 gr̥hyate | sa0-tvarāyāṃ satyāṃ-vyādhikriyāṃ prati prā-
pte kāle snehayogyatāyāṃ satyāṃ, śīte-hemantaśiśirākhye
kāle, tailaṃ saṃśodhanātpūrvam snehanārthaṃ śastam,
nānyaḥ snehaḥ | apiśabdāna kevalaṃ varṣāsu, avarṣāsu
ca śastamityarthaḥ | § 3927

1.16.40 Aṣṭāṅgahr̥dayasaṃhitā

gharme+api ca ghr̥taṃ niśi | | 13 | | § 3928

1.16.41 Sarvāṅgasundarā

na kevalaṃ śaradi ghr̥taṃ prayuñjīta yāvadgharme+api
ghr̥taṃ niśyupayūñjīta | § 3929

1.16.42 Āyurvedarasāyana

gr̥ṣme+api ghr̥tena | tacca niśi | § 3930

1.16.43 Aṣṭāṅgahr̥dayasaṃhitā

niśyeva pitte pavane saṃsarge pittavatyapi | | 13 | | § 3931

1.16.44 Sarvāṅgasundarā

na ca gharma eva niśyupayauñjīta, yāvatpitte kupite tajje vā vikāre, tathā pavane kupite tajje vā vikāre snehasādhye, gharṁe ghṛtaṁ niśyupayauñjīta, na divā na ca tailaṁ va-sāmajjānau vā | tathā, pittavati-pittādhike saṁsarge vāta-pittākhye śleṣmapittākhye kupite tajje vā vikāre snehasādhye, gharṁe ghṛtameva niśyupayauñjīta | pitte pavana ity-
etat doṣavikārobhayopalakṣaṇārthaṁ vedyam | pittavatīti bhūmni matup | § 3932 5

1.16.45 Āyurvedarasāyana

pittādiṣu divāsnehanasyāpavādamāha-niśyeveti | § 3933

1.16.46 Aṣṭāṅgahr̥dayasaṁhitā

niśyanyathā vātakaphādrogāḥ syuḥ pittato
divā | | 14 | | § 3934

1.16.47 Sarvāṅgasundarā

anyathā-uktaprakārādapareṇa prakāreṇa | yathā,- śītakāle niśi ghṛtopayogāt vātakaphāddheto rogā bhaveyuḥ | tathā, divā gharṁe kāle tailopayogāt pittataḥ-pittāt, rogāḥ syuḥ | vasāmajjostvaniścitasvarupatvāt na tūṣṇakāle nāpi śītakāle tvarāyāṁ satyāmupayogastantrakāreṇa darśitaḥ |
tathā coktam-"yathāsatvaṁ tu śaityoṣṇe vasāmajjñostu ni-rdiśet | " iti | § 3935 5

1.16.48 Āyurvedarasāyana

divārātriniyamasya tyāge doṣamāha-niśyanyatheti | ye-ṣāṁ divā snehanamuktaṁ, teṣāṁ niśi karaṇe vātakaphajā rogāḥ syuḥ | yeṣāṁ niśi snehanamuktaṁ, teṣāṁ divā kara-ṇe pittarogāḥ syuḥ | § 3936

1.16.49 Aṣṭāṅgahr̥dayasaṃhitā

yuktyā+avacārayetsnehaṃ bhakṣyādyannena

bastibhiḥ | | 14 | |

nasyābhyañjanagaṇḍūṣamūrddhakarṇākṣitarpaṇaiḥ | | 15 | | § 3938

1.16.50 Sarvāṅgasundarā

yuktiḥ-yoga upāyalakṣaṇaḥ | yuktyā-mātrākālakriyābhūmidehadoṣasvabhāvayā

snehaṃ-sarpirādikaṃ, avacārayet-upayuñjīta | kena saha

? ityāha-bhakṣyādyannena | ādiśabdena bhojyalehyap-

eyasya trividhasyāpyannasya grahaṇam | tathā, basti-

5 bhirnasyenābhyañjanena gaṇḍūṣeṇa ca snehamavacāra-

yet | mūrddhādīnāṃ tarpaṇaśabdena pratyekaṃ samb-

andhaḥ | tena, mūrddhatarpaṇena-śirobastyākhyena | ta-

tathā, karṇatarpaṇena-karṇapūraṇākhyena | tathā, akṣitarpaṇena-

tarpaṇapuṭapākavidhyuktena | bhakṣyaṃ-śaśāṅkakiraṇādi,

10 tena bhakṣyeṇa saha | ādigrahaṇādodanādayo munyuktā

gr̥hyante | tathā ca muniḥ (ca. sū. a. 13 | 23) - "odanaśca vil-

epī ca raso māṃsaṃ payo dadhi | yavāgūḥ sūpaśāke ca yū-

ṣaḥ kāmbalikaḥ khalāḥ | | saktavastilapiṣṭaṃ ca madyaṃ

lehāstathaiva ca | bhakṣyamabhyañjanaṃ bastistathaivott-

15 arabastayaḥ | |" iti | bastibhiriti bahuvacananirdeśo basti-

trayagrahaṇārthaḥ | tena nirūho+anvāsaṇam bastiruttara

iti | § 3939

1.16.51 Āyurvedarasāyana

snehadānaprakāramāha-yuktyetyādi | avacārayet-dadyāt |

bhakṣyādibhirannaiḥ saṃyojya bastyādiprayogeṇa ca |

§ 3940

1.16.52 Aṣṭāṅgahr̥dayasaṃhitā

rasabhedaikakatvābhyāṃ catuḥṣaṣṭirvicāraṇāḥ | | 15 | |

snehasyānyābhibhūtatvādālpavācca

kramātsmṛtāḥ | | 16 | | § 3942

1.16.53 Sarvāṅgasundarā

rasabhedaścaikakatvaṃ ca, tābhyāṃ rasabhedaikakatvā-
bhyāṃ snehasyāvacāryamāṅsya catuḥṣaṣṭirvicāraṇā bha-
vanti | rasabhedena-"ṣaṭ pañcakāḥ ṣaṭ ca pṛthak" (hr̥. sū. a.
10 | 43) ityādigranthanirdiṣṭena triṣaṣṭisaṅkhyāvachchin-
ena sahopayuktasya snehasya, tathaikakatvena-asahāyena 5
kevalena snehena satā+asya snehasya catuḥṣaṣṭirvicāraṇāḥ-
snehaprayogakalpanāḥ | yā etā bhakṣyādyannena, ta-
thā rasabhedena mūrdhakaraṇākṣitarpaṇena ca | yā etāḥ
kramāt-yathākramam nirdiṣṭāḥ, tāḥ kalpanāḥ snehasyā-
nyābhibhūtatvāt anyena bhakṣyādinā bahunā, tathā ra- 10
sabhedena sahopayuktasyābhibhūtatvāt, tathā+alpatvāt-
alpopayogitvāt, mūrddhākṣitarpaṇādau hi pāna iva pra-
bhūtasyāvacarayitumaśakyatvācca vicāraṇāḥ smṛtāḥ | āy-
urvedakarṭṛbhiriti śeṣaḥ | § 3943

1.16.54 Sarvāṅgasundarā

uktānām prakāraṇām saṃjñāmāha-rasabhedaikakatvābhyāmiti |
uktaprakāraḥ sneho vicāraṇāsaṃjñāḥ | sa ca catuḥṣaṣṭi-
dhā | tatra bhakṣyādyannena yukto+annasya madhurā-
dirasabhedaistriṣaṣṭibhedatvātriṣaṣṭidhā | sa cānyaiḥ sa-
myogadravyairabhibhūtatvādalpavīryaḥ | bastyādiprayu- 5
ktastu kevalatvādekadhā | sa cālpamātratvādalpavīryaḥ |
alpavīryatvādvividho+api vicāraṇāsaṃjñāḥ tacchaktervi-
cāraṇāviśayatvāt | § 3944

1.16.55 Āyurvedarasāyana

acchapeyamāha-yathokteti | yastu kevalaḥ piyate sa udbh-
ūtaśaktitvānna vicāraṇāsaṃjñāḥ | acchaḥ-kevalaḥ | § 3945

1.16.56 Aṣṭāṅgahr̥dayasaṃhitā

yathoktahetvabhāvācca nācchapeyo vicāraṇā | | 16 | | § 3946

1.16.57 Sarvāṅgasundarā

snehasyācchasya vicāraṇāsamjñātve na yathānirdiṣṭo he-
tuḥ | tasya yathoktasya hetorabhāvāt-avidyamānatvāt, yo+acchapeyasnehaḥ-
kevala eva, na saṃyuktaḥ, nāsau vicāraṇā, kevalopayo-
gitvādbahūpayogitvāccetyarthaḥ | nanu, iha kevalaḥ sn-
5 eho na vicāraṇetyucyate | prākkevalasyaiva snehasya ba-
styādyupayoge vicāraṇetyabhyadhāyi | tadetatpūrvāpara-
vyāhatamiva manyāmahe | naitadasti | acchapeya ityasya
hyayamarthaḥ,-acchaḥ kevalo yaḥ snehaḥ pīyate sā vicār-
aṇā na bhavati | mūrddhāditarpaṇādīnā tu kevalasya sne-
10 hasya ya upayogaḥ sā vicāraṇeti | § 3947

1.16.58 Aṣṭāṅgahr̥dayasaṃhitā

snehasya kalpaḥ sa śreṣṭhaḥ
snehakarmāśusādhanāt | | 17 | | § 3948

1.16.59 Sarvāṅgasundarā

saḥ-acchapeyākhyāḥ, kalpaḥ-prayogaḥ, snehasya śreṣṭhaḥ-
praśasyatamaḥ | kutaḥ ? ityāha-snehakarmāśusādhanāt,-
snehakarmanām-tarpaṇamārdavādīnām śīghraṃ sampā-
danāt | § 3949

1.16.60 Āyurvedarasāyana

acchapeyasya śreṣṭhatvamāha-snehasyeti | kalpaḥ-prayogaḥ |
saḥ-acchapeyaḥ | § 3950

1.16.61 Aṣṭāṅgahr̥dayasaṃhitā

dvābhyām caturbhiraṣṭābhiryāmairjīryanti yāḥ
kramāt | | 17 | |
hrasvamadhyottamā mātrāstāstābhyaśca
hrasīyasīm | | 18 | |
kalpayedvīkṣya doṣādīn prāgeva tu
hrasīyasīm | | 18 | | § 3953

1.16.62 Sarvāṅgasundarā

dvābhyāṃ yāmābhyāṃ-prahārābhyāṃ, yā snehasya mātrā
 prayuktā jāṭharānalavaśājarāṃ yāti sā tasya hrasvā mātrā,
 caturbhiryāmairyā jīryati sā tasya madhyamā mātrā, aṣṭā-
 bhiryāmairyā jīryati sottamā mātrā, kramāt-yathākramam,
 tā hrasvamadhyamottamā mātrāḥ | tābhyaśca-tisṛbhyo 5
 mātrābhyo, hrasīyasīm-atiśayena hrasvāṃ mātrāṃ kalpa-
 yet | vaidya iti śeṣaḥ | hrasvamadhyottamā iti nirdeśe "ny-
 āpoḥ" ityādinā hrasvaḥ | hrasvā mātrā yāmadvayajaraṇal-
 akṣaṇā uktā, tato+apyarvākkālena yā jarāṃ yāti sā hrasīya-
 sīti | doṣādīn-doṣabheṣajadeśakālabalaśarīrāhārasattvasā- 10
 tmyaprakṛtiḥ vīkṣya-ākālayya, prāk-pūrvameva, ajñāta-
 koṣṭhe puruṣa uttamamātrāviṣaye pūrvam hrasīyasīm kalpa-
 yet | tato hrasvāṃ tato madhyamāṃ tata uttamāṃ ca prak-
 alapyet | evaṃ madhyamamātrāviṣaye hrasīyasīm, hrasva-
 mātrāviṣaye+api hrasīyasīm prākkalpayet | anyathā praty- 15
 avāyabhayaṃ syāt | evakāro+avadhāraṇe | tuśabdo yath-
 ottaramiti kramanirdeśārthaḥ | saṅgrahe+apyuktam (sū.
 a. 25) - "ajñāta-koṣṭhe hi bahuḥ kuryājñivitasamśayam |"
 iti | iyaṃ hrasvā iyaṃ hrasvā iyamanayoratiśayena hrasvā
 iti hrasīyasīm | hrasīyasītyatra īyasuni "sthūladūra" ityā- 20
 dinā valopaḥ | anyaistu paladvayapalacatuṣṭayapalaṣaṭk-
 asaṅkhyāvacchinnā mātrā uktāḥ | na caitadyujyate | yato
 jāṭharānalaśaktimanapekṣya snehamātrāḥ prayujyamānā
 anarthāyaiva | ato+asmābhiḥ paladvayādīsaṅkhyāvacchi-
 nnā noktāḥ | munerapi naitanmatam | tadgrantho hi (ca. 25
 sū. a. 13 | 29) - "ahorātramahaḥ kṛtsnamardhāhaṃ ca pratī-
 kṣate | pradhānā madhyamā hrasvā snehamātrā jarāṃ pr-
 ati | |" iti | § 3954

1.16.63 Āyurvedarasāyana

acchapeyasya mātrātrayamāha-dvābhyāmityādi | acchap-
 eyasya caturthī mātrāmāha-tābhya iti | doṣādīn vīkṣya tā-
 bhyo+api hasīyasīm-yāmapariṇāminīm mātrāṃ, parika-
 lpayet | hasīyasīmeva prathamam yojayedityāha-prāgeva
 tu hasīyasīmiti | tatra heturuktaḥ saṅgrahe (sū. a. 25) - 5
 "ajñāta-koṣṭhe hi bahuḥ kuryājñivitasamśayam |" iti | mātr-

āṇām viṣayaścoktastatraiva (saṃ.sū.a. 25)-"tatra durbala-
mandāgnibālavṛddhasukhātmakaiḥ | apathyariktakoṣṭha-
iśca jvarātīsārakāsibhiḥ | | hr̥svā peyā sukhā sā hi parih-
āre+anuvartate | ciraṃ ca balyā na ruje vyāpannā+api pr-
5 akalpate | | mehāruḥpiṭikākuṣṭhavātaśoṇitapīḍitaiḥ | ma-
dhyamā mṛdukoṣṭhaiśca snehanī syātsukhena sā | na bal-
akṣapaṇī mandavibhramṣā śuddhaye+apyalam | mahāde-
hānalabalakṣutṛṅkleśasahiṣṇubhiḥ | | gulmodāvartavī sa-
rpasarpadaṃśābhipīḍitaiḥ | unmattaiḥ kṛcchramūtraīśca
10 mahatī śīghrameva sā | | sarvamārgānusāreṇa jayedvyā-
dhīn suyojitā | " iti | § 3955

1.16.64 Aṣṭāṅgahr̥dayasaṃhitā

hyastane jīrṇa evāṇne sneho+acchaḥ śuddhaye
bahuḥ | | 19 | | § 3956

1.16.65 Sarvāṅgasundarā

hyastane+anne-āhāre, jīrṇa eva-jīrṇamātra eva na tvann-
ābhilāṣe sati, śuddhaye-śodhanārthaṃ, bahuḥ-uttamayā
mātrayā, sneho+acchaḥ-kevalaḥ, peyatvena śasyate | sañj-
ātabubhukṣeṇa tu pīto jāṭharānalasya dīptatvācchodhana-
5 kāryamakurvāṇastadyogyatām cānutpādayannāsveva ja-
rāmupaiti | vamanamapi bubhukṣitasya na sampadyate,
kaphāpaciteḥ pūrvoktācca hetoḥ | tasmādyuktamuktaṃ
'hyastane jīrṇa evāṇne' iti | § 3957

1.16.66 Sarvāṅgasundarā

śodhanasyācchapeyasya kālaṃ mātrām cāha-hyastana iti |
jīrṇa evāṇne-jaraṇasamanantarameva, kṣudhitatvasya śa-
malakālatvāt | śuddhaye-śuddhyartham | śuddhyartha-
tvaṃ ca snehanadvāreṇa, na sākṣāt | ata evātra tādarthyē
5 caturthī | śamanabr̥mhaṇau tu svayaṃ sādhanatvāccha-
manabr̥mhaṇaśabdābhyāmuktau | svayaṃ śodhanasya tu
snehasya virecanoktaiva mātrā | bahuḥ-uttamamātraḥ |

saṅgrahe tu (sū. a. 25) -"vāte salavaṇaṃ sarpiḥ pitte kev-
alamiṣyate | vaidyo dadyādbahukaphe kṣātrikaṭukānvi-
tam | |" iti | § 3958

1.16.67 Aṣṭāṅgahr̥dayasaṃhitā

śamanaḥ kṣudvato+ananno madhyamātraśca
śasyate | | 19 | | § 3959

1.16.68 Sarvāṅgasundarā

śamano-yo rogasya śamanāyopayujyate snehaḥ, sa kṣudvato-
jātabubhukṣasya śasyate, jātāyāṃ bubhukṣāyāṃ na jīrṇ-
amātra evāṇne śodhana iva | śamano hi sneho yatrata-
trasthaṃ doṣaṃ kupitaṃ sarvaśarīravypitvācchamanarū-
patvāt [ca] śamayati | yadi punarjīrṇamātra evāṇne sn- 5
eho+ayamabubhukṣitasyaivopayujyate, tadānīm srotasāṃ
kaphādyupalepānivartanāt tatsamprktaḥ sa sneho na sa-
rvaśarīraṃ vyāpnute, avyāpnuvaṃśca doṣaṃ na śama-
yet | tasmāt kṣudvata evāyaṃ śasyate | sa ca madhya-
mamātrayā, anannaḥ-kevala eva bhakṣyādinā+a+ahāreṇa 10
rahitaḥ, accha eva peya ityarthah | atra cottamayā mātr-
ayā snehapānadinānantaraṃ pathyaṃ kāryam | punaḥ sn-
ehaprayogaḥ | punaranyasminnahani pathyaṃ kāryam |
madhyamamātrayā snehapāne tu laghubhojino yāmamā-
tre+annākāṅkṣā bhavati | tadā ca snehopayoge rātryāra- 15
mbhe rātriyāmārdhe gate vā rasakaudanaprāyaṃ bho-
janaṃ bhojyaṃ mātrayaiva | granthakāro hi śamane sv-
alpabhojanamevānujajñe | vakṣyati hi (ślo. 29) - "upacā-
rastu śamane kāryaḥ snehe viriktavat |" iti | suśrute co-
ktam (ci. a. 31 | 34) - "pariṣicyādbhirusṇābhirjīrṇasnehaṃ 20
tato naram | yavāgūṃ pāyayeduṣṇāṃ suklinnāmalpata-
ṇḍulām | | peyo yūṣo raso vā syādakṛtaḥ saurabhāyutaḥ |
kṛtau vā+alpālpasarpīṣkau vilepī vā vidhīyate | |" iti | § 3960

1.16.69 Āyurvedarasāyana

śamanasyācchapeyasya kālaṃ mātrāṃ cāha-śamana iti |
anannaḥ-annasambandharahitaḥ, yāvadeṣa[na]jīryati tāv-
anna bhoktavyamityarthaḥ | § 3961

1.16.70 Aṣṭāṅgahr̥dayasaṃhitā

br̥mhaṇo rasamadyādyaiḥ
sabhakto+alpaḥ----- | | 20 | | § 3962

1.16.71 Sarvāṅgasundarā

br̥mhaṇaḥ sneho rasamadyādyaiḥ saha śasyate | " rasa
ityaviśeṣoktau jñeyo māṃsabhavo rasaḥ | " iti tantrāntar-
oktyā rasaśabdena māṃsaraso+atra boddhavyaḥ | ādya-
śabdena kṣīrakhaṇḍāderdravarūpasya grahaṇam | tathā,
5 saha bhaktena-odanādinā vartate iti sabhaktaśca śasyate |
eṣa ca sneho+alpo-hrasīyasīto+api mātrāto+alpaḥ | § 3963

1.16.72 Āyurvedarasāyana

br̥mhaṇasya kālaṃ mātrāṃ cāha-br̥mhaṇa iti | rasama-
dyādyairyathāruci yathāsātmyaṃ miśritaḥ eṣa vicāraṇā-
khyāḥ | sabhakto-bhojanasyādau madhye+ante vā pītaḥ |
alpaḥ-alpamātraḥ | § 3964

1.16.73 Sarvāṅgasundarā

sa ca-sneho, bālādiṣu hitaḥ | bālādīnāmitaretaradvandvaḥ |
pipāsārtāḥ-tr̥ṭpīditāḥ | snehādviṣo-ye svabhāvenaiva sn-
ehaṃ dviṣanti | strīsnēhayornityaśabdena sambandhaḥ,
strīnityeṣu snehanityeṣu cetyarthaḥ | kāle coṣṇe-grīṣmādau,
5 kr̥śeṣu ca nareṣu hitaḥ | § 3965

1.16.74 Aṣṭāṅgahr̥dayasaṃhitā

-----hitaḥ sa ca | | 20 | |
bālavṛddhapipāsārtasnehadviṇmadyaśīliṣu | | 20 | |
strīśnehanityamandāgnisukhitakleśabhīruṣu | | 21 | |
mṛdukoṣṭhālpadoṣeṣu kāle coṣṇe kṛṣeṣu
ca | | 21 | | § 3969

1.16.75 Āyurvedarasāyana

br̥mhaṇasya viṣayamāha-hitaḥ sa ceti | snehadviṭ-snehārocakī |
madyaśīlī-madyanityaḥ | snehanityaḥ-snehaśīlī | sukhitāḥ-
sukhī | § 3970

1.16.76 Aṣṭāṅgahr̥dayasaṃhitā

dehajān | | 22 | |
vyādhīñjayedbalaṃ kuryādaṅgānām ca
yathākramam | | 22 | | § 3972

1.16.77 Sarvāṅgasundarā

prāk ca madhyaṃ cottaraṃ ca prānmadhyottaram | prā-
nmadhyottaraṃ bhaktaṃ yasmīnsnehe sa evam | tenāyamarthaḥ,-
bhaktasyādāvupayukto+asau sneho+adhodehajān vyādhīn
jayet, madhya upayukto madhyadehajān, bhaktasyopary-
upayukta ūrdhvadehajāniti yathākramam | tathā, aṅgānām- 5
śarīrāvayavānām adhomadhyordhvasaṃjñakānām, balaṃ
kuryāt | idaṃ cōktaṃ-"mārute+abhyadhike sarpiḥ sadā
salavaṇaṃ hitam | kevalaṃ tvadhike pitte, kaphe satryū-
ṣaṇaṃ tathā | |" iti | § 3973

1.16.78 Āyurvedarasāyana

br̥mhaṇasyaiva prāgbhaktādibhedena viṣayamāha prā-
nmadhyeti | § 3974

1.16.79 Aṣṭāṅgahr̥dayasaṃhitā

vāryuṣṇamacche+anu pibet snehe
tatsukhapaktaye | | 23 | |
āsyopalepaśuddhyai ca, tauvarāruṣkare na
tu | | 23 | |
jīrṇājīrṇaviśāṅkāyāṃ punaruṣṇodakam
pibet | | 24 | |
tenodgāraśuddhiḥ syāttataśca laghutā
rucīḥ | | 24 | | § 3978

1.16.80 Sarvāṅgasundarā

acche-acchapeye, snehe-uttamamadhyamahrasvamātropayojite,
anu-paścāt, uṣṇam vāri pibet | kimartham ? tatsukhapaktaye-
tasya-snehasya, sukhapaktiḥ-sukhena pākaḥ, tadartham |
tathā, āsyopalepaśuddhyai ca snehaliptasya mukhasya śu-
5 ddhinimittam ca | tauvarāruṣkare na tu-tuvarataile bhall-
ātakataile cācchapeye+apyuṣṇodakam na pibet, tayoraty-
uṣṇavīryatvāditi bhāvah | tuvarasyāyam vikārah snehast-
auvaraḥ | tasya vikāra ityaṅ | evamāruṣkare ca | cirapīte
ca snehe jīrṇājīrṇam prati saṃśaye sati bhūyo+apyuṣṇam
10 jalam pibet | anupānāpekṣam punargrahaṇam, na vīpsā-
rtham | tena-uṣṇodakapānena, udgārasya viśuddhirbhav-
vet | tataśca-jīrṇājīrṇaviśāṅkātaḥ, adhikamaṅgalāghavam
rucīśca snehapāyinaḥ syāt | saṅgrahe+anyadapyuktam
(sū. a. 25) | yathā-"tato guruprāvaraṇo nivāte śayane sthi-
15 taḥ | jaraṇāntam pratīkṣeta tṛṣyannuṣṇālpavāriḥ | | śiro-
rugbhramaniṣṭhīvamūrccāsādāruciklamaiḥ | jānīyādbh-
eṣajam jīryajīrṇam tacchāntilāghavāt | | anulomānilasvā-
sthyakṣuttrṣṇodgāraśuddhibhiḥ | " iti | § 3979

1.16.81 Āyurvedarasāyana

acchapeyasyānupānamāha-vāryuṣṇamiti | tuvarabhallāt-
akasnehayoruṣṇodakam niṣedhati-tauvarāruṣkare natv-
iti | uktam hi saṅgrahe (sū. a. 25) -"tauvarāruṣkare na

tu | uṣṇopacāraḥ snehe syāduṣṇo hyuṣṇarvirudhyate | |"
iti | yathākālamajīryati snehe punaruṣṇodakapānamāha-
jīrṇājīrṇeti | tasya phalamāha-tenodgāraviśuddhiriti | jī-
rṇājīrṇalakṣaṇamuktaṃ saṅgrāhe (sū. a. 25) - "tato gu- 5
ruprāvaraṇo nivāte śayane sthitaḥ | jaraṇāntaṃ pratikṣ-
eta tṛṣyannuṣṇālpavāripaḥ | | śīrorugbhramaniṣṭhīvamū-
rcchāsādāruciklamaiḥ | jānīyādbheṣajaṃ jīryajīrṇaṃ ta-
cchāntilāghavāt | | anulomanilasvāsthyakṣutṛṣṇodgāraś-
uddhibhiḥ |" iti | § 3980

1.16.82 Aṣṭāṅgahr̥dayasaṃhitā

bhojyo+annaṃ mātrayā pāsyān śvaḥ piban
pītavānapi | | 25 | |
dravoṣṇamanabhiṣyandi
nātisnigdhamasaṅkaram | | 25 | | § 3982

1.16.83 Sarvāṅgasundarā

bhojyo-bhojayitavyo naraḥ | kiṃ tat ? annam | kimbhūtam
? dravoṣṇam | atra cobhayathā samāsaḥ,-draveṇamudgayūṣādinā
sahoṣṇamannaṃ dravoṣṇam, tathā kevalaṃ dravaṃ ca
taduṣṇam ca dravoṣṇam vilepyādikaṃ kevalameva, iti |
tathā, anabhiṣyandi-na kaphakṛt | tathā, nātisnigdham- 5
īṣatsnigdhamityarthaḥ | tathā, asaṅkaram-asaṅkīrṇam, ap-
athyenāmiśritamityarthaḥ | kaḥ puruṣaḥ kiṃ kurvann-
īdṛśamannaṃ mātrayā bhojyaḥ ? ityāha-śvaḥ snehaṃ
pāsyān-pātumicchān | tathā, tasminneva dine snehaṃ pi-
ban | tathā, pītavānapi yaḥ sneham | apiḥ samuccaye | 10
nanu, "mātrāśī sarvakālaṃ syāt" (hr̥. sū. a. 8 | 1) iti
prāguktameva | tatkiṃiha punarmātrāgrahaṇena ? brū-
maḥ | mātrāśabdastatra pramāṇārthaḥ, iha tvalpārthaḥ |
tenāyamarthaḥ,-yāvadannamasya samyagyathākālaṃ pa-
riṇamati tāvato+apyannādanena svalpaṃ bhojyamiti | 15
§ 3983

1.16.84 Āyurvedarasāyana

snehanaprayoge bhojananiyamamāha-bhojyo+annamiti |
bhojyo-bhojayitavyaḥ | mātrayā-alpamānena | śvaḥpāsyān-
snehapānātpūrvadine | piban-yāvanti dināni snehaṃ pib-
ati tāvanti | pītavān-samāpte snehapāne tāvantyeva din-
5 āni | asaṅkaraṃ-nānājātīyabhakṣyādisaṅkararahitam | § 3984

1.16.85 Aṣṭāṅgahr̥dayasaṃhitā

uṣṇodakopacārī syādbrahmacārī kṣapāśayaḥ | | 26 | |
na vegarodhī
vyāyāmakrodhaśokahimātapān | | 26 | |
pravātayānāyānādhvabhāṣyātyāsana
saṃsthitīḥ | | 27 | |
nīcātyuccopadhānāhaḥ svapnadhūmarajāṃsi
ca | | 27 | |
5 yānyahāni pibettāni tāvantyanyānyapi
tyajet | | 28 | |
sarvakarmasvayaṃ prāyo vyādhikṣiṇeṣu ca
kramaḥ | | 28 | | § 3990

1.16.86 Sarvāṅgasundarā

tathā, asau snehasya pātā uṣṇodakopacāryādiguṇayuktaḥ
syāt | uṣṇodakamupacaritum seviturṃ-śīlamasya sa evam |
tathā, brahmacārī-lalanāsaṅgarahitaḥ | kṣapāśaya itī "adh-
ikaraṇe śeteḥ" ityac | kṣapāśaya ityanena divāsvapna-
5 sya rātrijāgaraṇasya ca niṣedhaḥ | snehaṃ pibati yāva-
ntyahāni, tānyaparaṃ tāvatsaṅkhyāni snehapānarahitāny-
apyahāni yāvat vyāyāmādīmstyajet | sa0-sarvakarmasu-
vamanavirecanādiṣu, ayaṃ-"uṣṇodakopacārī syāt" ityādi-
kaḥ, kramo-vidhiriti arthaḥ | yāpanādiṣvahaḥsvapnājīrṇa-
10 varjyo nāyaṃ vidhiriti pradarśanārthaṃ prāyograhaṇam |
vyādhikṣiṇeṣu ca prāyo+ayameva vidhiḥ | atrapyatisārād-
iṣvahaḥsvapnādīnāmanujñānāt prāyograhaṇam | § 3991

1.16.87 Āyurvedarasāyana

snehanaprayoge vihāranīyamamāha-uṣṇodakopacārī syā-
diti | upacāraḥ-snānapānādih | vyāyāmādīmstyajet | yānayānaṃ-
aśvādinā gamanam | saṃsthitih-ūrdhvatayā+avasthānam |
nīcamutyuccaṃ vā upadhānaṃ-ucchīrṣakam | ā0 ra0-
snehanoktamuṣṇodakopacārādīnyamaṃ svedanādiṣu vy- 5
ādhikṣiṇeṣu cātidiśati-sarvakarmasviti | § 3992

1.16.88 Aṣṭāṅgahr̥dayasaṃhitā

upacārastu śamane kāryaḥ snehe viriktavat | | 29 | | § 3993

1.16.89 Sarvāṅgasundarā

turvyatireke | śamane snehe tūpayukte upacāro+abhojanādividhiḥ,
viriktavat kāryaḥ,-yathā viriktasya peyādikaḥ kramastathā
tasyāpītyarthaḥ | § 3994

1.16.90 Āyurvedarasāyana

śamanasnehe viriktopacāramatidiśati-upacārastvati | viriktavat-
peyādikrameṇa | upacāro-bhojanādividhiḥ | saṅgrahe tu
snehapānasya pūrvāṅgamuktam | (sū. a. 25) -"snehasya
pānātpūrvam ca dātavyam mṛdu bheṣajam | uttejanaṃ hu-
tāśasya koṣṭhalāghavakāri ca | | " iti | § 3995 5

1.16.91 Aṣṭāṅgahr̥dayasaṃhitā

tryahamacchaṃ mṛdau koṣṭhe krūre saptadinam
pibet | | 29 | |
samyaksnigdho+athavā yāvadataḥ sātmī
bhavetparam | | 30 | | § 3997

1.16.92 Sarvāṅgasundarā

mṛdau koṣṭhe sati puruṣastridinamacchaṃ snehaṃ pibet |
krūrakoṣṭhe saptāhaṃ pibet | madhyakoṣṭhastvata eva la-
kṣaṇādadhigamyate | yathā,-catvāryahāni pañca vā sne-
haṃ pibediti | yadi ca [mṛdukoṣṭhe] trayeṇa samya-
5 ksnigdhalakṣaṇaṃ na syāt tadā catuṣpañcarātramapi sne-
haṃ pibet | madhyakoṣṭhastu ṣaḍrātramapi pibedityāha-
samyaksnigdho+athavā yāvadityādi | athavā naiṣa niya-
maḥ, samyaksnigdhalakṣaṇotpattireva niyamaḥ | ataḥ sa-
pṭāhādapyūrdhvamacchaḥ snehaḥ peyo yāvatsnigdhalak-
10 kṣaṇaṃ syāt | ataḥparaṃ snehaḥ sātmyī bhavet | sātmyī-
bhūte ca snehe yo doṣaḥ sa saṅgrahe kathitaḥ | yathā (sū. a.
25) - "sātmyībhūto hi kurute na malānāmudīraṇam | atiyog-
gena vā vyādhīn yathā+ambvogho+atiyojanāt | |" iti | yadi
tu saptāhenāpi snigdhalakṣaṇaṃ notpadyate tadā dinam-
15 ekaṃ viśramya punaḥ sneho yojya iti sadvaidyāḥ | § 3998

1.16.93 Āyurvedarasāyana

acchapeyasya pānāvadhimāha-tryahamityādi | mṛdau ko-
ṣṭhe tridinam, krūre saptadinam, yāvadvā snigdhalakṣa-
ṇotpattirmṛdau krūre ca | avadhyatikrame doṣamāha-ata
iti | sātmyībhūtasya doṣatvamuktaṃ saṅgrahe (sū. a. 25) -
5 "sātmyībhūto hi kurute na malānāmudīraṇam | atiyogena
vā vyādhīn yathā+ambvogho+atiyojanāt | | nihatya setuṃ
mṛtkoṣṭhāt sravati kṣapayanmṛdam | sneho+apyagniṃ ta-
thā hatvā sravati kṣapayanstanum | |" iti | § 3999

1.16.94 Āyurvedarasāyana

samyaksnigdhalakṣaṇamāha-vātānulomyamiti | "mṛdusn-
igdhāṅgatāṃ lāghavaṃ vimalendriyatā ca" ityadhikaṃ
saṅgrahe (sū. a. 25) | asnigdhalakṣaṇamāha-rūkṣa iti |
viparyayo-vātaprātilomyādiḥ | atisnigdhalakṣaṇamāha-atisnigdha
5 iti | pāṇḍutvaṃ-pāṇḍurogaḥ | saṅgrahe tu (sū. a. 25) -
"gudadhāruccicchardimūrcchātrṣṇāpravāhikāḥ | śuktodg-
ārabhramaśvāsakāsāḥ snehātisevanāt | |" iti | § 4000

1.16.95 Aṣṭāṅgahr̥dayasaṃhitā

vātānulomyaṃ dīpto+agnirvarcaḥ
snigdhamasaṃhatam | | 30 | |
snehodvegaḥ klamaḥ samyaksnigdhe, rūkṣe
viparyayaḥ | | 31 | |
atisnigdhe tu pāṇḍutvaṃ
ghrāṇavaktragudasravāḥ | | 31 | | § 4003

1.16.96 Sarvāṅgasundarā

samyaksnigdhe puruṣe vātānulomyādi klamāntaṃ lakṣa-
ṇaṃ bhavati | varcaḥ-śakṛt, snigdhaṃ tathā+asaṃhatam-
śithilam | rūkṣe-asnigdhe, viparyayo-vaiparītyam | atisni-
gdhe tu-snehasyātiyojanāt, pāṇḍutvādayo bhavanti | sra-
vāśabdasya ghrāṇādibhiḥ pratyekaṃ sambandhaḥ | § 4004 5

1.16.97 Aṣṭāṅgahr̥dayasaṃhitā

amātrayā+ahito kāle mithyāhāravihārataḥ | | 32 | |
snehaḥ karoti
śophārśastandrāstambhavisamjñatāḥ | | 32 | |
kaṇḍūkuṣṭhajvarotkleśāsūlānābhramādikān | | 33 | | § 4007

1.16.98 Sarvāṅgasundarā

amātraḥ pītaḥ snehaḥ-sarpirādiḥ, śophādīn karoti | ādiś-
abdena balakṣayajāḍyavāggrahādayaḥ saṅgrahoktā gṛhy-
ante | ahito-yo yasya pratiśiddhaḥ snehaḥ | tathā, akāle-
grīṣmādau pūrvam pratiśiddhe | tathā, mithyāhārato-
"dravoṣṇam " ityādiviparyayeṇa | tathā, mithyāvihārataḥ- 5
"uṣṇodakopacārī syāt" ityādiviparyayeṇa | § 4008

1.16.99 Āyurvedarasāyana

mithyāsnigdhalakṣaṇamāha-amātrayeti | ahitaḥ-anucitaḥ |
saṅgrahe tu (sū. a. 25) -"jaṭharendriyadaurbalyajāḍyāmastambhavāggrahā

tāmstān svadoṣahetūtthān pāṇḍvādīmścātiyogajān | |" iti |
§ 4009

1.16.100 Aṣṭāṅgahr̥dayasaṃhitā

kṣuttr̥ṣṇollekhanasvedarūkṣapānānnabheṣajam | | 33 | |
takrāriṣṭakhaloddālayavaśyāmākakodravam | | 34 | |
pippalītriphalākṣaudrapathyāgomūtraguggulu | | 34 | |
yathāsvaṃ pratirogaṃ ca snehavyāpadi
sādhanam | | 35 | | § 4013

1.16.101 Sarvāṅgasundarā

snehavyāpadi-snehavidhivibhraṃse sati, kṣuttr̥ṣṇādi sādhanam-
cikitsā | kṣuttr̥ṣṇānigrahau kṣuttr̥ṣṇāśabdenātroktau | ullekhanam-
vamanam | rūkṣaśabdasya pānādibhistribhiryogaḥ | takr-
āṇi cāriṣṭāścetyevaṃ samāsaḥ | khalo-vyañjanaviśeṣaḥ pr-
5 āguktaḥ | uddālaḥ-śālivīśeṣaḥ | yathāsvaṃ-doṣānugūnyena,
pratirogaṃ-yadyasmin roge sve sve+adhyāya uktaṃ tat,
tadapi sādhanam | § 4014

1.16.102 Aṣṭāṅgahr̥dayasaṃhitā

ā0 ra0-atisnigdhamithyāsniḡdhayościkitsitamāha-
kṣuttr̥ṣṇollekhanetyādi |
ullekhanam-vamanam | rūkṣam
pānādītrayam | uddālo-vanakodravaḥ |
pratirogaṃ yathāsvaṃ ca-yasmin roge
yaduktaṃ tadapi,kuryāt | § 4015

1.16.103 Aṣṭāṅgahr̥dayasaṃhitā

virūkṣaṇe laṅghanavatkr̥tātīkṛtalakṣaṇam | | 35 | | § 4016

1.16.104 Sarvāṅgasundarā

virūkṣaṇe samyagutpanne tathā+atyarthotpanne ca laṅgh-
anavat kṛtātikṛtalakṣaṇam jñeyam | kṛtam cātikṛtam ca
kṛtātikṛte, tayoralakṣaṇam kṛtātikṛtalakṣaṇam | kṛtaśabd-
ena samyakkṛtamucyate | virūkṣaṇāyogalakṣaṇam tu sn-
ehātiyogalakṣaṇenaivoktam | tatra samyakkṛtasya laṅgh- 5
anasya yallakṣaṇam vimalendriyatādi tadeva samyagvi-
rūkṣaṇe kṛte lakṣaṇam bodhyam | tathā, atikṛte virūkṣ-
aṇe+atilaṅghitasya lakṣaṇam kārśyādikaṃ vedyam | § 4017

1.16.105 Sarvāṅgasundarā

snehavyāpadyuktavirūkṣaṇasya samyagyogātiyogalakṣaṇamāha-
virūkṣaṇa iti | laṅghanavat-laṅghanasya samyagyoge "vi-
malendriyatā" ityādi, atiyoge "atikārśyam" ityādi | kṛtam-
samyagyogaḥ | atikṛtam-atiyogaḥ | saṅgrahe tu (sū. a. 25)
-"snehena paittikasyāgniryadā tīkṣṇatarī kṛtaḥ | sneham- 5
āśu jarāṃ nītvā punarojo+abhitaścaran | | udīrayetsopasa-
rgāṃ pipāsāmasya cādhikām | so+asūmstyajedyadyudakam
na pibedāśu śītaḥ | | śītasekāvagāhāṃśca tatṛṣṇāpīdīto
bhajet | snehāgninā dahyamānaḥ svaviṣeṇeva pannagaḥ |
ajīrṇe balavatyām tu śītairdihyācchiromukham | charday- 10
ettadaśāntau ca pītvā śītodakam punaḥ | | rūkṣānnamu-
llikhedbhuktvā tādrśyam tu kaphānile | samadoṣaśca ni-
hśeṣam snehamuṣṇāmbunodbharet | | tato doṣādibalataḥ
pūrvoktam ca vidhiṃ śrayet | na sarpiḥ kevalam pitte de-
yam sāme viśeṣataḥ | | sarvaṃ hyanurujeddeham hatva sa- 15
mājñāṃ ca mārayet | " iti | § 4018

1.16.106 Aṣṭāṅgahrdayasaṃhitā

snigdhadravoṣṇadhanvottharasabhuk
svedamācaret | | 36 | |
snigdhastryaham sthitaḥ kuryādvirekam,
vamanam punaḥ | | 36 | |
ekāham dinamanyacca kaphamutkleśya
tatkaraiḥ | | 37 | | § 4021

1.16.107 Sarvāṅgasundarā

snigdhaścāsau dravoṣṇadhanvottharasaśca, taṃ bhuṅkte
yaḥ sa snigdhadravoṣṇadhanvottharasabhuk | dhanvottharaso-
jāṅgaladeśamāṃsasamudbhūto rasaḥ, taṃ bhuñjānaḥ sv-
edamācaret | māṃsarasasya svabhāvata eva snigdhadr-
5 avatvāt snigdhadravagrahaṇamadhikayogāyeti vedyam |
uṣṇaṃ-ubhayathā vīryato+agnisaṃyogācca | evambhū-
taḥ puruṣaḥ pūrvam snigdho+anantaram snigdhadrav-
oṣṇadhanvottharasabhuk svedamācaran dinatrayam sth-
itaḥ san virekam kuryāt | vamanam punariti | yadā
10 tu snehādanantaram vamanamevopayauṅkte tadaikāha-
manenaiva prakāreṇa snigdhadravoṣṇadhanvottharasa-
bhuk svedamācaran sthito+anyacca dinam-dvitīyamahaḥ,
kaphamutkleśya-sthānāt pracyāvya, sthito vamanam ku-
ryāt | kairutkleśya ? tatkaraiḥ,-kaphakaraṇahetubhirmāśakṣīramatsyaguḍādibhi
15 tatkarairiti kṛṇo hetvādinā hetau ṭaḥ | § 4022

1.16.108 Āyurvedarasāyana

snigdhasya samanantameva svedaḥ kārya ityāha-snigdhadravoṣṇeti |
snigdhaḥ puruṣo+anantameva svedamācaret | svede
ca kriyamāṇe snigdhadravoṣṇamannaṃ jāṅgalamāṃsara-
saṃ ca bhuñjīta | snigdhasya tridinaṃ viśrāntasya virec-
5 anaṃ kāryamityāha-tryahamiti | snigdhasya dvyahaṃ vi-
śrāntasya vamanam kāryamityāha-vamanamiti | snigdha
ekāhaṃ viśrānto dvitīye dine kaphakaraiḥ kaphamutkle-
śya ṭṛtīye vamanam kuryāt | § 4023

1.16.109 Aṣṭāṅghṛdayasaṃhitā

māṃsalā medurā bhūriśleṣmāṇo viṣamāgnayaḥ | | 37 | |
snehocitāśca ye snehyāstān pūrvam
rūkṣayettataḥ | | 38 | |
saṃsnehya śodhayedevaṃ snehavyāpanna
jāyate | | 38 | | § 4026

1.16.110 Sarvāṅgasundarā

māṃsalatvādiyuktāḥ puruṣā ye śodhyatvena snehayi-
tumabhīṣṭāḥ, tān pūrvam-prathamam, rūkṣayet | tato-
rūkṣayitvā+anantaram, saṃsnehya śodhayet | kimevaṃ
syāt ? ityāha-evam snehavyāpanna jāyate | māṃsalāḥ-
upacitamāṃsāḥ | medurāḥ-medasvinaḥ | § 4027

5

1.16.111 Āyurvedarasāyana

māṃsalādīnām virūkṣaṇapūrvakam snehanam kāryamityāha-
māṃsalā iti | snehocitāḥ-snehasātmyāḥ | § 4028

1.16.112 Aṣṭāṅgahrdayasaṃhitā

alam malānīrayitum snehaścāsātmyatām
gataḥ | | 39 | | § 4029

1.16.113 Sarvāṅgasundarā

na kevalam snehavyāpadevam na syāt | yāvat sneho+asātmyatām
gataḥ san malān-vātādīn puriṣādīṃśca, īrayitum-prerayitum,
alam-paryāptaḥ | § 4030

1.16.114 Āyurvedarasāyana

pūrvasnehāpanayane yuktimāha-alamityādi | snehocita-
sya snehasātmyatvādanutkleśanamityarthaḥ | ata evāny-
atra snehanasya pācanapūrvakatvamuktam | pācanaṃ hi
rūkṣaṇameva | § 4031

1.16.115 Aṣṭāṅgahrdayasaṃhitā

bālavṛddhādiṣu snehaparihārāsahiṣṇuṣu | | 39 | |
yogānimānanudvegān sadyaḥsnehān
prayojayet | | 40 | | § 4033

1.16.116 Aṣṭāṅgahr̥dayasaṃhitā

sa-bālādiṣu tathā yaḥ snehaviṣaye parihāraḥ-sītodakādih,
tamasahiṣṇuṣu-akṣameṣu,
sadyaḥsnehākhyānanudvegān-anudvejakān,
etā(imā) n-vakṣyamāṇān, yogān
prayojayet | § 4034

1.16.117 Āyurvedarasāyana

bālādiṣu sadyaḥsnehanam kāryamityāha-bāleyādi | imān-
vakṣyamāṇān | anudvegān-sukhasevyān | § 4035

1.16.118 Aṣṭāṅgahr̥dayasaṃhitā

prājyamāṃsarasāsteṣu, peyā vā snehabharjitā | | 40 | |
tilacūrṇaśca sasnehaphāṇitaḥ, kṛsarā
tathā | | 41 | |
kṣīrapeyā ghr̥tādhyoṣṇā, dadhno vā saguḍaḥ
saraḥ | | 41 | |
peyā ca pañcaprasṛtā
snehaistaṇḍulapañcamaiḥ | | 42 | |
5 saptaita snehanāḥ sadyaḥ, snehāśca
lavaṇolbaṇāḥ | | 42 | | § 4040

1.16.119 Sarvāṅgasundarā

teṣu-bālādiṣu, prājyamāṃsarasāḥ-prabhūtamāṃsāni ni-
ṣkvāthya tadrasāḥ | tathā, snehabharjitā peyā | tathā,
tilacūrṇaḥ-palalākhyāḥ, sasnehaphāṇitaḥ-[snehena-] sa-
rpirādinā yuktaḥ, phāṇitena-kṣaudraguḍavikāraviśeṣeṇa
5 ca yuktaḥ | tathā, kṛsarā tatheti snehaphāṇitayuktetya-
rthaḥ | tathā, kṣīrapeyā-kṣaireyī sarpiṣmatyuoṣṇā ca | [ta-
thā,] dadhisaro vā saguḍaḥ | [tathā,] peyā ca pañc-
aprasṛtā, 'dve pale-prasṛtam viduḥ' pañca prasṛtāni ya-
syāṃ sā pañcaprasṛtā | keṣāṃ punastāni pañca prasṛ-
10 tāni ? iti vyācaṣṭe-snehaistaṇḍulapañcamairiti | sarpist-

ailaṃ vasā majjeti caturṇāṃ snehānāṃ catvāri prasṛ-
tāni taṇḍulāśca prasṛtamekamityarthaḥ | ete sapta pū-
rvoktāḥ sadyaḥ-śīghraṃ snehanāḥ,- tricaturairahobhirv-
inā+apī snehanāḥ, niṣparihārāśca | na kevalameta eva sa-
dyaḥsnehanā ityāha-snehāśca lavaṇolbaṇā iti | snehāḥ- 5
sarpirādayo+apakvā eva | kiṃ viśiṣṭāḥ ? lavaṇolbaṇāḥ-
lavaṇādḥyāḥ, sadyaḥsnehanā ityarthāḥ | § 4041

1.16.120 Āyurvedarasāyana

sadyaḥsnehanān sapta yogānāha-prājyamāṃsarasā iti |
prājyamāṃsāḥ-prabhūtamāṃsā, alpodakasiddhā rasā ity-
ekaḥ | teṣu-māṃsaraseṣu, siddhā snehabhrṣṭā peyeti dvi-
tīyaḥ | snehaphāṇitābhyāṃ yuktastilacūrṇa iti tṛtīyaḥ | tā-
bhyāmeva yuktā kṛśareti caturthaḥ | uṣṇā ghr̥tādḥyā kṣī- 5
rasiddhā peyeti pañcamaḥ | guḍasahito dadhisara iti ṣa-
ṣṭhaḥ | ghr̥tatailavasāmajjatanḍulaiḥ pratyekaṃ prasṛta-
pramāṇaiḥ kṛtā peyeti saptamaḥ | aṣṭamaṃ sadyaḥsnehanamāha-
snehāśceti | § 4042

1.16.121 Aṣṭāṅgahṛdayasaṃhitā

taddhyabhiṣyandyarūkṣaṃ ca sūkṣmamauṣṇaṃ vyavāyi
ca | | 43 | | § 4043

1.16.122 Sarvāṅgasundarā

yasmāllavaṇamabhiṣyandi-srotasāṃ srāvakaṃ, arūkṣatv-
ādiguṇayuktaṃ ca | sūkṣmaṃ-sūkṣmasrotogāmi | 'vyavāyi-
dehamakhilaṃ vyāpya pākāya kalpate' | § 4044

1.16.123 Āyurvedarasāyana

lavaṇasaṃyogāt kathaṃ sadyaḥsnehanatvam ? ityata āha-
taddhīti | tat-lavaṇam | hi-yasmāt | viṣyandi-srotolīnamalotkleśanam |
arūkṣaṃ-snehāvīparītam | sūkṣmaṃ-sūkṣmasrotahsañcāri |
uṣṇaṃ-snehavīlāyanam | vyavāyi-vicaraṇaśīlam | saṅgr-

ahe tu (sū. a. 25) -"prabhūtamāṃsaniṣkvāthān jāṅgalānū-
pajān rasān | snehabhr̥ṣṭeṣu vā teṣu yavāgūṃ nātisaṃha-
tām | | tilakāmbalikaṃ bhūrisnehaṃ sarpiṣmatīmapi | pe-
yāṃ sukhoṣṇāṃ kṣaireyīm pātre va sasiṭāghr̥te | | sarpi-
5 lavaṇayuktaṃ vā sadyodugdhaṃ tathā payaḥ | pāyasaṃ
māṣamiśraṃ ca bahusnehasamāyutam | | tailaśuṅṭhīguda-
surāṃ jīrṇe māṃsarasāsīnaḥ | snehaṃ caikaṃ surācchena
dadhno vā sagaḍaṃ saram | | vasāṃ varāhajāṃ sarpiḥ pi-
ppalīm lavaṇaṃ tilān | pippalīm lavaṇaṃ snehāṃscaturō
10 dadhimastukam | | dadhnā siddhaṃ vyoṣagarbhaṃ dhā-
trīdrākṣārāse ghr̥tam | yavakolakulatthāmbukṣārakṣīrasu-
rādadhī | | ghr̥taṃ ca siddhaṃ tulyāṃśaṃ sadyaḥsneha-
namuttamam | siddhāṃśca caturaḥ snehān badaratrip-
halārasaiḥ | | yoniśukrāmayaḥarān sadyaḥsnehān prayoja-
15 yet |" iti | § 4045

1.16.124 Aṣṭāṅgahr̥dayasaṃhitā

guḍānūpāmiṣakṣīratilamāṣasurādadhī | | 43 | |
kuṣṭhāśophaprāmeheṣu snehārthaṃ na
prakalpayet | | 44 | | § 4047

1.16.125 Sarvāṅgasundarā

kuṣṭhādiṣu snehayogyatve sati guḍādi snehanārthaṃ na
prakalpayet-na yojayet | § 4048

1.16.126 Āyurvedarasāyana

kuṣṭhādiṣu guḍādīni snehanāni niṣedhati-guḍānūpeti |
§ 4049

1.16.127 Aṣṭāṅgahr̥dayasaṃhitā

triphalāpippalīpathyāguggulvādivipācitān | | 44 | |
snehān yathāsvameteṣāṃ
yojayedavikāriṇaḥ | | 45 | | § 4051

1.16.128 Sarvāṅgasundarā

eteṣāṃ-kuṣṭhādīnām, triphalādibhirvipācitān-sādhitān, avikāriṇaḥ-
avikārakān, snehān yojayet | yathāsvaṃ-yathāyogyam |
kuṣṭhādīnām sambandhī yo vikārastadvatām, tena kuṣṭh-
inām śophinām mehināmityartha+avatiṣṭhate | § 4052

1.16.129 Āyurvedarasāyana

kuṣṭhādiṣūcitāni snehanānyāha-triphaletyādi | eteṣāṃ-kuṣṭhaśophapram
avikāriṇa iti hetugarbhaṃ viśeṣaṇam | § 4053

1.16.130 Aṣṭāṅgahrdayasaṃhitā

kṣīṇānām tvāmayairagnidehasandhukṣaṇakṣa-
mān | | 45 | | § 4054

1.16.131 Sarvāṅgasundarā

āmayaiḥ-vyādhibhiḥ, kṣīṇānām punaḥ puṃsāmagnide-
hasandhukṣaṇakṣamān snehān yojayet | agniṣca deha-
ṣcāgnidehau, sandhukṣaṇāṣca kṣamāṣca sandhukṣaṇa-
kṣamāḥ, tān | yathāsaṅkhyenātra sambandhaḥ | agneḥ
sandhukṣaṇāḥ-uddīpakāḥ, dehasya kṣamāḥ-puṣṭyāvahāḥ | 5
atra cāyaṃ bhāvah,-kila vyādhibhiḥ kṣīṇānām vahnirapi
kṣīṇo bhavati | atasteṣāṃ na kevalaṃ ye puṣṭyāvahāḥ [te
upayojyāḥ | kutaḥ ? te] vahnimāndyamāvahanti | athavā
vahnisandhukṣaṇā na puṣṭyāvahāḥ | na te snehā upayo-
ktaṃ yuktāḥ | kiṃ tarhi ? ubhayakāriṇa eva yoktaṃ yuktā 10
iti | § 4055

1.16.132 Sarvāṅgasundarā

vyādhiḥkṣīṇānāmucitāni snehanānyāha-kṣīṇānāmiti | agni-
dehayoḥ sandhukṣaṇe-saṃvarddhane kṣamān, dīpanabr-
mhaṇatvāt | § 4056

1.16.133 Aṣṭāṅgahr̥dayasaṃhitā

dīptāntarāgniḥ pariśuddhakoṣṭhaḥ
pratyagradhāturbalavarṇayuktaḥ | | 46 | |
dṛḍhendriyo mandajaraḥ śatāyuhḥ snehopasevī
puruṣaḥ pradiṣṭaḥ | | 46 | |
iti śrī vaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ
sūtrasthāne snehavidhīrṇāma
ṣoḍaśo+adhyāyāḥ | | 16 | | § 4059

1.16.134 Sarvāṅgasundarā

yaḥ pumānābhīkṣṇyena snehamupasevate, sa dīptāntarā-
gnitvādiguṇayukto bhavatīti pradiṣṭaḥ | sadvaidyairiti śe-
ṣaḥ | upajātirvṛttam | iti śrīmṛgāṅkadattaputraśrīmadaru-
ṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarvāṅgasund-
5 arākyāyāṃ sūtrasthāne snehavidhyadhyāyāḥ ṣoḍaśaḥ sa-
māptaḥ | | 16 | | § 4060

1.16.135 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-snehaśīlanasya phalamāha-dīptāntarāgnirīti |
pratyagradhātuḥ-nūtanadhātuḥ | iti
hemādriṭīkāyāmāyurvedarasāyane |
snehanasya prakaraṇaṃ sāmastyena
nirūpitam | | 16 | | § 4061

1.17 svedavidhiradhyāyāḥ : 17

1.17.1 Aṣṭāṅgahr̥dayasaṃhitā

athātaḥ svedavidhimadhyāyāṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 4063

1.17.2 Sarvāṅgasundarā

athāta iti | svedanaṃ-svedaḥ, tasya vidhiḥ-vidhānaṃ, ya-
tra taṃ vyākhyāsyāmaḥ | śeṣaṃ pūrvavat | § 4064

1.17.3 Āyurvedarasāyana

kramaprāptaṃ svedavidhimadhyāyaṃ vyākhyātuṃ pratijānīte-
atheti | § 4065

1.17.4 Aṣṭāṅgahrdayasaṃhitā

svedastāpopanāhoṣmadravabhedāccaturvidhaḥ | | 1 | | § 4066

1.17.5 Sarvāṅgasundarā

svedaścaturvidhaḥ,- tāpādibhedāt | § 4067

1.17.6 Āyurvedarasāyana

svedabhedānāha-sveda iti | § 4068

1.17.7 Āyurvedarasāyana

tāpasya lakṣaṇamāha-tāpa iti | agnitaptairvastrādibhiḥ kr-
iyate yaḥ svedaḥ sa tāpaḥ | ādiśabdātkāṃsyavālukāghaṭi-
kāśākṣādagnayaḥ | § 4069

1.17.8 Aṣṭāṅgahrdayasaṃhitā

tāpo+agnitaptavasanaphālahastatalādibhiḥ | | 1 | | § 4070

1.17.9 Sarvāṅgasundarā

tāpaḥ-tāpasvedaḥ, agnitaptena vasanena, tathā phālena-
ayomayenāgnitaptena, tathā [agnitaptena] hastatalen-
āpi | ādigrahaṇāddāruvālukāghaṭikākāṃsyabhājanādayo
grhyante | § 4071

1.17.10 Aṣṭāṅgahr̥dayasaṃhitā

upanāho vacākiṇvaśatāhvādevadārubhiḥ | | 2 | |
dhānyaiḥ samastairgandhaiśca
rāsnairaṇḍajaṭāmiṣaiḥ | | 2 | |
udriktalavaṇaiḥ
snehacukratakrapayaḥplutaiḥ | | 3 | |
kevale pavane, śleṣmasaṃsr̥ṣṭe
surasādibhiḥ | | 3 | |
5 pittena padmakādyaiḥ sālvaṇākhyaiḥ
punaḥpunaḥ | | 4 | | § 4076

1.17.11 Sarvāṅgasundarā

upanāho-bandhanam | kiṇvaṃ-surāprakṛtiḥ | śatāhvā-śatapuṣpā |
dhānyairiti sāmānyoktāvapi tilātasīmāśādīniyogyatvādy-
ānyuṣṇavīryāṇi snigdhāni vā tāni prāyeṇa prayojyānīti |
samastagrahaṇaṃ gandhaireva yujyate | ata eva saṅgr-
5 ahe+avadat (sū. a. 26) - "sarvagandha" iti | gandhaiḥ-
gandhadravyaiḥ kuṣṭhāgurutagarasurasādibhiḥ | tathā, rā-
snādibhiḥ | kimbhūtaiḥ pūrvoktaiḥ ? udriktalavaṇaiḥ-
lavaṇādhyaiḥ | tathā, snehaśca cukraṃ ca takraṃ ca pay-
aśca, taiḥ plutaiḥ-āloḍitaiḥ | cukraṃ-amlam | takrasya cu-
10 kratvādeva grahaṇe siddhe takragrahaṇamatiśayārtham,
atiśayena sālvaṇākhye svede takraṃ prayojyamiti | kev-
ale pavane vacādibhirupānāhasvedaḥ kāryaḥ | śleṣmasa-
m̐sr̥ṣṭe pavane surasādibhiḥ-surasayugādinā gaṇena (hr̥.
sū. a. 15|30) | pittena saṃsr̥ṣṭe pavane padmakādyaiḥ-
15 "padmakapūṇḍrau" (hr̥. sū. a. 15|12) ityādibhiḥ | pittena
saṃsr̥ṣṭe pavana ityatra kiñcideva pittena saṃsr̥ṣṭe pavane
padmakādibhirupanāhaḥ kārya ityavabodhyam, nādhik-
ena pittena yukte pavane, nāpi tulyena pittena yukte pav-
ana iti | evaṃ hyuktam (hr̥. sū. a. 13|14)- "graiṣmaḥ prāyo
20 maruṭpitta" vidhiḥ kāryaḥ | graiṣmaśca vidhiḥ prāyeṇa sa-
rvaḥ śītaḥ | tatra svedo dūrotsārīta eva | tasmāt kiñcītpitt-
ena saṃsr̥ṣṭe pavane padmakādyairupanāhaḥ kārya iti ve-
dyam | ete ca traya upanāhāḥ kevale vāyau tathā kaphay-

ukte pittayukte ca krameṇa yojyāḥ | ete ca sālvaṇābhidhā-
nāḥ svedā ityāha-sālvaṇākhyairiti | punaḥpunariti asakṛtt-
aiḥ svedayojanā kāryetyarthaḥ | nirapāyo hi yathā+ayaṃ
sālvaṇāparasaṃjña upanāhākhyāḥ svedo na tathā+apare
svedā iti | upanahyate-badhyate carmapaṭādinā, ityanva- 5
rthaṃ nāmāsyopanāha iti | sālvaṇa ityasya tantrāntarapr-
asiddhaṃ nāma | tathā ca dhanvantariḥ (su. ci. a. 4 | 14) -
"kākolyādiḥ savātaghnaḥ sarvāmladravyasaṃyutaḥ | sān-
ūpaudakamāṃsastu sarvasnehasamanvitaḥ | | sukhoṣṇaḥ
spaṣṭalavaṇaḥ sālvaṇaḥ parikīrtitaḥ |" iti | 'udriktalavaṇ- 10
aiḥ snehacukratakrapayaḥplutaiḥ | ' iti triṣvapi svedeṣu yo-
jyam | § 4077

1.17.12 Āyurvedarasāyana

upanāhasya lakṣaṇamāha-upanāha ityādi | vacādibhiryaḥ
svedaḥ kriyate sa upanāhaḥ | kiṇvaṃ-surākāñjikādyadhahsthitadravyam
gandhaiḥ-kuṣṭhādīgandhadravyaiḥ | eraṇḍajaṭā-eraṇḍamūlam |
āmiṣaṃ-māṃsaṃ | udriktalavaṇaiḥ-saindhavādyutkataiḥ |
snehādibhiḥ plutaiḥ-āloḍitaiḥ | cukraṃ-suktaṃ | payaḥ- 5
kṣīraṃ | eṣaḥ svedaḥ kevale pavane | eṣa eva śleṣmasaṃsr-
ṣṭapavane surasādivargeṇa saha kāryaḥ | pittena saṃsrṣṭe
pavane padmakādivargeṇa saha kāryaḥ | sālvaṇākhyaiḥ-
sālvaṇa ityākhyā upanāhasya yebhyaḥ padmakādibhy-
astaiḥ | padmakādibhiryukta upanāhaḥ-sālvaṇākhyāḥ | 10
uktaṃ ca suśrutena (ci.a. 4/14)-"kākolyādiḥ savātaghnaḥ
sarvāmladravyasaṃyutaḥ | sānūpamāṃsaḥ susvinnaḥ sa-
rvasnehasamanvitaḥ | | sukhoṣṇaḥ sprṣṭalavaṇaḥ sālva-
ṇaḥ parikīrtitaḥ | tenopanāhaṃ kurvīta sarvadā vātaro-
giṇām | |" iti | tavyākhyānaṃ ca,- "kākolyādirgaṇo gr- 15
āhyo nāṣṭavargakasamjñitaḥ | vātaghno bhadradārvādiv-
argo+amlo dāḍimādikaḥ | | sarvasnehaścatuḥsneho lava-
ṇaṃ saindhavādikaṃ | amlādibhiḥsaṃskāryaḥ kākoly-
āditrayaṃ tribhiḥ | |" iti | padmakādireva tanmate kākoly-
yādiḥ | sa copanāhaḥ punaḥ punaḥ kāryaḥ | upanāho- 20
bandhanam | § 4078

1.17.13 Aṣṭāṅgahr̥dayasaṃhitā

snigdhoṣṇavīryairmṛdubhiścarmapaṭṭairapūtibhiḥ | | 4 | |
alābhe vātajitpatrakauṣeyāvikaśāṭakaiḥ | | 5 | |
baddhaṃ rātrau divā muñcenmuñcedrātrau
divākṛtam | | 5 | | § 4081

1.17.14 Sarvāṅgasundarā

carmapaṭṭairbaddhaṃ-upanaddhamaṅgaṃ, rātrau divā
muñcet | kimbhūtaiḥ ? snigdhoṣṇavīryaiḥ, tathā+apūtibhiḥ-
adurgandhaiḥ suparikarmitatvāt | alābhe-carmapaṭṭānāmabhāve,
vātajitpatraiḥ-eraṇḍajādibhiḥ, tathā kauṣeyādibhiḥ | kauṣeyaṃ-
5 rāṅkavādivastraviśeṣam | āvikaṃ-kambalam | [śāṭakaṃ-
vastrakhaṇḍam |] tairbaddhaṃ rātrau divā muñcet | divā
tu baddhaṃ rātrau moktavyam | § 4082

1.17.15 Āyurvedarasāyana

bandhanavidhimāha-snigdhoṣṇaviryairiti | alābhe-carmālābhe |
vātajitpatrāṇi-eraṇḍādipatrāṇi | § 4083

1.17.16 Aṣṭāṅgahr̥dayasaṃhitā

ūṣmā tūtkārikāloṣṭakapālopalapāṃsubhiḥ | | 6 | |
patrabhaṅgena dhānyena
karīṣasikatātuṣaiḥ | | 6 | |
anekopāyasantaptaiḥ prayojyo
deśakālataḥ | | 7 | | § 4086

1.17.17 Sarvāṅgasundarā

ūṣmasvedasya lakṣaṇamāha-ūṣmeti | utkārikādibhiḥ so-
ṣmābhiḥ kambalādiveṣṭitairyaḥ svedaḥ kriyate, sa ūṣm-
asvedaḥ | utkārikā-roṭikā | patrabhaṅgena-khaṇḍaśaḥ kṛ-
taiḥ patraiḥ | dhānyena-godhūmādinā | saṅgrahe tu (sū.
5 a. 26) -"ūṣmasvedaḥ punaraṣṭadhā bhidyate,- piṇḍaḥ sa-

ṁstaro nāḍī ghanāsmā kumbhī kūpaḥ kuṭī jentākaśc-
 eti | tatra kapālapāṣāṇaloṣṭhalohipiṇḍānagnivarnān sand-
 aṁśena grhītvā+ambhasyamle vā nimajjayet | tairārdr-
 āvikavastreṇa veṣṭitaiḥ śleṣmamedobhūyiṣṭha sarujama- 5
 ṅgaṁ granthimadvā svedayet | pāṁśusikatāgavādikarīṣa-
 tuṣadhānyabusapulākapaḥlalairvā+amlotkvathitaiḥ pūrva-
 vadveṣṭitairgavādiśakṛtā+a+ardreṇa piṇḍīkṛtenopanāha-
 dravyotkārikākṛśārāpayasapiṇḍāirvā vātarogiṣviti piṇḍ-
 asvedaḥ | sa eva ca saṅkarākhyāḥ | yathārhasvedadra- 10
 vyāṇi pihitamukhāyāmukhāyāṁ samyagupasvedya niv-
 ātaśaraṇaśayanasthe kiliṅje prastāryāvīkakaūseyavātaha-
 rapatrānyatamottarapracchade rauravājinaprāvārādibhiḥ
 svavacchannaṁ svedayediti samṁstarasvedaḥ | pūrvavad- 15
 evopasvedyokhāmukhe+anyāmukhāṁ nāḍīmūlacchidra-
 pramāṇapārśvacchidrāmabhisandhāyopalipya ca pārśva-
 cchidrasthayā nāḍya śareṣikāvamśadalakiliṅjakaraṅjapa-
 trānyatamakṛtayā gajāgrahastasamsthānayā vyāmadīrgh-
 ayā+adhyarddhavyāmadīrghayā vā svāyāmacaturbhāgā-
 ṣṭabhāgapariṇāhamūlāgrasrotasā sarvato vātaharapatras- 20
 aṁvṛtacchidrayā dvistrirvā vinamitayā sukhopaviṣṭasya
 svabhyaktaprāvṛte+aṅge bāṣpamupaharet | bāṣpo hyanṛj-
 ugāmī vihatcaṇḍavegastvacamavidahan sukhaṁ svedaya-
 tīti nāḍīsvedaḥ | puruṣāyāmamātramadhikaṁ vā ghaṇaṁ
 samaṁ sukhaṁ ca śilātalaṁ bhūpradeśaṁ vā vātaharadār-
 uḍīptenāgninā sarvatastāpayitvā+agnimapoḥyoṣṇodakāmlāḍibhirabhyul-
 yathoktapracchade samṁstaravatsvedayediti ghanāśmasve-
 daḥ | pūrvavatsvedadravyāṇi kumbhyāṁ samutkvāthyā-
 śliṣyopaviṣṭastadūṣmāṇaṁ grhṇīyāt | bhūmau vā tāṁ ni-
 khāya tadūrdhvamāsanāṁ śayanāṁ vā nātighanapracch-
 adaṁ paritaḥpralambamānakuthākambalagoṇikaṁ nidh- 30
 āya tatrasthasyoṣmāṇaṁ grhṇataḥ kumbhyāmagnivarnā-
 nayoguḍānupalāṁśca śanairnimajjayediti kumbhīsvedaḥ |
 śayanasyādho vistāradviguṇakhāte kūpe vātaharadāru-
 karīṣānyatarapūrṇadagdhe vigatadhūme svāstīrṇaśaya-
 nasthaṁ svedayediti kūpasvedaḥ | kuṭīm nātyuccavi- 35
 stārāṁ vṛttāmacchidrāmupanāhadravyakalkaghanapradi-
 gdhakudṛyāṁ sarvato vidhūmapradīptakhadirāṅgārapū-
 rṇahasantikāsamūhaparivṛtāṁ vidhāya tanmadhye ca śa-

yyāṃ tatrasthaṃ svedayediti kuṭīsvedaḥ | " iti | jentākasv-
edastvaśakyatvāna likhyate | § 4087

1.17.18 Sarvāṅgasundarā

ūṣmā-bāṣpaḥ, tadākhyāḥ sveda utkārikādibhiḥ prayo-
jyāḥ | tatra yavamāṣairāṇḍabījātasīkusumbhabījādibhiḥ
piṣṭasvinnairlapyasikākṛtiryāḥ svedanopāyāḥ sā utkār-
ikā | loṣṭaṃ-mṛtpiṇḍaḥ | kapālaṃ-karparam | upalaḥ-pāṣāṇaḥ |
5 pāṃsuḥ-dhūliḥ | tathā, patrabhaṅgena-chadasamūhena |
tathā, dhānyena | karīṣo-gavādiśakṛccūrṇaḥ | sikatā-vālukā |
tuṣo-dhānyatvak | etairutkārikādibhistuṣāntaiḥ svedo vi-
dhātavyāḥ | kimbhūtaiḥ ? anekopāyasantaptaiḥ, -aneke ca
ta upāyāśca, taiḥ santaptāḥ-uṣṇīkṛtā ya utkārikādayaḥ,
10 taiḥ | kathaṃ prayojyāḥ ? ityāha-deśakālataḥ | lyablope
pañcamī ceyam | tena deśakālāvapekṣya | upalakṣaṇaṃ
cedam | tena doṣadūṣyādīnapyapekṣya svedo+ayaṃ pra-
yojyāḥ | loṣṭakapālapāṣāṇānagnitaptān sandaṃśena gṛhī-
tvā svedyadoṣādyapekṣayā+ambhasyamle dhānyāmle śu-
15 ktādau vā nimajjayet | tadudbhūtabāṣpaiḥ svedaḥ śayana-
sthasya kāryaḥ | athavā gavādiśakṛtā+a+ardreṇa piṇḍīkṛ-
tenoṣṇena svedaḥ sa ca piṇḍasvedasaṃjñāḥ | sa eva saṅk-
arasveda ucyate | athavairāṇḍādidravyayuktāni yavādīni
dhānyāni sāmlakādīni gṛhītvā pihitamukhāyāmukhāyāṃ
20 samyagupasvedya nivāte gṛhe śayanasthe kiliñje prastī-
ryāvīkakaūseyavātaharapatrānyatamottarapracchade rau-
ravājinaprāvārādisvavacchannaṃ svedayet | athavā pūrv-
avatsvedyadravyāṇi kumbhyāmutkvāthya tannikaṭopavi-
ṣṭo ghanavastraprāvṛta ūṣmāṇaṃ gṛhṇīyāt | eṣa saṃstar-
25 asvedaḥ | evamanekopāyasantaptatvaṃ doṣadūṣyādyap-
ekṣayā nirūpya svedo yojyāḥ | § 4088

1.17.19 Aṣṭāṅgahr̥dayasaṃhitā

śigruvāraṇakairāṇḍakarañjasurasārjakāt | | 7 | |
śirīṣavāsāvaṃsārkaṃmālatīdirghavṛntataḥ | | 8 | |

patrabhaṅgairvacādyaiśca
māṃsaiścānūpavārijaiḥ | | 8 | |
daśamūlena ca pṛthak sahitairvā
yathāmalaṃ | | 9 | |
snehavadbhiḥ
surāśuktāvārikṣīrādisādhitaiḥ | | 9 | |
kumbhīrgalantīrnāḍīrvā pūrayitvā
rujārditaṃ | | 10 | |
vāsasā+a+acchāditaṃ gātraṃ snigdhaṃ 5
siñcedyathāsukhaṃ | | 10 | | § 4095

1.17.20 Sarvāṅgasundarā

śigrvādjaiḥ patrasamūhaiḥ, tathā vacādyaiḥ-vacādigaṅoktaiḥ,
tathā māṃsairānūpajairjalajaiśca, daśamūlena ca pṛthak-
vyastairdvitrāḍibhiḥ, sahitairvā-samastairvā, yathāmalaṃ
snehavadbhiḥ-doṣaharaghr̥tādyanyatamasnehayuktairyathādoṣaṃ
surāśuktavārikṣīrādisādhitaiḥ, kumbhīḥ-sthālīḥ, pūrayi- 5
tvā, athavā galantīrnāḍīrvā-anavarataṃ dhārayā jalād-
isravantīrvāridhānikāsaṃjñāḥ vaṃśādimayīḥ pūrayitvā,
rujārditaṃ-pīḍārtāṃ, gātraṃ-aṅgaṃ, vāsasā+a+acchāditaṃ
tathā snigdhaṃ sat yathāsukhaṃ-sukhasparśaṃ kadācid-
atyuṣṇaṃ kadācidīṣaduṣṇaṃ siñcet | § 4096 10

1.17.21 Āyurvedarasāyana

dravasvedamāha-śigruvāraṅaketyādi | vāraṅakaḥ-kaṅṭhakikaraṅjaḥ |
dīrghavṛntaḥ-ṭiṅṭukaḥ | śigrvādināṃ patrabhaṅgaiḥ, vacādyaiḥ-
upanāhoktaiḥ, ānūpavārijaimāṃseḥ, daśamūlena ca, iti ca-
turbhirvargaiḥ pṛthak sahitairvā doṣānusāreṇa ghr̥tādiy-
uktaiḥ surādisādhitaiḥ, galantīḥ kumbhīḥ-sacchidrā gha- 5
ṭikāḥ, nāḍīḥ-vaṃśādinālikāḥ, pūrayitvā rujārditaṃ gātraṃ
snigdhaṃ vastrācchāditaṃ ca kṛtvā tābhiḥ siñcet | eṣaḥ pa-
riṣekākhyo dravasvedaḥ | § 4097

1.17.22 Aṣṭāṅgahr̥dayasaṃhitā

taireva vā dravaiḥ pūrṇaṃ kuṇḍaṃ

sarvāṅgagē+anile | | 11 | |

avagāhyāturastiṣṭhedarśaḥkṛcchrādirukṣu

ca | | 11 | | § 4099

1.17.23 Sarvāṅgasundarā

taireva-pūrvoktaiḥ, svedadravaiḥ pūrṇaṃ kuṇḍaṃ bhṛśamavagāhya-
praviśya, āturo-rogī tiṣṭhet | kīdṛśe doṣe ? ityāha-sarvāṅgagē+anile,-
sarvaśarīravayāpini vāyau | tathā, arśaḥprabhṛtirogakaṣṭa-
pīḍāsu | ādigrahaṇena hastapādapīḍāsu ca | kuṇḍagraha-
5 ṇamupalakṣaṇārtham | tena kūpakuṭisvedau ca vedyau |
saṅgrāhe cōktaṃ (sū. a. 26)- "śayanasyādhovistārādvī-
guṇakhāte kūpe vātaharadārukārīṣānyatarapūrṇadagdhe
vigatadhūme svāstīrṇaśayanasthaṃ svedayediti kūpasv-
edaḥ | kuṭīm nātyuccavistārāṃ vṛttāmacchidrāmupanā-
10 hadravyakalkaghanapradigdhakuḍyāṃ sarvato vidhūma-
pradīptakhadirāṅgārapūrṇahasantikāsamūhaparivṛtāṃ vi-
dhāya tanmadhyasthitaśayyāsthāṃ svedayediti kuṭisv-
edaḥ | padmotpalādibhiḥ saktupiṇḍyā vā+a+acchādya
cakṣuṣī | śītairmuktāvalīpadmamukulotpalabhājanaiḥ | |
15 muhuḥ karaiśca sajalaiḥ svidyato hr̥dayaṃ spr̥ṣet |" iti |
§ 4100

1.17.24 Āyurvedarasāyana

dravasvedo dvividhaḥ,-pariṣeko+avagāhaśca | tatra pariṣekamuktivā+avagāhamā
taireveti | [taireva-pūrvoktaiḥ svedadravaiḥ pūrṇaṃ ku-
ṇḍaṃ bhṛśamavagāhya-praviśya, rogī tiṣṭhet | kadetyāha-
sarvaśarīravayāpini vāyau, tathā+arśaḥprabhṛtirogapiḍāsu |]
5 kṛcchraṃ-mūtrakṛcchraṃ | ādiśabdādaśmaryānāhahasta-
pādapīḍāsu ca | kuṇḍagrahaṇamupalakṣaṇārtham | tena
kūpakuṭisvedau ca vedyau | § 4101

1.17.25 Āyurvedarasāyana

svedavidhimāha-nivāte iti | § 4102

1.17.26 Aṣṭāṅgahr̥dayasaṃhitā

nivāte+antarbahiḥsnigdho jīrṇānaḥ
svedamācaret | | 12 | | § 4103

1.17.27 Sarvāṅgasundarā

apagatavāte deśe svedamācaret | kimbhūtaḥ ? antaḥ sneh-
apānena bahiścābhyaṅgādīnā snigdhaḥ | tathā, jīrṇānnaśca,-
yena (yasya) hyastanamannaṃ jīrṇam, āmajīrṇādyākṛā-
ntaṃ naraṃ varjayitvā tena svedārheṇa nareṇa sveda āc-
araṇīyaḥ | § 4104

5

1.17.28 Aṣṭāṅgahr̥dayasaṃhitā

vyādhyvyādhitadeśartuvaśānmadhyavarāvaram | | 12 | | § 4105

1.17.29 Sarvāṅgasundarā

vyādhyapekṣayā vyādhitāpekṣayā deśāpekṣayā ṛtvapekṣ-
ayā ca yathāvidhameva madhyamamutkr̥ṣṭaṃ hīnaṃ vā
svedamācaret | § 4106

1.17.30 Āyurvedarasāyana

vyādhyādivaśāt madhyamamātramuttamamātramadham-
amātram | § 4107

1.17.31 Aṣṭāṅgahr̥dayasaṃhitā

kaphārto rūkṣaṇaṃ rūkṣo, rūkṣaḥ snigdham
kaphānile | | 13 | | § 4108

1.17.32 Sarvāṅgasundarā

kaphārtah-kaphagrasto, rūkṣaḥ san-antarbahirasnigdho,
rūkṣaṇaṃ-na ca snigdhaṃ, svedamācaret | aparaṃ śle-
śmavāte rūkṣasnigdhaṃ-kenacidamśena rūkṣaṃ kenacid-
amśena snigdhaṃ, paryāyeṇa vā rūkṣasnigdhaṃ, evaṃv-
5 idhaṃ svedamācaret | § 4109

1.17.33 Āyurvedarasāyana

kaphe svedaviśeṣamāha-kaphe tamiti | rūkṣaṇaiḥ-rūkṣadravyaiḥ,
sneharahitaiḥ | taṃ-svedam | rūkṣaḥ-puruṣo nāntarba-
ḥsnigdhaḥ | kaphānile viśeṣamāha-rūkṣaḥ snigdhamiti |
rūkṣaḥ-puruṣaḥ | snigdhaṃ-svedam | § 4110

1.17.34 Aṣṭāṅgahr̥dayasaṃhitā

āmāśayagate vāyau kaphe pakvāśayāśrite | | 13 | |
rūkṣapūrvam tathā snehapūrvam
sthānānurodhataḥ | | 14 | | § 4112

1.17.35 Sarvāṅgasundarā

āmāśayaṃ gataḥ-āmāśayagataḥ, pakvāśayamāśritaḥ-pakvāśayāśritaḥ,
dvitīyā śriteti samāsaḥ | vāyāvāmāśayagate kaphe ca pa-
kvāśayāśrite yathāsaṅkhyena rūkṣapūrvam snehapūrvam
ca svedamācaret | āmāśayagate vāta ādau rūkṣaḥ svedaḥ
5 kāryaḥ paścātsnigdhaḥ | tathā, pakvāśayagate kapha ādau
snigdhaḥ svedaḥ, paścādrūkṣa ityārthaḥ | kuta evaṃ ni-
yamah ? ityāha-sthānānurodhataḥ,-sthānavaśāt | vāyury-
ataḥ āmāśaya āgantuh, sthānaṃ ca tat śleṣmaṇaḥ, tadv-
aśāttatrādau rūkṣa eva svedo yojyaḥ, paścāt snigdha iti |
10 kaphaśca pakvāśaya āgantuh, sthānaṃ ca tadvāyoḥ, ataḥ
pūrvam snigdhaḥ svedo yojyaḥ, paścādrūkṣa iti pūrvokta
eva nyāyo yojyaḥ | tathā cuktam (hr̥. sū. a. 13 | 20) - "tatrā-
nyasthānasamstheṣu tadīyām" iti | tathā (hr̥. sū. a. 13 | 29)
- "āgantum śamayeddoṣam sthāninaṃ pratikṛtya vā |"
15 iti | tasmātpūrvam rūkṣeṇa sthāninaṃ kapham pratikṛtya

paścādāgantukasya vāyoḥ śamanam snigdhasvedākhyam
prayojyamiti | nanu, vāyorāmāśaye kopo+anupapannaḥ |
yato marut laghvādiguṇayuktaḥ | āmāśayastu gurumṛdu- 5
picchilādiyuktaḥ | ataḥ śama evopapanna iti kecit | etaccā-
yuktaḥ | balino hyanyāśrayasthasyāpi kopo yuktaḥ | mā- 5
rgarodhācca vāyorāmāśaye+api prakopasambhava iti | ta-
thā ca vakṣyati (hr̥. ci. a. 6 | 57) - "prāyo+anilo ruddhaga-
tiḥ kupyatyāmāśaye gataḥ |" iti | tathā coktam (hr̥. sū. a.
13 | 19) - "te kālādibalaḥ labdhvā kupyantyanyāśrayeṣv-
api |" iti | § 4113 10

1.17.36 Sarvāṅgasundarā

sthānabhedena viśeṣamāha-āmetyādi, rūkṣapūrvamiti |
rūkṣapūrvam-prathamam rūkṣam tataḥ snigdham | snehapūrvam-
prathamam snigdham tato rūkṣam | sthānānurodhataḥ-
sthānipratīkārāpūrvakamāgantupratīkārasyoktatvāt | § 4114

1.17.37 Aṣṭāṅgahr̥dayasaṃhitā

alpam vaṅkṣaṇayoḥ, svalpam dṛṅmuṣkahṛdaye na
vā | | 14 | | § 4115

1.17.38 Sarvāṅgasundarā

vaṅkṣaṇayoralpameveti yojyam | dṛṣormuṣkayorhr̥di cāty-
alpameveti | athavā dṛgādiṣu svedam nācaredeva | § 4116

1.17.39 Āyurvedarasāyana

avayavabhedena viśeṣamāha-alpamiti | vaṅkṣaṇayoralpam
svedamācaret | dṛgādiṣvatyalpameva, naiva vā | saṅgrahe
tu (sū. a. 26) - "padmotpalādibhiḥ saktupiṇḍyā vā+a+acchādya
cakṣuṣī | śītairmuktāvalīpadmakumudotpalabhājanaiḥ | |
muhūḥ karaiśca sajalaiḥ svidyato hr̥dayam spr̥set |" iti | 5
§ 4117

1.17.40 Aṣṭāṅgahr̥dayasaṃhitā

śītaśūlakṣaye svinno jāte+āṅgānām ca mār̥dave | | 15 | |
syācchanairmṛditaḥ snāstataḥ snehavidhiṃ
bhajet | | 15 | | § 4119

1.17.41 Sarvāṅgasundarā

śītaśūlayoḥ kṣaye sañjāte sati, āṅgānām-pāṇipādādīnām
ca, mār̥dave-mṛdutve jāte sati, svinno naraḥ syāt | sa
ca svinnāḥ śanairmṛdito-mandaṃ marditāṅgaḥ, snātaḥ-
uṣṇodakena, [tataḥ-] anantaram, snehokta (sneha)
5 vidhiṃ-'uṣṇodakopacārī syāt' ityādikaṃ, bhajet | § 4120

1.17.42 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-samyaksvinnalakṣaṇamāha-śītaśūlakṣaya iti |
śītaśūlayornivṛttāvaṅgamār̥dave ca svinnāḥ
syāt | svinnasya kṛtyamāha-śanairiti |
śanairmṛdito-yathāsukhaṃ kṛtamardanaḥ |
snehavidhiṃ-
snehanoktāhāravihārānyamam | § 4121

1.17.43 Aṣṭāṅgahr̥dayasaṃhitā

pittāsrakopatṛṇmūr̥cchāsvarāṅgasadanabhramāḥ | | 16 | |
sandhipīḍā jvaraḥ
śyāvaraktamaṇḍaladarśanam | | 16 | |
svedātiyogācchardīśca, tatra
stambhanamauśadham | | 17 | |
viśakṣārāgnyatīśaracchardimohātureṣu
ca | | 17 | | § 4125

1.17.44 Sarvāṅgasundarā

svedasyātiyogāt raktapittakopādayo bhavanti, chardiśca |
mūrcchā-mohaḥ | svarāṅgayoḥ sadanena sambandhaḥ |
bhramaḥ-ajñānam | śyāvāni ca raktāni ca śyāvarakt-
āni, tānyevambhūtāni yāni maṇḍalāni teṣāṃ darśanaṃ-
upalambhaḥ | tatra-svedātiyoge, stambhanaṃ-vakṣyamāṇaṃ auśadhaṃ
kāryam | tathā, viśādyātureṣvapi stambhanaṃ eva auśadhaṃ
kāryam | tathā, viśādyātureṣvapi stambhanaṃ eva auśadhaṃ
nyāyamyarthah | § 4126

1.17.45 Āyurvedarasāyana

atisvinnalakṣaṇamāha-pittāsrakopeti | atisvinnasyauśadhamāha-
tatra stambhanamiti | prasaṅgādviśādiṣvapi stambhanamauśadhamāha-
viṣetyādi | kṣārāgnyāturaḥ-kṣārāgnidagdhah | mohāturo-
mūrcchāvān | § 4127

1.17.46 Āyurvedarasāyana

svedanadravyamāha-svedanamiti | stambhanadravyamāha-
stambhanamiti | anyathā-laghumandaśītam, tiktādirasaṃ
ca | § 4128

1.17.47 Aṣṭāṅgahr̥dayasaṃhitā

svedanaṃ guru tīkṣṇoṣṇaṃ prāyaḥ,
stambhanamanyathā | | 18 | |
dravasthiraśarasnigdharūkṣasūkṣmaṃ ca
bheṣajam | | 18 | |
svedanaṃ, stambhanaṃ ślakṣṇaṃ
rūkṣasūkṣmasaradravam | | 19 | |
prāyāstiktaṃ kaṣāyaṃ ca madhuraṃ ca
samāsataḥ | | 19 | | § 4132

1.17.48 Sarvāṅgasundarā

guru yaddravyaṃ tīkṣṇamuṣṇaṃ ca, tadbāhulyena sved-
anaṃ bhavati | prāyograhaṇāt bhayaśokādīkamagurvapi
gr̥hyate | anyathā-ato vaiparītyena, stambhanaṃ bhavati |
dravādiguṇayuktaṃ yat tat dravyaṃ svedanaṃ bhavati |
5 tathā, ślakṣṇādiyuktaṃ tat samāsataḥ stambhanaṃ bhav-
ati | adhunā rasataḥ stambhanaṃ nirdiśannāha-prāya ity-
ādi | prāyaḥ saṅkṣeṇa tiktaṃ kaṣāyaṃ madhuraṃ ca st-
ambhanaṃ bhavati | § 4133

1.17.49 Aṣṭāṅgahr̥dayasaṃhitā

stambhitaḥ syādbale labdhe
yathoktāmayasankṣayāt | | 20 | | § 4134

1.17.50 Sarvāṅgasundarā

bale labdhe-jāte sati, yathoktānām rogānām ca saṅkṣayāt
stambhito naraḥ syāt | § 4135

1.17.51 Āyurvedarasāyana

stambhitalakṣaṇamāha-stambhita iti | yathoktāḥ-pittāsrakopādayo
viśādayaśca | § 4136

1.17.52 Aṣṭāṅgahr̥dayasaṃhitā

stambhatvaksnāyusaṅkocakampahr̥dvāgdhanugrahaiḥ | | 20 | |
pādausṭhatvakkaraiḥ
śyāvairatistambhitamādiśet | | 21 | | § 4138

1.17.53 Sarvāṅgasundarā

tvak ca snāyuśca, tayoh saṅkocaḥ | hr̥dayādīnām graheṇa
sambandhaḥ | tataḥ stambhādīnām dvandvaḥ | stambh-
ādibhistathā śyāvaiḥ pādādibhiratistambhitaṃ kathayet |
§ 4139

1.17.54 Āyurvedarasāyana

atistambhitalakṣaṇamāha-stambhatvagityādi | hṛdayavac-
ohanūnām grahaḥ | § 4140

1.17.55 Aṣṭāṅghṛdayasamhitā

na svedayedatisthūlarūkṣadurbalamūrccitān | | 21 | |
stambhanīyakṣatakṣīnakṣāmamadyavikāriṇaḥ | | 22 | |
timirodaravīsarpakuṣṭhaśoṣāḍhyarogīṇaḥ | | 22 | |
pītadugdhadadhisnehamadhūn
kṛtavirecanān | | 23 | |
bhraṣṭadagdhagudaglānikrodhaśokabhayārditān | | 23 | |
kṣuttrṣṇākāmalāpāṇḍumehinaḥ
pittapīditān | | 24 | |
garbhiṇīm puṣpitām sūtām, mṛdu cātyayike
gade | | 24 | | § 4147

1.17.56 Sarvāṅgasundarā

atisthūladīnna svedayet | atisthūlasya svedena medovil-
ayanādatyantam śarīrakṣobhaḥ syāt | rūkṣādīnām kārśy-
amatiśayena bhavet | 'madyavikāriṇaḥ' ityaviśeṣoktāvapi
pittādyanyeṣām saṅgrahaḥ | pittamadyavikāriṇastu 'pitt-
apīditān' ityanenaiva saṅgrhītāḥ | āḍhyaroge-vātaraktam | 5
bhraṣṭadagdhagudāḥ-atīśārakṣārāgnyādibhiḥ | glānyādī-
nāmarditena sambandhaḥ | kṣudhādīnām mehāntānām
dvandvaḥ, tato matvarthīya iniḥ | kṣudhvataḥ svedādaty-
antam dehaḥ | kāmālāpāṇḍumatoh svedena pittavṛ-
ddhyā rogavṛddhiḥ | yasmādadhyeṣyate (hṛ. ni. a. 13 | 15) 10
- "pittapradhānāḥ kupitāḥ" ityādi | tathā, (hṛ. ni. a. 13 | 15)
- "yaḥ pāṇḍurogī seveta pittalam tasya kāmālām |" ity-
ādi | mehinastu svedavṛddhyā rogavṛddhiḥ | garbhiṇyāḥ
svedena garbhavyāpat | puṣpitāyā raktātipravṛttiḥ | sūtā-
yāḥ kārśyam | mṛdu ceti | yadaiśamatisthūlādīnāmātyay- 15
iko vyādhiḥ-visūcikādiḥ syāt, tadaite mṛdu svedayitavyā
eva | § 4148

1.17.57 Āyurvedarasāyana

sthūlādīnāṃ svedanaṃ niṣedhati-na svedayediti | stambhanīyāḥ-
viṣādayaḥ | kṣataḥ-urahaḥkṣatī | kṣīṇaḥ-kṣayarogī | kṣāmaḥ-
kr̥śaḥ | śoṣo-mukhaśoṣaḥ | ādhyarogovātaraktam | bhraṣṭ-
agudo dagdhagudaśca | puṣpitā-ṛtumatī | ātyayike gade
5 asvedyānapi mṛdu svedayet, tathā+apyanupaśame tīvraṃ
vā svedayedityāha-mṛdu ceti | § 4149

1.17.58 Aṣṭāṅgahr̥dayasaṃhitā

śvāsakāsapratīśyāyahidhmādhmānavibandhiṣu | | 25 | |
svarabhedānilavyādhiśleṣmāmastambhagaurave | | 25 | |
aṅgamardakaṭīpārśvapr̥sthakukṣihanugrahe | | 26 | |
mahatve muṣkayoḥ khalyāmāyāme
vātakaṅtake | | 26 | |
5 mūtrakṛcchrārbudagranthīśukraghātāḍhyamārute | | 27 | |
svedaṃ yathāyatham
kuryāttadauśadhavibhāgataḥ | | 27 | | § 4155

1.17.59 Sarvāṅgasundarā

śvāsādīnāṃ vibandhāntānāṃ dvandvaḥ | śvāsādīmatsu
yathāsvaṃ svedaṃ kuryāt,- kvacittāpaṃ kvacidupanā-
haṃ kvacidūṣmāṇaṃ kvacidravamiti | katham ? teṣvauṣ-
adhāni tadauśadhāni, teṣāṃ vibhāgo-yathāsvamupayogaḥ,
5 tena,- tadauśadhavibhāgena svedaṃ kuryāt | "khallī tīvra-
rujānvitā | " iti (hr̥. ni. a. 15 | 55) vātavyādhau vakṣyate, āy-
āmavātakaṅtakau ca | āḍhyamārutaḥ-ūrustambhaḥ | § 4156

1.17.60 Āyurvedarasāyana

svedasādhyān rogānāha-śvāsakāsetyādi | muṣkayormahattve-
vṛddhiroge | khalyāṃ-hastapādāvamoṭane | āyāme-bāhyāyāmādau |
saṅgrahe tu (sū. a. 26) - "svarabhedānilavyādhipakṣāghā-
tāpatānake | vepathuśvayathusvāpastambhajṛmbhāmaga-
5 urave | | karṇamanyāśīraḥkoṣṭhajaṅghāpādorurukṣu ca | "
iti | svinnasya kṛtyamuktaṃ saṅgrahe (sū. a. 26) -"svinno+annaṃ

pathyamaśnīyāddoṣarogānurodhataḥ | tadahaḥ svinnasa-
rvāṅgo vyāyāmaṃ sutarāṃ tyajet | |" iti | § 4157

1.17.61 Aṣṭāṅgahr̥dayasaṃhitā

svedo hitastvanāgneyo vāte medaḥkaphāvr̥te | |28 | | § 4158

1.17.62 Sarvāṅgasundarā

medaḥkaphābhyāṃ pavana āvr̥te satyanāgneyaḥ svedo hi-
taḥ | amāgneya ityagnerḍhak, tato nañ+a+asamāsaḥ | § 4159

1.17.63 Āyurvedarasāyana

anāgneyasvedasya viṣayamāha-sveda iti | § 4160

1.17.64 Aṣṭāṅgahr̥dayasaṃhitā

nivātaṃ gr̥hamāyāso guruprāvaraṇaṃ bhayam | |28 | |
upanāhāhavakrodhā bhūripānaṃ
kṣudhā+a+atapaḥ | |30 | |
28 1/2 | |30 | | § 4163

1.17.65 Sarvāṅgasundarā

nivātagr̥hādayo+anāgneyāḥ svedāḥ | āyāso-vyāyāmaḥ | guruprāvaraṇaṃ
rallakādi | bhayaṃ-khaḍgahastarājapurūṣadarśanādinā | up-
anāho+apyanāgneyaḥ svedaḥ, upanāhasya dvaividhyāt |
tatra "upanāho vacākiṇva" ityādirāgneyaḥ, tatra "tāpo+agnitaptavasana"
ityanuvṛtteḥ | anāgneyastu-"snigdhoṣṇavīryairmṛdubhiścarmapaṭṭaiḥ"
ityādikaḥ | āhavaḥ-samaraḥ | bhūripānaṃ-bahumadyapānam |
§ 4164

1.17.66 Āyurvedarasāyana

anāgneyasvedasya bhedaṅnāha-nivātamiti | nivātagr̥hād-
ayo daśa bhedaḥ | upanāho-vacādibhiranagnitaptaiḥ kṛ-
taḥ | āhavo-yuddham | bhūripānaṃ-bahumadyapānam |
svedasya phalamuktaṃ saṅgrahe (sū. a. 26) -"agnerdīptiṃ
5 mār̥davaṃ tvakprasādaṃ bhaktaśraddhāṃ srotasāṃ ni-
r̥malatvam | kuryātsvedo jāḍyatandrāpahāraṃ stabdhān
sandhīm̥śreṣṭayatyāśu cāsyā | |" iti | § 4165

1.17.67 Āyurvedarasāyana

svedanasya śodhanāṅgatvamāha-snehaklinnā iti | asthiś-
abdena madhyamamārgo lakṣyate | dhātugānāṃ srotolī-
nānāṃ [ca] punarupādānaṃ svedaikasādhyatvajñāpanā-
r̥tham | mārgatrayakathanena hi te+apyuktāḥ | iti hem-
5 ādriṭikāyām̥āyurvedarasāyane | saṃsvedanaprakaraṇaṃ
sāmastyena nirūpitam | | 17 | | § 4166

1.17.68 Aṣṭāṅgahr̥dayasaṃhitā

snehaklinnāḥ koṣṭhagā dhātugā vā srotolīnā ye ca
śākhāsthisaṃsthāḥ | | 17 | |
doṣāḥ svedaiste dravīkṛtya koṣṭhaṃ nītāḥ
samyak śuddhibhirnirhriyante | | 17 | |
29 1/2 | | 17 | |
iti śrī vaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyām̥
sūtrasthāne svedavidhiraṇāma
saptadaśo+adhyāyaḥ | | 17 | | § 4170

1.17.69 Sarvāṅgasundarā

te doṣāḥ samyak-suṣṭhu, śuddhibhiḥ-vamanavirecanalakṣaṇābhiḥ,
nirhriyante-niṣkāsyante | ke doṣāḥ ? ityāha-snehaklinnā
ye, tathā koṣṭhagā dhātusthāśca, tathā srotolīnāḥ, ta-
tthā śākhāsvasthiṣu ca sthitāḥ | kimbhūtāḥ ? svedai-
5 r̥dravīkṛtya koṣṭhaṃ nītāḥ-udaraṃ prāpitāḥ | śālinīvr̥-

ttam | iti śrīmṛgāṅkadattaputraśrīmadaruṇadattaviracitā-
yāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarvāṅgasundarākhyāyāṃ sū-
trasthāne svedavidhyadhyāyaḥ saptadaśaḥ samāptaḥ | |
17 | | § 4171

1.18 vamanavirecanavidhiradhyāyaḥ : 18

1.18.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto vamanavirecanavidhimadhyāyaṃ
vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 4173

1.18.2 Sarvāṅgasundarā

athāta ityādi | vamaṇaṃ ca virecanaṃ ca, tayorvidhiḥ | śe-
ṣaṃ pūrvavadvyākhyeyam | tatra yathoddeśatayā nirdeśa
iti pūrvam vamanavidhimācaṣṭe | athavā virekātpūrvam
vamanasyopanyāso yuktaḥ, hr̥takaphasya hi samyagvir- 5
ekā bhavanti | tathā cōktaṃ (carake si. a. 1 | 8) - "viricyate
mandakaphastu samyak" iti | § 4174

1.18.3 Āyurvedarasāyana

kramaprāptaṃ vamanavirecanavidhimadhyāyaṃ vyākhy-
ātum pratijānīte-atheti | vamanavirecanayorlakṣaṇamu-
ktaṃ saṅgrāhe (sū. a. 27) - "doṣaharaṇamurdhvabhāgaṃ
vamanākhyam, adhobhāgaṃ virecanākhyam, ubhayaṃ vā
malavirecanādvirecanamityucyate | tatroṣṇatīkṣṇasūkṣm- 5
avyavāyivikāśīnyauśadhāni svavīryeṇa hr̥dayamupetya
saukṣmyāvdyavāyitvācca dhamanīranusṛtya snehena mṛ-
dūkr̥te+antaḥsarīre svedoṣmaṇā+a+ardradāruvadviṣyandite
sthūlāṇusrotobhyaḥ sakalamapi doṣasaṅghātamausṇyāt 10
punarviṣyandayanti | taikṣṇyādvikāśitvācca vicchindaya-
nti | sa viṣyannavicchinno doṣasaṅghātaḥ pariplavan sne-

hāktabhājanastha ivodakāñjalirasajjannanupravaṇabhāvā-
dāmāśayamāgamyodānapraṇunno+agnivāyvātmakatvādu-
rdhvabhāgaprabhāvāccaṣadhasyordhvaṃ pravartate | sa-
lilapṛthivyātmakatvādadhobhāgaprabhāvāccaṣadhasyādhaḥ |
5 ubhayataścobhayaguṇatvādubhayabhāgaprabhāvācca | " iti |
§ 4175

1.18.4 Aṣṭāṅgahr̥dayasaṃhitā

kaphe vidadhyādvamanam saṃyoge vā
kapholbaṇe | | 1 | |
tadvadvirecanam
pitte----- | | 1 | | § 4177

1.18.5 Sarvāṅgasundarā

śleṣmaṇi vamanam kuryāt, saṃyoge ca kaphādhike | tatra
ca pittakaphavān vamanam kuryāt | yathā,-kaphe kaphā-
dhike saṃyoge vamanam kuryāt tathaiva pitte pittādhike
vā saṃyoge virecanam kuryāditi tadvacchabdasyārthaḥ |
5 § 4178

1.18.6 Āyurvedarasāyana

vamanavirecanayoḥ sāmānyato viṣayamāha kaphe vidad-
dhyāditi | tadvat-pittolbaṇe vā saṃyoge | § 4179

1.18.7 Aṣṭāṅgahr̥dayasaṃhitā

-----viśeṣeṇa tu vāmayet | | 1 | |
navajvarātisārādhaḥpittāsrgrājayakṣmiṇaḥ | | 2 | |
kuṣṭhamehāpacīgranthiślīpadonmādakāsinaḥ | | 2 | |
śvāsahṛllāsavīsarpastanyadoṣordhvaroginaḥ | | 3 | | § 4183

1.18.8 Sarvāṅgasundarā

viśeṣeṇa punarnavajvarātisārādīn ūrdhvarogaparyantān
vāmayet | [navajvarādīnām yakṣmāntānām dvandva
iniḥ | evaṃ ca kuṣṭhādīnām kāsāntānām śvāsādīnāmū-
rdhvarogāntānām ca dvandve inī kāryau | § 4184

1.18.9 Sarvāṅgasundarā

vamanasya viśeṣato viṣayamāha-viśeṣeṇeti, navajvareti,
kuṣṭhameheti, śvāseti | ūrdhvarogāḥ-jatrūrdhvarogāḥ | sa-
ṅgrahe tu (sū. a. 27) - "viṣapītadaṣṭadigdhaviddhaviru-
ddhājīrṇānnaviṣūcikālasakāvīpākārocakārbudamedogadā-
pasmārapāṇḍurogā doṣabhedīyoktāśca śleṣmavyādhayaḥ |" 5
ityadhikāḥ | yuktiśca, (saṃ. sū. a. 27) -"ete hi paraṃ va-
manena nāsamupayānti, salilāpagamādanīṣpannaśālyādi-
vat |" iti | § 4185

1.18.10 Aṣṭāṅgahr̥dayasaṃhitā

avāmyā garbhiṇī rūkṣaḥ kṣudhito nityaduḥkhiṭaḥ | | 3 | |
bālavṛddhakṛśasthūlahṛdrogikṣatadurbalāḥ | | 4 | |
prasaktavamathuplīhatimirakrimikoṣṭhinaḥ | | 4 | |
ūrdhvapravṛttavāyvasradattabastihatasvarāḥ | | 5 | |
mūtrāghātyudarī gulmī 5
durvamo+atyagnirarśasaḥ | | 5 | |
udāvartabhramāṣṭhīlāpārśvarugvātarogīnaḥ | | 6 | |
ṛte viṣagarājīrṇaviruddhābhyavahāra-
taḥ | | 6 | | § 4192

1.18.11 Sarvāṅgasundarā

garbhiṇyādayo vātarogāntā avāmyāḥ | arśāṃsi vidyante
yasya so+arśasaḥ | "arśāādibhyaśca" ityac | tatra garbhiṇyā
vamanādgarbhavyāpadgarbhabhramśaśca (śācca) dāruṇ-
arogasya raktapittāderidbhūtiḥ | rūkṣasya vāyuh vāgg-
nuhastādīnām vyāpārāyatīrhatvā hanvādīnām grahaṃ ku- 5
ryāt | kṣudhitasya nityaduḥkhiṭasya ca vāyunā kṣapitaś-

arīratvādbalakṣayaḥ syāt | bālādīnāmauśadhabalākṣama-
tvāt baloparodhaḥ syāt | hṛdrogādīnām hṛdayoparodhaḥ |
prasaktacchardīnāmudāno vāyurutkṣipyā prāṇānapi hi-
mṣyāt | evamanyatrāpi rogodgamaścintyaḥ | [kiṃ sarvad-
5 aiva garbhīṇyādayo+avāmyāḥ ? uta kasyāñcidavasthāyām
vāmyāḥ, ityāha-] ṛta ityādi | viśādyabhyavahāramantar-
eṇa | viśādyabhyavahāre tu vāmyā evaite | § 4193

1.18.12 Āyurvedarasāyana

avāmyānāha-avāmyā iti, bāleti, prasakteti, ūrdhveti, mūtr-
āghātīti, udāvarteti, ṛta iti | prasaktavamathuḥ-chardyanurodhanāt |
kṛmikoṣṭhī _kṛmibahulakoṣṭhaḥ | ūrdhvam pravṛtto vā-
yurasraṃ ca yasya | hatasvarādayaḥ udāvartādayaśca |
5 viśādibhya ṛte | viśapānādayo tu garbhīṇyādayo+api vā-
myāḥ | viruddhābhyavahāraḥ-"ānūpamāmiṣaṃ māṣa" (hṛ.
sū. a. 7 | 30) ityādyuktaḥ | saṅgrahe tu (sū. a. 27) - "ta-
tra garbhīṇyā garbhavyāpadāmagarbhahraṃśācca dār-
uṇarogaprāptiḥ syāt | sukumārasya hṛdayavikarṣaṇādū-
10 rdhvamadho vā rudhirapravṛttiḥ | anyakāryavyagrasya-
uśadham na pravartate, kṛcchreṇa vā pravartamānamay-
ogadoṣān kuryāt | rūkṣasya vāyuraṅgagrahaṇam | rūkṣ-
āśanaprāyasya vāyunā kṣapitadoṣatvādbalakṣayaḥ syāt |
tathā+atidīptāgneragnibalena | bhārādhvakarmanityayā-
15 naklāntānām prayāsenā | kṣatasya bhūyaḥ kṣaṇanādr-
aktātipravṛttiḥ | kṣīṇādīnāmauśadhabalākṣamatvāddeha-
baloparodho+antaḥkṣatabhayam ca | prasaktacchardiyū-
rdhvaraktapittayorudānamutkṣipyā prāṇān haret, rakt-
avā+atipravartayet | ūrdhvavātāsthāpitānuvāsītānamurdhva-
20 vātādipravṛttiḥ | saṃvṛtakoṣṭhasya duścchardasya cātim-
ātrapravāhaṇādantaḥkoṣṭhe samutkliṣṭairdoṣairvisarpast-
ambhajāḍyaivaicityāni maraṇam vā | hṛdrogiṇo hṛdayo-
parodhaḥ | udāvartādibhirartānāmarditādibhiścha yathā-
yathamāmayavṛddhirmaraṇam vā | kṛmikoṣṭhasyāsthāp-
25 anenādhaḥ pūrvamanirhṛtaiḥ kṛmibhiratibahutvādaśeṣā-
nihsaraṇena hṛdayamatikarṣadbhiścchardiṣo+atipravṛttiḥ
syāt | " iti | § 4194

1.18.13 Aṣṭāṅgahr̥dayasaṃhitā

prasaktavamathoḥ pūrve prāyeṇāmajvaro+api ca | |7| |
dhūmāntaiḥ karmabhirvarjyāḥ, sarvaireva
tvajīrṇinaḥ | |7| | § 4196

1.18.14 Sarvāṅgasundarā

prasaktavamathoḥ pūrve-pūrvasthitā durbalāntā ekādaśā-
turāḥ, tathā+a+amajvaraśca | te sarve dhūmāntaiḥ karm-
abhiḥ prāyeṇa varjyāḥ, na kevalaṃ vamanenaiva | dhū-
magrahaṇaṃ gaṇḍūṣādikarmaṇaḥ parihārārtham | prāy-
ograhaṇamaṣṭamāsāyā garbhiṇyā nirūhā na varjyā iti sūc- 5
anārtham | tathā, sadyobhuktasya jvaritasya sato vaman-
ānujñānārtham | tu-punaḥ, ajīrṇinaḥ puruṣāḥ sarvaireva-
vamanādibhirgaṇḍūṣādibhiśca varjyāḥ | āmadoṣabhayātt-
airvamanādayo na sevyā ityārthaḥ | atrāpi prāyograhaṇ-
amanuvartate | sadyo+ajīrṇināṃ hi vamanamanujñātam- 10
eva | § 4197

1.18.15 Āyurvedarasāyana

prasaṅgādgARBhiṇyādiṣvekādaśasu navajvare ca virecanabastinasyadhūm-
prasaktavamathoriti | ajīrṇināṃ sarvāṇi karmāṇi niṣedhati-
sarvaireveti | sarvaiḥ-virecanādyaigraṇḍūṣāntaiśca | vam-
anaṃ tu viśeṣato vidhānāt kartavyam | saṅgrahe tu (sū.
a. 27) -"ajīrṇī tu sarvaireva vamanavarjyairāmadoṣabhayāt, 5
navajvaraśca doṣastambhabhayāditi | " iti | § 4198

1.18.16 Aṣṭāṅgahr̥dayasaṃhitā

virekasādhyā gulmārśovisphoṭavyaṅgakāmalāḥ | |8| |
jīrṇajvarodaragaracchardiplīhahalīmakāḥ | |8| |
vidradhistimiraṃ kācaḥ syandaḥ
pakvāśavyathā | |9| |
yonīśukrāśrayā rogāḥ koṣṭhagāḥ kṛmayo
vraṇāḥ | |9| |

vātāsrāmūrdhvagaṃ raktaṃ mūtrāghātaḥ
śakṛdgrahaḥ | | 10 | |
vāmyāśca kuṣṭhamehādyāḥ-----
| | 10 | | § 4204

1.18.17 Sarvāṅgasundarā

virekeṇa sādhyāḥ-upakramyāḥ, gulmādayaḥ śakṛdgraha-
paryantāḥ | pakvāśaye vyathā pakvāśayavyathā | vāmyā-
śceti caḥ samuccaye | ye ca kuṣṭhādyā ūrdhvarogaparya-
ntā vamanārḥā uktāste ca virecyāḥ | § 4205

1.18.18 Āyurvedarasāyana

virecanasya viśeṣato viśayamāha-virekasādhyā iti, jīrṇajv-
areti, vidradhiriti, yonīti, vātāsrāmiti, vāmyāśceti | saṅgr-
ahe tu (sū. a. 27) -"bhagandarākṣipākakṣārāgnidagdhaśiraḥśūlodāvartā
doṣabhedīyoktāśca pittavyādhyāḥ | " ityadhikam | yukti-
5 śca, (sam. sū. a. 27) -"ete hi paraṃ virecanena nāśamupay-
āntyagnyapanayanenāgnigr̥hatāpavat | " iti | § 4206

1.18.19 Sarvāṅgasundarā

avirecyānāha-na tu recyā iti | kṣatapāyuh-kṣatagudaḥ |
saśalyaḥ-anuddṛtaśalyaḥ | āsthāpitaḥ-kṛtanirūhaḥ | śoṣī-
rājayakṣmī | saṅgrahe tu (sū. a. 27) -"tatra navajvarasyā-
vipakvān doṣān na nirharet, vātameva ca kopayet | ati-
5 sāryadhogaraktapittayoratipravṛtṭyā hanyāt | kṣataguda-
sya gude prāṇoparodhakarīṃ rujāṃ janayet | laṅghitād-
ayo bheṣajavegaṃ na saheran | rājayakṣmārtasya kṣīṇadh-
ātutayā malabalatvam, tadabhāvāddehanāśaḥ syāt | mad-
ātyayārtasya madyakṣīṇe dehe vāyuh prāṇoparodhāya |
10 ādhmātasya puriṣāśaye nicito vāyurvisarpan sahasā tivr-
ataramādhmānaṃ maraṇaṃ vā janayet | saśalyābhihata-
yoh kṣate vāyurāśrito jīvitaṃ himsyāt | atisnigdhasyātiy-
ogo bhavet | krūrakoṣṭhasyaauśadhoddhatā doṣā hyaprav-
artamānā hṛdayaśūlaparvabhedānāhacchardimūrccākla-
15 mān janayitvā prāṇān hanyuh | garbhīnyādīnāṃ pūrvokto
doṣaḥ syāt | " iti | pūrvokto-vamanoktaḥ | § 4207

1.18.20 Aṣṭāṅgahr̥dayasaṃhitā

-----na tu recyā navajvarī | | 10 | |
alpāgryadhogapittāsrakṣatapāyvatīsārīṇaḥ | | 11 | |
saśalyāsthāpitakrūrakoṣṭhātisnigdhasoṣīṇaḥ | | 11 | | § 4210

1.18.21 Sarvāṅgasundarā

turavadhāraṇe | navajvaro naiva recyaḥ | tasya hi vire-
canamapakvān doṣānānirharan vātakopāyaiva syāt | ya-
kṣmādīnāṃ tvavasthāvaśānmṛdivirecyatvamanujñātam-
eva | yathā ca paṭhiṣyati (hr̥. ci. a. 5 | 1)- "balino bahud-
oṣasya snigdhasvinnasya śodhanam | ūrdhvādho yakṣm- 5
iṇaḥ kuryātsasnehaṃ yanna karśanam | |" iti [yakṣma-
naḥ] | tathā (hr̥. ci. a. 9 | 4) - "api cādhmānagurutāśūla-
staimityakāriṇi | prāṇadā prāṇadā doṣe vibaddhe sampr-
avartinī | |" ityādinā+atīsārasyāpi mṛdivirecanamanujñā-
tam | naivaṃ navajvarasya svalpavirecyatvaṃ kadā+api | 10
alpāgnyādayaḥ śoṣyantā na virecyāḥ | tatrālpāgnirabala-
tvādbheṣajavegaṃ na saḥate | adhogaraktapittātīsārīṇor-
atipravṛtṭyā hanyāt | kṣatapāyoḥ prāṇoparodhakarīm ru-
jāṃ janayet | saśalyasya kṣate vāyurāśrito jīvitam hiṃsyāt |
āsthāpitasya bheṣajavegāsahanādbaloparodhaḥ syāt | krū- 15
rakoṣṭhasya uṣadhoddhatā doṣā hyappravartamānā hr̥daya-
śūlaparvabhedānāhacchardimūrccchākṣamān janayitvā pr-
āṇān hanyuḥ | atisnigdhasyātiyogāya syāt | śoṣīṇaḥ kṣiṇ-
adhātutayā malabalatvam, tadabhāvāddehavināśaḥ syād-
iti | § 4211 20

1.18.22 Aṣṭāṅgahr̥dayasaṃhitā

atha sādihāraṇe kāle snigdhasvinnam yathāvidhi | | 12 | |
śvovamyamutkliṣṭakapham
matsyamāṣatilādibhiḥ | | 12 | |
niśāṃ suptaṃ sujīrṇānnaṃ pūrvāhṇe
kṛtamaṅgalam | | 13 | |

- nirannamīṣatsnigdham vā peyayā
 pītasarpiṣam | | 13 | |
 vṛddhabālābalaklībabhīrūn
 rogānurodhataḥ | | 14 | |
 ākaṅṭham pāyitānmadyam kṣīramikṣurasam
 rasam | | 14 | |
 yathāvikāravihitām
 madhusaindhavasamyutām | | 15 | |
 5 koṣṭham vibhajya bhaiṣajyamātrām
 mantrābhimantritām | | 15 | |
 "brahmadakṣāśvirudrendrabhūcandrārkanīlānalāḥ | | 16 | |
 ṛṣayaḥ sauśadhigrāmā bhūtasāṅghāśca pāntu
 vaḥ | | 16 | |
 rasāyanamivarṣiṇāmamarāṇāmivāmṛtam | | 17 | |
 sudhevottamanāgānām bhaiṣajyamidamastu
 te | | 17 | |
 10 aum namo bhagavate bhaiṣajyagurave
 vaidūryaprabharājāya | | 18 | |
 tathāgatāyārḥate samyaksambuddhāya | | 18 | |
 tadyathā | | 18 | |
 aum bhaiṣajye bhaiṣajye mahābhaiṣajye
 samudrate svāhā | | 18 | |
 " prāṇmukham
 pāyayet----- | | 18 | | § 4228

1.18.23 Sarvāṅgasundarā

- etat pūrvoktam recyārecyatvamavagamyānantaram sādharāṇe-
 śrāvaṇādau kāle, yathāvidhi-snehasvedādhyāyoditena kr-
 ameṇa, snigdhasvinnaṃ puruṣam bhaiṣajyamātrām prā-
 ṇmukham pāyayediti vakṣyamāṇena sambandhaḥ | kīdr-
 5 śam ? śvovamyam-prātarvamanārham | vamyamiti "arhe-
 krtyatṛcaśca" ityarhārthe poradupadhāditi yat | utkliṣṭaḥ-
 sthānāccalitaḥ, kapho yasya tamutkliṣṭakapham | kaiḥ ?
 matsyādibhiḥ | antarbhāvitaṇyartho+atra | utkleṣitakaph-
 amityarthaḥ | tathā, niśām suptam | "kālādhvanoḥ" iti dvi-
 10 tīyā | ata eva yathocitaḥ sakalaniśāsvāpo+atropalakṣyate |
 tathā, suṣṭhu jīrṇamannaṃ-āhāro yasya tam | kadā pāya-

yet ? pūrvāhṇe-prātaḥkāle | kimbhūtam ? kṛtaṃ maṅgalaṃ-
 svastyayanādi, yasya tam | maṅgalamityupalakṣaṇārtham,-
 kṛtadevadvijāgniguruvṛddhārcanamapīti draṣṭavyam | ta-
 thā, nirannaṃ-akṛtāhāram | āturaśādvā kiñcitsnigdham |
 katham ? ityāha-peyayā pītasarpiṣam | vṛddhetyādi | ta- 5
 thā, asau vāmyo vṛddho vā bālo vā durbalo vā klībaḥ-
 khedāsahiṣnurvā bhavati, bhīrurvā-kātaro bhavati | tadā
 rogānurodhādākaṅṭham-atimātraṃ madyakṣīrādikaṃ pā-
 yayet | tadanantaram bhaiṣajyamātrāṃ pāyayet | saṅgr-
 ahe+apyuktam (sū. a. 27) - "bhīrukr̥ṣabālavṛddhasukumā- 10
 rānvā doṣānurodhenākaṅṭham pītayūṣekṣurasakṣīratakra-
 māṃsarasamadyatuṣodakayavāgūmaṅḍānyatamam" iti |
 kimbhūtāṃ mātrāṃ ? yathāvikāravihitāṃ,- rogānusāreṇa
 sādhitāṃ | tathā, madhusaindhavābhyāṃ yutāṃ | kiṃ 15
 kṛtvā ? koṣṭham-mṛdumadhyakrūrālakṣaṇam, vibhajya-
 vicārya | śleṣmādhikyena mṛdutraṃ, śleṣmamadhyatvena
 madhyatraṃ, śleṣmahīnatvena krūratvaṃ vamaṇe koṣṭh-
 asya bodhyam | tathā cōktaṃ carake (si. a. 1 | 8) - "śleṣm-
 ottaraścchardayate hyaduḥkham" iti | kimbhūtāṃ bhaiṣ-
 ajyamātrāṃ ? mantrābhimantritāṃ | tāneva mantrānāha- 20
 brahmetyādigranthena | § 4229

1.18.24 Āyurvedarasāyana

vamanavidhimāha-atheti | kṛtasnehanādikamāturaṃ prā-
 ṇmukhaṃ bhaiṣajyamātrāṃ pāyayedityanvayaḥ | śvova-
 myamiti vamanadinātpūrvadine, utkliṣṭakapham | samy-
 aksnigdham cennirannaṃ | īṣatsnigdham cet peyayā pīta-
 sarpiṣam | vṛddhādiṣvanyatamaśce(maṃ ce) drogānusār- 5
 eṇa madyādiṣvanyatamamākaṅṭham pāyitam | brahmety-
 ādisvāhāntena mantreṇābhimantritāṃ | ayaṃ cauṣadhap-
 ānavidhirviśeṣaparihāreṇa sarveṣvauṣadheṣu jñeyah | sa-
 ṅgrahe tu (sū. a. 27) - "snātānuliptaṃ sragviṇamahatavās- 10
 asaṃ devatāgnidvijaguruvṛddhavidyānarcitavantam kṛ-
 tahomabalimaṅgalaprāyaścittasvastivācanaṃ jānusama-
 mstr̥tasopadhānopāśrayāsanopaviṣṭam pītatakrayūṣatu-
 ṣodakayavāgūmaṅḍānyatamam nakṣatratithikaraṇamuh-
 ūrttodaye praśaste | " iti (ityadhikam) | § 4230

1.18.25 Aṣṭāṅgahr̥dayasaṃhitā

-----pīto muhūrtamanupālayet | | 18 | |
tanmanāḥ-----
| | 18 | | § 4232

1.18.26 Sarvāṅgasundarā

bhaiṣajyamātrāṃ pītaḥ sannāturaḥ muhūrtaṃ tanmanāḥ-
vamigatacittaḥ, anupālayet-pratīkṣeta | § 4233

1.18.27 Sarvāṅgasundarā

pānānantaraṃ vidhimāha-pīte muhūrtamiti | tanmanāḥ-
vamaikacittaḥ | § 4234

1.18.28 Aṣṭāṅgahr̥dayasaṃhitā

-----jātaḥṛllāsaprasekaścchardayettataḥ | | 18 | |
aṅgulibhyāmanāyasto nālena
mṛdunā+athavā | | 19 | |
galatālvarujan vegānapravṛttān
pravartayan | | 19 | |
pravartayan pravṛttāṃśca jānutulyāsane
sthitaḥ | | 20 | |
5 ubhe pārśve lalāṭaṃ ca vamataścāsyā
dhārayet | | 20 | |
prapīḍayettathā nābhiṃ pṛṣṭhaṃ ca
pratilomataḥ | | 21 | | § 4240

1.18.29 Sarvāṅgasundarā

tataḥ-anantaraṃ, sañjātaḥṛllāsaprasekaḥ san chardayet |
ḥṛllāso-hṛduparodhaḥ | praseko-niṣṭhīvanam | kathaṃ va-
met ? aṅgulibhyāṃ dvābhyāṃ | yadvā, komalena suvarcalairanḍādijena-
nālena mṛdunā vamet | kīdrśaḥ ? anāyastaḥ,- anāyāsene-
5 tyarthaḥ | aparaṃ galatālvapīḍayan | tathā, apravṛttān ve-

gān pravartayan pravṛttāśca pravartayan | jānupramāṇe
pīthe sthitaḥ | ca-aparaṃ, asya-narasya, vamaṇaṃ kurvato
dve pārśve lalāṭaṃ ca dhārayet | paricāraka iti śeṣaḥ | nā-
bhīṃ ca pīḍayet | pṛṣṭhaṃ ca pratilomataḥ-asaṇmārgeṇa
pīḍayet | § 4241

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1.18.30 Āyurvedarasāyana

pravṛttavamanasya kṛtyamāha-jātaḥṛllāsetyādi | aṅgulī-
bhyāṃ saṃhatābhyāṃ, mṛdunā nālena, pravṛttān savib-
andhān pravartayan, na tvapravṛttān pravartayan, cha-
rdayedityanvayaḥ | anāyastaḥ-āyāsarahitaḥ | pṛṣṭhaṃ ca
pratilomataḥ-trikādārabhyordhvaṃ prapīḍayet | saṅgrahe
tu (sū. a. 27) -"sa yadā jānīyāt svedaprādurbhāvena do-
ṣaṃ pravilayamāpadyamānaṃ, romaḥarṣeṇa ca sthāne-
bhyo vicalitaṃ, kuṣṭhādhmānena ca kuṣṭhimanuṣṛtaṃ, kr-
amāt hṛdayopamardahṛllāsāsyaṣaṃsravaṇaiścordhvama-
bhīmukhībhutam | atha samupasthāpitānekapratigrāho
vivṛtoauṣṭhatālukaṅṭho nātimahatā vyāyāmena vegānudī-
rayan vamet | nātyunnato nātyavanato na pārśvavṛtto vā |
tatrātyunnatasya pṛṣṭhahṛdayapīḍā bhavati | atyavanata-
sya śiraḥkoṣṭhapīḍā | pārśvāvṛttasya pārśvakoṣṭhahṛday-
ordhvajatrūpīḍeti | " iti | § 4242

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1.18.31 Aṣṭāṅgahṛdayasaṃhitā

kaphe tīkṣṇoṣṇakaṭukaiḥ pitte svāduhimairiti | | 21 | |
vamet snigdhamlalaṇaṇaiḥ saṃsrṣṭe marutā
kaphe | | 22 | | § 4244

1.18.32 Sarvāṅgasundarā

kaphe tīkṣṇoṣṇakaṭukairdravyairvamet | pitte svāduśītai-
rdravyairvamet | snigdhamlalaṇaṇairvāyunā yukte kaphe
vamet | § 4245

1.18.33 Āyurvedarasāyana

doṣabhedena vamanadravyabhedamāha-kapha ityādi | iti-
uktena prakāreṇa | § 4246

1.18.34 Aṣṭāṅghṛdayasaṃhitā

pittasya darśanaṃ yāvachchedo vā śleṣmaṇo
bhavet | | 22 | | § 4247

1.18.35 Sarvāṅgasundarā

yāvat pittasya darśanaṃ syāt, kaphasya vā chedaḥ-antaḥ
syāt, tāvadvamet | § 4248

1.18.36 Āyurvedarasāyana

vamanāvadhimāha-pittasya darśanamiti | § 4249

1.18.37 Aṣṭāṅghṛdayasaṃhitā

hīnavegaḥ kaṇādhātrīsiddhārthalavaṇodakaiḥ | | 23 | |
vameṭpunaḥpunaḥ-----
| | 23 | | § 4251

1.18.38 Sarvāṅgasundarā

hīnavego naraḥ kaṇādhātrīsiddhārthalavaṇodakairasakṛ-
dvamet | § 4252

1.18.39 Āyurvedarasāyana

hīnavegasyauśadhamāha-hīnavega iti | pippalyādimiśra-
mudakaṃ punaḥpunaḥ pītvā vameṭ | saṅgrahe tu (sū. a.
7) - "prabhūtavamanāsaḥṣṇurvdyaḥ tryaḥ vā viśr-
amya, asātmyabībhatsadurdaśadurgandhāni vamanāni vi-
dadhyāt | viparītāni virecanāni |" iti | § 4253

1.18.40 Aṣṭāṅgahr̥dayasaṃhitā

-----tatra vegānāmapravartanam | | 23 | |
pravṛttiḥ savibandhā vā kevalasyauṣadhasya
vā | | 24 | |
ayogastena
niṣṭhīvakaṇḍūkoṭhajvarādayaḥ | | 24 | | § 4256

1.18.41 Sarvāṅgasundarā

tatra-teṣu samyagyogātiyogāyogeṣu madhyāt, vegānā-
mapravartanamasāvayogaḥ | savibandhā ca yā pravṛ-
ttiḥ so+apyayogaḥ | kevalasya-doṣādirahitasyauṣadhasya
yā pravṛttiḥ so+apyayogaḥ | tena-ayogena, niṣṭhīvādayaḥ
syuḥ | § 4257

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1.18.42 Āyurvedarasāyana

hīnayogalakṣaṇamāha-tatreti | hīnayogajān rogānāha - te-
neti | ādiśabdādarocakagauravādhmānasphoṭālasya-śūlapratiśyāyāromaḥ
§ 4258

1.18.43 Aṣṭāṅgahr̥dayasaṃhitā

nirvibandhaṃ pravartante kaphapittānilāḥ kramāt | | 1 | |
(manahprasādaḥ svāsthyaṃ cāvasthānaṃ ca
svayaṃ bhavet | | 1 | |
vaiparītyamayogānāṃ na cātimahati
vyathā | | 1 | |
) samyagyoge-----
| | 25 | | § 4262

1.18.44 Sarvāṅgasundarā

samyagyoge kaphapittānilāḥ krameṇa nirvibandhaṃ-niḥsaṅgaṃ
pravartante | § 4263

1.18.45 Āyurvedarasāyana

samyagyogalakṣaṇamāha-nirvibandhamiti | sa ṅgrāhe tu
(sū. a. 27) -"nātimahatī vyathā svayaṃ cāvasthānam | ta-
taśca svasthatā manaḥprasādaḥ svaraviśuddhirarocakādi-
vaiparītyaṃ ca | " iti | § 4264

1.18.46 Aṣṭāṅgahr̥dayasaṃhitā

-----atiyoge tu phenacandrakarakatvat | | 25 | |
vamiṭaṃ kṣāmatā dāhaḥ kaṅṭhaśoṣastamo
bhramaḥ | | 26 | |
ghorā vāyvāmayā
mr̥tyurjīvaśoṇitanirgamāt | | 26 | | § 4267

1.18.47 Sarvāṅgasundarā

atiyoge punaḥ phenacandrakarakatvadvamiṭaṃ-vamaṇaṃ
bhavati | phenāśca candrakāśca raktaṃ ca, tāni vidyante
yasya vamitasya tadevam | tathā, kṣāmatādayo bhavanti |
tamaḥ-timiradarśanaṃ, dāruṇāśca vātarogāḥ | tathā mr̥tyu-
5 urbhavati, jīvākhyasya śoṇitasya nirgamāt-niṣkāśāt | § 4268

1.18.48 Āyurvedarasāyana

atiyogalakṣaṇamāha-atiyoge tvityādi | phenādiyuktaṃ va-
mitam | candrakāḥ-mayūrapiccheṣviva | tamaḥ-ajñānam |
bhramaḥ-cakrādhirūḍhasyeva | jīvaśoṇitaṃ-ojaḥ | saṅgr-
ahe tu (sū. a. 27) - "svarakṣayamohonmādamūrcchāśira-
5 ḥśūnyatāhr̥dayadhūmāyanagātraśūlasuptitṛṣṇordhvānilapra-
kopakarnaśūlārditavāksaṅgahanusaṃhananajihvāpraveśa-
nirgamākṣivyaṅvṛttivisaṃjñātā- nidrābalāgnihānayo bhav-
anti | " iti | § 4269

1.18.49 Aṣṭāṅgahr̥dayasaṃhitā

samyagyogena vamiṭaṃ kṣaṇamāśvāsya pāyayet | | 27 | |

dhūmatrayasyānyatamaṃ
snehācāramathādiṣet | | 27 | | § 4271

1.18.50 Sarvāṅgasundarā

samyagyogena vamite sati muhūrtamāśvāsya-śītavātādinā,
dhūmatrayasya-snigdhamadhyatīkṣṇākhyasya, anyatamaṃ-
ekaṃ, pāyavedvaidyaḥ | atha-anantaraṃ, snehācāraṃ-
"uṣṇodakopacārī syāt" ityādikaṃ, ādiṣet | § 4272

1.18.51 Āyurvedarasāyana

samyagvāntasyopacāramāha-samyagyogeneti | dhūmatrayasya-
snigdhamadhyatīkṣṇabhedāt | saṅgrahe tu (sū. a. 27) - "su-
viśodhitapāṇipādāmukhaṃ dhūmaṃ pāyayitvā punarup-
asprṣṭodakaṃ sammānitaturabhitāmbūlaṃ nirvātāgāraś-
ayyāsthitaṃ | " iti | § 4273

5

1.18.52 Aṣṭāṅgahr̥dayasaṃhitā

tataḥ sāyaṃ prabhāte vā kṣudvān snātaḥ
sukhāmbunā | | 28 | |
bhuñjāno raktaśālyannaṃ bhajetpeyādikaṃ
kramam | | 28 | | § 4275

1.18.53 Sarvāṅgasundarā

tataḥ-ūrdhvaṃ, sāyaṃ-aparāhṇe, prabhāte-pūrvāhṇe vā,
babhukṣita uṣṇodakena snāto raktaśālyannaṃ bhuñjānaḥ
peyādikaṃ kramaṃ bhajet | § 4276

1.18.54 Āyurvedarasāyana

samyagvāntaḥ peyādikrameṇa bhuñjītyāha-tataḥ sāya-
miti | dīptāgniścetsāyaṃ, mandāgniścetparadine prātaḥ,
peyādikaṃ kramaṃ bhajet,- peyādikrameṇa raktaśālya-
nnaṃ bhuñjīta | § 4277

1.18.55 Aṣṭāṅgahr̥dayasaṃhitā

peyaṃ vilepīmakṛtaṃ kṛtaṃ ca yūṣaṃ rasaṃ
trīnubhayaṃ tathaikam | | 29 | |
krameṇa seveta nara+annakālān pradhānama-
dhyāvaraśuddhiśuddhaḥ | | 29 | | § 4279

1.18.56 Āyurvedarasāyana

peyādikramamāha-peyāmiti | uttamaśuddhyā śuddhaḥ pe-
yādika trīṃstrīn annakālān bhuñjīta | madhyāśuddhyā
śuddhau dvau dvau | avaraśuddhyā śuddha ekaikam |
akṛtaḥ-snehādibhiraśamskṛto, yūṣaḥ | kṛtaḥ-samskṛtaḥ |
5 § 4280

1.18.57 Sarvāṅgasundarā

pradhānā ca madhyā cāvarā ca pradhānamadhyāvarāḥ |
pradhānamadhyāvarāśca tāḥ śuddhayaśca, tābhiḥ śu-
ddho naraḥ krameṇa-yathāsaṅkhyāṃ, peyaṃ trīnanna-
kālān dvāvannakālāvekannakālaṃ bhajediti | vilepyād-
5 iṣvapyevaṃ yojyam | etadeva spaṣṭīkṛtyocyate | yathā,-
pradhānaśuddhyā śuddho nara dvāvannakālāvekasmin
dine peyaṃ bhajet | dvitīye+ahanyekamannakālaṃ peyaṃ
dvitīyamannakālaṃ vilepīm | tṛtīye vāsare dvāvannakālau
vilepīmeva | caturthe divase akṛtaṃ-śuṅṭhīlavanādyasaṃskṛtaṃ
10 yūṣaṃ, kṛtaṃ-śuṅṭhīlavanādisaṃskṛtaṃ yūṣaṃ ca dvāv-
annakālau bhajet, pañcame+ahni prathame+annakāle ca |
caḥ samuccaye | triṣvapi kāleṣvakṛtaṃ kṛtaṃ ca yūṣaṃ bh-
ajet, vibhajya tāvadgamyate | evaṃ kālātrayaṃ kṛtākṛtaṃ
rasaṃ vibhajya bhojayet | saptarātreṇa (saptāhāt) prakṛt-
15 ibhojanaṃ krameṇa seveta | evaṃ yathāsvaṃ madhyāś-
uddhiśuddhasyāvaraśuddhiśuddhasya ca yojanā kāryā |
munistvāha (ca. sū. a. 15 | 17) - "athainaṃ sāyāhne pare
vā+ahni sukhodakapariṣiktaṃ purāṇānāṃ lohitaśālitaṅḍ-
ulānāṃ svavaklinnāṃ maṅḍapūrvāṃ sukhoṣṇāṃ yavā-
20 gūṃ pāyayedagnibalamabhisamīkṣya | evaṃ dvitīye tṛt-
īye cānnakāle | caturthe tvannakāle tathāvidhānāmeva śāl-

īnām susvinnām vilepīmuṣṇodakadvitīyāmasnehalavaṇā-
malpasnehalavaṇām vā bhojayet | evaṃ pañcame ṣaṣṭhe
cānnakāle | saptame tvannakāle tathāvidhānāmeva śāl-
īnām dviprasṛtaṃ susvinnamodanamumuṣṇodakānupānaṃ 5
tanunā tanusnehalavaṇopapannena mṛdgayūṣeṇa bhoja-
yet | evamaṣṭame navame cānnakāle | daśame tvannakāle
lāvakapiñjalādīnāmanyatamasya māṃsasya rasenaudaka-
lāvaṇikena nātisāravatā bhojayeduṣṇodakānupānam | ev-
amekādaśe dvādaśe cānnakāle | ata ūrdhvamannaguṇān
krameṇopayunījānaḥ saptāhāt prakṛtibhojanamāgacchet | " 10
iti | trīniti "kālādhvanoratyantasamyoge" iti dvitīyā | § 4281

1.18.58 Aṣṭāṅgahṛdayasaṃhitā

yathā+aṅuragnistrṇagomayādyaiḥ sandhukṣyamāṇo
bhavati krameṇa | | 30 | |
mahān sthiraḥ sarvapacastathaiva śuddhasya
peyādibhirantarāgniḥ | | 30 | | § 4283

1.18.59 Sarvāṅgasundarā

yathā bāhyo+agniraṇuḥ-atyalpaḥ, trṇagomayakāṣṭhadalā-
dibhiḥ sandhukṣyamāṇaḥ-uddīpyamāno, mahān sthiraḥ-
cirakālasthāyī, sarvapacaḥ-sthūlasūkṣmagurulaghupācakaḥ,
krameṇa bhavati | tathaiva-tenaiva prakāreṇa, śuddha- 5
sya narasya peyādibhirantarāgniḥ-audaryo+agniḥ, mahān
sthiraḥ sarvapacaśca bhavati | sarvapaca iti pacerajantasya
sarvaśabdena saha ṣaṣṭhīsamāsaḥ | kharanāde+apyuktam-
"vireke vamine śreṣṭhe peyādīnām kriyākramaḥ | triśo,
dviśo madhyame syādekaśastu kanīyasi | |" iti | § 4284

1.18.60 Āyurvedarasāyana

peyādikramasya phalamāha-yathā+aṅuriti | § 4285

1.18.61 Aṣṭāṅgahr̥dayasaṃhitā

jaghanyamadhyapravare tu vegā- ścatvāra iṣṭā vamaṇe
śaḍaṣṭau | | 31 | |
daśaiva te dvitriḡuṇā vireke prasthastathā
syāddvicaturḡuṇāśca | | 31 | | § 4287

1.18.62 Āyurvedarasāyana

trividhasya vamanasya vegamānamāha-jaghanyeti | triv-
idhasya virekasya vegamānamāha-daśaiveti | dvigūṇāḥ-
viṃśatiḥ | trigūṇāḥ-triṃśat | trividhasya virekasya tulāmānamāha-
prastha iti | prastho+atra na dvātriṃśatpalaḥ | "vamaṇe
5 ca vireke ca tathā śoṇitamokṣaṇe | sārddhatrayodaśap-
alaṃ prasthamāhurmanīṣiṇaḥ | |" iti vacanāt | ekaḥ pra-
stho, dvau prasthau, catvāraḥ prasthāḥ, iti trīṇi mānāni |
§ 4288

1.18.63 Sarvāṅgasundarā

jaghanyaṃ ca madhyaṃ ca pravaraṃ ca tasmin vamaṇe kr-
ameṇa vegāścatvāraḥ śaḍaṣṭeṣṭāḥ | tantrakṛtāmiti śeṣaḥ |
te vegā daśaiva dvitriḡuṇā jaghanyamadhyapravare vireke
krameṇa bhavanti | tatheti samuccaye | na kevalaṃ vegā
5 mānam, prasthaśca dvicaturḡuṇo mānaṃ syāditi tathāśa-
bdasyārthaḥ | trīṇyetānyupajātivr̥ttāni | § 4289

1.18.64 Aṣṭāṅgahr̥dayasaṃhitā

pittāvasānaṃ vamaṇaṃ virekādarddhaṃ, kaphāntaṃ ca
virekamāhuḥ | | 32 | | § 4290

1.18.65 Sarvāṅgasundarā

pittāntaṃ vamaṇaṃ vadanti | virekādarddhaṃ vamaṇaṃ
kathayanti | virecanaṃ kaphāntamāhuḥ | § 4291

1.18.66 Āyurvedarasāyana

trividhasyāpi vamanasya pittāvasānatvameva samyaktvamityāha-
pittāvasānamiti | trividhasya vamanasya tulāmānamāha-
virekārdhamiti | arddham-ardhaprasthaḥ prasthaḥ pra-
sthadvayaṃ ceti | trividhasyāpi virekasya kaphāvasānatv-
ameva samyaktvamāha - kaphāntaṃ ceti | § 4292 5

1.18.67 Āyurvedarasāyana

vegamāne tulāmāne cāpohyamānamāha-dvitrāniti | vam-
ane tu vamanārtham yatpītam tadapanīya meyam | § 4293

1.18.68 Aṣṭāṅgahr̥dayasamhitā

dvitrān saviṭkānapanīya vegān meyaṃ vireke, vamine tu
pītam | | 32 | | § 4294

1.18.69 Sarvāṅgasundarā

dvau vā trayo vā dvitrāḥ | "saṅkhyayā+avyayā" iti bahuvr-
īhiḥ | "bahuvrīhau saṅkhyeye ḍac" iti ḍac vā samāsāntaḥ |
saha viśā-purīṣeṇa vartanta iti saviṭkāḥ | dvitrān vegān
saviṭkānapanīya-gaṇanāyāmanupāruhya, vireke meyaṃ-
mātavyam | vamine punaḥ pītam yadauṣadham tadapa- 5
nīya meyam | indravajrāvṛttam | § 4295

1.18.70 Aṣṭāṅgahr̥dayasamhitā

athainaṃ vāmitaṃ bhūyaḥ snehasvedopapāditam | | 33 | |
śleṣmakāle gate jñātvā koṣṭham
samyagvirecayet | | 33 | | § 4297

1.18.71 Āyurvedarasāyana

virecanavidhimāha-athainamiti | snehasvedābhyāṃ punarapyupapāditam
śodhanayogyatāṃ nītaṃ, virecayet-virecanauṣadham da-

dyāt | saṅgrahe tu (sū. a. 27) - "na tvakṛtavamanamanyatr-
ātīkrūrakoṣṭhāt | akṛtavamanasya hi śleṣmaṇopahatamau-
śadhamūrdhvaṃ pravartate | urasi vā ruddhamavatiṣṭha-
ate | tato nālaṃ virecanāya | samyagviriktasyāpi cādhaḥsr-
5 arataḥ śleṣmā grahaṇīm chādayitvā gaurvavamāpādayati
pravāhikāṃ vā | na tveṣa doṣo+atīkrūrakoṣṭhasya vāyv-
ātmakatvāt | śleṣmakāle+apyakṛtavamanokto doṣaḥ | śūl-
ādhmānagauravāṇi vā kṛtvā kṣīṇe śleṣmaṇyaparāhṇe rā-
trau vā virecayet | tenānnāvṛtamapi tulyam | chardiṃ ca
10 punastajjanayati | aviriktasya tu śleṣmakāle ca vamaṇa yo-
jyam, tathordhvaṃ sukheṇa nirharaṇāt | " iti | § 4298

1.18.72 Sarvāṅgasundarā

enaṃ-naraṃ vāmitaṃ, bhūyaḥ-punarapi, snehasvedābhy-
āmupapāditamanantaraṃ samyagvirecayet | kadā ? śle-
śmaṇaḥ kālaḥ-satribhāgaḥ praharaḥ, tasmin gate sati |
kiṃ kṛtvā ? koṣṭhaṃ-mṛdumadhyakrūralakṣaṇaṃ, jñātvā-
5 avagamyā | § 4299

1.18.73 Aṣṭāṅgahr̥dayasaṃhitā

bahupitto mṛduḥ koṣṭhaḥ kṣīreṇāpi viricyate | | 34 | | § 4300

1.18.74 Sarvāṅgasundarā

yo bahupittaḥ koṣṭhaḥ sa mṛdurbhavati | sa ca kṣīreṇa vi-
ricyate | apīśabdādāragvadhādibhirapi | § 4301

1.18.75 Āyurvedarasāyana

mṛdukoṣṭhasya lakṣaṇamāha-bahupitta iti | saṅgrahe tu
(sū. a. 27) - "ikṣurasāmlatakramastuguḍakṛśarā-sarpirnavamadyoṣṇodakapīludrā
iti | § 4302

1.18.76 Aṣṭāṅgahr̥dayasaṃhitā

prabhūtamārutaḥ krūraḥ
kṛcchrācchyāmādikairapi | | 34 | | § 4303

1.18.77 Sarvāṅgasundarā

prabhūtamārutaḥ krūraḥ koṣṭho bhavati | sa ca kṛcchreṇa-
kathañcidapi, śyāmādikairviricyate | ādiśabdena kaṅku-
ṣṭhasudhādīnām grahaṇam | apiśabdādāragvadhādibhi-
rna viricyate | § 4304

1.18.78 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-krūrakoṣṭhasya lakṣaṇamāha-prabhūtamāruta iti |
ādiśabdāntriphalātilvakanīlinīphalādayaḥ |
saṅgrahe tu (sū. a. 27) -"bahuśleṣmā
samadoṣaścha madhyaḥ, sa sādharāṇaḥ | ye
ca snihyantyacchapānena
prāyaśastrisaptapañcarātrairiti | " iti | § 4305

1.18.79 Aṣṭāṅgahr̥dayasaṃhitā

kaṣāyamadhuraiḥ pitte virekaḥ, kaṭukaiḥ kaphe | | 35 | |
snigdhoṣṇalavaṇairvāyau-----
| | 35 | | § 4307

1.18.80 Sarvāṅgasundarā

kaṣāyamadhuraiḥ-āragvadhādibhiḥ, pitte virekaḥ | kaṭuk-
aiḥ kaphe virekaḥ | snigdhoṣṇalavaṇaiḥ-eraṇḍatailādibhirvāyau
virekaḥ kāryaḥ | § 4308

1.18.81 Āyurvedarasāyana

doṣabhedena virecanabhedamāha-kaṣāyamadhurairiti | sa-
ṅgrahe tu (sū. a. 27) - "pītamātra eva cauṣadhe cha-
rdivighātāya śītāmbunā mukhamasya sahasā siñcet | ta-
taścoṣṇodakena so+antarmukhaṃ viśodhya, ārdrasura-
5 bhimṛṇmātuluṅgajambīrasumanahaṣaugandhikādīni hya-
dyagandhānyupajighret | nivātasukhaśayyāsthitaścāviba-
ndhārthamalpālpamuṣṇodakamanukaṅṭhayaṃstanmanā ve-
gānna dhārayan īrayamāṇasca svayaṃ śayyāsane(nne)ṣu
10 pratigrāheṣvaśītaspr̥gviricyate | yathā ca vamaṇe sveda-
prasekauṣadhakaphapittānilāḥ kramaṇa pravartante | ta-
thā virecane vātamūtrapurīṣapittakaphāḥ | punaścānte vā-
yuh | doṣāṅgāṃ hi dehe tathā sanniveśānmārgavaiparītyā-
cca śodhanayoriti | " iti | § 4309

1.18.82 Aṣṭāṅgahr̥dayasaṃhitā

-----apravṛttau tu pāyayet | | 35 | |
uṣṇāmbu, svedayedasya pāṇitāpena
codaram | | 36 | | § 4311

1.18.83 Sarvāṅgasundarā

apravṛtṭiḥ-mandā pravṛtṭiḥ | nañ īṣadarthe | virekāprav-
ṛttāvūṣṇāmbu pāyayedvaidyaḥ | asya cāturasya pāṇitāp-
ena jaṭharam svedayet | § 4312

1.18.84 Āyurvedarasāyana

virecanāpravṛttau pravartanopāyamāha-apravṛttāviti | § 4313

1.18.85 Sarvāṅgasundarā

tasmin-virekasya dine, alpa utthāne-stokāyāṃ pravṛttau
satyāṃ, bhuktvā+annamanyedyuh-anyasmin dine puna-
rvirecanauṣadhaṃ pibedāturaḥ | snehanaṃ-snehaḥ | dṛ-
ḍhaḥ snehakoṣṭho yasya sa dṛḍhasnehakoṣṭhaḥ | na dṛ-

ḍhasnehakoṣṭho+adrḍhasnehakoṣṭhaḥ | sa bhūyo+api sn-
ehasvedaiḥ saṃskṛtaśarīro daśāhādūrdhvaṃ yaugikaṃ
virecanam pibet | [samyagālocya-] yathāvannirūpya,
pūrvamanukramam-"bhaiṣajyamātrām mantrābhimantri-
tām" ityādikaṃ, tathā "apavrṛttau tu pāyayet | uṣṇāmbu 5
svedayedasya pāṇitāpena codaram |" ityādikaṃ ca, sma-
ran pibediti | § 4314

1.18.86 Aṣṭāṅgahr̥dayasamhitā

utthāne+alpe dine tasminbhuktvā+anyedyuḥ punaḥ
pibet | | 37 | |
adrḍhasnehakoṣṭhastu pibedūrdhvaṃ
daśāhataḥ | | 37 | |
bhūyo+apyupaskṛtatanuḥ
snehasvedairvirecanam | | 37 | |
yaugikaṃ samyagālocya
smaranpūrvamatikramam | | 38 | | § 4318

1.18.87 Āyurvedarasāyana

upāyenāpyapavrṛtttau kiṃ kṛtyam? ityata āha-utthāna
iti | utthāne-pravartane alpe sati tasmin dine bhuktvā dvi-
tīyadine punarvirecanam pibet | yastu nivṛttasnehavāna
viricyate sa punaḥ snigdhasvinno daśāhādūrdhvaṃ vire-
canam pibet | pūrvamatikramam-prathamavirecane sām- 5
agrīvaikalyam, smaran samyagālocya yadyogyam syāta-
tpunardeyam, na prathamameva | saṅgrahe tu (sū. a. 27)
- "hr̥ibhayalobhaiśca vegāghātaśīlā prāyaśastriyo rājasam-
īpasthā vaṇijaśca bhavanti | tasmādete vegadhāraṇāt pr-
avr̥ddhavātāt tvāt sadā+a+aturā durvirecyāśca | tān susni 10
gdhān śodhayet, anyānapi cākālanirhāravihārāhārān | at-
aścaīṣam sadāturatvād alpo+apyāmayo duḥsādhyo bhav-
ati |" iti | § 4319

1.18.88 Aṣṭāṅgahr̥dayasamhitā

hr̥tkukṣyaśuddhirarucirutkleśaḥ śleṣmapittayoḥ | | 38 | |
kaṇḍūvidāhaḥ piṭikāḥ pīnaso
vātaviṅgrahaḥ | | 39 | |
ayogalakṣaṇam-----
| | 39 | | § 4322

1.18.89 Sarvāṅgasundarā

ayogalakṣaṇam hr̥tkukṣyaśuddhirityādikam | § 4323

1.18.90 Āyurvedarasāyana

virecane hīnayogalakṣaṇamāha-hr̥tykukṣyaśuddhiriti | sa-
ṅgrāhe tu (sū. a. 27) "ādhmānaprasekakchardibhramaga-
uravāgnisādatandrāstaimityamūtrasaṅgāḥ |" iti (ityadhi-
kam) | § 4324

1.18.91 Aṣṭāṅgahr̥dayasaṃhitā

-----yogo vaiparītye yathoditāt | | 39 | | § 4325

1.18.92 Sarvāṅgasundarā

yathoktādvaiparītye-hr̥tkukṣiśuddhirityādiko(ke), yogo-yogalakṣaṇam |
§ 4326

1.18.93 Āyurvedarasāyana

samyagyogalakṣaṇamāha-yoga iti | vaiparītyehr̥tkukṣiśu-
ddhirucyādau | § 4327

1.18.94 Aṣṭāṅgahr̥dayasaṃhitā

viṭpittakaphavāteṣu niḥsr̥teṣu kramātsravet | | 40 | |
niḥśleṣmapittamudakaṃ śvetam kṛṣṇam
salohitam | | 40 | |

māṃsadhāvanatulyaṃ vā
medaḥkhaṇḍābhameva vā | |41| |
gudaniḥsaraṇaṃ tṛṣṇā bhramo
netrapraveśanam | |41| |
bhavantyativiriktasya
tathā+ativamanāmayāḥ | |42| | § 4332

1.18.95 Sarvāṅgasundarā

ativiriktasya viṭpittakaphavāteṣu kramānniḥsrteṣu jalaṃ
sravet | kimbhūtam ? niḥśleṣmapittaṃ, tathā śvetaṃ
kiñcitkṛṣṇaṃ salohitaṃ-iṣadraktaṃ, athavā māṃsapra-
kṣālanasadrśamathavā medaḥśakalābhaṃ sravet | tathā
gudaniḥsaraṇādayo+ativamanāmayāśca-kṣāmatādayo bh- 5
avanti | § 4333

1.18.96 Āyurvedarasāyana

atiyogalakṣaṇamāha-viṭpittakaphavāteṣviti | ativamanāmayāḥ-
kṣāmatādayaḥ | saṅgrahe tu (sū. a. 27) - "parikartikā hṛd-
ayodveṣṭanaṃ pipīlikāsañcāra ivāṅge |" iti (ityadhikam) |
§ 4334

1.18.97 Aṣṭāṅgahr̥dayasaṃhitā

samyagviriktamenam ca vamanoktena yojayet | |42| |
dhūmavarjyena
vidhinā----- | |43| | § 4336

1.18.98 Sarvāṅgasundarā

enam ca-naraṃ samyagviriktaṃ, vamanavihitena vidhinā
vidhūmenopapādayet | § 4337

1.18.99 Āyurvedarasāyana

samyagviriktasya samyagvāntavidhimatidiśati-samyagviriktamiti |
§ 4338

1.18.100 Aṣṭāṅgahr̥dayasaṃhitā

-----tato vomitavāniva | | 43 | |
krameṇānnāni bhuñjāno
bhajetprakṛtibhojanam | | 43 | | § 4340

1.18.101 Sarvāṅgasundarā

tataḥ-anantaraṃ, krameṇa-pūrvoktena, raktaśālyannasah-
itapeyodīnyannānyaśnan prakṛtibhojanam bhajet | § 4341

1.18.102 Āyurvedarasāyana

peyādikramānantaraṃ prakṛtibhojanamapi krameṇa kuryādityāha-
tata iti | krameṇa-"pādenāpathyam" ityādyuktena | vomit-
avānivetī dr̥ṣṭāntabalena vomite+apyayaṃ kramo jñeyah |
§ 4342

1.18.103 Aṣṭāṅgahr̥dayasaṃhitā

mandavahnimasam̐suddhamakṣāmaṃ
doṣadurbalam | | 44 | |
adr̥ṣṭajīrṇaliṅgaṃ ca
laṅghayetpītabheṣajam | | 44 | | § 4344

1.18.104 Āyurvedarasāyana

mandavahnnyādibhiḥ śodhanadine upavāsaḥ kārya ityāha-
mandavahnimiti | asam̐suddham-hīnayoginam | akṣāmaṃ-
śuddhikṛtakārśyarahitam | doṣadurbalam-doṣavṛddhyā kṣ-
īṇabalam | adr̥ṣṭajīrṇaliṅgaṃ-jīrṇouśadhalakṣaṇarahitam |
5 tāni ca (ca. si. a. 6/22) -"anulomo+anilah svāsthyam kṣu-
ttr̥ṣṇā sumanaskatā | laghutvamindriyodgāraśuddhirjīrṇ-
auśadhākṛtiḥ | | klamo dāho+aṅgasadanam bhramo mū-
rcchā śīrorujā | aratirbalahāniśca sāvaśeṣauśadhākṛtiḥ | |
ityato jñeyāni | § 4345

1.18.105 Sarvāṅgasundarā

pītabheṣajān mandavahnnyādīn pañca laṅghayet | adṛṣṭaṃ
jīṛṇaliṅgaṃ pītabheṣajasya yasyeti yojyam | § 4346

1.18.106 Āyurvedarasāyana

laṅghanasya phalamāha-snehasvedeti | snehasvedaurṣa-
dhairjātā ye doṣotkleśāsteṣāṃ nirhṛtaśeṣāṇāṃ ye saṅgāḥ
srotasāṃ syuḥ, taiḥ | § 4347

1.18.107 Aṣṭāṅgahr̥dayasaṃhitā

snehasvedauṣadhotkleśasaṅgairiti na
bādhyate | | 45 | | § 4348

1.18.108 Sarvāṅgasundarā

utkleśāśca saṅgāścotkleśasaṅgāḥ | snehaśca svedaścauṣa-
dhaṃ ca tāni, teṣāmutkleśasaṅgāḥ snehasvedauṣadhotkl-
eśasaṅgāḥ taiḥ | iti-evam laṅghite sati, mandāgnyādirna
bādhyate-na pīḍyate | § 4349

1.18.109 Aṣṭāṅgahr̥dayasaṃhitā

saṃśodhanāsravisrāvasnehayojanalaṅghanaiḥ | | 45 | |
yātyagnirmandatāṃ tasmāt kramaṃ
peyādīmācaret | | 46 | | § 4351

1.18.110 Āyurvedarasāyana

peyādikrame yuktimāha-saṃśodhaneti | snehayojanaṃ-
śamanasnehaprayogaḥ | laṅghanaṃ-upavāsaḥ | § 4352

1.18.111 Sarvāṅgasundarā

saṃśodhanādibhiryato+agnirmandatām yāti, ato hetoḥ
peyādikramamācaret | saṃśodhanam-samyakśuddhiḥ | asravistrāvo-
raktasrutih | snehayojanam- snehopayogaḥ | nanu, śu-
5 ddhyāgnimāndyamihocyate | vakṣyati ca (ślo. 60) - "bu-
ddhiprasādam" ityādinā "jvalanasya dīptim saṃśodh-
anam karoti" iti | tadime vacasi parasparam vyāghn-
āte | atrocyate | kālabhedādadoṣaḥ | saṃśodhane kriyam-
āṅe+agnimāndyam bhavati | kṛte ca saṃśodhane+atha pe-
10 yādikramamāsevamānasyāgnidīptiriti na kaścidatra vyā-
ghātaḥ | § 4353

1.18.112 Aṣṭāṅgahr̥dayasaṃhitā

srutālpapittaśleṣmāṇam madyapaṃ
vātapaittikam | |46| |
peyāṃ na pāyayetteṣāṃ tarpaṇādikramo
hitāḥ | |47| | § 4355

1.18.113 Sarvāṅgasundarā

srutau-patitau, alpau pittaśleṣmāṇau yasya taṃ, tathā ma-
dyapo yo narastaṃ madyapaṃ. tathā vātapaittikam, etā-
mstrīnapi peyāṃ na pāyayet | tarhyeṣāṃ kiṃ kāryam ?
ityāha-teṣāmityādi | prathame+annakāle lājasaktavo dvi-
5 tīye+annakāle māṃsarasaudana(?)mityeṣa tarpaṇādikra-
masteṣāṃ hitāḥ | § 4356

1.18.114 Āyurvedarasāyana

srutālpapittādiṣu peyāṃ niṣedhati-srutālpapitteti | niṣi-
ddhapeyānām peyāsthāne mantho yojya ityāha-teṣāmiti |
§ 4357

1.18.115 Aṣṭāṅgahr̥dayasaṃhitā

apakvaṃ vamaṇaṃ doṣān pacyamānaṃ
virecanaṃ | |47| |
nirharedvamanasyātaḥ pākam na
pratipālayet | |48| | § 4359

1.18.116 Sarvāṅgasundarā

vamanamapakvaṃ sat doṣānnirharet | virecanaṃ tu pacy-
amānaṃ doṣānnirharet | ato vamanasya pāko na pratipā-
lyate | § 4360

1.18.117 Āyurvedarasāyana

vamanavirecanayoḥ svakāryapratikṣāvadhimāha-apakvamiti |
arthāt virecanasya pākam pratipālayet | § 4361

1.18.118 Aṣṭāṅgahrdayasaṃhitā

durbalo bahudoṣaśca doṣapākena yaḥ svayam | |48| |
viricyate bhedanīyairbhojyaistamupapāda-
yet | |49| | § 4363

1.18.119 Āyurvedarasāyana

durbalatvādiviśiṣṭastvāhāraireva śodhya ityāha-durbala
iti | bhedanīyaiḥ-yavakṣārādibhiḥ | saṅgrahe tu (sū. a. 27)
-"ūrdhvādhorecanaṃ yuktaṃ vaiparītyena jāyate | yadā,
tadā chardayataḥ siñceduṣṇena vāriṇā | | pādau śītena co-
rdhvāṅgaṃ viparītaṃ virecane (viricyataḥ) | [pīte prask- 5
andite doṣānanirhr̥tya jarāṃ gate | | vamite cauṣadhe sa-
myak pāyayeta na taṃ punaḥ | mandāgniṃ bahusdoṣaṃ
tu dṛḍhasnehaguṇāśayam | | duḥśuddhaṃ tadaharbhu-
ktaṃ śvo bhūyaḥ pāyayeta tam |]" iti | § 4364

1.18.120 Sarvāṅgasundarā

durbalo naro bahudoṣaśca doṣapākena hetunā svayaṃ-
auśadhamantareṇa, yo viricyate-bhidyate, taṃ-naraṃ, bhedanīyairbhojyaiḥ-
bhakṣyairyodayet | § 4365

1.18.121 Aṣṭāṅgahr̥dayasaṃhitā

durbalaḥ śodhitaḥ pūrvamalpadoṣaḥ kṛśo naraḥ | | 49 | |
aparijñātaakoṣṭhaśca
pibenmṛdvalpamauśadham | | 50 | |
varam tadasakṛtpītamanyathā
saṃśayāvaham | | 50 | |
haredbahūṃscalān doṣānalpānalpān
punaḥpunaḥ | | 51 | |
5 durbalasya mṛdudravyyairalpān saṃśamayettu
tān | | 51 | | § 4370

1.18.122 Sarvāṅgasundarā

durbalādayaḥ pañca mṛdvalpaṃ virecanauśadham pi-
beyuḥ | kimityāha-yasmāt tat-virecanauśadham, asakṛt-
punaḥpunaḥ, pītaṃ varam, na bahu | anyathā-bahu tī-
kṣṇaṃ cauśadham pītaṃ, saṃśayāvaham-prāṇasandehakāri |
5 tathā, punaḥpunaḥ prayuktamauśadham calān bahūn do-
ṣānalpānalpān haret | evaṃ balahāniṃ vinā doṣanirhāraḥ
kṛtaḥ syāt | turavadhāraṇe | durbalasya narasya mṛdudra-
vyairalpāneva tān doṣān samyak śamayet | § 4371

1.18.123 Āyurvedarasāyana

durbalādīnāṃ pañcānāṃ mṛdvalpaṃ cauśadham deyamityāha-
durbala iti | yadyapi mṛdvalpaṃ na śodhayet tathā+api tad-
evāsakṛtpeyam, na tu bahutīkṣṇam, jīvitasamśayāt | bahu-
pracalitadoṣasyāpi durbalasyaśodhanaṃ mṛdvalpamevetyāha-
5 harediti | alpapracalitadoṣasya durbalasya śamanamevetyāha-
alpān saṃśamayediti | § 4372

1.18.124 Aṣṭāṅgahṛdayasaṃhitā

kleśayanti ciraṃ te hi hanyurvainamanirhṛtāḥ | | 52 | | § 4373

1.18.125 Āyurvedarasāyana

bahupracalitadoṣasya śamane bādhakamāha-kleśayantīti |
saṅgrahe tu mṛdutīkṣṇayorlakṣaṇamuktam (sū. a. 27) -
"sukhaṃ kṣipraṃ mahāvegamasaktaṃ yatpravartate | nā-
tīglānikaraṃ nāti hṛdi pāyau ca rukkaṃ | | antarāśya-
gaṃ klinnaṃ kṛtsnaṃ doṣaṃ nirasyati | virecanaṃ nir- 5
ūho vā tattīkṣṇamiti nirdīśet | | jalāgnikīṭairasprṣṭaṃ de-
śakālaguṇānvitam | navam mātrādhikaṃ kiñcit tulyavīry-
aiḥ subhāvitam | | snehasvedopapannasya tīkṣṇatvaṃ yāti
bheṣajam | ato viparyaye mandaṃ mandatāṃ ca prapady-
ate | | tīkṣṇo madhyo mṛdurvyādhiḥ sarvamadhyālpala- 10
kṣaṇaḥ | balāpekṣaṃ hitaṃ teṣu tīkṣṇaṃ madhyaṃ mṛdu
kramāt | | apravartya malān dravyaṃ satmyībhūtaṃ hi
jīryati | vamaṇaṃ vā vireko vā tasmātsātmyaṃ na yoja-
yet | | vibhramśo viṣavatsamyagyogo yasyāmṛtopamaḥ |
kāle+avaśyaṃ prayojyaṃ ca tasmādyatnena tatpibet | |" 15
iti | § 4374

1.18.126 Sarvāṅgasundarā

hi-yasmāt, te-bahavo doṣāḥ, anirhṛtāściramenaṃ-āturaṃ,
kleśayanti | hanyurvā-anirhṛtā mārāyeyuḥ | § 4375

1.18.127 Aṣṭāṅgahṛdayasaṃhitā

mandāgniṃ krūrakoṣṭhaṃ ca
sakṣāralavaṇairghṛtaiḥ | | 52 | |
sandhukṣitāgniṃ vijitakaphavātāṃ ca
śodhayet | | 53 | | § 4377

1.18.128 Āyurvedarasāyana

mandāgnikrūrakoṣṭhayoḥ śodhane pūrvāṅgamāha-mandāgnimiti |
§ 4378

1.18.129 Sarvāṅgasundarā

mandāgniṃ krūrakoṣṭhaṃ ca naraṃ saha kṣāralavaṇā-
bhyāṃ vartante yāni ghṛtāni tairyathāsaṅkhyamuddīpitā-
nalaṃ vijitakaphavātaṃ ca śodhayet | § 4379

1.18.130 Sarvāṅgasundarā

rūkṣādīnām pañcānām virecanamapi na virecayatītyāha-
rūkṣeti | te kathāṃ virecyā ityata āha-tebhya iti | basti-
nirūham | § 4380

1.18.131 Aṣṭāṅgahr̥dayasaṃhitā

rūkṣavahvanilakrūrakoṣṭhavyāyāmaśīlinām | | 53 | |
dīptāgnīnām ca bhaiṣajyamavirecyaiva
jīryati | | 54 | |
tebhyo bastiṃ purā dadyāttataḥ snigdhaṃ
virecanam | | 54 | |
śakṛnnirhr̥tya vā kiñcittīkṣṇābhiḥ
phalavartibhiḥ | | 55 | |
5 pravṛttaṃ hi malaṃ snigdho vireko
nirharetsukham | | 55 | | § 4385

1.18.132 Sarvāṅgasundarā

rūkṣādīnām bhaiṣajyamavirecyaiva-virecanamakṛtvaiva, pa-
riṇamati | tebhyo-rūkṣādibhyaḥ, pūrvam bastiṃ dadyāt |
anantaram snigdhaṃ-eraṇḍatailabindughṛtādikaṃ, virec-
anam yojayet | athavā phalavartibhistīkṣṇābhiḥ puriṣam
5 kiñcit-alpaṃ, nirhr̥tya-niḥsārya, snigdhaṃ virecanam da-
dyāt | kimiti bastinā tīkṣṇābhiḥ phalavartibhiḥca kiñcicch-
akṛnnirhāraḥ kriyate ? ityāha-pravṛttaṃ hītyādi | yasmā-

nmalaṃ pravṛttaṃ santaṃ kiñcitpatitaṃ snigdho virekaḥ
sukhaṃ-akṛcchreṇa nirharet | § 4386

1.18.133 Aṣṭāṅgahṛdayasaṃhitā

viṣābhighātapitīkākuṣṭhaśophavisarpiṇaḥ | | 56 | |
kāmalāpāṇḍumehārtānnātisnigdhan
viśodhayet | | 56 | | § 4388

1.18.134 Sarvāṅgasundarā

nātiśabdo+atreṣadarthe | "nātiśītagurusnigdham" (hr. sū.
a. 6 | 63) ityatra yathā | viśādyārtānīṣatsnigdhan viśodha-
yet | § 4389

1.18.135 Āyurvedarasāyana

viśādiṣu navasu īṣatsnigdhasya śodhanamityāha-viṣābhivātetī |
abhighātaḥ-śastraghātādīḥ | § 4390

1.18.136 Aṣṭāṅgahṛdayasaṃhitā

sarvān snehavirekaiśca, rūkṣaistu
snehabhāvitān | | 57 | | § 4391

1.18.137 Āyurvedarasāyana

sarveṣāṃ virecyānāṃ snehavirecanaṃ deyamityāha-sarvāniti |
snehabhāvitānāṃ rūkṣaṃ virecanamityāha-rūkṣaistviti |
§ 4392

1.18.138 Sarvāṅgasundarā

sarvān-īṣatsigdhan viśārtādīnīṣadrūkṣān vā, snehavirek-
aiḥ śodhayet | snehabhāvitāṃśca puruṣān rūkṣairvirekaiḥ
śodhayet | § 4393

1.18.139 Aṣṭāṅgahr̥dayasaṃhitā

karmaṇām vamaṇādīnām punarapyantare+antare | | 57 | |
snehasvedau prayuñjīta, snehamante balāya
ca | | 58 | | § 4395

1.18.140 Sarvāṅgasundarā

vamaṇādīnām karmaṇāmantare+antare-madhye madhye,
punarapi-bhūyaḥ, snehasvedau prayuñjīta | ante ca karm-
aṇām balāya-śarīrasya balādhānārthaṃ, snehaṃ prayuñj-
īta | tadayamartho+atra bodhyaḥ,-ādaḥ snehasvedau tato
5 vamaṇaṃ, punaḥ snehasvedau tato virecanaṃ, punaḥ sn-
ehasvedau tato+anuvāsaṇaṃ, punaḥ snehasvedau tato ni-
rūpaṇaṃ, punaḥ snehasvedau tato+anuvāsanamiti | § 4396

1.18.141 Āyurvedarasāyana

pratikarma snehasvedau kāryāvityāha-karmaṇāmīti | sa-
rvakarmānte punaḥ snehanaṃ kāryamityāha-snehamanta
iti | § 4397

1.18.142 Aṣṭāṅgahr̥dayasaṃhitā

malo hi dehādutkleśya hriyate vāsaso yathā | | 58 | |
snehasvedaistathotkliṣṭaḥ śodhyate
śodhanairmalaḥ | | 59 | | § 4399

1.18.143 Āyurvedarasāyana

snehasvedanābhyāse yuktimāha-mala iti | snigdhasvinnā-
dvasstrādivotkliṣṭo malo hriyate | § 4400

1.18.144 Sarvāṅgasundarā

yato dehādutkleśya-patanonmukhaṃ kṛtvā malo virecan-
ādibhirhriyate | kathamiva ? vāsaso-vastrādyathā,- marda-

nikāyāṃ vastraṃ mardayitvā jalādinā malo nirhriyata iti |
§ 4401

1.18.145 Aṣṭāṅgahṛdayasaṃhitā

snehasvedāvanabhyasya kuryātsaṃśodhanaṃ tu
yaḥ | | 59 | |
dāru śuṣkamivānāme śarīraṃ tasya
dīryate | | 59 | |
1/2 | | 60 | | § 4404

1.18.146 Sarvāṅgasundarā

yo naraḥ snehasvedāvanabhyasya-aśīlayitvā, saṃśodha-
naṃ kuryāt, tasya śarīraṃ dīryate | kathamiva ? ānāme-
ānamane, kāṣṭhaṃ śuṣkaṃ yathā dīryata iti | § 4405

1.18.147 Āyurvedarasāyana

snehasvedānabhyāse doṣamāha-snehasvedāviti | § 4406

1.18.148 Aṣṭāṅgahṛdayasaṃhitā

buddhiprasādaṃ balamindriyāṇāṃ dhātusthiratvaṃ
jvalanasya dīptim | | 18 | |
cirācca pākaṃ vayasah karoti saṃśodhanaṃ
samyagupāsyamānam | | 18 | |
60 1/2 | | 18 | |
iti śrī vaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahṛdayasaṃhitāyāṃ
sūtrasthāne vamanavirecanavidhīrnamāṣṭād-
aśo+adhyāyaḥ | | 18 | | § 4410

1.18.149 Sarvāṅgasundarā

saṃśodhanaṃ samyak kriyamāṇaṃ buddhiprasādādīn
pañca karoti | buddhiprasādo-dhīpāṭavam | vayaso-yauvanādeḥ,
pākaḥ-pariṇāma iti | upajātirvṛttam | iti śrīmṛgāṅkadatta-
putraśrīmadaruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ
5 sarvāṅgasundarākhyāyāṃ sūtrasthāne vamanavirecanav-
idhīrṇāmāṣṭādaśo+adhyāyaḥ samāptaḥ | | 17 | | § 4411

1.18.150 Āyurvedarasāyana

samyak śodhanasya phalamāha-buddhiprasādamiti | va-
yasaḥ pākaṃ-jarām | iti hemādriṭīkāyāmāyurvedarasāy-
ane | vāntirekaprakaraṇaṃ sāmastyena nirūpitam | | 18 | |
§ 4412

1.19 bastividhiradhyāyaḥ : 19

1.19.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto bastividhimadhyāyaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreṇyādayo maharṣayaḥ | | 2 | | § 4414

1.19.2 Sarvāṅgasundarā

bastinā dīyata it bastiḥ, tasya vidhiḥ | śeṣaṃ pūrvavadvy-
ākhyeyam | § 4415

1.19.3 Āyurvedarasāyana

kramaprātpaṃ bastividhimadhyāyaṃ vyākhyātum pratijānīte-
atheti | § 4416

1.19.4 Sarvāṅgasundarā

vāta ulbaṇaḥ-adhiko, yeṣāṃ doṣāṇāṃ teṣu bastiriṣyate |
ācāryairiti śeṣaḥ | tatra vātapitte vātaśleṣmaṇyathavā kev-

ale vāyau bastiriṣyate | upakramāṇām-cikitsitānām, sarveṣām saḥ-bastiḥ, agrāṇiḥ-pradhānatamaḥ | sa ca triprakārah | tadeva traividhyamāha-nirūho+anvāsanam bastiruttara iti | gudāduttareṇa mārgeṇa meḍhrādinā dīyata ityuttarabastiḥ | § 4417

5

1.19.5 Aṣṭāṅgahrdayasaṃhitā

vātolbaṇeṣu doṣeṣu vāte vā bastiriṣyate | | 1 | |
 upakramāṇām sarveṣām so+agraṇīstrividhastu
 saḥ | | 1 | |
 nirūho+anvāsanam
 bastiruttarah----- | | 2 | | § 4420

1.19.6 Āyurvedarasāyana

basterviṣayamāha-vātolbaṇeṣviti | "bastinā dīyate bastiṃ vā pūrvamanvetyato bastiḥ |" ityuktaṃ saṅgrahe (sū. a. 28) | baste sarvopakramaśreṣṭhatvāmāha-uapakramāṇāmiti | saṅgrahe tu (sū. a. 28) - "śīghrasukhabṛmhaṇādikāritvādvikṛtāniloccheditvācca | sukhatvādeva ca bastirbālavṛddha- 5
 kṛśasthūlakṣiṇadhātvindriyeṣu ca strīṣu cānilopasargādaprajāsu kṛcchraprajāsu copadiṣyate | tathā+agnibalavarṇamedhāsvarāyul
 sukhaprado vayahsthā panaḥ paṅgurugṇabhagnastabdhasaṅkucitānilādhmānaśūlārocakodāvartaparikartikādiṣu hita
 iti |" iti | bastibhedānāha-trividhāstvati | saṅgrahe tu (sū. a. 10
 28) - "tatrāsthāpanam doṣadūṣyādyanusāreṇa nānādravyasaṃyogādinirvṛttam | tasya bhedaḥ,-utkleśanam śodhanam śamanam lekhanam bṛhaṇam vājikaraṇam picchābastirmādhutailikamityādayaḥ | mādhutailikasya paryāyāḥ,-
 yāpano yuktaratho doṣaharaḥ siddhabastiriti | teṣām nām- 15
 abhireva ca svarūpamākhyātam | tadvayaḥsthā panāddoṣasthāpanādvā āsthāpanamityucyate | śarīrarohaṇāddoṣanirharaṇādacintyaprabhāvatayā vā+asminnūhāsambhavānnirūhaiti |
 anuvāsanam yathārhouṣadhasiddhaḥ snehanārthe snehaḥ | snehavidhou sa caturddhā+abhihitaḥ | tasya bh- 20
 edo mātrābastiḥ | sa peyasnehahrasvamātrātulyaḥ, sevyāḥ

sadā+atra mādhutailikavat | bālavṛddhādhvabhārayāna-
vyāmacintāstrīnityastrīnr̥peśvarasukumāraturbalānilabha-
gnālpāgnibhirniṣparihāratayā sukho balyo varṇyaḥsr̥ṣṭ-
amalo doṣandhaśca | tathā+api tou nājir̥ṇe yojyou | na
5 ca divāsvanpastayoḥ sevyah | yataścāsou anuvāsannapi
na duṣyati, anuvāsanamapi vā dīyate, ityanuvāsanam |
vāsanam-bhojanam | uttarabastirapi sneho+anuvāsanavacchodhano
nirūhavadapi ca kecidāhuḥ | sa nirūhāduttaramuttareṇa
vā mārgēṇa dīyata ityutarabastiḥ | " iti | § 4421

1.19.7 Aṣṭāṅgahr̥dayasaṃhitā

-----tena sādhayet | | 2 | |
gulmānāhakuḍaplīhaśuddhātīsāraśūlinah | | 2 | |
jīrṇajvarapratīśyāyaśukrānilamalagrahān | | 3 | |
vardhmāśmarīrajonāśān
dāruṇāmścānilāmayān | | 3 | | § 4425

1.19.8 Sarvāṅgasundarā

tenetyanena nirūhaḥ parāmṛśyate | kathamiti cet ? br-
ūmah | "anāsthāpyāstu" ityadhīte | tatra ke nirūhyā ity-
ādhighate sati, anirūhyāḥ punarime iti vaktum yujyate |
api ca, "āsthāpyā eva cānvāsyāḥ" iti paṭhati | ke āsth-
5 āpyā iti nādhigamyeta yadīha nirūho na parāmṛśyeta |
tasmātenetyanena nirūhasya grahaṇam nyāyam | tena-
nirūheṇa, gulmādīmstathā jīrṇajvarādīn kṛcchrān vātar-
ogāścam sādhayet-upakramet | gulmādīnām śulāntānām
dvandvenī kāryau | śukrādīnām graheṇa sambandhaḥ |
10 śukragraho-retovibandhaḥ | anilagraho-vāyorasañcārah |
malagraho-mūtraviśorvibandhaḥ | rajonāśah-striyāḥ pu-
ṣpavināśah | § 4426

1.19.9 Āyurvedarasāyana

nirūhasya viśeṣato viśayamāha-tena sādhayediti | teneti
nirūhādiṣu triṣvapi prakṛteṣu pradhānatvānnirūhasya pa-

rāmarśaḥ,"āsthāpyā eva ca" ityanuvādācca | kḥuḍaṃvāt-
araktam | śuddhātisāro-nirāmātisāraḥ | rajonāśaḥ-strīṇaṃ
piṣpanaśaḥ | saṅgrahe tu (sū. a. 28) - "hr̥tyakuṣipārśva-
grahaparvābhitāpapārśvayoniśūlāṅgasutpiśośakampāgou-
ravātilādhavāntrakūjanaśarkarāśūkrārtavastanyanāśarajaḥ 5
kṣayonmādare todośakṛmilakoṣṭhaviṣamāgnisaśabdānalpogra-
gandhotyānādayaḥ | " iti (ityādhikam) | § 4427

1.19.10 Aṣṭāṅgahr̥dayasaṃhitā

anāsthāpyāstvatignidhaḥ kṣatorasko bhṛśaṃ
kr̥śaḥ | | 4 | |
āmātisārī vamimān saṃśuddho
dattanāvanaḥ | | 4 | |
śvāsakāsaprasekārśohidhmādhmānālpavahnayaḥ | | 5 | |
śūnapāyuḥ kṛtahāro
baddhacchidrodakodarī | | 5 | |
kuṣṭhī ca madhumeḥī ca māsān sapta ca 5
garbhīṇī | | 6 | | § 4432

1.19.11 Sarvāṅgasundarā

atisnigdhdādayaḥ saptamamāsaḡarbhīṇyantā anāsthāpyāḥ-
anirūhyāḥ | vamimān-prasaktacchardīḥ | baddhādīnām-
udareṇa sambandhaḥ | tata inirmatvarthīyaḥ | śuddh-
ātisārīṇa āsthāpyā ityanenaivāmātisārīṇo+anāsthāpyatve 5
labdhe punarvacanaṃ niyamārtham, tenāmātisārīṇo na
kathañcidāsthāpyā iti | tatrātignidhasya dośanutkleśya
nirūhaḥ śvayathumudaraṃ ca janayet | kṣatoraskakṛś-
ayoḥ kṣobhavyāpannaṃ śarīramāśu pīdayet | āmātisā-
rīṇo dośasya samyaganirharaṇāddehasya kṣobhādatipī-
dāṃ kuryāt | prasaktacchardiṣo dośotkleśo nirūhamū- 10
rdhvaṃ nayet | kṛtavamanavirekayostu riktaṃ dehaṃ kṣ-
ataṃ kṣāra iva dahet | kṛtanasyasya vivṛtordhvasrotast-
ayā vibhramśaṃ kuryāt | śvāsādīnām utkliṣṭadośatvānnir-
ūha ūrdhvaṃ vrajet | arśaḥprabhṛtīnām bhṛśataramādhm-
ānaṃ mṛtyurtvā syāt | alpāḡnyādīnām stambhajāḍyādīnā- 15
vahet | garbhīṇyāḥ pūrvoktā eva dośāḥ | § 4433

1.19.12 Āyurvedarasāyana

nirūhaṃ niṣedhati-anāsthāpyāstviti | baddhodarādayaḥ-
udaraviśeṣāḥ | saṅgrahe tu (sū. a. 28) - "tatrātisnigdhotkl-
iṣṭadoṣayordoṣānutkleśyodaraṃ mūrcchāṃ śvayathu vā-
nirūho janayet | kṣatoraskasyātikṛśasya ca kṣobhavya śa-
5 rīramāśu pīḍayet | anirannasya vakṣyate | kṛtavamanav-
irekayostu riktam deham kṣatam iva dahet | snehabasti-
stu sadyo+agnimavasādyā śleṣmāmayāya syāt | kṛtanasy-
asyāsyavibhraṣam bṛśavivṛtordhvastrotastayā kuryāt | an-
uvāsanam tu doṣotkleśanam | prasaktacchādaniṣṭhīvikās-
10 aśvāsadidhmārtānām vāyurniruhimūdhvam nayet | arśas-
asyāvṛtamārgatvādanāgacchan bastiḥprāṇān hiṃsyāt | sn-
ehaḥ punararśāsyabhiśyabdyādhnābāya svāt | badvodarā-
dyādhmātānām bhṛśataramādhmānānmṛtyuḥ | alasakav-
iṣṭikāmātīsārartānām cāmodoṣāt | arocakālpāgnigudaśī-
15 patkuṣṭhamadhumehārtānām yathāsvamāmayavṛddhiḥ |
garbhīnyāḥ pūrvokto doṣaḥ | " iti | pūrvokto-vamanoktaḥ |
§ 4434

1.19.13 Aṣṭāṅgahr̥dayasaṃhitā

āsthāpyā eva cānvāsyā viśeṣādativahnayaḥ | | 6 | |
rūkṣāḥ kevalavātārtāḥ-----
| | 7 | | § 4436

1.19.14 Sarvāṅgasundarā

ya evāsthāpyāsta evānuvāsyāḥ | ānpūrvāttiṣṭhaternijantā-
danupūrvācca vasaterarhārthe ṇyat | viśeṣeṇātivahnyād-
ayo+anuvāsyāḥ | § 4437

1.19.15 Āyurvedarasāyana

anuvāsanasya viśeṣato viśayamāha-āsthāpyā iti | āsthāpyāḥ-
gurmādayaḥ | ativahnyādiṣu triṣu nirūhādanuvāsanasya
prādhānyamāhaviśeṣāditi | § 4438

1.19.16 Aṣṭāṅgahṛdayasaṃhitā

-----nānuvāsyāsta eva ca | |7| |

ye+anāsthāpyāstathā

pāṇḍukāmalāmehapīnasāḥ | |7| |

nirannaplīhaviḍbhedigurukoṣṭhakaphodarāḥ | |8| |

abhiṣyandibhṛśasthūlakṛmikōṣṭhāḍhyamārutāḥ | |8| |

pīte viṣe gare+apacyāṃ ślīpadī

5

galagaṇḍavān | |9| | § 4443

1.19.17 Sarvāṅgasundarā

ta eva ceti ye+anāsthāpyāḥ-anirūhyāḥ, te cāpi nānuv-

āsyāḥ | tathā, pāṇḍvādayo nānuvāsanārḥāḥ | eteṣāṃ hi

doṣānutkleśya snehabastirudaraṃ janayet | nirannasyā-

nuvāsanāt snehavipattiḥ | tathā coktaṃ kharanādena-

"abhuktadattasya tathā snehabastirvipadyate | " iti | plīhā-

5

dīnāṃ stambhajāḍyādīnāvahet | kṛmikōṣṭhasyānuvāsanā-

dayaḥ pūrvamanirhṛtaiḥ kṛmibhirathavā+atibahutvāddoṣāpaniḥsaraṇena

hṛdayamatikaṛṣadbhiścchardim kuryuḥ | āḍhyamāruta-

sya samyagdoṣānirharaṇādāmavavṛddhiḥ | pīte viṣe gare

ca nānuvāsyā iti yojyam | apacī-uttare (a. 29 | 25) vakṣy-

10

amāṇā | ślīpadītīniḥ, galagaṇḍavāniti matup | apacyād-

ayo nānuvāsyā iti | saṅgrahe coktam (sū. a. 28) - "abh-

ukte riktakoṣṭhasya prayuktamanuvāsanam | saradūrag-

asūkṣmatvaiḥ kṣipramūrdhvaṃ prapadyate | | tena vāy-

orjayo na syādvātadhāmanyatiṣṭhatā | kāyāgnerāśu nāśa-

15

śca viśeṣādanirvartinā | | snehaḥ sadyo+aśitāhāraruddhe

tvāmāśaye+anilam | pakvasthaṃ hanti pakvasthaścyav-

ate cānnapākataḥ | | nirūhaśca samīraśca tīkṣṇavegāvubh-

āvapi | tāvannamūrccitau tīkṣṇāvadho+annana sahāga-

tau | | ūrdhvaṃ vā śakṛtā sārddham saṃsthitau koṣṭha

20

eva vā | samalāhāraviṣṭabdhou haretāmāśu jīvitam | | bhuk-

ktavānanuvāsyo+asmāna nirūhyo+atra bhuktavān | " iti |

§ 4444

1.19.18 Āyurvedarasāyana

anāsthāpyādīnāṃ pāṇḍvādīnāṃ cānuvāsanāṃ niṣedhati-
nānuvāsyā iti | anāsthāpyāḥ-atisnigdhādayaḥ | nirannaḥ-
akṛtāhāraḥ | vidbhedī-śithilamalaḥ | durukoṣṭhaḥ-āhāraṃ
vinā+apyāhārapūrṇa iva koṣṭho yasya | abhiṣyanī-nerakoṣṭhī |
5 saṅgrahe tu (sū. a. 28) - tatrātisnigdhādīnāṃ yathāsvam-
uktāḥ pṛthagdoṣāḥ | api ca | abhukte riktakoṣṭhasya pra-
yuktamanubāsanam | saradūragasūkṣmatvaiḥ | kṣipram-
ūrdhva prapadyate | | tena vāyotjayo na syādvātadhāma-
nyatiṣṭhātā | kayāgnerāśu nāśastu viśeṣādativartinā | | sn-
10 ehaḥ sadyo+asitāhāraruddhe tvāmāśaye+anilam | pavka-
stham hanti pavkasthācayavate cānnapākataḥ | | nirūha-
śca samīraśca tīkṣṇavegāvubhāvapi | tāvannamūrcchitou
īkṣṇāvadhō+annenasahāgatou | | ūrdhvaṃ vā śakṛtā sā-
rddham saṃsthitou koṣṭha eva vā | samalāhāraviṣṭabdhou
15 haretāmāśu jīvitam | | bhuktavānanuvāsyō+asmāna ni-
rūhyō+atra bhuktavān | pāṇḍurogārtādīnāṃ doṣānutkle-
śya snehabastirudaram janayer | pratiśyādimatām bhūya
eva deṣaṃ vivardhayet | " iti | § 4445

1.19.19 Aṣṭāṅgahr̥dayasaṃhitā

tayostu netraṃ hemādīdhātudārvasthivenujam | | 9 | |
gopucchākāramacchidraṃ ślakṣṇarju
gulikāmukham | | 10 | | § 4447

1.19.20 Āyurvedarasāyana

nirūhānvāsanayantrasya lakṣaṇamāha-tayostviti | gopucchākāraṃ-
gopucchavat kramakṛśaṃ vṛttaṃ ca | gulikāmukhaṃ-
gulikāvadastrirahitaṃ mukhaṃ yaya | saṅgrahe tu (sū.
a. 28) maṇiśaṅkhaśṛṅgadantanalakhadirakadaraatiniśati-
5 ndukādīdārusāramayamṛjvakarkaśam | " iti (ityadhikam) |
§ 4448

1.19.21 Sarvāṅgasundarā

tayoḥ-nirūhānvāsanayornetraṃ bhavati | nīyate-prāpyate
snehakalkādyapānamiti netraṃ | netreti "dāmnīśasa" iti
ṇeḥ ṣṭran+a+apratyayaḥ | kimbhūtaṃ netraṃ ? hemā-
dīti | ādiśabdaḥ prakāre | tena rūpyarītikāyaḥkāmsya-
trapusīsādayo gr̥hyante | hemādayaśca te dhātavaśceti 5
karmadhārayaḥ | dāru-śiṃśipādikāṣṭham, asthi-gajādeḥ,
veṇuḥ-vaṃśaḥ, eteṣāṃ dvandvaḥ | ebhyo jātaṃ tayoh-
nirūhānvāsanayoḥ, netraṃ bhavati | kimbhūtaṃ ? gopu-
cchākāram, gopuccha ivākāro yasya tat | tathā, acchidraṃ-
nirvivaram | tathā, ślakṣṇaṃ-komalam | tathā, ṛju-avakram | 10
gulikāsadr̥śamatikṣṇāgraṃ mukhaṃ yasya tadevam | § 4449

1.19.22 Aṣṭāṅgahr̥dayasamhitā

ūne+abde pañca, pūrṇe+asminnāsaptabhyo+aṅgulāni
ṣaṭ | | 10 | |
saptame sapta, tānyaṣṭau dvādaśe, ṣoḍaśe
nava | | 11 | |
dvādaśaiva paraṃ viṃśādvīkṣya varṣāntareṣu
ca | | 11 | |
vayobalaśarīrāṇi
pramāṇamabhivarddhayet | | 12 | | § 4453

1.19.23 Sarvāṅgasundarā

ṣaṇmāse bāle+adhike vā apūrṇavarṣe netrasya pañcāṅ-
gulāni | āturaṅgulapramāṇamiti gamyate | dairghyeṇa ce-
tyetadapyanuktaṃ gamyate | vakṣyati hi (ślo. 12) - "sv-
āṅguṣṭhena samaṃ mūle sthaulyena" iti | āsaptabhyaḥ-
saptavarṣāṇi maryādīkṛtya, ṣaḍaṅgulāni pramāṇam | ān- 5
atra maryādāyām, nābhividhau | tena ṣaḍvarṣe bāle
ṣaḍaṅgulāni netraṃ | anyathā saptavarṣasyāpi ṣaḍev-
eti prāpnoti | vakṣyati tu-"saptame sapta" iti | evaṃ
ca pūrvāparaṃ vyāhataṃ syāt | tasmānmaryādāyāmā-
nītyevehi | saptame varṣe saptāṅgulāni | dvādaśe va- 10

tsare tāni-aṅgulānyaṣṭau netram | dvādaśānāṃ pūraṇa
iti " tasya pūraṇe ḍaṭ" iti ḍaṭ | evaṃ ṣoḍaśa itya-
tra | ṣoḍaśe saṃvatsare navāṅgulāni netram | viṃśādva-
tsarādūrdhvamekaviṃśaprabhṛtivarṣeṣu dvādaśāṅgulāni
5 netram | nāto+apyadhikānītyevaśabdārthaḥ | viṃśatiśa-
bdāt pūraṇe ḍaṭi tivimśatorḍitīti tilopādvimśaśabdaḥ |
varṣāntareṣu-antarālasthiteṣu varṣeṣu navamadaśamād-
iṣu, vīkṣya-paryālocya, netrasya pramāṇamabhivarddha-
yet | caśabdo bhinnakramaḥ | na kevalaṃ varṣāntareṣu pr-
10 amāṇamabhivarddhayet | yāvadvayobalādīni ca nirūpya
pramāṇaṃ vṛddhiṃ nayet | § 4454

1.19.24 Āyurvedarasāyana

yantrapramāṇamāha-ūne+abda iti | prathame varṣe pa-
ñcāṅgulaṃ yantram | dvitīyādiṣu pañcasu ṣaḍaṅgulaṃ |
satpme satpāṅgulaṃ | dvādaśe+aṣṭāṅgulaṃ | ṣoḍaśe nav-
āṅgulaṃ | viṣadiṣu dvādaśāṅgulaṃ | varṣāntareṣu vayaḥ
5 prabhṛtīn vīkṣya yuktyā pramāṇaṃ varddhayet | aṣṭame
sapādasatpāṅgulaṃ, navame sārddhasatpāṅgulamityādi |
§ 4455

1.19.25 Aṣṭāṅgahr̥dayasaṃhitā

svāṅguṣṭhena samaṃ mūle sthauyenāgre
kaniṣṭhayā | | 12 | | § 4456

1.19.26 Sarvāṅgasundarā

sthaulyena-pariṇāhena, svāṅguṣṭhena tulyaṃ mūle ne-
tram | tathā, agraṃ-prāntaḥ, tasmin kaniṣṭhayā+aṅgulyā
samaṃ netraṃ syāt | kharanāde+apyuktam-"bastinetramṛju
ślakṣṇaṃ suvṛttaṃ gulikāmukham | bhavedgopuccha-
5 saṃsthānaṃ supravāhaṃ trikarnīkam | | yā tribhāga-
praṇayane maryādā karṇikā bhavet | dve karṇike co-
pariṣṭādbastyādhāre yathāntare | | svāṅguṣṭhakapariṇā-
haṃ mūlaṃ netrasya śasyate | madhyaṃ tvanāmik-

ātulyamagnaṃ tulyakaniṣṭhikam || svenāṅgulipramāṇ-
ena dairghyaṃ syāddvādaśāṅgulam | karkandhupramv-
ahaṃ chidraṃ śreṣṭhamanyadyathāvayaḥ || viṃśadvā-
daśaṣaḍvarṣe dvādaśāṣṭaṣaḍaṅgulam | karkandhukasat- 5
īnāgramudgachidravahaṃ smṛtam ||" ityādi | munira-
pyavocat (ca. si. a. 3|6) - "ṣaḍdvādaśāṣṭāṅgulasamm-
itāni ṣaḍviṃśatidvādaśavarṣajānām | syurmudgakarka-
ndhusatīnavāhicchidrāṇi vartyā pihitāni caiva || yathāv-
ayo+aṅguṣṭhakaniṣṭhikābhyāṃ mūlāgrayoḥ syuḥ pariṇā-
havanti ||" iti | § 4457 10

1.19.27 Āyurvedarasāyana

yantrasthoulyamāha-svāṅguṣṭheneti | svāṅguṣṭhena-yamuddiṣya
yantrapramāṇaṃ tasyāṅguṣṭhena, tasyaiva kaniṣṭhayā,
mūle+agreityubhayatra yojyam | aṅguṣṭhamūlavadyantr-
amūlaṃ kaniṣṭhāgradyanrāgramsthūlamityarthaḥ | ma-
dhyam tvānupūrvyā sthūlam | § 4458 5

1.19.28 Aṣṭāṅgahrdayasamhitā

pūrṇe+abde+aṅgulamādāya
tadarddhārdhapravarddhitam || 13 ||
tryaṅgulam paramaṃ chidraṃ mūle+agre
vahate tu yat || 13 ||
mudgaṃ māṣaṃ kalāyaṃ ca klinnaṃ
karkandhukaṃ kramāt || 14 || § 4461

1.19.29 Sarvāṅgasundarā

varṣe pūrṇe satyaṅgulamādāya svāṅgulātprabhṛti kra-
meṇa tryaṅgulam chidraṃ mūle netrasya bhavati | ki-
mbhūtaṃ chidraṃ ? arddhasyārdhamarddhārdham |
tasya-aṅgulasyārddhārdham tadarddhārdham, tena pr-
avarddhitam | tatra prathame varṣe+aṅgulamātraṃ chi- 5
dram, yāvadvārṣāṇi ṣaṭ | saptame varṣe sapādamaṅgu-
lam, yāvadekādaśa varṣāṇi | dvādaśe varṣe sārddhamaṅg-

ulam, yāvatsōdaśa varṣāṇi | ṣoḍaśavarṣasya tu pādonama-
 ṅguladvayam | saptadaśe varṣe+aṅguladvayam | aṣṭadaśe
 varṣe sapādamaṅguladvayam | ekonaviṃśativarṣasya sār-
 rddhamaṅguladvayam | viṃśativarṣasya pādonamaṅgul-
 5 atrayam | ekaviṃśativarṣasya tryaṅgulaṃ chidramiti kr-
 amo vedyah | paramamityanenaitadgamayati,-paramaṃ-
 utkarṣamāśrityedaṃ mūlacchidram | madhyamaṃ tu mū-
 lacchidram "svāṅguṣṭhena" ityanenoktam | ūnavarṣasya
 tvarddhāṅgulaṃ chidrametadapekṣayā kalpyam | agre tu
 10 chidraṃ tadbhavati yanmudgādi vahati | tatra vārṣika-
 sya mudgavāhi, yāvatsaḍvarṣam | saptavarṣasya māṣav-
 āhi, yāvadekādaśo+abdaḥ | dvādaśavarṣasya kalāyavāhi,
 ṣoḍaśavarṣasya klinnakalāyavāhi, ekaviṃśativarṣasya ka-
 rkandhuvāhi, iti kramādvayaḥpramāṇam | ūnavarṣasya
 15 ca na mudgavāhi kalpyam | agracchidrapramāṇaṃ caitat
 "agre kaniṣṭhayā" ityatrāpi saṅgacchata eva | dairghyapr-
 amāṇaṃ cātra pakṣe pūrvameva yojyam | "svāṅguṣṭhena
 samaṃ mūle sthauilyena" ityanena (ityatra) chidrapram-
 āṇaṃ svamatyā bhiṣajā prakalpyam | tathā, "tryaṅgulaṃ
 20 paramaṃ chidraṃ" ityatra ca sthauilyapramāṇaṃ svadhiy-
 aiva nirūpyam | tantrakṛtā tu granthagauravabhayādukta-
 prāyatvāccheha noktam | § 4462

1.19.30 Āyurvedarasāyana

yantrācchidrapramāṇamāha-pūrṇe+abde iti | ṣadaṅgula-
 sya yantrasya mūlacchidramaṅgulapramāṇam | saptāṅgu-
 lasya sārddhāṅgulam | aṣṭāṅgulasya dvyaṅgulam | navā-
 ṅgulasya sārddhadvyaṅgulam | dvādaśāṅgulasya tryaṅgu-
 5 ulam | ṣaḍāṅgulasyaḍracchidraṃ mudgavāhi | saptāṅgu-
 lasya māṣavāhi | aṣṭāṅgulasya kalāyavāhi | navāṅgula-
 sya klinnakalāyavāhi | dvādaśāṅgulasya hrasvabadarav-
 āhi | aṅgulamānaṃ tu chidrasva vṛttaparidhau jñeyam | "
 pañcāṅgulasya mūle+arddhāṅgulam, agre vanamudgav-
 10 āhi | " iti saṅgrahoktaṃ (sū. a. 28) jñeyam | § 4463

1.19.31 Aṣṭāṅgahr̥dayasaṃhitā

mūlacchidrapramāṇena prānte ghaṭitakarṇikam | | 14 | |
vartyā+agre pihitaṃ, mūle yathāsvaṃ
hyaṅgulāntaram | | 15 | |
karṇikādvitayaṃ netre
kuryāt----- | | 15 | | § 4466

1.19.32 Āyurvedarasāyana

yantrasya prānte karṇikāsthāpanamāha-mūlacchidrapramāṇeneti |
mūlacchidrapramāṇena prānte parikalpya tatsīmarūṇaṃ
karṇikāṃ ghaṭayet | yantrāgracchidraṃ vartyā pidheyamityāha-
vartyeti | saṅgrahe tu (sū. a. 28) - " karṇikāntaḥpratibaddhasūtrāntargṛhītā
ghacailavarti | " ityuktam | yantramūlasthakarṇikādvaya- 5
madhye dvyaṅgulamantaram kāryamityāha - mūle yath-
āsvamiti | yathāsvaṃ-yamuddiśya yantraṃ tadaṅgulaiḥ |
§ 4467

1.19.33 Sarvāṅgasundarā

mūle yacchidramuktaṃ tatpramāṇena prānte ghaṭitā-
sampādītā, karṇikā-chatrākārā gudādhikāntaḥpraveśaro-
dhinī, yasmimstadevam | tathā, vartyā-daśādikṛtayā, prā-
nte (agre) pihitaṃ-sthagitam | yathāsvaṃ-ūnavarṣādikasya 5
tadaṅgulapramāṇena, dvyaṅgulāntaram karṇikāyugalaṃ
mūlapradeśe netre vidadhīta bastipuṭayojanārtham | § 4468

1.19.34 Aṣṭāṅgahr̥dayasaṃhitā

-----tatra ca yojayet | | 15 | |
ajāvimaḥiṣādīnāṃ bastiṃ sumṛditaṃ
dṛdham | | 16 | |
kaṣāyaraktaṃ niśchidragranthigandhaśiraṃ
tanum | | 16 | |
grathitaṃ sādhu sūtreṇa
sukhasaṃsthāpyabheṣajam | | 17 | | § 4472

1.19.35 Sarvāṅgasundarā

tasmim̐sca karṇikādvitaye+ajādīnām̐ bastim̐ yojayet | ādiś-
abdena gohariṇavarāhāṅām̐ grahaṇam | ajādīnām̐ityevam̐
nirdeśe+apyavimahiṣagrahaṇe labdhe sākṣādetayorgraha-
ṇamanyajebhyo bastibhya etadbasteryogyataratvapratipā-
5 danārtham | kimbhūtaṃ bastim ? sumṛditaṃ,-sasnehaṃ
muhuh̐ suṣṭhu marditaṃ | tathā, dṛḍham | tathā kaṣāyeṇa-
harītakyādinā, raktam | tathā, chidraṃ ca granthīśca ga-
ndhaśca śiraśca, tāḥ nirgatāḥ-na santi, yasya tanniśch-
idragranthigandhaśiram | tathā, tanuṃ-na sthūlam | ta-
10 thā, sādhu-samyak, sūtreṇa grathitaṃ-baddham | tathā,
sukhena-akṛcchreṇa, saṃsthāpanīyamauśadham̐ yatra ta-
devam | § 4473

1.19.36 Sarvāṅgasundarā

karṇikādvaye bastibandhanamāha-tatreti | ādiśabdena go-
hariṇavarāhādayaḥ | bastim̐-mūtrādhāraccarmapeśim̐ | sumṛditaṃ-
snehamudgābhyām̐ | kaṣāyaraktaṃ-kaṣāyarasairdravyairdattarāgam |
nischidragranthigandhaśiraṃ-chidrādicatuṣṭayarahitam | tanuṃ-
5 sūkṣmam̐ | sūtreṇa sādhu grathitaṃ-baddhvā parivartya
punarbaddham | sukhasaṃsthāpyabheṣajaṃ-yathoktapramāṇamauśadhamasam̐
yathā māti tathāpramāṇam | § 4474

1.19.37 Aṣṭāṅgahr̥dayasaṃhitā

bastyabhāve+aṅkapādaṃ vānyasedvāso+athavā
ghanam | | 17 | | § 4475

1.19.38 Sarvāṅgasundarā

basterabhāve sati, aṅkapādaṃ vā-caraṇādyavayavaviśeṣam̐
vā, nyaset-netre yojayet | athavā, vastraṃ ghanam̐ nyaset |
§ 4476

1.19.39 Āyurvedarasāyana

[tadalābe caritārthatāmāha-bastyabhāva iti |] aṅkapādaṃ-
ūrucarma pādacarma vā | saṅgrahe tu (sū. a. 28) - "nyu-
bjaṃ vivṛtānaṃ vinivartya punaścānyadvastimukhaba-
ndhanārthaṃ sūtramupanidhāyānuguptaṃ nidhāpayet | "
iti | § 4477

5

1.19.40 Aṣṭāṅgahṛdayasaṃhitā

nirūhamātrā prathame prakuñco vatsare param | | 18 | |
prakuñcavṛddhiḥ pratyabdam
yāvatsaṭprasṛtāstataḥ | | 18 | |
prasṛtaṃ varddhayedūrdhvaṃ
dvādaśāṣṭādaśasya tu | | 19 | |
āsaptateridaṃ mānaṃ, daśaiva prasṛtāḥ
param | | 19 | | § 4481

1.19.41 Āyurvedarasāyana

nirūhouṣadhamātrāmāha-nirūhamātreṭi | prathame varṣe
palam | tata ādvādaśāt palavṛddhiḥ | tata ā+aṣṭādaśāt
dvipalavṛddhiḥ | evamaṣṭādaśe varṣe caturviṃśatipalāni
syuḥ | tānyevāsatpatitamāt | tato viṃśatipalāni | saṅgrahe
tu (sū. a. 28) "anye punardvādaśaprasṛtasyāpyaṣṭāviccha-
nti | " iti | § 4482

5

1.19.42 Sarvāṅgasundarā

nirūhasya mātrā prathame varṣe kaṣāyasnehasahitasya
prakuñcaḥ-palapramāṇam | ṣaṇmāsādaḥ tvetadanusāreṇ-
ārdhpalādi kalpyam | varṣātparaṃ prakuñcena vṛddhiḥ
pratisaṃvatsaram kāryā, yāvat saṭprasṛtāḥ-dvādaśa pal-
āni | tata ūrdhvaṃ prasṛtaṃ varddhayet | pratyabdam-
ityanuvartate | tato dvādaśavarṣasyaivaṃ dvādaśa pal-
āni | anantaram trayodaśavarṣādiṣu prativarṣam paladv-
ayaṃ nirūhamātrāyā varddhayitavyaṃ krameṇaiva yāva-
tsaptadaśavarṣāni | aṣṭādaśavarṣasya tu dvādaśa prasṛtāḥ-

5

caturviṃśatipalāni | idaṃ-etat, mānaṃ-pramāṇaṃ, sapta-
tivarṣāṇi yāvat | paraṃ-saptaterūrdhvaṃ, daśaiva prasṛtā
mānam, nādhikam | § 4483

1.19.43 Aṣṭāṅgahr̥dayasaṃhitā

yathāyatham nirūhasya pādo
mātrā+anuvāsane | | 20 | | § 4484

1.19.44 Sarvāṅgasundarā

yathāyatham-yathāsvaṃ vārṣikasyaikaviṃśativatsarādervā,
nirūhasya pādaḥ-caturbhāgamātraḥ, anuvāsane-anuvāsanaviṣaye,
mātrā | yasya palaṃ nirūhastasya karṣapramāṇamanuvā-
sanamityarthaḥ | evaṃ sarvatra kalpyam | § 4485

1.19.45 Āyurvedarasāyana

anuvāsanouṣadhamātrāmāha-yathāyathamiti | yathāyatham-
pale karṣaḥ, paladvaye karṣadvayamityādi | saṅgrahe tu
(sū. a. 28) - " yathāsvamāsthāpanamātrā pādahinā mād-
h-utailike prayojyā | " iti | § 4486

1.19.46 Āyurvedarasāyana

nirūhyasyānuvāsanamāha-āsthāpyamidi | kṛtā snehanād-
ikamāsthāpyamanuvāsanayogyatve sati pūrvamanudhās-
avedā | anuvāsanakālamāha-śīte vasante ceti | śīte vasante
tato+anyadā ca divā+anuvāsayet | kecit tato+anyadārātrā
5 iti vadanti | saggrahe tu (sū. a. 28) - " avekṣya vā doṣādīn |
anyathā hi snehoktāmayaprādurbhāvaḥ | dhanvantarīyāḥ
punaḥ prāhuḥ | na rātrau praṇayedvastim doṣotkleṣo hi
rātrijāḥ | snehavīryayutaḥ kuryādādhmānaṃ gouravaṃ
jvaram | | ahvisthānāsthite doṣe vahnau cānnarasānvite |
10 sphuṭastrotomusvaṃ dehaṃ sneho yatparisarpati | | alpa-
pittakafaṃ rūkṣaṃ bhṛkṣaṃ vātarujārditam | bhuktaṃ jī-
rṇāśanaṃ kāmāṃ rātrāvāpyanuvāsayet | | kevalānilātip-

īḍitaṃ taśuddhamapyanirūpitavelamapyanuvāsayedātya-
yikatvāt | |" iti | anuvāsanīyasya pūrvaṃkatavyamāha-
abhyaktasnātamiti | uktacitāt-nityabhojanāt, pādahīnam |
aśitaṃ-bhuktavantam | dravādi-dravapūrvam | na cocchīrṣe-
ucchīrṣakaṃ vinā | § 4487 5

1.19.47 Aṣṭāṅghṛdayasaṃhitā

āsthāpyaṃ snehitaṃ svinnaṃ śuddhaṃ labdhabalaṃ
punaḥ | |20 | |
anvāsanārhaṃ vijñāya
pūrvamevānuvāsayet | |21 | |
śīte vasante ca divā rātrau
kecittato+anyadā | |21 | |
abhyaktasnātamucitātpādahīnaṃ hitaṃ
laghu | |22 | |
asnigdharūkṣamaśitaṃ sānupānaṃ dravādi 5
ca | |22 | |
kṛtacaṅkramaṇaṃ muktaviṇmūtraṃ śayane
sukhe | |23 | |
nātyucchrite na cocchīrṣe saṃviṣṭaṃ
vāmapārśvataḥ | |23 | |
saṅkocya dakṣiṇaṃ sakthi prasārya ca
tato+aparam | |24 | | § 4495

1.19.48 Sarvāṅgasundarā

āsthāpyaṃ-nirūhaṇārhaṃ, snigdhaṃ, tathā svinnaṃ, ta-
thā śuddhaṃ-ūrdhvādhaḥ, tathā bhūyo+api labdhaba-
laṃ, tathā+anuvāsanayogyam, viditvā pūrvameva nirū-
hādanuvāsayet | śīte-hemantaśīśirayoḥ ṛtvoḥ, tathā va-
sante, divā+anuvāsayet | anyadā-śītādvasantāccānyasmin 5
grīṣmaprāvṛṣṭsaradākhye ṛtau, rātrāvanuvāsayet | kecid-
iti bhinnakramaḥ, tato+anyadetyato+anantaram draṣṭa-
vyam | iti kecit "āhuḥ" iti vākyaśeṣaḥ | dhānvantarāstu
sarvathaiva rātrāvanuvāsaṇaṃ necchanti | dhanvantarim-
atamevorarīkṛtya saṅgrahe+adhijage (sū. a. 28)- "na rā- 10

trau praṇayedbastiṃ doṣotkleśo hi rātrijaḥ | snehavīrya-
 yutaḥ kuryādādhmānaṃ gauravaṃ jvaram | |" iti | tade-
 taddeśāntarādivaśāt pramāṇayitavyam | kimbhūtaṃ na-
 5 ram ? abhyaktasnātaṃ,-pūrvamabhyaktaḥ paścātsnātaḥ,
 tam | pūrvakāleti samāsaḥ | ucitātpādahīnaṃ-yena yadbh-
 ojanamabhyastaṃ tasmāccaturthabhāgahīnamaśitam | ta-
 thā, hitaṃ-laghuguṇayuktam | tathā, kiñcit snigdharū-
 kṣam | tathā, sānupānaṃ dravādi ca | ādiśabdena dravo-
 ṣṇamanabhiṣyandītyādiviśiṣṭaṃ bhuktavantamiti gamay-
 10 ati | uktaṃ ca saṅgrāhe (sū. a. 28)- "atisnigdhāśino hyu-
 bhayamārgasaṃsargāt sneho madamūrcchāgnisādahr̥llās-
 ādīn janayati | rūkṣāśino viṣṭambhaṃ balavarṇahāniṃ ca |
 alpamātradravāśino viṣṭavaṇmūtrasya cānāvṛto na tadā-
 varaṇādvyāpadam |" iti | kimbhūtam ? kṛtacaṅkramaṇaṃ-
 15 vihitagamanaṃ mātram | tathā, vyaktamūtrapurīṣam | ta-
 thā, śayane-śayanīye, sukhāvahe saṃviṣṭaṃ-sthitam | ki-
 mbhūte ? nātyucchrite,-nātyunnate, na cocchīrṣe-na co-
 nnataśirodhare | kathaṃ saṃviṣṭaṃ ? vāmapārśvataḥ,-
 vāmapārśvena | saṅkocya dakṣiṇaṃ sakthi vāmasakthna
 20 uparīti vṛddhavaidyāḥ | tato-dakṣiṇasakthnaḥ, aparaṃ-
 vāmaṃ sakthi, prasārya | saṅgrāhe cuktam (sū. a. 28) - "śa-
 yane nātyucchrite svāstrīta īśadunnatapādadeśe vāmapā-
 rśvena prāk+a+aśirasam saṃveśayet |" iti | § 4496

1.19.49 Aṣṭāṅgahr̥dayasaṃhitā

athāśya netraṃ praṇayetsnigdhe snigdhamukhaṃ
 gude | |24 | |
 ucchvāśya bastervadane baddhe
 hastamakampayan | |25 | |
 pṛṣṭhavaṃśam prati tato
 nātidrutavilambitam | |25 | |
 nātivegam na vā mandam sakṛdeva
 prapīdayet | |26 | |
 5 sāvāśeṣam ca kurvīta vāyuḥ śeṣe hi
 tiṣṭhati | |26 | | § 4501

1.19.50 Sarvāṅgasundarā

asya-evambhūtāvasthasyāturasya, gude snigdhe ghr̥tena
kr̥te netraṃ [snigdhaprāntaṃ praṇayet |] bastervadana
ucchvāsya-vātaṃ nihsārya, baddhe sati, nātiśīghraṃ, nāti-
vilambitaṃ, nātivegena, na ca mandam̄ kr̥tvā, tathā pṛṣṭh- 5
avaṃśābhimukhamekavārameva netraṃ prapīḍayet | ka-
thaṃ prapīḍayet ? hastamakampayan | atidrutādipīḍana-
doṣā bastivyāpatsiddhau (hr̥. ka. a. 5) vakṣyamāṇāḥ | sāva-
śeṣam̄ ca sneham̄ kurvīta | kuto hetoḥ ? ityāha-yasmāt śeṣe
snehe vāyustiṣṭhati | § 4502

1.19.51 Āyurvedarasāyana

anuvāsane vaidyakraṭyamāha-athāsyeti | asyatnāturasya,
hude bastimucchvāsya-mṛdukarasparśena vigatamārutaṃ
kr̥tvā, pṛṣṭhavaṃśam̄ prai-pṛṣṭhavaṃśāśrayeṇa, praṇayet |
tataḥ-anantaram, auśadham̄ praṇayet | nātidrutavilambit- 5
amiti pīḍunārambhaviṣayam | nātivegam̄ na vā mandamiti
pīḍanaviṣavam | śeṣe-auśadhaśeṣe | § 4503

1.19.52 Aṣṭāṅgahr̥dayasaṃhitā

datte tūttānadehasya pāṇinā tāḍayetsphijau | | 27 | |
tatpārṣṇibhyāṃ tathā śayyāṃ pādastaśca
trirutkṣipet | | 27 | |
tataḥ prasāritāṅhgasya sopadhānasya
pārṣṇike | | 28 | |
āhanyānmuṣṭinā+āṅhgam̄ ca snehenābhyajya
mardayet | | 28 | |
vedanārtamiti sneho na hi śīghraṃ 5
nivartate | | 29 | |
yojyaḥ śīghraṃ nivṛtte+anyaḥ
sneho+atiṣṭhannakāryakṛt | | 29 | | § 4509

1.19.53 Sarvāṅgasundarā

datte ca bastisnehe sati, uttānagātrasya tu tasya sph-
ijau hastenāhanyāt | tathā-tenaiva prakāreṇa, tatpārṣṇi-
848

bhyāṃ sphijau tāḍayet | śayyāṃ-khaṭvāṃ ca, pādataḥ-
caraṇadeśāt, trīn vārānutkṣipet, na tu mūrdhataḥ | tataḥ-
śayyotkṣepādanantaram, prasārītaśarīrasya dattagaṇḍuk-
5 asya pārṣṇike-pārṣṇī, mṛṣṭyā+a+ahanyāt | aṅgaṃ-śarīraṃ
ca, snehena-tailādinā, abhyajya mardayet | kimevaṃ kriy-
ate ? ityāha-aṅgaṃ vedanārtam-pīḍāturam, iti-hetoryasmādāśu
sneho na nivartate | śīghramapayāte ca snehe satyaparaḥ
sneho deyaḥ | kasmādevaṃ vidhīyate ? ityāha-snehaḥ śarī-
rābhyantere+atiṣṭhan naiva kāryakṛt-na snehane samartha
10 ityarthāḥ | § 4510

1.19.54 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ- datte tvaṣadhe vaidyaḥ svapāninā sphijau
 tāḍayet, tata āturapārṣṇibhyām | tataḥ
 pādataḥ śyyāmutkṣipet | tataḥ pārṣṇī ca
 muṣṭinā+a+ahanyāt | tririti pāṇitāḍanādiṣu
 caturṣcapi yojyam | tato vedanārtamaṅgam
 mardayet | saṅgrahe tu (sū. a. 18) -
 "vamanādadhikataraṃ kṛtamaṅgalamaśanā-
 rdrahastamaśaṅkanīyaparivāraṃ nivāte
 veśmani pratate śayane svāstrīte
 iṣadunnatapādadeśe prākśirasam
 saṃveśayet | atisnigdhāśino
 hyubhayamārgasaṃsargātsneho
 madamūrcchāgnisādahrllāsān janayati |
 rūkṣāśino viṣṭambhaṃ balavarṇahāniṃ ca |
 alpamātradravāśino viṣṭaviṇmūtrasya
 cānāvṛto na tadāvaraṇavyāpadam |
 ciramaśitavato vidāhābhimukhabhaktasya
 jvaraṃkuryāt | yataśca vāmapārśvāyāṇi
 vahnigrahaṇīgudavalīmukhāni | tāni
 tatpārśvaśāyino nimrāni bhavanti |
 atastadouṣadhamaskalitaṃ prānpoti
 praveśanirgamāviti | saṃviṣṭam
 cainamṛjusthitadeham svabāhūpadhānam
 prasāritavāmasaktimākuñcitetaram
 tasyopari prasāritadakṣiṇabāhum kārayet |
 pūrvameva tu vaidyo vartyā
 supihitāgracchidraṃ netraṃ bhājanasyopari
 kṛtvā dakṣiṇapādāṅguṣṭhāṅgulibhyām
 karṇikāyāmupariṣṭānniṣpīḍyāvibandhāya
 śatāhvāsaindhavacūrṇāvacūrṇitaṃ prāgeva
 netrasparśāt pūrvavadabhimantritaṃ
 yathārhaṃ yathārhouṣadhavipavkaṃ
 sukhoṣṇam bastou
 snehamāsicyāvalīkocchvāsam
 niḥsāritavātabudbudamouṣadhānte
 sūtreṇadvistrirvā bastimukhamāveṣṭya
 dakṣiṇapāṇou netramupadhāya tiṣṭhet | tato
 vāmahastapradeśinyā+abhyaktapraveśapra-
 deśamapanītavartuttānavāmahastāṅguṣṭoda-
 rapihitāgram
 madhyamāpradeśinyupagrhitatakarnīkamṛ-
 jvanusukhamekamanā lāghavena
 netramākārṇikaṃ praveśayet | āturo+api

1.19.55 Aṣṭāṅgahr̥dayasaṃhitā

dīptāgniṃ tvāgatasnehaṃ sāyāsne
bhojayellaghu | | 30 | | § 4512

1.19.56 Sarvāṅgasundarā

dīptāgniṃ tu puruṣaṃ nivṛttasnehaṃ santam [sāyāhne]
laghu-mātrayā svabhāvataśca, āśayet | § 4513

1.19.57 Āyurvedarasāyana

mandāgnimanāgatasnehaṃ ca sāyaṃ na bhojayeditītaraniyamenāha-
dītpāgnimiti | saṅgrahe tu (sū. a. 28) - "naiva cānāgatasne-
hamapi dvitīye+ahani na ca tamanuvāsayet |" iti | § 4514

1.19.58 Aṣṭāṅgahr̥dayasaṃhitā

nivṛttikālaḥ paramastrayo yāmāstataḥ param | | 30 | |
ahorātramupekṣeta, parataḥ
phalavartibhiḥ | | 31 | |
tīkṣṇairvā bastibhiḥ kuryādyatnaṃ
snehanivṛttaye | | 31 | | § 4517

1.19.59 Āyurvedarasāyana

anuvāsanasya nivṛttikālamāha-nivṛttikāla iti | nivṛttik-
āle+apyanivṛttau kiñcitkālamupekṣāmāha-tata iti | upe-
kṣākāle+apyanivṛttau pratīkāramāha-parata iti tīkṣṇaiḥ-
lavaṇāranālaprāyaiḥ | § 4518

1.19.60 Sarvāṅgasundarā

snehasya trayāḥ praharāḥ paro nivṛttikālaḥ | tataḥ-praharatrayāt
parato, rātriṃdivamupekṣeta-na tadākṛṣṭau yatnaṃ ku-
ryāt | parataḥ-ahorātrāt, phalavartibhiḥ-arśaścikitsitoktābhiḥ,
athavā tīkṣṇairbastikalpoktairbastibhiḥ snehāgamanārtham
yateta | § 4519

5

1.19.61 Aṣṭāṅgahr̥dayasaṃhitā

atiraukṣyādanāgacchanna cejjādyādidoṣakṛt | | 32 | |
upekṣetaiva hi tato+adhyuṣitaśca niśāṃ
pibet | | 32 | |
prātarnāgaradhānyāmbhaḥ koṣṇaṃ,
kevalameva vā | | 33 | | § 4522

1.19.62 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ- pratikāraṣyāpavādamāha-atiraukṣyāditi |
nivṛttasnehasyānivṛttasnehasya ca
snehaśeṣapākārthamauṣadhamāhadhyuṣita
iti | kevalameva vā-koṣṇamambhaḥ |
saṅgrahe tu (sū. a. 28) - "sukhoṣitaṃ cainaṃ
tathā
kṛtavamanavirecanāsthāpanānyatamaṃ
prātaḥ
śuṅṭhīdhānyakvāthamitaradvoṣṇamudakaṃ
snehaśeṣajaraṇāya vātakaphoṣāntaye ca
pāyayet | tato+annakāle
yathoktamannamaśrnīyāt | na cānuvāsitaṃ
peyaṃ pāyayet | sā hi
sasnehakoṣṭhamenamabhiṣyandayati | "
iti | § 4523

1.19.63 Sarvāṅgasundarā

atiraukṣyādanāgacchan sneho yadi jādyāgnisādādidoṣā-
nna vidhatte, tata upekṣetaiva-na tanniṣkāsane yatetetya-
rthaḥ | adhyuṣito rātriṃ yadi snehastataḥ pariṇatatvāt ras-
ādidhātusamatāṃ gataḥ prātaḥ-prabhāte, śuṅṭhīdhānyak-
āmbu kaduṣṇaṃ pibet | kevalameva vā-nagaradhānyakarahitaṃ,
koṣṇaṃ jalaṃ pibet | § 4524

1.19.64 Āyurvedarasāyana

punaranuvāsanasya kālamāha-anvāsayediti snehapākānu-
sāreṇa satpamādīdineṣu vā | ulbaṇavātādīn pratidinamanuvāsayedityāha-
ata iti | ataḥ-snehapākaprādhānyāt | § 4525

1.19.65 Aṣṭāṅgahr̥dayasaṃhitā

anvāsayetṛtīye+ahni pañcame vā punaśca tam | | 33 | |
yathā vā snehapaktiḥ
syādato+atyulbaṇamārutān | | 34 | |
vyāyāmanityān dīptāgnīn rūkṣāṃśca
prativāsaram | | 34 | | § 4528

1.19.66 Sarvāṅgasundarā

tamāturaṃ bhūyastṛtīye divase pañcame vā+anuvāsayet |
athavā yathā snehapāko bhavedityagnyapekṣayā saptarā-
tre+adhike nyūne vā trirātre vā yathāyogamanuvāsayet |
ataḥ-asmādeva hetoḥ, adhipapavanān vyāyāmaśīlān paṭ-
5 utaradahanān rūkṣāṃśca puruṣān pratyahamanuvāsayet |
§ 4529

1.19.67 Aṣṭāṅgahr̥dayasaṃhitā

iti snehaistrīcaturaiḥ snigdhe srotoviśuddhaye | | 35 | |
nirūhaṃ śodhanaṃ yuñjyādasnigdhe snehanaṃ
tanoḥ | | 35 | | § 4531

1.19.68 Sarvāṅgasundarā

iti-pūrvoktena prakāreṇa, snehaistrībhīścaturbhirvā sni-
gdhe sati srotoviśodhanārthaṃ nirūhaṃ śodhanaṃ pray-
ojayet | asnigdhe sati tanoḥ-śarīrasya, snehanaṃ prayoja-
yet | trayo vā catvāro vā tricaturāḥ | saṅkhyayāvyayeti sa-
5 māsah | caturo+acprakaraṇe tryupābhyāmupasaṅkhyāna-
mityac samāsāntaḥ | § 4532

1.19.69 Āyurvedarasāyana

anuvāsanānantaram nirūhamāha-iti snehairiti | snehaiḥ-
anuvāsanaiḥ | niṣiddhānuvāsanasyānuvāsanam vinaiva
nirūhanāha-amrigdha iti | snehanaḥ san yaḥ śodhano ni-
rūhastam yuñjyāt | § 4533

1.19.70 Aṣṭāṅgahr̥dayasamhitā

pañcame+atha tṛtīye vā divase sādḥake śubhe | | 36 | |
madhyāhne kiñcidāvṛtte prayukte
balimaṅgale | | 36 | |
abhyaktasveditotsṛṣṭamalaḥ
nātibubhuṣitam | | 37 | |
avekṣya puruṣam doṣabheṣajādīni
cādarāt | | 37 | |
bastim prakalpayedvaidyastadvidyairbahubhiḥ 5
saha | | 38 | | § 4538

1.19.71 Sarvāṅgasundarā

atha-anuvāsanādanantaram, pañcame tṛtīye vā vāsare ma-
dhyāhne kiñcit-manāk, āvṛtte-atikrānte, tathā balimaṅgale
vihite sati, puruṣam kṛtābhyaktasveditam tyaktamalaḥ ki-
ñcidbubhuṣitam tathā prakṛtyādibhirjñātvā doṣādīni vid- 5
itvā | ādiśabdena sātmyabalādiparigrahaḥ | ityevaḥ sarv-
amavagamyā vaidyo bastim prakalpayet | nanu, "dūṣyaḥ
deśam" (hr̥. sū. a. 12 | 67) ityādinā sarvamuktamevaitat | ta-
tkimanena ? iti | brūmaḥ | nirūhamapi sāpāyaḥ paśyate-
tadācāryeṇa punaruktam | dūṣyadeśādimaḥatā yatnenāl-
ocanīyamiti pratipādanārtham | "nirūhamātrā prathame" 10
ityādi ca sarvamatrālocyam | katham prakalpayet ? ityāha-
tadvidyaiḥ-vaidyakaśāstrajñairbahubhiḥ saha-sārdḍham |
§ 4539

1.19.72 Āyurvedarasāyana

nirūhavidhimāha-pañcama iti | antyānubhasanadināt tṛt-
īye pañcame vā | sadḥake-jyotiḥśāstroke | śubhe-aśaucādirahite |
854

avetya-jñātvā | tadvidaiḥ-bastikuśalaiḥ | saṅgrhe tu (sū. a.
 28) - "āryāvalokitaṃ nāthamāyā tāgamātmabhuvam dhā-
 tāramaśvināvindramātreyam satparṣin kāśya videha pa-
 tiprabhr̥tīnagniveśādīṃśca tantrakārān dīpagandhapuṣp-
 5 afalabalidhūpairyajña iava prakalpitabhāgān kṛtvā, oṣa-
 dhīrvṛdvarvedyānū hijātīṃśca saṃpūjya tadvidyasaḥito
 doṣauśadhādibalena yathāhamupakalpayedrastim | " iti |
 § 4540

1.19.73 Aṣṭāṅgahr̥dayasaṃhitā

kvāthayedviṃśatipalaṃ dravyasyāṣṭau phalāni ca | |38| |
 tataḥ kvāthāccaturthāṃśam snehaṃ vāte
 prakalpayet | |39| |
 pitte svasthe ca ṣaṣṭhāṃśamaṣṭamāṃśam
 kaphe+adhike | |39| |
 sarvatra cāṣṭamaṃ bhāgaṃ kalkādbhavati vā
 yathā | |40| |
 5 nāsyacchasāndratā basteḥ palamātram guḍasya
 ca | |40| |
 madhupaṭvādiśeṣam ca
 yuktyā----- | |41| | § 4546

1.19.74 Sarvāṅgasundarā

dravyasya-bastikalpokyasya, nirūhakaḥpanārtham viṃśa-
 tipalāni, tathā+aṣṭau phalāni-madanaphalāni, sāmānya-
 paribhāṣayā ṣoḍaśaguṇam jalam dattvā kvāthayet | cat-
 urbhāgāvaśeṣaśca grāhyaḥ | tataḥ-tasmādevamkṛtāt, kv-
 5 āthāccaturthāṃśam snehaṃ vāte prakalpayet | dvādaś-
 aprasṛto hi nirūhaḥ | tatra snehaṃ ṣaṭpalikam kalpa-
 yedityarthaḥ | pitte+adhike svasthe ca puruṣe ṣaṣṭhā-
 ṃśam snehaṃ-catuṣpalikam, prakalpayediti prakṛtam |
 kaphe+adhike aṣṭamāṃśam snehaṃ-tripalikam, prakalpa-
 10 ayet | nanu, svasthasya doṣacālanam pratiśiddham tantrā-
 ntarīyaiḥ | tadgrantho hi-"yo hi sañcālayetsuptam vane si-
 ṃham karādibhiḥ | sa doṣaṃścālayet svasthān pracchard-

anavirecanaiḥ | | " iti | tasmāt svasthavṛtte nirūhakaḥ kalpanā
na yukteti | tadetadasat | yasmāt prāgabhihitam (hr. sū. a.
4 | 35)- "śītodbhavaṃ doṣacayaṃ vasante viśodhayan grī-
ṣmajamabhṛakāle | ghanātyaye vārṣikamāśu samyak prā- 5
pnoti rogānṛtjāna jātu | | " iti | tasmādācāryavacanājñ-
āyate svasthavṛtte+api śuddhividhānaṃ sammatamiti ta-
ntrakṛtaḥ | tantrāntarīyaṃ matam tvasadeva, śiṣṭavyava-
hāraviruddhatvāt | sarvatra-vāte pitte kaphe svasthe ca,
kalkāt-peṣyadravyāt, aṣṭamaṃ bhāgaṃ-triṇi palāni, kalp-
payet | bhavati vetyādi | yathā vā bastiratyaccho+atisāndro- 10
atighano [vā] na bhavati tathā kalkaḥ kalpayitavyaḥ | pa-
lamātraṃ guḍasya ceti palānādihikona iti jñāpanārthaṃ
mātragrahaṇam | madhupaṭvādiśeṣaṃ ca yuktyā prakā-
lpayet | tatreyam yuktiḥ,-mākṣikasya palacatuṣṭayam sai-
ndhavyasya ca karṣaḥ, ādigrahaṇāt kvacidvyavakṣārasya ka- 15
rṣaḥ, tathā māṃsarasarasurāsavasuktakṣīrakāñjikānāṃ gra-
haṇam | § 4547

1.19.75 Sarvāṅgasundarā

nirūhadravyāṇāṃ mātrāmāha-kvāthayediti | yatra kvāthy-
asya viṃśatipalāni tatrāṣṭau madanaphalāni ityevaṃpa-
rametat, na vkāthamānaparam, prakuñcādinirūheṣvasa-
mbhavāt | kvāhātmakānnirūhāt dvādaśaprasṛtāccaturthāmśam-
prasṛtatrayasammitam, snehaṃ kalpayet | tataḥ kvāth- 5
āttāvantaṃ kvāthamapanīya, lyablope pañcamī | evaṃ
kalkādaṣṭamaṃ-sārdhaprasṛtam | guḍasya palamātraṃ |
yuktyā madhu prasṛtadvayasammitam, paṭu-saindhavaṃ,
akṣasammitam | adīśabdānmāṃsarasakṣīragomūtrakāñji-
kamadanafalāni | uktaṃ hi suśrutena (ci. a. 38/30) - "kṣau- 10
dgaṃ mūtraṃ phalaṃ kṣīramamlaṃ māṃsarasaṃ tathā |
yuktyā pradāpayeddhīmān nirūhe kalpanā tviyam | | " iti |
tatra caturṇāṃ dravāṇāṃ prasṛtadvayam, madanaṃ tv-
ekam, pāriśeṣyātkvāthasya prasṛracatuṣṭayam, evaṃ dv-
ādaśaprasṛtatvam | uktaṃ hi suśrutena (ci. a. 38/37)- " 15
datvā+a+adau saindhavyākṣaṃ madhunaḥ prasṛtadvaya-
yam | vinirmathya tato dadyāt snehasya prasṛtatrayam | |
ekībhūte tataḥ snehe kalkasya prasṛtam kṣipet | sammū-

rcchite kaṣāyaṃ tu catuṣprasṛtasammitam | | vitarecca ta-
 dāvāpamante dviprasṛtonmitam | evaṃ prakalpito basti-
 rdvādaśaprasṛto bhavet | | " iti | yatvatra kalkasya prasṛta-
 mānaṃ tat 'bhavati vā yathā nātyacchasāndratā basteḥ' ity-
 5 abhiprāyeṇa | yaccācāpasya prasṛtadvayamānaṃ tadguḍ-
 alakalkatripalayogāt | iti vāte+adhike | pitte tu snehanyū-
 natā madhudugdhābhyāṃ pūraṇīyā | kaphe tu madhun-
 aiva | uktaṃ hi vṛndena (a. 76/5)- " madhusnehanakalk-
 ākhyakaṣāyāvāpataḥ kramāt | trīṇi ṣaṭ dve daśa trīṇi pa-
 10 lānyanilarogiṇām | | pitte catvāri dve dvipaṅjca catuṣṭa-
 yam | ṣaṭ trīṇi dve daśa trīṇi kaphe cāpi nirūhaṇam | | " iti |
 § 4548

1.19.76 Aṣṭāṅgahr̥dayasaṃhitā

-----sarvaṃ tadekataḥ | | 41 | |
 uṣṇāmbukumbhībāṣpeṇa taptam
 khajasamāhatam | | 41 | |
 prakṣipyā bastau praṇayetpāyau
 nātyuṣṇaśītaḥ | | 42 | |
 nātisnigdham na vā rūkṣam nātitiḥkṣaṇam na vā
 mṛdu | | 42 | |
 5 nātyacchasāndram nonātimātram nāpaṭu nāti
 ca | | 43 | |
 lavaṇam tadvadamlam
 ca----- | | 43 | | § 4554

1.19.77 Sarvāṅgasundarā

tat-etat, sarvamauṣadhamekataḥ-ekasmin kṛtvā, bheṣa-
 japākātikrāntiparihārārthamuṣṇāmbukumbhīvāṣpeṇa ta-
 ptaṃ, khajena-dadhyāhananakāṣṭhena, samāhatam-āloḍitaṃ,
 tathā "brahmadakṣa" ityādinā cābhimantritaṃ, bastau pra-
 5 kṣipyā pāyau-gude, praṇayet | nātyuṣṇam, nātīśītaḥ, nā-
 tisnigdham, na vā rūkṣam, nātitiḥkṣaṇam, na vā mṛdu, nāty-
 acchaṃ nātisāndram-nātighanaṃ, nonamātram, na cātim-
 ātram, nāpaṭu-nālavaṇam, nātilavaṇam, tadvadamlam ceti

nānamlaṃ, nātyamlam | atiśabdaprayogādatra madhyam-
āvasthānugamaḥ | § 4555

1.19.78 Āyurvedarasāyana

militānām nirūhadravyāṅām saṃskāramāhasarvamiti |
khajo-manthanadaṇḍaḥ | tadvat-nānamlaṃ nātyāmlam |
saṅgrahe tu (sū. a. 28)- "tatra bāṣpamātranutāpādaśadha-
sya vidāho na bhavati | khajapramathanāt vkāthasnehāda-
yaḥ samyaksam̐yuktāḥ samyageva yogamārabhante | any- 5
athā punaḥ vkāthādīnāmulbaṇo+anyatamo+anyatamaṃ
yathāsva dṣamīraye | atyuṣṇādīnām tu pṛthagvyāpadaḥ
sādhanāni siddhiṣūttarakālamupadekṣyante | api ca | tiry-
aku praṇīte hinayāti dhārā gode vraṇaḥ syāccalite tu nede
dattaḥ śarnernāśayameti bastiḥ kaṇṭhaṃ pradhāvedatip- 10
īditastu | | stambhavidhate+atimṛdurhimaśca tatpāmlatī-
kṣṇo bhramadāhamohān | snimyo+atijāḍyaṃ, pavanaṃ tu
rūkṣastanvalpamātrālavaṇasvayogām | | karoti mātrābhy-
adhiko+atiyogaṃ kṣāmaṃ tu sāndraḥ sucireṇaceti | dāhā-
tisārou labaṇo+ati kuryāttasmātsuyuktaṃ samamedā da- 15
dyāt | | " iti | § 4556

1.19.79 Aṣṭāṅgahr̥dayasaṃhitā

paṭhantyaneye tu tadvidaḥ | | 43 | |
mātrām tripalikām kṛyātsnehamākṣikayoḥ
pṛthak | | 44 | |
karṣārdham māṇimanthasya svasthe
kalkapaladvayam | | 44 | |
sarvadravāṅām śeṣāṅām palāni daśa
kalpayet | | 45 | | § 4560

1.19.80 Sarvāṅgasundarā

tadvido-bastividaḥ, evaṃ paṭhanti | yathā,-"mātrām tripa-
likām kuryāt " ityādi | § 4561

1.19.81 Āyurvedarasāyana

matāntareṇa svasāviṣayṃ mānamāha-vadanyanye titi |
ayaṃ navaprasato nirūhaḥ | § 4562

1.19.82 Aṣṭāṅgahr̥dayasaṃhitā

mākṣikaṃ lavaṇaṃ snehaṃ kalkaṃ kvāthamiti
kramāt | | 45 | |
āvapeta nirūhāṇāmeṣa saṃyojane
vidhiḥ | | 46 | | § 4564

1.19.83 Sarvāṅgasundarā

mākṣikādi kramāt āvapeta-mardayitvā miśrayet | kuṇḍ-
ake mākṣikaṃ prathamam prakṣipyā mardayet | tatasta-
traiva lavaṇaṃ kṣiptvā melayet | evaṃ snehaṃ, tato+anu
kalkaṃ, tataḥ kvāthaṃ, iti-anena, krameṇa miśrayeditya-
5 rthaḥ | evaṃ yojitāni dravyāṇi samarasatāṃ yānti | sam-
arasabhāvena ca nirūhasya samyagyogo bhavati | nirūhā-
ṇāṃ saṃyojane-miśraṇe, eṣa vidhiḥ-etadvidhānam | § 4565

1.19.84 Āyurvedarasāyana

nirūhadravyāṇāṃ melanakramamāha-mākṣikamiti | arthāt
kvāthanantaraṃ kṣīrādyāvāpāḥ | § 4566

1.19.85 Sarvāṅgasundarā

nirūhe dattamātre sati uttānaḥ san tanmanāḥ-nirūhavege
dattāvadhānaḥ, tathā kṛtopadhānaḥ san tiṣṭhet | samu-
dbhūtavegaścotkaṭakaḥ san tyajet 'vegaṃ' iti śeṣaḥ | § 4567

1.19.86 Aṣṭāṅgahr̥dayasaṃhitā

uttāno dattamātre tu nirūhe tanmanā bhavet | | 46 | |
kṛtopadhānaḥ sañjātavegaścotkaṭakaḥ
sṛjet | | 47 | | § 4569

1.19.87 Āyurvedarasāyana

datte nirūhe rogiṇaḥ kṛtyamāha-uttāna iti | tānatvaṃ nir-
ūhavīryeṇa dehavyāptaye | § 4570

1.19.88 Aṣṭāṅgahr̥dayasamhitā

āgatau paramaḥ kālo muhūrto mṛtyave param | | 47 | |
tatrānulomikaṃ
snehakṣāramūtrāmlakalpitaṃ | | 48 | |
tvaritaṃ snigdhatīkṣṇoṣṇaṃ bastimanyaṃ
prapīḍayet | | 48 | |
vidadyātphalavartim vā svedanotrāsanādi
ca | | 49 | | § 4574

1.19.89 Sarvāṅgasundarā

āgatau-pratyāgamane, kālaḥ paramo muhūrtaḥ | aparāḥ-
tasmānmuhūrtādanyo, visrabdhāgamanakālo mṛtyave-maraṇāya |
tatra-tasmin muhūrtātparamanāgamane nirūhasya, tvarit-
amaparaṃ bastim-nirūhaṃ, prapīḍayediti sambandhaḥ |
kimbhūtaṃ nirūhaṃ ? ānulomikaṃ-anulomakaram | sne- 5
haḥ, tathā kṣāro-yavakṣārādiḥ, tathā mūtraṃ-gomūtraṃ,
amlaṃ-kāñjikādi, taiḥ kalpitaṃ-nirūpitaṃ | tathā, sni-
gdhaṃ tīkṣṇamuṣṇaṃ ca | snehayogādeva snigdhatve si-
ddhe snigdha-grahaṇaṃ nirūhasya snigdhetaratvapratipā-
danārtham | ānulomikamiti "adhyātmāditvāt" ṭhañ | ath- 10
avā phalavartim vidadyāt | phalena-madanaphalena yu-
ktā vartiḥ | sā cārśāścikitsite (hr̥. ci. a. 8 | 137) vakṣyamāṇā |
svedanotrāsanādi ca | svedanaṃ-svedaḥ | uttrāsanam-
khaḍgahastayodhadarśanādinā kupitanṛpacchadmakhaḍga-
vyagrāgrabāhudarśanākulakaraṇādi, kuryāt | § 4575 15

1.19.90 Āyurvedarasāyana

nirūhanivṛttikālamāha-āgatāviti | muhūrto ghaṭikādva-
yam | anivṛttau pratīkāramāha-tatrānulomikasneheti |
ānulomikasnehaḥ-eraṇḍatelādiḥ, śyāmādisiddho vā | § 4576

1.19.91 Aṣṭāṅgahr̥dayasaṃhitā

svayameva nivṛtte tu dvitīyo bastiriṣyate | | 49 | |
tr̥tīyo+api caturtho+api yāvadvā
sunirūḍhatā | | 50 | | § 4578

1.19.92 Sarvāṅgasundarā

svayameva-phalavartyādyāyāsaṃ vinā+api, nivṛtte nirūhe
sati dvitīyo bastiḥ-nirūhaḥ, iṣyate | yatnaviśeṣeṇa tu nir-
ūhe nivṛtte sati nānyaṃ bastiṃ prapīdayet, ityuktaṃ bh-
avati | tr̥tīyo+apītyapiḥ samuccaye | evaṃ caturtho+apīti |
5 yāvadveti | pañcamādayo+api bastayo deyaḥ, yāvat samy-
aṅnirūḍhatvaṃ syāt | § 4579

1.19.93 Āyurvedarasāyana

svayaṃ nivṛttāvasamyagyogātpunaḥpunardānamāha-svayameveti |
§ 4580

1.19.94 Aṣṭāṅgahr̥dayasaṃhitā

viriktavacca yogādīnvidyāt-----
| | 50 | | § 4581

1.19.95 Āyurvedarasāyana

samyagyogādīlakṣaṇamāha-viriktavaditi | § 4582

1.19.96 Sarvāṅgasundarā

nirūhe virikta iva yogādīn vidyāt | tatra cuktam- (hr̥. sū. a.
18 | 38) - "hr̥tkukṣyaśuddhiḥ" ityārabhya yāvat "bhavanty-
ativiriktasya tathā+ativamanāmayāḥ | " iti | § 4583

1.19.97 Aṣṭāṅgahr̥dayasaṃhitā

-----yoge tu bhojayet | | 50 | |

koṣṇena vāriṇā snātaṃ

tanudhanvarasaudanam | | 51 | | § 4585

1.19.98 Sarvāṅgasundarā

yoge tu-nirūhasya samyagyoge sati, sukhoṣṇajalasnātaṃ
santaṃ bhojayet | kim ? dhanvarasaudanam, dhanvaraso-
jāṅgalarasaścaudanam ca taddhanvarasaudanam | kimbh-
ūtam ? tanu-aghanam | nanu, "yūṣakṣīrarasaiḥ kramāt"
iti (ślo. 56) vakṣyati | tatkathamihedamupapadyate ? brū- 5
maḥ | vātavikāraśamanārtho hi nirūhaḥ prāyeṇeṣyate | ta-
smiṃśca rasakaudanameva pathyaṃ śreyaḥ | agre ca doṣā-
pekṣayā pathyaṃ viśeṣeṇopadekṣyate | ato nātra kiñcida-
nupapannam | nanu, doṣanirharaṇam vamanavirekābhy-
āmivānena kriyate | tatra ca yathā peyādikramo yuktaḥ, 10
tathehāpi yuktaḥ syāt | naivam | virekavamanābhyāṃ hi
vahnisthānamācchādyate, tenāgnimāndyaṃ bhavati | nir-
ūhastu nābherurdhvamagacchanneva doṣanirharaṇam ka-
roti, tena tatra nāgnimāndyāpattiḥ | tasmānnātra peyādi-
kramaḥ | api ca, vātavikāraviṣayatvāccātra rasaudanaprā- 15
yameva pathyaṃ yuktaṃ | § 4586

1.19.99 Āyurvedarasāyana

samyagyoge snānam bhojanam cāha-yoge tviti | tanunā-
acchena, dhanvarasena-jāṅgalarasena, miśramodanam |
§ 4587

1.19.100 Aṣṭāṅgahr̥dayasaṃhitā

vikārā ye nirūḍhasya bhavanti pracalairmalaiḥ | | 51 | |
te sukhoṣṇāmbusiktasya yānti bhuktavataḥ
śamam | | 52 | | § 4589

1.19.101 Sarvāṅgasundarā

prakarṣeṇa calairdoṣairye vikārā bhavanti, te koṣṇasalilaiḥ
snātasya kṛtabhojanasya sataḥ śamaṃ gacchanti | ata eva
tatkāryamiti bhāvaḥ | § 4590

1.19.102 Āyurvedarasāyana

snānabhojanayoḥ phalamāha-vikārā iti | pracalaiḥ-svasthānātpracyutaiḥ |
§ 4591

1.19.103 Aṣṭāṅgahr̥dayasaṃhitā

atha vātārditaṃ bhūyaḥ sadya evānuvāsayet | | 52 | | § 4592

1.19.104 Sarvāṅgasundarā

atha-nirūhādanantaraṃ, vātapiḍitaṃ puruṣaṃ sadya eva-
tasminneva dine, anuvāsayet | § 4593

1.19.105 Āyurvedarasāyana

vātārditasya nirūhadina evānuāsanaṃ māhaatheti | saṅgr-
ehe tu (sū. a. 28) - "tataḥ punarvātārtamāturaṃ bṛmhaṅ-
iyamaṇyaṃ vā tadvidhamaśītānantaraṃ sāyaṃ vā puna
ralpaladhvaśitaṃ yathāsvamanilādiṣu daśamūlādisādhit-
5 ena tailenānuvāsayet |" iti | § 4594

1.19.106 Aṣṭāṅgahr̥dayasaṃhitā

samyagghīnātiyogāśca tasya syuḥ
snehapītavat | | 53 | | § 4595

1.19.107 Āyurvedarasāyana

anuvāsanasya samyagyogādilakṣaṇamāha-sanyāgiti | § 4596

1.19.108 Sarvāṅgasundarā

tasya-anuvāsanasya, snehapītasyeva samyagyogādayaḥ
syuḥ | snehapītasyeva snehapītavat, ṣaṣṭhyantādvatiḥ | ta-
tra (hr. sū. a. 16 | 30)- "vātānulomyaṃ" ityādi "ghrāṇavaktr-
agudasravāḥ" ityantam snehapānasya samyagyogātiyoga-
lakṣaṇam | § 4597

5

1.19.109 Aṣṭāṅgahrdayasaṃhitā

kiñcitkālaṃ sthito yaśca sapuriṣo nivartate | | 53 | |
sānulomānilaḥ
snehastatsiddhamanuvāsanam | | 54 | | § 4599

1.19.110 Sarvāṅgasundarā

caśabdaḥ pūrvoktaṃ samyagyogalakṣaṇam samuccinoti |
kiñcit-alpamātram, kālaṃ koṣṭhābhyantare sthitaḥ san sa-
viṭkaḥ sānugūṇapavāno nivartate-niḥsarati, yaḥ sa ev-
am̐bhūtaśca snehaḥ, tatsiddham-abhimatakāri, anuvāsa-
nam | uktaṃ vyastaṃ samastaṃ cedam siddhānūvāsanal-
akṣaṇam | § 4600

5

1.19.111 Āyurvedarasāyana

prayogāvṛtti(snehātideśa) janyaṃ samyagyogalakṣaṇamu-
ktvā samprati [anuvāsite viśeṣaṃ samyak] yoga [lakṣaṇa]
māha-kiñcitkālamiti | § 4601

1.19.112 Aṣṭāṅgahrdayasaṃhitā

ekaṃ trīn vā balāse tu snehabastīn prakalpayet | | 54 | |
pañca vā sapta vā pitte, navaikādaśa
vā+anile | | 55 | |
punastato+apyayugmāmstu punarāsthāpanam
tataḥ | | 55 | | § 4604

1.19.113 Sarvāṅgasundarā

snehabastīn-anuvāsanāni, ekaṃ trīn vā śleṣmavikāre prak-
alpayet | kārye kāraṇopacārādevamuktam | evamagre+api
cintyam | pitte pañca snehabastīnathavā sapta dadyāt |
5 nava ekādaśa vā vāyau dadyāt | tataḥ punarapyayugmān-
viṣamāneva, snehabastīn dadyāt | tataḥ punarapyāsthā-
panaṃ dadyāt | ayugmavacanaṃ cedam bāhulyenāyaṃ
vyavahāro yukta iti pratipādayitum | vātottarasya tu yu-
gmā api deyā eva | tathā cādhunaivābhyadhāyi (ślo. 34) -
"ato+atyulbaṇamārutān | vyāyāmanityān dīptāgnīn rūkṣ-
10 āṃśca prativāsaram | |" iti | § 4605

1.19.114 Āyurvedarasāyana

anuvāsanāvṛttau doṣabhedena saṅkhyānuamamāha-ekaṃ
trīniti | punaḥpunarāvṛttāvayameva saṅkhyāniyama ityāha-
punastata iti | ayugmān-viṣamasāṅkhyān | tattadāvṛttip-
ūrtau madhye madhye nirūhaḥ kārya ityāha-punarāsthāpanamiti |
5 § 4606

1.19.115 Aṣṭāṅgahr̥dayasaṃhitā

kaphapittānileṣvannaṃ yūṣakṣīrarasaiḥ
kramāt | |56 | | § 4607

1.19.116 Sarvāṅgasundarā

kṛtāsthāpanasya ca pathyaṃ śleṣmapittapavaneṣu yathās-
aṅkhyāṃ yūṣādibhiḥ sahānamupayoktavyam | § 4608

1.19.117 Sarvāṅgasundarā

āvṛttau kriyamāṇāyāṃ doṣabhedena pratyamha bhojanamāha-
kaphapittānileṣviti | § 4609

1.19.118 Aṣṭāṅgahṛdayasaṃhitā

vātaghnauṣadhaniṣkvāthatrivṛtāsaindhavairyutaḥ | |56| |
bastireko+anile snigdhaḥ svādvamloṣṇo
rasānvitaḥ | |57| | § 4611

1.19.119 Sarvāṅgasundarā

bastiḥ-nirūhaḥ, [anile-vātaviṣaye, vātaghnauṣadhāni-daśamūlādīni,
teṣāṃ niṣkvāthaḥ trivṛtāsaindhavairyutaḥ, tathā] snigdho
madhurāmloṣṇarasayuktaḥ pavane hitaḥ | § 4612

1.19.120 Āyurvedarasāyana

vāte nirūhaṃ prati viśeṣamāha-vātaghnauṣadheti | vātaghnauṣadhaṃ-
bhadradārvādi | eka iti puṭāpekṣayā na tu prayogāpekṣ-
ayā | § 4613

1.19.121 Aṣṭāṅgahṛdayasaṃhitā

nyagrodhādigaṇakvāthapadmakādīsītāyutau | |57| |
pitte svāduhimau
sājyakṣīrekṣurasamākṣikau | |58| | § 4615

1.19.122 Sarvāṅgasundarā

pitte madhuraśīśirau saghṛtadugdheṣurasamadhū dvau
bastī hitau | § 4616

1.19.123 Āyurvedarasāyana

pitte nirūhaṃ prati viśeṣamāha-nyāgrodhādīti dvitvaṃ
pūrvavat | § 4617

1.19.124 Aṣṭāṅgahr̥dayasaṃhitā

āragvadhādiniṣkvāthavatsakādiyutāstrayaḥ | | 58 | |
rūkṣāḥ sakṣaudragomūtrāstīkṣṇoṣṇakataḥ
kaphe | | 59 | | § 4619

1.19.125 Āyurvedarasāyana

kaphe nirūhaṃ prati viśeṣamāha-āragvadhādīti | tritvaṃ
pūrvavat | § 4620

1.19.126 Sarvāṅgasundarā

tathā, āragvadhendrayavyādikaṣāyavatsaṃkamūrvetyā-
dikaṣāyābhyāṃ (hr̥. sū. a. 15, ślo. 17 ślo. 33) yuktā rū-
kṣā māḥṣikagomūtrābhyāṃ sahitāstīkṣṇādiguṇayuktāstr-
ayo bastayaḥ kaphe hitāḥ | § 4621

1.19.127 Aṣṭāṅgahr̥dayasaṃhitā

trayaste sannipāte+api doṣān ghnanti yataḥ
kramāt | | 59 | | § 4622

1.19.128 Sarvāṅgasundarā

sannipāte+api traya eva bastayo hitāḥ | yasmātte doṣān-
trīn, krameṇa parākurvanti | § 4623

1.19.129 Āyurvedarasāyana

sannipāte trīṇyeva puṭānītyata āha-trayaśceti | vātapitte
vātakaphe pittakaphe tūktanyāyādeva dvau | § 4624

1.19.130 Aṣṭāṅgahṛdayasaṃhitā

tribhyaḥ paraṃ bastimato necchantyanye
cikitsakāḥ | | 60 | |
na hi doṣāścaturtho+asti punardīyeta yaṃ
prati | | 60 | | § 4626

1.19.131 Sarvāṅgasundarā

ata eva hetostribhyo bastibhyaḥ paramapare bhiṣajo nir-
ūhaṃ necchanti | yatastrayo doṣāstribhirbastibhirnivartitā
iti | caturtho doṣo na vidyate, yaṃ lakṣīkṛtya bhūyaścatur-
rthaḥ puṭako dīyate | § 4627

1.19.132 Āyurvedarasāyana

uktaniyamasya matāntaratvamāha-tribhyaḥ paramiti | ataḥ-
yataḥ kramāddoṣān ghnanti | nanu, raktam caturyo doṣo+astīyata
āha-na hīti | raktasya dūṣyatvāna doṣatvam | § 4628

1.19.133 Sarvāṅgasundarā

tribhyo nyūnatā+api na kāryeti matāntaravāha-utkleśanamiti |
§ 4629

1.19.134 Aṣṭāṅgahṛdayasaṃhitā

utkleśanaṃ śuddhikaraṃ doṣāṅgāṃ śamaṇaṃ
kramāt | | 61 | |
tridhaiva kalpayedvastimityanye+api
pracakṣate | | 61 | | § 4631

1.19.135 Sarvāṅgasundarā

anye+api vaidyāstridhaiva bastiṃ kalpayediti jagaduḥ |
ekaṃ basti doṣāṅgāmutkleśanam, anyam dvitīyaṃ basti do-
ṣāṅgāṃ śuddhikaram, anyam tṛtīyaṃ basti doṣāṅgāṃ śama-

nam | kramāditi anayā yuktyā trividho bastiriti manyante |
§ 4632

1.19.136 Aṣṭāṅgahr̥dayasaṃhitā

doṣauśadhādibalataḥ sarvametatpramāṇayet | | 62 | | § 4633

1.19.137 Sarvāṅgasundarā

tadatra doṣabheṣajadeśasātmyādivaśāt sarvamapyetat pr-
amāṅkāryam | § 4634

1.19.138 Āyurvedarasāyana

matayorviṣayavyavasthāmāha-doṣouśadhādīti | doṣādhi-
kye ouśadhamṛdute balādhikyē ca puṭādhikyam, vipaye
nyūnatrapityarthaḥ | § 4635

1.19.139 Aṣṭāṅgahr̥dayasaṃhitā

samyānnirūḍhaliṅgaṃ tu nāsambhāvya
nivartayet | | 62 | | § 4636

1.19.140 Āyurvedarasāyana

svamatamāha-samyagiti | yāvadbhiḥ samyavogastāvanti
puṭāni kuryādityarthaḥ | § 4637

1.19.141 Sarvāṅgasundarā

samyānnirūḍhalakṣaṇamasambhāvya-asampādya, na nivartayet,-
bastidānaṃ kārayedeva | § 4638

1.19.142 Aṣṭāṅgahṛdayasaṃhitā

prāksneha ekaḥ pañcānte dvādaśāsthāpanāni ca | | 63 | |
sānvāsanāni karmaivaṃ
bastayastrimśadīritāḥ | | 63 | | § 4640

1.19.143 Sarvāṅgasundarā

prāk-pūrvam, ekaḥ snehabastiḥ | ante-avasāne, pañca sne-
hāḥ | tathā, nirūhā dvādaśa sahānuvāsanāḥ | ityevaṃ tri-
mśadbastayaḥ "karma" iti gaditāḥ | § 4641

1.19.144 Āyurvedarasāyana

karmabastyākhyam prayogamāha-prāksneha iti | snehaḥ-
anuvāsanāḥ | § 4642

1.19.145 Aṣṭāṅgahṛdayasaṃhitā

kālaḥ pañcadaśaiko+atra prāk sneho+ante
trayastathā | | 64 | |
ṣaṭ pañcabastyantaritāḥ-----
| | 64 | | § 4644

1.19.146 Sarvāṅgasundarā

pañcadaśa bastayaḥ "kālaḥ" ucyate | katham ? ityāha-ekaḥ
pūrvam snehaḥ | tathā, ante trayāḥ snehāḥ | tathā, ṣaṭ sn-
ehāḥ pañcabhirbastibhirantaritā iti | § 4645

1.19.147 Āyurvedarasāyana

kālabastyākhyam prayogamāha-kāla iti | pañcabastyantar-
itāḥ ṣaṭ snehāḥ | § 4646

1.19.148 Aṣṭāṅgahr̥dayasaṃhitā

-----yogo+aṣṭau bastayo+atra tu | | 64 | |
trayo nirūhāḥ snehāśca
snehāvādyantayorubhau | | 65 | | § 4648

1.19.149 Sarvāṅgasundarā

"yogaḥ" aṣṭau bastayaḥ | katham ? ityāha-trayo nirūhāḥ,
trīṇi cānuvāsanāni, tathā+a+adyantayordvau snehabastī,
iti | § 4649

1.19.150 Sarvāṅgasundarā

yogabastyākhyam̐ prayogamāha-yogo+aṣṭāviti | § 4650

1.19.151 Sarvāṅgasundarā

snehabastimathavā nirūhamekameva kevalamatisāyena na
śīlayet | yataḥ snehādatisēvitāt utkleśāgnimāndye jāyete |
nirūhādatisēvitāt pavanādbhayaṃ jāyate | § 4651

1.19.152 Aṣṭāṅgahr̥dayasaṃhitā

snehabastiṃ nirūhaṃ vā naikamevāti śīlayet | | 65 | |
utkleśāgnivadhau snehānnirūhānmaruto
bhayaṃ | | 66 | | § 4653

1.19.153 Āyurvedarasāyana

prayoganiyame yuktimāha-snehabastimiti | prayogātikr-
ame doṣamāha-utkleśāgnivadhāviti | § 4654

1.19.154 Aṣṭāṅgahr̥dayasaṃhitā

tasmānnirūḍhaḥ snehyaḥ
syānnirūhyaścānuvāsitaḥ | | 66 | | § 4655

1.19.155 Sarvāṅgasundarā

tasmātkāraṇāt nirūḍho naraḥ snehanārhaḥ syāt | anuvāsi-
taśca puruṣo nirūhaṇārho bhavet | § 4656

1.19.156 Āyurvedarasāyana

prayogāntarakalpanārthaṃ niyamatātparyamāha-tasmāditi |
§ 4657

1.19.157 Aṣṭāṅgahṛdayasaṃhitā

snehaśodhanayuktyaivaṃ bastikarma
tridoṣajit | | 67 | | § 4658

1.19.158 Āyurvedarasāyana

prayogamasya phalamāha-snehaśodhanayuktyeti | snigdha-
sya śodhanaṃ, śuddhasya snehanaṃ, snigdhasya punaḥ
śodhanāmityādi-yuktiḥ | saṅgraha tu (sū. a. 28) - "aṣṭā-
dāśāṣṭādaśakān bastīnāṃ yo niṣevate | vidhinā nā yathokt-
ena sa bhavedajaro+arujah | sahasrāyuh śrutadharo vītap- 5
āpmā+amaraprabhaḥ | vājisyado nāgabalaḥ sthirabuddh-
īndriyānalaḥ | | " iti | § 4659

1.19.159 Sarvāṅgasundarā

evaṃ-pūrvoktayā, snehaśodhanayuktyā bastikarma sevi-
taṃ trīn doṣān jayati | § 4660

1.19.160 Aṣṭāṅgahṛdayasaṃhitā

hrasvayā snehapānasya mātrayā yojitaḥ samaḥ | | 67 | |
mātrābastiḥ smṛtaḥ
snehaḥ----- | | 68 | | § 4662

1.19.161 Āyurvedarasāyana

mātrābastyaḥkhyamanuvāsanaṃmāha-hasvayeti | hasvayā-yāmadvayapariṇāminyā
§ 4663

1.19.162 Sarvāṅgasundarā

hrasvayā-yāmadvayajaraṇalakṣaṇayā, snehapānamātrayā
samaḥ-tulyo, yojitaḥ sneho mātrābastisaṃjñāḥ smṛtaḥ,
sadvaidyairiti śeṣaḥ | anyaistvanyathā snehamātroktā |
yathā-"ṣaṭpalā tu bhavējyesthā, tripalā madhyamā bha-
5 vet | kanīyasyadhyarddhapalā tridhāmātrā+anuvāsane | |"
iti | § 4664

1.19.163 Aṣṭāṅgahr̥dayasaṃhitā

-----śīlanīyaḥ sadā ca saḥ | | 68 | |
bālavṛddhādhvabhārastrīvyāyāmāsaktacintakaiḥ | | 68 | |
vātabhagnābalālpāgninṛpeśvarasukhātmabhiḥ | | 69 | |
doṣaghno niṣparīhāro balyaḥ sṛṣṭamalaḥ
sukhaḥ | | 69 | | § 4668

1.19.164 Sarvāṅgasundarā

sa ca-mātrābastiḥ, bālādibhiḥ satatameva śīlayitavyaḥ | sa
ca śīlito doṣāpahaḥ, tathā niṣparīhāraḥ-anīyantraṇo, bal-
āya hito, nirgatapurīṣādikaḥ, sukhakārī ca | § 4669

1.19.165 Āyurvedarasāyana

mātrābastorviṣayamāha-śīlanīya iti | adhvādiṣvāsaktaḥ |
cintakaḥ-cintāvān | mātrābasteh phalamāha-doṣaghna iti |
sukho-vyāpadrahitah | § 4670

1.19.166 Aṣṭāṅgahr̥dayasaṃhitā

bastau rogeṣu nārīṇāṃ yonigarbhāśayeṣu ca | | 70 | |

dvitrāsthāpanaśuddhebhyo
vidadhyādbastimuttaram | |70| | § 4672

1.19.167 Sarvāṅgasundarā

bastisthāne rogeṣu narāṇāmityarthāllabhyate | "nārīṇām
yonigarbhāśayeṣu ca" ityukteḥ | dve vā trīṇi vā dvitrāṇi,
dvitrāṇi ca tānyāsthāpanāni ca dvitrāsthāpanāni, taiḥ śu-
ddhā dvitrāsthāpanaśuddhāḥ, tebhyo narebhyaḥ strībhya-
ścottarabastiṃ dadyāt | pumānstriyetyekaśeṣaḥ | gudādu- 5
ttareṇa mārgeṇa dīyata ityuttarabastiḥ | § 4673

1.19.168 Āyurvedarasāyana

uttarabasterviṣato viṣamāha-bastāviti | bastou-mūtrāśaye,
narāṇām | nārīṇām tu bastou yonou garbhāśaye ca | § 4674

1.19.169 Aṣṭāṅgahr̥dayasaṃhitā

āturāṅgulamānena tannetraṃ dvādaśāṅgulam | |71| |
vṛttaṃ gopucchavanmūlamadhyayoḥ
kṛtakarṇikam | |71| |
siddhārthakapraveśāgram ślakṣṇam
hemādisambhavam | |72| |
kundāśvamārasumanaḥpuṣpavṛntopamaṃ
dṛḍham | |72| | § 4678

1.19.170 Sarvāṅgasundarā

tannetraṃ-uttarabastiyantrakaṃ, āturāṅgulapramāṇena dv-
ādaśāṅgulam, dairghyētyarthādeva pratīyate | puruṣ-
āṇāmevaitaditi vedyam | strīṇām hi vakṣyati (ślo. 79) -
"netraṃ daśāṅgulaṃ mudgapraveśaṃ" iti | tacca vṛttaṃ- 5
vartulam | tathā, gopucchākṛti | tathā, mūle madhye co-
tpāditakarṇikam | tathā, siddhārthakaḥ praviśatyasminn-
iti siddhārthakapraveśaṃ, tādr̥śamagram-prānto, yasya-
netrasya, tat siddhārthakapraveśāgram | tathā, ślakṣṇam-

atikomalam | tathā, hemādiḥ | ādiśabdena dhātvādayaḥ
prāguktā (ślo. 9 ṭi.) gṛhyante | tathā, kundakaravīrajātīpu-
ṣpavṛntasadr̥śaṃ dr̥dhaṃ ca | aśvamāraḥ-karavīraḥ | § 4679

1.19.171 Āyurvedarasāyana

uttarabasternetramānamāha-āturāṅgulamāneneti | § 4680

1.19.172 Sarvāṅgasundarā

tathā, tasya-netrasya, bastirmṛdulaghuḥ, 'yojyaḥ' iti śe-
ṣaḥ | mātrā śuktiḥ-karṣadvayam, 'snehasya' iti śeṣaḥ | vika-
lpya vā-vayobaladehasattvasātmyādivaśānnirūpya vā, mā-
trā kāryetyarthaḥ | § 4681

1.19.173 Aṣṭāṅgahr̥dayasaṃhitā

tasya bastirmṛdulaghuramātrā śuktirvikalpya
vā | | 73 | | § 4682

1.19.174 Āyurvedarasāyana

uttarabastou bastimāha-tasyeti | uttarabastermātrāmāha-
mātra śuktiriti | śuktiprayanta palam | vikalpya-doṣadyapekṣayā
nyūnamadhikaṃ vā | § 4683

1.19.175 Aṣṭāṅgahr̥dayasaṃhitā

atha snātāśitasyāsyā snehabastividhānataḥ | | 73 | |
r̥joḥ sukhopaviṣṭasya pīṭhe jānusame
mṛdau | | 74 | |
hr̥ṣṭe meḍhre sthite carjau śanaiḥ
srotoviśuddhaye | | 74 | |
sūkṣmāṃ śalākāṃ praṇayettayā
śuddhe+anusevani | | 75 | |

āmehanāntaṃ netraṃ ca niṣkampam
gudavattataḥ | |75| |
pīḍite+antargate snehe snehabastikramo
hitaḥ | |76| | § 4689

1.19.176 Sarvāṅgasundarā

atheti maṅgale | asya-rogiṇo nirūhavatkṛtamaṅgalasya |
tathā, pūrvaṃ snātaḥ paścādaśitaḥ, tasya | kathamaś-
itasya ? snehabastividhānataḥ | tṛtīyārthe tasiḥ | sne-
habastau yādṛśa āhāro vihitastena kṛtabhojanasyetya-
rthaḥ | tathā, ṛjoḥ-spaṣṭam sthitasya | tathā, sukhenāsī- 5
nasya | kva ? pīṭhe,-āsane | kimbhūte ? jānutulye | ta-
thā, mṛdau-akathine ca | tathā, śīśne prahrṣṭe-stabdhe,
tathā ṛjau,-spaṣṭam kṛtvā sthite sati, śanaiḥ-na tvarayā,
sūkṣmām śalākām praṇayet-praveśayet | sthūlāyām ta-
tra kṣatakaraṇāt | praveśayogāt tayā-śalākayā, śuddhe 10
meḍhre sati, anusevani-sevanīmanulakṣīkṛtya, āmeḍhr-
āntaṃ netraṃ praṇayet | ṣaḍaṅgulaṃ prāyeṇa prave-
śayedityarthaḥ | katham ? gudavanniṣkampam | tato-
niṣkampasthāpanādanantaram, pīḍite puṭake, snehe cā-
ntaḥpraviṣṭe sati, anuvāsanakramo hitaḥ-pāninā tāḍayet 15
sphijau | tatpārṣṇibhyām" ityādikaḥ | § 4690

1.19.177 Āyurvedarasāyana

uattarabasttervidhimāha-atheti | tayā-śalākāpā, śuddha-
strotasi meḍhre sevanyanusāreṇa netraṃ praṇayet | tataḥ
snehaṃ phīḍite+anugate ca anuvāsanoktaḥ kramaḥ kā-
ryaḥ | saṅgrahe tu (sū. a. 28) - " mālatīpuṣpavṛntāgrapa-
riṇāhām ghamāmṛjum | " ityadhikam | § 4691 5

1.19.178 Aṣṭāṅgahrdayasaṃhitā

bastīnanena vidhinā dadyātrīṃscaturo+api vā | |76| |
anuvāsanavaccheṣaṃ sarvamevāsya
cintayet | |77| | § 4693

1.19.179 Sarvāṅgasundarā

trīn caturo vā bastīnanena vidhānena dadyāt | śeṣaṃ [sarvameva]-vidhiparihārādi samyagdattavyāpadādikaṃ, asya-uttarabasteḥ, anuvāsanasyeva nirūpayet | yaduktaṃ kharanādena-"yathāśeṣaṃ praveśyāntaḥ snehasyārddha-
5 palaṃ nayet | pratyāgate dvitīyaṃ vā tṛtīyaṃ vā pradā-
payet | | sa cedanuvasettatra syātkriyeyaṃ viśeṣataḥ | pi-
ppalyāragvadhāgāradhūmavatsakasaindhavaḥ | | mūtrā-
mlapiṣṭairgulikāḥ sarṣapāmāśasannibhāḥ | chāyāsu śuṣk-
āstāḥ śīśne dadyātsarṣapasannibhāḥ | | pūrvam, māṣopa-
10 māḥ paścāttābhīḥ snehaṃ samānayet | snehe pratyāgate ca
syādānuvāsaniko vidhiḥ | | " iti | § 4694

1.19.180 Āyurvedarasāyana

uttarabastyāvṛttau saṅkhyāmāha-bastīniti | ajarabastāva-
nuktamouṣadhakalpanādikamanuvāsanavatkāryamityāha
anuvāsanavaditi | § 4695

1.19.181 Aṣṭāṅgahr̥dayasaṃhitā

strīṅāmārtavakāle tu yonigrhṇātyapāvṛteḥ | | 77 | |
vidadhīta tadā tasmādanṛtāvapi cātyate | | 78 | |
yonivibhramśaśūleṣu
yonivyāpadyasṛgdare | | 78 | | § 4698

1.19.182 Sarvāṅgasundarā

lalanānāmṛtukāla evārtavakālaḥ-"ṛtustu dvādaśa niśāḥ"
(hr̥. śā. a. 1 | 27) ityādinoktaḥ, tatra ṛtau yoniḥ kartā utt-
arabastisvabhāvaṃ snehaṃ grhṇāti | kutaḥ ? apāvṛteḥ,-
apāvaraṇāt kāraṇāt | anyadā tu saṃvṛtatvāt na sneha-
5 mādatte garbhavat | tasmāddhetostadā-ṛtukāle vidadhīta,
prakṛtatvāduttarabastim | atyante-ātyayike vyādhau, an-
ṛtāvapi vidadhīta | tamevātyayaṃ darśayati-yonītyādi |
yonivibhramśaḥ-uttare (a. 33 | 40) vakṣyamāṇaḥ, yonīśūlo-
yonirujā, teṣu | tathā, yonivyāpattau | tathā, asṛgdare,-

raktapittam yonimukhenāgacchat strīnāmasṛgdaramucyate | eteṣu rogeṣūttarabastimātyayikatvādanṛtāvapi dadyāt | § 4699

1.19.183 Āyurvedarasāyana

strīnāmatturabastikālamāha-strīnāmiti | grhṇātyauśadhāmiti śeṣaḥ | apāvṛteḥ-vivṛtvān | ātyayike tu vydhāvanṛtāvapi vidadhīta | § 4700

1.19.184 Aṣṭāṅgahṛdayasaṃhitā

netram daśāṅgulaṃ mudgapraveśam
caturaṅgulaṃ | | 79 | |
apatyamārge yojyam syād hyaṅgulaṃ
mūtravartmani | | 79 | |
mūtrakṛcchravikāreṣu, bālānām
tvekamaṅgulaṃ | | 80 | | § 4703

1.19.185 Sarvāṅgasundarā

daśāṅgulapramāṇam dairghyeṇa | tathā, mudgaḥ praviśatyasminniti mudgapraveśam tadivāgram [mudga] praveśāgramiti vedyam, antalopākhyayā tantrayuktyā | vṛttagopucchākārādi śeṣam pūrvoktamatra vedyam | puṣpavṛntopamatvaṃ tvatra na yujyate | yato mūtrasrotaḥ pariṇāhametadvidhātavyam | puruṣe striyām ca ivaparakāram | yaduktaṃ muninā (ca. si. a. 9 | 54) - "[puṣpanetraṃ ca haimam syātsūkṣmamauttarabastikam | jātīpuṣpasya vṛntena samam gopucchasamsthitam | | raupyam vā sarṣapacchidram dvikarṇam dvādaśāṅgulaṃ |] puṣpanetrapramāṇam tu pramadānām daśāṅgulaṃ | | mūtrasrotaḥpariṇāham" iti | taccaturaṅgulaṃ yāvat praveśyam | caturaṅgulāccordhvaṃ karṇikā kār्या | adhikapraveśanivāraṇārtham, na tu mehananetra iva madhyakarṇiketi | ayamartho+atra sākṣānnopātto gamyamānatvāt | ata eva tatpraveśapramāṇamāha-

caturaṅgulamapatyamārgē yojyaṃ syāditi | apatyamārga
ityanena strī garbhagrahaṇaprasavādisamarthā sūcyate |
evaṃvidhāyāḥ striyaścaturaṅgulaṃ praveśayitavyamiti |
mūtravartmani hyaṅgulaṃ yojyam | yā strī suratavyava-
5 hāragarbhagrahaṇayogyā, athavā yā bālā-apraudhā, tasyā
yonih-kevalaṃ mūtrasyeva mārgaḥ, tasyā netraṃ hyaṅgu-
laṃ praveśyam | ata ūrdhvaṃ tu praveśāttāsāṃ māṃsakṣ-
atiḥ syāt | keṣu rogeṣu ? mūtrakṛcchraṅvikāreṣu | bālānāṃ
tu strīṇāmekamaṅgulaṃ praveśyam | § 4704

1.19.186 Āyurvedarasāyana

strīṇāṃ rogabhedena yantrabhedam mārgabhedam cāha-
yonivibhramṣeti | yonivibhramṣādiṣu daśāṅgulaṃ mudg-
avāhicchidraṃ netraṃ kṛtvā, apatyāmārgē caturaṅgulaṃ
praveśayet | mūtrakṛcchreṣu tu mūtramārgē dvyaṅgu-
5 laṃ praveśayet | bālānāṃ tu strīṇāmekāṅgulaṃ mūtram-
ārgē praveśayet | praveśāvadhaḥ karṇikā kāryetyarthasi-
ddham | § 4705

1.19.187 Aṣṭāṅgahr̥dayasaṃhitā

prakuñco madhyamā mātrā. bālānāṃ śuktireva
tu | | 80 | | § 4706

1.19.188 Āyurvedarasāyana

strīṇāmuttarabastau mātrāmāha-prakuñcā iti | § 4707

1.19.189 Sarvāṅgasundarā

strīṇāmuttarabastau snehasya prakuñco madhyamā mātrā,-
nottamā kaniṣṭhā vā | bālānāṃ tu śaktireva madhyamā
mātrā snehasya | § 4708

1.19.190 Aṣṭāṅgahṛdayasaṃhitā

uttānāyāḥ śayānāyāḥ samyak saṅkocya sakthinī | |81| |
ūrdhvajānvāstricaturānahorātreṇa
yojayet | |81| |
bastīmstrirātramevaṃ ca snehamātrām
vivaraddhayan | |82| |
tryahameva ca viśrabhya
praṇidadhyātpunastryaham | |82| | § 4712

1.19.191 Sarvāṅgasundarā

uttānāyāḥ-na tvavānmukhyāḥ pārśvasthitāyā vā, śayānāyāḥ-
na tvāsīnāyāḥ, tathordhvajānvāḥ, bastīm tricaturānahorā-
trāt yojayet | kiṃ kṛtvā ? sakthinī saṅkocya | anuvāsane tv-
eka eva bastirahorātreṇa yojya ityasya bhedaḥ | evaṃ trya- 5
ham bastidānaṃ kāryam, na tvatrānuvāsanavat tryahe
pañcame vā+ahanīti | kiṃ kurvan ? snehamātrām yath-
āsvamardhakarṣādikrameṇa varddhayan | tryahameva ca
viśramya-trīṇi dināni vilambya ca, punaḥ-pūrvoktenaiva
prakāreṇa, [tryaham] praṇidadhyāt-kuryāt | eṣa eva ca 10
nyāyo medhre+api yojyaḥ, tājātīyatvādasyārthasya | ata
evānte+ayamupadiṣṭa ubhayasambandhārtham | § 4713

1.19.192 Āyurvedarasāyana

strīṅāmutterabastividhimāha-uttānāyā iti | strīṅāmutterabastoāvāvṛttikra-
trirātramiti | evaṃ-prathamadinavat, bastīm yojayet | sneh-
amātrām ca dine dine varddhayet | tatastridinaṃ viśramya
punastridinaṃ yojayet | § 4714

1.19.193 Āyurvedarasāyana

vamanādīnāmantaramāha-pakṣāditi | nirūhānuvāsanayo-
rbhojanamevāntaram | anuvāsanānirūhayostu ṅcame+atha
trītye vā divase" iti (ślo. 36) prāgukam | § 4715

1.19.194 Aṣṭāṅgahr̥dayasaṃhitā

pakṣādvireko vamite tataḥ pakṣānnirūhaṇam | | 83 | |
sadyo nirūḍhaścānvāsyah
saptarātrādvirecitaḥ | | 83 | | § 4717

1.19.195 Sarvāṅgasundarā

uttamaśuddhyā śuddhe vamite pakṣādanantaram virekaḥ
kāryah | yasmāt pravarayā śuddhyā śuddhe suvamite pey-
ādikrameṇa saptāhāt prakṛtibhojanāpattiḥ | tataḥ saptāhe-
naikāntarānuvāsanadānena snigdhasya vireka iti pakṣeṇ-
5 aiva yujyate | tataḥ-anantaram, pakṣātparato nirūhaḥ | ya-
taḥ kṛtavirekasya saptāhāt prakṛtibhojanāpattau snehanā-
rthamanuvāsanenaikāntaritena snigdhasya nirūho yujyata
iti pakṣeṇaiva yuktaḥ | nirūḍhaśca sadya evānuvāsyah |
10 yataḥ saptāhena prakṛtibhojanāpattiḥ, ta-
taḥ snehanārthamanuvāsanam yuktaḥ | § 4718

1.19.196 Aṣṭāṅgahr̥dayasaṃhitā

yathā kusumbhādiyutāttoyādrāgaṃ haretpaṭaḥ | | 84 | |
tathā dravīkṛtāddehādbastirnirharate
malān | | 84 | | § 4720

1.19.197 Sarvāṅgasundarā

kusumbhakuṅkumādiyuktājjalādyathā paṭo-vāso, rāgaṃ
haret-grhṇīyāt, na kusumbhādikam | tathaiva dravīkṛtāt
kāyāddoṣadhātūnāmekalolībhāve+api bastirdoṣānnirhar-
ate, na dhātūn | § 4721

1.19.198 Āyurvedarasāyana

śuddhāśuddhasamparke+apyaśuddhameva bastirtirharedityāha-
yathā kusumbhādiyutāditi | dravīkṛtāt-snehādi drāvitaad-
oṣadhātumalāt | § 4722

1.19.199 Aṣṭāṅgahr̥dayasaṃhitā

śākhāgatāḥ koṣṭhagatāśca rogā

marmordhvasarvāvayavāṅgajāśca | | 85 | |
ye santi teṣāṃ na tu kaścidanyo vāyoḥ paraṃ
janmani heturasti | | 85 | |

viṣṭleṣmapittādimalocayānām

vikṣepasamhārakaraḥ sa yasmāt | | 86 | |
tasyātivṛddhamṣya śamāya nyāya- dbastervinā
bheṣajamasti kiñcit | | 86 | |

tasmāccikitsārdha iti pradiṣṭaḥ kṛtsnā

cikitsā+api ca bastirekaiḥ | | 87 | | § 4727

5

1.19.200 Sarvāṅgasundarā

sakthinī dve dvau bāhū iti śākhāḥ, tāsu gatāḥ-tata utpa-
nnāḥ | evaṃ koṣṭho-mahāsrotaḥ, tatra gatāḥ-koṣṭhagatāḥ |
tathā, marmāṇi ca ūrdhvaṃ ca sarve cāvayavāśca marmo-
rdhvasarvāvayavāḥ, teṣāmaṅgaṃ, tatra jātā marmordhv-
asarvāvayavāṅgajāḥ | tatra marmāṇi-marmavibhāge (hr̥. 5

śā. a. 4) vakṣyante | ūrdhvaśabdenordhvajatru gr̥hyate,
tatra jātā ūrdhvāṅgajāḥ,-mukharogādayaḥ, sarvāṅgajāḥ-
jvarādayaḥ, avayavajāḥ-śvitṛādayaśca, ye rogā vidyante

teṣāṃ janmani-utpattau, vāyoraparaḥ kaścidapi heturn-
āsti | katham ? paraṃ,-atīśayena | kiñcinmātreṇānubal- 10
abhāvena pittaśleṣmāṅvapi hetū bhavata eva | yathā,-

pāmākaṇḍvādīnām | avayavagrahaṇenaivordhvagrahaṇe
labdha ūrdhvagrahaṇaṃ prādhānyakhyāpanārtham | yathā,-
brāhmaṇā āyātā vasiṣṭho+apyāyāta iti | etadevādhikṛ-
tya vakṣyamāṅḥ pañca vidhayaḥ sakalamevottaraṃ ca 15

tantraṃ pradhānam | tasmātpradhānā ūrdhvāṅgajāḥ |

nanu, kuto hetormaruta eteṣu kāraṇatvamityāha-vidityādi |
 viṭ ca śleṣmā ca pittaṃ ca viṭśleṣmapittāni, tānyādiry-
 eṣām | ādiśabdena mūtrasvedādiparigrahaḥ | ete+api hi
 5 sa śarīramalinīkarānmalāḥ, teṣāmuccayāḥ-sañcayāḥ, teṣām
 sa vāyuryasmādvikṣepasamhāarakaraḥ-vikṣepaśca saṃhā-
 raśca vikṣepasamhārau, tau karotīti | "kṛṅṅo hetutācchī-
 lya" ityādinā hetau ṭaḥ | vikṣepasamhāarakaraṇaheturitya-
 rthaḥ | tasya kriyāvattvāt | vāyuśca śeṣadoṣābhyām na ka-
 dācidvikṣipyate saṃhriyate vā | tayorniṣkriyatvāt | tasya
 10 ca vāyoḥ pravṛddhasya śamanārthaṃ bastimantareṇāpa-
 raṃ bheṣajaṃ nāsti | snehasvedādikaṃ tu vidyamānam-
 api na tathā samarthaṃ, ityagaṇyatvāttadavidyamānam-
 ucyate | tasmāt-doṣapradhānasya pavanasya śamanārthā-
 tkāraṇāt, bastiścititsārddha iti kathitaḥ | ekaiścācāryairn-
 15 iravaśeṣā+api cikitsā bastiḥ pradiṣṭaḥ | nanu, " caturṇām
 bhiṣajādīnām " (ca. sū. a. 9 | 5) ityādilakṣaṇā cikitsā | tatka-
 thaṃ tasyā bhāgalkalpanā kartuṃ yujyate ? na ca sarvā ci-
 kitsā bastiriti vaktuṃ śakyate, śeṣacikitsāsāstravistarasth-
 ānarthakyaprasaṅgāt | tasmādetadayuktamivābhāti | atr-
 20 ocyate | vāyuvikārā aśītiruktāḥ | pittaśleṣmavikārāśca ṣa-
 ṣṭiruktāḥ | tatra vātavikārāṇām pradhānopakramo bastiḥ,
 tasmāccikitsārdho bastiḥ kāryadvāreṇoktaḥ | athavā mār-
 utaṃ pittaśleṣmaviṭsahitaṃ bastiḥ samūlamevāpakarṣatī-
 tyuktatvāt sarvaiva cikitsā kāryadvāreṇa bastirekairupa-
 25 iṣṭaḥ | anyatrāpi caivamprāyo nirdeśaḥ kṛta evācāryaiḥ |
 tathā ca muniḥ (ca. ci. a. 29 | 140) - "yāniha karmānyukt-
 āni visarpavinivṛttaye | ekatastāni sarvāṇi raktamokṣaṇa-
 mekataḥ | | " iti | 'cikitsārdham' ityayaḥ tu pāṭho na yukta
 eva | arddhaśabdasya hi samaprabhāga eva napuṃsak-
 30 atvam | na cātra samaprabhāgo gamyate | tasmānapu-
 ṃsakatvamatrānyāyyam | § 4728

1.19.201 Āyurvedarasāyana

baste sarvottamatve yuktimāha-śākhāgatā-śākhāgatā iti |
 sarveṣām rogāṇām vāyureva kāraṇam | yasmāt pittaśle-
 ṣmaṇorapi itaramalavat sa eva kṣobhakaḥ | tasya cātivr̥-
 ddhasya bastirevouṣadham | tasmādasau cikitsārdham-

uktaḥ, apradhānasyāpi pittādeḥ pṛthak cikitsāṃ manvān-
aiḥ | eke tu tathā+amanvānāḥ kṛtsnā+api cikitsā bastirity-
āhuḥ | § 4729

1.19.202 Aṣṭāṅgahṛdayasaṃhitā

tathā nijāgantuvikārakāri- raktauṣadhatvena
śirāvyadho+api | | 87 | |
iti śrī vaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahṛdayasaṃhitāyāṃ
sūtrasthāne bastividhirnāmaikonaviṃtit-
amo+adhyāyaḥ | | 19 | | § 4731

1.19.203 Āyurvedarasāyana

śirāvyadho+api bastitulya ityāha-tatheti | nijānāmāgant-
ūnāṃ ca yatkāraṇaṃ raktaṃ tadouṣadhatvāt śirāvy-
adho+api bastivat | iti hemādriṭīkāyāmāyurvedarasāyane |
bastikarmaprakaraṇaṃ sāmastyena nirūpitam | | § 4732

1.19.204 Sarvāṅgasundarā

na kevalaṃ bastiḥ, yāvacchirāvyadho+api cikitsārddhaḥ
sarvā vā cikitsetyupadiṣṭaḥ | kutaḥ ? nijetyādinā | nijāḥ-
vātādisamutthāḥ, āgantavo-viṣavahnyādisamutthāḥ, nijā-
ścāgantavaśca te ca te vikārāśca nijāgantuvikārāḥ, tānk-
artuṃ śīlaṃ yasya tannijāgantuvikārakāri, tacca tadra- 5
ktaṃ ca nijāgantuvikārakāriraktaṃ, tasyauṣadhatvena |
tatra visarpavidradhiprabhṛtirogaviśeṣopaśamakaraṇācci-
kitsārddhaḥ śirāvyadha upaviṣṭaḥ | tathā, apare+ati ye
rogāḥ śītoṣṇasnigdharūkṣādyairapyupakramairanupaśā-
ntāḥ, te+api śirāvyadhasādhyāḥ | ata eva sarvā+api ci- 10
kitsā śirāvyadha ukta iti | iti śrīmr̥gāṅkadattaputraśrī-
madaruṇadattaviracitāyāmaṣṭāṅgahṛdayaṭīkāyāṃ sarvā-
ṅgasundarākhyāyāṃ sūtrasthāne bastividhirnāmaikonavi-
ṃśo+adhyāyaḥ samāptaḥ | | 19 | | § 4733

1.20 nasyavidhiradhyāyaḥ : 20

1.20.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto nasyavidhimadhyāyaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreṇyādayo maharṣayaḥ | | 2 | |
ūrdhvajatrūvikāreṣu viśeṣānnasyamiṣyate | | 1 | |
nāsā hi śirasō dvāraṃ tena tadvyāpya hanti
tān | | 1 | | § 4737

1.20.2 Sarvāṅgasundarā

jatru-vakṣoṃsayoḥ sandhiḥ | jatruṇa ūrdhvamūrdhvaja-
tru | mayūravyaṃsakādītvāt samāsaḥ | tatra vikārā ūrdhv-
ajatrūvikārāḥ, teṣūrdhvajatrūvikāreṣu-śīrorogādiṣu viśaye,
vamaṇāśirāvyaḍhādayo+apīṣyanta eva | viśeṣaṇa tu nasy-
5 amiṣyate | nāsāyāṃ kriyat iti nasyam | nāsikāyāḥ "padda-
nna" iti nasādeśaḥ | nanu, kimiti nasyameteṣu rogeṣu viś-
eṣeṣeṣṭam ? ityāha-nāsā hītyādi | yasmāt ghrāṇaṃ śirodv-
āraṃ | tena dvāreṇa śrotraśṛṅgāṭakaprāptamūrdhvam
10 netrakaṇṭhādīśirāmukhānupraveśena, tat-śiro, vyāpya tām-
vikārān hanti | § 4738

1.20.3 Āyurvedarasāyana

nasyavidhimadhyāyaṃ vyākhyātum pratijānīte atheti | ta-
tra nasyaviśayamāha-ūrdhvajatrūvikāreṣviti | viśeṣāditiv-
acanāditareṣvapi | saṅgrāhe tu (sū. a. 29) -"nāsāyā praṇīy-
amānauśadhaṃ nasyam nāvanaṃ nastakarmeti ca sa-
5 mṅñāṃ labhate | nāsā hi śirasō dvāraṃ | tatra niṣecitam-
auśadhaṃsrotaḥśṛṅgāṭakaṃ prāpya, vyāpya ca mūrddhā-
naṃ netraśrotrakaṇṭhādīśirāmukhāni ca, muñjādīṣīkāmiv-
āśaktāmūrddhvajatraugatāṃ vaikārikīmaśeṣāmāsu doṣa-
aṃhatimuttamāṅgādapakarṣati | " iti | § 4739

1.20.4 Aṣṭāṅgahr̥dayasaṃhitā

virecanam bṛmhaṇam ca śamanam ca tridhā+api
tat | | 2 | | § 4740

1.20.5 Sarvāṅgasundarā

tat-nasyam, virecanabṛmhaṇaśamanākhyabhedena tridhā
syāt | § 4741

1.20.6 Āyurvedarasāyana

[nasyabhedānāha-virecanamiti |] virecanam bṛmhaṇam
śamanam ceti trividham nasyam | § 4742

1.20.7 Aṣṭāṅgahṛdayasaṃhitā

virecanam śiraḥśūlajāḍyasyandagalāmaye | | 2 | |
śophagaṇḍakṛmigranthikuṣṭhāpasmārapīnase | | 3 | | § 4744

1.20.8 Sarvāṅgasundarā

śiraḥśūlādiṣu virecanam nasyamiṣyate | apasmāro yady-
apyūrdhvajatruthito na bhavati, tathā+api virecananasy-
ena śāmyatīti tadupādānam | upalakṣaṇam cedam | kaph-
ajeṣu prasekāsyavairasyagandhājñānādiṣvapi virecanam-
eva hitam | § 4745

5

1.20.9 Āyurvedarasāyana

tatra virecanasya viṣayamāha-virecanamiti | jāḍyaṃ-śirasah |
syando-netrakopaḥ | saṅgrāhe tu (sū. a. 29) -"upadehaka-
ṇḍūstambhasrāvaprasekavairasyārocakasvarabhedagandhā-
jñānārbudadadrokoṭhādiṣu śleṣmajeṣu" iti | § 4746

1.20.10 Āyurvedarasāyana

bṛmhaṇanasyasya viṣayamāha-bṛmhaṇamiti | saṅgrāhe tu
(sū. a. 29) | "ardhāvabhedakakṛmiśirorogākṣisaṅkocaspā-
ndanatimiradantakarṇaśūlanādamanāyārogāpatānakanidrā-
nāsādiṣbanilottheṣu" iti | § 4747

1.20.11 Aṣṭāṅgahr̥dayasaṃhitā

br̥mhaṇaṃ vātaje śūle sūryāvarte svarakṣaye | | 3 | |
nāsāsyasoṣe vākṣaṅge
kṛcchrabodhe+avabāhuke | | 4 | | § 4749

1.20.12 Sarvāṅgasundarā

vātodbhavaśūlādiṣu br̥mhaṇaṃ nasyaṃ hitam | sūryāvartaḥ-
śīrorogaviśeṣaḥ | kṛcchrabodhaḥ-kṛcchronmīlanam | avabāhuko-
vātavyādhiviśeṣaḥ | § 4750

1.20.13 Aṣṭāṅgahr̥dayasaṃhitā

śamanaṃ nīlikāvyaṅgakeśadoṣākṣirājiṣu | | 4 | | § 4751

1.20.14 Sarvāṅgasundarā

nīlikādiṣu śamanaṃ nasyaṃ hitam | nīlikāvyaṅgau-kṣudrarogeṣu
(hr̥. u. a. 31 | 28) vakṣyamāṇau | keśadoṣaḥ-keśaśātaḥ | § 4752

1.20.15 Āyurvedarasāyana

śamananasyasya viṣayamāha-śamanamiti | akṣirājayaḥ-cakṣuṣi
rekhākārāḥ śīrāḥ | saṅgrahe tu (sū. a. 29) - "akālavalīpalit-
akhalatidāruṇakaraktapittādiṣu" iti | § 4753

1.20.16 Aṣṭāṅgahr̥dayasaṃhitā

yathāsvaṃ yaugikaiḥ snehairyathāsvaṃ ca
prasādhitaiḥ | | 5 | |
kalkakvāthādibhiścādyam
madhupaṭvāsavairapi | | 5 | | § 4755

1.20.17 Āyurvedarasāyana

virecananasyasya dravyāṅyāha-yathāsvamiti | yathāsvam-
yo yasyocitaḥ snehaḥ, tena | yathāsvam-yadyasyocitamauśadham,
tena | sādhitaiḥ snehaiḥ kalkaiḥ kvāthaiśchūrṇādibhi-
ścha | ādyaṃ-virecanam | paṭu-saindhavam | saṅgrahe tu
(sū. a. 29)- "tatra bhīrustrīkṛśasukumāreṣu snehaḥ | gala- 5
rogasannipātajvarātinidrāmanovikārakṛmīśirorogākṣispanda-
natimirakṛcchraviṣābhīpannābhiṣyannasarpadaṣṭavisaṃjñeṣu
śeṣāḥ | teṣveva ca bhūyasi doṣe śīghrakāriṇī ca cūrṇaḥ | sa
hi nāsāyāmāvegakarataro bhavati | " iti | § 4756

1.20.18 Sarvāṅgasundarā

ye ye snehā yathāsvam taiḥ | kimbhūtaiḥ ? yogikaiḥ,-
yogārhaiḥ sarṣapatailādibhiḥ, na tu ghṛtādibhiḥ | tathā,
yathāsvam-marīcaśunṭhyādibhiḥ, prasādhitaiḥ-saṃskṛtaiḥ |
tathā, kalkakvāthasvarasādibhiśca yathāsvam kaphaghn-
airgirikarṇikādijaiḥ sādhitam, ādyaṃ-virecanākhyam na- 5
syam, bhavati | na kevalametairyāvanmākṣikādibhiśca |
āsavo-madyaviśeṣaḥ | § 4757

1.20.19 Aṣṭāṅgahrdayasaṃhitā

br̥mhaṇam dhanvamāṃsotharasā-
sṛk+a+akapurairapi | | 6 | |
samanam yojayetpūrvaiḥ kṣīreṇa salilena
vā | | 6 | | § 4759

1.20.20 Sarvāṅgasundarā

br̥mhaṇam nasyam dhanvotthamāṃsodbhavarasaiḥ syāt |
tathā, asṛjā-raktena, dhanvotthanaiva | tathā, khapuraiḥ-
niryāsaviśeṣaiḥ | apīśabdādanyairapi pūrvoktaiḥ snehair-
atīkṣṇairbr̥mhaṇam bhavati | śamanam nasyam pūrvokt-
airatīkṣṇaiḥ snehairghṛtādibhistathā māṃsarasādibhiryo- 5
jayet | tathā, kṣīreṇa jalena ceti | suśrutastu spaṣṭataram-
uvāca (ci. a. 40 | 22)- "tattu nasyam deyam vātābhībhūte

śirasi dantakeśaśmaśruprapātadāruṇakakarṇaśūlakarṇa-
 kṣvedatimirasvaropaghātanāsāroga mukhaśoṣeṣvakālaja-
 valīpalitaprādurbhāve dāruṇaprabodhe vātapaittikeṣu cā-
 nyeṣu mukharogeṣu vātapittaharadravyasiddhena snehe-
 5 neti | śirovirecanaṃ śleṣmaṇā+abhivyāptatālukaṅṭhaśirasāṃ
 nidrābhībhūtānāṃ śirogauravaśūlapīnasārddhāvabheda-
 kakṛmipratiśyāyāpasmāragandhājñāneṣvanyeṣu cordhva-
 jatrugateṣu kaphajeṣu vikāreṣu śirovirecanadravyaistatsi-
 ddhena vā sneheneti | " tathā-"samyagviśuddhe śirasi sarp-
 10 irnasto niṣecayet | avapīḍastu śirovirecanavadabhiṣyanda-
 sarpadaṣṭavisamjñebhyo dadyāt, śirovirecanadravyāṅām-
 anyatamamavapiṣyāvapīḍya ca | cetovikārakṛmiviṣābhip-
 annānāṃ cūrṇaṃ pradhamet | śarkarekṣurasakṣīraghr̥ta-
 māṃsarasānāmanyatamaṃ kṣīṇānāṃ śoṇitapitte ca vida-
 15 dhyāt | kṛśadurbalabhīrūṇāṃ sukumārasya yoṣitām | śr̥-
 tāḥ snehāḥ śiraḥśuddhyai kalkastebhyo yathā hitaḥ | | " iti |
 § 4760

1.20.21 Āyurvedarasāyana

bṛṃhaṇamiti | aṣṭk-rudhiram | khapuro-niryāso mocara-
 sādih | apiśabdāt bṛṃhaṇadravyasādhitasnehādibhiścha |
 śamananasyasya dravyāṅyāha-śamanamiti | pūrvaiḥ-dhanvamāṃsarasādibhiḥ
 śamanauṣadhasādhitasnehādibhiścha | § 4761

1.20.22 Aṣṭāṅgahr̥dayasaṃhitā

marśaśca pratimarśaśca dvidhā sneho+atra
 mātrayā | | 7 | |
 kalkādyairavapīḍastu sa
 tīkṣṇairmūrdharecanaḥ | | 7 | |
 dhmānaṃ virecanaścūrṇo-----
 | | 8 | | § 4764

1.20.23 Āyurvedarasāyana

marśādīn pañca nasyabhedānāha-marśaścheti | marśapratimarśau-
 snehasya vahutvālpatvakṛtau bhedaḥ | avapīḍaśirovirecanau-

kalkādinasyasya mṛdutvatīkṣṇatvakṛtau bhedau | vireca-
nacūrṇakṛtaṃ nasyaṃ dhmānam-pradhamaṅkhyam | iti
pañca | § 4765

1.20.24 Sarvāṅgasundarā

atra-eṣu nasyabhedeṣu madhye, marśākhyah pratimarśā-
khyas̄ceti sneho dvidhā-bhedadvayena bhavati | katham ?
mātrayā,-mātrābhedena, na tu vastubhedena | kalkādyairi-
tyādi | turavadhāraṇe bhinnakramaḥ | kalkādyairevāvap- 5
īḍaḥ, na snehenāpi | sa cāvapīḍaḥ, tīkṣṇaiḥ-śuṅṭhyādibhiḥ
kalkakvātharasādyaiḥ, na mṛdubhiḥ | mūrddharecanaḥ-
śirovirecanākhyam nāmāntaramasya | atīkṣṇaistu śaman-
asaṃjñametadvirecanaṃ nasyam | punaḥ prakārāntaramāha-
dhmānamityādi | cūrṇo-marīcādibhiḥ kṛto, nāsayā praṇīy-
amāno virecano-bahirdoṣanirasano, dhmānaṃ-pradhmanākhyam
nasyaṃ syāt | § 4766

1.20.25 Aṣṭāṅgahr̥dayasaṃhitā

yuñjyāttam mukhavāyunā | | 8 | |
ṣaḍaṅguladvimukhayā nāḍyā
bheṣajagarbhayā | | 8 | |
sa hi bhūrītaram doṣam
cūrṇatvādapakarṣati | | 9 | | § 4769

1.20.26 Sarvāṅgasundarā

taṃ-cūrṇam, mukhavāyunā-phūtkārākhyena, yuñjyāt-praveśayet |
katham ? nāḍyā, kāraṇabhūtayā | kimbhūtayā ? ṣaḍaṅguladvimukhayā,-
ṣaḍaṅgulāni yasyāḥ sā ṣaḍaṅgulā, dve mukhe yasyāḥ
sā dvimukhā, ṣaḍaṅgulā cāsau dvimukhā ca ṣaḍaṅgul- 5
advimukhā, tayā | tathāvidhayā, tathā bheṣajagarbhayā-
trikaṭukādicūrṇabharitayā | sa hi-cūrṇo, bhūrītaram-bahutaram,
doṣam cūrṇatvādapakarṣati, na tathā kalkakvāthādayaḥ |
tasmādvirecanākhyo+ayamityarthaḥ | § 4770

1.20.27 Āyurvedarasāyana

pradhamanasya vidhimāha-yuñjyāditi | pradhamanasya
bahudoṣaharatve yuktimāha-sa hīti | cūrṇaṃ hi bahudra-
vagrāhitvāt bahudoṣāpakarṣaṇam | § 4771

1.20.28 Aṣṭāṅgahr̥dayasaṃhitā

pradeśinyaṅgulīparvadvayānmagnasamuddhṛtāt | | 9 | |
yāvatpatyasau bindurdaśāṣṭau ṣaṭ krameṇa
te | | 10 | |
marśasyotkr̥ṣṭamadhyaonā mātrāstā eva ca
kramāt | | 10 | |
bindudvayonāḥ
kalkādeḥ----- | | 11 | | § 4775

1.20.29 Āyurvedarasāyana

marśādimānājñānārtham bindumānamāha-pradeśinīti | yā-
vatpatati tāvān binduḥ, na prathamapatita eva | marśasya
mātrātrayamāha-daśāṣṭāvīti | te-bindavaḥ | avapīḍaśirovirecanayormātrātrayamā-
tā eveti | bindudvayonāḥ-aṣṭaṣaṭcaturbindukāḥ | § 4776

1.20.30 Sarvāṅgasundarā

pradeśinī-aṅguṣṭhasamīpajā+aṅgulī, tasyāḥ parvadvayaṃ,
tasmāt | kimbhūtāt ? pūrvaṃ bhagnaṃ paścātsamuddhṛ-
taṃ, tasmāt magnasamuddhṛtāt tarjanīparvadvayāt yāv-
atparimāṇaṃ patati, asau binduḥ, 'ucyate' iti śeṣaḥ | te-
5 bindavo, yathāsaṅkhyam marśasya daśotkr̥ṣṭā mātrā, aṣṭau
madhyamā mātrā, ṣaṭ kaniṣṭhā mātrā | tā eva kramānmā-
trā bindudvayenonāḥ kalkasvarasādeḥ | tenāṣṭau bindava
uttamā mātrā, ṣaṇmadhyamā, catvāraḥ kaniṣṭhā, ityavati-
ṣṭhate | yāvāditi yatparimāṇamasyeti | yattadetebhyaḥ pa-
10 rimāṇe vatup, ā sarvanāmna ityākārādeśaḥ | § 4777

1.20.31 Aṣṭāṅgahr̥dayasaṃhitā

yojayenna tu nāvanam | | 11 | |
 toyamadyagarasnehapītānām
 pātumicchātām | | 11 | |
 bhuktabhaktaśiraḥsnātasnātukāmasrutāsṛjām | | 12 | |
 navapīnasavegārtasūtikāśvāsakāsinām | | 12 | |
 śuddhānām dattabastīnām 5
 tathā+anārtavadurdine | | 13 | |
 anyatrātyayikādvyādheḥ-----
 | | 13 | | § 4783

1.20.32 Sarvāṅgasundarā

toyādi pītaṃ yaisteṣām | atra "āhitāgnyāditvāt" paranipā-
 taḥ | tathā pātumicchātām nāvanam-nasyam, naiva yoja-
 yet | toyādipītānām pātumicchātām ca yojitaṃ nasyam nā-
 sāsasyandopadehatimiraśirorogān kuryāt | bhuktabha- 5
 ktasya ca doṣā ūrdhvasrotāṃsyāvṛtya chardiśvāsakāsapr-
 atiśyāyān janayeyuḥ | śirobhyaktasya ca śirokṣikarṇaśūla-
 kaṅṭharogapīnasahanumanyāstambhārditaśiraḥkampān | śi-
 raḥsnātasya snātukāmasya ca mūrdhni stimito doṣo jā-
 ḍyārucipīnasān | srutaraktasya ca kṣāmatāmarucimag-
 nīsādaṃ ca | navapratiśyāyasya srotorodhāt dṛṣṭapратиśyā- 10
 yakeśāśatakṛmikaṅḍūvicarcikārogān | mūtritoccāritādiv-
 gārtānām bhṛśataram vegavidhāraṇajān vikārān | sūtikā-
 yāḥ srutaraktadoṣān | śvāsakāsinorvyādhivivṛddhim | śu-
 ddhānām kṛtavamanavirecanādīnām śvāsakāsasvarendr- 15
 iyahāniśirogauravakaṅḍūkṛmidoṣān | dattabastīnām viv-
 ṛtasrotastayā+ativyāptyā śvāsakāsādīneva | tathā, anārta-
 vadurdine sahasaiva śaityācchirorugvepathustaimityatā-
 lunetrakaṅḍūpākamanyāstambhakaṅṭharoga pratiśyāyār-
 ūṃśikāḥ | eṣu ca nasyadoṣeṣu jāteṣu yathāsvamāyata- 20
 nam doṣodrekaṃ cāpekṣya snehasvedaśirovirekavakkra-
 lepasekatikṣṇāvapīḍadhūmagāṅḍūśādīni yathāsvam ku-
 ryāt | saṅgrāhe viśeṣaḥ (sū. a. 29)- "garbhiṇyāśca bhakt-
 adveṣajvaramūrcchārdhāvabhedaḥ syuḥ | apatyam ca

vyaṅgaṃ vikalendriyamunmādāpasmārayuktaṃ vā syāt |
viśeṣeṇa tu garbhīṇī rūkṣe nasyakarmani varṣābhūkākōl-
īkapikacchūbhiḥ śṛtaṃ payaḥ pibet | balāvidāryamaśuma-
tīmedābhirvā | ebhireva ca śṛtaṃ haviḥ | vātahasiddh-
5 aśca snehaḥ śirobastau karṇapūraṇe ca yojyaḥ | sarvaṃ ca
br̥mhaṇamannapānam | " iti | toyapītādiṣu sadaiva kiṃ na-
syaṃ na yojyam ? ityāha-anyatretyādi | ātyayike vyādhou
nasyaṃ yojyameva | § 4784

1.20.33 Āyurvedarasāyana

pītatoyādīnāṃ nasyaṃ niṣedhati-yojayediti | pātumicchataṃ-
toyādīnyeva | bhuktabhaktō-bhuktavān | navapīnasah-apakvapīnasah |
vegārtaḥ-utpannaviṇmūtrādivegaḥ | anārtavadurdine-avārṣikābhre |
ātyayikāvdyādheranyatra niṣedhaḥ | saṅgrāhe tu (sū. a.
5 29) -"tatra bhuktabhaktasya nasyenerito doṣa ūrdhvasrotā-
msyāvṛtya chardiśvāsakāsapratīśyāyān janayet | snehāipī-
tapātukāmānāmākṣināsāsyaśyandopadehatimiraśīrorogān |
śiraḥsnātasya śirokṣikarṇaśūlakaṇṭharogapīnasahanuma-
nyāstambhārditaśiraḥkampān | srātukāmasya mūrddha-
10 staimityajāḍyāruciṇāsān | srutaraktasya kṣāmatāmaru-
cimagnisādaṃ ca | mūtritoccaritādivegārtānāṃ bhṛṣat-
aram̐ vegavidhāraṇajān vikārān | abhihatasya tīvrata-
rām̐ rujam̐ | kṛtavamanādīnāṃ śvāsakāsasvarendriyahāni-
śīrorogagauravaḥkaṇḍūkr̥midoṣān | [dattabastīnāṃ vivṛt-
15 asrotastayā+ativyāsyā śvāsa kāsādīneva |] garbhīnyā bh-
aktadveṣajvaramūrcchārdhāvabhedakāḥ syuḥ, apatyam̐
ca vyaṅgaṃ vikalendriyamunmādāpasmārayuktaṃ vā |
sūtiyāyāḥ srutaraktoktān doṣān | navapratīśyāsyasya sr-
otorodhāt duṣṭapratīśyāyakeśāśātakṛmikaṇḍūvicarcikāḥ |
20 śvāsakāsinorvātavyādhivṛddhiḥ | akāladurdine sahasa-
iva śaityācchīrorugvepathustaimityatālunetrakaṇḍūpāka-
manyāstambhakaṇṭharogapratīśyāyārūṃṣikāḥ | teṣu ya-
thāsvamāyatanaṃ doṣodrekaṃ cāpekṣya snehasvedaśi-
rovaktralepasekatīkṣṇāvapīḍadhūmagāṇḍūśādlīnācaret | vi-
25 śeṣeṇa tu garbhīṇī rūkṣe nasyakarmani varṣābhūkākōlīka-
pikacchūbhiḥ śṛtaṃ payaḥ pibet | balādidāryamaśamatīm-
edābhirvā | ābhireva ca śṛtaṃ haviḥ | vātahasiddhaścha

snehaḥ śirobastau karṇapūraṇe ca yojyaḥ | sarvaṃ ca br-
mhaṇamannapānam | bhuktabhaktādiṣvapi cātyayikavy-
ādhyāturamapekṣeta | " iti | § 4785

1.20.34 Aṣṭāṅgahr̥dayasaṃhitā

-----atha nasyaṃ prajoyayet | | 13 | |
prātaḥ śleṣmaṇi, madhyāhne pitte,
sāyaṃniśoścale | | 14 | |
svasthavṛtte tu pūrvāhṇe
śaratkālavasantayoḥ | | 14 | |
śīte madhyam̐dine, grīṣme sāyaṃ varṣāsu
sātape | | 15 | |
vātābhibhūte śirasi
hidhmāyāmapatānake | | 15 | |
manyāstambhe svarabhraṃṣe
sāyaṃprātardinedine | | 16 | |
ekāhāntaramanyatra-----
| | 16 | | § 4792

5

1.20.35 Sarvāṅgasundarā

kāraṇe kāryopacārātkapharogaḥ śleṣmaśabdenoktaḥ | [
evaṃ pittādāvapi |] śleṣmarogeṣu prātarnasyaṃ prajoya-
yet | pittarogeṣu madhyāhne | vātaroṅṣvaparāhṇe rātrau
ca | saṅgrahe viśeṣaḥ (sū. a. 29) - "lālāsrāvasuptapralāpada-
ntakaṭakaṭāyanakrathanakṛcchronmīlanapūtimukhakarṇa- 5
nādatṛṣṇārditaśirorogaśvāsakāsonnidreṣu rātrau" iti | sva-
sthetyādi | turavadhāraṇe | svasthavṛtte śaradi vasante ca
pūrvāhṇe evaṃ nasyaṃ yojyam | śīte-hemantaśiśiralakṣaṇe,
madhyāhne | grīṣme sāyaṃ-aparāhṇe | varṣāsu sātape-
dṛśyamānaravau vāsare prajoyayet | adhunā doṣāpekṣayā 10
nasyakālaniyamamāha-vātetyādi | vātābhibhūtamūrddh-
ādiṣu svarabhraṃṣānteṣu sāyaṃprātaḥ-pūrvāhṇāparāhṇayoḥ,
[dinedine-] pratidinaṃ ca, naikāhāntaritam | anyatra-
vātābhibhūtamūrddhādibhyo+anyasmin roge, ekāhānta-
ram | § 4793

15

1.20.36 Āyurvedarasāyana

nasyakālamāha-atheti | cale-vāyau | saṅgrāhe tu (sū. a. 29) - "lālāsrāvasuptapralāpadantakaṭakaṭāyanakrathana-kr̥cchronmīlanapūtimukhakarṇanādatṛṣṇārditaśiroro-gaśvāsakāsonnidreṣu rātrau |" iti | svasthavṛtte ṛtubhedena pūrvāhṇādiṣu |
5 sātape-varṣāsu yadaivātapastadaiva | saṅgrāhe tu (sū. a. 29) - "pañcakarmāṅyācarato bastikarmottarakārameva |" iti | vātābhibhūtaśiraskādiṣu pañcasu pratyahaṃ prātaḥ sāyaṃ ca | anyeṣu tu rogeṣvekāhāntaraṃ sve sve doṣakāle | § 4794

1.20.37 Aṣṭāṅgahr̥dayasaṃhitā

-----saptāhaṃ ca tadācaret | | 16 | | § 4795

1.20.38 Sarvāṅgasundarā

saptāhaṃ ca nasyamācaret,- saptāhādūrdhvaṃ nasyaṃ na vidadyāt | § 4796

1.20.39 Āyurvedarasāyana

nasyāvṛtteravadhimāha-saptāhamiti | tat-nasyam | saṅgrāhe tu (sū. a. 29) - "anena vidhinā pañca spata nava vā dināni dadyādāsamyagyogāt |" iti | § 4797

1.20.40 Aṣṭāṅgahr̥dayasaṃhitā

snigdhasvinnottamāṅgasya prākṛtāvaśyakasya
ca | | 17 | |
nivātaśayanasthasya jatrūrdhvaṃ svedayet
punaḥ | | 17 | |
athottānurjudehasya pāṅipāde prasārite | | 18 | |
kiñcidunnatapādasya kiñcinmūrddhani
nāmite | | 18 | |

nāsāpuṭaṃ pidhāyaikaṃ paryāyeṇa
 niṣecayet | | 19 | |
 uṣṇāmbutaptaṃ bhaiṣjyaṃ praṇāḍyā
 picunā+athavā | | 19 | |
 datte pādatalaskandhahastakarṇādi
 mardayet | | 20 | |
 śanairucchidya
 niṣṭhīvetpārśvayorubhayostataḥ | | 20 | |
 ābheṣajakṣayādevaṃ dvistrirvā
 nasyamācaret | | 21 | | § 4806

5

1.20.41 Sarvāṅgasundarā

pūrvam snigdham paścāt svinnamuttamāṅgaṃ-śiro, yasya
 tasya | tathā, prāk-pūrvam, kṛtamāvaśyakam-avaśyakaraṇīyamuccāramū
 yena sa prākkṛtāvaśyakaḥ, tasya | tathā, nivāstathāne śa-
 yanam yattatra sthitasya sataḥ, bhūyo jatrūrdhvaṃ sv-
 edayet | athetyādi | atha-anantaram, uttānaspāṣṭasthita- 5
 śarīrasya sato hastacaraṇe prasārite, tathā kiñcidunn-
 atacaraṇasya kiñcicchirasi nāmite sati, nāsāpuṭamekaṃ
 pidhāya-sthagayitvā, paryāyeṇa-na tu yugapat, bhaiṣa-
 jyaṃ niṣecayet | kīdrśam ? uṣṇāmbutaptaṃ,- uṣṇodako-
 ṣṇīkṛtam | kena pariṣecayet ? praṇāḍyā, athavā picunā- 10
 kārpāsādimayena | datte nasye sati pādatalaskandhah-
 astakarṇādi mardayet | ādiśabdena grīvālalāṭādiparigr-
 ahaḥ | suśrute cābhyadhāyi (ci. a. 40 | 25)- "vastrāva-
 cchāditanetrāya vāmahastapradeśinyagronnāmitanāsikā- 15
 grāya viśuddhasrotasi dakṣiṇahastena snehamuṣṇāmb-
 uprataptaṃ rajatasuvarṇatāmramaṇimṛtpātraśuktīnāma-
 nyatamasthamanavacchinnadhāramāsiñcet |" iti | śanairi-
 tyādi | tato-mardanānantaram, śanairucchidya pārśvayo-
 rubhayorniṣṭhīvet | (saṅgrāhe tu sū. a. 29)- "anabhyava- 20
 haran | kaphasahitamabhyavahr̥tamagnimavāsādayeddo-
 ṣam ca saṃvarddhayet | ekapārśvaniṣṭhīvane na sarvāḥ
 śirā bheṣajena samyagvyāpyante | punaḥpunaścainaṃ sv-
 edayet |" evaṃ-anena krameṇa, ābheṣajakṣayāt kuryāt |
 (prāyaḥ saṅgrahokto+ayamagrīmo granthaḥ-) na tu nasy-
 amātrā sakṛdeva prakṣeptavyā | hīnamātraṃ cauśadham 25

na deyam | taddhi doṣānutkleśyānirharan gauravārucikās-
aprasekapīnasacchardikaṅṭharogān kuryāt | adhikamatīy-
ogadoṣān kuryāt | sakṛdeva sarvaṃ dattamucchindyamā-
naṃ śīrorogepratiśyāyaghrāṅakledānucchvāsoparodhaṃ
5 ca kuryāt | atyuṣṇaṃ dāhapākajvararatāgama [śīrorugdr̥-
ṣṭidaurbalya] mūrchābhramān | atīśītaṃ hīnadoṣān | aty-
unnataśirasah samyagapratipadyamānaṃ tāneva hīnado-
ṣān | atyavanataśirasō dūragamanānmūrccchājāḍya [kaṇḍ-
ūdāha] jvarān | saṅkucitagātrasya samyagdhamaṅīrapr-
10 āpnuvaddoṣotkleśaṃ [vedanāṃ stambhaṃ vā] kuryāt |
§ 4807

1.20.42 Āyurvedarasāyana

nasyavidhimāha-snigdhasvinneti | āvaśyakaṃ-dantadhāvanādi |
paryāyeṇa-na yugapannāsāpuṭadvaye | praṇāḍyā-praṇālikayā |
ucchidya-nāsayā śvāsamūrdhvaṃ nītvā, ubhayoḥ pārśva-
yorniṣṭhīvat yāvadbheṣajakṣayaḥ | nasye puṭasaṅkhyāmāha-
5 evamiti | § 4808

1.20.43 Aṣṭāṅgahr̥dayasaṃhitā

mūrccchāyāṃ śītatoyena siṅcetpariharan śīraḥ | | 21 | | § 4809

1.20.44 Āyurvedarasāyana

nasyamūrccchāyāṃ pratīkāramāha-mūrccchāyāmiti | § 4810

1.20.45 Sarvāṅgasundarā

mūrccchāyāṃ satyāṃ śītajalena mūrddhavarjaṃ siṅcet | sa-
ṅgrahe+apyuktam (sū. a. 29) - "na ca nasye niṣicyam-
āne kopahāsavyāhāraspandanocchindanānyācaret | tathā
hi śīroruk+a+apratīśyāyakāsatimirakhalatīpalitavyaṅgati-
5 lakālakamukhadūṣikāṅnāṃ sambhavaḥ | " iti | § 4811

1.20.46 Aṣṭāṅgahr̥dayasaṃhitā

snehaṃ virecanasyānte

dadyāddoṣādyapekṣayā | | 22 | | § 4812

1.20.47 Āyurvedarasāyana

virecananasyānantaraṃ tīkṣṇatvadoṣaparihārārthaṃ snehanam̐ nasyamaṅgatvenāha-snehamiti | § 4813

1.20.48 Sarvāṅgasundarā

virecanasyāvasāne deśadoṣasātmyādyapekṣayā snehamanuṣecayet | tantrāntare (saṅgrāhe) cōktaṃ | (sū. a. 29) - "atha nasyārhaṃ naramavyāhatavegaṃ dhautāntarbahirmukhaṃ svavasthitaśīrasaṃ prāyogikadhūmapānaviśuddhasrotasaṃ svāstīrṇanivātaśāyanasthamuttānaśīrṣamīśadunnatapādaṃ prasāritacaraṇaṃ ca jatrūrdhvaṃ pāṇitāpena punaḥ punaḥ svedayet | " iti | § 4814 5

1.20.49 Aṣṭāṅgahr̥dayasaṃhitā

nasyānte vākśataṃ

tiṣṭheduttānaḥ----- | | 22 | | § 4815

1.20.50 Sarvāṅgasundarā

nasyāvasāne vāk+a+aśataṃ-mātrāśatamuttāno nidrāmas-evamānastiṣṭhet | § 4816

1.20.51 Āyurvedarasāyana

nivṛttanasyasyottānaśāyanamāha-nasyānta iti | vākśataṃśatagurvakṣaroccāraṇaparyāptaṃ kālam | § 4817

1.20.52 Aṣṭāṅgahr̥dayasaṃhitā

-----dhārayettataḥ | | 22 | |

dhūmaṃ pītvā kavosṇāmbukavalān

kaṇṭhaśuddhaye | | 23 | | § 4819

1.20.53 Āyurvedarasāyana

uttānaśayanānantaraṃ dhūmagaṇḍūṣāvāha-dhārayediti |
saṅgrahe tu (sū. a. 29) -"atha nasyārhaṃ naramavyā-
hatavegamaṃ dhautāntarbahirmukhaṃ nātikṣudhitaṃ pr-
āyogikadhūmaṣānaviśuddhasrotasam | tataḥ kanakara-
5 jatātāmrādyanyatamaśuktisthitaṃ pradeyaūśadhatribhā-
gaṃ vāmahastāṅguṣṭhakaniṣṭhikābhyāmākramya nayan-
apracchādaṇam caturguṇam vāso madhyamayā nāsāgra-
munnamayya pradeśinyanāmikābhyāṃ caikaikaṃ nāsāp-
uṭam paryāyeṇa pidhāyetarasmin nāsāsrotasi dakṣiṇaha-
10 stena praṇāḍyā picunā vā+anavacchinnadhāramāsiñcet |
na ca hīnādhikaṃ sakṛdeva sarvamatyūṣṇāśītamatyū-
nnaṭāvanatīśirase saṅkucitagātrāvayavāya deyam | tatra
hīnam doṣamutkleśyānirharadgauravārucikāsaprasekapī-
nasacchardikaṇṭharogān kuryāt | adhikamatiyogadoṣān |
15 sakṛdeva sarvaṃ dattamutsnehanaśīrorogapratīśyāyagrā-
ṇakledānucchvāsoparodham ca | atyūṣṇam dāhapākajva-
raraktāgamaśīrorugddaṣṭidaurbalyamūrccchābhramān | at-
īśītam hīnadoṣān | atyunnataśiras+api samyakśiro+apratipadyamānam
tāneva | atyavanataśiras+atidūragamanāt mūrccchājāḍy-
20 akaṇḍūdāhajvarān | saṅkucitagātrasya samyakdhamanīr-
avyāpnuvaddoṣotkleśam vedanām stambham vā | na ca
nasye niṣicyamāne kopahāsyavyāhāraspandanocchindya-
nānyācaret | tathā hi śīrorukpratīśyāyakāsatimirakhalati-
palitavyaṅgatīlakālakamukhadūṣikāṇām sambhavaḥ | an-
25 abhyavaharamścha vāmadakṣiṇapārśvayoraūśadham ni-
ṣṭhīvet | sakapham hi tadabhyavahṛtamagnimavasādaye-
ddoṣam ca saṃvarddhayet | ekapārśvaniṣṭhīvane na sar-
vāḥ śirā bheṣajena samyagvyāpyante | punaḥpunaśchai-
nam svedayet | athāsya snehoktamācāramādiśedatidrava-
30 pānam ca varjayet | " iti | § 4820

1.20.54 Sarvāṅgasundarā

tato-vākśatāvasthānādanantaram, īśaduṣṇajalakavalān dh-
ārayet | kimartham ? kaṇṭhaśuddhaye utkliṣṭadoṣaśāntaye
ca | kiṃ kṛtvā ? dhūmaṃ-virecanādyanyatamaṃ, yathāy-
ogaṃ pītvā, tato+asya snehoktamācāramādiṣet | § 4821

1.20.55 Aṣṭāṅgahr̥dayasaṃhitā

samyaksnigdhe sukhocchvāsasvapnabodhākṣapāṭa-
vam | | 23 | |
rūkṣe+akṣistabdhatā śoṣo nāsāsye
mūrdhhaśūnyatā | | 24 | |
snigdhe+ati
kaṇḍūgurutāprasekārucipīnasāḥ | | 24 | | § 4824

1.20.56 Āyurvedarasāyana

snehananasyasya samyagyogamāha-samyaksnigdha iti |
svapnabodhau sukkena | ā0 ra0-snehananasyasya hīnayogamāha-
rūkṣa iti | ā0 ra0-snehananasyātiyogamāha-snigdha iti |
§ 4825

1.20.57 Sarvāṅgasundarā

samyak+a+asnigdhe śirasi sukhocchvāsādayaḥ syuḥ | sa-
ṅgrahe cuktam (sū. a. 29) - "samyak+a+asnigdhe mū-
rdhni virikte vā sukhocchvāsaniḥśvāsakṣavathusvapna-
prabodhaśirovadanendriyaviśuddhayo bhavanti, yathokt-
avyādhyupaśamaśca |" iti | sa0-rūkṣe tu śirasyakṣistabdha- 5
atā syāt | tathā, nāsāyāmāsye ca śoṣo mūrdhhaśūnyatā ca
syāt | sa0-atisnigdhe kaṇḍvādayaḥ syuḥ | § 4826

1.20.58 Sarvāṅgasundarā

suvirikte-samyagvirikte, akṣilaghutādayaḥ syuḥ | sa0-durvirikte
gadodreko-rogasyādhikyam | ativirecite kṣāmatā-kṛśatā
syāt | § 4827

1.20.59 Aṣṭāṅgahr̥dayasaṃhitā

suvirikte+akṣilaghutāvakkraśvaraviśuddhayaḥ | | 25 | |
durvirikte gadodrekaḥ,
kṣāmatā+ativirecite | | 25 | | § 4829

1.20.60 Āyurvedarasāyana

virecananastasya samyagyogamāha-suvirikta iti | ā0 ra0-
virecananasyasya hīnayogamāha-durvirikta iti | virecananasyasyātiyogamāha-
kṣāmateti | § 4830

1.20.61 Aṣṭāṅgahr̥dayasaṃhitā

pratimarśaḥ kṣatakṣāmabālavṛddhasukhātmasu | | 26 | |
prayojyo+akālavarṣe+api-----
| | 26 | | § 4832

1.20.62 Sarvāṅgasundarā

pratimarśaḥ kṣatakṣāmādiṣu prayojyaḥ | akālavarṣaṇe+api
kāryaḥ | § 4833

1.20.63 Āyurvedarasāyana

pratimarśasya viśayamāha-pratimarśa iti | akālavarṣe+api-
anārtavadurdine+api | saṅgrahe tu (sū. a. 29) -"ṛṣṇāmukhaśoṣabhīruṣu"
ityadhikam | § 4834

1.20.64 Aṣṭāṅgahr̥dayasaṃhitā

-----na tviṣṭo duṣṭapīnase | | 26 | |
madyapīte+abalaśrotre
kṛmidūṣitamūrdhani | | 27 | |
utkrṣṭotkliṣṭadoṣe ca, hīnamātratayā hi
saḥ | | 27 | | § 4837

1.20.65 Sarvāṅgasundarā

duṣṭapīnasādaḥ pratimarśaṃ niṣedhati-na tviṣṭa iti | abalaśrotre-
śabdaśravaṇāsamarthe | utkr̥ṣṭadoṣe utkliṣṭadoṣe ca , hi-
yasmāt, hīnamānatayā yuktaḥ sa doṣanirharaṇā samarth-
atvādetēṣu na yojya ityārthaḥ | § 4838

1.20.66 Sarvāṅgasundarā

dr̥ṣṭapīnase tu na prayojyaḥ | duṣṭapīnaso-nāsārogeṣu (hr.
u. a. 19 | 9) vakṣyamāṇaḥ | tathā madyapīte, tathā+abalaśrote-
ruddhaśravaṇamārge, tathā kṛmibhirdūṣito mūrddhā ya-
sya tasmin kṛmipīḍitaśirasi, tathotkr̥ṣṭo-vṛddhiṃ gataḥ,
tathotkliṣṭaḥ-pracalo, doṣo yasya tasmim̐śca, pratima- 5
rśo na yojyaḥ | kena prakāreṇa (kāraṇena) na yojyaḥ
? ityāha-hīnetyādi | hi-yasmāt, eṣāṃ saḥ-pratimarśaḥ,
hīnamātratayā,-hīnā mātṛā yasya sa hīnamātraḥ, tasya bh-
āvo hīnamātratā, tayā | ya (a) smādasau na yujyate | eṣāṃ 10
hyudīrṇadoṣatvāt tāvatā doṣotkleśa eva bhavati na śa-
maḥ | § 4839

1.20.67 Aṣṭāṅgahr̥dayasaṃhitā

niśāharbhuktavāntāhaḥ

svapnādharmaśramaretasām | | 28 | |

śirobhyañjanagaṇḍūṣaprasrāvāñjanavarasām | | 28 | |

dantakāṣṭhasya hāsasya yojyo+ante+asau

dvibindukaḥ | | 29 | | § 4842

1.20.68 Sarvāṅgasundarā

asau-pratimarśau, dvibinduko niśādīnāṃ pañcadaśānāṃ
kālānāmante prayojyaḥ | § 4843

1.20.69 Āyurvedarasāyana

pratimarśasya pañcadaśa kālānāha-niśāhariti | ahaḥsvapno-
divāsvapnaḥ | śramo-vyāyāmaḥ | prasarvo-mūtram | dvibinduko-

bindudvayamātraḥ | saṅgrāhe tu (sū. a. 29) -"bindurvā
yena cotkleśo nānutkliṣṭasya jāyate | niṣṭhyate yatra vā sn-
eho na sāksādupalakṣyate | |" iti | § 4844

1.20.70 Aṣṭāṅgahr̥dayasaṃhitā

pañcasu srotasāṃ śuddhiḥ, klamanāśastriṣu
kramāt | | 29 | |
dṛḡbalaṃ pañcasu, tato dantadārḍhyaṃ
marucchamaḥ | | 30 | | § 4846

1.20.71 Āyurvedarasāyana

uktakālānāṃ phalamāha-pañcasviti | pañcasuniśāntādiṣu,
srotaḥśuddhiḥ | triṣu-adhvaśramarotonteṣu, klamanāśaḥ |
pañcasu-śirobhyañjanādiṣu, dṛḡbalaṃ | dantadhāvanānte
dantadārḍhyaṃ | hāsyānte vātopaśamaḥ | § 4847

1.20.72 Sarvāṅgasundarā

tatra niśāharbhuktavāntāhaḥsvapnākhyeṣu pañcasu kāl-
eṣu pratimarśe prayukte srotasāṃ śuddhirbhavati | kramāt-
krameṇaiva paṭhiteṣu | adhvaśramamaithunānāṃ trayāṅ-
āmante pratimarśe datte sati klamasya nāśaḥ syāt | upa-
5 lakṣaṇaṃ cedam | manaḥprasādaśirolāghave+api bhava-
taḥ | evaṃ śirobhyañjanādiṣu pañcasvante pratimarśe yoj-
ite sati dṛṣṭerbalam syāt | tataḥ-anantaram, dantakāṣṭhah-
āsayorante yathāsaṅkhyena dvijadṛḍhatvam pavanaśama-
śca syāt | § 4848

1.20.73 Aṣṭāṅgahr̥dayasaṃhitā

na nasyamūnasaptābde nātītāśītivatsare | | 30 | |
na conāṣṭādaśe dhūmaḥ, kavalo
nonapañcame | | 31 | |
na śuddhirūnadaśame na
cātikrāntasaptatau | | 31 | | § 4851

1.20.74 Sarvāṅgasundarā

ūnasaptavarṣe nasyaṃ na yojyam | tathā, atikrāntāśītiva-
rṣe ca nasyaṃ prayojanam | apūrṇāṣṭādaśavarṣe dhūmo
na prayojyaḥ | kavalo+apūrṇapañcavatsare na prayojyaḥ |
ūnadaśamavarṣe śuddhiḥ-vamanavirekādikā, na prayo-
jyā | tathā, atītasaptativarṣe ca śuddhirna yojyā | § 4852 5

1.20.75 Āyurvedarasāyana

vayoviśeṣeṇa nasyadhūmakavalaśodhanāni niṣedhati-na
nasyamiti | § 4853

1.20.76 Sarvāṅgasundarā

pratimarśaḥ punarbastiriva śasto-hitaḥ | katham ? ājanmamaraṇaṃ,-
janmamaraṇe avadhim kṛtvā, pratimarśo hita ityārthaḥ |
sa ca-pratimarśo, nityopasevanāt-santatamabhyasyamāno,
marśa iva guṇān-sukhocchvāsādīn kuryāt | atra ca-pratimarśe,
yantraṇā-"uṣṇodakopacārī syāt" ityādikā, nāsti | na ca 5
vyāpabhdyaḥ-"akṣistabdhatā śoṣaḥ" ityādibhyo, bhayaṃ
marśa iva-marśavat nāstīti | marśa iva marśavat, saptamy-
antādvatiḥ | § 4854

1.20.77 Aṣṭāṅgahr̥dayasaṃhitā

ājanmamaraṇaṃ śastaḥ pratimarśastu bastivat | | 32 | |
marśavacca guṇān kuryātsa hi
nityopasevanāt | | 32 | |
na cātra yantraṇā nāpi vyāpadbhyo
marśavadbhayam | | 33 | | § 4857

1.20.78 Āyurvedarasāyana

pratimarśasya sukhasavyatvamāha-ājanmeti | § 4858

1.20.79 Aṣṭāṅgahr̥dayasaṃhitā

tailameva ca nasyārthe nityābhyāsenā śasyate | | 33 | |
śirasaḥ śleṣmadhāmatvātsnehāḥ svasthasya
netare | | 34 | | § 4860

1.20.80 Sarvāṅgasundarā

tailameva nityābhyāsenā pratimarśanyāyena nasyārthe śr-
eṣṭhaṃ bhavati | kuto hetoḥ ? mūrdhnaḥ kaphasthāna-
tvāt | na tvapare snehāḥ | teṣāṃ śleṣmalatvāditi bhāvaḥ |
§ 4861

1.20.81 Āyurvedarasāyana

nityanasye tailamevocitamityāha-tailameveti | saṅgrāhe tu
(sū. a. 29) -"āśukṛccirakāritvaṃ guṇotkarṣāpakṛṣṭatā | ma-
rśe ca pratimarśe ca viśeṣo na bhavedyadi | | komarśaṃ sa-
parihāraṃ sāpadaṃ ca bhajettataḥ | acchapānavicārākhy-
5 aukṛtvātātapasthitī | | anvāsamātrābastī ca tadvadeva vi-
nirdiśet | " iti | § 4862

1.20.82 Aṣṭāṅgahr̥dayasaṃhitā

āśukṛccirakāritvaṃ guṇotkarṣāpakṛṣṭatā | | 34 | |
marśe ca pratimarśe ca viśeṣo na
bhavedyadi | | 35 | |
ko marśaṃ saparihāraṃ sāpadaṃ ca
bhajettataḥ | | 35 | |
acchapānavicārākhyau
kuṛtvātātapasthitī | | 36 | |
5 anvāsamātrābastī ca tadvadeva
vinirdiśet | | 36 | | § 4867

1.20.83 Sarvāṅgasundarā

āśukāriḡuṇayukto marśaḡ, cirakārī tu pratimarśaḡ | ḡuṇ-
otkarṣatvayukto marśo ḡuṇāpakṛṣṭatānvitastu pratimarśa
ityanayorbhedaḡ | yadi ca marśe pratimarśe ca viśeṣaḡuṇo
na syāt, tato marśaḡ saparihāraḡ savyāpadaḡ ca ko bhajet
? na kaścidbhajedityarthaḡ | marśapratimarśaviśeṣavada- 5
cchapānavicārākhyau snehau śīghrakāritvādinā viśeṣeṇa
nirdiśet | tathā, kuṭīpraveśasthityā yadrarasāyanamupay-
ujyate, yacca vātātapādyaparihārasthityā rasāyanam kriy-
ate, te ca dve api tathaiva saviśeṣe nirdiśet | tathā, anvāsaḡ-
anuvāsanam, tathā mātrābastiśca, tāvapyevam śīghrakāri- 10
cirakāritvādiguṇairvinirdiśet | § 4868

1.20.84 Aṣṭāṅgahr̥dayasaḡhitā

jīvantījaladevadārujaladatvak+a+asevyagopīhimam
dārvītvaṅmadhukaplavāḡguruvarīpuṅḡrāhvī-
bilvotpalam | | 37 | |
dhāvanyau surabhiḡ sthire kṛmiharam patraḡ
truṭiḡ reṇukāḡ kiṅjalkaḡ kamalāḡdbalāḡ
śatagaṇe divye+ambhasikvāthayet | | 37 | |
tailādrasaḡ daśagaṇam pariśeṣya tena tailam
paceta salilena daśaiva vārān | | 38 | |
pāke kṣipecca daśame samamājadugdham
nasyam
mahāḡguṇamuśantyaṇutailametat | | 38 | | § 4872

1.20.85 Sarvāṅgasundarā

jīvantyādīni dravyāṇi divye jale kvāthayet | gopī-sārivā |
plavaḡ-gopāladamanākhyam | puṅḡrāhvam-prapaṅḡdarīkam |
dhāvanyau-kaṅṭakārikāmahoṭikākhye | surabhiḡ-sallakī |
sthire-śālīparṅīpṛṣṇiparṅyau | kṛmiharam-vidāḡgam | atra
tailasamāni dravyāṇi grāhyāṅīti vṛddhavaidyavyavahā- 5
raḡ | ākāśādeva paṭādibhirḡḡhītam jalam divyamucyate |
tacca tailācchatagaṇam ḡḡhītvā tāvatkvāthayet, yāvadd-

aśaguṇo rasastailātsyāt | tena ca kvāthena tailam daśa-
iva vārān pacet | daśame ca pāke tailasamamajākṣīram
kṣipet | tataḥ punaḥ pacet | ityetattailam mahāguṇam-
sarvottamaguṇam, aṇutailasamjñam kathayanti | aṇuṣu
5 tailamaṇutailam | aṇūnīndriyasrotāṃsi praviśatītyarthaḥ |
§ 4873

1.20.86 Āyurvedarasāyana

nasyataileṣu śreṣṭhatvādanūtailamāha-jīvantīti | jīvantiyā-
dīni śataguṇe jale niṣkāthya, jīvantiyādyapekṣayaiva da-
śaguṇam rasam pariśeṣya, tailāddaśaguṇena salilena-
kvāthena, daśavāram tailam pacet | arthātprativāram ta-
5 ilasamaḥ kvāthaḥ | daśame tu pāke tailasamamajad-
ugdham kvātham cāvaśiṣṭam kṣipet | sevyamuśīram |
plavam-kṣudramustam | dhāvanyau-br̥hatīdvayam | sura-
bhimrāsnaṃ | sthire-śālīparṇīpṛṣṇiparṇyau | kamalātkiñj-
alkaṃpadmakesaram | atra jīvantiyādīnāmeva kalkaḥ, "ya-
10 taḥ kvāthastataḥ kalkaḥ kevalakvāthabhāṣite |" iti vaca-
nāt | kalkam binaiva pāka ityapare | saṅgrahe tu (sū.a.29)-
"aṇutailavidhānam tu mañjiṣṭhāmadhukaprapauṇḍarīkajī-
vakarśabhakākōlīdvayapayasyāsārivānantānīlotpalāñjana-
rāsnaṇīvidāṅgataṇḍulamadhuparṇīśrāvaṇīmedākākanāsāsa-
15 ralasālabhadradārucandanaiḥ supiṣṭhairsaṣṭaguṇam padgu-
ṇena payasā tailam vipacet | ghr̥tam vā pittolbaṇeṣu do-
ṣeṣu | athavā candanāgurupatradārvlītvāṇmadhukabalai-
lādvayapadmōtpalapadmakesārapauṇḍarīkavidāṅgośīrahnī-
beravanyatvaṇmustāsārivābr̥hatīdvayāṃśumatīdvayajīva-
20 ntīdevadārusurabhiśatāvāriḥ śataguṇe divye+ambhasi da-
śabhāgāvaśiṣṭam kvāthayet | tatastasya kvāthasya daśam-
āṃśena samāṃśam tailam sādhayet | daśame cātra pāke
tailatulyamājamapi payo dadyāt | etadapyaṇutailam pū-
rvasmādvīśeṣeṇendriyadārḍhyakaram keśyam balyam ka-
25 ṇṭhyam pṛīṇanam br̥mhaṇam dopatrayagham ca |" iti |
tantrāntarāt-"nasyam vidadhyādguḍanāgarām vā sasai-
ndhavāṃ māgadhikāmātho vā | ghr̥ṇāṇāsyamanyāhanubā-
hupṛṣṭaśīroḥkṣikaṇṭhaśravaṇāmayeṣu | |" iti | § 4874

1.20.87 Aṣṭāṅgahr̥dayasaṃhitā

ghanonnataprasannatvak+a+askandhagr̥ivāsyaavakṣasaḥ | | 39 | |
dr̥ḍhendriyāstapalitā
bhaveyurnasyaśīlinaḥ | | 39 | |
iti śrī vaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyām
sūtrasthāne nasyavidhārnāma
viṃśo+adhyāyaḥ | | 20 | | § 4877

1.20.88 Āyurvedarasāyana

nasyaśīlanasya phalamāha-ghanonnateti | ghanatvacāḥ,
unnataskandhagr̥ivāvakṣasaḥ, prasannāsyāḥ, iti yathāy-
ogaṃ sambandhaḥ | iti hemādriṭīkāyāmāyurvedarasāy-
ane | nasyakarmaprakaraṇaṃ sāmastyena nirūpitam | |
20 | | § 4878

5

1.20.89 Sarvāṅgasundarā

nasyaśīlino nibiḍoccataramaṇīyatvagādayaḥ syuḥ | tvak
ca skandhaśca gr̥ivā cāsyāṃ ca vakṣaśca eteṣāṃ samāh-
āraḥ tvak+a+askandhagr̥ivāsyaavakṣasaḥ | ghanonnatapras-
annaṃ tvak+a+askandhagr̥ivāsyaavakṣo yeṣāṃ te ghan-
onnataprasannatvak+a+askandhagr̥ivāsyaavakṣasaḥ | tathā, 5
puṣṭendriyāḥ palitavarjitāśca bhavyeḥ | iti śrīmṛgāṅka-
dattaputraśrīmadaruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭīkā-
yām sarvāṅgasundarākhyāyām sūtrasthāne nasyavidhirn-
āma viṃśo+adhyāyaḥ samāptaḥ | | 20 | | § 4879

1.21 dhūmapanavidhiradhyāyaḥ : 21

1.21.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto dhūmapānavidhimadhyāyaṃ
vyākhyāsyāmaḥ | | 2 | |

iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
jatrūrdhvakaphavātotthavikārāṇāmajanmane | | 1 | |
ucchedāya ca jātānām pibeddhūmaṃ
sadā+a+atmavān | | 1 | | § 4883

1.21.2 Sarvāṅgasundarā

ātmavān-sumatirhitāhāravihāro, jatraṇa ūrdhvaṃ śleṣma-
vātodbhavānām vikārāṇam-rogāṇām, ajanmane-anutpattiyai,
tathotpannānamucchedāya-vināśāya, sadā dhūmaṃ pi-
bet | § 4884

1.21.3 Āyurvedarasāyana

dhūmapānavidhimadhyāyaṃ vyākhyātum pratijānīte | ath-
eti | § 4885

1.21.4 Aṣṭāṅgahr̥dayasaṃhitā

snigdho madhyaḥ sa tīkṣṇaśca, vāte vātakaphe
kaphē | | 2 | |
yojyaḥ-----
| | 2 | | § 4887

1.21.5 Sarvāṅgasundarā

sa ca dhūmaḥ snigdhamadhyatīkṣṇabhedena tridhā | ya-
thākramaṃ vāte snigdho, vātakaphe madhyaḥ, kaphē tī-
kṣṇo, yojyaḥ | § 4888

1.21.6 Āyurvedarasāyana

dhūmabhedānāha-snigdha iti | saṅgrahe tu (sū. a. 30)-
"tatra śamanaḥ prāyogiko madhyama iti paryāyāḥ, bṛṃh-
aṇaḥ snehano mṛduriti, śodhano virecanastīkṣṇa iti ca | "
iti | "tathā kāsagho vāmano vraṇadhūpanaścha | " inyany-
5 adbhedatrayam | § 4889

1.21.7 Sarvāṅgasundarā

raktapittārtyādiṣu dhūmo nāvachāraṇīyaḥ | nanu, vāte vā-
takaphe kaphe ca dhūmasyānujñātātīvāt pittārtau prāptir-
eva nāsti | tatkiṃ pratiṣedhena ? brūmaḥ | vātaprakṛtervā-
tapittārtau satyāṃ kaścīdbhiṣakpāśo bhrāntyā prakṛtyan-
urūpopakramacikīrṣayā dhūmaṃ yojayet, tanniṣedhārtha- 5
midamuktam | athavā vātaśleṣmaprakṛteḥ pittārtau pitta-
prakṛtervā vātaśleṣmārtau dhūmo na yojya iti pratipādan-
aarthamidam gaditam | aśīśabdo matsyādiṣu viṣānteṣu pr-
atyekaṃ yojyaḥ | atra ca yathāsambhavaṃ pānaṃ madyā-
deḥ, bhojanaṃ cha matsyādeḥ aśanaśabdenocyate | catu- 10
rvidhe+apyāhāre aśanaśabdenāstyeva vyavahāraḥ | yathā
(hr.sū.a. 8 | 1)-"mātrāśī sarvakālaṃ syāt" iti kecicca yavāg-
ūpāyinyapi dhūmapānaṃ necchanti | § 4890

1.21.8 Aṣṭāṅgahr̥dayasaṃhitā

snigdhādīnām viṣayamāha-vāta iti | | 2 | |
krameṇeti śeṣaḥ | | 2 | |
-----na
raktapittārtiviriktodaramehiṣu | | 2 | |
timirordhvānilādhmānarohiṇīdattabastiṣu | | 3 | |
matsyamadyadadhikṣīrakṣaudrasnehaviṣāśiṣu | | 3 | |
śirasyabhigate pāṇḍuroge jāgarite
niśi | | 4 | | § 4896

1.21.9 Āyurvedarasāyana

pittārtādīnām dhūmaṃ niṣedhati-na pittaraktārteti | § 4897

1.21.10 Aṣṭāṅgahr̥dayasaṃhitā

raktapittāndhyabādhiryatṛṇmūrcchāmadamohakṛt | | 4 | |
dhūmo+akāle+atipīto
vā----- | | 5 | | § 4899

1.21.11 Āyurvedarasāyana

dhūmasyākālapāne+atipāne ca doṣamāha-raktapittāndhyeti |
§ 4900

1.21.12 Sarvāṅgasundarā

mūrcchā-saṃjñānāśaḥ | mohāḥ-cittanāśaḥ, 'muhū vaicitye'
iti pāṭhāt | āndhyabādhiryagrahaṇamuttamāṅgarogopa-
lakṣṇārtham | tena saṅgrahoktamarditamapi gr̥hyate |
dhūmo+akāle-pūrvokte raktapittārtyādau, pīto raktapitt-
5 ādīn kuryāt | apratiśiddhe+api kāle- kṣutādau, atīsayena
pīto vā raktādikṛt | § 4901

1.21.13 Aṣṭāṅgahr̥dayasaṃhitā

-----tatra śīto
vidhirhitaḥ | | 5 | | § 4902

1.21.14 Sarvāṅgasundarā

tatra-raktapittādyārtau, vidhiḥ-upakramo yathāsvaṃ sa-
rpiḥ pānanasyālepapariṣekādīḥ, śīto hitaḥ | § 4903

1.21.15 Sarvāṅgasundarā

uktadoṣasya pratīkāramāha-tatra śīta iti | saṅgrahe tu
(sū.a. 30)-"eṣāṃ hi bhramajvaraśirobhitāpendriyopaghāta-
tāluśoṣapākadhūmāyanacchardimurcchāraktapittārditāni mṛ-
5 tyuṃ vā dhūmo janayet, atimātraścānyeṣāmapī | tatra
vātakaphānyatarasaṃsr̥ṣṭaṃ pittamupalakṣya yathāsvaṃ
sarpiṣkaṣāyapānanasyāsyālepāñjanapariṣekān snigdharū-
kṣaśītān prayuñjīta | etena sarvadhūmopaghātapratīkārā
vyākhyātāḥ | viśeṣastu sarvasrotobhigate dhūme tīvrata-
arā vedanā bhavantyūṣādhmānanetrarogaśvāsakāsapīna-
10 sāṅgasvarasādāmlakāḥ | tatra ghṛtakṣīrekṣurasadrākṣāsa-
rkaropayogastadvidhaireva vamanam | kaṭutiktairapi ca
nasyagaṇḍūṣāḥ | " iti | § 4904

1.21.16 Aṣṭāṅgahṛdayasaṃhitā

kṣutajṛmbhitaviṅmūtrastrīsevāsastrakarmanām | | 5 | |
hāsasya dantakāṣṭhasya dhūmamante
pibenmṛdum | | 6 | |
kāleṣveṣu niśāhāranāvanānte ca
madhyamam | | 6 | |
nidrānasyāñjanasnānaccharditānte
virecanam | | 7 | | § 4908

1.21.17 Āyurvedarasāyana

snigdhadhūmasyāṣṭau kālānāha-kṣutajṛmbhiteti | madhy-
adhūmasyaikādaśa kālānāha-kāleṣviti | tīkṣṇadhūmasya
pañca kālānāha-nidreti | § 4909

1.21.18 Sarvāṅgasundarā

kṣutādīnāmaṣṭānāmante mṛdum-snehanākhyam, dhūmam
pibet | eṣu-kṣutādiṣu kāleṣu, niśāhāranāvanānteṣu ca ma-
dhyamam dhūmam pibet | madhya eva madhyamaḥ,
"madhyānmaḥ" iti mapratyayaḥ | virechanākhyam dhū- 5
mam nidrādīnāmante pibet | nāvananasyaśabdayorekā-
rthayorihopādānānnasyakrameṇa dhūmam pibediti gra-
nthaḥ | pratipāditam | tena snigdhanasyānte snigdham-
mṛdvaparaparyāyam, dhūmam pibet | ācāryopadeśācca
kṣutādyanteṣu ca snigdham dhūmam pibet | madhyanasy-
ānte madhyamam dhūmam pibet | kāleṣviti vacanācca kṣ- 10
utāntādiṣu ca madhyamam dhūmam pibet | evam tīkṣṇan-
asyānte virecanam dhūmam pibet | iti triṣu sambandhaḥ |
tīkṣṇaśabdo+atra virecanaparyāyaḥ | § 4910

1.21.19 Aṣṭāṅgahṛdayasaṃhitā

bastinetrasamadravyaṃ trikośam kārayedṛju | | 7 | |
mūlāgre+aṅguṣṭhakolāsthipeśam
dhūmanetrakam | | 8 | | § 4912

1.21.20 Āyurvedarasāyana

dhūmanetramāha-bastinetreti | bastinetrasamadravyaṃ-hemādighaṭitam |
trikośaṃ-yathāpūrvyā+anupravibhajya trikāṇḍam | § 4913

1.21.21 Sarvāṅgasundarā

5 bastau netraṃ bastinetram, bastinetreṇa samaṃ-tulyaṃ,
dravyaṃ-dhātudārvasthivenūjaṃ, yasya-dhūmanetrasya,
tadbastinetrasamadravyaṃ dhūmanetraṃ śilpinā kāraye-
dbhiṣak | kimbhūtaṃ netraṃ ? trayah kośāḥ parvāṇi, ya-
sya tat trikośam | tathā, ṛju-avakam | tathā, mūlaṃ cā-
gram ca tasmin yathāsaṅkhyamaṅguṣṭhabadarāsthiprave-
śam | mūle+aṅguṣṭhapraveśamagre kolāsthipraveśamity-
arthaḥ | aṅguṣṭhaśca kolāsthi ceti samāhāradvandvaḥ | ta-
tpraviśatyasminniti "padarujaviśanti" iti ghañ | § 4914

1.21.22 Aṣṭāṅgahr̥dayasaṃhitā

tikṣṇasnehanamadhyeṣu trīṇi catvāti pañca ca | | 8 | |
aṅgulānāṃ kramātpātuḥ pramāṇenāṣṭakāni
tat | | 9 | | § 4916

1.21.23 Sarvāṅgasundarā

5 yathāsaṅkhyam dairghyeṇa tikṣṇasya trīṇyaṣṭakāni-caturviṃśatiraṅgulāni,
syuḥ | snehane ca dhūme catvāryaṣṭakāni-dvātrimśadaṅgulāni,
syuḥ | madhyame ca dhūme pañcāṣṭakāni-catvārimśadaṅgulāni,
syuḥ | parvānekatvaṃ sūkṣmatvaṃ dairghyaṃ ca netr-
asyeha kṛtam | evaṃ hi nayanakarṇādīnāṃ na bādha-
ako dhūmaḥ syāditi | tathā ca muniḥ (ca.sū.a.5|48)-
"dūrādvinirgataḥ parvacchinno nāḍītanūkr̥taḥ | nendri-
yaṃ bādhathe dhūmaḥ" iti | § 4917

1.21.24 Āyurvedarasāyana

tikṣṇādibhedena dhūmanetrasya pramāṇamāha-tikṣṇasnehanamadhyeṣviti |
dhūmapāṅgulāni caturviṃśatitikṣṇanetraṃ, dvātrimśa-

tsnigdhanetram, catvāriṃśanmadhyanetram | saṅgrāhe tu (sū.a. 30)-"evaṃ hi dhūmo dūrātpravṛtto netrasya parvacchedādūrdhvaṃ tanutayā ca śanaiḥ śliṣyannabādhako bhavati | " iti | tathā (saṃ. sū. a. 30)-"kāsaghne vāmane ca daśāṅgulam | vraṇadhūpanārthamaṣṭāṅgulam | kalāyap- 5 arimaṇḍalam kulatthavāhisrota iti | kāsaghnādiṣu tu netrābhāve nalavaṃśairaṇḍādīnāmanyatamām nāḍiṃ yoja- yet | " iti | § 4918

1.21.25 Aṣṭāṅgahrdayasamhitā

rjūpaviṣṭastaccetā vivṛtāsyastripariyayam | | 9 | |
pidhāya cchidramekaikaṃ dhūmaṃ nāsikayā
pibet | | 10 | | § 4920

1.21.26 Āyurvedarasāyana

dhūmapānavidhimāha-rjūpaviṣṭa iti | tripariyam-triparivartam | vāmaṃ pidhāya dakṣiṇena pibet dakṣiṇaṃ pidhāya vāmena pibedityekaḥ parivartaḥ | saṅgrāhe tu (sū.a.30)- "prākṛtocchvāsaniḥśvāso netrāgraniviṣṭadṛṣṭiḥ | " iti | § 4921

1.21.27 Sarvāṅgasundarā

rju-spaṣṭam, upaviṣṭaḥ-āsīnaḥ | tathā, taccetāḥ-dhūmapānagatacittaḥ | tathā, prasāritamukhaḥ | tathā, netragatadrṣṭirityapi dr- aṣṭavyam | kathaṃ pibet ? tripariyayam | ākṣepavisargā- āpānaḥ, tribhirāpānaiḥ-paryayaḥ | tathā, chidramekaikaṃ pidhāya, prakṛtatvānnāsikāyā eva | tadevaṃvidhaḥ san 5 nāsikayā pibet | ekaikamiti "ekaṃ bahuvrīhivat" iti dvitva- sublopau | tenāyamarthaḥ,- ekaṃ nāsāpuṭaṃ pidhāyāpar- eṇa nāsāpuṭenākṛṣya dhūmaṃ pibet | aparaṃ nāsāpuṭaṃ pidhāya tadapareṇākṛṣya tathaiva pibedityarthaḥ | § 4922

1.21.28 Aṣṭāṅgahrdayasamhitā

prāk pibennāsayotkliṣṭe doṣe ghr̥ṇaśirogate | | 10 | |
utkleśanārtham vaktreṇa, viparītam tu
kaṇṭhage | | 11 | | § 4924

1.21.29 Sarvāṅgasundarā

nāsāgate śirogate vā doṣa utkliṣṭe-svasthanāccālite sati,
prāk-pūrvam, nāsikayā pibet | anutkliṣṭe doṣa utkleśanā-
rtham vaktreṇa prāk pibet, paścānnāsikayā | kaṇṭhage tu
doṣa utkleśanārtham prānnāsikayā pibet paścādvaktreṇeti
5 viparītatvam | § 4925

1.21.30 Āyurvedarasāyana

doṣasthanāvasthābhedenā dhūmapāne viśeṣamāha-prāk
pibediti | ghr̥ṇaśirogate doṣe svayamutkliṣṭe śodhanā-
rtham yo dhūmastam pūrvam nāsikayā pibet, paścādvakre-
ṇa | tasminnevānutkliṣṭe utkleśanārtham yo dhūmastam
5 pūrvam vaktreṇa pibet, paścānnāsikayā | anutkliṣṭe prānn-
āsikayā, paścādvakreṇa | § 4926

1.21.31 Aṣṭāṅgahr̥dayasaṃhitā

mukhenaivodvameddhūmam-----
| | 11 | | § 4927

1.21.32 Sarvāṅgasundarā

nāsayā+a+asyena vā pītam dhūmam vaktreṇaivotsrjet |
§ 4928

1.21.33 Āyurvedarasāyana

dhūmodvamane niyamamāha-mukhenaiveti | § 4929

1.21.34 Aṣṭāṅgahr̥dayasaṃhitā

-----nāsayā dr̥gvighātakṛt | | 11 | | § 4930

1.21.35 Sarvāṅgasundarā

ghrāṇenotsr̥jyamāno dhūmo dr̥ṣṭivighātaṃ timirādinā ka-
roti | tasmānmukhenaivotsr̥jet | § 4931

1.21.36 Āyurvedarasāyana

nāsodvamane doṣamāha-nāsayeti | § 4932

1.21.37 Aṣṭāṅgahr̥dayasaṃhitā

ākṣepamokṣaiḥ pātavyo dhūmastu
tribhistribhiḥ | | 12 | | § 4933

1.21.38 Sarvāṅgasundarā

ākṣepamokṣaiḥ-ādānavisargaiḥ, tribhistribhistr̥n vārān dh-
ūmaḥ pātavyaḥ | tririti "dvitricaturbhyaḥ suc" iti suc | § 4934

1.21.39 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-dhūmapānāvadhimāha-okṣepamokṣairiti |
tribhistribhiriti triṣu pāneṣu pratyekaṃ traya
ākṣepamokṣāḥ | § 4935

1.21.40 Aṣṭāṅgahr̥dayasaṃhitā

ahnaḥ pibetsakṛt snigdhaṃ, dvirmadhyam, śodhanaṃ
param | | 12 | |
triścaturvā-----
| | 13 | | § 4937

1.21.41 Sarvāṅgasundarā

ahnaḥ sakṛt-ekavāraṃ, snigdhaṃ dhūmaṃ pibet | madhy-
amaṃ dhūmaṃ dvau vārau pibet | ahna ityatrāpyanuvart-
ate | tīkṣṇaṃ dhūmaṃ trīn vārāṃścaturō vā divasasya pi-
bet | ahna iti "kṛtvo+arthaprayoge kāle+adhikaraṇe" iti ṣa-
5 ṣṭhī | § 4938

1.21.42 Āyurvedarasāyana

snigdhadibhedenāvṛttimāha-ahna iti | ahnaḥ sakṛt-ahorātramadhye
ekavāraṃ, snigdhaṃ pibet | dvivāraṃ madhyam | trivā-
raṃ caturvāraṃ vā tīkṣṇam | § 4939

1.21.43 Aṣṭāṅgahr̥dayasaṃhitā

-----mṛdau tatra dravyāṅyaguruguggulu | | 13 | |
mustasthaṇṇeyaśaileyanaladośīravālakam | | 13 | |
varāṅgakauntīmadhukabilvamajjailavālukam | | 14 | |
śrīveṣṭakam sarjaraso dhyāmakaṃ madanaṃ
plavam | | 14 | |
5 śallakī kuṅkumaṃ māṣā yavāḥ
kundurukastilāḥ | | 15 | |
snehaḥ phalānāṃ sārāṅnāṃ medo majjā vasā
ghṛtam | | 15 | | § 4945

1.21.44 Sarvāṅgasundarā

snigdhadhūmasya dravyāṅyāha-mṛdāviti | naladaṃmā-
ṃsī | varāṅgaṃ-tvacam | dhyāmakaṃ-kaṭṭṛṇam | madanaṃ-
madhūcchiṣṭam | kundurukaḥ-śallakīniryāsaḥ | phalānāṃ
snehaḥ-eraṇḍatailādih | sārāṅnāṃ snehaḥ-devadārutailādih |
5 § 4946

1.21.45 Sarvāṅgasundarā

tatra-teṣu triṣu dhūmeṣu madhyāt, mṛdau-prāyogikākhye
dhūme, dravyāṅyaguruprabhṛtīni | plavo-gopālamadanaḥ |

sneha iti | phalānām-ākṣoḍanārikelādīnām snehaḥ, tathā
sārānām-khadirāsanādīnām ca snehaḥ | madhumadanay-
orekayonitvāduktasyopayogo madanasyātra viruddha iti
kecit | taccāyuktam | dravyāntaratvānmadanasya | piṅy- 5
ākadivattilādeḥ | gḥṛtaṃ cātra gavyameva grāhyam, mu-
khyatvāt | uktam hi (hr.sū.a.5 | 42)-"gavye kṣīragḥṛte śre-
ṣṭhe" iti | § 4947

1.21.46 Aṣṭāṅgahr̥dayasam̐hitā

śamane śallakī lākṣā pṛthvīkā kamalotpalam | | 16 | |
nyagrodhodumbarāśvatthaplakṣarodhratvacah
sitā | | 16 | |
yaṣṭīmadhu suvarṇatvak padmakam
raktayaṣṭikā | | 17 | |
gandhāścākuṣṭhatagarāḥ-----
| | 17 | | § 4951

1.21.47 Sarvāṅgasundarā

śamane dhūme śallakyādīni gandhadravyāṇi kuṣṭhataga-
ravarjyāni | § 4952

1.21.48 Āyurvedarasāyana

madhyamadhūmasya dravyāṅyāha-śamana iti | sitā-śarkarā |
suvarṇatvak-āragvadhah | raktayaṣṭikā-mañjiṣṭhā | § 4953

1.21.49 Aṣṭāṅgahr̥dayasam̐hitā

-----tīkṣṇe jyotiṣmatī niśā | | 17 | |
daśamūlamanohvālaṃ lākṣā śvetā
phalatrāyam | | 18 | |
gandhadravyāṇi tīkṣṇāni gaṇo
mūrddhavirecanaḥ | | 18 | | § 4956

1.21.50 Sarvāṅgasundarā

tīkṣṇe-virecanākhye dhūme, jyotiṣmatyādīni, gandhadra-
vyāṇi, tīkṣṇāni-kuṣṭhatagarādīni, gaṇasca-śodhanādigaṇasaṅgrahokto
"vellāpāmārga" (hr̥.sū.a.15 | 4) ityādiko, mūrdhavirecanaḥ |
§ 4957

1.21.51 Āyurvedarasāyana

tīkṣṇadhūmasya dravyāṅyāha-tīkṣṇa iti | alaṃ harītālam |
śvetā-kiṇihī | tīkṣṇāni gandhadravyāṅī-kaṅkolādīni | mū-
rddhavirecano gaṇaḥ-"vellāpāmārga" ityādih | § 4958

1.21.52 Aṣṭāṅgahr̥dayasaṃhitā

jale sthitāmahorātramiṣīkām dvādaśāṅgulām | | 19 | |
piṣṭairdhūmauṣadhairevaṃ pañcakṛtvaḥ
pralepayet | | 19 | |
vartiraṅguṣṭhakasthūlā yavamadhyā yathā
bhavet | | 20 | |
chhāyāśuṣkām vigarbhām tāṃ snehābhyaktām
yathāyatham | | 20 | |
5 dhūmanetrārpitām pātumagnipluṣṭām
prayojayet | | 21 | | § 4963

1.21.53 Sarvāṅgasundarā

rātriṃdivaṃ salile uṣītām dairghyeṇa dvādaśāṅgulāmiṣīkām-
darbhatūlīm, pañcakṛtvaḥ-paścavārān, dhūmoktairauṣa-
dhaiḥ piṣṭaiḥ prakarṣeṇa lepayet | yathā+āṅguṣṭhakasthūlā
yavamadhyā vartiḥ syāt | etadākṛtividhānaṃ ca triv-
5 idhe+api netrake varteḥ sukhapraveśārtham | tāmiṣī-
kām (tām varti) chhāyāyām viśuṣkām vigaṭagarbhām
(vigarbhām)-apanīteṣīkām, tathā snehena-ghṛtādinā yath-
āsvamabhyaktām, tathā, dhūmanetrasya yadaṅguṣṭhapr-
amānaṃ chidraṃ tatrārpitām, tathā+agnipluṣṭām aṅgāra-
10 pradīptām, pātum-pānārtham, prayojayet | § 4964

1.21.54 Āyurvedarasāyana

dhūmapānārthaṃ dhūmavarttimāha-jale sthitāmiti | haṣīkām-
kāśaśalākām | dhūmauśadhaiḥ-yathoktairagurvādibhiḥ, pa-
ñcabhirlepairaṅguṣṭhasthūlā yavamadhyā yathā bhavetta-
thā viśoṣya viśoṣya pralepayet | dhūmavartyā dhūmapānaprakāramāha-
chāyāśuṣkāmiti | vigarbhāṃ-apanīteṣīkām | yathāyathaṃ- 5
mṛdumadhyatīkṣṇaiḥ snehairabhyaktām | saṅgrahe tu
(sū.a.30)-"iṣīkāmadyaṃ navāṅgulaṃ lepayet | pratile-
paṃ cākṣamātraṃ lepadravyaṃ | " ityuktam | § 4965

1.21.55 Āyurvedarasāyana

kāsināṃ dhūmapāne viśeṣamāha-śarāvasamputeti | śarāvasamputaḥ-
saṅgrahoktaḥ (sū.a. 30)-"kāśaghaṇaṃ tu cūrṇaṃ gulikāṃ vā
nirdhūmadīptasthirāṅgārapūrṇe susamsthite śarāve pra-
kṣipyāntena budhnavṛttacchidreṇa śarāveṇa pidhāya" iti |
§ 4966

5

1.21.56 Aṣṭāṅgahr̥dayasaṃhitā

śarāvasamputacchidre nāḍīm nyasya daśāṅgulām | | 21 | |
aṣṭāṅgulām vā vaktreṇā kāsavān
dhūmamāpibet | | 23 | |
21 1/2 | | 23 | | § 4969

1.21.57 Sarvāṅgasundarā

śarāvayoḥ samputo-yugmaṃ, tasya chidre nāḍīm daśā-
ṅgulāmaṣṭāṅgulapramāṇāṃ vā nikṣipyā kāsī dhūmamāp-
ibet | tadayamatrārthaḥ,-apagatadhūmakhadirabadarādi-
dārusthirāṅgāraprakarapūrṇaśarāve kāsaharacūrṇaṃ sa-
snehaṃ gulikāṃ vā nyasya madhyavṛttacchidraśarāve- 5
ṇa pidhāya nāḍīmaṣṭāṅgulām daśāṅgulām va niveśya
kāsavān-kāsī, vaktreṇa-mukhena, dhūmaṃ saṃpibediti |
§ 4970

1.21.58 Aṣṭāṅgahr̥dayasaṃhitā

kāsaḥ śvāsaḥ pīnaso visvaratvaṃ pūtirgandhaḥ pāṇḍutā
keśadoṣaḥ | | 21 | |
karṇāsyākṣistrāvakaṇḍvartijāḍyaṃ tandrā
hidhmā dhūmapaṃ na spr̥santi | | 21 | |
22 1/2 | | 21 | |
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ
sūtrasthāne dhūmapānavidhirnāmaikaviṃś-
atitamo+adhyāyaḥ | | 21 | | § 4974

1.21.59 Sarvāṅgasundarā

kāsādayo dhūmapaṃ na spr̥santi | dhūmapāturete na sa-
mbhavantīti bhāvaḥ | tatra pūtirgandhaḥ-āsyānāsayoḥ |
pāṇḍutāmukhasya | keśadoṣāḥ-sitapiñjaratvādayaḥ | ka-
rṇau cāsyāṃ cākṣiṇī ca karṇāsyākṣi, sr̥vaśca kaṇḍūścā-
5 rtiśca jāḍyaṃ ca sr̥vakaṇḍvartijāḍyam, karṇādiṣu praty-
kaṃ sr̥vādicatuṣṭayaṃ yojyamiti | śālinīvr̥ttam | iti śrīmr̥-
gāṅkadattaputraśrīmadaruṇadattaviracitāyāmaṣṭāṅgahr̥da-
yaṭīkāyāṃ sarvāṅgasundarākhyāyāṃ sūtrasthāne dhūm-
apānavidhirnāmaikaviṃśatitamo+adhyāyaḥ samāptaḥ | |
10 21 | | § 4975

1.21.60 Āyurvedarasāyana

dhūmaśīlanasya phalamāha-kāsa iti | saṅgrahe tu (sū.a.-
30)-"dhūmo hi śirokṣikarṇaśūlābhiṣyandagauravārdhā-
vabhedakapīnasakāsaśvāsāsyavairasya- prasekavaisvaryā-
pūtighr̥ṇamukhahidhmāgalarogadantaśūladaurbalyāruci-
5 hanumanyāgraha- kṛmipakṣavadhakṣavathunāśabāhulyā-
tinidrākrathanādijatrūrdhvatavātakapha- vyādhiṣu pr-
aśamanāya prayujyate | tathā śiraḥkapālendriyamanobr̥-
ṃhaṇaprasādanāya ca | śītadravyanirvr̥tto+api tvagnisa-
ṃyogāduṣṇatayā pittaraktaviruddhaḥ | " iti | iti hemādriṭī-
10 kāyāmāyurvedarasāyane | dhūmapānaprakaraṇaṃ sāmā-
styena nirūpitam | | 21 | | § 4976

1.22 gaṇḍūṣādividhiradhyāyaḥ : 22

1.22.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto gaṇḍūṣādividhimadhyāyaṃ
vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 4978

1.22.2 Āyurvedarasāyana

gaṇḍūṣādividhimadhyāyaṃ vyākhyātum pratijānīte-atyeti |
gaṇḍūṣādīni-gaṇḍūṣakavalapratīsāraṇamukhālepamūrdha-
tailakarṇapūraṇāni | § 4979

1.22.3 Sarvāṅgasundarā

gaṇḍūṣādayo vidhīyante+asminniti gaṇḍūṣādividhiḥ | ād-
īśabdena kavalādiparigrahaḥ | § 4980

1.22.4 Aṣṭāṅgahr̥dayasaṃhitā

catuṣprakaro gaṇḍūṣaḥ snigdhaḥ śamanaśodhanau | | 1 | |
ropaṇāśca-----
| | 1 | | § 4982

1.22.5 Sarvāṅgasundarā

snigdhādibhedena catvāraḥ prakārāḥ-bhedāḥ, yasya sa ca-
tuṣprakāro gaṇḍūṣo bhavati | § 4983

1.22.6 Āyurvedarasāyana

gaṇḍūṣabhedānāha-catuṣprakāra iti | § 4984

1.22.7 Aṣṭāṅgahr̥dayasaṃhitā

-----trayastatra triṣu yojoyāscalādiṣu | | 1 | |
antyo vranaghnaḥ-----
- | | 2 | | § 4986

1.22.8 Sarvāṅgasundarā

tatra-teṣu gaṇḍūṣeṣu madhye, yathāsaṅkhyam pavanapitt-
aśleṣmasu trayah snigdhdādayo gaṇḍūṣā yojoyāḥ | tatra vāte
snigdho gaṇḍūṣaḥ, pitte śamanah, kaphe śodhana itya-
rthaḥ | antyo-ropanākhyo vranaghno-vranasādhana upay-
5 ujjate | § 4987

1.22.9 Āyurvedarasāyana

gaṇḍūṣāṇām bhedenā viṣayamāha-trayastatreti | antyo-
ropanah | vranaghno-mukharogaghnaḥ | § 4988

1.22.10 Aṣṭāṅgahr̥dayasaṃhitā

snigdho+atra svādvamlapaṭusādhitaiḥ | | 2 | |
snehaiḥ-----
| | 2 | | § 4990

1.22.11 Sarvāṅgasundarā

atra-eṣu gaṇḍūṣeṣu madhye, snigdho madhurādisādhitaiḥ
snehairbhavati | § 4991

1.22.12 Āyurvedarasāyana

snigdhasya dravyāṅyāha-snigdho+atreti | § 4992

1.22.13 Aṣṭāṅgahr̥dayasaṃhitā

saṃśamanaastiktakaṣāyamadhuraūśadhaiḥ | | 2 | | § 4993
śamanaastiktādibhiraūśadhaiḥ-paṭolāriṣṭajambvāmrāma-
dhukakvāthaśarkarodakakṣaudrādibhiḥ syāt | § 4994

1.22.14 Āyurvedarasāyana

śamanasya dravyāṅyāha-saṃśamana iti | § 4995

1.22.15 Aṣṭāṅgahr̥dayasaṃhitā

śodhanastiktakaṭvamlapaṭūṣṇaiḥ-----
| | 3 | | § 4996

1.22.16 Sarvāṅgasundarā

śodhano gaṇḍūṣastiktakaṭvamlādibhiraūśadhairbhavati |
§ 4997

1.22.17 Āyurvedarasāyana

śodhanasya dravyāṅyāha-śodhana iti | § 4998

1.22.18 Aṣṭāṅgahr̥dayasaṃhitā

-----ropanaḥ punaḥ | | 3 | |
kaṣāyatiktakaiḥ-----
| | 3 | | § 5000

1.22.19 Sarvāṅgasundarā

ropanastu gaṇḍūṣaḥ kaṣāyatiktakaiḥ syāt | § 5001

1.22.20 Āyurvedarasāyana

ropanasya dravyāṅyāha-ropanaḥ punariti | § 5002

1.22.21 Aṣṭāṅgahr̥dayasaṃhitā

-----tatra snehaḥ kṣīraṃ
madhūdakaṃ | | 3 | |
śuktaṃ madhyaṃ raso mūtraṃ dhānyāmlaṃ ca
yathāyatham | | 4 | |
kalkairyuktaṃ vipakvaṃ vā yathāsparśaṃ
prayojayet | | 4 | | § 5005

1.22.22 Sarvāṅgasundarā

tatra-teṣu pūrvokteṣu gaṇḍūṣeṣu madhye, snehādikaṃ
kalkairyathāsvaṃ yuktaṃ vipakvaṃ vā, yathāsparśaṃ-
śītamuşṇaṃ vā, prayojayet | § 5006

1.22.23 Āyurvedarasāyana

gaṇḍūṣārthaṃ dravyāṅyāha-tatreṭi | snehādīni nava yogy-
atānusāreṇa yathāsvaṃ kalkaiḥ saṃyojya vipācya vā śī-
tānyuṣṇāni vā prayojayet | uktaṃ ca saṅgrāhe (sū.a. 31)-
"tatra svādvamlalavaṇoṣṇairauṣadhaiḥ siddho yukto vā
5 nātyuṣṇaḥ sneho māṃsarasastilakalkodakaṃ kṣīraṃ vā
snehikaḥ | tiktakaṣāyamadhuraśītaiḥ paṭolāriṣṭajambvā-
mramālatīpallavotpalamadhukakvāthasitodaka kṣaudra-
kṣīrekṣurasaghr̥tādibhiḥ śamanaḥ | kaṭhvamlalavaṇoṣṇ-
aiḥ śirovirecanādidravyaiḥ śuktamadyadhānyāmlamūtrā-
10 nyatamakalkitāloḍitaiḥ śodhanaḥ | " iti | § 5007

1.22.24 Aṣṭāṅgahr̥dayasaṃhitā

dantaharṣe dantacāle mukharoge ca vātike | | 5 | |
sukhoṣṇamathavā śītaṃ tilakalkodakaṃ
hitam | | 5 | |

gaṇḍūśadhāraṇe-----
||6|| § 5010

1.22.25 Sarvāṅgasundarā

dantahaṛṣādaḥ kavosṇamathavā sītaṃ doṣavaśāt tilakalk-
odakaṃ hitaṃ | § 5011

1.22.26 Āyurvedarasāyana

dantahaṛṣādaḥ gaṇḍūśamāha-dantahaṛṣa iti | § 5012

1.22.27 Aṣṭāṅgahr̥dayasaṃhitā

-----nityaṃ tailaṃ
māṃsaraso+athavā | |6| | § 5013

1.22.28 Sarvāṅgasundarā

gaṇḍūśadhāraṇe nityaṃ tailaṃ māṃsaraso vā hitaḥ | § 5014

1.22.29 Āyurvedarasāyana

svasthe gaṇḍūśamāha-nityamiti | § 5015

1.22.30 Aṣṭāṅgahr̥dayasaṃhitā

ūśādāhānvite pāke kṣate cāgantusambhave | |6| |
viṣe kṣārāgnidagdhe ca sarpirdhāryaṃ
payo+athavā | |7| | § 5017

1.22.31 Sarvāṅgasundarā

ūśādiyukte pāke kṣate cāgantuje, tathā viṣe kṣārāgni-
bhyāṃ dagdhe ca, sarpirgaṇḍūśe hitaṃ kṣīraṃ vā | § 5018

1.22.32 Āyurvedarasāyana

ūṣādāhamukhapākādaḥ gaṇḍūṣamāha-ūṣādāhānvita iti |
ūṣā-kṣāreṇeva | dāhaḥ-agnineva | pākādayo mukha eva |
§ 5019

1.22.33 Aṣṭāṅgahr̥dayasaṃhitā

vaiśadyaṃ janatyāśu sandadhāti mukhe vraṇān | | 7 | |
dāhatṛṣṇāpraśamaṃ
madhugaṇḍūṣadhāraṇam | | 8 | | § 5021

1.22.34 Sarvāṅgasundarā

mākṣikagaṇḍūṣadhāraṇam mukhe vaiśadyaṃ-apaicchityaṃ,
janayati, mukhavraṇāṃśca sandadhāti | tathā, dāham ṭṛ-
ṣṇāṃ ca praśamayati | § 5022

1.22.35 Āyurvedarasāyana

mukhapaicchityādaḥ gaṇḍūṣamāha-vaiśadyamiti | § 5023

1.22.36 Sarvāṅgasundarā

dhānyāmlaṃ gaṇḍūṣa upayuktaṃ vadanavairasyaṃ tathā
malaṃ daurgandhyaṃ cāpanayati | § 5024

1.22.37 Aṣṭāṅgahr̥dayasaṃhitā

dhānyāmlamāsyavairasyamaladaurgandhyanāśanam | | 8 | | § 5025

1.22.38 Āyurvedarasāyana

mukhavairasyādaḥ gaṇḍūṣamāha-dhānyāmlamiti | § 5026

1.22.39 Aṣṭāṅgahr̥dayasaṃhitā

tadevālavaṇaṃ śītaṃ mukhaśoṣaharaṃ paraṃ | | 9 | | § 5027

1.22.40 Sarvāṅgasundarā

tadeva-kāñjikaṃ, alavaṇaṃ śītaṃ paraṃ-atīsayena, āsyaśoṣaharaṃ | § 5028

1.22.41 Āyurvedarasāyana

mukhaśoṣe gaṇḍūṣamāha-tadeveti | tat-dhānyāmlam | arthāt pūrvam ca lavaṇoṣṇam | § 5029

1.22.42 Aṣṭāṅgahr̥dayasaṃhitā

āśu kṣārāmbugaṇḍūṣo bhinatti
śleṣmaṇaścayam | | 9 | | § 5030

1.22.43 Sarvāṅgasundarā

kṣāreṇa-svarjikādīnā, yuktaṃ jalaṃ kaphasya cayamāśu bhinatti | § 5031

1.22.44 Āyurvedarasāyana

śleṣmasañcaye gaṇḍūṣamāha-āśviti | kṣārāmbu-kṣāragālanodakam | § 5032

1.22.45 Aṣṭāṅgahr̥dayasaṃhitā

sukhoṣṇodakagaṇḍūṣairjāyate
vaktralāghavam | | 10 | | § 5033

1.22.46 Sarvāṅgasundarā

koṣṇapānīyagaṇḍūṣairvadanalāghavam sampadyate | § 5034

1.22.47 Āyurvedarasāyana

mukhagaurave gaṇḍūṣamāha-sukhoṣṇodakagaṇḍūṣairiti |
§ 5035

1.22.48 Aṣṭāṅgahr̥dayasaṃhitā

nivāte sātape swinnamṛditaskandhakandharaḥ | | 10 | |
gaṇḍūṣamapiban kiñcidunnatāsyo
vidhārayet | | 11 | | § 5037

1.22.49 Sarvāṅgasundarā

vātarahite ravikarāloke sthāne | skandhau ca kandharā
ca skandhakandharam | pūrvam khinnaṃ paścānmṛditaṃ
skandhakandharam yasya sa evam | tathā gaṇḍūṣamapi-
ban, tathā kiñcidunnataṃ mukhaṃ yasya sa evamvidhaḥ
5 san, gaṇḍūṣam dhārayet | § 5038

1.22.50 Āyurvedarasāyana

gaṇḍūṣavidhimāha-nivāta iti | saṅgrahe tu (sū.a.31)-"sukhopaviṣṭastanmanāḥ
svinnamṛditagalakapolalalāṭadeśo varamadhyāvarāṃ kr-
amādvaktrārdhabhāgatribhāgacaturbhāgapūraṇīm drav-
amātrāṃ kalkaṃ vā kolapramāṇam | kavale tu paryāyeṇa
5 kapolau kaṇṭhaṃ ca sañcārayet | ayameva kavalagaṇḍūṣ-
ayorviśeṣaḥ | punaścāsya svedamardanānyācaret | evam-
utkliṣṭakapho vaktraṃ pratipadyate | " iti | § 5039

1.22.51 Aṣṭāṅgahr̥dayasaṃhitā

kaphapūrṇāsyatā
yāvatsravadghrāṇākṣatā+athavā | | 11 | | § 5040

1.22.52 Sarvāṅgasundarā

kaphena pūrṇaṃ kaphapūrṇamāsyam yasya sa kaphapūrṇāsyah, tasya bhāvaḥ kaphapūrṇāsyatā,-kaphapūrṇamukhatā, yāvadbhavet | athavā sravadghrāṇākṣi yasya sa sravadghrāṇākṣah, "bahuvrīhau sakthyakṣṇoḥ" iti śac | tasya bhāvaḥ sravadghrāṇākṣatā yāvatsyāt, tāvadgaṇḍūśān dh- 5
ārayet | evaṃ gaṇḍūśāḥ pañca sapta vā dhārayitavyāḥ, yāvatsvāsthyam syāt | § 5041

1.22.53 Aṣṭāṅgahrdayasamhitā

ā0 ra0-gaṇḍūśadhāraṇāvadhimāha-kaphapūrṇāsyateti |
saṅgrahe tu (sū. a. 31)-"bheṣajasyānupahatiḥ
kaphena | evaṃ trīn pañca sapta vā
gaṇḍūśān dhārayet | yāvadvā
samyagdhūmapītalīngotpatiḥ | tasya
svāsthyena yogaṃ,
jāḍyarasājñānāruciprasekopalepairayogaṃ,
mukhaśoṣapākaklamārucihṛdayadravasvara-
sādakarṇanādairatiyogamupalakṣayet |
teṣāṃ yathāsvaṃ pratikurvīta | " iti | § 5042

1.22.54 Āyurvedarasāyana

gaṇḍūśakavalayorbhedamāha-asañcārya iti | apūrṇe-kiñcidūne,
saṅgrahe tathaivoktatvāt | kavalo+anyathā-kapolau ka-
ṇṭham ca sañcāryah | § 5043

1.22.55 Aṣṭāṅgahrdayasamhitā

asañcāryo mukhe pūrṇe gaṇḍūśah,
kavalo+anyathā | | 12 | | § 5044

1.22.56 Sarvāṅgasundarā

mukhe pūrṇe sati yaḥ sañcārayitumaśakyaḥ syāt sa ga-
ṇḍūṣa ucyate | anyathā-mukhe+apūrṇe sati yaḥ sañcāra-
yituṃ śakyate, sa kavala ucyate | § 5045

1.22.57 Aṣṭāṅgahr̥dayasaṃhitā

manyāśiraḥkaṇṇamukhākṣirogāḥ
prasekakaṇṭhāmavaktraśoṣāḥ | | 12 | |
hr̥llāsatanḍrārucipīnasāśca sādhyā
viśeṣātkavalagraheṇa | | 12 | | § 5047

1.22.58 Sarvāṅgasundarā

manyādīnāṃ rogeṇa sambandhaḥ | prasekādīnāṃ dva-
ndvaḥ | āmayaśabdasya kaṇṭhena sambandho vividhak-
aṇṭharogasūcanārthaḥ | manyārogādayo viśeṣeṇa kavala-
dhāraṇena sādhyāḥ-cikitsyāḥ | § 5048

1.22.59 Āyurvedarasāyana

kavalasya viśayamāha-manyāśira iti | § 5049

1.22.60 Aṣṭāṅgahr̥dayasaṃhitā

kalko rasakriyā cūrṇastrividhaṃ
pratisāraṇam | | 13 | | § 5050

1.22.61 Sarvāṅgasundarā

kalkādibhedena pratisāraṇaṃ tridhā syāt | kalko-jaladipiṣṭaḥ |
mākṣikādīnā yadravīkriyate dravyaṃ sā rasakriyā | cū-
rṇaṃ tu-prathitameva | § 5051

1.22.62 Āyurvedarasāyana

pratisāraṇamāha-kalka iti | rasakriyāvālehaḥ | § 5052

1.22.63 Aṣṭāṅgahr̥dayasam̐hitā

yuñjyāttat kapharogeṣu
gaṇḍūṣavihitauṣadhair̥h | | 1 | | § 5053

1.22.64 Sarvāṅgasundarā

tat-pratisāraṇam, śleṣmarogeṣu gaṇḍūṣoktairauṣadhair̥yo-
ojyam | sāmānyoktāvapi kaphayogaviṣayatvāt śodhanag-
aṇḍūṣoktairauṣadhair̥iti vedyam | § 5054

1.22.65 Āyurvedarasāyana

pratisāraṇasya viṣayam dravyāṇi cāha-yuñjyāditi | gaṇḍūṣavihitair̥-
śodhanagaṇḍūṣoktair̥h | pratisāraṇam-aṅgulyā gharṣaṇam |
saṅgrāhe tu (sū.a. 31)-"tadabhiṣyandādhimanthagalaśuṇḍikādiṣu
yuktyā prayojyam | atiprasāraṇādūṣāśoṣadāhakledaśoph-
ādayo bhavanti | " iti | § 5055

5

1.22.66 Aṣṭāṅgahr̥dayasam̐hitā

mukhālepastridhā doṣaviṣahā
varṇakṛcca----- | | 14 | | § 5056

1.22.67 Sarvāṅgasundarā

mukhālepastriprakārah, doṣaghno viṣaghno varṇakara-
śca | § 5057

1.22.68 Āyurvedarasāyana

mukhālepabhedānāha-mukhālepa iti | doṣaghno viṣaghno
varṇyaśceti tridhā | § 5058

1.22.69 Aṣṭāṅgahr̥dayasaṃhitā

-----saḥ | | 14 | |

uṣṇo vātakaphe śastah,
śeṣeṣvanyarthaśītalah | | 15 | | § 5060

1.22.70 Sarvāṅgasundarā

sa ca-mukhālepo, vātaśleṣmaṇyuṣṇo hitah | śeṣeṣu pitte
viṣe (varṇe) ca, atīśayena śīśiro hitah | § 5061

1.22.71 Āyurvedarasāyana

vātaghnakaphaghnāvuṣṇau kāryāvityāha-sa iti | pittaghn-
aviṣaghnavarṇyāḥ śītāḥ kāryā ityāha-śeṣeṣviti | § 5062

1.22.72 Aṣṭāṅgahr̥dayasaṃhitā

tripramāṇaścaturbhāgatribhāgārddhāṅgulonnatiḥ | | 15 | | § 5063

1.22.73 Sarvāṅgasundarā

caturbhāgatribhāgārddhāṅgulonnatiḥ | unnatiḥ-utsedhaḥ |
§ 5064

1.22.74 Āyurvedarasāyana

hīnamadhyottamabhedena mukhālepapramāṇamāha tri-
pramāṇa iti | § 5065

1.22.75 Āyurvedarasāyana

mukhālepāvadhimāha-aśuṣkasyeti | mukhālepāpanayamāha-
tamārdrayitveti | § 5066

1.22.76 Aṣṭāṅgahr̥dayasaṃhitā

aśuṣkasya sthitistasya, śuṣko dūṣayati cchavim | | 16 | |

tamārdrayitvā+apanayettadante+abhyaṅgamācaret | | 16 | | § 5068

1.22.77 Sarvāṅgasundarā

tasya-mukhālepasya, aśuṣkasya sthitiḥ | śuṣkastu mukhālepaśchaviṃ-
tvacaṃ, dūṣayati | taṃ-mukhālepaṃ, ārdrayitvā-tīmayitvā,
apasārayet | tasyānte-tasminnapanīte, abhyaṅgaṃ kuryāt |
§ 5069

1.22.78 Aṣṭāṅgahr̥dayasaṃhitā

vivarjayeddivāsvapnabhāṣyāgnyātapaśukkrudhaḥ | | 17 | | § 5070

1.22.79 Āyurvedarasāyana

mukhālepavarjyānyāha-vivarjayediti | śuk-śokaḥ | § 5071

1.22.80 Sarvāṅgasundarā

mukhālepī ca divāsvapnādi varjayet | ahaḥsvapnādiseva-
nāt kaṇḍūtvakūśoṣapīnasadr̥ṣṭyupaghātādibhayaṃ syāt |
§ 5072

1.22.81 Aṣṭāṅgahr̥dayasaṃhitā

na yojyaḥ pīnase+ajīrṇe dattanasye hanugrahe | | 17 | |

arocake

jāgarite----- | | 18 | | § 5074

1.22.82 Sarvāṅgasundarā

pīnasādaḥ mukhalepo na yojyaḥ | § 5075

1.22.83 Āyurvedarasāyana

pīnasādaṃ mukhālepaṃ niṣedhati-na yojya iti | § 5076

1.22.84 Aṣṭāṅgahr̥dayasaṃhitā

-----sa tu hanti suyojitaḥ | | 18 | |
akālapalitavyaṅgavalītimiranīlikāḥ | | 18 | | § 5078

1.22.85 Sarvāṅgasundarā

sa ca-mukhālepaḥ, suyojito-vidhinā sevitaḥ, akālapalitā-
dīn parākaroti | § 5079

1.22.86 Āyurvedarasāyana

mukhālepasya phalamāha-sa tviti | nīlikāliṅganāśopadra-
vaḥ | § 5080

1.22.87 Aṣṭāṅgahr̥dayasaṃhitā

kolamajjā vṛṣānmūlaṃ śābaram gaurasarṣapāḥ | | 19 | |
siṃhīmūlaṃ tilāḥ kṛṣṇā dārvītvānīstūṣā
yavāḥ | | 19 | |
darbhamūlahimośīraśirīṣamiśitaṅḍulāḥ | | 20 | |
kumudotpalakahlārādūrvāmādhukacandanam | | 20 | |
5 kālīyakatilośīramāmsītagarapadmakam | | 21 | |
tālīsagundrāpuṅdrāhvayaṣṭikāśanatāguru | | 21 | |
ityārdhdhārdhdhoditā lepā hemantādiṣu ṣaṭ
smṛtāḥ | | 22 | | § 5087

1.22.88 Sarvāṅgasundarā

kolamajjādayo+araddhaślokoktāḥ ṣaṭ mukhālepāḥ ṣaṭsu he-
māntādiṣu ṛtuṣu smṛtāḥ | munīndrairiti śeṣaḥ | tatra bad-
aramajjādayo hemante, vyāghryādayaḥ śīśire, darbhamūl-
ādayo vasante, kumudādayo grīṣme, kālīyakādayaḥ prāv-
5 ṛṣi, tālīsādayaḥ śaradi, iti | § 5088

1.22.89 Āyurvedarasāyana

varṇasya mukhālepasya tu bhedenā dravyāṅyāha-kolamajjeti |
śābaram-lodhram | tandulāḥ-sālīnām | kāliyakam-pītacandanam |
§ 5089

1.22.90 Aṣṭāṅgahr̥dayasaṃhitā

mukhālepanaśīlānām dr̥dham bhavati darśanam | | 22 | |
vadanam cāparimlānam ślakṣṇam
tāmarasopamam | | 23 | | § 5091

1.22.91 Sarvāṅgasundarā

mukhālepābhyāsavatām narāṇām darśanam-dr̥ṣṭiḥ, dr̥-
dham syāt | mukham ca vikasitamiva tathā komalam pa-
dmatulyam bhavati-jāyate | § 5092

1.22.92 Āyurvedarasāyana

varṇyamukhālepaśīlanasya phalamāha-mukhālepanaśīlānāmiti |
§ 5093

1.22.93 Aṣṭāṅgahr̥dayasaṃhitā

abhyaṅgasekapicavo bastiśceti caturvidham | | 23 | |
mūrddhatailam-----
| | 24 | | § 5095

1.22.94 Sarvāṅgasundarā

abhyaṅgādibhedāt caturdhā śirasi tailam syāt | § 5096

1.22.95 Āyurvedarasāyana

mūrddhatailabhedānāha-abhyaṅgeti | § 5097

1.22.96 Aṣṭāṅgahr̥dayasaṃhitā

-----bahugūṇaṃ
tadvidyāduttarottaram | | 24 | | § 5098

1.22.97 Sarvāṅgasundarā

taccottarottaraṃ bahugūṇaṃ vidyāt | abhyaṅghāt seko ba-
hugūṇāḥ, tato+api picuḥ, tasmādapi bastiḥ, iti kramaṇa |
§ 5099

1.22.98 Āyurvedarasāyana

abhyaṅgādīnāṃ tārataṃyamāha-bahugūṇamiti | § 5100

1.22.99 Aṣṭāṅgahr̥dayasaṃhitā

tatrābhyaṅgaḥ prayoktavyo
rauṅsyakaṇḍūmalādiṣu | | 24 | | § 5101

1.22.100 Sarvāṅgasundarā

tatra-teṣu madhye, rauṅsyādīṣvabhyaṅgaḥ prayojyaḥ |
§ 5102

1.22.101 Āyurvedarasāyana

abhyaṅgasya viṣayamāha-tatrābhyaṅga itī | § 5103

1.22.102 Aṣṭāṅgahr̥dayasaṃhitā

arūṃṣikāśirastodadāhapākavraṇeṣu tu | | 25 | |
pariṣekaḥ----- | | 25 | | § 5105

1.22.103 Sarvāṅgasundarā

arūṃṣikādiṣu pariṣekaḥ | § 5106

1.22.104 Āyurvedarasāyana

sekasya viṣayamāha-aruṃpiketi | § 5107

1.22.105 Aṣṭāṅgahr̥dayasaṃhitā

-----picuḥ keśaśātasphuṭanadhūpane | | 25 | |
netrastambhe

ca----- | | 26 | | § 5109

1.22.106 Sarvāṅgasundarā

keśaśātādiṣu picuḥ prayoktavyaḥ | § 5110

1.22.107 Āyurvedarasāyana

picorviṣayamāha-picuriti | śātaḥ-sadanam | dhūpanaṃ-
dhūmodgama iva | picuḥ-snehārdrapicudhāraṇam | § 5111

1.22.108 Aṣṭāṅgahr̥dayasaṃhitā

-----bastistu prasuptyarditajāgaje | | 26 | |
nāsāsyāśoṣe timire śīroroge ca
dāruṇe | | 26 | | § 5113

1.22.109 Sarvāṅgasundarā

bastiḥ punaḥ prasuptyādau yojyaḥ | § 5114

1.22.110 Āyurvedarasāyana

basterviṣayamāha-bastiriti | prasuptiḥ-sparśājñānam | jāgaro-
nidrānāśaḥ | dāruṇe-tivre | § 5115

1.22.111 Aṣṭāṅgahr̥dayasaṃhitā

vidhistasya niṣaṇṇasya pīṭhe jānusame mṛdau | |27| |
śuddhāktasvinnadehasya dinānte
gavyamāhiṣam | |27| |
dvādaśāṅgulavistīrṇaṃ carmapaṭṭam
śiraḥsamam | |28| |
ākaraṇabandhanasthānaṃ lalāṭe
vastraveṣṭite | |28| |
5 cailaveṇikayā baddhvā māṣakalkena
lepayet | |29| |
tato yathāvyādhi śrutam sneham koṣṇam
niṣecayet | |29| |
ūrdhvaṃ keśabhavo
yāvadaṅgulam----- | |30| | § 5122

1.22.112 Sarvāṅgasundarā

tasya-śirobastervidhānamucyate | niṣaṇṇasya-upaviṣṭasya
narasya | kva ? pīṭhe jānutulye, tathā mṛdau-akaṭhine | ki-
mbhūtasya narasya ? śuddho-vamanādinā, akṭaḥ-tailādinā,
khinnaḥ-khedena, deho yasya tasya śuddhāktakhinna-
5 dehasya | kadā ? dinānte,-aparāhne vibhāvaryāṃ vā |
carmapaṭṭam-gavyaṃ māhiṣam vā, tathā dvādaśāṅgula-
vistīrṇaṃ, tathā śiraṣṭulyaṃ, tathā+a+akaraṇaṃ-yāvat, ba-
ndhanasthānaṃ yasya, tadevaṃvidhaṃ carmapaṭṭam ca-
ilaveṇikayā saṃyamya māṣakalkena lepayet | kadā ? lal-
10 āṭe vastraveṣṭite | saṅgrahe tūktam (sū.a.31)-"atha śuddh-
atanoḥ sāyaṃ rātrau vā nivāsthasya svabhyaktakhinn-
asya sopāśrayāsanopaviṣṭasya keśānte ślakṣṇaṃ tryaṅgu-
laṃ māṣapiṣṭena susūkṣmeṇa sadyaḥ sukhāmbunā mṛd-
itenobhayataḥ pradigdham vastrapaṭṭam badhnīyāt | tat-
15 astasyopari sandhāya bastimākaraṇaṃ bastimūlaṃ ca dṛ-
ḍhamavalīkaṃ samaṃ cailaveṇikayā baddhvā punarmā-
ṣapiṣṭenāparistrāvi kṛtvā yathāvyādhidoṣadūṣyahitam si-
ddhamanyatamaṃ snehaṃ sukhoṣṇamāsecayet | " iti | tata
evam kṛte sati vyādhivaśena pakvaṃ snehaṃ koṣṇamup-

ariccidreṇāvasecayet | keśabhūmerupariṣṭādaṅgulaṃ yāvāt | § 5123

1.22.113 Āyurvedarasāyana

śirobastividhimāha-vidhistasyeti | lalāṭaśabdena keśarahitaḥ pradeśaḥ, tasmin vastraveṣṭite | ākaṇṇaṃ-karṇādadhona veṣṭayedityarthaḥ, ābandhanasthānaṃ-yāvati pradeśe basterbandhanaṃ tāvantaṃ pradeśaṃ veṣṭayet | śiraḥsamaṃ-śiraḥparidhimityarthaḥ | veṣṭanavastramapyubhayato mā- 5
śakalkena lepayet | uktaṃ hi saṅgrahe (sū.a. 31)-"keśānteślakṣṇaṃ tryaṅgulaṃ supūkṣmeṇa māṣaṭiṣṭeṇa sadyaḥ sukhāmbu-
mr̥ditenobhayataḥ pradigdhaṃ vastrapaṭṭaṃ badhnīyāt | " iti | § 5124

1.22.114 Aṣṭāṅgahr̥dayasaṃhitā

dhārayecca tam | | 30 | |
āvaktranāsikotkledāddaśāṣṭau ṣaṭ
calādiṣu | | 30 | |
mātrāsahasrāṇyaruje
tvekaṃ----- | | 31 | | § 5127

1.22.115 Sarvāṅgasundarā

taṃ ca-sneha, yāvadvaktranāsikāsruṭiḥ syāttāvaddhārayet | cala ādiryeṣāṃ te calādayaḥ, teṣu yathāsaṅhkhyāṃ daśāṣṭau ṣaṭ mātrāsahasrāṇi yāvatsnehaṃ dhārayet | vāte daśa mātrāsahasrāṇi, pitte+aṣṭau mātrāsahasrāṇi, kaphe ṣaṇmātrāsahasrāṇītyarthaḥ | aruje tu-svasthavṛte, ekaṃ 5
mātrāsahasraṃ dhārayet | § 5128

1.22.116 Āyurvedarasāyana

bastidhāraṇāvadhimāha-dhārayediti | arujetvekaṃ mātrāsahasraṃ | mātrāmānaṃ kledāsambhave | klede tvarvāg-
api nivartate | § 5129

1.22.117 Aṣṭāṅgahr̥dayasaṃhitā

-----skandhādi mardayet | | 31 | |
muktasnehasya-----
| | 31 | | § 5131

1.22.118 Sarvāṅgasundarā

muktasnehasya-apanītaśirobasteḥ, skandhaśirogrīvādi ma-
rdayet | snehabastirhi snehaśabdenātra gr̥hyate | tataḥ
"uṣṇodakopacārī syāt " ityādikamācaret | tatra hyavocat
(hr̥.sū.a.16 | 28)-"sarvakarmasvayaṃ prāyo vyādhikṣiṇeṣu
5 ca kramaḥ | " iti | § 5132

1.22.119 Āyurvedarasāyana

bastyante kṛtyamāha-skandhādīti | § 5133

1.22.120 Aṣṭāṅgahr̥dayasaṃhitā

-----paramaṃ saptāhaṃ tasya
sevanam | | 31 | | § 5134

1.22.121 Sarvāṅgasundarā

tasya ca-snehabasteḥ, paramaḥ sekaḥ sapta dināni | tasm-
ātrīṇi pañca sapta vā+ahāni kāryaḥ śirobastirityavatiṣṭh-
ate | § 5135

1.22.122 Āyurvedarasāyana

bastyāvṛttyavadhimāha-paramamiti | saṅgrahe tu (sū.a.
31)-"uṣṇāmbunā snātaṃ ca yathārhaṃ bhojayet | sneho-
ktaṃ cāsyācāramādiṣet | evaṃ trīṇi pañca sapta vā dināni
yojayediti | " tathā (saṃ.sū.a. 31)-"sāpāśrayaṃ pīṭhaṃ, sā-
5 yaṃ rātrirvā kālaḥ, vedanopaśamo vā+avadhiḥ | " iti | § 5136

1.22.123 Āyurvedarasāyana

karṇapūraṇe vidhiṃ mānaṃ cāha-dhārayediti | § 5137

1.22.124 Aṣṭāṅgahr̥dayasaṃhitā

dhārayetpūraṇaṃ karṇe karṇamūlaṃ vimardayan | | 32 | |
rujaḥ syānmārdavaṃ
yāvanmātrāsataṃ vedane | | 32 | | § 5139

1.22.125 Sarvāṅgasundarā

karṇe pūraṇaṃ dhārayet | kiṃ kurvan ? karṇamūlaṃ vi-
mardayan | kiyantaṃ kālam ? yāvātpīḍāyā mārdavaṃ bh-
avet | svasthavṛte tu mātrāsataṃ yāvadbibhṛyāt | § 5140

1.22.126 Aṣṭāṅgahr̥dayasaṃhitā

yāvātparyeti hastāgraṃ dakṣiṇaṃ jānumaṇḍalam | | 33 | |
nimeṣonmeṣakālena samaṃ mātrā tu sā
smṛtā | | 33 | | § 5142

1.22.127 Sarvāṅgasundarā

dakṣiṇaṃ hastāgraṃ kartṛ yāvāt dakṣiṇaṃ jānumaṇḍ-
alaṃ paryeti-parivartate | dakṣiṇaśabdo+atra kākāksigo-
lakanyāyena dvayorapi yujyate | kiyatkālena ? ityāha-
nimeṣonmeṣamātreṇa samaṃ,-na tu viśramya | sā mātrā
smṛteti | munibhiriti śeṣaḥ | § 5143

5

1.22.128 Āyurvedarasāyana

mātrālakṣaṇamāha-yāvaditi | § 5144

1.22.129 Aṣṭāṅghṛdayasaṃhitā

kacasadanāsitatvapiñjaratvaṃ pariphuṭanaṃ śirasah
samīrarogān | | 34 | |
jayati, janayatīndriyaprasādaṃ
svarahanumūrddhabalaṃ ca
mūrddhatailam | | 34 | |
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅghṛdayasaṃhitāyāṃ
sūtrasthāne gaṇḍūṣādividhīrnāma
dvāvīṃśo+adhyāyaḥ | | 22 | | § 5147

1.22.130 Sarvāṅgasundarā

kacānāṃ sadanādibhiḥ sambandhaḥ | pariphuṭanaṃ-kacānāmeva,
prakṛtatvāt | śirasō marudāmāyāṃśca hanti | indriyāṇāṃ-
cakṣurādīnāṃ, prasādaṃ janayati | tathā, svarādibalaṃ ca
mūrddhatailam janayati | iti śrīmrṅgāṅkadattaputraśrīma-
5 daruṇadattaviracitāyāmaṣṭāṅghṛdayaṭīkāyāṃ sarvāṅga-
sundarākhyāyāṃ sūtrasthāne gaṇḍūṣādividhīrnāma dvā-
vīṃśatitamo+adhyāyaḥ samāptaḥ | | 22 | | § 5148

1.22.131 Āyurvedarasāyana

mūrddhatailāśīlanasya phalamāha-kacasadaneti | iti he-
mādriṭīkāyāmāyurvedarasāyane | gaṇḍūṣādiprakaraṇaṃ
sāmastyena nirūpitam | | 22 | | § 5149

1.23 āścātanāñjanavidhiradhyāyaḥ : 23

1.23.1 Aṣṭāṅghṛdayasaṃhitā

athāta āścōtanāñjanavidhimadhyāyaṃ
vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 5151

1.23.2 Sarvāṅgasundarā

āścotanam cāñjanam ca, tayorvidhiryasminnadhyāye sa
evam | śeṣam pūrvavat | § 5152

1.23.3 Āyurvedarasāyana

āścotanāñjanavidhimadhyāyam vyākhyātuṃ pratijānīte-
atheti | § 5153

1.23.4 Aṣṭāṅgahrdayasaṃhitā

sarveṣāmakṣirogāṇāmādāvāścotanam hitam | | 1 | |
ruktodakaṇḍūgharṣāśrudāharāganivarhaṇam | | 1 | | § 5155

1.23.5 Sarvāṅgasundarā

sakalānāmapi nayanāmayānām prathamamāścotanam-pariṣeko,
hitam | yatastadāścotanamupayuktaṃ rujādighnam syāt |
saṅgrahe cuktam (sū.a.32)-"avyakteṣveva rujādiṣu tuly-
aḡuṇam pakṣmaparihāreṇāścotanenaivākṣikośālepanam |
tacca biḍālakasaṃjñam | " iti | § 5156

5

1.23.6 Āyurvedarasāyana

āścotanasya viṣayamāha-sarveṣāmiti | saṅgrahetu (sū.a.32)-
"nānādravyakalpanayā ca rāgāśrugharṣarugdāhatodabhe-
dapākaśophakaṇḍūghnam | avyakteṣvevaṃḡuṇameva pa-
kṣmaparihāreṇākṣikośālepanam | tacca punarbiḍālasaṃjñam |
tayorakālo rātriḥ | kālāstu sarvamaharvedanotpattirvā | " 5
iti | § 5157

1.23.7 Aṣṭāṅgahrdayasaṃhitā

uṣṇam bāte, kaphe koṣṇam, tacchītam
raktapittayoḥ | | 2 | | § 5158

1.23.8 Sarvāṅgasundarā

tat-āścotanam, marutyuṣṇam, kaphe kiñciduṣṇam, rakte
pitte ca śītam, hitam | § 5159

1.23.9 Sarvāṅgasundarā

āścotanasya doṣabhedenošnatvādi vidhatte | uṣṇamiti |
§ 5160

1.23.10 Āyurvedarasāyana

āścotanavidhimāha-nivātasthasyeti | anyena-dakṣiṇena ha-
stena | śuktau pralambayā-śuktisthadravanimagnārddhayā |
kanīnake-nāsāsaṃlagnanetrānte | dvyaṅgulāt-netravartyagrayorvdyaṅgulamant
kṛtvā | saṅgrahe tu (sū.a.32)-"evamasya na bindupā-
5 tenākṣitādanādrāgādayo jāyante |" iti | āścotanāntaram
kṛtyamāha-tataḥ pramṛjyeti | pramārjanam sarvatra | ka-
phavātayostvanyena cailena svedanam ca | § 5161

1.23.11 Aṣṭāṅgahr̥dayasaṃhitā

nivātasthasya vāmena pāṇinonmīlya locanam | | 2 | |
śuktau pralambayā+anyena picuvartyā
kanīnike | | 3 | |
daśa dvādaśa vā bindūn
dvyaṅgulādavasecayet | | 3 | |
tataḥ pramṛjya mṛdunā cailena,
kaphavātayoḥ | | 4 | |
5 anyena koṣṇapānīyaplutena
svedayenmṛdu | | 4 | | § 5166

1.23.12 Sarvāṅgasundarā

nivātasthānasthitasyāturasya vaidyo vāmena pāṇinonmī-
lya locanamapāṅgadeśe bhājanam nidhaya, anyena-dakṣiṇakareṇa,
picuvartyā śuktyāṃ pralambayā daśa dvādaśa vā bindūn
dvyaṅgulāt-nātinikaṭānnātidūrāt, kanīnike+avasecayet | tata

iti anantaram, komalena vastrakhaṇḍena pramriya-śodhayitvā,
anyena-śodhanāt, cailena koṣṇajalaplutenākṣi mṛdu svedayet-
nātiśayena | kayordoṣayoḥ ? vātakaphayoḥ,-na tu pittara-
ktayorityarthaḥ | § 5167

1.23.13 Aṣṭāṅghṛdayasaṃhitā

atyuṣṇatīkṣṇaṃ rūgrāgadṛṇnāśāyākṣisecanaṃ | | 5 | |
atiśītaṃ tu kurute
nistodastambhavedanāḥ | | 5 | |
kāśāyavartmatāṃ gharṣaṃ
kṛcchhrādunmeṣaṇaṃ bahu | | 6 | |
vikāravṛddhimatyalpam
saṃrambhamaparisrutam | | 6 | | § 5171

1.23.14 Sarvāṅgasundarā

atyarthamuṣṇamatitīkṣṇaṃ vā+a+aścotanaṃ ruje-rogāya,
rāgāya-lohitimre, dṛgvinaśāya ca syāt | atiśītaṃ tvakṣiseca-
naṃ nistodādīn vidhatte | nistodaḥ-sūcyava vyadhaḥ | sta-
mbhaḥ akṣṇaḥ stambhanamiva | vedanā-śūlam | kaśāyav-
artmatvaṃ kurute | gharṣo-vartmanoḥ parasparaṃ saṃśl- 5
eṣaḥ | bahu-atimātraṃ, āścotanaṃ kṛcchhṛnonmeṣaṇaṃ
vidhatte | atyalpamakṣisecanaṃ vikāravṛddhiṃ kurute |
aparisrutamakṣisecanaṃ saṃrambhaṃ-vetrakṣobhaṃ, vi-
dhatte | § 5172

1.23.15 Āyurvedarasāyana

atyuṣṇatīkṣṇasyāścotanasya doṣamāha-atyuṣṇatīkṣṇamiti |
atiśītasya doṣamāha-atiśītaṃ tviti | atimātrasya doṣamāha-
kaśāyavartmatāmiti | kaśāyavartmatāṃ rūkṣavartmatvam |
atyalpasya doṣamāha-vikāravṛddhimiti | netrādaparisrut-
asya doṣamāha-saṃrambhamiti | saṃrambhaṃ-śophādiprāḍurbhāvam |
§ 5173

1.23.16 Aṣṭāṅgahr̥dayasaṃhitā

gatvā sandhiśitoghr̥ṇamukhasrotāṃsi bheṣajam | | 7 | |
ūrdhvagānnayane nyastamapavartayate
malān | | 7 | | § 5175

1.23.17 Sarvāṅgasundarā

sandhyādīnāṃ dvandvaḥ | tataḥ srotaḥśabdena ṣaṣṭhī-
amāsaḥ | sandhiśabdenehākṣikośasambandhinaḥ sandh-
ayo gr̥hyante | tena-akṣikośasandhisrotāṃsi śirāsrotāṃsi
mukhasrotāṃsi gatvā nayane kṣiptabhausadhamūrdhva-
5 gān malānapavartayate | § 5176

1.23.18 Āyurvedarasāyana

āscotanasya phalamāha-gatveti | netre nyastamauśadham
sandhyādīn gatvā jatrūrdhvagān rogān hanti | § 5177

1.23.19 Aṣṭāṅgahr̥dayasaṃhitā

athāñjanaṃ śuddhatanornetramātrāśraye male | | 8 | |
pakvaliṅge+alpaśophātikaṇḍūpaicchilyalakṣite | | 8 | |
mandagharṣāśrurāge+akṣiṇa prayojyaṃ
ghanadūṣike | | 9 | |
ārti pittakaphāsrgbhirmarutena
viśeṣataḥ | | 9 | | § 5181

1.23.20 Āyurvedarasāyana

añjanasya viśayamāha-athāñjanamiti | śophālpavādyupa-
lakṣite pakalakṣaṇe sati, tathā gharṣādyalpatve dūṣikāgh-
anatte ca | § 5182

1.23.21 Sarvāṅgasundarā

atha-āscotanādanantaram, añjanam prayoktavyam | kī-
dr̥śasyāturasya? śuddhā tanuryasya saḥ, tasya | male
netramātrāśraye-na tvadhikaśarīravypini | tathā, pakval-
iṅge | pakvaliṅgatā katham vedyā? iti viśeṣaṇadvāreṇāha-
alpaśophenātikaṇḍvā paicchhilyena ca lakṣite-avagate, 5
'pakvaliṅge sati | kīdr̥śe+akṣiṇa? mandāḥ-alpāḥ, gharśāśr-
urāgā yasya tasmin | tathā, ghanā dūṣikā-netramalo, yasm-
innayane tasmin | etadapi pakvaliṅgameva | pittena kaph-
ena raktena cāture, mārutena cāture viśeṣeṇāñjanam pray-
ojyam | § 5183 10

1.23.22 Aṣṭāṅgahr̥dayasamhitā

lekhanam ropanam dr̥ṣṭiprasādanamiti tridhā | | 10 | |
añhjanam-----
| | 10 | | § 5185

1.23.23 Sarvāṅgasundarā

añjanam ca lekhanādibhedena tridhā | likhyate-śastreṇeva,
śukrārmādīnīti lekhanam | ropyate-saṃrohyate, abhiṣy-
andādīnīti ropanam | prasādyate-nirmalīkriyate, aneneti
prasādanam | dr̥ṣṭeḥ prasādanam dr̥ṣṭiprasādanam | sa-
ṅgrahe yat snehanamañjanam kathitam tadiha ropanadr̥- 5
ṣṭiprasādanayorevāntarbhūtatvāt pṛthaṅnoktam | § 5186

1.23.24 Āyurvedarasāyana

añjanasya bhedānāha-lekhanamiti | saṅgrahe tu (sū.a.a
32)-"na doṣavegodaye, na cānirhṛtadoṣe | tatra hi doṣotkl-
eśena rāgādivṛddhiḥ śukrapākatimirotpattiśca | " iti | § 5187

1.23.25 Aṣṭāṅgahr̥dayasamhitā

-----lekhanam tatra
kaṣāyāmlapaṭūṣaṇaiḥ | | 10 | | § 5188

1.23.26 Sarvāṅgasundarā

tatra-teṣu triṣvañjaneṣu madhyāt, lekhanamañjanaṃ kaṣā-
yādibhirdravyaiḥ śukrārmādiṣu prayojyam | § 5189

1.23.27 Āyurvedarasāyana

lekhanasya dravyāṅyāha-lekhanamiti | § 5190

1.23.28 Aṣṭāṅgahr̥dayasaṃhitā

ropaṇaṃ tiktakairdravyaiḥ-----
| | 11 | | § 5191

1.23.29 Sarvāṅgasundarā

ropaṇamañjanaṃ tiktakairdravyaiḥ syāt | tiktagrahaṇam-
upalakṣaṇārtham | tena-kaṣāyadravyaiḥ saṃsnehaiḥ rop-
aṇamañjanaṃ vedyam | § 5192

1.23.30 Āyurvedarasāyana

ropaṇasya dravyāṅyāha-ropaṇamiti | § 5193

1.23.31 Aṣṭāṅgahr̥dayasaṃhitā

-----svāduśītaiḥ prasādanam | | 11 | |
tīkṣṇāñjanābhisantapte nayane
tatprasādanam | | 11 | |
prayujyamānaṃ labhate
pratyañjanasamāhvayam | | 12 | | § 5196

1.23.32 Sarvāṅgasundarā

svāduśītairdravyaiḥ prasādanamañjanaṃ bhavati | pras-
ādanameva svāduśītadravyaiśrūrṇaṃ tīkṣṇāñjanābhisant-
apte cakṣuṣi prayujyamānaṃ pratyañjanasaṃjñāṃ labh-
ate | § 5197

1.23.33 Āyurvedarasāyana

dr̥ṣṭiprasādanasya dravyāṅyāha-svāduśītairiti | § 5198

1.23.34 Aṣṭāṅgahr̥dayasam̐hitā

daśāṅgulā tanurmadhye śalākā mukulānanā | | 12 | |
praśastā, lekhane tāmri, ropaṇe
kālalohajā | | 13 | |
aṅgulī ca, suvarṇotthā rūpyajā ca
prasādane | | 13 | | § 5201

1.23.35 Āyurvedarasāyana

śalākāmāha-daśāṅguleti | lekhane śalākāmāha-lekhane tā-
mr̥iti | ropaṇe śalākāmāha-ropaṇa iti | prasādane śalākāmāha-
suvarṇottheti | § 5202

1.23.36 Sarvāṅgasundarā

daśāṅgulā rājamāṣasthūlā śalākā praśastā | madhye ta-
nuḥ | tathā, mukulākāre ānane-mukhe dve+api, yasyāḥ
sā mukulānanā | lekhanāñjane tāmri śalākā praśastā | ro-
paṇe ca kālalohotthā(lohajā)-kṛṣṇaśastrodbhavā | aṅgulī
ca-hastāvayavaviśeṣo, ropaṇa eva śastaḥ | evaṃ prasād- 5
ane+añjane suvarṇotthā kanakodbhavā, rajatodbhavā ca
śalākā praśastā | § 5203

1.23.37 Āyurvedarasāyana

añjanakalpanābhedānāha-piṇḍaiti | piṇḍoguṭikā | rasakriyā-
avalehaḥ | kalpanātrayasya viśayatrayamāha-gurāviti | § 5204

1.23.38 Aṣṭāṅgahr̥dayasam̐hitā

piṇḍo rasakriyā cūrṇastridhaivāñjanakalpanā | | 14 | |
gurau madhye laghau doṣe tām krameṇa
prayojayet | | 14 | | § 5206

1.23.39 Sarvāṅgasundarā

piṇḍādibhedena triprakārā+añjanakalpanā syāt | piṇḍād-
ayo bahudoṣādiṣu krameṇa prayojyāḥ | gurau doṣe piṇḍaḥ
prayojyo, madhye doṣe rasakriyā, laghau doṣe cūrṇa itya-
rthaḥ | § 5207

1.23.40 Aṣṭāṅgahr̥dayasaṃhitā

hareṇumātrā piṇḍasya vellamātrā rasakriyā | | 15 | |
tīkṣṇasya, dviguṇaṃ tasya
mṛdunaḥ----- | | 15 | | § 5209

1.23.41 Sarvāṅgasundarā

tīkṣṇadravyakṛtasya piṇḍasya hareṇumātraṃ pramāṇaṃ
kathayanti | mṛdudravyakṛtasya piṇḍasya tat dviguṇaṃ
pramāṇaṃ-dvihareṇumātraṃ, vadanti | rasakriyāyā viḍa-
ṅgapramāṇamāhuḥ | [mṛdudravyakṛtāyā rasakriyāyā dvi-
5 vellamātraṃ |] § 5210

1.23.42 Āyurvedarasāyana

tīkṣṇayoḥ piṇḍarasakriyayormātrāmāha-hareṇumātreti | hareṇuḥ-
reṇukā | vellam-viḍaṅgam | mṛdyoḥ piṇḍarasakriyayormātrāmāha-
dviguṇamiti | mṛdunaḥ-mṛdudravyakṛtasya | tasya-piṇḍarasakriyārūpasyāñjana
5 āyā velladvayam | § 5211

1.23.43 Aṣṭāṅgahr̥dayasaṃhitā

-----cūrṇitasya ca | | 15 | |
dve śalāke tu tīkṣṇasya, tistrastaditarasya
ca | | 16 | | § 5213

1.23.44 Āyurvedarasāyana

tikṣṇasya cūrṇasya mātrāmāha-cūrṇitasyeti | mṛdoścūrṇasya mātrāmāha-timra iti | § 5214

1.23.45 Sarvāṅgasundarā

cūrṇe tikṣṇe dviḡuṇāṃ śalākāṃ, mṛdau triḡuṇāṃ śalākāmabhidadhuh | tantrāntare cuktam-"lekhanamañjanam tāmrrarajatakāṃsyādyanyatameṣu dhāryam | ropanam suvarṇavaṭaśaṅkhānyatameṣu | prasādanam sphaṭikaplakṣacandanānyatameṣu dhāryam | evaṃ hyañjanamavyāpannaguṇam bhavati | vartergharṣaṅārtham śilā nimramadhyā+anudgāriṇī pañcāṅgulāyatā tryaṅgulavistārā |" iti | § 5215

1.23.46 Aṣṭāṅghṛdayasamhitā

niśi svapne na madhyāhne mlāne
noṣṇagabhastibhiḥ | | 16 | |
akṣirogāya doṣāḥ
syurvardhitotpīditadgutāḥ | | 17 | |
prātaḥ sāyam ca tacchāntyai
vyābhrerke+ato+añjayetsadā | | 17 | | § 5218

1.23.47 Āyurvedarasāyana

añjanasya kāladvayamāha-niśīti | rātrau nidrayā varddhitā doṣā akṣirogāya syuḥ, ataḥ prātarañjaeyt | amdhyāhne pānānābhyāmutpīditāḥ sūryaśmibhirdravīkṛtā akṣirogāya syuḥ, ataḥ sāyamañjayet | § 5219

1.23.48 Sarvāṅgasundarā

niśi-rātrau, añjanam na prayojyam | tathā svapne-svapnakāle, añjanam na prayojyam | tathā, madhyamḍine+añjanam na prayojyam | na ca mlāne locane+añjanam prayojyam | kena (kābhiḥ) mlāne ? uṣṇābhirdīdhitibhiḥ | yasmād-

eṣu kāleṣvañjanena prayuktena doṣā vṛddhiṃ nītāḥ, ta-
tthā+anyasthānagattvādutpīditāḥ, tathā drutāḥ- kālasyoṣṇ-
atvādvilayaṃ gatāḥ, akṣirogāya syuḥ | tasmādeṣu kāleṣv-
añjanam na prayojyam | prātarityādi | yataḥ pūrvokteṣu
5 kāleṣu pūrvoktā doṣāḥ | tasmāt pūrvāhṇe+aparāhṇe ca
tacchāntyai-tasyākṣirogasyopaśamāya, vitagābhre ravau
sadaiva netre+añjayet | § 5220

1.23.49 Aṣṭāṅgahr̥dayasaṃhitā

vadantyanye tu na divā prayojyam
tīkṣṇamañjanam | | 18 | |
virekadurbalam cakṣurādityam prāpya
sīdati | | 18 | | § 5222

1.23.50 Āyurvedarasāyana

tīkṣṇāñjanasya divā-niṣedhamāha-vadantīti | niṣedhe yuktimāha-
virekadurbalamiti | § 5223

1.23.51 Sarvāṅgasundarā

anye tvācāryā evaṃ vadanti | yat tīkṣṇamañjanam divā na
prayojyam | kutaḥ ? yasmāccakṣurādityam prāpya sīdati |
kimbhūtaṃ ? virekadurbalam, tīkṣṇāñjanena virecitatvāt |
tasmāddivase tīkṣṇamañjanam na prayojyam | § 5224

1.23.52 Aṣṭāṅgahr̥dayasaṃhitā

svapnena ratrau kālasya sau myatvena ca tarpitā | | 19 | |
śītasātmyā dṛgāgneyī sthiratām labhate
punaḥ | | 19 | | § 5226

1.23.53 Sarvāṅgasundarā

yasmātsvapnena rātrau tarpitā, tathā kālasya-rātryākhyasya, sau myatvena tarpitā dr̥ṣṭiḥ punah sthairyaṃ prāpnoti, tīkṣṇāñjanakṣobhitā+api | kīdr̥gdr̥ṣṭiḥ ? āgneyī,- agnyutk-aṭabhūtasambhavā, tathā śītasātmyā | tasmādrātrāvañjanaṃ prayojyam | āgneyīti "sarvatrāgnikalibhyāṃ dhagva- 5 ktavyaḥ" iti dhak | śītaṃ sātmyaṃ yasyāḥ, paittikajvarasyeva | § 5227

1.23.54 Āyurvedarasāyana

tīkṣṇasya rātriprayoge yuktimāha-svapneneti | dr̥ṣṭistāv-adāgneyatvātsantāpapīditā | ata eva śītasātmyā | sā ca tīkṣṇāñjanenāntisantaptā rātrau svapnena saumyena kālena ca gatasantāpā punaḥ sthīratāṃ labhate | § 5228

1.23.55 Aṣṭāṅgahṛdayasaṃhitā

atyudrikte balāse tu lekhanīye+athavā gade | | 20 | |
kāmamahynapi nātyuṣṇe tīkṣṇamakṣṇi
prayojayet | | 20 | | § 5230

1.23.56 Āyurvedarasāyana

kaphodrake lekhanasādhye ca roge divā+api tīkṣṇaṃ
yojyamityāha-atyudrikta iti | § 5231

1.23.57 Sarvāṅgasundarā

atyutkr̥ṣṭe kaphe, athavā lekhanārhe-śukrārmādaḥ, roge
dine+api nātyuṣṇe tīkṣṇamañjanaṃ prayojayet | kāmaṃ-
anumatametat | kālasyātyauṣṇyādañjanasya taikṣṇyāccāt-
iyogena dr̥ṣṭyupaghātaḥ syāt | § 5232

1.23.58 Aṣṭāṅgahr̥dayasaṃhitā

aśmano janma lohasya tata eva ca tīkṣṇatā | | 21 | |
upaghāto+api tenaiva tathā netrasya
tejasaḥ | | 21 | | § 5234

1.23.59 Āyurvedarasāyana

taijasasya tejaḥsahakṛtasya ca netrasya katham̐ tejasopagh-
ātaḥ ? ityata āha-aśmana iti | § 5235

1.23.60 Sarvāṅgasundarā

aśmanaḥ-pāṣāṇāt, śastrasyotpattiḥ | tasmādeva cāśmanaḥ
ślakṣṇatādiyogāttīkṣṇatā | upaghāto+api-kuṇṭhatvādikāḥ,
tenaiva-pāṣāṇena, na kevalam̐ taikṣṇyam | tathā-tenaivāśmaśastranyāyena,
netrasya tejasaḥ-agneraśmasthanīyājanma | ravisam̐jñā-
5 ttejasaḥ sakāśāttīkṣṇatā-darśanapaṭutvam | atyuṣṇena tu
tena tasyopaghātaḥ | tasmāt yadanye vadanti sāmānyen-
aiva divā+añjanam̐ na prayojyāmiti, tadasadeva | § 5236

1.23.61 Aṣṭāṅgahr̥dayasaṃhitā

na rātrāvapi śīte+ati netre tīkṣṇāñjanam̐ hitam | | 22 | |
doṣamasrāvayetstabdham̐ kaṇḍūjāḍyādikāri
tat | | 22 | | § 5238

1.23.62 Sarvāṅgasundarā

rātrāvapi netre kaphādhikyenātiśīte-kaṇḍūpaicchityādyānumite,
tīkṣṇamañjanam̐ na prayojyam | yato niśi tīkṣṇamañjana-
mupayuktaḥ kālasya sau myatvāt doṣam̐-srāvaṇyogyam̐,
asrāvayet | añjanam̐ stabdham̐ kaṇḍūjāḍyādikṛt syāt, na tu
5 śamakāri | tasmāt "śītasātmyā dr̥gāgneyī sthiratām̐ labhate
punaḥ |" ityetaḍapyasat | tasmāt pūrvoktamevānavadya-
miti | § 5239

1.23.63 Āyurvedarasāyana

rātrāvapyatisīte tikṣṇāñjanam niṣedhati-na rātrāviti | § 5240

1.23.64 Aṣṭāṅgahr̥dayasamhitā

nāñjayedbhītavamitaviriktāsitavegite | | 23 | |
kruddhajvatitatāntākṣīśirorukśokajāgare | | 23 | |
adr̥ṣṭe+arke śiraḥsnāte
pītayordhūmamadyayoḥ | | 24 | |
ajīrṇe+agnyarkasantapte divāsupte
pipāsate | | 24 | | § 5244

1.23.65 Āyurvedarasāyana

bhītādīnāmañjanam niṣedhati-nāñjayediti | saṅgrāhe tu
(sū. a. 32)-"eṣvañjanādūṣmordhvagaḥ samrambhāśruveda-
nāvilatvoṣārāgadūṣikānistodakṛcchronmīlanaśvayathuśukra-
timirādīn janayet |" iti | tāntam-uṣṇādīnā glānamakṣi |
§ 5245

5

1.23.66 Sarvāṅgasundarā

bhītādīnāmākṣiṇī vaidyo nāñjayet | aśito+atra sadyobhu-
kto vedyaḥ | sadyobhuktasya narasya nayane nāñjayediti-
arthāḥ | tānte-sūkṣmabhāsurādīdarśanādabhighātadvā gl-
āne, akṣiṇī yasya saḥ, tasmin | adr̥ṣṭe+arke, jaladacchann-
atvāt | tathā, śiraḥsnātādiṣu | § 5246

5

1.23.67 Āyurvedarasāyana

atitīkṣṇādi navavidhamañjanam niṣedhati-atitīkṣṇeti | § 5247

1.23.68 Aṣṭāṅgahr̥dayasamhitā

atitīkṣṇamṛdustokabahnacchaghanakarkaśam | | 25 | |
atyarthaśītaḥ taptamañjanam
nāvacārayet | | 25 | | § 5249

1.23.69 Sarvāṅgasundarā

atiśabdasya tīkṣṇādibhirghanāntaiḥ sambandhaḥ | atya-
rthaśītalamityetasmādatyarthaśabdastaptamityatrānuvṛtti-
kṛtena sambandhena yojyaḥ | atitīkṣṇādiguṇamañjanam
na prayojayet | tantrāntate cāñjanavidhiruktaḥ-"sukhopaviṣṭasyāturasya
5 sukhopaviṣṭo vaidyo vāmāṅguṣṭhenottaram vartmotkṣi-
pya kṛṣṇabhāgasyādhaḥ kanīnikādapāṅgam yāvadañja-
nam nayet | " iti | § 5250

1.23.70 Aṣṭāṅgahr̥dayasaṃhitā

athānunmīlayan dr̥ṣṭimantaḥ sañcārayecśhanaiḥ | | 26 | |
añjite vartmanī
kiñciccālayeccaivamañjanam | | 26 | |
tīkṣṇam vyāpnoti sahasā, na
conmeṣanimeṣaṇam | | 27 | |
niṣpīḍanam ca vartmabhyāṃ kṣālanam vā
samācaret | | 27 | | § 5254

1.23.71 Sarvāṅgasundarā

añjanānantaram kṛtyamāha-atheti | añjite netre dr̥ṣṭiman-
unmīlayan antareva samantataḥ sañcārayet | vartmanī ca
kiñciccālayet | uktakṛtyasya phalamāha-evamañjanamiti |
mṛdu śanirvyāpnotītyarthalabhyam | añjitanetrasyonmeṣ-
5 ādi niṣedhati-na ceti | § 5255

1.23.72 Sarvāṅgasundarā

atha-evamañjanasvarūpamavetya, netre+añjite sati dr̥ṣṭi-
igolakamanunmīlayan madhye śanaiḥ śanaiḥ sañcāra-
yet | kiñcit vartmanī cālayet | evam tīkṣṇāñjanam netram
vyāpnoti-anupraviśati | na ca sahasā-vidhyatikrameṇa,
5 unmeṣanimeṣaṇam kuryāt | caśabdo+avadhāraṇe, naiva
samācaredityarthaḥ | vartmabhyāṃ ca niṣpīḍanam na sa-
mācaret | vāśabdo+avadhāraṇe, kṣālanam ca naiva ku-
ryāt | § 5256

1.23.73 Aṣṭāṅgahr̥dayasaṃhitā

apetauṣadhasaṃrambhaṃ nirvṛtaṃ nayanam
yadā | |28| |
vyādhidoṣartuyogyābhiradbhiḥ
prakṣālayettadā | |28| | § 5258

1.23.74 Āyurvedarasāyana

kṣālanakālamāha-apetauṣadhasaṃrambhamiti | § 5259

1.23.75 Sarvāṅgasundarā

apetaḥ-apagataḥ auṣadhasaṃrambho-bheṣajakṣobho, ya-
smānnetrāttadevam | yato+apetauṣadhasaṃrambhamata
eva nirvṛtaṃ-apetaduḥkhānubandhi, yadā locanam syāt,
tadā vyādhyādiyogyairjalaiḥ prakṣālayet | tatra vyādhiḥ-
abhiṣyandādiḥ, doṣo-vātādiḥ, ṛtuḥ-vasantādiḥ | § 5260

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1.23.76 Aṣṭāṅgahr̥dayasaṃhitā

dakṣiṇāṅguṣṭhakenākṣi tato vāmaṃ savāsasā | |29| |
ūrdhvavartmani saṅgr̥hya śodhyam vāmena
cetarat | |29| | § 5262

1.23.77 Sarvāṅgasundarā

tato-nayanaprakṣālanādanantaram, dakṣiṇāṅguṣṭhena sa-
vasreṇa vāmaṃ nayanamūrdhvavartmani samyagādāya
śodhanīyam | vāmenāṅguṣṭhena savāsasā, itarat-dakṣiṇam,
ūrdhvavartmani saṅgr̥hya śodhyam | § 5263

1.23.78 Āyurvedarasāyana

kṣālanānantaram śodhanamāha-dakṣiṇāṅguṣṭhakeneti | sa-
vastreṇa dakṣiṇāṅguṣṭhena vāmaṃ saṃśodhyam, vāmena
dakṣiṇam | § 5264

1.23.79 Aṣṭāṅgahr̥dayasaṃhitā

vartmaprāpto+añjāddoṣo rogān
kuryādato+anyathā | | 30 | | § 5265

1.23.80 Sarvāṅgasundarā

ato+anyathā-aśodhyamāne, vartmani prāptaṃ ca tadañja-
naṃ ca vartmaprāptāñjanaṃ, tasmāt doṣo rogān kuryāt |
tasmāttacchodhyaṃ nayanam | § 5266

1.23.81 Āyurvedarasāyana

kṣālanaśodhanākarāṇe doṣamāha-vartmaprāpta iti | § 5267

1.23.82 Aṣṭāṅgahr̥dayasaṃhitā

kaṇḍujāḍye+añjanaṃ tikṣṇaṃ dhūmaṃ vā yojayet
punaḥ | | 30 | | § 5268

1.23.83 Sarvāṅgasundarā

kaṇḍūśca jāḍyaṃ ceti samāhāradvandvaḥ | tasmin sati tī-
kṣṇāñjanaṃ yojayet | athavā tikṣṇaṃ dhūmaṃ yojayet |
§ 5269

1.23.84 Āyurvedarasāyana

añjanāsamyagyogajayoḥ kaṇḍujāḍyayoḥ pratikāramāha-
kaṇḍujāḍya iti | § 5270

1.23.85 Aṣṭāṅgahr̥dayasaṃhitā

tikṣṇāñjanābhitapte tu cūrṇaṃ pratyañjanaṃ
himam | | 30.5 | |

iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ
sūtrasthāna āścotanā ṅjanavidhīrnāma
trayoviṃśo+adhyāyaḥ | | 23 | | § 5272

1.23.86 Āyurvedarasāyana

tīkṣṇāṅjanātiyoge pratīkāramāha-tīkṣṇāṅjanābhitapte tv-
iti | pratyāṅjanamityasyāṅjanasya saṃjñā | iti hemādriṭīk-
āyāmāyurvedarasāyane | sekāṅjanaprakaraṇaṃ sāmasty-
ena nirūpitam | | 23 | | § 5273

1.23.87 Sarvāṅgasundarā

punastīkṣṇenāṅjanenābhitapte locane cūrṇaṃ pratyāṅja-
naṃ pūrvoktaṃ, hitamiti | iti śrīmr̥gāṅkadattaputraśrīma-
darūṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarvāṅga-
sundarākhyāyāṃ sūtrasthāne āścotanāṅjanavidhīrnāma
trayoviṃśo+adhyāyaḥ | | 23 | | § 5274

5

1.24 tarpaṇapuṭapākavidhīradhyāyaḥ : 24

1.24.1 Aṣṭāṅgahr̥dayasaṃhitā

athāstarpaṇapuṭapākavidhīmadhyāyaṃ
vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 5276

1.24.2 Sarvāṅgasundarā

tarpaṇaṃ ca puṭapākaśca tarpaṇapuṭapākau, tayorvidhīḥ,
tam | śeṣaṃ pūrvavat | § 5277

1.24.3 Āyurvedarasāyana

tarpaṇapuṭapākavidhīmadhyāyaṃ vyākhyātum pratijānīte-
atheti | § 5278

1.24.4 Aṣṭāṅgahr̥dayasaṃhitā

nayane tām̐yati stabdhe śuṣke rūkṣe+abhighātite | | 1 | |
vātapittāture jihme śīrṇapakṣmāvilekṣaṇe | | 1 | |
kṛcchronmīlaśīrāharṣaśirotpātataamorjunaiḥ | | 2 | |
syandamanthānyatovātavātaparyāyaśukrakaiḥ | | 2 | |
5 āture śāntarāgāśruśūlasaṃrambhādūṣike | | 3 | |
nivāte tarpaṇaṃ yojyaṃ
śuddhayormūrdhakāyayoḥ | | 3 | |
kāle sād̐hāraṇe prātaḥ sāyaṃ
vottānaśāyinaḥ | | 4 | | § 5285

1.24.5 Āyurvedarasāyana

tarpaṇasya viṣayaṃ deśaṃ kālaṃ cāha-nayana iti | tām̐yati-
avalokanāsamarthe | jihye-vakre | āvilekṣaṇe-asprṣṭadarśane |
kṛcchronmīlādibhirdaśabhirvyādhibhirāture nivṛttarāgā-
dipaṅcake netre tarpaṇaṃ yojyaṃ | tacca nivāte deśe na-
5 syādau kṛte prātaḥ sāyaṃ vā yojyaṃ | § 5286

1.24.6 Sarvāṅgasundarā

cakṣuṣi mlāyati sati, tathā stabdhādiguṇe tarpaṇaṃ kā-
ryam | tathā, śīrṇe pakṣmaṇī yasya tadevam | āvilaṃ-
aspaṣṭaṃ, īkṣaṇaṃ-darśanaṃ, yasya tadevam | śīrṇapa-
kṣma ca tadāvilekṣaṇaṃ ca, tattasmin | tathā kṛcchronmīlādayaḥ-
5 akṣirogeṣu vakṣyante | kṛcchronmīlaśca śīrāharṣaśca śi-
rotpātaśca tamaścārjunaśca, tairāture | tathā syandaśca
manthaścānyatovātaśca vātaparyāyaśca śukrakam ca, ta-
irāture | ((tathā, nasyānarhe | yato vakṣyati (ślo-21)-
"tarpaṇaṃ puṭapākaṃ ca nasyānarhe na yojayet |" iti |
10 tathā, śāntāḥ śamaṃ gatāḥ, rāgāśruśūlasaṃrambhād-
ūṣikā yasminnayane tasmin | kīdr̥śi sthāne ? nivāte,-
vigatānile | upalakṣaṇaṃ cedam | vigatātaparajodhūm-
ādika ityapi draṣṭavyam | kīdr̥śayormastakadehayoḥ ?
śuddhayoḥ,-yathāyogaṃ vamanavirecananasyaiḥ kṛtaśu-
15 ddhyorityarthaḥ | kīdr̥śi kāle ? sād̐hāraṇe,-vasantādike |

kadā ? sāyaṃ prātarvā, doṣadūśyādyapekṣayā | kīdrśasyā-
turya ? uttānaśāyina iti śayanasthasyottānasyetyarthaḥ |
§ 5287

1.24.7 Aṣṭāṅgahrdayasaṃhitā

yavamāṣamayīṃ pālīṃ netrakośādbahiḥ samām | | 4 | |
dvyāṅguloccāṃ dṛḍhāṃ kṛtvā yathāsvaṃ
siddhamāvapet | | 5 | |
sarpinimīlite netre
taptāmbupraviglāyitam | | 5 | |
naktāndhyavātātimirakṛcchrahādhādhike
vasām | | 6 | |
āpakṣmāgrāt-----
| | 6 | | § 5292

5

1.24.8 Sarvāṅgasundarā

yavairmīśrā māṣā yavamāṣāḥ, taiḥ kṛtā yā sā yavamāṣa-
mayī, tām | tādrśīṃ pālīṃ netrakośādbāhyata ubhayapā-
rśvayoh samām-animnonnatām kṛtvā, yathāyogaṃ doṣad-
ūśyādyanurodhāt pakvaṃ ghṛtaṃ nimīlite-anunmiṣite lo-
cane kṣipet | atha pālyā ucchrāyamāha-dvyāṅguloccāṃ,- 5
dvyāṅgulocchrāyavatīm | tathā dṛḍhāṃ nibiḍhāṃ, yathā
sneho na sravet | kīdrśaṃ sarpiḥ ? taptena jalena prakarṣ-
eṇa vilāyitaṃ-dravīkṛtaṃ | naktāndhyetyādi | rātryandhy-
ādiṣu vasām yathāsvausadhasiddhāṃ tathaiva vilāyitām-
āvapet | katham ? āpakṣmāgrāt,-pakṣmāgrāṇi yāvannima- 10
gnāni tāvatsarṣirādimāvapediti | § 5293

1.24.9 Āyurvedarasāyana

tapraṇavidhimāha-uttānaśāyina iti | taptāmbupraviglāyitaṃ-
uṣṇāmbukumbhīvāṣpeṇa dravīkṛtaṃ | naktāndhyādiṣu tu
sarpiḥsthāne vasāmāvapet | āpakṣmāgrāt-pakṣmāgramajjanaṃ
yāvat | saṅgrahe tu (sū.a. 33)-"atha divasasyāṣṭame bhāge
gate śeṣe vā nirvātātāparajodhūme kṛtanīlapītānyataraja- 5

vanikek veśmani jīrṇabhuktasya sukhaśayanagatasyottān-
asya sumṛditamāśapiṣṭakalkena netrakośādbahirvdyāṅg-
ulocchrāyāvādhārau parimaṇḍalāvasambādhanau samāvap-
arisrāviṇau kṛtvā, tatroṣṇodakapavilīnaṃ nimīlite netre
5 yathārhausadhavipakvaṃ kṣīraṃ sarpirmaṇḍaṃ vā seca-
yet | yāvannimagnānyakṣipakṣmāṇi bhrūromāṇi ca | " iti |
§ 5294

1.24.10 Aṣṭāṅgahr̥dayasaṃhitā

-----athonmeṣaṃ śanakaistasya kurvataḥ | | 6 | |
mātrā vigaṇayettatra
vartmasandhisitāsate | | 7 | |
dṛṣṭau ca kramaśo vyādhau śataṃ trīṇi ca pañca
ca | | 7 | |
śatāni sapta cāṣṭau ca, daśa manthe,
daśānile | | 8 | |
5 pitte ṣaṭ, svasthavṛtte ca balāse pañca
dhārayet | | 8 | | § 5299

1.24.11 Āyurvedarasāyana

tarpaṇadhāraṇāvadhimāha-atheti | vartmaroge ekaśatam,
sandhiroge trīṇi śatāni, sitaroge pañca, astiroge sapta, dṛ-
ṣṭiroge+aṣṭau, tathā manthe daśa, vāte daśa, pitte svastha-
vṛtte ca ṣaṭ, balāse pañca, dhārayet | § 5300

1.24.12 Sarvāṅgasundarā

atha-ghṛtādyāvapanādanantaraṃ, śanaiḥśanairunmīlanaṃ
vidadhatastasya-āturasya, mātrāḥ-pūrvoktāḥ, vigaṇayet |
tatra-tasmin vartmādike vyādhau sarpiṣi kṣipte, śatasa-
ṅkhyādīrmātrā vigaṇayet krameṇa | tatra vartmaroge mā-
5 trāśatam, sandhiroge trīṇi śatāni, sitaroge pañca śatāni, asi-
taroge sapta śatāni, dṛṣṭiroge+aṣṭau śatāni, dhārayediti kr-
amārthaḥ | yathāsaṅkhyena manthākhye roge daśa śatāni,
vātaroge daśaiva śatāni, pittaroge ṣaṭ śatāni, svasthavṛtte
ca ṣaṭ śatāni, kaphe pañca śatāni, dhārayet | § 5301

1.24.13 Āyurvedarasāyana

tarpaṇānantaraṃ kṛtyamāha-kṛtvā+apāṅga iti | § 5302

1.24.14 Aṣṭāṅgahr̥dayasaṃhitā

kṛtvā+apāṅge tato dvāraṃ snehaṃ pātre nigālayet | | 9 | |
pibecca dhūmaṃ, nekṣeta vyoma rūpaṃ ca
bhāsvaraṃ | | 9 | | § 5304

1.24.15 Sarvāṅgasundarā

((tataḥ-)) yathoktamātrādhāraṇādanantaraṃ, apāṅgadeśe
pālyā dvāraṃ kṛtvā snehaṃ bhājane niṣipet | tataḥ sa-
ktupiṇḍyā+akṣikośaṃ pramṛjya sneheritakaphopaśāntaye
dhūmaṃ ca pibet, na kevalaṃ tarpaṇaṃ kuryāt | prakṣāli-
tanetraṃ cainaṃ mātrayā+a+amayādivaśena bhojayet | ta- 5
thā, nabho na paśyedbhāsvaraṃ rūpaṃ ca | upalakṣaṇaṃ
cedam | ātapādyapi bhāsvaraṃ na paśyet | § 5305

1.24.16 Aṣṭāṅgahr̥dayasaṃhitā

itthaṃ pratidinaṃ vāyau, pitte tvekāntaraṃ,
kaphe | | 10 | |
svasthe ca hyantaraṃ dadyādātr̥pteriti
yojayet | | 10 | | § 5307

1.24.17 Sarvāṅgasundarā

itthaṃ-anena kramaṇa, pavane pratyahaṃ tarpaṇaṃ da-
dyāt | pitte punarekāntaraṃ tarpaṇaṃ dadyāt | kaphe sva-
sthe ca dvidināntaraṃ yojayet | iti-evaṃ, yāvannayanasya
tr̥ptiḥ syāttāvattarpaṇaṃ yojyam | § 5308

1.24.18 Āyurvedarasāyana

vātādibhedena tarpaṇāvṛttimāha-itthamiti | āvṛttyavadhimāha-
ātr̥pteriti | § 5309

1.24.19 Aṣṭāṅgahr̥dayasaṃhitā

prakāśakṣamatā svāsthyam viśadam laghu
locanam | | 11 | |
tr̥pte, viparyayo+atr̥pte+atitr̥pte śleṣmajā
rūjaḥ | | 11 | | § 5311

1.24.20 Āyurvedarasāyana

tr̥ptalakṣaṇamāha-prakāśakṣamateti | atr̥ptalakṣaṇamāha-
viparyaya iti | atitr̥ptalakṣaṇamāha-tr̥pte+atīti | § 5312

1.24.21 Sarvāṅgasundarā

prakāśakṣamatvādikaṃ samyaktr̥ptasya lakṣaṇam | prakāśakṣamatā-
prabhābhāsvarādirūpasahatvam | atr̥pte-ajātāyāṃ tr̥ptau,
piparyayah-prakāśākṣamatādikaḥ | atitr̥pte sati kapho-
dbhavāḥ kaṇḍūpaicchilyādikā rujaḥ syuḥ | § 5313

1.24.22 Aṣṭāṅgahr̥dayasaṃhitā

snehapītā tanuriva klāntā dr̥ṣṭirhi sīdati | | 12 | |
tarpaṇānantaram
tasmādr̥gbalādhānakāriṇam | | 12 | |
puṭapākam prayuñjīta pūrvokteṣveva
yakṣmasu | | 13 | | § 5316

1.24.23 Sarvāṅgasundarā

snehapītā dr̥ṣṭiḥ klāntā tanuriva yato+avasīdati, tasmātk-
āraṇāt tarpaṇānantaram puṭapākam prayuñjīta | kīdr̥-
śam ? dr̥ṣorbalaṃ dr̥gbalam, tasyādhānam-prabandhena
vṛttiḥ, tatkarotīti dr̥gbalādhānakāriṇam | hetau dvitīyā,
5 dr̥gbalādhānakāritvāt prayuñjītyarthāḥ | pūrvokteṣveva-
tarpaṇokteṣvāmayeṣu | § 5317

1.24.24 Āyurvedarasāyana

puṭapākasya viṣayamāha-snehapītetī | snehapītā-pītasnehā |
pūrvokteṣu yakṣamasu-rogeṣu | § 5318

1.24.25 Aṣṭāṅgahr̥dayasamhitā

sa vāte snehanaḥ śleṣmasahite lekhanō hitaḥ | | 13 | |
dṛgdaurbalye+anile pitte rakte svasthe
prasādanaḥ | | 14 | | § 5320

1.24.26 Sarvāṅgasundarā

sa ca-puṭapāko, vāte snehano hitaḥ | kaphasahite mārute
lekhanō hitaḥ | dṛṣṭidaurbalyādiṣu prasādano hitaḥ | § 5321

1.24.27 Āyurvedarasāyana

puṭapākasya traividhyaṃ saviṣayamāha-sa vāta iti | § 5322

1.24.28 Aṣṭāṅgahr̥dayasamhitā

bhūśayaprasahānūpamedomajjavasāmiṣaiḥ | | 14 | |
snehanam payasā piṣṭairjīvanīyaiśca
kalpayet | | 15 | | § 5324

1.24.29 Sarvāṅgasundarā

bhūśayāḥ- bileśayā bhekagodhādyaḥ, prasaḥ-gokharādayaḥ,
ānūpāḥ-mahāmṛgavāricaravāriśayāḥ, teṣāṃ medomajjav-
asāmiṣāṇi, taiḥ | tathā, jīvanīyaiḥ-jīvantīkākolyādibhiśca,
kṣīrapīṣṭaiḥ snehanam puṭapākam kalpayedvaidyaḥ | § 5325

1.24.30 Āyurvedarasāyana

snehanasya dravyāṅyāha-bhūśayeti | bhūśayāḥ bileśayāḥ |
§ 5326

1.24.31 Aṣṭāṅgahr̥dayasaṃhitā

mṛgapakṣiyakṛnmāṃsamuktāyastāmrasaindhavaiḥ | | 15 | |
srotojaśaṅkhaphenālairlekhanam
mastukalkitaiḥ | | 16 | | § 5328

1.24.32 Sarvāṅgasundarā

mṛgāḥ-hariṇādyāḥ, pakṣiṇo-lāvādyāḥ, teṣāṃ yakṛnmāṃs-
āṇi, taiḥ | tathā, muktādibhirmastukalkitairlekhanam pu-
ṭapākaṃ kalpayedvaidyaḥ | prasahānām mṛgapakṣiṇām
snehane puṭapāka upayuktatvāt jāṅgalā eva mṛgapakṣ-
iṇo+atra grāhyāḥ | § 5329

1.24.33 Āyurvedarasāyana

lekhanasya dravyāṅyāha-mṛgapakṣīti | pakṣiṇoviṣkirapra-
tudāḥ | § 5330

1.24.34 Aṣṭāṅgahr̥dayasaṃhitā

mṛgapakṣiyakṛnmajjivasāntrahr̥dayāmiṣaiḥ | | 16 | |
madhuraiḥ saghṛtaiḥ stanyakṣīrapīṣṭaiḥ
prasādanam | | 17 | | § 5332

1.24.35 Sarvāṅgasundarā

mṛgapakṣyādīnām yakṛnmajjivasāntrahr̥dayāmiṣāṇi, taiḥ | ta-
thā, madhuraiḥ-madhuravargoktaiḥ, ghṛtānvitaiḥ stany-
akṣīrapīṣṭaiḥ prasādanam puṭapākaṃ kalpayedvaidyaḥ |
atra stanyam striyā eva | § 5333

1.24.36 Āyurvedarasāyana

prasādanasya dravyāṅyāha-mṛgapakṣiyakṛditi | madhuraiḥ-
jīvanīyaiḥ | § 5334

1.24.37 Aṣṭāṅgahr̥dayasaṃhitā

bilvamātram pṛthak piṇḍam

māṃsabheṣajakalkayoḥ | | 17 | |

urubūkavaṭāmbhojapatraiḥ snehādiṣu

kramāt | | 18 | |

veṣṭayitvā mṛdā liptam

dhavadhanvanagomayaiḥ | | 18 | |

pacetpradīptairagnyābham pakvam niṣpīḍya

tadrasam | | 19 | |

netre tarpaṇavadyuñjyāt-----

5

| | 19 | | § 5339

1.24.38 Sarvāṅgasundarā

māṃsam ca bheṣajakalkaśca tayoḥ pṛthak palamātram

piṇḍameraṇḍādipatrainveṣṭayitvā kṛṣṇamṛttikayā liptam

vṛddhavaidyavyavahārāt dvyaṅgulotsedham mṛttikāle-

pam kṛtvā krameṇa dhavādīndhanaiḥ pradīptaiḥ pacet |

tatra snehane puṭapāka eraṇḍapatrainveṣṭanam dhavak-

āṣṭhaiḥ pradīpanam, lekhane vaṭapatrainveṣṭanam dha-

nvanendhanena pradīpanam, prasādane jalajapatrainve-

ṣṭanam gomayendhanena pradīpanam, iti kramārthaḥ |

agnyābham-agnivarnam sat, pakvam jñātvā, apanīta-

tram vidhāya, vāsasā niṣpīḍya, tadrasam nayane tarpaṇ-

amiva yuñjyāt | § 5340

5

10

1.24.39 Āyurvedarasāyana

puṭapākasya sādhanamāha-bilvamātramiti | māṃsapīṇḍ-

amauṣadhapiṇḍam ca pṛthak bilvamātramekīkṛtam sneh-

anādiṣveraṇḍādipatrain kramādveṣṭitam kuśamuñjasūtr-

ānyatamena baddham tato vdyaṅgulotsedhena mṛlliptam

dhavādīndhanaiḥ pacet | saṅgrāhe tu (sū.a.33)-"dhavada-

nvanamadhūkanyagrodhakāśmaryarājādanārjunanaktamā-

lapāṭalīnāmanyatamaiḥ kāṣṭhaiḥ śakṛtā vā gomahiṣayoḥ

pacet | " iti | puṭapākavidhimāha-agnyābhamiti | tam piṇḍ-

5

amagnivarn̄atvena pakvaṃ jñātvā niṣpīḍya rasaṃ tarpaṇ-
avadyuñjyāt | § 5341

1.24.40 Aṣṭāṅgahr̥dayasaṃhitā

-----śataṃ dve trīṇi dhārayet | | 19 | |
lekhanasnehanāntyēṣu-----
| | 20 | | § 5343

1.24.41 Sarvāṅgasundarā

lekhanādiṣu śatādīni dhārayet | tatra lekhane śataṃ mātr-
āṅgāṃ dhārayet | snehane dve śate | antye-prasādane, trīṇi
śatāni dhārayet | § 5344

1.24.42 Āyurvedarasāyana

puṭapākadhāraṇāvadhimāha-śatamiti | antyaḥ-prasādanaḥ |
§ 5345

1.24.43 Aṣṭāṅgahr̥dayasaṃhitā

-----koṣṇau pūrvau,
himo+aparaḥ | | 20 | | § 5346

1.24.44 Sarvāṅgasundarā

pūrvō-snehanalekhanau, koṣṇau yojyau | himo+aparaḥ-
prasādanākhyāḥ | § 5347

1.24.45 Āyurvedarasāyana

puṭapākānāmuṣṇaśītabhedamāha-koṣṇāviti | § 5348

1.24.46 Āyurvedarasāyana

lekhanasnehanayoranantarakṛtyamāha-dhūmapa iti | § 5349

1.24.47 Aṣṭāṅgahr̥dayasaṃhitā

dhūmapo+ante

tayoreva----- | | 20 | | § 5350

1.24.48 Sarvāṅgasundarā

tayoḥ-ādyayoḥ puṭapākayoḥ, ante dhūmapaḥ syāt | sne-
heritakaphopaśāntyai, na tu prasādanānte, ityevaśabdā-
rthaḥ | § 5351

1.24.49 Aṣṭāṅgahr̥dayasaṃhitā

-----yogāstatra ca ṭṛptivat | | 20 | | § 5352

1.24.50 Sarvāṅgasundarā

tatra ca-teṣu puṭapākeṣu, yogāstarpaṇa iva syuḥ | ṭṛptiva-
diti saptamyantādvatiḥ | yogā iti bahuvacananirdeśāt sa-
myagyogāyogātiyogā gṛhyante | § 5353

1.24.51 Āyurvedarasāyana

puṭapākasya samyagyogādilakṣaṇamāha-yogā iti | § 5354

1.24.52 Aṣṭāṅgahr̥dayasaṃhitā

tarpaṇaṃ puṭapākam ca nasyānarhe na
yojayet | | 21 | | § 5355

1.24.53 Sarvāṅgasundarā

tarpaṇapuṭapākau nasyāyogye na yojayet | nasyānarhāḥ-
"yojyenna tu nāvanam | " ityādyuktāḥ | § 5356

1.24.54 Āyurvedarasāyana

niṣiddhanasyānām tarpaṇapuṭapākau niṣedhatitarpaṇa-
miti | § 5357

1.24.55 Aṣṭāṅgahr̥dayasaṃhitā

yāvantlyahāni yuñjīta dvistato hitabhāgbhavet | | 21 | |
mālatīmālikāpuṣpairbaddhākṣo
nivasenniśām | | 21.5 | | § 5359

1.24.56 Sarvāṅgasundarā

yāvantlyahāni-yāvanmātrāṇi dināni, tarpaṇapuṭapākau ku-
rvīta tato dviḡuṇāni dināni hitasevī syāt | kṛtatarpaṇa pu-
ṭapāko mālatyādipuṣpairbaddhākṣaḥ san vibhāvarīm va-
set | mālatī-sumanāḥ | mallikā-gandhavārṣikā | § 5360

1.24.57 Āyurvedarasāyana

tarpaṇapuṭapākayorācāramāha-yāvantīti | saṅgrahe tu (sū.a.
33)-"tathā pakvātisāre+api puṭapākasyāyameva vidhiriti |
bhavati cātra | seke+añjane tarpaṇe ca puṭapāke ca ye ga-
dāḥ | jāyante vidhividbhraṃśādyathāsvaṃ tān prasādha-
5 yet | | " iti | § 5361

1.24.58 Aṣṭāṅgahr̥dayasaṃhitā

sarvātmanā netrabalāya yatnaṃ kurvīta
nasyāñjanatarpaṇādyaiḥ | | 22.5 | |
dr̥ṣṭīśca naṣṭā vividhaṃ jagacca tamomayaṃ
jāyata ekarūpam | | 22.5 | |
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ
sūtrasthāne tarpaṇapuṭapākavidhīrnāma
caturviṃśo+adhyāyaḥ | | 24 | | § 5364

1.24.59 Sarvāṅgasundarā

netrarakṣaṇe yatnaḥ kārya ityāha-sarvātmaneti | dr̥ṣṭīsceti caśabdaścedarthe | iti hemādriṭīkāyāmāyurvedarasāyane | dr̥kṭarpaṇaprakaraṇam sāmastyena nirūpitam | | 24 | | § 5365

1.24.60 Sarvāṅgasundarā

sarveṇa prakāreṇa netrabalāya-cakṣuḥsāmarthyāya, nasyā dibhiryatnaṃ kuryāt | dr̥ṣṭīsceti ca hetau | yato dr̥ṣṭiryadi na syāttato jagadvividhamapi tamomayaṃ-andhakārarūpaṃ, ekarūpaṃ-ekalakṣaṇaṃ, sampadyata iti | upajātirvṛttam | iti śrīmṛgāṅkadattaputraśrīmadaruṇadattaviracitāyāmaṣṭā- 5 ṅgahṛdayaṭīkāyāṃ sarvāṅgasundarākhyāyāṃ sūtrasthāne tarpaṇapuṭapākavidhīrṇāma caturviṃśo+adhyāyaḥ sam-āptaḥ | | 24 | | § 5366

1.25 yantravidhiradhyāyaḥ : 25

1.25.1 Aṣṭāṅgahṛdayasaṃhitā

athāto yantravidhimadhyāyaṃ vyākhyāsyāmaḥ | | 2 | |
iti sa smādurātreyādayo maharṣayaḥ | | 2 | | § 5368

1.25.2 Sarvāṅgasundarā

yantrasya vidhiryantravidhiḥ śeṣaṃ pūrvavat | arśobhagandarādiṣu niruje+aṅge yamyate-niyamyate śastrakṣārāgnikarmeti yantram | § 5369

1.25.3 Āyurvedarasāyana

yantravidhimadhyāyaṃ vyākhyātum pratijānīte-atheti | § 5370

1.25.4 Aṣṭāṅgahr̥dayasaṃhitā

nānāvidhānāṃ śalyānāṃ nānādeśaprabādhināṃ | | 1 | |
āhartumabhyupāyo yastadyantram yacca
darśane | | 1 | |
arśobhagandarādīnāṃ
śastrakṣārāgniyojane | | 2 | |
śeṣāṅgaparirakṣāyāṃ tathā
bastyādikarmaṇi | | 2 | |
5 ghaṭikālābuśṛṅgaṃ ca jāmbavauṣṭhādīkāni
ca | | 3 | | § 5375

1.25.5 Āyurvedarasāyana

yantralakṣaṇamāha-nānāvidhānāṃiti | śalyāharaṇe ya up-
āyaḥ, yaścārśaḥprabhṛtidarśane, yaśca śāstrādicchedyasa-
mīpāṅgarakṣaṇe, yaśca bastyādipraṇayane, yaśca ghāṭikā-
dirācūṣaṇādau, tadyantram | evaṃvidha upāyaviśeṣo ya-
5 ntramityarthaḥ | § 5376

1.25.6 Sarvāṅgasundarā

anekaprakārāṇi yāni śalyāni-śastraveṇupāśāṇādirūpāṇi,
vividheṣu śarīrapradeśeṣu nivīśante, teṣāmāharaṇe ākr-
ṣṭum, yo+abhyupāyastadyantram | 'ucyate' iti śeṣaḥ | ta-
thā, arśobhagandaranāḍīvraṇādīnāṃ śāstrādiyojane sati
5 śeṣasya-nirujasyāṅgasya, parirakṣāyāṃ-rakṣānimittam, sv-
asthasyāṅgasya śāstrādyābādhanivṛttyarthamityarthaḥ | ta-
thā, bastinasyādikarmaṇi ya upāyastacca yantram | tathā
ghaṭikādi ca yantram pavanākarṣaṇāya raktādyākarṣaṇāya
ca | jāmbavauṣṭhasandaṃśādīni ca yantrāṇi | § 5377

1.25.7 Aṣṭāṅgahr̥dayasaṃhitā

anekarūpakāryāṇi yantrāṇi vividhānyataḥ | | 3 | |
vikalpya kalpayedbuddhyā yathāsthūlam tu
vaksyate | | 4 | | § 5379

1.25.8 Āyurvedarasāyana

yantraviśeṣāṇāmanantatvāt buddhyā kalpyatvamāha-anekarūpakāryāṇīti
ā raṃ-nidarśanārtham kāmścidyantraviśeṣān vaktumāha-
yathāsthūlamiti | svastikasandamśatālanāḍīśalākānuyantr-
abhedāt ṣoḍhā yantrāṇi | § 5380

1.25.9 Sarvāṅgasundarā

rūpāṇi ca kāryāṇi ca rūpakāryāṇi | anekāni vicitrāṇi, rūp-
akāryāṇi teṣāṃ tāni yantrāṇi nānāprakārāṇi | tatra rūpaṃ-
kaṅkamukhasvastikādyākāratvam | kāryaṃ-asthyādilagnaśalyaharaṇādi
yataścaivaṃ yantrāṇāṃ nānāvidhatvam, atastāni buddhyā
vikalpya kāryānurodhāt kalpayet | nanu, yantrāṇāṃ di- 5
nīmātre+apyanabhijñāḥ kathamiva kalpanāṃ kartuṃ pār-
ayet ? ityāha- saṃ-yāni yāni sthūlāni yathāsthūlam | "ya-
thā sādrśye" ityavyayībhāvaḥ | yathāsthūlayantrakaraṇ-
ena vyutpannamatiḥ śeṣāṇāmapi yantrāṇāmutpādane vi-
kalpaṃ kartuṃ samartho bhavediti bhāvaḥ | § 5381 10

1.25.10 Aṣṭāṅgahrdayasaṃhitā

tulyāni kaṅkasimharkṣakākādīmṛgapakṣiṇām | | 4 | |
mukhairmukhāni yantrāṇāṃ
kuryāttatsaṃjñakāni ca | | 5 | |
aṣṭādaśāṅgulāyāmānyāyasāni ca bhūriśaḥ | | 5 | |
masūrākāraparyantaiḥ kaṅṭhe baddhāni
kīlakaiḥ | | 6 | |
vidyātsvastikayantrāṇi mūle+aṅkuśanatāni 5
ca | | 6 | |
tairdṛḍhairasthisamḥlagnaśalyāharaṇamiṣyate | | 7 | | § 5387

1.25.11 Āyurvedarasāyana

tatra svastikānyāha-tulyānīti | tatsaṃjñakāni-kaṅkamukhasimhamukhād
āyāmo-dairghyam | bhūriśa itī vacanāt dārvādikṛtānyapi |
kaṅṭhe-mukhākārasampādakaśakaladvayasandhānasthāne |
mūle-dhāraṇasthāne | svastikānāṃ kāryamāha-tairddaḍhairiti |
§ 5388 5

1.25.12 Sarvāṅgasundarā

yena pārśvena śalyamuddhriyate tadyantrāṇaṃ mukhaṃ
vedyam | kaṅkādināṃ pakṣimrgāṇāṃ mukhaistulyāni ya-
ntrāṇāṃ mukhāni kuryāt | ādiśabdena ḡrdhrahamsaha-
riṇādiparigrahaḥ | tāni tatsaṃjñakāni | ca evārthe, tāni
5 yantrāṇi tannāmānyeva | yathā,-kaṅkumukhaṃ siṃham-
ukhamityādi | aṣṭādaśāṅguletyādi, svastikākhyāni yantr-
āṇi vidyāt | kīdrśāni ? aṣṭādaśāṅguladairghyāni, bhūriśo-
bāhulyena, āyasāni-śastramayāni | dantādimayānāmapi
kvaciddarśanāt bhūriśa ityuktam | tathā, kaṅṭhapradeśe
10 kīlakairbaddhāni | kīdrśaiḥ kīlakaiḥ ? masūrākārāḥ pa-
ryantā yeṣāṃ taiḥ | yatra pradeśe yantrāṇāṃ hastagrah-
astatra tanmūlam | tatrāṅkuśavannatāni-pariṇatāni | taiḥ-
kaṅkamukhādibhiḥ, asthisamḡagnaśalyasya-kāṇḍaphalādeḥ,
āharaṇaṃ-ākarsaṇamiṣyate | § 5389

1.25.13 Aṣṭāṅgahr̥dayasaṃhitā

kīlabaddhavamuktāgrau sandaṃśau ṣoḍaśāṅgulau | | 7 | |
tvakśirāsnāyupīśitalagnaśalyāpakarṣaṇau | | 8 | | § 5391

1.25.14 Sarvāṅgasundarā

kīlena-masūrākāraparyantena, baddhaṃ tathā vimuktamagraṃ-
mukhaṃ, yayostau kīlabaddhavamuktāgrau sandaṃśau
bhavataḥ | kīdrśau ? ṣoḍaśāṅgulapramāṇau | kvopay-
oga etayoḥ syāt ? ityāha-tvagityādi | tvagādīnāṃ dva-
5 ndvaḥ | tvakśirāstrāyupīśitalagnaṃ ca tacchalyaṃ ca,
tasyāpakarṣṇe-āharaṇe, tāvupayujyete | § 5392

1.25.15 Āyurvedarasāyana

sandaṃśāścatvāraḥ | tatra krīlabaddhāgrakīlamuktāgrau
sandaṃśāvāha-kīlabaddhavamuktāgrāviti | § 5393

1.25.16 Aṣṭāṅgahr̥dayasaṃhitā

ṣaḍaṅgulo+anyo haraṇe

sūkṣmaśalyopapakṣmaṇām | | 8 | | § 5394

1.25.17 Sarvāṅgasundarā

ṣoḍaśāṅgulasandaṃśadvayādanyaḥ sandaṃśaḥ (ṣaḍaṅgulapramāṇaḥ) sūkṣmaśalyānām-nāsāromādīnām, haraṇe-ākaraṣaṇe, tathā, upapakṣmaṇām vartmādibhavānām haraṇe yujyate | § 5395

1.25.18 Āyurvedarasāyana

ṣaḍaṅgulaṃ sandaṃśamāha-ṣaḍaṅgula iti | upapakṣmaṇām-netreṣvavāntarapakṣmaṇām | § 5396

1.25.19 Sarvāṅgasundarā

sā ca mucuṇḍīsaṃjñā | kimbhūtā mucuṇḍī? sūkṣmā dantā yasyāḥ sā sūkṣmadantā, tathā, ṛjuḥ-avakrā, na ca sandaṃśavadvakrā dvibāhurityārthaḥ | tathā, mūle-hastagrahaṇasthāne, rucakaṃ-aṅgulīyakarūpaṃ, bhūṣaṇaṃ yasyāḥ sā rucakabhūṣaṇā | rucakapīdanena sā karma karotītyārthaḥ | gambhīraścāsau vraṇaśca gambhīra-vraṇastasmin māṃsāni-tasyādhimāṃsaṃ, etadviṣaya āharaṇe | armaṇaśca śeṣitasya cchinnaśeṣasyāharaṇe mucuṇḍī | § 5397

1.25.20 Aṣṭāṅgahr̥dayasaṃhitā

mucuṇḍī sūkṣmadantarjurmūle rucakabhūṣaṇā | | 9 | |
gambhīravraṇamāṃsānāmarmaṇaḥ śeṣitasya
ca | | 9 | | § 5399

1.25.21 Āyurvedarasāyana

mucuṇḍyākhyam sandaṃśamāha-mucuṇḍīti | sūkṣmadantā-
sūkṣmāgrā | ṛjuḥ-avakrā | rucakabhūṣaṇā-mūle mudrikā-
baddhā | gambhīreṣu vraṇeṣu yāni māṃsāni, yāni ca netr-
eṣu chinnaśeṣāṅyarmāni, teṣāṃ haraṇe | § 5400

1.25.22 Aṣṭāṅgahr̥dayasaṃhitā

dve dvādaśāṅgule matsyatālavat dvyekalālake | | 10 | |
tālayanre smr̥te
karṇanāḍīśalyāpahāriṇī | | 10 | | § 5402

1.25.23 Āyurvedarasāyana

tālayantradvayamāha-dve dvādaśāṅgula iti | matsyatālo-
matsyagalatālah | § 5403

1.25.24 Sarvāṅgasundarā

dve tālayanre bhavataḥ | kiṃpramāṇe ? dvādaśāṅgule |
saṃsthānamāha-matsyatālavat mīnagalatālavat, dvitālakam-
ekam dvayoḥ pārśvayormatsyamukhasadṛśam, apamekatālakam-
ekapārśve matsyamukhākārameva | te dve tālayanre bha-
5 vataḥ | karṇetyādi | karṇanāḍīśalyamapaharataḥ-karṇanāḍīśalyāpahāriṇī |
§ 5404

1.25.25 Aṣṭāṅgahr̥dayasaṃhitā

nāḍīyantrāṇi suṣirāṅyekānekamukhāni ca | | 11 | |
srotogatānām śalyānāmāmāyānām ca
darśane | | 11 | |
kriyānām sukaratvāya kuryādācūṣaṇāya
ca | | 12 | |
tadvistāraparīṇāhadairghyam
srotonurodhataḥ | | 12 | | § 5408

1.25.26 Āyurvedarasāyana

nāḍīyantrāṅyāha-nāḍīyantrāṅīti | vistāro-vivarasya | parīṅhaha-
sthaulyaṃ yantrasya | § 5409

1.25.27 Sarvāṅgasundarā

nāḍīyantrāṅi bastinetrādivat suṣirāṅi syuḥ | ekaṃ cāne-
kaṃ caikānekaṃ mukhaṃ yeṣām | tani ca kānicidekam-
ukhāni ekadvārāṅi, kānicidanekamukhāni-anekadvārāṅi |
etatkarmācaṣṭe-srota ityādi | tāni ca karṇādisrotogatānām
śalyānām darśananimittam vidadhīta | tathā, kaṅṭhādisr- 5
otogatānām rogānām darśane-darśananimittam, vidadh-
īta | tathā, kriyānām-śastrakṣārāgniprakṣālanauṣadhapraṇidhānādīnām,
sukaratvārtham | tathā, viṣidigdhanāgādīnāmācūṣaṅyāya vi-
dadhīta | tadvistāretyādi | teṣām-nāḍīyantrāṅām, vistā- 10
raśca parīṅhāśca dairghyaṃ ca, tāni srotovaśāt bha-
vanti | yathā,-anuvāsanottarabastinasyanāḍīkādiṣu nirdi-
ṣṭam | § 5410

1.25.28 Aṣṭāṅgahr̥dayasaṃhitā

daśāṅgulā+ardhanāhā+antaḥkaṅṭhaśalyāvalokinī | | 13 | |
nāḍī----- | | 13 | | § 5412

1.25.29 Āyurvedarasāyana

kaṅṭhāntaḥśalyāvalokinīm nāḍīmāha-daśāṅguleti | ardhanāhā-
pañcāṅgulasthaulyā | § 5413

1.25.30 Sarvāṅgasundarā

kaṅṭhe śalyaṃ kaṅṭhaśalyam | kaṅṭhābhyan taraśalyāvalo-
kanārtham daśāṅgulā nāḍī | ardhanāhā-pañcāṅgulapariṅhā |
§ 5414

1.25.31 Aṣṭāṅgahr̥dayasaṃhitā

-----pañcamukhacchidrā catuṣkarn̥sya
saṅgrahe | | 13 | |
vāraṅgasya, dvikarn̥sya tricchidrā
tatpramāṇataḥ | | 14 | | § 5416

1.25.32 Āyurvedarasāyana

catuṣkarn̥avāraṅgasaṅgrahaṇīm nāḍīmāha-nāḍīti | pañcamukhacchidrā-
mukhe chidrapañcakayutā | dvikarn̥asaṅgrahaṇīm nāḍīmāha-
dvikarn̥syeti | tatpramāṇataḥ-saṅgrahyapramāṇena | eta-
cca nāḍīdvaye chidramānam | § 5417

1.25.33 Sarvāṅgasundarā

pañcamukhāni chhidrāṇi yasyāḥ sā | catuṣkarn̥sya vāra-
ṅgasya saṅgrahe-saṅgrahaṇanimittamidaṃ yantram | ca-
tvāraḥ karṇā yasya vāraṅgasyeti samāsaḥ | tatra śarād-
idaṇḍapraveśaḥ śikhākāraḥ kīlako vāraṅga ucyate | dv-
5 ikarn̥sya vāraṅgasya tricchidrā nāḍī syāt | trīṇi chhi-
drāṇi yasyāḥ sā tricchidrā | chhidraśabdasyopalakṣaṇa-
rthatvāt trimukhetyetadapi draṣṭavyam | tasya vāraṅga-
sya pramāṇam tatpramāṇam tasmādvāraṅgapramāṇataḥ-
tadanusāreṇa nāḍīpramāṇam jñeyam | § 5418

1.25.34 Aṣṭāṅgahr̥dayasaṃhitā

vāraṅgakarn̥samsthānānāhadairghyānurodhataḥ | | 14 | |
nāḍīrevaṃvidhāścānyā draṣṭuṃ śalyāni
kārayet | | 15 | | § 5420

1.25.35 Sarvāṅgasundarā

tathā, karṇāśca saṃsthānam cānāhaśca dairghyam ca tā-
nyevam | vāraṅgasya karṇasamsthānānāhadairghyāṇi, te-
ṣāmanurodhastasmāt, evaṃprakārā anyā api nāḍīḥ śalyāni
śarīrāntargatāni draṣṭuṃ kārayet | § 5421

1.25.36 Āyurvedarasāyana

anyāni nāḍīyantrāṅyāha-vāraṅgakarṇeti | samsthānaṃ-ākṛtiḥ |
ānāhaḥ-sthauilyam | § 5422

1.25.37 Aṣṭāṅgahr̥dayasamhitā

padmakarṇikayā mūrdhni sadṛśī dvādaśāṅgulā | | 15 | |
caturthasuṣirā nāḍī śalyanirghātinī
matā | | 16 | | § 5424

1.25.38 Āyurvedarasāyana

śalyanirghātinīm nāḍīmāha-padmakarṇikayeti | caturthasuṣirā-
tryaṅguladīrghavivarā | § 5425

1.25.39 Sarvāṅgasundarā

mūrdhni-mūrddhabhāge, padmakarṇikayā-jalajakarṇikayā,
sadṛśī | kiyatpramāṇā ? dvādaśāṅgulā | tathā, caturthaḥ-
caturbhāgaḥ, suṣiro yasyāḥ sā, tryaṅgulusuṣireti yāvat |
sā nāḍī śalyanirghātinī matā | munīnāmiti śeṣaḥ | arśoya-
ntram lakṣayitumāha- § 5426

5

1.25.40 Aṣṭāṅgahr̥dayasamhitā

arśasām gostanākāraṃ yantrakam caturaṅgulam | | 16 | |
nāhe pañcāṅgulam puṃsām pramadānām
ṣaḍāṅgulam | | 17 | |
dvicchidraṃ darśane vyādherekacchidraṃ tu
karmaṇi | | 17 | |
madhye+asya tryaṅgulam
chhidramaṅguṣṭhodaravistr̥tam | | 18 | |
ardhāṅgulocchhritodvṛttakarṇikam ca
tadūrdhvataḥ | | 18 | | § 5431

5

1.25.41 Sarvāṅgasundarā

arśasāṃ sambandhi yantrakam̐ gostanākṛti caturaṅgu-
lam̐ mānato dairghyeṇa syāt | yantrakamityākarsakam̐
syāt | nāhe-pariṇāhe, pañcāṅgulam | yatpañcāṅguladīrgh-
eṇa sūtreṇa veṣṭyate, tatpramāṇam̐ sthauyamityarthaḥ |
5 etat puṃsāmeva pañcāṅgulam̐ nāhe syāt | strīṇām̐ tu pa-
riṇāhe ṣaḍaṅgulam̐ yantrakam̐ syāt, svabhāvata eva tā-
sām̐ gudasya mahattvāt | vyādherdarśane dvicchhidram̐-
ubhayapārśvacchhidram̐ yantram | karmaṇi-śastrakṣārādyavacāraṇe,
ekacchhidram̐ yantram | asya yantrasya madhye tryaṅgu-
10 lam̐ chhidram | aṅguṣṭhamadhyatulyavistāram̐, tathā ta-
dūrdhvato+ardhāṅgulocchhritā uddṛttā karṇikā yasya ta-
devam | § 5432

1.25.42 Āyurvedarasāyana

arśoyantrākhyām̐ nāḍīmāha-arśasāmiti | caturaṅgulam̐ da-
irghye | pariṇāhe tu puṃsām̐ pañcāṅgulam̐, strīṇām̐ ṣaḍa-
ṅgulam | vyādherdarśane dvicchhidram, kṣārādiyojane tu
śeṣāṅgaparirakṣāyāmekacchhidram | dvicchhidrasya tu dv-
5 ayoh̐ pārśvayoścchhidram, ekacchhidrasyaikasmin pārśve |
tacca tryaṅguladairghyamaṅguṣṭhodaravistāram̐ madhye
kāryam | chidrādurdhvabhage mūle+ardhāṅgulocchrāyā
bahih̐kuñcitāgrā karṇikā kāryā | § 5433

1.25.43 Aṣṭāṅgahr̥dayasaṃhitā

śamyākhyam̐ tādr̥gacchhidram̐
yantramarsāḥprapīdanam | | 19 | | § 5434

1.25.44 Sarvāṅgasundarā

śamyākhyam̐-śamīsaṃjñam̐, tr̥tīyam̐ yantrakam̐ tādr̥g-gostanākāramityādilakṣaṇam̐
syāt | atra viśeṣamāha-acchhidramityādi | acchhidram̐-
chhidrarahitam, yantre chhidram̐ na vidheyamityarthaḥ |
idaṃ ca yantramarsāḥprapīdanam̐ syāt | § 5435

1.25.45 Āyurvedarasāyana

ṭṛtīyamarśaḥpīdanam śamyākhyam yantramāha-śamyākhyamiti |
tādṛk-gostanākārādilakṣaṇam | acchidram-pārśvacchidrarahitam |
§ 5436

1.25.46 Aṣṭāṅgahr̥dayasaṃhitā

sarvathā+apanayedoṣṭham chhidrādūrdhvam
bhagandare | | 19 | | § 5437

1.25.47 Sarvāṅgasundarā

sarvathā bhagandare-bhagandarayanre, oṣṭhamapanayet |
kutaḥ prabhṛti ? chhidrādūrdhvam,-upariṣṭādardhāṅgulamapakarṣayediti
karṇikā tu kāryaiva (?) | § 5438

1.25.48 Āyurvedarasāyana

bhagandarayantrākhyam nāḍīmāha-sarvatheti | arśoya-
ntramevāpanītauṣṭham bhagandarayantram | mukhacch-
idrasya pārśvabhāga oṣṭhaḥ | § 5439

1.25.49 Aṣṭāṅgahr̥dayasaṃhitā

ghrāṇārbudārśasāmekachhidrā
nāḍyaṅguladvayā | | 20 | |
pradeśinīparīṇāhā
syādbhagandarayantravat | | 20 | | § 5441

1.25.50 Sarvāṅgasundarā

ghrāṇārbude ghrāṇārśasi caikacchhidrā nāḍī dairghyeṇā-
ṅguladvayapramāṇā | tathā, pradeśinītulyaḥ parīṇāho ya-
syāḥ saivam | sā ca bhagandarayantratulyā syāt, apanītau-
ṣṭhetyarthaḥ | § 5442

1.25.51 Āyurvedarasāyana

ghrāṇārśorbudayantrākhyāṃ nāḍīmāha-ghrāṇārbudeti | § 5443

1.25.52 Sarvāṅgasundarā

aṅgulitrāṇakākhyāṃ yantram dantamayāṃ kāṣṭhamaya-
yāṃ vā caturaṅgulapramāṇamarśasāṃ yantrasadṛśaṃ dv-
icchhidraṃ gostanākṛti syāt | tacca vaktrasya vivṛtau-
prasāraṇe, sukham | yato vaktraprasāraṇe aṅgulerdante-
5 bhyo rakṣaṇādanvarthamaṅgulitrāṇakamiti nāma | § 5444

1.25.53 Aṣṭāṅgahr̥dayasaṃhitā

aṅgulitrāṇakam dāntaṃ vārkaṣaṃ vā
caturaṅgulam | | 21 | |
dvicchhidraṃ gostanākāraṃ tadvaktravivṛtau
sukham | | 21 | | § 5446

1.25.54 Āyurvedarasāyana

aṅgulitrāṇākhyāṃ nāḍīyantramāha-aṅgulitrāṇakamiti | vaktravivṛtau-
vaktravikāśanārthaṃ, praveśitāmaṅgulīm rakṣatītyaṅgul-
itrāṇakam | § 5447

1.25.55 Aṣṭāṅgahr̥dayasaṃhitā

yonivraṇekṣaṇaṃ madhye suṣiraṃ ṣoḍaśāṅgulam | | 22 | |
mudrābaddhaṃ
caturbhittamambhojamukulānanam | | 22 | |
catuḥśalākamākrāntaṃ mūle
tadvikasenmukhe | | 23 | | § 5450

1.25.56 Āyurvedarasāyana

yonivraṇekṣaṇākhyāṃ nāḍīmāha-yonivraṇekṣaṇamiti | caturbhittaṃ-
catuḥśakalam | § 5451

1.25.57 Sarvāṅgasundarā

yonivraṇamīkṣate+aneti tat yonivraṇekṣaṇaṃ yantra-
kam | madhye-madhyabhāge, suṣiram | tathā, dairdhyeṇa
ṣoḍaśāṅgulam | tathā mudrikayā-ūrmikayā+asañcāriṇyā,
baddham-yuktam | tathā, catvāro (ri) bhittāḥ(ttāni)-patrāṇi,
yasya taccaturbhittam | tathā, jalajamukulasadr̥śamukham | 5
tathā, catasraḥ śalākā yatra tat catuḥśalākam | tathā,
tat-yantraṃ, mūla ākrāntaṃ-mūlaśalākākramaṇāt mukhe
vikaset-prasaret | § 5452

1.25.58 Aṣṭāṅgahr̥dayasaṃhitā

yantra nāḍivraṇābhyaṅgaḥkṣālanāya ṣaḍaṅgule | | 23 | |
bastiyantrākṛtī mūle
mukhe+aṅguṣṭhakalāyakhe | | 24 | |
agrato+akarṇike mūle
nibaddhamṛducarmaṇī | | 24 | | § 5455

1.25.59 Aṣṭāṅgahr̥dayasaṃhitā

ā0 ra0-nāḍivraṇābhyaṅganāḍivraṇakṣālanākhyam
nāḍīdvayamāha-yantra iti |
mūle+aṅguṣṭhapraveśacchidre, agre
kalāyapraveśacchidre | agrato+akarṇike-agre
karṇikārahite | bastiyantrākṛtīni
nāḍīviśeṣaṇam, yantraviśeṣaṇatve tu
numprasaṅgaḥ | § 5456

1.25.60 Sarvāṅgasundarā

yantra dve ṣaḍaṅgule bhavataḥ | kimartham ? nāḍivraṇābhyaṅgaḥkṣālanāy
abhyaṅgaśca kṣālanam cābhyaṅgaḥkṣālane tadarthaṃ, upa-
yujyete | ākaraṇam-ākṛt, sampadāditvāt kvip | pūrvavihi-
tasya bastiyantrasyeva ākṛt-ākāro, yayoste bastiyantrākṛtī,-
vr̥tte gopucchhākāre | tathā, yathāsaṅkhyam mūle mukhe+aṅguṣṭhakalāy
mūle+aṅguṣṭhatulyacchidre, mukhe kalāyatulyacchhi-

5 dre | agrato+akarṇike- karṇikārahite, iti bastiyantrādviś-
eṣaḥ | mūle tu karṇike dve+api puṭakayojanārtham kā-
rya evetyagrahāṇam | mūle-mūladeśe, nibaddham- yo-
jitam, mṛdu carma-bastipuṭakākāram, yayoste nibaddha-
mṛducarmaṇī | § 5457

1.25.61 Aṣṭāṅgahr̥dayasaṃhitā

dvidārā nalikā picchhanalikā vodakodare | | 25 | | § 5458

1.25.62 Sarvāṅgasundarā

udakodare jalasrāvaṇārtham nalikā dvidvārā-ubhayamukhī,
syāt | athavā, picchhanalikā-mayūrapicchhajetyarthaḥ | § 5459

1.25.63 Āyurvedarasāyana

jalodarayantrākhyāṃ nāḍīmāha-dvidvāreti | nalikā-veṅvādināḍī |
picchhanalikā-pakṣipicchanāḍī | § 5460

1.25.64 Aṣṭāṅgahr̥dayasaṃhitā

dhūmabastyādiyantrāṇi nirdiṣṭāni
yathāyatham | | 25 | | § 5461

1.25.65 Sarvāṅgasundarā

dhūmādiyantrāṇi yathāsvaṃ dhūmapānādyadhyāyeṣūkt-
āni | § 5462

1.25.66 Āyurvedarasāyana

dhūmayantrādyā nāḍya uktā ityāha-dhūmabastyādīti |
§ 5463

1.25.67 Aṣṭāṅgahṛdayasaṃhitā

tryaṅgulāsyam bhavecchhr̥ṅgam
cūṣaṇe+aṣṭādaśāṅgulaṃ | |26| |
agre siddhārthakacchhidraṃ sunaddhaṃ
cūcukākṛti | |26| | § 5465

1.25.68 Sarvāṅgasundarā

śṛṅgam tryaṅgulamukhaṃ | duṣṭavātaviṣaraktāmbuduṣṭastanyādeścūṣaṇa
cūṣaṇanimittaṃ, aṣṭādaśāṅgulaṃ syāt | aṣṭādaśeti ""hya-
ṣṭana" ityādinā+a+akārādeśaḥ | tathā, agre-prānte, sarṣa-
papramāṇacchhidraṃ | yaḥ pradeśāścūṣaṇāya śarīre yojy-
ate tadagraṃ | tathā, suṣṭhu naddhaṃ-samyagbaddhaṃ | 5
cūcukasya-strīkucāgrasyeva, ākṛtiḥ-ākāro, yasya tadevaṃ |
§ 5466

1.25.69 Āyurvedarasāyana

śṛṅgam tryaṅgulamukhaṃ | duṣṭavātaviṣaraktāmbuduṣṭastanyādeścūṣaṇa
cūṣaṇanimittaṃ, aṣṭādaśāṅgulaṃ-aṣṭāṅgulaṃ daśāṅgu-
laṃ vā | saṅgrahe tu dvādaśāṅgulamapyuktam (sū.a.34)-
"śṛṅgam tu hṛasvamadhyadīrghamaṣṭādaśadvādaśāṅgul-
āyatam" iti | § 5467 5

1.25.70 Aṣṭāṅgahṛdayasaṃhitā

syādvādaśāṅgulo+alāburnāhe tvaṣṭādaśāṅgulaḥ | |27| |
catuṣṭryaṅgulavṛttāsyō dīpto+antaḥ
śleṣmaraktahṛt | |27| | § 5469

1.25.71 Sarvāṅgasundarā

alābuḥ-tumbaḥ, dvādaśāṅgulo dairghyeṇa syāt | pariṅ-
āhe+aṣṭādaśāṅgulaḥ | catvāri vā trīṇi vā+aṅgulāni yasya
taccatuṣṭryaṅgulaṃ, tattādṛśaṃ vṛtaṃ-vartulaṃ, āsyaṃ-
mukhaṃ, yasya sa evam | tathā, antaḥ-madhye, dīpto-

jvalitaḥ, picurbhūrjādi garbha ityarthah | sa īdr̥śo duṣṭak-
apharaktaharaḥ syāt | § 5470

1.25.72 Āyurvedarasāyana

tumbākhyāṃ nāḍīmāha-syādvādaśeti | caturaṅgulāsyā-
stryaṅgulāsyo vā | antardīptaḥ-pradīptatṛṇasṛṣṭapicunā |
§ 5471

1.25.73 Aṣṭāṅgahr̥dayasaṃhitā

tadvadghaṭī hitā gulmavilayonnamane ca sā | | 28 | | § 5472

1.25.74 Sarvāṅgasundarā

tadvat-tenālābunā tulyadairghyānāhādih, tulyakāryākārā
ca, ghaṭī syāt | sā ca gulmasya vilaya unnamane ca hitā, na
kevalaṃ kapharaktahṛditi cārthaḥ | § 5473

1.25.75 Āyurvedarasāyana

ghatikākhyāṃ nāḍīmāha-tadva-ṭīti | tadvat-alābusadr̥śī |
gulmavilayane gulmonnamane ca | cakārāt śleṣmaraktāv-
acūṣaṇe ca | § 5474

1.25.76 Aṣṭāṅgahr̥dayasaṃhitā

śalākākhyāni yantrāṇi nānākarmākṛtīni ca | | 28 | |
yathāyogapramāṇāni-----
| | 29 | | § 5476

1.25.77 Sarvāṅgasundarā

śalākāsaṃjñāni yantrāṇi vividhakarmāṇi vividhākārāṇi
yathāyogapramāṇāni syuḥ | § 5477

1.25.78 Āyurvedarasāyana

śalākāyantrāṅyāha-śalākākhyānīti | § 5478

1.25.79 Aṣṭāṅghṛdayasaṃhitā

-----teṣāmeṣaṅakarmanī | | 29 | |
ubhe gaṇḍūpadamukhe-----
| | 29 | | § 5480

1.25.80 Sarvāṅgasundarā

teṣāṃ madhya ubhe gaṇḍūpadatulyāsyā eṣaṅakarmanī |
§ 5481

1.25.81 Āyurvedarasāyana

eṣiṅyau śalāke āha-teṣāmīti | eṣaṅaṃ avalokanam | § 5482

1.25.82 Aṣṭāṅghṛdayasaṃhitā

-----srotobhyaḥ śalyahāriṇī | | 29 | |
masūradalavaktre dve
syātāmaṣṭānavāṅgule | | 30 | | § 5484

1.25.83 Sarvāṅgasundarā

tathā srotobhyaḥ śalyahāriṇī śalākāyantre bhavataḥ | ki-
mbhūte ? masūretyādi | masūradalamiva vaktraṃ yayoste,
masūradalamukhe dve śalāke+aṣṭāṅgule navāṅgule vā sy-
ātām | § 5485

1.25.84 Āyurvedarasāyana

śalyahāriṅyau śalāke āha-srotobhya itī | § 5486

1.25.85 Āyurvedarasāyana

śaṅkavākyāḥ śalākā gaṇayati-śaṅkava iti | § 5487

1.25.86 Aṣṭāṅgahr̥dayasaṃhitā

śaṅkavaḥ ṣaṭ----- | | 30 | | § 5488

1.25.87 Sarvāṅgasundarā

śaṅkavaḥ ṣaṭ syuḥ | § 5489

1.25.88 Aṣṭāṅgahr̥dayasaṃhitā

-----ubhau teṣāṃ ṣoḍaśadvādaśāṅgulau | | 30 | |
vyūhane+ahiphāṇāvakrau-----
- | | 31 | | § 5491

1.25.89 Sarvāṅgasundarā

teṣāṃ madhye dvau ṣoḍaśāṅguladvādaśāṅgulau bha-
vataḥ | vyūhane-nyūhanakarmani, sarpaphaṇāmukhau |
§ 5492

1.25.90 Sarvāṅgasundarā

vyūhanau śaṅkū āha-ubhāviti | vyūhanaṃ-prasṛtamāṃsādīnām
yathāsthānaṃ vinyāsaḥ | § 5493

1.25.91 Aṣṭāṅgahr̥dayasaṃhitā

-----dvau daśadvādaśāṅgulau | | 31 | |
cālāne śarapūṅkhāsyau-----
| | 31 | | § 5495

1.25.92 Sarvāṅgasundarā

dvau śaṅkū daśāṅguladvādaśāṅgulau bhavataḥ | cālāne
kāṇḍavāja iva mukhaṃ yayostau śarapuṅkhāsyau bhava-
taḥ | § 5496

1.25.93 Āyurvedarasāyana

cālanau śaṅkū āha-dvāviti | śarapuṅkaṃ-śarakartarī | § 5497

1.25.94 Aṣṭāṅgahr̥dayasaṃhitā

-----āhārye baḍiśākṛtī | | 31 | | § 5498

1.25.95 Sarvāṅgasundarā

āhārye-ākarṣaṇe, baḍiśākārau | ṣaṣṣaṅhkūnākhyāya garbhaśaṅkumāha-
§ 5499

1.25.96 Āyurvedarasāyana

āharaṇau śaṅkū āha-āhārye baḍiśākṛtīti | baḍiśaṃ-matsyavedhanam |
§ 5500

1.25.97 Aṣṭāṅgahr̥dayasaṃhitā

nato+agre śaṅkunā tulyo garbhaśaṅkuriti smṛtaḥ | | 32 | |
āṣṭāṅgulāyatastena mūḍhagarbhaṃ haret
striyāḥ | | 32 | | § 5502

1.25.98 Sarvāṅgasundarā

nato+agre-agrabhāge, tathā śaṅkunā samaḥ-kīlakākāraḥ,
aṣṭāṅguladīrghaḥ sa garbhaśaṅkuriti smṛtaḥ, 'munibhiḥ'
iti śeṣaḥ | tena-garbhaśaṅkunā, mūḍhagarbha-aniḥsarantaṃ,
haret | § 5503

1.25.99 Āyurvedarasāyana

saptamaṃ garbhaśaṅkumāha-nato+agra iti | nato-vakraḥ |
śaṅkunā tulyaḥ-kīlakākāraḥ | § 5504

1.25.100 Aṣṭāṅgahr̥dayasam̐hitā

aśmaryāharaṇaṃ
sarpaphaṇāvadvaktramagrataḥ | | 33 | | § 5505

1.25.101 Sarvāṅgasundarā

aśmaryākaraṇe sarpaphaṇāvadagre vaktraṃ syāt | sarp-
aphaṇākhyameva caitadyantram | § 5506

1.25.102 Āyurvedarasāyana

aśmaryāharaṇaṃ śalākāyantramāha-aśmaryāharaṇamiti |
§ 5507

1.25.103 Aṣṭāṅgahr̥dayasam̐hitā

śarapuṅkhamukhaṃ dantapātaṇaṃ
caturaṅgulaṃ | | 33 | |
kārpāsavihiṭoṣṇīśāḥ śalākāḥ ṣaṭ
pramārjane | | 34 | | § 5509

1.25.104 Sarvāṅgasundarā

śarapuṅkhamukhākhyam̐ yantraṃ caturaṅgulaṃ dantap-
ātaṇaṃ syāt | anena hi dantāścalantaḥ pātyante kṛmyādi-
bhakṣitā vā | sam̐-pramārjane-kṣālāne kṣārakledādeḥ, ṣaṭ
śalākāḥ syuḥ | kimbhūtāḥ ? kārpāsena vihitamuṣṇīśam̐-
5 śiroveṣṭanamiva, yāsām̐ tāstathoktāḥ | § 5510

1.25.105 Āyurvedarasāyana

dantapātanam śalākāyantramāha-śarapuñkhamukhamiti |
ā raṃ-pramārjanīḥ śalākā gaṇayati-kārpāsavihitoṣṇīṣā iti |
uṣṇīṣam-śiroveṣṭanam | § 5511

1.25.106 Aṣṭāṅgahr̥dayasaṃhitā

pāyāvāsannadūrārthe dve daśadvādaśāṅgule | | 34 | | § 5512

1.25.107 Sarvāṅgasundarā

pāyāvāsannadūrārthe daśadvādaśāṅgule dve bhavataḥ |
āsannārthe daśāṅgulā, dūrārthe dvādaśāṅguletyarthaḥ |
§ 5513

1.25.108 Āyurvedarasāyana

pāyupramārjanyau śalāke āha-pāyāviti | § 5514

1.25.109 Aṣṭāṅgahr̥dayasaṃhitā

dve ṣaṭsaptaṅgule ghrāṇe, dve
karṇe+aṣṭanavāṅgule | | 35 | | § 5515

1.25.110 Sarvāṅgasundarā

ghrāṇe ṣaṭsaptaṅgule dve bhavataḥ | 'āsannadūrārthe' ity-
atrāpyanuvartate | tathaiva karṇe+aṣṭanavāṅgule bhava-
taḥ | § 5516

1.25.111 Āyurvedarasāyana

ghrāṇapramārjanyau śalāke āha-dve ṣaḍiti | karṇapramā-
rjanyau śalāke āha-dve karṇa iti | § 5517

1.25.112 Aṣṭāṅgahr̥dayasaṃhitā

karṇaśodhanamaśvatthapatraprāntaṃ
sruvānanam | | 35 | | § 5518

1.25.113 Āyurvedarasāyana

karṇaśodhanaṃ śalākāyantramāha-karṇaśodhanamiti | dr-
avasya malasyāpanayanaṃ-mārjanam, kaṭhinasya-śodhanam |
§ 5519

1.25.114 Sarvāṅgasundarā

karṇaśodhanākhyam yantram | aśvatthapatrasyeva prānto
yasya tattathā | tathā, sruvasyevānanam yasya tadevam |
§ 5520

1.25.115 Aṣṭāṅgahr̥dayasaṃhitā

śalākājāmbavauṣṭhānāṃ kṣāre+agnau ca pṛthak
trayam | | 36 | |
yuñjyāt sthūlāṇudīrghāṇāṃ-----
----- | | 36 | | § 5522

1.25.116 Sarvāṅgasundarā

śalākāśca jāmbavauṣṭhāni ca teṣāṃ pṛthak trayam kṣāre
kṣārapātane, [āgnau-] āgnidāhakarāṇe ca yuñjyāt | kimbh-
ūtānāṃ śalākājāmbavauṣṭhānāṃ ? sthūlāṇudīrghāṇāṃ,-
sthūlāścāṇavaśca dīrghāśca, teṣāṃ | tatra śalākāstistro jā-
5 mbavauṣṭhāni ca trīṇi, kṣāre tathā dāhane, evaṃ dvādaśa-
itāni śalākākhyāni yantrāṇīti | § 5523

1.25.117 Āyurvedarasāyana

kṣārāgniprayogārtham tisraḥ śalākāstrīṇi ca jāmbavauṣṭhānyāha-
śalākājāmbavauṣṭhānāmiti | sthūlam ca sthūlam ca aṇuśca

aṇu ca dīrghā ca dīrghaṃ ca tāni sthūlāṇudīrghāṇītyeka-
śeṣeṇa nirdeśaḥ | aṇu-sūkṣmaṃ hrasvaṃ ca | tena sthūl-
adīrghaṃ sūkṣmahrasvaṃ madhyaṃ ceti trividhaṃ śalāk-
āyantraṃ jāmbavauṣṭhaṃ ca | jambūphalavadoṣṭho yasya 5
tajjāmbavauṣṭham, śalākāviśeṣa eva | saṅgrahe+apyuktam
(sū.a. 34)-"kṣārāgnikarmārthaṃ jāmbavauṣṭhāni dvādaś-
adaśāṣṭāṅgulāni kramāt vdyaṅgulāṅgulārddhāṅgulaphal-
āni | śalākāśca sthūlasūkṣmadīrghahrasvamadhyāḥ | " iti |
§ 5524

1.25.118 Āyurvedarasāyana

antravṛddhau dāhārthaṃ śalākāmāha-śalākāmiti | mūle-
grahaṇasthāne | madhyordhvavṛttadaṇḍāṃ-ardhacandrākṛtiṃ
śalākāṃ vidhāya tanmadhye ūrdhvo vṛtto daṇḍaḥ kāryaḥ |
§ 5525

1.25.119 Aṣṭāṅgahr̥dayasaṃhitā

-----śalākāmantravardhmani | | 36 | |
madhyordhvavṛttadaṇḍāṃ ca mūle
cārdhendusannibhām | | 37 | | § 5527

1.25.120 Sarvāṅgasundarā

antravardhmani-antravṛddhau, śalākāṃ yuñjyāt | kīdr̥śīm
? madhyādūrdhvaṃ vṛtto daṇḍo yasyāstām | tathā, mūle-
mūlabhāge, ardhendusannibhām-ardhacandrākārām | § 5528

1.25.121 Aṣṭāṅgahr̥dayasaṃhitā

kolāsthidalatulyāsyā nāsār̥sorbudadāhakṛt | | 37 | | § 5529

1.25.122 Sarvāṅgasundarā

badarāsthikhaṇḍasamaṃ mukhaṃ yasyāḥ sā kolāsthidal-
atulyāsyā | sā nāsārśaḥsu nāsārbudeṣu ca dāhaṃ karoti |
§ 5530

1.25.123 Sarvāṅgasundarā

nāsārśorbudadāhārthaṃ śalākāmāha-kolāsthidaleti | § 5531

1.25.124 Aṣṭāṅgahr̥dayasaṃhitā

aṣṭāṅgulā nimnamukhāstisraḥ kṣārauṣadhakrame | | 38 | |
kanīnīmadyamānāmīnakhamānasamairmukhaiḥ | | 38 | | § 5533

1.25.125 Sarvāṅgasundarā

kṣārauṣadhakrame tisraḥ śalākā nimnamukhā aṣṭāṅgulāḥ
syuḥ | kīdrśyaḥ ? kanīnī ca madhyamā cānāmī ca, tāsāṃ
nakhāḥ, teṣāṃ mānaṃ-pramāṇaṃ, tena samaiḥ-tulyaiḥ,
mukhairupalakṣitāḥ syuḥ | § 5534

1.25.126 Āyurvedarasāyana

darvyākhyāstisraḥ śalākā āha-aṣṭāṅgulā iti | § 5535

1.25.127 Aṣṭāṅgahr̥dayasaṃhitā

svaṃsvamuktāni yantrāṇi
medhraśuddhyañjanādiṣu | | 39 | | § 5536

1.25.128 Āyurvedarasāyana

medhraśodhanādyāḥ śalākāstatra tatroktā ityāhasvaṃsva-
muktānīti | § 5537

1.25.129 Sarvāṅgasundarā

meḍhrādiṣu viṣayeṣu-uttarabastyādiṣu, svamṣvam-yathāsvam,
yantrāṇi gaditāni | ādiśabdena nāvanādiparigrahaḥ | § 5538

1.25.130 Aṣṭāṅgahr̥dayasaṃhitā

anuyantrāṅyayaskāntarajjuvastrāśmamudgarāḥ | | 39 | |
vadhrāntrajihvābālāśca
śākhānakhamukhadvijāḥ | | 40 | |
kālaḥ pākaḥ karaḥ pādo bhayaṃ harṣaśca,
tatkriyāḥ | | 40 | |
upāyavitpravibhajedālocya nipuṇaṃ
dhiyā | | 40.5 | | § 5542

1.25.131 Sarvāṅgasundarā

ayaskāntādīnyaṅuyantrāṇi, svalpayantrakāryakaraṇāt | te-
ṣāṃ kriyāstatkriyāḥ-nirghātanādikāḥ, buddhyā nipuṇam-
ālocya pravibhajet,-nirghātanādikarmāṇi pravibhajya yu-
ñjyādityarthaḥ | § 5543

1.25.132 Āyurvedarasāyana

anuyantrāṅyāha-anuyantrāṅīti | ayaskāntādīnyekonaviṃś-
atiranuyantrāṅīti | saṅgrāhe tu (sū.a. 34)-"etāni dehe sarv-
asmin dehasyāvayave+api vā | sandhau koṣṭhe dhama-
nyāṃ ca yathāyogaṃ prayojayet | |" iti | anuyantrakarm-
āṇi svayamūhyānītyata āha tatkriyā iti | § 5544

5

1.25.133 Aṣṭāṅgahr̥dayasaṃhitā

saṃvyūhanāharaṇabandhanapīḍanāni | | 41.5 | |
ācūṣaṇonnamananāmanacālabhaṅga-
vyāvartanarjukaraṇāni ca
yantrakarma | | 41.5 | | § 5546

1.25.134 Sarvāṅgasundarā

nirghātanādi yantrasya karma | nirghātanam-tāḍanam pa-
ripātanam, unmathanam-āloḍanam unmūlanam, evama-
nyadapi cintyam | caḥ samuccaye, tena prakṣālanādīni sa-
muccīyante | § 5547

1.25.135 Aṣṭāṅgahr̥dayasaṃhitā

ā0 ra0-yantrakarmāṅyāha-nirghātaneti | saṅgrahe tu (sū.a.
34)-"vivarāṇavikarṣaṇavyathanaiṣaṇadāraṇa-
prakṣālanapradhamanāñjanapramārjanāni"
iti navādhikānīti caturviṃśatiḥ | § 5548

1.25.136 Aṣṭāṅgahr̥dayasaṃhitā

vivartate sādhvavagāhate ca grāhyam gṛhītvoddharate ca
yasmāt | | 25 | |
yantreṣvataḥ kaṅkamukham pradhānam
sthāneṣu sarveṣvadhikāri yacca | | 25 | |
42 1/2 | | 25 | |
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyām
sūtrasthāne yantravidhīrṇāma
pañcaviṃśatitamo+adhyāyaḥ | | 25 | | § 5552

1.25.137 Āyurvedarasāyana

yantreṣu kaṅkamukhasya prādhānyamāha-vivartata iti |
saṅgrahe tu (sū.a.34)-"hrasvadīrghasthūlatanuvakraviṣa-
magrāhyagrāhīśīthilatetyaṣṭau yantradoṣāḥ |" iti | iti hem-
ādritīkāyāmāyurvedarasāyane | yantrakarmaprakaraṇam
5 sāmastyena nirūpitam | | 25 | | § 5553

1.25.138 Sarvāṅgasundarā

vivartanādibhiścaturbhiḥ kāraṇairyantreṣu madhye kaṅk-
amukhaṃ śreṣṭhamiti | yasmācca sarveṣu pradeśeṣvadhikāri-
adhikriyate iti | vasantatilakopajātī vṛtte | iti śrīmṛgāṅka-
dattaputraśrīmadaruṇadattaviracitāyāmaṣṭāṅgahṛdayaṭīkā-
yāṃ sarvāṅgasundarākhyāyāṃ sūtrasthāne yantravidhi- 5
rnāma pañcaviṃśo+adhyāyaḥ samāptaḥ | | 25 | | § 5554

1.26 śastravidhiradhyāyaḥ : 26

1.26.1 Aṣṭāṅgahṛdayasaṃhitā

athātaḥ śastravidhimadhyāyaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 5556

1.26.2 Sarvāṅgasundarā

śastrasya vidhiḥ śastravidhiḥ | śeṣaṃ pūrvavat | § 5557

1.26.3 Āyurvedarasāyana

śastravidhimadhyāyaṃ vyākhyātum pratijānīte-atheti | § 5558

1.26.4 Aṣṭāṅgahṛdayasaṃhitā

śaḍviṃśatiḥ sukarmārairghaṭitāni yathāvidhi | | 1 | |
śastrāṇi romavāhīni bāhulyenāṅgulāni ṣaṭ | | 1 | |
surūpāṇi sudhārāṇi sugrahāṇi ca kārayet | | 2 | |
akarālāni sudhmātasutīkṣṇāvartite+ayasi | | 2 | |
samāhitamukhāgrāṇi nīlambhojacchavīni 5
ca | | 3 | |
nāmānugatarūpāṇi sadā sannihitāni ca | | 3 | |
svonmanārdhacaturthaamśaphalānyekaikaśo+api
ca | | 4 | |

- prāyo dvitṛāṇi, yuñjīta tāni
 sthānaviśeṣataḥ | | 4 | |
 (maṇḍalāgram vṛddhipatramutpalādhyarddha-
 dhārake | | 1 | |
 sarpaiṣaṇyau vetasākhyam
 śarāryāsyatrikūrcake | | 1 | |
 kuśāsyam sātavadanamantarvagrārdhacandrake
 (kam) | | 2 | |
 5 vrīhimukham kuṭhārī ca
 śalākāṅguliśastrake | | 2 | |
 baḍiśam karapatrākhyam kartarī
 nakhaśastrakam | | 3 | |
 dantalekhanakam sūcyah kūrco nāma
 khrajāhvayam | | 3 | |
 ārā caturvidhākārā tathā
 syātkaṛṇavedhanī(nam) | | 3.5 | | § 5573

1.26.5 Sarvāṅgasundarā

- bāhulyena śastrāṇi ṣaḍaṅgulāni bhavanti | tathā ṣaḍviṃś-
 atisaṅkhyāni, tathā sukarmāraiḥ-karmakuśalairnaraiḥ, ya-
 thāvidhi ((ghaṭitāni))-samyannīṣpādītāni, tathā romavāhīni-
 lomaśātanāsamarthāni, tathā surūpāṇi-śobhanākārāṇi, ta-
 5 thā sudhārāṇi-śobhanadhārāṇi, tathā sukhena gṛhyante-
 sugrahāṇi ca, kārayet | kva ? ayasi | kīdrśe ? suṣṭhu
 dhmātam sudhmātam, tathā sutikṣṇam svāvartitam ca
 yadayaḥ-śastram, tasmin | kīdrśāni śastrāṇi ? akarālāni-
 sudarśanāni | tathā, samāhitam-suṣṭhukṛtam, mukhāgram-
 10 phalam, yeṣām tāni samāhitamukhāgrāṇi | tathā, nīlotp-
 aladyutīni | tathā, nāmnā+anugatam rūpam yeṣām tāni-
 anvarthanāmānītyarthaḥ | tathā, sarvakālam sannihitāni-
 samīpasthāni | tathā, svam ca tadunmānam ca svonmānam-
 ātmīyam pramānam, tasmātsakāśādardham, tasya caturthāṃśaḥ-
 15 aṣṭabhāgaḥ, phalam yeṣām tānyevam | api ceti samucc-
 aye | evamvidhāni śastrāṇyekaikaśaḥ sthānaviśeṣāt dvitṛ-
 āṇi prayuñjīta | ekaikaśa itī "ekam bahuvrīhivat " itī dvitv-
 asublopau, tataḥ śaspratyayaḥ | § 5574

1.26.6 Āyurvedarasāyana

śastrāṇāṃ sāmānyalakṣaṇamāha-ṣaḍviṃśatiriti | sukarmāraiḥ-
uttamalohakāraiḥ | romavāhīni-romacchedīni | akarālāni-
ārjavavanti | ayasi-lohe ghaṭitāni, tṛtīyārthe saptamī | samāhitam-
samyagghāṭitam, mukhāgraṃ-phalaṃ, yeṣāṃ tāni | svonmānasya-
aṅgulaṣaṭkasya, ardhacaturthāṃśaḥ-adhyuṣṭo bhāgaḥ,- sa- 5
ptamāṃśadvayasahitam yavadaśakam, tatparimāṇam ph-
alaṃ yeṣāṃ tāni | ekaikaśo dvitrāṇi-pratyekaṃ dve trīṇi
vā, kārayet | ṣaḍviṃśaterupayogamāha-yuñjītetī | § 5575

1.26.7 Aṣṭāṅgahrdayasaṃhitā

maṇḍalāgraṃ phale teṣāṃ tarjanyantarnakhākṛti | | 5 | |
lekhane chedane yojyam
pothakīśuṇḍikādiṣu | | 5 | | § 5577

1.26.8 Sarvāṅgasundarā

teṣāṃ śastrāṇāṃ madhye maṇḍalāgraṃ nāma śastram |
kīdrk ? phaloddeśe tarjanyā antarnakhastarjanyantarna-
khaḥ tasyevākṛtiryasya tadevam | kvaitadyojyam ? ityāha-
lekhane chedane ca pothakyādiṣu yojyam | ādiśabdena va-
rtmarogādayo gṛhyante | § 5578

5

1.26.9 Āyurvedarasāyana

maṇḍalāgraṃ śastramāha-maṇḍalāgramiti | śuṇḍikā-galaśuṇḍikā |
§ 5579

1.26.10 Aṣṭāṅgahrdayasaṃhitā

vṛddhipatram kṣurākāram chedabhedanapātane | | 6 | |
rjvagramunnate śophe gambhīre ca
tadanyathā | | 6 | |
natāgraṃ pṛṣṭhato dīrghahasvavaktram
yathāśrayam | | 7 | | § 5582

1.26.11 Sarvāṅgasundarā

vṛddhipatram nāma śastraṃ kṣurākāram syāt | tacca che-
danādiṣu yojoyamiti prakṛtam | phalaparimāṇam tūktam-
eva | kīdr̥k ? ṛju-spaṣṭamagram yasya tadṛjvagram, tadun-
nate śophe syāt | gambhīre tu śophe tat-vṛddhipatramanyathā |
5 kathamanyathā ? ityāha-natetyādi | pṛṣṭhataḥ-pṛṣṭhadeśe,
natamagram yasya tannatāgram bhavatīti | § 5583

1.26.12 Āyurvedarasāyana

vṛddhipatramāha-vṛddhipatramiti | unnate gambhīre ca
śophe ṛjvagram | anyathābhūte śophe pṛṣṭhato natāgram |
sthānavaśena dīrghamukhaṃ hrasvamukhaṃ ca | § 5584

1.26.13 Sarvāṅgasundarā

utpalapatramadhyarddhadhāram ceti śastradvayamāha-
utpaleti | ete svanāmānugatarūpe | § 5585

1.26.14 Aṣṭāṅgahr̥dayasaṃhitā

utpalādhyardhadhārākhye bhedane chedane
tathā | | 7 | | § 5586

1.26.15 Sarvāṅgasundarā

((yathāyatham-yathāsvaṃ, dīrghavaktraṃ hrasvavaktraṃ
ca yuñjyāt |)) utpalaṃ cādhyardhadhāram ca, te ākhye ya-
yosta utpalādhyardhadhārākhye śastre yathākramaṃ dī-
rghahrasvavaktre bhavathaḥ | utpalapatram dīrghamukh-
5 amadhyardhadhāram tu hrasvavaktramityarthaḥ | te bhe-
dane chedane ca yojoye | tatheti samuccaye, pāṭane ca yojoya
ityarthaḥ | § 5587

1.26.16 Aṣṭāṅgahr̥dayasaṃhitā

sarpāsyam ghrāṇakarnārśaśchedane+ardhāṅgulaṃ
phale | | 8 | | § 5588

1.26.17 Sarvāṅgasundarā

sarpavaktraṃ nāma śastraṃ nāmānugatākāraṃ ghrāṇ-
ārśaśchedane karnārśaśchedane ca yojyam | tacca ph-
ale+ardhāṅgulaṃ bhavati | § 5589

1.26.18 Āyurvedarasāyana

sarpavaktramāha-sarpāsyamiti | § 5590

1.26.19 Aṣṭāṅgahr̥dayasaṃhitā

gateranveṣaṇe ślakṣṇā gaṇḍūpadamukhaiṣaṇī | | 8 | |
bhedanārthe+aparā sūcīmukhā
mūlaniviṣṭakhā | | 9 | | § 5592

1.26.20 Sarvāṅgasundarā

eṣaṇī nāma śastram gateravraṇānāmanveṣaṇe yojyam | kīd-
rśī ? ślakṣṇā-komalasparśā | tathā, gaṇḍūpadamukhamiva
mukhaṃ yasyāḥ sā gaṇḍūpadamukhā | dvitīyāmeṣaṇīmāha-
sa0-aparaiṣaṇī bhedanārthe sūcīmukhā syāt | tathā, mūle
niviṣṭam-kṛtam, kham-chidraṃ, yasyāḥ sā mūlaniviṣṭa- 5
khā | § 5593

1.26.21 Āyurvedarasāyana

anveṣaṇārthameṣaṇīmāha-gateriti | gateḥ-nāḍīvraṇasya |
ā0 ra0-bhedanārthameṣaṇīmāha-bhedanārtha iti | bhedan-
atvaṃ kṣārāktasūtrapraveśanena | § 5594

1.26.22 Aṣṭāᅅgahṛdayasaᅅhitā

vetasaᅅ vyaghane----- | | 9 | | § 5595

1.26.23 Sarvāᅅgasundarā

vetasaᅅ- vetasapatrākāraᅅ ᅅastram, ᅅaᅅaᅅgulaᅅ pūrvokt-
aphalam | tacca vyadhane yoᅅyam | § 5596

1.26.24 Āyurvedarasāyana

vetasaᅅastramāha-vetasamīti | § 5597

1.26.25 Aṣṭāᅅgahṛdayasaᅅhitā

-----srāvye
ᅅarāryāsyatrikūrcake | | 9 | | § 5598

1.26.26 Sarvāᅅgasundarā

ᅅarāriᅅ-āᅅhyākhyah pakᅅiviᅅeᅅah | ᅅarāryāsyam nāma ᅅa-
stram trikūrcake ca srāvye yoᅅyam | § 5599

1.26.27 Āyurvedarasāyana

ᅅarārimukham trikūrcaᅅ ceti ᅅastradvayamāhasrāvya
īti | srāvye-pracchānena raktasrutau | bhāve kṛtyapratya-
yah | ᅅarāriᅅ-pakᅅiviᅅeᅅah | § 5600

1.26.28 Aṣṭāᅅgahṛdayasaᅅhitā

kuᅅāᅅavadane srāvye hyaᅅgulaᅅ syāᅅtayoh
phalam | | 10 | | § 5601

1.26.29 Sarvāṅgasundarā

kuśāṭā nāma śastram vadane srāvye yojyam | tayoh-
śarārikuśāṭayoh, phalam dvyaṅgulapramāṇam syāt | § 5602

1.26.30 Sarvāṅgasundarā

kuśapatramāṭāmukham ceti śastradvayamāha-kuśāṭeti |
āṭā-pakṣiviśeṣaḥ | § 5603

1.26.31 Āyurvedarasāyana

antarmukhamāha-tadvaditi | tadvat-srāvye | § 5604

1.26.32 Aṣṭāṅgahr̥dayasaṃhitā

tadvadantarmukham tasya
phalamadhyardhamaṅgulam | | 10 | |
ardhacandrānaṇam
caitat----- | | 11 | | § 5606

1.26.33 Sarvāṅgasundarā

antarmukham nāma śastram tadvat-kuśāṭātulyam | tasya-
antarmukhasya, phalam sārđhamaṅgulam syāt | tathā-
kuśāṭātulyametadapi, ardhacandrāsyaṣaṃjñam śastram |
caḥ samuccaye bhinnakrame | § 5607

1.26.34 Āyurvedarasāyana

vṛihimukhamāha-tatheti | § 5608

1.26.35 Aṣṭāṅgahr̥dayasaṃhitā

-----tathādhyardhāṅgulam phale | | 11 | |
vṛihivaktram prayojyam ca
tacchirodarayorvyadhe | | 11 | | § 5610

1.26.36 Sarvāṅgasundarā

vṛihivaktramapyadhyardhāṅgulaṃ phale syāt | tacca śirā-
vyadha udaravyadhe ca yojyam | § 5611

1.26.37 Aṣṭāṅgahr̥dayasaṃhitā

pr̥thuḥ kuṭhārī godantasadr̥śārdhāṅgulānanā | | 12 | |
tayordhvadaṇḍayā vidhyeduparyasthāṃ
sthitāṃ śirām | | 12 | | § 5613

1.26.38 Sarvāṅgasundarā

kuṭhārī nāma śastraṃ pr̥thuḥ-vistīrṇasaṃsthānadaṇḍā |
tathā, godantasadr̥śamardhāṅgulamānanam̐ yasyāḥ sai-
vam | tayā-kuṭhārikayā, ūrdhvadaṇḍayā satyā śirāmasthn-
āmupari sthitāṃ vidhyet | § 5614

1.26.39 Āyurvedarasāyana

kuṭhārīmāha-pr̥thuriti | kuṭhāryāḥ kāryamāha-tayeti | § 5615

1.26.40 Aṣṭāṅgahr̥dayasaṃhitā

tāmṛī śalākā dvimukhī mukhe kurubakākṛtiḥ | | 13 | |
liṅganāśaṃ tayā
vidhyet----- | | 13 | | § 5617

1.26.41 Sarvāṅgasundarā

tāmramayī śalākā dvimukhī syāt | sā ca mukhe kurubakākṛtiḥ-
raktasahacarapuṣpamukulākārā syāt | tayā śalākayā, liṅganāśaṃ-
kaphothhapaṭalasaṃjñam̐, vidhyet | § 5618

1.26.42 Aṣṭāṅgahr̥dayasaṃhitā

ā0 raṃ0-śalākāmāha-tāmṛiti |
kurubakaṃ-kuraṇṭakamukulam | § 5619

1.26.43 Aṣṭāṅgahr̥dayasaṃhitā

-----kuryādaṅguliśastrakam | | 13 | |
mudrikānirgatamukhaṃ phale
tvardhāṅgulāyatam | | 14 | |
yogato vṛddhipatreṇa maṇḍalāgreṇa vā
samam | | 14 | |
tatpradeśinyagraparvapramāṇārpaṇamudrikam | | 15 | |
sūtrabaddhaṃ 5
galasrotorogacchedanabhedane | | 15 | | § 5624

1.26.44 Sarvāṅgasundarā

aṅguliśastrakam kuryāt | kīḍṛsam ? mudrikayā-ūrmikayā,
nirgataṃ-niṣkrāntaṃ, mukhaṃ yasya tanmudrikānirgat-
amukham | phale tu-tasminmukhe, ardhāṅguladīrgham |
yogataḥ-saṃsthānena, vṛddhipatreṇa maṇḍalāgreṇa vā
tulyam | kiyatpramāṇā+asya mudrikā kāryā ? ityāha- 5
tatpradeśinyagretyādi | tasya-vaidyasya, yā pradeśinī ta-
syā yadagraparva tasya yatpramāṇaṃ tenārpyata iti
tatpradeśinyagraparvapramāṇārpaṇī-bhiṣaktarjanyagraparvapra-
vedesāgra-
mudrikā yasmin tat tatpradeśinyagraparvapramāṇārpaṇ- 10
amudrikam | tathā, sūtreṇa baddhaṃ-sūtrabaddham, sū-
treṇa baddhvā maṇibandhe yojoyamityarthaḥ | galasrotor-
ogāṇāṃ chedane bhedane ca tadyojyam | § 5625

1.26.45 Sarvāṅgasundarā

aṅguliśastrakamāha-kuryāditi | mudrikānirgatamukhaṃ-
kaṇṭhasthamudrikam | yogataḥ-sthānarogayogyatānusāreṇa
vikalpya | § 5626

1.26.46 Aṣṭāṅgahr̥dayasaṃhitā

grahaṇe śuṇḍikārmāderbaḍīsaṃ
sunatānanam | | 16 | | § 5627

1.26.47 Sarvāṅgasundarā

baḍīsaṃ nāma śastraṃ śuṇḍikārmādergrahaṇe yojyam |
ādiśabdena pratijihvikādergrahaṇam | kīdr̥saṃ tat ? sunataṃ-
aṅkuśavadānataṃ, ānanam-mukham, yasya tadevam |
§ 5628

1.26.48 Āyurvedarasāyana

baḍīsamāha-grahaṇa iti | § 5629

1.26.49 Aṣṭāṅgahr̥dayasaṃhitā

chede+asthnām karapatraṃ tu kharadhāraṃ
daśāṅgulaṃ | | 16 | |
vistāre dvyaṅgulaṃ sūkṣmadantaṃ
sutsarubandhanam | | 17 | | § 5631

1.26.50 Sarvāṅgasundarā

karapatraṃ nāma śastraṃ kharadhāraṃ, tathā daśāṅgu-
laṃ dairghyeṇa, dvyaṅgulaṃ vistāreṇa, sūkṣmā dantā ya-
sya tatsūkṣmadantam | tathā, tsaruḥ-muṣṭiḥ, bandhanam-
grahaṇam, śobhane tsarubandhane yasya tat sutsaru-
bandhanam | abhidhānakoṣe yadyapi 'tsaruḥ-asimuṣṭiḥ'
ityabhyadhāyi, tathā+api muṣṭimātrasyehopalakṣaṇārtha-
tvāt muṣṭāvapyupapannameva | § 5632

1.26.51 Āyurvedarasāyana

karapatramāha-chede+asthnāmiti | suṣṭhu tsarubandha-
nam grahaṇārthaṃ yasya | § 5633

1.26.52 Āyurvedarasāyana

kartarīmāha-srāyusūtrakacaccheda iti | § 5634

1.26.53 Aṣṭāṅgahr̥dayasam̐hitā

snāyusūtrakacacchede kartarī kartarīnibhā | | 17 | | § 5635

1.26.54 Sarvāṅgasundarā

kartarī nāma śastraṃ kartarīsadṛśaṃ snāyvādicchede yo-
jyam | § 5636

1.26.55 Aṣṭāṅgahr̥dayasam̐hitā

vaktrarjudhāraṃ dvimukhaṃ nakhaśastraṃ
navāṅgulam | | 18 | |
sūkṣmaśalyoddhṛticchedamedapracchānalekhane | | 18 | | § 5638

1.26.56 Sarvāṅgasundarā

nakhaśastraṃ-nakhacchedakaṃ, prasiddham | tacca va-
ktrā r̥juśca dhārā yasya tadevam | tasyaikaṃ mukhaṃ
vaktramanyadr̥ju-spaṣṭam | tathā, navāṅgulam-navāṅgulapramāṇam,
na tu ṣaḍaṅgulam | etacca sūkṣmaśalyasya-kaṅṭakāderuddharaṇadau
nakhacchedane bhedane ((pracchaane lekhane)) ca yo- 5
jyam | § 5639

1.26.57 Āyurvedarasāyana

nakhaśastramāha-vaktrarjudhāramiti | navāṅgulam na tu
ṣaḍaṅgulam | nakhacchedanakam-prasiddham | vaktrarju-
dhāraṃ ekasminmukhe vakrā dhārā, anyasmin r̥juḥ | § 5640

1.26.58 Aṣṭāṅgahr̥dayasaṃhitā

ekadhāraṃ catuṣkoṇaṃ prabaddhākṛti caikataḥ | | 19 | |
dantalekhanakaṃ tena
śodhayedvantaśarkarām | | 19 | | § 5642

1.26.59 Sarvāṅgasundarā

ekadhāraṃ-ekasmin pradeśe ((dhārā yasya tadevam |))
tathā, catuṣkoṇam | tathā, ekataḥ-ekasmindeśe prabaddhā
ākṛtiryasya tat | taddantalekhanakaṃ nāma śastram | tena
dantaśarkarām śodhayet | § 5643

1.26.60 Āyurvedarasāyana

adhunā sūcīśastramāha-dantalekhanamāha-ekadhāramiti |
prabaddhavat-veṣṭitavat, ākṛtiryasya tat prabaddhākṛti |
§ 5644

1.26.61 Aṣṭāṅgahr̥dayasaṃhitā

vṛttā gūḍhadṛḍhāḥ pāṣe tisraḥ sūcyo+atra sīvane | | 20 | |
māṃsalānām pradeśānām tryasrā
tryaṅgulamāyatā | | 20 | |
alpamāṃsāsthisandhisthavraṇānām
dvyaṅgulāyatā | | 21 | |
vrīhivaktrā dhanurvaktrā
pakhvāmāśayamarmasu | | 21 | |
5 sā sārddhadvyaṅgulā-----
| | 22 | | § 5649

1.26.62 Āyurvedarasāyana

sūcītrayamāha-vṛttā iti | pāṣe-chidrasthāne, gūḍhā ḍṛḍh-
āśca | ā0 ra0-tatra tryaṅgulām sūcīmāha-māṃsalānāmiti |
ā0 ra0-dvyaṅgulām sūcīmāha-alpamāṃseti | ā0 ra0-sārddhdvyaṅgulām
sūcīmāha-vrīhivakreti | § 5650

1.26.63 Sarvāṅgasundarā

atra-eṣu śastreṣu madhye, sīvane-sīvanaviṣaye, tisraḥ sū-
cyaḥ syuḥ | kimbhūtāḥ ? vṛttāḥ-vartulāḥ, pāṣe gūḍhāsta-
thā dṛḍhāḥ sārattvāt | āsām ca pratyekaṃ saṃsthānaviśeṣ-
eṇa viśeṣopayogamāha- sa0-māṃsalānām-bahumāṃsānām,
śarīradeśānām tryasrā mukhe sūcī syāt | saṅgrāhe+apyavocaḥ
(sū.a.34)-"tryasrāgrā" iti | tryasreti cintyam | tathā, tryaṅgulamāyatā-
tryaṅguladīrghā | vṛttatvaṃ dṛḍhapāśatvaṃ cōktameva
sāmānyalakṣaṇena | sa0-alpamāṃsānām vraṇānām sa-
ndhyasthisamśritānām ca dvyaṅgulamāyatā-dīrghā | vṛ- 10
ttamukhatvaṃ cāsyāḥ sāmānyenoktam | tṛtīyāmāha- sa0-
vrīhimukhā, cāpavat kuṭilā, dairghyeṇa dve+aṅgule sā-
rdhe syāt | sā ca pakvāśaya āmāśaye marmasu ca vraṇā-
nām sīvane yojyā | § 5651

1.26.64 Sarvāṅgasundarā

tāḥ-sūcyaḥ, sarvato vartulā dairghyeṇa caturaṅgulāḥ kū-
rca ityucyate | kimbhūtāḥ ? vṛtta ekasmin pīṭhe saṃsthi-
tāḥ | tathā, saptasaṅkhyā aṣṭau vā | tathā, śobhanam ba-
ndhanam yāsām tāḥ subandhanāḥ | ata evedam śāstram
sūcīkūrcasamjñam śaṃsanti | tathā cārśaścīkītsite jagāda 5
(hṛ. ci. a. 8 | 29)- "arśobhyo jalajaśśāstrasūcīkūrcaiḥ" ityādi |
sa ca-subaddhasaptāṣṭasūcīkaḥ kūrco, nīlikādiṣu ca kuṭṭa-
naviṣaye yojyaḥ | upalakṣaṇārthatvāccāsyā(sau) śvitrendr-
aluptādiṣvapi yojyaḥ | § 5652

1.26.65 Aṣṭāṅgahṛdayasaṃhitā

sarvavṛttāstāścaturaṅgulāḥ | | 22 | |
kūrco vṛttaikapīṭhasthāḥ saptāṣṭau vā
subandhanāḥ | | 22 | |
sa yojyo nīlikāvyaṅgakeśaśāteṣu
kuṭṭane | | 23 | | § 5655

1.26.66 Āyurvedarasāyana

kūrcamāha-sarvavṛttā iti | sarvavṛttāḥ-pāśarahitāḥ, tāḥ-
sūcyāḥ, vṛttaekasmin pīṭhe nikhātāḥ | § 5656

1.26.67 Āyurvedarasāyana

khajamāha-arddhāṅgulamukhairiti | § 5657

1.26.68 Aṣṭāṅgahr̥dayasaṃhitā

ardhāṅgulamukhairvṛttairāṣṭābhiḥ kaṇṭakaiḥ
khajaḥ | | 23 | |
pāṇibhyāṃ mathyamānena ghrāṇātena
haredasṛk | | 24 | | § 5659

1.26.69 Sarvāṅgasundarā

aṣṭābhiḥ kaṇṭakaiḥ khaja ucyate | kīdr̥śaiḥ ? ardhāṅgul-
apramāṇaṃ mukhaṃ yeṣāṃ taiḥ, tathā vartulaiḥ | tena-
khajena, hastābhyāṃ vilodyamānena, nāsikāto+astram ha-
ret | § 5660

1.26.70 Aṣṭāṅgahr̥dayasaṃhitā

vyadhanam̐ karṇapālīnām
yūthikāmukulānanam | | 24 | | § 5661

1.26.71 Sarvāṅgasundarā

karṇapālīnām vyadhane yūthikā nāma śastraṃ syāt | kīd-
r̥śī ? mukulānanā | § 5662

1.26.72 Āyurvedarasāyana

karṇavyadhanamāha-vyadhanamiti | § 5663

1.26.73 Aṣṭāṅgahr̥dayasaṃhitā

ārā+ardhāṅgulavṛttāsyā tatpraveśā tathordhvataḥ | | 25 | |
caturasrā, tayā vidhyecchophaṃ
pakvāmasaṃśaye | | 25 | |
karṇapālīṃ ca
bahalāṃ----- | | 26 | | § 5666

1.26.74 Āyurvedarasāyana

ārāmāha-āreti | tatpraveśā-arddhāṅgulapraveśā | ūrdhvataḥ-
vṛttānmukhādūrdhvaṃ, caturasrā | pakvāmasaṃśayepa-
kvatvāmatvasandehe | bahalāṃ-ghanām | § 5667

1.26.75 Sarvāṅgasundarā

ardhāṅgulapramāṇaṃ vṛttaṃ āsyaṃ-mukhaṃ, yasyāḥ
sā+ardhāṅgulavṛttāsyā | tathā, sa eva-ardhāṅgulapramāṇaḥ
praveśo yasyāḥ sā tatpraveśā | tathordhvata iti vṛttārdh-
āṅgulādupariṣṭāt tathaiva-ardhāṅgulapramāṇaiva catura-
srā syāt | sā ārānāma śastram | tayā ārayā, śophaṃ vi- 5
dhyet | kadā ? pakvāmasaṃśaye,-kimayaṃ pakvaḥ śopha
utāma iti sandehe | bahalāṃ ca karṇapālīṃ tayā vidhyet |
§ 5668

1.26.76 Aṣṭāṅgahr̥dayasaṃhitā

-----bahalāyāśca śasyate | | 26 | |
sūcī tribhāgasuṣirā tryaṅgulā
karṇavedhanī | | 26 | | § 5670

1.26.77 Sarvāṅgasundarā

bahalāyāḥ-atimāṃsalāyāḥ karṇapālyāśca, sūcī śasyate,-na
kevalamārā | kīdr̥śī sūcī ? tribhāgaḥ-prāntabhāgāt suṣiro
yasyāḥ saivam | tathā, tryaṅgulā-dairghyeṇa | sā ca karṇa-
vedhanī syāt | § 5671

1.26.78 Āyurvedarasāyana

bahalakarṇapālīvyadhanārtham sūcīmāha-bahalāyāśceti |
§ 5672

1.26.79 Aṣṭāṅgahr̥dayasaṃhitā

jalaukaḥkṣāradahanakācopalanakhādayaḥ | | 27 | |
alauhānyanuśastrāṇi, tānyevaṃ ca
vikalpayet | | 27 | |
aparāṇyapi yantrādīnvupayogaṃ ca
yaugikaṃ | | 28 | | § 5675

1.26.80 Sarvāṅgasundarā

jalaukaḥprabhṛtayo+anuśastrāṇi raktasrāvākāryakāraṇāt |
tāni cāluhāni-lohavarjitāni | ādiśabdenāyaskāntaśākaśo-
phālikādikharapatrādīnāṃ grahaṇam | evaṃ coktena ny-
āyenānyānyapi yantrādīni vikalpayet | ādiśabdena śastrā-
5 ṇāṃ grahaṇam | upayogaṃ ca yaugikaṃ-sādhutaraṃ, bu-
ddhyā nirūpayet | § 5676

1.26.81 Āyurvedarasāyana

anuśastrāṇyāha-jalauka iti | uktebhyaḥ śastrayantrebhyo+anyānyapi
svabuddhyā kalpyānītyāha-tānyevamiti | tāni-śastrānuśastrāṇi,
yantrādīnīyantrānuyantrāṇi, teśāṃ योग्यामुपयोगां ca,
vikalpayet | § 5677

1.26.82 Aṣṭāṅgahr̥dayasaṃhitā

utpāṭyapāṭyasīvyaiṣyalekhyapracchhānakuṭṭanam | | 28 | |
chhedyam bhedyam vyadho mantho graho
dāhaśca tatkriyāḥ | | 29 | | § 5679

1.26.83 Āyurvedarasāyana

śastradoṣānāha-śastrakāryāṇi gaṇayati-utpāṭyēti | utpāṭhyam-
utpāṭanam, bhāve yatpratyaḥ | evaṃ pāṭhyādiṣu | sīvyam-
sīvanam | § 5680

1.26.84 Sarvāṅgasundarā

utpāṭyādīni tatkrīyāḥ,-teṣāṃ-ṣaḍviṃśatiśastrāṇāṃ, krīyāḥ-
karmāṇi, tatkrīyāḥ | ((tāni ṣaḍviṃśatiśastrāṇi saṅgrahokt-
āni (sū. a. 34)- "tadyathā-dantalekhanamaṇḍalāgravṛddhi-
patrotpalapatrādhyardhadhāramudrikākartarīsarvapaktra-
karapatrakuśapatrāṭmukhā-ntarmukhaśarārimukhatrikū- 5
rcakūṭhārikāvṛhimukhaśalākāvetasapatrārākarnavyadhā-
nasūcīsūcīkurcakhajaiṣaṇī-baḍīśanakhaśastrāṇi |" iti |))
utpāṭyam-uddhāryam, tatra nakhaśastram prajojyam |
pāṭane vṛddhipatrādi | sīvane sūcyāḥ | lekhanē maṇḍalā-
grādiḥ | pracchāne nakhaśastrādi | kuṭṭane kūrcaḥ | ched- 10
ane utpalapatrādi | bhedane eṣaṇī sūcīmukhā | vyadhane
vetasādi | manthane khajāḥ | grahe sandaṃśaḥ | dāhe śal-
ākādiriti | § 5681

1.26.85 Āyurvedarasāyana

śastradoṣānāha-kunṭhakhaṇḍeti | te ca doṣā anyatra kara-
patrāt | § 5682

1.26.86 Aṣṭāṅgahr̥dayasaṃhitā

kunṭhakhaṇḍatanusthūlahrasvadīrghatvavakratāḥ | | 29 | |
śastrāṇāṃ kharadhāratvamaṣṭau doṣāḥ
prakīrtitāḥ | | 30 | | § 5684

1.26.87 Sarvāṅgasundarā

spaṣṭam § 5685

1.26.88 Aṣṭāṅgahr̥dayasaṃhitā

chedabhedanalekhyārtham śāstram

vṛntaphalāntare | | 30 | |

tarjanīmadyamāṅguṣṭhairgr̥hṇīyātsusamāhitaḥ | | 31 | |

visrāvaṇāni vṛntāgre tarjanyaṅguṣṭhakena

ca | | 31 | |

talapracchannavṛntāgram grāhyam

vr̥himukham mukhe | | 32 | |

5 mūleṣvāharaṇārthāni

kriyāsaukaryato+aparam | | 32 | | § 5690

1.26.89 Sarvāṅgasundarā

śedabhedanalekhyārtham tarjanīmadyamāṅguṣṭhairmi-

litaiḥ śāstram vṛntaphalāntare-vṛntaphalamadyabhāge,

gr̥hṇīyāt | kīdr̥k ? susamāhitaḥ,-tadgatamanāḥ | visrāva-

ṇakāryāni śarāryāsyādīni śāstrāni vṛntāgre tarjanyaṅgu-

5 ṣṭhābhyām gr̥hṇīyāt | gr̥hṇīyādityanuvartate | talaśabdena

pāṇitalamucyate, ādilopākhyayā tantrayuktyā | talena pra-

cśhannam vṛntāgram yasya tat vr̥himukham mukhe gr̥hṇ-

īyāt | śeṣam śāstram kriyāsaukaryato gr̥hṇīyāt | sukarasya

bhāvaḥ saukaryam | yathā sukarā pāṭanādikā kriyā syāt-

10 athā+a+adadītetyarthaḥ | § 5691

1.26.90 Aṣṭāṅgahr̥dayasaṃhitā

ā0 ra0-ṣastrakoṣamācaṣṭe-śastradhāraṇavidhimāha-
śedabhedaneti | śedanādikarmaṇi
vṛntaphalayormadhye tarjanyaḍibhirmilitaiḥ
śastram ḡṛhṇīyāt | visrāvaṇe tu
tarjanyaṅguṣṭhābhyām vṛntāgre ḡṛhṇīyāt |
vṛhimukham tu pāṇitalena vṛntāgram
pracśādyā mukhe grāhyam | āhāraṇe tu
śastram mūle grāhyam | pāśasyopari madhye
laṅusandaṃśaḥ kartarī ca | śeṣeṣu tu
karmasu yatra ḡṛhīte kriyāsaukaryam tatra
grāhyam | § 5692

1.26.91 Aṣṭāṅgahr̥dayasaṃhitā

syāṅnavāṅgulavistāraḥ sugghano dvādaśāṅgulaḥ | | 33 | |
kṣau mapatrorṇakauśeyadukūlamṛducarma-
jaḥ | | 33 | |
vinyastapāśaḥ susyūtaḥ
sāntarorṇārsthaśastrakaḥ | | 34 | |
śalākāpihitāsyāśca śastrakośaḥ
susañcayaḥ | | 34 | | § 5696

1.26.92 Sarvāṅgasundarā

navāṅgulavistāraḥ śastrakośaḥ syāt | tathā, suṣṭhu ghan-
onibiḍaḥ | tathā, dvādaśāṅgulapramāṇo dairdhyeṇa | ta-
thā, kṣau mādiḡaḥ | tathā, vinyastaḥ-kṛtaḥ, pāśo yasya sa
vinyastapāśaḥ | tathā, suṣṭhu syūtaḥ | tathā, sāntarāṇi-
savyavadhānāni, ūrṇāsthāni śastrāṇi yasmin sa sāntarorṇ- 5
āsthaśastrakaḥ | tathā, śalākayā pihitam-sthagitam, āsyam
yasya sa evam | tathā, śobhanaḥ sañcayo yasya sa susaṅca-
yaḥ, nāpitabhāṇḍikāvat | tantrāntare coktam "nisānī tu śa-
strāṇām ślakṣṇā śilikā māśamudgaprabhā" ityādi | § 5697

1.26.93 Āyurvedarasāyana

sukumārabālānāmastravisrāvaṇārtham jalaukaso nirdidikṣurāha-
śastrasthāpanārtham śastrakośamāha-syāditi | saṅgrahe

tu (sū.a. 34)-"hasta eva cātra pradhānatamastadadhīn-
atvādyantraśāstrāṇām | tatra kṣāreṇa pāyitaṃ śāstraṃ
śaraśalyāsthicśedaneṣu, udakena māṃsacśedane, tailena
pāṭanabhedanaśirāvyadhāsnāyucśedaneṣu ca prayuñjīta |
5 dhārā punarbhedanānām māsūrī, lekhanānāmardham-
āsūrī, vyadhanānām visrāvaṇānām ca kaiśikī, śedanā-
nāmardhakaiśikī | niśānī tu teṣām ślakṣṇā śilikā mā-
ṣamudgaprabhā | dhārāsamsthāpanaṃ ca śālmālīphala-
kam | atha yogyā | na cādhikṛtaśāstre+apyakṛtayogyāḥ,
10 yogyā-abhyāsaḥ, subahuśo vā+apyadr̥ṣṭakarmā śāstra-
karmaṇi pravarteta, śirāsānāyumarmādivyāptatvāddeha-
sya | tasmāt saromacarmapuṣpaphalālābutrapusodakapa-
ṅkapūrṇadr̥tibastivadhramāṃsapeśikotpalanālādiṣu yath-
ārhamāharaṇādiyogyāṃ kuryāt | tathā ṇaṭapārśvasrota-
15 syambhobhiḥ paripūrṇena netreṇa bastipīḍanayogyāṃ |
mṛdumāṃsakhaṇḍeṣvagnikṣārāvacaraṇayogyāṃ | pusta-
mayapurusaṅgapratyaṅgeṣu bandhanayogyāṃ | api ca |
yuktakārī bhiṣagbubhūṣuḥ puruṣaṃ sampūrṇagātrama-
viśahatamadīrṇavyādhipīḍitaṃ niṣkr̥ṣṭāntramavahantya-
20 māpagāyāṃ muñjabalvajaveṣṭitaṃ pañjarasthamaprakāṣe
deṣe kothayet | taṃ samyakprakuthitaṃ coddhṛtyāyatad-
eḥaṃ kṛtvośiraveṇukūrcādīnāmanyatamena śanaiḥśanai-
ravanṛṣya tvagādīn sarvāneva vāhyābhyantarānaṅgasirā-
srāyvādīnavayavānācāryopadarśitenāgamena cakṣuṣā ca
25 lakṣayet | iti śāstreṇa yaddr̥ṣṭaṃ dr̥ṣṭaṃ pratyakṣataśca
yat | samāgataṃ tadubhayaṃ bhūyo jñānaṃ vivardha-
yet | |" iti | § 5698

1.26.94 Aṣṭāṅgahr̥dayasaṃhitā

jalaukasastu sukhinām raktasrāvāya yojayet | | 35 | | § 5699

1.26.95 Sarvāṅgasundarā

sukhinām-sukhocitānām, raktasrāvaṇārthaṃ jalaukaso yo-
jayet | tāśca dviprakāraaḥ,-saviṣānirviṣāśca | tatra saviṣā-
ṇām sāpāyatvāttā eva tāvallakṣayati- § 5700

1.26.96 Āyurvedarasāyana

jalaukasām viṣayamāha-jalaukasastviti | § 5701

1.26.97 Sarvāṅgasundarā

duṣṭāmbūdbhavāśca jalaukasaḥ saviṣā iti varjayet | ta-
thā matsyabhekasarpādiśavakothodbhavāḥ, tathā teṣām-
eva matsyādīnām ye malāḥ-mūtrapuriṣādayaḥ, tadudbh-
avāśca saviṣā iti varjayet | saviṣāṅgām lakṣaṇamāha-raktā
ityādi | yāvallomaśā yāstāḥ saviṣā yataḥ, tato varjayet-tā na 5
yojayet | § 5702

1.26.98 Aṣṭāṅgahr̥dayasaṃhitā

duṣṭāmbumatsyabhekāhiśavakothamalodbhavāḥ | | 35 | |
raktāḥ śvetā bhṛśam kṛṣṇāścapalāḥ
sthūlapicchhilāḥ | | 36 | |
indrāyudhavicitrordhvarājayo romaśāśca
tāḥ | | 36 | |
saviṣā
varjayet----- | | 37 | | § 5706

1.26.99 Āyurvedarasāyana

varjyām jalaukasa āha-duṣṭāmtrviti | duṣṭāmbuni matsyā-
diśavakothamaleṣu ca jātāḥ | § 5707

1.26.100 Āyurvedarasāyana

varjyāprayoge doṣamāha-tābhiriti | varjyādoṣe cikitsāmāha-
viṣapittāsrānuditi | § 5708

1.26.101 Aṣṭāṅgahr̥dayasaṃhitā

-----tābhiḥ
kaṇḍūpākajvarabhramāḥ | | 37 | |

viṣapittāsranutkāryaṃ
tatra----- | | 37 | | § 5710

1.26.102 Sarvāṅgasundarā

tābhirhi yojitābhiḥ kaṇḍvādayaḥ syuḥ | upalakṣaṇaṃ ce-
dam | dāhaśoṣamūrcchādayo+api syuḥ | ((tatra-)) tāsu
mohādyojitāsu, viṣādijit kāryaṃ | § 5711

1.26.103 Aṣṭāṅgahr̥dayasaṃhitā

-----śuddhāmbujāḥ punaḥ | | 37 | |
nirviṣāḥ śaivalaśyāvā vṛttā
nīlordhvarājayaḥ | | 38 | |
kaṣāyapṛṣṭhāstanvaṅgyaḥ kiñcitpītodarāśca
yāḥ | | 38 | | § 5714

1.26.104 Sarvāṅgasundarā

jalaukasa ityanuvartate | śuddhajalodbhavāḥ (śuddhāmbujāḥ)-
saugandhikotpalakamalavipulasalilaśaivārajā jalaukaso, ni-
rviṣāḥ syuḥ | āsāṃ ca lakṣaṇamāha-śaivaletyādi | śaiva-
lamiva śyāvāḥ, tathā vṛttāḥ, tathā nīlordhvarājayaḥ, ta-
5 thā kaṣāyaṃ-nyagrodhādivalkalasadṛśavarṇaṃ, pṛṣṭhaṃ
yāsāṃ tā evaṃ, tathā tanuśarīrāḥ kiñcitpītavarṇajatharāśca
nirviṣā vedyāḥ | § 5715

1.26.105 Āyurvedarasāyana

grāhyā jalaukasa āha-śuddhāmbusambhavā iti | § 5716

1.26.106 Aṣṭāṅgahr̥dayasaṃhitā

tā apyasamyagvamanāt pratataṃ ca nipātanāt | | 39 | |
sīdantīḥ salilaṃ prāpya raktamattā iti
tyajet | | 39 | | § 5718

1.26.107 Āyurvedarasāyana

grāhyāsvapi mattā varjyā ityāha-tā iti | pratataṃ nipātanāt-
aviśramayya prayogāt | sīdantīḥ-śramamatyajantīḥ | rakt-
amattā iti- raktamattatvāddhetoḥ | § 5719

1.26.108 Sarvāṅgasundarā

nirviṣā api jalaukaso raktamattā iti tyajet | na keva-
laṃ saviṣā iti pratipādanārtho+apiśabdaḥ | raktamattatve
hetudvayamāha-asamyagvamanāt, duṣṭaraktasyeti śeṣaḥ |
pratataṃ ca lāganāt, duṣṭaraktavāsitvena raktamattā ityu-
ktāḥ | tāśca kathāṃ lakṣyante ? ityāha-sīdantīrityādi | ja- 5
laṃ (salilaṃ) prāpyatoyapūrṇabhāṇḍamāsādya, sīdantīḥ-
na tathā ceṣṭamānāḥ, iti jñātvā tyajet | § 5720

1.26.109 Aṣṭāṅgahṛdayasaṃhitā

athetarā niśākalkayukte+ambhasi paripltāḥ | | 40 | |
avantisome takre vā punaścāśvāsītā jale | | 40 | |
lāgayeddr̥tamṛtstanyaraktaśastranipātanaiḥ | | 41 | |
pibantīrunnataskandhāśchādayenmṛduvāsasā | | 41 | | § 5724

1.26.110 Āyurvedarasāyana

nanu, śuddharaktaduṣṭaraktayorekalkībhūtāt vāt śuddha-
raktākaraṇājjalaukā doṣāya syaadityāha-jalaukasāṃ prayogamāha-
athetarā iti | itarāḥ-avarjyāḥ | avantisome-kāñjike | ghṛtā-
dyanyatamena pradeśamabhyajya śastreṇa vā pracchāya
lāgayet | § 5725 5

1.26.111 Sarvāṅgasundarā

atha-parikṣāto+anantaram, itarā lāgayet | kimbhūtāḥ ? ha-
ridrākalkayuktajale paripltāḥ, kāñjike kālaśeye vā par-
iplutāḥ, punaśca jale samāśvāsītāḥ-sātmyabhūte jale pl-
avanārḥaḥ sotsāhāḥ satīḥ, yojayet | alagantīḥ kathāṃ
lāgayet ? ityāha-ghṛtetyādi | ghṛtādipātanaistā yojayet | 5

pātanaśabdaḥ pratyekaṃ yojyaḥ | śastreṅāṅge raktaṃ
mokṣayitvā vā ta yojayet | tāsca pibantīḥ sūkṣmavās-
asā+a+acchādayet | evaṃ hi tāsāṃ makṣikādyanupadr-
avāt samyagyojanā syāt | atha kimetāḥ pibantyuta neti
5 katham jñāyate ? ityatra viśeṣaṇadvāreṇa hetumāha-
unnataskandhā iti | unnataḥ skandho yāsāṃ tā evaṃ |
unnataskandhatvena tāsāṃ pānaṃ jñāyata ityarthah |
§ 5726

1.26.112 Aṣṭāṅgahrdayasaṃhitā

samprktādduṣṭaśuddhāsrajjalaukā duṣṭaśoṇitam | |42| |
ādatte prathamam haṃsaḥ kṣīraṃ
kṣīrodakādiva | |42| |
(gulmārśovidradhīn
kuṣṭhavātaraktagalāmayān | |1| |
netrarugviṣavīśarpān śamayanti
jalaukaśah | |1| |
5) | |1| | § 5731

1.26.113 Sarvāṅgasundarā

duṣṭaśuddhāsranmilitādapi jalaukā duṣṭaraktameva pū-
rvamādatte, na śuddham dehadhātustham, iti drṣṭāntena
darśayati-haṃsa ityādi | haṃso yathā kṣīrajalānmiśritāt
prāgdugdhamādatte na tu jalam, tathā jalaukāḥ prāgsu-
5 ddham raktamādatte paścāditaraditi nyāyyametat | § 5732

1.26.114 Āyurvedarasāyana

duṣṭaśuddhasamparke jalaukāḥ prathamam duṣṭam piba-
tītyāha samprktāditi | § 5733

1.26.115 Aṣṭāṅgahrdayasaṃhitā

daṃśasya tode kaṇḍvām vā
mokṣayet----- | |43| | § 5734

1.26.116 Āyurvedarasāyana

jalaukasam mokṣaṇakālamāha-damśasyeti | § 5735

1.26.117 Sarvāṅgasundarā

damśasya tode sati kaṇḍvām satyām vā mokṣayet, śu-
ddharaktarakṣārthamatiyogabhayācca | tāmityekavacana-
nirdeśādekaikām mokṣayet, na tu sarvāḥ sakṛdeveti gam-
ayati | atha pānalaulalyādṛśam, - na tyajettato haridrācū-
rṇam vā vadane dattvā mokṣayet | § 5736

5

1.26.118 Sarvāṅgasundarā

mokṣitām ca jalaukasam vāmayet | vamanavidhānamāha
paṭvityādi | saindhavayutena tailena rūṣitāsyām tathā sū-
kṣmeṇa taṇḍulakaṇḍanena rūṣitām-avakīrṇam, vāmayet |
taṇḍulaśabdasyātra lopo jñeyastantrayuktyā | § 5737

1.26.119 Aṣṭāṅgahṛdayasaṃhitā

-----vāmayecca tām | | 43 | |
paṭutailāktavadanām
ślakṣṇakaṇḍanarūṣitām | | 43 | | § 5739

1.26.120 Āyurvedarasāyana

mokṣitānām kṛtyamāha-vāmayediti | kaṇḍanam tuṣaḥ |
§ 5740

1.26.121 Aṣṭāṅgahṛdayasaṃhitā

rakṣan raktamadādbhūyaḥ saptāham tā na
pātayet | | 44 | | § 5741

1.26.122 Sarvāṅgasundarā

tāḥ-kṛtavamanā jalaukasō, raktamadādrakṣan punaḥ sapt-
āhaṃ na yojayet | § 5742

1.26.123 Āyurvedarasāyana

saptāhādarvāk jalaukasāṃ punaḥprayogaṃ niṣedhati-
rakṣanniti | § 5743

1.26.124 Aṣṭāṅgahr̥dayasaṃhitā

pūrvavat paṭutā dārḍhyaṃ samyagvānte
jalaukasāṃ | | 44 | | § 5744

1.26.125 Sarvāṅgasundarā

jalaukasāṃ samyagvānte sati pūrvavat-alāgitānāmiva, pa-
ṭutādi bhavati | § 5745

1.26.126 Āyurvedarasāyana

jalaukasāṃ samyagvamanalakṣaṇamāha-pūrvavaditi | § 5746

1.26.127 Aṣṭāṅgahr̥dayasaṃhitā

klamo+atiyogānmṛtyurvā-----
| | 45 | | § 5747

1.26.128 Sarvāṅgasundarā

atiyogādvamanasya klamo mṛtyurvā syāt | § 5748

1.26.129 Āyurvedarasāyana

ativānte lakṣaṇamāha-klama iti | § 5749

1.26.130 Āyurvedarasāyana

durvānte lakṣaṇamāha-durvānta iti | § 5750

1.26.131 Aṣṭāṅgahr̥dayasaṃhitā

-----durvānte stabdhatā
madaḥ | | 45 | | § 5751

1.26.132 Sarvāṅgasundarā

durvānte sati stabdhatā madaśca syāt | § 5752

1.26.133 Sarvāṅgasundarā

tāścānyasminnanyasmin ghaṭe tryahāt pañcāhādvā sthā-
pyāḥ | kimbhūte ? mṛtsnāpṛktena jalena garbhiṇi, tadyukta
ityarthaḥ | praśastā mṛt-mṛtsnā, "sasnu praśamsāyām" iti
snapratyayaḥ | anekabhājanasthāpane ko+arthaḥ ? ityāha-
lālādikoṭhanāśārtham | ādisabdena mūtrapuriṣādīnām gr- 5
ahaṇam | lālādīnām _jalaukaḥsambandhinām, kothaḥ-
kuthitatvaṃ klinnatā, tannāśāya | tadanvayāt-lālādiyogāt,
tāḥ saviṣāḥ syuḥ | § 5753

1.26.134 Aṣṭāṅgahr̥dayasaṃhitā

anyatrānyatra tāḥ sthāpyā ghaṭe
mṛtsnāmbugarbhiṇi | | 45 | |
lālādikoṭhanāśārtham, saviṣāḥ
syustadanvayāt | | 46 | | § 5755

1.26.135 Sarvāṅgasundarā

jalaukasām pālanavidhimāha-anyatrānyatreti | § 5756

1.26.136 Aṣṭāṅgahr̥dayasaṃhitā

aśuddhau srāvayeddamśān
haridrāguḍamākṣikaiḥ | | 46 | | § 5757

1.26.137 Sarvāṅgasundarā

aśuddhau-aśuddhalingānumite rakte sati, damśān haridr-
ādibhiḥ srāvayet | § 5758

1.26.138 Āyurvedarasāyana

damśāparisrāve srāvaṇauṣadhamāha-aśuddhāviti | § 5759

1.26.139 Aṣṭāṅgahr̥dayasaṃhitā

śatadhautājyapicavastato lepāśca śītalāḥ | | 47 | | § 5760

1.26.140 Sarvāṅgasundarā

anantaram śatadhautaghṛtasampr̥ktāḥ picavo 'yojyāḥ' iti
śeṣaḥ | śataśabdo+anekaparyāyāḥ, bahukṛtvo dhautamity-
arthāḥ | tathā, śītalā lepāḥ-yaṣṭīcandanośīrādjāḥ, yojyāḥ |
damśasthitacalitaraktaprasādanāyeti bhāvaḥ | § 5761

1.26.141 Āyurvedarasāyana

damśastrāvānantaram kṛtyamāha-śatadhauteti | § 5762

1.26.142 Aṣṭāṅgahr̥dayasaṃhitā

duṣṭaraktāpagamanātsadyo rāgarujām śamaḥ | | 47 | | § 5763

1.26.143 Sarvāṅgasundarā

duṣṭaraktasyāpagamanāt-niḥsaraṇāt, sadyo-drāgeva, rāg-
apīḍāśāntirbhavati | upalakṣaṇaṃ cedam | śvayathuśaith-
ilyadāhaśamo+api hi bhavatyeva | § 5764

1.26.144 Āyurvedarasāyana

srāvaphalamāha-duṣṭaraktāpagamanāditi | § 5765

1.26.145 Aṣṭāṅgahrdayasaṃhitā

aśuddhaṃ calitaṃ sthānātsthitaṃ raktaṃ
vraṇāśaye | | 48 | |
vyamlībhavetparyuṣitaṃ
tasmāttatsrāvayetpunaḥ | | 48 | | § 5767

1.26.146 Sarvāṅgasundarā

aśuddhaṃ raktaṃ svāśayaacalitaṃ vraṇasthāne sthitaṃ
paryuṣitaṃ sat vyamlībhavedyataḥ, tasmāt tat-raktaṃ, bh-
ūyaḥ srāvayet | § 5768

1.26.147 Āyurvedarasāyana

dvitīye+ahni punaḥ srāvamāha-aśuddhamiti | amlībhavet-
pākonmukhaṃ bhavet | § 5769

1.26.148 Aṣṭāṅgahrdayasaṃhitā

yuñjyānnālābughaṭikā rakte pittena dūṣite | | 49 | |
tāsāmanalasaṃyogāt-----
| | 49 | | § 5771

1.26.149 Sarvāṅgasundarā

rakte pittena dūṣite sati, alābughaṭikā na lāgayet | tāsāṃ-
alābūnāṃ ghaṭikānāṃ ca, agnisam̐yogāt pittaraktakopop-
apatteriti bhāvaḥ | § 5772

1.26.150 Āyurvedarasāyana

alābudhaghaṭikayoraviṣayamāha-yuñjyānneti | § 5773

1.26.151 Āyurvedarasāyana

alābughaṭikayorviṣayamāha-yuñjyāttviti | § 5774

1.26.152 Aṣṭāṅghṛdayasaṃhitā

-----yuñjyāttu kaphavāyunā | | 49 | | § 5775

1.26.153 Sarvāṅgasundarā

tāstu kaphavātena duṣṭe+asṛji yuñjyāt | § 5776

1.26.154 Aṣṭāṅghṛdayasaṃhitā

kaphena duṣṭaṃ rudhiraṃ na śṛṅgeṇa vinirharet | | 50 | |
skannatvāt-----
| | 50 | | § 5778

1.26.155 Sarvāṅgasundarā

kaphena duṣṭaṃ raktaṃ sat śṛṅgeṇa nākarṣet | skannatv-
ātstyānatvāddhetoḥ | śṛṅgasya cāgnisam̐yogābhāvena ka-
phavilayane sām̐rthyābhāvāt | § 5779

1.26.156 Āyurvedarasāyana

śṛṅgasyāviṣayamāha-kaphena duṣṭamiti | § 5780

1.26.157 Aṣṭāṅgahṛdayasaṃhitā

-----vātapittābhyāṃ duṣṭam śṛṅgeṇa
nirharet | | 50 | | § 5781

1.26.158 Sarvāṅgasundarā

vātapittābhyāṃ duṣṭam rudhiraṃ śṛṅgeṇa nirharet | § 5782

1.26.159 Āyurvedarasāyana

śṛṅgasya viṣayamāha-vātapittābhyāṃ | § 5783

1.26.160 Aṣṭāṅgahṛdayasaṃhitā

gātraṃ baddhopari dṛḍhaṃ rajjvā paṭṭena vā
samam | | 51 | |
snāyusandhyasthimarmāṇi tyajan
pracchānamācaret | | 51 | |
adhodeśapravisṛtaiḥ
padairuparigāmibhiḥ | | 52 | |
na gāḍhaghanatiryagbhirna pade
padamācaran | | 52 | |
pracchaanenaikadeśasthaṃ grathitaṃ
jalajanmabhiḥ | | 53 | |
harecchṛṅgādibhiḥ suptamasṛgvyāpi
śirāvyadhaiḥ | | 53 | | § 5789

5

1.26.161 Sarvāṅgasundarā

gātraṃ rajjvā paṭṭena vā dṛḍhaṃ samam baddhopari
pracchanīyapradeśasya, tathā snāyvādi pariharan,
pracchānam kuryāt | katham ? adhodeśātpravisṛtaiḥ-
pravṛttaiḥ, padairuparigāmibhiḥ-ūrdhvaprasāribhiḥ | ki-
mbhūtaiḥ padaiḥ ? na gāḍhaiḥ-na kharaiḥ, na ghanaiḥ-na 5
nirantaraiḥ, na ca tiryagbhiḥ-tiraścīnaiḥ | tathā, pade pa-
daṃ nācaran-padasyopari padamakurvannityarthaḥ | ek-

adeśasthitam raktam pracchānenākarṣet | grathitam gr-
anthyarbudādiṣu raktam jalaukābhirapaharet | suptam-
niścetanam sat sthāne prasuptyādivikāri, śṛṅgādibhirh-
aret | vyāpi-sarvaśarīrasya, lohitaṃ śirāvyadhairākarṣet |
5 § 5790

1.26.162 Āyurvedarasāyana

pracchānavidhimāha-gātramiti | padaiḥ-śastrakṛtaiḥ | adhodeśapravisṛtaiḥ-
adhastādākṛṣṭaśastrairadhodeśamārabhyordhvamūrdhvam
kriyamānaiḥ | pracchānasya viṣayamāha-pracchāneneti |
jalaukasām viṣayamāha-grathitamiti | grathitam-granthībhūtam |
5 śṛṅgālābughaṭikānām viṣayamāha-śṛṅgādibhiriti | suptam
ajñātasparśam | śirāvyadhasya viṣayamāha-vyāpīti | vyāpi-
sarvadehastham | § 5791

1.26.163 Sarvāṅgasundarā

piṇḍite rakte pracchānam vā syāt | § 5792

1.26.164 Aṣṭāṅgahr̥dayasaṃhitā

pracchānam piṇḍite vā
syāt----- | | 54 | | § 5793

1.26.165 Āyurvedarasāyana

pracchānasya viṣayāntaramāha-pracchānamiti | piṇḍite-
ghane | § 5794

1.26.166 Āyurvedarasāyana

jalaukasām viṣayāntaramāha-avagāḍha iti | avagāḍhe-gambhīre |
§ 5795

1.26.167 Aṣṭāṅgahr̥dayasaṃhitā

-----avagāḍhe jalaukasaḥ | | 54 | | § 5796

1.26.168 Sarvāṅgasundarā

avagāḍhe rakte jalaukaṣaḥ syuḥ | § 5797

1.26.169 Aṣṭāṅgahr̥dayasaṃhitā

tvaksthe+alābughaṭīśṛṅgam-----
| | 54 | | § 5798

1.26.170 Sarvāṅgasundarā

tvaksthe-uttāne rakte, alābughaṭīśṛṅgāṇi syuḥ | § 5799

1.26.171 Āyurvedarasāyana

alābvādīnāṃ viṣayāntaramāha-tvakstha iti | § 5800

1.26.172 Aṣṭāṅgahr̥dayasaṃhitā

-----śiraiva vyāpake+asṛji | | 54 | | § 5801

1.26.173 Sarvāṅgasundarā

sarvaśarīravvyāpake rakte śiraiva bhavati | śirāyāṃ matav-
ikalpo nāstyevetyevaśabdārthaḥ | § 5802

1.26.174 Āyurvedarasāyana

śirāvyadhasya niyatatvamāha-śiraiveti | § 5803

1.26.175 Aṣṭāṅgahr̥dayasaṃhitā

vātādidhāma vā śṛṅgajalaukolābubhiḥ
kramāt | | 55 | | § 5804

1.26.176 Sarvāṅgasundarā

athavā vātādīsthānasthitam̐ raktam̐ yathākramam̐ śṛṅgād-
ibhirharet | § 5805

1.26.177 Āyurvedarasāyana

śṛṅgādīnām̐ viṣayāntarāṅyāha-vātādīdhāmeti | § 5806

1.26.178 Aṣṭāṅgahr̥dayasaṃhitā

stratāsṛjaḥ pradehādyaiḥ śītaiḥ syādvāyukopataḥ | | 55 | |

satodakaṇḍūḥ śophastam̐ sarpiṣoṣṇena

secayet | | 26 | |

55 1/2 | | 26 | |

iti

śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭaviracitā-

yāmaṣṭāṅgahr̥dayasaṃhitāyām̐ sūtrasthāne

śastravi- dhirnāma

ṣaṅvimśo+adhyāyaḥ | | 26 | | § 5810

1.26.179 Sarvāṅgasundarā

srutaraktasya narasya śītalaiḥ pralepādibhisthodakaṇḍ-

ūyutaḥ śopho vātakopāt syāt | tam̐-tādr̥śam̐ śopham̐,

ghṛtenoṣṇena secayediti | iti śrīmṛgāṅkadattaputraśrīma-

daruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭīkā- yām̐ sarvāṅg-

5 asundarākhyāyām̐ sūtrasthāne śastravidhirnāma ṣaḍvi-

mśo+adhyāyaḥ samāptaḥ | | 26 | | § 5811

1.26.180 Āyurvedarasāyana

srutaraktasya śītopacārātīsaye doṣamāhasrutāsṛja iti | ukt-

adoṣe pratīkāramāha-tamiti | saṅgrahe tu (sū.a. 35)-"sarvāsām̐

ca param̐ pramāṇamaṣṭādaśāṅgulāni | tatra catuspañc-

aṣaḍāṅgulā nṛṣu yojayet | gajavājiṣvaparāḥ | tāsū su-

5 kumārāstanutvaco+alpaśiraskā bṛhadadharakāyāśca stri-

yaḥ | viparītāḥ pumāṃso+arddhacandrākṛtipurovṛttāśca |

tatra bahudoṣeṣu cirothhiteṣu cāmayeṣu pumāṃso yo-
jayitavyāḥ | striyo viparīteṣu | jalaukasastvādracarmā-
dyupāyairgrhītvā surabhipaṅkagarbhe nave ghaṭe sthā-
payet | śṛṅgāṭakakaserukaśālūkaśaivālamṛṇālavallūramṛ- 5
tsrāpuṣkarabījacūrṇam svāduśītam svaccham ca toyam-
annapānārthe tābhyo dadyāt | lālādikothaparihārartham-
eva ca tryahāntryahāt purvamannapānamapanīyānyadd-
adyāt | pañcāhacca tadvidha eva ghaṭāntare tāḥ sañcāra-
yet | " iti | iti hemādriṭīkāyāmāyurvedarasāyane | śāstrapr-
akaraṇam nāma sāmastyena nirūpitam | | 26 | | § 5812 10

1.27 sirāvyadhavidhiradhyāyaḥ : 27

1.27.1 Aṣṭāṅgahṛdayasaṃhitā

athātaḥ sirāvyadhavidhimadhyāyam
vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 5814

1.27.2 Sarvāṅgasundarā

saratyābhī raktamiti sirāḥ, tāsām vyadhaḥ, tasya vidhiḥ, ta-
madhyāyam vyākhyāsyāmaḥ | śeṣam pūrvavat | § 5815

1.27.3 Sarvāṅgasundarā

śirāvyadhavidhimadhyāyam vyākhyātum pratijānīte-atheti |
saṅgrāhe tu (sū.a. 36)-"bahavo hi raktāvasecanopāyāḥ pr-
āgabhihitāḥ | teṣāmanyēṣāṃ ca virekādīnāmupakramā-
ṇām tatsādhyeṣvāmayeṣu śirāvyadhaḥ pradhānam | am-
unā hi te samūlāḥ śoṣamāyānti kedāraśetubhedena śālyād- 5
aya iva | tathā ca | śirāvyadhaśchikitsārdham sampūrṇam
vā cikitsitam | śalyatantre smṛto yadvadbastiḥ kāyaciki-
tsite | | yathā raktamadhiṣṭhānam vikāraṇām vikāriṇām |
anyanna hi tathā dūṣyam karmedam prathamam tataḥ | |
tatrāmbu śārīramāhārasārabhūtam rasākhyamavikṛtama- 10
vikṛtena tejasā rañjitaṃ raktamāhuḥ | " iti | § 5816

1.27.4 Sarvāṅgasundarā

lohitam madhuraguṇam(rasam) , tathā, iṣallavaṇam, ki-
ñcicchabda iṣadarthe, tathā+aśītoṣṇam-nañīṣadarthe, iṣa-
cchītamīṣaduṣṇam, tathā+asam̐hatam-dravam, śuddham
syāt | samprati varṇataḥ śuddhalohitalakṣaṇamāha-padmetyādi |
5 indragopaḥ-mṛganakṣatroṭpannaḥ kīṭakaviśeṣaḥ | hema-
kanakam | aviḥ-meṣaḥ | aviśaśayorlohitaśabdena raktavā-
cinā sambandhaḥ | padmādīnām dvandvaḥ | padmendr-
agopahemāviśaśalohitamiva lohitam-raktavarṇam, yadra-
ktam tacchuddham syāt | tacca tanoḥ-śarīrasya, prabhavaḥ-
10 utpattihetuḥ | tenaivaraktena, tanoḥ sthitiḥ-prabandhāvicchedalakṣaṇā |
anekadr̥ṣṭāntopādānam ca śuddharaktasyānekavarṇada-
rśanāt | § 5817

1.27.5 Aṣṭāṅgahr̥dayasam̐hitā

madhuram lavaṇam kiñcidaśītoṣṇamasam̐hatam | | 1 | |
padmendragopahemāviśaśalohitalohitam | | 1 | |
lohitam prabhavaḥ śuddham, tanostenaiva ca
sthitiḥ | | 2 | | § 5820

1.27.6 Āyurvedarasāyana

śuddharaktasya lakṣaṇamāha-madhuramiti | asam̐hatam-
dravam | hemā-mañjiṣṭhā | śuddharaktasyārogyahetutvamāha-
tanoriti | saṅgrāhe tu (sū.a. 36) "tathā dūṣyam | doṣamiti
kecit | ubhayātmakamanye | taccaivaṃvidhameva vidhiv-
5 adāhāravihārābhyāsādviśuddham balavarṇasukhāyusaṃ
yonih | " iti | § 5821

1.27.7 Aṣṭāṅgahr̥dayasam̐hitā

tatpittaśleṣmalaiḥ prāyo dūṣyate----- | | 2 | | § 5822

1.27.8 Sarvāṅgasundarā

tacca-raktaṃ, bāhulyena pittaśleṣmalairdūṣyate | pittalaiḥ-
kṣāroṣṇatīkṣṇādibhiḥ | śleṣmalaiḥ-māṣatilādibhiḥ | tathā
purākṛtāddaivādapi, śaratkālasvabhāvāt kadācidvātalair-
api dūṣyata iti prāyograhaṇam | § 5823

1.27.9 Āyurvedarasāyana

raktasya duṣṭikāraṇamāha-tatpittaśleṣmalairiti | § 5824

1.27.10 Aṣṭāṅgahr̥dayasaṃhitā

-----kurute tataḥ | | 2 | |
visarpavidradhiplīhagulmāgnisadanajvarān | | 3 | |
mukhanetraśīrorogamadatr̥ḍlavanāsyatāḥ | | 3 | |
kuṣṭhavātāsrappittāsrakāṭvamlodgiraṇabhramān | | 4 | |
śītoṣṇasnigdhārūkṣādyairūpakrāntāśca ye 5
gadāḥ | | 4 | |
samyaksādhyā na sidhyanti te ca
raktaprapakopajāḥ | | 5 | | § 5830

1.27.11 Sarvāṅgasundarā

tato-dūṣaṇātkāraṇāt, visarpādīn bhramāntān kurute | ta-
thā, śītoṣṇādibhiḥ samyakcikitsitāḥ sādhyā api rogā ye na
sidhyanti, te ca raktaprapakopajāḥ | na kevalaṃ visarpād-
ayaḥ, iti cārthaḥ | ādiśabdena stambhasvedanādiparigra-
haḥ | § 5831

5

1.27.12 Āyurvedarasāyana

duṣṭaraktasya kāryamāha-kuruta iti | duṣṭaraktakāryasya
sāmānyalakṣaṇamāha-śītoṣṇeti | cakāradbayakaraṇādukt-
eṣvanukteṣu cedam lakṣaṇam jñeyam | § 5832

1.27.13 Aṣṭāṅgahr̥dayasaṃhitā

teṣu srāvayitum raktamudriktaṃ
vyadhayetsirām | | 5 | | § 5833

1.27.14 Āyurvedarasāyana

duṣṭaraktakāryasya pratīkāramāha-teṣviti | § 5834

1.27.15 Sarvāṅgasundarā

tathā, teṣu-visarpādiṣu rogeṣu, ulbaṇaṃ raktam srāvayi-
taṃ sirām vyadhayet | adantatvādatra vṛddherabhāvaḥ |
§ 5835

1.27.16 Āyurvedarasāyana

ūnaṣoḍaśābdādīnām śirāvyadham niṣedhati-natūneti | pa-
ñcasu karmasu-vamanavirecananirūhānuvāsanasyeṣu |
vamanādausnehapāne yāvattakṛtadoṣakṣobha(bhā)nivṛttistāvanniṣedhaḥ |
ayantritām-akṛtavakṣyamāṇayantraṇām | tiryak-tiryaggatām |
5 anutthitām-aprakaṭām | saṅgrāhe tu (sū.a.36)-"tatra sneha-
pītādiṣu samyagviddhā api śirā na sravantyatisravanti vā |
samyaksnigdhasvinnasya punardravībhūtā doṣāḥ śoṇita-
manupraviṣṭāḥ samyak pracyavante | na tveṣa niṣedho vi-
śasaṃsr̥ṣtopasargātyayikavyādhiṣu | " iti | § 5836

1.27.17 Aṣṭāṅgahr̥dayasaṃhitā

na tūnaṣoḍaśāntitasaptatyabdasrutāsṛjām | | 6 | |
asnigdhasveditātyarthasveditānilarogīnām | | 6 | |
garbhiṅsūtīkājīrṇapittāsraśvāsakāsinām | | 7 | |
atīśārodaracchardipāṇḍusarvāṅgaśophinām | | 7 | |
5 snehapīte prayukteṣu tathā pañcasu
karmasu | | 8 | |
nāyantritām sirām vidhyenna
tiryāṅgāpyanutthitām | | 8 | |
nātiśītoṣṇavātābhreṣvanyatrātyayikādgadāt | | 9 | | § 5843

1.27.18 Sarvāṅgasundarā

ūnaṣoḍaśavarṣādīnāṃ tu sirāṃ na vyadhayet | snehapīte-
pītasneha ityarthāḥ, āhitāgnyāditvāt paranipātaḥ | tathā,
pañcasu-vamanādiṣu, karmasu vihiteṣu satsu, sirāṃ na
vyadhayet | tathā, ayantritāṃ-abaddhāṃ, sirāṃ na vyadh-
ayet | tathā, na tiryak, na cānutthitāṃ, nātiśīte, nātyuṣṇe, 5
nātivāte, na ca meghodaye, sirāṃ vyadhayet | ātyayikāt-
rohiṇīviṣādikāt, anyatra na vyadhayet | ātyayike tu roge
śītoṣṇavr̥ṣṭīnāṃ yathāyatham pratīkāraṃ vidhāya sirāṃ
mokṣayedeva | § 5844

1.27.19 Āyurvedarasāyana

śīroroge netraroge ca vedhyāḥ śīrā āha-śironetravikāreṣviti |
lalāte bhavā lalātyāḥ | "śarīrāvayavādyat" iti yat | evama-
pāṅgyā upanāsyāḥ [ca] | upanāsyāḥ-kanīnikābhavāḥ (?) |
§ 5845

1.27.20 Aṣṭāṅgahr̥dayasamhitā

śironetravikāreṣu lalātyāṃ mokṣayetsirāṃ | | 9 | |
āpāṅgyāmupanāsyāṃ
vā----- | | 10 | | § 5847

1.27.21 Sarvāṅgasundarā

śironayanavikāreṣu lalātyāṃ sirāṃ mokṣayet | lalāte bhavā-
lalātyā, śarīrāvayavādyat, evamagre+api | apāṅge bhavāṃ
apāṅgyāṃ, nāsikāsamīpe bhavāṃ-upanāsyāṃ, vā | § 5848

1.27.22 Aṣṭāṅgahr̥dayasamhitā

-----kārṇarogeṣu
kārṇajām | | 10 | | § 5849

1.27.23 Sarvāṅgasundarā

karnāmayeṣu karṇajāṃ-karṇasamīpabhavāṃ, sirāṃ vi-
dhyet | § 5850

1.27.24 Āyurvedarasāyana

karṇarogeṣu śirā āha-karṇarogeṣviti | § 5851

1.27.25 Aṣṭāṅgahr̥dayasaṃhitā

nāsārogeṣu nāsāgre sthitāṃ----- | | 10 | | § 5852

1.27.26 Sarvāṅgasundarā

nāsāmayeṣu nāsāgre sthitāṃ vidhyet | § 5853

1.27.27 Āyurvedarasāyana

nāsārogeṣu śirā āha-nāsārogeṣviti | § 5854

1.27.28 Aṣṭāṅgahr̥dayasaṃhitā

-----nāsālalāṭayoh | | 10 | |
pīnase-----
| | 11 | | § 5856

1.27.29 Sarvāṅgasundarā

pīnase-pratiśyāye, nāsālalāṭamadyasthāṃ sirāṃ vidhyet |
§ 5857

1.27.30 Āyurvedarasāyana

pīnase śirā āha-nāsālalāṭayoriti | § 5858

1.27.31 Aṣṭāṅgahr̥dayasaṃhitā

-----mukharogeṣu
jihvauṣṭhahanutālugāḥ | | 11 | | § 5859

1.27.32 Sarvāṅgasundarā

mukharogeṣu jihvādigāḥ sirā vidhyet | § 5860

1.27.33 Sarvāṅgasundarā

mukharogeṣu śirā āha-mukharogeṣviti | § 5861

1.27.34 Aṣṭāṅgahr̥dayasaṃhitā

jatrūrdhvagr̥anthiṣu
gr̥ivākarnaśaṅkhaśiraḥśritāḥ | | 11 | | § 5862

1.27.35 Sarvāṅgasundarā

jatrūrdhvaṃ-vakṣoṃsayoḥ sandhyūrdhvaṃ, ye gr̥anthay-
asteṣu gr̥ivādyāśritāḥ sirā vidhyet | § 5863

1.27.36 Āyurvedarasāyana

jatrūrdhvagr̥anthiṣu śirā āha-jatrūrdhvagr̥anthiṣviti | § 5864

1.27.37 Āyurvedarasāyana

unmāde śirā āha-uropāṅgalalāṭasthā iti | § 5865

1.27.38 Aṣṭāṅgahr̥dayasaṃhitā

uropāṅgalalāṭasthā unmāde----- | | 12 | | § 5866

1.27.39 Sarvāṅgasundarā

unmāde uraḥsthā apāṅgasthā lalāṭāśritāśca vidhyet | § 5867

1.27.40 Aṣṭāṅgahr̥dayasaṃhitā

-----+apasmṛtau punaḥ | | 12 | |

hanusandhau samaste vā śirāṃ
bhrūmadhyagāminīm | | 12 | | § 5869

1.27.41 Āyurvedarasāyana

apasmāre śirā āha-apasmṛtāviti | ukteṣu śirorogādiṣu sam-
ānyataḥśirā āha-samaste veti | § 5870

1.27.42 Sarvāṅgasundarā

apasmāre tu hanusandhau sthitāṃ sirāṃ vidhyet | samaste-
sarvasmin, vā hanau sirāṃ vidhyet | bhrūmadhyagāminīm-
bhrūmadhyasthāṃ, sirāṃ vā+aparasmṛtau vidhyediti vāś-
abdo+atrānuvartya yojyaḥ | § 5871

1.27.43 Aṣṭāṅgahr̥dayasaṃhitā

vidradhau pārśvasūle ca
pārśvakakṣāstanāntare | | 13 | | § 5872

1.27.44 Sarvāṅgasundarā

vidradhau pārśvasūle ca pārśvasthāḥ kakṣāsthāḥ stanānt-
arasthāśca sirā vidhyet | § 5873

1.27.45 Āyurvedarasāyana

vidradhipārśvasūlayoḥśirā āha-vidradhāviti | § 5874

1.27.46 Aṣṭāṅgahr̥dayasaṃhitā

ṭṭīyakem+asayormadhye----- | | 13 | | § 5875

1.27.47 Sarvāṅgasundarā

ṭṭīyake jvareṃ+asayormadhye-skandhasandhau sthitāṃ
sirāṃ, vidhyet | § 5876

1.27.48 Āyurvedarasāyana

ṭṭīyakajvare śirā āha-ṭṭīyaka iti | § 5877

1.27.49 Sarvāṅgasundarā

caturthakajvare śirā āha-skandhasyādha iti | § 5878

1.27.50 Aṣṭāṅgahr̥dayasaṃhitā

skandhasyādhaścaturthake | | 13 | | § 5879

1.27.51 Sarvāṅgasundarā

caturthake jvare skandhasyādhogatāṃ-anyatarapārśvāśrayāṃ,
sirāṃ vidhyet | § 5880

1.27.52 Sarvāṅgasundarā

pravāhikāyāṃ śūlayuktāyāṃ śronitaḥ-kaṭhyāḥ, dvyaṅgule
sthitāṃ sirāṃ vidhyet | § 5881

1.27.53 Aṣṭāṅgahr̥dayasaṃhitā

pravāhikāyāṃ śūlinyāṃ śronito dvyaṅgule
sthitāṃ | | 14 | | § 5882

1.27.54 Āyurvedarasāyana

saśūlapravāhikāyāṃ śirā āha-pravāhikāyāmiti | § 5883

1.27.55 Aṣṭāṅgahr̥dayasaṃhitā

śukrameḍhrāmāye
meḍhre----- | | 14 | | § 5884

1.27.56 Sarvāṅgasundarā

śukraroge meḍhraroge ca meḍrasthitāṃ sirāṃ vidhyet |
§ 5885

1.27.57 Āyurvedarasāyana

śukraroge meḍhraroge ca śirā āha-śukrameḍhrāmāya iti |
§ 5886

1.27.58 Aṣṭāṅgahr̥dayasaṃhitā

-----ūrugāṃ
galagaṇḍayoḥ | | 14 | | § 5887

1.27.59 Āyurvedarasāyana

galagaṇḍamālayoḥ śirā āha-ūrugāmiti | dvivacanasāma-
rthyāt gaṇḍamālāgrahaṇam | § 5888

1.27.60 Sarvāṅgasundarā

galagaṇḍayoścobhayorūrusthāṃ sirāṃ vidhyet | § 5889

1.27.61 Aṣṭāṅgahr̥dayasaṃhitā

ḡḍhrasyāṃ jānuno+adhastādūrdhvaṃ vā
caturaṅgule | | 15 | | § 5890

1.27.62 Sarvāṅgasundarā

gr̥dhrasyāṃ jānuno+adhastāccaturaṅgula ūrdhvaṃ vā jā-
nunaścaturaṅgule sthitāṃ sirāṃ vidhyet | § 5891

1.27.63 Āyurvedarasāyana

gr̥dhrasyāṃ śirā āha-gr̥dhrasyāṃiti | § 5892

1.27.64 Aṣṭāṅgahr̥dayasaṃhitā

indrabasteradho+apacyāṃ
dvyaṅgule----- | | 15 | | § 5893

1.27.65 Sarvāṅgasundarā

apacīsaṃjñe roge indrabasteradho dvyaṅgule sirāṃ vi-
dhyet | indrabastiḥ-jaṅghāntare vakṣyamāṇaḥ (hr̥. śā. a.
4 | 5) § 5894

1.27.66 Sarvāṅgasundarā

apacyāṃ śirā āha-indrabasteriti | indrabastiḥ-jaṅghāmadhye
marma | § 5895

1.27.67 Aṣṭāṅgahr̥dayasaṃhitā

-----caturaṅgule | | 15 | |
ūrdhvaṃ gulphasya sakthyartau, tathā
kroṣṭukaśirṣake | | 16 | | § 5897

1.27.68 Āyurvedarasāyana

sakthiśūle kroṣṭukaśirṣake ca śirā āha-caturaṅgula iti |
§ 5898

1.27.69 Sarvāṅgasundarā

sakthipīḍāyāṃ gulphasyordhvaṃ caturaṅgule sirāṃ vi-
dhyet | kroṣṭukaśīrṣākhye vātarogaviśeṣe gulphasyordhvaṃ
caturaṅgule vidhyet | § 5899

1.27.70 Āyurvedarasāyana

pādadāhādiṣu ṣaṭsu śirā āha-pādadāha iti | harṣe-pādaharṣe |
cippe-nakharoge | kṣipraṃ-aṅguṣṭhāṅgulimadhye marma |
saṅgrahe tu (sū.a.36)-"etenetasakthibāhū ca vyākhyā-
tau | viśeṣatastu vāmabāhāvabhyantarato bāhumadhye pl-
5 īhodare | evameva ca dakṣiṇabāhau yakṛdākhye | tathā kā-
saśvāsayorapyādiśanti | " iti | § 5900

1.27.71 Aṣṭāṅgahr̥dayasaṃhitā

pādadāhe khuḍe harṣe vipādyāṃ vātakaṅtake | | 16 | |
cippe ca dvyaṅgule vidhyedupari
kṣipramarmanāḥ | | 17 | | § 5902

1.27.72 Sarvāṅgasundarā

pādadāhādiṣu kṣipramamarṇa upari dvyaṅgule vidhyet |
khuḍaṃ-vātaraktam | § 5903

1.27.73 Aṣṭāṅgahr̥dayasaṃhitā

ḡdhrasyāmiva viśvācyām----- | | 17 | | § 5904

1.27.74 Sarvāṅgasundarā

viśvācyāṃ ḡdhrasīproktāṃ sirāṃ vidhyet | "ḡdhrasyāṃ
jānuno+adhastāt " iti | § 5905

1.27.75 Āyurvedarasāyana

viśvācyāṃ śirā āha-gr̥dhraśyāmiveti | saṅgrahe tu (sū.a.36)-
"bāhuśoṣāvabāhukayorapyeke | " iti | § 5906

1.27.76 Aṣṭāṅgahr̥dayasaṃhitā

-----yathoktānāmadarśane | | 17 | |
marmahīne yathāsanne deśe+anyāṃ vyadhayet
sirām | | 18 | | § 5908

1.27.77 Sarvāṅgasundarā

yathoktānāṃ sirāṅnāmadarśane sati marmavarjite yathāsa-
nne sthāne vyādhivaśādaparāṃ vyadhayet | § 5909

1.27.78 Āyurvedarasāyana

yathoktaśirāṅnāmadarśane tadāsannā śirā vedhyā ityāha-
yathoktānāmiti | § 5910

1.27.79 Aṣṭāṅgahr̥dayasaṃhitā

atha snigdhatanuḥ sajjasarvopakaraṇo balī | | 18 | |
kṛtasvastyayanaḥ
snigdharasānnapratibhojitaḥ | | 19 | |
agnitāpātapasvinno
jānūccāsanasaṃsthitaḥ | | 19 | |
mṛdupaṭṭāttakeśānto
jānusthāpitakūrparaḥ | | 20 | |
muṣṭibhyāṃ vastragarbhābhyāṃ manye
gāḍham nipīdayet | | 20 | |
dantaprapīdanotkāsagaṇḍādhmānāni
cācaret | | 21 | |
pṛṣṭhato yantrayeccainam
vastramāveṣṭayannaraḥ | | 21 | |

5

kandharāyāṃ parikṣipya
nyasyāntarvāmatarjanīm | | 22 | |
eṣo+antarmukhavarjyānām sirāṇām yantraṇe
vidhiḥ | | 22 | | § 5919

1.27.80 Āyurvedarasāyana

śirāvyadhavidhimāha-atheti | alpam̐ snigdham̐ rasānnaṃ-
snigdharasānnaprati | "suppratīnā mātrārthe" ityvyayībh-
āvaḥ | saṅgrāhe tu (sū.a. 36)-"vyādhibalasātmyādyapekṣya
snigdham̐ jāṅgalarasam̐ yavāgūṃ vā pāyayitvā muhūrta-
5 mātramāśvāsitaṃ pūrvāhṇe+aparāhṇe vā | " iti | § 5920

1.27.81 Sarvāṅgasundarā

athetyānantarye | snigdhā tanuryasya sa snigdhatanuḥ |
tathā, sajjāni-praguṇāni, ((sarvāṇi)) upakaraṇāni-vastraṣaṅḍapaṭodakasnehagai
yasya sa sajjasarvopakaraṇaḥ | tathā, balīpuṣṭaḥ | tathā,
kṛtaṃ svastyayanaṃ-balimaṅgalaḥomādikaṃ, yasya sa kṛ-
5 tasvastyayanaḥ | tathā, snigdharasayuktenānena prati-
bhojitaḥ | tathā, agnitāpaścātapaśca, tābhyāṃ svinnāḥ |
tathā, jānutulye uccāsane, saṃsthitaḥ-samupaviṣṭaḥ | ta-
tathā, mṛdunā-sūkṣmeṇa, vastrapaṭṭenātto-grhīto baddhaḥ
keśānto yasya sa evam | tathā, jānunoḥ sthāpitau kū-
10 rparau yena sa evam | tathā, muṣṭibhyāṃ vastragarbhā-
bhyāṃ manye+atīśayena pīḍayet | tathā, dantaprapīḍanā-
dīnyācāret | enaṃ cāturaṃ pṛṣṭhadeśe vasanamāveṣṭaya-
nnaro yantrayet | katham̐ ? grīvāyāṃ vastraṃ parikṣipya,
tathā+antaḥ-madhye, vāmatarjanīm̐ nyasya | sirāṇām̐ ya-
15 ntraṇa eṣa vidhiḥ-etadvidhānam̐ | kimbhūtānām̐ ? anta-
rmukhavarjyānām̐ | § 5921

1.27.82 Sarvāṅgasundarā

tato-yantraṇādanantaram̐, vaidyo+āṅguṣṭhavimuktayā vā-
mapāṇijayā madhyamayā+āṅgulyā tāḍayet | § 5922

1.27.83 Aṣṭāṅgahr̥dayasaṃhitā

tato madhyamayā+aṅgulyā

vaidyo+aṅguṣṭhavimuktayā | | 23 | |

tāḍayet-----

| | 23 | | § 5924

1.27.84 Āyurvedarasāyana

śirothāpanavidhimāha-tata iti | § 5925

1.27.85 Sarvāṅgasundarā

sparśena tathā+aṅguṣṭhapīḍanairvotthitāṃ jñātvā, ūrdhv-
adaṇḍasirāyā madhye nyasya phaloddeśe suniṣkampaṃ
vāmahastagr̥hītayā kuṭhāryā sirāṃ lakṣayet | tadvacca mo-
kṣayet | yathaiva lakṣayettathaivetyarthaḥ | vr̥himukh-
ena punastāḍayan-vyathayan, tathā+aṅguṣṭhādinā pīḍa- 5
yan, enāṃ-kuṭhārikāviṣayajāṃ sirāṃ, vidhyet | nanu, ku-
ṭhārikāviṣaye kathaṃ vr̥hivaktrasya prayogaḥ ? yataḥ 'ap-
avādaviṣayaṃ parihṛtyotsargaḥ pravartate' iti nyāyāt vr̥h-
ivaktrasyaiva sāmānyena prayogo+anujñātaḥ | tathā cāha 10
(hr̥. sū. a. 26 | 11)- "vr̥hivaktraṃ prayojyaṃ ca tatsirodaray-
orvyadhe |" iti | kuṭhāryāḥ punarviśeṣo+abhihitaḥ (hr̥. sū.
a. 26 | 12)-"tayordhvadaṇḍayāvidhyeduparyasthnāṃ sthi-
tāṃ śirāṃ |" iti | tasmādayuktametāt | atrocyaṭe jñāp-
akam | kuṭhārikāviṣaye vr̥hivaktrasya prayogo nyāyya 15
eva | yadayamācāryō vakṣyati (ślo.33)-"māṃsale nikṣipe-
ddeśe vr̥hāsyāṃ vr̥himātrakam |" iti | anena hi vacanena
granthakāra idam pratyapādayat,- bahumāṃse śarīrāvay-
ave vr̥himukhaṃ vr̥himātraṃ nikṣepyam, anyatra tvāśa-
yānurodhena vr̥hivaktrasya prayogaḥ kārya iti | anenaiv-
ābhīprāyeṇa śāstrakṛtā "pramāṇaparimāṇābhyāṃ saṅkhy- 20
āyāścāpi saṃśaye mātrac vaktavyaḥ ityanena mātrac kṛ-
taḥ | anyathā tu spaṣṭaṃ kṛtvā "vr̥hipramāṇaṃ vr̥hyā-
syāṃ māṃsale nikṣipedvyadhe |" iti pāṭhaṃ kuryāt | ta-
smādyukto vr̥himukhasya kuṭhārikāviṣaye prayoga iti |
§ 5926

25

1.27.86 Aṣṭāṅgahr̥dayasaṃhitā

-----utthitāṃ jñātvā
sparśādvā+aṅguṣṭhapīḍanaiḥ | | 23 | |
kuṭhāryā lakṣayenmadhye
vāmahastagr̥hītayā | | 24 | |
phaloddeśe suniṣkampaṃ sirāṃ, tadvacca
mokṣayet | | 24 | |
tāḍayan pīḍayaṃścaināṃ-----
| | 25 | | § 5930

1.27.87 Āyurvedarasāyana

śirālakṣīkaraṇavidhimāha-utthitāṃiti | utthitāṃ-spandamānāṃ,
sparśena jñātvā | gambhīrāṃ tvaṅguṣṭhapīḍanena jñātvā |
phaloddeśe vāmena hastena suniṣkampaṃ gr̥hītayā kuṭh-
āryā madhye lakṣayet | śirāṃmokṣaṇavidhimāha-tadvaditi |
5 enāṃ-kuṭhārikāṃ, aṅguṣṭagr̥hītayā madhyamāṅgulyā tā-
ḍayan, aṅguṣṭhodareṇa vā pīḍayan, śirāṃ mokṣayet | § 5931

1.27.88 Aṣṭāṅgahr̥dayasaṃhitā

-----vidhyedvr̥himukhena tu | | 25 | |
aṅguṣṭhenonnamayyāgre
nāsikāmupanāsikāṃ | | 25 | | § 5933

1.27.89 Sarvāṅgasundarā

agre-agradeśe, nāsikāmaṅguṣṭhenonnamayya, upanāsikāṃ-
nāsikāsannadeśasthāṃ sirāṃ, vidhyet | § 5934

1.27.90 Āyurvedarasāyana

upanāsikāyā vyadhanamāha-vidhyediti | § 5935

1.27.91 Aṣṭāṅgahr̥dayasaṃhitā

abhyunnatavidaṣṭāgrajihvasyādhasṭadāśrayām | | 26 | | § 5936

1.27.92 Sarvāṅgasundarā

ābhimukhyenonnatā-upari tāludeśe nītā, tathā viśeṣeṇa
dantairdaṣṭā-vidaṣṭā, agre jihvā-agrajihvā, yenāsāvabhyu-
nnatavidaṣṭāgrajihvaḥ, tasyādhaḥ-prakṛtatvājijhvāyā evā-
dhastāt, tadāśrayām-jihvādhaḥsthām sirām vidhyet | tad-
ityanena jihvādhaḥ parāmṛśyate | jihvādha āśrayo yasyāḥ 5
sirrāyāḥ, tām | § 5937

1.27.93 Āyurvedarasāyana

jihvādhaḥ śirāvyadhanamāha-abhyunnateti | § 5938

1.27.94 Aṣṭāṅgahr̥dayasaṃhitā

yantrayetstanayorūrdhvaṃ
grīvāśritasirāvyadhe | | 26 | | § 5939

1.27.95 Sarvāṅgasundarā

grīvāśritānām sirāṇām vyadho-grīvāśritasirāvyadhaḥ, ta-
smin stanayorūrdhvaṃ yantrayet-vāsasā veṣṭayet | § 5940

1.27.96 Āyurvedarasāyana

grīvāśirāṇām yantraṇamāha-yantrayediti | § 5941

1.27.97 Aṣṭāṅgahr̥dayasaṃhitā

paṣāṇagarbhahastasya jānusthe prasṛte bhuje | | 27 | |
kukṣerārabhya mṛdite
vidhyedbaddhordhvapaṭṭake | | 27 | | § 5943

1.27.98 Sarvāṅgasundarā

pāṣāṅgarbhau hastau yasya, tasya narasya bhujē jānusthe-
jānupr̥sthasthite, prasr̥te-prasārite | 'bhujē' ityekavacana-
matantram, dvāvapi hi bhujau gr̥hyete | kukṣerārabhya yā-
vadgr̥ivam̐ tāvanm̐rdite- malite | kasmin ? gr̥ivāsritasirā-
5 vyardhārhe+aṅge | tathā baddha ūrdhvam̐ paṭṭako yasmi-
m̐stasmin vidhyet | prakṛtatvāt sirām | § 5944

1.27.99 Āyurvedarasāyana

bhujaśirāṅam̐ yantraṅamāha-pāṣāṅgarbhahastasyeti | § 5945

1.27.100 Aṣṭāṅgahr̥dayasaṃhitā

vidhyeddhastaśirām̐ bāhāvanākuñcitakūrpare | | 28 | |
baddhvā sukhopaviṣṭasya
muṣṭimaṅguṣṭhagārbhiṅam̐ | | 28 | |
ūrdhvam̐ vedhyapradeśācca paṭṭikām̐
caturaṅgule | | 29 | | § 5948

1.27.101 Sarvāṅgasundarā

hastasirām̐ vidhyet | katham ? bāhāvanākuñcitakūrpare,-
anākuñcitaḥ-prasāritaḥ, kūrparo yasya bāhostasmin | ta-
thā, sukhopaviṣṭasya-sukhāsīnasya | tathā, muṣṭim̐ ba-
ddhvā | kimbhūtam ? aṅguṣṭhena garbhiṅam̐-aṅguṣṭhagarbhiṅam̐ |
5 gūḍhāṅguṣṭham̐ muṣṭim̐ baddhvetyarthaḥ | tathā, vedhy-
asthānādūpari caturaṅgulaparimāṇe sthāne paṭṭikām̐ ba-
ddhvā vidhyet | § 5949

1.27.102 Āyurvedarasāyana

hastāśirāṅam̐ yantraṅavidhimāha-vidhyediti | § 5950

1.27.103 Āyurvedarasāyana

pārśvaśirāṅam̐ yantraṅamāha-vidhyediti | § 5951

1.27.104 Aṣṭāṅgahṛdayasaṃhitā

vidhyedāmbamānasya bāhubhyāṃ pārśvayoḥ
sirāṃ | | 29 | | § 5952

1.27.105 Sarvāṅgasundarā

bāhubhyāmāmbamānasya-avalambyaṃ vastu bhujābhy-
āmāsajataḥ pārśvayoḥ sirāṃ vidhyet | § 5953

1.27.106 Aṣṭāṅgahṛdayasaṃhitā

prahr̥ṣṭe mehane----- | | 30 | | § 5954

1.27.107 Sarvāṅgasundarā

prahr̥ṣṭe-stabdhe, meḍhre tadāsritāṃ sirāṃ vidhyet | § 5955

1.27.108 Āyurvedarasāyana

meḍhraśirāṇāṃ yantraṇamāha-prahr̥ṣṭa iti | § 5956

1.27.109 Aṣṭāṅgahṛdayasaṃhitā

-----jaṅghāsirāṃ jānunyakuñcite | | 30 | | § 5957

1.27.110 Sarvāṅgasundarā

jānunyakuñcite spaṣṭe sthite sati, jaṅghāyāṃ sirāṃ vi-
dhyet | § 5958

1.27.111 Sarvāṅgasundarā

jaṅghāsirāṇāṃ yantraṇamāha-jaṅghāsirāṃiti | § 5959

1.27.112 Aṣṭāṅgahr̥dayasaṃhitā

pāde tu susthite+adhastājjanusandhernipīḍite | | 30 | |
gāḍhaṃ karābhyāmāgulphaṃ caraṇe tasya
copari | | 31 | |
dvitīye kuñcite kiñcidārūḍhe
hastavattataḥ | | 31 | |
baddhvā vidhyetsirām-----
| | 32 | | § 5963

1.27.113 Āyurvedarasāyana

pādaśirāṇāṃ yantraṇamāha-pāde tviti | hastavadvedhya-
pradeśādūrdhvaṃ caturaṅgule paṭṭikāṃ baddhvā | § 5964

1.27.114 Sarvāṅgasundarā

sukhaṃ kṛtvā bhūmyādideśe sthite pāde sati pādasirāṃ vi-
dhyet | tathā jānusandheradhastādāgulphaṃ-gulphaṃ yā-
vat, karābhyām gāḍhaṃ kṛtvā pīḍite sati, tasya caraṇasyopari-
upariṣṭāt dvitīye caraṇa īṣatsaṅkucite, tathā ārūḍhe-
5 tatkālite sati, tato hastavat-vedhyasthānādupari caturaṅ-
gule paṭṭikāṃ, baddhvā sirāṃ vidhyet | § 5965

1.27.115 Aṣṭāṅgahr̥dayasaṃhitā

-----itthamanukteṣvapi kalpayet | | 32 | |
teṣu teṣu pradeśeṣu
tattadyantramupāyavit | | 32 | | § 5967

1.27.116 Sarvāṅgasundarā

itthaṃ-anena prakāreṇa yantralakṣaṇoddeśena, anukta-
mapi yantraṃ tattaddeśamāhātmyāt kriyāsaukaryārthaṃ
teṣu teṣu śarīrāvayaveṣu svabuddhyā tattadyantraṃ yath-
āyogaṃ kalpayet, upāyajño vaidyaḥ | § 5968

1.27.117 Āyurvedarasāyana

anuktaśirāṇām yantraṇamāha-itthamiti | § 5969

1.27.118 Aṣṭāṅgahṛdayasaṃhitā

māṃsale nikṣipeddeśe vrīhyāsyam
vrīhimātrakam | | 33 | |
yavārdhamasthnāmupari sirām vidhyan
kuṭhārikām | | 33 | | § 5971

1.27.119 Sarvāṅgasundarā

māṃsale śarīrāvayave vrīhimukhaṃ śastraṃ vrīhipram-
āṇam nikṣipet | asthnāmupari kuṭhārikām yavārdhamā-
trām nikṣipet | kiṃ kurvan ? sirām vidhyan | § 5972

1.27.120 Āyurvedarasāyana

vrīhimukhasya nikhananamāha-māṃsala iti | kuṭhārikāyā
nikhananamāha-yavārdhamiti | § 5973

1.27.121 Aṣṭāṅgahṛdayasaṃhitā

samyagviddhā sraveddhārām yantre mukte tu na
sravet | | 34 | | § 5974

1.27.122 Sarvāṅgasundarā

samyagviddhe sati(dvā satī) dhārām sravet | yantre ca mu-
kte sati na sravet | § 5975

1.27.123 Āyurvedarasāyana

samyagviddhālakṣaṇamāha-samyagviddha iti | § 5976

1.27.124 Aṣṭāṅgahr̥dayasaṃhitā

alpakālaṃ vahatyalpaṃ, durviddhā
tailacūrṇanaiḥ | | 34 | |
saśabdamatividdhā tu sravedduḥkhena
dhāryate | | 35 | | § 5978

1.27.125 Āyurvedarasāyana

durviddhālakṣaṇamāha-alpakālamiti | tailacūrṇanaiḥ-tailakṣārasedanaiḥ |
atividdhālakṣaṇamāha-saśabdamiti | § 5979

1.27.126 Sarvāṅgasundarā

alpaṃ viddhā satī sirā stokaṃ kālaṃ vahati | durviddhā-
asamyagviddhā satī, sirā tailayuktaiścūrṇanaiḥ sravet | at-
ividdhā tu sirā saśabdaṃ sravet | duḥkhena-kṛcchreṇa dh-
āryate | § 5980

1.27.127 Aṣṭāṅgahr̥dayasaṃhitā

bhīmūrccāyantraśaithilyakuṇṭhaśastrātīrptayaḥ | | 35 | |
kṣāmatvavegitāsvedā
raktasyāsrutihetavaḥ | | 36 | | § 5982

1.27.128 Sarvāṅgasundarā

bhīmūrccādayo raktasyāsravaṇahetavaḥ | bhīḥ-bhayam |
mūrccā-mohastamasīva praveśaḥ | yantraśaithilyam-agāḍham
kṛtvā yantrapīḍanam | tathā, kuṇṭham-bhagnaṃ śastram |
tathā, atīrptiḥ-atisauhityam | kṣāmatvaṃ-nirbalatā | vegitā-
5 sañjātavegatvam | asvedaḥ-svedāyogaḥ | yataścaite rudhi-
rasyāsrutihetavastato raktasrutāvete parihāryāḥ | § 5983

1.27.129 Āyurvedarasāyana

raktāvarodhakāraṇānyāha-bhīmūrcccheti | vegitā-mūtritativādiḥ |
asvedo-asamyaksvedaḥ | § 5984

1.27.130 Aṣṭāṅgahṛdayasaṃhitā

asamyagastre sravati vellavyoṣaniṣānataiḥ | |36| |

sāgāradhūmalavaṇātailairdihyācchirāmukham | |37| | § 5986

1.27.131 Sarvāṅgasundarā

asamyagastre sravati vellādibhiḥ sirāvadanam dihyāt pralepayet | § 5987

1.27.132 Āyurvedarasāyana

samyaksrāvārthamauṣadhamāha-asamyagasra iti | § 5988

1.27.133 Āyurvedarasāyana

samyaksrāvanirvāhārthamauṣadhamāha-samyakpravṛtta iti | dihyādityanuṣajyate | § 5989

1.27.134 Aṣṭāṅgahṛdayasaṃhitā

samyakpravṛtte koṣṇena tailena lavaṇena ca | |37| | § 5990

1.27.135 Sarvāṅgasundarā

samyakpravṛtte rakte sirāmukham koṣṇābhyāṃ tailalavaṇābhyāṃ dihyāt | § 5991

1.27.136 Aṣṭāṅgahṛdayasaṃhitā

agre sravati duṣṭāśraṃ kusumbhādiva pītikā | |38| | § 5992

1.27.137 Sarvāṅgasundarā

yathā rāgapītikāmiśrībhūtāt kusumbhādagre-pūrvam, pītikā sravati, evaṃ duṣṭāduṣṭarakṭādekalolībhūtāt pūrvam duṣṭamasraṃ sravati | § 5993

1.27.138 Āyurvedarasāyana

agra-grahaṇāt paścādaduṣṭamapi raktamavaśyaṃ sravatītyāśaṅkyedamāha-
svabhāvādduṣṭāsramevāgre śīrāḥ sravantītyāha agra iti |
§ 5994

1.27.139 Aṣṭāṅgahr̥dayasaṃhitā

samyaksrutvā svayaṃ tiṣṭhecchuddham taditi
nāharet | | 38 | | § 5995

1.27.140 Sarvāṅgasundarā

yathāvatprasrutya svayaṃ-yatnena vinā, yat tiṣṭhet-na sr-
avet, śuddham taditi nāharet-na srāvayet, jīvitahetuvāt |
§ 5996

1.27.141 Āyurvedarasāyana

samyaksrutvā yatsvayaṃ sthitaṃ raktaṃ tacchuddhatvānnāharedityāha-
samyaksrutveti | § 5997

1.27.142 Aṣṭāṅgahr̥dayasaṃhitā

yantraṃ vimucya mūrccāyāṃ vījite vyajanaiḥ
punaḥ | | 39 | |
srāvayenmūrccati
punastvaparedyustryāhe+api vā | | 39 | | § 5999

1.27.143 Sarvāṅgasundarā

mūrccāyāṃ satyāṃ yantraṃ vimucya vyajanairvījite-
samāśvastenare sati, punarasraṃ srāvayet | punarmūrcc-
ati tvāture+aśuddhamapi raktaṃ tasminnahani na srāv-
ayet | kadā tarhi srāvayet ? ityāha-aparedyuh,-anyasmin
5 dīne, tryāhe+api vā-ṭṭīye vā+ahni, srāvayet | § 6000

1.27.144 Sarvāṅgasundarā

mūrcchāyāṃ pratikāramāha-yantramiti | punarmūrcchāy-
āmaparadinādau srāvayedyāha-srāvayediti | § 6001

1.27.145 Aṣṭāṅgahr̥dayasaṃhitā

vātācchyāvāruṇaṃ rūkṣaṃ
vegasrāvyaacchaphenilam | | 40 | | § 6002

1.27.146 Sarvāṅgasundarā

vātāt śyāvādilakṣaṇaṃ raktaṃ syāt | § 6003

1.27.147 Āyurvedarasāyana

vātaduṣṭaraktasya lakṣaṇamāha-vātāditi | § 6004

1.27.148 Aṣṭāṅgahr̥dayasaṃhitā

pittāt pītāsitaṃ visramaskandyauşnyātsacandri-
kam | | 40 | | § 6005

1.27.149 Sarvāṅgasundarā

pittāt pītādilakṣaṇamasraṃ syāt | askandi-astyānam, uṣṇ-
atvāt | sacandrikaṃ ca | § 6006

1.27.150 Āyurvedarasāyana

pittaduṣṭaraktasya lakṣaṇamāha-pittāditi | auṣnyādaskandi-
ghanībhāvarahitam | § 6007

1.27.151 Aṣṭāṅgahr̥dayasaṃhitā

kaphāt snigdhamasṛkpāṇḍu tantumatpicchhilaṃ
ghanam | | 41 | | § 6008

1.27.152 Sarvāṅgasundarā

kaphāt snigdhādīlakṣaṇamasṛk syāt | § 6009

1.27.153 Āyurvedarasāyana

kaphaduṣṭaraktasya lakṣaṇamāha-kaphāditi | ghanamaṣrā-
varahitam | § 6010

1.27.154 Aṣṭāṅgahr̥dayasaṃhitā

saṃsr̥ṣṭaliṅgaṃ saṃsargāt----- | | 41 | | § 6011

1.27.155 Sarvāṅgasundarā

saṃsargāddoṣāṇaṃ saṃsr̥ṣṭaliṅgaṃ raktam syāt | § 6012

1.27.156 Āyurvedarasāyana

dvandvaduṣṭaraktasya lakṣaṇamāha-saṃsr̥ṣṭaliṅgamiti | § 6013

1.27.157 Aṣṭāṅgahr̥dayasaṃhitā

-----tridoṣaṃ malināvilam | | 41 | | § 6014

1.27.158 Sarvāṅgasundarā

tridoṣaraktam malinaṃ-kaluṣam, āvilam-ghanam ca | et-
acca doṣatrayasaṃsargalakṣaṇādadhikam lakṣaṇam ma-
ntavyam | na caitāvadeva tridoṣalakṣaṇam mantavyam |
§ 6015

1.27.159 Āyurvedarasāyana

tridoṣaduṣṭaraktasya lakṣaṇamāha-tridoṣamiti | malinaṃ-
nīlam | āvilam-kaluṣam | saṅgrahe tu (sū.a. 36)-"kaṣāyaraṣam
lohaḡandhi sītam ca raktam vātāt | ḡṛhadhūmāñjanodak-

akṛṣṇaṃ haritaṃ matsyagandhi kaṭutvānmakṣikāniṣṭhaṃ
gomūtrābhaṃ ca pittāt | kovidārapuṣpagairikodakapāṇḍu
śītaṃ skandi vraṇadvārā vasādilavaṇarasam vasāgandhi
ca kaphāt | kāmṣyanīlaṃ durgandhi ca sannipātāt | " iti |
§ 6016

5

1.27.160 Aṣṭāṅgahṛdayasaṃhitā

aśuddhau balino+apyasraṃ na
prasthātsrāvayetparam | | 42 | |
atisrutau hi mṛtyuḥ syāddāruṇā vā
calāmayāḥ | | 42 | | § 6018

1.27.161 Sarvāṅgasundarā

aśuddhamasraṃ balino+api-kiṃ punarabalinaḥ, prasthāt
paraṃ-adhikaṃ, na srāvayet | ((kasmāt ? ityāha-)) atisrāve
hi raktasya, mṛtyurbhavet | athavā vātarogāśca kṛcchrāḥ
syuḥ | § 6019

1.27.162 Āyurvedarasāyana

srāvapramāṇamāha-aśuddhāviti | aśuddhau-kiṃ punaḥ
śuddhau | balino+api-kiṃ punarabalasya | prastho+atra
sārddhatrayodaśapalaḥ | § 6020

1.27.163 Aṣṭāṅgahṛdayasaṃhitā

tatrābhyaṅgarasakṣīraraktapānāni bheṣajam | | 43 | | § 6021

1.27.164 Sarvāṅgasundarā

tatra-raktātisrutau, abhyaṅgādīni bheṣajam | § 6022

1.27.165 Āyurvedarasāyana

atisrāve bheṣajamāha-tatrete | § 6023

1.27.166 Āyurvedarasāyana

srutaraktasthānantaraṃ kṛtyamāha-sruta iti | plotam-vastrakhaṇḍam |
§ 6024

1.27.167 Aṣṭāṅgahr̥dayasaṃhitā

srute rakte śanairyantramapanīya himāmbunā | | 43 | |
prakṣālya tailaplotāktam bandhanīyam
sirāmukham | | 44 | | § 6026

1.27.168 Sarvāṅgasundarā

srute rakte sati yantram śanairvimurcya-mandaṃ mandamapanīya, sirāmukham śītodakena prakṣālya, tailaploten-
āktam sadbandhanīyam | § 6027

1.27.169 Aṣṭāṅgahr̥dayasaṃhitā

aśuddham srāvayedbhūyaḥ sāyamahnyapare+api
vā | | 44 | |
snehopaskṛtadehasya pakṣādvā
bhṛśadūṣitam | | 45 | | § 6029

1.27.170 Sarvāṅgasundarā

aśuddham-vātādiduṣṭarudhiralakṣaṇena duṣṭam jñātvā,
bhūyaḥ-punaḥ, srāvayet | kadā ? sāyam-aparāhne, ta-
sminneva dine | athavā, apare+ahni-dvitiye dine | ath-
avā snehenopaskṛtobhāvito, deho yasya tathāvidhasya
5 bhṛśadūṣitam-atiśayena duṣṭam raktam, pakṣādūrdhvam
punaḥ srāvayet | evamaśuddham raktam yathāyogaṃ sā-
yamahnyapare pakṣādūrdhvam vā prasthaparimāṇameva
srāvayenna tato+adhikamiti raktasrutau kramaḥ | prasth-
aparimāṇam ca tantrāntare gaditam "vamane ca vireke ca
10 raktātīsarayorapi | sārddhatrayodaśapalam prasthamāhu-
rmanīṣiṇaḥ | |" iti | § 6030

1.27.171 Āyurvedarasāyana

kiñcicchheṣaṃ duṣṭaraktam sthāpayeduta sarvaṃ srāvayet ? iti saṃśayāpanodārthamidamāha-[prathamasrāveṇāsamyak śuddhau] punaḥ srāvakālamāha-aśuddhamiti | bhr̥śadūṣitaṃ tu punaḥ snehayitvā pakṣāt srāvayet | § 6031

1.27.172 Aṣṭāṅgahṛdayasaṃhitā

kiñciddhi śeṣe duṣṭāsre naiva rogo+ativartate | | 45 | |
saśeṣamapyato dhāryaṃ na
cātisrutimācaret | | 46 | | § 6033

1.27.173 Sarvāṅgasundarā

yasmāt kiñciccheṣe duṣṭarakte naiva rogo-duṣṭaraktodbhavo vyādhiḥ, ativartate-kriyāpathamatikramya mārgāntaram-asau nāsādayati | ato duṣṭamapi raktam saśeṣam dhāryam | nāsya duṣṭaraktasyātisrutimācaret, prāṇāyatana-tvāt | suśruto+apyadhyagīṣṭa (?) "saśeṣam duṣṭarudhira- 5
mapi kuryādvicakṣaṇaḥ | na cātprasrutaṃ kuryāccheṣaṃ saṃśamanairjayet | |" iti | § 6034

1.27.174 Āyurvedarasāyana

atha kiñciccheṣaṃ raktamupekṣaṇīyamuta pratikriyā kācittatra kāryāḥ ? ityāha-duṣṭe+apyanenaiva krameṇa srutiḥ kāryā | na tvatisrutirityāha-kiñciddhīti | ativartate-bādhate | § 6035

1.27.175 Aṣṭāṅgahṛdayasaṃhitā

harecchṛṅgādibhiḥ śeṣam----- | | 46 | | § 6036

1.27.176 Sarvāṅgasundarā

srutaśeṣaṃ duṣṭaraktam śṛṅgatumbaghaṭikādibhirharet, na tu sirayā | § 6037

1.27.177 Sarvāṅgasundarā

śirāvyadhe+atisrutiśaṅkāyāṃ śṛṅgādibhirharedityāha-harediti |
§ 6038

1.27.178 Aṣṭāṅgahr̥dayasaṃhitā

-----prasādamathavā nayet | | 46 | |
śītopacārapittāsrakriyāśuddhiviśoṣaṇaiḥ | | 47 | |
duṣṭaṃ raktamanudriktamevameva
prasādayet | | 47 | | § 6041

1.27.179 Sarvāṅgasundarā

athavā śītopacāreṇa, pittāsrakriyayā, śuddhyā-vamanavirecanādirūpayā,
viśoṣaṇena-laṅghanarūpeṇa, tadduṣṭaṃ raktaṃ prasādayet-
kaluṣatāṃ parityajya tasya prasannatvamupapādayet | na
tu kevalaṃ srutaśeṣaṃ rudhiraṃ śītopacāreṇa (cārādinā)
5 prasādayet | yāvadanudrikta-apravṛddhaṃ duṣṭaṃ rudh-
iraṃ, evameva-anaiva śītopacārādinā, prasādaṃ nayet |
na tu tannirharāṇe sirāvyadhādinā yatanīyam, anudrikta-
raktanirharāṇasya sāpāyavāt | § 6042

1.27.180 Āyurvedarasāyana

śṛṅgādibhirapyatisrutiśaṅkāyāṃ śamayeditiyāha-prasādamiti |
pittāsrakriyā-raktapittacikitsā | akṛtaśirāvyadhasyāpyeta-
deva raktaprasādanamityāha-duṣṭaṃ raktamiti | anudriktaṃ-
udrekābhāvāt srāvāyogyam | § 6043

1.27.181 Aṣṭāṅgahr̥dayasaṃhitā

rakte tvatiṣṭhati kṣipraṃ
stambhanīmācāretkriyām | | 48 | | § 6044

1.27.182 Sarvāṅgasundarā

rakte tvatiṣṭhati-sthitimalabhamāne, tvaritameva stambhanīm kriyāṃ-vakṣyamāṇāṃ, kuryāt, raktasya prāṇāyatanatvāt | § 6045

1.27.183 Āyurvedarasāyana

tadeva stambhanamāha-atistrāve stambhanamāha-rakte tviti | § 6046

1.27.184 Aṣṭāṅgahr̥dayasaṃhitā

rodhrapriyaṅgupattaṅgamāṣayaṣṭyāhvagairikaiḥ | | 48 | |
mṛtkapālāñjanakṣau
mamaṣīkṣīritvagaṅkuraiḥ | | 49 | |
vicūrṇayedvraṇamukhaṃ padmakādihimaṃ
pibet | | 49 | |
tāmeva vā sirāṃ
vidhyedvyadhāttasmādanantaram | | 50 | |
sirāmukhaṃ vā tvaritaṃ 5
dahettaptaśalākayā | | 50 | | § 6051

1.27.185 Sarvāṅgasundarā

rodhrādibhiḥ sirāvraṇamukhaṃ vicūrṇayet | padmakādihimaṃ-
śītakaṣāyaṃ, pibet | tāmeva-prāgviddhāṃ, sirāṃ tasmā-
tprāgyadhādanantaram, avyavahitaṃ vidhyet | athavā si-
rādvāraṃ kṣipraṃ kṛtvā+agninopataptayā śalākayā da-
het | § 6052 5

1.27.186 Āyurvedarasāyana

raktasya srāvaṇādanantaram yadvidheyam tadāha-stambhanaviśeṣamāha
rodhrapriyaṅgviti | mṛtkapālaṃ-kharparam | kṣaumamaṣī-
vastrabhasma | vicūrṇayet-cūrṇaṃ vikiret | padmakādihimaṃ-
padmakādigaṇasya śītakaṣāyaṃ | saṅgrahe tu (sū.a. 36)-
"atiṣṭhati tu rakte śirāmukhaṃ saṃdhātuṃ cūrṇairavac- 5

urṇyāṅgulyagreṇa pīḍayet | śālmalyupodakāpicchāṃ vā
vraṇamukhe dattvā gāḍhaṃ badhnyāt | madhūcchiṣṭapra-
alīptam vā paṭṭakam | śītāmbunā vā siñcet | śītamadhura-
kaṣāyānnapānasekapradehapravātaveśmabhirvā skanda-
5 nāyopacaret | padmakādikvātham śarkarāmadhumadhu-
raṃ kṣīramikṣurasameṇahariṇājorabhramahiṣavarāhāṇā-
manyatamasya vā sirāṃ viddhvā rudhiraṃamāṃ ghr̥ta-
bhr̥ṣṭam vā pānam dadyāt | tenaiva vā darbhapādāmṛdi-
tenānuvāsayet | snigdhaiśca yūṣarasairbhojayet | sarvathā
10 cānavatiṣṭhamāne pācanāya kṣāraṃ dadyāt | na ca kṣaṇ-
amapyupekṣeta | kṣīṇaraktasya hi vāyurmarmāṇyupasa-
ṅgr̥hya mūrcchāsaṃjñānāśāśiraḥkampabhramamanyāsta-
mbhāpatānakahanubhramśahidhmāpāṇḍutvabādhiryadhā-
tukṣayākṣepakādīn karoti, maraṇam vā | prāṇāḥ prāṇabh-
15 ṛtāṃ raktam tatkṣayātkṣīyate+analaḥ | varddhate cānilast-
asmādyuktyā bṛmhaṇamācaret | | durvyadhātivyadhaku-
ṭṭitatiryagyadhādervyadhadoṣāvdyāpado yāḥ syustā ya-
thāsvaṃ sādhayediti | " iti | § 6053

1.27.187 Aṣṭāṅgahr̥dayasaṃhitā

unmārgagā yantranipīḍanena svasthānamāyānti punarna
yāvat | | 51 | |
doṣāḥ praduṣṭā rudhiraṃ prapannā
stāvaddhitāhāravihārabhāk syāt | | 51 | | § 6055

1.27.188 Sarvāṅgasundarā

yantranipīḍanenonmārgagāḥ-svamārgamullaṅghya mārg-
āntarasamāśrayaṇenotpatham pratipannāḥ | kiṃbhūtā do-
ṣāḥ ? pradṛṣṭāḥ, tathāvidham raktam prāptā | te punaryāv-
atsvāśrayam na pratipadyante tāvaddhitāhāravihārabhāk
5 syāt-hitāvāhāravihārau bhajet | "bhajo ṇviḥ iti ṇviḥ | indr-
avajrāvṛttam | § 6056

1.27.189 Āyurvedarasāyana

srutaraktasya pathyaniamakālāvadhimāha-unmārgagā iti |
§ 6057

1.27.190 Aṣṭāṅgahr̥dayasaṃhitā

nātyuṣṇasītaṃ laghu dīpanīyaṃ rakte+apanīte
hitamannapānam | | 52 | |
tadā śarīraṃ hyanavasthitāḥ gāgnirviśeṣāditi
rakṣitavyaḥ | | 52 | | § 6059

1.27.191 Sarvāṅgasundarā

rakte srāvite+annapānaṃ nātyuṣṇasītaṃ hitam | atyu-
ṣṇaṃ hyannapānaṃ raktaṃ pradūṣayet | atisītaṃ tva-
gniṃ sādayet | tathā, laghu-svabhāvato mātrāsaṃskārād-
inā vā, tathā dīpanīyaṃ | kuta evamannapānaṃ hitam ?
ityāha-yasmāttasmin kāle śarīramanavasthitaṃ-calitavṛtti, 5
raktaṃ yasya śarīrasya tadevaṃbhūtaṃ bhavati | tacc-
āṣṛk śarīrasyādhāro, raktasya ca pittaṃ, pittaṃ ca va-
hniḥ | tathā ca vakṣyati (hr̥. śā. a. 3 | 90)- "pittaṃ vahniḥ"
iti | tasmādviśeṣāt-mahatā yatnena, vahnirnātyuṣṇasītād-
inā+a+ahāravihāreṇa rakṣitavyaḥ | § 6060 10

1.27.192 Āyurvedarasāyana

kṛtasirāvyadhasya puruṣasya lakṣaṇamantareṇonmārga-
gāmināṃ doṣāṇāṃ svasthānapratipattau kālo nāvaga-
myate, na ca nirhṛtaduṣṭaraktāḥ puruṣo lakṣaṇaṃ vinā
jñāyate, iti dvayasyāpi pariññānārthamāha-pathyamāha-
nātyuṣṇasītamiti | ukte pathye yuktimāha-tadā śarīramiti | 5
iti-ato hetoḥ | § 6061

1.27.193 Aṣṭāṅgahr̥dayasaṃhitā

prasannavarṇendriyamindriyārthā-
nicchantaṃavyāhatapakṛvegam | | 53 | |
sukhānviṭam puṣṭibalopapannaṃ
viśuddharaṅktaṃ puruṣaṃ vadanti | | 53 | |
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ
sūtrasthāne śirāvyadhavidhiraṅktaṃ
saptaviṃśo+adhyāyaḥ | | 27 | | § 6064

1.27.194 Āyurvedarasāyana

viśuddharaṅktaṃ lakṣaṅamāha-prasannavarṇeti | pakṭā-
gñiḥ | veḅo-viṅmūtrādipravṛttiḥ | iti hemādriṭikāyāmayu-
rvedarasāyane | śirāvyadhaprakaraṅkaṃ sāmastyena nirū-
pitaṃ | | 27 | | § 6065

1.27.195 Sarvāṅgasundarā

varṇaścendriyāṅi ca varṇendriyāṅi, prasannāni varṇendr-
iyāṅi yasya taṃ prasannavarṇendriyam | tathā, indriyā-
rthān śabdādīn svabhāvābhipretān, icchantaṃ-abhilaṣantaṃ |
tathā, pakṭurvegaḥ-sāmarthyam, avyāhataḥ-anabhibhūtaḥ,
5 pakṭurveḅo yasya tamavyāhatapakṭurvegam | tathā, sukhānviṭam-
ārogyayuktaṃ prakṛtimāpannaṃ | tathā puṣṭibalābhyāṃ
yuktaṃ | evaṃvidhaṃ viśuddharaṅktaṃ puruṣaṃ vadanti,
iti śarīrasya lakṣaṅamuktaṃ | "madhuraṃ lavaṅkaṃ" ityād-
inā tu raktasyaiva viśuddhalakṣaṅkamabhihitamiti | upajā-
10 irvṛttaṃ | iti śrīmr̥gāṅkadattaputraśrīmadaruṇadattavira-
citāyāmaṣṭāṅgahr̥dayaṭikāyāṃ sarvāṅgasundarākhyāyāṃ
sūtrasthāne śirāvyadhavidhiraṅktaṃ saptaviṃśo+adhyāyaḥ
samāptaḥ | | 27 | | § 6066

1.28 śalyāharaṅavidhiradhyāyaḥ : 28

1.28.1 Aṣṭāṅgahr̥dayasaṃhitā

athātaḥ śalyāharaṇavidhimadhyāyaṃ
vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
vakrarjutiryagūrdhvādhaḥ śalyānāṃ pañcadhā
gatiḥ | | 1 | | § 6069

1.28.2 Sarvāṅgasundarā

vakrādibhedabhinnā śalyānāṃ pañcaprakārā gatiḥ-gamanam |
kadācicchalyāni vakraṃ kṛtvā, tiryagvā ūrdhvaṃ vā, adho
vā, gacchantiḥ kadācidṛju kṛtvā | evamubhayathā tiryagū-
rdhvādhobhedagamanācchalyānāṃ pañcadhā gatiḥ | § 6070

1.28.3 Āyurvedarasāyana

saśalyaṃ kathaṃ vedyaṃ ? ityāha-śalyāharaṇavidhimadhyāyaṃ
vyākhyātum pratijānīte-atheti | śalyagatibhedānāha-vakrarjviti |
saṅgrāhe tu (sū.a.37)-"trividhaḥ gatiḥ śalyānāmūrdhvam-
adhastiryak ca | sā punaḥ pratyekamṛjuvakrabhedena dv-
ividhā | " iti | § 6071

5

1.28.4 Āyurvedarasāyana

iti sāmānyenāntaḥsthitasya śalyasya lakṣaṇamabhidhāya,
tvagādigatasya viṣeṣamāha-antaḥśalyasya lakṣaṇamāha-
dhyāmamiti | § 6072

1.28.5 Aṣṭāṅgahṛdayasaṃhitā

dhyāmaṃ śopharujāvantaṃ sravantaṃ śoṇitaṃ
muhuḥ | | 1 | |
abhyudgataṃ budbudhavatpīṭikopacitaṃ
vraṇam | | 2 | |
mṛdumāṃsaṃ ca jānīyādantaḥśalyaṃ
samāsataḥ | | 2 | | § 6075

1.28.6 Sarvāṅgasundarā

evam̐vidham̐ vraṇamantaḥśalyam̐ jānīyāt | samāsataḥs-
aṅkṣeṇa | dhyāmaṃ-śyāmavarṇam | tathā, śopharu-
jāvantaṃ | tathā, muhuḥ śoṇitaṃ sravantaṃ | tathā,
abhyudgataṃ-ābhimukhyenocchritamunnataṃ | tathā, bu-
5 dbudena tulyam̐ vartate budbudavat | tathā, piṭakairupacitaṃ-
vyāptaṃ | tathā, mṛdumāṃsam-komalamāṃsam | § 6076

1.28.7 Aṣṭāṅgahr̥dayasaṃhitā

viśeṣāttvaggate śalye vivarṇaḥ kaṭhināyataḥ | | 3 | |
śopho
bhavati----- | | 3 | | § 6078

1.28.8 Sarvāṅgasundarā

viśeṣeṇa punastvaggate śalye śopho vivarṇastathā kaṭhino
dīrghaśca syāt | § 6079

1.28.9 Āyurvedarasāyana

tvaggataśalyasya lakṣaṇamāha-viśeṣāditi | viśeṣāditi vaca-
nāt sāmānyalakṣaṇamapyatra jñeyam | § 6080

1.28.10 Aṣṭāṅgahr̥dayasaṃhitā

-----māṃsasthe coṣaḥ śopho vivarddhate | | 3 | |
pīḍanākṣamatā pākaḥ śalyamārgo na
rohate | | 4 | | § 6082

1.28.11 Āyurvedarasāyana

māṃsagatasya lakṣaṇamāha-māṃsastha iti | coṣaḥ-ācūṣaṇeneva
vyathā | § 6083

1.28.12 Sarvāṅgasundarā

māṃsagate śalye coṣaḥ syāt | 'sarvāṅgīṅastīvro+aratimān
dāhaścoṣa ucyate' ityāhuḥ | tathā śopho vivarddhate | ta-
thā, pīḍanasyākṣamatvaṃ pākaśca, śalyamārgaśca rohaṃ
na yāti | § 6084

1.28.13 Aṣṭāṅgahr̥dayasaṃhitā

peśyantaragate māṃsaprāptavacśvayathuṃ
vinā | | 4 | | § 6085

1.28.14 Sarvāṅgasundarā

peśīmadhyagate māṃsagatena tulyaṃ lakṣaṇam, śoṭhaṃ
varjayitvā | māṃsāvayavaviśeṣo dīrghatantvākṛtiḥ peśīty-
ucyate | § 6086

1.28.15 Āyurvedarasāyana

peśīgatasya lakṣaṇamāha-peśyantaragata iti | § 6087

1.28.16 Aṣṭāṅgahr̥dayasaṃhitā

ākṣepaḥ snāyujālasya saṃrambhastambhavedanāḥ | | 5 | |
snāyuge durharaṃ
caitat----- | | 5 | | § 6089

1.28.17 Sarvāṅgasundarā

snāyuge śalye strāyujālasyaākṣepādyāḥ syuḥ | ākṣepaḥ-
ākarṣaṇam | saṃrambhaḥ-kṣobhaḥ | stambhaḥ-stabdhatā |
vedanāśūlam | etacca-strāyugaṃ śalyaṃ, duḥkhena ha-
rtuṃ śakyate | § 6090

1.28.18 Āyurvedarasāyana

snāyugatasya lakṣaṇamāha-ākṣepa iti | etat-snāyugatamanyebhyo
durharaṃ ca | § 6091

1.28.19 Aṣṭāṅgahr̥dayasaṃhitā

-----sirādhmānaṃ sirāśrite | | 5 | | § 6092

1.28.20 Sarvāṅgasundarā

sirāśrite śalye sirāṇāmānāhaḥ syāt | § 6093

1.28.21 Āyurvedarasāyana

śirāgatasya lakṣaṇamāha-śirādhmānamiti | śirādhmānaṃ-
śirāṇāṃ vāyurpūrṇatvam | § 6094

1.28.22 Aṣṭāṅgahr̥dayasaṃhitā

svakarmaguṇahāniḥ syātsrotasāṃ srotasi
sthite | | 6 | | § 6095

1.28.23 Āyurvedarasāyana

srotogatasya lakṣaṇamāha-svakarmaguṇahāniriti | svakarman-
prāṇādīnāṃ yathāvadvaḥanaṃ | svaguṇo-mārdavādiḥ |
§ 6096

1.28.24 Sarvāṅgasundarā

srotogate śalye srotasāṃ svakarmaguṇayorhāniḥ syāt |
yathā,-kaṇṭhasrotaḥsthite śalye pānābhyavaharaṇasya ni-
rodho jāyate guṇo+api yastasyāpraduṣṭatvādilakṣaṇaḥ
so+apyasya hīyata iti | evamanyeṣāṃ svakarmaguṇahān-
5 irvyākhyeyā | § 6097

1.28.25 Aṣṭāṅgahr̥dayasaṃhitā

dhamanīsthe+anilo raktaṃ phenayuktamudīrayet | | 6 | |
niryāti śabdavān syācca hṛllāsaḥ
sāṅgavedanaḥ | | 7 | | § 6099

1.28.26 Sarvāṅgasundarā

dhamanīsthe śalye vāyurlohitam saphenam prerayet | ta-
thā saśabdo marunniryāti, hṛllāsaścāṅgapīḍāyuktaḥ syāt |
§ 6100

1.28.27 Sarvāṅgasundarā

dhamanīgatasya lakṣaṇamāha-dhamanīstha iti | § 6101

1.28.28 Aṣṭāṅgahr̥dayasaṃhitā

saṅgharṣo balavānasthisandhiprā-
pte+asthipūrṇatā | | 7 | | § 6102

1.28.29 Sarvāṅgasundarā

asthisandhiprāpte śalye balavān saṅgharṣaḥ-kṣobhaḥ, syāt |
tathā, asthipūrṇatā ca jāyate | § 6103

1.28.30 Āyurvedarasāyana

asthisandhigatasya lakṣaṇamāha-saṅgarṣa iti | balavān
saṅgharṣaḥ-duḥsahasāṅghaṭṭanam | § 6104

1.28.31 Aṣṭāṅgahr̥dayasaṃhitā

naikarūpā rujo+asthisthe
śophaḥ----- | | 8 | | § 6105

1.28.32 Sarvāṅgasundarā

asthisthe śalye, anekākārāḥ (naikarūpāḥ)-nānāvidhāḥ, rujo-
bhagnarūgṇamṛditapīditāvanunnaprāyāḥ syuḥ, śophaśca |
§ 6106

1.28.33 Āyurvedarasāyana

asthigatasya lakṣaṇamāha-naikarūpā iti | § 6107

1.28.34 Aṣṭāṅgahr̥dayasaṃhitā

-----tadvacca sandhige | | 8 | |
caiṣṭānivṛttiśca
bhavet----- | | 8 | | § 6109

1.28.35 Sarvāṅgasundarā

sandhigate śalye tadvadeva-asthistaśalyena tulyaṃ lakṣa-
ṇam | tathā, sandhistaśalyākṛāntāvayavasya ceṣṭānivṛttiḥ-
vyāpāroparamaśca bhavati | pūrvamasthisandhigatasya
śalyasya lakṣaṇamuktam | adhunā śarīrasandhigataśalya-
5 sya lakṣaṇam | anyo hi śarīrasandhiḥ | tathā ca rājayakṣm-
anidāne vakṣyati (hr̥. ni. a. 5 | 5)-"śarīrasandhīnāviśya" iti |
§ 6110

1.28.36 Āyurvedarasāyana

sandhigatasya lakṣaṇamāha-tadvaditi | § 6111

1.28.37 Āyurvedarasāyana

koṣṭhagatasya lakṣaṇamāha-āṭopa iti | § 6112

1.28.38 Aṣṭāṅgahr̥dayasaṃhitā

-----āṭopaḥ koṣṭhasaṃśrite | | 8 | |
ānāho+annaśakṛnmūtradarśanaṃ ca
vraṇānane | | 9 | | § 6114

1.28.39 Sarvāṅgasundarā

-koṣṭhasaṃśrite-udarāśrite śalye, āṭopaḥ-kṣobhaḥ tathā+a+anāho-
jaṭharādhmānam, tathā vraṇamukhe+annaśakṛnmūtradarśanaṃ
ca syāt | § 6115

1.28.40 Aṣṭāṅgahr̥dayasaṃhitā

vidyānmarmagataṃ śalyaṃ
marmaviddhopalakṣaṇaiḥ | | 9 | | § 6116

1.28.41 Āyurvedarasāyana

marmagatasya lakṣaṇamāha-vidyāditi | upalakṣaṇaṃ la-
kṣaṇam | tacca "viddhe+ajasramasṛksrāvo" ityādinā śārīr-
ake (hr̥.śā. a. 4/47) vakṣyate | § 6117

1.28.42 Sarvāṅgasundarā

marmasthaṃ śalyaṃ marmaviddhopalakṣaṇairvidyāt-jānīyāt |
marmavidddhasya ca lakṣaṇaṃ saṅgrahe kathitam | ya-
thā (śā. a. 7) "dehprasuptirgurutā sammohaḥ śītakām-
itā | svedo mūrccchā vamiḥ śvāso marmavidddhasya lakṣ-
aṇam | |" iti | § 6118

5

1.28.43 Aṣṭāṅgahr̥dayasaṃhitā

yathāsvaṃ ca parisrāvaistvagādiṣu
vibhāvayet | | 10 | | § 6119

1.28.44 Sarvāṅgasundarā

na kevalaṃ sāmānyalakṣaṇena-dhyāmādinā, tathā tvagād-
isthaśalyaviśeṣalakṣaṇena, tvagādisthaṃ śalyaṃ lakṣayet |
yāvat yathāsvaṃ parisrāvaistathā+anurūpairvibhāvayet |
§ 6120

1.28.45 Āyurvedarasāyana

tvagatādīnāṃ srāvato lakṣaṇamāha-yathāsvamiti | yath-
āsvamiti yatra yadāśrittaṃ dravaṃ tatra tatsravati | yathā,-
tvaggate lasīkā, śīrādigate raktam, asthigate majjā ityādi |
§ 6121

1.28.46 Aṣṭāṅgahr̥dayasaṃhitā

ruhyate śuddhadehānāmanulomasthitaṃ tu
tat | | 10 | | § 6122

1.28.47 Āyurvedarasāyana

antaśśalyo+api svaguṇenaiva rūḍho vraṇo bhavātītyāha-
ruhyata iti | ruhyate svayameva | karmakartaryātmanepa-
dam | tat-śalyam | śalyena śalyakṣataṃ lakṣyate, tasyaiva-
ropanārhatvāt | § 6123

1.28.48 Sarvāṅgasundarā

tat-prāñnirdiṣṭaṃ śalyaṃ, ruhyate-rohaṃ yāti | kimbhūtā-
nāṃ puṃsām ? vamanavirecanādibhiḥ śuddhadehānām |
ruhyata iti karmakartarīti kecit, tacca na yuktaṃ | yataḥ ka-
rmasthabhāvakānām karmasthakriyānām ca kartā karm-
5 avadbhavati | na kartṛsthabhāvakānām na ca kartṛsthakr-
iyānāmityuktaṃ | ruhiśca kartṛsthakriyaḥ | tasmāt rohat-
īti ruḥ | ruḍivācaratīti kyañanto+ayam | rūḍhābhāso hya-
yam, na tu samyagrūḍhaḥ | tathā ca vakṣyati-"doṣakopa"
ityādi | tasmādasya rūḍhābhāsatvādeṣaiva vyutpattiryu-
10 ktā | § 6124

1.28.49 Aṣṭāṅgahr̥dayasaṃhitā

doṣakopābhighātādikṣobhādbhūyo+api
bād hate | | 11 | | § 6125

1.28.50 Sarvāṅgasundarā

yatastacchalyamasamyagrūḍhatvāt bhūyo+api bād hate |
prākkr̥tabādhamapi punarapi pīḍāṃ janayati | kuto he-
toḥ ? ityāha-doṣakopaścābhighātaśca, tāvādī yeṣāṃ dhā-
vanalaṅghanādīnāṃ te evaṃ, taiḥ kṣobhaḥ-saṃrambhaḥ,
tasmāt | doṣakopakṣobhāt abhighātādikṣobhāt bād hate | 5
§ 6126

1.28.51 Āyurvedarasāyana

tvagādinaṣṭe śalye mithyārūḍhatvādadr̥śyatām prāpte sati
śalyaparijñānārthamidamāha-antaḥśalyaṃ rūḍhamapi pu-
narbād hata ityāha doṣakopeti | § 6127

1.28.52 Aṣṭāṅgahr̥dayasaṃhitā

tvaṅnaṣṭe yatra tatra
syurabhyaṅgasvedamardanaḥ | | 11 | |
rāgarugdāhasaṃrambhā yatra cājyaṃ
vilīyate | | 12 | |
āśu śuśyati lepo vā tatsthānaṃ
śalyavadvadet | | 12 | | § 6130

1.28.53 Āyurvedarasāyana

atha naṣṭaśalyajñānopāyaḥ | tatra tvaṅnaṣṭasyopāyamāha-
tvaṅnaṣṭa iti | § 6131

1.28.54 Sarvāṅgasundarā

tatra-teṣu tvaṅnaṣṭādiṣu śalyeṣu madhye, tvaṅnaṣṭaṃ ya-
tra pradeśe syāt tatra-tasthāne, abhyaṅgādibhirlauhityaśū-
ladāhakṣobhāḥ syuḥ | yatra vā sthāne ghṛtaṃ styānaṃ yo-
jitaṃ vilīyate tatsthānaṃ śalyavat-saśalyaṃ vadet | yadvā
5 lepaḥ-candanādinā datto, yatrāśveva śuṣyati, tatsthānaṃ-
tvagdeśaṃ, śalyavajjānīyāt | § 6132

1.28.55 Aṣṭāṅgahr̥dayasaṃhitā

māṃsapraṇaṣṭaṃ saṃśuddhyā karśanācślatatā
gatam | | 13 | |
kṣobhādrāgādibhiḥ śalyaṃ
lakṣayet----- | | 13 | | § 6134

1.28.56 Sarvāṅgasundarā

māṃsapraṇaṣṭaṃ-māṃsenādr̥śyatāṃ prāptaṃ, saṃśuddhyā-
vamanavirecanādikayā, yatkarśanaṃ-kṛśatvaṃ kṛtaṃ, ta-
smāt ślathatāṃ śithilatvaṃ prāptaṃ, kṣobhāt- anekaprak-
ārādvedanārūpāt, tathā rāgādibhirlakṣayet | § 6135

1.28.57 Āyurvedarasāyana

māṃsanaṣṭasyopāyamāha śalyasya kṣobhādyatra rāgāda-
yastatra śalyaṃ | § 6136

1.28.58 Aṣṭāṅgahr̥dayasaṃhitā

-----tadvadeva ca | | 13 | |
peśyasthisandhikoṣṭheṣu
naṣṭam----- | | 14 | | § 6138

1.28.59 Sarvāṅgasundarā

tadvaditi tena-māṃsapraṇaṣṭena, tulyaṃ vartate | yathā,-
śuddhyā karśanāt ślathatāṃ gataṃ kṣobhādrāgādibhirla-
kṣayediti | § 6139

1.28.60 Sarvāṅgasundarā

peśyādiṣu triṣu naṣṭasyopāyamāha-tadvadeveti | § 6140

1.28.61 Aṣṭāṅgahr̥dayasaṃhitā

-----asthiṣu lakṣayet | | 14 | |

asthnāmabhyañjanasvedabandhapīḍanamardanaḥ | | 14 | | § 6142

1.28.62 Sarvāṅgasundarā

asthiṣu naṣṭaṃ śalyamasthnāmabhyañjanādibhirlakṣayet |
§ 6143

1.28.63 Āyurvedarasāyana

asthinaṣṭasyopāyamāha-asthiṣviti | 'kṣobhādrāgādibhiḥ' ity-
anuvartate | § 6144

1.28.64 Aṣṭāṅgahr̥dayasaṃhitā

prasāraṇākuñcanataḥ sandhinaṣṭaṃ

tathā+asthivat | | 15 | |

naṣṭe snāyuśirāsrotodhamanīṣvasame

pathi | | 15 | |

aśvayuktaṃ rathaṃ khaṇḍacakramāropya

rogiṇam | | 16 | |

śīghraṃ nayettatastasya

saṃrambhācśalyamādiṣet | | 16 | | § 6148

1.28.65 Āyurvedarasāyana

sandhinaṣṭasyopāyamāha-prasāraṇākuñcanata iti | asthivat-
abhyañjanādibhiṣca | snāyvādiṣu caturṣunaṣṭasyopāyamāha-
naṣṭa iti | asame pathi-uccanīce mārge | § 6149

1.28.66 Sarvāṅgasundarā

sandhinaṣṭam śalyamasthinaṣṭaśalyavallakṣayet saṃ-snāyuśirāsrotodhamanīṣu
naṣṭe śalye, asame pathi-viṣame mārge, rathamāropya
rogiṇam-śalyavantam, śīghram nayet-āśveva deśāntaram
prāpayet | kimbhūtam ratham ? khaṇḍam cakram yasya
5 sa khaṇḍacakrah, tam | tatastasya-rathasya, saṃrambhāt-
kṣobhāt, śalyamādiśet-lakṣayet | § 6150

1.28.67 Aṣṭāṅgahr̥dayasaṃhitā

marmanaṣṭam pṛthannoktam teṣāṃ
māṃsādisaṃśrayāt | | 17 | | § 6151

1.28.68 Sarvāṅgasundarā

marmanaṣṭam śalyam pṛthak nābhihitam | kutaḥ ? teṣāṃ-
marmaṇām, māṃsādireva prānnirdiṣṭo yataḥ saṃśrayo,
na tu pṛthannarmāṇi vidyante | ((tathā ca saṅgrahe(sū. a.
37)-"marmapraṇaṣṭe+apyananyabhāvānmāṃsādibhyo ma-
5 rmaṇāmuktam parīkṣaṇam bhavati | " iti | § 6152

1.28.69 Āyurvedarasāyana

evaṃ viṣeṣeṇa naṣṭaśalyalakṣaṇamuktvā sāmānyena na-
ṣṭaśalyadiśam lakṣayitumāha-marmanaṣṭasyopāyānuktau
hetumāha-marmanaṣṭamiti | teṣāṃ-marmaṇām, māṃsādigatatvāt-
māṃsādinaṣṭakathanenaivoktatvāt | § 6153

1.28.70 Sarvāṅgasundarā

sāmānyena-sāmānyalakṣṇena, kṣebhiṅyā kriyayā-saṃrambhotpādakena
karmaṇā śvasanaprāṇāyāmādikena, yat saruk sthānaṃ tat
saśalyaṃ jānīyāt | § 6154

1.28.71 Aṣṭāṅgahr̥dayasaṃhitā

sāmānyena saśalyaṃ tu kṣobhiṅya kriyayā
saruk | | 17 | | § 6155

1.28.72 Āyurvedarasāyana

naṣṭasya sāmānyalakṣaṇamāha-sāmānyeneti | § 6156

1.28.73 Aṣṭāṅgahr̥dayasaṃhitā

vṛttaṃ pṛthu catuṣkoṇaṃ tripuṭaṃ ca samāsataḥ | | 18 | |
adr̥śyaśalyasaṃsthānaṃ vraṇākṛtyā
vibhāvayet | | 18 | | § 6158

1.28.74 Sarvāṅgasundarā

vṛttaṃ-vartulam | pṛthu-pārśvāparapārśvābhyāṃ yatpari-
cchidyate | catuṣkoṇaṃ-caturasram | tripuṭaṃ-tryasram |
samāsataḥ-saṅkṣepeṇa | | adr̥śyasya-anupalabdhasya, śa-
lyasya saṃsthānaṃ-ākṛtiṃ, vraṇākṛtyā-vraṇasaṃsthānena,
vibhāvayet-vidyāt | § 6159

5

1.28.75 Āyurvedarasāyana

adhunaiṣāmākarṣaṇopāyaṃ nirupayannāha-adr̥śyasya śa-
lyasyākṛtirvraṇākṛtyā jñeyātyāha-vṛttimiti | vṛttaṃ-koṇarahitam |
pṛthu-dvikoṇam | tripuṭaṃ-trikoṇam | saṃsthānaṃ-ākṛtiḥ |
§ 6160

1.28.76 Aṣṭāṅgahr̥dayasaṃhitā

teṣāmāharaṇopāyau pratilomānulomakau | | 19 | | § 6161

1.28.77 Sarvāṅgasundarā

teṣām-adṛśyānām śalyānām | ākarṣaṇopāyau dau pratilo-
mānulomakau | pratilomaḥ-śarīrāntaḥpraveśaviparyayaḥ |
anulomaḥ-śarīrāntaḥpraveśānugataḥ | pratilomānulomayornirharaṇaviṣayamāh
§ 6162

1.28.78 Āyurvedarasāyana

śalyāharaṇopāyabhedānā(vā)ha-teṣāmiti | yatra pratikūla-
māharaṇam sa pratilomaḥ, yatrānukūlam so+anulomaḥ |
§ 6163

1.28.79 Aṣṭāṅgahr̥dayasaṃhitā

arvācīnaparācīne nirharetādviparyayāt | | 19 | | § 6164

1.28.80 Āyurvedarasāyana

tayorviṣayamāha-arvācīnaparācīna iti | arvācīnam-adhogatam,
tadviparyayādūrdhvaṃ nirharet | parācīnam-ūrdhvagatam,
tadviparyayādadhō nirharet | ūrdhvaṃ nirharaṇam-pratilomam,
adhaḥ-anulomam | uktaṃ ca saṅgrāhe (sū.a.37)-"pratilomamarvācīnamānayet,
5 anulomaṃ parācīnam | " iti | § 6165

1.28.81 Sarvāṅgasundarā

tayoḥ-pratilomānulomayorviparyayaḥ, tasmādviparyayāt,
anulomaṃ parācīnamānayedityarthaḥ | § 6166

1.28.82 Aṣṭāṅgahr̥dayasaṃhitā

sukhāhāryaṃ yataśśittvā tatastiryaggataṃ
haret | | 20 | | § 6167

1.28.83 Sarvāṅgasundarā

tiryaggataṃ śalyaṃ yato-yasmāddehadeśāt, chitvā-vilupya,
sukhāhāryaṃ sampadyate-sukhenāhartuṃ śakyate, tataḥ-
tasmāddehadeśāt, chittvoddharet | chittvetyatra yadyapi
karma kiñcinna nirdiṣṭaṃ, tathā+api tvañmāṃsādīnāṃ
yogyatvātteṣāmeva karmatvaṃ bodhyam | māṃsādīni 5
chittvoddharedityarthaḥ | § 6168

1.28.84 Āyurvedarasāyana

tiryaggataṃ tvavasthābhedenobhayorviṣaya ityāha-sukhāhāryamiti |
tiryaggataṃ yenopāyena sukhāhāryaṃ tena haret | prave-
śapārśvādanyena pārśvena yadā sukhāhāryaṃ tadā śittvā-
śastreṇa dvāraṃ kṛttvā, haret | § 6169

1.28.85 Aṣṭāṅgahr̥dayasaṃhitā

śalyaṃ na nirghātyamuraḥkakṣāvañkṣaṇapārśva-
gam | | 20 | |
pratilomamanuttuṇḍaṃ chedyam
pṛthumukhaṃ ca yat | | 21 | | § 6171

1.28.86 Sarvāṅgasundarā

śalyamurogatamuraḥsthaṃ kakṣāsthaṃ vañkṣaṇasthaṃ
pārśvasthaṃ ca na nirghātyaṃ-na nirghātānīyam | ta-
thā pratilomaṃ-nānulomagataṃ, tathā+anuttuṇḍaṃ vā-
ribudbudavannonnataṃ, tathā chedyam śalyaṃ, tathā
pṛthumukhaṃ-vistīrṇānaṃ, ca na nirghātyam | § 6172 5

1.28.87 Āyurvedarasāyana

na ca sarvameva śalyamāharaṇīyamityāha-urogatādiṣu
śalyeṣu nirghātanam niṣedhati-śalyamiti | pratilomaṃ-
ūrdhvagatam | anuttuṅḍam-adṛśyamukham | chedyam-
chedanārham | § 6173

1.28.88 Aṣṭāṅgahr̥dayasaṃhitā

naivāharedviśalyaghnam naṣṭam vā
nirupadravam | | 21 | | § 6174

1.28.89 Sarvāṅgasundarā

viśalyam hantīti viśalyaghnam | tāvajjīvati yāvatsaśa-
lyah | śalyāpāye tu mriyate tannāharedeva | viśalya-
sya tasya prāṇaharaṇatvāt | etatsvarūpaṃ marmavibh-
āge spaṣṭam kṛtvā vakṣyate | naṣṭam veti vāśabdaścā-
5 rthe | naṣṭam-adṛśyatām prāptam ca, yannirupadravam-
tannimittarogarahitam, nāharet, pratyavāyabhayāt | § 6175

1.28.90 Āyurvedarasāyana

anāharaṇīyam śalyamāha-naivāharediti | viśalyaghnam-
"utkṣepau sthapanī trīṇi viśalyaghnāni tatra hi |" (hr̥.śā.a.
4/55) ityukteṣu marmasu sthitam | § 6176

1.28.91 Aṣṭāṅgahr̥dayasaṃhitā

athāharetkaraprāpyam
kareṇaiva----- | | 22 | | § 6177

1.28.92 Sarvāṅgasundarā

karaprāpyam-hastagrāhyam śalyam, karaṇaivāharet-nāpareṇa
kaṅkamukhādina | § 6178

1.28.93 Sarvāṅgasundarā

hastāhāryaṃ śalyamāha-atheti | § 6179

1.28.94 Aṣṭāṅgahr̥dayasaṃhitā

-----itaratpunaḥ | | 22 | |
dṛśyaṃ siṃhāhimakaravarmikarkaṭakānan-
aiḥ | | 22 | | § 6181

1.28.95 Āyurvedarasāyana

siṃhamukhādīsvastikayantrāhāryaṃ śalyamāha-itaraditi |
itarat-kareṇāprāpyam | § 6182

1.28.96 Sarvāṅgasundarā

itarat-akaraprāpyaṃ tu śalyaṃ, dṛśyaṃ siṃhamukhādibh-
iryantrairāharet | § 6183

1.28.97 Aṣṭāṅgahr̥dayasaṃhitā

adr̥śyaṃ vraṇasaṃsthānādgrahītuṃ śakyate
yataḥ | | 23 | |
kaṅkabhr̥ṇāhvakuraraśarārīvāyasānanaiḥ | | 23 | | § 6185

1.28.98 Sarvāṅgasundarā

adr̥śyaṃ punaḥ śalyaṃ vraṇasaṃsthānādākalyaṇa kaṅka-
mukhadibhirgrahītuṃ śakyate yatastatastairharet | yatta-
dornityābhisambandhāttadopalambhaḥ | § 6186

1.28.99 Āyurvedarasāyana

kaṅkamukhādīsvastikayantrāhāryaṃ śalyamāha-adr̥śyamiti |
'itarat' ityanuvartate | § 6187

1.28.100 Aṣṭāṅgahr̥dayasaṃhitā

sandaṃśābhyāṃ

tvagādīsthaṃ----- | | 24 | | § 6188

1.28.101 Sarvāṅgasundarā

tvagādīsthaṃ śalyaṃ sandaṃśābhyāṃ nirharet | ādigrah-
aṅānmāṃsādīnāṃ grahaṇaṃ | § 6189

1.28.102 Āyurvedarasāyana

sandaṃśāhāryaṃ śalyamāha-sandaṃśābhyāmiti | tvagādīni-
tvakśīrāsnāyupīśītāni | § 6190

1.28.103 Āyurvedarasāyana

tālayaṅtrāhāryaṃ śalyamāha-tālābhyāmiti | suṣīraṃ-sarandhram |
§ 6191

1.28.104 Aṣṭāṅgahr̥dayasaṃhitā

-----tālābhyāṃ suṣīraṃ haret | | 24 | | § 6192

1.28.105 Sarvāṅgasundarā

suṣīraṃ yacchalyaṃ tvagādīsthaṃ tattālayaṅtrābhyāṃ
haret,-na saṃdaśābhyāṃ | § 6193

1.28.106 Aṣṭāṅgahr̥dayasaṃhitā

suṣīrasthaṃ tu nalakaiḥ----- | | 24 | | § 6194

1.28.107 Āyurvedarasāyana

nādīyaṅtrāhāryaṃ śalyamāha-suṣīrasthaṃ tviti | § 6195

1.28.108 Sarvāṅgasundarā

suṣirasthaṃ punaḥ śalyaṃ nalakaiḥ-nāḍīyantraiḥ, āka-
rṣet | § 6196

1.28.109 Aṣṭāṅgahr̥dayasaṃhitā

-----śeṣaṃ śeṣairiyathāyatham | | 24 | | § 6197

1.28.110 Sarvāṅgasundarā

śeṣaṃ śalyaṃ śeṣairyantrairiyathāyogamāharet | § 6198

1.28.111 Āyurvedarasāyana

śeṣayantrāhāryaṃ śalyamāha-śeṣaṃ śeṣairiti | § 6199

1.28.112 Aṣṭāṅgahr̥dayasaṃhitā

śastreṇa vā viśasyāḍau tato nirlohitam̐ vraṇam | | 25 | |
kṛtvā ghr̥tena saṃsvedya
baddhā+a+acārikamādiśet | | 25 | | § 6201

1.28.113 Sarvāṅgasundarā

śastreṇa vā pūrvam̐ viśasya-māṃsādīn chittvā, tataḥ- an-
antaram̐, apanītaraktam̐ vraṇam̐ vidhāya, sarpiṣā sved-
ayitvā, vastrapaṭṭādinā sarpimadhu baddhvā, ācārikaṃ-
snehavidhyuktam̐ "uṣṇodakopacārī syāt" ityādikaṃ, ādiśet-
kathayet | § 6202

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1.28.114 Āyurvedarasāyana

yantreṇāhartumaśakyasya śalyasyopāyamāha-śastreṇa veti |
viśasya-vidārya | nirlohitam̐-srutaraktam | ācārikaṃ-āhārādiniyamam |
["bhojanam̐ tu yathāsātmyam̐" (hr̥.sū.a. 29/34) ityādiva-
kṣyamāṇoktam |] § 6203

1.28.115 Aṣṭāṅgahr̥dayasaṃhitā

sirāsnāyuvilagnaṃ tu cālayitvā śalākayā | | 26 | | § 6204

1.28.116 Sarvāṅgasundarā

sirāsnāyuvilagnaṃ punaḥ śalyaṃ śalākayā cālayitvā śithi-
likṛtya, āharet | § 6205

1.28.117 Āyurvedarasāyana

śirāsnāyuvilagnasyopāyamāha-śirāsnāyuvilagnamiti | § 6206

1.28.118 Aṣṭāṅgahr̥dayasaṃhitā

hr̥daye saṃsthitam̐ śalyaṃ trāsitasya himāmbunā | | 26 | |
tataḥ sthānāntaram̐
prāptamāharetadyathāyatham | | 27 | |
yathāmārgam̐
durākaraṣam----- | | 27 | | § 6209

1.28.119 Sarvāṅgasundarā

hr̥daye yadāśritam̐ śalyaṃ tacchītajalena trāsitasya sthān-
āntaragatam̐ jñātvā, yathāyatham̐-yathāsvam̐ viśiṣṭayantr-
aiḥ, śalyaṃ nirharet | § 6210

1.28.120 Āyurvedarasāyana

hr̥dayalagnasya śalyasyopāyamāha-hr̥daya iti | yathāyatham̐-
sthānānurūpeṇa yantreṇa | yathāmārgam̐-mārgānurūpeṇa
śodhanena | durākaraṣam̐-hr̥dayādākraṣṭumaśakyam | § 6211

1.28.121 Aṣṭāṅgahr̥dayasaṃhitā

-----anyato+apyevamāharet | | 27 | | § 6212

1.28.122 Sarvāṅgasundarā

anyato+api-anyadeśasthamapi śalyaṃ, durākarṣaṃ-duḥkhenākraṣṭuṃ śakyate, tat svamārgaṃ nayet tadevamevāharet, yathā hr̥tsthaṃ śalyaṃ sthānāntaraṃ prāptaṃ nirhāryam | tathā, yathāmārgaṃ-mārgānatikrameṇa, anyadeśasthamapi śalyamākarṣaṇīyam | § 6213

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1.28.123 Āyurvedarasāyana

hr̥dayopāyamanyatrātidīśati-anyato+apīti | § 6214

1.28.124 Aṣṭāṅgahr̥dayasaṃhitā

asthidaṣṭe naraṃ padbhyāṃ pīdayitvā
vinirharet | | 28 | | § 6215

1.28.125 Āyurvedarasāyana

asthilagnasyopāyamāha-asthidaṣṭa iti | § 6216

1.28.126 Sarvāṅgasundarā

asthidaṣṭe-asthni vidaṣṭe spr̥ṣṭe sati śalye, naraṃ balavantaṃ padbhyāṃ pīdayitvā-ākramya, tacchalyaṃ vinirharet | 'asthinaṣṭe' iti vā pāṭhaḥ | § 6217

1.28.127 Aṣṭāṅgahr̥dayasaṃhitā

ityaśakye subalibhiḥ sugr̥hītasya kiṅkaraiḥ | | 28 | | § 6218

1.28.128 Sarvāṅgasundarā

ityaśakye-anenāpi prakāreṇakraṣṭumaśakye śalye, kiṅkaraiḥ-bhr̥tyaiḥ, mahābalaiḥ sugr̥hītasya-suṣṭhvavaṣṭabdhasya narasya, śalyaṃ kaṅkamukhādīnā nirharet | § 6219

1.28.129 Āyurvedarasāyana

pūrvopāyāśakyasyopāyāntaramāha-ityaśakya iti | sugr̥hītasya-
saśalye+aṅge samyagghṛtasya | § 6220

1.28.130 Aṣṭāṅgahr̥dayasaṃhitā

tathā+apyaśakye vāraṅgaṃ vakrīkṛtya
dhanurjyayā | | 29 | |
subaddhaṃ vaktrakaṭake
badhnīyātsusamāhitaḥ | | 29 | |
susam̐yatasya pañcāṅgyā vājinaḥ kaśayā+atha
tam | | 30 | |
tāḍayediti mūrdhānaṃ vegenonnamayan
yathā | | 30 | |
5 uddharecśalyam-----
| | 31 | | § 6225

1.28.131 Āyurvedarasāyana

evamapyaśakyasyopāyamāha-tathā+apyaśakya iti | vāraṅgaṃ-
śastra(lya)mastake śikhākāro+avayavaḥ | pañcāṅgī-caturṣu
caraṇeṣu mukhe ca bandhaviśeṣaḥ | taṃ-vājinaṃ | iti śa-
bdastathārthe | śira utkṣipyā vegena yathā śalyamuddha-
5 ret tathā tāḍayet | § 6226

1.28.132 Sarvāṅgasundarā

tathāpyaśakye-evamapi śalya āhartumaśakye, vāraṅgaṃ-
śastrādimasya śalyasya śikhākāraṃ, vakrīkṛtya-kuṭilatāṃ
prāpayya, tato dhanurjyayā-snāyvādimayyā, subaddhaṃ
kṛtvā, anantaraṃ, vājinaḥ-aśvasya, vaktrakaṭake badhnī-
5 yādvaidyaḥ | kimbhūtaḥ ? susamāhitaḥ,-tadgatamanāḥ |
kimbhūtasya vājinaḥ ? susam̐yatasya,-suṣṭhu-śobhanaṃ
kṛtvā, baddhasya | kathaṃ susam̐yatasya ? pañcāṅgyā,
pañcānāmaṅgānāṃ-caturṅāṃ pādānāṃ mukhasahitānāṃ,
samāhāraḥ pañcāṅgī,-bandhaviśeṣaḥ, tayā pañcāṅgyā, ba-
10 ddhasya | anantaraṃ vājinaṃ kaśayā-carmayaṣṭyā, iti-

evaṃ, tāḍayet, yathā sa vājī mūrdhānamunnamayan-
utkṣipan, vegena-balenā+a+akrāntyā, śalyamuddharet |
§ 6227

1.28.133 Aṣṭāṅgahṛdayasaṃhitā

-----evaṃ vā śākhāyāṃ
kalpayettaroḥ | | 31 | | § 6228

1.28.134 Sarvāṅgasundarā

athavā evaṃ-anena prakāreṇa, vāraṅgaṃ vakratāṃ nītvā
dhanurjyayā subaddhaṃ sampādyā susamāhito bhiṣak,
vṛkṣasya śākhāmānamayya dhanurjyayaiva tasyāṃ tat ba-
dhnīyācchalyākarṣaṇārtham | atra ca yā śākhā kiṅkara-
hastādivimuktamātraivordhvamunnamyamānā śalyamu- 5
ddharati tādrśī kalpanīyā | § 6229

1.28.135 Āyurvedarasāyana

pūrvopāyāsambhave upāyāntaramāha-evaṃ veti | § 6230

1.28.136 Sarvāṅgasundarā

durbalaṃ-tanu, vāraṅgaṃ yasya śalyasya tacchalyaṃ
kuśābhiḥ-vaṃśādikambikābhiḥ, baddhā śalyamākarṣet |
§ 6231

1.28.137 Aṣṭāṅgahṛdayasaṃhitā

baddhā durbalavāraṅgaṃ kuśābhiḥ
śalyamāharet | | 31 | | § 6232

1.28.138 Āyurvedarasāyana

durbalavāraṅgasyopāyamāha-baddhveti | kuśābhiḥ-kambikābhiḥ |
§ 6233

1.28.139 Aṣṭāṅgahr̥dayasaṃhitā

śvayathugrastavāraṅgaṃ śophamutpīḍya
yuktitaḥ | | 32 | | § 6234

1.28.140 Sarvāṅgasundarā

śvayathunā grastaṃ-ācchāditaṃ, vāraṅgaṃ yasya śalyasya
tacchalyamāharet | katham ? yuktitaḥ,-yathā yujyate tathā,
śophamutpīḍya-ūrdhvaṃ pīḍayitvā | § 6235

1.28.141 Aṣṭāṅgahr̥dayasaṃhitā

ā0 ra0-śophagrastavāraṅgasyopāyamāha-
śvayathugrastavāraṅgamiti | śophotpīḍanena
vāraṅgamuddhāṭhya | § 6236

1.28.142 Aṣṭāṅgahr̥dayasaṃhitā

mudgarāhatayā nāḍyā nirghātyottuṇḍitaṃ
haret | | 32 | | § 6237

1.28.143 Sarvāṅgasundarā

uttuṇḍitaṃ śalyaṃ-budbudavadabhimukhībhūtaṃ, nā-
ḍyā nirghātya-cālayitvā, haret | kimbhūtayā ? mudgareṇ-
āhatayā | mudgaragrahaṇamupalakṣaṇārtham, pāṣāṇādi-
bhirapyāhatayottuṇḍitaṃ harediti vedyam | § 6238

1.28.144 Āyurvedarasāyana

uttuṇḍitasyopāyamāha-mudgarāhatayeti | tenaina vā-nāḍīm
vinā mudgareṇaiva, nirghātya | § 6239

1.28.145 Aṣṭāṅgahṛdayasaṃhitā

taireva cānayenmārgamamārgottuṇḍitaṃ tu
yat | | 33 | | § 6240

1.28.146 Sarvāṅgasundarā

taireva ca-mudgarādibhirāhataiḥ, amārgairuttuṇḍitaṃ-amārgottuṇḍitaṃ
mārgamānayet-mārgaṃ prāpayet | § 6241

1.28.147 Āyurvedarasāyana

amārgottuṇḍitasyopāyamāha-nayediti | tattu śalyaṃ mā-
rgaṃ nayet-mārganayanapūrvakamāharet, nirghātanena-
iva | § 6242

1.28.148 Aṣṭāṅgahṛdayasaṃhitā

mṛditvā karṇināṃ karṇaṃ nāḍyāsyena niḡṛhya
vā | | 33 | | § 6243

1.28.149 Āyurvedarasāyana

karṇayuktasyopāyamāha-mṛditveti | nirgamapratibandh-
akaḥ śalyāvayavaḥ karṇākāratvāt-karṇaḥ, taṃ mṛditvā sa-
rṅkṣodanena śithilikṛtya, athavā nāḍyāsyena-nāḍīyantramukhena,
niḡṛhya-niṣpīdanenaikīkṛtya | § 6244

1.28.150 Sarvāṅgasundarā

karṇaḥ karṇau karṇā vā vidyante yeṣāṃ te karṇinaḥ,
bhallādayaḥ teṣāṃ karṇaṃ mṛditvā-bhaṅktvā, śalyaṃ ni-
rharet | athavā nāḍyāsyena-nāḍīmukhena, niḡṛhya nirha-
ret | "nāḍī pañcamukhacchidrā" (hṛ. sū. a. 24 | 13) ityevamā-
digranthanirdiṣṭairnāḍīyantrairnirharedityarthaḥ | § 6245

1.28.151 Aṣṭāṅgahr̥dayasaṃhitā

ayaskāntena niṣkarṇaṃ vivṛtāsyamṛjusthitam | | 34 | | § 6246

1.28.152 Sarvāṅgasundarā

ayaskāntena-lohākaraṣakamaṇiviśeṣeṇa, niṣkarṇaṃ śalyaṃ
tathā vivṛtamukhaṃ ṛju-spaṣṭaṃ kṛtvā+avasthitam nirha-
ret | § 6247

1.28.153 Āyurvedarasāyana

niṣkarṇasyopāyamāha-ayaskānteneti | ayaskānto-lohākaraṣakaḥ
pāṣāṇaḥ | vivṛtāsyamṛjusthitamiti niṣkarṇasya viśeṣaṇam |
§ 6248

1.28.154 Aṣṭāṅgahr̥dayasaṃhitā

pakvāśayagataṃ śalyaṃ virekeṇa vinirharet | | 34 | | § 6249

1.28.155 Sarvāṅgasundarā

pakvāśayasthitaṃ śalyaṃ virecanena viśeṣeṇa nirharet |
§ 6250

1.28.156 Āyurvedarasāyana

pakvāśayagatasyopāyamāha-pakvāśayagatamiti | § 6251

1.28.157 Aṣṭāṅgahr̥dayasaṃhitā

duṣṭavātaviṣastanyarakatoyādi cūṣaṇaiḥ | | 35 | | § 6252

1.28.158 Āyurvedarasāyana

duṣṭavātādīnāmupāyamāha-duṣṭavāteti | cūṣaṇaiḥ-śṛṅgādibhiḥ | |
§ 6253

1.28.159 Sarvāṅgasundarā

duṣṭavātādīni cūṣaṇairnirharet | cūṣaṇairiti bahuvacanan-
irdeśācchrṅgādibhiriti bodhyam | § 6254

1.28.160 Aṣṭāṅgahrdayasaṃhitā

kaṅṭhasrotogate śalye sūtram kaṅṭhe praveśayet | | 35 | |
bisenātte tataḥ śalye bisam sūtram samam
haret | | 36 | | § 6256

1.28.161 Sarvāṅgasundarā

kaṅṭhasrotaḥsthe śalye sūtram-kārpāsādijaṃ, bisena ka-
ṅṭhe praveśayet- bisasaṃlagnaṃ sūtram kṛtvā śalyanirha-
raṇāya praveśayedityarthaḥ | ātte-grhīte, śalye bisasaṃla-
gne, anantaram śalyaṃ bisasūtram samam-tulyakālam, āh-
aret | § 6257

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1.28.162 Āyurvedarasāyana

kaṅṭhagatasyopāyamāha-kaṅṭhasrotogata iti | bisena-mṛṇālena,
ātte-grhīte | § 6258

1.28.163 Aṣṭāṅgahrdayasaṃhitā

nāḍyā+agnitāpitāṃ kṣiptvā śalākāmapsthirikṛtām | | 36 | |
ānayejjātuṣaṃ
kaṅṭhāt----- | | 37 | | § 6260

1.28.164 Āyurvedarasāyana

jātuṣasyopāyamāha-nāḍyā+agnitāpitāmiti | agnitāpitāṃ śa-
lākāṃ nāḍyā kaṅṭhe kṣiptvā tato+apsthirikṛtām-apāṃ pā-
nena sthirikṛtām, śalyasaṃlagnāṃ kṛtvā jātuṣaṃlākṣāma-
yaṃ śalyaṃ, kaṅṭhādānayet | § 6261

1.28.165 Sarvāṅgasundarā

jātuṣe śalye kaṅṭhasrotaḥpraviṣṭe tat jātuṣaṃ śalyaṃ ka-
ṅṭhādānayet | katham ? ityāha-śalākāṃ kaṅṭhe kṣiptvā |
katham ? nāḍyā-nāḍīyantreṇa prakṣipyā kaṅṭhadāhapar-
ihārārtham | kīdrśiṃ śalākāṃ ? adbhiḥ sthirīkṛtāṃ, nirv-
5 āpaṇadvāreṇa | tāṃ tathāvidhāṃ śalākāṃ kṛtvā nāḍya-
iva jātuṣaṃ śalyaṃ kaṅṭhādānayet-ākarsayet | jātuṣamity-
atra "trapujatunoḥṣuk" ityaṅ ṣugāgamaśca | § 6262

1.28.166 Aṣṭāṅgahrdayasaṃhitā

-----jatudigdhāmajātuṣam | | 37 | | § 6263

1.28.167 Sarvāṅgasundarā

ajātuṣaṃ-dāruveṇvādimayaṃ śalyaṃ, kaṅṭhasrotaḥsthi-
taṃ jatudigdhāṃ-lākṣāliptāṃ, śalākāmagnitāpitāṃ nāḍyā
kṣiptvā pūrvavacchalyamāharet | jatudigdhāmityupalakṣ-
aṅārtham, sikthādidigdhāmapi | yathā śalākayā hartuṃ
5 yuyate tathā kṛtveti bodhyam | § 6264

1.28.168 Āyurvedarasāyana

ajātuṣasyopāyamāha-jatudigdhāmiti | jatudigdhāṃ-lākṣāliptāṃ
śalākāṃ, pūrvavacchalyasaṃlagnāṃ kṛtvā jātuṣādanya-
cchalyamāharet | § 6265

1.28.169 Sarvāṅgasundarā

kaṅṭakaṃ-matsyādiṃ, māṃsasaṅgena bhuktaṃ kaṅṭha-
srotasi sthitaṃ, dravaiḥ-pānīyādibhiḥ saha, pītena keśond-
ukenākṣipet | keśānāṃ samūhaḥ-keśondukam, tena | ki-
mbhūtena keśondukena ? sūtrabaddhena,-dīrghasūtragrathitena |
5 vamataḥ-vamanamācarataḥ, kaṅṭakamekadeśasaktasūtraṃ
sahasāivākṣipet | evaṃ ca vamanadravyasaṃskṛtairdrav-
aiḥ keśondukam pātavyamityavatiṣṭhate | § 6266

1.28.170 Aṣṭāṅgahr̥dayasaṃhitā

keṣondukena pītena dravaiḥ kaṇṭakamākṣipet | | 37 | |
sahasā sūtrabaddhena
vamataḥ----- | | 38 | | § 6268

1.28.171 Āyurvedarasāyana

matsyādikaṇṭakasyopāyamāha-keṣondukeneti | sūtrabaddh-
ena keṣondukena-keśapuñjena, dravaiḥ saha pītena vama-
taḥ sahasā kaṇṭakamāharet | § 6269

1.28.172 Aṣṭāṅgahr̥dayasaṃhitā

-----tena cetarat | | 38 | | § 6270

1.28.173 Āyurvedarasāyana

keṣondukasyopāyamāha-teneti | tena-kaṇṭakena dravaiḥ
saha pītena, itarat-keṣondukam, āharet | § 6271

1.28.174 Sarvāṅgasundarā

tena-kaṇṭhakena, itarat-keṣondukam, pramādapītamāha-
ret | kṣatakaṇṭhaśca triphalāṃ madhughṛtasitopetāmanu-
kaṇṭhaṃ lihyāt | suśrute cōktam (sū. a. 27 | 19)-"asthiśalyamanyadvātiryak
keṣondukam dṛḍhaikasūtrabaddham dravabhaktopahi-
tam pāyayedākaṇṭhāt pūrṇakoṣṭham ca vāmayet | vam- 5
ataśca śalyaikadeśasaktam jñātvā sūtram sahasā tvākṣi-
pet | mṛdunā vā dantadhāvanakūrcakenāpaharet praṇud-
edvā+antaḥ | " iti | § 6272

1.28.175 Aṣṭāṅgahr̥dayasaṃhitā

aśakyam mukhanāsābhyāmāhartuṃ parato
nudet | | 38 | | § 6273

1.28.176 Sarvāṅgasundarā

mukhanāsāgataṃ śalyaṃ mukhanāsābhyāmāhartumaśakyam-
ākraṣṭuṃ yanna śakyate, tatparato nudet | prakṛtatvān-
mukhāt parato nāsāyāśca parataḥ | tasmādyena kenacidup-
āyena koṣṭhaṃ nayediti gamyate | § 6274

1.28.177 Āyurvedarasāyana

ūrdhvamāhartumaśakyasyopāyamāha-aśakyamiti | parato
nudet-koṣṭhaṃ nayet | § 6275

1.28.178 Aṣṭāṅgahr̥dayasaṃhitā

appānaskandhaghātābhyāṃ grāsaśalyaṃ
praveśayet | | 39 | | § 6276

1.28.179 Sarvāṅgasundarā

grāsaḥ śalyamiva grāsaśalyaṃ kaṅṭhāsaktamantaḥkoṣṭh-
ākhyam nayet | katham ? apāṃ pānaṃ-appānaṃ, tena |
tathā skandhaghātena, skandhasya muṣṭyādinā hananaṃ-
skandhaghātaḥ | § 6277

1.28.180 Āyurvedarasāyana

grāsaśalyasyopāyamāha-appānaskandhaghātābhyāmīti | appānaṃ-
udakapānam | § 6278

1.28.181 Aṣṭāṅgahr̥dayasaṃhitā

sūkṣmākṣivraṇaśalyāni kṣaumavālalairharet | | 39 | | § 6279

1.28.182 Sarvāṅgasundarā

akṣaṇī ca vraṇaśca, tatra śalyāni-akṣivraṇaśalyāni, sūkṣmāṇi ca tānyakṣivraṇaśalyāni ca-sūkṣmākṣivraṇaśalyāni, tāni kṣau mādibhirnirharet | yogyatāvaśāt kadācit kṣau mena-kauseyena, kadācidvālena, kadācijjalena ca, nirharet | § 6280

5

1.28.183 Āyurvedarasāyana

nadītaḍāgādīpatitasyākasmāt yasya narasya jalamantare praviṣet | tacca toyam śalyavadantaḥsthitam nirhāryamiti tadupāyam darṣayitumāha-sūkṣmāṇāmākṣigatānām vraṇagatānām copāyamāha-sūkṣmākṣivraṇaśalyānīti | § 6281

1.28.184 Aṣṭāṅgaḥṛdayasaṃhitā

apāṃ pūrṇaṃ vidhunuyādavākśirasamāyatam | | 40 | |
vāmayeccāmukhaṃ bhasmarāśau vā
nikhanennaram | | 40 | | § 6283

1.28.185 Sarvāṅgasundarā

apāṃ pūrṇaṃ naraṃ vidhunuyāt | kimbhūtam ? avakśirasam, avāk-adhaḥ, śiro-mūrdhā, yasya tam | tathā āyataṃ-dīrghaṃ kṛtvā, tathā taṃ naraṃ vāmayedvaidyaḥ | athavā, āmukhaṃ-mukhaṃ yāvat, bhasmarāśau nikhanet-nyaset | tathoktam-"udakapūrṇasya cakrādyaṛopañenodakaniḥsāraḥ kāryaḥ | " iti | § 6284

5

1.28.186 Āyurvedarasāyana

sarvāṅgagatasyodakaśalyasyopāyamāha-apāṃ pūrṇamiti | vidhunuyāt-kampayet, vāmayecca vamanadravyaiḥ | athavā mukhaparyantaṃ bhasmarāśau nikhanet | § 6285

1.28.187 Sarvāṅgasundarā

karṇe+ambunā pūrṇe sati tailavāriṇī kṣipet | kiṃ kṛtvā
? hastena mathitvā-kareṇa vilōḍya | tathā+adhomukhaṃ
karṇaṃ hanyāt | vā-athavā, cūṣayet nāḍyā vā śṛṅgādibhiḥ |
§ 6286

1.28.188 Aṣṭāṅgahr̥dayasaṃhitā

karṇe+ambupūrṇe hastena mathitvā tailavāriṇī | | 41 | |
kṣipedadhomukhaṃ karṇaṃ
hanyādvā+a+acūṣayeta vā | | 41 | | § 6288

1.28.189 Aṣṭāṅgahr̥dayasaṃhitā

ā0 ra0-karṇagatasyodakaśalyasyopāyamāha-
karṇe+ambupūrṇa iti |
ācūṣayet-śṛṅgādibhiḥ | § 6289

1.28.190 Āyurvedarasāyana

karṇagatasya kīṭaśalyasyopāyamāha-kīṭe srotogata iti |
lavaṇāmbunā-lavaṇayuktenāmbunā | § 6290

1.28.191 Aṣṭāṅgahr̥dayasaṃhitā

kīṭe srotogate karṇaṃ pūrayellavaṇāmbunā | | 42 | |
suktana vā sukhoṣṇena mṛte kledaharo
vidhiḥ | | 42 | | § 6292

1.28.192 Sarvāṅgasundarā

kīṭe-pipīlikāśatapadyāḍau, srotaḥsthite (srotogate)-todagauravamedādibhiranun
karṇaṃ lavaṇāmbunā pūrayet | athavā suktana pūrayet |
kimbhūtena ? sukhoṣṇena | mṛte punastasmin kīṭe kleda-
haro vidhiḥ kāryaḥ | § 6293

1.28.193 Aṣṭāṅgahṛdayasaṃhitā

jātuṣaṃ hemarūpyādihātujaṃ ca cirasthitam | | 43 | |
ūṣmaṇā prāyaśaḥ śalyaṃ dehajena
vilīyate | | 43 | | § 6295

1.28.194 Sarvāṅgasundarā

jātuṣādiśalyaṃ dehajenoṣmaṇā cirasthitam prāyaśo vilīy-
ate | § 6296

1.28.195 Āyurvedarasāyana

jātuṣādiśalyaṃ dehoṣmaṇaiva vilīyata ityāha-jātuṣamiti |
vilīyate-vinaśyati | § 6297

1.28.196 Aṣṭāṅgahṛdayasaṃhitā

mṛdveṇudāruśṛṅgāsthidantavālopalāni na | | 44 | |
viṣāṇaveṇvayastāladāruśalyaṃ cirādapi | | 44 | |
pṛayo nirbhujyate taddhi pacatyāśu
palāsṛjī | | 45 | | § 6300

1.28.197 Sarvāṅgasundarā

mṛdveṇudārvādiśalyaṃ dehoṣmaṇā na vilīyate | upala-
śabsya napuṃsakatvaṃ cintyam | viṣāṇādiśalyaṃ pṛayo
dehajenoṣmaṇā cirādapi na vilīyate | api tu nirbhujyate-
pṛthagbhavati | cirādapi na pacyate kutaḥ ? ityāha-
taddhītyādi | hi-yasmāt, tat-viṣāṇādiśalyaṃ, śīghrameva 5
palāsṛjī pacati | ato māṃsaraktapākāddehajena coṣmaṇā
pṛayo nirbhujyate | § 6301

1.28.198 Āyurvedarasāyana

mṛdādiśalyaṃ dehoṣmaṇā na vilīyata ityāha-mṛdveṇviti |
viṣāṇādiśalyaṃ cirādapi na vilīyata ityāha-viṣāṇeti | et-

ena mṛdādiśalyam̐ cirādvilīyata ityuktaṃ bhavati | vi-
śāṇaveṇvorubhayatropādānaṃ vilayanāvilayanadarśanā-
rtham̐ | vilayanābhāve hetumāha-prāya iti | nirbhujyate-
vakrībhavati | tat-avilayanaṃ śalyam, kuṭilībhāvakṛtena
5 kṣobheṇa yo māṃsaraktapākastena bahireva niryāti, na
tu vilīyata ityarthah̐ | prāyograhaṇāt sūcitam̐ hetum̐
vinā+apyavilayanaṃ darśayati | § 6302

1.28.199 Aṣṭāṅgahr̥dayasam̐hitā

śalye māṃsāvagāḍhe cetsa deśo na vidahyate | | 45 | |
tatastaṃ mardanasvedaśuddhikarṣaṇabr̥mhaṇ-
aiḥ | | 46 | |
tīkṣṇopānāhapānānnaghanaśāstrapadāṅkanaiḥ | | 46 | |
pācayitvā harecchalyam̐
pāṭanaīṣaṇamedanaiḥ | | 47 | | § 6306

1.28.200 Āyurvedarasāyana

vidāhopāyamāha-śalye māṃsāvagāḍha iti | § 6307

1.28.201 Sarvāṅgasundarā

māṃsāvagāḍhe-māṃsāntarnigūḍhe śalye sati, yadi sa
deśo na vidahyate-na pacyate, yatra tat tiṣṭhati śalyam̐ |
tatastaṃ mardanena svedanena vā, kadācit śuddhyā-
vamanādikayā, kadācitkarṣaṇena, kadācidbr̥mhaṇena, ka-
5 dācittīkṣṇopānāhena, kadācittīkṣṇānnapānena, tīkṣṇaśa-
bdasya hi pratyekaṃ sambandhaḥ, kadācidghanaśāstra-
padāṅkanaiḥ, śāstrasya padāni-śāstrapadāni, ghanāni sa-
m̐hitani, ca tāni śāstrapadāni ca, teṣāmaṅkanaṃ-lakṣaṇam̐,
taiḥ | mardanādibhirekena dvābhyām̐ sarvairvā yathākra-
10 maṃ pūrvam̐ śalyam̐ pācayitvā tataḥ pāṭanaīṣaṇabheda-
airharet | § 6308

1.28.202 Aṣṭāṅgahṛdayasaṃhitā

śalyapradeśayantrāṅmavekṣya bahurūpatām | | 47 | |

taistairupāyairmatimān śalyaṃ

vidyāttathā+a+aharet | | 28 | |

47 1/2 | | 28 | |

iti

śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭaviracitā-

yāmaṣṭāṅgahṛdayasaṃhitāyāṃ sūtrasthāne

śalyāhara- ṇavidhirnāmāṣṭāvi-

ṃśo+adhyāyaḥ | | 28 | | § 6312

1.28.203 Aṣṭāṅgahṛdayasaṃhitā

ā0 ra0-anuktaśalyasaṅgrahārthamupāyamāha-

śalyapradeśayantrāṅmāmiti | iti

hemādriṭīkāyāmāyurvedarasāyane |

śalyāhṛtiprakaraṇaṃ sāmastyena

nirūpitam | | 28 | | § 6313

1.28.204 Sarvāṅgasundarā

śalyāni-dhātuviśāṇaveṇvādijāni, pradeśāḥ-tvaṅmāṃsādayaḥ,

yantrāṅi-svastikādīni, teṣāṃ bahurūpatāmavekṣya- nānāk-

āratāṃ jñātvā, taistairupāyaiḥ-uktānuktairvijñānasādhanakāraṇaiḥ,

matimān-bhiṣak, śalyaṃ jānīyāt tathā+a+akarṣediti | sa-

ṅgrahe cōktam (sū. a. 37)-"vraṇe prasanne prānteṣu nāti- 5

sparśāsahiṣṇuṣu | alpe śophe ca tāpe ca niḥśalyamiti nirdi-

śet | " iti | iti śrīmṛgāṅkadattaputraśrīmadaruṇadattaviraci-

tāyāmaṣṭāṅgahṛdaya- ṭīkāyāṃ sarvāṅgasundarākhyāyāṃ

sūtrasthāne śalyāharaṇa- vidhirnāmāṣṭāviṃśo+adhyāyaḥ

samāptaḥ | | 28 | | § 6314

10

1.29 ṣaṣṭrakarmavidhiradhyāyaḥ : 29

1.29.1 Aṣṭāṅgahr̥dayasaṃhitā

athātaḥ ṣaṣṭrakarmavidhimadhyāyaṃ
vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 6316

1.29.2 Āyurvedarasāyana

ṣaṣṭrakarmavidhimadhyāyaṃ vyākhyātum pratijānīte-atheti |
§ 6317

1.29.3 Sarvāṅgasundarā

ṣaṣṭrasya karma ṣaṣṭrakarma,- ṣaṣṭrāvacāraṇakriyā, tasya
vidhiḥ-itikartavyatā, ṣaṣṭrakarmavidhiḥ, tam | ṣeṣaṃ pū-
rvavat | nanu, yadyayaṃ ṣaṣṭrakarmavidhiḥ, tataḥ ṣaṣṭra-
karmagrantha evādaḥ nirdeṣṭum yuktaḥ, (ślo. 14)- "prāk
5 ṣaṣṭrakarmaṇaśceṣṭaṃ bhojayedannamāturam |" ityādi |
na tu "vraṇaḥ sañjāyate prāyaḥ" ityādi | atrocyate | ṣa-
ṣṭrakarmavidheḥ pūrvam viṣayo nirdiṣṭum yuktaḥ | ya-
taḥ ṣaṣṭrakarmavidherupāyo+ayam, ityasyaiva pūrvamu-
panyāso yukta ityāha- § 6318

1.29.4 Sarvāṅgasundarā

prāyo vraṇaḥ pākāt sañjāyate | kimbhūtāt ? śvayathuḥ pū-
rvo yasya pākasya sa śvayathupūrvakaḥ, tasmāt | śvayath-
upākamantareṇāpi ṣaṣṭrādyabhighātāt vraṇo jāyata iti pr-
āyograhaṇam | yasmācchvayāthupūrvakāt pākāt vraṇaḥ
5 sañjāyate, atastameva-śvayathum, upacaret-upakramet |
kiṃ kurvan ? pākam prayatnena rakṣan | katham ? suśīta-
lepasekādibhiḥ | suśītābhyām-sparśato vīryataśca, lepase-
kābhyām | tathā, raktamokṣaṇena | tathā, saṃśodhanena-
vamanena virekeṇa ca | ādigrahaṇāt kaṣāyapānaghṛtapā-
10 nādīnām grahaṇam | tasya ca śophasyāmapacyamānapa-
kvākhyātistisro+avasthā bhavantītyāha- § 6319

1.29.5 Aṣṭāṅgahṛdayasaṃhitā

vraṇaḥ sañjāyate prāyaḥ pākācśvathupūrvakāt | | 1 | |
tamevopacarettasmādrakṣan pākam
prayatnataḥ | | 1 | |
suśītalepasekāsramokṣasaṃśodhanādibhiḥ | | 2 | | § 6322

1.29.6 Āyurvedarasāyana

śastrakarmaviṣayasya vraṇasyotpattimāha-vraṇa iti | vraṇasyotpattipratib
tameveti | tameva-śvayathumeva | śastrakarmani bheṣaja-
vidhānam bheṣajāsādhye śastrakarma vidhātavyamiti jñā-
panārtham | uktaṃ hi saṅgrahe (sū. a. 38)- "dvididhe+api
hi vyādhāvupāyāpekṣe nija āgantau vā bheṣajaviṣayātīte 5
śastrakarma prayujyate |" iti | § 6323

1.29.7 Aṣṭāṅgahṛdayasaṃhitā

śopho+alpo+alpoṣmaruksāmaḥsavarṇaḥ kaṭhinaḥ
sthiraḥ | | 2 | | § 6324

1.29.8 Āyurvedarasāyana

apakvasya śvayathorlakṣaṇamāha-śofa iti | āmaḥ-apakvaḥ |
ūṣmā-auṣṇyam | rūk-śūlam | sthiraḥ-śanairvardhamānaḥ |
§ 6325

1.29.9 Sarvāṅgasundarā

āmo yaḥ śophaḥ saḥ pramāṇato+alpaḥ | tathā, alpoṣmā |
tathā, alparuk-alpaśūlaḥ | tathā, savarṇaḥ-tvaksamānavarṇaḥ |
tathā, kaṭhino-na mṛduḥ, pakvavat | tathā, sthiro-na pa-
kvavaccalaḥ | sa āmaḥ sāma iti "so+aci lope cetpādapūr-
aṇam" iti sulopaḥ | § 6326 5

1.29.10 Aṣṭāṅgahr̥dayasaṃhitā

pacyamāno vivarṇastu rāgī bastirivātataḥ | | 3 | |
sphuṭatīva sanistodaḥ
sāṅgamardavijṛmbhikaḥ | | 3 | |
saṃrambhārucidāhoṣātr̥d̥jvarānidratānvitaḥ | | 4 | |
styānaṃ viṣyandayatyājyaṃ
vraṇavatsparśanāsahaḥ | | 4 | | § 6330

1.29.11 Āyurvedarasāyana

pacyāmānasya śofasya lakṣaṇamāha-pacyamāna iti | vivarṇaḥ-
tvāgviparītavarṇaḥ | rāgī-rañjanaśaktimān, lepausadhaṃ
varṇantaraṃ nayatītyarthaḥ | sfoṭati-viṣliṣṭāvayatvaṃ vr-
ajati | saṃrambho-jhaṭiti rujādivṛddhiḥ | § 6331

1.29.12 Sarvāṅgasundarā

sa śophaḥ pacyamāno vivarṇo-na tvaksamānavarṇaḥ | ta-
thā rāgī-lohitavarṇaḥ | tathā, bastirivātataḥ-stabdho vāt-
apūrṇadr̥tivat | chāgādīnāṃ tu mūtrādhāro bastirityucy-
ate | tathā, sphuṭatīva | ((tathā,)) sanistodaḥ-saha nisto-
5 dena vartata iti sanistodaḥ | niyataprabandhapravṛttā rūk-
nistodo, vicchinnā tu śūlamityucyate | sāṅgetyādi | aṅgā-
nāṃ mardaḥ- kṣobhaḥ, sahāṅgamardavijṛmbhikāyāṃ va-
rtata iti sāṅgamardavijṛmbhikaḥ | tathā, saṃrambhādibh-
iryutaḥ | anvitaśabdena pratyekaṃ saṃrambhādīnāṃ sa-
10 mbandhaḥ | saṃrambho-vāgviṣayātītānāṃ svasaṃvedy-
ānāmanekarūpāṇāṃ pīḍanavighaṭṭanacchedanabhedana-
daṃśanādīnāṃ rūjāṃ prādurbhāvaḥ | sarvāṅgīṅastivro-
dāhaḥ | aratimān dāha uṣā ucyate | tathā, sa pacyamāno
ghṛtaṃ styānamupayuktaṃ vilīnayati | tathā, sparśanaṃ
15 na sahate vraṇavat | § 6332

1.29.13 Aṣṭāṅgahr̥dayasaṃhitā

pakve+alpavegatā glāniḥ pāṇḍutā valisambhavaḥ | | 5 | |

nāmo+anteṣūnnatirmadhye
kaṇḍūśophādīmārdavam | | 5 | |
sprṣṭe pūyasya sañcāro
bhavedbastāvivāmbhasaḥ | | 6 | | § 6335

1.29.14 Āyurvedarasāyana

pakvasya śofasya lakṣaṇamāha-pavka iti | alpavegatā-
upadravālpavvam | kaṇḍūśofādayo lakṣaṇāni | upadravāstu-
aṅgamardādayaḥ | § 6336

1.29.15 Sarvāṅgasundarā

pakve sati, alpavegatā bhavati, na tu saṃrambhaḥ | ta-
thā, glāniḥ-mlānatvam | tathā, pāṇḍutvam valīnām codbh-
avaḥ | tathā, anteṣu-paryanteṣu, nāmo-nimnatvam, ma-
dhyā unnatiḥ | nāmo+anteṣvityuktyaiva madhyā unnati-
tvam labdhameva, unnatigrahaṇam tvatiśayārtham, teno-
ttuṇḍitvam gamyate | tathā, kaṇḍvādimṛdutvam syāt | ta-
thā, sprṣṭe tasmin sati pūyasya sañcāro bhavati, basterant-
aḥsthitasya yathā+ambhasaḥ sañcāraḥ | § 6337

1.29.16 Āyurvedarasāyana

raktadoṣatrayakāryatvam pākasyāha-śūlamiti | § 6338

1.29.17 Aṣṭāṅgahr̥dayasaṃhitā

śūlam narte+anilāddāhaḥ pittācśophaḥ
kaphodayāt | | 6 | |
rogo raktācca pākaḥ syādato doṣaiḥ
saṣṇitaiḥ | | 7 | | § 6340

1.29.18 Sarvāṅgasundarā

vātam vinā śūlam na bhavati | pittamantareṇa dāho
na syāt | kaphodayādvina śopho na syāt | śophaḥ ka-

phāditi vaktavya udayagrahaṇaṃ viśeṣadyotanārtham |
raktādr̥te-raktaṃ vinā, rāgasya lauhityasya sambhavo na |
tena kaphādhikaiḥ sarvairdoṣaiḥ śoṇitasahitaiḥ śvayathu-
pākaḥ syāditi gamyate | § 6341

1.29.19 Āyurvedarasāyana

atipavkasya śofasya lakṣaṇamāha-pāka iti | ativr̥tte-pramāṇamatikrante |
suśiraḥ-śūnyodaraḥ | tanutvak-viralatvak | doṣabhakṣitaḥ-
pūyabhakṣitamāṃsādiḥ | tanūruhaṃ-roma | § 6342

1.29.20 Aṣṭāṅgahr̥dayasaṃhitā

pāke+ativr̥tte suśirastanutvagdoṣabhakṣitaḥ | | 7 | |
valībhirācitaḥ śyāvaḥ
śīryamāṇatanūruhaḥ | | 8 | | § 6344

1.29.21 Sarvāṅgasundarā

pāke cātivr̥tte-atikrānte, suśiro+antasthaḥ śophadeśaḥ sa-
mpadyate | tathā, tanuḥ-tanvī, tvak yasmin sa tanutvak |
tathā, doṣabhakṣitaḥ-pūyavān, doṣaśabdeneha pūya ucy-
ate, tena bhakṣitatvāt suśiratvaṃ tanutvaktvaṃ cāsyā |
5 tathā, valībhirācito-vyāptaḥ | tathā, śyāmavarṇaḥ | tathā,
śīryamāṇatanūruhaḥ-patadromā | § 6345

1.29.22 Aṣṭāṅgahr̥dayasaṃhitā

kaphajeṣu tu śopheṣu gambhīraṃ pākametyasrk | | 8 | |
pakvaliṅgaṃ tato+aspaṣṭaṃ yatra
syācchītaśophatā | | 9 | |
tvaksāvarṇyaṃ rujo+alpatvaṃ
ghanasparśatvamaśmavat | | 9 | |
raktapākamiti brūyāttaṃ prājño
muktasaṃśayaḥ | | 10 | | § 6349

1.29.23 Āyurvedarasāyana

raktapākasya lakṣaṇamāha-kafajeṣviti | gambhīraṃ yada-
sr̥k tat pākameti, na mām̄sam | tataḥ-tasmāt, uktaṃ pakv-
aliṅgaṃ spaṣṭaṃ notpadyate | tena yatra śītaśofatvādi, taṃ
raktapākam brūyāt | § 6350

1.29.24 Sarvāṅgasundarā

yadyapi tribhireva doṣaiḥ śoṇitānvitaiḥ pāko jāyate, ta-
thā+api kaphajeṣvityukteradhikatarakapheṣviti gamyate |
kaphajeṣviti bahuvacananirdeśāt dehadeśabahutvādyeṣu
dehadeśeṣvasau kapho jāyate, teṣu kaphajeṣu śopheṣu
gambhīraṃ-durlakṣyamatisāyenāntarnigūḍhatvāt, asr̥k pā- 5
kameti | ata eva pakvaliṅgaṃ-pakvalakṣaṇam, aspaṣṭaṃ
durlakṣyaṃ, syāt | tathā, yatra śītaguṇayogāt, śītaścāsau
śophaśca śītaśophaḥ, tasya bhāvaḥ śītaśophatā | tathā,
tvaksamānavarṇatvam | tathā, rujah stokatvam | tathā,
ghanasparśatvam-nibiḍasparśatā syāt, āsmavat-hastādinā 10
spr̥ṣṭe pāṣānatulyaḥ sparśa upalabhyate | taṃ-tathābhūtaṃ
śvayathupākam, raktapākamityevaṃ prājño-dhīmān, brūyāt-
na tu śophaṃ pakvamiti kathayet | katham ? muktasaṃśayaḥ,-
śoṇitaṃ pakvam nātra śopha ityevaṃ vadedityarthaḥ |
§ 6351

15

1.29.25 Aṣṭāṅghṛdayasaṃhitā

alpasattve+abale bāle

pākādvā+atyarthamuddhate | | 10 | |
dāraṇam marmasandhyādīsthite cānyatra
pāṭanam | | 11 | | § 6353

1.29.26 Āyurvedarasāyana

atha pāṭanam | tatra dāraṇapāṭanayorviṣayabhedamāha-
alpasatva iti | satvam-mānasam balam | pāke cātyarthamuddhate-
atipakve, śophe marmasandhyādiṣvanavacāryaśastreṣva-
ṅgeṣu sthite ca, dāraṇam | anyatra pāṭanam | dāraṇam kṣ-
ārādinā dvārakaraṇam | pāṭanam-śastreṇa | § 6354 5
1106

1.29.27 Sarvāṅgasundarā

stoke sattve sati, tathā durbale, tathā bāle, eteṣu jāte śvaya-
thau, tathā pākādvā+atyarthamuddhate-atikrānte ca śvay-
athau, dāraṇaṃ kāryam ; vraṇapraṭiśedhoddiṣṭairdāraṇa-
dravyaiḥ (hr̥. u. a. 25 | 37) | yathā-"guggulvatasigendatasvarṇakṣīrikapotaviḥ |
5 kṣārauṣadhāni kṣārāśca pakvaśophavidāraṇam | |" iti | na
kevalamalpasattva ityādike śvathau dāraṇaṃ kāryam, yā-
vat caśabdāt marmasandhyādīsthite ca śvayathau dāra-
ṇaṃ kāryam, na pāṭanaṃ śastreṇa | anyatreṭi dāraṇaviṣ-
ayānirdiṣṭe sthāne śastreṇa pāṭanaṃ kāryam | § 6355

1.29.28 Aṣṭāṅgahr̥dayasaṃhitā

āmacśede sirāsnāyuvyāpado+asṛgatisrutiḥ | | 11 | |
rūjo+ativṛddhirdaraṇaṃ visarpo vā
kṣatodbhavaḥ | | 12 | | § 6357

1.29.29 Āyurvedarasāyana

apakvasya dāraṇapāṭane niṣedhai-āmacśeda iti | śirānāśā-
didoṣādāmo na śedya ityārthaḥ | § 6358

1.29.30 Sarvāṅgasundarā

āmasya śophasya śastreṇa śede sati sirāsnāyuvyāpado bh-
avanti | tathā, asṛjo+atisrāvaḥ syāt | tathā, rujāyā vivṛ-
ddhiḥ | tathā, daraṇaṃ visarpo vā kṣatotthaḥ syāt | § 6359

1.29.31 Aṣṭāṅgahr̥dayasaṃhitā

tiṣṭhannantaḥ punaḥ pūyaḥ sirāsnāyvasṛgāmiṣam | | 12 | |
vivṛddho dahati kṣipraṃ
tṛṇolapamivānalaḥ | | 13 | | § 6361

1.29.32 Sarvāṅgasundarā

antaḥ-antare, tu pūyastiṣṭhan san sirādīni dahati | kaḥ ka-
miva ? analastrṇolapamiva | § 6362

1.29.33 Sarvāṅgasundarā

pakvasyācśedane dośamāha-tiṣṭhanniti | trṇolapaṃ-trṇagulmam |
§ 6363

1.29.34 Aṣṭāṅgahrdayasaṃhitā

yaśchinattyāmamajñānādyasca pakvamupekṣate | | 13 | |
śvapacāviva vijñeyau
tāvaniścitakāriṇau | | 14 | | § 6365

1.29.35 Sarvāṅgasundarā

yaḥ-puruṣaḥ (vaidyaḥ), ajñānāt-mohāt, āmaṃ- apakvaṃ,
chhinatti | yaśca pakvamupekṣate-na pāṭayati | tau-narau,
śvapacatulyau vedyau, āturavyāpādanāt | tadvayāpāda-
naṃ tu kuto vidhattaḥ ? ityāha-aniścitakāriṇau,-asamīkṣyavidhāyinau
yataḥ | § 6366

5

1.29.36 Āyurvedarasāyana

āmapakvalakṣaṇānabhijñāṇaṃ nindati-yaścchinattīti | § 6367

1.29.37 Sarvāṅgasundarā

śastrakarmaṇaḥ prāk-pūrvam, āturamiṣṭamannaṃ-yadvraṇe+apathyama
tadvalādhānārthaṃ bhojayet | tathā, yo vedanākṣamaḥ-
śastravyathāmasahiṣṇuḥ, tamāturaṃ madyocitaṃ tīkṣṇaṃ-
tīvramadaṃ, madyaṃ pāyayet | evaṃ sati yatsyāttadāha-
na mūrśatyannasamyogādityādi | yato+annopayogāna 5
muhyati | paraṃ tīkṣṇamadyapānānmattaḥ san śastraṃ-
nyastamaṅge, na budhyate-na cetayate, tatkadarthanayā
kliśyata ityarthāḥ | § 6368

1.29.38 Aṣṭāṅgahr̥dayasaṃhitā

prāk śastrakarmaṇaśceṣṭaṃ

bhojayedannamāturam | | 14 | |

pānapaṃ pāyayenmadyaṃ tīkṣṇaṃ yo

vedanākṣamaḥ | | 15 | |

na mūr̥cśatyannasaṃyogānmattaḥ śastraṃ na

budhyate | | 15 | | § 6371

1.29.39 Āyurvedarasāyana

śastrakarmaṇaḥ pūrvam bhojanamāha-prākśastrakarmaṇa
iti | tīkṣṇamadyapānamāha-pānapamiti | yo vedanākṣamaḥ-
śastravyathāṃ soḍhumaśakto madyapaḥ, tasya madyapā-
nam | itarasya bhojanameva | § 6372

1.29.40 Aṣṭāṅgahr̥dayasaṃhitā

anyatra mūḍhagarbhāśmamukharogodarātu-

rāt | | 16 | | § 6373

1.29.41 Sarvāṅgasundarā

aśmaśabdenāśmarī gr̥hyate | mūḍhagarbhādibhīrya ātu-
rastam varjayitveṣṭabhojanam madyapānam ca kārayita-
vyam | § 6374

1.29.42 Āyurvedarasāyana

mūḍhagarbhādau bhojanamadyapāne niṣedhatianatreti |
§ 6375

1.29.43 Aṣṭāṅgahr̥dayasaṃhitā

athāhr̥topakaraṇam vaidyaḥ prānmukhamāturam | | 16 | |

sammukho yantrayitvā+a+aśu nyasyenmarmādi
varjayan | | 17 | |
anulomaṃ suniśitaṃ
śastramāpūyadarśanāt | | 17 | |
sakṛdevāharettacca-----
| | 18 | | § 6379

1.29.44 Sarvāṅgasundarā

athaśabdena maṅgalavācinā saṅgrahoktamarthaṃ sūca-
yati | yathā (sū. a. 38)- "sumuhūrte ca dadhyakṣatānna-
pānarukmaratnārcitavipraṃ praṇateṣṭadevataṃ" ityādi |
āhṛtaṃ-dhaukitaṃ samīpānītaṃ, upakaraṇaṃ-tatkālayogyam
yantraśastrāgnijāmbavauṣṭhapticuplotasnehamadhukalkādi-5
kaṃ, yasya tam, āturaṃ prāṇmukhaṃ-pūrvābhimukhaṃ,
vaidyaḥ sammukhaḥ-pratyaṅmukho, yantrayitvā śastramāśu-
na vilambitaṃ, nyasyet-nikṣipet | marmādi varjayan-marmasirāsandhyā
pariharan | tathā, anulomaṃ kṛtvā-na prātilomyena | ki-
mbhūtaṃ śastram ? suniśitaṃ-atitīkṣṇam | tacca śastramā- 10
pūyadarśanāt nyaset,-na tvadhikam | tat kiṃ tatraiva sth-
āpyam ? tacca sakṛdeva-na bahūn vārān, āharet-ākarṣet |
§ 6380

1.29.45 Aṣṭāṅgahr̥dayasaṃhitā

ā0 ra0- śaṣṭrakarmavidhimāha-atheti | saṅgrahe tu (sū. a.
38)- " athopahṛtayantraśaṣṭrakṣārāgnijāmba-
vauṣṭhapticuplotapatrasūtracarmapaṭṭama-
dhusnehakaṣāyalepakalkasekodakumbhaśi-
toṣṇodakakaṭāhavyajanādivraṇopayogisa-
rvopakaraṇamāstrītaśayanīyamupasthitasthi-
rasnehabalavadavalambakapurūṣami-
ṣṭe+ahani muhūrte ca
dadhyakṣatānnapānarukmaratnārcitavipraṃ
praṇateṣṭadevatam bhuktavantamāturaṃ
prāṅgnukhamupaveśya saṃveśya vā
yantrayitvā pratyūṅgukho vaidyo
marmaśirāsnāyusandhyasthidhamanīḥ
pariharan anulomaṃ śaṣṭraṃ nidadhyāt | "
iti | nikhātaśaṣṭrasyāharaṇavidhimāha-
sākṛdeveti | sakṛt-ekavāramāharet,
nāntarā+antarā muñcedityarthaḥ | § 6381

1.29.46 Aṣṭāṅghṛdayasaṃhitā

-----pāke tu sumahatyapi | | 18 | |
pāṭayet dvyaṅgulaṃ
samyadvyaṅgulatryaṅgulāntaram | | 18 | |
eṣitvā samyageṣiṇyā paritaḥ
sunirūpitam | | 19 | |
aṅgulīnālavālairvā yathādeśaṃ
yathāśayam | | 19 | |
5 yato gatāṃ gatiṃ vidyādutsaṅgo yatra yatra
ca | | 20 | |
tatra tatra vraṇaṃ kuryātsuvibhaktam
nirāśayam | | 20 | |
āyataṃ ca viśālaṃ ca yathā doṣo na
tiṣṭhati | | 21 | | § 6388

1.29.47 Sarvāṅgasundarā

pāke tu sumahatyapi pāṭayet | dvyaṅgulaṃ-dvyaṅgulaparimāṇam
vraṇaṃ, samyak kuryāt,-nādhikam | dvyaṅguletyādi |

aṅguladvayamathavā+aṅgulatrayamantarīkṛtya punaranyam
vraṇam kuryāt,-na tvāsannam | tathā, eṣiṇyā samyageṣitvā-
gaveśayitvā, paritaḥ-samantāt, sunirūpitaṃ-suparyālocitam |
na kevalameṣiṇyā, yāvadaṅgulyā, nālena-padmotpalādijena,
vālairvā-varāhādisambandhibhiḥ, anveṣya yathādeśam ya- 5
thāśayam vraṇam kuryāt | taṃ ca pradeśam darśayitumāha-
yata ityādi | yato yasmin pradeśe gatāṃ-dūrayātāṃ,
gatiṃ-nāḍīm, jānīyāt tasmin pradeśe vraṇam kuryāt | ya-
tra yatra śvayathupradeśe, utsaṅgaṃ-unnatiṃ, vidyāt ta-
tra tatra pradeśe vraṇam kuryāt | kiṃbhūtaṃ vraṇam 10
? suṣṭhu vibhaktau pārśvāparapārśvādivibhāgau yasya
taṃ tathāvidham | tathā, nirāśayam,-na vidyata āśayaḥ-
pūyāderdoṣasya sthānam, yasya tathābhūtaṃ nirāśayam
kuryāt | tathā, āyataṃ-dīrgham, tathā viśālam-vistirṇam,
kuryāt | evaṃ kṛte sati doṣaḥ-pūyākhyo, na tiṣṭhati-na sth- 15
itiṃ labhate | § 6389

1.29.48 Āyurvedarasāyana

pātanapramāṇamāha-pāke tviti | bahuṣu pātaneṣu vdyā-
ṅgulaṃ tryaṅgulaṃ vā+antaraṃ kāryam | pātanasthānamāha-
eṣitveti | eṣiṇyādivibhāgauktaḥ saṅgrahe (sū. a. 38)- " viv-
ṛte pradeśe vāmapradeśinyaiṣitvā nātivivṛte gambhīre mā-
ṃsale caiṣiṇyā | viārīte karīrādinalena | atisaṃvṛte śūka- 5
ravālena | " deśaḥ-śarīrāvayavaḥ | āśayo-vraṇāṃsthānam |
gatiḥ-nāḍīvraṇaḥ | utsaṅgaḥ-pūyaskhalanasthānam | vibhakto-
māṃsādileśarahitaḥ | āśayaḥ-utsaṅgaḥ | § 6390

1.29.49 Sarvāṅgasundarā

vaidyasya śāstrakarmaṇi śauryam-pātanādau vīryam, śa-
syate | tathā, āśukriyā-caturahastatā | tathā, tīkṣṇaśāstr-
atā | tathā, svedaśca vepathuśca, na vidyamānau tau
yasya sa evam, svedābhāvaḥ kampābhāvaścetyarthaḥ |
tathā, asammohaḥ-tatkālocitakāryakarane samyakpravṛ- 5
ttiḥ | nanu, "śauryam vaidyasya śasyate" ityuktyaiva sve-
dakampābhāvaḥ pratyapādi | tathā ca svedavepathū bhīr-
oreva sambhavataḥ, na sūryasya | ityanarthakaṃ "asvedav-

epathū" iti | atrācakṣmahe satyamevaitau bīrugūṇau, kint-
ūṣṇakālavaśāt prakṛtivaśādvā yasya svedavepathū bhava-
taḥ, tatparihārārthametaduktam | sasvedasya hi vaidyasya
śastrakarmakartumudyatasya śastragrahaṇameva na tathā
5 sampadyate, tadvatsakampasyāpi | tasmāttatparihāro yu-
ktaḥ | § 6391

1.29.50 Aṣṭāṅgahr̥dayasaṃhitā

śauryamāśukriyā tīkṣṇaṃ śastramasvedavepathū | | 21 | |
asammohaśca vaidyasya śastrakarmaṇi
śasyate | | 22 | | § 6393

1.29.51 Āyurvedarasāyana

pāṭane vaidyagatasāmagrīmāha-śauryamiti | § 6394

1.29.52 Āyurvedarasāyana

lalāṭādau tiryakpāṭanamāha-tiryagiti | § 6395

1.29.53 Aṣṭāṅgahr̥dayasaṃhitā

tiryakchindyāllalāṭābhrūdantaveṣṭakajatruṇi | | 22 | |
kuṣīkākṣāksikūṭauṣṭhakapolagalavaṅkṣaṇe | | 23 | | § 6397

1.29.54 Sarvāṅgasundarā

lalāṭādideśeṣu tiryak chhedāḥ kāryaḥ | dantaveṣṭako dant-
apiṇḍikā dantādhāra ucyate | § 6398

1.29.55 Aṣṭāṅgahr̥dayasaṃhitā

anyatra chedanāttiryak sirāsnāyuvipāṭanam | | 23 | | § 6399

1.29.56 Sarvāṅgasundarā

anyatra pradeśe tiryak chhedanāt sirāṅṅam snāyūnām ca
vyāpattiḥ syāt | § 6400

1.29.57 Āyurvedarasāyana

pradeśāntar tiryakpāṭanam niṣedhati-anyatreṭi | § 6401

1.29.58 Aṣṭāṅghṛdayasamhitā

śastre+avacārite vāgbhiḥ śītāmbhobhiśca rogiṅam | |24| |
āśvāsya parito+aṅgulyā paripīḍya vraṅam
tataḥ | |24| |
kṣālayitvā kaṣāyeṅa plotenāmbho+apanīya
ca | |25| |
guggulvagurusiddhārthahiṅgusarjarasānvitaiḥ | |25| |
dhūpayetpaṭuṣaḍgranthānimbapatrairghṛtaplutaikḥ | |26| |
tilakalkājyamadhuhiriyathāsvaṅ bheṣajena
ca | |26| |
digdhāṅ vartim tato
dadyāttairevācchhādayecca tāṅ | |27| |
ghṛtāktaiḥ saktubhiścordhvaṅ ghanāṅ
kavalikāṅ tataḥ | |27| |
nidhāya yuktyā badhniyātpaṭṭena
susamāhitam | |28| |
pārśve savye+apasavye vā nādhastānnaiva 10
copari | |28| | § 6411

1.29.59 Sarvāṅgasundarā

śastre+avacārite-nyaste sati, vāgbhiḥ-tatkālocitārbhirmadhurābhiḥ
'svastho jāto+asi' ityevaṅprāyābhiḥ, tathā śītāmbhobhiḥ-
pariṣekādibhiḥ, āturamāśvāsya, anantaram vraṅam paritaḥ-
samantāt, aṅgulyā paripīḍya-pūyādidoṣaṅ nirhārya, an-
antaram kaṣāyeṅa-madhuyasṭyādisādhitena, kṣālayitvā, 5
tataḥ plotenakārpāsādijavastrakhaṅdena, jalamapanīya-
pānīyārdratāṅ nirhṛtya, anantaram vraṅam guggulvādi-

bhirnimbapatrāntairdhūpayet | kimbhūtaiḥ ? ghṛtaplutaiḥ | -
 plutagrahaṇādbahughṛtairiti dyotayati | saṅgrahe coktam
 (sū. a. 38)- "guggulvādibhirevaṃ śayanāsanādi dvirahno
 dhūpayet | " iti | tataḥ-anantaraṃ, vartiṃ-kārpāsādimayīṃ,
 5 vranāntardadyāt-praveśayet, vaidyaḥ | kimbhūtām ? di-
 gdhām | kaiḥ ? tilakalkājyamadhūbhiḥ,-vātavrāṇe tilapi-
 ṣṭadigdhām, pittavrāṇe ghṛtadigdhām, kaphavrāṇe ma-
 dhudigdhām | kecittu sarvaireva tairyugapaddigdhām-
 ityāhuḥ | na ca kevalaṃ tilādibhiḥ, yāvat yathāsvaṃ-
 10 yat yasya doṣasya svaṃ bheṣajam, tena ca digdhām |
 taireva-tilakalkādibhiḥ, vranāntaḥpraviṣṭām tāṃ-vartiṃ,
 ācchhādayet-sthagayet | ūrdhvaṃ-tadupariṣṭāt, ghṛtayu-
 ktaiḥ saktubhirācchhādayet | saṅgrahe coktam (sū. a. 38)-
 "nātibhr̥ṣṭayavasaktubhirghṛtāktairbhājanānte+ambhasā da-
 15 kṣiṇāṅgulībhiḥ sumṛditairavacchhādya" iti | tato- vranānt-
 aḥpraviṣṭavarticchhādanādanantaraṃ, kavalikāṃ-bahuvastrakhaṇḍapuṭanirvar-
 nidhāya-sam̐sthāpya, paṭṭena-nibiḍavastrakhaṇḍena, pra-
 kṛtatvāt vranam̐ badhnīyāt | katham ? yuktyā-doṣakālānugūṇayā |
 ata eva saṅgrahe jagāda (sū.a.38)-"vātaśleṣmodbhavām̐statra
 20 dvistrirvā veṣṭayedvranān | sakṛdeva parikṣapyā pittara-
 ktābhighātajān | | śastrakṣatarujāyām̐ tu pratatāyām̐ yaṣṭ-
 īmadhukasarpīṣoṣṇena vranam̐ siñcet | udakumbhāccāpo
 gṛhītvā prokṣayan parita upacaret | " iti | katham̐ badhnī-
 yāt ? susamāhitam̐ kṛtvā-nāvahelayā, vāmapārśve dakṣiṇ-
 25 apārśve vā | adhasṭāt na badhnīyāt, naiva copari-ūrdhvaṃ,
 badhnīyāt, naiva copari-ūrdhvaṃ, badhnīyāt | § 6412

1.29.60 Āyurvedarasāyana

pāṭanānantaraṃ kartavyamāha-śastra iti | sarjaraso-rālah |
 saṅgranthā-vacā | yathāsvaṃ [bheṣajena]-yasmin vrāṇe
 yadbheṣajamuktam̐ tena | cahabdaḥ samuccaye | digdhā-
 m̐litpām̐ | taiḥ-vartilepausadhaiḥ | tam̐-vranam̐ | ūrdhvaṃ-
 5 pūrvalepasya, ghṛtāktasaktulepaḥ | saṅgrahe tu (sū. a. 28)-
 " nātibhr̥ṣṭayavasaktubhirghṛtāktairbhājanānte+ambhasā
 dakṣiṇāṅgulībhiḥ sumṛditaiḥ" iti | kavalikāṃ-vastrakhaṇḍamayīṃ
 pālīm̐ | paṭṭena-ghanavasnakhaṇḍena | susamāhitam̐-suṣṭu
 sanniviṣṭam̐ yathā bhavati tathā | pārśve bandhīyāt-

granthiṃ dadyāt | saṅgahe tu (sū. a. 38)- "vātaśleṣmodbh-
avāṃstatra dvisnirvā veṣṭayehraṇān | sakṛdeva parikṣipyā
pittaraktābhigātajān | | sastrakṣatarujāyāṃ u pratatāyāṃ
yaṣṭimadhukasarpīṣoṣṇena vraṇaṃ siñcet | " iti | § 6413

1.29.61 Aṣṭāṅgahr̥dayasaṃhitā

śucisūkṣmadṛḍhāḥ paṭṭāḥ kavalyaḥ savikeśikāḥ | | 29 | |
dhūpitā mṛdavaḥ ślakṣṇā nirvalīkā vraṇe
hitāḥ | | 29 | | § 6415

1.29.62 Sarvāṅgasundarā

tathā śucayaḥ sūkṣmasūtrā dṛḍhāśca paṭṭāḥ, tathā kavali-
kāḥ savikeśikāśca vraṇe hitāḥ | kimbhūtāḥ ? dhūpitāḥ, ta-
thā mṛdavaḥ, tathā ślakṣṇāḥ, tathā valīrahitāḥ | § 6416

1.29.63 Āyurvedarasāyana

paṭṭakavalikāvikeśikānām viśeṣamāha-śucisūkṣmaddadhā
iti | vikeśikā-sūtravartih | § 6417

1.29.64 Aṣṭāṅgahr̥dayasaṃhitā

kurvītānantaram tasya rakṣāṃ rakṣoniṣiddhaye | | 30 | |
balim copaharettebhyaḥ-----
| | 30 | | § 6419

1.29.65 Sarvāṅgasundarā

anantaram [tasya-] rogiṇaḥ kṛtaśastrakarmano, vraṇe ra-
kṣāṃ kuryāt | kimartham ? rakṣoniṣiddhaye-piṣitāsanarakṣasādiniṣedhāy
tebhyaśca-rakṣobhyo, balimupaharet-dadyāt | § 6420

1.29.66 Āyurvedarasāyana

rakṣāmāha-kurvīte | saṅgrahe tu (sū. a. 38)- " udakumbh-
āccapo gr̥hītvā prokṣayet | parito yāvakārthaparn̥sapary-
ādibhirasya rakṣāṃ kuryāt |" iti | balimāha- balim̐ ceti |
§ 6421

1.29.67 Aṣṭāṅgahr̥dayasaṃhitā

-----sadā mūrdhnā ca dhārayet | | 30 | |
lakṣmīm̐ guhāmatiguhām̐ jaṭilām̐
brahmacāriṇīm̐ | | 31 | |
vacām̐ śhatrām̐ śhatrām̐ dūrvām̐
siddhārthakānapi | | 31 | | § 6424

1.29.68 Āyurvedarasāyana

auṣadhīvidhāraṇamāha-sadeti | lakṣmīm̐-śamīm̐ | guhātiguhe-
śālīparṇīpṛṣṇīparṇyau | jaṭilām̐-māṃsīm̐ | brahmacāriṇīm̐-
brāhmīm̐ | chatrāticchre-śatapuṣpādvayam | § 6425

1.29.69 Sarvāṅgasundarā

sarvakālam̐ cauṣadhīrmūrdhnā dhārayet | tā evāha-lakṣmīm̐ityādi |
lakṣmīm̐-padmacāriṇīm̐ | guhām̐-pṛṣṇīparṇīm̐ | atiguhām̐-
śālīparṇām̐ | jaṭilām̐-māṃsīm̐ | brahmacāriṇīm̐-brahmayāṣṭikām̐ |
vacām̐-ugragandhām̐ | chhatrām̐-śatapuṣpām̐ | aticchatrām̐-
5 viṣāṇīkām̐ | § 6426

1.29.70 Āyurvedarasāyana

āhāravihāranīyamamāha-tata iti | snehadinehoktam̐-snehaividhidinacaryoktam̐ |
§ 6427

1.29.71 Aṣṭāṅgahr̥dayasaṃhitā

tataḥ snehadinehoktam̐ tasyācāram̐ samādiṣet | | 32 | | § 6428

1.29.72 Sarvāṅgasundarā

tataḥ-anantaram, tasya vraṇinaḥ, ācāramādiṣet | kathamam ? snehadinehoktam,-snehasya dinam snehadinam, snehapānopalakṣitamahaḥ, tatrehā-ceṣṭā, tasyāmuktaḥ-snehapānavidhyupadiṣtam "uṣṇodakopacārī syāt" ityādīkam | § 6429

5

1.29.73 Aṣṭāṅgahr̥dayasaṃhitā

divāsvapno vraṇe

kaṇḍūrāgarukṣophapūyakṛt | | 32 | | § 6430

1.29.74 Sarvāṅgasundarā

divāsvapno vraṇe kaṇḍvādikṛt | tasmāt vraṇinā+ahaḥ svapno na sevyah | § 6431

1.29.75 Āyurvedarasāyana

divāsvapnaḥ viśeṣato niṣedhati-divāsvapna iti | § 6432

1.29.76 Aṣṭāṅgahr̥dayasaṃhitā

strīṇāṃ tu smṛtiṣaṃsparśadarśanaīścalitasrute | | 33 | |

śukre vyavāyajān

doṣānasamsarge+apyavāpnuyāt | | 33 | |

(vraṇe śvayathurāyāsāt sa ca rāgaśca

jāgarāt | | 1 | |

tau ca ruk ca divāsvāpāttāśca mṛtyuśca

maithunāt) | | 1 | | § 6436

1.29.77 Āyurvedarasāyana

strīsaṅgaḥ viśeṣato niṣedhati-strīṇāmiti | § 6437

1.29.78 Sarvāṅgasundarā

strīṅām tu smṛtisaṃsparśadarśanaīḥ pūrvam svasthānacc-
alitaṃ paścātsrutam tasmimścalitasrute śukre satyasam̐sarge+api-
tāsāmasambandhe+api maithunamantareṇāpi, vyavāyajān-
maithunotthān, doṣānavāpnuyāt | tasmāt strīsmaraṇasa-
5 m̐sparśadarśanāni varjyānītyarthaḥ | § 6438

1.29.79 Aṣṭāṅgahr̥dayasaṃhitā

bhojanam̐ ca yathāsātmyam̐
yavagodhūmaṣaṣṭikāḥ | | 34 | |
masūramudgatuvarījīvantīsuniṣaṅṅakāḥ | | 34 | |
bālamūlakavārtākataṇḍulīyakavāstukam | | 35 | |
5 kāravellakakarkoṭapaṭolakaṭukāphalam | | 35 | |
saindhavam̐ dāḍimam̐ dhātrī ghṛtam̐
taptahimam̐ jalam | | 36 | |
jīrṇaśālyodanam̐
snigdhamalpamuṣṇodakottaram | | 36 | |
bhuñjāno jāṅgalairmāṃsaiḥ śīghram̐
vraṇamapohati | | 37 | | § 6445

1.29.80 Sarvāṅgasundarā

bhojanam̐ yathāsātmyam̐-yadyasya sātmyam̐ yavādi, tathā
jīvantyādiśākam̐ ca, tathā saindhavādikam̐, purāṇaśālibh-
aktam̐ snigdham̐-sneham̐, tathā+alpaṃ, jāṅgalairmāṃsaiḥ
saha bhuñjāna uṣṇodakottaram̐ yathābhavati, evam̐ vraṇī
5 śīghram̐ vraṇamapohati | § 6446

1.29.81 Āyurvedarasāyana

bhojanamāha-bhojanamiti | kaṭukāphalam̐-kaṭurohiṇīphalam |
bhojanaviśeṣamāha-jīrṇaśālyodanamiti | § 6447

1.29.82 Āyurvedarasāyana

viṣamāśanam̐ samaśanam̐ ca niṣedhati-aśitamiti | adhyaś-
anam̐ niṣedhati-ajīrṇa iti | § 6448

1.29.83 Aṣṭāṅgahr̥dayasaṃhitā

aśitaṃ mātrayā kāle pathyaṃ yāti jarāṃ sukham | |37| |
ajīrṇāttvanilādīnāṃ vibhramo balavān
bhavet | |38| |
tataḥ śopharujāpākadhānāhānavāpnu-
yāt | |38| | § 6451

1.29.84 Sarvāṅgasundarā

mātrayā kāle bhuktaṃ pathyaṃ sukkena jarāṃ yāti | ta-
smāt pathyaṃ mātrayā kāle bhoktavyam | ajīrṇaṃ tu
na kathañcit kāryam | yato+ajīrṇāt vātādīnāṃ balavān
vibhramaḥ-kṣobhaḥ, syāt | ((tataḥ-)) tasmātkṣobhāt, śo-
phādīn prāpnuyāt | § 6452

5

1.29.85 Āyurvedarasāyana

navadhanyādivargamāha-navam dhānyamiti | saṅgrahe
tu (sū. a. 38)- "navadhānyamāṣakalāyakulatthanīṣpāvaśi-
mbīśītāmbumadyekṣuksīrapīṣṭatilavikṛtiśuṣkaśākapiśitaha-
ritakāmlalavaṇakaṭukakśārānūpāmiṣāṇi varjayet | " iti | navadhānyāderat-
varga iti | § 6453

5

1.29.86 Aṣṭāṅgahr̥dayasaṃhitā

navam dhānyaṃ tilān māśān madyaṃ
māṃsamajāṅgalam | |39| |
kṣīreḥsuvikṛtīramlaṃ lavaṇaṃ kaṭukaṃ
tyajet | |39| |
yaccānyadapi viṣṭambhi vidāhi guru
śītaḥ | |40| |
vargo+ayaṃ navadhānyādirvraṇiṇaḥ
sarvadoṣakṛt | |40| | § 6457

1.29.87 Sarvāṅgasundarā

navadhānyādi tyajet | yato+ayaṃ navadhānyādivargo vra-
ṇinaḥ sarvān doṣān karoti | saṅgrahe cōktam (sū.a.38)-"na-
vadhānyamāṣakalāyakulatthanis̥pāvaśimbīśītāmbumadyekṣu-
kṣirapiṣṭatīlavikṛtīsuṣkaśākapiśītaharita@mkāmlalavaṇakaṭukakṣārānpāmiṣāṇi
5 varjayet | " iti | śītalaṃ-śītāmbvādi | § 6458

1.29.88 Aṣṭāṅgahr̥dayasaṃhitā

madyaṃ tīkṣṇoṣṇarūkṣāmlamāśu
vyāpādayedvraṇam | | 41 | | § 6459

1.29.89 Sarvāṅgasundarā

madyaṃ tīkṣṇoṣṇādiguṇaṃ drāk vraṇaṃ vyāpādayet | ta-
smāt madyamīdr̥śaṃ varjyam, nāparam | tathā ca tantrāntare-
"sasnehaṃ madhuraprāyaṃ nātīkṣṇamakarkaśam | tanu
yatsukhapeyaṃ ca mār̥dvīkeṣu taduttamam | | " ityuktam |
5 tasmāt mār̥dvīkādir̥pāyaṃ rodhrāsavādikaṃ vā yanma-
dyaṃ tassātmyatvātkiñcit peyameva | § 6460

1.29.90 Āyurvedarasāyana

madyasya tato+apathyatvamāha-madyamiti | § 6461

1.29.91 Aṣṭāṅgahr̥dayasaṃhitā

vālośiraiśca vījyeta na cainaṃ parihaṭṭayet | | 41 | |
na tudenna ca kaṇḍūyecceṣṭamānaśca
pālayet | | 42 | |
snigdhavṛddhadvijātīnāṃ kathāḥ
śruṇvanmanah̥priyāḥ | | 42 | |
āśāvān vyādhimokṣāyā kṣipraṃ
vraṇamapohati | | 43 | | § 6465

1.29.92 Sarvāṅgasundarā

vālośīraiścainam vraṇam vījayet | na cainam pariḡhaṭṭa-
yet | tathā na vyathayet | nāpi kaṇḍūyet | ((ceṣṭamānaḥ-
kriyāsu)) vyāpāram kurvan, vraṇam pālayet-rakṣet | ta-
thā snigdhādīnām kathāścittapriyā ākarṇayan rogamukt-
aye vihitāśo+ahnāya vraṇamapohati | § 6466

5

1.29.93 Āyurvedarasāyana

vraṇaśuśrūṣaṇamāha-vālośīraiśceti | vālaiḥ-cāmaraiḥ | uśīraiḥ-
vīraṇavyajanaiḥ | § 6467

1.29.94 Aṣṭāṅgahrdayasaṃhitā

ṭṛtīye+ahni punaḥ kuryādvraṇakarma ca pūrvavat | | 43 | |
prakṣālanādi, divase dvitīye
nācarettathā | | 44 | |
tīvraṇvyatho vigrathitaścirātsaṃrohati
vraṇaḥ | | 44 | | § 6470

1.29.95 Sarvāṅgasundarā

ṭṛtīye ca divase punarapi prakṣālanādi karma pūrvava-
tpūrveṇa vraṇakarmanā tulyam, kuryāt | dvitīye tu di-
vase prakṣālanādi nācaret | kimityāha-tathetyādi | tathā-
tena prakāreṇa, vraṇastīvraṇvyathaḥ sampadyate | tathā,
vigrathitaḥ-sa pradeśo bahubhirgranthibhiryuktaḥ syāt | 5
tathā, vraṇāścirāt-cireṇa kālena, saṃrohati-saṃroham yāti
rūḍhaḥ sampadyate | § 6471

1.29.96 Āyurvedarasāyana

ṭṛtīye divase prakṣālanādikamāha-ṭṛtīye+ahnīti | dvitīye
divase prakṣālanādikaṃ niṣedhati-divasa iti | niṣedhāti-
krame doṣamāha-tatheti | vigrathito-viṣamasamsthānaḥ |
§ 6472

1.29.97 Aṣṭāṅgahr̥dayasaṃhitā

snigdhāṃ rūkṣāṃ ślathāṃ gāḍhāṃ durnyastāṃ ca
vikeśikāṃ | | 45 | |
vraṇe na dadyātkalkaṃ
vā----- | | 45 | | § 6474

1.29.98 Sarvāṅgasundarā

vraṇe-vraṇākhye ādhāre, snigdhādiguṇayuktaṃ vikeśikā-
ṃvraṇāntaḥpraveśayogyāṃ vartim, na dadyāt | ślathāṃ-
śithilāṃ, gāḍhāṃ-nibiḍāṃ, durnyastāṃ-viṣamanyastāṃ |
atra cātiśabdo+arthavaśādgamyamāno bodhyaḥ | ata eva
5 saṅgrahe spaṣṭaṃ kṛtvovāca (sū.a. 38)- ("atisnigdhā-
rūkṣamatislathamatigāḍham |)) atisnehātkledaḥ |" iti |
kalkaṃ vā-kalkamapyatisnigdhādiguṇayuktaṃ vraṇe na
yojayet | piṣṭamauśadhaṃ dravāplutaṃ kalka ityucyate
(hr̥.ka.a.6 | 10) | kimiti snigdhādiguṇayuktāṃ viveśikāṃ
10 kalkaṃ vā na dadyāt ? ityāha- § 6475

1.29.99 Āyurvedarasāyana

snigdhādivikeśikāṃ kalkaṃ ca niṣedhatisnigdhāmiti | § 6476

1.29.100 Aṣṭāṅgahr̥dayasaṃhitā

-----snehātkledo vivarddhate | | 45 | |
māṃsacchedo+atirugraukṣyādvaraṇaṃ
śonitāgamah | | 46 | |
ślathātigāḍhadurnyāsairvraṇavartmāvagharsaṇam | | 46 | |
gh | | 47 | | § 6480

1.29.101 Sarvāṅgasundarā

yato+atisnehāt kledavr̥ddhiḥ | atarūkṣatvācca māṃsa-
cchedo+ativyathā ca, tathā vidāraṇaṃ raktasrāvaśca | śl-
athādiguṇayuktena ca vraṇamārgasyāvagharsaṇaṃ syāt |
vikeśikā vraṇe kasmāddhīyate ? ityāha- § 6481

1.29.102 Āyurvedarasāyana

niṣedhātikrame doṣamāha-snehāditi | raukṣyāccatvāro do-
ṣāḥ | § 6482

1.29.103 Āyurvedarasāyana

vikeśikāyā guṇamāha-sapūtimāṃsamiti | § 6483

1.29.104 Aṣṭāṅgahṛdayasaṃhitā

sapūtimāṃsaṃ sotsaṅgaṃ sagatiṃ
pūyagarbhiṇam | | 47 | |
vraṇaṃ viśodhayecchīghraṃ sthitā
hyantarvikeśikā | | 47 | | § 6485

1.29.105 Sarvāṅgasundarā

vikeśikā vraṇāntare sthitā pūtyādiyuktaṃ vraṇaṃ viśo-
dhayet | ato+asau yojyā | kīdrgvraṇaṃ ? pūtiyuktamā-
ṃsam, sotsaṅgaṃ-unnatam, pūyādibhakṣitamāṃsādipra-
deśaḥ sūnyo dehasya gatirucyate, ((sagatiṃ-)) gatiyuktam,
pūyaścāsau garbhaśca, sa vidyate yasya sa pūyagarbhī taṃ 5
ca | § 6486

1.29.106 Aṣṭāṅgahṛdayasaṃhitā

vyamlaṃ tu pāṭitaṃ śophaṃ pācanaiḥ
samupācaret | | 48 | |
bhojanairupanāhaiśca
nātivraṇavirodhibhiḥ | | 48 | | § 6488

1.29.107 Sarvāṅgasundarā

vyamlaṃ-vidagdhaṃ pakvāpakvaṃ vraṇaṃ, pakvamity-
ajñānāt pāṭitam | tathāvidhiṃ śvayathuṃ pācanairannapānaistathāvidhai
sātvaṇakiṇvādikalpitaiḥ, upācaret | na ca sarvairvāviśe-

5 ṣeṇa pācanairupācaredityāha-nātītyādi | vraṇātivirodhīni
yāni śvayathupācanāni-amlakaṭukatīkṣṇoṣṇalavaṇapṛāyāni
dravyāni tathaivamṛāyāni bhojanāni, na tairupācaret |
api tu kiñcideva vraṇavirodhīni yāni tairucitairupakram-
editi bodhyam, nātiśabdaprayogāt | § 6489

1.29.108 Āyurvedarasāyana

apakvapāṭane cikitsāmāha-vyamlaṃ tviti | vyamlaṃ-vidagdham,
tatra hiraktaṃ vigatāmlarasam bhavati | iti pāṭanavidhiḥ |
§ 6490

1.29.109 Aṣṭāṅgahr̥dayasaṃhitā

5 sadyaḥ sadyovraṇān sīvyedvivṛtānabhighātajān | | 49 | |
medojāllikhitān granthīn hrasvāḥ pālīśca
karṇayoḥ | | 49 | |
śirokṣikūṭanāsausthagaṇḍakarṇorubāhuṣu | | 50 | |
grīvālalāṭamuṣkasphīnmedhrapāyūdarādiṣu | | 50 | |
gambhīreṣu pradeśeṣu māṃsaleṣvacaleṣu
ca | | 51 | | § 6495

1.29.110 Sarvāṅgasundarā

5 sadyovraṇānabhighātajān vivṛtān-vistīrṇamukhān, sadyaḥ-
tatkṣaṇādeva, sīvyet | saṅkucitavadanāstu te na sīvyāḥ |
abhighātājanma yeṣāṃ tānevam | sadyovraṇāniti sadyo-
grahaṇamabhighātajeṣvapi cirakālasthiteṣu nāyam vidhir-
iti dyotayati | medojān granthīn likhitān-śāstralikhitān, sū-
cyā sīvyet | karṇayośca hrakhāḥ pālīrlīkhitāḥ sīvyet | śiro-
kṣiprabhṛtiṣu pradeśeṣu prabhūtamāṃseṣvacaleṣu ca sth-
itān vraṇān sīvyet | § 6496

1.29.111 Āyurvedarasāyana

atha sīvanavidhiḥ | tatra sīvanasya viṣayamāha-sadya iti |
sadyaḥ-vraṇotpattidine | sadyovraṇān-śofapākādīpūrvarūparahitān |

teṣāmabhīdhātājatvāt vyabhicāre+api tadupādānaṃ doṣa-
saṃsargavyudāsārtham | likhitānlikhanoddhṛtamedasaḥ |
karṇapālīśca likhitāḥ-likhanoddhṛtahasvatvahetuduṣṭāvayavāḥ |
śiraḥprabhṛtau ye gambhīrā māṃsalā acalāśca pradeśāst-
eṣu sthitān vraṇān | § 6497 5

1.29.112 Aṣṭāṅgahṛdayasaṃhitā

na tu vaṅkṣaṇakakṣādāvalpamāṃse cale vraṇān | | 51 | |
vāyunirvāhiṇāḥ śalyagarbhān
kṣāraviṣāgnijān | | 52 | | § 6499

1.29.113 Sarvāṅgasundarā

vaṅkṣaṇādīsthitānāṃ vraṇānāṃ gambhīrādīpradeśatvāts-
īvanam prāptaṃ tanniṣidhyate | māṃsaleṣu sthireṣu ca vr-
aṇān sīvyedyuktyaivālpamāṃse cale sthāne vraṇāna sī-
vyedyarthe labdhe, alpamāṃsāṃścalāṃśca vraṇān na sī-
vyediti vacanamatiśayārtham | jātucidabhīghātājān vivṛt- 5
ānāpyevaṃvidhān vraṇān na sīvyediti gamayati | tathā,
vāyuṃ nirvahanti-niḥśvasanti, tān vāyunirvāhiṇo na sī-
vyet | tathā śalyam garbhe yeṣāṃ tān śalyagarbhān, tathā
kṣāraviṣāgnibhyo jātān vraṇān na sīvyet | sīvanātpūrvaṃ
yatkriyate taddarśayati- § 6500 10

1.29.114 Āyurvedarasāyana

sīvanāviṣayamāha-na tviti | vāyunirvāhiṇāḥ=vāyunirgamadvārabhūtān |
§ 6501

1.29.115 Sarvāṅgasundarā

sīvanasya vidhimāha-sīvyediti | calaṃ yadasthi śuṣkaṃ ca
yadasṛk tadapanīya, tṛṇāni romāṇi ca sandhigatamasthi ca
svaniveśane niveśya | sthite-strāvānnivṛtte | valkale viśeṣa
uktaḥ saṅgrahe (sū.a. 38)- "śaṅāśmantakamūrvātasīnāṃ vā
valkalaiḥ | " iti | tathā (saṃ. sū. a. 38)- " sīvanavikalpāstu sa- 5

māsenā catvāraḥ | goṣphaṇikā tunnasevanī vellitakaṃ rā-
jagranthibandhanamiti | teṣāṃ nāmabhirevākṛtivibhāgaḥ,
prahāravaśāccopayogaḥ | " iti | § 6502

1.29.116 Aṣṭāṅgahr̥dayasaṃhitā

sīvyecalāsthīśuṣkāsratr̥ṇaromāpanīya tu | | 52 | |
pralambi māṃsaṃ vicchinnaṃ niveśya
svaniveśane | | 53 | |
sandhyasthi ca sthite rakte snāyvā sūtreṇa
valkalaiḥ | | 53 | |
sīvyenna dūre nāsanne gr̥hṇannālpam na vā
bahu | | 54 | | § 6506

1.29.117 Sarvāṅgasundarā

sthānāccalitamasthyapanīya-nirasya, tathā śuṣkaraktaṃ
tr̥ṇāni romāni cāpāsya, tathā śastrādinā prakarṣeṇa lambi
vraṇe yadvidyate māṃsaṃ tat svaniveśane-ātmīye sth-
āne, niveśya-saṃsthāpya, tathā sandhyasthi sve sthāne sa-
5 msthāpya, sthite rakte astravadrūpatvaṃ prāpte sati, vra-
ṇam sīvyet | kena ? snāyvādinā, tathā valkalaiḥ | valkalāni-
śaṇāśmantakādītvaḡudbhavāni, taiḥ | katham sīvyet ? na
dūre-na viprakṛṣṭe, na cāsanne-nātinikaṭe nālpam vraṇā-
mṣam na ca bahu gr̥hṇan | § 6507

1.29.118 Āyurvedarasāyana

sīvanānantaram kartavyamāha-sāntvayitveti | añjanam-
strotoñjanam | phalinī-priyaṅguḥ pūrvavat-pāṭanavat | § 6508

1.29.119 Aṣṭāṅgahr̥dayasaṃhitā

sāntvayitvā tataścārtaṃ vraṇe madhughṛtadrutaiḥ | | 54 | |
añjanakṣau
majamaṣīphalinīśallakīphalaiḥ | | 55 | |

sarodhramadhukairdigdhe yuñjyādbandhādi
pūrvavat | | 55 | | § 6511

1.29.120 Sarvāṅgasundarā

tataḥ-tasmātsīvanādanantaram, āturam sāntvayitvā- sa-
māśvāsyā sītāmbusparśavyajanādibhiḥ, anantaramuktai-
rlipte vraṇe sati | kaiḥ ? añjanādibhiḥ | kimbhūtaiḥ ?
madhughṛtābhyāṃ drutaiḥ-āloḍitaiḥ | pūrvavadbandh- 5
ādi yuñjyāt,- ṛtīyāntādvatiḥ, pūrvoddiṣṭena karmaṇā tu-
lyam kaṣāyakṣālanādi kavalikādikaṃ ca yojyamityarthaḥ |
§ 6512

1.29.121 Aṣṭāṅgahrdayasaṃhitā

vraṇe niḥśoṇita-uṣṭho yaḥ kiñcidevāvalikhya tam | | 56 | |
sañjātarudhiraṃ sīvyetsandhānaṃ hyasya
śoṇitam | | 56 | | § 6514

1.29.122 Sarvāṅgasundarā

avidyamānaśoṇitau oṣṭau-pārśvau, yasya tamevaṃbhū-
taṃ vraṇaṃ kiñcideva-iṣanmātrameva śastreṇāvalikhya,
taṃ sañjātarudhiraṃ santaṃ sīvyet, na tvevameva | yasmādasya-
vraṇasya, sandhānaṃ śoṇitameva | § 6515

1.29.123 Āyurvedarasāyana

śuṣkaṃ vraṇamārdrāṃ kṛtvā sīvyedityāha-vraṇa iti | niḥś-
oṇita oṣṭho-vyadhaniyapradeśo, yasya sa tathā | iti sīvan-
avidhiḥ | § 6516

1.29.124 Aṣṭāṅgahrdayasaṃhitā

bandhanāni tu deśādīn vīkṣya yuñjīta teṣu ca | | 57 | |

āvikājinakauśeyamuṣṇam, kṣau maṃ tu
śītaḥ | | 57 | |
śītoṣṇam
tūlasantānakārpāsasnāyuvalkajam | | 58 | |
tāmrāyastrapusīsāni vraṇe
medaḥkaphādhike | | 58 | |
bhaṅge ca yuñjyātphalakaṃ carmavalkakuśādi
ca | | 59 | | § 6521

1.29.125 Āyurvedarasāyana

atha bandhanavidhiḥ | tatra bandhanasya sādhanānyāha-
bandhanānīti | santānaṃ-nantuḥ | phalakaṃ-kāṣṭhapattikā |
kuśā-veṇudalam | § 6522

1.29.126 Sarvāṅgasundarā

badhyate vraṇa ebhiriti bandhanāni,- āvikājinādīni, teṣu-
vraṇeṣu, deśakālasātmyādīn vīkṣya-nirūpya, yathāyoga-
māvikādyanyatamaṃ yuñjyāt | teṣāṃ ca bandhanānāṃ
svarūpamāha-āviketyādi | avirevāvikaḥ, tasyedamāvikam |
5 "aveḥ kaḥ" iti kaḥ, "tasyedam" ityaṇ | ajinaṃ-carma |
kośātsambhūtaṃ-kauśeyam | "kośādḥdhañ" iti dhañ | āvi-
kādikam bandhanatrayamuṣṇam-uṣṇavīryam | kṣau maṃ
tu bandhanaṃ śītaḥ-śītavīryam | tūlasantānādijaṃ śītoṣṇam-
ubhayasvabhāvam | tūlaṃ śālmalyādijaṃ tasya santānaḥ-
10 santatiḥ sūtrarūpatā, tena niṣpāditam | medaḥkaphādh-
ike vraṇe tāmrādīni bandhanārthaṃ yuñjyāt | bhaṅge-
asthibhaṅge | na kevalaṃ tāmrādīni medaḥkaphādhike
vraṇe yuñjayāt, yāvaccāśabdāttāni bhaṅge+api yuñjyāt |
15 ca yuñjyāt | kuśāśabdena vaṃśādikambikocyate | adhunā
bandhaprakārānirdiśati- § 6523

1.29.127 Aṣṭāṅgahr̥dayasaṃhitā

svanāmānugatākārā bandhāstu daśa pañca ca | | 59 | |

kośasvastikamuttolīcīnadāmānuvellitam | | 60 | |
khaṭvāvibandhasthagikāvitānotsaṅgatoṣphaṇāḥ | | 60 | |
yamakaṃ maṇḍalākhyam ca pañcāṅgī ceti
yojayet | | 1 | |
(vidadhyātteṣu teṣveva
kośamaṅguliparvasu | | 1 | |
svastikaṃ karṇakakṣādistanesūktam ca 5
sandhiṣu | | 1 | |
muttolīm meḍhragrīvādu
yuñjyāccīnamapāṅgayoḥ | | 2 | |
sambādhe+añe tathā dāma,
śākhāsvevānuvellitam | | 2 | |
khaṭtām gaṇḍe hanau śāṅkhe, vibandham
pṛṣṭhakodare | | 3 | |
aṅguṣṭhāṅgulimedhrāgre
sthagikāmantravṛddhiṣu | | 3 | |
vitānam pṛthulāṅgādu tathā śīrasi 10
cerayet | | 4 | |
vilambini tathotsaṅgam,
nāsauṣṭhacibukādiṣu | | 4 | |
goṣphaṇam sandhiṣu tathā, yamakaṃ yamike
vraṇe | | 5 | |
vṛtte+aṅghe maṇḍalākhyam, ca pañcāṅgī
cordhvajatruṣu | | 5 | |
) yo yatra suniviṣṭaḥ syāttam teṣām tatre
buddhimān | | 61 | | § 6538

1.29.128 Sarvāṅgasundarā

svam ca tannāma ca svanāma, tenānugataḥ-anubaddhaḥ,
ākāraḥ-saṃsthānaviśeṣo, yeṣām te pañcadaśa bandhā va-
kṣyamānāḥ | tuśabdo+avadhāraṇārthaḥ | arthāt pañcad-
aśaiveti, na nyūnāḥ | kośādayaḥ pañcāṅgyantāḥ | teṣām-
bandhānām madhye, yo-bandhaviśeṣo, yatra-yasmindehadeśe,
suniviṣṭo bhavet, tam-bandham kośādikaṃ, tatra-tasmindeśe,
yojayet | tatra kośo+aṅgulīparvasu carmadikṛtaḥ | sva-
stikaṃ sandhikūrcabhrūstanāntarakṣākṣikapolakarṇeṣu |
muttolī grīvāmedhrayōḥ | cīnamapāṅgayōḥ | dāma samb-

ādhe+aṅge vaṅkṣaṇāḍau | anuvellitaṃ śākhāsu | khaṭvā
hanusandhigaṇḍeṣu | vibandhamudarorupṛṣṭheṣu | stha-
gikā+aṅguṣṭhāṅgulīmaḍhrāntramūtravṛddhiṣu | vitānaṃ
mūrddhāḍau pṛthule+aṅge | utsaṅgamaṅgaviśeṣe lambini
5 bāhvāḍau | goṣphaṇaṃ nāsausṭhacibukasakthiṣu | yama-
kaṃ yamalavraṇayoḥ | maṇḍalaṃ vṛtte+aṅge | pañcāṅgī
jatrūrdhvamiti yojanā kāryā | sampratyeṣāṃ bandhānāṃ
gāḍhaśithilāḍibandhatvaṃ deśādyanurodhānnirūpayati-
§ 6539

1.29.129 Āyurvedarasāyana

bandhānāha-svanāmānugatākārā iti | saṅgrahe tu (sū.
a. 38)- "tatra kośamaṅguliparvasu vidadhyāt | dāma
sambādhe+aṅge | utsaṅgaṃ vilambini | svastikaṃ sa-
ndhikūrcabhrūstanāntarakakṣāksikapolakarṇeṣu | anuve-
5 llitaṃ śākhāsu | muttolīṃ grīvāmedhrayoḥ | maṇḍalaṃ
vṛtte+aṅge | sthagikāmaṅguṣṭhāṅgulīmedhṛāgramūtravṛ-
ddhiṣu | yamakaṃ yamalavraṇayoḥ | khaṭvāṃ hanuśa-
ṅkhagaṇḍeṣu | cīnamapāṅgayoḥ | vibandhamudarorupṛ-
ṣṭheṣu | vitānaṃ murddhāḍau pṛthule+agge | goṣphaṇaṃ
10 nāsausṭhacibukasakthaṣu | ~pañcāṅgīm atrūrdhvamiti |
na tu vraṇasyopari kuryād granthiṃ na cābādhakaro yathā
syāt | bandhstviṣṭo+anile duṣṭe daṣṭe bhagne vraṇeṣu ca |
tatrāntyayordvidhā bandhaḥ savyadaḥkṣiṇabhedataḥ | | tr-
ividhastveva sarvatra gāḍhaślathasamatvataḥ | kafavāte
15 ghano gāḍhaḥ pittarakte tanuḥ ślathaḥ | | vātapitte samo
bandhaḥ kaphapittavraṇeṣu ca | | " iti | § 6540

1.29.130 Aṣṭāṅgahr̥dayasaṃhitā

badhnīyāḍgāḍhamūrusphikkakṣāvaṅkṣaṇamūrdhasu | | 62 | |
śākhāvanakārṇārahṛṣṭhapārśvagalodare | | 62 | |
samaṃ mehanamuṣke ca, netre sandhiṣu ca
ślatham | | 63 | |
badhnīyācśhithilasthāne vātaśleṣmodbhave
samam | | 63 | |

gāḍhameva samasthāne, bhṛśaṃ gāḍhaṃ
tadāśaye | | 64 | |

śīte vasante+api ca tau mokṣaṇīyau
tryahātryahāt | | 64 | |

pittaraktothayorbandho gāḍhasthāne samo
mataḥ | | 65 | |

samasthāne ślatho, naiva śithilasyāśaye
tathā | | 65 | |

sāyaṃprātastayormokṣo grīṣme śaradi
ceṣyate | | 66 | | § 6549

5

1.29.131 Āyurvedarasāyana

pradeśaviśeṣeṇa bandhaviśeṣamāha-bandhīyāditi | ūrvād-
iṣu gāḍham | śākhādiṣu samam | netrādu ślatham | try-
ahāntarmokṣaṇaṃ sāyaṃprātarmokṣaṇaṃ ca sarvartuṣu
prātpasyaikāhāntaramokṣaṇasya kratuviśeṣe+apavādaḥ |
§ 6550

5

1.29.132 Sarvāṅgasundarā

ūrusphigādiṣu deśeṣu gāḍhaṃ bandhaṃ badhnīyāt, na tu
ślatham | śākhāvadanādiṣu samaṃ bandhaṃ badhnīyāt |
caśabdānmehane muṣkayośca samameva | netre-nayane,
tathā+asthisandhiṣu śithilaṃ bandhaṃ badhnīyāt | śithi-
lasthāne śithilo bandha upadiṣṭaḥ tatra sthāne yau vra-
ṇau vātaśleṣmodbhavau tau samaṃ kṛtvā badhnīyāt, na
gāḍhaṃ na śithilam | samasthāne samo bandha upad-
iṣṭaḥ, tatra sthāne vātaśleṣmodbhavau vraṇau gāḍham-
eva badhnīyāt | bhṛśamityādi | tadityanena gāḍhāśayaḥ
parāmṛśyate | gāḍhabandhoddiṣṭe sthāne vātaśleṣmodbh-
avau vraṇau bhṛśaṃ-sutarāṃ, gāḍhaṃ badhnīyāt | tau-
vātaśleṣmodbhavau vraṇau, śīte-hemantaśīsirākhye kāle,
vasante ca tryahāttryahāt-tridinaṃ tridinamantarīkṛtya,
mokṣaṇīyau-mokṣaṇārṇau bhavataḥ | pittaraktothayo-
rvraṇayorgāḍhabandhasthāne samo bandho mataḥ, na śi-
thilaḥ | samasthāne yatra samo bandhaḥ upadiṣṭaḥ śā-
khāvadanādau, tatrasthayoḥ pittaraktothayorvraṇayoḥ

5

10

15

śīthilo bandhaḥ kāryaḥ | śīthilasya bandhasyāśaye ya-
tra śīthilo bandhaḥ kārya ityuktaṃ, tatra naiva ba-
ndhaḥ kārya iti | evakāro+avadhāraṇārthaḥ kṛtaḥ | tayoh-
pittaraktoṭthayoḥ, sāyaṃprātardvau kālau mokṣa iṣyate |
5 grīṣme śaradi cānyadoṣoṭthavraṇasyāpi sāyaṃprātarmo-
kṣa iṣyate | na tu bandhena vinā vraṇo dhārya ityāha- § 6551

1.29.133 Aṣṭāṅgahr̥dayasaṃhitā

abaddho daṃśamaśakaśītavātādipīḍitaḥ | | 66 | |
duṣṭibhavecciraṃ cātra na
tiṣṭhetsynehabheṣajam | | 67 | |
kṛcśhreṇa śuddhiṃ rūḍhiṃ vā yāti rūḍho
vivarnaṭām | | 67 | | § 6554

1.29.134 Sarvāṅgasundarā

abaddho vraṇo daṃśādibhiḥ pīḍito-vyathitaḥ, tathā+a+adiśabdāt
rajodhūmādibhiśca vyathitaḥ, aduṣṭo+api duṣṭibhavati |
atra ca-vraṇe, bandhamantareṇa vraṇaghnaḥ sneha upay-
ojito bheṣajam copayojitaṃ ciraṃ na tiṣṭhet | bandham ca
5 vinā samyagupacaryamāṇo+api vraṇaḥ kaṣṭena śuddhiṃ
yāti | rūḍhiṃ ca kṛcchreṇa yāti | rūḍho+api san vivarna-
ṭām yāti, na śarīravarnaṭām | ityabandhanāddoṣāḥ | idā-
nīm bandhanādguṇānāha- § 6555

1.29.135 Āyurvedarasāyana

bandhākarāṇe doṣamāha-abaddha iti | snehaśca bheṣajam
ceti dvandvaḥ | saṅgrahe tu (sū. a. 38)- "snehaścātra na ci-
raṃ tiṣṭhati | bheṣajamacirācchuṣyati | " iti | § 6556

1.29.136 Sarvāṅgasundarā

bandhakarāṇe guṇamāha-baddhastvati | udvṛttaḥ-ūrdhvaṃ
calitaḥ, oṣṭhaḥ-prānto, yasya | samutsanno-vivṛddhamāṃsaḥ |
viṣamaḥ-kvaciduccaḥ kvavinnīcaḥ | satrividho+api samo

bhavati | tattaddoṣatyāgāt kaṭhino mṛdurbhavati | atiruk
rujāhīno bhavati | aśuddhaḥ śudhyati | arūḍho rohati |
§ 6557

1.29.137 Aṣṭāṅgahṛdayasaṃhitā

baddhastu cūrṇito bhagno viślaṣṭaḥ pāṭito+api vā | | 68 | |
chhinnasnāyusiro+apyāśu sukhaṃ saṃrohati
vraṇaḥ | | 68 | |
utthānaśayanādyāsu sarvehāsu na
pīḍyate | | 69 | |
udvṛttauṣṭhaḥ samutsanno viṣamaḥ
kaṭhino+atiruk | | 69 | |
samo mṛduraruk śīghraṃ vraṇaḥ śudhyati 5
rohati | | 70 | | § 6562

1.29.138 Sarvāṅgasundarā

turavadhāraṇe | baddha eva vraṇo bandhamāhātmyāt,
cūrṇitaḥ-asthisamāśrito vraṇaḥ, tathā bhagnaḥ-asthisamāśrita
eva vraṇaḥ, tathā viślaṣṭaḥ-sandhisthānādanyasthānagato
vraṇo netrādistaḥ, tathā pāṭitaḥ-sarvadeśasthito+api, ta- 5
thā chhinnasnāyusiro+apyāśu vraṇaḥ sukhaṃ samyagr-
ohati | tathotthānaśayanādyāsu sarvāsvīhāsu-ceṣṭāsu, na
pīḍyate-na vyathate | ūrdhvaṃ vṛttau-vartulau, oṣṭhau ya-
sya sa udvṛttauṣṭhaḥ, na samaḥ | tathā, samutsannaḥ-
samāntāducchūnarūpo yo vraṇo na samaḥ | tathā, viṣa- 10
maḥ udvṛttauṣṭhasamutsannābhyāṃ vyatirikto viṣama-
msthānaḥ | tathā, kaṭhino-yo vraṇo na mṛduḥ | tathā, at-
iruk ca yo vraṇaḥ | sa sarva udvṛttauṣṭhādiḥ pañcaprak-
āro+api bandhamāhātmyāt aśubharūpatāṃ hitvā vraṇaḥ
((samo mṛduraruk ca bhavati, tathā)) śīghraṃ śuddhiṃ
yāti rohati | nanu, udvṛttauṣṭhasamutsannāvapi viṣama- 15
kathinaśabdenaiva (bdābhyāmeva) grahīṣyete, kimetābhyā-
mupāttābhyāṃ ? astyevaitat | kintvanayoḥ pṛthānirdeśe-
nātiduścikitsyataratvaṃ gamayati | § 6563

1.29.139 Aṣṭāṅgahr̥dayasaṃhitā

sthirāṅāmālpamāṃsānām

rauḥsyādanuparohatām | |70| |

pracśhādyamauśadhaṃ patrairyathādoṣaṃ

yathartu ca | |71| |

ajīrṇataruṅācśhidraiḥ

samantātsuniveśitaiḥ | |71| |

dhautairakarkaśaiḥ

kṣīribhūrjārjunakadambajaiḥ | |72| | § 6567

1.29.140 Sarvāṅgasundarā

sthirāṅām vraṇānām dīrghakālānuṣaṅgiṅām, tathā+alpamāṃsānām-
anupacitapalalānām, ata eva hetoḥ, tathā rauḥsyādanuparohatām-

rūḍhimagacchatām, auśadhaṃ-kalkasnehādikaṃ yadupa-
yujyate, tat patraiḥ kṣīribhūrjārjunakadambajaiḥ pracchadyam-

5 sthagitavyam | yathādoṣaṃ-doṣānatikrameṇa, yathartu-
ṛtvanatikrameṇa ca, tadvaśādyathāyogam | yathā-vātvraṇe

śītātā snigdhoṣṇaiḥ patraiḥ, pittavraṇe gharmakāle śīta-
svabhāvaiḥ, kaphavraṇe uṣṇakāle rūkṣoṣṇaprāyaiḥ evaṃ

ca prāvṛṣi kāle miśradoṣe ca kalpanīyam | kimbhū-
10 taiḥ patraiḥ ? ajīrṇāni-ajarjarāṇi, taruṅāni-pratyagrāṇi,

acchidrāṇi-chhidrasahitāni, tairajīrṇataruṅācchidraiḥ |
tathā, samantāt-sarvataḥ suṣṭhu niveśitaiḥ | tathā, dhautaiḥ-

jalādinā nirmalīkṛtaiḥ | tathā, akarkaśaiḥ-akaṭhinaḥ | § 6568

1.29.141 Āyurvedarasāyana

vraṇaviśeṣe lepasya patrācchādanamāha- sthirāṅāmiti |

yahādoṣaṃ-śīte doṣe uṣṇaiḥ, uṣṇe śītaiḥ | evaṃ yathartu |

ajīrṇataruṅaiḥ-vṛddhatvabālatvarahitaiḥ | kṣīriṅaḥ- aśva-

tthādayaḥ | § 6569

1.29.142 Aṣṭāṅgahr̥dayasaṃhitā

kuṣṭhināmagnidagdhānām piṭikāmadhumehinām | |72| |

karnikāśconduruviṣe kṣāradagdhā
viṣānvitāḥ | |73| |
bandhanīyā na māṃspāke gudapāke ca
dāruṇe | |73| |
śīryamāṇāḥ sarugdāhāḥ
śophāvasthāvisarpiṇaḥ | |74| | § 6573

1.29.143 Sarvāṅgasundarā

kuṣṭhyādīnāṃ ye vraṇāste na bandhanīyāḥ | tathā, und-
uruviṣe yāḥ karnikāḥ koṭharūpāḥ, tāsca na bandhanī-
yāḥ | tathā, kṣāradagdhā ye vraṇāstathā viṣadagdhā ye
vraṇāste ca na bandhanīyāḥ | tathā, māṃspāke vraṇāsta- 5
thā dāruṇe ca gudapāke-na gudapākamātre, vraṇāste ca
na bandhanīyāḥ | māṃspāka iti "māṃsasya paciyaudgha-
ñoh" ityalopaḥ | tathā, śīryamāṇāḥ-śadanāvasthāṃ bhaja-
mānāḥ, tathā sarugdāhāḥ tathā śophāvasthāḥ-anekāvasthā
bhajanto+api ye śophāvasthāvasthitāḥ, tathā visarpiṇo-
visarpāvasthāsthitāḥ te ca na bandhanīyāḥ | idānīm sakr- 10
mīṇāṃ vraṇānāṃ cikitsāmāha- § 6574

1.29.144 Āyurvedarasāyana

vraṇaviśeṣe bandhanaṃ niṣedhati-kuṣṭhināmiti | te ca ku-
ṣṭhādivraṇāstrayodaśa | tatra madhumehināṃ piṭikāḥ |
unduruviṣe karnikāḥ- mūṣakaviṣotthapadmakarnikākāra-
māṃsavṛddhayaḥ visarpiṇaḥ-itastato vraṇāḥ | § 6575

1.29.145 Aṣṭāṅgahṛdayasaṃhitā

arakṣayā vraṇe yasmin makṣikā nikṣipetkr̥mīn | |74| |
te bhakṣayantaḥ kurvanti
rujāśophāsrasaṃsraṇān | |75| |
surasādiṃ prayuñjīta tatra
dhāvanapūraṇe | |75| |
saptaparnākarañjārkanimbarājādanatvacaḥ | |76| |

gomūtrakalkito lepaḥ sekaḥ kṣārāmbunā
hitaḥ | |76| |
pracśhādyā māṃsapeśyā vā vraṇaṃ tānāśu
nirharet | |77| | § 6581

1.29.146 Sarvāṅgasundarā

5 arakṣayā-apālanena. yasmin vraṇe makṣikā kṛmīnikṣi-
pet | te-tatrasthāḥ kṛmayo, vraṇaṃ bhakṣayanto rujādīn
kurvanti | tatra-sakṛmau vraṇe, surasādigaṇaṃ dhāvanapūraṇe-
tannimittaṃ, prayuñjīta | dhāvanaṃ ca pūraṇaṃ ca ta-
smin | tathā tasminvraṇe saptaparṇādīnāṃ tvaco gomūtrakalkitāḥ-
piṣṭāḥ, lepo hitaḥ | tathā, kṣārāmbunā seko hitaḥ | athavā
māṃsapeśyā vraṇaṃ pracchadya, tān-kṛmīn, āśu nirha-
ret | § 6582

1.29.147 Āyurvedarasāyana

vraṇe kṛmipratīkāramāha-arakṣayeti | surasādigaṇasya vk-
āthēna dhāvanaṃ, cūrṇena pūraṇaṃ | rājādānaḥ-rājāhvaḥ |
māṃsapeśyā-māṃsagarbhayā peśyā | tān-māṃsalobhāt
peśīpraviṣṭān kṛmīn | § 6583

1.29.148 Sarvāṅgasundarā

aśuddhasya ropāṇaṃ niṣedhati-na cainamiti | § 6584

1.29.149 Aṣṭāṅgahr̥dayasaṃhitā

na cainaṃ tvaramāṇo+antaḥ sadoṣamuparohayet | |77| |
so+alpenāpyapacāreṇa bhūyo vikurute
yataḥ | |78| | § 6586

1.29.150 Sarvāṅgasundarā

na cainaṃ-vraṇamantaḥ sadoṣaṃ tvaramāṇo vaidya upar-
ohayet | kasmāt ? ityāha-sa ityāti | yato-yasmāt, saḥ-antaḥ

sthitadoṣo vraṇo, rūḍho+api bhūyaḥ-punaḥ, stokenāpya-
pacāreṇa vikṛtiṃ yāti | § 6587

1.29.151 Sarvāṅgasundarā

rūḍhe+api satyajīrṇādīn vivarjayet | ((sthairyam yāvat ha-
rṣādīn varjayet |)) ayam-ajīrṇavyāyāmyavāyādīparivarjanalakṣaṇo,
vidhiḥ ṣaṭ sapta vā māsān ādareṇa-yatnavatā, anuvartyaḥ-
anuṣṭhātavyaḥ | § 6588

1.29.152 Aṣṭāṅgahr̥dayasaṃhitā

rūḍhe+apyajīrṇavyāyāmyavāyādīn vivarjayet | |78| |
harṣam krodham bhayam cāpi
yāvadāsthairyasambhavāt | |79| |
ādareṇānuvartyo+ayam māsān ṣaṭ sapta vā
vidhiḥ | |79| | § 6591

1.29.153 Āyurvedarasāyana

rūḍhavraṇasya satpamāsāvādhiṃ niyamamāha-rūḍha iti |
ādiśabdāt krodhaśikabhayādayaḥ | § 6592

1.29.154 Aṣṭāṅgahr̥dayasaṃhitā

utpadyamānāsu ca tāsū tāsū vārtāsū
doṣādibalānusārī | |80| |
taistairupāyaiḥ prayataścikitse dālocayan
vistaramuttaroktam | |80| |
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ
sūtrasthāne śāstrakarmavidhīrṇāmaikonatri-
ṃśo+adhyāyaḥ | |29| | § 6595

1.29.155 Sarvāṅgasundarā

yathā,- makṣikābhiḥ kṛminikṣepāt kṛmiprābalye jāte ciki-
tsā vihītā | tathā, anyāsvapi tāsū tāsū vārtāsū avasthāsvan-
irdiṣṭasvarūpābhidhānāsū, utpadyamānāsū, taistaiḥ- ukt-
ānuktaiḥ, upāyaiḥ- sādhanaiḥ, cikitsedvaidyaḥ | kimbh-
5 ūto vaidyaḥ ? doṣādibalānusārī,-doṣādīnāṃ balaṃ doṣ-
ādibalam, ādiśabdāddeśakālādayo gṛhyante, tadanusara-
tyevaṃvido yo vaidyaḥ saḥ | tathā, prayati-yatnaparaḥ |
tathā, uttare- uttaratantre vraṇabhaṅgavidhāne, uktaṃ-
nirdiṣṭaṃ, vistaramālocayan-nirūpayan, na tu yadṛcchay-
10 eti bhāvaḥ | indravajrāvṛttam | iti śrīmṛkāṅkadattaputra-
śrīmadaruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarv-
āṅgasundarākhyāyāṃ sūtrasthāne śāstrakarmavidhirnā-
maikonatrimśo+adhyāyaḥ samāptaḥ | | 29 | | § 6596

1.29.156 Āyurvedarasāyana

nuktaṃ svayamūhanīyamityāha-utpadyamānāsviti | vārtāsū-
avasthāsū | uttaroktaṃ-uttarasthānoktam | iti hemādriṭī-
kāyāmāyurvedarasāyane | śāstrakarmaprakaraṇaṃ sāmā-
styena nirūpitam | | § 6597

1.30 kṣārāgnikarmavidhiradhyāyaḥ : 30

1.30.1 Aṣṭāṅgahr̥dayasaṃhitā

athātaḥ kṣārāgnikarmavidhimadhyāyaṃ
vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 6599

1.30.2 Sarvāṅgasundarā

kṣāraścāgniśca kṣārāgnī, tayoh karma kṣārāgnikarma, ta-
sya vidhiḥ | śeṣaṃ pūrvavat | kṣārasya bāhyābhyantarop-
ayogitvena pūrvamupanyāsaḥ | § 6600

1.30.3 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-kṣāragṇikarmavidhimadhyāyaṃ vyākhyātum
pratijānīte-atheti | § 6601

1.30.4 Aṣṭāṅgahr̥dayasaṃhitā

sarvaśāstrānuśāstrāṇaṃ kṣāraḥ śreṣṭho bahūni yat | | 1 | |
chhedyabhedyādikarmāṇi kurute
viṣameṣvapi | | 1 | |
duḥkhāvacāryaśastreṣu tena siddhimayātsu
ca | | 2 | |
atikṛcchreṣu rogeṣu yacca pāne+api
yujyate | | 2 | | § 6605

1.30.5 Sarvāṅgasundarā

sarvāṇi ca tāni śāstrāṇyanuśāstrāṇi ca tānyevam, teṣāṃ
sarvaśāstrānuśāstrāṇaṃ madhye kṣāraḥ śreṣṭho jyāyān |
kuto+asya śreṣṭhatā ? ityāha-yat-yasmāt, bahūni chhedyab-
bhedyādīni karmāṇyasau karoti | ādiśabdena lekhanapāṭ-
anādiparigrahaḥ | viṣameṣvapi-dehadeṣeṣu | duḥkhāvacāryaśastreṣu-
nāsārśorbudādiṣu, duḥkhenāvacārayitum śakyam śāstraṃ
yeṣu teṣu | apiśabdāt sameṣvapi dehadeṣeṣu yujyate |
tena ca-śastreṇa ca, siddhimayātsu-asidhyatsu duṣṭavra-
ṇeṣu bahuśaḥ prakopiṣu | kimbhūteṣu ? atikṛcchreṣu-
atiduḥkhasādhyeṣu duṣṭavraṇādiṣu | caśabdādanyeṣvapi 10
rogoṣvasau kṣārau yujyate-yogyaḥ sampadyate, tato+api
hetoḥ kṣāraḥ śreṣṭhaḥ | yacceti | yasmācca kṣāraḥ pānaviṣ-
aye+api yujyate śarīrāntaḥsthitatarogaśāntyai | apiśabdādb-
āhye+api bāhyasthitatarogaśāntyai lepe sa yujyate | § 6606

1.30.6 Āyurvedarasāyana

tatrādī kṣārakarmavidhiḥ | tatra kṣārapraśamsāmāha-sarvaśāstrānuśāstrā-
saṅgrāhe tu (sū. a. 39)-"kṣāro hi nānauśadhisamavāyanirv-
rteḥ sarvarasādhiṣṭhānaṃ, kaṭukalavaṇarasabhūyiṣṭhastī-

5 kṣṇo dahanaḥ pācano+avadāraṇo vilayanaḥ śodhano rop-
aṇaḥ kṛmyāmamedoviṣāpahaḥ sarvaśastrānuśastrāṇaṃ ca
variṣṭhaḥ, chedanabhedanapāṭanalekhanakaraṇāt | yataḥ
sambādhāvakaśajeṣu duḥkhāvacāraṇīyaśastreṣu nāsārśo-
budādiṣu śastreṇa cāsidhyatsu duṣṭavraṇeṣu bahuśaḥ pr-
akopiṣu prayujyate | sa dvidhā bāhyāntaḥparimārjanabh-
edena | " iti | § 6607

1.30.7 Aṣṭāṅgahr̥dayasaṃhitā

adhunā kṣārasya peyalepaviṣayavibhāgaṃ darśayati- sa
peyo+arśognisādāśmagulmodaragarādiṣu | | 3 | | § 6608

1.30.8 Sarvāṅgasundarā

saḥ-kṣāraḥ, arśaḥsu viṣaye peyaḥ | tathā+agnisāde, tathā-
śmaryāṃ, gulmādiṣu ca | ādigrahaṇādānāhaśūlādiṣu ca |
§ 6609

1.30.9 Āyurvedarasāyana

antaḥparimārjanasya viṣayamāha-sa peya iti | saṅgrāhe tu
(sū.a.39)-"sa yathāsivamevopadekṣyate | " iti | § 6610

1.30.10 Aṣṭāṅgahr̥dayasaṃhitā

yojyaḥ sāksānmaṣaśvitrabāhyārśaḥkuṣṭhasuptiṣu | | 3 | |
bhagandarārbudagranthiduṣṭanādīvraṇādiṣu | | 4 | | § 6612

1.30.11 Sarvāṅgasundarā

sa kṣāro yojyaḥ sāksāt-lepanena, maṣādiṣu | ādigrahaṇāt
carmakīlavartmatilakādīparigrahaḥ | § 6613

1.30.12 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-bahiḥparimārjanasya viṣayamāha-yojya iti | § 6614

1.30.13 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-dvayorapi kṣārayorniṣedhamāha-na tviti |
calaivāte | abale-durbale |
prodr̥ttā-saṃsthānaviparyayaṃ prāptā,
phalayoniḥ-garbhāśayo, yasyāḥ sā tathā |
taruṇāsthi-nāsādyasthi | § 6615

1.30.14 Aṣṭāṅgahr̥dayasaṃhitā

na tūbhayo+api yoktavyaḥ pitte rakte cale+abale | | 4 | |
jvare+atisāre hanmūrdharoge
pāṇḍvāmaye+arucāu | | 5 | |
timire kṛtasam̐suddhau śvayathau
sarvagātrage | | 5 | |
bhīrugarbhīṇyṛtumatīprodvr̥ttaphalayoniṣu | | 6 | |
ajīrṇe+anne śīśau vṛddhe 5
dhamanīsandhimarmasu | | 6 | |
taruṇāsthīsirāsnāyusevanīgalanābhiṣu | | 7 | |
deśe+alpamāṃse
vṛṣaṇamedhṛasrotonakhāntare | | 7 | |
vartmarogādr̥te+akṣṇośca
śītavarṣoṣṇadurdine | | 8 | | § 6623

1.30.15 Sarvāṅgasundarā

pānalepanabhedena dvidho+api kṣāraḥ pittādau na yo-
ktavyaḥ | cale-vāte | abale-prāṇāhīne | ((jvare, atisāre,
hr̥droge, mūrdharoge, pāṇḍvāmaye-pāṇḍuroge, arucāu-
arocake, kṛtasam̐suddhau-kṛtavamanavireke, śvayathau
sarvagātrage-sarvāṅge sūne, tathā bhīrau, garbhīṇyām, 5
ṛtumatyām,)) prodvr̥ttaphalayoniḥ-vakṣyamāṇā uttara-

tantre guhyarogavijñāne | prakarṣeṇodvṛttam phalam-
 rajorūpaṃ, yasyā yoneḥ sā prodvṛttaphalayoniḥ | raja
 eva phalam garbhākhyaphalasādhanopāyatvāt | prodv-
 ṛttaphalayonerlakṣaṇamuktam, yathā (hr̥. u. a. 33|33)-
 5 "vegodāvartanādyoniṃ prapīdayati mārutaḥ | sā pheni-
 lam rajaḥ kṛcchhrādudāvṛttam vimuñcati | | iyaṃ vyāpad-
 udāvṛttā" ityādi | tathā śīśau-bāle, vṛddhe-gatavayasi | ta-
 thā dhamanyādiṣu śarīradeśeṣu, deśe+alpamāmṣe-khalpapiṣite |
 tathā, vṛṣaṇādiṣu śarīradeśeṣu | tathā, akṣṇoḥ-netrayoḥ va-
 10 rtmarogaṃ varjayitvā+anyatra kṣāro na prayojyaḥ | va-
 rtmaroge tu kṣāro vojya eva | śītavarṣoṣṇā iti hemantaśīś-
 iraprāvṛḍgrīṣmāḥ, durdinaṃ-meghādyākuladivasam, eṣu
 kṣāro na vojyaḥ | § 6624

1.30.16 Aṣṭāṅgahr̥dayasaṃhitā

kālamuṣkakaśamyākakadalīpāribhadrakān | | 8 | |
 aśvakarṇamahāvṛkṣapalāśāsphotavṛkṣakān | | 9 | |
 indravṛkṣārkapūtikanaktamālāśvamārakān | | 9 | |
 kākajaṅghāmapāmārgamagnimanthāgnitilvakān | | 10 | |
 5 sārdrān samūlāsākhādīn khaṇḍaśaḥ
 patikalpitān | | 10 | |
 kośatakīścatasraśca śūkaṃ nālam yavasya
 ca | | 11 | |
 nivāte nicayīkr̥tya pṛthak tāni śilātale | | 11 | |
 prakṣipyā muṣkakacaye sudhāśmāni ca
 dīpayet | | 12 | |
 tatastilānāṃ kutalairdagdhvā+agnau vigate
 pṛthak | | 12 | |
 10 kṛtvā sudhāśmanāṃ bhasma droṇam
 tvitarabhasmanaḥ | | 13 | |
 muṣkakottaramādāya pratyekaṃ
 jalamūtrayoḥ | | 13 | |
 gālayedardhabhāreṇa mahatā vāsasā ca
 tat | | 14 | |
 yāvatpicchhilaraktācchastīkṣṇo jātastadā ca
 tam | | 14 | |

gṛhītvā kṣāraṇiṣyandaṃ pacellauhyāṃ
 vighaṭṭayan | | 15 | |
 pacyamāne tatastasmimstāḥ
 sudhābhasmaśarkarāḥ | | 15 | |
 śukṭiḥ kṣīrapakaṃ
 śaṅkhānābhīścāyasabhājane | | 16 | |
 kṛtvā+agnivarnānbahuśaḥ kṣārotthe
 kuḍavonmite | | 16 | |
 nirvāpya piṣṭvā tenaiva pratīvāpaṃ 5
 vinikṣipet | | 17 | |
 ślakṣṇaṃ śakṛddṛkṣaśikhigṛdhrakaṅkakapota-
 jam | | 17 | |
 catuṣpātpakṣipittālanohvālavaṇāni ca | | 18 | |
 paritaḥ sutarāṃ cāto darvyā
 tamavaghaṭṭayet | | 18 | |
 sabāṣpaiśca yadottiṣṭhedbudbudairlehavaddha-
 naḥ | | 19 | |
 avatārya tadā śīto yavarāśāvayomaye | | 19 | | 10
 sthāpyo+ayaṃ madhyamaḥ
 kṣāro----- | | 20 | | § 6648

1.30.17 Sarvāṅgasundarā

kālamuṣkako-mokṣaḥ | aśvakarṇaḥ-kuśikaḥ | mahāvṛkṣaḥ-
 snuhī | āsphoto-girikarṇikā | vṛkṣako-nandīvṛkṣaḥ | indravṛkṣaḥ-
 kuṭajaḥ | pūṭikaḥ-pūṭikarañjaḥ | naktamālaḥ-karañjaḥ | aśvamāraḥ-
 karavīraḥ | kālamuṣkakādīn mūlādisahitān khaṇḍaṃ kha-
 ṇḍaṃ kalpitān-paraśvādinā chhinnān | tathā kośātakīścat- 5
 asro, yavasya ca śūkaṃ nālaṃ-yavasya śūko nālo+avayavo
 bhavati, tāṃśca nivāte deśe śilātale-śilāpṛṣṭhe, pṛthak
 muṣkakādīnnicayīkṛtya, muṣkakacaye ca sudhāśmāni-
 sudhāśarkarāḥ, prakṣipyā dīpayet-jvālayet | kaiḥ ? til-
 ānāṃ kutalaiḥ-kāṇḍaiḥ | sudhāśmāni ceti napuṃsaka- 10
 tvam cintyam | pṛthagdīpane caiśāmacintyaprabhāvah |
 evaṃ tāni dagdhvā+anantaramagnau vigate sudhāśma-
 nāṃ bhasma droṇaṃ pṛthakkṛtvā-vyastaṃ samsthāpya,
 itarabhasmanaḥ-śamyākādīdravyabhasmano, droṇamādāya-
 gṛhītvā | kimbhūtaṃ droṇaṃ ? muṣkaka uttaraḥ-adhiko, 15

yasya tamādāya, jalamūtrayoḥ pratyekamardhabhāreṇa
 tat-bhasma, gālayet | katham gālayet ? mahatā-vistīrṇena,
 vāsasā | kiyantaṃ kālam ? yāvat kṣāraṇiṣyandaḥ-kṣārasrāvah,
 5 picchhilaraktācchastathā tīkṣṇo jātaḥ-sampannaḥ, tadā-
 tasmimkāle, taṃ-kṣāraṇiṣyandaṃ, gr̥hītvā lauhyāṃ sneha-
 pākavidhinā pacet | kiṃ kurvan ? darvyā-khajakasamjñayā,
 vighaṭṭayan-āloḍayan | tataḥ-anantaraṃ, tasmin-kṣāraṇiṣyande,
 pacyamāne tāḥ-prāk sthāpitāḥ sudhābhasmaśarkarāḥ, ((
 yā muṣkakamadhye prakṣipyā dattāḥ,)) tathā śukṭīḥ-
 10 prāṇiviśeṣāsthīni, tathā kṣīrapakaṃ-pralepakaṃ (?) khaṭi-
 kāsamjñam, tathā śaṅkhanābhīścāgnivarṇān kṛtvā, kṣārotthe-
 kṣāraṇiṣyande, kuḍavonmite-palāṣṭakaparimāṇe kvathit-
 akṣārotthe, āyasabhājane- tīkṣṇalohapātragate, bahuśaḥ-
 bahūn vārān, nirvāpya-sītīkṛtya, tenaiva-kṣāraṇiṣyandena,
 15 dr̥ṣṭadi piṣṭvā tasminpacyamāne kṣāraṇiṣyande, pratī-
 vāpam vinikṣipet | dravadravye dravyāntaraṃ ślakṣṇap-
 iṣṭam dīyate sa pratīvāpa ucyate | na ca kevalameṣa
 eva pratīvāpatvena kṣeptavyo yāvat dakṣādīnāmapi śa-
 kṛt ślakṣṇam kṛtvā vinikṣipet | dakṣaḥ-kukkuṭaḥ | (śikhī-
 20 mayūraḥ | gr̥dhraḥ-śyenaḥ | kaṅkapotakau-pakṣiṇau |
)) tathā catuspadam-gavādīnām, tathā pakṣiṇām pittaṃ,
 tathā haritālanamanohvālavanāni ca ((alaṃ-haritālam |
 manohvā-maṇṣilā | lavaṇam-saindhavādi | etāni)) śla-
 kṣṇāni kṛtvā pratīvāpam vinikṣipet | ataḥ-pratīvāpādanantaraṃ,
 25 paritaḥ-samantāt, darvyā tamavaghaṭṭayet | sabāṣpairi-
 tyādi | yadā-yasmin kāle, sa kṣāraṇiṣyandaḥ sabāṣpaiḥ-
 soṣmabhiḥ, budbudairghano leha ivottiṣṭhet-udgacchhet,
 yadā ((sāndratayā pacyamānaḥ san lehatulyo)) darvīpral-
 epī syādityarthaḥ | tadā-tasmin kāle ayomaye-lohabhāṇḍe,
 30 sthito yavarāśau sthāpyaḥ | kiṃ kṛtvā ? avatārya cullītaḥ,
 tathā sītaḥ san | ayaṃ madhyamaḥ kṣāraḥ | § 6649

1.30.18 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-bahiḥparimārjanasya

dahanavidhimāha-kālamuṣkaketi | saṅgrahe
 tu (sū. a. 39)-"atha bahiḥparimārjanastrividho
 madhyo mṛdustīkṣṇaśca | tasya pākavidhiḥ |
 śaradi śucirupoṣitaḥ śuklavāsāḥ
 praśaste+ahani praśastapradeśajātaṃ
 madhyavayasamanupahataṃ mahāntaṃ
 kālamuṣkakaṃ
 surāpalalasumanokṣatādibhiścaturdiśaṃ
 baḷiṃ dattvā pradakṣiṇaṃ
 cāmyarcyainamadhivāsayet | daivatebhyo
 namastebhyo nivasantīha ye śritāḥ |
 gantumarhantyaśaṃkruddhāstyaktvemaṃ
 vā samarpayan | | bheṣajārthe grahīṣyāmi
 sarvaprāṇabhṛtāmimama | vṛkṣaṃ na
 lobhānna krodhād brāhmaṇārthe
 viśeṣataḥ | | iti | athāparedyustatra
 yadyadbhutaṃ vaikṛtaṃ vā kiñcinna paśyet
 tato yugamātramāruḍhe savitari brāhmaṇān
 vācayitvā taṃ pādapaṃ
 pūrvāgramuttarāgraṃ vā pātayet | evaṃ ca
 pāribhadrakādiṣu | " iti |
 kālamuṣkakaḥ-kṛṣṇo mokṣakaḥ |
 mahāvṛkṣaḥ-snuhī | āsphotaḥ-kovidāraḥ |
 vṛkṣakaḥ-kuṭajaḥ | indravṛkṣaḥ-arjunaḥ |
 parikalpitān-chinnān | catasraḥ
 kośātakīḥ-kṣveḍo dhāmārgavaḥ paṭolī
 devadālī ca | nicayīkṛtya-puñjīkṛtya |
 pṛthak-pratyekam | teṣu puñjeṣu madhye yaḥ
 kālamuṣkakaḥ puñjastatra sudhāśmāni
 prakṣipet | sudhā-prāsādādidhabalikaraṇaṃ
 dravyam, tat yebhyo dagdhebhyo jāyate tāni
 sudhāśmāni | tataḥsarvān puñjān tilānāṃ
 kutalairdīpayet | samūlanāḥ
 śuṣkatilāḥ-kutalam | dīpanaṃ-vahninā
 prajvālanam | gālanavidhimāha-dagdhdveti |
 dagdhvā-bhasmīkṛtya | agnau vigate-śānte
 sati | sudhāśmanāṃ bhasma pṛthakkṛtvā,
 itaradravyabhasmāna uttaraṃ-sapādatāṃ
 nītaṃ,- śamyakādīnāṃ samānāṃ pātvanā
 āḍhakāḥ, muṣkakasyaika āḍhaka ityarthāḥ |
 jalasyārdhabhāro mutrasyārdhabhāra
 ityubhayorbhāreṇāloḍya mahatā vastreṇa

1.30.19 Aṣṭāṅgahr̥dayasaṃhitā

-----na tu piṣṭvā kṣipenmṛdau | | 20 | |
nirvāpyāpanayettikṣṇe pūrvavat
prativāpanam | | 20 | |
tathā lāṅgalikādanticitrakātiviṣāvacāḥ | | 21 | |
svarjikākanakakṣīrihiṅgupūṭikapallavāḥ | | 21 | |
5 tālapatrī bidaṃ ceti, saptarātrātparam tu
saḥ | | 22 | |
yojyaḥ----- | | 22 | | § 6656

1.30.20 Sarvāṅgasundarā

mṛdau kṣāre sudhādīni nirvāpya-tasminniṣyande prakṣi-
pyaiva, apanayet-visarjayet, na tu piṣṭvā vinikṣipet | tikṣṇe
kṣāre pūrvavat-madhyamakṣāratulyaṃ, prativāpanaṃ-nirvāpya
piṣṭvā vinikṣipediti | na caitāvadevātra prativāpanamityāha-
5 tathetyādi | lāṅgalikādīni bidaṃparyantāni ca tatra prativā-
panaṃ vinikṣipet | saptarātrātraṃ param-anantaraṃ, saḥ-kṣāro,
yojyaḥ | § 6657

1.30.21 Āyurvedarasāyana

mṛdutikṣṇakṣārayorviśeṣamāha-na tviti | mṛdau kṣāre
madhyamavatsarvam | āvāpe tu viśeṣaḥ | nirvāpyāpana-
yeta, na tu piṣṭvā kṣipet | nirvāpanadravameva kṣipedity-
arthāḥ | dakṣaviṣṭhādikaṃ ca kṣipet | tikṣṇe+api sarvaṃ
5 madhyamavat | lāṅgalikādyāvāpo+adhikāḥ | pūṭikapallavāḥ-
karaṅjapatrāṇi | tālapatrī-muśalī | saḥ-trividho+api-kṣāraḥ,
saptarātrātraṃ param yojyaḥ | saptarātraṃ yavarāśau sthāpya
ityarthaḥ | § 6658

1.30.22 Aṣṭāṅgahr̥dayasaṃhitā

tikṣṇo+anilaśleṣmamedojeṣvarbudādiṣu | | 22 | |
madhyeṣveṣveva madhyo+anyaḥ
pittāsrāgudajanmasu | | 23 | |

balārthaṃ kṣīṇapānīye kṣārāmbu
punarāvapet | | 23 | | § 6661

1.30.23 Aṣṭāṅghṛdayasaṃhitā

ā ra 0 -kṣāratraye viṣayatrayamāha-tīkṣṇa iti | tatra
kaphavātamedojeṣu kṣārasādheṣu tīkṣṇeṣu
tīkṣṇl yojyaḥ | te(e)ṣveva madhyeṣu
madhyamaḥ | pittāsrajanmasu
kṣārasādhyeṣu anyo-mṛduḥ | tathā,
gudajanmasu-arśaḥsu, kaphavātajeṣvapi |
kṣīṇapānīye kṣāre+anyat kṣārāmbu
nikṣipet | § 6662

1.30.24 Sarvāṅgasundarā

tīkṣṇaḥ kṣāro vātaśleṣmamedaḥsamuttheṣvarbudādiṣu yo-
jyaḥ | mahatsveva yojyaḥ, madhyeṣu, kṣārāntaravidhā-
nāt | ādigrahaṇādanyeṣvapi tatsādhyeṣu rogeṣvayaṃ kṣ-
āro yojyaḥ | madhyeṣveṣveti | eṣveva-anilakaphamedojeṣu
vikāreṣvarbudādiṣu, madhyeṣu-notkrṣṭeṣu nāpi hīneṣu, 5
madhyaḥ kṣāro yojyaḥ | anya iti | anyo- mṛdaḥ kṣāraḥ, pi-
ttaraktasamuttheṣvarśaḥsu yojyo, na tīkṣṇamadhyaḥ kṣ-
ārau | balārthamityādi | kṣīṇapānīye-ghanībhūte kṣāre,
balārthaṃ-balādhānārthaṃ, punaḥ-bhūyaḥ, kṣārāmbu-kṣāravidhisrutam
jalam , āvapet-dadyāt | § 6663 10

1.30.25 Āyurvedarasāyana

kṣāraguṇānāha-nātītīkṣṇamṛduriti | śīghragāḥ-śīghravāpī |
sitāḥ-śvetaḥ | śikharaṃ-ciraṣaṃsthasya dravyasyopari-
iṇḍikā, tadvān-śikhari | sukkena nirvāpyaḥ-śītatāṃ ne-
yaḥ | na viṣyandī-kledaṃ notpādayati | yacchastreṇāgn-
inā ca kāryaṃ tat kṣāraḥ karoti | ācūṣan-antargataṃ sam- 5
ākarṣan | āpīḍayan-saṅkocayan | saṃrambhāt-vegena | sa-
ṅgrahe tu (sū. a.39)-"daśa kṣāraguṇā daśaiva ca doṣāḥ |
tadyathā,- atyuṣṇo+atīśīto+atīkṣṇo+atimṛduratitanuratighano+atipicchil
hīnauśadhau hīnapākaśceti | " iti | § 6664

1.30.26 Aṣṭāṅgahr̥dayasaṃhitā

nātitikṣṇamṛduḥ ślakṣṇaḥ picchhilaḥ śīghragaḥ
sitaḥ | | 24 | |
śikharī sukhanirvāpyo na viṣyandī na
cātiruk | | 24 | |
kṣāro daśaguṇaḥ śastratejasorapi
karmakṛt | | 25 | |
ācūṣanniva
saṃrambhād-gātramāpīḍayanniva | | 25 | |
5 sarvato+anusaran doṣānunmūlayati
mūlataḥ | | 26 | |
karma kṛtvā gatarujaḥ
svayamevopaśāmyati | | 26 | | § 6670

1.30.27 Sarvāṅgasundarā

[kṣāre nātitikṣṇādayo daśa guṇā bhavanti |] śīghraṃ
gacchati-āśu vyāpnotīti śīghragaḥ | śikharī-upariṣṭātpīṭikāvān |
mukhena-kāñjikādinā, nirvāpyate-śītikriyate, iti sukhani-
rvāpyaḥ | viṣyando+asyāstīti viṣyandī-srutimān, na viṣyandī-
5 na srutimān | na cātiruk-na cārtimān | nātitikṣṇādayo
daśa guṇā yasya sa daśaguṇaḥ kṣāraḥ | saṅgrahe cā-
sya daśaiva doṣā gaditāḥ | tadyathā (sū. a. 39)- "aty-
ṣṇo+atiśīto+atitikṣṇo+atimṛduratitanuratighano+atipicchhilo+ativasarpī
hīnauśadho hīnapākaśceti | " iti | śastrasya yatkarma-chhedanapāṭanalekhanādik
10 tathā tejaso-vahnerapi, yatkarma-vyādhyupaśamalakṣaṇaṃ,
tatkaroti | adhunā tvantarānubhavadvāreṇa kṣārasya guṇānnirdiśati-
ācūṣannivetyādi | saṃrambhāt-kṣobhāt, gātramācūṣann-
iva, tathā+a+apīḍayanniva, tathā sarvataḥ-sarvasmin, anusaran-
gacchhan, doṣān-tatsādhyān, mūlata unmūlayati-uddharati |
15 tathā, karma-svīyaṃ dāhādikaṃ, kṛtvā gatarujaḥ-puruṣasya,
svayameva-yatnaṃ vinaiva, upaśāmyati | § 6671

1.30.28 Aṣṭāṅgahr̥dayasaṃhitā

sa 0 -kṣarasādhye vyādhāvarśorbudādau chhedādau [
chhinne-dvidhākṛte, likhite-śastreṇa
vighṛṣṭe, srāvite-pracchādya nirhṛtaṣṇite,]
karmaṇi kṛte kṣāro yojyo, nākṛte chhedādau,
iti kṣārasya viṣayo darśitaḥ | kṣāraṃ śalākayā
dattvā mātrāśatamupekṣeta, na kāñjikādinā
nirvāpaṇaṃ kāryamityarthaḥ | kimbhūtayā
śalākayā ? plotena-cailakhaṇḍena,
prāvṛtaḥ-sthagito, dehaḥ vighraho
yasyāḥ | § 6672

1.30.29 Aṣṭāṅgahr̥dayasaṃhitā

kṣarasādhye gade chhinne likhite srāvite+athavā | | 27 | |
kṣāraṃ śalākayā dattvā
plotaprāvṛtadehayā | | 27 | |
mātrāśatamupekṣeta-----
| | 28 | | § 6675

1.30.30 Aṣṭāṅgahr̥dayasaṃhitā

ā ra 0 -atha kṣāraprayogavidhiḥ | tatra saṅgrāhe (sū.
a.39)-"tatra kṣāraakarmanyupaharet
picuvartīśalākādarvyañjalikaghṛtamadhuśu-
ktatuṣodakamustukṣārodakaśītapradehaśa-
yanāsanādīni | atha kṣārārhasyopaviṣṭasya
saṃviṣṭasya vā paricārakopagṛhītasya" iti |
kṣāraprayogamāha-kṣarasādhyā iti | § 6676

1.30.31 Aṣṭāṅgahr̥dayasaṃhitā

-----tatrārśaḥsvāvṛtānanam | | 28 | |
hastena yantraṃ
kurvīta----- | | 28 | | § 6678

1.30.32 Sarvāṅgasundarā

tatra kṣārasādhyeṣvarśaḥsu kṣārapātanam̐ kṛtvā mātrāśa-
tam̐ yāvattāvaddhastena yantramāvṛtānanam̐-chhāditamukham̐,
kuryāt | § 6679

1.30.33 Āyurvedarasāyana

arśaḥsu viśeṣamāha-tatrārśaḥsviti | hastenāvṛtānanam̐-pāṇinā
mukham̐ pihitam | § 6680

1.30.34 Aṣṭāṅgahr̥dayasaṃhitā

-----vartmarogeṣu vartmanī | | 28 | |
nirbhujya picunā+a+acchādyā kṣṇabhāgam̐
vinikṣipet | | 29 | |
padmapatratanuḥ kṣāralepo, ghrāṇārbudeṣu
ca | | 29 | | § 6683

1.30.35 Āyurvedarasāyana

vartmarogeṣu viśeṣamāha-vartmarogeṣviti | vartmanī nirbhujya-
uddṛttatām̐ nītvā, picunā kṣṇabhāgam̐acchādyā vartmar-
ogeṣu kṣāram̐ vinikṣipet | § 6684

1.30.36 Sarvāṅgasundarā

kṣārasādhyeṣu vartmarogeṣu vartmanī nirbhujya-kuṭīlikṛtya,
tataḥ kṣārasparśaparihārāya picunā-kārpāsādimayena, kṣṇabhāgam̐-
tārakapradeśam̐, ācchādyā kṣāram̐ vinikṣipet | tatra ca
5 anah | padmapatramiva tanuriti "upamānāni sāmānyava-
canaiḥ" iti samāsaḥ | ghrāṇārbudeṣu ca padmapatratanuḥ
kṣāralopo yojyah | katham̐ tatra lepo deyah ? ityāha- § 6685

1.30.37 Aṣṭāṅgahr̥dayasaṃhitā

pratyādityaṃ niṣaṅṅasya
samunnamyāgranāsikām | | 30 | |
mātrā vidhāryaḥ
pañcāśat----- | | 30 | | § 6687

1.30.38 Sarvāṅgasundarā

pratyādityaṃ-ravisammukhaṃ, niṣaṅṅasya-saṃsthitasya |
tathā, agre nāsikā-agranāsikā, tāmunnamya-utkṣipyā | ki-
yantam̐ kālam̐ lepo dhāryaḥ ? ityāha | mātrāḥ pañcāśadv-
idhāryaḥ | vartmasu cālpatarā mātrāḥ sthānasya sukumā-
ratvāt | § 6688

5

1.30.39 Āyurvedarasāyana

ghrāṅārbudeṣu viśeṣamāha-ghrāṅārbudeṣviti | agranāsikām-
nāsāgram | § 6689

1.30.40 Aṣṭāṅgahr̥dayasaṃhitā

-----tadvadarśasi karṇaje | | 30 | | § 6690

1.30.41 Sarvāṅgasundarā

karṇaje+arśasi tadvat-tena ghrāṅārbudena tulyam, sa eva
padmapatratanuḥ kṣāralepastā eva pañcāśanmātrā dhā-
ryaḥ | § 6691

1.30.42 Āyurvedarasāyana

karṇārśaḥsu viśeṣamāha-tadvadarśasīti | tadvat-nāsārbudavat |
§ 6692

1.30.43 Aṣṭāṅgahr̥dayasaṃhitā

kṣāraṃ pramārjanenānu parimṛjyāvagamya ca | | 31 | |
sudagdhāṃ ghr̥tamadhvaktāṃ
tatpayomastukāñjikaiḥ | | 31 | |
nirvāpayettataḥ sājyaiḥ svāduśītaiḥ
pradehayet | | 32 | |
abhiṣyandīni bhojyāni kledanāya ca | | 32 | | § 6696

1.30.44 Āyurvedarasāyana

kṣāraprayogānantaraṃ kṛtyamāha-kṣāramiti | sudagdhānavagamya-
samyagdagdhāṃ jñātvā, payomastvādibhiḥ siñcet | payo-
mastukāñjikānāṃ vikalpaḥ | § 6697

1.30.45 Sarvāṅgasundarā

anu-paścāt kṣārālepadānaniyamitātkālādanantaraṃ, kṣā-
raṃ pramārjanena-cailādinā, parimṛjya-śodhayitvā, suda-
gdhāṃ kṣārasthānamarśorbudādyadhiṣṭhānavagamya-
samyagdāhalakṣaṇena jñātvā, tat-kṣāradagdhāṃ sthānaṃ,
5 ghr̥tamadhulepitaṃ kṛtvā payaḥprabhṛtibhirnivāpayet-śītikuryāt |
tataḥ-anantaraṃ, svāduśītaidravyaiḥ-madhuyaṣṭikādibhiḥ,
sājyaiḥ-saghr̥taiḥ, lepayet | abhiṣyandīni-srutirūpaśleṣmakārīni,
bhojyāni-annapānāni māśadadhyādīni, bhojyāni-bhakṣayitavyāni |
kimartham ? kledanāya-kṣāradagdhasthānaviśaraṇāya |
10 yataḥ kṣāradagdhāṃ klinnaṃ sacchhīryate | § 6698

1.30.46 Āyurvedarasāyana

udagdhe+apyaśīrṇe kṛtyamāha-yadi ceti | dhānyāmlabījaṃ-
dhānyāmlatalasthaṃ dravyam | saṅgrahe tu (sū. a. 39)-
"suvarṇakṣīriyuktairvā trivṛdviḍaṅgasāravadbhirvā tilai-
rālepayet | mālātivr̥ṣāñkoṭanimbāsphotapaṭolīkaravīrapa-
5 trakvātho vā vṛṇaprakṣalanam | eṣāmeva ca kalkakvāthe
siddhāṃ sarpistailaṃ vā ropaṇam | nāgapuṣpamañjiṣṭhā-
candanatilaparnikāsu vā yathāvyādhidoṣaṃ ca vṛṇavad-
upakramet | " iti | § 6699

1.30.47 Aṣṭāṅgahr̥dayasaṃhitā

yadi ca sthiramūlatvātksāradagdham na śīryate | | 33 | |
dhānyāmlabījayaṣṭyāhvatilairālepayettataḥ | | 33 | |
tilakalkaḥ samadhuko ghṛtākto
vraṇaropaṇaḥ | | 34 | | § 6702

1.30.48 Sarvāṅgasundarā

yadi ca kṣāradagdhamibhiṣyandibhirapi bhojyairupayukt-
aiḥ sthiramūlatvāt-dṛḍhamūlatvāt, tadrogādhiṣṭhānaṃ na
śīryate, tato dhānyāmlasya bījaṃ-avayavaviśeṣaḥ, tena ta-
thā madhukatilābhyāṃ cālepayet | tilakalko madhuyaṣṭiy-
ukto ghṛtānvito vraṇasya ropāṇaḥ | § 6703

5

1.30.49 Aṣṭāṅgahr̥dayasaṃhitā

pakvajambvasitaṃ sannaṃ
samyagdagdham----- | | 34 | | § 6704

1.30.50 Sarvāṅgasundarā

pakvajambūphalavadasitaṃ-kṛṣṇaṃ, tathā sannaṃ-nimraṃ,
samyagdagdham sthānaṃ vidyāt | § 6705

1.30.51 Āyurvedarasāyana

sudagdhalakṣaṇamāha-pakvajambvasitamiti | pakvajambūphalavadasita
śyāmam | sannaṃ-nimnam | § 6706

1.30.52 Aṣṭāṅgahr̥dayasaṃhitā

-----viparyaye | | 34 | |
tāmratātodakaṇḍvādyairdurdagdham-----
- | | 35 | | § 6708

1.30.53 Sarvāṅgasundarā

viparyaye-pakvajambvasitādilakṣaṇaviparyaye, tathā tā-
mratātodakaṇḍvādyaiḥ, ādigrahaṇāt śophavisphoṭādibhiḥ,
durdagdham sthānaṃ vidyāt | § 6709

1.30.54 Āyurvedarasāyana

durdagdhalakṣaṇamāha-viparyaya iti | viparyaye-tāmrādivarṇatva
utsannatve ca, tāmratādyaiśca | § 6710

1.30.55 Aṣṭāṅgahr̥dayasaṃhitā

-----taṃ punardahet | | 35 | | § 6711

1.30.56 Sarvāṅgasundarā

taṃ-tathābhūtaṃ jñātvā, punardahet-bhūyastatra kṣāraṃ
pātayet, dāhāya | § 6712

1.30.57 Āyurvedarasāyana

durdagdhe punardāhamāha-taṃ punariti | § 6713

1.30.58 Āyurvedarasāyana

atidagdhalakṣaṇamāha-atidagdha iti | § 6714

1.30.59 Aṣṭāṅgahr̥dayasaṃhitā

atidagdhe sravedraktaṃ
mūrcchhādāhajvarādayaḥ | | 35 | | § 6715

1.30.60 Sarvāṅgasundarā

atidagdhe sati raktaṃ sravet | tathā, mūrcchhādayo jāya-
nte | ādigrahaṇādvīsarpaśophauṣavisphoṭādayo+api | § 6716

1.30.61 Aṣṭāṅgahr̥dayasaṃhitā

ā ra 0 -gudātidagdhalaḥṣaṇamāha-guda iti | § 6717

1.30.62 Aṣṭāṅgahr̥dayasaṃhitā

gude viśeṣādviṇmūtrasaṃrodho+atipravartanam | |36| |
pumstvopaghāto mṛtyurvā gudasya
śātanāddhruvam | |36| | § 6719

1.30.63 Sarvāṅgasundarā

gude+atidagdhe viśeṣeṇa viṇmūtrayoḥ saṃrodhaḥ, tathā
tayorevātipravartanam kadācidbhavati | viśeṣagrahaṇāt
pūrvoktā raktasrāvādayo+api | tathā, pumstvopaghātaḥ-
śukrakṣayātkāntāgamanāsāmarthyam | athavā, gudasya
śātanāt-vidāraṇāt, niścayena mṛtyurbhavit | § 6720

5

1.30.64 Aṣṭāṅgahr̥dayasaṃhitā

nāsāyāṃ nāsikāvaṃśadaraṇākuñcanodbhāvaḥ | |37| |
bhavecca
viṣayājñānam----- | |37| | § 6722

1.30.65 Sarvāṅgasundarā

nāsāyāṃ kṣārātidagdhāyāṃ nāsikāvaṃśasya daraṇākuñc-
ane udbhavataḥ | tathā, viṣayājñānaṃ-gandhasyāvedanaṃ
ca bhavet | § 6723

1.30.66 Āyurvedarasāyana

nāsātidagdhalaḥṣaṇamāha-nāsāyāmiti | § 6724

1.30.67 Aṣṭāṅgahr̥dayasaṃhitā

-----tadvacchrotrādikeṣvapi | | 37 | | § 6725

1.30.68 Sarvāṅgasundarā

tadvat-tena kṣārātidagdhanāsikāviṣayājñānena tulyaṃ, kṣ-
ārātidagdheṣu śrotrādikeṣu-śrotracakṣūrasaneṣu sthāneṣu,
viṣayājñānaṃ syāt | § 6726

1.30.69 Āyurvedarasāyana

śrotrādyatidagdhalakṣaṇamāha-tadvaditi | tadvat-nāsāvat |
vaṃsasthāne tattadavayavo jñeyaḥ | § 6727

1.30.70 Aṣṭāṅgahr̥dayasaṃhitā

viśeṣādatra seko+amlairlepo madhu ghṛtaṃ tilāḥ | | 38 | |
vātapittaharā ceṣṭā sarvaiva śīśirā kriyā | | 38 | |
amlo hi śītaḥ sparśena
kṣārastenopasaṃhitāḥ | | 39 | |
yātyāśu svādutāṃ
tasmādamlalnirvāpayettarām | | 39 | |
5 (viṣaṅgiśāstrāśanimṛtyutulyaḥ kṣāro
bhavedalpamatiprayuktaḥ | | 1 | |
sa dhīmatā samyaganuprayukto
rogānnihanyādicireṇa ghorān) | | 1 | | § 6733

1.30.71 Sarvāṅgasundarā

tasminnatikṣāradagdhe viśeṣeṇāmlaiḥ-kāñcikādibhiḥ, seko
hitāḥ | madhughṛtatilāśca lepa iṣṭāḥ | tathā sarvaiva ca
śīśirā kriyā vātapittaharā ceṣṭā | saṅgrahe coktam (sū.
a.39)- "pāyayetātiyoge+atra taṃ śīghraṃ saghṛtaṃ da-
5 dhi | saḡuḍaṃ vā dadhisaraṃ tailaṃ vā sasitopalam | |"
iti | amla ityādi | tasmāddhetoḥ kṣāradagdhamamlaiḥ-
kāñjikādibhiḥ, nirvāpayettarām | yasmādamlaḥ śītaḥ sp-

arśena | tena ca-amlena, kṣāra upasaṃhito-yuktaḥ, āśv-
eva kaṭukalavaṇabhūyiṣṭhatām tyaktvā svādutām yāti | ta-
rāṃgrahaṇamatisayenāmlairnirvāpayet deśasātymānuro-
dhāt kadācit kṣīrādibhirapīti gamayati | iti kṣāravidhiḥ |
agnikarmavidhimāha- § 6734

5

1.30.72 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-atidagdhe pratīkāramāha-viśeṣāditi |
viśeṣagrahaṇāt pūrvoktavannirvāpaṇam |
uktaṃ ca saṅgrahe (sū.a.
39)-"tamati pravṛttamāsu pūrvoktaireva
nirvāpaṇaiḥ punaḥpunarnirvāpayet | ataśca
dāhyamatipramāṇam na sakṛdeva dahediti | "
iti | tathā (saṃ.sū.a. 39)-
"jvarātisāratṛṇmohamūrccchāhṛdrodanārtibhiḥ |
kākṣaṃ dahatyagniriva śarīraṃ
kṣāravibhramaḥ | | pāyayetātiyoge+atra taṃ
śīghraṃ saghṛtaṃ dadhi | sagaḍaṃ vā
dadhisaraṃ tailaṃ vā sāsītōpalam | |
dhātrīphalakapitthāmladāḍimasvarase
ghṛtaṃ | dviguṇe sādhitam pānasekaiḥ
kṣārātiruggharam | |
dāḍimāmalakāmrātakapitthakaramardakāt |
āmrācca mātuluṅgācca rasaṃ mṛdvagninā
pacet | | tato+ativṛttakṣārāya dadyānmātrāṃ
yathābalam | kṣāro nivartate tena prasādam
tvak ca gacchāti | | śoṇitātipravṛttau ca
bāhyāntaḥśīśiro vidhiḥ | " iti | iti
kṣāravidhiḥ | § 6735

1.30.73 Aṣṭāṅgahr̥dayasaṃhitā

agniḥ kṣārādapi
śreṣṭhastaddagdhānāmasambhavāt | | 40 | |
bheṣajakṣāraśastraīśca na siddhānām
prasādhanāt | | 40 | | § 6737

1.30.74 Sarvāṅgasundarā

kṣārādapyagneḥ praśasyataratvam | kutaḥ ? tena-agninā,
dagdhānāṃ rogāṇāmarśaḥprabhṛtināmasambhavāt | bh-
ūyo+agnidagdho rogaḥ prarohaṃ na yāti, mūlādunmūla-
nādityarthaḥ | bheṣajakṣāraśastraīśca ye rogā na śāntāste-
5 ṣāṃ vahninā sādhanāt jvalano jyāyān | § 6738

1.30.75 Āyurvedarasāyana

athāgnikarmavidhiḥ | tatrāgnipraśamsāmāha-agniriti | § 6739

1.30.76 Aṣṭāṅgahr̥dayasaṃhitā

tvaci māmse sirāsnāyusandhyasthiṣu sa
yujyate | | 41 | | § 6740

1.30.77 Sarvāṅgasundarā

saḥ-agnidāhaḥ tvagādiṣu yujyate | § 6741

1.30.78 Āyurvedarasāyana

agnibhedyā(dāhyā)nyaṅgānyāha-tvacīti | § 6742

1.30.79 Āyurvedarasāyana

tvagdāhaviṣayamāha-maṣeti | saṅgrahe tu (sū.a. 40)-"sar-
kstabdhapramlāyadaṅgābhiṣyandādhimanthaśirobhrūśaṅkha-
lalāṭarujārditeṣu yathāsvamabhiṣyandādiṣu tu bhrūśa-
ṅkhalalāṭadeśeṣu | " iti | tvagdāhasādhanānyāha-vartigodanteti |
5 vartiḥ-guggulvādikṛtā | godanto-gavāṃ dantaḥ | sūryakāntaḥ-
sphaṭikaḥ | ādiśabdāt pippalyajāśakṛcchalākādayaḥ | § 6743

1.30.80 Aṣṭāṅgahr̥dayasaṃhitā

maṣāṅgaglānimūrdhārtimanthakīlatilādiṣu | | 41 | |
tvagdāho vartigodantasūryakāntaśarādi-
bhiḥ | | 42 | | § 6745

1.30.81 Sarvāṅgasundarā

tatra maṣādiṣu rogeṣu tvagdāhaḥ kāryo vartyādibhiḥ |
vartiḥ-picuvartiḥ | ādigrahaṇādanyeṣvapi kṣudrogādhyā-
yokteṣu tvagdāho yojyaḥ | śarādibhiritiyādigrahaṇādanya-
irapi deśāntaraprasiddhaistvagdāhaḥ kāryaḥ | § 6746

1.30.82 Aṣṭāṅgahr̥dayasaṃhitā

arśobhagandaragranthināḍīduṣṭavraṇādiṣu | | 42 | |
māṃsadāho madhusnehajāmbavauṣṭhaguḍādi-
bhiḥ | | 43 | | § 6748

1.30.83 Sarvāṅgasundarā

arśaḥprabhṛtiṣu rogeṣu madhusnehādibhirmāṃsadāhaḥ
kāryaḥ | ādigrahaṇenārbudagaṇḍamālādayo gr̥hyante |
tatra kadācinmadhunā, kadācitpr̥thaksnehaiḥ, kadācijjā-
mbavauṣṭhena, jāmbavauṣṭhaḥ-śalākāviśeṣo yantravidhā-
vuktaḥ (hr̥. sū. a. 25 | 26) yena kṣāro dīyate, kadācidg- 5
uḍena, kadācidevamprāyeṇānyenāpi deśaviśeṣaprasiddh-
ena | § 6749

1.30.84 Āyurvedarasāyana

māṃsadāhaviṣayamāha-arśa iti | ādiśabdādabudagaṇḍa-
mālāślīpadāntravṛddhyavagāḍhapūyalasīkavraṇādayaḥ | māṃsadāhasāc-
madhusneheti | ādiśabdāt sūcīśalākāmadhūcchiṣṭatāmṛā-
yorūpyakāṃsyādayaḥ | § 6750

1.30.85 Aṣṭāṅgahr̥dayasaṃhitā

śliṣṭavartmanyasr̥ksrāvanīlyasamyagvyadhādiṣu | | 43 | |
sirādidāhastaireva-----
| | 44 | | § 6752

1.30.86 Sarvāṅgasundarā

śliṣṭavartmādiṣu sirādidāhaḥ kāryaḥ | taireva-madhusnehādibhiḥ |
§ 6753

1.30.87 Āyurvedarasāyana

śirādidāhaviṣayamāha-śliṣṭavartmanīti | ādiśabdācchirāsna-
yusandhyasthicchedadantanāḍayupapakṣmakalagaṇādayaḥ | 0
§ 6754

1.30.88 Aṣṭāṅgahr̥dayasaṃhitā

-----na dahetkṣāravāritān | | 44 | |
antaḥśalyāsṛjo bhinnakoṣṭhān
bhūrivraṇāturān | | 44 | | § 6756

1.30.89 Sarvāṅgasundarā

kṣāravāritān na dahet | na kevalaṃ yeṣu kṣāro vāritastān
na dahet, yāvadantaḥśalyaṃ tathā+antarlohitaṃ yeṣāṃ
tān, tathā bhinnaḥ-śastrādinā, koṣṭhaḥ-śarīramadhyo, ye-
ṣāṃ tān, tathā bhūribhirvraṇairārtān [ca na dahet] | 0 § 6757

1.30.90 Āyurvedarasāyana

agnidāhaṃ niṣedhati-na dahediti | antaḥśalyān antara-
sṛjaśca | saṅgrāhe tu (sū.a. 40)-"uṣṇe ca kāle ātyay-
ike tu vyādhau kṛtoṣṇapratikārasya picchilamannam-
aśitavato+agnikarma kuryāt |" iti | tathā (saṃ. sū. a.
5 40)-"atha dāhārhamāturaṃ kṛtasvastyayanamupahr̥tasa-

rvopakaraṇaṃ prākśiraḥsaṃviṣṭamāptāvalambitaṃ kṛ-
tvā vaidyo nirdhūmavṛhatsthiraḍiptakhādirabādarādyā-
ṅārairayoghaṭanaprakāreṇa bhastrānilādhmātairvyajan-
ena cordhvānirgacchajjvālatayā+a+apāditāpādyamāna bhā- 5
surāgnivraṇairjāmbavauṣṭhādibhirvyādhipradeśavaśāt va-
layārdhacandrasvastikāṣṭhāpadabindurekhāpratisāraṇavi-
kalpairmuhurmuhurhitopahitābhirvāgbhiradbhiścāturamā-
śvāsayan dahedāsamyagdāhaliṅgopatteḥ | ucchūnasuṣi-
pralūnadantanādīsajantuduṣṭavraṇeṣu tu snehamadhū-
cchiṣṭaguḍaiḥ pūrayitvā dahet | " iti | § 6758

10

1.30.91 Aṣṭāṅgahr̥dayasaṃhitā

sudagdhaṃ ghr̥tamadhvaktam̐ snigdhaśītaiḥ
pradehayet | | 45 | | § 6759

1.30.92 Sarvāṅgasundarā

sudagdhaṃ-agninā rogādhiṣṭhānaṃ jñātvā, ghr̥tamadhu-
bhyāmabhyaktam̐ kṛtvā, snigdhaśītaiḥ- madhuyaṣṭiśālim-
ūlādibhiḥ, pralepayet | § 6760

1.30.93 Āyurvedarasāyana

dāhānantaram̐ kṛtyamāha-sudagdhamiti | § 6761

1.30.94 Aṣṭāṅgahr̥dayasaṃhitā

tasya liṅgaṃ sthite rakte śabdavallasikānvitam̐ | | 45 | |
pakvatālakapotābhaṃ surohaṃ
nātivedanam̐ | | 46 | | § 6763

1.30.95 Sarvāṅgasundarā

tasyetyanena sudagdhaṃ sthānaṃ parāmr̥śyate | tasya-
sudagdhasya sthānasya, liṅgaṃ-lakṣaṇaṃ, sthite rakte-

dahyamānāvasthāpravṛttāsṛji nivṛtte sati, śabdavat-budbudaśabdavat,
tatsthānaṃ bhavet | tathā, lasikānvitam | lasikā-kuśāsastrādivikṣate
prathamam yā dṛśyate jalalavākṛtiḥ | tathā, pakvatāla-
phalasadṛśam, kadācitkapotasadṛśam | sukkena rohati-
5 suroham | tathā, nātivedanaṃ-na tīvraruk | § 6764

1.30.96 Āyurvedarasāyana

sudagdhalakṣaṇamāha-tasyeti | tālaṃ-tālaphalakam | kapotaḥ-
pakṣī | saṅgrahe tu (sū.a. 40)-"saśabdaṃ dahanam durg-
andhitvaṃ tvakasaṅkocaśca tvagdagdhe | kapotavarṇatv-
amalpaśopharujatā śuśkasaṅkucitavraṇatā ca māṃsada-
5 gdhe | kṛṣṇonnatavraṇatvaṃ sthite ca rakte lasikāsrutih śi-
rādagdhe | kṛṣṇāruṇakarkaśasthiravraṇatā snādhvādida-
gdhe ca | " iti | § 6765

1.30.97 Aṣṭāṅgahr̥dayasaṃhitā

pramādadagdhavatsarvaṃ
durdagdhātyarthadagdhayoḥ | | 46 | | § 6766

1.30.98 Sarvāṅgasundarā

durdagdhātyarthadagdhayoḥ pramādadagdhena tulyaṃ
sarvaṃ lakṣaṇam bodhyam | na ca lakṣaṇamantareṇait-
atsamyagjñāyata iti tallakṣaṇārtham bhedāntaradarśanā-
rtham vā+a+aha- § 6767

1.30.99 Āyurvedarasāyana

durdagdhātidagdhayorlakṣaṇamāha-pramādadagdhavaditi |
§ 6768

1.30.100 Aṣṭāṅgahr̥dayasaṃhitā

caturdhā tattvucchena saha----- | | 47 | | § 6769

1.30.101 Sarvāṅgasundarā

tat-pramādadagdham, catusprakāram | katham ? tucchena-
tucchadagdhalakṣaṇena, saha | avimṛśyadagdham hi ka-
dācit samyagdagdhalakṣaṇam, kadāciddurdagdhalakṣa-
ṇam, kadācidatidagdhalakṣaṇam, kadācicca tucchada-
gdhalakṣaṇam syāt | § 6770

5

1.30.102 Āyurvedarasāyana

pramādadagdhahbedānāha-caturdheti | tuccham durda-
gdhamatidagdham sudagdham ceti caturdhā | § 6771

1.30.103 Aṣṭāṅgahrdayasaṃhitā

-----tuchhasya lakṣaṇam | |47| |
tvagvivarṇāṣyate+atyartham na ca
sphoṭasamudbhavaḥ | |47| | § 6773

1.30.104 Sarvāṅgasundarā

tuchhasya-tucchadagdhasya lakṣaṇamiti kārye kāraṇo-
pacārādevamuktam | tvagityādi | tvagvivarṇā | satyatarthamuṣyate-
rujyate, na ca sphoṭānām samudbhūtiriti tucchadagdh-
asthānasya lakṣaṇam | yatkiñcinmātramevāgninā sprṣṭam
tattucchadagdhamilyucyate | § 6774

5

1.30.105 Āyurvedarasāyana

tucchalakṣaṇamāha-tucchasyeti | § 6775

1.30.106 Aṣṭāṅgahrdayasaṃhitā

sasphoṭadāhativroṣam
durdagdham----- | |48| | § 6776

1.30.107 Sarvāṅgasundarā

yatra pradeśe sphoṭānāmudbhavo dāhayuktā tīvrā ūṣār-
ujā, jāyate, taddurdagdhaṃ rogādhiṣṭhānaṃ vidyāt | § 6777

1.30.108 Āyurvedarasāyana

durdagdhalakṣaṇamāha-sasphoṭadāhatīvroṣamiti | ūṣā-sarṣapalīptasyeva
vyathā | § 6778

1.30.109 Āyurvedarasāyana

atidagdhalakṣaṇamāha-atidāhata iti | dhūpanaṃ-dhūmāyanam |
sudagdhasya lakṣaṇamuktaṃ prāk (ślo.45) | saṅgrahe tu
(sū.a. 40)-"snehadāhastu kaṣṭataro bhavati | sahi snehasya
sūkṣmamārgānusāritvāddūramanupraviśatīti | " iti | § 6779

1.30.110 Aṣṭāṅgahr̥dayasaṃhitā

-----atidāhataḥ | | 48 | |
māṃsalambanasaṅkocadāhadhūpanavedanāḥ | | 48 | |
sirādīnāśastr̥ṇmūrccchāvraṇagāmbhīryamṛtyavaḥ | | 49 | | § 6782

1.30.111 Sarvāṅgasundarā

atidāhādrogādhiṣṭhānasya māṃsalambanādayaḥ syuḥ | [
saṅkocaḥ-sirādīnām | dhūpanaṃ-dhūmāyanam | vedanā-
rujā | sirādīnām nāśo-vyāpat | vraṇagāmbhīryaṃ-gambhīravraṇatā |
mṛtyuḥ-maraṇaṃ ca |]samyagdagdhalīṅgaṃ tūktameva
5 "tasya līṅgaṃ sthite rakte" (ślo.45) ityādīnā | tasmāttatpu-
narna nirdiṣṭam | adhunā caturvidhasyāsya cikitsitamāha-
§ 6783

1.30.112 Aṣṭāṅgahr̥dayasaṃhitā

tucchasyāgnipratapanam̐ kāryamuṣṇam̐ ca
bheṣajam | | 49 | |

styāne+astre vedanā+atyarthaṃ vilīne mandatā
rujaḥ | | 50 | | § 6785

1.30.113 Sarvāṅgasundarā

tucchhadagdhasyāgninā pratapanam kāryam | tathā, uṣṇam
bheṣajam-auṣadham | raktasya vilayanārthametata | yat-
astucchhadagdhe+avaśyaṃ styānamasṛgbhavatīti yuktyā
pratipādayannāha-styāne+astra ityādi | lohite styāne sa-
tyatīśayena rugbhavati | vilīne rakte pīḍāyā mandatā- 5
mandatvaṃ bhavati | atastucchhadagdhe+agni pratapa-
nam yojyam | § 6786

1.30.114 Āyurvedarasāyana

tuchasyauṣadhamāha-tuchasyeti | saṅgrahe tu (sū.a. 40)-
"styāne rakte himairnoṣmā niṣkrāmatiyato bahiḥ | vedanā
varddhate tena rudhiraṃ ca vidahyate | | uṣṇamniṣkrām-
ayat kuryādūṣmāṇam mandatāṃ rujaḥ | " iti | § 6787

1.30.115 Aṣṭāṅgahṛdayasaṃhitā

durdagdhe śītamūṣṇam ca yuñjyādātau tato
himam | | 50 | | § 6788

1.30.116 Sarvāṅgasundarā

durdagdhe śītamūṣṇam ca paryāyeṇauṣadham | tatrāda-
prathamam, himam bheṣajam yuñjyāt | § 6789

1.30.117 Āyurvedarasāyana

durdagdhasyauṣadhamāha-durdagdha iti | § 6790

1.30.118 Aṣṭāṅgahr̥dayasaṃhitā

samyagdagdhe tavakṣīriplakṣacandanagairikaiḥ | |51| |
limpetsājyāmṛtairūrdhvaṃ
pittavidradhivat kriyā | |51| | § 6792

1.30.119 Sarvāṅgasundarā

samyagdagdhe tavakṣīryādibhilepayat | kimbhūtaiḥ ? sājyāmṛtaiḥ-
ghṛtaguḍūcīyuktaiḥ | ādāvityatrāpi yojyam | ādau tairlep-
ayet, ūrdhvaṃ-anantaraṃ, pittavidradhivat kriyā kāryeti
śeṣaḥ | § 6793

1.30.120 Āyurvedarasāyana

samyagdagdhauṣadhamāha-samyagdagdha iti | ājyenām-
ṛtayā ca saha vartanta iti sājyāmṛtānyauṣadhāni | § 6794

1.30.121 Aṣṭāṅgahr̥dayasaṃhitā

atidagdhe drutaṃ kuryātsarvaṃ
pittavisarpavat | |52| | § 6795

1.30.122 Sarvāṅgasundarā

atidagdhe drutaṃ-śīghrameva, sarvaṃ-bahirantaśca bheṣ-
ajaṃ, pittavisarpa iva kuryāt | § 6796

1.30.123 Āyurvedarasāyana

atidagdhasyauṣadhamāha-atidagdha iti | drutaṃ-śīghram |
§ 6797

1.30.124 Aṣṭāṅgahṛdayasaṃhitā

snehadagdhe bhṛśataraṃ rŭkṣaṃ tatra tu yojayet | | 52 | |
(śastrakṣārāgnayo yasmānmr̥tyoḥ
paramamāyudham | | 1 | |
apramatto bhiṣak tasmāttān
samyagavacārayet) | | 1 | | § 6800

1.30.125 Sarvāṅgasundarā

snehadagdhe+atitarāṃ rŭkṣaṃ yojayet | [bhṛśataraṃ rŭ-
kṣaṃ cātra bheṣajaṃ tatra tu yojayet | tuśabdāna kevalaṃ
] bhṛśataragrahaṇācca bāhulyena rŭkṣaṃ [pralepādi tatra
yojayet kintu] dehadeśādisātmyavaśātsnigdhamapi yath-
āvasthaṃ yathāyogaṃ yojayet | § 6801

5

1.30.126 Āyurvedarasāyana

snehadagdhasyaauśadhamāha-snehadagdha iti | bhṛśataraṃ-
atyartham | tuśabdāna kevalaṃ bhṛśataraṃ rŭkṣaṃ pra-
lepādi, kintu pŭrvoktamapi yathāvasthaṃ yojayet | § 6802

1.30.127 Aṣṭāṅgahṛdayasaṃhitā

samāpyate sthānamidaṃ hṛdayasya rahasyavat | | 53 | |
atrārthāḥ sŭtritāḥ sŭkṣmāḥ pratanyante hi
sarvataḥ | | 53 | |
iti
śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭaviracitā-
yāmaṣṭāṅgahṛdayasaṃhitāyāṃ sŭtrasthāne
kṣārāgnikarma- vidhiraṇāma
triṃśattamo+adhyāyaḥ | | 30 | | § 6805

1.30.128 Sarvāṅgasundarā

vaktavyaṃ yadvastu tasya sarvasyaivoktatvādidam sth-
ānaṃ samāpyate-niṣpādyate | kimbhūtaṃ sthānam ? ra-

hasyavat, rahasyaṃ-atyartham guhyarūpaṃ, tadyasyā-
sti tadrahasyavat| kasya sthānam ? hr̥dayasya| hr̥da-
yaśabdenāṣṭāṅgahr̥dayamupalakṣyate, yathā-satyabhāmā
bhāmeti| kuta etatsthānam rahasyavat ? ityāha- saṃ-
5 yasmādatra-sthāne, arthāḥ sūtritāḥ-sūcitāḥ| kimbhūtāḥ
? sūkṣmāḥ,-tīkṣṇataramatisamadhigamyāḥ| yataste evā-
rthāḥ sarvasmiṃstantre pratanyante-vistāryante| tasmā-
didam sthānam tantrasambandhināmanyasthānānam ra-
hasyavadityuktamiti| iti śrīmṛgāṅkadattaputraśrīmada-
10 ruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭī- kāyāṃ sarvāṅgas-
undarākhyāyāṃ sūtrasthāne kṣārāgnikarmavidhi- rnāma
triṃśattamo+adhyāyaḥ samāptaḥ| | 30| | § 6806

1.30.129 Āyurvedarasāyana

sūtrasthānamupasamharati-samāpyata iti| [kasmādetadr-
ahasyavadityata āha-atrārthā iti|] iti hemādriṭīkāyāmāyu-
rvedarasāyane| kṣārāgnikarmajādhyāyaḥ sāmastyena ni-
rūpitaḥ| | 30| | § 6807

2 śārīrasthānam : 2

2.1 garbhāvakraṅtīradhyāyaḥ : 1

2.1.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto garbhāvakraṅtī śārīraṃ vyākhyāsyāmaḥ| | 2| |
iti ha smāhurātreyaḍayo maharṣayaḥ| | 2| | § 6809

2.1.2 Sarvāṅgasundarā

śārīramadhikṛtya kṛto granthaḥ śārīraḥ| garbhasyāvakraṅtīḥ-
avakramaṇam samprāptiḥ, yathā+agarbho garbhatam sa-
mpadyata ityarthaḥ| garbhāvakraṅtīrvidyate yasminna-
dhyāya iti matvarthe kapratyayaḥ| tasya "adhyāyānuvāk-
5 ayorluk" iti luk| athādiśabdānāmarthā āyusḥkāmiyādhyāye
(hr̥.sū. a.1) vyākhyātā eva| § 6810

2.1.3 Aṣṭāṅgahṛdayasaṃhitā

śuddhe śukrārtave satvaḥ svakarmakleśacoditaḥ | | 1 | |
 garbhaḥ sampadyate
 yuktivaśādagnirivāraṇau | | 1 | | § 6812

2.1.4 Sarvāṅgasundarā

śukraṃ-antyo dhātuḥ | ṛtau bhavamārtavam, strīṅṅam yad-
 apatyamārgāt śuddhamīṣatkṛṣṇam vigandham ca vāyupr-
 eritaṃ lohitaṃ pravartate tadārtavamucyate | śukraṃ cā-
 rtavam ca śukrārtavam, piṅḍe pitroḥ sambandhi garbhabī-
 jam, tasmin śukrārtave, śuddhe-vātādibhiradūṣite+adhiṣṭhārabhūte,
 satvo-jīvaḥ, garbhaḥ sampadyate | kila nāsau garbhaḥ,
 atha ca garbhatāmāsādayati | kīdṛśaḥ satvaḥ ? svakarme-
 tyādi | karmāṅi-pūrvajanmārjitāni śubhāśubhāni, svāni ca
 tāni karmāṅi ca svakarmāṅi | kleśayanti-lokān duḥkhay-
 antīti, kleśāḥ | te ca-avidyāsmītārāgadveṣābhīniveśāḥ | at- 10
 athāvastuni tatheti ("anityāśuciduḥkhānātmasu nityāśuci-
 sukhātma) khyātiḥ-avidyā | dṛḡdarśanaśaktyorekātmatā-
 smitā | sukhānuśayī-rāgaḥ | duḥkhānuśayī-dveṣaḥ | svar-
 asavāhī viduṣo+api tathā rūḍhaḥ-abhiniveśaḥ" (pāta.yo.sū
 2/5-6-7-8-9) | svakarmāṅi ca kleśāśca, svakarmakleśāḥ, 15
 taiścoditaḥ-prerito garbhaḥ sampadyate, na tu karmakleś-
 aviyuktaḥ | ata eva vītarāgāṅṅam janmāsambhavaḥ, karm-
 akleśarahitatvāt | tathā cōktam-"cittameva hi saṃsāri rāgā-
 dikleśadūṣitam | tadeva tairvinirmuktaṃ muktamityabhi-
 dhīyate | | " iti | atha kiṃ śuddhe śukrārtave eva svakarma- 20
 kleśacodita eva garbhaḥ sampadyate+athavā+anyadapi ki-
 ṅcidapekṣate ? ityāha-yuktivaśāditi | yojanaṃ yuktiḥ, upā-
 deyasyārthasyetikartavyatāsādhanopāyārtham | yuktervaśaḥ-
 sāmārthyam prabhāvo, yuktivaśaḥ | tataḥ śuddhe śukrārt-
 ave svakarmakleśacodita eva sa satvo garbhaḥ sampady- 25
 ate, nānyathā | katham ? ityāha-yuktivaśādagnirivāraṇau |
 tathā hi,- mathyamanthanamathakādisāmagrīmantareṅ-
 raṅāvagniriyathā na jāyate, tathā garbho+api yathoktasā-
 magrīvaikalyāt na bhavati | sakalasāmagrīsadbhāvata eva
 bhavatīti bhāvaḥ | § 6813 30

2.1.5 Aṣṭāṅgahr̥dayasaṃhitā

bījātmakairmahābhūtaiḥ sūkṣmaiḥ satvānugaiśca
saḥ | | 2 | |
mātuścāhārarasajaiḥ kramātkukṣau
vivaraddhate | | 2 | | § 6815

2.1.6 Sarvāṅgasundarā

bījātmakaiḥ-garbhajarāyusvabhāvaiḥ śukrārtavarūpatāṃ
pariṇataiḥ | kaiḥ ? mahābhūtaiḥ, -ākāśādibhiḥ satvara-
jastamomayaiḥ, "tatra satvabahulamākāśam, rajobahulo
vāyuḥ, satvarajobahulo+agniḥ, satvatamobahulā āpaḥ,
5 tamobahulā pṛthvī ceti |" (su.śā. a.1/20) ityevamrūp-
aiḥ | saḥ-garbhāḥ, kukṣau vivaraddhate-viśeṣeṇa vṛddhiṃ
yāti | kimbhūtaiḥ ? sūkṣmaiḥ,-atīndriyairyogidṛśyaiḥ | ta-
thā, satvaṃ-ceto+anugacchantīti satvānugāni, taiḥ | ya-
tra satvaṃ tiṣṭhati tatrāvaśyaṃ tānyapi tiṣṭhanti, sā-
10 tvānuśāyitvātteṣāṃ | tathā cōktam (carake śā. a.2/37)-
"atīndriyaistairatisūkṣmarūpairātmā kadācinna viyuktap-
ūrvaḥ |" ityādi | caśabdo hetusamuccayārthaḥ | [na keva-
laṃ mahābhūtairhetubhūtairgarbho vivaraddhate yāvanm-
ātuścāhārarasajairityato vakṣyamāṇāddhetorapi varddh-
15 ata ityārthaḥ | māturityādi | mātuḥ sambandhibhirāhārara-
sajaiśca kukṣau vivaraddhate | caśabdo+atrānuktasamuccayārthaḥ |
] na kevalaṃ pūrvoktādyathānirdiṣṭhāddhetorgarbhaḥ
kukṣau vivaraddhate, yāvananirdiṣṭhādapi mātuḥ saum-
anasyādeḥ kalalārbuda peśyādyavasthābhāvena viśeṣato
20 vṛddhiṃ yātīti | katham vivaraddhate ? ityāha-kramāt,-
na jhaṭityeva | nanu, "mātuścāhārarasajaiḥ" iti katham-
uktam ? yataḥ pañcabhūtātmaka evāhārarasāḥ | na ca
yadātmako+asau sa tasyaiva janmakāraṇaṃ bhavituma-
rhati, avyatiriktatvāt | tasmādevamayam vyākhyātavyaḥ,-
25 āhārarase jātairāhārarasajaiḥ | saptamyantādupapadājan-
erḍaḥ | mātūrāhārarasātmanā pariṇatairiti | § 6816

2.1.7 Aṣṭāṅgahṛdayasaṃhitā

tejo yathā+arkaraśmīnām sphaṭikena tiraskṛtam || 3 ||
nendhanam dṛśyate gacchatsatvo garbhāśayam
tathā || 3 || § 6818

2.1.8 Sarvāṅgasundarā

na kevalam dṛśyatvādrśyatvābhyām vastusadbhāvāsa-
dbhāvau vyavasthā+apyete, yenādrśyatvātsatvasya ku-
kṣau praveśāsambhavaḥ | kintarhi ? tatkāryānyathānu-
papattyā+api vastusadbhāvo vyavasthāpyata eva | tathā
ca,- yathā+arkaraśmīnām sambandhi tejaḥ sphaṭikena- 5
sūryakāntākhyena, tiraskṛtam-vyavahitam, sphaṭikasyā-
dhastāt sthitamindhanam gacchat-vrajan, na dṛśyate |
atha ca tejaḥkāryamindhanam gataḥ [dṛśyate nānyas-
ambandhi kāryam | tadevam tejaḥkāryānyathānupapa- 10
ttyā tejasa indhanagamanam], tathā tatra tasya sadbh-
āvo+apyadhigamyate | evam satvo garbhāśayam gacchan-
vrajan, na dṛśyata eva | vastuprabhāvādgacchati ca | sa-
tvaśabda upalakṣaṇārthaḥ, mahābhūtānyapi tadantargat-
āni na dṛśyanta eva, atha ca kāryeṇopalabhyanta eva | ta- 15
devam satvānuyāyibhirmahābhūtairgarbhaḥ kukṣau viv-
arddhate, na tu kevalaiḥ satvānadhiṣṭhitaḥ | cetovakrā-
ntyā hi kramātkalalādinā vastujātam vivṛddhivimalatām-
āpadyate, nānyathā mṛtaśarīravat | § 6819

2.1.9 Aṣṭāṅgahṛdayasaṃhitā

kāraṇānuvidhāyitvātkāryāṇām tatsvabhāvatā || 4 ||
nānāyonyākṛtiḥ satvo dhatte+ato
drutalohavat || 4 || § 6821

2.1.10 Sarvāṅgasundarā

kāraṇam-hetum, avaśyamanuvidadhatīti kāraṇānuvidhā-
yīni | āvaśyake ṇiniḥ | kāraṇasvabhāvāni kāryāṇi bha-

vanti sarvāṅyeva, tasmāddhetoḥ kāryāṅṇaṃ tatsvabhāv-
atā | svabhāvaśabdaḥ sadṛśārthaḥ | tacchabdena kāraṇaṃ
parāmr̥syate, tasya-kāraṇasya svabhāvatā, tatsādr̥śyam |
tasmātkāryakāraṇasādr̥śyāddhetoḥ satvomahābhūtānuga
5 ekarūpa eva, anekarūpā nānāyonyākṛtīḥ- jātibimbaviše-
śān, dhatte-dhārayati | kathamiva ? drutalohavat | yathā
rūpyādivastujātamagninā drutarūpatāṃ gatamekarūpam-
eva sikthādikalpitāyāṃ nānārūpāyāṃ manuṣyādyākṛtau
tanniṣiktaṃ tāṃ tāmākṛtiṃ yathākalpitāṃ dhatte, evaṃ sa
10 satvo nānāyonau gacchati, tāṃ tāṃ yathāsvamākṛtiṃ dh-
ārayati | § 6822

2.1.11 Aṣṭāṅgahr̥dayasaṃhitā

ata eva ca śukrasya bāhulyājāyate pumān | | 5 | |
raktasya strī, tayoh sāmye klībaḥ-
----- | | 5 | | § 6824

2.1.12 Sarvāṅgasundarā

ata eva ca - pūrvoktātkāryakāraṇasādr̥śyākhyāddhetoḥ,
śukrasyapumretaso, bāhulyāt- bahutvāt, sāmārthyalabhy-
ācca strīretorajolpatvāt pumān jāyate na strī, tathāvidhasya
kāraṇasyābhāvāt | ["tathā, ata eva-pūrvoktātkāryakāraṇasādr̥śyāt
5 strīretaso" raktasya, bāhulyāt-bāhutvāt, sāmārthyalabhy-
ācca pumretolpatvāt strī jāyate na pumān, tathāvidha-
sya kāraṇasyābhāvāt |] pumreto hi balavat, alpaṃ strī-
rajo+abhibhūya puṃgarbhasya kāraṇatāṃ yāti | yadā tu
strīrajaso balavatvamalpatvaṃ ca pumretasaḥ, tadā+alpaṃ
10 tu pumreto+abhibhūya strīrajaḥ strīyākhyasya garbhasya
kāraṇatāmāpadyate | yadā tu śukrārtavayoh sāmyaṃ-
tulyatvaṃ bhavati, tadā na strī na pumān jāyate, api tu li-
ṅgadvayāliṅgitaḥ klībaḥ-śaṅdho, jāyate | evaṃ pituḥ sa-
mbandhi śukraṃ strīraktamiśritaṃ garbhakāraṇam | na
15 kevalampitṛsambandhyeva māturvā | dāruvāhinā tūktam-
"strīpumṣayostu saṃyoge yadyādau visṛjetpumān | śu-
kraṃ, tataḥ pumān vīro jāyate balavān dṛḍhaḥ | | atha

cedvanitā pūrvam viśṛjedraktasaṃyutam | tato rūpānvitā
kanyā jāyate dr̥dhasaṃhatā | | " iti | ata eva ca puṃgarbhāḥ
kecitkiñcinmāṭṛsadr̥śā dr̥śyante, strīgarbhāśca kecitkiñci-
tpitṛsadr̥śā dr̥śyante | nanu, "rasādraktaṃ tato māṃsaṃ 5
māṃsānmedastato+asthi ca | asthno majjā tataḥ śukraṃ
śukrādgarbhāḥ prajāyate | | " (hr̥. śā. a. 3/62) ityaviśiṣya ni-
rdiṣṭam, na tu puṃśukrādgarbhāḥ prajāyata ityevaṃ nirdi-
iṣṭam | ubhayorapi ca strīpuṃsayoravaśyaṃ saptadhātuk-
atvamabhyupagantavyam, na puṃsa eva | tadevaṃ taru-
ṇīnāṃ kusumaśarākrāntamānasānāṃ tathāvidhena puru- 10
ṣasaṃyogena vinā kevalāt smṛtisaṃsparśadarśanāccalita-
prastruta (rakta)retasāṃ kimiti garbho na jāyate ? śukrārt-
avaṃ hi garbhakāraṇam | tacca sannihitameveti kecit | tān
brūmahe | puṃśukrābhāvāt | puṃśukraṃ hi strīretorakt-
ayuktaṃ garbhakāraṇam | na ca tadatrāsti | tadabhāvādgar- 15
arbhasyānutpattiḥ | tathā saṅgrahe+apyadhyagīṣṭa (śā. a.
1)-"yoṣito+api stravantyeva śukraṃ puṃsaḥ samāgame |
garbhasya tu na tatkiñcitkatotīti na cintyate | | " iti | § 6825

2.1.13 Aṣṭāṅgahṛdayasaṃhitā

śukrārtave punaḥ | | 5 | |
vāyunā bahuśo bhinne yathāsvaṃ
bahvapatyatā | | 6 | | § 6827

2.1.14 Sarvāṅgasundarā

vātena yathāsvaṃ śukrārtave bahuśo bhinne-bahudhā kṛte
sati, bahvapatyatā bhavati | yathāsvamiti yadā śukramā-
dhikyena vartamānaṃ vātena bahudhā bhidyate tadā pu-
ṃgarbhānekatvam, yadā tu strīraja ādhikyena vartamā-
naṃ vāyunā bahudhā bhidyate tadā strīgarbhānekatvam, 5
iti bahvapatyatā bhavati | sūkarasārameyādijātiṣu tvanen-
aiva hetunā sadā+avekāpatyatā | § 6828

2.1.15 Aṣṭāṅgahṛdayasaṃhitā

viyonivikṛtākārā jāyante vikṛtairmalaiḥ | | 6 | | § 6829

2.1.16 Sarvāṅgasundarā

viyonayaśca vikṛtākārāśca viyonivikṛtākārāḥ, te tathāvi-
dhā garbhā jāyante | katham ? ityāha-vikṛtairmalaiḥ | vāt-
ādibhirduṣṭairunmārgagāmibhiḥ | § 6830

2.1.17 Aṣṭāṅgahr̥dayasaṃhitā

māsi māsi rajaḥ strīṅām rasajaṃ stravati tryaham | | 7 | |
vatsarādvādaśādūrdhvaṃ yāti pañcāśataḥ
kṣayam | | 7 | | § 6832

2.1.18 Sarvāṅgasundarā

strīṅām māsi māsi-pratimāsaṃ, rajo-raktaṃ, tryahaṃ
stravati-trīṅi dināni pravartate | nanu, "śuddhe śukrārt-
ave" iti pūrvam śukramevoddiṣṭam, tatastasyaiva nirdeśo
nyāyya iti śukramānupūrvīprāptamullaṅghya kasmādra-
5 ktaṃ nirdiṣṭam ? ucyate | bahuvaktavyatvāt | rakte hi ba-
huvaktavyamasti, atastadeva prāgvaktum yuktam | trya-
hamiti "kālādhvanoḥ" iti dvitīyā | kimbhūtaṃ rajaḥ ? ra-
sājātaṃrasajaṃ | nanu, raktaṃ rasajameva | vakṣyati hi
(hṛ. śā. a. 3/62)- "rasādraktaṃ tato māṃsaṃ" ityādi | ta-
10 tkimārthaṃ rasajamityuktam ? brūmahe | rasāt-āhārasāt
pariṇamato jātaṃ rasajamityatra nirdiṣṭam, na tu rasa-
dhātoḥ, ityacodyametāt | kutaḥprabhṛti tadrajaḥ prava-
rtate ? ityāha-vatsarādityādi | dvādaśādvārṣādūrdhvaṃ-
anantaram, stravati | pañcāśato varṣādūrdhvaṃ-pareṇa,
15 kṣayam yāti | dvādaśānām pūraṇam varṣamiti "tasya pū-
raṇo ḍaṭ" iti ḍaṭ | dvādaśāditi prāyikametāt, ekādaśavārṣi-
kāṅāmapi strīṅām raktapravṛttidarśanāt | pañcāśataḥ kṣa-
yamityatrāpyevameva cintyam | § 6833

2.1.19 Aṣṭāṅgahr̥dayasaṃhitā

pūrṇaṣoḍaśavarṣā strī pūrṇaviṃśena saṅgatā | | 8 | |
 śuddhe garbhāśaye mārge rakte śukre+anile
 hr̥di | | 8 | |
 vīryavantam sutam sūte tato nyūnābdayoḥ
 punaḥ | | 9 | |
 rogyalpāyuradhanyo vā garbho bhavati naiva
 vā | | 9 | | § 6837

2.1.20 Sarvāṅgasundarā

pūrṇāni ṣoḍaśavarṣāṇi yasyāḥ sā, evaṃvidhā strī pūrṇ-
 aviṃśena nareṇa saṅgatā-mithunatām yātā satī, garbh-
 āśayādiṣu śuddheṣu vīryavantam-sāmarthyayuktam, pu-
 tram sūte-janayati | prāyikaṃ caitat, arvāgapi sādhu-
 rbhadarśanāt | ata evāyameva tantrakāro+anyathā saṅgr- 5
 ahe jagāda (śā. a. 1)- "ṣoḍaśavarṣāyām pañcaviṃśativ-
 arṣaḥ putrārtham prayateta |" iti | viṃśateḥ pūraṇa iti
 ḍaṭṭiti "viṃśateḥ" iti tilope viṃśaśabdaḥ | pūrṇo viṃśo
 yasyeti pūrṇaviṃśaḥ | garbhasyāśayo garbhāśayaḥ, ta-
 smin | śuddhe-nirmale, vātādibhiraduṣṭe | tathā, mārge 10
 prakṛtatvādapatyamārge, vātādibhiraduṣṭe | tathā, rakt-
 estrīrajasi, śuddhe | tathā, śukre-pumbīje, śuddhe | ta-
 thā, anile śuddhepittādibhiranāvṛte | tathā, hr̥di-śuddhe-
 doṣānadhiṣṭhite+asantapte | tataḥ-pūrvoktādvayaḥparimāṇāt,
 nyūnābdayoḥ-hīnavarṣayoḥ strīpuruṣayoḥ pañcadaśaṣṭā- 15
 daśavarṣayoḥ, rogī bhavati | rogītyatiśaya inirmatvarth-
 īyaḥ | tathotpanno+alpāyuradhanyaśca-apraśasto, garbho
 bhavati | na bhavatyeva vā | § 6838

2.1.21 Aṣṭāṅgahr̥dayasaṃhitā

vātādikuṇapagranthipūyākṣiṇamalāhvayam | | 10 | |
 bījāsamartham
 retosram----- | | 10 | | § 6840

2.1.22 Sarvāṅgasundarā

ādiśabdena pittaśleṣmaṇoḥ parigrahaḥ | vātādayaśca ku-
ṇapaṃ ca granthiśca pūyaśca kṣīṇaṃ ca malaṃ ceti dva-
ndvaḥ | eta āhvayaḥ- samjñāḥ, yasya retostrasya tadevam |
āhvayaśabdaḥ pratyekaṃ vātādiṣu yojyaḥ | retaścāstraṃ
5 ca retostraṃ vātādyāhvayam | vātasamjñāṃ śukraṃ vātāś-
ukram | evaṃ pittaśukraṃ kaphaśukram | kuṇapagandh-
itvātakuṇapaṃ nāma śukraṃ kuṇapaśukram, tadraktena
duṣṭena bhavati | evaṃ granthiśukraṃ pūyaśukraṃ kṣī-
ṇaśukram | malāhvayam tu dvidhā,-mūtrapuriṣabhedāt |
10 mūtrasadṛśaṃ śukraṃ mūtraśukram | evaṃ puriṣaśu-
kram | ārtavamapi śukravaddoṣadūṣitamabījameva | ta-
sya liṅgaṃ nāma ca śukravaddvedyam | yathā,-vātārtavaṃ
pittārtavamityādi, yāvatpuriṣārtavamiti | sādhyāsādhyav-
ibhāgaśca tadvadeva | śukrārtavadoṣeṣu ca cikitsāmapi tu-
15 lyāṃ brūte | yatra tu viśeṣaṃ drakṣyati, tatra viśeṣamabh-
idhāsyati | yathā (ślo.15)-"pibedgranthyārtave pāṭhā" ity-
ādi | § 6841

2.1.23 Aṣṭāṅgahr̥dayasaṃhitā

-----svaliṅgairdoṣajaṃ vadet | | 10 | |
raktena kuṇapaṃ, śleṣmavātābhyāṃ
granthisannibham | | 11 | |
pūyābhaṃ raktapittābhyāṃ, kṣīṇaṃ
mārutapittataḥ | | 11 | |
kṛcchrāṇyetānyasādhyam tu tridoṣaṃ
mūtraviṭprabham | | 12 | | § 6845

2.1.24 Sarvāṅgasundarā

svāni ca tāni liṅgāni-lakṣaṇāni ca, svaliṅgāni,-yathāsvaṃ
vātādīnāṃ rūpāṇi | yathā,-rūkṣaśyāvāruṇādīni vāyoḥ, vi-
stragandhyausṇyādīni pittasya, snigdhapāṇḍupicchilād-
īni kaphasya taiḥ svaliṅgairvātādidoṣajaṃ vadet- jā-
5 nīyāt,vaidyaḥ | iti śeṣaḥ | raktena duṣṭena kuṇapaṃ-

kuṇapagandhitvātkuṇapasamjñam, anvartham retostram
 bhavati | evam granthyādīnāmapyanvarthasamjñatā bo-
 dhyā | śleṣmavātābhyām duṣṭābhyām granthisannibham-
 granthyākāram | pūyābham-pūyasadrśam, raktapittābhyām
 retostram pūyāhvayam bhavati | kṣīṇam nāma retostram 5
 mārutapittato bhavati, mārutapittābhyām duṣṭābhyām
 duṣṭam taddūṣānāt kṣīṇatām nītamityarthaḥ | pūrvokt-
 ānīmāni vātādīśukrārtavāni kṣīṇaśukrārtavāntāni kṛcchr-
 asādhyatvāt kṛcchrāṇi | asādhyam tviti | mūtram ca viṭ
 ca mūtraviśau, tayoriva prabhā yasya tadevam | retostr- 10
 amubhayamapi malasamjñam | tridoṣam-tridoṣaduṣṭam |
 asādhyam-sādhayitumaśakyam | § 6846

2.1.25 Aṣṭāṅgahṛdayasamhitā

kuryādvātādibhirduṣṭe

svauśadham----- | | 12 | | § 6847

2.1.26 Sarvāṅgasundarā

svam-ātmīyam, ca tadauśadham ca svauśadham, vātādya-
 uśadhamityarthaḥ | tena vāyoḥ kupitasya yadauśadham-
 praśamopāyaḥ snigdhoṣṇāmlalavaṇādi, pittasya madhu-
 raśītakaśāyādi, śleṣmaṇaḥ kaṭukarūkṣakaśāyādi, tattasya
 bheṣajamityavatiṣṭhate | viśeṣatastu-"vātajeśukradoṣe vas- 5
 ukasaindhavaphalāmlasiddham yavakṣārapratīvāpaṃ sa-
 rpiṣpānam, bilvavidārīsiddham kṣīrayuktamāsthāpanam,
 madhubhadradārusiddham tailamanuvāsanam, kṣīraku-
 līrarasasiddham tailamanuvāsanamuttarabastiśca | paitt-
 ike kāṇḍekṣuśvadamṣṭrāguḍūcīkvāthasiddham mūrvām- 10
 adhūkapratīvāpaṃ sarpiṣpānam, trivṛccūrṇaḥ saghr̥to vi-
 rekaḥ payasyāśrīparṇīsiddham kṣīrayuktamāsthāpanam,
 madhukamudgaparṇīsiddham tailamanuvāsanamuttara-
 vastiśca | ślaiṣmike pāṣāṇabhedāśmantakāmalakakvātha-
 siddham pippalīmadhukacūrṇapratīvāpaṃ sarpiṣpānam, 15
 madanaphalakaśāyo vamanam, dantīviḍaṅgacūrṇastail-
 alīḍho virekaḥ, rājavṛkṣamadanaphalakaśāyapragāḍha-

māsthāpanam, madhukapiplīsiddham tailamanuvāsana-
muttarabastiśca | vātaje puṣpadoṣe bhārgībhadrādārus-
iddham sarpiṣpānam, kāśmaryakṣudrasahāsiddham vā
kṣīram, madhukaśṛgālavinnākalkam payaḥsarpiḥsahitam
5 priyaṅgutilakalkam vā yonau dhārayet, saralamudgaparṇ-
īkaṣāyaḥ prakṣalanam | pittaje kākolidvayavidārīmūlakv-
āthamutpalapadmakakvātham madhukapuṣpakāśmarya-
phalakvātham vā saśarkaram pibet, śvetacandanakvātham
vā sakṣaudram | " ityādikaṃ saṅgrahāt (śā. a. 1) bodhyam |
10 § 6848

2.1.27 Aṣṭāṅgahr̥dayasaṃhitā

-----kuṇape punaḥ | | 12 | |
dhātakīpuṣpakhadiradāḍimārjunasādhitam | | 13 | |
pāyayetsarpirathavā
vipakvamasanādibhiḥ | | 13 | | § 6851

2.1.28 Sarvāṅgasundarā

kuṇapāhvaye tu retasi dhātakyādidravyasādhitam gh-
ṛtam pāyayet, vaidya iti śeṣaḥ | athavā, asanādibhiḥ-
asanādiguṇoddiṣṭairbheṣajaiḥ (hr̥.sū.a.15/19) vipakvam
ghṛtam pāyayet | nanu, kuṇapa iti sāmānyoktāvapi ka-
5 tham retasīti viṣeṣo labhyate | brūmaḥ | retaḥprakara-
ṇāt | api ca kuṇapāstrasya purastādopakramam vakṣyati
(ślo.16)-"peyam kuṇapapūyāsre" iti | tasmādreṭasa eveha
grahaṇam yuktaṃ | punargrahaṇamatra vātādiduṣṭe ret-
asyasroktām kriyām kuryāditi dyātayati | § 6852

2.1.29 Aṣṭāṅgahr̥dayasaṃhitā

sāmpratam granthisaṃjñe retasyupakramam brūte----
palāśabhasmāśmabhidā
granthyābhe----- | | 14 | | § 6853

2.1.30 Sarvāṅgasundarā

palāśasya bhasma palāśabhasma | āsmabhit-pāṣāṅghedaḥ |
palāśabhasma cāsmabhicca, tena vipakvaṃ ghr̥taṃ granthyābhe-
granthināmni retasi, pāyayet | § 6854

2.1.31 Aṣṭāṅgahr̥dayasaṃhitā

-----pūyaretasi | | 14 | |
paruṣakavaṭādibhyām-----
| | 14 | | § 6856

2.1.32 Sarvāṅgasundarā

pūyākhye retasi parūṣakavaṭādibhyām vipakvaṃ ghr̥taṃ
pāyayet | paruṣakaśca vaṭaśca parūṣakavaṭau, tāvādī yay-
orgaṇayostau paruṣakavaṭādī, tābhyām | "paruṣakaṃ varā
drākṣā" (hr̥.sū. a.15/13) iti paruṣakādih | tathā, "nyagrodh-
apippala" (hr̥.sū. a. 15/41) iti vaṭādih | § 6857

5

2.1.33 Aṣṭāṅgahr̥dayasaṃhitā

-----kṣīṇe śukrakarī kriyā | | 14 | | § 6858

2.1.34 Sarvāṅgasundarā

kṣīṇe-kṣīṇatvāt kṣīṇāhvaye retasi, śukrakarī kriyā | kāryeti
śeṣaḥ | śukralamatisāyena sevyamityarthaḥ | § 6859

2.1.35 Aṣṭāṅgahr̥dayasaṃhitā

saṃsuddho viṭprabhe
sarpirhiṅgusevyādi(gni)sādhitam | | 15 | |
pibet-----
| | 15 | | § 6861

2.1.36 Sarvāṅgasundarā

saṃśuddhaḥ-kṛtavamanavirecanaḥ, viṭṭrabhe-viṇmalasaddaśe
retasi, āturo ghr̥taṃ pibet | kimbhūtam ? hiṅgusevyādisā-
dhitam | atrādiśabdo vyavasthāvācī | tena saṅgrahoktasya
(śā. a. 1)- "hiṅgūsīra[citrakairathavā] citraka[vitunnaka] pr-
5 iyaṅgu[hiṅgu]samaṅgāmṛṇālasiddhamelācocacūrṇapratīvāpam | "
ityasya pāṭhasya sūcanā bhavati | hiṅgusevyāgnisādhitam-
mityapare peṭhuḥ | nanu, "asādhyam tu tridoṣam mūtrav-
iṭṭrabham | " (ślo.12) ityuvāca tantrakṛt | tatkimityasya ci-
kitsopadiṣṭā ? brūmaḥ | kiñcitsādhyatā+apyasyāstīti prati-
10 pādayitum cikitsāmupadideśa śāstrakāraḥ | ata eva mūtr-
aprabhasyāsādhyatvāccikitsām nopādiśat | mūtraprabhā-
rtavaviṭṭrabhārtavayorapyasādhyatvādevopakramam nā-
bhyadhāt | § 6862

2.1.37 Aṣṭāṅgahr̥dayasaṃhitā

vātadyārtaveṣu "svauśadham kuryāt" (ślo.12)

ityuktam | | 15 | |

kuṇapagranthyadyārtaveṣu viśeṣeṇa cikitsām

vakṣyati -----

----- | | 15 | |

-----granthiyārtave pāṭhāvyoṣavṛkṣakajam

jalam | | 15 | | § 6865

2.1.38 Sarvāṅgasundarā

granthiyārtave-granthināmryārtave strīrajasi, jalam pibet |
kimbhūtam ? pāṭhādijātam | pāṭhā-prācīnā | vyoṣam-
trikaṭukam | vṛkṣakaḥ-kuṭajah | § 6866

2.1.39 Aṣṭāṅgahr̥dayasaṃhitā

peyaṃ kuṇapapūyāstre candanam vakṣyate tu yat | | 16 | |

guhyaroge ca tatsarvam kāryam

sottarabastikam | | 16 | | § 6868

2.1.40 Sarvāṅgasundarā

kuṇapākhye rajasi pūyākhye cāpi candanaṃ peyam | atra
'dravānuktau jalaṃ deyam' (hr̥. ka. a. 6/23) iti paribhāṣ-
ayā jalena pātavyamiti bodhyam | kṣīṇārtava iha cikitsitaṃ
noktam, tacca svadhiyohyam | yathā kṣīṇaretasi śukrakarī
kriyā kāryetyuktam, tathā kṣīṇe rakte raktakarī kriyā kā- 5
ryeti | na ca kevalametatpūrvoktameva cikitsitaṃ kāryam,
yāvadguhyarogapratīṣedhe yadvakṣyate-bhaṇiṣyate, tad-
api sarvaṃ sādhanam yathāyogaṃ vamanādi yonau pic-
ukadhāraṇādikaṃ ca kāryam | kimbhūtam ? sottarabast-
ikam | sahottarabastinā vartata iti sottaravastikam | utta- 10
rabastirapi tatra kārya ityarthah | sottarabastikamiti "tena
saheti tulyayoge" iti vahuvrīhiḥ, "śeṣādvibhāṣā" iti kap, 'vo-
pasarjanasya" iti sabhāvaḥ | uttarabastirapi tatrauṣadham-
ityarthah | § 6869

2.1.41 Aṣṭāṅgahr̥dayasaṃhitā

śukraṃ śuklaṃ guru snigdham madhuraṃ bahalaṃ
bahu | | 17 | |
ghṛtamākṣikatailābham sadgarbhāya ārtavaṃ
punaḥ | | 17 | |
lākṣārasaśāstrābham dhautam yacca
virajyate | | 18 | | § 6872

2.1.42 Sarvāṅgasundarā

śuddhe śukrārtava iti pūrvam śukrasyopadeśātprādh-
ānyācca śukrasya pūrvamupanyāsaḥ | "tatrāhārarasasya
samyakpariṇatasya kramānmajjānamanuprāptasya sārah
śukrasamjñāṃ labhate | tacca kṣīra iva sarpirikṣurasa iva
guḍaḥ śarīre śukradhārām kalāmāśritya sarvāṅgavyāp- 5
itayā sthitam | viśeṣataśca majjamuṣkastaneṣu | harṣod-
īritam tu saṅghaṭṭanena hr̥dayāveśāt piṇḍībhūtamaṅgā-
daṅgātpravartate (saṅgrahe śā. a.1) |" tacca śuklādigu-
ṇayuktaṃ śukram | tathā, ghṛtābham mākṣikābham ta-

ilābhaṃ vā sadgarbhāya-śobhanagarbhārthaṃ, bhavati |
tava ghṛtābhena gauravarṇatvaṃ garbhasya, māṅśikābh-
ena śyāmarṇatvaṃ, tailābhena kṛṣṇavarṇatvaṃ, bha-
vati | "raktameva strīṅāṃ māsi māsi garbhakoṣṭhaman-
5 uprāpya tryahaṃ pravartamānamārtavamācakṣate | ati-
prasaṅgenānṛtau vā pravartamānaṃ tadevāsṛgdarādisa-
mṅñāṃ labhate" (saṃ.śā.a.1) | yadārtavaṃ lākṣā rasābhaṃ-
alaktakarasaśādr̥śam , tathā śāśarudhiraśādr̥śam, tathā ya-
cca dhautavaṃ sadvirajyate-vastrādilagnaṃ dhautavaṃ sallau-
10 hityaṃ jahātītyarthaḥ | tadīdr̥śamārtavaṃ tu sadgarbhāya
sampadyate | § 6873

2.1.43 Aṣṭāṅgahr̥dayasaṃhitā

śuddhaśukrārtavaṃ svasthaṃ saṃraktaṃ mithunaṃ
mithaḥ | | 18 | |
snehaiḥ puṃsavanaiḥ snigdhaṃ śuddhaṃ
śīlitabastikam | | 19 | | § 6875

2.1.44 Sarvāṅgasundarā

śukraṃ cārtavaṃ ca śukrārtave, śuddhe śukrārtave yasya
mithunasya tacchuddhaśukrārtavaṃ,-strīpuruṣayugalaṃ,
samupācarediti sambandhaḥ | tathā, svasthaṃ-arogam,
rogaleśenāpyanākrāntam | tathā, mithaḥ parasparaṃ, saṃraktaṃ-
5 anurāgayuktamanyonyadarśanena kusumacāpāviṣṭamev-
aṃvidham | snehaiḥ puṃsavanaiḥ-yathābhimatagarbhagrahaṇaprabhāvaiḥ
phalasarpirmahākalyāṇakādibhiḥ, snigdham | tathā, śuddhaṃ-
kṛtavamanavirecanam | tathā śīlitabastikam, śīlitāḥ-abhyāsenānuṣṭhitāḥ,
bastayo yena-mithunena, taccīlitabastikam | na sakṛdevān-
10 uṣṭhitabastikamityarthaḥ | § 6876

2.1.45 Aṣṭāṅgahr̥dayasaṃhitā

naraṃ viśeṣātkṣīrājyairmadhuraūśadhasaṃskṛt-
aiḥ | | 19 | | § 6877

2.1.46 Sarvāṅgasundarā

viśeṣāt-viśeṣeṇātīśayena, naraṃ kṣīrairghṛtaiśca samupā-
careditsi sambandhaḥ | viśeṣādityanenaitat dyotayati | vi-
śeṣeṇa naraṃ kṣīrājyaiḥ samupācaret, na punarnārīmapi
tairna samupācareditsi | kimbhūtaiḥ ? madhurauṣadhasa-
mskṛtaiḥ madhurāṇi-madhuraprāyāṇi madhuraprabhāv- 5
āṇi ca tānyaūśadhāni-jīvaniyādīni, [ca]tairmadhuraūśadhaiḥ,
saṃskṛtaiḥ-siddhaiḥ | § 6878

2.1.47 Aṣṭāṅgahrdayasaṃhitā

nārīṃ tailena māṣaiśca pittalaiḥ samupācaret | | 20 | | § 6879

2.1.48 Sarvāṅgasundarā

nārīṃ tailena māṣaiśca samupācaret | caśabdo+atra bh-
innakramaḥ | pittalaiśca samupācareditsiyarthah | pittal-
āni hi raktavṛddhihetavaḥ | uktaṃ hi (hr̥. sū. a. 11/26)-
"āśrayāśrayiṇāṃ mithaḥ | yadekasya tadanyasya varddh- 5
anakṣapaṇauśadham | |" iti | evaṃ ca tailaṃ pittakṛttv-
ādevopanyastam | viśeṣādityatrāpyanuvartate | kṣīrājye-
bhyo+api viśeṣeṇa nārīṃ tailadibhiḥ samupācareditsiya-
rthah | puruṣasya tu rajaso+abhāvāttadvṛddhihetavastailādayo
nopayujyanta eva | § 6880

2.1.49 Aṣṭāṅgahrdayasaṃhitā

kṣāmaprasannavadanāṃ
sphuracchroṇipayodharām | | 20 | |
svastākṣikuṣiṃ puṃskāmāṃ vidyādr̥tumatīṃ
striyam | | 21 | | § 6882

2.1.50 Sarvāṅgasundarā

kārśyahetuṃ vinā kṣāmaṃ, tathā prasannaṃ-nirmalaṃ,
vadaṇaṃ-mukhaṃ, yasyāḥ saivambhūtā, tām | śroṇīśca

payodharau ca śroṇipayodharam, sphurat-kampamānaṃ,
śroṇipayodharaṃ yasyāḥ sā, tām | śroṇiḥ-kaṭiḥ | straste-
ca(ga)lite, ivākṣiṇī kuḥṣiṣca yasyāḥ sā tām | tathā, puṃsi
kāmaḥ-abhilāṣo, yasyāḥ sā, tām | evaṃvidhāṃ striyamṛtumatiṃ-
5 ṛtuyuktāṃ, vidyāt | tasyāḥ sa garbhagrahaṇakāla itya-
rthaḥ | puṃskāmāmiti "saṃpuṃkānāṃ so vaktatryaḥ" iti
makārasya sakāradeśādṛutvābhāvaḥ | § 6883

2.1.51 Aṣṭāṅgahr̥dayasaṃhitā

padmaṃ saṅkocamāyāti dine+atīte yathā, tathā | | 21 | |
ṛtāvātīte yoniḥ, sā śukraṃ nātaḥ
praticchati | | 22 | | § 6885

2.1.52 Sarvāṅgasundarā

yathā divā praphullaṃ padmamanantaraṃ divasātikrā-
ntau saṅkocamāyāti-mukulabhāvaṃ prāpnoti, tatsvabhā-
vatvāttasya | tathā-tenaiva prakāreṇa, ṛtāvātīte-atikrānte
dvādaśarātrasvabhāve yoniḥ saṅkocamāyati | sā ca-yoniḥ,
5 [ataḥ] saṅkucitatvāt śukraṃ na praticchatīti | § 6886

2.1.53 Aṣṭāṅgahr̥dayasaṃhitā

vivṛtāvivṛtamukhatvaṃ hi
yonergarbhagrahaṇāgrahaṇahetuḥ | | 22 | |
tacca vāyoḥ kriyāvataḥ
kālasahāyasyāyattamityāha -----
----- | | 22 | |
māsenopacitaṃ raktaṃ dhamanībhyāmṛtau
punaḥ | | 22 | |
īṣatkṛṣṇaṃ vigandhaṃ ca
vāyuryonimukhānnudet | | 23 | | § 6890

2.1.54 Sarvāṅgasundarā

māsenā yadupacitamāhārarasato vṛddhiṃ prāptam rak-
 tmaṃ tatpunarmāsenopacitam raktamṛtau vāyuryonimukhānnudet-
 prerayet | vidhau liṅ | tadā yonimukhaṃ vivṛtam samp-
 adyate | kena nudet ? dhamanībhyāmsrotoviśeṣābhyāṃ |
 kimbhūtam raktam ? īṣātkṛṣṇam, tathā vigandhamvisraga- 5
 ndharahitam | prakṛtisthaprerakapavanasamparkādīṣatk-
 ṛṣṇatā, na tu kupitasamīraṇapreraṇasamśleṣavaśādivāty-
 antam kṛṣṇatā | nāpi pittena tathābhūtena yuktaṃ, yena
 vistragandhi syāt | nāpi śleṣmaṇā tathābhūtena yuktaṃ,
 yena tadvarṇayuktaṃ syāt | tasmācchuddham viśiṣṭe kāle 10
 yonimukhātpravartamānam raktamārtavasamjñam labh-
 ate | tadeva cānyadā yonimukhātpravartamānamasṛgdar-
 asamjñāmāsādayati | § 6891

2.1.55 Aṣṭāṅgahrdayasamhitā

śuddham ca raktam puṣpasamjñam, garbhākhyasya
 phalasya
 bhaviṣyato+abhivyañjakatvāt | | 23 | |
 ata evāha-----
 ----- | | 23 | |
 tataḥ puṣpekṣaṇādeva kalyāṇadhyāyinī
 tryaham | | 23 | |
 mṛjālaṅkārahitā darbhasamstaraśāyinī | | 24 | |
 kṣaireyam yāvakaṃ stokaṃ 5
 koṣṭhaśodhanakarṣaṇam | | 24 | |
 parṇe śarāve haste vā bhuñjīta
 brahmacāriṇī | | 25 | |
 caturthe+ahni tataḥ snātā śuklamālyāmarā
 śuciḥ | | 25 | |
 icchantī bhartṛsadṛṣam putram paśyētpurāḥ
 patim | | 26 | | § 6899

2.1.56 Sarvāṅgasundarā

puṣpekṣaṇāt-puṣpasya darśanādevānantaraṃ, strī tryahaṃ-
trīṇi dināni, kalyāṇaṃ-śubhaṃ, avaśyaṃ dhyāyati-cintayatīti
kalyāṇadhyāyinī syāt | āvaśyake ṇiniḥ | tathā, mṛjā-snānakriyā,
alaṅkāraḥ-kaṭakādiḥ puṣpādirvā, alaṅkriyate-bhūṣyate śa-
5 rīramebhiriti kṛtvā, evaṃ gandhamālyasyāpyalaṅkāra-
tvam | tathā ca vakṣyati (hr̥. ci. a. 5/82)- "gandhamāly-
ādikāṃ bhūṣāṃ" iti | mṛjālaṅkārabhyāṃ rahitā-varjitā |
tathā darbhāṇaṃ saṃstaraḥ-śayyā, tatra śete sā darbh-
asaṃstaraśāyinī | "vrate" iti ṇiniḥ | tathā, kṣaireyaṃ-
10 kṣīrasiddhaṃ, yāvakaṃ-yavānnaviśeṣaṃ, parṇe śārāve
haste vā bhujjīta-bhakṣayet | kiyanmātram ? stokaṃ-
alpamātram | tatksaireyamupayuktaṃ kīdr̥śaṃ syāt ?
ityāha-koṣṭhaśodhanakarṣaṇamiti | śodhanaṃ ca karṣa-
ṇaṃ ca śodhanakarṣaṇaṃ | koṣṭhasya śodhanakarṣaṇaṃ-
15 iti ṣaṣṭhīsamāsaḥ | śārīrasya mahāstroto madhyamo bh-
āga āmapakvasyāśayaḥ koṣṭhaśabdavācyah | sa eva ga-
rbhādhiṣṭhānam, atastasyaiva śodhanaṃ | tathā, tadaṅgā-
nāṃ karṣaṇamiti vyākhyeyam | na punaḥ koṣṭhasya śodh-
anamanyeṣāṃ cāṅgānāṃ karṣaṇaṃ | tathā hi-trivṛddādinā
20 viricyate, naivamanena yāvakena | vastusvābhāvyaṭ ko-
ṣṭhaśodhanakarṣaṇamātrameva kriyate | kṣaireyamiti "kṣ-
īrāḍḍhañ" iti ḍhañ | yāva eva yāvaka iti "yāvādibhyaḥ
kan" iti kan | tathā, brahmacāriṇī-tyaktavyavāyā, syāt |
tataḥ-tryahādūrdhvaṃ, caturthe vāsare snātā, tathā śu-
25 klāni mālyānyambarāṇi ca yasyāḥ saivam, tathā śuciḥ-
antarbahīśca pavitrā satī, puraḥ-pūrvam, patiṃ paśyet |
saṅgrahe+apyuktaṃ (śā. a. 1)- caturthe tvahanyudvartitā
śītasalilasnātā+anuliptā+alaṅkṛtā śuklamālyāambarā kṛta-
maṅgalasvastayanaivaṃvidhameva bhartāraṃ paśyeda-
30 nanyamanāḥ | tadā hi yādr̥śaṃ paśyati cintayati vā tādr̥ś-
ameva prasūta iti | " iti | § 6900

2.1.57 Aṣṭāṅghr̥dayasaṃhitā

tatkiṃ tryahameva ṛtuḥ, atraiva puṣpadarśanāt | | 26 | |

athottarakālamapi ? ityāśaṅkyāha----
 ----- | | 26 | |
 ṛtustu dvādaśa niśāḥ pūrvāstisro+atra
 ninditāḥ | | 26 | |
 ekādaśī ca, yugmāsu syātputro+anyāsu
 kanyakā | | 27 | | § 6904

2.1.58 Sarvāṅgasundarā

puṣpadarśanātprabhṛti yāvadvādaśarātrayastāvadr̥turyo-
 ṣitaḥ, na punaratryahameva, yatra puṣpaṃ pravartate,
 iti ṛtuśabdena darśayati | atra-asmin dvādaśaniśāvadhā-
 vṛtukāle, yāḥ pūrvāstistro niśāḥ, yāsu prāyaḥ puṣpaṃ 5
 pravartate, tā nindyāḥ-garhyāḥ sadbhiḥ | na tatra sa-
 nmatih striyaṃ saṅgacchet | ata evātra brahmacāritvo-
 padeśaḥ | tathā, ekādaśī niśā nindyā-aprasastā | caśa-
 bdo+atrānuktāyāstrayodaśyāḥ samuccayārthaḥ | trayod-
 aśyāṃ hi mithunībhāve napuṃsakasyotpattiriti kecidā-
 huḥ | yugmāsu-caturthaśaṣṭhāṣṭamadaśamadvādaśalakṣaṇāsu
 niśāsu, saṅgame putraḥ syāt, acintyatvādr̥tubhāvasya |
 tāsu hi rātriṣvārtavamalpībhavati | anyāsuayugmāsu niś-
 āsu pañcamīsaptamīnavamīṣu, kanyā jāyate | tadā hi śukr-
 amalpībhavati, pūrvoktāddhetoḥ | yadi punarāhārādiva- 15
 śāt śukrasyādhikatvamayugmāsu, yugmāsu cārtavapūrṇ-
 atā syāt, tadā pumān stryākṛtirdurbalo hīnāṅgo vā jāyate,
 strī ca puruṣākṛtirdurbalā hīnāṅgā vā | ekādaśītrayodaśyo-
 stu napuṃsakamiti | tadevaṃ dampatī puṃgarbhamicch-
 antau yugmāsu niśāsu puṃsavanādikaṃ karmācaretām,
 strīgarbhamicchantau tvayugmāsu rātriṣu | § 6905 20

2.1.59 Aṣṭāṅgahṛdayasaṃhitā

upādhyāyo+atha putrīyaṃ kurvīta
 vidhivadvidhim | | 27 | |
 namaskāraparāyāstu śūdrāyā
 mantravarjitam | | 28 | | § 6907

2.1.60 Sarvāṅgasundarā

athetyānantarye maṅgalasūcako nirdiṣṭaḥ | ata evāyamātrārthaḥ-
ṛtukālādanantaram maṅgalapūrvikāṃ sarvāmimāṃ va-
kṣyamāṇāmitikartavyatāṃ kuryāditi | upādhyāyaḥ-purohito+atharvavedavit,
5 putriyaṃ-putrāya hitaṃ, vidhimitthaṃ kurvīta | katham ?
vidhivat na yathākathañcit | vidhivaditi praśamsāyāṃ ma-
tup | kriyāviśeṣaṇaṃ caitat, tena praśastaṃ vedoktamany-
ūnātiriktavidhānaṃ yathā bhavati tathāvidhaṃ kurvītety-
avatiṣṭhate | brahmāṇadivaraṇatrayasyemaṃvidhiṃ kurv-
īta | śūdrāyāḥ punarnamaskāraparāyāḥ-namaskārapradhānāyāḥ,
10 yathoktaṃ sarvaṃ vidhiṃ mantravarjitaṃ kuryāt | putri-
yamiti "putrāccha ca" iti cchaḥ | § 6908

2.1.61 Aṣṭāṅgahr̥dayasaṃhitā

avandhya evaṃ saṃyogaḥ syādapatyaṃ ca
kāmataḥ | | 28 | | § 6909

2.1.62 Sarvāṅgasundarā

evaṃ-yathoktavidhyanuṣṭhāne, dampatyoryaḥ saṃyogo-
mithunībhāvaḥ, sa na vandhyaḥ syāt | api tu saphalo
garbhasambhavaḥheturbhavedityarthaḥ | na kevalaṃ da-
mpatyohsaṃyoga evaṃ niṣphalo na bhavet, apatyaṃ ca
5 kāmataḥ-yathābhīmatāṃ puṃgarbharūpaṃ strīgarbharū-
paṃ vā, syāt | § 6910

2.1.63 Aṣṭāṅgahr̥dayasaṃhitā

santo hyāhurapatyārthaṃ dampatyoh saṅgatiṃ
rahaḥ | | 29 | | § 6911

2.1.64 Sarvāṅgasundarā

rahaḥśabdena grāmyavacasā+atra grāmyadharmāṃ sūca-
yati | hiyasmāt, santaḥ-sādhavaḥ, apatyārthaṃ-apatyajananāya,

dampatyoḥ strīpuruṣayoḥ, rahaḥ-ekānte, viśiṣṭakālocitaṃ
viśiṣṭasaṃyogaṃ saṅgatimāhuḥ, na grāmyasukhalipsā-
yai | § 6912

2.1.65 Aṣṭāṅgahṛdayasaṃhitā

durapatyaṃ kulāṅgāro gotre jātam
mahatyapi | | 29 | | § 6913

2.1.66 Sarvāṅgasundarā

duṣṭāpatyaṃ strīgarbhaḥ puṃgarbho vā, mahatyapi go-
tre jātam-utkrṣṭe+api kula utpannam, āṅgākāryakara-
ṇasāmarthyātsamastakulavināśahetutvātkulāṅgāra ityu-
cyate | § 6914

2.1.67 Aṣṭāṅgahṛdayasaṃhitā

icśetam yādṛśam putram tadrūpacaritāmśca tau | | 30 | |
cintayetam
janapadāmstadācāraparicśadau | | 30 | | § 6916

2.1.68 Sarvāṅgasundarā

tau-dampatī, yādṛśam putramicchetam-kāmayetam, tadrū-
pacaritan rūpaṃ-varṇasaṃsthānapramāṇāsākṛtyādi | ta-
thā caritam-śraddhāśrutasyārjavānṛśamsyadānadayādā-
kṣiṇyasvabhāvādi | tasya-manīṣitasya, sadṛśe rūpacarite
yeṣam tām janapadān cintayetam-dhyāyetam | putraśa- 5
bdo+apatyamātropalakṣaṇārtho+atra | tathā hi duhitara-
mapi kaścidicchatyeva | kimbhūtau tau pitarau ? tadācār-
aparicchadau | ācaraṇam-ācāraḥ, kulānurūpasya deśānurū-
pasya cetikartavyatālakṣaṇasya karmaṇo+anuṣṭhānam |
paricchado-manujagavāśvadhanadhānyavastrālaṅkāratna-10
rathāyudhagrḥodyānaviṇāpaṇavagāyanaśayyāstaraṇādīḥ |
ācāraśca paricchadaścācāraparicchadau | tadityanenābhi-

laṣitāpatyaṃ parāmr̥syate | tasyaivācārapariccadau yayo-
stau dampatī icchā sadṛṣarūpacaritān janapadān dhyāye-
tām | § 6917

2.1.69 Aṣṭāṅgahr̥dayasaṃhitā

karmānte ca pumān sarpikh̥ṣīrasālyodanāśitaḥ | | 31 | |
prāgdakṣiṇena pādena śayayāṃ
mauhūrtikājñayā | | 31 | |
ārohet strī tu vāmena tasya
dakṣiṇapārśvataḥ | | 32 | |
tailamāṣottarāhārā tatra mantram
prayojayet | | 32 | | § 6921

2.1.70 Sarvāṅgasundarā

karmānte ca-putriyavidhyanuṣṭhānāvasāne ca, pumān str-
ītaḥ prāk-pūrvaṃ, śayyāmārohet-ākramet | kimbhūtaḥ ?
sarpikh̥ṣīrasālyodanāśitaḥ,-sarpirmiśrakṣīrasālyodanenaśito-
bhojitaḥ | kathamārohet ? dakṣiṇena pādena, mauhūrtikājñayā-
5 jyotiḥ śāstravidādiṣṭaḥ | strī tu vāmena pādena tasya
dakṣiṇapārśvataḥ śayyāmārohet, mauhūrtikājñayeti yo-
jyam | turavadhāraṇe, ubhayatrāpi | pumān dakṣiṇenaiva
pādena prāgeva, strī paścādeva vāmenaiva pādena pu-
mso dakṣiṇapārśvata eva, śayyāmārohet, nānyathā kṛtv-
10 eti | "pumān sarpikh̥ṣīrasālyodanāśitaḥ" ityuktam | striyā-
stu tatkālocitamāhāraṃ nirūpayannāha-tailetyādi | tailaṃ
ca māśaśca, tābhyāmuttaraḥ-adhikaḥ, āhāro yasyāḥ sai-
vam | uttaraśabdo+atra tailamāṣau pittalau raktavṛddhih-
etū tayā+atyantaṃ sevitavyau, na punastathā śukravṛddh-
15 ikarāṇyanyānyapi kṣīrādīni dravyāṇiti pratipādayati | ta-
tra ca mantram vakṣyamāṇaṃ prayojayet-paṭhet | § 6922

2.1.71 Aṣṭāṅgahr̥dayasaṃhitā

tadeva mantramaaha.... aum āhirasi āyurasi sarvataḥ
pratiṣṭhāsi dhātā tvāṃ dadhātu vidhātā tvāṃ
dadhātu brahmavarcaṣā bhaveti | |33| |
brahmā bṛhaspatirviṣṇuḥ somaḥ
sūryastathā+aśvinau | |33| |
bhago+atha mitrāvaruṇau vīraṃ dadatu me
sutam | |33| | § 6925

2.1.72 Sarvāṅgasundarā

āhirasītyādi [vīraṃ dadatu me sutamityantaṃ mantraṃ
paṭhet] § 6926

2.1.73 Aṣṭāṅgahrdayasaṃhitā

sāntvayitvā tato+anyonyaṃ saṃviśetāṃ
mudānvitau | |34| |
uttānā tanmanā yoṣittiṣṭhedāṅgaiḥ
susamsthitaḥ | |34| | § 6928

2.1.74 Sarvāṅgasundarā

tato-mantrapāṭhādanantaram, parasparam sāntvayitvā-priyavacanādinā
prītimutpādyā, samvaśetāṃ-mithunībhāvaṃ gacchetām |
kimbhūtau? mudā-harṣeṇa, anvitau-yutau | tatra ca sa-
mveśane yoṣiduttānā taccittā cāvayavaiḥ susamsthitaisti-
ṣṭhet | § 6929

5

2.1.75 Aṣṭāṅgahrdayasaṃhitā

tathā hi bījaṃ grhṇāti doṣaiḥ
svasthānamāsthitaḥ | |35| | § 6930

2.1.76 Sarvāṅgasundarā

hi-yasmāt, tathā-tena prakareṇa, sā bījaṃ gr̥hṇāti, doṣaiḥ-
vātādibhiḥ svasthānāvasthitaiḥ sadbhiḥ | saṅgrahe tūktam
(śā. a. 1)- "na cāsāvadhastiṣṭhet | tathā hi strīceṣṭaḥ pumān
jāyate puṃceṣṭā vā strī | na ca nyubjāṃ pārsvagatāṃ vā
5 seveta | nyubjāyā vāto balavān sa yoniṃ pīḍayati | dakṣ-
iṇapārsvagāyāḥ śleṣmā pīḍitaścyuto+apidadhāti garbhā-
śayam | vāmapārsvagāyāstadvatpittaṃ vidahati raktaśu-
kre | tasmāduttānā bījaṃ gr̥hṇīyāt | " iti | § 6931

2.1.77 Aṣṭāṅgahr̥dayasaṃhitā

liṅgaṃ tu sadyogarbhāyā yonyā bījasya saṅgrahaḥ | | 35 | |
tr̥ptirgurutvaṃ sphuraṇaṃ
śukrāsṛānanubandhanam | | 36 | |
hr̥dayaspandanam tandrā
tr̥ḍglānirlomaharṣaṇam | | 36 | | § 6934

2.1.78 Sarvāṅgasundarā

sadyaḥ-tatkṣaṇāt, garbho yasyāḥ saivam, tasyāḥ sadyoga-
rbhāyā lakṣaṇaṃ bījasya-garbhākhyasya, yonyā-karaṇabhūtayā,
saṅgrahaḥ samyaggrahaṇam | tathā, tr̥ptiriva tr̥ptiḥ guru-
tvaṃ sphuraṇaṃ ca kukṣerbhavati | tathā, śukraṃ cāśraṃ
5 ca-śukrāsre, anubandhanam-pravartanam, nānubandhanam-
ananubandhanam, śukrāsrayorpravartanam-śukrāsṛānanubandhanam,-
śukrāsrayoryonimukhādavamanam bahiraniḥsaraṇam, atra
ca yonyā gr̥hītabījatvaṃ hetuḥ | tathā, hr̥dayaspandanāda-
yaḥ pañca sadyogarbhāyā lakṣaṇāni bhavanti | lomaharṣ-
10 aṇam harṣavaśādbhavati | tathā ca saṅgrahe (śā. a. 2)- "pr-
aharṣo hr̥llāsaḥ" ityādi | § 6935

2.1.79 Aṣṭāṅgahr̥dayasaṃhitā

avyaktaḥ prathame māsi saptāhātkalalībhavet | | 37 | |
garbhaḥ puṃsavanānyatra pūrvam vyakteḥ
prayojayet | | 37 | | § 6937

2.1.80 Sarvāṅgasundarā

saptāhādarvāggarbhagolakaḥ śleṣmapiṇḍībhuto bhavet |
saptāhādanantaram yāvanmāsastāvadvakṛtiḥ kalalī-
bhavet | atra kalalībhūte yāvatstrīpuruṣādyutpattilakṣaṇā
vyaktirna bhavati tāvadvakteḥ prāk prathame māsi pu-
mṣavanāni prayojayet | § 6938

5

2.1.81 Aṣṭāṅgahṛdayasaṃhitā

nanu, "śuddheśukrārtave satvaḥ
svakarmakleśacoditaḥ | | 38 | |
garbhaḥ sampadyate"(ślo.1) ityuktam | | 38 | |
tatra yadi prākṛtena karmaṇā strīgarbhaḥ
kukṣimākṣiptastadā puruṣaprayatne satyapi
pumgarbhaḥ kartuṃ na śakyate | | 38 | |
balī puruṣakāro hi
daivamativartate | | 38 | | § 6942

2.1.82 Sarvāṅgasundarā

hi-yasmāt, puruṣakāro balavān durbalaṃ daivamativart-
ateatikramya vartate | apiśabdāt puruṣakāramapi durba-
laṃ diṣṭaṃ balīyo+atikramya vartata iti pratipādayati | ata
eva prākṛtena karmāṇā balīyasā+a+akṣiptasya strīgarbh- 5
asya pumṣavanādīdānena pauraṣeṇa karmaṇā śataśo+api
prayojitena na kathañcitpumgarbhatā kartuṃ pāryata iti |
uktam ca (carake vi.a. 3/36)-"daivaṃ puruṣakāreṇa durba-
laṃ hyupahanyate | daivena cetaratkarma prakṛṣṭanopa-
hanyate | |" iti | atra pumṣavanādi samyak prayojitaṃ si-
dhyasidhyanumīyamānaṃ prākṛtasya karmaṇo hīnabal- 10
atvaprabalatvamavagamayati | § 6943

2.1.83 Aṣṭāṅgahṛdayasaṃhitā

puṣye puruṣakaṃ haimaṃ rājataṃ
vā+athavā+a+ayasam | | 38 | |

kṛtvā+agnivarnaṃ nirvāpya kṣīre tasyañjaliṃ
pibet | | 39 | | § 6945

2.1.84 Sarvāṅgasundarā

puṣye-puṣyanakṣatrayukte kāle, puruṣakaṃ-puttalakam,
hemādikṛtamagnivarnaṃ kṛtvā sudhmātatayā, tataḥ kṣīre
nirvāpya-niveśya, tasya-kṣīrasya, añjaliṃ-palacatuṣṭayākhyam,
5 pibet | puruṣakamiti puruṣa ivetyasminnarthe "ive prati-
kṛtau" iti kan | haimamiti hemtovikārārthe+aṅ "nastaddh-
ite" iti ṭilopaḥ | rājatamiti "prāṇirajatādibhyo+aṅ ityañ | āy-
asamiti "tasyedam" ityaṅ | § 6946

2.1.85 Aṣṭāṅgahr̥dayasaṃhitā

gauradaṇḍamapāmārgaṃ jīvakarṣabhasairyakān | | 39 | |
pibetpuṣye jale
piṣṭānekadvitrisamastaśaḥ | | 40 | | § 6948

2.1.86 Sarvāṅgasundarā

gauradaṇḍādīṃscaturō dravyaviśeṣān pibet | kimbhūtān
? jale piṣṭān-kalkīkṛtān | katham kṛtvā ? ekadvitrisamast-
aśaḥ ekādiṣu pratyekaṃ śaspratyayārthayogaḥ | tenaika-
mekam kṛtvā, dvau dvau kṛtvā, trīṃstrīṅkṛtvā, caturaścatur-
5 uraḥ kṛtvā, etān pibedityartho+avatiṣṭhate | kadā prāśyam
? puṣye-puṣyayukte kāle | § 6949

2.1.87 Aṣṭāṅgahr̥dayasaṃhitā

kṣīreṇa śvetabr̥hatīmūlaṃ nāsāpuṭe svayam | | 40 | |
putrārtham dakṣiṇe siñcedvāme
duhitṛvāñśayā | | 41 | | § 6951

2.1.88 Sarvāṅgasundarā

śuklapuṣpakaṅṭhakārikāyā mūlaṃ kṣīreṇa kalkīkṛtya svayaṃ-
strī, dakṣiṇe nāsāpuṭe putrārthaṃ-putrasampattaye, si-
ñcet | duhitṛvācchayā-sutākāmyayā, vāme nāsāpuṭe si-
ñcet | § 6952

2.1.89 Aṣṭāṅgahṛdayasaṃhitā

payasā lakṣmaṇāmūlaṃ putrotpādasthitipradam | | 41 | |
nāsayā+a+asyena vā pītaṃ vaṭaśuṅgāṣṭakaṃ
tathā | | 42 | |
oṣadhīrjīvanīyāśca
bāhyāntarupayojayet | | 42 | | § 6955

2.1.90 Sarvāṅgasundarā

payasā-kṣīreṇa, lakṣmaṇāmūlaṃ kalkīkṛtya pītaṃ putro-
tpādapradam putrasthitipradam ca bhavati | kathaṃ pī-
tam ? nāsayā+a+asyena vā, kadācinnāsikayā kadācidāsy-
ena | yasyāḥ putro notpadyate tathotpanno vā sthitiṃ
na labhate-ciraṃ na jīvati, tayaivaṃ pātavyamityarthaḥ | 5
vaṭaśuṅgāṣṭakaṃ tathā-tenaiva prakāreṇa nāsayā āsyena
vā pītaṃ putrotpādasthitipradam bhavati | nyagrodha-
sya prathamodbhinnaḥ praroho-vaṭaśuṅgaḥ, tasyāṣṭaka-
miti | prabhāvasyācintyatvādetatsaṅkhyāvachchinnatvam |
jīvanīyā yā oṣadhyo-jīvantikākolyādya daśa, yāḥ śodhanā- 10
digaṇasaṅgrahoktāḥ (hr.sū.a.15/8), tā bāhyāntarupayoj-
ayet | tatra snānodvartanādinā bāhya upayogaḥ, āhārapān-
ādinā+antarupayogaḥ | § 6956

2.1.91 Aṣṭāṅgahṛdayasaṃhitā

upacāraḥ priyahitairbhartrā bhṛtyaiśca
garbhadhṛk | | 43 | |
navanītaghṛtakṣīraiḥ sadā
caināmupācaret | | 43 | | § 6958

2.1.92 Sarvāṅgasundarā

upacāraḥ-upacaraṇam | priyāḥ-iṣṭāḥ, hitāḥ-pathyāḥ, āhā-
ravihārāḥ, taiḥ priyahitairya upacāro bhartrā-patyā kṛto,
bhr̥tyaiśca ya evambhūtaḥ kṛtaḥ, sa garbhadhr̥k-tadanuṣṭhānādgarbhaḥ
sthitiṃ dadhātītyarthaḥ | enāṃ ca striyaṃ navanītādibhi-
5 ryathāsātmyaṃ sadopācaret | § 6959

2.1.93 Aṣṭāṅgahr̥dayasaṃhitā

ativyavāyamāyāsaṃ bhāraṃ prāvaraṇaṃ guru | | 44 | |
akālajāgarasvapnaṃ
kaṭhinotkaṭakāsanam | | 44 | |
śokakrodhabhayodvegavegaśraddhāvidhāraṇam | | 45 | |
upavāsādhvatīkṣṇoṣṇaguruviṣṭambhibhojanam | | 45 | |
5 raktam̐ nivasanam̐ śvabhṛakūpekṣām̐
madyamāmiṣam | | 46 | |
uttānaśayanam̐ yacca striyo necchanti
tattyajet | | 46 | |
tathā raktastrutiṃ śuddhiṃ
bastimāmāsato+aṣṭamāt | | 47 | |
ebhirgarbhaḥ stravedāmaḥ kuṅṣau
śuṣyenmriyeta vā | | 47 | | § 6967

2.1.94 Sarvāṅgasundarā

garbhiṇī strī ativyavāyādīnuttānaśayanāntāmstyajet | na
kevalametān anyadyaccāhāravihārādivastujātam̐ striyo-
bahuśaḥ prasūtāstatkālavyāpāranipuṇā vā yāḥ kāścana
striyo, necchanti tadapi varjayet | tathā raktastrutiṃ, śu-
5 ddhiṃ ca-vamanavirecanarūpām̐, varjayet | bastim̐-anuvāsanam̐,
aṣṭamam̐ māsam̐ maryādīkṛtya varjayet | aṣṭame tu māse
bastim̐ prayojayedevetyarthaḥ | ebhiḥ-varjyairvastubhirāsevyamānaiḥ,
garbha āmaḥ-asampūrṇaḥ, stravet-patet, kuṅṣau vā śuṣyet,
mriyeta vā-mṛtyuṃ vā garbhaḥ prāpnuyāt | § 6968

2.1.95 Aṣṭāṅgahr̥dayasaṃhitā

vātalaiśca bhavedgarbhaḥ
kubjāndhajaḍavāmanaḥ | | 48 | |
pittalaiḥ khalatiḥ piṅgaḥ śvitri pāṇḍuḥ
kaphātmabhiḥ | | 48 | | § 6970

2.1.96 Sarvāṅgasundarā

vātalaiścāhārairmātrā sevitaḥ kubjo+andho jaḍo vāmano
vā garbho bhavati | pittalairāhārairmātrā sevitaḥ khalatiḥ-
khalvāṭaḥ, piṅgo vā syāt | kaphakṛdbhirāhārairmātrā sev-
itaiḥ śvitravān pāṇḍurvā syāt | § 6971

2.1.97 Aṣṭāṅgahr̥dayasaṃhitā

vyādhīmścāsyā mṛdusukhairatikṣṇairauśadhairja-
yet | | 49 | | § 6972

2.1.98 Sarvāṅgasundarā

asyāśca-garbhiṅyāḥ, ye vyādhayo jāyante, tān vyādhīn mṛ-
dusukhairauśadhaistathā+atikṣṇairjayet | mṛdūni ca tāni
sukhāni ca-mṛdusukhāni | mṛdūni-akarkaśāni vīryādibhi-
rnotkr̥ṣṭasāmarthyāni sukumārocitāni | sukhāni-sukhopabhogyāni,
priyāṅīti yāvat | nanu, mṛdūni parihṛtyātikṣṇāni ceti 5
nirdeṣṭavyam | kimubhayorupādānena ? yato mṛdūni-
akarkaśāni, atikṣṇānyapi-akarkaśāni, ityanarthāntaratva-
metayoḥ | atrocyate | mṛdūni-akarkaśāni śarkarādīni, utk-
ṛṣṭaśaktīni maricādīni-atikṣṇāni, tīkṣṇāni punastīkṣṇagu-
ṇayuktāni rājikādīni doṣotkleśakarāni bheṣajāni bhavanti, 10
iti dvayorupādānaṃ yuktam | tantrāntare (saṅgrāhe) tv-
evamuktam (śā.a.2)-"ityanātyayike vyādhau vidhirātyay-
ike punaḥ | tīkṣṇairapi kriyāyogaiḥ striyaṃ yatnena pāl-
ayet | |" iti | yacca vyavāyādi garbhiṅyāḥ parihāryatvena
nirdiṣṭam, tathā "vyādhīmścāsyā mṛdusukhairatikṣṇaira- 15
uśadhairjayet |" iti | tadasmin kāle viśeṣeṇeti draṣṭavyam,

na tathā+anyadā | tathā cānyadā+ativyavāyādisevanāna
tathā pratyavāyabhayam, tathā tīkṣṇauṣadhaprayogācca |
ata eva "tathā raktastrutiṃ śuddhiṃ bastimāmāsato+aṣṭamāt | "
ityetatpṛthānirdiśatyativyavāyādiparihāryagaṇamadhye |
5 prathame māsyavyaktaliṅgaḥ kalalāvastho garbho bhavet |
dvitīye tu māsi garbhaḥ kīdrśaḥ syāt ? ityāha- § 6973

2.1.99 Aṣṭāṅgahr̥dayasaṃhitā

prathame māsyavyaktaliṅgaḥ kalalāvastho garbho
bhavet | | 49 | |
dvitīye tu māsi garbhaḥ kīdrśaḥ syāt ? ityāha----

| | 49 | |
dvitīye māsi kalalāddhanaḥ
peśyathavā+arbudam | | 49 | |
pumstrīklībāḥ kramāttebhyaḥ-----
- | | 50 | | § 6977

2.1.100 Sarvāṅgasundarā

dvitīye māsi kalalāddhanaḥ peśyathavā+arbudam garbhaḥ syāditi yojyam |
tebhyo-ghanādirūpebhyaḥ, kramātparipāṭhyā, pumstrīklībāḥ sampadyante |
ghanāt pumān | peśyāḥ strī | arbudāt klībāḥ-ṣaṅdho, na strī na pumāniti |
5 § 6978

2.1.101 Aṣṭāṅgahr̥dayasaṃhitā

-----tatra vyaktasya lakṣaṇam | | 50 | |
kṣāmatā garimā kukṣermūrcchā
cchardirarocakaḥ | | 50 | |
jṛmbhā prasekaḥ sadanaṃ romarājyāḥ
prakāśanam | | 51 | |
amleṣṭatā stanau pīnau sastanyau
kr̥ṣṇacūcukau | | 51 | |

pādaśopho vidāho+anye śraddhāśca
vividhātmikāḥ | | 52 | | § 6983

2.1.102 Sarvāṅgasundarā

tatra-vyaktāvyaktayormadhyāt, vyakto nirdhāryate | vya-
ktasya garbhasya vakṣyamāṇaṃ lakṣaṇaṃ kṣāmatetyādi-
kam | garimeti gurorbhāva iti "pṛthvādibhya imanijvā" itī-
manic, "priyasthira" ityādinā garādeśaḥ | vidāho+anya iti |
anye ācāryā vidāho dehe bhavatītyāhuḥ | nānāprakārāśca 5
śraddhāḥ-pathyāpathyaviśayā abhilāṣāḥ, vyaktasya ga-
rbhasya lakṣaṇaṃ | saṅgrāhe tūktam (śā.a.2)-"tasyāśca raj-
ovāhināṃ srotasāṃ vartmānyuparudhyante garbheṇa | ta-
smāttataḥ paramārtavaṃ na dṛśyate | tatastadadhaḥ prat-
ihatamaparamaparam copacīyamānamaparetyāhuḥ | " iti | 10
§ 6984

2.1.103 Aṣṭāṅgahrdayasamhitā

mātrjāṃ hyasya hrdayaṃ mātuśca hrdayena tat | | 52 | |
sambaddhaṃ tena garbhiṇyā neṣṭam
śraddhāvimānanam | | 53 | | § 6986

2.1.104 Sarvāṅgasundarā

hi-yasmāt, asya-garbhasya, yaddhrdayaṃ-cetanādhiṣṭhānaṃ,
tanmātrjāṃ | tathā cuktam (hr. śā. a.3/4)-"mṛdvatra mā-
trjāṃ rakta" ityādi | tacca-garbhahrdayaṃ, mātrhrdayena
sambaddhaṃ-samyuktaṃ, bhavati | tataśca garbhiṇīhrd-
ayena santaptena garbhahrdayamapi santapyate | para- 5
sparaṃ hrdayasya sambaddhatvāt | ata eva ca garbhiṇī
dvihrdayā daurhrdinītyucyate | ata eva ca parāyattahr-
dayatvāttatkālesvasvabhāvocitamabhilāṣaṃ vihāya nānā-
bhilāṣo jāyate | yataścaivaṃ tena kāraṇena garbhiṇyāḥ
śraddhāvimānanam-ābhilāṣāpratipūraṇaṃ, neṣṭam | § 6987 10

2.1.105 Aṣṭāṅgahr̥dayasaṃhitā

deyamapyahitaṃ tasyai hitopahitamalpakaṃ | | 53 | | § 6988

2.1.106 Sarvāṅgasundarā

tasyai-garbhīṅyai, hitena-pathyena, yuktamahitaṃ-apathyamapi
vidāhiviṣṭambhyādi pūrvaniṣiddhaṃ yattadapi, deyam |
apiśabdenakimu tasyai prārthyamānāyai hitaṃ deyamiti
gamayati | kiṃ mātrāmanapekṣyaivāhitaṃ deyam ? nety-
5 āha | alpakaṃ-atiśayenālpam | § 6989

2.1.107 Aṣṭāṅgahr̥dayasaṃhitā

śraddhāvighātādgarbhasya vikṛtiścyutireva
vā | | 54 | | § 6990

2.1.108 Sarvāṅgasundarā

yadi cirakāloṣitaḥ kuṣau garbhastadā tasya garbhasya vi-
kṛtiḥvairūpyaṃ bhavet, śraddhāvimānanacintānidānaku-
pitasamīratvāt | tathā+aciroṣito garbhastadā tasya garbh-
asya cyutiḥ-vināśo bhavet, ata eva śraddhāvimānanacint-
5 ānidānakupitapavanatvāddhetoḥ | labdhadaurhṛdā tu vī-
ryavantam cirāyuṣam ca sutam sūte | § 6991

2.1.109 Aṣṭāṅgahr̥dayasaṃhitā

vyaktībhavati māse+asya ṛtīye gātrapañcakam | | 54 | |
mūrddhā dve sakthinī bāhū
sarvasūkṣmāṅgajanma ca | | 55 | |
samameva hi mūrddhādyairjñānam ca
sukhaduḥkhayoḥ | | 55 | | § 6994

2.1.110 Sarvāṅgasundarā

asya-garbhasya, tṛtīye māsi gātrapañcakam vyaktībhavati,-
avyaktarūpaṃ vyaktaṃ tadānīm sampadyata ityarthah |
tadeva pañcāṅgamāha mūrddhā dve sakthinī bāhū iti |
sarveṣāṃ sūkṣmāṇāṃ cāṅgānāṃ cetanādhiṣṭhānānāṃ
janma-utpatih, anyatra janmottarakālabhyo dantādibhyaḥ | 5
tathā, samameva-tulyakārameva, mūrddhādyaiḥ sukhad-
uḥkhayorjñānaṃ bhavati,-tadānīm sukhasaṃvidduḥkhas-
aṃvicca garbhasya jāyata ityarthah | caḥ samuccaye | hiry-
asmādarthe | § 6995

2.1.111 Aṣṭāṅgahrdayasaṃhitā

garbhasya nābhau mātuśca hr̥di nāḍī nibadhyate | | 56 | |
yayā sa puṣṭimāpnoti kedāra iva
kulyayā | | 56 | | § 6997

2.1.112 Sarvāṅgasundarā

ekaiva nāḍī garbhasya nābhau mātuśca hr̥daye nibadhyate-
adr̥ṣṭavaśātsaṃśliṣyate | yayā-nāḍyā, saḥ-garbhaḥ puṣṭim-
āpnoti āvahati | ka iva ? kedāra iva kulyayā,-laghunadyā
jalaṃ vahantyaḥ kedārasthaḥ śālyādiryathā+amivarddhate,
tathaiva mātr̥hr̥dayā śritayā nāḍyā mātrā+abhyavahr̥tādāhārājjāṭharāgnin
pacyamānāt prasādākhyena rasena | yasmāt "vyaktībha-
vadaṅgapratyaṅgasya [asya] nābhyāṃ pratibaddhā nāḍī,
nāḍyāmaparā, tasyāṃ mātr̥hr̥dayam | tato mātr̥hr̥dayād-
āhārarasasāro dhamanībhiḥ syandamāno+aparāmupaiti |
tataḥ kramānnābhiṃ ca | tataśca sa punargarbhasya pakk- 10
āśaye [sva] kāyāgninā pacyamānaḥ prasādabāhulyāddh-
ātvādi puṣṭikaraḥ sampadyate | tathā romakūpairupasn-
eha eva praviśati | (sneho rasa eva ca payobhūtaḥ | ajāta-
sya) sāksādannapānānanupraveśāt rasasya vā samalatvā-
bhāvāt (amalatvācca rasasya) garbhasya sthūlamūtrapurī- 15
śādyasambhavaḥ | " (saṃ.śā. a.2) | § 6998

2.1.113 Aṣṭāṅgahr̥dayasaṃhitā

caturthe vyaktatā+aṅgānām, cetanāyāśca
pañcame | | 57 | | § 6999

2.1.114 Sarvāṅgasundarā

garbhasyetyanuvartate | caturthe māsi garbhasya sarveṣ-
āmaṅgānām sūkṣmatvādavyaktarūpāṅām vyaktatā bhav-
ati | cetanāyāḥ punarmanodvitīyanāmikāyā avyaktarūpā-
yāḥ pañcame māsi vyaktatā jāyate | § 7000

2.1.115 Aṣṭāṅgahr̥dayasaṃhitā

ṣaṣṭhe snāyusirāromabalavarṇanakhatvacām | | 57 | | § 7001

2.1.116 Sarvāṅgasundarā

ṣaṣṭhe māsyavyaktarūpāṅām snāyvādīnām vyaktatā jāy-
ate | § 7002

2.1.117 Aṣṭāṅgahr̥dayasaṃhitā

sarvaiḥ sarvāṅgasampūrṇo bhāvaiḥ puṣyati
saptame | | 58 | | § 7003

2.1.118 Sarvāṅgasundarā

saptame māsi sarvaiḥ-sakalaiḥ, bhāvaiḥ-vastubhiḥ, sa-
rvāṅgasampūrṇo garbhaḥ puṣyati-poṣaṃ yāti | aṅgasa-
mpūrṇaḥ puṣyatītyetāvataiva prakṛtārthāvagatē sarva-
grahaṇamadhikārthadyotanāya | tena sarveṇa janmajīva-
5 analakṣaṇenārthenāṅgaiśca sampūrṇo bhavatītyavatiṣṭh-
ate | akālaprasavatvāttu na tathā garbhasya janmajīva-
nalakṣaṇo yo+asāvarthaḥ so+apyasmin bhavatīti jñāpy-
ate | tathā cāsmin māsi garbhO jāto jīvati, kintvakāla-

prasavatvāṅna tathā dīrghajīvitatvādikaṃ syāt | vakṣyati
hi (ślo.66)-"kālaḥ sūterataḥ param" iti | amumeva ca ny-
āyaṃ cetasi vidhāyāṣṭame māsyojaḥsvarūpanigadanapr-
astāve "jāto na jīvati śīśuḥ" iti vakṣyati (ślo. 63) | anya- 5
thā+akālaprasavatvādevāsmin garbhasya jīvanam na sa-
mbhāvya eva | "jāto na jīvati" ityeta dvākyamanarthaka-
miva syāt | tasmātsaptame māsi jāto jīvātīti supratipādita-
metat | §7004

2.1.119 Aṣṭāṅgahrdayasaṃhitā

garbheṇotpīditā doṣāstasmin hrdayamāśritāḥ | | 58 | |
kaṇḍūṃ vidāhaṃ kurvanti garbhīṇyāḥ
kikkisāni ca | | 58 | | §7006

2.1.120 Sarvāṅgasundarā

garbheṇotpīditāḥ-ūrdhvaṃ pīditāḥ, doṣāḥ-vātādayaḥ, ta-
smin kāle hrdayamāśritā garbhīṇyāḥ kaṇḍūṃ vidāhaṃ
[ca] kurvanti | tathā, kikkisāni kurvanti | ūrusta-
nodare valiviśeṣā rekhākārāstatkāle prāyo ye jāyante 5
te-kikkisasaṃjñāḥ | kaiścit 'śūkairiva pūrṇatā-kikkisāni'
iti vyākhyāyi | pāṇipādāṃ samūleṣu vividhaḥ santāpo-
vidāha ucyate | §7007

2.1.121 Aṣṭāṅgahrdayasaṃhitā

navanītaṃ hitaṃ tatra kolāmbumadhuraūśadhaiḥ | | 59 | |
siddhamalpapaṭusnehaṃ laghu svādu ca
bhojanam | | 59 | |
candanośīrakalkena
limpedūrustanodaram | | 60 | |
śreṣṭhāyā vaiṇahariṇaśāśaṇitayuktayā | | 60 | |
aśvagnapatrasiddhena tailenābhyajya 5
mardayet | | 61 | |

paṭolanimbamañjiṣṭhāsurasaiḥ
secayetpunaḥ | | 61 | |
dārvīmadhukatoyena mṛjāṃ ca
pariśīlayet | | 62 | | § 7014

2.1.122 Sarvāṅgasundarā

tatra-teṣu kaṇḍvādiṣu, upaśamārthaṃ navanītaṃ hitam,
antarbahīscopayogitayā | kīdr̥sam ? kolāmbunā madhur-
auśadhaiḥ drākṣādibhiśca kalkīkṛtaiḥ, siddham-pakvam |
tathā, tatra bhojanaṃ hitam | kimbhūtam ? alpam paṭu-
5 lavaṇam, snehaśca yatra tadevam | tathā, laghu-mātrāsvabhāvābhyām |
tathā, svādu-madhuram | tathā, candanośīrayoryaḥ kalkaḥ-
piṣṭo jalenāloḍitaḥ, temorustanodaram limpet | śreṣṭh-
ayā vā-triphalayā vā, ūrustanodaram limpet | kimbhūt-
ayā ? eṇādirudhirapiṣṭayā | tathā, aśvaghnapatrasiddhena
10 tailenābhyajya-abhyaktamaṅgam kṛtvā, anantaram paṭola-
nimbamañjiṣṭhāsurasairmardayet | aśvaghnaḥ-karavīraḥ |
secayetpunaḥ-pariṣekaṃ ca kuryāt | dārvīmadhukatoyena-
dāruharidrāmadhuyaṣṭikābhyām kvathitena jalena, mṛjāṃ-
śuddhiṃ snānādikāṃ, śīlayet | saṅgrahe tūktam (śā.a.3)-
15 "pariṣekaḥ punarmālatīmadhukasiddhenāmbhasā | kaṇḍ-
ūyanam varjayet tvagbhedavairūpyaparihārārtham | snā-
nodvartanam ca śīlayet | madhuram cāhāramalpamalpa-
snehalavaṇamalpodakānupānam bhujñīta | " iti | § 7015

2.1.123 Aṣṭāṅgahr̥dayasaṃhitā

ojo+aṣṭame sañcarati mātāputrau muhuḥ kramāt | | 62 | |
tena tau mlānamuditau tatra jāto na
jīvati | | 63 | |
śīśurojonavasthānānnārī saṃśayitā
bhavet | | 63 | | § 7018

2.1.124 Sarvāṅgasundarā

ojaḥ-sarvadhātūnām tejaḥ karṭṛ, mātāputrau karmabhū-
tau, sañcarati | mātā ca putraśceti dvandvaḥ | "ānaṅrto

dvandve" ityānañādeśaḥ | kathaṃ sañcarati ? muhur-
 uhuḥ | kramāt-krameṇa, kadācidgarbhiṇīmojaḥ sañcarati
 kadācitputramiti | evaṃ [tena-] kadācitkenaujaḥsañcar-
 aṇena, tau-mātāputrau, mlānamuditausyātām | tayā pū- 5
 rvanirūpitayā garbhagarbhiṇyubhayasambaddhayā nāḍy-
 obhayatra sañcarattadoja ubhayasambaddhaṃ yadā ga-
 rbhaṃ sañcarati tadā garbho mudito-hṛṣito, bhavedojaḥs-
 ampattyā, garbhiṇī ca mlānā bhavet | yadā ca tadojo ga-
 rbhiṇīm sañcarati tadā tayaivojaḥ sampattyā garbhiṇī mu-
 ditā bhavet, śīsurmlāno bhavedojaḥ sampattyabhāvāt | [10
 tatra-] tasmin kāle, śīsuḥ-bālo, jātaḥ-utpanno, na jīvati | ku-
 taḥ ? ojonavasthānāt | ojasastadānīm śīsāvanavasthitatvāt,-
 acirakālaprarūḍhatvādojasaḥ | garbhiṇyām tu na sarv-
 amacirakālamānavasthitamojaḥ, yathā garbhe | tasmā- 15
 nna tasyā nirojastvam | ata evāha-nārīsaṃśayitā bhavet,-
 kadācijjīvati kadācinna jīvātīti saṃśayitārthaḥ | § 7019

2.1.125 Aṣṭāṅghṛdayasaṃhitā

kṣīrapeyā ca peyā+atra saghṛtā+anvāsanam
 ghṛtam | | 64 | |
 madhuraiḥ sādhitam śuddhyai
 purāṇaśakṛtastathā | | 64 | |
 śuṣkamūlakakolāmlakaṣāyeṇa
 praśasyate | | 65 | |
 śatāhvākalkito bastiḥ
 satailaghṛtasaindhavaḥ | | 65 | | § 7023

2.1.126 Sarvāṅgasundarā

atra-aṣṭame māsi, kṣīrasaṃskṛtā peyā pātavyā | kimbh-
 ūtā? saghṛtā | tathā, anvāsanam ghṛtam śasyate | kī-
 dr̥k? madhuraiḥ-drākṣādibhiḥ, sādhitam-pakvam | tathā-
 tenaiva prakāreṇa, purāṇaśakṛtaḥ śuddhyartham, bastiḥ- 5
 nirūhaḥ , praśasyate-yujyate | tatra ca bastau kaḥ kaṣāyaḥ
 ? kaḥ kalkaḥ ? ityāha-śuṣkamūlaketi | śuṣkamūlakādīnām
 kaṣāyeṇa, tathā śatāhvākalkitaḥ, tathā saha tailena ghṛtena
 saindhavena ca | § 7024

2.1.127 Aṣṭāṅgahr̥dayasaṃhitā

tasmimstvekāhayāte+api kālah sūterataḥ
param | | 66 | | § 7025

2.1.128 Sarvāṅgasundarā

ekaṃ ca tadahaścaikāham | "rājāhaḥsakhibhyaṣṭac" iti ṭac |
"ahnaṣṭakhoreva" iti ṭilopaḥ | ekāhena yāto+atikrānto+antarito+aṣṭamo
māsaḥ-ekāhayātaḥ, [tasmin |] tasmin-aṣṭamemāsi, puna-
rekadivasātikrānte+apyataḥ param sūteḥ-prasavasya, kālo
5 yāvadvarṣam | apiśabdādyāte tvaṣṭame māsyataḥ param
sūteḥ kāla iti gamyate | aṣṭamānmāsādanantaram navam-
adaśamaikādaśadvādaśamāsān yāvat | eṣu māseṣu garbho
jāto dīrghāyusṭvādiyukto jīvati | § 7026

2.1.129 Aṣṭāṅgahr̥dayasaṃhitā

varṣādvikārakārī syātkukṣau vātena dhāritaḥ | | 66 | | § 7027

2.1.130 Sarvāṅgasundarā

varṣādityānantarye pañcamī | varṣāt-dvādaśamāsādanantaram,
garbhaḥ kukṣau vātena dhārito-ruddhaniṣkramaṇo, vikā-
rakārī bhavet vikāramavaśyaṃ karoti | garbhasya sanniv-
eśo+api saṅgrahe proktaḥ, yathā (śā. a. 2)-"garbhastu mā-
5 tṛpṛṣṭhābhimukho lalāṭe kṛtāñjaliḥ saṅkucitāṅgo garbhak-
oṣṭhe dakṣiṇam pārśvamāśrityāvatiṣṭhate pumān, vāmaṃ
strī, madhyaṃ napuṃsakam | tatra sthitaśca garbho mā-
tari svapatyāṃ svapiti pratibuddhāyāṃ pratibudhyate | "
iti | § 7028

2.1.131 Aṣṭāṅgahr̥dayasaṃhitā

śastaśca navame māsi snigdho māṃsarasaudanaḥ | | 67 | |
bahusnehā yavāgūrvā pūrvoktaṃ
cānuvāsanam | | 67 | | § 7030

2.1.132 Sarvāṅgasundarā

navame māsi snigdho māṃsarasayukta odanaḥ śastohiṭaḥ | athavā, peyā bahusnehā śasteti liṅgavipariṇāmena sambandhaḥ | pūrvoktamanuvāsanam-"ghṛtaṃ madhuraiḥ sādhitam" ityādi, tacca śastam | § 7031

2.1.133 Aṣṭāṅgahṛdayasaṃhitā

tata eva picuṃ cāsyā yonau nityaṃ nidhāpayet | | 68 | |
vātaghnapatrabhaṅgāmbhaḥ śītaṃ
snāne+anvahaṃ hitam | | 68 | | § 7033

2.1.134 Sarvāṅgasundarā

tata eva-anvāsanaghṛtāt, picuṃ-naktakaṃ, asyāḥ-garbhiṇyāḥ, yonau nityaṃ-sadā, nidhāpayet-tatra sthāpayet, vātavi-jayārtham | pavanenānākrāntayonirhi sukhaṃ garbhaṃ sūte | tathā, vātaghnānām dravyānām patrāṇi, teṣāṃ bhaṅgaḥ-samūhaḥ, tena kvathitamambhaḥ śītaṃ kṛtvā 5
snāne+anvahaṃ-aharahaḥ, garbhiṇyai hitam | anvahamityanaśceti ṭac | § 7034

2.1.135 Aṣṭāṅgahṛdayasaṃhitā

niḥsnehāṅgī na navamānmāsātprabhṛti
vāsayet | | 69 | | § 7035

2.1.136 Sarvāṅgasundarā

niḥsnehagātrāṃ garbhiṇīm na vāsayet, api tu sasnehāṅgīm sthāpayet | niḥśeṣeṇa nirastaḥ sneho yasmādaṅgāttadevaṃ niḥsnehamaṅgaṃ yasyāḥ sā niḥsnehāṅgī, tām | aṅgagātrakaṇṭhebhya vaktavyamitiṇīp | kutaḥ kālādārabhya ? navamānmāsātprabhṛti | yadyapi kālo+atra na nir-diṣṭaḥ, tathā+api navamānmāsādārabhya sāmartyādy-āvanmuktagarbhaśalyā syāt, tāvanniḥsnehāṅgīm garbhi-

ṇīm na sthāpayediti labhyate | sasnehāṅgadhāraṇaṃ ca ta-
syāḥ kupitavāyornityaṃ sannihitatvāt | § 7036

2.1.137 Aṣṭāṅgahr̥dayasaṃhitā

prāgdakṣiṇastanastanyā pūrvam tatpārśvaceṣṭinī | | 69 | |
punnāmadaurhṛdapraśnaratā
puṃsvapnadarśinī | | 70 | |
unnate dakṣiṇe kukṣau garbhe ca
parimaṇḍale | | 70 | |
putraṃ sūte+anyathā kanyāṃ yā cecchati
nṛsaṅgatim | | 71 | |
5 nṛtyavāditrāgāndharvagandhamālyapriyā ca
yā | | 71 | | § 7041

2.1.138 Sarvāṅgasundarā

prāk-pūrvam, dakṣiṇe stane stanyam-kṣīram, yasyāḥ prād-
urbhavati sā putraṃ sūta iti sambandhaḥ | tathā, pūrvam
tatpārśvaceṣṭinī | taccabdena dakṣiṇapārśvam parāmr̥śy-
ate | tena-dakṣiṇena pārśvena, ceṣṭitaṃ-gamanasvapanādikaṃ,
5 yasyāḥ sā-tatpārśvaceṣṭinī, putraṃ sūta iti sarvatra yo-
jyam | tathā gacchantyāḥ pūrvam dakṣiṇapādotkṣepaḥ,
hastakaraṇīye ca pūrvam dakṣiṇena pāṇinā ceṣṭate, iti ta-
tpārśvaceṣṭā bodhyā | punnāmetyādi | puṃliṅgopalakṣ-
itaṃ nāma-punnāma, daurhṛdaṃ ca praśnaśca daurhṛ-
10 dapraśnau | punnāmnordaurhṛdapraśnayo ratābhiyuktā,
punnāmni daurhṛde ratā | daurhṛdakāle yo+abhilāṣaviśeṣo
garbhīnyāḥ sa daurhṛdaśabdavācyāḥ | tathā, punnāmni
praśne+abhiratā-punaḥ punaḥ punnāmapraśnaṃ karoti |
tathā, punnāmadheyān svapnān-puruṣagajavājjivarāhādīn
15 āmrādāḍimāśokavr̥kṣādīn vā, draṣṭuṃ śīlaṃ yasyāḥ sai-
vam | tathā, unnate dakṣiṇe garbhakoṣṭhākhye kukṣau |
tathā, garbhe-garbhasaṃsthāne, parimaṇḍale-vartule sati,
putraṃ sūte | anyathā-putraprasavasūcakāddhetorvaiparītye
ca, kānyāṃ sūte | yathā-prāgdakṣiṇastanastanyetyādi pu-
20 traprasavasūcakaṃ lakṣaṇam, ato+anyathā prāgvāmast-

anastanyetyādi lakṣaṇaṃ garbhiṇyāḥ kanyāprasavasū-
cakam | na kevalaṃ putraprasavalakṣaṇādviparyayeṇa
kanyāṃ sūte, yāvat yā cecchati nṛsaṅgatim | yā ca-
garbhiṇī puruṣeṇa saha saṅgatimicchati-kāmayate, sā ka-
nyāṃ sūte | tathā yā ca nṛtyādipriyā sā kanyāṃ sūte | § 7042 5

2.1.139 Aṣṭāṅgahr̥dayasaṃhitā

klībaṃ tatsaṅkare, tatra madhyaṃ kukṣeḥ
samunnatam | |72| | § 7043

2.1.140 Sarvāṅgasundarā

tadityanenātra putraprasūtilakṣaṇaṃ duhitṛprasūtilakṣa-
ṇaṃ ca dvayamapi parāmr̥śyate | dvayasyaitasya lakṣaṇa-
sya saṅkare-saṅkīrṇalakṣaṇa tāyāṃ, klībaṃ-napuṃsakaṃ
garbhaṃ, sūte | tatra-tasmin klībe garbhe kukṣisthite, ku-
kṣermadhyam samunnatam bhavati | § 7044 5

2.1.141 Aṣṭāṅgahr̥dayasaṃhitā

yamau pārśvadvayonnāmātkukṣau droṇyāmiva
sthite | |72| | § 7045

2.1.142 Sarvāṅgasundarā

yamau dvau garbhau, garbhiṇī sūte | kathamiti tall-
akṣaṇārthamāha pārśvadvayonnāmāt,- pārśvadvayotse-
dhāt | ata eva kukṣau-udare, droṇyāmiva sthite | droṇī-
madhyanimnā, kukṣirapi pārśvadvayonnatyā madhyani-
mnā bhavati | § 7046 5

2.1.143 Aṣṭāṅgahr̥dayasaṃhitā

prāk caiva navamānmāsāt sā sūtigṛhamāśrayet | |73| |

deśe praśaste sambhāraiḥ sampannaṃ
sādhake+ahani | | 73 | | § 7048

2.1.144 Sarvāṅgasundarā

sā-garbhīṇī, sūtigr̥haṃ-sūtikāgāraṃ, navamānmāsātpūrv-
amevāśrayet | kutra deśe kṛtam ? ityāha-deśe praśaste,-
prākpravaṇa udakpravaṇe vā, vāstuvidyāvidbhiḥ par-
īkṣya kalpitam | kīdṛśam ? sambhāraiḥ sampannaṃ,-
5 sakalairupakaraṇairyuktam | tathā, sādha+ahaniśubhapuṃnakṣatre
divase sati | § 7049

2.1.145 Aṣṭāṅgahr̥dayasaṃhitā

tatrodīkṣeta sā sūtim sūtikāparivāritā | | 74 | | § 7050

2.1.146 Sarvāṅgasundarā

tatra-sūtikāgr̥he, sthitā sūtimudīkṣeta,-ahamatra prasavi-
ṣya iti cetasi nidhāya sā-garbhīṇī, tatrāsītetyarthaḥ | ki-
mbhūtā ? sūtikāparivāritā,-anekavāraprasavānubhūtata-
tkālocitavyavahāraḥkleśābhiḥ strībhiḥ parivāritā | saṅgr-
5 ahe tūktam (śā. a. 3) "bahuśaḥ prasūtābhiranuraktābhira-
viṣādinībhiravisamvādinībhiḥkleśasahābhiḥ parivṛtā sva-
styayanaparā+anulomanairāhāravihārairanulomitavātāmūtrapurīṣā
prasavakālamudīkṣeta | svalpe+api ca viṇmūtravibandhe
phalavartīḥ prayojayet | " iti | § 7051

2.1.147 Aṣṭāṅgahr̥dayasaṃhitā

adyaśvaḥprasave glāniḥ kuksyakṣīslathatā
klamaḥ | | 74 | |
adhogurutvamaruciḥ praseko
bahumūtratā | | 75 | |
vedanorūdarakaṭiprṣṭhahṛdvastivaṅkṣaṇe | | 75 | |
yonibhedarujātodasphuraṇasravaṇāni ca | | 76 | |

āvīnāmanu janmāstato
garbhodakastrutiḥ | |76 | | § 7056

2.1.148 Sarvāṅgasundarā

adya vā śvo vā āsannaḥ prasavaḥ, tasmin āsanna (adyaśvaḥ)-
prasave glānyādayo bhavyeḥ, garbhinyā iti sambha-
ndhaḥ | glāniḥ-harṣakṣayaḥ | tathā, kuḥṣī cākṣiṇī ca ku-
kṣyakṣi, tasya ślathatā śithilatvaṃ, svasthānāccalitatvam-
iva | tathā, klamaḥ-upatāpaḥ | tathā, adhogurutvādīni bh- 5
avanti | tathā, ūrvādiṣu vedanāpīḍā bhavati | tathā, yoni-
bhedādayaḥ syuḥ | ataḥ-asmādyonibhedādeḥ, anu-pāścāt,
āvīnāṃ-garbhaniṣkramaṇakālaśūlaviśeṣāṇāṃ, janma-utpādaḥ |
tataḥ-anantaram, garbhodakastrutiḥ-tatkālam yonito jala-
strāvaḥ, strāvamātraḥ sa garbhodakasamjñāḥ | § 7057 10

2.1.149 Aṣṭāṅghṛdayasamhitā

athopasthitagarbhām tām kṛtakautukamaṅgalām | |77 | |
hastasthapunnāmaphalām
svabhyaktoṣṇāmbusecitām | |77 | |
pāyayetsaghr̥tām
peyām----- | |78 | | § 7060

2.1.150 Sarvāṅgasundarā

atha-garbhodakastruteranantaram, tām-garbhiniṃ, upa-
sthitagarbhāmabhimukhībhūtagarbhāmāvījanmodakasrā-
vādīnā jñātvā, saghr̥tām peyām pāyayet | kimbhūtām ? kṛ-
takautukamaṅgalām | viśiṣṭakāla eva yo rakṣābandho bā- 5
hvādu badhyate sa kautukavācyāḥ | kautukākhyam ma-
ṅgalam kautukamaṅgalam | kṛtam kautukamaṅgalam ya-
syāḥ, tām | tathā, hastastham punnāma-dāḍimādi, phalam
yasyāḥ, tām | tathā, suṣṭhu aktām-abhyaktām | tathā, uṣṇ-
āmbusecitām | ityasyānantaram "pāyayetpeyām" iti pāṭhe-
noṣṇāmbusecanādanantaram peyāpānam kāryamiti bodh- 10
ayati § 7061

2.1.151 Aṣṭāṅgahr̥dayasaṃhitā

-----tanau bhūśayane sthitām | |78| |
ābhugnasakthimuttānāmabhyaktāṅgīm punaḥ
punaḥ | |78| |
adho nābhervimṛdnīyātkārayejjṛmbhacaṅkra-
mam | |79| | § 7064

2.1.152 Sarvāṅgasundarā

tanau-mṛduni, bhūśayane sthitām mṛdnīyāt,-na khaṭv-
ādiśayane sthitām | tathā coktaṃ saṅgrahe (śā. a. 3)-
"suraktārṣabhacarmapracchade mṛduni bhūśayane śay-
ānām" ityādi | kuto+aṅgātprabhṛti viśeṣeṇa mṛdnīyāt ?
5 nābheradhaḥ,-nordhvaṃ nābheḥ | kimbhūtām tām ? ābh-
ugnasakthim, āsamantādbhugne-kuṭile, sakthnī yasyāḥ
sā+a+abhugnasakthaḥ, tām tathāvidhām mṛdnīyāt | ta-
thā, punaḥpunarabhyaktāṅgīm vātakopabhayāt | tathā, jṛ-
mbho caṅkramaṃ ca tām kārayet | jṛmbho- jṛmbhaṇam |
10 caṅkramaḥ-caṅkramaṇam drutaḡamanam | § 7065

2.1.153 Aṣṭāṅgahr̥dayasaṃhitā

garbhaḥ prayātyavāgevaṃ, talliṅgaṃ
hṛdvimokṣataḥ | |79| |
āviśya jaṭharaṃ garbho basterupari
tiṣṭhati | |80| | § 7067

2.1.154 Sarvāṅgasundarā

evaṃ-anayetkartavyatayā+anuṣṭhitayā, garbho+avāk pra-
yātiūrdhvādadhō gacchati, hṛtsthānaṃ parityajyādho+avasthitim
karotītyarthaḥ | saṅgrahe tūktam (śā. a. 3)- "dadyāt kuṣṭha-
lāṅgalikīvacācavyacitrakaciribilvacūrṇamupāghrātum mu-
5 hurmuhūḥ | tathā bhūrjapatraśiṃśipāsarjarasānāmanya-
tamadhūmamantarāntarā ca | pārśvapṛṣṭhakaṭīsakthide-
śān koṣṇena tailenābhyajyānusukhamasyā vimṛdgīyāt |

evamavāk parivartate garbhaḥ |" iti | musalenolūkhalaṃ
dhānyapūrṇamāhananīyaṃ garbhasyāvāksthītaya iti keci-
dāhuḥ | tadayuktam | yato garbhīṅyāstāvahyāyāmavarja-
naṃ satatamupadiṣṭam | viśeṣataśca prasavakāle pracalit- 5
asarvadhātudoṣyāḥ sukumārāyānāryāḥ, musalavyāyām-
aprerito hi vāyuh prāṇān himsyāditi | vimardanādikriyāṃ
ca garbhīṅyāstāvatkārayet yāvadgarbhaniṣkramaṇaṃ na
bhavati | atha mātrhr̥dayānmukto garbhaḥ kena lakṣaṇena
jñāyate ? ityāha-talliṅgamityādi | tadityanena garbhaḥ pa- 10
rāmṛśyate | tasya garbhasya, liṅgaṃ-lakṣaṇaṃ, talliṅgam |
garbhasyaitalliṅgaṃ yaddhṛdvimokṣato hṛdayamocanād-
anantaraṃ sa garbho jaṭharamāviśya basterupari tiṣṭhati |
§ 7068

2.1.155 Aṣṭāṅgahṛdayasaṃhitā

āvyo+abhitvarayantyenāṃ
khaṭvāmāropayettataḥ | | 80 | | § 7069

2.1.156 Sarvāṅgasundarā

āvyaḥ-prasavakālaśūlaviśeṣāḥ, yasmādenāṃ-garbhiṅīm, abh-
itvarayanti, anavaratamutpadyamānatvāt | tataḥ tasmāt,
enāṃ garbhīṅīm, khaṭvāmāropayet-ārohayet | § 7070

2.1.157 Aṣṭāṅgahṛdayasaṃhitā

atha sampīḍite garbhe yonimasyāḥ prasārayet | | 81 | |
mṛdu pūrvaṃ pravāheta bādhamāprasavācca
sā | | 81 | | § 7072

2.1.158 Sarvāṅgasundarā

atha-khaṭvārohaṇādanantaraṃ khaṭvāsthitāyā garbhe sa-
mpīḍite samantātpīḍite, vāyunā yonimukhākṛāntatayā,
asyā garbhīṅyā yoniṃ prasārayet-ābhyaṅgādidānena vik-

āsayet | tataḥ sā-garbhiṇī, garbhaṃ mṛdu kṛtvā pūrvam
pravāheta, yāvadyonimukhe nāgato garbhaḥ | garbhaṃ
yonidvāramāgataṃ tu jñātvā bādhaṃbhṛśaṃ pravāheta,
āprasavāt-prasavaṃ yāvat | tathā coktaṃ saṅgrahe (śā. a.
5 3)- "śanaiḥ śanaiśca pūrvam pravāhiṣṭhāḥ, nirgame bā-
dhaṃ garbhasya yonimukhapratipattau bādhataramāpra-
savāditi | " iti | āṅmaryādā vacana ityāḍaḥ karma pravaca-
nīyatve pañcamyapāñparibhiriti pañcamī | § 7073

2.1.159 Aṣṭāṅgahr̥dayasaṃhitā

harṣayettāṃ muhuḥ

putrajanmaśabdajalānilaiḥ | | 82 | | § 7074

2.1.160 Sarvāṅgasundarā

tāṃ-garbhiṇīm, anantaram [muhuḥ] harṣayet-sumanasam
muhuḥ kārayet | kena ? putrajanmaśabdena,-prasūtā pras-
ūtā+asi subhage dhanyam putramityevamrūpeṇāsakṛt str-
ībhīruccāritena, tathā jalena śītalena, tathā+anilena | sa-
5 ṅgrahe+apyuktam (śā. a. 3)- "enāṃ brūyācca subhage śa-
naiḥ śanaiḥ pravāhayasva śobhanaste mukhavarṇaḥ pu-
traṃ janayiṣyasīti | tathā+anyā tu vāmakarṇe+asyā mantr-
amimam japet | 'kṣitirjalaṃ viyattejo vāyurviṣṇuḥ prajā-
patiḥ | sagarbhaṃ tvāṃ sadā pātu vaiśalyam cādadhāt-
10 iti | | prasūṣva tvamavikliṣṭamavikliṣṭā śubhānane | kārti-
keyadyutiṃ putraṃ kārtikeyābhīrakṣitam | | ' iti | tathā,
'ihāmṛtaṃ ca somaśca citrabhānuśca bhāmini | uccaiḥśr-
avāśca turago mandire nivasantu te | | idamamṛtamapāṃ
samuddhṛtaṃ vai tava laghu garbhamimam pramuñcatu
15 stri | tadanalapavanārkaśavāste saha lavaṇāmbudhar-
aurdiśantu śāntim | | ' iti | athāparā strī garbhiṇīmanuśi-
ṣyāt | anāgatāyāṃ vedanāyāṃ mā pravāhiṣṭhāḥ | akāla-
pravāhaṇam hi viṇmūtrādivegānāmivodīraṇamanarthak-
aramahitam ca | garbhasya śvāsakāśasophakubjatādikara-
20 tvāt | ' iti | § 7075

2.1.161 Aṣṭāṅgahr̥dayasam̐hitā

pratyāyānti tathā prāṇāḥ sūtikleśāvasāditāḥ | | 82 | | § 7076

2.1.162 Sarvāṅgasundarā

tathā-tena prakāreṇa harṣādijananena, prāṇāḥ sūteḥ kleśāḥ-
ādhyayaḥ, tatkr̥tāni duḥkhāni, tairavasāditāḥ-glāniṃ nītāḥ,
garbhinyāḥ pratyāyānti-punarnavībhavanti | § 7077

2.1.163 Aṣṭāṅgahr̥dayasam̐hitā

dhūpayedgarbhasaṅge tu yoniṃ

kr̥ṣṇāhikañcukaiḥ | | 83 | |

hiraṇyapuṣpīmūlaṃ ca pāṇipādena

dhārayet | | 83 | |

suvarcalāṃ viśalyāṃ vā jarāyvapātane+api

ca | | 84 | |

kāryametattathokṣipya bāhvorenāṃ

vikampayet | | 84 | |

kaṭimākoṭayetpārṣṇyā sphijau gādham

nipīḍayet | | 85 | |

tālukaṅṭham spr̥śedveṇyā mūrdhni

dadyātsnuhīpayāḥ | | 85 | |

bhūrjalāṅgalikītumbīsarpatvakkuṣṭhasarṣapaiḥ | | 86 | |

pr̥thagdvābhyāṃ samastairvā

yonilepanadhūpanam | | 86 | |

kuṣṭhatālīsakalkaṃ vā surāmaṇḍena

pāyayet | | 87 | |

yūṣeṇa vā kulatthānāṃ bālvajenāsavena

vā | | 87 | | § 7087

5

10

2.1.164 Sarvāṅgasundarā

garbhasya saṅge-saktau, yoniṃ kr̥ṣṇasarpanirmokena dhūpayet-
dhūpanaṃ yonau kuryāt | dhūpayediti "gupūdhūpa" ity-
ādinā āyapratyayaḥ, tato vidhau liṅ | tathā, hiraṇyapuṣp-

īmūlaṃ pāṇinā pādena ca sā garbhiṇī dhārayet | athavā,
 suvarcalāṃ viśalyāṃ vā dhārayet | etat-garbhasaṅgoktaṃ,
 jarāyoḥ-aparākhyasya, apatane-anīṣkrāntau, kāryaṃ-vidhātavyam |
 na kevalaṃ garbhasaṅgoktaṃ kāryaṃ yāvadenāṃ-apatitajarāyūṃ,
 5 bāhvordvayorutkṣīpya vikampayet-vidhunīta | saṅgrahe
 tūktam (śā. a. 3)- "na cedaparā patati tato dakṣiṇena pā-
 ṇinā nābherupariṣṭādbalavadutpīdyānyena pṛṣṭhata up-
 asaṅgr̥hya vidhunuyāt |" iti | tathā, pārṣṇyā kaṭimākoṭ-
 ayediti punaḥ punaḥ kaṭyāṃ pārṣṇighātaṃ kuryādity-
 10 arthaḥ | tathā, sphijau yutau suṣṭhu nipīḍayet | tathā,
 veṇyā-keśaracanāviśeṣākhyayā, tālukaṅṭhaṃ spr̥set | sa-
 ṅgrahe+apyuktam (śā. a. 3)- "veṇyā+aṅgulyā vā keśave-
 ṣṭitayā vā tālukaṅṭhaṃ parāmṛset |" iti | tathā, mūrdhni-
 mastake, snuhīpayāḥ-sudhādugdhaṃ dadyāt | tathā bh-
 15 ūrjādibhirdravyaiḥ pṛthak-pratyekaṃ, athavā dvābhyāṃ
 kṛtvā, samastairvā, yonyā lepanaṃ dhūpanaṃ ca kāryam-
 iti śeṣaḥ | kuṣṭhatālīsapatrayoḥ kalkaṃ vā surāmaṇḍena-
 surābhāgenoparisthitena, tāṃ pāyayet | athavā, kulatthā-
 nāṃ yūṣeṇa-kvāthena, pāyayet | bālvajenāsavena vā | ba-
 20 lvajaṃ vāriṇā āsutyā rātrau dhāritaṃ tacchītakaṣāyo bā-
 lvaja āsava ucyate | saṅgrahe+apyuktam (śā. a. 3)- "bhū-
 rjapatrakācamaṇīsarpanirmokaiśca yoniṃ dhūpayet | bh-
 ūrjaguggulubhyāṃ vā | śālimūlasiddhena vā sarpiṣā yo-
 nimabhyajya kaṭukālābujālinīnimbasarpanirmokairdhūp-
 25 ayet | anabhyaktāṃ vā kaṭutailamiśraiḥ kalkīkṛtairvā ta-
 ilāktairālimpet | guḍanāgarakalkena vā | tadeva vā bha-
 kṣayet | lāṅgalīmūlakalkena vā pāṇipādamudaraṃ ca li-
 mpet |" iti | tathoktam (saṃ. śā. a. 3)-"kuṣṭhailākalkaṃ vā
 surayā pāyayet | arkālarkakaṣāyaṃ vā suronmiśram | ku-
 30 ṣṭhalāṅgalikīmūlakalkaṃ vā madyamūtrānyatareṇa | [va-
 tsakādicūrṇaṃ vā madyena |] śatapušpākuṣṭhamadanah-
 iṅgusiddhasya ca tailasya picuṃ grāhayet |" iti | § 7088

2.1.165 Aṣṭāṅgahr̥dayasaṃhitā

śatāhvāsarsapājājīsiḥgrutīkṣṇakacitrakaiḥ | | 88 | |
 sahiṅgukuṣṭhamadanairmūtre kṣīre ca
 sārṣapam | | 88 | |

tailaṃ siddhaṃ hitaṃ pāyau yonyāṃ
vā+apyanuvāsanam | | 89 | |
śatapuṣpāvacaḥkuṣṭhakaṇāsarṣakalkitaḥ | | 89 | |
nirūhaḥ pātayatyāśu
sasnehalavaṇo+aparām | | 90 | |
tatsaṅge hyanilo hetuḥ sā niryātyāśu
tajjayāt | | 90 | | § 7094

2.1.166 Sarvāṅgasundarā

śatāhvādibhirdravyaiḥ sārṣapaṃ tailaṃ mūtre kṣīre co-
bhayasmin siddhaṃ pakvaṃ, anuvāsanam hitam | kva?
pāyau-gude | athavā yonyāṃ garbhaniṣkramaṇadvāre | ta-
thā, śatāhvādibhirdravyaiḥ kalkito nirūhobastikalpoktau
yaugikaḥ, saha snehena lavaṇena ca vartamānaḥ, āśu śī- 5
ghrameva, aparām-jarāyusaṃjñām, pātayati | yasmāttats-
aṅge+anilo hetuḥ-vāyuh, kāraṇam | tajjayāt-vātajayāt, sā-
aparā, niryāti-kuṣṭhito bahirniṣkrāmati | pavanavijaye ca
bastiḥ pradhānam | tathā cuktam (hr. sū. a. 19/1)-" vātob- 10
aṇeṣu doṣeṣu vāte vā bastiriṣyate | " ityādi | saṅgrahe tu ga-
rbhiṇyā āsthāpane+anuvāsane ca sanniveśaviśeṣa uktaḥ |
yathā (śā. a. 3)- "garbhiṇīm tu nyubjāmāsthāpayedanuvā-
sayecca | tathā+asyā vivṛtamārgatayā samyagauśadhama-
nupraviśati | " iti | § 7095

2.1.167 Aṣṭāṅgahrdayasaṃhitā

kuśalā pāṇinā+aktena haretklṛptanakhena vā | | 91 | | § 7096

2.1.168 Sarvāṅgasundarā

athavā kuśalā-tadvyāpāranipuṇā yoṣit, pāṇinā sarpiṣā+abhyaktena
tām haret | kimbhūtena pāṇinā ? klṛptanakhena, klṛptāḥ-
kalpitāḥ śastreṇa, nakhā yasya tena, tathāvidhena pāṇinā
nālānusārata ākarṣet | saṅgrahe+apyuktam (śā. a. 3)- "[
umā] śālmalīpicchayā vā saghṛtayā yoniṃ pūrayitvā vidh- 5
unuyāt | " iti | § 7097

2.1.169 Aṣṭāṅgahr̥dayasaṃhitā

muktagarbhāparāṃ yoniṃ tailenāṅgaṃ ca
mardayet | | 91 | | § 7098

2.1.170 Sarvāṅgasundarā

garbhaścāpārā ca garbhāparam, muktaṃ garbhāparam
yayā yonyā, tāṃ yoniṃ tailena mardayet | aṅgaṃ-śarīraṃ
ca, mardayet | § 7099

2.1.171 Aṣṭāṅgahr̥dayasaṃhitā

makkallākhye śirobastikoṣṭhaśūle tu pāyayet | | 92 | |
sucūrṇitaṃ yavakṣāraṃ ghr̥tenoṣṇajalena
vā | | 92 | |
dhānyāmbu vā
guḍavyoṣatrijātakarajonvitam | | 93 | | § 7102

2.1.172 Sarvāṅgasundarā

makkallākhye roga utpanne śirobastikoṣṭhaśūlalakṣaṇe
sati yavakṣāraṃ sūkṣmacūrṇitaṃ ghr̥tenāthavoṣṇajalena
tāṃ sūtāṃ pāyayet | dhānyāmbu vā tāṃ pāyayet | ki-
mbhūtam ? guḍavyoṣatrijātakarajonvitam | guḍa iti sā-
5 mānyoktāvapi purāṇo+atra guḍo grāhyaḥ, pathyatvāt |
makkallākhyo-rogaḥ | śirobastikoṣṭhaśūla iti lāghavena ta-
ntrakṛtā+asya lakṣaṇamuktam | § 7103

2.1.173 Aṣṭāṅgahr̥dayasaṃhitā

atha bālopacāreṇa bālaṃ yoṣidupācaret | | 93 | | § 7104

2.1.174 Sarvāṅgasundarā

atha bālaṃ-jātamātrameva, upācaret-upapādayet | kā ?
yoṣit,-bahukṛtvaḥ prasūtā, na pumān | kena ? bālopacār-
eṇa, bālopacaraṇīyoktenāhāravihārādīnā | § 7105

2.1.175 Aṣṭāṅgahr̥dayasamhitā

sūtikā kṣudvatī tailāddhṛtādvā mahatīm pibet | | 94 | |
pañcakolakinīm mātrāmanu coṣṇaṃ
guḍodakam | | 94 | |
vātaghnausadhatoyam vā, tathā vāyurna
kupyati | | 95 | |
viśudhyati ca duṣṭāśraṃ dvitirātramayaṃ
kramaḥ | | 95 | | § 7109

2.1.176 Sarvāṅgasundarā

sūtikā kṣudvatī-bubhuṣitā satī, tailādathavā ghṛtānma-
hatīm mātrāṃ pibet | kimbhūtām ? pañcakolakam vidy-
ate yasyā mātrāyāstām pañcakolakinīm | sūkṣmacūrṇik-
ṛtapañcakolakayuktām tāṃ mātrāṃ pibeditarthāḥ | aṣṭ-
ābhiryāmairyā jarāṃ gacchati sā sneha mātrā mahatī | 5
anu coṣṇaṃ guḍodakam pibediti yoṣyam | vātaharadravy-
akvāthaṃ vā paścātpibet | tathā-evam kṛte sati, vāryuna
kupyati-na kopam yāti sūnyam koṣṭham prāpya | duṣṭam
raktaṃ ca viśudhyati | ayam-eṣaḥ, kramo dvirātram trirā-
tram vā yathāyogaṃ kāryaḥ | § 7110 10

2.1.177 Aṣṭāṅgahr̥dayasamhitā

snehāyogyā tu niḥsnehamamumeva vidhiṃ bhajet | | 96 | |
pītavatyāśca jaṭharam yamakāktam
viveṣṭayet | | 96 | | § 7112

2.1.178 Sarvāṅgasundarā

snehapānāyogyā tu strī-yā snehaṃ nārhati sā, niḥsnehaṃ-
snehaṃ vinā, amumeva-pūrvoktaṃ vidhiṃ, bhajet | pītav-
atyāśca tasyā jaṭharaṃ yamakāktaṃ-tailaghr̥tābhyāmabhyaktaṃ,
viveṣṭayedvāsaseti śeṣaḥ | pītavatyā ityaviśeṣanirdeśaḥ
5 kadācit snehayogyā snehaṃ pītavatī, snehāyogyā tūṣṇaṃ
guḍodakaṃ pītavatī, athavā vātaghnauṣadhatoyam pītav-
atī, iti sāmānyena yo nirdeśastasyārthaḥ | § 7113

2.1.179 Aṣṭāṅgahr̥dayasaṃhitā

jīrṇe snātā pibetpeyāṃ pūrvoktauṣadhasādhitāṃ | | 97 | |
tryahādūrdhvaṃ vidāryādivargakvāthena
sādhitā | | 97 | |
hitā yavāgūḥ snehādhyā sātmyataḥ
payasā+athavā | | 98 | |
saptarātrātparam cāsyai kramaśo bṛmhaṇaṃ
hitam | | 98 | |
5 dvādaśāhe+anatikrānte piśitam
nopayojayet | | 99 | | § 7118

2.1.180 Sarvāṅgasundarā

snehe jīrṇe kavosṇaguḍodake vātaghnauṣadhatoye vā, an-
antaram snātā satī pūrvoktauṣasādhitāṃ-pañcakolakṛtāṃ,
peyāṃ pibet | tryahādūrdhvaṃ-anantaram, vidāryādiva-
rgoktauṣadhaiḥ siddhā yavāgūḥ- peyā,snehādhyā hitā |
5 athavā sātmyataḥ-sātmyavaśāt, payasā-kṣīreṇa sādhitā, ya-
vāgūrhitā | saptarātrātparam-anantaram, kramaśo-na sa-
hasā, tasyai bṛmhaṇaṃ hitam | bṛmhaṇaṃ ca jīvanīyabr̥-
mhaṇīyamadhuravargasiddhairabhyaṅgodvartanapariṣekā-
vagāhanairhṛdyaiścānapānairvidhātavyam | dvādaśāhe+anatikrānte-
10 aparisaṃpṛte, piśitam-māsaṃ, nopayojayet-nābhyavahārayet,
skandādidvādaśagrahābhiṣaṅgaparihārārtham | māṃsa-
bhojanena hi kadācittairabhiṣaṅgo bhavet, teṣāṃ māṃsā-
datvāt | § 7119

2.1.181 Aṣṭāṅgahṛdayasaṃhitā

yatnenopacaretsūtāṃ duḥsādhyo hi tadāmayaḥ | | 99 | |
garbhavṛddhiprasavarukkledāsrasrutipīḍanaḥ | | 100 | | § 7121

2.1.182 Sarvāṅgasundarā

sūtāṃ strīṃ yatnena-tātparyeṇa, upacaret-upakramet |
kuto hetoḥ ? ityāha-hi-yasmāt, tasyā āmayo-rogo duḥsādhyah-
kṛcchreṇopakramyaḥ | kimiti kṛcchrasādhyah ? ityāha-
garbhetyādi | vṛddhiśca prasavaśca vṛddhiprasavau, ga-
rbhasya vṛddhiprasavau ca ruk ca kledāsrasrutiśca pīḍ- 5
anam ca garbhavṛddhiprasavarukkledāsrasrutipīḍanāni,
tairhetubhūtaistadāmoyo duḥsādhyah | ruk-pravāhavedanā |
§ 7122

2.1.183 Aṣṭāṅgahṛdayasaṃhitā

evaṃ ca māsādadhyardhānmuktāhārādiyantraṇā | | 100 | |
gatasūtābhīdhānā
syātpunarārtavadarśanāt | | 1 | |
100 1/2 | | 1 | | § 7125
iti śrīvaidyapatīṣṭhaguptasūnuśrīmadvāgbhaṭaviracitā-
yāmaṣṭāṅgahṛdayasaṃhitāyāṃ dvitīye śārīrasthāne
garbhāvakraṅtīrṇāma prathamoadhyāyaḥ | | 1 | | 5

2.1.184 Sarvāṅgasundarā

evaṃ-anena prakāreṇa, sārḍham māsamupaskṛtā kram-
eṇa muktāhārāvihārayantraṇā syāt | adhyardhamāsātpa-
reṇa gatasūtābhīdhānāvyapetaprasūtivyapadeśā, punarā-
rtavadarśanādbhavet | saṅgrāhe tūktam (śā. a. 2)- "jarāy-
uṇā mukhe channe kaṅṭhe ca kaphaveṣṭite | vāyormārga- 5
nirodhācca na garbhasthaḥ praroditi | |" iti | § 7127
itiśrīrṅgāṅkadattaputraśrīmadaruṇadattaviracitāyāma-
ṣṭāṅgahṛdaya- ṭīkāyāṃ sarvāṅgasundarākhyāyāṃ dvitīye
śārīrasthāne garbhā- vakraṅtīrṇāma prathamoadhyāyaḥ
samāptaḥ | | 1 | |

2.2 garbhavyāpadvidhiradhyāyaḥ : 2

2.2.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto garbhavyāpadaṃ śārīraṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 7130

2.2.2 Sarvāṅgasundarā

garbhasya vyāpat garbhavyāpat, sā vidyate yasminniti
dhaḥ, tasya "adhyāyānuvākayorluk" iti luk | yadyapi cā-
tra garbhavyāpadaścikitsā+apyuktā na kevalaṃ vyāpat,
tathā+api bāhulyādidamuktamiti vedyam | athādīnāṃ pū-
5 rvavadvyākhyā | § 7131

2.2.3 Aṣṭāṅgahr̥dayasaṃhitā

garbhīṅyāḥ parihāryāṅāṃ sevayā rogato+atha vā | | 1 | |
puṣpedr̥ṣṭe+athavā śūle bāhyāntaḥ
snigdhaśītaḥ | | 1 | |
sevyāmbhojahimakṣīrivalkakalkājyalepitān | | 2 | |
dhārayedyonibastibhyāmārdrārdrān
picunaktakān | | 2 | | § 7135

2.2.4 Sarvāṅgasundarā

garbhīṅyāḥ parihāryāṅāṃ-āhāravihārāṅāṃ pūrvoktānā-
mativyavāyādīnāṃ, sevanena puṣpe dr̥ṣṭe, athavā rog-
ataḥ puṣpe dr̥ṣṭe, rogasya ca svabhāvāpathyasarsapaśā-
kamandakadadhyāderāhārānmātrādeśakālādivaśādvā sa-
5 mbhavaḥ, garbhākhyaphalāhetutvādraktaṃ puṣpamucy-
ate, tasmin dr̥ṣṭe-cakṣurgocaraṃ prāpte, athavā śūle-dr̥ṣṭe-
praśnādinopalabdhe sati, dr̥ṣīratropalābdhivacanaḥ, bā-
hyāntaḥ snigdhaśītaḥ sādhanāṃ-annapānapradehapaṛiṣekādi,
kāryam | bahiḥ-snānāvagāhādau, antaścabhojanānupānā-
10 dāvityartthaḥ | rogata iti ṛtīyārthe tasiḥ | tathā, strī yon-

ibastibhyāṃ picunaktakān dhārayet | kimbhūtān ? sevyā-
dibhirlepitān | sevyāṃ-uśīram | ambhojaṃ-padmaṃ | hi-
maṃ candanam | kṣīraṃ vidyate yeṣāṃ te kṣīriṇo vṛkṣāḥ-
pippalādayaḥ, yeṣāṃ śāstrādicchinnānāṃ kṣīraṃ dr̥śyate | 5
valkaṃ-valkalam | sevyāṃ cāmbhojaṃ ca himaṃ ca kṣī-
rivalkaṃ ca, teṣāṃ kalkaścājyaṃ ca , tairlepitān | tathā ca
kimbhūtān ? ārdṛārdrān-atīśayenārdṛīkṛtān | picuśabdena
vikeśikāsadṛśāḥ kārṇpāsamayāḥ | naktakaḥ-cailakhaṇḍaḥ |
§ 7136

2.2.5 Aṣṭāṅghṛdayasaṃhitā

śatadhautaghṛtāktāṃ strīṃ tadambhasyavagāhayet | | 3 | |
sasiṭākṣaudrakumudakamalotpalakesaram | | 3 | |
lihyāt kṣīraghṛtaṃ
khādecchṛṅgāṭakakaserukam | | 4 | |
pibetkāntābjaśālūkabālodumbaravatpayaḥ | | 4 | |
śṛtena śālikākōlīdvibalāmadhukekṣubhiḥ | | 5 | | 5
payasā raktaśālyannamadyātsamadhuśarka-
ram | | 5 | |
rasairvā jāṅgalaiḥ----- | | 6 | | § 7143

2.2.6 Sarvāṅgasundarā

śataśabdo bahuvāraparyāyāḥ, na saṅkhyāvācītyarthaḥ |
tathā ca saṅgrahe+adhītam (śā. a. 4)- sahasradhautasarp-
iṣā+adhonābheḥ sarvataḥ pradihyāt |" iti | śatādhautena-
bahudhā prakṣālitena ghṛtena, aktāṃ-abhyaktāṃ, strīṃ
tadambhasyavagāhayet-tatra tāṃ nimajjanam kārayet | ta- 5
dityanena hi sevyādidravyaparāmarśaḥ | strīmiti vāmśas-
oritīyaṅvikalpātpūrvarūpam | tathā kṣīraṃ ghṛtaṃ ca li-
hyāt | kimbhūtān ? sasiṭetyādi | saha sitayā tathā kṣau-
dreṇa tathā kumudakamalotpalānāṃ kesareṇa-kiṅjalkena
sahitam | anye tu kṣīrāghṛtaṃ kṣīrodbhavaṃ ghṛtaṃ kṣīra- 10
ghṛtamiti vyācakṣate | tathā, khādecchṛṅgāṭakam kaseru-
kaṃ ca | tathā, payaḥ-kṣīraṃ, pibet | kimbhūtān ? kāntety-
ādi | kāntā-gandhapriyaṅguḥ | apsu jātaṃ-abjam, kamal-

ādi | śālūkam-utpalamūlam | bālamudumbaraṃ-apakvamudumbaraphalam |
kāntā cābjaṃ ca śālūkam ca balodumbaraṃ ca tāni vidy-
ante yasya payasastadevam, taiḥ śṛtaṃ kṣīraṃ pibeditya-
rthaḥ | yairhi tatpayah śṛtaṃ tāni tatrāvaśyaṃ vidyante |
5 kṣīraśrapaṇavidhiścātisāracikitsoktaḥ (hr. ci. a. 9/39)- "pa-
yasyutkvāthya mustānām viṃśatiṃ" ityādyanusāreṇātra
kalpyah | tantrāntare tvevamuktam-"dravyādaṣṭagaṇam
kṣīraṃ kṣīrāttoyam caturgaṇam | kṣīrāvaśeṣah kartavyah
kṣīrapāke tvayam vidhiḥ | |" iti | anye tu kāntādidravyā-
10 ṇām cūrṇena yuktaṃ kalkena vā yuktaṃ payah pibedi-
tyāhuḥ | payasā raktaśālyannaṃ samadhuśarkaram suśī-
taṃ bhujjīta | kimbhūtena kṣīreṇa ? śālyādibhiḥ śṛtena-
siddhena | deśasātmyādyanurodhājāṅgalairvā rasaiḥ sā-
lyannamadyāt | § 7144

2.2.7 Aṣṭāṅgahr̥dayasaṃhitā

-----śuddhivarjaṃ cāsroktamācaret | | 6 | | § 7145

2.2.8 Sarvāṅgasundarā

śuddhiṃ varjayitvā, asroktam-raktapittābhihitam, yatsā-
dhanam tadvāhyāntarācaret-seveta | asraśabdasyopalakṣ-
aṇārthatvādraktapittam gamyate | § 7146

2.2.9 Aṣṭāṅgahr̥dayasaṃhitā

asampūrṇatrimāsāyāḥ pratyākhyāya prasādhayet | | 6 | |
āmānvaye
ca----- | | 7 | | § 7148

2.2.10 Sarvāṅgasundarā

asampūrṇāstrayo māsā yasyāḥ garbhiṇyāḥ saivam | ta-
syāḥ puṣpadarśane sati garbhaḥ prāyo na tiṣṭhati, as-
aṅjātasāratvāt | tasmāt pratyākhyāya-pratyākhyānam kṛ-

tvā, prasādhayet-prakarsēṇa yatnena sādhayet | āmā-
nvaye ca | atrāpi pratyākhyāya prasādhayedityanuva-
rtate | āmānugate raktadarśane sampūrṇatricaturādīm-
āsāyā api sañjātasāre+api garbhe sati viruddhopakr-
amatvāt pratyākhyāya sādhanam kārayet | tathā hi, 5
rūkṣatikṣṇoṣṇakaṭuprāyamāmaghnam garbhīṇyā viruddham,
śītasnigdhaprāyam cāmasya | § 7149

2.2.11 Aṣṭāṅgahrdayasaṃhitā

tatreṣṭam śītam rūkṣopasaṃhitam | | 7 | |

upavāso

ghanośīraguḍūcyaraludhānyakāḥ | | 7 | |

durālabhāparpaṭakacandanātiviṣābalāḥ | | 8 | |

kvathitāḥ salile pānam ṭṛṇadhānyāni

bhojanam | | 8 | |

mudgādiyūṣairāme tu jite snigdhādi

pūrvavat | | 9 | | § 7154

5

2.2.12 Sarvāṅgasundarā

tatra-āmānvaye sāmātāyām satyām, śītam yadannapān-
ādi, tatsarvam bāhyato+antaśca hitam | śītam raktasya
pathyam, āmasya viruddhatvādapathyam, ityāśaṅkyāha-
rūkṣopasaṃhitam,-rūkṣeṇa-tiktakaṣāyādinā, yuktam | ta-
thā, deśatvādyanurodhādupavāso hitaḥ, na kevalam śī- 5
tam rūkṣopasaṃhitam | tathā nānādayo dravyaviśeṣāḥ
salile kvathitāḥ pānam hitam | nāno-mustaḥ | araluḥ-
syonākāḥ | tathā, ṭṛṇadhānyāni-nīvārakodravaśyāmākādīni,
bhojanam-āhāraḥ, tatra-āmānvaye, hitam | kaiḥ saha ? mu-
dgādiyūṣaiḥ | ādigrahaṇena makuṣṭamasūrādayaḥ śimbī- 10
dhānyaviśeṣāḥ pittaśleṣmaharā gr̥hyante | sāmātāyāmev-
otpannāyāmayamupakramāḥ | āme tu jite snigdhādi pū-
rvavat | pūrvasminniva pūrvavat | saptamyantādvatiḥ |
yathā prathamam raktadarśane snidhaśītalādi hitam, ta-
thā+atrāpi pūrvanirdiṣṭam snigdhādi hitamityarthaḥ | sn- 15
igdhaśītāni bāhyāntarupayojyāni | § 7155

2.2.13 Aṣṭāṅgahr̥dayasaṃhitā

garbhe nipatite tikṣṇaṃ madyaṃ sāmārthyataḥ
pibet | | 9 | |
garbhakoṣṭhaviśuddhyarthamartivismaraṇāya
ca | | 10 | |
laṅunā pañcamūlena rūkṣāṃ peyāṃ tataḥ
pibet | | 10 | |
peyāmamadyapā kalke sādhitāṃ
pāñcakaulike | | 11 | |
5 bilvādipañcakakvāthe
tiloddālakataṇḍulaiḥ | | 11 | |
māsātulyadinānyevaṃ peyādiḥ patite
kramaḥ | | 12 | |
laṅurasnehalavaṇo dīpanīyayuto
hitaḥ | | 12 | | §7162

2.2.14 Sarvāṅgasundarā

garbhinyā evamāsevamānāyā apyadr̥ṣṭavaśādgarbhe nipatite-
niḥśeṣeṇa patite sati, tikṣṇaṃ-karkaśaṃ, madyaṃ sāmā-
rthyena pibet,-bahu pibedityarthaḥ | kimartham ? ityāha-
garbhakoṣṭhetyādi | garbhakoṣṭhaviśuddhyarthamarteḥ-pīḍāyāḥ,
5 vismr̥tyartham ca | tato-madyapariṇāmādanantaram, rū-
kṣāṃ peyāṃ pibet | kimbhūtām ? laghunā pañcamūlena-
br̥hatyādinā (hr̥.sū.a.6/168), kṛtām | amadyapā tu yā strī
sā garbhe nipatite peyāṃ pibet, na tu madyam | kva
sādhitāṃ ? kalke | kiṃ sambandhini ? pāñcakaulike,-
10 pañcakolasyāyaṃ pāñcakaulikaḥ, tasmin | pañcakolakaṃ
kalkīkṛtya tatra peyāṃ sādhitāmityarthaḥ | tathā, bilvādipañcakakvāthe-
mahatpañcamūlakaśāye (hr̥. sū. a. 6/167) , sādhitāṃ
peyāṃ pibediti yoḥyam | kaiḥ sādhitām ? tiloddālakat-
aṇḍulaiḥ | uddālakovr̥ihiviśeṣaḥ | māsāistulyani dināni-
15 māsasaṅkhyā vāsarāḥ | yāvanto māsā garbhasya tāvanti-
ahāni garbhe nipatite sati, evaṃ-pūrvoktena prakāreṇa,
peyādiḥ kramaḥ kāryaḥ | kimbhūtaḥ ? laghurasnehalav-
aṇaḥ | na vidyete snehalavaṇe yasya | tatha, dīpanīyaiḥ-

agnikṛdbhirmaricacitrakādibhirdravayairyutaḥ | saḥ-tathāvidhaḥ,
tatra kramo hitaḥ | § 7163

2.2.15 Aṣṭāṅgahṛdayasaṃhitā

doṣadhātuparikledaśoṣārthaṃ vidhurityayam | | 13 | | § 7164

2.2.16 Sarvāṅgasundarā

doṣau-pittakaphāvatra gr̥hyete | vātasya kledāsambhavāt |
doṣau ca dhātavaśca, teṣāṃ parikledaḥ, tasya śoṣārthaṃ-
śoṣāṇāya, ayam vidhiriti | § 7165

2.2.17 Aṣṭāṅgahṛdayasaṃhitā

snehānnabastayaścordhvaṃ
balyadīpanajīvanāḥ | | 13 | | § 7166

2.2.18 Sarvāṅgasundarā

ūrdhvaṃ-ato doṣadhāduparikledaśoṣādanantaram, sneh-
ānnabastayohitāḥ | snehaścaturvidhaḥ pānādau hitaḥ | ta-
thā, annaṃ snigdhaṃ na rūkṣaṃ, hitam | bastayo+api sni-
gdhā eva-na rūkṣā hitāḥ, vātakopabhayāt | kimbhūtāḥ sn-
ehānnabastayaḥ ? balyadīpanajīvanāḥ | balyāḥ-balāya hi- 5
tāḥ | dīpanāḥ-vahneḥ sandhukṣaṇakṛtaḥ | tathā, jīvanāḥ-
ojovṛddhikarāḥ | § 7167

2.2.19 Aṣṭāṅgahṛdayasaṃhitā

sañjātasāre mahati garbhe yoniparisravāt | | 14 | |
vṛddhimaprāprāpnuvan garbhaḥ koṣṭhe tiṣṭhati
sasphuraḥ | | 14 | |
upaviṣṭakamāhustaṃ, varddhate tena
nodaram | | 15 | | § 7170

2.2.20 Sarvāṅgasundarā

sañjātaḥ sāro-balaṃ, yasyāsau sañjātasāro-balavān ga-
rbhaḥ, tasmin | tathā, mahati-pravṛddhe sati | garbhīnyāḥ
parihāryāparihāradyo+asau yoneḥ parisravaḥ-parisravaṇaṃ,
tasmāt | parisrava iti ca sāmānyena nirdeśāt kadāci-
5 draktarūpaḥ kadācidanyādr̥śo+api garbhātsravati | pari-
sravācca kāraṇāt vṛddhimaprāpnuvan-agacchan, koṣṭha
eva-garbhādhāra eva, tiṣṭhati garbhaḥ | yato yonipari-
sravātkāraṇāt vāyuḥ kupitaḥ pittaśleṣmāṇau parigr̥hya
garbhasya rasavahāṃ nāḍīm pratipīdyāvatiṣṭhate | tato
10 nāḍyāṃ doṣaiḥ kulyāyāmiva tṛṇapatrādibhiḥ praticch-
annāyāṃ rasasyāsamyagvahanānnāḍīrodhāddṛddhyābh-
āvo garbhasya | kimbhūtaḥ koṣṭhe tiṣṭhati ? sasphuraḥ |
sphuraṇaṃsphuraḥ | ajvidhau bhayādīnāmupasaṅkhyān-
amityac | gāṅkuṭādibhyo ṅṇīniditi nīttvādguṇābhāvaḥ |
15 saha sphureṇa-calanena, vartata iti sasphuraḥ | etāvanm-
ātraviśeṣāvasthaḥ koṣṭhe tiṣṭhati | taṃ-tathāvidhaṃ ga-
rbhaṃ, upaviṣṭakasaṃjñamāhuḥ | 'munayaḥ' iti śeṣaḥ |
tena-tathābhūtena garbheṇa koṣṭhasthitena, tasyā udaraṃ
na varddhate-na vṛddhiṃ yāti, garbhasyaivāvṛddheḥ | na
20 hi yadyasya vṛddhau varddhate tadavṛddhau tasya vṛ-
ddhiḥ syāt | tathā hi,-candravṛddhāveva samudravelāyā
vṛddhiḥ | upaviṣṭakāvasthaśca garbho na varddhate | at-
astatkāraṇābhavādudarasyāpyavṛddhiḥ | § 7171

2.2.21 Aṣṭāṅgahr̥dayasaṃhitā

śokopavāsarūkṣādyairathavā yonyatisravāt | | 15 | |
vāte kruddhe kṛśaḥ śuśyedgarbho nāgodaram
tu tam | | 16 | |
udaraṃ vṛddhamapyatra hīyate sphuraṇaṃ
cirāt | | 16 | | § 7174

2.2.22 Sarvāṅgasundarā

śokopavāsarūkṣādyaiḥ-garbhagarbhīnyapacayakāribhiḥ pa-
vanaprakopakāribhirhetubhiḥ, vāte kruddhe-kupite, ath-

avā garbhagarbhiṅyorupacayapradairāhāravihārairupaci-
 tayorgarbhagarbhiṅyorapi kadācidatyartham raktasruti-
 kāraṇānyāseveta strī, tadānīm tasyā yonyatisravo jāy-
 ate | tasmādyonyatisravātkāraṇādapi pavane kupite, kṛśo 5
 garbhaḥ sampadyate | śuśyedyatra caśabdo luptanird-
 iṣṭo draṣṭavyaḥ | na kevalam kṛśo bhavati śuśyecce-
 tyarthaḥ | taṃ-tathābhūtam garbham, nāgodarasamjñā-
 kam keśamcinmate copaśuśkakasamjñakam vidyāt | atra-
 nāgodarasamjñake garbhe+antaḥsthite, udaram vṛddhamapi-
 mahadapi sat, hīyate-hāniṃ yāti | sphuraṇam ca cirāt- 10
 cireṇa bhavati | upaviṣṭake tu kevalamavṛddhirna tu hā-
 niḥ | § 7175

2.2.23 Aṣṭāṅgahṛdayasaṃhitā

tayorbṛmhaṇavātaghnamadhuradravyasaṃskṛtaiḥ | | 17 | |
 nṛtakṣīrarasaistr̥ptirāmagarbhāmśca
 khādayet | | 17 | |
 taireva ca subhikṣāyāḥ kṣobhaṇam
 yānavāhanaiḥ | | 18 | | § 7178

2.2.24 Sarvāṅgasundarā

tayoḥ-upaviṣṭakanāgodarākhyayorgarbhayoḥ, ghṛtakṣīra-
 rasaistr̥ptirgabhiṅyāḥ kāryeti śeṣaḥ | kimbhūtaistaiḥ ?
 bṛmhaṇavātaghnamadhuradravya saṃskṛtaiḥ-siddhaiḥ |
 bṛmhaṇāni ca tāni vātaghnāni ca madhurāṇi ca, eva- 5
 mbhūtāni yāni dravyāṇi drākṣāsarkarādīni, na tu vy-
 astāni bṛmhaṇāni vātaghnāni madhurāṇi ca | tatra ke-
 valam bṛmhaṇāni-priyaṅguprabhṛtīni, na tu vātaghn-
 āni | vātaghnāni ca bṛmhaṇāni, na tu madhurarasāni,
 yathā-nāgarādīni | madhurāṇi na vātaghnāni nāpi bṛ-
 mhaṇāni, yathā-taṇḍulīyamasūrādīni | tadetairvyastagu- 10
 ṇairdravyaiḥ saṃskṛtena ghṛtādīnā tr̥ptirna kāryā, kiṃ
 tarhi ? samastabṛmhaṇādiguṇayuktairdravyaiḥ saṃskṛ-
 tairiti bodhyam | tathā ca saṅgrahe+adhijage (śā.a.4)-
 'taylorjīvanīyabṛmhaṇīyamadhurauśadhasiddhānām sarp-

iṣāmupayogaḥ | " ityādi | tathā, tadgarbhapuṣṭaye tām ga-
rbhiṇīmāmagarbhāṃśca khādayet, vaidya iti śeṣaḥ | āa-
magarbhān svādantyāḥ kadācidgarbhiṇyā jugupsā syāt,
5 anto+atra khādirnirdiṣṭaḥ | vaidyo hi tām tathā yuktyā kh-
ādayet, yathā+asau na jugupseta | āmagarbhā aparipūrṇa-
garbhā ucyante | tathā, tairevabr̥mhaṇādidravysaṃskṛta-
irghṛtakṣīrarasairāmagarbhaisca, subhikṣāyāḥ-tr̥ptim̄ prā-
ptāyāḥ, kṣobhaṇam̄ kāryam̄ | kaiḥ ? yānaiḥ-rathādibhiḥ,
10 vāhanaiḥ gajaturagādibhiḥ | tatrārOPYa tām garbhiṇīm̄ ve-
gena nayedityarthaḥ | § 7179

2.2.25 Aṣṭāṅgahr̥dayasaṃhitā

līnākhye nisphure śyenagomatsyotkrośabarhijāḥ | | 18 | |
rasā bahughṛtā deyā māṣamūlakajā api | | 19 | |
bālabilvaṃtilānmāṣānsaktūṃśca payasā
pibet | | 19 | |
samedyamāṃsam̄ madhu vā kaṭyabhyaṅgam̄ ca
śīlayet | | 20 | | § 7183

2.2.26 Sarvāṅgasundarā

asyopiviṣṭakanāgodarābhyāmeva hetulakṣaṇayoruktatvāt
yadeva nisphuraṇatvādi viśeṣāntaram̄ tadeveha tantrakṛ-
toktam | saṅgrahe tu papāṭha (śā. a. 4)- "yasyāḥ punarvā-
topasṛṣṭhasrotaso līno garbhaḥ prasupto na spandate taṃ
5 līnamityāhuḥ | " iti | tatra līnākhye garbhe sati garbhiṇyāḥ
śyenādijā rasā bahughṛtā deyāḥ | ādiśabdena (upalakṣa-
ṇatvena) [saṅgrahoktānām̄] tittirikukkuṭādīnām̄ graha-
ṇam̄ | tathā, māṣamūlakajā rasā bahughṛtā deyāḥ | tathā,
sātmyādivaśāt bālavilbādīn samastānaikadhyaṃ kṛtvā kṣ-
10 īreṇa pibet | tathā saha meduramāsenā mārdrvīkam̄ vā pi-
bet | kaṭyāṃ cābhyaṅgam̄ śīlayet-abhyaset | § 7184

2.2.27 Aṣṭāṅgahr̥dayasaṃhitā

harṣayetsatataṃ caināmevaṃ garbhaḥ
pravarddhate | | 20 | | § 7185

2.2.28 Sarvāṅgasundarā

satataṃ-muhurmuhuśca, enāṃ-garbhiṇīmupaviṣṭakanāgoda-
ralīnākhyagarbhodarasthāṃ, harṣayet-muditāṃ kuryāt |
evaṃ-anayetikartavyatayā kṛtayā, garbhaḥ pravarddhate-
vṛddhiṃ yāti | § 7186

2.2.29 Aṣṭāṅgahrdayasaṃhitā

puṣṭo+anyathā varṣagaṇaiḥ kṛcśrājīyeta, naiva
vā | | 21 | | § 7187

2.2.30 Sarvāṅgasundarā

anyathā-anyena prakāreṇa pūrvoktaviparyayeṇa rūkṣā-
tmanā seviteṇa māturāhārasenālpena, puṣṭaḥ-cetanāmātrāvaśeṣa
eva, vatsarasandohaiḥ kṛcchrājīyeta-kaṣṭeṇa yonito niṣkr-
āmet | naiva veti | athavā yāvajjīvaṃ garbhīṇyāḥ kuṣṣāve-
vāvasīdet na tato niṣkrāmet kuṣṣāvevāvatiṣṭheta | § 7188 5

2.2.31 Aṣṭāṅgahrdayasaṃhitā

udāvartaṃ tu garbhīṇyāḥ snehairāśutarāṃ jayet | | 21 | |
yogyaiśca bastibhirhanyātsagarbhāṃ sa hi
garbhīṇīm | | 22 | | § 7190

2.2.32 Sarvāṅgasundarā

garbhīṇyā yadyudāvartākhyo vyādhiḥ syāt, taṃ snehaiḥ-
caturbhiryathāyogyauśadhasādhitaiḥ pānādinā sevitaiḥ,
āśutarāṃ-atitvaritaṃ, jayet | tathā, yogyaiḥ-tatkālocitaiḥ,
bastibhiḥ-anuvāsanaḥ, jayet | nanu, garbhīṇyā varjyeṣu
"bastimāmāsato+aṣṭamāt" iti prāguktam (hr. śā. a. 1/47) | 5

tatkathamiha sāmānyenānuvāsanam tantrakṛdupādikṣat ?
ityāha-hanyādityādi | sa yasmādudāvarto garbheṇa saha
garbhīṇīm hanyāt, atastamāśutarām jayet | § 7191

2.2.33 Aṣṭāṅgahr̥dayasaṃhitā

garbhe+atidoṣopacayādapathyairdaivato+api vā | | 22 | |
mr̥te+antarudaram śītam stabdham dhmātam
bhṛśavyatham | | 23 | |
garbhāspando bhramatr̥ṣṇā kṛcśrāducśvasanam
klamaḥ | | 23 | |
aratiḥ srastanetratvamāvīnāmasamudbha-
vaḥ | | 24 | | § 7195

2.2.34 Sarvāṅgasundarā

doṣāṇām-vātādīnām, upacayaḥ-pravṛddhatvam, atīśay-
ena doṣopacayo+atidoṣopacayaḥ, tasmāddhetoḥ, antaḥ-
udaramadhye, garbhe mr̥te sati, apathyaiḥ-svabhāvamātrākālādiviruddhasvabhā-
antarmr̥te, athavā daivāt (daivataḥ)-anyajanmārjitaśubhāśubharmavaśāt,
5 antarmr̥te garbhe sati, garbhīṇyā udaram śītam-ūṣmarahitam,
bhavati | tathā, stabdham-nīścalaṃ, bhavati | tathā, dhmā-
tamdr̥tivadvātapūritam | tathā, bhṛśavyatham-ativedanam,
bhavati | tathā, garbhāspando-garbhasyāsphuraṇam, bhr-
amastr̥ṣṇā ca bhavati | tathā, kṛcchrāt-kṛcchreṇa, garbhī-
10 ṇyā ucchvasanam-ūrdhvaśvasanam | tathā klamo-glāniḥ |
tathā, aratiḥ-sthānāśanaśayanādiṣvanavasthitatvam ceta-
saḥ | tathā, sraste ca te netre ca, tayorbhāvaḥ sra-
stanetratvam, sraste-sthānāccyute iva | tathā, āvīnām-
āsanaprāsavakālajaśūlaviśeṣāṇām, asamudbhavaḥ-anutpādaḥ |
15 § 7196

2.2.35 Aṣṭāṅgahr̥dayasaṃhitā

tasyāḥ koṣṇāmbusiktāyāḥ piṣṭvā yoniṃ pralepayet | | 25 | |

guḍaṃ kiṅvaṃ salavaṇaṃ tathāntaḥ
 pūrayenmuhuḥ | | 25 | |
 nṛtena kalkīkṛtayā śālmalyatasipicśayā | | 25 | |
 mantrairyogairjarāyūktairmūḍhagarbho na
 cetpatet | | 26 | |
 athāpṛcśayeśvaram vaiddyō yatnenāśu
 tamāharet | | 26 | |
 hastamabhyajya yoniṃ ca
 sājyaśālmalipicśayā | | 27 | |
 hastena śakyam
 tenaiva----- | | 27 | | § 7203

5

2.2.36 Sarvāṅgasundarā

tasyāḥ-antarmṛtagarbhāyāḥ īśaduṣṇajalasiktāyā yoniṃ pralepayet-
 pradehayet | guḍādikam piṣṭvā sāmartyādguḍādikena-
 aiva lepayediti yojyam | tathā+antaḥ pūrayet, śālmalyatasipicchayeti sambandhanīyam | yoneḥ prakṛtatvātt-
 asyā antaḥ-abhyantaram, antarbaḥiśca | kīdrśyā picch- 5
 ayā ? ghr̥tena kalkīkṛtayā,-piṣṭayā | evaṃ yonermuh-
 urmuhurabhyantaram pūrayitvā+anantaram mūḍhaga-
 rbhapātanārtham mantrān siddhān prayojayet | tathā,
 jarāyūktāḥ-jarāyvapātane kathitāḥ tāmśca yogān prayo-
 jayet | mantraiḥ-saṅgrahoktaiḥ (śā. a.3)-"kṣitirjalam" ity- 10
 ādibhiḥ, atharvavodoktaiśca mantrairjarāyoh pātanārth-
 amuktaiḥ | evamanuṣṭhīyamāne+api mūḍhagarbho yadi
 na patati, atha-anantaram, īśvaram-nṛpaṃ, āpṛcchaya-
 tadājñam grhītvā, taṃ-mūḍhagarbham, āśu garbhīnyā
 āharet-ākarṣet | katham ? hastamabhyajya-lepayitvā, ta- 15
 thā yonimabhyajya | kena ? sājyetyādi | śālmatyāḥ picchā
 śālmalipicchā-niryāsaḥ, sahājyena vartata iti sājyā, sājyā
 śāsau śālmalipicchā ca tayā, hastamyonim cābhyajya ya-
 ttena garbhamāharet | hastena śakyamākraṣṭum tenaiva- 20
 hastena sājyaśālmalipicchāktena, taṃ-garbham, samāka-
 rṣet | § 7204

2.2.37 Aṣṭāṅgahr̥dayasaṃhitā

-----gātraṃ ca viṣamaṃ sthitam | | 27 | |
āñchanotpīḍasampīḍavikṣepotkṣepaṇādibhiḥ | | 28 | |
ānulomya samākarsedyoniṃ
pratyārjavāgatam | | 28 | | § 7207

2.2.38 Sarvāṅgasundarā

gātraṃ ca garbhasya viṣamaṃ kṛtvā sthitam-ayathāmārgena
sthitam, āñchanādibhirānulomya-spaṣṭatvaṃ prāpte gā-
tre sati, yonyabhimukhamārjavena-r̥jumārgenaṅgataṃ sa-
ntam, āharet | āñchanena-āyāmena dīrghatayā sthāpan-
5 ena, tathotpīḍanena-ūrdhvaṃ pīḍanena, tathāsamantātpī-
ḍanena, tathā vikṣepaṇa-viṣeṣapreraṇena, tathā utkarṣeṇa
kṣepaṇam-utkṣepaṇam tena, ādigrahaṇādevamprāyaira-
nyairapi svabuddhiparikalpitaiḥ, spaṣṭatvaṃ prāpte sati |
§ 7208

2.2.39 Aṣṭāṅgahr̥dayasaṃhitā

hastapādaśirobhīryo yoniṃ bhugnaḥ prapadyate | | 29 | |
pādena yonimekena bhugno+anyena gudaṃ ca
yaḥ | | 29 | |
viṣkambhau nāma tau mūḍhau
śastradāraṇamarhataḥ | | 30 | | § 7211

2.2.40 Sarvāṅgasundarā

hastena pādena śirasā, atulyakālaṃ-kadācidhastena kad-
ācitpādena kadācicchirasā, yoniṃ prati bhugnaḥ-kuṭilāḥ,
prapadyateāyāti, yaḥ sa eko viṣkambho nāma mūḍha-
garbhaḥ | tathā, pādenaikena yoniṃ tathā dvitīyapād-
5 ena gudaṃ-pāyumaṃ, bhugnaḥ san yo mūḍhagarbhaḥ pr-
apadyate, so+aparo viṣkambhaḥ | tau-etau dvau, viṣka-
mbhau nāma mūḍhau-mūḍhagarbhau, śastradāraṇamarh-
ataḥ | hastenākraṣṭumaśakyatvāttayoḥ śastradāraṇam kā-
ryamityarthaḥ | § 7212

2.2.41 Aṣṭāṅgahr̥dayasaṃhitā

maṇḍalāṅguliśastrābhyāṃ tatra karma
praśasyate | | 30 | | § 7213

2.2.42 Sarvāṅgasundarā

maṇḍalaṃ cāṅguliśca maṇḍalāṅgulī | maṇḍalaśabdena
maṇḍalāgram śastramupalakṣyate, aṅguliśabdena cāṅgu-
liśastram | te nāmanī yayoh śastrayoste maṇḍalāṅguliśa-
stre śastravidhyadhyāyokte (hr̥. sū. a. 26/5-13) , tābhyāṃ 5
maṇḍalāṅguliśastrābhyāṃ [tatra-] tayorviṣkambhākhyā-
yormūḍhagarbhayoḥ, karma praśasyate | tābhyāṃ śastrā-
bhyāṃ dāraṇametayoḥ kāryamityarthaḥ | § 7214

2.2.43 Aṣṭāṅgahr̥dayasaṃhitā

vṛddhipatram hi tīkṣṇāgram na
yonāvavacārayet | | 31 | | § 7215

2.2.44 Sarvāṅgasundarā

vṛddhipatrasaṃjñam śastram yasmāttīkṣṇāgramatastady-
onau nāvavacārayet-tena tatra vidāraṇam na vidheyam, pra-
tyavāyabhayāt | § 7216

2.2.45 Aṣṭāṅgahr̥dayasaṃhitā

pūrvam śiraḥkapālāni dārayitvā viśodhayet | | 31 | |
kakṣorastālucibukapradeśe+anyatame
tataḥ | | 32 | |
samālambya dṛḍham karṣetkuśalo
garbhaśaṅkunā | | 32 | |
abhinnaśirasam
tvakṣikūṭayorgaṇḍayorapi | | 33 | | § 7220

pūrvam śiraḥsambandhīni kapālāni viśodhayet | kiṃ
kṛtvā ? śastreṇa dārayitvā,-chitvā | evam śiraḥkapālāni
śodhayitvāgarbhīṅkoṣṭhabāhyāni kṛtvā, tataḥ-anantaram,
5 kakṣorastālucibukapradeśe+anyatame-tadviṣaye, samālambya-
tam garbham gr̥hītvā, dṛḍham kṛtvā ākarṣet | kena ? ga-
rbhaśaṅkunā | kaḥ ? kuśalaḥ,-abhyastakarmā vaidyaḥ |
abhinnaśirasam-avidāritottamāṅgam punargarbham, akṣ-
ikūṭayostathā gaṇḍayostadviṣaye+anyatame pradeśe-kadācidakṣikūṭapradeśe
10 kadācidgaṇḍapradeśe, samālambya tam garbham dṛḍham
garbhaśaṅkunā gr̥hītvā karṣet | § 7221

2.2.46 Aṣṭāṅgahr̥dayasaṃhitā

bāhuṃ cchitvām+asasaktasya vātādhmātodarasya
tu | | 33 | |
vidārya koṣṭhamantrāṇi bahirvā sannirasya
ca | | 34 | | § 7223

2.2.47 Sarvāṅgasundarā

aṃsābhyām saktom+asasaktaḥ, tasya bāhuṃ cchitvā+a+akarṣaṇam
kuryāt | vāmenāṃsena saktasya vāmaṃ bāhuṃ dakṣi-
nenāṃsena saktasya dakṣiṇam bāhuṃ cchitvetyarthaḥ |
vātenādhmātam-dṛtivatpūritam, udaram yasya mūḍha-
5 garbhasyā+asau vātādhmātodaraḥ, tasya tu koṣṭham-
āmapakvāśayāśrayam, vidārya-pāṭayitvā, antrāṇi ca bahiḥ
samyakṣirasya-bāhyataḥ prakṣipyā, ākarṣet | § 7224

2.2.48 Aṣṭāṅgahr̥dayasaṃhitā

kaṭisaktasya tadvacca tatkapālāni dārayet | | 34 | | § 7225

2.2.49 Sarvāṅgasundarā

kaṭisaktasyeti tṛtiyā samāsaḥ | kaṭyā saktasya-kakudmatyā
līnasya, tadvacceti tena-vātādhmātodareṇa, tulyam karma

dāraṇātmaḥ kṛtvā, tatkapālāni tasyāḥ-kaṭyāḥ, kapālāni-
khaṇḍani, vidārayet | § 7226

2.2.50 Aṣṭāṅgahrdayasaṃhitā

yadyadvāyuvāśādaṅgaṃ sajjedgarbhasya
khaṇḍaśaḥ | | 35 | |
tattacchittvā+a+aharetsamyagrakṣennārīm ca
yatnataḥ | | 35 | | § 7228

2.2.51 Sarvāṅgasundarā

yadyadaṅgaṃ mūḍhagarbhasya vāyuvāśāt sajjat-saṃśliṣyet,
tattadaṅgaṃ khaṇḍaśo-lavaśaḥ, cchittvā-dārayitvā, samya-
gāharet | kilaikavelayā sakalagarbhaśarīracchedanādanta-
sthitamūḍhagarbhāyā nāryā api balavacchastranipātanā-
dvighātaḥ sambhāvya itaḥ khaṇḍaśa ityuktam | ata evāha- 5
rakṣediti yādi | nārīm ca yatnena-tātparyam kṛtvā, rakṣet |
yathā nāryā aṅgaṃ kiñcidapi na cidyate tathā vidheyami-
tyarthaḥ | § 7229

2.2.52 Aṣṭāṅgahrdayasaṃhitā

garbhasya hi gatiṃ citrāṃ karoti viguṇo+anilaḥ | | 36 | |
tatrānalpamatistasmādavasthāpekṣamācaret | | 36 | | § 7231

2.2.53 Sarvāṅgasundarā

yasmādgarbhasya citrāṃ-nānārūpāṃ, gatiṃ-avasthitim,
viguṇaḥ prakupitaḥ, prabhañjanaḥ karoti, tasmādyo+analpamatih-
mahābuddhirvaidyaḥ, sa tatra-tasyāṃ gatau, avasthāpekṣamācaret,-
mūḍhagarbham pratyanuktamapyavasthitam karma ku-
ryādityarthaḥ | § 7232 5

2.2.54 Aṣṭāṅgahr̥dayasaṃhitā

chindyādgarbhaṃ na jīvantam mātaram sa hi
mārayet | | 37 | |
sahātmanā, na copekṣyaḥ
kṣaṇamapyastajīvitaḥ | | 37 | | § 7234

2.2.55 Sarvāṅgasundarā

jīvantam garbham garbhiṅyantarmṛtagarbhalakṣaṇānabh-
ijño vaidyābhimānī yaḥ sa tam garbham na dārayet |
kuto hetoḥ ? ityāha-yasmātsamātaram mārayet | katham ?
sahātmanā,- mātaramātmānaṃ ca, sa chinno garbhO vyā-
5 pādayedityarthaḥ | na cāstajīvito-garbhiṅyā antarmṛto ga-
rbhaḥ, kṣaṇamapi-muhūrtamātramapi, upekṣyaḥ | api tu
tasya drāgeva pratikriyāṃ kuryāt | § 7235

2.2.56 Aṣṭāṅgahr̥dayasaṃhitā

yonisaṃvaraṇabhraṃśamakkallaśvāsapīḍitām | | 38 | |
pūtyudgārām himāṅgī ca mūḍhagarbhām
parityajet | | 38 | | § 7237

2.2.57 Sarvāṅgasundarā

yoneḥ saṃvaraṇam-saṃvṛtayonitvam, tathā tasyā eva yon-
erbhraśaḥ svasthānāccyavanam, tathā makkallaḥ-śirobastikoṣṭhaśūlalakṣaṇaḥ
prāgukto vyādhiḥ, tairyonisaṃvaraṇādibhiḥ pīḍitām | ta-
tthā, pūtyudgārām | tathā, himāṅgīm | evaṃvidhām mū-
5 ḍhagarbhām tyajet-nopakramet | § 7238

2.2.58 Aṣṭāṅgahr̥dayasaṃhitā

athāpatantīmaparām pātayetpūrvavadbhiṣak | | 39 | |
evaṃ nirhṛtaśalyām tu siñceduṣṇena
vāriṇā | | 39 | |

dadyādabhyaktadehāyai yonau snehapticuṃ
tataḥ | | 40 | |
yonirmṛdurbhavetena śūlaṃ cāsyāḥ
praśāmyati | | 40 | | § 7242

2.2.59 Sarvāṅgasundarā

atha-mūḍhagarbhāharaṇādanantaraṃ, aparāṃ-jarāyusaṃjñāṃ,
apatantīmaniṣkrāmantīṃ, pūrvavatpātayet | pūrveṇa tulyaṃ-
pūrvavat, pūrvoktenāparāpātanoktavidhinā "hiraṇyapu-
ṣpīmūlaṃ ca" (hr.śā. a. 1/83) ityādinetyarthaḥ | evaṃ-
anantaroktena vidhinā, nirhṛtaṃ śalyaṃ-garbhajarāyusaṃjñāṃ,
yasyāstāṃ tu striyamuṣṇena jalena siñcet | tataḥ-snānādanantaraṃ,
abhyaktaśarīrāyai striyai yonau snehapticuṃ dadyāt | tena-
snehapicunā, asyāḥ-yoṣitaḥ, yonirmṛdurbhavet | śūlaṃ-
rujā ca, praśāmyati | § 7243

2.2.60 Aṣṭāṅgahrdayasaṃhitā

dīpyakātiviṣārāsnāhiṅgvelāpañcakolakāt | | 41 | |
cūrṇaṃ snehena kalkaṃ vā kvāthaṃ
vā(tāṃ)pāyayettataḥ | | 41 | |
kaṭukātiviṣāpāṭhāsākatvagghiṅgutejinīḥ | | 42 | |
tadvacca doṣasyandārthaṃ vedanopaśamāya
ca | | 42 | |
trirātramevaṃ, saptāhaṃ snehameva tataḥ 5
pibet | | 43 | |
sāyaṃ pibedariṣṭaṃ ca tathā
sukṛtamāsavam | | 43 | |
śirīṣakakubhakvāthapicūn yonau
vinikṣipet | | 44 | |
upadravāśca ye+anye syustān
yathāsvamupācaret | | 44 | |
payo vātaharaiḥ siddhaṃ daśāhaṃ bhojane
hitam | | 45 | |
raso daśāhaṃ ca paraṃ 10
laghupathyālpabhojanā | | 45 | |

svedābhyaṅgaparā snehān balātailādikān
bhajet | | 46 | |
ūrdhvaṃ caturbhyo māsebhyaḥ sā krameṇa
sukhāni ca | | 46 | | § 7255

2.2.61 Sarvāṅgasundarā

tataḥ-snānābhyaṅgādanantaram, dīpyakādeścūrṇa snehena-
ghṛtādinā prakṛtyādivaśāt yathāyogyena,, tāṃ-striyaṃ,
pāyayet | kalkaṃ vādīpyakāderjalena piṣṭvā, snehena tāṃ
pāyayet | kvāthaṃ vā dīpyakādestāṃ pāyayet | tathā, kaṭ-
5 ukādīni tadvat tāṃ striyaṃ pāyayet | etāni dravyāṇi cūrṇ-
īkṛtya snehena kalkīkṛtya kvāthīkṛtya vā pāyayet | śākaṃ-
kharacchadam | tvak-tvacam | tejinī-tejovatī | kimarthaṃ
pāyayet ? doṣasyandārtham | doṣasya-raktādeḥ, syandaḥ-
sravaṇam, tadarthaṃ pāyayet | tathā, vedanāyāḥ-pīḍāyāḥ,
10 upaśāntyarthaṃ ca | trirātramevaṃ mūḍhagarbhākaraṇa-
adinātprabhṛti kāryam | tataḥ-trirātrādanantaram, sā mū-
ḍhagarbhā, saptāhaṃ snehameva pibet, na tu rūkṣau-
śadham, ityevakāro+avadhāraṇārtho dyotayati | sāyam-
dinānte, ariṣṭaṃ-pūrvoktalakṣaṇam, pibet | tathā, śobha-
15 naṃ kṛtvā kṛtaṃ-niṣpāditaṃ, āsavaṃ-madyaviśeṣam, ta-
thā śirīṣakakubhākvāthāktān picūn-vikeśikāprāyān kārpa-
āsādimayān, yonau vinikṣipet | upadravā jvarādayaścā-
nye ye bhaveyuḥ, tān-upadravān, yathāsvamupācaret,-
yasya jvarāderya ātmīya upakramaḥ, tena tamupakram-
20 edityarthaḥ | etacca pūrvoktamāsevya, anantaram yatka-
artavyaṃ mūḍhagarbhāyāḥ striyāstadāha- payāḥ-kṣīraṃ,
anantaram tasyai daśāhaṃ bhojane hitam | kimbhūtam
? vātaharaiḥ-rāsnādibhirdravyaiḥ, siddhaṃ-śṛtam | daś-
āhādanantaram dvitīyaṃ ca daśāhaṃ raso bhojane hi-
25 taḥ | paraṃ-ato dinaviṃśateranantaram, sā-stri, lagh-
upathyālpabhojanā satī, tathā svedābhyaṅgaparātatpra-
adhānā satī, snehān-balātailādikān, bhajet | ūrdhvaṃ-
anantaram caturbhyo māsebhyaḥ pañcamamāsātprabh-
ṛti, sā-niṣkrāntamūḍhagarbhā stri, krameṇa-na tu sahasā,
30 sukhāni-annapānāhāravihārarūpāni, bhajet | § 7256

2.2.62 Aṣṭāṅgahr̥dayasaṃhitā

balāmūlakaṣāyasya bhāgāḥ ṣaṭ payasastathā | | 47 | |
 yavakolakulatthānām daśamūlasya
 caikataḥ | | 47 | |
 niṣkvāthabhāgo bhāgaśca tailasya tu
 caturdaśaḥ | | 48 | |
 dvimedādārumañjiṣṭhākākākolīdvayacandanaiḥ | | 48 | |
 sārivākuṣṭhatagarajīvakaṣabhasandhavaiḥ | | 49 | | 5
 kālānusāryāśaileyavacāgurupunarnavaiḥ | | 49 | |
 aśvagandhāvarīkṣīraśuklāyaṣṭīvarārasaiḥ | | 50 | |
 śatāhvāsūrpaparnyelātvakpatraiḥ
 ślakṣṇakalkitaiḥ | | 50 | |
 pakvaṃ mṛdvagninā tailaṃ
 sarvavātavikārajit | | 51 | |
 sūtikābālamarmāsthihataḥkṣīṇeṣu 10
 pūjitam | | 51 | |
 jvaragulmagrahonmādamūtrāghātāntravṛddhijit | | 52 | |
 dhanvantarerabhimatam
 yonirogakṣayāpaham | | 52 | | § 7268

2.2.63 Sarvāṅgasundarā

balāyā mūlāni, teṣāṃ kaṣāyaḥ-kvāthaḥ, tasya bhāgāḥ ṣaṭ |
 tailaikabhāgāpekṣayaitadbodhyam | payasastathā-kṣīrasya
 ṣaḍeva bhāgāḥ | yavakolakulatthānām daśamūlasya caikataḥ-
 ekatra kvāthitānām niṣkvāthabhāgaḥ | yavādīnām tailas- 5
 amo niṣkvāthabhāga eka ityārthaḥ | evaṃ trayodaśa bh-
 āgā bhavanti | tailasya tu caturdaśo bhāgaḥ | caturdaśā-
 nām pūraṇaḥ "tasya pūraṇe ḍaṭ" iti ḍaṭ | etadeva spaṣṭīkri-
 yate śiṣyahitārtham | tatra yadā ṣoḍaśapalāni tailasya śra-
 payitavyāni tadā balāmūlapalāni caturviśatirbhavanti, jal-
 apalaśatāni trīṇi caturaśītyadhikāni, tataścaturthāśena ṣa- 10
 ṇṇavatiḥ kvāthapalāni | kṣīrapalāni ṣaṇṇavatiḥ | yavādī-
 nām palāni catvāri, pānīyapalāni catuḥṣaṣṭiḥ, ṣoḍaśapal-
 āni kaṣāyasya | dvimedādīni dravyāṇipratyekamardhak-
 arṣapramāṇāni raktikayā pañcamabhāgasahitayā sadhān-

akayā+adhikānīti | kālānusāryā-utpalasārivā | kṣīraśuklā-
kṣīravidārī | varā-triphalā | raso-bolaḥ | yo+ayaṃ yavako-
lakulatthadaśamūlaireko bhāgaḥ parikalpitaḥ, tatra yava-
kolakulatthānāṃ trayom+asā daśamūlasya daśāṃsā iti vy-
5 ākhyeyam | "kalpayetsadr̥śānbhāgān pramāṇaṃ yatra no-
ditam | " (hr̥. ka. a. 6/24) iti vacanāt | saṅgrāhe+apyuktam
(śā. a. 4)- "yavakolakulatthadaśamūlakaśāyasya bhāgaḥ"
iti | ye tu yavakolakulatthānāṃ trayom+asā daśamūlasya
caturthom+asā iti bhāgo+ayaṃ kalpya ityāhuḥ, te tu pa-
10 urvāparyam na paryālocayantyeva | yataḥ "kalpayet" ity-
ādikayā paribhāṣayā dravyānāmeṣāṃ samāṃsatvaṃ niy-
amitameva | pṛthak ṣaṣṭhyā+atra yo nirdeśaḥ sa candon-
urodhādeva bodhyaḥ | tathā cānenaiva tantrakṛtā saṅgr-
ahe samastānyevaitāni dravyāṇi nirdiṣṭāni | api ca, daśa-
15 mūlasyādhikyena vātarogahantr̥tvam yathā+asya tailasya,
na tathā yavādibhiriti sarvathā pūrvam vyākhyānam śr-
eyāḥ | mṛdvagnineti mṛduśabdo+agniviśeṣaṇāya prayu-
ktaḥ | kila kharataradahanasamparkāt kṣīrabāhulyenāsya
tailasya jhaṭiti pākātikrāntatā+api kiñcitsambhāvyaḥ | et-
20 acca tailamaśeṣavātarogahantr̥ | tathā, sūtikādiṣu praśa-
stam | tathā, jvarādijit | tathā, bhagavato dhanvantarera-
bhimatam, atīśayaguṇavatvāt | tathā, yonirogaṃ kṣayaṃ
cāpahanti | § 7269

2.2.64 Aṣṭāṅgahr̥dayasam̐hitā

bastidvāre vipannāyāḥ kuṣiḥ praspandate yadi | | 53 | |
janmakāle tataḥ śīghraṃ
pāṭayitvoddharecchiśum | | 53 | | § 7271

2.2.65 Sarvāṅgasundarā

vipannāyāḥ-mṛtāyā garbhiṇyāḥ, yadi kuṣiḥ praspandate-
atyantaṃ calati | kva pradeśe ? bastidvāre,-tatsamīpe |
kadā ? janmakāle,-garbhprasavonmukhe kāle | tadā ku-
śalo vaidyaḥ śīghraṃ [tataḥ-] kuṣipraspandanādananta-
5 raṃ, pāṭayitvā śīśum-bālaṃ, uddharet | § 7272

2.2.66 Aṣṭāṅgahrdayasaṃhitā

madhukaṃ śākabījaṃ ca payasyā suradāru ca | |54| |
aśmantakaḥ kṛṣṇatilāstāmravallī śatāvarī | |54| |
vṛkṣādānī payasyā ca latā sotpalasārivā | |55| |
anantā sārivā rāsnā padmā ca
madhuyaṣṭikā | |55| |
bṛhatīdvayakāśmaryakṣīriśuṅgatvacā 5
ghṛtam | |56| |
pṛṣṇiparṇī balā śigruḥ śvadaṃṣṭrā
madhuparṇikā | |56| |
śṛṅgāṭakaṃ bisam drākṣā kaseru madhukaṃ
sitā | |57| |
saptaitān payasā
yogānarddhaślokaśamāpanān | |57| |
kramātsaptasu māseṣu garbhe sravati
yojayet | |58| | § 7281

2.2.67 Sarvāṅgasundarā

madhukādidravyopalakṣitān sapta yogān kramāt-yathākramanirdiṣṭānati
saptasu māseṣu garbhe sravati tadrakṣārtham tān yojayet |
kīdrṣān yogān ? arddhaślokena samāpanaṃ-samāptiḥ, ye-
śāṃ tānarddhaślokaśamāpanān | aśmantako-yamalapatrakah |
tāmravallī-rāmataruṇī, mañjiṣṭhetyeke | latā-gandhapriyaṅgaḥ,
gaurasārivetyanye | utpalasārivā-kṛṣṇasārivā | kṣīriṇām-
nyagrodhādīnām, śuṅgāḥ, tathā teṣāmeva tvak ceti dva-
ndvaḥ | "dvandvāccudaśahāntāt" iti ṭac | § 7282

2.2.68 Aṣṭāṅgahrdayasaṃhitā

kapitthabilvabrhatīpaṭolekṣunidigdhikāt | |58| |
mūlaiḥ śṛtam prayuñjīta kṣīraṃ māse
tathā+aṣṭame | |59| |
navame
sārivānantāpayasyāmadhuyaṣṭibhiḥ | |59| |

yojayeddaśame māsi siddham kṣīraṃ
payasyayā | | 60 | |
athavā yaṣṭimadhukanāgarāmaradāru-
bhiḥ | | 60 | | § 7287

2.2.69 Sarvāṅgasundarā

kapitthādīnāṃ samāhāradvandvaḥ | kapitthāderdravyā-
nmūlaiḥ śṛtaṃ kṣīramaṣṭame māsi prayuñjīta | navame
māsi sārivādibhiḥ siddham kṣīraṃ prayuñjīta | daśame
māsi kākolyādisiddham kṣīramathavā yaṣṭyādibhiḥ si-
5 ddham yojayet | § 7288

2.2.70 Aṣṭāṅgahr̥dayasaṃhitā

avasthitaṃ lohitaṃ ganāyā vātena garbhaṃ
bruvate+anabhijñāḥ | | 61 | |
garbhākṛtīvātkaṭukoṣṇatīkṣṇaiḥ srute punaḥ
kevala eva rakte | | 61 | |
garbhaṃ jaḍā bhūtahr̥taṃ vadanti mūrtena
dṛṣṭaṃ haraṇaṃ yatastaiḥ | | 62 | |
ojośanatvādathavā+avyavasthai-
rbhūtairupekṣyeta na
garbhamātā | | 62 | | § 7292
5 iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭaviracitā-
yāmaṣṭāṅgahr̥dayasaṃhitāyāṃ dvitīye śārīrasthāne
garbhavyāpannāma dvitīyo+adhyāyaḥ | | 2 | |

2.2.71 Sarvāṅgasundarā

lohitaṃ vātena hetunā+avasthitaṃ-kukṣau pavanena ru-
ddham, garbhaṃ bruvate+anabhijñāḥ | nañatra paryud-
āse, abhijñāsaddṛśā ityarthaḥ | kutasteṣāṃ bhrāntiḥ ? iti
tadvijamāha-garbhākṛtīvāditi | garbhasyākṛtiḥ-saṃsthānamunnatyādikam,
5 tathā "hr̥llāsadaurhr̥da" (hr̥. ni. a. 11/51) ityādi raktagulm-
anidānoktaṃ lakṣaṇaṃ, vātaruddhalohitāvasthitau garbh-
asthitau cobhayatra samānam | ato+alpabuddhitvādavasthitaṃ

lohitam garbham bruvate | kaṭukoṣṇādibhiḥ-avasthitalohitasrutihetubhiḥ
 srute kevala eva rakte-garbharahite, jaḍāḥ nirbuddhayo,
 bhūtahr̥tamiti garbham vadanti | punaḥśabdaḥ śirasah
 kampam kṛtvā teṣāmasambhāvyaṅgikāreṇa sarvajanapr-
 athitena jaḍatvam sahetukam pratipādayati | ata evāha- 5
 yato,-yasmāt, mūrteḥ-śārīrasya, haraṇam taiḥ-bhūtaiḥ, na
 ddr̥ṣtam-na kvacidupalabdham, ataḥ-asambhāvyaavastupratijñānāt,
 teṣāṃ jaḍatvamityarthaḥ | nanu, etadapi kathamucyate ?
 ityāha-ojośanatvāt | yasmātte bhūtā ojośanāḥ-ojobhakṣaṇamaryādāḥ |
 athavā kadācitte-bhūtā ullaṅghitamaryādāḥsyuḥ | taiḥ- 10
 tathābhūtaiḥ, avyavasthaiḥ-avyavasthāvasthitaiḥ, bhūtai-
 rgarbhasya mātā nopekṣyeta, api tu hriyetaiva | tathā hi-
 yathā garbhamātopacitaśārīrā na tathā garbha iti | upajāti-
 ndrāvajrākhye vṛtte | § 7294
 iti śrīmṛgāṅkadattaputraśrīmadaruṇadattaviracitāyāma-
 ṣṭāṅgahr̥daya- ṭikāyāṃ sarvāṅgasundarākhyāyāṃ dvitīye 15
 śārīrasthāne garbha vyāpannāma dvitīyo+adhyāyaḥ
 samāptaḥ | | 2 | |

2.3 aṅgavibhāgaṣārīrodhyāyaḥ : 3

2.3.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto+aṅgavibhāgam śārīram vyākhyāsyāmaḥ | | 2 | |
 iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 7297

2.3.2 Sarvāṅgasundarā

aṅgasya-śārīrasya, vibhāgo-vibhajanam, aṅgapratyaṅgād-
 inā pṛthakkarāṇam-aṅgavibhāgaḥ | athetyādi pūrvavat |
 § 7298

2.3.3 Aṣṭāṅgahr̥dayasaṃhitā

śiro+antarādhirdvau bāhū sakthinīti samāsataḥ | | 1 | |
 ṣaḍaṅgamaṅgam pratyāṅgam
 tasyākṣihṛdayādikam | | 1 | | § 7300

2.3.4 Sarvāṅgasundarā

ṣaḍaṅgaṃ-ṣaḍavayavaṃ, aṅgaṃ-śarīram | tānyeva ṣaḍa-
ṅgānyāhaśiraḥ, tathā+antarādhiḥ, tathā dvau bāhū-vāmadakṣiṇau,
tathā sakthinī dve-vāmadakṣiṇe, iti-evam, samāsataḥ-
saṅkṣepeṇa, ṣaḍaṅgam | vistareṇa punaranekāvayavam |
5 antarādhiśabdena śirobāhusakthivarjaḥ sarvo madhya-
bhāga ucyate | ādhīyante-nibadhyante yathāyathaṃ śa-
rīrasyāntaḥ sthāpyante prākkr̥tena karmanā śiraḥpra-
bhṛtayaḥ pañcāvayavā yasmin so+antarādhiḥ | tasya-
ṣaḍavayavyāṅgasya, akṣihṛdayādikaṃ pratyaṅgam | ād-
10 iśabdena karṇanāsāpāṇipādādiparigrahaḥ | avayavamav-
ayavam prati yo+avayavaḥ, tatpratyaṅgamucyate | śarī-
raṃ vyomavāyvādipañcamahābhūtātmakaṃ cetanādīnā-
madhiṣṭhānam | § 7301

2.3.5 Aṣṭāṅgahr̥dayasaṃhitā

śabdaḥ sparśaśca rūpaṃ ca raso gandhaḥ
kramādṅguṇāḥ | | 2 | |
khānilāgnyabbhuvām-----
---- | | 2 | | § 7303

2.3.6 Sarvāṅgasundarā

śabdādayaḥ pañca guṇāḥ kramāt-krameṇa, khādīnām pa-
ñcānām bhavanti | khaṃ cānilāścāgniścāpaśca bhūśca kh-
ānilāgnyabbhavaḥ, tāsām | tatra śabdaḥ khasya-ākāśasya
guṇāḥ, suṣire+atirektasparśādiguṇacatuṣṭayāyogitvena śa-
5 bdamātrasyaivopalambhāt | sparśo vāyoḥ | rūpamagneḥ |
raso+apāṃ-pānīyasya | gandho bhūmeḥ | eteṣām guṇā-
nām khādyāśritatvatteṣām guṇā ityucyante | § 7304

2.3.7 Aṣṭāṅgahr̥dayasaṃhitā

-----ekaguṇavṛdhdyanvayaḥ pare | | 2 | | § 7305

2.3.8 Sarvāṅgasundarā

ekena guṇena vṛddhiḥ, tayā+anvayaḥ-sambandhaḥ | pare-
vāyvādaḥ mahābhūte | athavā, ekasya guṇasya vṛddhiḥ,
tayā+anvayaḥ-anugamastadbhāvitvaṃ para iti | caturṇāṃ
mahābhūtānāṃ paratvoktibhāktvamākāśāpekṣayā | tena
vāyvādaḥ mahābhūte ekaguṇavṛddhyanvayaḥ | ākāśastv- 5
ekaguṇa eva | tasya paratvāsambhavānna tasyaikaguṇa-
vṛddhyanvayaḥ | ākāśātpare-anantare mahābhūte vāyv-
ākhye, ekaguṇa vṛddhyanvayena dviguṇatvāt śabdasp-
arśaguṇatvam | tataḥ pare mahābhūte+agnyākhye, eka-
guṇavṛddhyanvayena triguṇatvāt śabdaspārśarūpaguṇa- 10
tvam | tataḥ pare-jalākhye mahābhūte, ekaguṇavṛddhy-
anvayena caturguṇatvāt śabdaspārśarūparasaguṇatvam |
tataḥ pare-prṭhivyākhye mahābhūte, ekaguṇavṛddhyanv-
ayena pañcaguṇatvāt śabdaspārśarūparasagandhaguṇa- 15
tvam | evaṃ pañcānāṃ khādīnāmekaguṇavṛddhyaikadv-
itricatuḥ pañcaguṇatvaṃ bodhyam | idānīm yathākrama-
nirdiṣṭebhyo bhūtebhyo ye bhāvā bhavanti, tān darśayati-
§ 7306

2.3.9 Aṣṭāṅgaḥṛdayasaṃhitā

tatra khāt khāni dehe+asmin śrotraṃ śabdo
viviktatā | | 3 | |
vātātsparśatvagucchvāsā
vahnerdṛgrūpapaktayaḥ | | 3 | |
āpyā jihvārasakledā ghrāṇagandhāsthi
pārthivam | | 4 | | § 7309

2.3.10 Sarvāṅgasundarā

[tatra-] teṣu pañcasu mahābhūteṣu madhye, asmin dehe-
manuṣyādaḥ sthūlatayā pariṇate, nānyasminnatīndriye
bhūtādaḥ | khāt-ākāśāt satvabahulāt, khāni-chidrāṇi, 'bh-
avanti' iti śeṣaḥ | evaṃ śrotrendriyādhiṣṭhānaṃ-śrotraṃ |
tathā, śabdo-ghoṣaḥ | tathā, viviktatā-śūnyatā riktatā, 5

khādeva cidraviśeṣaḥ | yadyapi chidrādiṣu sarvabhū-
tānāmeva vyāpāraḥ, tathā+apyākāśasyaivātra viśiṣṭam
kāraṇatvam | yathā-ghaṭādaḥ mṛddaṇḍacakrasalilasūtr-
ādikāraṇasamudāyaṇiṣpanne+api mṛda eva viśiṣṭakār-
5 aṇatvam | ata evāsau mṛnmaya evocyate | evaṃ sa-
rveṣu vakṣyamāneṣu vātādijeṣu sparśādiṣu bodhyam |
vātāt-anilādrajobahulāt, sparśādayo bhavanti | sparśaḥ-
sparśanam | tvagiha sparśanendriyādhiṣṭhānam | tathā,
ucchvāsaḥ-prāṇākhyāḥ | vahneḥ satvarajobahulāddṛḡgād-
10 ayo bhavanti | dṛk-dṛṣṭiḥ, cakṣurindriyādhiṣṭhānam |
tathā, rūpākhyo guṇaḥ | pakṭiḥ-pākaḥ | upalakṣaṇam ce-
dam | tejaḥpittaṣmamedhāvarṇaśauryādayo+api vahner-
eva vedyāḥ | abhdyāḥ satvatamobahulābhyaḥ jātā āpyā jihv-
ādayo bhavanti | jihvāśabdenātra jihvāyā viśiṣṭa ekadeśo
15 rasanendriyādhiṣṭhānam vivakṣitaḥ, na sarvaiva jihvā | ta-
thā, rasākhyo guṇaḥ | tathā, kledākhyo bhāvaḥ | upalakṣ-
aṇam cedam | svedasnehamūtrādayo+apyāpyā eva | ghr-
āṇādi pārthivaṃ bhavati | ghrāṇam-nāsāyā viśiṣṭa ekade-
śo ghrāṇendriyādhiṣṭhānam | gandho guṇaḥ | tathā, asthi
20 bhāvaḥ | etāni sarvāṇi pṛthivyākhyāttamobahulānmahā-
bhūtājātāni | § 7310

2.3.11 Aṣṭāṅgahr̥dayasaṃhitā

mṛdvatra mātr̥jam raktamāṃsamajjagudādikam | | 4 | |
paitṛkam tu sthiraṃ
śukradhamanyasthikacādikam | | 5 | |
caitanaṃ cittamakṣāṇi nānāyoniṣu janma
ca | | 5 | | § 7313

2.3.12 Sarvāṅgasundarā

atra-asmin dehe, anekasāmagrīke+api yanmṛdu vastu ta-
nmātr̥jam | māturādhikyena kāraṇabhāva ityarthāḥ | mā-
tr̥jamiti "pañcamyāmajātau" iti janerḍaḥ | kiṃ punasta-
nmṛdu ? ityāha-raktetyādi | ādiśabdena nābhīhr̥dayay-
5 akṛt̥plihāmāśayādīnāṃ grahaṇam | nanu, gudasya mā-

ṃsaprāyatvānmāṃsagrahaṇenaiva siddham grahaṇam |
 tat kiṃ gudagrahaṇena ? brūmaḥ | māṃsatvasyāpya-
 syāniścayāt pṛthagupādānaṃ kṛtam | tathā ca vaksyati
 (hr.śā.a.4/45)-"māṃsamarma gudo+anyeṣāṃ" iti | yadv- 5
 astu sthiraṃ tat paitṛkaṃ-pitṛjam | kiṃ tat ? ityāha-
 śukrādikaṃ | ādiśabdena śirāsnyuromādīnāṃ graha-
 ṇam | paitṛkamiti "pituryacca" iti ṭhak | "isusuktāntā-
 tkah" iti kādeśaḥ | cetanā-ātmaiva, prakṛtaśubhāsubh-
 akarmabījakṣetramityarthaḥ | tato jātaṃ caitanam | kiṃ
 tat ? ityāhacittamityādi | cittaṃ-indriyasārathiḥ | tathā, 10
 akṣāṇi-śrotrādīni | nanu, caitanānyakṣāṇītyetatpūrvāpar-
 avyāhatamiva manyāmahe | yataḥ pūrvamuktam (ślo.3)-
 "khātkhāni dehe+asmin" iti | tatkathamiha caitanānyakṣ-
 āṇītyucyante ? brūmaḥ | nātra tatra vā+avadhāraṇam kṛ-
 tam | yathā caitanānyevākṣāṇi khādeva khānīti | tasmād- 15
 ākāśam cetanā ca dvayamapyakṣāṇāṃ kāraṇamityavehi |
 tathā, nānāyeniṣu-gajājavājibastaśaśasambaraprabhṛtiṣu, yajjanma-
 sambhavaḥ, tadapi caitanam | upalakṣaṇam cedam | kā-
 makrodhalobhabhayahaṣadharmādharmaśīlatāsmṛtibuddhī-
 cchādveṣaprayatnāhaṅkārasukhaduḥkhāyuhṣvaraviśeśāda- 20
 yo+api hi caitanā eva | § 7314

2.3.13 Aṣṭāṅgahrdayasaṃhitā

sātmyajaṃ tvāyurārogyamanālasyaṃ prabhā
 balam | | 6 | | § 7315

2.3.14 Sarvāṅgasundarā

sātmyaṃ trividham, vyādhisātmyaṃ deśasātmyaṃ dehas-
 ātmyaṃ ca | tatreha vyādhisātmyaṃ na gṛhyate | yato deh-
 asya sambhavataḥ sambhūtamātrasya ceyaṃ vicāraṇā pr-
 astutā, kutaḥ kiṃ sambhavati ? iti | ato vyādhicarcehāpr-
 astāvānnopayujyate | [tasmāddeśasātmyaṃ dehasātmyaṃ 5
 ca gṛhyate | dehasya hi sambhavataḥ sambhūtamātrasya
 ca mātrāhāravihārādi yadapathyamapyatiśayena śīlitaṃ
 tadapyasya dehasyocitatāṃ gacchatsukhanubandhatvena

sātmyamucyate |] tasmāddeśasātmyaṃ dehasātmyam ca
grahītuṃ yuktaṃ | sātmyājījātaṃ-sātmyajam | kiṃ tat
? āyuh,-jīvitam | tathā, ārogyaṃ-dhātusāmyam | tathā,
anālasyaṃ-sarvaceṣṭāsūdyogaḥ,-utsāhaḥ | tathā, prabhāk-
5 āntiḥ | tathā, balaṃ-śaktiḥ | upalakṣaṇaṃ cedam | alolu-
patvendriyaprasādasvaravarṇavīryaujaḥsampaṭpraharṣādyā-
pi hi sātmyajameva | § 7316

2.3.15 Aṣṭāṅgahr̥dayasaṃhitā

rasajaṃ vapuṣo janma vṛttirvṛddhiralolatā | | 6 | | § 7317

2.3.16 Sarvāṅgasundarā

rasāt-āhārasāt pariṇatājījātaṃ rasajaṃ | kiṃ tat ? janma,-
sambhavaḥ | kasya ? vapuṣaḥ,-sakalasya śarīrasya | tathā,
vṛttiḥ-vartanaṃ, jīvitānubandhaḥ | rasaṃ hi vinā jīvitasya-
āpyabhāvaḥ | tathā, vṛddhiḥ-āyāmvistarābhyāṃ yathās-
5 aṃsthānasya śarīrasyādhikeyam | tathā, alolitā-alaulyam |
alolatā rasajeti liṅgavipariṇāme sati sambandhaḥ | udāhar-
aṇamātraṃ cedam | utsāhapuṣṭitṛptayo+api hi rasajā eva |
§ 7318

2.3.17 Aṣṭāṅgahr̥dayasaṃhitā

sātivikaṃ śaucamāstikyaṃ

śukladharmarucirmatiḥ | | 7 | |

rājasam bahubhāṣitvaṃ

mānakṛddambhamatsaram | | 7 | |

tāmasam bhayamajñānaṃ nidrā+a+alasyam

viśāditā | | 8 | | § 7321

2.3.18 Sarvāṅgasundarā

satvajaṃ śaucādikam | śaucam-vākkāyamanasāṃ śuddhiḥ
satyavākyādyabhīdhāyitvaṃ-vākśuddhiḥ, mṛjālādinā kṣ-

ālanādi śāstroditam-kāyikaṃ śaucam | mānasam tu śaucam-
 jagadbandhutā karuṇāsuddhasantānatvamāstikyādi | śa-
 ucamiti "igāntācca laghupūrvāt" ityaṇ | āstikyamiti asti pa-
 raloka iti matirasyetyāstikaḥ | "asti nāsti" ityādinā ṭhak | 5
 āstikasya bhāva āstikyam | brāhmāṇāditvāt ṣyañ | ta-
 thā, śukle dharme nirvyāje, ruciḥ-bhaktiḥ | matiḥ-prajñā |
 upalakṣaṇam cedam | kṛtajñatādākṣiṇyavyavasāyaśaurya-
 gāmbhīryasmṛtimedhādayo+api hi sātṭvikā eva | rājas-
 āni bahubhāṣitvādīni | upalakṣaṇam cedam | śauryadu-
 rupacāratālolutatvahaṣakāmādayo+api rājasā eva | tā- 10
 masāni bhayādīni | upalakṣaṇam cedam | pramādaśok-
 ādīnyapi tāmasānyeva | tatra satvam-manah, tasyopapl-
 avo rajastamaśceti | suśrute (saṅgrahe) coktam (sū.a.20)-
 "vayvākāśadhātubhyāṃ vāyuh, āgneyam pittaṃ, ambh- 15
 aḥprthivībhyāṃ śleṣmā|" iti | āyurvedāvatare tūktam-
 "śītoṣṇaśamavṛddhyā+a+apyam na pittaṃ drutatāmra-
 vat | karakāmbhaḥ kapho bhaumau nānilānalasaṃha-
 taḥ | | (?) iti | § 7322

2.3.19 Aṣṭāṅgahṛdayasaṃhitā

iti bhūtamayo dehaḥ----- | | 8 | | § 7323

2.3.20 Sarvāṅgasundarā

sarvebhyo dehāśritabhāvebhyo mahābhūtānāmeva prādh-
 ānyam, tanmayatvāddehasya sarvabhāvādhārabhūtasya
 § 7324

2.3.21 Aṣṭāṅgahṛdayasaṃhitā

-----tatra sapta tvaco+asṛjaḥ | | 8 | |
 pacyamānātprajāyante kṣīrātsantānikā
 iva | | 9 | | § 7326

2.3.22 Sarvāṅgasundarā

tatra-tasmin mahābhūtamaye dehe, asṛjo-raktāt saptatv-
agutpādanasamarthena dhātūṣmaṇā pacyamānāt, sapta
tvacaḥ prakarṣeṇa jāyante | kutaḥ kā iva ? yathā kṣ-
īrāt pacyamānācchītībhūtāttadupari ghanabhāgasvabhā-
5 vāḥ santānikāḥ-jālikāḥ, jāyante tadvadasṛjaḥ pacyamānā-
tsapta tvaco bhavanti | tatra

"bhāsinī lohinī śvetā tāmṛā tvagvedinī tathā |
syādrohinī māṃsadharā saptamī
parikīrtitā | | 1 | |
vrīheraṣṭādaśāṃśā+a+adyā dvitīyā
ṣoḍaśāṃśikā | dvādaśāṃśā ṛtīyā tu
caturthyaṣṭāṃśamātrikā | | 2 | |
pañcamī pañcamāṃśā tu ṣaṣṭhī
vrīhipramāṇikā | vrīhidvayapramāṇā tu
saptamī bhiṣajāṃ matā | | 3 | |
10 khādicchāyāpañcakasya bhāsinyādhāratāṃ
gatā | manyante ṣaṭ tvacaḥ kecittāsāṃ
bāhyodakāśrayā | | 4 | |
dvitīyā+asṛgdharā sidhmaśvitṛādhārā ṛtīyakā |
caturthī
sarvakuṣṭhānāmādhiṣṭhānatvamāgatā | | 5 | |
vidradhyalajyadhiṣṭhānā pañcamī rogakāriṇī |
ṣaṣṭhyatra yasyāṃ cchinnāyāṃ
tāmyatyandhaṃ tamo viśet | | 6 | |
yāmadhiṣṭhāya jāyante sthūlamūlāni parvasu |
arūṃṣi kṛṣṇaraktāni duścikitsyatamāni ca | |
7 | | § 7334
" iti | § 7335

2.3.23 Aṣṭāṅgahr̥dayasaṃhitā

dhātuvāśayāntarakledo vipakvaḥ svaṃsvamūṣmaṇā | | 9 | |
śleṣmasnāyvaparācchannaḥ kalākhyah
kāṣṭhasāravat | | 10 | |

tāḥ sapta-----
 | | 10 | | § 7338

2.3.24 Sarvāṅgasundarā

dhātūnāṃ-rasādīnāṃ, āśayāḥ-ādharāḥ, jalāśayavatteṣāṃ-
 antarāṅyantarālāni, teṣu dhātvāśayāntareṣu kledo dhātvā-
 śayāntarakledaḥ | sa vipakvaḥ kalākhyā ucyate-kalāsaṃjñāṃ
 labhate | kena vipakvaḥ ? svaṃsvamūṣmaṇā,-ātmīyenātmīyena
 vahninā | yathā rasadhātvāśayāntarasthaḥ kledo rasadhā- 5
 tūṣmaṇā vipakvaḥ kalaikā bhavati | yāvaccukradhātvā-
 śayāntarasthaḥ śukradhātūṣmaṇā vipakvaḥ saptamī kalā
 bhavati | kīḍṛśo vipakvaḥ ? śleṣmaṇā snāyivā+aparayā ca-
 jarāyivākhyayā, channaḥ-chāditaḥ | "vā dāntaśānta" ityā-
 dau chadernyantāt channaśabdo nipātitaḥ | kiṃvat ? kā- 10
 ṣṭhasāravat | yathā kāṣṭhasya sārāḥ, tathā+ayaṃ dhāt-
 usāraśeṣo+alpatvātkalāsaṃjñāḥ | dhātvāśayāntaramaryā-
 dāḥ sapta kalāḥ | tatra- § 7339

"ādya māmsadharā yasyāṃ dhamanyaḥ
 snāyavaḥ sirāḥ | srotāṃsi ca prarohanti
 pratānairvyāpibhiḥ kalā | | 1 | |
 dvitīyā+asṛgdharā+asyāṃ tu māmsāntaḥ 15
 śonitam sthitam | viśeṣataḥ sirāplīhayakṛtsu
 kṣatajaṃ kṣatāt | | 2 | | māmsātpravartate
 kṣīraṃ kṣīrivṛkṣādiva kṣatāt | medodharā
 tṛtīyā+atra medā+asthnāmudare sthitam | |
 3 | |
 bhavatyāṇuṣu majjā+antaḥ sthūlāsthiṣvatha
 mūrddhani | mastuluṅgakapālāntaścaturthī
 tu kaphāśrayā | | 4 | |
 tatsthaḥ kapho draḍhayati sandhīnasthnāṃ
 śarīrajān | pañcamyāsāṃ viḍādhārā
 sā+a+amapakvāśayāśrayā | | 5 | |
 undukasthaṃ vibhajate malam, pittadharā
 punaḥ | ṣaṣṭhī pakvāśayāntasthā
 vahnayadhiṣṭhānabhāvataḥ | | 6 | |

pakvāśayonmukhaṃ kṛtvā balātpittasya tejasā |
śoṣayantī pacatyannaṃ tadeva ca
vimucyati | | 7 | |
doṣaduṣṭā+atha daurbalyādāmameva nirasyati |
labhate grahaṇīsaṃjñāmasyāścāgnibalaṃ
balaṃ | | 8 | |
śarīraṃ dhārayatyagnibalopaṣṭambhabṛṃhitā |
antyā kalā śukradharā
mūtramārgamupāśritā | | 9 | |
dvayaṅgule dakṣiṇe pārśve bastidvārasya
cāpyadhaḥ | śarīraṃ vyāpya sakalaṃ sā
śukraṃ vartayatyapi | | 10 | |" iti | § 7348

2.3.25 Aṣṭāṅgahr̥dayasaṃhitā

sapta cādhārā raktasyādyah̥ kramāt pare | | 10 | |
kaphāmapittapakvānām̐ vāyormūtrasya ca
smṛtāḥ | | 11 | |
garbhāśayo+aṣṭamaḥ strīṅām̐
pittapakvāśayāntare | | 11 | | § 7351

2.3.26 Sarvāṅgasundarā

na kevalaṃ kalāḥ sapta yāvadādhārā api sapta | raktādī-
nāmasmin dehe sambhavantīti vākyaśeṣaḥ | raktasyādyo-
rasākhyodhātuḥ, pare-anye ye dhātavaḥ ṣaṭ, te kramāt-
yathākramaṃ, kaphādīnāmādhārāḥ smṛtāḥ-uktāḥ | ām-
5 asyānnasya ya ādhāraḥ so+atrāmaśabdenoktaḥ | tathā
pakvāśayānnasya-purīṣatām̐ prāptasya, ya ādhāraḥ sa pa-
kvaśabdenocyate | garbhāśayo-garbhādhāro, yaḥ so+aṣṭamaḥ
strīṅāmeva dehe sambhavati na puṃsām̐ | kva śarīradeśe
strīṅām̐ sambhavati ? ityāha-pittapakvāśayāntara iti | pa-
10 kvaśabdenaha pakvānnamucyate | pittaṃ ca pakvaṃ ca
pittapakke, tayorāśayau ādhārau, pittapakvāśayayorantaram̐-
madhyaṃ, pittapakvāśayāntaram̐ | tasmin garbhāśaya-
yaḥ | § 7352

2.3.27 Aṣṭāṅgahr̥dayasaṃhitā

koṣṭhāṅgāni sthitānyeṣu hr̥dayaṃ kloma
phupphusaṃ | | 12 | |
yākṛtphihondukaṃ vṛkkau
nābhiḍimbhāntrabastayaḥ | | 12 | | § 7354

2.3.28 Sarvāṅgasundarā

eṣu-raktādyādhāreṣu, koṣṭhāṅgāni-udarāvayavā hr̥dayād-
īni, sthitāni-āsritāni | tatra-

"kapharaktaprasādātsyāddhr̥dayaṃ sthāna
mojasaḥ | cetanānugabhāvānāṃ paramaṃ
cintitasya ca | | 1 | |
māṃsapeśīcayo
raktapadmākāramadhomukhaṃ | tasya
dakṣiṇataḥ kloma
yākṛtphupphusaṃsthitaṃ | | 2 | |
samānavāyupradhmātādraktāddehoṣmapācitāt | 5
kiñciducchritarūpastu jāyate
klomasamjñakaḥ | | 3 | |
tattulyahetuḥ plīhayākṛtī bhiṣajāṃ mate |
raktakiṭṭādundukaṃ syātphupphuso
raktaphenajaḥ | | 4 | |
medosṛjaḥ pacyamānāt syātāṃ vṛkkau
prasādajau | nābhiḥ sarvaśirāṅgāṃ
syādādadhāraḥ, śakṛtaḥ punaḥ | | 5 | |
ḍimbhaṃ syādraktamāṃsasya
prasādādantrasambhavaḥ |
sārdhatrivyāmamantrāṇi puruṣāṅgāṃ tu tāni
ca | | 6 | |
strīṅgāṃ trivyāmamantrāṇi, bastirmūtrasya
cāśayaḥ | "§ 7362

iti | saṅgrāhe cōktaṃ (śā.a.5)-"kapharaktavāhisrotasāṃ 10
mahābhūtānāṃ ca prasādādindriyāṇi | teṣvapi netre śle-
ṣmaṇaḥ prasādācchuklamanḍalam, tatpitṛjam | asṛjaḥ kṛ-

ṣṇamaṇḍalam, tanmātr̥jam | madhye ddr̥ṣṭīmaṇḍalam, ta-
dubhayātmakam | pakṣmavartmaśuklakṛṣṇaddr̥ṣṭyākhy-
āni pañca maṇḍalāni | tatsandhayaścatvāro dvau cāpāṅg-
akanīnayoriti [te ṣaṭ] ṣaṭ [ca] paṭalāni | dve var̥tm-
5 anī | bāhyaṃ cāsritamagnyambhasī, dvitīyaṃ māṃsam, tr̥-
tiyaṃ medaḥ, caturthamasthi, teṣāṃ bahalatā ddr̥ṣṭeḥ pa-
ñcamāṃśena | bandhanaguṇāstu catvāraḥ sirākaṇḍarām-
edaḥkaphātmakāḥ | śleṣmā tu paraṃ sarvasandhibandh-
anamityuktaṃ prāk | netrāsritam tejo bāhyatejasā svay-
10 oninā yogācchastramivāśmanā karmaṇyaṃ bhavati | ati-
yogādūpahanyate | tacca vaidyutavadvaḍavāmukhavacc-
āmbho madhyagamapi vīryokarṣāttejastvaṃ na jahāti |"
iti | adhunā yāni viśeṣeṇa jīvitasya sthānāni-dehāvayavāḥ,
tānyāha- § 7363

2.3.29 Aṣṭāṅgahr̥dayasaṃhitā

daśa jīvitadhāmāni śīrorasanabandhanam | | 13 | |
kaṅṭho+asraṃ hr̥dayaṃ nābhirbastiḥ śukrauḥjāsī
gudam | | 13 | | § 7365

2.3.30 Sarvāṅgasundarā

śiraśca rasanam ca śīrorasanam | rasanam-jihvā | badhy-
ate+aneneti bandhanam | śīrorasanasya bandhanaṃ śīror-
asanabandhanam | śīrorasanabandhanādīni daśa jīvitasya
sthānāni | eteṣu sthāneṣu viśeṣeṇa jīvitaṃ-śarīrendriyasatvātmasaṃyogalakṣaṇa-
5 avatiṣṭhate | § 7366

2.3.31 Aṣṭāṅgahr̥dayasaṃhitā

jālāni kaṇḍarāścāṅge pṛthak ṣoḍaśa nirdiśet | | 14 | |
ṣaṭ kūrcaḥ sapta sīvanyo
meḍhrajihvāśirogatāḥ | | 14 | |
śastreṇa tāḥ parihareccatasro
māṃsarajjavaḥ | | 15 | |

caturdaśāsthisañnātāḥ, sīmantā dviguṇā
nava | | 15 | |
asthnāṃ śatāni ṣaṣṭīśca trīṇi dantanakhaiḥ
saha | | 16 | | § 7371

2.3.32 Sarvāṅgasundarā

jālānīva jālāni śarīre ṣoḍaśa ādiśet | kaṇḍarāśca pṛthag-
eva ṣoḍaśa ādiśet-brūyāt | ācārya iti śeṣaḥ | tathā, ṣaṭ kū-
rcā aṅge syuḥ | tathā sīvanyaḥ saptasaṅkhyā meḍhrādīsth-
itāḥ | tāḥ śastreṇa pariharet, pratyavāyabhayāt | na tāsu śa-
straṃ pātayedityarthaḥ | tatra- § 7372

5

"śirāsnāyvasthipiśitaiścatvāri māṇibandhane |
ekatraikatra gūlphe ca jālānyevaṃ tu
ṣoḍaśa | | 1 | |
hastayordve pādayordve grīvābhāge+atha
pṛṣṭhataḥ | pratyekaṃ tu catasraḥ syuḥ
kaṇḍarā iti ṣoḍaśa | | 2 | |
karayordvau pādayordvau grīvāyāṃ mehane
tathā | ekaikamiti ṣaṭ kūrcāḥ, sīvanyaḥ sapta
kīrtitāḥ | | 3 | |
ekā meḍhre+atha jihvāyāṃ bhavyeḥ paśca
mūrdhani | pṛṣṭhavaṃśe
hyubhayataścatasro māṃsarajjavaḥ | | 4 | |
bāhye dve antare dve ca, gūlphe jānuni
vaṅkṣaṇe | trike śirasi kakṣāyāṃ kūrpāre
maṇibandhane | | 5 | |
asthnāṃ bhavyeḥ sañnātā amī atra caturdaśa |
sīmantāḥ pañca mūrdhani
syurgūlpḥādīṣvasthisañnavat | | 6 | |
asthnāṃ śatāni ṣaṣṭīśca trīṇi dantanakhaiḥ
saha | pañca pādanakhāḥ sakthni
pratyaṅgulya sthikatrāyam | | 7 | |
evaṃ pañcadaśaitāni śalākāḥ pañca tu smṛtāḥ |
ekastatpratibandhaśca jaññāyāṃ
kūrcagūlpḥake | | 8 | |

10

dve dve iti ṣaḍeva syuḥ pārṣṇāvūrau ca jānuni |
ekaikamitye kasakthni
pañcatrimśattathā+apare | | 9 | |
bhujayoḥ sakthitulyāni bheda eṣāṃ tu
nāmataḥ | pāṇiḥ syātpādavatatra
hastamūlaṃ ca pārṣṇivat | | 10 | |
maṇibandho gulphatulyaḥ kūrcatulyo
dvaye+api ca | prakoṣṭhau jaññayā tulyau
jānuvatkūrparo bhavet | | 11 | |
ūruvadvāhuprṣṭhaṃ syāndantarādhaḥ tu
parśukāḥ | caturvimśatireteṣu
sthālakānyarbudāni ca | | 12 | |
5 tāvanti prṣṭhe trimśatsyururasyaṣṭau trike
bhage | ekaikaṃ
syādakṣakayoraṃsayostatphalākhyayoḥ | |
13 | |
nitambe tu bhavetāṃ dve śatametatsavimśati |
gaṇḍayoḥ karṇayordve dve śaṅkhayoścātha
tāluni | | 14 | |
tathā jatrūṇyekamekaṃ grīvāyāṃ tu trayodaśa |
kaṇṭhanāḍyāṃ tu catvāri hanubandhe
dvayaṃ bhavet | | 15 | |
dvātrimśadeva dantāḥ syustatsaṅkhyolūkhalāni
ca | trīṇi nr̥ṇe ṣaṭ śirasi śatamūrdhvamiti
smṛtam | | 16 | |
śākhāntarādhyūrdhvbhedādevaṃ
ṣaṣṭiśatatrayaṃ | kapālaṃ rucakaṃ caiva
taruṇaṃ valayaṃ tathā | | 17 | |
10 nalakaṃ pañcadheti syurnitambe gaṇḍajānuni |
tālumadhye śirasyaṃse kapālākhyāni
nirdiśet | | 18 | |
daśanā rucakākhyāḥ syurnr̥ṇe
karṇe+akṣikośake | taruṇāni prṣṭhapārr̥sve
caraṇe valayāni tu | | 19 | |
śeṣāṇi nalakākhyāni nāmākhyātākṛtīni ca | "
iti | § 7392

2.3.33 Aṣṭāṅgahṛdayasaṃhitā

dhanvantaristu trīṇyāha, sandhīnāṃ ca

śatadvayam | | 16 | |

daśottaram-----

| | 17 | | § 7394

2.3.34 Sarvāṅgasundarā

dhanvantarisaṃjñāḥ punastantrakṛdashnāṃ śatāni trīṇy-
evāha, nādhikāni | tathā, asthisandhīnāṃ śatadvayam da-
śottaram dhanvantarirāheti yojyam |

"saṅkhyāyante sandhayo+atra

catasro+aṅgulayaḥ pade | catasṛṣvaṅgulīṣu

syuḥ pratyekaṃ traya eva tu | | 1 | |

dvāvaṅguṣṭhe vaṅkṣaṇe syādeko gulphe+atha 5

jānuni | sakthyekasmin saptadaśa

tāvanto+api dvitīyake | | 2 | |

bhujayoḥ sakthitulyāni antarādhou tvime

matāḥ | trayāḥ kaṭīkapāleṣu

viṃśatiścaturuttarā | | 3 | |

prṣṭhe tadvatpārśvayośca, urasyaṣṭau

tathordhvataḥ | śirodharāyāmaṣṭa syuḥ

kaṅṭhanāḍyāṃ trayāḥ smṛtāḥ | | 4 | |

hṛdayaklomayakṛtāṃ nāḍīṣvaṣṭādaśa smṛtāḥ |

dvātriṃśaddantamūleṣu ekaike

ghrāṇakākale | | 5 | |

mūrdhni ca, dvau karṇaśaṅkhe gaṅḍanetre ca

vartmani | hanusandhou ca vijñeyau dvau

bhruvoścopari smṛtau | | 6 | |

pañca mūrdhdhakapāleṣu ūrdhvamevaṃ 10

tryaśītikāḥ | saṃjñāyāite+aṣṭadhā jñeyā

maṇibandhe+atha jānuni | |

7 | | gulphe+aṅgulau korasaṃjñā

dvijamūleṣu vaṅkṣaṇe | kakṣāyāṃ

colūkhalākhyā aṃsapīṭhe gude bhage | | 8 | |

nitambe caiva sāmudgā grīvāyāṃ
pr̥sthavaṃśake | pratarāḥ,
syurmūrdhakaṭīkapāle tunnasīvanāḥ | |
9 | |

hanūbhaye kākatuṅḍāḥ, kaṅṭhasya
yakṛtastathā | hr̥dayaklomanetrāṅgāṃ
nāḍyāṃ maṇḍalanāmakāḥ | | 10 | |
śrotraśṛṅgāṭakākhyeṣu śaṅkhāvartā iti
smṛtāḥ | "§ 7405

iti | § 7406

2.3.35 Aṣṭāṅgahr̥dayasaṃhitā

sahasre dve nijagādātrinandanāḥ | | 17 | | § 7407

2.3.36 Sarvāṅgasundarā

atrinandano dve sahasre sandhīnāṃ nijagāda-provāca | sa
hi snāyupeśīsīrāśritaiḥ sandhibhiḥ saha gaṇayati | etacca
bāhulyenoktam | tathā hi-navasu snāyusāteṣu navaśatāni
sandhīnāṃ, pañcasu peśīsāteṣu pañcaśatāni,, saptasu sirā-
5 śāteṣu saptaśatāni, ityekaviṃśatiśatāni prāyeṇa prāpnuv-
antīti manyāmahe | § 7408

2.3.37 Aṣṭāṅgahr̥dayasaṃhitā

snāvnāṃ navaśatī----- | | 17 | | § 7409

2.3.38 Sarvāṅgasundarā

snāyūnāmasmin dehe navaśatī | navānāṃ śatānāṃ samā-
hāro navaśatī, "dvigoḥ" iti nīp, navaśatānityarthaḥ | tatra

"pade pañca syuraṅgulyaḥ pratyaṅguli tu tāni
ṣaṭ | triṃśadevaṃ, daśa daśa kūrce pādātale
tathā | | 1 | |

gūlphe ceti, triṃśadeva jaṅghāyāṃ, daśa
 jānuni | catvāriṃśatsyurūrau ca, vaṅkṣaṇe
 daśa, sakthini | | 2 | |
 sārdham śataṃ, dvitīye+api tadvadbāhvośca
 sakthivat | śākhāsvevaṃ ṣaṭśatāni, kaṭyāṃ
 dve viṃśatī smṛte | | 3 | |
 viṃśatirmuṣkayormedhrabastyantreṣu ca
 kīrtitāḥ | aśītiḥ pṛṣṭhabhāge syuḥ, pārśvayoḥ
 ṣaṣṭirakṣayoḥ | | 4 | |
 catvāryurasyaṣṭadaśa, aṣṭavaṃsayuge smṛtāḥ |
 madhye śatadvayaṃ triṃśadve dve
 manyāvaṭau smṛte | | 5 | |
 netrauṣṭhatāluni tathā, grīvāyāṃ triṃśadīritāḥ | 5
 jatruṇi trīṇi, catvāri hanvoḥ pañca tu
 kīrtitāḥ | | 6 | |
 jihvāyāṃ, dantamāṃseṣu dvādaśaivātha
 mūrdhni ṣaṭ | evaṃ śatāni snāyūnāṃ
 navaiteṣu vinirdeśet | | 7 | |
 āmapakvāśayāntreṣu bastau ca suṣirāṇi tu |
 pratānavanti śākhāsu mahāsnāvāni
 kaṇḍārāḥ | | 8 | |
 vṛttāni, pārśva pṛṣṭhoraḥśirasi syuḥ pṛthūni ca |
 sirādibhyo+apyasthito+api rakṣetsnāvāni
 yatnataḥ | | 9 | | "§ 7419

iti | tathā coktam (suśrute śā. a. 5/35)- "na hyasthīni ta-
 thā hiṃsyurna peśyo na ca sandhayaḥ | vyāpāditā api sirā 10
 yathā snāyūni dehināṃ | | snāyūni yo vetti samyagbāhyā-
 nyābhyantarāṇi ca | sa gūḍham śalyamāhartuṃ dehāccha-
 knoti dehinaḥ | |" iti | § 7420

2.3.39 Aṣṭāṅgahrdayasaṃhitā

-----pañca puṃsāṃ peśīśatāni tu | | 17 | |
 adhikā viṃśatiḥ strīṇāṃ
 yonistanasamāśritāḥ | | 18 | | § 7422

2.3.40 Sarvāṅgasundarā

- peśyaḥ samprati bhānyante pañcāṅgulyo+atha tāsū tāḥ |
pratyekaṃ tīra ityevaṃ tāḥ pañcadaśa
kīrtitāḥ | | 1 | |
daśa pādāle gulphe tathā pādasya copari |
kūrce tu (ca) viṃsatīḥ syātu jaṅghāyāṃ,
pañca jānuni | | 2 | |
ūrau viṃsatirityevaṃ śataṃ sakthyekato
bhavet | śataṃ dvitīye+api tathā,
sakthivadgūjayormatāḥ | | 3 | |
catvāryevaṃ śatāni syuḥ śākhāsvekaiva
mehane | sīvanyāṃ ca, vṛṣaṇayordve,
sphijostu daśa smṛtāḥ | | 4 | |
5 tīro gude, bastimūrdhni dve, catasrastu
koṣṭagāḥ | nābhyāmekā+atha, hṛdyekā,
syādekā+a+amāśaye+api, ṣaṭ | | 5 | |
yakṛtphlīhondukeṣu, syuścatasraḥ, pṛṣṭhato
daśa | pārśvayorvakṣasi daśa,
catasraścākṣakāṃsayoḥ | | 6 | |
ityantarādhou ṣaṣṭīḥ, syurgrīvāyāṃ daśa,
gaṇḍayoḥ | aṣṭau, hanupradeśe+aṣṭāvekaikā
kākale tathā | | 7 | |
jihvāyāṃ mūrdhni galake, dve lalāṭe+atha tāluni
(dve dve tālulalāṭayoḥ) | dve oṣṭhayoḥ,
karṇayordve, nāsāyāṃ dve ca kīrtite | | 8 | |
puruṣāṇāṃ bhavedetatpeśīnāṃ śatapañcakam |
daśādhikāḥ syuḥ stanayordaśa yonau ca
yoṣitāṃ | | 9 | |
10 pratyekaṃ stanayoḥ pañca, tāsāṃ vṛddhistu
yauvane | yonyantarāśrite dve tu dve ca vṛtte
mukhāśrite | | 10 | |
garbhamārgāśrayāstīro yatra
garbho+avatiṣṭhate |
śāṅkhanābhyākṛtiryonistryāvartā jāyate
striyāḥ | | 11 | |

tasyāstr̥tīya āvarte rohitasyākṛtirbhavet |
garbhaśayyā+atha tisraśca bhaveyuh
sampraveśikāḥ | | 12 | |
śukrasya cārtavasyaivaṃ peśīstantravido
viduḥ | iti | (saṅgrāhe cōktam śā.a.5)-
"etābhirhi śārīre
tanubahalasthūlāṇuvakravṛttahrasvadīrgha-
sthiramṛduślakṣṇakarkaśābhiḥ
sandhyasthisirāsnāvāni pracchāditāni |
sirādhamaṇīnāṃ cāṇuśo vibhajyamānānām-
ekonatrīmśacchatahasrāṇi nava ca śatāṇi
ṣaṭpañcāśāni bhavanti | tābhiridaṃ śārīraṃ
gavākṣitaṃ pinaddhamātataṃ ca | tāvanti ca
keśāśmaśrulomāni | tāsāṃ hi mukhāni
tatpratibaddhāni | atastāni
tābhirāpyāyyante | taiśca tāḥ
svedamabhivahanti |
tathā+abhyaṅgālepādivīryaṃ
tvacivipakvamantarnayanti | sparśa ca
grhṇanti | srotāṃsi
punarasaṅkhyeyānyeva | " iti | anye
tvāhuḥ-"śārīre romṇāṃ dvāsaptatiḥ koṭhyo
bhavanti | " iti | § 7435

2.3.41 Aṣṭāṅgahr̥dayasaṃhitā

daśa mūlasirā hr̥tsthāstāḥ sarvaṃ sarvato vapuḥ | | 18 | |
rasātmakaṃ vahantyojastannibaddhaṃ hi
ceṣṭitam | | 19 | | § 7437

2.3.42 Sarvāṅgasundarā

hr̥di tiṣṭhantīti hr̥tsthāḥ, daśa mūlasirāḥ | yato+anyāsāṃ
sirāṇaṃ sarvāsāṃ mūlabhūtatvenaivaitāḥ sthitāḥ, tataḥ
pradhānabhūtā ityarthāḥ | hr̥tsthāḥ-hr̥dayasambaddhāḥ |
tāḥ sarvaṃ vapuḥ-sakalaṃ dehaṃ, oja vahanti-prāpayanti |
katham ? sarvataḥ,-sarvadikkam | vapurojo vahantīti vah-

5

erdvikarmakatvāt vapurojaśca karma | kimbhūtamajaḥ ?
rasātmakaṃ,-rasasvabhāvam, āhārātsārakiṭṭatayā pariṇa-
tāt sāram | tannivaddhaṃ hi ceṣṭitam | tāsudaśasu sirāsu,
nibaddhaṃ-niścayena sthitaṃ, ceṣṭitaṃ-vākkāyamanovyāpāraḥ |
5 hiśabdo yasmādarthe | yasmāttannibaddhaṃ ceṣṭitamata-
stā mūlasirāḥ | § 7438

2.3.43 Aṣṭāṅgahr̥dayasaṃhitā

sthūlamūlāḥ susūkṣmāgrāḥ patrarekhāpratānavat | | 19 | |
bhidyante tāstataḥ saptaśatanyāsāṃ bhavanti
tu | | 20 | | § 7440

2.3.44 Sarvāṅgasundarā

sthūlaṃ mūlaṃ yāsāṃ tā evam | suṣṭu sūkṣmamagram-
prānto yāsāṃ tā evam | sthūlamūlatvena tāsāṃ vyānavāy-
uvikṣipto rasaḥ śīghrameva cāntaḥ praviśati | sūkṣmapr-
āntatvena romarājyāmapyantaḥ praviśya teṣāṃ romṇāṃ
5 vṛddhihetuḥ sampadyate | tataścāsmin dehe sthūlamūlāḥ
susūkṣmāgrāḥ patrarekhāpratānavat bhidyante-anekadhā
sampadyante | yathā, vṛkṣasya palāśarekānāṃ pratānāḥ-
samūhāḥ, sthūlamūlāḥ susūkṣmāgrāḥ anekadhā jāyante ta-
thaivaitāḥ sirāḥ sthūlamūlāḥ sūkṣmāgrāḥ anekadhā samp-
10 adyante nānārūpā yataḥ, tataḥ-tasmāddhetoḥ, palāśarekh-
āpratānavadanekadhā gamanādāsāṃ sirāṇāṃ saptaśatāni
bhavanti | tuśabdo+avadhāraṇe bhinnakramaḥ, saptaiva
śatāni | § 7441

2.3.45 Aṣṭāṅgahr̥dayasaṃhitā

tatraikaikaṃ ca śākhāyāṃ śataṃ, tasminna
vedhayet | | 20 | |
sirāṃ jālandharāṃ nāma
tisraścābhyantarāśritāḥ | | 21 | | § 7443

2.3.46 Sarvāṅgasundarā

tāsāmekaikasmin sakthni śatam | tasmin-sirāśate, sirāṃ jā-
landharāṃ nāma-yā jālāni dhārayati tāṃ, na vidhyet | tistr-
aśceti | yāścānyāstisraḥ sirā abhyantarāśritāḥ-antarmukhāḥ,
tā api na vedhyā iti caśabdārthaḥ | evaṃ sakthnyāśrite sirā-
śate catasraḥ sirā na vedhyāḥ | dvitīye+api sakthni catasra 5
eva | sakthivadbāhvorapi | evaṃ caturṣu sirāśateṣu śākhā-
svāśriteṣu ṣoḍaśa sirā na vedhyāḥ | § 7444

2.3.47 Aṣṭāṅgahrdayasaṃhitā

ṣoḍaśadviguṇāḥ śroṇyāṃ, tāsāṃdve dve tu
vaṅkṣaṇe | | 21 | |
dve dve kaṭikataruṇe śastreṇāṣṭau spr̥senna
tāḥ | | 22 | | § 7446

2.3.48 Sarvāṅgasundarā

ṣaṭtrimśacchatamantarādhou | tatra ṣoḍaśadviguṇāḥ śroṇyāṃ-
dvātrimśaccroṇyavayavāśritā sirāḥ | tāsāṃ madhye dve
dve tu vaṅkṣaṇedvayorvaṅkṣaṇayoḥ pratyekaṃ dve sire |
dve dve kaṭikataruṇe-dvayoḥ kaṭikataruṇayoḥ pratyekaṃ
dve sire | evaṃ śroṇyāśritā aṣṭau sirāḥ śastreṇa n spr̥set | 5
§ 7447

2.3.49 Aṣṭāṅgahrdayasaṃhitā

pārśvayoḥ ṣoḍaśaikāikāmūrdhvagāṃ
varjayettayoḥ | | 22 | | § 7448

2.3.50 Sarvāṅgasundarā

pārśvayoḥ ṣoḍaśa sirāḥ | tāsāmekaikāmūrdhvagāṃ pārśv-
asandhisamjñāṃ pratyekaṃ varjayet | § 7449

2.3.51 Aṣṭāṅgahr̥dayasaṃhitā

dvādaśadviguṇāḥ pṛṣṭhe pṛṣṭhavaṃśasya
pārśvayoḥ | | 23 | |
dve dve tatrordhvaḡāminyau na śastreṇa
parāmr̥ṣet | | 23 | | § 7451

2.3.52 Sarvāṅgasundarā

dvādaśadviguṇāḥ pṛṣṭhe-caturviṃśatiḥ sirāḥ pṛṣṭhamāśri-
tāḥ | tāsāṃ pṛṣṭhavaṃśasya pārśvayoḥ-pṛṣṭhavaṃśamubhayataḥ,
dve dve tatrordhvaḡāminyau | evaṃ catasraḥ śastreṇa na
parāmr̥ṣet | § 7452

2.3.53 Aṣṭāṅgahr̥dayasaṃhitā

pṛṣṭhavajjathare tāsāṃ mehanasyopari sthite | | 24 | |
romarājīmubhayato dve dve śastreṇa na
spr̥ṣet | | 24 | | § 7454

2.3.54 Sarvāṅgasundarā

pṛṣṭhavajjathare-pṛṣṭhena tulyāḥ sirā udare, tatsaṅkhyā ca-
turviṃśatirityarthaḥ | tāsāṃ-udarāśritānāṃ śirāṇāṃ ma-
dhyāt, mehanasya meḍhrasyopari sthite, romarājīmubhayataḥ-
ubhayapārśvayoḥ, dve dve sire | evaṃ catasraḥ sirāḥ | tāḥ
5 śastreṇa na parāmr̥ṣet | § 7455

2.3.55 Aṣṭāṅgahr̥dayasaṃhitā

catvāriṃśadurasyāsāṃ caturdaśa na vedhayet | | 25 | |
stanarohitanmūlahṛdaye tu
pṛthagdvayam | | 25 | |
apastambhākhyayorekāṃ
tathā+apālāpayorapi | | 26 | | § 7458

2.3.56 Sarvāṅgasundarā

catvāriṃśadurasi sirāḥ | tāsāṃ madhyāt caturdaśa sirā
na vedhayet | tā eva darśayati-stanarohitetyādi | tayoh-
stanayormūle tanmūle | tatra stanarohitayoh, tathā stan-
amūlayoh tathā hṛdaye, pṛthak-pratyekaṃ, dvayaṃ-dve 5
dve sire, na vidhyet | apastambhākhyayoh pratyekame-
kāṃ sirāṃ, tathā+apālāpayoh pratyekamekāṃ sirāṃ na vi-
dhyet | § 7459

2.3.57 Aṣṭāṅgahṛdayasaṃhitā

grīvāyāṃ pṛṣṭhavattāsāṃ nīle manye kṛkātike | | 26 | |
vidhure māṭṛkāścāṣṭau ṣoḍāseti
parityajet | | 27 | | § 7461

2.3.58 Sarvāṅgasundarā

grīvāyāṃ pṛṣṭhavat sirāṇāṃ saṅkhyā-caturviṃsatih sirāḥ |
tāsāṃ sirāṇāṃ madhyānnīle dve, manye dve, kṛkātike dve,
vidhure dve, aṣṭau ca māṭṛkāḥ-māṭṛkākhyāni marmāṇi, iti-
evaṃ, ṣoḍāśa parityajet-na śāstram tāsū pātayet | § 7462

2.3.59 Aṣṭāṅgahṛdayasaṃhitā

hanvoḥ ṣoḍāśa, tāsāṃ dve
sandhibandhanakarmanī | | 27 | | § 7463

2.3.60 Sarvāṅgasundarā

hanvordvayoh ṣoḍāśa sirāḥ saṃsritāḥ | tāsāṃ sirāṇāṃ
madhyādvesire parityajet | kiṃkarmanī te āha ? sandhi-
ibandhanakarmanī | badhyate+aneti bandhanam | sa-
mdherbandhanam sandhibandhanam | arthāddhanusa-
mbandhinaḥ sandherbandhanam karma-kriyā, yayoh sir- 5
ayoste sandhibandhanakarmanī sire | § 7464

2.3.61 Aṣṭāṅgahr̥dayasaṃhitā

jihvāyāṃ hanuvattāsāmadho dve rasabodhane | | 28 | |
dve ca vācaḥpravartinyau-----
| | 28 | | § 7466

2.3.62 Sarvāṅgasundarā

jihvāyāṃ hanuvat sirāsaṅkhyā-ṣoḍaśaiva sirāḥ | tāsāṃ ma-
dhyāt jihvāyā adho ye dve sthite rasabodhane-yābhyāṃ
raso jñāyate madhurādirasabodhinyau, dve ca vācaḥprav-
artinyau ye sire, evaṃ catasro jihvāsritāḥ sirāḥ parityajet |
5 § 7467

2.3.63 Aṣṭāṅgahr̥dayasaṃhitā

-----nāsāyāṃ caturuttarā | | 28 | |
viṃsatirgandhavedinyau tāsāmekāṃ ca
tālugaṃ | | 29 | | § 7469

2.3.64 Sarvāṅgasundarā

nāsāyāṃ caturuttarā viṃsatīḥ sirāṅnām, evaṃ caturviṃś-
atīḥ sirā nāsāsritāḥ | tāsāṃ madhyādve gandhavedinyau-
gandhaṃ vedituṃ śīlaṃ yayoste gandhavedinyau sire, ta-
thaikāṃ tālugaṃ sirām, evaṃ nāsāsritāḥ sirāstisraḥ parity-
5 ajet | § 7470

2.3.65 Aṣṭāṅgahr̥dayasaṃhitā

ṣaṭpañcāśannayanayornimeṣonmeṣakarmanī | | 29 | |
dve dve, apāṅgayordve ca tāsāṃ ṣaḍiti
varjayet | | 30 | | § 7472

2.3.66 Sarvāṅgasundarā

ṣaṭpañcāśannayanayoḥ sirāḥ | tāsāṃ madhyānnimeṣonm-
eṣakarmanī | nimeṣonmeṣau-nimilanonmīlane, karmanī
yayoste nimeṣonmeṣakarmanī sire dve dve pratyekam, ta-
thā+apāṅgayordve sire, evaṃ ṣaṭ sirā varjayet-tatra śstraṃ
na pātayet | § 7473

5

2.3.67 Aṣṭāṅgahrdayasaṃhitā

nāsānetrāsritāḥ ṣaṣṭirilālāṭe, sthapanīśritām | | 30 | |
tatraikāṃ, dve tathā+a+avartau, catastraśca
kacāntagāḥ | | 31 | |
saptaivaṃ
varjayettāsām----- | | 31 | | § 7476

2.3.68 Sarvāṅgasundarā

nāsānetragatā yāḥ sirā uktāḥ | tāsāṃ madhyāllalāṭe ṣa-
ṣṭiḥ sirā bhavanti | tatra-tāsāṃ madhyāt, sthapanīśritām-
sthapanīnāmamarmaviśeṣastatrasthāṃ, ekāṃ sirāṃ na vi-
dhyet | dve tathā+a+avartaumarmanī, tayorāvartayoḥ sth-
ite dve sire na vidhyet | catasraśca kacāntagāḥ-keśāntasthāḥ 5
sirāḥ, na vidhyet | evaṃ sapta sirā lalāṭe varjayet | § 7477

2.3.69 Aṣṭāṅgahrdayasaṃhitā

-----karṇayoḥ ṣoḍaśātra tu | | 31 | |
dve śabdabodhane śaṅkhau sirāstā eva
cāśritāḥ | | 32 | |
dve śaṅkhasandhige
tāsām----- | | 32 | | § 7480

2.3.70 Sarvāṅgasundarā

karṇayordvayoḥ ṣoḍaśa sirāḥ | atra tu-asmin ṣoḍaśasa-
ṅkhye siroddeśe, karṇayorāsthite dve sire śabdabodhane-

yābhyāṃ śabdo budhyate-jñāyate te, varjayet | śaṅkhau si-
rāstā eva kaṇṇāśritāḥ | tāsāṃ madhyādve sire śaṅkhasandhige-
śaṅkhasandhyāśrite, varjayet | § 7481

2.3.71 Aṣṭāṅgahr̥dayasaṃhitā

-----mūrdhni dvādaśa tatra tu | | 32 | |
ekaikāṃ pṛthagutkṣepasīmantādhipatisthi-
tām | | 33 | | § 7483

2.3.72 Sarvāṅgasundarā

mūrdhni viṣaye dvādaśa sirāḥ | tatra tu-tāsu dvāda-
śasu sirāsu madhye+aṣṭau sirāḥ śastreṇa varjayet | tā
evāha-ekaikāmiti | evaṃ pratyekamutkṣepayordvayorek-
aikāṃ, sīmanteṣu pañcasvekaikāṃ, adhipatāvekāṃ, itya-
5 ṣṭau | § 7484

2.3.73 Aṣṭāṅgahr̥dayasaṃhitā

ityavedhyavibhāgārthaṃ pratyāṅgaṃ varṇitāḥ
sirāḥ | | 33 | | § 7485

2.3.74 Sarvāṅgasundarā

iti-samaptau prakāre vā | aveṣyasirāvibhāgavijñānārthaṃ
tannimittam, pratyāṅgaṃ-śirasyantarādhou bāhvādiṣu, yāḥ
sirāstā varṇitāḥ-uktāḥ tā varṇayituṃ samāptā iti, ath-
avā+anena prakāreṇa pūrvoktena varṇitāḥ | § 7486

2.3.75 Aṣṭāṅgahr̥dayasaṃhitā

avedhyāstatra kārtsnena dehe+aṣṭānavatistathā | | 34 | |
saṅkhīrṇā grathitāḥ kṣudrā vakrāḥ sandhiṣu
cāśritāḥ | | 34 | | § 7488

2.3.76 Sarvāṅgasundarā

tatra-tāsu sirāsu madhye, kārtsnena- sākalyena, aṣṭānavatiḥ sirā avodhyā varṇitāḥ | dehe-śarīre | na kevalam-eta evāvedhyāḥ, yāvatsaṅkīrṇādayaśceti tathāśabdasyārthaḥ | saṅkīrṇāḥ-parasparam nibaddhāḥ | grathitā iva-grathitāḥ | kṣudrāḥ-alpāḥsūkṣmā na mahatyāḥ | vakrāḥ-kuṭilāḥ | tathā sandhiṣu-asthisandhiṣu, yā āśritāstā api na vedhyāḥ | § 7489

2.3.77 Aṣṭāṅgahrdayasaṃhitā

tāsāṃ śatānāṃ saptānāṃ pādo+asraṃ vahate
pṛthak | | 35 | |
vātapittakaphairjuṣṭaṃ śuddhaṃ caivaṃ sthitā
malāḥ | | 35 | |
śarīramanuḡrṇanti pīḍayantyanyathā
punaḥ | | 36 | | § 7492

2.3.78 Sarvāṅgasundarā

tāsāṃ sirānāṃ sambandhīni yāni saptaśatāni, teṣāṃ pādaḥ-pañcasaptatyadhikāṃ śataṃ, asraṃ vahate, asmin dehe | kimbhūtaṃ tadraktaṃ ? vātapittakaphairjuṣṭaṃ-sevitaṃ, śuddhaṃ ca-rairanākrāntamajuṣṭaṃ kṛtvā | pṛthat-pratyekaṃ kṛtvā, pādo+asraṃ vahate | evaṃ vātajuṣṭaṃ raktaṃ sirāśataṃ pañcasaptatyadhikāṃ vahate | pittajuṣṭaṃ pañcasaptatyadhikāṃ śataṃ, tathā kaphajuṣṭaṃ pañcasaptatyadhikāṃ śataṃ, tathā śuddhaṃ raktaṃ pañcasaptatyadhikāṃ śataṃ vahate | evaṃ-pūrvoktena prakāreṇa, malāḥsthitāḥ śarīramanuḡrṇanti-vartayanti | anyathā punaḥ-vyatyayena sthitāḥ, pīḍayanti-vikāreṇa yojayanti | § 7493

2.3.79 Aṣṭāṅgahrdayasaṃhitā

tatra śyāvāruṇāḥ sūkṣmāḥ pūrṇariktāḥ
kṣaṇātsirāḥ | | 36 | |
praspandinyaśca vātāsraṃ
vahante----- | | 37 | | § 7495

2.3.80 Sarvāṅgasundarā

tatra-tāsu sirāsu madhye, śyāvāruṇā varṇena yāḥ sirāstā
vātāsraṃ-vātaraktaṃ, vahante | tathā sūkṣmāḥ | tathā pū-
rṇariktāḥ vāyoścalatvāt kṣaṇātpūrṇāḥ kṣaṇādriktāḥ-śūnyā
eva | tathā praspandinyaḥ | kila spandanaṃ sarvāsāṃ vi-
5 dyate, prakarṣeṇa tu vātaraktavāhinīnāmiti praśabdena
dyotyate | § 7496

2.3.81 Aṣṭāṅgahr̥dayasaṃhitā

-----pittaśoṇitam | | 37 | |
sparśoṣṇāḥ śīghravāhinyo
nīlapītāḥ----- | | 37 | | § 7498

2.3.82 Sarvāṅgasundarā

sirāḥ pittaśoṇitaṃ vahante | kimvidhāḥ ? sparśoṣṇāḥspa-
rśenoṣṇāḥ, na śītāḥ | tathā, śīghravāhinyaḥ | tathā, nīlapītā
varṇena | § 7499

2.3.83 Aṣṭāṅgahr̥dayasaṃhitā

-----kaphaṃ punaḥ | | 37 | |
gauryaḥ snigdhāḥ sthirāḥ
śītāḥ----- | | 38 | | § 7501

2.3.84 Sarvāṅgasundarā

kaphaṃ punargauryo vahante | tathā snigdhādiviśeṣa-
nāḥ | kaphamiti kaphaśoṇitam, śoṇitaśabdaloṇī | snigdhāḥ-

snigdhaçchāyāḥ | tathā, sthīrāḥ-na tu capalāḥ | tathā, śītāḥ
sparśena | § 7502

2.3.85 Aṣṭāṅgahr̥dayasaṃhitā

-----saṃsr̥ṣṭaṃ liṅgasaṅkare | | 38 | | § 7503

2.3.86 Sarvāṅgasundarā

liṅgasaṅkare-yathā nir̥diṣṭasya lakṣaṇasya saṅkīrṇatve,
saṃsr̥ṣṭaṃ-kapāvātajuṣṭaṃ vātapittajuṣṭaṃ kaphapittaju-
ṣṭaṃ tribhirapi doṣairjuṣṭaṃ, raktaṃ sirā vahanti-sakalaṃ
śarīraṃ prāpayanti | § 7504

2.3.87 Aṣṭāṅgahr̥dayasaṃhitā

gūḍhāḥ samasthitāḥ snigdhā rohiṇyaḥ
śuddhaśoṇitaṃ | | 38 | | § 7505

2.3.88 Sarvāṅgasundarā

gūḍhāḥ-antargatāḥ, tathā samaṃ kṛtvā sthitāḥ-samasthitāḥ,
tathā snigdhāḥ-snigdhaçchāyāḥ, rohiṇyaḥ-sirāparasamjñā
lohitābhāsā vā prasaraṇaśīlā vā, śuddhaśoṇitaṃ dehe+asmin
vahanti | § 7506

2.3.89 Aṣṭāṅgahr̥dayasaṃhitā

dhamanyo nābhisambaddhā viṃśatīscaturuttarā | | 39 | |

tābhiḥ parivṛtā

nābhiścakranābhirivārakaiḥ | | 39 | |

tābhiścordhvamadhastiryagdeho+ayamanugrhyate | | 40 | | § 7509

2.3.90 Sarvāṅgasundarā

dhamanyo nābhisambaddhā viṃśatīscaturuttarā-caturviṃśatirityarthaḥ |
tābhiḥ-dhamanībhiḥ, nābhiḥ parivṛtā-pariveṣṭitā | katham
? cakranābhirivārakaiḥ,-yathā rathāṅgasya madhyamabh-
āgo nābhiśabdavācyo+arakaiḥ parivriyate tadvannābhiḥ-
5 śarīramadhyabhāgo, dhamanībhiḥ | dhmanāddhamanyaḥ
srotoviśeṣā ucyante | tābhiḥ dhamanībhiḥ, ayaṃ deha
ūrdhvamadhastiryak cānugrhyate-rasādiprāpaṇakarmanā
tāḥ kāyasyānugrahaṃ kurvanti | tābhirayaṃ deha āyyā-
ate, ārāma iva jalahāriṇībhiḥ kedāra iva kulyābhiḥ | saṅgr-
10 ahe cuktam (śā. a.6)-"tāsāṃ khalu dhamanīnāṃ madhy-
āddaśa dhamanya ūrdhvaṃ prasṛtā daśādhaḥ prasṛtāsti-
ryak catasraḥ | tābhiryathāsvamaṅgāvayavā ūrdhvādhas-
tiryak samāśritā dhāryante āpyāyyante ca | tāsāmūrdhvaḡā
hr̥dayamabhiprapannāḥ pratyekaṃ tridhā jāyante | evaṃ
15 tāstriṃśat | triṃśato madhyādve dve vātapittakapharakt-
arasān vahataḥ | evaṃ daśa | dve dve śabdarūparasaga-
ndhān gr̥hṇitāḥ | evamaṣṭābhiḥ śabdarūparasagandhā gr̥-
hyante | dvābhyāṃ dvābhyāṃ bhāṣate ghoṣaṃ karoti sva-
piti pratibudhyate ca | evamaṣṭau dve cāsru vahataḥ | tath-
20 aiva dve stanāśrite nāryāḥ stanyaṃ narasya śukram | adh-
ogamāḥ pakvāśayasthā daśa tridhā jāyante | evaṃ tā api
triṃśat | tatrādyāḥ pūrvavaddaśa dve dve vātapittakapha-
raktarasān vahataḥ | dve vahato+annamantrāśrayeṇa, dve
toyaṃ dve mūtram | dve śukraṃ vahato dve ca muñcataḥ |
25 ta eva nārīṇāmārtavaṃ vahataḥ | dve varconirasanyau sth-
ūlāntrapratibaddhe | evaṃ dvādaśa | śeṣāstvaṣṭau dhama-
nyastiraścīnāḥ svedamabhivarddhayanti | tiryaggāminya-
stu catusro bhidyamānāḥ subahudhā bhavanti | " iti | § 7510

2.3.91 Aṣṭāṅgahr̥dayasaṃhitā

srotāṃsi nāsike karṇau netre pāyvāsyamehanam | | 40 | |
stanau raktapathaśceti
nārīṇāmadhikamtrayam | | 41 | | § 7512

2.3.92 Sarvāṅgasundarā

srotāṃsi puṃsāṃ nava,-dvau nāsāpuṭau, dvau karṇau,
dve netre, pāyuh- gudam, āsyam-mukham, mehanam-
mūtraniṣkramaṇadvāram | strīṅāmetāni tathā+anyāni trīṅi,-
dbau stanau, tathaiko raktapatho-raktamārgaḥ, pratimā-
sam yato yonau raktaṃ pravartate | tadevaṃ strīṅāṃ trī- 5
ṅisrotāṃsi puṃbhyo+adhikāni | evaṃ srotāṃsi dṛśyānya-
bhidhāya śarīre yānyadrśyāni srotāṃsi tānyāha- § 7513

2.3.93 Aṣṭāṅgahrdayasaṃhitā

jīvitāyatanānyantaḥ srotāṃsyāhustrayodaśa | | 41 | |
prāṇadhātumalābbhonnāvāhīni-----
---- | | 42 | | § 7515

2.3.94 Sarvāṅgasundarā

antaḥ-śarīrābhyantare, trayodaśa srotāṃsi vadanti | ' ācā-
ryāḥ' iti śeṣaḥ | tāni ca srotāṃsi jīvitāyatanāni-viśeṣeṇa jī-
vitasyādhiṣṭhānāni | kimbhūtāni ? prāṇadhātumalambho-
nnāvāhīni | prāṇākhyam vātam vahanti yāni tāni-prāṇavāhīni |
dhātuvāhīni-rasādiddhātun yani vahanti | malavāhīni-mūtraśakṛtsvedān
yāni vahanti | tathā, ambhovāhīni-udakavāhīni | tathā,
annavāhīni-annamabhyavahṛtam yāni vahanti | evaṃ tray-
odaśa | saṅgrāhe coktam (śā.a.6)-"tatra prāṇavāhinām hr̥d-
ayaṃ mūlam mahāsrotaśca | tāni kṣayaraukṣyapipāsākṣu-
dvyāyāmavegavidhāraṇādibhirduṣyanti | tato+atisṛṣṭam pr- 10
atibaddham kupitamalpālpamabhīkṣṇam vā saśabdaśūla-
mucchvasanam kurvanti | tatra śvāsavatsādhanam | ud-
akavāhinām tālu mūlam kloma ca | tānyāmabhayāti-
pānoṣṇasuṣkānnatr̥dvigrahādibhirduṣyanti | tato+atitṛṣṇā
mukhaśoṣaḥ karṇakṣvedanam tamodarśanam ca | tatra tr̥- 15
ṣṇoktamauśadham | annavāhināmāmāśayo mūlam vāma-
pārśvam ca | teṣāṃ duṣṭau sarvaṃ mātrāsītīyoktamavag-
adhchet | rasavāhinām hr̥dayam mūlam daśa dhamany-
aśca | raktavāhinām yakṛt plihā ca | māṃsavāhinām snā-
vānitvak ca | medovāhinām vṛkkau māṃsam ca | asthiv- 20

āhināṃ jaghanaṃ medaśca | majjavāhināṃ parvānyasth-
īni ca | śukravāhināṃ stahau muṣkau majjā ca | mūtravāh-
ināṃ bastirvaṅkṣaṇau ca | śakṛdvāhināṃ pakvāśayaḥ sth-
ūlāntraṃ ca | svedavāhināṃ medo romakūpāśca | srota-
5 sāmeva viśeṣāḥ sirā dhamanyaḥ | apare tvanyatvamicch-
anti sirādhamanīsrotasām | saraṇāt sirāḥ | dhmanāddha-
mahyaḥ | sravaṇātsrotāṃsi | kevalaṃ parasparasannika-
rṣāt saddṛśakarmatvāt sauḥṣmyācca vibhaktakarmanām-
apyavibhāga iva lakṣyate | anye punarevamācakṣate | sr-
10 otāṃsi sirā dhamanyo rasāyanyo vāhinyo nāḍyaḥ panth-
āno+ayanāni mārgāḥ śarīracchidrāṇi saṃvṛtāni sthānāny-
āśayā kṣayā nīketāśceti śarīre dhātvavakāśānām lakṣyāla-
kṣyāṇaṃ paryayeṇa nāmānīti | " iti | § 7516

2.3.95 Aṣṭāṅgahr̥dayasaṃhitā

-----ahitasevanāt | | 42 | |
tāni duṣṭāni rogāya, viśuddhāni sukhāya
ca | | 42 | | § 7518

2.3.96 Sarvāṅgasundarā

ahitānāmāhāravihārādīnām sevanāt-śīlanāt, tāni,-srotāṃsi,
duṣṭāni rogāya sampadyante | teṣāṃ vijñānārthaṃ doṣādi-
vijñānīyoktamavagacchet | viśuddhāni-aduṣṭāni srotāṃsi,
sukhāya ārogyāya, sampadyante | § 7519

2.3.97 Aṣṭāṅgahr̥dayasaṃhitā

svadhātusamavarṇāni vṛttasthūlānyaṇūni ca | | 43 | |
srotāṃsi dīrghānyākṛtyā pratānasaddṛśāni
ca | | 43 | | § 7521

2.3.98 Sarvāṅgasundarā

svo dhātuḥ svadhātuḥ,-yo yo yasya yasya srotasa ādh-
āraśyādheyatvena sthito dhātuḥ, tena tena svadhātunā

samaḥ-samāno, varṇo yeṣāṃ srotasāṃ tāni svadhāt-
usamavarṇāni | yathā,-rasadhātutulyavarṇāni rasavāhi-
srotāṃsi, yāvachchukradhātusaddrśavarṇāni śukravāhisr-
otāṃsi | tathā, sarvasrotasāṃ madhye kāniciddṛttāni
vartulāni, kānicitsthūlāni, kānicidaṇūni-sukṣmāni srotā- 5
ṃsi | tathā, ākr̥tyā-saṃsthānena, dīrghāni sarvāṇyeva | ta-
thā, pratāna sadṛśāni-patrarekhātulyāni | patrarekhātuly-
arupatvena śākhā praśākhatayā+anekadhā dūraṃ pravis-
ṛtānīti gamayati | §7522

2.3.99 Aṣṭāṅgahr̥dayasaṃhitā

āhāraśca vihāraśca yaḥ syāddoṣaguṇaiḥ samaḥ | |44| |
dhātubhirviguṇo yaśca srotasāṃ sa
pradūṣakaḥ | |44| | §7524

2.3.100 Sarvāṅgasundarā

āhāraḥ-pānāśanādilakṣaṇaḥ, doṣaguṇaiḥ-vātapittaśleṣmaguṇairaukṣyād-
yaḥ samaḥ-tulyaḥ samānaguṇaḥ, sa srotasāṃ pradūṣa-
kaḥ | vihāro+api-yo vāgdehamanaśceṣṭālakṣaṇaḥ, so+api
doṣaguṇaiḥ samānaguṇo yathāyathaṃ srotasāṃ pra-
dūṣakaḥ | yaścāhārastathāvihāro dhātubhiḥ-rasādibhiḥ, 5
viguṇo-viruddhaguṇo rasasamānaguṇarviparītaguṇaḥ, sa
yathāyathameva srotasāṃ pradūṣakaḥ | §7525

2.3.101 Aṣṭāṅgahr̥dayasaṃhitā

atipravṛttiḥ saṅgo vā sirāṇaṃ granthayo+api vā | |45| |
vimārgato vā gamanaṃ srotasāṃ
duṣṭilakṣaṇam | |45| | §7527

2.3.102 Sarvāṅgasundarā

atīśayena pravṛttiḥ, yathā-mūtravāhisrotasāṃ pramehava-
dbahumūtratā | saṅgaḥ-apravṛttiḥ, kiñcidvā pravṛttirmū-

trakṛcchavat | śakṛdvāhināṃ srotasāmatīsāravatpurīṣātisaraṇaṃ-
atipravṛttiḥ | saṅgaḥ stokaṃ stokaṃ kṛtvāpurīṣasya pravṛ-
tṭiḥ, athavā sarvasarvikayodāvartavatpurīṣasyāpravṛttiḥ |
5 evaṃ mūtravāhisrotasāṃ mūtrātipravṛtṭya pravṛtṭi tatsr-
otoduṣṭerlakṣaṇaṃ | tathaiva purīṣavāhināṃ purīṣāti pr-
avṛtṭyapravṛtṭi purīṣavāhisroduṣṭerlakṣaṇaṃ | evamanye-
ṣāmapī srotasāṃ yathāyatham vastuvāhināṃ yathāsvaṃ
vastvatipravṛtṭyapravṛtṭi teṣāṃ duṣṭerlakṣaṇaṃ | athavā
10 sirāṇāṃ-srotasāṃ, granthayaḥ-kuṭilabhāvatvaṃ, duṣṭerla-
kṣaṇaṃ | vimārgato veti | athavā svaṃ mārgamujjhivā
mārgāntarāsādanāṃ srotasāṃ duṣṭerlakṣaṇaṃ | § 7528

2.3.103 Aṣṭāṅgahr̥dayasaṃhitā

bisānāmiva sūkṣmāṇi dūraṃ pravisṛtāni ca | | 46 | |
dvārāṇi srotasāṃ dehe raso
yairupacīyate | | 46 | | § 7530

2.3.104 Sarvāṅgasundarā

bisānāṃ-mṛṇālānāṃ, yathā sūkṣmāṇi dvārāṇi-chidrāṇi,
dūraṃ pravisṛtāni-sakalaṃ bisāṃ gatāni, tathaiva srota-
sāṃ dvārāṇi mukhāni, sūkṣmāṇi dehe dūraṃ pravisṛtāni-
kṛtsnaṃ dehaṃ prakarṣeṇa gatāni | yaiḥ-dvāraicchidraiḥ,
5 dehe-śarīre, abhyavahr̥tasyāhārasya kāyāgninā pacyamā-
nasya prasādabhāvo yaḥ samudbhavati sa rasaḥ prasādā-
khyā upacīyate-vṛddhiṃ nīyate | § 7531

2.3.105 Aṣṭāṅgahr̥dayasaṃhitā

vyadhe tu srotasāṃ
mohakampādhmānavamijvarāḥ | | 47 | |
pralāpaśūlaviṇmūtrarodhā maraṇameva
vā | | 47 | |
srotoviddhamato vaidyaḥ pratyākhyāya
prasādhayet | | 48 | |

uddhṛtya śalyaṃ yatnena
sadyaḥkṣatavidhānataḥ | | 48 | | § 7535

2.3.106 Sarvāṅgasundarā

srotasāṃ tu vyadhe-tāḍane sati, mohādayo bhavanti | mo-
hādīnāmatiretaradvandvaḥ pralāpādīnāṃ ca | viṇmūtr-
ayo rodhena sambandhaḥ | athavā maraṇameva bhavati |
ataḥ-asmājjīvita saṃśayāddhetoḥ, vaidyaḥ pratyākhyāya-
"akriyāyāṃ dhruvo mṛtyuḥ" (hr.ci. a.11/44) ityādyuktā, 5
śalyamuddhṛtya-bahirniṣkāsyā, prasādhayet | katham ?
yatnena-nāvahelayā | kena prasādhayet ? sadyaḥkṣatavidhānataḥ-
sadyovraṇapratīṣedoktavidhinā | § 7536

2.3.107 Aṣṭāṅgahr̥dayasam̐hitā

annasya paktā pittam̐ tu pācakākhyam̐ pureritam | | 49 | |
doṣadhātumalādīnāmūṣmetyātreyaśāsanam | | 49 | | § 7538

2.3.108 Sarvāṅgasundarā

turavadhāraṇe | anekavidhasyāhārasyābhyavahr̥tasya pi-
ttameva paktā | kimbhūtam̐ pittam̐ ? pācakākhyam̐ pureritam̐,-
pūrvam̐ doṣabhedīye+adhyāya uktam̐ | yathā (hr.sū. a.12/10)-
"pakvāmāśayamadhyagam̐" ityārabhya yāvat "pācakam̐
nāma tatsmṛtam̐ |" iti | tadīddr̥śa pittamāhāram̐ pācayatīti 5
dhanvantarimatam̐ | doṣadhātuviti | otreyasya-atriputrasya,
śāsanam̐-ājñā, iti-evam̐, doṣādīnāmūṣmā+agniriti | doṣāḥ-
vātādayaḥ, dhātavo-rasādayaḥ, malāḥ-mūtrapuriṣasvedāḥ,
ādiśabdena dūṣikādayaḥ | teṣāṃ doṣādīnām̐ sambandhī 10
ūṣmā-agniḥ, yaḥ sa evānnasya paktā, na tu pittam̐ pāca-
kākhyamiti | § 7539

2.3.109 Aṣṭāṅgahr̥dayasam̐hitā

bhuktamāmāśaye rudhvā sā vipācyā nayatyadhāḥ | | 52 | |

balavatyabalā tvannamāmameva
vimuñcati | | 52 | | § 7541

2.3.110 Sarvāṅgasundarā

bhuktaṃ-abhyavahr̥tamannaṃ, āmāśaye-āmānnasthāne ya-
trāmamannaṃ tatra, sā-grahaṇī, ruddhvā-avaṣṭabhya, adho
nayati | kiṃ kṛtvā ? pipācyā,-vividhaiḥ prakāraiḥ pāca-
yitvā | balavatīti | balavatī bhuktaṃ vipācyādho nayati |
5 abalā punaḥ satī sā āmameva-apakvameva vimuñcati |
nanu, jāṭhārāgnirannaṃ grahaṇīsthaṃ pacati, na graha-
ṇī | tataśca kathamuktaṃ ? "sā vipācyā nayatyadhāḥ"
iti | atrocyate | agnigrahaṇyorādihārādheyabhāvena sthit-
atvādyujyata evaitadvaktum | grahaṇī hyagnerādihāraḥ |
10 tathā ca prāguktaṃ (ślo.50)-"kalā pittadharāhvayā" iti |
pittaṃ ca vahniḥ | tathā cādhunaiva vakṣyati (ślo.90)-
"pittaṃ vahniḥ" ityādi | tadevaṃ vahnayādihārā yā kalā
sā+annagrahaṇādgrahaṇītyucyate | tataścādhāratayā gra-
haṇīmāśrityāgniḥ pākakaraṇasamartho bhavati, nādhār-
15 amantareṇa kevala eva | tadevamagnyādihārasya graha-
ṇyākhyasya pākanirvartanaṃ prati karṭṛtvaṃ yuktamev-
eti | atah "sā vipācyā nayatyadhāḥ" ityetadupapannaṃ-
eva | § 7542

2.3.111 Aṣṭāṅgahr̥dayasaṃhitā

grahaṇyā balamagnirhi sa cāpi grahaṇībalaḥ | | 53 | |
dūṣite+agnāvato duṣṭā grahaṇī
rogakāriṇī | | 53 | | § 7544

2.3.112 Sarvāṅgasundarā

hi yasmādarthe | yasmādgrahaṇyā yadbalaṃ-sāmarthyam,
tasya heturagniḥ | agnito grahaṇyā balamutpadyate |
sa cāpyagnirgrahaṇībalaḥ, grahaṇī balaṃ yasyāgneḥ sa
evam | apīśabdāna kevalamagnirgrahaṇyā balaṃ, graha-
5 ṇyapyargnerbalaṃ | ato hetordūṣite+agnau duṣṭāgrahaṇī

rogakāriṇī sampadyate | evaṃ cārthād grahaṇyāmapī du-
ṣṭyāmagṇirduṣyati | duṣṭaśca so+apī rogakārī sampady-
ate | evaṃ yā pittadharā kalā sā+aduṣṭā satyāyurādīnāṃ
puṣṭaye bhavatītyuktam | annagrahaṇādbhahaṇyā evaṃr-
ūpatā | § 7545

5

2.3.113 Aṣṭāṅgahr̥dayasaṃhitā

yadannaṃ dehadhātvojobalavarṇādipoṣaṇam | | 54 | |
tatrāgnirheturāhārāna
hyapakvādrasādayaḥ | | 54 | | § 7547

2.3.114 Sarvāṅgasundarā

yadannaṃ-āhāro, dehadhātvādipoṣaṇaṃ bhavati, tatrāgn-
irhetuḥ | kutaḥ ? ityāha-na hītyādi | hi-yasmāt, apakvād-
āhārādrasarudhirādayo na sambhavanti | ato dehadhātv-
ādipoṣaṇe sarvatrāgniḥ kāraṇam, pākakriyānirvartanāt |
tadevamanvayavyatirekābhyāmavagamyate, annaṃ deh- 5
adhātvādiheturagniprabhāvādeva, tasmādagṇiḥ pākakār-
aṇam, pakvamannaṃ dehadipoṣaṇam | iti parasparakāra-
ṇtvamanayoḥ | § 7548

2.3.115 Aṣṭāṅgahr̥dayasaṃhitā

annaṃ kāle+abhyavahr̥taṃ koṣṭhaṃ
prāṇānilāhr̥tam | | 55 | |
dravairvibhinnasaṅghātaṃ nītaṃ snehena
mārdvam | | 55 | |
sandhukṣitaḥ samānena
pacatyāmāśayasthitam | | 56 | |
audaryo+agniryathā bāhyaḥ sthālīsthaṃ
toyataṇḍulam | | 56 | | § 7552

2.3.116 Sarvāṅgasundarā

kāle-"prasr̥ṣṭe viṇmūtre" (hr̥.sū. a.8/55) ityādinā granthena
prāñnirūpīte | annamabhyavahr̥taṃ koṣṭhaṃ-hr̥dayādyaṅganibandhanam
sthānam, praṇākhyena vāyunā+a+ahr̥taṃ-ānītam | "ṣṭhī-
vanakṣavathūdgāra" (hr̥.sū.a.12/5) ityādinaiva prāṇānilā-
5 hr̥tatve labdhe punaruktaṃ spaṣṭārtham | tacca dravaiḥ-
dravaguṇopalakṣitaistoyavyaṅjanamadyakṣīrādibhiḥ, vibhinnasaṅghātaṃ-
apanītapīṇḍitabhāvam | tathā, snehena-ghr̥tādinā, mṛdu-
tvam prāpitam | tathā, āmāśayasthitamagniḥ pacati | "nā-
bhistanāntaram jantorāmāśaya iti smṛtaḥ |" iti vyākhy-
10 āta āmāśayastantrāntare (carake vi. a. 2/23) | kimbh-
ūto+agniḥ ? audaryo-jāṭharabhavaḥ | tathā samānākhyena
vāyunā sandhukṣitaḥ-uddīpataḥ | kālagrahaṇasyopalakṣ-
aṅārthatvānmātrādisahāyena jāṭharāgninā samanoddīpit-
ena pakvamannaṃ dehadhātvdīpoṣaṇam | nanu, auda-
15 ryo+agniradṛśyatvāna jñāyate katham pacati ? atastada-
rtham bāhyam dr̥ṣṭāntam nirupayitum granthakṛdāha ya-
thetyādi | yathā bāhyo+agniḥ sthālīstham toyataṇḍulam
pacati | toyam ca taṇḍulāśca toyataṇḍulam, dvandvaikav-
adbhāvaḥ | tathaiḥvāsāvaudaryo+agniḥ sandhukṣitaḥ sam-
20 ānenāmāśayasthitam caturvidhamannaṃ-aśitapītalīḍhakhādītābhedaḥ
prāṇānilāhr̥taṃ pacati | nanu, doṣabhedīye+adhyāye pū-
rvamuktam (hr̥.sū.a. 12/4)-"prāṇo+atra mūrdhagaḥ | ityā-
rabhya yāvat "nīsvāsānnapraveśakṛt |" iti | annasya praveśam-
āharaṇam, karotītyannapraveśakṛt | prāṇānilā hr̥tamity-
25 anenāpyayamarthaḥ pratyapādi | tatkimetena ? atrocy-
ate | annapraveśakṛdityanenānnapraveśakaraṇamātram-
uktam, na tu koṣṭhaprāpaṇamiti | prāṇasya hi vāryorm-
ūrdhāsritasyoro yāvatsamcāra uktaḥ, na tato+adhaḥ | ev-
30 amannapraveśakaraṇam tāvatprāptaṃ yāvadurāḥ, na ko-
ṣṭhamiti | koṣṭham prāṇānilāhr̥tamityanena tu koṣṭhaprā-
paṇākhyo+arthaviśeṣa uktaḥ | iti dvayamapyetadvaktum
yuktam | [nanu,] 'sandhukṣitaḥ samānena' iti ca na vā-
cyam | yataḥ prāguktam (hr̥.sū.a.12/8)-"samāno+agnisamīpasthaḥ
koṣṭhe carati sarvataḥ |" iti | evam jāṭhareṇāgninā sahaca-
35 raḥ samano vāyuḥ sandhukṣayatītyartho+avatiṣṭhate | ta-
smāt "sandhukṣitaḥ samānena " ityanena nārthaḥ | ucy-
ate | arthaviśeṣasampratyayārthametaduktam | tathā hi-

"samāno+agnisamīpasthaḥ koṣṭhe carati sarvataḥ | annaṃ
grhṇāti pacati " iti samānasayaiva pākakriyāṃ prati vahn-
isandhukṣaṇadvāreṇa kartṛtvamuktam, nāgneḥ | iha pu-
naḥ sandhukṣitaḥ samānenāgniḥ pacati, na samāno vāyuh,
ityapaunaruktyameva | yadyapi caikapratyayajanitaṃ na 5
kiñcidasti, tathā+apyannapākakriyāṃ pratyagnereva kart-
ṛtvam, na samānādeḥ | samānādayo hyupakārakā eva | ato
yuktamidaṃ 'agniḥ pacati' iti | § 7553

2.3.117 Aṣṭāṅghṛdayasamhitā

ādau ṣaḍrasamapyannaṃ madhurībhūtamīrayet | | 57 | |
phenībhūtaṃ kaphaṃ, yātaṃ vidāhādamlatāṃ
tataḥ | | 57 | |
pittamāmāśayātkuryācyavamānaṃ, cyutaṃ
punaḥ | | 58 | |
agninā śoṣitaṃ pakvaṃ piṇḍitaṃ kaṭu
mārutam | | 58 | | § 7557

2.3.118 Sarvāṅgasundarā

ādau-prathamam, ṣaḍrasamapi, apiśabdādvitrādirasam-
api, annaṃ-abhyavahr̥tamaśitapītādikaṃ, tatpacyamānaṃ
madhurībhūtaṃ-amadhuraṃ madhuraṃ sampannaṃ sat,
kaphamīrayet | kimbhūtaṃ kapham ? phenībhūtaṃ | pā-
nīyāderapi pacyamānasya prathamam phenotpattidarśa- 5
nādevamuktam | vidāhāditi | tataḥ-prathamāvasthāto mā-
dhuryaprāyāyā anantaram, madhyamāvasthām prāpya jā-
ṭhareṇa vahninā pakvaṃ ṣaḍrasamapyannamabhyavahr̥-
tamamlatāṃ yātaṃ-anamlamamlam sampannaṃ, pittaṃ
vidadhyāt | kasmātpunaramlatāṃ yāti ? ityāha-vidāhāt | 10
viruddho viṣamo vā dāho-vidāhaḥ | tato vidāhāddhetora-
mlatāṃ yātam | kimbhūtamannaṃ ? āmāśayāccyavamānaṃ,-
nāmāśayasthitameva | cyutaṃpunaḥ-tata āmāśayātpakvā-
śayaṃ prāptaṃ, jāṭharāgninā pakvaṃ śoṣitamannaṃ, ta-
thā piṇḍitaṃ-tadānīm piṇḍam sañjātaṃ saṃhataṃ samp- 15
annaṃ, tathā kaṭukaṃ jātaṃ, anyāṃ(ntyāṃ) ṛtīyāmav-

asthāṃ prāpya mārutaṃ kuryāditi vojyam | etacca sarvaṃ svabhavasiddhaṃ svasaṃvedyaprāyaṃ kāryānumeyam ca | ata eva rasaṣaṭke+api yaddravyāṇāṃ vipākatrai-
vidhyaṃ madhurāmlakaṭukalakṣaṇamuktaṃ, tadanayā rī-
5 tyopapannataram bhavati | tathā hi-ṣaḍrasasyāpyannasya
jāṭharāgninā pacyamānasya rasatrayopalakṣitena madhurāmlakaṭukasvabhāvenāvasthātrayeṇa pariṇāmo bhavati | atha (nanu,) annamityatra kasmāt "ado jagdhirly-
aptikiti" iti jagdhyādeśo na bhavati ? | brūmaḥ | anna
10 iti nipātanāt "bahulaṃ chandasi" iti bahulavacanādvā jagdhyādeśābhāvaḥ | nanu, vidāhādamlatāṃ gatamiti sāmānyenoktama yuktamivābhāti | yato drākṣekṣuśarkarādināmaavidāhitvaṃ śrūyate | api ca vidāhādīni ca varjayediti tantrakāraḥ (hr̥.sū.a. 8/32) paṭhati | anayā ca
15 rītyā avadāhidravyābhāva eva syāt | tasmātsāmānyena vidāhitvamabhyupagamyamānamanyāyyamiva manyāmāhe | ucyate | vidāhasya dvaividhyādadoṣaḥ | iha hi dvividho vidāhaḥ prathito doṣasthānakṛto dravyakṛtāśca | tatra hi doṣasthānakṛtasya grahaṇam | [nanu,]
20 āmāśayācyutamagninā pakvamiti kathamuktam ? yataḥ pakvāśayasthasyāgninā pāko+anupapannaḥ | dūravyavadhāno hyagnirāmāśayasthaḥ | tasmātpakvāśayasthasyānnasya pakvatvamanupapannaṃ | atrocyate | pakvāśaye+apyasti pākaḥ, tantrakāravacanāt | tathā hi prāgbastividhāvabhyadhāt (hr̥.sū.a.19/34)-"yathā vā snehapaktiḥ syādato+atyulbaṇamārutān | vyāyāmanityān dīptāgnīn" ityādi | tadevaṃ pakvāśayasthasyāpyanuvāsanasya snehapāko+abhihitāḥ | tathā pakvāśaye+apyagninā pakvasya punaḥ pāko yukta eva | tantrāntareṣu māmsādīnām-
30 api vikledadarśanādanyatrāpi pāko+anujñāta eva | § 7558

2.3.119 Aṣṭāṅgahr̥dayasaṃhitā

bhaumāpyāgneyavāyavyāḥ pañcoṣmāṇaḥ
sanābhasāḥ | | 59 | |
pañcāhāraguṇānsvān svān pārthivādīn
pacantyanu | | 59 | | § 7560

2.3.120 Sarvāṅgasundarā

bhūmerayaṃ bhaumaḥ | āpya iti cintyam | āgneya iti "agr-
erḍhak" iti ḍhak | vāyavya iti "sā+asya devatā" ityarthe "vā-
yvr̥tupitruṣaso yat" iti yat | tadatraupamyartha bodhyaḥ,
vāyavya iva vāyavya iti | ke punaste ? ityāha-pañcoṣmāṇa
iti | kimbhūtāḥ ? sanabhasāḥ | saha nābhasenoṣmaṇā pa- 5
ñcoṣmāṇaḥpañcāgnayaḥ | bhauma ūṣmā yāvannābhasa
ūṣmeti | tadete+agnayaḥ pañcāhāraguṇān anu-pāścāt, pa-
canti | kuto+anu ? prakṛtatvā daudāryāgninirvartitādann-
apākāt | kimbhūtānāhāraguṇān ? svānkhān pārthivādīn |
yo yasya mājābhūtoṣmaṇaḥ pārthivāderātmīyo guṇaḥ, 10
taṃ guṇaṃ sa eva pārthivādyūṣmā pacati | § 7561

2.3.121 Aṣṭāṅgahr̥dayasamhitā

yathāsvaṃ te ca puṣṇanti pakvā bhūtaguṇān
pṛthak | | 60 | |
pārthivāḥ pārthivāneva śeṣāḥ śeṣāṃśca
dehagān | | 60 | | § 7563

2.3.122 Sarvāṅgasundarā

te ca-guṇāḥ, pañcamahābhūtāśritāḥ | yathāsvaṃ ye ye-
śāṃ mahābhūtānāmātmīyā guṇāḥ, te yathāsvaṃātmī-
yena vahninā pakvā ātmīyāneva dehasthān mahābhū-
taguṇān puṣṇanti | kathaṃ puṣṇanti ? ityāha-pṛthak,
pratyekaṃ kṛtvā, naikaṃ sarve, na sarvānekaḥ | tā- 5
eva pratyekaṃ bhūtaguṇapūṣṭiṃ pañcoṣmapakvāhāra-
guṇakṛtāṃ spaṣṭī kurvannāha- pārthivā mahābhūtagu-
ṇāḥ pārthivāneva mahābhūtaguṇān dehagān puṣṇanti-
vṛddhiṃ nayanti | śeṣāḥ-pārthivaguṇebhyo ye+anye mah-
ābhūtaguṇā āpyāstaijasā vāyavyā nābhasāśca, te śeṣān pā- 10
rthivaguṇavyatiriktānāpyādimahābhūtaguṇān, puṣṇanti-
āpyāyayanti | guṇānāṃ ca nirādhārānāmasambhavāt sah-
ādhāreṇa pṛthivyādinā mahābhūtena saha pakvā ete ma-
hābhūtaguṇāstathāvidhāneva mahābhūtaguṇān puṣṇant-
īti sāmārthyalabhyo+arthaḥ | atra codayanti | nanu, pṛthi- 15

vyādimahābhūtacatuṣṭayavyatiriktas̥yoddeśamātratvādākā-
śasya sattaiva durghaṭā | kutaḥ punastasyoṣmaṇaḥ sa-
mbhavaḥ ? iti | atrocyate | ākāśasya sattā tāvat dravyani-
ṇayaprastāva prāk (hr̥.sū. a.9/1) pratipāditaiva | tathā nā-
5 sikāśrotrās̥yādiṣu suṣireṣu sthāneṣu sthita uṣmā dāhapā-
kādīn kurvan nābhasa uṣmetyupacaryate | ityaupacārika
uṣmā+apyasyopapanna eva | evaṃ pañca bhautikā agnaya
ete, eka udarāgniḥ, sapta ca dhātvagnayo vakṣyamāṇāḥ,
iti trayodaśāgnayaḥ | nanu, pārthivādyuṣmabhiḥ pakva-
10 sya punardhātūṣmabhiḥ pākakāle dhātūnāmapi pāñcabh-
autikatvāttatrāpi pārthivādyuṣmabhāvaḥ | taiśca pārthiv-
ādyuṣmabhiḥ punaḥ pākaḥ, ityevamaṣṭādaśa prāpnuva-
nti | satyamevatat | kintu ta eva pañcoṣmāṇaḥ pārthivāda-
15 yaḥ sthānantaraprāptā dhātūṣmāṇa iti vyapadeśa māsād-
ayanti | yathā-udakaṃ sthānantaragataṃ lasikādivyapad-
eśaṃ labhate | tathā coktam-"taccharīragataṃ lasikādivy-
apadeśaṃ prāpnoti | " iti | anye tvevamāhuḥ-ete trayodaś-
āgnayaḥ, tathā saptasu sirāśateṣu saptāgniśatāni, pañcasu
māṃsapeśī śataṣu ca pañcāgniśatāni " | iti | evaṃ pañcam-
20 ahābhūtātmakādāhārādyathāsvamagninā pakvādrasa āh-
ārasāraḥ | tatrasthairmahābhūtaguṇairdehagā mahābhūt-
aguṇā rasadhātvāśritā yathāsvamabhivarddhante | § 7564

2.3.123 Aṣṭāṅgahr̥dayasaṃhitā

kiṭṭaṃ sārāśca tatpakvamannaṃ sambhavati
dvidhā | | 61 | | § 7565

2.3.124 Sarvāṅgasundarā

tadannaṃ pakvaṃ dvidhā sambhavati-dviprakāraṃ jāy-
ate, kiṭṭarūpaprasādarūpatayā | § 7566

2.3.125 Aṣṭāṅgahr̥dayasaṃhitā

tatrācchaṃ kiṭṭamannasya mūtraṃ vidyāddhanaṃ
śakṛt | | 61 | | § 7567

2.3.126 Sarvāṅgasundarā

tatra-tayoracchānacchabhedabhinnayoḥ kiṭṭayārmadhyāt,
yadacchamannasya kiṭṭaṃ tanmūtraṃ vidyāt | yad ghaṇaṃ-
saṃhatam, annasya kiṭṭaṃ tat śakṛt-purīṣam, jānīyāt | § 7568

2.3.127 Aṣṭāṅgahr̥dayasaṃhitā

sārastu saptabhirbhūyo yathāsvaṃ
pacyate+agnibhiḥ | | 62 | | § 7569

2.3.128 Sarvāṅgasundarā

sāraḥ punaḥ-prasādākhyo bhāgo, bhūyaḥ saptabhiragni-
bhiḥ pacyate | udarāgninā pañcabhiśca bhūtāgnibhiḥ pū-
rvaṃ pakvaḥ san pāścātsārībhūto dhātūṣmabhiḥ pacya-
ata iti pratipādanartham bhūyo grahaṇam | katham pacya-
ate ? yathāsvaṃ,-yasya sārasya rasādisapta dhātusthasya 5
yo+agniḥ sa ātmiyaḥ, tena tena sa sa sāraḥ pacyata ity-
arthaḥ | rasadhātusthaḥ sāro rasadhātvaḥgninā pacyata iti
bhāvaḥ | caturvidho+apyāhārā+abhyavahṛto jaṭharāgninā
bhūtasahāyena pakvaḥ kiṭṭasāratāṃ yāti | tato yaḥ sāraḥ 10
prasādākhyāḥ sa pūrvam hr̥dayam yāti | tato hr̥dayānta-
hsthena vyānena vikṣiptastatsthābhiḥ sirābhirdaśabhirm-
ūlabhūtābhiḥ kṛtsnam śarīramuhyamāno rasadhātunā sa-
haikatāṃ prāpto rasadhātvaśayasthena vahninā bhūtāgn-
isahāyena pacyamāno raktadhātusāratayā pariṇamiti | ra-
ktadhātusāratayā pariṇato māṃsadhātusāratayā pariṇam- 15
ati | yāvatsa evāhārarasaḥ krameṇa garbhatayā pariṇamit-
īti | § 7570

2.3.129 Aṣṭāṅgahr̥dayasaṃhitā

rasādraktam tato māṃsam māṃsānmedastato+asthi
ca | | 62 | |
asthno majjā tataḥ śukram śukrādgarbhaḥ
prajāyate | | 63 | | § 7572

2.3.130 Sarvāṅgasundarā

rasāt-dhāturasādāhārarasena sahaikatāmāpannāt, raktaṃ
prajāyate-sa dhāturasastathābhūto raktatayā sampadyate |
tāvadyāvatsa eva garbhatveneti yojyam | atra codayanti |
nanu, yadyāhāraraso vyānavikṣipto rasadhātunā sahai-
5 katām pariṇaman krameṇa raktādīn bhāvān garbhāvas-
ānān pariṇamati | tarhi kathamuktaṃ "sārastu saptabh-
irbhūyo yathāsvaṃ pacyate+agnibhiḥ |" iti ? atrocyate |
kārye kāraṇopacāradetaduktamityavehi | sārakāryeṣu ra-
saraktādiṣu saptabhirdhātvaḥagnibhiḥ pacyamāneṣu "sāra-
10 stu saptabhirbhūyo yathāsvaṃ pacyate+agnibhiḥ |" ityu-
ktam | tasmādrasādīdhātava eva sārākhyānmūlakāraṇād-
utthitāḥ paramārthena pacyanta iti bodhyam | nanu, yadi
krameṇāhārarasādraso rasādraktaṃ raktānmāmsamityā-
dikrama āsrīyate, tatkathamuktaṃ (ślo.68)-"vyānena ras-
15 adhāturhi vikṣepocita karmaṇā |" iti ? atra hi yugapaditi
ca nirdiśyate | yugapat-ekakālam, vyānena raso dehe vi-
kṣipyate | vikṣiptācca rasāt sarvadhātūtpattiriti pratyajñ-
āyi | iha ca rasaraktamāmsādikrameṇāhārarasāddhātuni-
ṣpattirityucyate | tadetat parasparam viruddhamiva lakṣy-
20 ate | brūmaḥ | yugapacchabdo+atra śīghrakramārthaḥ |
tathā covāca sāṅkhye (sām.kā. 3)- "yugapaccatuṣṭaya-
sya tu vṛttiḥ kramaśāśca tasya nirdiṣṭā |" iti | asyārthaḥ
manobuddhyahaṅkārastrayaścakṣuḥśrotrādīnām madhy-
ādanyatama ityevaṃ catuṣṭayametāt | asya ca vṛttery-
25 ugapannirdiṣṭā krameṇa ca | tatra yugapadvṛttirutpala-
patraśatasūcībhedananyāyena | krameṇa ca vṛttiryathā,-
cakṣurādi rūpādikaṃ paśyati, manastatra saṃśete, buddh-
irniścinoti, ahaṃ karomītyahaṅkāra udyamayati | tadvad-
atrāpi yugapatkrameṇa ca vikṣepo na viruddhaḥ | astve-
30 tat | rasadhāturityetatkathamuktaṃ ? yato rasākhyo dhāt-
ustena na vikṣipyata, kintarhi ? āhārarasaḥ | ata eva dhāt-
uśabdopādānamanarthakam | brūmaḥ | dhātuśabda ādh-
ārābhidheyatvenehopātto rasasya dehadhāraṇatvaṃ darś-
ayitum | sarveṣāṃ hi dhātūnām yaddehadhāraṇasvabh-
35 āvatvaṃ tadāhārarasāpyāyitānāmeṣāṃ, na tvanāpyāyitā-
nām | ataḥ sa āhāraraso dhātunāmādhāraḥ udbhavasthā-
nam | yathā,-loke hemādīnā ya ādhāraḥ pratiniyatā viśi-

ṣṭā mṛt sa dhātusaṃjñayā bhāṇyate | iyaṃ mṛddhemadh-
 āturiyaṃ rajatadhāturiti | evamāhārarasā vyānena vikṣi-
 pyata, na rasākhyo dhātuḥ, iti sthitametāt | kiñca, āhāra-
 rasādekakālaṃ saptasudhātusrotaḥsu praveśitādrasarak- 5
 t-ādayo dhātava utpadyante, iti yadyeṣa ekakāladhātupoṣ-
 aṇapakṣa āśrīyate, tadānīmidaṃ virudhyate-"pūrvo dhā-
 tuḥ paraṃ kuryādvṛddhaḥ kṣīṇāśca tadvidham | " (hr.sū.
 a. 11/35) iti | yataḥ sarve dhātava āhārarasena yugap-
 advyānavikṣiptena sve sve srotasyavatiṣṭhamānāḥ svāt-
 antryeṇāhārarasāpyāyitāḥ puṣyanti, anāpyāyitāḥ kṣayaṃ 10
 yānti | tadevaṃ kathaṃ pūrvasya dhātorvṛddhau para-
 sya vṛddhiḥ pūrvasya dhātoḥ kṣaye parasya kṣayaḥ syāt
 ? na hi kadācid-dhātate maitre tṛpte caitraḥ suhitaḥ syāt,
 atrṛpte vā+asuhitaḥ syāt | tathā sthūlasya meda evopacī-
 yata iti drṣṭam | na ca samaṃ kṛtvā saptasu dhātusrota- 15
 ḥsu vinikṣipte rase medaso+adhikā vṛddhiḥ kathañcidup-
 apadyate | kramapariṇāmapakṣe tu sthūlasyāhāraraso ra-
 sadhātutayā pariṇamiti | rasadhātū raktatayā, raktadhāt-
 urmāṃsatayā, māṃsadhāturmedastayā pariṇamati | med-
 asa āhārapūrṇasya sa āhāraraso medastvaṃ prāptaḥ pu- 20
 naḥ pratisrotonyāyena māṃsasya viśeṣavatīm vṛddhiṃ
 karoti, anantaram raktasya, anantaram rasasya | pu-
 naśca rasadhāturatipūrṇo raktasya vṛddhiṃ vidhatte, rakt-
 adhāturmāṃsasya, māṃsadhāturmedasaḥ, ityevamatisth-
 ūlasya medovadrasādayo māṃsāvasānā apyupacīyante | 25
 asthyādayaścāsthyādisrotasāṃ medasā+a+avṛtatvāna ta-
 thopacīyante | tasmādāhārarasena medobhāvena pariṇa-
 matā udakaparipūrṇābhinavamṛtkumbhajalalavasyanda-
 nanyāyenāsthyādayo dhātavaḥ kevalamāpyāyyante, na tu
 tathopacīyante | tathā ca muniḥ (ca. sū. a. 21/4)- "sthūla- 30
 sya meda evopacīyate, na tathetare dhātavaḥ | " iti | asya
 hyayamarthaḥ,-medaso ye+anye+asthyādayaḥ śukrāvasā-
 naste na tathopacīyante, na punaḥ pūrve rasādayo dh-
 ātavaḥ sthūlasya nopacīyanta iti | ata evāha muniḥ (ca.
 sū. a.21/9)- "medomāṃsātivrddhatvāccalaspigudarasta- 35
 naḥ | ayathopacayotsāho nara+atisthūla ucyate | | " iti | api
 ca, yadi kramapariṇāmapakṣo norarīkriyeta tadānīm ga-
 rbhasya śukradhātusārotpannasya rasādayo majjāvasānā

dhātavo na syuḥ | kāraṇānuvidhāyīni hi kāryāṇi bhava-
 ntītyuktam | kramapariṇāmapakṣe punaḥ śukraprasāda-
 sya sarvadhātuprasādarūpatayā pariṇatatvāt sa śukrapr-
 asādo garbhatayā pariṇamamaṃstathārūpa eva pariṇamati |
 5 kāraṇānurūpatvātkāryāṇām | tathā ca bījakāraṇe vaṭadh-
 avaprarohādau sakalānyavaśyaṃ tatpadārthajātāni tathā-
 rūpāṇyavyaktarūpatayā tānyavatiṣṭhante | yāni kāryarūp-
 atayā pariṇamanti, sarvāṇyabhivyaktiṃ yānti kārye dṛśya-
 nte | nanu, kramapariṇāmapakṣe dhātordhātvantarotpatt-
 10 āvāśrīyamāṇāyāṃ yo yo dhāturdhātvantarabhāvena dehe
 pariṇamati | tasya tasya dhātordhātvantarabhāvena pariṇ-
 ātatvādabhāvaḥ prāpnoti pūrvasya pūrvasya | tataśca śu-
 kraprasādasyaiva dehe sadbhāvaḥ syāt, na rasādīnām dh-
 ātūnām | tathā caivamāhāravinivṛttāvapi strīgamanasām-
 15 arthyam syāt, śukrasya vidyamānatvāt | atrocyaṭe | anava-
 cchinnapravāhasantānakrameṇāmśāṃśikatayā dhātūnām
 dhātvantarabhāvāpattiḥ, na tulya kālāṃ sarvairavayavai-
 rutpattiḥ | iti kṛtvā yo yo dhāturdhātvantarabhāvena dehe
 pariṇamati na tasya tasya dhātoḥ pūrvasyābhāvaḥ prāp-
 20 oti, sarvairavayavairapariṇatatvāt | tadevaṃ sarvathā kra-
 mapariṇāmapakṣa evāśrayituṃ nyāyyaḥ | tathā caṣṭāṅga-
 saṅgrāhe+apyadhītam (śā. a. 6)- "tatrāhāraraso vyānavikṣ-
 ipto yathāsvaṃ saptasu dhātuvagniṣu kramātpacyamānaḥ
 svātmabhāvapracyutisamanantameva prāptarakṭādisa-
 25 mājñāḥ kālavadaskhalitaprayāṇo dehamūrjayan" ityādi |
 tathā carakasamhitāyāṃ dṛḍhabalo+apyāha (ci. a. 15/14)-
 "rasādraktaṃ tato māsaṃ māṃsānmedastato+asthi ca |
 asthno majjā tataḥ śukraṃ śukrādgarbhaḥ prasādajaḥ | |
 ityuktavantamācāryaṃ śiṣyastivadamacodayat | rasādra-
 30 ktaṃ visadṛśātkathaṃ dehe+abhijāyate | | rasasya na ca
 rāgo+asthi sa kathaṃ yāti raktatām | rasādraktāt sthiraṃ
 māṃsaṃ kathaṃ tajjāyate nṛṇām | | rasādraktāttathā mā-
 ṃsānmedasaḥ śvetatā katham | ślakṣṇābhyāṃ māṃsa-
 medobhyāṃ kharatvaṃ kathamasthiṣu | | khareṣvasthiṣu
 35 majjā ca kena snigdho mṛdustathā | majjñāśca pariṇām-
 ena yadi śukraṃ prajāyate | | kathaṃ sarvagataṃ śukraṃ
 pravadanti manīṣiṇaḥ | | atha prasādānmajjñāśca śukraṃ
 bhavati dehinām | | chidraṃ na dṛśyate+asthnām ca tann-

iḥsarati vā katham | evamuktastu śiṣyeṇa guruḥ prāhed-
 amuttaram | | tejo rasānāṃ sarveṣāmambujānāṃ yaducy-
 ate | pittoṣmaṇaḥ sa rāgeṇa raso raktatvamṛcchati | | vā-
 yvagnitejasāyuktaṃ raktaṃ māṃsatvamṛcch gati | śleṣm- 5
 āṇaṃ ca samāśritya māṃsa snehābhisamṃyutam | | sthira-
 tāṃ prāpya śauklyam ca medo dehe+abhijāyate | pṛthivy-
 agnyanilādīnāṃ saṅghātaḥ śleṣmaṇā vṛtaḥ | | kharatvaṃ
 prakarotyasya jāyate+asthi tato nṛṇām | karoti tatra sauṣi-
 ryamasthnāṃ madhye samīraṇaḥ | | medasā tāni pūryante
 sneho majjā tataḥ smrtaḥ | tasmānmajjñāśca yaḥ snehaḥ 10
 śukraṃ sañjāyate tataḥ | | vāyvākāśādibhirbhāvaiḥ sauṣi-
 ryaṃ jāyate+asthiṣu | yena sravati tacchukraṃ navātku-
 mbhādivodakam | | srotobhiḥ syandate dehātsamantāccu-
 kravāhibhiḥ | harṣeṇodīritaṃ rāgātsaṅkalpācca manobha-
 vāt | | [vilīnaṃ ghṛtavadyāyāmoṣmaṇā sthānavicyutam |] 15
 bastau sambhṛtya niryāti sthalānnimnamivodakam | " iti |
 tathā carakamunirapi sākṣādadhijage (ci. a.8/37)-"srotasā
 ca yathāsvena dhātuḥ puṣyati dhātunā | " iti | tathā (ca.sū.
 a.28/3)-"dhātavo hi dhātvāhārāḥ prakṛtimanuvartante | "
 iti | nagnajidapyāha-"tatrāhārarasātpūrvam rasadhāturvi- 20
 vaddhate | raktadhātū rasāccaiva raktākhyānmāṃsameva
 ca | | medodhātustato māṃsādasthyākhyo medasastathā |
 majjadhātustato+asthyākhyānmajjñāḥ śukrākhyā eva ca | |
 śukrātparaṃ ca garbhasya sambhavaḥ parikīrtitaḥ | " iti |
 tasmātkramapariṇāmapakṣa eva yuktaḥ | § 7573 25

2.3.131 Aṣṭāṅgahr̥dayasamhitā

kaphaḥ pittaṃ malāḥ kheṣu prasvedo nakharoma
 ca | | 63 | |
 sneho+akṣitvagviśāmojo dhātūnām kramaśo
 malāḥ | | 64 | | § 7575

2.3.132 Sarvāṅgasundarā

kaphādayo dhātūnāṃ krameṇa malāḥ | rasasya kapho ma-
 laḥ | raktasya pittaṃ malaḥ | kheṣu nāsikāvivarādiṣu yo

malo+antaḥ sambhavati sa mām̐sasya malaḥ | yaḥ śarīre
prasvedo-romabhyaḥ salilasambhavaḥ, sa medaso malaḥ |
nakhā romāṇi cāsthnām malaḥ | majjñāḥ sneho malaḥ | sn-
ehaḥ keṣām sambandhī ? netrayostvaco viśaḥ-purīṣasya,
5 ca | yattadojaḥ-sarvadhātūnām tejāḥ śarīrasambhavaṃ, sa
śukrasya malaḥ | § 7576

2.3.133 Aṣṭāṅgahr̥dayasaṃhitā

prasādakiṭṭau dhātūnām pākādevaṃ
dvidhacchataḥ | | 64 | | § 7577

2.3.134 Sarvāṅgasundarā

dhātūnām-rasādīnām, evaṃ-anena prakāreṇa yathādarś-
itena pākādagnyāhitāt, prasādakiṭṭau dvidhā ṛcchataḥ-
dvaividhyaṃ vrajataḥ | kiṭṭasābdasyātra puṃstvaṃ lokā-
śrayatvāllīṅgasyeti bodhyam, ardharcādiṣu tvapāṭha evā-
5 sya | § 7578

2.3.135 Aṣṭāṅgahr̥dayasaṃhitā

parasparopasaṃstambhāddhātusnehaparamparā | | 65 | | § 7579

2.3.136 Sarvāṅgasundarā

dhātūnām snehaḥ-sāro dhātusnehaḥ | āhārarasasya dhā-
tvātmanāpariṇamato yathāyatham dhātvagnibhiḥ pacya-
mānasya kṣīrasyeva śr̥tasya sārāḥ-tathāpākavaśāddhātūnām
yathottaram yathārūpaḥ sneho jāyate, tasya dhātusneha-
5 sya paramparā-āhārarasāpyāyitā yā+avyucchinna-prabandhapravṛttatayā
viśiṣṭaiva yathottaram dhātusnehotkarṣakrapariṇatīḥ
sā dhātusnehaparamparā, parasparamupasaṃstambhāt-
upasaṃśleṣāt, jāyate | ata eva śoṇitaprabhṛtīnām dhātūnā-
mutterottaram gauravaṃ yathottaram snehotkarṣaḥ | § 7580

2.3.137 Aṣṭāṅgahṛdayasaṃhitā

kecidāhurahorātrātsāḍahādapare, pare | | 65 | |
māsena yāti śukratvamannaṃ
pākakramādibhiḥ | | 66 | | § 7582

2.3.138 Sarvāṅgasundarā

kecidācāryāḥ ahorātrāt-rātriṃdinena, annaṃ śukratvaṃ
yātītyāhuḥ | kaiḥ ? pākakramādibhiḥ | pākasya jāṭharā-
gninā bhūtāgnibhirdhātvaḥvagnibhī rasaraktādiparipāṭyetye-
vaṃprakāraḥ kramaḥ, sa ādiryeṣāṃ-vīryaprabhāvādīnāṃ, 5
taiḥ | apare-anye ācāryāḥ, ṣaḍahātsaḍbhirdinaiḥ, anna
pākakramādibhiḥ śukratvaṃ yātīti vadanti | pare anye,
tvāhuḥ,-ahorātrātprabhṛti māsāḥ paraḥ pramaṇāvadhī-
annasya rasādīpākakramādīnā pariṇamataḥ śukratvag-
amane, na tata ūrdhvaṃ kadācidapi | tathā ca parāś- 10
aro+aṣṭarātreṇānnaṃ pariṇamacchukratvaṃ yātīti saṅgi-
rate | tathā ca tadvanthaḥ-"āhāro+adyatano yaśca śco ra-
satvaṃ sa gacchati | śoṇitatvaṃ trītye+ahni, caturthe mā-
ṃsatāmapi | | medastvaṃ pañcame, ṣaṣṭhe asthitvaṃ, sa-
ptame vrajet | majjatām, śukratāmeti divase tvaṣṭame nṛ-
ṇām | | tasmaddhi pathyāpathyābhyāmāhārābhyām nṛ- 15
ṇām dhruvam | saptarātreṇa śudhyanti praduṣyanti ca dh-
ātavaḥ | | " iti § 7583

2.3.139 Aṣṭāṅgahṛdayasaṃhitā

athaitadannaṃ rasādibhāvena pariṇamacchukratvaṃ
yāti | | 66 | |
kiñcicchinnaṃ kṛtvā+atha kālavadanavarataṃ
kṛtvā pākakrameṇa ? ata āha ----
----- | | 66 | |
santtatā bhojyadhātūnāṃ parivṛttistu
cakravat | | 66 | | § 7586

2.3.140 Sarvāṅgasundarā

bhojyāśca te dhātavaśca bhojyadhātavaḥ | bhojyaśabde-
neha yasya dhātorya āhārastasya sarvasya grahaṇam |
uktaṃ hi (ca.sū. a.28 | 13)-"dhātavo hi dhātvāhārāḥ |" iti |
etaduktaṃ bhavati,-yasya dhātoryasmādutpattiḥ sa yasy-
5 āhāra iti | bhojyadhātūnāṃ parivr̥ttiḥ-parivartanaṃ bhra-
maṇaṃ gatiḥ, sa cakravatsantatā avyuccinnaprabandhasv-
arūpā, āhārarasenāpyāyitatvāt | § 7587

2.3.141 Aṣṭāṅgahr̥dayasaṃhitā

vṛṣyādīni prabhāveṇa sadyaḥ śukrādi kurvate | | 67 | | § 7588

2.3.142 Sarvāṅgasundarā

vṛṣyāṇi kṣīrarasamadhukamāśakūṣmāṇḍahaṃsādipakṣya-
ṇḍapṛāyāṇi | tathā, ādigrahaṇādviṣagarapraśamanamū-
ḍhagarbhajarāyuniṣkramaṇakriyāpṛāyāṇi | sadyaḥ-tatkṣaṇādeva,
susūkṣmaṃ durlakṣyaṃ tathāvidhaṃ prabhāvamāsādyā
5 tāni pariṇamanti śukrabalādi kurvate nāpariṇamanti |
§ 7589

2.3.143 Aṣṭāṅgahr̥dayasaṃhitā

prāyaḥ karotyahorātrātkarmānyadapi
bheṣajam | | 67 | | § 7590

2.3.144 Sarvāṅgasundarā

vṛṣyādidravyavyatiriktamanyadapi bheṣajam-cūrṇaguṭikādi
dīpanādikriyaṃ, ahorātreṇa prāyaḥ svaṃ svaṃ karma
karoti | prāyograhaṇaṃ kiñcidbheṣajamahorātrādapyū-
rdhvaṃ kiñcittato+apyavāk vīryādivaśāt karma karotīti
5 dyotanārtham | § 7591

2.3.145 Aṣṭāṅgahr̥dayasaṃhitā

vyānena rasadhāturhi vikṣepocitakarmanā | | 68 | |
yugatpasarvato+ajasraṃ dehe vikṣipyate
sadā | | 68 | |
kṣipyamāṇaḥ khavaiguṇyādrasaḥ sajjati yatra
saḥ | | 69 | |
tasminvikāraṃ kurute khe varṣamiva
toyadaḥ | | 69 | | § 7595

2.3.146 Sarvāṅgasundarā

āhāraraso jaṭharāgninā pakvaḥ prasādo dhātvākāratvā-
ddhātuvācyo yasmādvyanena sadā sarvataḥ-sarvasmin
dehe, vikṣipyate viśeṣeṇa preriyate | sarvata ityādyādi-
tvāttasiḥ | kimbhūtena ? vikṣepaḥ-preraṇameva, ucitaṃ-
yogaṃ, karma yasya, tena vikṣepocitakarmanā | kathaṃ 5
vikṣipyate ? yugapat-ekakālam, tathā+ajasraṃ-anavaratam |
saḥ-rasadhāturāhārarasaprasādākhyo, vyānena vikṣipyā-
māṇaḥ khavaiguṇyāt srotoduṣṭeḥ, yatra pradeśe svarup-
āpracyuto+api sajjati-saktaḥ sampadyate, tasmin pradeśe
dehasya vikāraṃ kurute, na sarvatra | etadeva dṛṣṭānta- 10
dvāreṇa spaṣṭayati | khe varṣamityādi | yathā khe-viyati,
toyado-megho, vātavaśāt kṣipyate varṣaṃ-vṛṣṭiṃ, kvacid-
eva deśe kurute, na sarvatra | khasya vaiguṇyaṃ khavaig-
uṇyamiti ṣaṣṭhīsamāsaḥ | "pūraṇaguṇa" ityādinā cātra ya-
thā samāsanīṣedho na bhavati, tathā "śīrortīndriyadaurb- 15
alya" (hṛ.sū. a. 4/9) ityatra pratipāditameva | tasmin vikā-
raṃ kuruta ityatratmanepadam na prāpnoti, rasasya kartr-
abhiprāyābhāvāt | na hi tasya citramutpadyata iti karotīti
prāpnoti | brūmaḥ | aupacāriko+atra kartrabhiprāyaḥ ka-
lpyaḥ | anenaiva nyāyena 'vrīhīnātapāḥ śoṣayati' ityādya- 20
pyupapannam | vyāno rasadhātuṃ yatra nayati tatra vik-
āraḥ, iti tāvadrasasya vikṣepaḥ | § 7596

2.3.147 Aṣṭāṅgahr̥dayasaṃhitā

doṣāṅāmapi caivaṃ syādekadeśaprakopaṇam | |70| |
annabhautikadhātvagnikarmeti
paribhāṣitam | |70| | § 7598

2.3.148 Sarvāṅgasundarā

evamiti doṣaprakopatramātideśārtham | yathā rasah̥ kṣi-
pyamāṇah̥ khavaiguṇyādyatra sajjati tasmin vikāraṃ ku-
rute, evaṃ-anena nyāyena, doṣāṅāmapi-vātādīnāṃ vyān-
ena vikṣipyamāṇānāṃ, ekadeśaprakopaṇam-vikārakaraṇam,
5 syāt | ata eva sidhmadadruśvayathvādyekadeśe jāyate |
evaṃ kṣepyāṇāṃ svabhāvasthānāmapyasvātantryādvik-
ārakāritvaṃ bhavati | bhūtameva bhautikam | vinayād-
ibhyaṣṭak | annaṃ ca bhautikaṃ ca dhātavaścānnabh-
autikadhātavaḥ, teṣāṃagnirannabhautikadhātvagniḥ, ta-
10 sya karma annabhātikadhātvagnikarma | iti prakāre |
iti-pūrvoktena prakāreṇa, annabhautikadhātvagnikarma
paribhāṣitam-uktaṃ niścayīkṛtam | tatra "annaṃ kāle+abhyavahr̥tam"
(ślo.55) ityādinā "kaṭu mārutam" ityantena granthena | ta-
thā, annaṃ sārakiṭṭatayā yatpariṇamati tadetajjāṭhārāgneḥ
15 karma | "bhaumāpyāgneya" (ślo.59) ityārabhya "śeṣāḥ śe-
ṣāṃśca dehagān" ityevamantena granthena yannirdeṣṭam
tadbhūtāgneḥ karma | "sārastu saptabhirbhūyo" (ślo 62)
ityārabhya "prasādakiṭṭau dhātūnā" ityevamantena yanni-
rdiṣṭam taddhātvagnikarmeti | § 7599

2.3.149 Aṣṭāṅgahr̥dayasaṃhitā

annasya paktā sarveṣāṃ paktr̥ṇāmadhiko mataḥ | |71| |
tanmūlāste hi
tadvṛddhikṣayavṛddhikṣayātmakāḥ | |71| |
tasmāttam vidhivadyuktairannapānendhanairh-
itaiḥ | |72| |
pālayetprayatastasya sthitau
hyāyurbalasthitiḥ | |72| | § 7603

2.3.150 Sarvāṅgasundarā

sarveṣāṃ pakṛṇāṃ madhye yo+annasya paktā-pācako jā-
 ṭharāgñiḥ, so+adhiko mataḥ-baliyānabhipretaḥ | tantrakṛ-
 tāmiti śeṣaḥ | kutaḥ śreṣṭhaḥ ? ityāha-tanmūlā ityādi | saḥ
 jāṭharānalo, mūlaṃ pradhānaṃ, yeṣāṃ-bhūtāgnyādīnāṃ
 te yasmāttanmūlāḥ | mūlamiva mūlam | yathā, vṛkṣādī- 5
 nāṃ pradhānamavayavo mūlaṃ, sarveṣāṃ hi tadavayav-
 ānāṃ janmādiṣu tatkāraṇam, tena vinā teṣāṃ janmādyas-
 ambhavāt | yasmāccaivaṃ mūlaṃ-sarvāvayavebhyaḥ pra-
 dhānamavayavaḥ | tasmātte-bhūtadhātvaḥ, taddṛddhikṣayavṛddhik-
 vṛddhiśca kṣayaśca vṛddhikṣayau, tasya-jāṭharāgneḥ, vṛddhikṣayau-
 cayāpacayau, tābhyāṃ vṛddhikṣayau tadvṛddhikṣayavṛ-
 ddhikṣayau, tāvātmā-svabhāvo, yeṣāṃ te tadvṛddhikṣaya-
 vṛddhikṣayātmakāḥ | etaduktaṃ bhavati,-jāṭharānalavṛddhyā
 pareṣāmagñīnāṃ vṛddhiḥ tatksayeṇa teṣāṃ kṣayaḥ | ta-
 smāttam pācakamagniṃ, vidhivat-praśastena vidhānena, 15
 yuktaiḥ-yojitaiḥ, annapānendhanairhitaiḥ-pathyaiḥ, pāla-
 yet | annapānānyevendhanāni, taiḥ | katham pālayet ?
 prayataḥ-yatnavān nāvahelayā | hi-yasmāt, tasya-annasya
 paktuḥ, sthitau-sadbhāve, āyurbalasthitiḥ-tatsthitāvāyuravatiṣṭhate
 balam ca | tathā coktam (saṅgrāhe ci. a.12)- "agnimūlaṃ 20
 balam puṃsāṃ balamūlaṃ hi jīvitam | " iti | § 7604

2.3.151 Aṣṭāṅgahrdayasaṃhitā

samaḥ samāne sthānasthe

viṣamo+agnirvimārgage | |73| |
 pittābhīmūrccite tīkṣṇo
 mando+asminkaphapīḍite | |73| | § 7606

2.3.152 Sarvāṅgasundarā

samāne vāyau sthānasthe-khāśayasthite sati, samo+agnirbhavati |
 vimārgage-mārgamujjhitvotpathapravṛte samāne sati, vi-
 ṣamo+agnirbhavati | pittenābhīmūrccite-ekalolībhūte sa-
 māne, tīkṣṇo+agnirbhavati | asmin-samāne, kaphapīḍite-
 śleṣmābhibhūte, mando+agnirbhavati | § 7607 5

2.3.153 Aṣṭāṅgahr̥dayasaṃhitā

samo+agnirviṣamastīkṣṇo mandaścaivam
caturvidhaḥ | |74| |
yaḥ pacetsamyagevānnaṃ bhuktaṃ samyak
samastvasau | |74| |
viṣamo+asamyagapyāśu samyagvā+api
cirātpacet | |75| |
tīkṣṇo vahnīḥ paceccīghramasamyagapi
bhojanam | |75| |
5 mandastu samyagapyannamupayuktaṃ
cirātpacet | |76| |
kṛtvā+a+asyaśoṣāṭopāntrakūjanādhmānagauravam | |76| | §7613

2.3.154 Sarvāṅgasundarā

evam-samādibhedena, caturvidho+agnirbhavati | idānīm-
asya caturvidhasyāgnerlakṣaṇaṃ vakti- vahniriti vakṣya-
māṇena sambandhaḥ | yo vahnīḥ samyak-yathāvidhi, bhuk-
ktamannaṃ samyageva pacet, sa sama eva bhavati, iti tuśa-
5 bdo+avadhārayati | annamiti prakṛtam | yo+asamayagapideśakālamātrāvidhibh
annaṃ bhuktamāśu pacet, samyagvā+annaṃ bhuktaṃ ci-
rātpacet, sa viṣamaḥ | yo+asamyagapyannaṃ bhuktaṃ
drāk pacet, sa tīkṣṇaḥ | yastu samyagapyannamupayu-
ktamāśyaśoṣādīn kṛtvā cirātpacet, sa mandaḥ | āṭopaḥ-
10 kṣobhaḥ | mande+agnau ca sabhaktamevausadhaṃ prā-
yeṇopayoktuṃ yujyate | tathā ca saṅgrahe papāṭha (sū.
a. 11)- "yāmaiścaturbhirdvābhyām ca bhojyabheṣajyayoḥ
same | pāko+agnau yuktayordrāk ca tīkṣṇe, mande pun-
aścirāt | | sabhaktamausadhaṃ tasmānmandāgneravacār-
15 ayet |" iti | evamagnimuktvā, agnyāyattatvādbalasya bala-
traividhyaṃ darśayati- §7614

2.3.155 Aṣṭāṅgahr̥dayasaṃhitā

sahajaṃ kālajaṃ yuktikṛtaṃ dehabalaṃ
tridhā | |77| | §7615

2.3.156 Sarvāṅgasundarā

saha jāyata iti sahajam, kālājātaṃ kālajam, yuktibhirūpaj-
ātaṃ yuktijam, iti dehabalaṃ-śarīrabalaṃ, tridhā | § 7616

2.3.157 Aṣṭāṅgahr̥dayasaṃhitā

tatra sattvaśarīrotthaṃ prākṛtaṃ sahajam balam | |77| |
vayaskṛtamṛtūthaṃ ca kālajam, yuktijam
punaḥ | |78| |
vihārāhārajanitaṃ
tathorjaskarayogajam | |78| | § 7619

2.3.158 Sarvāṅgasundarā

tatra-teṣu baleṣu madhye, sattvarajastamaḥsamutthaṃ śa-
rīrodbhūtaṃ ca yadbalaṃ tatprākṛtaṃ-svabhāvikam | sa-
ttvaśabdena guṇatrayamupalakṣyate | śarīraṃ-tvagraktādisāramayaṃ
yadvastujātaṃ tat | vayo-bālyayauvanādi, tena kṛtaṃ vayaskṛtam,-
vayonusāreṇa niṣpāditam, ṛtubhyo-hemantādibhya udbh- 5
ūtāmṛtūthaṃ, etadubhayamapi kālajam balam | vay-
askṛtamityatra "ataḥ kṛkami" ityanena saḥ | yuktijam
punarbalaṃ,-viharaṇaṃ-vihāro vāṅgmanaśceṣṭālakṣaṇo+anekaparakāraḥ
āhāraḥ-pūrvamuktaḥ, tābhyāṃ vihārāhārābhyāṃ janitaṃ
vihārāhārajanitaṃ yadvalaṃ tadyuktijam | yuktiḥ-yoga it- 10
ikartavyatā, tato jātaṃ yuktijam | tathā, ūrjaskarāstvime
yogāḥ-"tadyathā,-balavatpuruṣe deśe janma [tadvidhe ca
kāle] sukhaśca kālayogo bījakṣetraguṇaśarīrāhārasatvasa-
mpattayaśca" (saṃ. śā. a. 8) | tathā ye yogā rasāyanavājīka-
raṇoktāḥ, tebhyo jātamūrjaskarayogajam yadvalaṃ tadapi 15
yuktijam | samprati deśatraividhyaṃ darśayati- § 7620

2.3.159 Aṣṭāṅgahr̥dayasaṃhitā

deśo+alpavāridrunago jāṅgalaḥ svalparogadaḥ | |79| |
ānūpo viparīto+asmātsamaḥ sādharmaṇaḥ
smṛtaḥ | |79| | § 7622

2.3.160 Sarvāṅgasundarā

stokajalavṛkṣasailākrāntaḥ svalparogado jāṅgalo deśaḥ śu-
ddhasrotastayā | tathā ca-marudeśodbhavā alparogāściraj-
īvinaśca dr̥śyante | asmāt-jāṅgalāt, viparīto-bahūdakarugirisamadhiṣṭhito
5 bahurogadaśca, ānūpaḥ | samastu deśo yo nātyambuvṛkṣ-
aparvato, na cātyalpavāritarugiriḥ, sa sādharmaṇo madhya-
stharogārogyaḥ | § 7623

2.3.161 Aṣṭāṅgahr̥dayasaṃhitā

majjamedovasāmūtrapittaśleṣmaśakṛntyasṛk | | 80 | |
raso jalaṃ ca
dehe+asminnekaikāñjalivarddhitam | | 80 | | § 7625

2.3.162 Sarvāṅgasundarā

majjādidravyaṃ jalāvasānaṃ, asmin-pauruṣe dehe, ekai-
kāñjalivarddhitam | tena majjña eko+añjaliḥ, dvau meda-
saḥ, yāvajjalasya dehāśritasya daśāñjalayaḥ | § 7626

2.3.163 Aṣṭāṅgahr̥dayasaṃhitā

pr̥thak svaprasṛtaṃ proktamojomastiṣkaretasām | | 81 | |
dvāvañjalī tu stanyasya catvāro rajasaḥ
striyāḥ | | 81 | | § 7628

2.3.164 Sarvāṅgasundarā

ojomastiṣkaśukrāṇāṃ dehaḡānāṃ pr̥thak-pretyekaṃ, sva-
prasṛtaṃ pramāṇam | striyāḥ stanyasya dvāvañjalī, rajaso-
raktasyārtavasya catvāro+añjalayaḥ | svena mānenāñjal-
iprasṛtāvīha hastasaṃsthānaviśeṣavācyau gr̥hyete, na tu
5 catuṣpaladvipalaparimāṇau mānavācyau, svaśabdapray-
ogāt | prasṛtaśabde tu mānavācini gr̥hyamāṇe svaśa-
bdo+anarthaka eveha syāt | nanu, yathā majjādīnāṃ sam-
atvādhikyahānayo vidyante, tathā pavanasyāpi | tathā ca

prāgabhyadhāyi (hr. sū. a. 11/1)- "utsāhocchvāsaniḥśvāsa"
ityādi | tathā (hr. sū. a. 11/5)- "vṛddhastu kurute+anilaḥ |
kārśya" ityādi | tathā (hr. sū. a. 11/15)- "līṅgaṃ kṣ-
īṇe+anile+aṅgasya" ityādi | tasmādvāyorapi pramāṇaṃ
vācyam syāt | tatkathamiha noktam ? atrocitate | pavana- 5
syāmūrttatvātpramāṇaṃ vaktumayuktam | tathā ca cara-
kaḥ (?) -"na mānonmānatā vāyorarūpatvāttu yujyate |" iti |
tasmāllīṅgaireva samatvādhikyahānayo+anilasya vaktum
yuktāḥ | § 7629

2.3.165 Aṣṭāṅgahr̥dayasamhitā

samadhātoridaṃ mānaṃ
vidyādvṛddhikṣayāvataḥ | | 82 | | § 7630

2.3.166 Sarvāṅgasundarā

samadhātoḥ-samaprakṛteḥ, etanmānaṃ vidyāt, naikadoṣ-
ādhikaprakṛtīnāṃ dvidoṣādhikaprakṛtīnāṃ vā | teṣāṃ hya-
ta eva yathoktādañjalipramāṇādikādyathāyatham majjā-
dīnāṃ vṛddhikṣayau vidyāt | § 7631

2.3.167 Aṣṭāṅgahr̥dayasamhitā

śukrāsṛggarbhīṅbhojyaceṣṭāgarbhāśayartuṣu | | 83 | |
yaḥ syāddoṣo+adhikastena prakṛtiḥ
saptadhoditā | | 83 | | § 7633

2.3.168 Sarvāṅgasundarā

śukraṃ cāsṛk cetyādidvandvaḥ | garbhīṅ-sampadyamānā
garbhāmātā, tasyā bhojyaceṣṭe-āhāravihārau, eteṣu yo+adhiko
doṣo-vātādiḥ, tena prakṛtiḥ saptadhā-saptaparakārā, [uditā-
] abhihitā, sūtrasthāne (a.1/10) | ya iti jātāveka vacanam |
tena yo doṣo, yau doṣau, ye doṣāḥ, ityartho+avatiṣṭhate | 5
ekadoṣadvidoṣatridoṣaparakṛtiṣu yathāsaṅkhyameko doṣo

dvau doṣo trayo doṣā adhikā ityarthah | nanu, samadh-
ātorvātādīnām samatvāt kathamivādhikyam syāt ? brū-
mah | samadhātorapi samānām trayāṅāmapi tasmin kāle
svapramāṇato yathāsvam tulye nādhikatvam bhavatīti yu-
5 ktaṃ tatrāpyādhikyam | yadi vā doṣo+adhika iti bāhuly-
enoktam | tena ṣaṭsveva prakṛtiṣu doṣādhikabhāvaḥ, na
tu samadhātāvīti vedyam | adhunā vātasya prādhānyam
ṣaḍbhiḥ kāraṇaiḥ pradarśya vātaprakṛti prāgabhidhatte-
§ 7634

2.3.169 Aṣṭāṅgahr̥dayasaṃhitā

vibhutvādāśukāritvādvalitvādanyakopanāt | | 84 | |
svātantryādbahurogatvāddoṣāṅām
pravallo+anilah | | 84 | | § 7636

2.3.170 Sarvāṅgasundarā

vibhutvāt-vyāpitvāt | tathā, āśukāritvāt | tathā, balitvāt,
yathā hi vāyurvyāpyāśukārī balī ca, na tathā pittaśleṣmā-
ṅau | tathā, anyakopanāt, svajātyāpekṣayā+anyaupittaśleṣmāṅau,
anena yathā kopyete, na tābhyām tathā+ayam | tathā,
5 svātantryāt-prerakatvāt, tathā hi nāsāvanyena preriyate+ataḥ
svatanthro+asau | tathā, bahurogatvāt | tathā coktam-"āśītirvātajā
rogāścatvāriśacca pittajāḥ | viṃśatiḥ śleṣmajāśca" iti |
evaṃ trayāṅām doṣāṅām madhye+anilah prabalaḥ-pradhānam |
§ 7637

2.3.171 Aṣṭāṅgahr̥dayasaṃhitā

prāyo+ata eva pavanādhyuṣitā manuṣyā doṣātmakāḥ
sphuṭitadhūsarakeśagātrāḥ | | 85 | |
śīta-dviṣaścaladhṛtismṛtibuddhiceṣṭā- sauhārda-
dṛṣṭigatayo+atibahupralāpāḥ | | 85 | |
alpavittabalajīvitānidrāḥ
sannasaktacalarjaravācaḥ | | 86 | |

nāstikā bahubhujah savilāsā
 gītahāsamṛgayākalilolāḥ | | 86 | |
 madhurāmlapaṭuṣṇasātmyakāṅkṣāḥ
 kṛśadīrghākṛtayaḥ saśabdayātāḥ | | 87 | |
 na dṛḍhā na jitendriyā na cāryā na ca
 kāntādayitā bahuprajā vā | | 87 | |
 netrāṇi caiṣāṃ kharadhūsarāṇi vṛttānyacārūṇi
 mṛtopamāni | | 88 | |
 unmīlitānīva bhavanti supte śailadrumāmste 5
 gaganam ca yānti | | 88 | |
 adhnyā matsarādhmātāḥ stenāḥ
 prodbaddhapiṇḍikāḥ | | 89 | |
 śvaśṛgāloṣṭragṛdhrākḥukākānūkāśca
 vātikāḥ | | 89 | | § 7647

2.3.172 Sarvāṅgasundarā

prāyograhaṇam kvacidvyabhicārartham | ata eva-asmādeva
 kāraṇāt, pavanādhyuṣitāḥ-vāyunā+adhiṣṭhitāḥ, manuṣyāḥ
 prāya evamrūpā bhavanti | kāraṇānuvidhāyitvāt kāryā-
 ṇām | doṣātmakāḥ-na tu guṇasvabhāvāḥ, na śubhasvabh- 5
 āvā bhavanti | śukrārtavarūpāvasthāmārabhyājīvitam pa-
 vanādhyuṣitā mānavāḥ sphuṭitadhūsarakeśagātrāḥ | sphu-
 uṭitāni dhūsarāṇi ca keśagātrāṇi yeṣāṃ ta evam | ta-
 thā, śītam dviṣantīti śītadviṣaḥ, uṣṇābhilāṣitvāt | tathā,
 calā dhr̥tyādayo gatyantā yeṣāṃ te tathoktāḥ | tathā, at-
 iśayena bahuḥ pralāpaḥ-sambhāṣaṇam, yeṣāṃ ta evam | 10
 vasantatilakāvṛttam | alpāḥ vittādayo nidrāntā yeṣāṃ ta
 evam | tathā, sannā saktā calā jarjārā vāk yeṣāṃ ta evam |
 keṣāñcitsannā-avasādam nītā, keṣāñcitsaktā-bhāṣaṇe vi-
 lambya vilambya pravṛttā, keṣāñcicalā, keṣāñcijjarjarā-
 bhinnakāṃsyasvanasadr̥śī vāgiti | tathā nāsti paraloka ity- 15
 evam matiryeṣāṃ te nāstikāḥ | "asti nāsti diṣṭam matiḥ"
 iti ṭhak | tathā, bahubhujah-analpāśanāḥ | tathā, savilāsāḥ-
 salilāḥ | tathā, gītahāsādilolāḥ tatpriyāḥ | svāgatāvṛttam |
 tathā, madhurāmlapaṭuṣṇasātmyā madhurādyabhilāṣiṇ-
 āśca | kṛśāśca te dīrghākṛtayaśca, te kṛśadīrghākārāḥ | 20
 tathā, saśabdam yātam-gamanam, yeṣāṃ te saśabday-

ātāḥ | na dr̥dhāḥ-na dr̥dhaśarīrāḥ | na jitendriyāḥ | na
 cāryāḥ-asantaḥ | kāntānāṃ strīṇāṃ, na ca dayitāḥ-[na]
 abhimatāḥ | na ca bahuprajāḥ-api tu svalpasantatayaḥ |
 "yā(ryā)vantaḥ(ntaṃ)śeṣaṃ(ṣa)pūrvasāmyādaupacchandasiḥkaṃ
 5 vadanti santaḥ | " eṣāṃ ca-vātaprakṛtīnāṃ, netrāṇī kharāṇi-
 paruṣāṇi, tathā dhūsarāṇi-pāṃsunevāvākīrṇāni, vṛttāni-
 vartulāni, acārūṇi, mṛtopamāni ca, tathā supte-svapne,
 unmīlitānīva-uddhātītānīva, bhavanti | te-vātaprākṛtayaḥ,
 svapne sati śailadrumān gaganāṃ ca gacchanti | indrava-
 10 jrāvṛttam | te ca, adhanyāḥ-abhavyāḥ, matsareṇādhmātāḥ-
 dveṣapūrṇāḥ | tathā, stenāḥ-caurāḥ | prodbaddhapiṇḍikāḥ-
 jaṅghāyāḥ paścimādbhāgāt prakarṣeṇonnatāḥ piṇḍikā ye-
 ṣāṃ ta evam | aṇukaṃ-svabhāvaḥ, svararūpaceṣṭānukar-
 aṇam | śvādīnāmivānūkaṃ yeṣāṃ-vātikānāṃ, ta evam |
 15 vātikā iti bhūmni matvarthīyaṣṭhak, vātabhūyiṣṭhā itya-
 rthaḥ | § 7648

2.3.173 Aṣṭāṅgahr̥dayasaṃhitā

tpittodriktastīkṣṇatr̥ṣṇābubhuksaḥ | | 90 | |
 gauroṣṇāṅgastāmrahasāṅghrivakraḥ śūro mānī
 piṅgakeśo+alparomā | | 90 | |
 dayitamālyavilepanamaṇḍanaḥ sucaritaḥ
 śucirāśritavatsalaḥ | | 91 | |
 vibhavasāhasabuddhibalānvito bhavati bhīṣu
 gatirdviṣatāmapi | | 91 | |
 5 medhāvī praśithilasandhibandhamāṃso nārīṇā-
 manabhimato+alpaśukrakāmaḥ | | 92 | |
 āvāsaḥ palitatarāṅganīlikānāṃ bhūṅkte+annaṃ
 madhurakaṣāyatiktaśītam | | 92 | |
 gharmadveṣī svedanaḥ pūtigandhi
 rbhūryuccārakrodhapānāśanerṣyaḥ | | 93 | |
 suptaḥ paśyetakṛṇikāraṇpalāśān
 digdāholkāvidyudarkānalāṃśca | | 93 | |
 tanūni piṅgāni calāni caiṣāṃ tanvalpapakṣmāṇi
 himapriyāṇi | | 94 | |

krodhena madyena raveśca bhāsā rāgaṃ
 vrajantyāśu vilocanāni | |94| |
 madhyāyuso madhyabalāḥ paṇḍitāḥ
 kleśabhīravah | |95| |
 vyāghrarkṣakapimārjārayakṣānūkāśca
 paittikāḥ | |95| | §7660

2.3.174 Sarvāṅgasundarā

dhanvantarimatena pittameva vahniḥ pākādikarmaka-
 raṇāt | athavā vahnijaṃ-vahnerjātam, agnyādhāratvāt |
 yadasmāt-yataścaivamato hetoḥ, pittādhikaḥ puruṣastīvr-
 atrṣṇābubhukṣo bhavati | tathāvidhātkāraṇādutpannatvāt 5
 abdhāt rasadhātuśca tasya drāgeva śuṣyatītibhāvah | ta-
 thā, gaura uṣṇāṅgaśca | tathā, tāmravarṇaṃ hastānri-
 vakraṃ yasya sa evam | tathā, śūro mānī ca | tathā, kap-
 ilakeśo+alparomā ca | śālinīvr̥ttam | dayitāni mālyādīni
 yasya sa evam | tathā, sucariḥ-śobhanaceṣṭitaḥ | tathā,
 śuciḥ-kāyavānmanovyāpāraimalinairasaṃspr̥ṣṭaḥ | āśrit- 10
 ānāṃ vatsalaḥ-priyakṛt, vibhavādiyuktaśca | tathā, bhīṣu-
 bhayeṣu, dviṣatāmapigatiḥ śaraṇyatvādbhavati | apīśabd-
 ātsuhr̥dāṃ madhyasthānāṃ kimu sa gatirna bhavati ? iti
 dyotayati | drutavilambitaṃ vr̥ttam | medhāvīti praśaṃs- 15
 ārthe "asmāyāmedhāsrajo viniḥ" iti viniḥ | sandhibandh-
 āśca māṃsāni ca, tāni praśithilāni yasya sa evam | tathā,
 strīṇāmanabhīṣṭaḥ | alpau śukrakāmau yasya sa evam |
 palitādīnāmāvāsaḥ-tānyasya bahūni santītyarthaḥ | sa ca
 madhurādyannaṃ bhūṅkte | praharṣiṇīvr̥ttam | gharma-
 dveṣīti "bahulamābhīkṣṇye" ṇiniḥ | svidyatīti svedanaḥ | 20
 pūtīrgandho yasya sa pūtīgandhiḥ | "gandhasyedutpūti"
 ityādinā idādeśaḥ | bhurayaḥ-prabhūtāḥ, uccārādayo ya-
 sya sa evam | sa ca paittikaḥ suptaḥ san karṇikārādīn pa-
 śyet | śālinīvr̥ttam | eṣāṃ ca-paittikānāṃ vilocanāni tanu-
 tvādiguṇayuktāni bhavanti | tāni ca krodhādyairdrāgeva 25
 lauhityaṃ yānti | upajātivr̥ttam | te ca paittikā madhyāyu-
 ṣṭvādiyuktā bhavanti | vyāghrādīnāmivānūkāṃ yeṣāṃ ta
 evam | atha śleṣmaprakṛtilakṣaṇārthamāha- §7661

2.3.175 Aṣṭāṅgahr̥dayasaṃhitā

- śleṣmā somaḥ śleṣmalastena saumyo gūḍhasnigdhaśliṣṭa-
sandhyasthimāṃsaḥ | | 96 | |
kṣutṛḍduḥkhakleśagharmairatapto buddhyā
yuktaḥ sātviḥkaḥ satyasandhaḥ | | 96 | |
priyaṅgudūrvāśarakāṇḍaśāstra-
gorocanāpadmasuvarṇavarṇaḥ | | 97 | |
pralambabāhuḥ pṛthupīnavakṣā mahālalāto
ghananīlakeśaḥ | | 97 | |
5 mṛdvaṅgaḥ samasuvibhaktacārudeho
bahnojoratorasaśukraputrabhṛtyaḥ | | 98 | |
dharmātmā vadati na niṣṭhuraṃ ca jātu
pracchannaṃ vahati dṛḍhaṃ ciraṃ ca
vairam | | 98 | |
samadadviradendratulyayāto
jaladāmbhodhimṛdaṅgasimhaghoṣaḥ | | 99 | |
smṛtimānabhiyogavān vinīto na ca
bālye+apyatirodano na lolaḥ | | 99 | |
tiktaṃ kaṣāyaṃ kaṭukoṣṇarūkṣa- malpaṃ sa
bhuṅkte balavāṃstathā+api | | 100 | |
10 raktāntasusnigdhaviśālādīrgha-
suvyaktaśuklāsitaḥpakṣmalākṣaḥ | | 100 | |
alpavyāhārakrodhapānāśanehaḥ prājyāyurvitto
dīrghadarśī vadānyaḥ | | 101 | |
śrāddho gambhīraḥ sthūlalakṣaḥ kṣamāvā-
nāryo nidrālurdīrghasūtraḥ kṛtajñaḥ | | 101 | |
ṛjurvipaścitsubhagaḥ sulajjo bhakto gurūṇāṃ
sthiraśauhr̥daśca | | 102 | |
svapne sapadmānsavihaṅgamālāṃ- stoyāśayān
paśyati toyadāṃśca | | 102 | |
15 brahmarudrendravarūṇatārksyahamaṃsagajādhipaiḥ | | 103 | |
śleṣmaprakṛtayastulyāstathā
simhāśvagovṛṣaiḥ | | 103 | | § 7677

2.3.176 Sarvāṅgasundarā

yasmācchleṣmā somaḥ, tena hetunā śleṣmalo naraḥ sau-
 myo bhavati | kāraṇānuvidhāyitvātkāryāṅām | soma iva
 saumyaḥ, śākhāditvādyāñ | tathā, gūḍhasnigdhaśliṣṭāni
 sandhyasthimāmsāni yasya sa evam | tathā, kṣudrādibhirataptaḥ-
 akṣobhito bhavati | tathā, budhdyā+anvitaḥ praśastasa- 5
 tvaśca | tathā, satyaṃ sandadhāti pratijānīte, iti saty-
 asandhaḥ | "ātaścopasarge" ityaḍ | śālinīvṛttam | priya-
 ṅgvāditulyena varṇena ekaikena yuktaḥ | kaścitpriya-
 ṅgusamānavarṇaḥ kaściddūrvāsadrśavarṇaḥ kaścicchar-
 astambasadrśavarṇaḥ kaścihacchastratulyavarṇaḥ kaści- 10
 dgorocanātulyavarṇaḥ kaścitpadmatulyavarṇaḥ, kaścits-
 uvarṇasadrśavarṇaḥ | tathā, pralambabāhuḥ dīrghabh-
 ujaḥ | tathā, vistīrṇapīvaravakṣāḥ | tathā, mahallalāṭam
 alikaṃ, yasya sa tathā | tathā, ghananīlakeśaḥ | upa-
 jātivṛttam | mṛdvaṅgaḥ-komalāvayavaḥ | samaḥ suṣṭhu 15
 vibhakto-vibhaktāvayavaḥ, cārurdeho yasya sa evam | ba-
 havastejorātirasādayo yasya sa evam | tathā, dharmasv-
 abhāvaḥ | niṣṭhuraṃ na kadācidvadati | pracchannaṃ-
 gūḍhaṃ kṛtvā, vairamḥ dr̥dham ciraṃ vahati-na tu śīthil-
 ayati | praharṣiṇīvṛttam | samadasya dviradendrasya tu- 20
 lyam yātaṃ-gamaṇam, yasya sa evam | tathā, jaladādisa-
 drśaśabdah | tathā, praśastasmṛtiḥ śobhanābhiyogī vinayī
 ca bhavati | bālye+api-bālatve+api nātirodano na ca lolu-
 paḥ | aupaccandasikaṃ vṛttam | sa cānnaṃ tiktādirasay-
 uktaṃ balakṣepakam bhūṅkte, tathā+alpamapi bhūṅkte, 25
 tathā+api svabhāvādbalī bhavati | raktāvantau yayoste ra-
 ktānte, tathā susnigdhe viśāle dīrghe ca, tathā suvyaktau
 śuklāsitau yayoste suvyaktaśuklāsīte, tathā pakṣmale, ev-
 aṃbhūte akṣiṇi yasya sa evam | indravajrāvṛttam | alpā vy-
 āhārādayo yasya sa evam | [*vyāhāro-bhāṣaṇam | pānaṃ- 30
 pānīyādi | aśanaṃ-bhojanam | ihā-kāyikā ceṣṭā |] prājye-
 prabhūte, āyurvitte yasya sa evam | dīrghadarśī-bhāvi kā-
 ryaṃ paśyati, idam kurvata idamavaśyaṃ sampadyata
 iti | vadānyo-valgubhāṣī dātā ca | śrāddho-dānādau śra-
 ddhāvān | gambhīro-mahācittaḥ | sthūlalakṣo-bhūridātā | 35
 kṣamāvān-kṣāntiyuktaḥ | āryaḥ-sajjanaḥ | nidrāluḥ-bahunidraḥ |
 dīrghasūtraḥ-cirakārī | kṛtaṃ jānātīti kṛtajñah | vaiśvadev-

īvṛttam | ṛjuḥ-akuṭilacittah | vipaścī-panḍitah | subhago-
janapriyah | suṣṭhu lajjata iti sulajjah | gurūṇām-pitrādīnām,
bhakṭah-sevakah | tathā, sthiraṃ-dr̥dham, sauhṛdam-maitrī,
5 kṣipaṅktiyuktāṃśca paśyati, toyadāṃśca paśyati | upaj-
ātivṛttam | brahmādibhiḥ śleṣmaprakṛtayah samānāḥ, si-
mḥādibhiśca | [*tārksyo-garudaḥ | gajādhipaḥ-erāvataḥ |]
evam pṛthagvātādiprakṛtīstisro+abhidhāya dvandvasarvadoṣaprakṛtilakṣaṇābhi
§ 7678

2.3.177 Aṣṭāṅgahr̥dayasaṃhitā

prakṛtīrdvayasarvātthā
dvandvasarvagūṇodaye | | 104 | | § 7679

2.3.178 Sarvāṅgasundarā

dvayāt-saṃsargāt, udbhūtāstisrah prakṛtayah, sarvotthā-
sarvadoṣodbhūtā, ekā prakṛtiḥ, evam prakṛtayo dvayas-
arvotthāścatasrah | guṇāśabdo+atra dharmavacano liṅga-
vacano vā | dvandvaśabdena doṣadvayaṃ sarvaśabdena
5 ca doṣatrayaṃ lakṣyate | dvandvaṃ ca sarve ca dvandv-
asarve, teṣāṃ guṇāḥ-doṣadvayadoṣatrayāṇām dharmā li-
ṅgāni vā, teṣāṃ mudayaḥ-prādurbhāvo, dvandvasarvagū-
ṇodayaḥ, tasmin dvandvasarvagūṇodaye sati, dvayasarvo-
tthāḥ prakṛtīrvadet-ādiśet | dvayaṃ ca sarve ca dvayasa-
10 rve, tebhya utthaḥ-utthānaṃ, yāsāṃ tāḥ | evam dvandv-
adoṣagūṇodaye dvandvotthāḥ prakṛtīrvadet, sarvadoṣag-
ūṇodaye sarvotthāṃ prakṛtiṃ vadet | uttha ityutpūrvāt-
iṣṭhateḥ "supi sthaḥ" iti yogavibhāgātkah | "udaḥ sthāsta-
mbhoḥ pūrvasya" iti pūrvasavarṇādeśah | "atrādyāstrayo
15 nityāturā doṣānuśayitāsarīratvāt | viśeṣataśca dvandvapra-
kṛtayah | teṣu hi guṇamiśravikārakāriṣu kṣutpipāsādiṣv-
ivārogyavyapadeśah" (saṃ. śā. a. 8) | evam vātādiprakṛtī-
rnirdiśya, sattvādiprakṛtīrnirdidikṣurāha- § 7680

2.3.179 Aṣṭāṅgahr̥dayasaṃhitā

śaucāstikyādibhiścaivam

guṇairguṇamayīrvadet | | 104 | | § 7681

2.3.180 Sarvāṅgasundarā

caśabdo bhinnakrame, guṇamayīścetyatra draṣṭavyaḥ |
evam-vātādiprakṛtivat, pṛtagdvandvasarvotthāḥ śaucāst-
ikyādibhiḥ sattvādiguṇaiḥ (ślo. 7) sapta sattvādiguṇa-
mayīśca prakṛtīrvadet | ādigrahaṇāt śukladharmarucy-
ādibhiḥ sattvādīnām guṇairyathāyatham sattvādiprakṛ- 5
tīrvātādiprakṛtayaḥ parasparamanurudhyante, sattvādi-
prakṛtayaśca vātādiprakṛtīranurudhyante | evam vātādi-
prakṛtayaḥ sapta, sattvādiprakṛtayo+api saptaiva | jātik-
uladeśakālavayobalapratyātmasaṃśrayāśca saptaiva | ta-
thā hi-dr̥śyante puruṣāṅgām jātyādiniyatāste te bhāvavi- 10
śeṣāḥ parasparavilakṣaṇāḥ sattvādyasaṅkhyeyabhedāve-
śācca rūpasvaracaritānukaraṇamapyanūkaśabdavācyama-
saṅkhyabhedam bhavati | sattvādyāveśastvanantarajanm-
ābhyāsavāsanayā janyate | tasmāddevamānuṣatiryakpre-
tanārakāṅgām tattadviśeṣāṅgām ca yathāyathamevānūkam 15
puruṣasyānvīkṣeta | yasmāccarīram sattvādīnanurudhy-
ate, sattvādayo+api śarīram | prakṛtivibhāgaścāyam tad-
anurūpacikitsāpravṛttaye vaidyasyopayujyate | tatrādyā-
strayo nityaturāḥ, doṣānuśayitaśarīratvāt | viśeṣataśca dv- 20
andvaprakṛtayaḥ | tasmādviparītaguṇena vidhinā doṣop-
akramaṇīyoktena tānupācaret | samadhātuprakṛtistu sar-
rvarasena sātmyenopacaraṇīyaḥ | tathā ca munīḥ (ca.sū.
a.7/41)- "samasarvarasaṃ sātmyaṃ samadhātoḥ praśasy-
ate | " iti | evam vātādiprakṛtīḥ sattvādiprakṛtīśca paraspa-
rānurodhinīrnirdiśya, vayojñānārthamāha- § 7682 25

2.3.181 Aṣṭāṅgahr̥dayasaṃhitā

vayastvāṣoḍaśādvālam tatra dhātvindriyaujasām | | 105 | |

vṛddhirāsaptatermadhyam tatrāvṛddhiḥ param
kṣayaḥ | | 105 | | § 7684

2.3.182 Sarvāṅgasundarā

kālakṛtā śarīrāvasthā-vayaḥ | tacca tridhā, bālamadhyav-
ṛddhabhedena | vayaḥ punarāṣoḍaśādvarṣāt-ṣoḍaśam va-
rṣam yāvat, bālam | tadapi trividham, -kṣīrakṣīrānnānavṛtṭyā |
tatra-bāle vayasi, dhātūnām-rasādīnām, indriyāṇām cakṣ-
5 urādīnām tathā sarvadhātuvāpyāyakasya-ojoso, vṛddhiḥ |
śleṣmādhikyācca bālasya snehamārdavasaukumāryālpā-
krodhatvasaubhāgyāni bhavanti | āsaptatermadhyam va-
yāḥ | ānatra maryādāyām, nābhividhau | tataścaikon-
asaptatiṃ yāvanmadhyam vayaḥ | tadapi trividham,-
10 yauvanam sampūrṇatvamaparihāniśca | tasmin pittodre-
kaḥ, tena dīptāgnitā prajñāparipāko vyavasāyaśceti bhav-
ati | tatrātriṃśato yauvanam, ācatvāriṃśataḥ sarvadhātvi-
ndriyabalavīryapauruṣasmarāṇavacanavijñānapraśrayagu-
ṇasampūrṇatvam, ataḥparamaparihāniḥ | tatretyādi | [
15 tatra-] tasminmadhye vayasi, dhātvādīnāmavṛddhiḥ-
avardhanam, bhavati | param kṣayaḥ | param-ekonasaptaterājīvitam
yāvat, dhātvindriyaujasām krameṇa kṣayaḥ, tathā balavī-
ryapauruṣavacanasmarāṇavijñānapraśrayaguṇānām ca | ta-
thā, "valīpalitakāsaśvāsāgnisādādibhirabhibhūyamānam jī-
20 rṇam bhavanamivābhivṛṣṭam sīdati | tasminmārutodre-
kaḥ, tena ślathāsāramāṃsasandhyasthitā tvakpāruṣyam-
avanāmaḥ kāyasya vepathuḥ śleṣmasiṅghāṇakodīraṇam
dhātukṣayaśca" (saṃ. śā. a. 8) | iti | § 7685

2.3.183 Aṣṭāṅgahr̥dayasaṃhitā

svam svam hastatrayam sārddham vapuḥ pātram
sukhāyusoḥ | | 106 | |
na ca yadyuktamudriktairāṣṭābhirninditairnij-
aiḥ | | 106 | |
aromaśāsitaśthūladīrghatvaiḥ
saviparyayaiḥ | | 107 | | § 7688

2.3.184 Sarvāṅgasundarā

svaṃsvaṃ-ātmīyamātmīyaṃ, hastatrayaṃ sārddhaṃ pra-
māṇato yadvapuḥ-śarīraṃ, tatsukhāyuṣoḥ pātraṃ-bhājanam |
evaṃbhūtamapi yat-vapuḥ, udriktaiḥ-adhikairnimittaiḥ,
ninditaiḥ-apraśastaiḥ, nijaiḥ-sahajaiḥ, aṣṭābhirna yuktaṃ |
kaiḥ ? aromaśādibhiḥ | tenāromaśaṃ yadvapustatsukhāy- 5
uṣorna pātraṃ | tathā, yadatiromaśaṃ tacca sukhāyuṣorna
pātraṃ | asitādiṣvapyevaṃ yojyaṃ | evamīśadromādiyu-
ktaṃ yatpunarhastatrayaṃ sārddhaṃ tatsukhāyuṣoḥ pā-
traṃ | § 7689

2.3.185 Aṣṭāṅgahr̥dayasaṃhitā

susnigdḥā mṛdavaḥ sūkṣmā naikamūlāḥ sthirāḥ
kacāḥ | | 107 | |
lalāṭamunnataṃ
śliṣṭaśaṅkhamardhendusannibham | | 108 | |
karṇau nīconnatau paścānmahāntau
śliṣṭamāṃsalau | | 108 | |
netre vyaktāsitasite
subaddhaghanapakṣmaṇī | | 109 | |
unnatāgrā mahocchvāsā pīnarjurnāsikā 5
samā | | 109 | |
oṣṭhau raktāvanuddṛttau, mahatyau nolbaṇe
hanū | | 110 | |
mahadāsyam, ghanā dantāḥ snigdḥāḥ ślakṣṇāḥ
sitāḥsamāḥ | | 110 | |
jihvā raktā+a+ayatā tanvī, māṃsalam cibukaṃ
mahat | | 111 | |
grīvā hrasvā ghanā vṛttā,
skandhāvunnatapīvarau | | 111 | |
udaraṃ dakṣiṇāvartagūḍhanābhi 10
samunnatam | | 112 | |
tanuraktonnatanakhaṃ
snigdhamātāmramāṃsalam | | 112 | |
dīrghācchidrāṅguli mahatpāṇipādaṃ
pratiṣṭhitam | | 113 | |

gūḍhavaṃśaṃ bṛhatprṣṭhaṃ, nigūḍhāḥ
sandhayo dr̥ḍhāḥ | | 113 | |
dhīraḥ svaro+anunādī ca, varṇaḥ snigdhaḥ
sthiraḥprabhaḥ | | 114 | | § 7703

2.3.186 Sarvāṅgasundarā

keśāḥ susnigdadhādiguṇayuktāḥ 'śreṣṭhāḥ' ityanuktamapyar-
rthādgamyaṭe | tathā caivaṃguṇaviśiṣṭairetairyuktaṃ va-
puḥ sukhāyusoḥ pātraṃ bhavati | evaṃ lalāṭādiṣvapi ci-
ntyam | lalāṭamunnataṃ-ūrdhvaṃ gatam | tathā, śliṣṭau-
5 anulbaṇau, śaṅkhau yasmimstadevam | tathā, ardhendusannibhaṃ-
ardhacandrākāram | karṇau nīconnatau,-adho nīcau-hrasvau,
ūrdhvamunnatau | paścānmahāntau-vistīrṇau | tathā, śl-
iṣṭau ca tau māṃsalau ca, śliṣṭauramyau, māṃsalau-
upacitamāṃsau | netre-vyaktau sphuṭau, asitasitau va-
10 rṇau yayosta evam | kṛṣṇo bhāgaḥ kṛṣṇa eva śuklaḥ
śukla eva, na varṇāntaravyāmiśre | tathā, subaddhe-
susandhinī, ghane-saṃhate, pakṣmaṇī yayosta evam |
nāsikā-ghrāṇam | unnatamagraṃ yasyāḥ saivam | tathā,
mahānucchvāso yasyāḥ saivam | tathā, pīnā-aśithilā | ta-
15 thā, ṛjuḥ-avakrā | tathā, samā-animnonnatā | oṣṭau ra-
ktau | tathā, anudṛttau-bahiranirgatau | dve hanū mah-
atyau | nolbaṇe-nonnate | hanuśabdasya strītvamatra ci-
ntyam | āsyam-mukham, mahat | dantāḥ-dvijāḥ | ghanāḥ-
aviralāḥ | ślakṣṇāḥ-komalasparśāḥ | snigdhaḥ-snigdharucayaḥ |
20 sitāḥ-śuklāḥ | samāḥ-samapaṅktayaḥ | jihvā-rasanā, ra-
ktā | tathā, āyatā-dīrghā | tathā, tanvī-na sthūlā | cibukaṃ
māṃsalaṃ mahacca | grīvā-śirodharā, hrasvā-adīrghā,
ghanā-nibiḍā, vṛttāvartulā ca | skandhau-aṃsau | unnatau
ca tau pīvarau ca | dakṣiṇa āvarto yasyā nābheḥ sā dakṣiṇ-
25 āvartā | dakṣiṇāvartā gūḍhā-nimnā [ca], nārbhiryasya ta-
ddakṣiṇāvartagūḍhanābhi jaṭharam | tathā, samunnataṃ-
samyagunnataṃ śreṣṭhatvenonnatam | tanavo raktā unn-
atā nakhā yasya tadevaṃbhūtaṃ pāṇipādaṃ pratiṣṭhitam-
praśastaṃ, bhavati | tathā, snigdhaṃ-snigdhaḥchāyam |
30 tathā, ātāmraṃ ca tanmāṃsalaṃ ca,-ātāmramāmsalam |
samantāttāmramātāmram | māṃsalaṃ-upacitamāṃsam |

tathā, dīrghāḥ-āyatāḥ, acchidrāḥ-parasparam samśliṣṭāḥ,
aṅgulayo yasya tadevam | tathā, mahat-vistīrṇam | tathā,
gūḍhaḥ-adṛśyo, vaṃśo yasya tadevaṃvidham pṛṣṭham
praśastam | tathā, bṛhat-vistīrṇam | sandhayo nigūḍhāḥ-
antargatāḥ, dṛḍhāḥ-atruṭanaśīlāḥ | dhīraḥ-akṛpaṇaḥ | svaraḥ
śabdaḥ | anunādī-ghaṇṭādivadanuraṇananyāyena | varṇaḥ
snigdhaḥ-arūkṣaḥ | sthīrā prabhā-kāntiḥ, yasya sa evaṃ
praśastaḥ | § 7704

2.3.187 Aṣṭāṅghṛdayasaṃhitā

svabhājam sthīram sattvamavikāri
vipatsvapi | | 114 | | § 7705

2.3.188 Sarvāṅgasundarā

sattvaṃ svabhāvājītaṃ svabhavajam,-anāhāryaṃ prākṛt-
amabāhyahetujaṃ na madyādihetujaṃ | sthīram-ahāryam |
ata eva vipatsvapyavikāri-akṣobhi | apīśabdāt kimuta sa-
mpatsu na syādevaṃvidham sattvaṃ svabhāvajamahā-
ryaṃ ca ? | § 7706

5

2.3.189 Aṣṭāṅghṛdayasaṃhitā

uttarottarasukṣetraṃ vapurgarbhādinīrujam | | 115 | |
āyāmajñānavijñānairvarddhamānaṃ śanaīḥ
śubham | | 115 | | § 7708

2.3.190 Sarvāṅgasundarā

kṣetramiva kṣetraṃ, śobhanaṃ kṣetraṃ sukṣetraṃ | vapuḥ-
śarīram | tasya yathāvatpraśastaṃ pramāṇalakṣaṇaṃ "svaṃ
svaṃ hastatrayaṃ sārddham" ityādigranthoktam | ta-
thā, tadavayavānāṃ lalāṭādīnāṃ yathāvatpraśastaṃ gu-
ṇalakṣaṇaṃ "lalāṭamunnataṃ" (ślo.108) ityādigrantho-
ktam | tathā, praśastaṃ sattvalakṣaṇaṃ "svabhāvajamsth-

5

iram" ityādigranthoktam | uttarottaraṃ sukṣetraṃ yasm-
invapuṣi tadurrarottarasukṣetraṃ praśastalakṣaṇabhūmi-
kaṃ vapuḥ śubhamityatra yojyam | etaduktaṃ bhavati,-
yothoktaṃ pramāṇaṃ sukṣetraṃ vapuḥ śubham, tato+api
5 yathoktalakṣaṇalālātādyavayavaṃ sukṣetraṃ vapuḥ śu-
bhataram, tato+api yathoktasattvalakṣaṇaṅgaṇaṃ sukṣe-
traṃ vapuḥśubhatamam, ityuttarottarasukṣetraśabdasyā-
rthaḥ | tathā, garbhādinīrujam | garbha ādiryeṣāṃ-bālyauvanādīnāṃ
vayovasthāviśeṣānāṃ, ta evam | garbhadayo nīrujā yasya-
10 vapuṣaḥ, tadgarbhādinīrujam vapuḥ śubham | āyāmety-
ādi | āyāmo-dairghyam, jñānaṃ-laukiko vyavahāraleśaḥ,
vijñānaṃ-viśiṣṭaṃ jñānaṃ śāstrābhyāsādisamutthitaṃ pa-
ramārthāvabodhaparyantam, tairyadvapuḥ śanairvarddhamānaṃ-
vr̥ddhimāpnuvanna sahasā, tacchubham | § 7709

2.3.191 Aṣṭāṅgahr̥dayasaṃhitā

iti sarvaguṇopete śarīre śaradāṃ śatam | | 116 | |
āyuraisvayamiṣṭāśca sarve bhāvāḥ
pratiṣṭhitāḥ | | 116 | | § 7711

2.3.192 Sarvāṅgasundarā

iti-evam prakāreṇa yathoktena | sarvaguṇairupete-yukte,
śarīre śaradāṃ-samānāṃ, śatamāyuh-jīvitam, tathaisva-
ryam, tatheṣṭāḥ-śubhā ye kecidbhāvāste, tatra tathābh-
ūte dehe sarve pratiṣṭhitāḥvyavasthitā varṣaśatānubandh-
5 inah | § 7712

2.3.193 Aṣṭāṅgahr̥dayasaṃhitā

tvagraktādīni sattvāntānyagryāṅyaṣṭau
yathottaram | | 117 | |
balapramāṇajñānārthaṃ sārāṅyuktāni
dehinām | | 117 | |

sārairupetaḥ sarvaiḥ syātparam
 gauravasamyutaḥ | | 118 | |
 sarvārambheṣu cāśāvānsahiṣṇuḥ sanmatih
 sthiraḥ | | 118 | | § 7716

2.3.194 Sarvāṅgasundarā

tvagraktādīni sattvāntāni dehināṃ sārāṇi yathottarama-
 gryāṇiuttarottaraśreṣṭhāni, aṣṭāvuktāni | tena tvagraktam-
 āṃsamedosthimajjaśukrasattvānīti bodhyam | "evaṃ va-
 rṣaśatamāyuhpramāṇamasmin kāle | santi ca punaḥ karm-
 aviśeṣādūnādhikavarṣaśatajīvino manuṣyāḥ | teṣāṃ ya- 5
 thoktaiḥ prakṛtiviśeṣairāyuhpramāṇamupalabhya vaya-
 stridhā vibhajet |" (saṃ. śā. a. 8) iti | kimartham sār-
 āṅyuktāni ? balapramāṇajñānārtham | tathā ca deham-
 ātradarśanādevaṃ bhiṣaṅ [na] muhyet,-ayamupacayena
 mahāsarīratvādbalavān, ayam kṛśatvādalpaśarīratvādalp- 10
 abalaḥ, iti | taccobhayamapyanyathā drṣṭam gajasimhe |
 sarvaiḥ-aṣṭabhiretaiḥ, sārairyuktaḥ param-atīśayena, ga-
 uraveṇa saṃyutaḥ syāt | sarvetyādi | sarvārammeṣu-
 aśeṣacikīrṣitakāryeṣu, āśāvān syāt | asmātkartavyāt kṛtādi- 15
 damidaṃ sampadyata ityāśāśabdārthaḥ | tathā, sahiṣṇuḥ- 15
 sahanaśīlaḥ | ata eva śārīramānasairduḥkhairnāsāvabhi-
 bhūyata iti yāvat | tathā, sanmatih-sudhīḥ | tathā, sthiraḥ-
 kartavyeṣu sthirabuddhiḥ | muninā ca lakṣaṇamuktam
 (ca. vi. a. 8/14-7-11)- tadyathā | tvagraktamāṃsamedo+asthimajjaśukrasa-
 tatra snigdhaślakṣṇamṛduprasannasūkṣmālpagambhīrasu- 20
 kumāralomā saprameva ca tvak tvaksārāṇām | sā sārātā
 sukhasaubhāgyaiśvāryopabhogabuddhividyaṅgya prah-
 arṣānyayuṣyāni tvaramācaṣṭe | | karṇākṣimukhajihvānā-
 sauṣṭhapāṇipādalanakhalalāṭamehanam snigdham rak- 25
 tām śrīmadbhrājiṣṇu raktasārāṇām | sā sārātā sukhamu- 25
 dagratām medhām manasvitvaṃ saukumāryamanatibala-
 makleśasahiṣṇutām cācaṣṭe | | śaṅkhalalāṭakṛkāṭikākṣiga-
 ṇḍahanugrīvāskandhodaravakṣaḥkakṣāpāṇipādasandhayaḥ
 sthiragurumāṃsopacitā māṃsasārāṇām | sā sārātā kṣa- 30
 mām dhṛtimalaulyam vittam vidyām sukhamārjavamā- 30
 rogyam balamāyuśca dīrghamācaṣṭe | | varṇasvaranetra-

keśalomanakhadantauṣṭamūtrapūriṣeṣu viśeṣeṇa sneho
 medaḥ sārāṇām | sā sārātā vittaiśvaryasukhopabhogapr-
 adānātyārjavam sukumāropacāratām cācaṣṭe | | pārṣṇigu-
 lphajānvaratnijatrucibukaśiraḥparvasthūlāḥ sthūlāsthina-
 5 khadantāścāsthisārāḥ | te mahotsāhāḥ kriyāvantaḥ kleś-
 asahāḥ sārasthiraśarīrā bhavantyāyuṣmantaśca | | tanva-
 ṅgā balavantaśca snigdhavarnasvarāḥ sthūladīrghavṛttas-
 andhayaśca majjasārāḥ | te dīrghāyūṣo balavantaḥ śruta-
 vijñānavittāpatyasanmānabhājanāśca sadā bhavanti | | sa-
 10 umyāḥ saumyaprekṣiṇaḥ kṣīrapūrṇalocanā iva praharṣab-
 ahulāḥ snigdhavṛttasārasamasamhataśikharadaśanāḥ pr-
 asannasnigdhavarnāsvarā bhrājiṣṇavo mahāsphijaśca śu-
 krasārāḥ | te strīpriyopabhogā balavantaḥ sukhābhogyavi-
 ttaiśvaryasamānāḥ phalabhājaśca bhavanti | | smṛtimanto
 15 bhaktimantaḥ kṛtajñāḥ prājñāḥ śucayo mahotsāhā dakṣā
 dhīrāḥ samaravikrāntayodhinastyaktaviṣādāḥ svavasthit-
 agatigambhīrabuddhiceṣṭāḥ kalyāṇābhineveśinaśca satv-
 asārāḥ | teṣāṃ svalakṣaṇaireva guṇā vyākhyātāḥ | | tatra
 sarvaiḥ sārairupetāḥ puruṣā bhavantyatibalāḥ paramaga-
 20 uravayuktāḥ kleśasahāḥ sarvārambheṣvātmani jātapraty-
 ayāḥ kalyāṇābhiniveśinaḥ sthirasamāhitaśarīrāḥ susamā-
 hitagatayaḥ sānunādasnigdthagambhīramahāsvarāḥ sukh-
 aiśvaryavittopabhogasanmānabhājo mandajaraso mand-
 avikārāḥ prāyastulyaguṇavistīrṇāpatyāścirajīvinaśca bh-
 25 avanti | | ato viparītāstvasārāḥ | |" iti | saṅgrahe ca pr-
 amāṇamapyuktam | yathā (śā. a.8)-"svāṅgulaiḥ pādāṅ-
 uṣṭhapradeśinyaudvyaṅgulāyate | tisro+anyāḥ krameṇo-
 ttarottaram pañcamabhāgahīnāstannakhahīnā vā | catu-
 raṅgulāyatāḥ pṛthakprapadapādatalapārṣṇayaḥ ṣaṭpañc-
 30 acaturaṅgulavistrīṭāḥ | caturdaśaivāyāmena pādaścaturda-
 śaiva pariṇāhena | tathā gulphau jaṅghāmadhyam ca |
 caturaṅgulotsedhaḥ pādaḥ | aṣṭādaśāyāmā jaṅghā ṣoḍ-
 aśa pariṇāhena | caturaṅgulam jānu ṣoḍaśāṅgulapariṇā-
 ham | ūru trimṣatpariṇāhāvaṣṭādaśāyāmau | vṛṣṇau ṣa-
 35 ḍāyāmau pariṇāhena cāṣṭāṅgulau | meḍhrah ṣaḍaṅgulāy-
 āmo+arddhapañcapariṇāhah | ṣoḍaśavistārā kaṭī pañcāś-
 atpariṇāhā | daśāṅgulam bastīśiraḥ | dvādaśāṅgulamuda-
 ram | daśavistāre dvādaśāyāme pārśve | dvādaśotsedham

trikam | aṣṭādaśotsedham pṛṣṭham | dvādaśakam stanānt-
 aram | dvyaṅgulaḥ stanaparyantaḥ | caturviṃśatyāṅgul-
 aviśālam dvādaśotsedhamuraḥ | dvyaṅgulaḥ hṛdayam |
 aṣṭakau skandhau kakṣe ca | ṣaṭkāvamsau | ṣoḍaśākau pr- 5
 abāhū | pañcadaśakau prapāṇī | daśāṅgulau pāṇī | tatrāpi
 pañcāṅgulā madhyamāṅguliḥ | tato+ardhāṅgulahīne pr-
 adeśinyanāmike | sārdhavyaṅgulau kaniṣṭhikāṅguṣṭau |
 caturtsedhā dvāvīṃśatipariṇāhā śīrodharā | dvādaśots-
 edham caturviṃśatipariṇāhamānanam | pañcāṅgulamā-
 syam | caturaṅgulaḥ pṛthak cibukauṣṭhanāsādrṣṭhyantar- 10
 akarṇalalāṭam | śaṅkhagaṇḍāścaturaṅgulāḥ | tribhāgāṅg-
 ulavistārā nāsāpuṭamaryādā | dvayaṅgulāyatamaṅguṣṭh-
 odaravistr̥tam netram | tatra śuklātṛtīyāṃśaḥ kṛṣṇaḥ | kṛ-
 ṣṇānnavamāṃśā masūradalamātrā dr̥ṣṭiḥ | ṣaḍaṅgulotse-
 dham dvātrīṃśatipariṇāham śīra iti | sarvaḥ punaḥ śārī- 15
 amaṅgulāni caturaśītiḥ | tadāyāmavistārasamaḥ samam-
 ucyate | tatra yathoktaparimāṇamiṣṭam | tathā snātānuli-
 ptamāpādānupūrvyā śuśyadvaram | aniṣṭam hīnamadhi-
 kam vā yathoktapramāṇāditi | " iti | sattvādiprakṛtīnām ti-
 sṛṇām katham sukhaduḥkhānubhavaḥ syāt ? ityāha- § 7717 20

2.3.195 Aṣṭāṅgahṛdayasamhitā

anutsekamadainyaḥ ca sukhaḥ duḥkhaḥ ca
 sevate | | 119 | |
 satvavāṃstapyamānastu rājaso naiva
 tāmasaḥ | | 119 | | § 7719

2.3.196 Sarvāṅgasundarā

anutsekam kṛtvā-abhimānam hitvā, sattvavān puruṣaḥ su-
 khaḥ sevate-anubhavati | tathā, adainyaḥ-kārpaṇyaḥ hi-
 tvā, duḥkhaḥ sevate-anubhavati | tapyamānastviti | tu-
 rvyatireke bhinnakrame | rājasaḥ punaḥ puruṣaḥ tapyamā- 5
 nāno+ahamevāmunā prakṛṣṭenānanyasādhāraṇena sukh-
 ena sukhityevaḥ sukhaḥ sevate | ahaṅkārākrāntamān-
 aso+ahamevedaḥ duḥkhaḥ soḍhuḥ śakta ityevaḥ rājaso

naro duḥkhamanubhavati | tāmasaḥ punaḥ puruṣo naiva
sukhaṃ sevate, na duḥkham, atyantamūḍhatvāt | nāsau
sukhena sukhī, na ca duḥkhena duḥkhī, prāptatṛtīyāva-
stho yathā puruṣaḥ | evaṃ dvandvaprakṛtirapi sukhaṃ
5 na sevate nāpi duḥkham, atyantamūḍhatvāt | samasattv-
ādiprakṛtistvanutsikto+adīnaḥ san sukhaduḥkhe sevate |
§ 7720

2.3.197 Aṣṭāṅgahr̥dayasaṃhitā

dānaśīladayāsatyabrahmacaryakṛtajñatāḥ | | 120 | |
rasāyanāni maitrī ca
puṇyāyurvṛddhikṛdgaṇaḥ | | 120 | | § 7722
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭaviracitā
yāmaṣṭāṅgahr̥dayasaṃhitāyāṃ dvitīye śārīrasthā-
ne+aṅgavibhāgo nāma tṛtīyo+adhyāyaḥ | | 3 | |

2.3.198 Sarvāṅgasundarā

dānaṃ-dhanādityāgaḥ, tacchīlayati-abhyasyati dānaśīlaḥ |
"śīlikāmi" ityādinā ṇaḥ | dayā-dīneṣvabhyupapattiḥ | maitrī-
sarvasattvānāmātmabhāvanam | na kevalaṃ pūrvoktaṃ
(ślo-106)- "svaṃ svam hastatrayaṃ" ityādi "varddha-
5 mānaṃ śanaiḥ" ityetatparyantaṃ yallakṣaṇaṃ, taccha-
rīrasyāyurvṛddhyādihetuḥ | yāvadayāṃ dānaśīlādigaṇo
maitryavasānaḥ puṇyāyurvṛddhikṛt | dānādayaśca ya-
thāsambhavaṃ kecitpuṇyakṛtaḥ, kecidāyurvṛddhikṛtaḥ,
kecidubhayakṛtaśca | anyebhyaśca mahāpuruṣalakṣaṇe-
10 bhyo+asyaiva gaṇasya jyāyastvaṃ pratipādayatā śāstrak-
ṛtā+adhyāyāvasāne granthasyāśya nirdeśaḥ kṛta iti | § 7724
iti śrīmṛgāṅkadattaputraśrīmadaruṇadattaviracitāyāma-
ṣṭāṅgahr̥daya- ṭīkāyāṃ sarvāṅgasundarākhyāyāṃ dvitīye
śārīrasthāne+aṅga vibhāgo nāma tṛtīyo+adhyāyaḥ
samāptaḥ | | 3 | |

2.4 marmavibhāgaṣārīro+adhyāyaḥ : 4

2.4.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto marmavibhāgaṃ śārīraṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 7727

2.4.2 Sarvāṅgasundarā

mriyate+asminnaṅga upahata iti marma | vibhajanam-
vibhāgaḥ, marmaṅam vibhāgo marmavibhāgaḥ | so+asminnadhyāye+ast
marmavibhāgaḥ | arśāditvādac | śārīrasthāna pratibaddh-
atvācca śārīraḥ | śeṣaṃ pūrvavat | § 7728

2.4.3 Aṣṭāṅgahr̥dayasaṃhitā

saptottaraṃ marmaśatam----- | | 1 | | § 7729

2.4.4 Sarvāṅgasundarā

saptottarāṅgi-adhikāni, yasmin-śate, tadevam | § 7730

2.4.5 Aṣṭāṅgahr̥dayasaṃhitā

-----teṣāmekādaśādiśet | | 1 | |
pṛthaksakthnostathā bāhvostrīṅgi koṣṭhe
navorasi | | 1 | |
pṛṣṭhe caturdaśordhvaṃ tu jatrostrimśacca sapta
ca | | 2 | | § 7733

2.4.6 Sarvāṅgasundarā

teṣāṃ-marmaṅam madhye, pṛthak-pratyekaṃ kṛtvā, sa-
kthnordvayorbāhṇośca dvayorekādaśādiśet, evaṃ catuśc-

atvāriṃśanmarmāṇi śākāsu vidyāt | koṣṭhe-jaṭhare, trīṇi
marmāṇi | urasi-vakṣasi, navasaṅkhyāni | pṛṣṭhe caturd-
aśa | jatrorūrdhvaṃ-jatruṇa upariṣṭāt, triṃśattathā sapta,
evam saptatrimśadityarthaḥ | jatroriti puṃstvamatra ci-
5 ntyam | athavā 'anityamāgamaśāsanam' ityatra num na kṛ-
taḥ | § 7734

2.4.7 Aṣṭāṅgahr̥dayasaṃhitā

madhye pādatalasyāhurabhito madhyamāṅgulim | | 2 | |
talahr̥nnāma rujayā tatra viddhasya
pañcatā | | 3 | | § 7736

2.4.8 Sarvāṅgasundarā

pādatalasya madhye-madhyapradeśe, madhyamāṅgulimabhito-
madhyamāṅguleḥ pādasambandhinyā ābhimukhyena, yatpādatalaṃ-
pādapṛṣṭhaṃ, tatra talahr̥nnāma marmāhuḥ, pūrvācāryā
iti śeṣaḥ | madhyamāṅgulimiti "ābitaḥ [paritaḥ samayā-
5 nikaśāhāpratiyoge+api" iti] śabdaprayoge dvitīyā | tatra-
tasmin, viddhasya-āhatasya, pañcatā-maraṇaṃ, bhavati |
kayā ? rujayā,-vedanayā | § 7737

2.4.9 Aṣṭāṅgahr̥dayasaṃhitā

aṅguṣṭhāṅgulimadhyasthaṃ
kṣipramākṣepamāraṇam | | 3 | | § 7738

2.4.10 Sarvāṅgasundarā

aṅguṣṭhaścāṅguliśca, tayormadhyasthaṃ-aṅguṣṭhāṅgulimadhyasthitaṃ,
kṣipraṇnāma marma | tadviddhamākṣepamāraṇaṃ-ākṣepakākhyena
vātavyādhinā mārayati | § 7739

2.4.11 Aṣṭāṅgahr̥dayasaṃhitā

tasyordhvaṃ dvyaṅgule kūrcaḥ
pādabhramaṇakampakṛt | | 4 | | § 7740

2.4.12 Sarvāṅgasundarā

tasyordhvaṃ-tasya kṣiprākhyasya marmaṇa upariṣṭāt,
dvyaṅgule-dvyaṅgulaṃ vimucya, kūrco nāma marma | ta-
dviddhaṃ pādasya bhramaṇaṃ kampaṃ ca karoti | § 7741

2.4.13 Aṣṭāṅgahr̥dayasaṃhitā

gulphasandheradhaḥ
kūrcaśiraḥśopharujākaram | | 4 | | § 7742

2.4.14 Sarvāṅgasundarā

gulphasandheradhaḥ kūrcaśiro nāma marma | tadvi-
ddhaṃ śopharujākaram | § 7743

2.4.15 Aṣṭāṅgahr̥dayasaṃhitā

jaṅghācaraṇayoḥ sandhau gulpho
rukstambhamāndyakṛt | | 5 | | § 7744

2.4.16 Sarvāṅgasundarā

jaṅghācaraṇayoḥ sandhau-sandhipradeśe, gulpho nāma
marma | tadviddhaṃ ruk ca stambhaśca māndyaṃ ca, tāni
karoti | stambhaḥ stabdhatvamivāṅgasya | § 7745

2.4.17 Aṣṭāṅgahr̥dayasaṃhitā

jaṅghāntare tvindrastirmārayatyasṛjaḥ
kṣayāt | | 5 | | § 7746

2.4.18 Sarvāṅgasundarā

jaṅghantare-jaṅghāmadhye pārṣṇiprabhṛtidvādaśabhira-
ṅgulaiḥ, indrabastirnāma marma | tadviddham raktakṣa-
yānmārayati, nānyathā | tasmādraktastambhane yatitavy-
amiti pratipādanārthamasṛkkṣayāditi heturupanyastaḥ |
5 eṣa eva nyāyo+anyatrāpyanusartavyaḥ | tena yatra yaddh-
etukaṃ māraṇādikaṃ karma vyadhe kathitaṃ, tatra tacc-
ikitsāyāṃ yatitavyamiti | § 7747

2.4.19 Aṣṭāṅgahr̥dayasaṃhitā

jaṅghorvoḥ saṅgame jānu khañjatā tatra
jīvataḥ | | 6 | | § 7748

2.4.20 Sarvāṅgasundarā

jaṅghorvoḥ saṅgame-sandhau, jānunāma marma | tatra-
jānuni viddhe, puruṣo mriyata eva | atha jīvati tato+asya
jīvataḥ puṃsaḥ khañjatā syāditi | arthāt prāyeṇa maraṇaṃ
puruṣasyeti bodhayati | § 7749

2.4.21 Aṣṭāṅgahr̥dayasaṃhitā

jānunastryaṅgulādūrdhvamāṅyūstambhaśophakṛt | | 6 | | § 7750

2.4.22 Sarvāṅgasundarā

jānunaḥ-jānusandheḥ, tryaṅgulādūrdhvamāṅināma ma-
rma | tadviddhamūrustambhaśophakaram | § 7751

2.4.23 Aṣṭāṅgahr̥dayasaṃhitā

urvyūrumadhye tadvedhātsakthiś-
oṣo+asrasaṅkṣayāt | | 7 | | § 7752

2.4.24 Sarvāṅgasundarā

urvī nāma marma ūrumadhye | tadvedhāt-tadabhighātāt,
sakthiśoṣaḥ-ūrukārśyam | sakthiśoṣo+asrasaṅkṣayāt,syāt
nānyathā vyadhe satyapi | § 7753

2.4.25 Aṣṭāṅgahrdayasaṃhitā

ūrumūle lohitākṣaṃ hanti pakṣamasrkkṣayāt | | 7 | | § 7754

2.4.26 Sarvāṅgasundarā

ūrumūle- urvyāstūrdhvaṃ vaṅkṣaṇasandheradhastāllohi-
tākṣaṃ nāma marma | tadviddhaṃ pakṣaṃ hatyasrkkṣa-
yāt vyadhe satyapi | § 7755

2.4.27 Aṣṭāṅgahrdayasaṃhitā

muṣkavaṅkṣaṇayormadhye viṭapaṃ
ṣaṇḍhatākaram | | 8 | | § 7756

2.4.28 Sarvāṅgasundarā

muṣkavaṅkṣaṇayormadhye viṭapaṃ nāma marma | tadvi-
ddhaṃ puṃsaḥ ṣaṇḍhatākaram-nirapatyātākaram | § 7757

2.4.29 Aṣṭāṅgahrdayasaṃhitā

iti sakthnostathā bāhṇormaṇibandho+atra
gulphavat | | 8 | |
kūrparaṃ jānuvatkaṇyaṃ
tayorviṭapavatpunaḥ | | 9 | |
kākṣākṣamadhye kākṣādhrk kuṇitvaṃ tatra
jāyate | | 9 | | § 7760

2.4.30 Sarvāṅgasundarā

iti-evamanena prakāreṇa, sakthnordvayoḥ pratyekame-
kādaśa marmāṇi bhavanti | tathā bāhvoḥ-tenaiva pra-
kāreṇa bāhvoḥ, talahr̥dādīnyekādaśa marmāṇi bhava-
nti | atha kiñcinmātramatra viśeṣamāhamaṇītyādi | atra-
5 bāhumarmasu, gulphena tulyo maṇibandhaḥ, saṃjñāmā-
trabhedāḥ, jānutulyaṃ kūrparam | tayoḥ-maṇibandhakūrparākhyayorbāhumarṇa-
viddhayoḥ kauṇyaṃ-pāṇipāṇyaṅgulīkubjatvam | viṭape-
tyādi | kakṣā cākṣaśca kakṣākṣau, tayormadhye viṭape-
ena tulyaṃ kakṣādhṛksaṃjñāṃ marma | tatra viddhe sati
10 kuṇitvaṃ-bāhupāṇyaṅgulīkubjatā, jāyate | § 7761

2.4.31 Aṣṭāṅgahr̥dayasaṃhitā

sthūlāntrabaddhaḥ sadyoghno viḍvātavamano
gudaḥ | | 10 | | § 7762

2.4.32 Sarvāṅgasundarā

sthūlāntrasūkṣmāntrabhedāt dvidhā+antram | tatra sthūl-
āntrabaddho gudo nāma marmaviśeṣaḥ | sa ca viḍvātau-
vātavarcaṣī, vamaṭiudgirati, iti viḍvātavamaṇaḥ | bāhula-
kātkartari lyuṭ | sa gudaḥ sadyaḥ-tatkṣaṇādeva, hanti | sa-
5 dyoghna iti "amanuṣyakarṭṛke ca" iti ṭhak | gudaśabdasya-
ātra puṃstvam cintyam, na cār̥dharcādiṣvayamasti | § 7763

2.4.33 Aṣṭāṅgahr̥dayasaṃhitā

mūtrāśayo dhanurvakro bastiralpāsramāṃsagaḥ | | 10 | |
ekādhovadano madhye kaṭyāḥ sadyo
nihantyasūn | | 11 | |
ṛte+aśmarīvraṇādviddhastatrāpyubhayataśca
saḥ | | 11 | |
mūtrāsnaṅvyekato bhinne vraṇo rohecca
yatnataḥ | | 12 | | § 7767

2.4.34 Sarvāṅgasundarā

mūtrasyāśaya ādhāro mūtrāśayo-yatra mūtram tiṣṭhati,
 sa dhanurvakraḥ-cāpavat kuṭilaḥ | anenāsyā samsthān-
 amuktam | sa ca bastināma marmaviśeṣaḥ | asram ca
 māmsam cāsrāmāṃse, alpe asramāṃse gacchati | "anye-
 bhyo+api dṛśyate" iti daḥ | tatrāsthō na bahuraktamāms- 5
 apradeśa ityārthaḥ | tathā, ekamadhovadanam yasyāsāv-
 ekādhovadanaḥ | kaṭyā madhya iti sthānanirdeśaḥ | ka-
 ṭyā madhyapradeśe+asāvavatiṣṭhate | sa vidhhaḥ sadyaḥ-
 tatkaṣaṇādeva, asūn-prāṇān, nihanti | ṛte+aśmarīvraṇāt-
 aśmaryāharaṇārtham yo vraṇaḥ kriyate tam vraṇam varja- 10
 yitvā | tatrāpi-aśmarīvraṇe, ubhayataḥ-ubhayapārśvataśca,
 sa vidhastadā+asau sadyo+asūnnihanti | tasmin bastāv-
 eka [taḥ-eka]pārśvato, bhinne-viddhe sati, mūtrasrāvī vr-
 aṇaḥ syāt | sa ca yatnataḥ-ādareṇopakrānto, rohāti nānya-
 thā | § 7768 15

2.4.35 Aṣṭāṅgahṛdayasaṃhitā

dehāmapakvasthānānām madhye sarvasirāśrayaḥ | | 12 | |
 nābhiḥ so+api hi sadyoghno-----
 ----- | | 13 | | § 7770

2.4.36 Sarvāṅgasundarā

āmaṃ ca pakvaṃ cāmapakve, sthānaṃ ca sthānaṃ ca sth-
 āne, āmapakvayoḥ sthāne āmapakvasthāne, dehaścāmap-
 akvasthāne ca dehāmapakvasthānāni, teṣāṃ madhye | ta-
 traikatvāddehasya dehamadhyapradeśe, tathobhayorāmapakvāśayayorm
 antarāle, nābhirnāma marma | sa sarvāsāṃ sirāṇāṃ- 5
 sakalaśarīragānām āśrayaḥ-ādihāraḥ | so+api hi sadyo-
 ghnaḥ | apiḥ samuccaye | hiryasmādarthe | na kevalam
 gudabastī sadyoghnaḥ yāvannābhirapi vidhhaḥ sadyo-
 ghnaḥ | nābhiśabdasya puṃstavam cintyam | § 7771

2.4.37 Aṣṭāṅgahr̥dayasaṃhitā

-----dvāramāmāśyasya ca | | 13 | |
satvādīdhāma hr̥dayam stanoraḥ
koṣṭhamadhyagam | | 13 | | § 7773

2.4.38 Sarvāṅgasundarā

hr̥dayam nāma yanmarma tadapi sadyogham | taccāmā-
śyasya dvārammukham | tena hi dvāreṇānnapānamāmā-
śaye praviśati | tacca satvādīnām-satvarajastamasām, tathā
vijñānasya-indriyāṇām cārthapañcakasya, tathā+a+atmanah-
5 cetasaḥ, dhāma-sthānam | tacca stanoraḥ koṣṭhamadhy-
agam | stanau coraśca koṣṭhaśca stanoraḥkoṣṭham, tasya
madhyam tatra gacchati-sthitim badhnāti, koṣṭhavakṣasoḥ
stanayośca madhye sthitamityarthaḥ | § 7774

2.4.39 Aṣṭāṅgahr̥dayasaṃhitā

stanarohitamūlākhye dvyaṅgule stanayorvadet | | 14 | |
ūrdhvādho+asrakaphāpūrṇakoṣṭho
naśyettayoḥkramāt | | 14 | | § 7776

2.4.40 Sarvāṅgasundarā

stanarohitam ca mūlam ca prakṛtatvātstanasyaiva, te | sta-
narohitastanamūle ākhye-samjñe, yayoste stanarohitamū-
lākhye dve marmaṇī vadet | kva pradeśe ? stanayoḥ | kra-
māditi vakṣyamāṇamihāpi sambadhyate | tena stanayorū-
5 rdhvaṃ dvyaṅgule stanarohite | stanayoradho dvyaṅgule
stanamūle | tayoh-stanarohitastanamūlākhyayormarmaṇorviddhayoḥ,
puruśo+asrakaphāpūrṇakoṣṭhaḥ kramāt-yathākramam, na-
śyet | tena stanarohite viddhe satyasrjā pūrṇakoṣṭhe nara
naśyet, stanamūle viddhe kaphena pūrṇakoṣṭho naśyet |
10 § 7777

2.4.41 Aṣṭāṅgahr̥dayasaṃhitā

apastambhāvuraḥpārśve nāḍyāvanilavāhinī | | 15 | |
raktena pūrṇakoṣṭho+atra śvāsātkāsācca
naśyati | | 15 | | § 7779

2.4.42 Sarvāṅgasundarā

urasah pārśve dve nāḍyāvapastambhākhye marmaṇī |
anilavāhinī-vātavahe | atra marmadvaye viddhe raktena
pūrṇakoṣṭhaḥ śvāsakāsābhyāṃ vipadyate | § 7780

2.4.43 Aṣṭāṅgahr̥dayasaṃhitā

pr̥ṣṭhavaṃśorasormadhye tayoreva ca pārśvayoḥ | | 16 | |
adhoṃ+asakūṭayorvidyādapālāpākhyamarmaṇī | | 16 | |
tayoḥ koṣṭhe+asṛjā pūrṇe naśyedyātena
pūyatām | | 17 | | § 7783

2.4.44 Sarvāṅgasundarā

pr̥ṣṭhavaṃśasya tathorasah, anayormadhye-antarāle, tayoreva capr̥ṣṭorasoh, ye pārśve, tayoruparibhāgayoramśakūṭayoradhaḥ, apālāpākhye dve marmaṇī vidyāt | tayorviddhayo raktena koṣṭhe pūrṇe, pūyatām yātena-gatena, lohitenā naśyet | yāvadraktaṃ pūyatām na yātaṃ tāvajjivati | na tu raktakoṣṭhapūraṇamātrādeva mriyata iti bhāvah | § 7784

2.4.45 Aṣṭāṅgahr̥dayasaṃhitā

pārśvayoḥ pr̥ṣṭhavaṃśasya śroṇīkarṇau prati
sthite | | 17 | |
vaṃśāśrite sphijorūrdhvaṃ kaṭīkataruṇo
smṛte | | 18 | |
tatra raktakṣayātpāṇḍurhīnarūpo
vinaśyati | | 18 | | § 7787

2.4.46 Sarvāṅgasundarā

pr̥ṣṭhavaṃśasya pārśvayoḥ-ubhayataḥ, pratiśroṇīkarṇau
sthite | vaṃśāsrite-vaṃśaprativaddhe, sphijorūrdhvaṃ-
upariṣṭāt, dve+asthinī kaṭīkataruṇe-etatsaṃjñe dve marm-
aṇī, smr̥te-ukte | tatra-tasminmarmadvaye viddhe, raktakṣyātpāṇḍurhīnarūpo-
5 vigatakāntiḥ san, naro vinaśyati | § 7788

2.4.47 Aṣṭāṅgahr̥dayasaṃhitā

pr̥ṣṭhavaṃśaṃ hyubhayato yau sandhī
kaṭīpārśvayoḥ | | 19 | |
jaghanasya bahirbhāge marmaṇī tau
kukundarau | | 19 | |
ceṣṭhāniraghaḥkāye sparśājñānaṃ ca
tadvyadhāt | | 20 | | § 7791

2.4.48 Sarvāṅgasundarā

pr̥ṣṭhavaṃśasyobhayoḥ kaṭīpārśvayoryau sandhī jaha-
nasya bahirbhāgenāntaḥ, tau kukundarau nimrākārau
sandhimamarṇī | tadvyadhāt-tayorvyadhāt, adhaḥsarīre
ceṣṭhāniḥ-gamanākuñcanaprasāraṇādāvadhahkāyo+aśaktaḥ
5 sampadyata ityarthāḥ | tathā, sparśājñānaṃ-sparśāsaṃvittirbhavati |
pr̥ṣṭhavaṃśamubhayata iti "ubhasarvatasoḥ" ityādinādvī-
tīyā | § 7792

2.4.49 Aṣṭāṅgahr̥dayasaṃhitā

pārśvāntaranibaddhau yāvupari śroṇīkarṇayoḥ | | 20 | |
āśayaccādanau tau tu nitambau
taruṇāsthigau | | 21 | |
adhaḥsarīre śopho+atra daurbalyaṃ maraṇaṃ
tataḥ | | 21 | | § 7795

2.4.50 Sarvāṅgasundarā

pārśvāntare-pārśvamadhye, nibaddhau-prativaddhau la-
gnau, pārśvāntaranibaddhau yau, tathā śronikarṇayorupari-
upariṣṭāt, mūtrādīnām ya āśayāḥ-adhārā bastyādayaḥ,
teṣāṃ chādanau, nitambau-nitambasaṃjñau marmaviśe- 5
ṣau | tau ca taruṇāsthigau-taruṇasaṃjñe+asthni sthitāv-
ityarthaḥ | atra-asminmarmadvaye viddhe sati, adhaḥk-
āye śopha bhavati | tathā, daurbalyaṃ prakṛtatvādadh-
aḥsarīra eva | daurbalyaṃ-alpabalatvaṃ svavyāpārākṣa-
matvam | tato-daurbalyādanantaraṃ, maraṇaṃ bhavati |
§ 7796

10

2.4.51 Aṣṭāṅgahrdayasaṃhitā

pārśvāntaranibaddhau ca madhye
jaghanapārśvayoḥ | | 22 | |
tiryagūrdhvaṃ ca nirdiṣṭau pārśvasandhī
tayoryadhāt | | 22 | |
raktapūritakoṣṭhasya
śarīrāntarasambhavaḥ | | 23 | | § 7799

2.4.52 Sarvāṅgasundarā

pārśvayorantaraṃ-madhyam, tatra nibaddhau-saṃśliṣṭau,
sandhī marmaviśeṣau pārśvasandhī iti nirdiṣṭau | tataśc-
aikasmin pārśvāntara ekaḥ sandhirdvitīyasmin pārśvānt-
are dvitīyaḥ sandhiḥ | kva sthitau katham ? jaghanasya
pārśve jaghanapārśve, tayormadhye tiryagūrdhvaṃ ca | 5
evamekasmin jaghanapārśvamadhya ekaḥ sandhirdvitīy-
asmin dvitīyaḥ sthita iti | tayorvyadhāt puṃso raktapūrit-
akoṣṭhasya śarīrāntarasambhavaḥ-aparaśarīrotpattiḥ, ma-
raṇamityarthaḥ | § 7800

2.4.53 Aṣṭāṅgahrdayasaṃhitā

stanamūlārjave bhāge pṛṣṭhavaṃśāśraye sire | | 23 | |

bṛhatyau, tatra vidhasya maraṇaṃ
raktasaṅkṣayāt | | 24 | | § 7802

2.4.54 Sarvāṅgasundarā

stanayormūlaṃ-stanamūlaṃ tasyārjave bhāge-spaṣṭa udd-
eṣe, pṛṣṭhavaṃśāsraye sire-pṛṣṭhavaṃśasyobhayapārśvapratibaddhe
sire, bṛhatyau-etatsaṃjñe marmaṇī | tatra-marmadvaye,
vidhasya maraṇaṃ bhavati raktasaṅkṣayāt, nānyathā |

5 § 7803

2.4.55 Aṣṭāṅgahr̥dayasaṃhitā

bāhumūlābhisambaddhe pṛṣṭhavaṃśasya
pārśvayoḥ | | 24 | |
aṃsayoḥ phalake bāhusvāpaśauṣau
tayorvyadhāt | | 25 | | § 7805

2.4.56 Sarvāṅgasundarā

bāhvormūle bāhumūle,-yatra bāhū pratiṣṭhitau | mūle
hi pratiṣṭhā, vṛkṣamūlavat | pṛṣṭhavaṃśasya pārśvad-
vaye bāhumūlayorābhimukhyena sambaddhe-saṃśliṣṭe |
ke te ? aṃsayoḥ phalake | asamāsanirdeśaścandonuro-
dhāt | phalakasya ca napuṃsakatvaṃ lokāśrayatvālliṅga-
syeti | aṃsaphalakākhye dve marmaṇī | tayorvyadhāt bā-
husvāpaśoṣau bhavataḥ | svāpa iva svāpaḥ, yathā supta-
sya niścetanamaṅgaṃ bhavati tathā bāhū aṃsaphalake vi-
ddhe bhavataḥ | § 7806

2.4.57 Aṣṭāṅgahr̥dayasaṃhitā

grīvāmubhayataḥ snāvnī grīvābāhuśirontare | | 25 | |
skandhāṃsapīṭhasambandhāvāṃsau
bāhukriyāharau | | 26 | | § 7808

2.4.58 Sarvāṅgasundarā

grīvāyā ubhayoḥ pārśvayoḥ snāvnī dve aṃsāvucyete |
kva sthitau ? grīvābāhuśirontare | grīvāyāstathā bāhnoḥ
śirasaśca madhye teṣāmantarāle sthitau | kiṃ prayoja-
nau ? skandhetyādi | aṃsayoḥ pīṭha iva pīṭhe,-pratiṣṭhāne,
yatrāṃsau tiṣṭhataḥ | skandhe cāṃsapīṭhe ca, teṣāṃ 5
sambandhaḥ-prayojanaṃ, yayostāvevāṃsau vidhdau bā-
hvoḥ kriyā-ākuccanaprasāraṇādikā, tāṃ harataḥ, tau bāh-
ukriyāharau | § 7809

2.4.59 Aṣṭāṅgahrdayasaṃhitā

kaṅṭhanāḍīmubhayataḥ sirā hanusamāśritāḥ | |26| |
catasrastāsu nīle dve manye dve marmaṇī
smṛte | |27| |
svarapraṇāśavakṛtyaṃ rasājñānaṃ ca
tadvyadhe | |27| | § 7812

2.4.60 Sarvāṅgasundarā

kaṅṭhanāḍyāḥ pārśvayordvayoḥ sirā yāscatasro hanvoḥ
samāśritāḥ, tāsū madhye dve sire nīle nāma dve marm-
aṇī, manye nāma dve marmaṇi smṛte, tantrakṛdbhiriti śe-
ṣaḥ | tāsāṃ vyadhastadvayadhāḥ, tasmin tadvyadhe svar-
apraṇāśādayo jāyante | svarasya praṇāśaḥ svarapraṇāśaḥ,- 5
svarahāniḥ | athavā vaikṛtyam, tacca prakṛttvātsvarasya-
iva, svarabhāvānyathātvamityarthaḥ | rasājñānaṃ-rasānavabodhaḥ |
§ 7813

2.4.61 Aṣṭāṅgahrdayasaṃhitā

kaṅṭhanāḍīmubhayato jihvānāsāgatāḥ sirāḥ | |28| |
pṛthak catasrastāḥ sadyo
ghnantyasūnmātrkāhvayāḥ | |28| | § 7815

2.4.62 Sarvāṅgasundarā

kaṅṭhanāḍyā ubhayapārśvayoḥ sirā jihvāgatāstathā nās-
āgatāḥ pṛthak-pratyekaṃ, ekasmin pārśve catasraḥ dvi-
tīye pārśve catasraḥ | tā māṭṛkāhvayāḥ-māṭṛkāsaṃjñāḥ, vi-
ddhāḥ sadyo+asūn ghnanti | etāni māṭṛkākhyāni sirāma-
5 rmaṇi | § 7816

2.4.63 Aṣṭāṅgahr̥dayasaṃhitā

ṛkākāṭike śirogrīvāsandhau, tatra calaṃ śiraḥ | | 29 | | § 7817

2.4.64 Sarvāṅgasundarā

śiraśca grīvā ca, tayoḥ sandhāne yau sandhī pārśvadvaye
ṛkākāṭikākhye te dve marmaṇi | tatra-tasminmarmadvaye
viddhe, calaṃ-sakampaṃ, śiro bhavati | § 7818

2.4.65 Aṣṭāṅgahr̥dayasaṃhitā

adhastātkarṇayornimne vidhure śrutihāriṇi | | 29 | | § 7819

2.4.66 Sarvāṅgasundarā

adhastātkarṇayoḥ-karṇapṛṣṭhayeradho, nimne-nonnate, vi-
dhurākhye dve marmaṇi | te ca viddhe satī śrutim-
śabdaśravaṇaṃ, harataḥ, śrutihāriṇi | § 7820

2.4.67 Aṣṭāṅgahr̥dayasaṃhitā

phaṇāvubhayato ghrāṇamārgaṃ
śrotrapathānugau | | 30 | |
antargalasthitau
vedhādgandhavijñānahāriṇau | | 30 | | § 7822

2.4.68 Sarvāṅgasundarā

phaṇau nāma marmaviśeṣau ghrāṇamārgasyobhayoḥ pār-
śvayōḥ śrotapathānugau-śrotamārgaprāptau | antargalasthitau-
galābhyantare sthitau | phaṇāviva saṁsthānaṁ rūpam-
anayōḥ phaṇāviti nāma | tau vedhādgandha vijñānaṁ-
gandhopalabdhiḥ, taddharatastau gandhavijñānahāriṇau | 5
§ 7823

2.4.69 Aṣṭāṅgahṛdayasaṁhitā

netrayorbāhyato+apāṅgau bhruvoḥ
pucchāntayoradhaḥ | | 31 | |
tathopari bhruvornimnāvāvartāvāndhyameṣu
tu | | 31 | | § 7825

2.4.70 Sarvāṅgasundarā

netreyordvayorbāhyataḥ-bahirbhāge, bhruvoḥ pucchāntayoḥ-
avasānayoḥ, adhaḥ, apāṅgau nāma marmaviśeṣau pra-
siddhāveva | tathoparīti tenaivāpāṅgoddiṣṭena nyāyena
bhruvoḥ pucchāntayorupari nimrāvāvartasaṁjñau | eṣu
tu-apāṅgāvartākhyeṣu caturṣu, viddhasya narasyāndhyam 5
bhavati | § 7826

2.4.71 Aṣṭāṅgahṛdayasaṁhitā

anukarṇaṁ lalāṭānte śaṅkhau
sadyovināśanau | | 32 | | § 7827

2.4.72 Sarvāṅgasundarā

atrāpi bhruvoḥ pucchāntayorupati lalāṭāvasāne+anukarṇaṁkarṇasaṁīpe
śaṅkhau marmaviśeṣau | tau viddhau puruṣasya sadyovi-
nāśanau bhavataḥ | § 7828

2.4.73 Aṣṭāṅgahr̥dayasaṃhitā

keśānte śaṅkhayorūrdhvamutkṣepau, sthapanī
punaḥ | | 32 | |
bhruvormadhye, traye+apyatra śalye
jīvedanuddhṛte | | 33 | |
svayaṃ vā patite pākātsadyo naśyati
tūddhṛte | | 33 | | § 7831

2.4.74 Sarvāṅgasundarā

keśāvasāne śaṅkhayorūrdhvaṃ-upari, utkṣepau marm-
aṇī | sthapanī punarmarma bhruvormadhye | traye+apyatra-
asmin marmatraye dvāvutkṣepāvekā sthapanī evaṃbhūte,
viddhe puruṣo+anuddhṛte śalye jīvet | kālāntareṇa pākāt-
5 pākena hetunā, svayaṃ vā patite śalye sati,-na tūddhara-
ṇahetunā, jīvet puruṣaḥ | sadya ityādi | uddhṛte tu śalye
sadya eva naro naśyati, vāyukopāditi bhāvaḥ | § 7832

2.4.75 Aṣṭāṅgahr̥dayasaṃhitā

jihvākṣiṇāsikāśrotrakhacatuṣṭayasaṅgame | | 34 | |
tālunyāsyāni catvāri srotasāṃ, teṣu
marmasu | | 34 | |
viddhaḥ śṛṅgāṭakākhyeṣu sadyastyajati
jīvitam | | 35 | | § 7835

2.4.76 Sarvāṅgasundarā

jihvā cākṣiṇī ca nāsikā ca śrotre ca tadevam | tasya kh-
āni, teṣāṃ catuṣṭayaṃ-catvāri srotāṃsi, teṣāṃ saṅgamaḥ-
sannipātaḥ, tasmimstāluni-yatra jihvādīnāṃ tarpaṇāni sr-
otāṃsi sannipatyāvatiṣṭhante, jihvādisrotasāṃ catvāryā-
5 syāni śṛṅgāṭakākhyāni | teṣu marmasu viddhaḥ puruṣaḥ
sadyastyajati jīvitam-viddhamātra eva prāṇairviyujyate |
§ 7836

2.4.77 Aṣṭāṅgahr̥dayasaṃhitā

kapāle sandhayaḥ pañca

sīmantāstiryagūrdhvagāḥ | |35| |

bhramonmādamanonāśaisteṣu viddheṣu

naśyati | |36| | § 7838

2.4.78 Sarvāṅgasundarā

śiraḥ sambandhinaḥ pañca sandhayaḥ | pañcānām ka-
pālakhaṇḍānām saṃśleṣā ye śirasyavatiṣṭhante tiryag-
ūrdhvagāḥ, ta eva sīmantākhyā marmaviśeṣāḥ | teṣu-
sīmantākhyeṣu, viddheṣu bhrameṇa tathonmādena tathā
manonāśena-cittavismṛtyā ca, naśyati | § 7839

5

2.4.79 Aṣṭāṅgahr̥dayasaṃhitā

āntaro mastakasyordhvaṃ sirāsandhisamāgamaḥ | |36| |

romāvarto+adhipo nāma marma sadyo

haratyasūn | |37| | § 7841

2.4.80 Sarvāṅgasundarā

mastakasyābhyantarato yaḥ sthitaḥ, tathordhvaṃ-prakṛtatvānmastakasya
sirāsandhisamāgamaḥ-sirāsandhīnām sannipāto, romāva-
rtalakṣaṇaḥ so+adhipo nāma marmaviśeṣaḥ | marmaṇām-
adhipo yathārthanāmā, tadāyattāni hi sarvāṇi marmāṇi-
tyarthaḥ | so+adhipo viddho narasya sadyo+asūn harati-
puruṣaṃ mārayatītyarthaḥ | § 7842

5

2.4.81 Aṣṭāṅgahr̥dayasaṃhitā

viṣamaṃ spandanam yatra pīḍite ruk ca marma

tat | |37| | § 7843

2.4.82 Sarvāṅgasundarā

yatra-yasmin dehadeśe, viṣamaṃ spandanam-sphuraṇam,
tanmarma | yatra ca dehadeśe pīḍite sati ruk ca viṣamā bh-
avati, tacca marma | atrāpi viṣamamiti sambadhyate | viṣ-
amaṃ ca viṣamā ca viṣamaṃ, "napuṃsakamanapuṃsak-
5 enaikavacca" iti napuṃsakaśeṣaḥ | tadevaṃ marmalakṣa-
ṇam dvidhā mantavyam,-kasyacinmarmaṇaḥ sirādhama-
nyādikasya viṣamaṃ spandanam prāyo lakṣaṇam, māṃs-
āsthijātīyasya marmaṇaḥ pīdanāt prāyaḥ pīḍotpattirlakṣ-
aṇamiti | saṅgrahe ca marmaviddhasya lakṣaṇamuktam |
10 yathā (śā. a. 7)- "dehaprasuptirgurutā sammohaḥ sītakām-
itā | svedo mūrccā vamiḥ śvāso marmaviddhasya lakṣa-
ṇam | |" iti | maraṇakāritvānmarma, maraṇāsadrśaduḥkh-
adāyitvādvā | idānīm marmaṇam suprabhedam lakṣaṇam
ṣaṭprakāramāha- § 7844

2.4.83 Aṣṭāṅgahr̥dayasam̐hitā

māṃsāsthināyudhamanīsirāsandhisamāgamaḥ | | 38 | |
syānmarmeti ca tenātra sutarām jīvitam
sthitam | | 38 | | § 7846

2.4.84 Sarvāṅgasundarā

māṃsādīnām sandhyantānām svajātyapekṣo yaḥ samāgamaḥ-
sannipātaḥ, sa marmākhyāḥ, tanmarmeti tasyaiva nāma |
tadevaṃ māṃsapeśīsamāgamo māṃsamarma, asthnām
samāgamo+asthimarma, snāyūnām samāgamaḥ snāyum-
5 arma, dhamanīnām samāgamo dhamanīmarma, sirāṇām
samāgamaḥ sirāmarma, sandhīnām samāgamaḥ sandhi-
marmeti | yato māṃsādīnām yaḥ samāgamaḥ sa eva ma-
rmetyucyate, tena hetunā, atra sutarām jīvitam sthitam-
prāṇā vyavasthitāḥ | nanu, yadi māṃsādīnām samāgamo
10 marmetyabhidhīyate, tadānīmanekasaṅkhyākāni marm-
āṇi śarīre sambhavyeran | māṃsapeśyādibhāvānāmanek-
asaṅkhyāśrayatvāt | tathā ca,-māṃsapeśīsatāni pañca pu-
ṃsāmuktāni strīṇām tu viśatyadhikāni (hr. śā. a. 3/17) |

evamasthyādīnyapyanekānyuktāni | tataśca marmaṇāma-
saṅkhyeyatvaṃ prāpnoti | evaṃ ca "saptottaraṃ marmaś-
atam" (ślo 1) iti virudhyata ityāha- § 7847

2.4.85 Aṣṭāṅgahṛdayasaṃhitā

bāhulyena tu nirdeśaḥ ṣoḍhaivaṃ marmakalpanā | | 39 | |
prāṇāyatanaśāmānyadaikyāṃ vā marmaṇāṃ
matam | | 39 | | § 7849

2.4.86 Sarvāṅgasundarā

saptottarameva marmaṇāṃ śatamityeva na | kiṃ tarhi
? pūrvoktena nyāyena bahūni marmāṇi | "saptottaraṃ
marmaśatam" ityayaṃ tu yo nirdeśaḥ sa bāhulyena-
bhūyasā, yeṣāṃ marmaṇāṃ marmatvena prasiddhistadvi- 5
śaya eva | evaṃ-anena prakāreṇa māṃsāsthyādīnāṃ sam-
āgamo marmeti, marmaṇāṃ-ṣoḍhā-ṣaḍvidhā, kalpanā bh-
avati | kalpanāśabdenaitatprati pādayati,-tadevaṃ manu-
ṣyasya prasiddhito jīvitadhāmatvena marmaṇāṃ kalpanā-
nirūpanā | prāṇetyādi | athavā na marmaṇāṃ ṣoḍhā kalp-
anā | kiṃ tarhi ? prāṇāyatanaśāmānyāt-jīvitasyādhiṣṭhānamityevamlakṣa-
aikyaṃ-ekatvaṃ, marmaṇāṃ matam-na ṣaṭtvam | evam-
ekaiva marmakalpanā | evaṃ saṅkṣepavistarakauśalaṃ
marmasu darśitam | māṃsādīnāṃ sandhyantānāṃ yathā-
svaṃ pratiniyatani marmāṇi saṅkhyayā+abhidhātumāha-
§ 7850

15

2.4.87 Aṣṭāṅgahṛdayasaṃhitā

māṃsajāni daśendrākhyatalahr̥tstanarohitāḥ | | 40 | | § 7851

2.4.88 Sarvāṅgasundarā

jaṅghayorindrākhye dve marmaṇī, bāhvordve eva, talah-
r̥dākhyāni catvāri-pādayordve hastayordve iti, stanaroh-

ite dve-pratyekaṃ stane ekaikam, evaṃ daśa maṃsajāni |
§ 7852

2.4.89 Aṣṭāṅgahr̥dayasaṃhitā

śaṅkhau kaṭīkataruṇe nitambāvamaṃsayoḥ phale | | 40 | |
asthnyāṣṭau-----
| | 41 | | § 7854

2.4.90 Sarvāṅgasundarā

asthnyāṣṭau marmāṇi | śaṅkhau dve marmaṇī, kaṭīkataru-
ṇe dve, nitambau dve, aṃsayoḥ phalake dve, ityevama-
ṣṭau marmāṇi | § 7855

2.4.91 Aṣṭāṅgahr̥dayasaṃhitā

-----snāvamarmāṇi trayoviṃśatirāṇayaḥ | | 41 | |
kūrcakūrcaśiro+apāṅgakṣiprotkṣepāṃsabastayaḥ | | 41 | | § 7857

2.4.92 Sarvāṅgasundarā

snāvamarmāṇi trayoviṃśatiḥ | katham ? āṇayaścatvāri-
pratyekamūrumadhye ekaikam bāhvoḥ pratyekamekai-
kam, evaṃ catvāryāṇayaḥ kūrcākhyāni catvāri-hastaryodve
pādayordve | kūrcāśiraḥsaṃjñāni catvāri-pādayordve ha-
5 stayordve iti catvāri | apāṅgākhye dve-"netrayorbāhyataḥ
(ślo.31) ityādinā nirdiṣṭe dve | kṣiprākhyāni catvāri-"aṅguṣṭhāṅgulimadhyastham
kṣipraṃ" (ślo.3) iti, tacca pādadvaye dvividham hastadv-
aye ca | utkṣopadvau-"keśānte śaṅkhayorūrdhvamutkṣe-
pau" (ślo.32) iti | aṃsākhye dve-"skandhāṃsapīṭhasambandhāvamaṃsau"
10 (ślo 26) iti | bastireko-"mūtrāśayo" (ślo.10) ityādinoktaḥ |
evaṃ snāvamarmāṇi trayoviṃśatiḥ | § 7858

2.4.93 Aṣṭāṅgahr̥dayasaṃhitā

gudāpastambhavidhuraśṛṅgātāni navādiśet | | 42 | |
marmāṇi
dhamanīsthāni----- | | 42 | | § 7860

2.4.94 Sarvāṅgasundarā

gudaḥ-sthūlāntrabaddha ekaḥ | apastambhākhye dve-"apastambhāvuraha
nāḍyāvānilavāhinī | " (ślo.15)iti, vidhurākhye dve-"adhastātkarṇayornimn
vidhure" (ślo.29) iti | śṛṅgāṭakākhyāni catvāri-"jihvākṣināsikā"
(ślo.34) ityādinoktāni | evaṃ dhamanīsthāni-dhamanyāśritāni,
nava marmāṇi | § 7861 5

2.4.95 Aṣṭāṅgahr̥dayasaṃhitā

-----saptatrimśatsirāśrayāḥ | | 42 | |
br̥hatyau māṭṛkā nīle manye kakṣādharau
phaṇau | | 43 | |
viṭape hr̥dayaṃ nābhiḥ pārśvasandhī
stanādhare | | 43 | |
apālāpau sthapanyurvyaścatasro lohitāni
ca | | 44 | | § 7865

2.4.96 Sarvāṅgasundarā

sirāśrayā marmaviśeṣāḥ saptatrimśat | katham ? ityāha-
br̥hatyāvityādi | br̥hatyau dve-"stanamūlārjave bhāge" (ślo
23) ityādinokte | māṭṛkākhyāni-"kaṇṭhanāḍīmubhayato ji-
hvanāsāgatāḥ" (ślo.28) ityādinoktānyaṣṭau | nīlākhye dve 5
sire manyākhye [ca] dve-"kaṇṭhanāḍīmubhayataḥ sirāha-
nusamāśritāḥ | catasraḥ (ślo.26) ityādinoktāni | kakṣādha-
rau dvau-yathoktam (ślo.9) "kakṣākṣamadhye kakṣādhr̥k"
ityādi | phaṇau dvau-"phaṇāvubhayato" (ślo.30) ityād-
inā kṛtalakṣaṇau | viṭape dve-"muṣkavaṅkṣaṇayormadhye 10
(ślo.8) pratyekaṃ sakthnyekam, dvitīye+apyevam | hr̥daya-
amekameva, tasya lakṣaṇam (ślo.13)-"dvāramāmāśayasya

ca" ityādi | nābhireka eva, tallakṣaṇam (ślo.12)- "dehāmap-
akvasthanānām" ityādi | pārśvasandhī dbau-"pārśvāntaranibaddhau
ca" (ślo.22) ityādinoktau | stanādhare-stanayoradho, dve |
apālāpau dvāveva-"pṛṣṭhavaṃśorasoh (ślo.16) ityādino-
5 ktau | sthapanī ekaiva, tallakṣaṇam, (ślo.33)-"bhruvormadhye"
iti | urvyaścatasraḥ-ūrvordvayordve bāhvośca, "urvvyūru-
madhye" (ślo.7) iti tasyā lakṣaṇam, iti sakthnostathā bā-
hvoḥ (ślo.8) iti cātideśaḥ | lohitanīti lohitaḥṣaṇāmāni catv-
āri, "ūrumūle lohitaḥṣaṇam" sakthivadbāhvoḥ" (ślo.7-8) iti ta-
10 llakṣaṇam | samprati sandhimarmāṇyāha- § 7866

2.4.97 Aṣṭāṅgahr̥dayasaṃhitā

sandhau viṃśatirāvartau maṇibandhau

kukundarau | | 44 | |

sīmantāḥ kūrparau gulphau kṛkātīyau jānunī

patiḥ | | 45 | | § 7868

2.4.98 Sarvāṅgasundarā

sandhau viṃśatirmarmāṇi | āvartākhye dve, tayorlakṣa-
ṇam (ślo. 31)-"tathopari bhruvornimnāvāvartau" iti | ma-
ṇibandhau dvau, tallakṣaṇam (ślo.8)-maṇibandho+atra
gulphavat" iti | kukundarau dvau, tallakṣaṇam (ślo.19)-
5 "jaghanasya bahirbhāge marmaṇī tau kukundarau |" iti |
sīmantākhyāni pañca, tallakṣaṇam (ślo.35)-"kapālasandhayaḥ
pañca sīmantāḥ" iti | kūrparau dvau, tallakṣaṇam (ślo.9)-
"kūrparaṃ jānuvat" iti | kūrparaśabda ubhayalingaḥ | gu-
lphau dve marmaṇī, tayorlakṣaṇam (ślo.5)-"jaṅghācaraṇayoḥ
10 sandhau gulphaḥ" iti | kṛkātīyau dve, tallakṣaṇam (ślo.29)-
"kṛkātīke śirogrīvāsandhī" iti | jānunī dve, tayorlakṣaṇam
(ślo.6)-"jaṅghorvoḥ saṅgame jānu" iti | patiḥ-adhipatirmarmaṇām,
taccaikam, tallakṣaṇam (ślo.36)-"āntaro mastakasyordhvaṃ"
ityādinoktam | evaṃ saptottaraṃ marmaśataṃ māṃsādi-
15 parikalpanayā kalpitam | § 7869

2.4.99 Aṣṭāṅgahr̥dayasaṃhitā

māṃsamarma gudo+anyeṣāṃ,snāvni kakṣādharau
tathā | |45| |
viṭapau vidhurākhye ca, śṛṅgāṭāni sirāsu
tu | |46| |
apastambhāvapāṅgau ca, dhamanīsthaṃ na taiḥ
smṛtam | |46| | § 7872

2.4.100 Sarvāṅgasundarā

anyeṣāmācāryāṇaṃ matena gudo māṃsamarma-na dha-
manīmarma | snāvnītyādi | teṣāmeva matena kakṣādha-
rau snāvāśritau na tu sirāśrayau | viṭapau vidhurākhye ca
snāvāśritau | pūrvamatena tu viṭapau sirāśritau, vidhure 5
ca dhamanyāśrite | śṛṅgāṭakāni catvāryapi sirāsveva, tur-
avadhāraṇe, na tu dhamanīsthāni, apastambhau tathāpā-
ṅgau ca | etaddhamanīsthamanyairācaryairna smṛtam, api
tu snāvā[dya]śritamabhihitam | § 7873

2.4.101 Aṣṭāṅgahr̥dayasaṃhitā

viddhe+ajasramasṛksrāvo
māṃsadhāvanavattanuḥ | |47| |
pāṇḍutvamindriyājñānaṃ maraṇaṃ cāśu
māṃsaje | |47| | § 7875

2.4.102 Sarvāṅgasundarā

māṃsaje marmaṇi viddhe sati,[ajasraṃ] anavarataṃ, asṛ-
ksrāvo bhavati māṃsadhāvanavat-māṃsadhāvanodakena
tulyaḥ | tathā, tanuḥ-accho bhavati, na bahalaḥ | pāṇḍutvam-
pītābhatvaṃ śarīrasya | indriyaiḥ-cakṣurādibhiḥ, svaviśayājñānaṃ-
anavabodhaḥ | maraṇaṃcāśu-śīghraṃ, bhavati | tadevam- 5
indrabastyādimāṃsajamarmavyadhe nirantarasrāvādisa-
rvaliṅgadarśanānumānena maraṇamanumīyamānaṃ bu-
dhvā vaidyaḥ pratyākhyāya cikitsāṃ prajoyayet | niyatāy-
uṣāṃ kvacinmaraṇasya vyabhicārāditi | § 7876

2.4.103 Aṣṭāṅgahr̥dayasaṃhitā

majjānvito+accho vicchinnah srāvo ruk
cāsthimarmani | | 48 | | § 7877

2.4.104 Sarvāṅgasundarā

asthimarmani-śaṅkhādike, viddhe majjānvitaḥ srāvaḥ tathā+accho-
na ghanah, vicchno-na māṃsamarmavyadha iva nirant-
aro, bhavati | rukcetyanenātyantaṃ pīḍā bhavatīti pratip-
ādayati | ruṇmātrasya sarvamarmasvapi sadbhāvāt | § 7878

2.4.105 Aṣṭāṅgahr̥dayasaṃhitā

āyāmākṣepakastambhāḥ snāvaje+abhyadhikaṃ
rujā | | 48 | |
yānasthānāsanāśaktirvaikalyamathavā+antakaḥ | | 49 | | § 7880

2.4.106 Sarvāṅgasundarā

snāvaje-kūrcā(āṅyā)dike marmani, viddhe āyāmādayo bh-
avanti | ākṣepakaḥ-ākṣepah, stambho-yathāsvamaṅgānām,
atirujā ca | tathā, yānasthānāsanāśaktiḥ-yātuṃ sthātumās-
ituṃ cāsāmarthyam | vaikalyaṃ cāṅgānām | athavā+antako-
5 maraṇaṃ, bhavati | § 7881

2.4.107 Aṣṭāṅgahr̥dayasaṃhitā

raktaṃ saśabdaphenoṣṇaṃ dhamanīsthe
vicetasah | | 49 | | § 7882

2.4.108 Sarvāṅgasundarā

dhamanīsthe-[gudā]pastambhādau marmani, viddhe sati
vicetaso-mūrcchitasya sato, raktaṃ sravet | kīdṛśam ? saśa-
bdaphenoṣṇam | saśabdasyātra pratyekaṃ sambandhaḥ |
§ 7883

2.4.109 Aṣṭāṅgahr̥dayasaṃhitā

sirāmarmavyadhe sāndramajasraṃ

bahvaśṛksravet | | 50 | |

tatkṣyātṛḍbhramaśvāsamoḥahidhmābhirantakaḥ | | 50 | | § 7885

2.4.110 Sarvāṅgasundarā

sirāmarmaṇO-br̥hatyādervyadhe sati, aśṛk sāndraṃ-ghanam,
ajasraṃ-nirantaram, bahu-prabhūtam, sravati | tatkṣyāt-
tasyāśṛjaḥ kṣyāt, ṛḍbhramaḍibhirantako-jīvitanāśaḥ | § 7886

2.4.111 Aṣṭāṅgahr̥dayasaṃhitā

vastu śūkairivākīrṇam rūḍhe ca kuṇikhañjatā | | 51 | |

balaceṣṭākṣayaḥ śośaḥ parvaśophaśca

sandhije | | 51 | | § 7888

2.4.112 Sarvāṅgasundarā

sandhijemarmani-āvartādaḥ, viddhe vastu śūkairivākī-
rṇam bhavati | vastuśabdenādhiṣṭhānam viddhadeśa ucy-
ate | tacchūkaiḥ-śāliyavādisambandhibhiḥ kiṃśārubhiḥ,
vyāptamiva bhavati | rūḍhe ca sati tasminmarmavyadhe
kuṇitā khañjatā vā bhavati | tathā balaceṣṭayoḥ kṣayaḥ, 5
tathā śośo+aṅgasya, parvasu śophaḥ-śvayathuśca, sandhi-
ije bhavati | idānīmeṣāmeva marmanām vyadhe jīvitanāśe
kālam niyanayati- § 7889

2.4.113 Aṣṭāṅgahr̥dayasaṃhitā

nābhiśaṅkhādhīpāpanahr̥cchr̥ṅgātakabastayaḥ | | 52 | |

āṣṭau ca mātrkāḥ sadyo

nighnatyekānaviṣatiḥ | | 52 | |

saptāhaḥ paramasteṣām kālaḥ kālasya

karṣaṇe | | 53 | | § 7892

2.4.114 Sarvāṅgasundarā

nābhiśaṅkhādīni marmāṅyekāṅnaviṃśatiḥ sadyo ghna-
nti | nābhirekaḥ, śaṅkhau dvau, adhipa ekaḥ, apāno+apyekaḥ,
hr̥dekam, śṛṅgāṭakāni catvāri, bastirekaḥ, āṣṭau mātr̥kāḥ
ekāṅnaviṃśatiretāni sadyaḥprāṇaharāṇi | teṣāṃ-marmanāṃ,
5 kālasya-mṛtyoḥ karṣaṇe-ākarṣaṇe, saptāhaḥ paramaḥ kālaḥ-
prakṛṣṭo+avadhiḥ | ekāṅnaviṃśatiriti na viṃśatiriti supsu-
peti samāsaḥ, tata ekena na viṃśatiriti tṛtīyeti yogavibhāg-
ātsamāsaḥ, tataḥ "ekādiścaikasya" ityādinā naṅaḥ prakṛti-
bhāva ekasyādugāgamaśca, ūnārthe+atra nañ, ekonaviṃś-
10 atirityarthaḥ | § 7893

2.4.115 Aṣṭāṅgahr̥dayasaṃhitā

trayastrīṃśadapastambhatalahr̥tpārśvasandhayaḥ | | 53 | |
kaṭikataruṇasīmantastanamūlendrabastayaḥ | | 54 | |
kṣiprāpālāpabr̥hatīnitambastanarohitāḥ | | 54 | |
kālāntaraprāṇaharā
māsamāsārdhdhajīvitāḥ | | 55 | | § 7897

2.4.116 Sarvāṅgasundarā

trayastrīṃśadapastambhādayaḥ kālāntaraprāṇaharāḥ | mā-
saṃ māsārdham vā jīvitam yeṣu viddheṣviti māsamāsā-
rdhdhajīvitāḥ, māsenā prāṇān haranti māsārdhdhena vetya-
rthaḥ | saṅgrahe tūktam (śā. a. 7)-"saumyāgreyatvāttesāṃ
5 pakṣābhyantaram kālaḥ |" iti | trayastrīṃśaditi "trestr-
ayaḥ" iti trayasādeśaḥ | tatra, apastambhau dau, ta-
lahṛnti catvāri, pārśvasandhī dbau, kaṭikataruṇe dve,
sīmāntāḥ pañca, stanamūle dve, indravastayaścatvāro-
jaṅghāmadhyayordvebāhumadhyayordve, kṣiprāṇi catvāri-
10 hastayordve pādayordve, apālāpabr̥hatīnitambastanarohi-
tāḥ pratyekaṃ dvau dvāviti | § 7898

2.4.117 Aṣṭāṅgahr̥dayasaṃhitā

utkṣepau sthapanī trīṇi viśalyaghnāni, tatra hi | | 55 | |
vāyurmāṃsavasāmajjamastuluṅgāni
śoṣayan | | 56 | |
śalyāpāye vinirgacchan śvāsātkāsācca
hantyasūn | | 56 | | § 7901

2.4.118 Sarvāṅgasundarā

utkṣepau dvau sthapanyekā, ityetāni trīṇi viśalyaghnāni |
ko+atra hetuḥ ? ityāha-tatra hītyādi | hi-yasmāt, tatra-
vyadhe, śalyāpāye vāyurvīnirgacchan-niryān, māṃsādīn
śoṣayan śvāsa kāsābhyāṃ prāṇān hanti | tatra ca hetau śa-
trpratyyaah | nirgamena hi hetunā māṃsādīnāṃ śoṣaṇaṃ 5
bhavati | § 7902

2.4.119 Aṣṭāṅgahr̥dayasaṃhitā

phaṇāvapāṅgau vidhure nīle manye kṛkāṭike | | 57 | |
aṃsāṃsaphalakāvartaviṭaporvīkukundarāḥ | | 57 | |
sajānulohitākṣāṇīkakṣādhṛkkūrcaḥ | | 58 | |
vaikalyamiti catvāri catvāriṃśacca
kurvate | | 58 | |
haranti tānyapi prāṇān 5
kadācidabhighātataḥ | | 59 | | § 7907

2.4.120 Sarvāṅgasundarā

phaṇādīni viṭapāntāni pratyekaṃ dvau dvau, urvyaśc-
atasraḥ, kukundarau dvau, jānunī dve, lohitākṣāṇi ca-
tvāri, āṇayaścatvāraḥ, kakṣādharaḥ dvau, kūrcaścatvāro-
hastayordvau pādayordvau, kūrparau dvau, ityevaṃ catv-
āri catvāriṃśaceti catuścatvāriṃśanmarmāṇi vaikalyama- 5
ṅgasya kurvate | kadācittvabhighātāt tānyapicatuścatvāri-
ṃśat, prāṇān haranti | § 7908

2.4.121 Aṣṭāṅgahr̥dayasaṃhitā

aṣṭau kūrcaśirogulphamaṇibandhā rujākarāḥ | | 59 | | § 7909

2.4.122 Sarvāṅgasundarā

aṣṭau kūrcaḍayo marmaviśeṣā rujākarāḥ | "agnivāyusom-
aguṇabāhulyāt | agnivāyū hi viśeṣeṇa śūlakarau | somastu
prāṇāvalambakaḥ (saṃ.śā. a.7) | " iti naitāni prāṇahantr̥ṇi |
5 tatra kūrcaśirāṃsi hastapādeṣu catvāri, gulphau dvau, ma-
ṇibandhau dvau, ityaṣṭau | idānīm marmaṇām yathāya-
thaṃ pramāṇamabhidhātumāha- § 7910

2.4.123 Aṣṭāṅgahr̥dayasaṃhitā

teṣām viṭapakakṣādhrgurvyah kūrcaśirāṃsi ca | | 60 | |
dvādaśāṅgulamānāni-----
| | 60 | | § 7912

2.4.124 Sarvāṅgasundarā

teṣām-marmaṇām madhye, viṭapādīni dvādaśa marmāṅgulamānāni-
aṅgulapramāṇāni | § 7913

2.4.125 Aṣṭāṅgahr̥dayasaṃhitā

-----dvyāṅgule maṇibandhane | | 60 | |
gulphau ca stanamūle
ca----- | | 61 | | § 7915

2.4.126 Sarvāṅgasundarā

maṇibandhane-maṇibandhau, dvyaṅgulapramāṇau | gu-
lphau stanamūle ca dvyaṅgule pratyekam | ekaścaśabdaḥ
samuccayārtho dvitīyaḥ pādapūraṇe | § 7916

2.4.127 Aṣṭāṅgahr̥dayasaṃhitā

-----tryaṅgulaṃ jānukūrparam | | 61 | | § 7917

2.4.128 Sarvāṅgasundarā

tryaṅgulapramāṇau jānū kūrparau ca | § 7918

2.4.129 Aṣṭāṅgahr̥dayasaṃhitā

apānabastihṛnnābhinīlāḥ sīmāntamāṭṛkāḥ | | 61 | |
kūrcaśṛṅgāṭamanyāśca triṃśadekena
varjitāḥ | | 62 | |
ātmapāṇitalonmānāḥ-----
| | 62 | | § 7921

2.4.130 Sarvāṅgasundarā

apānabastyādayastrīṃśadekena varjitāḥ ekonatriṃśat, ātmapāṇitalonmānāḥ | svahastatalaparimānāḥ | § 7922

2.4.131 Aṣṭāṅgahr̥dayasaṃhitā

-----śeṣānyarddhāṅgulaṃ vadet | | 62 | |
pañcāśatṣaṭ ca marmāṇi,
tilavṛīhisamānyapi | | 63 | |
iṣṭāni marmānyanyeṣām-----
| | 63 | | § 7925

2.4.132 Sarvāṅgasundarā

śeṣāni ṣaṭpañcāśanmarmāṇī svenāṅgulaprimāṇonārdhā-
ṅgulapramāṇānyādiṣet | anyeṣāṃ tantrakṛtāṃ tilapramā-
ṇāni vṛīhipramāṇāni vā marmāṇiṣṭāni-ābhimatāni | "para-
mataṃmapratiṣiddhamanumatameva" ityasyāpi grantha-
kṛta etadeva matamiti bodhyam | § 7926

2.4.133 Aṣṭāṅgahr̥dayasaṃhitā

-----caturddhoktāḥ sirāstu yāḥ | | 63 | |
tarpayanti vapuḥ kṛtsnaṃ tā
marmāṇyāśritāstataḥ | | 64 | |
tatkṣatātkṣatajātyarthapravṛtterdhātusaṅkṣaye | | 64 | |
vṛddhaścalo rujastīvrāḥ pratanoti
samīrayan | | 65 | |
5 tejustaduddhṛtaṃ dhatte
tr̥ṣṇāśoṣamadabhramān | | 65 | |
svinnasrastaślathatanuṃ haratyenaṃ
tato+antakaḥ | | 66 | | § 7932

2.4.134 Sarvāṅgasundarā

yāḥ sirāścaturddhā uktāḥ-prāṅkṣirdiṣṭā vātapittakaphaju-
ṣṭaśuddharaktavāhinyaḥ saptasaṅkhyāḥ, kṛtsnaṃ-aśeṣaṃ,
śarīraṃ tarpayanti prīṇayanti, tā marmāṇyāśritāḥ-gatāḥ
prāptāḥ | tatkṣatādityādi | yata evaṃ sarvāḥ sirā marm-
5 āṇi prāptāḥ, tataḥ kāraṇāt-marmāśrayalakṣaṇāt, tatkṣatāt-
teṣāṃ marmaṇāṃ kṣataṃ tatkṣataṃ, tasmānmarmakṣatā-
tkāraṇāt, kṣatajasya-raktasya, atipravṛtṭiḥ | tasmātkṣatajā-
tyarthapravṛtteḥ kāraṇāt, yo dhātusaṅkṣayaḥ-paramparākramāyāto
māṃsādidhātvpacayaḥ, tasmin dhātukṣaye sati yo vṛddhaścalo-
10 vāyuḥ, sa tīvrāḥ-atyantaduḥkhadāyiniḥ, rujaḥ-śūlaviśeṣān,
pratanoti-karoti | kiṃ kurvan ? tejaḥ-pittaṃ, samīrayan-
udīrayan vṛddhiṃ nayan, tat-tejaḥ, uddhṛtaṃ- bṛhatsa-
mpannaṃ, tr̥ṣṇādīn dhattekaroti | tataḥ-anantaraṃ tr̥ṣṇ-
ādibhyaḥ, enaṃ-puruṣaṃ marmavidham, antako har-
15 ati | kimbhūtam ? svinnā srastā ślathā tanuryasya tam |
tadayamarthaḥ,-marmābhighate raktavāhinīnāṃ sirāṇāṃ
mukhavikāso jāyate | tadvikāsājīvitādhiṣṭhānasyāsṛjo+atyartham
yā niḥsṛtiryāvattasya kṣayaḥ, tatksayācca jīvitānāśaḥ, aśr-
ayābhavāt | § 7933

2.4.135 Aṣṭāṅgahr̥dayasaṃhitā

vardhayetsandhito gātraṃ marmaṇyabhigate
drutam | | 66 | |
chedanātsandhideśasya saṅkucanti sirā
hyataḥ | | 67 | |
jīvitam prāṇinām tatra rakte tiṣṭhati
tiṣṭhati | | 67 | | § 7936

2.4.136 Sarvāṅgasundarā

adhunā marmābhighāte cikitsāmāha- marmaṇyabhigate
sati, gātraṃ-śarīraṃ, āśveva cedayet | kutaḥ ? sandhitaḥ,-
sandhipradeśāt | hi-yasmāt, sandhideśasya cedanātsirāḥ
saṅkucanti-saṃvṛtamukhā bhavanti | varddhayediti va-
rddhachedanādāviti caurādikaḥ | ataḥ-sirāsaṅkocātkāraṇāt, 5
raktaṃ na bahirnisarati | tatra rakte tiṣṭhati-bahiravahati
sati, jīvitam tiṣṭhati | § 7937

2.4.137 Aṣṭāṅgahrdayasaṃhitā

suvikṣato+apyato jīvedamarmaṇi na marmaṇi | | 68 | |
prāṇaghātini jīvettu kaścidvaidyaguṇena
cet | | 68 | |
asamagrābhighātācca so+api
vaikalyamaśnute | | 69 | |
tasmatkṣāraviśāgnyādīn yatnānmarmasu
varjayet | | 69 | | § 7941

2.4.138 Sarvāṅgasundarā

yato marmābhighātakṣatāt prāṇī mriyate, nānyathā kṣa-
tamātrāt | ataḥ-asmātkāraṇāt, suṣṭhu kṛtvā viśeṣeṇa kṣ-
ato+apiparaśatairviddho+api, amarmaṇi viddho jīvet, na
tu marmaṇi viddho jīvet | kimbhūte ? prāṇaghātini | dv-
ividham hi marma-prāṇaghātyekamaparam vaikalyaka- 5
ram | tatra prāṇaghātini marmaṇi kuśāgreṇāpi viddho
na jīvati | atha puṇyavānniyatāyusca prāṇaghātinyapi
marmaṇi viddho vaidyaguṇenāsamagrasya-asakalasya,

marmaṇo+abhighātāśca kaścidyadi viddho jīvet, so+api
vaikalyamaśnute-vikalatāṃ prāpya jīvatītyarthaḥ | vai-
dyaśabdaḥ prādhānyādravyādipādatrayamupalakṣayati |
vaidyaguṇena-pādatrayasampattiyetyarthaḥ | yataścaivam
5 marmābhighātaḥ sāpāyaḥ prāṇoparodhakṛt, tasmātkāra-
nāt marmasu kṣārādīn yatnāt-tātparyeṇa, varjayet-pariharet
agnyādīnatrādiśabdena bhallātakarasakapikacchuśūkādī-
nāṃ grahaṇam | § 7942

2.4.139 Aṣṭāṅgahr̥dayasaṃhitā

marmābhighātaḥ svalpo+api prāyaśo
bādhatetarām | | 70 | |
rogā marmāśrayāstadvatprakrāntā yatnato+api
ca | | 70 | | § 7944
iti śrīvaidyapatisimhaguptasūnuśrīmadvāgbhaṭaviracitā
yāmaṣṭāṅgahr̥dayasaṃhitāyāṃ dvitīye śārīrasthāne
marmavibhāgo nāma caturtho+adhyāyaḥ | | 4 | |

2.4.140 Sarvāṅgasundarā

evaṃ marmābhighāto rakṣyaḥ | yasmānmarmābhighātaḥ
suṣṭvatiśayenālpo+api prāyaśo-bāhulyena, bādhatetarām-
atiśayena pīḍayati | na kevalam marmābhighāto bādhatē
yāvadrogaḥ api marmāśrayāstadvadbādhanā | yatnato+api-
5 ādareṇāpi, prakrāntāḥ-upakrāntāḥ, iti | § 7946
iti śrīmṛgāṅkadattaputraśrīmadaruṇadattaviracitāyāma-
ṣṭāṅgahr̥daya- ṭikāyāṃ sarvāṅgasundarākhyāyāṃ dvitīye
śārīrasthāne marma- vibhāgo nāma caturtho+adhyāyaḥ
samāptaḥ | | 4 | |

2.5 Unidentified passage. This is missing in the print edition.

athāto garbhavyāpadaṃ vyākhyāsyāmaḥ | | 1 | |

iti ha smāhurātreyādayo maharṣayaḥ | | 1 | | § 7949

atha prakaraṇyātagarbhavyāpaccikitsitaprada-
rśanārthamadyāyārambhaḥ | |

1 | | § 7950

strī cedāpannagarbhā

parihāryyānyāseveta | | 2 | |

tataśca yasyāḥ bastipārśvaśroṇiyonimukheṣu
śūlaṃ puṣpadarśanaṃ ca syāt tām
mṛdusukhaśīśirāstaraṇaśayanasthāmīśada-
vanataśīrasaṃ

śītapradehapariṣekādibhirupāca-
ret | | 2 | | § 7952

āpannagarbhā samprāptagarbhā strī

parihāryyānyāseveta cet tataśca yadyasyāḥ

śūlaṃ puṣpadarśanaṃ ca syāt tatastām

mṛduttvādiguṇayuktaśayanasthām śītaiḥ

pradehābhirupācaret | | 2 | | § 7953

tadyathā-sahasradhautena sarpiṣā+adhonābheḥ
sarvataḥ pradihyāt | | 3 | |

madhukasiddhasarpiṣā suśītena picumāplāvya
yonisamīpe sthāpayet | | 3 | |

gavyena payasā madhukāmbunā

nyagrodhādikaṣāyeṇa va pariṣecayet | | 3 | |

paripītatatsvarasāni ca tailāni yonau

nidhāpayet | | 3 | |

tacśṛṅgasiddhasya vā kṣīrasarpiṣaḥ

picum | | 3 | | § 7958

5

sahasradhautaṃ sarpiṣyadanekaśo+agnau

vilāpya śītodake prakṣipyā styānīkriyate |

madhukena siddhaṃ sarpistathoktam |

tacśṛṅgairnyagrodhādiśṛṅgaiḥ siddhasya

kṣīrasarpiṣaḥ picuṃ yonau dadyāt |

kṣīrameva pramathya sampāditaṃ sarpiḥ

kṣīraṅṛtam | | 3 | | § 7959

- atisravati tu rakte tata eva akṣamātram
prāśayet | | 4 | |
keva- lādeva vā kṣīrasarpiṣaḥ | | 4 | |
padmotpalakumudakiñjalkaṃ ca
samadhuśarkaram lehayet | | 4 | |
dhātakīgairikisarjarasāñjanacūrṇam vā
madhunā | | 4 | |
5 nyagrodhā- ditvakpravālakalkaṃ vā | | 4 | |
śaśaiṇahariṇarudhiraṃ vā sakṣaudraṃ
pāyayet | | 4 | |
ṛddhividārījīvantīrvā payasā | | 4 | |
nīlotpala- sitāpakvaloṣṭhacandanādi vā | | 4 | |
taṇḍulāmbuvāsārasānya- tareṇa | | 4 | |
10 gandhapriyaṅgusitotpalasālūkodumbaraśalāṭunya-
grodhaśṛṅgāni vā+a+ajena
payasā | | 4 | |
kaśerukamṛṇālakaśṛṅgātakakāśmaryaparūṣaka-
drākṣāsāri-
vāprapauṇḍarīkānantotpalakadambabījakvā-
thena vā śarka- rāmadhumadhureṇa
śālicūrṇam | | 4 | |
jīvanīyaśṛtaṃ vā kṣīram | | 4 | |
balātibalāśāliṣaṣṭikekṣumūlakākoliśṛtena payasā
samadhuśarkareṇa raktaśālyodanaṃ suśītaṃ
bhojayet | | 4 | |
śīta- vīryyajāṅgalarasena vā | | 4 | |
15 raktapittakriyāśca śodhanavarjyāḥ
prayuñjīta | | 4 | |
saumyāśca mano+anukūlāḥ kathāḥ | | 4 | | § 7975

rakte tvatisravati tata eva nyagrodhādisiddhāt
 kṣīrasarpiṣo+akṣamātram prāsayet |
 kevalādeva vā kṣīrasarpiṣo+akṣamātram na
 tu nyagrodhādiśṛṅgasiddhāt kṣīrasarpiṣaḥ |
 padmādikiñjalkaṃ ca madhuśarkarābhyāṃ
 yuktaṃ lehayet | madhunā vā
 dhātakyādicūrṇam | madhunaiva
 nyagrodhāditvacāṃ śṛṅgāṇāṃ ca kalkam |
 sakṣaudram va śaśādyanyatamarudhiram |
 ṛddhyādikaṃ ca payasa nīlotpalādīni
 taṇḍalāmbuvāsārasayoranyatareṇa | pakvo
 mṛlloṣṭhastathoktaḥ | ājena payasa
 gandhapriyaṇvādīni | kaśerukādīnāṃ
 kaṣāyeṇa
 mādhyasampādanamātrābhyāṃ
 śarkarāmadhubhyāṃ miśreṇa śālicūrṇam
 pāyayet | jīvanīyausadhaṣṭam kṣīram vā
 pāyayet | balātibalādiśṛtakṣīreṇa
 madhuśarkarāsaṃyuktena suśītam
 raktaśālyodanaṃ bhojayet | śītavīryyāṇāṃ ca
 jāṅgalānāṃ rasena vā suśītam
 raktaśālyodanaṃ bhojayet |
 śodhanavarjyāśca sarvā raktapittoktāḥ kriyāḥ
 yathāvasaram kurvīta | | 4 | | § 7976

adṛṣṭaśonitāṃ tu
 madhukapayasyāsuradārubhiḥ siddham
 payaḥ pāyayet | | 5 | |
 tāmravalyaśmantakaśatāvarīpayasyābhirvā | | 5 | |
 vidāryyādigaṇena vā | | 5 | |
 śvadamṣṭrāsvarasakṣīrasiddham vā
 sarpiḥ | | 5 | |
 palāṇḍurasasiddham vā sakṣaudram | | 5 | | § 7981 5

yadā tu śoṇitadarśanaṃ vinaiva bastyādau
śūlaṃ kevalaṃ bhavati | garbhinyāstathā tāṃ
madhukādisiddhaṃ payaḥ pāyayet |
tāmravalyādisiddhaṃ vā payaḥ |
vidāryyādigaṇasiddhaṃ vā |
śvadaṃṣṭrāsvarasakṣīrābhyāṃ vā siddhaṃ
sarpiḥ pāyayet | palāṇḍurasasiddhaṃ vā
kṣaudrayuktaṃ sarpiḥ | | 5 | | § 7982

asampūrṇatrimāsāyāstu puṣpadarśane garbhaḥ
prāyo na tiṣṭha- tyasañjātasāratvāt | | 6 | | § 7983

prathamānmāsādārabhya māsatrayaṃ
puṣpadarśane samyak cikitsito+api garbhaḥ
koṣṭhe na tiṣṭhatyasañjātasāratvāt |
sravatyevetyarthaḥ | tena
prathamamāsatrayaṃ puṣpadarśane prāyo
garbhaścikitsayāpi koṣṭhe na tiṣṭhati |
māsatrayādūrdhvamapi caturthādiṣvapi
māseṣvakāṭhinyāt | § 7984

āmānvaye cordhvamapi
viruddhopakramatvāt | | 7 | |
tatra rūkṣaśī- tāni prayuñjīta | | 7 | | § 7986

āmānvaye puṣpadarśane
viruddhopakramatvādgarbhaḥ koṣṭhe na
tiṣṭhati | āme hyuṣṇatikṣṇādikā kriyā | sā tu
garbhe viparītā | ato
viruddhopakramatvam | yatra
caturthādiṣvapi māseṣvāmānvayo nāsti, tatra
puṣpadarśane+api garbho vidhārayituṃ
suśakyate | tatra tvāmānvaye
rūkṣaśītānyauśadhāni prayuñjīta | | 7 | | § 7987

tadyathā-prāgupavāsaṃ tato
durālabhāmṛtośīraparpatāka-
ñanacandanātiviṣābalākaṭvaṅgadhānyākakv-
āthapānam | | 8 | |

tr̥ṇadhānyaśāliṣaṣṭikaṣṭikapeyāmaśanaṃ ca
mudgādiyūṣaiḥ | | 8 | |
jite tvāme snigdhaśītāni pūrvavat | | 8 | | § 7990

tadyathetyādinā teṣāmevopayogaviśeṣaṃ
darśayati | auṣadhāt pūrvamupavāsaḥ
durālabhādikvāthasya pānam |
tr̥ṇadhānyādiṣṭikapeyā mudgādiyūṣaiścāśanaṃ
prayuñjītetī sambadhyate | evamāme jite
prathamapuṣpadarśanavat
snigdhadīnyupayūñjīta | | 8 | | § 7991

āmagarbhe tu patite madyānāmanyatamaṃ
sāmarthyataḥ pāyayet | | 9 | |
garbhakoṣṭhaviśuddhyarthamartivismaraṇārthañca | | 9 | |
amadyapāṃ pāca- nīyadravyopahitābhiḥ
snehalavaṇavarjyābhiḥ satilābhi-
ruddālakādiyavāgūbhīrupācared yāvanto
māsāstāvāntya- hānīti | | 9 | |
tataḥ prīṇanairbalānurakṣibhīrasnehairāhārairā-
doṣadhātukleda-
śuddheḥ | | 9 | |
āmagarbhaśeṣeṇa hi punaḥ
punarakuśalamanaṣajyeta | | 9 | |
tasmāt tīkṣṇairanavaśeṣayannupācāret | | 9 | |
tataḥ param snehapānai- rbastibhīrāhāraiśca
dīpanīyapācanīyajīvanīyabr̥mhañīya-
madhuravātaharairiti | | 9 | | § 7998

5

āmagarbhapāte madyānāmanyatamaṃ
garbhiṇiṃ pāyayet |
prayojananirdeśastadguṇamanyat
pradarśayitum | amadyapā yā kenacit
kāraṇena madyaṃ na pibati tāṃ pācanīyadr-
avyasammiśrābhīrasnehalavaṇābhiḥ
satilābhiḥ tuṇadhānyayavāgūbhirupācaret |
yāvat saṅkhye māsi garbha pātastāvat
saṅkhyānyahāni ayaṃ kramaḥ |
tato+anantaramevādoṣādisuddheḥ
prīṇanādiguṇairāhārairupācaret | kuta
ityāha-āmagarbhaśeṣeṇetyādi | tadanu ca
snehapānairbastibhistathā
dīpanīyādiyuktairāhārairiti | | 9 | | § 7999

yasyāḥ punarmahati jātasāre garbhe
varjyānāmavarjanāt puṣpa- darśanaṃ
syādanyadvā yonisravaṇam | | 10 | |
tasyāstannimittam vāyuḥ prakupitaḥ
pittaśleṣmāṇau parigr̥hya garbhasya
rasavahāṃ nāḍiṃ
pratipīḍyāvatiṣṭhate | | 10 | |
tato nāḍyāṃ doṣaiḥ kulyāyāmiva
vahanādgarbho
vṛddhimanāpnuvannupaviśatyupaśuṣyati
vā | | 10 | | § 8002

mahati jātasāre
varjyāvarjanādyonirārttavamanyadvā kiñcit
sravati | tasyā yonisrutinimittam vāyuḥ
kupitaḥ san pittaśleṣmāṇau parigr̥hya yā tu
nāḍī māturāhārasāraṃ rasaṃ garbhasya
vahati tāṃ nāḍiṃ pratipīḍya tiṣṭhate |
tatastayā tadvṛddhayā nāḍyā kulyayeva
tṛṇādicśannayā kedāro garbho
vṛddhimaprāpnuvannupaviśatyupaśuṣyati
vā | | 10 | | § 8003

tatra yasyāḥ kādācitkārttavaparivrāvālpau ca
drśyete satataṃ ca garbhaḥ prāptāt
parimāṇādaparihīyamāna eva
sphurati | | 11 | |
na ca kukṣirvividhate, tamupaviṣṭakamityā-
cakṣate | | 11 | | § 8005

tatra dvau bhedau | eko vṛddhyaprāptiḥ dvitīya
upaśoṣaḥ | prathame kādācitkena srāveṇa
garbho na parihīyate | nāpi vardhate |
sphurati ca tamupaviṣṭakamityācakṣata
ācāryyāḥ | | 11 | | § 8006

yadā tu pratimāsamārttavaṃ pratyahaṃ vā
parivrāvaṇaṃ nātyalpaṃ ca tathā
parihīyamāṇo garbhaścirāt kiñcit
spandate | | 12 | |
kukṣiśca vṛddho+api parihīyate | | 12 | |
tadupaśuṣkakaṃ nāgodaraṃ ca | | 12 | | § 8009

dvitīye tvatisrāvāddṛddho+api parihīyate | cirāt
stokaṃ ca spandate | kukṣiśca vṛddho+api
parihīyate | taṃ garbhamupaśuṣkakanāgod-
araśabdābhyāmācakṣate | |
12 | | § 8010

tau tu māturāhāratejasā+alpenāpyāyyamānau
yadā puṣṭau syātāṃ
keśadaśanādiyuktau | | 13 | |
tadā varṣagaṇairapi pramadā prasūyeta
eva | | 13 | | § 8012

tau copaviṣṭakopaśuṣkakau māturāhāratejasa
svalpenāpyāyyamānau krameṇa yadā puṣṭau
syātāṃ tada keśadaśanādiyuktau
bahubhirapi varṣaiḥ pramadā prasūyeta | |
13 | | § 8013

5 tatra vātenopaviṣṭakopaśuṣkakayorvāyuh
pratihanyate | | 14 | |
saśabdaṃ phenilaṃ vicśinnaṃ
śakṛdupaveśyate | | 14 | |
mūtramuparudhyate | | 14 | |
kaṭīpr̥ṣṭhahṛdayeṣu vedanā | | 14 | |
jṛmbhā, nidrānāśo+abhīkṣṇaṃ pratiśyāyaḥ,
śuṣkakāsaḥ, sādah, kṣvedete iva karṇau,
tudyete iva śaṅkhau | | 14 | |
pipīlikābhiriva saṃsṛjyate śarīraṃ parir̥ntanniva
vāyurbhramati kuṣṣau tama iva
praveśyate | | 14 | |
duḥkhenānnasya jaraṇam | | 14 | |
aharahaḥ parihāniḥ | | 14 | |
sphuṭitavivarṇaparūṣatvaktvaṃ ca
bhavati | | 14 | | § 8022

tatretyādinā doṣaviśeṣeṇa
tayorlakṣaṇamucyate |
tatrāpathyaviśeṣasevayā
yadopaviṣṭakopaśuṣkakayorvāyorādhikeyaṃ
bhavati tadā tatra
vātahetukayorupaviṣṭakopaśuṣkakayoḥ
koṣṭhacaro vāyustābhyāṃ pratihanyate |
saśabdatādiyuktaṃ ca sakṛt
garbhīṇyupaveśyate | subodhamanyat | |
14 | | § 8023

pittena tāmraharitamupaveśyate | | 15 | |
dhūmako+amlakaśśardimūrcśākṣihṛdayadāhaḥ | | 15 | |
pītaraktagomūtrābhanetramūtranakhatvaktvaṃ
kālī durbalā nityaśūnā ca nārī
bhavati | | 15 | | § 8026

pittenobhayorgarbhīṇyāstāmraharitaśakṛdupa-
veśanādi subodham | gomūtravat
pītaraktanetrāditvam | | 15 | | § 8027

śleṣmaṇā madhurāsyatvamutkleṣaḥ
śleṣmodvamaṇaṃ bhaktadveṣaḥ
ṣvetahastapādanetratā kāsaḥ
śvāsaśca | | 16 | | § 8028

śleṣmaṇā tayorgarbhīṇyā madhurāsyatvādikam
bhavatīti doṣaviśeṣalakṣaṇam | | 16 | | § 8029

tayorjīvanīyabr̥mhaṇīyamadhurauṣasiddhānām
sarpiṣāmupayogaḥ | | 17 | |
tathā payasām rasānāmāmagarbhāṇām ca
garbhavṛddhikaraḥ | | 17 | |
tathā sambhojanametaireva ca
ṇṛtādibhiḥ | | 17 | |
subhikṣāyā abhīkṣṇam yānavāhanāpavarjjanab-
r̥mhaṇairupapādanam | | 17 | | § 8033

cikitsā tūbhayoḥ sāmānyena
jīvanīyādiśṛtasarpirādikā | eṣāmupayogo
garbhavṛddhikara ityārthaḥ | tathā etaireva
sarpirādibhiḥ sambhojanam saha bhojanam |
taireva ca subhikṣāyāstr̥ptāyā garbhīṇyā
yānavāhanādibhirapavarjanam |
upapādanamupaskāraḥ dānam | iti sāmānye-
nopaviṣṭakopaśuṣkakayorvivaddhanārthaṃ
cikitsitam | | 17 | | § 8034

atha viśeṣeṇa vāte pūrvameva
saindhavopahitaṃ kṣīrabastiṃ dattvā
śītodakasnātāṃ mṛdu śālyodanaṃ
bhojayet | | 18 | |
tato vidāryyādigaṇasādhitena
sarpiṣā+anuvāsayet | | 18 | |
nivātaṃ ca seveta | | 18 | | § 8037

vātādidoṣe viśeṣeṇa athetyādinā
kathayati-bastidānādanubhojanam |
tato+anuvāsanam | subodham | | 18 | | § 8038

pitte madhukavidārīniryūhasiddham payah
pibet | | 19 | |

tisrah sthūlakukkuṭīrnisuṣamāśādhakam ca
kṣīrodakenolūkhale sam̐kṣudya tadrasena
sarpiṣā ca tittirikapiñjalānyatararasam̐
sādhayitvā pāyayedupaviṣṭakavivardhanā-
rthamupaśuṣkakabr̥mhaṇārtham
ca | | 19 | |

ajāsarpiṣā kṣīreṇa jīvanīyaiśca sam̐skṛtām
yavāgūṃ pibet | | 19 | |

payasyā kākolīdvayasuniṣaṇḍakakalkena payasā
ca sarpirvipācayet | | 19 | |

5 tatkālyam̐ kṣīrānupānamupayuñjīta | | 19 | |

āma- garbharasena cāśnīyāt | | 19 | |

tāneva ca tatra bhr̥ṣṭān bhakṣayet | | 19 | |

jalacaramāṃsāni ca | | 19 | | § 8046

sthūlāśca tāḥ kukkuṭyastathoktāḥ tena

māṣakukkuṭīrasena sarpiṣā miśritena saha

tittireḥ kapiñjalasya vā rasam̐ sādhayitvā

upaviṣṭakavivardhanārthamupaśuṣkakabr̥-

mhaṇārthañca pāyayediti sambandhaḥ |

jīvanīyānām̐ yathāsam̐skāram̐ mātṛā |

payasyādīnām̐ caturṇām̐ kalkena

taccaturguṇam̐ sarpiḥ payasā snehasamena

vipacet | payasyā kṣīraavidārī | kālyam̐

prātaḥ | tasmīna kṣīrānupāne prayukte

bhojanakāle āmagarbhāṇām̐

tvacirakālajātānām̐ prāṇinām̐

rasenāvamaśnīyāt |

tānevāmagarbhām̐statraiva rase

bhr̥ṣṭānistālītān bhakṣayet tattajjalacāriṇām̐

ham̐sādīnām̐ māṃsāni ca | § 8047

kaphe tvānūpaudakapiśītopadam̐śāmacśasurām̐

trirātram̐ pañcarātram̐ saptarātram̐ vā

pibet | | 20 | |

tilamudgamāṣalavaṇabilvapātraiḥ | | 20 | |
pañcabhirñṛtapātram saṃyojya svanuguptam
nidhāpayet | | 20 | |
tataḥ prātaḥ piṇḍam bilvamātram
śṛtaśītacśāgadugdhanupānam
vā+aśnīyāt | | 20 | |
atraiva vā badara- cūrṇapātramapi
nidadhyāt | | 20 | | § 8052

piśitamupadaṃśaḥ pānopāyabhojanam yasyāḥ
surāyāstām | tilādīnām pañcānāmekīkṛtya
cūrṇasya pañcapātram ṛtasya pātreṇa
saṃyojya nidhāpayet | svanuguptam kṛtvaiṣa
tataḥ prayogaḥ | atraiva
badaracūrṇapātraprakṣepo dvitīyaḥ | pātram
śuṣkadravasya catuṣṣaṣṭipalāni |
ṛtasyāṣṭāvīṣatyadhikam
palaśatam | | 20 | | § 8053

evamavṛddhau
tīkṣṇairvirecayedaparāpātānīyaiśca
pātayet | | 21 | | § 8054

evam garbho na vardhate tadā garbhiṇīm
tīkṣṇairdravyairvirecayet aparāpātānīyairvā
prayogairgabham pātayet | | 21 | | § 8055

yasyāḥ punarvātopasṛṣṭasrotasi līno garbhāḥ
prasupto na spandate tam
līnamityāhuḥ | | 22 | | § 8056

līno nāma garbho yo garbhiṇyā
vātopasṛṣṭasrotasi līno na spandate | |
22 | | § 8057

tatra śyenotkrośagomatsyagodhāśikhikukkuṭati-
ttirīṇāmanyatamasya rasena bhūrisarpīṣkeṇa
māṣayūṣeṇa vā ṛtādhyena raktaśālyodanam
bhojayet | | 23 | |

saktūn vā tilamāṣabilvaśalāṭuyuktān payasa
pāyayet medyamāṃsopadaṃśaṃ vā
mārdvīkam | | 23 | |
tailena cābhīkṣṇamudaravaṅkṣaṇorukaṭīpārśva-
pṛṣṭhānyabhyajyāt | | 23 | |
muhurmuhuścaināṃ harṣayet | | 23 | |
pūrvoktaṃ cekṣeta | | 23 | | § 8062

tatra līne garbhe śyenādīnāmanyatamasya
rasena bahusarpīṣkeṇāthavā māṣayūṣeṇa
ṛtāḍhyena mūlakayūṣeṇa vā ṛtāḍhyena
raktaśālyodanaṃ bhojayet | saktūn vā
tilādisaṃyuktān kṣīreṇa pāyayet | bilvaśalāṭu
bālabilvam | medyaṃ meduram |
subodham | pūrvoktaṃ
garbhavṛddhikaroktam | | 23 | | § 8063

yasyāḥ punarudāvartavibandhaḥ syāttāṃ
vātaharasnigdhānnapānairupācaret | | 24 | |
aṣṭame tu māse madhukasiddhena
tailenānuvāsayet | | 24 | |
tadasiddhau vīraṇaśālikuśakāśekṣubālikāveta-
saparivyādhamūlānāṃ
bhūtīkānantākāśmaryaparūṣakamadhūka-
madhukamṛdvīkānāṃ ca
payasā+ardhodakenodgr̥hya rasam tena
priyālabibhītakamajjatilakayukteneṣalla-
vaṇoṣṇena
nirūhayet | | 24 | |
vigatavibandhāṃ ca snātāśītāṃ sāyaṃ tenaiva
tailenānuvāsayet | | 24 | | § 8067

yasyā ityādi subodham | aṣṭame māse
tvanuvāsanam tenānuvāsanenāsiddhau
vīraṇādīnām saptānām mūlānām
bhūtīkādinām yathāsambhavam mūlānām
phalānām ca kṣīrodakābhyām
anukvāthanena cūrṇamelanena
rasamudgr̥hya tena rasena
priyālādīkalkamiśreṇa
īṣallavaṇeṣaduṣṇena ca nirūhayet |
vīraṇam tṛṇaviśeṣaḥ | ikṣubālikā
karaṅkaśālirikṣuḥ parivyādho jalavetasāḥ |
vigatodāvartavibandhām cānuvāsayet |
tenaiva madhukasiddhena tailena | |
24 | | § 8068

udāvarto hi samupekṣitaḥ sahasā sagarbhām
garbhiṇīmatipātayet | | 25 | | § 8069

avaśyam codāvartte cikitsām kuryāt | yat
udāvarta upekṣitaḥ sahasa śīrṇameva
sagarbhām garbhiṇīm hanyāt | | 25 | | § 8070

yasyāḥ punaratimātradoṣopacayādyathoktairvā
vyavāyādibhiranyairvā vyādhibhiḥ
pūrvopacitena vā jananyapatyayoḥ karmaṇā
bandhanānmucyate garbhaḥ phalamiva
vṛntātsamuktabandhano
garbhaśayyāmatikramya
kṛtaplīhāntravivarairavasraṃsamānaḥ
koṣṭhasaṃkṣobhamāpādayati | | 26 | |
tataḥ koṣṭhasaṃkṣobhādvāyurapāno mūḍhaḥ
kuṣṭhibastipārśvodarayoniśūlānāhaviṇmūtra-
saṅgānāpādya garbham cyāvayati taruṇam
śoṇitabhāvena | | 26 | |
so+abhihitaḥ prāk | | 26 | | § 8073

yasyā ityādi subodham | garbhasya bandhanam
yatra tatra māturanubandho bhavati
paripoṣārtham | vṛntādyena śākhāyām
nibadhyate phalam | sa vyāpanno garbha
āmaḥ san śoṇitabhāvenāpi prasūyate | tatra
ca vidheyamuktam | | 26 | | § 8074

5 vivṛddhe tu garbhe stabdham stimitam
śītamaśmagarbhāmivodaramābhāti | | 27 | |
śūlamadhikamupajāyate | | 27 | |
na ca spandate garbho nā+a+avyaḥ
prādurbhavanti | | 27 | |
na sravati yonirakṣiṇī cāsyāḥ sraṃsyete | | 27 | |
tathā bhr̥samaratiparītā vyathate+anyathā
ceṣṭate tāmyati bhr̥myati
rodityaharnīsam | | 27 | |
na svapiti | | 27 | |
pūtyucśvāsā kṛcśrācśvasityatikaṣṭam
prāṇiti | | 27 | |
jaksītītyevam̐vidhām striyam̐ mṛtagarbhām
vidyāt | | 27 | | § 8082

yadā tu vṛddho vyāpadyate tadā garbhiṇyāḥ
stabdhodarativādikaṃ karoti | āvyo
garbhaprasavavedanāḥ | akṣṇoḥ sraṃso
bandhaḥ bhraṃśaḥ | pūtirucśvāso yasyāḥ sā
tathoktā | atikaṣṭam̐ prāṇiti | kathamapi
ceṣṭāsu prabhavati | jīvati vā kaṣṭam̐ ca
jaksītibhakṣayati | svapiti vā
ityevam̐vidhalakṣaṇayuktām striyam̐
mṛtagarbhām̐ vidyāt | § 8083

taṃ tu garbham̐
kadācidasamyagapatyapathamanekadhā
pratipannaṃ viguṇeneva vāyunā pīḍitam̐
mohitam̐ ca mūḍhagarbhāmityāhuḥ | | 28 | |
viguṇānilapratipīḍanavaicitryādasaṅkhyagatiṃ
ca | | 28 | | § 8085

taṃ garbhaṃ kadācidvātavaśādasamyaganārja-
venāpatyapathaṃ yonimārgaṃ pravṛttaṃ
vāyunā pīḍitaṃ mohitamaspandaṃ
mūḍhagarbhamilyāhurācāryyāḥ |
vāyupīḍanavaicitryācca tasya
garbhasyāsaṅkhyagatitvam | | 28 | | § 8086

samāsatastu trividhā gatirurdhvā, tiryyaṅ,
nyubjā ca | | 29 | |
samsthānāni punaraṣṭau | | 29 | |
tānyatraivottaratra vakṣyante | | 29 | | § 8089

samkṣepeṇa trividhā gatirūrdhavadibhedena |
ūrdhvā yasyāmutthito garbha āyāti | tiraścīnā
garbhiṅpārśvayoḥ kṛtapādaśirasaḥ | nyubjā
adhaśśirasa ūrdhwapādasya | tasya ca
garbhasyāṣṭau samsthānāni | tāni ca
vakṣyante- 1. sakthibhyāmāgamanamekam |
2. ekena sakthnā dvitīyam | 3. sphīnmūlena
tṛtīyam | 4. tiryyak caturtham | 5.
pārśvavṛttaśirasaḥ pañcamam | 6.
bāhudvayena ṣaṣṭham | 7. vakreṇa pṛṣṭhena
pāṇipādaśirasā yonimukhāgamaṇam
saptamam | 8. ekena pādena yoniṃ dvitīyena
gudamityaṣṭamam | | 29 | | § 8090

teṣu sarveṣvapi
viparītendriyārthāmākṣepayonibhramśasa-
mvaraṇamakalaśvāsabhramābhipannāṃ
śītagātrāṃ pūtyudgārāṃ ca
varjayet | | 30 | | § 8091

teṣu sarveṣvapi mūḍhagarbheṣu
viparītendriyārthatvādiyuktāṃ garbhiṅim
varjayet | na cikitseditarthāḥ | | 30 | | § 8092

na tu kṣaṇamapyupekṣeta garbhaśalyam | | 31 | |

tadvinirucśavāsīkr̥tyā+a+aśu jananīm
hanyāt | | 31 | | § 8094

śalyabhūtaṃ garbhaṃ mṛtaṃ santam
kṣaṇamapi bhiṣaṅnopekṣeta | taddhi
garbhaśalyaṃ jananyā ucśvāsarodham kṛtva
tām hanyāt | | 31 | | § 8095

sacetanaśca garbhaḥ śastreṇa vidāryyamāṇo
viṣayamaṅgāni vikṣipet | | 32 | |
tasmāt tatsaṅge sūtyaḥ prayateran purvoktāni ca
mantrauśadhāni prayuñjīta | | 32 | | § 8097

avijñānācca sacetano+api garbhaḥ śastreṇa
vidāryyamāṇo viṣamaṃ kṛtvāṅgāni vikṣipan
nirucśvāsīkr̥tya jananīm hanyāditi
sambandhaḥ | tasmāttasya jivato garbhasya
saṅge aprasave sūtyo yā
anubhūtānekaprasavāstāḥ | prasavāya
nānāvidhairupāyaiḥ prayateran | | 32 | | § 8098

trividhastu saṅgo bhavati | | 33 | |
śirasyaṃse jaṇane vā | | 33 | |
tasya hi saṅgastrividho bhavati | | 33 | |
mūḍhagarbhanirharaṇantatra matāntarāṇi
mūḍhagarbhasya tu jarāyupātanasāmānyaṃ
karmetyeke | | 33 | |

5

mantrādika-
rmātharvavedavihitamityeke | | 33 | |
dṛṣṭakarmanā śalyahartrā śalyā-
haraṇamityeke | | 33 | | § 8104

yaḥ punarmūḍhagarbhastasya ike ācāryyāḥ
acetanasāmānyājjarāyupātanasadṛśaṃ
karmeti kathayanti | anye mantrādikam
daivehetoḥ | kec-
idā+a+aharaṇamāśukāritvātpratyakṣopāyatvācca | § 8105

na tvataḥ kaṣṭatamamasti śaṣṭrakarma | | 34 | |
yato yoniyakṛtphāntragarbhaśayādīnām
madhye tānanupahiṃsatā+asparśavatā
śaṣṭramavacāryyamutkarṣaṇavyāvartanotka-
rtanacśedanabhedanapīḍanarjūkaraṇāni
caikena pāṇinā kāryyāṇi | | 34 | | § 8107

ato garbhaśaṣṭrakarmaṇo+anyacśaṣṭrakarma
kaṣṭatamaṃ nāsti | yato yonyādīni rakṣyāṇi
sparśanenaiva
śaṣṭramavacāryyamadrṣṭigocaravāt |
ekenaiva pāṇinotkarṣaṇādīni
kāryyāṇītyatikaṣṭam | | 34 | | § 8108

tasmādīśvaramāpṛcśya paraṃ ca yatnamāsthāya
tadvidyasahitastamupakramet | | 35 | |
akriyāyāṃ dhruvaṃ maraṇam | | 35 | |
upakrame saṃśayaḥ | | 35 | |
tathodarā+aśmarīprabhṛtīnapi | | 35 | | § 8112

tasmādbhiṣagīśvaramāpṛcśya yathā
mṛtāyāmayaśasā yogo na bhavātīti | paraṃ ca
yatnamāsthāya kṛtābhyāśaiśca bhiṣagbhiḥ
śastreṇopakrameta | yasmādanāharaṇe
garbhasya garbhiṇyāśca dhruvamavaśyaṃ
mṛtyurbhavati | upakrame tu saṃśayaḥ |
prasaṅgādudārādīnāmapyevaṃ
vijñeyam | § 8113

athottānāyā vyābhugnasakthyā
vastracumbalānnamitakaṭipradeśyāśca dha-
nvanāgavṛntikāśālmalīpicśānṛtairabhyajya
hastam yoniṃ ca garbhamāharet | | 36 | | § 8114

vyābhugne saṅkucite sakthinī | vastracumbalam
paṭṭamayāḥ komalapiṇḍaḥ | nāgavṛntikā
sallakī svanāmikā | vā nāgamṛttiketi pāṭhaḥ |
hastam bhiṣajaḥ | ityuttānāyā
garbhamāharet | | 36 | | § 8115

tatra sakthibhyāmāgatasyānulomamāñśanam-
eva | | 37 | |
ekasakthiprapannasyetaraṃ sakthiṃ
prasāryya | | 37 | |
sphigdeśāgatasya sphigdeśaṃ
pratiśidhyordhvamutkṣipya sakthini
prasāryya | | 37 | |
tiryyagāgatasya pariṅsyevāparārdhamutkṣipya
pūrvārdhamapatyapathaṃ
pratyārjavamānīya | | 37 | |
5 pārsvāpavṛttaśirasom+asaṃ
pratipīḍyordhvamutkṣipya
śiro+apatyapathamānīya | | 37 | |
bāhudvayaprapannasyordhvamutpīḍyā+asau
śiromūlamānīya nirharet | | 37 | | § 8121

tatretyādi ācśānamātmadikkarṣaṇam | sakthini
prasāryya tannirharediti sambandhaḥ |
sphigdeśaṃ yonimukhādantairnītvā pāḍau
yonimukhamānīya | sakthini prasāryya
garbhasya | pariṅo daṇḍākāra āyudho
yonimadhye hi tatparivartane śinattīti |
pūrvārdham śirobhāgaḥ | pārsve vakraṃ śiro
yasya | tasyām sampratipīḍya śira
apatyapathamānīya nirharet | | 37 | | § 8122

yastvābhugnamadhyāḥ pāṇipādaśirobhiryonim
pratipadyate | | 38 | |
yaścābhugna ekena pādena yonim dvitīyena
pāyum | | 38 | |
tau mūḍhau hastenāhartumaśakyāviti
śastramavacārayet | | 38 | | § 8125

yau vā tābhyām samsthānābhyām
mūḍhagarbhau tau dvāveva
hastenāharttumaśakyatvāt
śastradāraṇamarhataḥ | | 38 | | § 8126

atha striyamāśvāsya maṇḍalāgreṇāṅguliśastreṇa
vā (śiro) vidāryya śirāḥ kapālānyāhr̥tya
garbhaśaṅkunā gr̥h̥tvā cibuke tālunyurasi
kakṣyāyāṃ vā+apaharet | | 39 | |
abhinnaśirasam cākṣikūṭe gaṇḍe vā | | 39 | |
tathāsaṃsaktasyāṃsadeśe bāhum̄ śitvā | | 39 | |
dṛṭterivādhmātasya
vātapūrṇamudaramavadāryya nirasyāntrāṇi
śithilībhūtamāharet | | 39 | |
jaṇanasaktasya jaṇanakapālāni 5
dārayitveti | | 39 | | § 8131

athetyādi subodham | garbhaśaṅkuḥ pūrvoktaṃ
vakravaktraṃ yantram | garbhasya hi
kakṣyādyāsajjane baḍīśavat | yasya tu
yuktivaśāt kapālānyavidāritāni tasyākṣikūṭe
gaṇḍe vā śaṅkvā baḍīśavat sakthiḥ | |
39 | | § 8132

yadyadvāyuvaśādaṅgaṃ sajjedgarbhasya
khaṇḍaśaḥ | | 40 | |
tattacśitvā haretsamyagrakṣetrārīm ca
yatnataḥ | | 40 | | § 8134

api ceti samuccaye | yadityādi subodham | |
40 | | § 8135

athāpatantīmaparāṃ
pāyayepūrvavadbhiṣak | | 41 | |
evaṃ nirhr̥taśalyāntu siñceduṣṇena
vāriṇā | | 41 | |
dadyādabhyaktadehāyai yonau snehapiḥ
tataḥ | | 41 | |
yonirmṛdurbhavattena sūlam̄ cāsyāḥ
praśāmyati | | 41 | |
dīpyakātiviṣārāsnāhimḡvelāpañcakolakāt | | 41 | | 5

cūrṇaṃ snehena kalkaṃ vā kvāthaṃ vā
pāyayettaḥ | | 41 | |
kaṭukātiviṣāpāṭhāsākatvaghīṅgutaijanīḥ | | 41 | |
tadvacca doṣasyandārthaṃ vedanopaśamāya
ca | | 41 | |
trirātramevaṃ saptāhaṃ snehameva tataḥ
pibet | | 41 | |
5 sāyaṃ pibedariṣṭaṃ ca tathā
sukṛtamāsavam | | 41 | |
śirīṣakakubhakvāthapicūnyonau ca
nikṣipet | | 41 | |
upadravāśca ye+anye
syustānyathāsvamupācaret | | 41 | |
payo vātaharaiḥ siddhaṃ daśāhaṃ bhojane
hitam | | 41 | |
raso daśāhaṃ ca param
laṅupathyālpabhojanā | | 41 | |
10 snehābhyaṅgaparā snehān balātailādikān
bhajet | | 41 | |
ūrdhvañcaturbhyo māsebhyaḥ sa krameṇa
sukhāni ca | | 41 | | § 8151

mṛtagarbha āhate yā+avaśiṣṭa+aparā sa
 pūrvoktā | dīpyakādīnāṃ samānāṃ cūrṇaṃ
 snehena nṛtādyanyatamena yathāyogyāṃ
 pāyayet | teṣāmeva kalkaṃ va | kalko
 jalapiṣṭadravyam | dīpyakādivat kaṭukādīni |
 evamevaauśadhena trirātramāsīta doṣasrāvāya
 vedanopaśamāya ca | doṣo na vātādiḥ | apitu
 raktapicśādīḥ | tryahādūrdhvaṃ snehameva
 saptarātram pibet |
 auśadhapraṭiśedhārthamevakāraḥ | evaṃ
 sāyamariṣṭaṃ prātaḥ snehe pīte | upadravā
 jvarādayo vyādhayaḥ | evaṃ
 tryahamauśadham | snehaḥ saptarātram |
 daśāhaṃ payaḥ | daśāhaṃ māṃsarasa iti
 kramaḥ | tato+anantaraṃ snehābhyaṅgaparā
 satī vātavyādhinirdiṣṭān balātailādīkān
 bhajet | ādiśabdena tatsvarūpāṇāmanyēṣāṃ
 grahaṇam | tataścaturthamāsāntaṃ
 yāvallaṅubhojanatvādiyuktā,
 pañcamānmāsādārābhya krameṇa na sahasa
 yatheṣṭāni sukhāni bhajet | | 41 | | § 8152

atha balātailamupadekṣyāmaḥ | | 42 | |
 balāmūlākaṣāyasya bhāgāḥ ṣaṭ | | 42 | |
 tāvanta eva payaso
 yavakolakulatthadaśamūlaka- ṣāyasya bhāgo
 bhāgaścaturdaśastailasya | | 42 | |
 tatsarvamaikadhyāṃ kṛtva ślakṣṇapiṣṭāni
 cāvāpya kākolīkṣīrakākolī-
 jīvakarṣabhakamudgaparṇīmāṣaparṇīmedā-
 kṣīraśuklāmadhu-
 kadevadārumañjiṣṭhācandanaśārivātagara-
 kuṣṭhaśatāvaryyaśva-
 gandhāpunarnavāśatapušpāvarāpatrarasasa-
 ralaśaileyailāvacā-
 +agarukālānusārisaindhavāni
 śanairmṛdvagninā sādhayitvā
 subhājane+anuguptaṃ nidadhyāt | | 42 | |

eṣa bhagavato dhanvantare- rabhimatastailarājo
rājñāṃ rājamātrāṇāṃ sūtikanāṃ kṛśānāṃ
śīsūnāmatitavayasāṃ sukumārāṇāṃ sūlināṃ
mahāgraha- gṛhītānāṃ
dīrṅnarogakṣapitavapuṣāṃ
marmaviddhapatitābhihata-
bhagnaviśliṣṭadehānāṃ
daivopañātātabhiśaptamanojvaraparī- tānāṃ
pānanāvanābhyaṅgabastiṣu
prayojyaḥ | | 42 | |
tena bala-
pauruṣasmṛtimatimedhāgnivīryyaujāṃsi
vivardhante | | 42 | |
pakṣā- nātākṣepakārdditādivividhavātavikāra-
gulmahikkāśvāsa- kāsā
nivartante | | 42 | |
aharahaścopayujyamāne ṣaṅmāsādantra-
vṛddhiḥ praśāmyati ca | | 42 | |
5 vandhyā ca putraṃ guṇavantamicśayā labhata
iti | | 42 | | § 8161

snehān bhajedyukti prasaṅgena
balātailamekamucyate | dvitīyaṃ tu
balāśataṃ
śinnaruhāpādamiyādiśabdayuktaṃ
vakṣyate | atheti maṅgalārthaḥ |
balāmūlakvāthasya ṣaḍ bhāgāḥ | kṣīrasya
ṣaḍevaṃ dvādaśa | yavādīnāṃ trayāṇāṃ
caturthasya daśamūlasya caikīkr̥tya
kvāthasyaiko bhāgaḥ | evaṃ trayodaśa
bhāgāḥ kvāthasya | caturdaśo
bhāgastailasya |
tailāccaturthabhāgenāvāpanam |
kvāthyadravyāṇāṃ jalāt ṣoḍaśāṃśam
mānam | kvāthadravyāccaturguṇaḥ
kvāthaśeṣaḥ | daśamūlasamudāyasya
yavādyanyatamasamatvam | kākolyādīnāṃ
parasparasamatvam | kṣīraśuklā kṣīrakākolī |
patraṃ gandhapatraṃ | raso bolāḥ |
kālānusāryyamuśīram | evaṃ
dvātriṃśadāvāpanadravyāṇi | | subodham | |
42 | | § 8162

bhavanti cātra- bastidvāre vipannāyāḥ kuḥṣiḥ
praspandate yadi | | 43 | |
janmakāle tataḥ śīraṃ
pāṭayitvoddharecśīsum | | 43 | | § 8164

bhavanti cātreṭi tantrarītiḥ | garbhasya
janmakāle jīvato yadi mātā vipannā syāttataḥ
kuḥṣipraspandanena jīvantam garbham
viditvā tato bastidvāre vipāṭya
tamuddharet | | 43 | | § 8165

madhukaṃ śākabījaṃ ca payasyā suradāru
ca | | 44 | |
āśmantakaḥ kṛṣṇatilāstāmraṅgā śatāvarī | | 44 | |
vṛkṣādānī payasyā ca latā cotpalaśārivā | | 44 | |

- anantā śārivā rāsnā padmā ca
madhuyaṣṭikā | | 44 | |
br̥hatīdvayakāśmaryyakṣīriśṛṅgatvaco
ṛṇtam | | 44 | |
pr̥śniparn̥ībalāśigruḥ
śvadamṣṭrāmadhuparn̥ikā | | 44 | |
śṛṅgātakam̐ bisam̐ drākṣā kaśerumadhukam̐
balā | | 44 | |
5 saptaitān payasa
yogānardhaślokasamāpanān | | 44 | |
kramāt saptasu māseṣu garbhe sravati
yojayet | | 44 | | § 8174
- madhukādīni catvāri prathame māse garbham̐
sravati yojayediyathāyogyakalpanayā
āsmantakādīni dvitīye | āsmantako
bhālukaḥparṇaḥ | tāmrvallī rāmataruṇī
mañjiṣṭhā vā | vṛkṣādanyādīni pañca ṛtīye |
vṛkṣādānī drumavyādhiḥ | saiva vandākaḥ |
latā priyaṅguḥ | anantādīni pañca caturthe
māsi yojayet | anantā dūrvā | padmā
padmacāriṇī | ṛṇtam̐ yathopayogam̐ |
kṣīrivṛkṣānām̐ śṛṅgatvaco yathālābham̐
pañcame | śṛṅgamaṅkuram̐ |
pr̥śniparn̥yādīni ṣaḍ ṣaṣṭhe | śvadamṣṭrā
gokṣurakaḥ | madhuparn̥ikā jīvantī |
śṛṅgātakādīni saptame | | 44 | | § 8175
- kapitthabilvabr̥hatīpaṭolekṣunidigdhakāt | | 45 | |
mūlaiḥ śṛtam̐ prayuñjīta kṣīram̐ māse
tathā+aṣṭame | | 45 | |
navame
śārivānantāpayasyām̐madhuyaṣṭibhiḥ | | 45 | |
yojayeddaśame māsi siddham̐ kṣīram̐
payasyayā | | 45 | |
5 athavā yaṣṭimadhukanāgarāmaradāru-
bhiḥ | | 45 | | § 8180

iti vaidyapatisiṃhaguptasya sūnorvāgbhaṭasya
kṛtau aṣṭāṅgasamgrahasamhitāyāṃ
śārīrasthāne garbha- vyāpannāma
caturtho+adhyāyaḥ kapitthādīnāṃ śaṅṅāṃ
mūlaiḥ śṛtaṃ kṣīramaṣṭame |
śārīvādicatuṣṭayena navame | payasyayā
daśame | athavā yaṣṭimadhukāditrayeṇa
daśame | sarvaṃ br̥mhaṇamāmānvayaṃ
vinā jñeyam | | 45 | | § 8181
iti śrīmanmahāmahopādhyāyenduviracitāyā-
maṣṭāṅgasamgrahavyākhyāyāṃ śāsīlekhāyāṃ
śārīrasthāne caturtho+adhyāyaḥ

2.6 vikṛtīvijñānīyo+adhyāyaḥ : 5

2.6.1 Aṣṭāṅgahr̥dayasamhitā

athāto vikṛtīvijñānīyaṃ śārīraṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 8184

2.6.2 Sarvāṅgasundarā

prakṛtiḥ-svabhāvaḥ, prakṛteḥ-svabhāvāt, pracyutiḥ-vikṛtiḥ,
tasyā vijñānaṃ-avabodhaḥ, sa vidyate yasminniti "matou
chaḥ sūktasāmnoḥ" iti chaḥ, "adhyāyānuvākayorluk" iti ta-
sya pākṣikatvāna luk, vikṛtīvijñānīyaḥ, taṃ śārīraṃ vyā-
khyāsyāmaḥ | śeṣaṃ pūrvavat | vikṛtiḥ punaratra riṣṭam- 5
eva vijñeyam | § 8185

2.6.3 Aṣṭāṅgahr̥dayasamhitā

puṣpaṃ phalasya dhūmo+agnervarṣasya
jaladodayaḥ | | 1 | |
yathā bhaviṣyato liṅgaṃ riṣṭaṃ mṛtyostathā
dhruvam | | 1 | |

(āyusṃmati kriyāḥ sarvāḥ saphalāḥ
samprayojitāḥ | | 1 | |
bhavanti bhiṣajām bhūtyai kṛtajña iva
bhūbhujī | | 1 | |
kṣīṇāyusi kṛtaṃ karma vyartham
kṛtamivādhome | | 2 | |
ayaśo dehasandeham svārthahāniṃ ca
yacchati | | 2 | |
5 tarhīdānīm gatāsūnām lakṣaṇam
sampracakṣate | | 3 | |
vikṛtiḥ prakṛteḥ prājñaiḥ pradiṣṭā
riṣṭasaṃjñayā) | | 3 | | § 8193

2.6.4 Sarvāṅgasundarā

yathā phalasya bhāvino-bhaviṣyataḥ puṣpam, agnerbhāvino
dhūmaḥ, varṣasya bhāvino jaladodayaḥ, tathā-tenaiva
dr̥ṣṭāntena, mṛtyorbhaviṣyato riṣṭam liṅgam-gamakam,
dhruvam-niścitam | druvaśabdanirdeśādidaṃ dyotayati,-
5 riṣṭacchāyānukāri tadābhāsarūpaṃ mṛtyorna liṅgamiti |
§ 8194

2.6.5 Aṣṭāṅgahr̥dayasaṃhitā

ariṣṭam nāsti maraṇam dr̥ṣṭariṣṭam ca jīvitam | | 2 | | § 8195

2.6.6 Sarvāṅgasundarā

na vidyate pūrvam riṣṭam yasya maraṇasya tadariṣṭam ta-
thāvidham maraṇam nāsti | tathā, dr̥ṣṭam riṣṭam yasya jī-
vitasya tadevam̐bhūtam jīvitamapi nāsti | yattu puṣpāda-
r̥sane+api vaṭavr̥kṣādau phalasadbhāvo dr̥śyate, tattu kv-
5 achideva na sarvatra, iti nāyam doṣo+atra cintyaḥ | § 8196
nanu, "dr̥ṣṭariṣṭam jīvitam nāsti" ityayuktametad, vya-
bhicārāt | | 2 | | tathā ca vakṣyati (ślo. 128)-

"yaṃ naraṃ sahasā rogo durbalaṃ
parimuñcati | | 2 | |
saṃśayaprāptamātreḥ jīvitam tasya
manyate | | 2 | | § 8199
" ityāha----- | | 2 | |

ariṣṭe riṣṭavijñānaṃ na ca
riṣṭe+apyanaipuṇāt | | 2 | | § 8200

§ 8201

2.6.7 Sarvāṅgasundarā

paramārthena yadriṣṭatvena na ca niścayīkṛtaṃ, tasmi-
nnariṣṭe riṣṭavijñānaṃ-riṣṭatvāvagamaḥ | na ca riṣṭe+api
riṣṭavijñānaṃ keṣāñcidbhavati | kuto hetoḥ ? ityāha-
anaipuṇāt | nipuṇasya bhāvo naipuṇam | "hāyanāntay-
uvādibhyo+aṅ" ityaṅ | na naipuṇamanaipuṇam tasmāt 5
mithyājñānādityarthaḥ | tadevaṃ yadabhrāntariṣṭam tad-
avyabhicāritvānmarāṇam niścitaṃ sūcayati | yadanyadri-
ṣṭacchāyānukāri "yaṃ naraṃ sahasā rogo" ityādilakṣaṇam
tadbhrāntameva | yathā-adhūme bāṣpādu dhūma iti jñ-
ānam | na ca tasmānmithyājñānādagnyupalabdhirniścitā 10
bhavati | tasmādyuktamuktaṃ "ariṣṭam nāsti marāṇam"
ityādi | munirapyāha (?) (saṅgrāhe+apyuktaṃ, śā. a.10)
_ "ariṣṭam nāsti marāṇam dṛṣṭariṣṭam ca jīvitam | ariṣṭe-
riṣṭavijñānaṃ na ca riṣṭe+apyanaipuṇāt | | iti | suśrutastu
paṭhati (sū. a. 28/5)-"dhruvaṃ hi riṣṭe marāṇam brāhm- 15
aṇaistatkilāmalaiḥ | rasāyanatapodānatatparairvā nivāry-
ate | | iti | § 8202

2.6.8 Aṣṭāṅgahr̥dayasaṃhitā

kecittu taddvidhetyāhuḥ
sthāyyasthāyivibhedataḥ | | 3 | | § 8203

2.6.9 Sarvāṅgasundarā

kecidācāryāstat-riṣṭaṃ, dvidhā vadanti | katham ? ityāha-
sthāyītyādi | ṛṭīyārthe tasiḥ | sthāyyasthāyibhedena dvi-
prakāram | § 8204

2.6.10 Aṣṭāṅgahr̥dayasaṃhitā

doṣāṇāmapi bāhulyādgiṣṭābhāsaḥ samudbhavet | | 3 | |
sa doṣāṇāṃ śame śāmyetsthāyyavaśyaṃ tu
mṛtyave | | 4 | | § 8206

2.6.11 Sarvāṅgasundarā

apīśabdaḥ samuccaye bhinnakramaḥ | riṣṭābhāsaśca doṣā-
ṇāṃ bāhulyātsamudbhavet | doṣāṇāṃ śame-doṣāṇāṃ śā-
ntau satyāṃ, saḥ-riṣṭābhāsaḥ, śāmyet-na tu maraṇāya sa-
mpadyate | sthāyi tu riṣṭamavaśyaṃ mṛtyave-maraṇāya,
5 jāyate | nanu, "ariṣṭaṃ nāsti maraṇaṃ" ityayuktamivā-
bhāti | riṣṭamantareṇāpyakālamṛtyo rājacaurāgnyudakād-
ibhirdarśanāt | atra sañcākṣmahe | kālamṛtyoreva riṣṭapū-
rvakatvāt | tathā cha vakṣyati (ślo.14)-sarve te kālachodi-
tāḥ | " tathā ca (ślo.61)-vaśagāḥ samavartinaḥ | " iti | sama-
10 vartī hi kālamṛtyureva | § 8207

2.6.12 Aṣṭāṅgahr̥dayasaṃhitā

rūpendriyasvaracchāyāpraticchāyākriyādiṣu | | 4 | |
anyeṣvapi ca bhāveṣu
prākṛteṣvanimittataḥ | | 5 | |
vikṛtiryā samāsenā riṣṭaṃ taditi
lakṣayet | | 5 | | § 8210

2.6.13 Sarvāṅgasundarā

rūpaṃ-gaurādivarṇaviśeṣaḥ, gauraḥ śyāmaḥ kṛṣṇo gau-
raśyāmaḥ kṛṣṇaśyāma itī dehaprakṛtivarṇāḥ | tadbhed-

āstu padmagaurādayaḥ | "nīlaśyāmatāmrahāridraśuklād-
 ayastu vikṛtayaḥ" (saṃ.śā. a.9)- tathā, cakṣuṣā yadgrā-
 hyaṃ vastujātaṃ saṃsthānādi tadapi rūpaṃ | indriyāṇi-
 cakṣurādīni | svaraḥ-śabdaḥ, pratipurusaṃ viśiṣṭo ra- 5
 vaḥ | chāyā-varṇaprabhāśrayā vakṣyamāṇalakṣaṇā | prati-
 cchāyā pratibimbam | kriyā-dehavāṇmānovyāpāraḥ | tatra
 dhāvanaplavanādyanekarūpo vyāyāmo nṛtyasthānakādih-
 kāyiko vyāpāraḥ | gītādhyayanādih-vāciko vyāpāraḥ | rāgadveṣabhayaṣy
 mānasaḥ | ādiśabdo+anyeṣāmapī śārīragatānām bhāvā-
 nām grahaṇārtham | rūpaṃ cendriyāṇi ca svaraśca cch- 10
 āyā ca praticchāyā ca kriyādayaśca, teṣu rupādiṣu bh-
 āveṣu, tathā+anyeṣvapi prākṛteṣu bhāveṣu, animitataḥ-
 akasmānnimittamantareṇaiva, yā vikṛtiḥ sā (tat) samāseṇa
 riṣṭamiti lakṣyet-jānīyāt | prakṛtau bhavāḥ _ -prakṛtāḥ |
 yathā vātaprakṛtau caladhṛtismṛtyādayaḥ | tadevaṃ rūp- 15
 ādiṣu bhāveṣu kriyādiparyanteṣvanyeṣu ca prākṛteṣu bhā-
 veṣu yā vikṛtiḥ-svabhāvapracyutiḥ, sā (tat) saṅkṣepena ri-
 ṣṭam | vistaratastvanekadhā vakṣyamāṇam | § 8211

2.6.14 Aṣṭāṅgahrdayasaṃhitā

keśaroma nirabhyaṅgaṃ

yasyābhyaktamivekṣyate | | 6 | | § 8212

2.6.15 Sarvāṅgasundarā

keśāśca romāṇi ca tat keśaroma, yasya nirabhyaṅgaṃ-
 abhyaṅgarahitaṃ, abhyaktamivekṣyate-dṛśyate, sa kālaco-
 dita iti vachanavipariṇāmena sambandhaḥ | evamuttaratr-
 āpi | etadrūpavikṛterudāharaṇam | § 8213

2.6.16 Aṣṭāṅgahrdayasaṃhitā

yasyātyarthaṃ cale netre stabdhāntargatanirgate | | 6 | |

jihme viśṛtasankṣipte

saṅkṣiptavinatabhruṇī | | 7 | |

udbhrāntadarśane hīnadarśane
nakulopame | | 7 | |
kapotābhe alātābhe srute
lulitapakṣmaṇī | | 8 | | § 8217

2.6.17 Sarvāṅgasundarā

netraśabdena netrādhiṣṭhānamīṣṭam, nendriyam | yasya
cale locane+atyartham-atiśayenetaścetaśca paribhramataḥ |
tathā, yasya netre stabdhe-niścle | tathā, yasyāntargate-
antaḥpraviṣṭe | tathā, yasya nirgate-bahiryāte | tathā, ya-
5 sya jihme-kuṭile | tathā, yasya viṣṭe-vistāram gate | ta-
thā, yasya netre saṅkṣipte-saṅkucite | tathā, saṅkṣipte viś-
eṣeṇa nate bhruvau yayoste saṅkṣiptavinatabhruṇī | tathā,
udbhrāntadarśane-vibhrāntadr̥ṣṭinī | tathā, hīnadarśane-
alpadarśane naṣṭadr̥ṣṭinī vā | tathā, nakulopame-nakulalocanābhe |
10 samudāyeṣu hi pravṛttāḥ śabdā avayaveṣvapi vartanta iti
nakulaśabdo+atra nakulalocanaviṣayo vedyah | yathā ca
nāgānandanātake (am.1/17)-"cakṣustāmarasānukāri har-
iṇā vakṣaḥsthalaṃ spardhate" iti | atra hi harivakṣasā va-
kṣaḥ spardhate ityayamartho vedyah | athavā nakulaloc-
15 ane upamā yayoste nakulopame, ityatra uttarapadalopī sa-
māsaḥ | evaṃ kapotābhe | tathā, alātābhe-ulmukasadr̥ṣe |
tathā, srute-nirnimittamaśru parisravataḥ | tathā, lulite-
vātoddhata iva pakṣmaṇī yayoste lulitapakṣmaṇī | § 8218

2.6.18 Aṣṭāṅgahr̥dayasaṃhitā

nāsikā+atyarthavivṛtā saṃvṛtā piṭikācitā | | 8 | |
ucchūnā sphuṭitā
mlānā----- | | 9 | | § 8220

2.6.19 Sarvāṅgasundarā

tathā, yasya nāsikā nirnimittamatyartham-atiśayena, viv-
ṛtā | athavā, saṃvṛtā-saṅkucitā | tathā, piṭikācitā-piṭikābhirvyāptā |
tathā, ucchūnā-ūrdhvaṃ śvayathunā+a+akrāntā | tathā,
sphuṭitā mlānā ca | § 8221

2.6.20 Aṣṭāṅgahr̥dayasaṃhitā

-----yasyauṣṭho yātyadho+adharah | | 9 | |
ūrdhvaṃ dvitīyaḥ syātāṃ vā
pakvajambūnibhāvubhau | | 9 | | § 8223

2.6.21 Sarvāṅgasundarā

yasyauṣṭho-dantacchadaḥ, adharah-anuttarah, adho yāti |
dvitīyaḥ-upariṣṭādbhavo yo dantacchadaḥ, sa ūrdhvaṃ
yāti | tathā, yasya ca pakvajambūphalanīlau dvāvoṣṭhau
bhavataḥ | § 8224

2.6.22 Aṣṭāṅgahr̥dayasaṃhitā

dantāḥ saśarkarāḥ śyāvāstāmrāḥ puṣpitapaṅkitāḥ | | 10 | |
sahasaiva pateyurvā-----
| | 10 | | § 8226

2.6.23 Sarvāṅgasundarā

tathā, yasya dantāḥ saśarkarāḥ-śarkarābhirācitāḥ, tathā śy-
āvāstathā tāmrāśca varṇataḥ, tathā puṣpitāḥ-sañjātapuṣpāḥ,
tathā paṅkitāḥ-sañjātapāṅkāḥ kardamopaliptā iva, tathā
sahasaivajhagityeva, yasya vā dvijāḥ pateyuḥ-bhramśeyuḥ |
§ 8227

5

2.6.24 Aṣṭāṅgahr̥dayasaṃhitā

-----jihvā jihyā visarpiṇī | | 10 | |
śūnā śuṣkā guruḥ śyāvā liptā suptā
sakaṅṭakā | | 11 | | § 8229

2.6.25 Sarvāṅgasundarā

tathā, yasya jihvā-jihvendriyādhiṣṭhānaṃ, jihmā-kuṭilā, ta-
tthā visarpiṇī-kāraṇaṃ vinā viśeṣeṇa sarpati tacchilā, tathā
śūnā-nimittaṃ vinā+api [śvayathuyuktā], tathā śuṣkā gur-
uśca, tathā śyāvā, tathāliptā, tathā suptā-suptavatsuptā ras-
5 ājñānādvicetanetyarthaḥ, tathā sakaṇṭakā-kaṇṭakācīteva |
§ 8230

2.6.26 Aṣṭāṅgahr̥dayasaṃhitā

śiraḥ śirodharā voḍhuṃ pṛṣṭhaṃ vā
bhāramātmanaḥ | | 11 | |
hanū vā piṇḍāmāsyasthaṃ śaknuvanti na yasya
ca | | 12 | | § 8232

2.6.27 Sarvāṅgasundarā

yasya puṃsaḥ śirodharā-grīvā, śiro voḍhuṃ na śaknoti |
tathā, yasya pṛṣṭhaṃ vā ātmano bhāraṃ-pṛṣṭhasya voḍh-
ṛtvenoparyārūḍhaṃ grīvādikāṃ dhārayituṃ, na śaknoti |
yasya vā puṃso hanū bhaktapiṇḍaṃ-kavalaṃ, āsyasthaṃ
5 voḍhuṃ na śaknutaḥ | evaṃ śirodharādīni trīṅyaṅgāni sv-
amātmīyaṃ kāyaṃ yasya voḍhuṃ na śaknuvanti, sa kālac-
odita iti yojyam | § 8233

2.6.28 Aṣṭāṅgahr̥dayasaṃhitā

yasyānimittamaṅgāni gurūṅyati laghūni vā | | 12 | | § 8234

2.6.29 Sarvāṅgasundarā

yasyānimittaṃ-kāraṇaṃ vinā, aṅgānyatigurūṇi kadācida-
tilaghūni vā bhavanti | § 8235

2.6.30 Aṣṭāṅgahr̥dayasaṃhitā

viṣadoṣādvīnā yasya khebhyo raktaṃ
pravartate | | 13 | | § 8236

2.6.31 Sarvāṅgasundarā

tathā, yasya viṣadoṣamantareṇa khebhyaḥ-chidrebhyo, rak-
taṃ pravartate-āyāti | § 8237

2.6.32 Aṣṭāṅgahr̥dayasaṃhitā

utsiktaṃ mehanaṃ yasya vṛṣaṇāvātiniḥsṛtau | | 13 | |
ato+anyathā vā yasya syāt sarve te
kālacoditāḥ | | 14 | | § 8239

2.6.33 Sarvāṅgasundarā

yasya mehanaṃ-liṅgaṃ, utsiktaṃ-ūrdhvaṃ gatam | tathā,
vṛṣaṇāvātiniḥsṛtau-pralambau | ato+anyathā vā-uktaprakārādviparītaḥ
prakāro yaḥ so+anyathā, yathā-vṛṣaṇāvutsiktāvātiniḥsṛtaṃ
mehanamiti | "keśaroma nirabhyaṅgaṃ" (ślo.6) ityārabhya
yāvat "ato+anyathā vā" ityetaṭparyantagrānthoktaṃ la- 5
kṣaṇaṃ yeṣāṃ jātaṃ te puruṣāḥ sarve kālena-mṛtyunā,
coditāḥ-antakenātmasākṛtā ityārthaḥ | nanu, atra kālan-
iyamo na kṛtaḥ kiyatā kālena mṛtyurbhavati māsenā-
rdhamāsenā vā ? iti sandehāna yuktametāt | atra brū-
maḥ | anirdiṣṭakālānāṃ saṃvatsaro+avadhiriti vyavasthā 10
vedyā | tathā cāha (ślo.24)-"varṣāntaṃ tasya jīvitam" tathā
(ślo.25)-"so+api varṣaṃ na jīvati" ityādivacanānnāsti varṣ-
ādūrdhvaṃ jātariṣṭasya jīvitamiti niścayaḥ | § 8240

2.6.34 Aṣṭāṅgahr̥dayasaṃhitā

yasyāpūrvāḥ sirālekhā bālendvākṛtayo+api vā | | 14 | |
lalāṭe bastiśīrṣe vā ṣaṇmāsāna sa
jīvati | | 15 | | § 8242

2.6.35 Sarvāṅgasundarā

yasya-puṃsaḥ svasthasya nirnimitameva, lalāṭe bastervā
śirasi, apūrvāḥ-abhinavā na tu prāgavasthitāḥ, sirālekhāḥ-
sirārājayo, dr̥śyante | athavā bālendvākṛtayo-vakrāḥ, sa
pumān ṣaṇmāsāna jīvati | § 8243

2.6.36 Aṣṭāṅgahr̥dayasaṃhitā

padminīpatravattoyaṃ śarīre yasya dehinah | | 15 | |
plavate plavamānasya ṣaṇmāsāstasya
jīvitam | | 16 | | § 8245

2.6.37 Sarvāṅgasundarā

tathā, yasya puṃsaḥ plavamānasya-jale snānaṃ kurva-
taḥ, śarīre padminīpatravat-padminīpatrasthitatoyavat, to-
yaṃ plavate-नावस्थितस्थिति bhavati, tasyāpi ṣaṇmāsā
na jīvitam | padminīpatravaditi saptamyarthe vatirna ṣa-
5 ṣṭhyarthe, śarīra iti saptamyā nirdiṣṭatvāt | tathā coktaṃ
bhāṣyakṛtā-"upamāne yaḥ saṃśayaḥ sa upameyādvya-
rtate |" iti | § 8246

2.6.38 Aṣṭāṅgahr̥dayasaṃhitā

haritābhāḥ sirā yasya romakūpāśca saṃvṛtāḥ | | 16 | |
so+amlābhilāṣī puruṣaḥ
pittānmaraṇamaśnute | | 17 | | § 8248

2.6.39 Sarvāṅgasundarā

yasya sirā haritābhā romakūpāśca saṃvṛtāḥ syuḥ, sa
naro+amlābhilāṣī san pittena mṛtyuṃ prāpnoti | § 8249

2.6.40 Aṣṭāṅgahṛdayasaṃhitā

yasya gomayacūrṇābhaṃ cūrṇaṃ mūrdhni mukhe+api
vā | | 17 | |
sasnehaṃ, mūrdhni dhūmo vā, māsāntaṃ tasya
jīvitam | | 18 | | § 8251

2.6.41 Sarvāṅgasundarā

yasya puruṣasya gomayacūrṇasadr̥śaṃ cūrṇaṃ sasnehaṃ
mūrdhni mukhe vā bhavet, tathā mūrdhni dhūmo yasya vā
bhavati, tasya māsāntaṃ jīvitam syāt | § 8252

2.6.42 Aṣṭāṅgahṛdayasaṃhitā

mūrdhni bhruvorvā kurvanti sīmantāvartakā
navāḥ | | 18 | |
mr̥tyuṃ svasthasya ṣaḍrātrātrirātrādāturasya
tu | | 19 | | § 8254

2.6.43 Sarvāṅgasundarā

sīmantānāmāvartakāḥ-maṇḍalāni,-sīmantāvartakāḥ, śirasi
bhruvorvā navāḥ-apūrvāḥ, svasthasya ṣaḍrātrānmr̥tyuṃ
kurvanti | āturasya punastrirātrāt kurvanti | anekārthatv-
āddhātūnāṃ sūcayantītyarthaḥ, na tu viṣavanmāraṇe te-
ṣāṃ kartṛtvam | tarhi sūcayantītyetadeva kasmāna kṛtam 5
? brūmaḥ | yadotpadyante sīmantāvartakāstadā niścitaṃ
sthāyi riṣṭaṃ samutpannamityavagantavyamiti pratipād-
anārthaṃ kurvantītyuktam | § 8255

2.6.44 Aṣṭāṅgahṛdayasaṃhitā

jihvā śyāvā mukhaṃ pūti savyamakṣi nimajjati | | 19 | |
khagā vā mūrdhni liyante yasya taṃ
parivarjayet | | 20 | | § 8257

2.6.45 Sarvāṅgasundarā

tathā, yasya jihvā śyāvā bhavati, tathā mukhaṃ pūti-
durgandhi, tathā savyaṃ-vāmamakṣi, nimajjati-antaḥpraviśati,
tathā yasya khagāḥ-pakṣiṇaśca, mūrdhni līyante-śliṣyanti,
taṃ parivarjayet | vaidya iti śeṣaḥ | § 8258

2.6.46 Aṣṭāṅgahr̥dayasaṃhitā

yasya snātānuliptasya pūrvam̐ śuśyatyuro bhṛśam | | 20 | |
ārdreṣu sarvagātreṣu so+ardhamāsam̐ na
jīvati | | 21 | | § 8260

2.6.47 Sarvāṅgasundarā

yasya snātānuliptasya-pūrvam̐ snātaḥ paścādanulipta-
stasya, ārdreṣu sarvagātreṣu pūrvam̐-ādau, bhṛśamu-
raḥ śuśyati-atiśayena vakṣaḥśoṣamāyāti, so+ardhamāsam̐-
pakṣam̐, na jīvati | nanu,, "ārdreṣu sarvagātreṣu" iti na
5 vaktavyam, punaruktatvāt | tathā hi-"pūrvam̐śuśyatyuro
bhṛśam" ityukte "ārdreṣu sarvagātreṣu" ityarthādgamy-
ata eva | anyathā pūrvagrahaṇamanarthakaṃ syāt | ma-
ivam | atra hi bhṛśagrahaṇāt pūrvamuro bhṛśam̐ śu-
śyati, na punaranyānyapi gātrāṇi na śuśyantītyāyāti |
10 na caitadiṣṭam̐ śāstrakṛtaḥ | ata eva "ārdreṣu" ityāha |
tadayamartho+atrābhipretaḥ-yathaivoraso bhṛśam̐śoṣaḥ,
tathaiva śeṣāṅgānām̐ bhṛśārdratā syāditi, etacca pr-
atipādayituṃ "ārdreṣu" ityuktam | sarvagātreṣvārdreṣu sa-
tsu pūrvamuro bhṛśam̐ śuśyatītyaitadāścaryam | āścarya-
15 tvādriṣṭam | § 8261

2.6.48 Aṣṭāṅgahr̥dayasaṃhitā

akasmādyugapadgātre varṇau prākṛtavaikṛtau | | 21 | |
tathai vopacayaglāniraukṣyasnehādi
mṛtyave | | 22 | | § 8263

2.6.49 Sarvāṅgasundarā

tatra prākṛto varṇo-gaurādiḥ, prāguktaḥ, vaikutastu varṇo-
nīlādiḥ, tau prākṛtavaikṛtau varṇau yasya nimittamantar-
eṇāpi tulyakālaṃ dehe bhavataḥ, tau mṛtyave | tathaivo-
pacayaglānyādayaḥ parasparam pratipakṣabhūtā yugapa-
dyasyotpadyante tasya mṛtyave | ādiśabdena śaityauṣṇy- 5
ādīni gṛhyante | § 8264

2.6.50 Aṣṭāṅgahṛdayasaṃhitā

yasya sphuṭeyuraṅgulyo nākṛṣṭā na sa jīvati | | 22 | |
kṣavakāsādiṣu tathā yasyāpūrvo
dhvanirbhavet | | 23 | |
hrasvo dīrgho+ati vocchvāsaḥ pūtiḥ surabhireva
vā | | 23 | | § 8267

2.6.51 Sarvāṅgasundarā

yasya ākrṣṭā aṅgulyo na sphuṭeyuḥ-na truṭeyuḥ, sa na jī-
vati | yasya kṣavādiṣvapūrvo dhvaniḥ-alaukikaḥ śabdaḥ,
syāt sa na jīvati | yasyocchvāso+atihrasvo+atidīrgho vā bh-
avet, athavocchvāsaḥ pūtigandhiḥ surabhirvā yasya, sa na
jīvati | § 8268 5

2.6.52 Aṣṭāṅgahṛdayasaṃhitā

āplutānāplute kāye yasya gandho+atimānuṣaḥ | | 24 | |
malavastravraṇādaḥ vā varṣāntaṃ tasya
jīvitam | | 24 | | § 8270

2.6.53 Sarvāṅgasundarā

tathā, āplutānāplate-snatāsnāte, kāye yasya mānuṣamatikrāntaḥ-
atimānuṣaḥ, gandhaḥ-surabhirasurabhirvā, bhavati | ya-
sya malavastravraṇādaḥ vā+atimānuṣo gandhaḥ syāt, va-
rṣāntaṃ tasya jīvitaṃ-tatkṣaṇādārābhya tāvadasāvavasth-

itajīvito yāvadvarṣam | tadante-vatsarānte, mṛtyubhāk jā-
yata ityarthah | § 8271

2.6.54 Aṣṭāṅgahr̥dayasaṃhitā

bhajante+ayaṅgasaurasyādyam
yūkāmākṣikādayah | | 25 | |
tyajanti vā+ativairasyātso+api varṣam na
jīvati | | 25 | | § 8273

2.6.55 Sarvāṅgasundarā

śobhanasya rasasya bhāvaḥ saurasyam, aṅgasya saurasy-
amaṅgasaurasyam, atīsayenāṅgasaurasyāddhetoryūkām-
akṣikādayo yaṃ bhajante, athavā yamatirairasyattyajanti,
so+api varṣam na jīvati | § 8274

2.6.56 Aṣṭāṅgahr̥dayasaṃhitā

satatoṣmasu gātreṣu śaityaṃ yasyopalakṣyate | | 26 | |
śīteṣu bhr̥śamauṣṇyam vā svedaḥ
stambho+apyahetukaḥ | | 26 | | § 8276

2.6.57 Sarvāṅgasundarā

tathā, yasya satatoṣmasu-sadoṣṇeṣu, gātreṣu-avayaveṣu,
bhr̥śam śaityamupalakṣayate-upalabhyate, śīteṣu vā gā-
treṣu bhr̥śamauṣṇyam yasyopalabhyate, bhr̥śaśabdasy-
ātra hi viṣayadvaye+api sambandhaḥ | yasyāhetukaḥ-
5 nirmittah, aṅgeṣvatisvedaḥ, tathā svedaviṣayo yaḥ sta-
mbhaḥ, so+api yasya syāt, so+api varṣam na jīvatīti yo-
jyam | § 8277

2.6.58 Aṣṭāṅgahr̥dayasaṃhitā

yo jātaśītapiṭikaḥ śītāṅgo vā vidahyate | |27| |
uṣṇadveṣī ca śītārtaḥ sa
pretādhipagocaraḥ | |27| | § 8279

2.6.59 Sarvāṅgasundarā

jātāḥ śītāḥ piṭikā yasya sa jātaśītapiṭikaḥ,-kaphodbhūtapiṭikākṛāntadeho,
yo vidahyate-vidāhamanubhavati, śītāṅgaḥ san yo vā vi-
dahyate, tathoṣṇaṃ dveṣṭi yaḥ puruṣaḥ śītārtaḥ san,
sa pretādhipagocaraḥ-sa mṛtyunā+a+atmasātkriyata itya-
rthaḥ | § 8280

5

2.6.60 Aṣṭāṅgahr̥dayasaṃhitā

urasyūṣmā bhavedyasya jaṭhare cātiśītātā | |28| |
bhinnam purīṣam ṭṛṣṇā ca yathā pretastathaiva
saḥ | |28| | § 8282

2.6.61 Sarvāṅgasundarā

urasi-yasyoṣmā-auṣṇyam, bhavet, jaṭhare--udare cātiśai-
tyam, purīṣam bhinnam ṭṛṣṇā ca bhavati, sa pretatulyaḥ,
prāptamarāṇatvāditi bhāvaḥ | § 8283

2.6.62 Aṣṭāṅgahr̥dayasaṃhitā

mūtram purīṣam niṣṭhyūtam śukram vā+apsu
nimajjati | |29| |
niṣṭhyūtam bahuvarṇam vā yasya māsātsa
naśyati | |29| | § 8285

2.6.63 Sarvāṅgasundarā

yasya mūtram puriṣam niṣṭhyūtam śukram vā apsu
nimajjati-bruḍati, yasya vā niṣṭhyūtam-niṣṭhīvanam, ane-
kavarṇam bhavati, asau māsenā naśyati | § 8286

2.6.64 Aṣṭāṅgahr̥dayasamhitā

ñanībhūtamivākāśamākāśamiva yo ñanam | | 30 | |
amūrtamiva mūrtaṃ ca mūrtaṃ
cāmūrtavatsthitam | | 30 | |
tejasvyatejastadvacca śuklam kṛṣṇamasacca
sat | | 31 | |
anetrarogaścandram ca
bahurūpamalāñśanam | | 31 | |
5 jāgradrakṣāṃsi gandharvān pretananyāṃśca
tadvidhān | | 32 | |
rūpaṃ vyākṛti tattacca yaḥ paśyati sa
naśyati | | 32 | |
saptarṣiṇām samīpasthām yo na
paśyatyarūndhatīm | | 33 | |
dhruvamākāśagaṅgām vā sa na paśyati tām
samām | | 33 | | § 8294

2.6.65 Sarvāṅgasundarā

maraṇābhimukhaḥ puruṣo viparyāsakāribhirdoṣairagha-
nādi ghanādirūpaṃ manyate, ghanādi vā+aghanādi ma-
nyate, tadviparyayeṇa | ata evopamārthamivaśabdaṃ pr-
āyuṅkta | aghano ghaṇaḥ sampanno ghanībhūtaḥ | cv-
5 ipratyayāntasyāśya "cvau" itītvam | ghanībhūtamivānt-
arikṣamantarikṣamiva ghaṇaṃ medinīdharmamantarikṣ-
amūrdhvasthaṃ yattadadhasthaṃ pātālasthamiva pa-
śyati, sa naśyatīti vakṣyamāṇena sambandhaḥ | caśa-
bdo bhinnakrama ivaśabdaśca | amūrtaṃ ca vātādikam
10 mūrtamiva-rūpavantamiva, paśyati | mūrtaṃ ca vahny-
ādikamamūrtamiva sthitam yaḥ paśyati sa naśyati | bh-

eḍo+apyadhīte (iṃ.a.7)- "yasya darśanamāyāti vāyura-
mbaragocaraḥ | vahnirnāyāti dīpto+api tasyā yuḥkṣaya-
mādiṣet | |" iti | tathā, tejasvi-yadvastvagnyādikaṃ bhā-
svaram, tadatejo-nistejo, yaḥ paśyati | tejasvīti "asmāyā- 5
medhā" ityādināviniḥ | tadvacceti tejasvyatejodarśanena
tulyaṃ-tadvat, śuklaṃ kṛṣṇaṃ yaḥ paśyati, asacca yadv-
astu tatsat yaḥ paśyati sa naśyati | netreṣu rogo netraro-
gaḥ sa vidyate yasya naiva so+anetrarogī, timirādikaṃ-
antareṇa bahurūpaṃ candraṃ paśyati-bahūn śāsāṅkānā-
lokayata ityarthāḥ | yo vā alāñchanaṃ-akalaṅkaṃ, ca- 10
ndraṃ paśyati sa naśyati | eṣu ca ghanībhūtamityād-
iṣu viśiṣṭeṣu vastuviparyāsadarśanamātralakṣaṇasyaika-
sminnevodāharaṇatvena riṣṭe darśayituṃ yukte yadan-
ekariṣṭapradarśanaṃ tatprapañcārthaṃ vedyam | āsann-
amarāṇo naro jāgradeva yathāsvarūpāṇi rakṣaḥpiśācā- 15
dīni yaḥ paśyati, na viparyayavasturūpāṇi | yatastadā-
nīm taireva sa upāsyate | tathā ca vakṣyati (ślo.130)-
"yamadūtapiśācādyairyatparāsurupāsyate |" iti | rakṣāṃs-
īti bahuvacananirdeśo bahurākṣasadarśane sutarāmasya
riṣṭasya paripūrṇatvamiti dyotayitum | ekasminnapi hi rā- 20
kṣase drṣṭe riṣṭaṃ bhavatyeva | jātau vā bahuvacanam |
anyāṃsca tadvidhān-rākṣasādiprakārān, yaḥ paśyati | ta-
thā, vikṛtā-draṣṭuṃ duḥśakyā, ākṛtirasya-rūpasya, tadr-
ūpaṃ vyākṛti, rakṣaḥpiśācādivyatiriktaṃ tattat-anekaṃ,
yaḥ paśyati sa naśyati | yo naro+arundhatīm saptarṣī- 25
ṇāṃ samīpasthāṃ na paśyati, sa tām samām na paśyati-
sa tasya saṃvatsarasyāntare mriyata ityarthāḥ | saptarṣī-
ṇāṃ samīpasthāmityarundhatyā viśeṣaṇaṃ saptarṣisam-
īpe+arundhatyāḥ sthitirbhavātīti vedayati | tathā cānyaiḥ
sāmānyenaivoktam | yathā "arundhatīm dhruvaṃ caiva 30
somačchāyāṃ mahāpatham | yo na paśyenna paśyetsa na-
raḥ saṃvatsarātparam | |" iti | tathā, yo dhruvaṃ na paśy-
ati, tathā ākāśagaṅgāṃ yo na paśyati, sa tām samām na pa-
śyati | § 8295

2.6.66 Aṣṭāṅgahrdayasaṃhitā

- meghatoyaughanirghoṣavīṇāpaṇavaveṇujān | |34| |
 śṛṇotyanyāṃśca yaḥ śabdānasato na sato+api
 vā | |34| |
 niṣpīḍya karṇau śṛṇuyānna yo
 dhukadhukāsvanam | |35| |
 tadvadgandharasasparśān manyate yo
 viparyayāt | |35| |
 5 sarvaśo vā na yo, yaśca dīpagandham na
 jighrati | |36| |
 vidhinā yasya doṣāya svāsthyāyavidhinā
 rasāḥ | |36| |
 yaḥ pāṃsuneva kīrṇāṅgo yo+aṅge ghātaṃ na
 vetti vā | |37| |
 antareṇa tapastīvraṃ yogaṃ vā
 vidhipūrvakam | |37| |
 jānātyatīndriyaṃ yaśca teṣāṃ
 maraṇamādiśet | |38| | § 8304

2.6.67 Sarvāṅgasundarā

- meghādijān veṇuparyantān śabdāmstathā+anyāṃśca śa-
 bdāmstathā rūpānmahato yaḥ puruṣo+asataḥ-parairanupalabhyamānān,
 śṛṇoti, tathā meghādijāmstathā+anyāṃśca yaḥ śabdān
 sato-vidyamānān, na śṛṇoti, teṣāṃ maraṇamādiśediti va-
 5 kṣyamāṇasya vacanavipariṇāmenātra sambandhaḥ kā-
 ryāḥ | yo dhukadhukāśabdaṃ karṇāvaṅgulībhirniṣpīḍya
 na śṛṇuyāt | tairmeghādijaiḥ śabdaistulyaṃ-tadvat | yathā-
 meghādijān śabdānyo+asataḥ śṛṇoti sataśca na śṛṇoti, ta-
 dvadyo gandharasasparśān viparyayāt-vaiparītyena ma-
 10 nyate, na yathāvastu- bali | tatra gandhaviparyayo yathā-
 sugandhi durgandham manyate | rasaviparyayo yathā-
 madhuramamlamamlaṃ madhuramityādi | sparśavipa-
 ryayo yathā mṛdusparśaṃ kharasparśaṃ manyate | sarv-
 asarvikayā gandhādīn vā yo+api na manyate, so+api na-
 15 śyati | tatkālanirvāṇasya dīpasya yo gandham na jighrati-
 ghrāṇendriyeṇa nānubhavati | vidhinā-śāstraprayuktena,
 prayuktā rasā yasya doṣāya-rogāya, avidhinā-śāstraviśivyatikrameṇa,
 prayuktāḥ svāsthyāya syuḥ | tathā, yaḥ pāṃsunā-rajaseva,

kīrṇāṅgo-dhūlidhūsaritaśarīraḥ | yaścāṅge ghātaṃ-hatiṃ,
na vetti | tapastīvrāmantareṇa-ugraṃ tapo vinā, yaḥ
puruṣo+atīndriyaṃ-indriyebhyo+atīkrāntaṃ vetti, indriy-
āṅmagocaraṃ svargādi vetti, tathā yogaṃ vā vidhipūrv- 5
akamantareṇa yo+atīndriyaṃ jānāti | teṣāṃ-pūrvoktānāṃ
sarveṣāṃ, maraṇamādiśet | yogaḥ-cittavṛttinirodhaḥ, vi-
dhipūrvako yathāśāstraṃ samyagupadeśaḥ | tathā, anyo+api
yogo-rasāyanādiḥ | yujyata iti yogo-vidhiviśeṣaḥ | śāstro-
ddiṣṭarasāyanāñjanādinā+api hyatīndriyaṃ dr̥ṣyate dūra-
vyavahitādi | § 8305 10

2.6.68 Aṣṭāṅgahr̥dayasaṃhitā

hīno dīnaḥ svaro+avyakto yasya syādgadgado+api
vā | | 38 | |
sahasā yo vimuhyodvā vivakṣurna sa
jīvati | | 39 | | § 8307

2.6.69 Sarvāṅgasundarā

yasya puruṣasya svarāḥ-śabdo, nimittamantareṇa hino+athavā
dīno-dainyayukto, bhavati | avyaktaḥ-asphuṭo, yasya syāt |
gadgado-ghargharo, vā yasya bhavati | yo vā vivakṣuḥ-
vaktumicchān, kāraṇamantareṇa vimuhyet-vaktuṃ na śa-
knoti, sa na jīvati | § 8308 5

2.6.70 Aṣṭāṅgahr̥dayasaṃhitā

svarasya durbalībhāvaṃ hāniṃ ca balavarṇayoḥ | | 39 | |
rogavṛddhimayuktyā ca dr̥ṣṭvā
maraṇamādiśet | | 40 | | § 8310

2.6.71 Sarvāṅgasundarā

svarasya-śabdasya, daurbalyaṃ dr̥ṣṭvā balavarṇayośca hā-
nimayuktyā dr̥ṣṭvā maraṇamādiśet | caśabdaḥ samucc-

aye | rogavṛddhimayuktyā ca dṛṣṭvā narasya maraṇamā-
diṣet | ayuktyā-nirnimitamevetyarthaḥ | § 8311

2.6.72 Aṣṭāṅgahr̥dayasaṃhitā

apasvaram bhāsamāṇam prāptam
maraṇamātmanaḥ | | 40 | |
śrotāraṃ cāsyā śabdasya dūrataḥ
parivarjayet | | 41 | | § 8313

2.6.73 Sarvāṅgasundarā

svabhāvasvarādapagataṃ bhraṣṭam-apasvaram,-hīnasvaram
kṛtvā, yo nara+ahaṃ marīṣyāmi marīṣyāmītyevamātm-
ano maraṇam bhāṣate parasya, taṃ tathābhūtaṃ dūrād-
eva varjayet-vidyo na cikitset | tathā, asya śabdasya-ahaṃ
5 marīṣyāmītyevambhūtasya yonaraḥ śrotā, tamapi vidyo
dūrato varjayet | § 8314

2.6.74 Aṣṭāṅgahr̥dayasaṃhitā

saṃsthānena pramāṇena varṇena prabhayā+api
vā | | 41 | |
chāyā vivartate yasya svapne+api preta eva
saḥ | | 42 | | § 8316

2.6.75 Sarvāṅgasundarā

saṃsthānaṃ-pratipurusaṃ vilakṣaṇaṃ samaviṣamaṃ rū-
pam, ākṛtityarthaḥ | tatra yadi śarīrasya samaṃ sa-
msthānaṃ bhavati, chāyā tvasya viṣamā dṛśyate, tadā ri-
ṣṭam | tathā, yadi śarīrasya viṣamaṃ saṃsthānaṃ chāyā
5 tu samā bhavati, tadā riṣṭam | tathā, yadi dīrghapram-
āṇasya sato hrasvā chāyā bhavati hrasvapramāṇasya vā
dīrghā bhavati, tadapi riṣṭam | evaṃ saṃsthānena pra-
māṇena ca chāyāvivr̥ttirvedyā | tathā, yasya nābhasī ch-

āyā āgneyyā chāyā yā varṇato dṛśyate sā varṇavivṛttiḥ |
evam pṛthivyādimaṣṭu chāyāsu varṇavivṛttiryojyā | ta-
thā, yasya yathābhūtā prabhā sā+anyathābhūtā bhavati
sā prabhāvivṛttiḥ | evam saṁsthānādyanyatamena yasya
chāyā vivartate-anyathābhūtā+anyathā | sampadyate, sva- 5
pne+api sa pumān preta eva, kiṁ punarjāgradavasthāyāṁ
na pretaḥ ? iti evakāreṇa riṣṭasyāsyāvyabhicāritvaṁ sūca-
yati | utpannaścennarasya chāyāyā anyathābhāvaḥ, tadā-
nīm puruṣo yamasātsampanno mantavya ityarthāḥ | § 8317

2.6.76 Aṣṭāṅgahṛdayasaṁhitā

ātapādarśatoyādau yā saṁsthānapramāṇataḥ | | 42 | |
chāyā+aṅgātsambhavatyuktā praticchāyēti sā
punaḥ | | 43 | |
varṇaprabhāśrayā yā tu sā chāyaiva
śārīragā | | 43 | | § 8320

2.6.77 Sarvāṅgasundarā

yā śārīrādātapādarśatoyaghṛtādau śārīrasaṁsthānapram-
āṇānurūpā sambhavati pratibimbakarūpā, sā praticch-
āyētyucyate | tasyā hi na varṇaprabhe āśrayaḥ | ya-
syāḥ punarvarṇaprabhE āśrayaścchāyāyāḥ, sā śārīragaiva-
śārīrasthaiva, chāyā | na praticchāyāvachcharīrādanyatrāt- 5
apādarśatoyādau kutracidapayāti pratibimbakarūpatayā |
§ 8321

2.6.78 Aṣṭāṅgahṛdayasaṁhitā

bhavedyasya praticchāyā chinnā
bhinnā+adhikā+a+akulā | | 44 | |
viśirā dviśirā jihmā vikṛtā yadi
vā+anyathā | | 44 | |
taṁ samāptāyusaṁ vidyāna
cellakṣyanimittajā | | 45 | |

praticchāyāmayī yasya na cākṣṇīkṣyeta
kanyakā | |45| | § 8325

2.6.79 Sarvāṅgasundarā

yasya puṃsaḥ praticchāyā chinnā-dvidhā, dṛśyate | ath-
avā bhinnākiñcitsaccidreva yasya dṛśyate | tathā, ya-
syādhikā dṛśyate-na yathā pramaṇā | yasya vā ākulā-
calasvarūpā aniścitapratibimbā, bhavati | tathā, yasya
5 viśirā-śirorahitā | tathā, yasya dviśirā | tathā, yasya jihmā-
kuṭilā | vikṛteti uktaprakārādanyathā anyena prakāreṇa,
yasya vikṛtā dṛśyate ātāpādarśatoyādau, taṃ pūrvoktaṃ
ca sarvameva, samāptāyusaṃ-kṣiṇajīvitam, vidyāt | na ce-
dityādi | lakṣayitum pratyakṣādibhiḥ pramaṇaiḥ śakyam-
10 lakṣyam | śakyārthe kṛtyaḥ | lakṣyam ca tannimittam
ca, tasmāttathāvidhānnimittādvikṛtājātā [prati] cchāyā
yadi na bhavati tadā riṣtam, nānyathā | praticchāyā-
mayī kanyakā-pratibimbakumāriketi yā loke prasiddhā,
sā+akṣṇi-netre, yasya nekṣyeta-nopalabhyeta, taṃ samāpt-
15 āyusaṃ vidyāt | § 8326

2.6.80 Aṣṭāṅgahr̥dayasaṃhitā

khādīnām pañca pañcānām chāyā
vividhalakṣaṇāḥ | |46| |
nābhasī nirmalā+a+anīlā sasnehā saprabheva
ca | |46| |
vātādrajo+aruṇā śyāvā bhasmarūkṣā
hataprabhā | |47| |
viśuddharaktā tvāgneyī dīptābhā
darśanapriyā | |47| |
5 śuddhavidūryavimalā susnigdā toyajā
sukhā | |48| |
sthirāsnigdā ghanā śuddhā śyāmā śvetā ca
pārthivī | |48| | § 8332

2.6.81 Sarvāṅgasundarā

khādīnām mahābhūtānām pañcānām pañca chāyā bhav-
anti | nanu, khādīnām pañcatvācchāyānām pañcatvama-
rthāllabdhomeva | tatkiṃ pañcagrahaṇena ? astvevaitat |
kintu yathā khādibhyaḥ pañcabhyo dravyamekaṃ bhū-
totkarṣāpakarṣabhedāccāsaṅkhyeyaṃ dravyam, tathā ch- 5
āyānāmapyekatvaṃ bhūtotkarṣāpakarṣabhedāccāsaṅkhy-
eyatvamāsaṅkyeta, tadāsaṅkānivṛttyartham pañcagraha-
ṇam | pañcaiva chāyā bhavanti, nonādrikā iti | kimbh-
ūtāścchāyāḥ ? vividhalakṣaṇāḥ,-vividham lakṣaṇam va-
kṣyamāṇam yāsām tā evam | ākāśajā chāyā nirmalā- 10
śuddhā | tathā, ānīlā-iṣannīlā, ityākārapraśleṣo+atra ve-
dyah | "śuddhavidūryavimalā" hi "toyajā" (ślo.48) iti va-
kṣyati | tathā, kiñcitsnigdā | saprabhetyanena śobhanatv-
amuktam | etadeva sphuṭayitumivaśabdaṃ tantrakṛtprāy-
uṅkta | anyathā chāyāprabhayorbhinnaviṣayatvādanupa- 15
pannametadvākyaṃ syāt | bhedaścānayoradhunaiva va-
kṣyati (ślo.51) | vātādrajoruṇādiyuktā chāyā bhavati | āgn-
eyī viśuddharaktavarṇā, dīptābhā, tathā darśanam pri-
yam yasyāḥ saivamvidhā, bhavati | toyajā chāyā nirmal-
avidūryavimalā, suṣṭhu snigdā, sukhā-sukhāvahā | pā- 20
rthivī chāyā sthirādiguṇayuktā | nanu, ca, agnijalabhū-
vām svayaṃ varṇādiyogādāgneyyādikānām tadvarṇaka-
tvamupapannam | nabhomārutayostu svayaṃ varṇādyay-
ogātkatham tacchāyānām varṇādiyogo yujyeta ? iti kecit |
tān brūmahe | acintyatvāddhetuphalasyādoṣaḥ | tathā hi,- 25
madhurādayo rasāḥ kālādamūrtādbhavanto drśyante ya-
thā, tathā tacchāye apyete bhaviṣyataḥ | tatra yasya nara-
sya karmādisahāyam nabhaścchāyāmutpādayati tasya nā-
bhasīti yujyata eva | evaṃ vāyavyāmapi vācyam | § 8333

2.6.82 Aṣṭāṅgahrdayasaṃhitā

vāyavī rogamarāṇakleśāyānyāḥ sukhodayāḥ | | 49 | | § 8334

2.6.83 Sarvāṅgasundarā

vāyavī chāyā rogādyartham jāyate | anyāḥ-śeṣāscatasraḥ,
chāyāḥ sukhodayāḥ-sukhāvahāḥ | § 8335

2.6.84 Aṣṭāṅgahr̥dayasaṃhitā

prabhoktā taijasī sarvā, sā tu saptavidhā smṛtā | | 49 | |
raktā pītā sitā śyāvā haritā
pāṇḍurā+asitā | | 50 | | § 8337

2.6.85 Sarvāṅgasundarā

prabhā sarvā-saptaprakārā+api, taijasī-āgneyī, uktā-tantrakṛdbhiḥ
smṛtā | tadeva saptavidhatvamāha-raktetyādi | § 8338

2.6.86 Aṣṭāṅgahr̥dayasaṃhitā

tāsāṃ yāḥ syurvikāsinyaḥ snigdhāśca vimalāśca
yāḥ | | 50 | |
tāḥ śubhā, malinā rūksāḥ
saṅkṣiptāścaśubhodayāḥ | | 51 | | § 8340

2.6.87 Sarvāṅgasundarā

tāsāṃ-pūrvoktānāṃ prabhāṇāṃ madhyāt, yāḥ prabhā
vikāsinyaḥ-prasṛtā iva, tathā snigdhā vimalāśca syuḥ,
tāḥ śubhāḥ-kalyāṇakāriṇyaḥ | yāśca malinādiguṇayuktā-
stā aśubhodayāḥ-amāṅgalyakāriṇyaḥ | § 8341

2.6.88 Aṣṭāṅgahr̥dayasaṃhitā

varṇamākrāmati chāyā prabhā
varṇaprakāśinī | | 51 | | § 8342

2.6.89 Sarvāṅgasundarā

chāyā raktādivarṇamākrāmati-paribhūyāvatiṣṭhate | pra-
bhā tu varṇaparakāśinī-varṇam prakāśayitum śīlamasyāḥ
sā varṇaparakāśinī | § 8343

2.6.90 Aṣṭāṅgahṛdayasaṃhitā

āsanne lakṣyate chāyā vikṛṣṭe bhā prakāśate | | 52 | |
nācchāyo nāprabhaḥ kaścidviśeṣāścihnayanti
tu | | 52 | |
nṛṇām śubhāśubhotpattiṃ kāle
chāyāsamāśrayāḥ | | 53 | | § 8346

2.6.91 Sarvāṅgasundarā

nikāṭe chāyā lakṣyate | prabhā punarvikṛṣṭe-dūrapradeśe,
prakāśate-dūrādavabhāsata ityarthāḥ | yathā-pāṣāṇādiparipūrṇānāmapi
parvatādipradeśānām dūrādvilakṣaṇaiva kāntiḥ prakāś-
ate | evaṃ chāyāprabhayoranyatvaṃ pradarśya tayoreva
vyāpti pradarśayati- kaścidapi puruṣāścchāyārahitaḥ pr- 5
abhāhīnaśca nāsti | viśeṣāstu nṛṇām śubhāśubhotpattiṃ
kāle viśiṣṭe cihnayanti-vyañjayantītyarthaḥ | kimbhūtā vi-
śeṣāḥ ? chāyāsamāśrayāḥ-chāyāśritāḥ | § 8347

2.6.92 Aṣṭāṅgahṛdayasaṃhitā

nikaṣanniva yaḥ pāḍau cyutāṃsaḥ parisarpati | | 53 | |
hīyate balataḥ śaśvadyo+annamaśnan hitaṃ
bahu | | 54 | |
yo+alpāśī bahuviṇmūtro bahvāśī
cālpamūtraviṭ | | 54 | |
yo vā+alpāśī kaphenārto dīrṇam śvasiti
ceṣṭate | | 55 | |
dīrṇamucśvasya yo hrasvaṃ niḥśvasya 5
paritāmyati | | 55 | |

- hrasvaṃ ca yaḥ praśvasiti vyāviddhaṃ spandate
 bhṛśam | | 56 | |
 śiro vikṣipate kṛcśrādyo+añcayitvā
 prapāṇikau | | 56 | |
 yo lalāṭātsrutasvedaḥ
 ślathasandhānabandhanaḥ | | 57 | |
 utthāpyamānaḥ sammuhedyo balī durbalo+api
 vā | | 57 | |
 5 uttāna eva svapiti yaḥ pādaḥ vikaroti ca | | 58 | |
 śayanāsanakuḍyāderyo+asadeva
 jīṅkṣati | | 58 | |
 āhāsyahāsī sammuhyan yo leḍhi
 daśanacśadau | | 59 | |
 uttarauṣṭhaṃ parilihan phūtkārāṃśca karoti
 yaḥ | | 59 | |
 yamabhidravati cśāyā kṛṣṇā pītā+aruṇā+api
 vā | | 60 | |
 10 bhiṣagbheṣajapānānnagurumitradviṣaśca
 ye | | 60 | |
 vaśagāḥ sarva evaite vijñeyāḥ
 samavartinaḥ | | 61 | | § 8363

2.6.93 Sarvāṅgasundarā

- nikaṣan-ñarṣayanniva, yaḥ pādaḥ cyutāṃsaḥ-srastāṃsaḥ
 san, bhūmau parisarpati | tathā, ye vakṣyamāṇāśca te
 sarve samavartino vaśagā iti yojyam; antadīpakālaṅk-
 āratvādasya | tathā, yo+annamaśnan-bhaktaṃ bhakṣa-
 5 yan, balānnyamaṃ hīyate | kimbhūtamannaṃ ? hitaṃ-
 pathyam | bahu-bhūri | yo+alpāśī bahuviṅmūtro yaśca
 bahvāśī-bahvaśnāti, nityamalpaviṅmūtraśca | yaścā(yo vā+a)lpāśī
 kaphenārtāḥ-pīḍito, dīrṇaṃ śvasiti-bahuśvāsaṃ muñc-
 ati | tathā, ceṣṭate-pariluṭhati | tathā, yo dīrṇamucśvasya-
 10 bahūrdhvaṃ śvāsaṃ muktvā, anantaraṃ hrasvaṃ niḥśvasya-
 alpaṃ śvāsaṃ pratyāvṛtyāntaḥkṛtvā, paritāmyati-duḥkhāyate |
 yaśca hrasvaṃ praśvasiti | vyāviddhaṃ-viṣamaṃ kṛtvā,
 nādībhiḥ spandate bhṛśam-atiśayena sphurati | yaḥ prapāṇikau-
 pāṇyoḥ paścādbhāgasthitāvava yavaviśeṣau, añcayitvā-

saṅkocya, kṛcśreṇa śiro-mūrdhānaṃ vikṣipate | yo lalāṭāt-
alīkāt, srutasvedah san śithilasandhibandho bhavati | ya
utthāpyamāno balī durbalo vā sammuhyet-mohamupaiti |
ya uttāna eva-jātucitpārśve na, svapiti | yaśca pādau
vikaroti-vikṛti nayati | yaḥ śayanāderasat-avidyamānameva 5
vastu, grahītumicśati | yaḥ ahāsye-hāsyaviṣayābhāve+api,
abhīkṣṇaṃ hasan sammuhyan daśanacśadau leḍhijihv-
ayā parimṛśati | yaścottarauṣṭhaṃ parilihan phūtkārān-
nānāvidhān śabdān, karoti | yaṃ-naraṃ, śāyā+abhidravati-
abhibhavati | kīdrśī ? kṛṣṇā pītā+aruṇā+api vā | ye ca bh- 10
iṣagādidiṣaḥ | ete sarve samavartino vaśagā vijñeyāḥ |
samaṃvartate rāgadveṣau hitvā samavartī,-yamaḥ | sarva
evetyetat "nikaṣanniva yaḥ pādau" ityata ārabhya yāvat
"bhiṣagbheṣajapānānnagurumitradviṣaśca ye |" ityetatpa-
ryantasya granthasya sambandhārtham | § 8364 15

2.6.94 Aṣṭāṅgahrdayasaṃhitā

(grīvālalāṭahṛdayaṃ yasya svidyati śītaḥ | | 61 | |
uṣṇo+aparaḥ pradeśaśca śaraṇaṃ tasya
devatāḥ | | 1 | |
) [pūrvarūpāṇi sarvāṇi
jvarādiṣvatimātrayā | | 1 | |
yaṃ viśaṃti viśatyenaṃ
mṛtyurjvarapuraḥsaraḥ] | | 1 | | § 8368

2.6.95 Sarvāṅgasundarā

(yasya grīvādikaṃ śītaḥ sat svidyati-svedayuktaṃ bha-
vati, aparaḥ pradeśaścoṣṇaḥ, tasya śaraṇaṃ-rakṣaṇaṃ, de-
vatā nānyat |) § 8369

2.6.96 Aṣṭāṅgahrdayasaṃhitā

yo+aṅujyotiranekāgro duḥcchāyo durmanāḥsadā | | 62 | |

bali balibhr̥to yasya praṇītaṃ
nopabhuñjate | | 63 | |
nirnimittaṃ ca yo medhāṃ śobhāmupacayaṃ
śriyam | | 63 | |
prāpnotyato vā vibhram̐saṃ sa prāpnoti
yamakṣayam | | 64 | | § 8373

2.6.97 Sarvāṅgasundarā

yaḥ pumānaṇujyotiḥ-stokadr̥k, kecittvalpatejā ityāhuḥ |
tathā, anekāgro-vyākulacetāḥ | duḥcchāyo-vivarṇacchāyo
ninditakāntirvā | durmanāḥ sadā-satatameva śokākṛānta-
mānasah | tathā, yasya puṃso baliṃ praṇītaṃ-tannāmoddiśya
5 pradattaṃ, balibhr̥to-balibhujo vāyasādayo, nopabhuñjate-
na khādanti, sa yamakṣayam prāpnotīti sambandhaḥ | ba-
libhr̥ta ityatiśayārtham | kilakākā api nādanti kiṃ punara-
nye ? ityarthaḥ | tathā, yo naro nirnimittaṃ medhādijanan-
arasāyanādikāraṇamantareṇa medhādīn prāpnoti | ato vā-
10 medhādibhyo, bhraśam̐ prāpnoti | so+antakaḡṛham̐ prā-
pnoti | śrīratra ghanam̐ rājyam̐ vā | upacayaḥ-śarīrapuṣṭiḥ |
§ 8374

2.6.98 Aṣṭāṅgahr̥dayasaṃhitā

guṇadoṣamayī yasya svasthasya vyādhitasya vā | | 64 | |
yātyanyathātvam̐ prakṛtiḥ paṇmāsāna sa
jīvati | | 65 | | § 8376

2.6.99 Sarvāṅgasundarā

yasya narasya guṇamayī-satvādimayī, prakṛtirdoṣamayī-
vātādimayī, svasthasyāturasya vā+anyathātvam̐ yāti-svabhāvam̐
hitvā, saṣaṇmāsāna jīvati | § 8377

2.6.100 Aṣṭāṅgahr̥dayasaṃhitā

bhaktiḥ śīlaṃ smṛtistyāgo
buddhirbala mahetukam | | 65 | |
ṣaḍetāni nivartante
ṣaḍbhir māsa irmaṣyataḥ | | 66 | | § 8379

2.6.101 Sarvāṅgasundarā

ṣaḍbhir māsa irmaṣyato narasya bhaktyādīni ṣaḍ ahetukaṃ-
kāraṇamantareṇa, nirvartante | ahetukamiti nivartanakri-
yāvīśeṣaṇam | ṣaḍiti niyamārtham | yadā ṣaḍapi nivarta-
nte naikaikaṃ, tadā riṣṭamityarthaḥ | § 8380

2.6.102 Aṣṭāṅgahr̥dayasaṃhitā

mattavadgativākkampamohā
māsānmaṣyataḥ | | 66 | | § 8381

2.6.103 Sarvāṅgasundarā

māsenā maṣyato mattavat-mattasyeva, gativākkampam-
ohā bhavanti | § 8382

2.6.104 Aṣṭāṅgahr̥dayasaṃhitā

naśyatyajānan ṣaḍahātkeśaluñcanavedanām | | 67 | |
na yāti yasya cāhāraḥ kaṅṭham
kaṅṭhāmayādr̥te | | 67 | | § 8384

2.6.105 Sarvāṅgasundarā

kacotpāṭanapīḍāmavindan ṣaḍahānnaśyati | yasyāhāraḥ
kaṅṭhāmayaṃ vinā kaṅṭham na yāti, sa ca ṣaḍahāntare mr-
iyate | § 8385

2.6.106 Aṣṭāṅgahr̥dayasaṃhitā

preṣyāḥ pratīpatāṃ yānti pretākṛtirudīryate | | 68 | |
yasya nidrā bhavennityā naiva vā na sa
jīvati | | 68 | | § 8387

2.6.107 Sarvāṅgasundarā

preṣyāḥ-bhr̥tyāḥ, yasya pratīpatāṃ-vaiparītyaṃ, yānti, sa
naśyati | yaśca pretākāra upalakṣyate so+api na jīvati | ya-
sya narasya nityaṃ-satataṃ, nidrā bhavati, yasya naiva vā-
na kadācinnidrā bhavati, so+api na jīvati | § 8388

2.6.108 Aṣṭāṅgahr̥dayasaṃhitā

vaktramāpūryate+aśrūṇāṃ svidyataśvaraṇau
bhr̥śam | | 69 | |
cakṣuścākulatāṃ yāti yamarājyaṃ
gamiṣyataḥ | | 69 | | § 8390

2.6.109 Sarvāṅgasundarā

yasya narasyāśrūṇāṃ-aśrusrotasāṃ, mukhaṃ (vakraṃ)-
dvāraṃ, āpūryate sa na jīvati | yasya caraṇau-bhr̥śaṃ-
atyaṃ, nirnnimittāṃ svidyataḥ sa na jīvati | cakṣurity-
ādi | yamarājyaṃ yāsyato nayanamākulatvaṃ yāti | § 8391

2.6.110 Aṣṭāṅgahr̥dayasaṃhitā

yaiḥ purā ramate bhāvairaratistairna jīvati | | 70 | | § 8392

2.6.111 Sarvāṅgasundarā

yairbhāvaiḥ-padārthaiḥ, purā-pūrvāṃ, ramate-sukhāyate,
taiḥ padārthairna ratirbhavati yasya, sa na jīvati | § 8393

2.6.112 Aṣṭāṅgahr̥dayasam̐hitā

sahasā jāyati yasya vikāraḥ sarvalakṣaṇaḥ | |70| |
nivartate vā sahasā, sahasā sa
vinaśyati | |71| | § 8395

2.6.113 Sarvāṅgasundarā

yasya puṃso vikāro-jvarādiḥ, sahasā-kāraṇaṃ vinā, sarvalakṣaṇaḥ-
sakalaliṅgopeto, jāyate | athavā tādr̥śo vikāraḥ sahasā-
śīghrameva, nivartate-naśyati | saḥ-puruṣaḥ, sahasā acirā-
deva, vinaśyati | § 8396

2.6.114 Aṣṭāṅgahr̥dayasam̐hitā

jvaro nihanti balavān gambhīro dairgharātrikaḥ | |71| |
saprālāpabhramaśvāsaḥ kṣīṇaṃ śūnaṃ
hatānalam | |72| |
akṣāmaṃ saktavacanaṃ raktākṣaṃ hr̥di
śūlinam | |72| |
saśuṣkakāsaḥ pūrvāhṇe yo+aparāhṇe+api vā
bhavet | |73| |
balamāmsavihīnasya
śleṣmakāsasamanvitaḥ | |73| | § 8401

5

2.6.115 Sarvāṅgasundarā

jvaro balavānityādilakṣaṇaḥ kṣīṇādilakṣaṇaṃ puruṣaṃ
hanti | balavān-hetvādibhirbalavadbhiryutaḥ | gambhīraḥ-
aśeṣadhātvantargataḥ | dairgharātriko-dīrghakālānubandhī,
anye tu rātrijāgarakārītyāhuḥ | dīrghā hi jāgrato rātriḥ | ta-
thā coktam-"dīrghaśrāntasya yojanam | " iti | tathā, pralāp- 5
ādiyuktaḥ | kīdr̥śamāturam ? kṣīṇaṃ-dhātukṣayayuktaṃ |
tathā, akṣāmaṃ-sabalam, glāno na bhavatyatha ca saktava-
canaḥ, tamakṣāmaṃ saktavacanaṃ | tathā, raktanetraṃ
hr̥dayaśūlānvitam hantīti yoḥyam | yaśca jvaraḥ saśuṣkak-
āsaḥ pūrvāhṇe+athavā+aparāhṇe bhavetsa dvividho+api 10

hanti | tathā yaḥ śleṣmakāśasamanvito jvaro balamāṃsa-
vihīnasya puṃsaḥ syāt, sa taṃ nihanti | iti riṣṭatrayame-
tat | nanu ca, "hetubhirbalibhiryukto bahubhirbahulakṣa-
ṇaḥ | jvaraḥ prāṇāntakṛdyasca śīghramindriyanāśanaḥ | |"
5 (ca. ci. a. 3/49) ityeṣa jvarasya riṣṭaparakāraḥ kasmānnoktaḥ
? ucyate | uktaprāya evāyaṃ balavāniti vacanāt | § 8402

2.6.116 Aṣṭāṅgahr̥dayasaṃhitā

raktapittaṃ bhṛśaṃ raktaṃ
kr̥ṣṇamindradhanuṣprabham | |74| |
tāmrahāridraharitaṃ rūpaṃ raktaṃ
pradarśayet | |74| |
romakūpapravisṛtaṃ kaṇṭhāsyaḥṛdaye
sajat | |75| |
vāsaso+arañjanaṃ pūti vegavaccāti bhūri
ca | |75| |
5 vṛddham pāṇḍujvaraccardikāśaśophātisāri-
ṇam | |76| | § 8407

2.6.117 Sarvāṅgasundarā

raktapittamīdṛgrūpaṃ kartṛbhūtaṃ naraṃ hanti | kīdr̥k
? bhṛśaṃ-atyartham, raktaṃ-lohitam | tathā, atikṛṣṇam |
bhṛśaśabdo hi dvayorapi yujyate | tathā, indradhanuṣaprabham-
nānāvarṇamityarthaḥ | kiledṛṣe raktapitte rasamedomajj-
5 ādimīśrasya raktasya sravaṇānnānāvarṇatvaṃ sampadya-
ate | yacca raktapittaṃ kartṛbhūtaṃ tāmrahāridraharitaṃ
raktaṃ ca rūpaṃ dr̥śyamākāśam vā pradarśayet, tannih-
anti | yacca raktapittaṃ vinā+api varṇai romakūpebhyaḥ
samastebhyaḥ prakarṣeṇa visṛtaṃ-yātaṃ pravṛttam, tacca
10 nihanti | tathā, kaṇṭhe mukhe ḥṛdaye ca tulyakālaṃ sajat-
saṃśliṣyat sānuṣaṅgam, tacca hanti | vāsaso+arañjanamiti
vāsasaḥ arañjanamityakārapraśleṣo+atra bodhyaḥ | vastr-
asya hi jīvaśoṇitaṃ śuddhaśoṇitarūpatvānna rañjakam |
atastena raktaṃ vastraṃ samanantaram prakṣālitam śu-
15 ddham sampadyate, na rāgayuktam | tathā hyasmin vy-

ādhou raktapitābhyāṃ parasparamavibhāgāpannatvādv-
astrasya rañjanaṃ prāptam | raktena hi pittasahitena va-
stram rajyate, na ca taddhautam śuddham sampadyate |
tathā cuktam (hr. ka. a. 3/34)- "śuklamvā bhāvitam va- 5
stramāvānam koṣṇavāriṇā | prakṣālitam vivarṇa syātp-
itte, śuddham tu śoṇite | |" iti | tathā, pūti-durgandhi,
taddhi dhātūnupakledayati, upaklīnnānām dhātūnāma-
tyartham duṣṭatā, iti nihantyeva | tathā, [ati] vegavat-
vegena nirgatya ruddham punarvegena pravartata iti | ta- 10
thā, bhūri-prabhūtam | evaṃvidham ca raktapittam niha-
nti | vṛddham-udriktaṃ raktapittam sat, pāṇḍvādiyutaṃ
naram hanti | § 8408

2.6.118 Aṣṭāṅgahr̥dayasaṃhitā

kāsaśvāsau jvaraccharditr̥ṣṇātīsāraśophinam | |76 | | § 8409

2.6.119 Sarvāṅgasundarā

kāsaśvāsau jvarādipañcavidhopadravopetaṃ nihata iti va-
canavipariṇāmena sambandhaḥ | § 8410

2.6.120 Aṣṭāṅgahr̥dayasaṃhitā

yakṣmā pārśvarujānāharaktacchardyaṃsatāpi-
nam | |77 | | § 8411

2.6.121 Sarvāṅgasundarā

yakṣmā-rājanyakṣmā, pārśvarujādiyutaṃ naram hanti | § 8412

2.6.122 Aṣṭāṅgahr̥dayasaṃhitā

chardirvegavatī mūtraśakṛdgandhiḥ sacandrikā | |77 | |
sāsraviṭpūyarukkāsaśvāsavatyanuṣaṅgiṇī | |78 | | § 8414

2.6.123 Sarvāṅgasundarā

chardirhanti, | kīdr̥k ? vegavatī,-mahatā vegena prav-
artamānā | tathā, mūtraśakṛtoriva gandho yasyāḥ sā,
"upamānācca" iti gandhasyedādeśaḥ | tathā, sacandrikā-
jalatailabindusamsthānā candrikocyate | tathā, sahāsreṇa
5 vartate viṣ sāsraviṣ | sāsraviṣ ca pūyaśca ruk ca kāsaśca
śvāsaśca, te vidyante yasyāṃ saivam | tathā, ānuṣaṅgiṅī-
dīrghakālānuvartinī | § 8415

2.6.124 Aṣṭāṅgahr̥dayasaṃhitā

tr̥ṣṇā+anyārogakṣapitaṃ bahirjihvaṃ
vicetanam | | 78 | | § 8416

2.6.125 Sarvāṅgasundarā

tr̥ṣṇedr̥śaṃ naraṃ hanti | kīdr̥śaṃ ? apararogeṇa kṣapitaṃ-
karṣitaṃ | bahirjihvaṃ-bāhyato jihvāṃ niḥsārayantam |
tathā, vicetanam | etatsamuditaṃ riṣṭalakṣaṇam | § 8417

2.6.126 Aṣṭāṅgahr̥dayasaṃhitā

madātyayo+atīśītārtam kṣīṇam
tailaprabhānanam | | 79 | | § 8418

2.6.127 Sarvāṅgasundarā

madātyayo+atīśayena śītapiḍitaṃ kṣīṇam tailaprabhamu-
khaṃ ca naraṃ hanti | § 8419

2.6.128 Aṣṭāṅgahr̥dayasaṃhitā

arśāṃsi pāṇipannābhigudamuṣkāsyaśophinam | | 79 | |
hr̥tpārśvāṅgarujāchardipāyupākajvarāturam | | 80 | | § 8421

2.6.129 Sarvāṅgasundarā

arsāṃsi pāṅyādiśophayutaṃ hṛdrujādyāturaṃ naraṃ ghn-
anti, iti vacanavipiriṅāmeva sambandhaḥ | hṛdādīnām
rujā sambandhaḥ | hṛtpārśvāṅgarujā ca chardiśca pāyup-
ākaśca jvaraśca tairāturaṃ-pīḍitam | § 8422

2.6.130 Aṣṭāṅgahṛdayasamhitā

atīsāro yakṛtṭpiṅḍamāṃsadhāvanamecakaiḥ | | 80 | |
tulyastailaghṛtakṣīradadhimajjavasāsavaiḥ | | 81 | |
mastuluṅgamaṣīpūyavesavārāmbumākṣikaiḥ | | 81 | |
atiraktāsitasnigdhapūtyacchaghanavedanaḥ | | 82 | |
karburaḥ prasravan dhātūn 5
niṣpurīṣo+athavā+ativiṭ | | 82 | |
tantumān makṣikākrānto
rājīmāṃścandrakairyutaḥ | | 83 | |
śīrṇapāyuvaiḥ muktanālaṃ
parvāsthīśūlinam | | 83 | |
srastapāyūṃ
balakṣīṇamannamevopaveśayan | | 84 | |
satṛṭśvāsajvaraccardidāhānāhapravāhikaḥ | | 84 | | § 8431

2.6.131 Sarvāṅgasundarā

atīsāro yakṛtṭpiṅḍādibhirmākṣikāntaistulyo hanti | mecako-
nīlavarnaḥ | atiraktāsitasnigdhapūtyacchaścāsau ghanav-
edanaśca, iti karmadhārayaḥ | karburo-nānāvarṇaḥ | ka-
smātpunaranekevārṇaḥ ? yasmāddhātūn-raktamāṃsādīn
sravati, ata evāha-dhātūn prasravan | lakṣaṇe+atra śa- 5
trṭpratyayaḥ, dhātuprasravaṇena hi hetunā nānāvarṇa-
atvaṃ lakṣyate | tathā, niṣpurīṣaḥ-purīṣarahitaḥ | ath-
avā, ativiṭ-bahupurīṣaḥ | tathā, tantumān makṣikākrā-
nto rājīmāṃścandrakairyutaśca | īḍṛśo+atīsāro vakṣyam-
āṇaṃ naraṃ hanti | śīrṇā gudavalayo yasya tam | [ta- 10
thā,] mukto nālo-nālaka iva, yasya tam muktanālaṃ,-
muktabandhanamityarthaḥ | tathā, parvāsthīśūlo vidyate

yasya tam | tathā, srastapāyumuṣ-thānāccyutagudam | ta-
tthā, balena kṣīṇam | punaḥ prakṛtatvādatisāro viśiṣyate |
annamevāpakvamupaveśyan saha tṛḍādibhiḥ saptabhiru-
padravairyuktaḥ pūrvoktaviśeṣaṇamāturam hanti | § 8432

2.6.132 Aṣṭāṅgahr̥dayasaṃhitā

aśmarī śūnavṛṣaṇam baddhamūtram
rūjārditam | | 85 | | § 8433

2.6.133 Sarvāṅgasundarā

aśmarī śūnavṛṣaṇādiyuktaṃ naram hanti | § 8434

2.6.134 Aṣṭāṅgahr̥dayasaṃhitā

mehastr̥ḍdāhapiṭikāmāṃsakothātisāriṇam | | 85 | | § 8435

2.6.135 Sarvāṅgasundarā

mehaḥ-pramehaḥ, tṛḍādyupadravayuktaṃ naram hanti |
§ 8436

2.6.136 Aṣṭāṅgahr̥dayasaṃhitā

piṭikā marmahr̥tpr̥ṣṭhastanāṃsagudamūrddha-
gāḥ | | 86 | |
parvapādarkarasthā vā mandotsāham
pramehiṇam | | 86 | |
sarvaṃ ca māṃsasaṅkothadāhatṛṣṇāmadajvar-
aiḥ | | 87 | |
visarpamarmasaṃrodhahidhmāsvāsabhramaklamaiḥ | | 87 | | § 8440

2.6.137 Sarvāṅgasundarā

piṭikā marmādigā athavā parvādisthā mandotsāhaṃ pramehāturaṃ ghnanti | sarvaṃ ca naraṃ māṃsasaṅkothādbhiḥ klamāntairyuktaṃ piṭikā ghnanti | § 8441

2.6.138 Aṣṭāṅgahr̥dayasaṃhitā

gulmaḥ pṛthuparīṇāho ghaṇaḥ kūrma ivonnataḥ | | 88 | |
sirānaddho jvaracchardihidhmādhmānarujānvi-
taḥ | | 88 | |
kāsapīnasahr̥llāsaśvāsātīsāraśophavān | | 89 | | § 8444

2.6.139 Sarvāṅgasundarā

gulmaḥ pṛthuparīṇāho yāvaccophavān hanti naram |
§ 8445

2.6.140 Aṣṭāṅgahr̥dayasaṃhitā

viṇmūtrasaṅgrahaśvāsaśophahidhmājvarabhramaiḥ | | 89 | |
mūrccācardyatisāraiśca jaṭharaṃ hanti
durbalam | | 90 | |
śūnākṣaṃ
kuṭilopasthamupaklinnatanutvacam | | 90 | |
virecanaḥṛtānāhamānahyantaṃ punaḥ
punaḥ | | 91 | | § 8449

2.6.141 Sarvāṅgasundarā

viṇmūtrādibhiratīsārāntairupadravairhetubhūtairjaṭharaṃ
ca karṭṛbhūtamāturaṃ hanti | kīdr̥śam ? durbalaṃ-hīnabalam |
tathā, śūne akṣiṇī yasya tam | "bahuvrīhau sakthyakṣṇoḥ"
iti śac | [tathā] kuṭila upastho-bastimedhravṛṣaṇādirūpo,
yasya tam | tathā, upaklinne dehatvacau yasya tam | [ta- 5
thā,] virecanena hṛta ānāho yasya tamapi muhurmuhurā-
nahyantaṃ | § 8450

2.6.142 Aṣṭāṅgahr̥dayasaṃhitā

pāṇḍurogaḥ śvayathumān
pītākṣinakhadarśanam | | 91 | | § 8451

2.6.143 Sarvāṅgasundarā

pāṇḍurogaḥ śvayathuyutaḥ pītākṣinakhadarśanamāturaṃ
hanti | § 8452

2.6.144 Aṣṭāṅgahr̥dayasaṃhitā

tandrādāhārucicchardimūrcchādhmānāti sāravān | | 92 | |
anekopadravayutaḥ pādābhyāṃ prasṛto
naram | | 92 | |
nārīṃ śopho mukhāddhanti
kuṣīguhyādubhāvapi | | 93 | |
rājīcitaḥ sravaṃśchardi jvaraśvāsāti
sāriṇam | | 93 | | § 8456

2.6.145 Sarvāṅgasundarā

tandrādiyuktaḥ śopho+anekairupadravaiḥ- jvaraśvāsādi-
bhiḥ yutaḥ pādātaḥ prasṛto naram hanti | mukhātpasṛ-
taḥ śophāḥ pūrvoktaviśeṣaṇayukto nārīṃ hanti | kuṣīgu-
hyātpasṛta ubhavapi strīpuṃsau, hanti | tathā rājīcito-
5 yathāsvaṃ doṣavarṇābhī rekhābhirvyāptaḥ, tathā sravan-
yathādoṣaṃ srutiṃ kurvan, chadyādiyutaṃ puruṣaṃ ha-
nti | § 8457

2.6.146 Aṣṭāṅgahr̥dayasaṃhitā

jvarātisārau śophānte śvayathurvā tayoh kṣaye | | 94 | |
durbalasya viśeṣeṇa jāyante+antāya
dehinaḥ | | 94 | |

ṣvayathuryasya pādasthaḥ parisraste ca
piṇḍike | |95| |
sīdataḥ sakthinī caiva taṃ bhiṣak
parivarjayet | |95| |
ānanaṃ hastapādaṃ ca viṣeṣādyasya
ṣuṣyataḥ | |96| |
ṣūyete vā vinā dehātsa māsādyāti
pañcatām | |96| | § 8463

2.6.147 Sarvāṅgasundarā

jvarātisārau svatantrasya ṣophasyānte- avasāne, jāyete |
athavā ṣvayathustayoḥ- jvarātisārayoḥ , kṣaye jāyate |
evaṃ jvarātisāraṣophā yasya ṣarīriṇo jāyante tasya te+antāya-
mr̥tyave, jāyante | durbalasya viṣeṣeṇantāya, ṣīṅrakāri- 5
tvāt | ṣvayathuḥ pādastho yasya piṇḍike ca parisraste- sth-
ānāccyute ,sakthinī ca sīdataḥ- sādamaṃ gacśataḥ , taṃ- tād-
ṣṣaṃ naraṃ , vaidyo varjayet | mukhaṃ hastacaraṇaṃ ca
yasyaite viṣeṣeṇa ṣuṣyataḥ , dehaṃ vinā vā yasya ṣūyete,
sa āturo māsenā pañcatām- pañcamahābhūtasamatvaṃ ,
yāti | § 8464 10

2.6.148 Aṣṭāṅgahr̥dayasaṃhitā

visarpaḥ kāsavaivarṇyajvaramūrśāṅgabhaṅgavān | |97| |
bhramāsyāṣophahr̥llāsadehasādātisāravān | |97| | § 8466

2.6.149 Sarvāṅgasundarā

visarpaḥ kāsādimān hanti | § 8467

2.6.150 Aṣṭāṅgahr̥dayasaṃhitā

kuṣṭhaṃ viśīryamāṅgaṃ raktanetraṃ
hataṣvaram | |98| |
mandāgniṃ jantubhirjuṣṭhaṃ hanti
tṣṇātisāriṇam | |98| | § 8469

2.6.151 Sarvāṅgasundarā

kuṣṭhaṃ ca karṭṛ viśīryamāṅgādiyuktaṃ naraṃ hanti |
viśīryamāṅgaṃ- kothavaccharīram | § 8470

2.6.152 Aṣṭāṅgahr̥dayasaṃhitā

vāyuḥ suptatvacam bhugnaṃ
kampaṣoṭharujāturam | | 99 | | § 8471

2.6.153 Sarvāṅgasundarā

vāyuḥ suptatvagādiyuktaṃ naraṃ hanti | § 8472

2.6.154 Aṣṭāṅgahr̥dayasaṃhitā

vātāśraṃ mohamūrcchāyamadāsvapnajvarānvi-
tam | | 99 | |
śirograhāruciśvāsasaṅkocaphoṭakothavat | | 100 | | § 8474

2.6.155 Sarvāṅgasundarā

vātāśraṃ- vātaraṅgaṃ mohādiyutaṃ hanti | § 8475

2.6.156 Aṣṭāṅgahr̥dayasaṃhitā

śīrorogāruciśvāsamohaviḍbhedaṭṭṭbhramaiḥ | | 100 | |
ghnanti sarvāmayāḥ
kṣīṇasvaradhātubalānalām | | 101 | | § 8477

2.6.157 Sarvāṅgasundarā

śīrorogeti | sarve ca te āmayāśca te (śīrorogadibhiḥ) kṣīṇa-
svarādikaṃ naraṃ ghnanti | § 8478

2.6.158 Aṣṭāṅgahr̥dayasaṃhitā

vātavyādhirapasmārī kuṣṭhī raktyudarī kṣayī | | 101 | |
gulmī mehī ca tān kṣīṇān vikāre+alpe+api
varjayet | | 102 | | § 8480

2.6.159 Sarvāṅgasundarā

vātākhyo vyādiryasya sa naraḥ tathā+apasmāravān kuṣṭh-
avān raktapittī jaṭharī kṣayavān gulmavān pramehī ca, tān-
etān puruṣān , kṣīṇān sato+alpe+api vikāre sati varjayet | |
§ 8481

2.6.160 Aṣṭāṅgahr̥dayasaṃhitā

balamāṃsakṣayastīvro rogavṛddhirarocakaḥ | | 102 | |
yasyaturasya lakṣyante trīn pakṣanna sa
jīvati | | 103 | | § 8483

2.6.161 Sarvāṅgasundarā

balamāṃsayoratyantaṃ kṣayaḥ rogasya vṛddhiḥ tathā+arocakaḥ
ete yasyāturasya lakṣyante- upalabhyante, sa trīn pakṣān-
sārdhaṃ māsaṃ , na jīvati | § 8484

2.6.162 Aṣṭāṅgahr̥dayasaṃhitā

vātāṣṭhīlā+atisaṃvṛddhā tiṣṭantī dāruṇā hr̥di | | 103 | |
tr̥ṣṇayā nu parītasya sadyo muṣṇāti
jīvitam | | 104 | | § 8486

2.6.163 Sarvāṅgasundarā

vātāṣṭhīlā+atyantaṃ pravṛddhā hr̥di tiṣṭantī dāruṇā- ati-
rukvarī , tr̥ṣṇayuktasya puṃsaḥ śīghrameva jīvitahāriṇī bh-
avati | § 8487

2.6.164 Aṣṭāṅgahr̥dayasaṃhitā

śaithilyaṃ piṇḍike vāyurnītvā nāsāṃ ca
jihmatām | | 104 | |
kṣīṇātyāyamyā manye vā sadyo muṣṇāti
jīvitam | | 105 | |
nābhīgudāntaraṃ gatvā vaṅkṣṇau vā
samāśrayan | | 105 | |
gr̥hītvā pāyuhṛdaye kṣīṇadehasya vā
balī | | 106 | |
5 malān bastīsiro nābhiṃ vibaddhya janayan
rujam | | 106 | |
kurvan vaṅkṣṇayoḥ śūlaṃ tṛṇāṃ
bhinnapurīṣatām | | 107 | |
śvāsaṃ vā janayan vāyurgr̥hītvā
gudavaṅkṣṇam | | 107 | |
vitatya parśukāgrāṇi gr̥hītvoraśca
mārutaḥ | | 108 | |
stimitasyātātākṣasya sadyo muṣṇāti
jīvitam | | 108 | | § 8496

2.6.165 Sarvāṅgasundarā

vāyuh piṇḍike śaithilyaṃ nītvā tathā nāsāṃ jihmatām- ku-
ṭilatām nītvā tathā kṣīṇasya narasya manye vā āyamyā āyā-
mayitvā drāg jīvitam muṣṇāti | | vāyurnābhīgudayoranantaram-
madhyaṃ gatvā vaṅkṣṇau vā samāśrayan jīvitam muṣṇ-
5 āti | balī vā pavanaḥ pāyuraṃ hṛdayaṃ ca gr̥hītvā avaṣṭa-
bhyaḥ , kṣīṇadehasya puṃsaḥ sadyo muṣṇāti jīvitam | vā-
yurmālān vibaddhya- sannirudhdya , bastīsiro nābhiṃ ca
vibaddhya rujam janayan sadyo muṣṇāti jīvitam | vāyurv-
aṅkṣṇayoḥ śūlaṃ tathā tṛṇāṃ kurvan bhinnapurīṣatām
10 ca vidadhathavā śvāsaṃ janayan gudaṃ vaṅkṣṇau ca gr̥-
hītvā sadyo muṣṇāti jīvitam | mārutaḥ parśukānām- pārśv-
asthnām , agrāṇi- prāntāni , vitatyapṛastārya , tathoraḥ- va-
kṣo , gr̥hītvā stimitasya- ārdṛatām gatasya sakhedasya ni-
ścalasya vā , tathā ātātākṣasya- prasāritanetrasya , sadyo
15 muṣṇāti jīvitam | § 8497

2.6.166 Aṣṭāṅgahr̥dayasaṃhitā

sahasā jvarasantāpastr̥ṣṇā mūrccā balakṣayaḥ | | 109 | |
viśleṣaṇaṃ casandhīnāṃ
mumūr̥sorupajāyate | | 109 | | § 8499

2.6.167 Sarvāṅgasundarā

sahasā- jhaṭityeva , jvarasantāpaḥ , tathā tr̥ṣṇā mūrccā ba-
lakṣayaḥ sandhiviśleṣaśca , ityetanmumūr̥ṣoḥ- sadyo mar-
iṣyato jāyate | § 8500

2.6.168 Aṣṭāṅgahr̥dayasaṃhitā

gosarge vadanādyasya svedaḥ pracyavate
bhr̥ṣam | | 110 | |
lepajvaropataptasya durlabhaṃ tasya
jīvitam | | 110 | | § 8502

2.6.169 Sarvāṅgasundarā

gosarge- gavāṃ mokṣakāle pratyūṣasi , lepajvareṇa- ṣl-
eṣmajvareṇopataptasya yasyavadanāt svedaḥ pracyavate
, tasya durlabhaṃ jīvitam | durlabhamiti " iṣadduḥsuṣu"
ityādinā khal | " na sundurbhyāṃ " iti numniṣedhaḥ |
nanu ,riṣṭānāṃ niṣcitānāmihābhīdhānaprastāvāt kimida- 5
maniṣcitamuktaṃ durlabhamiti? maivam | ekāntika evā-
rtho+ayaṃ hi durlabhaṣabdaḥ | tathā ca vālmīkinā jagade-
" putra vīkṣasva pitaraṃ suhr̥ṣṭaṃ ca kuru priyaṃ | dir-
labhaṃ jīvitam hyasya punaḥ putro bhaviṣyati | | " iti | tasm-
āddurlabhaṣabdasya nāsti jīvitamityeṣa niṣcita evārthaḥ 10
prasidhdaḥ | § 8503

2.6.170 Aṣṭāṅgahr̥dayasaṃhitā

pravālagulikābhāsā yasya gātre masūrikāḥ | | 111 | |

utpadyāṣu vinaśyanti na cirātsa
vinaśyati | | 111 | | § 8505

2.6.171 Sarvāṅgasundarā

masūrikāḥ- masūrasaṃsthānāḥ piṭikāḥ pravālaguṭikāsad-
ṛśā yasya śarīra utpadya śīghraṃ vinaśyanti , sa naro drā-
geva vinaśyati | § 8506

2.6.172 Aṣṭāṅgahr̥dayasaṃhitā

masūravidalaprakhyāstathā vidr̥masannibhāḥ | | 112 | |
antarvakraḥ kiṇābhāśca visphoṭā
dehanāśanāḥ | | 112 | | § 8508

2.6.173 Sarvāṅgasundarā

masūravidalākārāḥ , tathā pravālasadr̥śāḥ , tathā+antaḥ-
madhye , vakraṃ- mukhaṃ , yeṣāṃ te , tathā kiṇābhāḥ ,
ete catusprakārā api visphoṭā dehasya nāśanāḥ | § 8509

2.6.174 Aṣṭāṅgahr̥dayasaṃhitā

kāmalā+akṣṇormukhaṃ pūrṇaṃ
śaṅkhayormuktamāṃsatā | | 113 | |
santrāsaścoṣṇatā+aṅge ca yasya taṃ
parivarjayet | | 113 | | § 8511

2.6.175 Sarvāṅgasundarā

yasyākṣṇoḥ kāmalā- pītābhāsatvaṃ bhavati , mukhaṃ
pūrṇaṃ- svābhāvikaṃ, śaṅkhayormuktamāṃsatvam , sa-
ntrāsaḥ , uṣṇatā cāṅge bhavati , tamāturaṃ varjayet- aya-
śaḥ parihṛtaye na cikitsat | § 8512

2.6.176 Aṣṭāṅgahr̥dayasaṃhitā

akasmādanudhāvacca vighr̥ṣṭaṃ
tvaksamāśrayam | | 114 | | § 8513

2.6.177 Sarvāṅgasundarā

akasmāt- kāraṇaṃ vinā , tvaksamāśrayaṃ vighr̥ṣṭaṃ yasy-
ānudhāvacca lakṣyaten tamapi vaidyo varjayet | § 8514

2.6.178 Aṣṭāṅgahr̥dayasaṃhitā

(candanośīramadirākuṇapadhvāṅkṣagandhayaḥ | | 1 | |
śaivālakukkuṭaśikhākūṅkumālamaṣīprabhāḥ | | 1 | |
antardāhā nirūṣmāṇaḥ prāṇanāśakarā
vraṇāḥ | | 115 | |
) yo vātajo na śūlāya marmajaśca ruje na
yaḥ | | 115 | |
acūrṇaścūrṇakīrṇābho yatrākasmācca 5
dṛśyate | | 115 | |
rūpaṃ śaktidhvajādīnāṃ
sarvāmstānvarjayedvraṇān | | 116 | | § 8520

2.6.179 Sarvāṅgasundarā

yo vraṇo vātajo liṅgānumitaḥ śūlāya na bhavati , pittajo na
dāhāya , kaphajaśca na pūyāya , marmajaśca na pīḍāyai |
tathā , yasmin vraṇe+acūrṇaścūrṇenākīrṇābhaḥ- cūrṇavy-
āpta iva dṛśyate | tathā yasmin vraṇe kāraṇaṃ vinā- aka-
smāt , rūpaṃ śaktidhvajādīnāṃ dṛśyate | ādiśabdena śaly- 5
atomarādiparigraḥ | tān sarvān vraṇān varjayet | § 8521

2.6.180 Aṣṭāṅgahr̥dayasaṃhitā

viṇmūtramārutavahaṃ kṛmiṇaṃ ca
bhagandaram | | 116 | | § 8522

2.6.181 Sarvāṅgasundarā

viṇmūtramārutā yena niḥsaranti kṛmijuṣṭaśca yaḥ taṃ ca
bhagandaraṃ varjayet | kṛmiṇamiti "pamaditvāt"(lomādipāmādipicchādibhyaḥ
śanelacaḥ | ') napratyayaḥ | § 8523

2.6.182 Aṣṭāṅgahr̥dayasaṃhitā

ghaṭṭayan jānunā jānu pādāvudyamyā pātayan | | 117 | |
yo+apāsyati muhurvakramāturo na sa
jīvati | | 117 | | § 8525

2.6.183 Sarvāṅgasundarā

yaścāturo jānunā jānu ghaṭṭayan tathā pādāvudyamyā-
utkṣipyā, pātayan- saṅkṣipan , muhurmuhurātmīyaṃ
vakraṃ- mukhaṃ, apāsyati-kāraṇaṃ vinā+anyatra nayati,
sa na jīvati | § 8526

2.6.184 Aṣṭāṅgahr̥dayasaṃhitā

dantaiśchindannakhāgrāṇi taiśca keśāṃstr̥ṇāni
ca | | 118 | |
bhūmiṃ kāṣṭhena vilikhaṇ loṣṭaṃ loṣṭena
tāḍayan | | 118 | |
hr̥ṣṭaromā sāndramūtraḥ śuṣkakāsī jvarī ca
yaḥ | | 119 | |
muhurhasan muhuḥkṣvedan śayyāṃ pādena
hanti yaḥ | | 119 | |
5 muhūśchidrāṇi viśṣannāturo na sa
jīvati | | 120 | | § 8531

2.6.185 Sarvāṅgasundarā

yaścāturo hr̥ṣṭaromā sāndramūtraḥ tathā śuṣkakāsī tathā
jvarī , sa idamidaṃ kurvanna jīvati | kiṃ tat ? ityāha-
dantaiśchindannakhāgrāṇi, tathā taireva- dantaiḥ , keśā-

ṁschindan, tathā- ṛṇāni chindan , tathā bhuvam kāṣṭh-
ena vilikhan , loṣṭamaparaloṣṭena taḍayan, muhuḥ pun-
aḥpunarhasan ,tathā muhuḥ kṣvedan- śabdaṁ kurvan ,
muhuḥ śayyāṁ pādena yo hanti , tathā chidrāṇi- apa- 5
rādhān vimṛśan- ghoṣayan | kecidvyākṣate,- chidrāṇi-
nāsikādīni, vimṛśan- saṁsprśan, iti | § 8532

2.6.186 Aṣṭāṅgahr̥dayasam̐hitā

mṛtyave sahasā+a+artasya tilakavyaṅgaviplavaḥ | | 120 | |
mukhe, dantanakhe puṣpaṁ, jaṭhare vividhāḥ
sirāḥ | | 121 | | § 8534

2.6.187 Sarvāṅgasundarā

artasya-āturasya, sahasā jāto mukhe-vadane, tilakavya-
ṅgaviplavo mṛtyave-maraṇāya | tathā, dantāśca nakhā-
śca dantanakhaṁ, tasmin dantanakhe, sahasā puṣpaṁ
jātamāturasya mṛtyave | tathā, jaṭhare sahasā vividhāḥ- 5
nānāvidhā varṇena saṁsthānena ca, sirā jātā ārtasya
mṛtyave-maraṇaṁ sūcayantītyarthāḥ | § 8535

2.6.188 Aṣṭāṅgahr̥dayasam̐hitā

ūrdhvaśvāsaṁ gatoṣmāṇaṁ
śūlopahatavaṅkṣaṇaṁ | | 121 | |
śarma cānadhigacchantāṁ buddhimān
parivarjayet | | 122 | | § 8537

2.6.189 Sarvāṅgasundarā

ūrdhvaśvāsādimantamāturaṁ sumativarjayet-na cikitset |
§ 8538

2.6.190 Aṣṭāṅgahr̥dayasaṃhitā

vikārā yasya vardhante prakṛtiḥ parihīyate | | 122 | |
sahasā sahasā tasya mṛtyurharati
jīvitam | | 123 | | § 8540

2.6.191 Sarvāṅgasundarā

vikārāḥ-jvarādayaḥ, yasyāturasyākasmādvardhante | prakṛtiḥ-
svabhāvaḥ, parihīyate | yathā, śūraḥ kātaraḥ syāt, dātā vā
tṛṣṇāvān, ityādi | athavā, prakṛtiḥ-vātādiḥ, tena vātaprak-
ṛtiḥ pittaprakṛtirbhavet, ityādi | tasya sahasā-śīghrameva,
5 jīvitam mṛtyurharati | § 8541

2.6.192 Aṣṭāṅgahr̥dayasaṃhitā

yamuddiśyāturam vaidyaḥ
sampādayitumaśadham | | 123 | |
yatamāno na śaknoti durlabham tasya
jīvitam | | 124 | | § 8543

2.6.193 Sarvāṅgasundarā

yamāturamuddiśya bhiṣagyatamāna auśadham sampāda-
yitum na śaknoti, tasya durlabham jīvitam | § 8544

2.6.194 Aṣṭāṅgahr̥dayasaṃhitā

vijñātaṃ bahuśaḥ siddham vidhivaccāvacāritam | | 124 | |
na sidhyatyaśadham yasya nāsti tasya
cikitsitam | | 125 | | § 8546

2.6.195 Sarvāṅgasundarā

yasyāturasyaśadham vijñātaṃ bahuśaḥ siddham vidhān-
ena copayuktaṃ na sidhyati, tasya cikitsitam nāsti | § 8547

2.6.196 Aṣṭāṅgahr̥dayasaṃhitā

bhavedyasyauṣadhe+anne vā kalpyamāne
viparyayaḥ | | 125 | |
akasmādvārṇagandhādeḥ svastho+api na sa
jīvati | | 126 | | § 8549

2.6.197 Sarvāṅgasundarā

yasyauṣadhe-kaṣāyaghr̥talehādau, tathā+anne-bhaktasūpādike,
vā kalpyamāne viparyayaḥ-anyathāsampattirvarṇagandharūpādeḥ,
akasmāt-nimittam vinā+api bhavet, sa svastho+api na jīv-
ati | § 8550

2.6.198 Aṣṭāṅgahr̥dayasaṃhitā

nivāte sendhanam yasya jyotiścāpyupaśāmyati | | 126 | |
āturasya gr̥he yasya bhidyante vā patanti
vā | | 127 | |
atimātramamatrāṇi durlabham tasya
jīvitam | | 127 | | § 8553

2.6.199 Sarvāṅgasundarā

yasya cāturasya gr̥he nivāta indhanasahitam jyotiḥ-agnyādirūpaṃ
śāmyati, tasya durlabham jīvitam | yasya cāturasya gr̥he+amatrāṇi-
bhājanāni, atimātram-atyantam bhidyante, athavā patanti,
tasya durlabham jīvitam | § 8554

2.6.200 Aṣṭāṅgahr̥dayasaṃhitā

yam naram sahasā rogo durbalam parimuñcati | | 128 | |
saṃśayaprāptamātreyo jīvitam tasya
manyate | | 128 | | § 8556

2.6.201 Sarvāṅgasundarā

yaṃ naraṃ durbalaṃ saṃśayaprāptaṃ santaṃ sahasā-
jhaṭityeva, rogo muñcati tasya narasyātreyo jīvitam saṃś-
ayaprāptaṃ manyate-pratipadyate | § 8557

2.6.202 Aṣṭāṅgahr̥dayasaṃhitā

kathayenna ca pṛṣṭo+api duḥśravaṃ maraṇam
bhiṣak | | 129 | |
gatāsorbandhumitrāṇām na ceccetaṃ
cikitsitum | | 129 | | § 8559

2.6.203 Sarvāṅgasundarā

gatāsorbandhumitrāṇi teṣām, prakṛtatvādgatāsusamba-
ndhi maraṇam duḥśravaṃ pṛṣṭo+api vaidyo na kathayet,
kimutāpṛṣṭaḥ ? tathā hi vaidyoktādduḥśravamarāṇaśabd-
aśravaṇāt santāpa utpadyate tatsuhr̥dām | evaṃ ca bhiṣ-
5 ajaḥ paropatāpakaraṇāt pāpena yogaḥ syāt | na ca taṃ-
gatāsuṃ, cikitsitum vaidya iccet | tathāvidhāturacikitsa-
nāddhi vaidyasyāyaśaḥsaṃyogaḥ syāt | gatāsoriti bhāvi-
nibhūtavadupacārādbhaviṣyati kto vaidyaḥ | yathā-"vr̥ṣṭo
devaḥ sampannāḥ śālayaḥ" iti | § 8560

2.6.204 Aṣṭāṅgahr̥dayasaṃhitā

yamadūtapiśācādyaiyatparāsurupāsyate | | 130 | |
ghnadbhirauṣadhavīryāṇi tasmāttam
parivarjayet | | 130 | | § 8562

2.6.205 Sarvāṅgasundarā

yamadūtapiśācarakṣaḥprabhṛtibhiḥ, yat-yasmāt, parāsuḥ
gatāsuḥ, upāsyate-sevyate | kimbhūtaiḥ ? auṣadhānām-
rasāyanādīnām, vīryāṇi-śaktiḥ, ghnadbhiḥ-yathāyatham
vyādhipraśamanasāmarthyamanyathā kurvadbhiḥ | ta-
5 smāttam parivarjayet | § 8563

2.6.206 Aṣṭāṅgahr̥dayasaṃhitā

āyurvedaphalam kṛtsnam yadāyurjñe
pratiṣṭhitam | | 131 | |
riṣṭajñānādr̥tastasmāsarvadaiva
bhavedbhiṣak | | 131 | | § 8565

2.6.207 Sarvāṅgasundarā

yat-yasmāt, āyurjñe-āyurvedavidī vaidye, āyurvedaphalam sakalam pratiṣṭhitam | tasmādr̥ṣṭajñānādr̥to bhiṣagbhavet | āyurvedasya hyetatphalam,-yadāyusaḥ parijñānam paripālanam ca | taccobhayaṃ riṣṭajñānājñāyate, tasmādr̥trādarah̥ kāryaḥ | § 8566

5

2.6.208 Aṣṭāṅgahr̥dayasaṃhitā

maraṇam prāṇinām dr̥ṣṭamāyuh̥puṇyobhakṣayāt | | 132 | |
tayorapyakṣayādr̥ṣṭam
viṣamāparihāriṇām | | 132 | | § 8568
iti śrī vaidyapatisim̥haguptasūnuśrīmadbāgbhāṭaviracitā-
yāmaṣṭāṅgahr̥dayasaṃhitāyām̥ dvitīye śārīrasthāne
vikṛtivijñānīyo nāma pañcamo+adhyāyaḥ | | 5 | |

2.6.209 Sarvāṅgasundarā

āyusca puṇyam̥ cobhayaṃ ca, prakṛtatvādāyuh̥puṇyayorubhayosteṣāmāyuh̥puṇyobhayanām̥ kṣaya āyuh̥puṇyobhayakṣayaḥ, tasmādāyuh̥puṇyobhakṣayāt maraṇam̥ prāṇinām̥ śārīriṇām̥, dr̥ṣṭam̥-upalabdham̥, munīndraiḥ | tatra sarvopakaraṇasampannam̥api samyagvāhyamānarathavadup-
abhogavaśena yathocitapramāṇāyuh̥kṣayādyanmaraṇam̥
jāyate, tadāyuh̥kakṣayāditi bodhyam | jyotiḥśāstravidbhirjātakaparikalpitanīyatāyusām̥anyeṣām̥ ca yadāhārādya-
bhāvena maraṇam̥, tatpuṇyakṣayādbodhyam | yatrāyuh̥kṣayo yathāvallakṣito dr̥śyate, tathaiva ca puṇyakṣayaḥ, tadubhayakṣayanmaraṇam̥ bodhyam | na caitadeva he-

5

10

tutrayamāyuh̥puṇyobhayakṣayalakṣaṇam̐ śārīriṇām̐ ma-
raṇe kāraṇam̐ | kintarhi ? anyadapi vidyata ityāha-
tayorityādi | nanu, āyuh̥puṇyobhayakṣayātmakam̐ lakṣ-
aṇatritayam̐ prakṛtam̐ | tataśca teṣāmiti nirdeśaḥ prā-
5 ptaḥ | naitadevam̐ | iha hyāyuh̥puṇyayoreva parāmarśaḥ
sarvanāmnāyukto na tu tṛtīyasya hetoḥ, tadātmakatvā-
dubhayasya | ataḥ 'tayorapyakṣayāt' iti yukto dvayorni-
deśaḥ | tayoh̥-āyuh̥puṇyayoh̥, ahānito+api maraṇam̐ dṛ-
ṣṭam̐ | yasmāddīrghāyuh̥soḥpetānām̐ tathā puṇyavattval-
10 akṣaṇam̐ yatsarvopakaraṇatvam̐ tatsampannānāmasevy-
odbhūtam̐ | viṣamaṇcaṇḍamātaṅguturaṅgagomahiṣadu-
rgandhavegaśvabhraprapātakesarīsarīsr̥pādisevanam̐, na
tatpariharantyevam̐ śīlam̐ yeṣām̐ te viṣamāparihāriṇaḥ, te-
ṣām̐ yanmaraṇam̐ tadviṣamāpariharaṇādbhavati | yadya-
15 pyāyuh̥kṣayādeva sarvam̐ maraṇam̐, tathā+api puṇyakṣ-
ayaviṣamāpariharaṇābhyāmāyuh̥kṣayasyaiva kāraṇabhū-
tatvādevamuktam̐ | tadevam̐ vidyamānāyuh̥ṣṭve tathā sa-
rvopakaraṇasampannatve viṣamamapariharatām̐ yanma-
raṇam̐ tadviṣamāparihāriṇām̐ bodhyam̐ | bāhyavāhakad-
20 oṣādikāraṇarathavināśasadr̥śamiti | § 8570
iti śrīmr̥gāṅkadattaputraśrīmadaruṇadattaviracitāyāma-
ṣṭāṅgahr̥dayaṭī- kāyām̐ sarvāṅgasundarākhyāyām̐ dvitīye
śārīrasthāne vikṛtivyijñānīyo nāma pañcamo+adhyāyaḥ
samāptaḥ | | 5 | |

2.7 Unidentified passage. This is missing in the print edition.

athāto+aṅgavibhāgam̐ śārīram̐
vyākhyāsyāmaḥ | | 1 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 1 | | § 8573

samprasūte ga-
rbhe+aṅgāsthisirāmarmaparijñānārthamadhyāyārambhaḥ |
tatrāśrayatvādaṅgavibhāgaḥ
prathamamucyate
kāraṇopacārādadyāyasya nāma | | 1 | | § 8574

sakalamapi śarīramaṅgamyucyate | | 2 | |
tatra punaḥ ṣaḍaṅgam | | 2 | |
śire+antarādhirdvau bāhū sakthinī ca | | 2 | |
netranābhipāṇipādā- dīni tvasya
pratyāṅgāni | | 2 | | § 8578

aṅgam śarīram | tasya ṣaṭ
śiraḥprabhṛtīnyaṅgānyavayavāḥ | antarādhiḥ
ājatorākateḥ |
pratyāṅgamavayavyāpyavayavaḥ |
netrakarṇādīni śirasaḥ |
nābhiḥṛdayādīnyantarādheḥ |
prāṇiskandhādīni bāhvoḥ | pādajāṅghādīni
sakthnoḥ | | 2 | | § 8579

mahāguṇamayebhyaśca
khapavanatejojalabhūmyākhyebhyo
mahābhūtebhyaścetanādhiṣṭhite-
bhyo+abhinirvṛttiraṅgasya | | 3 | | § 8580

tasya cāṅgasya khādibhyo
mahābhūtebhyo+abhinirvṛttiḥ | kimbhūte-
bhyaścetanenātmanā+adhiṣṭhitebhyaḥ | tāni
ca kimbhūtāni ? mahāguṇamayāni |
sattvādaya eva bhūtabhāvena pariṇatā
ātmādhiṣṭhitāśca | | 3 | |

tasya cāṅgasya khādibhyo
mahābhūtebhyo+abhinirvṛttiḥ | kimbhūte-
bhyaścetanenātmanā+adhiṣṭhitebhyaḥ | tāni
ca kimbhūtāni ? mahāguṇamayāni |
sattvādaya eva bhūtabhāvena pariṇatā
ātmādhiṣṭhitāśca | | 3 | | § 8582

bhūtānāmeva ca
dr̥ṣṭādr̥ṣṭavividhakarmavaśādanekarūpāt
sanniveśaśadākṛtipramāṇasnehadīptisvarād-
īnām sārūpyamasārūpyam vā
sūkṣmsthūlatāratamyabhedabhinnamatiba-
huprakāram
niṣpadyate | | 4 | | § 8583

tatra śarīre tathā teṣāmeva mahābhūtānām
sanniveśaviśeṣāt prakṛtipramāṇādīnām
sādrūṣyamasādr̥śyam ca bahuprakāram
niṣpadyate | kimbhūtāt sanniveśaviśeṣāt ?
dr̥ṣṭādr̥ṣṭanānāvidhakarmavaśenānekarū-
pāt | dr̥ṣṭam karma mātr̥pitṛbhyām
snehakṛtamāhārādi |
adr̥ṣṭamanyajanmakṛtam | śarīrāṇām
kimbhūtam sārūpyamasārūpyaṅcāha-
sūkṣmāditāratamyabhedabhinnamata eva ca
bahuprakāram | | 4 | | § 8584

tatra sattbahulamākaśam | | 5 | | § 8585

tatretyādinā pratyekamapi mahābhūtasya
triḡuṇatve viśeṣakathanam | § 8586

rajabahulo vāyuh | | 1 | | § 8587

agnilakṣaṇam § 8588

sattvatamobahulamambu | | 1 | | § 8589

pṛthivyā lakṣaṇam § 8590

teṣāmapratiṅātāścalatvamauṣṇyam dravatā
kāṭhinyamiti kramā- lliṅgāni | | 6 | | § 8591

teṣām mahābhūtānām pañcānām sadbhāve
apraṅātādikrameṇa liṅgam | § 8592

viśeṣataśca

śrotrādiṣvīndriyeṣvavasthānam | | 7 | | § 8593

teṣāṃ ca mahābhūtānāṃ śabdādibhīrguṇaiḥ
krameṇaiva ekaikapravṛddhairanvayaḥ | tena
śabdaguṇamākāśam | śabdasparsaguṇaḥ
pavanaḥ | śabdasparsarūpaguṇaṃ tejaḥ |
śabdasparsarūparasaguṇaṃ jalam |
śabdādīpañcaguṇā pṛthivī | | 7 | | § 8594

śabdasparsarūparasagandhairekaikapravṛddha-
iranvayaḥ | | 8 | | § 8595

teṣāṃ ca mahābhūtānāṃ śabdādibhīrguṇaiḥ
krameṇaiva ekaikapravṛddhairanvayaḥ | tena
śabdaguṇamākāśam | śabdasparsaguṇaḥ
pavanaḥ | śabdasparsarūpaguṇaṃ tejaḥ |
śabdasparsarūparasaguṇaṃ jalam |
śabdādīpañcaguṇā pṛthivī | | 8 | | § 8596

tatrā+a+akāśajāni śrotraṃ śabdaḥ
sarvastrotāṃsi viviktatā | | 9 | | § 8597

tatra śarīra ākāśajāni śrotrādīni |
śrotramindriyam | tathā śabdaḥ |
ākāśabhāvācśabdabhāvaḥ | viviktatā
śārīrāṇāṃ bhāvānāṃ vibhāgaḥ | | 9 | | § 8598

vāyavīyāni sparśanaṃ sparśaḥ
praśvāsocśvāsādīparispandanāni lāṇavaṃ
ca | | 10 | | § 8599

vāyavīyāni sparśanādīni | sparśanamindriyam |
sparśo+anyasparśanaviṣayaḥ | evaṃ
rūpādīnāmapi vācyam | | 10 | | § 8600

āgneyāni darśanaṃ rūpaṃ pittamūṣmā paktiḥ
santāpo medhā varṇo bhāstejaḥ
śauryyaṅca | | 11 | | § 8601

āgneyāni darśanādīni | darśanaṃ
cakṣurindriyam | pittaṃ doṣaḥ | uṣmā
agniḥ | paktistatkriyā | bhā kāntiḥ | tejaḥ
prasiddham | § 8602

āmbhasāni ranaṃ rasaḥ svedakledav-
asā+asṛkaśukramūtrādidravasamūhaḥ
śaityaṃ snehaśca | | 12 | | § 8603

āmbhasāni dehe rasanādayaḥ | eko rasaśabdo
rasaviṣayatvajñāpanārthaḥ | dvitīyo
dhātuviśeṣagrahaṇārthaḥ | | 12 | | § 8604

pārthivāni nṛṇaṃ gandhaḥ
keśanakhāsthyādimūrtasamūho
dhairyasthairyyaṅca | | 13 | | § 8605

pārthivāni nṛṇādīni | iti dehe
pañcamahābhūtakārye
cetanaścāpyāyātyavahitamanasāpi
parīkṣyamāṇo na kiñcillabhyate | | 13 | | § 8606

teṣu mātrjāni mṛdūni tvagraktamāṃsamedoma-
jjanābhihr̥dayāmāśayagarbhāśayayakṛtplihā-
klomāntragudādīni | | 14 | | § 8607

mātrjānīti teṣu ca mahābhūtakāryeṣu madhye
kiñcidgarbhasya mātrjam | kiñcit pitṛjam |
kiñcicetanajam | cetana ātmā | tataḥ
saṃkrāntamityarthaḥ | tvagādīnyanyāni
mṛdūni garbhasya mātrjāni vidyāt |
garbhāśayaḥ strīgarbhasyaiva | | 14 | | § 8608

pitṛjāni sthirāṇi keśanakhāsthīśukrasirāsnāyāvā-
dīni | | 15 | | § 8609

keśādīnyanyāni ca sthirāṇi pitṛjāni | | 15 | | § 8610

ātmajāni nānāyoniṣūtpittirmanaścetanendriyāṇi
prāṇāpānau
dhāraṇamākṛtisvaravarṇaviśeṣāḥ
kāmakrodhalobhabhayahaṣadharmaśīlatā-
smṛtibuddhīcśādveṣaprayatnāhānkārasukha-
duḥkhāyurātmajñānāni
ca | | 16 | | § 8611

ātmajāni punarnānāvidhayonyutpatyādīni |
ātmanā
hyavadātānavadātakarmakāraṇabhūtena
yoniṣu mṛgasarīṣpādiṣūtpadyate ; ataḥ
saṃskāreṇa niḥśreyasāya | tathā manaḥ
ātmajam | taddhi na kutaścidāgacśatyātmanā
nityasambandhitvāt | indriyāṇi
tvātmakṛtānyeva | cetanendriyāṇi pañca
buddhīndriyāṇi śrotrādīni | prāṇāpānau
cātmajau | tābhyāmeva hyātmakāraṇābhyām
jīvyate | sādhdhāraṇamavayavānām
dhāraṇamutsāhena dehāvaṣṭambhaḥ |
ākṛtyādīnām nānāvidhā viśeṣāḥ ākṛtiḥ
saṃsthānam | tasyām hi bhūtāni
samavāyikāraṇam | ātmā
tvasamavāyikāraṇam | kāmādayaḥ sarva eva
vijñānadharmā ātmabhavāḥ | tathā
sukhādayo+apyātmanaḥ karmaphalatvāt | |
16 | | § 8612

sātmyajānyāyurārogyamanālāsyalolupatvamī-
ndriyaprasādasvaravarṇaujaḥ
sapatpraśastatā prahaṣabhūyastvam
medhābalaṃ ca | | 17 | | § 8613

sātmyajāni yāni dehino garbhāt prabhṛti
sātmyasevina eva bhavanti | svarādīnām
sapatparipūrṇatvam | praśastatā
praśasyatvam | | 17 | | § 8614

rasajāni kṛtsnasya dehasya sambhavo
vṛttirvṛddhistṛptiralaulyaṃ
puṣṭirutsāhaśca | | 18 | | § 8615

rasajāni yāni rasebhyaḥ pariṇatebhyaḥ
sampadyante | dehasya sambhavo
mātrijaṭhare | vṛttirvṛddhistatraiva | jātasya
ca | | 18 | | § 8616

śuddhasattvajāni śaucamāstikatvam, kṛtajñatā,
dākṣiṇyaṃ, vyavasāyaḥ, śauryyaṃ,
gāmbhīryaṃ buddhirmedhā, smṛtiḥ śuklava-
rtmarucirbhaktirabhiṣaṅgābhāvastamogūṇo
viparyayaśca | | 19 | | § 8617

śuddhasattvajāni yāni ca vastūni
rajastamobhyāmanapahatena śuddhena
sattvena bhavanti | asti paraloka iti vijñānaṃ
yasyā+asāvāstikastasya bhāvaḥ āstikatvam |
buddhirgrahaṇaśaktiḥ | medhā prajñā |
bhaktirdevatādi viṣaye | abhiṣaṅgaḥ
samparityāgāśaktatā tasyā+abhāvaḥ
krodhādyanabhibhava iti yāvat |
tamogūṇānām
vakṣyamāṇānāmajñānaviṣādādīnām
vaiparītyamiti sattvajāni | | 19 | | § 8618

rājasāni durupacāratā+anāryaṃ śauryyaṃ
mātsaryamamita- bhāṣitvamahaṅkāro
lolupatvam dambho mānaḥ krodho harṣaḥ
kāmaśca | | 20 | | § 8619

rājasāni tāmasāni ca rajastamobhyāmupahatena
sattvenaiva bhavanti | durupacāraḥ yasya
paricārakādibhirduḥkhena cittam grahītuṃ
pāryyate tasya bhāvaḥ | anāryaṃ śauryaṃ
viṣayakālādinā anucitam | ucitam śauryyaṃ
sāttvikatvameva | lolupo viṣayakautukī tasya
bhāvaḥ | § 8620

tāmasānyajñānaṃ viṣādaḥ pramādo
nidrā+a+alasyaṃ kṣuttrṣṇā śoko mātsaryaṃ
vipratipattiḥ parātisandhānaṃ sattvaguṇa
vaiparītyaṃ ca | | 21 | | § 8621

ajñānādīni tāmasāni | ajñānaṃ mithyājñānaṃ |
vipratipattirvirodho+anyena |
parātisandhānaṃ parapakṣapratibandhaḥ |
sattvajānāṃ śaucāstikatvādīnāṃ
vaiparītyam | | 21 | | § 8622

tatra sattvaṃ manastasyopaplavo rajastamaśca
ityevambhūtātmakaṃ
dehamāhuḥ | | 22 | | § 8623

sattvaṃ kimucyata ityāha-tatretyādi | sattvaṃ
manaḥ iti paryyāyau | tasya sattvasya
rajastamaścopaplavau | ityanena prakāreṇa
pṛthivyādivikārasamudāyātmakam
dehamāhurācāryyāḥ | tenaitat sthitamasmin
darśane-ātmā nityaḥ avikāraḥ na jāyate na ca
vinaśyati | sattvādisaṃyogāttu
jātādivyapadeśam labhate | saṃyogaśca
tasyāvidyāsvabhāvakṛtaḥ |
avidyākṣayādhyavalīne saṃyoge śuddhaḥ
san mukta ityucyate | ekena hyanvayinā
kartrā vinā bālatvādīnām smṛtyādinā
phalābhisandhānena
kāryyā+apavr̥tterdehādikāryyasya ca
sambhavaḥ | sa ca svatantro+apyātmanaiva
tatkarma karoti | yasya bandho vā mokṣo vā
phalamaśnute, tasya ca svakarmana eva
karaṇāt kāraṇāt saṃyogastadvināśau
bandhamokṣau | na hyātmanā kartrā vinā
śarīrasya sambhavaḥ | tathā ca bhagavān
carakaḥ- mṛddaṇḍacakraiśca kṛtam
kumbhakārādṛte ghaṭam | kṛtam
mṛtṛṇakāṣṭhaiśca gṛhakārādvinaḥ gṛham | yo
vadetsa vadeddeham sambhūyakaraṇaiḥ
kṛtam | iti | tasmādātmā cetanaḥ kāraṇam
nityaḥ | acetanāni tu mahābhūtāni anityāni
pratikṣaṇapradhvamsīni | teṣāṃ hi nityatve
bhāvānām vṛddhyādyasambhavaḥ | na hi
tadekam vastu tathā cānyathā ca
bhavitumarhati | dṛśyate ca | tasmādanityāni
bhūtāni | tadadhiṣṭhitāni puruṣākhyāṃ
labhante | evamātmano+anādiḥ saṃyogaḥ
puruṣasaṃyogibhiranyonyasāpekṣairbhav-
ati | tasmāt sthitamevambhūtātmakam
dehamāhuriti | § 8624

tasya punaḥ pravibhāgaḥ-tvacaḥ kalā doṣā
dhātavo malā buddhīndriyāṇi
tadadhiṣṭhitāni
karmendriyāṇyatīndriyamāśayāḥ
prāṇāyatanāni kaṇḍarājālāni
kūrcārajvassīvanyo+asthisāṅghātāḥ sīmantā
asthīnyasthisandhayaḥ snāyūni peśyaḥ sirā
dhamanyaḥ srotāṃsyūṣmāṇo marmaṇi
keśāśmaśrulomāni
prakṛtīvikṛtibhedāśca | | 23 | | § 8625

sa ca dehavagādibhirapoddhāreṇa
pravibhajyate | subodham | | 23 | | § 8626

tatrā+asṛjaḥ pacyamānasya kṣīrasyeva
santānikāḥ ṣaṭ tvaco bhavanti | | 24 | | § 8627

tatra dehe ṣaṭ tvaco raktāt svoṣmaṇā
pacyamānātkṣīrajālikāvat bhavanti | tāstu
kadalīdalavadantare krameṇa vartante |
tāsāṃ tvacāṃ prasādādraktasya prasādaḥ |
tvaco hi raktasya prasannatāṃ janayanti |
ghanībhāvasyālpībhāvāpādanācca | |
24 | | § 8628

tvakprasādādraktasya prasādaḥ | | 25 | |
udakadharā tvak tāsāmudakadharā
cādyā | | 25 | | § 8630

tāsāṃ prathamā deha udakaṃ vibharti yena
bahirārdratvābhāvaḥ | | 25 | | § 8631

dvitīyā+asṛgdharā | | 26 | | § 8632

dvitīyayā ruddhantvasram | tena raktaṃ na
bahiḥ syandate | sā+asṛgdharā nāma ityādi
subodham | | 26 | | § 8633

ṭṛtīyā sidhmakilāsādhiṣṭhānā | | 27 | | § 8634

yadāśritya yasya bhāvastasya tadadhiṣṭhānam |
sidhma kuṣṭhaviśeṣaḥ | kilāsaṃ śvitram | |
27 | | § 8635

pañcamī punaralajīvidradhyadhiṣṭhānā | | 28 | |
prāṇadharā tvak ṣaṣṭhī tu prāṇadhara | | 28 | |
yasyāṃ śinnāyāṃ tāmyatyandhamiva ca tamaḥ
praviśati yāṃ cādhiṣṭhāyārūṃṣi
jāyante | | 28 | |
parvasu kṛṣṇaraktāni sthūlamūlāni
duścikitsyatamāni | | 28 | | § 8639

ṣaṣṭhī sarvasāmantarmāṃsalagnā | sā
prāṇānantaravaruddhyā+avatatyāvatiṣṭhati |
tadadhiṣṭhānāni hi viśeṣeṇa
kṛṣṇaraktānyarūṃṣi | § 8640

anye sapta tvaco vadanti | | 29 | |
bhāsinī tvak tatra prathamā bhāsinī nāma yā
varṇānāmavabhāsinī khādīnāṃ ca pañcānāṃ
śāyānāṃ sā
vrīheraṣṭādaśabhāgapramāṇā | | 29 | | § 8642

anye tvācāryyā bhāsinīyādibhedena
saptasaṃjñāstvaco vadanti | subodham |
pañca śāyā vakṣyamāṇāḥ | | 29 | | § 8643

yastu dhātvāśayāntareṣu kledo+avatiṣṭhate sa
yathā svamūṣmabhirvipakvaḥ
snāyuśleṣmajarāyucśannaḥ kāṣṭha iva sāro
dhātusāraśeṣo rasaśeṣolpatvāt
kalāsaṃjñāḥ | | 30 | | § 8644

uktāstvacaḥ kalā ucyante-yastvityādi |
dhātūnām raktādīnāmāśayā yāni srotāmsi
teśām dvayordhātvāśayayormadhye yaḥ
kledaḥ sa svena-svena dhātūṣmaṇā pakvaḥ
śleṣmādiśannaḥ san kalākhyā labhate |
kāṣṭhasāravat yathā kāṣṭhe+antaḥsāro
vibhajyate, tathā śarīre kalāḥ | tāśca
svasthānamajahatyāḥ śarīraṃ vyāpnuvanti |
sa tu kledo dhātusāraśeṣo na pūrvadhātutām
nāpyuttaradhātutām prāpnotyataḥ
svalpatvāt kalāsaṃjñāḥ, āsām tu kramo
dhātukramasambhavaviśeṣāt | viśiṣṭakāryatā
tu svabhāvāt | | 30 | | § 8645

tāsām prathamā māṃsadharā nāma | | 31 | |
yasyām māṃse sirāsnāyudhamanīsrotasām
bhūmāviva paṅkodakena bisamṛṇālānām
pratānāni bhavanti | | 31 | | § 8647

tathāhi-prathamā rasaviśeṣajā+api
māṃsadhara | yasyām
bhūmyāmivādhiṣṭhāya māṃse
kardamasadr̥ṣe sirādīnām pratānāni
mṛṇālaprakhyāni bhavanti | | 31 | | § 8648

dvitīyā raktadhara nāma
māṃsasyābhyantaratastasyām śoṇitam
viśeṣataśca sirāplīhayakṛtsu bhavati | | 32 | |
māṃsācca kṣatāt kṣatajaṃ vṛkṣādiva kṣīriṇaḥ
kṣīraṃ pravarttate | | 32 | | § 8650

dvitīyāyām śoṇitam bhavati | viśeṣato
yakṛdādiṣveva tasyām kalāyām śoṇitam
bhavati prabhāvācca māṃsāt kṣatāt bahiḥ
śoṇitam pravarttate | na hi tayā vinā māṃse
raktaṃ bhavati | dr̥ṣṭāntaḥ
sphuṭapratipattyarthaḥ | | 32 | | § 8651

ṭṭīyā medodharā nāma | | 3 | |
medo hi tasyāmudare+aṅvasthiṣu ca saraktaṃ
bhavati | | 3 | |
tadeva ca śirasi kapālapraticśannaṃ
mastiṣkākhyam̐ mastuluṅgākhyam̐ ca
sthūlāsthīṣu ca majjā | | 3 | | § 8654

ṭṭīyāyām̐ medaḥkarṭṭi saraktaṃ
bhavatyudare+aṅvasthiṣu | tāmevā
+a+aśritya medo mastuluṅgatvam̐ yāti
majjatvam̐ ca yāti | | 33 | | § 8655

caturthī śleṣmadharā nāma | | 34 | |
tatsthena hi śleṣmaṅā śleṣitāḥ sarvasandhayo
dṛḍhā bhavanti sopāṅgā
sābhyaṅgā | | 34 | | § 8657

subodham | akṣāścakranābhayaḥ | sopāṅgaḥ
sābhyaṅgaḥ | | 34 | | § 8658

pañcamī purīṣadharā nāma | | 35 | |
sā hyantrāmapakvāśayāśritā
koṣṭhāntaruṅḍukastham̐ malam̐
vibhajati | | 35 | | § 8660

uṅḍukaṃ purīṣādhāraḥ | | 35 | | § 8661

ṣaṣṭhī pittadhara nāma
pakvāmāśamadyasthā | | 36 | |
sā hyantragneradhiṣṭhānatayā+a+amāśayāt
pakvāśayonmukhamannaṃ balena vidhārya
pittatejasa śoṣayati pacati pakvañca
vimuñcati | | 36 | |
doṣādhiṣṭhitā tu
daurbalyādāmamevātato+asāvannasya
grahaṅāt punargrahaṅīsam̐jñā | | 36 | |
balaṃ ca tasyāḥ pittamevāgnyabhidhānamataḥ
sā+agnistabdhopabṛṃhitaikayogakṣemā
śarīraṃ vartayati | | 36 | | § 8665

ṣaṣṭhī pakvāmāśayayormadhye sthitā āmāśayāt
pakvāśayonmukhamannaṃ balena
vidhāryya pacati | pittatejasā
karaṇabhūtena | saiva
vātādidoṣādhiṣṭhānena daurbalyādāmameva
vimuñcati yadevāgnerdhāraṇaṃ tadeva
tasyā upastambhanam |
yadevāgnerupabr̥ṃhanaṃ tadevāsyā
upabr̥ṃhanaṃityekayogakṣemā | | 36 | | § 8666

saptamī śukradharā nāma dvyaṅgule dakṣiṇe
pārśve bastidvārasyādho mūtramārgamāśritā
sakalaśarīravypinī śukraṃ
pravartayati | | 37 | | § 8667

saptamī bastidvārasya dvyaṅgulamatikramya
dakṣiṇe pārśve mūtramārgamāśritya
varttate | | 37 | | § 8668

doṣā dhātavo malāśca prāguditāḥ | | 38 | | § 8669

doṣādayaḥ prāk sūtrasthāna uktāḥ | | 38 | | § 8670

teṣāṃ sabhāgatayā kramādviśayaḥ
śabdaspārśarūparasagandhāḥ | | 1 | | § 8671

teṣāmindriyāṇāṃ sabhāgatayā indriyasya
viśeṣeṇaikabhūtādhikyakāraṇatvena
sādrśyāt | yathā cakṣustaijasaṃ taijasaṃ
rūpaṃ gṛhṇāti | śrotraṃ nābhasaṃ
śabdo+api nābhasaḥ | | 40 | | § 8672

pañca buddhīndriyādhiṣṭhānāni-karṇau
tvagakṣiṇī jihvā nāsike ca | | 41 | | § 8673

indriyādhiṣṭhānāni śarīrāvayavaḥ | | 41 | | § 8674

pañca karmendriyāṇi-
vākpāyūpasthapāṇipādasamjñakāni | | 1 | | § 8675

karmendriyāṇi pañca-vāgekaṃ, dvitīyaṃ
gudaṃ, ṛtīyaṃ meḍhram, caturthaṃ pāṇī,
pañcamam pādau | | 42 | | § 8676

tānyapi ca vacanotsargaharṣādānagamanārth-
āni | | 43 | | § 8677

vāgādīnāṃ krameṇa vacanādi karma |
harṣagrahaṇamupalakṣaṇam | tathā
copasthaṃ yathā harṣārthaṃ tathā
mūtrotsargārthamapi | harṣāśabdena śukraṃ
lakṣyate | | 43 | | § 8678

atīndriyantū manaḥ sarvārthairanvayāt
tadyogena pañcendriyā-
ṇāmarthapravṛtṭeḥ | | 44 | |
buddhikarmendriyobhayātmakatvācca | | 44 | | § 8680

atīndriyatvamatikrāntendriyasvarūpatvam |
hetutrayeṇātīndriyatve upapattiḥ |
sarvārthaiḥ sarvairviṣayairanugataṃ manaḥ
na tathendriyam | indriyāṇi
viśeṣagrahaṇārthamiti tadapekṣante, na
tvīndriyāntaram | tathā tadubhayātmakaṃ
tacśaktyanvayāt | tathā ca yathā manaḥ
paśyati tathā kriyāḥ pravarttante | | 44 | | § 8681

saptāśayāḥ kramādasṛkkaphāmapittapakvavāy-
umūtrādhārāḥ | | 45 | |
strīṇāṃ pittapakvāśayayormadhye
garbhāśayo+aṣṭamaḥ | | 45 | | § 8683

asṛgādyāśayāḥ kaṅṭhādayaḥ krameṇa
mahāsrotasi varttante sapta | aṣṭamaḥ
strīṅāmeva | sa ca
pittāśayapakvāśayayormadhye bhavati | |
45 | | § 8684

teṣu saptasu pratibaddhāni koṣṭhāṅgāni
hṛdayakṛtplīhaphupphusoṅḍukavṛkkāntrād-
īni | |46 | | § 8685

teṣu cāśayeṣu pratibaddhāni hṛdayādīni
koṣṭhāṅgāni | ādigrahaṅādanyāni nābhyādīni
sūkṣmāṅi gṛhyante | tāni mṛtaśarīre dṛṣṭvā
kāryyakāraṇabhāvādvikalpanīyāni |
subodhamanyat | | 46 | | § 8686

hṛdayaṃ punaḥ śleṣmaraktaprasādāt
sambhavati padmakośasaṅkāśaṃ
suṣiramadhomukham | |47 | |
tadviśeṣeṇa cetanāyāḥ sthānaṃ sarvabhāvānāṃ
ca cetanānugatānāṃ | |47 | |
tasya vāmapārśve plīhā phupphusaśc | |47 | |
dakṣiṇato yakṛt kloma ca | |47 | | § 8690

cetanānugatā bhāvāḥ smrṭyādayaḥ | yatra
cetano+anvayī saktāḥ | § 8691

tathā kapharaktavāhināṃ srotasāṃ
mahābhūtānāṃ ca
prasādāndriyāṅi | |48 | | § 8692

avayavaviśeṣa indriyam | kaphādivahāni yāni
srotāṃsi teṣāṃ mahābhūtānāṃ cātmīyāgninā
pākapaṇīnāmātprasādāccakṣurādīndriyāṅi
bhavanti |
indriyādhiṣṭhānānīndriyāṅītyucyante | |
48 | | § 8693

teṣvapi ca netre śleṣmaṇaḥ
prasādācśuklamaṇḍalaṃ tat pitṛjam | | 49 | |
asṛjaḥ kṛṣṇamaṇḍalaṃ tanmāṭṛjam | | 49 | |
madhye dr̥ṣṭīmaṇḍalaṃ
tadubhayātmakam | | 49 | | § 8696

teṣvapīndriyeṣu madhye netre
yacśuklamaṇḍalaṃ tacśleṣmaṇaḥ
prasādādbhavati | tacca paitṛkam bhavati |
subodham | | 49 | | § 8697

pakṣmavartmaśuklakṛṣṇadr̥ṣṭyākhyāni pañca
maṇḍalāni | | 50 | |
tatsandhayaścatvāraḥ | | 50 | |
dvau cāpāṅgakanīnayoḥ iti te ṣaṭ | | 50 | |
ṣaṭ ca paṭalāni | | 50 | |
dve vartmanī | | 50 | |
bāhyaṃ cāsritamagnyambhasī | | 50 | |
dvitīyaṃ māṃsam ṭṛtīyaṃ
medaścaturthamasthi | | 50 | |
teṣāṃ bahalata dr̥ṣṭeḥ
pañcamāṃśena | | 50 | | § 8705

pañca netre cakravādāntarataḥ maṇḍalāni |
teṣāṃ sandhayaḥ ṣaṭ | ekaḥ
pakṣmavartmanoḥ | dvitīyo
vartmaśuklayoḥ | ṭṛtīyaḥ śuklakṛṣṇayoḥ |
caturthaḥ kṛṣṇadr̥ṣṭyākhyayoḥ | pañcamo
netrāpāṅgayoḥ | ṣaṣṭho netrakanīnikayoḥ |
apāṅgaḥ karṇadiśi | kanīnikaṃ nāsādiśi | ṣaṭ
ca netrapaṭalāni bhavanti | bāhyamityādinā
paṭalānāṃ kramaḥ | tatra ca yadbāhyaṃ
paṭalaṃ tadūrdhvādhobhedena dve
vartmanī agnyambhasī cāsritam | tābhyāṃ
tadāpyāyitam | evaṃ sarvatra vācyam |
dr̥ṣṭīmaṇḍalasya yāvati vistīrṇatā tasyāḥ
pañcamena bhāgena paṭalānāṃ
ñanatvam | § 8706

bandhanaguṇāstu catvāraḥ
sirākaṇḍarāmedaḥkaphātmakāḥ | | 1 | | § 8707

sirādimayāścatvāro dehabandhanarajjavah |
yābhirmahāsandhayo badhyante | teṣāṃ
sirādyananyatamatvānnādhikanirdeśaḥ
subodham | | 51 | | § 8708

māṃsāsṛkkaphamedaḥprasādād
vṛṣaṇāviti | | 52 | | § 8709

jihvāvṛṣaṇayorindriyādhāreṣvanupadeśaḥ | |
52 | | § 8710

daśa prāṇāyatanāni mūrdhā jihvābandhanam
kaṇṭho hrdayam nābhirbastirgudaḥ
śukramojo raktañca | | 53 | |
teṣāmādyāni sapta
punarmahāmarmasaṃjñāni | | 53 | | § 8712

prāṇānāmāyatanāni sthānāni mūrdhādīni
ādyāni sapta gudāntāni mahāmarmākhyāni |
kaṇṭho jihvābandhanasyādhaḥ |
subodham | | 53 | | § 8713

ṣoḍaśa kaṇḍarāḥ | | 54 | |
tāsāṃ dve dve karacaraṇeṣucatasraḥ
pṛthaggrīvāpṛsthayoḥ | | 54 | | § 8715

ṣoḍaśetyādi dve-dve iti caturṣu
karacaraṇeṣvaṣṭau | pṛthagiti grīvāyāṃ
catasraḥ | pṛsthavaṃśe catasra iti pūrvābhiḥ
ṣoḍaśa kaṇḍara māṃsarajjuprāyāḥ | |
54 | | § 8716

ṣoḍaśa jālāni, teṣāṃ māṃsasirāsnāyvasthijāni
catvāryaikaikatra gūlphe maṇibandhe ca
parasparagavākṣitāni tāni
sthitāni | | 55 | | § 8717

ekaikatreti pratyekaṃ caturṣu
gulphamaṇibandhaneṣu catvāri
māṃsādikāni jālakādīni ṣoḍaśa | | 55 | | § 8718

ṣaṭ kūrcaḥ hastapādagrīvāmedhreṣu | | 56 | | § 8719

catvāro hastapāde pratyekameko grīvāyāmeko
medhre ceti ṣaṭ kūrcaḥ | kūrcaḥkṛtayaḥ
snāyvādiviśeṣāḥ | | 56 | | § 8720

catasro māṃsarajjavaḥ pṛṣṭhavaṃśamubhayataḥ
peśinibandhanārthaṃ tāsāṃ dve
bāhye | | 57 | |
dve cābhyantharasthite | | 57 | | § 8722

pṛṣṭhavaṃśasyaikasmin pārśve tvagbhāga ekā,
tadvad dvitīye pārśve, dve cābhyanthara iti
catasro māṃsarajjavaḥ | | 57 | | § 8723

sapta sīvanyaḥ | | 58 | |
tāḥ pañca śīrasi jihvāmehānāyorekaikā | | 58 | |
parihāryāśca śastreṇa | | 58 | | § 8726

śīrasi dve śāṅkhāvaśritya pravṛtte dve kṛkāṭike
ekā upariṣṭvī iti pañca | dve
jihvāmedhrayoriti sapta sīvanyaḥ śastreṇa
parihāryāḥ | | 58 | | § 8727

caturdaśāsthisaṅgātāḥ | | 59 | |
teṣāmeko gulphajānuvaṅkṣaṇamaṇibandha-
karpūrakakṣyāsu
trikaśīrasośca | | 59 | | § 8729

gulphādimaṇibandhādītrayabhedena
pratyekaṃ śākhāyāṃ traya iti dvādaśa | trike
śīrasi caikaika ityasthisāññātāścaturdaśa | |
59 | | § 8730

tadvatsīmantāḥ, te tu pañca
śīrasītyaṣṭādaśa | | 60 | | § 8731

tadvadasthisāññātavat gulphādiṣu trike
caikaikaḥ | pañca śīrasītyaṣṭādaśa sīmantāḥ |
sīmantāḥ sīvanyaśca bahistvacaḥ śīrasi na
drśyante | | 60 | | § 8732

trīṇi ṣaṣṭya+adhikānyasthiśatāni | | 61 | |
teṣāṃ ca catvāriṃśacśataṃ śākhāsu | | 61 | |
savimśaṃ śatamantarādhau | | 61 | |
śatamurdhvamiti | | 61 | | § 8736

asthnāṃ śatani trīṇi ṣaṣṭyā+adhikāni | |
61 | | § 8737

tatraikaikasmin sakthni pañca pādanakhāḥ
pratyekamaṅgulyāṃ trīṇyasthīni tāni
pañcadaśa | | 5 | |
pañca pādaśalākāḥ | | 5 | |
tatpratibandhakamekam | | 5 | |
dve dve kūrcagulphajāññāsvekaikaṃ
pārṣṇajānruṣu | | 5 | |
sarvāṇi ca nakhāsthyādīni sakthivad
bāhvośca | | 5 | | § 8742

5

teṣāṃ pratyekaṃ śākhānāṃ pañca nakhāḥ |
pañcadaśāṅgulyasthīni |
pañcāṅgulilagnaśalākāḥ | ekaṃ
śalākāpratibandhanam | kūrce dve | gulphe
dve | jaññāyāṃ dve | ekaṃ pārṣṇau | ekaṃ
jānuni | ekamūrāviti pañcatriṃśat |
śākhānāṃ catuṣṭvāccaturguṇāni
catvāriṃśacśatamasthnāṃ śākhāsu | |
62 | | § 8743

5 caturviṃśatiḥ paraśukāḥ | | 63 | |
tāvantyeva sthālakānyarbudāni ca | | 63 | |
triṃśat prṣṭhe | | 63 | |
aṣṭāvurasi ekaikaṃ bhāge trike | | 63 | |
nitambayośca dve | | 63 | |
tadvadakṣakāṃsāṃsaphalakeṣu | | 63 | | § 8749

pārśvakāsthālakārbudāni dvisaptatirasthīni |
triṃśadaṣṭāvekamekaṃ nitambayordvitvād
dve | akṣakādīnāmapi trayāṇāṃ dvitvād dve
dve | ityantarādhou viṃśakaṃ
śatamasthnāṃ | pārśvakā dīrñāvakraṅtā
yatra prṣṭhato badhyante | yāni sthālakāni
tānyapi | eṣu yāni
prṣṭhavamaśārambha-kāsthiṣu sambadhyante
tānyaburdāni | | 63 | | § 8750

5 tathā gaṇḍakarṇaśaṅkheṣu
jatrutālunośca | | 64 | |
trayodaśa grīvāyāṃ | | 64 | |
catvāri kaṇṭhanāḍyāṃ | | 64 | |
dve hanubandhane | | 64 | |
dvātriṃśaddantāḥ | | 64 | |
tadvadulūkhalāni ca | | 64 | |
trīṇi nāsāyāṃ | | 64 | |
ṣaṭ śirasi | | 64 | | § 8758

tathetyekaikam | tatra gaṇḍādīnāṃ trayāṇāṃ
dvitvād dve dve dve | ekamekam |
trayodaśa | catvāri | dve dvayoḥ | dvātriṃśat
dvātriṃśat | trīṇi | ṣaḍiti śataṃ śirasi |
nāsāgre pārśvayordvayormadhyā ekam |
śirasyagre kapālamekam | pṛṣṭhat ekam |
pārśvayordvayordvāviti ṣaṭ kapālāni śirasi | |
64 | | § 8759

tāni jānunitambāṃsagaṇḍatāluśāṅkhavaṅkṣaṇa-
madhyāśirassu
kapālasaṃjñāni | | 7 | |
daśanāstu rucakāḥ | | 7 | |
nrāṇakarṇagrīvākṣikośeṣu taruṇāni | | 7 | |
pāṇipādapārśvapṛṣṭheṣu balayāni | | 7 | |
śeṣāni nalakānīti | | 7 | |
nāmānugatākṛtīni pañcavidhānyasthīni | | 7 | |
teṣu hi sirābhiḥ snāyubhiśca nibaddhāni
māṃsāni | | 7 | | § 8766

kapālādināmāni pañcānvarthākṛtīni | taruṇāni
mṛdūni | teṣu pañcavidheṣvasthiṣu
sirāsnāyvabhirmāṃsāni nibaddhāni
māṃsāni | | 65 | | § 8767

daśottaraṃ śatadvayamasthisandhīnām | | 66 | |
teśāmaṣṭaṣṭiḥ śākhāsu | | 66 | |
ekonaṣṭīrantarādhou | | 66 | |
tryaśītirurdhvam | | 66 | | § 8771

asthisandhīnyāha | | 66 | | § 8772

tatraikaikasmin saktṇi pādāṅgulau pratyekaṃ
trayaḥ | | 67 | |
dvāvaṅguṣṭhe | | 67 | |
te caturdaśa | | 67 | |
ekaiko gulphajānuvaṅkṣaṇeṣu | | 67 | | § 8776

teṣāṃ pratyekaṃ traya aṅgulīṣu | dvādaśa |
triṣvasthiṣu aṅgulyāḥ dve | śalākāyāḥ
tr̥tīyāḥ | aṅguṣṭhamadhya ekaḥ | śalākāyāṃ
dvitīya iti caturdaśa kare |
gulphādiṣvekaikaḥ | evaṃ śākhāṣvaṣṭaṣṭiḥ
sandhayāḥ | | 67 | | § 8777

trayaḥ kaṭikapāleṣu | | 68 | |
caturviṃśatiḥ pṛṣṭhavaṃśe | | 68 | |
tadvat pārśvayoḥ | | 68 | |
aṣṭāvurasi | | 68 | | § 8781

trayaścaturviṃśatidvayaṃ
aṣṭāvityekonaṣṭirantarādḥau | tadvaditi
pṛṣṭhavaṃśavat | pārśva ekasmin
dvādaśānyasmin dvādaśaparaśukāśrayatvāt
sandhīnām | | 68 | | § 8782

aṣṭau grīvāyām | | 69 | |
trayaḥ kaṅṭhanāḍyām | | 69 | |
aṣṭādaśa kaṅṭhanāḍīnibaddhā
hr̥dayayakṛtklomanāḍīṣu | | 69 | |
dvātriṃśaddantamūleṣu | | 69 | |
5 ekaikaḥ kākalanāsāmūrdḥasu | | 69 | |
dvau dvau gaṇḍakarnaśaṅkhavartmanetrahanu-
sandhiṣu | | 69 | |
dvāvupariṣṭāt bhruvoḥ | | 69 | |
pañca śiraḥkapāleṣu | | 69 | | § 8790

aṣṭau trayah aṣṭādaśadvātrimśadekaḥ ekaḥ ekaḥ
 gaṇḍādiṣu dvau dvau ṣaṭsvevaṃ dvādaśa
 dvau pañca iti tryaśītirurdhvam | tiṣṭu
 hrdayādināḍiṣvaṣṭādaśasandhayaḥ | te ca
 kaṇṭhanāḍyāṃ nibaddhāḥ ataeva śīrasi
 gaṇitāḥ | hanvoḥ sandhirhanusandhiḥ | dvau
 dvau gaṇḍādīnāmityekaikasmin
 gaṇḍādāvekaikaḥ sandhirjñeyaḥ |
 upariṣṭāddvāviti bhruvorurdhve |
 śīrovarṭulatayā śīraḥkapāleṣu pañca | dvau
 lalāṭapārśvayoḥ | dvau kṛkāṭikāpārśvayoḥ |
 eka ṛjuḥ | | 69 | | § 8791

te+āṅguligulphalajānumaṇibandhakūrpareṣu
 korasaṃjñāḥ | | 70 | |
 kakṣāvaṅkṣaṇadantamūleṣūlūkhasaṃjñāḥ | | 70 | |
 aṃsapīṭhagudabhaganitambeṣu
 sāmudgāḥ | | 70 | |
 gīvāprṣṭhavaṃśayoḥ pratarāḥ | | 70 | |
 śīraḥkaṭīkapāleṣu tunnasevanīsaṃjñāḥ | | 70 | | 5
 hanūbhayato vāyasatuṇḍāḥ | | 70 | |
 kaṇṭhanetrahrdayayakṛtṭīhāklomanāḍiṣu
 maṇḍalasaṃjñāḥ | | 70 | |
 śrotraśṛṅgāṭakeṣu śāṅkhāvartāḥ | | 70 | |
 ityasthisandhayo+aṣṭavidhāḥ | | 70 | | § 8800

teṣāṃ sandhīnām sthānaviśeṣeṇa
 saṃjñāṣṭakamanugatārtham |
 śrotraśṛṅgāṭakam bhruva upari karṇanikaṭe |
 ityasthyāśritānām sandhīnām daśottaram
 śatadvayamuktam | | 70 | | § 8801

snāyupeśīsīrāśritaistu sahasradvayaṃ na punaḥ
 śastrapraṇidhāne teṣu vācyamastīti
 pṛthaṅnocyate | | 71 | | § 8802

snāyvādyaiḥ sandhibhiḥ sahasradvayaṃ bhavati
tacśasrakarmānupayogānnoktam | sūkṣmāḥ
sirāḥ snāyavaḥ | peśyaḥ punaḥ snāyvākṛtayo
māṃsamayyaḥ | | 71 | | § 8803

nava snāyuśatāni | | 72 | |
teṣāṃ ṣaṭ śatāni śākhāsu | | 72 | |
triṃśacśatadvayamantarādḥau | | 72 | |
ūrdhvaṃ saptatiḥ | | 72 | | § 8807

atha snāyvānāṃ vibhāga ucyate | pratyekaṃ
śākhāyāṃ sārddhaśataṃ snāyvānāmevaṃ
śākhāsu ṣaṭśatāni | | 72 | | § 8808

tatraikaikasmin sakthni pādāṅgulyāṃ
pratyekaṃ ṣaṭṣaṭ | | 73 | |
tāni triṃśat | | 73 | |
daśa daśa pādatalakūrcagulpheṣu
triṃśajjaññāyāṃ | | 73 | |
daśa jānuni | | 73 | |
5 catvāriṃdūrau | | 73 | |
daśa vañkṣaṇe | | 73 | | § 8814

tathā caikasmin sakthni pañca pādāṅgulīṣu
pratyekaṃ ṣaṭ | evamaṅgulīṣu triṃśat |
pādatalādiṣu triṣu daśa-daśa | evaṃ
triṃśadekīkr̥tya ṣaṣṭiḥ | triṃśaddaśa
catvāriṃśaddaśa iti sārddhaśatam |
bāhāvaṅgulīkaratalakūrcamaṇibandhanapra-
koṣṭhakūrparaprakāṇḍakakṣyāsu
krameṇoktāvayavādvijñeyam | | 73 | | § 8815

catvāriṃśat kaṭyām | | 74 | |
viṃśatirmuškamedhrabastyantreṣu | | 74 | |
aśītiḥ pṛṣṭhe | | 74 | |
ṣaṣṭiḥ pārśvayoḥ | | 74 | |
5 aṣṭādaśorasi | | 74 | |
catvāryakṣakayoḥ | | 74 | |

aṣṭāvaṃsayoḥ | | 74 | | § 8822

antarādhou catvāriṃśadvimśatiraśītiḥ
ṣaṣṭyāṣṭādaśa catvāryyaṣṭāviti
triṃśadadhikānyaṣṭau śatāni bhavanti |
muṣkādīṣu caturṣu ca vimśatiḥ sādharmaṇāni |
akṣakayordve dve | asaṃyoścatvāricatvāri | |
74 | | § 8823

dve dve manyāvaṭunetrauṣṭhatāluṣu | | 75 | |
triṃśad grīvāyām | | 75 | |
trīṇi jatruṇi | | 75 | |
catvāri hanvoḥ | | 75 | |
pañca jihvāyām | | 75 | |
dvādaśottarādhareṣu dantamāṃseṣu | | 75 | |
ṣaṇmūrdhani | | 75 | | § 8830

5

śirasyucyate-dve manyayoh | avātau dve |
netrayordve | tāluni dve-iti daśa | triṃśattrīṇi
catvāri pañca dvādaśa ṣaḍiti mūrdhani |
akṣakasandhirjatrūḥ hanvordve dve |
uttarādhareṣu dantamāṃseṣu ṣaṣṭaḍiti
snāyvānām navaśatāni | avātuḥ kṛkāṭikā | |
75 | | § 8831

tatra śākhāsu sandhiṣu ca pratānavanti | | 76 | |
mahāsnāyvāni tu vṛttāni tāni
kaṇḍarāsamjñāni | | 76 | |
bastyāmapakvāśayāntreṣu suṣirāṇi | | 76 | |
pārśvaprṣṭhoraśīśarastu pṛthūni | | 76 | | § 8835

tatretyādinā teṣāṃ deśaviśeṣeṇākāraviśeṣā
ucyante | pratānavantyanekaparakārāṇi |
teṣāmeva snāyvānām vṛttānām mahatām ca
kaṇḍarāsamjñā | subodham | | 76 | | § 8836

snāyubandhanairhi sandhiṣu subaddhā
tanurnauriva samyagīhate | | 77 | |

tasmādasthisirādibhyo+api tāni yatnato
rakṣet | | 77 | | § 8838

etairhi snāyunibandhanaistanuḥ
sandhipradeśeṣvavabaddhā satī samyagīhate
sādhu kṛtvā ceṣṭate | yathā nauḥ sandhiṣu
pratibaddhā satī samyagīhate | tato hetostāni
snāyvāni yatnato rakṣedasthyādibhyo+api | |
77 | | § 8839

yaśca snāyvāni bāhyānyabhyantarāṇi ca samyag
jānāti sa gūḍhamapi śalyamāhartuṃ
samartho bhavati | | 78 | | § 8840

subodham | snāyvajñāne cātraivopayogo
vakṣyate | | 78 | | § 8841

pañca peśīśatāni | | 79 | |
tāsāṃ catvāri śatāni śākhāsu
ṣaṣṭirantarādḥau | | 79 | |
catvāriṃśadūrdhvam | | 79 | | § 8844

atha peśyaḥ | | 79 | | § 8845

tatraikaikasmin sakthni pādāṅgulyām
pratyekaṃ tisraḥ | | 80 | |
tāḥ pañcadaśa | | 80 | |
daśa daśa prapade pādātale gulphe ca, tathā
pādasyopari kūrce sanniviṣṭāḥ | | 80 | |
viṃśatirjaññāyām | | 80 | |
pañca jānuni viṃśatirūrau | | 80 | | § 8850

aṅgulīṣu pañcadaśa | prapade
pādatalasyāgrabhāge daśa | tathā pādātale
daśa | gulphe daśa | pādasyopari daśa | tāśca
kūrcanāmni marmaṇi sanniviṣṭāḥ |
viṃśatirjaññāyām | jānuni pañca | ūrau
viṃśatiriti śataṃ sakthni | tadvattisṛṣu
śeṣāsu śākhāsu | | 80 | | § 8851

5

ekaikā meḍhrasevanyoḥ | | 81 | |
 dve vṛṣaṇayoḥ | | 81 | |
 daśa sphijoh | | 81 | |
 tisro gude, tāstu valīsamjñāḥ | | 81 | |
 dve bastīśirasi | | 81 | | 5
 catasra udare | | 81 | |
 nābhyāmekā | | 81 | |
 hṛdyāmāśaye ca | | 81 | |
 ṣaṭ yakṛtplīhoṇḍukeṣu | | 81 | |
 pṛṣṭhe pañcordhvasanniviṣṭāḥ | | 81 | | 10
 daśa dīrnāḥ pārśvayoḥ | | 81 | |
 daśa vakṣasi | | 81 | |
 tisroṃ+asākṣakoparitaḥ | | 81 | | § 8864

antarādhau tu ekā meḍhre | ekā sevanyām |
 dve | daśa | gude tisro valīsamjñāḥ | dve |
 catasraḥ | ekā | dve hṛdyāmāśaye ca
 sādharmaṇam | yakṛdādiṣu triṣu ṣaṭ | pṛṣṭhe
 pañca | tāstu ūrdhvaṃ śirasah sanniviṣṭāḥ |
 daśa | daśa | aṃsākṣakoparitastisra
 ityantarādhau ṣaṣṭiḥ | pūrvaiḥ saha
 ṣaṣṭyadhikāni catvāri śatāni bhavanti | § 8865

daśa grīvāyām | | 82 | |
 aṣṭau gaṇḍayoḥ | | 82 | |
 aṣṭau hanvoḥ | | 82 | |
 ekaikā galakākalajihvāmūrdhasu | | 82 | |
 dve dve tālulalāṭayoḥ | | 82 | | 5
 nāsauṣṭhakarṇeṣu ca | | 82 | | § 8871

ūrdhvāṅga ucyate-daśaṣṭavaṣṭāvekaikaikaikā
 dve-dve-dve-dve-dve iti catvāriṃśat |
 kākalam kaṇṭhamadhyam | kākalasyādho
 nālam | mūrdhā śiraḥ | nāsāyām dve |
 oṣṭhayoḥ karṇayośca pratyekamekā | iti
 pumsām pañcapesīśatāni | | 82 | | § 8872

strīṇāṃ tu viṃśatiradhika | | 83 | |
tatra daśa stanayoḥ | | 83 | |
tāsāṃ yauvane parivṛddhirbhavati | | 83 | |
daśa yonau | | 83 | | § 8876

strīṇāṃ viṃśatiḥ peśyo+adhikāḥ | tāsāṃ
madhyāddaśa stanayoḥ | tāsāṃ bālabhāve
sadbhāvamātram | yauvane vṛddhiḥ | yonau
daśa | | 83 | | § 8877

5 tāsāmabhyantarāśrite dve | | 84 | |
mukhāśrite vṛtte dve | | 84 | |
tisro garbhamārgāśrayāḥ | | 84 | |
yasyāṃ garbhastiṣṭhati | | 84 | |
yonistu śaṅkhanābhyākṛtistryāvartā | | 84 | |
tasyāstr̥tīya āvarte pittapakvāśayāntare
rohitamatsyamukhākārā garbhaśayyā | | 84 | |
tasyāṃ śukrārttavapradeśinyastisraḥ
peśyaḥ | | 84 | | § 8884

tāsāṃ vibhāgaḥ | dve abhyantare mahāsrotasi
pravṛtte | dve yonimukhāśraye vṛttākāre |
tisro garbhamārgamāśritāḥ | tisraśca
garbhāśayeśukrārttavapraveśinyo
garbhaśayyāyāṃ pratibaddhāḥ | sā ca yonau
śaṅkhanābhyākṛtyā tr̥tīya āvarte nibaddhā |
rohitamatsyamukhākārā garbhaśayyā | |
84 | | § 8885

tābhirhi śarīre tanubahalasthūlāṇupṛthuvṛtta-
hrasvadīrnāsthiramṛduślakṣṇakarkaśābhiḥ
sandhyasthisirāsnāyvani
pracśaditāni | | 85 | | § 8886

ityanantaroktābhiḥ
peśībhistanutvādiguṇayuktābhiḥ śarīre
sandhyasthisirāsnāyvani pracśaditāni | |
85 | | § 8887

sirādhamanīmukhānām tvaṇuṣe
vibhajyamānānāmekonatriṃśacśatasahasrāṇi
nava ca śatāni ṣaṭpañcāśatāni
bhavanti | | 86 | |
tābhiridaṃ śarīraṃ gavākṣitaṃ
pinaddhamātatañca | | 86 | |
tāvanti ca keśāśmaśrulomāni | | 86 | | § 8890

sirāḥ nātisthūlā rajjvākāra antassuṣirā
vātādivahāḥ | dhamanyastadviśeṣā eva
vakṣyamāṇalakṣaṇāḥ | tābhiḥ śarīraṃ
gavākṣitaṃ jālavat pinaddhaṃ baddhaṃ
yantrarajjuvadātataṃ vistāritaṃ
paṭatantuvat | keśādīni ca tāvantyeva | |
86 | | § 8891

tāsāṃ hi mukhāni tatpratibaddhānyatastāni
tābhirāpyāyyante | | 87 | |
taiśca tāḥ svademabhivahanti | | 87 | |
tathā+abhyaṅgalepādivīryyaṃ tvaci
vipakvamantarnayanti sparśaṅca
grhṇanti | | 87 | | § 8894

aṇuśo vibhajyamānānām sūkṣmairbhāgaiḥ
kramaṇa vibhāgaṃ gacśantīnām tāsāṃ
sirādhamanīnām mukhāni sarvatra prasṛtāni
tatpratibaddhāni keśādyanubaddhādi | ato
hetostāni keśādīni tābhiḥ
sirādhamanībhirāpyāyyante | taiśca
keśādyanubaddhairmukhairētāḥ
svedamabhivahantyabhyaṅgādi vīryyaṃ tvaci
vipakvaṃ sadantarnayanti | sparśaṃ
grhṇanti | | 87 | | § 8895

srotāṃsi punarasaṅkhyeyānyeva | | 88 | |
tathāpi tu sirādīni yathāsthūlaṃ yathopayogaṃ
cānyatropadekṣyante | | 88 | | § 8897

srotāṃsi mārgāḥ yairannasāro dhātutāṃ yāti |
saukṣmyāt pratānavattvāccāparisaṅkhyeyāni
sirādīni |
sirādhamanīsrotāṃsyasaṅkhyānyapi
yathāpradhānaṃ yathopayogaṃ ca yāni
pradhānāni, yāni cikitsārthamupayujyante
tānyanyatra sirāvibhāgādāvupadekṣyante | |
88 | | § 8898

ityevaṃ parisaṅkhyātāḥ śarīre mūrtimantaḥ
sthirā bhāvāḥ | | 1 | | § 8899

iti śarīre mūrttāḥ kaṭhināḥ
sparśanendriyādhighamyā bhāvāstvagādayaḥ
parisaṅkhyātā yathoktena bhedena | |
89 | | § 8900

dravāstu yattadatiyogena cyavamānaṃ
purīṣamanubadhnāti | | 90 | |
tathā mūtraṃ rudhiramanyāṃśca śarīre
dhātūn | | 90 | |
yacca sarvaśarīragataṃ bāhyā
tvagvibharti | | 90 | |
yacca tvagantare vraṇagataṃ
lasikāśabdavācyam | | 90 | |
5 yaccoṣmānubaddhaṃ romakūpe-
bhyo+abhiniṣpatatsvedavācyam | | 90 | |
tadudakam | | 90 | | § 8906

dravāstu bhavantīti śeṣaḥ | te
codakamūtrādayaḥ | tatrodakaṃ dehe yat
kartṛkarmabhūtamatiyogena cyavamānaṃ
purīṣamanubadhnāti | tatprasādāddhyatīsāre
vegānāṃ gataśāṅkhyatvam | tathātiyogena
cyavamānaṃ mūtrapramehe | raktapitte ca
rudhiramiti | anyāṃśca śarīre dhātūn
pittaśleṣmādīnatiyogena
pravartamānananubadhnāti | tadudakamiti
sambandhaḥ | subodham | | 90 | | § 8907

tasyādyasya cāhārasārasya rasākhyasya raktasya
śakṛtaḥ śleṣmaṇaḥ pittasya mūtrasya
vasāyāḥ medaso majjñāśca svena
svenāñjalipramāṇena yathāpūrvamekādisa-
ñkhyāpravṛddhiḥ | | 1 | | § 8908

tasyetyudakasya rasākhyasyādyāhārasārasya ca
raktādīnāṃ ca majjāntānāmaṣṭānāṃ
svenasvenāñjalipramāṇena yathāpūrvamekā-
ādisāñkhyāpravṛddhirvijñeyā |
svenasvenetyañjalipramāṇekāntyasyaināñja-
litvam | tatpūrvāṇāṃ
krameṇaikaikāñjalivṛddhiḥ | majjā
eko+añjaliḥ dvyañjalirmedaḥ | vasā
tryañjali | yāvadudakasya daśañjalayo
dehe | | 91 | | § 8909

tāvadeva mastiṣkamojaśca | | 92 | | § 8910

ojaśśukramastiṣkāṇi pratyekaṃ
svenāñjalipramāṇenārdhāñjalāni |
subodham | | 92 | | § 8911

strīṇāṃ rajaso+añjalayaścatvāraḥ | | 93 | |
stanyasya dvau | | 93 | |
ubhayamapi
caitadrasaprasādātmakamiti | | 93 | |

samadhātoḥ parimāṇamidam | | 93 | |
ato vṛddhikṣayau yathāsvaṃ lakṣaṇairvibhāva-
yedarāṃścāparisaṅkhyātānmūrtomūrtān
bhāvān | | 93 | |
tadyathā-māṃsakarṇādimalān
vāyubuddhismṛtyādīṃśca | | 93 | | § 8917

ubhayaṃ rajaḥ stanyalakṣaṇaṃ rasasya dhātoḥ
prasādāt sambhavati | idaṃ yathoktaṃ
parimāṇaṃ samadhātorṇīrujo vijñeyam |
anyasya tveteṣāṃ vṛddhikṣayau
doṣabhedīyapradarśitairyathāsvaṃ
lakṣaṇairvibhāvayet | aparāṃśca mūrttān
māṃsakarṇamalādīn amūrttāṃśca
vāyubuddhismṛtyādīn bhāvānyathāsvaṃ
lakṣaṇairvibhāvayediti sambandhaḥ | |
93 | | § 8918

dhānvantarīyāḥ punaḥ paṭhanti | | 94 | |
vilakṣaṇāni hi śarīrāṇi nityameva ca calā
doṣadhātumalāḥ | | 94 | |
tasmādudakādīnāmapi samatvaṃ māṃsādivat
parimāṇato nirdeṣṭumaśakyam | | 94 | |
kevalaṃ svāस्थ्यamātreṇānumānato lakṣayet
iti | | 94 | | § 8922

dhānvantarīyāḥ sauśrutāḥ | subodham |
doṣādīnāmavyavasthitarūpatvād durjñānaṃ
pramāṇam | kevalaṃ
svāस्थ्यamātreṇānumānāt lakṣayediti | |
94 | | § 8923

sarva eva tvavayavāḥ paramāṇubhedenātisau-
kṣmyādasāṅkhyeyatāṃ
yānti | | 95 | | § 8924

idaṃ ca vijñeyam | sthūlayā drṣṭyā
aṅgapratyaṅgānāṃ saṅkhyādikamuktam |
sarva evāvayavāḥ paramāṇubhedena
tvatisaukṣmyāddhetorasaṅkhyeyatāṃ yānti |
te ca paramāṇavaḥ pratikṣaṇam
sajātīyavijātīyasamyogavibhāgābhyāṃ
śārīrabhāvena varṭtate | anyathā yo va bāla
āsīt sa eva yuktvam pratipanna ityekasyāpi
nānātvāyogāt | | 95 | | § 8925

teṣāṃ saṃyogavibhāge paramāṇūnāṃ
karmaprerito vāyuḥ kāraṇam | | 96 | | § 8926

teṣāṃ paramāṇūnāṃ saṃyogavibhāge
daivapauruṣakarmaprerito vāyuḥ
tatkriyatvāt kāraṇam |
granthavistarabhayādvātasyotpattirna
darśyate | kevalametāvadvijñeyam |
karmacoditavāyuvaśāt saṃyuktāḥ
paramāṇavaḥ kāryyadravyamārabhante
dvyaṅukādikrameṇa | vāyukāraṇādeva ca
paramāṇūnāṃ vibhāgāt saṃyogavināśena
kāryyadravyaviśeṣaḥ | | 96 | | § 8927

tadetadaṅgamabhedena bhedataśca
gr̥hyamāṇam bandhāya mokṣāya ca
bhavatīti | | 97 | | § 8928

ata upasaṃharati-
tadetadanukrāntarūpamaṅgam
śārīramabhedenaikatvena gr̥hyamāṇam
rāmaṅīyakādupādeyatvena bandhāya
janmamaraṇapravṛttiparamparāpravṛttaye
bhavati | tadevānantaroktena prakāreṇa
bhedena gr̥hyamāṇam nissāram
jugupsitavāstusamārabdhatvena hetunā
mokṣāya
rāgādinimittakriyākālāpaparihārādbhavati | |
97 | | § 8929

bhavati cātra- iti sarvāvayaśo yo jānāti

kalevaram | | 98 | |

ahiteṣu sa mohena na kadācit

pravartate | | 98 | | § 8931

iti vaidyapatisiṃhaguptasya sūnorvāgbhaṭasya

kṛtau aṣṭāṅgasamgrahasamhitāyāṃ

śārīrasthāne+aṅga- vibhāgo nāma

pañcamo+adhyāyaḥ bhavati cātreṭi

ślokenopasaṃhāre tantrarītiḥ | ityanena

prakāreṇa sarvāvayavaśaḥ sarvamavayavaṃ

yaḥ puruṣaḥ kalevaram śārīre jānāti

so+ahiteṣu ubhayalokaviruddheṣu mohānna

pravarttate | grhītavastutattvaḥ- sannihitāni

parityajya hiteṣveva pravarttate ityarthāḥ | |

98 | | § 8932

iti śrīmanmahāmahopādhyāyenduviracitāyāṃ

aṣṭāṅgasamgrahavyākhyāyāṃ śāśilekhāyāṃ śārīrasthāne

pañcamo+adhyāyaḥ

athātaḥ sirāvibhāgamadhyāyaṃ

vyākhyāsyāmaḥ | | 1 | |

iti ha smāhurātreyādayo maharṣayaḥ | | 1 | | § 8935

pūrvādhyāye śārīravayavabhede

svalpavyaktatvāt sirādirnirṇītaśeṣastatrāpi

sirāṇaṃ prādhānyānnirṇayārthamadhyāyār-

ambhaḥ | |

1 | | § 8936

daśamūlasirā hr̥dayapratibaddhāḥ

sarvāṅgapratyaṅgeṣvojo nayanti | | 2 | |

tatpratibaddhā hi śārīraceṣṭā | | 2 | | § 8938

daśamūlasirā ityādi | mūlasirāḥ pradhānasirāḥ |

tato hi sarvāḥ sirāḥ bhavanti | tā aṅgeṣu

pratyaṅgeṣu caujo nayanti | | 2 | | § 8939

tāstu dvyaṅgulamaṅgulamardhāṅgulaṃ yavaṃ
yavārdhañca gatvā
drumapatrasevanīpratāvanadbhidyamānāḥ
saptaśatāni bhavanti | | 3 | | § 8940

tāḥ prabhidyamānāḥ
drumapatrarekhāpratānavat saptaśatāni
sirāṇāṃ bhavanti | tenaitaduktaṃ bhavati-tā
hrdayapratibaddhā daśa sirā
hrdayādvyaṅgulaṃ gatvā prathamam
pratānam muñcanti | tata aṅgulaṃ gatvā
dvitīyam | tata ardhamāṅgulaṃ gatvā
tṛtīyam | tato yavaṃ gatvā caturtham |
tato+api yavārdham gatvā pañcamamiti | tato
na bhidyante | sarveṣu caivaṃ bhidyamānā
iti yojyam yāvadbhedo+asti | saptaśatāni
pratānānāṃ dīrnāṇāṃ bhavanti | | 3 | | § 8941

tāsāṃ catuṣṣatī śākāsu | | 4 | |
tatra ṣoḍaśābyadhanīyāḥ | | 4 | | § 8943

tābhyaścātvāri śatāni catasṛṣu śākāsu | tatreti
catuśśatyāṃ ṣoḍaśā vyadhanīyāḥ | | 4 | | § 8944

ṣaṭtrimśam śatamantarādhau | | 5 | |
tatra dvātrimśat | | 5 | | § 8946

antarādhau tu ṣaṭtrimśat śatam | tatra
dvātrimśadavyadhanīyā iti sambandhaḥ | |
5 | | § 8947

tāsāmeikaikasmin sakthni śatam | | 6 | |
tatra na vidhyejjālandharām | | 6 | |
tisraścābhyantaragatāḥ | | 6 | | § 8950

tatra ṣoḍaśa śākhāsu catasṛṣvavadhanīyā
uktāstatraikā pūrvoktajālandharā
tisraścābhyantarasamāśrayā avedhyāḥ | |
6 | | § 8951

catvāriṃśadvakṣasi | | 7 | |
tāsāṃ dve hr̥daye | | 7 | |
dve ca stanamūlastanarohiteṣu | | 7 | |
ekaikāpastambhāpāleṣviti | | 7 | |
tāścaturdaśa | | 7 | | § 8956

5

āgrīvāmulādā+a+acorusandherantarādhiḥ |
tatra ṣaṭtriṃśacśataṃ sirāṇām |
tadyathā-dvātriṃśat śroṇyām |
pārśvayordvayoḥ ṣoḍaśa | pṛṣṭhe
caturviṃśatiḥ | urasi catvāriṃśat | iti
ṣaṭtriṃśacśatamantarādhou sirāṇām | 'tatra
dvātriṃśadavyadhanīyāḥ' iti yaduktaṃ
tatpradarśyate-aṣṭau śroṇyām | vaṅkṣaṇa
ubhayatra catasraḥ |
kaṭīkataruṇākhyayormarmaṇoścatasra
ityaṣṭau | pārśvayordvau | dvayoḥ
pārśvayorekaikāmūrdhvagām | pṛṣṭhe
catasraḥ | pṛṣṭhavaṃśasyaikasmin pārśve
ūrdhvagāminyau dve | aparasmim̐śca dve
iti | jaṭhare catasraḥ romarājyāḥ
pārśvayordvayordve-dve iti | urasi
caturdaśa | tatra dve hr̥daye | dve-dve
dvayoḥ stanamūlayoḥ | iti catasraḥ |
stanarohitayoścatasraḥ |
apastambhayorekaikā |
tathā+a+apālāpayorapi | evaṃ
dvātriṃśadantarādihāvavyadhanīyāḥ | |
7 | | § 8957

dvādaśa mūrdhani | | 4 | |
tāsāmutkṣepayordve | | 4 | |

sīmanteṣvekaikāmekāmadhipatāvityaṣṭau
śastreṇa pariharet | | 4 | |
tathākṣudrikāḥ kuṭilāḥ saṅkīrṇāḥ granthitāḥ
sandhiṣu cāśastrakṛtyāḥ | | 4 | | § 8961

catuṣṣaṣṭyadhikaṃ śatamurdhvaṃ śirasi
sirāṇāmiti yaduktaṃ tadvibhajate-grīvāyām
caturviṃsatih hanvordvayoḥ ṣoḍaśa | ṣoḍaśa
jihvāyām | nāsāyām caturviṃsatih netrayoḥ
ṣaṭpañcāśat | lalāṭe
ṣaṣṭir̥nāsānetrāśritāstābhyo+ananyā ato na
gaṇyante | karṇayordvayoḥ ṣoḍaśa sirāstā
eva śaṅkhāśritā atastatrasthā na gaṇyante |
mūrdhni dvādaśeti catuṣṣaṣṭyadhikaṃ
śatam | atra 'pañcāśadavyadhanīyāḥ' iti
yaduktaṃ taducyate-grīvāyām ṣoḍaśa |
catasro marmasaṃjñāḥ | dve nīle dve manye
iti catasraḥ | aṣṭau marmasaṃjñāḥ māṭrkā iti
vakṣyamāṇāḥ | dve dvayoḥ kṛkāṭikayoḥ | dve
ca vidhurayoriti ṣoḍaśa | hanvordvayoḥ | dve
hanusandhibandhanakarmanī | jihvāyām
catasraḥ | dve rasabodhane jihvāyā adhastayā
dve vākpravarttinīyau iti catasraḥ nāsāyām
tisro yatra dve gandhavedinyāvekā ca tālunīti
tisraḥ | netrayoḥ ṣaṭ | nimeṣe dve | unmeṣe
dve | apāṅgayordve iti ṣaṭ | lalāṭe sapta |
keśāntagāścatasraḥ |
āvarttakākhyayormarmaṇordve | ekā ca
bhrūmadhyabhavasthapanyākhyamarmanī
iti sapta | karṇayoścatasraḥ | dve
śabdavāhinyau | śaṅkhayostatsandhigate dve
iti catasraḥ | keśānte+aṣṭau | dvayo
rutkṣepayordve | sīmanteṣu pañca |
adhipatau romāvarttamarmaṇyekā ityaṣṭau |
evam̐ śirasi pañcāśadavedhyāḥ | kevalametā
evāvedhyāḥ | yāvat kṣudrikāḥ atisūkṣmāḥ |
kuṭilā anṛjugāminyaḥ | saṅkīrṇāḥ
bahubhiraṇabhivyaktāḥ grathitāḥ saṅkocena
granthirūpāḥ | tathā sandhiṣu
kūrparādiṣvāśritāḥ | | 8 | | § 8962

tāsām̐ yathāsvam̐ turyām̐śavibhāgena
pañcasaptatyadhikaṃ śatamanilaraktaṃ
vahati | | 9 | |

eṣa vibhāgaḥ

pittaśleṣmaśuddharakteṣvapi | | 9 | |
sthitā hyevaṃ dehamanugr̥hṇanti doṣāḥ | | 9 | |
vyatyayena tu pīḍayanti | | 9 | | § 8966

tāsāṃ ca saptānāṃ śatānāṃ yathāsvaṃ

śaṅkhādigatasirāṇāṃ caturthena vibhāgena
pratyekaṃ pañcasaptatyadhikaṃ
vātādimiśraṃ raktaṃ śuddhaṃ ca vahati |
tena pañcasaptatyadhikaṃ śataṃ sirāṇāṃ
vātaraktaṃ vahati | tadvat pittaraktam,
śleṣmaraktaṃ, śuddharaktaṅca | evamanena
sirāvahananiyamena vyavasthitā doṣāḥ
śārīramanugr̥hṇanti | etadviparyyaye
pīḍayanti | | 9 | | § 8967

samāgūḍhāḥ snigdhāḥ rohiṇyaḥ

śuddharaktamiti | | 10 | | § 8968

nanu kathametad jñāyata imāḥ sirā idaṃ

vahantītyāha-tatretyādi | subodham |
kṣaṇena pūrṇāḥ ādhmātāḥ kṣaṇena ca riktāḥ
kṣipraṃ śīṅrameva vahanti sravanti |
saṃsarge kiṃ lakṣaṇamityāha-atra tu yadi
doṣāntareṇa saṃsr̥ṣṭo bhavati tadā
yathāsvaṃ lakṣaṇānāṃ saṅkaro vijñeyaḥ |
rohiṇyo lohitaḥ | iti sirā uktāḥ | | 10 | | § 8969

dhamanyastu caturviṃśatiḥ | | 11 | | § 8970

kramaprāptā dhamanyaḥ ucyante-dhamanyo

viśiṣṭāḥ sirā eva | tāśca saṅkhyayā
caturviṃśatiḥ | § 8971

tābhiśca

nābhiścakranābhirārakairivāvṛtā | | 12 | | § 8972

yathā ārāmo jalahāriṇībhiḥ kedāraḥ
kulyābhirāpyāyyate
tadvattābhirnābhipratibaddhābhiḥ kāya
āpyāyyate | cakrasya nābhirakṣaḥ |
ārāstannibaddhāni kāṣṭhāni subodham | |
12 | | § 8973

tasyāṃ nābhyāṃ viśeṣeṇa prāṇā
vyavasthitāḥ | | 13 | |
yataśca sā+antaragnyadhiṣṭhānam | | 13 | | § 8975

yataśca sā nābhirantaragneradhiṣṭhānamato+api
tasyā viśeṣeṇa prāṇā vyavasthitāḥ | |
13 | | § 8976

tasyāṃ nābhyāṃ viśeṣeṇa prāṇā
vyavasthitāḥ | | 13 | |
yataśca sā+antaragnyadhiṣṭhānam | | 13 | | § 8978

yataśca sā nābhirantaragneradhiṣṭhānamato+api
tasyā viśeṣeṇa prāṇā vyavasthitāḥ | |
13 | | § 8979

tāsāṃ khalu dhamanīnāṃ daśordhvaṃ prasṛtā
daśādhaścatasrastiryak | | 14 | |
tatastābhiryathāsvamaṅgāvayavā dhāryante
āpayāyyante ca | | 14 | | § 8981

tāsāṃ ca nābhipratibaddhānāṃ madhyādḍaśa
dhamanyaḥ ūrdhvamupari kāyaṃ gatāḥ |
daśādhaḥ prasūtāḥ | tiryak catasraḥ | | § 8982

tāsāmūrdhvagā hr̥dayamabhiprapannāḥ
pratyekaṃ tridhā jāyante | | 15 | |
tatastriṃśato madhye dve dve
vātapittakapharakarasān vahataḥ | | 15 | |
aṣṭābhiḥ śabdarūparasagandhā gr̥hyante | | 15 | |

dvābhyāṃ dvābhyāṃ bhāṣate ṅoṣaṃ karoti
svapiti pratibudhyate ca | | 15 | |
dve cāśru vahataḥ | | 15 | |
dve ca stanāśrite | | 15 | |
nāryāḥ stanyaṃ narasya śukram | | 15 | | § 8989

tāśca daśa hr̥dayaṃ prāpya pratyekaṃ tridhā
bhinnāḥ triṃśat sampannāḥ | tasyāśca
triṃśato dve-dve vātādīn pañca vahataḥ |
evaṃ tā daśa | śabdādīṃścaturaḥ | aṣṭābhiḥ
puruṣo gr̥hṇīte | tābhirhi cittasthānaṃ
śabdādīni yānti | bhāṣaṇādikriyācatuṣṭayaṃ
dvābhyāṃ dvābhyāṃ karoti | evaṃ tā aṣṭau |
ṅoṣaḥ śabdo vyaktaḥ | dve aśruvahataḥ | dve
ca stanāśrite nāryyāḥ stanyaṃ vahataḥ |
narasya tu ta eva śukram | evaṃ triṃśat | |
15 | | § 8990

adhogamāḥ pakvāśayasthā evaṃ tridhā
jāyante | | 16 | |
tatra daśādyāḥ pūrvavat | | 16 | |
dve vahato+annaṃ mātrāśrayeṇa | | 16 | |
dve toyam | | 16 | |
dve mūtram | | 16 | | 5
dve śukram vahato dve ca muñcataḥ | | 16 | |
ta eva nārīṇāmārttavam | | 16 | |
dve varconirasinyau
sthūlāntrapratibaddhe | | 16 | |
evaṃ dvādaśa | | 16 | |
śeṣā- stvaṣṭau dhamanyastiraścīnāḥ 10
svadamabhitarpayanti | | 16 | | § 9000

yāstu nābheradhogamā daśa dhamanyastāḥ
pakvāśaya evaṃ triṃśadbhavanti | tasyāśca
triṃśato daśa purvavat | dve-dve pañca
vātādīn vahata ityārthaḥ | dve
mātrāśrayeṇānnaṃ vahataḥ | mātrāgrahaṇa-
mādhikyapratīṣedhapradarśanārtham | dve
toyaṃ dve mūtraṃ vahataḥ | dve puruṣasya
śukraṃ dehe vahataḥ | dve ca śukraṃ
bahirmuñcataḥ | ya eva puruṣasya śukraṃ ta
eva striyā raktam | iti catasraḥ | dve ca
sthūlāntrapratibaddhe
varconirasanakarmaṇī | aṣṭau śeṣā yā
adhogamā api manāk tiryaggatāstāḥ
svedamabhitarpayanti | evaṃ
nābheradhastrīṃśat | | 16 | | § 9001

tiryaggāminyaścatasro bhidyamānāḥ
subahudhā bhavantītyuktaṃ
prāk | | 17 | | § 9002

tiryaggāminyaścatasro yā nābheḥ
pārśvābhyāṃ dve-dve varttante | tā
bhidyamānāḥ satyo bahudhā bhavanti |
etaccoktaṃ prāgaṅgavibhāge | tābhiridaṃ
prakaraṇam | iti dhamanya uktāḥ | |
17 | | § 9003

srotāṃsi puṃsāṃ nava karṇau netre nāsāpuṭau
mukhaṃ pāyurmūtrapathaḥ | | 18 | | § 9004

kramaprāptāni srotāṃsyucyante | srotāṃsi
śidrāṇi puṃsāṃ nava-dve dve dve,
ekamekamekamiti ca | iti strī-puṃsayoḥ
sādhāraṇāni | | 18 | | § 9005

anyāni ca trīṇi strīṇāṃ stanau
raktapathaśca | | 19 | | § 9006

strīṇām tu trīṇyadhikāni dve stanasrotasī ekaṃ
ca rajaḥpatha iti bāhyāni srotāṃsi | |
19 | | § 9007

tathā+aparāṇyantassrotāṃsi jīvitāyatanāni
trayodaśa prāṇodakānnadhātumalānāmaya-
nāni | | 20 | | § 9008

āntarāṇi trayodaśa jīvigasyāyatanāni sthānāni |
prāṇādīnām pañcānāmāyatanāni mārgāḥ | |
20 | | § 9009

tatra prāṇavāhinām hṛdayam mūlam
mahāsrotaśca | | 21 | | § 9010

tatrete nirdhāraṇe | prāṇavāhinām hṛdayam
mūlam mahāsrotaśca | | 21 | | § 9011

tāni dhātukṣayaraukṣyapipāsākṣudvyāyāma-
vegadhāraṇādibhirduṣyanti | | 22 | | § 9012

tāni ca dhātukṣayādibhirduṣyanti | | 22 | | § 9013

tato+atisṛṣṭam
pratibaddhamalpālpamabhīkṣṇam vā
saśabdaśūlamucśvasanam | | 23 | |
tatra śvāsavatsādhanam | | 23 | | § 9015

tataḥ kāraṇādatisṛṣṭam vāti baddham
vocśvasanam bhavati |
śvāsasyaikatvādvisarge dīrṇaśca bhavati |
alpālpam stokamucśvasanam | abhīkṣṇam
vā+atyartham | tatra duṣṭeṣu prāṇavāhiṣu
srotassu śvāsoktam cikitsitam | | 23 | | § 9016

tatra ṭṛṣṇoktamauśadham | | 24 | | § 9017

udakavāhinām srotasām tāluklomanī mūlam |
teṣāmāmena bhayādibhirdūṣaṇam |
duṣṭatvāccātitṛṣṇādi utpattiḥ | tatra ṛṣṇoktā
cikitsā | atipānaṃ madyasya |
uṣṇāsuṣkābhyāmannasya sambandhaḥ |
ṛṣṇnigrahastr̥ṣṇāveganirodhaḥ |
ādigrāhaṇenaivam̐ prakāraṇāmanyēṣāma-
pyācāraḥkoṣaśakarāṇāmāhāravihārādīnām
grāhaṇam | kṣvelanaṃ nādaḥ | tamasa iva
darśanaṃ tamodarśanamapratipattiḥ | |
24 | | § 9018

teṣām duṣṭau sarvaṃ
mātrāśitīyoktamavagacśet | | 25 | | § 9019

annavāhinām srotasām duṣṭatve hetuṃ
kāryyam̐ pratīkāraṃ ca sarvaṃ jñātuṃ
mātrāśitīyamadhyāyamavagacśet |
tenaitaduktaṃ
bhavati-annavāhināmatimātrasamaśanādīni
dūṣaṇāni | duṣṭatve viṣūcikādyutpatti |
vamanādīkā cikitsā | śeṣaṃ subodham |
mūlamāśrayaḥ |
upakārāpakāradvāramityarthaḥ | evam̐
prāṇodakānnasaptadhātumūtraśakṛt
svedabhedena trayodaśavidhāni srotāṃsi |
tatra prāṇodakānnavāhinām duṣṭau
hetulakṣaṇauśadhānyuktāni | | 25 | | § 9020

teṣām dūṣaṇam̐
vividhamahitāhāravihāramupadravān
pṛthakpṛthak sādhanam̐
doṣādivijñānīyādyathāsvam̐
vṛddhikṣayalakṣaṇena lakṣayet | | 26 | | § 9021

teṣāṃ rasavāhyādīnāṃ srotasāṃ
nānāprakāramahitāhāravihāraṃ dūṣaṇam |
tacca tīkṣṇamatinā parikalpanīyam |
duṣṭānāmupadravā vyādhayaḥ taccikitsā ca
doṣādivijñānīyoktena 'raso+api śleṣmavat'
ityādinā vṛddhikṣayalakṣaṇena lakṣayet |
tenaitaduktam bhavati-āhārādi
viśeṣavaśādrasavāhiṣu duṣṭeṣu
kadācidrasavṛddhijā rogāstatra yathāsvam
cikitseti | evaṃ sarvatrāpi vācyam | |
26 | | § 9022

vyadhe tu srotasāṃ
bhramamohakampapralāpādhmānaś-
ūlā+arucitṛṣṭardijvarātirudhirasrutimūtrapurīṣarodhā
maraṇaṅca | | 27 | | § 9023

anantaroktānāṃ ca srotasāṃ vyadhe
śāstrāditāḍane jantorbhramādyudbhavaḥ | |
27 | | § 9024

tasmātsrotoviddham
pratyākhyāyopācāret | | 28 | | § 9025

tasmādvaidyaḥ srotoviddham cikitsāyāṃ
pratyākhyānaṃ kṛtvā asādhyatāmuktvā
daivātkiñcidbhavediti
śāstrānugamanenopācāret | | 28 | | § 9026

uddhṛtaśalyaṃ ca
sadyovraṇavidhānena | | 29 | | § 9027

antaḥśalyaṃ ca srotoviddham
śalyamuddhṛtyopācārediti sambandhaḥ |
kenetyāha-vakṣyamāṇena
sadyovraṇavidhānena | | 29 | | § 9028

anye tvanyatvamicśanti
sirādhamanīsrotasām | | 31 | |
kevalam̐ parasparasannikarṣāt sadṛśakarmatvāt
saukṣmyācca
vibhaktakarmanāmapyavibhāga iva
lakṣyate | | 31 | | § 9030

anye tvācāryyāḥ sirādīnām
pṛthaktvamicśantyevaṃ ca bruvate yat
sirādīnām̐ parasparavilakṣaṇānāmavibhāga
iva lakṣyate | tat kevalam̐
parasparasannikarṣādīnā hetutritayena |
sadṛśam̐ karma vāhakatvaṃ yeṣāṃ te
tathoktāḥ | saukṣmyam̐ sūkṣmatā | |
31 | | § 9031

tathā+annamapi pittenaiva pakvamamṛtatām
yātyapakvam̐ ca viṣatām | | 33 | | § 9032

srotoduṣṭyā dhātudūṣaṇam̐ dhātuduṣṭyā
srotodūṣaṇam̐ cāha-ta ityādinā | prakupitā
duṣṭāḥ sthānamāśayastatra tiṣṭhantīti
sthānasthāḥ | srotāṃsi ca srotāṃsīti yāni
srotāṃsi duṣṭāni bhavanti tānyanyānyapi
dūṣayanti | evam̐ dhātūnāmapi vācyam̐ |
teṣāṃ sarveṣāṃ dhātūnām̐ dhātvāśayānām̐
ca duṣṭān vātādīnantareṇa nānyad duṣṭau
kāraṇam̐ | doṣāṇām̐ duṣṭirapi
prāyo+agnidoṣāt | anyat subodham | |
33 | | § 9033

tatra pittaviśeṣaḥ pācakasaṃjño+agniriti
prāgabhihitāḥ | | 1 | | § 9034

tatretyādinā pācakasaṃjñamagnim̐ prastauti |
prāgdoṣabhedīye pācakasaṃjñāḥ
pittabhedo+annasya
paktāgnirityuktavānasāvācāryyāḥ | |
34 | | § 9035

anye punarācakṣate-
doṣadhātumalasannipātajanito+antaruṣmā
yathānirdiṣṭādhiṣṭhānakarmāgnir-
iti | | 35 | | § 9036

anye punarācāryyāḥ pittamagniriti necśanti |
doṣādisaṃyogaviśeṣajanito+antaṣṣārīra
uṣmāgrahāṇyadhiṣṭhānaḥ
pākarāgādikarmāgnirityāhuḥ |
athānantaramasya granthasya tātparyyārtha
ucyate- ihāyurvede ubhayeṣāmācāryyāṇām
bhinnadarśanam | ekeṣāmantarāgni
pakvānnasārāt krameṇa
dhātuparipoṣo+anyeṣām yaugapadyeneti | |
35 | | § 9037

sa khalu vidhivadabhyavahr̥tamannajātam
prāṇena vāyunā koṣṭhamākṛṣṭam
dravairvibhinnasaññātam snehena
mṛdūkṛtamabhisandhukṣitaḥ
samānenāmāśayastham
sthālīsthamivāmbutaṇḍulamagnirantaragniḥ
pacati | | 36 | | § 9038

atra kramavādinaḥ āhuḥ-puruṣeṇa
bhujyamānamannam
kaṭhinataradaśanābhiññātajarjaritam
prayatnenodīritena prāṇākhyenānilena
kaṇṭhanāḍyā mahāsrotasi nikṣiptam
nābhideśacāriṇā samānena nābhipārśvagrah-
etyākhyapittadharākālāmaryyāde āmāśaye
vidhṛtam draveṇa jalādinā
vibhinnasaññātam snehena ca
mārdavamāpāditam pācakeneva samānena
sandhukṣitaḥ pradīpitaḥ sannantaragniḥ
pacati | yathā+agniḥ bāhyastoyataṇḍulam
sthālīstham pacati | | 36 | | § 9039

tattu sarvarasamapi pacyamānamādao
madhurībhūtaṃ kaphaṃ
phenībhūtamudīrayati | | 37 | |
tato vidagdhamamlībhūtamāmāśayāt
cyavamānamacśaṃ pittam | | 37 | |
prāpya ca pakvāśayaṃ
kaṭukībhūtamanilam | | 37 | | § 9042

tatra cāmāśaye tadannaṃ sarvarasamapi
pacyamānaṃ sat prathama
vikledamātrāvasthāyāṃ mādhyamiva
prāptaṃ sat kaphamudīrayet | tacca
phenabhūtaṃ yathā dadhyāditaḥ kṣubhitāt
prathamam phenasambhavaḥ |
tataścāmāśayāt pākena
cyavamānamamlībhūtaṃ satsvacśaṃ
pittamudīrayet | tato+apyāmāśayāt cyutaṃ
pakvāśaye+agninā śoṣitakaṭukībhūtaṃ
sattadannaṃ mārutamudīrayet | | 37 | | § 9043

tataścaivaṃ viklinnaṃ āhāre pañca pañcātmakā
mahābhūtāgnayo vāyunā vyastān yathāsvaṃ
pañcaiva bhūtaguṇānāhārasthān
pacanti | | 38 | |
te pakvāḥ punaryathāsvameva dehāśritāmśca
svavikārabhūtān
bhūtaguṇānāpyāyayanti | | 38 | | § 9045

jatharāgninā kiñcitpakvaviklinnāhāre pañca
mahābhūtāgnayaḥ pārthivādayaḥ
pañcāhārasthān yathāsvam
mahābhūtaguṇān pārthivādīna āhārabhāgān
pacanti | pārthivo+agnisādrśyāt
pārthivamevāhārabhāgaṃ pacati | āpya
āpyameva | sarvatra
guṇaśabdo+avayavavācī | te ca
pārthivādayaḥ pañca guṇā pārthivādibhiḥ
pañcabhiragnibhiḥ pakvāḥ
pārthivādīnekadehasthān
bhūtaguṇānāpyāyanti |
yathāsvamātmīyajātyanatikrameṇa
svavikārabhūtānityannavikārā evadehe
mahābhūtaguṇāḥ | | 38 | | § 9046

evañca pakvādāhārādvividhaūśadhagarbhādiva
snehādacśaḥ sārabhūto rasākhyāḥ
kiṭṭākhyāśca
malo+abhinirvartate | | 39 | | § 9047

evamanantaroktena prakāreṇa pakvādannāt
dvau rāśī bhavataḥ- kiṭṭaṃ sāraśca | yathā
nānāprakāraūśadhagarbhād nṛtāt snehaḥ
kalkaśca | § 9048

tābhyāñca sāramalābhyāṃ tadātmakānāmeva
śarīraguṇānāṃ dhātvākhyānāṃ yathāsvam
srotāṃsi pāraparyyeṇāvicśinnasantānamā-
pūryante | | 40 | | § 9049

tābhyāṃ sāramalābhyāṃ tadātmakānāṃ
sāramalāsvabhāvānāṃ dhātvākhyānāṃ
śarīraguṇānāṃ raktādīnāṃ mūtradīnāṃ ca
pāraparyyeṇa
kramaprāptyāvicśinnapravāhaṃ kṛtvā
srotāṃsyā+a+apūryante | | 40 | | § 9050

srotobhyaśca yathā vibhāgam̐ yathā yathameva
dhātavaḥ puṣyanti | | 1 | | § 9051

tebhyo yathāsvam̐ dhātavaḥ puṣyanti | |
41 | | § 9052

uttarottarānupraveśe+api ca purveṣāṃ srotasāṃ
yathākālam̐ samyagāhāropayogena
pariṇāmavātāpyāyyamānānām̐ nāpacayo
bhavati | | 42 | |
tataśca dhātvākhyāḥ prasādamaḷāḥ svam̐
svameva mānamanuvartante
yathāvayaḥśarīram̐ | | 42 | | § 9054

pūrvasya raktāderdhātoruttarānupraveśe+api
māmsādibhāvagamane+api na pūrvēṣāṃ
raktādisrotasāmapacayo bhavati |
kimbhūtānām̐ pūrvadhātusrotasāṃ ?
yathākālam̐ kālavicśedena
samyagāhāropayogenāpyāyyamānānām̐ |
kimbhūtenāhāropayogenāha-pariṇāmavātā |
tenaitaduktaṃ bhavati-sadaivāvicśedena
srotāṃsi pariṇato+annasāro yāti |
pūrvēbhyaśca pūrvāṅyāpūryante |
atasteṣāmanapacayaḥ | tathā pariṇāmena ca
dhātvākhyā dehadhāraṇāḥ prasādāśca
maḷāśca vayaṣśarīrānatikrameṇa svam̐-svam̐
pramāṇamañjalyādiviśeṣeṇoktaṃ
nātivarttante | prasādāḥ sārā
raktamāmsakaṇḍarādīni | maḷāḥ kiṭṭam̐
kaphalasīkāpittādi | vayo+anatikrameṇeti
bālasya pravṛddhasya caktāt
parimāṇāddhīnatvam̐ neti jñāpanārtham̐ |
yathāśarīramiti mahāśarīreṣu prasādamaḷāḥ
prabhūtā bhavanti | laṅudeheṣvalpatā iti
jñāpayati | | § 9055

tatrā+a+ahāraraso vyānavikṣipto yathāsvaṃ
saptasu dhātvagniṣu kramāt pacyamānaḥ
svātmabhāvapracyutisamanantameva
prāptarakṭādīdhātusaṃjñakaḥ
kālavadaskhalitabalapramāṇo
dehamūrjayitvā dhātūn dhātumalāṃśca
puṣṇāti | | 43 | | § 9056

tatretyādinā+asmin kramadhātupākavāde
kramaṃ darśayati | āhārasya pradhānāgninā
pakvasya sataḥ yo raso bhavati sa vyānena
hṛdayamūlabhavana vāyunā vikṣiptaḥ
preritaḥ srotassu viniyuktāḥ san dhātvagniṣu
pacyamānaḥ viśiṣṭatatkālavapadeśayogya-
svarūpapracutyekakālaṃ
prāptarakṭādīdhātusaṃjñakaḥ
kālavadavicśinnavāhī dhātūn raktādīn
dhātumalāṃśca kaphādīn puṣṇāti | raktam
raktāgnereva pākena bhavati | māṃsaṃ
māṃsāgnirevetyevamādi
yathāsvaśabdārthaḥ dehamūrjayan śārīraṃ
prāṇayan | | 43 | | § 9057

athānnakiṭṭamacśaṃ mūtraṃ nānaṃ
śakṛt | | 44 | | § 9058

athetyādinā prasādamalayorvibhāgaṃ
darśayati | yo yasya pākāt prasādaḥ sa tasya
sāro, yo malaḥ sa kiṭṭaḥ | subodham | |
44 | | § 9059

majjñastu sāraḥ śukraṃ malo+akṣivīttvacāṃ
snehaḥ | | 45 | | § 9060

annamalasya ṇanācśabhedena dvaividhyam |
lasīkā jalasadr̥śī | vasā svacśasnehaḥ |
karṇādiṣaṭkasya malaśabdena sambandhaḥ |
karṇādiṣu malo dr̥śyata eva | prajananam
mehanam | sandhayo+asthibhāgāḥ
pūrvamuktāḥ | akṣyādeḥ sneho malaḥ | |
45 | | § 9061

śukrasya sāramojaḥ | | 46 | |
atyantaśuddhatayā+asya malābhāvaḥ | | 46 | |
anye punarata eva tasya necśanti pākam | | 46 | |
apare punaḥ śukrasāraṃ
garbhamevāmananti | | 46 | | § 9065

śukrasya tu krameṇa sārasāratvācśuddhatayā
malābhāvaḥ | apare ācāryyāḥ | ataḥ sārādapi
sārataratvāddhetoḥ śukrasya pākam
necśanti | anye tvācāryyāḥ śukrasya sāro
garbha ityāmanantīti | § 9066

vāyuḥ punaragnerāhārasya ca bahvalpatayā
tasmāttasmānmūrcśanāviśeṣādamūrttaḥ
śabdavānīṣacśabdaḥ pracuro+alpo vā
pañcātmā koṣṭhe prādurbhavati | | 47 | | § 9067

ādhyātmikānām bhāvānām
sambhavoktiprasaṅge vāyordvitayena
prakāreṇa sambhava ucyate | vāyuḥ koṣṭhe
prāṇādibhedena pañcātmā prādurbhavati |
kuto hetoḥ ? ābhyām mūrcśanāviśeṣāt |
kathamāha-agnerbahutayā kadācidagneḥ
samatve+apyāhārasyalpatayā ca | vāyuḥ
kutaścinmūrcśanāviśeṣādamūrtto+api
sañśabdavān bhavati | kuto+apīṣacśabdaḥ
kuto+api pracuraḥ | kuto+apyalpa iti |
amūrtto+akaṭhinaḥ | | 47 | | § 9068

evaṃ ca kṛtvā+annamayā eva dehe sarve
bhāvāḥ | |48| |
tenaiva cedamevaṃ cireṇa vyāptamantarbaḥiḥ
śārīrayantramanavaratpravāheṇa
svāsthyabalopacayayuktaṃ yāvat
karmopādānaṃ yāpyate | |48| |
anyathā tvannarasokṣepaṇādvibaddhasrotasā vā
yathāvadana-
bhisandhīyamānadhātupravāhamantarā
vyavacśidyate | |48| |
vyādhi bhājanaṃ vā bhavati | |48| | § 9072

tasmāt sarve śārīrā bhāvā annamayāḥ | tenaiva
cānnenāvicśinnapravāheṇa
idamanantaroktena krameṇa śārīraṃ
vipariṇamati | adhyātmetyātmani
bahirvahirbhāge | śārīrayantrakam yāpyata
iti sambandhaḥ |
kimbhūtamityāha-svāsthyena balopacayena
ca yuktaṃ | etacca yāvatkarmopādānamāha |
taddhetukakarmaparikṣayāt | anyathetyādi
subodham | iti kramadhātuvādaḥ | |
48 | | § 9073

anye tu varṇayanti-
abhyavahṛtamātrasyāhā+a+arasya
kaṇṭhanāḍīpraluṭhitasya
mahānimnamavatīrṇasya yo ya evāṃśaḥ
kāyāgninā+avalīḍhaḥ pākamupanīyate tasya
tasyaiva prasādākhyo
rasaleśo+abhinirvṛttisamanantaram samam
samastadhātuṣu saṃvṛtāsaṃvṛtaiḥ pravīṛto
vivṛtamukheṣvāsanneṣu srotassu bhūyān
prathamataram cānveti | |49| |
paryyāyeṇetaṣvapi | |49| |

evamannarasa eva sākṣātsarvadhātūn
kenacideva kālabhedena puṣṇāti na
punardhātavo dhātvantaratām
svarūpopamardena pratipadyanta
iti | | 49 | | § 9076

anye punarācāryyāḥ annarasādeva
sakaladhātusambhavam varṇayanti | na ca
dhātor dhātvantarādutpattimicśanti |
kathamityāha-abhyavahṛtamātrasyetyādi | ya
evāhārabhāgaḥ
koṣṭhaprāptisamanantaramagninā
sambadhyate tasyaiva tena
pakvasyayo+annasāraḥ sa tadaiva
sarvadhātusrotassvanugacśati | kevalam
tvayam viśeṣaḥ | vivṛtamukheṣu asaṃvṛteṣu
srotassu sārasambhavadeśāsanneṣu ca
prathamamanveti bhūyāmścānveti | itareṣu
saṃvṛttamukheṣu dūreṣu ca viparyyayeṇa |
svalpaścireṇa cetyarthaḥ | evamasmin pakṣe
kevala- madhikṛtasyānnasārasya
sakaladhātuparipākatvamuktam |
yathottaram tu dhātusrotasām
saṃvṛttamukhatvād dūradūrataratvācca
kālabheda aṅgīkṛta eva | tena dvayorapi
pakṣayoranyatayā na
yugapaddhātusambhavaḥ | ekatra
dhātor dhātvantarotpādādanyatra
saṃvṛttatvadūratvābhyāmiti | subodham | |
49 | | § 9077

bāhyenāpi ca jvālāṅgārātmakenāgninā
naikākāraḥ sarvadā pāko bhavati | | 50 | |
kimutāntarāśrayeṇoṣṇātmanā samenāpi | | 50 | |
tasmāt tam prayatnato rakṣet | | 50 | | § 9080

agnistviti | balabhedeneti
agnicātruvidhyakāraṇam |
tatretyādinā+asyāgnicatuṣṭayasya
lakṣaṇamucyate | samo nityadharmā iti ca sa-
rvatrānnarakṣāmātrāsītyādyuktaprakāreṇa |
udaragauravādīnyāmaliṅgānyādigrahaṇenā-
nyāni ca | bāhyonāpītyādinā jātharasyāgneḥ
prayatnaparirakṣaṇīyatvaṃ darśayati | |
50 | | § 9081

tatra pravareṇa sātmyena samam
yathāsvamapareṇetarān kramaśaḥ
sātmyamāpādya pravareṇa
paripālayeddoṣopakramaṇiyoktena ca
vātādisādhanena grahaṇīrogavihitaiścauṣa-
dhavyāyāmamayogairiti | | 51 | | § 9082

tatreti nirdhāraṇe |
samamutkr̥ṣṭamagnimutkr̥ṣṭena sātmyena
sarvarasākhyena rakṣeditarān
viṣamādīnagnīnitareṇa pravareṇa
sātmyenāsarvarasākhyena | yathādoṣam
sātmyamāpādya pravareṇaiva paripālayet |
doṣopakramaṇīyoktayā vātacikitsayā
viṣamam | pittacikitsayā tīkṣṇam |
kaphacikitsayā ca mandam cikitsat |
vātādigrahaṇīdoṣoktena vidhānena krameṇa
viṣamādīnausadhayogairvyāyāmamayogaiśca | |
51 | | § 9083

bhavati cātra- svadhātusamavarṇāni
vṛttasthūlānyaṇūni ca | | 52 | |
srotāṃsi dīrnāṇyākṛtyā pratānasadr̥śāni
ca | | 52 | |
srotodūśakaḥ āhāraḥ vihāraśca āhāraśca
vihāraśca yaḥ syāddoṣaguṇaiḥ samam | | 52 | |
dhātubhirviguṇo yaśca srotasām sa
pradūśakaḥ | | 52 | |

srotoduṣṭilakṣaṇam atipravṛttiḥ saṅgo vā
sirāṇaṃ granthayo+api vā | | 52 | |
vimārgato vā gamanaṃ srotasāṃ
duṣṭilakṣaṇam | | 52 | | § 9089

bhavati cātreṭi padyārambhe rītiḥ | srotāṃsi
svasya dhātorvarṇena samāni | raktasrotāṃsi
raktavarṇāni | māṃsasrotāṃsi
māṃsavarṇānyevaṃ sarvatra vācyam |
kānicit sthūlāni | kānicidaṇūni sūkṣmāni |
pratānasadṛśāni
vallīvadane kabhaṅgīpravāhayuktāni |
teṣāṅca srautasāmāhāro vihāraśca
pradūṣakaḥ | kimbhūta āha-doṣasya
vātādīnāmanyatamasya guṇaiḥ samaḥ
tathāpi yo vātādīnāmanyatamasya
samaguno+api dhāturbhirvigunaḥ | yasya
dhātorya evāhāro vihāraśca guṇairviparītaḥ
sa eva tasya srotasāṃ dūṣakaḥ | | 52 | | § 9090

bisānāmiva sūkṣmāni dūraṃ viprasṛtāni
ca | | 53 | |
dvārāṇi srotasāṃ dehe raso
yairupacīyate | | 53 | | § 9092

subodham | | 53 | | § 9093

kecidāhurātrāt ṣaḍahādapare pare | | 54 | |
māsāt prayāti śukratvamannaṃ
pākakramādibhiḥ | | 54 | |
vṛvyādīni prabhāveṇa sadyaḥ śukrādi
kurvate | | 54 | |
prāyaḥ karotyāhorātrāt karmānyadapi
bheṣajam | | 54 | | § 9097

athānnasya sāraḥ kiyatā kālena saptadhātūn
abhivyāpnotītyā+a+aha-kicidityādīnā |
matatrayametat |
pākakramādibhirdhātupariṇateḥ |
svalpairdinairasambhavaṃ pradarśayati |
nanu caikāsmānnevāhni vṛṣyādīnām
śukrādīkartṛtvam dṛṣṭam tat
kathamityāha-vṛṣyādīnītyādi | prabhāvaḥ
sarvātīśāyinī śaktiḥ | ekenādiśabdena
grahaṇam | ekāhaḥ ṣaḍrātramāsabhedena
matatraye sthite prabhāvādeva vāgbhaṭaḥ
sarvasāstrasiddhāntam darśayati-prāya
ityādīnā | na kevalam vṛṣyādi,
yāvadanyadapi bheṣajam prāyaḥ
ahorātrādeva karma karoti |
ahorātramatikramya nṛtalehādīnām yadyapi
mātrābhyāsenā
rogopaśamākhyakāryyanirvṛttistathāpi
teṣām dinānudīnam kāryyakartṛtvam
vidyata eveti pradarśanārtham
prāyograhaṇam | | 54 | | § 9098

kaphaḥ pittaṃ malaḥ kheṣu prasvedo
nakharoma ca | | 55 | |
sneho+akṣitvagviśāmojo dhātūnām kramaśo
malāḥ | | 55 | | § 9100

purvoktameva saṃgrahaślokenāha-kapha
ityādi | kaphādīni rasādīnām krameṇa
malāḥ | rasasya kaphoraktasya pittaṃ |
māṃsasya karṇanāsikādisrotomalāḥ |
medasaḥ prasvedaḥ asthno nakharoma |
majjo netrādisnehaḥ | pūrvasyaiva
saṃgrahādapunaruktam | | 55 | | § 9101

śānte+agnau mriyate yukte ciraṃ
jīvatyanāmayaḥ | | 57 | |
rogī syādvikṛte tasmāttam prayatnena
pālayet | | 57 | | § 9103

iti vaidyapatisiṃhaguptasya sūnorvāgbhaṭasya
kr̥tau aṣṭāṅgasamgraha- saṃhitāyāṃ
śārīrasthāne sirāvibhāgonāma
ṣaṣṭho+adhyāyaḥ subodhamanyat | |
57 | | § 9104
iti śrīmanmahāmahopādhyāyendurviracitāyāṃ
aṣṭāṅgasamgraha- vyākhyāyāṃ śāsilekhāyāṃ
śārīrasthāne ṣaṣṭho+adhyāyaḥ

2.8 dūtādivijñānīyodhyāyaḥ : 6

2.8.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto dūtādivijñānīyaṃ śārīraṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyaḍayo maharṣayaḥ | | 2 | | § 9106

2.8.2 Sarvāṅgasundarā

dūtaḥ-strīpuruṣādirya ātureṇa preṣyate sa kathyate | dūta
ādiryeṣāṃ te dūtādayaḥ | ādigrahaṇādvaidyasya gr̥hānn-
irgaccataḥ pathi gaccato yāvadāturagr̥he praveśaḥ, pr-
aviṣṭasyāpi yāni śubhā śubhasūcakāni nimittāni dr̥śya-
5 nte śrūyante ca, teṣāṃ parigrahaḥ | dūtādīnāṃ vijñānaṃ
dūtādivijñānaṃ | yathaite dūtādayaḥ śubhā ete+aśubhā
iti viśiṣṭaṃ-niścitaṃ, jñānaṃ-avabodhaḥ, pariceda itya-
rthaḥ | tasmai hito dūtādivijñānīyaḥ | śeṣaṃ pūrvavadvy-
ākhyeyam | § 9107

2.8.3 Aṣṭāṅgahr̥dayasaṃhitā

pākhaṇḍāśramavarṇānāṃ savarṇāḥ
karmasiddhaye | | 1 | |
ta eva viparītāḥ syurdūtāḥ
karmavipattaye | | 1 | | § 9109

2.8.4 Sarvāṅgasundarā

pākhaṇḍaḥ-ṣaṇṇavatibhedabhinno vrātyaviśeṣaḥ | āśramāḥ-
brahmacāriḡṛhasthabhikṣuvaikhānasabhedena catvāraḥ |
varṇāḥ-brāhmaṇakṣatriyaviśūdrāścatvāraḥ | te ca pratilo-
mānulomato bahavaḥ | teṣāṃ pākhaṇḍādīnāṃ ye savarṇāḥ-
samānavarṇāstulyajātayo, dūtāste ca karmasiddhaye-karmasiddhdyartham
bhavanti, karmasiddhiṃ sūcayantītyarthaḥ yathā-pākhaṇḍasya
pākhaṇḍo dūtaḥ, brahmacāriṇo brahmacārī, ḡṛhasthasya
ḡṛhastho, vānaprasthasya vānaprastho, bhikṣorbhikṣuḥ
yāvaccūdrasya śūdraḥ śubha iti | ta eva-pākhaṇḍādayo,
viparītāḥ-vijātīyāḥ savarṇā ye na bhavanti te, karmavipattaye¹⁰
cikitsānaiṣphalyābhavanti, cikitsānaiṣphalyaṃ sūcaya-
ntītyarthaḥ | ^{§ 9110}

2.8.5 Aṣṭāṅgahr̥dayasamhitā

dīnaṃ bhītaṃ drutaṃ trastaṃ

rūkṣāmaṅgalavādinam | | 2 | |

śāstriṇaṃ daṇḍinaṃ ṣaṇḍhaṃ

muṇḍaśmaśrujaṭādharam | | 2 | |

amaṅgalāhvayaṃ krūrakarmāṇaṃ malinaṃ

striyam | | 3 | |

anekaṃ vyādhitam̐ vyaṅgam̐

raktamālyānulepanam | | 3 | |

tailapaṅkāṅkitaṃ

jīrṇavivarṇārdraikavāśasam | | 4 | |

kharoṣṭramahiṣārūḍhaṃ

kāṣṭhaloṣṭādimardinam | | 4 | |

nānugaccedbhiṣagdūtamāhvayantaṃ ca

dūrataḥ | | 5 | | ^{§ 9117}

5

2.8.6 Sarvāṅgasundarā

savarṇamapi dūtaṃ dīnabhītādiviśeṣaṇaviśiṣṭaṃ yāvatkā-
ṣṭhaloṣṭādimardinam̐ bhiṣag dr̥ṣṭvā nānugacceccikitsānai-
ṣphalyāditi | rūkṣavādinam̐-paruṣabhāṣiṇam | amaṅgalavādinam̐-

maṛiṣyatyasau paṭiṣyati na jīvatītyādyabhaṅgalavādī, tam |
tathā, ṣaṇḍhaṃ-ṇapuṃsakam | tathā, muṇḍaṃ-kṛtavapanaṃ,
śmaśru-mukhavyañjanaṃ, yasya sa evam | muṇḍaśmaśr-
uścāsau jaṭādharasca tam | tathā, amaṅgalaḥ-akalyāṇaḥ,
5 āhvayo-nāma, yasya tam | vyaṅgaṃ-hīnāṅgam | tailapaṅkābhyāmaṅkitam-
digdham | tathā, jīrṇādikam vāso yasya tam | tathā,
dūrādāhvayantaṃ-ākārayantaṃ, nānuyāyāt | § 9118

2.8.7 Aṣṭāṅgahr̥dayasaṃhitā

aśastacintāvacane nagne cindati bhindati | | 5 | |
juhvāne pāvakaṃ piṇḍān pitṛbhyo
nirvapatyapi | | 6 | |
supte muktakace+abhyakte rudatyaprayate
tathā | | 6 | |
vaidye dūtā manuṣyāṇāmāgaccanti
mumūrṣatām | | 7 | | § 9122

2.8.8 Sarvāṅgasundarā

cintā ca vacanaṃ ca cintāvacane, aśaste cintāvacane yasy-
eti matvarthe bahuvrīhiḥ | vaidye+aśastacintāṃ kurvati,
aśasta vacanaṃ coccārayati | manuṣyāṇāṃ mumūrṣatām-
āsannamṛtyūnāṃ, sambandhino dūtā āyānti | mumūrṣa-
5 tāmiti "āśaṅkāyāmupasaṅkhyānam (yāṃ san vaktavyaḥ)
" iti san | "mriyaterluṅhliṅśca" iti niyamādātmanepadā-
bhāvaḥ | tathā ca kimbhūte ? nagne-vivastre, cindati bh-
indati kiñcit | tathā, pāvakaṃ-agniṃ juhvāne, pitṛbhy-
aśca piṇḍān nirvapati-anuprayaccati, yāvadaḥprayateāsu-
10 cau | manuṣyāṇāmityupalakṣaṇam, stryādayo+apīha gr-
hyanta eva | § 9123

2.8.9 Aṣṭāṅgahr̥dayasaṃhitā

vikārasāmānyaguṇe deśe kāle+athavā bhiṣak | | 7 | |
dūtamaḥbhyāgatam dr̥ṣṭvā nāturaṃ
tamupācaret | | 8 | | § 9125

2.8.10 Sarvāṅgasundarā

vikāreṇa-jvarādinā, sāmānyaḥ-tulyo, guṇo yasyāsau vi-
 kārasāmānyaguṇaḥ, tasmimstathāvidhe, deśe kāle vā
 dūtamaḥyāgataṃ-sammukhamāgaccantaṃ, dr̥ṣṭvā bhiṣaktamāturaṃ-
 dūtasya preṣakaṃ, nopacaret | yathā,-kaphaje jvarādāvā-
 maye ghr̥todakādidravasamīpe deśe+anūpe vā kāle vā pr- 5
 atyuṣasyāgato dūto+aśubhaḥ | pittāmāyē vahnyādinā sa-
 ntapte deśe kāle madhyāhne dūto+aśubhaḥ | vāraroge pa-
 ruṣarūkṣasikatāpāṣāṇaśarkarādiviśiṣṭe deśe kāle sāyāhne
 dūto+aśubhaḥ | viparītaṣṭu śubhaḥ | cardimehātīsārādiṣu
 setubhaṅgo+aśubhaḥ | eṣveva setuvandhaḥ śubhaḥ | § 9126 10

2.8.11 Aṣṭāṅgahr̥dayasaṃhitā

spṛśanto nābhināsāsyakeśaromanakhadvijān | | 8 | |
 guhyapr̥ṣṭhastanagrīvājaṭharānāmikāṅgulīḥ | | 9 | |
 kārpāsabusasīsāsthikapālamuśalopalāmaḥ | | 9 | |
 mārjanīśūrpacailāntabhasmāṅgāradaśātuṣān | | 10 | |
 rajjūpānattulāpāśamanyadvā 5
 bhagnavicyutam | | 10 | |
 tatpūrvadarśane dūtā vyāharanti
 mariṣyatām | | 11 | | § 9132

2.8.12 Sarvāṅgasundarā

tadityanena vaidyaḥ parāmṛśyate | tasya pūrvadarśanaṃ-
 prathamadarśanaṃ, tasmin sati tatkāla eva, mariṣyatām-
 āsannamaraṇānām, sambandhino dūtā nābhyāti spṛśanto
 vyāharanti | "lakṣaṇahetvoḥ kriyāyāḥ" iti hetāvatra śat-
 r̥pratyayaḥ | nābhyādisparśanaṃ hi mumūrṣudūtavyāh- 5
 araṇasya hetuḥ | mumūrṣorvayaṃ dūtā iti pratipāday-
 antītyarthaḥ | anāmikāṅgulīḥ-kanīyasīnikataṣṭhitā | daśā-
 vastravartīḥ | upānat-carmapādūkā | tulā-mānaviśeṣaḥ |
 na kevalaṃ nābhyādi spṛśanto+aparamapi ca bhagnavicy-
 utaṃ ca spṛśanta iti yojyam | § 9133 10

2.8.13 Aṣṭāṅgahr̥dayasaṃhitā

tathā+ardharātre madhyāhne sandhyayoḥ
parvavāsare | | 11 | |
saṣṭhīcaturthīnavamīrāhuketūdayādiṣu | | 12 | |
bharaṇīkṛttikā+a+aśleṣāpūrvā+a+ardrāpaitryanaīṛte | | 12 | | § 9136

2.8.14 Sarvāṅgasundarā

nābhyādikamaspr̥śanto+apyardharātrādiṣvāgaccanto ma-
riṣyatāṃ dūtā vyāharanti | ardharātra iti "ahaḥsarvaika-
deśa" ityatra cakārādac samāsāntaḥ | āgaccanta ityatrāpi
yojyam | paitryanaīṛta iti maghāmūlākhye nakṣatre | ād-
5 iśabdenotpātadarśanakṛṣṇacaturdaśyādayo gṛhyante | sa-
ṅgrahe+apyuktam (śa. a.12)- "madhyāhnobhayasandhyā-
rdharātracaturthīsaṣṭhīnavamīparvadineṣu grahoparāgo-
tpātadarśanabharaṇīkṛttikārdrā+a+aśleṣāmaghāmūlapūrvāsu
cāsubhaḥ |" iti | § 9137

2.8.15 Aṣṭāṅgahr̥dayasaṃhitā

yasmiṃśca dūte bruvati vākyamāturasamśrayam | | 13 | |
paśyennimittamaśubhaṃ taṃ ca
nānuvrajedbhiṣak | | 13 | | § 9139

2.8.16 Sarvāṅgasundarā

yasmin dūte āturasamśrayam-āturapratibaddhaṃ, vākyam
bruvati satyaśubhaṃ nimittaṃ bhiṣak paśyet | taṃ-dūtāmaturacikitsārthamāgata
nānuvrajet | § 9140

2.8.17 Aṣṭāṅgahr̥dayasaṃhitā

tadyathā vikalāḥ pretaḥ pretālaṅkāra eva vā | | 14 | |
cinnaṃ dagdhaṃ vinaṣṭaṃ vā tadvādīni
vacāṃsi vā | | 14 | |

raso vā kaṭukastīvro gandho vā kauṇapo
 mahān | | 15 | |
 sparśo vā vipulaḥ krūro yadvā+anyadapi
 tādrśam | | 15 | |
 tatsarvamabhito vākyam vākyakāle+athavā
 punaḥ | | 16 | |
 dūtamabhyāgatam dr̥ṣṭvā nāturam
 tamupācaret | | 16 | | § 9146

2.8.18 Sarvāṅgasundarā

tadyathāśabdo+aśubhanimittasamdarśanasambandhārthaḥ |
 vikalāḥ-aṅgahīnaḥ kāṇakuṇṭhādikaḥ | preto-mṛta eva | pr-
 etālaṅkāro yo mṛtasyānulepanavastrādinā+alaṅkāro vidh-
 īyate | cinnaṃ-rajivādikaḥ | dagdham-vastrādikaḥ | vina-
 ṣṭam vā-ghaṭabhājanādikaḥ | tadvādīni-cinnadagdhavinaṣṭavācakāni,
 vacāṃsi-vacanāni, śrotreṇa śrūyante | raso vā kaṭukastīvra
 ityanena rasādhāram dravyamanāhārapratibaddhamupa-
 lakṣayate | raso hi rasanendriyagrahya eva | tasmāt kaṭ-
 ukarasādhiṣṭhitam dravyam maricādi kaṭukarasaśabden-
 eha gr̥hyate | loke+api rasena dravyam vyapadiśyate eva | 10
 yathā-idam madhuram dravyamidamamlamiti | tadeva-
 mutkaṭakaṭukarasādhiṣṭhitam dravyam yadā cakṣuṣā gr̥-
 hyate vaidyena, tadā na śubham | tīvragrahaṇādatīvrasya
 kuṭherakādernirāsaḥ | gandhaśca kauṇapo-mahān durga-
 ndho+atiśayena, tatkāla eva ghrāṇendriyeṇa gr̥hyate, sp- 15
 arśo vā vistīrṇaḥ krūraḥ-atiduḥsaḥ, tatkāla evāgnyādis-
 ambandhī sparśanendriyeṇa gr̥hyate, so+aśubhaḥ | yadv-
 eti | athavā+aparamapi yattādrśamvikalādyaśubhanimi-
 ttasadṛśamanirdiṣṭamapi raktakaravīrakusumādikaḥ, ta-
 tsarvam vākyamabhitaḥ-āturāśrayādvākyādagre, athavā 20
 vākyakāle-āturāśrayāvākyamadhye vikalādyaśubhanimi-
 ttam tadānīmapyaśubhasūcakatvāt tasmin kāle, dūtamabhyāgatam-
 ābhimukhyena tatkālamevāgatam, dr̥ṣṭvā yenāsau preṣito
 dūtamaturam nopācaret | § 9147

2.8.19 Aṣṭāṅgahṛdayasaṃhitā

hāhākranditamutkruṣṭamākruṣṭam skhalanam

kṣutam | | 17 | |

vastrātapatrapādatravyasanam

vyasanīkṣanam | | 17 | |

caityadhvajānām pātrāṇām pūrṇānām ca

nimajjanam | | 18 | |

hatāniṣṭappravādāśca dūṣanam

bhasmapāṃsubhiḥ | | 18 | |

5 pathaḥccedo+ahimārjāragodhāsarathavānaraiḥ | | 19 | |

dīptam prati diśam vācaḥ krūrāṇām

mṛgapakṣiṇām | | 19 | |

kṛṣṇadhānyaguḍodaśvillavaṇāsavacarmanām | | 20 | |

sarṣapāṇām vasātailatṛṇapaṅkendhanasya

ca | | 20 | |

klībakrūraśvapākānām jālavāgurayorapi | | 21 | |

10 carditasya purīṣasya pūtidurdarśanasya

ca | | 21 | |

niḥsārasya vyavāyasya

kārpāsāderarerapi | | 22 | |

śayanāsanayānānāmuttānānām tu

darśanam | | 22 | |

nyubjānāmitareṣām ca

pātrādīnāmaśobhanam | | 23 | | § 9160

2.8.20 Sarvāṅgasundarā

hāhākranditamityādikamaśobhanamiti vakṣyamāṇena sa-

mbandhaḥ | hāheti kranditam-ruditam kvaṇanam hā-

hākranditam | tathā, utkruṣṭam uccaiḥ kṛtvā kruṣṭam,

ākruṣṭam-ākrośaḥ | skhalanam-patanam, vaidyasyā+anyasya

5 vā | kṣutam-cikkā | vastrādīnām-vaidyasya sambandhi-

nām, vyasanam-vināśaḥ | vyasaninām-āpadgatānām, īkṣnam-

ālokanam, na śobhanamiti sarvatra yojyam | caityād-

īnām nimajjanam-patanam bruḍanam ca | tathā, hata

ityevaṃrupāṇāmaniṣṭānām-amaṅgalānām, pravādāḥ-uccairuccaritāni

10 vākyaṇi | dūṣanam bhasmapāṃsubhiḥ-vaidyasyaiva pa-

thi gaccato bhasmanā pāṃsunā va vikiraṇamaśobha-

nam, karmasiddhyabhāvādāturasyāpi maraṇasūcakatvāt |

evamanyatrāpyubhayoraśobhanatvaṃ yojyam | pathaḥcc-
 eda iti mārgasya cedaḥ | kaiḥ ? sarpamārjārādibhiḥ |
 saraṭhaḥ-sarpasadrśī raktavarṇādīmukhī prāñijātiścakra-
 laṇḍa ityaparaparYāyaḥ | yasyāṃ diśi sūryaḥ sthitaḥ 5
 sā dīptā bhānyate | tathā coktam "aṅgāriṇyarkanirm-
 uktā, dīptā tasyāṃ divākaraḥ | pradhūmitaiṣyarsūryā
 vai, śāntāḥ pañcetarā diśaḥ | |" iti | dīptāṃ diśaṃ pr-
 ati yā vāco-vānyaḥ, krūrāṇāṃ-kravyabhujāṃ, mṛgāṇāṃ-
 dvīpiśṛgālādīnāṃ, pakṣiṇāṃ-gr̥dhraśyenādīnāṃ, tā aśo-
 bhanā iti liṅgavipariṇāmena sambandhaḥ | kṛṣṇadhānyā- 10
 dīnāṃ yaddarśanam vaidyasya pathi gacchata āturagr̥he
 praviśato vā tadaśobhanam, aśubhasūcakatvāt | udaśvit-
 takram | sarṣapo-raktābhāsaḥ | krūro-niṣṭhruravādī | śvapākaḥ-
 cāṇḍālaḥ | jālaṃ-ānāyaḥ | vāgurā-mṛgabandhanī | pūtiḥ-
 durgandhiḥ | durdarśanaḥ-karālākṛtiḥ | niḥsārasya-vyapetasārasya
 vastunaḥ | vyavāyasya-maithunasya | kārṇpāsāderityādiśa-
 bdena kārṇpāsābusasīsāderdūtacintānirdiṣṭasya (ślo. 9) gra-
 haṇam | kārṇpāsādeḥ padārthasya darśanam pathi gaccata
 āturagr̥haṃ praviśato vā+aśobhanam | arerdarśanamaś-
 obhanam | prakṛtatvādvaisdyasyātmaśatrudarśanam | ta- 20
 thā, śayanādīnāmuttānānāṃ-ūrdhvamukhasthitapādānāṃ
 darśanam, tathetareṣāṃ-pātrādīnāṃ ghaṭaśarāvodañcan-
 ādīnāmādhomukhānāṃ, darśanamaśobhanam | § 9161

2.8.21 Aṣṭāṅgahr̥dayasaṃhitā

pum̐saṃjñāḥ pakṣiṇo vāmāḥ strīsaṃjñā dakṣiṇāḥ
 śubhāḥ | | 23 | |
 pradakṣiṇaṃ khagamṛgā yanto, naivam
 śvajambukāḥ | | 24 | | § 9163

2.8.22 Sarvāṅgasundarā

pum̐saṃjñāḥ-pum̐nāmānaḥ, pakṣiṇo-vartakādayo, vāma-
 sthitāḥ praśastāḥ | strīnāmāno-balākāsārikādayo, dakṣiṇ-
 asthitāḥ śubhāḥ | pradakṣiṇamiti vāmāddakṣiṇaṃ gacch-
 antaḥ khagamṛgāḥ śubhāḥ | khagāḥ-kākāpārāvātādayaḥ |

mṛgāḥ-hariṇaiṇādayaḥ | yānto naivaṃ śvajambukāḥ,-kintarhi
? dakṣiṇādvāmaṃ gaccantaḥ śubhā ityārthaḥ | § 9164

2.8.23 Aṣṭāṅgahr̥dayasaṃhitā

ayugmāśca mṛgāḥ śastāḥ śastā nityaṃ ca darśane | | 24 | |
cāśabhāsabharadvājanakulaccāgabarhiṇaḥ | | 25 | | § 9166

2.8.24 Sarvāṅgasundarā

ayugmāḥ-pañcasaptā pi(dayo), mṛgāḥ śubhāḥ | cāśādayo
mayūrāntā nityaṃ darśane-vāmato dakṣiṇato vā, śastāḥ |
§ 9167

2.8.25 Aṣṭāṅgahr̥dayasaṃhitā

aśubhaṃ sarvatholūkabiḍālasaraṭhekṣaṇam | | 25 | | § 9168

2.8.26 Sarvāṅgasundarā

sarvathā-sarveṇa prakāreṇa vāmato dakṣiṇato vā yugmā-
nāma yugmānāṃ vā, ulūkādīnāṃ darśanamaśubham | kī-
rtane tu praśastā ityeke | § 9169

2.8.27 Aṣṭāṅgahr̥dayasaṃhitā

dhanuraindraṃ ca lālāṭamaśubhaṃ,
śubhamanyataḥ | | 27 | |
agnipūrṇāni pātrāṇi bhinnāni viśikhāni
ca | | 27 | | § 9171

2.8.28 Sarvāṅgasundarā

endraṃ dhanurlālāṭam-abhimukhaṃ, aśubham | anyataḥ-
puraḥsthitam sammukhaṃ varjayitvā tiryak pṛṣṭhato vā

sthitaṃ, śubham | lālātamiti bhavārthe aṅ | lālātaśa-
bdeneha lālātasamīpo deśo lakṣyate, sammukhamitya-
rthaḥ | pātrāṇyagnipūrṇānyaśobhanāni | tathā binnāni-
bhagnāni | tathā, viśikhāni-antaḥśūnyāni | na śubhānīti
vacanavipariṇāmena sambandhaḥ | § 9172

5

2.8.29 Aṣṭāṅgahrdayasaṃhitā

dadhyakṣatādi nirgacchadvakṣyamāṇaṃ ca
maṅgalaṃ | | 28 | |
vaidyo mariṣyatāṃ veśma praviśanneva
paśyati | | 28 | | § 9174

2.8.30 Sarvāṅgasundarā

ādiśabdenekṣuniṣpāvādiparigrahaḥ | dadhyakṣatāvādī (tā
ādayo) yasya maṅgalasya tadevam | vaidyaḥ praviśanneva-
tatkāla eva, āturaḡrhāddadhyakṣatādi-yadvakṣyamāṇaṃ,
tannirgacat-niḥsarat, mariṣyatāṃ-āsannamaraṇānāṃ, pa-
śyati | § 9175

5

2.8.31 Aṣṭāṅgahrdayasaṃhitā

dūtādyasādhu dṛṣṭvaivaṃ
tyajedārtamato+anyathā | | 29 | |
karuṇāśuddhasantāno
yatnatastamupācāret | | 29 | | § 9177

2.8.32 Sarvāṅgasundarā

evaṃ-pūrvoktena prakāreṇa, dūtādyasādhu-aśubhaṃ pū-
rvanirdiṣṭaṃ, dṛṣṭvā ārtāṃ-āturaṃ, tyajet-na cikitsat | ād-
iśabdena śakunādergrahaṇaṃ | ato+anyatheti dūtādi śu-
bhaṃ dṛṣṭvā, taṃ āturaṃ, vaidyo yatnena samupācāret |
kimbhūtaḥ ? karuṇāyā śuddhaṃ nirmalaṃ, santānaṃ-
ceto, yasya sa evaṃbhūtaḥ san | § 9178

5

2.8.33 Aṣṭāṅgahr̥dayasaṃhitā

- dadhyakṣatekṣuniṣpāvapriyaṅgumadhusarpiṣām | | 30 | |
yāvakāñjanabhr̥ṅgāraghaṅṭādīpasaroruhām | | 30 | |
dūrvārdramatsyamāṃsānām lājānām
phalabhakṣayoḥ | | 31 | |
ratnebhapūrṇakumbhānām kanyāyāḥ
syandanasya ca | | 31 | |
5 narasya vardhamānasya devatānām nṛpasya
ca | | 32 | |
śuklānām
sumanovālacāmarāambaravājinām | | 32 | |
śaṅkhasādhudvijoṣṇīṣatoraṇasvastikasya
ca | | 33 | |
bhūmeḥ samuddhatāyāśca vahneḥ prajvalitasya
ca | | 33 | |
manojñasyānnapānasya pūrṇasya śakaṭasya
ca | | 34 | |
10 nṛbhirdhenvāḥ savatsāyā vadāvāYāḥ striyā
api | | 34 | |
jīvañjīvakasāraṅgasārasapriyavādinām | | 35 | |
haṃsānām śatapatrānām
baddhasyaikapaśostathā | | 35 | |
rucakādarśasiddhārtharocanānām ca
darśanam | | 36 | |
gandhaḥ susurabhirvarṇaḥ suśuklo madhuro
rasaḥ | | 36 | |
15 gopateranukūlasya
svanastadvadgavāmapi | | 37 | |
mṛgapakṣinarānām ca śobhinām śobhanā
giraḥ | | 37 | |
chatradhvajapatākānām utkṣepaṇamabhiṣṭutiḥ | | 38 | |
bherīmṛdaṅgaśaṅkhānām śabdāḥ
puṅYāhaniḥsvanāḥ | | 38 | |
vedādhyayanaśabdāśca sukho vāyuḥ
pradakṣiṇaḥ | | 39 | |
20 pathi veśmapraveśe ca
vidyādārogyalakṣaṇam | | 39 | | § 9198

2.8.34 Sarvāṅgasundarā

dadhyakṣatādīnām darśanam 'pathi veśmapraveśe ca vi-
dyādārogyalakṣaṇam |' iti vakṣyamāṇena sambandhaḥ |
akṣatāḥ-yavāḥ, akhaṇḍitāstaṇḍulā ityanye, dhānyamevā-
khaṇḍitamakṣataśabdavācyamityapare | yāvakaṃ-alaktakaḥ |
bhr̥ṅgāraḥ-kanakālukā | ar dramatsyāḥ, ārdramāṃsam | 5
ārdragrahaṇamatra śuṣkparihārārtham | bhakṣaṃmod-
akādi | padmarāgādikaṃ-ratnam | ibho-hastī | narasyeti
śauryatyāgaprajñārājasatkārādibhirvadhamānaḥ-pratidinamupacayaṃ
gataḥ, tathāvidhasya puruṣasya darśanam śubham | śuklā-
nām sumanaḥprabhṛtīnām darśanam śubham | bālacāmaramo
keśaprakīrṇakam | vājī-turaṅgaḥ | uṣṇīṣaṃ-śiroveṣṭanam |
manojñasya-hṛdayahāriṇo+annapānasya | śakaṭasya-rathasya,
nr̥bhiḥ-naraiḥ, pūrṇasya-sambhṛtasya | dhenvā ityādi |
striyā apītyapiśabdaḥ samuccaye | yathā dhenvāḥ sav-
atsāyā darśanamevaṃ vaḍavāyāḥ striyāśca savatsāyāḥ- 15
sāpatyāyā iti | ruciko-valayaḥ, ābharāṇaviśeṣaḥ | siddhārtho-
gaurasarsapaḥ | gandhaḥ-suṣṭhu surabhiḥ | varṇaḥ su-
ṣṭhu śuklaḥ-sitaḥ | raso madhuraḥ | gopateḥ-vṛṣabhasya,
anukūlasya-akupitasya, svanaḥśabdaḥ | tadvat-gopatinā
tulyo, gavāmapyanukūlānām śabda ityarthāḥ | tathā, 20
śobhinām-praśastānām mṛgādīnām, praśastā giraḥ | vi-
dyādārogyalakṣaṇamiti yojyam | mṛgapakṣinarā hyaśobh-
ino+api śṛgālolūkapulkasacāṇḍālādayaḥ santi, taḍyavacc-
edanārtham śobhināmiti viśeṣaṇam | śobhināmapi mṛgād-
īnām kṣāmarogārtāmihatānāmaśobhanā vācaḥ syuḥ tatty- 25
āgārtham śobhanā iti viśeṣaṇam | catrādīnām utkṣepaṇam-
utthāpanam | patākā-vaijayantī | abhiṣṭutiḥ-prayāṇakāle
janena stutirjayajetyādiśabdapūrvā+abhimukhamuccāritā |
tathā, bheryādīnām śabdāḥ, puṇyāhaniḥsvanāḥ-praśastaśabdā |
arogyāya, na tvapraśastaniḥsvanāḥ pretapaṭahādijāḥ | vedādhyayanasya-
vedapāṭhasya, ye śabdāste ca śubhāḥ | pradakṣiṇaḥ-
anukūlo, vāyuḥ sukhaḥ-sukhāvahaḥ | pathi veśmapraveśe
caitadārogyalakṣaṇam vidyāt | § 9199

2.8.35 Aṣṭāṅgahr̥dayasaṃhitā

ityuktaṃ dūtaśakunaṃ svapnānūrdhvaṃ
pracakṣate | | 40 | | § 9200

2.8.36 Sarvāṅgasundarā

ityevamarthe parisamāptau vā | dūtaḥ-strīpuruṣādih, ity-
ādi prāguktaṃ | tathā, cetanācetanarūpaḥ śubhāśubha-
sūcako dūtavarjito lokaprasiddhaḥ-śakuna uktaḥ | ya-
5 thā (ślo. 17)-"hāhākranditaṃ" ityādi | iti-evam, uktaṃ-
abhihitam | ato dūtaśakunādūrdhvaṃ-anantaram, sva-
pnān pracakṣate-samyag bhaṇiṣyati, tantrakāra iti śeṣaḥ |
svapnalakṣaṇamaṣṭaṅgasaṅgrahe kathitam | yathā (sū. a.
9)- "sarvendriyavyuparatau mano+anuparataṃ yadā | vi-
ṣayebhyastadā svapnaṃ nānārūpaṃ prapaśyati | | " iti | ta-
10 thā (saṃ. sū. a. 9)- "śleṣmāvṛteṣu srotaḥsu śramādupar-
ateṣu ca | indriyeṣu svakarmabhyo nidrā+a+aviśati dehi-
nam | | " iti nidrālakṣaṇam | § 9201

2.8.37 Aṣṭāṅgahr̥dayasaṃhitā

svapne madyaṃ saha pretairyaḥ vipaṇ kṛṣyate
śunā | | 40 | |
sa martyau mṛtyunā śīghraṃ jvararūpeṇa
nīyate | | 41 | | § 9203

2.8.38 Sarvāṅgasundarā

yo martyaḥ-puruṣaḥ, svapne-svapnāvasthāyām, pretaiḥ
saha madyaṃ pibaṇ śunā kṛṣyate-ākramyate, sa mṛtyunā
jvararūpeṇa śīghraṃ ahirāt katipayaireva divasaiḥ, nīyate,
likāntaramiti śeṣaḥ | § 9204

2.8.39 Aṣṭāṅgahr̥dayasaṃhitā

raktamālyavapurvastro yo hasan hriyate striyā | | 41 | |
so+asrapittena-----
| | 42 | | § 9206

2.8.40 Sarvāṅgasundarā

raktamālyo raktavapū raktavastraśca yo martyo hasan str-
iyā svapne hriyate-ākṛṣyata ākramyate, so+asrapittena mṛ-
tyunā śīghraṃ nīyate | § 9207

2.8.41 Aṣṭāṅgahṛdayasaṃhitā

-----mahīṣaśvarāhoṣṭragardabhaiḥ | | 42 | |
yaḥ prayāti diśaṃ yāmyāṃ maraṇaṃ tasya
yakṣmaṇā | | 42 | | § 9209

2.8.42 Sarvāṅgasundarā

yo mahīṣādibhiḥ karaṇabhūtairyāmyāṃ dakṣiṇāṃ diśaṃ,
svapne prayāti, tasya yakṣmaṇā maraṇaṃ bhavati | § 9210

2.8.43 Aṣṭāṅgahṛdayasaṃhitā

latā kaṇṭakinī vaṃśastālo vā hṛdi jāyate | | 43 | |
yasya tasyāśu
gulmena----- | | 43 | | § 9212

2.8.44 Sarvāṅgasundarā

martya iti prathamānto+apīhārthavaśāt ṣaṣṭhyantaḥ samb-
adhyate | yasya martyasya svapne kaṇṭakayuktā latā hṛd-
aye jāyate, vaṃśo vā-athavā tālaḥ, tasya śīghraṃ gulmena
maraṇaṃ bhavet | saṅgrahetvevamuktam (śā. a. 12)- "ya-
sya kaṇṭakinī latā vaṃśa stālo vā hṛdi jāyate sa gulmena | 5
yasya tu śīrasi sa śīroroṅga śastreṇa vā śīraḥcedanena | "
iti | § 9213

2.8.45 Aṣṭāṅgahṛdayasaṃhitā

-----yasya
vahnimanarciṣam | | 43 | |
juhnato ghṛtasiktasya nagnasyorasi
jāyate | | 44 | |
padmaṃ sa naśyetuṣṭhena-----
---- | | 44 | | § 9216

2.8.46 Sarvāṅgasundarā

yasya martyasya nagnasyājyābhyaktasya vahnimanarciṣam-
jvālārahitaṃ, juhnata urasi padmaṃ svapne jāyate, sa na-
raḥ kuṣṭhena naśyati | § 9217

2.8.47 Aṣṭāṅgahr̥dayasaṃhitā

-----caṇḍālaiḥ saha yaḥ pibet | | 44 | |
snehaṃ bahavidhaṃ svapne sa prameheṇa
naśyati | | 45 | | § 9219

2.8.48 Sarvāṅgasundarā

caṇḍālaiḥ saha bahavidhaṃ-anekaprakāraṃ, snehaṃ-
ghṛtatailādikaṃ, yo martyaḥ svapne pibet, sa prameheṇa
naśyati | svapne prakṛte+api punaḥ svapnagrahaṇaṃ kṛ-
taṃ spaṣṭārtham | § 9220

2.8.49 Aṣṭāṅgahr̥dayasaṃhitā

unmādena jale majjedyo nṛṭyan rākṣasaiḥ
saha | | 45 | | § 9221

2.8.50 Sarvāṅgasundarā

unmādena sa naśyati, yo rākṣasaiḥ saha nṛṭyan jale majjet |
§ 9222

2.8.51 Aṣṭāṅgahr̥dayasaṃhitā

apasmāreṇa yo martyo nṛtyan pretena nīyate | | 46 | | § 9223

2.8.52 Sarvāṅgasundarā

sa marthyo+apasmāreṇa naśyati, yo nṛtyan pretena svapne nīyate | § 9224

2.8.53 Aṣṭāṅgahr̥dayasaṃhitā

yānaṃ kharoṣṭramārjāarakapiśārdūlasūkaraiḥ | | 46 | |
yasya pretaiḥ śṛgālairvā sa mṛtyorvartate
mukhe | | 47 | | § 9226

2.8.54 Sarvāṅgasundarā

yasya narasya svapne kharādibhiryānaṃ bhavati, sa mṛtyormukhābhyantare vartate, atyāsannavināśatvāt | § 9227

2.8.55 Aṣṭāṅgahr̥dayasaṃhitā

apūpaśaṣkulīrjagdhvā vibuddhastadvidhaṃ
vaman | | 47 | |
na jīvati-----
| | 48 | | § 9229

2.8.56 Sarvāṅgasundarā

apūpān śaṣkulīrvā jagdhvā-bhakṣayitvaivaṃ svapne dr-
ṣṭvā, vibuddhaḥ san tadvidhaṃ-apūpaśaṣkuliprāyameva,
vamet-udgiret, sa na jīvati | § 9230

2.8.57 Aṣṭāṅgahr̥dayasaṃhitā

-----akṣirogāya sūryandugrahaṇekṣaṇam | | 48 | | § 9231

2.8.58 Sarvāṅgasundarā

sūryacandrayorgrahaṇadarśanamakṣirogāya | § 9232

2.8.59 Aṣṭāṅgahr̥dayasaṃhitā

sūryācandramasoḥ pātadarśanam
dṛgvinaśanam | | 48 | | § 9233

2.8.60 Sarvāṅgasundarā

svapne sūryācandramasoḥ patanadarśanam martyasya dṛ-
ṣṭivinaśanam | sūryācandramasoriti "devatādvandve ca"
ityānañādeśaḥ | § 9234

2.8.61 Aṣṭāṅgahr̥dayasaṃhitā

mūrdhni vaṃśalatādīnāṃ sambhavo vayasāṃ
tathā | | 49 | |
nilayo muṇḍatā kākaḡdhrādyaiḥ
parivāraṇam | | 49 | |
tathā pretapiśācastrīdraviḍāndhragavāśan-
aiḥ | | 50 | |
saṅgo
vetralatāvamśatṛṇakaṇṭakasaṅkaṭe | | 50 | |
5 śvabhraśmaśānaśayanam patanam
pāṃsubhasmanoḥ | | 51 | |
majjanam jalapaṅkāḍau śīnreṇa srotasā
hṛtiḥ | | 51 | |
nṛtvavāditragītāni
raktasragvastradhāraṇam | | 52 | |
vayoṅgavṛddhirabhyaṅgo vivāhaḥ
śmaśrukarma ca | | 52 | |
pakvānnasnehamadyāśaḥ
praccardanavirecane | | 53 | |
10 hiraṇyalohayorlābhaḥ
kalirbandhaparājayau | | 53 | |

upānadyuganāśaśca prapātaḥ
 pādacarmaṇoḥ | | 54 | |
 harṣo bhr̥śaṃ prakupitaiḥ
 pitṛbhiścāvabhartsanam | | 54 | |
 pradīpagrahanakṣatradantadaivatacakṣuṣām | | 55 | |
 patanam vā vināśo vā, bhedanam parvatasya
 ca | | 55 | |
 kānane raktakusume 5
 pāpakarmaniveśane | | 56 | |
 citāndhakārasambādhe jananyām ca
 praveśanam | | 56 | |
 pātaḥ prāsādaśailādermatsyena grasanam
 tathā | | 57 | |
 kāṣāyiṇāmasomyānām nagnānām
 daṇḍadhāriṇām | | 57 | |
 raktākṣāṇām ca kṛṣṇānām darśanam jātu
 neṣyate | | 58 | | § 9253

2.8.62 Sarvāṅgasundarā

jātu neṣyata iti vakṣyamāṇena sambandhaḥ | vaṃśalatād-
 īnām mūrdhni-śirasi, sambhavo-janma, jātu neṣyate | ev-
 amagre+api yojyam | tathā, vayasām-pakṣiṇām, mūrdhni
 nilayo-nilayanam | tathā, muṇḍatā-kṛtamunḍanatvam | kā-
 kādyaiḥ parivāraṇam-parivṛtatvam | na kevalam kākā-
 dyaiḥ, pretādyaiśceti tathāśabdasyārthaḥ | gavāśanāḥ go-
 māṃsabhakṣāḥ, taiḥ | vetrādīsaṅkaṭe-saṃvṛte, saṅgaḥ-
 dvārālābhaḥ, tatraiva niḥsāramapaśyataḥ | śvabhre śma-
 śāne ca śayanam-svapnam | pāṃsau bhasmani ca pata-
 nam | jalapaṅkādi ke majjanam-br̥ḍanam | ādiśabdena kū-
 pakaluṣodakādi gṛhyate | srotasā śīnreṇa hr̥tiḥ-haraṇam | 10
 nṛtyam ca vāditram ca gītam ca tāni | tathā, srak ca
 vastram ca sragvastre, rakte ca te sragvastre ca, tayo-
 rdhāraṇam | vayaścāṅgam ca, tayorvṛddhiḥ | abhyaṅgaḥ-
 abhyañjanam | vivāhaḥ-pariṇayah | śmaśrukarma-mukhavyaṅjanamunḍ-
 pakvānnaṃ-maṇḍakādiḥ, snehaḥ-tailādiḥ, madyam-sīdhvādi,
 teṣāmāśo-bhakṣaṇam | praccardanam-vamiḥ | virecanam-
 virekaḥ | hiraṇyasya-rukṃdēḥ, lohasya ca lābhaḥ | sa-

ṅgrahe tūktam (śā. a. 12)- "labhate vā hiraṇyalohalav-
aṇa" iti | kaliḥ-anarthah | bandho-bandhanam | parājayaḥ-
paribhavaḥ | upānadyugasya nāśaḥ | pādasya carmaṇ-
āśca prakarṣeṇa patanam | bhṛśam-atiśayena, harṣaḥ |
5 pitṛbhiḥ prakupitairavabhartsana-santarjanam | pradīpā-
dīnām patanamathavā vināśaḥ | parvatasya ca bheda-
nam | kānane-vane, raktapuṣpe praveśanamiti sambha-
ndhaḥ | pāpakarmāṇām-pāpinām, niveśane-gr̥he, prave-
śanam | cintāyāmandhakārasambādhe-tamaḥsaṅkaṭe, ja-
10 nanyām̐mātari, ca praveśanam | prāsādāt parvatādvā
pātaḥ-patanam, ādiśabdena vṛkṣagr̥hādergrahaṇam | ma-
ttsyena grasanaṁ-nigaraṇam | kaṣāyeṇa raktaṁ vastraṁ-
kāṣāyam, tadvidyate yeṣāmitiṇiḥ | teṣāṁ kāṣāyiṇām-kāṣāyavastrāvṛtānām,
tathā asaumyānām-durdarśānām, tathā nagnānām-vivastrāṇām,
15 tathā daṇḍadhāriṇām-daṇḍinām, tathā raktayanānām kṛ-
ṣṇavarṇānām ca nṛṇām jātu-kadācit, na darśanamīṣyate,
svapne+aśubhahetutvāt | § 9254

2.8.63 Aṣṭāṅgahr̥dayasam̐hitā

kṛṣṇā pāpānanācārā dīrghakeśanakhastanī | | 58 | |
virāgamālyavasanā svapne kālaniśā
matā | | 59 | | § 9256

2.8.64 Sarvāṅgasundarā

evaṁvidhā strī svapne kālaniśā-tadvidhā, matā | kṛṣṇākṛ-
ṣṇavarṇā | tathā, pāpamānanamācāraśca yasyāḥ sā | tathā,
dīrghāḥ keśā nakhāḥ stanau ca yasyāḥ saivam | "svāṅgā-
ccopasarjanāt" iti nīp | mālyam̐ ca vasanaṁ ca mālyavasa-
5 nam | vigato rāgo yasya mālyavasanasya tadevaṁbhūtaṁ
mālyavasanam̐ yasyāḥ saivam | § 9257

2.8.65 Aṣṭāṅgahr̥dayasam̐hitā

manovahānām pūrṇatvātsrotasām
prabalairmalaiḥ | | 59 | |
dṛśyante dāruṇāḥ svapnā rogī yairyāti
pañcatām | | 60 | |
arogaḥ saṁśayaṁ prāpya kaścideva
vimucyate | | 60 | | § 9260

2.8.66 Sarvāṅgasundarā

manaḥ-ceto, vahanti yāni viśeṣeṇa hṛdāśritāni srotā-
msi tāni manovahāni, teṣām manovahānām prabalaiḥ-
atibalavadbhiḥ, malaiḥ-malinīkaraṇasvabhavairvātapittaśleṣmabhiḥ,
pūrṇatvāt dāruṇāḥ-ghorā apraśastāḥ, svapnā dṛśyante-
anubhūyante | yaiḥsvapnairdṛṣṭaiḥ, rogī-āturaḥ, pañca- 5
tām yāti-maraṇam prāpnoti, tathā svabhāvatvādaiṣām
svapnānām | aroga ityādi | svastho naraḥ saṁśayaṁ-
jīvitasamdehaṁ, prāpya kaścideva-bahūnām madhyātpu-
ṇyavānniyatāyureva, vimucyate, maraṇāditi, śeṣaḥ | svapnabhedānidānīm
§ 9261 10

2.8.67 Aṣṭāṅgahṛdayasaṁhitā

dṛṣṭaḥ śruto+anubhūtaśca prārthitaḥ
kalpitastathā | | 61 | |
bhāviko doṣajaśceti svapnaḥ saptavidho
mataḥ | | 61 | | § 9263

2.8.68 Sarvāṅgasundarā

caḥ samuccaye | itiḥ prakāre | dṛṣṭādinā prakāreṇa sv-
apnaḥ saptavidho mataḥ,-sapta svapnā ityārthaḥ | dṛ-
ṣṭaḥ sa ucyate,-yaścakṣuṣā jāgradavasthāyām kiñcidvast-
ujātaṁ dṛṣṭvā tadānīm suptāvasthāyām tādṛśam vastuj-
ātāṁ saṁvittirūpatayā+anubhūyate | 1 | yaśca śabdama- 5
treṇa bastujātaṁ śrotrendriyeṇa gṛhyate tadānīm suptā-
vasthāyām tādruksaṁvittirūpatayā+anubhūyate, sa śruta
ucyate | 2 | yastu jāgradavasthāyām yathāyathamindriy-

airanubhūyate suptāvasthāyāṃ tādṛgantah̥sam̐vittirūpat-
ayā+anubhūyate, so+anubhūta ucyate | 3 | yasmin dr̥ṣṭe
śrute+anubhūte vā yatpūrvam̐ jāgradavasthāyāṃ vastuj-
5 antah̥sam̐vittirūpatayā+anubhūyate, sa prārthita ucyate |
4 | yastu ṣaḍbhiḥ pratyakṣānumānādibhirna dr̥ṣṭo nāpi śr-
uto nāpyanubhūto dr̥ṣṭaśrutānubhūtatvābhāvādata eva na
prārthitaḥ, api tu kevalam̐ manasā yatheccamutprekṣya
yatkiñcanarūpābhiḥ kalpanābhistābhistābhiḥ kalpito jāgr-
10 adavasthāyāṃ vastujāto+antah̥sam̐vittāvupāruḍhaḥ, tad-
ānīm suptāvasthāyāṃ tādṛganubhūyate, sa kalpita ucy-
ate | 5 | yaśca dr̥ṣṭaśrutādibhyaḥ svapnebhyo+anyo vilakṣ-
aṇasvapno yathā dr̥śyate suptāvasthāyāmutterakālam̐ ta-
thaiva tatsvapnadarśinā nareṇa tanmukhāvagatatadarta-
15 iranyairapi pratyakṣato dr̥śyate, sa bhāvikaḥ | 6 | doṣajaḥ
sa svapnaḥ-yo vātajaḥ pittajaḥ kaphajo vā yathāyatham̐ do-
ṣaḡaṇānurūpo+antah̥sam̐vittāvanubhūyata iti | 7 | § 9264

2.8.69 Aṣṭāṅgahr̥dayasam̐hitā

teṣvādyā niṣphalāḥ pañhca yathāsvaprakṛtirdivā | | 62 | |
vismṛto dīrghahrasvo+ati-----
| | 62 | | § 9266

2.8.70 Sarvāṅgasundarā

teṣu svapneṣumadhyādye pañcādyāḥ-ādau paṭhitā dr̥ṣṭā-
dayaḥ te niṣphalāḥ-na te yathānurūpaṃ phalam̐ śubha-
maśubham̐ vā dadati | yathāsvaprakṛtiḥ-yathādoṣajo, yaḥ
svapnaḥ so+api niṣphalaḥ-nāsau yathānurūpaṃ śubhāśu-
5 bhalakṣaṇam̐ phalam̐ dadāti | vātaprakṛtervātaprakṛtyan-
urūpataḥ svapno yāvaddvandvaprakṛterdvendvaprakṛty-
anarūpataḥ sannipātarūpato vā+aphalaḥ | tathā divā dr̥ṣṭo
yaḥ svapnaḥ, tathā vismṛtaḥ, tathā+atidīrgho+atihrasvo vā
yaḥ svapnaḥ, sa pañcavidhavyatirikto+apyaphalaḥ | § 9267

2.8.71 Aṣṭāṅgahr̥dayasaṃhitā

-----pūrvarātre cirātphalam | | 62 | |
dr̥ṣṭaḥ karoti tuccaṃ
ca----- | | 63 | | § 9269

2.8.72 Sarvāṅgasundarā

pūrvarātre dr̥ṣṭaḥ svapnaścirāt-cireṇa kālena, phalaṃ
tuccaṃ-alpaṃ, na yathāparibhāṣitaṃ, vidadhāti | kecittvāhuḥ,-
ceti vikalpārthe, cireṇa kālena tuccaṃ vetyarthaḥ | pūrva-
rātra iti "ahaḥ sarvaikadeśa" iti samāsāntaḥ | § 9270

2.8.73 Aṣṭāṅgahr̥dayasaṃhitā

-----gosarge tadaharmahat | | 63 | |
nidrayā vā+anupahataḥ
pratīpairvacanaistathā | | 63 | | § 9272

2.8.74 Sarvāṅgasundarā

gosarge-gavāṃ mokṣakāle, yo dr̥ṣṭaḥ svapnaḥ sa tadahaḥ-
tasminnevāhani, phalaṃ mahatkarotīti yojyam | tadaha-
rityahaḥśabdaḥ saptamyarthavr̥ttiravyayaḥ | śubhaḥ sva-
pno dr̥ṣṭo rātriśeṣe nidrayā vā yadyanupahato-yasminsvapne
dr̥ṣṭe+anantaraṃ na supyate, sa svapno mahat phalaṃ ka- 5
roti | anyathā svalpaṃ | pratīpaiḥ-ananukūlairvacanaīśca,
anupahataḥ-anabhyāhataḥ, śubhaḥ svapno dr̥ṣṭo mahat
phalaṃ karoti | § 9273

2.8.75 Aṣṭāṅgahr̥dayasaṃhitā

yāti pāpo+alpaphalatāṃ
dānahomajapādibhiḥ | | 64 | | § 9274

2.8.76 Sarvāṅgasundarā

pāpaḥ-aśubhaḥ svapnaḥ, alpaphalatām yāti | kaiḥ ? dānā-
dibhiḥ | ādigrahaṇāt dhyānaniyamādayo gr̥hyante | § 9275

2.8.77 Aṣṭāṅgahr̥dayasaṃhitā

akalyāṇamapi svapnaṃ dr̥ṣṭvā tatraiva yaḥ punaḥ | | 64 | |
paśyetsaumyaṃ śubhaṃ tasya śubhameva
phalaṃ bhavet | | 65 | | § 9277

2.8.78 Sarvāṅgasundarā

akalyāṇamapi-aśubhasūcakatvādaśubhaṃ [api], svapnaṃ
dr̥ṣṭvā tatraiva-tasminnevāvasare+aśubhasvapnadarśanasamanantare
kāle, saumyakaraṃśubhasūcakatvāccubhaṃ svapnaṃ yaḥ
paśyettasya jantostasya vā svapnasya śubhameva-kalyāṇarūpameva,
5 phalaṃ bhavet, na pūrvadr̥ṣṭamaśubhamityevaśabdārthaḥ |
apiśabdāt kalyāṇaṃ svapnaṃ dr̥ṣṭvā yastatraiva vā sv-
apnamadhye supto+aśubhaṃ ca svapnaṃ paśyet, tasy-
āśubhameva phalaṃ bhavet, na pūrvadr̥ṣṭaṃ śubham-
iti bodhyam | nanu, evaṃ sati svapnānāmaniścatapha-
10 latvaṃ prāpnoti | tataśca "svapne madyaṃ saha pret-
aiḥ" (ślo.40) ityādinā yaduktaṃ tadanyathā+api syāt |
yato+aśubhalakṣaṇo+apyevaṃ dānādibhiścānyathā samp-
adyate | tataścāniścitaphalatvānmaraṇaṃ prati nāsau ni-
ścito hetuḥ | evamanye+api ye svapnāḥ pratiniyatā ra-
15 ktapittādīnāṃ vyādhīnāṃ hetavo nirdiṣṭāḥ, te+api tath-
aiva boddhavyāḥ | atrācakṣmahe | niścitāniścitaphalasva-
bhāvatvāt svapnānāmadoṣaḥ | tathā hi-kecitsvapnā niści-
taphalasvabhāvā nirdiṣṭāḥ | yathā-"svapne madyaṃ saha
pretaiḥ" ityādayaḥ | kecidaniścitaphalasvabhāvāḥ | yathā-
20 "mūrdhni vaṃśalatādīnāṃ" (ślo-49) ityārabhya yāvat "ra-
ktākṣāṇāṃ ca kṛṣṇānāṃ darśanaṃ jātu neṣyate" ityeva-
mantena granthena ye nirdiṣṭāḥ | tatra ye niścitaphalasv-
abhāvāsteṣāṃ na kathañcidapyanyathā kartuṃ pāryate |
prāktanasya karmanastathārūpasya balabattvāt | ye tvan-
25 iścitaphalasvabhāvāḥ "mūrdhni vaṃśalatādīnāṃ" ityāda-

yaḥ | teṣāṃ spapnāntaradarśanādibhiranyathā sadbhāvaḥ
sambhāvya ita ity | "paśyetsaumyaṃ" ityuktam | atstāneva
saumyān svapnān darśayitumāha- § 9278

2.8.79 Aṣṭāṅgahr̥dayasaṃhitā

devān dvijān govṛṣabhān jīvataḥ suhr̥do nṛpān | | 65 | |
sādhūn yaśasvino vahnimiddhaṃ svaccān
jalāśayān | | 66 | |
kanyāḥ kumārakān gaurān
śuklavastrānsutejasaḥ | | 66 | |
narāśanaṃ dīptatanuṃ
samantādrudhirokṣitam | | 67 | |
yaḥ paśyellabhate yo vā 5
catrādarśaviṣāmiṣam | | 67 | |
śuklāḥ sumanaso vastramedhyālepanaṃ
phalam | | 68 | |
śailaprāsādasaphalavṛkṣasiṃhanaradvipān | | 68 | |
ārohedgośvayānaṃ ca,
tarennadahadodadhīn | | 69 | |
pūrvottareṇa gamanamagamyāgamaṃ
mṛtam | | 69 | |
sambādhānīḥsr̥tirdevaiḥ 10
pitṛbhiścābhinandanam | | 70 | |
rodanaṃ patitotthānaṃ dviṣatāṃ
cāvamardanam | | 70 | |
yasya syādāyurārogyaṃ vittaṃ bahu ca
so+aśnute | | 71 | | § 9290

2.8.80 Sarvāṅgasundarā

kumārakā-bālakāḥ | viṣaṃ-vatsanābhādi | āmiṣaṃ-māṃsam |
sumanasāḥ-puṣpāṇi | śuklaśabdo vastramityatrāpi samb-
adhyate, arthavaśaccāsyā napuṃsakatvamekatvaṃ ca bo-
dhyam | devādīn yaḥ paśyet, yo vā catrādīn labhate, ya-
śca śailādīn samārohet, yaśca nadādīmstaret, yasya vā 5
pūrvottaragamanādikaṃ syāt, sa puruṣa āyurādīnaśnute-
prāpnoti | § 9291

2.8.81 Aṣṭāṅgahr̥dayasaṃhitā

"ārogyamaśnute" ityuktam | | 71 | |
atastadevārogyaṃ lakṣayitumāha----
----- | | 71 | |
maṅgalācārasampannaḥ
parivārastathā+a+aturaḥ | | 71 | |
śraddhadhāno+anukūlaśca
prabhūtadravyasaṅgrahaḥ | | 72 | |
5 sattvalakṣaṇasaṃyogo
bhaktirvaidyadvijātiṣu | | 72 | |
cikitsāyāmanirvedastadārogyasya
lakṣaṇam | | 73 | | § 9297

2.8.82 Sarvāṅgasundarā

praśastācaraṇaṃ nityamapraśastavisarjanam | etaddhi ma-
ṅgalaṃ proktamṛṣibhistattvadarśibhiḥ | | . ācaraṇaṃ-ācāraḥ
saddṛttānuṣṭhānam | maṅgalācārābhyāṃ sampanno-yuktaḥ |
kaḥ ? parivāraḥ | tathā, āturaḥ | śraddhadhānaḥ-avaśyaṃ
5 me vyādhirayamanena bheṣajena naśyatītyevaṃ manya-
mānaḥ | tathā ca, parivāro+anukūlaḥ-dakṣiṇaḥ | tathā, pr-
abhūtasya dravyasya saṅgrahaḥ-saṅgrahaṇam | tathā, sa-
ttvalakṣaṇayoḥ saṃyogo, vaidyādiṣu bhaktiḥ, cikitsāyāṃ-
upakrame, anirvedaḥ-sotsāhatā, tat-etat, ārogyalakṣaṇam |
10 § 9298

2.8.83 Aṣṭāṅgahr̥dayasaṃhitā

ityatra janmamaraṇaṃ yataḥ samyagudāhṛtam | | 73 | |
śarīrasya tataḥ sthānaṃ
śarīramidamucyate | | 6 | |
73 1/2 | | 6 | |

iti

śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭaviracitā-
yāmaṣṭāṅgahṛdayasaṃhitāyāṃ dvitīye
śārīrasthāne dūtādivijñānīyo nāma
ṣaṣṭho+adhyāyaḥ | | 6 | | § 9302

2.8.84 Sarvāṅgasundarā

iti-parisamāptau | atra-asminsthāne, yato-yasmāt, śārī-
asya janma samyak-aviparītaṃ garbhāvakraṅtyādibhiśc-
aturbhiradhyāyaiḥ prasaktānuprasaktikayā, udahṛtam |
maraṇaṃ-vikṛtīvijñānīyākhyena tathā dūtādivijñānīyākhy- 5
ena ca | tataḥ-śārīrasya janmamaraṇodāharaṇāt kāraṇāt,
idaṃ sthānaṃ śārīramucyate | yadyapi sarva āyurvedā-
khyo granthaḥ śārīramadhikṛtya pravṛttaḥ, tathā+apīdaṃ
sthānaṃ sākṣājjanmamaraṇacintanāccarīrasya prādhāny-
ena śārīraṃ sthānamucyata iti | § 9303
iti śrīmṛgāṅkadattaputraśrīmadaruṇadattaviracittāyāma-
ṣṭāṅgahṛdaya- ṭīkāyaṃ sarvāṅgasundarākhyāyāṃ dvitīye 10
śārīrasthāne dūtā- divijñānīyo nāma ṣaṣṭho+adhyāyaḥ
samāptaḥ | | 6 | |

3 nidānasthānam : 3

3.1 sarvaroganidānādhyāyaḥ : 1

3.1.1 Aṣṭāṅgahṛdayasaṃhitā

teṣāṃ ca prakopakāraṇamasminnirdiśyata ityāha -
athātaḥ sarvaroganidānaṃ
vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyaḍayo maharṣayaḥ | | 2 | | § 9306

3.1.2 Sarvāṅgasundarā

athāta ityādi | sarve ca te rogāśca sarvarogāḥ, teṣāṃ ni-
dānaṃ sarvaroganidānaṃ | šeṣamāyauṣkāmiyādhyāyava-

dvyākhyeyam | itītyādīśabdānāmapi pūrvavadvyākhyā |
§ 9307

3.1.3 Sarvāṅgasundarā

śrīḥ | śubhamastu | om̐ namo gaṇeśāya | śrīvaidyanāth-
āya namaḥ | | atha hemādriṭīkāyāmāyurvedarasāyane |
aṅgaṃ kāyaci[kitsā]khyam̐ sāmastyena nirūpyate | | 1 | |
tatrādaḥ jvaraprakaraṇam̐ | tatra jvarotpattiḥ | sā cetih-
5 āsarūpeṇa nirūpitā saṅgrahe (ni. a. 1) - "[purā] kṛtay-
uge vigatarāgadveṣādīdvandvā jitalobhaśramaklamāsy-
abhayā niṣparigrahāḥ puruṣā babhūvuḥ | teṣāṃ puṇyab-
alena pṛthivyādīnām̐ sarvaguṇasamudāyādacintyarasavī-
ryādisamuditāni sasyānyauśadhayaścāsan | te tāni jitendr-
10 iyatvāt kāle mātrayā copayuñjānā satyārjavānṛśamsyād-
iguṇayogācca surasadṛśatejorūpākṛtipramāṇaprasādopa-
cayasam̐hananāḥ sattvasārasampannā dīrghāyuso nīruja-
śca babhūvuḥ | bhraśyati tu kṛtayuge yugasvabhāvakra-
ameṇa parihīyamānasarvaguṇeṣu pṛthivyādiṣu śarīreṣu
15 ca dharmātikramāt puruṣeśvavaśyambhāvino nirapekṣa-
rūkṣābhirupekṣitā devatābhirjvarādayaḥ prādurabhūva-
nritisarvarogāṇām̐ sāmānyataḥ sambhavaḥ | nirapekṣāḥ-
nirāśāḥ, rūkṣāḥ-niḥsnehāḥ | jvarastu sthāṇuśāpāt prācet-
asatāmupagatasya prajāpateḥ kratau bhāgamaparikalpay-
20 atastadvinaśārtham̐ pūrvajanmāvamānitayā rudrāṇyā pr-
eritasya paśupaterdivyamabdasahasraṃ parirakṣitavataḥ
kopamaticirakālasambhṛto vratānte roṣāgniḥ kiṅkararūp-
eṇa kila piṇḍitamurtirvīrabhadranāmā bhasmapraharaṇ-
astriśirokṣibāhupādaḥ piṅgalalocano daṃṣṭrī śaṅkukarṇo
25 kṛṣṇatanuruttamāṅganniścacāra | sa devīvinirmītayā saha
bhadrakālyā pratiromakūpamabhiniḥṣṭairvividhaviḥkṛtā-
kṛtibhirantairbhayānakavākyakriyāvapurbhiranucaraiḥ pa-
rivṛtaścaturyugāntakarāmbhodasahasraninado+anunādayan
rodasī jvālāgarbheṇa parivṛtaḥ kala kalāraveṇa mahā-
30 bhūtasamplavakāriṇā vidhāya dānavavadhamaśvamedh-
ādhvaravidhvamsam̐ ca prāñjalirvijñāpayāmāsa śivam̐ |
śivī bhūto+asi devadeva devaiḥ pitāmahaprabhṛtibhiḥ
jagataḥ pitrā ca dhātrā+abhiṣṭūyamānaḥ sampratyaham̐

kiṃ karavāṇīti | taṃ śūlī sakrodhamādideśa | yasmātr-
idaśairapyajayya matkrodha vratavighnaṃ cikīrṣu dai-
tyasainyaṃ dakṣo dakṣahavyaṃ ca tvayā jīrṇamato ja-
gato+asya sasthāvarasya jvarayitā jvaro bhavān bha- 5
vatu | tvam hi sarvarogāṇaṃ prathamaha pravaro ja-
nmamaraṇEṣu tamomayatayā mahāmohaḥ prāgjanma-
maraṇamato vismārayitā+apacārāntateṣu coṣmāyamāṇ-
atvāt santāpātmā dvayeṣvapi dhruvo jvaro bhaveti |
so+ayamevamumāpatinā+anugrḥīto nānānamabhiḥ sarv-
ato+anubhuvi vicarati | tadyathā,- pākalo gajeṣu, abhit- 10
āpo vājiṣu, alarkaḥ kukkureṣu, indramado jalajeṣu, jy-
tirośadhīṣu, cūrṇako dhānyeṣu, apsu nīlikā, bhūmāvūṣ-
araḥ, mānuṣeṣu jvaraḥ iti | tatsahajāścārocakāṅgamarda-
śirovyathābhramaklamaglānitrṣṇāsantāpādayaḥ | tatsant-
āpācca raktapittam | tatraiva ca yajñe krodhabhayābhibh- 15
ūtānāṃ parito vidravatāṃ laṅghanaplavanādyairdehavi-
kṣobhaṇairgulmavidradhivṛddhijaṭharādayo haviḥprāśā-
nmehakuṣṭhārśaḥśophātisārādayo bhayatrāsaśokāśucisa-
m̄sparśairunmādāpasmāragrahādayo rohiṇyatisaṅgācch-
eṣaduhitrasambhogakṛtācca prajāpatikrodhāt nakṣatrar- 20
ājasya rājayaḥsmā tatsahodbhavāśca kāsaśvāsādayaḥ |
so+api hi na vinā jvareṇānubadhnātīti sakalo+api roga-
grāmo jvarapūrvako jvaraśabdavācyaśca | " iti | rogalakṣ-
aṇaṃ vyākhyātum pratijānīte-athāta iti | § 9308

3.1.4 Aṣṭāṅgahr̥dayasaṃhitā

rogaḥ pāpmā jvaro vyādhirvikāro
duḥkhamāmayaḥ | | 1 | |
yakṣmātāṅkagadābādhaḥ śabdāḥ
paryāyavācinaḥ | | 1 | | § 9310

3.1.5 Āyurvedarasāyana

paryāyakathanadvāreṇa rogalakṣaṇamāha-roga iti | rujat-
īti roga ityādivyutpattyā rogādiśabdairyo+artho+abhidhīyate
sa rogaḥ | § 9311

3.1.6 Sarvāṅgasundarā

rogādayaḥ śabdāḥ paryāyavācīnaḥ-ekārthā ityārthaḥ | nanu
ca, eṣāṃ rogādiśabdānāṃ pravṛttinimittam̐ pratyarthabh-
edo+api dr̥śyate | yathā,-rujatīti rogaḥ, duḥkhasya kartṛtv-
ādduḥkhasyābhīdhāyakaḥ | pāpmeti kila sarve rogāḥ pā-
5 pasya karmaṇaḥ phalamiti kṛtvā pāpmetyucyate | "jvaraḥ
pradhāno rogāṅāmuktaḥ" (ca. ci. a. 3 | 4) | prādhānyam̐ cā-
sya durupakramatvādatiduh̥sahatvācca | ata eva sarvakā-
yamaṅsantāpakatvam̐ jvarasyāhuḥ | tathā, "jyāvayohā-
nau" ityasya dhātorauṇādike varapratyaye sati jvaraśabda-
10 syārthāntaratvam̐apyāpatati | vividhamādhiṃ-duḥkham̐,
ādadhāti śārīre manasi ceti-vyādhiḥ | vikāro buddhī-
ndriyamaṅśārīrāṅām̐ vikṛtiṃ-anyathātvam̐, janayatīty-
ārthaḥ | duḥkhamityanenopatāpakatvamanubhavam̐ ga-
mayati | āmaya ityasyārthaḥ-kilā+a+amasamutthāḥ sa-
15 rve vyādhayaḥ | prāyeṇa hi loko+akhila eva laulyā-
dadeśakālāpathyātīmātrāśī bhavati | tasya cāvaśyamā-
masambhavādbāhulyenāmasamutthā vyādhayaḥ | bāh-
ulyam̐ cāṅgīkṛtya śabdapravṛtīḥ | yakṣmeva yakṣmā,
yathā-"yakṣmā rogasamūhānām̐" (ca. sū. a. 25 | 39, saṃ.
20 sū. a. 13) ityuktaḥ | evam̐ sarvo+api rogo rogasam-
ūha ityanena dyotayati | tathā ca, sarvo vikāra utpa-
dyamāno+anekairvyādhilakṣaṅabhūtaiśca yukta utpady-
ate | yathā,-jvarasyālasyārocakādayaḥ | ātaṅka iti "taki
kr̥cchrajīvane" ityasya dhātorāṅpūrvasya rūpam̐ | rog-
25 opataptatvāddhi strīpānabhojanādibhyo nivṛttāḥ kr̥cchr-
eṇa jīvanti | gada iva gado+anekakāraṅajanyatvāt | ya-
thā hi gado+anekakāraṅajastathā gado+apīti gadaśabda-
syārthaḥ | ābādha iti āsamantāt kāyamanasorbādhanam̐-
pīḍetyārthaḥ | evam̐ pravṛttinimittam̐ pratyarthabhedad-
30 arśanāt kathamuktaṃ paryāyavācīnaḥ iti | atrācakṣmahe |
evamevaitat | kintu pīḍākāritvasāmānyam̐ pravṛttinimitt-
amurarīkṛtya paryāyavācīnaḥ ityuktam̐ | § 9312

3.1.7 Aṣṭāṅgahr̥dayasaṃhitā

nidānam̐ pūrvarūpāṇi rūpāṅyupaṣayastathā | | 2 | |

samprāptiṣceti vijñānaṃ rogāṇaṃ pañcadhā
smṛtam | | 2 | | § 9314

3.1.8 Sarvāṅgasundarā

nidānādayaḥ samprāptyantā rogāṇaṃ vijñānaṃ pañc-
adhā smṛtam, munīndrairīti śeṣaḥ | nidānādivijñānena
sarve rogā viśeṣeṇa budhyanta ityārthaḥ | upaśayast-
atheti yathā nidānādayo rogāṇaṃ vijñānaṃ tathopaś-
ayo+apīti tattulyakakṣatām dyotayituṃ tathāśabdaṃ ta- 5
ntrakṛt pratyuktavān | evaṃ samprāptiṣcetyatra cakāram-
api | iti-parisamāptau, etāvadeva rogāṇaṃ vijñānaṃ | ni-
dānaṃ dvidhā,-rogāṇamāsannaṃ viprakṛṣṭaṃ ca | tatrā-
sannaṃ yathā-vātādayaḥ prakupitāḥ | viprakṛṣṭaṃ kāra-
ṇaṃ yathā-vātādicayaprakopakaramāhāravihārādi | tatra 10
nidānaṃ-kaṭukāmladadyādikaṃ jvarasya | pūrvarūpaṃ
yathā-jvarasyaivālasyaḍayaḥ | rūpaṃ yathā-"āgamāpagamakṣobhamṛdu-
vaiṣamyam tatrataṅge tāstāḥ syurvedanāścalāḥ | |" (hṛ.
ni. a. 2 | 10) ityādi | upaśayo yathā jvaraṃ snehamard-
anādinopaśāmyantamupalabhya sa tasyopaśaya ityucy- 15
ate | samprāptistu-"yathāduṣṭena" (ślo. 8) ityādilakṣaṇā |
viniścitajñānakāraṇatvadvijñānaṃ, kāraṇe kāryopacārāt |
nidānādīnāmasamāsanirdeśa ekaikasyāpi prādhānyamiti
dyotanāya | evamekaikasyopalabdihikāraṇatvaṃ bhavati |
upacārādeva saṅkhyāyāṃ labdhāyāṃ pañcadhetyuktaṃ 20
niyamārtham | pañcadhaivaitāni tattvato nānye rogāvab-
odhahetavaḥ santītyārthaḥ | § 9315

3.1.9 Āyurvedarasāyana

rogalakṣaṇasya bhedaṇāha-nidānamiti | vijñānaṃ-lakṣaṇam |
§ 9316

3.1.10 Āyurvedarasāyana

paryāyakathanadvāreṇa nidānalakṣaṇamāha-nimitteti | sa-
ṅgrahe tu (ni. a.1)-"tatra nidānaṃ vāyvādiprakopaḥ | tasya
punarahitāhāravihārāsevā | |" iti | § 9317

3.1.11 Aṣṭāṅgahr̥dayasaṃhitā

nimittahetvāyatanapratyayotthānakāraṇaiḥ | | 3 | |
nidānamāhuḥ paryāyaiḥ----- | | 3 | | § 9319

3.1.12 Sarvāṅgasundarā

nimittādibhiḥ ṣaḍbhiḥ paryāyairnidānamāhuḥ-vadanti, mu-
naya iti śeṣaḥ | tatra tatra śāstrapradeśe nidānametaiḥ pa-
ryāyairvedyamityarthaḥ | § 9320

3.1.13 Aṣṭāṅgahr̥dayasaṃhitā

-----prāgrūpaṃ yena lakṣyate | | 3 | |
utpitsurāmāyo
doṣaviśeṣeṇānadhiṣṭhitaḥ | | 4 | | § 9322

3.1.14 Sarvāṅgasundarā

yena-ālasyārucyādinā, utpitsuḥ-udbubhūṣuḥ, āmayo-jvarādiḥ,
lakṣyate-jñāyate, tatprāgrūpaṃ | doṣaviśeṣeṇa-vātādinā,
anadhiṣṭhitaḥ-anāsādito, 'vyaktarūpeṇa' ityatrānuktamapi
gamyamānatvāduktam bodhyam | tathā hi-vātādidōṣeṇānadhiṣṭhitatvādvādhe
5 na ghaṭate, vyādhikāraṇābhāvāt | na hi vātādīn vimucya
vyādheḥ prāyeṇānyataḥ sambhavaḥ sambhāvyate | vakṣy-
ati hi (ślo. 12)- "sarveṣāmeva rogāṇaṃ nidānaṃ kupitā
malāḥ |" iti | tasmāddoṣaviśeṣānadhiṣṭhitatvamutpitsorā-
mayasya yaducyate, tadvyaktarūpadoṣāpekṣamavaganta-
10 vyam | § 9323

3.1.15 Āyurvedarasāyana

atha pūrva [rūpa]lakṣaṇamāha-prāgrūpamityādi | utpits-
urāmāyo yena lakṣyate tatprāgrūpaṃ | utpitsuḥ-utpatitukāmaḥ |
rogo hi rājeva bahuparivāraḥ | tasya kecidagre kecits-
aha kecitpaścādvrajanti | te ca purvarūparūpopadrava-
5 saṃjñāḥ | tatra pūrvarūpeṇa jvarādyanyatama utpatsy-

ata iti jñāyate, na tu vātajvarādyanyatama iti, ata āha-
doṣaviśeṣeṇānadhiṣṭhita iti | yattūktam rugviniścaye (jva.
ni. ślo. 6)-"sāmānyato, viśeṣattu jṛmbhā+atyaryam sa-
mīraṇāt | pittānnayanayordāhaḥ, kaphānnānābhinanda-
nam | |' iti | tatsambhāvanājñānam na pramājñānamityu- 5
pekṣitam pūrvaiḥ | § 9324

3.1.16 Aṣṭāṅgahṛdayasaṃhitā

liṅgamavyaktamalpatvādvvyādhinām
tadyathāyatham | |4| | § 9325

3.1.17 Āyurvedarasāyana

prāgrūpasya sāmānyarūpatvamāha-liṅgamavyaktamiti | avyaktaṃ-
viśeṣajñānahīnam | alpatvāt-viśeṣalakṣaṇasādhanāparipūrṇatvāt |
kiṃ vyādhimātrasya ? na | yathāyatham vyādhiviśeṣasya
jvarādeḥ | yattu kvacitpūrvarūpamuktivā sāmānyarūpam-
ucyate tadviśeṣarūpameva | prativiśeṣam vaktavyam | ek- 5
atrocyate | § 9326

3.1.18 Sarvāṅgasundarā

tadityanena prāgrūpaṃ parāmṛśyate | tat-prāgrūpaṃ, utp-
itsūnām jvarādīnāmalpatvāt-anāsāditabalatvāt, avyaktaṃ
liṅgaṃ-aspaṣṭam lakṣaṇam | yathāyatham-yadyasya vyā-
dherjvarādyanyatamasyātmīyamātmīyam | tacca prāgrū-
paṃ tridhā dr̥ṣyate,- kiñcicchārīram kiñcinmānasam kiñc- 5
icchārīramānasam ca | tatra sārīram yathā-jvarasyālasyā-
syavairasyagātragauravajṛmbhāsāsṛākulākṣitetyevaṃprāyam |
mānasam ca-aratirhitopadeśeṣvakṣāntirityevaṃprāyam | ki-
ñcicchārīramānasam yathā-"prītiramlapaṭuṣaṇe | dveṣaḥ
svāduṣu bhakṣyeṣu" (hṛ. ni. a. 2 | 8) ityevaṃprāyam, sārī- 10
ramānasadoṣajanitatvāt | § 9327

3.1.19 Aṣṭāṅgahr̥dayasaṃhitā

tadeva vyaktatāṃ yātaṃ rūpamityabhidhīyate | | 5 | |
saṃsthānaṃ vyañjanaṃ liṅgaṃ lakṣaṇaṃ
cihnamākṛtiḥ | | 5 | | § 9329

3.1.20 Sarvāṅgasundarā

tadeva-prāgrūpaṃ, vyaktatāṃ yātaṃ-vyaktadoṣādhiṣṭhitam
sat, rūpamityabhidhīyate | tadevetyevaśabdenaitat dyotayati,-
yadeva śārīraṃ prāgrūpaṃ pūrvopavarṇitaṃ tadeveha gr̥-
hītavyam, sthāyitvāt | tadhdyāmayānubandhi | mānaṣaṃ
5 śārīramānaṣaṃ cāsthāyitvāna gr̥hītavyam | taddhi dvay-
amapyutpannavyādhisamanantaraṃ prāyeṇa naśyatīti ta-
dvyaktatāṃ na yāti | ataḥ śārīramevotpitsuvyādhiprāgrū-
pamiha parāmraṣṭuṃ yuktaṃ | saṃsthānādayaḥ ṣaṭ rūp-
asya paryāyā ityarthaḥ | ime ca paryāyāḥ prāgrūpasyāpi
10 yojyāḥ | yathā-pūrvasaṃsthānaṃ pūrvavyañjanaṃ pūrv-
aliṅgamityādi | § 9330

3.1.21 Āyurvedarasāyana

rūpalakṣaṇamāha-tadeva vyaktatāmiti | tatra purvarūpa-
vyaktatādoṣaviśeṣeṇa nirdhāraṅkatvam | rūpādayaḥ sapta
paryāyāḥ | § 9331

3.1.22 Aṣṭāṅgahr̥dayasaṃhitā

hetuvyādhiviparyastaviparyastārthakāriṇām | | 6 | |
auṣadhānavihārāṇāmupayogaṃ
sukhāvaham | | 6 | |
vidyādupaṣayaṃ vyādheḥ sa hi sātmyamiti
smṛtaḥ | | 7 | | § 9334

3.1.23 Sarvāṅgasundarā

upayujyata ityupayogaḥ-sevanam | sukhāmāvahati-utpādayatīti
sukhāvahaḥ,-dehasya sukhaṃ karotītyarthaḥ | ya up-
ayogaḥ sukhāvahastamupaśayaṃ vidyāt-jānīyāt, munī-
ndra iti śeṣaḥ | keśāmupayogaḥ ? auśadhānavihārāṇām |
auśadhaṃ-harītakyaḍi | annaṃ-raktaśālyādi | vihāro-vāgdehamaṇonirva-
vyāyāmavyavāyajāgaraṇādhyayanagītabhāṣaṇadhyānadhā-
raṇādirūpaḥ | auśadhaṃ cānnaṃ ca vihāraścauśadhān-
navihārāḥ, teṣāmauśadhānavihārāṇām | teṣāṃ kimbhūtā-
nām ? hetuvyādhiviparyastaviparyastārthakāriṇām | het-
uvyādhiviparyastānām viparyastārthakāriṇām ca | viparyastāḥ-
viparītāḥ, hetuvyādhyorviparyastāḥ | hetuśca vyādhiśca
hetuvyādhī, tayorviparyastā hetuvyādhiviparyastāḥ,-nidānarogayorvipar-
tathā viparyastānāmārtho viparyastārthaḥ, taṃ kurvanti
viparyastārthakāriṇaḥ | hetuvyādhiviparyastāśca vipary-
astārthakāriṇaśca hetuvyādhiviparyastaviparyastārthakā- 15
riṇaḥ, teṣāṃ | keśāṃ viparyastānāmārthaṃ kurvanti ? atra
prakṛtatvāddhetuvyādhiviparyastānām | tadayamarthaḥ-
hetuvyādhyorviparītā api heturūpā iva bhāsamānā vy-
ārdhirūpā iva bhāsamānā hetuvyādhiviparyastānāma-
rthaṃ vyādhyupaśamalakṣaṇaṃ kurvanti | yathā hetuvi- 20
parītairvyādhiviparītaiścauśadhānavihārairvyādhyupaśa-
maḥ kriyate pratipakṣatvāt, tathā viparyastārthakāribh-
irapītyarthaḥ | saṅgrahe tu jagāda (sū. a. 12)- "ubhay-
ārthakāri punardaivavyapāśrayam | tathā chardyaṃ ch-
ardanamityādi | evaṃvidhaṃ hyaviparītameva sat bhe- 25
ṣajaṃ viparītamarthaṃ karoti |" iti | tatra hetuviparītā
auśadhānavihārā yathā-gurusnigdhaśītajē vyādhau la-
ghurūkṣoṣṇamauśadhamannaṃ vā | tathā, santarpaṇo-
tthe+apatarpaṇam, apatarpaṇotthe santarpaṇam, jāgara-
ṇotthe vyādhau svāpaḥ, svāpotthe jāgaraṇam, vyāyāmo- 30
tthe āsanā, ityādi | tathā, vyādhiviparyastā auśadhān-
navihārā yathā-vātaje jvare sarpiḥpānamauśadham | tasmi-
nneva jvare+annaṃ peyā | vihāraśca tasminneva jvare de-
hamanovyāpāropamaḥ | tathā, pācanasādhye jvare do-
ṣānapekṣamauśadhaṃ mustāparpaṭakam | annaṃ rakta- 35
śālyādi | pramehe rajanī yavānnaṃ ca | tathā ca vaksy-
ati (hr. ci. a. 1 | 72)- "raktādyāḥ śālayo jīrṇāḥ ṣaṣṭikāśca

jvare hitāḥ |" ityādi | vihāraśca yathā (hr̥. ci. a. 1 | 171)-
"jvarakālasmr̥tiṃ cāsyā hāribhirviṣayairharet |" iti | tathā
munirapyavocat (ca. ci. a. 3 | 319)- "jvarakālam̐ ca ve-
gam̐ ca cintayan jvaryate tu yaḥ | tasyeṣṭaiśca vicitra-
5 iśca viṣayairnāśayetsmr̥tim | |" iti | viparyastārthakāriṇ-
aśca dvedhā bhavanti,-vyādhiviparyastārthakāriṇo hetu-
viparyastārthakāriṇaśca | tatra vyādhiviparyastārthakār-
uṇO yathā-chardivvyādhau tadarthakāryauśadham̐ mada-
nādi | annam̐ ca tadupasr̥ṣṭam̐ śālyādi | athavā yadahṛdyā-
10 masātmyamapariśuṣkam̐ guru ca | vihāro+aṅgulyutpalanālādinā
tadudvamanam̐ | yathā cātisāre virecanam̐ | vamanena vi-
recanena ca chardyatīsārayorvṛddhireva kartum̐ yuktā, ta-
ddhetukatvāttasya | iha ca śamanakaraṇādviparyastārtha-
kāritvam̐ | hetuviparyastārthakāriṇaśca yathā-madyotthe
15 vyādhau madyamevoyuktam̐ vyādhiṃ śamayatyauśadh-
atvena | evamannavihārāvapyūhyau | madyena madāty-
ayasya vṛddhireva kartum̐ yuktā, taddhetukatvāttasya |
iha tu śamanakaraṇādviparyastārthakāritvam̐ | etadeva
ca tadarthakārīti vadanti | tacca mātrāsītīye (hr̥. sū. a.
20 8 | 24) vyākhyātameva | hi-yasmāt, saḥ-upaśayo, vyādheḥ-
āmayasya, sātmyamiti smṛtaḥ | munīndrairiti vākyaśeṣaḥ |
evam̐ vyādhiguṇaviparīto ya āhāro vihāraśca prāyeṇa nid-
ānaviparītaḥ sa vyādhisātmyam̐ | munistvavocat (ca. sū. a.
25 6 | 50)- "deśānāmāmāyānām̐ ca viparītaguṇam̐ guṇaiḥ | sā-
tmyamicchanti sātmyajñāśceṣṭitam̐ cādyameva ca | |" iti |
§ 9335

3.1.24 Āyurvedarasāyana

upaśayalakṣaṇamāha-hetuvyādhīti | hetuviparyastāḥ-śītādeje
vyādhāvūṣṇādayaḥ | vyādhiviparyastāḥ-stambhādirūpe vy-
ādhau svedādayaḥ | viparyastārthakāriṇaḥ-pitte+antarnigūḍhe
5 vimārgage vā sveda ityādayaḥ | svedo hi pittasya na vi-
pariyastāḥ, artham̐ tu viparyastasya karoti pittaśamanā-
khyam̐ | evam̐ trividhasyauśadhasya annasya vihārasya
copayogo yaḥ sukhāvahaḥ, tamupaśayam̐ vidyāt | tasya
paryāyo vyādhisātmyam̐ | § 9336

3.1.25 Aṣṭāṅgahr̥dayasaṃhitā

viparīto+anupaśayo

vyādhyasātmyābhisamjñitaḥ | | 7 | | § 9337

3.1.26 Sarvāṅgasundarā

ato yathānirdiṣṭalakṣaṇādupaśayākhyāt yo viparītalakṣaṇa auśadhānavihārāṇāmupayogaḥ-sevanamasukhāvahaḥ, so+anupaśaya ucyate | sa eva vyādherasātmyamityabhisamjñitaḥ-ābhimukhyena saṅketitaḥ | § 9338

3.1.27 Sarvāṅgasundarā

anupaśayalakṣaṇamāha-viparīto+anupaśaya iti | upaśayalakṣaṇa[t]viparīto duḥkhāvahaḥ | tasya paryāyo vyādhyasātmyam | anupaśayasya pṛthaguddeśo na kṛtaḥ, upaśayāntarbhāvāt | itthaṃ sukhamanyathā duḥkhamityanvayavyatirekābhyāṃ hyupaśaya eva nirghāryate | saṅgrahe tu deśakālopayogo 5 hyu(+apyu) ktaḥ (ni.a.1)-"etena deśakālau vyākhyātau | " iti | § 9339

3.1.28 Aṣṭāṅgahr̥dayasaṃhitā

yathāduṣṭena doṣeṇa yathā cānuvisarpatā | | 8 | |

nirvṛttirāmayasyāsau

samprāptirjātirāgatiḥ | | 8 | | § 9341

3.1.29 Sarvāṅgasundarā

yena prakāreṇa duṣṭaḥ-kupito, vātādyanyatamo doṣo-yathāduṣṭaḥ, tena yathāduṣṭena doṣeṇa yathā cānuvisarpatā-dehamanudhāvātā sanniveśaviśeṣeṇa gacchatā, pratyām-ayaṃ vā nirvṛttiḥ-niṣpattirudbhava iti yāvat, nirdiṣṭā sā samprāptiḥ | sā ca jātirāgatiśca kathyate | yathā jvarasya- 5 "malāstatra (hr̥. ni. a. 2 | 3) ityādilakṣaṇalakṣitā | tatra malānāmāmāśayapraveśanena, tathā+a+amānugamanena, ta-

thā srotorodhena, tathā paktisthānājivalananirasanena, tathā tenaiva jāṭhareṇa vahninā teṣāmbhisarpaṇena, tathā sakaladehatāpena, gātram cātyuṣṇam kurvātā, evaṃvidhayaṃ samprāptyā jvaro+ayamiti niścīyate | evaṃ raktapittā-
5 diṣvapi cintyā samprāptiḥ | § 9342

3.1.30 Āyurvedarasāyana

samprāptilakṣaṇamāha-yathā duṣṭeneti | yathāyena prakāreṇa nirvṛttiḥ, asau prakāraḥ samprāptiḥ | sa ca prakāro duṣṭatvena [saṃ]calitatvena ca | rūpahānirvā rūpavṛddhirvā rūpāntaram vetyādi duṣṭatvaprakāraḥ | sañcalitatvena
5 vā vegena vā mārgāntareṇa vā gatirityādi sañcalitavprakāraḥ | samprāpteḥ paryāyau jātirāgatiśca | § 9343

3.1.31 Aṣṭāṅgahr̥dayasaṃhitā

saṅkhyāvikalpapṛadhānyabalakālaviśeṣataḥ | | 9 | |
sā bhidyate, yathā+atraiva vakṣyante+aṣṭau
jvarā iti | | 9 | |
dOṣāṇāṃ samavetanām
vikalpoṃ+aśāṃśakalpanā | | 10 | |
svātantryapāratantryābhyām vyādheḥ
pṛadhānyamādiśet | | 10 | |
5 hetvādikārtsnyāvayavairbalābalaviśeṣaṇam | | 11 | |
naktam̐dinartubhuktāmṣairvyādhikālo
yathāmalam | | 11 | | § 9349

3.1.32 Āyurvedarasāyana

samprāptibhedānāha-saṅkhyāvikalpeti | aṣṭau jvarā ityukterjā(rjñā)yate jvarasyāyamasādhāraṇa utpattiprakāraḥ, yenāṣṭadhavotpadyata iti | tasya prakārasya śabdāntarāpratipādyatvāt saṅkhyāśabdenoktiḥ | dvandvaje sannipātaje vā vyādhau vyādhitaratamyavikalpaḥ | yatraikaḥ prakāraḥ svatantram vyādhimutpādayaṃstatparatantrama-
5 pyutpādayati tatpṛadhānyam | atropattiprakāre hetvādis-

āmagnyanurūpaṃ vyādhherduḥsahatvaṃ tadbalaṃ | abal-
agrahaṇamanupaśayavat | yatrotṭattiprakāre svadoṣakāle
vyādhivṛddhiḥ sa kālah | § 9350

3.1.33 Sarvāṅgasundarā

sā ca-samprāptiḥ, saṅkhyādiviśeṣeṇa bhidyate,- saṅkhyā
ca vikalpaśca prādhānyaṃ ca balaṃ ca kālaśca ta evam,
teṣāṃ viśeṣaḥ saṅkhyāvikalpapradhānyabalakālaviśeṣaḥ,
tasmātsā samprāptirbahudhā sampadyate | tatra saṅkhy- 5
āviśeṣo yathā-[atraiva-]ihaiva, vaksyante+aṣṭau jvarāḥ,
iti | evamanyatra pañca kāsāḥ, pañca śvāsāḥ, aṣṭau gu-
lmāḥ, ityevamādayaḥ saṅkhyāviśeṣāḥ samprāptibhedāḥ |
doṣāṅām-vātādīnām, samavetanām-ekasmin vyādhau sa-
ṅghaṭṭitānām, yā aṃśāṃśakalpanā-bhāgena bhāgena kā-
ryānumeyena nirūpanā, sa vikalpaḥ | aṃśāścāṃśāścā- 10
ṃśāṃśau, tābhyāṃ kalpanā-anekavidho viśeṣaḥ | yathā-
asmin vyādhau vātaḥ kupitaḥ kadācidekena guṇenādhi-
kena rūkṣeṇa kadācillaghunā kadācicchītena kadāciddvā-
bhyāṃ tribhīrvā+adhikairduṣyati | evaṃ pittam kaṭvaml-
ādinā kupitam kadācidekena guṇena tīkṣṇena kadācid- 15
uṣṇena kadāciddvābhyāṃ bahubhīrvā+adhikairduṣyati |
evaṃ kaphe+api nirūpyam | tadevamrūpo yo niścayaḥ sa
vikalpa iti | yataścaivaṃ tataḥ sarveṣu rogeṣu tulyāḥ ko-
panaparakārā na bhavanti | tathā hi-rūkṣādayo guṇā vāta-
sya sadā kopakāḥ, kintu kadācit kasyacidguṇasya prakṛ- 20
ṣṭatvaṃ kopane kasyacinnyūnatvamiti | ata eva hetorga-
dānantyaṃ cikitsānantyaṃ ca | doṣāṅāṃmīti bahuvacanop-
ādānādeva samavetanāmītyarthe labdhe samavetagraha-
ṇam pṛthagdvandvasamastānāmapi cāṃśāṃśakalpanā vi-
kalpa ucyaata iti pratipādanārtham | svātantryam ca pārat- 25
antryam ca, tābhyāṃ vyādheḥ prādhānyamādiśet-jānīyāt |
tatra svatantrasya vyādheḥ prādhānyam, yathā svani-
rdiṣṭopakramasādhyatvāt | asvatantrasya vyādhērapradh-
ānyam, pradhānavyādhyupakramaṇa prāyastasyāpyupa-
kramyatvāt | yadyapi prādhānyaviśeṣādasau samprāpti- 30
rbhidyata ityuktam, tathā+apyapradhānyaviśeṣādapyasau
samprāptirbhidyata ityarthāduktam bhavatyeva | prādh-

ānyāprādhānyayoḥ parasparam sāpekṣatvāt | tathā hi-
aprahānyam prādhānyamapekṣya vaktuṃ yujyate, apra-
dhānyam cāpekṣya prādhānyamiti | kṛtsnasya bhāvaḥ kā-
rtsnyam | kārtsnya cāvayavāśca kārtsnyāvayavāḥ | hetv-
5 ādinā kārtsnyāvayavāḥ | ādiśabdena prāgrūpādayo gr̥hy-
ante | balaṃ cābalaṃ ca balābale vyādheḥ sambandh-
inī, tayorviśeṣeṇam-viśiṣṭatā, balābalaviśeṣeṇam | tady-
athāsaṅkhyena hetvādikārtsnyāvayavairādiśet | tatra pr-
atirogam yannidānatvenopadiṣṭam, tatkiṃ kārtsnyenā-
10 sya vyādherutpādakamutāvayavena ? evaṃ prāgrūpam-
api | tathā lakṣaṇamapi kiṃ samastamasya vyādherla-
kṣyata utāvayavena ? upaśayo+apyasya vyādheḥ sant-
arpaṇāpatarpaṇarūpaḥ, sa kiṃ kārtsnyena sukhānuba-
ndham karotyutāvayavena ? tatra kārtsnyena yathā-rakta-
15 śālyādīmāṃsaghr̥takṣīradadhivasāmajjatilādinā | avaya-
vena tu-raktaśālyādīmāṃsādyanyatamena caikaikena | ta-
thā+apatarpaṇarūpo+api yavaśyāmākagavedhukakorad-
ūṣanīvāratakṛānālādih, sa kiṃ kārtsnyena sukhānuba-
ndham karotyutāvayavena yavādinaikaikena ? evamany-
20 adapi cintyam | yathā ca jvarasya-āmāśyaṃ praviśya kiṃ
kārtsnyenāthāṃśena ? tathā+a+amamanugamya kiṃ kā-
rtsnyenāthāṃśena ? ityādi | tadevaṃbhūtairmalairayaṃ
jvaro nirvartita ityevaṃ balābalaviśeṣeṇamādiśediti | na-
ktaṃ ca dinaṃ ca ṛtuśca bhuktaṃ ca, tāni naktam̐d-
25 inartubhuktāni | teṣāmaṃśāḥ-avayavāḥ, naktam̐dinartu-
bhuktāṃśāḥ | vyādheḥ kālo vyādhikālah | yathāmalaṃ-
yathādoṣam | yo yasya doṣasyātmīyaḥ kālataṃ naktam̐d-
inartubhuktāṃśairvyādhikālamādiśet | yathā-śleṣmajvarasya
rātrimukhe pūrvāhṇe vā vasante ṛtāvāhāre ca bhuktamā-
30 tre balalābho bhavati | evaṃ mārutapittayorapi balalābho
nirūpyaḥ | § 9351

3.1.34 Aṣṭāṅgahr̥dayasaṃhitā

iti prokto nidānārthaḥ----- | | 12 | | § 9352

3.1.35 Sarvāṅgasundarā

itiśabdaḥ prakāre, anena saṅkṣepākhyena prakāreṇa ya-
thānirdiṣṭena, nidānārtho-nidānābhidheyah, samāsataḥ [
proktaḥ-] prakarṣeṇokto, na tu vyāsataḥ | § 9353

3.1.36 Āyurvedarasāyana

nidānārthamupasamharati-iti prokta iti | § 9354

3.1.37 Aṣṭāṅgahrdayasaṃhitā

ata evāha - ----- taṃ
vyāsenopadekṣyati | | 12 | | § 9355

3.1.38 Sarvāṅgasundarā

ya eva nidānārthaḥ samāsenā proktaḥ, tameva vyāsenopadekṣyati-
tantrakṛdabhidhāsyati | § 9356

3.1.39 Āyurvedarasāyana

niyamārthaṃ vistaraṃ vaktuṃ pratijānīte-sa vyāsenopa-
dekṣyata iti | vyāsenā-vistareṇa, upadekṣyate-vakṣyati(te),
granthakāraḥ(reṇa) | pratirogamiti śeṣaḥ | § 9357

3.1.40 Aṣṭāṅgahrdayasaṃhitā

sarveṣāmeva rogāṇaṃ nidānaṃ kupitā malāḥ | | 12 | |
tatprakopasya tu proktaṃ
vividhāhitasevanam | | 13 | | § 9359

3.1.41 Sarvāṅgasundarā

sarveṣāmapī rogāṇaṃ kupitā malāḥ-kruddhā vātapitta-
kaphāḥ, nidānaṃ-hetuḥ | tadityanena vātādayaḥ parā-
mṛśyante | tasya-vātādiprakopasya, nidānaṃ vividhaṃ-

nānāprakāraṃ, ahitasevanaṃ-ahitānuṣṭhānaṃ, proktaṃ |
§ 9360

3.1.42 Āyurvedarasāyana

kañcidaṃśamihaiva vakti-sarveṣāmeveti | malāḥ-doṣāḥ |
§ 9361

3.1.43 Āyurvedarasāyana

[trividhaḥ-]hīnamithyātīmātrabhedena | trayāṇāṃ-kālārthakarmanām |
prāk-doṣabhedīyādhyāye | § 9362

3.1.44 Aṣṭāṅgahr̥dayasaṃhitā

kiṃ tat ? ityāha- ----- | | 13 | |
ahitaṃ trividho yogastrayāṇāṃ
prāgudāhṛtaḥ | | 13 | | § 9364

3.1.45 Sarvāṅgasundarā

trayāṇāṃ-kālārthakarmanām, trividho-hīnamithyātīmātralakṣaṇo,
yogo+ahitamiti prāk-sūtrasthāne, udāhṛtaḥ-uktaḥ | yathā
(hr̥.sū.a.12 | 35)- "arthairasātmyaiḥ saṃyogaḥ kālaḥ karma
ca duṣkṛtaṃ |" ityādi | § 9365

3.1.46 Aṣṭāṅgahr̥dayasaṃhitā

tiktoṣaṇakaṣāyālparūkṣapramitabhojanaiḥ | | 14 | |
dhāraṇodīraṇaniṣājāgarātyuccabhāṣaṇaiḥ | | 14 | |
kriyātiyogabhīṣokacintāvyāyāmamaithunaiḥ | | 15 | |
grīṣmāhorātribhuktānte prakupyati
samīraṇaḥ | | 15 | | § 9369

3.1.47 Sarvāṅgasundarā

tiktādibhiḥ samīraṇaḥ kupyati | nanu, alpapramitabhojan-
 aśabdayoḥ paryāyaśabdatvādvayorupādānamayuktam |
 naitadasti | bhinnārthatvādanayoḥ | tathā hi-alpabhojanaṃ
 hīnabhojanamucyate | pramitabhojanaṃ tu taducyate ya-
 datikrāntavelaṃ bhuktam | tathā cāgamaḥ-"dhānyaṃ pu- 5
 lākaniṣpannaṃ jñeyaṃ tatpramitāśanam | atītakālaṃ ya-
 dbhuktaṃ" ityādi | dhāraṇodīraṇe-vātavegādīnām | kriyātiyoge-
 vamanavirecanāsthāpanādikriyāñāmatisevanam | nanu, āsth-
 āpanena ca vāyoḥ kopo+anupapannaḥ | tathā hi-"vāte ba-
 stiriṣyate " (hr. sū. a. 19 | 1) ityuktam | naivam | āsthāpan- 10
 ātiyogo hi pittaśleṣmādīnām dhātūnāmapacayakṛt | tada-
 pacayācca vāyoḥ kopaḥ | tathā cuktam-"vāyordhātukṣayāt
 kopo mārḡasyāvaraṇena ca |" iti | tasmādyukto vāyorā-
 sthāpanātiyogena kopaḥ | tantrakṛtā+apyuktam (hr. sū.
 a. 19 | 65)- "snehabastiṃ nirūhaṃ vā naikamevātiśīlayet | 15
 utkleśāgnivadhau snehānnirūhānmaruto bhayam | |" iti |
 grīṣmānta ityantaśabdaḥ samīpavacano vedyah | tena gr-
 īṣmasamīpe varṣākhye kāle prakopa iti yujyate | anyathā
 "cayaprapraprasamā vāyorgīṣmādiṣu triṣu |" (hr. sū. a.
 12 | 24) ityetaadvayāhanyeta | § 9370 20

3.1.48 Āyurvedarasāyana

tiktādibhiḥ samīraṇaḥ kupyati | pramitaṃ-cirakālanihitam,
 ajirṇamityarthaḥ | grīṣmādīnāmante-varṣāparāhṇāpararātraparakālavida
 saṅgrahe tu (ni.a.1)-"viṣṭambhivirūḍhakattrṇadhānyaka-
 lāyacaṇakakarīratumbakāliṅga- cirbhiṭabisaśālūkajāmba- 5
 vatindukaśuṣkatṛṣitāśanakṣudhitāmbupānāsṛkkṣaya- pra-
 vātabalavadyuddhanigrāhātikharaḥcāpakarṣaṇātyuccaviṣa-
 malaṅghanadhāvana- saritprataraṇābhighātadamyagovā-
 jigajanigrāhāśmāśilālohakāṣṭhotkṣepavikṣepa- bhramaṇa-
 cālanagāḍhocchādanaparāghātanādīsāhasotkanṭhādibhira-
 tisevitaḥ |" ityadhikam | § 9371 10

3.1.49 Aṣṭāṅgahṛdayasaṃhitā

pittaṃ kaṭvamlatīkṣṇoṣṇapaṭukrodhavidāhibhiḥ | | 16 | |
saranmadhyāhṇarātryardhavidāhasamayeṣu
ca | | 16 | | § 9373

3.1.50 Sarvāṅgasundarā

pittaṃ kaṭvādibhiḥ kupyati | ardharātre pittasya kālasva-
bhāvātkopaḥ | § 9374

3.1.51 Āyurvedarasāyana

kaṭvādibhiḥ pittaṃ prakupyati | vidāhasamayaḥ-āhārasya
vidagdhāvasthā | saṅgrāhe tu (ni.a.1)-"kṣārasuktaśāṅḍākī-
madyamūtramastudadhidhānyāmlatailakulatthamāṣa ni-
ṣpāvatilānnalaṭvākuṭherakādivargāmāmrātakāmlīkāpīlubha-
5 llātakāsthilāṅgalikā- maricātapāgnirajodhūmakrodherṣyā-
jīrṇamaithunopagamādibhiḥ | " ityadhikam | § 9375

3.1.52 Aṣṭāṅgahr̥dayasaṃhitā

svādvamlalavaṇasnigdthagurvabhiṣyandiṣṭalaiḥ | | 17 | |
āsyāsvapnasukhājīrṇadivāsvapnātibr̥mhaṇaiḥ | | 17 | |
pracśardanādyayogena
bhuktamātravasantayoḥ | | 18 | |
pūrvāhṇe pūrvarātre ca
śleṣmā----- | | 18 | | § 9379

3.1.53 Sarvāṅgasundarā

svādvādibhiḥ kaphaḥ kupyati | § 9380

3.1.54 Āyurvedarasāyana

svādvādibhiḥ śleṣmā prakupyati | āsyā-āsanā | svapnasukhaṃ-
śayyāsukham | saṅgrāhe tu (ni. a. 1) - "mocakharjūrabha-
vyanālikeraniśāmbupānātyambupānabhuktamātrakālātisva-
pna kāyavānmanovyāpārānārambhānupadhānaśayanāva-
5 śyāyahasacchardivighātādibhiḥ | " ityadhikam | § 9381

3.1.55 Aṣṭāṅgahr̥dayasaṃhitā

-----dvandvaṃ tu
saṅkarāt | | 18 | | § 9382

3.1.56 Sarvāṅgasundarā

dvandvaṃ-dvayaṃ, vātapitte vātakaphau pittakaphāv-
iti | saṅkarāt-miśrībhāvāttiktādīnāṃ, kupyati | etaduktaṃ
bhavati,-yena tiktādirvātahetuḥ sevitaḥ kaṭvamlādiśca pi-
ttahetuḥ, tasya vātapitte prakupyataḥ | evaṃ śeṣayoryo-
jyam | § 9383

5

3.1.57 Āyurvedarasāyana

vātādikopanasāṅkarāt-dvayordvayoryogāt, dvandvaṃ pr-
akupyati | § 9384

3.1.58 Aṣṭāṅgahr̥dayasaṃhitā

miśrībhāvātsamastānāṃ sannipātastathā punaḥ | | 19 | |
saṅkīrṇājīrṇaviṣamaviruddhādhyāṣanādibhiḥ | | 19 | |
vyāpannamadyapānīyaśuṣkaśākāmamūlakaiḥ | | 20 | |
piṅyākamṛdyavasurāpūtiśuṣkakṛṣāmiśaiḥ | | 20 | |
doṣatrayakaraistaistaistathā+annaparivartanāt | | 21 | |
ṛtorduṣṭātpurovātādgrahāveśādviśādgarāt | | 21 | |
duṣṭānnāt parvatāśleṣādgrahairjanmarkṣapīḍa-
nāt | | 22 | |
mithyāyogācca vividhātpāpānāṃ ca
niṣevanāt | | 22 | |
strīṅāṃ prasavavaiṣamyāttathā
mithyopacārataḥ | | 23 | | § 9393

3.1.59 Sarvāṅgasundarā

samastānāṃ-tiktādīnāṃ, miśrībhāvāt sannipātaḥ kupyati |
tatheti samuccaye | saṅkīrṇāśanādibhiśca sannipātaḥ ku-

pyati | ādiśabdena paryuṣitaklinnādibhojanādayo gr̥hya-
nte | saṅkīrṇāśanādīnāṃ lakṣaṇaṃ prāguktam | doṣatr-
ayakaraistaistairiti pūrvoktairmandakadadhiphāṇitayava-
kapāṭalavr̥hisarṣapaśākādibhiḥ | tatheti na kevalamaiteḥ,
5 annaparivartanādibhiśceti tathāśabdasyārthaḥ | § 9394

3.1.60 Āyurvedarasāyana

sarveṣāṃ miśrībhāvāt saṅkīrṇāśanādibhiḥca sannipātaḥ
prakupyati | saṅkīrṇāśanaṃ-apāṅkteyaiḥ saha bhojanam,
samaśanaṃ ca | ajīrṇabhojanaṃ-ajīrṇahetudviṣṭaviṣṭabhyādi
bhojanam | annaparivartanāt-kr̥tānabhojanādasātmyabhojanāñca |
5 duṣṭāmāt-doṣaduṣṭāpakvānnarasāt | parvatāśleṣāt-parvatāsannavananivāsāt |
mithyopacārataḥ-prasūtānām | saṅgrahe tu (ni.a.1)-"ma-
ndakadadhiyāvakaśapalakucāmaphalāsātmyauṣadhiga-
ndhāghrāṇānārtava- durdinarasāyanasnehasvedavirecan-
ādimityāyogebhyaḥ pūrvakṛtānāṃ pāpānāṃ ca karma-
10 nāṃ pariṇāmāt | " ityadhikam | § 9395

3.1.61 Sarvāṅgasundarā

samprāptimāha-pratirogamiti | rogādhiṣṭhānagāminīḥ-rogotpattisthānāni
gatāḥ | rasāyaniḥ-nāḍīḥ | saṅgrahe tu (ni. a.1) - "ādihā-
najanmanidhanapratyārākhyavipatkare | nakṣatre vyādh-
irutpannaḥ kleśāya maraṇāya vā | | janmanakṣatrādga-
5 ṇyamāneṣu navakeṣu prathamatr̥tīyapañcamasaptamāni-
janmavipatkarapratyaranidhanasaṃjñāni | janmai(nmanai)va
dviṭīyatṛtīyamānavakasthaṃ-ādihānam | jvarastu jātaḥ ṣa-
ḍrātrādiśvinīṣu nivartate | bharaṇīṣu tu pañcāhāt, saptā-
hāt kṛttikāsu ca | | trisaptarātrādathavā, rohiṇyāmaṣṭarā-
10 trataḥ | ekādaśādvā divasānmṛge ṣaṅṅavarātrayoḥ | | pa-
ñcāhānmṛtyurārdrāyām tripakṣe saṃśayo+athavā | puna-
rvasau pravṛttastu jvaro+apaiti trayodaśāt | | divasātsapt-
aviṃśādvā vdyahātsaptāhato+athavā | puṣye śleṣāsu ma-
raṇaṃ cireṇāpi, maghāsu tu | | avaśyaṃ svāsthyamāpn-
15 oti dvādaśāhānmṛto na cet | phalgunyoḥ pūrvayormṛtyu-
ranyayostu dine+aṣṭame | | navame+ahnyekaviṃśe vā jv-
araḥ saumyatvamṛcchati | hastena, saptame śāntīścitrāy-

āmaṣṭame+athavā | | punaścitrāgame svātau daśāhādath-
 avā tribhiḥ | pakṣairmṛtyuṃ viśākhāsu dvāvīmśe+ahani
 nirdiśet | navame+ahni ha cecchāntirmaitre mṛtyusta-
 taḥ param | jyeṣṭhāyāṃ pañcame mṛtyurūrdhvaṃ vā 5
 dvādaśāt sukham | | syāsthyam daśāhānmūlena trisa-
 ptāhe+athavā gate | pūrvāśādhāsu navame tato+anyāsu
 tu māsataḥ | | aṣṭābhirathavā māsairnavabhirvā bhava-
 cchivam | [jvarasu śravaṇe yāti śāntimekādaśāhataḥ | |]
 endre+aṣṭāhāddhaniṣṭhāsu daśāhādvāruṇeṣu tu | ṣaḍahe
 dvādaśāhe vā mṛtyurbhādrapdāsu tu | | uttarāsu dvisapt- 10
 āhātpraśamo, revatīṣu tu | catūrātre+aṣṭarātre vā kṣemam-
 ityāha śaunakaḥ | | " iti | iti hemādriṭikāyāmāyurvedarasā-
 yane | sarvaroganidānaṃ ca kathitaṃ ca samāsataḥ | | 1 | |
 § 9396

3.1.62 Aṣṭāṅgahrdayasaṃhitā

pratirogamiti kruddhā rogādhiṣṭhānagāminīḥ | | 23 | |
 rasāyanīḥ prapadyāṣu doṣā dehe
 vikurvate | | 1 | |
 23 1/2 | | 1 | |
 iti śrīvaidyapatisiṃhaguptasūnuṣrīmadvāgbha-
 ṭaviracitāyāmaṣṭāṅgahrdayasaṃhitāyāṃ
 ṭṛtīye nidānasthāne sarvaroganidānaṃ nāma
 prathamoadhyāyaḥ | | 1 | | § 9400

3.1.63 Sarvāṅgasundarā

pratyāmayamiti-anena prakāreṇa, kruddhāḥ-kupitāḥ, doṣā
 āśu-drāgeva, dehe vikurvate-śarīre vikāram janayanti |
 kim kṛtvā ? rasāyanīḥ-nāḍīḥ, prapadya-prāpya | kimbh-
 ūtāḥ ? rogasyādhiṣṭhānāni-sthānāni rasarudhirādīni, tāni 5
 gantum śīlam yāsāṃ tā rogādhiṣṭhānagāminyaḥ, tāst-
 athāvidhā nāḍīḥ prāpya vikṛtibhājo doṣāḥ sampadya-
 nta ityarthaḥ | iti śrīmṛgāṅkadattaputraśrīmadaruṇadatta-
 viracitāyāmaṣṭāṅgahrdayaṭikāyāṃ sarvāṅgasundarākhyā-
 yāṃ ṭṛtīye nidānasthāne sarvaroganidānaṃ nāma prath-
 amo+adhyāyaḥ samāptaḥ | | 1 | | § 9401 10

3.2 jvaranidanādhyāyaḥ : 2

3.2.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto jvaranidānaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 9403

3.2.2 Sarvāṅgasundarā

athādiśabdānāṃ pūrvavadvyākhyā | § 9404

3.2.3 Āyurvedarasāyana

atha jvaranidānaṃ vyākhyātum pratijānīte-atheti | § 9405

3.2.4 Aṣṭāṅgahr̥dayasaṃhitā

jvaro rogapatih pāpmā mr̥tyurojoṣano+antakaḥ | | 1 | |
krodho dakṣādhvaradhvaṃsī
rudrordhvanayanodbhavaḥ | | 1 | |
janmāntayormohamayaḥ
santāpātmā+apacārajaḥ | | 2 | |
vividhairnāmabhiḥ krūro nānāyoniṣu
vartate | | 2 | | § 9409

3.2.5 Sarvāṅgasundarā

rogāṇaṃ patī rogapatih-sarvarogapradhānaḥ | pāpmā-
pāpasvabhāvaḥ | tathā, mr̥tyuḥ-sarvaprāṇināṃ hi mara-
ṇenāsāveva yojayati yathā, na tathā+anye rogāḥ | sarva-
dhātvāpyāyakaṃ yadojastadaśanaṃ bhOjanaṃ yasyetyoj-
5 ośanaḥ | antakomāraṇahetusāmānyāt | krodho-bhagavato
maheśvarasya dakṣāpamānitasya lokānnididhakṣorlalāṭ-
ānnirgataḥ | ata evāha-dakṣādhvaradhvaṃsī rudrordhv-
anayanodbhava iti | janmāntayormohamaya iti jvarasya
santāpātmakatvaṃ liṅgam, janmāntayośca kvacitsantāp-
10 ānupalabdhermohamaya ityuktam, mohasvabhāvādevā-

nyajanmajam karma prāṇī na smarati | yaścāpacārajaḥ-
tathāvidhādāhāravihārādudbhūtaḥ, sa santāpasvabhāvaḥ,
sa ca krūro-duścikitsyaḥ | nānāyonīṣu-hastyaśvagopakṣyādiṣu
ca, vividhairnāmabhirvartate | [yathā-"-pākālastadyathebhānāmabhitāpo
hayeṣu ca | gavāṃ gokarṇakaścaiva pakṣiṇāṃ makarast- 5
athā | | vāntādānāmalkaḥ syādabjeṣvindramadaḥ smr-
taḥ | oṣadhīṣu tathā jyotiścūrṇako dhānyajātiṣu | | jaleṣu
nīlikā bhūmā vūṣo nr̥ṇāṃ jvaro mataḥ | 'ṛte devamanu-
ṣyebhyo nānyo viṣahate tu tam | | śeṣāḥ sarve vipadya-
nte tiryagyonyo jvarārditāḥ | karmaṇā labhate janturde- 10
vatvaṃ mānuṣādapi | | punaścaiva cyutaḥ svargānmān-
uṣyamabhipadyate | tasmātsa devabhāvācca sahate mān-
avo jvaram' (su. u. a. 39|11) | | " iti |] yathā-dantiśarīre
pākalo nāma jvaraḥ, aśvaśarīre+abhitāpakaḥ, gośarīre
gokarṇakaḥ, pakṣiśarīre makaraḥ, śvaśarīre+alarkaḥ, [15
matsyeṣvindramadaḥ, oṣadhīṣu jyotiḥ, dhānyeṣu cūrṇ-
akaḥ,] apsu nīlikā, [bhūmāvūṣaḥ,] mānuṣeṣu jva-
raḥ, iti | nanu, yadi rodrordhvanayanodbhavaḥ, tarhya-
pacāraja iti kathamuktam ? brūmaḥ | pūrvam kṛtayuge
lalāṭajalocanādutpanno jvaraḥ | tretāyuge tu samprāpte 20
parigrahadoṣāddharmasya pādo+antarhita ityapacāreṇā-
sau prathamam prāṇiṣūdbhūto+apacāraja ityucyate | ka-
liyuge+apyannapānauṣadhādyapacāreṇa jāta ityapacāraja
ucyate, iti na kiñcidatrāyuktam | § 9410

3.2.6 Āyurvedarasāyana

jvaraprabhāvamāha-jvaro rogapatirityādi | ojo+aśanaṃ-
āhāro, yasya [iti] ojośanaḥ | duṣkṛtasyāntam karoti bhog-
enetyantakaḥ | janmakāle antakāle[cā]+ayaṃ mohamayo-
mūrcchātmakaḥ | § 9411

3.2.7 Aṣṭāṅgahr̥dayasaṃhitā

sa jāyate+aṣṭadhā doṣaiḥ pṛthanmiṣraiḥ

samāgataiḥ | | 3 | |

āgantūṣca-----

| | 3 | | § 9413

3.2.8 Sarvāṅgasundarā

sah-santāpalakṣaṇo jvaraḥ, aṣṭadhā-aṣṭaparakāraḥ, samp-
adyate | katham ? pṛthagdoṣaiḥ-vātapittakaphaiḥ, tathā
miśraiḥ-dvābhyāṃ dvābhyāṃ, tathā samāgatāiḥ-sannipatitaistribhiḥ,
tathā+a+agantukāraṇajanito jvaraḥ, evaṃ pṛthagdoṣaistr-
5 ayo miśraistrayaḥ sannipatitairēka āgantuścaika ityaṣṭau |
§ 9414

3.2.9 Āyurvedarasāyana

jvarabhedānāha-sa jāyata iti | pṛthagdoṣaistrayaḥ, dviśo
miśraistrayaḥ, samāgatairekaḥ, āganturekaḥ, ityaṣṭadhā |
§ 9415

3.2.10 Aṣṭāṅgahr̥dayasaṃhitā

-----malāstatra svaiḥ svairduṣṭāḥ
pradūṣaṇaiḥ | | 3 | |
āmāṣayaṃ praviṣyāmanugamya pidhāya
ca | | 4 | |
srotāṃsi paktisthānācca nirasya jvalanaṃ
bahiḥ | | 4 | |
saha tenābhisarpantastapantaḥ sakalaṃ
vapuh | | 5 | |
5 kurvanto gātramatyuṣṇaṃ jvaraṃ nirvartayanti
te | | 5 | |
srotovibandhātprāyeṇa tataḥ svedo na
jāyate | | 6 | | § 9421

3.2.11 Āyurvedarasāyana

jvarasamprātpimāha-malastatreti | āmanugamya-āmena
rasenaikībhūya, paktisthānāt-grahaṇyāḥ, saha tena jvalan-
ena, tapantaḥ-santāpayantaḥ, te-malā eva, prārambhakāḥ |
ā0 ra0- svedābhāve yuktimāha-strotovibandhātprāyeṇeti |
5 prāyeṇeti pittajvarādausvedadarśanāt | § 9422

3.2.12 Sarvāṅgasundarā

tatreti nirdhāraṇe, teṣvaṣṭasu jvareṣu madhye nijānām jva-
 rānāmutpattirnirdhāryate | malāḥ-vātādayaḥ, svaiḥ svaiḥ
 pradūṣaṇaiḥ-kopanaḥ, duṣṭāḥ-kupitāḥ, jvaram nirvartayanti-
 utpādayanti | tatra yathā-vāstiktādibhiḥ, pittaṃ kaṭ-
 ukādibhiḥ, kaphaḥ svādvādibhiḥ, evaṃ saṃsarge sa- 5
 nnipāte ca cintyam | āgantunā ca kenacit prakupitā
 doṣā jvaram nirvartayanti | yadyapi cāgantujvarastaddh-
 etukaḥ, tathā+api tatrāpi vātādaya eva hetavaḥ | na
 hi vātādīn vimucya vyādheḥ samudbhavaḥ kathama-
 api sambhāvyate | etāvāṃstu viṣeṣaḥ,-doṣaje vyādhau 10
 pūrvam vātādayaḥ kupyanti paścātkāyasya pīḍā bh-
 avati | āgantuke tu vyādhau pūrvam ṣarīrasya vya-
 thā bhavati paścādvātādikopa iti | kayā+a+anupūrvyā
 jvaram nirvartayanti ? ityāha-āmāṣayamityādi | āmāṣ-
 ayaṃ praviṣya-nābhistanāntare sthitvā, tathā+a+amaṃ- 15
 pūrvoktalakṣaṇalakṣitaṃ, anugamya tena cāmenānuga-
 tāḥ srotāṃsi-rasādivāhīni, pidhāyaśādayitvā, tathā jvala-
 naṃ paktisthānādbahirnirasya-niṣkāsyā | paktigrahaṇam-
 atra jāṭharāgnernihsandehena grahaṇārtham, anyathā tra-
 yodaṣānāmagnīnām madhyāt katamaṃ jvalanaṃ sthānā- 20
 dbahirnirasyeti sandihyeta | tena ca-nirastavahninā, saha
 ekalolībhūtāḥ, sakalam vapurabhisarpantastapanto gātr-
 amatyuṣṇam kurvanto jvaram nirvartayanti | atyuṣṇagr-
 ahaṇenaivam pratipādayati,-atyuṣṇagātratvenaiva jvaras-
 ambhavaḥ, noṣṇagātramātreṇa | tathā ca nirāmayasyāpi 25
 hi prāṇino jīvato gātramuṣṇam bhavatyeva | nanu, vāyu-
 kṛte jvare vāyoryogavāhitvāt pittakṛte+api jvare pittasya
 vahninā samānaguṇatvāt santāpopalabdhiryuktā | ṣleṣm-
 ajvare tu ṣleṣmaṇo vahnipratipakṣatvāt kathamiva santā-
 pakatvam yuktam ? iti kecit | atrocyate | svabhāvādupa- 30
 pannametat | jvarasya hyayamacintyaḥ svabhāvaḥ, yenā-
 vaṣyam santāpamutpādayati | evaṃ vātasyāmūrtittve+api
 gulmādiṣu ṣyāvāruṇatvopalabdhiḥ | tasmādvvyādhīnāme-
 vaṃ svabhāvaviṣeṣānnyāyamevedam | sa0-yata eva sro-
 taḥpidhānaṃ tata eva hetoḥ svedo na jāyate | prāyograh- 35
 aṇāt kvacitpittajvarādaḥ svedo jāyate evetyarthaḥ | tathā

cānantarameva tantrakṛddadhīte (ṣlo. 20)- "svedo niḥṣvāsa-
vaigandhyaṃ" ityādi | § 9423

3.2.13 Aṣṭāṅgahr̥dayasaṃhitā

tasya prāgr̥upamālasyaamaratirgātraauravam | | 6 | |
āsyavairasyamarucijṛmbhā sāsṛākulākṣitā | | 7 | |
aṅgamardo+avipāko+alpapṛāṇatā
bahunidratā | | 7 | |
romaharṣo vinamanam piṇḍikodveṣṭanam
klamah | | 8 | |
5 hitopadeṣeṣvakṣāntiḥ prītiramlapaṭūṣaṇe | | 8 | |
dveṣaḥ svāduṣu bhakṣyeṣu tathā bāleṣu tṛḍ
bhṛṣam | | 9 | |
ṣabdāgniṣītavātāmbucśāyoṣṇeṣvanimittataḥ | | 9 | |
icśā dveṣaṣca-----
| | 10 | | § 9431

3.2.14 Sarvāṅgasundarā

tasya-jvarasya, prāgr̥upam | ālasyaṃ-vānmanaḥkāyakarmasvanudyamaḥ |
suṣrute cōktaṃ | yathā (ṣā. a. 4 | 52)- "sukhasparṣaprasaṅg-
itvaṃ duḥkhadveṣaṇalolatā | śaktasya cāpyanutsāhaḥ ka-
rmaṇyālasya mucyate | |" iti | aratiḥ-ekatrānavasthitiṣcetasah |
5 tathā, aṅgagurutvam | āsyavairasyaṃ-vaktravirasatā | aruciḥ-
annābhilāṣābhāvaḥ | jṛmbhā-jṛmbhaṇam | sahāsreṇa vart-
eta iti sāsre, ākule akṣiṇī yasya sa evam, tasya bhāvaḥ sāsra-
kulākṣitā | aṅgamardaḥ-aṅgabhaṅgaḥ | avipākaḥ-annasyāvīpaktiḥ |
alpapṛāṇatā-stokabalatvam | tathā, bahunidratā | "tvatalo-
10 rguṇavacanasya puṃvadbhāvo vaktavyaḥ" ityatra puṃv-
adbhāvaḥ | romaharṣo-romāñcaḥ | vinamanam-aṅgānām
vināmaḥ | piṇḍikayorudveṣṭanam-udveṣṭaḥ | klamo-glāniḥ |
hitasya-gurupitrādeḥ, upadeṣāsteṣu, akṣāntiḥ-asahanatvam,
tadupadiṣṭam na kṣamate | prītirityādi | amlādiṣu dra-
15 vyeṣu prītiḥ-bhaktiḥ | svāduṣu bhakṣyeṣu-madhureṣu dr-
avyeṣu, dveṣo bhavati | tathā, bāleṣu-ṣiṣuṣu sakalaloka-
vallabheṣvapi, jvarasvabhāvāddveṣo bhavati | tathā, tṛḍ

bhruṣaṃ-trṣṇā+atyartham | śabdādiṣvanimittataḥ-kāraṇaṃ
vinā, sajvarasya prītyaprīti jāyete | kadācidapriyamapi ṣa-
bdam na dveṣṭi, kadācit priyamapi veṇuvīṇādijanitaṃ dv-
eṣṭi | evaṃ ṣītārto+api kadācidagniṃ dveṣṭi, kadācidaṣītā-
rto+apyagnimabhilaṣati | evaṃ ṣītādiṣvapi yojyam | evaṃ 5
prāgrūpaṃ-avyaktaliṅgam | § 9432

3.2.15 Āyurvedarasāyana

jvaraprāgrūpamāha-tasya prāgrūpamiti | ākulaṃsvavyā-
pāreṣvasthiram | avipākaḥ-āhārasya | prāṇo-balam | vinamanaṃ-
gātraśaithilyam | śabdadiṣvākasmikāvicśādveṣau | | § 9433

3.2.16 Aṣṭāṅgahrdayasaṃhitā

-----tadanu jvarasya vyaktatā
bhavet | | 10 | | § 9434

3.2.17 Sarvāṅgasundarā

etasya cānu (tadanu)- prāgrūpāṇaṃ paścāt jvarasya vyaktatā-
sphuṭatā bhavet, spaṣṭaliṅgotpattiḥ | vātajvaro+ayaṃ pitt-
ajvaro+ayaṃ śleṣmajvaro+ayaṃ saṃsargajo+ayaṃ sannip-
ātajo+ayamiti vyaktībhavati | § 9435

3.2.18 Āyurvedarasāyana

pūrvarūpānantaraṃ rūpotpattirityāha-tadanu jvarasyeti |
purvarūpoktapratīkāre kṛte na bhavatītyevamarthaḥ | § 9436

3.2.19 Āyurvedarasāyana

vātajvaralakṣaṇamāha-āgamāpagameti | āgamaḥ-utpattiḥ,
apagamo-vināśaḥ, kṣobhaḥ-ādhikyam, mṛdutā-nyanatvam,
vedanā-buddhiḥ, ūṣmā-vahniḥ, eṣāṃ vaiṣamyam | tatrā-
gamādicatuṣṭayasya deśakālayoraniyamaḥ | buddherbh-
āntyā | ūṣmaṇo bubhukṣā (kṣayā) | vedanāḥ- vyathāḥ | 5

calāḥ-bhūtvā bhūtvā vinasyanti | yatra yatra yāsāṃ yā-
 sām sambhāvanāḥ, tatra tatra tāstāḥ | tadeva prapañca-
 yatyuttaragranthena | sutpatā-sparśājñānam | stambhaḥ-
 sarvāṅgeṣu | sādāḥ-svakāryākṣamatvam | kṣodo-viśīrṇāvayavatvam |
 5 grahaḥ-avarodhaḥ | todo-nikhananavyathā | prājanena-
 totreṇa | aṃsayoḥ-skandhabāhusandhyoḥ | arocako-jihvendriyāpravṛttiḥ |
 śraddhā-maṇḍappravṛttiḥ | śuṣkau-śleṣmarahitau | viśādit-
 āglāniḥ | romaharṣaḥ-ūrdhvaromatā | aṅgaharṣaḥ- tvacaḥ
 kaṇṭakitatvam | dantaharṣo-dantarogeṣūktaḥ | bhramo-
 10 bhramaṇamivāṅgasya | ā0 ra0- pittaajaralakṣaṇamāha-
 yugapadvyāptiriti | nāsāpāko-nāsārogeṣu | āsyapāko-mukharogeṣu |
 mūrśāmadaumadātyānidānoktau | raktakoṭho-raktavarṇāni
 maṇḍalāni | § 9437

3.2.20 Aṣṭāṅgahr̥dayasaṃhitā

āgamāpagamakṣobhamṛdutāvedanoṣmaṇām | | 10 | |
 vaiṣamyam tatratrāṅge tāstāḥ
 syurvedanāṣcalāḥ | | 11 | |
 pādayoḥ suptatā stambhaḥ piṇḍikodveṣṭanam
 śramaḥ | | 11 | |
 viṣeṣa iva sandhīnām sāda ūrvoh
 kaṭīgrahaḥ | | 12 | |
 5 pṛṣṭham kṣodamivāpnoti niṣpīdyata
 ivodaram | | 12 | |
 śidyanta iva cāsthīni pārṣvagāni
 viṣeṣataḥ | | 13 | |
 hr̥dayasya grahastodaḥ prājaneneva
 vakṣasaḥ | | 13 | |
 skandhayormathanam bāhvorbhedāḥ
 pīḍanamamṣayoḥ | | 14 | |
 aṣaktirbhakṣaṇe hanvorjṛmbhaṇam karṇayoḥ
 svanaḥ | | 14 | |
 10 nistodaḥ śaṅkhayormūrdhni vedanā
 virasāsyatā | | 15 | |
 kaṣāyāsyatvamathavā
 malānāmapravartanam | | 15 | |

rūkṣāruṇatvagāsyākṣinakhamūtrapurīṣatā | | 16 | |
 prasekarocakāṣraddhāvīpākāsvedajāgarāḥ | | 16 | |
 yugapadvyāptiraṅgānāṃ pralāpaḥ
 kaṭuvaktratā | | 18 | |
 nāsāsyapākaḥ ṣītecśā bhramo mūrcśā
 mado+aratiḥ | | 19 | |
 viṭsraṃsaḥ pittavamaṇam 5
 raktaṣṭhīvanamamlakaḥ | | 19 | |
 raktakoṭhodgamaḥ pītaharitatvaṃ
 tvagādiṣu | | 20 | |
 svedo niḥṣvāsavaigandhyamatitṛṣṇā ca
 pittaje | | 20 | | § 9455

3.2.21 Sarvāṅgasundarā

āgamādīnāṃ vaiṣamyamanilajvare liṅgamiti yoḥyam | jvarasyāgamaḥ-
 santāpārambhaḥ-tasya vaiṣamyam ṣiraḥprabhṛtīnāmaṅg-
 ānāṃ na yugapatsantāpaḥ, api tu kadācidasya ṣirasi pū-
 rvaṃmāgacśati kadācidamśayoḥ pādayorveti | apagamō-
 jvarasya mokṣaḥ, tasya vaiṣamyam-kadācidasya pūrvaṃ 5
 pādayoḥ santāpamokṣaḥ kadācitrīke kadācicśirasi sa-
 ntāpasya muktiriti | tathā, kṣobhamṛdutayorvaiṣamyam-
 kadācittivraḥ santāpaḥ kadācinmṛduriti | vedanā jvara-
 sya tāstāḥ, tāsāṃ vaiṣamyam-na yugapatsarvāṅgīṇo ve-
 danopalambhaḥ, api tu kvacit kadācit kasmimścidaṅga 10
 iti | tathā, jvarasya ya ūsmā-santāpaḥ, tasyāpi vaiṣa-
 myāt kadācicśirasyasya santāpa upalabhyate kadācit pādā-
 dyanyatame+aṅge | tatratrāṅge-bāhuṣiraḥprabhṛtau, tā-
 stā vedanāḥ-pādayoḥ suptatādyā vakṣyamāṇāḥ, calāḥ-
 anavasthitāḥ syuḥ, vāyoṣcalarūpatvāt | tā evāha-pādayorityādi |
 pādayoḥ suptiḥ-niṣcetanatvam, nakhakṣatādikamapi na
 cetayetāṃ tāvityarthaḥ | stambhaḥ-stabdhatā, tayoreva |
 piṇḍikayorudveṣṭanam-udveṣṭaḥ | ṣramaḥ-khedāḥ | sa-
 ndhīnāṃ vicśedanamiva | ūrvoḥ sādāḥ-svakriyāyāmasamarthatvam |
 kaṭyā grahaḥ-stambha iva | pṛṣṭham kṣodamiva-saṃkṣuṇṇatāmiva,
 āpnoti, saṃkṣuṇṇasasyādivat | niṣpīḍyata ivodaram-piṇyākādivat |
 śidyanta ivāsthīni-karapatrādinā kāṣṭhādivat | atiṣayena
 pārṣvagānyasthīni śidyanta iva | tathā, hṛdayasya grah-

aṇam | vakṣasaḥ-urasaḥ, prājaneneva-pratodeneva, todo-
 vyathanam | skandhayormanthanam-araṇeriva | bāhvorbhedo-
 vidāraṇamiva | aṃsayoḥ pīḍanam-tailādipīḍanakāṣṭhairiva |
 hanvorbhakṣaṇe+asāmarthyam | tathā, jṛmbhaṇādīni syuḥ |
 5 virasāsyatā-avyaktarasatvam, mukhasya bhavati, yena ma-
 dhurādyanyatamaṃ rasam na niṣcinoti | athavā kaṣāyara-
 satvam vaktrasya | malānām-mūtrapuriṣādīnām, apravartanam-
 avisargaḥ | rūkṣatvamaruṇatvam ca tvagādīnām bhavati,
 rogasvabhāvāt | tathā, prasekādayaḥ syuḥ | atha, arocakā-
 10 śraddhayoḥ ko viśeṣaḥ | brūmaḥ | arocakena vaktrastham-
 api na bhūkte | aśraddhayā tu kevalam nābhilaṣati mukh-
 astham tu bhakṣayatyeveti viśeṣaḥ | viśāditā-viṣaṇṇatvam
 duḥkhitatvam | romādīnām harṣo, vepathvādayaṣca vāta-
 jvare syuḥ | sa0-pittajvare yugapat-tulyakālam, aṅgānām
 15 vyāptiḥ-ṣiraḥ-prabhṛtīnyaṅgāni santāpenaikakālam vyā-
 pyante | na tu vātajvara ivāgamādīnām vaiṣamyamiti vyā-
 ptigrahaṇena dyotayati | pralāpaḥ-asambaddhavadanasyoktiḥ |
 kaṭuvaktratā-kaṭukarasatvamāsye | tathā, nāsāyāmāsye ca
 pākaḥ | tathā, śītecśādayo+atra bhavanti | maṇḍalākārā ni-
 20 rmukhāḥ piṭikāḥ koṭhā ityucyante | nanu, doṣāstrayo+api
 jvaram nivartayantītyuktam | pittajvare ca pittena yu-
 ktasya kāyāgnerbhūyo vṛddhyā bhāvyaṃ, nāgnimāndy-
 ena, "vṛddhiḥ samānaiḥ sarveṣāṃ" (hr̥. sū. a. 1 | 14)
 iti vacanāt | evaṃ cāgnimāndyābhāvāt jvarasya sambh-
 25 ave+apyupapattirayuktā | naivam | svasthānāccālanenā-
 gnermāndyāpatteḥ | sthānavaṣādvā+anyathātvasyāpi kri-
 yāsāmarthyam dr̥ṣṭam | tathā cāṣṭāṅgasaṅgrahe (?) (car-
 ake) ṣoṣanidāne vakṣyati (ca. ni. a. 6 | 5)- "yoṃ+aṣaḥ [ta-
 sya] ṣarīrasandhīnāviṣati tena [asya] jṛmbhā jvaraṣcopa-
 30 jāyate |" ityādi | tasmātsa evāgniḥ kvacideva deṣe puktam
 ṣakto bhavati, na sarvatra | uṣṇaguṇena tu pittena yuktaḥ
 paktā bhavatyevosṇatarah | ata eva santāpādīnadhikata-
 rān karotīti na kiñcidatrānupapannam | § 9456

3.2.22 Aṣṭāṅgahr̥dayasaṃhitā

viśeṣādarucirjādyam srotorodho+alpavegatā | | 21 | |

praseko mukhamādhuryaṃ
hr̥llepaṣvāsapīnasāḥ | | 21 | |
hr̥llāsaṣṣardanaṃ kāsaḥ stambhaḥ ṣvaityaṃ
tvagādiṣu | | 22 | |
aṅgeṣu ṣītapiṭikāstandrodardaḥ
kaphodbhave | | 22 | | § 9460

3.2.23 Āyurvedarasāyana

kaphajvaralakṣaṇamāha-viṣeṣādaruciriti | viṣeṣādaruciḥ-
atyaruciḥ | jāḍyaṃ-ālasyaṃ | alpavegatāsaumyatvaṃ jva-
rasya | hr̥llepaḥ-śleṣmalitpahr̥dayatvaṃ | hr̥llāsohr̥dayāts-
alavaṇaśleṣmanirgamaḥ | ṣītapiṭikāḥ-ṣītasahitāḥ piṭikāḥ |
udardaḥ-urobhispandanam | § 9461

5

3.2.24 Sarvāṅgasundarā

sarvajvare+arucirbhavatyeva, atiṣayena tu kaphaje | tathā,
jāḍyādayaḥ syuḥ | tvagādiṣvityādiṣabda āsyākṣinakhād-
īnāṃ grahaṇāya | [tvagādiṣu ṣvaityaṃ-ṣvetatā | aṅgeṣu-
ṣiraḥpāṇyādiṣu, ṣītapiṭikāḥ-ṣleṣmapiṭikāḥ | nidrārtasyeva
viṣayāgrahaṇaṃ-tandrā |] udardasya lakṣaṇaṃ tantrānt-
aram uktam-"ṣītapānīyasamsparsācśītakāle viṣeṣataḥ | ṣv-
ayathuḥ ṣiṣirārtānāmudardaḥ kaphasambhavaḥ | |" iti |
§ 9462

5

3.2.25 Aṣṭāṅgahr̥dayasaṃhitā

kāle yathāsvaṃ sarveṣāṃ pravṛttirvṛddhireva
vā | | 23 | | § 9463

3.2.26 Sarvāṅgasundarā

kālaḥ-pūrvāhṇādiko varṣādiko vā yo vātādeḥ, tasmin
kāle, yathāsvaṃ-yathāyathaṃ vātādiḥvarāṇāmapravṛttā-
nāṃ, pravṛtṭiḥ-utpattiḥ, utpannānāmādhikyaṃ vā syāt,
tadā vātādiḥvarā+ayamityavabudhyeta | § 9464

3.2.27 Āyurvedarasāyana

uktānām̐ jvarāṇām̐ kālasamprātpimāha-kāle yathāsvam-
iti | pravṛtiḥ-utpattiḥ | § 9465

3.2.28 Aṣṭāṅgahr̥dayasam̐hitā

nidānoktānupaśayo viparītopaśāyitā----- | | 23 | | § 9466

3.2.29 Āyurvedarasāyana

uktānām̐ jvarāṇām̐ upasamamāha-nidānoktānupaśaya iti |
nidānoktani-doṣakopanāni | viparītāni doṣasamanāni | upaśāyitā-
upaśayaḥ | § 9467

3.2.30 Sarvāṅgasundarā

nidānāni ca tānyuktāni ca,- tiktoṣaṇādīni vātādiḥjvarak-
āraṇāni, tairanupaśayo yasmin̐ jvare sa evam̐ | rogavṛ-
ddhyā hi rogiṇo duḥkhāvahatvam̐ | nanu, nidānānup-
aśaya ityetāvadastu | kimuktagrahaṇena ? ucyate | ukt-
5 agrahaṇam̐ svanidānagrahaṇārtham̐ | uktagrahaṇamant-
areṇa yānikānicinnidānāni raktapittaśvāsādīnām̐, teṣām-
anupaśaya ityevam̐ prāpnuyāt | uktaśabdoccāraṇasāma-
rthyāttu yānyeva vātajvara uktāni tānyeva tatra jvare
gṛhyante, netarāṇi | evam̐ pittakaphādijvarādiṣu | tasm-
10 āduktagrahaṇam̐ kartavyam̐ | viparītopaśāyiteti | upaś-
ete+avaśyamityupaśāyi, viparītairupaśāyi-viparītopaśāyi,
tasya bhāvo viparītopaśāyitā,-sukhānubandhi ārogyalakṣ-
aṇā | kasmādviparītaiḥ ? prakṛtatvānnidānasyaiva | evam̐
jvaranidānapratipakṣabhūtaiḥ sarveṣām̐ jvarāṇāmupaśa-
15 yaḥ sukhānubandho viparītopaśāyiteti bodhyam̐ | nanu,
"nidānoktānupaśayaḥ" itīdamevāstu, kiṃ "viparītopaśā-
yitā" ityanena ? yasya hi nidānoktānupaśayaḥ, tasyāva-
śyam̐ viparītopaśāyitayā bhāvyaḥ | naivam̐ | anaikāntika-
tvāt | tathā hi,- atīsārādiṣu nidānoktānupaśaya upalabhy-
20 ate | na ca sāmāvasthāyām̐ viparītam̐ saṅgrāhyupaśete |
api ca madyotthānām̐ vikārāṇām̐ madyameva prasādha-

kamityuktam | na caivam "viparītopaṣāyitā" iti nāṭate | ta-
smānnyāyyamubhayorupādānam | evaṃ hi lakṣaṇam sa-
myaguktaṃ bhavati | § 9468

3.2.31 Sarvāṅgasundarā

yadyatsvaṃ yathāsvaṃ, yāni yasya jvarasya svāni liṅ-
āni vātajvarasya pittajvarasya ṣeṣmajvarasya vā, teṣāṃ
saṃsargo liṅgasamṣargaḥ,-saṃsṛṣṭaliṅgatvaṃ, tasminsati
saṃsargajo jvaro vedyaḥ | atrāpi "kāle yathāsvaṃ" ityādi
sarvaṃ lakṣaṇam bodhyam | § 9469

5

3.2.32 Aṣṭāṅgahrdayasaṃhitā

yathāsvaṃ liṅgasamṣarge jvaraḥ
saṃsargajaḥ----- | | 23 | | § 9470

3.2.33 Āyurvedarasāyana

saṃsargajānām jvarānām lakṣaṇamāha-yathāsvamiti | api
ceti vakṣyamāṇaviśeṣaṇenā (ṣaira) pi lakṣaṇaiḥ saṃsarga-
jāḥ jñeyāḥ | § 9471

3.2.34 Āyurvedarasāyana

vātapittajvaralakṣaṇamāha-śirortīti | parvāṇi-sandhayaḥ |
ativāktvaṃ-pralāpaḥ | yadyāpi mūrśayā mohasya gatā-
rthatvam, tathā+api kadācinmūrśā kadācinmoha ityap-
aunarūktyam | moho hi vaicityamātram | vikṛtviṣama-
amavetavātapittajvarajñānārtham | talliṅgasamṣargaviśe- 5
ṣasyāpi śirortidharmasya pṛthaguktiḥ | prakṛtisamasama-
vetavātapittajvarajñāne talliṅgasamṣargasyopayogaḥ | va-
kṣyamāṇeṣvapyevam | § 9472

3.2.35 Aṣṭāṅgahrdayasaṃhitā

-----api ca | |23| |
ṣirortimūrcśāvamidāhamohakaṅṭhāsyāṣoṣārati-
parvabhedāḥ | |24| |
unnidratātr̥ḍbhramaromaharṣā
jṛmbhātivāktvaṃ ca calātsapittāt | |24| | § 9475

3.2.36 Sarvāṅgasundarā

calātsapittāt-vātapittasam̐sargaje, ṣirortyādayaḥ syuḥ | ka-
ṅṭhāsyayoḥ ṣoṣeṇa sambandhaḥ | vātajvare ṣirortyādīni
prāyo dr̥ṣṭāni, kānicittu pittajvare dr̥ṣṭāni, tāni ca vātap-
ittajvare dr̥ṣyante | tathā, anyānyapyadhikānyatra vātapī-
5 ttajvare dr̥ṣyante, yāni na kevale vātajvare nāpi pittajvare
dr̥ṣṭāni | evamanyayoḥ sam̐sargajvarayoryojyam | upajāt-
ivr̥ttam | § 9476

3.2.37 Aṣṭāṅgahr̥dayasam̐hitā

tāpahānyaruciparvaṣiroruk
pīnasaṣvasanakāsavibandhāḥ | |25| |
ṣītajāḍyatimirabhramatandrāḥ
ṣleṣmavātajanitajvaraliṅgam | |25| | § 9478

3.2.38 Sarvāṅgasundarā

tāpahānyādi ṣleṣmavātakṛtasya jvarasya liṅgam | tāpahāniḥ-
tāpabhāvaḥ | vibandho-mūtrapurīṣādīnāmapravṛttiḥ | sv-
āgatāvṛttam | § 9479

3.2.39 Āyurvedarasāyana

vātaśleṣmajvaralakṣaṇamāha-tāpahānyarucīti | hāniḥ-alpatvaṃ
jvarasya | vibandho-malarodhaḥ | § 9480

3.2.40 Aṣṭāṅgahr̥dayasaṃhitā

ṣītastambhasvedadāhāvyavasthā

tr̥ṣṇākāsaṣleşmapittapravṛttiḥ | |26| |
mohastandrāliptatiktāsyatā ca jñeyam rūpaṃ
ṣleşmapittajvarasya | |26| | § 9482

3.2.41 Sarvāṅgasundarā

ṣītādīnāmavyavasthā-anīyamaḥ | tathā, tr̥ṣṇāpravṛtṭiyādi-
kaṃ ca ṣleşmapittajvarasya rūpaṃ jñeyam-vedyam | ṣāl-
inīvr̥ttam | atha, dvidoṣajānām jvarāṇām kimāgamāpaga-
mavaiṣamyādīnām krameṇotpattiḥ ? yugapatsarvaṣarīra-
prāptyā vā ? ityatra saṃśayaḥ | tatra saṃsargajatvādeka- 5
kālam dvayorapi pakṣayoḥ sambhavo yuktaḥ | kintveta-
yoḥ pakṣayorvirodhādyugapadasambhava iti | atrocyate |
yadi saṃsargaje jvare balavān vāyuh syāt tadā āgamāpaga-
mavaiṣamyādīnā krameṇa, atha pittasya balīyastvam tadā 10
yugapatsarvaṣarīravīkrameṇa jvaro bhavati | samau
yadā dvāvapi bhavataḥ, tadā+api yasya deṣakālādīnā bal-
alābhastadā tasyaivotpattikrameṇa jvaro bhavati | sannip-
āte tu yugapadeva ṣarīravīptiq 2ḥ | § 9483

3.2.42 Āyurvedarasāyana

pittaṣleşmajvaralakṣaṇamāha-ṣītastambheti | ṣītadāhayoḥ
stambhasvedayoṣcāpyavyavasyā, ṣītena dāho+apanīyate
dāhena ṣītamityādi | § 9484

3.2.43 Aṣṭāṅgahr̥dayasaṃhitā

sarvajo lakṣaṇaiḥ sarvairdāho+atra ca

muhurmuhuḥ | |27| |
tadvacṣītam mahānidrā divā jāgaraṇam
niṣi | |27| |
sadā vā naiva vā nidrā mahāsvedo+ati naiva
vā | |28| |

gītanartanahāsyādivikṛtehāpravartanam | | 28 | |
 sāṣruṇī kaluṣe rakte bhugne
 lulitapakṣmaṇī | | 29 | |
 akṣiṇī piṇḍikāpārṣvamūrddhaparvāsthirugbhra-
 maḥ | | 29 | |
 sasvanau sarujau karṇau kaṇṭhaḥ
 śūkairivācitaḥ | | 30 | |
 5 paridagdhā kharā jihvā guruḥ
 srastāṅgasandhitā | | 30 | |
 raktapittakaphaṣṭhīvo lolanam
 śiras+atiruk | | 31 | |
 koṭhānām śyāvaraktānām maṇḍalānām ca
 darśanam | | 31 | |
 hr̥dvyathā malasamśaṅgaḥ
 pravṛttirvā+alpaṣo+ati vā | | 32 | |
 snigdhāsyatā balabhraṃṣaḥ svarasādaḥ
 pralāpitā | | 32 | |
 10 doṣapākaṣcirāttandrā pratataṃ
 kaṇṭhakūjanam | | 33 | | § 9497

3.2.44 Sarvāṅgasundarā

sarvebhyo jāto vātapittakaphasamutthaḥ-sarvajah, sarv-
 airlakṣaṇairyuto bhavati | yathā,-atra ca-sannipātajvare,
 dāho muhurmuḥ, tadvat-dāhavat punaḥ punaḥ, śītaṃ
 bhavati | ahani mahatī nidrā | rātrau tu jāgaraṇam | sadā
 5 vā-divase niṣi ca, naiva veti dvayorapi naktamdivasayorn-
 idrā na bhavati | tathā, bahusvedo+atiṣayena naiva vā sv-
 edaḥ | tathā,gītādikāyā vikṛtāyā ihāyāḥ- ceṣṭāyāḥ, pravart-
 anam | tathā, nayane sāsre bhavataḥ | tathā, kaluṣe rakte
 tathā kuṭile | tathā, lulite pakṣmaṇī yayosta evam | tathā,
 10 piṇḍikādiruk | bhramo-mohaḥ | karṇau saṣabdau sarujau-
 sapīḍau, ca | kaṇṭhaḥ śūkaiḥ-kiṃṣārubhiriva, vyāptaḥ | ji-
 hvā paridagdhā, tathā kharā-amṛduḥ, tathā guruḥ | ta-
 thā, srastāṅgasandhitvam | raktādiṣṭhīvanam | mūrdhno
 lolanam-calanam | tathā, atiruk | koṭhānām śyāvaraktā-
 15 nām maṇḍalānām ca darśanam | naiva vetyatrāpi yo-
 jyam | tathā, hr̥di pīḍā | malānām-mūtrapuriṣādīnām, [

samsaṅgaḥ-] apravṛttiḥ | alpaṣo vā pravṛttiratiṣayenāth-
avā | tathā, snigdhāsyatādi bhavati | § 9498

3.2.45 Āyurvedarasāyana

sannipātajvaralakṣaṇamāha-sarvajo lakṣaṇaiḥ sarvairiti |
sarvaiḥ-vātapittakafajvaroktaiḥ | talliṅgasamsargaviśeṣa-
ṇaṃ pṛtagāha-dāho+atra ceti | atimahān svedaḥ, naiva
vā svedaḥ | bhugne-kuṭile | piṇḍikādipañcakeruk | sandh-
īnāmaṅgatve+api pṛthaggrahaṇamatiśayārtham | śirasō 5
lolanaṃ-savyāpasavyagamanam | maṇḍalānāṃ-kaphakuṣṭhānāṃ
darśanam | hṛdaye vyathā | malānāmalpapravṛttiḥ, atipr-
avṛttirvā | § 9499

3.2.46 Aṣṭāṅgahrdayasaṃhitā

sannipātamabhinyāsaṃ taṃ brūyācca
hṛtaujasam | | 33 | | § 9500

3.2.47 Sarvāṅgasundarā

taṃ sannipātamabhinyāsaṃ hṛtaujasam ca brūyāt | tatra
"ojastu tejo dhātūnāṃ" (hṛ. sū. a. 11 | 37) ityādyojolakṣa-
ṇam | hṛtamojo yena sa hṛtaujāḥ, taṃ hṛtaujasam | § 9501

3.2.48 Sarvāṅgasundarā

sannipātajvarasya nāmānyāha-sannipātambhinyāsamiti |
tāni ca trīṇi | vātādhikaḥ sannipātaḥ, kaphādhiko+abhinyāsaḥ,
pittādhiko hataujāḥ, iti kecit | tavdyudāsārthamidamu-
ktam | vaṅgasene (jvarādhikāre ślo 484-504)- " nidrop-
etamabhinyāsaṃ kṣipraṃ vidyāddhataujasam | ācitāmā- 5
śayakaphe sannipātajvare ddaḍhe | | śānte+apyavaśyaṃ
tasyāśu tandrā samupajāyate | atidravarasakṣīradivāsva-
pnanpaniṣevaṇāt | | durbalasyālpavātasya jantoh śleṣmā
prakupyati | vāyumārgaṃ samāvṛtya dhamanīranusṛtya
saḥ | | tandrāṃ sughorāṃ janayettasyā vakṣyāmi lakṣa- 10

ṇam | unmīlitavinirbhugne parivartitatārake | | bhavata-
stasya nayane lulite calapakṣmaṇī | vivṛttānanadantaau-
ṣṭham muhuruttānaśāyinaḥ | | picśilocśinnatantuṣca ka-
ṇṭhācśleşmā+asya gacśati | kaṇṭhamārgoparodhaṣca vaik-
5 ṛtaṃ copajāyate | | so+arvāk trirātrātsādhyahsyādasādhy-
astu tataḥ param | trayah prakupitā doṣā uraḥstroton-
ugā bhṛśam | | āmā vibaddhā grathitā buddhīndriyam-
anogataḥ | janayanti mahāghoramabhinyāsaṃ mahādd-
adham | | pradhvastagātraḥ śvasiti na ceṣṭāṃ kāñcidīh-
10 ate | na ca ddaṣṭirbhavetasya samarthā rūpadarśane | | na
ca gandharasaparśaśabdāṃścāpyavabudhyate | śiro lol-
ayate+abhīkṣṇamāhāraṃ nābhinandati | | kūjate tudyate
caiva pratipatiṣca hīyate | kalam prabhāṣate+atrāpi kiñci-
tsandigdhavāk cirāt | | na vā prabhāṣate kiñcidabhinyāsaḥ
15 sa ucyate | pratyākhyeyaḥ sa bhūyiṣṭham kaṣcidevātra si-
dhyati | | " iti | prajñā-buddhiḥ | § 9502

3.2.49 Aṣṭāṅgahr̥dayasaṃhitā

doṣe vibaddhe naṣṭe+agnau

sarvasampūrṇalakṣaṇaḥ | | 34 | |

asādhyah-----

| | 34 | | § 9504

3.2.50 Sarvāṅgasundarā

[nanu,] doṣe vibaddha ityekavacanamayuktam | doṣ-
āṇāṃ hyatra ca bahutvādbahuvacanam nyāyāṃ syāt |
atrocyate | jātyabhiprāyādadoṣaḥ | jātyākhyāyāmekasya
bahutvasiddherdoṣa ityukte bahutvaṃ gamyate | yathā-
5 niṣpanno yava iti | tasmāddoṣe vibaddha iti yuktam |
naṣṭe+agnāvityasat | sarvajvareṣveva hyagnināśasya pr-
āgabhidhānāt | tasmādayuktametaducyate | na | viṣeṣā-
bhiprāyāt | kāmam sarvajvareṣvagnināṣa uktaḥ | asmi-
mṣtu sānnipātike viṣeṣeṇāgnināṣa ityabhiprāyaḥ | doṣe-
10 vātapittakaphamūtrapurīśādike, vibaddhe-apravṛttiṣile, agnau
naṣṭe sati, sarvasampūrṇalakṣaṇaḥ sannipāto+asādhyah-
sādhayitumaśakyah | § 9505

3.2.51 Āyurvedarasāyana

asādhyasannipātajvaralakṣaṇamāha-doṣe vibaddhe iti | vibaddhe-
pacyāmānādyavasthāmagacśati | naṣṭe-uṣṇodakamapyapacati |
§ 9506

3.2.52 Āyurvedarasāyana

kṛcchrasādhyasannipātajvaralakṣaṇamāha-anyathā kṛcchra
iti | anyathā-sādhyalakṣaṇaviparyaye | vāśabdāt kaścidv-
aikalyamadatvā+api nivartate | ata eva yasya rogasya yā-
vanti lakṣaṇānyucyante tāvadbhiḥ samuditairniścīyata iti 5
na jñātavyam | kintu yāvadbhīrasādhāraṇyaṃ tāvadbhire-
veti | lakṣaṇāntaroktistu sukhāsādhyādibhedajñānārtham
| § 9507

3.2.53 Aṣṭāṅgahrdayasaṃhitā

-----so+anyathā kṛcśro bhavedvaikalyado+api
vā | | 34 | | § 9508

3.2.54 Sarvāṅgasundarā

anyathā-asampūrṇalakṣaṇatvena, saḥ-jvaraḥ, kṛcśro bha-
vet vaikalyado vā bhavet | § 9509

3.2.55 Aṣṭāṅgahrdayasaṃhitā

anyacca sannipātotho yatra pittam pṛthak sthitam | | 35 | |
tvaci koṣṭhe+athavā dāham vidadhāti puro+anu
vā | | 35 | |
tadvadvātakaphau śītam,
dāhādirdustarastayoḥ | | 36 | | § 9512

3.2.56 Sarvāṅgasundarā

anyaṣabdārtho+anyadityayaṃ nipātaḥ | aparo+ayaṃ sannipātotho jvaraḥ | yatra sannipāte pittaṃ vātakaphābhyāṃ pṛthak-bhinnaṃ, sthitaṃ sat tvacyathavā kadācit koṣṭhe dāhaṃ karoti | katham ? puro+anu vā,-pūrvaṃ pa-
5 ṣcādvā | athaveti sthānaviṣeṣābhidhāyipadasamīpe śrūyamāṇaṃ sthānaviṣeṣe vikalpaṃ karoti | puro+anuvetyatra kālaviṣeṣābhidhāyipadasamīpe śrūyamāṇaṃ kālaṃ vikalpayati | tatra cāyaṃ viṣeṣaḥ-tvaci sthitaṃ bahiradhikaṃ dāhaṃ karoti, antaralpam | koṣṭhe tu sthitamantaradhika-
10 kam, bahiḥ svalpamiti | tadyanena pittaṃ parāmṛṣyate | [tadvat-] pittena tulyam | yathā,-pittaṃ pṛthak sthitaṃ tvaci koṣṭhe+athavā dāhaṃ karoti puro+anu vā, tathaiva vātakaphau tvaci koṣṭhe+athavā puro+anu vā ṣītaṃ vidadhataḥ, iti dvividho+ayaṃ sannipātaḥ | tayoh-ṣītādidāhādyoh
15 sannipātayormadhye, yo dāhādiḥ sannipātaḥ sa dustaraḥ-kṛcśrasādhyā ityarthāḥ | kecittu ṣītādiḥ ṣītārto dāhādirdāhārta iti dvidhā (caturdhā) sannipātaṃ samagiran | § 9513

3.2.57 Āyurvedarasāyana

amiṣrībhūtadoṣajasannipātajvaramāha-anyacceti | sa caturdhā,-
tvaggatapittakoṣṭhagatavātakaphajaḥ, tvaggatavātakapha-
akoṣṭhagatapittajaṣceti dvau, pittakāryapūrvako vātakaphakāryapūrvakaṣceti | tau pṛthakdvidheti | tayormadhye dāhādiḥ pittakāryapūrvakodustaraḥ | tatrāpi koṣṭhagatapittakāryapūrvaka iti jñeyam | § 9514

3.2.58 Aṣṭāṅgahr̥dayasaṃhitā

ṣītādau tatra pittena kaphe syanditaṣoṣite | | 36 | |
ṣīte ṣānte+amlako mūrčsā madastr̥ṣṇā ca
jāyate | | 37 | | § 9516

3.2.59 Sarvāṅgasundarā

ṣītādau tatra-tasmin sannipāte, pittena kartrā kaphe syandite-
srāvite, ṣoṣite ca grīṣma iva kharadinakarakarātāpena

hima iva, tathā ṣīte ṣānte cārthāddāha upajāyate | amlakā-
dayaṣca catvāraḥ syuḥ | pitteneti kartari ṛtīyā | ata eva ca
balavattvena prādhānyāt kapham srāvayati ṣoṣayati ceti |
amlodgiraṇam-amlakaḥ | § 9517

3.2.60 Sarvāṅgasundarā

ṣītādisannipātajvaralakṣaṇamāha-ṣītādau tatre ti | syandito-
ghanībhavaṃ tyājitaḥ | paścācśoṣitaḥ | § 9518

3.2.61 Aṣṭāṅgahrdayasaṃhitā

dāhādau punarante

syustandrāṣṭhīvavamiklamāḥ | | 37 | | § 9519

3.2.62 Sarvāṅgasundarā

dāha ādiryasmin sa dāhādiḥ | ṣītāvasāna ityarthādgamy-
ate | dāhādau ca sannipāte+asya dāhasyānte-avasāne, ta-
ndrādayo bhavanti | dāhakāripittasyanditenaiva kaphena
ṣamite pitte kaphodrekādeva kaphajāstandrādayo bhava-
nti | § 9520

5

3.2.63 Āyurvedarasāyana

dāhādisannipātajvaralakṣaṇamāha-dāhādau punariti | atra
kaphena pitte praśamite iti jñeyam | § 9521

3.2.64 Āyurvedarasāyana

āgantujvarabhedānāha-āganturiti | te ca catvāraḥ, abhigh-
ātādihetubhedāt | § 9522

3.2.65 Aṣṭāṅgahrdayasaṃhitā

āganturabhighātābhiṣaṅgaśāpābhicārataḥ | | 38 | |
caturdhā----- | | 38 | | § 9524

3.2.66 Sarvāṅgasundarā

āgantujvaraścaturdhā bhavati, abhighātaḥ+abhiṣaṅgaḥ+abhiśāpaḥ+abhicāraḥ
§ 9525

3.2.67 Āyurvedarasāyana

abhighātajāgantujvarabhedānā(vā)ha-atreti | tatra kṣatād-
iḥ+anantabhedatvādeko gaṇyate, śramajaścaika iti dvau |
§ 9526

3.2.68 Aṣṭāṅgahr̥dayasaṃhitā

-----atra kṣatacśedadāhādyairabhinātajaḥ | | 38 | |
śramācca-----
| | 39 | | § 9528

3.2.69 Sarvāṅgasundarā

atra-asminnāgantau jvare, abhighātaḥ yo jvaraḥ sa kṣatacchedādyaiḥ-
śastraprahārādyaiḥ, jāyate | tathā, śramācca-adhvādikṛtādāyāsācca |
§ 9529

3.2.70 Aṣṭāṅgahr̥dayasaṃhitā

-----tasminpavanaḥ prāyo raktaṃ pradūṣayan | | 39 | |
savyathāṣophavaivarnyaṃ, sarujaṃ kurute
jvaram | | 39 | | § 9531

3.2.71 Sarvāṅgasundarā

tasmin-abhighātaje jvare, prāyo-bāhulyena, pavano-vāyuh,
jvaram kurute | kiṃ kurvan ? raktaṃ pradūṣayan | kīdr-
śaṃ jvaram ? savyathetyādi | vyathādiyuktaṃ tathā saru-
jam | prāyograhaṇaṃ kvacidabhighātaje+anyo+api doṣaḥ
5 kupyati, bāhulyena tu vāyuriti dyotayati | § 9532

3.2.72 Āyurvedarasāyana

tasya dvividhasya lakṣaṇamāha-tasmin pavana iti | tatra
savyathāśophavaivarṇyamiti kṣatādiḥasya lakṣaṇam | sar-
ujamiti śramajasya | ekalakṣaṇatve vyathārujayoḥ paunar-
uktyāt | § 9533

3.2.73 Aṣṭāṅgahr̥dayasaṃhitā

grahāveśauśadhiviṣakrodhābhiśokakāmajaḥ | | 40 | |
abhiṣaṅgāt-----
| | 40 | | § 9535

3.2.74 Sarvāṅgasundarā

grahādijo jvaro+abhiṣaṅgādbhavati | § 9536

3.2.75 Āyurvedarasāyana

abhiṣaṅgajāgantujvarabhedānāha grahāveśeti | te ca sapta,
grahāveśādihetutvāt | abhiṣaṅgo-manobhighātaḥ | § 9537

3.2.76 Aṣṭāṅgahr̥dayasaṃhitā

grahēṅsminnakasmāddhāsarodane | | 40 | | § 9538

3.2.77 Sarvāṅgasundarā

grahēṅa-devadānavādinā+aṣṭādaśabhedabhinnena, yo jv-
aro bhavati, asmin-jvare, akasmāt-nirnimittameva, hāsar-
odane bhavataḥ | § 9539

3.2.78 Āyurvedarasāyana

grahāveśajalakṣaṇamāha-grahēṅeti | asmin-abhiṣaṅgajjvare |
§ 9540

3.2.79 Aṣṭāṅgahr̥dayasaṃhitā

oṣadhīgandhaje mūrcsā śirorugvamathuḥ
kṣavaḥ | | 41 | | § 9541

3.2.80 Sarvāṅgasundarā

viṣauṣadhīpuṣpagandhena vāyunopanītena yo jvarasta-
smin mūrcsādayo jāyante | § 9542

3.2.81 Āyurvedarasāyana

oṣadhi[ja] lakṣaṇamāha-oṣadhīgandhaja iti | § 9543

3.2.82 Aṣṭāṅgahr̥dayasaṃhitā

viṣānmūrcsātisārāsyasyāvatādāhahrdgadāḥ | | 41 | | § 9544

3.2.83 Sarvāṅgasundarā

viṣājjāte tasmin jvare mūrcchādayo jāyante | āsyaśyāvatā-
kr̥ṣṇamukhatvam | hrdgado-hr̥daye pīḍā | § 9545

3.2.84 Āyurvedarasāyana

viṣajalakṣaṇamāha-viṣāditi | āsyaṃ-mukham | § 9546

3.2.85 Āyurvedarasāyana

krodhajalakṣaṇamāha-krodhāditi | § 9547

3.2.86 Aṣṭāṅgahr̥dayasaṃhitā

krodhātkampaḥ śiroruk ca----- | | 42 | | § 9548

3.2.87 Sarvāṅgasundarā

krodhāt-kopāt, sañjāte jvare kampo-vepathurjāyate | tathā,
ṣīroruk-ṣīrortiṣca | § 9549

3.2.88 Aṣṭāṅgahrdayasaṃhitā

-----pralāpo bhayaśokaje | | 42 | | § 9550

3.2.89 Sarvāṅgasundarā

bhayaśokaje jvare pralāpaḥ | § 9551

3.2.90 Āyurvedarasāyana

bhayaśokajayorlakṣaṇamāha-pralāpa iti | § 9552

3.2.91 Aṣṭāṅgahrdayasaṃhitā

kāmādbhramo+arucirdāho

hrīnidrādhīdhṛtikṣayaḥ | | 42 | | § 9553

3.2.92 Sarvāṅgasundarā

kāmādudbhūte jvare bhramādayo bhavanti | hrīḥ-lajjā,
nidrā-svapnaḥ, dhīḥ-buddhiḥ, dhṛtiḥ-dhairyam, teṣāṃ [kṣayo]-vighātaḥ | § 9554

3.2.93 Āyurvedarasāyana

kāmajalakṣaṇamāha-kāmāditi | bhīprabhṛtīnāṃ kṣayaḥ |
§ 9555

3.2.94 Aṣṭāṅgahr̥dayasaṃhitā

grahādaḥ sannipātasya bhayādaḥ marutastraye | | 43 | |
kopaḥ kope+api
pittasya----- | | 43 | | § 9557

3.2.95 Sarvāṅgasundarā

grahādaḥ traye-jvare grahāveśauśadhiviṣaje, sannipātasya
kopaḥ | bhayādaḥ traye-bhīśokakāmaje jvare, mārutasya
kopaḥ | kope pittasya [kopaḥ] | apīśabdādvātasyāpi kopa
iti | § 9558

3.2.96 Āyurvedarasāyana

abhiṣaṅgajānāṃ doṣānubandhamāha-grahādāviti | tatra
prathame traye trayānāṃ doṣānāṃ kopaḥ | carame traye
marutaḥ | kopaḥ pittasyeti vacanātpittasya ca | kopaje tu
pittasyaiva | § 9559

3.2.97 Āyurvedarasāyana

śāpājābhicārajayorāgantujvarayorlakṣaṇamāha - yau tviti |
§ 9560

3.2.98 Aṣṭāṅgahr̥dayasaṃhitā

-----yau tu śāpābhicārajau | | 43 | |
sannipātajvarau ghorau tāvasahyatamau
matau | | 44 | | § 9562

3.2.99 Sarvāṅgasundarā

tamaśabdenaitaddarśayati,-anye+api ye sannipātajvarāste+apyasahyāḥ-
soḍhumaśakyāḥ, etau punaḥ śāpābhicārajāvatiśayena so-
ḍhumaśakyāviti | § 9563

3.2.100 Āyurvedarasāyana

abhicārajasya viśeṣamāha-tatrābhicārikairiti | § 9564

3.2.101 Aṣṭāṅgahr̥dayasaṃhitā

tatrābhicārikairmantrairhūyamānasya tapyate | | 44 | |
pūrvam cetastato dehistato
visphoṭatr̥dbhramaiḥ | | 45 | |
sadāhamūrcchairgrastasya pratyaham
varddhate jvaraḥ | | 45 | | § 9567

3.2.102 Sarvāṅgasundarā

abhicārikairmantraiḥ-atharvavedādyupadiṣṭaiḥ, hūyamānasya puṃsaḥ, yannāmoddeśena haviḥprakṣepaḥ sa hūyamāna ucyate, abhicāramadhikṛtya praṇīta iti "prāgva-hateṣṭhak" iti ṭhak | hūyamānasya puṃsaḥ prathamam cetastapyate-saduhkham jāyate | tataḥ-anantaram, dehaḥ- 5
śarīram, tapyate-sajvaram sampadyate | tataḥ-anantaram, visphoṭatr̥dbhramairdāhamūrcchāyutairgrastasya-ākṛāntasya, pratyaham jvaro varddhate-jvarasyādhikyam bhavati | tanaḥ sphoṭā eva visphoṭā bhaṇyante | § 9568

3.2.103 Aṣṭāṅgahr̥dayasaṃhitā

iti jvaro+aṣṭadhā
drṣṭaḥ----- | | 46 | | § 9569

3.2.104 Sarvāṅgasundarā

iti-pūrvoktena prakāreṇa nijaḥ sapta prakāra āgantus̄ceti, aṣṭa prakāro jvaro drṣṭaḥ, munīndrairiti śeṣaḥ | § 9570

3.2.105 Āyurvedarasāyana

aṣṭavidhajvaralakṣaṇamupasamharati-iti jvara iti | § 9571

3.2.106 Aṣṭāṅgahr̥dayasaṃhitā

-----samāsāddvividhastu saḥ | | 46 | |

śārīro mānasaḥ

saumyastīkṣṇo+antarbahirāśrayaḥ | | 46 | |

prākṛto vaikṛtaḥ sādhyo+asādhyāḥ sāmo

nirāmakaḥ | | 47 | | § 9574

3.2.107 Sarvāṅgasundarā

turviśeṣe | samāsāt-saṅkṣepāt, tu-punaḥ, saḥ-jvaro, dvi-
vidhaḥ | tadeva dvaividhyamāha-śārīro mānasa ityekaṃ
dvikam | saumyastīkṣṇa iti dvitīyam | antarāśrayo bah-
irāśraya iti tṛtīyam | prākṛto vaikṛta iti caturtham | sā-
5 dhyo+asādhyā iti pañcamam | sāmo nirāma iti ṣaṣṭham |
iti dvaividhyameṣāṃ dvikānām | § 9575

3.2.108 Āyurvedarasāyana

aṣṭānām jvarānām pratyekaṃ dvaividhyaṣaṭkamāha-samāsāditi |
samāsāt-saṅkṣepāt | vistarādanantabhedatvam | § 9576

3.2.109 Aṣṭāṅgahr̥dayasaṃhitā

pūrvaṃ śārīre śārīre tāpo, manasi mānase | | 47 | | § 9577

3.2.110 Sarvāṅgasundarā

śārīre jvare prathamam śārīre tāpo bhavati, paścānman-
asīti pūrvaśabdasya sambandhiśabdatvādgamyate | evaṃ
mānase jvare pūrvaṃ manasi tāpo-duḥkham, paścāddehe
tāpaḥ-pīḍāviśeṣo jāyate | § 9578

3.2.111 Āyurvedarasāyana

śārīrasya lakṣaṇamāha-pūrvaṃ śārīre iti | pūrvagrahaṇāt
paścānmanasi tāpaḥ | mānasalakṣaṇamāha-manasi mān-
asa iti | pūrvaṃ manasi paścāccharīre tāpaḥ | § 9579

3.2.112 Aṣṭāṅgahr̥dayasaṃhitā

idānīm saumyatīkṣṇau vyācaṣṭe- pavane
yogavāhitvācchītaṃ śleṣmayute
bhavet | |48| | § 9580

3.2.113 Āyurvedarasāyana

saumyasya lakṣaṇamāha-pavane yogavāhitvāditi | yogavāhī-
sambandhanirvāhakaḥ, yena yujyate tadguṇameva puṣṇ-
āti | § 9581

3.2.114 Sarvāṅgasundarā

pavane śleṣmayute yogavāhitvāddhetoḥ śītaṃ bhavet | ta-
smādvāta śleṣmajvaraḥ saumya iti bodhyam | śleṣmā hi
"somaḥ" iti prāguktam (hr. śā. a. 3 | 96) | § 9582

3.2.115 Aṣṭāṅgahr̥dayasaṃhitā

dāhaḥ pittayute, miśraṃ
miśre----- | |48| | § 9583

3.2.116 Sarvāṅgasundarā

dāhaḥ pittasambandhe pavane yogavāhitvādbhavet | ity-
evaṃ miśre-pittaśleṣmayute pavane, yogavāhitvācca pav-
anasya miśraṃ-dāhaśītaṃ bhavet, muhurdāho muhuḥ śīta-
amiti | tadayaṃ saumyatīkṣṇavyāmīśrastr̥tiyo jvara iti ve-
dyam | saumyastīkṣṇa iti dvaividhyakathanam tu samās- 5
āditi mantavyam | yogaṃ vahati tacchīlo yogavāhi, yena
yena yukto bhavati tasya tasya svabhāvaṃ bhajata itya-
rthaḥ | evaṃ ca sati svayaṃ noṣṇo na ca śīto vāyuritya-
bhyupagatam | tadevamiha yogavāhitvāt kaphena yukte
vāyau śītaṃ bhavedityuktam, asau vāyuḥ śītaṃ karotīty- 10
arthaḥ | pittayukte+asmin dāho bhavet, asau dāhaṃ karo-
tīti | evaṃ svayaṃ noṣṇo na śīta ityavatiṣṭhate | "tatra rū-

kṣo laghuḥ śītaḥ " ityatra ca śīta ityucyate | tadime vacasī
parasparaṃ vyājaghnāte | naivam | "tatra rūkṣo laghu śī-
taḥ kharah sūkṣmaścalo+anilaḥ | " (hr̥. sū. a. 1 | 11) ityatrai-
vāyamarthastathā vyākhyāto yathā na pūrvāparavyāhata-
5 tvaṃ bhavet | teneha punarna pratanyate | § 9584

3.2.117 Āyurvedarasāyana

tīkṣṇalakṣaṇamāha-dāhaḥ pittayuta iti | pavane yoga-
vāhitvādityanuvartate | miśre-śleṣmayute pitayute ca |
miśraṃ-śītaṃ dāhaśca | tīkṣṇasyaivāyaṃ bhedaḥ, pṛtha-
5 kṭve dvitvahāneḥ | dāhasya duḥsahatvāt na saumyabhe-
dah | § 9585

3.2.118 Āyurvedarasāyana

antarāśrayalakṣaṇamāha-antaḥsaṃśraya iti | vikārāḥ-yathāsvamuktāni
lakṣaṇāni | kṣobhaḥ-tīvratvam | § 9586

3.2.119 Aṣṭāṅgahr̥dayasaṃhitā

-----antaḥsaṃśraye punaḥ | | 48 | |
jvare+adhikaṃ vikārāḥ syurantaḥ kṣobho
malagrahaḥ | | 49 | | § 9588

3.2.120 Sarvāṅgasundarā

antarāśraye tu jvare+adhikaṃ kṛtvā+antarvikārāḥ syuḥ,
na bahireva | tathā, kṣobhaḥ-tīvradāhatvam | malānāṃ-
mūtrapuriṣādīnāṃ, graho-vibandhaḥ | § 9589

3.2.121 Aṣṭāṅgahr̥dayasaṃhitā

bahireva bahirvarge tāpo+api ca susādhyatā | | 49 | | § 9590

3.2.122 Sarvāṅgasundarā

bahirvarge tu bahireva tāpaḥ, na tvantare | apicetyantaḥ-
kṣobhamalagrahāvapyatra na sta iti samuccinoti | tatra
ca bahirvege+ata eva susādhyatā-sukhasādhyatvaṃ, bha-
vati | antarāśraye tu duḥsādhyatetyarthāduktvaṃ bhavati |
§ 9591

5

3.2.123 Āyurvedarasāyana

bahirāśrayalakṣaṇamāha-bahireveti | bahireva tāpo-nāntaḥ |
susādhyatā-sukhasādhyatvaṃ | § 9592

3.2.124 Aṣṭāṅgahr̥dayasamhitā

varṣāśaradvasanteṣu vātādyaiḥ prākṛtaḥ kramāt | | 50 | |
vaikṛto+anyaḥ sa duḥsādhyāḥ prāyaśca
prākṛto+anilāt | | 50 | | § 9594

3.2.125 Sarvāṅgasundarā

varṣādiṣu triṣu ṛtuṣu yathākramaṃ vātādyāistribhirdoṣa-
iryo jvaro jāyate sa prākṛtaḥ | varṣāsu vātajvaraḥ prākṛ-
taḥ, śaradi pittajvaro, vasante kaphajvaraḥ, iti paribhāṣy-
ate | ata eva vātaprakṛtena yo jvaraḥ, pittaprakṛteḥ pitt-
ena, śleṣmaprakṛteḥ śleṣmaṇeti, sa prakṛtibhavatvena pr-
ākṛta ityucyate | vaikṛto+anya iti | yo jvaro varṣādibhya ṛ-
tubhyo+anyatra kāle jāto varṣādiṣvapi vā na yathākramaṃ
vātādyairjanitaḥ, sa yathoktaprākṛtalakṣaṇādanyaḥ, sa va-
ikṛta ucyate | sa ca duḥsādhyāḥ-kṛcchrasādhyāḥ | prākṛ-
tastu susādhyā ityarthādgamyaṭe | prāya ityādi | prāyo- 10
bāhulyena, prākṛto+api yo jvaro+anilājāyate so+api duḥs-
ādhyāḥ | prāyograhaṇenaitad dyotayati | kadāciddaivān-
ukūlatvātsusādhyā eva bhavati | nanu, varṣāsva(śaradya)pi
prākṛto+api jvaro yathā vikṛtivijñānīye kathitastathā+asādhyā
eva | "jvaro nihanti balavān" (hr̥. śā. a. 5 | 71) ityādi | tade- 15
tatpūrvāparavyāhatamiva dṛśyate | naivam | anayorvaca-
soḥ sāmānyaviśeṣarūpatvāt | tathā ceha sāmānyenoktam,

vikṛtivistijñānīye tu viśeṣeṇeti | etadeva ca sphuṭīkartuṃ va-
kṣyati (ślo. 53)- "vikṛtijñāne prāgasādhyā udāhṛtaḥ |" iti |
§ 9595

3.2.126 Āyurvedarasāyana

prākṛtalakṣaṇamāha-varṣāśaradvasanteṣviti | varṣāsu vā-
tajaḥ, śaradi pittajaḥ, vasante kaphajaḥ, prākṛto jñeyaḥ |
vaikṛtalakṣaṇamāha-vaikṛto+anya iti | atha kratunā doṣ-
eṇa vā śaradi vātajaḥ, varṣāsu kaphajaḥ, ityādi vaikṛto
5 duḥsādhyo jñeyaḥ | prākṛtaścānilājñātaḥ | prāyograhaṇāt
kvacit susādhyo+api | " ekamārgakriyārambhavyativṛtt-
ermahātyayāt |" ityadhikaṃ saṅgrāhe (ni. a. 2) | ekam-
ārga ekakriyākārambhaśca rogaḥ sukhasādhyāḥ | vātaje
tveṣāṃ vyativṛtṭiḥ-viparyayaḥ | bahirmārgo+ayaṃ laṅgh-
10 anasādhyoḥ saumyo+ayamityupacaryamāṇo+api vāt-
ajo+antarmārgatvaṃ br̥mhaṇasādhyatvaṃ tīkṣṇatvaṃ co-
paiti | vātasyānavasthitatvāt | mahāmścātyayaḥ-atikramaḥ,
yadauśadhakālamapi na pratīkṣate | vātasyāśukāritvāt |
§ 9596

3.2.127 Aṣṭāṅgahr̥dayasaṃhitā

varṣāsu māruto duṣṭaḥ pittaśleṣmānvito jvaram | | 51 | |
kuryāt pittaṃ ca śaradi tasya cānubalaṃ
kaphaḥ | | 51 | |
tatprakṛtyā visargācca tatra
nānaśanādbhayam | | 52 | |
kapho vasante tamapi vātapiṭtaṃ
bhavedanu | | 52 | | § 9600

3.2.128 Sarvāṅgasundarā

prāvṛṣi pavanaḥ [duṣṭaḥ-] kupitaḥ, pittaśleṣmayuto jv-
aram kuryāt | prāvṛṣi prākṛto jvaro vātapradhānaḥ pitta-
śleṣmāṇau tvanubalatvena vātasya sthitau, na tu sannip-
āta iva svayaṃ jvarakārakāvityarthaḥ | sāmpratam śaradi

prākṛtasya jvarasya doṣabalābalaṃ lakṣayati-pittaṃ cety-
ādi | pittaṃ śaradi [duṣṭaṃ] prākṛtaṃ jvaraṃ kuryādi-
tyanuvartate | prāvṛtṣaṅcitasya pittasya tadā kopasadbhā-
vāt | tasya ca pittasyānubalaṃ-anubandhi balaṃ, kaphaḥ |
anubalamivānubalam | yathā,-kasyacit svatantrasya rājño 5
gajaturagarathapurūṣādibalavato vairibhiḥ saha yudhya-
mānasya paścādanyadbalaṃ tacśakteranubrṃhaṅārtham-
āgacśati, evaṃ svatantrasya pittasya jvaraṃ kurvato bal-
opabrṃhaṇaṃ śaradi kaphaḥ karoti | tatprākṛtyeti tacśa-
bdena varṣāśaradudbhūtau mārutajvarapittajvarau parā- 10
mrṣyete | tayoh prakṛtistatprakṛtiḥ, tayā tatprakṛtyā,- ta-
tsvabhāvena, tatra-prākṛte jvare, anaśanāt-laṅṅanāt, bha-
yaṃ na 'bhavati' iti śeṣaḥ | visargācca varṣāśaradupalakṣ-
ito hi kālo visargaḥ saumyasvabhāvaḥ, asmācca kāraṇā-
ttasminkāle jvara utpanne laṅṅanāt pratyavāyaśaṅkā ta- 15
thā na bhavati, yathā+anyasmin kāle jvara ādānakālasva-
bhāvādvātapittānubalatvāccānaśanādbhayaṃ bhavatītya-
rthaḥ | vasantakāle kapho duṣṭo jvaraṃ kuryāditi vartate |
taṃ ca kaphamanu vātapittaṃ bhavet, vātapitte tasyānub-
ale bhavata ityārthaḥ | nanu, atra sākṣātkaphasya karṣṭv- 20
amucyate | kaphaśca saumyasvabhāvaḥ | tasmādatra nā-
aśanādbhayamiti | taccāyuktam | tathāhi-varṣāśaradoḥ ṣ-
eṣmānubalatvaṃ kālaśca visargākhyā iti kāraṇadvayasa-
dbhāvāddhātvpacayo na sambhāvya eva | vasante tu
kālasyaḡneyatvādvātapittānubalatvāccāvaśyaṃbhāvī dh- 25
ātvpacaya eva | tasmādvāsante+anaśanādbhayaṃ śaṅky-
ate | kecittu jvarasyāmāśayasamutthatvāt kaphotthatvācc-
ātrāpi kiṅcinmātramanaśanādbhayaṃ nāśaṅkyata evetyā-
huḥ | § 9601

3.2.129 Āyurvedarasāyana

viruddhāviruddhopakramajñānārthaṃ prākṛtānāṃ sampr-
ātpirucyate | tatra vātajasya-varṣāsu māruta iti | pittaja-
syapitaṃ ca śaradīti | kaphajasya-kapho vasanta iti | "ta-
tprakṛtyāvisargācca tatra nānaśanādbhayam |" iti pittāj-
asyāviruddhopakramatvamuktam | tayoh-pittakaphayoḥ, 5
prakṛtiḥ-laṅṅhanasādhyatvam | visargaḥ-kālabalavardhanatvam |

varṣāsu tvalpaṃ balaṃ doṣaṣca bṛṃhaṇasādhyāḥ | jvaraḥ
pittaśleṣmāṇau ca laṅghanasādhyāviti viruddhopakram-
atvam | vasante+anukṣīyamāṇe+api madhyamaṃ balaṃ,
vātasya cāprādhānyam, pradhānayoḥ kaphajvarayoḥ pi-
5 ttasya ca laṅghanasādhyatvamityaviruddhopkramatvam-
eva | § 9602

3.2.130 Āyurvedarasāyana

sādhyalakṣaṇamāha-balavatsvalpadoṣeṣviti | doṣoduṣṭan-
āma (?) | upadravā rugviniścaye darśitāḥ (mā. ni. jva. ślo.
66, ṭi.) - "śvāso mūrccā+aruciścchardistr̥ṣṇātīsāraviṅgrahāḥ |
hikkā kāso+aṅgabhedasca javarasyopadravā daśa | |" iti |
5 § 9603

3.2.131 Aṣṭāṅgahr̥dayasaṃhitā

balavatsvalpadoṣeṣu jvaraḥ
sādhyo+anupadravaḥ | | 53 | | § 9604

3.2.132 Sarvāṅgasundarā

balavastu nareṣu yauvanādisampattyā tathā+alpadoṣeṣu
yo jvaro jāyate, upadraveṇa-kāsādinā rahitaḥ, sa sādhyāḥ-
sādhyaituṃ śakyāḥ | § 9605

3.2.133 Sarvāṅgasundarā

asādhyalakṣaṇamāha-sarvatheti | vikṛtijñāne+adhyāye | prāk-
śārīre sthāne | sarvathetyasādhyaviśeṣaṇam, anupakrama
ityarthaḥ | yāpyuduḥsādhyayostu lakṣaṇam svayamapy-
ūhyam | udāhṛto yathā (hṛ. śā. a. 5171) - " jvaro niha-
5 nti balavān gambhīro dairdharātrikaḥ | | sapralāpabhram-
aśvāsaḥ kṣīṇam śūnam hatānalam | akṣāmaṃ saktavaca-
naṃ raktākṣam hṛdi śūlinam | | suśuṣkakāsaḥ pūrvahṇe
yo+aparāhṇe+api vā bhavet | balamāṃsavihīnasya śleṣm-
akāsasamanvitaḥ | |" iti | vṛnde tu (jvarādhikāre ślo. 187)

- " svedo lalāṭe himavānnarasya śītārditasyaiti supicchil-
aśca | kaṅṭhasthito yasya na yāti vakṣo nūnaṃ yamasya-
iti gṛhaṃ sa martyaḥ | | mṛtyuśca tasminbahupicchalatvā-
cchītasya jantoh paritaḥ saratvāt | " iti | § 9606

3.2.134 Aṣṭāṅgahr̥dayasaṃhitā

sarvathā vikṛtijñāne prāgasādhyā udāhṛtaḥ | | 53 | | § 9607

3.2.135 Sarvāṅgasundarā

sarvatheti yādrśasyāturasya yādrśo jvaro+asādhyo bhavati
tādrśo, vikṛtivijñāniye śārīre (a. 5 | 71)- "jvaro nihanti bala-
vān" ityādinā granthena prāk-pūrvamuktaḥ | § 9608

3.2.136 Aṣṭāṅgahr̥dayasaṃhitā

jvaropadravatīkṣṇatvamaglānirbahumūtratā | | 54 | |
na pravṛttirna vidjīrṇā na
kṣutsāmajvarākṛtiḥ | | 54 | | § 9610

3.2.137 Āyurvedarasāyana

sāmajvaralakṣaṇamāha-jvaropadravatīkṣṇatvamiti | na pr-
avṛttirviśaḥ | pravartamānā+api viṭ na jīrṇā-na pakvā |
§ 9611

3.2.138 Sarvāṅgasundarā

jvarasyopadravāḥ-pralāpabhramādayaḥ, teṣāṃ tikṣṇatvaṃ-
tīvratā | tathā, bahumūtratvam | tathā, na pravṛttiḥ-na pu-
rīśasya pravartanam | viṭpravṛttāvapi hi pravṛttiśabdaḥ
prasiddhaḥ | yathā+anantaramadhunaivādhītam (ślo. 32)-
"pravṛttirvā+alpaśo+ati vā | " iti | atha cedviṭ pravartate sā 5
na jīrṇā-pakvā na bhavati | tathā, na kṣut-na bubhukṣā | iy-
amaśeṣā liṅgasam̐hatiḥ sāmajvarākṛtiḥ-sāmajvarasya lakṣ-

aṅam | sahāmena vartate yo jvaraḥ sa sāmajvaraḥ, tasyāk-
ṛtiḥ | "ūṣmaṇo+alpabalatvena" (hr̥. sū. a. 13 | 25) ityādyām-
alakṣaṇam | § 9612

3.2.139 Aṣṭāṅgahr̥dayasaṃhitā

jvaravego+adhikaṃ tr̥ṣṇā pralāpaḥ śvasanaṃ
bhramaḥ | | 55 | |
malapravṛttirutkleśaḥ pacyamānasya
lakṣaṇam | | 55 | | § 9614

3.2.140 Sarvāṅgasundarā

atiśayena jvaravegastr̥ṣṇādayaśceti pacyamānajvarasya la-
kṣaṇam | pacyamānajvarasya ca dvikeṣvanirdiṣṭasyāpīha
kathanamatā(māmā)ntarīyakatvāt | tathā hi-yāvatpacyamānāvasthā
na bhavati tāvatkathaṃ nirāmāvasthā syāt ? tasmādyuktaḥ
5 pacyamānajvarasya nirdeśaḥ | § 9615

3.2.141 Āyurvedarasāyana

atha pacyamānajvaralakṣaṇamāha-jvaravego+adhika iti |
pacyamānasya pakvāntarbhāvānna dvaividhyahāniḥ | § 9616

3.2.142 Aṣṭāṅgahr̥dayasaṃhitā

jīrṇatā+a+amaviparyāsātsaptarātraṃ ca
laṅghanāt | | 56 | | § 9617

3.2.143 Sarvāṅgasundarā

āmaśabdenātra sāmajvaralakṣaṇamupalakṣyate | tena sā-
majvaroktalakṣaṇaviparyāsāt jvarasya jīrṇatā vedyeti bo-
dhyam | yathā-jvaropadravamṛdutvaṃ glāniralpamūtratā
pakvaviṭpravṛttiḥ kṣudupagamanamiti, evaṃrūpo vipa-
5 ryāsah | tathā, "jvaravego+adhikaṃ" ityādipacyamānajv-

arākṛteśca viparyāsāt jīrṇatā-pakvatā, lakṣayitavyā | ta-
 thā hi-pacyamānatāyāmapi sāmātā sambhāvya eva |
 tathā, saptarātram ca laṅghanāt | saptarātramiti sapt-
 ānām rātrīnām samāhāra ityac samāsantaḥ, atyantas-
 aṃyoge dvitīyā | tenāyamarthaḥ,-saptarātrīrṅghayitvā 5
 ativāhya, tato+anantaram yaḥ kālo+aṣṭamadinādistaḍā jv-
 arasya jīrṇatā-nirāmateti | tathā ca muniḥ (ca. ci. a. 3 | 272)-
 "saptāhena tu pacyante saptadhātugatā malāḥ | nirāmaśc-
 āpyataḥ prokto jvaraḥ prāyo+aṣṭame+ahani | |" iti | nanu,
 evaṃsati saptarātrīpravrṛtṭireva nirāmajvaraliṅgamastu, 10
 "jīrṇatā+a+amaviparyāsāt" ityanena nārthaḥ | astyevaitat |
 kintu sannipātajvare bahunā kālena malapāko bhavati | ta-
 smāttallakṣaṇārthaḥ "jīrṇatā+a+amaviparyāsāt" ityapyu-
 ktam | yadyevaṃ "jīrṇatā+a+amaviparyāsāt" ityastu, kiṃ
 "saptarātram ca laṅghanāt" ityanena ? api ca tridoṣaje jvare 15
 saptarātrītikramalakṣaṇam liṅgam nopayujyate | tatra hy-
 evaṃ paṭhyate (ślo. 61)- "vātapittakaphaiḥ sapta daśa dv-
 ādaśa" ityārabhya yāvat "śudhdyāśudhdyau jvaraḥ kālam
 dīrghamapyanuvartate | |" iti | tasmāt "saptarātram ca la-
 ṅghanāt" ityavācyam | atrocyate | alpadoṣo yo jvarastasyā- 20
 maviparyāsāt saptāhādarvāgapi jīrṇatocyate | yastu bahu-
 doṣo jvarastasya tu kṛtasaptalaṅghanasya jīrṇatocyate | iti
 lakṣaṇadvayena pratyapādi | ata eva ca tatra pathyamanu-
 jajñe | vakṣyati hi (hr. ci. a. 1 | 38)- "ityayaṃ ṣaḍaho neyo ba-
 laṃ doṣaṃ ca rakṣatā | tataḥ pakveṣu doṣeṣu laṅghanādy- 25
 aiḥ praśasyate | | kaṣāyo doṣaśeṣasya" ityādi | tasmādetā-
 yorlakṣaṇayordvayorapyupādānam nyāyamiṭi sthitam |
 kharanādenāpyevamavādi-"na ca niḥsaptataiveha nirām-
 ajvarakāraṇam | cirādapi hi pacyante sannipātajvare ma-
 lāḥ | | saptarātrīpravrṛtṭiśca kṣāmatādi ca lakṣaṇam | tasmā- 30
 ttadubhayaṃ dṛṣṭvā nirāmaṃ jvaramādiṣet | |" iti | jīrṇaḥ
 pakvaḥ purāṇa iti paryāyāḥ | § 9618

3.2.144 Āyurvedarasāyana

nirāmajvaralakṣaṇamāha-jīrṇateti | āmaviparyāsāt-jvaropadravamṛduttvā
 saptarātram laṅghanāditi madhyadoṣaviṣayam | bahudoṣ-
 ālpadoṣayistataḥ paraṃ ca darśanāt | § 9619

3.2.145 Aṣṭāṅgahr̥dayasaṃhitā

jvaraḥ pañcavidhaḥ prokto malakālabalābalāt | | 56 | |
prāyaśaḥ sannipātena bhūyasā
tūpadiśyate | | 57 | |
santataḥ sat-
ato+anyedyustr̥tīyakacaturthakau | | 57 | | § 9622

3.2.146 Sarvāṅgasundarā

pañcaprakāro jvaro vakṣyamāṇaḥ santatādibhirbhedaḥ
prokto, 'munīndraiḥ' iti śeṣaḥ | kutaḥ ? maletyādi |
malo-vātādiḥ | kālaḥ-pūrvāhñādiḥ | balaṃ ca balaṃ ca
balamityekaśeṣaḥ, balaṃ cābalaṃ ca balābalaṃ, kāle
5 balābalaṃ kālalābalaṃ, saptamīti yogavibhāgāt sam-
āsaḥ, malānāṃ kālalābalaṃ malakālabalābalaṃ, ta-
smāt | dvibalaśabdo+atra nirdiṣṭo dvividhasambandhā-
rthaḥ | ko+asau dvividhaḥ sambandhaḥ ? iti cet br-
ūmaḥ | jvaraḥ pañcavidhaḥ kathito malakālabalāt ta-
10 thā malakālabalābalāt | tadayamatrārthaḥ,-santato jvaro
malakālabalāduktaḥ | tathā cānantameva santatalakṣ-
aṇaṃ vakṣyati (ślo. 58-59)- "malābalino guravaḥ sta-
bdhāḥ santataṃ niṣpratidvandvā jvaraṃ kuryuḥ |" iti |
tasmādbalavanta eva doṣāḥ santataṃ jvaraṃ kurva-
15 nti | viṣamajvarāścatvāro malakālabalābalādbhavanti | ta-
thā ca viṣamajvaralakṣaṇe+adhunaivādhyeṣyate (ślo. 64)-
"alpo+api doṣo dūṣyāderlabdhvā+anyatamato balaṃ | sa-
vipakṣo jvaraṃ kuryādviṣamaṃ kṣayavṛddhibhāk | |" iti |
tasmāccatusprakāro+api viṣamajvaro malakālabalābalā-
20 dbhavati | kharanādenāpyuktam-"balibhiḥ sarvagaiḥ sā-
mai rasasrotovisāribhiḥ | niṣpratyanīkairdoṣairyaḥ sant-
ato jāyate jvaraḥ | |" ityādi | tathā tatraiva viṣamajvare
gaditam-"vyādhikliṣṭasya' ityārabhya yāvat "balābalaviśe-
ṣastu doṣāṇāṃ sampravartate |" iti | tathā tatraiva coktam-
25 "bhuvyutkramya yathākālaṃ bījaṃ kāle prasūyate | ta-
thā kālakramāddoṣaḥ kāle jvarakāro bhavet | |" iti | pr-
āyaśa ityādi | bāhulyenāyaṃ santatādijvaraḥ sannipātā-

dbhavati | [nanu,] atra sannipātenetyasādhu | na hy-
 anyah kaścitsantatādivyatirikto jvaro+asti yamekadoṣa-
 jaṃ dvidoṣajaṃ vā parikalpayediti, tasmādasadetat | ucy-
 ate | samaryādayā doṣagatyā ye santatādayo jvarā utpa- 5
 dyante, ta ekadoṣajādaya upapadyante | ye punarviṣam-
 asamprāptisamutpannāḥ santatādayaste sannipātena | iti
 prāyaśaḥ sannipāteneti nyāyyametat | nanu, evaṃ sati
 vātiko+ayaṃ paittiko+ayaṃ ślaiṣmiko+ayamayam dvā-
 ndvika iti katham vyapadeśaḥ ? ityāha-bhuyaseti | sa-
 nnipātodbhave+apyasmin santatādau bhūyān-adhiko do- 10
 ṣaḥ, taddoṣopalakṣitāṃ saṃjñāmāsādayatītyarthaḥ, vāt-
 ajvaro+ayaṃ pittajvaro+ayamityādi | turavadhāraṇe, bh-
 ūyasaiva doṣeṇa vyapadeśo nānyenāpi | tataścaivam sa-
 nnipātotthaḥ santatādiḥ jvara iti sthitam | ata eva tantrānt-
 ara evaṃ jagāda-"santato mārutātprāyaḥ pittāt prāyast- 15
 ṛtīyakaḥ | anyedyuśca kaphātprāyaḥ sannipātācaturtha-
 kaḥ | | sannipātakṛtatvāttu duścikitsyaścaturthakaḥ |" iti |
 tathā ca-"prṣṭhe+anilakaphodbhūtaḥ śleṣmapittodbhava-
 strike | śirasyanilasambhūto grhṇātīha ṛtīyakaḥ | | catu- 20
 rthakastu śleṣmotthaḥ pratigrhṇāti jaṅghayoḥ | vātikaḥ śi-
 raso+abhyeti dvidhaivāyaṃ svabhāvataḥ | | praskandh-
 atastu vijñeyo viparītaścaturthakaḥ |" iti | atha tadeva
 pañcavidhatvamāha-santataḥ satato+anyedyustrīyakacaturthakāviti |
 nanu, pañcavidho jvara ityanupapannam, ṣaṣṭhasya catu- 25
 rthakaviparyayasya ca vakṣyamāṇatvāt | atra brūmaḥ | ca-
 turthakāntargatatvādadoṣaḥ | plīhodare yakṛdudaravat |
 tathā hi-aṣṭāvudarāṇīti, plīhodare ca yathā yakṛdudarasy-
 āntarbhāvādaṣṭadhātvam, evaṃ jvare caturthaka eva cat-
 urthakaviparyayasyāntarbhāvāt pañcadhātvam eva jvara-
 sya sādhu | § 9623 30

3.2.147 Āyurvedarasāyana

uktānām jvarāṇām pṛthak pañcavidhatvamāha-jvaraḥ pa-
 ṅcavidha iti | malakālabalāt santataḥ, satatādayastvaba-
 lāt | abalaṃ-hīnabalam | tatra yathottaram jñeyam | prāy-
 aśo grahaṇādaniyamo+api tena ca sannipātena | vātajvar-
 ādivyapadeśastu vātādibhūyastvāt | § 9624 5

3.2.148 Aṣṭāṅgahr̥dayasaṃhitā

dhātumūtraśakṛdvāhisrotasāṃ vyāpino malāḥ | | 58 | |

tāpayantastanuṃ sarvāṃ

tulyadūṣyādivarddhitāḥ | | 58 | |

balino guravaḥ stabdhā viśeṣeṇa

rasāśritāḥ | | 59 | |

santataṃ niṣpratidvandvā jvaram kuryuḥ

suduḥsaham | | 59 | | § 9628

santatajvaralakṣaṇamāha-dhātumūtraśakṛdvāhistrotasāmiti |
dūṣyādayo-dūṣyadeśakālaprakṛtyādayaḥ | " jvare tulyart-
udośatvaṃ pramehe tulyadūṣyatā | raktagulme purāṇa-
tvaṃ sukhasādhyatvahetavaḥ | |" (saṃ. sū. a.7) iti tat ṛtu-
5 viśayam, na pūrvāhñādiviśayam | guravo-nibiḍāvayavāḥ |
stabdhāḥ- sthirāḥ | rasāśritāḥ- rasastrotaso vyāpinaḥ | sa-
ntataṃ nāma jvaram | santataṃ-avicchedena, kuryārityāv-
ṛtyā vyākhyeyam | niṣpratidvandvāḥ-pratipakṣairdeśakālādibhiranabhibhūtāḥ |
§ 9629

3.2.149 Sarvāṅgasundarā

malā jvaram kuryuḥ-utpādayeyuḥ | kīḍṛśāḥ ? dhātvādisr-

otasāṃ vyāpinaḥ | dhātavaśca mūtraṃ ca śakṛcca tāni va-

hanti nityaṃ yāni srotāṃsi teṣāṃ | malā ityanenaitaddy-

otayati | yadaiva vātādayo malinīkaraṇasvabhāvāḥ syust-

5 adā santataṃ jvaram kuryuḥ, na tu doṣarūpā dhāturūpā

vā | tathā, sarvāṃ-aśeṣāṃ, tanuṃ tāpayantaḥ-santāpādinā

pīḍayantaḥ, na punaḥ santāpamātramutpādayantaḥ | ta-

thā, tulyaiḥ-samānaiḥ, dūṣyādibhirvarddhitāḥ-vṛddhiṃ

nītāḥ | ādiśabdena deśartuprakṛtayo gṛhyante | dūṣyāḥ-

10 rasādidhātavaḥ | te ca trayāṇāmapi doṣāṇāṃ yathāyatham

tulyatvādvarddhanahetavaḥ | deśartuprakṛtayastu tulya-

kālaṃ malaiḥ sarvairatulyā api bhavanti | prāyeṇaika-

ikasya malasya caikaiko deśo vā ṛturvā prakṛtirvā tu-

lyā bhavati | ataḥ "tulyadūṣyādivarddhitāḥ" ityuktam | ta-

15 thā ca, dhanvadeśo vātasyaiva vṛddhihetuḥ, tulyatvāt;

kaphasya tvatulyatvātksapaṇahetuḥ | ānupastulyatvāt ka-

phasya vṛddhihetuḥ, vātasya tvasamānatvātkṣapaṇahe-
 tuḥ | ṛtāvapyevaṃ cintyam | prakṛtistrayāṇām doṣāṇām
 tulyakālaṃ vṛddhiheturna sambhavati, viṣamadoṣajani-
 tatvāt | ye tvevamavocan,-samākhyā prakṛtistulyatvāde-
 ṣāṃ malānāmatra jvare varddhanaheturiti | te+api mai- 5
 vaṃ vocante(vacantvi)ti vacanīyāḥ | yato rogajananonmu-
 khānām doṣāṇām nāsau vṛddhihetuḥ, ārogyalakṣaṇatvāt |
 kimbhūtā doṣāḥ ? balinaḥ, pratipakṣairakhaṇḍitaśakti-
 tvāt | tathā guravaḥ, sāmātvāt | stabdhāḥ-nīscalāḥ, ūrdhv-
 amadhaścāniḥsaraṇāt | viśeṣeṇa rasāsritāḥ | viśeṣagraha- 10
 ṇaṃ malānām sarvadhātuvāsritatvaṃ dyotayati | sakala-
 dhātusamāsritā api bhavanti | atīsayena rasākhyam dhāt-
 umāsṛityaite santataṃ kuryuḥ | tathā, niṣpratidvandvāḥ-
 pratyanīkaraḥitāḥ | kīdr̥ṣaṃ jvaram ? suṣṭhu duḥkhena-
 kṛcchreṇa, soḍhum śakyata iti suduḥsaham | § 9630 15

3.2.150 Sarvāṅgasundarā

jvarasyoṣmā-analadharmāḥ sakalavastukṣapaṇasvabhāvaḥ,
 sa kadācittathābhūtādadr̥ṣṭavaśādasmin jvare dhātumalayorekalolībhūta-
 vātaviḍādikam, kṣapayet | tathābhūtādadr̥ṣṭasāmarthyāddhātūnvā-
 rasādīn, kṣapayet | śīghraṃ-āśveva, na tu cireṇa kāl- 5
 ena atra ca malakṣapaṇodyato+ayaṃ jvaroṣmā na dh-
 ātukṣapaṇodyata iti nirāmalakṣaṇena vijñāyate | tatra
 caitannirāmalakṣaṇam-'asamrodhasnotastvaṃ saprāṇatv-
 amaṅgalāghavaṃ vātānulomanatvaṃ vāgdehamanaśce-
 ṣṭāsvanālasyamagnidīptatvaṃ viśadāsyatvaṃ mūtrapur-
 īśādimalappravartanatvaṃ kṣudupagamo nirglānitā' itye- 10
 vaṃ kiñcidutpadyamānamupalabhya niścīyate jvaroṣm-
 aṇo malakṣapaṇodyatatvaṃ | etallakṣaṇaviparyayeṇa do-
 ṣopakramaṇīyoktena (hr̥. sū. a. 13 | 23) - "srotorodha" ity-
 ādinā sāmālakṣaṇamavagamya niścīyate, yathā+ayaṃ jv-
 aroṣmā dhātukṣapaṇodyata iti | sa ityanuvartate | tataḥ- 15
 tasmānmaladhātukṣapaṇāt kāraṇāt, rasādīnām-dhātumūtraśakṛddoṣāṇā-
 dvādaśānāmpyekalolībhūtānām, sarvākāraṃ-niḥśeṣam kṛ-
 tvā, śuddhyā-jvaroṣmaṇā niṣpāditayā nirmalatayā, vāta-
 pittakaphairbhūyiṣṭhairekaikaśa utpannaḥ sa santato jv-
 araḥ prāyo mokṣāya-jvaramuktaye, maryādām-avadhiṃ, 20

sapta daśa dvādaśa vāsarānanuyāti-anuvartate | vāsa-
 rāniti "atyantasam̐yoge" dvitīyā | sarva ākāro yasmin
 śodhane tatsarvākāraṃ-niḥśeṣarūpam | "kriyāviśeṣaṇā-
 nāṃ napuṃsakatvaṃ dvitīyā ca" iti dvitīyā | kramāt-
 5 yathākramam, tena vātabhūyiṣṭhaḥ santato jvaraḥ sa-
 pta vāsarān, pittabhūyiṣṭho daśavāsarān , kaphabhūyi-
 ṣṭho dvādaśavāsarān, ityavatiṣṭhate | tathā, rasādīnāṃ-
 ekalolībhūtānāṃ kevalaṃ jvaroṣmakṣapaṇamātramānu-
 bhavatāṃ, aśudhdyā-samalatayā, eṣāmeṣa jvaroṣmā vāta-
 10 pittakaphairekaikaśa utpannaḥ prāyo vadhāya maryādāṃ
 sapta daśa dvādaśa vāsarānanuyāti | prāyo-bāhulyena,
 eṣā maryādā | kadācicca vātajvarādiruktebhyaḥ sapt-
 ādi vāsarebhyo+adhikāni dinānyanuvṛtṭya mokṣāya va-
 dhāya vā bhavati, kadācit nyūnānyapīti | tantrāntare
 15 cōktam-"pittakaphānilavṛdhdyā daśadivasadvādaśāhasa-
 ptāhāt | hanti vimuñcati vā+a+aśu jvaroṣmaṇā dhātu-
 malapākāt | |" iti | ityagniveśasya mataṃ-jñānam | hā-
 rītasya punarevaṃ smṛtiḥ-smaraṇam, nityatvādāyurve-
 dasya | dviguṇā saptamī-caturdaśadināni yāvadvātajva-
 20 raḥ santataḥ, pittajvaro dviguṇā navamī-aṣṭādaśadināni,
 kaphajvaro dviguṇaikādaśī-dvāvīṣatirdivasāḥ | "eṣā tr-
 idoṣamaryādā mokṣāya ca vadhāya ca |" iti "sarvāk-
 āraṃ rasādīnāṃ śuddhyā+aśuddhyā+api vā kramāt |"
 ityatrāpyanuvartanīyam | trayaśca te doṣāśca tridoṣāḥ,
 25 teṣāṃ maryādā-avadhiḥ, tridoṣamaryādā | dvayamapi
 caitat tantrakṛdvacaḥ pramāṇam, tathādṛṣṭatvāt | idā-
 nīm yathāparibhāṣitāt dvividhādapi maryādāprakārā-
 dadhikatarāṃ kālaṃ yathā+asya jvarasyānuvṛttirbhav-
 ati tathā darśayitumāha-śudhdyāśuddhāviti | śuddhisā-
 30 hitā aśuddhiḥ śuddhyāśuddhiḥ | śākapārthivāditvātsa-
 māsāḥ | tasyāṃ satyāṃ jvaraḥ santatākhyo dīrghamapi
 kālamanuvartate-anubadhnāti | kadācidrasākhyo dhātu-
 rmalarahito jvaroṣmaṇā kṣapitamalo bhavati, kadācidra-
 ktādyanyatamaḥ, kadācidraktādayaḥ sarve na rasaḥ, kad-
 35 ācidraktādayaḥ sarve kiñcinmalarahitā na rasastathābhū-
 taḥ, kadācitkiñcinmalarahito raktādyanyatamaḥ, evaṃpra-
 kārā śuddhisahitā aśuddhirucyate | tasyāṃ satyāṃ santa-
 tākhyo jvaro dīrghakālamanuvartate | § 9631

3.2.151 Aṣṭāṅgahr̥dayasaṃhitā

malam̐ jvaroṣmā dhātūnvā sa śīghram̐
kṣapayettataḥ | | 60 | |
sarvākāram̐ rasādīnām̐ śuddhyā+aśuddhyā+api
vā kramāt | | 60 | |
vātapittakaphaiḥ sapta daśa dvādaśa
vāsarān | | 61 | |
prāyo+anuyāti maryādām̐ mokṣāya ca vadhāya
ca | | 61 | |
ityagniveśasya mataṃ, hārītasya punaḥ 5
smṛtiḥ | | 62 | |
dviḡuṇā saptamī yāvannavamyekādaśī
tathā | | 62 | |
eṣā tridoṣamaryādā mokṣāya ca vadhāya
ca | | 63 | |
śuddhyaśuddhau jvaraḥ kālam̐
dīrghamapyanuvartate | | 63 | | § 9639

3.2.152 Āyurvedarasāyana

santatasyāvadhīmāha-malam̐ jvaroṣmeti | sa ca dvividhaḥ,-
mokṣāvadhīrvadhāvadhīṣceti | tatra yadā jvaroṣmā rasādīnām̐-
dūṣyāṇām̐, sarvākāram̐-sarvathā, śudhyā-hetubhūtayā, ma-
lam̐ kṣapayet, tadā mokṣaḥ | yadā tu rasādīnām̐ sarvā-
kāramaśuddhyā dhātūn kṣapayet, tadā vadhāḥ | yadā 5
tu na sarvākāram̐ śuddhiraśuddhīrvā tadā śudhyaś-
udhyorjvaraḥ kālam̐ dīrghamapyanuvartata iti | tato-
jvaroṣpatteranantaram | saptamyādidaigūṇyam̐ pūrvatith-
idvaigūṇyamākṣipati, caturdaśāṣṭādaśadvāvimśativāsarā-
nityarthaḥ | kṣapaṇīyālpavabahunvākṛto+ayamavadhībhedaḥ
rogasvabhāvākṛto vā, agniveśahārītayormatabhedasthityā
kṛtaḥ | § 9640

3.2.153 Aṣṭāṅgahr̥dayasaṃhitā

kr̥śānāṃ vyādhimuktānāṃ mithyāhārādisevinām | | 64 | |
alpo+api doṣo dūṣyāderlabdhvā+anyatamato
balam | | 64 | |
savipakṣo jvaram̐ kuryādviṣamaṃ
kṣayavṛddhibhāk | | 65 | | § 9643

3.2.154 Sarvāṅgasundarā

īdr̥śānāṃ puṃsāmalpo+api-hīnabalo+api, apiśabdān-
mahābalo+api, doṣo-vātādyanyatamo, jvaram̐ viṣama-
m̐jñam̐ kuryāt | kiṃ kṛtvā ? dūṣyāderanyatamato balaṃ
labdhā | ādiśabdo deśartvorgrahaṇāya | anyatamagraha-
5 ṇam̐ copalakṣaṇārtham | tena kadāciddūṣyāderekasmā-
drasādeḥ kadāciddvābhyām̐ rasaraktādyanyatamābhyām̐
kadāciddūṣyadeśābhyām̐ kadāciddūṣyadeśartubhyo ba-
lam̐ labdhveti yojyam | kimbhūto doṣaḥ ? savipakṣaḥ,-
saha vipakṣeṇa-pratyanīkena dūṣyādyanyatamena, vart-
10 ate savipakṣaḥ | tathā ca kimbhūtaḥ ? kṣayaśca vṛddhiśca,
te bhajate-sevate, kṣayavṛddhibhāk | santato hi jvaro niṣpr-
atyanīka iti santatādasya bhedaḥ | mithyāhārādisevināmi-
tyatrādiśabdena vihārauṣadhādiparigrahaḥ | § 9644

3.2.155 Āyurvedarasāyana

viṣamākhyasya santatādicatuṣṭayasya sāmānyalakṣaṇamāha-
kr̥śānāmiti | kr̥śatvāditrayasyāṣṭadhā+api hetutvam | anyatamataḥ-
na tu santatavatsavaibhyo dūṣyādibhyaḥ | doṣa iti kṣayav-
ṛddhibhāk | § 9645

3.2.156 Aṣṭāṅgahr̥dayasaṃhitā

doṣaḥ pravartate teṣāṃ sve kāle jvarayan balī | | 65 | |
nivartate punaścaīṣa
pratyanīkabalābalaḥ | | 66 | | § 9647

3.2.157 Sarvāṅgasundarā

teṣāṃ-kṛśādīnāṃ, doṣo-vātādyanyatamaḥ, sve kāle-yo ya-
syātmīyaḥ kālo vṛddhiheturvayohorātribhuktalakṣaṇasta-
smin sve kāle, doṣaḥ pravartate,- svīyaṃ karma darśaya-
tītyarthaḥ | kiṃ kurvan ? jvarayan-santāpamutpādayan |
kīdṛśo doṣaḥ ? balī-balavān san pravartate | punaścaīṣaḥ 5
viṣamajvarārambhī doṣaḥ satatakāderutpādako, nivartate-
svavyāpārādviramati | kimbhūtaḥ ? pratyānīkasya ba-
laṃ pratyānīkabalāṃ, tenābalaḥ | etaduktaṃ bhavati,-
yadyasau doṣo dūṣyādīnāṃ sapakṣāṅāmanyatamasmā-
dbalaṃ labhate tadā+asau svavyāpāre pravartate | yadā 10
tu tasya vipakṣā bhavanti tadāteṣāṃ vipakṣāṅāmanyata-
masya balenāsyā doṣasya balaṃ hīyate | tadānīm ca
pratyānīkabalābalatvādasau doṣo nivartate, vaṭādibīja-
vat | yathā,-vaṭādibījaṃ jalādisāmagrīto balaṃsādyā viś-
iṣṭe kāle rohāti-aṅkurādīkamudbhāvayati tato jalādivirah- 15
ādbhūmāvevāvatiṣṭhate, na tu svakāryamudbhāvayati, ta-
thaivaīṣo+api viṣamajvarasya kartā doṣaḥ svapakṣato dū-
ṣyāderbalaṃ labdhvā svavyāpāraṃ kurute | yadā tu vipa-
kṣabalenāsau pratihataśaktistadā svavyāpāraṃ na kurute,
deha eva nilīya tiṣṭhati | § 9648 20

3.2.158 Āyurvedarasāyana

yathoktamarthaṃ vivṛṇoti-doṣa iti | teṣāṃ-viṣamāṅāṃ,
pratyānīkasya-pratipakṣasya, balena abalaḥ-apagatabalaḥ |
§ 9649

3.2.159 Aṣṭāṅgahrdayasaṃhitā

kṣīṇe doṣe jvaraḥ sūkṣmo rasādiṣveva līyate | | 66 | |
līnatvātkārśyavaivarṇyajādyādīnādadhāti
saḥ | | 67 | | § 9651

3.2.160 Sarvāṅgasundarā

doṣe-viṣamajvarakāriṇi, kṣīṇe sati, satatakādiṣveva sū-
kṣmo bhūtvā rasādiṣveva dhātuṣu līyate-layaṃ yāti | ka-
1574

tham punaretadavagamyate ? yadasau līno na punarvina-
ṣṭa eva, ityatra hetumāha-līnatvādityādi | sa tu līno jvaro
līnatvāt kārśyādīn karoti | ata evāsau na vinaṣṭa evetyu-
cyate | yataḥ kārśyādyudgama upalabhyate | niranvaya-
5 vinaṣṭāddhi taddhetukārśyādyanupalabdhireva | tasmāll-
īno doṣo viṣamajvareṣu bhavatīti sthitam | § 9652

3.2.161 Āyurvedarasāyana

viṣamajvarasya santatanivṛttirnāstītyāha-kṣīṇe doṣa iti |
rasagrahaṇam̐ santatasyāpi madhyame līnatvamastīti jñā-
panārtham | anenaivābhiprāyeṇa rugviniścaye (mā. ni. jva.
ślo. 32) - " dhātumanyatamaṁ prāpya karoti viṣamajva-
5 ram | " ityupakramya "santataṁ rasaraktasthaḥ" ityuktam |
ādadhāti-karoti | caturthakātparam̐ viṣamasambhave sa-
ṅgrahe yuktiruktā (ni. a. 2) - "atilīno+atimandatvādbhavatyahni
na pañcame | " iti | § 9653

3.2.162 Sarvāṅgasundarā

āsannaṁ vivṛtaṁ cāsyam̐-mukhaṁ, yeṣāṁ rasavāhinām̐
srotasām̐ tānyevam | teṣāṁ bhāva āsannavivṛtāsyatvam |
tasmāddhetostatra praviṣṭena doṣeṇa śīghram̐ sarvasya
vapuṣaḥ-śarīrasya, vyāptirjāyate | tena-kāraṇena doṣeṇ-
5 āśu sarvaśarīrav்யāptilakṣaṇena, santatākhyo jvaraḥ satato-
nirantaro, bhavati | viparītaḥ prakṛtatvātsantatena viṣamo-
viṣamasam̐jñāḥ, satatādijvaro viparīto bhavati-na nirant-
aram̐ jvarayati | kasmādviparītaḥ ? viparyayāt | etadu-
ktaṁ bhavati,-sthūlānyāsannāni vivṛtāsyāni ca rasavāh-
10 īni srotāṁsi | dūratarāṇi sam̐vṛtāsyāni sūkṣmatarāṇi ca
raktavāhīni | tairdoṣaścireṇa tathā asākalyena kāyam̐ vy-
āpnuvan vicchinnakālam̐ jvaram̐ karoti | ata evāha (ślo.
70)- "ahorātrasya sa dviḥ syāt" ityādi | tato dūratarāṇi
sam̐vṛtatarāsyāni ca māṁsavāhīni srotāṁsi | tāni ciratar-
15 eṇa prāpnoti doṣaḥ | na caitaiḥ srotobhiḥ sākalyena yu-
gapaddehamanuvyāpnoti | ato+anena kāraṇenāsāvanya-
smin dine jvaram̐ nirvartayatanyedyuḥsam̐jñam | ten-
āsau satatādapi viprakṛṣṭo bhavati | tato+api sūkṣmat-

arāṇi saṃvṛtataramukhāni ca medovahāni | tāni cirata-
reṇa doṣaḥ prāpnoti | na ca tairaśeṣadehaṃ vyāpnoti |
ato+asāvanena kāraṇena yathākramamanyadinaamekaṃ
hitvā ṛtīye+ahni ṛtīyako bhavati | tato+apyanenaiva vipr- 5
akṛṣṭatamena krameṇa dinadvayaṃ hitvā caturthako bha-
vati | evaṃ caturthakaviparyayaśca | saṅgrahe+apyākhyat
(ni. a. 2)- "sūkṣmasūkṣmatarāsyēṣu dūradūratareṣu ca |
doṣo raktādīmārgeṣu śanairalpaścireṇa yat | | yāti dehaṃ
ca nāśeṣaṃ bhūyiṣṭhaṃ bheṣaje+api ca | kramo+ayaṃ
tena vicchinnaśantāpo lakṣyate jvaraḥ | |" iti | adhunā 10
viṣamajvarasya svarūpaṃ pratipādayannāha-viṣama iti |
viṣamo-viṣamaśanjño jvaro, viṣamārambhakriyākālo bh-
avati | ārambhaśca kriyā ca kālaśca ārambhakriyākā-
lāḥ | viṣamā ārambhakriyākālā yasya sa evaṃ | tatra
viṣama ārambho yathā,-kaścitpūrvam mūrdhānamāra- 15
bhyāgacchati, kaścitpṛṣṭham, kaścijjaṅghābhyāmiti | viṣ-
amakriyo yathā,-kaścicchītakṛt, kaściddāhakṛditi | viṣa-
makālaśca yathā,- kaścitpūrvāhṇe samāgacchati, kaści-
nmidhyāhṇe, kaścidadarāhṇe, kaścinniśīthe, iti | tathā,
anuṣaṅgavān-dīrghakālānubandhī | § 9654 20

3.2.163 Aṣṭāṅgahr̥dayasaṃhitā

āsannavivṛtāsyatvātsrotasāṃ rasavāhinām | | 67 | |
āśu sarvasya vapuṣo vyāptirdoṣeṇa
jāyate | | 68 | |
santataḥ satatastena, viparīto viparyayāt | | 68 | |
viṣamo viṣamārambhakriyāk-
ālo+anuṣaṅgavān | | 69 | | § 9658

3.2.164 Āyurvedarasāyana

santatādīnām santatatvādaḥ yuktimāha-āsannavivṛtāsyatvāditi |
āsannamāmāśayam | amāśayastho hi doṣo jvaram kar-
oti | āsannatvādāśuprātipiḥ | vivṛtāsyatvādasamvalitapr-
aveśaḥ | ā.....srotasyādāmāśayam yātītyakhaṇḍita- 5
tvam santatasya | satate tvāmāśayaraktasrotaso yātāyāte

rasastrotasā khaṇḍitatvam | evamuttareṣūttarottaraṃ kha-
ṇḍitatvam | viparītaḥ-khaṇḍitaḥ | viparyayāt-dūrasaṃvṛtāsyatvāt |
viṣamārambhaḥ-kadācicchītapūrvāḥ kadāciddāhapūrvāḥ,
kadācicchirasaḥ kadācitpādataḥ | viṣamakriyaḥ-kadācillaṅghanasādhyāḥ
5 kadācidbr̥mhaṇasādhyāḥ | viṣamakālah-kadācitpūrvāhṇe
kadācidaparāhṇe | anuṣaṅgavān-upacaryamāno+api bah-
ūni dinānyavatiṣṭhate | saṅgrahe tu vistareṇa yuktiruktā
(ni. a. 2) - " sūkṣmasūkṣmatarāsyēṣu dūradūratareṣu ca |
doṣo raktādīmārgēṣu śanairalpaścireṇa yat | | yāti dehaṃ
10 ca nāśeṣaṃ bhūyiṣṭhaṃ bheṣaje+api ca | kramo+ayaṃ
tena vicchinnasantāpo lakṣyate jvaraḥ | | viṣamo viṣamā-
rambhakriyākālo+anuṣaṅgavān | yathottaraṃ mandagat-
irmandaśaktiryathāyathā | | kālenāpnoti saddaśān sa ra-
sārdīstathā tathā | doṣo jvarayati kuddhaścirācciratareṇa
15 ca | | bhūmau sthitaṃ jalaiḥ siktaṃ kālameva pratīkṣate |
aṅkurāy yathā bījadoṣabījaṃ ruje tathā | | vegam̐ kṛtvā vi-
ṣaṃ yadvadāśaye līyate+abalam | kupyatyātpabalam bhū-
yāḥ kāle doṣaviṣaṃ tathā | | evam̐ jvarāḥ pravartante viṣa-
māḥ santatādayaḥ | " iti | § 9659

3.2.165 Sarvāṅgasundarā

prāyo-bāhulyena, raktāśrayo doṣaḥ satataṃ jvaram̐ vida-
dhāti | prāyograhaṇāt rasādyāśrayatvamasya sūcayati | ta-
smātsarvo jvaraḥ sarvadhātuvyāpī | bhūyāṃstu dhāturvy-
apadiśyate | ata eva santate papāṭha (ślo. 59) - "viśeṣeṇa
5 rasāśritāḥ | " iti | tasmādviśeṣeṇa raktāśrayaḥ satata ityav-
ehi | saḥ-satataḥ, ahorātrasya madhye dviḥ syāt-dvau kāl-
āvanuvartate | aharyuktā rātrirahorātraḥ | "ahaḥsarvaika-
deśa" ityādinā ac samāsāntaḥ | "rātrāhnāhāḥ puṃsi" iti pu-
ṃstvam | dvau vārau dviḥ | "dvitricaturbhyaḥ suc" iti suc |
10 atra ca nāyaṃ niyamaḥ, yadahnyekavāraṃ rātrāvekavāra-
miti, kiṃ tarhi ? kadācidahnyeva vāradvayaṃ, kadācidrā-
trāveva vāradvayaṃ, kadāciddvayorapi vāradvayamiti pr-
atīhi | § 9660

3.2.166 Aṣṭāṅgahr̥dayasaṃhitā

doṣo raktāśrayaḥ prāyaḥ karoti satataṃ jvaram | | 69 | |
ahorātrasya sa dviḥ
syāt----- | | 70 | | § 9662

3.2.167 Āyurvedarasāyana

satatalakṣaṇamāha-doṣo raktāśraya iti | § 9663

3.2.168 Aṣṭāṅgahr̥dayasamhitā

-----sakar̥danyedyurāśritaḥ | | 70 | |
tasminmāṃsavahā
nāḍīḥ----- | | 70 | | § 9665

3.2.169 Sarvāṅgasundarā

sakar̥danyedyuḥ 'ahorātrasya ityanuvartate | ahorātrasya
madhye+ayamanyedyurnāma viṣamajvaraḥ sakṛt-ekavāram
bhavet | kadācidahnyekavāramutpadyate, kadācidrātrāv-
iti | tasmin-anyedyurjvare, sarvadhātvāśrayo+api doṣo vi-
śeṣeṇa māṃsavahā nāḍīrāśritaḥ | § 9666

5

3.2.170 Āyurvedarasāyana

anyedyurlakṣaṇamāha-sakar̥diti | sakṛt-ekavāram | āśrito
doṣaḥ | asmin-anyedyau | | § 9667

3.2.171 Aṣṭāṅgahr̥dayasamhitā

-----medonāḍīstr̥tīyake | | 70 | |
grāhī pittānilānmūrdhnastr̥kasya
kaphapittataḥ | | 71 | |
sapṛṣṭhasyānilakaphātsa caikāhāntaraḥ
smṛtaḥ | | 71 | | § 9670

3.2.172 Āyurvedarasāyana

ṛtīyakalakṣaṇamāha-medonādīriti | sa catrividhaḥ,-pittānilajo
mūrṅghaḥ pravartate, kaphapittajasnikāt, vātakaphajaḥ
pṛṣṭhāt | trividho+apyekāhāntaraḥ | § 9671

3.2.173 Sarvāṅgasundarā

ṛtīyake medovahā nādīrviśeṣeṇa doṣa āśrita iti yojyam |
medovahā nādīrāśritya doṣaṛtīyakam kuruta ityarthāḥ |
sa ca trividhaḥ,-pittavātādadhikāt kaphapittāt vātakaphā-
cca | tatra grāhī mūrdhnaḥ-śirasaḥ, pittānilātṛtīyako bh-
5 avati, mūrdhni vedanāstāstā janayatītyarthāḥ | yaśca ka-
phapittādutpadyate sa trikasya grāhī-trike pīḍāmutpād-
ayati | yaścānilakaphājāyate sa pṛṣṭhasahitasya trikasya
grāhī-pṛṣṭhe trike ca pīḍām janayati | evamayam triprak-
ārasvabhāvaḥ | sa ca ṛtīyaka ekāhāntara iti smṛto, 'mun-
10 ibhiḥ' iti śeṣaḥ | ekenāhnā+antaram-vyavadhānam, yasya
sa evam | ekasminnahani tirobhūya punarudetītyarthāḥ |
§ 9672

3.2.174 Aṣṭāṅgahr̥dayasaṃhitā

caturthako male medomajjāsthyanyatamasthite | | 72 | |
majjastha evetyapare prabhāvaṃ sa tu
darśayet | | 72 | |
dvidhā kaphena jaṅghābhyām sa pūrvam
śiraso+anilāt | | 73 | | § 9675

3.2.175 Āyurvedarasāyana

caturthakalakṣaṇamāha-caturthaka iti | sa ca dvividhaḥ,-
kaphajo jaṅghābhyām pūrvam prabhāvaṃ darśayet, vāta-
jaḥ śirasaḥ | § 9676

3.2.176 Sarvāṅgasundarā

medaśca majjā cāsthi ca medomajjāsthīni, teṣāmanyata-
masmin sthite doṣe kadācinmedasi sthite doṣe kadāci-
nmajjani kadācidasthani sthite doṣe caturthako jvaro jā-
yate | ekaṃ dinaṃ jvarayitvā hyahaṃ vimucya punarjv-
arayati sa caturthako vedyah | majjastha evetyapare-anye 5
punarācāryā evaṃ smaranti, caturthako jvaro majjastha
eva doṣe jāyate | sa punaścaturthakaḥ prabhāvaṃ dvidhā-
dviprakāraṃ, darśayet | kaphenādhikena yo jāyate sa
pūrvam-prathamam, jaṅghābhyam tato+anyebhyo+aṅgebhyaḥ |
anilādyo bhavati sa pūrvam śirasō jāyate+anantaramaṅgāntarebhyaḥ |
§ 9677

3.2.177 Aṣṭāṅgahrdayasamhitā

asthimajjobhayagate caturthakaviparyayah | |73| |
tridhā, hyahaṃ jvarayati dinamekaṃ tu
muñcati | |74| | § 9679

3.2.178 Sarvāṅgasundarā

asthi ca majjā cāsthimajjānau, asthimajjorubhayaṃ-dvayaṃ,
tatra gato yo malo vātādyanyatamastasmin, caturthakaviparyayah-
tadviparītalakṣaṇo viṣamajvaro, bhavati | sa ca tridhā-
triprakāraḥ, sannipātodbhavatve+api kadācidvātenādhik-
enā+athavā pittena śleṣmaṇā vā | tameva ca lakṣayitumāha- 5
hyahamiti | dvidhātusthitadoṣotpannatvāt dve dine jva-
rayitvā dinamekaṃ vimucya punarhyahaṃ jvarayati sa cat-
urthakaviparyayah | anenaiva lakṣaṇena caturthakasyāpi
lakṣaṇamuktaṃ bhavati | sa ekamahō jvarayitvā hyahaṃ
vimucya punarjvarayati | dve ahnī samāhrte dvyahaḥ | 10
"rājāhaṣsakhibhyaṣṭac" iti ṣṭac | "ahnaṣṭakhoreva" iti ṭilo-
paḥ | § 9680

3.2.179 Sarvāṅgasundarā

caturthakaviparyayalakṣaṇamāha-asthimajjjobhayagate iti |
ubhayagrahaṇamanyataravyāvṛtyārtham | viparyayalakṣ-
1580

aṇena caturthakalakṣaṇamapyuktam,-ekaṃ dinaṃ jvar-
ayati vdyahaṃ muñcatīti | tryahāditi caturthakatvanirv-
āhārtham | caturthe+ahni bhavaścaturthakaḥ | ayam ca
tryahena svarūpaṃ niṣpādyā punarārabhate | evaṃ ja-
5 nmadināccaturthe+ahni punarjanma bhavati | asya cau-
rthake+antarbhāvāt na pañcatvahāniḥ | viparyaye med-
aso+akathanāt caturthake kathanam pūrvapakṣamātram |
ṛṭīyakena hi tadavaruddham | caturthakaśca ṛṭīyakā-
dgambhīradhātucārī | uktam ca saṅgrahe (ni.a.2)- "ga-
10 mbhīradhātucārītvātsannipātena sambhāvāt | tulyocchrā-
yācca doṣāṇāṃduścikitsyaścaturthakaḥ | |" iti | tulyocchr-
āyatve+api kaphānilābhyāṃ dvaividhyaṃ kāryakramābh-
iprayam | ata eva tatrapūrvamityuktam | § 9681

3.2.180 Aṣṭāṅgahr̥dayasaṃhitā

balābalena doṣāṇāmannaceṣṭādijanmanā | |74| |
jvaraḥ syānmanasastadvatkarmaṇaśca tadā
tadā | |75| |
doṣadūṣyartvāhorātraprabhṛtīnām
balājjvaraḥ | |75| |
manaso viṣayāṇām ca kālam taṃ taṃ
prapadyate | |76| | § 9685

3.2.181 Sarvāṅgasundarā

balaṃ cābalaṃ ca balābalaṃ,-sāmarthyāsāmarthyam, āsa-
nnavyādhikāraṇānām doṣāṇām-vātādīnām, tadā tadā bal-
ābalena jvaraḥ syāt | kimbhūtena ? annaceṣṭādijanmanā |
adyata ityanam,-raktaśālyādi | annagrahaṇamupalakṣa-
5 ṇārtham, māṃsarasādyapi hi pānam gr̥hyate | ceṣṭyata iti
ceṣṭā,-kāyavānmanovyāpāro, vihāra ityarthah | annam ca
ceṣṭā cānnaceṣṭe, te ādi yeṣāṃ kālādūṣyādīnām ta evam,
tebhyo janma yasya balābalasya, tenānnaceṣṭādyutpann-
ena satatakādirjvaro bhavet | manasastadvat | tadvaditya-
10 nena doṣāṇām balābalamatidiśyate | yathā doṣāṇām śārīr-
āṇām balābalena satatakādirjvaraḥ syāt, tathā manaso+api

doṣāṇaṃ balābalena jvaraḥ syāt | caśabdāt karmaṇo+api
pūrvoktasya balābalena satatakādijvaraḥ syāditi | kasya
sambandhinaḥ karmaṇaḥ ? prakṛtatvānmanasa eva | ta-
devaṃ karmaṇo vyāpārasya cittasyārthasya balābalena
tadvaśājjivaro+asau bhavet | anye tvācakṣate,-karmaṇaḥ 5
purākṛtasya balābalena, purākṛtakarmavaśāditi | yattad-
onityābhisambandhādyadatṛānuktamapi labhyate | tenā-
yaṃ sambandhaḥ,-yadā yadā+annaceṣṭādijanma doṣāṇaṃ
balābalaṃ syāt, tathā manaso doṣāṇaṃ balābalaṃ syāt,
tathā karmaṇaḥ pūrvakṛtasya balābalaṃ syāt, tadā tadā 10
satatakādirjvaraḥ syāditi | apica doṣāṇaṃ vātādīnāṃ bal-
ena, tathā dūṣyāṇaṃ rasādīnāṃ tathā ṛtūnāṃ śīśīrādīnāṃ
tathā+ahorātrasya tathā prakṛtīnāṃ balena, manaso bal-
ena, tathā viṣayāṇaṃ śabdasparsārūparasagandhānāṃ ba-
lena, jvarastaṃ taṃ-viśiṣṭaṃ, kālaṃ prapadyate | tena ka- 15
dācit satatako+anyedyustrītyakaścaturthako vā bhavati |
tathā kadācit caturthako bhūtvā trītyako+anyedyuḥ sata-
tako vā bhavet | saṅgrahe ca rasādīdhātusthajvaralakṣaṇa-
muktam | yathā (ni. a. 2)- " § 9686

utkleśo gauravaṃ dainyaṃ bhaṅgo+aṅgānāṃ 20
vijṛmbhaṇam | arocako vamiḥ sādah
sarvasmin rasage jvare | | 1 | |
raktaniṣṭhīvanam ṛṣṇā raktoṣṇapīṭikodgamah |
dāharāgabhramamadapralāpā
raktasaṃsthite | | 2 | |
ṛḍ glāniḥ sṛṣṭavarcastvamantardāho
bhramastamaḥ | daurgandhyaṃ
gātravikṣepo māṃsasthe, medasi sthite | |
3 | |
svedo+atitṛṣṇā vamaṇam
svagandhasyāsahiṣṇutā | pralāpo
glānirarucirasthisthe tvasthibhedanam | |
4 | |
doṣapravṛttirūrdhvādhaḥ
śvāsāṅgākṣepakūjanam | antardāho bahiḥ
śaityaṃ śvāso hidhmā ca majjage | | 5 | |

- tamaso darśanam marmacchedanam
stabdhameḍhratā | śukrapravṛttirmṛtyuśca
jāyate śukrasaṃśraye | | 6 | |
uttarottaraduḥśādhyāḥ pañcātrāntyau tu
varjayet | pralimpañniva gātrāṇi śleṣmaṇā
gauraveṇa ca | | 7 | |
mandajvarapralepastu saśītaḥ syātpralepakaḥ |
nityam mandajvaro rūkṣaḥ śūnaḥ kṛcchreṇa
sidhyati | | 8 | |
stabdhāṅgaḥ śleṣmabhūyiṣṭho
bhavedvātabalāsakaḥ |
haridrābhēkavarṇābhastadvarṇam yaḥ
pramehati | | 9 | |
5 sa vai hāridrako nāma jvarabhedo+antakaḥ
smṛtaḥ | kaphavātau samau yasya
hīnapittasya dehinaḥ | | 10 | |
tīkṣṇo vā yadi vā mando jāyate rātriko jvaraḥ |
divākarāpītabale vyāyāmācca viśoṣite | |
11 | |
śarīre niyataṃ vātājvaraḥ syātpūrvarātrikaḥ |
āmāśaye yadā duṣṭe śleṣmapitte
vyavasthite | | 12 | |
tadā+arddham śītalam dehe tvarddham coṣnam
prajāyate | kāye pittaṃ yadā duṣṭam śleṣmā
cānte vyavasthitaḥ | | 13 | |
uṣṇatvam tena dehasya śītatvam karapādayoḥ | "
iti | khāraṇādinā tu śukrastha eva doṣe
varjyatā pratyapādi | tathā ca
tadgranthaḥ-"śukrasthe śukraviṇmokṣaḥ
śvasan prāṇān vimokṣyati | " iti | § 9700

3.2.182 Āyurvedarasāyana

- anuktajvarabhedasaṅgahamāha-balābaleneti | ādiśabdādd-
eśakālau | karmaṇaḥ-pāpasya | tadā tadā-tadvat | yadā
yadā-yadvaddoṣavat, manaḥ karmaṇām balamabalam vā |
kāraṇavyau (?) ca ānantyāt kāryavaicitryānantyamitya-
5 rthaḥ | tacca darśitayā diśā buddhimadbhīrgamyam | sa-

ŋgrhe tu (ni. a. 2) - "utklešo gauravaṃ dainyaṃ bh-
 aṅgo+aṅgānāṃ vijṛmbhaṇam | arocako vamiḥsādaḥ sa-
 rvasmin rasage jvare | | raktaniṣṭhīvanam tṛṣṇā rakto-
 ṣṇapitīkodgamah | dāharāgabhramamadapralāpā raktas- 5
 aṃśrite | | tṛṭ glāniḥ sṛṣṭavarcastvamantardāho bhrama-
 stamah | daurgandhyaṃ gātravikṣepo māṃsasthe, med-
 asi sthite | | svedo+atitṛṣṇā vamanam svagandhasyāsahi-
 ṣṇutā | pralāpo glānirarucirasthisthe tvasthibhedanam | |
 doṣappravṛttirūrdhvādhaḥ śvāso vikṣepakūjanam | antard-
 āho bahiḥ śaityaṃ śvāso hidhmā ca majjage | | tamaso 10
 darśanam marmacchedanam stabdhamedhratā | śukrapr-
 avṛttirmṛtyuśca jāyate śukrasaṃśraye | | uttarottaraduḥs-
 ādhyāḥ pañcānyau tu vivarjayet | |" iti | ete rasagādibhe-
 dāḥ sarveṣāṃ jvarāṇām, sarvasminniti vacanāt | santatādī-
 nām rasagādiniyamastvārambhābhīprāyaḥ | rugviniścaye 15
 tu (mā.ni.jva. ślo. 40)- " nityaṃ mandajvaro rūkṣaḥ sūnaḥk-
 aṣṭena sidhyati | stabdhāṅgaḥ śleṣmabhūyiṣṭo bhavedvāt-
 abalāsakaḥ | | pralimpanniva gātrāṇi gharmeṇa gauraveṇa
 ca | mandajvaravilepī ca saśītaḥ syātpralepakaḥ | | vida-
 gdhe+annarase dehe śleṣmapitte vyavasthite | tenārdham 20
 śītaḥ dehamardhamuṣṇam ca jāyate | | kāye duṣṭam
 yadā pittam śleṣmā cānte vyavasthitaḥ | tenoṣṇatvam śar-
 īrasya śītatvam hastapādayoḥ | | kāye śleṣmā yadā duṣṭaḥ
 pittam cānte vyavasthitam | śītatvam tena gātrasya uṣṇa-
 tvam hastapādayoḥ | | āmāśayastham pittam ca madhyam 25
 vā+atha pravartate | tvaksthau pittasamīrau dvau bāhya-
 samsthānamāśritau | | tenāntardāhasamprātpirbāhye bha-
 vati śītatā | tvaksthau śleṣmānilau śītamātau janayato jv-
 are | | tayoḥ prasantayoḥ pittamante dāham karoti ca | ka-
 rotyātau tathā pittam tvajsyam dāhamatīva ca | | tasmin 30
 praśāntetvitarau kurutaḥ śītamantataḥ | |" iti | (madhukoṣe
 jva. ślo. 47)- kaphavātau samau yasya hīnapittasya deh-
 inaḥ | prāyo rātrau jvarastasya divā hīnakaphasya ca | |"
 iti | § 9701

3.2.183 Sarvāṅgasundarā

jvaramokṣalakṣaṇamāha-dhātūniti | prakṣobhayancālayan |
 ceṣṭate-savyāpasavyena | uṣṇaiḥ śītaiśca-kāniciduşṇāni kā-
 1584

nicicchītāni | sadoṣaṃ saśabdaṃ ca | doṣaḥ-āmaḥ pittaṃ
śleṣmā vā vegavat-vegairyuktaṃ, punarityarthaḥ | § 9702

3.2.184 Aṣṭāṅgahr̥dayasaṃhitā

dhātūn prakṣobhayan doṣo mokṣakāle vilīyate | |76| |
tato naraḥ śvasan svidyan kūjan vamati
ceṣṭate | |77| |
vepate pralapatyuṣṇaiḥ
śītaiścāṅgairhataprabhaḥ | |77| |
visaṃjño jvaravegārtaḥ sakrodha iva
vīkṣate | |78| |
5 sadoṣaśabdaṃ ca śakṛddravam sṛjati
vegavat | |78| | § 9707

3.2.185 Sarvāṅgasundarā

doṣo-vātādyanyatamo, dhātūn-rasādīn, prakṣobhayan-caṇḍapavanoddhūtamaha
kurvan, jvaramokṣakāle vilīyate | vilīyamānadoṣavaśāt
naraḥ śvasan, tathā svidyan-romakūpebhyo jalaṃ sravan,
tathā kūjan-avyaktaṃ śabdaṃ kurvan, vamati-chardayati,
5 tathā ceṣṭate-bhūmiśayyādau parilunṭhati, vepate-kampate
lateva calati, pralapati-asambaddhaṃ brūte, tathā hataprabho-
naṣṭakāntiḥ, uṣṇaiḥ śītaiścāṅgaistulyakālamupalakṣito bh-
avati | caśabdo+atra tulyakālārthaḥ | tulyakālam tasya kā-
niciduṣṇānyaṅgāni kānicicchītāni | vigatā saṃjñā yasyā-
10 sau visaṃjñaḥ, tathā jvaravegārtaḥ sakrodha iva vīkṣate-
saroṣa ivālokanam karoti, tathā śakṛt-purīṣam, vimuñc-
ati | kimbhūtam śakṛt ? doṣaśca śabdaśca doṣaśabdau,
saha tābhyāṃ vartate sadoṣaśabdāṃ | doṣaśabdenehāmo
vivaḥṣitaḥ, sāmam sasvanam cetyarthaḥ | tathā, dravam-
15 akāṭhinam | tathā vego+asyāstīti vegavat, iti savegam kṛ-
tvā śakṛtsṛjati | § 9708

3.2.186 Aṣṭāṅgahr̥dayasaṃhitā

deho laghurvyapagatakلامamohatāpaḥ pāko mukhe
karaṇasauṣṭhavamavyathatvam | |79 | |
svedaḥ kṣavaḥ prakṛtiyogi mano+annalipsā
kaṇḍūśca mūrdhni
vigatajvaralakṣaṇāni | |79 | | § 9710
iti śrīvaidyapatisimhaguptasūnuśrīmadvāgbhaṭavira-
citāyāmaṣṭāṅgahrdayasaṃhitāyāṃ tṛtīye nidānasthāne jv-
aranidānaṃ nāma dvitīyo+adhyāyaḥ | |2 | | § 9711

5

3.2.187 Āyurvedarasāyana

jvaramuktalakṣaṇamāha-deha iti | karaṇāni-indriyāṇi | ma-
naḥ prakṛtiyogi-prakṛtistham | iti hemādriṭikāyāmāyurve-
darasāyane | jvaranidānaṃ dvitīyaṃ samāse(sāmastyē) na
nirūpitam | | § 9712

3.2.188 Sarvāṅgasundarā

tasya vigatajvarasya narasyaitāni lakṣaṇāni | yathā-deho
laghurbhavati-na tu gātre gauravam | tathā, vyapagatāḥ-
naṣṭāḥ, kلامamohatāpā yasyāsau vyapagatakلامamoh-
atāpastadā sa sampadyate | tathā, asya mukhe-vadane,
pākaḥ | karaṇānām-caḥsurādīnām, sauṣṭhavam-pāṭavam, 5
jāyate | tathā, avyathatvādayo+asya bhavanti | prakṛtyā
yogaḥ prakṛtiyogaḥ,-svabhāvena sambandhaḥ | prakṛtiy-
ogo yasyāsti manasastat prakṛtiyogi | yādṛgyasya cittaṃ
pūrvam rajobahulam tamobahulam vā āsīt tādṛk tasya
sampadyata ityarthaḥ | tathā, annalipsā-annābhilāṣaḥ | 10
saṅgrāhe ca nakṣatrasamāśrayaṇena ca sādhyāsādhyā-
jvaralakṣaṇamuktam | yathā (ni. a. 1)- "ādhānajanm-
anidhanapratyarākhyavipatkare | nakṣatre vyādhirutpa-
nnaḥ kleśāya maraṇāya vā | | jvarāstu jātaḥ ṣaḍrātrād-
aśvinīṣu nivartate | bharaṇīṣu tu pañcāhātsaptāhātkṛtt- 15
ikāsu ca | | trisaptarātrādathavā rohiṇyāmaṣṭarātrataḥ |
ekādaśādvā divasānmṛge ṣaṇṇavarātrayaḥ | | pañcāhā-
nmṛtyurārdrāyām tripakṣe saṃśayo+athavā | punarva-
sau pravṛttastu jvaro+apaiti trayodaśāt | | divasātsapta-
viṃśādvā hyahātsaptāhato+athavā | | puṣye śleśāsu ma- 20

raṇam̐ cireṇā+api maghāsu ca || avaśyaṃ svāsthyamā-
 pnoti dvādaśāhānm̐rto na cet | phalgunyoḥ pūrvayorm-
 ṛtyuranyayostu dine+aṣṭame || navame+ahnyekaviṃśe
 vā jvaraḥ saumyatvam̐rcchati | hastena saptame śānti-
 5 iścitrāyāmaṣṭame+athavā || punaścitrāgame svātau da-
 śāhādathavā tribhiḥ | pakṣairm̐rtyuṃ viśākhāsu dvāv-
 iṃśe+ahani nirdiśet || navame+ahni na cecchāntirm̐ai-
 tre m̐rtyustataḥ param | jyeṣṭhāyāṃ pañcame m̐rtyur-
 ūrdhvam̐ vā dvādaśātsukham || svāsthyam̐ daśāhānm̐-
 10 ūlena trisaptāhe+athavā gate | pūrvāśādhāsu navame
 tato+anyāsu tu māsataḥ || aṣṭābhirathavā māsairnava-
 bhirvā bhavecchivam | [jvarastu śraveṇe yāti śāntim-
 ekādaśāhataḥ ||] ājyeṣṭhāhāddhaniṣṭhāsu daśāhādvār-
 uṇeṣu tu | ṣaḍahe dvādaśāhe vā m̐rtyurbhādrapadāsu
 15 ca || uttarāsu dvisaptāhāt praśamo, revatīṣu ca | catūrā-
 tre+aṣṭarātre vā kṣemamityāha hāritaḥ || " iti | jvara ity-
 upalakṣaṇam | prāyaḥ sarvo vyādhiranayā diśā+anus̐rto
 bodhyaḥ kṣipraciramokṣāya jīvitāntāya vā | ādhānam̐-
 janmarkṣāddaśamaṃ nakṣatram | vipatkaram̐-tr̐tīyā tārā |
 20 pratyaram̐-pañcamī | nidhānasam̐jñā-saptamī tārā sm̐r-
 eti | atha, kiṃ nakṣatrasamāśrayeṇena jvarasya sādhyās-
 ādhyavibhāgo+āṅgīkriyatām̐uta yathānidānam̐ kupitado-
 ṣalakṣaṇena ? brūmaḥ | ubhayathā+api | yato nakṣatram̐
 trividham̐api prāktanasya karmaṇo daivākhyasya śubha-
 25 rūpasyāśubharūpasya śubhāśubharūpasya ca saumyakrū-
 ramadhyasvabhāvasūcakam | tatra saumyena nakṣatreṇa
 śubham̐, krūreṇāśubham̐, madhyasvabhāvena ca śubhāśu-
 bham | etaduktam̐ bhavati,-purātanakarmavaśānnakṣatreṇa
 jvara utpadyate, aihikakarmavaśānmithyāhārasevanākhy-
 30 ādyathānidānam̐ vātādikupitalakṣaṇena ca | tadanayorb-
 alābalena jvarasya sādhyāsādhyavibhāgo vyavasthāpyaḥ |
 pratyapādi ca munibhiḥ | yathā (ca.vi.a.3)- "kadācitkarm-
 aṇo balavattvam̐ kadācitpuruṣakārasya" ityubhayathā jv-
 arasya sādhyāsādhyavibhāgo nyāyyaḥ | iti śrīm̐rgāṅkada-
 35 tputraśrīmadaruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ
 sarvāṅgasundarākhyāyāṃ tr̐tīye nidānasthāne jvaranidā-
 nam̐ nāma dvitīyo+adhyāyaḥ samāptaḥ || 2 || § 9713

3.3 raktapittakāsanidānādhyāyaḥ : 3

3.3.1 Aṣṭāṅgahṛdayasaṃhitā

athāto raktapittakāsanidānaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 9715

3.3.2 Sarvāṅgasundarā

vyākhyā+asya pūrvavat | § 9716

3.3.3 Aṣṭāṅgahṛdayasaṃhitā

bhr̥śoṣṇatīkṣṇakaṭvamlalavaṇādividāhibhiḥ | | 1 | |
kodravoddālakaiścānaistadyuktairatisevitaiḥ | | 1 | |
kupitaṃ pittalaiḥ pittaṃ dravaṃ raktaṃ ca
mūrcchite | | 2 | |
te mithastulyarūpatvamāgamyā
vyāpnutastanum | | 2 | | § 9720

3.3.4 Āyurvedarasāyana

atha raktapittaprakaraṇam | tatra nidānamāha-bhr̥śoṣṇetyādi |
bhr̥śoṣṇāda(dya)nyavidāhitvaṃ ca militaṃ kāraṇam | kodravāḥ-
koradūṣāḥ, uddālakāḥ-vanyāḥ, teṣāṃ tadyuktānāmvidāh-
iyuktānām, kāraṇatvam | "kodravaṃ hantyasṛkpittaṃ ka-
rotyeva vidāhibhiḥ |" iti vacanāt | annairityadanena het- 5
utvam, na bahirlepādinā | pūrvam pittalaiḥ kupitaṃ pa-
ścādbhr̥śoṣṇābhirveditam | dravagrahaṇam pācakapittan-
ivṛttyartham | samprāptimāha-te mitha iti | te-pittarakte |
tulyarūpatvaṃ-raktavarṇatvaṃ tulyaguṇāt kadāciddhari-
tādivarṇatvamapi | § 9721 10

3.3.5 Sarvāṅgasundarā

bhr̥śaśabdasyoṣṇādibhirvidāhyantaiḥ sambandhaḥ | ād-
īśabdenātra kṣārādayo gṛhyante | bhr̥śoṣṇādibhirannaiḥ

pittalairatisevitairdravaṃ-dravasvabhāvaṃ, yat pittaṃ tat
 kupitaṃ-duṣṭaṃ, tathā raktaṃ kupitaṃ, tairevātisevitaiḥ |
 atisevanaṃ cobhayatā bhavati,-cirakālamabhyavahr̥taistathā+atimātrābhyavahr̥ta
 na kevalametairyāvāt kodravoddālakaiścānnaiḥ | tadity-
 5 anena bhṛśoṣṇādīni parāmr̥śyante | tairyuktaiḥ-miśritaiḥ
 kodravoddālakaiścānnairatisevitaiḥ kupitaṃ pittaṃ ta-
 thā raktaṃ ca bhavati | te-dve api raktapitte, mūrccHITE-
 miśratāṃ gate, mithaḥ-parasparaṃ, tulyarūpatvaṃ-samavarṇatvaṃ,
 āgama-prāpya, sarvāṃ tanuṃ-dehaṃ, vyāpnuto-vyaśrnuvāte |
 10 nanu, bhṛśoṣṇādīnāṃ pittalatvāvyabhicārāt kimarthaṃ
 pittalairityuktaṃ ? brūmaḥ | dāḍimāmalakasaindhaveṣva-
 mlalavaṇādiṣu vyabhicārāt | tathāhi-dāḍimāmalakasaindhavānyamlalavaṇānyapa
 pittaṃ na kurute | api ca na kevalaṃ bhṛśoṣṇādiyukt-
 15 aiḥ kupitaṃ pittaṃ raktaṃ ca | yāvadanyairapi pitta-
 lairabhṛśoṣṇādisvabhāvairvr̥hiprabhr̥tibhiratisevitaiḥ ku-
 pitaṃ pittaṃ ceti pratipādanārthaṃ pittalairityuktaṃ |
 nanu, evaṃ sati pittalairityeva nirdeśaḥ kartuṃ yukta ubh-
 ayānugrahārthaḥ | tathā ca bhṛśoṣṇādīni tathā+anyānyapyabhṛśoṣṇādīni
 vr̥hiprabhr̥tīnyevaṃ gr̥hītāni bhavanti | astyevaitat | ki-
 20 ntu pittalatvasāmānyādgr̥hītānāmapi bhṛśoṣṇādīnāmupā-
 dānaṃ kṛtamatisāyadyotanārthaṃ | yathā bhṛśoṣṇādīnya-
 tisāyena pittaṃ raktaṃ ca kopayanti, na tathā+anyāni vr̥-
 hiprabhr̥tīni | ata eva kodravoddālakau sītavīryāvapi bhṛ-
 śoṣṇādidravyayutau pittasya kartārau bhavataḥ | bhṛśoṣṇ-
 25 ādīnāmatipittalatvāt | nanu, pittasya dravamiti viśeṣaṇa-
 mayuktaṃ, vyabhicārābhāvāt | tathā ca tantrakṛjjagau (hr̥.
 sū. a. 1 | 11)- "pittaṃ sasnehastīkṣṇoṣṇaṃ laghu visraṃ sa-
 raṃ dravaṃ |" iti | atrocyate | pittamadravamapyasti | ka-
 thaṃ jñāyate ? granthakāravacanāt | tathā covāca tantra-
 30 kṛt (hr̥. sū. a. 12 | 90)- "pittaṃ pañcātmakaṃ tatra pakvām-
 āśayamadhyagam | pañcabhūtātmakatve+api yattaijasag-
 uṇodayāt | | tyaktadravatvaṃ" ityādi | tasmāt yaddravar-
 ūpaṃ pittaṃ tadbhṛśoṣṇādibhiḥ kupitaṃ raktapitte kāra-
 ṇam, na punaryat tyaktadravatvaṃ-kaṭhinatāṃ prāptaṃ,
 35 iti pratipādayituṃ dravagrahaṇam | nanu, yadi tulyarūp-
 atvaṃ pittarakte prāpte, tatkathamīdṛśo nirdeśa upapady-
 ate ? " adhogam yāpayedraktaṃ" (hr̥. ci. a. 2 | 2) iti | evam-
 ādau hi raktasya pittasahitasyaiva nirdeśo yukto "raktapi-
 ttamadhogam yāpayet" iti | § 9722

3.3.6 Aṣṭāṅgahr̥dayasaṃhitā

pittaṃ raktasya vikṛteḥ saṃsargāddūṣaṇādapi | |3| |
gandhavarṇānuvṛtteśca raktena
vyapadiśyate | |3| | § 9724

3.3.7 Sarvāṅgasundarā

pittaṃ raktena vyapadiśyate | yasmāt pittaṃ raktasya
vikṛtiḥ-vikāro, raktādutpannamityarthaḥ | tathā coktam
(hr̥. śā. a. 3 | 63) - "kaphaḥ pittaṃ malāḥ sveṣu prasvedo
nakharoma ca | sneho+akṣitvagviśāmojo dhātūnām kram-
aśo malāḥ | " iti | tathā, saṃsargāt-anyonyamiśrībhāvāt | 5
tathā, dūṣaṇādapi-yasmādraktaṃ pittenāśvecha dūṣyate,
tathā raktadūṣaṇaiḥ pittamapi dūṣyate, tātsthyāt | tathā ca
granthaḥ (hr̥. sū. a. 11 | 27) - "yadekasya tadanyasya va-
rddhanakṣapaṇauśadham | " iti | anye tu dhātavo na tathā
dūṣyante yathā pittaṃ | tathā coktam (hr̥. sū. a. 11 | 26)- "ta- 10
trāsthini sthito vāyuh pittaṃ tu svedaraktayoḥ | " iti | tathā,
gandhavarṇānuvṛtteśca | gandhaśca varṇaśca gandhava-
rṇau, tayoranuvṛttiḥ-anukaraṇaṃ gandhavarṇānuvṛttiḥ |
kasya gandhavarṇo ? prakṛtatvādraktasya yādrśau gandh-
avarṇau tādrśāvapi pittasya | evaṃ ca raktena tat vyapa- 15
diśyate | tasmāt " adhogam yāpayedraktaṃ" ityādinirdeśo
yukta eva | nanu, raktasya śarīre svābhāvikaṃ pramaṇam-
uktamaṣṭāvevāñjalayaḥ | prakopamāpannaṃ tvāḍhakādi-
saṅkhyātamapi drśyate | § 9725

3.3.8 Āyurvedarasāyana

raktapittasya raktatve vācye hetumāha-pittaṃ raktasyeti |
raktasya kāryaṃ dūṣaṇaṃ ca raktena saṃspr̥ṣṭam sadr-
śaṃ ceti catuṣṭayaṃ hetuḥ | "kaphaḥ pittaṃ *malāḥ kh-
eśu" (hr̥.śā.a. 3163) iti raktamalatvātkāryatvam | yogarūḍh-
iriyam | yogasya pitte+api tulyatvāt | § 9726 5

3.3.9 Aṣṭāṅgahr̥dayasaṃhitā

prabhavatyasr̥jaḥ sthānātplīhato yakṛtaśca tat | | 4 | | § 9727

3.3.10 Sarvāṅgasundarā

asr̥jaḥ sthānāt tat-pittamūrcchitaṃ raktaṃ, prabhavati-
prakarṣeṇa bhavati vardhate | tasmādbahutvamasya yukt-
ameva | kiṃ tadasr̥jaḥ sthānam ? yatastatprabhavatītyāha-
plīhato yakṛtaśceti | § 9728

3.3.11 Āyurvedarasāyana

raktodgamasthānamāha-prabhavatīti | raktasthāne plīha-
yakṛti | § 9729

3.3.12 Aṣṭāṅgahr̥dayasaṃhitā

athāsya pūrvarūpānyāha - -----
----- | | 4 | |
śirogurutvamaruciḥ śītecchā
dhūmako+amlakaḥ | | 4 | |
chardiścharditabaibhatsyaṃ kāsaḥ śvāso
bhramaḥ klamaḥ | | 5 | |
lohalohitamatsyāmagandhāsyatvaṃ
svaraḥsayāḥ | | 5 | |
5 raktahāridraharitavarṇatā nayanādiṣu | | 6 | |
nīllohitaḥpītānām varṇānāmavivecanam | | 6 | |
svapne tadvarṇadarśitvaṃ bhavatyasmin
bhaviṣyati | | 7 | | § 9736

3.3.13 Āyurvedarasāyana

prāgrūpamāha-śirogurutvamiti | charditabaibhārtsyam-jugupsā |
āsyelohādīnām gandhaḥ | tadvarṇo-raktahāridrādiḥ | § 9737

3.3.14 Sarvāṅgasundarā

śirogurutvādikamasmin-raktapitte, bhaviṣyati sati bhav-
ati | chardite-vamite, baibhatsyaṃ-jugupsā | svapne-svapnāvasthāyāṃ,
tadvarṇadarśitvaṃ-raktavarṇākāraṃ paśyati | tacca rakt-
apittaṃ trividhamūrdhvagamadhogamubhayamārgagaṃ
ca | § 9738

5

3.3.15 Aṣṭāṅgahrdayasaṃhitā

tatrordhvagamāha - -----
----- | | 7 | |
ūrdhvaṃ nāsākṣikarṇāsyairmeḍhrayonigudair-
adhaḥ | | 7 | |
kupitaṃ romakūpaiśca
samastaistatpravartate | | 8 | | § 9741

3.3.16 Sarvāṅgasundarā

ūrdhvagaṃ raktapittaṃ kupitaṃ nāsādibhiḥ saptabhi-
rdvāraiḥ pravartate | adhogaṃ raktapittaṃ kupitaṃ me-
ḍhrayonigudaistribhirdvāraiḥ pravartate | prāṅyaṅgānāṃ
dvandva ekavadityasya prāyikatvādbahuvacanamatra na
duṣṭam | tathā romakūpaiḥ samastaiḥ | caśabdānnāsākṣi- 5
karṇāsyameḍhrayonigudairubhayamārgamubhayamārgā-
bhyāṃ tat-raktapittaṃ, pravartate | § 9742

3.3.17 Āyurvedarasāyana

rūpamāha-ūrdhvamiti | kasyacidūrdhvaṃ, kasyacidadhaḥ,
kasyacidromakūpaiḥ, kasyacitsamastairmārgaiḥ, pravart-
ate | § 9743

3.3.18 Aṣṭāṅgahrdayasaṃhitā

ūrdhvaṃ sādhyam
kaphādyasmāttadvirecanasādhanam | | 8 | |

bahvauṣadham ca, pittasya vireko hi
varauṣadham | | 9 | |
anubandhī kapho yaśca tatra tasyāpi
śuddhikṛt | | 9 | |

kaṣāyāḥ svādavo+apyasya viśuddhaśleṣmaṇo
hitāḥ | | 10 | |
5 kimu tiktāḥ kaṣāyā vā ye
nisargātkaphāpahāḥ | | 10 | | § 9749

3.3.19 Āyurvedarasāyana

ūrdhvagasya sādhyatvamāha-urdhvaṃ sādhyamiti | ka-
phajatvaṃ virecyatvaṃ śamanabāhulyaṃ ca sādhyatve he-
tuḥ | virecyatvasya hetutve yuktimāha-pittasyeti | pittam-
utpādakaṃ, kaphonubandhī-nirvāhakaḥ | hahvauṣadha-
5 tvaṃ darśayati-kaṣāyā iti | § 9750

3.3.20 Sarvāṅgasundarā

ūrdhvaṃ-ūrdhvaḥ raktapittaṃ, sādhyam | yasmātkār-
aṇāt kaphādadhikājjāyate | tacca virecanasādhanam | sā-
dhyate+aneti sādhanam,-cikitsitam | tacca-ūrdhvaḥ
raktapittaṃ, bahvauṣadham | bahu auṣadham yasya tadbahvauṣadham,-
5 anekasādhanam, madhurakaṣāyatiktadravyasādhyatvāt |
apica, yasmādvirekaḥ pittasya varauṣadham | tathā co-
ktam (ca. sū. a. 25 | 40) - "virecanaṃ pittaharāṇām |" iti | ya-
śca [tatra-] tasminnūrdhvage raktapittākhye vyādhou, ka-
pho+anubandhī | tasya-anubandhinaḥ kaphasya, vireca-
10 naṃ śuddhikṛt-śodhanam karoti | ato hetorūrdhvaḥ ra-
ktapittaṃ sādhyam | kaṣāyāḥ-svarasakalkaśr̥ṭaśītaphāṇṭākhyāḥ,
te svādavo+api hitāḥ, vyādhipratipakṣatvāt | na tu doṣ-
apratipakṣatādvāreṇa, doṣasamānatvātteṣām | athavā ke-
cana makuṣṭhataṇḍulīyādisambandhino vyādhipratipa-
15 kṣāstathā rūkṣatvāddoṣapratipakṣā iti śleṣmaṇo+api hi-
tāḥ | apīśabdāttiktādayo+api | viśuddho-vātādyadūṣitaḥ,
śleṣmā yasya sa tasya | kimu-kim̐punaḥ, tiktāḥ kaṣāy-
āśca ye svarasādayaste+apyasya-ūrdhvagasya raktapittā-

khyasya vyādhherathavā tadvato narasya viśuddhaśleṣm-
aṇo, hitāḥ | vyādhipratipakṣatvāddoṣapratipakṣatvācca ye
nisargāt-svabhāvāt, kaphaghnāḥ | § 9751

3.3.21 Aṣṭāṅgahrdayasaṃhitā

adho yāpyaṃ calādyasmāttatpracchardanasādha-
nam | | 11 | |
alpauṣadhaṃ ca pittasya vamaṇaṃ na
varauṣadham | | 11 | |
anubandhī calo yaśca śāntaye+api na tasya
tat | | 12 | |

kaṣāyāśca hitāstasya madhurā eva
kevalam | | 12 | | § 9756

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3.3.22 Āyurvedarasāyana

adhogasya yāpyatvamāha-adho yāpyamiti | § 9757

3.3.23 Sarvāṅgasundarā

adho yāpyaṃ-adhogaṃ raktapittaṃ yāpyam | kasmāt ?
yasmāccalāt-vātādadhikāt, 'utpadyate' ityadhyāhāryam |
tacca-adhogaṃ raktapittaṃ, pracchardanasādhanam | pracchardanaṃ-
vamaṇaṃ, sādhanam-cikitsitaṃ, yasya tadevam | tathā,
alpamauṣadhaṃ-cikitsitaṃ, yasya tadalpauṣadham, no- 5
rdhvagaraktapittavadbahvauṣadham | katham ? ityāha-
yasmādayaṃ rogaḥ pittapradhānaḥ | pitte ca vamaṇaṃ
na varauṣadhaṃ-śreṣṭhamauṣadhaṃ na bhavati | kaphe
hi vamaṇaṃ pradhānamuktam | alpauṣadhatve dviṭi-
yaṃ hetumāha-kaṣāyāścetyādi | tasya-adhogasya raktap- 10
ittasya, madhurā eva kevalam kaṣāyā hitāḥ-pathyāḥ, na
tikṭāḥ kaṣāyāśca, teṣāṃ vātakopakāraṇatvāt | tathā, asya
calo-vāyuh, yo+anubandhī-anubalatvena sthitaḥ, tasyāpi
vāyorna tat-vamaṇaṃ, śāntaye-śāntyartham | § 9758

3.3.24 Āyurvedarasāyana

ūrdhvādhogasya asādhyatvamāha-kaphamārutasam̐sr̥ṣṭamiti |
§ 9759

3.3.25 Aṣṭāṅgahr̥dayasam̐hitā

kaphamārutasam̐sr̥ṣṭamasādhyamubhayāyanam | | 13 | |
aśakyaprātilomyatvādabhāvādauśadhasya
ca | | 13 | |
na hi sam̐śodhanam̐ kiñcidastyasya
pratilomagam | | 14 | |
śodhanam̐ pratilomam̐ ca raktapitte
bhiṣgjitam | | 14 | |
5 evamevopaśamanam̐ sarvaśo vidyate | | 15 | |
sam̐sr̥ṣṭeṣu hi doṣeṣu sarvajicchamanam̐
hitam | | 15 | | § 9765

3.3.26 Sarvāṅgasundarā

ubhayāyanam̐-mārgadvayaprapannam̐, kaphamārutasam̐sr̥ṣṭamasādhyam-
sādhyatvamaśakyam | asādhyatve hetudvayamāha-aśakyaprātilomyatvādityādi |
anulomaviparītaḥ-pratilomaḥ, tasya bhāvaḥ prātilomyam |
aśakyam-kartumaśakyam̐ prātilomyam̐ yasya raktasya ta-
5 daśakyaprātilomyam | tasya bhāvo+aśakyaprātilomyatvam̐ |
tasmādubhayāyanam̐ raktapittamasādhyam | abhāvādau-
śadhasya ca,-etadyogyauśadhāsampatteṣcaitadasādhyam |
nanu, kathamevamucyate ? ityāha-na hītyādi | hi-yasmāt,
tadasya sam̐śodhanam̐ pratilomagam̐ na kiñcidasti | yacca
10 pratilomagam̐ sam̐śodhanam̐ tadraktapitte bhiṣagjitam̐-
auśadham | tacca tathābhūtamaśadham̐ na sambhav-
ati yattatra sam̐śamanārtham̐ dīyate | yadyadhomārg-
āpekṣayā dīyate tadānīmūrdhvaḥbhāgapravṛttam̐ raktam̐
pravṛddham̐ sampadyate | athordhvamārgāpekṣayā vir-
15 ecanamupayujyate tadā+adhogam̐ raktapittam̐ varddh-
ate | evamasya pratilomagamaśadham̐ śodhanam̐ na sa-
mbhavati | tasmādaśadhasyābhāvaḥ | bhiṣagjitamiti bh-

iṣak+a+aṣabdāt kaṇḍvādiyaḡantānniṣṭhā iṭca | svabhāv-
 āccāyaṃ bheṣajavācī | nanu, ubhayāyanasya raktapitt-
 asya saṃśodhanarūpamaṣadhaṃ mā bhavatu | ṣa-
 manarūpaṃ tvauṣadhamasya ṣamāya bhaviṣyatīti "abh- 5
 āvādaṣadhasya ca" ityayuktamuditam, ityāṣaṅkyāha
 evamevetyādi | yathā ṣodhanamasya-ubhayāyanasya, ṣa-
 manāya na sambhavati tathā ṣamanamapi yadaṣadhaṃ
 tadapyetasya ṣamanam na sambhavati | kuto hetoḥ ?
 ityāha-saṃsrṣṭeṣvityādi | hi-yasmāt, saṃsrṣṭeṣu triṣu do-
 ṣeṣu yatsarvajicṣamanam taddhitam | tacca santarpaṇā- 10
 patarpaṇarūpatvāddvividham | tatra yadi santarpaṇam
 br̥ṃhaṇam ṣamanamadhomārgapravṛttaraktapittadoṣāp-
 ekṣayā mārutaṣāntyarthamupayujyate tadā tacśāntiṃ ku-
 rvato raktapittavikāraḡaraṇasya ṣleṣmaṇo vṛddhaye sa-
 mpadyate | athāpatarpaṇamūrdhvabhāḡapravṛttadoṣāp- 15
 ekṣayā kaphaṣāntyarthamupayujyate tadānīṃ tasya ṣāntiṃ
 kurvato+adhogaraktapittasya kāraṇam vāyum prakopa-
 yet | na cobhayātmakamekaṃ nṛṣiṃharūpavat ṣamanam-
 asti yatprayojitamubhayāyanasya ṣamanāya syāt | tasmā-
 dubhayāyanamasādhyam | § 9766 20

3.3.27 Aṣṭāṅgahr̥dayasaṃhitā

tatra doṣānugamanam sirāsra iva lakṣayet | | 16 | | § 9767

3.3.28 Sarvāṅgasundarā

tatra-tasmin raktapitte, doṣānugamanam-vātapittaṣleṣmaṇāmanubandha
 sirāsra iva-sirāvyadhavidhyuktam (hr̥. sū. a. 27 | 40) - "vā-
 tācchyāvāruṇam rūkṣam" ityādigranthanirdiṣṭena lakṣaṇ-
 ena lakṣitam, lakṣayet | § 9768

3.3.29 Āyurvedarasāyana

anubodhidoṣajñānopāyamāha-tatreti | sirāsra iva-sirāvyadhadarśitena
 lakṣaṇena | § 9769

3.3.30 Aṣṭāṅgahr̥dayasaṃhitā

upadravāścaṃ vikṛtijñānatasteṣu cādhikam | | 16 | |
āśukārī yataḥ kāsastamevātaḥ
pravakṣyati | | 17 | | § 9771

3.3.31 Sarvāṅgasundarā

upadravāṃśca vikṛtijñānato lakṣayedite yojyam | vikṛtijñ-
ānaśabdena vikṛtivijñānīyaḥ (hr̥. śā. a. 5) upalakṣyate |
teṣu ca-upadraveṣu madhye, yaḥ kāsākhyā upadravaḥ sa
āśukārī-kṣipraṃ mārayati, yato+atastameva raktapittanid-
5 ānānantaraṃ prakarṣeṇa nidānaprāgrūpādibhirvakṣyati-
bhaṇiṣyati, tantrakṛt | § 9772

3.3.32 Āyurvedarasāyana

vikṛtivijñānīyoktamasādhyalakṣaṇaṃ smārayati-upadravāṃśceti |
(hr̥. śā. a. 5174) -"raktapittaṃ bhr̥śaṃ raktaṃ kṛṣṇam-
indradhanuṣprabham | tāmrahāridraharitaṃ rūpaṃ ra-
ktaṃ pradarśayet | | romaḥpapraṇisṛtaṃ kaṇṭhāsyah-
5 ṛdaye sajat | vāsaso+arañjanaṃ pūti vegavaccāti bh-
ūri ca | | vṛddham pāṇḍujvaracachardikāśāphātisāri-
ṇam |" iti | rugviniścaye tu (mā. ni. rakta. ślo. 11) -
"daurbalyaśvāsakāsajvaravamathumadāḥ pāṇḍutādāham-
ūrccā bhukte ghorō vidāhastvadhr̥tirapi sadā hr̥dyatulyā
10 ca pīḍā | tṛṣṇā kaṇṭhaprabhedāḥ śirasi ca tapanam pūti-
niṣṭhīvanatvam bhaktadveṣāvīpākau vikṛtirapi bhavedra-
ktapittosargāt | | māṃsaprakṣālanābham kvathitamiva ca
yat kardamāmbhonibham vā medaḥpūyāstrakalpaṃ yak-
ṛdiva yadi vā pakvajambūphalābham | yatkr̥ṣṇam yacca
15 nīlam bhr̥śamatikuṇapaṃ yatra cōktā vikārāstadvarjyam
raktapittaṃ surapatidhanuṣā yacca tulyam vibhāti | | ' iti |
kūṇapaṃ-śavagandhi yat | iti raktapittanidānam | § 9773

3.3.33 Aṣṭāṅgahr̥dayasaṃhitā

pañca kāsāḥ smṛtā

vātapittaśleṣmakṣatakṣayaḥ | | 17 | | § 9774

3.3.34 Sarvāṅgasundarā

prthagdoṣaistrayaḥ kṣayeṇaika iti kāsāḥ pañcaiva smṛtāḥ |
nanu, yadi pañcaiva kāsāstatkathaṃ bhaṇiṣyati ? (hr. ci. a.
3 | 1) - "kevalānilajaṃ kāsaṃ snehairādāvupācaret | " iti | na
hyanyadoṣayukto vātikaḥ kāso+abhihitaḥ | api tu tribhi-
rapi doṣaiḥ prthagevoktāḥ kāsāḥ | tathā, (hr. ci. a. 3 | 25) 5
- "pittakāse tu sakaphe vamaṇaṃ sarpiṣā hitam | " tathā,
(hr. ci. a. 3 | 27) - "pittakāse tanukaphe trivṛtāṃ madhu-
rairyutām | yuñjyādvirekāya yutām ghanaśleṣmaṇi tikta-
kaiḥ | | " ityādi | tathā, asminnevādhyāye+adhyeṣyate (ślo.
37) - "sādhyā doṣaiḥ prthak trayāḥ | miśrā yāpyā dvayāt" 10
iti | tadetatpūrvāparavyāhatamiva | atrocyate | kāsāḥ pa-
ñcaiva vakṣyamāṇayā samprāptyā jāyante, vastusvābhā-
vyāt | anantaraṃ vātikakāse kadācidāhāravihāravaśāt pi-
ttenānubandhaḥ kadācit śleṣmaṇā jāyate | pittakāse tatha-
ivāhāravihāravaśāt kadācidvātenānubandhaḥ kadācicchl- 15
eṣmaṇeti | kaphakāse+api tadvadāhāravihāravaśāt vāten-
ānubandhaḥ kadācotpittena | iti kiñcidatra pūrvāparavyā-
hatatvam | § 9775

3.3.35 Āyurvedarasāyana

atha kāsaprakaraṇam | tatra kāsabhedānāha-pañca kāsā
iti | § 9776

3.3.36 Aṣṭāṅgahrdayasaṃhitā

kṣayāyopekṣitāḥ sarve----- | | 18 | | § 9777

3.3.37 Sarvāṅgasundarā

sarva eva kāsā upekṣitāḥ-cikitsāṃ vinā, kṣayāya sampady-
ante, uttarottarakriyāvasthākarṣaṇāt | kṣayajo+apyupekṣitāḥ
kṣayāyaiveti bodhyam | § 9778

3.3.38 Āyurvedarasāyana

pañcānāṃ kṣayahetutvamāha-kṣayāyeti | § 9779

3.3.39 Aṣṭāṅgahr̥dayasaṃhitā

-----balinaścottarottaram | | 18 | | § 9780

3.3.40 Sarvāṅgasundarā

uttarottaraṃ caite kāsā balinaḥ | § 9781

3.3.41 Āyurvedarasāyana

pañcānāmuttarottaraṃ duḥśādhyatvamāha-balinaśceti | § 9782

3.3.42 Aṣṭāṅgahr̥dayasaṃhitā

teṣāṃ bhaviṣyatāṃ rūpaṃ kaṅṭhe
kaṅḍūrarocakaḥ | | 18 | |
śūkapūrṇābhakaṅṭhatvam-----
| | 19 | | § 9784

3.3.43 Sarvāṅgasundarā

teṣāṃ-kāsānāṃ, bhaviṣyatāṃ utpitsūnāṃ, gale kaṅḍūḥ-
kharjūḥ, tathā+arocakaḥ, tathā śūkapūrṇasadrśakaṅṭha-
tvam ca bhavati | § 9785

3.3.44 Āyurvedarasāyana

pūrvarūpamāha-teṣāmiti | saṅgrahe tu (ni. a. 3) -"asvāsthyam
hr̥dayasya ca | " ityadhikam | § 9786

3.3.45 Aṣṭāṅgahr̥dayasaṃhitā

tatrādho vihato+anilah | | 19 | |
 ūrdhvaṃ pravṛttaḥ prāpyorastasmin kaṅthe ca
 saṃsajan | | 19 | |
 śiraḥsrotāṃsi sampūrya
 tato+aṅgānyutkṣipanniva | | 20 | |
 kṣipannivākṣiṇī pṛṣṭhamuraḥ pārśve ca
 pīḍayan | | 20 | |
 pravartate sa vaktreṇa
 bhinnakāṃsyopamadhvaniḥ | | 21 | | § 9791

3.3.46 Sarvāṅgasundarā

tatra-teṣu kāseṣu, anilo+adhaḥ-adhastāt, vihato-viśeṣeṇātyartham
 hataḥ, ūrdhvaṃ pravṛtto+anantaraṃ krameṇoro-hṛdayaṃ,
 prāpya tasmin-urasi, saṃsajan-abhiṣvajamānaḥ, tathā ka-
 ṅthe+api saṃsajan, anantaraṃ śirasrotāṃsi sampūrya-
 mastakaśirā ādmāpya, tataḥ-anantaram, aṅgāni-sarvānavayaṣṭān,
 utkṣipanniva-ūrdhvaṃ prerayanniva, tathā+akṣiṇī kṣipanniva-
 bahiriva śarīrātprerayan, tathā pṛṣṭhamuraśca pārśve ca pī-
 ḍayan, saḥ-vāyuh, vakkreṇa pravartate | kimbhūtaḥ ? bhi-
 nnakāṃsyopamadhvaniḥ, bhinnaṃ-bhagnaṃ, yat kāśyaṃ
 tattulyaśabdaḥ | § 9792

3.3.47 Āyurvedarasāyana

samprāptimāha-tatrādha iti | saṅgrahe tu (ni. a. 3) - "kaṣā-
 yavijjalāsātmyakaṭvamlamadhuroṣaṇaiḥ | rūkṣaśītaguru-
 snigdhakledapiryuṣitāśanaiḥ | | dhāraṇodīraṇāyāsarātry-
 ahaḥsvapnajāgaraiḥ | anyaiśca tadvidhairdhātukṣayāvar-
 aṅakāribhiḥ | | kruddhaḥ pratihato+apāne yadā+apānaḥ
 pravartate | ūrdhvaṃ rasasya sa sthāne tiṣṭhannurasi pīḍy-
 ate | | udānena sajaṃstatra kaṅthe cānuprapūrya ca | vāh-
 inīrgalarmūrdhastatongaṅnyutkṣipanniva | | kṣipanni-
 vākṣiṇī pṛṣṭhamuraḥ pārśve ca pīḍayan | vivṛtatvānmukh-
 enaiti bhinnakāṃsyopamadhvaniḥ | | yasmāttasmātsa va-
 rṇaujobalamāṃsakṣayāvahaḥ | ' iti | § 9793

3.3.48 Aṣṭāṅgahr̥dayasaṃhitā

hetubhedātpratīghātabhedo vāyoḥ saraṃhasaḥ | | 21 | |
yadrujāśabdavaṣamyam̐ kāsānām̐ jāyate
tataḥ | | 22 | | § 9795

3.3.49 Sarvāṅgasundarā

hetubhedāt-nidānaviśeṣāt, kāsasamprāptau vartamānasya
vāyoḥ pratīghātabhedaḥ-pratyāhāraviśeṣaḥ | kimbhūtasya
vāyoḥ ? saraṃhaso-vegavataḥ | yat-yasmāt, tataḥ-tasmāt,
rujāśabdayoḥ-śūladhvanyoḥ, vaṣamyam̐-na samatā, kāsā-
5 nām̐ jāyate | anyādṛśau ruk+a+aśabdau vātakāse, anyādṛ-
śāvanyeṣu kāseṣu | § 9796

3.3.50 Āyurvedarasāyana

samprāptyaikye+api kāsabhede yuktimāha-hetubhedāditi |
yadyapi pañcānām̐ kāsānām̐ vāyureva samavāyikāraṇam,
tathā+api nimittakāraṇānām̐ pittādīnām̐ bhedaḍvāyoḥ pr-
atīyate bhedaḥ | pittena kaphena uraḥkṣatena dhātujakṣa-
5 yasaṅkucitaiḥ srotobhīryo+anyathā pratihanyate pratigh-
ātabhedāt | śūlabhedaḥ śabdabhedaśca kāsānām̐ bheda-
kaḥ | yat-yasmāt | § 9797

3.3.51 Aṣṭāṅgahr̥dayasaṃhitā

kupito vātalairvātaḥ śuṣkoraḥkaṅṭhavakkratām | | 22 | |
hr̥tpārśvoraḥśiraḥśūlam̐
mohaḥśobhasvarakṣayān | | 23 | |
karoti śuṣkaṃ kāsaṃ ca
mahāvegarujāsvanam | | 23 | |
5 so+aṅgaharṣī kapham̐ śuṣkaṃ
kr̥cchrānmuktvā+alpatām̐ vrajet | | 24 | | § 9802

3.3.52 Sarvāṅgasundarā

vātalairvātaḥ kupitaḥ śuṣkoraḥkaṅṭhavakkratāṃ hr̥tpā-
rśvoraḥśiraḥśūlaṃ mohakṣobhasvarakṣayān karoti | ta-
thā, ativegapīḍāśabdayutaṃ śuṣkaṃ ca kāsaṃ karoti |
vātalairiti nirdeśe+atyarthavātalaiḥ kupito vāyuriti bo- 5
dhyam | vātike kāse+anyeṣvapi hi kāseṣvīṣadvātalaiḥ ku-
pitasya vātasyānujñā+astyeva | kupitaṃ vātamantareṇa
hi kāsānāṃ janmāsambhavaḥ | kopastu kopakāraṇairv-
inā yathāyathaṃ doṣāṇāṃ na jāyate | tasmādatrātivātalaiḥ
kupita iti bodhyam | tathā, saḥ-vāyuh, aṅgaṃ harṣayati |
tathā, kaphaṃ śuṣkaṃ kṛcchrānmuktvā+alpatāṃ vrajet | 10
§ 9803

3.3.53 Āyurvedarasāyana

vātakāsalakṣaṇamāha-kupita iti | kaṣāyavijjalādiṣu yāni
vātalāni, taiḥ kupitaiḥ | anayeva pittakāse pittalaiḥ, śleṣm-
akāse śleṣmalairiti jñeyam | kṣobhaḥ-śarīrasañcalanam |
saḥ-śuṣkakāsaḥ | aṅgharṣau-aṅgāni kaṅṭakitāni kurvan |
§ 9804 5

3.3.54 Aṣṭāṅgharḍayasamhitā

pittātpītākṣikaphatā tiktāsyatvaṃ jvaro bhramaḥ | | 24 | |
pittāsr̥gvamanam̐ tr̥ṣṇā vaisvaryam̐
dhūmako+amlakaḥ | | 25 | |
pratataṃ kāsavegena jyotiṣāmiva
darśanam | | 25 | | § 9807

3.3.55 Sarvāṅgasundarā

pittāt-pittakāsāt, pītākṣikaphatādikaṃ jāyate | jyotīṃṣi-
tārakāḥ, teṣāṃ darśanamiva | § 9808

3.3.56 Āyurvedarasāyana

pittakāsalakṣaṇamāha-pittāditi | § 9809

3.3.57 Āyurvedarasāyana

kaphakāsalakṣaṇamāha-kaphāditi | § 9810

3.3.58 Aṣṭāṅgahr̥dayasam̐hitā

kaphāduro+alparuḍmūrddhahr̥dayaṃ stimitaṃ
guru | | 26 | |
kaṅṭhopalepaḥ sadanaṃ
pīnasacchardyarocakāḥ | | 26 | |
romaharṣo ghanasnigdhaśvetaśleṣmapravarta-
nam | | 27 | | § 9813

3.3.59 Sarvāṅgasundarā

kaphāt-kaphakāsāt, uro+alparugityādi jāyate | pittalaiḥ
kupitāt pittāt, tathā śleṣmalaiḥ kupitāt kaphāt, ityanirdi-
ṣṭamapi pittakaphakāsayornidiṣṭaṃ bodhyam | § 9814

3.3.60 Aṣṭāṅgahr̥dayasam̐hitā

yuddhādyaiḥ sāhasaistaistaiḥ sevitairayathābalaṃ | | 27 | |
urasyantaḥkṣate vāyuḥ pittenānugato
balī | | 28 | |
kupitaḥ kurute kāsaṃ kaphaṃ tena
saṣṇitam | | 28 | |
pītaṃ śyāvaṃ ca śuṣkaṃ ca grathitaṃ kuthitaṃ
bahu | | 29 | |
5 ṣṭhīvetkaṅṭhena rujatā vibhinneneva
corasā | | 29 | |
sūcībhīriva tīkṣṇābhīstūdyamānena
śūlinā | | 30 | |
parvabhedajvaraśvāsatrṣṇāvaisvāryakampavān | | 30 | |
pārāvata ivākūjan pārśvaśūlī tato+asya
ca | | 31 | |
kramādvīryaṃ ruciḥ paktā balaṃ varṇaśca
hīyate | | 31 | |

kṣīṇasya sāsṛṇmūtratvaṃ syācca
prṣṭhakaṭīgrahaḥ | | 32 | | § 9824

3.3.61 Āyurvedarasāyana

kṣatakāsalakṣaṇamāha-yuddhādyairiti | tena-kāsenā, he-
tau ṭṛtīyā, kaṇṭhenoraseti karaṇe | bhedatodaśūlānyur-
asaḥ | tataḥ-sopadravātkāsāt | kṣīṇasya-vīryādihīnasya |
§ 9825

3.3.62 Sarvāṅgasundarā

yuddhaṃ-bāhuyuddhaṃ, ādyaṃ yeṣāṃ-sāhasānām kaṭh-
inadhanurākaraṇādīnām, taiḥ sāhasairayathābalaṃ-śaktyatikrameṇa,
sevitaiḥ-ācaritaiḥ, urasyantaḥ-madhye, kṣate sati vāyuh
pittenānugataḥ kāsam karoti | taistairiti sarvanāmnā du-
ḥṣakaṃ hastyasvādisādhanam tathoccabhāṣaṇam guru- 5
bhārodyamanam vegavannadiṣu pratisrotastaraṇādikam-
uraḥkṣatotpādanam grhyate | pittānugatamātreṇa ca vā-
yoratikopam pratipādayati | ata evāha-balīti | pittānu-
gatatvenaiva sa raktadūṣaṇam kāsam kurvan vāyuh,
tena-kāsenā, kapham saṣoṇitam-raktayutam, tathā pītam 10
kuthitam-pūtigandhim, bahu ca ṣṭhīvet | tathā, kupit-
avāyuvaṣāt kapham bahu ṣyāvam ṣuṣkam grathitam-
piṇḍitam, caṣṭhīvet | tathā, kaṇṭhena rujatā-śūlavatā, ta-
thorasā vibhinneneva-dvidheva vidīrṇena, tathā sūcībh-
iriva tīkṣṇābhīstūyamānena ṣūlinā-rujāyuktena, ca va- 15
kṣasopalakṣitaḥ parvabhedādīmān puruṣaḥ, tathā pār-
āvata ivākūjan-avyaktam ṣabdaṃ kurvan | tathā+asya-
kāsinah, krameṇa vīryādi hīyate | kṣīṇasya cāsya sāsṛṇm-
ūtratā syāt prṣṭhakaṭīgrahaṣceti | idānīm kṣayakāsalakṣa-
ṇam nirūpayati- § 9826 20

3.3.63 Aṣṭāṅgahrdayasaṃhitā

vāyupradhānāḥ kupitā dhātavo rājayakṣmiṇaḥ | | 32 | |

kurvantiḥ yakṣmāyatanaiḥ kāsam
ṣṭhīvetkapham̐ tataḥ | | 33 | |
pūtipūyopamam̐ pītam̐ visram̐
haritalohitam | | 33 | |
lucyeta iva pārśve ca hr̥dayam̐ patatīva
ca | | 34 | |
akasmāduṣṇaśītecchā bahvāśitvam̐
balakṣayah | | 34 | |

5

snigdhaprasannavakkratvam̐
śrīmaddaśananetratā | | 35 | |
tato+asya kṣayarūpāṇi sarvāṅyāvīrbhavanti
ca | | 35 | | § 9834

3.3.64 Sarvāṅgasundarā

rājāyakṣmiṇo-rājāyakṣmavato narasya, vāyuh̥ pradhāno-
balī, yeṣāṃ te vāyupradhānāḥ | tathā, kupitāḥ-kruddhāḥ |
ke te ? dhātavo-vātādayaḥ, kāsam̐ kurvanti | kaiḥ kupitāḥ
? yakṣmāyanaiḥ-yakṣmanidānoktaiḥ sāhasādibhiḥ | tataḥ-
5 anantaram̐, pūtipūyopamam̐ pītam̐ visram̐ tathā haritaloh-
itam̐ ṣṭhīvet | tathā, pārśvelucyete iva-sthānātpracyāvryete
iva | hr̥dayam̐ ca patatīva-bhraṣyatīva | tathā, asya-kṣayajakāsinah̥,
akasmāt-nimittamantareṇāpi, uṣṇaśītecśā bhavati | kadāc-
icśītārto+api noṣṇamabhilaṣati, kadācidatyuṣṇaklānto+api
10 na ṣītamabhilaṣati | tathā, bahvāśitvādayaḥ syuh̥ | tataḥ-
anantaram̐, sarvāṅi kṣayarūpāṇi-pīnasaṣvāsādīni, asyāvī-
rbhavanti | § 9835

3.3.65 Āyurvedarasāyana

kṣayakāsalakṣaṇamāha-vāyupradhānā iti | yakṣmāyatanaiḥ-
rājāyakṣmanidānaiḥ kupitāḥ | luñcyete-niṣpīḍyāpanīryete |
§ 9836

3.3.66 Aṣṭāṅgahr̥dayasam̐hitā

ityeṣa kṣayajaḥ kāsaḥ kṣīṇānāṃ dehanāśanaḥ | |36| |
yāpyo vā balināṃ, tadvat kṣatajo+abhinavau tu
tau | |36| |
sidhyetāmapi
sānāthyāt----- | |37| | § 9839

3.3.67 Sarvāṅgasundarā

ityeṣaḥ-evamādirūpaḥ, kṣayajaḥ kāsaḥ kṣīṇānāṃ dehanā-
śanaḥ | balināṃ-akṣīṇānāṃ, yāpyo vā dehanāśano veti vā-
śabdasyārthaḥ | tadvat-kṣayajakāsavat | kṣatajaḥ kāsaḥ kṣ-
īṇānāṃ dehanāśano balavatāṃ yāpyo vā dehanāśano vā 5
bhavati | abhinavau tu tau-navotthitau punaḥ kṣayakṣata-
jakāsau, balināṃ sidhyetāmapi ; na kevalamasādhyayāpy-
āvityapīśabdena dyotyate | kutaḥ sidhyetām ? sānāthyāt-
catuspātsampatterityarthaḥ | idānīm śeṣāṇāmapi kāsānāṃ
sādhyayāpyavibhāgaṃ nirūpayati- § 9840

3.3.68 Āyurvedarasāyana

atha kāsānāṃ sādhyādibhedāḥ | tatra kṣayakāsasya-kṣīṇānāmiti |
kṣīṇānāmasādhyāḥ | balināṃ yāpyo+asādhyo va | kṣayakṣatakāsayoḥ-
abhinavāviti | sānāthyāt-bhiṣagādiguṇasampatteḥ | apīśa-
bdāt kadācit na sidhyetām | § 9841

3.3.69 Aṣṭāṅgahrdayasaṃhitā

sādhyā doṣaiḥ pṛthak trayāḥ | |37| |
miśrā yāpyā dvayātsarve jarasā sthavirasya
ca | |37| | § 9843

3.3.70 Sarvāṅgasundarā

pṛthagdoṣaiḥ-vātapittaśleṣmabhiḥ, ye jātāstrayaḥ kāsāste
sādhyāḥ | ye punaruttarakālamāhāravihārādinā miśrāḥ-
miśralakṣaṇāḥ sampannāḥ, te yāpyāḥ | kiṃ sarva eva mi-
śradoṣotpannā yāpyāḥ ? netyāha-dvayāt,- doṣadvayāt, ye

miśrāḥ sampannāste yāpyāḥ | na punardoṣatrayādye mi-
śralakṣaṇāste+api yāpyā iti dvayagrahaṇāt pratipādayati |
sarve-kāsā ye sādhyā uktāḥ pṛthagdoṣajāste+api, jarasā-
jarayā hetubhūtayā, sthavirasyotpannā yāpyāḥ | vṛddho hi
5 niškāsa eva yāpyānām | tathā covāca saṅgrahe (sū. a. 13) -
"vṛddho yāpyānām |" iti | § 9844

3.3.71 Āyurvedarasāyana

vātakāsāditrayasya sādhyatāmāha-sādhyā iti | dvidoṣaṅgām-
miśrā yāpyā dvayāditi | dvidoṣatvaṃ ca paścādanubandh-
inā doṣeṇa, dvidoṣajakāsānukteḥ | sarveṣāṃ kāsānām-
sarve iti | yāpyatvaṃ sthavirasya puruṣasya, jarasā janitā
5 ye kāsāste yāpyāḥ | āhāravihārajanitāstu sādhyāḥ | "kāsa-
śvāsau jvaraccharditṛṣṇātisāraśophinam |" iti vikṛtau (hr̥.
śā. a. 5/76) | § 9845

3.3.72 Aṣṭāṅgahr̥dayasaṃhitā

kāsācchvāsakṣayacchardisvarasādādayo gadāḥ | | 38 | |
bhavantyupekṣayā yasmāttasmātaṃ tvarayā
jayet | | 38 | | § 9847
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira-
citāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ tṛtīye nidānasthāne ra-
5 ktapittakāsānidānaṃ nāma tṛtīyo+adhyāyaḥ | | 3 | | § 9848

3.3.73 Sarvāṅgasundarā

[yasmāt-] yataḥ kāraṇāt, kāsādupekṣayā sahakārikāra-
ṇabhūtayā śvāsādayo rogā bhavanti, tasmāt taṃ-kāsaṃ,
tvarayā-śīṅrameva, jayet | ādiṣabdenātra pīnasādayo ya-
kṣmanidānoktā gr̥hyanta iti | iti śrīmṛgāṅkadattaputraśrī-
5 madaruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarvā-
ṅgasundarākhyāyāṃ tṛtīye nidānasthāne raktapittakāsā-
nidānaṃ nāma tṛtīyo+adhyāyaḥ samāptaḥ | | 3 | | § 9849

3.3.74 Sarvāṅgasundarā

kāsasyānupekṣaṇīyatvamāha-kāsāditi | iti kāsānidānam |
[iti hemādritikāyāmāyurvedarasāyane | nidānaṃ raktapi-
ttādi sāmastyena nirūpitam | | 3 |] § 9850

3.4 śvāsahidhmānidānādhyāyaḥ : 4

3.4.1 Aṣṭāṅgahṛdayasaṃhitā

athātaḥ śvāsahidhmānidānaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyaḍayo maharṣayaḥ | | 2 | | § 9852

3.4.2 Sarvāṅgasundarā

pūrvavadetadvyākhyeyam | § 9853

3.4.3 Aṣṭāṅgahṛdayasaṃhitā

kāsavṛddhyā bhavecchvāsaḥ pūrvairvā
doṣakopaniḥ | | 1 | |
āmātisāravamathuviṣapāṇḍujvarairapi | | 1 | |
rajodhūmānilairmarmaghātādatihimāmbunā | | 2 | | § 9856

3.4.4 Sarvāṅgasundarā

kāsādhikyena śvāso jāyate, ityetasya pradhānaṃ nidā-
nam | tathā, pūrvairvā-sarvaroganidānoktaiḥ, vātādidoṣakopaniḥ-
tiktoṣaṇādibhiḥ | na kevalametairyāvadāmātisārādibhiḥ |
āmātisāreṇa vamathunā viṣeṇa pāṇḍurogeṇa jvareṇa ca |
§ 9857

5

3.4.5 Āyurvedarasāyana

atha śvāsaprakaraṇam | tatra hetūnāha-kāsavṛddhyeti |
pūrvaiḥ-sarvaroganidānoktaiḥ | rajo-dhūliḥ | § 9858

3.4.6 Aṣṭāṅgahr̥dayasaṃhitā

kṣudrakastamakaśchinno mahānūrdhvaśca
pañcamah | | 2 | | § 9859

3.4.7 Sarvāṅgasundarā

śvāsaḥ kṣudrakāditvena pañcavidho bhavet | § 9860

3.4.8 Āyurvedarasāyana

śvāsabhedānāha-kṣudraka iti | § 9861

3.4.9 Aṣṭāṅgahr̥dayasaṃhitā

kaphoparuddhagamanaḥ pavano viṣvagāsthitaḥ | | 3 | |
prāṇodakānnavāhīni duṣṭaḥ srotāṃsi
dūṣayan | | 3 | |
uraḥsthaḥ kurute
śvāsamāmāśayasamudbhavam | | 4 | | § 9864

3.4.10 Sarvāṅgasundarā

kaphenoparuddham-sthagitaṃ, gamanaṃ-mārgo, yasya
sa evam | tathā, viṣvagāsthitaḥ-samantāddeham vyāpya
sthitaḥ, śvāsaṃ kurute | kiṃ kurvan ? prāṇāścodakaṃ cā-
nnaṃ ca, tāni voḍhuṃ śīlaṃ yeṣāṃ tāni srotāṃsi dūṣayan-
5 duṣṭāni vidadhat | yato duṣṭaḥ-kupitaḥ | tathā, urasi tiṣṭh-
atītyuraḥsthaḥ | kimbhūtaṃ śvāsam ? amāśayasamudbha-
vam | amāśayāt samudbhavo-janma, yasya tamāśayasam-
udbhavam | śāstrakāraścaivaṃvidhāṃ samprāptiṃ darśa-
yan yadauśadham vātajit pācanadīpanaṃ tadatra śastamiti
10 dyotayati | evaṃ sarvarogaṅṇāmapi samprāptyanurūpam-
auśadham rogopaśāntyai iti vedyam | pavano viṣvagāsth-
ita ityanenaivoraḥsthatve labdhe uraḥsthagrahaṇaṃ pra-
karṣārtham ; atīśayenoraḥsthitāḥ śvāsaṃ karotītyarthaḥ |
§ 9865

3.4.11 Āyurvedarasāyana

śvāsasamprāptimāha-kaphoparuddhagamana iti | viṣvak-
sarvataḥ, svamārgaṃ hitvā+api | § 9866

3.4.12 Aṣṭāṅgahrdayasaṃhitā

prāgrūpaṃ tasya hr̥tpārśvasūlaṃ prāṇavilomatā | | 4 | |
ānāhaḥ śaṅkhabhedaśca-----
| | 5 | | § 9868

3.4.13 Sarvāṅgasundarā

tasya pañcavidhasyāpi śvāsasya pūrvarūpaṃ hr̥cchūlādi-
kaṃ śaṅkhabhedāvasānam | § 9869

3.4.14 Āyurvedarasāyana

śvāsapūrvarūpamāha-prāgūpamiti | vilomatā-viparītataḥ |
§ 9870

3.4.15 Aṣṭāṅgahrdayasaṃhitā

-----tatrāyāsātibhojanaiḥ | | 5 | |
preritaḥ prerayet kṣudraṃ svayaṃ
saṃśamanaṃ marut | | 5 | | § 9872

3.4.16 Sarvāṅgasundarā

tatra-pañcasu śvāseṣu madhye, marut-pavanaḥ, āyāsātibh-
ojanaiḥ kṣudrākhyam śvāsam karoti | āyāso-vyāyāmādirūpaḥ,
tena tathā+atibhojanena preritaḥ-prakarsṇerita unmārg-
agāmīkṛtaḥ, kopita ityarthāḥ | kimbhūtaṃ śvāsam ? sva-
yaṃ saṃśamanaṃ,-cikitsāṃ vinā kiñcitkālātivāhanena śā- 5
myatītyarthāḥ, acirakālāvasthāyitvāt | svayaṃ saṃśaman-
ādalpabalatvācca kṣudrasaṃjño+ayam | § 9873

3.4.17 Āyurvedarasāyana

kṣudrakalakṣaṇamāha-tatreti | kṣudraṃ-kṣudrakaśvāsam |
svayaṃ-auśadhaṃ vinaiva | § 9874

3.4.18 Āyurvedarasāyana

tamakalakṣaṇamāha-pratilomamiti | śirogrīvaṃ parigr̥hya-
stambhayitvā | prāṇāḥ-indriyāṇi śvāsasya | ucchritākṣaḥ-
ūrdhvanetraḥ | lalāṭenārtimān, akṣṇā kāṇavattṛtīyā | me-
ghādibhiścaturbhiḥ, śleṣmalatve+api pṛthak grahaṇamati-
5 śayārtham | navatve balitve+api sādhyah | vāśabdātso+api
kadācidypyaḥ | § 9875

3.4.19 Aṣṭāṅgahr̥dayasam̐hitā

pratilomaṃ sirā gacchannudīrya pavanaḥ kapham | | 6 | |
parigr̥hya śirogrīvamuraḥ pārśve ca
pīḍayan | | 6 | |
kāsaṃ ghurghurakaṃ mohamaruciṃ pīnasaṃ
tṛṣam | | 7 | |
karoti tīvravegaṃ ca śvāsaṃ
prāṇopatāpinam | | 7 | |
5 pratāmyettasya vegena niṣṭhyūtānte kṣaṇaṃ
sukhī | | 8 | |
kṛcchrācchayānaḥ śvasiti niṣaṇṇaḥ
svāsthyaṃr̥cchati | | 8 | |
ucchritākṣo lalāṭena svidyatā
bhṛśamartimān | | 9 | |
viśuṣkāsyo muhuḥśvāsī kāṅkṣatyuṣṇam
savepathuḥ | | 9 | |
meghāmbuśītaprāgvātaiḥ, śleṣmalaiśca
vivarddhate | | 10 | |
10 sa yāpyastamakaḥ, sādhyo navo vā balino
bhavet | | 10 | | § 9885

3.4.20 Sarvāṅgasundarā

pavanaḥ pratilomaṃ-viparyayaṃ kṛtvā, śirāḥ-srotāṃsi,
gacchan śvāsaṃ karoti | tathā kaphamudīrya-ūrdhvaṃ
prerya, tathā śiro grīvāṃ ca parigrhya-samantādgrhītvā,
tathoraḥ pārśve ca pīḍayan-nirmanthayan, kāsādīn śvā- 5
saṃ ca tivravegaṃ tathā prāṇopatāpinaṃ karoti | prā-
ṇākyo vāyurapatapyate yena tacchīlatvādasau prāṇop-
atāpī śvāsaḥ | tasya-tamakasya, vegena-balena, puruṣaḥ
pratāmyet-duḥkhī sampadyate, śleṣmaṇā ruddhamārga-
tvāt | ata evāha-niṣṭhyūtānte kṣaṇaṃ sukhīti | sa ca tamak-
aśvāsī śayānaḥ-śayyāmāsīnaḥ, kṛcchrāt-duḥkhena, śvāsiti- 10
śvāsaṃ muñcati | niṣaṇṇaḥ-upaviṣṭaḥ san, svāsthyamṛcchati-
nīruk+a+atvaṃ prāpnoti | ucchrite+akṣiṇī yasya sa ucchri-
tākṣaḥ, "bahuvrīhau sakthyakṣaṇoḥ" iti ṣac | ucchritākṣaḥ-
ūrdhvaḍṛk | lalāṭena svidyatā-svedayuktenopalakṣitaḥ bhṛśaṃ-
atīsayena, artimān-pīḍāvān | tathā viśuṣkamāsyāṃ yasya 15
sa evam | muhuḥ-punaḥpunaḥ, śvāso yasya sa muhu-
ḥśvāsī | uṣṇaṃ kāṅkṣati-abhilaṣati | tathā, savepathuḥ-
kampavān | sa ca tamako meghādibhiḥ pṛthak tathā
śleṣmalaiḥ-guḍādibhiḥ, varddhate-vṛddhiṃ yāti | megha-
śabdenātrobhayaṃ grhyate, meghonnamaṇaṃ varṣaṇaṃ 20
ca | tena meghonnamaṇena varddhate tadupalakṣitena kā-
lena varṣākhyena ca varddhate | evaṃ śītaśabdenāpi dv-
ayaṃ grhyate,-śītalakṣaṇaḥ kālo hemantaśīśirākhyāḥ, śīt-
aguṇayukta auśadhāhāravihārādīḥ, tenobhayenāpi viva-
rddhate | sa tamakaḥ śvāso yāpyo-nāsau sukhasādhyāḥ, 25
kṛcchrāsādhyo vā durbalasya puṃsaḥ | sa evābhinavotp-
anno balavataḥ puṃsaḥ sādhyo vā bhavet | sambhāvanā-
yāṃ liṅ, sādhyatvena sambhāvyata ityarthāḥ | § 9886

3.4.21 Aṣṭāṅgahrdayasaṃhitā

jvaramūrsāyutaḥ śītaiḥ śāmyetpratamakastu
saḥ | | 11 | | § 9887

3.4.22 Sarvāṅgasundarā

sa eva-tamakākhyo jvaramūrcchāyuto yadā bhavati, śīta-
iścoṣadhāhāravihāraiḥ sām̐yet-samam̐ yāti na tamakavat
varddhate, tadā sa ca pratamaka ucyate | ayam̐ ca tama-
kasyaiva bheda iti ṣaṭtvam̐ śvāsānām̐ nāśaṅkyam | § 9888

3.4.23 Aṣṭāṅgahr̥dayasaṃhitā

ā0 ra0-tamakaviśeṣapratamakalakṣaṇamāha-
jvaramūrcchayuta
iti | § 9889

3.4.24 Aṣṭāṅgahr̥dayasaṃhitā

chinnācchvasiti vicchinnaṃ
marmacchedarujārditaḥ | | 11 | |
sasvedamūrcchaḥ sānāho
bastidāhanirodhavān | | 12 | |
adhodṛgviplutākṣaśca muhyan
raktaikalocanaḥ | | 12 | |
śuṣkāsyah̐ pralapan dīno naṣṭacchāyo
vicetanaḥ | | 13 | | § 9893

3.4.25 Sarvāṅgasundarā

chinnākhyācchvāsāt vicchinnaṃ kṛtvā naraḥ śvasiti-na ni-
rantaram | marmacchedatulyayā rujayā+arditaḥ | tathā,
saha svedamūrcchābhyām̐ vartate sasvedamūrcchaḥ | ta-
thā, ādhmānvān | dāhaśca nirodhaśca dāhanirodhau, ba-
5 stau dāhaniradhau bastidāhanirodhau, tau vidyete yasya
sa evam | adhaḥ-adhastāt, dṛk-dṛṣṭiḥ, yasya sa evam | ta-
thā, viplute-ekatrānavasthite, akṣiṇī yasya sa evam | tathā,
muhyan-mohaṃ gacchan | tathā, raktamekaṃ locanaṃ ya-
sya sa evam | tathā, śuṣkāsyah̐ san dīnaṃ pralapan | tathā,
10 naṣṭakāntirvicetāśca | § 9894

3.4.26 Āyurvedarasāyana

chinnaśvāsalakṣanamāha-chinācchvasitīti | marmacched-
atulyā rujā | nirodho-mūtrāpravṛtṭiḥ | viplutākṣaḥ-sāśrunetraḥ |
§ 9895

3.4.27 Aṣṭāṅgahṛdayasaṃhitā

mahatā mahatā dīno nādena śvasiti krathan | | 13 | |
uddhūyamānaḥ saṃrabdho mattarśabha
ivāniśam | | 14 | |
praṇaṣṭajñānavijñāno
vibhrāntanayanānanaḥ | | 14 | |
vakṣaḥ samākṣipan baddhamūtravarcā
viśīrṇavāk | | 15 | |
śuṣkakaṅṭho muhurmuhyan
karṇaśaṅkhaśirotiruk | | 15 | | § 9900

5

3.4.28 Sarvāṅgasundarā

mahatā śvāsenārtaḥ puruṣo mahatā nādena-śabdena, śvas-
iti yāvatkarṇaśaṅkhaśirotirugiti | krathan-kvaṇan | uddhūyamānaḥ-
utkampyamānaḥ | saṃrabdhaḥ-saṅkṣubhitaḥ | jñānaṃ-
tattvāvabodhaḥ | vijñānaṃ-karmasu kauśalam | § 9901

3.4.29 Āyurvedarasāyana

mahāśvāsalakṣaṇamāha-mahato mahateti | mahataḥ-śvāsāt |
mahatā-nādena | krathan-kūjan | uddūyamānaḥ-āndolyamānaḥ |
saṃrabdhaḥ-kṛtvai(kṣubdhvai)va | vibhrāntaṃ-asthiram |
viśīrṇā-viśakalitā | § 9902

3.4.30 Aṣṭāṅgahṛdayasaṃhitā

dīrghamūrdhvaṃ śvasityūrdhvāna ca
pratyāharatyadhaḥ | | 16 | |

śleṣmāvṛtamukhasrotāḥ
kruddhagandhavahārditaḥ | | 16 | |
ūrdhvadr̥gvīkṣate bhrāntamakṣiṇī paritaḥ
kṣipan | | 17 | |
marmasu cchidyamāneṣu paridevī
niruddhavāk | | 17 | | § 9906

3.4.31 Sarvāṅgasundarā

ūrdhvākhyācchvāsāt dīrghamūrdhvaṃ śvasiti | ūrdhvaṃ
śvāsaṃ muktvā punaradho niśvāsavanna taṃ śvāsaṃ pr-
atyāharati | yathā,-anyeṣu śvāseṣu nara ūrdhvaṃ dīrghaṃ
śvāsaṃ muktvā punaradhaḥ pratyāharati-punarantaḥ pra-
5 veśayituṃ śaknoti, naivamasminnūrdhvaśvāsa ityarthāḥ |
kimbhūto nara+atra syāt ? ityāha-śleṣmetyādi | śleṣm-
aṅā+a+avṛtāni mukhāni yeṣāṃ tānyevam, śleṣmāvṛtamu-
khāni srotāṃsi yasya sa evam | tathā, kruddhagandhavahena-
kupitamarutā, arditāḥ-pīḍitaḥ | tathā, ūrdhva dr̥g-dr̥ṣṭiḥ,
10 yasya sa ūrdhvadr̥k | tathā, akṣiṇī paritaḥ-samantāt,
kṣipan bhrāntaṃ kṛtvā vīkṣate | tathā, marmasu chi-
dyamāneṣviva paridevī-duḥkhārtaḥ, sampadyate | tathā,
niruddhavāk-antaḥpraviṣṭavāgityarthāḥ | § 9907

3.4.32 Āyurvedarasāyana

ūrdhvaśvāsalakṣaṇamāha-dīrghamūrdhvamiti | ūrdhvāt-
ūrdhvaśvāsāt | gandhavaho-vāyuḥ | paridevī-rodanavān |
§ 9908

3.4.33 Aṣṭāṅgahr̥dayasaṃhitā

ete siddhyeyuravyaktā vyaktāḥ prāṇaharā
dhruvam | | 18 | |
iti śvāsanidānam | | 1 | | § 9910

3.4.34 Sarvāṅgasundarā

ete-tamakādayaḥ śvāsāḥ, avyaktāḥ-asphuṭarūpāḥ, sidhdy-
eyuścikitsyamānāḥ | vyaktāḥ-sphuṭalakṣaṇāḥ, punardhruvaṃ-
niścitaṃ, prāṇaharāḥ syuḥ | § 9911

3.4.35 Āyurvedarasāyana

chinnādīnāṃ śvāsānāṃ sādhyatvamasādhyatvaṃ cāha-
ete sidhdyeyuriti | avyaktāḥ-tamakādbhinnatvena anirdh-
āritāḥ | "kāsaśvāsau jvaraccharditrṣṇātīsārasōphinam | " iti
vikṛtau (hr. śā. a. 5/76) | iti śvāsānidānam | § 9912

3.4.36 Aṣṭāṅgahrdayasaṃhitā

atha hidhmānidānam | | 18 | |
śvāsaikahetuprāgrūpasāṅkhyāprakṛtisaṃśrayāḥ | | 18 | |
hidhmāḥ-----
| | 19 | | § 9915

3.4.37 Sarvāṅgasundarā

ekaśabdastulyārthaḥ | śvāsānāṃ tulyā hetvādayo yāsāṃ-
hidhmānāṃ, tāḥ śvāsaikahetuprāgrūpasāṅkhyāprakṛti-
saṃśrayāḥ | śvāsānāṃ hetuḥ-"kāsavṛddhyā bhavecchvā-
saḥ" (ślo. 1) ityādigranthena pratipāditaḥ, sa eva hidhmā-
nāṃ hetuḥ | śvāsānāṃ prāgrūpaṃ-"hr̥tpārśvasūlaṃ" (ślo. 5
4) ityādi, tadeva hidhmānāṃ | tathā, śvāsāḥ pañca, hi-
dhmā api pañca | śvāsānāṃ prakṛtiḥ-āsannaṃ kāraṇam,-
"kaphoparuddhagamaṇaḥ" (ślo. 3) ityādiviśeṣaṇaviśiṣṭaḥ
pavanaḥ, tādr̥śa eva vāto hidhmānāṃ prakṛtiḥ | śvāsānāṃ
saṃśrayaḥ-āśrayaḥ, yamadhiṣṭhāya sambhavanti śvāsāḥ | 10
yathā,-"āmāsayasamudbhavam" (ślo. 4) iti, sa eva hidhmā-
nāṃ | prāyikatvaṃ vā+asya bodhyam | jatrumūlādapyu-
tpateḥ kṣudrāyāḥ | tadevaṃ śvāsānāṃ tulyā hetvādayo hi-
dhmānāṃ | § 9916

3.4.38 Āyurvedarasāyana

atha hidhmāprakaraṇam | tatra hidhmāyāḥ śvāsātulyatvamāha-
śvāsaikahetviti | ekā-tulyā | prakṛtiḥ-samprāptiḥ | saṃśrayaḥ-
sthānam | § 9917

3.4.39 Aṣṭāṅgahr̥dayasaṃhitā

-----bhaktodbhavā kṣudrā yamalā mahatīti ca | | 19 | |
gambhīrā
ca----- | | 19 | | § 9919

3.4.40 Sarvāṅgasundarā

bhaktodbhavādyāḥ pañca hidhmāḥ | itiśabdo vyavacch-
ede, caḥ samuccaye | evaṃ gambhīrā cetyatrāpi | § 9920

3.4.41 Āyurvedarasāyana

pañcānāṃ hidhmānāṃ nāmānyāha-bhaktodbhaveti | § 9921

3.4.42 Aṣṭāṅgahr̥dayasaṃhitā

-----maruttatra tvarayā+ayuktisevitaiḥ | | 19 | |
rūkṣatīkṣṇakharāsātmyairannapānaiḥ
prapīḍitaiḥ | | 20 | |
karoti hidhmāmarujāṃ mandaśabdāṃ
kṣavānugāṃ | | 20 | |
śamaṃ sātmyānnapānena yā prayāti ca
sā+annajā | | 21 | | § 9925

3.4.43 Āyurvedarasāyana

bhaktodbhavālakṣaṇamāha-maruttatrete | tvarayā-vegena
sevitaiḥ | [ayuktisevitaiḥ-] ayuktiryathā bhavatyevaṃ sev-
itaiḥ, anena sahedāṃ sevyamasmādanantaramidaṃ sevy-
amityādikā yuktiḥ | rūkṣādibhiśca sevitaiḥ-yuktyā+api tv-
arāṃ vinā+api | kṣavānugāṃ-kṣutayuktām | § 9926

3.4.44 Sarvāṅgasundarā

tatra-tāsu hidhmāsu madhye, annajam hidhmāmeva-
mprakārām marut karoti | kimbhūto marut ? annapā-
naiḥ prapīḍito-bādhitah | kimbhūtaiḥ ? rūkṣatīkṣṇakh-
arāsātmyaiḥ, sāmartyādabhyavahṛtaiḥ | tathā, tvarayā-
kramamanapekṣya, ayuktyā-yathecchayā, vā sevitaiḥ | ki- 5
mbhūtām hidhmām ? arujām-pīḍayā rahitām | tathā,
mandasābdām-mandavegām | tathā, kṣavena-kṣutyā, anugatām-
anubaddhām | na kevalamevaṃlakṣaṇopetā yā sā+annajā,
yā ca sātmyenānnapānena śamaṃ yāti sā+apyannajaiva |
atra cānnapānairiti hetunirdeśah | arujam mandasābdām 10
kṣavānugāmiti lakṣaṇanirdeśah | śamaṃ sātmyānnapāne-
netyupaśayanirdeśah | § 9927

3.4.45 Aṣṭāṅgahrdayasaṃhitā

āyāsātpavanaḥ kṣudraḥ kṣudrām hidhmām
pravartayet | | 21 | |
jatrumūlapravisṛtāmalpavegām mṛdum ca
sā | | 22 | |
vṛddhimāyāsyato yāti bhuktamātre ca
mārdavam | | 22 | | § 9930

3.4.46 Sarvāṅgasundarā

āyāsāt-vyāyāmāt, pavanaḥ svalpāt prakopāt kṣudraḥ-
alpaḥ, kṣudram hidhmām pravartayet-vidadhyāt | kimbh-
ūtām ? jatrumūlāt prakarṣeṇa visṛtām-jātām | ata eva
kṣudratvādalpavegām, tathā mṛdum-nātirujākarīm | sā
cāyāsyataḥ-āyāsam kurvato, vṛddhiṃ yāti | bhuktamātre 5
ca-sadyo bhukte, mārdavam-mṛdutraṃ, yāti | § 9931

3.4.47 Āyurvedarasāyana

kṣudrālakṣanamāha-āyāsāditi | jatrumūlam-kaṇṭhorasoḥ
sandhiḥ | § 9932

3.4.48 Aṣṭāṅgahr̥dayasaṃhitā

cireṇa yamalairvegairāhāre yā pravartate | | 23 | |
pariṇāmonmukhe vṛddhiṃ pariṇāme ca
gacchati | | 23 | |
kampayantī
śirogrīvamādhmātasyātīṣyataḥ | | 24 | |
pralāpacchardiyatīśāranetraviplutijṛmbhiṇaḥ | | 24 | |
5 yamalā veginī hidhmā pariṇāmavatī ca
sā | | 25 | | § 9937

3.4.49 Āyurvedarasāyana

yamalākṣaṇamāha-cireṇeti | yamalairvegaiḥ-dvau vegau
nirantarau kṛtva punaścireṇa dvau punaścireṇa dvāviti,
pravartate | pacyamāne āhāre varddhate | yamalādīni tr-
īṇi nāmāni | § 9938

3.4.50 Sarvāṅgasundarā

cireṇa kālena, āhāre pariṇāmonmukhe-pratyāsannapariṇāme,
tathā pariṇāme cāhārasya, yā vṛddhiṃ gacchati, yamalai-
śca vegaiḥ-na kevalaiḥ, yā pravartate sā yamalavegapravartanāt-
yamalākhyā hidhmā | kiṃ kurvati sā pravartate ? śiraśca
5 grīvāṃ ca kampayantī | kimbhūtasya narasya ? ādhmāt-
asya tathā+atīṣyataḥ-trḍārtasya, tathā pralāpādīmataḥ |
saiva ca yamalā veginī, saiva pariṇāmavatī, ityevaṃ saṃjñ-
ātrayamasyā bodhyam | § 9939

3.4.51 Sarvāṅgasundarā

stabdhaṃ bhrūyugmaṃ śaṅkhayugmaṃ ca yasya tasya
tathāvidhasya puruṣasya mahāhidhmā pravartate | tathā,
sāsre viplute-cale, cakṣuṣī yasya tasya, tathedamidaṃ ku-
rvāṇā pravartate | tanuṃ-dehaṃ, stambhayantī-nīścalaṃ
5 kurvati, tathā vācaṃ stambhayantī-mūkatvaṃ ca kurvāṇā,
smṛtiṃ saṃjñā ca muṣṇatī-smṛtisaṃjñāyorapaharaṇaṃ vi-
dadhati, tathā+annasya-caturvidhasyāpi, mārgaṃ rundh-

atī, tathā marmaṇām-hṛdayādīnām, ghaṭṭanaṃ-cālanam,
kurvatī, tathā pṛṣṭhato namanam tathā śoṣam śarīrasya
kurvatī, mahāhidhmā pravartata iti yojyam | tathā, ma-
hat mūlaṃ-utpattau kāraṇam, yasyāḥ sā mahāmūlā | ta- 5
thā, mahāśabdā mahāvegā mahābalā ceyam bhavati | eta-
iśca viśeṣaṇairasyāḥ śighraprāṇahāritvam dyotyate | § 9940

3.4.52 Aṣṭāṅgahṛdayasaṃhitā

stabdhabhrūśaṅkhayugmasya
sāsraviplutacakṣuṣaḥ | | 25 | |
stambhayantī tanuṃ vācam smṛtiṃ saṃjñāṃ ca
muṣṇatī | | 26 | |
rundhatī mārgamannasya kurvatī
marmaghaṭṭanam | | 26 | |
pṛṣṭhato namanam śoṣam mahāhidhmā
pravartate | | 27 | |
mahāmūlā mahāśabdā mahāvegā 5
mahābalā | | 27 | | § 9945

3.4.53 Āyurvedarasāyana

mahaṭilakṣaṇamāha-dhvastabhrūśaṅkhayugmasyeti | § 9946

3.4.54 Aṣṭāṅgahṛdayasaṃhitā

pakvāśayādvā nābhervā pūrvavadyā pravartate | | 28 | |
tadrūpā sā muhuḥ
kuryāj्jṛmbhāmaṅgaprasāraṇam | | 28 | |
gambhīreṇānunādena
gambhīrā----- | | 29 | | § 9949

3.4.55 Sarvāṅgasundarā

pakvāśayāt-nābheradhastāt, athavā nābheḥ-nābhidesāt, yā
pravartate, sā pūrvavaditi mahāhidhmāvat | yathā,-mahāhidhmā

"stabdhabhr̥śaṅkhayugmasya" (ślo. 25) ityādiviśeṣaṇa-
visiṣṭā pravartate tathaiveyaṃ tathābhūtasya puruṣasya-
etyarthaḥ | tathā, tadrūpā-tasyā mahāhidhmāyāḥ sadṛ-
śaṃ rūpaṃ-lakṣaṇaṃ, yasyāḥ sā tadrūpā | mahāhidhm-
5 āto+asyā idamadhikaṃ lakṣaṇaṃ,-muhurmuhurjṛmbhāṃ
tathā muhurmuhuraṅgaprasāraṇaṃ kuryāt | gambhīreṇ-
ānunādeneti | anunādaḥ-anuraṇanam, ghaṇṭādīnāmiva |
gambhīreṇānunādena hetunā gambhīrākhyeyam | § 9950

3.4.56 Aṣṭāṅgahr̥dayasaṃhitā

-----tāsu sādhayet | | 29 | |
ādye dve, varjayedantye sarvaliṅgāṃ ca
veginīm | | 29 | |
sarvāśca sañcitāmasya sthavirasya
vyavāyinaḥ | | 30 | |
vyādhibhiḥ kṣīṇadehasya bhaktacchedakṣatasya
vā | | 30 | |
5 iti hidhmānidānam | | 2 | | § 9955

3.4.57 Sarvāṅgasundarā

tāsu-pañcasu hidhmāsu madhye, ādye dve ye hidhme-
bhaktodbhavākṣudrākhye, te sādhayet-cikitset, sādhya-
tvāt | antye ye dve-mahāhidhmāgambhīrākhye, te varjayet-
nopakramet, asādhyatvāt | ādau bhava ādye, evama-
5 ntye, "digāditvāt (dibhyo yat" iti) yat | tathā veginīm
ca-yamalākhyāṃ, sarvaliṅgāṃ yathoktalakṣaṇāṃ varja-
yet | na kevalametā eva varjayet, yāvatsarvā api hi-
dhmā evaṃbhūtasya puruṣasya jātā varjayet | kimbh-
ūtasya ? [sañcitāmasya-] cirakālasambhṛtāmasya, tathā
10 sthavirasya-vṛddhasya, tathā vyavāyinaḥ-strīgamanaśīlasya.
[tathā vyādhibhiḥ kṣīṇadehasya,] tathā bhaktasya chedo
bhaktacchedo,-bhojananivṛttiḥ, tena kṣataḥ-kṣīṇo durbalo,
bhaktacchedakṣataḥ, tasya ca varjayet | § 9956

3.4.58 Aṣṭāṅgahr̥dayasaṃhitā

sarve+api rogā nāsāya na tvevaṃ śīghrakāriṇaḥ | | 31 | |
hidhmāśvāsau yathā tau hi mṛtyukāle
kṛtālayau | | 31 | | § 9958

iti śrīvaidyapatīṣṭhaguptasūnuśrīmadvāgbhaṭavira-
citāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ tṛtīye nidānasthāne śv-
āsahidhmānidānaṃ nāma caturtho+adhyāyaḥ | | 4 | | § 9959 5

3.4.59 Āyurvedarasāyana

..... [iti hemādritīkāyāmāyurvedarasāyane | śvāsahidhm-
ānidānaṃ ca sāmastyena nirūpitam | | 4 | |] § 9960

3.4.60 Sarvāṅgasundarā

sarve rogā nāsāya-abhāvāya, syuḥ | na kevalaṃ hidhmāśv-
āsāvityupadarśanārtho+apīśabdaḥ | na punarevaṃ śīghr-
avināśakāriṇaḥ sarve, yathā hidhmāśvāsau śīghravināśa-
kāriṇau | yasmāttau mṛtyukāle-maraṇāvasare, kṛtālayau-
vihitavasatī, tasmin kāle tayoravaśyaṃbhāvitvāt | śīghr- 5
amāraṇasvabhāvatvādanayostu cikitsāyāṃ satvaram ya-
titavyamiti | iti śrīmṛgāṅkadattaputraśrīmadaruṇadatta-
viracitāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarvāṅgasundarākhyā-
yāṃ tṛtīye nidānasthāne śvāsahidhmānidānaṃ nāma cat-
urtho+adhyāyaḥ samāptaḥ | | 4 | | § 9961 10

3.5 rājayaḥkṣmādinidānādhyāyaḥ : 5

3.5.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto rājayaḥkṣmādinidānaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 9963

3.5.2 Sarvāṅgasundarā

pūrvavadatra vyākhyā | ādiśabdena svarabhedādīnāṃ gr-
ahaṇam | § 9964

3.5.3 Aṣṭāṅgahr̥dayasaṃhitā

atha rājayaḥkṣmanidānam | | 1 | |
anekarogānugato bahurogapurogamaḥ | | 1 | |
rājayaḥkṣmā kṣayaḥ śoṣo rogarāḍiti ca
smṛtaḥ | | 1 | | § 9967

3.5.4 Sarvāṅgasundarā

anekaiḥjvarātīsārādibhiḥ, parivṛtaḥ | tathā, bahūnāṃ rogāṇāṃ-
gulgmatīsārādīnāṃ, purogamaḥ-pradhānaśca | yathā hi
rājā prāk paścāt rathebhāśvajanairanugamyate, tathā+ayaṃ
rogo rogaiḥ | rājayaḥkṣmetyādayaścatasraḥ saṃjñāḥ | § 9968

3.5.5 Āyurvedarasāyana

atha rājayaḥkṣmaprakaraṇam | tasya nāmacatuṣṭayamāha-
anekarogānugata iti | § 9969

3.5.6 Āyurvedarasāyana

nāmanirvacanamāha-nakṣatrāṇāmīti | rājñāḥ-candrasya, yakṣmā-
rogo, rājayaḥkṣmā | athavā, rogāṇāṃ rājā yakṣmā ceti rā-
jayaḥkṣmā | dehamauśadham ca kṣiṇotīti kṣayaḥ | athavā,
śukrādikṣayāt sambhavatīti kṣayaḥ, kāryakāraṇayorabh-
5 edopacārāt | rasādayo dhātavaḥ śuśyantyaneneti śoṣaḥ |
[rāja]vadrogeṣu rājata iti rogarāt | § 9970

3.5.7 Aṣṭāṅgahr̥dayasaṃhitā

nakṣatrāṇāṃ dvijānāṃ ca rājño+abhūdyadayaṃ
purā | | 2 | |

yacca rājā ca yakṣmā ca rājayakṣmā tato
mataḥ | | 2 | |
dehausadhakṣayakṛteḥ kṣayastatsambhavācca
saḥ | | 3 | |
rasādiśoṣaṇācchoṣo rogarāṭ teṣu
rājanāt | | 3 | | § 9974

3.5.8 Sarvāṅgasundarā

nakṣatrāṇām-aścinyādīnām, tathā dvijānām-brāhmaṇānām
ca, yo rājā-candraḥ, tasya purā-pūrvam, abhavat | pūrvak-
alpe hi rohiṇyāmatisaktasya candrasya śvaśuraṃ dakṣam-
anṛtavādena vañcayato+apamānitaduhitrsnehavaśādudbhūtakrodhāt
prajāpaterdakṣataḥ rājayakṣmā+abhavaditi śrūyate | ta- 5
smādrājīṇo yakṣmā rājayakṣmetyucyate ṣaṣṭhīsamāsavy-
utpattyā | yacca-yasmācca, rājā ca yakṣmā ca-rājāca ro-
gāṇām madhye anekarogānīkaparivṛtatvena yakṣmā ca,
tato rājā cāsau yakṣmā ca rājayakṣmā+abhimato munīnā-
miti śeṣaḥ | tathā dehaścauśadham ca, tayoh kṣayaḥ, tasya 10
kṛtiḥ-kāraṇam, tato dehausadhakṣayakṛteḥ kṣaya ityucy-
ate | anena cāsya vyādhirbahukālasthāyitvam dyotayati |
kilāyam vyādhirbahutaram kālamavatiṣṭhate na ca śāntiṃ
gacchati | yāvaddehaḥ kṣīyate, auśadhānyapi kṣīyante, na
punarayam vyādhiḥ, iti dehausadhakṣayakṛteḥ kṣaya ityu- 15
cyate | tatsambhāvācca saḥ | tadityanena dehausadhakṣa-
yaḥ pratyavamṛśyate | sa sambhavo-janma, yasyāsau tats-
ambhavaḥ, tasmādapi kṣaya ityucyate | evamanyo+api yo
vyādhirdehausadhakṣayakārī, so+api kṣayākhyasya vyā-
dheḥ sambhavaḥ-kāraṇam, tasmājjāyata ityārthaḥ | rasād- 20
īnām śoṣaṇāt śoṣa iti bhāṇyate | rogetyādi | bahuṣu rogeṣu
madhye rogatvenaiṣa eva bhrājate, tasmādrogarāḍityucy-
ate | § 9975

3.5.9 Āyurvedarasāyana

hetucatuṣṭayamāha-sāhasamiti | ojaḥ-śukramalaḥ | sneho-
majjamalaḥ | § 9976

3.5.10 Aṣṭāṅgahr̥dayasaṃhitā

sāhasaṃ vegasaṃrodhaḥ
śukraujaḥsnehasaṅkṣayaḥ | | 4 | |
annapānavidhityāgaścatvārastasya
hetavaḥ | | 4 | | § 9978

3.5.11 Sarvāṅgasundarā

sāhasaṃ-kāyena vācā vā+ayathābalaṃmārambhaḥ | vegasaṃrodho-
vātaviṇmūtrādīnāmumukhībhūtānāṃ dhāraṇam | śukraṃ
ca ojaśca snehaśca teṣāṃ saṅkṣayo-vināśaḥ | atra snehaśa-
bdena dehasneho grāhyaḥ, dehaśabdaloṇaṃ kṛtvā+ayaṃ
5 nirdiṣṭaḥ | tathā ca muniḥ (ca. ci. a. 8 | 2)- "dehasnehapar-
ikṣayāt" iti | tathā, annapānayoryathāśāstraṃ yo vidhista-
sya tyāgo-anyathāsevanamanyathā+abhyavahāraḥ | tasya-
rājayaḥkṣmaṇaḥ, catvāraḥ sāhasādayo hetavaḥ | pāṭhādeva
catuḥsaṅkhyātve labdhe caturgrahaṇaṃ niyamārtham |
10 yadyapi sāhasādaya ete pratyekamanekaprakāratayā bh-
innāḥ, tathā+api sāhasādicatuṣṭayaṃ nātikrāmantītya-
rthaḥ | tathā+asmin rājayaḥkṣmākhye sāhasaje vegasaṃr-
odhaje śukraujaḥsnehasaṅkṣayaje+annapānavidhityāgaje
vā caturvidhe viśeṣeṇa pavano hetuḥ | § 9979

3.5.12 Aṣṭāṅgahr̥dayasaṃhitā

tairudīrṇo+anilaḥ pittaṃ kaphaṃ codīrya sarvataḥ | | 5 | |
śarīrasandhīnāviśya tān sirāśca
prapīḍayan | | 5 | |
mukhāni srotasāṃ ruddhvā tathaivātivivṛtya
vā | | 6 | |
sarpannūrdhvamadhastiryagyathāsvaṃ
janayedgadān | | 6 | | § 9983

3.5.13 Sarvāṅgasundarā

taiḥ-sāhasādibhiḥ, udīrṇo+anila idamidam kurvan yathā-
svaṃ gadān janayet | udīrṇaḥ-ulbaṇaḥ pittaśleṣmabhyām-

adhikaḥ | ata eva pittamudīrya-svasthanāccyāvayitvā, tathā kaphaṃ sarvataḥ-sarvasmāt udīrya, tathā śarīrasandhīn-
 daśādhikaśatadvayasaṅkhyātān ātreyamatenā tu dvisahasra-
 srasaṅkhyātān, āviśya-teṣāmantāḥ-praveśaṃ kṛtvā, tāscāṃ- 5
 sandhīn, prapīḍayan-prakarṣeṇa mardayanniva, tathā sirā
 api sakalaśarīragāḥ prapīḍayan, tathā+anyeṣāṃ srotasāṃ
 mukhāni-dvārāṇi ruddhvā, tathaiva tāni vā ativivṛtya-
 prasārya srotomukhāni | sarpannityādi | ūrdhvaṃ sarpan
 vāyuḥ pīnasādīn vyādhīn janayet, adhaḥ sarpan viḍbhra-
 ṃśaṃ viṭśoṣaṃ vā kuryāt, tiryak sarpan pārśvarujaṃ vā 10
 kuryāt, iti yathāsvaṃśabdasyārthaḥ | § 9984

3.5.14 Āyurvedarasāyana

samprāptimāha-tairiti | taiḥ-hetubhiḥ | sarvata āviśya-
 sūkṣmeṣvavayaveṣu praviśya | tān-sandhīn | prapīḍayan-
 saṅkocayan | srotasāṃ-prāṇādivāhināṃ trayodaśānāṃ, mukhāni-
 dvārāṇi, rudhvā+ativivṛtya vā | tathaiva-yenaiva pra-
 kāreṇātisaṃvṛtatvaṃ tenaivativivṛtatvam | prakāraścha 5
 kaphapittābhyāṃ saha sañcāraḥ | tou hi kadācidvātaṃ ru-
 ndhāte, kadācittena niḥsāryete | yathāsvaṃ-ūrdhvaṃ sa-
 pta pīnasādīn, adho dvou viḍrodhātisārou, tiryak trīn cha-
 rdipārśvaśūlajvarān | yadyapi chardiḥ koṣṭhage, sandhige
 jvaraḥ, tathā+api tiryaggaṭiviśeṣatvādavirodhaḥ | § 9985 10

3.5.15 Aṣṭāṅgahrdayasaṃhitā

rūpaṃ bhaviṣyatastasya pratiśyāyo bhṛśaṃ kṣavaḥ | | 7 | |
 praseko mukhamādhuryaṃ sadanaṃ
 vahnidehayoḥ | | 7 | |
 sthālyamatrānnapānādau
 śucāvapyāśucikṣaṇam | | 8 | |
 makṣikātrṇakeśādipātaḥ
 prāyo+annapānayoḥ | | 8 | |
 hṛllāsaśchardiraruciraśnato+api
 balakṣayaḥ | | 9 | | 5

pāṇyoravekṣā
pādāsyaśopho+akṣṇoratiśuklatā | | 9 | |
bāhvoḥ pramāṇajijñāsā kāye
baibhatsyadarśanam | | 10 | |
strīmadyamāṃsapriyatā ghr̥ṇitvaṃ
mūrddhaguṇṭhanam | | 10 | |
nakhakeśātivṛddhiśca, svapne cābhibhavo
bhavet | | 11 | |
5 pataṅgākṛkalāsāhikapiśvāpadapakṣibhiḥ | | 11 | |
keśasthituṣabhasmādirāśau
samadhirohaṇam | | 12 | |
śūnyānāṃ grāmadesānāṃ darśanam
śuṣyato+ambhasaḥ | | 12 | |
jyotirgirīṇāṃ patatāṃ jvalatāṃ ca
mahīruhām | | 13 | | § 9998

3.5.16 Sarvāṅgasundarā

tasya-rājayakṣmaṇaḥ, bhaviṣyataḥ utpitsoḥ, rūpaṃ-agrarūpaṃ,
pratiśyāyādi | vahneḥ sadanam-pākāsāmarthyam | deha-
sya sādo-nirbalatā | sthālyamatrāṇnapānādīnāṃ śuddhā-
nāmapyaśucidarśanamiti tadānīm puruṣasya mithyājñā-
5 nam jāyata ityarthāḥ | pāṇyoravekṣā-bhūyasā svapāṇī pa-
śyati | bāhvoḥ pramāṇajijñāsā-kiyatpramāṇau me bāhū iti
jñātumicchati | kāye-śarīre śobhane+api, baibhatsyadarś-
anamiti mithyājñānam tadānīm rogasvabhāvādasyotpa-
dyate | mūrddhraḥ-mastakasya, guṇṭhanam-vastrādīnā sa-
10 ṅchādanam | svapne ca tasya yakṣmiṇaḥ pataṅgādibhir-
abhibhavo bhavet-pataṅgādyaiḥ parābhūyate | pataṅgaḥ-
kīṭabhedaḥ | tathā, keśādirāśiṣvadrohaṇam tathā śūnya-
grāmadesādīnāṃ darśanam svapne bhavet | § 9999

3.5.17 Sarvāṅgasundarā

pūrvarūpamāha-rūpaṃ bhaviṣyata iti | bhṛśam kṣavaḥ-
nāsārogeṣu | sadanam-svakāryākṣamatvam | sthālī-yatrāṇnam
pacyate | amatram-yatrāṇnam bhujyate | pāṇyoravekṣā-
kīdr̥sou me pāṇī iti jijñāsā | baibhatsyadarśanam-sundareṣvasundaratvabuddhiḥ

ghṛṇitvaṃ-sakṛpatvam | pataṅgābhibhavādayo jvaradr-
kṣadarśanāntāḥ [svapne bhavanti] | § 10000

3.5.18 Aṣṭāṅgahr̥dayasaṃhitā

pīnasaśvāsakāsāṃ samūrdhdhasvararujō+aruciḥ | | 13 | |
ūrdhvaṃ, viḍbhraṃśasaṃśośāvadhāḥ,
cchardīśca koṣṭhage | | 14 | |
tiryaksthe pārśvarudgoṣe, sandhige bhavati
jvaraḥ | | 14 | |
rūpāṅyekādaśaitāni jāyante
rājayaḥkṣmiṇaḥ | | 15 | | § 10004

3.5.19 Sarvāṅgasundarā

aṃsau ca mūrdhā ca svaraśca teṣāṃ rujoṃ+asamūrdhdhasvararujāḥ |
pīnasaśca śvāsaścāmsamūrdhdhasvararujāśca tāḥ, tathā ar-
uciḥ, ityūrdhvaṃ-ūrdhvasthite doṣe, bhavati | arucere-
ṣaḥ pṛthagupanyāsaḥ prādhānyakhyāpanārthaḥ | yathā,-
asmin vyādhāvatibhayāvaho+arucyākhyā upadravo na ta- 5
thā pīnasādaya iti | adhaḥsthite doṣe viśaḥ-purīṣasya, bhr-
aṃśasaṃśośau viḍbhraṃśasaṃśośau bhavataḥ | "viḍbhraṃśo-
bhinnavarcastvam, viṣośo-baddhaviṭkatā | " etayośca par-
asparaṃ viruddhatvāṅna tulyakālaṃ sambhavaḥ | tasmā-
tkadācidviḍbhraṃśaḥ kadācidviṣośo bhavati | chardistu 10
koṣṭhasthite doṣe syāt | tiryaksthe doṣe pārśvaruk bha-
vati | sandhige jvaro bhavati | etāni pīnasādīnyekādaśa
rūpāṅi śośiṇa utpadyante | munistvevamavocat (ca. ci.
a. 8 | 23)- "pratiśyāyaṃ jvaraṃ kāsamaṅgamardaṃ śiror-
ujam | śvāsaṃ viḍbhedamaruciṃ pārśvaśūlaṃ svarakṣa- 15
yam | | kurute cāṃsasantāpamekādaśaṃ" ityādi | § 10005

3.5.20 Āyurvedarasāyana

rūpamāha-pīnaseti | skandharūk mūrdhdharuk svararuk
ceti trīṇi | viḍbhraṃśasaṃśośayorvaikalpikatvādekādaśa-
tvam | vaṅgasene tu (rājayaḥkṣmādhikāre ślo.9) "bhaktadv-

eṣo jvaraḥ śvāsaḥ kāsaḥ śoṇitadarśanam | svarabhedaścha
jāyante ṣaḍrūpe rājayaḥkṣmaṇi | |' iti | § 10006

3.5.21 Aṣṭāṅgahr̥dayasaṃhitā

teṣāmupadravān

vidyātkaṅṭhoddhvaṃsamurorujam | | 15 | |
jṛmbhāṅgamardaniṣṭhīvavahnisādāsyapūtitaḥ | | 16 | | § 10008

3.5.22 Sarvāṅgasundarā

teṣām-ekādaśasaṅkhyānām pīnasādīnām pūrvotpannānām,
kaṅṭhoddhvaṃsādīn paścādutthitān saptopadravān jānī-
yāt | "vyādherupari yo vyādhirbhavatyuttarakālaḥ | up-
akramavighātī ca sa hyupadrava ucyate | |" ityupadraval-
akṣaṇam | § 10009

3.5.23 Āyurvedarasāyana

upadravānāha-teṣāmiti | uddvaṃso-vaikalyam | teṣāmiti
rūpapradhānyārtham, na svatantra pīnasādāvamī upadr-
avāḥ | § 10010

3.5.24 Aṣṭāṅgahr̥dayasaṃhitā

tatra vātācchiraḥpārśvasūlamamaṃsāṅgamardanam | | 16 | |
kaṅṭhoddhvaṃsaḥ
svarabhraṃśaḥ----- | | 17 | | § 10012

3.5.25 Sarvāṅgasundarā

tatra-tasmin rājayaḥkṣmākhye vyādhau, vātādadhikāt śira-
ḥsūlādayaḥ syuḥ | § 10013

3.5.26 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-vātajasya rūpamāha-tatra vātāditi | aṃsasya
pṛthagvacanamatisāyārtham | § 10014

3.5.27 Āyurvedarasāyana

pittajasya rūpamāha-pittāditi | § 10015

3.5.28 Aṣṭāṅgahr̥dayasaṃhitā

-----pittātpādāṃsapāṇiṣu | | 17 | |
dāho+atisārosṛk+a+achardirmukhagandho
jvaro madaḥ | | 17 | | § 10017

3.5.29 Sarvāṅgasundarā

pittādadhikāt pādādiṣu dāhaḥ syāt | tathā, atīsārādayaśca
syuḥ | § 10018

3.5.30 Aṣṭāṅgahr̥dayasaṃhitā

kaphādarocakaśchardiḥ kāso
mūrddhāṅgagauravam | | 18 | |
prasekaḥ pīnasaḥ śvāsaḥ
svarasādo+alpavahnitā | | 18 | | § 10020

3.5.31 Sarvāṅgasundarā

kaphādadhikādarocakādayo daśa syuḥ | § 10021

3.5.32 Sarvāṅgasundarā

kaphajasya rūpamāha-kaphāditi | § 10022

3.5.33 Aṣṭāṅgahr̥dayasaṃhitā

doṣairmandānalatvena sopalepaiḥ kapholbaṇaiḥ | | 19 | |
srotomukheṣu ruddheṣu dhātūṣmasvalpakeṣu
ca | | 19 | |
vidahyamānaḥ svasthāne
rasastāmstānupadravān | | 20 | |
kuryādagacchanmāmsādīnaṣṭk cordhvaṃ
pradhāvati | | 20 | |
5 pacyate koṣṭha evānnamannapaktraiva cāsya
yat | | 21 | |
prāyo+asmānmalatām yātaṃ naivālaṃ
dhātupuṣṭaye | | 21 | |
raso+apyasya na raktāya māmsāya kuta eva
tu | | 22 | |
upastabdhaḥ sa śakṛtā kevalaṃ vartate
kṣayī | | 22 | | § 10030

3.5.34 Āyurvedarasāyana

trayāṇām sāmānyaṃ rūpamāha-doṣairiti | upalepo-malāvaguṇṭhanam |
vidahyamānaḥ-pavanapakvaḥ, dhātūṣmaṇāmalpatvāt | sv-
asthāna eva-na raktādīsthāneṣu, srotomukharodhāt | tāmstān-
rasavṛddhyuktān sāmadoṣoktaṃścha | koṣṭha eva-nasrotontareṣu |
5 annapaktraiva-na bhūtadhāttvagnibhiḥ | § 10031

3.5.35 Sarvāṅgasundarā

doṣaiḥ-vātapittakaphaiḥ, kapholbaṇatvāt srotodvāreṣu ruddheṣu-
pihiteṣu satsu, rasaḥ svasthāna eva vidahyamāno-na samy-
agraktatām prāpnuvan, tāmstān-anekān kaṇṭhoddhvaṃs-
ādīn, upadravān kuryāt | kimbhūtairdoṣaiḥ ? kapholbaṇaiḥ-
5 śleṣmādhikaiḥ | ata eva kaphādhikatvāt sahopalepena śl-
eṣmalepena saha vartante sopalepāḥ, taistathāvidhairdo-
ṣaistadānīm mandānalatvaṃ kriyate | tenaiva ca mand-
ānalatvena hetunā dhātūṣmasu-rasādyagniṣu, alpakeṣu-
atiśayenālpeṣu | evamanekakāraṇasadbhāvādrasaḥ sva-

sthāna eva vidahyamānaḥ-pittakāriṇīm madhyamāṃ pāk-
āvasthāmanubhavan samyak pākamagacchan, yathocitān
vikārāṃstāmstān kurvan, māṃsādīn-māṃsaprabhṛtikān
dhātūn, agacchan-aprāpnuvan, vidahyamānatayā raktatā- 5
māpannaḥ, tadasṛk cordhvaṃ pradhāvati-ūrdhvaṃ pras-
arpati, kevalaṃ niṣṭhīvanasahitaṃ vā | tasmāt kṣayaṇo na
tanmāṃsādīdhātupuṣṭaye | kiñcāsmādapi hetoḥ sa raso na
dhātupuṣṭaye | [yat-] yasmāt, [annaṃ] pacyate-annaṃ sār-
akiṭṭatvaṃ nīyate, annapaktraiva-jāṭharāgninā, koṣṭha eva-
āmapakvāśayākhye | ubhayatrevakāro+avadhāraṇe | ko- 10
ṣṭha eva-na dhātuṣu, jāṭharāgninaiva-na dhātvagnibhiḥ,
iti | yata evaṃ tato+asmāt-prānnirūpitāddhetukadambakāt,
prāyo malatāṃ-ādhikeyena mūtrapurīṣatāṃ, prāptama-
nnaṃ naiva dhātupuṣṭaye+alaṃ-samarthaṃ | dhātupuṣṭigrahaṇenaitatsū
abhinavamṛtkumbhajalalavasyandananyāyena sūkṣmasr- 15
otonupraveśitayā so+annaraso dhātvāpyāyanamātraṃ ka-
rotyeva, anyathā varṣagaṇānubandhi jīvitaṃ kṣayaṇo na
sambhāvya | tasmāddhātusthitimātraṃ bhavati na tu
dhātupoṣaṇamiti sthitam | rasaḥ-ubhayarūpo+annaraso
dhāturaso vā, asya-kṣayaṇaḥ, nikaṭasya raktadhātorna pu- 20
ṣṭaye, māṃsadhātorviprakṣṭasya tu kuta eva syāt ? evaṃ
na sambhāvya ityapīśabdārthaḥ | nanu, yadyevaṃ tatka-
thamanyebhyo dhātubhyo viśeṣeṇa dhāraṇasvabhāvebhyo
vinā kṣayī jīvet ? ityāśaṅkyāha-upastabdha iti | saḥ-kṣayī,
śakṛtā-purīṣeṇa, kevalamupastabdhaḥ-kṛtāvaṣṭambho, vartate-
prāṇiti, pūrvoktanyāyena kiñcidāhārarasāpyāyitairdhātu-
bhirdhāraṇasvabhāvairdhṛtamātraḥ | nanu, "vidahyamā-
naḥ svasthāne rasastāmstānupadravān | kuryādagaccha-
nmāṃsādīnasṛk cordhvaṃ pradhāvati | | " ityanena rakta-
sya sattā pradipādītā | "raso+apyasya na raktāya" ityanena 30
kṣayaṇo raktasYābhāvaḥ pratyapādi | tadime vākye para-
sparaṃ vyāghnāte | atrocyate | nānayorvākyayoḥ paraspa-
raṃ virodhaḥ | yataḥ " asṛk cordhvaṃ pradhāvati" itya-
nena na taddhāturūpatāṃ prāptamuktam | kintarhi ? ras-
asya vidahyamānatayā svasthānasthitasya raktadhātvāśa- 35
yamagacchato raktodbhūtiruktā | anenaivābhiprāyeṇotta-
ratra vākye "raso+apyasya na raktāya" ityuvāca | anena hi
raso dhāturūpāya raktāya śoṣaṇo na sampadyate iti praty-
apādi | § 10032

3.5.36 Aṣṭāṅgahr̥dayasaṃhitā

liṅgeṣvalpeṣvapi kṣīṇaṃ

vyādhyauṣadhabalākṣamam | |23| |

varjayet-----

| |23| | § 10034

3.5.37 Sarvāṅgasundarā

kṣayiṇaṃ balamāṃsābhyāṃ kṣīṇaṃ liṅgeṣu-pīnasādiṣu,
alpeṣvapi satsu-na sarveṣūtpanneṣu, varjayet-nopakramet |
ki tam ? vyādhyauṣadhabalākṣamam | vyādhyauṣadhayo-
rbalaṃ vyādhyauṣadhabalam, tasyākṣamam | kṣayākhyā-
5 sya vyādhyadbalam tathā+asya śamanopāyasyauṣadha-
sya yadbalaṃ tatrākṣamaṃ-asahaṃ, yatastato varjayediti-
arthaḥ | § 10035

3.5.38 Āyurvedarasāyana

asādhyalakṣaṇamāha-liṅgeṣviti | kṣīṇaṃ-kṣayarogiṇaṃ |
vyādhibalaṃ-dāhādivegam | auṣadhabalaṃ-vamanādivegam |
na kṣamate-na sahate | "yakṣmā pārśvarujānāharaktacha-
rdayaṃ satāpinam | " iti vikṛtau (hr̥. śā. a. 5/77) | § 10036

3.5.39 Āyurvedarasāyana

sādhyalakṣaṇamāha-sādhayedeveti | tato+anyathāvyādhyauṣadhabalaṃ
kṣamate cet | iti rājayakṣmanidānam | § 10037

3.5.40 Aṣṭāṅgahr̥dayasaṃhitā

-----sādhayedeva liṅgeṣu sarveṣvapi

tato+anyathā | |23| |

iti rājayakṣmanidānam | |1| | § 10039

3.5.41 Sarvāṅgasundarā

a(ta)to+anyathā-viparītalakṣaṇaṃ rājayaḥkṣiṇaṃ balam-
āṃsābhyāmakṣiṇamata eva vyādhyauṣadhabalakṣamaṃ,
sarveṣvapi-pīnasādiṣu liṅgeṣvapi satsu, sādhayedeḥ | ki-
mpunardvitrādiṣeṣu sādhayeditiyapiśabdārthaḥ | § 10040

3.5.42 Aṣṭāṅgahrdayasaṃhitā

atha svarabhedanidānam | | 24 | |
doṣairvyastaiḥ samastaiśca kṣayāt ṣaṣṭhaśca
medasā | | 24 | |
svarabhedo bhavet-----
| | 24 | | § 10043

3.5.43 Sarvāṅgasundarā

doṣaiḥ-prthagvātapittakaphaiḥ, samastaiḥ-sannipatitaiḥ, ta-
thā kṣayāt, tathā ṣaṣṭhaḥ svarabhedo medasā, syāt | § 10044

3.5.44 Aṣṭāṅgahrdayasaṃhitā

-----tatra kṣāmo rūkṣaścalaḥ svarah | | 24 | |
śūkaparṇābhakaṅthatvaṃ
snigdhoṣṇopaśayo+anilāt | | 25 | | § 10046

3.5.45 Sarvāṅgasundarā

tatra-teṣu ṣaṣṭsu svarabhedeṣu madhye, vātātsvarabhede
sati kṣāmādimān svarah syāt | tathā, śūkapūrṇasadṛśagal-
atvaṃ snigdhoṣṇopaśayaśca bhavati | § 10047

3.5.46 Aṣṭāṅgahrdayasaṃhitā

pittāttālugale dāhaḥ śoṣa uktāvasūyanam | | 25 | | § 10048

3.5.47 Sarvāṅgasundarā

pittāt svarabhede sati tāluni gale ca dāhaḥ, tathā śo-
ṣaḥ, prakṛtatvāttālugalayoreva | tathā, uktāvasūyanam-
vākyaviṣaye+asahanam, pittasvarabhedī vākyam vaktum-
asamartha ityārthaḥ | § 10049

3.5.48 Aṣṭāṅgahr̥dayasaṃhitā

limpanniva kaphātkaṅṭham mandah
khurakhurāyate | | 26 | |
svaro vibaddhaḥ-----
| | 26 | | § 10051

3.5.49 Sarvāṅgasundarā

kaphātsvarabhede kaṅṭham limpanniva-upalepamiva ga-
lasya kurvan, khurakhurāyate-prakṛtatvāt kaṅṭhasyaiva
khurakhuramityavyaktaṃ śabdaṃ karoti | tathā, sarve-
bhyaḥ svarabhedebhyo+ayaṃ mandah svaro-noccaiḥ śr-
5 ūyate | tathā, vibaddho-vadato madhye skhalanarūpaḥ |
§ 10052

3.5.50 Aṣṭāṅgahr̥dayasaṃhitā

-----sarvaistu sarvaliṅgaḥ----- | | 26 | | § 10053

3.5.51 Sarvāṅgasundarā

sarvaiḥ-tribhirdoṣaiḥ samuditaiḥ, sarvaliṅgaḥ-tridoṣalakṣaṇaḥ,
sarvabhedo bhavati | § 10054

3.5.52 Aṣṭāṅgahr̥dayasaṃhitā

-----kṣayātkāṣet | | 26 | |
dhūmāyatīva
cātyartham----- | | 27 | | § 10056

3.5.53 Sarvāṅgasundarā

kṣayāt svarabhedah kaṣet-himṣyāt, kaṅṭhamarmaghaṭanā-
dityarthah | anuktamapi prakṛtatvāt kaṅṭhamiti labhyate |
tathā, kṣayasvarabhedī dhūmāyatīvātīśayena | atyarthaśa-
bdena pittasvarabhedē+api dhūmāyanam bhavatīti gama-
yati | dhūmāyatīti dhūmaniḥsaraṇamiva nāsikādideśeṣva- 5
nubhavati | § 10057

3.5.54 Aṣṭāṅgahrdayasaṃhitā

-----medasā śleṣmalakṣaṇah | | 27 | |
kṛcchralakṣyākṣaraśca-----
| | 27 | | § 10059

3.5.55 Sarvāṅgasundarā

medasā svarabhedah śleṣmasvarabhedalakṣaṇah | tathā,
kṛcchreṇa-kathañcit, lakṣyāṇi-jñeyāni, akṣarāṇi yatra sa
evam | etadeva kṛcchralakṣyākṣaratvaṃ kaphasvarabhed-
ādadhikam | § 10060

3.5.56 Aṣṭāṅgahrdayasaṃhitā

-----atra sarvairantyam ca varjayet | | 27 | |
iti svarabhedanidānam | | 2 | | § 10062

3.5.57 Sarvāṅgasundarā

sarvairdoṣairyaḥ svarabhedah, tathā+ante paṭhitatvānmedaḥsvarabhedah
antyaḥ, taṃ ca varjayet | caturastvanyān sādhayeditarth-
ādavagamyate | § 10063

3.5.58 Aṣṭāṅgahrdayasaṃhitā

athārocakanidānam | | 28 | |

arocako

bhaveddoṣairjihvāhr̥dayasaṃśrayaiḥ | | 28 | |
sannipātena manasaḥ santāpena ca
pañcamah | | 28 | | § 10066

3.5.59 Sarvāṅgasundarā

jihvā ca hr̥dayaṃ ca jihvāhr̥dayam, tatsaṃśrayaḥ-āśrayo,
yeṣāṃ taistatrasthaiḥ pṛthagvātapittakaphairarocakaḥ syāt |
tathā, sannipātenārthājihvāhr̥dayasaṃśritenārocakaḥ sy-
āditi yojyam | tathā, manasaḥ santāpena-anekavidhena
5 krodhaśokādinopatapta, pañcamo+arocaka āganturbh-
avet | atrāpi yathāsvaṃ doṣāṅgāṃ jihvāhr̥dayasaṃśrita-
tvamavaśyamāśrayaṇīyam | upādānādeva pañcatve la-
bdhe manaḥsantāpajaḥ pañcama eveti niyamārthaṃ pañc-
amagrahaṇam | manyuśokādyanekaprakāramanaḥsantā-
10 patve+apyeka eva manaḥsantāpajo+arocaka ityarthah |
§ 10067

3.5.60 Aṣṭāṅgahr̥dayasaṃhitā

kaṣāyatiktamadhuraṃ vātādiṣu mukhaṃ kramāt | | 29 | |
sarvotthe virasaṃ śokakrodhādiṣu
yathāmalam | | 29 | |
ityarocakanidānam | | 3 | | § 10070

3.5.61 Sarvāṅgasundarā

vātādyudbhaveṣvarocakeṣu mukhaṃ-āśyaṃ, krameṇa ka-
ṣāyatiktamadhuraṃ bhavati | vyādhisvabhāvāt pittāroc-
ake+api tiktavaktratā bhavati, na kaṭukāśyatvam | sarvotthe-
sannipātaje+arocake, virasamāśyaṃ bhavati-niścitarasājñānam |
5 śokakrodhādisamuttheṣvarocakeṣu yathāmalaṃ-yathādoṣaṃ,
mukhaṃ bhavet | tatra śokabhayakāmalobherṣyādisanta-
ptamanaḥsamutthe vātaprakopāt kaṣāyam, krodhasanta-
ptamanaḥsamutthe vātaprakopāt tiktam, grahopatapta-
manaḥsamutthe sannipātaprakopāt virasāśyatvam, iti yath-
10 āmalaśabdasyārthah | § 10071

3.5.62 Āyurvedarasāyana

pañcānāmarocakānāṃ lakṣaṇānyāha-kaṣāyatiktamadhuramiti |
"grahādā sannipātasya bhayādou marutastraye | kopah
kope+api pittasya" (hr. ni. a. 2 | 43) iti śokādau doṣaviśeṣo
jñeyaḥ | ityarocakanidānam | § 10072

3.5.63 Aṣṭāṅgahrdayasaṃhitā

atha chardinidānam | | 30 | |
chardirdoṣaiḥ pṛthaksarvairdviṣṭairarthaiśca
pañcamī | | 30 | | § 10074

3.5.64 Sarvāṅgasundarā

pṛthak-pratyekaṃ, doṣaiḥ-vātapittakaphaiḥ, chardirbha-
vet | sannipatitaistribhirapi chardiḥ syāt | tathā, dviṣṭaiḥ-
anabhipretaiḥ śabdādibhiśca, pañcamī chardirbhavet | pū-
rvavat pañcamītyetanniyamārtham | dviṣṭānāṃ hyarthā-
nāṃ bahutvāt bahvyaśchardayo bhavantītyāśaṅkyate ta- 5
thā śaṅkānivṛttaye dviṣṭārthayogajā ekaiva chardirityu-
ktam | § 10075

3.5.65 Aṣṭāṅgahrdayasaṃhitā

udāno vikṛto doṣān
sarvāsvapyūrdhvamasyati | | 30 | | § 10076

3.5.66 Sarvāṅgasundarā

udānākhyo vāyurvikṛtaḥ sarvānapi doṣān-vātapittakaphān,
ūrdhvamasyati-kṣīpati | apīśabda evārthe, sarvāsveva ch-
ardiṣvityarthaḥ | § 10077

3.5.67 Aṣṭāṅgahrdayasaṃhitā

tāsūtkleśāsyalāvanyaaprasekārucayo+agragāḥ | | 31 | | § 10078

3.5.68 Sarvāṅgasundarā

tāsu-chardiṣu, utkleśādayo+agragāḥ-agre gacchanti prāgr-
ūpatayodbhavanti | utkleśaḥ-svasthāna eva mūrtasya doṣ-
asyodayo budbudavadutthānam | § 10079

3.5.69 Aṣṭāṅgahr̥dayasaṃhitā

nābhipr̥ṣṭhaṃ rujan vāyuḥ pārśve
cāhāramutkṣipet | | 31 | |
tato vicchinnaalpāpaṃ kaṣāyaṃ phenilaṃ
vamet | | 32 | |
śabdodgārayutaṃ kṛṣṇamacchaṃ kṛcchreṇa
vegavat | | 32 | |
kāsyāśoṣaḥṣṇmūrdhasvarapīḍākḷamānviṭaḥ | | 33 | | § 10083

3.5.70 Sarvāṅgasundarā

vāyuḥ kāśādimān idamidaṃ kurvan vamet-chardiṃ kar-
oti | nābhiṃ pr̥ṣṭhaṃ ca rujan-pīḍayan, pārśve ca rujan,
āhāramutkṣipet-ūrdhvaṃ prerayet | tataḥ-tasmādāhārasyordhvagamanādananta
vicchinnaṃ kṛtvā-na nirantaraṃ, alpāpaṃ-alpaṃ kṛ-
5 tvā, kaṣāyaṃ vamet-na madhurādyanyatamam | tathā,
phenilaṃ-phenayuktam | phenilamiti "phenādilacca" it-
īlac | tathā, śabdayutamudgārayutam | tathā, kṛṣṇaṃ-
kṛṣṇavarṇam | tathā, acchaṃ-tanu | tathā, kṛcchreṇa-kathaṃkathañcit
na yathāsukham | tathā, vegavat-vegayutam | § 10084

3.5.71 Aṣṭāṅgahr̥dayasaṃhitā

pittātkṣārodakanibhaṃ dhūmraṃ haritapītakaṃ | | 33 | |
sāsr̥gamaṃ kaṭūṣṇaṃ ca
ṭṭmūrccātāpadāhavat | | 34 | | § 10086

3.5.72 Sarvāṅgasundarā

pittāt kṣārodakasadrśādikaṃ vamet | tathā, tṛṇmūrchātā-
padāhā vidyante yasmimstadevaṃ tṛṣṇādiyuktaṃ yathā
bhavati tathā vamet | § 10087

3.5.73 Aṣṭāṅgahrdayasaṃhitā

kaphāt snigdhaṃ ghaṇaṃ śītaṃ
śleṣmatantugavākṣitam | | 34 | |
madhuraṃ lavaṇaṃ bhūri prasaktaṃ
lomaharṣaṇam | | 35 | |
mukhaśvayathumādhuryatandrāhrllāsakāsavān | | 35 | | § 10090

3.5.74 Sarvāṅgasundarā

kaphātsnigdhādikaṃ vamet | tathā, śleṣmaṇaḥ sambandh-
inā tantujālena gavākṣitam | tathā, mukhaśvayathvādi-
mān | tathā, madhurādikaṃ vamet | § 10091

3.5.75 Aṣṭāṅgahrdayasaṃhitā

sarvaliṅgā malaiḥ sarvai riṣtoktā yā ca tāṃ
tyajet | | 36 | | § 10092

3.5.76 Sarvāṅgasundarā

sarvaliṅgā chardiḥ sarvairmalaiḥ-vātapittakaphaiḥ sanni-
patitaiḥ, bhavet | na kevalaṃ tribhirdoṣaiḥ sarvaliṅgā, yā
ca riṣtoktā-vikṛtivijñānīyādhyāye (hr. śā. a. 5 | 77) - "ch-
ardirvegavati" ityādinā granthenoktā, sā+api sarvaliṅgā-
doṣatrayalakṣaṇopetā, tāṃ tyajet-na cikitsat | na tu riṣtoktā 5
yā chardistāṃ tyajediti vyākhyeyam, tasyā riṣtatvenaivās-
ādhyatvasya pratipāditatvāt | § 10093

3.5.77 Aṣṭāṅgahr̥dayasaṃhitā

pūtyamedhyāśucidviṣṭadarśanaśravaṇādibhiḥ | | 36 | |
tapte citte hr̥di kliṣṭe
chardirdviṣṭārthayogajā | | 37 | | § 10095

3.5.78 Sarvāṅgasundarā

pūtyādibhistapte citte-upatapte manasi, tathā taireva pū-
tyādibhiḥ kliṣṭe-pīḍite, hr̥di yā jāyate chardiḥ sā dviṣṭārth-
ayogajā chardirucyate | ādiḥ-prakāre, yathā-ākṛtigaṇeṣu |
§ 10096

3.5.79 Aṣṭāṅgahr̥dayasaṃhitā

vātādīneva vimṛṣetkṛmitṛṣṇāmadauhr̥de | | 37 | |
śūlavepathuhr̥llāsairviśeṣāt kṛmijām
vadet | | 38 | |
kṛmihṛdrogalīṅgaiśca----- | | 38 | |
iti chardinidānam | | 4 | | § 10100

3.5.80 Sarvāṅgasundarā

kāraṇe kāryopacārāt kṛmyādiśabdairiva chardaya ucy-
ante | kṛmitṛṣṇāmagarbhiṇīdauhr̥daje chardiṣi vātādīn-
eva yathā yatham svalakṣaṇairvimṛṣet-vicārayellakṣayet |
na hi vātādīnantareṇaitāḥ chardayaḥ kathañcidapi sa-
5 mbhavanti | ata evaivakāro+avadhāraṇārtho+atra vyadh-
āyi | evaṃ kṛmijām kadācidvāyucchardilakṣaṇopetām
avā pittacchardilakṣaṇopetām kaphacchardilakṣaṇopetām
vā yathāyatham lakṣayet | evaṃ tṛṣṇāmadauhr̥dacchardiṣi
vātādīn vimṛṣet | viśeṣeṇa śūlavepathuhr̥llāsaiḥ kṛmijām
10 vadet | kṛmihṛdrogalakṣaṇaiśca-anantameva vakṣyamā-
ṇaiḥ, kṛmijām vadet | § 10101

3.5.81 Aṣṭāṅgahr̥dayasaṃhitā

atha hr̥droganidānam | | 38 | |

-----smṛtāḥ pañca tu

hr̥dgadāḥ | | 38 | |

teṣāṃ gulmanidānoktaiḥ samutthānaiśca

sambhavaḥ | | 39 | | § 10104

3.5.82 Sarvāṅgasundarā

hr̥dgadāḥ pañca smṛtāḥ, tantrakṛdbhiriti śeṣaḥ | [teṣāṃ-
hr̥drogāṅgāṇāṃ, gulmanidānoktaiḥ-vakṣyamāṅgaiḥ, samutthānaiḥ-
kāraṅgaiḥ, sambhavaḥ-utpattiḥ |] § 10105

3.5.83 Āyurvedarasāyana

atha hr̥drogaprakaraṇam | tatra hr̥drogabhedānāha-smṛtā
iti | vātapittakaphasannipātakrimibhiḥ | saṅgrahe tu (ni.
a. 5) -"teṣāṃ gulmanidānoktaiḥ samutthānaiścha sambh-
avaḥ |" iti | samutthānaiḥ-hetubhiḥ | § 10106

3.5.84 Aṣṭāṅgahr̥dayasaṃhitā

vātena śūlyate+atyartham̐ yudyate sphuṭatīva ca | | 39 | |

bhidyate śuṣyati stabdham̐ hr̥dayam̐ śūnyatā

dravaḥ | | 40 | |

akasmāddīnatā śoko bhayam̐

śabdāsahiṣṇutā | | 40 | |

vepathurveṣṭanam̐ moham̐

śvāsarodho+alpanidratā | | 41 | | § 10110

3.5.85 Sarvāṅgasundarā

vātena hr̥droge+atyartham̐ hr̥dayam̐ śūlyate | atyarthaś-
abdenedam̐ gamayati,-anyeṣvapi hr̥drogeṣu hr̥dayam̐ śū-
lyate+atiśayena tu vātaje hr̥droge iti | tathā, tudyate-
prājaneneva | śūlam̐-santatā pīḍā | todo-vicchinno+atiśayena

rugudbhavaḥ | tathā, hr̥dayaṃ sphuṭatītyādikriyādiyu-
taṃ bhavati | tathā, śūnyatā dravatvaṃ ca, prakṛtatvāddh-
r̥dayasyaiva syāditi bodhyam | § 10111

3.5.86 Āyurvedarasāyana

vātajalakṣaṇamāha-vāteneti | śūlyate-pīḍaneneva | tudyate-
nisvaneneva | sphuṭati-viśīryateti | bhidyatevidāraṇeneva |
śūnyatā dravaḥ, akasmāddīnatāsokādīni [ca] nava hr̥daya-
sya | § 10112

3.5.87 Āyurvedarasāyana

pittajalakṣaṇamāha-pittāditi | § 10113

3.5.88 Aṣṭāṅgahr̥dayasaṃhitā

pittā tṛṣṇā bhramo mūrccā dāhaḥ svedo+amlakaḥ
klamaḥ | | 41 | |
chardanaṃ cāmlapittasya dhūmakaḥ pītatā
jvaraḥ | | 42 | | § 10115

3.5.89 Sarvāṅgasundarā

pittāt-pittena, tṛṣṇādaya syuḥ | § 10116

3.5.90 Sarvāṅgasundarā

kaphajalakṣaṇamāha-śleṣmaṇeti | § 10117

3.5.91 Aṣṭāṅgahr̥dayasaṃhitā

śleṣmaṇā hr̥dayaṃ stabdhaṃ bhārikaṃ
sāśmagarbhavat | | 42 | |
kāśāgnisādaniṣṭhīvanidrālasyaṛucijvarāḥ | | 43 | | § 10119

3.5.92 Sarvāṅgasundarā

śleṣmaṇā hṛdroge hṛdayaṃ stabdhaṃ, tathā bhārikaṃ-
guru, bhavati | katham ? sāsma garbhavat-vidyamānāśmagarbhasadṛśam
tathā, kāsādayaḥ syuḥ | § 10120

3.5.93 Aṣṭāṅgahṛdayasaṃhitā

sarvaliṅgastribhirdoṣaiḥ----- | | 43 | | § 10121

3.5.94 Āyurvedarasāyana

tridoṣajalakṣaṇamāha-sarvaliṅgamiti | § 10122

3.5.95 Sarvāṅgasundarā

sarvaliṅgo hṛdrogastribhirdoṣaiḥ syāt | § 10123

3.5.96 Aṣṭāṅgahṛdayasaṃhitā

-----kṛmibhiḥ śyāvanetratā | | 43 | |
tamaḥpraveśo hṛllāsaḥ śoṣaḥ kaṇḍūḥ
kaphasrutih | | 44 | |
hṛdayaṃ pratataṃ cātra krakaceneva
dāryate | | 44 | |
cikitsedāmayam ghoram taṃ śīghram
śīghrakāriṇam | | 45 | |
iti hṛdroganidānam | | 5 | | § 10128

5

3.5.97 Sarvāṅgasundarā

kṛmibhiśca hṛdroge śyāvākṣitādyāḥ syuḥ | atra-kṛmihṛdroge,
hṛdayaṃ krakaceneva-karapatreṇeva, [pratataṃ-] santa-
taṃ, dāryate | taṃ-kṛmihṛdrogākhyamāmayam, ghoram-
atiduḥsahaṃ, śīghrakāriṇam-āśuvighātakāriṇam, śīghram-
āśveva, cikitsat | mahāmarmaṇo hṛdayasya kṛmibhirbha- 5
kṣaṇāt | § 10129

3.5.98 Āyurvedarasāyana

kṛmijalakṣaṇamāha-kṛmibhiriti | vaṅgasene (hr̥dayarog-
ādhikāre ślo. 1-4) -"atyuṣṇagurvamlakaṣāyatiktaśramā-
bhighātādhyāsanaprasaṅgaiḥ | sañcintanairvegavidhāra-
ṇaiścha hr̥dāmayaḥ pañcavidhaḥ pradiṣṭaḥ | | dūṣiyitva
5 rasaṃ doṣā viguṇā hr̥dayaṃ gataḥ | hr̥di bādhāṃ praku-
rvanti hr̥drogaṃ taṃ pracakṣate | | 'iti hr̥droganidānam |
§ 10130

3.5.99 Aṣṭāṅgahr̥dayasaṃhitā

atha tṛṣṇānidānam | | 45 | |
tatprakopo hi saumyadhātupraśoṣaṇāt | | 46 | |
jihvāmūlagalaklomatālutoyavahāḥ sirāḥ | | 47 | |
saṃśoṣya tṛṣṇā
jāyante----- | | 48 | | § 10134

3.5.100 Sarvāṅgasundarā

vātādibhiḥ pañca tṛṣṇāḥ syuḥ | ṣaṣṭhī syādupasargācca |
upādānādeva ṣaṭsaṅkhyāyā labdhatvāt ṣaṣṭhītyetadvaca-
naṃ niyamārtham | āmodbhavādyā yā vakṣyamāṇāstr-
ṣṇāstāḥ sarvāstrṣṇānām ṣaṭtvam nātikrāmanti, vātapitt-
5 ajatvāt | prāyeṇa tāsāmāsvevāntarbhāvaḥ | sa0-sarvāsu-
pūrvoktāsu vakṣyamāṇāsu ca tṛṣṇāsu, vātapitte kāraṇam |
sa0-hi-yasmāt, saumyasya śarīragatasya dhātoḥ-śleṣmaṇo
rasāderdhātoḥ, āhāravihārādinā yatpraśoṣaṇaṃ tasmāt,
tayoh-vātapittayoh, prakopo 'jāyate' ityadhyāhāryam | ki-
10 mbhūtaḥ prakopaḥ ? sarvadehabhramotkampatāpatṛḍdā-
hamohakṛt | sa0-jihvādisirāḥ saṃśoṣya tṛṣṇāḥ samutpady-
ante | § 10135

3.5.101 Āyurvedarasāyana

atha tṛṣṇānidānam | tatra tṛṣṇābedānāhavātāditi | ā0 ra0-
vātapittahetukatvamāha-vātapitte tviti | ā0 ra0-ukte yuktimāha-
tatprakopo hīti | hi-yasmāt, tayoh-vātapittayoh prakopaḥ,

sarvasmin dehe bhramādīn karoti | saumyān dhātūn pr-
aśoṣya tasmāt | tābhyāṃ vinā na tṛṣṇotpattiḥ | bhramā-
dīnāṃ grahaṇaṃ tṛṣṇopadravatvajñāpanārtham | ā0 ra0-
tṛṣṇāsamprāptimāha-jihvāmūlagaleti | § 10136

3.5.102 Aṣṭāṅgahr̥dayasaṃhitā

-----tāsāṃ sāmānyalakṣaṇam | | 48 | |

mukhaśoṣo jalātr̥ptirannadveṣaḥ

svarakṣayaḥ | | 48 | |

kaṅṭhauṣṭhajihvākārkaśyaṃ jihvāniṣkramaṇaṃ

klamah | | 49 | |

pralāpaścittavibhramśaṣṭraṅgrahoktāstathā+a+amayāḥ | | 49 | | §

3.5.103 Sarvāṅgasundarā

mukhaśoṣādikaṃ tṛṅgrahoktāmayaparyantaṃ nirdiṣṭaṃ

tāsāṃ-tṛṣṇānāṃ, sāmānyalakṣaṇam | tṛṅgrahoktāḥ-rogānutpādanīyoktāḥ

(hr. sū. a. 4 | 10) śoṣāṅgasādabādhiryādayaḥ | § 10141

3.5.104 Āyurvedarasāyana

sāmānyarūpamāha-tāsāmiti | tṛṅgrahoktāḥ-"śoṣāṅgasādabādhiryasammo

tṛṣṇāyā nigrahāt" (hr.sū.a. 4/10) ityuktāḥ | § 10142

3.5.105 Aṣṭāṅgahr̥dayasaṃhitā

mārutāt kṣāmatā dainyaṃ ṣaṅkhatodaḥ

ṣirobhramaḥ | | 50 | |

gandhājñānāsyavairasyaṣrutinidrābalakṣayāḥ | | 50 | |

ṣītāmbupānāddṛddhiṣca-----

| | 51 | | § 10145

3.5.106 Sarvāṅgasundarā

vātātṛṣṇāyāṃ kṣāmatādyāḥ syuḥ | § 10146

3.5.107 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-vātajālakṣaṇamāha-mārutāditi | § 10147

3.5.108 Āyurvedarasāyana

pittajālakṣaṇamāha-pittāditi | pratataṃ śoṣaṃ mukhe, pitt-
aryaṃ(?) | § 10148

3.5.109 Aṣṭāṅgahr̥dayasaṃhitā

-----pittānmūrcchāsyatiktatā | | 51 | |
raktekṣaṇatvaṃ pratataṃ śoṣo
dāho+atidhūmakāḥ | | 51 | | § 10150

3.5.110 Sarvāṅgasundarā

pittāttrṣṇāyāṃ mūrcchādayo bhavanti | § 10151

3.5.111 Aṣṭāṅgahr̥dayasaṃhitā

kapho ruṇaddhi kupitastoyavāhiṣu mārutam | | 52 | |
srotaḥsu sa kaphastena paṅkavacchoṣyate
tataḥ | | 52 | |
śukairivācitaḥ kaṅṭho nidrā
madhuravakkratā | | 53 | |
ādhmānaṃ śirasō jāḍyaṃ
staimityacchardyarocakāḥ | | 53 | |
5 ālasyamavipākaśca-----
| | 54 | | § 10156

3.5.112 Āyurvedarasāyana

kaphajālakṣaṇamāha-kapho ruṇaddhīti | kaphasya sākṣā-
ddhetutvābhāvāt tadavarodhakaḥpitena vātena śuṣkatva-
muktam | tataḥ-śuṣkakaphāt | § 10157

3.5.113 Sarvāṅgasundarā

kaphaḥ kupito jalavāhiṣu srotaḥsu yadā mārutaṃ ruṅ-
addhi tadā sa ca kaphastena-marutā, pañka iva śoṣy-
ate | tataḥ-tasminkaphe śuṣke sati, kaṇṭhaḥ śūkairivācito-
vyāptaḥ, syāt | tathā, nidrādayaśca syuḥ | § 10158

3.5.114 Aṣṭāṅgahr̥dayasam̐hitā

-----sarvaiḥ syātsarvalakṣaṇā | | 54 | | § 10159

3.5.115 Sarvāṅgasundarā

sarvaiḥ-sannipatitaiḥ, sarvaliṅgā tr̥ṣṇā syāt | § 10160

3.5.116 Āyurvedarasāyana

sannipātajālakṣaṇamāha-sarvaiḥ syāditi | § 10161

3.5.117 Aṣṭāṅgahr̥dayasam̐hitā

āmodbhavā ca, bhaktasya sam̐rodhādvātapittajā | | 54 | |
uṣṇaklāntasya sahasā śītāmbho
bhajatastr̥ṣam | | 55 | |
ūṣmā ruddho gataḥ koṣṭhaṃ yāṃ
kuryātpittajaiva sā | | 55 | |
yā ca pānātipānothā, tīkṣṇāgneḥ snehajā ca
yā | | 56 | |
snigdthagurvamlalavaṇabhojanena
kaphodbhavā | | 56 | | § 10166

5

3.5.118 Sarvāṅgasundarā

āmodbhavā ca tr̥ṣṇā bhaktasyāhārasya sam̐rodhāt syāt | sā
ca vātapittajā | uṣṇena mlānasya narasya sahasā-jhaṭityeva,
śītaṃ jalaṃ sevamānasyoṣmā ruddhaḥ koṣṭhaṃ gato yāṃ
tr̥ṣam-tr̥ṣṇāṃ, kuryāt sā pittajaiva tr̥ṣṇā, na tvanyā bo-

dhyā | yā ca tṛṣṇā pānasya-madyapānasya, atipānodbhavā
sā+api pittajaiva | yā ca tīkṣṇāgneḥ puruṣasya snehajā tṛṣṇā
sā+api pittajaiva | snigdhdhādiguṇayuktena bhojanena yā tṛṣṇā
syāt sā kaphasambhavā vedyā | § 10167

3.5.119 Āyurvedarasāyana

tṛṣṇāntarāṇāmantarbhāvamāha-āmodbhavā ceti, āmajā-
yāḥ sannipātajāyāmantarbhāvaḥ | bhaktasya saṃrodhā-
dvātapittajeti, upavāsajāyāḥ vātapittajāyām | uṣṇakṛlānt-
asyasahasā śītāmbho bhajatastr̥ṣam | ūṣmā ruddho ga-
5 taḥ koṣṭhaṃ yāṃ kuryātpittajaiva seti, uṣṇapīḍitasya sa-
asā bahiḥ śītāmbusecanājjātāyāḥ pittajāyāḥ pittajāyām | yā
ca pānātipānottheti, madyātipānajāyāścha | tīkṣṇā gnis-
nehajā ca yeti, tīkṣṇāgnipītasnehajāyāścha | snigdhdhagurva-
mlalavaṇabhojanena kaphodbhaveti, snigdhdhātibhojhanaj-
10 āyāḥ kaphajāyām | § 10168

3.5.120 Sarvāṅgasundarā

rasakṣayajālakṣaṇamāha-tṛṣṇeti | rasakṣayoktena-"raseroukṣyaṃ
śramaḥ śoṣo glāniḥ śabdāsahiṣṇutā (hr̥. sū.a. 11) | "vepa-
thurveṣṭanam̐ mohāḥ śvāsarodho+alpanidratā | " (?) ityu-
ktena | § 10169

3.5.121 Aṣṭāṅgahr̥dayasaṃhitā

tṛṣṇā rasakṣayoktena lakṣaṇena kṣayātmikā | | 57 | | § 10170

3.5.122 Sarvāṅgasundarā

rasakṣayoktena lakṣaṇena-"rase raukṣyaṃ śramaḥ" (hr̥. sū.
a. 11 | 17) ityādigranthanirdiṣṭena lakṣaṇena, kṣayātmikā
tṛṣṇā bodhya | § 10171

3.5.123 Āyurvedarasāyana

upasargajālakṣaṇamāha-śoṣameheti | śoṣo-rājayakṣmā | mehaḥ-
pramehaḥ | ādiśabdāt kāsaśvāsoḥkṣatodarādayaḥ | anyaḥ-
eṣāmanyatamo yo dīrgho rogaḥ, tenopasargaḥ-abhibhūtavm,
tasmāt | asādhyalakṣaṇam vikṛtivyijñāne (hr. śā. a. 5178)
-"trṣṇā+anyarogakṣapitaḥ bahirjihvaḥ vicetanam |" iti | 5
vaṅgasene (trṣādhikāre ślo. 1) -"bhayaśramābhyāḥ balas-
aṅkṣayādvā ūrdhvaḥ citaḥ pittavivaraddhanaiśca | pittaḥ
savātaḥ kupitaḥ narāṇāḥ tāluprapannaḥ janayetpipā-
sām | bāṣpāvarodhātkaphasaḥvrte+agnau trṣṇā balāsena
bhavettathā tu | sarvāsvatiprasaktā rogakṣānām vami- 10
pr-
asaktānām | ghoropadravyuktā trṣṇāmarāṇāya vijñeyā | |"
iti | iti trṣṇānidānam | [iti hemādritikāyāmāyurvedaras-
āyane | nidānam rājayakṣmādi sāmastyena nirūpitaḥ | |
5 | | § 10172

3.5.124 Aṣṭāṅgahrdayasaṃhitā

śoṣamehajvarādyanyadīrgharogopasargataḥ | | 57 | |
yā trṣṇā jāyate tīvrā sopasargātmikā smṛtā | | 5 | |
57 1/2 | | 5 | |
iti trṣṇānidānam | | 5 | | § 10176

iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira- 5
citāyāmaṣṭāṅgahrdayasaṃhitāyāḥ trītiye śarīrasthāne rāja-
yakṣmādinidānam nāma pañcamo+adhyāyaḥ | | 5 | | § 10177

śoṣamehajvarādyanyatamadīrgharogopasargāt-dīrghakālānubandhāt
yā trṣṇā syāt sopasargātmikā smṛtā, munīndrairiti śe-
ṣaḥ | iti śrīmrṅgāṅkadattaputraśrīmadaruṇadattaviracitā-
yāmaṣṭāṅgahrdayaṭikāyāḥ sarvāṅgasundarākhyāyāḥ trī-
tiye nidānasthāne rājayakṣmādinidānam nāma pañcamo+adhyāyaḥ
samāptaḥ | | 5 | | § 10178

3.6 madātyayādinidanādhyāyaḥ : 6

3.6.1 Aṣṭāṅgahrdayasaṃhitā

athāto madātyayādinidānaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 10180

3.6.2 Sarvāṅgasundarā

pūrvavadvyākhyā | § 10181

3.6.3 Aṣṭāṅgahr̥dayasaṃhitā

tīkṣṇoṣṇarūkṣasūkṣmāmlaṃ vyavāyyāśukaraṃ
laghu | | 1 | |
vikāṣi viśadaṃ
madyamojaso+asmādviparyayaḥ | | 1 | | § 10183

3.6.4 Sarvāṅgasundarā

tīkṣṇoṣṇādiguṇaṃ madyam | asmāt-madyāt, ojaso viparyayo-
vaiparītyam, yathā-mandaśītasnigdhasāndramadhurasthi-
racirakṛdguruślakṣṇapicchilatvam | § 10184

3.6.5 Aṣṭāṅgahr̥dayasaṃhitā

tīkṣṇādayo viṣe+apyuktāścittopaplāvino guṇāḥ | | 2 | |
jīvitāntāya jāyante viṣe
tūtkarṣavṛttitaḥ | | 2 | | § 10186

3.6.6 Sarvāṅgasundarā

eta eva tīkṣṇādayo daśa guṇā viṣe+apyuktāḥ | cittamupa-
plāvitum śīlaṃ yeṣāṃ te cittopaplāvinaḥ,-cittavibhramakāriṇaḥ |
na kevalaṃ madya ityapīśabdārthaḥ | nanu, yadi ta eva tī-
kṣṇādayo guṇā viṣe, ta eva madye, tatkathaṃ viṣasthā eva
5 tīkṣṇādayo mārayanti na madyasthāḥ ? ityatra yuktimāha-
jīvitāntāyetyādi | viṣasthāstīkṣṇādayo ye guṇāste māraṇ-
āya sampadyate, utkarṣavṛttitaḥ-utkarṣavartanāt | § 10187

3.6.7 Aṣṭāṅgahr̥dayasaṃhitā

tikṣṇādibhirguṇairmadyaṃ mandādīnojaso guṇān | | 3 | |
 daśabhirdaśa saṅkṣobhya ceto nayati
 vikriyām | | 3 | |
 ādye
 made----- | | 4 | | § 10190

3.6.8 Sarvāṅgasundarā

tikṣṇādibhirdaśabhiraṅgairmandādīnojasaha sambandhino
 guṇān saṅkṣobhya-samantādduṣṭatāmāpādyā, ceto vikriyām-
 vikāraṃ nayati, ādye made | nanu, tikṣṇādibhirmandād-
 īnityetāvadevāstu, kiṃ daśabhirdaśetyanena? pāṭhādeva
 hi daśasaṅkhyā+avagamiṣyate | astyeta | kintu sarvaireva 5
 tikṣṇādibhiḥ sarvānapi mandādīn saṅkṣobhya ceto vikri-
 yām madyaṃ nayati, na tu kiyaḍbhirapi tikṣṇādibhiḥ ki-
 yata eva mandādīn, iti pratipādanāya saṅkhyāgrahaṇam |
 utkarṣatāratamyatastvastyeva viśeṣaḥ, tena sarvatra mad-
 enaiva tulyaḥ kṣobha iti vedyaṃ | ādye ca made yathāsvaṃ 10
 prabodhajanake pumān sthito madyapānāttādātvikaṃ su-
 khaṃ samadhigacchatīyanuktamapi sambhāvya | tathā
 ca muniḥ (ca. ci. a. 24 | 64)- "pañcasvartheṣu kānteṣu yā ra-
 tiḥ prathame made | yūnāṃ vā sthavirāṇāṃ vā tasyā nā-
 styupamā bhuvī | |" iti | § 10191 15

3.6.9 Aṣṭāṅgahr̥dayasaṃhitā

-----dviṭīye tu pramādāyatane sthitaḥ | | 4 | |
 durvikalpahato mūḍhaḥ
 sukhamityadhimucyate | | 4 | | § 10193

3.6.10 Sarvāṅgasundarā

anantaraṃ dviṭīye tu made sthitaḥ-prāptaḥ, svārthairduṣṭaistaistairvikalp
 puruṣārthādvinaṣṭaḥ, ata eva mūḍhaḥ-kāryākāryānabhijñāḥ,
 sukhamityadhimucyate-sukhamiti jñānena prathamama-

dotpannena tadānīmadhimucyate-adhikaṃ kṛtvā tena su-
khena parityajyate | tādātvikamādyam sukham nānubha-
vati, ojaso vihatatvāt | anye tvāhuḥ,-avamucyate-niścinoti
sukhametadityabhiniviśate | kimbhūte made sthitaḥ ? pr-
5 amādāyatane, pramādānām-sāhasānāmihāmutra cāsubh-
ahetūnām, [āyatane-] sthāne | § 10194

3.6.11 Sarvāṅgasundarā

madhyamottamayoh-dvitīyatṛtīyayoh, sandhiṃ prāpya-
antaram labdhvā, puruṣo rājasatāmaso na kiñcidaśu-
bham nācaret-api tu sarvamaśubhamācaret | rājasasa-
hitastāmaso rājasatāmasaḥ | śākapārthivāditvāt madhy-
5 ama (uttara) padalopī samāsaḥ, rājaso vā tāmaso ve-
tyarthaḥ | rājasatāmasagrahaṇāt sātvikaḥ puruṣo nedṛ-
śīmavasthām prāpnotīti gamayati | niraṅkuśa iva vy-
ālaḥ | yathā,-vyālo-duṣṭahastī, jaḍo-badhiraḥ, tathā ni-
raṅkuśo, na kiñcidaśubham nācaret, unmārgapravṛtta-
10 tvāt | tantrāntare caivamuktam-"sātvike śaucadākṣiṇyah-
arṣamaṇḍanalālasaḥ | gītādhyayanasaubhāgyasuratotsāh-
akṛṇmadaḥ | | rājase duḥkhaśīlatvamātmatyāgam saśāha-
sam | kalaham sānubandham ca karoti puruṣe madaḥ | |
15 aśaucanidrāmātsaryāgamyāgamanalolatāḥ | asatyabhāṣa-
ṇam cāpi kuryādvai tāmase madaḥ | |" iti | vyālagrahaṇā-
dyaḥ śuddhasvabhāvo hastī sa sṛṇirahito+api kadācid-dha-
styārohaśabdaśravaṇāt kālocitaṃ saṅketamupalabhya yu-
ktamācaratyeveti, ato vyālo niraṅkuśa iti dvitayamupa-
nyastam | tejasāḥ kiñciccheṣatvāt nindyāmimāmavasthām
20 prāptaḥ | § 10195

3.6.12 Aṣṭāṅgahr̥dayasaṃhitā

madhyamottamayoh sandhiṃ prāpya
rājasatāmasaḥ | | 5 | |
niraṅkuśa iva vyālo na
kiñcinnācarejjadaḥ | | 5 | | § 10197

3.6.13 Aṣṭāṅgahṛdayasaṃhitā

iyam bhūmiravadyānām

dauṣṭīlyasyedamāspadam | | 6 | |

eko+ayam bahumārgāyā durgaterdeśikaḥ
param | | 6 | |

niśceṣṭaḥ śavavacchete tṛtīye tu made
sthitaḥ | | 7 | |

maraṇādapi pāpātmā gataḥ pāpatarām
daśām | | 7 | | § 10201

3.6.14 Sarvāṅgasundarā

avadyānām-nindyānām, iyam-madāvasthā, bhūmiḥ-ākaraḥ |
tathā, dauṣṭīlyasya-asamāhitatvasya, idaṃ-madāvasthāntaram,
āspadam-āvasathaḥ | eko+ayam-madaviśeṣo, bahumārgāyāḥ-
anekamukhāyā durgateḥ, param kṛtvā deśikaḥ-ācāryaḥ |
sa0-tṛtīye-uttame made, sthito narastejaso vihatatvāt niśceṣṭaḥ-
ceṣṭayā kāyavānmanolakṣaṇayā rahitaḥ, ata eva śavavacchete-
mṛtānukalpaḥ svapiti | evam ca satyasau pāpātmā maraṇ-
ādapi pāpatarāmavasthām prāptaḥ | yato mṛto maraṇāts-
amanantameva śarīrāntaram prāpya sukhādīn vindate |
tṛtīyām madāvasthām prāptastu puruṣo+aparaśarīrāprāpterna
kathāncit sukhādyanubhavatīti maraṇādapyasya nikṛṣṭa-
tvam | § 10202

3.6.15 Aṣṭāṅgahṛdayasaṃhitā

dharmādharmaṃ sukhaṃ duḥkhamarthānartham

hitāhitam | | 8 | |

yadāsakto na jānāti katham

tacchīlayedbudhaḥ | | 8 | | § 10204

3.6.16 Sarvāṅgasundarā

yasminnāsakto-yadāsakto, dharmādīn na jānāti | tat-tathāvidham
madyam, budho-matimān, katham śīlayet-abhyaset | ta-

tra dharmo-dānādhyayanadevagurupūjādikaḥ | adharmo-
hiṃsādiḥ | sukhaṃ-āhlādako+anubhavaḥ | duḥkhaṃ-upatāpaḥ |
arthaḥ-ubhayalokahitam | anarthaḥ-ahitam | śīlayedityan-
ena tatrāsaktiṃ niṣedhati, na tu madyapānamapi | § 10205

3.6.17 Aṣṭāṅgahr̥dayasaṃhitā

madye moho bhayaṃ śokaḥ krodho mṛtyuśca
saṃśritāḥ | | 9 | |
sonmādamadamūrcchāyāḥ
sāpasmārāpatānakāḥ | | 9 | |
yatraikaḥ smṛtivibhramśastatra sarvamasādhu
yat | | 10 | | § 10208

3.6.18 Sarvāṅgasundarā

madye+atipīte mohādayaḥ saṃśritāḥ-āśritāḥ, madyātipā-
nādanantaraṃ mohādīnāṃ sadbhāvāt | athavā kimatra ba-
hunā+abhihitena | yatra-yasmin madye, smṛtervibhramśo-
lopaḥ, tatra yatkiñcidvidyate tatsarvamasādhu-aśobhanam |
5 yatraujasau na vihatirhṛtprabodhaśca sa prathamo ma-
daḥ | yatrālpā vihatirojasaḥ sa madhyamaḥ | yatra sarva-
syaujasau vihatiḥ sa uttamaḥ | tathā ca muniḥ (ca. ci. a.
24 | 35) - "ojasyavihate pūrvo hṛdi ca pratibodhite | madhy-
amo vihate+alpe tu vihate tūttamo madaḥ | |" iti | § 10209

3.6.19 Aṣṭāṅgahr̥dayasaṃhitā

ayuktiyuktamannaṃ hi vyādhaye maraṇāya vā | | 10 | |
madyaṃ trivargadhīdhairyalajjāderapi
nāśanam | | 11 | | § 10211

3.6.20 Sarvāṅgasundarā

yasmādayuktyā yojitamannamapi-yatprāṇakaraṃ tadapi,
karmavaśādvyādhaye maraṇāya vā sampadyate | ma-

dyam tvayuktiyojitaṃ trivargāderapi nāsanam | yuktipī-
taṃ punastadeva trivargādīnāṃ sādhanamityapīśabdena
dyotayati | § 10212

3.6.21 Aṣṭāṅgahrdayasaṃhitā

nātimādyanti balinaḥ kṛtāhārā mahāśanāḥ | | 11 | |
snigdhaḥ sattvavayoyuktā
madyanityāstadanvayāḥ | | 12 | |
medaḥkaphādhikā mandavātapittā
dr̥dhāgnayaḥ | | 12 | | § 10215

3.6.22 Sarvāṅgasundarā

yata evaṃvidhā narā nātimādyanti, tato balavadbhiḥ pur-
uṣaiḥ kṛtāhārairmahāśanaiḥ snigdhaiḥ satvayuktairvayoyuktarmadyocita
madyapakulaprasūtaiḥ, medodhikaiḥ kaphādhikaiḥ svalpavātapittairdr̥
apakārasahiṣṇvagnibhiḥ, madyaṃ peyam, nāto vipary-
astaiḥ, ityanyatantrakārakathitāyā yukteratraivāntarbh- 5
āvo+anena tantrakṛtā kṛtaḥ | § 10216

3.6.23 Aṣṭāṅgahrdayasaṃhitā

viparyaye+atimādyanti viśrabdhāḥ kupitāśca ye | | 13 | |
madyena cāmlarūkṣeṇa sājīrṇe bahunā+ati
ca | | 13 | |
vātātpittātkaphātsarvaiścatvāraḥ
syurmadātyayāḥ | | 14 | |
sarve+api sarvairjāyante vyapadeśastu
bhūyasā | | 14 | |
sāmānyam lakṣaṇam teṣāṃ pramoho 5
hr̥dayavyathā | | 15 | |
viḍbhedaḥ pratataṃ tṛṣṇā saumyāgneyo
jvaro+aruciḥ | | 15 | |
śiraḥpārśvāsthirukkampo
marmabhedastrīkagrahaḥ | | 16 | |

urovibandhastimiraṃ kāsaḥ śvāsaḥ
prajāgaraḥ | | 16 | |
svedo+atimātraṃ viṣṭambhaḥ
śvayathuścittavibhramaḥ | | 17 | |
pralāpaścdirutkleśo bhramo
duḥsvapnadarśanam | | 17 | | § 10226

3.6.24 Sarvāṅgasundarā

yathānirdiṣṭādvaiparityena, yathā-abalino yāvadaṛḍhā-
gnaya iti | tathā, viśrabdhāḥ-amṛtamivedaṃ spr̥haṇīyaṃ
surebhyaḥ pepīyate+asmābhiriti tadgatamanaso viśva-
stāḥ, tathā kupitāḥ-kruddhāḥ, ye te+atimādyanti | madye-
5 enetyādi | amlarūkṣeṇa ca madyena pītena sarva evāti-
mādyanti | atra cātyamleneti vedyam, madyasya sarva-
syaivāmlaprāyatvāt | rūkṣeṇa-na tvīṣatsnigdhenā | tathā,
sājīrṇe-saśabda īśadarthe īśadajīrṇe, tasminneva madye
pīte+atimādyanti | tathā, atibahunā pītena madyenātimā-
10 dyanti | sa0-vātādibhiḥ pṛthak+a+asthitairdoṣaiḥ sannipā-
tena ceti catvāro madātyayā vastusvabhāvājāyante, nonā-
dhikāḥ | sarve+api madātyayāḥ sarvairapi doṣairjāyante |
bhūyasā-bāhulyena tu, vyapadeśaḥ-saṃjñā bhavati, ayaṃ
vātamadātyayo yāvāt sannipātamadātyayo+ayamiti | sa0-
15 teṣāṃ-madātyayānāṃ, sāmānyam lakṣaṇam-avibhāgena
[cihnam], pramohāduduḥsvapnadarśanaparyantam | § 10227

3.6.25 Aṣṭāṅghr̥dayasaṃhitā

viśeṣājāgaraśvāsakampamūrdharujo+anilāt | | 18 | |
svapne bhramatyutpatati pretaiśca saha
bhāṣate | | 18 | | § 10229

3.6.26 Sarvāṅgasundarā

vātena madātyaye jāgarādikaṃ pretaiḥ saha bhāṣata iti pa-
ryantaṃ syāt | § 10230

3.6.27 Aṣṭāṅgahṛdayasaṃhitā

pittāddāhajvarasvedamohātisāratṛḍbhramāḥ | | 19 | |
deho haritahāridro
raktanetrakapolatā | | 19 | | § 10232

3.6.28 Sarvāṅgasundarā

pittena madātyaye dāhādikaṃ raktanetrakapolatāparyantaṃ syāt | § 10233

3.6.29 Aṣṭāṅgahṛdayasaṃhitā

śleṣmaṇā chardihṛllāsanidrodardāṅgagauravam | | 20 | | § 10234

3.6.30 Sarvāṅgasundarā

śleṣmaṇā madātyaye chadyādikamaṅgagauravaparyantaṃ syāt | § 10235

3.6.31 Aṣṭāṅgahṛdayasaṃhitā

sarvaje sarvaliṅgatvam----- | | 1 | | § 10236

3.6.32 Sarvāṅgasundarā

sarvaje madātyaye sarvaliṅgatvaṃ bhavati | § 10237

3.6.33 Aṣṭāṅgahṛdayasaṃhitā

-----muktvā madyaṃ pibettu yaḥ | | 20 | |
sahasā+anucitaṃ vā+anyattasya
dhvaṃsakavikṣayau | | 21 | |
bhavetāṃ mārutātkaṣṭau durbalasya
viśeṣataḥ | | 21 | | § 10240

3.6.34 Sarvāṅgasundarā

ucitaṃ madyaṃ muktvā-ciraṃ kālaṃ parityajya, yaḥ puru-
uṣastadeva sahasā-atimātrayā pibet, athavā+anyadyanmadyaṃ
yadanucitaṃ-asātmyaṃ madyaṃ, tatsahasā-atimātraṃ pi-
bet, tasya-puruṣasya, dhvaṃsakavikṣayau vyādhī mārutādbhabetāṃ-
5 jāyeyātām | kimbhūtau ? kaṣṭau,-kr̥cchrasādhyau | durba-
lasya punaḥ puṃsastau viśeṣeṇa bhavetām | § 10241

3.6.35 Aṣṭāṅgahr̥dayasaṃhitā

dhvaṃsake śleṣmaniṣṭhīvaḥ
kaṇṭhaśoṣo+atinidratā | | 22 | |
śabdāsahatvaṃ tandrā
ca----- | | 22 | | § 10243

3.6.36 Sarvāṅgasundarā

dhvaṃsake śleṣmaniṣṭhīvādayaḥ syuḥ | § 10244

3.6.37 Aṣṭāṅgahr̥dayasaṃhitā

-----vikṣaye+aṅgaśirotiruk | | 22 | |
hr̥tkaṇṭharogaḥ sammohaḥ kāsastr̥ṣṇā
vamirjvaraḥ | | 23 | | § 10246

3.6.38 Sarvāṅgasundarā

vikṣaye aṅgaśirotirugādyāḥ syuḥ | § 10247

3.6.39 Aṣṭāṅgahr̥dayasaṃhitā

nivṛtto yastu madyebhyo jitātmā buddhipūrvakṛt | | 23 | |
vikāraiḥ spr̥ṣyate jātu na sa
śārīramānasaiḥ | | 24 | |
iti madātyayanidānam | | 1 | | § 10250

3.6.40 Sarvāṅgasundarā

śārīramānasānām rogāṅām madyam kāraṇamiti kṛtvā
yaḥ pumān jitātmā madyebhyo nivṛtto buddhipūrvakṛt-
vimṛśyakārī, sa kadācicchārīrairmānasairvā vikārainna
spṛśyate-nākramyate | iti madātyayaḥ | § 10251

3.6.41 Aṣṭāṅgahṛdayasaṃhitā

rajomohāhitāhāraparasya syustrayo gadāḥ | | 24 | |
rasāsṛk+a+acetanāvāhisrotorodhasamudbhavāḥ | | 25 | |
madamūrcchāyasannyāsā
yathottarabalottarāḥ | | 25 | | § 10254

3.6.42 Sarvāṅgasundarā

rajaḥpradhānasya mohapradhānasya tathā+apathyāhāraparasya
trayo gadāḥ syuḥ-jāyeran | kimbhūtāḥ ? rasaścāsṛk ca cet-
anā ca, tā vahanti yāni srotāṃsi, teṣāṃ rodhaḥ samudbhavo-
hetuḥ, yeṣāṃ te rasāsṛk+a+acetanāvāhisrotorodhasamudbhavāḥ |
madamūrchāyasannyāsāḥ-etatsaṃjñāḥ | te ca yathottar- 5
abalottarāḥ | yo ya uttaro yathottaram, balasyottaram-
utkarṣaḥ, yathottaram balottaram yeṣāṃ ta evam | madā-
nmūrchāyo balavān tasmādapi sannyāsa ityarthāḥ | § 10255

3.6.43 Āyurvedarasāyana

..... rajaḥparaḥ-durlabham lipsuḥ | mohaparodurbodha-
bubhutsu | rasaraktaprāṇavāhinām trayāṅāmantaḥstrotā-
sāṃ rodhaḥ-asamyagvahanam | hetutraye+adhiṣṭhānatraye+api
yathottarādhikyam jñeyam, balādjikyānyathā+anupapatteḥ |
§ 10256

5

3.6.44 Aṣṭāṅgahṛdayasaṃhitā

atha madanidānam | | 26 | |
mado+atra doṣaiḥ sarvaiśca
raktamadyaviṣairapi | | 26 | | § 10258

3.6.45 Sarvāṅgasundarā

atra-eṣu madādiṣu madhye, madaḥ saptadhā,-pṛthagdoṣaiḥ
sannipātena raktena madyena viṣeṇa ca | § 10259

3.6.46 Āyurvedarasāyana

madasya bhedānāha-mado+atreti | doṣaistrayo bhedāḥ |
§ 10260

3.6.47 Aṣṭāṅgahr̥dayasaṃhitā

saktānalpadrutābhāṣaścalāḥ skhalitaceṣṭitaḥ | | 26 | |
rūkṣaśyāvāruṇatanurmade vātodbhave
bhavet | | 27 | | § 10262

3.6.48 Sarvāṅgasundarā

vātodbhave made sati pumān saktānalpadrutābhāṣaṇādil-
akṣaṇo bhavet | § 10263

3.6.49 Āyurvedarasāyana

vātajalakṣaṇamāha-saktānalpeti | calaṃ-sakampam | skhalitaṃ-
sapratibandham | § 10264

3.6.50 Aṣṭāṅgahr̥dayasaṃhitā

pittena krodhano raktapītābhaḥ
kalahapriyaḥ | | 27 | | § 10265

3.6.51 Sarvāṅgasundarā

pittena krodhanādilakṣaṇaḥ | § 10266

3.6.52 Sarvāṅgasundarā

pittena krodhanādilakṣaṇaḥ | § 10267

3.6.53 Aṣṭāṅgahr̥dayasaṃhitā

svalpasambaddhavākpāṇḍuh

kaphāddhyānaparo+alasaḥ | | 29 | | § 10268

3.6.54 Sarvāṅgasundarā

kaphāt svalpasambaddhavāgādilakṣaṇaḥ | § 10269

3.6.55 Āyurvedarasāyana

kaphajalakṣaṇamāha-svalpasambaddhavāgiti | § 10270

3.6.56 Aṣṭāṅgahr̥dayasaṃhitā

sarvātmā sannipātena----- | | 28 | | § 10271

3.6.57 Sarvāṅgasundarā

sarvātmā-sarvadoṣalakṣaṇaḥ, sannipātena | § 10272

3.6.58 Āyurvedarasāyana

sarvajalakṣaṇamāha-sarvātmeti | § 10273

3.6.59 Āyurvedarasāyana

raktajalakṣaṇamāha-raktāditi | § 10274

3.6.60 Aṣṭāṅgahr̥dayasaṃhitā

-----raktātstabdhāṅgadṛṣṭitā | | 28 | |

pittaliṅgaṃ ca----- | | 29 | | § 10276

3.6.61 Sarvāṅgasundarā

raktāt-raktamadāt, stabdhadr̥ṣṭitā tathā pittamadaliṅgaṃ
ca syāt | § 10277

3.6.62 Aṣṭāṅgahr̥dayasaṃhitā

-----madyena vikṛtehāsvarāṅgatā | | 29 | | § 10278

3.6.63 Sarvāṅgasundarā

madyena made vikṛtā ceṣṭā tathā svarasya vikṛtatvamaṅg-
asya ca | § 10279

3.6.64 Āyurvedarasāyana

madyajalakṣaṇamāha-madyeneti | § 10280

3.6.65 Aṣṭāṅgahr̥dayasaṃhitā

viṣe kampo+atinidrā ca sarvebhyo+abhyadhikastu
saḥ | | 29 | | § 10281

3.6.66 Sarvāṅgasundarā

viṣe-viṣotthe made, kampo+atinidrā ca syāt | sa ca-
viṣamadaḥ, sarvebhyo+adhikaḥ | § 10282

3.6.67 Āyurvedarasāyana

viṣajalakṣaṇamāha-viṣe kampa iti | § 10283

3.6.68 Aṣṭāṅgahr̥dayasaṃhitā

lakṣayellakṣaṇotkarṣādvātādīn śonitādiṣu | | 30 | |
iti madanidānam | | 2 | | § 10285

3.6.69 Sarvāṅgasundarā

ṣoṇitādyuttheṣu madeṣu vātādīn lakṣayet-jānīyāt | kutaḥ ?
lakṣaṇotkarṣāt-svasvalakṣaṇotkarṣeṇa | § 10286

3.6.70 Āyurvedarasāyana

adoṣajeṣvapi doṣānubandhamāha-lakṣayediti | nātra yath-
āsaṅkhyam | kintu yathāsambhavam | § 10287

3.6.71 Aṣṭāṅgahrdayasaṃhitā

atha mūrccchāyanidānam | | 30 | |
aruṇaṃ kṛṣṇanīlaṃ vā khaṃ
paśyanpraviśettamaḥ | | 30 | |
śīghraṃ ca pratibudhyeta hr̥tpīḍā
vepathurbhramaḥ | | 31 | |
kārśyaṃ śyāvāruṇā chāyā mūrccchāye
mārutātmake | | 31 | | § 10291

3.6.72 Sarvāṅgasundarā

mārutodbhave mūrccchāye aruṇādyanyatamavarṇamākā-
śaṃ paśyan pumāmstamaḥ praviśet-mūḍhāvasthāṃ prā-
pnoti | śīghraṃ ca pratibudhyeta-saṃjñāṃ labhet | hr̥tpīḍ-
āvepathubhramayutastathā kārśyādi ca syāt | § 10292

3.6.73 Āyurvedarasāyana

mūrccchāyasya tu doṣajā eva catvāro bhedaḥ tatra vātajalakṣaṇamāha-
aruṇamiti | tamaḥ praviśet-ajñānavyātpo bhavet | pratibudhyeta-
tamaso nirgacchet | § 10293

3.6.74 Aṣṭāṅgahrdayasaṃhitā

pittena raktaṃ pītaṃ vā nabhaḥ paśyan
viśettamaḥ | | 32 | |

vibudhyeta ca sasvedo
dāhatṛṭtāpapīḍitaḥ | | 32 | |
bhinnaviṇṇīlapītābho
raktapītākulekṣaṇaḥ | | 33 | | § 10296

3.6.75 Sarvāṅgasundarā

pittena mūr̥chāye raktaṃ pītaṃ vā nabhaḥ paśyamsta-
maḥ pumān viśet-mūḍhāvasthāṃ prāpnuyāt | saha svad-
ena vibudhyeta-saṃjñāṃ labhate | tathā dāhādipīḍitasta-
thā bhinnaviḍādikaḥ | § 10297

3.6.76 Āyurvedarasāyana

pittajalakṣaṇamāha-pitteneti | dāhaḥ-agnineva duḥkham |
tāpaḥ-suryeṇeva | § 10298

3.6.77 Aṣṭāṅgahr̥dayasaṃhitā

kaphena meṇasaṃkāṣaṃ paśyannākāṣamāviśet | | 33 | |
tamaściraḥca budhyeta sahr̥llāsaḥ
prasekavān | | 34 | |
gurubhiḥ stimitairaṅgairārdracarmāvanaddha-
vat | | 34 | | § 10301

3.6.78 Sarvāṅgasundarā

kaphena mūr̥cchāye meghābhamākāṣaṃ paśyamstama āv-
iśet, cireṇa ca budhyeta-saṃjñā labhate | hr̥llāsādimān, ta-
thā+a+adreṇa carmaṇā+avanaddho-veṣṭita iva | § 10302

3.6.79 Āyurvedarasāyana

kaphajalakṣaṇamāha-kapheneti | stimitaiḥ-ārdraiḥ | ārdracarmāvanaddhavat-
[a]yathābuddhiṃ janayadbhiḥ | § 10303

3.6.80 Aṣṭāṅgahr̥dayasaṃhitā

sarvākṛtistribhirdoṣairapasmāra ivāparaḥ | | 35 | |
pātayatyāsu niśceṣṭaṃ vinā
bībhatsaceṣṭitaiḥ | | 35 | |
iti mūrcchāyanidānam | | 36 | | § 10306

3.6.81 Sarvāṅgasundarā

tribhirdoṣairyo mūrcchāyaḥ sarvākāraḥ so+aparo+apasmāra
ivāsu-śīghrameva, puruṣaṃ niśceṣṭaṃ pātayati | vinā
bībhatsaceṣṭitaiḥ-apasmārotthāni nindyāni ceṣṭitāni varja-
yitvā, anyatsarvaṃ samānam | § 10307

3.6.82 Āyurvedarasāyana

sarvajalakṣaṇamāha-sarvākṛtiriti | rugviniścaye (mā. ni.
mūrcchā. ślo. 1) - " kṣīṇasya bahudoṣasa viruddhāhā-
rasevinaḥ | vegāghātādabhighātāddhīnasatvasya vā pu-
naḥ | | karaṇāyataneṣūgrā bāhyeṣvābhyāntareṣu ca | niviṣ- 5
ante yadā doṣastadā mūrcchāntu mānavāḥ | | dravasvabh-
āva ityeke ddaṣṭā yadābhimuhyati | guṇāstīvrataratvena
sthitāstu viṣamadyayoḥ | | ta eva tasmāttābhyāṃ tu mo-
hau syātāṃ yathoritou | stabdhāṅgaddaṣṭistvasrjā gūdh-
ośvāsaśca mūrccchitaḥ | | madyena vilapaṃcchete naṣṭavi-
bhrāntamānasaḥ | gātrāṇi vikṣīpanbhūmau jarāṃ yāvanna 10
tat | | vepathusvanpatṛṣṇāḥ syustamaśca viṣamūrccchite |
veditavyaṃ tīvratarāṃ yathāsvaṃ viṣalakṣaṇaiḥ | | mūr-
ccchā pittatamaḥprāyā rajaḥ pittānilādbhramaḥ | tamovāt-
akaphātandrā nidrā śleṣmatamobhavā | | yo+anāyāsaḥ śr-
amo dehe prabhūtaśvāsavarjitaḥ | klamaḥ sa iti vijñeya 15
indriyārthaprabādhakaḥ | | hr̥tpīḍā jṛmbhaṇaṃ glāniḥ sa-
mññādourbalyameva ca | mūrccchānāṃ purvarūpāṇi yath-
āsvaṃ ca vibhāvayet | | pṛthivyāpastamorūpaṃ raktaga-
ndhastadanvayaḥ | tasmādraktasya gandhena mūrccchanti
bhuvi mānavāḥ | | " iti | § 10308 20

3.6.83 Aṣṭāṅgahr̥dayasaṃhitā

atha sannyāsanidānam | | 36 | |
doṣeṣu madamūrcchāyāḥ kṛtavegeṣu
dehinām | | 36 | |
svayamevopaśāmyanti, sannyāso
nauśadhairvinā | | 36 | | § 10311

3.6.84 Sarvāṅgasundarā

madāśca mūrcchāyāśca madamūrcchāyāḥ, kṛtavegeṣu do-
ṣeṣu satsu svayameva-auśadham vinā+api, śāmyanti | sa-
nnyāsaḥ punarauśadhairvinā na śāntimeti | § 10312

3.6.85 Āyurvedarasāyana

madamūrcchayoraouśadhābhedānmadabhedā api mūrcch-
ābhedatvenoktāḥ | madādīnāmouśadham vinā nivṛttimāha-
doṣoṣviti | sannyāsasyauśadhaikanivartyatvamāha-sanyāsa
iti | § 10313

3.6.86 Aṣṭāṅgahr̥dayasaṃhitā

vāgdehamanasām ceṣṭāmākṣipyātibalā malāḥ | | 37 | |
sannyāsam sannipatitāḥ
prāṇāyatanaśrayāḥ | | 37 | |
kurvanti, tena puruṣaḥ kāṣṭhībhūto
mṛtopamaḥ | | 38 | |
mriyeta śīghraṃ śīghraṃ ceccikitsā na
prayujyate | | 38 | | § 10317

3.6.87 Sarvāṅgasundarā

vāk ca dehaśca manaśca, teṣāṃ ceṣṭāṃ-yathāsvalakṣaṇām,
ākṣipyā malāḥ-vātapittakaphāḥ, sannipatitāḥ santaḥ-traya
ekakāryodyatāḥ, sannyāsam kurvanti | kimbhūtāḥ ? atib-
alāstathā prāṇāyatanaśrayāḥ,-viśeṣeṇa hr̥dayāśrayāḥ |

tena-sannyāsenā, puruṣaḥ kāṣṭhībhūtaḥ-sthāṇukuḍyakalpaḥ,
tathā mṛtopamaḥ-tatsadṛśo bhūtvā, anantaraṃ śīghraṃ
mriyeta | yadi śīghraṃ cikitsā na prayujyate | mriyeta iti
sambhāvanāyāṃ liṅ | § 10318

3.6.88 Āyurvedarasāyana

sannyāsayā samprātpimāha-vāgdehamanasāmiti | sannyāsalakṣaṇamāha-
teneti | § 10319

3.6.89 Aṣṭāṅgahṛdayasaṃhitā

agādhe grāhabahule salilaugha ivātaḥ | | 39 | |
sannyāse vinimajjantaṃ naramāśu
nivartayet | | 39 | |
iti sannyāsanidānam | | 3 | | § 10322

3.6.90 Sarvāṅgasundarā

agādhe-atalasparśe, salilaughe, tathā grāhabahule-makarādiprāṇaharaprā-
tathā+ataḥ-rodhasi | tathā tasminnimajjantaṃ naramāśu-
śīghraṃ, nivartayet-tasmāduddharet, evaṃ sannyāse+api
nimajjantaṃ naramāśu nivartayet | anenodāharaṇena madā(hā)tyayatvam
vyādheḥ pradarsāyan svalpakālahāpanamapyatra vyā- 5
dhau na kāryamiti dyotayati | § 10323

3.6.91 Āyurvedarasāyana

sannyāstvarayā cikitsya ityāha-agādha iti | iti madādini-
dānam | § 10324

3.6.92 Aṣṭāṅgahṛdayasaṃhitā

madamānaroṣatoṣaprabhṛtibhiraribhirnijaiḥ
pariṣvaṅgaḥ | | 40 | |
yuktāyuktaṃ ca samaṃ yuktiviyuktena
madyena | | 40 | | § 10326

3.6.93 Sarvāṅgasundarā

yuktiviyuktena madyena madādibhirnijaiḥ-sahajātaiḥ, [aribhiḥ-
] śatrubhirdrṣṭādrṣṭavināśakāribhiḥ, pariṣvaṅgaḥ-atisaṃśleṣo,
bhavati | na kevalaṃ madyena madādyatisaṅgaḥ, yāvady-
uktāyuktaṃ samaṃ-tulyaṃ, sampadyate | yuktamanuṣṭh-
5 eyam, ayuktamananuṣṭheyam, tadubhayaṃ samaṃ jāyate,
kāryākāryaṃ na jānātītyarthaḥ | yataścaivaṃ tato madya-
pāne yuktergarīyastvam | yuktiśca prāgeva darśitā | "āryā-
dviṭīyadalabhavalakṣma pratiniyatamavagamyā | ubhay-
atrāpyupagītiṃ vadanti yatyaṃśakairgaditaiḥ | | " § 10327

3.6.94 Aṣṭāṅgharḍayasamhitā

balakāladeśasātmyaprakṛtisahāyāmayavayāṃsi | | 41 | |
pravibhajya tadanurūpaṃ yadi pibati tataḥ
pibatyaṃṛtam | | 41 | | § 10329
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira-
citāyāmaṣṭāṅgharḍayasamhitāyāṃ ṛtīye nidānasthāne ma-
5 dātyayādīnidānaṃ nāma ṣaṣṭho+adhyāyaḥ | | 6 | | § 10330

3.6.95 Sarvāṅgasundarā

balakālādīn pravibhajya-buddhyā vimṛśya, tadanurūpaṃ-
tadyogyaṃ, yadi pibati tato+amṛtaṃ pibati | madyavyāj-
enāmṛtamāsvādayatītyarthaḥ | āryā | iti śrīmṛgāṅkadatta-
putraśrīmadaruṇadattaviracitāyāmaṣṭāṅgharḍayaṭīkāyāṃ
5 sarvāṅgasundarākhyāyāṃ ṛtīye nidānasthāne madātyay-
ādīnidānaṃ nāma ṣaṣṭho+adhyāyaḥ samāptaḥ | | 6 | | § 10331

3.6.96 Āyurvedarasāyana

..... iti hemādriṭīkāyāmāyurvedarasāyane | madātyayan-
idānaṃ ca samastyena nirūpitam | | § 10332

3.7 arṣonidanādhyāyaḥ : 7

3.7.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto+arśasāṃ nidānaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 10334

3.7.2 Sarvāṅgasundarā

vyākhyā pūrvavat | § 10335

3.7.3 Aṣṭāṅgahr̥dayasaṃhitā

arivatprāṇino māṃsakīlakā viśasanti yat | | 1 | |
arśāṃsi tasmāducyante
gudamārganirodhataḥ | | 1 | |
doṣāstvanmāṃsamedāṃsi sandūṣya
vividhākṛtīn | | 2 | |
māṃsāṅkurānapānādau kurvantyarśāṃsi tān
jaguḥ | | 2 | | § 10339

3.7.4 Sarvāṅgasundarā

anena sarveṣāmapyarśasāṃ gudamedhrādijānāṃ sāmā-
nyena samprāptyākṛtī nirūpayati | doṣāḥ-vātādayaḥ, tva-
ṅmāṃsamedāṃsi dūṣayitvā+apānādau yanmāṃsāṅkurān
kurvanti tānarśāṃsi jaguḥ, tantrakṛta iti śeṣaḥ | ādiśabd-
ena karṇanāsādīnāṃ grahaṇam | kimbhūtān māṃsāṅku- 5
rān ? vividhākṛtīn-nānāsamsthānān | § 10340

3.7.5 Aṣṭāṅgahr̥dayasaṃhitā

sahajanmottarotthānabhedāddvedhā samāsataḥ | | 3 | |
śuṣkasrāvivibhedācca-----
| | 3 | | § 10342

3.7.6 Sarvāṅgasundarā

tāni ca samāsataḥ-saṅkṣepato, dvedhā-dviprakārāṇi | ka-
tham ? ityāha-sahetyādi | saha janmanā, sahanma cotta-
raṃ ca sahanmottare, tayorutthānaṃ sahanmottarotth-
ānaṃ, tena bhedo-viśeṣaḥ, tasmāt | kāniciccharīreṇa saha
5 jātāni kānicijjanmottarabhāvīni | tathā, śuṣkasrāvivibhed-
acca dvedhā,-kānicicchuṣkāṇi kānicitsrāvīni | § 10343

3.7.7 Aṣṭāṅgahr̥dayasaṃhitā

-----gudaḥ sthūlāntrasaṃśrayaḥ | | 3 | |
ardhapañcāṅgulastasmimstisro+adhyardhāṅgulāḥ
sthitāḥ | | 4 | |
valyaḥ, pravāhiṇī tāsāmantarmadhye
visarjanī | | 4 | |
bāhyā saṃvaraṇī tasyā gudauṣṭho
bahiraṅgule | | 5 | |
5 yavādhyardhaḥ pramāṇena romāṇyatra tataḥ
param | | 5 | | § 10348

3.7.8 Sarvāṅgasundarā

sthūlāntraṃ saṃśrayaḥ-āśrayo, yasya sa evaṃvidho gu-
daḥ | sthūlaṃ yadantraṃ tatra pratibaddha ityarthaḥ |
kiṃpramāṇo+asau ? ardhapañcāṅgulaḥ | ardhenonāni
pañca-ardhapañca | śākapārthivāditvātsamāsaḥ | ardhap-
5 aṅca aṅgulāni yasya so+ardhapañcāṅgulaḥ,-sārdhacaturaṅgulaparimāṇaḥ |
tasmin-gude, tisro valyaḥ-trisaṅkhyāḥ sthitāḥ | kiṃparim-
āṇaḥ ? adhyardhāṅgulāḥ, adhikamardhamaṅgulaṃ praty-
ekaṃ parimāṇaṃ yāsāṃ tā evam | atha tāṃsāṃ-tisrṇām,
arthānugatāni nāmānyāha-tatra-malpravāhaṇādantaḥ-antare
10 sthitā valī, pravāhiṇīti kathyate | madhye-madhyasthitā
valī, malasya pravahato bahirvisarjanāt visarjanīti bha-
ṇyate | gudasya bāhye sthitā malasya saṃvaraṇāt saṃv-
araṇītyucyate | tasyāḥ-saṃvaraṇīsaṃjñāyā valeḥ, aṅgule-
tatparimāṇe, bahiḥ-bāhye, gudauṣṭhaḥ sthitāḥ | pramāṇena-

parimāṇato, gudauṣṭhau yavādhyardhaḥ-sārdhayavapramāṇaḥ |
tato-gudauṣṭhāt, paraṃ-parato bahiḥ, romāṇyatra gude,
jāyante | § 10349

3.7.9 Aṣṭāṅgahr̥dayasaṃhitā

tatra hetuḥ sahotthānāṃ valībījopataptatā | | 6 | |
arśasāṃ, bījataptistu mātāpitrapacārataḥ | | 6 | |
daivācca, tābhyāṃ kopo hi sannipātasya
tānyataḥ | | 7 | |
asādhyānvevamākhyātāḥ sarve rogāḥ
kulodbhavāḥ | | 7 | | § 10353

3.7.10 Sarvāṅgasundarā

tatrete nirdhāraṇe, sahajottarakālabhāviṣvarśaḥsu madhye,
sahotthānāmarśasāṃ hetuḥ valībījopataptatā | valyāḥ-sambandhi
bījaṃ-śukrārtavāṃśo, yasmātsā valī utpadyate | upatapta-
sya bhāva upataptatā,-arśovikāraṇasamarthairvātapittakaphaiḥ
pīdanam, balībījasyopataptatocyate | sā ca bījopataptiḥ- 5
bījopatāpo, mātāpitrapacārataḥ | mātā ca pitā ca mātāpita-
rau, tayorapacāraḥ-aparādha āhāravihārādikṛtaḥ, tasmāt |
tathā daivāt-tathāvidhāt prākṛtādaśubhakarmaṇo, bījop-
ataptiḥ | tābhyāṃ-mātāpitrapacāradaivābhyāṃ, yasmātsa-
nnipātasya kopaḥ, tasmāttāni-arśāṃsi, asādhyāni | evaṃ- 10
anena prakāreṇa, prāṇināṃ sarve rogāḥ kulodbhavā ākhy-
ātāḥ | bījopataptatvādasādhyā ityārthaḥ | § 10354

3.7.11 Aṣṭāṅgahr̥dayasaṃhitā

sahajāni viśeṣeṇa rūkṣadurdarśanāni ca | | 8 | |
antarmukhāni pāṇḍūni dāruṇopadravāni
ca | | 8 | | § 10356

3.7.12 Sarvāṅgasundarā

sahajānyarśāṃsi viśeṣeṇa rūkṣādiguṇayutāni bhavanti |
viśeṣeṇetyanenaitad dyotayati,-uttarajātānyapyevambhūtāni
bhavantīti | § 10357

3.7.13 Aṣṭāṅgahr̥dayasaṃhitā

ṣoḍhā+anyāni
pṛthagdoṣasaṃsarganicayāsrataḥ | | 9 | | § 10358

3.7.14 Sarvāṅgasundarā

anyāni-uttarajātānyarśāṃsi, ṣaṭprakārāṇi | pṛthagdoṣairv-
ātapittakaphaistrīṇi, tathā saṃsargeṇaikam, tathā nicay-
ena [ekam] tathā raktena [ekam], iti ṣaṭtvam | ṣoḍhāśa-
bdaḥ pṛṣodarādih | § 10359

3.7.15 Aṣṭāṅgahr̥dayasaṃhitā

śuṣkāṇi vātaśleṣmabhyāmārdrāṇi
tvasrapittataḥ | | 9 | | § 10360

3.7.16 Sarvāṅgasundarā

"śuṣkasrāvivibhedācca dvidhā" (ślo. 3) ityuktam | tatra
śuṣkāṇi prāyeṇa vātakaphābhyām vyastasamastābhyām |
yāni tvārdrāṇi tānyasrapittataḥ, tathaiva vyastasamastā-
bhyām bhavanti | § 10361

3.7.17 Aṣṭāṅgahr̥dayasaṃhitā

doṣaprapakopahetustu prāguktastena sādite | | 10 | |
agnau, male+atinicite,
punaścātivavāyataḥ | | 10 | |
yānaśaṅkṣobhaviṣamakāṭhinotkāṭakāsanāt | | 11 | |

bastinetrāśmalōṣṭhorvītalacailādighaṭṭanāt | | 11 | |
 bhṛśam śītāmbusamsparsātpratātātipravāha-
 nāt | | 12 | |
 vātamūtraśakṛdvegadhāraṇāttadudīraṇāt | | 12 | |
 jvaragulmātisārāmagrahaṇīśophapāṇḍubhiḥ | | 13 | |
 karśanādviṣamābhyaśca ceṣṭābhyo, yoṣitām 5
 punaḥ | | 13 | |
 āmagarbhaprapatanādgarbhavṛddhiprapīdanāt | | 14 | |
 īdrśaiścāparairvāyurapānaḥ kupito
 malam | | 14 | |
 pāyorvalīṣu taṃ dhatte
 tāsvabhiṣyaṇṇamūrtiṣu | | 15 | |
 jāyante+arśāmsi-----
 | | 15 | | § 10373

3.7.18 Sarvāṅgasundarā

prāk-pūrvam sarvarogavidāne, doṣaprapakopahetuḥ [ukto-
] darśitaḥ | tena-doṣaprapakāraṇena, vahnau sādite-
 mandatvam gamite | agnimāndyādāhāraḥ samyakpāk-
 amagacchan bhūyasā malatvenaiva sampadyate | tata
 idamāha-male+atinicite | male-purīṣākhye, atinicite-pravṛddhe
 māmsāṅkurajanāyogye, vāyurapānākhyāḥ pāyoḥ samb-
 andhinīṣu valīṣu, taṃ malam nicitaṃ dhatte | taddeś-
 amalavyatisamparkāttā valayo+abhiṣyaṇṇamūrtayaḥ pr-
 aklinnadehāḥ sampadyante | tāsu cābhiṣyaṇṇamūrtiśva-
 rśāmsi jāyante | ityuttarakālaajānāmarśasām samprāptiḥ | 10
 tathā ca kena vāyuḥ kupito malam dhatte ? ityāha-
 punaścātivyaṅyavāyata ityādi | punariti nirdeśāt pūrvoktena
 hetunā vāyuḥ kupitaḥ, tathā+ativyaṅyavāyādibhiḥ kupita iti
 gamayati | bastyādīnām ghaṭṭanena sambandhaḥ | prat-
 atātātipravāhaṇena doṣādivegānām pravartanam | vātam- 15
 ūtraśakṛdvegānām tūdīraṇamihoktamiti pravāhaṇodīraṇ-
 ayordvayorupādānam | jvarādibhiḥ karśanāditi yojyam |
 viṣamābhyaśca ceṣṭābhya iti sāhasādiviṣamācaraṇādikā-
 bhyaḥ | yoṣitām punarīti punaḥśabdena pūrvoktebhyaḥ
 prakārebhyaḥ prakārāntaramāmagarbhaprapatanādikaṃ 20
 gṛhyate | īdrśairaparairapyānirdiṣṭairiha tatprapakopahetu-
 bhīrvāyuḥ kupita iti yojyam | § 10374

3.7.19 Aṣṭāṅgahr̥dayasaṃhitā

-----tatpūrvalakṣaṇaṃ mandavahnitā | | 15 | |
viṣṭambhaḥ sakthisadanam piṇḍikodveṣṭanam
bhramaḥ | | 16 | |
sādo+aṅge netrayoḥ śophaḥ śakṛdbhedo+athavā
grahaḥ | | 16 | |
mārutaḥ pracuro mūḍhaḥ prāyo
nābheradhaścaraṇaḥ | | 17 | |
5 saruk saparikartaśca kṛcchrānnirgacchati
svanaḥ | | 17 | |
antrakūjanamātopaḥ
kṣāmatodgārabhūritā | | 18 | |
prabhūtaṃ mūtramalpā viḍaśraddhā
dhūmako+amlakaḥ | | 18 | |
śiraḥprṣṭhorasāṃ śūlamālasyaṃ
bhinnavarṇatā | | 19 | |
tandrendriyāṇāṃ daurbalyaṃ krodho
duḥkhopacāratā | | 19 | |
10 āśaṅkā grahaṇīdoṣapāṇḍugulmodareṣu
ca | | 20 | | § 10384

3.7.20 Sarvāṅgasundarā

teṣāmarśasāṃ pūrvalakṣaṇaṃ tatpūrvalakṣaṇaṃ manda-
vahnitetyādikaṃ śakṛdgrahaparyantam | atra ca pūrvala-
kṣaṇamadhya "śakṛdbhedo+athavā grahaḥ" iti nirdiṣṭam,
5 kasyacitpuruṣasyotpitsusvarśaḥsu bhinnavarcastvaṃ ka-
syacidbaddhavarcastvamityathavāśabdasyārthaḥ | māruta
iti sāmartyādapānākhyāḥ, prāyo-bhūyiṣṭhaṃ kṛtvā, nābheradhaścaraṇa-
gacchan, pracuro bhavati | tathā, mūḍho-mūḍha iva mū-
ḍhaḥ | kriyāmātmīyāṃ hitveva vartamānaḥ | tathā, saruk-
saśūlaḥ | tathā, saha pārikartena vartate saparikartaḥ | chi-
10 ndanniva kṛcchrānnirgacchati, svanaḥ-śabdāyamānaḥ | ta-
thā, antrakūjanādikaṃ bhavati | tathā ca grahaṇīdoṣādiṣv-
āśaṅkā bhavati | § 10385

3.7.21 Aṣṭāṅgahr̥dayasaṃhitā

etānyeva vivarddhante jāteṣu hatanāmasu | | 20 | |
 nivartamāno+apāno hi
 tairadhomārgarodhataḥ | | 21 | |
 kṣobhayannanilānanyān
 sarvendriyaśarīragān | | 21 | |
 tathā mūtraśakṛtpittakaphān dhātūṃśca
 sāśayān | | 22 | |
 mṛdgātyagniṃ tataḥ sarvo bhavati 5
 prāyaśo+arśasaḥ | | 22 | |
 kṛśo bhr̥śaṃ hatotsāho dīnaḥ
 kṣāmo+atiniṣprabhaḥ | | 23 | |
 asāro vigatacchāyo jantujuṣṭa iva
 drumah | | 23 | |
 kṛtsnairupadravaigasto
 yathoktairmarmapīḍanaiḥ | | 24 | |
 tathā
 kāsapipāsāsyavairasyaśvāsapīnasaiḥ | | 24 | |
 klamāṅgabhaṅgavamathukṣavathuśvayathujvaraiḥ | | 25 | |
 klaibyabādhiryataimiryaśarkarāśmaripīḍitaḥ | | 25 | |
 kṣāmabhinnasvaro dhyāyanmuhuh
 ṣṭhīvannarocakī | | 26 | |
 sarvaparvāsthīhṛnnābhipāyuvan̄kṣaṇaśūlavān | | 26 | |
 gudena sravatā picchāṃ
 pulākodakasannibhām | | 27 | |
 vibaddhamuktaṃ śuṣkārdrāṃ pakkāmaṃ 15
 cāntarā+antarā | | 27 | |
 pāṇḍu pītaṃ haridraktaṃ picchilaṃ
 copaveśyate | | 28 | | § 10401

3.7.22 Sarvāṅgasundarā

etānyeva-grahaṇīdoṣādīni, hatanāmasu-arśaḥsu, jāteṣu vivarddhante-
 vṛddhimāpnuvanti | sa0-taiḥ-arśobhiḥ, adhomārgarodhā-
 dapāno nivartamāna ūrdhvaṃ pravṛttaḥ sarvā(anya)nānilān-
 samānodānavyānaprāṇān, sarvendriyaśarīragān pratyāh-

araṇarūpatayā kṣobhayan-saṃrambhān kurvan, tathā mū-
 trādīn, tathā dhātūn-rasādīṃśca, sāsāyān-sahādhāreṇa va-
 rtamānān, kṣobhayannagniṃ mṛdgāti-mandīkaroti | tataḥ-
 agnimārdavādīkāt kāraṇāt, prāyeṇārśaso-durnāmavān, kṛ-
 5 śādikaḥ syāt | arśasa ityatra "arśāditvāt" ac | vigatacch-
 āyo drumo jantuṣṭaḥ patraughavirahādyathā chāyāra-
 hitaḥ, tathāivārśasaḥ śobhārahita iti śleṣopamālaṅkāraḥ |
 tatheti na kevalaṃ pūrvoktairupadravairgrastaḥ, api tu
 kāsādibhirapītyarthaḥ | kleṣyetyādi | aśmaripīḍita ityatra
 10 "ṅyāpoḥ" ityādinā bahulavacanāddhrasvaḥ | athavā, 'aśm-
 ani pīḍitaḥ' iti pāṭhaḥ | kṣāmo bhinnaśca svarō yasya
 sa evam | tathā, dhyāyan-cintāvyāptaḥ | tathā, niṣṭhīv-
 anādibhiryutaḥ | tathā, gudena picchāṃ pulākodakasa-
 nnibhāṃ sravatā vibaddhādīkamupaveśyate | aprāptap-
 15 ākaṃ dhānyam pulākaśabdavācyam | āgamaḥ-"dhānyam
 pulāko+aniṣpannam" iti | athavā, pulākaḥ-kutsitaṃ dhā-
 nyam, tasyodakena tulyām | anye tu yavagodhūmādisv-
 eḍaḥ pulākodakamityāhuḥ, tena tulyām | vibaddhamu-
 ktamiti kadācidudāvṛttaṃ kadācidanudvṛttaṃ bhavati |
 20 § 10402

3.7.23 Aṣṭāṅgahr̥dayasaṃhitā

gudāṅkurā bahvanilāḥ śuṣkāścimicimānvitāḥ | | 28 | |
 mlānāḥ śyāvāruṇāḥ stabdhā viṣamāḥ paruṣāḥ
 kharāḥ | | 29 | |
 mitho visadr̥śā vakrāstīkṣṇā
 viśphuṭitānanāḥ | | 29 | |
 5 bimbīkarkandhukharjūrakārpāsīphalāsannibhāḥ | | 30 | |
 kecitkadambapuṣpābhāḥ
 kecitsiddhārthakopamāḥ | | 30 | |
 śiraḥpārśvāṃsakatyūruvaṅkṣaṇābhyadhikavyathāḥ | | 31 | |
 kṣavathūdgaraviṣṭambahṛdgrahārocakapradāḥ | | 31 | |
 kāsāsvāsāgnivaiṣamyakarṇanādabhramāvahāḥ | | 32 | |
 tairārto grathitaṃ stokaṃ saśabdaṃ
 sapravāhikam | | 32 | |

rukphenapicchānugataṃ
vibaddhamupaveśyate | |33| |
kṛṣṇatvañnakhaviṇmūtranetravakkraśca
jāyate | |33| |
gulmaplīhodarāṣṭhīlāsambhavastata eva
ca | |34| | § 10414

3.7.24 Sarvāṅgasundarā

vātādhikā gudajāḥ ṣuṣkādiguṇayuktāḥ | viṣamāḥ-viṣamasamsthānā
ūrdhvādastiryagādidiḥsamsthitāḥ | paruṣāḥ-ṣākapatrāditulyasparṣāḥ |
mitho visadrṣāḥ-parasparamatulyasanniveśāḥ | vakrāḥ-
dhanuṣkoṭyādivat | tathā, tīkṣṇāḥ-darbhāñkuravat | visphuṭitaṃ-
kesarādivat, ānanam yeṣāṃ ta evam | bimbyādyanekopa- 5
mānopādānam teṣāṃ vicitrarūpadarśanārtham | śira ādi-
ṣvadhikavyathāḥ | tathā, kṣavathvādipradāḥ | tathā, kās-
ādikṛtaḥ | tairārtaḥ-pīḍito, grathitādikamupaveśyate | kṛ-
ṣṇatvagādiṣca syāt | tata eva ca gudāñkurebhyo gulmādis-
ambhavaḥ | § 10415 10

3.7.25 Aṣṭāṅgahṛdayasaṃhitā

pittottarā nīlamukhā raktaptāsitaḥprabhāḥ | |34| |
tanvasrasrāviṇo visrāstanavo mṛdavaḥ
ślathāḥ | |35| |
śukajihvāyakṛt+a+akhaṇḍajalaukovakkrasannibhāḥ | |35| |
dāhapākajvarasvedatṛṇmūrccārucitamohadāḥ | |36| |
soṣmāṇo 5
dravanīloṣṇapītaraktāmavarcasaḥ | |36| |
yavamadyā harītpītahāridratvañnakhāda-
yaḥ | |37| | § 10421

3.7.26 Sarvāṅgasundarā

pittārśasāṃ nīlamukhā ityādi lakṣaṇam hāridratvañna-
khādaya itiparyantam | tanu-accham, asraṃ-raktam, ni-
tyam sravanti, iti "ābhīkṣṇye" ṇiniḥ | tathā, tanavo-na gh-

anāḥ, śleṣma-gudāṅkuravat | mṛdavaḥ-śirīṣapuṣpādivat |
ślathāḥ-svinnamāṃsādivat | śukajihvetyādi bahūpamā-
tvaṃ pūrvavat saṃsthānavarṇavaicitryārtham | dravādī-
nāṃ varcasā sambandhaḥ | yavamadhyāḥ-yavamadhyasaṃsthānāḥ |
5 harito-dūrvāvarṇāḥ, pītā hāridrāśca tvagādayo yeṣāṃ ta
evam | ādiśabdena nayanaviṇmūtrādayo gṛhyante | § 10422

3.7.27 Aṣṭāṅgahr̥dayasaṃhitā

śleṣmolbaṇā mahāmūlā ghanā mandarujāḥ sitāḥ | | 37 | |
ucchūnopacitāḥ snigdhaḥ
stabdhavr̥ttagurusthirāḥ | | 38 | |
picchilāḥ stimitāḥ ślakṣṇāḥ kaṇḍvādhyāḥ
sparśanapriyāḥ | | 38 | |
karīrapanasāsthyābhāstathā
gostanasannibhāḥ | | 39 | |
5 vaṅkṣaṇānāhinaḥ
pāyubastinābhivikartinaḥ | | 39 | |
sakāsaśvāsahr̥llāsaprasekārucipīnasāḥ | | 40 | |
mehakṛcchraśirojāḍyaśīśirajvarakāriṇāḥ | | 40 | |
klaibyaḅgnimārdavacchardirāmaprāyavikāradāḥ | | 41 | |
vasābhasakaphaprājyapurīṣāḥ
sapravāhikāḥ | | 41 | |
10 na sravanti na bhidyante
pāṇḍusnigdhatvagādayaḥ | | 42 | | § 10432

3.7.28 Sarvāṅgasundarā

śleṣmārśasāṃ mahāmūlādikaṃ lakṣaṇaṃ pāṇḍusnigdha-
tvagādyantam | bahvanilā ityanena pitto[ttarā ityanena śl-
eṣmo]lbaṇā ityanena ca nirdeśena sarveṣāmevārśasāṃ tr-
idoṣajatvaṃ dyotayati | tena sarvāṅyarśāṃsi tridoṣajāni,
5 bhūyasā tu vyapadeśa iti vedyam | § 10433

3.7.29 Aṣṭāṅgahr̥dayasaṃhitā

samsr̥ṣṭaliṅgāḥ samsargāt----- | | 42 | | § 10434

3.7.30 Sarvāṅgasundarā

samsargādgudāṅkurāḥ samsrṣṭaliṅgāḥ-samsrṣṭarūpāḥ, syuḥ |
§ 10435

3.7.31 Aṣṭāṅgahrdayasaṃhitā

-----nicayātsarvalakṣaṇāḥ | | 42 | | § 10436

3.7.32 Sarvāṅgasundarā

nicayāt-sannipātāt, sarvalakṣaṇāḥ-doṣatrayalakṣaṇayutāḥ |
§ 10437

3.7.33 Aṣṭāṅgahrdayasaṃhitā

raktolbaṇā gudekīlāḥ pittākṛtisamanvitāḥ | | 43 | |
vaṭaprarohasadrśā
guñjāvidrumasannibhāḥ | | 43 | |
te+atyartham duṣṭamuṣṇam ca
gāḍhaviṭpratipīditāḥ | | 44 | |
sravanti sahasā raktaṃ tasya
cātipravṛttitāḥ | | 44 | |
bhekābhaḥ pīḍyate duḥkhaiḥ
śoṇitakṣayasambhavaiḥ | | 45 | |
hīnavarṇabalotsāho hataujāḥ
kaluṣendriyaḥ | | 45 | | § 10443

5

3.7.34 Sarvāṅgasundarā

raktolbaṇāḥ-raktādhikāḥ, gudekīlāḥ pittasyākṛtyā-lakṣaṇena,
samanvitā ityādikaṃ kaluṣendriya itī yāvadeṣāṃ lakṣa-
ṇam bodhyam | gudāṅkurā itī prakṛte+apī gudekīlā ity-
uktaṃ vaicitryārtham | te ca gudekīlā atiduṣṭamuṣṇam
ca sahasā-acintitameva sūlādiliṅgaiḥ, raktaṃ sravanti, 5
gāḍhaviṭpratipīditāḥ santaḥ | tasya-raktasya, atipravṛtt-
ito bhekābho bhavati | co+avadhāraṇe, tasyaiva rakta-

syātipravartanānmaṇḍūkābhaḥ syāt, na kāraṇāntareṇe-
tyarthah | śoṇitakṣayasambhavairduḥkhaiḥ-rogaiḥ, pīḍy-
ate | "rakte+amlaśīśiraprītisirāsaiṭhilyarūkṣatāḥ |" (hr. sū.
a. 11 | 17) iti raktakṣayajāḥ uktāḥ | tathā, hīnavarṇabalots-
5 āhādiḥ syāt | § 10444

3.7.35 Aṣṭāṅgharḍayasamhitā

mudgakodravajūrṇāhvakarīracaṇakādibhiḥ | | 46 | |
rūkṣaiḥ saṅgrāhibhirvāyuḥ sve sthāne kupito
balī | | 46 | |
adhovahāni srotāṃsi samrudhyādhaḥ
praśoṣayan | | 47 | |
purīṣam vātaviṇmūtrasaṅgam kurvīta
dāruṇam | | 47 | |
5 tena tīvrā rujā koṣṭhapṛṣṭhahrtpārśvagā
bhavet | | 48 | |
ādhmānamudarāveṣṭho hrllāsaḥ
parikartanam | | 48 | |
bastau ca sutarāṃ śūlam
gaṇḍaśvayathusambhavaḥ | | 49 | |
pavanasyordhvagāmitvaṃ
tataścchardyarucijvarāḥ | | 49 | |
10 hr̥drogagrahaṇīdoṣamūtrasaṅgapravāhikāḥ | | 50 | |
bādhiryatimiraśvāsaśīrorukkāsapīnasāḥ | | 50 | |
manovikārastr̥ṇāsrapittagulmodarādayaḥ | | 51 | |
te te ca vātajā rogā jāyante bhṛśadāruṇāḥ | | 51 | |
durnāmnāmityudāvartaḥ
paramo+ayamupadravaḥ | | 52 | |
vātābhibhūtakoṣṭhānāṃ tairvinā+api sa
jāyate | | 52 | | § 10458

3.7.36 Sarvāṅgasundarā

ādiśabdena masūrādīnāṃ grahaṇam | mudgādibhī rūkṣ-
aiḥ saṅgrāhibhirvāyuḥ-apānākhyāḥ, sve sthāne-bastyādilakṣaṇe,
kupito+ata eva balavān, svasthāne kupito balī syāt |

balī pavano vātādisaṅgaṃ [dāruṅgaṃ] kurvīta | kiṃ kṛ-
 tvā ? adhovahāni srotāṃsi saṃrudhya | kiṃ kurvan ?
 adhaḥ purīṣaṃ praśoṣayan | tena-vātaviṅmūtrasaṅgena
 hetunā, tena vā-tathāvidhena vāyukopena, tīvrā-dāruṅā,
 pīḍā koṣṭhādigā bhavet | tathā, ādhmānādayaḥ syuḥ pa- 5
 rikartanaṃ ca | bastau ceti caśabdo bhinnakramaḥ, śū-
 laṃ cetyarthaḥ | gaṇḍayoḥ śvayathurgaṇḍaśvayathuḥ,
 tasya sambhavaḥ | pavanasya-prakṛtatvādapānākhyasya,
 ūrdhva-gāmitvaṃ syāt | tataḥ-ūrdhvagamanāt, chadyā-
 dayaḥ syuḥ | te te ca vātajā rogāḥ-aneke nakhabhed- 10
 ādayo, bhṛśadāruṅāḥ-atiśayena duḥkhāvahāḥ, jāyante |
 durnāmnāmiti-evaṃ pūrvoktena prakāreṇa, ayaṃ udāv-
 artaḥ paramo-mahān, upasravaḥ smrto munīndraitī śe-
 ṣaḥ | vātetyādi | vātenābhūbhito-vyāptaḥ, koṣṭho yeṣāṃ ta
 evaṃ teṣāṃ [taiḥ-] durnāmabhirvinā+api, saḥ-udāvarto jā- 15
 yate, na kevalaṃ taiḥ, ityapīśabdārthaḥ | § 10459

3.7.37 Aṣṭāṅgaḥṛdayasaṃhitā

sahajāni tridoṣāṇi yāni cābhyantare valau | | 53 | |
 sthitāni tānyasādhyāni,
 yāpyante+agnibalādibhiḥ | | 53 | | § 10461

3.7.38 Sarvāṅgasundarā

sahajānyarśāṃsi, tathā tridoṣajāni yathottarakālaajānyapi,
 ābhyantare valau yāni sthitānyekadoṣajāni tānyapyasā-
 dhyāni | baliśabdaḥ puṃstrīliṅgaḥ | arśasāmasādhyānāṃ
 kiṃ kāryam ? ityāha-yāpyanta ityādi | agnibalamādi ye-
 ṣāṃ ta evam, tairyāpyante | agnibale+akṣiṇa āyuṣi ca pā- 5
 dasampadi cetyarthaḥ | § 10462

3.7.39 Aṣṭāṅgaḥṛdayasaṃhitā

dvandvajāni dvitīyāyāṃ valau yānyāśritāni ca | | 54 | |
 kṛcchrasādhyāni tānyāhuḥ parisamvatsarāni
 ca | | 54 | | § 10464

3.7.40 Sarvāṅgasundarā

dvandvajāni-saṅkarotpannāni, yāni ca dvitīyāyāṃ valau
saṃśritāni, tāni kṛcchrasādhyānyāhuḥ, munaya iti śeṣaḥ |
tathā parisamvatsarāṇi ca kṛcchrasādhyāni | parigatāni sa-
m̐vatsaraṃ parisamvatsarāṇi, prādisamāsaḥ, varṣātikrānt-
5 ānītyarthaḥ | § 10465

3.7.41 Aṣṭāṅgahr̥dayasaṃhitā

bāhyāyāṃ tu valau jātānyekadoṣolbaṇāni ca | | 55 | |
arśāṃsi sukhasādhyāni na cirotpatitāni
ca | | 55 | | § 10467

3.7.42 Sarvāṅgasundarā

bāhyāyāṃ valau jātāni yāni tathaikadoṣolbaṇāni ca tathā
na cirotpatitāni-samvatsarādarvāgjātāni, tāni ca sukhasā-
dhyāni | § 10468

3.7.43 Aṣṭāṅgahr̥dayasaṃhitā

medhrādiṣvapi vakṣyante
yathāsvam----- | | 56 | | § 10469

3.7.44 Sarvāṅgasundarā

medhrabhayanāsākarnādiṣu cārśāṃsi vakṣyante | yathāsvaṃ-
svīye svīye+adhyāye guhyarogavijñāne nāsārogavijñāne
karnārogavijñānādauceti | § 10470

3.7.45 Aṣṭāṅgahr̥dayasaṃhitā

-----nābhijāni tu | | 56 | |
gaṇḍūpadāsyarūpāni picchilāni mṛdūni
ca | | 56 | | § 10472

3.7.46 Sarvāṅgasundarā

nābhijāni tu-nābhau jātāni punargaṇḍūpadāsyarūpāṇi,
gaṇḍūpadānāṃ-kiñculukānāmāsyam tadiva rūpaṃ ye-
śāṃ tānyevam | tathā picchilāni-picchāvanti, tathā mṛdūni
ca bhavanti | § 10473

3.7.47 Aṣṭāṅgahr̥dayasaṃhitā

vyāno gr̥hītvā śleṣmāṇam karotyarśastvaco bahiḥ | | 57 | |
kīlopamaṃ sthirakharam carmakīlam tu taṃ
viduḥ | | 57 | | § 10475

3.7.48 Sarvāṅgasundarā

vyānākhyo vāyuḥ śleṣmāṇam gr̥hītvā+arśaḥ karoti | kka ?
tvaco bahiḥ-bāhyapradeśe | kimbhūtam ? kīlopamaṃ ta-
thā sthiram kharam ca | taṃ ca-gudāṅkuraṃ, carmakīlam
viduḥ, munaya iti śeṣaḥ | § 10476

3.7.49 Aṣṭāṅgahr̥dayasaṃhitā

vātena todaḥ pārūṣyam, pittādasitaraktatā | | 58 | |
śleṣmaṇā snigdhatā tasya grathitvatvaṃ
savarṇatā | | 58 | | § 10478

3.7.50 Sarvāṅgasundarā

tatra vātenādhikena toda pārūṣye bhavataḥ | pittādasitar-
aktatā bhavati | śleṣmaṇā tasya-carmakīlasya, snigdhatā-
dikaṃ syāt | grathitvatvaṃ-granthisadrśatvam | savarṇatā-
prākṛtaśarīratulyavarṇatā | § 10479

3.7.51 Aṣṭāṅgahr̥dayasaṃhitā

arśasāṃ praśame yatnamāṣu kurvīta buddhimān | | 59 | |

tānyāśu hi gudaṃ baddhā

kuryurbaddhagudodaram | | 59 | | § 10481

iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira-
citāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ ṛṭīye nidānasthāne+arśasāṃ
nidānaṃ nāma saptamo+adhyāyaḥ | | 7 | | § 10482

3.7.52 Sarvāṅgasundarā

arśasāṃ praśame-śāntau, matimān śīghraṃ yatnaṃ kurv-
īta | kimiti cet ? tadāha-tānītyādi | yasmāttāni-arśāṃsi, gu-
daṃ baddhā-nirūddhya, baddhagudodaram śīghraṃ ku-
ryuriti | iti śrīmr̥gāṅkadattaputraśrīmadaruṇadattavira-
5 citāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarvāṅgasundarākhyāyāṃ
ṛṭīye nidānasthāne+arśasāṃ nāma saptamo+adhyāyaḥ sa-
māptaḥ | | 7 | | § 10483

3.8 atīsāragrahaṇiroganidānādhyāyaḥ : 8

3.8.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto+atīsāragrahaṇīdoṣanidānaṃ

vyākhyāsyāmaḥ | | 2 | |

iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 10485

3.8.2 Sarvāṅgasundarā

pūrvavadvyākhyā | § 10486

3.8.3 Aṣṭāṅgahr̥dayasaṃhitā

doṣairvyastaiḥ samastaiśca bhayācchokācca

śaḍvidhaḥ | | 1 | |

atīsāraḥ-----

| | 1 | | § 10488

3.8.4 Sarvāṅgasundarā

doṣairvyastaiḥ-prthagvātapittakaphaiḥ, samastaiḥ-sannipātena,
tathā bhayāt śokāceti ṣaḍvidho+atīsāraḥ | § 10489

3.8.5 Aṣṭāṅgahr̥dayasaṃhitā

-----sa sutarāṃ jāyate+atyambupānataḥ | | 1 | |
kṛśāśuṣkāmiṣāsātmyatilapiṣṭavirūḍhakaiḥ | | 2 | |
madyarūksātimātrānnairarśobhiḥ
snehavibhramāt | | 2 | |
kṛmibhyo vegarodhācca tadvidhaiḥ
kupito+anilaḥ | | 3 | |
visraṃsayatyadho+abdhātuṃ hatvā tenaiva 5
cānalam | | 3 | |
vyāpadyānuśakṛtkoṣṭhaṃ purīṣaṃ dravatāṃ
nayan | | 4 | |
prakalpate+atīsārāya-----
| | 4 | | § 10496

3.8.6 Sarvāṅgasundarā

sa ca sutarāmatyambupānāt jāyate | kṛśāśuṣkāmiṣād-
ibhistathā tadvidhaiḥ-vātaprakopahetubhirihānuktairapi,
anilaḥ kupito+abdhātuṃ śarīragatamadho visraṃsayati-
adhastānnayati | snehavibhramaḥ-snehavyāpattiḥ | tenaiva-
abdhātunā, analaṃ-jaṭharāgniṃ, hatvā-mandatvaṃ nītvā, 5
tathā koṣṭhaṃ vyāpadya-śūnyatāṃ koṣṭhasya kārayitvā,
anuśakṛt-śakṛtaḥ samīpe, na tu sarvaṃ koṣṭham | purīṣaṃ
ca tenaiva dhātunā dravatāṃ nayan-prāpayan | atīsārāya
kalpate-sampadyate | anila iti yojyam | § 10497

3.8.7 Aṣṭāṅgahr̥dayasaṃhitā

-----lakṣaṇaṃ tasya bhāvinaḥ | | 4 | |
todo hr̥dgudakoṣṭheṣu gātrasādo
malagrahaḥ | | 5 | |

ādhmānamavipākaśca-----
| | 5 | | § 10500

3.8.8 Sarvāṅgasundarā

tasya-atīsārasya, bhāvino-bhaviṣyato lakṣaṇam, todo hr̥d-
ādiṣu gātrasādādi ca | § 10501

3.8.9 Aṣṭāṅgahr̥dayasaṃhitā

-----tatra vātena vidjalam | | 5 | |

alpālpam śabdaśūlādhyam

vibaddhamupaveśyate | | 6 | |

rūkṣam saphenamaccham ca grathitam vā

muhurmuhuḥ | | 6 | |

tathā dagdhaguḍābhāsam

sapicchāparikartikam | | 7 | |

5 śuṣkāsyo bhraṣṭapāyusca hr̥ṣṭaromā

viniṣṭanan | | 7 | | § 10506

3.8.10 Sarvāṅgasundarā

[tatra-] teṣu ṣaḍatīsāreṣu, vātenātīsāre vidjalādikaṃ śuṣk-
amukhādiko nara upaveśyate | kiṃ kurvan ? viniṣṭanan |
ko+arthaḥ ? niḥkuthan | § 10507

3.8.11 Aṣṭāṅgahr̥dayasaṃhitā

pittena pītamasiṭam hāridram śādvalaprabham | | 8 | |

saraktamatidurgandham

ṭṭmūrcchāsvedadāhavān | | 8 | |

saśūlam pāyusantāpapākavān-----

| | 9 | | § 10510

3.8.12 Sarvāṅgasundarā

pittena ṭṭdādimānnaḥ pītādikamupaveśyate | § 10511

3.8.13 Aṣṭāṅgahr̥dayasaṃhitā

-----śleṣmaṇā ghanam | | 9 | |
picchilaṃ tantumacchvetam̐ snigdhamāmam̐
kaphānvitam | | 9 | |
abhīkṣṇam̐ guru durgandham̐
vibaddhamanubaddharuk | | 10 | |
nidrāluralaso+annadviḍalpālpaṃ
sapravāhikam | | 10 | |
saromaharṣaḥ sotkleśo
gurubastigudodaraḥ | | 11 | |
kṛte+apyakṛtasam̐jñāśca-----
| | 11 | | § 10517

5

3.8.14 Sarvāṅgasundarā

śleṣmaṇā ghanādiguṇam̐ nara upaveśyate | nidrālusta-
thā+alaso+annadveṣī ca stokam̐ stokam̐ saha pravāhikayā
vartate sapravāhikam̐ copaveśyate | tathā, saromaharṣādi-
kaḥ syāt | kṛte+apyakṛtasam̐jñāśca-tathā kṛte+apyakṛtasam̐jñāśca
purīṣotsarge+akṛtasam̐jñāḥ kṛtapurīṣotsarga iti sam̐ved- 5
anā na bhavati | § 10518

3.8.15 Aṣṭāṅgahr̥dayasaṃhitā

-----sarvātmā sarvalakṣaṇaḥ | | 11 | | § 10519

3.8.16 Sarvāṅgasundarā

sarvātmā-sannipātena, sarvadoṣalingaḥ | § 10520

3.8.17 Aṣṭāṅgahr̥dayasaṃhitā

bhayena kṣobhite citte sapitto drāvayecchakṛt | | 12 | |
vāyustato+atisāryeta kṣipramuṣṇam̐ dravam̐
plavam | | 12 | |

vātapittasamaṃ
liṅgairāhuḥ----- | | 13 | | § 10523

3.8.18 Sarvāṅgasundarā

bhayena citte kṣobhite sati pittasahito vāyuh śakṛddrāva-
yet | tato+anantaramatisāryeta, kṣiprādiguṇayuktaṃ liṅ-
airvātapittatulyam | § 10524

3.8.19 Aṣṭāṅgahr̥dayasaṃhitā

-----tadvacca śokataḥ | | 13 | | § 10525

3.8.20 Sarvāṅgasundarā

tadvacca-bhayena tulyaliṅgaṃ, śokādatisāryate | § 10526

3.8.21 Aṣṭāṅgahr̥dayasaṃhitā

atīsāraḥ samāsenā dvidhā sāmō nirāmakaḥ | | 13 | |
sāsr̥nirasraḥ----- | | 14 | | § 10528

3.8.22 Sarvāṅgasundarā

atīsāraḥ ṣoḍhā bhavan dviprakāraḥ saṅkṣepeṇa | ekaḥ
sāmō dvitīyo nirāmakaḥ | tathā, ekaḥ sarakto dvitīyo ni-
rasraḥ | § 10529

3.8.23 Aṣṭāṅgahr̥dayasaṃhitā

-----tatrādye gauravādapsu majjati | | 14 | |
śakṛddurgandhamāṭopaviṣṭambhārtiprasekinaḥ | | 14 | | § 10531

3.8.24 Sarvāṅgasundarā

tatra-tasmin, ādye-sāme+atīsāre, gauravādapsu patitaṃ
purīṣaṃ majjati-brudati, durgandhaṃ ca syāt | āṭopādiy-
utasya puṃsaḥ | § 10532

3.8.25 Aṣṭāṅgahrdayasaṃhitā

viparīto nirāmastu kaphātpakvo+api majjati | | 15 | | § 10533

3.8.26 Sarvāṅgasundarā

nirāmastvatīsāro+ato viparītaḥ-apsu plavati, āṭopādirah-
itasya puṃsaḥ | sa0-kaphātpunaḥ svabhāvagurutvāt pa-
kvo+api majjati | § 10534

3.8.27 Aṣṭāṅgahrdayasaṃhitā

atīsāreṣu yo nātiyatnavān grahaṅgadaḥ | | 15 | |
tasya syādagnividhvamaṃsakarairanyasya
sevitaiḥ | | 16 | | § 10536

3.8.28 Sarvāṅgasundarā

atīsāreṣu yo+atiyatnavānna bhavati tasya grahaṅgado bh-
avediti grahaṅyā nidānam | anyasya-anatisāriṇaḥ, agnividhvamaṃsakaraiḥ-
vahnimāndyahetubhirannapānaiḥ, śīlitairgrahaṅīrogaḥ syāt |
§ 10537

3.8.29 Aṣṭāṅgahrdayasaṃhitā

sāmaṃ śakṛnnirāmaṃ vā jīrṇe yenātisāryate | | 16 | |
so+atisāro+atisaraṅādāsukārī
svabhāvataḥ | | 17 | | § 10539

3.8.30 Sarvāṅgasundarā

sāmaṃ purīṣamathavā nirāmaṃ jīrṇa āhāre sati yena-
vyādhinā, atisāryate-atyartham bahirniḥsāryate, sa vyā-
dhiratīsāraḥ | atisaraṇāddhetoḥ | atisaraṇaśabdanirdeśena
cāsyānvarthatvaṃ dyotitam | tadevamatisaraṇādatīsāra
5 ityucyate | nanu, evaṃ sati yadā grahaṇīdoṣe+apyatisaraṇam
kathañcitsyāttadā tasyāpyatīsāratvaṃ syādityāśaṅkyāha-
āśukārītyādi | prabhāvapradhāno+ayaṃ nirdeśaḥ | hetau
prathamā | svabhāvenāśukārityādatisāro grahaṇīdoṣāda-
nya ityarthah | grahaṇīdoṣo hi nāśukārī, kintarhi ? cirakṛt |
10 tathā cāha (ślo. 18)- "cirakṛdgrahaṇīdoṣaḥ" iti | § 10540

3.8.31 Aṣṭāṅgahr̥dayasaṃhitā

sāmaṃ sānnaṃajīrṇe+anne jīrṇe pakvaṃ tu naiva
vā | | 17 | |
akasmādvā muhurbaddhamakasmācchithilaṃ
muhuh | | 18 | |
cirakṛdgrahaṇīdoṣaḥ
sañcayāccopaveśayet | | 18 | | § 10543

3.8.32 Sarvāṅgasundarā

grahaṇīdoṣo+ajīrṇe+anne sāmaṃ kadācitsānnaṃ, kadāci-
jjīrṇe+anne pakvaṃ tathā naiva vā | akasmāt-kadācinnimittamantareṇāpi,
muhurmuhuh-punaḥpunarbaddham, kadācinnimittam vinā
muhuh śithilaṃ, sañcayādupaveśayediti yojyam | ayaṃ tu
5 grahaṇīdoṣaściraḥ | § 10544

3.8.33 Aṣṭāṅgahr̥dayasaṃhitā

sa caturdhā pṛthagdoṣaiḥ sannipātācca jāyate | | 19 | | § 10545

3.8.34 Sarvāṅgasundarā

saḥ-grahaṇīdoṣaḥ, pṛthagdoṣaiḥ-vātapittakaphaiḥ, sanni-
pātena ceti catusprakāro jāyate | § 10546

3.8.35 Aṣṭāṅgahr̥dayasaṃhitā

prāgr̥upaṃ tasya sadanaṃ cirātpacanamamlakaḥ | | 19 | |
praseko vakkravairasyamarucistr̥ṭ klamo
bhramaḥ | | 20 | |
ānaddhodaratā chardiḥ
karṇakṣveḍo+antrakūjanam | | 20 | | § 10549

3.8.36 Sarvāṅgasundarā

tasya-grahaṇīdoṣasya, prāgr̥upaṃ sadanaṃ cirātpacanādi
ca | § 10550

3.8.37 Aṣṭāṅgahr̥dayasaṃhitā

sāmānyam lakṣaṇam kārśyam dhūmakastamako
jvaraḥ | | 21 | |
mūrcchā śīrorugviṣṭambhaḥ śvayathuḥ
karapādayoḥ | | 21 | | § 10552

3.8.38 Sarvāṅgasundarā

caturvidhasyāsya grahaṇīgadasya sāmānyam lakṣaṇam
kārśyādikam | § 10553

3.8.39 Aṣṭāṅgahr̥dayasaṃhitā

tatrānilāttāluṣoṣastimiraṃ karṇayoḥ svanaḥ | | 22 | |
pārśvoruvaṅkṣaṇagrīvārujā+abhīkṣṇam
viṣūcikā | | 22 | |
raseṣu gr̥ddhiḥ sarveṣu kṣuttr̥ṣṇā
parikartikā | | 23 | |
jīrṇe jīryati cādhmānam bhukte svāस्थ्यam
samaśnute | | 23 | |
vātaḥdrogagulmārśaḥplīhapāṇḍutvaśaṅkitaḥ | | 24 | |

cirādduḥkhaṃ dravaṃ śuṣkaṃ tanvāmaṃ
śabdaphenavat | | 24 | |
punaḥpunaḥ sṛjedvarcaḥ
pāyurukśvāsakāsavān | | 25 | | § 10560

3.8.40 Sarvāṅgasundarā

tatra-teṣu caturṣu gadeṣu madhye, vātātāluśoṣādi syāt |
§ 10561

3.8.41 Aṣṭāṅgahr̥dayasaṃhitā

pittena nīlapītābhaṃ pītābhaḥ sṛjati dravam | | 25 | |
pūtyamlodgārahṛtkañṭhadāhārucitṛḍarditaḥ | | 26 | | § 10563

3.8.42 Sarvāṅgasundarā

pittena pītābhaḥ san tathā pūtyamlodgārādyardito nīlava-
rṇādikaṃ varcaḥ sṛjati | § 10564

3.8.43 Aṣṭāṅgahr̥dayasaṃhitā

śleṣmaṇā pacyate duḥkhamannaṃ
chardirarocakaḥ | | 26 | |
āsyopadeheniṣṭhīvakāsahr̥llāsapīnasāḥ | | 27 | |
hṛdayaṃ manyate styānamudaraṃ stimitaṃ
guru | | 27 | |
udgāro duṣṭamadhuraḥ sadanaṃ
strīṣvaharṣaṇaṃ | | 28 | |
5 bhinnāmaśleṣmasaṃsṛṣṭaguruvarcaḥpravartanam | | 28 | |
akṛśasyāpi
daurbalyam----- | | 29 | | § 10570

3.8.44 Sarvāṅgasundarā

śleṣmaṇā duḥkhaṃ-kṛcchreṇa, annaṃ pacyate | chardy-
ādi ca syāt | tathā, hṛdayaṃ styānaṃ-piṇḍitamiva, many-
ate | jaṭharaṃ niścalaṃ guru ca | udgāraśca duṣṭamadh-
uraḥ syāt | sadanaṃ śarīrasya | strīṣvahaṛṣaṇādi ca syāt |
§ 10571

5

3.8.45 Aṣṭāṅgahṛdayasaṃhitā

-----sarvaje sarvasaṅkaraḥ | | 29 | | § 10572

3.8.46 Sarvāṅgasundarā

sarvaje-sannipātaje, sarveṣāṃ lakṣaṇānām saṅkaro-miśratvaṃ,
bhavati | § 10573

3.8.47 Aṣṭāṅgahṛdayasaṃhitā

vibhāge+aṅgasya ye cuktā
viṣamādyāstrayo+agnayaḥ | | 29 | |
te+api syurgrahaṇīdoṣāḥ-----
| | 30 | | § 10575

3.8.48 Sarvāṅgasundarā

aṅgasya vibhāge ca ye viṣamādyāḥ-viṣamatikṣṇamandāḥ,
trayo+agnaya uktāste+api grahaṇīdoṣāḥ syuḥ | nanu,
evaṃ sati sapta grahaṇīdoṣā iti prāpnoti | maivam | mu-
khyāḥ saprāptipūrvarūparūpanirdeśādiyuktāścātvara eva
grahaṇīgadāḥ | ye tu viṣamādyāstrayaste grahaṇīrogābh- 5
āsā iti bodhyam | § 10576

3.8.49 Aṣṭāṅgahṛdayasaṃhitā

-----samastu svāsthyakāraṇam | | 30 | | § 10577

3.8.50 Sarvāṅgasundarā

samaḥ punaragniḥ svāsthyasya-ārogyasya, kāraṇam | § 10578

3.8.51 Aṣṭāṅgahr̥dayasaṃhitā

vātavyādhyāśmarīkuṣṭhamehodarabhagandarāḥ | | 30 | |

arsāṃsi grahaṇītyaṣṭau mahārogāḥ

sudustarāḥ | | 30 | | § 10580

iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira-

citāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ ṭṛtīye nidānasthāne+atisāragrahaṇīdoṣanidān-

5 nāmāṣṭamo+adhyāyaḥ | | 8 | | § 10581

3.8.52 Sarvāṅgasundarā

vātavyādhyādayo+aṣṭau mahārogāḥ sudustarāḥ-viṣamāḥ |

tasmātteṣu yatnaḥ kārya itī | itī śrīmṛgāṅkadattaputraśrī-

madaruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarvā-

ṅgasundarākhyāyāṃ ṭṛtīye nidānasthāne+atisāragrahaṇīdoṣanidānaṃ

5 nāmāṣṭamo+adhyāyaḥ samāptaḥ | | 8 | | § 10582

3.9 mūtrāṅghanidānādhyāyaḥ : 9

3.9.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto mūtrāḅghanidānaṃ vyākhyāsyāmaḥ | | 2 | |

iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 10584

3.9.2 Aṣṭāṅgahr̥dayasaṃhitā

bastibastiṣiromeḍhrakaṭivṛṣaṇapāyavaḥ | | 1 | |

ekasambandhanāḥ proktā

gudāsthivivarāṣrayāḥ | | 1 | | § 10586

3.9.3 Sarvāṅgasundarā

bastyādīnāṃ dvandvaḥ | bastyādaya ekasambandhanāḥ
proktāḥ | ekaṃ sambandhanaṃ-granthaṃ, yeṣāṃ ta
evam | tadevaikasambandhanatvameṣāṃ prakāṣayati-gudetyādi |
gudāsthivivaramāśrayo yeṣāṃ ta evam, tatrāśritā itya-
rthaḥ | § 10587

5

3.9.4 Aṣṭāṅgahṛdayasaṃhitā

adhomukho+api bastirhi mūtravāhisirāmukhaiḥ | | 2 | |
pārśvebhyaḥ pūryate sūkṣmaiḥ
syandamānairanāratam | | 2 | |
yaistaireva praviśyainam doṣāḥ kurvanti
viṃśatiḥ | | 3 | |
mūtrāghātān pramehāṃśca
kṛcchrānmarmasamāśrayān | | 3 | | § 10591

3.9.5 Sarvāṅgasundarā

hiryasmādarthe | apiśca hetvabhyupagame | yadyapyadh-
omukho bastistathā+api jalamadhyasthitādhomukhanav-
amṛtkumbhavat | hi-yasmāt, pārśvebhyo mūtravāhisirāmukhaiḥ-
srotodgāraiḥ, sūkṣmaiḥ prakṛtatvānmūtraṃ syandamānaiḥ-
sravadbhiḥ, anārataṃ-anavarataṃ, yaireva mūtrasrotodv- 5
ārairbastiḥ pūryate taireva mūtrasrotodvārairdoṣā enaṃ-
bastiṃ, praviśya viṃśatiḥ mūtrāghātān kurvanti tāv-
ataśca pramehān | kimbhūtān ? bastyākhyamarmasam-
āśrayān | hetau dvitīyā | marmasamāśritatvāt kṛcchrān-
kṛcchrasādhyān | § 10592

10

3.9.6 Aṣṭāṅgahṛdayasaṃhitā

bastivaṅkṣaṇamedrārtiyukto+alpālpaṃ
muhurmuhuḥ | | 4 | |
mūtrayedvātaje
kṛcchre----- | | 4 | | § 10594

3.9.7 Sarvāṅgasundarā

atra catvāro mūtrāghātā vātapittakaphasannipātātmakāḥ |
tatra vātaje kṛcchre-mūtrāghāte, bastyādyartiyuktaḥ pum-
ānalpālpaṃ kṛtvā muhurmuḥurmūtrayet | § 10595

3.9.8 Aṣṭāṅgahr̥dayasaṃhitā

-----paitte pītaṃ sadāharuk | | 4 | |
raktaṃ
vā----- | | 5 | | § 10597

3.9.9 Sarvāṅgasundarā

paitte kṛcchre pumān mūtraṃ pītaṃ sadāharuṃmūtrayet,
athavā raktam | § 10598

3.9.10 Aṣṭāṅgahr̥dayasaṃhitā

-----kaphaje bastimeḍragauravaśophavān | | 5 | |
sapiçchaṃ savibandhaṃ
ca----- | | 5 | | § 10600

3.9.11 Sarvāṅgasundarā

kaphaje kṛcchre bastimeḍragauravaśophayuktaḥ san sapi-
çchaṃ savibandhaḥ ca-ruddhvā ruddhvā, mūtraṃ mūtra-
yet | § 10601

3.9.12 Aṣṭāṅgahr̥dayasaṃhitā

-----sarvaiḥ sarvātmakaṃ malaiḥ | | 5 | | § 10602

3.9.13 Sarvāṅgasundarā

sarvaiḥ-tribhirdoṣaiḥ sannipatitairjāte kṛcchre, sarvātmakaṃ-
doṣatrayalakṣaṇalingitaṃ, mūtraṃ mūtrayet | § 10603

3.9.14 Aṣṭāṅgahr̥dayasaṃhitā

yadā vāyurmukhaṃ basterāvṛtya pariśoṣayet | | 6 | |
mūtraṃ sapittaṃ sakaphaṃ saśukraṃ vā tadā
kramāt | | 6 | |
sañjāyate+aśmarī ghorā pittādgoriva
rocanā | | 7 | |
śleṣmāśrayā ca sarvā
syāt----- | | 7 | | § 10607

3.9.15 Sarvāṅgasundarā

yadā-yasmin kāle, vāyuḥ kupito bastermukhamāvṛtya-
ruddhvā, pariśoṣayenmūtraṃ kevalaṃ kadācitsapittaṃ
kadācitsakaphamathavā saśukraṃ mūtraṃ tadā sañjāy-
ate+aśmarī | kramāt-yathottaram, ghorā mūtrāśmarī, gh- 5
oratarā pittāśmarī, ghoratamā śleṣmāśmarī, tato+api gh-
orā śukrāśmarī, iti kramaśabdasyārthaḥ | vāyunā pittaṃ
saṃśoṣya goryathā rocanā sañjāyate tathā+aśmarīti | sarvā
cāśmarī śleṣmāśrayā | śleṣmā āśrayaḥ-ādhāro, yasyāḥ sai-
vam | kaphamāśritya sarvā+aśmarī syādityārthaḥ | § 10608

3.9.16 Aṣṭāṅgahr̥dayasaṃhitā

-----athāsyāḥ pūrvalakṣaṇam | | 7 | |
bastyādhmānaṃ tadāsannadeśeṣu
parito+atiruk | | 8 | |
mūtre ca bastagandhatvaṃ mūtrakṛcchraṃ
jvaro+aruciḥ | | 8 | | § 10611

3.9.17 Sarvāṅgasundarā

atha-anantaraṃ, asyāḥ pūrvalakṣaṇaṃ-prāgrūpaṃ, basty-
ādhmānādi | § 10612

3.9.18 Aṣṭāṅgahr̥dayasaṃhitā

sāmānyaliṅgaṃ ruḍnābhisevanībastimūrdhasu | | 9 | |
viśīrṇadhāraṃ mūtraṃ syāttayā
mārganirodhane | | 9 | |
tahyapāyātsukhaṃ mehedacchaṃ
gomedakopamam | | 10 | |
tatsaṅkṣobhātkṣate
sāsramāyāsāccātirugbhavet | | 10 | | § 10616

3.9.19 Sarvāṅgasundarā

sāmānyaṃ lakṣaṇaṃ nābhyādiṣu rugbhavati | tayā-aśmaryā,
mārganirodhe sati mūtraṃ viśīrṇadhāraṃ-vicchinnadhāraṃ,
bhavet | tahyapāyāt-aśmaryapagamāt, naraḥ sukhaṃ-akṛcchreṇa,
5 mehet-mūtraṃ muñcet | kīdr̥śam ? acchaṃ-akaluṣam, go-
medakopamam, gomedako-ratnaviśeṣaḥ, upamā yasya ta-
devam | tasyāḥ saṅkṣobhastatsaṅkṣobhādyatkṣataṃ bha-
vati tasminkṣate sati sāsraṃ-salohitaṃ, mehet | āyāsāt-
adhvādikṛtāt śramāt, atirugbhavet | § 10617

3.9.20 Aṣṭāṅgahr̥dayasaṃhitā

tatra vātādbhṛśārtyārto dantān khādati vepate | | 11 | |
mṛdgāti mehanaṃ nābhiṃ pīḍayatyanīśam
kvaṇan | | 11 | |
sānilaṃ muñcati śakṛṇmuhurmehati
binduśaḥ | | 12 | |
śyāvā rūkṣā+aśmarī cāsya syāccitā
kaṇṭakairiva | | 12 | | § 10621

3.9.21 Sarvāṅgasundarā

tatra-tāsvaśmarīṣu madhye, vātādyā+aśmarO tasyāmutpa-
nnāyāṃ satyāṃ pumān bhṛśārtyārtaḥ-atyantaṃ pīḍayā pī-
ḍito, dantān khādati | tathā, vepate-kampate | mehanaṃ-
meḍhraṃ, mṛdgāti-malayati | nābhiṃ ca hastābhyāṃ

pīḍayati | kiṃ kurvan ? aniśaṃ-anavarataṃ, kvaṇan-
nānāvidhaduḥkhodbhāvakaṃ śabdaṃ vidadhat | tathā,
sahānilena-vātasahitaṃ, śakṛnmuñcati | tathā, muhurmehati-
mūtraṃ punaḥpunaḥ sṛjati | binduśo-binduṃ binduṃ kṛ-
tvā | asya ca-narasya, aśmarī śyāvā varṇataḥ, tathā rūkṣā 5
kaṇṭakaiściteva-vyāptā, bhavet | § 10622

3.9.22 Aṣṭāṅgahrdayasaṃhitā

pittena dahyate bastiḥ pacyamāna ivoṣmavān | | 13 | |
bhallātakāsthisaṃsthānā raktā
pītā+asitā+aśmarī | | 13 | | § 10624

3.9.23 Sarvāṅgasundarā

pittena yā+aśmarī tayā bastirdahyate | pacyamāna iva
ūṣmavān-santāpayukto bhavati | sā cāśmarī bhallātakāsthisaṃsthānā-
tadākārā syāt | tathā, varṇato raktā pītā tathā+asitā-
kṛṣṇacchāyā | § 10625

3.9.24 Aṣṭāṅgahrdayasaṃhitā

bastirnistudyata iva śleṣmaṇā śītalō guruḥ | | 14 | |
aśmarī mahatī ślakṣṇā madhuvarṇā+athavā
sitā | | 14 | | § 10627

3.9.25 Sarvāṅgasundarā

śleṣmaṇā jātāyāmaśmaryām bastirnistudyata iva śītalō
guruśca syāt | aśmarī ca mahatī-sthūlā vātapittothā-
bhyām sakāśāt | tathā, ślakṣṇā-komalā | madhuvarṇā-
mākṣikābhā | athavā, sitā-śuklā | § 10628

3.9.26 Aṣṭāṅgahr̥dayasaṃhitā

etā bhavanti bālānāṃ teṣāmeva ca bhūyasā | | 15 | |
āśrayopacayālpavādgrahaṇāharaṇe
sukhāḥ | | 15 | | § 10630

3.9.27 Sarvāṅgasundarā

etāḥ-tisro+aśmaryo, bālānāmeva bhavanti | tathā ca tantr-
āntare (suśrute ni. a. 3 | 11)- "tisro+aśmaryo divāsvapnaśi-
lanādhyāśanaśitasnigdhamadhurāhārapriyatvādbālānāmeva
bhavanti |" iti | teṣāṃ ca bālānāṃ jātāstā bhūyasā gr-
5 ahaṇāharaṇe sukhāḥ | grahaṇaṃ-baḍiśādinā, āharaṇaṃ-
śastrādinā, tasmin sukhāḥ-sukhopāyāḥ | atraiva hetumāha-
āśrayetyādi | āśrayaḥ-ādihāraḥ, upacayo-vṛddhiḥ, tayora-
lpavāṃ, tasmāddhetorbālānāmaśmaryā āśrayo+alpo bha-
vati, yatrāsāvaśmarī jāyate | ata eva cāśrayānusāreṇopac-
10 ayo+apyaśmaryā bālānāmalpo bhavati | atastā grahaṇāha-
raṇe sukhāḥ | mahatāṃ tu yathoktahetvabhāvādgrahaṇā-
haraṇe tā duḥkhāvahāḥ | § 10631

3.9.28 Sarvāṅgasundarā

turavadhāraṇe | mahatāmeva śukrāśmarī jāyate, na bālā-
nāṃ, tathāvidhasya teṣāṃ śukrasyābhāvāt | kuto jāyate ?
śukradhāraṇāt-harṣādyudīraṇātsthānacyutasya śukrasya
dhāraṇāt | ata evāha-sthānādityādi | yasmātsthānāccyutaṃ-
5 paribhraṣṭaṃ, bahiramuktaṃ-atyaktaṃ, tadānīm vāyurmuṣkayoḥ-
vṛṣaṇayoḥ, antare-madhye, śoṣayati | kiṃ kṛtvā ? upasaṅgrhya,-
śukraṃ sarvato grhītvā | tacca śuṣkaṃ sadaśmarīti bhaṇy-
ate | sā ca bastirugādikāriṇī | tasyāmutpannamātrāyāṃ-na
cirakālotpannāyāṃ, pīḍite-hastādinā+abhibhūte, asminnavakāśe-
10 śukrāśmarīsthāne, śukrameti-āgacchati, tathā vilīyate ca,
iti caśabdo luptanirdiṣṭo bodhyaḥ | viśeṣeṇa līyate-tatraiva
suṣṭhu śliṣyate, kaṭhinatvāt | § 10632

3.9.29 Aṣṭāṅgahr̥dayasaṃhitā

śukrāśmarī tu mahatām jāyate śukradhāraṇāt | | 16 | |
sthānāccyutamamuktaṃ hi
muṣkayorantare+anilaḥ | | 16 | |
śoṣayatyupasaṅgr̥hya śukraṃ
tacchuṣkamaśmarī | | 17 | |
bastirukkṛcchramūtratvamuṣkaśvayathukāriṇī | | 17 | |
tasyāmutpannamātrāyām śukrameti 5
vilīyate | | 18 | |
pīḍite tvavakāśe+asmin-----
| | 18 | | § 10638

3.9.30 Aṣṭāṅgahr̥dayasaṃhitā

-----aśmaryeva ca śarkarā | | 18 | |
aṅuśo vāyunā bhinnā sā
tvasminnanulomage | | 19 | |
nireti saha mūtreṇa pratilome
vibadhyate | | 19 | | § 10641

3.9.31 Sarvāṅgasundarā

aśmaryeva ca pavanenāṅuśo bhinnā satī śarkarā syāt,
na tu tasyā anyadupādānakāraṇamityarthaḥ | sā-śarkarā,
asmin-pavane, anulomage-anulomaṃ kṛtvā sthite sati,
mūtreṇa saha nireti-bahirniṣkrāmati | pratilome vāyau sā 5
sarkarā vibadhyate- na tu bahirniṣkrāmati | aśmarī tva-
nulomage+api maruti na nireti-mūtreṇa saha na niṣkrā-
mati, ityanayorbhedaḥ | aśmarīṇām bhallātakādisaṃsthā-
nanirdeśastadanusāreṇāharaṇārthaṃ bastyavayavavipāṭ-
anamupayujyate | śyāvādivarṇanirdeśaśca bahirniṣkrānt- 10
ānām śyāvādivarṇanidarśanena vātādīnanumāya tatkṛt-
ānām vraṇānām cikitsārthamupayujyate | nanu ca, sa-
msthānenaiva vātādīyanumānamaśmarīvraṇasya bhaviṣy-
atīti varṇanirdeśo+anarthakaḥ | maivam | saṃsthānaṃ pr-

āyikamiti kecinmanyante, tasmādvārṇanirdeśo+api vā-
cyaḥ | prāyikatve ca tadvayorupādānaṃ liṅgam | § 10642

3.9.32 Aṣṭāṅgahr̥dayasaṃhitā

mūtrasandhāriṇaḥ kuryādbuddhvā bastermukhaṃ
marut | | 20 | |
mūtrasaṅgaṃ rujaṃ kaṇḍūṃ kadācicca
svadhāmataḥ | | 20 | |
pracyāvya bastimudvṛttaṃ garbhābhaṃ
sthūlaviplutam | | 21 | |
karoti tatra rugdāhaspandanodveṣṭanāni
ca | | 21 | |
5 binduśaśca pravarteta mūtraṃ bastau tu
pīḍate | | 22 | |
dhārayā dvividho+apyeṣa vātabastiriti
smṛtaḥ | | 22 | |
dustaro dustarataro dvitīyaḥ
prabalānilaḥ | | 23 | | § 10649

3.9.33 Sarvāṅgasundarā

mūtrasandhāriṇaḥ puruṣasya basteḥ-mūtradhārasya, mukhaṃ-
dvāraṃ, ruddhvā māruto mūtrasaṅgaṃ kuryādrujaṃ
kaṇḍūṃ ca | sa vātabastirmūtrāghātaviśeṣaḥ | kadācit-
adr̥ṣṭavaśāt, vāyustaṃ bastiṃ svadhāmataḥ-svasthanāt,
5 pracyāvya-cyāvayitvā, udvṛttaṃ-ūrdhvamukhaṃ, garbhābhaṃ-
garbhasadr̥ṣaṃ, sthūlaṃ-svapramāṇāt pravṛddhaṃ, ta-
thā viplutam-cañcalaṃ, karoti | caśabdāna kevalaṃ ba-
stibhraṃśamevaṃvidhaṃ karoti, yāvattatra rugādīnapi |
mūtraṃ ca binduśaḥ-bindubinduḥ pravartate | bastau ca
10 pīḍite-hastādinā, mūtraṃ dhārayā-avicchinnaṃ, pravart-
ate | eṣa dvividho vātabastiriti nāmnā smṛtaḥ | sa ca prath-
amo dustaro-duḥkhena kṛcchreṇa taritum śakyate | dvit-
īyo vātabastirdustarataro yataḥ prabalānilaḥ | ata eva cātra
prabalānilatvānmūtrasya binduśaḥ pravartanam | § 10650

3.9.34 Aṣṭāṅgahr̥dayasaṃhitā

śakṛnmārgasya basteśca vāyurantaramāśritaḥ | |23| |
aṣṭhīlābhaṃ ghaṇaṃ granthiṃ
karotyacalamunnatam | |24| |
vātāṣṭhīleti
sā+a+adhmānaviṇmūtrānilasaṅgakṛt | |24| | § 10653

3.9.35 Sarvāṅgasundarā

śakṛnmārgasya-gudasya, basteścāntaraṃ-madhyam, vāy-
urāśritaḥ san granthimaṣṭhīlābhaṃ ghaṇamacalamunna-
tam karoti | sā vātāṣṭhīletyucyate | sā cādhmānādikṛt |
§ 10654

3.9.36 Aṣṭāṅgahr̥dayasaṃhitā

viguṇaḥ kaṇḍalībhūto bastau tīvravyatho+anilaḥ | |25| |
āvidhya mūtraṃ bhramati
sastambhodveṣṭagauravaḥ | |25| |
mūtramalpālpamathavā vimuñcati
śakṛtsṛjan | |26| |
vātakuṇḍaliketyeṣā-----
| |26| | § 10658

3.9.37 Sarvāṅgasundarā

viguṇaḥ-kupito na tvanulomagaḥ, tathā doṣadeśādisah-
akārikāraṇavaśāt kuṇḍalākāragatiḥ, tathā tīvravyathaḥ,
kārye kāraṇopacārādevamuktaḥ, tathā saha stambhena-
stabdhatayā, tathodveṣṭena gauraveṇa ca vartate | sa eva-
m̐bhūto vāyurmūtramāvidhya-kṣobhayitvā bastau bhramati 5
ati | athavā na mūtramāvidhya bhramati | kimbhūtastarhi
? śakṛt-purīṣam, sṛjan-visargaṃ kurvan, mūtramalpālpam-
stokaṃ stokaṃ kṛtvā, vimuñcati | evamrūpā vātakuṇḍali-
kocyate | § 10659

3.9.38 Aṣṭāṅgahr̥dayasaṃhitā

-----mūtram tu vidhr̥tam ciraṃ | |26| |
na nireti vibaddhaṃ vā mūtrātītaṃ
tadalparuk | |27| | § 10661

3.9.39 Sarvāṅgasundarā

mūtram tu ciraṃ vidhr̥tam na nireti-na pravartate | ath-
avā pavanavaśādvibaddhaṃ nirgacchatyalparuk tanmūtr-
ātītaṃ kathyate | § 10662

3.9.40 Aṣṭāṅgahr̥dayasaṃhitā

vidhāraṇātpratihitaṃ vātodāvartitaṃ yadā | |27| |
nābheradhastādudaraṃ
mūtramāpūrayettadā | |28| |
kuryāttīvrarugādhmānamapaktiṃ
malasaṅgraham | |28| |
tanmūtrajaṭharam-----
| |29| | § 10666

3.9.41 Sarvāṅgasundarā

vidhāraṇāt-mūtravegasya rodhāt, pratihitaṃ mūtram kart-
ṛbhūtaṃ vātenodāvartitaṃ yadā nābheradhastādudaraṃ
karmabhūtamāpūrayet tadā tīvrarujādikaṃ kuryāt, tanm-
ūtrajaṭharamityucyate | § 10667

3.9.42 Aṣṭāṅgahr̥dayasaṃhitā

-----chidravaiguṇyenānilena vā | |29| |
ākṣiptamalpaṃ mūtram tadbastau nāle+athavā
maṇau | |29| |
sthitvā sravecchanaiḥ paścātsarujaṃ vā+atha
nīrujam | |30| |

mūtrotsaṅgaḥ sa
vicchinnataccheṣaguruśephasaḥ | | 30 | | § 10671

3.9.43 Sarvāṅgasundarā

chidravaiguṇyena-mūtradvāradoṣeṇa, anilena vā tathābh-
ūtena, yadākṣiptaṃ mūtramalpaṃ-kiñciccheṣaṃ mūtraṃ,
tadbastau sthitamathavā nāle maṅikande vā sthitam | ta-
tra sthivā paścāt-anantaraṃ, śanaiḥ-mandaṃ mandaṃ 5
kṛtvā, sarujamathavā nīrujaṃ sravet | puṃsaḥ kimbhūt-
asya ? vicchinnataccheṣaguruśephasaḥ | tadati prakṛtaṃ
mūtraṃ parāmrśyate, tasya-muktamūtrasya, śeṣastacche-
ṣaḥ, vicchinnaścāsau taccheṣaśca vicchinnataccheṣaḥ, tena
guruśepho-guru meḍhram, yasya sa vicchinnataccheṣagu- 10
ruśephāḥ, tasya vicchinnataccheṣaguruśephasaḥ | sa eva-
mvidhaḥ san mūtrotsaṅga ucyate | § 10672

3.9.44 Aṣṭāṅgahrdayasaṃhitā

antarbastimukhe vṛttaḥ sthīro+alpaḥ sahasā
bhavet | | 31 | |
aśmarītulyaruk granthirmūtragranthiḥ sa
ucyate | | 31 | | § 10674

3.9.45 Sarvāṅgasundarā

bastermukhasya madhye granthirvṛtto-vartulaḥ, tathā sth-
īro+alpaśca sahasā-jhaṭityeva, bhavet | aśmarītulyarug gr-
anthiḥ sa mūtragranthirucyate | § 10675

3.9.46 Aṣṭāṅgahrdayasaṃhitā

mūtritasya striyaṃ yāto vāyunā śukramuddhatam | | 32 | |
sthānāccyutaṃ mūtrayataḥ prāk paścādvā
pravartate | | 32 | |
bhasmodakapratīkāśaṃ mūtraśukraṃ
taducyate | | 33 | | § 10678

3.9.47 Sarvāṅgasundarā

sañjātamūtrasya puṃsaḥ striyaṃ gacchato mūtrayato-
mūtram kurvataḥ, sthānāccyutaṃ śukram vāyunoddhataṃ-
dhmātaṃ, bhasmodakena pratīkāśaṃ-tulyaṃ, prāk mūtr-
itāt paścādvā yat pravartate śukram tanmūtraśukramucy-
ate | § 10679

3.9.48 Aṣṭāṅgahr̥dayasaṃhitā

rūkṣadurbalayorvātādudāvartam śakṛdyadā | | 33 | |
mūtrasroto+anuparyeti saṃsr̥ṣṭam śakṛtā
tadā | | 34 | |
mūtram viṭtulyagandham syādvidvighātam
tamādiṣet | | 34 | | § 10682

3.9.49 Sarvāṅgasundarā

rūkṣadurbalayoh puṃsorvātādudāvartam-pīditam, śakṛ-
dyadā mūtrasroto+anuparyeti-mūtrasroto+abhita āgacch-
ati, tadā śakṛtā saṃsr̥ṣṭam mūtram purīśasadṛśagandham
syāt, tam vidvighātamityādiṣet | § 10683

3.9.50 Aṣṭāṅgahr̥dayasaṃhitā

pittam vyāyāmatīkṣṇoṣṇabhojanādhvātapādibhiḥ | | 35 | |
pravṛddham vāyunā kṣiptam
bastyupasthārtidāhavat | | 35 | |
mūtram pravartayetpītam saraktam raktameva
vā | | 36 | |
uṣṇam punaḥpunaḥ kṛcchrāduṣṇavātam
vadanti tam | | 36 | | § 10687

3.9.51 Sarvāṅgasundarā

pittam kartṛ vyāyāmādibhiḥ pravṛddham tathā vātena kṣ-
iptam bastyupasthārtidāhayuktam mūtram karmabhūtam

pravartayet | kimbhūtam ? pītaṃ tathā saha raktena sara-
ktaṃ raktameva vā kevalaṃ tathoṣṇaṃ muhurmuḥuḥ kṛ-
cchreṇa mūtrayet, taṃ uṣṇavātaṃ vadanti | § 10688

3.9.52 Aṣṭāṅgahrdayasaṃhitā

rūkṣasya klāntadehasya bastisthau pittamārutau | |37| |
mūtrakṣayaṃ sarugdāhaṃ janayetāṃ
tadāhvayam | |37| | § 10690

3.9.53 Sarvāṅgasundarā

rūkṣasya puṃsastathā klāntadehasya-glānaśarīrasya, bast-
isthau pittamārutai sarugdāhaṃ mūtrasya kṣayaṃ janayetāṃ-
utpādayetāṃ | tadāhvayaṃ-mūtrakṣayasamjñam, mūtra-
kṣayamityarthaḥ | § 10691

3.9.54 Aṣṭāṅgahrdayasaṃhitā

pittaṃ kapho dvāvapi vā saṃhanyete+anilena cet | |38| |
kṛcchrānmūtraṃ tadā pītaṃ raktaṃ śvetaṃ
ghanam sṛjet | |38| |
sadāhaṃ rocanāśaṅkhacūrṇavarṇaṃ bhavacca
tat | |39| |
śuṣkaṃ samastavarṇaṃ vā mūtrasādaṃ vadanti
tam | |39| | § 10695

3.9.55 Sarvāṅgasundarā

pittamathavā kapho vyasto+anilena saṃhanyate-samantātpīḍyata
ākramyate | athavā dvāvapi-saṃsargarūpau, tena hanyete
yadi, tadā kṛcchreṇa mūtraṃ pītādinaikaikena varṇena śv-
etāntena yuktaṃ ghanam sadāhaṃ sṛjet-muñcet | tacca śu-
ṣkaṃ kālāntareṇa rocanāśaṅkhacūrṇavarṇaṃ bhavet, kad- 5
ācidrocanācūrṇavarṇaṃ kadācicchaṅkhacūrṇavarṇaṃ ka-
dācitpītādisamastavarṇaṃ vā syāt, taṃ mūtrasādaṃ vad-
anti | § 10696

3.9.56 Aṣṭāṅgahr̥dayasaṃhitā

iti vistarataḥ proktā rogā mūtrāpravṛttijāḥ | | 40 | |
nidānalakṣaṇairūrdhvaṃ

vakṣyante+atipravṛttijāḥ | | 40 | | § 10698

5 iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira-
citāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ ṛtīye nidānasthāne mū-
trāghātanidānaṃ nāma navamo+adhyāyaḥ | | 9 | | § 10699

3.9.57 Sarvāṅgasundarā

5 iti-evaṃ, vistareṇa mūtrāpravṛttiḥ-apravartanaṃ, tato jātā
rogāḥ, nidānāni ca lakṣaṇāni ca, taiḥ prakarṣeṇoktāḥ |
ūrdhvamityato+adhyāyādanantaraṃ tulyasthānasāṅkhy-
āditvāt mūtrātipravṛttijāḥ-pramehākhyāḥ, rogā vakṣyante-
vadiṣyante | anenāsya granthakṛtā yuktyā sambandho+abhihita
5 iti | iti śrīmṛgāṅkadattaputraśrīmadaruṇadattaviracitāyā-
maṣṭāṅgahr̥dayaṭīkāyāṃ sarvāṅgasundarākhyāyāṃ ṛtīye
nidānasthāne mūtrāghātanidānaṃ nāma navamo+adhyāyaḥ
samāptaḥ | | 9 | | § 10700

3.10 pramehanidānādhyāyaḥ : 10

3.10.1 Aṣṭāṅgahr̥dayasaṃhitā

athātaḥ pramehanidānaṃ vyākhyāsyāmaḥ | | 2 | |

iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |

pramehā viṃśatistatra śleṣmato daśa,

pittataḥ | | 1 | |

ṣaṭ, catvāro+anilāt-----

| | 1 | | § 10704

3.10.2 Sarvāṅgasundarā

pramehā viṃśatirbhavanti | tatra-viṃśatiprameheṣu, daśa
śleṣmataḥ pramehāḥ, ṣaṭ pittataḥ, catvāro vātāt | § 10705

3.10.3 Aṣṭāṅgahr̥dayasaṃhitā

-----teṣāṃ medomūtrakaphāvaham | | 1 | |
annapānakriyājātaṃ
yatprāyastatpravartakam | | 2 | |
svādvamlalavaṇasnigdthagurupicchilaśītaḥ | | 2 | |
navadhānyasurānūpamāṃsekṣugudaḡorasam | | 3 | |
ekasthānāsanaṃ ratiḥ śayanam 5
vidhivarjitam | | 3 | | § 10710

3.10.4 Sarvāṅgasundarā

teṣāṃ-pramehāṇāṃ, medomūtrakaphakaram yadannapā-
nakriyājātaṃ prāyo-bāhulyena, tatpravartakam-utpādakam |
jātaśabdaḥ prakāre | kriyā-ceṣṭā śayyāsanaṃ nidrā lasyādikā
kaphakārī | tadevānnādi darśayitumāha-svādvamletyādi |
ekasthānāsane ratiḥ-prītiḥ | śayanam-svapno, vidhivarjitam-5
ayathoktam (hr̥. sū. a. 7 | 54) - "akāle+atiprasaṅgāñca na ca
nidrā niṣevitā | sukhāyūṣī parākuryātkālarātririvāparā | |"
ityādi | § 10711

3.10.5 Aṣṭāṅgahr̥dayasaṃhitā

bastimāśritya kurute pramehān dūṣitaḥ kaphaḥ | | 4 | |
dūṣayitvā vapuḥkledasvedamedorasāmi-
ṣam | | 4 | | § 10713

3.10.6 Sarvāṅgasundarā

kaphaḥ pramehakāraṇairdūṣito bastimāśritya pramehān
kurute | kiṃ kṛtvā ? vapurādīn dūṣayitvā | kaphajapramehāṇāṃ
samprāptimuktivā pittapramehasamprāptimāha | § 10714

3.10.7 Aṣṭāṅgahr̥dayasaṃhitā

pittaṃ raktamapi kṣīṇe kaphādau
mūtrasaṃśrayam | | 5 | | § 10715

3.10.8 Sarvāṅgasundarā

pittaṃ karṭṛ raktam̐ mūtrasaṃśrayam̐ dūṣayitvā prame-
hān kurute | apiśabdād vapurādīṃśca | kadā ? kaphādu,-
saumye dhātau, kṣīṇe sati | § 10716

3.10.9 Aṣṭāṅgahr̥dayasaṃhitā

dhātūn bastimupānīya tatksaye+api ca
mārutaḥ | | 5 | | § 10717

3.10.10 Sarvāṅgasundarā

mārutaśca dūṣito dhātūn-vātapramehasampādanayogyān,
bastimupānīya-samantānmūtrādhārasamīpaṃ nītvā, ta-
tkṣaye+api ca pramehān kurute | teṣāṃ-dhātūnām, kṣay-
astasmīṃśca sati | na kevalam̐ dhātūn bastimupānīya yā-
5 vadadhaḥkṣaraṇatvādinā teṣāmapī svayam̐ kṛtvetyapi ce-
tyasyārthaḥ | § 10718

3.10.11 Aṣṭāṅgahr̥dayasaṃhitā

sādhyayāpyaparitāyā mehāstenaiva tadbhavāḥ | | 6 | |
samāsamakriyatayā mahātyayatayā+api
ca | | 6 | | § 10720

3.10.12 Sarvāṅgasundarā

saḥ-śleṣmādiḥ, bhavo-janma, yeṣāṃ te tadbhavāḥ kaphād-
isamutthāḥ, tenaiva-viśiṣṭena samprāptiviśeṣeṇa, sādhyā-
yāpyaparitāyāḥ syuḥ | tathā ca,-kaphapramehā vapurā-
didūṣaṇamātrotthitvat̐ sādhyāḥ, pittapramehāṇām sau-
5 myadhātukṣaye vapurāde raktasya ca dūṣaṇena samutth-
ānādyāpyatvam, vātapramehāstu sarvadhātukṣayodbhū-
tatvādasādhyāḥ | anyadapi hetvantaram̐ sādhyayāpyāsā-
dhyatve vakti-sametyādi | samaṃ cāsamaṃ ca samāsame,-
samānāsamāne, samāsame kriye yayostāvevam, tayo-

rbhāvaḥ samāsamakriyatā, tayā | tathā, mahātyayatayā |
mahāṃścāsāvatyayo-vināśaḥ śarīravighaṭanarūpo mahā-
tyayaḥ, tasya bhāvo mahātyayatā, tayā | tatra kaphasya
tathā śarīrakledādeḥ pramehadūṣyasyāpyatarpaṇarūpay- 5
aikayaiva kriyayā sādhyatvāt kaphapramehāḥ sādhyāḥ |
pittasya śītamadhurādirūpā kriyā pramehāṇāṃ rūkṣatī-
kṣṇādikā dūṣyapratipakṣatvādaupayikīti tasmātte pitta-
pramehā yāpyāḥ | vātapramehāṇāṃ rūkṣatīkṣṇādi tu pa-
thyam | vātasya snigdhamadhurādikāṃ santarpaṇarūpaṃ
pathyam | tadevaṃ viruddhakriyatvādvātapramehā asā- 10
dhyāḥ | apiceti samuñcaye | § 10721

3.10.13 Aṣṭāṅgahr̥dayasaṃhitā

sāmānyam lakṣaṇam teṣāṃ
prabhūtāvilamūtratā | | 7 | | § 10722

3.10.14 Sarvāṅgasundarā

teṣāṃ-pramehāṇāṃ, sāmānyalakṣaṇam prabhūtamūtratā+a+avilamūtratā
ca | § 10723

3.10.15 Aṣṭāṅgahr̥dayasaṃhitā

nanu, doṣasya-kaphādeḥ, dūṣyasya ca-vapuhkledādeḥ,
tulyatvāt katham pratidoṣam
pramehānekatvam syāt ? ityāha - - - -
----- | | 7 | |
doṣadūṣyāviśeṣe+api
tatsaṃyogaviśeṣataḥ | | 7 | |
mūtravarṇādibhedena bhedo meheṣu
kalpyate | | 8 | | § 10726

3.10.16 Sarvāṅgasundarā

doṣadūṣyāviśeṣe+api-samānatve+api sati, tatsaṃyogaviśe-
ṣato meheṣu bhedaḥ-anekatvam kalpyate | tayoh-doṣadūṣyayoh,

saṃyogaḥ-saṃśleṣaḥ, tatsaṃyogaḥ, tasya viśeṣaḥ-prākṛtakarmavaśādbhedo,
doṣadūṣyayoḥ saṃyogānekatvamityarthaḥ | tasmānmū-
trasya yo varṇādibhedo-varṇagandharasasparśādiviśeṣaḥ,
tena bhedena bhedo meheṣu kalpyate-nirūpyate | § 10727

3.10.17 Aṣṭāṅgahr̥dayasaṃhitā

acchaṃ bahu sitaṃ śītaṃ
nirgandhamudakopamam | | 8 | |
mehatyudakamehena
kiñciccāvilapicchilam | | 9 | | § 10729

3.10.18 Sarvāṅgasundarā

udakamehenācchādiguṇayuktaṃ mehati | kiñciccāvilapi-
cchilamiti īṣatsvacchamūtrādāvilam picchalam ca bhav-
ati | § 10730

3.10.19 Aṣṭāṅgahr̥dayasaṃhitā

ikṣo rasamivātyarthaṃ madhuraṃ
cekṣumehataḥ | | 9 | | § 10731

3.10.20 Sarvāṅgasundarā

ikṣormehādikṣurasasadṛśaṃ mehati | atyarthaṃ madhu-
raṃ cetikṣurasādviśeṣamāha | § 10732

3.10.21 Aṣṭāṅgahr̥dayasaṃhitā

sāndrībhavetparyuṣitaṃ sāndramehena
mehati | | 10 | | § 10733

3.10.22 Sarvāṅgasundarā

sāndramehena yanmehati tatparyuṣitaṃ-rātristhitaṃ, gh-
anībhavet | § 10734

3.10.23 Aṣṭāṅgahr̥dayasaṃhitā

surāmehī surātulyamuparyacchamadho
ghanam | | 10 | | § 10735

3.10.24 Sarvāṅgasundarā

surāmehī surātulyaṃ mehati | tacca mūtraṃ paryuṣitamevoparibhāge+ac
adhasāt, ghaṇaṃ bhavet | § 10736

3.10.25 Aṣṭāṅgahr̥dayasaṃhitā

saṃhr̥ṣṭaromā piṣṭena piṣṭavadbahalaṃ
sitam | | 11 | | § 10737

3.10.26 Sarvāṅgasundarā

piṣṭena-piṣṭamehena, saṃhr̥ṣṭaromā san piṣṭavat-piṣṭasadr̥śaṃ,
bahalaṃ śuklaṃ ca mehati | § 10738

3.10.27 Aṣṭāṅgahr̥dayasaṃhitā

śukrābhaṃ śukramiśraṃ vā śukramehi
pramehati | | 11 | | § 10739

3.10.28 Sarvāṅgasundarā

śukramehī śukrābhaṃ śukramiśraṃ vā pramehati | § 10740

3.10.29 Aṣṭāṅgahr̥dayasaṃhitā

mūrtāṇūn sikatāmeḥī sikatārūpiṇo malān | | 12 | | § 10741

3.10.30 Sarvāṅgasundarā

sikatāmeḥī mūrtāṇūn-saṃhatān- sūkṣmāṃśca, malān sikatāsadṛśān mehati | malāniti bahuvacanaṃ jātau, kaphā-khyo hyeka eva malo+atra gṛhyate | § 10742

3.10.31 Aṣṭāṅgahr̥dayasaṃhitā

śītameḥī subahuśo madhuraṃ bhṛśaśītaḥ | | 12 | | § 10743

3.10.32 Sarvāṅgasundarā

śītameḥī suṣṭhu bahuśo madhuramatiśītaḥ ca mehati | § 10744

3.10.33 Aṣṭāṅgahr̥dayasaṃhitā

śanaiḥśanaiḥśanairmeḥī mandammandam
pramehati | | 13 | | § 10745

3.10.34 Sarvāṅgasundarā

śanairmeḥī śanaiḥśanairmeḥatītyuddeśe mandammandamiti nirdeśa ityapi paunaruktyam | § 10746

3.10.35 Aṣṭāṅgahr̥dayasaṃhitā

lālātantuyutaṃ mūtraṃ lālāmeḥena
picchilam | | 13 | | § 10747

3.10.36 Sarvāṅgasundarā

lālamehena lālātantuyutaṃ vicchilaṃ ca mūtraṃ prameh-
ati | iti kaphapramehā daśa | § 10748

3.10.37 Aṣṭāṅgahr̥dayasaṃhitā

gandhavarṇarasasparśaiḥ kṣāreṇa
kṣāratoyavat | | 14 | | § 10749

3.10.38 Sarvāṅgasundarā

kṣāratoyamiva gandhavarṇarasasparśaiḥ kṣāramehena me-
hati | § 10750

3.10.39 Aṣṭāṅgahr̥dayasaṃhitā

nīlamehena nīlābhaṃ----- | | 14 | | § 10751

3.10.40 Sarvāṅgasundarā

nīlamehena nīlābhaṃ gandhādibhirmehati | § 10752

3.10.41 Aṣṭāṅgahr̥dayasaṃhitā

-----kālamehī maṣīnibham | | 14 | | § 10753

3.10.42 Sarvāṅgasundarā

kālamehī maṣīsadr̥śaṃ mūtraṃ mehati | § 10754

3.10.43 Aṣṭāṅgahr̥dayasaṃhitā

hāridramehī kaṭukaṃ haridrāsannibhaṃ
dahat | | 15 | | § 10755

3.10.44 Sarvāṅgasundarā

hāridramehi haridrāsadr̥śaṃ kaṭukaṃ dahat-dahadiva,
mūtraṃ mehati | § 10756

3.10.45 Aṣṭāṅgahr̥dayasaṃhitā

visraṃ māñjiṣṭhamehena
mañjiṣṭhāsaliopamam | | 15 | | § 10757

3.10.46 Sarvāṅgasundarā

māñjiṣṭhamehī mañjiṣṭhājālasadr̥śaṃ visraṃ ca mehati |
§ 10758

3.10.47 Aṣṭāṅgahr̥dayasaṃhitā

visramuṣṇaṃ salavaṇaṃ raktābhaṃ
raktamehataḥ | | 16 | | § 10759

3.10.48 Sarvāṅgasundarā

raktamehena visrādikaṃ mehati | § 10760

3.10.49 Aṣṭāṅgahr̥dayasaṃhitā

vasāmehī vasāmiśraṃ vasāṃ vā
mūtrayenmuhūḥ | | 16 | | § 10761

3.10.50 Sarvāṅgasundarā

vasāmehī vasāmiśraṃ vasāṃ vā punaḥpunarmūtrayet |
§ 10762

3.10.51 Aṣṭāṅgahr̥dayasaṃhitā

majjānaṃ majjamiśraṃ vā majjamehī
muhurmuhuḥ | | 17 | | § 10763

3.10.52 Sarvāṅgasundarā

majjamehī majjānaṃ majjamiśraṃ vā punaḥ punarmeh-
ati | § 10764

3.10.53 Aṣṭāṅgahr̥dayasaṃhitā

hastī matta ivājasraṃ mūtraṃ vegavivarjitam | | 17 | |
salasīkaṃ vibaddhaṃ ca hastimehī
pramehati | | 18 | | § 10766

3.10.54 Sarvāṅgasundarā

hastimehī mattagaja ivānavarataṃ vegarahaṭaṃ lasīkayā
saha vibaddhaṃ ca mūtraṃ pramehati | § 10767

3.10.55 Aṣṭāṅgahr̥dayasaṃhitā

madhumehī madhusamam----- | | 18 | | § 10768

3.10.56 Sarvāṅgasundarā

madhumehī madhusamaṃ pramehati | § 10769

3.10.57 Aṣṭāṅgahr̥dayasaṃhitā

-----jāyate sa kila dvidhā | | 18 | |
kruddhe dhātuḥsayādvāyau
doṣāvṛtapathe+athavā | | 19 | | § 10771

3.10.58 Sarvāṅgasundarā

sa tu-madhumeho, vāyau dhātukṣayātkupite sati, athavā
doṣāvṛtapathe maruti, kila dvidhā jāyate | atra ca kecid-
evācāryā dvidhā āhuḥ | bahavastvekameva dhātukṣayav-
ātakopajamāhuḥ, na tu mārgāvṛtavātakopajamiti sūcanā-
5 rthaḥ kilaśabdaḥ | vāyostu dvidhā kopāḥ | tathā coktam-
"vāyordhātukṣayātkopo mārgasyāvarena ca | " iti | § 10772

3.10.59 Aṣṭāṅgahr̥dayasaṃhitā

āvṛto doṣaliṅgāni so+animittam pradarśayet | | 19 | |
kṣīṇaḥ kṣaṇātkṣaṇāt pūrṇo bhajate
kṛcchrasādhyatām | | 20 | | § 10774

3.10.60 Sarvāṅgasundarā

saḥ-vāyuh, āvṛtamārgo liṅgāni-vātāvarakadoṣalakṣaṇāni
vātaṣoṇitanidānoktāni, animittam-akasmāt, pradarśayet
calasvabhāvadvāyoh | ata eva ca kṣaṇātkṣīṇo-basterapūraṇādriktaḥ |
kṣaṇācca pūrṇo-mūtrāśayapūraṇātpūrṇo, na tu riktaḥ |
5 ata eva doṣāvṛtamārgavātakopajatvādasau kṛcchrasādhy-
atām bhajate, na tu dhātukṣayavātakopajavadatyantāsā-
dhyatām | § 10775

3.10.61 Aṣṭāṅgahr̥dayasaṃhitā

kālenopekṣitāḥ sarve yadyānti madhumehatām | | 20 | |
madhuraṃ yacca sarveṣu prāyo madhviva
mehati | | 21 | |
sarve+api madhumehākhyā mādhyācca
tanorataḥ | | 21 | | § 10778

3.10.62 Sarvāṅgasundarā

yat-yasmāt, sarve mehāḥ kālenopekṣitāḥ santo madhume-
hatām yānti | yacca-yasmācca, sarveṣu meheṣu madhuraṃ

madhviva-madhusadr̥ṣam, mehati | tanoḥ-śarīrasya, ca
svabhāvādeva mādhyam (ryāt) | ataḥ-asmātkāraṇasandohāt,
sarve+api madhumehasamjñāḥ | § 10779

3.10.63 Aṣṭāṅgahr̥dayasamhitā

avipāko+aruciśrcharidirnidrā kāsaḥ sapīnasaḥ | | 22 | |
upadravāḥ prajāyante mehānām
kaphajanmanām | | 22 | | § 10781

3.10.64 Sarvāṅgasundarā

kaphajānām mehānāmavipākādaya upadravāḥ prajāya-
nte | § 10782

3.10.65 Aṣṭāṅgahr̥dayasamhitā

bastimehanayostodo muṣkāvadaraṇam jvaraḥ | | 23 | |
dāhastr̥ṣṇā+amlako mūrccā vidbhedāḥ
pittajanmanām | | 23 | | § 10784

3.10.66 Sarvāṅgasundarā

pittajanmanām bastyādītodādayo jāyante | § 10785

3.10.67 Aṣṭāṅgahr̥dayasamhitā

vātikānāmudāvartakampahr̥dgrahalolatāḥ | | 24 | |
śūlamunnidratā śoṣaḥ kāsaḥ śvāsaśca
jāyate | | 24 | | § 10787

3.10.68 Sarvāṅgasundarā

vātikānāmudāvartādayaḥ syuḥ | § 10788

3.10.69 Aṣṭāṅgahr̥dayasaṃhitā

śarāvīkā kacchapīkā jālinī vinatā+alajī | | 25 | |
masūrikā sarṣapīkā putrinī savidārikā | | 25 | |
vidradhiśceti piṭīkāḥ pramehopekṣayā
daśa | | 26 | |
sandhimarmasu jāyante māṃsaleṣu ca
dhāmasu | | 26 | | § 10792

3.10.70 Sarvāṅgasundarā

śarāvīkādayo daśa piṭīkāḥ pramehāṇāmupekṣayā jāyante |
sandhimarmasu māṃsaleṣu ca-bahumāṃseṣu sthāneṣu |
§ 10793

3.10.71 Aṣṭāṅgahr̥dayasaṃhitā

antonnatā madhyanimnā śyāvā kledarujānvitā | | 27 | |
śarāvamānasamsthānā piṭīkā
syāccharāvīkā | | 27 | | § 10795

3.10.72 Sarvāṅgasundarā

śarāvīkāsaṃjñā piṭīkā+antonnatatvādiguṇayuktā bhavati |
tathā śarāvasyeva mānaṃ-pramāṇaṃ, samsthānaṃ-ākāraśca,
yasyāḥ saivam | § 10796

3.10.73 Aṣṭāṅgahr̥dayasaṃhitā

avagāḍhārtinistodā mahāvastuparigrahā | | 28 | |
ślakṣṇā kacchapapṛṣṭhābhā piṭīkā kacchapī
matā | | 28 | | § 10798

3.10.74 Sarvāṅgasundarā

artiḥ-pīḍā | nistedo-vicchinnaṃ vyathanam | avagāḍhāvart
nistodau yasyāḥ saivam | tathā, mahān vastuparigrahaḥ-
śarīrāvayavaviśeṣa āśrayo, yasyāḥ saivam | tathā, ślakṣṇā
kacchapapṛṣṭhatulyā ca kacchapīsaṃjñā piṭikā matā | ta-
ntrakṛtāmīti śeṣaḥ | § 10799

5

3.10.75 Aṣṭāṅgahr̥dayasaṃhitā

stabdhā sirājālavatī snigdhasrāvā mahāśayā | | 29 | |
rujānistodabahulā sūkṣmacchidrā ca
jālinī | | 29 | | § 10801

3.10.76 Sarvāṅgasundarā

stabdhādiguṇayuktā jālinīsaṃjñā | § 10802

3.10.77 Aṣṭāṅgahr̥dayasaṃhitā

avagāḍharujākledā pṛṣṭhe vā jaṭhare+api vā | | 30 | |
mahatī piṭikā nīlā vinatā vinatā
smṛtā | | 30 | | § 10804

3.10.78 Sarvāṅgasundarā

avagāḍharujādiyuktā piṭikā mahati tathā nīlā-nīlavarnā,
vinatā ca | sā ca vinatāsaṃjñā pṛṣṭhe jaṭhare vā syāt | § 10805

3.10.79 Aṣṭāṅgahr̥dayasaṃhitā

dahati tvacamutthāne bhṛśaṃ kaṣṭhā visarpiṇī | | 31 | |
raktakṛṣṇā+atitṛṣphoṭadāhamohajvarā+alajī | | 31 | | § 10807

3.10.80 Sarvāṅgasundarā

alajīsaṃjñā utthāne sati tvacaṃ dahati | atiduḥsahā visa-
rpaṇāśīlā tathā raktakṛṣṇā+atitṛḍādiyuktā ca | § 10808

3.10.81 Aṣṭāṅgahr̥dayasaṃhitā

mānasaṃsthānayostulyā masūreṇa masūrikā | | 32 | | § 10809

3.10.82 Sarvāṅgasundarā

masūrikāsaṃjñā masūreṇa pramāṇākṛtibhyaṃ tulyā | § 10810

3.10.83 Aṣṭāṅgahr̥dayasaṃhitā

sarṣapāmānasaṃsthānā kṣiprapākā mahārujā | | 32 | |

sarṣapī

sarṣapātulyapiṭikāparivāritā | | 33 | | § 10812

3.10.84 Sarvāṅgasundarā

sarṣapīsaṃjñā sarṣapatulyapramāṇākārā tathā śīghrapākā
mahārujā ca | tathā sarṣapasadrśībhiḥ piṭikābhiḥ parivār-
itā ca | § 10813

3.10.85 Aṣṭāṅgahr̥dayasaṃhitā

putriṇī mahatī bhūrisusūkṣmapiṭikācitā | | 33 | | § 10814

3.10.86 Sarvāṅgasundarā

putriṇīsaṃjñā pramāṇenāparapiṭikāpekṣayā mahatī | ta-
thā bhūribhiḥ susūkṣmābhiḥ piṭikābhirācitā ca | § 10815

3.10.87 Aṣṭāṅgahr̥dayasaṃhitā

vidārikandavadvṛttā kaṭhinā ca vidārikā | | 34 | | § 10816

3.10.88 Sarvāṅgasundarā

vidārikāsaṃjñā śrṅgālikākanda iva vartulā kaṭhinā ca syāt |
§ 10817

3.10.89 Aṣṭāṅgahr̥dayasaṃhitā

vidradhirvakṣyate+anyatra-----
| | 34 | | § 10818

3.10.90 Sarvāṅgasundarā

vidradhiranyatretyato+adhyāyādanyasminnanantarādhyāye
vakṣyate-bhaṇiṣyate | § 10819

3.10.91 Aṣṭāṅgahr̥dayasaṃhitā

-----tatrādyam piṭikātrayam | | 34 | |
putriṇī ca vidārī ca duḥsahā
bahumedasaḥ | | 35 | |
sahyāḥ pittolbaṇāstvanyāḥ
sambhavantyalpamedasaḥ | | 35 | | § 10822

3.10.92 Sarvāṅgasundarā

tatra-tāsu piṭikāsu madhye, ādyam-śarāvīkākacchapikājālinītyetata,
piṭikātrayam tathā putriṇī vidārikā ceti pañca duḥsahāḥ,
kr̥cchrasādhyatvāt | yato bahumedasa etāḥ sambhavanti | sa0-
anyāḥ-etābhyo+aparāstu, pittolbaṇāścatasraḥ (śca tāḥ) sahyāḥ-
soḍhum śakyāḥ, sukhasādhyatvāt | tāścālpamedasaḥ sa- 5
mbhavanti | § 10823

3.10.93 Aṣṭāṅgahr̥dayasaṃhitā

tāsu mehavaśācca syāddoṣodreko
yathāyatham | |36| | § 10824

3.10.94 Sarvāṅgasundarā

tāsu-piṭikāsu, mehānurodhāddoṣodreko yathāyatham-yathāsvaṃ
syāt | vātamehajāsu vātādhikyam pittamehajāsu pittādhi-
kyam kaphamehajāsu kaphādhikyam | udrekaśabdenaitad+a+adyotayati,-
tridoṣajāḥ sarvā evaitā iti | § 10825

3.10.95 Aṣṭāṅgahr̥dayasaṃhitā

prameheṇa vinā+apyetā jāyante duṣṭamedasaḥ | |36| |
tāvacca nopalakṣyante
yāvadvastuparigrahaḥ | |36| | § 10827

3.10.96 Sarvāṅgasundarā

etāḥ-pūrvoktāḥ piṭikāḥ, prameheṇa vinā+api-apramehiṇo+api
puṃso, duṣṭamedaso jāyante | jātā api tāstathāvidhasya
narasya tāvanna lakṣyante-yathāyatham lakṣaṇam notp-
adyate, yāvat-yathāsvaṃ, pṛṣṭhodarādi vastvāsāmādhā-
5 ratvena tantrakṛtā yatparibhāṣitam tanna parigr̥hītam |
evaṃ cireṇa kālenotpannā api jñāyanta ityārthaḥ | § 10828

3.10.97 Aṣṭāṅgahr̥dayasaṃhitā

hāridravarṇam raktam vā mehaprāgr̥upavarjitam | |37| |
yo mūtrayenna taṃ mehaṃ raktapittam tu
tadviduḥ | |37| |
svedo+aṅgagandhaḥ śithilatvamaṅge
śayyāsanavapnasukhābhiṣaṅgaḥ | |38| |
hr̥nnetrajihvāśravaṇopadeho ghanāṅgatā
keśanakhātivṛddhiḥ | |38| |

śītapriyatvaṃ galatāluśoṣo mādhyamāsye
karapādadaḥaḥ | | 39 | |
bhaviṣyato mehagaṇasya rūpaṃ
mūtre+abhidhāvanti pipīlikāśca | | 39 | | § 10834

3.10.98 Sarvāṅgasundarā

mehasya yat prāgrūpaṃ tena varjitaṃ hāridravarṇaṃ
raktaṃ vā yo mūtrayet taṃ mehaṃ na viduḥ, kinta-
rhi ? tat raktapittamityāhuḥ | sa0-etadbhaviṣyato-bhāvino,
mehagaṇasya-vimśatisaṅkhyasya, sveda ityādi rūpaṃ | na
kevalametat prāgrūpaṃ yāvotpipīlikā mūtre+abhidhāvanti | 5
madhurarasapriyatvātteṣāṃ | munistvatra nakhavṛddhiṃ
na jagāda (?) | § 10835

3.10.99 Aṣṭāṅgahrdayasaṃhitā

drṣṭvā pramehaṃ madhuraṃ sapicchaṃ madhūpamaṃ
syāddvididho vicāraḥ | | 40 | |
sampūraṇādvā kaphasambhavaḥ syāt kṣīṇeṣu
doṣeṣvanilātmako vā | | 40 | | § 10837

3.10.100 Sarvāṅgasundarā

madhūpamaṃ-mākṣikatulyaṃ, madhuraṃ tathā saha picchayā-
śālmalīniryāsatulyayā, vartata iti sapiccham | evaṃvi-
dham pramehaṃ drṣṭvā tadānīm dvididho vicāraḥ syāt |
sampūraṇātkāraṇāt kimayaṃ kaphasambhavo meho+apatarpaṇasādhyah
? uta kṣīṇeṣu doṣeṣu-kaphādidoṣakṣayāt, santarpaṇasā- 5
dhyo+anilātmakaḥ syāt ? iti sandeho mandabuddheḥ | tī-
kṣṇamatistu kaphamehān vātamehāṃśca liṅgāntaraiḥ sa-
myagvettyeva | § 10838

3.10.101 Aṣṭāṅgahrdayasaṃhitā

sapūrvarūpāḥ kaphapitteṃhāḥ krameṇa ye vātakṛtāśca
mehāḥ | | 41 | |

sādhyā na te, pittakṛtāstu yāpyāḥ sādhyāstu
medo yadi nātiduṣṭam | | 41 | | § 10840

5 iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira-
citāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ tṛtīye nidānasthāne pr-
amehanidānaṃ nāma daśamo+adhyāyaḥ | | 10 | | § 10841

3.10.102 Sarvāṅgasundarā

saha pūrvarūpaiḥ-"svedo+aṅgandhaḥ" (ślo. 38) ityādi-
bhirvartante+anavarataṃ kṛtvā+anubadhyante ye te sap-
ūrvarūpā asādhyāḥ | sarveṣāṃ pūrvarūpāvyabhicāre+api
viśeṣaṇaṃ sākalyaprāpaṇārtham | sarvaiḥ pūrvarūpaiḥ
5 saha ye vartante te kaphamehāḥ pittamehāścāsādhyāḥ,
sādhayitumaśakyatvāt | upalakṣaṇaṃ cedam,-apare+api
hi rogāḥ sapūrvarūpāḥ prāyeṇāsādhyā eva | tathā kr-
ameṇa kaphānupūrvyā ye vātakṛtā mehāste+asādhyāḥ |
nanu, vātakṛtā mehā asādhyā iti prāguktameva, tatk-
10 imanena granthena ? iti | brūmaḥ | akrameṇa prath-
amameva ye vātotpānnāste tyājyā iti pūrvamuktam |
iha tu krameṇa prathamam kaphaprāmeḥāstataḥ pitta-
prāmeḥāstataḥ kālena ta eva ye vātaprāmeḥāḥ sampā-
nnāste pūrvam kaphaprāmeḥātvsādhayitumapi śakya-
15 nta ityāśāṅkāyāṃ krameṇa ye vātakṛtāste+asādhyā ityu-
ktam | pittakṛtāstvasapūrvarūpā api yāpyā asamakriya-
tvāditi prānirdiṣṭam | teṣāṃ yadi medo nātiduṣṭam bh-
avettadā te+api yāpyāḥ santaḥ sādhyā bhavanti | medo
nātiduṣṭamityanena itajjñāpayati,-sarvameheṣu medoduṣṭ-
20 iravaśyambhāvinīti | mehino rājayaḥkṣmīṇāśca keśanakh-
ātivṛddhiḥ kiṭṭabāhulyādbhavati, rogasvabhāvādityanye |
vṛttānyupajātisaṃjñāni | iti śrīmṛgāṅkadattaputraśrīma-
daruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarvāṅga-
sundarākhyāyāṃ tṛtīye nidānasthāne pramehanidānaṃ
25 nāma daśamo+adhyāyaḥ samāptaḥ | | 10 | | § 10842

3.11 vidradhivṛddhigulmanidānādhyāyaḥ : 11

3.11.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto vidradhivṛddhigulmanidānaṃ

vyākhyāsyāmaḥ | | 2 | |

iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |

bhuktaiḥ

paryuṣitātyuṣṇarūkṣaśuṣkavidāhibhiḥ | | 1 | |

jihmaśayyāvicesṭābhistaistaiścārṣkpradūṣaṇaiḥ | | 1 | |

duṣṭatvaṅmāmsamedosthisnāyvasṛkkaṇḍarāśrayaḥ | | 2 | |

yaḥ śopho bahirantarvā mahāmūlo

mahārujaḥ | | 2 | |

vṛttaḥ syādāyato yo vā smṛtaḥ ṣoḍhā sa

vidradhiḥ | | 3 | |

doṣaiḥ pṛthaksamuditaiḥ śoṇitena kṣatena

ca | | 3 | | § 10850

3.11.2 Sarvāṅgasundarā

paryuṣitādibhirbhuktaiḥ, tathā jihmaśayyāvicesṭābhiḥ, vi-

vidhāśceṣṭā viceṣṭāḥ, śayyā ca viceṣṭāśca śayyāvicesṭāḥ,

jihmāśca tāḥ śayyāvicesṭāśca, tābhiḥ | jihmāḥ kuṭilā va-

krā iti paryāyāḥ | tathā taistaiḥ-tatratatrārṣkpradūṣaṇaiśca

nirdiṣṭaiḥ, yaḥ śopho jāyate duṣṭatvagādyāśrayo bahiḥ 5

bahirbhāge, antaḥ-antarbhāge vā, sa śīghraavidāhitvāccho-

phaḥ ṣoḍhā-ṣaṭprakāro, vidradhiḥ smṛtaḥ-abhihitaiḥ | śo-

phaśabdaḥ pṛṣodarādityātsādhuḥ | tvak ca māmsaṃ ca

medaśca asthi ca snāyuscārṣk ca kaṇḍarā ca, tā evam | "su-

mahān snāyusaṅghātaḥ kaṇḍaretyabhidhīyate |" duṣṭāḥ 10

doṣairdūṣitāḥ, tvaṅmāmsādaya ādhāro yasya sa duṣṭa-

tvaṅmāmsamedosthisnāyvasṛkkaṇḍarāśrayaḥ | tathā, ma-

hamūlastathā mahārujaḥ, anenāsyā durupakramatvamuk-

ktam | tathā, vṛttaḥ syāt, athavā āyato-na vartulaḥ, ityanen-

āsyā saṃsthānamuktam | sa0-pṛthagdoṣaiḥ-vātapittakaphaistrayaḥ,

samuditaiḥ-sannipātena caikaḥ, tathā śoṇitena-doṣādhiṣṭhitena,

kṣatena-śastrādighātādīnā, ceti | § 10851

3.11.3 Aṣṭāṅgahr̥dayasaṃhitā

bāhyo+atra tatrataṅge dāruṇo grathitonnataḥ | | 4 | |

āntaro dāruṇataro gambhīro

gulmavaddhanaḥ | | 4 | |

valmīkavatsamucchrāyī

śīghraghātyagniśastravat | | 5 | | § 10854

atra-anayorbāhyābhyantarabhedabhinnayorvidradhyorma-
dhyāt, bāhyo vidradhistatratatra-nābhyādāvaṅge, jāyate |
tathā, dāruṇo grathitonnataḥ | grathita iva grathitaḥ |
unnataḥ-uttuṅditaḥ | śophasya svabhāvonnatatvādunnat-
5 agrahaṇamatisāyārtham | āntaro dāruṇataraḥ tathā, gambhīraḥ-
antarnigūḍhaḥ | tathā, gulmavaddhano-gulmena tulyaḥ |
tathā, samucchrāyī-unnato valmīkaśikharavat | tathā, śīghraghātī-
bāhyavidradhitaḥ śīghravypādakaḥ | agniśastravat-agniśastrābhyāṃ
tulyaḥ | § 10855

3.11.4 Aṣṭāṅgahr̥dayasaṃhitā

nābhibastiyakṛtṣṭīhāklomahr̥tkukṣivaṅkṣaṇe | | 5 | |

syādvṛkkayorapāne

ca----- | | 6 | | § 10857

3.11.5 Sarvāṅgasundarā

nābhyādyanyatame deśe cāyaṃ syāt | § 10858

3.11.6 Aṣṭāṅgahr̥dayasaṃhitā

-----vātāttatrātītvraruk | | 6 | |

śyāvāruṇaścirotthānapāko

viṣamasamsthitaḥ | | 6 | |

vyadhacchedabhramānāhaspandasarpaṇaśabdavān | | 7 | | § 10861

3.11.7 Sarvāṅgasundarā

tatra-teṣu vidradhiṣu madhye, vātattīvrarugādiḥ śabdavā-
nityetadantalakṣaṇaḥ syāt | § 10862

3.11.8 Aṣṭāṅgahr̥dayasaṃhitā

raktatāmṛāsitaḥ pittātṭṛṇmohajvaradāhavān | |7| |
kṣiprotthānaprapākaśca-----
| |8| | § 10864

3.11.9 Sarvāṅgasundarā

pittādraktatāmṛāsītādikaḥ kṣiprotthānaprapākaścetyanta-
lakṣaṇaḥ syāt | § 10865

3.11.10 Aṣṭāṅgahr̥dayasaṃhitā

-----pāṇḍuḥ kaṇḍūyutaḥ kaphāt | |8| |
sotkleśāśītakastambhajṛmbhārocakagauravaḥ | |8| |
cirotthānavipākaśca-----
| |9| | § 10868

3.11.11 Sarvāṅgasundarā

kaphāt pāṇḍuḥ-varṇena | tathā, kaṇḍūyuta ityādicirothā-
navipākaścetyantalakṣaṇaḥ syāt | § 10869

3.11.12 Aṣṭāṅgahr̥dayasaṃhitā

-----saṅkīrṇaḥ sannipātataḥ | |9| | § 10870

3.11.13 Sarvāṅgasundarā

sannipātajo vidradhiḥ saṅkīrṇo-vātādidoṣavyāmiśralakṣaṇaḥ |
§ 10871

3.11.14 Aṣṭāṅgahr̥dayasaṃhitā

sāmarthyāccātra vibhajedbāhyābhyantaralakṣaṇam | | 9 | |
kṛṣṇasphoṭāvṛtaḥ
śyāvastīvrādāharujājvaraḥ | | 10 | |
pittaliṅgo+asṛjā bāhyaḥ strīṅāmeva
tathā+a+antaraḥ | | 10 | | § 10874

3.11.15 Sarvāṅgasundarā

atra-vidradhau, pūrvoktāddāruṇāddā(ṇadā)ruṇataratvādīlakṣaṇāt-
sāmarthyāt, bāhyābhyantaralakṣaṇam vibhajet-bāhyasya
vidradhestathā+a+abhyantarasya ca lakṣaṇam vadet | sa0-
raktena vidradhiḥ kṛṣṇasphoṭairāvṛtaḥ-cito, yāvattīvra-
5 dāharujājvaraḥ | tathā pittaliṅgo-"raktatāmṛsitaḥ" (ślo.
7) ityādīlakṣaṇaḥ sa ca bāhyo-bāhya eva nāntaro narā-
ṇām, vastusvābhāvyāt | āntaro yo vidradhīrasṛjā jāyate, sa
strīṅāmeva-na narāṇām, vastusvābhāvyāt | § 10875

3.11.16 Aṣṭāṅgahr̥dayasaṃhitā

śastrādyairabhighātena kṣate vā+apathyakāriṇaḥ | | 11 | |
kṣatoṣmā vāyuvikṣiptaḥ saraktam
pittamīrayan | | 11 | |
pittāsṛglakṣaṇam kuryādvidradhiṃ
bhūryupadravam | | 12 | | § 10878

3.11.17 Sarvāṅgasundarā

śastraloṣṭādyairyo+abhighāstena hetunā yaḥ kṣatoṣmā,
athavā+abhighātamantareṇāpi vraṇādyudbhavāt kṣate jāte
satyapathyakāriṇaḥ puṃso yaḥ kṣatoṣmā-agniḥ, sa vāy-
unā vikṣiptaḥ pittamīrayan-kopayan | kimbhūtam pittam ?
5 saraktam | tathā, pittāsṛgbhyāmutpannayorvidradhyorya-
llakṣaṇam tatsamānalakṣaṇam vidradhiṃ kuryāt | tathā,
bhūryupadravam | iyāneva cāsya viśeṣaḥ, pittāsṛgvidra-
dhyoḥ sakāśāt | § 10879

3.11.18 Aṣṭāṅgahr̥dayasam̐hitā

nābhyām hidhmā, bhavedbastau mūtram̐ kṛcchreṇa pūti
ca | | 13 | |
śvāso yakṛti, rodhastu plīhnyucchvāsasya, tṛṭ
punaḥ | | 13 | |
galagrahaśca klonni, syātsarvāṅgapragraho
hṛdi | | 14 | |
pramohastamakaḥ kāso hr̥daye ghaṭṭanam
vyathā | | 14 | |
kukṣipārśvāntarāṃsārthiḥ kukṣāvāṭopajanma 5
ca | | 15 | |
sakthnorgraho vaṅkṣaṇayorvr̥kkayoḥ
kaṭipṛṣṭhayoḥ | | 15 | |
pārśvayośca vyathā pāyau pavanasya
nirodhanam | | 16 | | § 10886

3.11.19 Sarvāṅgasundarā

teṣu-vidradhiṣu, upadravaviśeṣo+adhiṣṭhānaviśeṣādbhavati |
sa0-nābhyām jāte vidradhau hidhmā viśeṣeṇa bhavet |
bastau jāte mūtram̐ pūti kṛcchreṇa ca bhavet | yakṛti
jāte śvāsaḥ syāt | plīhni jāta ucchvāsasya rodhaḥ | klo-
mni jāte galagraha iva galagraho vyādhiviśeṣaḥ syātr̥- 5
ṣṇā ca | hṛdi jāte sarvasyāṅgasya prakarṣeṇa grahaḥ syāt |
tathā, pramohādayaḥ syuḥ | tamakaḥ-śvāsaviśeṣaḥ | hr̥d-
aye ghaṭṭanam vyathā ca | kukṣau jāte sati kukṣipārśv-
ayorantareṃ+asayośca pīḍā bhavati, tathā kukṣāvāṭopa-
sambhavaḥ | vaṅkṣaṇayorjāte sakthnorgraho niścala iva 10
sakthinī jāyete | vr̥kkayorjāte kaṭyāḥ pṛṣṭhasya ca gra-
haḥ, pīḍā ca pārśvayoḥ syāt | pāyau-gude jāte, pavanasya-
apānākhyasya vāyoḥ, nirodhaḥ syāt | § 10887

3.11.20 Aṣṭāṅgahr̥dayasam̐hitā

āmapakvavidaghatvam̐ teṣām
śophavadādiśet | | 16 | | § 10888

3.11.21 Sarvāṅgasundarā

teṣāṃ-vidradhīnāṃ, āmatvaṃ pakvatvaṃ vidagdhatvaṃ-
pākātikrāntatvaṃ, śophavadādiṣet | śophānāmiva śophā-
vat, ṣaṣṭhyantādvatiḥ | tatra śophasya śastrakarmavidhau
(hr̥. sū. a. 29 | 2) - "śopho+alpo+alpoṣmaruk" ityādinā
5 granthenāmādilakṣaṇamuktam, tathaiva vidradhiṣu bo-
dhyam | § 10889

3.11.22 Aṣṭāṅgahr̥dayasaṃhitā

nābherūrdhvaṃ mukhātpakvāḥ prasravantyaadhare
gudāt | | 17 | |
gudāsyānnābhijo-----
| | 17 | | § 10891

3.11.23 Sarvāṅgasundarā

nābherūrdhvaṃ-ūrdhvapradeśeṣūtpannāḥ, pakvāḥ santo
mukhāt-āsyāt, srāvaṃ sravanti | nābheradhare-adhastāt,
pakvāḥ santo gudāt srāvaṃ sravanti | nābhijaḥ punarvi-
dradhirutpanno gudāsyāt-ubhayataḥ, srāvaṃ sravati | gu-
5 daṃ cāsyam ca gudāsyam, tasmāt | § 10892

3.11.24 Aṣṭāṅgahr̥dayasaṃhitā

-----vidyādoṣaṃ kledācca vidradhau | | 17 | |
yathāsvaṃ vranavat-----
| | 18 | | § 10894

3.11.25 Sarvāṅgasundarā

vidradhau vraṇa iva yathāsvaṃ vātādidoṣaṃ kledādv-
idyāt | vranapraṭiṣedhoktayā rītyā (hr̥. u. a. 25 | 6) ma-
stumāṃsapulākāmbutulyatanvalpasamṣratyādikayā vāti-
kaṃ vidradhiṃ vidyāt | mūtrakimśukabhasmāmbutailā-
5 mbhoṣṇabahusrutetyādikayā ca paittikaṃ vidradhiṃ vi-

dyāt | bahuśvetaghanasrutyādikayā ca kaphajaṃ vidradhiṃ vidyāt | caśabdāna kevalaṃ pūrvoktāt "vātātr-ātītivrarak" (ślo. 6) ityādervātādilakṣaṇādvātādidōṣavidradhiṃ jānīyat, kledāccetyarthaḥ | vranavaditi saptamyantādvatiḥ, vidradhāviti saptamyantanirdeśāt | tathā coktaṃ bhāṣye-"upamāne yaḥ saṃśayaḥ sa upameyādbyāvartate | " iti | § 10895

3.11.26 Aṣṭāṅgahr̥dayasaṃhitā

tatra vivarjyaḥ sannipātajaḥ | | 18 | |
pakvo hr̥nnābhibastistho bhinno+antarbahireva
vā | | 18 | |
pakvaścāntaḥ sravan vakkrāt
kṣīṇasyopadravānvitaḥ | | 19 | | § 10898

3.11.27 Sarvāṅgasundarā

sannipātajo yo vidradhiḥ sa vivarjyo+asādhyatvāt | tathā, pakvo+antarbahireva vā bhinno+antaḥ-antarbhinno, bāhyo-bahirbhinno, hr̥nnābhibastistho varjya eva | pakvaścāntaro hr̥dādibhyo+anyatrāpi jāto vaktreṇa sravan kṣīṇasyopadravaiḥ-hidhmādibhiḥ, yukto varjya eva | § 10899 5

3.11.28 Aṣṭāṅgahr̥dayasaṃhitā

evameva stanasirā vivṛtāḥ prāpya yoṣitām | | 19 | |
sūtānāṃ garbhiṇīnāṃ vā
sambhavecchvayathurghanaḥ | | 20 | |
stane sadugdhe+adugdhe vā
bāhyavidradhilakṣaṇaḥ | | 20 | |
nāḍīnāṃ sūkṣmavaktratvātkanyānāṃ na sa
jāyate | | 21 | |
iti vidradhinidānam | | 21 | | § 10904 5

3.11.29 Sarvāṅgasundarā

[evameva-] yathaiva vidradhyākhyāḥ śvayathuviśeṣo bh-
uktaiḥ paryuṣitādibhistaistaiścār̥kpradūṣaṇairduṣṭatvaṅmā-
msamedosthisnāyvasr̥kkaṇḍarāśrayaḥ, tathaiva sūtānām
garbhiṇīnām vā strīṇām stane sadugdhe+athavā+adugdhe
5 stanasirā vivṛtāḥ prāpya-ākramya, bāhyavidradhilakṣaṇaḥ-
"bāhyo+atra tatratatrāṅge" (ślo. 4) ityādilakṣaṇo ghaṇo-
nibiḍo, yaḥ śvayathuḥ sambhavet sa stanavidradhisam-
m̐jñāḥ | nāḍīnām-stanasirāṇām, sūkṣmavaktratvāt sa ka-
nyānām na jāyate | § 10905

3.11.30 Aṣṭāṅgahr̥dayasaṃhitā

atha vṛddhinidānam | | 21 | |
kr̥ddho ruddhagatirvāyuh
śophaśūlakaraścāran | | 21 | |
muṣkau vaṅkṣaṇataḥ prāpya
phalakośābhivāhiniḥ | | 22 | |
prapīḍya dhamanīrvṛddhiṃ karoti
phalakośayoḥ | | 22 | | § 10909

3.11.31 Sarvāṅgasundarā

vāyuh prakupito vṛddhiṃ karoti | kiṃ dhātuḥsayāt kupi-
taḥ ? netyāha-ruddhagatiḥ | ruddhā gatiryasyeti ruddhag-
atiḥ, āvṛtamārga ityārthaḥ | kimbhūtaḥ ? śophaśūlakaraḥ |
tathā, caran-deśāddeśāntaram gacchan | vaṅkṣaṇataḥ-tato
5 deśāt, muṣkau-vṛṣaṇau, yathā prāpya tathā phalakośābhi-
vāhiniḥ sirāḥ prakarṣeṇa pīḍayitvā | kasya vṛddhiṃ karoti
? ityāha-phalakośayoḥ,-vṛṣaṇayoḥ | § 10910

3.11.32 Aṣṭāṅgahr̥dayasaṃhitā

doṣāsramedomūtrāntraiḥ sa vṛddhiḥ saptadhā
gadaḥ | | 23 | |
mūtrāntrajāvapyanilāddhetubhedastu
kevalam | | 23 | | § 10912

3.11.33 Sarvāṅgasundarā

pr̥thagvātapittakaphairdoṣaistathā+asreṇa medasā mūtr-
eṇa ca tathā+a+antreṇa ca, evaṃ doṣāsramedomūtrāntr-
aiḥ sa vṛddhyākhyo gadaḥ saptadhā-saptaparakāro, ma-
taḥ | na kevalaṃ [vāta] vṛddhākhyo yo gadaḥ sa evāni-
lajo yāvanmūtrāntrajāvapi yau vṛddhyākhyau gadau tāva- 5
pylanilajau | nanu, evaṃ pr̥thahnirdeśo mūtrāntrajayoḥ ka-
rtuṃ na yukto+anilajatvāt, ityāha-hetubhedastu kevalam |
satyam | mūtrāntrajāvapyanilājāyete | kintu kāraṇabhed-
ānmūtrāntrajāviti nirdiṣṭau | yato mūtrāntre+adhiṣṭhāya
vāyurmūtrāntrajau gadau vṛddhyākhyau karoti | evaṃ 10
tau paramārthato vātajāvapi mūtrāntrajāvucyate, tathār-
ūpāddhetubhūtādutpannatvāt | etaccopalakṣaṇamātram |
medoraktajāvapi vṛddhigadau doṣajāveva, kaphapittā-
bhyāṃ dūṣyasamjñake medorakte+adhiṣṭhāya kṛtatvāt |
tasmānmedoraktahetuvaśānmedoraktajāviti samjñayā tā- 15
vuktau | evamanye+apyevamrūpā vyādhayo bodhyāḥ |
§ 10913

3.11.34 Aṣṭāṅgahr̥dayasaṃhitā

vātapūrṇadr̥tisparśo rūkṣo vātādaheturuk | | 24 | | § 10914

3.11.35 Sarvāṅgasundarā

tatra vātādvṛddhirvātena pūritā yā dr̥tiḥ-bhasrā, tasyā iva
sparśo yasya sa evaṃbhūto bhavati | tathā, rūkṣaḥ | tathā,
ahetuḥ-nimittaṃ vinā, ruk-pīḍā, yasmin sa evam | § 10915

3.11.36 Aṣṭāṅgahr̥dayasaṃhitā

pakvodumbarasaṅkāśaḥ
pittāddāhoṣmapākavān | | 24 | | § 10916

3.11.37 Sarvāṅgasundarā

pittādvṛddhiḥ pakvodumbaraphalatulyo dāhādīmāṃśca
syāt | § 10917

3.11.38 Aṣṭāṅgahr̥dayasaṃhitā

kaphācchito guruḥ snigdhaḥ kaṇḍūmān
kaṭhino+alparuk | | 25 | | § 10918

3.11.39 Sarvāṅgasundarā

kaphādvṛddhiḥ śītādiyuktaḥ syāt | § 10919

3.11.40 Aṣṭāṅgahr̥dayasaṃhitā

kṛṣṇasphoṭāvṛtaḥ pittavṛddhiliṅgaśca
raktataḥ | | 25 | | § 10920

3.11.41 Sarvāṅgasundarā

raktādvṛddhiḥ kṛṣṇasphoṭaiścitaḥ pittavṛddhiliṅgaśca |
pittavṛddhiliṅgānīva liṅgāni yasya sa evam | saptamyup-
amānapūrvasyetyādinottarapadalopī samāsaḥ | § 10921

3.11.42 Aṣṭāṅgahr̥dayasaṃhitā

kaphavanmedasā
vṛddhirmṛdustālaphalopamaḥ | | 26 | | § 10922

3.11.43 Sarvāṅgasundarā

medasā vṛddhiḥ kaphavaditi kārye kāraṇopacārātkaphak-
āryo rogaḥ kapha uktaḥ | viśeṣamatrāha-mṛdustālaphalopama
iti | § 10923

3.11.44 Aṣṭāṅgahṛdayasaṃhitā

mūtradhāraṇaśīlasya mūtrajaḥ sa tu gacchataḥ | |26| |
ambhobhiḥ pūrṇadṛtivatkṣobhaṃ yāti
saruṃmṛduḥ | |27| |
mūtrakṛcchramadhastācca valayaṃ
phalakośayoḥ | |27| | § 10926

3.11.45 Sarvāṅgasundarā

mūtrajo vṛddhirmūtradhāraṇaśīlasya jalapūrṇabhastreva
syāt | sa tu-mūtrajo vṛddhiḥ, gacchato-vrajataḥ, kṣobhaṃ
yāti saruk mṛduśca syāt | tathā, mūtrakṛcchraṃ syāt | ph-
alakośayoradhastācca valayaṃ-kaṭakaṃ, syāt | § 10927

3.11.46 Aṣṭāṅgahṛdayasaṃhitā

vātakopibhirāhāraiḥ śītatoyāvagāhanaiḥ | |28| |
dhāraṇeraṇabhārādhvaviṣamāṅgapravartanaiḥ | |28| |
mādhmānarukstambhavatīm sa vāyuḥ | |30| |
prapīḍito+antaḥ svanavān prayāti
pradhṃpāyanneti punaśca muktaḥ | |30| |
antravṛddhirasādhyo+ayaṃ 5
vātavṛddhisamākṛtiḥ | |31| |
iti vṛddhinidānam | |2| | § 10933

3.11.47 Sarvāṅgasundarā

vātakopyāhārādibhiranyaiśca pūrvoktaiḥ kṣobhaṇaiḥ-kopanaiḥ,
kṣubhitaḥ-kupito, yadā+alpasyāntrasyāvayavaḥ-ekadeśaḥ,
taṃ svaniveśāt-svasthanāt, viguṇīkṛtyādho nayet tadā pa-
vano vaṅkṣaṇasandhistho granthyābhaṃ śvayathuṃ ku-
ryāt | upekṣyamāṇasyetyādi | upekṣyamāṇasya-acikitsyamāṇasya
vṛddhyākhyagadasya, sa pūrvanirdiṣṭo vāyurmuṣkayorvṛddhiṃ-
varddhanam, kuryāt | kimbhūtām ? ādhmānaruk+a+astambhavatīm |
tathā, prapīḍito bāhyādantaḥ svanavān-saśabdaḥ, pray-
āti | muktaḥ-aprapīḍitaḥ, pradhṃpāyana punareti-āgacchati |

upajātivṛttam | ayaṃ-evaṃlakṣaṇaḥ, antravṛddhiraśādhyo
na punaḥ sarva evetyayaṃśabdena dyotayati | kimasya la-
kṣaṇam ? ityāha-vātavṛddhisamākṛtiḥ,-"vātapūrṇadr̥tisparśa"
(ślo. 24) ityādilakṣaṇalakṣitaḥ | § 10934

3.11.48 Aṣṭāṅgahr̥dayasaṃhitā

atha gulmanidānam | | 32 | |
rūkṣakṛṣṇāruṇasirātantujālagavākṣitaḥ | | 32 | |
gulmo+aṣṭadhā pṛthagdoṣaiḥ
saṃsr̥ṣṭairnicayaṃ gataiḥ | | 32 | |
ārtavasya ca doṣeṇa nārīṇām
jāyate+aṣṭamaḥ | | 33 | | § 10938

3.11.49 Sarvāṅgasundarā

sarvagulmānām sāmānyalakṣaṇam rūkṣakṛṣṇetyādigrā-
nthanirdiṣṭam | gavākṣito-nirantaramākrāntaḥ | gulmo+aṣṭadheti
saṅkhyārūpā samprāptiḥ | tadevāṣṭadhātvaṃ pratipādayitumāha-
pṛthagdoṣaiḥ-vātapittakaphaiḥ, trayah | tathā, saṃsr̥ṣṭaiḥ-
5 saṃsargeṇa, trayah | nicayaṃ gataiḥ-sannipātena, ekaḥ |
tathā, aṣṭamo nārīṇām cārtavasya doṣeṇa-duṣṭatayā, syāt |
§ 10939

3.11.50 Aṣṭāṅgahr̥dayasaṃhitā

jvaracchardiyatisārādyairvamanādyaiśca
karmabhiḥ | | 33 | |
karśito vātalānyatti śītaṃ vā+ambu
bubhuḁṣitaḥ | | 34 | |
yaḥ pibatyanu cānnāni
laṅghanaplavanādikam | | 34 | |
sevate dehasaṅkṣobhi chardiṃ vā
samudīrayet | | 35 | |
5 anudīrṇāmudīrṇānvā vātādīna
vimuñcati | | 35 | |

snehasvedāvanabhyasya śodhanaṃ vā
 niṣevate | | 36 | |
 śuddho vā+a+aśuvidāhīni bhajate syandanāni
 vā | | 36 | |
 vātolbaṇāstasya malāḥ pṛthak kruddhā
 dviśo+athavā | | 37 | |
 sarve vā raktayuktā vā
 mahāsrotonuśāyinaḥ | | 37 | |
 ūrdhvādhomārgamāvṛtya kurvate 5
 śūlapūrvakam | | 38 | |
 sparśopalabhyaṃ gulmākhyamutplutaṃ
 granthirūpiṇam | | 38 | | § 10950

3.11.51 Sarvāṅgasundarā

"jvaracchardi" ityādi yāvat "bhajate syandanāni vā" iti ni-
 dānam | atisārādyairityādiśabdena grahaṇyādayo gr̥hya-
 nte, vamanādyairityatra ca virecanāsthāpanādayaḥ | jv-
 arādibhirvyādhibhīrvamanādibhiśca karśito yo vātālāny-
 annāni bhūkte | athavā, bubhukṣito-bhojanaṃ vinaiva, 5
 śītaṃ-apakvamambu, yaḥ pibati | tathā coktam (saṅgr-
 ahe sū. a. 6)- "anavasthitadoṣāgnervyādhikṣīṇabalasya ca |
 nālpamapyāmamudakaṃ hitaṃ, taddhi tridoṣakṛt | |" iti |
 anu cānnāni-bhojanādanantaraṃ, laṅghanādikaṃ yat-
 karma dehasaṅkṣobhi-śārīrasaṃrambhotpādakaṃ, tatsev- 10
 ate | chardiṃ vā yo+anudīrṇāṃ-anutkliṣṭāṃ, samudīrayet-
 samantādūrdhvaṃ nayet | udīrṇān vātādīn-vātamūtrapuriṣādīnāgatān,
 na vimuñcati | tathā yaḥ kaścana snehasvedāvanabhyasya-
 punaḥpunarakṛtvā, śodhanaṃ-vamanavirecanādi, niṣev-
 ate | athavā, śuddhaḥ-kṛtavamanavirecanaḥ, āśu-samanantaraṃ
 vidāhīnyannapānāni bhajate-santāpanānyannapānāni bh-
 ūkte | pacyamānānyannapānāni yāni vidāhāvasthāṃ pr-
 āptānyāmāsaya eva ciramavatiṣṭhante tāni vidāhīnyucya-
 nte | athavā, kṛtavamanavirecano+anantaraṃ syandanāni-
 srutirūpaśleṣmakārīnyannapānāni, bhajate | tasya malāḥ- 20
 vātādayo, gulmasaṃjñam vyādhiṃ kurvate | kīdrśāḥ ?
 vātolbaṇāḥ-vātakāraṇāḥ | na hi pavanakāraṇamantareṇa
 śleṣmapittaraktānāṃ saṃghaṭṭanā ghaṭate | tasmāt pitt-

ādīnāmutpattikāraṇānāṃ vātasya ca pittādigulmeṣu gu-
lmanīṣpādanam̐ prati tulyakakṣatāmanena viśeṣaṇena pr-
atipādayatyācāryaḥ | yadi punarulbaṇaḥ-adhikaḥ, iti vy-
ākhyāyate | tadānīm̐ pittaḡulme+apyadhikatvam̐ vātasy-
5 eti vātagulmapittaḡulmādīnām̐ viśayavibhāgo na syāt |
tasmādvātakāraṇatvam̐ vātolbaṇā ityanena vivakṣitam-
iti vedyam | kimbhūtā doṣāḥ ? kruddhāḥ-kupitāḥ | ka-
tham ? pṛthak-pratyekam̐ kṛtvā | athavā, dviśo-dvau
dvau kṛtvā, saṃsargasthā ityarthāḥ | sarve vā-samastā
10 raktayuktā veti | vāśabdaḥ samuccaye, raktayuktāścetya-
rthāḥ | tathā ca kharanāde+abhihitam-"vāyuh, kruddhaḥ
kapham̐ raktam̐ pittaḡulmā cādāya piṇḍitam | gulmam̐ ku-
ryāt" ityādi yāvat "raktapittakaphā vātapīṇḍitā gulma
ucyate |" iti | tathā mahāsrotonuśāyinaḥ | mahāsrotaḥ-
15 āmapakvāśayasthānam̐, tadanuśerate ye te mahāsroto-
nuśāyinaḥ | kiṃ kṛtvā gulmam̐ niṣpādayanti ? ityāha-
ūrdhvādha ityādi | ūrdhvhādhomārgamāvṛtya-āpūrya, an-
enāsyā samprāptiruktā | śūlam̐ pūrvam̐ yasmin sa evam̐
tam̐ śūlapūrvakam̐,-pūrvam̐ śūlam̐ kṛtvā paścāddoṣā gu-
20 lmam̐ kurvanti, anenāsyā prāgrūpamuktam̐ | tathā sparśopalabhyam̐-
āsmādisadṛśam̐, tathā utplutam̐-ūrdhvam̐ gatam̐ | tathā
granthirūpiṇam̐-granthyākāram̐, ityanenāsyā saṃsthāna-
muktam̐ | § 10951

3.11.52 Aṣṭāṅgahr̥dayasaṃhitā

karśanātkaphaviṭpittairmārgasyāvāraṇena vā | | 39 | |
vāyuh kṛtāśrayaḥ koṣṭhe
rauḡsyātkāṭhinyamāgataḥ | | 39 | |
svatantraḥ svāśraye duṣṭaḥ paratantraḥ
parāśraye | | 40 | |
piṇḍitatvādamūrto+api mūrtatvamiva
saṃśritaḥ | | 40 | |
5 gulma ityucyate
bastinābhihr̥tpārśvasaṃśrayaḥ | | 41 | | § 10956

3.11.53 Sarvāṅgasundarā

karśanāt-dhātukṣayāt, vāyurduṣṭaḥ kadācit kaphaviṭpitt-
aiḥ kṛtena mārgasyāvarāṇena-rodhena, koṣṭhe-āmapakvāśayākhye,
kṛtāśrayo-grhītāspadaḥ, tathā raukṣyātkāraṇāt kāṭhinyamāgataḥ-
piṇḍitatvaṃ prāptaḥ, svāśraye-pakvāśayasthāne, duṣṭaḥ
svatantraḥ, parāśraye-āmāśayasthāne, duṣṭaḥ paratantraḥ 5
pittakaphayorāyattaḥ, piṇḍitatvātkāraṇāt sparśopalabhyaḥ
san, amūrto+api-akaṭhino+api, mūrtatvamiva-kāṭhinyamiva,
saṃśritaḥ-sampanno, gulma ityabhidhīyate, tantrakṛdbhi-
riti śeṣaḥ | bastinābhihrtpārśvasaṃśrayaḥ, bastyādiḥ saṃśrayaḥ-
ādihāro, yasya sa evam | § 10957 10

3.11.54 Aṣṭāṅgahr̥dayasaṃhitā

vātānmanyāśiraḥśūlaṃ jvarapliḥāntrakūjanam | | 41 | |
vyadhaḥ sūcyeva viṣaṅgaḥ
kṛcchrāducchvasanaṃ muhuḥ | | 42 | |
stambho gātre mukhe śoṣaḥ kārśyaṃ
viṣamavahnitā | | 42 | |
rūkṣakṛṣṇatvagāditvaṃ calatvādanilasya
ca | | 43 | |
anirūpitasamsthānasthānavṛddhikṣayavyathaḥ | | 43 | |
pipīlikāvyaṅgīva gulmaḥ sphurati
tudyate | | 44 | | § 10963

3.11.55 Sarvāṅgasundarā

vātādgulme sati manyāśūlādayo bhavanti | tathā, calatvā-
cca vāyorgulmo+anirūpitasamsthānasthānavṛddhikṣayavyathaḥ
syāt | anirūpitāḥ samsthānādayo yasya sa evam | samsthānaṃ-
ākāraḥ | sthānaṃ-āśrayaḥ | tathā, pipīlikābhirvyāptaḥ-cita
iva, gulmaḥ sphurati tudyate ca | tudyata iti karmakartari | 5
§ 10964

3.11.56 Aṣṭāṅgahr̥dayasaṃhitā

pittāddāho+amlako

mūrcchāvidbhedasvedatrḍūjvarāḥ | | 44 | |
hāridratvaṃ tvagādyeṣu gulmaśca
sparśanāsahaḥ | | 45 | |
dūyate dīpyate soṣmā svasthānaṃ dahatīva
ca | | 45 | | § 10967

3.11.57 Sarvāṅgasundarā

pittādgulme dāhādayaḥ syuḥ | tathā tvaṅnakhādiṣu hā-
ridro varṇaḥ syāt | gulmaśca sparśanaṃ na sahate-
sparśanāsahaḥ, syāt | tathā, dūyate-upatapyate, dīpyate-
jvalatīva | soṣmā ca syāt | sa ca svasthānaṃ-gulmāśritamāspadaṃ,
5 dahatīva-taptāyaḥpiṇḍa iva | dūyata iti "dūḍḍ paritāpe" di-
vādiḥ | § 10968

3.11.58 Aṣṭāṅghṛdayasaṃhitā

kaphātstaimityamaruciḥ sadanaṃ śisīrajvaraḥ | | 46 | |
pīnasālasyaḥṛllāsakāśasuklatvagādītāḥ | | 46 | |
gulmo+avagāḍhaḥ kaṭhino guruḥ suptaḥ
sthiro+alparuk | | 47 | | § 10971

3.11.59 Sarvāṅgasundarā

kaphādgulme sati staimityādayaḥ syuḥ | gulmo+avagāḍhādiyuktaḥ
syāt | § 10972

3.11.60 Aṣṭāṅghṛdayasaṃhitā

svadoṣasthānadhāmānaḥ sve sve kāle ca rukkarāḥ | | 47 | |
prāyaḥ-----
| | 48 | | § 10974

3.11.61 Sarvāṅgasundarā

te ca gulmāḥ svadoṣasthānadhāmāno doṣasya-vātādeḥ,
sthānaṃ-pakvāśayādi svamātmīyamātmīyaṃ, doṣasthā-
naṃ taddhāma-sthānaṃ, yeśāṃ-vātapittakaphagulmānāṃ,
te prāyo-bāhulyena, svadoṣasthānadhāmānaḥ | tathā sve
sve kāle-ātmīye vayohorātribhuktānāmantamadyādila- 5
kṣaṇe, yathāsaṅkhyāṃ vātapittakaphagulmākkarāḥ-śūlakarāḥ,
bhavanti | § 10975

3.11.62 Aṣṭāṅgahr̥dayasaṃhitā

-----trayastu dvandvotthā gulmāḥ
saṃsr̥ṣṭalakṣaṇāḥ | |48| |
sarvajastīvrarugdāhaḥ śīghrapākī
ghanonnataḥ | |48| |
so+asādhyo-----
| |49| | § 10978

3.11.63 Sarvāṅgasundarā

dvandvotthāḥ-saṃsargajā gulmāstrayaḥ,saṃsr̥ṣṭalakṣaṇāḥ
syuḥ | sa0-sarvajastridoṣajo gulmastīvrarugādiyuktaḥ | sa
cāsādhyāḥ | § 10979

3.11.64 Aṣṭāṅgahr̥dayasaṃhitā

ṛtau vā navasūtā vā yadi vā yonirogiṇī | |49| |
sevate vātalāni strī kruddhastasyāḥ
samīraṇaḥ | |50| |
niruṇaddhyārtavaṃ yonyāṃ
pratimāsamavasthitam | |50| |
kukṣiṃ karoti tadgarbhaliṅgamāviṣkaroti
ca | |51| |
hr̥llāsadauhr̥dastanyadarśanakṣāmatādikam | |51| |5|
krameṇa vāyusaṃsargātpittayonitayā ca
tat | |52| |

śoṇitaṃ kurute tasyā
vātapittotthagulmajān | | 52 | |
rukstambhadāhātīsāratṛḍjvarādīnupadravān | | 53 | |
garbhāśaye ca sutarāṃ śūlaṃ
duṣṭāsr̥gāśraye | | 53 | |
yonyāśca srāvadaurgandhyatodaspandanaveda-
nāḥ | | 54 | | § 10989

3.11.65 Sarvāṅgasundarā

raktagulmaḥ punaḥ striyā eva prajāyate | sa0-ṛtau-ārtavakāle,
navaprasūtā vā yonirogiṇī vā strī vātalānyannapānāni yadi
sevate tasyāḥ-striyāḥ samīraṇaḥ-pavanaḥ, kupito yonyāṃ
pratimāsaṃ yadavasthitamārtavaṃ taduparuṇaddhi | tat-
5 ārtavaṃ, kuṣiṃ karoti, garbhaliṅgaṃ cāviṣkaroti-prakaṭayati |
garbhaliṅgamiva liṅgaṃ yasyeti "saptamyupamānapū-
rvasya" iti bahubrīhiruttarapadalopaśca | atha tadeva
garbhaliṅgamāha-hṛllāsetyādi | munistu raktagulme (ca.
ni. a. 3 | 14)- "pādayoḥ śvayathurbhavati |" ityūce | ādiśa-
10 bdena mūrccādīnāṃ grahaṇam | sa0-krameṇa-anantaraṃ,
vāyusaṃsargāt-marutsaṃśleṣāt, tathā pittayonitayā ca-
pittasya kāraṇatvena, tacchoṇitaṃ vātapittotthagulmaj-
ānupadravān kurute rukstambhadāhātīsāratṛḍjvarādīn |
anayā ca bhaṅgyā vātapittagulmayorupadravā apyuktā
15 bhavanti | garbhāśaya ityādi | gulmaśca garbhāśaye su-
tarāṃ śūlaṃ karoti | kimbhūte ? duṣṭasyāsr̥ja āśraye-
ādhārabhūte | yonyāśca srāvādīn kurute | § 10990

3.11.66 Aṣṭāṅgahr̥dayasaṃhitā

na cāṅgairgarbhavadgulmaḥ sphuratyapi tu
śūlavān | | 54 | |
piṇḍībhūtaḥ sa evāsyāḥ kadācitspandate
cirāt | | 55 | |
na cāsyā varddhate kuṣigulma eva tu
varddhate | | 55 | | § 10993

3.11.67 Sarvāṅgasundarā

na ca garbha ivāṅgaiḥ-pāṅyādibhiravayavaiḥ, sphurati-
niḥspandate gulmo+aṅgābhāvāt, api tu śūlavān | sa eva-
gulmaḥ, piṇḍībhūtaḥ kadāciccireṇāsyāḥ spandate-na ga-
rbhavacchīghram | tathā, garbhe+antaḥsthite kuḥsirasyā
vardhate | gulme tvantaḥsthite sa eva vardhate gulmo, na 5
kuḥsiḥ | iti garbharaktagulmayorlakṣaṇabhedaḥ | § 10994

3.11.68 Aṣṭāṅgahr̥dayasaṃhitā

svadoṣasaṃśrayo gulmaḥ sarvo bhavati tena saḥ | | 56 | |
pākaṃ cireṇa bhajate naiva vā, vidradhiḥ
punaḥ | | 56 | |
pacyate śīghramatyartham
duṣṭaraktāśrayatvataḥ | | 57 | |
ataḥ śīghravidāhitvādvidradhiḥ
so+abhidhīyate | | 57 | | § 10998

3.11.69 Sarvāṅgasundarā

sarvo gulmaḥ svadoṣaḥ saṃśrayo yasya sa evam | yena
yena doṣeṇa vātādyanyatamenāthavā dvandvasvarūpeṇa
sannipātenānyena vā gulmo jāyate sa doṣastasya gulma-
syāśrayaḥ | tadevaṃ vātagulmasya vāta evāśrayo, na tasya 5
pittādayaḥ | pittādikṛtānām ta evāśrayāḥ, na pavana āśra-
yaḥ | evaṃ svadoṣasaṃśrayo gulmaḥ sarvo bhavati | tena-
svadoṣasaṃśrayākhyena kāraṇena, gulmaścireṇa kālena
pākaṃ bhajate | etacca pittagulmaṃ prati prāyeṇa tathaik-
īyamatenoktam | ata evāha-naiva veti | athavā gulmaḥ pā-
kaṃ na bhajata eva | vidradhistu śīghram-acireṇaiva kāl- 10
ena, pākaṃ bhajate, atyartham duṣṭaraktāśrayatvāt | ataḥ
śīghravidāhitvāt kāraṇādasau vidradhirabhidhīyate | ta-
thā cāgamaḥ (suśrute ni. a. 9 | 32)- "māṃsaṣṇibhūyastvāt
pākaṃ gacchati vidradhiḥ | māṃsaṣṇitahīnatvādgulmaḥ
pākaṃ na gacchati | |" iti | tathā prāyeṇa vātātmakaḥ sar- 15
rvo gulmo jāyate | vāta evāmūrto+api mūrtatvamiva sa-

ṃśrito gulma ityucyate | ata eva vātasyaiva sarvagulme-
kāraṇaṃ prati prādhānyam | tasmādgulmasya pākānupa-
pattiḥ | § 10999

3.11.70 Aṣṭāṅgahr̥dayasaṃhitā

gulme+antarāśraye bastikuḥṣihṛtṣṭīhavedanāḥ | | 58 | |
agnivārṇabalabhraṃśo vegānāṃ
cāpravartanam | | 58 | |
ato viparyayo bāhye koṣṭhāṅgeṣu tu
nātiruk | | 59 | |
vaivarṇyamavakāśasya
bahirunnatatā+adhikam | | 59 | |
5 iti gulmanidānam | | 3 | | § 11004

3.11.71 Sarvāṅgasundarā

gulme+antarāśraye-ābhyantare, bastyādivedanādayaḥ syuḥ |
tathā, agnyādibhraṃśo-vināśo, vegānāṃ ca pravartanam
na bhavati | ataḥ-asmādbāhye, viparyayo-vaiparītyam |
yathā,-agnyādibhraṃśābhāvo vegānāṃ ca pravartanam
5 bhavati | tathā, bastihṛdayādiṣu koṣṭhāṅgeṣvatirūṇa bh-
avati | yathā+antare tathā+avakāśasya gulmapradeśasya
vaivarṇyaṃ-śarīrādanyavarṇatvam | bahiḥ-bāhyabhāge, unn-
atatvamadhikam bhavati | § 11005

3.11.72 Aṣṭāṅgahr̥dayasaṃhitā

sātopamatyugrarujamādhmānamudare bhṛśam | | 60 | |
ūrdhvādhovātarodhena tamānāhaṃ
pracakṣate | | 60 | | § 11007

3.11.73 Sarvāṅgasundarā

ūrdhvādhovātarodhena kāraṇabhūtenodare bhṛśamādhm-
ānaṃ yat tamānāhaṃ pracakṣate, munayaḥ iti śeṣaḥ | ki-

mbhūtam ? sātopaṃ-saśabdā, tathā+atyugrā ruk-pīdā,
yatra tadevam | suśrutena pratyādhmānasyāpi lakṣaṇam-
abhyadhāyi (ni. a. 1 | 89) - "vimuktapārśvahr̥dayaṃ tadev-
āmāśayotthitam | pratyādhmānaṃ vijānīyāt kaphavyāku-
litānilam | |" iti | § 11008

5

3.11.74 Aṣṭāṅgahr̥dayasaṃhitā

ghano+aṣṭhīlopamo granthiraṣṭhīlordhvaṃ
samunnataḥ | | 61 | |
ānāhalingastiryaktu pratyāṣṭhīlā
tadākṛtiḥ | | 61 | | § 11010

3.11.75 Sarvāṅgasundarā

[ghano-] nibiḍo, yo granthiraṣṭhīlayopamīyate tatho-
rdhvaṃ samunnataḥ-nādhastāt, sa granthirānāhalingo+aṣṭhīlā
bhaṇyate | tiryak ca (punaḥ) yo granthiḥ-nordhvaṃ sam-
unnataḥ, tadākṛtiḥ-aṣṭhīlāsadr̥śaḥ, sa granthiḥ pratyāṣṭhī-
locyate | § 11011

5

3.11.76 Aṣṭāṅgahr̥dayasaṃhitā

pakvāśayādgudopasthaṃ vāyustīvrarujaḥ prayān | | 62 | |
tūnī, pratūnī tu bhavetsa evāto
viparyaye | | 62 | | § 11013

3.11.77 Sarvāṅgasundarā

gudaṃ copasthaṃ ca gudopastham | pakvāśayāt-tato de-
śāt, vāyustīvrarujaḥ san gudopasthaṃ prayān-gacchan, tū-
nītyucyate | sa eva-vāyuḥ, ato viparyaye-gudopasthātpakvāśayaṃ
gacchan, tīvrarujaḥ san pratūnīti gadyate | § 11014

3.11.78 Aṣṭāṅgahr̥dayasaṃhitā

māsannagulmasya vadanti cihnam | | 63 | | § 11015

iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira-
citāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ ṛṭīye nidānasthāne vi-
dradhivṛddhigulmanidānaṃ nāmaikādaśo+adhyāyaḥ | | 11 | |

5 § 11016

3.11.79 Sarvāṅgasundarā

udgārabāhulyādīnyāsannagulmasya cihnam-prāgrūpaṃ,
vadanti | iti śrīmṛgāṅkadattaputraśrīmadaruṇadattavira-
citāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarvāṅgasundarākhyāyāṃ
ṛṭīye nidānasthāne vidradhivṛddhigulmanidānaṃ nāma-
ikādaśo+adhyāyaḥ samāptaḥ | | 11 | | § 11017

5

3.12 udaranidānādhyāyaḥ : 12

3.12.1 Aṣṭāṅgahr̥dayasaṃhitā

athāta udaranidānaṃ vyākhyāsyāmaḥ | | 2 | |

iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |

rogāḥ sarve+api mande+agnau sutarāmudarāṇi
tu | | 1 | |

ajīrṇānmalinaiścānnairjāyante

malasañcayāt | | 1 | | § 11021

3.12.2 Sarvāṅgasundarā

sarve+api-jvarātīsārādayo, rogā mande+agnau sati jāya-
nte, atīsayena punarudarāṇi | anyebhyaścodarahetubhyo
mandāgnitvaṃ pradhānamudarāṇāṃ kāraṇamiti mand-
egnāvityanena prāguddiṣṭena dyotayati | ajīrṇādityādi |
5 caturvidhādajīrṇāt-āmaviṣṭabdhavidagdharasaśeṣākhyāt, ta-
thā malinaiścānnaiḥ-pūtiparyuṣitasāṅkīrṇādilakṣaṇaiḥ, ta-
thā malasañcayāt-cirakālasambhṛtāddoṣāṇāṃ pracayāt, ud-
arāṇi jāyante | § 11022

3.12.3 Aṣṭāṅgahrdayasaṃhitā

ūrdhvādho dhātavo ruddhvā vāhinīrambuvāhinīḥ | | 2 | |
prāṇāgnyapānān sandūṣya
kuryastvañmāṃsasandhigāḥ | | 2 | |
ādhmāpya kukṣimudaram-----
- | | 3 | | § 11025

3.12.4 Sarvāṅgasundarā

ambuvāhinīrvāhinīḥ-jalavāhinī srotāṃsi, ūrdhvādho ru-
ddhvā dhātavo-vātādayaḥ, udaram kuryuḥ | kīdrśāḥ ?
tvak ca māṃsam ca tvañmāṃse, tayoh sandhiḥ-antaram,
tatra gacchantīti tvañmāṃsasandhigāḥ, tatrasthā itya-
rthaḥ | kiṃ kṛtvā ? kukṣimādhmāpya-ānāhya | tathā, pr- 5
āṇaścāgniścāpānaśca tān prāṇāgnyapānān sandūṣyadūṣa-
yitvā | prakṛtyā mando+agniḥ punarvātādibhiḥ sandūṣito
jaṭharam karotītyarthaḥ | § 11026

3.12.5 Aṣṭāṅgahrdayasaṃhitā

-----aṣṭadhā tacca bhidyate | | 3 | |
pṛthagdoṣaiḥ samastaiśca
plīhabaddhakṣatodakaiḥ | | 3 | | § 11028

3.12.6 Sarvāṅgasundarā

tacca-udaram, aṣṭadhā syāt | pṛthagdoṣaiḥ-vātapittakaphaistrayaḥ,
samastaiḥ-sannipātena caikaḥ, plīhodaram baddhodaram
kṣatodaram jalodaramiti [ca catvāraḥ, evamaṣṭau] | vātād-
ikṛtānyapi plīhādyudarāṇi plīhādinimittasaṃjñayoktāni |
yathā, vṛddhyākhyo rogaḥ | saṃjñāviśeṣaśca cikitsāviśeṣ- 5
apratipattiyarthaḥ | § 11029

3.12.7 Aṣṭāṅgahr̥dayasaṃhitā

tenārtāḥ śuṣkatālvoṣṭhāḥ śūnapādakarodarāḥ | | 4 | |
naṣṭaceṣṭābalāhārāḥ kṛśāḥ
pradhmatākukṣayaḥ | | 4 | |
syuḥ pretarūpāḥ
puruṣāḥ----- | | 5 | | § 11032

3.12.8 Sarvāṅgasundarā

tena-udareṇa, ārtāḥ-pīditāḥ puruṣāḥ, śuṣkatālvoṣṭhāḥ śū-
napādādayo naṣṭaceṣṭādikāḥ kṛśādayaśca syuḥ | § 11033

3.12.9 Aṣṭāṅgahr̥dayasaṃhitā

-----bhāvinastasya lakṣaṇam | | 5 | |
kṣunnāśo+annaṃ cirātsarvaṃ savidāhaṃ ca
pacyate | | 5 | |
jīrṇājīrṇaṃ na jānāti sauhityaṃ sahate na
ca | | 6 | |
kṣīyate balataḥ śāśvacchvasityalpe+api
ceṣṭite | | 6 | |
5 vṛddhirviśo+apavṛttiśca kiñcicchophaśca
pādayoḥ | | 7 | |
rugbastisandhau tatatā
laghvalpābhajanairapi | | 7 | |
rājījanma valīnāśo
jaṭhare----- | | 8 | | § 11040

3.12.10 Sarvāṅgasundarā

tasya bhāvino-bhaviṣyato, lakṣaṇaṃ kṣunnāśādikaṃ syāt |
tathā, bastisandhau ruk-śūlam | tathā, lagubhojanairalpa-
bhajanairabhajanairapi ca bastisandhau tatatā-vistīrṇatā,
ādhmatatetyarthaḥ | tathā, rājīnāṃ janma-sambhavo, valī-
5 nāṃ ca nāśo jaṭhare syāt | § 11041

3.12.11 Aṣṭāṅgahr̥dayasaṃhitā

-----jaṭhareṣu tu | | 8 | |
sarveṣu tandrā sadanaṃ
malasaṅgo+alpavahnitā | | 8 | |
dāhaḥ śvayathurādhmānamante
salilasambhavaḥ | | 9 | | § 11044

3.12.12 Sarvāṅgasundarā

jaṭhareṣu-jaṭharākhyeṣu, sarveṣu tu rogeṣu tandrā-ālasyaṃ,
tathā sadanaṃ dehasya bhavati | tathā, malasya saṅgaḥ-
purīṣasyāpravṛttiḥ | tathā, alpāgnitvam | tathā, dāhaḥ śv-
ayathurādhmānaṃ ca | ante-avasāne, salilasambhavaḥ |
§ 11045

5

3.12.13 Aṣṭāṅgahr̥dayasaṃhitā

sarvaṃ tvatoyamaruṇamaśophaṃ nātibhārikam | | 9 | |
gavākṣitam sirājālaiḥ sadā guḍaguḍāyate | | 10 | |
nābhimantraṃ ca viṣṭabhya vegam kṛtvā
praṇāsyati | | 10 | |
māruto
hr̥tkaṭinābhīpāyuvāṅkṣaṇavedanāḥ | | 11 | |
saśabdo niścaredvāyurviḍbaddhā
mūtramalpakam | | 11 | |
nātimando+analo laulpaṃ na ca syādviraṣaṃ
mukham | | 12 | | § 11051

5

3.12.14 Sarvāṅgasundarā

sarvamudaramatoyam-jalodarātāmaprāptaṃ, varṇato+aruṇaṃ,
tathā+aśophaṃ-śophenānākrāntaṃ, tathā nātibhārikam-
nātiśayena guru, tathā sirājālaiḥ-sirāsamūhairjālākṛtibhiḥ,
gavākṣitam-nirantaramākrāntaṃ, sadā-sarvakālaṃ, guḍaguḍāyate-
guḍaguḍa īdṛśamavyaktaṃ śabdamaṅcarati | tathā, māruto
nābhīm viṣṭabhya-stabdhatāṃ nītvā, tathā+antraṃ ca viṣṭ-

5

abhya, vegam̐ kṛtvā-hṛtkaṭīnābhipāyuvāṅkṣaṇavedanā ity-
evam̐rūpamātmīyam̐ saṃrambham̐ pradarsyānantaram̐,
praṇāsyati | tathā, saśabdo vāyurantarniścaret-niryāti | ta-
thā viḍbaddhā, tathā mūtramatisāyenālpam̐ syāt | tathā ki-
5 ṅcinmando+agniḥ, tathā laulyam̐-gr̥ddhiḥ, na ca virasam̐
mukham̐ syāt | yatra tadatoyasambhavam̐ vedyam | asm-
ācca viparītalakṣaṇam̐ sāmartyāt satoyam | § 11052

3.12.15 Aṣṭāṅgahr̥dayasaṃhitā

tatra vātodare śophaḥ pāṇipānmuṣkakukṣiṣu | | 12 | |
kukṣipārśvodarakaṭīpr̥ṣṭharuk
parvabhedanam | | 13 | |
śuṣkakāso+aṅgamardo+adhogurutā
malasaṅgrahaḥ | | 13 | |
śyāvāruṇatvagādītvamakasmādvṛddhihlāsavat | | 14 | |
5 satodabhedamudaram̐
tanukṛṣṇasirātataṃ | | 14 | |
ādhmātadr̥tivacchabdamāhataṃ prakaroti
ca | | 15 | |
vāyuścātra sarukśabdo
vicaretsarvatogatiḥ | | 15 | | § 11059

3.12.16 Sarvāṅgasundarā

tatra-teṣūdaṛeṣu madhye, vātodare śophaḥ pāṇyādiṣu, ta-
thā kukṣyādiṣu ruk̐ parvabhedanam̐ tathā śuṣkakāsāda-
yaḥ syuḥ | akasmāt-nimittam̐ vinā, udaram̐ vṛddhihr̥say-
utaṃ syāt, tathā satodabhedam̐, tathā tanukṛṣṇasirābhistataṃ-
5 vyāptam, āhataṃ ca tadudaramādhmātabhastreva śabdaṃ
karoti | atra ca-vātodare, vāyuḥ sarukśabdaḥ sarvatogati-
śca san vicaret-bhramati | § 11060

3.12.17 Aṣṭāṅgahr̥dayasaṃhitā

pittodare jvaro mūrccā dāhasṭṛṭ kaṭukāsyatā | | 16 | |

bhramo+atisāraḥ pītatvaṃ tvaḡādāvudaraṃ
harit | | 16 | |
pītatāmrāsirānaddhaṃ sasvedaṃ sośma
dahyate | | 17 | |
dhūmāyati mṛdusparśaṃ kṣiprapākaṃ
pradūyate | | 17 | | § 11064

3.12.18 Sarvāṅgasundarā

pittodare jvarādayaḥ syuḥ | tathā, tvaḡādau pītatvaṃ bha-
vati | jaṭharaṃ haritavarṇaṃ tathā pītatāmrābhiḥ sirābhirnaddhaṃ-
yuktaṃ, sasvedaṃ śośma ca syāt, dahyate-tapyate ca | ta-
thā, dhūmāyati | tathā, mṛduḥ-akaṭhinaḥ, sparśo yasya ta-
devam | tathā, kṣiprapākaṃ syāt | pradūyate-upatapyate 5
ca | § 11065

3.12.19 Aṣṭāṅgahr̥dayasaṃhitā

śleṣmodare+aṅgasadanaṃ svāpaḥ
śvayathugauravam | | 18 | |
nidrotkleśāruciśvāsakāsaśuklatvaḡādītā | | 18 | |
udaraṃ stimitaṃ ślakṣṇaṃ śuklarājītataṃ
mahat | | 19 | |
cirābhivṛddhi kaṭhinaṃ śītasparśaṃ guru
sthiram | | 19 | | § 11069

3.12.20 Sarvāṅgasundarā

śleṣmodare+aṅgasādādayaḥ syuḥ | tathodaraṃ stimitaṃ-
niścalam, tathā ślakṣṇaṃ-komalasparśaṃ, tathā śuklarājībhistataṃ-
vyāptaṃ, tathā bṛhat, tathā cirābhivṛddhi kaṭhinaṃ ca ta-
thā śītasparśaṃ, tathā guru, tathā sthiraṃ-na tu calam |
§ 11070

5

3.12.21 Aṣṭāṅgahr̥dayasaṃhitā

tridoṣakopanaistaiḥ strīdattaiśca rajomalaiḥ | |20| |
garadūṣīviśādyaiśca saraktāḥ sañcitā
malāḥ | |20| |
koṣṭhaṃ prāpya vikurvāṇāḥ
śoṣamūrccābhramānvitam | |21| |
kuryustriliṅgamudaram śīghrapākaṃ
sudāruṇam | |21| |
5 bād hate tacca sutarāṃ
śītavātābhradarśane | |22| | § 11075

3.12.22 Sarvāṅgasundarā

malāḥ-vātādayaḥ, saraktāḥ sañcitāstriliṅgaṃ-tridoṣalakṣaṇaṃ,
tathā śoṣādiyutaṃ, tathā śīghrapākaṃ, tathā sudāruṇa-
udaram kuryuḥ | kimbhūtaiḥ sañcitāḥ ? tridoṣakopana-
sañkīrṇādibhojanaiḥ, taistaiḥ-sarvaroganidānoktaiḥ, tathā
5 striyā dattai rajomalaiḥ-kārmaṇāparaparyāyairvaśīkaraṇaiḥ,
tathā gareṇa dūṣīviśādyaiśca | ādīśabdena viruddhābhya-
vahārādergrahaṇam | anenāsyā hetuviśeṣakathanam | kī-
drśā doṣāḥ ? koṣṭhaṃ prāpya-āśritya, vikurvāṇāḥ-vikriyāṃ
yātāḥ | tacca-jāṭharam, sutarāṃ śītavātābhradarśane bād-
10 ate | ityanenāsyā viśeṣalakṣaṇaṃ kathitam | § 11076

3.12.23 Aṣṭāṅgahr̥dayasaṃhitā

atyāśitasya sañkṣobhādyānayanādiceṣṭitaiḥ | |22| |
ativyavāyakarmādhvavamanavyādhikarśanaiḥ | |23| |
vāmapārśvāśritaḥ plihācyutaḥ
sthānādvivarddhate | |23| |
śoṇitaṃ vā rasādibhyo vivṛddham taṃ
vivarddhayet | |24| |
5 so+aṣṭhīlevātikaṭhinaḥ prāk tataḥ
kūrmaprṣṭhavat | |24| |
kramaṇa varddhamānaśca
kukṣāvudaramāvahet | |25| |
śvāsakāsapipāsāsyavairasyādhmānarugjvaraiḥ | |25| |

pāṇḍutvamūrcchāchardībhirdāhamohaiśca
saṃyutam | | 26 | |
aruṇābhaṃ vivarṇaṃ vā
nīlahāridrarājimat | | 26 | | § 11085

3.12.24 Sarvāṅgasundarā

atitṛptasya narasya yānagamanādiceṣṭitairyaḥ saṅkṣobha-
stasmāt, tathā+ativyavāyādibhiḥ karśanaḥ plīhā sthānāt-
svāśayāt, cyuto vivardhate-viśeṣeṇa vṛddhiṃ gacchati | ki-
mbhūtaḥ plīhā ? vāmapārśvāśritaḥ | athavā rasādibhyo dh- 5
ātubhyaḥ śoṇitaṃ vivṛddhaṃ-vṛddhihetubhiradhikaṃ kṛ-
tvā vṛddhiṃ prāptaṃ, anantaram taṃ-plīhānaṃ svasthān-
āccyutamacyutam vā, viśeṣeṇa vardhayet-svapramāṇādādhikyam
janayet | saḥ-plīhā, aṣṭhīlevātikāthinaḥ prāgbhūtvā, tataḥ-
anantaram, kacchapapṛṣṭhākṛtiḥ krameṇa-na sahasaiva,
vardhamānaḥ-ādhikyam gacchan, kuṣau-svīye sthāne, 10
udaram vidadhyāt | kīdṛśam ? śvāsādibhirdāhamohapary-
antaiḥ saṃyutam | tathā, aruṇābhaṃ-arūṇavarṇam, ath-
avā vivarṇaṃ-anīścitavarṇam, tathā nīlahāridrarājimat ev-
aṃvidhā rājayo vidyante yasmimstadevam | § 11086

3.12.25 Aṣṭāṅgahr̥dayasaṃhitā

udāvartaruḥjānāhairmohaṭṛḍḍahanajvaraiḥ | | 27 | |
gauravārucikāṭhinyairvidyāttatra malān
kramāt | | 27 | | § 11088

3.12.26 Sarvāṅgasundarā

tatra-plīhodare, pṛthaglakṣaṇalakṣitānmalān-vātādīn, kr-
ameṇodāvartādinā vidyāt | tatrodāvartaruḥjānāhairvātaṃ
vidyāt | mohatṛḍḍahanajvaraiḥ pittaṃ vidyāt | gauravār-
ucikāṭhinyaiḥ kaphaṃ vidyāt | § 11089

3.12.27 Aṣṭāṅgahr̥dayasaṃhitā

plīhavaddakṣiṇātpārśvāt kuryādyakṛdapi
cyutam | | 28 | | § 11090

3.12.28 Sarvāṅgasundarā

yathā pūrvoktairhetubhiḥ plīhā vāmapārśvāccyuto vivardhate-
vivṛddho bhūtvā+anantaramudaramāvahet, tadvadyakṛ-
dapi dakṣiṇāt pārśvāccyutaṃ sadvardhate-vṛddham sad-
udaram kurute | athavā śoṇitaṃ svahetuto vivṛddham ya-
5 kṛdvivardhayet, tacca vivṛddhamudaramāvahet | iti plīh-
odarayakṛdudarayoḥ sādr̥śyam | § 11091

3.12.29 Aṣṭāṅgahr̥dayasaṃhitā

pakṣmavālaiḥ sahānnena bhuktairbaddhāyane
gude | | 28 | |
durnāmabhirudāvatairanyairvā+antropalopibhiḥ | | 29 | |
varcaḥpittakaphān ruddhvā karoti
kupito+anilaḥ | | 29 | |
apāno jaṭharam tena
syurdāhajvaratṛṭkṣavāḥ | | 30 | |
5 kāsaśvāSORUSADANAṃ
śirohr̥nnābhipāyuruk | | 30 | |
malasaṅgo+aruciścchardirudaram
mūḍhamārutam | | 31 | |
sthiraṃ nīlāruṇasirārājinaddhamarāji vā | | 31 | |
nābherupari ca prāyo gopucchākṛti
jāyate | | 32 | | § 11099

3.12.30 Sarvāṅgasundarā

pakṣmāṇi ca vālāśca pakṣmavālāḥ, tairannena saha bhukt-
airbaddhāyane gude satyapāno vāyurvigūṇaḥ-kupito, ja-
ṭharam karoti | baddhamayanam-dvāram puriṣānilavāhi,
yasya tadevaṃvidhe gude | tathā durnāmabhirgude ba-

ddhāyane, tathodāvartairbaddhāyane, tathā+anyairvā+antropalepibhiḥ-
 upadehibhirdadhyodanamāśomādibhiḥ, gude baddhāy-
 ane, apāno jaṭharam karoti | kiṃ kṛtvā ? varcaḥpitta-
 kaphān ruddhvā-āvṛtya, tadbaddhodaramucyate | tena-
 baddhodareṇa, dāhajvaratrṭkṣavāḥ syuḥ | tathā, kāsaśvās- 5
 āvūrusadanam śirohunnābhipāyuruk syāt | tathā, malānām-
 mūtrapurīśādīnām, saṅgaḥ-apravartanam | arucistathā ch-
 ardiḥ syāt | tathodaram mūḍhamārutam bhavet | mūḍho-
 bahiraniḥsaraṇarūpo, māruto yasmiṃstadevam | mūḍha-
 mārutatvasya sāmānyalakṣaṇenaiva gṛhītatvātpunargrah- 10
 aṇamatisayārtham | tathā, sthiram-acalam | tathā, nīlāruṇasirārājibhīrnad-
 vyāptam, athavā+arāji syāt | taccodaram prāyo nābherup-
 ariṣṭādgoṇucchākṛti jāyate | yathāyathordhvaṃ tathātathā
 sūkṣmamityarthaḥ | anenāsyā samsthānamuktam | § 11100

3.12.31 Aṣṭāṅgaḥṛdayasaṃhitā

asthyādiśalyaiḥ sānnaiścadbhuktairatyāśanena vā | | 32 | |
 bhidyate pacyate vā+antram tacchidraīśca
 sravanbahīḥ | | 33 | |
 āma eva gudādeti tato+alpālpam
 saviḍrasaḥ | | 33 | |
 tulyaḥ kuṇapagandhena picchilaḥ
 pītalohitaḥ | | 34 | |
 śeṣaścāpūrya jaṭharam jaṭharam 5
 ghoramāvahet | | 34 | |
 varddhayettadadho nābherāśu caiti
 jalātmatām | | 35 | |
 udriktadoṣarūpam ca vyāptam ca
 śvāsatṛḍbhramaiḥ | | 35 | |
 chidrodamidaṃ prāhuḥ parisrāvīti
 cāpare | | 36 | | § 11108

3.12.32 Sarvāṅgasundarā

asthitṛṇakaṇṭakapāśāṇadhātuśṛṅgadārvādiśalyaiḥ sānnaiḥ-
 sahabhojanena bhuktaiḥ | athavā, atyaśanena-atimātrabhojanena,

yadā+antraṃ bhidyate-sacchidraṃ sampadyate, athavā
pacyate-pākaṃ yāti | tacchidraīśca-antracchidrairbhedoṭpannaiḥ,
pākato vā, bahirāma eva-aparipakva eva, saviḍrasaḥ srava-
nnalpālpameva gudādeti-āyāti | tulyaḥ-sadṛśaḥ, kuṇapagandhena-
5 śavagandhena | tathā picchilaḥ, pītalohitaśca varṇena |
śeṣaśca raso-yo gudānnāgacchati, sa jaṭharamāpūrya-
pūrayitvā, ghoram-kaṣṭataram, jaṭharākhyam vyādhiṃ
kuryāt | tat-udaram, adho nābhervardhayet-vṛddhiṃ ga-
cchet | vardhiścurādiḥ | tathā, āśu-śīghrameva, jalātmatām-
10 jalodaratvameti, udriktadoṣarūpaṃ ca | udriktaṃ-adhikaṃ,
doṣāṇām-vātapittakaphānām, rūpaṃ-ākṛtiḥ, yasya tade-
vam | tathā, śvāsatṛḍbhramairvyāptamidamudaram chi-
drodaram prāhurācāryāḥ | apare tvācāryāḥ parisrāvītyā-
huḥ | § 11109

3.12.33 Aṣṭāṅgahr̥dayasaṃhitā

pravṛttasnehapānādeḥ

sahasā+a+amāmbupāyinaḥ | | 36 | |
atyambupānānmandāgneḥ kṣīṇasyātikṛśasya
vā | | 37 | |
ruddhvā+ambumārgānaniḥ kaphaśca
jalamūrchitaḥ | | 37 | |
vardhayetām tadevāmbu
tasthānādudarāśritau | | 38 | |
5 tataḥ syādudaram
tṛṣṇāgudasrutirujānvitam | | 38 | |
kāśāśvāsāruciyaṭam nānāvarṇasirātataṃ | | 39 | |
toyapūrṇadṛtisparśaśabdaprakṣobhavepathu | | 39 | |
dakodaram mahatsnigdham sthiramāvṛttanābhi
tat | | 40 | | § 11117

3.12.34 Sarvāṅgasundarā

pravṛttaṃ-ārabdham, snehapānādi yena sa pravṛttasne-
hapānādiḥ | ādigrahaṇādvamanādikaṃ karma pañcavi-
dham gṛhyate | tasya tathābhūtasya sahasā+a+amāmbupāyinaḥ-

sahasaiivāpakvapānīyapasya, tathā mandāgneḥ-naṣṭavahneḥ,
tathā kṣīṇasya-viśiṣṭavyādhyākrāntatayā dhātvpacaya-
vataḥ, tathā+atīkṣasya-anaśanādinā kṣīṇamedomāṃsa-
sya, evaṃvidhasya puruṣasyātyambupānādambumārgān- 5
toyavāhini srotāṃsi, ruddhvā+anilaḥ kaphaśca | kimbh-
ūtaḥ ? jalamūrchitaḥ-toyamiśritaḥ | tāvubhau vātaka-
phau jalamūrchitāvudarāśritau tadevāmbu tatsthānāt-
udakasthānāt klemato, varddhayetām | tataḥ-anantaram,
udaram syāt | tṛṣṇādiyutaḥ, tathā kāsādiyutaḥ, tathā
nānāvarṇābhiḥ-anekavarṇābhiḥ sirābhiḥ, tataḥ-vyāptam | 10
toyetyādi | śabdasya prakṣobhaḥ-saṃrambhaḥ śabdapr-
akṣobhaḥ, vepathuḥ-kampaḥ, sparśaśca śabdaprakṣobh-
aśca vepathuśca ta evam, toyena pūrṇā toyapūrṇā, sā
cāsau dṛtiśca toyapūrṇadr̥tiḥ, toyapūrṇadr̥tivat sparśaś-
abdaprakṣobhavepathavo yasminnudare tattoyapūrṇad- 15
ṛtisparśaśabdaprakṣobhavepathu, dakodaram-jalodaram,
syāt | tacca mahat-anyebhya udarebhyo vistīrṇam, ta-
thā snigdham, tathā sthiram-acalam, āvṛttanābhi tat,
āsamantādvṛttā-vartulā, nābhīryasya tadevam | § 11118

3.12.35 Aṣṭāṅgahr̥dayasaṃhitā

upekṣayā ca sarveṣu doṣāḥ svasthānataścyutāḥ | | 40 | |
pākāddravā dravīkuryuḥ
sandhisrotomukhānyapi | | 41 | |
svadeśca bāhyasrotaḥsu
vihatastiryagāsthitaḥ | | 41 | |
tadevodakamāpyāyā picchāṃ kuryāttadā
bhavet | | 42 | |
gurūdaram sthiram vṛttamāhataṃ ca na 5
śabdavat | | 42 | |
mṛdu vyapetarājīkaṃ nābhyāṃ sprṣṭam ca
sarpati | | 43 | |
tadanūdakajanmāsminkukṣivṛddhistato+adhikam | | 43 | |
sirāntardhānamudakajaṭharoktam ca
lakṣaṇam | | 44 | | § 11126

3.12.36 Sarvāṅgasundarā

upekṣayā-acikitsanāt, sarveṣūdaṛeṣu, doṣāḥ-vātapittakaphāḥ,
svasthānataḥ-ātmīyāt sthānāt, cyutāḥ-sthānāntaram ga-
tāḥ, tathā pākāddhetoste doṣā dravā adhikaṃ dravī-
kuryuḥ sandhisrotomukhānyapi | andhayaśca srotomu-
5 khāni ca sandhisrotomukhāni-dvārāṇi | na kevalaṃ sv-
ayaṃ doṣā dravatvaṃ gatāḥ, yāvatsandhisrotomukhā-
nyapi dravīkuryuḥ, ityapīśabdārthaḥ | svedaśca bāhy-
asrotaḥsu saṃvṛteṣu vihato-niruddhaḥ, tiryagāsthitaḥ-
tiryak pravṛttaśca, tadevodakaṃ prāk kuṣṣau vṛddhiṃ
10 gatamāpyāyāya-vṛddhiṃ gamayitvā, picchāṃ kuryāt | tadā
bhavedgurūdaraṃ sthiraṃ-acalaṃ, vṛttaṃ-vartulaṃ, ca |
tathā+a+ahataṃ ca pāṇyādinā na śabdavat-naśabdayuktam,
tathā mṛdu-akathinam, tathā vyapetā rājyo yasmāt tadvy-
apetarājīkaṃ syāt | nābhyāṃ ca spr̥ṣṭam sat sarpati-prasāri
15 sampadyate | tadanu-tato+anantaram, asmin-udarākhye
vyādhou, udakajanma-jalasambhavaḥ | tataḥ-anantaram,
adhikaṃ kṛtvā kuṣṣivṛddhirbhavet | tathā, sirāntardhānaṃ-
sirāṇāmadarśanam | kimetadeva lakṣaṇam ? netyāha-udakajaṭharoktaṃ
ca lakṣaṇam | na kevalaṃ yadadhunaivoktaṃ lakṣaṇam,
20 yāvajjalodaroktaṃ ceti caśabdasyārthaḥ | § 11127

3.12.37 Aṣṭāṅgahr̥dayasaṃhitā

vātapittakaphaplihasannipātodakodaram | | 44 | |
kṛcchraṃ yathottaram pakṣātparam
prāyo+apare hataḥ | | 45 | |
sarvaṃ ca jātasalilaṃ
riṣṭoktopadravānvitam | | 45 | | § 11130

3.12.38 Sarvāṅgasundarā

vātādyudbhavamudaraṃ yathottaraṃ kṛcchraṃ | tena
vātodarāt pittodarāt pittodaraṃ yāvadudakodaramaty-
arthaṃ kṛcchraṃ, kṛcchrasādhyatvāt | sa0-pāṭhāpekṣayā
ye dve apare-baddhakṣatodare, te prāyaḥ pakṣātparam-

anantaram, hato-mārayataḥ | prāyograhaṇāt-kadācinniyatāyūṣyutpanne
naiva mārayataḥ | sa0-kilopekṣayā sarveṣūdaṣvante sal-
ilasambhava ityuktam | sarvaṃ ca jaṭharam jātodakam ya-
dvātādisamuttham kṛcchramuktaṃ tadapi hantyeva | atr-
āpi prāyograhāṇamanuvartanīyam | kadācijjātodakamapi 5
na mārayati, api tu yāpayatyeva | tathā, riṣṭoktopadravānviṭam-
riṣṭādhyāyoktairupadravairyuktaṃ "jaṭharam hanti durba-
lam | śūnākṣam kuṭilopastham" (hr. śā. a. 5 | 90) ityādibhi-
śca, tadapi hanti | § 11131

3.12.39 Aṣṭāṅgahrdayasaṃhitā

janmanaivodaram sarvaṃ prāyaḥ kṛcchratamaṃ
matam | | 46 | |
balinastadajātāmbu yatnasādhyam
navotthitam | | 46 | | § 11133

iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira-
citāyāmaṣṭāṅgahrdayasaṃhitāyāṃ tṛtīye nidānasthāne ud-
aranidānaṃ nāma dvādaśo+adhyāyaḥ | | 12 | | § 11134 5

3.12.40 Sarvāṅgasundarā

janmanaiva-jātyaiva svabhāvenaiva, udaram sarvaṃ pr-
āyaḥ kṛcchratamaṃ matam, vyādhisvabhāvāt | prāyogr-
ahaṇātkiñcidudaram kṛcchrameva bhavati, na kṛcchrata-
mam | ata evāha-balina ityādi | balino-balavataḥ, tadud-
aramutthitam navaṃ sat ajātodakam sat, yatnasādhyam 5
iti | iti śrīmrṅānkadattaputraśrīmadaruṇadattaviracitāyā-
maṣṭāṅgahrdayaṭīkāyāṃ sarvāṅgasundarākhyāyāṃ tṛtīye
nidānasthāne udaranidānaṃ nāma dvādaśo+adhyāyaḥ sa-
māptaḥ | | 12 | | § 11135

3.13 pāṇḍurogaśophavisarpanidānadhyāyaḥ : 13

3.13.1 Aṣṭāṅgahr̥dayasaṃhitā

athātaḥ pāṇḍurogaśophavisarpanidānaṃ
vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
pittapradhānāḥ kupitā yathoktaiḥ
kopanairmalāḥ | | 1 | |
tatrānilena balinā kṣiptaṃ pittaṃ hr̥di
sthitam | | 1 | |
5 dhamanīrdaśa samprāpya vyāpnuvatsakalāṃ
tanum | | 2 | |
śleṣmatvagraktamāṃsāni
pradūṣyāntaramāśritam | | 2 | |
tvañmāṃsayostatkurute tvaci varṇān
pṛthagvidhān | | 3 | |
pāṇḍuhāridraharitān pāṇḍutvaṃ teṣu
cādhikam | | 3 | |
yato+ataḥ pāṇḍurityuktaḥ sa
rogaḥ----- | | 4 | | § 11144

3.13.2 Sarvāṅgasundarā

yatra malāḥ-vātādayaḥ, pittapradhānā yathoktaiḥ-sarvaroganidānādyuktaiḥ,
kopanaḥ kupitāḥ-kruddhāḥ, pāṇḍurogahetavaḥ | katham
? ityāha-tatretyādi | [tatra-] teṣu tathābhūteṣu satsu, vā-
tena balinā-balavatā, kṣiptaṃ pittaṃ hr̥di sthitamanant-
5 araṃ tatpittaṃ dhamanīrdaśa-hr̥di sthitāḥ, samprāpya-
āśritya, sakalāṃ tanuṃ vyāpnuvat-aśnuvānam | saka-
laśabdopādānaṃ mūtrapurīṣādīnāmapi grahaṇārtham |
ata evākhyāsyati (ślo. 9) - "kṛṣṇarūksāruṇasirānakh-
aviṇmūtranetratā |" iti | tathā śleṣmatvagraktamāṃsāni
10 pradūṣya | kimbhūtaṃ pittaṃ ? tvañmāṃsayorantaram-
madhyamāśritam | tat-pittaṃ, tvaci varṇān pṛthagvidhān-
nānāprakārān, pāṇḍuhāridraharitān kurute | teṣu-varṇeṣu

madhye, yato-yasmāt, atīsayena pāṇḍutvamadhikamataḥ-
asmāt, sa rogaḥ pāṇḍurityuktaḥ-saṃjñitaḥ | nanu, 'pittapra-
adhānāḥ' iti kathamuktam ? yāvatā (yato) vāyorbaliyastvāt
'vātapradhānāḥ' iti vaktum yuktaṃ syāt | balīyastvaṃ cā- 5
nantarameva pratipāditam 'tatrānilena balinā kṣiptam' iti |
asadetat | yato nātra balīyastvābalīyastvakṛte prādhānyā-
prādhānye vivakṣite | kintarhi ? pāṇḍurogakaraṇam pr-
ati karṭṛtvākarṭṛtve | pittasya ca pāṇḍurogakaraṇam prati
mukhyaṃ karṭṛtvam, ataḥ 'pittapradhānāḥ' iti yuktamu-
ktam | nanu, yadi trayo doṣāḥ pāṇḍurogahetavaḥ, kathaṃ 10
tarhi vakṣyati ? (ślo. 7) - "sa pañcadhā pṛthagdoṣaiḥ sama-
stairmṛttikādanāt |" iti | ucyate | sarvaḥ pāṇḍurogastrido-
ṣaja eva | kintu hetuviśeṣairyo rūpabhedastena pañcātma-
kaḥ śophavat, iti na kiñcidatrāyuktam | § 11145

3.13.3 Sarvāṅgasundarā

tena-pāṇḍurogeṇa, dhātūnām-rasarudhirādīnām, gaura-
vaṃ śaithilyam ca syāt | tathā, ojaso guṇakṣayo-mādhurya(manda)śaityāc
(hṛ. ni. a. 6 | 1) vināśaḥ | tata eva-jojogūṇakṣayāt, pāṇḍvām-
ayī naro+alparaktamedaskaḥ | alpe raktamedasī yasya sa
evam | tathā, niḥsāro-durbalaḥ syāt | tathā ślathendriyaḥ | 5
[ślathāni-] śithilāni, indriyāṇi-vākpāṇipādapāyūpastharūpāṇi,
yasya sa ślathendriyaḥ | tathā, indriyaśabdena buddhīndri-
iyāṇām cakṣurādīnāmadhiṣṭhānānyupalakṣyante | nanu,
pittapradhānāḥ kupitā iti pittavṛddhiruktā | pittavṛddhyā
ca raktavṛddhyā bhavitavyam | tatkathamuktamalparakt- 10
ateti ? atrocyate | doṣāṇāmanyonyadūṣaṇāt dūṣasya ca do-
ṣairdūṣitatvāt prasādaparamparayā+apuṣṭau satyām kiṭṭ-
abāhulyāt pitta[sya]adhikyam, na raktasya prasādātmak-
asya, iti pittādhikyamalparaktatā cetyupapannam | tathā,
aṅgaiḥ-avayavaiḥ, mṛdyamānairivāsau nara upalakṣitaḥ, 15
tathā hṛdayena dravatā ca | tathā, śūnāvakṣikūṭau yasya
sa evam | tathā, sadanaḥ-aṅgasādavān | tathā, kopanādi-
kaḥ syāt | § 11146

3.13.4 Aṣṭāṅgahṛdayasaṃhitā

-----tena gauravam | | 4 | |
dhātūnāṃ syācca śaithilyamojasaśca
guṇakṣayah | | 4 | |
tato+alparaktamedasko niḥsārah
syācchlathendriyah | | 5 | |
mṛdyamānairivāṅgairnā dravatā hr̥dayena
ca | | 5 | |
5 sūnākṣikūṭaḥ sadanaḥ kopanaḥ
ṣṭhīvano+alpavāk | | 6 | |
annadviṭ śīśiradveṣī śīrṇaromā hatānalaḥ | | 6 | |
sannasaktho jvarī śvāsī karṇakṣveḍī bhramī
śramī | | 7 | | § 11153

3.13.5 Aṣṭāṅgahr̥dayasaṃhitā

sa pañcadhā pṛthagdoṣaiḥ
samastairmṛttikādanāt | | 7 | | § 11154

3.13.6 Sarvāṅgasundarā

saḥ-pāṇḍurogaḥ, pañcadhā syāt | katham ? ityāha-pṛthagdoṣaiḥ
sannipātena mṛdbhakṣaṇācca | nanu, mṛttikādanāt pṛ-
thagpāṇḍurogo na vācyah, pṛthagvātādidoṣaje pāṇḍu-
roge+antarbhūtāt | mṛdā hi vātādiprakopo vidhīy-
5 ate tiktoṣaṇādibhiriva | vātādiprakopaśca pāṇḍurogakṛt |
tasmātpṛthahnṛdo na yukto nirdeśah | atra brūmah |
mṛdo+anye ye vātādiprakopahetavaḥ pāṇḍurogasampād-
ane sambhāvanāyogyāḥ, te pāṇḍurogaṃ sampādya het-
usvarūpasattayā vinivartante | mṛttikā tu tīkṣṇaiḥ saṃś-
10 odhanairvinā pāṇḍurogaṃ yāvatkāye+avatiṣṭhate | itya-
yaṃ vātādikopahetubhyo+anyebhyo mṛdaḥ pāṇḍurogaṃ
prati viśeṣah | tasmānmṛdā pṛthak pāṇḍurogo vaktuṃ ny-
āyyah | § 11155

3.13.7 Aṣṭāṅgahr̥dayasaṃhitā

prāgrūpamasya hr̥dayaspandanam rūkṣatā tvaci | | 8 | |
aruciḥ pītamūtratvaṃ
svedābhāvo+alpavahnitā | | 8 | |
sādaḥ śramo----- | | 9 | | § 11158

3.13.8 Sarvāṅgasundarā

asya pāṇḍurogasya hr̥dayaspandanādi prāgrūpam | § 11159

3.13.9 Aṣṭāṅgahr̥dayasaṃhitā

-----anilāttatra gātraruktodakampanam | | 9 | |
kṛṣṇarūkṣārūṇasirānakhaviṇmūtranetratā | | 9 | |
śophānāhāsyaavairasyaviṭśoṣāḥ
pārśvamūrdharuk | | 10 | | § 11162

3.13.10 Sarvāṅgasundarā

tatra-teṣu pāṇḍurogeṣu madhye, vātātpāṇḍuroge gātraru-
gādayaḥ syuḥ | § 11163

3.13.11 Aṣṭāṅgahr̥dayasaṃhitā

pittāddharitapītābhasirāditvaṃ jvarastamaḥ | | 10 | |
tṛṣṭvedamūrcchāśītecchā daurgandhyaṃ
kaṭuvakkratā | | 11 | |
varcobhedo+amlako
dāhaḥ----- | | 11 | | § 11166

3.13.12 Sarvāṅgasundarā

pittāddharitapītābhasirāditvaṃ(tvādi) syāt | § 11167

3.13.13 Aṣṭāṅgahr̥dayasaṃhitā

-----kaphācchuklasirādītā | | 11 | |
tandrā lavaṇavaktratvaṃ romaḥarṣaḥ
svaraḥṣayaḥ kāśāścachardiśca-----
----- | | 12 | | § 11169

3.13.14 Sarvāṅgasundarā

kaphācchuklasirādītā[di] syāt | § 11170

3.13.15 Sarvāṅgasundarā

nicayāt-sannipātāt, miśraliṅgaḥ pāṇḍurogaḥ so+atiduḥsaho-
ghoratamaḥ | § 11171

3.13.16 Aṣṭāṅgahr̥dayasaṃhitā

nicayānmiśraliṅgo+atiduḥsahaḥ | | 12 | | § 11172

3.13.17 Aṣṭāṅgahr̥dayasaṃhitā

mṛtkaṣāyā+anilaṃ pittamūṣarā madhurā kapham | | 13 | |
dūṣayitvā rasādīṃśca raukṣyādbhuktaṃ
virūkṣya ca | | 13 | |
srotāṃsyapakvaivāpūrya kuryādruddhvā ca
pūrvavat | | 14 | |
pāṇḍurogaṃ tataḥ
śūnanābhipādāsyamehanaḥ | | 14 | |
5 purīṣaṃ kṛmimanmuñcedbhinnaṃ
sāsr̥kkaphaṃ naraḥ | | 15 | | § 11177

3.13.18 Sarvāṅgasundarā

mṛdbhakṣitā kaṣāyarasā vātaṃ dūṣayitvā pāṇḍurogaṃ
kuryāt | ūṣarā-sakṣāramṛttikā, pittaṃ dūṣayitvā pāṇḍuro-
gaṃ kuryāt | madhurā mṛttikā kaphaṃ dūṣayitvā pāṇḍur-
ogaṃ kuryāt | tathā, rasādīṃśca dhātūn dūṣayitvā raukṣy-
ācca hetorbhuktaṃ virūkṣya ceti | yataḥ svabhāvata eva 5
mṛttikā rūkṣā | tasmādbhuktaṃ virūkṣayati | srotāṃsi cā-
pūrya ruddhvā+apakvaiva satī pāṇḍurogaṃ pūrvavat pi-
ttapradhānāḥ kupitā ityādinā nyāyena kuryāt | mṛttikāyā
gurutvāt pākābhāvaḥ | athavā aśabdo+atreṣadarthe | alo-
mikā eḍaketi yathā | tena kiñcitpakveti gamyate | tataḥ- 10
tena pāṇḍurogeṇa, śūnanābhyādikaḥ san kṛmyādiyutaṃ
purīṣaṃ muñcet | § 11178

3.13.19 Aṣṭāṅgahrdayasamhitā

yaḥ pāṇḍurogī seveta pittalaṃ tasya kāmālāṃ | | 15 | |
koṣṭhaśākhāśrayāṃ pittaṃ
dagdhvā+asṛṇmāṃsamāvahet | | 16 | |
hāridranetramūtratvañnakhavaktraśakṛttayā | | 16 | |
dāhāvīpākatṛṣṇāvān bhekābho
durbalendriyaḥ | | 17 | |
----- 5
----- kiṃ pāṇḍurogiṇa eva
pittalānyāsevamānasya kāmālā bhavet,
utāpāṇḍurogiṇo+api ? ityāha - - - -
bhavetpittolbaṇasyāsau pāṇḍurogādr̥te+api
ca | | 17 | | § 11183

3.13.20 Sarvāṅgasundarā

yo naraḥ pāṇḍurogī san pittalaṃ-maricakāñcikādīdravyamatyarthaṃ,
seveta-upayunkte, tasya-pāṇḍurogiṇaḥ, pittaṃ karṭṛ kāmālā
māvahet | kīdr̥śīm | koṣṭhaśākhāśrayāṃ | koṣṭho-
mahāsrotaḥ, śākhā-raktādayastvak ca, iti tadubhayamā-
śrayo yasyāstām, kiṃ kṛtvā ? raktaṃ māṃsam ca da- 5

gdhvā | katham ? hāridranetramūtratvañnakhavaktraśak-
ṛttayā | tadā ca puruṣo dāhādīmān maṇḍūkacchāyo durba-
lendriyaśca syāt | durbalāni-svaviṣaye+apyasaktāni, indri-
yāṇi yasya sa evam | sa0-pāṇḍurogamantareṇāpi pittādh-
5 ikasya narasya pittalānyāsevamānasyāsau koṣṭhaśākhāśr-
ayā kāmālā syāt, na kevalaṃ pāṇḍurogiṇaḥ | § 11184

3.13.21 Aṣṭāṅgahr̥dayasaṃhitā

upekṣayā ca śophāḍhyā sā kṛcchrā
kumbhakāmālā | | 18 | | § 11185

3.13.22 Sarvāṅgasundarā

upekṣayā-cikitsāṃ vinā, saiva-kāmālā, yadā śophāḍhyā-
śvayathubahulā, syāttadā kumbhakāmaletyucyate | kṛcchrā-
kṛcchrasādhyā | § 11186

3.13.23 Aṣṭāṅgahr̥dayasaṃhitā

haritaśyāvapītatvaṃ pāṇḍuroge yadā bhavet | | 18 | |
vātapittādbhramastṛṣṇā strīṣvahaṛṣo
mṛdurjvaraḥ | | 19 | |
tandrābalānalabhraṃśo loḍharaṃ taṃ
halīmakam | | 19 | |
alasaṃ ceti
śamsanti----- | | 20 | | § 11190

3.13.24 Sarvāṅgasundarā

pāṇḍuroge sati yadā haritaśyāvapītatā bhramādayaśca vā-
tapittātsyuh, ataśca taṃ halīmakam śamsanti, munaya iti
śeṣaḥ | taṃ ca halīmakam, loḍharaṃ tathā+alasaṃ cācakṣ-
ate | § 11191

3.13.25 Aṣṭāṅgahṛdayasaṃhitā

-----teṣāṃ pūrvamupadravāḥ | |20| |
 śophapradhānāḥ kathitāḥ sa evāto
 nigadyate | |20| |
 -----atha
 śophanidānam | |21| |
 pittaraktakaphānvāyurduṣṭo duṣṭān
 bahiḥsirāḥ | |21| |
 nītvā ruddhagatistairhi
 kuryāttvañmāṃśasamśrayam | |21| |
 utsedham saṃhatam śopham
 tamāhurnicayādataḥ | |22| |
 sarvaṃ----- | |22| |
 iti pāṇḍuroganidānam | |21| | § 11199

5

3.13.26 Sarvāṅgasundarā

teṣāṃ-pāṇḍurogaprakārāṇāṃ, pūrvamupadravā yataḥ śo-
 phapradhānāḥ kathitāḥ | ataḥ-asmāddhetoḥ, pāṇḍurog-
 anidānādanantaram śopha eva bhāṇyate, na visarpaḥ |
 śophaḥ pradhānaḥ-prathamo, yeṣāṃ ta evaṃ kathitāḥ |
 kvaḥ ? ihaiva | yathoktam (ślo. 6)- "śūnākṣikūṭaḥ" ity- 5
 ādi | tathā (ślo. 14)- "śūnanābhipādāsyamehanaḥ" iti |
 sa0-bahirbhūtāḥ sirā bahiḥsirāḥ,-bāhyāḥ sirāḥ | vāyuḥ
 pittaraktakaphān karmabhūtān bahiḥ sirāḥ karmabh-
 ūtā nītvotsedham kuryāt | nayaterdvikarmakatvāt pitt-
 ādayo bahiḥsirāśca karma | yathā,-ajāṃ nayati grām- 10
 amiti | tenāyamartho+avatiṣṭhate-bahiḥsirāsu pittādīnnī-
 tveti | kimbhūto vāyuḥ ? duṣṭaḥ san,-kopanaiḥ kupi-
 taḥ | kimbhūtamutsedham ? tvak ca māṃsam ca tva-
 ṇmāṃse, te samśrayaḥ-āśrayo, yasya tam | tairhīti hiśa-
 bdo+avadhāraṇe | taireva-bahiḥsirāḥ prāptaiḥ pittaraktak- 15
 aphaiḥ, ruddhagatiḥ | ata eva saṃhatam-samantāddhataṃ
 nīscalamiva sampannam, utsedham | yataścaivam vāt-
 apittakaphaiḥ śophaḥ sañjāyate, tasmātsarvaṃ śopham
 nicayāt-doṣatrayāt, āhuḥ | § 11200

3.13.27 Aṣṭāṅgahr̥dayasaṃhitā

-----hetuviśeṣaistu rūpabhedānnavātmakam | | 22 | |
doṣaiḥ pṛthagdvayaiḥ
sarvairabhighātādviśādapi | | 23 | | § 11202

3.13.28 Sarvāṅgasundarā

tuśabdo viśeṣārthaḥ | yadyapi sarvastridoṣajaḥ śophas-
athā+api hetuviśeṣairyo rūpabhedastasmānnavātmakam
śophamāhuḥ | tathā hi-yo+ayaṃ sannipātaḥ śophaetur-
eṣa kadācitsamaṃ kṛtvā kupyati kadācidviśamaṃ kṛtvaik-
5 adoṣavr̥ddhisvarūpatayā | evaṃ ca hetuviśeṣairyo lakṣaṇ-
abhedastasmānavaprakāratvaṃ śophasya nyāyyameva |
lakṣaṇabhedaścaisāṃ spaṣṭa eva | tathā cābhighātāddhe-
tośca yathāvadanyallakṣaṇam viśāddhetoranyallakṣaṇam
tadvat pṛthagvātādeśca yathāvadanyat dvandvaje cānyat
10 sannipātaje cānyaditi | evaṃ lakṣaṇaviśeṣānnavātmakam-
āhuḥ | upalakṣaṇam cedam, cikitsāviśeṣādapi hi navātm-
aka eva śophaḥ | § 11203

3.13.29 Aṣṭāṅgahr̥dayasaṃhitā

dvidhā vā nijamāgantum sarvāṅgaikāṅgajam ca
tam | | 23 | |
pṛthūnnatagrathitatāviśeṣaiśca tridhā
viduḥ | | 24 | | § 11205

3.13.30 Sarvāṅgasundarā

athavā nijāgantubhedena dvidhā śvayathumāhuḥ | tathā,
tam-śopham, sarvāṅgajam-sarvaśarīrajam, ekāṅgajam-ekāvayavajam
ca, iti punardviprakāramāhuḥ | pṛthuśconnataśca grathit-
aśca teṣāṃ bhāvaḥ pṛthūnnatagrathitatā, tayā viśeṣāstridhā-
5 triprakāram, śopham viduḥ | viduriti "vida jñāne" ityasm-
ādusādeśaḥ | pṛthutvena-vistīrṇakṛtatvena viśeṣeṇa, tath-
onnatatvena viśeṣeṇa, tathā grathitasvarūpatvena viśeṣeṇ-
eti yojyam | § 11206

3.13.31 Aṣṭāṅgahr̥dayasaṃhitā

sāmānyahetuḥ śophānām doṣajānām viśeṣataḥ | | 24 | |
 vyādhikarmopavāsādikṣiṇasya bhajato
 drutam | | 25 | |
 atimātramathānyasya
 gurvamlasnigdhaśītaḥ | | 25 | |
 lavaṇakṣāratikṣṇoṣṇasākāmbu
 svapnajāgaram | | 26 | |
 mṛdgrāmyamāṃsavallūramajirṇaśramamaithunam | | 26 | |
 padātermārgagamanam yānena kṣobhiṇā+api
 vā | | 27 | |
 śvāsakāsātisārārśojatharapradarajvarāḥ | | 27 | |
 viśūcyalasakacchardigarbhavīsarpapāṇḍavaḥ | | 28 | |
 anye ca mithyopakrāntāstairdoṣā vakṣasi
 sthitāḥ | | 28 | |
 ūrdhvaṃ śophamadho bastau madhye kurvanti 10
 madhyagāḥ | | 29 | |
 sarvāṅgagāḥ sarvagatam pratyaṅgeṣu
 tadāśrayāḥ | | 29 | | § 11217

3.13.32 Sarvāṅgasundarā

vakṣyamāṇo gurvamlasnigdhdādiko vargaḥ [śophānām-
] śvayathūnām nijānāmāgantūnām ca, sāmānyahetuḥ-
 utpattau kāraṇam | doṣajānām śvayathūnām punaratiśa-
 yena hetuḥ, na tathā+a+agantūnām, iti viśeṣaśabdena dy-
 otayati | vyādhikarmopavāsādibhiḥ kṣiṇasya, vyādhinā 5
 jvarādinā kṣiṇasya, tathā karmaṇā-pañcavidhena vama-
 nā-virecananirūhānuvāsananasyākhyena, tathopavāsena, ād-
 igrahaṇādanyena ca mārḡgadinā kṣiṇasya, drutam kṛtvā-
 sahasaiva, gurvādikam bhajataḥ | atheti samuccaye | vyā-
 dhyaḍikṣiṇalakṣaṇebhyaḥ sakāśādanyasya svasthāderapyatimātram-
 mātrāmatikramya, bhajato doṣā vakṣasi sthitā ūrdhvaṃ śo-
 pham kurvanti, prakṛtatvādvakṣasa ūrdhvam | bastau sth-
 itā adhaḥ śopham kurvanti | madhye sthitā doṣā madhye
 śopham kurvanti | grāmyāṇām-caṭakakukkuṭādīnām, mā-

ṃsaṃ grāmyamāṃsam | vallūraṃ-śuṣkamāṃsam | sva-
pno+atrāhaṣvapno jāgaraśca rātrijāgaro bodhyaḥ | yānena-
turagādinā, kṣobhiṇā-śarīrasaṃrambhajanakena | tathā,
śvāsādayaḥ pāṇḍuparyantā rogāḥ prādhānyena | tathā,
5 anye+api-śvāsakāsādivyatiriktā rogāḥ, mithyopakrāntāḥ-
mithyopacaritā ayathāśāstramupakrāntāḥ, śophahetavaḥ |
tairapi doṣā vakṣasi sthitā ūrdhvaṃ śophaṃ kurvanti | ba-
stau sthitā adho, madhyagā madhye, sarvāṅgagāḥ sarva-
gataṃ, pratyaṅgeṣu tadāśrayāḥ, doṣāḥ śophaṃ kurvanti |
10 § 11218

3.13.33 Aṣṭāṅgahr̥dayasaṃhitā

tatpūrvarūpaṃ davathuḥ
sirāyāmo+aṅgauravam | | 30 | | § 11219

3.13.34 Sarvāṅgasundarā

tasya-śvayathoḥ, pūrvarūpaṃ tatpūrvarūpaṃ | davathuḥ-
cakṣurādiṣu yastīvra ūṣmā sa bhaṇyate | yaduktam-
"davathuścakṣurādibhyastīvramūṣmapravartanam | " iti | ta-
thā, sirāyāmo-yatra pradeśe śvayathurudbubhūṣustatra si-
5 rāṇāṃ dairghyamiva | tathā, aṅgauravam syāt | § 11220

3.13.35 Aṣṭāṅgahr̥dayasaṃhitā

vātācchophaścalo rūkṣaḥ khararomā+aruṇāsitaḥ | | 30 | |
saṅkocaspandaharṣārtitodabhedaprasuptimān | | 31 | |
kṣiprotthānaśamaḥ
śīghramunnametpīḍitastanuḥ | | 31 | |
snigdhoṣṇamardanaīḥ śāmyedrātrāvalpo divā
mahān | | 32 | |
5 tvak ca sarṣapalipteva
tasmiṃścimicimāyate | | 32 | | § 11225

3.13.36 Sarvāṅgasundarā

vātācchophaścalādilakṣaṇaḥ | § 11226

3.13.37 Aṣṭāṅgahr̥dayasaṃhitā

pītaraktāsītābhāsaḥ pittādātāmraromakṛt | | 33 | |
śīghrānusārapraśamo madhye prāgjāyate
tanuḥ | | 33 | |
satṛḍdāhajvarasvedadavakledamadabhramaḥ | | 34 | |
śītābhilāṣī viḍbhedī gandhī sparśāsaho
mṛduḥ | | 34 | | § 11230

3.13.38 Sarvāṅgasundarā

pittācchophaḥ pītaraktāsītābhāsādilakṣaṇaḥ | sa ca madhye-
madhyapradeśe, prāk-pūrvam, jāyate | prāgggrahaṇam pa-
ścātsakale+api dehadeśe syāditi dyotayati | § 11231

3.13.39 Aṣṭāṅgahr̥dayasaṃhitā

kaṇḍūmān pāṇḍuromatvakkāṭhinaḥ śītalo guruh | | 35 | |
snigdhaḥ ślakṣṇaḥ sthiraḥ styāno
nidrācchardiyagnisādakṛt | | 35 | |
ākrānto nonnametkṛcchraśamajanmā
niśābalaḥ | | 36 | |
sravennāsṛk cirātpicchām
kuśāśastrādivikṣataḥ | | 36 | |
sparśoṣṇakāṅkṣī ca
kaphāt----- | | 37 | | § 11236

5

3.13.40 Sarvāṅgasundarā

kaphācchophaḥ kaṇḍūyutādilakṣaṇaḥ syāt | tathā, ākrāntaḥ-
pīḍitaḥ san, vātika iva nonnamet | tathā, kṛcchre śamaja-
nmanī yasya sa evam | tathā, niśābalo-rātrāvadhika itya-
rthaḥ | tathā, kuśāśastrādibhirvikṣataḥ sa śopho na raktaṃ

sravet | kintarhi ? cireṇa picchāṃ-lasīkāparaparyāyāṃ, sr-
avet | tathā, sparśābhilāṣī uṣṇābhilāṣī ca syāt | § 11237

3.13.41 Aṣṭāṅgahr̥dayasaṃhitā

-----yathāsvaṃ dvandvajāstrayaḥ | | 37 | |
saṅkarāddhetuliṅgānām-----
| | 37 | | § 11239

3.13.42 Sarvāṅgasundarā

hetavaśca liṅgāni ca, teṣāṃ saṅkarāt-saṅkīrṇatvena, yathā-
svaṃ dvandvajāstrayaḥ śophāḥ, syuriti śeṣaḥ | § 11240

3.13.43 Aṣṭāṅgahr̥dayasaṃhitā

-----nicayānnicayātmakaḥ | | 37 | | § 11241

3.13.44 Sarvāṅgasundarā

nicayātmako-doṣatrayajaḥ śopho, nicayāt-hetuliṅganicayāt,
syāt | § 11242

3.13.45 Aṣṭāṅgahr̥dayasaṃhitā

abhigātena śastrādicchedabhedakṣatādibhiḥ | | 38 | |
himānilodadhyanilairbhallātakapikacchujaiḥ | | 38 | |
rasaiḥ śūkaiśca saṃsparśacchvayathuḥ
syādvisarpavān | | 39 | |
bhṛśoṣmā lohitābhāsaḥ prāyaśaḥ
pittalakṣaṇaḥ | | 39 | | § 11246

3.13.46 Sarvāṅgasundarā

tathā, śastrādicchedabhedakṣatādibhiryaḥ śophaḥ so+abhighātena,
vedya iti śeṣaḥ | tathā, himenānilena tathodadhyanilena-
sāgarajena vāyunā, tathā rasaiḥ sūkaiśca bhallātakapika-
cchujaiḥ saṁsparśacchvayathurvisarpavān bhavet | sa ca
bhṛśoṣmā lohitābhāsaśca bāhulyena ca pittalakṣaṇaḥ syāt | 5
pittaśophasya lakṣaṇaṁ pittaśophalakṣaṇam, pittaśophal-
akṣaṇamiva lakṣaṇaṁ yasya sa pittalakṣaṇaḥ | saptamyu-
pamānapūrvasyeti bahuvrīhiruttarapadalopaśca | § 11247

3.13.47 Aṣṭāṅgahr̥dayasam̐hitā

viṣajaḥ saviṣaprāṇiparisarpaṇamūtraṇāt | | 40 | |
daṁṣṭrādantanakhāpātādaviṣaprāṇināmapi | | 40 | |
viṅmūtraśukropahatamalavadvastrasaṅkarāt | | 41 | |
viṣavr̥kṣānilasparśādgarayogāvacūrṇanāt | | 41 | |
mṛduścalo+avalambī ca śīghro 5
dāharujākaraḥ | | 42 | | § 11252

3.13.48 Sarvāṅgasundarā

viṣajaḥ śophaḥ saviṣāṇaṁ prāṇināmaṅge parisarpaṇāt-
gamanāt, tathā teṣāmeva mūtraṇāt | tathā, daṁṣṭrādantan-
akhānāmāpātāt aviṣaprāṇināmapi śophaḥ syāt | apisabdā-
nna kevalaṁ saviṣaprāṇinām | tathā, viṅmūtraśukrairupahataṁ-
tatsparśāddūṣitamaprasāstam | viṅmūtraśukropahataṁ ca 5
tanmalavacca viṅmūtraśukropahatamalavat, tathāvidhaṁ
ca tadvastraṁ ca, tasya saṅkaraḥ-saṁsparśaḥ, tasmādapi
śophaḥ syāt | tathā viṣavr̥kṣāṇāmanilastasya saṁsparśāt,
garayogasyāvacūrṇanaṁ-avadhvaṁsanaṁ, tasmācca mṛ-
dvādiguṇayuktaḥ śvayathuḥ syāt | § 11253 10

3.13.49 Aṣṭāṅgahr̥dayasam̐hitā

navo+anupadravaḥ śophaḥ sādhyo+asādhyāḥ
pureritaḥ | | 42 | |
iti śophanidānam | | 4 | | § 11255

3.13.50 Sarvāṅgasundarā

navah-acirotpannaḥ, tathā+anupadravaḥ-upadravarahitaḥ,
śophaḥ sādhyah | asādhyah purā-vikṛtivijñānīye, īritaḥ-
abhihitaḥ | yathoktam (hr̥. śā. a. 5 | 92) - "anekopadravayū-
taḥ pādābhyāṃ prasṛto naram | nārīm śopho mukhāddh-
5 anti kukṣiguhyādubhāvapi | |" iti | § 11256

3.13.51 Aṣṭāṅgahr̥dayasaṃhitā

atha visarpanidānam | | 43 | |
syādivisarpo+abhighātāntairdoṣairdūṣyaiśca
śophavat | | 43 | | § 11258

3.13.52 Sarvāṅgasundarā

visarpaḥ sarva eva śophavat | doṣaiḥ-prthagvātapittakaphairdvayaiḥ
samastaistathā+abhighātāt, evamabhighātāntairdoṣaiḥ śo-
phavadvisarpasambhavaḥ | dūṣyairapi śophavat | evaṃ
"pittaraktakaphān vāyuh" (ślo. 21) ityādirapi grantho+atra
5 yojyaḥ | § 11259

3.13.53 Aṣṭāṅgahr̥dayasaṃhitā

tryadhiṣṭhānaṃ ca taṃ
prāhurbāhyāntarubhayāśrayāt | | 43 | |
yathottaraṃ ca
duḥsādhyāḥ----- | | 44 | | § 11261

3.13.54 Sarvāṅgasundarā

taṃ ca-visarpaṃ, tryadhiṣṭhānaṃ prāhuḥ, ātreyaḍaya iti
śeṣaḥ | [kasmāt ?] bāhyāntarubhayāśrayāt-pūrvārjitakarmavaśāt
kadācidbāhyāśrayo visarpo jāyate, bāhya āśrayo yasya sa
tathā, evaṃ kadācidantarāśrayaḥ, kadācidubhayāśrayaḥ, [
5 tasmāt] | te ca bāhyāntarubhayāśrayā visarpā yathottaraṃ
duḥsādhyāḥ | duḥkhena sādhyanta iti duḥsādhyāḥ | § 11262

3.13.55 Aṣṭāṅgahr̥dayasaṃhitā

-----tatra doṣā yathāyatham | |44| |
prakopaṇaiḥ prakupitā viśeṣeṇa
vidāhibhiḥ | |44| |
dehe śīghraṃ visarpanti te+antarantaḥsthitā
bahiḥ | |45| |
bahiḥsthā dvitaye
dvisthāḥ----- | |45| | § 11266

3.13.56 Sarvāṅgasundarā

tasmin visarpe yathāyathaṃ prakopaṇaiḥ-tiktoṣaṇādibhiḥ,
prakupitā viśeṣeṇa punarvidāhibhiratyartham kṛtvā pr-
akupitā dehe śīghraṃ-āśveva, visarpanti | te+antaḥsthitā
antarvisarpanti | bahiḥsthā doṣā bahirvisarpanti | dvit- 5
aye+antarbahīrūpe, dvisthāḥ-ubhayasthāḥ santo, visarpa-
nti | § 11267

3.13.57 Aṣṭāṅgahr̥dayasaṃhitā

-----vidyāttatrāntarāśrayam | |45| |
marmopatāpātsammohādayanānām
vighaṭṭanāt | |46| |
tr̥ṣṇātiyogādvegānām viṣamaṃ ca
pravartanāt | |46| |
āśu cāgnibalabhramśādato bāhyam
viparyayāt | |47| | § 11271

3.13.58 Sarvāṅgasundarā

tatra-teṣu triṣu visarpeṣu madhye, antarāśrayam visarpaṃ
marmopatāpādibhirvidyāt | marmaṇām-hr̥dayādīnām, upatāpo-
duḥkham, tasmāt | tathā, sammohāt-mūrccodbhavāt |
ayanānām-karṇanāsādīnām, vighaṭṭanāt-viśeṣeṇa calan-
ādatisāyena parisphuraṇādityarthaḥ | tathā, tr̥ṣṇāyā at- 5
iyogāt | tathā vegānām-nānārūpāṇām vedanānām, vi-

ṣamaṃ kṛtvā-vicchidya vicchidya kṛtvā, pravartanāt |
āśuca-śīghrameva, agnibalayorbhramṣāt-vināśāt | ato [|
viparyayāt-pūrvoktāntarvisarpa] lakṣaṇaviparyayāt, bāhyaṃ-
bāhyāśrayaṃ, visarpaṃ vidyāt | § 11272

3.13.59 Aṣṭāṅgahr̥dayasaṃhitā

tatra vātātparīsarpo vātajvarasamavyathaḥ | | 47 | |
śophasphuraṇanistodabhedāyāmārtiharṣavān | | 48 | | § 11274

3.13.60 Sarvāṅgasundarā

[tatra-] teṣu visarpeṣu madhye, vātādyo visarpaḥ sa vāta-
jvaratulyavyathaḥ syāt śophādiyutaśca | § 11275

3.13.61 Aṣṭāṅgahr̥dayasaṃhitā

pittāddrutagatiḥ pittajvaraliṅgo+atiloḥitaḥ | | 48 | | § 11276

3.13.62 Sarvāṅgasundarā

pittādvisarpo drutagatiḥ-śīghravāpī, tathā pittajvarali-
ṅgo+atiloḥitaśca syāt | pittajvaraliṅgānīva liṅgāni yasya,
iti saptamyupamānapūrvasyetyādīnā bahuvrīhiruttarapa-
dalopaśca | § 11277

3.13.63 Aṣṭāṅgahr̥dayasaṃhitā

kaphātkaṇḍūyutaḥ snigdhaḥ
kaphajvarasamānaruk | | 49 | | § 11278

3.13.64 Sarvāṅgasundarā

kaphādvisarpaḥ kaṇḍūmān snigdhaḥ kaphajvaratulyaruk
ca | vātādiavaralakṣaṇaṃ yathoktam (hr̥. ni. a. 2 | 11) - "va-
iṣamyam tatratrāṅge tāstāḥ syurvedanāscalāḥ |" ityādi |
§ 11279

3.13.65 Aṣṭāṅgahr̥dayasaṃhitā

svadoṣaliṅgaiścīyante sarve sphoṭairupekṣitāḥ | |49| |
te pakvabhinnāḥ svam svam ca bibhrati
vraṇalakṣaṇam | |50| | § 11281

3.13.66 Sarvāṅgasundarā

sarve ca visarpā upekṣitāḥ-upakramarahitāḥ, sphoṭaiścīyante-
vyāpyante | kimbhūtaiḥ ? svadoṣaliṅgaiḥ-yathāyatham sv-
adoṣalakṣaṇaiḥ | te ca pakvabhinnāḥ svamsvam-ātmīyamātmīyaṃ
doṣam(ṣajam), vraṇalakṣaṇam bibhrati-dhārayanti | pū-
rvaṃ pakvāḥ paścādbhinnāḥ pakvabhinnāḥ, "pūrvakāla" 5
ityādinā samāsaḥ | "tatra mārutāt | śyāvaḥ kṛṣṇo+aruṇaḥ"
(hr̥. u. a. 25 |5) ityādigranathanirdiṣṭam vraṇalakṣaṇam |
"pittena kṣiprajaḥ" ityādigranathanirdiṣṭam | evaṃ kaphā-
dilakṣaṇamapi bodhyam | § 11282

3.13.67 Aṣṭāṅgahr̥dayasaṃhitā

vātapittājjvaracchardimūrccātīsāratṛḍbhramaiḥ | |50| |
asthibhedāgnisadanatamakārocakairiyutaḥ | |51| |
karoti sarvamaṅgaṃ ca
dīptāṅgārāvākīrṇavat | |51| |
yaṃ yaṃ deśaṃ visarpaśca visarpati bhavetsa
saḥ | |52| |
śāntāṅgārāsito nīlo rakto vā+a+aśu ca 5
cīyate | |52| |
agnidagdha iva sphoṭaiḥ śīghragatvād drutaṃ
ca saḥ | |53| |
marmānusārī vīsarpaḥ
syādvāto+atibalastataḥ | |53| |
vyathetāṅgaṃ haretsaṃjñāṃ nidrāṃ ca
śvāsamīrayet | |54| |
hidhmāṃ ca sa gato+avasthāmīdr̥ṣīm labhate na
nā | |54| |

kvaciccharmāratigrasto
bhūmiśayyāsanādiṣu | | 55 | |
ceṣṭamānastataḥ kliṣṭo
manodehaśramodbhavām | | 55 | |
duṣprabodho+aśnute nidrām so+agnivīsarpa
ucyate | | 56 | | § 11294

3.13.68 Sarvāṅgasundarā

vātapittādvisarpo jvarādibhiryutaḥ sakalamaṅgaṃ ca dīptāṅgārāvākīrṇavat-
jvalitāṅgārvyāptasadr̥śaṃ karoti | yaṃ yaṃ ca śarīrade-
śaṃ visarpo visarpati-prasarati, sa sa pradeśaḥ śāntāgār-
avadasito nīlo rakto vā bhavet | tathā, saḥ-visarpo, drāge-
5 vāgnidagdha iva sphoṭaiścīyate-vyāpyate | sa ca visarpaḥ
śīghragatvāt-tatsvabhāvavaśāt, marmānusārī drutaṃ-tvaritaṃ
kṛtvā, syāt | tata eva ca vāto+atibalo-balīyān, aṅgaṃ-
śarīraṃ, vyatheta-pīḍayet | saṃjñāṃ-saṃvidaṃ, haret-
nāśayet, nidrām ca haret | śvāsamīrayet-kuryāt, tathā
10 hidhmām ca | saḥ-visarpī, nā-puruṣaḥ, īdr̥śīmavasthām
gataḥ-prāptaḥ, cetonavasthālakṣaṇayā-aratyā, grastaḥ-abhibhūto,
na kvacidbhūmiśayyāsanādiṣu śarma-sukhaṃ, labhate |
aratigrasta iti hetau prathamā, aratigrastatvādityarthaḥ |
evam kvacidapi sukhālābhādbhūmyādiṣu ceṣṭamānaḥ-
15 pariluṭhan, tataḥ kliṣṭo-manasā kāyena ca, manodehaśramodbhavām-
tadutthām, nidrāmaśnute | kimbhūtaḥ ? duṣprabodhaḥ,-
duḥkhena prabodho-nidrāpagamo, yasya sa evam | eṣa cā-
gnyākhyo visarpa ucyate | § 11295

3.13.69 Aṣṭāṅgahr̥dayasaṃhitā

kaphena ruddhaḥ pavano bhittvā taṃ bahudhā
kapham | | 56 | |
raktaṃ vā vṛddharaktasya
tvaksirāsnāvamāṃsagam | | 57 | |
dūṣayitvā ca
dīrghāṇuvṛttasthūlakharātmanām | | 57 | |

granthīnāṃ kurute mālāṃ raktānāṃ
 tīvrarugjvarāṃ | | 58 | |
 śvāsakāsātisārāsyāśoṣahidhmāvamibhramaiḥ | | 58 | |
 mohavaivarṇyamūrchāṅgabhaṅgāgnisadanairyutām | | 59 | |
 ityayaṃ granthivīsarpaḥ
 kaphamārutakopajaḥ | | 59 | | § 11302

3.13.70 Sarvāṅgasundarā

kaphena pavano ruddhastameva-kaphaṃ, bahudhā bhit-
 tvā granthīnāṃ mālāṃ kurute | raktam ca vṛddharakt-
 asya narasya dūṣayitvā granthīnāṃ mālāṃ kurute | ki-
 mbhūtaṃ raktam ? tvaksirāsnāvamāṃsagam | kimbhūt- 5
 ānāṃ granthīnāṃ ? dīrghāṇuvṛttasthūlakharasvabhāvā-
 nāṃ tathā raktavarṇānāṃ | kimbhūtām, mālāṃ ? tīvraru-
 gjvarāṃ | tīvrau rugjvarau yasyāstām tathā śvāsādibhiryu-
 tām | ityayaṃ-anantarokto, granthivīsarpa ucyate | kaph-
 avātakopajaścāyāṃ vedyaḥ | § 11303

3.13.71 Aṣṭāṅgahr̥dayasaṃhitā

kaphapittājjvaraḥ stambho nidrātandrāsīrorujaḥ | | 60 | |
 aṅgāvasādavikṣepapralāpārocakabhramāḥ | | 60 | |
 mūrcchāgnihānirbhedo+asthnāṃ
 pipāsendriyagauravam | | 61 | |
 āmopaveśanaṃ lepaḥ srotasāṃ sa ca
 sarpati | | 61 | |
 prāyeṇāmāśaye gr̥hṇannekadeśaṃ na 5
 cātiruk | | 62 | |
 piṭakairavakīrṇo+atipītalohitapāṇḍuraiḥ | | 62 | |
 mecakābho+asitaḥ snigdho malinaḥ śophavān
 guruḥ | | 63 | |
 gambhīrapākaḥ prāyjoṣmā spr̥ṣṭaḥ
 klinno+avadīryate | | 63 | |
 paṅkavacchīrṇamāṃsaśca
 spaṣṭasnāyusirāgaṇaḥ | | 64 | |
 śavagandhiśca vīsarpaṃ kardamākhyamuśanti 10
 tam | | 64 | | § 11313

3.13.72 Sarvāṅgasundarā

kaphapittāt kardamākhyo jāyate | tatra jvarādayaḥ syuḥ |
sa ca-visarpaḥ, prāyeṇa-bāhulyena, āmāsaye-nābhistanāntaramadhye,
ekadeśaṃ gr̥hṇan-ākṛāman, anantaraṃ dehaṃ sarpati-
vyāpnoti | na cātiruk syāt | tathā, piṭakairavakīrṇo-vyāptaḥ,
5 syāt | kimbhūtaiḥ ? atipītalohitapāṇḍuraiḥ | tathā, meca-
kābhādikaḥ syāt | mecako-mayūraṅgathasadr̥śo varṇaḥ |
taṃ-tādṛśaṃ, visarpaṃ kardamākhyam-kardamasamjñam,
uśanti, munaya iti śeṣaḥ | § 11314

3.13.73 Aṣṭāṅgahr̥dayasaṃhitā

sarvajo lakṣaṇaiḥ sarvaiḥ
sarvadhātvisarpaṇaḥ | | 65 | | § 11315

3.13.74 Sarvāṅgasundarā

sarvaistribhirdoṣairjātaḥ sarvajaḥ-sannipātodbhavo, vīsa-
rpaḥ sarvailakṣaṇairupalakṣitaḥ | sa ca sarvān dhātūna-
tiśayena sarpati sarvadhātvisarpaṇaḥ syāt | § 11316

3.13.75 Aṣṭāṅgahr̥dayasaṃhitā

bāhyahetoḥ kṣatātkruddhaḥ saraktaṃ
pittamīrayan | | 65 | |
visarpaṃ mārutaḥ kuryāt
kulatthasadr̥śaiścitam | | 66 | |
sphotoḥ śophajvararujādāhāḍhyaṃ
śyāvalohitam | | 66 | | § 11319

3.13.76 Sarvāṅgasundarā

māruto-vātaḥ, kṣatādbāhyakāraṇāt kruddhaḥ san visa-
rpaṃ kuryāt | kiṃ kurvan ? pittaṃ saha raktena pr-
erayan | tathā, sphotoḥ-piṭakaiḥ, cittaṃ-vyāptam | ki-
mbhūtaiḥ ? kulatthasadr̥śaiḥ | tathā, śophādibhirāḍhyaṃ-
5 atiśayena yutam | tathā, śyāvalohitam-varṇena | § 11320

3.13.77 Aṣṭāṅgahr̥dayasaṃhitā

pr̥thagdoṣaistrayaḥ sādhyā

dvandvajāścānupadravāḥ | | 67 | |

asādhyo kṣatasarvotthau sarve

cākrāntamarmakāḥ | | 67 | |

śīrṇasnāyusirāmāṃsāḥ praklinnāḥ

śavagandhayaḥ | | 13 | |

67 1/2 | | 13 | |

iti visarpanidānam | | 13 | | § 11325

5

iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira-
citāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ tr̥tīye nidānasthāne pā-
ṇḍurogaśophavisarpanidānaṃ nāma trayodaśo+adhyāyaḥ | | 13 | |

§ 11326

3.13.78 Sarvāṅgasundarā

pr̥thagdoṣaiḥ-vātapittakaphaiḥ kevalaiḥ, trayo visarpāḥ

sādhayitum śakyāḥ | dvandvajāścānupadravāḥ-kāsavaivarṇyajvarādibhir-

(hr̥. śā. a. 5 | 97) rahitāḥ, trayāḥ sādhyāḥ | kṣatasarvo-

tthau dvau visarpāvasādhyau, tathāsvabhāvatvāt | sarve

visarpāścākrāntamarmakāḥ-abhibhūtamarmakāśca, asādhyāḥ |

tathā, śīrṇāni snāyusirāmāṃsāni yaiste+apyasādhyāḥ | ta-

tthā, prakarṣeṇa-atīśayena klinnāḥ, tathā śavagandhayaḥ-

kuṇapagandhatulyāḥ, ye te+apyasādhyāḥ | śavasyeva ga-

ndho yeṣāmiti "upamānācca" iti gandhasyedādeśaḥ | -----

10

----- iti śrīmr̥gāṅkadattaputraśrīma-

daruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarvāṅga-

sundarākhyāyāṃ tr̥tīye nidānasthāne pāṇḍurogaśophav-

isarpanidānaṃ nāma trayodaśo+adhyāyaḥ samāptaḥ | |

13 | | § 11327

15

3.14 kuṣṭhaśvitakṛminidānādhyāyaḥ : 14

3.14.1 Aṣṭāṅgahr̥dayasaṃhitā

athātaḥ kuṣṭhaśvitakṛminidānaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreṃyādayo maharṣayaḥ | | 2 | |
mithyāhāravihāreṇa viśeṣeṇa virodhinā | | 1 | |
sādhunindāvadhānyasvaharaṇādyaiśca
sevitaiḥ | | 1 | |
5 pāpmabhiḥ karmabhiḥ sadyaḥ prāktanairvoritā
malāḥ | | 2 | |
sirāḥ prapadya
tiryaggāstvaglasīkāsṛgāmiṣam | | 2 | |
dūṣayanti ślathīkṛtya niścarantastato
bahīḥ | | 3 | |
tvacaḥ kurvanti vaivarṇyaṃ duṣṭāḥ
kuṣṭhamuśanti tat | | 3 | | § 11335

3.14.2 Sarvāṅgasundarā

mithyāhārādīnā tathā sādhunindāvadhādibhiḥ pāpma-
bhiḥ karmabhiḥ sadyaḥ sevitaiḥ-anuṣṭhitaiḥ, prāktanairvā-
anyajanmācaritaiḥ | sevitagrahaṇena sātatyānuṣṭhānaṃ
dyotayati | tena kadācitkaraṇatvameṣāṃ na kuṣṭhahet-
5 uriti gamyate | taistathābhūtaiḥ karmabhirmithyāhārād-
inā ca īritāḥ-duṣṭāḥ, malāḥ-vātapittakaphāḥ, śīrāstirya-
ggāminīḥ prapadya-āsṛitya, tvaglasīkāsṛgāmiṣam dūṣay-
anti | tadeva ca tvagādikaṃ śithilīkṛtya tataḥ-anantaraṃ,
bahirniścaranto-bāhyadeśe prasarantaḥ, tvaco [yat] vaiva-
10 rṇyaṃ kurvanti tatkuṣṭhamuśanti, munaya iti śeṣaḥ | § 11336

3.14.3 Aṣṭāṅgahr̥dayasaṃhitā

kālenopekṣitaṃ yasmātsarvaṃ kuṣṇāti tadvapuh | | 4 | |

prapadya dhātūnvyāpyāntaḥ sarvān saṃkledya
cāvahet | | 4 | |
sasvedakledasaṅkothān kṛmīn sūkṣmān
sudāruṇān | | 5 | |
lomatvaksnāyudhamanītaruṇāsthīni yaiḥ
kramāt | | 5 | |
bhakṣayecchvitramasmācca
kuṣṭhabāhyamudāhṛtam | | 6 | | § 11341

3.14.4 Sarvāṅgasundarā

yasmāddhetorupekṣitaṃ-anupakrāntaṃ sat, kālena sar-
vvaṃ vapuḥ-sarīraṃ, kṛṣṇāti tasmāttat kuṣṭhamityucy-
ate | tacca kuṣṭhaṃ dhātūn sarvān prapadya-prāpya,
anantaramantarvyāpya-prakṛtatvātteṣāmevāntaraṃ vyāpya,
tathā sarvaṃstāneva dhātūn saṃkledya-kledayitvā, kṛmīnāvahet-
kuryāt | kimbhūtān ? svedādibhiryutān | tathā, sūkṣmān |
tathā, sudāruṇān-duścikitsyān | yaiḥ-kṛmibhiḥ, tatkuṣṭhaṃ
lomādīn bhakṣayet | śvitrasyedṛgrūpatā na vidyate yā
kuṣṭhasyoktā | asmācca kāraṇācchvitraṃ kuṣṭhabāhyam-
udāhṛtam, kuṣṭhādbāhyaṃ tvaggatamātramevoktamitya- 10
rthaḥ | § 11342

3.14.5 Aṣṭāṅgahṛdayasaṃhitā

kuṣṭhāni saptadhā doṣaiḥ pṛthānmiśraiḥ
samāgataiḥ | | 6 | |
sarveṣvapi tridoṣeṣu
vyapadeśo+adhikatvataḥ | | 7 | | § 11344

3.14.6 Sarvāṅgasundarā

kuṣṭhāni saptadhā-saptaparakārāni | katham ? ityāha-pṛthak-
vātapittakaphaiḥ | taireva ca miśraiḥ-vātapittābhyāṃ vāta-
kaphābhyāṃ pittakaphābhyāṃ | taireva doṣaiḥ samāgataiḥ-
sannipatitaiḥ | sa0- sarveṣvapi kuṣṭheṣu tridoṣeṣu - sanni-
pātajeṣvapi, adhikatvena vyapadeśaḥ | sannipātasya sam- 5
aviṣamātmakatvāt | § 11345

3.14.7 Aṣṭāṅgahr̥dayasaṃhitā

vātena kuṣṭhaṃ kāpālaṃ, pittādaudumbaraṃ,
kaphāt | | 7 | |
maṇḍalākhyam vicarcī ca, ṛkṣākhyam
vātapittajam | | 8 | |
carmaikakuṣṭhakiṭibhasidhmālasavipādikāḥ | | 8 | |
vātaśleṣmodbhavāḥ,
śleṣmapittāddadruśatāruṣī | | 9 | |
5 puṇḍarīkaṃ savisphoṭam pāmā carmadalam
tathā | | 9 | |
sarvaiḥ
syātkākaṇam----- | | 10 | | § 11351

3.14.8 Sarvāṅgasundarā

[vātena-] vātolbaṇena sannipātena, kāpālaṃ nāma ku-
ṣṭhaṃ bhavati | pittāt-pittādhikātsannipātāt, audumba-
ram nāma kuṣṭhaṃ jāyate | kaphāt-kaphādhikātsannipātāt,
5 maṇḍalākhyam kuṣṭhaṃ jāyate | tathā vicarcī ca, ka-
phādeveti cārthaḥ | ṛkṣākhyam kuṣṭhaṃ vātapittajam-
vātapittolbaṇātsannipātājjātam | evamagre+api yojyam |
carmaikakuṣṭhakiṭibhasidhmālasavipādikā vātaśleṣmodbh-
avāḥ | śleṣmapittāt dadruśatāruṣī dve kuṣṭhe | na keva-
lam dadru śatāruśca śleṣmapittāt, yāvatpuṇḍarīkaṃ tathā
10 visphoṭastathā pāmā tathā carmadalam jāyate | sarvaiḥ-
tribhireva samairdoṣaiḥ, kākaṇam nāma kuṣṭhamutpady-
ate | evametānyaṣṭādaśa kuṣṭhāni bhavanti | § 11352

3.14.9 Aṣṭāṅgahr̥dayasaṃhitā

-----pūrvam trikaṃ dadru sakākaṇam | | 10 | |
puṇḍarīkarkṣajihve ca mahākuṣṭhāni sapta
tu | | 10 | | § 11354

3.14.10 Sarvāṅgasundarā

pūrvam trikaṃ-kāpālodumbaramaṇḍalākhyam, tathā da-
druḥ kākaṇam puṇḍarīkamṛkṣajihvam ceti mahākuṣṭhāni
sapta syuḥ | § 11355

3.14.11 Aṣṭāṅgahr̥dayasaṃhitā

atiślakṣṇakharasparśakhedāsvedavivarṇatāḥ | | 11 | |
dāhaḥ kaṇḍūstvaci svāpastodaḥ koṭhonnatiḥ
śramah | | 11 | |
vraṇānāmadhikaṃ sūlam
śīghrotpattiściraṣṭhitih | | 12 | |
rūdhānāmapi rūkṣatvam nimitte+alpe+api
kopanam | | 12 | |
romaharṣo+asṛjah kārsṇyam
kuṣṭhalakṣaṇamagrajam | | 13 | | § 11360

5

3.14.12 Sarvāṅgasundarā

atiślakṣṇādikaṃ kuṣṭhalakṣaṇamagrajam-prāgrūpamityarthaḥ |
§ 11361

3.14.13 Aṣṭāṅgahr̥dayasaṃhitā

kṛṣṇārūnakapālābham rūkṣam suptam kharam
tanu | | 13 | |
vistr̥tāsamaparyantam
hr̥ṣitairlomabhiścitam | | 14 | |
todaḍhyamalpakaṇḍūkaṃ kāpālam śīghrasarpi
ca | | 14 | | § 11364

3.14.14 Sarvāṅgasundarā

kṛṣṇārūnakapālābhमित्यादिकाṃ kāpālasya lakṣaṇam | § 11365

3.14.15 Aṣṭāṅgahr̥dayasaṃhitā

pakvodumbaratāmratvagroma gaurasirācitam | | 15 | |
bahalaṃ bahalakledaraktam
dāharujādhikam | | 15 | |
āśūtthānāvadaraṇakṛmi
vidyādudumbaram | | 16 | | § 11368

3.14.16 Sarvāṅgasundarā

pakvodumbaratāmretyādikamaudumbarasya lakṣaṇam |
§ 11369

3.14.17 Aṣṭāṅgahr̥dayasaṃhitā

sthiraṃ styānaṃ guru snigdham
śvetaraktamanāśugam | | 16 | |
anyonyasaktamutsannaṃ
bahukaṇḍūsrutikrimi | | 17 | |
ślakṣṇapītābhaparyantaṃ maṇḍalaṃ
parimaṇḍalam | | 17 | | § 11372

3.14.18 Sarvāṅgasundarā

sthiraṃ styānamityādikaṃ maṇḍalasya lakṣaṇam | § 11373

3.14.19 Aṣṭāṅgahr̥dayasaṃhitā

sakaṇḍūpīṭikā śyāvā lasīkāḍhyā vicarcikā | | 18 | | § 11374

3.14.20 Sarvāṅgasundarā

sakaṇḍūpīṭiketyādikaṃ vicarcikāyā lakṣaṇam | § 11375

3.14.21 Aṣṭāṅgahr̥dayasaṃhitā

paruṣaṃ tanu raktāntamantaḥśyāvam
sāmunnatam | | 18 | |
satodadāharukkledaṃ karkaśaiḥ
piṭikaiścitam | | 19 | |
ṛkṣajihvākṛti proktamṛkṣajihvam
bahukrimi | | 19 | | § 11378

3.14.22 Sarvāṅgasundarā

paruṣamityādikaṃ ṛkṣajihvasya lakṣaṇam | ṛkṣajihveva
prakāśakharā ākṛtiryasya ṛkṣajihvasya tathaivam | § 11379

3.14.23 Aṣṭāṅgahr̥dayasaṃhitā

hasticarmakharasparśam
carma----- | | 20 | | § 11380

3.14.24 Sarvāṅgasundarā

hasticarmavat kharasparśam carmākhyam kuṣṭham | § 11381

3.14.25 Aṣṭāṅgahr̥dayasaṃhitā

-----ekākhyam mahāśrayam | | 20 | |
asvedaṃ matsyaśakalasannibham
----- | | 20 | | § 11383

3.14.26 Sarvāṅgasundarā

ekasaṃjñam kuṣṭham mahāśrayam-vistīrṇāśayam | tathā,
asvedaṃ-svedarahitam | tathā, matsyaśakalasannibham-
matsyatvaṅmaṇḍalasadṛśam | suśrute tvekakuṣṭhasyai-
vam lakṣaṇamabhyadhāyi (ni. a. 5 | 9) - "kṛtsno deho yasya
rakto+aruṇo vā tadekākhyam kuṣṭhamāhuḥ sukaṣṭam |" 5

iti | kharanāde+apyuktam-"mahadasvedanaṃ matsyaśak-
alākāramekajam | " iti | § 11384

3.14.27 Aṣṭāṅgahr̥dayasaṃhitā

-----kiṭibhaṃ punaḥ | | 20 | |
rūkṣaṃ kiṅakharasparśaṃ
kaṇḍūmatparuṣāsitam | | 21 | | § 11386

3.14.28 Sarvāṅgasundarā

kiṭibhaṃ tu rūkṣaṃ kiṅakharasparśaṃ kaṇḍūmatparuṣā-
sitam | § 11387

3.14.29 Aṣṭāṅgahr̥dayasaṃhitā

sidhmaṃ rūkṣaṃ bahiḥ snigdhamantarghr̥ṣṭaṃ rajah
kiret | | 21 | |
ślakṣṇasparśaṃ tanu śvetatāmraṃ
daugdhikapuṣpavat | | 23 | |
prāyeṇa cordhvakāye
syāt----- | | 23 | | § 11390

3.14.30 Sarvāṅgasundarā

sidhmaṃ nāma kuṣṭhaṃ bahī rūkṣam, antaḥ snigdham,
ghr̥ṣṭaṃ sadrajaḥ kiret-kṣipet | tathā ślakṣṇasparśam |
tathā tanu | varṇena śvetatāmraṃ, daugdhikapuṣpavat-
alābukusumābham | tacca prāyeṇa-bāhulyena, ūrdhvak-
5 āye syāt | kharanāde+apyuktam-"alābupuṣpavatsidhmaṃ
ghr̥ṣṭaṃ yaccodvamedrajaḥ | " iti | § 11391

3.14.31 Aṣṭāṅgahr̥dayasaṃhitā

-----gaṇḍaiḥ kaṇḍūyutaiścitam | | 22 | |

raktairalasakam-----
| | 23 | | § 11393

3.14.32 Sarvāṅgasundarā

alasakam nāma kuṣṭham gaṇḍai raktavarṇaiḥ kaṇḍūyuta-
iśca vyāptam bhavet | § 11394

3.14.33 Aṣṭāṅgahr̥dayasamhitā

-----pāṇipādadāryo vipādikāḥ | | 23 | |
tīvrārtyo mandakaṇḍvaśca
sarāgapiṭikācitāḥ | | 23 | | § 11396

3.14.34 Sarvāṅgasundarā

vipādikāḥ pāṇipādadāryaḥ syuḥ | tathā, tīvrārtyaḥ-atyantapīḍayā
yutāḥ | tathā, mandakaṇḍvaḥ-alpakharjūkāḥ | tathā, sa-
rāgapiṭikācitāśca | pāṇipādaḥ dārayantīti karmaṇyaṇatā-
nnīp | § 11397

3.14.35 Aṣṭāṅgahr̥dayasamhitā

dīrghapratānā dūrvāvadataśikusumacchaviḥ | | 24 | |
utsannamaṇḍalā dadrūḥ
kaṇḍūmatyanuṣaṅgiṇī | | 24 | | § 11399

3.14.36 Sarvāṅgasundarā

dūrvāvaddīrghapratānā dadrūḥ | tathā, atasīpuṣpābhā |
tathā, utsannamaṇḍalā ca | tathā, kaṇḍūmatī | tathā,
anuṣaṅgiṇī-prasaktānuprasaktyā saṁśleṣavatī śarīraman-
udhāvati | § 11400

3.14.37 Aṣṭāṅgahr̥dayasaṃhitā

sthūlamūlaṃ sadāhārti raktaśyāvamaṃ bahuvraṇam | |25| |
śatāruḥ kledajantvādhyamaṃ prāyaśaḥ parvajanma
ca | |25| | § 11402

3.14.38 Sarvāṅgasundarā

śatārurnāma kuṣṭhaṃ sthūlamūlādilakṣaṇam, yāvat prāy-
aśaḥ parvajanma ceti | § 11403

3.14.39 Aṣṭāṅgahr̥dayasaṃhitā

raktāntamantarā pāṇḍu kaṇḍūdāharujānvitam | |26| |
sotsedhamācitam raktaiḥ
padmapatramivāṃśubhiḥ | |26| |
ghanabhūrilasīkāsṛkprāyamāśu vibhedi
ca | |27| |
puṇḍarīkam-----
| |27| | § 11407

3.14.40 Sarvāṅgasundarā

puṇḍarīkaṃ nāma kuṣṭhaṃ raktaparyantam | tathā, antarā-
madhye, pāṇḍu | tathā, kaṇḍūdāharujāyutam | tathā,
unnatiyuktam | tathā, raktairamaṃśubhiḥ-sūkṣmarekhābhiḥ,
ācitam-vyāptam, padmapatramiva | tathā, ghanabhūrilas-
5 īkāsṛkprāyam | āśu ca vibhedi | § 11408

3.14.41 Aṣṭāṅgahr̥dayasaṃhitā

-----tanutvagbhiścitam sphoṭaiḥ sitāruṇaiḥ | |27| |
visphoṭam-----
| |28| | § 11410

3.14.42 Sarvāṅgasundarā

visphoṭaṃ nāma kuṣṭhaṃ tanutvagbhiḥ sphoṭaiścitaṃ-
vyāptam | kimbhūtaiḥ ? sitāruṇaiḥ-śvetalohitaiḥ | § 11411

3.14.43 Aṣṭāṅgahr̥dayasaṃhitā

-----piṭikāḥ pāmā
kaṇḍūkledarujādhikāḥ | | 28 | |
sūkṣmāḥ śyāvāruṇā bahvyaḥ prāyaḥ
sphikpaṇikūrpare | | 28 | | § 11413

3.14.44 Sarvāṅgasundarā

piṭikāḥ kaṇḍūkledarujādhikāḥ pāmetyucyate | kimbhūtāḥ
?sūkṣmāḥ śyāvāruṇāḥ bahvyaśca | prāyo-bāhulyena, sā ca
pāmā sphijoḥ pāṇyoḥ kūrparayośca syāt | § 11414

3.14.45 Aṣṭāṅgahr̥dayasaṃhitā

sasphoṭamasparśasahaṃ kaṇḍūṣātodadāhavat | | 29 | |
raktaṃ
dalaccarmadalam----- | | 29 | | § 11416

3.14.46 Sarvāṅgasundarā

carmadalaṃ nāma kuṣṭhaṃ sphoṭavat tathā sparśākṣa-
mam | tathā, kaṇḍvādiyutam | tathā, raktaṃ-varṇena | ta-
thā dalat-sphuṭat, syāt | § 11417

3.14.47 Aṣṭāṅgahr̥dayasaṃhitā

-----kākaṇaṃ tivrādāharuk | | 29 | |
pūrvam raktaṃ ca kṛṣṇam ca
kākaṇantīphalopamam | | 30 | |
kuṣṭhaliṅgairiyutam sarvairnaikavarṇam tato
bhavet | | 30 | | § 11420

3.14.48 Sarvāṅgasundarā

kākaṇaṃ nāma kuṣṭhaṃ tīvradāharuk | tathā pūrvam-
prathamam, raktam tathā kṛṣṇam kākaṇantīphalopamam-
guñjāphalasadṛśam | tataḥ-anantaram, sarvaiḥ kuṣṭhali-
ṅgairyutam | naikavarṇam-api tu śvetapītādivarṇamapi
5 syādityarthaḥ | suśrute tu maṇḍalaśatārurvipādikālasaka-
carmadalaviśphoṭākhyāni noditāni | sthūlāruṣkamahāku-
ṣṭhaparīsarvavisarparakasāruṇākhyāni tatroktāni | evam
ca tallakṣaṇam (ni. a. 5 | 8) - "yatra sthūlamūlānyarūṃṣi jā-
yante sandhiṣūgrāni tat sthūlāruṣkam kuṣṭham | utpady-
10 ante sarvadehe mahākhyam tvaksaṅkocasvāpatodāṅgas-
ādāḥ | yasmin dīrghāḥ sphoṭikāḥ srāvavatyāḥ saṃsarpe-
yustam parīsarvamāhuḥ | | tulyāḥ sarpedyo visarpeṇa śī-
ghram tvagraktādīnvyāpya sa syādvisarpaḥ | kṛtsne dehe
sphoṭikāḥ srāvahīnāḥ kaṇḍūprāyā raktasāstāḥ pradiṣṭāḥ |
15 aruṇāni tanūni visarpiṇi tāpayutānyaruṇāni |" iti | tadet-
eṣu kuṣṭhamedeṣu yathā nānaviparyayastathā lakṣaṇavi-
paryayo+api | kintvete+api kuṣṭhabhedā dṛśyante eva, ity-
etadapi lakṣaṇamādarāṇīyameveti manyāmahe+adhikam
kuṣṭheṣu, ityādi | § 11421

3.14.49 Aṣṭāṅgahr̥dayasaṃhitā

doṣabhedīyavīhitairādiśelliṅgakarmabhiḥ | | 31 | |

kuṣṭheṣu

doṣolbaṇatām----- | | 31 | | § 11423

3.14.50 Sarvāṅgasundarā

kuṣṭheṣu doṣolbaṇatām-doṣādhikeyam, doṣabhedīyavīhit-
ayathāyatham liṅgakarmabhirādiśet | liṅgāni ca tāni ka-
rmāni ca liṅgakarmāni | yathā-vāyoḥ sraṃsādīni, pitta-
sya dāhādīni, śleṣmaṇaḥ snehakāṭhinyādīni, yathāyatham-
5 ātmīyaireva karmabhīryatasteṣām liṅgam lakṣyate tataste-
ṣām doṣāṇām karmāṇyeva liṅgānyucyante | ata eva ca sr-
aṃsādīni karmāni doṣāṇāmuktivā+anantaramidamuvāca
(hr̥. sū. a. 12 | 54) - "ityaśeṣāmayavyāpi yaduktam doṣala-

kṣaṇam | darśanādyairavahitastatsamyagupalakṣayet | | "
iti | § 11424

3.14.51 Aṣṭāṅgahr̥dayasaṃhitā

-----sarvadoṣolbaṇaṃ tyajet | | 31 | |
riṣṭoktaṃ yacca
yaccāsthimajjaśukrasamāśrayam | | 32 | | § 11426

3.14.52 Sarvāṅgasundarā

sarvadoṣolbaṇaṃ-sannipātaṃ, kuṣṭhaṃ tyajet-na ciki-
tset | riṣṭoktamiti yacca vikṛtīvijñānīye kathitaṃ (hr̥. śā. a.
5 | 98) - "kuṣṭhaṃ viśīryamāṅgaṃ" ityādi, tacca nopakra-
met | yacca kuṣṭhamasthimajjaśukrasamāśrayaṃ tacca ty-
ajet | § 11427

5

3.14.53 Aṣṭāṅgahr̥dayasaṃhitā

yāpyaṃ medogataṃ-----
| | 32 | | § 11428

3.14.54 Sarvāṅgasundarā

medogataṃ kuṣṭhaṃ yāpyaṃ-pathyādibhiryāpayituṃ śa-
kyam | § 11429

3.14.55 Aṣṭāṅgahr̥dayasaṃhitā

-----kṛcchraṃ
pittadvandvāsramāṃsagam | | 32 | | § 11430

3.14.56 Sarvāṅgasundarā

pittasya dvandvaṃ pittadvandvam | pittadvandvajaṃ ta-
thā raktagaṃ māṃsagaṃ ca kuṣṭhaṃ kṛcchraṃ-kṛcchrasādhyam |
§ 11431

3.14.57 Aṣṭāṅgahr̥dayasaṃhitā

akṛcchraṃ kaphavātāḍhyam tvaksthamekamalam ca
yat | | 33 | | § 11432

3.14.58 Sarvāṅgasundarā

kaphavātāḍhyamakṛcchraṃ-sukhasādhyam | tathā tvakstham,
tathā ekadoṣādhyam ca yatkuṣṭham tacca sukhasādhyam |
§ 11433

3.14.59 Aṣṭāṅgahr̥dayasaṃhitā

tatra tvaci sthite kuṣṭhe todavaivarṇyarūksatāḥ | | 33 | |
svedasvāpaṣvayathavaḥ ṣoṇite, piṣite
punaḥ | | 34 | |
pāṇipādāśritāḥ sphoṭāḥ kledaḥ sandhiṣu
cādhikam | | 34 | |
kaṇyam gatikṣayo+añgānām dalanam syācca
medasi | | 35 | |
5 nāsābhaṅgo+asthimajjasthe netrarāgaḥ
svaraḥ | | 35 | |
kṣate ca kṛmayāḥ, ṣukre
svadārāpatyabādhanam | | 36 | | § 11439

3.14.60 Sarvāṅgasundarā

tatra-teṣu kuṣṭheṣu madhye, tvaci prāpte kuṣṭhe todāda-
yaḥ syuḥ | raktasthe kuṣṭhe svedādyāḥ syuḥ | māṃsasthe
kuṣṭhe pāṇipādāśritāḥ sphoṭāḥ syuḥ, sandhiṣu cātīśay-
ena kledo bhavati | medasi sthite kuṣṭhe kaṇyam-kuṇitā,
5 tathā gatikṣayaḥ, tathā+añgānām dalanam-chedanamiva,
syāt | asthimajjasthe kuṣṭhe nāsāyāḥ-ghrāṇasya bhaṅgaḥ,
tathā netrayo rāgaḥ svarasya ca kṣayaḥ syāt, kṣate ca kṛ-
mayāḥ syuḥ | śukrasthe kuṣṭhe dāraṇāmapatyānām ca
bādhanam-upadravaiḥ svedādibhiḥ pīḍanam syāt | § 11440

3.14.61 Aṣṭāṅgahr̥dayasaṃhitā

yathāpūrvam ca sarvāṇi syurlīṅgānyasṛgādiṣu | | 36 | |
iti kuṣṭhanidānam | | 1 | | § 11442

3.14.62 Sarvāṅgasundarā

asṛgādiṣu dhātuṣu kuṣṭhākrāntadehānām narāṇām yāni li-
ṅgānyuktāni tāni yathāpūrvam syuḥ | yathā-svedādīni ra-
ktasthe kathitāni pāṇyādyāśritāḥ sphoṭādayaśca māṃsa-
sthe syuḥ | evaṃ medaḥprabhṛtiṣu yojyam | evaṃ ca sve-
dasvāpādīni sarvāṇyapi śukrasthe kuṣṭhe dārāṇāmapaty- 5
ānām ca syuriti yathāpūrvamśabdasyārthaḥ | § 11443

3.14.63 Aṣṭāṅgahr̥dayasaṃhitā

atha śvitranidānam | | 37 | |
kuṣṭhaikasambhavam śvitram kilāsam dāruṇam
ca tat | | 37 | |
nirdiṣṭamaparistrāvi
tridhātūdbhavasamaśrayam | | 37 | | § 11446

3.14.64 Sarvāṅgasundarā

kuṣṭhānāmekāḥ-samānaḥ, sambhavo yasya tacchvitram
kuṣṭhaikasambhavam bhavati | kilāsam dāruṇam ca tann-
irdiṣṭam, na kevalam śvitramiti | taccāparistrāvi-na kuṣṭh-
avat sravati | udbhavo-jaṇma, samśrayaḥ-āśrayaḥ, udbh-
avaśca samśrayaścodbhavasamaśrayau, dhātuśabdenobha- 5
yam parigr̥hyate, vātādayastrayo doṣāstathā raktādayastr-
ayo dhātavaḥ, dhātavaśca dhātavaśca dhātavaḥ, trayo dh-
ātavo yathākramamudbhavasamaśrayau yasya tat tridhātū-
dbhavasamaśrayam | § 11447

3.14.65 Aṣṭāṅgahr̥dayasaṃhitā

vātādrūkṣāruṇaṃ, pittātāmraṃ kamalapatravat | | 38 | |
sadāhaṃ romaividhvaṃsi, kaphācchvetam
ghanam guru | | 38 | |
sakaṇḍu ca, kramādraktamāṃsamedāḥsu
cādiṣet | | 39 | | § 11450

3.14.66 Sarvāṅgasundarā

vātādrūkṣāruṇaṃ śvitram syāt | pittāt kamalapatramiva
tāmraṃ varṇena, tathā sadāham, tathā romaividhvaṃsi-
romaśātanavabhāvam | kaphācchvetam, tathā ghanam,
tathā guru-aṅgenānubhūyate, tathā saha kaṇḍvā vartata
5 iti sakaṇḍu | kramāt-yathākramaṃ, vātādyudbhavaṃ śvi-
tram raktamāṃsamedāḥsu cādiṣet | tatra vātodbhavaṃ śv-
itram raktāśrayam | pittodbhavaṃ māṃsāśrayam | kaph-
odbhavaṃ medodhātvāśrayamiti kramaśabdasyārthaḥ |
§ 11451

3.14.67 Aṣṭāṅgahr̥dayasaṃhitā

varṇenaivedṛgubhayaṃ kṛcchram
taccottarottaram | | 39 | | § 11452

3.14.68 Sarvāṅgasundarā

eveti cārthe | ubhayaṃ-doṣodbhavaṃ raktādyāśrayam śv-
itram, varṇena cedṛk-arūṇaṃ tāmraṃ śvetam yathākra-
mam, na punarvātādyudbhavatvadanyavarṇaṃ raktād-
isaṃśrayatvādanyavarṇamityārthaḥ | tacca-śvitram vātā-
5 dyudbhavaṃ raktādisaṃśrayam ca, uttarottaram kṛcchr-
asādhyamādiṣediti prakṛtam | raktāśrayādvātājātkṛcchrāt
māṃsāśrayam pittajam kṛcchratarām | tato medāḥsaṃśri-
tam kaphajam kṛcchratarāmamiti | § 11453

3.14.69 Aṣṭāṅgahr̥dayasam̐hitā

aśuklaromābahalamasam̐sr̥ṣṭam̐ mitho navam̐ | | 40 | |
anagnidagdhajam̐ sādhyam̐ śvitram̐,
varjyamato+anyathā | | 40 | |
guhyapāṇitalauṣṭheṣu
jātamapyacirantanam̐ | | 41 | |
sparśaikāhāraśayyādisevanāt prāyaśo
gadāḥ | | 41 | |
sarve sañcāriṇo, netratvagvikārā 5
viśeṣataḥ | | 42 | |
iti śvitranidānam̐ | | 2 | | § 11459

3.14.70 Sarvāṅgasundarā

aśuklaroma yacchitram̐, tathā abahalam̐-aghanam̐, tathā
mithaḥ-parasparam̐, asaṃsr̥ṣṭam̐-amilitam̐, tathā navam̐-
avarṣātikrāntam̐, tathā+anagnidagdhajam̐-agnidagdhajam̐
yanna bhavati, tacca sādhyam̐ | varjyamato+anyathā-
śuklaroma śvitram̐, tathā bahalam̐, tathā parasparasam̐- 5
sr̥ṣṭam̐, tathā cirakālotpannamagnidagdhajam̐ ca, taccās-
ādhyam̐ | guhyapāṇitalauṣṭheṣu jātamacirantanamapyac-
intyasvabhāvatvena varjyam̐ | sa0-sarve rogāḥ prāyaśo-
bāhulyena, sañcāriṇaḥ-sañcaraṇaśīlāḥ | kutaḥ ? eke ca ta 10
āhāraśayyādayaścaikāhāraśayyādayaḥ, ādiśabdenāsanād-
īnām̐ grahaṇam̐, sparśaḥ-sam̐śleṣaḥ, sparśaśca ekāhāraś-
ayyādayaśca, teṣām̐ sevanam̐-bhajanam̐, tasmāt | netre ca
tvak ca netratvak, tatra vikārāḥ-gadāḥ, te viśeṣeṇa sañcār-
iṇaḥ | § 11460

3.14.71 Aṣṭāṅgahr̥dayasam̐hitā

atha kṛminidānam̐ | | 42 | |
kṛmayastu dvidhā proktā
bāhyābhyantarabhedataḥ | | 42 | | § 11462

3.14.72 Sarvāṅgasundarā

kṛmayo dvidhā proktāḥ, munibhiriti śeṣaḥ | turavadhār-
aṇe, dvidhaivetyarthaḥ | katham ? ityāha-bāhyābhyantaramedataḥ |
eke bāhyā ye keśavastrādijā yūkālikṣādayaḥ | anye cānta-
rāḥ, yathā-antrādādayaḥ | § 11463

3.14.73 Aṣṭāṅgahr̥dayasaṃhitā

janmabhedena catusprakārāḥ | | 43 | |
bahirmalakaphāsrgvidjanmabhedāccaturvidhāḥ | | 43 | | § 11465

3.14.74 Sarvāṅgasundarā

bahirmalajanmānaḥ keśavastramalebhyaḥ śarīrabāhyebhya
utpannatvāt, tathā kaphajanmāno raktajanmāno viḍjanm-
ānaśceti caturvidhāḥ | viṭ-purīṣam | § 11466

3.14.75 Aṣṭāṅgahr̥dayasaṃhitā

nāmato viṃśatividhāḥ-----
| | 43 | | § 11467

3.14.76 Sarvāṅgasundarā

nāmato-nāmabhedāt, kṛmayo viṃśatiprakārāḥ | § 11468

3.14.77 Aṣṭāṅgahr̥dayasaṃhitā

-----bāhyāstatrāmṛjodbhavāḥ | | 43 | |
tilapramāṇasaṃsthānavarṇāḥ
keśāambarāśrayāḥ | | 44 | |
bahupādāśca sūkṣmāśca yūkā likṣāśca
nāmataḥ | | 44 | |
dvidhā te koṭhapiṭikākaṇḍūgaṇḍān
prakurvate | | 45 | | § 11472

3.14.78 Sarvāṅgasundarā

tatra-teṣu bāhyābhyantareṣu kṛmiṣu madhye, amṛjodbhavāḥ-
bāhyamalarūpeṇotpannāḥ, bāhyāḥ | te ca tilānāmiva pra-
māṇasaṃsthānavarṇā yeṣāṃ ta evam | keśā [ambaram-]
vastram cāśrayo yeṣāṃ ta evam | tathā bahupādāḥ sūkṣm-
āśca | nāmato-nāmnā, yūkā likṣāśceti dvidhā | te ca koṭhā- 5
dīn vidadhati | § 11473

3.14.79 Aṣṭāṅgahr̥dayasaṃhitā

kuṣṭhaikahetavo+antarjāḥ----- | | 45 | | § 11474

3.14.80 Sarvāṅgasundarā

antarjāḥ-antarāḥ kṛmayāḥ, kuṣṭhaikahetavaḥ kuṣṭhena
sahaikaḥ-tulyo, hetuḥ-nidānaṃ mithyāhārādikaṃ, yeṣāṃ
ta evam | § 11475

3.14.81 Aṣṭāṅgahr̥dayasaṃhitā

-----śleṣmajāsteṣu cādhikam | | 45 | |
madhurānnaguḍakṣīradadhisaktunavaudanaiḥ | | 46 | | § 11477

3.14.82 Sarvāṅgasundarā

teṣu-antarjeṣu kṛmiṣu madhye, śleṣmajā adhikaṃ-atiśayena,
madhurānnādibhiḥ syuḥ | § 11478

3.14.83 Aṣṭāṅgahr̥dayasaṃhitā

śakṛjā bahuviddhānyaparnaśākolakādibhiḥ | | 46 | | § 11479

3.14.84 Sarvāṅgasundarā

śakṛijāḥ śakṛdudbhūtāḥ, te kuṣṭhaikahetusāmānye+apyadhikaṃ
bahuviddhānyaiḥ-yavamāśādibhiḥ, bahuvidmireva parṇaśākaiḥ-
pālaṅkyādibhiḥ, tatholakādibhiḥ | ulakaḥ-svedaparyāyaḥ |
apare tu "ulukādibhiḥ" iti jaguḥ | ulukaṃ-harītāvasthaṃ
5 śimbīdhānyamiti vyācakṣate ca | § 11480

3.14.85 Aṣṭāṅgahr̥dayasaṃhitā

kaphādāmāśaye jātā vṛddhāḥ sarpanti sarvataḥ | | 47 | |
pṛthubradhnanibhāḥ kecit
kecidgaṇḍūpadopamāḥ | | 47 | |
rūḍhadhānyāṅkurākārāstanudīrghāstathā+aṅavaḥ | | 48 | |
śvetāstāmṛāvabhāsāśca nāmataḥ saptadhā tu
te | | 48 | |
5 antrādā udarāveṣṭā hr̥dayādā
mahākuhāḥ | | 49 | |
kuravo darbhakusumāḥ sugandhāste ca
kurvate | | 49 | |
hr̥llāsamāsyasravaṇamavipākamarocakam | | 50 | |
mūrcchācchardijvarānāhakārśyakṣavathupīnasān | | 50 | | § 11488

3.14.86 Sarvāṅgasundarā

kaphādāmāśaye jātāḥ-na pakvāśaye | tatra hi pṛthagadhy-
eṣyate (ślo. 53) - "pakvāśaye puriṣotthāḥ" iti | te ca vṛddhāḥ
santaḥ sarvataḥ-sarvasmin śārīre, sarpanti-prasaranti | sa-
rvata iti "ādyādityāt(dibhyaḥ)" tasiḥ | pṛthubradhnanibhā
5 ityādinā saṃsthānakathanam | śvetā ityādinā varṇakatha-
nam | nāmato-nāmnā ca, te saptadhā-saptaparakārāḥ | tuśc-
ārthe | tānyeva sapta nāmānyāha-antrādā ityādinā | antrā-
ṇyadantīyantrādāḥ, ityādīnyarthānugatāni nāmāni | kān-
icit yādṛcchikāni kurava ityādīni | te ca-kaphajāḥ kṛmayo,
10 hr̥llāsādikaṃ kurvanti | § 11489

3.14.87 Aṣṭāṅgahr̥dayasaṃhitā

raktavāhisirothhānā raktajā jantavo+aṇavaḥ | |51| |
apādā vṛttatāmrāśca
saukṣmyātkecidadarśanāḥ | |51| |
keśādā lomavidhvaṃsā lomadvīpā
udumbarāḥ | |52| |
ṣaṭ te kuṣṭhaikakarmāṇaḥ
sahasaurasamātarāḥ | |52| | § 11493

3.14.88 Sarvāṅgasundarā

raktajāḥ kṛmayo raktavāhisirothhānāḥ syuḥ | tathā, ap-
ādā vṛttāstāmravarṇāśca | saukṣmyāt-sūkṣmatvātkāraṇāt,
kecidadarśanāḥ-pratyakṣapramāṇāsamadhigamyāḥ kāry-
eṇaivānumīyante | teṣāṃ nāmānyāha-keśādā lomavidhva-
ṃsā lomavidhvaṃsā lomadvīpā udumbarā iti | tathā saha 5
saurasamātr̥bhyām vartanta iti sahasaurasamātarāḥ | sa-
urasamātr̥samjñam nāmadvayam | evaṃ ṣaḍete raktajāḥ
kṛmayāḥ | anye tvevaṃ paṭhanti "sahajā rasamātarāḥ "
iti | saha śarīreṇa jāyanta iti sahajāḥ, raso mātā-jananī,
yeṣāṃ tatprabhavatvātte rasamātara iti | kuṣṭhena sah- 10
aikam karma-romaharṣakaṇḍūtodādikam keśalomadhva-
ṃsādikam tvaksirāsnāyumāṃsataruṇāsthībhakṣaṇam vā,
yeṣāṃ ta evam | § 11494

3.14.89 Aṣṭāṅgahr̥dayasaṃhitā

pakvāśaye purīṣotthā jāyante+adhovisarpīṇaḥ | |53| |
vṛddhāḥ santo bhavyeṃśca te
yadā+a+amāśayonmukhāḥ | |53| |
tadā+asyodgārāṇiḥśvāsā
viḍgandhānuvidhāyinaḥ | |54| |
pṛthuvṛttatanusthūlāḥ śyāvapītasitāsītāḥ | |54| |
te pañca nāmnā kṛmayāḥ 5
kakerukamakerukāḥ | |55| |

sausurādāḥ sulūnākhyā lelihā janayanti

ca | | 55 | |

viḍbhedaśūlaviṣṭambhakārśyapāruṣyapāṇḍutāḥ | | 56 | |

romaharṣāgnisadanagudakaṇḍūrvinirgamāt | | 56 | | § 11502

5 iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira-
citāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ tṛtīye nidānasthāne ku-
ṣṭhaśvitrakṛminidānaṃ nāma caturdaśo+adhyāyaḥ | | 14 | |
§ 11503

3.14.90 Sarvāṅgasundarā

purīṣoṭthāḥ pakvāsaya eva jāyante | purīṣasya pakvās-

ayasthatvāt | te cādho visarpiṇaḥ syuḥ-nordhvagāḥ | vṛ-

ddhāḥ santo-vṛddhiṃ gatāḥ, yadā+a+amāśayonmukhāste

syustadā+asya-kṛmimato rogiṇaḥ, udgāraniḥśvāsā viḍgandhānuvidhāyinaḥ-

5 purīṣagandhānukāriṇo, bhaveyuh | tathā te pṛthuvṛtta-

tanusthūlāḥ saṃsthānena syuḥ, śyāvapītasitāsītā varṇ-

ena, tathā nāmṛā pañca saṅkhyayā | tānyeva nāmānyāha-

kakeruketyādinā | te ca vinirgamāddhetorviḍbhedaḍin ja-

10 citāyāmaṣṭāṅgahr̥dayaṭikāyāṃ sarvāṅgasundarākhyāyāṃ

tṛtīye nidānasthāne kuṣṭhaśvitrakṛminidānaṃ nāma catu-

rdaśo+adhyāyaḥ samāptaḥ | | 14 | | § 11504

3.15 vātavyādhinidānadhyāyaḥ : 15

3.15.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto vātavyādhinidānaṃ vyākhyāsyāmaḥ | | 2 | |

iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |

sarvārthānarthakarṇe

viśvasyāsyāikakāraṇam | | 1 | |

aduṣṭaduṣṭaḥ pavanaḥ, śarīrasya

viśeṣataḥ | | 1 | | § 11508

3.15.2 Sarvāṅgasundarā

arthāścānarthāścārthānarthāḥ-śubhāśubhāḥ | sarve ca te+arthānarthāśca
 sarvārthānarthāḥ, teṣāṃ karaṇaṃ-nivṛttiḥ, tasmin | asya
 viśvasya-jagataḥ, ekaṃ-pradhānaṃ, kāraṇaṃ vātaḥ | ki-
 mbhūtaḥ ? aduṣṭaduṣṭaḥ, yathākramam,-aduṣṭaḥ sarvārthakaraṇe-
 jagatsthilakṣaṇe, vāyuḥ pradhānaṃ kāraṇaṃ | sarvānarthakaraṇe-
 jagadvināśalakṣaṇe, duṣṭaḥ pavanaḥ pradhāno hetuḥ | śa-
 rīrasya punarviśeṣataḥ-atīśayena, arthānarthakaraṇe pra-
 dhānaṃ kāraṇamiti śeṣaḥ | pañcadhātvam gatena prāṇād-
 itayā śarīrajananāddhāraṇācca | atastadaduṣṭau yatitavya-
 miti sambandhaḥ | § 11509

10

3.15.3 Aṣṭāṅgahṛdayasaṃhitā

sa viśvakarmā viśvātmā viśvarūpaḥ prajāpatiḥ | | 2 | |
 sraṣṭā dhātā vibhurviṣṇuḥ saṃhartā
 mṛtyurantakaḥ | | 2 | |
 tadaduṣṭau prayatnena yatitavyamataḥ
 sadā | | 3 | | § 11512

3.15.4 Sarvāṅgasundarā

yato+asau vāyurviśvakarmā, viśvāni-śarīrajananavardha-
 nadhāraṇabhañjanaśoṣaṇādīnyarthānarthakaraṇāni, karm-
 āṇi yasya sa viśvakarmā | kasmādvīśvakarmā ? ityāha-
 viśvātmā, viśveṣāṃ-śubhāśubhānāṃ, ātmā-hetuḥ | hetva-
 rtho+atrātmaśabdaḥ | nanu, viśvātmēti katham jñāyate ? 5
 ityāha-viśvarūpa iti | yato viśvarūpaṃ-bāhyādhyātmikākhyam,
 yasya sa evam | tathā, prajāpatiḥ-prajānāṃ pālakaḥ |
 tathā, sraṣṭā-prakṛtatvādvīśvasya | tathā, dhātā-viśvasya
 dhāraṇaḥ, tathā hi-bāhyo loko vāyumaṇḍalena dhā-
 ryate, satyaloko+api prāṇāpānādibhiḥ | kasmādvīśvarū- 10
 paḥ ? yasmādvibhuḥ, atastadarthānarthakaraṇe prabhu-
 rivetyarthaḥ | kasmātprajāpatiḥ ? yasmādvīṣṇuḥ,-vyāpī |
 "viṣṭr-vyāptau" ityasyaauṇādike nupratyaye viṣṇuśabdaḥ |
 saṃhartā-bāhyādhyātmikasargasamharaṇāt | mṛtyuḥ-yamarūpaḥ,

tatkāryakaraṇāt | tathā, antako-yamabhaṭṭāraka eva sākṣāt | yataścaivamatastadaduṣṭau-tasyāprakope, sadā-sarvakālaṃ, yatitavyam | § 11513

3.15.5 Aṣṭāṅgahr̥dayasaṃhitā

tasyoktaṃ doṣavijñāne karma prākṛtavaikṛtam | | 3 | |
samāsadvyaśato doṣabhedīye nāma dhāma
ca | | 4 | |
pratyekaṃ pañcadhā cāro
vyāpāraśca----- | | 4 | | § 11516

3.15.6 Sarvāṅgasundarā

tasya-pavanasya, karmoktam | kva ? doṣavijñāne,-doṣavijñānīyādhyāye
(hr̥. sū. a. 11) | kimbhūtaṃ karma ? prākṛtavaikṛtam | prāk-
ṛtau bhavaṃ prākṛtaṃ-svābhāvīkamutsāhocchvāsādīlakṣaṇam |
vaikṛtaṃ tu-"vṛddhastu kurute+anīlaḥ | kāṛśyakāṛśyoṣṇa"
5 ityādigranthaṃ nirdiṣṭam | etatsamāsāt-saṅkṣepato, vāyoḥ
karma | vyāśato-vistarataḥ punaḥ, doṣabhedīye nāma dh-
āma cuktamityanuvartanīyam | pratyekaṃ pañcadhā | ek-
amekaṃ prati pratyekaṃ nāma dhāma ca | prāṇādibhed-
ena nāma pañcadhā | dhāma-sthānamapi, pañcadhā mū-
10 rdhādibhedena | prāṇasya murdhā sthānam, "prāṇo+atra
mūrdhagaḥ" (hr̥. sū. a. 12 | 4) iti vacanāt | tathā, "uraḥ sth-
ānamudānasya" iti | tathā, "vyāno hr̥di sthitaḥ" iti | tathā,
"samāno+agnīsamīpasthaḥ" iti | tathā, "apāno+apānagaḥ"
iti | tathā, cāro+api pañcadhā | caraṇaṃ-cāro gatiḥ | tathā
15 cuktam (hr̥. sū. a. 12 | 4) -"prāṇa uraḥkaṇṭhacaraḥ" "ud-
āno nāsānābhīgalacaraḥ" "vyānaḥ kṛtsnadehacaraḥ" "sa-
mānaḥ koṣṭhacaraḥ" "apāno bastimeḍhrorugocaraḥ" iti |
vyāpāro+api vāyoḥ prāṇādibhedena pañcadhā | tatra pr-
āṇāśya vyāpāro "buddhihr̥dayendriyacittadhṛk" ityādīḥ,
20 udānasya vyāpāro "vākpravṛtīḥ" ityādīḥ, vyānasya vy-
āpāro "gatyapakṣepaṇotkṣepaṇādīkaḥ", samānasya vyāp-
āro+annagrahaṇādīkaḥ, apānasya vyāpāraḥ śukrārtavād-
īnāṃ niṣkramaṇarūpatvam, evaṃ vistareṇa doṣabhedīye
vātaḥ prāṇādibhedena pañcadhā nāmādibhiruktaḥ | § 11517

3.15.7 Aṣṭāṅgahr̥dayasaṃhitā

-----iha vaikṛtam | |4| |
tasyocyate vibhāgena sanidānaṃ
salakṣaṇam | |5| |
asaṅkhyamapi saṅkhyāya yadaśītyā pureritam
| |1| | § 11520

3.15.8 Sarvāṅgasundarā

iha-asminnadhyāye, tasya-vātasya, vaikṛtaṃ karma vibhāgena-
pṛthagrūpatayā, ucyate | kimbhūtam ? sanidānaṃ salakṣ-
aṇam | saha nidānena sanidānaṃ | tathā, saha lakṣaṇena
salakṣaṇam | § 11521

3.15.9 Aṣṭāṅgahr̥dayasaṃhitā

vāyoścobhayathā+api kopah sambhavati | |5| |
tamidānīm darśayannāha - - - -
----- | |5| |
dhātukṣayakarairvāyuḥ
kupyatyatiniṣevitaiḥ | |5| |
caran srotaḥsu rikteṣu bhṛśaṃ tānyeva
pūrayan | |6| |
tebhyo+anyadoṣapūrṇebhyaḥ prāpya 5
vā+a+avaraṇaṃ balī | |6| | § 11526

dhātukṣayakarairāhāravihārādibhiratiniṣevitaiḥ-atimātrasevitaiścira-
pavanaḥ kupyati | kiṃ kurvan ? srotaḥsu rikteṣu caran,-
dhātukṣayakarātisevanāt, yatastadānīm srotasāṃ śūny-
atā bhavati | tathābhūteṣu srotaḥsu prabhañjanastadantaḥ
praviśaṃstānyeva srotāṃsi riktāni bhṛśaṃ pūrayanne 5
vaṃ dhātukṣayāt kupyati marut | tathā tebhyaḥ sroto-
bhyo+anyadoṣapūrṇebhya āvaraṇaṃ prāpya balī vāyure-
vaṃ vā kupyati | § 11527

3.15.10 Aṣṭāṅgahr̥dayasaṃhitā

tatra pakvāsaye kruddhaḥ śūlānāhāntrakūjanam | | 7 | |
malarodhāśmavardhmārśastrikapṛṣṭhakaṭīgraham | | 7 | |
karotyadharakāye ca tāmstān
kṛcchrānupadravān | | 8 | | § 11530

3.15.11 Sarvāṅgasundarā

evamubhayathā vāyuḥ pakvāsaye kruddhaḥ śūlānāhāva-
ntrakūjanādīṃśca karoti | tathā, adharakāye ca-śarīrasyādhasat,
tāmstān-nānāvidhān, upadravān-vyādhīn, kṛcchrān-kṛcchrasādhyān,
karoti | kāyasyādhara iti pūrvāparetyādinā samāsaḥ |

5 § 11531

3.15.12 Aṣṭāṅgahr̥dayasaṃhitā

āmāsāye tṛḍvamathuśvāsakāsavisūcikāḥ | | 8 | |
kaṅṭhoparodhamudgārān vyādhīnūrdhvaṃ ca
nābhitaḥ | | 9 | | § 11533

3.15.13 Sarvāṅgasundarā

āmāsāye kruddhastr̥ḍādīṃstathā+anyānapyanuktān vyādhīnnābherūrdhvaṃ-
ūrdhvakāye, karoti | § 11534

3.15.14 Aṣṭāṅgahr̥dayasaṃhitā

śrotrādiṣvindriyavadhaṃ----- | | 9 | | § 11535

3.15.15 Sarvāṅgasundarā

śrotrādiṣu-indriyādhāreṣu, kruddhaḥ indriyāṅām vadhaṃ-
vināśaṃ, karoti | § 11536

3.15.16 Aṣṭāṅgahr̥dayasaṃhitā

-----tvaci sphuṭanarūkṣate | |9| | § 11537

3.15.17 Sarvāṅgasundarā

tvaci kruddhastasyāstvacaḥ sphuṭanaṃ rūkṣatāṃ ca karoti | § 11538

3.15.18 Aṣṭāṅgahr̥dayasaṃhitā

rakte tivrā rujaḥ svāpaṃ tāpaṃ rāgaṃ vivarṇatām | |10| |
arūṃṣyannasya viṣṭambharuciṃ kṛśatām
bhramam | |10| | § 11540

3.15.19 Sarvāṅgasundarā

rakte kruddhastivra rujastathā svāpādīn karoti | § 11541

3.15.20 Aṣṭāṅgahr̥dayasaṃhitā

māṃsamedogato granthīmstodāḍhyān karkaśān
śramam | |11| |
gurvaṅgaṃ cātirukstabdham
muṣṭidaṇḍahatopamam | |11| | § 11543

3.15.21 Sarvāṅgasundarā

māṃsamedogatatastrasthaḥ kruddho granthīmstodādiyutāmstathā śramādīṃśca karoti | suśrute cātra viśeṣa uktah | tathā ca tadgranthaḥ- (su. ni. a. 1 |26) - karkaśāṃstodabahulān granthīn māṃsasamāśritah | vāyurmedoyutah kuryādgranthīn mandarūjo+avraṇān | |" iti | § 11544

5

3.15.22 Aṣṭāṅgahr̥dayasaṃhitā

asthistaḥ sakthisandhyāsthīśūlaṃ tīvraṃ
balakṣayaṃ | | 12 | | § 11545

3.15.23 Sarvāṅgasundarā

asthistaḥ kruddhaḥ sakthisandhyasthīśūlaṃ tīvraṃ-dāruṇaṃ,
balakṣayaṃ ca karoti | § 11546

3.15.24 Aṣṭāṅgahr̥dayasaṃhitā

majjastho+asthiṣu sauṣiryamasvapnaṃ santatāṃ
rujaṃ | | 12 | | § 11547

3.15.25 Sarvāṅgasundarā

majjasthaḥ kruddho+asthisauṣiryādīn karoti | § 11548

3.15.26 Aṣṭāṅgahr̥dayasaṃhitā

śukrasya śīghramutsargaṃ saṅgaṃ vikṛtimeva vā | | 13 | |
tadvadgarbhasya
śukrasthaḥ----- | | 13 | | § 11550

3.15.27 Sarvāṅgasundarā

śukrasthaḥ kruddhaḥ śukrasya śīghramutsargaṃ saṅgād-
īnvā karoti | tadvat-tathaiva, garbhasyāpi tathābhūtabījo-
tṭpannatvāt śīghrotsargādīn karoti | § 11551

3.15.28 Aṣṭāṅgahr̥dayasaṃhitā

-----sirāsvādhmānariktate | | 13 | |
tatsthaḥ-----
| | 14 | | § 11553

3.15.29 Sarvāṅgasundarā

tatsthaḥ-sirāsthitaḥ, kruddhastāsveva sirāsvādhmānariktate karoti | § 11554

3.15.30 Aṣṭāṅgahr̥dayasaṃhitā

-----snāvasthitaḥ

kuryādgr̥dhrasyāyāmakubjataḥ | | 14 | | § 11555

3.15.31 Sarvāṅgasundarā

snāvasthitaḥ kruddho gr̥dhrasyādīn karoti | § 11556

3.15.32 Aṣṭāṅgahr̥dayasaṃhitā

vātapūrṇadr̥tisparśaṃ śophaṃ sandhigato+anilaḥ | | 14 | |
prasāraṇākuñcanayoḥ pravṛttiṃ ca
savedanām | | 15 | | § 11558

3.15.33 Sarvāṅgasundarā

sandhigato+anilaḥ kruddhaḥ śophaṃ kuryāt | kimbhūtam
? vātapūrṇadr̥tisparśaṃ-tattulyam | tathā, prasāraṇa ākuñcane ca savedanām pravṛttiṃ karoti | § 11559

3.15.34 Aṣṭāṅgahr̥dayasaṃhitā

sarvāṅgasamśrayastodabhedasphuraṇabhañjanam | | 15 | |
stambhanākṣepaṇasvāpasandhyākuñcanakampanam | | 16 | | § 11560

3.15.35 Sarvāṅgasundarā

sarvāṅgasamśrayo+anilastatrasthaḥ kruddhastodādīn karoti | § 11562

3.15.36 Aṣṭāṅgahr̥dayasaṃhitā

yadā tu dhamanīḥ sarvāḥ kruddho+abhyeti
muhurmuhuḥ | | 16 | |
tadā+aṅgamākṣipatyēṣa vyādhirākṣepakaḥ
smṛtaḥ | | 17 | | § 11564

3.15.37 Sarvāṅgasundarā

yadā tu sarvā dhamanīrvāyuh kruddho+abhyeti-ābhimukhyenāgacchati,
punaḥpunastadā+aṅgam-śarīraṃ, ākṣipati-ākramati, eṣa
vātavyādhirākṣepakaḥ smṛtaḥ | § 11565

3.15.38 Aṣṭāṅgahr̥dayasaṃhitā

adhaḥ pratihato vāyurvrajannūrdhvaṃ hr̥dāsritāḥ | | 17 | |
nāḍīḥ praviśya hr̥dayaṃ śiraḥ śaṅkhau ca
pīḍayan | | 18 | |
ākṣipetparito gātraṃ dhanurvaccāsya
nāmayet | | 18 | |
kṛcchrāducchvasiti
stabdhasrastamīlitadr̥ktataḥ | | 19 | |
5 kapota iva kṛjecca niḥsaṃjñāḥ
so+apatantrakaḥ | | 19 | |
sa eva cāpatānākhyo mukte tu marutā
hr̥di | | 20 | |
āsr̥nuvīta muhuḥ svāsthyam
muhurasvāsthyamāvṛte | | 20 | | § 11572

3.15.39 Sarvāṅgasundarā

adhaḥ pratihata ūrdhvaṃ vrajan māruto hr̥dāsritāḥ-
hr̥dayasthāḥ, nāḍīrantaḥ praviśya hr̥dayaṃ tathā śiraśca
śaṅkhau ca pīḍyan, ākṣipetparito gātraṃ-samantātkāyamākṣipet,-
saṃharet | tathā, dhanurvaccāsya-apatantrakavataḥ, prak-
5 ṛtatvādgātraṃ nāmayet | tathā sa pumān kṛcchrāducchvasiti-
kathañcicchvasiti | dr̥k-cakṣurindriyādhiṣṭhānaṃ dr̥kśa-

bdeneha gr̥hyate | stabdhā srastā mīlitā ca dṛgyasyāsau st-
abdhasrastamīlitadr̥k | tataḥ-anantaram, kapota iva kūjet-
avyaktaṃ śabdaṃ vidadhyāt | tathā, niḥsaṃjño-vicetanaḥ
sampadyate | saḥ-evamrūpo vātavyādhiḥ, apatantrakā-
khyo bhaṇyate | sa eva cāpatānakasaṃjño nigadyate | 5
mukte tvityādi | vāyunā+anākrānte hr̥daye kṣaṇaṃ svā-
sthyaṃ prāpnuyāt | muhurasvāsthyaṃ-tenāvṛte hr̥dyasv-
āsthyamaśnuvīta | § 11573

3.15.40 Aṣṭāṅgahr̥dayasaṃhitā

garbhapātasamutpannaḥ śoṇitātisravotthitaḥ | | 21 | |
abhighātasamutthaśca duścikitsyatamo hi
saḥ | | 21 | | § 11575

3.15.41 Sarvāṅgasundarā

sa cākālagarbhapātātsamanantaram yoṣitāṃ prāyo jāyate |
kadācicchoṇitātisravāt strīṅāṃ puruṣāṅāṃ ca, abhighātā-
cca syāt | saḥ-apatantrako, garbhapātasamutpanno duści-
kitsyaḥ syāt, śoṇitātisravotthito duścikitsyatarah, abhighā-
tasamuttho duścikitsyatamaḥ | § 11576 5

3.15.42 Aṣṭāṅgahr̥dayasaṃhitā

manye saṃstabhya vāto+antarāyacchan
dhamanīryadā | | 22 | |
vyāpnoti sakalaṃ dehaṃ jatrurāyamyate
tadā | | 22 | |
antardhanurivāṅgaṃ ca vegaiḥ stambhaṃ ca
netrayoḥ | | 23 | |
karoti jṛmbhāṃ daśanaṃ daśanānāṃ
kaphodvamam | | 23 | |
pārśvayorvedanāṃ 5
vākyahanupṛṣṭhaśirograham | | 24 | |
antarāyāma
ityeṣa----- | | 24 | | § 11582

3.15.43 Sarvāṅgasundarā

manye dve-grīvāpārśvāsrite nāḍyau, vāyuḥ saṃstabhya,
antarāyacchan dhamanīryadā gr̥hṇan sakalaṃ dehaṃ vy-
āpnoti tadā jatrurāyamyate-vakrīkriyate | jatrūśabdasya
5 puṃstvaṃ lokāśrayatvāllīṅgasyeti | antardhanurivāṅgaṃ
ca,-tathā+antaḥ-mukhato bhāgāt, aṅgaṃ-śarīraṃ ca, dh-
anurivāyamyata iti cārthaḥ | vegaiḥ-vicchidya punaru-
dbhavairbhajyata iva tudyata iva iti ca nānāvyathārūp-
aiḥ | tathā stambhaṃ ca netrayoḥ karoti | tathā jṛmbhām |
10 tathā, daśanānām-dantānām, daśanaṃ-khādanam | da-
śanamityatra "dāmnīśasayuyuja" ityātau daṃśeranun-
āsikalopanirdeśo jñāpanārthaḥ, kṛto+anyasminnapi pr-
atyaye lopo bhavatīti tena lyuṭyapi bhavati | daśan-
amiti vacanādatra nalopaḥ | prāyikaṃ caitajjñāpakam-
iti "hitam kīṭaiśca daṃśanam" ityapi bhavati | tathā
15 kaphasyodvamanam | tathā, pārśvayordvayorvedanām-
śūlam | tathā, vākyādīnām grahaṃ-stambham | ityeṣaḥ-
vātavyādhiḥ, antarāyāmasaṃjño+aṅgasyāntarāyamanāt-vakrīkaraṇāt,
ucyata iti śeṣaḥ | § 11583

3.15.44 Aṣṭāṅgahr̥dayasaṃhitā

-----bāhyāyāmaśca tadvidhaḥ | | 24 | |
dehasya bahirāyāmāt pṛṣṭhato nīyate
śiraḥ | | 25 | |
uraścotkṣipyate tatra kandharā
cāvamṛdyate | | 25 | |
danteṣvāsye ca vaivarṇyam prasvedaḥ
srastagātratā | | 26 | |
5 bāhyāyāmaṃ dhanuṣkambhaṃ bruvate
veginam ca tam | | 26 | | § 11588

3.15.45 Sarvāṅgasundarā

bāhyāyāmaśca tadvidhaḥ-tādṛśaḥ | dehasya bahirāyāmāt-
aṅgasya dhanurvadbahirvakrīkaraṇāt, bahirāyāma ucyata

iti śeṣaḥ | tameva pradarsāyitumāha - prṣṭhata ityādi | śi-
raḥ (prṣṭhataḥ-) prṣṭhābhimukhaṃ nīyate | tathā, tatra-
bāhyāyāme, uro-vakṣaḥ, utkṣipyate-unnatiṃ nīyate | ta-
thā, kandharā-grīvā ca, avamṛdyate-kṣudyate | tathā, dant-
eṣu vaktre ca vaivarṇyaṃ-prākṛtādvārṇādvārṇāntarāpattiḥ | 5
tathā, prakarṣeṇa svedaḥ | tathā, srastagātratā-ślathāṅgatā |
taṃ-tathābhūtaṃ vātavyādhiṃ, bāhyāyāmaṃ dhanuṣk-
ambhaṃ ca bruvate | tameva kecidveginamityācakṣate |
§ 11589

3.15.46 Aṣṭāṅgahr̥dayasaṃhitā

vraṇaṃ marmāsritam prāpya samīraṇasamīraṇāt | | 27 | |
vyāyacchanti tanuṃ doṣāḥ
sarvāmāpādamastakam | | 27 | |
tr̥ṣyataḥ pāṇḍugātrasya vraṇāyāmaḥ sa
varjitaḥ | | 28 | | § 11592

3.15.47 Sarvāṅgasundarā

doṣā vraṇaṃ marmāsritam prāpyānantaram samīraṇasya
samīraṇāt-preraṇāt, sarvāṃ tanuṃ-sakalam dehamāpāda-
mastakam, vyāyacchanti-viśeṣeṇākrāmanti | [saḥ-] eṣa vr-
aṇāyāmaḥ, tr̥ṣyatatastathā pāṇḍugātrasya narasya varjitaḥ,
asādhyatvāt | § 11593

5

3.15.48 Aṣṭāṅgahr̥dayasaṃhitā

gate vege bhavetsvāsthyam sarveṣvākṣepakeṣu
ca | | 28 | | § 11594

3.15.49 Sarvāṅgasundarā

sarveṣu cākṣepakeṣu- "yadā tu dhamanīḥ sarvā" (ślo. 16)
- ityādigranthanirdiṣṭeṣu vraṇāyāmaparyanteṣu, vege gate
sati-vegānām śāntau satyām, svāsthyam bhavet-nānyadā |
§ 11595

3.15.50 Aṣṭāṅgahr̥dayasaṃhitā

jihvātilekhanācchuṣkabhakṣaṇādabhighātataḥ | |29| |
kupito hanumūlasthaḥ sraṃsayitvā+anilo
hanū | |29| |
karoti vivṛtāsyatvamathavā
saṃvṛtāsyatām | |30| |
hanusraṃsaḥ sa tena
syātkṛcchrācarvaṇabhāṣaṇām | |30| | § 11599

3.15.51 Sarvāṅgasundarā

jihvātilekhanādibhiḥ kupito hanvormūle sthito vāyurhanū
sraṃsayitvā-sthānāccālayitvā, vivṛtāsyatvaṃ-prasāritamukhatvaṃ,
athavā saṃvṛtāsyatvaṃ karoti | saḥ-evaṃbhūto, hanusra-
ṃsa ucyate | tena ca-hanusraṃsena, kṛcchrāt-kathamapi,
5 carvaṇaṃ bhāṣaṇaṃ ca syāt | § 11600

3.15.52 Aṣṭāṅgahr̥dayasaṃhitā

vāgvāhinīsirāsaṃstho jihvāṃ stambhayate+anilaḥ | |31| |
jihvāstambhaḥ sa
tenānnapānavākyeṣvanīśatā | |31| | § 11602

3.15.53 Sarvāṅgasundarā

vāgvāhinīsirāsaṃstho vāyurjihvāṃ stambhayate | saḥ-
evaṃvidho, jihvāstambha ucyate | tena-jihvāstambhena,
annapānavākyeṣu anīśatā-asamarthatā, bhavati | § 11603

3.15.54 Aṣṭāṅgahr̥dayasaṃhitā

śirasā bhāraharaṇādatihāsyaprabhāṣaṇāt | |32| |
uttrāsavaktrakṣavathoḥ
kharakārmukakarṣaṇāt | |32| |

viṣamādupadhānācca kaṭhinānāṃ ca
carvaṇāt | | 33 | |
vāyurvivṛddhastaiśca
vātalairūrdhvamāsthitaḥ | | 33 | |
vakrīkaroti vaktrārdhamuktaṃ
hasitamīkṣitaṃ | | 34 | |
tato+asya kampate mūrddhā vākṣaṅgaḥ
stabdhanetratā | | 34 | |
dantacālaḥ svarabhraṃśaḥ śrutihāniḥ 5
kṣavagrahaḥ | | 35 | |
gandhājñānaṃ smṛtermohastrāsaḥ suptasya
jāyate | | 35 | |
niṣṭhīvaḥ pārśvato yāyādekasyākṣṇo
nimīlanam | | 36 | |
jatrorūrdhvaṃ rujā tīvrā śarīrārdhe+adhare+api
vā | | 36 | |
tamāhurarditaṃ
kecidekāyāmamathāpare | | 37 | | § 11614

3.15.55 Sarvāṅgasundarā

śirobhāraharaṇādibhirvāyurvivṛddho-viśeṣeṇa vṛddhiṃ ga-
taḥ, tathā taistaiśca vātalaiḥ-sarvaroganidānādyuktaiḥ,
ūrdhvamātsthitaḥ-śarīrasyoparibhāge āsamantātsthito , va-
ktrārdham vakrīkaroti | tathā, uktaṃhasitamīkṣitaṃ ca va-
ktrīkaroti | tathā, uktaṃ hasitamīkṣitaṃ ca vakrīkaroti | 5
tataḥ-anantaram, asya-narasya,mūrddhā kampate | tathā,
vākṣaṅgo jāyate | tathā, stabdhanetratādayaśca | tathā,
niṣṭhīvo-niṣṭhīvanam, pārśvena gacchet | ekasya cākṣṇo
nimīlanam syāt | jatrorūrdhvaṃ tīvrā rujā-dāruṇā pīḍā,
bhavati | śarīrārdhe+adhare+api vā-adhastādvā, taṃ-īdrśam¹⁰
vātavyādhiṃ, kecidarditamāhuḥ, apare tantrakṛta ekāyā-
mam vadanti | § 11615

3.15.56 Aṣṭāṅgahrdayasaṃhitā

raktamāśritya pavanaḥ kuryānmūrdhadharāḥ
sirāḥ | | 37 | |
rūkṣāḥ savedanāḥ kṛṣṇāḥ so+asādhyāḥ
syātsirāgrahaḥ | | 38 | | § 11617

3.15.57 Sarvāṅgasundarā

pavano raktamāśritya-śrayitvā, mūrdhāśritāḥ sirā rūkṣā-
diguṇayuktāḥ kuryāt | sa sirāgraha ucyate | sa cāsādhyāḥ |
§ 11618

3.15.58 Aṣṭāṅgahr̥dayasaṃhitā

gr̥hītvā+ardham tanorvāyuh sirāḥ snāyūrviśoṣya
ca | | 38 | |
pakṣamanyataram hanti sandhibandhān
vimokṣayan | | 39 | |
kṛtsno+ardhakāyastasya syādakarmaṇyo
vicetanaḥ | | 39 | |
ekāṅgarogaṃ taṃ kecidanye pakṣavadham
viduḥ | | 40 | | § 11622

3.15.59 Sarvāṅgasundarā

vāyustanoḥ-śarīrasya, ardham gr̥hītvā sirāḥ snāyūśca vi-
śoṣya tato+anyataram-vāmaṃ dakṣiṇam vā, pakṣam ha-
nti | kiṃ kurvan ? sandhīnām bandhān vimokṣayan-
vighaṭṭayan | tasyaiva ca-vyādhimataḥ, kṛtsnaḥ-sarvo+ardhakāyāḥ,
5 akarmaṇyāḥ-kriyāyāmaśakto, vicetanaśca syāt | taṃ-īdrśam
vātavyādhiṃ, kecid ekāṅgarogaṃ vadanti, anye pakṣava-
dhamityāhuḥ | ardhakāya iti "ardham napuṃsakam" iti sa-
māsaḥ | § 11623

3.15.60 Aṣṭāṅgahr̥dayasaṃhitā

sarvāṅgarogaṃ tad vacca
sarvakāyāśrite+anile | | 40 | | § 11624

3.15.61 Sarvāṅgasundarā

sarvakāyāśrite vāyau tena-pūrvoktenaikāṅgarogoktena la-
kṣaṇena, tulyaṃ vartate tadvat, sarvāṅgarogamityāhuḥ |
§ 11625

3.15.62 Aṣṭāṅgahr̥dayasaṃhitā

śuddhavātahataḥ pakṣaḥ kṛcchrasādhyatamo
mataḥ | | 41 | |
kṛcchrastvanyena saṃsṛṣṭo vivarjyaḥ
kṣayahetukaḥ | | 41 | | § 11627

3.15.63 Sarvāṅgasundarā

śuddhavātena hataḥ pakṣaḥ-ekāṅgarogaḥ kṛcchrasādhy-
atamo mataḥ-atiśayena kṛcchrasādhyāḥ | anyena saṃyu-
kto vātaḥ kṛcchraḥ-kṛcchrasādhyāḥ | kṣayahetukaḥ pakṣo
vivarjyo-nopakramyaḥ, asādhyatvāt | § 11628

3.15.64 Aṣṭāṅgahr̥dayasaṃhitā

āmabaddhāyanaḥ kuryātsaṃstabhyāṅgaṃ
kaphānvitaḥ | | 42 | |
asādhyam̐ hatasarveham̐ daṇḍavaddaṇḍakam̐
marut | | 42 | | § 11630

3.15.65 Sarvāṅgasundarā

āmena baddhāni-sthagitāni, ayanāni-dvārāṇi prakṛtatvāt
srotasāṃ, yena sa āmabaddhāyanaḥ, kaphānvito māruto-
ṅgaṃ saṃstabhya-stambhayitvā daṇḍavat daṇḍakākhyam̐
vātavyādhiviśeṣam̐ kuryāt | tamasādhyam̐ | tathā hatāḥ
sarvā īhāḥ-ceṣṭāḥ, yasmim̐stamevam̐bhūtam | § 11631

5

3.15.66 Aṣṭāṅgahr̥dayasaṃhitā

aṃsamūlasthito vāyuḥ sirāḥ saṅkocya tatragāḥ | | 43 | |
bāhupraspanditaharaṃ
janayatyavabāhukam | | 43 | | § 11633

3.15.67 Sarvāṅgasundarā

vāyuraṃsamūle sthitaḥ, tatragāḥ-aṃsamūlāsritāḥ, sirāḥ
saṅkocyāvabāhukākhyam vātavyādhiṃ janayati | kimbh-
ūtam ? bāhupraspanditam haratīti bāhupraspanditaha-
ram, " harateranudyamane+ac" ityac | § 11634

3.15.68 Aṣṭāṅgahr̥dayasaṃhitā

talaṃ pratyaṅgulīnām yā kaṇḍarā bāhupr̥ṣṭhataḥ | | 44 | |
bāhuceṣṭāpaharaṇī viśvācī nāma sā
smṛtā | | 44 | | § 11636

3.15.69 Sarvāṅgasundarā

talaṃ-hastatalaṃ, prati-lakṣaṇī (lakṣyī) kṛtya, yā kaṇḍarā-
sumahān snāyusaṅghātaḥ, sā bāhupr̥ṣṭhato gatā, tathā
mārutārditā-vātena pīḍitā satī, bāhuceṣṭāṃ-bhujavyāpāraṃ,
apaharati [iti] bāhuceṣṭāpaharaṇī | bāhulakādatra kartarī
5 lyuṭ strītvam ca | evaṃbhūtā viśvācī saṃjñā smṛtā, muni-
bhiriti śeṣaḥ | § 11637

3.15.70 Aṣṭāṅgahr̥dayasaṃhitā

vāyuḥ kaṭyām sthitaḥ sakthnaḥ
kaṇḍarāmākṣipedyadā | | 45 | |
tadā khañjo bhavajjantuḥ paṅguḥ
sakthnordvayorapi | | 45 | | § 11639

3.15.71 Sarvāṅgasundarā

kaṭyāṃ sthito māruto yadā sakthnaḥ-ūroḥ sambandhinīm,
kaṇḍarāmākṣipet-ākarṣet, tadā prāṇī khañjo bhavet | dva-
yorapi sakthnoḥ sambandhinīm kaṇḍarām yadā+a+akṣipettadā
paṅguḥ syāt | § 11640

3.15.72 Aṣṭāṅgahr̥dayasaṃhitā

kampate gamanārambhe khañjanniva ca yāti yaḥ | | 46 | |
kalāyakhañjaṃ taṃ vidyānmuktasandhipraba-
ndhanam | | 46 | | § 11642

3.15.73 Sarvāṅgasundarā

tathā yo gamanārambhe kampate-vepate, khañjanniva ca
yāti | taṃ-evaṃbhūtaṃ, kalāyakhañjākhyam vyādhiṃ vi-
dyāt | kimbhūtaṃ ? muktaṃ sandhiprabandhanam yatra,
taṃ tathāvidham | § 11643

3.15.74 Aṣṭāṅgahr̥dayasaṃhitā

śītoṣṇadravasamśuṣkagurusnigdhairniṣevitaiḥ | | 47 | |
jīrṇājīrṇe ta-
thā+a+ayāsasaṅkṣobhasvapnajāgaraiḥ | | 47 | |
saśleṣmamedahpavanamāmamatyarthasañcitam | | 48 | |
abhibhūyetaṃ doṣamūru
cetpratipadyate | | 48 | |
sakthyasthīni prapūryāntaḥ śleṣmaṇā stimitena 5
tat | | 49 | |
tadā skabhnāti tenorū stabdhau
śītāvacetanau | | 49 | |
parakīyāviva gurū
syātāmatibhṛśavyathau | | 50 | |
dhyānāṅgamardastaimityatandrācchardyarucijvaraiḥ | | 50 | |
saṃyutau pādasadanakṛcchroddharaṇasupti-
bhiḥ | | 51 | |
tamūrustambhamityāhurādhyavātamathāpare | | 51 | | § 11653

3.15.75 Sarvāṅgasundarā

jīrṇena sahitamajīrṇaṃ jīrṇājīrṇaṃ-pakvāpakvamāhāarakadambakaṃ,
kenacinnimittena jāṭharāgnisaṃyogādāhārarāśeḥ kaści-
dbhāgaḥ pakvaḥ kaścidapakva iti jīrṇājīrṇaṃ, tasmīnsati |
śītoṣṇādibhistathā+a+ayāsasaṅkṣobhādibhirniṣevitaiḥ-ciramabhyastaiḥ,
5 āmamatyartham sañcītam-bahu sambhṛtam, ūru yadā
pratipadyate-ubhāvāśrityāste, tadā-tasmīnkāye, tena-yathoktena
hetunā, tāvūru skabhnāti-stambhayati | kimbhūtamāmam
? saśleşmamedahpavanam | saha śleşmaṇā medasā pav-
anena ca vartata iti saśleşmamedahpavanam, na tu kev-
10 alameva | tathā, itaram doṣam-vātaśleşmāpekṣayā pittā-
khyam, abhibhūya-ākramya, na vātam kapham vā | tena hi
tayorabhibhavo na yuktaḥ, tatsahavartamānatvāt | tathā,
tena sahavartamānenāpi śleşmaṇā ca stimitena-styānena,
sakthisambandhīnyasthīnyantaḥ prapūrya-tāni nirbharāṇi
15 kṛtvā, tadā tat-āmam, ūru skabhnātīti yojyam | tena het-
unā tadā-tasmīnkāle, tāvūru stabdhau-nīscalau, tathā sp-
arśataḥ śītau, tathā+acetanau-sūcyādibhistudyamānāvapi
pīḍam na vedayetām, ata eva parakīyāviva guru syā-
tām | tathā+atibhṛśavyathau-atyantaśūlānvitau | parakīy-
20 āviti "kugjanasya parasya ca" iti īyaḥ kugāgamaśca | tathā
dhyānādibhiḥ saṃyutau | dhyānam-cintā daurmanasyam-
ityarthaḥ | tathā pādasadanādibhiḥ saṃyutau | evamlakṣ-
aṇo yo vyādhiviśeṣastamūrustambhamāhuḥ, tantrakṛta iti
śeṣaḥ | apare ācāryā āḍhyavātamiti tamāhuḥ | āmaśabd-
25 asya napuṃsakatvam lokāśrayatvāllīngasyeti bodhyam |
§ 11654

3.15.76 Aṣṭāṅgahr̥dayasaṃhitā

vātaśoṇitajaḥ śopho jānumadhye mahārujaḥ | | 52 | |
jñeyaḥ kroṣṭukaśīrṣaśca sthūlaḥ
kroṣṭukaśīrṣavat | | 52 | | § 11656

3.15.77 Sarvāṅgasundarā

jānumadhye mahārujaḥ śopho vātaśoṇitājātaḥ kroṣṭukaś-

īrṣākhyo vātavyādhibhedah | sa ca sthūlah śrgālasiraḥsad-
rśo bhavati | § 11657

3.15.78 Aṣṭāṅgahr̥dayasaṃhitā

ruk pāde viṣamanyaste śramādvā jāyate yadā | | 53 | |
vātena gulphamāśritya
tamāhurvātakaṅṭakam | | 53 | | § 11659

3.15.79 Sarvāṅgasundarā

pāde-carāṇe viṣamanyaste sati, athavā śramaṇa yadā gu-
lphamāśritya vātena rugjāyate, taṃ vātakaṅṭakākhyam vā-
tavyādhimāhuḥ | § 11660

3.15.80 Aṣṭāṅgahr̥dayasaṃhitā

pārṣṇim pratyāṅgulīnām yā kaṅṭarā mārutārditā | | 54 | |
sakthyutkṣepaṃ nigr̥hṇāti gr̥dhrasīm tām
pracakṣate | | 54 | | § 11662

3.15.81 Sarvāṅgasundarā

pārṣṇim prati-pārṣṇyabhimukhaṃ, yā aṅgulīnām kaṅṭ-
arā sā mārutena-vāyunā, arditā-vyathitā, caraṇoddhara-
nāvasare yaḥ sakthyutkṣepaḥ-ūrdhvaṃ preraṇaṃ, taṃ
nigr̥hṇāti-avamṛdgāti sakthnorniścalatvamivotpādayati |
tām-kaṅṭarām, vyādhiviśeṣasaṃjñām gr̥dhrasīm pracakṣ- 5
ate, tantrakṛta iti śeṣaḥ | § 11663

3.15.82 Aṣṭāṅgahr̥dayasaṃhitā

viśvācī gr̥dhrasī caktā khallī tivraruḥjānvite | | 55 | | § 11664

3.15.83 Sarvāṅgasundarā

viśvācī coktā "bāhuceṣṭāpaharaṇī" (ślo. 44) ityādinā granthena, gr̥dhrasī cādhunaivoktā | te dve tivraruṅjānvite satyau khallī bhāṅyate | § 11665

3.15.84 Aṣṭāṅgahr̥dayasaṃhitā

hr̥ṣyete caraṇau yasya bhavetāṃ ca prasuptavat | | 55 | |
pādaharṣaḥ sa vijñeyah
kaphamārutakopajaḥ | | 56 | | § 11667

3.15.85 Sarvāṅgasundarā

yasya puṃsaścaraṇau hr̥ṣyete prasuptāviva ca syātām, saḥ-evam̐bhūto vātavyādhiḥ, pādaharṣākhyah | sa ca vā-taśleşmakopajo vedyah | § 11668

3.15.86 Aṣṭāṅgahr̥dayasaṃhitā

pādayoḥ kurute dāham pittaśrksahito+anilah | | 56 | |
viśeṣataścāṅkramite pādadāham
tamādiśet | | 15 | |
56 1/2 | | 15 | | § 11671

5 itī śrīvaidyapatisiṃhaguṃptasūnuśrīmadvāgbhaṭavira-
citāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ tṛtīye nidānasthāne vā-
tavyādhinidānaṃ nāma pañcadaśo+adhyāyah | | 15 | | § 11672

3.15.87 Sarvāṅgasundarā

5 anilah pittaraktaśahitaḥ pādayordāham kurute, viśeṣeṇa
tu caṅkramite sati | taṃ-evam̐bhūtaṃ, pādadāhamādiśet-
brūyāt, bhiṣagiti śeṣah | itī śrīmr̥gāṅkadattaputraśrīma-
daruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarvāṅga-
sundarākhyāyāṃ tṛtīye nidānasthāne vātavyādhinidānaṃ
nāma pañcadaśo+adhyāyah samāptaḥ | | 15 | | § 11673

3.16 vātaṣṇitanidānādhyāyaḥ : 16

3.16.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto vātaṣṇitanidānaṃ vyākhyāsyāmaḥ | | 2 | |
 iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
 vidāhyannaṃ viruddhaṃ ca
 tattaccāsr̥kpradūṣaṇam | | 1 | |
 bhajatāṃ vidhihīnaṃ ca
 svapnajāgaramaithunam | | 1 | |
 prāyeṇa 5
 sukumārāṇāmacaṅkramaṇaśīlinām | | 2 | |
 abhighātādaśuddheśca nṛṇāmasṛji dūṣite | | 2 | |
 vātalaiḥ śītalairvāyurvṛddhaḥ kṛddho
 vimārgagaḥ | | 3 | |
 tādr̥śaivāsṛjā ruddhaḥ prāktadeva
 pradūṣayet | | 3 | |
 āḍhyarogaṃ kuḍaṃ vātabalāsaṃ
 vātaṣṇitam | | 4 | |
 tadāhurnāmabhiḥ----- 10
 | | 4 | | § 11683

madyāmlatakradadhiniṣpāvavṛihivāricaramāṃsakula-
 tthakuṭherādikaṃ-vidāhyannaṃ, tathā viruddhamannaṃ-
 saṃyogamātrādivaśāt yathā "ānūpamāmiṣaṃ māśakṣau-
 drakṣīra" (hr̥. sū. a. 7 | 29) ityādikaṃ prāguktam, tattaccāsr̥kpradūṣaṇam-
 anyadapyāhāravihārajātaṃ yattatratatroktam, tadbhajatāṃ- 5
 śīlayatāṃ, nṛṇām-puruṣāṇām, tathā vidhihīnaṃ-ayathāśāstraṃ,
 svapnajāgaramaithunam bhajatāṃ prāyeṇa sukumārā-
 ṇām, prāyograhaṇama(ṇenā)nyeṣāmapī raktopacayahetv-
 āhārasevinām, tathā acaṅkramaṇaśīlinām-atyantamāsyādisukhasevinām,
 abhighātāt-anekavidhātprahāraviśeṣāt, tathā aśuddheḥ- 10
 aśodhanānmalānirharaṇāt, teṣāmasṛji dūṣite-taddūṣaṇahetubhīryathokta
 sampanne, tato vātalaiḥ-tiktoṣaṇādibhiḥ sarvaroganidāno-
 ktaiḥ, tathā+atīsayena śītalairvāyurvṛddhaḥ-atyantamupacayaṃ
 prāpya, paścātkuddhaḥ-kupitaḥ, ata eva ca vimārgago-
 viśeṣeṇonmārgagāmī, tādr̥śaiva-tathābhūtenaiva, asṛjā du- 15
 ṣṭeṇa kruddhena ruddho-vihatagatiḥ kṛtātyantasaṃśle-

ṣaḥ, tadeva-śoṇitaṃ, prāk-pūrvam, pradūṣayet | prāggrah-
aṅādanantaram sarvān dhātūn māmsādīn pradūṣayet | ta-
cca tathāvidham raktamatyupacitaṃ pradūṣtamādhyaro-
gam khudam vātabalāsam vātaśoṇitamiti nāmabhirācāryā
5 āhuḥ | § 11684

3.16.2 Aṣṭāṅgahr̥dayasaṃhitā

-----tacca pūrvam pādau pradhāvati | | 4 | |
viśeṣādyānāyānādyaiḥ
pralambau----- | | 5 | | § 11686

3.16.3 Sarvāṅgasundarā

tacca rogasvabhāvāt pūrvam pādau pradhāvati-samutpadyate |
tau ca pādau viśeṣāt-atiśayena, yānāyānādyaiḥ pralambau-
ucchūnau santau, pradhāvati | yānena-hastyaśvādinā, yānaṃ-
gamanam | ādigrahaṅādanyairapi pādapralambanotpāda-
5 kairgajaturagādisadṛśaiḥ | § 11687

3.16.4 Aṣṭāṅgahr̥dayasaṃhitā

-----tasya lakṣaṇam | | 5 | |
bhaviṣyataḥ kuṣṭhasamaṃ tathā sādah
ślathāngatā | | 5 | |
jānujaṅghorukaṭyaṃsahastapādāṅgasandhiṣu | | 6 | |
kaṅḍūsphuraṇanistodabhedagauravasuptatāḥ | | 6 | |
5 bhūtvā bhūtvā praṇāśyanti muhurāvīrbhavanti
ca | | 7 | |

----- pādayormūlamāsthāya
kadācidhastayorapi | | 7 | |
ākhoriva viṣam krudham kṛtsnam deham
vidhāvati | | 8 | | § 11694

3.16.5 Sarvāṅgasundarā

tasya-vātaśoṇitasya, bhaviṣyato-bhāvino, lakṣaṇaṃ-prāgrūpaṃ,
kuṣṭhasamaṃ-kuṣṭhena tulyam, kuṣṭhasya yat prāgrūpaṃ-
"atiślakṣṇakharasparśa (hr̥, ni. a. 14 | 11) ityādi kuṣṭhani-
dānoktaṃ, tadasyāpi | na kevalametadeva yāvattathā sā-
daḥ ślathāṅgatetyādi ca, yāvanmuhurāvīrbhavanti cety- 5
etadapi bhaviṣyato lakṣaṇam | -----
----- sa0-tacca vātaśoṇitaṃ
pādayormūlamāsthāya-tatra pūrvam sthitiṃ kṛtvā, kadāci-
ddhastayorapi pratiṣṭhāṃ kṛtvā, ākḥoḥ-mūṣakasya samb-
andhi, yathā viṣaṃ kruddhaṃ dehaikadeśe pūrvam sth- 10
itiṃ kṛtvā+anantaram kṛtsnam dehaṃ vidhāvati-viśeṣeṇa
prasarati | § 11695

3.16.6 Aṣṭāṅgahrdayasaṃhitā

tvaṅmāṃsāśrayamuttānaṃ tatpūrvam jāyate tataḥ | | 8 | |
kālāntareṇa gambhīraṃ sarvān
dhātūnabhidravat | | 9 | | § 11697

3.16.7 Sarvāṅgasundarā

tvak ca māṃsaṃ ca, te āśrayo yasya vātaraktasya tadeva-
mbhūtaṃ tat-vātaśoṇitaṃ, uttānaṃ pūrvam-prāk, jāyate |
tataḥ-paścāt, kālāntareṇa punaḥ sarvān dhātūn-aparānapi
medaḥprabhṛtīn, abhidravatgambhīraṃ jāyate | § 11698

3.16.8 Aṣṭāṅgahrdayasaṃhitā

kaṇḍvādisaṃyutottāne tvaktāmṛā śyāvalohitā | | 9 | |
sāyāmā
bhṛśadāhoṣā----- | | 10 | | § 11700

3.16.9 Sarvāṅgasundarā

uttāne vātaśoṇite tvak kaṇḍvādisaṃyutā-kaṇḍūsphuraṇanistodādiyuktā
(ślo. 6) , tathā tāmṛā śyāvalohitā-vyāmiśravarnā, bhavati |
tathā sahāyāmena vartata iti sāyāmā, tathā bhṛśadāhoṣā-
atyartham dāharugyuktā | § 11701

3.16.10 Aṣṭāṅgahr̥dayasaṃhitā

-----gambhīre+adhikapūrvaruk | | 10 | |
śvayathurgrathitaḥ pākī vāyuḥ
sandhyasthimajjasu | | 10 | |
chindanniva caratyantarvakrīkurvaṃśca
vegavān | | 11 | |
karoti khañjam paṅguṃ vā śarīre
sarvataścaran | | 11 | | § 11705

3.16.11 Sarvāṅgasundarā

gambhīre vātaśoṇite+adhikapūrvaruk śvayathuḥ syāt |
adhikam kṛtvā pūrvā ruk yasya śvayathorasāvadhikapū-
rvaruk śvayathuḥ | kuto+adhikapūrvaruk ? prakṛtatvād-
uttānavātaśoṇitāt | tathā śvayathurgrathitaḥ, tathā pākī-
5 pākayuktaḥ, syāt | tathā+asmin gambhīre vāyurvegavān-
balavān, śarīre sarvataścaran-gacchan, vakrīkurvaṃśca sā-
marthyāttadeva śarīram khañjam paṅguṃ vā karoti | tathā
asau sandhyasthimajjasu chindannivāntaścarati | § 11706

3.16.12 Aṣṭāṅgahr̥dayasaṃhitā

vāte+adhike+adhikam tatra
śūlasphuraṇatodanam | | 12 | |
śophasya raukṣyakṛṣṇatvaśyāvātāvṛddhihāna-
yaḥ | | 12 | |
dhamanyaṅgulisandhīnām
saṅkoco+aṅagraho+atiruk | | 13 | |
śītadveṣānupaśayau
stambhavepathusuptayaḥ | | 13 | | § 11710

3.16.13 Sarvāṅgasundarā

tatra-vātaśoṇite, vātādhike+adhikaṃ śūlasphuraṇatoda-
naṃ bhavati | śūlaṃ-santatā ruk | todanaṃ tu-vicchinnā
ruk pratodeneva | tathā, śophasya raukṣyakṛṣṇatvaśyāva-
tāvṛddhihānayaḥ syuḥ, vātasya calasvabhāvatvāt | tathā,
dhamanīnāṃ-sirāviśeṣānāṃ, aṅgulisandhīnāṃ ca saṅko- 5
caḥ syāt | tathā, aṅagrahaḥ-aṅgānyavabaddhānīva syuḥ |
tathā, atiruk śītadveṣānupaśayau ca bhavataḥ | śītadveṣaḥ-
śītāsahiṣṇutvam | tathā, anupaśayaḥ-asukhānubandhaḥ |
kenānupaśayaḥ ? prakṛtatvācchītadveṣeṇoṣṇakāmitayo-
ṣṇasevanena bhavati | tathā, stambhavepathusuptayaḥ 10
syuḥ | stambha iva stambho-dehastabdhatā | vepathuḥ-
kampanam | dehasya suptiḥ-aṅgānāmacaitanyam | § 11711

3.16.14 Aṣṭāṅgahrdayasamhitā

rakte śopho+atirukatodastāmraścimicimāyate | | 14 | |
snigdharūkṣaiḥ śamaṃ naiti
kaṇḍūkledasamanvitaḥ | | 14 | | § 11713

3.16.15 Sarvāṅgasundarā

adhika ityatrānuvartate | rakte+adhike śopho+atiruktoda
iti | vāte+apyadhike śophaḥ sarugbhavati kintu rakte+adhike+atiruktodal
śophaḥ syāditi viśeṣaḥ | tathā, tāmro-varṇena, bhavati |
cimicimāmivācarati-cimicimāyate | tathā, snigdharūkṣair-
asau śophaḥ śamaṃ naiti-na yāti, kaṇḍūkledayuktaḥ san | 5
§ 11714

3.16.16 Aṣṭāṅgahrdayasamhitā

pitte vidāhaḥ sammohaḥ svedo mūrccā madah
satṛṭ | | 15 | |
sparśākṣamatvaṃ rugrāgaḥ śophaḥ pāko
bhṛśoṣmatā | | 15 | | § 11716

3.16.17 Sarvāṅgasundarā

pitte-pittānuviddhe vātaśoṇite, vidāhādayaḥ syuḥ | § 11717

3.16.18 Aṣṭāṅgahr̥dayasaṃhitā

kaphe staimityugurutāsuptisnigdhatvaśītatāḥ | | 16 | |
kaṇḍūrmandā ca
ruk----- | | 16 | | § 11719

3.16.19 Sarvāṅgasundarā

kaphānuviddhe vātaśoṇite staimityādayaḥ syuḥ | § 11720

3.16.20 Sarvāṅgasundarā

dvandvaśabdena ca vātapittakapharaktānāṃ dvandvā-
nīti prāyeṇeha gṛhyante, sarvaśabdena ca vātapittar-
aktakaphā gṛhyante | dvandvaṃ ca sarvaṃ ca dva-
ndvasarve, tayorliṅgaṃ-lakṣaṇaṃ, dvandvasarvaliṅgaṃ |
5 saṅkare-vyāmiśratve sati, dvandvasarvaliṅgaṃ vātaśoṇi-
taṃ bhavati | kasya saṅkare ? prakṛtatvādvātapittaraktā-
kaphānāṃ dvandvasaṅkare dvandvaliṅgaṃ vātaśoṇitaṃ
bhavati | sarvasaṅkare-sarveṣāṃ vātādīnāṃ saṅkare, sarv-
aliṅgaṃ vātaśoṇitaṃ bhavati | § 11721

3.16.21 Aṣṭāṅgahr̥dayasaṃhitā

-----dvandvasarvaliṅgaṃ ca
saṅkare | | 16 | | § 11722

3.16.22 Aṣṭāṅgahr̥dayasaṃhitā

ekadoṣānugaṃ sādhyam navam, yāpyam
dvidoṣajam | | 17 | |
tridoṣajam tyajetsrāvi stabdhamarbudakāri
ca | | 17 | | § 11724

3.16.23 Sarvāṅgasundarā

ekadoṣānugaṃ vātaṣoṇitaṃ navam̐ sādhyam̐-sādhayituṃ
śakyam | dvidoṣodbhavam̐ yāpyam̐-yāpanārham | trido-
ṣajam̐ vātaṣoṇitaṃ tyajet-asādhyatvānnopakramet | tathā,
srāvi yadvātaraktamarbudakāri ca, taccāsādhyam | § 11725

3.16.24 Aṣṭāṅgahr̥dayasam̐hitā

raktamārgam̐ nihatyāśu śākhāsandhiṣu mārutaḥ | | 18 | |
niviśyānyonyamāvārya
vedanābhirharatyasūn | | 18 | | § 11727

3.16.25 Sarvāṅgasundarā

śākhāsandhiṣu māruto niviśya-tatra sthitiṃ kṛtvā, tathā
raktamārgamāśu-śīghram̐ nihatya, anantaramanyonyamāvārya-
prakṛtatvādraktam̐ karṣṇ vātamāvārya vāto+api raktam,
tato vedanābhiḥ vātaraktocitābhiḥ pīḍābhiḥ, asūn-prāṇān,
harati | § 11728

5

3.16.26 Aṣṭāṅgahr̥dayasam̐hitā

vāyau pañcātmake prāṇo
rauṣyavyāyāmalaṅghanaiḥ | | 19 | |
atyāhārābhighātādhvavegodīraṇadhāraṇaiḥ | | 19 | |
kupitaścakṣurādīnāmupaghātam̐
pravartayet | | 20 | |
pīnasārditatṛṭkāśāśvāsādīṃścāmayānbahūn | | 20 | | § 11732

3.16.27 Sarvāṅgasundarā

pañcātmake-prāṇādibhedāt pañcasvabhāve vāte sati, pr-
āṇo nāma vāto rauṣyādibhiḥ kupitaścakṣurādīnāmupa-
ghātam̐ pravartayet-vidadhāti | tathā, pīnasadīṃśca bahūn
rogān kuryāt | ādiśabdena hidhmādayo gr̥hyante | § 11733

3.16.28 Aṣṭāṅgahr̥dayasaṃhitā

udānaḥ kṣavathūdgāraccardinidrāvidhāraṇaiḥ | | 21 | |
gurubhārātiruditahāsyādyairvikṛto
gadān | | 21 | |
kaṅṭharodhamanobhramśacchardyarocakapīnasān | | 22 | |
kuryācca galagaṅḍādīṃstāmstān
jatrūrdhvasaṃśrayān | | 22 | | § 11737

3.16.29 Sarvāṅgasundarā

udānaḥ kṣavathuvidhāraṇādibhirvikṛtaḥ-kupitaḥ, kaṅṭha-
rodhādīn gadān kuryāt | caśabdo+atra bhinnakramaḥ | ga-
lagaṅḍādīṃśca gadān, tāmstān-anekavidhān, jatrūrdhvas-
aṃśrayān kuryāt | § 11738

3.16.30 Aṣṭāṅgahr̥dayasaṃhitā

vyāno+atigamanadhyānakrīḍāviṣamaceṣṭitaiḥ | | 23 | |
virodhirūkṣabhīharṣaviṣādādyaiśca
dūṣitaḥ | | 23 | |
puṃstvotsāhabalabhramśaśophacittoplavajvarān | | 24 | |
sarvāṅgaroganistodaromaharṣāṅgasuptatāḥ | | 24 | |
5 kuṣṭhaṃ visarpamanyāṃśca kuryātsarvāṅgagān
gadān | | 25 | | § 11743

3.16.31 Sarvāṅgasundarā

vyāno+atigamanādibhirvirodhyādibhiśca dūṣito-duṣṭiṃ pr-
āptaḥ, puṃstvotsāhādibhramśādīn aparānapi sarvāṅga-
gān gadān kuryāt | § 11744

3.16.32 Aṣṭāṅgahr̥dayasaṃhitā

samāno viṣamājīrnaśītasāṅkīrṇabhojanaiḥ | | 25 | |
karotyakālaśayanajāgarādyaiśca dūṣitaḥ | | 26 | |

śūlagulmagrahaṇyādīn pakvāmāśayajān
gadān | | 26 | | § 11747

3.16.33 Sarvāṅgasundarā

samāno viṣamādibhojanādibhirakālaśayanādibhiḥca dūṣi-
taḥ śūlādīn pakvāmāśayajān gadān karoti | § 11748

3.16.34 Aṣṭāṅgahr̥dayasam̐hitā

apāno rūkṣagurvannavegāghātativāhanaiḥ | | 27 | |
yānayānāsanasthānacaṅkramaiścātisevitaiḥ | | 27 | |
kupitaḥ kurute rogān kṛcchrān
pakvāśayāśrayān | | 28 | |
mūtraśukrapradoṣārśogudabhraṃsādikān
bahūn | | 28 | | § 11752

3.16.35 Sarvāṅgasundarā

apāno rūkṣānnādibhiratisevitairvegāghātādibhiścātisevi-
taiḥ kupitaḥ kṛcchrān-dāruṇān, pakvāśayāśrayān mūtraś-
ukrapradoṣādīn bahūn gadān kuryāt | § 11753

3.16.36 Aṣṭāṅgahr̥dayasam̐hitā

sarvaṃ ca mārutaṃ sāmam
tandrāstaimityagauravaiḥ | | 29 | |
snigdhatvārocakālasyaśaityaśophāgnihānibhiḥ | | 29 | |
kaṭurūkṣābhilāṣeṇa tadvidhopaśayena
ca | | 30 | |
yuktaṃ vidyānnirāmaṃ tu tandrādīnām
viparyayāt | | 30 | | § 11757

3.16.37 Sarvāṅgasundarā

sarvamapi mārutaṃ tandrādibhirlakṣaṇairyutaṃ sāmaṃ
vidyāt | tandrādilakṣaṇaviparyayaṇa tu nirāmaṃ jānīyāt |
§ 11758

3.16.38 Aṣṭāṅgahr̥dayasaṃhitā

vāyorāvaraṇaṃ cāto bahubhedam
pravakṣyate | | 31 | | § 11759

3.16.39 Sarvāṅgasundarā

ataḥ-sāmādilakṣaṇādanantaram, vātasyāvaraṇaṃ bahubhedam-
anekaprakāram, prakarṣeṇa vakṣyate | kila nāsyāma evāv-
araṇam, api tvanyadapyastīti dyotayati | § 11760

3.16.40 Aṣṭāṅgahr̥dayasaṃhitā

liṅgaṃ pittāvṛte dāhastr̥ṣṇā śūlaṃ bhramastamaḥ | | 31 | |
kaṭukoṣṇāmlalavaṇairvidāhaḥ
śītakāmatā | | 32 | | § 11762

3.16.41 Sarvāṅgasundarā

pittenāvṛte maruti dāhādikaṃ liṅgaṃ | § 11763

3.16.42 Aṣṭāṅgahr̥dayasaṃhitā

śaityagauravaśūlāni kaṭvādyupaśayo+adhikam | | 32 | |
laṅghanāyāsarūkṣoṣṇakāmatā ca
kaphāvṛte | | 33 | | § 11765

3.16.43 Sarvāṅgasundarā

kaphāvṛte vāyau śaityādikaṃ liṅgaṃ laṅghanādikāmatā
ca | § 11766

3.16.44 Aṣṭāṅgahr̥dayasaṃhitā

raktāvṛte sadāhā+artistvañmāmsāntarajā bhṛśam | | 33 | |
bhavecca rāgī śvayathurjāyante maṇḍalāni
ca | | 34 | | § 11768

3.16.45 Sarvāṅgasundarā

raktāvṛte pavane+artiḥ-pīḍā, bhṛśam tvañmāmsāntarajā
dāhayuktā syāt | rāgavāśca śvayathuḥ syāt | tathā, maṇḍ-
alāni ca jāyante | § 11769

3.16.46 Aṣṭāṅgahr̥dayasaṃhitā

māṃsena kaṭhinaḥ śopho vivarṇaḥ piṭikāstathā | | 34 | |
harṣaḥ pipīlikānāṃ ca sañcāra iva
jāyate | | 35 | | § 11771

3.16.47 Sarvāṅgasundarā

māṃsenāvṛte vāyau kaṭhino vivarṇaśca śophastathā piṭi-
kāḥ syuḥ, harṣeśca | tathā, pipīlikānāṃ gātreṣu sañcāra iva
jāyate | § 11772

3.16.48 Aṣṭāṅgahr̥dayasaṃhitā

calaḥ snigdho mṛduḥ śītaḥ śopho gātreṣvarocakaḥ | | 35 | |
āḍhyavāta iti jñeyaḥ sa kṛcchro
medasā+a+avṛte | | 36 | | § 11774

3.16.49 Sarvāṅgasundarā

medasā āvṛte vāyavañgeṣu śophaścalastathā snigdhas-
tathā śīto mṛduśca syāt tathā+arocakaḥ | saḥ-evaṃvidhaḥ,
āḍhyavāta iti vedyaḥ | sa ca kṛcchraḥ-kṛcchrasādhyāḥ |
§ 11775

3.16.50 Aṣṭāṅgahr̥dayasaṃhitā

sparśamasthyāvr̥te+atyuşṇaṃ pīḍanaṃ
cābhinandati | | 36 | |
sūcyeva tudyate+atyarthamaṅgaṃ sīdati
śūlyate | | 37 | | § 11777

3.16.51 Sarvāṅgasundarā

asthyāvr̥te samīraṇe sparśamatyuşṇaṃ pīḍanaṃ cābhinandati-
abhilaṣati | tathā, aṅgamatisāyena sūcyeva tudyate | tathā,
sīdati śūlyate ca | § 11778

3.16.52 Aṣṭāṅgahr̥dayasaṃhitā

majjāvr̥te vinamanaṃ jr̥mbhaṇaṃ pariveṣṭanaṃ | | 37 | |
śūlaṃ ca pīḍyamānena pāṇibhyāṃ labhate
sukham | | 38 | | § 11780

3.16.53 Sarvāṅgasundarā

majjāvr̥te samīre vinamanādikaṃ syāt | vinamanaṃ-aṅgānām |
tathā, pāṇibhyāṃ pīḍyamānena ca-prakṛtatvādaṅgena, su-
khaṃ labhate | § 11781

3.16.54 Aṣṭāṅgahr̥dayasaṃhitā

śukrāvr̥te+ativego vā na vā niṣphalatā+api vā | | 38 | | § 11782

3.16.55 Sarvāṅgasundarā

śukrāvr̥te prabhañjane+ativego vā-prakṛtatvācchukrasya,
na vā vego niṣphalatā vā syāt | § 11783

3.16.56 Aṣṭāṅgahr̥dayasaṃhitā

bhukte kuṣsau rujā jīrṇe
śāmyatyannāvṛte+anile | | 39 | | § 11784

3.16.57 Aṣṭāṅgahr̥dayasaṃhitā

annāvṛte vāte bhukte sati rujā kuṣsau bhavati | jīrṇe+anne
sati rujā śāmyati | § 11785

3.16.58 Aṣṭāṅgahr̥dayasaṃhitā

mūtrāpravṛttirādhmānaṃ bastermūtrāvṛte
bhavet | | 39 | | § 11786

3.16.59 Sarvāṅgasundarā

mūtrāvṛte vāyau mūtrasyāpravṛttirādhmānaṃ ca basteḥ
syāt | § 11787

3.16.60 Aṣṭāṅgahr̥dayasaṃhitā

viḍāvṛte vibandho+adhaḥ svasthāne parikṛntati | | 40 | |
vrajatyāśu jarāṃ sneho bhukte cānahyate
naraḥ | | 40 | |
śakṛtpīditamannena duḥkhaṃ śuṣkaṃ
cirātsṛjet | | 41 | | § 11790

3.16.61 Sarvāṅgasundarā

viḍāvṛte mātariśvani svasthāne-apānākhye, adhovibandho
jātavibandhatvāt parikṛntati | snehaśrcāśu jarāṃ yāti | bh-
ukte ca sati nara ānahyate-ādhmāpyate | śakṛdannena pīḍ-
itaṃ cireṇa śuṣkaṃ duḥkhaṃ kṛcchreṇa sṛjet | § 11791

3.16.62 Aṣṭāṅgahr̥dayasaṃhitā

sarvadhātāvṛte vāyau śronivaṅkṣaṇapr̥ṣṭharuk | |41| |
vilomo māruto+asvastaṃ hr̥dayaṃ pīḍyate+ati
ca | |42| | § 11793

3.16.63 Sarvāṅgasundarā

sarvadhātāvṛte+anile śronyādiruk syāt | tathā, pavano vi-
guṇo bhavati | hr̥dayaṃ ca vyākulaṃ [ati] pīḍyate ca |
§ 11794

3.16.64 Aṣṭāṅgahr̥dayasaṃhitā

bhramo mūrccā rujā dāhaḥ pittena prāṇa āvṛte | |42| |
vidagdhe+anne ca
vamanam----- | |43| | § 11796

3.16.65 Sarvāṅgasundarā

prāṇe pittenāvṛte bhramādyāḥ syuḥ | anne ca vidāhāva-
sthāṃ prāpte sati vamaṇaṃ syāt | § 11797

3.16.66 Aṣṭāṅgahr̥dayasaṃhitā

-----udāne+api bhramādayaḥ | |43| |
dāho+antarūrjābhramāśca-----
| |43| | § 11799

3.16.67 Sarvāṅgasundarā

udāne ca pittenāvṛte sati bhramādyāḥ-pūrvoktāḥ, syuḥ |
tathā, antardāha ūrjāyāḥ-balasya ca, vināśaḥ | § 11800

3.16.68 Aṣṭāṅgahr̥dayasaṃhitā

-----dāho vyāne ca sarvagaḥ | | 43 | |
klamo+aṅgaceṣṭāsaṅgaśca sasantāpaḥ
savedanaḥ | | 44 | | § 11802

3.16.69 Sarvāṅgasundarā

vyāne ca pittenāvṛte sarvaśaḥ(gaḥ)-antarbahiśca dāhaḥ, kl-
amādayaśca syuḥ | § 11803

3.16.70 Aṣṭāṅgahr̥dayasaṃhitā

samāna ūṣmopahatiratisvedo+aratiḥ satṛṭ | | 44 | |
dāhaśca syāt----- | | 45 | | § 11805

3.16.71 Sarvāṅgasundarā

samāne pittenāvṛte ūṣmaṇaḥ-agneḥ, upahatiḥ-upaghātaḥ,
atisvedādayaśca syuḥ | § 11806

3.16.72 Aṣṭāṅgahr̥dayasaṃhitā

-----apāne tu male hāridravarnatā | | 45 | |
rajotivṛttistāpaśca
yonimehanapāyūṣu | | 45 | | § 11808

3.16.73 Sarvāṅgasundarā

apāne punaḥ pittenāvṛte sati male-purīśādaḥ, hāridra-
varnatā syāt | yonyādiṣu rujāḥ-pīḍayāḥ, ativṛttistāpaśca
syāt | § 11809

3.16.74 Aṣṭāṅgahr̥dayasaṃhitā

śleṣmaṇā tvāvṛte prāṇe sādastandrā+arucirvamiḥ | | 46 | |
ṣṭhīvanam̐ kṣavathūdgaraniḥśvāsocchvāsasa-
ṅgrahaḥ | | 46 | | § 11811

3.16.75 Sarvāṅgasundarā

prāṇe ca śleṣmāvṛte sādādayaḥ syuḥ | § 11812

3.16.76 Aṣṭāṅgahr̥dayasaṃhitā

udāne gurugātratvamarucirvāksvaragrahaḥ | | 47 | |
balavarṇapraṇāśaśca-----
| | 47 | | § 11814

3.16.77 Sarvāṅgasundarā

udāne ca śleṣmāvṛte gurugātratvādayaḥ syuḥ | § 11815

3.16.78 Aṣṭāṅgahr̥dayasaṃhitā

-----vyāne parvāsthivāgggrahaḥ | | 47 | |
gurutā+aṅgeṣu sarveṣu skhalitaṃ ca gatau
bhṛśam | | 48 | | § 11817

3.16.79 Sarvāṅgasundarā

vyāne kaphāvṛte parvāsthivāgggrahastathā+aṅgeṣu gaura-
vaṃ gatau ca skhalanam̐ syāt | § 11818

3.16.80 Aṣṭāṅgahr̥dayasaṃhitā

samāne+atihimāṅgatvamasvedo
mandavahnitā | | 48 | | § 11819

3.16.81 Sarvāṅgasundarā

samāne kaphāvṛte+atiśītāṅgatvamasvedo mandāgnitvaṃ
ca syāt | § 11820

3.16.82 Aṣṭāṅgahr̥dayasam̐hitā

apāne sakaphaṃ mūtraśakṛtaḥ
syātpravartanam | | 49 | | § 11821

3.16.83 Sarvāṅgasundarā

apāne kaphāvṛte mūtraśakṛtaḥ pravartanam sakaphaṃ
syāt | § 11822

3.16.84 Aṣṭāṅgahr̥dayasam̐hitā

iti dvaviṃśatividhaṃ vāyorāvaraṇaṃ viduḥ | | 49 | | § 11823

3.16.85 Sarvāṅgasundarā

iti-anena prakāreṇa, vāyorāvaraṇaṃ dvāviṃśatiprakāraṃ
[viduḥ-] jānanti, tantrakṛta iti śeṣaḥ | § 11824

3.16.86 Aṣṭāṅgahr̥dayasam̐hitā

prāṇādayastathā+anyonyamāvṛṇvanti
yathākramam | | 50 | |
sarve+api viṃśatividhaṃ vidyādāvaraṇaṃ ca
tat | | 50 | | § 11826

3.16.87 Sarvāṅgasundarā

prāṇādayaḥ-pañca vāyavaḥ, anyonyaṃ-parasparaṃ, āvṛ-
ṇvanti yathākramaṃ-yathāsaṅkhyam, tathā-tenoktena pr-
akāreṇa, yathā pittakaphābhyam prāṇādaya āvṛtāstathā

prāṇādayo+anyonyamāvṛṇvantīti tathāśabdasyārthaḥ | ta-
tra yathā,-prāṇenodānādayaścatvāra āvriyante, tathāivod-
ānādibhirapi prāṇa āvriyate | evamudānena vyānādaya-
straya āvriyante, vyānādibhiśca tribhirudānaḥ | tathā vyā-
5 nena samānāpānau, tathā samānāpānābhyāṃ vyānaḥ | sa-
mānenāpānaḥ, apānenā+api samāna āvriyate | ityekadv-
itrādikrameṇāpyevamāvaraṇaṃ nirūpyam | evaṃ ca sa-
rve+api parasparamāvṛṇvanti | taccāvaraṇaṃ viṃśatibh-
edaṃ vidyāt | § 11827

3.16.88 Aṣṭāṅgahr̥dayasaṃhitā

niḥśvāsocchvāsasaṃrodhaḥ pratiśyāyaḥ
śirograhaḥ | | 51 | |
hr̥drogo mukhaśośaśca prāṇenodāna
āvṛte | | 51 | |
udānenāvṛte prāṇe
varṇaujobalasaṅkṣayaḥ | | 52 | | § 11830

3.16.89 Sarvāṅgasundarā

prāṇenodāna āvṛte niḥśvāsocchvāsasaṃrodhādayaḥ syuḥ |
udānena prāṇa āvṛte varṇaujobalasaṅkṣayaḥ syāt | nanu
ca, pittādibhiḥ prāṇādīnāmāvaraṇaṃ yuktaṃ | parasp-
araṃ tu prāṇādīnām yadāvaraṇaṃ tadamūrtatvādanupap-
5 annamiva manyāmahe | brūmaḥ | dvayorvātayoranyony-
amupasarpatorbalavatā durbalasyābhighātena gatibhaṅg-
ātsa tenāvṛtamārga ityucyate | tasmādvātānāmapi parasp-
aramāvaraṇaṃ yuktameva | § 11831

3.16.90 Aṣṭāṅgahr̥dayasaṃhitā

diśā+anayā ca vibhajetsarvamāvaraṇaṃ bhiṣak | | 52 | |
sthānānyavekṣya vātānām vṛddhiṃ hāniṃ ca
karmaṇāt | | 53 | | § 11833

3.16.91 Sarvāṅgasundarā

anayā diśā-dinmātrapradarśanena, sarvamāvaraṇaṃ vi-
 bhajedbhiṣak | iyaṃ cātra dik,-udānenāvṛte+apāne cha-
 rdiśvāsakāsādayaḥ syustathā+alpo+agniratisāraśca | ud-
 āne+apānenāvṛte bastyādhmānodāvartagulmālpāgnipari-
 kartikāḥ syuḥ | apāne vyānenāvṛte viṇmūtraretasāmat- 5
 ipravṛttiḥ | vyāne samānenāvṛte mūrccātandrāpralāpā-
 ṅgasādavahnayojobalakṣayaḥ | vyāna udānenāvṛte ca śy-
 āvāsyatā stabdhatā+alpāgnitā svedaśceṣṭāhānirnimīlana-
 miti | evamanyadapyāvaraṇaṃ bhiṣak svamanīṣayā ya-
 thāśāstrasamśkāravatyā vibhajet | granthakṛtā tu gra- 10
 nthagauravabhayānnoktam | katham vibhajet ? ityatra
 yuktiṃ darśayati-sthānānītyādi | sthānāni-pakvāśayādīni
 doṣabhedīyoktāni, vātānām-prāṇādīnām, avekṣya | ta-
 thā, vṛddhiṃ-āvarakavāyusambandhinām vaikṛtakarm-
 aṇām, avekṣya-jñātvā | tathā, āvāryamarutām hānima- 15
 vekṣya, sarvamāvaraṇaṃ-anuktamapi, vibhajet | yathā-
 utsāhocchvāsaceṣṭādīni karmāṇi prāṇādisambandhīni yadā
 hīnāni dṛśyante udānādīnām karmāṇi vākpravṛtṭiyādīni
 vṛddhāni tadaivam jñātavyam, yathā-prāṇa udānādīnām-
 ekena dvābhyām tribhiścaturbhirvā āvṛta iti | evamudān- 20
 ādiṣvapi prāṇādibhirāvaraṇaṃ vibhāgīkāryam | § 11834

3.16.92 Aṣṭāṅgahrdayasamhitā

prāṇādīnām ca pañcānām miśramāvaraṇaṃ
 mithaḥ | | 53 | |
 pittādibhirdvādaśabhirmiśrāṇām miśritaiśca
 taiḥ | | 54 | | § 11836

3.16.93 Sarvāṅgasundarā

prāṇādīnām pañcānām vāyūnām parasparamāvāryāvāra-
 katvena sthitānām miśraṃ-dvayena trayeṇa catuṣṭayena
 ca, mithaḥ-parasparam, āvaraṇamavekṣya yātyāvṛtirasā-
 ṅkhyatāmiti sambandhaḥ | tathā, pittādibhirdvādaśabhiḥ-
 dhātvasānāiḥ, miśrāṇām prāṇādīnām miśraṃ mitha āv- 5

araṇamavekṣya yātyāvṛtiraśaṅkhyatāmīti yoḥyam | atra ca-
iṣā udāharaṇadigdraṣṭavyā,-prāṇena dvādaśavidhena pi-
ttādibhirmiśritatvāt caturṇāmudānādīnāmāvaraṇam vi-
bhajet | tathā, caturbhirudānādibhiḥ pittsyāvaraṇam pra-
5 tyekam dvādaśavidhairdvādaśavidhasyaikasya prāṇasyā-
varaṇamīti | tairityanena prāṇādayaḥ parāmr̥śyante | taiḥ-
pittādyāvaraṇamīritaiḥ prāṇādibhiḥ, parasparamāvāryā-
varakatvena sthitairmiśramāvaraṇamavekṣya yātyāvṛtira-
sasaṅkhyatāmīti yo+aḥyam | caḥ samuccaye | § 11837

3.16.94 Aṣṭāṅgahr̥dayasaṃhitā

miśraiḥ pittādibhistadvanmiśraṇābhiranekadhā | | 54 | |
tāratamyavikalpācca
yātyāvṛtiraśaṅkhyatām | | 55 | |
tām lakṣayedavahito yathāsvam
lakṣaṇodayāt | | 55 | |
śanaiḥśanaiścopaśayād-gūḍhāmapi
mahurmuhuḥ | | 56 | | § 11841

3.16.95 Sarvāṅgasundarā

taistulyam tadvat | yathā prāṇādīnām pittādibhirdvāda-
śabhirmiśrāṇām miśramāvaraṇam mithastathā miśraiśca
taiḥ-prāṇādibhiḥ, yathā miśramāvaraṇam mithastathaiva
miśraiḥ-saṃyuktairetaiḥ pittādibhirna kevalaiḥ, prāṇād-
5 īnām miśramāvaraṇam mithastathā miśraiḥ pittādibhi-
rye prāṇādayo miśritāstathābhūtaiḥ prāṇādīnāmāva-
raṇam | evamanekadhā miśraṇābhiḥ-bahubhiḥ saṃyoja-
naiḥ, āvṛtiraśaṅkhyatām yāti | tathā tāratamyavikalpācca
prāṇādīnāmāvṛtiraśaṅkhyatām yāti-saṅkhyāmatikramya ga-
10 cchati | tām-āvṛtiṃ, teṣām prāṇādīnām gūḍhām-durlakṣyāmapi,
avahitaḥ-tajjñānāya tatparaḥ san, lakṣayet-jānīyāt | katham
? yathāsvam lakṣaṇodayāt | teṣām prāṇādīnām yathāy-
atham lakṣaṇodayāt-ātmīyāllīṅgodbhavāt, śanaiḥśanaiḥ-
na jhaṭityeva, tathā muhurmuḥ-ḥkṣaṇe kṣaṇe lakṣa-
15 yet, na tu sakṛdeva, prāṇādīnām yathāsvam lakṣaṇod-

ayājjanīyāditi | na kevalam kevalā-dyathāsvaṃ lakṣaṇo-
 dayāt prāṇādīnāmāvṛtiṃ lakṣayet, yāvadupaśayādapye-
 śaṃ gūḍhāmapyāvṛtimavagacchet | tatra prāṇādīnāmek-
 aikenānyonyāvaraṇe viṃśatirbhedāḥ | evamekena dvayo- 5
 rdvābhyāṃ caikasyāvaraṇe nirūpyamāṇe tvamī bhedaḥ
 prāṇasyodānavyānābhyāmanyonyāvaraṇe dvau bhedau |
 evamudānasamānābhyāmudānāpānābhyāṃ [vyānasamā-
 nābhyāṃ vyānāpānābhyāṃ samānāpānābhyāṃ] ca sah-
 ānyonyāvaraṇe parāṇi pañca dvikāni, iti prāṇasya dvād-
 aśa bheda bhavanti | udānasya ṣaṭ | vyānasya dvau | evaṃ 10
 vyānasyodānādibhistribhiranyonyāvaraṇe ṣaṭ | udānasya
 dvau | prāṇasyodānādibhiścaturbhidvau cānyonyāvaraṇ-
 ādbhedau bhavataḥ | tathā, prāṇādīnāṃ pittādibhirdvād-
 aśabhirāvṛtatvāt dvādaśaprakārāṇāmanyonyānāṃ miśra-
 nāt catvāriśatāni viṃśatyuttarāṇi bhavanti | evamanyada- 15
 pyāvaraṇaṃ nirūpyam | § 11842

3.16.96 Aṣṭāṅgahr̥dayasamhitā

viśeṣājīvitam prāṇa udāno balamucyate | | 56 | |
 syāttayoḥ pīḍanāddhānirāyusaśca balasya
 ca | | 57 | | § 11844

3.16.97 Sarvāṅgasundarā

prāṇādayaḥ sarva eva vātā jīvitam, viśeṣeṇa tu prāṇākhyo
 vāyurjīvitamucyate | tathā, udānākhyo vāyurviśeṣeṇa bal-
 amucyate | yataścaivamatastayoḥ-prāṇodānayoḥ, pīḍanāt-
 kṣobhaṇāt, yathāsvamāyuso balasya ca hānirbhavet | ta- 5
 smāddhetoḥ prāṇodānākhyau pavanāvāhārādīnā yatnena
 bhiṣajā rakṣyau | tathā ca vakṣyati (hr̥. ci. a. 22 | 69) -
 "prāṇo rakṣyaścaturbhyo+api tatsthitau dehasamsthitah | "
 iti | § 11845

3.16.98 Aṣṭāṅgahr̥dayasamhitā

āvṛtā vāyavo+ajñātā jñātā vā vatsaraṃ sthitāḥ | | 57 | |
prayatnenāpi duḥsādhyā
bhaveyurvā+anupakramāḥ | | 58 | | § 11847

3.16.99 Sarvāṅgasundarā

vātādīnāmanyamenāvṛtā ityevamajñātāḥ-samyaganiścītāḥ,
varṣoṣītāḥ prayatnenāpi duḥsādhyāḥ-kṛcchrasādhyā bha-
veyuḥ | jñātā vā-pittādīnā āvṛtā yathāvatsamyanniścayaṃ
gatāḥ, vatsaraṃ sthitāḥ | vāśabda evārthe, anupakramā
5 eva bhaveyuḥ | tato vātā āvṛteḥ prayatnena rakṣaṇīyāḥ |
§ 11848

3.16.100 Sarvāṅgasundarā

teṣāṃ-vāyūnāṃ, āvṛtānāmupekṣaṇāt-acikitsanāt, vidra-
dhyādaya upadravā jāyante | tasmāttadupakrame ya-
titavyamiti | iti śrīmṛgāṅkadattaputraśrīmadaruṇadatta-
viracitāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarvāṅgasundarākhyā-
5 yāṃ ṛtīye nidānasthāne vātaśoṇitanidānaṃ nāma ṣoḍ-
aśo+adhyāyāḥ samāptaḥ | | 16 | | § 11849

3.16.101 Aṣṭāṅgahr̥dayasaṃhitā

vidradhiplīhahr̥drogagulmāgnisadanādayaḥ | | 58 | |
bhavantyupadravāsteṣāṃāvṛtānāmupekṣaṇāt | | 16 | |
58 1/2 | | 16 | | § 11852
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira-
5 citāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ ṛtīye nidānasthāne vā-
taśoṇitanidānaṃ nāma ṣoḍaśo+adhyāyāḥ | | 16 | | § 11853

3.16.102 Sarvāṅgasundarā

teṣāṃ-vāyūnāṃ, āvṛtānāmupekṣaṇāt-acikitsanāt, vidra-
dhyādaya upadravā jāyante | tasmāttadupakrame ya-
titavyamiti | iti śrīmṛgāṅkadattaputraśrīmadaruṇadatta-
viracitāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarvāṅgasundarākhyā-

yāṃ ṛtīye nidānasthāne vātaṣṇitanidānaṃ nāma śoḍ-
aśo+adhyāyaḥ samāptaḥ | | 16 | | § 11854

4 cikitsāsthānam : 4

4.1 jvaracikitsitādhyāyaḥ : 1

4.1.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto jvaracikitsitaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 11856

4.1.2 Sarvāṅgasundarā

iti ha smāhurātreyādayo maharṣaya ityanenāgamaśaraṇa-
tvamātmanaḥ pratipādayati | § 11857

4.1.3 Āyurvedarasāyana

atha cikitsāsthānamārabhyate, nidānasthānānantaratvāt |
tatrādao jvaracikitsā[māha]-athāta iti | vyākhyā pūrvavat |
cikitsitaṃ-vyādhipratikāraḥ, taṃ vyākhyāsyāma iti | § 11858

4.1.4 Aṣṭāṅgahr̥dayasaṃhitā

āmāśayastho hatvā+agniṃ sāmo mārgān pidhāya
yat | | 1 | |
vidadhāti jvaraṃ doṣastasmātkurvīta
laṅghanam | | 1 | |
prāgūpeṣu jvarādao vā, balaṃ yatnena
pālayan | | 2 | |
balādhiṣṭhānamārogyamārogyārthaḥ
kriyākramaḥ | | 2 | | § 11862

4.1.5 Sarvāṅgasundarā

āmāśayastho doṣo vahniṃ hatvā | sahāmena vartata
iti sāmaḥ | tatha, mārgān pidhāya-strotāṃsi sthagayi-
tvā, yatyasmāddhetoḥ, jvaram vidadhāti, tasmātkāraṇ-
āllaṇanam kurvīta | laṅghanamatropavāsaḥ | tathā co-
5 ktam | "laṅghanasyāviśeṣoktāvupavāsam prakalpayet |"
iti | ata evāyamapi vakṣyati (ślo. 10)- "tasmādādoṣapac-
anājjvaritānupavāsayet |" iti | kadā laṅghanam kurvīta ?
ityāha-prāgūpeṣu-pūrvalakṣaṇeṣūtpannamātreṣveva, jva-
rādau vā-utpannamātre jvare sati | kiṃ kurvan laṅghanam
10 kurvīta ? ityāha-balam yatnena pālayan,- prāṇāṃstātpary-
eṇa rakṣan, tadavirodhenetyarthaḥ | nanu, kuta evaṃ vi-
dhīyate ? ityāha-balādhiṣṭhānamityādi | yasmādārogyam-
svāस्थ्यam, balādhiṣṭhānam | balamadhiṣṭhānam-āśrayo,
yasya tadevam | tathā, kriyākrama ārogyārthaḥ-svāस्थ्यaprayojanaḥ | gh
15 § 11863

4.1.6 Āyurvedarasāyana

laṅghane vihite sati yatsyāt tadāha-laṅghanamāha-āmāśayastha
iti | āmāśayasthatvādicatuṣṭayam laṅghanasādhyatve he-
tuḥ | prāgūpajñānadine laṅghanam kāryam | tadatikr-
ame [jvarādau] rūpajñānadine | | laṅghanasyārogyārth-
5 atvāt, ārogyasya balādhīnatvāt, yāvanna balakṣayastā-
vat [laṅghanam] kāryam | vaṅgasene tu (jvarādhikāre
ślo.141)-"jvarasya pūrvarūpeṣu vartamāneṣu buddhimān |
pāyayetsarpiracchaṃ tu tataḥ sa labhate sukham | | vidh-
irmārutajeṣveṣa paittikeṣu virecanam | mṛdu pracchard-
10 anam tadvat kaphajeṣu vidhīyate | | sarvam tridoṣajeṣū-
ktam yathādoṣam vikalpayet |" iti | etacca prakṛtidesākāl-
ādibhirdoṣasya jñāne sati jñeyam, pūrvarūpeṇājñānāt | ta-
tra ca laṅghanamevāniṣiddham | gh § 11864

4.1.7 Aṣṭāṅgahr̥dayasaṃhitā

laṅghanaiḥ kṣapite doṣe dīpte+agnau lāghave sati | | 3 | |

svāsthyam kṣuttr̥ḍ ruciḥ paktirbalamoḥśca
jāyate | | 3 | | § 11866

4.1.8 Āyurvedarasāyana

laṅghanaphalamāha-laṅghanairiti | laṅghanāni dvādaśa
vamana virecanabastinasyaraktaxsrāvādīpanapācanāna-
varjanodakavarjanavyāyāmātāpamārutabhedādbhavanti |
§ 11867

4.1.9 Sarvāṅgasundarā

laṅghanaiḥ-upavāsaiḥ, doṣe-pūrvokte, kṣapite-kṣayaṃ nīte,
tathā+agnau dīpte-samidhe sati, tathā lāghave+aṅgānām
sati, svāsthyādi jāyate | svāsthyam-yathāprakṛitvam | ruciḥ-
annābhilāṣaḥ | pakṣiḥ-pāka āmasya | balaṃ-utsāhaḥ | ojaḥ-
paraṃ dhātutejaḥ | kṣapidhāturanukto+api dhātugaṇe śi- 5
ṣṭaprayogatavaśādāṅgīkṛtaḥ | laṅghanairiti jātau bahuva-
canam(?) | tena kadācidenaiva laṅghanena kadācidane-
kairidoṣakṣayo jāyata iti jñeyam | § 11868

4.1.10 Aṣṭāṅgahr̥dayasaṃhitā

tatrotkṛṣṭe samutkliṣṭe kaphaprāye cale male | | 4 | |
sahr̥llāsaprāsekaṅnadveṣakāsaviṣūcike | | 4 | |
sadyobhuktasya sañjāte jvare sāme
viśeṣataḥ | | 5 | |
vamaṇam vamaṇārhasya
śastam----- | | 5 | | § 11872

4.1.11 Āyurvedarasāyana

jvaraviśeṣe vamaṇamāha-tatrotkṛṣṭa iti | utkṛṣṭadoṣādiṣve-
kādaśeṣu jvareṣu vamaṇam śastam | tathā+api sāme viśeṣ-
eṇa | utkṛṣṭaḥ-atiprabhūtaḥ | samutkliṣṭo-bahirnirjigamiṣuḥ |
kaphaprāyaḥ-śleṣmabahulaḥ | calaḥ-cañcalaḥ | § 11873

4.1.12 Sarvāṅgasundarā

tatra-tasminmale, utkr̥ṣṭe-svajanmaguṇakarmalakṣaṇato+adhike |
tathā, kaphaprāye-kaphabahule vātākhye pittākhye veti
sāmarthyādgamyate | samutkliṣṭe-svasthanāccalite bahir-
eniryāte | tathā, cale-śithile, utkliṣṭe+api hi kadācit sth-
5 ānāvaṣṭambhādacalaḥ syāt | etadeva kaphotkliṣṭādikaṃ
darśayati-saḥṛllāsesyādi | ḥṛllāsādīnāṃ dvandvaḥ | saha
tairvartate yastasmin | ḥṛllāsaḥ-udvamanamivānubhavaḥ |
udvamanam-ḥṛdayasya | prasekaḥ-pānīyasyeva niṣṭhīva-
nam | sadyobhuktasyetyādi | īdṛśo male sati sadyaḥ kṛtāh-
10 ārasya jvare sañjāte viśeṣeṇa sāme jvare vamanārhasya va-
manam śastam | vamanārḥaḥ-vamanavirecanavidhau pro-
ktāḥ | § 11874

4.1.13 Aṣṭāṅgahr̥dayasam̐hitā

-----kuryāttadanyathā | | 5 | |
śvāsātīsārasammohahr̥dgogaviṣamajvarān | | 6 | | § 11876

4.1.14 Sarvāṅgasundarā

anyathā-uktavidhiviparyayeṇa, tat-vamanam kṛtam, śvā-
sādīn kuryāt | tathā,-anutkliṣṭaḥ kaphapradhānaḥ sthiro
ḥṛllāsādirahito-viparītaḥ | § 11877

4.1.15 Āyurvedarasāyana

vamanadravyāṅyāha-anyathāvamane doṣamāha-kuryāttaditi |
§ 11878

4.1.16 Āyurvedarasāyana

vamanayogānāha-pippalībhiryutāniti | pippalīndrayavaya-
ṣṭīmadhuyuktairmadanaphalaistrayaḥ | samadhūṣṇodak-
asalavaṇodakapaṭolādyudakamade(nthe)kṣurasamadyairāloḍanārthe
pratyekam | kalpoditāni vā-yathālābham yathāsātmyam
5 yathādoṣam ca prayogārthamanekadhopedeśāt | ata evo-
ktaṃ balakālavibhāgavit | evam sarvatra jñeyam | § 11879

4.1.17 Aṣṭāṅgahr̥dayasaṃhitā

pippalībhiryutān gālān kaliṅgairmadhukena vā | |6| |
uṣṇāmbhasā samadhunā pibetsalavaṇena
vā | |7| |
paṭolanimbakarkoṭavetrapatrodakena vā | |7| |
tarpaṇena rasenekṣormadyaiḥ kalpoditāni
va | |8| |
vamanāni prayuñjīta
balakālavibhāgavit | |8| | § 11884

5

4.1.18 Sarvāṅgasundarā

gālo-madanaphalam, asya nirapāyatvācśreṣṭhatvāccapi-
pppalyādīdravyebhyo+anena sahopayogibhyo bahūpayo-
gitayā pradhāvavibhaktiyā prāgupanyāsaḥ | anyathā "ka-
lpayetsadṛśān bhāgān pramāṇaṃ yatra noditam |" (hr̥. ka.
a. 6/24) iti madanaphalena pippalyādīnāṃ ca tulyaṃ pra- 5
māṇaṃ prāpnuyāt | pippalībhiryutān gālānathavā śakray-
avairyutānathavā madhuyasṭikayā vā yutānathavoṣṇāmb-
unā māṅṣikayutena vā saha pibet | athavā paṭolādīnāṃ pa-
trodakena vā saha pibet | athavā tarpaṇādibhiḥ pibet | ath- 10
avā kalpoditāni-vamanakalpoktāni vamanāniyogyāni pra-
yuñjīta | balakālavibhāgaviditi asyāṃ dehabalāvasthāyāṃ
tathā vyādhibalāvasthāyāṃ cedāṃ vamaṇaṃ dātum̐ yogy-
amiti yo vibhāgaṃ vetti sa balakālavibhāgavit | § 11885

4.1.19 Aṣṭāṅgahr̥dayasaṃhitā

kṛte+akṛte vā vamaṇe jvarī kuryādviśoṣaṇaṃ | |9| |
doṣāṇāṃ samudīrṇānāṃ pācanāya śamāya
ca | |9| | § 11887

4.1.20 Sarvāṅgasundarā

vamaṇe yogyo yo jvarī sa kṛte vamaṇe, aparastu vam-
ane+ayogyaḥ so+akṛte vamaṇe, viśoṣaṇaṃ-upavāsalaḥkṣaṇaṃ,

kuryāt | evaṃ kṛtavamano+akṛtavamano vā jvarī sarv-
athā lañṇanaṃ kuryāt | kimartham ? ityāha-doṣāṅṇaṃ-
vātādīnāṃ, samudīrṇānāṃ-samantātsamutthānāṃ, pācanāya-
paktyartham, śamāya-śāntyartham ca | niramāṅṇāṃ punaḥ
5 samudīrṇānāṃ śāntyarthameva | § 11888

4.1.21 Āyurvedarasāyana

annavarjanamāha-kṛte+akṛte veti | kṛte vamaṇe vamaṇa-
yogyatvābhāvādakṛte vā | apakvānāṃ pācanāya, pakvā-
nāṃ śamanāya | § 11889

4.1.22 Aṣṭāṅgahr̥dayasaṃhitā

doṣeṇa bhasmanevāgnau śanne+annaṃ na
vipacyate | | 10 | |
tasmādādoṣapacanājījvaritānupavāsayet | | 10 | | § 11891

4.1.23 Sarvāṅgasundarā

doṣeṇa-āmākhyena vātādīnā vā sahaikalolībhūtena, agnau
śanne-cśādite, annamāmāśayastham na vipacyate bha-
smaneva | yathā bāhyo+agnau sthagite toyataṇḍulād-
ikaṃ sthālīstham na vipacyate, tathāivāmāśayastham-
5 annamāmena śanne+agau na vipacyate | yataścaivaṃ
tasmāddhetorāmadoṣasya-pūrvoktasya, pacanaṃ-pākamavadhiṃ
kṛtvā, jvaritānnarānupavāsayet | § 11892

4.1.24 Āyurvedarasāyana

viśeṣeṇa yuktimāha-āmena bhasmaneveti | § 11893

4.1.25 Aṣṭāṅgahr̥dayasaṃhitā

tr̥ṣṇagalpālpamuṣṇambu pibedvātakaphajvare | | 11 | |

tatkaphaṃ vilayaṃ nītvā tṛṣṇāmāśu
 nivartayet | | 11 | |
 udīrya cāgniṃ strotāṃsi mṛdūkṛtya
 viśodhayet | | 12 | |
 līnapittānilasvedaśakṛṇmūtrānulomanam | | 12 | |
 nidrājāḍyāruciharam
 prāṇānāmavalambanam | | 13 | |
 viparītamataḥ śītam
 doṣasaññātavaraddhanam | | 13 | | § 11899

5

4.1.26 Sarvāṅgasundarā

[tṛṣṇak-] tṛṣṇāvānnaraḥ, alpālpam-stokaṃ stokaṃ, vāta-
 kaphajvare uṣṇāmbu pibet | tṛṣṇagiti " svapitṛṣornajiṇ" iti
 najiṇ | alpālpamiti "prakāre guṇavacanasya" iti dvitvam |
 tat-uṣṇāmbu pītam, kaphaṃ-vātastyānaṃ, vilayaṃ nītvā-
 vilīnavigrahatāmāpādyā, tṛṣṇāmāśu nivartayet, tarpaṇa 5
 svabhāvatvāt | tathā, agnimudīrya-samidham kṛtvā, sro-
 tāṃsi viśodhayet | kiṃ kṛtvā ? mṛdūkṛtya,-teṣāṃ srotasāṃ
 mārḍavamutpādyā | tathā, līnāni-apravṛttasvarūpāṇi cha,
 tāni pittānilasvedaśakṛṇmūtrāṇi ca, teṣāmanulomanam-
 pravartanam | tathā, prāṇānām-jīvitākhyānām, avalamb- 10
 anam | taduṣṇam jalamāśritya tathā prāṇāḥ pravart-
 anta ityarthāḥ | anena coṣṇāmbukarmakathanavyājena
 vātakaphajvarasvarūpamapi kiñcit prakāśayati | yathā,-
 vātaśoṣitena kaphena styānībhūtenātra tṛṣṇā jāyate, ta-
 thā+adhikamagnimāndyam, srotasāmaśuddhatvam, tathā 15
 līnāni pittādīnyatra syuḥ, iti | § 11900

4.1.27 Āyurvedarasāyana

udakavarjanamāha-tṛṣṇagalpālpamiti | tacca na sarvathā,
 kiñcālpālpamuṣṇāmbu ṣaḍaṅgādiṣṭam vā | tatrādyam
 vātakaphajvare, dvitīyam pittajvarādau | tṛṣṇak-tṛṣāvān |
 uṣṇāmbuḡuṇānāha-tatkaphaṃ vilayaṃ nītveti | līnānām
 pittādīnāmanulomanam | śītāmbudoṣānāha-viparītamataḥ 5
 śītamiti | doṣasaṅghātaḥ-āmapittaṣleṣmarasādisaṅghātaḥ |
 § 11901

4.1.28 Āyurvedarasāyana

uṣṇāmbu jvaraviśeṣe niṣedhati-uṣṇamevaṃguṇatve+apīti |
ekāntapittale-pittajvare | udriktapitte-saṃsargaje sannipā-
taje vā | davathuḥ-indriyasannipādyah (?) | § 11902

4.1.29 Aṣṭāṅgahr̥dayasaṃhitā

uṣṇamevaṃguṇatve+api yuñjyānnaikāntapittale | | 14 | |
udriktapitte davathudāhamohātisāriṇi | | 14 | |
viṣamadyotthite grīṣme
kṣataksīṇe+asrapittini | | 15 | | § 11905

4.1.30 Sarvāṅgasundarā

evaṃguṇamapyuṣṇāmbu ekāntapittale-kevalapittale jvar-
iṇi, vā, na yuñjyāditi | tathā, udriktaṃ-adhikaṃ, pittaṃ
yasmimstasmimśca na yuñjyāt | tatha, taduṣṇāmbu da-
vathvādimati nare na yuñjyāt | cakṣurādibhyo yastīvra
5 ūṣmā pravartate sa davathuḥ | sarvāṅgīṇastīvra ūṣmā-
dāhaḥ | moho-bhramaḥ | tathā, viṣamadyābhyāmutthite-
jāte jvare | tathā, grīṣmakāle | tathā, kṣataśca kṣīṇaśca
kṣataksīṇaḥ, kṣataḥ-uraḥkṣataḥ, kṣīṇo-dhāt vapacayavān,
tasmiṃstathābhūte nare na yuñjyāt | tathā, asrapittani-
10 raktapittavati [nare, na yuñjyāt] | § 11906

4.1.31 Āyurvedarasāyana

niṣeddho [ṣṇo] dakānāṃ śītodakamāha ghanacandanety-
ādi | [candanaśabdena raktacandanam grāhyam,] "cand-
ane raktacandanam" iti vacanāt | § 11907

4.1.32 Aṣṭāṅgahr̥dayasaṃhitā

ghanacandanaśuṅṭhyambuparpaṭośīrasādhitam | | 15 | |
śītaṃ tebhyo hitaṃ toyaṃ pācanaṃ
tṛḍjvarāpaham | | 16 | | § 11909

4.1.33 Sarvāṅgasundarā

tebhyaḥ-udriktapittādibhyaḥ pipāsibhyo,ghanādisādhitam
śītam toyam hitam | pānīyasādhanē ca tantrāntare vidhir-
ukto yathā-"karṣam grhītvā dravyasya toyasya prastham-
āvapet | ardhāvaśeṣam tadbhāhyam toyapāne tvayam vi-
dhiḥ | |" iti | § 11910

5

4.1.34 Aṣṭāṅgahrdayasaṃhitā

ūṣmā pittādrte nāsti jvaro nāstyūṣmaṇā vinā | | 16 | |
tasmātpittaviruddhāni tyajet
pittādhike+adhikam | | 17 | | § 11912

4.1.35 Sarvāṅgasundarā

pittam vinā ūṣmā na vidyate, jvaraśoṣmaṇā vinā nāsti, sa-
ntāpalakṣaṇatvāt jvarasya | yataścaivam tasmādyāni pitta-
sya viruddhānyāhāravihārādīni tāni sarvasmin jvare tyaj-
et | pittādhike punaradhikam kṛtvā-atiśayena, tyajet | pi-
ttādhika ityatrādhikagrahaṇenedam pratipādayati,-sarvo 5
jvarastridoṣajo bhūyasā tu vyapadeśa iti | § 11913

4.1.36 Āyurvedarasāyana

.....ūṣmā-santāpaḥ | sarvasmin jvare niṣedhaḥ, pittādh-
ike tvadhikam | rāgaprāptasyāyam niṣedho na vidhiprāpt-
asyokto(ṣno)dakādeḥ | § 11914

4.1.37 Aṣṭāṅgahrdayasaṃhitā

snānābhyaṅgapradehāṃśca pariśeṣam ca
laṅghanam | | 17 | | § 11915

4.1.38 Sarvāṅgasundarā

na kevalam̐ jvare pittaviruddhāni tyajet | yāvat snānā-
dīm̐śca tyajet | snānādīnām̐ pittaharatvāśaṅkayā sevyā-
tve prāpte+acintyaprabhāvāt vāt jvare viruddhānīti tatse-
vanam̐ niṣedhati | pradehaḥ candanādyanulepaḥ | pariśe-
5 ṣam̐ ca laṅghanam̐ tyajet, yallaṅghanamupayuktamupavā-
salakṣaṇam̐ tato yadanyattat pariśeṣam̐, -śudhdyādyekādaśaparakāram̐
ca, tattyajet | upavāsalakṣaṇam̐ tu laṅghanam̐ navajvare
kartavyameva | § 11916

4.1.39 Āyurvedarasāyana

snānādīni jvare niṣedhati-snānābhyaṅgapradehām̐ śceti |
pradehaḥ-anulepanam | pariśeṣam̐ laṅghanam̐-dīpanapācanādi |
§ 11917

4.1.40 Aṣṭāṅgahr̥dayasam̐hitā

ajīrṇa iva śūlaghnam̐ sāme tīvraruji jvare | | 18 | |
na pibedaūśadham̐ taddhi bhūya
evāmamāvahet | | 18 | |
āmābhibhūtakoṣṭhasya kṣīram̐
viśamaheriva | | 19 | | § 11920

4.1.41 Sarvāṅgasundarā

yathā+ajīrṇe sāme tīvrarujiyapi śūlaghnamaūśadham̐ na
pibet, pratyavāyabhayāt | tathaiva sāme jvare dāruṇa-
pīdāvati tadānīmāmapaktyartha mustāparpaṭakādyaūśa-
dham̐ kvāthādikalpanākalpitaḥ na pibet | hi-yasmāt, tat-
5 aūśadham̐ pītam̐, asyāmavasthāyāmāmābhibhūta koṣṭha-
sya prayuktaḥ bhūya evāmamāvahet | atra ca sāma ityu-
kte bahvāma iti gamyate | alpe hyajīrṇe bheṣajamanujñāt-
ameva | tathā covāca tantrakārah (hr̥.sū.a.8/19)-"jīrṇāśane
tu bhaiṣajyam̐ yuñjyātstabdhagurudare | doṣaśeṣasya pā-
10 kārthamagneḥ sandhukṣaṇāya ca | |" iti | tasmātsāmo ba-
hvāma iti bodhyam | athātra dr̥ṣṭāntamāhakṣīram̐ viśama-

heriva | yathā kṣīraṃ viṣaghnamapyabhihitamahīnāṃ ta-
deva viṣaṃ kuryāt | § 11921

4.1.42 Āyurvedarasāyana

niṣedhe yuktimāha-ajīrṇa iva śūlaghnamiti | yathā viṣa-
ghnamapi kṣīraṃ viṣābhibhūtakoṣṭhe viṣavardhanam, eva
māmaṇnamapyauṣadhaṃ āmābhibhūtakoṣṭhe āmavardh-
anam | vaṅgasene tu(?)-"vaiyātyādyadhiko+apyatra bhe-
daḥ kartumihecśati | kadā tenaiva kartavyo medo naivā- 5
nyathā bhavet | | kaṣāyaṃ pippalīmūlatrivṛccūrṇāvacūrṇ-
ikam | sāmajvare kaphoraske etatsraṃsanamucyate | | ya-
vakṣārānvito yadvā kvātho dhānyapaṭolayoḥ | " iti | § 11922

4.1.43 Aṣṭāṅgahrdayasaṃhitā

sodardapīnasaśvāse jaṅghāparvāsthīśūlini | | 19 | |
vātaśleṣmātmake svedaḥ praśastaḥ, sa
pravartayet | | 20 | |
svedamūtraśakṛdvātān kuryādagneśca
pāṭavam | | 20 | | § 11925

4.1.44 Sarvāṅgasundarā

udardādayaḥ prāguktāḥ | udardaśca pīnasaśca śvāsaśca
taiḥ saha vartate yo jvarastasmin | tathā, jaṅghe, ca pa-
rvāṇi cāsthīni cha, tatra śūlaṃ, tadvidyate yasya tasmi-
mśca | tathā, vātaśleṣmātmake vātakaphodbhave svedaḥ
praśasto-hitāḥ | sa ācaritaḥ svedādīn pravartayet | agneśca 5
pāṭavaṃ-dīptataratvaṃ, vidadhyāt | § 11926

4.1.45 Āyurvedarasāyana

jvaraviśeṣe svedamāha-sodardapīnasaśvāsa iti | "udarda
ukto vakṣobhiṣyando+anyaiḥ śītavepathuḥ | śītāmbuspa-
rśajaḥ śoṭho rāgakaṇḍūyuto+aparaiḥ | | " ityāyurvedapra-
kāśoktastrividho+apyudardaḥ | svedaguṇānāha-sa prava-

rtayet | svedanutreti | svedaḥ svedādīn pravartayet | si-
ddhayoge tu (jvarādhikāre ślo. 131)-"kharparabhṛṣṭa [pa-
ṭasthitakāñjikasikto hi vālukāsvedaḥ | śamayati vātakaph-
āmāyamastakaśūlāṅgabhaṅgādīn | |"] iti | § 11927

4.1.46 Aṣṭāṅgahr̥dayasaṃhitā

snehoktamācāravidhiṃ sarvaśaścānupalayet | | 21 | | § 11928

4.1.47 Sarvāṅgasundarā

tathā, snehoktaṃ-snehavidhyadhyāye kathitaṃ, cācāravidhiṃ
ca sarvaśo+anupālayet, kuryādityarthaḥ | § 11929

4.1.48 Āyurvedarasāyana

snehavidhyuktaṃ niyamamatidiśati-snehoktamiti | sneh-
oktamācāravidhimiti uṣṇodakopacārīti | § 11930

4.1.49 Āyurvedarasāyana

laṅghanādīnāṃ prayogakālamāha-laṅghanam svedanam-
iti | laṅghanam-vamanam, kṣuttr̥ṣo kālaśabdena grah-
aṅāt | yathāvasthamiti utkr̥ṣṭadoṣādyavasthāyāṃ vama-
nam, sodardatvādyavasthāyāṃ svednam, sāmatvamātrā-
5 vāsthāyāṃ kālaḥ, kṣudbodhāvasthāyāṃ yavāgūḥ, mṛdu-
jvaratvādyavasthāyāṃ tiktako rasaḥ | anutpannaitadava-
sthe tu jvare krameṇa laṅghanādīni kuryāt | jvare "laṅgha-
nam kurvīta" ityuktaṃ | § 11931

4.1.50 Aṣṭāṅgahr̥dayasaṃhitā

laṅghanam svedanam kālo yavāgvastiktako rasaḥ | | 21 | |
malānāṃ pācanāni syuryathāvastham krameṇa
vā | | 22 | | § 11933

4.1.51 Aṣṭāṅgahr̥dayasaṃhitā

sa-malānāṃ-sāmānāṃ vātādīnāṃ pṛthaksthitānāṃ
 saṃsargasthitānāṃ sannipātasthitānāṃ ca,
 samarthyāllaṅghanādayastiktarasāvasānāḥ
 pācanāni syuḥ |
 yathāvasthaṃ-avasthānatikrameṇa |
 kasyāñcijjvarāvasthāyāṃ
 laṅghanāṃ-upavāsakṣaṇāṃ, malānāṃ
 pācanāṃ syāt | kasyāñcit svedanāṃ syāt |
 [kasyāñcit] kālah ṣaḍahākhyāḥ |
 kasyāñcidyavāgvah-pekāḥ | kasyāñcittiktako
 rasah-tiktarasāgr̥tadravyopayogaḥ |
 evamavasthāvaśāt laṅghanādayastiktarasāntā
 malānāmekaikaśaḥ pācanāni syuḥ | athavā
 krameṇaiva pācanāni syuḥ,
 yathā-laṅghanāṃ svedanāṃ ca kṛtvā
 ṣaḍahādūrdhvaṃ yavāgvastiktako rasah
 pācanānyavipakvānāṃ malānāṃ taruṇe jvare
 syuḥ | tatra "āmāśayasthaḥ" (ślo.1) ityādinā
 granthena nirdiṣṭā laṅghanayogyāvasthā,
 "sodardapīnasa" (ślo. 19) ityādinā ca
 svedanayogyāvasthā, "ityayaṃ ṣaḍaho neyaḥ"
 (ślo. 38) ityādinā ca nirdiṣṭā kālayogyāvasthā,
 "yuktaṃ laṅghitaliṅgaistutaṃ" (ślo. 24)
 ityādinā peyāyogyāvasthā, "udriktapitte" (ślo.
 14) ityādinā ca tiktarasopayogayogyāvasthā,
 iti yathāvasthaṃ draṣṭavyam | kramastu
 yathā,-vātaśleṣmake sāme jvare prathamāṃ
 laṅghanāṃ kurvanneva svedanāṃ
 dvitrādidinalakṣaṇāṃ ca kālaṃ
 laṅghitalakṣaṇayuktasya
 yavāgvādipeyādyannabhuktasyānantaram
 mustāparpaṭakādītiktarasopayogaḥ, iti
 kramārthaḥ |
 asyaviśiṣṭaviṣaye+apavādamāha-§ 11934

4.1.52 Aṣṭāṅgahr̥dayasaṃhitā

śuddhavātakṣayāgantujīrṇajvariṣu lañṇanam | | 22 | |
neṣyate-----
| | 23 | | § 11936

4.1.53 Sarvāṅgasundarā

śuddhena vātena-āmadoṣādyaduṣṭena, yo jvaraḥ sa śu-
ddhavātajvaraḥ | kṣayeṇa-dhātvpacayādilakṣaṇena, yo
jvaraḥ sa kṣayajvaraḥ | yaśca bhūtaviṣavāyvagnisamprah-
ārādisamudbhavaḥ sa āgantujvaraḥ | tathā, ataruṇo jvaraḥ
5 sa jīrṇajvaraḥ | te vidyante yeṣāṃ ta evaṃbhūtāḥ | teṣu la-
ñṇanam neṣyate | teṣu tarhi kiṃ kāryam ? ityāha- § 11937

4.1.54 Āyurvedarasāyana

jvaraviśeṣe lañṇanam niṣedhati-śuddhavātakṣayeti | śuddhavātaḥ-
nirāmaṃyuh | kṣayo-rājayakṣmā | āgantuh-abhiñātādijah |
jīrṇaḥ-cirakālajah | § 11938

4.1.55 Aṣṭāṅgahr̥dayasaṃhitā

-----teṣu hi hitam śamanam yanna
karśanam | | 23 | | § 11939

4.1.56 Āyurvedarasāyana

hi-yasmāt, teṣu śamanam hitam | kiṃ lañṇanabhedaḥ ?
netyāha-yanna karśanam,- br̥mhaṇabheda ityarthah | "br̥-
mhaṇam śamanam tveva vāyoḥ pittānilasya ca | " (hr̥.sū.a.
1417) iti vacanāt | vaitrāśamyamātra (?)nivārakabr̥mhaṇalābhārtham
5 śamanaśabdoktiḥ | vaṅgasene tu (jvarādhikāre ślo.166)-
"kāryam na bāle vṛddhe vā | " iti | § 11940

4.1.57 Sarvāṅgasundarā

hi-yasmāt, teṣu-śuddhavātādijvareṣu, śamanam hitam | śamanasya santarpaṇāpatarpaṇarūpeṇa dvaividhyāt kiṃ tacśamanam tebhyo hitam ? ityāha-yanna karśanam, br̥mhaṇamityarthaḥ | yadyevam tatspaṣṭameva br̥mhaṇamityetadeva kasmāna kṛtam ? kiṃ śamanam yanna karśan- 5
amiti padadvayopādānena ? brūmaḥ | arthāntaradyotanā-
rthametaduktam | tathā cāyamartho viśiṣṭa ubhayayorup-
ādānena prakāśyate | yathā-na sarvasarvikayā yadbr̥mha-
ṇam śamanam tattebhyo hitam | kintarhi ? kiñcidbr̥maṇam
śamanam tattebhyo hitamiti | § 11941 10

4.1.58 Aṣṭāṅgahr̥dayasaṃhitā

tatra sāmajvarākṛtyā jānīyādaviśoṣitam | |23| |
dvividhopakramajñānamavekṣeta ca
laṅghane | |24| | § 11943

4.1.59 Āyurvedarasāyana

alaṅghitalakṣaṇamāha-tatra sāmajvarākṛtyeti | "jvaropa-
dravatīkṣṇatvam" ityādi sāmajvarākṛtyā alaṅghitalakṣ-
aṇe siddhe+apyalaṅghitalakṣaṇam lakṣaṇasaṅkare laṅgh-
ito+abhūditievamarthaḥ | laṅghitalakṣaṇamāha dvividhopakrame-
"vimalendriyatāsargaḥ" ityādi | § 11944 5

4.1.60 Sarvāṅgasundarā

[tatra-] teṣu jvareṣu, madhye, sāmajvarasyākṛtyā lakṣa-
ṇena "jvaropadravatīkṣṇatvam" (hr̥. ni. a. 2/54) ityādinā,
aviśoṣitam-alaṅghitam, vidyāt | laṅghane-laṅghanalakṣaṇāpekṣayā,
dvividhopakramajñānam-dvividhopakramaṇīyādhyāyoktalakṣaṇam,
cavekṣeta | tallakṣaṇam-ca-"vimalandriyatā sargo malā- 5
nām" (hr̥.sū.a.14/17) ityādi | "atikārśya" (hr̥.sū.a. 14/29)
ityādibhirati laṅghitam ca | § 11945

4.1.61 Āyurvedarasāyana

peyopacāramāha-yuktaṃ laṅghitaliṅgairityādi | yathāsva-
uṣadhasiddhābhiriti | ṣaḍahaṃ mṛdutvaṃ vā-yathā+asmin
jvare yadauṣadhaṃ pācanaṃ śamanaṃ vā | maṇḍapūrvābhiḥ-
prathamadine maṇḍaḥ prayujyate, dvitīyadinādu prayu-
5 ktābhiḥ | āditaḥ-ādu, ante yūṣai rasaiścetyarthaḥ | etena
prathamadine maṇḍaḥ, dvitīyatṛtīyacaturtheṣu peyāḥ-
yavāgūvilepyaḥ, "yavāgvām ca" (ślo.37) iti vakṣyamāṇa-
tvāt, cakāreṇa vilepī, pañcame yūṣaudanaḥ, ṣaṣṭhe rasa-
udanaḥ, iti ṣaḍahamupācaret | yūṣaudanarasaudanau yu-
10 ktyā hi, "ityayaṃ ṣaḍaho neyaḥ" (ślo.38) iti vakṣyati | jvara-
mṛdutvādyavekṣya yāvadyantare (?) prakārāntaraṃ sv-
ayamūhyam | uktopacārāphalamāha-tasyāgniriti | tasya-
laṅghitasya | tābhiḥ-maṇḍādirasayūṣarasapeyādibhiḥ | § 11946

4.1.62 Aṣṭāṅgahr̥dayasam̐hitā

yuktaṃ laṅghitaliṅgaistu taṃ peyābhirupācaret | | 24 | |
yathāsva-uṣadhasiddhābhirmaṇḍapūrvābhirāditaḥ | | 25 | |
ṣaḍahaṃ vā mṛdutvaṃ vā jvaro
yāvadvāpnyāt | | 25 | |
tasyāgnirdīpyate tābhiḥ samidbhiriva
pāvakaḥ | | 26 | | § 11950

4.1.63 Sarvāṅgasundarā

laṅghitaliṅgaiḥ-viśoṣitalakṣaṇaiḥ, yuktaṃ jvaritaṃ naraṃ
jñātvā taṃ peyābhirupācaret | kimbhūtābhiḥ ? yathāsv-
auṣadhasiddhābhiḥ | yadyatsvaṃ yathāsvamiti vīpsāyā-
mavyayībhāvaḥ | yathāsvaṃ ca tadauṣadhaṃ ca yathā-
5 sva-uṣadham | vātādeḥ pṛthagrūpasya saṃsr̥ṣṭasya sann-
ipatitasya yadyasya yogyamauṣadhaṃ tena siddhābhiḥ-
vakṣyamāṇaiḥ peyādidravayairyathāyathaṃ yogyaiḥ kṛtā-
bhiritiyarthaḥ | kimbhūtābhiḥ ? maṇḍaḥ pūrvāḥ-pradhānaḥ,
acchatayā yābhyastābhiriti samāsaḥ | evaṃ maṇḍāt kiñc-
10 iddhanāḥ peyāḥ kāryā ityartho+avatiṣṭhate | na tu ma-

ṇḍaḥ pūrvah-pratham+abhyavahāro, yāsām tā maṇḍa-
 pūrvā iti vyākhyeyam | evaṃ hi vyākhyāyamāne sarvā-
 sām peyānām maṇḍapūrvāṇām jvare+abhyavahāraḥ prā-
 pnoti | tataśca (ślo.27)-"sr̥ṣṭaviḍbahupitto vā saśuṅṭhīmā-
 kṣikām himām peyām pibet | " tāmapi maṇḍapūrvā pibet, 5
 na kevalāmiti | etaśca kriyamāṇam viruddham syāt | ta-
 thā kvathitāmalake+atyartham pittaśamane kva maṇḍaḥ
 ? tathā kva bahupitto jvarī vā maṇḍaḥ "śr̥taḥ pippalīś-
 uṅṭhībhyām yukto lājāmbudāḍimaiḥ | " (ca.sū.a. 27/256)
 ityevaṃsvarūpaḥ ? peyāyāśca jvaraghnatvamuktam | ta- 10
 thā kṣudhite samyaglaṅghitam jñātvā maṇḍāt kiñciddhan-
 ābhiḥ peyābhirasāvupācaraṇīyaḥ | tasya-jvariṇaḥ, tābhiḥ-
 peyābhiḥ, agnirdīpyate-samidhyate, samidbhiḥ-"edhaiḥ,
 yathā bāhyaḥ pāvakaḥ | muninā coktam (ca.ci.a.3/149)-
 "tāśca bheṣajasamyogāllaghutvāccāgnidīpanāḥ | coktam 15
 (ca.ci.a.3/149)-"tāśca bheṣajasamyogāllaghutvāccāgnidī-
 panāḥ | vātamūtrapurīśāṇām doṣāṇām cānulomanāḥ | sv-
 edanāya dravoṣṇatvāddravatvāttr̥ṭpraśāntaye | āhārabhā-
 vāt prāṇāya saratvāllāghavāya ca | | jvaradhyo jvarasā-
 tmyatvāttasmātpeyābhirāditaḥ | jvarānupācareddhīmān" 20
 iti | kharanādenāpyuktam-"pibedccām sasikthām vā svām
 svām peyā navajvare | " iti | kiyantaṃ kālam jvariṇam
 peyābhiruparet ? ityāha-ṣaḍahamityādi | peyābhirjvari-
 ṇam ṣaḍaham yāvadupācaret | ṣaṇṇāmahnām samāhāraḥ,
 "taddhitārthottarapada" ityādinā samāsaḥ, "rājāhaḥsakhi- 25
 bhyāṣṭac" iti ṭac, na saṅkhyādeḥ samāhāre" ityahnādeśo
 yadi śānto jvarastadā doṣadūṣyādyapekṣayā bhaktayūṣā-
 dibhirupācarediti vāśābdena gamayati | mṛdutvam veti |
 athavā ṣaḍahe+atī te+api yāvajjvaro mārḍavam gacchati
 tāvatpeyābhirupācaret | nanu, tarhi kiṃ ṣaḍaham vetyan- 30
 ena ? atra kecidevamāhuḥ | ṣaḍahādarvākprāyeṇa mṛdut-
 āyāmapi jātāyām ṣaḍaham yāvat jvariṇam peyābhirupāc-
 arediti dyotanārtham ṣaḍaham veti kṛtam | apare tu kāla
 eva bāhulyena jvaramārḍavasyeti jñāpanārthamidam kṛt-
 amiti manyante | jvaramārḍave tu jāte pācanādiyogaḥ kā- 35
 ryaḥ | tathā ca vakṣyati (ślo.39)- "tataḥ pakveṣu doṣeṣu la-
 ṅghanādyaiḥ praśasyate | kaṣāyaḥ" iti | atha tā eva peyā
 vaktumupakramate § 11951

4.1.64 Āyurvedarasāyana

peyāsu prathamam̐ lājapeyā yojetyāha-prāglājapeyāmiti |
sujarām-sukvathitām | kvathanam̐ ca śuṅṭhyādikvāthena |
kvāthaśca ṣaḍaṅgavatsādhyah̐ | salavaṇatvam̐ tu paścāt,
"kaṣāyayonayah̐ pañca rasā lavaṇavarjitāḥ |" (hr̥. ka. a.
5 6/8) iti vacanāt | "caturdaśaguṇe peyā" iti vacanāt lā-
jāscaturdaśaguṇe kvāthe kvathanīyāḥ | asyā eva peyā-
yāḥ maṇḍaḥ prathamadine peyah̐ | uktaṃ hi siddhayo-
oge (jvarādhikāre ślo. 159) "śastaṃ sulaṅghitasyādau vi-
10 dhāya kavalagraham | lājasaktukapathyam̐ syātsaindha-
venāvacūrṇitam | | raktapittahitatvena dāhajvarahr̥testa-
thā | saktavaḥ śītavīryāḥ syurlājapūrvā hitā na te | | pā-
cano dīpano lājamaṇḍastenoṣṇa iṣyate | ato+ayam̐ da-
śamūlādisādhitō bhiṣajām̐ mataḥ | | taccejjīryatyavighn-
ena jvarī jīvettadādhr̥vam |" iti | yat "vāte vātakaphe pi-
15 tte sāmavātarujājavare | vāṭhyamaṇḍam̐ praśaṃsanti paṭ-
olamaḡadhānvitam | |" iti | tadbaddhamalaviṣayam | bh-
ṛṣṭaḥ śakalīkr̥to yavo-vāṭhyah̐ | amlārthinaḥ peyāmāha-
tathā+amlārthīti | tāṃ-lājapeyām | tathā-tadvatsādhitām |
sahadāḍimām-śuṅṭhyādiṣu dāḍimam̐ pradeyam | § 11952

4.1.65 Aṣṭāṅgahr̥dayasaṃhitā

prāglājapeyām̐ sujarām̐ saśuṅṭhīdhānyapippalīm | | 26 | |
sasaindhavām̐, tathā+amlārthī tāṃ
pibetsahadāḍimām | | 27 | | § 11954

4.1.66 Sarvāṅgasundarā

prāk-pūrvam̐ sarvābhyaḥ peyābhyo, lājapeyām̐ pibet, na tu
yavādiprakṛtijām̐ peyām | kīdr̥śīm ? sujarām, alpajatvādy-
ācchīghram̐ jarām̐ yāti tāṃ | tathā, saśuṅṭhīdhānyapippa-
līmśuṅṭhyādibhiḥ śṛtāmiti bodhyam | ata eva sasaindha-
5 vām̐iti pṛthag nirdiṣṭam | anyathā saśuṅṭhīdhānyapippa-
līsaindhavām̐iti nirdeśam̐ kuryāt | munirapyāha (ca. ci. a.
3/177)- "lājapeyām̐ ca sujarām̐ pippalīnāgaraiḥ śṛtām" ity-
ādi | sasaindhavām̐ityatra saśabdasyeṣatparyāyatvāt alpa-

saindhavāmitibodhyam | tathā, amlārthī-yo jvaryamla pr-
ārthayate saḥ, tām-pūrvoktām peyām, sahadāḍimām pi-
bet | pūrvasyāḥ peyāyāḥ sadāḍimatvamevāsya viśeṣaḥ |
"vopasarjanasya" iti sahaśabdasya sabhāvaḥ | § 11955

4.1.67 Aṣṭāṅgahrdayasaṃhitā

sṛṣṭavid bahupitto vā saśuṅṭhīmākṣikām
himām | | 27 | | § 11956

4.1.68 Āyurvedarasāyana

śīthilamalapittottarayoh peyāmāha-sṛṣṭaviḍiti | himāyām
mākṣikaprakṣepaḥ, kiñcinmādhuryam yathā syāt | § 11957

4.1.69 Sarvāṅgasundarā

pibedityanuvartate | sṛṣṭaviḍ-bhinnavarcā jvarī, bahupitto
vā saśuṅṭhīmākṣikām himām peyām pibet, noṣṇām nānya-
thā yo jvarī | dhānyapippalyāvatrāpāsye, śuṅṭhīgrahaṇāt |
atra ca śuṅṭhyā dravyebhyo+asaṃyogānmadhurapākatvā-
dagnimāndyotsāraṇopakṣiṇaśaktivād yuktaḥ pitte prayo- 5
gaḥ | evamanyatrāpi śuṅṭhyāḥ prayoge cintyam | saindha-
vaṃ tu tāvanmātram sarvatrāvīruddhameva | § 11958

4.1.70 Aṣṭāṅgahrdayasaṃhitā

bastipārśvaśiraḥśūlī
vyāghrīgokṣurasādhitām | | 28 | | § 11959

4.1.71 Sarvāṅgasundarā

bastyādiśūlī vyāghrīgokṣurasādhitām peyām pibet | § 11960

4.1.72 Sarvāṅgasundarā

bastyādiśūlinaḥ peyāmāha-bastipārśvaśiraḥ-śūlīti | § 11961

4.1.73 Aṣṭāṅgahr̥dayasaṃhitā

pr̥śniparṇībalābilvanāgarotpaladhānyakaiḥ | | 28 | |
siddhāṃ jvarātisāryamlāṃ peyāṃ
dīpanapācanīm | | 29 | | § 11963

4.1.74 Āyurvedarasāyana

jvarātisāriṇaḥ peyāmāha-pr̥śniparṇīti | amlāṃ-dāḍimopetām |
§ 11964

4.1.75 Sarvāṅgasundarā

pr̥śniparṇyādisādhitāṃ peyāṃ dīpanapācanīm jvarāti sār-
ravān amlāṃ pibet | dīpanī cāsau pācanī ceti puṃva-
tkarmadhārayeti puṃvadbhāvaḥ | atrāmlagrahaṇaṃ na
kartavyam | yataḥ sarvatrapeyāprasaṅge+amlārthī yo jv-
5 arī sa sadāḍimāṃ peyāṃ pibedityuktam | tasmātkiman-
ena ? brūmaḥ | amlābhilāṣī bhavatu vā mā bhavatu | ta-
thā+apyamlāmeva jvarātisārī pibedityasyārthasya dyotan-
ārthamamlāmityuktam | § 11965

4.1.76 Aṣṭāṅgahr̥dayasaṃhitā

hrasvena pañcamūlena
hikkārukśvāsakāsavān | | 29 | | § 11966

4.1.77 Sarvāṅgasundarā

pibetsiddhāmityatrānuvartate | hrasvena-br̥hatyādinā, pa-
ñcamūlena siddhāṃ peyāṃ hidhmādivān pibet | § 11967

4.1.78 Āyurvedarasāyana

hidhmādiyuktasya peyāmāha hr̥svena pañcamūleneti |
hr̥svena-br̥hatyādinā | ruk-śūlam | § 11968

4.1.79 Aṣṭāṅgahr̥dayasaṃhitā

pañcamūlena mahatā kaphārto yavasādhitam | |30| |
vibaddhavarchāḥ sayavāṃ pippalyāmalakaiḥ
kṛtām | |30| |
yavāgūṃ sarpiṣā bhr̥ṣṭām
maladoṣānulomanīm | |31| | § 11971

4.1.80 Aṣṭāṅgahr̥dayasaṃhitā

sa-kaphārto naro bilvādinā-mahatā, pañcamūlena saha
yavasādhitām pibet | taṇḍulā evātra
prakṛtitvena yojyāḥ | yavāstukvātha eva |
vibaddham-viṣṭabdham, varcaḥ-purīṣam,
yasya-narasya, sa naraḥ
sayavāṃ-yavapradhānām pibet | kimbhūtām
? pippalyāmalakaiḥ kṛtām | tathā, sarpiṣā
bhr̥ṣṭām-samyagājyena saṃskṛtām | tathā,
malaḥ-purīṣādiḥ, doṣo-vātādiḥ,
teṣāmanulomanīm-
svamārgappravartinīm | § 11972

4.1.81 Āyurvedarasāyana

kaphārtasya peyāmāha-pañcamūlena mahateti | yavarūp-
eyaṃ sarpiṣā bhr̥ṣṭā yāvanniradha(nnirdhūma)tvaṃ tāva-
tsarpiḥ santāpya tanmadhye prakṣiptām | § 11973

4.1.82 Āyurvedarasāyana

vibāddhaśūlayuktasya peyāmāha-cavikāpippalīti | § 11974

4.1.83 Aṣṭāṅgahr̥dayasaṃhitā

cavikāpippalīmūladrākṣāmalakanāgaraiḥ | |31| |
koṣṭhe vibaddhe
saruji----- | |32| | § 11976

4.1.84 Sarvāṅgasundarā

koṣṭhe vibaddhe-vibaddhadoṣādhiṣṭhāne, tathā saruji ca-
vikādibhiḥ sādhitāṃ peyāṃ pibet | § 11977

4.1.85 Aṣṭāṅgahr̥dayasaṃhitā

-----pibettu parikartini | | 32 | |
kolavṛkṣāmlakalaśīdhāvanīśrīphalaiḥ
kṛtām | | 32 | | § 11979

4.1.86 Āyurvedarasāyana

parikartinaḥ peyāmāha-pibettviti | kolaṃ badaram | kalaśī-
pṛṣṇiparnī | śrīḥ-bilvaḥ | § 11980

4.1.87 Sarvāṅgasundarā

tuḥ punararthe | parikartanaṃ-parikartikā śedanamivā-
nubhavaḥ, sa yasyāsti sa parikartī koṣṭhaḥ, tasminpa-
rikartini tu koṣṭhe, kolādibhiḥ sādhitāṃ peyāṃ pibet |
śrīphalaṃ-bilvaphalam | § 11981

4.1.88 Aṣṭāṅgahr̥dayasaṃhitā

asvedanidrastr̥ṣṇārtaḥ sitāmalakanāgaraiḥ | | 33 | |
sitābadaramṛdvīkāsārivāmustacandanaiḥ | | 33 | |
tr̥ṣṇāchśardiparīdāhajvaraghnīm
kṣaudrasaṃyutām | | 34 | | § 11984

4.1.89 Sarvāṅgasundarā

asvedanidro narastr̥ṣṇārtaśca sitādibhiḥ sādhitāṃ peyāṃ
pibet | § 11985

4.1.90 Āyurvedarasāyana

asvedanidrātrṣṇārtasya peyāmāha-asvedanidrātrṣṇārta iti | sitā-śarkarā, sā ca madhuvadyojyā | saṅgrahe (ci.a. 1)- "sitādhātryājyanāgaraiḥ" iti pāṭhaḥ | tena sarpairbhrṣṭāḥ kāryāḥ | parīvāraḥ-upadravaḥ | § 11986

4.1.91 Aṣṭāṅgahrdayasaṃhitā

kuryātpeyauşadhaireva rasayūṣādikānapi | | 34 | | § 11987

4.1.92 Sarvāṅgasundarā

peyoddiṣṭairevauşadhairmāmsarasādayo+api yathopayogaṃ kartavyāḥ | [tathā ca saṅgrahe+adhyagīṣṭa-(ci. a. 1)- "kuryāt peyauşadhareva rasayūṣādikānapi | "] raso+atramāmsarasah | yūṣāḥ-mudgādisambandhinaḥ kvāthāḥ | ādigrahaṇāt pāniyamastutakravyaṅjanādayo gr̥hyante | 5
peyādiṣu ca dravyaparimāṇādikaṃ pūrvoktaṃ sūpaśāstrādibhyo vā+avagantavyam | tathā ca tantrāntare- "peyāyūṣarasādyeṣu rasālāpānakādiṣu | dravyamātrāṃ prayuñjīta lokasiddhāṃ yathārhatāḥ | | " iti | | yasya puṃso yatparimāṇairdravyairmātrā योग्या तस्या तत्परिम- 10
āṇairdravyaireva peyādayaḥ kāryā ityarthāḥ | anye tv- evaṃ manyante,-peyāyūṣarasādyeṣu dravyaparimāṇama- lpameva kalpayitavyam | pānārthe ca yaddravyaiḥ sadh- itaṃ toyamuktaṃ tadalpaparimāṇadravyaireva sadhanī- 15
yam | alpaparimāṇenaiva dravyeṇa tattoyam samyak pā- cyate | tathā ca khāraṇādirapāṭhīt-"bahudravyo ghaṇaḥ kvāthaḥ svacchhamalpauşadhaṃ jalam | " iti | śrapaṇakr- iyāsāmānye+apyasyobhayasya pṛthaksaṃjñāvinirdeśo dr- avyaparimāṇabhedādayaṃ kvātha idaṃ jalamiti | jvari- 20
nāṃ ca prathamam yathā+aca peyā deyāstathā yūṣarasā apyacchā eva deyāḥ, agnimāndyabhayāt | kvātho+apyata eva bahuparimāṇadravyasādhyatvāddhanatayā tiktarasa- dravyakṛto+api prathamam jvare niśiddhaḥ | kiṃ sarva- tra jvare sarvāḥ sarvadā sarvasmindeśe peyā deyā na ? 25
ityāśaṅkyāha- § 11988

4.1.93 Āyurvedarasāyana

peyaṣadhaireva rasayūṣādikānapi kuryādityāha-kuryāditi |
§ 11989

4.1.94 Āyurvedarasāyana

jvaraviśeṣe peyāṃ niśedhati-madyodbhava iti | madyani-
tye puruṣe | tayoh-pittakaphayoradhikayorvā | § 11990

4.1.95 Aṣṭāṅgahr̥dayasaṃhitā

madyodbhave madyanitye pittasthānagate kaphe | | 35 | |
grīṣme tayo-
rvā+adhikayostṛtchardirdāhapīḍite | | 35 | |
ūrdhvaṃ pravṛtte rakte ca peyāṃ
necchanti----- | | 36 | | § 11993

4.1.96 Sarvāṅgasundarā

madyodbhava ityādiṣvartheṣu peyāṃ necchanti, munaya
iti śeṣaḥ | madyenodbhavo yasya tasmin madyodbhave jv-
are, tathā madyanitye puruṣe, tathā kaphe pittasthānagate
sati, tathā grīṣmakāle, tathā tayorvā+adhikayoh, tayoriti
5 pittakaphau parāmr̥ṣyete, pittakaphayoścādhikayoh, pitt-
asthānagate kapha ityastayoreva prakṛtatvāt, tathā tṛtcha-
rdirdāhaiḥ samuditaiḥ pīḍite puruṣe yo jvarastasmim̐sca,
pratyekaṃ tu tṛḍārte+anujñātaiva, āsvedanidrastr̥ṣṇātrta
ityukteḥ, dāhārte+api sṛṣṭavidbahupitto vetyāha, tathā ya-
10 syordhvaṃ pravṛtte rakte jvarastasmim̐sca peyāṃ necchh-
anti | teṣu tarhi kiṃ kāryam ? ityāha- § 11994

4.1.97 Āyurvedarasāyana

niśiddhapeyasya tarpaṇamāha-teṣu tviti | lājatarpaṇaṃ-
lājacūrṇakṛtamartham | saṅgrāhe tu (ci.a. 1)-"drākṣādāḍimakāśmaryapathyāpīlu-
jvaraghnaistoyamṛditairadbhivā lājatarpaṇān | pibetsus-
ūkṣmarajasah" iti | tatra tarpaṇaśabdena saktvaḥ | te ca lā-
5 jānām | § 11995

4.1.98 Aṣṭāṅgahr̥dayasaṃhitā

-----teṣu tu | | 36 | |
jvarāpahaiḥ phalarasairadbhirvā
lājatarpaṇān | | 36 | |
pibetsaśarkarākṣaudrān-----
| | 37 | | § 11998

4.1.99 Sarvāṅgasundarā

teṣu punarviṣayabhūteṣu lājatarpaṇān-lājasaktūn, pibet,-
peyāvasare na tu yavasaktūn pibet | jvarāpahaiḥ ph-
alarasaiḥdrākṣādīnāṃ jvaraghnānāṃ phalānāṃ rasaiḥ-
svarasaiḥ, athavā tadrasaiḥkvāthaiḥ | athavā, adbhiḥ-
jalaiḥ, kvathitaśītalairityarthādgamya | kimbhūtān lāja- 5
tarpaṇān ? saśarkarākṣaudrān | § 11999

4.1.100 Aṣṭāṅgahr̥dayasaṃhitā

-----tato jīrṇe tu tarpaṇe | | 37 | |
yavāgvām vaudanaṃ
kṣudvānaśnīyādbhr̥ṣṭataṇḍulam | | 37 | |
dakalāvaṇikairiyūṣai rasairvā
mudgalāvajaiḥ | | 38 | | § 12002

4.1.101 Sarvāṅgasundarā

tataḥ-tarpaṇapānādanantaraṃ, jīrṇe tarpaṇe, yavāgvām
veti yavāgūpānārhe nare yavāgvām jīrṇāyām, kṣudvān
puruṣo-jātabubhukṣaḥ san, dvitīye+annakāla odanamaśnīyāt-
bhuñjīta | kimbhūtān ? bhr̥ṣṭāstaṇḍulā yasmin | kiṃ keva-
lamodanaṃ bhuñjīta ? netyāha-daketyādi | dakalāvaṇikaiḥ- 5
kulatthādīnāṃ sambandhibhiryūṣaḥ-kvāthaiḥ, odanama-
dyāt | athavā, avasthāvaśāt mudgalāvajairodanamadyāt |
mudgalāvajarasairiti vaktavye rasairiti pṛthānirdeśo lā-
vajarasānāṃ prādhānyajñāpanārtham | tathā lāvajara-
sāḥ saṃskāryāḥ saṃskārakāśca mudgāḥ, ata eva ba- 10

humātrāṇaṃ lāvānāmalpānāṃ ca mudgānāmatropayo-
gaḥ kārya ityavatiṣṭhate | "nātimāṃ sāstanurasā da-
kalāvaṇikāḥ smṛtāḥ |" iti kecidāhuḥ | anyetvācakaṣate,-
"alpamāṃsapaṭusnehā dakalāvaṇikāḥ smṛtāḥ |" iti | § 12003

4.1.102 Āyurvedarasāyana

yūṣodanarasaudanāvāha-tato jīrṇe tviti | yasya tarpaṇam-
uktaṃ tasya tarpaṇe jīrṇe, yasya yavāgūrūktā tasya yavā-
gvāṃ jīrṇāyāṃ, odanamaśnīyāt | jīrṇatvamapi vikāraḥ pā-
kaḥ | sa ca dinatrayeṇa jāyate | tridinaṃ tarpaṇam yavā-
5 gūṃ vā bhuktvā tato yūṣaudanaṃ tato rasaudanaṃ bhu-
ñjītyarthaḥ | mudgajairyūṣai rasaiḥ | lāvajairdakalāvaṇ-
ikaiḥ | dakaṃ-udakaṃ, tena lavaṇena ca saṃskṛtaiḥ, akṛt-
airityarthaḥ | vāśabdādāmudgalāvajairapi yathā sātmyaṃ
dhānyāntaramāṃsāntarajaiḥ | yūṣairvā rasairveti vyākhy-
10 āne mudgalāvajairiti viśeṣaṇam na ghaṭate, kramābhāvāt |
§ 12004

4.1.103 Aṣṭāṅghṛdayasaṃhitā

ityayaṃ ṣaḍaho neyo balaṃ doṣaṃ ca
rakṣatā | | 38 | | § 12005

4.1.104 Sarvāṅgasundarā

iti-pūrvoktena prakāreṇa, prathamo jvarasya ṣaḍaho ne-
yaḥ ativāhyaḥ, nānyo jvarasya sambandhī, ityayamiti
nirdeśāllabhyate- kiṃ kurvatā bhiṣajā ṣaḍaho neyaḥ ? ba-
laṃ rakṣatā, tathā doṣaṃ tatkāle sāmaṃ vātādyanyata-
5 maṃ pṛthak saṃsrṣṭaṃ sannipatitaṃ vā tajjvarakāraṇaṃ
rakṣatā,-tatra tadrakṣāṃ kurvatā, yathā+asau doṣaḥ kṛcśr-
asādhyatāmasādhyatāṃ vā na yāti | atra ca yadi kila bal-
arakṣārthaṃ santarpaṇaṃ kriyate tadā santarpaṇasyāma-
vṛddhihetutvāt sāmō doṣo vardheta, athāmadoṣakṣapaṇā-
10 rthamapatarpaṇaṃ kurvīta tadā balahāniḥ syāt, tasmānm-
adhyamayā vṛtṭyā+avahitena vaidyenobhayaṃ rakṣatopa-
kramaḥ kāryaḥ, nātrāvahelā kāryetyarthaḥ | § 12006

4.1.105 Āyurvedarasāyana

maṇḍādyupacāramupasamharati-ityayaṃ ṣaḍaho neya iti |
§ 12007

4.1.106 Aṣṭāṅgahr̥dayasamhitā

tataḥ pakveṣu doṣeṣu laṅghanādyaiḥ praśasyate | | 39 | |
kaṣāyo doṣaśeṣasya pācanaḥ
śamano+athavā | | 39 | | § 12009

4.1.107 Āyurvedarasāyana

auśadhamāha-tataḥ pakveṣviti | tataḥ-ṣaḍahātparam | kaṣāyaḥ-
svarasādiḥ apakvadoṣaśaṅkāyāṃ pācanaḥ, tadabhāve śa-
manaḥ | vṛddhijaśanam(?) | pakveṣu doṣeṣviti dinasa-
ṅkhyānādarārtham | taduktistu kramakathanārtham | § 12010

laṅghanādyaiḥ-tiktasāvasānaistatkālocitairjvarakārisāma-
malapakṛhetubhiḥ, pakveṣu doṣeṣu tataḥ-ṣaḍahādūrdhvaṃ,
kaṣāyaḥ praśasyate | mustāparpaṭakādiḥ pācanaḥ, prā-
dhānyena pācanasaṃjñayā vihitatvāt | tathā vakṣyam-
āṅgaḥ kaliṅgakādirarghaślokasamāpanaḥ (ślo. 48) pañc- 5
aparakāraḥ śamanaḥ praśasyate, prādhānyena śamanas-
aṃjñayā vihitatvāt | tathā chādhyeṣyate tantrakṛt (ślo.
51) "pañcaite santatādīnāṃ pañcānāṃ śamanā matāḥ |"
iti | tadetadubhayaṃ-pācanaśabdaśrutyākṣipto mustāpa-
parpaṭakādiḥ śamanaśrutyākṣiptaḥ kaliṅgakādiḥ, kaṣāyaḥ- 10
kvāthaḥ, praśasyate | kasya pācanaḥ ? ityāha-doṣaśeṣasya |
ata eva pakveṣu doṣeṣu laṅghanādyairityalpapakveṣu pa-
kvaprāyeṣvīśadāmeṣu doṣeṣviti bodhyam | anyathā pakv-
asya pācanamayuktamiva syāt, piṣṭapeṣaṇanyāyenānarth-
akatvāt | tathā cāpakvaṃ yadvastujātaṃ tadagniḥ pachati, 15
pahantamagniḥ pācanaḥ pācayāta | evaṃ ca pākyābhāvāt
kimagniḥ pacatu ? kiṃ vā kaṣāyaḥ pācayatu ? ityanupap-
annamivaitatsyāt | yadā punarmustāparpaṭakādiḥ kaliṅg-
ādiranyo vā kaścit kaṣāyastiktādyanyatamo vātādidoṣajv-
araśāntyarthaṃ prayujyate tadā pācano bhavannapi śam- 20

anasamjñah, na pācanasamjñah | nanu, prathama eva dine
tiktarasakaṣāyamanujajñe tantrakṛt | tathā covācha (ślo.
15)- "ghanacandanaśuṅṭhyambuparpaṭośīrasādhitam | śī-
tam tebhyo hitam toyam pācanam tṛḍjvarāpaham | |" iti |
5 tatkathametat ? atrocyate | jvariṇah prasaktatr̥ṣo+avaśyam
pānam kiñcidvitarāṇyam | na ca (pāne) madyekṣurasad-
adhimastvāranālakṣīrādīnāmātra yogyatve+api jvarasyai-
vam vidhāni niśaddhāni tantrakṛdbhiḥ, śīśirajalamapyā-
madoṣasrotaḥsamrodhāgnisādādīnāvahet jvaram gāḍhat-
10 aram kuryāt | tasmāt pānārthe tiktasādhitamuktamambv-
anumene | dravyāṇi cātra svalpamātrayaiva yojyā nītyan-
antarameva pratyapādi | kiñca jvaritastṛṣato jalam bahau-
śadham pātumapi na kṣameta | kiñca katipayānyeva gh-
anādīni jalasaṃskāreṇa pātumanumatāni, na sakalānyapi
15 tiktānyanumatāni | kiṃtarhi ? viśiṣṭaprabhāvam darśay-
anti ghanādīnyeva | viśiṣṭaprabhāvatvam cānyatrāpi dr-
avyāṇam dṛṣṭam | yathā-śamīphalam madhuramapi ke-
śagham, tathā+amlamapyāmalakam pittakaphagham,
saindhavam lavaṇamapi cakṣuṣyam, ityādyanyadapyū-
20 hyam | tasmāt ghanādīnam pānīyasaṃskāropayogo nav-
ajvare+api hitah | § 12011

4.1.108 Aṣṭāṅgahr̥dayasaṃhitā

tiktaḥ pitte viśeṣeṇa prayojyah, kaṭukaḥ
kaphe | | 40 | | § 12012

4.1.109 Āyurvedarasāyana

yasmin doṣe yah kaṣāyastamāha-tiktaḥ pitta iti | viśeṣeṇeti
vacanāt kaphe+api, na tu vāte, viruddhatvāt | § 12013

4.1.110 Sarvāṅgasundarā

kaṣāya iti vartate | jvarasya prakṛtatvāt pitte-pittajvare, ti-
ktakaṣāyakalpanāprakārah prayojyah | tiktaḥ pitte viśeṣ-
eṇetyato viśeṣanirdeśādanyadoṣothe+api jvare tiktarasā-

dhiṣṭhito dravyakaṣāyo yathāvasthaṃ prayojyaḥ, na ke-
 valaṃ pittajvarākhye, vyādhidoṣaghnatvāt | tathā tikto
 raso nisargata eva jvaraghnaḥ śāstre+asminpaṭhitah | ya-
 thā (hr. sū. a. 10/14)- "tiktaḥ svayamarociṣṇuraruṣiṃ kṛ-
 mitṛdviṣam | kūṣṭhamūrcchājvarotkledadāhapittakaphān 5
 jayet | |" iti | munirapyavocat (cha. sū. a. 2643)- "tikto
 rasaḥ svayamarochiṣṇurarochakaghno viṣaghnaḥ krim-
 ighno mūrccchādāhapraśamanastrṣṇāpraśamanastvañmā-
 msayoḥ sthirīkaraṇo jvaraghnaḥ" ityādi | tasmādraseṣu
 yathā tiktarasasya jvaraghnatvaṃ tathā nānyeṣāṃ ras- 10
 ānāmityavehi | guḍūchyādeśca dravyasya tiktarasatvād-
 eva jvaraghnatvasya pratipāditatvāt punaryajjvaraghnatv-
 amuktaṃ tachchaktyutkarṣāyeti bodhyam | guḍūchyāśca
 muni(?)guṇānāha | yathā (saṅgrāhe a. 12)- "tikṭā+amṛtā 15
 tridoṣaghñī grāhinyuṣṇā rasāyanī | dīpanī jvara ṛddhāh-
 akāmalāvātaragktanut | |" iti | evamanyeṣāmapi dravyā-
 ṇāmādheyasāmarthyādyutkarṣasiddhamapi yat punaru-
 chyate, tatteṣāṃ tasya karmaṇaḥ śaktyutkarṣārtham bo-
 dhyam | kaṭuka ityādi | kaṭukarasādhiṣṭhito jvaraghna-
 avyaviṣeṣajaḥ kvāthaḥ kaphe-kaphajvare prayojyaḥ, na tu 20
 yaḥ kaśchitkaṭukadravyakaṣāyaḥ, sarvasya jvaraghnatvā-
 nupapatteḥ | yasmāddravyaprabhāvādviśiṣṭameva kaṭur-
 asādhiṣṭhitam kimapi yad dravyaṃ tajjavaraghnamiti ma-
 ntavyam | etadeva tasmāchchāyaṃ granthakṛt "kaphe ka-
 ṭuko yojyaḥ" iti jagāda | § 12014 25

4.1.111 Aṣṭāṅgahr̥dayasaṃhitā

pittaśleṣmaharatve+api kaṣāyaḥ sa na śasyate | | 40 | |
 navajvare, malastambhātkaṣāyo
 viṣamajvaram | | 41 | |
 kurute+arucihṛllāsahidhmādhmānādikānapi | | 41 | | § 12017

4.1.112 Āyurvedarasāyana

kaṣāyaṃ jvare niṣedhati-pittaśleṣmaharatve+apīti | kaṣāyaḥ-
 kaṣāyarasasya kaṣāyaḥ | niṣedhātikrame doṣamāha-malastambhāditi |

saṅgrahe tu (ci.a. 1)-"na cyavante na pacyante kaṣāyasta-
mbhitā malāḥ | tiryaggaṭā vimārgā vā varddhayantyapi ca
jvaram | | vahvāmakaphavātātāvācśūlānāhādikānapi | " iti |
§ 12018

4.1.113 Sarvāṅgasundarā

kaṣāyaḥ-kaṣāyarasādhiṣṭhitadravyajaḥ kaṣāyaḥ, sa pittaśl-
eṣmaharatve+api navajvare,-taruṇajvare, na śasyate | ku-
taḥ ? ityāha-maletyādi | kaṣāyo hyatra yojito malastambh-
ātkāraṇāt viṣamajvaram-satatādikaṃ, kurute | kaṣāyasta-
5 mbhitā hi malāḥ koṣṭhamapratipannatvāt samyakpāka-
mayāntaḥ sandhistotolīnāḥ kaṣāyapānavihitavegā aśakt-
atvādvīṣamameva jvaram kurvanti | yadi hi teṣāṃ kaṣ-
āyadānena śaktihānirna kṛtā syāt tadā santatameva jva-
ram kuryuḥ | tasmāt svalpatvāt satatādikaṃ viṣamajva-
10 ram kartumeṣāṃ yuktaṃ | nanu, pittaśleṣmaharatvepīty-
anartham | yataḥ "kaṣāyaḥ pittakaphahā" (hr.sū.a.10120)
iti pūrvamuktaṃ | astyevaitat | arthaviśeṣajñāpanārtham
tu punaruktaṃ | navajvare-ekadoṣaje sannipātaje vātak-
aphaje vātapittaje, kevalam kaṣāyo na śasto+api tu pitt-
15 aśleṣmajvare+api na śastaḥ, tasmāt pittakaphaje+api jv-
are nāyam yojya ityarthah | tathā, kaṣāyo+ayam yojito
na kevalam viṣamajvaram karoti, yāvadarucyādīśca ka-
roṭi | atrāpi malastambhāditi sambadhyate | tena yady-
apyādīśabdenāniyatarupāṇāmanekānāvvyādhīnām graha-
20 ṇam prāptam, tathā+api malastambhādye vyādhaya utpa-
dyante+arucyādirūpāsteṣāmeveha grahaṇārthamevam sa-
mbandhaḥ kṛtaḥ | tathā, viṣamajvarāruciḥ llāsahidhmā-
dhmānādikānapītyekavibhaktyaiva nirdeśaḥ kartum vy-
avacchadya pṛthaṅknirdeśo yaḥ kṛtastenedam dyotyate,-
25 kaṣāyaḥ prayojito+avaśyameva viṣamajvaram kurute, ar-
ucyādīn punarnāvaśyam kurute, iti | tadevam kaṣāyo ras-
aviśeṣo malastambhādeva navajvare niṣidhyate, na tu ka-
lpanāvaśāt | tathā ca munih (ca. ci. a. 31160)- "yaḥ kaṣāyaḥ
kaṣāyastu sa varjyastaruṇe jvare | na tu kalpanamuddīśya
30 kaṣāyaḥ pratiśidhyate | | " iti | § 12019

4.1.114 Sarvāṅgasundarā

saptāhādanantaramaṣṭame+ahnayauṣadham-jvaraghnam ya-
thāyogyam ṣṛtādikalpanayā kalpitaṃ, yojyamiti kicid-
evācāryā āhuḥ | anye tu daśāhādūrdhvamauṣadham-
mustāparpaṭakādikaṃ, yojyamāhuḥ | kacidācāryā laghv- 5
annabhuktasya narasyauṣadham yojyamityāhuḥ | laghv-
annaśabdena peyādikaṃ bhaṅyate, odanatastasya laṅ-
tvokteḥ | laghvannaṃ bhuktaṃ yenāsau laghvannabhuk-
ktaḥ | āhitāgnyāditvānniṣṭhāntasya paranipātaḥ | "para-
matamapraṭiṣiddhamanumatameva" iti sarvamatat pram-
āṇam, avasthāvaśena prayogārhatvāt | āmolbaṇe tu na 10
āmādhikajvariṇi puruṣe punarauṣadham jvaraghnam mu-
stāparpaṭakādikaṃ ṣaḍahādūrdhvam saptāhāt daśāhādvā
na yojyam | kimiti cet ? āha- § 12020

4.1.115 Aṣṭāṅgahr̥dayasamhitā

saptāhādaṣadham kacidāhuranye daśāhataḥ | | 42 | |
kecillaghvannabhuktasya yojyamāmolbaṇe na
tu | | 42 | | § 12022

4.1.116 Āyurvedarasāyana

uktamauṣadhakālam matāntareṇa nirākurute-saptāhādaṣadhamiti |
laghvanna-maṇḍādi, ṣaḍahādanantaram avadhitrāyama-
pyaprayojakam | yāvadāmolbaṇastāvadaṣadham na yo-
jyam | § 12023

4.1.117 Aṣṭāṅgahr̥dayasamhitā

tivrajvaraparītasya doṣavegodaye yataḥ | | 43 | |
doṣe+athavā+atinicite
tandrāstaimityakāriṇi | | 43 | |
apacyamānam bhaiṣajyam bhūyo jvalayati
jvaram | | 44 | | § 12026

4.1.118 Āyurvedarasāyana

svasiddhānte yuktimāha-tīvrajvaraparītasyeti | dvividho
hyāmolbaṇo jvaraḥ-apakvaḥ pacyamānaśca | tatra prath-
ame+arthe pacyamānasyoktiḥ, apakvasya dvitīye | ubh-
ayorapi prayuktamauśadhamapacyamānaṃ punarjvaraṃ
5 jvalayati | § 12027

4.1.119 Sarvāṅgasundarā

tīvrajvarena parītasya jvariṇaḥ puṃso doṣavegodaye doṣasya-
āmādyākhyasyolbaṇasya, vego-mustāparpaṭakādinotkleśāt,
doṣavegaḥ, tasyodayaḥ-prādurbhāvo, doṣavegodayaḥ | ath-
avā, ulbaṇāmasya vātāderdoṣasya vegodayaḥ, tasmin doṣ-
5 avegodaye sati | athavā tathaiva doṣe-āmākhye, atinicite-
atiśayena sañcayaṃ prāpte, vātādau va doṣa ulbaṇe | ata
eva tandrāstaimitye+avaśyaṃ karoti tasmin tandrāstaim-
ityakāriṇi | yato-yasmāt, tadānīmāmacśannapāvakenāpa-
chyamānaṃ bhaiṣajyaṃ-auśadhaṃ mustāparpaṭakādīṣṭ-
10 tādikalpanākālpitaṃ, tadauśadhaṃ prayuktaṃ bhūyaḥ-
punarapi, jvaraṃ jvalayati-uttejayati na śamayati | tasmā-
dāmolbaṇe jvare na ṣaḍahādūrdhvaṃ nāpi saptāhānna ca
daśāhādūrdhvaṃ bhaiṣajyaṃ yojyam | kadā tarhi yojyam
? ityāha- § 12028

4.1.120 Aṣṭāṅgahr̥dayasaṃhitā

mṛdurjvaro laghurdehaścalitāśca malā yadā | | 44 | |
acirajvaritasyāpi bheṣajaṃ
yojayettadā | | 45 | | § 12030

4.1.121 Sarvāṅgasundarā

mṛdurjvaraḥ-upadravamṛdutayā | laghuḥ-paṭuḥ dehaḥ |
calitā malāḥ-mūtrapuriṣādayaḥ | mṛdurjvara ityādilakṣaṇ-
āvasthā yadā bhavati tadā+asyāmavasthāyāmacirajvaritasyāpi-
anitikrāntaṣaḍahasyāpi, bhaiṣajyaṃ yojyam | apīśabdāt
5 kiṃ punaḥ ṣaḍahe+apyatīte jvaritasyaivamlakṣaṇāyāma-

asthāyāmutpannāyāṃ tadauṣadhaṃ ca na yoḥyam ? itye-
vaṃ vyādhyavasthā kālato garīyasītyuktaṃ bhavati | atha
tadauṣadhamāha-gh § 12031

4.1.122 Āyurvedarasāyana

auśadhayogyāṃ jvarāvasthāmāha-mṛdujvara iti | § 12032

4.1.123 Aṣṭāṅgahr̥dayasaṃhitā

mustayā parpaṭaṃ yuktaṃ śuṅṭhyā duḥsparśayā+api
vā | | 45 | |
pākyāṃ śītakaṣāyāṃ vā pāṭhośīraṃ
savālakam | | 46 | |
pibettadvccchabhūnimbaguḍūcīmustanāgaram | | 46 | | § 12035

4.1.124 Sarvāṅgasundarā

mustayā saha parpaṭaṃ yuktamathavā śuṅṭhyā dhanvayā-
sena yuktaṃ pākyāṃ-śṛtaṃ, śītakaṣāyāṃ-śītakaḥkalpanākalpitaṃ,
vā kṛtvā pibediti vakṣyamāṇena sambandhaḥ | pāṭhā coś-
īraṃ ca pāṭhośīraṃ vālakena saha śṛtaṃ śītaṃ vā pibet |
svarasakalkaphāṅṭākhyakalpanābhyaḥ śṛtaśītākhyakalpa- 5
nādvayakalpitasyāsyā tathā sāmārthyasya dr̥ṣṭatvādetatk-
alpanāyugalamupanyastavān | vā samucchaye bhinnakr-
ame | tadvadityādi | na kevalaṃ mustāparpaṭakaṃ pibet,
tathā pāṭhośīraṃ savālakam pibet, yāvadbhūnimbaguḍū-
cīmustanāgaramapi pibediti | § 12036 10

4.1.125 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-auśadhamāha-mustayā parpaṭaṃ yuktimiti | tacca
pañcadhā,- mustāparpaṭaṃ, śuṅṭhīparpaṭaṃ,
durālabhāparpaṭaṃ, pāṭhādītrayam
bhūnimbādicatuṣṭayāṃ ca | tacca pākyāṃ
śītakaṣāyāṃ vā kṛtvā pibet |
pākyāḥ-kvāthaḥ | § 12037

4.1.126 Āyurvedarasāyana

uktānāmauśadhānāṃ viṣayaṃ vibhāgaṃ phalaṃ cāha-
yathāyogamiti | yathāyogaṃ-yo yatra deśe kāle vā labhyaḥ,
yatra jvare vā dravyaśaktiparyālocanayā yogyaḥ, sa ta-
tra yojyaḥ, sa tatra yojyaḥ | siddhayoge tu (jvarādhikāre
5 ślo. 82)- "nāgaram devakāṣṭham ca dhānyakaṃ brah̥tīdva-
yam | dadyātpācanakaṃ pūrvam jvaritāya jvarāpaham | |"
iti | saṅgrahe tu (ci.a. 1)-"pāṭhendrayavabhūnimbamustāparpaṭakāmṛtāḥ |
jayantyāmamatīsāram jvaram ca samahaśadhāḥ | | iti |
§ 12038

4.1.127 Aṣṭāṅgahr̥dayasaṃhitā

yathāyogamime yojyāḥ kaṣāyā doṣapācanāḥ | |47 | |
jvarārocakatṛṣṇāsyaavairasyāpaktināśanāḥ | |47 | | § 12040

4.1.128 Sarvāṅgasundarā

ime-pūrvoktā mustāparpaṭakādayaḥ kaṣāyāḥ, yathāyog-
aṃyogānatikrameṇa, yo yaḥ kaṣāyo yasmin jvare dātum
yuktaḥ sa tatra yojya iti yathāyogaṃ yojyāḥ | kiṃkriyā
ete syuḥ ? ityāha-doṣapācanāḥ, doṣasya-āmākhyasya pa-
5 kvaprāyasya, pācanāḥ | tantrāntare coktam-"prayuktaṃ
pācayedāmaṃ yatatpācana mucyate | pittādijinnirāma-
sya yatsyāttacamaṃ matam | |" iti | atra mustāparpa-
ṭasya pūrvamupanyāso jvaranāśanebhyo+anyebhyo+asya
mustāparpaṭasya prādhānyapradarśanārthaḥ | tathā cācā-
10 ryo+agnyaṅnāṃ madhye "mustāparpaṭaka jvare" (hr̥. u. a.
40/48) iti nirdekṣyate | tasmānmustāparpaṭasyaiva jvara-
nāśane jyāyastvamityavehi, vyādhipratipakṣatvāt | § 12041

4.1.129 Aṣṭāṅgahr̥dayasaṃhitā

kaliṅgakāḥ paṭolasya patraṃ kaṭukarohiṇī | |48 | |
paṭolaṃ sārivā mustā pāṭhā
kaṭukarohiṇī | |49 | |

paṭolanimbatriphalāmṛdvīkāmustavatsakāḥ | | 49 | |
kirātatiktamamṛtā candanam
viśvabheṣajam | | 50 | |
dhātrīmustāmṛtākṣaudramardhaślokasamāpanāḥ | | 50 | |
pañcate santatādīnām pañcānām śamanā
matāḥ | | 51 | | § 12047

4.1.130 Sarvāṅgasundarā

kaliṅgakādayo+ardhaśokaiḥ samāpanam yeṣām te+ardhaślokasamāpanā
pañcaite pañcānām santatādīnām yathāsaṅkhyam śamanā
matāḥ munīnāmiti śeṣaḥ | § 12048

4.1.131 Aṣṭāṅgahr̥dayasaṃhitā

durālabhāmṛtāmustānāgaram vātaje jvare | | 51 | |
athavā
pippalīmūlaguḍūcīviśvabheṣajam | | 52 | |
kanīyaḥ pañcamūlam
ca----- | | 52 | | § 12051

4.1.132 Sarvāṅgasundarā

durālabhādi pācanam vātaje jvare, athavā pippalyādikaṃ
vātaje jvare, kanīyo-br̥hatyādikaṃ, pañcamūlam ca vātaje
jvare, iti yojyam | § 12052

4.1.133 Sarvāṅgasundarā

sāmānyapācanānyuktvā viśeṣapācanāni kathayati | tatra
vātajvarasyāha-durālabhāmṛtāmustānāgaramiti | durāla-
bhādicatuṣkaḥ pippalīmūlādyāṣṭako vā | § 12053

4.1.134 Aṣṭāṅgahr̥dayasaṃhitā

-----pitte śakrayavāghanam | | 52 | |

kaṭukā ceti sakṣaudraṃ mustāparpaṭakaṃ
tathā | | 53 | |
sadhanvayāsabhūnimbaṃ-----
| | 53 | | § 12056

4.1.135 Sarvāṅgasundarā

pitte-pittajejvare, śakrayavādayaḥ samākṣikā matāḥ | pi-
ttaje+api mustāparpaṭakaṃ dhanvayāsakirātatikṭābhyāṃ
sahita hitam | § 12057

4.1.136 Āyurvedarasāyana

pittajvarasyāha-pitte śakrayavāghanamiti | indrayavāditr-
iko mustādicatuṣko vā | § 12058

4.1.137 Aṣṭāṅgahr̥dayasaṃhitā

-----vatsakādyo gaṇaḥ kaphe | | 53 | |
athavā vṛṣagāṅgeyīśṛṅgaberadurāla-
bhāḥ | | 54 | | § 12060

4.1.138 Sarvāṅgasundarā

"vatsakamūrvībhārṅgī" (hr̥. sū. a. 15/33) ityādiḥ kaphe ma-
taḥ | athavā vṛṣādiḥ | gāṅgeyī-mustā | § 12061

4.1.139 Āyurvedarasāyana

kaphajvarasyāha-vatsakādyo gaṇa iti | "vatsakamūrvībh-
ārṅgī" ityādigaṇaḥ, vṛṣādicatuṣko vā | gāṅgeyīmustā |
śṛṅgaberam-śuṅṭhī | § 12062

4.1.140 Aṣṭāṅgahr̥dayasaṃhitā

rugvibandhānilaśleṣmayukte dīpanapācanam | | 54 | |
abhayāpippalīmūlaśamyākakaṭukāghanam | | 55 | | § 12064

4.1.141 Sarvāṅgasundarā

rugvibandhādiyukte jvare+abhayādighanāvasānaṃ dīpa-
napācanam | § 12065

4.1.142 Sarvāṅgasundarā

saśūlavibandhasya kaphavātajvarasyāha-rugvibandhānilaśleṣmayukta
iti | siddhayoge tu (jvarādhikāre ślo. 88)- "bilvādipañcam-
ūlāmbu pācanam vātaje jvare | | kaliṅgaṃ kaṭphalaṃ mu-
staṃ pāṭhā tiktakarohiṇī | pakvaṃ saśarkaram pītaṃ pā-
canam paittike jvare | | mātuliṅgaśiphāviśvakāyasthāgra- 5
n্থikodbhavam | kaphajvareṣu sakṣāraṃ pācanam vā ka-
nādikam | | samsrṣṭadoṣeṣu hitaṃ saṃsrṣṭamatha saṃs-
rṣṭamatha pācanam |" iti | atha śamanāni | tatra saṅgra-
he (ci.a. 1)-"saguḍāḥ sārivādrākṣāśatāhvākaṇareṇukāḥ |
kāśmaryasārivādrākṣātrāyamāṇāmṛtāguḍāḥ | | śatapušp- 10
āvacākuṣṭhadevadāruhareṇukāḥ | śarkarāmadhusaṃyu-
ktāḥ samāṃsīmustadhānyakāḥ | | kṛṣṇāpunarnavādrākṣ-
āśatāhvāguḍasārivāḥ | śālīparṇībalādrākṣāsārivācchinna-
sambhavāḥ | | āragvadho balā rāsnā kāśmaryaṃ madhu-
kaṃ guḍāḥ | śatāvarīchinnaruhāsvaraso vā guḍānvitāḥ | | 15
sakraṣṇajīrakasitānāgaraścāmṛtārasaḥ | vātajvaraṃ jayaty-
āśu kevalo vā+amṛtārasaḥ | | bhārgīsaralagāṅgeyīdāruk-
uṣṭhailavālukaṃ | koṣṇaṃ guḍaghr̥topetaṃ pibedvā vāt-
ajejvare | |" iti | siddhayoge tu (jvarādhikāre ślo.89)- "ki-
rātābdāmṛtodīcyabr̥hatīdvayagokṣuraiḥ | sasthirākalaśīv- 20
īśvaiḥ kvātho vātajvarāpahaḥ | |" iti | vaṅgasene tu (jv-
arādhikāre ślo. 227)-"pañcamūlībalārāsnākulatthaiḥ saha
pauṣkaraiḥ | parvabhedaṃ śiraḥkampaṃ nihanti pavā-
ajvaram | | darbhaṃ balāṃ gokṣurakaṃ pācayetpādaśe-
ṣitam | śarkarāghṛtasam̐yuktaṃ pibedvātajvarāpahaṃ | |" 25
iti | iti vātajvaraḥ | atha pittajvaraḥ | tatra saṅgrahe
(ci.a. 1)-"paṭolādiguḍūcyādī sūtroktau pittaje jvare | añj-
anādiḥ sakāśmaryaḥ sārivādiḥ saśakaraḥ | | sitāmadhu-
kakāśmaryaśītośīraparūṣakaṃ | guḍūcīsāritraḥrodhraka- 30
malotpalaśakarāḥ | drākṣābhayātiktaghanaśam̐yākaphal-
apapaṭam | śyāmāparpaṭaduḥsparśātikṭātikta br̥śāsītāḥ | |
śyāmā-priyaṅguḥ | śarkarātikṭakaṭukātrāyamāṇābibhīra-

kam | guḍūcyāmalakairyuktaḥ kevalo vā+api parpaṭaḥ | |
 kaṣāyo vā himastiktadrākṣāmadhukanimbajaḥ | pittajva-
 raghnītikṭā vā ślakṣṇapiṣṭā saśarkarā | |" iti | vaṅgasene
 tu (jvarādhikāre ślo. 241)-"paṭolayavadhānyākamadhukam
 5 madhusaṃyutam | hanti pittajvara dāham ṭṛṣṇāṃ cātipr-
 amāthinīm | | drākṣāragvadhayoścāpi kāśmaryasyāthavā
 jalam | paṭolābhayanīṣkvātho madhunā madhurīkṛtaḥ | tī-
 vrapittajvarāmardī pānāṭṛṭṛdāhanāśanaḥ | | ekaḥ parpaṭ-
 akaḥ śreṣṭhaḥ pittajvaradhinaśanaḥ kiṃ punaryadi yu-
 10 jyeta candanodīcyanāgaraiḥ | | guḍūcīmustadhānyākama-
 dhuka kaṭurohiṇī | ṭṛṣṇāsūlārucicchardipittajvaraharo ga-
 ṇaḥ | kirātāmṛtadhānyābdacandanośīraparpaṭaiḥ | sapa-
 dmakaiḥ kṛtaḥ kvātho hanti pittabhavaṃ jvaram | dāhahr-
 llāsamarucimutkleśavamathuklamān | | sasito niśi paryu-
 15 ṣitaḥ prātdhānyākataṇḍulakvāthaḥ | pītaḥ śamayatyac-
 irādantardāham jvaram ghoram | | candanaṃ madhukam
 drākṣā kaṭukā sadurālabhā | candanādigaṇaḥ prokto ha-
 nyāddāhajvarāruciḥ | | mudgānāmañjalīcūrṇaṃ yaṣṭīma-
 dhukamādhitam | pākyaṃ śītakaṣāyaṃ vā pibetpittajvar-
 20 āpaham | | hñīberaṃ mustakam dhānyaṃ candanaṃ yaṣṭī-
 ikā+amṛtā | vṛṣośīrayutaḥ kvāthaḥ śarkarāmadhusaṃyu-
 taḥ | raktapitta jayatyugraṃ ṭṛṣṇādāhajvarāpahāḥ | | bhū-
 nimbātiviṣārodhraṃ mustakendrayavāmṛtam | vāsaka nā-
 garaṃ bilvaṃ kaṣāyo māḥṣikānvitaḥ | saśvāsakāsaviḍbhe-
 25 daraktapittajvarāpahāḥ | | pathyātailaghurutakṣaudraileho
 dāhajvarāpahāḥ | kāsārḥpittavīsarpaśvāsān hanti vamī-
 rāpi | |" iti | iti pittajvaraḥ | atha kaphajvaraḥ | tatra sa-
 ṅgrahe (ci. a. 1)-"kaphaje+ativīṣośīrapaṭolamaricakṣapāḥ |
 samūrvendrayavadvīpikuṣṭhanimbavacāguḍāḥ | | kṣapā-
 30 haridrā | saptacchadāmṛtānimbasphūrjātaṃ māḥṣikānvī-
 tam | spūrjātaḥ-tindukaḥ | niśā trikaṭukaṃ tiktā nāgapu-
 ṣpaṃ kaliṅgakāḥ | | sārivātiviṣākuṣṭhaduḥsparśamustag-
 uggulu | parūṣa triphalā tiktā bījaṃ vṛkṣakajaṃ ghaṇaḥ | |
 nāgaratriphalāmustāmūrvāpāṭhāḥ samāḥṣikāḥ | |" iti | va-
 35 ṅgasene tu (jvarādhikāre ślo. 264)- "triphalātrivṛtāmustaṃ
 kaṭukaṃ sakaliṅgakam | paṭolāragvadhā caiva rohiṇī ci-
 trakaṃ samam | kvāthaḥ kṣaudrayutaḥ śleṣmajvarakās-
 agalāmāye | | nimbaviśvāmṛtābhīruśaṭhībhūnimbapauṣk-

aram | pippalī bṛhatī ceti kvātho hanti kaphajvaram | |
 triphalāpaṭolavāsāchinnaruhātiktaroḥiṇīṣaḍgranthā | ma-
 dhunā śleṣmasamutthe daśamūlīvāsakrasya vā kvāthaḥ | |
 āmalakyabhayā kṛṣṇā citrakaścetyayaṃ gaṇaḥ | sarvajv- 5
 arakaphātanke bhedī dīpanapācanaḥ | | sindhuvāradala-
 kvāthaṃ kaṇāḍhyaṃ kaphaje jvare | jaṅghayośca bale kṣ-
 īṇe karṇe ca pihite pibet | | kaṭphalaṃ puṣkaraṃ kṛṣṇā
 śṛṅgī ca madhunā saha | kāsaśvāsajvaraharaḥ śreṣṭho le-
 haḥ kaphāntakṛt | | kaphajvarārtastriphalāṃ pippalīṃ ca
 samākṣikām | kāse śvāse ca madhunā sarpiṣā ca sukhī 10
 bhavet | | kaṭphalaṃ puṣkaraṃ śṛṅgī mustakaṃ kaṭukaṃ
 śaṭhī | samastānyekaśo vā+api ślakṣṇacurnāni kārayet | |
 sārdrakasvarasakṣādraṃ lihyātkaphavināśanam | śūlāni-
 lārucicchardikāsaśvāsakṣayāpaham | | kṣaudropakulyāsa- 15
 myogaḥ kāsaśvāsajvarāpahaḥ | plīhānaṃ hanti hikkāṃ ca
 bālānāṃ ca praśasyate | " iti | iti kaphajvaraḥ | atha saṃs-
 argajāḥ | tatra saṅgrahe (ci.a. 1)- saṃsargasannipāteṣu mi-
 śrānetānvikalpayet | " iti | § 12066

4.1.143 Āyurvedarasāyana

vātapittajvare śamanamāha-drākṣāmadhūketi | mṛṇālaṃ-
 bisam | cūrṇapalopetamuṣṇodakacatuṣpalaṃ śītaṃ vastrapūtāṃ-
 phāṇṭaḥ | himaḥ-śītakaśāyaḥ | madhusitālājānāṃ mithaḥ
 samānāṃ peyatvānupañātena prakṣepaḥ | § 12067

4.1.144 Aṣṭāṅgahr̥dayasaṃhitā

drākṣāmadhūkamadhukatodhrākāśmaryasārivāḥ | | 55 | |
 mustāmalakahr̥berapadmakesarapadmakam | | 56 | |
 mṛṇālacandanośīranīlotpalaparūṣakam | | 56 | |
 phāṇṭo himo vā
 drākṣādirjātīkusumavāsitaḥ | | 57 | |
 yukto 5
 madhusitālājairjayatyanilapittajam | | 57 | |
 jvaraṃ madātyayaṃ chardiṃ mūrcchāṃ dāham
 śramaṃ bhramam | | 58 | |

ūrdhvagaṃ raktapittaṃ ca pipāsāṃ
kāmalāmapī | | 58 | | § 12074

4.1.145 Sarvāṅgasundarā

drākṣādirayaṃ gaṇaḥ phāṅṭaḥ-"sadyo+abhiṣutapūtaḥ" (hr̥.
ka. a. 6/11) ityevaṃlakṣaṇaḥ, tathā himaḥ-sīto vā, "rātri-
ṃdrave sthitaḥ" (hr̥. ka. a. 6/10) ityevaṃlakṣaṇaḥ | tathā
jātikusumaiḥ sugandhīkr̥to madhusitālājairyukto vātapitt-
5 ajaṃ jvaraṃ jayati, madātyayādīṃśca | § 12075

4.1.146 Aṣṭāṅgahr̥dayasaṃhitā

pācayetkaṭukāṃ piṣṭvā karpāre+abhinave śucau | | 59 | |
niṣpīḍito nṛtayutastadgaso
jvaradāhajit | | 59 | | § 12077

4.1.147 Sarvāṅgasundarā

kaṭukāṃ pānīyena piṣṭvā karpāre-mṛdbhr̥ṣṭakhaṇḍe, abh-
inave tathā śucau pācayet | tasyā raso niṣpīḍitaḥ sarpiryu-
kto jvaradāhau jayati | § 12078

4.1.148 Āyurvedarasāyana

śamanāntaramāha-pācayetkaṭukāmiti | pāko+atra puṭakā-
vidhinā | saṅgrahe tu (ci.a. 1)-"gokaṅṭakabalādarbhāḥ sas-
itā vātapittaje | drākṣāmalakabhūnimbāḥ saguḍūcīśaṭhīg-
uḍāḥ | | trāyāntīsārivādrākṣākāśmaryacśinnajāguḍāḥ | dr-
5 ākṣāmasūratrāyantīgūḍūcīsārivābalāḥ | | " iti | siddhayoge
tu (jvarādhikāre ślo.116)-"triphalāśālmalīrāsnārājavar̥kṣāṭārūṣakaiḥ |
śṛtamambu harettūrṇaṃ vātapittodbhavaṃ jvaraṃ | | [vi-
śvāmṛtābdabhūnimbaiḥ pañcamūlisamanvitaiḥ | kṛtaḥ ka-
ṣāyo hantyaśu vātapittodbhavaṃ jvaraṃ | |] pañcamūl-
10 ihṛsvā | nidigdhikāmṛtārāsnātrāyamāṇābalānvitaiḥ | ma-
sūravidalaiḥ kvātho vātapittajvaraṃ jayet | | vidalāḥ-
yantradalanajā avayavāḥ | guḍūcī parpaṭaṃ mustaṃ kir-

ātaṃ viśvabheṣajam | vātapittajvare deyaṃ pañcabhadra-
amidaṃ śubham | |" iti | vaṅgasene tu (jvarādhikāre ślo.
292)- "balābhārgyamṛtairāṇḍacandanośīraparpaṭaiḥ | up-
akulyābdahrīberaiḥ kaṣāyaṃ ca pibettataḥ | parvabhedaṃ 5
śiraḥkampaṃ vātapittajvaraṃ jayet | | nīlotpalamuśīraṃ
ca balā padmakameva ca | kāśmarī madhukaṃ drākṣā ma-
dhūkāni parūṣakam | peyaḥ śītakaṣāyo+ayaṃ vātapittajv-
arāpahaḥ | | āragvadhaphalam mustaṃ yaṣṭimadhukam-
eva ca | uśīramabhayā caiva haridrādārusāhvayā | | paṭo-
laṃ picumandaśca tathā kaṭukarohiṇī | eṣa siddhaḥ kaṣā- 10
yaḥ syādvātapittabhava jvare iti | iti vātapittajvaraḥ | § 12079

4.1.149 Aṣṭāṅgahr̥dayasaṃhitā

kaphavāte vacātiktāpāṭhāragvadhavatsakāḥ | | 60 | |
pippalīcūrṇayukto vā
kvāthaścīnnodbhavodbhavaḥ | | 60 | | § 12081

4.1.150 Sarvāṅgasundarā

vātaśleṣmaṇi kaṣāyakalpanayā kalpitā vacādayo matāḥ |
athavā, guḍūcīsambhavaḥ kvāthaḥ pippalīcūrṇayuto ma-
taḥ | § 12082

4.1.151 Āyurvedarasāyana

atha vātakaphajvaraḥ | tatra śamanamāha-kaphavāta iti |
śamanāntaramāha-pippalīcūrṇayukto veti | § 12083

4.1.152 Aṣṭāṅgahr̥dayasaṃhitā

vyāghrīśuṅṭhyamṛtākvāthaḥ
pippalīcūrṇasaṃyutaḥ | | 61 | |
vātaśleṣmajvaraśvāsakāsapīnasaśūlajit | | 61 | |
pathyākustumbarīmustāśuṅṭhīkaṭṭṛṇaparpaṭam | | 62 | |

sakaṭphalavacābhāringīdevāvhaṃ
madhuhiṅumat | | 62 | |
kaphavātajvaraṣṭhīvakuṣihr̥tpārśvavedanāḥ | | 63 | |
kaṅṭhāmayāsyasvayathukāsaśvāsānniyacśati | | 63 | | § 12089

4.1.153 Sarvāṅgasundarā

vyāghryādikvāthaḥ kaṅcūrṇasaṃyukto vātaśleṣmajvarā-
dijit | sa0-pathyādi pācanaṃ siddhacūrṇaṃ madhuhiṅgu-
bhyāṃ saṃyutaṃ kaphavātajvarādīn parākaroti | § 12090

4.1.154 Āyurvedarasāyana

śamanāntaramāha-vyāghrīśuṅṭhyamṛtākvātha iti | ā0 ra0-
śamanāntaramāha-pathyākustumbarīti | siddhayoge (jva-
rādhikāre ślo. 134)- "pippalīpippalīmūlacavyacitrakanāg-
araiḥ | dīpanīyaḥ smṛto vargaḥ kaphānilagadāpahaḥ | |
5 pippalībhiḥ śṛtaṃ toyamanabhiṣyandi dīpanam | vātaśl-
eṣmavikāraghnaṃ plīhaghnaṃ jvaranāśanam | | musta-
parpaṭaduḥsparśāguḍūcīviśvajam jalam | kaphavātāruci-
cśardidāhaśophajvarāpaham | | daśamūlīrasaḥ peyaḥ ka-
ṅāyuktaḥ kaphānile | avipāke+atinidrāyāṃ pārśvarukśv-
10 āsakāsake | |" iti | vaṅgasene tu (jvarādhikāre ślo. 335)-
"sabhūnimbāmṛtādāru kaṭphalaṃ kaṭukā vacā | kaṣāyaṃ
pāyayedāsu vātaśleṣmajvarāpaham | parvabhedaśira śūl-
akāsārocakapīḍitam | | tṛṣṇānvite vātakaphajvarārte saśv-
āsakāsāruciviḍvibandhe | hitaṃ jalam pācanadīpanam ca
15 paṭolaśuṅṭhīyavapippalīnām | |" iti | iti vātakāphajvaraḥ |
§ 12091

4.1.155 Aṣṭāṅgahr̥dayasaṃhitā

āragvadhādiḥ sakṣaudgaḥ kaphapittajvaram jayet | | 64 | |
tathā tiktāvṛṣośīratrayantītriphalaṃmṛtāḥ | | 64 | |
paṭolātiviṣānimbamūrvādhanvayavāsakāḥ | | 65 | | § 12094

4.1.156 Sarvāṅgasundarā

"āragvadhendrayavādibhiḥ" (hr̥. sū. a. 15/17) māḥṣikasah-
itaḥ kaphapittajvaram̐ jayati | tathā tiktādayaḥ kaphapitt-
ajvaram̐ ṅnanti | § 12095

4.1.157 Āyurvedarasāyana

atha pittakaphajvaraḥ | tatra śamanamāha-āragvadhādiriti |
śamanāntaramāha-tatheti | saṅgrahe tu (ci.a. 1)- "vṛṣapu-
ṣpacśadarasaḥ śarkarāmāḥṣikānvitaḥ | pittaśleṣmajvaram̐
hanti sāsṛk pittaḥ sakāmalam | | anantāviśvabhaisajyaka-
ṭukātoyatoyadāḥ | jvaratṛṭbhramasammohadhūmakāmla- 5
kanāśanāḥ | | " iti | anantā-durālabhā | siddhayoge tu (jvar-
ādhikāre ślo. 122)-"kaṇṭakāryamṛtābhārgināgarendrayavāsakam |
bhūnimbaḥ candanaḥ mustaḥ paṭolaḥ kaṭurohiṇī | | ka-
ṣāyaḥ pāyayedenam̐ pittaśleṣmajvarāpaham | dāhatṛṣṇ-
ārucicśardikāsahr̥tpārśvasūlanut | | [guḍūcīnimbadhāny- 10
ākam̐ padmakam̐ candanānvitam |] eṣa sarvajvarān ha-
nti guḍūcyādistu dīpanaḥ | hṛllāsārocakacśardipipāsād-
āhanāśanaḥ | | saśarkarāmakṣamātrām̐ kaṭukāmuṣṇavār-
iṇā | pītvā jvaram̐ jayejjantuḥ kaphapittasamudbhavam | |
paṭolaḥ picumandaḥ ca triphalā madhukam̐ valā | sā- 15
dhito+ayaḥ kaṣāyaḥ syātpittaśleṣmabhavaḥ jvare | | dīpa-
naḥ kaphavicśedi pittavātānulomanam̐ | jvaraghaṇam̐ pā-
canaḥ bhedi śṛtaḥ dhānyapaṭolayoḥ | | " iti | iti pittakaph-
ajvaraḥ | § 12096

4.1.158 Aṣṭāṅgahr̥dayasaḥhitā

sannipātajvare vyāghrīdevadāruniśāṇanam̐ | | 65 | |
paṭolapatranimatvaktriphalākaṭukāyutam̐ | | 66 | | § 12098

4.1.159 Sarvāṅgasundarā

sannipātajvare vyāghryādikaṭukāntam̐ pācanam̐ | § 12099

4.1.160 Āyurvedarasāyana

atha sannipātajvaraḥ | tatra śamanamāha-sannipātajvara
iti | § 12100

4.1.161 Sarvāṅgasundarā

śamanāntaramāha-nāgaramiti | saṅgrahe tu (ci.a.1)-"mustā
parpaṭakam pathyā mṛdvīkā kaṭurohiṇī | trāyantīkaṇata-
nmūladrākṣāpathyāmadhūlikāḥ | | madhūlikā-jalajayaṣṭimadhuḥ |
triphalośīraṣadgranthāyaṣṭimadhuganābalāḥ | |" iti | si-
5 ddhayoge tu (jvarā. ślo. 166)-"pañcamūlī kirātādirgaṇo yo-
jyastridoṣaje | pittotkṛte ca madhunā kaṇayā vā kaphotk-
ṛte | | vātapittajvarokto+ayam navāṅgaḥ | ubhayaṃ daśa-
mūlam tu sannipātajvarāpaham | kāse śvāse ca tandrāyām
pārśvaśūle ca śasyate | pippalīcūrṇasamyuktaṃ kaṇṭhah-
10 ṛdgrahanāśanam | | ubhayaṃ-dvipañcamūlātmakam | ci-
rajvare vātakapholbaṇe vā tridoṣaje vā daśamūlamiśraḥ |
kirāratiktādirgaṇaḥ prayojyaḥ śuddhārthine vā trivṛtāvi-
miśraḥ | | ādiśabdāt guḍūcīmustāsunṭhyaḥ | daśamūlam-
iśrasyaiva trivṛtāmiśravam | daśamūlī śaṭhī śṛṅgī pauṣka-
15 ram sadurālabham | bhārgī kuṭajabījam ca paṭolaṃ kaṭu-
rohiṇī | | aṣṭādaśāṅga ityeṣa sannipātajvarāpahaḥ | kāsa-
ṛdgrahapārśvārtiśvāsahikkāvamīharaḥ | | bhūnimbadāru-
daśamūlamahauṣadhādatiktendrabījadhanikebhakaṇāka-
ṣāyaḥ | tandrāpralāpakasanārucidāhamohaśvāsādiyukta-
20 makhilam jvaramāśu hanti | | muktāparpaṭakośīradevad-
ārumahauṣadham | triphalā dhanvayāsaśca nīlī kampilla-
kam trivṛt | | kirātātikṭakam pāṭhā balā kaṭukarohiṇī | ma-
dhukam pippalīmūlam mustādyo gaṇa ucyate | | aṣṭāda-
śāṅgamuditametadvā sannipātanut | pittottare sannipāte
25 hitam coktam manīṣibhiḥ | manyāstambha uroghāta ura-
ḥpārśvaśirograhe | | bṛhattyau pauṣkaram bhārgī śaṭhī śṛ-
ṅgī durālabhā | vatsakasya ca bījāni paṭolaṃ kaṭurohiṇī |
bṛhatyādirgaṇaḥ prokṭaḥ sannipātajvarāpahaḥ | kāsādiṣu
ca sarveṣu hitaḥ sopadraveṣu ca | | śaṭhī puṣkaramūlam
30 ca vyāghrī śṛṅgī durālabhā | guḍūcī nāgaram pāṭhā kir-
ātātam kaṭurohiṇī | | eṣa śaṭhyādiko vargaḥ sannipātajvar-
āpahaḥ | kāsahṛdgrahapārśvārtiśvāse tandryām ca śasy-

ate | | " iti | vaṅgasene tu (jvarā. ślo. 443)- "daśamūlasya ni-
kvāthaḥ kaṭphalādirajoyutaḥ | tulyārdrakarasaḥ pīto mṛ-
tyukalpaṃ jvaram jayet | | daśamūlikaśāyam tu sapauṣk-
arakaṇānvitam | sannipātajvare deyaṃ śvāsakāsatṛṣānv- 5
ite | | amṛtādaśamūlābhyāṃ sādhitam vidhivajalam | sa-
nnipātajvaram hanyāntrayodaśavidham nṛṇām | | viśva-
śaṭhīdaśamūlichinnāpāthebhappalīndrayavāḥ | sakirāt-
atiktavāsāḥ śamayanti hr̥taujaṣaṃ sadyaḥ | | tryūṣaṇada-
śamūlaśaṭhībhārgīchinnodbhavākvāthaḥ | pītaḥ śamayati
sahasā jvaramugram sannipātākhyam | | dvipañcamūliṣa- 10
ḍgranthāviśvagr̥dhranakhīdvayāt | gr̥dhranakhīdvayaṃ-
kanthārikādvayam | kaphavātaharaḥ kvāthaḥ sannipāta-
haraḥ paraḥ | | siṃhāsyaparpaṭāriṣṭam yaṣṭīdhānyākanāg-
aram | dārufragandhendrayavāḥ śvadamṣṭrā granthikaṃ
tathā | | eṣāṃ kaśāyamāhr̥tya sannipātajvarī pibet | śvāsāt- 15
isārakāsagham śūlāruciharam param | | kaṭphalam triph-
alā dāru candanam sapaṛūṣakam | kaṭukāpadmakośīram
vipacetkārṣikaṃ jalam | | tatsannipātadāhagham pītamā-
treypūjitaṃ | dīrghākālaprayuktānām jvariṇāmamṛtopa-
mam | | vyoṣābdatriphalāriṣṭapaṭolītiktavatsakaiḥ | sabh- 20
ūnimbāmṛtāpāṭhaistridoṣajvarajijalam | | tilvakaṃ trivṛtā
dantī samulam caturaṅgulam | pakvaṃ kaśāyam visrāvya
nīlinīcūrṇamiśritaṃ | sasarpiṣkaṃ pibettūrṇam sannipāte
virecanam | | (ślo. 392)-vardhanairvā+api hīnasya hāpan-
airucchritasya vā | kaphasthānānupūrvyā sannipātajvare 25
kriyā | | hīnasya vardhanāddhānirvṛddhayoriti niścayaḥ |
hāpanādativruddhasya hīnayorvṛddhisambhavaḥ | | ta-
taḥ samatvaṃ doṣāṇāmuraḥ sthānam kaphasya tu | ta-
trasthānām kriyā tadvaditi jvaravinirjayaḥ | | yathādoṣo-
cchrayaṃ caiva jvarān śeṣānupakramet | nirharetpittame- 30
vādau jvareṣu samavāyiṣu | durnivārataram taddhi jvarā-
rteṣu viśeṣataḥ | | sannipāte kṣudhārtam yo bhodayetpiśit-
audanam | sa katham bhiṣagākhyātīm labhenmūḍho nar-
ādhamah | | sannipāte tu dhārtam yaḥ siñcicchītavāriṇā |
āturaḥ sa katham jīvedbhiṣagvā sa katham bhavet | | sa- 35
nnipāte ca kampantaṃ vilapantaṃ ca yo ghr̥tam | pāyaye-
dbhodayedvā+api tau ca syātāmu(tām śu)bhau katham | |
sannipātena tṛṣyantam pārsvaruktāluśoṣiṇam | yaḥ pāy-

ayejjalaṃ sītaṃ sa mṛtyurnaravigrahaḥ | | samudratara-
 ṇaṃ hyetadvadanti bhiṣagīśvarāḥ | mṛtyunā saha yoddh-
 avyaṃ sannipātaṃ cikitsitā | | sannipātārṇave magnaṃ
 5 yo+abhyuddharati mānavam | | kastena na kṛto dharmaḥ
 kām ca pūjāṃ na so+arhati | | śleṣmanigrahamevādaḥ ku-
 ryāvdyādhaḥ tridoṣaje | | niraste śleṣmaṇi hyasya srotaḥsū-
 ddhātiteṣu ca | | lāghavam jāyate sadyastr̥ṣṇā caivopaśāmy-
 ati | | laṅganam vālukāsvedo nasyam niṣṭhīvanam tathā |
 avaleho+añjanam caiva prāk prayojyam tridoṣaje | | sur-
 10 asārjakaniryāsaḥ samadhuvyoṣasaindhavaḥ | mahāśleṣm-
 ānilodrekasaṃjñānāśavimokṣaṇaḥ | | " [iti | siddhayoge tu
 (jva. ślo. 153)]-"madhūkasārasindhūtthavacoṣaṇakaṇāḥ
 samāḥ | ślakṣṇam piṣṭvā+ambhasā nasyam kuryātsaṃjñ-
 āprabodhanam | | (ślo. 151)-mātuliṅgārdrakarasaṃ ko-
 15 ṣṇam trilvaṇānvitam | anyadvā siddhivihitam nasyam tī-
 kṣṇam prayojayet | | tena prabhidyate śleṣmā prabhinn-
 aśca prasicyate | | śirohr̥dayakaṇṭhāsyapārśvaruk copaśā-
 myati | | (ślo. 147)-ārdrakasvarasopetaṃ saindhavam ka-
 ṭukatrayam | ākaṇṭham dhārayedāsyē niṣṭhīvecca pun-
 20 aḥpunaḥ | | tenāsyā hr̥daye śleṣmā manyāpārśvasīroga-
 lāt | | līno+apyākṛṣyate śuṣko lāghavam cāsyā jāyate | |
 parvabhedo jvaro mūrccā nidrākāsagalāmayāḥ | mū-
 khākṣigauravam jāḍyamutkleśāscopaśāmyati | | sakṛddv-
 itricatuḥ kuryāddr̥ṣṭvā doṣabalābalaṃ | etaddhi para-
 25 mam prāhurbheṣajam sannipātinām | | svinnamāmala-
 kam piṣṭvā drākṣābhiḥ saha saṃsr̥jet | viśvabheṣajasamy-
 uktaṃ madhunā saha lehayet | | tenāsyā śāmyate mū-
 rcchā kāsaḥ śvāsastathaiva ca | | kaṭphalam pauṣkaram
 śṛṅgī vyoṣam yāsaśca kāravī | ślakṣṇacūrṇīkṛtaṃ caita-
 30 nmadhunā saha lehayet | | eṣā+avalehikā hanti sannipā-
 taṃ sudāruṇam | hikkām śvāsam ca kāsam ca kaṇṭhar-
 odham niyacchati | etadyojyam kaphodreke cūrṇamārdr-
 akajai rasaiḥ | | sarveṣu sannipāteṣu na kṣaudramavac-
 ārayet | | sītopacāri kṣaudram syārcchitam cātra virudhy-
 35 ate | | kriyābhīṣṭulyarūpābhiḥ kriyāsaṅkaryamiṣyate | bh-
 innarūpatayā tāstu na tu kurvanti dūṣaṇam | | (ślo. 154)-
 śirīṣabījagomūtrakṛṣṇāmaricasaindhavaḥ | añjanam syā-
 tprabodhāya sarasonāśilāvacaḥ | | yadā tulyānilakaphau

tāluklomagalāśritau | kuryāttāvadhikaṃ śoṣaṃ jihvāyāḥ
kharatāṃ tathā | | tathā tāṃ sphuṭitāṃ jihvāṃ saṃśu-
ṣkāṃ madhupiṣṭayā | drākṣayā saghṛtaṃ cāśya lepayets-
annipātināḥ | | svedodgame bhṛṣṭakulittha cūrṇanipāta- 5
naṃ śastamiti bruvanti | " iti | vaṅgasene tu (jva.ślo. 503)-
"durge+ambhasi yathā majjadbhājanaṃ tvarayā budhaḥ |
grṇṇīyāttalamaprāptaṃ tathā+abhinyāsapīḍitaṃ | | kār-
avīpuṣkarairāṇḍatrāyantīnāgarāmṛtāḥ | daśamūlīśaṭhīśr-
ṅgīvāsābhārgīpunarnavāḥ | | tulyā mūtreṇa niṣkvāthya pī-
tāḥ srotoviśodhanāḥ | abhinyāsajvarāyāsamāśu ghnanti 10
samuddhatam | | mātuluṅgāśmabhidbilvavyāghrīpāṭhor-
ubūkajaḥ | kvātho lavaṇamūtrādyo+abhinyāsānāhaśūlanut | |
vyāghrīdurālabhābhārgīśaṭhīśrṅgi sapauṣkaram | pakvā-
mbu śleṣmahṛtpeyamabhinyāsaprasāntaye | | bhārgī pu-
ṣkaramūlaṃ ca rāsnā bilvaṃ samustakam | nāgaram da- 15
śamūlaṃ ca pippalyāsu ca sādhitam | hiṅvārdrakarasop-
etaṃ pippalīcūrṇasaṃyutam | | sannipātajvaram ghoram-
abhinyāsaṃ ca dāruṇam | hr̥tpārśvaśūlamānāhaṃ sadya-
ḥpītaṃ niyacchati | | bījapūrakabilbāśmabhedakaṃ bṛhat-
īdvayam | sakeśīkaṃ § 12101 20

4.1.162 Aṣṭāṅgahr̥dayasaṃhitā

tathairāṇḍaṃ jale cāṣṭaguṇe śṛtam | |
pakvagomūtrasaṃyuktaṃ
biḍasauvarcalānvitam | hr̥dbastiśūle
sānāhe+apyabhinyāsajvare hitam | | dantīm
dravantīm br̥hatīm sairāṇḍaṃ [
bījapūrakam | śyāmāṃ vyāghrīm ca
niṣkvāthyābhinyāse bahuvarcasi | | simhī
vyāghryamṛtā drākṣā ajājī sakaṭutrikam |
śṛṅgīviḍaṅga ca samaṃ paktvā visrāvya
sādhayet | | ghṛtāktaistaṇḍulairbhr̥ṣṭaiḥ
peyāmuṣṇāṃ jvarī pibet | hikkī śvāsī ca kāsī
ca tathā+abhinyāsapīḍitaiḥ |
vibaddhavātaviṇmūtre pānamasya
prayojayet | | br̥hatī pauṣkaraṃ bhārgī śaṭhī
śṛṅgī durālabhā | paktvā pānaṃ praśaṃsanti
śleṣmā tenāsya śāmyati | |
trivṛddhiśālātriphalākaṭukāragvadhaiḥ
kr̥taiḥ | sakṣāro bhedanaḥ kvāthaiḥ peyaḥ
sarvajvarāpahaḥ | | tiktā+abhayā trivṛttīrṇā
trāyantī rājavṛkṣakaḥ | kṣārādhyaiḥ
saindhavopetaḥ kvātho bhedī jvarāpahaḥ | |
śirīṣabījaṃ maricaṃ bastamūtreṇa
tatsamaṃ | añjanaṃ tadabhinyāse
saṃjñābodhanamiṣyate | | mātuluṅgarasaṃ
tasya hiṅguśuṅṭhīyutaṃ mukhe |
dadyātprabodhanaṃ tīkṣṇaṃ
kaṭutiktopasaṃhitam | |
tvagelāpatrasuṣavībr̥hatīkaṇṭakārikāḥ |
maricaṃ pippalī bilvaṃ ciribilvaṃ
sacitrakam | | karañjabījaṃ mañjiṣṭhā
trāyantī viśvabheṣajam | galaprabodhanaṃ
śreṣṭhamabhinyāsajvarāpahaṃ | | karañjava-
hnimañjiṣṭhātrāyantīviśvakūlakam |
kūlakam-paṭolam | br̥hatyau suṣavī vyoṣaṃ
kvāthaiḥ syādgalaśodhanaḥ | | ityabhinyasa
uddiṣṭaiḥ sarūpaiḥ sacikitsitaiḥ | cikitsite
kr̥te+apyevaṃ [yasya saṃjñā na jāyate | lalāṭe
pādayorvā+api] tasya dāhaiḥ praśasyate | |
(ślo. 490)-jyotiṣmatyāstathā tailaṃ mūlaṃ
pindālukasya ca tandraivinaśanaṃ śreṣṭhaṃ
nasya karmaṇi yojitam | | saindhavaṃ
śvetamaricaṃ sarṣapaṃ kuṣṭhameva ca |
bastamūtreṇa piṣṭāni nasyaṃ

4.1.163 Aṣṭāṅgahr̥dayasaṃhitā

nāgaram pauṣkaram mūlam guḍūcī kaṇṭakārikā | | 66 | |
sakāsaśvāsapārśvārtau vātaśleṣmottare
jvare | | 67 | | § 12104

4.1.164 Sarvāṅgasundarā

nāgarādipācanam vātaśleṣmādhike jvare kāsādīnnihanti |
§ 12105

4.1.165 Sarvāṅgasundarā

madhūkapuṣpādikaṃ kāle-śāstroke, śītakaṣāyam piban
jvarān sarvān-ekadoṣadvidoṣajān, apohati | "upasargāda-
syatyūhyorveti vācyam" iti parasmaipadam | jātipallavā
āmalakāni mustaṃ dhanvayāsakaṃ tadvat-pūrvavacśitakaṣāyam
kalpayitvā piban sarvān jvarān hanti | dhanvayavāsakaṃ 5
ceti caśabdo+atra lupto draṣṭavyaḥ | tadetaiścaturbhirdra-
vyairetat pācanam | kecittu dhanvayavāsakaṃ pṛthagev-
ecśanti | tasmādetatkr̥to+api kaṣāyaḥ pūrvavadvodhyaḥ |
§ 12106

4.1.166 Aṣṭāṅgahr̥dayasaṃhitā

madhūkapuṣpamṛdvīkātrāyamāṇāparūṣakaṃ | | 67 | |
sośīratiktātriphālākāśmaryaṃ
kalpayeddhimam | | 68 | |
kaṣāyam taṃ piban kāle jvarān
sarvānapohati | | 68 | |
jātyāmalakamustāni
tadvaddhanvayavāsakaṃ | | 69 | | § 12110

4.1.167 Āyurvedarasāyana

atha jvarasāmānyam | tatra śamanamāha-madhūkapuṣpeti |
tacca tridhā-madhūkapuṣpādidaśakaṃ jātyāditrikaṃ dha-
nvayāsakaṃ ceti | trayo+api śītakaṣāyāḥ | § 12111
1896

4.1.168 Aṣṭāṅgahr̥dayasaṃhitā

baddhaviṭ kaṭukādrākṣātrāyantitriphalāgu-
ḍam | | 69 | | § 12112

4.1.169 Sarvāṅgasundarā

tathā ca baddhaviṭ puruṣaḥ kaṭukādikaṃ kaṣāyaṃ pibe-
diti vartate, na tu himamiti | śītasya malastambhahetutv-
ādasya cauṣadhasya śodhanarūpatvāt | guḍā-sudhā, guḍa
ityanye | § 12113

4.1.170 Āyurvedarasāyana

baddhaviṭkasya śodhanamāha-baddhaviḍiti | śītakaṣāye
guḍapraḥṣepaḥ | iti jvarauṣadhāni | § 12114

4.1.171 Aṣṭāṅgahr̥dayasaṃhitā

jīrṇauṣadho+annaṃ
peyādyamācaret----- | | 70 | | § 12115

4.1.172 Sarvāṅgasundarā

jīrṇaṃ-pariṇataṃ, auṣadhaṃ yasya sa jīrṇauṣadhaḥ san,
peyādyameva pūrvoktamannaṃ bhuñjīta | adyata itya-
nnaṃ, iti kṛtvā peyāderapyannatvam | ādiśabdena yūṣād-
iparigrahaḥ | § 12116

4.1.173 Āyurvedarasāyana

atha jvarauṣadhānantaraṃ pathyāni | tatra peyādyam
pathyamāha-jīrṇauṣadho+annamiti | tacca laṅghanānt-
arauṣadhadānaviṣayam | peyādyanantarauṣadhadāne ra-
saudanaparyantapathyasevāniṣpatteḥ punaḥ peyādikra-
5 masyānucitatvāt | ādyaśabdādyūṣaudanādayaḥ | siddha-
yoge tu (jva.ślo. 84)-"anulomo+anilaḥ svāsthyaṃ kṣutṛ-

ṣṇā sumanaskatā | laghutvamindriyodgāraśuddhirjīrṇau-
 ṣadhākṛtiḥ | klamo dāho+aṅgasadanam bhramo mūrccā
 śirorujā | aratirbalahāniśca sāvaśeṣauṣadhākṛtiḥ | | auṣa-
 dhaśeṣe bhuktaṃ pītaṃ ca tathauṣadham ca śeṣe+anne |
 na karoti gadopaśamaṃ prakopayatyanarogāṃśca | | " 5
 iti | na ca sarvaḥ kaścitpeyādikramācaredityāha | § 12117

4.1.174 Aṣṭāṅghṛdayasaṃhitā

-----śleṣmavāna tu | | 70 | |
 peyā kapham vardhayati paṅkam pāṃsuṣu
 vṛṣṭivat | | 70 | | § 12119

4.1.175 Sarvāṅgasundarā

śleṣmavāna tu-jīrṇauṣadho+api śleṣmavānnarah peyā-
 dikam nā śnīyāt | kim ? ityāha-peyetyādi | yataḥ peyā
 kapham vardhayati--vilīnarupasya kaphasya styānabhā-
 vatāmutpādayanti saṃsthānaviśeṣamuparyuparibhāvata-
 yopacayamutpādayati, na tu sā kapham sāksādvardhayati, 5
 iti vardhayaterarthaḥ, anekārthatvāddhātūnāmiti, eṣacā-
 rtho+anurūpatantrakāradrṣṭāntadarśanādavagamyate | ta-
 thā cāhapaṅkam pāṃsuṣu vṛṣṭivaditi | yathā,-pāṃsuṣu vṛ-
 ṣṭiḥ patitā na tu paṅkam vardhayati-śīthilarūpatām pā-
 ṃsūnāmapāsyā nibīdarūpatāmiva teṣāmutpādayati | na 10
 pāṃsūn vṛṣṭirvardhayati-ādhikyam nayati, na vardhay-
 ate+atrā(tyetya)rthaḥ | tantrakārasyārtha evaṃ vivakṣito
 bhaviṣyat tadānīmatraivam spaṣṭameva drṣṭāntamadārśa-
 yiṣyat | yathā-"peyā kapham vardhayati yathā vṛṣṭirnadīj-
 alam | " iti | tacca tantrakāro+amunaivānusāreṇāha- § 12120 15

4.1.176 Āyurvedarasāyana

śleṣmajvare peyāṃ niṣedhayati-śleṣmavāna tviti | peyāni-
 ṣedhe yuktimāha-peyā kapham vardhayati paṅkam pāṃs-
 uṣu vṛṣṭivat | śleṣmābhiṣavadehānāmiti | yathā pāṃsuṣu
 patitā vṛṣṭiḥ paṅkam varddhāyati tathā śleṣmābhiṣave-
 kaphaklinne dehe, patitā peyā kapham varddhayati | § 12121 5

4.1.177 Aṣṭāṅgahr̥dayasaṃhitā

śleṣmābhiṣyaṇṇadehānāmataḥ prāgapi yojayet | |71| |
yūṣān kulatthacaṇakakalāyādikṛtān
laghūn | |71| |
rūkṣāṃstiktarasopetān hr̥dyān rucikarān
paṭūn | |72| | § 12124

4.1.178 Sarvāṅgasundarā

ābhiṣyaṇṇa iti, abhipūrvātsyandeh̥ sravaṇārtho vyutpā-
ditaḥ | śleṣmaṇā-srutirūpeṇaiva, abhiṣyaṇṇaḥ-kinna iva,
deho yeṣāṃ te śleṣmābhiṣyaṇṇadehāḥ, teṣāṃ, ato jvari-
ṇāṃ prāgapi prathamapathyāvasare+api, yūṣān yojayet |
5 kimuta śleṣmavataḥ puṃso jirṇauśadhasya yūṣāna yo-
jayet ? ityapīśabdasyarthaḥ | kimbhūtān ? kulatthādikṛ-
tān | tathā, laghūn | nanu, kulatthādīnāṃ laghutvāttatk-
ṛtā yūṣā laghava eva bhaviṣyanti | tatkiṃ laghūnityanena
? atrocyate | śambīdhānyānāṃ madhye guravo+api rāja-
10 māṣamāśādayaḥ santi, tannivṛttyarthametāt | api ca, la-
ghūnityanena yūṣaprakṛtidravyyairalpaparimāṇaiḥ kṛtān-
iti dyotayati | yato+alpaparimāṇaiḥ kulatthādibhiḥ kṛtā la-
ghutarāḥ syuḥ, tasmāllaghūniti yuktaṃ | tathā, rūkṣān-
ghṛtabharjanakādirahitān | tathā, tiktarasayuktān | tathā,
15 hr̥dyān-iṣṭarasagandhavarṇasparśayuktatvācchetasa āhlād-
akarān | tathā, rucikarān-jvariṇo+anyasya vā rociṣṇūn | ta-
thā, paṭūn-salavaṇān | § 12125

4.1.179 Āyurvedarasāyana

peyāsthāne yūṣamāha-ataḥ prāgapīti | prāgapi-"yuktaṃ
laṅghitaliṅgaistu taṃ peyābhirupācaret |" (ślo. 24) ityatr-
āpi | laghūn-samyakpākena | rūkṣān-akṛtatvena dhānya-
syānavatvena [ca] | paṭūn-saindhavayogena | § 12126

4.1.180 Aṣṭāṅgahr̥dayasaṃhitā

raktādyāḥ śālayo jīrṇāḥ ṣaṣṭikāśca jvare hitāḥ | |72| |
śleṣmottare vītatuṣāstathā vāṭīkṛtā
yavāḥ | |73| | § 12128

4.1.181 Sarvāṅgasundarā

raktādyāḥ-"rakto mahān sakalamah" (hṛ.sū.a.6/9) ityāda-
yaḥ | tathā, ṣaṣṭikā vrīhyādayo+api, jīrṇāḥ-purāṇāḥ, hitāḥ-
pathyāḥ | śleṣmottare-prabhūtaśleṣamaṇi jvare, vītatuṣāḥ-
apanītatvaco, yavāśca pathyāḥ | kīdrśāḥ ? vāṭīkṛtāḥ-
bhr̥ṣṭavidalīkṛtā ityarthāḥ | § 12129

5

4.1.182 Āyurvedarasāyana

pathyayogyam dhānyamāha-raktādyā iti | vāṭīkṛtāḥ-bādhatvam
nītāḥ | bādhatvam-bhr̥ṣṭasya śakalīkaraṇam | § 12130

4.1.183 Āyurvedarasāyana

odanavidhimāha-odanastairiti | taiḥ-raktaśālyādibhiḥ, dv-
istrirvā sruto-yūlitāḥ(?), udakāntaraprakṣeṇa | § 12131

4.1.184 Aṣṭāṅgahr̥dayasamhitā

odanastaiḥ sruto dvistriḥ prayoktavyo
yathāyatham | |73| |
doṣadūṣyādibalato
jvaraghnakvāthasādhitāḥ | |74| | § 12133

4.1.185 Sarvāṅgasundarā

odanastaiḥ-raktaśālyādibhiḥ pūrvoktaiśca, kṛto jvariṇo ya-
thāyatham yo yasya dāne yogaḥ sa tasya prayoktavyaḥ |
kimbhūtaḥ ? dvistriḥ sruto-dvau vārau trīn vārān vā jalam
dattvā dhātāḥ | katham prayojyaḥ ? doṣadūṣyādibalena |
jvaraghnaiḥ-jvarāpahairdravyaiḥ, kvātham kṛtvā, tena kv-
āthena sādhitāḥ | doṣasya-vātāderbalaṃ tathā dūṣyasya

5

rasāderbalamapekṣya, ādigrahaṇāddeśakālavayaḥ sattva-
sātmyaśarīrāhārabalaṃ gṛhyate | ekāhādikānāṃ jvariṇā-
makṛtapeyānāmeva kulatthamudgacaṇakādiyūṣā uktāḥ |
samprati sāmānyena jvariṇāṃ kṛtapeyānāṃ yūṣādīnāha-

5 § 12134

4.1.186 Aṣṭāṅgahr̥dayasaṃhitā

mudgādyairlaghubhiryūṣāḥ kulatthaiśca
jvarāpahāḥ | |74| | § 12135

4.1.187 Sarvāṅgasundarā

mudgādyaiḥ-śimbīdhānyaiḥ, laghubhiḥ kṛtā yūṣāstathā
kulatthaiḥ kṛtā yūṣā jvaraghnāḥ | mudgādyairityādiḥ
prakāre | tena sujarā mudgacaṇakakulatthamakuṣṭama-
sūrādayo gṛhyante | mudgaśabdasyādau nirdeśa idaṃ

5 bodhayati,-yūṣāsādhye vyādhou bāhulyena mudgayūṣāḥ
kāryaḥ, mudgānāṃ pathyatamatvāt | tathā covāca munih

(cha.sū.a.25/38)- "mudgaḥ śimbīdhānyānāṃ pathyatve śr-
eṣṭhatamaḥ | " iti | nanu, mudgādyairityādiśabdenaiva ku-
latthā gṛhitā eva, kiṃ pṛthānnirdeśena ? brūmahe | kula-

10 tthayūṣasya jvaraviṣaye viralāḥ prayogaḥ kārya iti sūcha-
yitum pṛthakkr̥to nirdeśa iti | tathā cha kulatthā evaṃg-
uṇāḥ (hr̥.sū.a.6/19)- "uṣṇāḥ kulatthāḥ pāke+amlāḥ śukr-

āśmaśvāsapīnasān | kāsārśaḥ kaphavātāṃśca ghnānti pi-
ttāsrādāḥ param | | iti | evamuṣṇatvādamlavipākitvādat-

15 ipittāsrakāritvāt kulatthānāṃ yūṣo bahudravyaparimāṇo
bahumātropayukto jvarasya na śāntaye sampadyate, pra-
tyuta vṛddhaye syāditi sambhāvyaḥ, pittaviruddhatvāt |

tasmādalpaparimāṇadravyasādhito+alpamātrayā kulatth-
ayūṣāḥ śleṣmādyupaśamakṛdyāvanmātraḥ syāttāvāneva
20 prayojyata iti sthitam | § 12136

4.1.188 Āyurvedarasāyana

yūṣadravyāṅyāha-mudgādyairiti | § 12137

4.1.189 Aṣṭāṅgahr̥dayasam̐hitā

kāravellakakarkoṭabālamūlakaparpaṭaiḥ | |75| |
 vārtākanimbakusumapaṭolaphalapallavaiḥ | |75| |
 atyantalaṅubhirmāṃsairjāṅgalaiśca hitā
 rasāḥ | |76| |
 vyāghrīparūṣatarkārīdgākṣāmalakadāḍimaiḥ | |76| |
 saṃskṛtāḥ pippaliśuṅṭhīdhānyajīrakasaindhav- 5
 aiḥ | |77| |
 sitāmadhubhyāṃ prāyeṇa saṃyutā vā
 kṛtākṛtāḥ | |77| | § 12143

4.1.190 Sarvāṅgasundarā

kāravellakādibhī rasā jvare hitāḥ | munistu kāravellakādī-
 nāṃ śākatvamevecśati (ca.ci.a.31187) | kharaṇāde+apyuktam-
 "paṭolaṃ saphalaṃ nimbaṃ karkoṭakakaṭhillakam | śā-
 kaṃ parpaṭakaṃ ca syāt" iti | tathā jāṅgalaiḥ-jāṅgaladeśa- 5
 prāṇijaistadabhāvāttattulyairanyadeśaprāṇijairapi, maṃs-
 airhitā rasā vyāghryādibhiḥ saṃskṛtāstathā pippalyādi-
 bhiḥ saṃyutā iti vakṣyamāṇena sambandhaḥ | saṃskāra-
 mātrayogabhājah pippalyādayo+atra yojya ityarthah | prā-
 yeṇa kecideva sitāmadhubhyāṃ yuktā avasthāvaśāt, na tu
 sarva eva | kimbhūtā rasā yūṣāścaivaṃvidhāḥ kāryāḥ ? kṛ- 10
 tākṛtāḥ | pānakadāḍimājājisūṅṭhyādyairapi saṃskṛtā yūṣā
 rasāśca-kṛtāḥ | viparītāstvatāḥ-akṛtāḥ | § 12144

4.1.191 Āyurvedarasāyana

khaladravyāṅyāha-kāravellaketi | nimbasya kusumam |
 paṭolasya phalaṃ pallavaśca | rasā iti vakṣyamāṇam-
 atrayojyam | khalatvaṃ tu dhānyamāṃsetarakṛtatvāt | |
 rasadravyāṅyāha-atyantalaṅubhiriti | yūṣādīnāmupakaraṇadravyāṅyāha
 vyāghrīparūṣeti | tāni ca vyāghryādīni trayodaśa | praye- 5
 ṇaitānyanyānyapyavasthāvaśāt prayojyāni | te tu yūṣāda-
 yaḥ saṃskṛtāḥ saṃyutā vā kāryāḥ | prakṣepyāpanayanena
 saṃskṛtatvam, anapanayanena saṃyutatvam | prakṣepa-

śca yathāyogaṃ kvathanakāle kvathanānantaraṃ vā | sn-
ehena viśiṣṭāḥ-kṛtāḥ, aviśiṣṭāḥ-akṛtāḥ, kaṭupaṭvamlānām-
uktatvāt | § 12145

4.1.192 Aṣṭāṅgahr̥dayasaṃhitā

anamlatakrasiddhāni rucyāni vyañjanāni ca | |78| |
acśānyanalasampannāni-----
| |78| | § 12147

4.1.193 Sarvāṅgasundarā

anamlena takreṇa siddhāni | tathā, rucyāni-abhyavahartumabhilaṣitāni |
tathā, acchāni-tanūni na ghanāni | tathā, analasampannāni-
vahnipakvāni | kecididhi takramapakvamevācchīkṛtya sa-
mṣkṛtya ca śuṅṭhījīrakādīnā+abhyavaharanti tanniṣedhāy-
5 aitaduktam | evaṃvidhāni vyañjanāni-temanāni rasakaṣā-
yānī, odanena sahābhyavahartavyāni | § 12148

4.1.194 Āyurvedarasāyana

vyañjanavidhimāha-anamlatakrasiddhānīti | vyañjanāni-
śākāni | acchāni-ghanāni | analasampannāni-supakvāni |
§ 12149

4.1.195 Āyurvedarasāyana

anupānānyāha-anupāne+apīti | tāni-vyañjanāni pānayo-
gyāni kṛtāni | § 12150

4.1.196 Aṣṭāṅgahr̥dayasaṃhitā

-----anupāne+api yojayet | |78| |
tāni kvathitaśītaṃ ca vāti madyaṃ ca
sātmyataḥ | |79| | § 12152

4.1.197 Sarvāṅgasundarā

anupāne+api-āturasya paścātpāne+api, tāni yojayet | tathā kvathitaśītaṃ ca vāri madyaṃ ca, sātmyataḥ-sātmyavaśāt, anupāne+api yojayet | § 12153

4.1.198 Sarvāṅgasundarā

sajvaram naram dinānte bhojayet,-athavā jvaramuktaṃ-acirakārajvaratyaktam | kimbhutaṃ bhojanaṃ bhojayet ? laghu,-mātrayā svabhāvāt (ca) ubhayathā yallaghu | kimi-tyetasmin kāle laghu bhojayet ? ityāha-śleṣmetyādi | tadā-tasmindināntākhye kāle, śleṣmakṣayo yastena vivṛddha 5 ūṣmā-svasvabhavo, yasyānalasya jāṭharāgrerasau śleṣmakṣayavivṛddhoṣmā+analaḥ | ata eva balavān tadā paktuṃ śaktaḥ | § 12154

4.1.199 Aṣṭāṅgahr̥dayasaṃhitā

sajvaram jvaramuktaṃ vā dinānte bhojayellaghu | | 79 | | śleṣmakṣayavivṛddhoṣmā
balavānanalastadā | | 80 | | § 12156

4.1.200 Āyurvedarasāyana

pathyagrahaṇakālamāha-sajvaram jvaramuktaṃ veti | jvaramuktaṃ tu-ābalalābhāt | dinānte-pañcadaśe muhūrte | laghu-alpamātram | tadā-dinānte | § 12157

4.1.201 Aṣṭāṅgahr̥dayasaṃhitā

yathocite+athavā kāle
deśasātmyānurodhataḥ | | 80 | | § 12158

4.1.202 Sarvāṅgasundarā

athavā yathocite kāle sajvaram̐ jvaramuktaṃ vā+a+aturam̐
bhojayet | yasya yasya ya ucitaḥ-sātmyaḥ, āhārakālasta-
smin bhojayet | yathocite hi kāle prāyaḥ kṣudupagamo jā-
yate | kathaṃ bhojayet ? ityāha-deśetyādi | deśasātmyava-
5 śāt taṃ bhojayet, naivameva | nanu, evaṃ yasya pūrvāhṇe
kāle bhojanamucitaṃ tadā tasya bhojane dīyamāne ko gu-
ṇaḥ syāt ? ityāha- § 12159

4.1.203 Āyurvedarasāyana

dināntasyāpavādamāha-yathocite+athaveti | deśo-bhūmirdehaśca |
§ 12160

4.1.204 Aṣṭāṅgahr̥dayasaṃhitā

prāgalpavahnirbhuñjāno na hyajīrṇena
pīḍyate | | 81 | | § 12161

4.1.205 Sarvāṅgasundarā

yasmādalpavahniḥ-mandāgniḥ, pūrvāhṇe bhuñjāno+ajīrṇena
na piḍyate-na bādhyate | adhunā sarpiḥpānakālaṃ nirūpayati-
§ 12162

4.1.206 Āyurvedarasāyana

apavādāpavādamāha-prāgalpavahniriti | yo+alpavahniḥ prāk-
dinānte, bhuñjāno hi-sphuṭaṃ, ajīrṇena na bādhyate, any-
athā bādhyate, tasmāddinānta eva bhuñjīta | amandava-
hniṃ prati pūrvo+apavādaḥ | § 12163

4.1.207 Aṣṭāṅgahr̥dayasaṃhitā

kaṣāyapānopathyānnairdaśāha iti laṅghite | | 81 | |

sarpirdadyātkaphe mande vātapittottare
 jvare | | 82 | |
 pakveṣu doṣeṣvamṛtaṃ
 tadviṣopamamanyathā | | 82 | |
 daśāhe syādatīte+api
 jvaropadravavṛddhikṛt | | 83 | |
 laṅghanādikramaṃ tatra
 kuryādākaphasaṅkṣyāt | | 83 | | § 12168

4.1.208 Sarvāṅgasundarā

kaṣāyasya-mustāparpaṭakādeḥ, pānaṃ kaṣāyapānaṃ, tena |
 tathā, pathyānnaiḥ-peyāyūṣādibhiḥ, daśāha iti-anena pra-
 kāreṇa, laṅghite-atikrānte | tatheti prāyeṇa kṣīṇaḥ kaphaḥ
 sambhāvya+ato daśāhe laṅghita ityuktam | āmajvara-
 samjñānivṛttistu ṣaḍahādūrdhvaṃ saptame+ahnyasṭame 5
 vā+ahani jvarasya jāyate | tathā ca muniḥ (ca. ci. a.
 3/272)- "saptāhena hi pach \yante saptadhātugatā malāḥ |
 nirāmaścāpyataḥ prokto jvaraḥ prāyo+aṣṭame+ahani | |"
 iti | tasmāt kaṣāyapānapathyānnairityādito daśāhe la-
 ṅghite kaphe mande-kṣīṇaprāye, sarpirdadyāt | kimbh- 10
 ūte jvare ? vātapittottare,- vātapittādhike | asyāstavasth-
 āyāṃ pakveṣu-nirāmeṣu vātādidoṣeṣu, sarpirdadyāt | pa-
 kveṣu sarpirdattamamṛtaṃ-mahāguṇamityarthaḥ | any-
 athā punaḥ apakveṣu doṣeṣu kaphottare, tatsarpirda-
 ttaṃ viṣopamaṃ-viṣatulyaṃ, daśāhe+atikrānte+api syāt | 15
 ato+asyāstavasthāyāṃ sarpirdattaṃ jvarasya tadupadra-
 vāṇāṃ ca vṛddhiṃ karoti, tasmādasyāstavasthāyāṃ sa-
 rpiḥpānamayuktam | tatra-kaphottare jvare sati, laṅghan-
 ādikramaṃ kuryāt | kiyantaṃ kālam ? ākaphasaṅkṣyāt,-
 yāvatkaphasya-jvarakāriṇo+adhikasya, saṅkṣyaḥ-samyak 20
 kṣayaḥ, na dhātukṣayo+api yāvat | yataḥ kaphajvare+api
 viḍaṅgādisarpirvakṣyati (ślo. 93) | atha jīrṇajvaracikitsāmāha-
 § 12169

4.1.209 Āyurvedarasāyana

asarpīṣkasya bhojanasyāvadhimāha-kaṣāyapānapathyānnairiti |
 pakveṣu doṣeṣu daśāhe+anatīte+apyamṛtopamaṃ sarpiḥ |

apakveṣvatīte+api viṣopamam, jvaropadravavardhanāt |
tatra-tathāvidhe cirapākajvare, laṅghanādikramameva ku-
ryāt, na sasarpiṣkabhojanādiṣṭam [br̥ṃ]haṇakramam | si-
ddhayoge tu pathye viśeṣa uktaḥ (jvarādhikāre ślo. 42)-
5 "śramopavāsānilaje hito nityam raudanaḥ | | mudgayū-
ṣaudanaścāpi deyaḥ kaphasamutthite | sa eva sitayā yu-
ktaḥ śītaḥ pittajvare hitaḥ | | mudgāmalakayūṣastu vāt-
apittātmake hitaḥ | mudgāmalakayūṣastu gādhaviṭke vi-
dhīyate | | śuṣkamūlakayūṣastu kaphavātātmake hitaḥ |
10 nimbakūlakayūṣastu hitaḥ pittakaphātmake | | kūlakaḥ-
paṭolam | laghunā pañcamūlena pippalyā saha dhāny-
ayā | mahatyā pañcamūlyā tu vyāghrīduḥsparśagokṣur-
aiḥ | | siddhāni bhiṣagannāni prayuñjīta yathākramam |
vātapitte śleṣmapitte kaphavāte tridoṣaje | | (ślo. 164)-
15 yavakolakulatthānām mudgamūlakaśuṅṭhayoḥ | ekaikaṃ
muṣṭimāhr̥tya pcedaṣṭagaṇe jale | | pañcamuṣṭika ityeṣa
vātapittakaphāpahaḥ | śasyate gulmaśūle ca śvāse kāse
kṣaye jvare | | mūlakaśuṅṭhaḥ-śuṣkamūlakam | pañcamu-
ṣṭikayūṣeṇa trikaṇṭakakṛtena vā | ādoṣasamanātpathyam
20 trikaṇṭenaiva sādhayet | | mahādāho vidhātavyo yūṣaśc-
aṇakasambhavaḥ | mustāparpaṭakairāto niryūhena pras-
ādhitāḥ | | kaphapittajvaraharo yūṣo dhānyapaṭolayoḥ |
(vaṅgasene jvarā. ślo. 416)-yavakolakulatthaistu mudg-
amūlakaśuṅṭhakaiḥ | | dhānyākaviśvaiḥ saṃyuktairyūṣo
25 vātakaphāpahaḥ | saptamuṣṭika ityeṣa sannipātajvarāp-
ahaḥ | | kaphavātāmadoṣaghaṇaḥ kaṇṭhahṛdvaktrośodha-
naḥ | | " iti | iti navajvarah | § 12170

4.1.210 Aṣṭāṅgahr̥dayasaṃhitā

dehadhātvalatvācca jvaro jīrṇo+anuvartate | | 84 | | § 12171

4.1.211 Sarvāṅgasundarā

jīrṇaḥ-purāṇo jvarah, anuvartate-anubadhnāti | kutaḥ ?
dehadhātvalatvāt | dehadhātavaḥ-tadārambhakā rasar-
udhirādayaḥ, dehagrahaṇādvātapittaśleṣmāṇo+api dhār-

aṅāddhātava ucyaṅte | dehadhātūnāmabalatvaṅ-svalpatvam |
tasmācca jīrṅo jvaro+anubadhnāti, na svabhāvamātrād-
eva, iti caśabdasyārthaḥ | jīrṅajvarasya śāntyarthaṅ deha-
balādhānārthaṅ ca sarpiḥpānaṅ hitamiti pratipādayannāha-
§ 12172 5

4.1.212 Āyurvedarasāyana

atha jīrṅajvaraḥ | tatra jīrṅajvarānuvṛttau hetumāha-dehadhātvalatvācc-
dehasyābalavattvaṅ-srotasāmadrḍhatvam | dhātūnāmabalatvaṅ-
svasrotobhisañcaraṅāśaktiḥ | § 12173

4.1.213 Aṣṭāṅghṛdayasaṅhitā

rūkṣaṅ hi tejo jvarakṛttejasā rūkṣitasya ca | | 84 | |
vamanasvedakālāmbukaṣāyalaṅubhojanaiḥ | | 85 | |
yaḥ syādatibalo dhātuḥ sahaacārī
sadāgatīḥ | | 85 | |
tasya saṅśamanaṅ sarpiḥpīḍitasyevāmbu
veśmanaḥ | | 86 | | § 12177

4.1.214 Sarvāṅgasundarā

rūkṣaṅ yattejastajjvarakṛt | rūkṣamiti vacanāddehoṣmā
jāṭharo+analo gṛhyate, tasyaiva jvarakṛttvāt | tathoktam
(hr.ni.a.2/3)- "malāstatra svaiḥsvairduṣṭāḥ" ityādi yā-
vat | "jvaraṅ nirvartayanti te |" ityādi jāṭharānalasya-
iva jvarakṛtatvam | tena jvarakṛtā rūkṣeṅa tejasā rū- 5
kṣitasya ca puṅsaḥ sarpiḥ saṅśamanam | caśabdācc-
ānyasyāpi | ata evāha-vamanetyādi | vamanādibhī ra-
ukṣyakṛdbhiḥ kṛtaistadānīm yaḥ syāt-bhavet, atibalaḥ-
pravṛddhatvādatisamartho dhātuḥ | ko dhātuḥ ? sahaacārī,
yaḥ saha carati tacśīlo vātākhyo dhāturagninā saha carati | 10
nanu, evaṅ parasparasahacarabhāvatve+agnirapi vāyunā
saha carati, tato+agnisvabhāvatvāt pittākhyo+api dhātu-
riha sahaacārī prāptaḥ, tannivṛttyarthaṅ sadāgatirityāha |
sadāgatitvaṅ vāyorevānvarthatvenopapadyata iti pitta-

syāgrahaṇam | kiṃ kasya yathā saṃśamanam ? ambu
veśmano-gr̥hasya, dīptasya-jvalitasya, jalaṃ yathā | § 12178

4.1.215 Āyurvedarasāyana

sarpiḥprayoge yuktimāha-rūkṣamityādi | hi-yasmāt, jīrṇā-
vathāyāṃ nirāmaṃ tejo jvaraṃ karoti | tena ca tejasā rū-
kṣitasya jvariṇaḥ, tathā vamanādibhirnavajvaropakramai
rūkṣitasya, saḥacārī-sakhā, punastadeva vardhayati | tato
5 dhātūn nayati | tasya-tathānuvṛttasya jīrṇajvarasyānuvṛ-
ttau pradhānabhūtasya vāyoḥ, sarpiḥ saṃśamanam | § 12179

4.1.216 Āyurvedarasāyana

sarpirdānaṃ vidhatte-vātapittajitāmagnyamiti | yata evaṃ
atastatsarpirdadyāt | sarpirpo+api tailaṃ vātaharamiti
cettatrāha-vātapittajitāmagnyaṃ pittasaṃsr̥ṣṭaśśa(vā)tāyu(?) |
jīrṇajvare tailamapyauśadhasādhitam tatheti cettatrāha-
5 saṃskāraṃ cānurudhyate sutarām | ata eva yathāsvauşa-
dhasādhitamityuktam | § 12180

4.1.217 Aṣṭāṅgahr̥dayasaṃhitā

vātapittajitāṃgryaṃ saṃskāraṃ cānurudhyate | | 86 | |
sutarām taddhyato dadyādyathāsvauşadhasā-
dhitam | | 87 | | § 12182

4.1.218 Sarvāṅgasundarā

yasmāddhṛtaṃ sarveṣāṃ vātapittajitāmagryaṃ yathā na
tathā+anyānyauşadhāni vātapittajintīti | ata eva prāgabhy-
adhāt (ślo. 82)- "sarpirdadyātkaphe mande vātapittottare
jvare |" ityādi | yasmāccha ghṛtaṃ saṃskāramanurudhyate-
5 anuvartate | guṇāntarādhānaṃ-saṃskāraḥ | taṃ ca yasm-
āddhṛtaṃ suṣṭvatisāyavailakṣaṇyādanurudhyate-ātmasātkaroti |
tailādirapi snehaḥ saṃskāramanuvartate | na tu yathā gh-
ṛtaṃ svaśaityamajahadeva saṃskāramanuvartata iti | eta-

ccha snehavidhau pratipāditameva | amumeva cha nyāya-
maṅgīkr̥tya munirapyavocat (ca.ni.a.1/40)-"nānyaḥ sneh-
astathā kaścit saṃskāramanuvartate | yathā sarpirataḥ sa-
rpiḥ sarvasnehottamaṃ matam | |" iti | hi-yasmāt, sutarāṃ 5
saṃskāramanurudhyate ghṛtam, tasmāddhṛtam jīrṇe vāt-
apittottare nirvikalpaṃ dadyāt | kīdr̥śam ? yathāsvauşadhasādhitam,-
yathāyatham vyādhipratipakṣairauşadhaiḥ pakvam | § 12183

4.1.219 Aṣṭāṅghṛdayasamhitā

viparītam jvaroṣmāṇam jayetpittam ca śaityataḥ | |87| |
snehādvātam ghṛtam tulyam yogasaṃskārataḥ
kapham | |88| | § 12185

4.1.220 Sarvāṅgasundarā

ghṛtam viparītam jvaroṣmāṇam jayet | jvanirvartaka
ūṣmājātharo+analo, rūkṣatīkṣṇādiguṇaḥ sa paktisthānā-
nnirasto jvanirvartako ghṛtasya snigdhaśītatvādiguṇay-
ogādviparītaḥ, evaṃ viparītam jvaroṣmāṇam ghṛtam ja- 5
yet | pittam ca śaityataḥ-śaityāddhṛtam jayet, na sne-
hāt, "pittam sasneha" (hr̥.sū.a.1/11) iti vacanāt | snehāt-
snigdhatvāt, ṛtam vātam jayet na tu śaityāt, "śīto+anilaḥ"
(hr̥.sū.a.1/11) iti vachanāt | kapham snigdhaśītatvādinā
tulyam yogasaṃskārābhyām jayet | yogo-yuktiḥ kaphajva-
raharairdravyaiḥ saha yojanā, saṃskāro-guṇādhānam, yo- 10
gaśca saṃskāraścha yogasaṃskārau, tābhyām ghṛtam ka-
pham jayet | nanu, viparītam jvaroṣmāṇam ghṛtam jayed-
iti na ghaṭate, ghṛtasyāgnivṛddhihetutvāt | tathā ca vakṣy-
ati (hr̥.chi.a.10/68)-"snehameva param vidyāddurbalānal-
adīpanam | nālam snehasamidhisya śamāyānam sugu- 15
rvapi | |" iti | atrācakṣmahe | ghṛtam snehanatvadīpanatv-
ābhyām vātaśamanam kurvañjvaroṣmākṣepatvam vātasya
vinirvāya jvaroṣmaṇo+api raukṣyataikṣṇyādiyutasya ghṛ-
tam viparītaguṇatvācchamaṃ karoti, na vṛddhim | nanu,
yathā snehādvātam śamayati tathā tata eva snehātkimiti 20
ghṛtam samānaguṇatvāt pittam śamayati ? bṛmaḥ | jīrṇa-

5 jvare laṅghanādibhiratirūkṣeṇa jvaroṣmaṇā pittaṃ rūkṣm-
eva sampannaṃ snehabhāgaparikṣayāna sasneham, ataḥ
kathaṃ kṛtvā jvarayatu ? | tacca ghṛtaṃ pittameva śamay-
ati, na vātaṃ kopayati, dravyaprabhāvatvātsasnehanatvā-
cca | § 12186

4.1.221 Āyurvedarasāyana

sarpiṣo vyādhiviparītatvaṃ hetuviparītatvaṃ cāha-viparītaṃ
jvaroṣmānamiti | viparītaṃ-uṣṇam | jvaraṃ vātamapi vip-
arītam | kaphastu śītatvāt snigdhatvācca tulyaḥ, tamapyu-
ṣṇarūkṣayogasamskārājjayet | § 12187

4.1.222 Aṣṭāṅgahr̥dayasaṃhitā

pūrve kaṣāyāḥ saghṛtāḥ sarve yojyā
yathāmalam | | 88 | | § 12188

4.1.223 Sarvāṅgasundarā

pūrve kaṣāyāḥ-prāguktāni pācanāni, saha ghṛtena prayu-
ñjyāt | katham ? yathāmalaṃ-doṣānatikrameṇa | § 12189

4.1.224 Āyurvedarasāyana

5 uktaiḥ kvāthaiḥ sarpiḥpānamāha-pūrve kaṣāyā iti | yathāmalaṃ-
yathādoṣam, vātajvare vātajvaraghnā ityādi | ye tu prāg-
eva sasarpīṣkā uktāḥ, te na jvare dānārtham, tatra ca na
sarpīḥ pradhānaṃ cūrṇādyā vā, etatprayogāt | iha tu pr-
adhānam, ata eva samena kvāthena peyam, bhāgānuktau
samatvāt | § 12190

4.1.225 Aṣṭāṅgahr̥dayasaṃhitā

triphalāpicumandatvaṃmādhukaṃ bṛhatīdvayam | | 89 | |
samasūradalaṃ kvāthaḥ saghṛto
jvarakāsahā | | 89 | | § 12192

4.1.226 Sarvāṅgasundarā

tripalādīni masūradalāni caiṣa kvātho ghr̥tena sahopayoj-
ito jvarakāsahā syāt | § 12193

4.1.227 Āyurvedarasāyana

kāsopadravake jvare sarpiḥprayogamāha-triphaleti | mas-
ūradalāntāni kvāthyāni | § 12194

4.1.228 Āyurvedarasāyana

pippalyādisiddhamghṛtamāha-pippalīti | dhāvanī-kaṅṭakārī |
tāmalakī-bhūmyāmalakī | himaṃ-candanam | pālanī-trāyamāṇā |
sevyam-uśīram | atra ghr̥te dravamudakam, pippalyādī-
nām kalkaḥ | § 12195

4.1.229 Aṣṭāṅghṛdayasaṃhitā

rdrākṣayā+ativiṣayā sthirayā ca | |90| |
ghṛtamāśu nihanti sādhitam jvaramagniṃ
viṣamam halīmakam | |91| |
rvamathum pārśvaśirorujam
kṣayam | |91| | § 12198

4.1.230 Sarvāṅgasundarā

pippalītyādibhirdravayaiḥ kalkīkṛtairghṛtacaturthāmśaist-
oyena caturguṇena ghr̥tāpekṣayā sādhitam ghr̥tamāśu jv-
aram hanti, viṣamā gnyādīṃśca | § 12199

4.1.231 Āyurvedarasāyana

tailavakādighṛtānyatidiśati-tailvakamiti | tailvakam-vātavyādhicikitsitok
"palāṣṭakam tilvakato varāyāḥ" (a. 21/32) ityādi | tatra ca
trivṛduktā, sā pratyākhyātā | tiktakādīni trīṇi pittajvare |
tacca tiktakam-kuṣṭhacikitsitoktam "paṭolanimbakaṭukā"
(a. 19/2) ityādi | vṛṣaghr̥tam-raktapittacikitsitoktam "sam- 5

ūlamustakaṃ kṣuṇṇaṃ" (a. 2/40) ityādi | pālanikāghṛtaṃ-
vidradhicikitsitoktaṃ "kuḍavaṃ trāyamāṇāyāḥ" (a. 13/13)
ityādi | § 12200

4.1.232 Aṣṭāṅgahr̥dayasaṃhitā

tailvakaṃ pavanajanmani jvare yojayetrivṛtayā
viyojitam | | 92 | |
tiktakaṃ vṛṣaghṛtaṃ ca paittike yacca
pālanikayā śṛtaṃ haviḥ | | 92 | | § 12202

4.1.233 Sarvāṅgasundarā

tailvakaṃ ghṛtaṃ-vātavyādhicikitsitoktaṃ (a.21/32), tri-
vṛtayā rahita [vātike jvare] pibet | paittike jvare ti-
ktakaṃ kuṣṭhacikitsitoktaṃ (a.19/2), tathā vṛṣaghṛtaṃ-
raktapittacikitsitoktaṃ (a.2/40), atraiva vā vakṣyamāṇaṃ
5 (ślo.94), yojayet | pālanikayā-trāyantya, yaddhṛtaṃ pa-
kvaṃ tacca pittajvare yojayet | § 12203

4.1.234 Aṣṭāṅgahr̥dayasaṃhitā

vyoṣāgnisindhūdbhavayāvaśūkaiḥ | | 93 | |
palāṃśakaiḥ kṣīrasamaṃ ghṛtasya prasthaṃ
pacejjīrṇakaphajvaraghnam | | 93 | | § 12205

4.1.235 Sarvāṅgasundarā

viḍaṅgādibhiḥ palapramāṇaurghṛtaprasthaṃ kṣīratulyaṃ
caturguṇajalaṃ pacet | taccopayuktaṃ jīrṇo yaḥ kaphajv-
arastaṃ hanti | § 12206

4.1.236 Āyurvedarasāyana

kaphajvaraghnam ghṛtamāha-viḍaṅgasauvarcaleti | viḍa-
ṅgādīnāṃ daśānāṃ kalkīkṛtānāṃ pratyekam palam | ghṛ-
tasya prasthaṃ-dvātriṃśatpalāni | § 12207

4.1.237 Aṣṭāṅgahr̥dayasaṃhitā

guḍūcyā rasakalkābhyāṃ triphalāyā vṛṣasya ca | | 94 | |
mṛdvīkāyā balāyāśca snehāḥ siddhā
jvaracśidaḥ | | 94 | | § 12209

4.1.238 Sarvāṅgasundarā

guḍūcyādīnāṃ pañcānāṃ pṛthkpṛthagrasakalkābhyāṃ si-
ddhāḥ pañca snehāḥ jvaracśido-jīrṇajvaraghnāḥ syuritya-
rthaḥ | § 12210

4.1.239 Sarvāṅgasundarā

guḍūcīghṛtādipañcakamāha-guḍūcyā rasakalkābhyāmiti |
saṅgrahe tu (ci.a. 2)-"vāsāguḍūcītriphalātrāyamānāyavāsakāt |
kvāthe kṣīre ca vipacejjvaraghnāṃ kalkitairghṛtam | |
pippalīmustamṛdvīkācandanotpalanāgaraiḥ | balādurāla- 5
bhāmustātrāyantīnimbaparpaṭam | | pañcamūlam kanīya-
śca kvāthayitvā ghrutaṃ pacet | sakṣīraṃ kalkitairdrākṣ-
āmedāmalakaśauṣkaraiḥ | | śaṭhītāmalakīyuktaistacca jva-
raharam param | kṣayakāśāiraḥpārśvahṛcchūlāmsābhitā-
panut | | kulatthakolatriphalādaśamūlayavān pacet | dvi- 10
palān saliladroṇe pūte piṣṭvā+akṣikān kṣipet | | pañcak-
olakasaptāhvavayasthānimbatumbarūn | śaṭhīpuṣkaram-
ūlārkaṃūlaprativiśāvacaḥ | | kirātatikṭakam mustam ka-
rkaṭākhyāṃ durālabhām | naktamālamubhe pāṭhe kaṭuk-
āśigrutejinīḥ | | somavalkadvirajanīkaṅṭakīkaṅṭakārikāḥ |
paṭolīhiṅgugojihvākembukaṃ madanājjaṭām | | lavaṇāni 15
palāṃśāni kṣārānarddhapalonmitān | prastham cājyasya
tatsiddham dīpanam kaphavātajit | | hṛtplīhagrahaṅgu-
lmaśvāsakāsārśasaṃ hitam | dīrghajvarābhibhūtānām jv-
ariṇāmamṛtopamam | | vayasthā-guḍūcī | tejinī-mūrvā |
somavalkaḥ-kaṭphalaḥ | kaṅṭakīvikaṅkataḥ | madano-rāṭhaḥ 20
kṣārān-yavakṣārasvarjikākṣāraṭaṅkaṅakṣārān | mañjiṣṭhā-
tiviśāpathyāvacaṅnāgararohiṅḥ | devadāru haridrām ca
droṇe+apām pālikān pacet | | kvāthe+asmin sādhayetpi-
ṣṭairghṛtaprastham picūnmitaiḥ | śṛṅgaverakaṅāhiṅgudv-

ikṣārapaṭupañcakaiḥ | | tatkaphāvṛtasarvotthajvariṇāma-
 mṛtopamam | vardhmahidhmāruciśvāsakāsapāṇḍuvikār-
 iṇām | | galagrahapramehārśahplihāpasmāraśoṣiṇām | ud-
 āvartaparītānām mandāgnikrimikoṣṭhinām | | " iti | siddh-
 5 ayoge tu (jvarādhikāre ślo. 253)- "daśamūlīrase sarpiḥ sa-
 kṣīre pañcakolakaiḥ | sakṣārairhanti tatsiddham jvarakā-
 sāgnimandatām | vātapittakaphavyādhīn plihānam capi
 pāṇḍutām | | asya ṣaṭpalena datvā(?)sarpiḥ prastham, ṣa-
 ṭpalaḥ kalkaḥ, kṣīram samam, arthāddaśamūlīrasastrigu-
 10 ṇaḥ | pañcakolaiḥ sasindhūtthaiḥ pālikaiḥ payasā samam |
 sarpiḥprastham śṛtam plihaviṣamajvaragulmanut | | " iti |
 vaṅgasene tu (jvarādhikāre ślo.731)- "kalyāṇakam ṣaṭpa-
 lam vā ghr̥tam jīrṇajvare pibet | | kukkuṭam taruṇam sa-
 dyah śakṛtpādāsyavarjitam | tasya māṃsasya kurvīta śṛ-
 15 tam palaśatam bhiṣak | | bṛhatī kaṇṭakārī ca śṛṅgī karka-
 ṭakasya ca | badarāṇi kulitthāśca bhārgī hyāmalakam ta-
 thā | | śakaṭī puṣkaram mūlam pañcamūlam mahattathā |
 etattulām ca saṅgr̥hya taddvidroṇe+ambhasaḥ pacet | |
 pādaśeṣam parisrāvya kaṣāyam grāhayedbhiṣak | ṣaḍgu-
 20 ṇam kṣīramāhṛtya vipacettu ghr̥tāḍhakam | | tatra kalkīkṛ-
 tam dadyādāśvattham pañcamūlakam | tatsādhusiddham
 vijñāya śubhe bhāṇḍe nidhāpayet | | tasya kāle pibenmā-
 trām balaṃ doṣamavekṣya ca | jīrṇe tasmimstu bhuñjīta
 raktaśālyodanam mṛdu | | jīrṇajvaropasr̥ṣṭānām śuśyatām
 25 śvāsakāsinām | prayojyam kaukkuṭam sarpairyakṣmiṇām
 viṣamajvare | lekhanam bṛmhaṇīyam ca balavarṇāgniv-
 ardhanam | | pañcamūlakam-pañcāṅgam | vāsāriṣṭāmṛtā-
 bhārgīpañcamūlaphalatrikaiḥ | sayāsamadhukadrākṣākā-
 śmaryairakṣasammitaiḥ | | ghr̥taprastham vipaktavyame-
 30 bhirnātrāmataḥ pibet | vṛddhavāsāghṛtam proktametats-
 arvajarāpaham | | māgadhīcūrṇakuḍavaṃ tasmādaṣṭa-
 ṅgaṃ haviḥ | jale caturguṇe siddham jvaragṇam plihan-
 āśanam | | " iti | § 12211

4.1.240 Aṣṭāṅgahr̥dayasaṃhitā

jīrṇe ghr̥te ca bhuñjīta mṛdumāṃsarasaudanam | | 95 | |

balam hyalam doṣaharam param tacca
balapradam | | 95 | | § 12213

4.1.241 Sarvāṅgasundarā

ghṛte ca pariṇate sati mṛdu-atikṣṇam māmsarasāśanam
bhuñjīta | hi-yasmāt, alam balam jātam doṣaharam bhav-
ati | taccarasāśanam atīsayena balakaram syāt | § 12214

4.1.242 Āyurvedarasāyana

ghṛtānantaram pathyamāha-jīrṇe ghṛte ceti | hiyasmāt, ba-
lamatyartham doṣaharam | tacca-māmsam, atyartham ba-
lapradam | § 12215

4.1.243 Aṣṭāṅgahrdayasamhitā

kaphapittaharā mudgakāravellādi jā rasāḥ | | 96 | |
prāyeṇa tasmāna hitā jīrṇe vātottare
jvare | | 96 | |
śūlodāvartaviṣṭambhajanā
jvaravardhanāḥ | | 97 | | § 12218

4.1.244 Sarvāṅgasundarā

ata eva tasmātkāraṇāt mudgakāravellādi jā rasāḥ kaphapi-
ttaharā jīrṇajvare vātottare prāyeṇa na hitāḥ | te hyupayu-
ktāḥ śūlādikṛto jvaravardhanāśca syuḥ | § 12219

4.1.245 Āyurvedarasāyana

yūṣakhalayorniṣedhamāha-kaphapittaharā iti | mudgādirasāḥ-
yūṣaḥ | kāravellādirasāśca-khalaḥ | iti jīrṇajvaranṛtāni |
§ 12220

4.1.246 Aṣṭāṅgahr̥dayasaṃhitā

na śāmyatyevamapi cejjvaraḥ kurvīta śodhanam | |97| |
śodhanārhasya, vamanam prāguktam tasya
yojayet | |98| |
āmāśayagate doṣe balinaḥ
pālayanbalaṃ | |98| | § 12223

4.1.247 Sarvāṅgasundarā

evamapi kṛte sati yadi jvaro na śāmyati tadā śodhanārhasya narasya prāguktam-"pippalībhiryutān gālān" (ślo.6) ityādikaṃ, vamanam yojayet | kadā ? doṣe āmāśayagate sati, balavataḥ puṃso vamanam yojayet, balaṃ pālayanrakṣayan | § 12224

4.1.248 Āyurvedarasāyana

atha jīrṇajvaraśodhanāni | tatra śodhanakālamāha-na śāmyatīti | vamanamāha-vamanam prāguktamiti | prāguktam-"pippalībhiryutān gālān" ityādi | saṅgrahe tu (ci.a. 2) "santarpanoṭthe vamanam pippalīlavaṇāmbunā | śarkarāmākṣikāmbhobhirdāhatṛṣṇolbaṇe jvare | |" iti | § 12225

4.1.249 Āyurvedarasāyana

_virecanamāha-pakve tviti | śyāmā-śyāmamūlā trivṛt | trivṛt-arūṇamūlā | kesaram-nāgakesaram | sitayā modakaṃ kṛtvā madhunā lihyāt | vyoṣādyam virecanamatidiśati-vyoṣādyam veti | tacca virecanakalpoktam "vyoṣatrijātakāmbhoda" ityādi | virecanaṣaṭkamāha-drākṣādhātrīrasam tadvaciti | tatra trīṇi dhātrīharītakyaṛagvadhairdrākṣāyuktaiḥ | trīṇyāragvadhatriphalātrāyamāṇābhiḥ payoyuktābhiḥ | saṅgrahe tu (ci.a. 2)-"rasamāmalakānām vā ghr̥tabhr̥ṣṭam jvarāpaham | lihyādvā trivṛtaścūrṇam kṛṣṇātriphalayostathā | | sarpirmadhubhyām triphalām pibeddrākṣārasena vā | saghr̥tam triphalākvātham sarpiṣā vā vinā ghr̥tam | | payonupānamuṣṇam vā mṛdvīkāsvarasam pi-

bet | " iti | vaṅgasene tu (jvarādhikāre ślo. 727)- "madhukār-
agvadhadrākṣātiktāyāsaphalatrikaiḥ | sapaṭolairjalam bh-
edi jvaram hanti tridoṣajam | | arocake gātrasāde vaiva-
rṇye+aṅgamalādiṣu | śāntajvaro+api śodhyaḥ syādanuba-
ndhabhayānnarah | | " iti | § 12226

5

4.1.250 Aṣṭāṅgahr̥dayasamhitā

pakve tu śithile doṣe jvare vā viṣamadyaje | | 99 | |
modakaṃ
triphalāśyāmātrivṛtpippalikesaraiḥ | | 99 | |
sasiṭamadhuhirdadyāhyoṣādyam vā
virecanam | | 100 | |
(lihyādvā traivṛtam saṃyuktaṃ
madhusarpiṣā | | 100 | |
) drākṣādhātrīrasam tadvatsadrākṣām vā
harītakīm | | 100 | |
āragvadham vā payasā mṛdvīkānām rasena
vā | | 101 | |
triphalām trāyamāṇām vā payasā
jvaritaḥpibet | | 101 | | § 12233

5

4.1.251 Sarvāṅgasundarā

pakve punardoṣe tathā śithile-aviṣṭabdhe, athavā viṣajem-
adyotthe vā jvare, modakaṃ triphalādibhirvirecanam da-
dyāt | vyoṣādyam vā-"vyoṣatrijātakāmbhodakṛmighnāmalakaistrivṛt |
sarvaiḥ samā samasitā kṣaudreṇa guṭikāḥ kṛtāḥ | | " (hr̥.ka.a.
2/21) iti vā, dadyāt | athavā payasā-kṣīreṇa, mṛdvīkānām
rasena vā, āragvadham virecanam dadyāt | triphalām trā-
yantī vā payasā jvarī pibet | § 12234

5

4.1.252 Aṣṭāṅgahr̥dayasamhitā

viriktānām ca saṃsargī maṇḍapūrvā
yathākramam | | 102 | | § 12235

4.1.253 Sarvāṅgasundarā

viriktānāṃ jvariṇāṃ caśabdād̥vamiṭānāṃ ca yathākrama-
m̥kramānatikramaṇa, saṃsargī kartavyetyadyāhāryam |
maṇḍaḥ pūrvah-prathamō, yasyāṃ saivam | maṇḍam pr-
athamam̥ dattvā+anantaram̥ peyāvilepyādayo yathākra-
5 maṃ deyāḥ | kṛtavamanavirecanānantaram̥ yaḥ peyādy-
vacāraṇākramaḥ sa saṃsargītyucyate | § 12236

4.1.254 Āyurvedarasāyana

virecanānantaram̥ pathyamāha-viriktānāṃ ceti | saṃsargī-
peyādikramaḥ, "peyāṃ vilepīm (hr̥.sū.a. 18/29) ityādikaḥ |
§ 12237

4.1.255 Aṣṭāṅgahr̥dayasaṃhitā

cyavamānam̥ jvarotkliṣṭamupekṣeta malam̥ sadā | | 102 | |
pakvo+api hi vikurvīta doṣaḥ koṣṭhe
kṛtāspadaḥ | | 103 | | § 12239

4.1.256 Āyurvedarasāyana

svayaṃpravṛtteḥ stambhanam̥ niṣedhayati-cyavamānamiti |
§ 12240

4.1.257 Sarvāṅgasundarā

jvareṇotkliṣṭam̥-utkleṣitam̥ jvarotkliṣṭam̥, malam̥-purīṣākhyam̥,
cyavamānam̥-patantam̥, sadā upekṣeta-na tadvidhāraṇe
prayatnam̥ kuryāt | nanu, auśadhāni (dhena) kimity-
asau na vidhnīyate ? ityāha-pakvo+apītyādi | doṣaḥ-
5 purīṣākhyo, yataḥ pakvaḥ | apīśabdātkimutāpakvaḥ ?
koṣṭhe-āmapakvāśayāśrayākhye, kṛtam̥-gr̥hītam̥, āspadam̥-
avasthitiḥ, yena sa evambhūto vikurvīta-vikāram̥ kuryāt |
§ 12241

4.1.258 Aṣṭāṅgahr̥dayasaṃhitā

atipravartamānaṃ vā pācayan saṅgrahaṃ nayet | | 103 | |
āmasaṅgrahaṇe doṣā doṣopakrama
īritāḥ | | 104 | | § 12243

4.1.259 Āyurvedarasāyana

[ati] pravṛttau pācanapūrvakaṃ stambhanaṃ kāryamityāha-
atipravartamānaṃ veti | § 12244

4.1.260 Sarvāṅgasundarā

atipravartamānaṃ vā taṃ malaṃ apakvaṃ pācayan sa-
ṅgrahaṃ nayet- na tvāma eva saṅgr̥hītavya ityāha-
āmasaṅgrahaṇa ityādi | āmaśabdaḥ puriṣākhyasya doṣa-
sya pacyamānāvasthopalakṣaṇārthaḥ | āmasya-apakvasya
doṣasya, saṅgrahaṇamāmasaṅgrahaṇaṃ tasminnāma sa- 5
ṅgrahaṇe ye doṣā bhavanti te doṣokrame-doṣopakramaṇīye+adhyāye,
īritāḥ-uktāḥ | tathā ca tatroktam (hr̥.sū.a.13/31)- "utkli-
ṣṭanadha ūrdhvaṃ vā na cāmān vahataḥ svayam | dh-
ārayedaūśadhairdoṣān vidhṛtāste hi rogaḍāḥ | " iti | ta-
smādāmasaṅgrahaṇārthamaūśadhaṃ na deyam | tathā, 10
āmajvare+apyāmanirharaṇārthamaūśadhaṃ na deyam,
itipratipādayannāha- § 12245

4.1.261 Sarvāṅgasundarā

turvyatireke bhinnakramaḥ | yastu mohāt-ajñānāt, bhiṣa-
kpāpo doṣaharaṇamāmajvare pāyayet sa svayamanartha-
kārī suptaṃ kṛṣṇasarpaṃ karasyāgreṇa parāmṛset-spr̥set |
atipratyavāyaṃ paśyataivamuktaṃ tantrekr̥tā | tatra ca
vākye rūpakākhyo+alāṅkāraḥ | tasya hyetallakṣaṇam-"tadaparamaupamy
sati yasmin syādvākyayoryogaḥ | " asyodāharaṇam-"yaḥ
sevate kunṛpatiṃ kurute badhirasya karṇajāpaṃ saḥ iti |
§ 12246

4.1.262 Aṣṭāṅgahr̥dayasaṃhitā

pāyayeddoṣaharaṇaṃ mohādāmajvare tu yaḥ | | 104 | |
prasuptaṃ kṛṣṇasarpaṃ sa karāgreṇa
parāmr̥śet | | 105 | | § 12248

4.1.263 Āyurvedarasāyana

āmajvare śodhanaṃ niṣedhayati-pāyayeddoṣaharaṇamiti |
§ 12249

4.1.264 Sarvāṅgasundarā

jvareṇa kṣīṇasya puṃso na vamaṇaṃ hitaṃ na ca vireca-
naṃ hitaṃ | tarhi kathaṃ doṣanirharaṇaṃ tasya ? ityāha-
§ 12250

4.1.265 Aṣṭāṅgahr̥dayasaṃhitā

jvarakṣīṇasya na hitaṃ vamaṇaṃ na
virecanam | | 105 | | § 12251

4.1.266 Āyurvedarasāyana

jvarakṣīṇasya śodhanaṃ niṣedhayati-jvarakṣīṇasyeti | § 12252

4.1.267 Aṣṭāṅgahr̥dayasaṃhitā

kāmaṃ tu payasā tasya niruhairvā
harenmalān | | 2 | | § 12253

4.1.268 Sarvāṅgasundarā

tasya kāmaṃ-yatheṣṭaṃ kṛtvā, payasā niruhairvā malān
haret | § 12254

4.1.269 Āyurvedarasāyana

jvarakṣīṇasya payahpānaṃ bastikarma ca śodhanārthaṃ
vidhatte-kāmaṃ tviti | § 12255

4.1.270 Aṣṭāṅgahr̥dayasamhitā

kṣīrocitasya prakṣīṇaśleṣmaṇo dāhatṛṇvataḥ | | 106 | |
kṣīraṃ pittānilārtasya
pathyamapyatisāriṇaḥ | | 107 | | § 12257

4.1.271 Āyurvedarasāyana

payahpāne+adhikāriṇamāha-kṣīrocitasyeti | atisāriṇo+api-
kiṃ punaḥ śodhyasya | § 12258

4.1.272 Sarvāṅgasundarā

kṣīramucitaṃ-sātmyaṃ, yasya tasya kṣīrocitasya, tathā pr-
akarṣeṇa kṣīṇaḥ śleṣmā yasya tasya prakṣīṇaśleṣmaṇaḥ, ta-
thā dāhaśca ṛṭ ca te vidyete yasya tasya dāhatṛdvataḥ, ata
eva pittānilābhyāmārtasya-pīḍitasya, kṣīraṃ pathyam | at-
isāriṇo+apipathyam, kiṃ punaḥ prakṣīṇaḥ śleṣmā yasya 5
tasya kṣīrocitasya pūrvoktaviśeṣaṇaviśiṣṭasya kṣīraṃ na
pathyam ? ityapi śabdārthaḥ | § 12259

4.1.273 Aṣṭāṅgahr̥dayasamhitā

tadvapurāṅghanottaptaṃ pluṣṭaṃ
vanamivāgninā | | 107 | |
divyāmbu jīvayettasya jvaram cāśu
niyacchati | | 108 | | § 12261

4.1.274 Āyurvedarasāyana

kṣīraguṇānāha-tadvapuriti | divyāmbu-vṛṣṭyambu, yathā
dagdhaṃ vanaṃ jīvayet tathā kṣīraṃ vapurjīvayet | § 12262

4.1.275 Sarvāṅgasundarā

tacca-kṣīraṃ, laṅghanottaptaṃ vapurjīvayet-kāyasya sa-
prāṇatāmutpādayet | kiṃ kimiva ? agninā-dāvena, plu-
ṣṭaṃ vanaṃ yathā divyāmbu jīvayet-pratohayet, tathā va-
puḥ kṣīramiti | laṅghanaśabdenātra sāmānyaṃ laṅghan-
5 avācyam vastu bhaṅyate | "śarīralāghavakaraṃ yaddra-
vyaṃ karma vā punaḥ | tallāṅghanamiti jñeyam" ityeva-
ṃlakṣaṇam, na tu viśiṣṭamupavāsalakṣaṇam, yogyatāva-
śāt | tasyajvaraṇaḥ puṃsaḥ, tat-kṣīraṃ, āśu jvaraṃ ca niy-
acchati | na kevalaṃ vapurjīvayediti cārthaḥ | § 12263

4.1.276 Aṣṭāṅgahr̥dayasaṃhitā

saṃskṛtaṃ śītamuşṇaṃ vā tasmāddhāroṣṇameva
vā | | 108 | |
vibhajya kāle yuñjīta jvaraṇaṃ
hantya+anyathā | | 109 | | § 12265

4.1.277 Sarvāṅgasundarā

yata evaṃ mahāguṇaṃ kṣīraṃ tasmāddhetoḥ saṃskṛtaṃ-
dravyāntareṇa, tathā śītamuşṇaṃ veti kṛtvā, athavā dhār-
oṣṇameva kāle vibhajya, yuñjīta-yathāviśayaṃ kāle pray-
ojayet | ataḥ-yathānirūpitāt kṣīropayogaviśayāt, anyathā-
5 anyena prakāreṇa, prayuktaṃ kṣīraṃ jvaraṇaṃ hanti |
§ 12266

4.1.278 Āyurvedarasāyana

kṣīraviśeṣe niyamamāha-saṃskṛtamiti | saṃskṛtaṃ-auśadhasiddham |
tacca śītamuşṇaṃ vā doṣavaśāt | dhāroṣṇaṃ tūṣṇameva |
tadvat-saṃskṛtasamaphalam | § 12267

4.1.279 Aṣṭāṅgahr̥dayasaṃhitā

payah saśuñṭhīkharjūrāmṛdvīkāśarkarāghṛtam | | 109 | |

śṛtaśītaṃ madhuyutaṃ
tuḍḍāhajvaranāśanam | | 110 | | § 12269

4.1.280 Sarvāṅgasundarā

kṣīraṃ śuṅṭhyādiyutaṃ śṛtamanantaram śītaṃ madhuyutaṃ
trḍḍāhajidityarthaḥ | § 12270

4.1.281 Āyurvedarasāyana

samskṛtaṃ kṣīramāha-paya iti | tasya śuṅṭhyādibhistri-
bhiḥ pākaḥ, śarkarāghṛtayoḥ pakvoṣṇe prakṣepaḥ, madh-
unaḥ pakvaśīte | § 12271

4.1.282 Āyurvedarasāyana

kṣīrāntaramāha-tadvaditi | tadvat-śarkarādiyutam | kṣīradvayamāha-
caturguṇenāmbhaseti | § 12272

4.1.283 Aṣṭāṅgahṛdayasaṃhitā

tadvad drākṣābalāyaṣṭīsārivākaṇacandanaiḥ | | 110 | |
caturguṇenāmbhasā vā pippalyā vā śṛtaṃ
pibet | | 111 | | § 12274

4.1.284 Sarvāṅgasundarā

tenaiva pūrvoktena payasā tulyaṃ-tadvat | yathā pūrvok-
taṃ śṛtaśītaṃ trḍḍāhajvarahṛt tathā drākṣādibhiḥ śṛtam-
anantaram śītaṃ madhuyutaṃ trḍḍājidityarthaḥ | athavā
kṣīraṃ caturguṇena jalena śṛtaṃ pibet | athavā pippalyā
śṛtaṃ pibet | § 12275

5

4.1.285 Aṣṭāṅgahṛdayasaṃhitā

kāsācśvāsācśiraḥśulātpārśvaśulāccirajvarāt | | 111 | |
mucyate jvaritaḥ pītvā | | 111 | |
pañcamūliśṛtaṃ payaḥ | | 112 | | § 12278

4.1.286 Sarvāṅgasundarā

pañcamūlena śṛtaṃ kṣīraṃ pītvā kāsādibhyo mucyate |
mucyata iti karmakartari tañ | cirajvaro-dīrṇakālānubandhī
jvaraḥ | § 12279

4.1.287 Āyurvedarasāyana

kṣīrāntaramāha-kāsācśvāsāditi | § 12280

4.1.288 Aṣṭāṅgahr̥dayasaṃhitā

śṛtameraṇḍamūlena bālabilvena vā jvarāt | | 112 | |
dhāroṣṇaṃ vā payaḥ pītvā
vibaddhānilavarcaṣaḥ | | 113 | |
saraktapicśātisṛteḥ
satṛṣṭūlapravāhikāt | | 113 | | § 12283

4.1.289 Āyurvedarasāyana

kṣīratrayamāha-śṛtameraṇḍamūleneti | atisṛtiḥ-atīsāraḥ, sa-
raktapicśayoḥ picśā atastūdakavat(?) | § 12284

4.1.290 Sarvāṅgasundarā

eraṇḍamūlenāthavā bālabilvena śṛtamathavā dhāroṣṇaṃ
kṣīraṃ pītvā puruṣo jvarādvimucyate | kimbhūtājjva-
rāt ? vibaddhā nilavarcaṣaḥ | vibaddhe-viśeṣeṇa ba-
ddhe, asamyakpravartanādanilavarcaṣā yasmin jvare sa
5 vibaddhānilavarcāḥ, tasmājjvarādvimucyate | tathā, ra-
ktaṃ ca picśā ca raktapicśe, tābhyāmupalakṣitā ati sṛtiḥ-
atīsāraḥ, saha tayā vartate yo jvaraḥ, tasmāttathāvidh-
ājjvarāt tathā saha ṛṣā saha śūlena tathā pravāhikayā-
nischārikāparasamjñayā, vartate yastamāt tathāvidhājjva-
10 arāt pramucyate | § 12285

4.1.291 Aṣṭāṅgahr̥dayasam̐hitā

siddham śunṭhībalāvyāghrīgokaṅṭakaguḍaiḥ
payah | | 114 | |

śophamūtraśakṛdvātavibandhajvarakāsajit | | 114 | | § 12287

4.1.292 Sarvāṅgasundarā

śunṭhyādibhiḥ sādhitam payah śophādijit | § 12288

4.1.293 Āyurvedarasāyana

kṣīrāntaramāha-siddhamiti | guḍena pakvoṣṇaprakṣipt-
ena siddhatvam § 12289

4.1.294 Aṣṭāṅgahr̥dayasam̐hitā

vṛścīvabilvavarṣābhūsādhitam

jvaraśophanut | | 115 | | § 12290

4.1.295 Sarvāṅgasundarā

vṛścīvādibhiḥ sādhitam payo jvaraśophanuditi | vṛścīvaḥ-
sūkṣmapunarnarvaḥ | sthūlapunarnavastu-varṣābhūḥ | pu-
narnavadvayam bilvam cātra yojyam | § 12291

4.1.296 Āyurvedarasāyana

kṣīrāntaramāha-vṛścīveti | vṛścīvavarṣābhvaupunarnave |
§ 12292

4.1.297 Aṣṭāṅgahr̥dayasam̐hitā

śiṃśipāsārasiddham ca kṣīramāśu

jvarāpaham | | 115 | | § 12293

4.1.298 Āyurvedarasāyana

kṣīrāntaramāha-śiṃśapāsārasiddham ceti | § 12294

4.1.299 Sarvāṅgasundarā

śiṃśipāsāreṇa siddham-śṛtaṃ kṣīramupayuktaṃ, āśu-na
tu ca, jvarahr̥t | kṣīrasya śravaṇe vidhiratīśāracikitsito-
ktaḥ (hr̥. chi. a. 9/39)-"payasyutkvāthya mustānāṃ viṃś-
ati" ityanusāreṇānukalpyaḥ | tantrāntare tvevamuktaṃ-
5 "dravyādaṣṭaguṇaṃ kṣīraṃ kṣīrāttoyam caturguṇam | kṣ-
īrāvaśeṣaḥ kartavyaḥ kṣīrakvāthe tvayam vidhiḥ | |" iti |
nanu, kiṃ vātapittottare jvare jvare nṛtaṃ pradhānamā śr-
īyatāṃ pūrvavacanaprāmāṇyāt ? athavā kṣīraṃ pradhān-
ametadvacanaprāmāṇyāt ? ityatra saṃśayaḥ | atrocyate |
10 ubhayamapīdaṃ nṛtaṃ kṣīraṃ cha vātapittottare jvare
pradhānam, avasthāvaśāt sātmyavaśāchcha kvacitkiñcid-
upayujyate | § 12295

4.1.300 Aṣṭāṅgahr̥dayasaṃhitā

niruhastu balaṃ vahniṃ vijvaratvaṃ mudaṃ
rucim | | 116 | |
doṣe yuktaḥ karotyāśu pakve pakvāśāyam
gate | | 116 | |
pittaṃ vā kaphapittaṃ vā pakvāśāyagataṃ
haret | | 117 | |
sraṃsanam trīnapi malān bastiḥ
pakvāśāyāśrayān | | 117 | | § 12299

4.1.301 Sarvāṅgasundarā

nirūho yukto doṣe pakve tathā pakvāśāyam gate sati balā-
dīn drāgeva karoti | pittaṃ kevalam kaphapittaṃ vā pakv-
āśāyāśritaṃ sraṃsanam-virecanam, haret | bastiḥ prayoji-
tastrīnapi malānvātādyān haret | kīdṛśān ? pakvāśāyamā-
5 śritān | § 12300

4.1.302 Āyurvedarasāyana

nirūhaguṇānāha-nirūhastviti | pakvāśayāśrayān-pakvāśayamāśritya,
malāmstu-sarvagatān, haret | ayam tu pakvāśayagatānity-
apakarṣa eva, pakvāśayādūrdhvaṃ hi pittāśayaḥ | § 12301

4.1.303 Aṣṭāṅgahr̥dayasamhitā

prakṣīnakaphapittasya trikapr̥sthakaṭigrahe | | 118 | |
dīptāgnerbaddhaśakṛtaḥ
prayuñjītānuvāsanam | | 118 | | § 12303

4.1.304 Sarvāṅgasundarā

prakṣīṇe kaphapitte yasya puṃsastathā dīptāgnerbaddh-
avarcastrikapr̥sthakaṭigrahe satyanuvāsanam prayuñjita |
§ 12304

4.1.305 Aṣṭāṅgahr̥dayasamhitā

ā0 ra0-nirūhāṅge+anuvāsane+adhikāriṇamāha-
prakṣīnakaphapittasyeti | § 12305

4.1.306 Aṣṭāṅgahr̥dayasamhitā

paṭolanimbacchadanakaṭukācaturaṅgulaiḥ | | 119 | |
sthirābalāgokṣurakamadanośiravālakaiḥ | | 119 | |
payasyardhodake kvāthaṃ kṣīraśeṣam
vimiśritam | | 120 | |
kalkitairmustamadanakṣṇāmadhukavatsakaiḥ | | 120 | |
basti madhughṛtābhyāṃ ca
pīḍyejjvaranāśanam | | 121 | | § 12310

5

4.1.307 Sarvāṅgasundarā

paṭolādibhiḥ kvāthaṃ kṣīre+ardhodake kṣīraśeṣaṃ ta-
thāmiśritam kalkikṛtairdravyairmustādibhirmadhughṛtā-
bhyāṃ ca yojitam bastiṃ jvaranāśanam dadyāt | § 12311

4.1.308 Āyurvedarasāyana

nirūhamāha-paṭolanimbeti | paṭolanimbayośśadanam-patram |
payaso dvau bhāgau paṭolādikvathitasyodakasyaiko bh-
āga ityardhodakatvam | na syāpyu(du)ktarasāmityādivacanāt(?)samatve
prāpte+ardhatvavidhiḥ | § 12312

4.1.309 Aṣṭāṅgahr̥dayasaṃhitā

catasraḥ parṇinīryaṣṭīphalośīranṛpadrumān | | 121 | |
kvāthayetkalkayedyaṣṭīṣatāhvāphalinīphalam | | 122 | |
mustam ca bastiḥ saguḍakṣaudrasarpirjvarāpa-
haḥ | | 122 | | § 12315

4.1.310 Sarvāṅgasundarā

mudgaparṇī māṣaparṇī śālīparṇī pṛśnīparṇītyādi(ceti)-
casraḥ parṇīnīḥ yaṣṭīphalādīṃśca kvāthayet | phalam-
madanaphalam | tathā, yaṣṭyādīn kalkayet, ityeṣa saguḍ-
ādirbastirjvarahr̥t | § 12316

4.1.311 Āyurvedarasāyana

nirūhāntaramāha-catasraḥ parṇinīriti | catasraḥ parṇīnīḥ-
mudgamāṣaśālāpṛśnīpūrvāḥ | phalam-madanaphalam | nṛpadrumaḥ-
āragvadhāḥ | phalinī-priyaṅguḥ | phalam-madanaphalam |
saṅgrāhe tu (ci.a. 2)-"trāyamāṇāmṛtāyaṣṭīmadanāmśumatīdvayaiḥ |
5 sabalācandanavr̥ṣairjāṅgalaiśca mṛgadvijaiḥ | | kvāthe kṛte
kṣīpetpiṣṭvā phalayaṣṭīkaṇāṇanam | sa sadyojvarahā ba-
stiḥ sājyakṣaudro+alpasaindhavaḥ | | āmrādīnām tvacaṃ
śaṅkham candanam madhukitpalam | svarṇagairikam-
aṅgiṣṭhāmṛṇālāñjanapadmakam | | kṣīreṇa kalkitam ba-

stiṃ śītaṃ samadhuśarkaram | dāhajvaraharam dadyāt si-
ddham taiścānuvāsanam | |" iti | § 12317

4.1.312 Āyurvedarasāyana

anuvāsanamāha-jīvantīmīti | kṣīrasya catvāro bhāgāḥjala-
sya catvāraḥ, sarpiṣa ekaḥ, tailasyaikaḥ, kalkasya sārḍhaḥ,
ityekatra-militaṃ, sādhyet | snehaḥ-śarīrasnigdhatvam,
tadanusāreṇa malānusāreṇa ca kalpanā | saṅgrahe tu (ci.a.
2)-"candanāgarukāśmaryapaṭolamadanotpalaiḥ | paṭolār- 5
iṣṭamadanaguḍūcīmadhukairapi | |" iti | § 12318

4.1.313 Aṣṭāṅgahr̥dayasaṃhitā

jīvantīm madanaṃ medāṃ pipplīm madhukaṃ
vacām | | 123 | |
ṛddhiṃ rāsrām balām bilvaṃ śatapuṣpām
śatāvarīm | | 123 | |
piṣṭvā kṣīraṃ jalaṃ sarpistailaṃ caikatra
sādhitam | | 124 | |
jvare+anuvāsanam dadyādyathāsneham
yathāmalam | | 124 | | § 12322

4.1.314 Sarvāṅgasundarā

jīvantyādīni dravyāṇi snehasya caturbhāgamātrāṇi jal-
ena piṣṭvā kṣīraṃ snehasamaṃ tailātsarpiṣaśca caturgu-
ṇam jalaṃ ca tailasarpirdravyāccaturguṇamityekatra sā-
dhitam pakvameṭat jvare+anuvāsanam dadyāt | yathāsn- 5
eham yathāmalam-yo yasmin jvare doṣe-vātādau, yaḥ sn-
eho yogyastatra taṃ, dadyāt | § 12323

4.1.315 Aṣṭāṅgahr̥dayasaṃhitā

ye ca siddhiṣu vakṣyante bastayo
jvaranāśanāḥ | | 125 | | § 12324

4.1.316 Sarvāṅgasundarā

ye ca bastayaḥ siddhiṣu-bastikalpādhyāye, vakṣyante jvar-
anāśanāste ca, 'deyāḥ' iti śeṣaḥ | § 12325

4.1.317 Āyurvedarasāyana

bastyantaramatidiśati-ye ca siddhiṣviti | siddhiṣu-kalpasthāne |
te ca yojoyā iti śeṣaḥ | iti jīrṇajvaraḥ | § 12326

4.1.318 Aṣṭāṅgahr̥dayasaṃhitā

śīroruggauravaśleṣmaharamindriyabodhanam | | 125 | |
jīrṇajvare rucikaraṃ dadyānnasyaṃ
virecanam | | 126 | |
snaihikaṃ śūnyaśirasō dāhārte
pittanāśanam | | 126 | | § 12329

4.1.319 Sarvāṅgasundarā

jīrṇajvare virecanākhyam nasyam dadyāt | kīdrśam tann-
asyam syāt ? śirasō rujaṃ gauravam ca śleṣmāṇam ca ha-
rati tacśīlam tat | tathā, indriyāṇām-vakṣurādīnām, ca bo-
dhanam | tathā, rucikṛt | śūnyaśirasaḥ puṃsaḥ snehikaṃ-
5 snehena miśraṃ snigdham, nasyam dadyāt | dāhārte śirasi
pittaharam nasyam dadyāt | § 12330

4.1.320 Āyurvedarasāyana

atha jvaropadravāḥ | tatra śiraḥśūlādiṣu nasyamāha-śīroruggauravaśleṣmaharami
virecanam-śodhanam | snaihikaṃ-br̥mhaṇam | pittanāśanam-
śamanam | § 12331

4.1.321 Aṣṭāṅgahr̥dayasaṃhitā

dhūmagandūṣakavalān yathādoṣam ca kalpayet | | 127 | |
pratiśyāyāsyavairasyaśiraḥ
kaṇṭhāmayāpahān | | 127 | | § 12333

4.1.322 Sarvāṅgasundarā

dhūmādīṃśca yathādoṣaṃ kalpayet | kimbhūtān ? prati-
śyāyādiñnān | § 12334

4.1.323 Āyurvedarasāyana

pratiśyāyādaḥ dhūmādīnāha-dhūmagaṇḍūṣakavalāniti | § 12335

4.1.324 Aṣṭāṅgahr̥dayasaṃhitā

arucāu mātuluṅgasya kesaraṃ sājyasaindhavam | | 128 | |
dhātrīdrākṣāsītānāṃ vā kalkamāsyena
dhārayet | | 128 | | § 12337

4.1.325 Sarvāṅgasundarā

arucāu satyāṃ bījapūrakasya kesaraṃ sañr̥tasaindhavam-
āsyena dhārayediti sambandhaḥ | athavā dhātryādīnāṃ
kalkaṃ dhārayet | § 12338

4.1.326 Sarvāṅgasundarā

arucāu kavala(kalka)dvayamāha-arucāviti | vaṅgasene tu
(jvarādhikāre ślo. 231)-"śarkarādāḍimābhyāṃ ca drākṣād-
āḍimayostathā | vairasye dhārayetkalkaṃ gaṇḍūṣaṃ ca ta-
thā ghr̥tam | | (ślo. 259)-harītakī priyaṅguśca pippalī lo-
dhrameva ca | dārvī haridrā tejohvā sakṣaudraṃ mukh- 5
adhāvanam | | etena kaṭubhāvaśca mukharogaśca śāmy-
ati | vaktraṃ viśadatāmeti bhaktacśandaśca jāyate | | (ślo.
280)-ajājīśarkarāyuktodāḍimasvarasena tu | ruciśyo madh-
unā yuktaḥ kartavyaḥ kavalagrahaḥ | | " iti | § 12339

4.1.327 Aṣṭāṅgahr̥dayasaṃhitā

yathopaśayasam̐sparśān śītoṣṇadravyakalpitān | | 129 | |

abhyaṅgālepasekādīn jvare jīrṇe
tvagāśrite | | 129 | |
kuryādañjanadhūmāṃśca tathaivāgantuje+api
tān | | 130 | | § 12342

4.1.328 Sarvāṅgasundarā

tvagāśrite jīrṇajvare+abhyaṅgādīn kuryāt | yathopaśayaṃ-
yathāsukhāvahaṃ, saṃsparśo yeṣāṃ, tān, tathā śītavīryai-
ruṣṇa vīryaiśca dravyaiḥ kalpitān-yojitān | tathā, añjana-
m̐dhūmāṃśca kuryāt | añjanadhūmānāgantuje+api jvare
5 tathaiva kuryāt | sadyogatvādāgantuje+apyete+aniśiddhā
eva | tāniti punaḥ kṛtamatiśayārtham | viśeṣeṇāgantuje+api
jvare-bhūtaviṣādyudbhava, tān kuryādityarthaḥ | § 12343

4.1.329 Āyurvedarasāyana

tvaggate jvare+abhyaṅgādīnāha-yathopaśayasam̐sparśāniti |
te ca śītābhilāṣiṇaḥ śītairdravyaiḥ śītasparśāḥ kalpyāḥ,
uṣṇābhilāṣiṇa uṣṇairuṣṇasparśāḥ | ādiśabdādavagāhāda-
yah | añjanadhūpāṃśca tvaggate kuryāt | prasaṅgādāga-
5 ntuje nasyādīnāha-tathaivāgantuje+apīti | vaṅgasene tva-
bhyaṅgatailānyuktāni (jvarādhikāre ślo. 777)-"lājāmadhukamañjiṣṭhāmūrvācand
tailaṃ ṣaṭcaraṇaṃ nāma hyabhyaṅgājīvaranāśanam | | lā-
kṣā niśā kuṣṭhaśunṭhī mañjiṣṭhā ca suvarcikā | mūrvā
ca candanaṃ siddhaṃ tailaṃ takre+atha ṣaḍguṇe | |
10 abhyaṅgena praśamayeddāhaṃ śītajvaraṃ nṛṇām | (ślo.
628)-dadhnaḥ sasāraḥkasyātra takraṃ kaṭṭaramiṣyate | |
(ślo. 719)- svarjikākuṣṭhamañjiṣṭhā [lākṣāmūrvāmaha-
ṣadhaiḥ | sakṣīraiḥ sādhitam̐ tailamabhyaṅgāddāhaśīta-
nut | | balāmadhukamañjiṣṭhā] padmāpadmakacanda-
15 aiḥ | samudraphenahnīberarajanīsārivotpalaiḥ | | piṣṭaist-
ailaṃ pacedetairajākṣīraṃ caturguṇam | vātapittajvarājī-
rṇāṭtenābhyakto vimucyate | | " iti | § 12344

4.1.330 Aṣṭāṅgahr̥dayasaṃhitā

dāhe sahasradhautena

sarpiṣā+abhyaṅgamācaret | | 130 | | § 12345

4.1.331 Sarvāṅgasundarā

dāhe sati sarpiṣā sahasradhautenābhyaṅgamācaret | § 12346

4.1.332 Aṣṭāṅghṛdayasaṃhitā

ā raṃ-dāhasyauṣadhānyāha-dāhe sahasradhauteneti |
sahasradhautena-sahasrakṛtvo dhautena |
yāvati majjati tāvacśītodake nṛtaṃ prakṣipyā
hastena mardayet, tadudakaṃ srāvayet,
ityeko vāraḥ, evaṃ sahasram | § 12347

4.1.333 Aṣṭāṅghṛdayasaṃhitā

sūtroktaīśca gaṇaīstairmadhurāmlakaṣāyak-
aiḥ | | 131 | |

dūrvādibhirvā pittaghnaīḥ

śodhanādigaṇoditaiḥ | | 131 | |

śītavīryairhimasparśaiḥ kvāthakalkīkṛtaiḥ
pacet | | 132 | |

tailaṃ sakṣīramabhyaṅgātsadyo

dāhajvarāpaham | | 132 | |

śiro gātraṃ ca taireva nātipiṣṭaiḥ

pralepayet | | 133 | |

tatkvāthena pariṣekamavagāhaṃ ca

yojayet | | 133 | |

tathā+a+aranālasalilakṣīrasuktaghṛtādibhiḥ | | 133 | | § 12354

4.1.334 Āyurvedarasāyana

abhyaṅgārthaṃ tailamāha-sūtroktaīśceti | taistairityagaṇ-
apaṭhitairapi | taireva-tailadravyaiḥ, tatkvāthenāranālādi-
bhirvā pṛthak pariṣeko+avagāhaśca | § 12355

4.1.335 Sarvāṅgasundarā

sūtroktaiḥ-sūtrasthānoditaiḥ, madhurāmlakaṣāyakaṅgaṅ-
aiḥ | tatra madhuro gaṅo-"ghṛtahema" (hr̥.sū.a. 10/22)
ityādiḥ, amlo gaṅo-"dhātrīphalāmlīkā" (hr̥. sū. a. 10/25)
ityādiḥ, kaṣāyo gaṅaḥ-"pathyā+akṣaṃ" (hr̥. sū. a. 10/31)
5 ityādiḥ, tatra caitairmadhurāmlakaṣāyairvargaiḥ | tatra
dūrvādīdibhirgaṅaiḥ- "dūrvā+anantā" (hr̥.sū.a. 15/6) iti ni-
rdiṣṭa ekaḥ, "nyagrodhādiḥ" (hr̥. sū. a. 15/42) dvitīyaḥ, tṛ-
tīyastu "padmakapuṇḍrau" (hr̥. sū. a. 15/12) ityādiḥ, catu-
rthaḥ "sārivośīra" (hr̥. sū. a. 15/11) ityādiḥ, etai pūrvokta-
10 irgaṅaiḥ pittagṅaiḥ śodhanādigaṅasaṅgrahoktaiḥ śītavī-
ryairhimasparśairbheṣajaistathā sparśato vīryataśca śītag-
uṅaiḥ, akvāthāḥ kvāthāḥ kṛtāḥ, akalkāḥ kalkāḥ kṛtāḥ, taiḥ
kvāthakalkīkṛtairgaṅaistailaṃ kṣīreṇa saha pacet | ta-
cca pakvamabhyaṅgāt-mrakṣaṅāt, sadyo-na cireṇa kālena,
15 dāhajvaraṃ jayet | na kevalametairgaṅaistailaṃ pacedd-
āhajvaraśāntyai, yāvattaireva śīro-mūrdhānaṃ, gātraṃ ca
nātipiṣṭaiḥ-kiñcitpiṣṭaiḥ, pralepayet | supiṣṭairhyaitaiḥ pr-
atyuta dāha utpadyate | tathā cōktam (saṅgrāhe sū. a. 7)-
"ślakṣṇaśuṣkaghano lepaścandanasyāpi dāhakṛt | tvaggat-
20 asyoṣmaṇo rodhācchīkṛttvanyathā+aguroḥ | | iti | anenai-
vābhiprāyeṇa śītajvare vakṣyati (ślo. 141)- "taiḥ supiṣṭaiśca
lepayet |" iti | gātragrahaṇenaiva śīrograhaṇe labdhe pu-
naḥ śīrograhaṇaṃ viśeṣārtham | viśeṣeṇa śīro lepayet, ta-
sya viśeṣeṇa jvarāśrayatvāt | tathā cōktam-"vimuktasyāpi
25 hi śīro jvaro yasya na muñcati | avimuktaḥ sa vijñeyā jva-
raḥ punarupaiti tam | |" iti | tasmācchiraso viśeṣeṇa lepa-
nārtham pṛthagupādānam | teṣāṃ gaṅānāṃ kvāthastatkv-
āthaḥ, tena pariṣekamavagāhaṃ ca kvāthapūrṇāyāṃ dr-
oṅyāṃ yojayet | tathā, āranālādibhiḥ pariṣekādi yojayet |
30 § 12356

4.1.336 Aṣṭāṅgahr̥dayasaṃhitā

kapitthamātuluṅgāmlavidārīrodhradāḍimaiḥ | | 134 | |
badarīpallavotthēna phenenāriṣṭakasya
vā | | 135 | |

lipte+aṅge dāharuṁmohāśracśardistr̥ṣṇā ca
śāmyati | | 135 | | § 12359

4.1.337 Sarvāṅgasundarā

kapitthādibhirbadarīpallavodbhavana vā phenena lipte+aṅge
sati dāhādayaḥ śāmyanti | | § 12360

4.1.338 Āyurvedarasāyana

dāhagṇaṁ lepatrayamāha-kapittheti | mātuluṅgasyāmlaṁ
kesaram | ariṣṭako-rakṣāphalaḥ | vaṅgasene tu (jvarā. ślo.
258)-"jihvātālugalaklomaśoṣe mūrdhni tu dāpayet | kes-
aram mātuluṅgasya madhusaindhavasamṣyutam | | ' iti |
§ 12361

5

4.1.339 Aṣṭāṅgahr̥dayasamhitā

yo varṇitaḥ pittaharo doṣopakramaṇe kramaḥ | | 136 | |
taṁ ca śīlayataḥ śīghraṁ sadāho naśyati
jvaraḥ | | 136 | | § 12363

4.1.340 Sarvāṅgasundarā

yaśca doṣopakramaṇīyādhyāye pittaharaḥ kramo varṇitaḥ-
uktaḥ, taṁ ca-kramaṁ, śīlayataḥ-abhyasataḥ, jvaro dāhena
saha naśyati | | § 12364

4.1.341 Āyurvedarasāyana

sūtroktaṁ pittakramamatidiśati-yo varṇita iti | | § 12365

4.1.342 Aṣṭāṅgahr̥dayasamhitā

vīryoṣṇairuṣṇasamsparsaistagarāgurukuṅkumaiḥ | | 137 | |
kuṣṭhasthaṇṇeyaśaileyasaralāmaradārubhiḥ | | 137 | |

- nakharāsnāpuravacācaṇḍailādvayacorakaiḥ | | 138 | |
pṛthvikāśigrusurasāhimsrādhyāmakasarsapaiḥ | | 138 | |
daśamūlāmṛtairāṇḍadvayapattūrarohiṣaiḥ | | 139 | |
tamālapatrabhūtīkaśallakīdhānyadīpyakaiḥ | | 139 | |
5 miśimāṣakulatthāgniprakīryānākulīdvayaiḥ | | 140 | |
anyaiśca tadvidhairdravyaiḥ śīte tailam̐ jvare
pacet | | 140 | |
kvathitaiḥ kalkitairyuktaiḥ
surāsauvīrakādibhiḥ | | 141 | |
tenābhyañjayātsukhoṣṇena, taiḥ supiṣṭaiśca
lepayet | | 141 | |
kavoṣṇaiṣtaiḥ pariṣekamavagāham̐ ca
kalpayet | | 142 | |
10 kevalairapi tadvacca
suktagomūtramastubhiḥ | | 142 | |
āragvadhādivargam̐ ca
pānābhyañjanalepane | | 143 | |
dhūpānagarujān yāmśca vakṣyante
viṣamajvare | | 143 | |
agnyanagnikṛtān svedān svedi
bheṣajabhojanam | | 144 | |
garbhabhūveśmaśayanam̐
kuthakambalarallakān | | 144 | |
15 nirdhūmadīptairāṅgārairhasantīśca
hasantikāḥ | | 145 | |
madyam̐ satryūṣaṇam̐ takram̐
kulatthavrīhikodgavān | | 145 | |
saṁśīlayedvepathumān yaccānyadapi
pittalam | | 146 | |
dayitāḥ stanaśālinyaḥ pīnā
vibhramabhūṣaṇāḥ | | 146 | |
yauvanāsavamattāśca
tamāliṅgeyuraṅganāḥ | | 147 | |
20 vītaśītam̐ ca vijñāya
tāstato+apanayetpunah | | 147 | | § 12387

4.1.343 Sarvāṅgasundarā

vīryoṣṇairuṣṇasamsparsaiḥ-ubhayathā vīryataḥ sparśat-
 aścoṣṇaistagarādibhirdravyaiḥ, [anyaiśca-] aparairapi,
 tadvidhaiḥ-uṣṇavīryaiḥ uṣṇasamsparsaiśca, kvāthīkṛtaiḥ
 kalkīkṛtaiśca surādibhiḥ-amlapākarasaiḥ, [śīte-] śītajvarae-
 tadviṣaye, tailaṃ pacet | tena-tailena, sukhoṣṇenābhyañjayāt-
 mrakṣayet | taiśca-pūrvoktairdravyaiḥ, supīṣṭaiḥ-atīślakṣṇaiḥ,
 lepayet | taiśca kiñciduṣṇaiḥ pariṣekamavagāhaṃ ca kalpayet-
 yojayet | tadvacca-tathaiva, suktādibhiḥ kevalaiśca pariṣe-
 kādikam kalpayet | "āragvadhendgava" (hr. sū. a. 15/17) 10
 ityādi ca pānābhyañjanalepane kalpayet | agarujām dhū-
 pān kalpayet | yāṃśca dhūpān viṣamajvare vakṣyante tā-
 mśca kalpayet | tathā svedān śīlayet | kimbhūtān ? agni-
 kṛtānanagnikṛtāmścasvedavidhyuktān | tathā-svedayati
 sādhu svedi yadbheṣajaṃ bhojanaṃ ca tacca saṃśīla-
 yet | tathā garbhe-garbhagrābhābhiantare, yadbhūveśma- 15
 bhūmigṛhaṃ, tatra śayanaṃ-śayyām, tathā kuthādīnāv-
 araṇaviśeṣān, tathā hasantikāḥ-vahnīśakāṭikāḥ, śīlayet |
 kimbhūtāḥ ? nirdhūmadīptairāṅgārairhasantīriva | tathā,
 madyādīṃśca śīlayet | vepathumantamaṅganā āliṅgaye-
 yurdayitādiguṇayuktaḥ | gataśītaṃ ca viditvā tatastāḥ- 20
 yoṣāḥ, punarapanayet | etacca bruvamstābhiḥ sambhog-
 ābhilāṣaṃ nivārayati | adhunā sannipātacikitsitaṃ brūte-
 § 12388

4.1.344 Āyurvedarasāyana

śītasyauṣadhānyāha-vīryoṣṇanairiti | puro-gugguluḥ | pṛthvīkā-
 bāhlikā | dhyāmakam-katṛṇam | tamālapatram-patram |
 [bhūtikam-] bhūstrṇam | prakīryā-karañjah | kvathitaiḥ
 kalkitaiśca tagarādibhiḥ surāsauvīrakādyamladravayukt-
 aiḥ | tena-tailena | taiḥ-tailadravyaiḥ | kevalaiḥ-jalapiṣṭaiḥ | 5
 apiśabdāt surādipiṣṭaiḥ suktādibhiḥ, tadvat-tagarādiyuktaiḥ
 kevalairapi | saṅgrahe tu (ci.a. 2)-"kuṅkumāgarukastūrīnakhailāsurasuradāru-
 śaileyacaṇḍātvagvakrarāsnākapipurāmayaiḥ | | pṛthakpr-
 adehāḥ sarvairvā śītanā dṛḍhakalkitāḥ | vakram-tagaram |
 kapiḥ-sihlakaḥ | āmayam-kuṣṭham | yavacūrṇam ṛtā- 10
 bhyaktaṃ pacet kṣīre caturguṇe | darvīpralepinaṃ le-

paṃ taṃ jvarārtasya yojayet | | " iti | vakṣyate ācāryaḥ |
 hasantī-hāsyamiva kurvantī | hasantikāśakaṭikā | satryū-
 ṣaṇaṃ madyādipañcakam | saṅgrahe tu (ci. a. 2)-"ajājyāḥ
 5 saḡuḍaṃ kalkaṃ saḡuḍaṃ vā+amṛtārasam | rasaṃ vārt-
 ākaphalajaṃ pibedvā madhusaṃyutam | | madhukāgur-
 ukauntīnāṃ kalko vyāghranakhasya ca | madyena pītaḥ
 sakṣaudrastīvraśītajvarāpahaḥ | | ānāhe kālavitkuryātkri-
 yāmalasakoditām | pippalīpippalīmūlayavānīcavyasādhi-
 tāṃ | | yavāgūṃ pāyayeccainamanilasyānulomanīm | so-
 10 padravo+apī cedevaṃ jvaraḥ sīto na śāmyati | | atyudī-
 rṇe+anilakaphe sve sthāne pittadhāmnī vā | takrānupā-
 naṃ trapusaṃ bhakṣayitvā+analaṃ bhajet | | āsvedasa-
 mbhavastiṣṭhetprāvṛtastadvadātape | tato vimṛditaḥ snāto
 15 yuktāśī syādgate jvare | | śamaṃ tau pittavṛdhyaiva pra-
 padyete svadhāma ca | nivartate tataḥ śīghraṃ vātaśleṣm-
 odbhavo jvaraḥ | | " iti | § 12389

4.1.345 Sarvāṅgasundarā

dāhaśītayorekajvaropadravayoraṣadhamāha-varadhaneneti |
 yadā dāho+alpaḥ sītamadhikaṃ tadā dāhahetorvardh-
 anena sītahetoḥ kṣapaṇena vā sītajayaḥ, paścāddāhaja-
 5 yaḥ | yadā sītamalpaṃ dāho+adhikaḥ tadā sītahetorv-
 ardhanena dāhahetoḥ kṣapaṇena vā dāhajayaḥ, paścā-
 cśītajayaḥ | yadā dāhaśīte tulye tadā tulyakakṣān ma-
 lān kaphānupūrvyā vā sthānānupūrvyā jayet | kapha-
 pittavātānāṃ kramājjayaḥ-kaphānupūrvī | uraḥkoṣṭhaba-
 10 stīnāṃ kramājjayaḥ-sthānānupūrvī | uktaṃ ca saṅgrahe
 (ci.a. 2)- "vamanaiśca virekaiśca bastibhiśca yathākra-
 mam | jvarānupacareddhīmān kaphapittānilodbhavān | |
 saṃsrṣṭaiḥ sannipatitairēkanaikolbaṇaiḥ samaiḥ | jvarān
 doṣaiḥ kramāpekṣī yathoktairauśadhairjayet | | vardhan-
 enaikadoṣasya kṣapṇenocśritasya vā | kaphasthānānupū-
 15 rvyā vā sannipātajvaram jayet | | " iti | tathā (saṃ.ci.a. 2)-
 "nidrānivāraṇopāyaḥ sanniyāse+abhihito hitaḥ | sannipāte
 viśeṣeṇa dāruṇo+ayamupadravaḥ | | kampaḥ pralapanam
 yasya saṃjñānāśaśca dāruṇaḥ | rasaistu lāvavartīrakul-
 īraśaśataittiraiḥ | | tarpayetprāk purāṇena sarpiṣā+ayam

jayedapi | balārāsnāguḍūcyādyaiṣṭailaiśca pariṣecayet | | "
iti | § 12390

4.1.346 Aṣṭāṅgahr̥dayasaṃhitā

vardhanenaikadoṣasya kṣapaṇenocśritasya vā | | 148 | |
kaphasthānānupūrvyā vā
tulyakakṣāñjayenmalān | | 148 | | § 12392

4.1.347 Sarvāṅgasundarā

hīnādhikabhāvatvena viṣamadoṣaje sannipāte vardhanenaikadoṣasyārthāt kṣīṇasya kṣīṇayorvā, ucśritasyocśritayorvā kṣapaṇena, deśakālabalānmalān jayet | katham viṣamadoṣaje sannipāte vardhanenaikadoṣasya sannipātajvarasyopaśānti ? tasmādvardhanamayuktam | atrācakṣmahe | 5
sannipāstathena kṣīṇena doṣeṇa satā+akṣīṇau doṣau jvarakāriṇau | na tau sukhena jetum śakyete, viṣamāśrayatvāt | kṣīṇasya tu doṣasya vardhanena doṣasāmyamutpādyaikarūpayā kriyayā sannipātaḥ sukhena jetum śakyate | tasmādvardhanenaikadoṣasyeti vaktum yuktam | tathā ca, -vātākhye yato doṣe śītalañurūkṣādirupairdravyairvṛddhirbhavati | vardhamānena ca tatrasthau pittakaphāvpapevaṃ prāyeṇa kiñcit kṣayaṃ yātaḥ, tatkṣyāccāsau jvaro+apya mṛdutāṃ gataḥ sukhena śakyate jetum iti | evaṃ doṣatrayasyāpi jvarakāraṇe tathā yuktyā pratīkāraḥ kṛto bhavati | evamucśritasyāpi kṣapaṇaire(ṇenai)karūpayā kriyayā sukhena sannipāto jīyate | tadevaṃ vdyulbaṇaikolbaṇairdoṣairjanite sannipāte cikitsākrama uktaḥ | samprati samadoṣaje sannipāte cikitsākramaṃ darśayitumāhākaphetyādi | sthitiḥ-sthānam, kaphaśca sthānam ca kaphasthāne, tayorānupūrvī-kramaḥ, tayā ca tulyakakṣānsamān sannipātān, jvare malān jayet | tatra kaphaḥ prāgjetavyastataḥ pittaṃ tato vāyuriti kaphānupūrvītyucyate | uktaṃ ca (saṅgrāhe sū.a.21)-"sthānataḥ kecidicśanti prāk tāvacśleṣmaṇo vadham | śirasyurasi kaṅthe ca pralipte+annaruciḥ kutaḥ | | tadabhāve katham bhojyapā-

nadravyāvacaṇam | asatyabhyavahāre ca kuto doṣasya
 nigrahaḥ | | tasmādādu kapho dhātyaḥ kāyadvārārgalo
 hi saḥ | madhyasthāyi yataḥ pittamāśukāri ca cintyate | |
 5 ato vātasasvasyāsya kuryāttadanu nigrham | adhaḥsth-
 āyī ca tadanu nigrāhyaḥ syātsamīraṇaḥ | | " iti | suśrutastv-
 āha(?) (saṅgrāhe sū.a. 21)-"[suśrutaśca na sarvatra mata-
 metadbravīti tu |] jayejvare+atisāre ca kramātpittakaphā-
 nilān | | prāyeṇa tāpātmatayā jvare tejo viśiṣyate | viśāśca
 saratā pittātathā ca mṛdukoṣṭhatā | | tasya cānubalaḥ śl-
 10 eṣmā gauravāpaktijāḍyakṛt | vāyuśca vardhate+avaśyaṃ
 yastvahaḥsu tayoh kṣaye | | jvarātisārayostasmādeṣa do-
 ṣajaye kramaḥ | kaphapittānilānanye kramādāhustayor-
 api | | yasmādāmāśayotkleśādbhūyiṣṭhaṃ tatsamudbha-
 vaḥ | krameṇādyena tatrāpi pravṛddhān svāśaye sthitān |
 15 svāśayeṣu praduṣṭānāmsthitaiva hyāśukāritā | vijñāya ka-
 rmabhiḥ svaiḥ sverdoṣodrekaṃ yathāmalam | bheṣajaṃ
 yojayettattu svīkuryānna kramaṃ bhiṣak | " iti | anye tv-
 āhuḥ (sam.sū.a. 21)-"kramānmarutpittakaphāḥ sarvatra
 sadṛśe bale | vātādīnāṃ yathāpūrvam yataḥ svābhāvi-
 20 kaṃ balam | | ūce parāśaro+apyarthamamumeva pramā-
 ṇayan | yathopanyāsataḥ prāptamādu doṣabhiṣagjitam |
 netrābhaṅgena dṛṣṭau hi samaṃ sainyaparājayaḥ | | " iti |
 sthānānupūrvyā vā doṣāṃstulyakakṣān jayet | sthānaṃ
 ca yadyapyaviśeṣeṇaiva sambhavati tathā+apīha jvarak-
 25 āridoṣaprastāvādāmāśayo gṛhyate | tenāmāśayastho do-
 ṣaḥ prāgjetavyastataḥ pakvāśayasthaḥ, iti sthānānupūrvī-
 sthānamāhātmyasya cikitsākramaḥ, kāryaḥ | tathā ca pr-
 āgadhyagīṣṭa (hr. sū. a. 17/13)-"āmāśayagatevāyau kaphe
 pakvāśayāśrite | rūkṣapūrvam tathā snehapūrvam sthānā-
 30 nurodhataḥ | | " iti | tadevam kaphasthānānupūrvyā vā tu-
 lyakakṣān malān jayet | anye tvevam vyākhyānanti,- ka-
 phasya sthānaṃkaphasthānam, kaphasthānalakṣaṇā cāsā-
 vānupūrvī ca, tayā kapha sthānānupūrvyā vā tulyakakṣān
 malān jayet | yadyapi kaphasthānāni kaṅṭhādīnyapi ta-
 35 thā+apīha jvarakāridoṣaprastāvādāmāśayogrhyate | tathā
 coktam (ślo.1)-"āmaśayastho hatvā+agniṃ somo mārḡān
 pidhāya yat | vidadhāti jvaram doṣastasmātkurvīta lañña-
 nam | | " iti | tadevam rūkṣoṣṇapācanādiḥ kramo+atra kā-

rya ityavatiṣṭhate | nanu, kaphasthānānupūrvyā vetyeta-
nna vācyam, yatastulyakālaṃ tridoṣaharairdravyaiḥ sann-
ipātasya kriyā kāryā | dravyāṇi doṣaghnāni | atrocyate |
jvaranāśanāni dravyāṇi tridoṣaghnāni viralāni | ekadoṣ- 5
aghnāni punarjvarahanṭṛṇi tridoṣaghnabhyah samarthar-
āṇi bahutarāṇīti kaphasthānānupūrvyā vetyuktam | api ca
doṣakālādivaśāccikitsāprakārāntaro+ayamupayujyata iti |
sannipātacikitsāprakramādidamapyāha- § 12393

4.1.348 Aṣṭāṅgahr̥dayasam̐hitā

sannipātajvarasyānte karṇamūle sudāruṇaḥ | | 149 | |
śophaḥ sañjāyate yena kaścideva
vimucyate | | 149 | | § 12395

4.1.349 Sarvāṅgasundarā

sannipātajvarasyāvasāne karṇamūlapradeśe suṣṭha dāru-
ṇaḥ śophaḥ sañjāyate | yena-śophenotpanna, kaścideva
vimucyate | kaścidevetyamenāsya rogasya nāvaśyamasā-
dhyateti brūte | ata eva cikitsāmatrāha- § 12396

4.1.350 Aṣṭāṅgahr̥dayasam̐hitā

ā raṃ-karṇamūlopadravamāha-sannipātajvarasyānta
iti | § 12397

4.1.351 Aṣṭāṅgahr̥dayasam̐hitā

raktāvasecanaiḥ śīghraṃ sarpiḥpānaiśca taṃ
jayet | | 150 | |
pradehaiḥ kaphapittaghnairnāvanaiḥ
kavalagrahaiḥ | | 150 | | § 12399

4.1.352 Sarvāṅgasundarā

raktāvasecanādibhiḥ kavalagrahāntairāśu taṃ jayet | pradehaḥ-
pralepaḥ | § 12400

4.1.353 Āyurvedarasāyana

karṇamūlauṣadhamāha-raktāvasecanairiti | vaṅgasene tu
(jva. ślo. 532)-"gairikaṃ pāṃsujam śuṅṭhī vacākaṭphalakā-
ñjikam | karṇaśoṭhaharo lepaḥ sannipātajvare bhṛśam | |"
iti | § 12401

4.1.354 Aṣṭāṅgahr̥dayasaṃhitā

śītoṣṇasnigdharūkṣādyairjvaro yasya na śāmyati | | 151 | |
śākhānusārī tasyāśu muñcedvāhvoḥ
kramācśirām | | 151 | | § 12403

4.1.355 Sarvāṅgasundarā

ādiśabdena stambhasvedanādayo gr̥hyante | śītoṣṇādibhi-
rupakramairiyathāyatham pṛthagvātapittaśleṣmasaṃsarga-
sannipātajvarapraśamanaiḥ samyak prayojitairjvaro yasya
narasya śamaṃ na gacśati, tasya śākhānusāritvāddheto-
5 rbāhvoḥ kramāt-ekaikasmin na yugapad dvayorbhujayoḥ,
śirām muñcet | śākhāśabdenātra kevalam raktam vivakṣi-
tam, na māṃsādayaḥ | ata eva raktasyaiva cikitsānuvāca
muñcecśirāmiti | māṃsajānām hi śastrakṣārāgnikarmād-
icikitsā | tasmācśākhāśabdena raktasyaiva grahaṇam yu-
10 ktam | § 12404

4.1.356 Āyurvedarasāyana

raktasrāvasādhyam jvaramāha-śītoṣṇasnigdharūkṣādyairiti |
"śākhā-raktādayastvakca bāhyarogāyanam hi sā (hr̥. sū.
a. 12/44) |" tadanusārī-tavdyāpī | atha viṣamajvaraḥ | ta-
tra śamanānyāha-kaliṅgakā iti | saṅgrahe tu (ca.ci.a 1)-
5 "paṭolendrayavāriṣṭabhadramustāmṛtādvayam | sārivādv-

itayaṃ pāṭhā trāyantī kaṭurohiṇī | | paṭolāriṣṭamṛdvīkāśa-
myākatriphalāvṛṣāḥ | candanośīradhānyābdaguḍūcīviśv-
abheṣajam | | devadāru sthirā śuṅṭhī vāsā dhātrī harītakī |
pañca pañca jvarān ghnanti yogā madhusitotkaṭāḥ | | " iti |
ariṣṭo-nimbaḥ | amṛtādvayaṃ-guḍūcīharītakyaḥ | § 12405

5

4.1.357 Aṣṭāṅgahr̥dayasaṃhitā

ayameva vidhiḥ kāryo viṣame+api yathāyatham | | 152 | |
jvare vibhajya vātādīn
yaścānantaramucyate | | 152 | | § 12407

4.1.358 Sarvāṅgasundarā

ayameva-pūrvokto, vidhirviṣame+api-viṣamajvare satata-
kāḍau, yathāsvaṃ vātādīn vibhajya kāryaḥ | anantarama-
dhunaiva ca yo vidhirucyate paṭolakaṭukādibhiḥ, so+api
viṣamajvare kāryaḥ | § 12408

4.1.359 Āyurvedarasāyana

atideśamāha-ayameveti | ayaṃ-santatajvaroktaḥ | § 12409

4.1.360 Aṣṭāṅgahr̥dayasaṃhitā

paṭolakaṭukāmustāprāṇadāmadhukaiḥ kṛtāḥ | | 153 | |
tricituḥpañcaśaḥ kvāthā
viṣamajvaranāśanāḥ | | 153 | | § 12411

4.1.361 Sarvāṅgasundarā

paṭolādibhistribhiścaturbhiḥ pañcabhīrvā kṛtāḥ kvāthā vi-
śamajvaraghnāḥ | § 12412

4.1.362 Āyurvedarasāyana

kvāthanāha-paṭoleti | § 12413

4.1.363 Aṣṭāṅgahr̥dayasaṃhitā

yojayetripthalāṃ pathyāṃ guḍūcīṃ pippalīṃ
pṛthak | | 154 | |
taistairvidhānaiḥ saḡuḍaṃ bhallātakamathāpi
vā | | 154 | | § 12415

4.1.364 Sarvāṅgasundarā

triphalāṃ vā pathyāṃ vā guḍūcīṃ pippalīṃ vā pṛthak
pṛthak yojayet satatakādike viṣamajvare | athavā taistaiḥ-
rasāyanādyuktairvidhibhiḥ, guḍasahitaṃ bhallātakam vā
yojayet | § 12416

4.1.365 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-triphalādirasāyanānyāha-yojayentripthalāmiti |
taistaiḥ-rasāyanavidhyuktaiḥ |
bhallātakarasāyanam tu saḡuḍameva | § 12417

4.1.366 Aṣṭāṅgahr̥dayasaṃhitā

laṅghanam bṛṃhaṇam vā+a+adau
jvarāgamanavāsare | | 155 | | § 12418

4.1.367 Sarvāṅgasundarā

yadi vā jvarāgamanadivase āḍau-prathamam, laṅghanam
bṛṃhaṇam vā yojayet | § 12419

4.1.368 Sarvāṅgasundarā

jvarotpattidene abhojanam gurusnigdhamadhurabhoja-
nam vā kāryamityāha-laṅghanam bṛṃhaṇam veti | § 12420

4.1.369 Aṣṭāṅgahr̥dayasam̐hitā

prātaḥ satailaṃ laśunaṃ prāgbhakraṃ vā tathā
nṛtaṃ | | 155 | |
jīrṇaṃ tadvaddadhi payastakraṃ sarpiśca
ṣaṭpalaṃ | | 156 | |
kalyāṇakaṃ pañcagavyaṃ tiktākhyam̐
vṛṣasādhitam̐ | | 156 | | § 12423

4.1.370 Sarvāṅgasundarā

viṣamajvare prage sahatailena laśunaṃ yojayet | prā-
gbhaktamityādi | bhaktātpṛathamam̐ prātarvāghṛtaṃ ca
jīrṇaṃ-purāṇam̐, yojayet | tathaiva dadhi, tathā payaḥ,
tathā takraṃ, ṣaṭpalaṃ ca sarpiḥkṣayacikitsitoktaṃ (hr̥.
ci. a. 5/28) , prātaḥ prāgbhaktaṃ vā yojayedityarthaḥ | 5
kalyāṇakaṃ-unmādapṛatiṣedhoktaṃ (hr̥. u. a. 6/26) ,
pañcagavyaṃ-apasmārapṛatiṣedhoktaṃ (hr̥. u. a. 7/19),
tiktākhyam̐-kuṣṭacikitsitoktaṃ (hr̥. ci. a. 19/2), tathā
vṛṣasādhitam̐-raktapittacikitsitoktaṃ (hr̥. ci. a. 2/40), prā-
taḥ prāgbhaktaṃ vā yojayet | ṣaṭpalādīnyatidiśati-sarpiśceti | 10
§ 12424

4.1.371 Āyurvedarasāyana

laśunapurāṇaghṛtadadhikṣīratakrāṇi pṛthak satailāni pr-
ātaḥkāle bhojanādau vā prayojyānītyāha-prātaḥ satailaṃ-
iti | ṣaṭphalādīnyatidiśati-sarpiśceti | § 12425

4.1.372 Aṣṭāṅgahr̥dayasam̐hitā

triphalākolatarkārīkvāthe dadhnā śṛtaṃ ghṛtam̐ | | 157 | |
tilvakatvakkṛtāvāpa
viṣamajvarajitparam̐ | | 157 | | § 12427

4.1.373 Sarvāṅgasundarā

triphālādīkvāthe caturguṇe sarpīradadhīsamam śāvararo-
ghnatvakkṛtāvāpamatisāyena viṣamajvarajit | § 12428

4.1.374 Āyurvedarasāyana

ghṛtāntaramāha-triphālākolatarkārīkvātha iti | 0 § 12429

4.1.375 Aṣṭāṅgahr̥dayasaṃhitā

surām tīkṣṇam ca yanmadyam
śīkhitīridakṣajam | | 158 | |
māṃsam medyoṣṇavīryam ca sahānna
prakāmataḥ | | 158 | |
sevitvā tadahaḥ svapyādathavā
punarullikhet | | 159 | | § 12432

4.1.376 Sarvāṅgasundarā

surām ca tīkṣṇam ca yanmadyam śīkhitīridakṣajam ca
māṃsam medhyo(dy)ṣṇavīryam annena saha bahu sevi-
tvā tadahaḥ svapyāt | yasmin dine tadbhuktaṃ taṃ div-
asam śayīta | tadahaḥ svapyāditi "kālādhvanoratyantasa-
5 ṃyoge" iti dvitīyā | athavā pūrvoktapītabhuktabhaktō na-
raḥ punarullikhet-udvamet | § 12433

4.1.377 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-prayogāntaramāha-surāmiti | surāmanyadvā
tīkṣṇam madyam,
śī(khītitirikukkuṭānmāṃsam,]... anyadvā
medhyoḍdyo)
[ṣṇavīryam-a](nī)yoṣṇamāṃsam, annena
saha jvarotpattidīne sevitvā svapyāt | na
jīryati cedullikhet-vamet | § 12434

4.1.378 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-sarpirvamanamāha-sarpiṣa iti | § 12435

4.1.379 Aṣṭāṅgahr̥dayasaṃhitā

sarpiṣo mahatīm mātrām pītvā vā
śhardayetpunaḥ | | 159 | | § 12436

4.1.380 Sarvāṅgasundarā

sarpiṣo vā mahatīm-uttamām, mātrām pītvā punaśśharda-
yet udvamet | § 12437

4.1.381 Aṣṭāṅgahr̥dayasaṃhitā

nīlinībhajagandhām ca trivṛtām kaṭurohiṇīm | | 160 | |
pibejjvarasyāgamane
snehasvedopapāditaḥ | | 160 | | § 12439

4.1.382 Sarvāṅgasundarā

nīlinyādīn pṛthagjvarāgamanavāsare kṛtasnehasvedaḥ pi-
bet | § 12440

4.1.383 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-virecanamāha-nīlinīmiti | sadyaḥsnehanam
svedaṃ ca kṛtvā nīlinyādicatuṣṭayam
jvarotpattidine pibet | § 12441

4.1.384 Aṣṭāṅgahr̥dayasaṃhitā

manohvā saindhavaṃ kṛṣṇā tailena

nayanāñjanam | | 162 | |

yojyam-----

| | 162 | | § 12443

4.1.385 Sarvāṅgasundarā

manohvādikam tailena nayanāñjanam yojyam | añjanaś-
abdo mraṅgaṇa+api dṛśyata itinayanaśabde+atra prayu-
ktaḥ | § 12444

4.1.386 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-añjanamāha-manohveti | § 12445

4.1.387 Aṣṭāṅgahr̥dayasaṃhitā

-----hiṅgusamā vyāghrīvasā nasyam

sasaindhavam | | 161 | |

purāṇasarpīḥ śiṃhasya vasā

tadvatsasaindhavā | | 162 | | § 12447

4.1.388 Sarvāṅgasundarā

hiṅgutulyā vyāghrīvasā nasyam sasaindhavam yojyam |
vyāghrīti strīliṅganirdeśaḥ striyā grahaṇārtho+acintyatvātprahāvasya,
anyathā puṃliṅgenaiva nirdeśam kuryāt | yathā vakti-
"purāṇasarpīḥ śiṃhasya vasā tadvatsasaindhavā |" iti |

5 § 12448

4.1.389 Āyurvedarasāyana

nasyamāha-hiṅgusamā vyāghrīvasā nasyamiti | vyāghrī-
vyāghrajātistrī, tasyāḥ vasā | nasyāntaramāha-sasaindhavam |

purāṇasarpīriti | nasyāntaramāha-siṃhasya vasā tadvat
sasaindhaveti | § 12449

4.1.390 Aṣṭāṅgahr̥dayasam̐hitā

palāṅkaṣā nimbapatraṃ vacā kuṣṭhaṃ harītakī | | 162 | |
sarṣapāḥ sayavāḥ sarpirdhūpo viḍvā
biḍālajā | | 163 | | § 12451

4.1.391 Sarvāṅgasundarā

palāṅkaṣādīdhūmaḥ sarveṣu jvareṣu kāryaḥ | athavā biḍ-
ālājātā viḍālajā viḥ | § 12452

4.1.392 Aṣṭāṅgahr̥dayasam̐hitā

ā raṃ-dhūpamāha-palāṅkaṣeti | palāṅkaṣā-gugguluḥ |
dhūpāntaramāha-viḍvā biḍālajeti | viḍālajā
viṭmārjāraviṣṭhā | § 12453

4.1.393 Aṣṭāṅgahr̥dayasam̐hitā

purādhyāmacāsarjanimbārkaḡarudārubiḥ | | 163 | |
dhūpo jvareṣu sarveṣu
kāryo+ayamaḡarājitaḥ | | 164 | | § 12455

4.1.394 Sarvāṅgasundarā

purādibhiḥ sahāḡarājitākhyo+ayaṃ dhūpo jvareṣu kā-
ryaḥ | § 12456

4.1.395 Aṣṭāṅgahr̥dayasam̐hitā

ā raṃ-apaḡarājitaṃ dhūpamāha-purādhyāmeti |
purogugguluḥ | dhyāmakam̐-tr̥ṇam |
sarjo-rālā | § 12457

4.1.396 Aṣṭāṅgahr̥dayasaṃhitā

dhūpanasyāñjanostrāsā ye
coktāścittavaikṛte | | 164 | | § 12458

4.1.397 Sarvāṅgasundarā

ye ca cittavaikṛte-unmādāpasmāre, dhūmādaya uktāste ca
viṣamajvare yojyāḥ | vikṛtameva vaikṛtam | prajñāditvā-
tsvārthe+aṅ | § 12459

4.1.398 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-unmādādiṣūktān
dhūpādīnatidiśati-dhūpanasyāñjanontrāsā
iti | untrāsah-akasmādbhayotpādanam |
cittavaikṛtaṃ-unmādo+apasmāraśca, tatra ye
uktāste kāryāḥ | § 12460

4.1.399 Aṣṭāṅgahr̥dayasaṃhitā

daivāśrayaṃ ca bhaiṣajyaṃ jvarān sarvān
vyapohati | | 165 | |
viṣeṣādviṣamān prāyaste
hyāgantvanubandhajāḥ | | 165 | | § 12462

4.1.400 Aṣṭāṅgahr̥dayasaṃhitā

saṃ-na kevalaṃ dhūpādayo jvaraṃ nāśyanti |
daivāśrayaṃ cauṣadhaṃ
maṇimaṅgalabalyupahāraprāyaścittajapadā-
navastyayanahomādikaṃ sarvān
jvarān-āgantūnnijāṃśca, vyapohati |
"upasargādasyatyūhyorvā vacanam (rveti
vācyam)" iti taṅabhāvaḥ | viśeṣeṇa viṣamān
vyapohati | yasmātte-viṣamajvarāḥ,
āgantunāṃ-bhūtādīnāṃ,
anubandhajātāḥ | § 12463

4.1.401 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-daivavyapāśrayamauṣadhamāha-daivāśrayaṃ ceti |
daiṅśrayaṃ-japahomādi | hi-yasmāt,
prāyo-bāhulyena, te viṣamāḥ,
āgantvanubandhajāḥ-
grahāveśādisambhavāḥ | § 12464

4.1.402 Aṣṭāṅgahr̥dayasaṃhitā

yathāsvaṃ ca sirāṃ vidhyedaśāntau
viṣamajvare | | 166 | | § 12465

4.1.403 Sarvāṅgasundarā

viṣamajvarāśāntau satyāṃ yathāsvaṃ-doṣādyapekṣayā, si-
rāṃ vidhyet | saṅgrāhe ca rasādīdhātusthe jvare cikitsa-
ktā | yathā (ci.a.2)-"rasasaṃsthe tu sarvasmin kuryādva-
manalaṅghane | sekasaṃśamanāleparaktamokṣamasṛkū-
sthite | | tīkṣṇaṃ virekaṃ māṃsāsthe, medoghaṃ me- 5
dasi sthite | asthisthe vātaśamanamabhyaṅgasvedamard-
anam | | jvare vātārtīśamanam viśeṣādbūstikarma ca |"
iti | majjasthaśukrasthayorjvarayorasādhyatvāttatra ciki-
tsā noktā | § 12466

4.1.404 Āyurvedarasāyana

śirāvyadhamāha-yathāsvam ceti | "ṛtīyarke+asayormadhye
skandhasyādhaścaturthake|" (hr̥. sū. a. 27/13) ityādi-
yathāsvam| saṅgrahe tu (ci.a. 2)-"pañcagavyasya ma-
hato vidhinā pañcamāhiṣam| pañcājam caturaiṣṭram
5 vā siddham siddham ghṛtam tathā|| caturauṣṭram-
payodadhimūtraghṛtaiḥ| kaṭurohiṇimañjiṣṭhāvṛṣagranth-
ikacitrakaiḥ| pāṭhāsvaguptādviniśaiḥ pañcagavyasya pa-
ñcasu|| prastheṣu saṃyutaiḥ sevyam viṣamajvarajitpa-
ram| vāksvarasmṛtimedhāgnibalārogyavṛṣatvakṛt|| śṛt-
10 akṣīraghṛtakṣaudrasitākṛṣṇāḥ khajāhatāḥ| viṣamajvarah-
ṛdrogakṣatakāsakṣayāpahāḥ|| āsthāpanam vā tadahard-
adyātsvinnasya yāpanam| payasā vṛṣadamśasya śakṛtdvā
tadahāḥ pibet|| mastunā vā vṛṣaśakṛt surayā vā sasaindh-
avam|| sahadēvāvacābhadrānākulībhiḥ prayojayet| dh-
15 ūpanodvartanālepān sarvajvaranibarhaṇān||" iti| siddh-
ayoge tu (jva. ślo. 230)- "mustāmalakaguḍūcīviśvauṣadh-
akaṅṭakārikākvāthaḥ| pītaḥ sakaṅcūrṇaḥ samadhurviṣ-
amajvaram hanti|| apāmārgajaṭā kaṭyām lohitaḥ saptat-
antubhiḥ| baddhā vāre ravestūrṇam jvaram hanti ṛtīya-
20 kam|| gaṅgāyā uttare kūle aputrastāpaso mṛtaḥ| tasmai
tilodakam dadyānmuñcatvekāhiko jvaraḥ|| agastyānpa-
trasvarasena nasyam nihanti caturthakamugravīryam||
somaḥ sanucaram devam samātrgaṇamīśvaram| pūjayan
prayataḥ śīghram mucyate viṣamajvarāt|| viṣṇuḥ saha-
25 sramūrdhānam carācarapatiḥ vibhūm| stuvannāmasah-
asreṇa jvarānsarvān vyapohati|| mūlam bhūmijayanty-
āśca sahadēvodbhāvam tathā| taṇḍulīyakamūlam vā ba-
ddham murdhni jvarāpaham|| śāntiḥ nayentrivṛdvā+api
sakṣaudrā viṣamajvaram| madhunā cābhayā liḍhā hany-
30 āśu viṣamajvaram|| (ślo. 228) ajājī guḍasaṃyuktā viṣa-
majvara nāśinī| guḍapragādhām triphalām lihyādvā vi-
ṣamajvarī||" [iti| vaṅgasene tu (jva. ślo. 573)-] "śailū-
ṣamaṇḍanarajaḥ puruṣānurūpaḥ śubhrāṅgavatsasurabh-
īpayasā nipītam| ādityavārabhavapālidine nareṇa cātu-
35 rthakam sucirajam jayati kṣaṇena|| śailūṣamaṇḍanam-
harītālam| puruṣānurūpaḥ-puruṣākṛti| kalkaḥ śirīṣapu-
ṣpasya rajanīdvayasamṃyutaḥ| nasyam sarpiḥ samāyogā-

jjvaram cāturthakam jayet | | sitavarṣābhūmūlam payasa
pītam ca paittikam jayati | cāturthakam sucirajam tāmb-
ūlenaiva bhakṣaṇādathavā | | kṛṣṇāmalakīrāmaṭhadārviv-
acārājasarṣaparasonaiḥ | chāgalamūtranipiṣṭairnasyam tv-
ekāhikādiharam | | kṣīrāvīkārājanimardakasatrapāṇām- 5
ūlam jvarāpahamavaśyamidaṃ śikhāyām | baddham div-
ākaradine yadi vā+aṣṭamīṣu rātrijvaram harati rañjitasūtr-
abaddham | |" iti | iti viṣamajvaraḥ | § 12467

4.1.405 Aṣṭāṅgahr̥dayasaṃhitā

kevalānilavīsarpavisphoṭābhihatajvare | | 166 | |
sarpīḥpānahimālepasekamāmsarasāśanam | | 167 | |
kuryādyathāsvamuktaṃ ca raktamokṣādi
sādhanam | | 167 | | § 12470

4.1.406 Sarvāṅgasundarā

kevalānilādibhirjvare sarpīḥpānādikaṃ kuryāt | yacca ra-
ktamokṣādi sādhanam yathāsvamuktaṃ tacca kuryāt |
§ 12471

4.1.407 Aṣṭāṅgahr̥dayasaṃhitā

ā ram-athāgantujvaraḥ |
tatrābhiñātajanmauśadhamāha-kevalānileti |
kevalanilajo visarpajo visphoṭajaśca
jvarastulyauśadhatvāduktaḥ |
kintvasāvāgantuh | kintu nijabhedah
kevalaḥ-
pittakaphāmairasaṃspr̥(sṛ)ṣṭah | § 12472

4.1.408 Aṣṭāṅgahr̥dayasaṃhitā

grahotthebhūtavidyoktaṃ balimantrādi
sādhanam | | 168 | | § 12473

4.1.409 Sarvāṅgasundarā

grahotthe jvare bhūtavidyoktaṃ balimantrādi sādhanam
cikitsitam | § 12474

4.1.410 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-grahāveśajasyauśadhamāha-grahottha iti |
bhūtavidyā-uttarasthānoktaṃ
grahaprakaraṇam | § 12475

4.1.411 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-auśadhīgandhajasyauśadhamāha-auśadhīgandhaja
iti | § 12476

4.1.412 Aṣṭāṅgahr̥dayasaṃhitā

Ośadhīgandhaje
pittaśamanaṃ----- | | 168 | | § 12477

4.1.413 Sarvāṅgasundarā

ośadhīgandhaje pittaśamanaṃ cikitsitam | § 12478

4.1.414 Aṣṭāṅgahr̥dayasaṃhitā

-----viśajidviṣe | | 168 | | § 12479

4.1.415 Sarvāṅgasundarā

viṣe-viśaje jvare, viśajiccikitsitam | § 12480

4.1.416 Aṣṭāṅgahr̥dayasam̐hitā

ā raṃ-viṣajasyauṣadhamāha-viṣajadviṣa iti | § 12481

4.1.417 Aṣṭāṅgahr̥dayasam̐hitā

iṣṭairarthairmanojñaiśca yathādoṣaśamena ca | | 169 | |
hitāhitavivekaiśca jvaram̐ krodhādijam̐
jayet | | 169 | |
krodhajo yāti kāmēna śāntim̐ krodhena
kāmajaḥ | | 170 | |
bhayośokodbhavau tābhyāṃ bhīśokābhyam̐
tathetarau | | 170 | | § 12485

4.1.418 Sarvāṅgasundarā

krodhādijam̐ jvaramiṣṭaiḥ-abhimataiḥ, arthaiḥ-viṣayaiḥ,
tathā manojñaiḥ-ramyaiḥ, tathā yathādoṣam̐ yaḥ śamaḥ-
śamanam̐ tena, tathā hitāhitavivekaiśca jayet | ādiśa-
bdo+atra bhīśokādi parigrahārthaḥ | § 12486

4.1.419 Aṣṭāṅgahr̥dayasam̐hitā

ā raṃ-krodhādijasyauṣadhamāha-iṣṭairthairiti |
iṣṭaiḥ-bhoktuguṇena manojñaiḥ svaguṇena
vā | § 12487

4.1.420 Aṣṭāṅgahr̥dayasam̐hitā

śāpātharvaṇamantrotthe
vidhirdaivavyapāśrayaḥ | | 171 | |
te jvarāḥ kevalāḥ pūrvam̐ vyāpyante+anantaram̐
malaiḥ | | 171 | |
tasmādoṣānusāreṇa teṣvāhārādi
kalpayet | | 172 | |

na hi jvaro+anubadhnāti mārutādyairvinā
kṛtaḥ | | 172 | | § 12491

4.1.421 Sarvāṅgasundarā

śāpādyutthe jvare daivavyapāśrayo vidhiḥ kāryaḥ | śāp-
omunipitrādibhiḥ sakrordhairdattaḥ | [te-] oṣadhyādyu-
tthā jvarāḥ pūrvam kevalā bhavanti | anantaram malaiḥ-
vātādibhiḥ, vyāpyante | tasmāddhetosteṣu-jvareṣu, doṣān-
5 usāreṇāhārādi kalpayet | nanu, śāpādyuttheṣu vātādikopo
nāśaṅkyata eva | tatkimiti teṣvāhārādikaṃ doṣānusāreṇa
kalpyate ? ityāha-na hītyādi | yasmādvātādīnantareṇa vinā
kṛto jvaro nānubadhnāti, tasmādavaśyam teṣvapi vātādik-
opaḥ sambhāvyate | ata eva ca tadanusāreṇāhārādikalpa-
10 nam | § 12492

4.1.422 Aṣṭāṅgahr̥dayasaṃhitā

ā0 ra0-śāpajābhicārajayorauṣadhamāha-
śāpāthavarṇamantrottha iti |
.....vaṅgasene tu (jvara. ślo.
541)-"auśadhīgandha[viṣajau
viṣapittaprabādhanaiḥ |
jayetkaṣāyairmatimān
sarvagandhakṛtairbhiṣak | |]" iti |
ityāgantujvaraḥ | atha dhātujvaraḥ | [
saṅgrahe tu (ci. a. 2)-] "rasasaṃsthe tu
sarvasmin kuryādvamanalaññane | sekasa-
mśamanāleparaktamokṣānaśrksthite | |
tīkṣṇān virekān māṃsasthe medogṇam
medasi sthite | asthisthe
vātaśamanamabhyaṅgasvedamardanam | |
jvare vātārtīsamana viśeṣādbastikarma ca | "
iti | § 12493

4.1.423 Aṣṭāṅgahr̥dayasaṃhitā

jvarakālasmr̥tiṃ cāsyā hāribhirviṣayairharet | | 173 | | § 12494

4.1.424 Sarvāṅgasundarā

jvarakālaṃ ca vegam ca yaścintayan jvaryate, asya cajva-
riṇo, jvarakālasmarāṇaṃ hāribhiḥ-manoharaiḥ, viṣayaiḥ-
śabdādibhiḥ, haret-vismārayet | § 12495

4.1.425 Aṣṭāṅgahr̥dayasam̐hitā

ā raṃ-atha sarvajvarasādhāraṇāni | tatra
manoharasevāmāha-jvarakālasmr̥timiti |
jvarakālo-jvaravegakālaḥ, tasya
smr̥tiḥ-asminkāla ādhattā iti
smaraṇam | § 12496

4.1.426 Aṣṭāṅgahr̥dayasam̐hitā

karuṇārdraṃ manaḥ śuddhaṃ
sarvajvaravināśanam | | 173 | | § 12497

4.1.427 Sarvāṅgasundarā

śuddhaṃ-rāgadveṣādyanupahataṃ, tathā karuṇayā+a+adraṃ-
kr̥pāparaṃ, cetaḥ sarvajvaravināśanam syāt | § 12498

4.1.428 Aṣṭāṅgahr̥dayasam̐hitā

ā raṃ-manasaḥ śuddhatvaṃ karuṇārdratvaṃ
cāha-karuṇārdramiti | § 12499

4.1.429 Aṣṭāṅgahr̥dayasam̐hitā

ā raṃ-vyāyāmādivarjanamāha-tyajediti | § 12500

4.1.430 Aṣṭāṅgahr̥dayasaṃhitā

tyajedābalalābhācca vyāyāmasnānamaithunam | | 174 | |
gurasātmyavidāhyannaṃ
yaccānyajjavarakāraṇam | | 174 | | § 12502

4.1.431 Sarvāṅgasundarā

balalābhādā-balalābhamavadhīkr̥tya, vyāyāmādi tyajet-
nācaret | snānaṃ ca yadyapi dīpanādiguṇayuktaṃ prā-
gadhītaṃ, tathā+api prabhāvajjavaraṃ karotīti tadvarja-
nam | evaṃ vyāyāmādiṣvapicintyam | [anyat]-aparamanuktamapīha
5 yajjavarakāraṇam, tadapi tyajet | khāraṇāde+apyktaṃ-"piṣṭānaṃ
haritaṃ śākaṃ māṃsaṃ śuṣkaṃ tilān dadhi | grāmyānūp-
audakājāvīgavyasūkarabhāhiṣam | | māṃsaṃ śuṣkāṇi śā-
kāṇi sarvameva tyajejjavarī | " tathoktaṃ-"jvaritai sthittiri-
krauñcaśikhivartakakukkuṭāḥ | guruṣṇatvādvivarjyāḥ sy-
10 uratra sopadrave jvare | | " iti | § 12503

4.1.432 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-sahasā+a+ahāravṛddiṃ niṣedhati-na vijvaro+apīti |
sarvānnamatīti sarvānnīnaḥ |
niṣedhātikrame
doṣamāha-nivṛtto+apīti | § 12504

4.1.433 Aṣṭāṅgahr̥dayasaṃhitā

na vijvaro+api sahasā sarvānnīno bhavettathā | | 175 | |
nivṛtto+api jvaraḥ śīnraṃ vyāpādayati
durbalam | | 175 | | § 12506

4.1.434 Sarvāṅgasundarā

tathā vijvaro+api-pūrvānubhūtajvaraḥ, sahasā-akrameṇaiva,
sarvānnabhakṣo na syāt | sarvānnīna ityupapadasarvānn-

etyādinā khaḥ | yato nivṛtto+api-apagato+api, jvaraḥ śī-
ghrameva durbalaṃ vyāpādayati | § 12507

4.1.435 Aṣṭāṅgahr̥dayasaṃhitā

sadyaḥ prāṇaharo yasmāttasmāttasya viśeṣataḥ | | 176 | |
tasyāṃ tasyāṃavasthāyāṃ
tattatkuryādbhīṣagjitam | | 176 | | § 12509

4.1.436 Sarvāṅgasundarā

yasmācca jvaraḥ sadya eva prāṇahr̥dbhavati, tasmātkāraṇāttasya-
jvariṇo, viśeṣeṇānyarogebhyaḥ sakāśāttasyāṃ tasyāṃsā-
mapacyamānapakvājīrṇaviṣamaciranivṛttajvarādyavasthā-
yāṃ ca, tattat-laṅghanasvedanayavāgūpācanakṣīrasarpiḥpānādikaṃ,
bhīṣagjitam-auśadham, kuryāt | § 12510

5

4.1.437 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-jvaracikitsāyāmādaram vidhatte-sadyaḥ prāṇahara
iti | § 12511

4.1.438 Aṣṭāṅgahr̥dayasaṃhitā

auśadhayo maṇayaśca sumantrāḥ
sādhugurudvijadaivatapūjāḥ | | 177 | |
prītikarā manaso viśayāśca ghnantyaṃ
viṣṇukṛtaṃ jvaramugram | | 177 | | § 12513
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavirac-
itā yāmaṣṭāṅgahr̥dayasaṃhitāyāṃ caturthe cititsitasthāne
jvaracikitsitaṃ nāma pratham+adhyāyaḥ | | 1 | | § 12514

5

4.1.439 Sarvāṅgasundarā

oṣadhyādayo viṣṇukṛtamapyugraṃ jvaram ghnānti | kiṃ
punarapacārādikṛtaṃ jvaram na ghnānti ? ityapīśabdā-
rthaḥ | bhau tu bhāgāviti dodhakametataḥ | iti śrīmṛgāṅka-
dattaputraśrīmadaruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭī- kā-
5 yāṃ sarvāṅgasundarākhyāyāṃ caturthe cikitsitasthāne jv-
aracikitsitaṃ nāma prathamoadhyāyaḥ samāptaḥ | | 1 | |
§ 12515

4.1.440 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-siddauṣadhādihāraṇamāha-auṣadhaya iti |
saṅgrahe tu (ci.a. 2)-"kṛtyā trivargasamyukta
ruḍnidrādivinodinī | śāstraṃ vicitraṃ
śṛṇuyānna pretavyādhitāśrayam | |
manobhirāmaviṣayaṃ vacanaṃ hlādi
dakṣiṇam | mātaraṃ pitaraṃ devān vaidyān
viprān haraṃ harim | |
pūjayecśīlayeddānadamasatyadayārjavān |
dhārayecca śucirmūrdhnā
maṇiratnamahauṣadhīḥ | | āryāvalokitaṃ
parṇaśabarīmaparājitām |
praṇamedāryatārāṃ ca sarvajvaranivṛttaye |
japaṃstathā gatoṣṇīṣaṃ
sarvavyādhicikitsitam | āgantudoṣasahajaiḥ
sarvarogairvimucyate | |" iti | | iti
hemādriṭīkāyāmāyurvedarasāyane |
jvaraprakaraṇaṃ nāma samastyena
nirūpitaṃ | | 1 | | § 12516

4.2 raktapittacikitsitādhyāyaḥ : 2

4.2.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto raktapittacikitsitaṃ vyākhyāsyāmaḥ | | 2 | |

iti ha smāhurātreṃyādayo maharṣayaḥ | | 2 | |
) ūrdhvagaṃ balino+avegamekadoṣānugaṃ
navam | | 1 | |
raktapittaṃ sukhe kāle
sādhayennirupadravam | | 1 | | § 12520

4.2.2 Sarvāṅgasundarā

balino-balavataḥ puṃso na striyāḥ, yadutpannamūrdhva-
gaṃ raktapittaṃ tatsādhayet-upakramet | tathā yadevordhvagamavegaṃ
avegavat, tathaiko doṣaḥ-kaphākhyāḥ, anugaḥ-anubalo,
yasya tadekadoṣānugam | nidāne+apyuktam (hṛ.ni.a.3/8)-
"ūrdhvaṃ sādhyam kapādyasmāt" iti | tathā navaṃ- 5
acirotpannam, tathā yatsukhe kāle- tadvyādhipratipakṣ-
abhūte hemante śīśire vā jātaṃ, tathā yannirupadravam-
vikṛtavijñānīyādhyādhyāyoktaiḥ (hṛ.śā.a.5/74)" raktapitt-
ambhṛśaṃ raktaṃ" ityādigranthanirdiṣṭairupadravai rah- 10
itam | ato lakṣaṇādyadviparyayalakṣaṇamūrdhvagamapi
raktapittaṃ tadarthādasādhyam yāpyam vā syāditi gamy-
ate | § 12521

4.2.3 Āyurvedarasāyana

atha raktapittacikitsitam | tatra sādhyamāhaūrdhvaga-
miti | avogaṃ-vegabāhulyarahitam | sukhe-hemantātau |
§ 12522

4.2.4 Āyurvedarasāyana

yāpyamāha-adhogamiti, śāntaṃ śāntamiti ca | yat-gacśt, iṅ
gatau | § 12523

4.2.5 Aṣṭāṅgahr̥dayasaṃhitā

adhogaṃ yāpyayedraktam yaccadoṣadvayānugaṃ | | 2 | |
śāntaṃ śāntaṃ punaḥ
kupyanmārgānmārgāntaraṃ ca
yat | | 2 | | § 12525

4.2.6 Sarvāṅgasundarā

adhogaṃ raktapittamūrdhvagaraktapittoktaikadoṣānugā-
diviṣeṣaṇaviṣiṣṭamapi yāpayet | yacca doṣadvayānugam-
vātakaphābhyāṃ hīnabalābhyāmanugatamūrdhvagamapi,
tacca yāpayet | § 12526

4.2.7 Aṣṭāṅgahr̥dayasaṃhitā

atipravṛttam mandāgnestridoṣam dvipatham
tyajet | | 3 | | § 12527

4.2.8 Sarvāṅgasundarā

śāntam śāntam-atīśayena śāntam, punaḥ kupyat-kopaṃ
gacśat, ūrdhvagamekadoṣānugamadhogaṃ vā tyajet | atha
mārgāt-ūrdhvāt nāsākṣikarṇāsyalakṣaṇāt, mārgāntaram-
gudamedhralakṣaṇam, yat-gacśhat, evaṃ yatpravṛttam ta-
5 cca tyajet | yaditi iṇaḥ śatari iṇo yaṇiti yādeśe yaditi rū-
pam | tathā atipravṛttamūrdhvamārgādhomārgādvā yadr-
aktapittam tattyajet, raktasya prāṇāyatanatvāt | uktaṃ ca-
"jīvitam prāṇinām tatra rakte tiṣṭhati tiṣṭhati |" iti | tathā,
mandāgneryatpravṛttamadhogamūrdhvagam va tadapi
10 viruddhopakramatvātyajet | tathā hi,-mandāgneḥ kaṭuk-
āmloṣṇarūkṣatikṣṇādyausadhamagnisandhukṣaṇam yatt-
addhitam, raktapitte cāto viparītaprāyam yattatpathyam |
tathā, tridoṣamūrdhvagamadhogaṃ vā tadapi tyajet, viṣa-
matvāt | yato na tadvamanaviṣayam bhavatumarhati nāpi
15 virecanaviṣayam | § 12528

4.2.9 Āyurvedarasāyana

asādhyamāha-atipravṛttamiti | yatrānubandhyapi pittaṃ
taddhi (ntri) doṣajam | yatra tu janakameva taddvidoṣa [ja]
mekadoṣam (ṣa)[jam] vā | nidānoktānāmapi sādhyādī-
nām punaruktiraparipūrṇapūraṇāya | tatra sādhyatve yu-
5 ktiruktā, iha tu lakṣaṇamiti vā, pūrvācāryātiviprakīrṇokti-
pradarśanam vā | § 12529

4.2.10 Aṣṭāṅgahr̥dayasaṃhitā

jñātvā nidānamayanam malāvanubalau balam | | 3 | |
 deśakālādyavasthām ca raktapitte
 prayojayet | | 4 | |
 laṅghanam bṛmhaṇam vā+a+adau śodhanam
 śamanam tathā | | 4 | | § 12532

4.2.11 Sarvāṅgasundarā

nidānādi jñātvā+anantaram raktapitte-ūrdhvage+adhoge
 vā, ādau-prathamata eva, laṅghanam prayojayet, atha-
 vā bṛmhaṇam, athavā śodhanam śamanam vā | tatra
 nidānam-tikṣṇoṣṇakāṭvamlādisevanam, etajjñānam hi ta-
 nnidānavarjana upayujyate | tathā ca vakṣyati (ślo.24)- 5
 "yatkiñcidraktapittasya nidānam tacca varjayet |" iti | ayanam-
 ūrdhvāgholakṣaṇam jñātvā | tathā ca vakṣyati (ślo.8)-
 "rakte sapicche sakaphe grathite kaṅṭhamārgage | lihy-
 ānmākṣikasarpirbhyaṃ kṣāramutpalanālam |" iti | ta-
 thā (ślo.47)- "gudāgame viśeṣeṇa śoṇite vastiriṣyate |" ity- 10
 ādi | tathā, pittākhyasya malasyātra mūlabhūtatvātsāma-
 rthyāt malau-vātakaphākhyau, anubalau jñātvā cikitsāvi-
 śeṣam prayojayet | tathā ca vakṣyati (ślo.36)-"raktapittam
 na cecchāmyettatra vātolbaṇe payaḥ | yuñjayācchāgam"
 ityādi | tathā, balam jñātvā | yato vakṣyati (ślo. 13)- 15
 "yathāsvam manthapeyādiḥ prayojyo rakṣatā balam |"
 iti | deśo-dvividhaḥ sārīro bhūmideśāśca | tatra sārīro-
 mukhanāsādyavayavarūpaḥ | ūrdhvage hi raktapitte saty-
 api nāsāpravṛtte viśeṣeṇānyadauśadhamanyapravṛtte+anyat |
 tathā, adhoge raktapitte satyapi gudapravṛtte+anyadauśadham
 meḍhrapravṛtte cānyat | bhūmideśāśca-trividhovyākhyāto
 jāṅgalānūpasādhāraṇabhedena | tatra jāṅgale+anyadhauśadhamanūpe+a
 sādharmaṇe cānyat | kālo-muhūrtādiḥ śītoṣṇavarśalakṣaṇa
 āvasthikaśca | tathā ca śīte kāle+anyādr̥samauśadhamanyasmin
 kāle+anyādr̥samauśadham raktapitte | ādigrahaṇenānal- 25
 āhā rasattvasātmyavayaḥprakṛtiprabhṛtayo gr̥hyante | av-
 asthām ca jñātvā avasthāvaśāt, raktapittasya hyavasthāvi-
 śeṣeṇānyadauśadham syāt | § 12533

4.2.12 Sarvāṅgasundarā

laṅghanīyabr̥mhaṇīyaśodhanīyaśamanīya vibhāgamāha-jñātveti |
tatra nidānajñānāt br̥mhaṇotthe laṅghanam laṅghanotthe
br̥mhaṇam | ayanajñānāt ūrdhvage laṅghanamadhoge br̥-
mhaṇam | anubalamalajñānāt kafe laṅghanam vāte br̥mha-
5 ṇam | balajñānāt sampūrṇe bale laṅghanamalpe br̥mha-
ṇam | deśajñānāt anūpe laṅghanam jāṅgale br̥mhaṇam |
kārajñānāt visarge laṅghanamādāne br̥mhaṇam | ādiśa-
bdāt yauvane laṅghanam vārdhake br̥mhaṇamityādi | ava-
sthājñānāt apakve laṅghanam pakve br̥mhaṇam | pūrvaṃ
10 śamanaśodhanavibhāgo jñeyaḥ | ādaugrahaṇāt laṅghanā-
nantaram br̥mhaṇam br̥mhaṇānantaram laṅghanam ca kā-
ryam | § 12534

4.2.13 Aṣṭāṅgahr̥dayasam̐hitā

santarpaṇottham balino bahūdoṣasya sādhayet | | 5 | |
ūrdhvabhāgam virekeṇa vamanena
tvadhogataṃ | | 5 | |
śamanairbr̥mhaṇaiścānyallaṅghya
br̥mhyānavekṣya ca | | 6 | | § 12537

4.2.14 Sarvāṅgasundarā

santarpaṇottham balino bahūdoṣasya narasya raktapitt-
amūrdhvagam virekeṇa sādhayet, adhogataṃ tu vama-
nena sādhayet | anyatatarpaṇottham raktapittam du-
rbalasyālpadoṣasyordhvagam śamanairadhogam br̥mha-
5 ṇairupācaret | br̥mhaṇairvā śamanaiḥ | na cedam ciki-
tsitam nirapekṣam yuñītetyāha-laṅghyabr̥mhyānavekṣya
ceti | laṅghanādutpannamadhogamapi śamanairupāca-
ret | br̥mhaṇādutpannamūrdhvagamapi laṅghanairupā-
caredityarthaḥ | § 12538

4.2.15 Āyurvedarasāyana

śodhyatve+api vamyavirecyavibhāgamāha-santarpaṇotthamiti |
adhoge vamanam | ūrdhvage virecanam | santarpaṇo-
Compiled : March 13, 2018 Revision : 63c8b84 1965

tthaṃ ityatra ubhayatra tulyam | śāmyatve+api laṅghanaśāmyabr̥ṃhaṇaḥ
śamanairbr̥ṃhaṇaiśceti | anyat- apatarpaṇotthamalpabal-
asya cālpadoṣasyaca | ūrdhvagaṃ laṅghanaśamanaistathā
laṅghye puruṣe santarpaṇotthattvāditraye satyapi br̥ṃha- 5
ṇam | br̥ṃhye puruṣe atarpaṇotthattvāditraye satyapi la-
ṅghanam | § 12539

4.2.16 Aṣṭāṅgahr̥dayasaṃhitā

ūrdhvaṃ pravṛtte śamanau rasau tiktakaṣāyakau | | 6 | |
upavāsaśca
niḥśuṅṭhīṣaḍaṅgodakapāyinaḥ | | 7 | | § 12541

4.2.17 Sarvāṅgasundarā

ūrdhvaṃ pravṛtte raktapitte śuṅṭhīrahitaṃ ṣaḍaṅgoda-
kaṃ pibataḥ puṃsastiktakaṣāyau rasau śamanam | tathā,
upavāsaḥ | § 12542

4.2.18 Āyurvedarasāyana

śamanamāha-ūrdhvaṃ pravṛtta iti | ṣaḍaṅgodakaṃ-"ghanacandanaśuṅṭhī
(hr̥. ci. a. 1/15) iti jvaroktam, taccātra śuṅṭhīm vinā kā-
ryam | § 12543

4.2.19 Aṣṭāṅgahr̥dayasaṃhitā

adhoge raktapitte tu br̥ṃhaṇau madhuro
rasaḥ | | 7 | | § 12544

4.2.20 Sarvāṅgasundarā

adhoge tu raktapitte br̥ṃhaṇo madhuro raso hitaḥ | § 12545

4.2.21 Āyurvedarasāyana

br̥ṃhaṇamāha-adhoge raktapitta iti | § 12546

4.2.22 Aṣṭāṅgahr̥dayasaṃhitā

ūrdhvage tarpaṇaṃ yojyaṃ prāk ca peyā
tvadhogate || 8 || § 12547

4.2.23 Sarvāṅgasundarā

ūrdhvage raktapitte prāk-pūrvam, tarpaṇaṃ yojyam, ta-
thāsātmyatvāt | evamadhoge raktapitte prāk peyā yojyā |
§ 12548

4.2.24 Āyurvedarasāyana

ūrdhvaḡadhogayoḥ pathyavibhāgamāhna-ūrdhvage tarp-
aṇamiti | ūrdhvage prāk tarpaṇaṃ pathyam, adhoge tu
peyā śeṣaṃ jvaravat | § 12549

4.2.25 Aṣṭāṅgahr̥dayasaṃhitā

āśnato balino+aśuddhaṃ na dhāryaṃ taddhi
rogakṛt || 8 ||
dhārayedanyathā śīghramagnivacsīghrakāri
tat || 9 || § 12551

4.2.26 Sarvāṅgasundarā

balino narasyāśnato raktamaśuddhaṃ-duṣṭaṃ, na dhāryaṃ-
na stambhanīyam | taddhi nṛtaṃ sirāvyadhavidhyuktān
visarpavidradhiplihādīn rogān karoti | anyathā-vidhiviparyaye
sati durbalasyābhōjanasya ca, śīghraṃ dhārayet | ya-
5 smādagnivacsīghraṃ maraṇakāri tat-raktamastambhitam,
syāt | § 12552

4.2.27 Āyurvedarasāyana

aśuddhasya raktasya stambhanaṃ niṣedhati-aśnata iti |
śuddhasya stambhanaṃ vidhatte-dhārayediti | anyathā-

śuddhatve, balāsanayoralpayoraśuddhatve+api | tat-astambhitam
raktam | § 12553

4.2.28 Aṣṭāṅgahr̥dayasaṃhitā

trivṛcśyāmākaṣāyeṇa kalkena ca saśarkaram | | 9 | |
sādhayedvidhivalleham lihyātpāṇitalam
tataḥ | | 10 | | § 12555

4.2.29 Sarvāṅgasundarā

trivṛtā-śuklagopītyucyate | śmāmā-mālavikā trivṛducyate |
tayoh kaṣāyeṇa tathā tayoreva [kalkena] mātrāmāsṛityaita-
duktam | atra ca kaṇṭakārikālehavat (hr̥.ci.a.3/62) kvātha-
kalkaśarkarāṇām parimāṇam vedyamiti vṛddhavaidyavy-
avahārah | § 12556

5

4.2.30 Āyurvedarasāyana

virecanamāha-trivṛcśāmākaṣāyeṇeti | kalkenatrivṛddvay-
asyaiva | pāṇitalam karṣam | § 12557

4.2.31 Aṣṭāṅgahr̥dayasaṃhitā

trivṛtā triphalā śyāmā pippalī śarkarā madhu | | 10 | |
modakaḥ sannipātor dhvaraktaśophajvarāpa-
haḥ | | 11 | |
trivṛtsamasitā tadvat
pippalīpādasamyutā | | 11 | | § 12560

4.2.32 Āyurvedarasāyana

virecanāntaramāha-trivṛteti | sannipātastrībhiḥ sambadhy-
ate | virecanāntaramāha-trivṛtsamasiteti | saṅgrahe (ci. a.
3)- " trifalātrivṛtādhātrītrāyantyāragvadhābhayāḥ | gav-
ākṣīkṣurasakṣīradrākṣāḥ kṣaudrasitotkatāḥ | | yathāsvam

kalpabihitā virekārthaṃ prayojayet | " iti | trifalādīni daśa
virecanāni | pratyekaṃ madhusitotkaṭāni | gavākṣī-indravāruṇī |
§ 12561

4.2.33 Sarvāṅgasundarā

tathā trivṛtādibhirmodako-vaṭakaḥ | śarkarāparimāṇaṃ
ca padmakādyacūrṇavadavabodhyam | sa ca modakaḥ
sannipātor dhvarakṣāphajvarahṛdbhavati | pūrvoktasya
lehasya viṣayanirdeśādeva viṣayo vedyah | trivṛtsamas-
5 itā pippalīpādasam̐yutā tadvat-sannipātādi hṛdityarthaḥ |
§ 12562

4.2.34 Aṣṭāṅgahr̥dayasaṃhitā

vamaṇaṃ phalasaṃyuktaṃ tarpaṇaṃ
sasiṭāmadhu | | 12 | |
sasitaṃ vā jalaṃ kṣaudrayuktaṃ vā
madhukodakam | | 12 | |
kṣīraṃ vā rasamikṣorvā-----
| | 13 | | § 12565

4.2.35 Āyurvedarasāyana

vamaṇapañcakamāha-vamaṇaṃ falasaṃyuktamiti | pañc-
asvapi madanafalasaṃyogaḥ | saṅgrahe tu (ci. a. 3)- "phal-
endrayavagāṅgeyīmadhukaṃ vā samākṣikam | " iti | § 12566

4.2.36 Sarvāṅgasundarā

madanaphalena saṃyuktaṃ tarpaṇaṃ siṭāmadhubhyāṃ
saha vamaṇe deyam, vātakopabhayādityabhiprāyaḥ | ath-
avā saśarkaraṃ phala saṃyuktaṃ, [athavā] madhukodak-
amathavā kṣaudrasaṃyuktaṃ, athavā kṣīraṃ, athavekṣu-
5 rasam | sarvametat madanaphalasaṃyuktaṃ pṛthak pra-
tyekaṃ deyam | § 12567

4.2.37 Āyurvedarasāyana

śuddhasya pathyamāha-śuddhasyeti | anantarah "ūrdhvage tarpaṇaṃ yojyam" (ślo. 8) ityādi | balaṃ agnibalaṃ dehabalaṃ ca | § 12568

4.2.38 Aṣṭāṅgahrdayasaṃhitā

-----śuddhasyānantaro vidhiḥ | | 13 | |
yathāsvaṃ manthapeyādiḥ prayojyo rakṣatā
balaṃ | | 13 | | § 12570

4.2.39 Sarvāṅgasundarā

ūrdhva[ga]raktapittino+adhogaraktapittino vā yathākramam virekavamanābhyāṃ śuddhasyānantaram [yathāsvam-] yathāyogaṃ yathāvidhi, manthapeyādiḥ prayoktavyaḥ,-ūrdhvage manthādiradhoge peyādiriti yathārthaḥ | § 12571

4.2.40 Aṣṭāṅgahrdayasaṃhitā

mantho jvarokto drākṣādiḥ, pittagnairvā phalaiḥ
kṛtaḥ | | 14 | | § 12572

4.2.41 Sarvāṅgasundarā

mantho jvarokto drākṣādiḥ-"drākṣāmadhūkamadhuka"
(hr. ci. a. 1/55) ityādiḥ | pittaṅnairvā-drākṣāmalakakrāśmaryamadhukādi
phalaiḥ kṛtaḥ prayoktavyaḥ | § 12573

4.2.42 Āyurvedarasāyana

manthamāha-mantho jvarokta iti | drākṣādiḥ-"drākṣāmadhūkamadhuka"
ityādiḥ | manthāntaramāha-pittagnairveti | § 12574

4.2.43 Aṣṭāṅgahr̥dayasaṃhitā

madhukharjūramṛdvikāparūṣakasitāmbhasā | | 14 | |
mantho vā pañcasāreṇa
saṅṛtairlājasaktubhiḥ | | 15 | |
dāḍimāmalakāmlo va
mandāgnyamlābhilāṣiṇām | | 15 | | § 12577

4.2.44 Sarvāṅgasundarā

athavā madhvādinā dravyapañcakena kṛtena pañcasārā-
khyena lājasaktubhiḥ sasarpiṣkairmantho hitaḥ | mand-
āgnīnāmamlābhilāṣiṇām ca dāḍimāmalakābhyāmamlaśca
manthaḥ prayoktavyaḥ | 'adhoge prākpeyā prayojyā' ityu-
5 ktam | atastā eva peyā brūte- § 12578

4.2.45 Āyurvedarasāyana

manthāntaramāha-madhukharjūreti | pañca madhvādīni
sārāṇyatreti pañcasāram, saṃjñā ceyam | manthāntaramāha-
dāḍimāmalakāmlo veti | dāḍimāmalakarasayogādamlāḥ |
§ 12579

4.2.46 Aṣṭāṅgahr̥dayasaṃhitā

kamalotpalakiñjalkapṛṣniparnīpriyaṅgukāḥ | | 16 | |
uśīraṃ śābaram rodhraṃ śṛṅgaberam
kucandanam | | 16 | |
hīveraṃ dhātakīpuṣpaṃ bilvamadhyam
durālabhā | | 17 | |
ardhārdhairvihitāḥ peyā vakṣyante
pādayaugikāḥ | | 17 | |
5 bhūnimbasevyajaladā masūrāḥ
pṛṣniparṇyapi | | 18 | |
vidārigandhā mudgāśca balā
sarpirhareṇukāḥ | | 18 | | § 12585

4.2.47 Sarvāṅgasundarā

kamalotpaletyādibhirvargairardhaślokaiḥ peyā vihitāḥ |
pādayaugikā vakṣyante | bhūnimbasevyetyādayaḥ | § 12586

4.2.48 Āyurvedarasāyana

tribhirardharcaististraḥ peyā āha-kamalotpaleti | caturbhiḥ
pādaishcatasnaḥ peyā āha-bhūnimbasevyajaladā iti | vidārigandhā-
śāliparnī | hareṇukāḥ-satīnāḥ | saṅgrhe tvadhikāḥ peyaḥ
(ci. a. 3)- "candanāmbupriyaṅgavaḥ | tuvaryo vā+atibalayā
balayā vā hareṇavaḥ | |" iti | § 12587

5

4.2.49 Aṣṭāṅgahrdayasaṃhitā

jāṅgalāni ca māṃsāni śītavīryāṇi sādhayet | | 19 | |
prṥthakaprṥthagjale teṣāṃ yavāgūḥ
kalpayedrase | | 19 | |
śītāḥ saśarkarākṣaudrāstadvanmāṃsarasān-
api | | 20 | |
īṣadamlānanamlān vā ghṛtabhrṣṭān
saśarkarān | | 20 | | § 12591

4.2.50 Sarvāṅgasundarā

māṃsāni jāṅgalāni śītavīryāṇi-śaśādisabandhīni, pūrvokt-
apeyaushadhānāṃ prṥthakaprṥthagjale sādhayet | anantaraṃ
tasmin rase yavāgūḥ kalpayet | kīdrśīḥ ? śītāstathā saśark-
arākṣaudrāḥ | tadvadityanena śītatvaṃ māṃsarasānāmat-
idiśati, na tu saśarkarākṣaudratvamapi, ayogārhatvāt | ata 5
evāha-tān māṃsarasān īṣadamlānamlābhilāṣiṇaḥ, anaml-
ābhilāṣiṇO+anamlāneva | tathā, ghṛtabhrṣṭān saśarkarān-
śarkarāyuktān | § 12592

4.2.51 Āyurvedarasāyana

uktānāṃ peyānāṃ prakārāntaramāha-jāṅgalāni ceti | teṣāṃ-
peyaushadhānāṃ, jale-kāthe | rase-kvāthasiddhamāṃsarase |

māṃsarasānāha-tadvaditi | tadvat-peyāvat, taṇḍulaprakṣ-
epaṃvinā | saṅgrahe tu (ci. a. 3)- "tatkaṣāye hitāḥ peyāmā-
ṃsapeyāstathā rasāḥ | anamlāḥ kiñcidamlā vā saghṛtakṣau
draśarkarāḥ | |" iti | § 12593

4.2.52 Aṣṭāṅgahr̥dayasaṃhitā

śūkaśimbībhavaṃ dhānyaṃ rakte śākaṃ ca
śasyate | | 21 | |
annasvarūpavijñāne yaduktaṃ laghu
śītaḥ | | 21 | | § 12595

4.2.53 Sarvāṅgasundarā

tathā, śūkaśimbījaṃ, dhānyaṃ śākaṃ ca raktapitte śasy-
ate | annasvarūpavijñānīye+adhyāye (sū.a. 6) yaduktaṃ la-
ghu ca śītaḥ ca | § 12596

4.2.54 Āyurvedarasāyana

dhānyāni śākāni cāha-śūkaśimbībhavaṃ dhānvamiti rakte-
raktapitte | § 12597

4.2.55 Aṣṭāṅgahr̥dayasaṃhitā

pūrvoktamambu pānīyaṃ pañcamūlena vā śṛtam | | 22 | |
laghunā śṛtaśītaṃ vā madhvambho vā
phalāmbu vā | | 22 | | § 12599

4.2.56 Sarvāṅgasundarā

pūrvoktamambu-ṣaḍaṅgaṃ śuṅṭhīrahitaṃ, pānīyaṃ-pātavyam |
athavā laghunā pañcamūlena śṛtam | pānīyasya śrapaṇe
tantrakārairvidhiruktaḥ | yathā-"karṣaṃ gṛhītvā dravya-
sya kvāthayetprāsthike+ambhasi | ardhaśṛtaṃ prayokta-
5 vyaṃ jalapāke tvayaṃ vidhiḥ | |" iti | kevalaṃ vā jalaṃ śṛ-

taśītaṃ hitam | madhvambho-mākṣikayuktaṃ pānīyam |
phalāmbu vā-drākṣābhīrvā pittaghnaīḥ phalaiḥ kṛtam |
§ 12600

4.2.57 Āyurvedarasāyana

trṣitasya pānārthamudakamāha-pūrvoktamambviti | pūrvoktaṃ-
niḥśuṅṭhīṣaḍaṅgodakam | laghupañcamīlasiddhaṃ vā |
śṛtaśītaṃ vā kevalam | madhūdakaṃ vā | falodakaṃ vā
falāni-dāḍimādīnilau śītalāni | saṅgrahe tu (ci. a. 3)padm-
akādyañjanādi ca sārivādiṃ ca kalpayet | annapāne ga- 5
ṇaṃ tadvaddaśakaṃ dāhanāśanam | | kaphānuge yūṣasā-
kaṃ mārutānugate rasam | abhīroraṅkurairlāvāḥ saha mu-
dgāḥ paṭolajaiḥ | makuṣṭhā dhanvayāsothai raktapitte pa-
raṃ matāḥ | " iti | § 12601

4.2.58 Aṣṭāṅgahrdayasaṃhitā

śāśaḥ savāstukaḥ śasto vibandhe----- | | 23 | | § 12602

4.2.59 Sarvāṅgasundarā

śāśaḥ-śāśasya māṃsam, sahavāstukena viḍvibandhe sati
raktapittinaḥ śastaḥ | § 12603

4.2.60 Sarvāṅgasundarā

vibandhe rasamāha-śāśaḥ savāstuka iti | § 12604

4.2.61 Aṣṭāṅgahrdayasaṃhitā

-----tittiriḥ punaḥ | | 23 | |

udumbarasya niryūhe sādhitō

mārute+adhike | | 23 | |

plakṣasya barhiṇastadvannyagrodhasya ca

kukkuṭaḥ | | 24 | | § 12607

4.2.62 Sarvāṅgasundarā

tittiristu mārute+adhika udumbarasya kvāthe sādhitah śa-
staḥ | plakṣasya kvāthe sādhitō barhiṇo-mayūrah, tadvat-
mārute+adhike śastaḥ | barhiṇa iti "phalabarhābhyāmi-
nac |" tathaivanyagrodhasya niryūhe kukkuṭah śastaḥ |
5 udumbarādīkvāthasādhanam titthiryādīnāmauṣṇyam pr-
atihantum | § 12608

4.2.63 Āyurvedarasāyana

mārutādhike rasamāha-tittiriḥ punariti | mārutā[dhike
rasā] ntaramāha-plakṣasya barhiṇastadvaditi | barhiṇo-
mayūrah | rasāntaramāha-nyagrodhasya ca kukkuṭa iti |
saṅgrāhe tu (ci. a. 3)- "bisotpalamṛṇālānām vartakakra-
5 rau hitau | vartīro+ambhojanālānāmaśvatthasya kapiñca-
lah | |" iti | § 12609

4.2.64 Aṣṭāṅgahr̥dayasaṃhitā

yatkiñcidraktapittasya nidānam tacca
varjayet | | 24 | | § 12610

4.2.65 Sarvāṅgasundarā

yatkiñcidraktapittasya kāraṇam-yena sevitena tājātam, ta-
cca varjayet-pariharet | § 12611

4.2.66 Āyurvedarasāyana

varjaniamāha-yatkiñciditi | § 12612

4.2.67 Aṣṭāṅgahr̥dayasaṃhitā

vāsārasena phalinīmṛdgodhrāñjanamākṣīkam | | 25 | |
pittāsṛk śamayetpītam, niryāso
vā+aṭarūṣakāt | | 25 | |

śarkarāmadhusaṃyuktaḥ kevalo vā, śrto+api
vā | | 26 | |
vṛṣaḥ sadyo jayatyaśraṃ, sa hyasya
paramauśadham | | 26 | | § 12616

4.2.68 Sarvāṅgasundarā

vāsakasya rasena phalinyādikaṃ pītaṃ raktapittaṃ śam-
ayati | athavā, aṭarūśakasya rasaḥ śarkarāmadhuyuktaḥ
pīto raktapittaṃ jayet | athavā kevalo vāsārasaḥ | athavā
kvathito vṛṣaḥ śīghraṃ raktaṃ jayet | sa vṛṣo yasmādasya-
raktasya, paramauśadham | § 12617

5

4.2.69 Āyurvedarasāyana

śamanamāha-vāsāraseneti | falinī-priyaṅguḥ | mṛt-saurāṣṭrī |
añjanaṃ-rasāñjanam | māksikaṃ-madhu | [śamanāntaramāha-
niryāsa iti | niryāsaḥ-svarasaḥ | sa śarkarāmadhusaṃyu-
ktaḥ kevalo veti dvividhaḥ |] śamanāntaramāha-śrto+api
vā vṛṣa iti | śruto+api śarkarāmadhusaṃyuktaḥ kevalo veti 5
svarasavaddvividhaḥ | § 12618

4.2.70 Āyurvedarasāyana

tribhirardharcaiḥ vkāthatrāyamāha-paṭolamālatīti | candanadvayaṃ-
śvetaṃ raktaṃ ca | kṛṣṇā mṛt-kṛṣṇamṛttikā | madayantikā-
yūthikā | § 12619

4.2.71 Aṣṭāṅgahṛdayasaṃhitā

paṭolamālatīnimbacandanadvayapadmakam | | 27 | |
rodhro vṛṣastandulīyaḥ kṛṣṇā
mṛnmadayantikā | | 27 | |
śatāvārī gopakanyā kākolyau
madhuyaṣṭikā | | 28 | |
raktapittaharāḥ kvāthāstrayaḥ
samadhuśarkarāḥ | | 28 | | § 12623

4.2.72 Sarvāṅgasundarā

paṭolādayo+ardhaślokāstrayaḥ kvāthā madhuśarkarāyutā
raktapittaṃ jayantīti yojyam | atra ca vāsaka ārdro+api dv-
iguṇo na yojyaḥ | evaṃ hyuktaṃ tantrāntare-"vāsakuṭajakūṣmāṇḍaśatapušpāsah
nityamārdrāḥ prayoktavayāstathā+api dviguṇā na te | |"
5 iti | § 12624

4.2.73 Aṣṭāṅgahr̥dayasaṃhitā

palāśavalkakvātho vā suśītaḥ śarkarānvitaḥ | | 29 | |
lihyādvā madhusarpibhyāṃ gavāśvaśakṛto
rasam | | 29 | | § 12626

4.2.74 Sarvāṅgasundarā

athavā palāśatvakkvāthaḥ śītaḥ śarkarāyutaḥ pūrvoktag-
uṇaḥ | athavā madhusarpibhyāṃ gavāśvaśakṛto rasam pi-
bet | gavāśceti "avaḍ sphoṭāyanasya" ityavañādeśaḥ | § 12627

4.2.75 Āyurvedarasāyana

kvāthāntaramāha-palāśavalkavkātho veti | valkalaṃ-tvak |
lehamāha-lehyādvā madhusarpibhyāṃ | śakṛdrasasya
pākādñānībhāvena lehatvam | § 12628

4.2.76 Aṣṭāṅgahr̥dayasaṃhitā

sakṣaudgaṃ grathite rakte
lihyātpārāvātācśakṛt | | 30 | | § 12629

4.2.77 Sarvāṅgasundarā

grathite-granthimati, raktapitte pārāvātasya śakṛt kṣaudg-
eṇa saha lihyāt | § 12630

4.2.78 Āyurvedarasāyana

grathite rakte lehamāha-sakṣaudramiti | grathitaṃ tantu-
lam | § 12631

4.2.79 Aṣṭāṅgahrdayasaṃhitā

atiniḥ srutaraktaśca kṣaudgeṇa rudhiraṃ pibet | | 30 | |
jāṅgalaṃ, bhakṣayedvā+a+ajamāmaṃ
pittayutaṃ yakṛt | | 31 | | § 12633

4.2.80 Sarvāṅgasundarā

atiniḥsrutaraktaśca jāṅgalaṃ raktaṃ kṣaudgeṇa saha pi-
bet | ājaṃ yakṛdapakvaṃ pittayutaṃ bhakṣayet | § 12634

4.2.81 Āyurvedarasāyana

atiyoge rudhiraṃ māha-atiniḥsrutarakto veti | jāṅgalaṃ-jāṅgalavargīyahariṇā
atiyoge yakṛdbhakṣaṇamāha-bhakṣayedveti | ajasya-śāgasyedamājam |
āmaṃ-apakvam | ājenaiva pittena yuktaṃ | § 12635

4.2.82 Aṣṭāṅgahrdayasaṃhitā

candanośīrajaladalājamudgakaṇāyavaiḥ | | 31 | |
balājale paryuṣitaiḥ kaṣāyo
raktapittahā | | 32 | | § 12637

4.2.83 Sarvāṅgasundarā

candānādibhirbalājale paryuṣitaiḥ kaṣāyo raktapittajit |
§ 12638

4.2.84 Āyurvedarasāyana

atiyoge śītakaṣāyamāha-candanośīreti | balājale-balākvāthe |
§ 12639

4.2.85 Aṣṭāṅgahr̥dayasaṃhitā

prasādaścandanāmbhojasevyamṛdbhr̥ṣṭaloṣṭajaḥ | | 32 | |
suśītaḥ sasiṭākṣaudraḥ śoṇitātipravṛttijit | | 33 | |
āpothya vā nave kumbhe
plāvayedikṣugaṇḍikāḥ | | 33 | |
sthitam̐ tadguptamākāśe rātrim̐ prātaḥ srutaṃ
jalam | | 34 | |
5 madhumadvikacāmbhojakṛtotaṃsam̐ ca
tadguṇam | | 34 | | § 12644

4.2.86 Sarvāṅgasundarā

candanādijah̐ prasāda suśītaḥ śarkarāmākṣikābhyāṃ saha
raktasyātipravṛttim̐ jayet | sam̐-ikṣugaṇḍikā āpothya bhr̥ś-
amādau saṅkuṭya jale plāvayet | nave kumbhe rātrimākāśe
guptam̐-kīṭādyupahatam̐ yathā na syāttathā. sthitam̐ tat-
5 ikṣugaṇḍikājalam̐, prātaḥ srutaṃ samākṣikam̐ vikasitapa-
dmena kṛtaśekharam̐ tadguṇam̐-pūrvavadguṇamityarthaḥ |
§ 12645

4.2.87 Āyurvedarasāyana

atiyoge śītakeṣāyāntaramāha-prasādaiti | mṛdbhr̥ṣṭaloṣṭam̐-
pākādagnivarṇatām̐ nītam̐ mṛlloṣṭam̐ | ā0 ra0- atiyoge
śītakeṣāyāntaramāha-āpothya veti | āpothya-jarjarīkṛtya |
plavayet-navakumbhasthe jale kṣipet | alpatvārtham̐ ikṣugaṇḍikāḥ-
5 ikṣukhaṇḍāni | rātrimākāśe sthitam̐śīkyālabhānāt | gutpaṃ-
prakṛtikīṭādibhyaḥ | madhumat-kṣodrayuktam̐ | vikkacāmbhojakṛtotaṃsam̐-
kumbhakaṇṭhabaddhairantaḥpraviśadbhiriva vikasitaka-
malaiḥ surabhīkṛtam̐ | tadguṇam̐-pūrvauśadhasamānam̐ |
§ 12646

4.2.88 Aṣṭāṅgahr̥dayasaṃhitā

ye ca pittajvare caktāḥ kaṣāyāstāmśca yojayet | | 35 | | § 12647

4.2.89 Sarvāṅgasundarā

pittajvare ca ye kaṣāyā uktāḥ-"śakrayavāṅnanam | kaṭukā ceti sakṣaudgā" (hr. ci. a. 1/52) ityādayaḥ, tāmśca-kaṣāyān, atra yojayet | § 12648

4.2.90 Sarvāṅgasundarā

pittajvarakaṣāyānatidiśati-ye ceti | saṅgrahe tu (ci. a. 3)-
 "vāsārasena bhūnimbakaṭukāśarkarāḥ pibet | tenaiva vā
 kṣaudrayuktaṃ padmakesarapadmakam | | sarodhranā-
 gakuṣumaśāḍvalotpalavāstukam | śāḍvalaṃ-dūrvā | pa- 5
 thyārajanyahiṃstrā vā palāṅḍuṃ tadvadeva vā | | ahiṃstrā-
 kanthāribhedaḥ | tadvat-madhusarpirbhyā lihyāt | falin-
 ṅlōdhrahadiraśālmālikovidārajam | śīrīṣaṣelukakubhasi-
 nduvārātimuktajam | | palāśayūthikāśigrumadhūkāsana-
 janma ca | madhunācūrṇitaṃ puṣpamektra pṛthageva
 vā | | puṣpairebhirvipavkaṃ ca sakṣaudraṃ māhiṣaṃ gh- 10
 ṛtaṃ | lihyāt kṣaudreṇa pathyāṃ vā kiñjalkaṃ kamal-
 asya vā | | lājān śṛṅgāṭakaṃ mustaṃ kharjūraṃ kṛṣṇa-
 mṛttikāṃ | kṣīrivṛkṣāṅkurān drākṣāṃ tavakṣīriṃ sitop-
 alāṃ | | gairikaṃ madhukaṃ rodhraṃ śaṅkhaṃ śamb-
 ūkamañjanam | taṅḍulīyakamūlaṃ vā bījaṃ vā vāstu- 15
 kodbhavam | | rodhrakālīyakośīrafalinīśaṅkhagairikaṃ |
 paṭolapatraṃ dūḥsparśā samaṅga sārivā latā | | tvaḡja-
 mbūvetasāśvatthahayāhvodumbarārjunāt | kirātatiktrak-
 amukamustakaṭfalapadmakam | | prapaunḍarīkahīberak-
 amalotpalaparpaṭam | candanena pṛthagyuktaṃ sama- 20
 staṃ vā saśarkaram | | phāṅṭīkṛtaṃ śṛtaṃ śītaṃ cū-
 rṇaṃ vā taṅḍulāmbhasā | pītamāśujayatyāstraṃ tṛḍdāhat-
 amakānapi | | tadvadacśaḥ sitārodhramadhūkośīracanda-
 nāt | mṛcśyāmāsārivāmustudhātakīyaṣṭikānvitāt | | acśaḥ-
 prasādaḥ | tadvat-candanādivat | vaiḍūryamuktāmṛcśa- 25
 ṅkhagairikāmalakodadakaṃ | madhūdakaṃ rasaṃ ve-
 kṣoḥ pibañjayati ṣoṇitaṃ | | trapusīmūlakalkaṃ vā sakṣ-
 audraṃ taṅḍulāmbunā | pibetkarañjabījaṃ vā tena kṣau-
 drasitāyutam | | rodhracandanayaṣṭayāhvam tena yaṣṭay-
 āhvameva vā | nīlotpalaṃ sitā yaṣṭī madhūkam padma- 30
 kesaram | | śinnodbhavā ca śīto+ayaṃ kaṣāyo raktajitpa-

ram | " iti | vaṅgasene tu (raktapittādhikāre ślo 48)- "tālīsa-
 cūrṇayaktaḥ peyaḥ kṣaudreṇavāsakasvarasaḥ | kafapitta-
 śvāsavamītamakasvarabhedaraktapittaharaḥ | | āṭarūṣak-
 amṛdīkāpathyāvkāthaḥ saśarkaraḥ | kṣaudrāḍhyaḥ kasa-
 5 aśvāsaraktapittanibarhaṇaḥ | | śatāvarī balā rāsnā kāśma-
 ryaṃ sapaṛūṣakam | pāyayedraktapittagṇam sadyaḥ śū-
 laharam param | | candanendrayavāḥ pāṭhākaṭukā sadur-
 ālabhā | guḍūcī vāsakam rodhram pippalīkṣaudrasamyu-
 tam | [kafānvitam jayedraktaṃ tṛṣṇākāsajvararāpaham | |
 10] pibecśītakaṣāyaṃ vā jambvāmrārjunasambhavam | ud-
 umbarafalānāṃ vā rasaṃ samadhu pāyayet | | atasīkus-
 umasamaṅgā vaṭaprarohatvagambhasā pītā | praśamay-
 ati raktapittaṃ yadi bhunkte mudgayūṣeṇa | | lohagandh-
 ini niḥśvāse udgāre dhūmagandhini | pṛthvīkāṃ śaṇam-
 15 ātrāṃ tu khādeddviguṇaśarkarām | | (ślo. 46)- " vāsākaṣā-
 yotpalamṛtpriyaṅgurodhrāñjanāmbhoruhakesarāṇi | pitv-
 āsitākṣaudrayutāni hanyātpittāsṛjo vegamudīrṇamāśu | |
 vāsāyāṃ vidyamānāyāmāśāyāṃ jīvitasya ca | raktapi-
 tti kṣayī kāsī kimarthamavasīdati | | samākṣikaḥ padm-
 20 apa(da)lodbhavo vā pīto rasaḥ śoṇitamāśu hanti | | (ślo.
 69)- " pavkodumbarakāśmaryapathyākharjūrāgostanāḥ |
 madhunā ghnanti saṃlīḍha raktapittaṃ pṛthak pṛthak | |
 vāsakasvarase pathyā saptadhā paribhāvitā | kṛṣṇā vā ma-
 dhunā līḍhā raktapittaṃ drutaṃ jayet | | (ślo. 93)- cand-
 25 anam naladam lodhramuśīram padmakesaram | nāgapu-
 ṣpaṃ ca bilvaṃ ca bhadrāmustaṃ saśarkaram | | hīberam
 caiva pāṭhā ca kuṭajasya falaṃ tvacam | śṛṅgaberam sāt-
 iviṣam dhātakī ca rasāñjanam | | āmrāsthi jambusārāsthi
 tathā mocaraso+api ca | nīlotpalam samaṅgā ca sūkṣma-
 30 ilā dāḍimatvacam | | caturviśatiretāni samabhāgāni kāra-
 yet | taṇḍulodakasamyuktaṃ kṣaudreṇa saha yojayet | hi-
 taṃ lohitaḥ pītānāmarśaḥ sujvariteṣu ca | mūrśatamopas-
 ṛṣṭānāṃ tṛṣṭānāṃ ca dāpayet | | [atisāram tathā śardih
 strīṇāṃ ca rajaso graham |] calitānāṃ ca garbhānāṃ sta-
 35 mbhanam paramucyate | aśvibhyāṃ vihito yogoraktapitt-
 avināśanaḥ | | " iti | jambūsārā-rājajambūḥ | iti navaraktap-
 ittam | § 12649

4.2.91 Aṣṭāṅgahr̥dayasaṃhitā

kaṣāyairvividhairebhirdīpte+agnau vijite kaphe | |35| |
raktapittaṃ na cecchāmyettatra vātolbaṇe
payah | |36| |
yuñjayācchāgaṃ śṛtaṃ, tadvadgavyaṃ
pañcaguṇe+ambhasi | |36| |
pañcamūlena laghunā śṛtaṃ vā
sasiāmādhu | |37| |
jīvakarṣabhakadrākṣābalāgokṣuranāgaraiḥ | |37| |5
pṛthakpṛthakśṛtaṃ kṣīraṃ saghṛtaṃ
sitayā+athavā | |38| | § 12655

4.2.92 Sarvāṅgasundarā

ebhirvividhaiḥ-nānāprakāraiḥ kaṣāyaiḥ, agnau dīpte ka-
phe ca vijite sati yadi raktapittaṃ na śāmyati, tadā tatra
vātolbaṇe raktapitte sati pañcaguṇe+ambhasi śṛtaṃ chā-
gaṃ payo yuñjayāt | pañcaguṇe+ambhasi gavyaṃ kṣīraṃ
kvathitaṃ tadvat-tena chāgena samānaguṇaṃ, tacca yu- 5
ñjayāt | athavā laghunā pañcamūlena śṛtaṃ gavyaṃ saś-
arkarāmadhu tadguṇaṃ | tathā, jīvakarṣabhakādibhiḥ pṛ-
thak pṛthak śṛtaṃ saha ghṛtenāthavā śarkarayā saha tadg-
uṇaṃ | § 12656

4.2.93 Āyurvedarasāyana

atha jīrṇaraktapittam | tatra śāgākṣīraprayogamāha-kaṣāyairvividhairiti |
gavyakṣīramāha-tadvadgavyamiti | tadvat-"alpāmbupānavyāyāmakaṭuti-
" (hr. sū. a. 5/24) ityuktahetumat | pañcaguṇe+ambhasi
śṛtaṃ | kṣīrāntaramāha-pañcamūleneti kṣīrāntaramāha-
jīvakarṣabhaketi | § 12657 5

4.2.94 Aṣṭāṅgahr̥dayasaṃhitā

gokaṅṭhakābhīruśṛtaṃ parṇinībhīstathā payah | |38| |
hantyaśu raktaṃ sarujam
viśeṣānmūtramārgagam | |39| | § 12659

4.2.95 Sarvāṅgasundarā

gokaṅṭakādibhistathā [parṇinībhiḥ-] śāliparṇīpṛśniparṇī-
mudgaparṇīmāṣaparṇībhiḥ, śṛtaṃ śīghrameva raktaṃ sa-
vedanaṃ hanti | viśeṣeṇa mūtramārgagataṃ | viśeṣagrah-
aṅādanyamārgagamapi raktaṃ hantīti dyotayati | § 12660

4.2.96 Āyurvedarasāyana

mūtramārgage kṣīramāha-gokaṅṭakābhīruśṛtamiti | § 12661

4.2.97 Aṣṭāṅgahr̥dayasaṃhitā

viṇmārgage viśeṣeṇa hitaṃ mocarasena tu | | 39 | |
vaṭaprarohaiḥ śuṅgairvā
śuṅṭhyudīcyotpalairapi | | 40 | | § 12663

4.2.98 Sarvāṅgasundarā

viṇmārgage-gudagate, raktapitte tu viśeṣeṇa mocarasena
śṛtaṃ kṣīraṃ hitaṃ | vaṭaprarohairvā śṛtaṃ kṣīraṃ, ath-
avā vaṭaśuṅgaiḥ-prathamodbhūtamukulitaiḥ pallavaprāy-
aiḥ, śuṅṭhyudīcyotpalairvā śṛtaṃ payo hitaṃ | § 12664

4.2.99 Āyurvedarasāyana

gudapravṛtte kṣīracatuṣṭayamāha-viṇmārgage viśeṣeṇeti |
mocarasaḥ-śālmalīniryāsaḥ | śṛ(śu)ṅgaiḥ-vaṭaśṛ(śu)ṅgaiḥ |
mukulāvasyaṃ patraṃ-śṛ(śu)ṅgaḥ | § 12665

4.2.100 Aṣṭāṅgahr̥dayasaṃhitā

raktātisāradurnāmacikitsāṃ cātra kalpayet | | 40 | | § 12666

4.2.101 Sarvāṅgasundarā

raktaśabdasyātisāradurnāmroḥ sambandhaḥ | raktātisāra-
sya raktārśasaśca, yā cikitsā tāmatra-rakte, yojayet | § 12667

4.2.102 Āyurvedarasāyana

raktātisārarakṭārśaṣcikitsāmatidiśati-raktātisāreti | § 12668
pūrvoktakaṣāyān sapayaskānāha-pītvā kaṣāyāniti | ā0
ra0- pūrvoktakaṣāyasiddhāni ghṛtānyāha-kaṣāyayogairiti |
§ 12669

4.2.103 Aṣṭāṅghṛdayasaṃhitā

pītvā kaṣāyān payasā bhujjīta payasaiva ca | | 41 | |
kaṣāyayogairebhirvā vipakvaṃ
pāyayeddhṛtam | | 41 | | § 12671

4.2.104 Sarvāṅgasundarā

kaṣāyān-pūrvoktān, payasā pītvā payasaivāśniyāt | sa0-
etairvā kaṣāyākhyairyogairvipakvaṃ ghṛtaṃ raktapitti-
naṃ pāyayet | § 12672

4.2.105 Aṣṭāṅghṛdayasaṃhitā

samūlamastakaṃ kṣuṇṇaṃ
vṛṣamaṣṭagaṇe+ambhasi | | 42 | |
paktvā+aṣṭāśāvaśeṣeṇa ghṛtaṃ tena
vipācayet | | 42 | |
tatpuṣpagarbhaṃ tacchītaṃ sakṣaudgaṃ
pittaśoṇitaṃ | | 43 | |
pittagulmajvaraśvāsakāsahṛdrogakāmalāḥ | | 43 | |
timirabhramavīsarpasvarasādāṃśca 5
nāśayet | | 44 | | § 12677

4.2.106 Sarvāṅgasundarā

mūlapallavādiyuktaṃ kṣuṇṇaṃ-cūrṇitaṃ, vṛṣamaṣṭagaṇe
jale paktvā tena-āṣṭāśāvaśeṣeṇa kvāthena, ghṛtaṃ vipāca-
yet | kimbhūtaṃ ? tatpuṣpagarbhaṃ | tasya-vṛṣasya, puṣp-
āṇī garbhaḥ-kalko, yasya tadevam | tacca śītibhūtaṃ kṣau-
dgaṇa saha pittaśoṇitādīnnāśayet | § 12678 5

4.2.107 Sarvāṅgasundarā

vāsāghr̥tamāha-samūlamastakamiti | [siddhasāre raktapittādhikāre ślo. 48]-"śatavaryādike cājye śarkarāmadhu pādikaṃ | madhveva pādikaṃ śreyo vāsāsarpiṣi samm-
5 atam | |" iti | vaṅgasene tu (raktapittādhikāre)- "vṛṣa-
sya patrāṅkurapuṣpaśākhākaṣāyakalkena ghr̥taṃ vipa-
kvam | samākṣikaṃ kṣoṇakafe prayuktaṃ tadraktapi-
10 ttaṃ śamayatyudīrṇam | | (ślo. 126)- vāsakasvarase sar-
piḥ payasā saha pācayet | kalkairbhūnimbakuṭajamustay-
aṣṭyāhvacandanaiḥ | | uśīramadhukānantāsārivodīcyapa-
dmakaiḥ | trāyantyutpalamūrvābhirmadayantyāṣcapalla-
vaiḥ | sitākṣaudrayutaṃ hanyādraktapittaṃ sudāruṇam |
paittaṃkāsaṃ ca gulmaṃ ca svarabhedam halīmakam | |
ye cānye kīrtitārogā raktapittakafāṣrayāḥ | tān sarvān śa-
mayedetat pīyamānaṃ hitāśinā | | aśvagandhāpalaśataṃ
15 tadardham gokṣurasya ca | śatāvarī vidārī ca śālīparṇī
balā+amṛtā | | aśvatthasya ca śuṅgāni padmabījam puna-
rnavā | kāśmaryasya falaṃ ceva māśabījam tathaiiva ca | |
pṛthagdaśa palānetāṣcaturdroṇe+ambhasaḥ pacet | droṇa-
śeṣe rase tasmin pute śīte pradāpayet | | mṛdvīkā pa-
20 dmakaṃ kuṣṭam pippalī raktacandanam | patrakam nāg-
apuṣpaṃ ca ātma gutpāfalaṃ tathā | | nīlotpalaṃ sārive
dve jīvanīyānyaśeṣataḥ | pṛthakkarṣāsamā bhāgāḥ śark-
arāyāḥ paladvayam | | rasaḥ syātpaundrakekṣūṇāmādh-
akākamāharet | [caurguṇena payasā ghr̥taprastham vi-
25 pācayet | |] raktapittaṃ kṣataḥkṣīṇam kāmalāṃ vātaśoṇ-
itam | halīmakam pāṇdurogaṃ varṇabhedam svarakṣa-
yam | | mūtrakṛcśramurodāham pārśvaśūlam ca nāśayet |
etadrājñam pradātavyam bahvantaḥpuracāriṇām | | strī-
ṇam caivāprajātānām durbalānām ca dehinām | śreṣṭham
30 balakaram dhanyaṃ hr̥dyam vṛṣyam rasāyanam | | oja-
stejaskaram svaryamāyuyam prāṇavardhanam | samva-
rdhayati śuṣkam ca puruṣam durbalendriyam | | sarva-
rogavinirmuktastoyasokto yathā dgumaḥ | kāmadevam-
iti khyātam sarpiruktaṃ mahāguṇam | | (ślo. 99)- dūrv-
35 āsotpalakiṅjalkā mañjiṣṭhā sailavālukā | sitāsitamūśīram
ca mustacandanapadmakaṃ | | vipacetkārṣikairetaiḥ sar-
pirājam sukhāgninā | taṇḍulāmbutvajākṣīram datvā ca-

iva caturguṇam | | [drākṣāyaṣṭyāhvadhukakāśmarīcanda-
 naṃ sitam | piṣṭvā tatkārsikairdravyairghṛtaprasthaṃ vi-
 pācayet | |] tatpānaṃ vamato raktaṃ nāvanaṃ nāsikāg-
 ate | karṇabhyāṃ yasya gacśecca tasya karṇau prapūra- 5
 yet | | cakṣuḥsnāviṇi rakte ca pūrattena cakṣuṣī | medhra-
 pāyupravṛtte ca bastikarmaṇi taddhitam | | romakūpapra-
 avṛtte ca tadabhyaṅge prayojayet | pittajeṣu vikāreṣu visf-
 oṭādiṣu buddhimān | | viṣeṣu kīṭadoṣeṣu visarpeṣu pray-
 ojayet | [raktastrāvīṇi cārśāsi lepayettena sarpiṣā | |] dū-
 rvā sendīvarī padmaṃ mañjiṣṭhāsailavālikā | rālā mustā 10
 tathośīraṃ candanaṃ madhukāhvayam | | padmakam ro-
 dhrakuṣṭhaṃ ca candanaṃ rajanīdvayam | kākolyau sār-
 rivā ceti kalkairetaiṣca kārsikaiḥ | | ghṛtaprasthamajākṣī-
 raṃ taṇḍulodakasamṃyutam | dūrvāyāḥ svarasenaiva sār-
 dhitam purvavadguṇam | | nyagrodhodumbarāśvatthaś- 15
 uṅgānyāpothya vāsayet | ahorātraṃ jale tatpe ghṛtaṃ te-
 nāmbhasā pacet | | tadardhaśarkarāyuktaṃ lehayetkṣau-
 drapādikam | adho vā yadi vā+apyūrdhvaṃ raktaṃ ya-
 sya pravartate | sukhaṃ bhavati tasyāśu agniveśavaco ya-
 thā | | śatāvarīdāḍīmatittidīkam kākoli mede madhukaṃ 20
 vidārīm | piṣṭvā ca mūlaṃ falapurakasya ghṛtaṃ pacet kṣ-
 īracaturguṇam ca | kāsajvarānāhavibandhaśūlaṃ tadrakt-
 apittaṃ ca ghṛtaṃ nihanti | | śatāvaryāstu mūlānāṃ ras-
 aprasthadvayaṃ matam | tatsamaṃ ca bhavetkṣīraṃ gh-
 ṛtaprasthaṃ vipācayet | | jīvakarṣabhakau medā mahām 25
 edā tathaiva ca | kākoli kṣīrakākoli mṛdvīkā madhukaṃ
 tathā | | mudgaparṇi māṣaparṇi vidārī raktacandanam |
 śarkarāmadhusamṃyuktaṃ siddham viśtrāvayet ghṛtam | |
 raktapittavikāreṣu vātaraktaḡadeṣu ca | kṣīṇaśukreṣu dāt-
 avyaṃ vājīkaraṇamuttamam | | aṅgadāhaṃ śīrodāhaṃ jv- 30
 arapittasamudbhavam | yonīśūlaṃ ca dāhaṃ ca mūtra-
 kṛcśraṃ ca paittikam | | etān rogānnihantāśu śinnābhra-
 miva mārutaḥ | śatāvarīsarpiridaṃ balavarṇāgnivardha-
 nam | | [śatāvaryādike cājye śarkarāmadhu pādikam | |]
 (ślo. 141)- anantā sārivā padmaṃ salodhraṃ nīlamutp- 35
 alam | kalkairebhiḥ pacetsārpiḥ sakṣīraṃ nāvanaṃ pa-
 ram | | raktapittaṃ praśamayennārīṇāṃ pradaram tathā |
 hastāpādāṅgadāheṣu jvare rakte tatthordhvage | vāsāghṛ-

taṃ śatāvaryā sitayā paramaṃ hitam | | dūrvāmadhuka-
 mañjiṣṭhādrākṣeṣurasacandanaiḥ | sārivādvayanaktāhv-
 aistailaprasthaṃ vipācayet | | kṣīraṃ caturguṇaṃ datvā si-
 ddhamabhyañjanaṃ bhavet | raktapittaharaṃ hyetadva-
 5 lyam vātandhamuttamam | dūrvātailamiti khyātaṃ sava-
 rṇakaraṇaṃ mahat | | (ślo. 167)- tulāmādaya vāsāyāḥ pac-
 eḍaṣṭaguṇe jale | tena pādāvaśeṣeṇa pācayedāḍhakaṃ bh-
 iṣak | | cūrṇānāmabhayānām tu khaṇḍācśuddhācśataṃ ta-
 thā | dvipalaṃ pippalīcūrṇātsiddhaśīte ca māḥṣikāt | | ku-
 10 ḍavaṃ palamānaṃ ca cāturjātaṃ sucūrṇitam | kṣiptvā vil-
 oḍitaṃ khādedraktapittī yathābalaṃ | kāsaśvāśagrhitāṣca
 yakṣmaṇā ca prapīḍitaḥ | | lohāccaturguṇaṃ kṣīramājyaṃ
 dviguṇamuttamam | curṇapādaṃ ca vaiḍaṅgaṃ dadyā-
 nmadhusite same | | sarvamekatra prakṣipyā pātre tāmr-
 15 amaye ddaḍhe | pākamānīya tatvena sthāpayet ghr̥tabhā-
 jane | | māṣakādikraṇāḍau bakṣayedvidhipūrvakam | an-
 upānaṃ prayuñjīta nālikerajalādikam | | raktapittaṃ jaye-
 ttīvrāmamlapittaṃ kṣataṃ kṣayam | puṣṭidaṃ kāntijanan-
 amāyuṣyaṃ vṛṣyamuttamam | | (ślo. 193) śatāvarī śinnar-
 20 uhā vṛṣamuṇḍitikā balā | tālamūlī ca gāyatrī trifalāyāstva-
 castathā | | bhārgī puṣkaramūlaṃ ca pṛthak pañca palāni
 ca | jaladroṇe vipaktavyamaṣṭabhāgāvaśeṣitam | | divya-
 uṣadhihatasyāpi māḥṣikeṇa hatasya vā | paladvādaśakaṃ
 deyaṃ rukmalohasya cūrṇitam | | khaṇḍatulyaṃ ghr̥taṃ
 25 deyaṃ palaṣoḍakaṃ buddhaiḥ | pacettābhramaye pātre
 guḍapāko mato yathā | | prasthārdhaṃ madhuno deyaṃ
 śubhāśmajatukaṃ tvacam | śṛbhāśmajatukaṃ tvacam | śṛ-
 ṅgī viḍaṅgaṃ kṛṣṇā ca śuṅthyājājī palaṃ palam | | trifalā
 dhānyakaṃ patraṃ vdyakṣaṃ maricakesaram | cūrṇaṃ
 30 datvā sumathitaṃ snigdhebhāṇḍe nidhāpayet | | yathākā-
 laṃ prayuñjīta biḍalapadaṃ tataḥ gavyakṣīrānupanaṃ
 ca sevyam māṃsarasaṃ payaḥ | | guruvṛṣyānnapānāni sn-
 igdhamatsyādi br̥mhaṇam | raktapittaṃ praduṣṭaṃ ca kṣ-
 atakāsaṃ viśeṣataḥ | | vātaraktaṃ pramehaṃ ca śītapittaṃ
 35 vamiṃ klamaṃ | śvayathuṃ pāṇḍurogaṃ ca kuṣṭhaṃ plī-
 hodaraṃ tathā | | ānāhaṃ raktastrāvaṃ ca amlapittaṃ ni-
 hanti ca | cakṣuṣyaṃ br̥mhaṇam vṛṣyaṃ māṅgalyaṃ prī-
 tivardhanaṃ | | ārogyaṃ putradaṃ śreṣṭhaṃ kāyāgnibal-

ardhanam | śrīkaram lāghavakaram khaṇḍakhādyam pra-
kīrtitam | | śāgam pārāvataṃ māṃsam tittirikrakarāḥ śa-
śāḥ | kulingāḥ kṛṣṇasārā ye teṣāṃ māṃsāni yojayet | | nā-
rikelapayaḥ pānaṃ suniṣaṇṇkavāstukam | śuṣkamūlaka- 5
jīvākyam paṭolaṃ bṛhatīfalam | | falaṃ vārtākapavkā-
mraṃ kharjūraṃ svādudāḍimam | kakārapūrvakam ya-
cca māsam cānūpasambhavam | | varjanīyam viśeṣeṇa kh-
aṇḍakhādyam prakurvātā | lohāntaravadatrāpi puṭanād-
ikriyeṣyate | (ślo. 161)- pañcāśatpalikam svinnaṃ kūśnā-
ṇḍam prasthāmājyataḥ | pakvaṃ palaśataṃ khaṇḍādvās- 10
āvkāthādhake pacet | | śubhādhātrīghanairbhārgītrisuga-
ndhaiṣca karṣikaiḥ | aileyaviśvadhānyākamaricaiṣca palā-
mśakaiḥ | | pippalīkuḍavaṃ caiva madhumānīm pradāp-
ayet | kāsam śvā [sam kṣayam hikkām raktapittam halīm-
akam | | hṛdrogamamlapittam ca pīnaṣam ca vyapohati | 15
yuktasarpīṣi kūśmāṇḍe pāko bandhena mudgayā | | " iti |
§ 12679

4.2.108 Aṣṭāṅghṛdayasaṃhitā

palāśavṛntasvarase tadgarbhaṃ ca nṛtaṃ pacet | | 44 | |
sakṣaudraṃ tacca raktaghnam, tathaiva
trāyamāṇayā | | 45 | | § 12681

4.2.109 Sarvāṅgasundarā

palāśavṛntānām svarase tadgarbhaṃ-palāśavṛntakalkam,
nṛtaṃ pacet | tacca kṣaudreṇa saha raktaghnam bhavati |
tadvadeva trāyamāṇayā śṛtaṃ raktapittagham | § 12682

4.2.110 Āyurvedarasāyana

palāśaghṛtamāha-palāśavṛntasvarasa iti | vṛntam puṣpan-
ālam | tadgarbhaṃ-vṛntakalkagarbham | trāyamāṇāghṛtamāha-
tathaiyeti | tathaiva-kvāthakalkikṛtayā | saṅgrahe tu (ci.
a. 3)- "kṣīreṇa vapanīpuṣpaṃ madhukam madhuśarkarā |
vapanī-kārpāsī | rodhrotpalasamaṅgābhīstadvadadvatsaka- 5

sādhitam || rodhrāditrayeṇa, vatsakenaikena | tadvat-
 kvāthakalkābhyāṃ ghr̥tam | lājagodhūmamadhukasitāc-
 urnaṃ payodrutam | ghr̥tenotkārikāṃ kṛtvākhādetpittā-
 stravāriṇīm | | " iti | vaṅgasene tu (rakta. ślo.68)-" drā-
 5 kṣayā falinībhīrvā balayā madhukena vā | śvadaṃṣṭrayā
 śatāvaryā raktajitsādhitam payaḥ | | (ślo. 66)-saśarkaram
 māṅśikasamprayuktaṃ vidārigandhādigaṇe śṛtaṃ vā | |
 (ślo.74)- kṣīreṇa lākṣāṃ madhumīṣṛitena prapīya jīrṇe pa-
 yasā+annamadyāt | sadyonihanyādrudhiraṃ kṣatottham
 10 kāntārjunānāmāmathavā+api kalkam | | kalkam madhūkatr-
 ifalārjunānām niśi sthitam lohamaye supātre | sājyam vil-
 ihyānupibetsuśītam saśarkaram śāgapayaḥ kṣudhārtaḥ | |
 pārāvatasya māṃsam vā ghr̥tasiddham saśarkaram | bha-
 kṣayenmadhunāśītam raktapittanivāraṇam | | prāyeṇopa-
 15 hatāgnitvāsapicśamatisāryate | prāpnoti vā+a+asyavaitasyam
 na cānamabhinandati | | nāgarendrayavau tatra pāta-
 vyau taṇḍulāmbunā | siddhām yavāgūṃ jīrṇe ca cānger-
 ita(pa)tradādimaiḥ | | " iti | § 12683

4.2.111 Aṣṭāṅgahr̥dayasaṃhitā

rakte sapicśe sakaphe grathite kaṇṭhamārgage | | 45 | |
 lihyānmāṅśikasarpirbhyāṃ
 kṣāramutpalanālajam | | 46 | |
 pṛthakpṛthak ta-
 thā+ambhojareṇuśyāmāmadhūkajam | | 46 | | § 12686

4.2.112 Sarvāṅgasundarā

rakte picchāvati, picchā-śālmalyā rasasadṛśī, tathā sak-
 aphe, tathā grathite-granthisadṛśe, tathā kaṇṭhamārgage
 sati, kṣāramutpalanālajam māṅśikasarpirbhyāṃ lihyāt |
 nanu, kṣārasya taikṣṇyādiguṇayogādraktapitte na yukta
 5 upayogaḥ | tatkathamīha tamanumene tantrakṛt ? brū-
 maḥ | utpalādīni śītasvabhāvāni | tatsamutthaśca kṣāraḥ
 sayonimanukaroti | tathā cōktam (hr̥.śā.a. 1/4)- "kāraṇā-
 nuvidhāyitvākāryāṇām tatsvabhāvātā | " iti | kṣārasvarū-

paṃ ca viṣyandanātmakaṃ dhatte | tadevaṃ kaṅṭhamārg-
agasya kaphānubandhasya grathitasya raktasya kṣāro gh-
ṛtamākṣikābhyāṃ saṃyukto viṣyandanapūrvam śodhay-
atyeva, na tu tasya kopāya syāditi yukto+atra kṣāropayo- 5
gaḥ | ambhojareṇvādiṃ ca pṛthak pṛthak tathā māksika-
ghṛtābhyāṃ lihyāt | § 12687

4.2.113 Āyurvedarasāyana

raktapittaviśeṣe kṣāracatuṣṭayamāha-rakte sapicśa iti | ambhojareṇuḥ-
padmakesaram | śyāmā-priyaṅguḥ | saṅgrahe tu (ci. a. 3)- "
mṛṇālāmbhojakiñjalkaśyāmāsanamadhūkajam | tadvatpṛ-
thakpṛthak kṣāram, ghṛtam kṣīreṇa sādhayet | | piṣṭair- 5
abhīrukākōlīmedāvṛkṣāmladāḍimaiḥ | falapūrakamūlena
vidāryā madhukena ca | | tadvibandhajvarānāhaśūlakāsā-
strapittajit | pañcabhiḥ pañcamūlairvā siddhamādyaistad-
arthakṛt | | " iti | § 12688

4.2.114 Aṣṭāṅgahrdayasaṃhitā

gudāgame viśeṣeṇa śoṇite bastiriṣyate | | 47 | | § 12689

4.2.115 Sarvāṅgasundarā

gudāgame rakte viśeṣeṇa bastiriṣyate | § 12690

4.2.116 Āyurvedarasāyana

gudapravṛtte bastimāha-gudagama iti | saṅgrahe tu (ci. a.
3)- " madhūkāñjanamañjiṣṭhāmṛṇālōtpalagairikaiḥ | suva-
rṇarodhrakālīyasamaṅgamrāmbucandanaiḥ | | saugandh-
ikasitāśaṅkhaiḥ piṣṭairmadhughṛtānvitaiḥ | kṣīreṇāsthāp- 5
ayedevaṃ snānaṃ ca śīśīrāmbhasā | | kṣīreṇaivāśayecśālī-
mstato madhukasarpīṣā | kāle+anuvāsayedevamatisāre+api
dustare | | jīrṇe+asṛkprabale kuryādvirekecātiyogini | vi-
dāryādigaṇeneṣṭam śṛtam vā+a+asthāpane payaḥ | | sa-
kṣaudraśarkarāsarpiḥ sarpiṣcaivānuvāsane | mūtrāśaya-

sthaṃ śamayadraktamuttarabastibhiḥ | | īddaśairaeva ta-
dvacca pradare+api vidhiḥ smṛtaḥ | śedabhedādibhiṣcāti-
pravṛtte śuddhaśoṇite | | viśeṣātpradarasyoktaṃ yonirog-
eṣu cauṣadham | " iti | § 12691

4.2.117 Aṣṭāṅgahr̥dayasaṃhitā

ghrāṅage rudhire śuddhe nāvanaṃ cānuṣecayet | | 47 | |
kaṣāyayogān pūrvoktān
kṣīrekṣvādirasāplutān | | 48 | |
kṣīrādīnsasitāmstoyam kevalam vā jalam
hitam | | 48 | |
raso dāḍimapuṣpāṅāmāmrāsthnaḥ śādvalasya
vā | | 49 | | § 12695

4.2.118 Āyurvedarasāyana

ghrāṅapravṛtte nasyamāha-ghrāṅage rudhira iti | kṣīrādīn
sasitānityanyaḥ prayogaḥ | toyam sasitāmityanyaḥ | kev-
alam vā jalāmityanyaḥ | raso dāḍimapuṣpāṅāmityanyaḥ |
āmrāsthno rasa ityanyaḥ | śādvalasya rasa ityanyaḥ | § 12696

4.2.119 Sarvāṅgasundarā

ghrāṅage rudhire śuddhe sati nāvanamanuṣecayet-nayam
dadyāt | kaṣāyayogān pūrvoktān-vāsakādīn, ghrāṅage+anuṣecayet |
kimbhūtān? kṣīrekṣvādirasenāplutān-sadravān | ādiśabd-
ena māṃsarasaghr̥tādi gr̥hyate | kṣīrādīn vā saśarkarān
5 dadyāt | tathā toyamarthātsasitam, vā kevalam jalam hi-
tamiti | tathā dāḍimapuṣpāṅām rasam, tathā cūtapalā-
sthnaḥ, tathā dūrvāyā raso, nayam pṛthakpṛthak hitam |
§ 12697

4.2.120 Aṣṭāṅgahr̥dayasaṃhitā

kalpayecśītavargaṃ ca
pradehābhyañjanādiṣu | | 49 | | § 12698

4.2.121 Sarvāṅgasundarā

śītavīryavargaṃ ca pralepābhyañjanādiṣu kalpayet | § 12699

4.2.122 Āyurvedarasāyana

pradehādīnāha-kalpayediti | § 12700

4.2.123 Aṣṭāṅgahr̥dayasaṃhitā

yacca pittajvare proktaṃ bahirantaśca bheṣajam | | 50 | |
raktapitte hitaṃ tacca kṣataksīṇe hitaṃ ca
yat | | 50 | |
yāmaṣṭāṅgahr̥dayasaṃhitāyāṃ caturthe cikitsita
sthāne raktapittacikitsitaṃ nāma
dvitīyo+adhyāyaḥ | | 2 | | § 12703

4.2.124 Sarvāṅgasundarā

yacca pittajvare+abhihitamauṣadhaṃ bahirantare, tacca
raktapitte hitam | tathā, yacca kṣate kṣīṇe ca hitaṃ tad-
api raktapitte hitamiti | iti śrīmr̥gāṅkadattaputraśrīmada-
ruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭī- kāyāṃ sarvāṅgas- 5
undarākhyāyāṃ caturthe cikitsitasthāne raktapittacikitsi-
taṃ nāma dvitīyā- dhyāyaḥ samāptaḥ | | 2 | | § 12704

4.2.125 Āyurvedarasāyana

pittajvarauṣadhaṃ kṣataksīṇoṣadha ca raktāpitta+atidiśati-
yaceti | vaṅgasene tu (rakta. ślo.81)- "nāsāpravṛttarud-
iraṃ ghṛtabhr̥ṣṭṃ ślakṣṇapiṣṭamāmalakam | seturiva to-
yavegaṃ ruṇaddhi mūrndhni pralepena | | raso dāḍīm- 5
apuṣpasya dūrvārasasamanvitaḥ | alaktakarasesrayaṃ
nāsāpuṭe bhiṣak | | yojayennāśayet kṣipraṃ tridoṣamapi
dāruṇam | nāsāraktaṃ pravṛttaṃ tu hanyāditi kimadbh-
utam | | dūrvābhayādāḍīmapuṣpakāṇāṃ lākṣāmalakyoh
svarasena nasyam | [dinatrayaṃ yaḥ kurute prabhāte nā-
sāsṛjaṃ nāma rujaṃ nihanti | | śyāmāśvamoraṭānantāśak- 10

arābhiḥ śṛtaṃ ghr̥tam | sarvadoṣaharaṃ hr̥dyaṃ nasyaṃ |
nāsāgate+asṛji | | aśvaḥ-aśvakandaḥ | dūrvā bhavyafalaṃ
māṣaḥ kulatthā vaṃśapatrikāḥ | jalasthalodbhavau karṇa-
moṭakau kharamañjarī | | daṇḍotpalasya mūlaṃ ca niṣvk-
5 āthyāṣṭagūṇe+ambhasi | tatpādaśeṣitaṃ tailaṃ tulyaṃ kṛ-
tvā vipācayet | tattailaṃ pratimarśena ānāhākhyam̐ gada-
m̐jayet | |" iti | iti nāsārudhiraṃ | iti hemādriṭīkāyāmāyu-
rvedarasāyane | raktapitttaprakāraṇam̐ sāmastyena nirū-
pitaṃ | | § 12705

4.3 kāsacikitsitādhyāyaḥ : 3

4.3.1 Aṣṭāṅgahr̥dayasaṃhitā

athātaḥ kāsacikitsitaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) kevalānilajaṃ kāsaṃ
snehairādāvupācaret | | 1 | |
vātaghnasiddhaiḥ snigdhaiśca
peyāyūṣarasādibhiḥ | | 1 | |
5 lehairdhūmaistathā+abhyaṅgasvedasekāvagāhanaiḥ | | 2 | |
bastibhīrvaddhaviḍvātaṃ, sapittaṃ
tūrdhvabhaktikaiḥ | | 2 | |
nṛtaiḥ kṣīraiśca, sakaphaṃ
jayetsnehavirecanaiḥ | | 3 | | § 12712

4.3.2 Sarvāṅgasundarā

kevalānilajaṃ kāsaṃ-doṣāntarāsamsr̥ṣṭam̐, snehaiḥ-vātaghnasiddhaiḥ,
ādāvupācaret | nanu,śuddhasya vātasya snehaireva pra-
dhānopakrama ādimadhyāvasāneṣu, na punaranya upa-
kramaḥ, tasmādādāviryanaena nārthaḥ | atrocyate | vātaḥ
5 kevalo doṣāntarāvṛtamārgaḥ kāsasya kāraṇam, na tvan-
āvṛtamārgaḥ | tathā ca kāsasamprāptāvuktam (hr̥. ni. a.
3119)-tatrādho vihato+anilaḥ | ūrdhvaṃpravṛttaḥ" ityādi |
evaṃ vātasya vihatau yo doṣaḥ kāraṇam̐ kaphādiḥ, ta-
sya rūkṣādyupakrameṇaiva śamaṃ kṛtvā+anantaram̐ kā-

sena sahopakramamasya bhiṣajaḥ kuryuriti teṣāṃ bhr-
āntinirasārthamādāvityuktam | tathā, peyādibhirupāca-
ret | tathā, baddhau vidvātau yasminkāse taṃ basti-
bhirupācaret | sapittaṃ ca vātakāsamūrdhvbhaktikaiḥ
bhaktasamanantaram pīyamānairnṛtairbhojayet kṣīraiśca | 5
ūrdhvbhaktikairiti ūrdhvbhaktādibhiḥ | mayuravyaṃs-
akādītīvāt samāsaḥ, adhyātmādigvāṭhṭhañ | tathā, vāta-
ghnasiddhairityeṣvapi yojyam | tathā, sakapham vātakā-
sam snehavirecanairupācaret | atha snehānāha § 12713

4.3.3 Āyurvedarasāyana

atha kāsacikitsitam | tatra śuddhavātacikitsāmāha-kevalānilajaṃ
kāsamiti | ādaugrahaṇaṃ jite+api vāte kāsānuvṛttau rū-
kṣopacārārtham | snigdhairiti peyādibastyantānāṃ viśe-
ṣaṇam | ādiśabdāt balakānti..... deyata (?) bastibhirba-
ddhaviḍātamiti vacanāt pūrvairbaddhaviḍvātema..... dv- 5
ātaṃ ca (?) | pittānubaddhavātakāsacikitsāmāha-sapittaṃ
tviti | ūrdhvbhaktikaiḥ-ūrdhvaṃ bhojanāt prayuktaiḥ |
kaphānubaddhavātakāsacikitsāmāha-sakaphamiti | snehāḥ-
eraṇḍatailādayaḥ | § 12714

4.3.4 Aṣṭāṅgahr̥dayasaṃhitā

guḍūcīkaṇṭakārībhyāṃ pṛthaktriṃśatpalādrase | | 3 | |
prasthaḥ siddho
ghṛtādvātakāsanudvahnidīpanaḥ | | 4 | | § 12716

4.3.5 Sarvāṅgasundarā

guḍūcyāḥ kaṇṭakāryāśca pṛthak-pratyekaṃ, triṃśalpa-
laṃ tasmādyo rasastasmin ghṛtāt prasthaḥ siddho vātakās-
ādijit | tisro+api pañcamya etā apekṣitakriye+apādāne bo-
dhyāḥ | § 12717

4.3.6 Āyurvedarasāyana

snehairityuktam | tāneva snehānāha | tatra ghr̥tamāha-
guḍūcikaṅṭakārībhyāmiti | § 12718

4.3.7 Aṣṭāṅgahr̥dayasaṃhitā

kṣārarāsnāvacaḥiṅgupāṭhāyaṣṭyāhvadhānyakaiḥ | | 4 | |
dviśāṇaiḥ sarpiṣaḥ prasthaṃ pañcakolayutaiḥ
pacet | | 5 | |
daśamūlasya niryūhe pīto
maṇḍānupāyinā | | 5 | |
sa kāsaśvāsahratpārśvagrahaṇīrogagulma-
nut | | 6 | | § 12722

4.3.8 Sarvāṅgasundarā

kṣārādibhiḥ pañcakolayutairdviśāṇamātraiḥ kalkairdaśa-
mūlakvāthe sarpiṣaḥ prasthaṃ pacet | sa ca-sarpiḥprastho,
maṇḍānupāyinā pītaḥ kāsādijit | § 12723

4.3.9 Āyurvedarasāyana

ghr̥tāntaramāha-kṣārarāsneti | § 12724

4.3.10 Aṣṭāṅgahr̥dayasaṃhitā

droṇe+apāṃ sādhyedrāsnādaśamūlaśatāvarīḥ | | 6 | |
palonmitā dvikuḍavaṃ kulatthaṃ badaraṃ
yavam | | 7 | |
tulārghaṃ cājamāṃsasya tena sādhyam
ghr̥tāḍhakam | | 7 | |
samakṣīraṃ palāṃśaiśca jīvanīyaiḥ samīkṣya
tat | | 8 | |
5 prayuktaṃ vātarogeṣu
pānanāvanabastibhiḥ | | 8 | |

pañcakāsān śiraḥkampam
yonivañkṣaṇavedanām | | 9 | |
sarvāṅgaikāṅgarogāṃśca saplīhordhvānilān
jayet | | 9 | | § 12731

4.3.11 Sarvāṅgasundarā

rāsnādīni palonmitāni kulatthabadarayavān dvikuḍavo-
nmitān ājamāmsasya ca pañcāśatpalāni jaladroṇe pāca-
yet | tena kvāthena ghṛtāḍhakam sādhyam tulyakṣīram
pālikairjīvanīyaiḥ-jīvantīkākolyādibhiḥ (hr. sū. a. 15/8), ta-
ddhṛtam samīkṣya deśakālādīnālocya, pānādibhiḥ prayu- 5
ktam pañcakāsādīn jayati | § 12732

4.3.12 Aṣṭāṅghṛdayasaṃhitā

ā0 raṃ0 ghṛtāntaramāha-droṇe+apāmiti | § 12733

4.3.13 Āyurvedarasāyana

ghṛtāntaramāha-vidāryādiganeti | saṅgrāhe tu (ci. a. 4)-
--- "kāśmarthatriphalāvyoṣaśaṭhīdrākṣāparūṣakam | dve
pāthe devadārvarddhisvagutpāgnikagokṣurāḥ | | vyāghrī
tāmalakī medā kākanāsā śatavarī | vidārī ca ghṛtapra-
sthaḥ karṣāṃśaistairvipacitaḥ | kṣīreṇa ca jayatyāśu jva- 5
rakāsahalī makān | gulmāruciyaḥkṛtaplīhaśirohṛtpārśvave-
danāḥ | | kāmālārsonilāṣṭhīlākṣataśośakṣayāṃśca saḥ | |"
iti | agni[ka]ḥ- citrakāḥ | vaṅgasene tu (kāsādhikāre ślo.16)-
" daśamūlikaṣāyeṇa bhārgīkalkam ghṛtam pacet | dakṣat-
ittiriniryūhe tatparam vātakāsanut | | bhārgīkalkam ghṛ- 10
tam cātha paceddandhi catu rguṇe | bhārgīrasam dviguṇ-
itam vātakāsaharam param | | ghṛtam vyādrīkaṣāyeṇa vy-
āghrīkalkam vipācayet | | caturguṇena dadhnā ca tatpara-
m vātakāsajit | | " iti | iti snehāḥ | - § 12734

4.3.14 Aṣṭāṅgahr̥dayasaṃhitā

vidāryādigaṇakvāthakalkasiddham ca
kāsajit | | 10 | | § 12735

4.3.15 Sarvāṅgasundarā

vidāryādigaṇasya kvāthakalkābhyāṃ ca siddham sarpīḥ
kāsajit | § 12736

4.3.16 Aṣṭāṅgahr̥dayasaṃhitā

aśokabījakṣavakajantughnāñjanapadmakaiḥ | | 10 | |
sabiḍaiśca ghr̥taṃ siddham taccūrṇaṃ vā
ghṛtaplutam | | 11 | |
lihyātpayaścānu pibedājam
kāsātipīḍitaḥ | | 11 | | § 12739

4.3.17 Sarvāṅgasundarā

aśokabījādibhirviḍasahitairghṛtaṃ siddham kāsajit | te-
ṣāṃ vā-aśokabījādīnāṃ, cūrṇaṃ ghr̥taplutam lihyāt | anu
paścācca, chāgaṃ kṣīraṃ kāsenātipīḍitaḥ pibet | § 12740

4.3.18 Āyurvedarasāyana

lehairityuktam | tāneva lehānāha | tatrāśokabījādilehamāha-
aśokabījeti | cūrṇasiddham ghr̥taṃ styānībhūtaṃ lihyāt |
cūrṇaṃ vā ghr̥tānviṭam lihyāt | ubhayatrājāpayo+anupānam |
§ 12741

4.3.19 Aṣṭāṅgahr̥dayasaṃhitā

viḍaṅgaṃ nāgaram rāsnā pippalī hiṅgu
saindhavam | | 12 | |

bhārngī kṣāraśca taccūrṇaṃ pibedvā
ghṛtamātrayā | | 12 | |
sakaphe+anilaje kāse
śvāsahidhmāhatāgniṣu | | 13 | | § 12744

4.3.20 Sarvāṅgasundarā

athavā viḍaṅgādicūrṇaṃ ghṛtasya mātrayā-yathāyogaṃ
hrsvamadhyottamayā, pibet vātaje sakaphe kāse śvāsādiṣu
ca | § 12745

4.3.21 Āyurvedarasāyana

viḍaṅgādilehamāha-viḍaṅgamiti | pibedvetilehāyogyasya
pānavidhiḥ | "ghṛtaṃ tu pitte+avyadhike lihyādvāte+adhike
pibet | līḍhaṃ nirvāpayetpittamalpatvāddhanti nānalam | |
ākramatyānilaṃ pītamūśmāṇaṃ niruṇaddhi ca | " (ślo.110)
iti lehapānayogyatāvivekaḥ | § 12746

5

4.3.22 Aṣṭāṅgahrdayasaṃhitā

durālabhāṃ śṛṅgaberāṃ śaṭhīm drākṣāṃ
sitopalām | | 13 | |
lihyātkarkaṭaśṛṅgī ca kāse tailena
vātaje | | 14 | | § 12748

4.3.23 Sarvāṅgasundarā

durālabhādīn karkaṭaśṛṅgī ca vātaje kāse tailena lihyāt |
§ 12749

4.3.24 Āyurvedarasāyana

durālabhādilehamāha-durālabhāmiti | § 12750

4.3.25 Āyurvedarasāyana

duḥsparśādilehamāha-duḥsparśāmiti | lehadvayamāha-tadvatsakṛṣṇāmiti |
tadvat-purāṇaguḍatailābhyām | § 12751

4.3.26 Aṣṭāṅgahr̥dayasaṃhitā

duḥsparśāṃ pippalīṃ mustāṃ bhārṅgī karkaṭakīṃ
śaṭhīm | | 14 | |
purāṇaguḍatailābhyām
cūrṇitānyavalehayet | | 15 | |
tadvatsakṛṣṇāṃ śuṅṭhīm ca sabhārṅgī
tadvadeva ca | | 15 | | § 12754

4.3.27 Sarvāṅgasundarā

duḥsparśādīni cūrṇitāni vātaje kāse purāṇaguḍatailābhyā-
mavelahayet | tathaiva pippalīsaḥitāṃ śuṅṭhīm purāṇagu-
ḍatailābhyām lihyāt | tadvacca purāṇatailābhyām bhārṅg-
īmsaḥitāṃ śuṅṭhīm lehayet | § 12755

4.3.28 Āyurvedarasāyana

uktalehatulyaguṇaṃ pānapañcakāha | pibetkṛṣṇāṃceti |
kaṇā ca reṇukā ca kaṇareṇukam | majjñāḥ-asthyantargatabījāni |
pippalīkalke jalameva dravam, "peṣaṇāloḍane vāri" (hr. ka.
a. 6/23) iti paribhāṣabalāt | hārītāt-"durālabhā śaṭhī kṛṣṇā
5 madhūkaṃ sitāśarkarā | līḍhaṃ nihanti vatotthaṃ kāsaṃ
kṣaudreṇa yojitam | | ubhe medetugākṣīrī pippalī sitāśa-
rkarā | lihyātailaṃ ghṛtakṣaudrairvātakāsanivāraṇam | |
padmakam triphalā vyoṣam viḍaṅgam suradāru ca | balā
rāsnā ca tulyāni sūkṣmacūrṇāni kārayet | | samaṃ cūrṇai-
10 stvimaiḥ sarvaiḥ pṛthak kṣaudraṃ ghṛtaṃ sitām | lihyāll-
eḥam vimathyaitatsarvakāsaḥaram śivam | | " iti | § 12756

4.3.29 Aṣṭāṅgahr̥dayasaṃhitā

pibecca kṛṣṇaṃ koṣṇena salilena sasaindhavām | | 16 | |
mastunā sasiṭāṃ śuṅṭhīm dadhnā vā
kaṇareṇukām | | 16 | |
pibedvadaramajjño vā
madirādadhimastubhiḥ | | 17 | |
athavā pippalīkalkaṃ ghṛtabhrṣṭaṃ
sasaindhavam | | 17 | | § 12760

4.3.30 Sarvāṅgasundarā

pippalīm kaduṣṇena jalena saindhavasahitāṃ pibet | ma-
stunā saṣarkarāṃ śuṅṭhīm vā pibet | athavā dadhnā yu-
ktāṃ pippalīreṇukāṃ pibet | athavā badaramajjño madirā-
dibhiḥ pibet | bahuvacanopādānācca madirayā athavā da-
dhnā mastunā vetyevaṃ draṣṭavyam, na tu dadhno masti- 5
vati | pippalīkalkaṃ vā ghṛtabhrṣṭaṃ saindhavayuktaṃ ma-
dirādibhiḥ pibet | § 12761

4.3.31 Aṣṭāṅgahrdayasaṃhitā

kāsī sapīnaso dhūmaṃ snaihikaṃ vidhinā pibet | | 18 | |
hidhmāśvāsoktadhūmāṃśca
kṣīramāṃsarasāśanaḥ | | 18 | | § 12763

4.3.32 Sarvāṅgasundarā

kāsī pīnasī ca snaihikaṃ dhūmaṃ vidhinā pibet | kṣīram-
āṃsarasāśano hidhmoktān śvāsoktāṃśca dhūmān pibet |
§ 12764

4.3.33 Āyurvedarasāyana

dhūmairītyuktaṃ | tāneva dhūmānāha | tatra sapīnase
kāse dhūmamāha-kāsī sapīnasa iti | vidhinā-dhūmapānoktena
"śarāvasamputacśidre nāḍīm nyasya daśāṅgulām | aṣṭā-
ṅgulām vā vakreṇa kāsavān dhūmamāpibet | |" (hr. sū.a.
21/21) iti | kṣīreṇa māṃsarasena vā dhūme pīyamāne bh- 5
ojanam | § 12765

4.3.34 Aṣṭāṅgahr̥dayasaṃhitā

grāmyānūpaudakaiḥ śāliyavagodhūmaṣaṣṭikān | | 19 | |
rasairmāṣātmaguptānām yūṣairvā
bhojayeddhītān | | 19 | | § 12767

4.3.35 Sarvāṅgasundarā

grāmyādijairmāsarasarathavā māṣātmaguptānām yūṣaiḥ
śālyādīn hitānāśayet | hitāniti deśakālādisātmyavaśāt yavā
(śālyā) dyanyatamaṃ yat pathyaṃ tadbhuñjītetī pratipād-
ayati | § 12768

4.3.36 Āyurvedarasāyana

peyāyūṣarasādibhīryuktam | tānāha | tatra rasayūṣānāha-
grāmyānūpaudakairiti | grāmyāḥ-suśrutoktāḥ---- "aśvā-
śvataragokharoṣṭrabastorabhramedaḥpucchakaprabhṛtayo
grāmyāḥ | " (sū. a. 46/85) iti | ānūpāḥ-mahāmṛgāḥ | auda-
5 kāḥ jalacarāḥ pakṣiṇo matsyāśca | teṣāmānūpatve+api pṛ-
thaggrahaṇamatisāyārtham | grāmyādīnām māṃsarasaḥ
śālyādīn bhojayet, māṣayūṣairātmaguptāyūṣairvā | hitān-
iti vacanādyena rasena yūṣeṇavā yaddhānyam prakṛtyād-
ivaśādyasya hitam tattasya deyam | § 12769

4.3.37 Aṣṭāṅgahr̥dayasaṃhitā

yavānīpippalībilvamadhanāgaracitrakaiḥ | | 20 | |
rāsnājājīpṛthakparṇīpalāśaśaṭhipauṣkaraiḥ | | 20 | |
siddhām snigdhamlavanaṃ peyāmanilaje
pibet | | 21 | |
kaṭīhr̥tpārśvakoṣṭhārtiśvāsahidhmāpraṇāśanīm | | 21 | | § 12773

4.3.38 Sarvāṅgasundarā

yavānyādibhiḥ siddhām snigdhamlavanaṃ peyām
vātajakāse pibet | kimbhūtām ? kaṭyādyārtiśvāsahidhmā-
praṇāśanīm | § 12774

4.3.39 Āyurvedarasāyana

tyavānyādipeyāmāha-yavānīpippalīti | bilvaphalasya madhyam-
antargato bhāgaḥ | yavānyādīnām kvāthena peyāḥ | § 12775

4.3.40 Aṣṭāṅgahr̥dayasaṃhitā

daśamūlarase tadvat pañcakolaguḍānvitām | | 22 | |
pibetpeyām-----
| | 22 | | § 12777

4.3.41 Sarvāṅgasundarā

tadvat-pūrvoktaguṇām, daśamūlakvāthe siddhām pañca-
kolaguḍayutām peyām pibet | § 12778

4.3.42 Āyurvedarasāyana

peyāntaramāha=daśamūlarasa iti | rasaḥ-kvāthaḥ | pa-
ñcakolacūrṇena guḍena ca pānakāle yogaḥ | tadvat-
snigdhamlavanaṇām tadguṇām ca | § 12779

4.3.43 Aṣṭāṅgahr̥dayasaṃhitā

-----samatilām kṣaireyīm vā
sasaindhavām | | 22 | | § 12780

4.3.44 Sarvāṅgasundarā

kṣaireyīm-kṣīrasaṃskṛtām vā peyām, vātaje kāse pibet | ki-
mbhūtām ? samatilām,-tilasahitām | tathā, sasaindhavām |
§ 12781

4.3.45 Āyurvedarasāyana

peyāntaramāha-samatilāmiti | taṇḍulasamāstilāḥ | kṣīreṇa
siddhā-kṣaireyī | § 12782

4.3.46 Āyurvedarasāyana

peyāntaramāha---- mātsyakaukkuṭavārāhairiti | māṃsaiḥ-
māṃsarasaḥ, māṃsagrahaṇaṃ prācuryārtham, alpeno-
dakena rasogrāhya ityarthah | hārīte tu-"rasaṃ karkaṭa-
kānāṃ vā ghṛtabhr̥ṣṭaṃ sanāgaram | śvāsakāsaprasāma-
5 naṃ śṛṅgīmatsyasya vā punaḥ | | " iti | karkaṭakaḥ-kulīraḥ |
śṛṅgīmatsyaḥ-śṛṅgavān matsyaḥ | rasa evāyaṃ sanāgaraḥ
peyaḥ | § 12783

4.3.47 Aṣṭāṅgahr̥dayasaṃhitā

mātsyakaukkuṭavārāhairmāṃsairvā
sājyasaindhavām | | 23 | | § 12784

4.3.48 Sarvāṅgasundarā

athavā mātsyādyairmāṃsaiḥ sādhitāṃ saghṛtasaindha-
vām peyāṃ pibet | § 12785

4.3.49 Aṣṭāṅgahr̥dayasaṃhitā

vāstuko vāyasīśākaṃ kāsaghnaḥ suniṣaṇṇakaḥ | | 23 | |
kaṇṭakāryāḥ phalaṃ patraṃ bālaṃ śuṣkaṃ ca
mūlakam | | 24 | | § 12787

4.3.50 Sarvāṅgasundarā

vāstukādayaḥ śākaviśeṣāḥ | § 12788

4.3.51 Āyurvedarasāyana

śākānyāha-vāstuka iti | vāyasī-kākamācī | kāsaghnaḥ-kāsamardaḥ |
§ 12789

4.3.52 Aṣṭāṅgahr̥dayasaṃhitā

snehāstailādayobhakṣyāḥ
kṣīrekṣurasagaudikāḥ | | 24 | | § 12790

4.3.53 Sarvāṅgasundarā

tailādayaḥ snehāḥ | saṃ-bhakṣyāḥ kṣīrādisambandhino
hitāḥ | kṣīraṃ cekṣurasasca guḍasca, teṣāmime kṣīrekṣ-
urasagaudikāḥ | "dvandvānte padam yacśrūyate tatsa-
rvaiḥ sambadhyate " iti bhāṣyakāravacanāt sarvairapyā-
tra sambandhaḥ | tena kṣīrasambandhina ikṣurasasamba-
ndhino guḍasambandhinaśca bhakṣyā hitā ityavatiṣṭhate | 5
§ 12791

4.3.54 Āyurvedarasāyana

snehānāha-snehastailādaya iti | bhakṣyānāha-bhakṣyāḥ kṣ-
īrekṣurasagaudikā iti | kṣīrena ikṣurasena guḍena vā kr-
tāḥ | § 12792

4.3.55 Aṣṭāṅgahr̥dayasaṃhitā

dadhimastvāranālāmlaphalāmbumadirāḥ
pibet | | 25 | | § 12793

4.3.56 Sarvāṅgasundarā

tathā, dadhimastvādīni pibet | iti vātaje kāse prāyeṇopay-
ogyannapānamuddiṣṭam | § 12794

4.3.57 Āyurvedarasāyana

pānānyāha-dadhimastviti | amlānāṃ phalānāmambu | iti
vātakāsacikitsā | § 12795

4.3.58 Āyurvedarasāyana

atha pittakāśacikitsā | tatra sakaphe pittakāse vamanamāha-
pittakāse tviti | madanādikvāthena sasarpīṣkeṇa vama-
nam | phalayaṣṭyāhvacūrṇena vā vidārīkṣurasakalkitena
vamanāntaram | § 12796

4.3.59 Aṣṭāṅgahr̥dayasaṃhitā

pittakāse tu sakaphe vamanam sarpīṣā hitam | | 25 | |
tathā madanakāśmaryamadhukakvathitairjal-
aiḥ | | 26 | |
phalayaṣṭyāhvakalkairvā
vidārīkṣurasāplutaiḥ | | 26 | | § 12799

4.3.60 Sarvāṅgasundarā

pittaje kāse, kimbhūte ? sakaphe-kaphayukte, tu sarpīṣā
vamanam hitam | ata eva vakṣyati (ślo.27)-"pittakāse tanu-
kaphe trivṛtām" iti | tasmādatrārthāt bahukaphatvam bo-
dhyam | na kevalam sarpīṣā vamanam hitam | yāvanmad-
5 anādibhiḥ kvathitairjalairvamanamavasthāvaśāddhitam,
athavā madanaphalamadhukakalkairvidāryādirasāplutai-
rvamanam hitam | § 12800

4.3.61 Āyurvedarasāyana

virecanamāha-pittakāse tanukapha iti | tacca tanau kaphe
madhurairyukyā trivṛtyā, ghane tiktaiḥ | § 12801

4.3.62 Aṣṭāṅgahr̥dayasaṃhitā

pittakāse tanukaphe trivṛtām madhurairyutām | | 27 | |
yuñjyādvirekāya yutām ghanaśleṣmaṇi
tiktakaiḥ | | 27 | | § 12803

4.3.63 Sarvāṅgasundarā

pittaje kāse tanukaphe-ghanaśleşmaṇi, trivṛtāṃ madhura-
iryutāṃ virekāya yuñjyāt | ghane tu kaphe tiktakaiḥ saha
trivṛtāṃ yuñjyāt | § 12804

4.3.64 Aṣṭāṅgahrdayasaṃhitā

hṛtadoṣo himaṃ svādu snigdham saṃsarjanaṃ
bhajet | | 28 | |
ghane kaphe tu śiśiraṃ rūkṣaṃ
tiktopasaṃhitam | | 28 | | § 12806

4.3.65 Sarvāṅgasundarā

hṛtadoṣo naro himaṃ madhuraṃ snigdham saṃsarjanaṃ-
virekādanantaraṃ peyādikramaṃ, bhajet | ghane tu kaphe
śītaṃ tathā rūkṣaṃ tiktayutaṃ saṃsarjanaṃ bhajet | § 12807

4.3.66 Āyurvedarasāyana

saṃsarjanamāha-hṛtadoṣa iti | tacca tanau kaphe śītasvād-
usnigdham, ghane śītatiktarūkṣam | śuddhasya śuddhay-
ogyasya vā | § 12808

4.3.67 Aṣṭāṅgahrdayasaṃhitā

lehaḥ paitte sitādhātrīkṣaudradrākṣāhimotpalaiḥ | | 29 | |
sakaphe sābdamaricaḥ saghṛtaḥ sānile
hitaḥ | | 29 | | § 12810

4.3.68 Sarvāṅgasundarā

pittakāse sitādibhirleho hitaḥ | sakaphe pitte sābda marico
leho hitaḥ | sānile pitte saghṛto leho hitaḥ | § 12811

4.3.69 Sarvāṅgasundarā

lehamāha-lehaḥ pitta iti | sa ca kevale pitte sitādibhiḥ,
sakaphe samustamaricaiḥ, savāte saghṛtaiḥ | saṅgrahe tu
(ci. a. 4)- "pippalīmustayaṣṭyāhvadrākṣāmūrvāmahaṣa-
dham | lājāmṛtphalādrākṣātvakṣīrīpippalīsītāḥ | | amṛta-
5 phalādhātṛī | duḥsparśā karkaṭī śuṅṭhī śaṭhī drākṣā balā
sitā | nidigdḥikāmūlaphalaṃ vaṭabījaṃ rasāñjanam | | kh-
arjūraṃ pippalī vāmśī śvadaṃṣṭrā ceti pañca te | ghṛtakṣ-
audrayutā lehāḥ ślokārdhaiḥ pittakāsinām | | payonupā-
nām śṛṅgī vā lihyāt sājyasitāmadhum | " iti | § 12812

4.3.70 Aṣṭāṅgahr̥dayasaṃhitā

mṛdvīkārdhaśataṃ triṃśatpippalīḥ śarkarāpalam | | 30 | |
lehayenmadhunā-----
| | 30 | | § 12814

4.3.71 Sarvāṅgasundarā

tathā, mṛdvīkāgulikāḥ pañcāśat triṃśatpippalīḥ śarkarāp-
alam ca madhunā lehayet | § 12815

4.3.72 Āyurvedarasāyana

lehāntaramāha-mṛdvīkārdhaśatamiti | § 12816

4.3.73 Aṣṭāṅgahr̥dayasaṃhitā

-----gorvā kṣīrapasya śakṛdrasam | | 30 | | § 12817

4.3.74 Sarvāṅgasundarā

gorvā vatsasya kṣīrapasya-kṣīravṛtteḥ, śakṛdrasaṃ madh-
unā lehayet | § 12818

4.3.75 Āyurvedarasāyana

lehāntaramāha-gorveti | kṣīrapasya goḥ-kṣīramātrāhārasya
vatsasya, śakṛdrasaṃ madhunā saha marditaṃ lehayet |
§ 12819

4.3.76 Aṣṭāṅgahr̥dayasaṃhitā

tvagelāvyoṣamṛdvīkāpippalīmūlapauṣkaraiḥ | | 31 | |
lājamustāśaṭhīrāsṇādhātrīphalabibhītakaiḥ | | 31 | |
śarkarākṣaudrasarpirbhirleho
hr̥drogakāsahā | | 32 | | § 12822

4.3.77 Sarvāṅgasundarā

tvagelādibhirleho hr̥drogakāsahā bhavati | § 12823

4.3.78 Āyurvedarasāyana

"pippalyāmalakadrākṣālājālākṣāsitopalāḥ | sañcūrṇya pa-
kvāḥ payasā lihyāt kṣaudrāṣṭabhāgikāḥ | | vidarīkṣumṛṇā-
lānāmrasān kṣīraṃ sitopalām | pibet kṣaudreṇa saṃyojya
pittakāsamapohati | " iti | yogaratne tu-"vyāghrībalābhyāṃ
ca jalaṃ sādhitam pittaśāsanut | taireva sādhitam kṣīra- 5
manupānaṃ praśasyate | | pippalyāmalakadrākṣā vyāghrī
yaṣṭī śatāvarī | pippalī ceti tulyāni śarkarā ca caturguṇā | |
tvakkṣīrīm dviguṇam datvā lehayenmadhusarpiṣā | kṣata-
kāsaṃ jayatyeṣa lehaḥ pittolbaṇam tathā | | cūrṇam tu pa-
dmabījānām madhunā samprajoyet | | pittakāsārdito li- 10
hyāt svasthatām labhate kṣaṇāt | | vāsākaṣāyakalkābhyāṃ
ghṛtam samadhuśarkaram | siddham tatpittakāsaghaṇam
sarvapittavikāranut | | " iti | vaṅgasene tu (kāsādhikāre ślo.
30)- "balādvibr̥hatīdrākṣāvāsābhiḥ kvathitam jalam | pitt-
akāsāpaham peyam śarkarāmadhuyojitam | | " iti | § 12824 15

4.3.79 Āyurvedarasāyana

annapānamāha-madhurairiti | tacca ghane śleṣmaṇi yav-
ādinā śālyādi | lehāḥ-lehyakhalāḥ | te ca tiktadravyakṛtā
madhumadhurāṣca | § 12825

4.3.80 Aṣṭāṅgahr̥dayasaṃhitā

madhurairjāṅgalarasairyavaśyāmākakodravāḥ | | 32 | |
mudgādiyūṣaiḥ śākaiśca tiktakairmātrayā
hitāḥ | | 33 | |
ghanaśleṣmaṇi lehāśca tiktakā
madhusaṃyutāḥ | | 33 | |
śālayaḥ syustanukaphe ṣaṣṭikāśca
rasādibhiḥ | | 34 | | § 12829

4.3.81 Sarvāṅgasundarā

ghanaśleṣmaṇi pittakāse jāṅgalai rasairmadhuraistathā
mudgakulatthādiyūṣaistathā tiktaiḥ śākaiśca saha yavād-
ayo mātrayā-parimitāḥ, hitāḥ | ghanaśleṣmaṇi lehāśca tikt-
adravyayuktāḥ | tanukaphe pitte śālayaḥ ṣaṣṭikāśca rasād-
5 ibhirhitāḥ syuḥ-bhaveyuḥ | § 12830

4.3.82 Aṣṭāṅgahr̥dayasaṃhitā

śarkarāmbho+anupānārthaṃ drākṣekṣusvarasāḥ
payaḥ | | 34 | | § 12831

4.3.83 Sarvāṅgasundarā

anupānārthaṃ śarkarāmbho hitam, drākṣekṣusvarasāḥ
payaśca | § 12832

4.3.84 Sarvāṅgasundarā

anupānānyāha-śarkarāmbha iti | § 12833

4.3.85 Aṣṭāṅgahr̥dayasaṃhitā

kākolībr̥hatīmedād̥vayaiḥ savṛṣanāgaraiḥ | | 35 | |
pittakāse rasakṣīrapeyāyūṣān
prakalpayet | | 35 | | § 12835

4.3.86 Sarvāṅgasundarā

kākolyādibhirmāṃsarasādīn pittakāse prakalpayet | § 12836

4.3.87 Āyurvedarasāyana

uktarasādisādhanadravyāṅyāha-kākolīti | dvayaśabdastr-
ibhiryojyaḥ | § 12837

4.3.88 Aṣṭāṅgahr̥dayasaṃhitā

drākṣāṃ kaṇāṃ pañcamūlaṃ tr̥ṇākhyam̐ ca
pacejjale | | 36 | |
tena kṣīraṃ śṛtaṃ śītaṃ
pibetsamadhuśarkaram | | 36 | |
sādhitāṃ tena peyāṃ vā suśītāṃ
madhunā+anvitāṃ | | 37 | | § 12840

4.3.89 Sarvāṅgasundarā

pittakāse tathā drākṣādīn̐ caturguṇe jale pacet | tena pād-
āvaśiṣṭena drākṣādīnāṃ kvāthena, samaṃ kṣīraṃ kvath-
itaṃ [śītaṃ] madhuśarkarāyutaṃ pibet | tena vā-jalena,
sādhitāṃ peyāṃ suśītāṃ mākṣikayutaṃ pibet | § 12841

4.3.90 Āyurvedarasāyana

kṣīrāntaramāha-drākṣāṃ kaṇāmiti | peyāntaramāha-sādhitāmiti |
tena-drākṣādīkvāthena | § 12842

4.3.91 Āyurvedarasāyana

pānakamāha-śaṭhīti | piṣṭvā-jaloṣṇena caturguṇena, phā-
nṭatvāt | mūr̥cītaṃ-bhr̥ṣṭaṃ | § 12843

4.3.92 Aṣṭāṅgahr̥dayasaṃhitā

śaṭhīhnīberabr̥hatīśarkarāviśvabheṣajam | | 37 | |
piṣṭvā rasaṃ pibetpūtaṃ vastreṇa
ghṛtamūr̥cchitam | | 38 | | § 12845

4.3.93 Sarvāṅgasundarā

śaṭhyādīn jale piṣṭvā vastreṇa pūtaṃ rasaṃ ghṛtamiśritaṃ
pibet | § 12846

4.3.94 Āyurvedarasāyana

ghṛtacūr̥ṇakvāthānāha---- medāṃ vidārīmiti | lihyānma-
dhunā | saṅgrahe tu (ci. a. 4)- " mahiṣyajāvīgokṣīradhā-
trī phalarasaiḥ samaiḥ | sarpīḥ siddhaṃ pibettadvanm-
adhureṇa gaṇena vā | kvāthīkṛtenekṣurase kṣīrayuktena
5 sādhitam | saśarkaraṃ pibetprātarlihyādvā mākṣikānvi-
tam | madhureṇa-jīvanīyena | kṣīrivṛkṣāṅkurakvāthe pa-
kvaṃ kṣīrasamaṃ ghṛtam | pāyayetpittakāsartaṃ madh-
unā vā+avalehayet | | " iti | iti pittakāsacikitsā | § 12847

4.3.95 Aṣṭāṅgahr̥dayasaṃhitā

medāṃ vidārīṃ kākolīṃ svayaṃguptāphalaṃ
balāṃ | | 38 | |
śarkarāṃ jīvakāṃ mudgamāṣaparn̥yau
durālabhām | | 39 | |
kalkīkṛtyapacetsarpīḥ kṣīreṇāṣṭaguṇena
tat | | 39 | |
pānabhojanaleheṣu prayuktaṃ
pittakāsajit | | 40 | |

lihyādvā cūrṇameteṣāṃ kaṣāyamathavā
pibet | |40| | § 12852

4.3.96 Sarvāṅgasundarā

śarkarādīn kalkīkrtyāṣṭaguṇena kṣīreṇa sarpiḥ pacet | ta-
cca sarpiḥ pānādiṣu yuktaṃ pittakāsajit | eteṣāṃ vā-
śarkarādīnāṃ, cūrṇaṃ lihyāt | athavaiṣāmeva kaṣāyaṃ pi-
bet | § 12853

4.3.97 Aṣṭāṅgahr̥dayasaṃhitā

kaphakāsī pibedādaṃ surakāṣṭhāt pradīpitāt | |41| |
snehaṃ parisrutaṃ
vyoṣayavakṣārāvacūrṇitaṃ | |41| | § 12855

4.3.98 Sarvāṅgasundarā

kaphakāsī pūrvam surakāṣṭhāt pradīpitāt yaḥ srutaḥ sne-
hastam vyoṣayavakṣārāvacūrṇitaṃ pibet | § 12856

4.3.99 Āyurvedarasāyana

kaphakāsacikitsā | tatra snehanamāhakaphakāsīti | paristrutaṃ-
pātālayantreṇa | § 12857

4.3.100 Aṣṭāṅgahr̥dayasaṃhitā

snigdhaṃ virecayedūrdhvamadho mūrdhni ca
yuktitaḥ | |42| |
tikṣṇairvirekairbalinaṃ-----
| |42| | § 12859

4.3.101 Sarvāṅgasundarā

snigdham ca santamanantaram virecayet ūrdhvamadho
mūrdhni ca | yuktito-yathābalaḥānirna syāditi bhāvaḥ |
kairvirecayet ? tīkṣṇairvirekaiḥ | kimbhūtamāturam ? ba-
lavantam | § 12860

4.3.102 Āyurvedarasāyana

vamanavirekanasyānyāha-snigdhamiti | virekaiḥ-vamanavirecanānāmauśadhaiḥ
§ 12861

4.3.103 Aṣṭāṅgahr̥dayasaṃhitā

-----saṃsargī cāsya yojayet | | 42 | |
yavamudgakulatthānairuṣṇarūkṣaiḥ
kaṭūtkaiḥ | | 43 | |
kāsamardakavārtākavyāghrīkṣārakaṇānvitaiḥ | | 43 | |
dhānvabailarasaiḥ
snehaistilasarṣapanimbajaiḥ | | 44 | | § 12865

4.3.104 Sarvāṅgasundarā

saṃsargī ca-peyādiparipāṭim ca, asya yojayet | yavādibhi-
ryathāyogamuṣṇarūkṣaistathā kaṭūtkaiḥ-prabhūtakaṭukaiḥ,
kāsamardakādiyuktaiḥ | dhanvani bhavā dhānvāḥ-jāṅgalāḥ,
bileṣu bhavā bailāḥ-bileśayāḥ, teṣāṃ rasāstairmāsarasaiḥ
5 saḥetyarthaḥ | tathā, snehaistiladijaiḥ saha | § 12866

4.3.105 Āyurvedarasāyana

śuddhyanantaram saṃsarjanamāha-saṃsargī ceti | yavā-
nāṃ peyā vilepī ca | mudgānāṃ kulitthānāṃ vā yūṣaḥ | jā-
ṅgalānāṃ bileśayānāṃ vā rasaḥ | sa ca kāsamardādyanvi-
taḥ | kṣāro-yavakṣārah | tilādiyaiḥ snehairyūṣarasayoḥ kṛt-
5 akatvam | vaṅgasene tu (kāśā. ślo. 40)- "mudgāmalābhyāṃ
yavadāḍīmābhyāṃ karkandhunā mūlakaśuṅṭhakena | śu-
ṅṭhīkaṇābhyāṃ sakulatthakena yūṣo navāṅgaḥ kapharog-
ahantā | |" iti | § 12867

4.3.106 Aṣṭāṅgahṛdayasaṃhitā

daśamūlāmbu gharmāmbu madyaṃ madhvambu vā
pibet | | 44 | |
mūlaiḥ pauṣkaraśamyākapaṭolaiḥ saṃsthitam
niśām | | 45 | |
pibedvāri sahaḥśaudraṃ kāleṣvannasya vā
triṣu | | 45 | | § 12870

4.3.107 Sarvāṅgasundarā

daśamūlāmbvādīn(ni) pibet | athavā, mūlaiḥ pauṣkarād-
ibhirniśām saṃsthitam-rātristhitam, vāri kṣaudreṇa saha
prātaḥ pibet | athavā, annasya triṣu kāleṣu-ādimadhyāvasānalakṣaṇeṣu,
pibet | § 12871

4.3.108 Āyurvedarasāyana

trṣitasya pānānyāha-daśamūlāmbviti | gharmāmbu-uṣṇodakam |
pānānantaramuṣṇo (ṣito) dakamāha-mūlairiti | puṣkarādī-
nām mūlaiḥ, niśāmanvitaṃ-śītakaṣāyīkṛtam | triṣu kāleṣu-
annādaḥ annamadhye annānte vā | § 12872

4.3.109 Aṣṭāṅgahṛdayasaṃhitā

pippalī pippalīmūlaṃ śṛṅgaberam bibhītakam | | 46 | |
śikhikukkuṭapicśānām maṣī kṣāro
yavodbhavaḥ | | 46 | |
viśālā pippalīmūlaṃ trivṛtā ca
madhudravāḥ | | 47 | |
kaphakāsaharā lehāstrayaḥ
ślokārdhayojitāḥ | | 47 | | § 12876

4.3.110 Sarvāṅgasundarā

pippalyādayastrayo lehāḥ ślokārdhairyojitā madhunā saha
kaphakāsaharā bhavanti | § 12877

4.3.111 Āyurvedarasāyana

lehatrayamāha-pippalīti | saṅgrahe tu sapta (ci. a. 4)-
"devadārvabhayā mustaṃ pippalī viśvameṣajam | guḍūcī
pippalī bhārṅgī śrṅgī karkaṭakasya ca | | vyoṣadāhaviḍa-
ṅgāni triphalāśarkarābalāḥ | nidigdhikāyā mūlatvak marī-
5 caiḥ saha yojitā | |" iti | [ebhiḥ] caturbhiḥ saha | § 12878

4.3.112 Āyurvedarasāyana

tlehāṣṭakamāha-madhunā maricamiti | joṅgakaṃ agaruḥ |
vyāghryādīnām ṣaṇṇām rasāḥ | kāsaghnaḥ-kāsamardaḥ |
asitaḥ surasaḥ-kṛṣṇatulasī | § 12879

4.3.113 Aṣṭāṅgahr̥dayasaṃhitā

madhunā maricaṃ lihyānmadhunaiva ca
joṅgakaṃ | |48 | |
pṛthagrasāṃśca madhunā
vyāghrīvārtākabhṛṅgajān | |48 | |
kāsaghnyāśvaśakṛtaḥ surasasyāsitasya
ca | |49 | | § 12882

4.3.114 Sarvāṅgasundarā

tathā kaphakāse madhunā maricaṃ lihyāt | mākṣīkeṇaivā
guruṃ lihyāt | vyāghryādīnām rasān pṛthakpṛthak madh-
unā lihyāt | § 12883

4.3.115 Aṣṭāṅgahr̥dayasaṃhitā

devadāruśaṭhīrāsnākarkaṭākhyādurālabhāḥ | |49 | |
pippalī nāgaram mustaṃ pathyā dhātrī
sitopalā | |50 | |
lājāḥ sitopalā sarpiḥ śrṅgī
dhātrīphalodbhavā | |50 | |
madhutailayutā lehāstrayo vātānuge
kaphe | |51 | | § 12887

4.3.116 Sarvāṅgasundarā

devadārvādayo madhutailayutā lehāstrayaḥ-slokārdhagaditāḥ,
vātānuge kaphe syuḥ | atra śṛṅgīdhātrīphalodbhaveti keci-
dviśiṣṭamāmalakamāhuḥ | anye tu śṛṅgī karkaṭaśṛṅgīti vy-
ācakṣate | § 12888

4.3.117 Āyurvedarasāyana

vātānuge kaphe lehatrayamāha-devadāruśaṭhīti | dhātrī-
phalodbhavā śṛṅgī-śṛṅgākārā śuṣkāmalkatvak | § 12889

4.3.118 Aṣṭāṅgahr̥dayasamhitā

dve pale dāḍimādaṣṭau guḍādvyoṣātpalatrayam | | 51 | |
rocanam dīpanam svaryam
pīnasaśvāsakāsajit | | 52 | |
guḍakṣāroṣaṇakaṇādāḍimam
śvāsakāsajit | | 52 | |
kramātpaladvayārdhākṣakarṣārdhākṣapalonmitam | | 53 | | § 1289

4.3.119 Sarvāṅgasundarā

dāḍimasya pale dve tu guḍādaṣṭau trikaṭukāt palatrayam-
ityetaddāḍimādyam cūrṇam rocanādiguṇam pīnasādijit |
sam-guḍādikam krameṇa paladvayamardhakarṣam ka-
rṣam ardhakarṣam palapramāṇam pūrvoktaguṇam | § 12894

4.3.120 Āyurvedarasāyana

guṭikāmāha-dve pale iti | ā0 ra0- guṭikāntaramāha-guḍakṣāroṣaṇakaṇādā
paladvayam guḍasya | ardhākṣaḥ kṣārasya | karṣo marīca-
sya | ardhākṣaḥ kaṇāyāḥ | palam dāḍimasya | saṅgrahe tu
(ci. a. 4)- " viḍaṅgam saindhavam kuṣṭham vyoṣam hiṅgu
manah śilām | kāse śvāse ca hidhmāyām lihyāt kṣaudra-
ghṛtāplutam | | pāṭhāśuṅṭhīśaṭhīmūrvāgavākṣipippalīgh-
anam | piṣṭvā gharmāmbunā hiṅgusaindhavābhyām yu-
tam pibet | | tadvanmustāśaṭhīśṛṅgīnāgarātivīśābhayāḥ | "
iti | § 12895

4.3.121 Aṣṭāṅgahr̥dayasaṃhitā

pibejjavaroktaṃ pathyādi saśṛṅgīkaṃ ca
pācanam | | 53 | | § 12896

4.3.122 Sarvāṅgasundarā

tathā jvaracikitsitoktaṃ (ślo. 62)- "pathyākustumbarī" ityā-
dikaṃ pācanam karkaṭasaśṛṅgīśahitaṃ pibet pūrvaguṇam |
§ 12897

4.3.123 Āyurvedarasāyana

pācanamāha-pibejjvaroktamiti | pathyādi-pathyākustumbarīmustetyādi |
§ 12898

4.3.124 Āyurvedarasāyana

pācanāntaramāha-athaveti | taccamūtre jale[vā]kvathitam |
§ 12899

4.3.125 Aṣṭāṅgahr̥dayasaṃhitā

athavā dīpyakatrivṛdviśālāghanapauṣkaram | | 54 | |
sakaṇam kvathitam mūtre kaphakāsī jale+api
vā | | 54 | | § 12901

4.3.126 Sarvāṅgasundarā

dīpyakādikaṃ gomūtre kvathitam jale+athavā kvathitam
pippalīśahitaṃ kaphakāsī pibet | § 12902

4.3.127 Āyurvedarasāyana

śamanamāha-tailabhr̥ṣṭam ceti | vaidehī-pippalīkalko-dgavapiṣṭapiṇḍam |
akṣam-karṣam | saṅgrahe tu (ci. a. 4)- "sauvarcalābhayādh-
ātrīpippalīkṣāranāgaram | cūrṇitaṃ sarpiṣā vātakaphakā-
saharam pibet | |" iti | § 12903

4.3.128 Aṣṭāṅgahr̥dayasaṃhitā

tailabhr̥ṣṭaṃ ca vaidehīkalkākṣaṃ sasitopalam | |55| |
pāyayekaphakāsaghnāṃ
kulatthasalilāplutam | |55| | § 12905

4.3.129 Sarvāṅgasundarā

pippalīkalkakarṣaṃ saśarkaraṃ tailena pakvaṃ kulattha-
salilāplutam kaphakāsaghnāṃ pāyayet | § 12906

4.3.130 Aṣṭāṅgahr̥dayasaṃhitā

daśamūlāḍhake prasthaṃ ghṛtasyākṣasamaīḥ
pacet | |56| |
puṣkarāhvaśāṭhībīlvasurasāvvyoṣahiṅgubhiḥ | |56| |
peyānupānaṃ
tatsarvavātaśleṣmāmayāpaham | |57| | § 12909

4.3.131 Sarvāṅgasundarā

daśamūlakvāthāḍhake ghṛtasya prasthaṃ puṣkaramūlā-
dibhiḥ pratyekaṃ karṣapramāṇaiḥ kalkīkṛtaiḥ pacet | tat
peyānupānaṃ sarvavātakaphāmayaghnāṃ | § 12910

4.3.132 Sarvāṅgasundarā

ghṛtamāha----- daśamūlāḍhake iti | āḍhake kvāthasya |
§ 12911

4.3.133 Aṣṭāṅgahr̥dayasaṃhitā

nirguṇḍīpatraniryāsasādhitaṃ
kāśajiddhṛtam | |57| | § 12912

4.3.134 Sarvāṅgasundarā

nirguṇḍīpatrasvarasasādhitam ghr̥tam kāsajitsyāt | § 12913

4.3.135 Āyurvedarasāyana

ghr̥tāntaramāha-nirguṇḍīti | § 12914

4.3.136 Aṣṭāṅgahr̥dayasaṃhitā

ghr̥tam rase viḍaṅgānām vyoṣagarbham ca
sādhitam | | 58 | |
57 1/2 | | 58 | | § 12916

4.3.137 Sarvāṅgasundarā

viḍaṅgānām rase vyoṣagarbham ca sādhitam ghr̥tam pū-
rvoktaguṇam | § 12917

4.3.138 Āyurvedarasāyana

[ghr̥tāntaramāha-ghr̥tamiti |] § 12918

4.3.139 Āyurvedarasāyana

ghr̥tāntarāmāha-punarnaveti | śivāṭikā-dvitīyaḥ punarn-
avā | trikaṭunā kalkena | § 12919

4.3.140 Aṣṭāṅgahr̥dayasaṃhitā

paṭolabr̥hatīphaṇijjakarasaiḥ payaḥsaṃyutaiḥ | | 58 | |
ghr̥tam trikaṭunā ca siddhamupayujya sañjāyate
na kāsaviṣamajvarakṣayagudāṅkurebhyo
bhayam | | 58 | | § 12921

4.3.141 Sarvāṅgasundarā

punarnavādirasaiḥ payasā yutaistrikaṭunā kalkena ca si-
ddham ghr̥tamupayujya-pītvā, kāsādibhyo bhayaṃ na jāy-
ate | "vasugrahayutā jasau jasayalāśca pṛthvī guruḥ |" atra
punarnavādiraso ghr̥tāccaturguṇaḥ kṣīraṃ ghr̥tasamaṃ
ghr̥taṃ vyōṣāccaturguṇamiti pākakramaḥ | § 12922

5

4.3.142 Aṣṭāṅgahr̥dayasaṃhitā

samūlaphalapatrāyāḥ kaṇṭakāryā rasāḍhake | | 59 | |
ghr̥taprasthaṃ
balāvyōṣaviḍaṅgaśaṭhidāḍimaiḥ | | 60 | |
sauvarcalayavakṣāramūlāmālakapauṣkariḥ | | 60 | |
vṛścīvabr̥hatīpathyāyavānīcitrakardhibhiḥ | | 61 | |
mṛdvīkācavyavarṣābhūdurālambhāmlavetasaiḥ | | 61 | |
śṛṅgītāmālakībhārṅgīrāsṅnāgokṣurakaiḥ
pacet | | 62 | |
kalkaistatsarvakāseṣu śvāsahidhmāsu
ceṣyate | | 62 | |
kaṇṭakārīghr̥taṃ
caitatkaphavyādhivināśanam | | 63 | | § 12930

4.3.143 Sarvāṅgasundarā

kaṇṭakāryāḥ samūlaphalapatrāyā rasāḍhake balādibhiḥ
kalkaighr̥tāccaturthāṃśapramāṇairghr̥taprasthaṃ pacet |
tacca sarpiḥ sarvakāsādhiṣṭyate-abhihitam | idaṃ ca ka-
ṇṭakārīghr̥taṃ kaphavyādhivināśanam | § 12931

4.3.144 Āyurvedarasāyana

ghr̥tāntaramāha-samūlaphalaśākhāyā iti | mūlāmpippalī-
mūlam | saṅgrahe tu (ci. a. 4)- "kaṇṭakāryāstulāṃ kṣu-
ṇṇāṃ paktvā droṇe+ambhasaḥ pacet | tenāḍhakena kv-
āthasya ghr̥taprasthaṃ picūnmitaiḥ | | rāsṅnāduḥ sparśaṣ-
aṅgranthāpippalīdvayacitrakaiḥ | sauvarcalayavakṣārakṛ-
ṣṅāmūlaiśca tajjayet | | kāsāśvāsakaphaṣṭhīvahidhmāroca-
kapīnasān |" iti | § 12932

5

4.3.145 Aṣṭāṅgharḍayasamhitā

pacevyāghrītulāṃ kṣuṇṇāṃ

vahe+apāmāḍhakasthite | | 63 | |

kṣipet pūte tu sañcūrṇya

vyoṣarāsnāmṛtāgnikān | | 64 | |

śṛṅgībhārṅgīghanagranthidhanvayāsān

palārdhakān | | 64 | |

sarpiṣaḥ ṣoḍaśapalaṃ catvāriṃśatpalāni

ca | | 65 | |

5 matsyaṇḍikāyāḥ śuddhāyāḥ punaśca

tadadhiśrayet | | 65 | |

darvīlepini śīte ca pṛthak dvikuḍavaṃ

kṣipet | | 66 | |

pippalīnāṃ tavakṣīryā māksikasyānavasya

ca | | 66 | |

leho+ayaṃ gulmahṛdrogadurnāmaśvāsakāsa-

jit | | 67 | | § 12940

4.3.146 Sarvāṅgasundarā

vyāghryāstulāṃ kṣuṇṇāṃ-marditāṃ, jalasya vahe-caturdrone,

pacet | āḍhakasthite jale sañcūrṇya vyoṣādīni ardhapala-

pramāṇāni pratyekaṃ kṣipet | agnirevāgnikaḥ-citrakaḥ |

ghṛtasya ca ṣoḍaśa palāni, matsyaṇḍikāyāḥ,-vimalāyāḥ, ca-

5 tvāriṃśatpalāni, bhūyaśca tatsarvaṃ pacet | darvī limpat-

īti darvīlepī tasmin darvīlepini, avalehe śīte sati pratyekaṃ

dvikuḍavapramāṇaṃ pippalyādi kṣipet | ayaṃ leho gulm-

ādijit | § 12941

4.3.147 Sarvāṅgasundarā

vyāghrīlehamāha-pacedvyāghrītulāmiti | vahedroṇacatu-

ṣke | granthi-pippalīmūlam | matsyaṇḍikāyāḥ-śarkarāyāḥ |

anavasya-jīrṇasya | saṅgrahe tu (ci.a. 4)- "triphalā pippalī

pāṭhā sārīvā bṛhatīdvayam | marīcaṃ padmakaṃ musta-

5 muṣīraṃ cākṣasammitam | | paktvā jalāḍhake pādaśeṣe-

kṣārapalāṣṭakam | datvā guḍasya ca palam pacedādarvi-
lepanāt | | lehaḥ kapholbaṇam kāsam sarvameṣa niyacś-
ati | sādhitam kṣīramebhirvā tailakṣodrayutam pibet | | "
iti | vaṅgasene tu (kāsādhikāre)- "kuṣṭham tāmākī bhā- 5
rṅgī śaṭhīkṣāro harītakī | kolaṃ coṣṇāmbhasā cīrṇam leho
vā madhusaṃyutaḥ | | kolaṃ-maricam | (ślo. 47) vyoṣap-
uṣkaramṛdvīkātriphālāśaṭhicitrakaiḥ | madhutailayuto le-
haḥ śleṣmakāsanibarhaṇaḥ | | vyoṣājamodacitrakaṣaṅgra- 10
nthācavyakalkitam sarpiḥ | kaphakāsaśvāsaharam vāsak-
arasasādhitam samadhu | | " iti | yogaratne tu-"viḍaṅgam
saindhavaṃ rāsnā śaṭhī kṣāro mahauśadham | śleṣmakāse
hitam cūrṇam leho vā madhusaṃyutaḥ | | bibhītakam gh-
ṛtābhyaktam gośakṛtpariveṣṭitam | svinnamagnau haretk-
āsam dhruvamāsyē vidhāritam | | " iti | § 12942

4.3.148 Aṣṭāṅgahrdayasaṃhitā

śamanaṃ ca pibeddhūmaṃ śodhanaṃ bahale
kaphe | | 67 | | § 12943

4.3.149 Sarvāṅgasundarā

tathā kaphakāse śamanaṃ dhūmaṃ pibet | ghanaśleṣmaṇi
śodhanaṃ dhūmaṃ pibet | ghanaśleṣmaṇi śodhanaṃ dh-
ūmaṃ pibet | atha tameva dhūmamāha- § 12944

4.3.150 Āyurvedarasāyana

dhūmamāha-śamanaṃ ceti | śamanaṃ dhūmaṃ pibet |
yasya tu bahalaḥ kaphaḥ [sa] śodhanaṃ dhūmaṃ pibet |
§ 12945

4.3.151 Aṣṭāṅgahrdayasaṃhitā

manaḥśilālamadhukamāmsīmusteṅgudītvacaḥ | | 68 | |

dhūmaṃ kāsaghnavidhinā pītvā kṣīraṃ
pibedanu | | 68 | |
niṣṭhyūtānte guḍayutaṃ koṣṇaṃ dhūmo nihanti
saḥ | | 69 | |
vātaśleṣmottarān kāsānacireṇa
cirantanān | | 69 | | § 12949

4.3.152 Sarvāṅgasundarā

eteṣāṃ sambandhinaṃ dhūmaṃ kāsaghnavidhinā-sūtroditena,
pītvā+anu-pāścāt, niṣṭhyūtānte koṣṇaṃ kṣīraṃ guḍānvi-
taṃ pibet | sa dhūmaḥ pīto vātaśleṣmottarān kāsāṃścira-
ntanān āśveva hanti | cirantanāniti "sāyaṃ ciraṃ" ityādinā
5 ṭhyuḥ | § 12950

4.3.153 Āyurvedarasāyana

dhūmāntaramāha----- manaḥśileti | alaṃ-haritālam | iṅgudī-
tāpasadrumaḥ | tvaktāji (?) cūrṇīkṛtvā teṣāṃ dhūmaṃ
pibedityarthaḥ | kāsaghnavidhinā-dhūmapānoktena | dh-
ūmotkliṣṭakaphaniṣṭhānāmākṣīraṃ pibet | saṅgrahe tu
5 (ci. a. 4)- " prapauṇḍarīkaṃ madhukaṃ śārṇeṣṭā+alaṃ
manaḥ śilām | marīcaṃ pippalīṃ drākṣāmelām sur-
asamañjarīm | | kṛtvā vārtai pibeddhūmaṃ kṣaumac-
ailānuvārtinīm | ghr̥tāktāmanu ca kṣīraṃ pibettadva-
dguḍāmbu vā | | śārṇeṣṭā-uttuṇḍukī | surasaḥ-tulasī |
10 tadvat-niṣṭhyātānte | nepālītālaricalākṣānatakuṭannaṭ-
aiḥ | uśīrarohiṣaphaladraviḍīvaṃśalekhanaiḥ | | pūrvaka-
lpena dhūmo+ayaṃ sānupāno vidhīyate | nepālī-manaḥśilā
tālam-haritālam | draviḍī-elā | vaṃśalekhanam-vaṃśatvak |
kārpāsāsthyaśvagandhā ca dhūmaḥ kāsavināśanaḥ | koś-
15 ātakīphalānmadhyaiḥ pibedvā samanaḥśilaiḥ | | " iti | yog-
aratne tu-"tāpyamānasakāsena nāsābhaṅge svarejāde | kṣ-
avathau ghr̥ṇānāse ca dhūmanāḍīm prayojayet | | kṣau-
magarbhām pibedvarti haritālam manaḥ śilām | tālisapa-
traṃ kaiḍaryaṃ guḍānnaṃ caiva bhojayet | | kaiḍaryaṃ-
20 kaṭphalam | dhūmavartirbalāvyoṣaṃ haritālam manaḥ
śilā | anupānaṃ śṛtaṃ vā+api praśastaṃ kāñjikauda-

nam | | madhukaṃ cājamodaśca jīvantyagurusarjajau | sv-
airanḍamūlā kāsaghnī dhūmavartiriyam śubhā | | sarjajo-
rālā | kṣaumaṃ hiṅguvacābhūrjagranthiścaīṣa ghṛtānvi-
taḥ | dhūmakāsaharaḥ pītaḥ sarvagandhamayo+api vā | | 5
manah śilā samāli.....daraiḥ pariśodhitaiḥ | tryaham pa-
traiḥ kṛtaṃ dhūmaṃ pibetkāsānivāraṇam | | jāteruttaraś-
iphādhūmaṃ śilāguggulamiśritam | gātrasya badarāṅgā-
raiḥ kārayetkāsaśāntaye | | jāteruttaradiṇmūlaṃ śilailāgu-
gguḷum samam | ajāmūtrena piṣṭo+ayaṃ dhūpaḥ kāsaha-
raḥ paraḥ | mūlena śarapuṅkhāyā dhūpaḥ kāsaharaḥ pa- 10
raḥ |" iti | § 12951

4.3.154 Aṣṭāṅgahr̥dayasaṃhitā

tamakaḥ kaphakāse tu syācceptittānubandhajaḥ | | 70 | |
pittakāsakriyāṃ tatra yathāvastham
prajoyayet | | 70 | | § 12953

4.3.155 Sarvāṅgasundarā

kaphakāse yadi tamakaḥ pittānubandhajaḥ syāt | tatrata-
make, pittakāsakriyāmavasthāvaśāt prajoyayet | § 12954

4.3.156 Āyurvedarasāyana

tamakopadrave pratīkāramāha-tamaka iti | tamakaḥ-pratamakaḥ,
"jvaramūrcśāyutaḥ śītaiḥ śāmyet pratamakastu saḥ |" (hr̥.
ni. a. 4/11) iti vacanātpittajatvācca | § 12955

4.3.157 Aṣṭāṅgahr̥dayasaṃhitā

kaphānubandhe pavane kuryātkaphaharāṃ
kriyāṃ | | 71 | |
pittānubandhayorvātakaphayoḥ
pittanāśinīm | | 71 | |

vātaśleṣmātmake śuṣke snigdhamārdre
virukṣaṇam | |72| |
kāse karma sapitte tu kaphaje
tiktaṣaṃyutam | |72| | § 12959

4.3.158 Sarvāṅgasundarā

pavane kaphānubandhe sati kaphakāsaḥarāṃ kriyāṃ ku-
ryāt | pittānubandhayorvātakaphayoḥ pittakāsanāśinīm
kriyāṃ vidadhyāt | vātaśleṣmātmake śuṣke kāse snigdham
karma | ārdre tu kāse virūkṣaṇam karma | kaphaje tu kāse
5 sapitte tiktaṣaṃyutam virūkṣaṇam karma | § 12960

4.3.159 Āyurvedarasāyana

anubandhabhedāccikitsāmāha-kaphanubandha iti | śuṣke-
śleṣmaniṣṭhīvanahīne, ārdre-yukte | sapitte kaphaje tu śu-
ṣke tiktayutam snigdham, ārdre rūkṣam | iti kaphakāsaci-
kitsā § 12961

4.3.160 Aṣṭāṅgahr̥dayasaṃhitā

urasyantaḥkṣate sadyo lākṣāṃ kṣaudrayutam
pibet | |73| |
kṣīreṇa-----
| |73| | § 12963

4.3.161 Sarvāṅgasundarā

antaḥkṣata urasi sati sadyaḥ-śīghrameva, lākṣāṃ māḥṣik-
ayuktāṃ kṣīreṇa pibet | uraḥsandhānajanena lākṣāyāḥ pr-
ādhānyāt | tathā cāgryaṃ saṅgrahe (sū.a.13)-"lākṣā sadya-
ḥkṣataghnānām |" iti | § 12964

4.3.162 Āyurvedarasāyana

atha kṣatakāsacikitsā | tatra kṣatasya uṣadhamāha-urasyantaḥkṣata
iti | sadyaḥ-utpannamātre | § 12965

4.3.163 Aṣṭāṅgahṛdayasaṃhitā

-----śālīn jīrṇe+adyātkṣīreṇaiva
saśarkarān | |73| | § 12966

4.3.164 Sarvāṅgasundarā

jīrṇe-pariṇate tasminnauśadhe, kṣīreṇaiva saha śālīma(līna)
dyāt saśarkaram(rān) | § 12967

4.3.165 Āyurvedarasāyana

atrauśadhabhojanamāha-śālīniti | jīrṇe-auśadhe | § 12968

4.3.166 Aṣṭāṅgahṛdayasaṃhitā

pārśvabastisarukcālpapittāgnistām
surāyutām | |74| | § 12969

4.3.167 Sarvāṅgasundarā

pārśvabastyādirugalpāgniśca tām-lākṣām, surāyutām pi-
bet | § 12970

4.3.168 Āyurvedarasāyana

auśadhāntaramāha-pārśvabastisarugiti pārśvayorbastau ca
saruk-saśūlah | tām-lākṣām | § 12971

4.3.169 Aṣṭāṅgahṛdayasaṃhitā

bhinnaviṭkaḥ samustātiviṣāpāṭhām
savatsakām | |74| | § 12972

4.3.170 Sarvāṅgasundarā

bhinnapurīṣo naro mustātiviṣāpāṭhāvatsakānvitāṃ lākṣāṃ
pibet | § 12973

4.3.171 Āyurvedarasāyana

auśadhāntaramāha-bhinnaviṭka iti | mustādibhiṣcaturbhi-
ryutāṃ lākṣāṃ sītodakena pibet | § 12974

4.3.172 Āyurvedarasāyana

auśadhāntaramāhā-lākṣāṃ sarpiriti | samit-godhamacūrṇam |
§ 12975

4.3.173 Aṣṭāṅgahr̥dayasaṃhitā

lākṣāṃ sarpirmadhūcśiṣṭāṃ jīvanīyaṃ gaṇam
sitām | | 75 | |
tvakkṣīrī samitaṃ kṣīre paktvā dīptānalaḥ
pibet | | 75 | | § 12977

4.3.174 Sarvāṅgasundarā

lākṣādīni hi kṣīre paktvā tat kṣīraṃ dīptāgniḥ pibet | § 12978

4.3.175 Aṣṭāṅgahr̥dayasaṃhitā

ikṣvārikābisagranthipadmakesaracandanaiḥ | | 76 | |
śṛtaṃ payo madhuyutaṃ sandhānārthaṃ
pibetkṣatī | | 76 | | § 12980

4.3.176 Sarvāṅgasundarā

ikṣvārikādibhiḥ śṛtaṃ kṣīraṃ madhuyutaṃ sandhānārth-
amurasi kṣataḥ pumān pibet | § 12981

4.3.177 Āyurvedarasāyana

auśadhāntaramāha-ikṣvāriketi | § 12982

4.3.178 Aṣṭāṅghṛdayasaṃhitā

yavānāṃ cūrṇamāmānāṃ kṣīre siddhaṃ
ghṛtānvitam | |77| |
jvaradāhe sitākṣaudrasaktūnvā payasā
pibet | |77| | § 12984

4.3.179 Sarvāṅgasundarā

yavānāmāmānāṃ cūrṇaṃ kṣīre siddhaṃ ghṛtayutaṃ jvar-
adāhe pibet | athavā, śarkarāmākṣikayutān saktūn payasā
pibet | § 12985

4.3.180 Āyurvedarasāyana

auśadhāntaramāha-yavānāṃ cūrṇamiti | āmānāṃ-ulambikāyogyānām |
auśadhāntaramāha-sitākṣaudrasaktūnveti | § 12986

4.3.181 Aṣṭāṅghṛdayasaṃhitā

kāsavāṃstu pibetsarpirmadhurauśadhasādhitam | |78| |
guḍodakaṃ vā kvathitaṃ sakṣaudramaricaṃ
hitam | |78| |
cūrṇamāmalakānāṃ vā kṣīre pakvaṃ
ghṛtānvitam | |79| |
rasāyanavidhānena pippalīrvā
prayojayet | |79| | § 12990

4.3.182 Sarvāṅgasundarā

kāsavāṃśca madhurauśadhaiḥ sādhitam sarpiḥ pibet |
athavā, guḍodakaṃ kvathitaṃ sakṣaudramaricaṃ śītaṃ
pibet | āmalakānāṃ vā cūrṇaṃ kṣīre siddhaṃ sarpiryu-

ktam̐ pibet | rasāyanoktavidhinā vā pippalīḥ prayojayet |
§ 12991

4.3.183 Āyurvedarasāyana

auśadhāntaramāha-kāsavāṃstviti | madhurāṅijīvantyād-
īni | auśadhāntaramāha-guḍodakam̐ veti | kvathitam̐-kvāthavidhinā |
auśadhāntaramāha-cūrṇamāmalakānām̐ veti | auśadhāntaramāha-
rasāyanavidhāneneti | § 12992

4.3.184 Aṣṭāṅgahr̥dayasaṃhitā

kāsī parvāsthīśūlī ca lihyātsaghṛtamākṣikāḥ | | 80 | |
madhūkamadhukadrākṣātvakkṣīripippalībalāḥ | | 80 | | § 12994

4.3.185 Sarvāṅgasundarā

kāsī parvāsthīśūlavāṃśca saghṛtamākṣikā madhūkādīrli-
hyāt | § 12995

4.3.186 Āyurvedarasāyana

auśadhāntaramāha-kāsī parvāsthīśūlīti | vaṅgasene tu (kā-
sādhikāre ślo. 93)- "cūrṇam̐ kakubhasamuttham̐ vāsakara-
sabhāvitaṃ bahūn vārān | madhughṛtasitopalābhirlehyam̐
kṣatakāsaraktapittaharam | |" iti | § 12996

4.3.187 Aṣṭāṅgahr̥dayasaṃhitā

trijātamardhakarṣāṃśam̐ pippalyardhapalam̐ sitā | | 81 | |
drākṣā madhūkam̐ kharjūram̐ palāṃśam̐
ślakṣṇacūrṇitam | | 81 | |
madhunā guṭikā ghnanti tā vṛṣyāḥ
pittaśoṇitam | | 82 | |
kāsaśvāsārucicchardimūrccāhidhmāmāmadabhramān | | 82 | |
kṣatakṣayasvarabhramāśaplihaśośāḍhyamārutān | | 83 | |
raktaniṣṭhīvahr̥tpārśvarukpipāsājvarānapi | | 83 | | § 13002

4.3.188 Sarvāṅgasundarā

trijātakamardhakarṣapramāṇam kaṇā karṣadvayamātrā
sitādikaṃ pratyekaṃ palāṃśam ślakṣṇacūrṇitaṃ madh-
unā kṛtā guṭikā vṛṣyāḥ pitta śoṇitādīn ghnanti | § 13003

4.3.189 Āyurvedarasāyana

elādiguṭikāmāha-trijātamardhakarṣāṃśamiti | § 13004

4.3.190 Aṣṭāṅgahr̥dayasaṃhitā

varṣābhūśarkarāraktaśālitaṇḍulajaṃ rajaḥ | | 84 | |
raktaṣṭhīvī pibetsiddham
drākṣārasapayoṅṛtaiḥ | | 84 | |
madhūkamadhukakṣīrasiddham vā
taṇḍulīyakam | | 85 | | § 13007

4.3.191 Sarvāṅgasundarā

punarnavādicūrṇam drākṣārasapayoṅṛtaiḥ siddham rakt-
aṣṭhīvī pibet | athavā, madhūkādibhiḥ siddham taṇḍulīy-
akaṃ pibet | § 13008

4.3.192 Āyurvedarasāyana

auśadhāntaramāha-varṣābhūśarkareti | auśadhāntaramāha-
madhūkamadhukakṣīrasiddhamiti | madhūkamadhukā-
bhyāṃ siddhena kṣīreṇa siddham | § 13009

4.3.193 Aṣṭāṅgahr̥dayasaṃhitā

yathāsvaṃ mārgavisṛte rakte kuryācca
bheṣajam | | 85 | | § 13010

4.3.194 Sarvāṅgasundarā

mārgeṇa-mukhādinā, viṣṭe rakte yathāyatham raktapitta
cikitsitoktamauśadham kuryāt | § 13011

4.3.195 Āyurvedarasāyana

raktapittauśadhamatidiśati-yathāsvamiti | yogaratne tu-
"gaṅgagodāvarīkṣiprākālindīnarmadodbhavām | āhr̥tya-
sikatām śvetām susūkṣmām prasṛtonmitām | | tulyām ta-
ilaghṛtakṣaudraiḥ savasāmañjibhistathā | sāgāradhūmai-
5 striphalārasena ca vimiṣritām | | saptabhiḥ prasṛtaiḥ sā-
rdham khajena mathitām pibet | raktaṣṭhīvī kṣatoraskaḥ si-
ddhayogaṃ samācaret | rakte pravṛtte dakṣāṇḍam yūṣai-
stoyena vā pibet | | caṭakāṇḍarasam vā+api raktaṃ vā śāg-
ajāṅgalam | | " iti | saṅgrahe tu (ci. a. 5)- "rakte+ativṛtte śā-
10 gaṃ vā jāṅgalam vā pibedasṛk | " tathā-"pippalīmadhukam
piṣṭam kārṣikam sasiṭopalam | prāsthikam gavyamājam
ca kṣīramikṣurasastathā | | yavagodhūmamṛdvīkācūrṇa-
māmālakādrasaḥ | tailam ca prasṛtāmśāni tatsarvam mr-
udunā+agninā | | pacelleham ghṛtamkṣaudrayutaḥ sa kṣ-
15 atakāsanut | kāsahr̥drogakārśyaghno hito vṛddhālpareta-
sām | | " iti | yavacūrṇādīni prasṛtāmśāni | § 13012

4.3.196 Aṣṭāṅgahr̥dayasaṃhitā

mūḍhavātastvajāmedaḥ surābhṛṣṭam
sasaindhavam | | 86 | | § 13013

4.3.197 Sarvāṅgasundarā

mūḍhavātastu puruṣo+ajāyā medaḥ surayā bhṛṣṭamīṣatsa-
indhavasahitamadyāt | § 13014

4.3.198 Āyurvedarasāyana

..... § 13015

4.3.199 Aṣṭāṅgahr̥dayasam̐hitā

kṣāmaḥ kṣīṅaḥ kṣatorasko

mandanidro+agnidīptimān | | 86 | |

śṛtakṣīrasareṇādyātsaghṛtakṣaudraśarkaram | | 87 | | § 13017

4.3.200 Sarvāṅgasundarā

kṣāmaḥ kṣīṅaḥ kṣatorasko mandanidro dīptāgniḥ śṛtakṣī-
rasya sambandhinā sareṇa saghṛtakṣaudraśarkaramajām-
edo+adyāt | § 13018

4.3.201 Āyurvedarasāyana

auśadhāntaramāha-kṣāmaḥ kṣīṅa iti | ajāmeda ityunaṣa-
ṅgaḥ | § 13019

4.3.202 Aṣṭāṅgahr̥dayasam̐hitā

śarkarāyavagodhūmaṃ jīvakarṣabhakau madhu | | 87 | |

śṛtakṣīrānupānaṃ vā lihyātkṣīṅaḥ kṣataḥ

kṛśaḥ | | 88 | | § 13021

4.3.203 Sarvāṅgasundarā

athavā kṣīṅaḥ kṣataḥ kṛśo vā śarkarādikaṃ lihyāt | katham
? śṛtakṣīrānupānaṃ | § 13022

4.3.204 Āyurvedarasāyana

..... § 13023

4.3.205 Āyurvedarasāyana

auśadhāntaramāha-kṛvyātpiśitaniryūhamiti | saḥ-kṣīṅaḥ
kṣatakāsī | § 13024

4.3.206 Aṣṭāṅgahr̥dayasaṃhitā

kravyātpiśitaniryūhaṃ ghr̥tabhr̥ṣṭaṃ pibecca saḥ | | 88 | |
pippalīkṣaudrasaṃyuktaṃ
māṃsaṣṇitavardhanaṃ | | 89 | | § 13026

4.3.207 Sarvāṅgasundarā

sa ca-kṣīṇādih, kravyātpiśitasya niryūhaṃ ghr̥tena bhr̥-
ṣṭaṃ pibet | kimbhūtaṃ ? pippalīkṣaudrāṇvitam | tacca
māṃsaṣṇitavardhanaṃ syāt | § 13027

4.3.208 Aṣṭāṅgahr̥dayasaṃhitā

nyagrodhodumbarāśvatthaplakṣaśālapriyaṅgubhiḥ | | 89 | |
tālamastakajambūtvakpriyālaiśca
sapadmakaiḥ | | 90 | |
sāśvakarṇaiḥ śrtātkṣīrādadyājātena
sarpiṣā | | 90 | |
śālyodanaṃ kṣatoraskaḥ
kṣīṇaśukrabalendriyaḥ | | 91 | | § 13031

4.3.209 Sarvāṅgasundarā

nyagrodhādibhiḥ śrtātkṣīrāt samudbhūtena sarpiṣā śālyo-
danaṃ kṣatoraskaḥ kṣīṇaśukrādiśca nara+adyāt | § 13032

4.3.210 Āyurvedarasāyana

auśadhāntaramāha-nyagrodhodumbareti | tālamastako-agra.
. majjā | nyagrodhādibhiḥ śrtāṃ yat kṣīraṃ, tato jātaṃ ya-
tsarpiḥ, tena śālyodanamadyāt | § 13033

4.3.211 Aṣṭāṅgahr̥dayasaṃhitā

vātapittārdite+abhyaṅgo gātrabhede ghr̥tairmataḥ | | 91 | |

tailaiścānilarogaghnaḥ pīḍite
mātariśvanā | | 92 | | § 13035

4.3.212 Sarvāṅgasundarā

vātapittapīḍite gātramede vā+abhyaṅgoghṛtairmataḥ | mātariśvanā-
vātena, pīḍite sati tailairvātarogaghnaḥ abhyaṅgo mataḥ |
caśabdāddhṛtairapīti dyotayati | § 13036

4.3.213 Āyurvedarasāyana

ghṛtābhyaṅgamāha---- vātapitārdit itī | tailābhyaṅgamāha-
tailaiśceti | § 13037

4.3.214 Aṣṭāṅgahr̥dayasaṃhitā

hr̥tpārśvārtiṣu pānaṃ syājīvanīyasya
sarpiṣaḥ | | 92 | | § 13038

4.3.215 Sarvāṅgasundarā

hr̥tpārśvapīḍāsu jīvanīyasya sarpiṣaḥ pānaṃ syāt | itī sa-
mbhāvanāyāṃ liṅ | § 13039

4.3.216 Āyurvedarasāyana

auśadhāntaramāh---- hr̥tpārśvārtau tvitī | § 13040

4.3.217 Aṣṭāṅgahr̥dayasaṃhitā

hr̥tpārśvārtiṣu pānaṃ syājīvanīyasya
sarpiṣaḥ | | 92 | | § 13041

4.3.218 Sarvāṅgasundarā

hr̥tpārśvapīḍāsu jīvanīyasya sarpiṣaḥ pānaṃ syāt | itī sa-
mbhāvanāyāṃ liṅ | § 13042

4.3.219 Āyurvedarasāyana

vātavyādhyuktamatidiṣati----- kuryādveti | § 13043

4.3.220 Aṣṭāṅgahr̥dayasaṃhitā

yaṣṭyāhnanāgabalayoḥ kvāthe kṣīrasame ghṛtam | | 93 | |
payasyāpippalīvāṃśīkalkaiḥ siddham kṣate
hitam | | 94 | | § 13045

4.3.221 Sarvāṅgasundarā

yaṣṭyāhvayasya nāgabalāyāśca kvāthe kṣīratulye payasyā-
dikalkaiḥ siddham ghṛtam kṣatakāsehitam | § 13046

4.3.222 Sarvāṅgasundarā

auśadhāntaramāha----yaṣṭyāhvanāgabalayoriti | saṅgrahe
tu (ci. a. 5)- "śṛtam vā+aṣṭaguṇe kṣīre kolalā kṣārasānv-
itam | kalkaiḥ kaṭvaṅgadārvītvamratsakatvagsakatva-
kphalairghṛtam | |" iti | kaṭvaṅgaḥ-ṭuṅṭukaḥ | phalaṃ-
5 vatsakasyaiva | § 13047

4.3.223 Aṣṭāṅgahr̥dayasaṃhitā

jīvanīyo gaṇaḥ śuṅṭhī varī vīrā punarnavā | | 94 | |
balābhārṅgīsvaguptarddhiśaṭhītāmalakīkaṇāḥ | | 95 | |
śṛṅgāṭakaṃ payasyā ca pañcamūlaṃ ca
yallaghu | | 95 | |
drākṣākṣodādi ca phalaṃ
5 madhurasnigdhabr̥mhaṇam | | 96 | |
taiḥ pacetsarpiṣaḥ prastham karṣāṃśaiḥ
ślakṣṇakalkitaiḥ | | 96 | |
kṣīradhātrīvidārīkṣucchāgamāṃsarasānvitam | | 97 | |
prasthārdham madhunaḥ śīte
śarkarārdhatulārajaḥ | | 97 | |

palārdhakam ca
 maricatvagelāpatrakesaram | | 98 | |
 vinīya cūrṇitaṃ tasmāllihyānmātrāṃ
 yathābalaṃ | | 98 | |
 amṛtaprāśamityetannarāṇāmamṛtam
 ghr̥tam | | 99 | |
 sudhāmṛtarasaṃ prāśyaṃ
 kṣīramāṃsarasāsīnā | | 99 | |
 naṣṭaśukrakṣataḥkṣīnadurbalavyādhikarśītān | | 100 | |
 strīprasaktān kṛśān varṇasvarahīnāmśca
 br̥mhayet | | 100 | |
 kāśahidhmājvaraśvāsadāhatṛṣṇāsripittanut | | 101 | |
 putradaṃ chardimūrcchāhr̥dyonimūtrāmayāpa-
 ham | | 101 | | § 13062

4.3.224 Sarvāṅgasundarā

jīvanīyo gaṇastathā śuṅṭhyādayastairjīvanīyādigaṇādibhiḥ
 karṣāṃśaiḥ sūkṣmacūrṇitaiḥ kṣīradhātryādirasayuktaṃ
 ghr̥tasya prasthaṃdvātriśatpalāni pacet | drākṣākṣoḍā-
 dīnya(tya)trādiśabdena nārikelanikocādiparigrahaḥ | śīte
 ghr̥te māḥṣikasya ṣoḍaśapalāni, śarkarācūrṇapalāni pañc- 5
 āśat, maricādīni dvikārṣikāni cūrṇitāni prakṣipyā tasm-
 ānmātrāṃ yathābalaṃ lihyāt | amṛtaprāśametatsamjñam
 ghr̥tam narāṇāmamṛtatulyam, mahāguṇatvāt | yathā nāg-
 ānāṃ sudhā devānāmamṛtam | ata evaitat sudhāmṛtara-
 sam | prāśyaṃ-bhojyaṃ, kṣīramāṃsarasāsīnā | etacca ghr̥- 10
 tam naṣṭaśukrādīn br̥mhayet | kāśādinut | putradaṃ | ch-
 ardyādighnam | atra ca madhurasnigdhabr̥mhaṇānām dr-
 ākṣādīnāmapi yathālābhaṃ karṣapramāṇamadhikaṃ vā
 vojyam | yathā sāmānyaparibhāṣoktā karṣamātrā paripū-
 rṇā syāditi | § 13063 15

4.3.225 Āyurvedarasāyana

amṛtaprāśamāha---- jīvanīyo gaṇa iti | vīravidārī | payasyā-
 dugdhikā | madhurādiguṇam phalaṃ-tacca drākṣākṣoḍā-
 ādi prasiddhaṃ grāhyamityarthaḥ | vinīya-nikṣipyā | su-

dhāpātāle, amṛtaṃ-svarge, tābhyāṃ tulyarasamidaṃ ghr̥-
taṃ narāṇāmamṛtaṃ | ata evāmṛtaprāśākhyam | " rasāy-
anamivarsīṇāmamarāṇāmivāmṛtaṃ | sudhevottamanāgā-
nāṃ bhaiṣajyamidamastu te | |" (hr̥. sū. a. 18/17) iti mantr-
5 aliṅgāt | § 13064

4.3.226 Aṣṭāṅgahr̥dayasaṃhitā

śrvadaṃṣṭrośīramañjiṣṭhābalākāśmaryakattr̥ṇam | | 102 | |
darbhamūlaṃ pṛthakparṇī palāśarṣabhakau
sthirām | | 102 | |
pālikāni pacetteṣāṃ rase
kṣīracaturguṇe | | 103 | |
kalkaiḥ svaguptājīvantīmedarṣabhakajīvak-
aiḥ | | 103 | |
5 śatāvaryarddhimṛdvīkāśarkarāśrāvaṇībisaḥ | | 104 | |
prasthaḥ siddho
ghṛtādvātapittahr̥drogaśūlanut | | 104 | |
mūtrakṛcchrāpramehārśaḥkāśaśoṣakṣayāpahaḥ | | 105 | |
dhanuḥstrīmadyaabhārādhvakhinnānām
balamāṃsadaḥ | | 105 | | § 13072

4.3.227 Sarvāṅgasundarā

śvadaṃṣṭrādīni pālikāni, teṣāṃ rase kṣīracaturguṇe svagu-
ptādibhiḥ kalkairghṛtāt prasthaḥ siddho vātapittahr̥drog-
aśūlanut | mūtrakṛcchrādighniḥ | tathā, dhanurādikhinn-
ānām balamāṃsadaḥ | § 13073

4.3.228 Āyurvedarasāyana

ghṛtāntaramāha---- śvadaṃṣṭrośīreti | śvadaṃṣṭrayā ṣoḍa-
śaguṇe jale caturthāṃśāvaśiṣṭaṃ pākānantaraṃ yorasaḥ |
yasmāccaturguṇaṃ kṣīraṃ | a.....karuṇā eva hr̥tahṛday-
atā | § 13074

4.3.229 Aṣṭāṅgahṛdayasaṃhitā

madhukāṣṭapaladrākṣāprasthakvāthe
paceddhṛtam | | 106 | |
pippalyaṣṭapale kalke prasthaṃ siddhe ca
śītale | | 106 | |
pṛthagaṣṭapalaṃ kṣaudraśarkarābhyāṃ
vimiśrayet | | 107 | |
samasaktu kṣatakṣīnaraktagulmeṣu
taddhitam | | 107 | | § 13078

4.3.230 Sarvāṅgasundarā

madhuyāṣṭyā aṣṭau palāni, drākṣāyāḥ ṣoḍaśa, etatkvāthe
pippalyaṣṭapaleghṛtaprasthaṃ pacet | ghṛte ca siddhe su-
śīte sati kṣaudraśarkarayoh pṛthagaṣṭapalaṃ vimiśrayet |
etacca ghṛtaṃ samasaktu kṣata kṣīṇe raktagulme ca hi-
tam | § 13079

5

4.3.231 Āyurvedarasāyana

ghṛtāntaramāha---- madhukāṣṭapaleti | tantripaṭāṃ sama-
saktu | § 13080

4.3.232 Aṣṭāṅgahṛdayasaṃhitā

dhātrīphalavidārīkṣujīvanīyarasāddhṛtāt | | 108 | |
gavyājayośca payasoḥ prasthaṃ prasthaṃ
vipācayet | | 108 | |
siddhaśīte sitākṣaudraṃ dviprasthaṃ
vinayettataḥ | | 109 | |
yakṣmāpasmārapittāsṛkkāsamehākṣayāpaham | | 109 | |
vayaḥsthāpanamāyuyāṃ
māṃsaśukrabalapradam | | 110 | | § 13085

5

4.3.233 Sarvāṅgasundarā

dhātryādirasasya pṛthak prasthaṃ gavyājayoḥ kṣīrayoḥ
prasthau nṛtasya prasthaṃ ca vipācayet | siddhapūte ca ta-
tastasmin nṛte śarkarākṣaudrayoḥ prasthau dvau vinayet-
kṣīpet | tata iti "avyayādītvāt" tasiḥ | etacca ghr̥taṃ yakṣm-
5 ādiharaṃ tathā vayaḥsthāpanādiguṇam | § 13086

4.3.234 Āyurvedarasāyana

ghṛtāntaramāha---- dhātrīphaleti | dhātrīphalarasādīnām
navānām navaprasthaḥ | § 13087

4.3.235 Aṣṭāṅgahr̥dayasaṃhitā

ghṛtaṃ tu pitte+abhyadhike lihyādvāte+adhike
pibet | | 110 | |
līdhaṃ nirvāpayetpittamalpatvāddhanti
nānalam | | 111 | |
ākramātyanilaṃ pītamūṣmāṇam niruṇaddhi
ca | | 111 | | § 13090

4.3.236 Āyurvedarasāyana

ghṛtalehapānāyorviṣayabhedamāha----ghṛtaṃ tviti | nirvāpayet-
śamayet, śītatvāt | lehyaṃ śītasparśam bhavati | alpatvāt-
vahneranāvarakatvāt, asṛtāvayavatvāt | alpadeśe vyāpi-
tvamḥ hyalpatvam | ūsmāṇam-agnim | § 13091

4.3.237 Sarvāṅgasundarā

pitte+abhyadhike ghr̥taṃ lihyāt | vāte+adhike ghr̥taṃ pi-
bet | līdhaṃ tu ghr̥taṃ nirvāpayet-saṃśamayet | ana-
lam ca na hanti līdhaṃ ghr̥tam | kutaḥ ? alpatvāt | atr-
āyaṃ sadbhāvārthaḥ,-kila pītenādhikena dravatayā va-
5 hnermāndyenāvaśyaṃ bhavitavyam | tathā ca vakṣy-
ati (hr̥.ci.a.10/32)-"agnernirvāpakamḥ pittaṃ rekeṇa va-
manena vā |" iti | taccābhyadhikamḥ pittaṃ līdhaṃ gh-

ṛtaṃ saṃśamayati | alpatvācca hetoragniṃ na hanti-
mandasyāgneradhikaṃ māndyaṃ na janayati | pītaṃ
saddhṛtamanilamākrāmati-prasahya jayati | ūsmāṇaṃ-jāṭharaṃ
vahnīṃ jājvalyamānaṃ, ruṇaddhi-āsveva sthagayati, śa-
maṃ kiñcinnayati | § 13092

5

4.3.238 Āyurvedarasāyana

sarpirguḍānāha----kṣāmakṣīnakṛśāṅgānāmiti | kṣāmaḥ-śukreṇa
hīnaḥ | kṣīṇe-balavīryābhyām | kṛśo-māsāṃdibhiḥ | styā-
nāni ghṛtāni cūrṇairyojayet | taiḥ-madhucaturthāṃśayuktaiḥ |
sarpirguḍān-ghṛtamodakān kṛtvā, rogiṇe dadyāt | tadanu
dugdhaṃ dadyāt | saṅgrahe tu (ci.a. 5)- "balā vidārī ha- 5
svaṃ ca pañcamūlaṃ punarnavā | pañcānāṃ kṣīrivṛkṣ-
āṇāṃ śuṅgā muṣṭyaṃśikāstathā | | eṣāṃ kaṣāye dvikṣ-
īre vidāryājarasāṃśike | jīvanīyaiḥ pacetpiṣṭairakṣamātr-
airghṛtādhakam | | sitāpalāni pūte ca iti dvātrimśadāva-
pet | godhūmapippalīvāṃśicūrṇaṃ śṛṅgātakasya ca | | sa- 10
māksikaṃ kauḍavikaṃ tatsarvaṃ khajamūrccitam | sty-
ānaṃ sarpirguḍānkṛtvā bhūrjapatreṇa veṣṭayet | | tān ja-
gdhvā pālikān kṣīraṃ madyaṃ tvanu pibetkaphe | śoṣe
kāse kṣate kṣīṇe śramastrībhārakarṣite | | raktaniṣṭhīv-
ane tāpe pīnase corasi sthite | śastā pārśvasīraḥ śūle 15
bhede ca svaravarṇayoḥ | | śṛ(śu)ṅgāḥ-pallavāṅkurāḥ |
muṣṭiḥ-palam | dvikṣīre-dviguṇakṣīre | [vidāryāja] rasaḥ,
aṃśikaḥ-samabhāgo, yasya tasmin | godhūmacūrṇādipa-
ñcakaṃ pratyekaṃ kuḍavāṃśam | bhūrjapatraveṣṭanaṃ
sthāpanāsaukaryārtham | 'madyaṃ tu kaphe' iti vacanāt 20
vāte pitte ca kṣīraṃ | śarkarayā śṛte kṣīra ghṛtatailādhaka-
traye | cūrṇīkṛtāḥ kṣipetpakvasāndre daśāpalāḥ pṛthak | |
drākṣātmaguptāvarṣābhūsamaṅgābhīrupippalīḥ | tadva-
dvidāryāmalake prasthārdhaṃ viśvabheṣajam | | yaṣṭyā-
hvasauvarcalayordvipalaṃ maricasya ca | kṣāmaḥ kṣīṇaḥ 25
kṛśaḥ śuṣyaṃstān khādetpālikairguḍaiḥ | | tathā sadyo ra-
sādīnāṃ vṛddhyāpuṣṭiṃ samaśnute | | tadvat-pṛthak da-
śāpale | pālikairguḍaiḥ-pālikān guḍan kṛtvā | gokṣārādā-
dhakaṃ sarpiḥprasthamikṣurasādhakam | rasādvidāryāḥ
kuḍavaṃ rasātprasthaṃ ca taittirāt | | dadyāt sidhyati ta- 30

smim̐stu piṣṭānikṣurasairimān | madhūkapuṣpakuḍavaṃ
kuḍavaṃ ca priyālataḥ | | paladvayaṃ tavakṣīryāḥ kha-
rjūrāṇi ca viṃśatim | pṛthagbibhītakānmajjñāḥ pippaly-
āśca caturthikām | | triṃśatpalāni khaṇḍacca madhūkā-
5 tpāṇimānikām | tathā+ardhapalikānyatra jīvanīyāni dāp-
ayet | | siddhe dvikuḍavaṃ kṣaudrācchīte datvā ca mo-
dakān | kārayenmaricājāipalacūrṇāvacūrṇitān | | vātāsr-
kpittarogeṣu kṣatakāśakṣayeṣu ca | kṣīṇaujaḥsvaraśukreṣu
yonidoṣeṣu saṃstrave | | mṛtaprajāsu vandhyāsu hitā ga-
10 rbhasya strutau | " iti | caturthikāmḠopalam | pāṇimānikām-
karṣam | maricājājyoḥ pṛthakpalam | § 13093

4.3.239 Aṣṭāṅgahr̥dayasaṃhitā

kṣāmākṣīṇakṛśāṅgānāmetānyeva ghṛtāni tu | | 112 | |
tvakkṣīrīśarkarālājacūrṇaiḥ styānāni
yojayet | | 112 | |
sarpirguḍān samadhvaṃśān kṛtvā
dadyātpayo+anu ca | | 113 | |
reto vīryaṃ balaṃ puṣṭim
tairāśutaramāpnuyāt | | 113 | | § 13097

4.3.240 Sarvāṅgasundarā

kṣāmānām kṣīṇānām kṛśāṅgānām ca nṛṇāmetānyeva pū-
rvoktāni ghṛtāni styānāni tvakakṣīrīśarkarālājacūrṇaiḥ
saha yojayet | sarpirmiśrān guḍān samadhvaṃśān kṛtvā
ca dadyāt | śarkarāyāḥ palāni pañcāśat madhunaḥ palāni
5 ṣoḍaśātra deyāni | muninā hyevamuktam (ca.ci.a.11/60)-
dhātrīvidārīkṣurasaprasthaiḥ prasthaṃ ghṛtātpacet | śa-
rkarārdhatulām śīte kṣaudrārdhaprasthameva ca | | kṣ-
iptvā sarpirguḍān kuryāddhikkāśvāsajvarāpahān | " iti |
paya ityādi | anantaram payaḥ pibet | taiḥ _sarpirguḍaiḥ,
10 retovīryādīn śīghrataram prāpnoti | § 13098

4.3.241 Aṣṭāṅgahr̥dayasaṃhitā

vītatvagasthikūṣmāṇḍatulāṃ svinnāṃ punaḥ
 pacet | | 114 | |
 ghaṭṭayan sarpiṣaḥ prasthe kṣaudravarṇe+atra
 ca kṣipet | | 114 | |
 khaṇḍācchatam kaṇāśuṅṭhyordvipalam
 jīrakādapi | | 115 | |
 trijātadhānyamaricam
 pṛthagardhapalāṃśakam | | 115 | |
 avatāritaśīte ca datvā kṣaudraṃ 5
 ghṛtārdhakam | | 116 | |
 khajenāmathya ca sthāpyam
 tannihantyupayojitam | | 116 | |
 kāśahidhmājvaraśvāsarakṣapittakṣatakṣayān | | 117 | |
 uraḥsandhānananam
 medhāsmṛtibalapradam | | 117 | |
 aśvibhyāṃ vihitam hṛdyam
 kūṣmāṇḍakarasāyanam | | 118 | | § 13107

4.3.242 Sarvāṅgasundarā

vītāni-apāsītāni, tvagasthīni yasmātkūṣmāṇḍāt tasya tu-
 lāṃ sninnāṃ satīṃ punaḥ sarpiṣaḥ prasthe ghaṭṭayan pa-
 cet | atra ca kūṣmāṇḍe mākṣikavarṇe jāte sati khaṇḍāccha-
 tam, phaṇāśuṅṭhyordvipalam, jīrakācca paladvayam, trijā-
 takādi pratyekamardhapalāṃśakam, kṣipet | avatārite śīte 5
 cāsmin kṣaudrasya ṣoḍaśa palāni datvā, khajena-darvyā,
 āmathya-vilodya, paścādbhāṇḍe sthāpyam | evaṃ hyasya
 samyag ghṛtādisamayogaḥ syāt | upayojitam ca tat kā-
 sādīn hanti | uraḥsandhānam karoti | medhādipradam |
 aśvibhyāṃ-dasrābhyāṃ, nirdiṣṭam kūṣmāṇḍakākhyam ra- 10
 sāyanam | § 13108

4.3.243 Āyurvedarasāyana

kūṣmāṇḍakarasāyanāmāha-vītatvagasthikūṣmāṇḍatulāmiti |
 svinnāṃ tyaktadravāṃ śītīkṛtāṃ punaḥ pacet | kṣaudra-
 varṇe kūṣmāṇḍe | śatam-palaśatam | khaṇḍapṛakṣepasa-
 maye svedanānirgataḥ kūṣmāṇḍarasāḥ prakṣepya iti vṛ-
 ddhavaidyāḥ | § 13109 5

4.3.244 Aṣṭāṅgahr̥dayasaṃhitā

pibennāgabalāmūlasyārdhakarṣābhivardhitam | | 118 | |
palaṃ kṣīrayutaṃ māsam
kṣīravṛttiranannabhuk | | 119 | |
eṣa prayogaḥ puṣṭyāyurbalavarṇakaraḥ
param | | 119 | |
maṇḍūkaparṇyāḥ kalpo+ayaṃ yaṣṭyā
viśvausaḍhasya ca | | 120 | | § 13113

4.3.245 Sarvāṅgasundarā

nāgabalāmūlasya palaṃ kṣīrayutaṃ pibet | kimbhūtam ?
ardhakarṣādivardhitam māsam yāvat | kimbhūto naraḥ ?
kṣīravartano+anannādaḥ san | ayaṃ prayogaḥ suṣṭhu pu-
ṣṭyādikaraḥ | evameva kalpo maṇḍūkaparṇyāḥ yaṣṭyāḥ
5 śuṅṭhyāśca kāryaḥ | § 13114

4.3.246 Āyurvedarasāyana

nāgabalārasāyanamāha---- pibediti | vardhitam ardhakarṣ-
eṇaiva, aṣṭabhirdinaih palaṃ bhavati | ataḥ palameva, yā-
van māsah pūryate | anyadrasāyanamāha-maṇḍūkaparṇyā
iti | ayaṃ-nāgabaloktaḥ | saṅgrahe tu (ci. a. 5)- "pā-
5 daśeṣam jaladroṇe pacennāgabalā tulām | tena kvāth-
ena tulyāṃśam ghr̥tam kṣīram ca sādhayet | | palā-
rddhikaiścātibalāyaṣṭīpunarnavaiḥ | prapaunḍarīkakāśm-
aryapriyālakapikacchubhiḥ | | aśvāgandhāsītābhīrumed-
āyugmatrikaṅṭakaiḥ | kākolikṣīrakākolikṣīraśuklardhijīv-
10 akaiḥ | | mṛṇālabisakharjūraśṛṅgāṭakakaserukaiḥ | etann-
āgabalāsarpiḥ pittaṃ raktaṃ kṣataṃ kṣayam | | jaye-
tṛḍbhramadāhāṃśca balapuṣṭikaram param | varṇyam-
āyuṣyamojasyam valīpalitanāśanam | | upayujya ca ṣa-
ṇmāsam vṛddho+api taruṇāyate | kṣīraśuklā-kṣīravidārī |
15 mṛṇālabise-sūkṣmsthūlapadmamūle | śarkarāpippalīcū-
rṇaiḥ sarpiṣā māksikeṇa ca | | saṃyuktaṃ vā śṛtaṃ kṣ-
īram pibetkāsajvarāpaham | phalāmlam sarpiṣā bhr̥ṣtam

vidārīkṣurase kṛtam | | strīṣu kṣīṇaḥ pibedyūṣaṃ jīva-
naṃ br̥mhaṇaṃ param | saktūnāṃ vastrapūtānāṃ ma-
nthaṃ kṣaudraghṛtānvitam | yavānnasātmyo dīptāgniḥ
kṣatakṣīṇaḥ | jīvanīyopasiddham vā jāṅgalaṃ ghṛtabharji- 5
tam | | rasam prajojet kṣīṇo vyañjanārtham saśarkaram | |
vyañjanārtham-śākārtham | gomahiṣyaśvanāgājaiḥ kṣīrai-
rmāṃsarasaistathā | yavānnaṃ bhojayedyūṣaiḥ phalāml-
airvā ghṛtāplutaiḥ | | " iti | - § 13115

4.3.247 Aṣṭāṅghṛdayasaṃhitā

pādaśeṣaṃ jaladronē pacennāgabalātulām | | 120 | |
tena kvāthena tulyāṃśaṃ ghṛtaṃ kṣīraṃ ca
sādhayet | | 121 | |
palārdhikaiścātibalābalāyaṣṭīpunarnavaiḥ | | 121 | |
prapauṇḍarīkakāśmaryapriyālakapikacchubhiḥ | | 122 | |
aśvagandhāsītābhīrumedāyugmatrikaṇṭakaiḥ | | 122 | |
kākolīkṣīrakākolīkṣīraśuklādvijīrakaiḥ | | 123 | |
mr̥ṇālabisakharjūraśṛṅgāṭakakaserukaiḥ | | 123 | |
etannāgabalāsarpīḥ
pittaraktakṣatakṣayān | | 124 | |
jayetṛḍbhramadāhāmśca balapuṣṭikaram
param | | 124 | |
varṇyamāyūṣyamojasyaṃ 10
valīpalitanāśanam | | 125 | |
upayujya ca ṣaṇmāsān vṛddho+api
taruṇāyate | | 125 | | § 13126

4.3.248 Sarvāṅgasundarā

nāgabalāyāstulām vāridronē pādaśeṣaṃ yathā bhavati ta-
thā pacet | tena-nāgabalākvāthena, tulyāśaṃ ṛtaṃ tathā kṣ-
īraṃ tathā palārdhapramāṇairatibalādibhiḥ kalkaiśca sā-
dhayet | etannāgabalāsarpīḥ pittaraktādīn jayet | tathā, su-
ṣṭhu balādikaram | tathā, varṇāya hitamāyūṣyamojasyaṃ 5
valīpalitaghnaṃ ca | tathā, ṣaṇmāsā nupayujyedaṃ ghṛ-
taṃ vṛddho+api taruṇa ivācarati | § 13127

4.3.249 Aṣṭāṅgahr̥dayasaṃhitā

dīpte+agnau vidhiraṣa syāt----- | | 126 | | § 13128

4.3.250 Sarvāṅgasundarā

dīpte-samidde, agnau satyeṣa vidhiḥ syāt | § 13129

4.3.251 Āyurvedarasāyana

uktasya kṣatakāsopacārasya viṣamāha-dīpte+agnāviti | § 13130

4.3.252 Aṣṭāṅgahr̥dayasaṃhitā

-----mande dīpanapācanaḥ | | 126 | |
yakṣmoktaḥ kṣatinām śasto, grāhī śakṛti tu
drave | | 126 | | § 13132

4.3.253 Sarvāṅgasundarā

mande+agnau dīpanapācanaḥ | yakṣmokto-rājayakṣmaṇyuktaḥ,
kṣatinām śasta upakramaḥ | drave tu śakṛti grāhī upakra-
maḥ | § 13133

4.3.254 Sarvāṅgasundarā

mande+agnāvupacārāntaramāha-manda iti | yakṣmoktaḥ-
rājayakṣmacikitsitoktaḥ | dravamalasyopacārāntaramāha-
grāhīti | grāhī-yakṣmoka eva | § 13134

4.3.255 Āyurvedarasāyana

agastyaharītakīmāha-daśamūlamiti | yavasvede sati-yadā
yavāḥ svinnāstadā kaṣāyaḥ siddho bhavatītyarthaḥ lehaṃ
paladvayamitam | § 13135

4.3.256 Aṣṭāṅgahr̥dayasaṃhitā

daśamūlaṃ svayaṃguptāṃ śaṅkhapuṣpīm śaṭhīm
 balām | | 127 | |
 hastipippalyapāmārgapippalīmūlacitrakān | | 127 | |
 bhārṅgī puṣkaramūlaṃ ca dvipalāṃśaṃ
 yavāḍhakam | | 128 | |
 harītakīśataṃ caikaṃ jalapañcāḍhake
 pacet | | 128 | |
 yavasvede kaṣāyaṃ taṃ pūtaṃ 5
 taccābhayāśataṃ | | 129 | |
 pacedguḍatulāṃ dattvā kuḍavaṃ ca
 pṛthagghṛtāt | | 129 | |
 tailātsapippalīcūrṇātsiddhaśīte ca
 māḁṣikāt | | 130 | |
 lehaṃ dve cābhaye nityamataḥ
 khādedrasāyanāt | | 130 | |
 tadvalīpalitaṃ
 hanyādivarṇāyurbalavardhanam | | 131 | |
 pañcakāsān kṣayaṃ śvāsaṃ sahidhmaṃ 10
 viṣamajvaram | | 131 | |
 mehagulmagrahaṇyaśohṛdrogārucipīnasān | | 132 | |
 agastyavihitaṃ dhanyamidaṃ śreṣṭhaṃ
 rasāyanam | | 132 | | § 13147

4.3.257 Sarvāṅgasundarā

daśamūlādipuṣkarāntaṃ pṛthak dvipalapramāṇam | yavānāmāḍhakaṃ-
 catuṣṣaṣṭipalāni | harītakīphalānāmekam śatam | etatsa-
 rvaṃ jalasya pañcāḍhake pacet | yavasvede ca sati taṃ
 kaṣāyaṃ pūtaṃgālitam, tacca svinnamabhayāśataṃ gu- 5
 ḍatulāṃ dattvā tathā ghṛtatailapippalīcūrṇānām pratye-
 kam kuḍavaṃ dattvā pacet | siddhe śīte ca lehe māḁṣik-
 akuḍavaṃ dattvā, ato-lehākhyādrasāyanāt, satribhāgapa-
 lamātraṃ dve ca harītakyaṃ nityam khādet | tacca bhu-
 ktaṃ valīpalitaṃ hanyāt | varṇādivardhanam tathā pañc-
 akāsādīn hanti | agastyena maharṣiṇā nirmitametadrasā- 10

yanam dhanyam-śreṣṭhametat | atra ca taila ghṛtamadhū-
nām samāṃśānāmapyavirodhaḥ, pākācchaktayantarotpa-
tteḥ | § 13148

4.3.258 Āyurvedarasāyana

vasiṣṭhaharītakīmāha-daśamūlam balāmiti | boṭasthaviro-
muṇḍī | candralekhā-bākucī | sahācaram-kuraṅṭakaḥ | ikṣuraḥ-
kokilākṣaḥ | etatsarvam palāṃśakam-pratyekam palam-
ātram | sapathye-harītakekādaśaśatīyukte | pūrvavatile-
5 haṃ dve cāpathye | § 13149

4.3.259 Aṣṭāṅgahr̥dayasaṃhitā

daśamūlam balam mūrvam haridre
pippalīdvayam | | 133 | |
pāṭhāśvagandhāpāmārgasvaguptātiviṣāmṛtāḥ | | 133 | |
bālabilvam trivṛddantīmūlam patram ca
citrakāt | | 134 | |
payasyām kuṭajam himstrām puṣpam saram ca
bījakāt | | 134 | |
5 boṭasthavirabhallātavikaṅkataśatāvarīḥ | | 135 | |
pūṭikarañjaśamyākacandralekhāsahācaram | | 135 | |
saubhāñjanakanibatvagikṣuram ca
palāṃśakam | | 136 | |
pathyāśahasram śaśatam yavānām
cāḍhakadvayam | | 136 | |
pacedaṣṭaguṇe toyē
yavasvede+avatārayet | | 137 | |
10 pūte kṣipetsapathye ca tatra
jīrṇaguḍāttulām | | 137 | |
tailājyadhātrīrasataḥ prastham prastham tataḥ
punaḥ | | 138 | |
adhiśrayenmṛdāvagnau darvīlepe+avatārya
ca | | 138 | |
śīte prasthadvayam kṣaudrātpippalīkuḍavam
kṣipet | | 139 | |

cūrṇīkṛtaṃ trijātācca tripalaṃ
nikhanettataḥ | | 139 | |
dhānye purāṇakumbhasthaṃ māsam khādecca
pūrvavat | | 140 | |
rasāyanam
vasiṣṭhoktametatpūrvaguṇādhikam | | 140 | |
svasthānām niṣparihāram sarvartuṣu ca
śasyate | | 141 | | § 13166

4.3.260 Sarvāṅgasundarā

daśamūlādi ikṣurakāntaṃ palapramāṇam | boṭaḥ-alambusā |
sthaviraṃ-śaileyam | candralekhā-bākucī | harītakīnāme-
kādaśāsatāni yavānāmāḍhakau dvau aṣṭaguṇe jale paet |
yavasvede sati cāvatārayet | tasmin kvāthe pūte pathyā- 5
sahitāṃ purāṇagudāttulāṃ tailādīnāṃ pṛthakpṛthak pr-
asthaṃ kṣipet | tataḥ-anantaram, punaḥ pacet | mṛdau
vahnau darvīlepe satyavatārya sīte sati prasthadvayaṃ
kṣaudrāt pippalīnāṃ catuṣpalaṃ cūrṇitaṃ trijātācca tr-
ipalaṃ kṣipet | tataḥ-anantaram, purāṇakumbhasthaṃ- 10
ghṛtarūḍhabhāṇḍasthaṃ, dhānyamadhye māsam nikha-
net | māsādūrdhvaṃ pūrvavat khādet | etadrasāyanam
vasiṣṭhena kathitam | agastyalehādguṇairadhikam svasth-
ānām niṣparihāram sarvartuṣviṣyate, tantrakṛdbhiriti śe-
ṣaḥ | § 13167

4.3.261 Aṣṭāṅghṛdayasaṃhitā

pālikaṃ saindhavaṃ śuṅṭhī dve ca
sauvarcalātpale | | 141 | |
kuḍavāmsāni vṛkṣāmlaṃ dāḍimaṃ
patramārjakāt | | 142 | |
ekaikāṃ maricājātyordhānyakād dve
caturthike | | 142 | |
śarkarāyāḥ palānyatra daśa dve ca
pradāyayet | | 143 | |

kṛtvā cūrṇamato mātrāmannapāneṣu
dāpayet | | 143 | |
rucyaṃ taddīpanaṃ balyaṃ
pārśvārtīśvāsakāsajit | | 144 | | § 13173

4.3.262 Sarvāṅgasundarā

saindhavaṃ-lavaṇaṃ, palapramāṇaṃ | śuṅṭhī palapram-
āṇā | pālikamiti palaṃ parimāṇamasyeti ṭhak | pālikaṃ
pālikī ceti "napuṃsakamanapuṃsakena" ityekaśeṣaḥ | sa-
uvarcalalavaṇācca dve pale | kuḍavapramāṇāni vṛkṣāml-
5 ādīni | ārjakaṃ-kuṭherakam, tasmātpatram | ekāmekāṃ
maricājājyoścaturthikāṃ-palasaṃjñāṃ, dhānyakāt dve ca-
turthike, śarkarāpalāni ca dvādaśātra deyaṇi | tathā ca mu-
niḥ (ca. ci. a. 11/82)- "pālikaṃ saindhavaṃ śuṅṭhī" ityār-
abhya yāvat "śarkarāyāḥ palānyatra daśa dve ca pradāp-
10 ayet | kṛtvā cūrṇamato mātrā" ityādi | tasmādatrāpyayaṃ
grantho nirdiṣṭo bodhyaḥ | pramādācca kecinna paṭhanti |
ayaṃ cātraivaṃ vakti-"rucyaṃ taddīpanaṃ" ityādi | śarka-
rāmantareṇa tu rucyatvamasya kathamivopapadyate ? ta-
smādyukto+atra śarkarāprayoga iti | etaccūrṇa kṛtvā, ataḥ-
15 asmāccūrṇāt, mātrāṃ yathocitāmannapāneṣu dāpayet, va-
idya iti śeṣaḥ | etaccūrṇaṃ rucyaṃ dīpanaṃ balyaṃ pārśv-
ādyārtijit | § 13174

4.3.263 Sarvāṅgasundarā

śāḍavaṃ cūrṇamāha-pālikamiti | śuṅṭhyapi pālikī | ārjakāt-
parṇāśāt, patram | atra-palaviṃśatau | § 13175

4.3.264 Aṣṭāṅgharḍayasamhitā

ekāṃ ṣoḍaśikāṃ dhānyād dve dve cājājidīpyakāt | | 144 | |
tābhyāṃ dāḍimavṛkṣāmlē dvirdviḥ
saurvacalātpalam | | 145 | |
śuṅṭhyāḥ karṣaṃ dadhitthasya madhyātpaṅca
palāni ca | | 145 | |

taccūrṇaṃ ṣoḍaśapalaiḥ śarkarāyā
vimiśrayet | | 146 | |
ṣāḍavo+ayaṃ pradeyaḥ syādannapāneṣu
pūrvavat | | 146 | | § 13180

4.3.265 Sarvāṅgasundarā

dhānyakādekāṃ ṣoḍaśikāṃ-karṣasaṃjñāṃ | ajājīdīpyakāt
dve dve ṣoḍaśike | tābhyāṃ-ajājīdīpyakābhyāṃ miśritā-
bhyāṃ sakāśāt, dādīmavṛkṣāṃle dvirdviḥ-pratyekaṃ ca-
tasraḥ ṣoḍaśikā ityarthāḥ | evamaṣṭau karṣā dādimasya,
aṣṭau vṛkṣāṃlasya | tathā sauvarcalāt palāṃ, śuṅṭhyāḥ 5
karṣaṃ, kapitthasya majjataḥ pañca palāni | tat-etat, cū-
rṇaṃ śarkarāyāḥ ṣoḍaśapalaiḥ sammelayet | ayaṃ ṣoḍ-
avo+annapāneṣu pūrvavat pradeyaḥ syāt | arhārthe kṛ-
tyaḥ | kecit ṣoḍaśikāṃ palamityāhuḥ | § 13181

4.3.266 Āyurvedarasāyana

ṣāḍavāntaramāha-ekāṃ ṣoḍaśikāṃmi | ṣoḍaśikāṃ-karṣaṃ |
tābhyāṃ-militābhyāṃ palamitābhyāṃ | dvirdvidvirbhū-
tvā dviḥ, pratyekaṃ catuḥ palamite dādimavṛkṣāṃle |
ṣāḍavaḥ-ṣaḍaṅgasamṃyogāt | § 13182

4.3.267 Aṣṭāṅgahr̥dayasaṃhitā

vidhiśca yakṣmavihito yathāvasthaṃ kṣate
hitaḥ | | 147 | | § 13183

4.3.268 Sarvāṅgasundarā

kṣate cāvasthāvaśādyakṣmaṇi yo vihito vidhiḥ sa hitaḥ |
§ 13184

4.3.269 Āyurvedarasāyana

yakṣmacikitsitamatiśati-vidhiṣceti | § 13185

4.3.270 Āyurvedarasāyana

dhūmapānamāha-nivṛtta iti | dālyate-bhidyate bhidyamānamiva vyathate | nā-puruṣaḥ | imān-vakṣyamāṇān |
§ 13186

4.3.271 Aṣṭāṅgahr̥dayasaṃhitā

nivṛtte kṣatadoṣe tu kaphe vṛddhe uraḥ śiraḥ | | 147 | |
dālyate kāsino yasya sa nā dhūmān
pibedimān | | 148 | | § 13188

4.3.272 Sarvāṅgasundarā

kṣatadoṣe ca nivṛtte-śānte sati, kaphe vṛddhe yasya kāsavataḥ puṃsa uraḥ śiraśca dālyate-pātyata iva, saḥ-kāsī, dhūmānimān-dvimedādīnām, pibet | § 13189

4.3.273 Aṣṭāṅgahr̥dayasaṃhitā

dvimedādvibalāyaṣṭikalkaiḥ kṣaume subhāvite | | 148 | |
varti kṛtvā pibeddhūmaṃ
jīvanīyaghṛtānupaḥ | | 149 | | § 13191

4.3.274 Sarvāṅgasundarā

dvibhedādibhiḥ kalkaiḥ kṣaume-subhāvite varti kṛtvā dhūmaṃ pibet | jīvanīyākhyam ghṛtamanu-paścāt, pibet |
§ 13192

4.3.275 Āyurvedarasāyana

dhūmamāha-dvimedādvivacāyaṣṭikalkairiti | subhāvite-punaḥpunarlipte |
§ 13193

4.3.276 Aṣṭāṅgahr̥dayasaṃhitā

manaḥśilāpalāśājagandhātvakṣīrināgaraiḥ | | 149 | |
tadvadevānupānaṃ tu
śarkarekṣugūḍodakam | | 150 | |
piṣṭvā manaḥśilāṃ tulyāmārdayā
vaṭaśuṅgayā | | 150 | |
sasarpīṣkaṃ pibeddhūmaṃ
tittiripratibhojanam | | 151 | | § 13197

4.3.277 Sarvāṅgasundarā

manaḥśilādibhistadvadeva-dvimedādibhiryathā dhūmaṃ
pibet | anu śarkarodakamikṣurasam guḍodakam vā pi-
bet | udakasādr̥śyādikṣuraso+apīkṣūdakaśabdena gr̥hī-
taḥ | sa0-manaḥ śilāmārdayā vaṭaśuṅgayā tulyāṃ piṣṭvā
saha sarpiṣā dhūmaṃ satittiripratibhojanam pibet | § 13198 5

4.3.278 Sarvāṅgasundarā

dhūmāntaramāha---- manaḥśileti | tadvadeva-kalkaiḥ kṣa-
ume subhāvite varti kṛtveti | śarkarodakādyanyatamama-
nupānam | ā0 ra0- dhūmāntaramāha---- piṣṭveti | tittiri-
m̄sarasapradhānaṃ bhojanam yatra dhūme tam | iti kṣa-
tajāsacikitsā | § 13199 5

4.3.279 Aṣṭāṅgahr̥dayasaṃhitā

kṣayaje br̥mhaṇam pūrvam kuryādagneśca
vardhanam | | 151 | | § 13200

4.3.280 Sarvāṅgasundarā

kṣayaje kāse pūrvoktam br̥mhaṇam kuryādagnisandīpa-
nam ca | § 13201

4.3.281 Āyurvedarasāyana

tathakṣayakāsacikitsā | tatra prathamopacāramāha-kṣayaje
br̥mhaṇamiti | § 13202

4.3.282 Aṣṭāṅgahr̥dayasaṃhitā

bahudoṣāya sasnehaṃ mṛdu
dadyādvirecanam | | 1 | | § 13203

4.3.283 Sarvāṅgasundarā

bahudoṣāya-prabhūtādoṣāya kṣayakāsine, saha snehena
mṛdu virecanam dadyāt | tadevāha- § 13204

4.3.284 Āyurvedarasāyana

virecanamāha---- bahudoṣāyeti | § 13205

4.3.285 Aṣṭāṅgahr̥dayasaṃhitā

śamyākena trivṛtayā mṛdvīkārasayuktayā | | 152 | |
tilvakasya kaṣāyeṇa vidārīsvarasena ca | | 153 | |
sarpiḥ siddham pibedyuktyā kṣīṇadeho
viśodhanam | | 153 | | § 13208

4.3.286 Sarvāṅgasundarā

śamyāken-karṇikāreṇa, athavā trivṛtayā drākṣārasayukt-
ayā tilvakasya kaṣāyeṇa vidārīsvarasena ca sarpiḥ si-
ddham yuktyādeśakālādivalena, kṣīṇadeho viśodhanam
pibet | § 13209

4.3.287 Āyurvedarasāyana

tadeva virecanatrayamāha---- śamyākeneti | śamyākaka-
lkena siddham sarpirekam | trivṛtkalkadrākṣārasārasā-
bhyāṃ dvitīyam | rodhrakvāthavidārīrasābhyāṃ tṛtīyam |
§ 13210

4.3.288 Aṣṭāṅgahr̥dayasaṃhitā

pitte kaphe dhātuṣu ca kṣīṇeṣu kṣayakāsavān | | 154 | |
ghṛtaṃ karkaṭakīkṣīradvibalāsādhitam
pibet | | 154 | | § 13212

4.3.289 Sarvāṅgasundarā

pitte kṣīṇe kaphādiṣu ca kṣīṇeṣu kṣayakāsī karkaṭakyādi-
pakvaṃ ghṛtaṃ pibet | § 13213

4.3.290 Āyurvedarasāyana

śamanaṃ ghṛtamāha | pitte kapha iti | karkaṭaśṛṅgībalāti-
balākalkena kṣīreṇa ca sādhitam | § 13214

4.3.291 Aṣṭāṅgahr̥dayasaṃhitā

vidārībhiḥ kadambairvā tālasasyaiśca sādhitam | | 155 | |
ghṛtaṃ
payaśca----- | | 155 | | § 13216

4.3.292 Sarvāṅgasundarā

vidārībhiriti bahuvacanam kṣīraavidāryādivyaktiviśeṣāṇam
grahaṇārtham | evaṃ kadambairityatrāpi dhārākadambā-
digrahaṇārtham | jātau bahuvacanamityanye | tālasasyaiḥ-
tālaphalairvā, sādhitam ghṛtaṃ payo vā pibet | § 13217

4.3.293 Āyurvedarasāyana

ghṛtāntaramāha---- vidārībhiriti | vāśabdaḥ pūrvaghṛtāp-
ekṣayā, caśabdasya samuccayārthatvāt | § 13218

4.3.294 Aṣṭāṅgahr̥dayasaṃhitā

-----mūtrasyavaivarṇye kṛchranirgame | | 155 | |
śūne savedane meḍhre pāyau
saśroṇivañkṣaṇe | | 156 | |
ghṛtamaṇḍena laghunā+anuvāsyo miśrikeṇa
vā | | 156 | | § 13221

4.3.295 Sarvāṅgasundarā

mūtrasya vaivarṇye kṛchranirgame sati tathā meḍhre
śūne savedane pāyau śroṇyāṃ vañkṣaṇe caivaṃvidhe
sati naro laghunā ghṛtamaṇḍenānuvāsyah | miśrikeṇa vā-
ghṛtatailena, anuvāsyah | § 13222

4.3.296 Āyurvedarasāyana

[anuvāsanamāha-mūtrasyeti | | laghunā-laghupañcamūlasiddhena |
[ghṛtamaṇḍena-]cirasthitasya ghṛtasyācśabhāgena | miśrakeṇa-
vṛddhicikitsikṭena sukumārakākhyena "pacetpunarnavat-
ulāṃ" (hr̥. ci. a. 13/41) ityādinā | § 13223

4.3.297 Aṣṭāṅgahr̥dayasaṃhitā

jāṅgalaiḥ pratibhuktasya vartakādyaḥ bileśayāḥ | | 157 | |
kramaśaḥ prasahāstadvatprajojyāḥ
piśitāśinaḥ | | 157 | |
auṣṇyātpramāthibhāvācca srotobhyaścyāvayanti
te | | 158 | |
kaphaṃ śuddhaiśca taiḥ puṣṭiṃ kuryātsamyag
vahan rasaḥ | | 158 | | § 13227

4.3.298 Sarvāṅgasundarā

anuvāsānāntaram jāṅgalairmāsaiḥ-hariṇainājādibhiḥ, tad-
abhāvāttatsadrśairapi | pratibhuktasyānantaram tathaiva
piṣitāśinaḥ prasahāḥ-dvīpivyāghrādayaḥ, prayojyāḥ | nā-
nuvāsitamātrasya jāṅgalamāṃsapratibhuktasyaiva prasa- 5
hāḥ piṣitāśinaśca yojyāḥ, agnimāndyabhayāt | te prasa-
hāḥ pramāthibhāvāt tathauṣṇyāt kaphopaliptebhyaḥ srot-
obhyaḥ kapham cyāvayanti | pramāthidravyalakṣaṇam ca
khāraṇadādaugaditam | yathā-"srotāṃsi doṣaliptāni pra-
mathya yat | praviśya sauḥmyāttaikṣṇyācca tatpramāth- 10
īti samjñitam | | " iti | taiśca-srotobhiḥ,śuddhaiḥ samyagv-
ahan rasaḥ puṣṭim kuryāt | § 13228

4.3.299 Āyurvedarasāyana

anuvāsanaśuddhasya māṃsopacāramāha----jāṅgalairiti | jāṅgalaiḥ-
mṛgādimāṃsarasaḥ | pratibhuktasya-śudhdyakteṣṭadoṣaśāntiryathā
bhavatyevaṃ bhuktasya | vartakādyāḥ-viṣkirāḥ | piṣitāś-
ina iti sarveṣāṃ viśeṣaṇam | pratham viṣkirāstato bileśayā- 5
stataḥ prasahā iti kramaḥ | tadvat-pratibhojanavat, agniba-
lāpekṣayā mātrāvṛddhirityarthaḥ | pramāthibhāvāt-līnamalollekhanasām-
taiḥ-srotobhiḥ | raso-rasadhātuḥ | § 13229

4.3.300 Aṣṭāṅgahr̥dayasamhitā

cavikātriphalābhārgīdaśamūlaiḥ sacitrakaiḥ | | 159 | |
kulatthapippalīmūlapāṭhākolayavairjale | | 159 | |
śṛtairnāgaraduḥsparśāpippalīśaṭhipauṣkaraiḥ | | 160 | |
piṣṭaiḥ karkaṭaṣṛṅgyā ca samaiḥ
sarpirvipācayet | | 160 | |
siddhe+asmiṃścūrṇitau kṣārau dvau pañca 5
lavaṇāni ca | | 161 | |
dattvā yuktyā pibenmātrām
kṣayakāsanipīḍitaḥ | | 161 | | § 13235

4.3.301 Sarvāṅgasundarā

cavikādibhirjale śṛtairnāgarādibhiḥ piṣṭaiḥ samaiḥ sarp-
irvipācayet | siddhe+asmin ghr̥te kṣārau dvau, pañca-
saidhavādīni lavaṇāni ca, dattvā mātrāṃ prakṛtatvāt ghr̥t-
asya pibet, kaphakāsārtaḥ puruṣaḥ | § 13236

4.3.302 Āyurvedarasāyana

māṃsayogyasya ghr̥tamāha----cavikātriphaleṇi | samaiḥ-
nāgarādibhiḥ pañcabhirekayā karkaṭaśṛṅgayā, anyathā sa-
mairiti vyartham, pratyekaṃ samasya paribhāṣāprātvāt |
§ 13237

4.3.303 Sarvāṅgasundarā

kāsamardādibhirakṣapramāṇaiḥ kṣīradrākṣārasayormiśri-
taylorādhake ghr̥taprastham pacet | śoṣādiharam śivam ca-
ārogyakaram | § 13238

4.3.304 Aṣṭāṅghṛdayasaṃhitā

kāsamardābhayāmustāpāṭhākaṭphalanāgaraiḥ | | 162 | |
pippalyā kaṭurohiṇyā kāśmaryā surasena
ca | | 162 | |
akṣamātrairghṛtaprastham
kṣīradrākṣārasādhake | | 163 | |
pacecchhośajvaraplihasarvakāsaharam
śivam | | 163 | | § 13242

4.3.305 Āyurvedarasāyana

ghṛtāntaramāha---- kāsamardābhayeti | § 13243

4.3.306 Aṣṭāṅghṛdayasaṃhitā

vṛṣavyāghrīguḍūcīnāṃ patramūlaphalāṅkurāt | | 164 | |

rasakalkairghṛta pakvaṃ hanti
kāśajvarāruciḥ | | 164 | | § 13245

4.3.307 Sarvāṅgasundarā

vṛṣādīnāṃ pratyekaṃ patramūlaphalāṅkurāt rasakalkaiḥ
pakvaṃ ghṛtaṃ kāśādīn hanti | § 13246

4.3.308 Āyurvedarasāyana

ghṛtāntaramāha----vṛṣavyāghrīguḍūcīnāmiti | patrādīnāṃ
caturṇāṃ rasaisteṣāmeva kalkaiḥ | te ca vṛṣādīnāṃ praty-
ekaṃ grāhyāḥ | § 13247

4.3.309 Aṣṭāṅghṛdayasaṃhitā

dviguṇe dāḍimarase siddhaṃ vā
vyoṣasaṃyutam | | 165 | |
pibedupari bhuktasya yavakṣārrayutam
naraḥ | | 165 | |
pippalīguḍasiddhaṃ vā chāgakṣīrayutam
ghṛtam | | 166 | | § 13250

4.3.310 Sarvāṅgasundarā

athavā dāḍimasvarase dviguṇe vyoṣakalkasaṃyutam si-
ddhaṃ ghṛtaṃ bhuktasyāhārasyopari yavakṣārayutam pi-
bet | pippalīguḍābhyāṃ vā caturguṇe ghṛte ghṛtāccatur-
guṇe jale ghṛtasame chāgakṣīra iti pakvaṃ pibet | § 13251

4.3.311 Āyurvedarasāyana

ghṛtāntaramāha---- dviguṇa iti | vyoṣayutam sādhanak-
āle | yavakṣārayutam pānakāle | ghṛtāntaramāha-pippalīguḍasiddhaṃ
veti | pippalīguḍayoḥ kalkena chāgakṣīreṇa ca siddham |
§ 13252

4.3.312 Aṣṭāṅgahr̥dayasaṃhitā

etānyagnivivṛddhyartham sarpīṣi kṣayakāsinām | | 166 | |
syurdoṣabaddhakaṅṭhoroḥsrotasām ca
viśuddhaye | | 167 | | § 13254

4.3.313 Sarvāṅgasundarā

etāni pūrvoktāni cavyādibhirvipakvāni ghṛtānyagniva-
rdhanāni kṣayakāsinām syuḥ | doṣopaliptakaṅṭhoroḥsro-
tasām ca viśuddhaye syuḥ | § 13255

4.3.314 Āyurvedarasāyana

uktānām ghṛtānām dīpanatvaṃ srotaḥ śodhanatvaṃ cāha-
--- etanīti | vaṅgasene tu (kāsa. ślo. 99)- "śubhadeśasam-
udbhūtam samudbhṛtam mūla [maśva]gandhāyāḥ | pu-
ṇye+ahani saṅkṣuṇṇam vipaceddronē+ambhasastulāmasmāt | |
5 jñātvā+aṣṭabhāgaśeṣam gr̥ṇhīyātadrasam suparitūtam |
dve caivātra palaśate dadyācchāgasya śuddhamāṃsa-
sya | | sarpiḥprasthamathaikaṃ gavyam ca payaścaturg-
uṇe dadyāt | kalkānakṣasamāṃsānūrdhvamataḥ sampr-
avakṣyāmi | | kākoloyugamṛddhī dve mede jīvakaṃ sv-
10 ayamguptām | ṛṣabhakamelām madhukaṃ mṛdvīkāhast-
ipippalyau | | jīvantīmupakulyām balām vidārīm śatāv-
arī cātra | datvā samyagvipacetsarpirathoddhṛtya pūtvā
ca | | madhuśarkarayoḥ kuḍavaṃ datvā bhāṇḍe śubhe sth-
itam mṛditam | līdhvā tatpāñitalam yatheṣṭamāhārama-
15 śnīyāt | | kṣīnakṣataśīśuvṛddhāḥ kṣīṇendriyavarṇahīnam-
āṃsāśca | prāśya prāpuḥ sadyaḥ puṣṭibalārogyatejāmsi | |
upayujya sarpiretatsatpativarṣo yuveva bhūtvā+a+aśu |
bahuśaḥ sniyo+adhigacchati na cātra śukrakṣayam labh-
ate | | putrarthinī ca nārī labhate putrān vayasyatīte+api
20 vandhyā labhate putram sarpiḥ prāśyaitadaśvagandhā-
dyam | | upayukte yaḥ puruṣasnīn māsān sārddhamāsam
vā | nārīśatam sa gacchanaiva bhavedyoṣitām tr̥tṛpiḥ | | kh-
ālitavalīpatairna cāsyadeho+abhibhūte kṣipram | vātavy-
ādhibhirārtāstathaiva hr̥dva stirogārtāḥ | | bhuñjānā bhā-

jamānāḥ sarpirarogā bhavantīha | evaṃ jagaddhitārthaṃ
sarpiridaṃ vājigandhāyāḥ | | śreṣṭhaṃ vājikaraṇaṃ nird-
iṣṭaṃ pūrvamaśvibhyāṃ | | (śo. 95)- kilīrasuktimśca ta-
keṇa lāvānniḥkvāthavargairmadhuraaisyathā+anyaiḥ | pa-
cedghṛtṃ tattu niṣevyamāṇaṃ hanyātkṣātotthaṃ kṣata- 5
jaṃ ca kāsam | | " iti | yogaratne tu-" ṣoḍaśabhirjapātraiḥ
mṛdvīkāyāḥ palāni daśa ṣaṭ ca | aṣṭau madhuyuktapac-
ani (?)cchāgaṃ ulārdhaṃ syāt | | avaśiṣṭapādatoyam pū-
taṃ sītaṃ kaṣāyamavatārya | datvā kaṣāyatulyam payo
ghanasarpīṣaḥ prastham | | ṛṣabhakajīvakamedāvidāriv- 10
īrātmagutpānām | bhavyākroḍanikocakaśṛṅgāṭakapadm-
abījānām | | bhāgānakṣasamāṃśānāvapyā ca sādhayettu
mṛdvagnau | samyaksiddhe tasmin dadyātsitaśarkarāpal-
ānyaṣṭau | | madhunaśca palānyaṣṭau catvāri palāni pipp-
alīcūrṇāt | samasaktukaghṛtametajjanakeśvarapūjitaṃ sa- 15
muddiṣṭam | kṣīṇe kṣate+alpaśukre tadgudhire paittikeṣ-
urogeṣu | strīkāmeṣu ca deyaṃ balyaṃ vṛṣyaṃ ca ghṛtam-
etat | | " iti | § 13256

4.3.315 Aṣṭāṅghṛdayasaṃhitā

prasthonmite yavakvāthe viṃśati vijayāḥ pacet | | 167 | |
svinnā mṛditvā tāstasminpurāṇāṭṣaṭpalam
guḍāt | | 138 | |
pippalyā dvipalam karṣam manohvāyā
rasāñjanāt | | 138 | |
dattvā+ardhākṣam pacedbhūyaḥ sa lehaḥ
śvāsakāsajit | | 139 | | § 13260

4.3.316 Sarvāṅgasundarā

yavakvāthe prasthapramāṇe harītakīviśatiṃ pacet | svinnāstāḥ-
harītakīḥ, tasmin-yavakvāthe, mṛdutvā purāṇād guḍāt ṣa-
ṭpalam, pippalyā dvipalam, karṣam manaḥśilāyāḥ, rasā-
ñjanādardhakarṣam dattvā+asminkvāthe punaḥ pacet | sa
lehaḥ śvāsakāsajit | § 13261 5

4.3.317 Āyurvedarasāyana

harītakīlehamāha--- prasthonmita iti | tāḥ-harītakīḥ | tasmin-
yavavkāthe | mṛditvā-nirasthīkr̥tya, mardanena ślakṣṇīku-
ryādityarthaḥ | yogaratne tu (vaṅgasene kāsā ślo.170)-" sa-
mūlapuṣpacchadaḥkaṅṭakāryāstulāṃ jaladroṇapariplutāṃ
5 ca | harītakīnāṃ ca śataṃ nidadhyāttathā+atra paktva ca-
raṇāvaśeṣam | | guḍasya datvā śatametadagnau vopakv-
amuttārtha tataḥ suśīte | kaṭutrikam ca tripalapramāṇam
palāni ṣaṭ puṣparasasya tatra | | kṣipeccaturjātapalam ya-
10 thāgni prayujyamāno vidhinā+avalehaḥ | vātātmakam pi-
ttakaphodbhavam ca dviḍoṣajam kāsamapi tridoṣam | |
kṣatodbhavam ca hanyātsapīnasam śvāsamuraḥ kṣatam
ca | yakṣmāṇamekādaśarūpamugram bhṛgūpadiṣṭam hi
rasāyanam syāt | | " puṣparasasya-madhunaḥ | 'tulāmād-
āya vāsāyāḥ pcedaṣṭaguṇe jale |napādāvaśeṣeṇa
15 pācayedabhayādḥakam | | ślakṣṇacūrṇīkṛtam vidhātkha-
ṇḍācchuddhāttathā śatam | sītībhūte nidadhyācca kṣau-
drasyāṣṭau palāni tu | | vaṃsodbhavāyāścatvāri pippaly-
ardhapalam tathā | caturjātapalam caiva cūrṇitam tatra
dāpayet | | raktapittam nihantyeṣā kāsam śvāsam tathā
20 kṣayam | vidradhiṃ jaṭharam gulmam tṛṣṇāhr̥drogapīna-
sān | | palārdham bhakṣayedasyā yatheṣṭam cātra bhoja-
nam | ' iti | § 13262

4.3.318 Aṣṭāṅgahr̥dayasaṃhitā

śvāvidhām sūcayo dagdhāḥ
sagḥṛtakṣaudraśarkarāḥ | | 169 | |
śvāsakāsaharā, barhipādau vā
madhusarpiṣā | | 170 | |
eraṇḍapatrakṣāram vā
vyoṣatailagudānvitam | | 170 | |
lehayet, kṣāramevam vā
surasairāṇḍapatrajam | | 171 | |
5 lihyāt tryūṣaṇacūrṇam vā
purāṇagudasarpiṣā | | 171 | | § 13267

4.3.319 Sarvāṅgasundarā

śvāvidhāṃ sambandhibhyaḥ sucayo dagdhā ghṛtakṣaudra-
śarkarānvitāḥ śvāsakāśaharāḥ barhiṇo-mayūrasya, vā pā-
dau dagdhau madhusarpiṣā saha śvāsakāśaharau | ath-
avā, eraṇḍapatrasya kṣāraṃvyoṣataillaguḍayuram leha-
yet | evaṃ-pūrvoktena prakāreṇa, surasairaṇḍapatrajaṃ 5
kṣāraṃ vyoṣataillaguḍānviṭam lehayet | athavā tryūṣaṇac-
ūrṇam purāṇauḍasarpīṣā lihyāt | § 13268

4.3.320 Āyurvedarasāyana

kṣāralehamāha---- śvāvidhāmiti | sūcayaḥ-śalākāḥ,yābhiste
pakṣiṇaḥ śvānaṃ vidhyanti | kṣāralehāntaramāha-barhipādau
veti | barhipādau-mayūracaraṇau, madhusarpirbhyāṃ lī-
ḍhe tadvat | kṣāralehāntaramāha-eraṇḍapatrakṣāraṃ veti |
kṣāralehāntaramāha-kṣāramevaṃ veti | evaṃ-vyoṣādyanvitam |
surasah-tulasī | lehāntaramāha-lihyāditi | saṅgrahe tu (ci.
a. 5)- "citratripthalājāikarkaṭājyākaṭutrikam | draḥṣāṃ
ca kṣaudra sarpirbhyāṃ lihyādadyāṅguḍena vā | | pāṭh-
āmadhukajīvantītvakṣīrītriphalāghanam | śaṭhīdvibrhat-
īdrākṣāpippalyelāvitunnakam | | sārivāpuṣkarajaṭākarka- 10
khyā rasāñjanam | punarnavā loharajastrāyamāṇa yavā-
nikā | | vṛddhistāmalakī bhārṅgī viḍaṅgam dhanvayāsa-
kam | kṣāracittrakacavyāmlavetasavyoṣadāru ca | | sarvak-
āsāñjayellīḍham taccūrṇam madhusapīṣā | " iti | pippalī-
gajapippalī, itarasyā vyoṣeṇoktatvāt | vitunnakam-kṣudramustam |
§ 13269

4.3.321 Aṣṭāṅghṛdayasaṃhitā

padmakam tripalā vyoṣam viḍaṅgam devadāru
ca | | 172 | |
balā rāsnā ca taccūrṇam samastam
samaśarkaram | | 172 | |
khādenmadhughṛtābhyāṃ vā lihyātkāśaharam
param | | 173 | |

tadvanmaricacūrṇaṃ vā
saghr̥takṣaudraśarkaram | | 173 | | § 13273

4.3.322 Sarvāṅgasundarā

padmakādīnāṃ samastaṃ cūrṇaṃ samaśarkaram | padm-
akādīnāṃ cūrṇamekataḥ, ekataḥ śarkarācūrṇaṃ, tadubh-
ayaṃ saṃyojya khādetbhakṣayet | athavā, samaśarkaram-
eva madhughṛtābhyāṃ miśrayitvā lihyāt | tathaiva maric-
5 acūrṇaṃ ghṛtakṣaudraśarkarāyutaṃ lihyāt | § 13274

4.3.323 Āyurvedarasāyana

samaśarkaraṃ cūrṇamāha---- padmakamiti | ekena kena-
cit samaśarkarā mā bhuditi samastagrahaṇam | khādenm-
adhughṛtābhyāṃ vinaiva | maricacūrṇamāha-tadvaditi |
lihyātkāsaharaṃ paramiti tadvacchabdārthaḥ | § 13275

4.3.324 Aṣṭāṅgahr̥dayasaṃhitā

pathyāśuṅṭhīghanaguḍairguṭikāṃ
dhārayenmukhe | | 174 | |
sarveṣu śvāsakāseṣu, kevalaṃ vā
bibhītakam | | 174 | | § 13277

4.3.325 Sarvāṅgasundarā

pathyāśuṅṭhīghanaguḍairguṭikāṃ mukhe dhārayet sarve-
ṣveva śvāsakāseṣu | kevalaṃ vā bibhītakam mukhe dhār-
ayediti yojyam | § 13278

4.3.326 Āyurvedarasāyana

guṭikāmāha---- pathyāśuṅṭhīghanaguḍairiti | bibhītakadhāraṇamāha-
kevalaṃ veti | § 13279

4.3.327 Aṣṭāṅgahṛdayasaṃhitā

patrakalkaṃ ghr̥tabhr̥ṣṭaṃ tilvakasya
saśarkaram || 175 ||
peyā votkārikā
charditr̥tkāsāmātisārajit || 175 || § 13281

4.3.328 Sarvāṅgasundarā

patrakalkaṃ tilvakasya ghr̥te bhr̥ṣṭaṃ saśarkaraṃ chard-
itr̥ḍādijit | peyā vā patrasya kalke siddhā tadvat | athavā,
utkārikā patrakalkakṛtā chardyādijit | § 13282

4.3.329 Āyurvedarasāyana

peyāmutkārikāṃ cāha---- patrakalkamiti | tilvakapatrā-
nyārdrāṇi piṣṭvā kalkaṃ kuryāt | taṃ ghr̥tena bharja-
yet | tatsamena taṇḍulapiṣṭena yojayet, peyārthamutkā-
rikārdhena (rthaṃ ca) | utkārikā-pūpalikā | saṅgrahe tu
(ci. a. 5)- "gaurasarsapagaṇḍīraṇḍāṅgavyoṣacitrakān | sā- 5
bhayān sādhyettoye yavāgūstena cāmbhasā | | sasarpirl-
avaṇā kṣase hidhmāśvāse sapīnase | pāṇḍvāmāye kśāye
śoṣe karnaśūle ca śasyate | |" iti | gaṇḍīraṃ-snuhīkāṇḍam |
§ 13283

4.3.330 Aṣṭāṅgahṛdayasaṃhitā

kaṇṭakārīrase siddho mudgayūṣaḥ susaṃskṛtaḥ || 176 || |
sagaurāmalakaḥ sāmlaḥ
sarvakāśabhiṣajitam || 176 || | § 13285

4.3.331 Sarvāṅgasundarā

kaṇṭakāryāḥ kvāthe mudgayūṣaḥ susaṃskṛto-hiṅgusaindhavādinā,
sagaurāmalakāmlaḥ sarvakāśeṣu bhiṣajitam-auśadham |
§ 13286

4.3.332 Āyurvedarasāyana

yūṣamāha-kaṅṭhakārī iti | susaṃskṛtaḥ-snehalavaṇādibhiḥ |
gaurāmalakaṃ-pītavarṇamāmalaḥ | § 13287

4.3.333 Aṣṭāṅgahr̥dayasaṃhitā

vātaghnauṣadhaniḥkvāthe kṣīraṃ yūṣān
rasānapi | | 177 | |
vaiṣkirān prātudān bailān
dāpayetkṣayakāsine | | 177 | | § 13289

4.3.334 Sarvāṅgasundarā

vātaghnauṣadhānāṃ niḥkvāthe siddham kṣīramathavā
yūṣān rasāṃśca viṣkiramāṃsajān pratudajān vā | tathā, bi-
leṣu bhavā bailāḥ prāṇinasteṣāṃ rasān kṣayakāsine vaidyo
dāpayet | § 13290

4.3.335 Āyurvedarasāyana

kṣīrayūṣarasanāha----vātadhaṣadhaniḥkvātha iti | bailān-
bileśayakṛtān | § 13291

4.3.336 Āyurvedarasāyana

kṣatakāśadhūmānatidiśati---- kṣatakāśe ceti | yakṣmuktamatidiśati-
vakṣyate yacceti | vyatyāsāt-parivartāt | bṛṃhaṇaṃ tya-
ktvā dīpanamiktva (?) punarbṛṃhaṇamityādi parivartaḥ |
§ 13292

4.3.337 Aṣṭāṅgahr̥dayasaṃhitā

kṣatakāśe ca ye dhūmāḥ sānupānā nidarśitāḥ | | 178 | |
kṣayakāśe+api te yojyā vakṣyate yacca
yakṣmaṇi | | 178 | |

br̥mhaṇaṃ dīpanaṃ cāgneḥ srotasāṃ ca
viśodhanaṃ | | 179 | |
vyatyāsātksayakāsibhyo balyaṃ sarvaṃ
praśasyate | | 179 | | § 13296

4.3.338 Sarvāṅgasundarā

kṣatakāse ca ye dhūmāḥ-dvimedetyādayaḥ, sānupānā
uktāḥ, te ca kṣayakāse+api yojoyāḥ | tacca yakṣmaṇi vakṣy-
ate br̥mhaṇamagnidīpanaṃ srotoviśodhanaṃ, tacca kṣay-
akāsine yojoyam | tathā, kṣayakāsibhyo vyatyāsena sarvaṃ
cikitsitaṃ balyaṃ praśasyate | § 13297

5

4.3.339 Aṣṭāṅgahr̥dayasaṃhitā

sannipātodbhavo ghoraḥ kṣayakāso yatastataḥ | | 180 | |
yathādoṣabalaṃ tasya sannipātaḥ
hitam | | 180 | |
sthāne kāsacikitsitaṃ nāma
ṭṭīyo+adhyāyaḥ | | 3 | | § 13300

4.3.340 Sarvāṅgasundarā

sannipātodbhavaḥ kṣayakāso ghoro-dāruṇo, yato bhavati,
tasmād yathādoṣabalaṃ tasya yatsannipāte hitaṃ tada-
tra hitamiti | iti śrīmṛgāṅkadattaputraśrīmadaruṇadattavi-
racitāyāmaṣṭāṅgahr̥dayaṭī- kāyāṃ sarvāṅgasundarākhyā-
yāṃ caturthe cikitsitasthāne kāsacikitsitaṃ nāma ṭṭīyo+a-
dhyāyaḥ samāptaḥ | | 3 | | § 13301

5

4.3.341 Āyurvedarasāyana

kṣayakāse sarvadoṣāvirodhi kartavyamityāha---- saniipāt-
odbhava iti | iti hemādriṭīkāyāyurvedarasāyane | kāsapra-
karaṇaṃ nāma sāmastyena nirūpitaṃ | | § 13302

4.4 ṣvāsahidhmācikitsitādhyāyaḥ : 4

4.4.1 Aṣṭāṅgahr̥dayasaṃhitā

athātaḥ ṣvāsahidhmācikitsitaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
ṣvāsahidhmā yatastulyahetvādyāḥ, sādhanam
tataḥ | | 1 | |
tulyameva----- | | 1 | | § 13306

4.4.2 Sarvāṅgasundarā

yasmāt ṣvāsahidhmāstulyahetvādyāḥ | ādigrahaṇāt pr-
āgrūpādayo gr̥hyante | nidāne hyuktam (hr̥.ni.a.4/18)-
"ṣvāsaikahetuprāgrūpasaṅkhyāprakṛtisaṃśrayāḥ |" iti | tataḥ-
tasmāddhetoḥ, sādhanam- cikitsitaṃ, ṣvāsahidhmayostu-
5 lyameva vihitam | § 13307

4.4.3 Āyurvedarasāyana

atha ṣvāsacikitsitaṃ | ṣvāsacikitsitaṃ hidhmāsvapi kartavyamityāha-
ṣvāsahidhmā iti | ādyaśabdāt doṣadūṣyasthānāni | § 13308

4.4.4 Aṣṭāṅgahr̥dayasaṃhitā

-----tadārthaṃ ca pūrvam svedairupācaret | | 1 | |
snigdhairlavaṇatailāktam-----
| | 2 | | § 13310

4.4.5 Sarvāṅgasundarā

tadārtaṃ-ṣvāsahidhmāturaṃ, pūrvam-upakramebhyaḥ sa-
rvebhyo+api prāk, svedairupācaret | kimbhūtaiḥ ? snigdhaiḥ-
na rūkṣaiḥ, vātakopabhayāt | kimbhūtam ? lavaṇānvitena
tailenābhyaktam | § 13311

4.4.6 Āyurvedarasāyana

tatra prathamam svedamāha---- tadārtam ceti | tadārtam
śvāsahidhmārtam | § 13312

4.4.7 Aṣṭāṅgahr̥dayasaṃhitā

taiḥ kheṣu grathitaḥ kaphaḥ | | 2 | |
sulīno+api vilīno+asya koṣṭham prāptaḥ
sunirharaḥ | | 2 | |
srotasām syānmṛdutraḥ ca
marutaścānulomatā | | 3 | | § 13315

4.4.8 Aṣṭāṅgahr̥dayasaṃhitā

saṃ-taiḥ-svedaiḥ, kheṣu-srotraḥsu,
yo+asya-śvāsahidhmāvato,
grathitaḥ-piṇḍitaḥ, kaphaḥ
sulīno+api-atiśayena śliṣṭo+anta rbhūtaḥ,
anayetikartavyatayā vilīno+asya koṣṭham
prāptaḥ sunirharaḥ syāt-sukhena nirhartum
śakyate | tathā, srotasām-vāyustabdhānām,
mṛdutraḥ ca syāt |
marutaścānulomatā-svamārgagāmitvaḥ
syāt | § 13316

4.4.9 Āyurvedarasāyana

svedaphalamāha---- taiḥ kheṣviti | kheṣu-srotraḥsu | grathito-
ghanībhūtaḥ | sulīnaḥ-srotobhirekatām gataḥ | evaṃvi-
dho+api kaphaḥ svaiddairvilīnatām-dravatām nītaḥ, ko-
ṣṭham prāptaḥ sukham śodhyo bhavati | § 13317

4.4.10 Aṣṭāṅgahr̥dayasaṃhitā

svinnaṃ ca bhojayedannaṃ snigdhamānūpajai
rasaiḥ | | 3 | |
dadhyuttareṇa vā, dadyāttato+asmai vamaṇaṃ
mṛdu | | 4 | |
viśeṣātkāsavamathuhr̥dgrahasvarasādine | | 4 | |
pippalīsaindhavakṣaudrayuktaṃ vātāvirodhi
yat | | 5 | | § 13321

4.4.11 Sarvāṅgasundarā

sninnaṃ ca santamāturaṃ snigdham-śālyādikaṃ na rū-
kṣaṃ yavādikaṃ, ānūpajaiḥ-sūkarādimāṃsajai rasaiḥ saha,
bhojayet | athavā svedādanantaramasmai-śvāsahidhmāvate,
dadhyuttareṇa-dadhisareṇa, vamaṇaṃ mṛdu dadyāt | viś-
5 eṣeṇa kāsādimate vamaṇaṃ dadyāt | tacca vamaṇaṃ pi-
ppalīsaindhavakṣaudrayuktaṃ vātāvirodhi-vātaṃ na kar-
oti, yattaddadyāt | § 13322

4.4.12 Āyurvedarasāyana

svinnabhojanamāha---- svinnaṃ ceti | snigdham-snigdhaiḥ
śālyadibhiḥ kṛtaṃ | dadhyuttareṇa-dadhisareṇa | vamaṇamāha-
dadyāditi | asma-śvāsine | kāsādyupadravayuktāya tu
viśeṣāt-atiśayena, vamaṇaṃ dadyāt | pippalyādibhistribhi-
5 ryukta madanaphalādivacca | vātāvirodhi-vamaṇakalpoktam | -
§ 13323

4.4.13 Aṣṭāṅgahr̥dayasaṃhitā

nirhr̥te sukhamāpn̄poti sa kaphe duṣṭavigrahe | | 5 | |
srotaḥsu ca viśuddheṣu
caratya vihato+anilaḥ | | 6 | | § 13325

4.4.14 Sarvāṅgasundarā

nirhr̥te kaphe+asau (saḥ)-śvāsahidhmāvān, sukhamasrute,
ruṅkṣivṛtteḥ | kimbhūte kaphe ? duṣṭo vighrahaḥ-śarīraṃ,

yena tasmin | tathā, srotaḥsu viśuddheṣu-upalepādirahiteṣu,
vāyuravihatō-na kenacidruddhagatiḥ, srotaḥsu carati |
§ 13326

4.4.15 Aṣṭāṅgahṛdayasaṃhitā

ā0 ra-vamanaphalamāha---- nirhṛta iti | duṣṭo
vighrahaḥ-śarīraṃ, yena | § 13327

4.4.16 Aṣṭāṅgahṛdayasaṃhitā

dhmānodāvartatamake mātuluṅgāmlavetasaiḥ | | 6 | |
hiṅgupīlubiḍairyuktamannaṃ
syādanulomanam | | 7 | |
sasaindhavaṃ phālāmlaṃ vā koṣṇaṃ
dadyādvirecanam | | 7 | | § 13330

4.4.17 Sarvāṅgasundarā

dhmānaṃ-ānāhaḥ | udāvartaḥ-śakṛdādīnāmapravṛttiḥ | tamakaḥ-
śvāsaviśeṣaḥ | dhmānaṃ codāvartaśca tamakaśca dhmān-
odāvartatamakam, tasmin-prakṛtatvāt tathāvidhe hidhm-
āśvāsavati | mātuluṅgādyastathā hiṅgupīlubiḍairyukta-
mannamanulomakāri syāt | athavā, asyānavasthāyāṃ sai- 5
ndhavena saha phālāmlaṃ phalena-vātānulomanena bīja-
pūrādinā, amlaṃ-amlikṛtaṃ, tathā koṣṇaṃ-iṣaduṣṇaṃ, vi-
recaṇaṃ dadyāt | § 13331

4.4.18 Āyurvedarasāyana

virecanamāha---- dhmānodāvartatamaka iti | dhmānaṃ-
ādhmānam | tamakaḥ-tamaḥpraveśanam | dhmānādiyu-
kte śvāse virecanam | tacca mātuluṅgādyuktamannānt-
ena | yo na viricyate tasmai virecanam-trivṛṇmūlādi |
phalaiḥ-mātuluṅgādibhiramlam, sasaindhavaṃ ca | yogaratre-
"hiṅgvamlavetasavyoṣasauvarcalaphalatrikam | tulyaṃ tr-

ivṛddvigūṇitaṃ taiḥ sarvaiḥ śarkarā samā | | sraṃsanaṃ
śvāsahikkāghnaṃ pibettadbhakṣayedatha | " iti | § 13332

4.4.19 Aṣṭāṅgahr̥dayasaṃhitā

ete hi kaphasaṃruddhagatiprāṇaprakopajāḥ | | 8 | |
tasmāttanmārgaśuddhyarthamūrdhvādhaḥ
śodhanaṃ hitam | | 8 | |
udīryate bhṛśataram
mārgarodhādvahajjalam | | 9 | |
yathā tathā+anilastasya
mārgamasmādviśodhayet | | 9 | | § 13336

4.4.20 Sarvāṅgasundarā

yasmādete-hidhmāśvāsāḥ | kaphena saṃruddhā gatirya-
sya sa evam, kaphasaṃruddhagatiśvāsau prāṇāśca, tasya
prakopaḥ, tato jātāḥ | yata evaṃ tasmāddhetostanmārgaśuddhyartham-
tasya prāṇasya vāyormārgaviśuddhinimittam, ūrdhvama-
5 dhaśca śodhanaṃ hitam | etacca dr̥ṣṭāntadvāreṇa spaṣṭayati-
udīryata ityādi | yathā mārgasya rodhājjalam vahat bhṛśataram-
sutarām, udīryate-vṛddhiṃ yāti | tathā+anilaḥ svabhāv-
ato vahan mārgarodhāt-mārgasyāvarenaṭ, bhṛśataramud-
īryate | tasya-vāyoḥ, mārgamasmāt-yathoktātkāraṇāt, viś-
10 odhayet | § 13337

4.4.21 Āyurvedarasāyana

śodhane yuktimāha---- ete hīti | ete-śvāsāḥ | udīryate-
unmārgatām yāti | vaṅgasene tu (śvāsādhikāre ślo. 30)-
"snehabastiṃ vinā kecidūrdhvaṃ cādhaśca śodhanam |
mṛdu prāṇavatām śreṣṭham śvāsināmādiśanti hi | |" iti |
5 prāṇo-balam | § 13338

4.4.22 Aṣṭāṅgahr̥dayasaṃhitā

aśāntau kṛtasamśuddherdhūmairlīnaṃ malaṃ
haret | | 10 | | § 13339

4.4.23 Sarvāṅgasundarā

pūrvasyāṃ kriyāyāṃ kṛtāyāmapyaśame sati, kṛtasamśuddheḥ-
śvāsahidhmārtasya, līnaṃ-sūkṣmasrotaḥśliṣṭaṃ, malaṃ-
kaphākhyāṃ, dhūmaiḥ-vakṣyamāṇaiḥ, haret | § 13340

4.4.24 Āyurvedarasāyana

śodhanenāśāntau dhūmaḥ kartavya ityāha----aśāntāviti |
§ 13341

4.4.25 Aṣṭāṅgahrdayasaṃhitā

haridrāpatrameraṇḍamūlaṃ lākṣāṃ manaḥśilām | | 10 | |
sadevadārvalaṃ māṃsīm piṣṭvā vartim
prakalpayet | | 11 | |
tāṃ ghr̥tāktāṃ pibeddhūmaṃ yavān vā
ghṛtasamyutān | | 11 | |
madhūcchiṣṭaṃ sarjaraṣaṃ ghr̥taṃ vā guru
vā+aguru | | 12 | |
candanaṃ vā tathā śṛṅgaṃ vālānvā snāva vā 5
gavām | | 12 | |
ṛkṣagodhakuraṅgainācarmaśṛṅgakhurāṇi
vā | | 13 | |
gugguḷuṃ vā manohvām vā śāliniryāsameva
vā | | 13 | |
śallakīm gugguḷuṃ lohaṃ padmakāṃ vā
ghṛtāplutaṃ | | 14 | | § 13349

4.4.26 Āyurvedarasāyana

dhūmānāha---- haridrāpatramiti | [atra]...daśa dhūmāḥ |
tatrādyāḥ saptabhiḥ, tṛtīyapañcamau dvābhyām, navama-
stribhiḥ, śeṣā ekena (?), sarve saghr̥tāḥ | § 13350

4.4.27 Sarvāṅgasundarā

haridrādīni piṣṭvā jalena vartim prakalpayet | tām-varti,
ghṛtāktām kṛtvā dhūmaṃ pibet, sāmartyādagnipluṣṭām |
athavā yavān ghṛtāktān dhūmaṃ pibet | madhūcchiṣṭam-
sikthakaṃ, sarjaraṣaṃ ghṛtaṃ vā ekīkṛtya dhūmaṃ pi-
5 bet | athavā, guru-śreṣṭhaṃ, aguru kṛṣṇāgaru, dhūmaṃ
pibet | athavā, candanam [dhūmaṃ pibet] | athavā,
gavāṃ śṛṅgaṃ dhūmaṃ pibet | athavā, gavāṃ vālān-
galakambalajāni romaṇi, dhūmaṃ pibet | snāva vā-snāyu
vā gavāmeva, dhūmaṃ pibet | rūkṣādīnāṃ carmadīni vā
10 dhūmaṃ pibet | khuraśabdasyārdharcāditvānnapuṃsak-
atvam | gugguḷuṃ vā, athavā manaḥ śilāṃ śālaniryāsaṃ
vā dhūmaṃ pibet | śallakyādi ghṛtāplutaṃ vā | § 13351

4.4.28 Āyurvedarasāyana

[svedamāha----]- avaśyamiti | svedyānām śvāsināmuraḥ
kaṅṭhaṃ cāvaśyaṃ-nirbhayaṃ, svedayet | asvedyānām
ca sabhayam, yadyapi na sahate tathā+api kṣaṇamekaṃ
svedayet | snehaṃ sasiṭākṣīrasukhoṣṇaiḥ kuryāt | tena
5 siñcet | - § 13352

4.4.29 Aṣṭāṅgahr̥dayasaṃhitā

avaśyaṃ svedanīyānāmasvedyānāmapi kṣaṇam | | 14 | |
svedayetsasiṭākṣīrasukhoṣṇasnehasecanaiḥ | | 15 | |
utkārīkopaṇāhaiśca
svedādhyāyoktabheṣajaiḥ | | 15 | |
uraḥ kaṅṭhaṃ ca
mṛdubhiḥ----- | | 16 | | § 13356

4.4.30 Sarvāṅgasundarā

avaśyaṃ svedanīyānām tathā+asvedārhanāmapi kṣaṇam-
uraḥ kaṅṭhaṃ ca mṛdubhiḥ svedaiḥ svedayet | kaiḥ ? saśa-
rkarākṣīraiḥ sukhoṣṇaiḥ snehasecanaiḥ | tathā, svedādhy-
āye yānyuktāni dravyāṇi tatkr̥tairutkārīkopaṇāhaiśca sve-
5 dayet | § 13357

4.4.31 Aṣṭāṅgahr̥dayasaṃhitā

-----sāme tvāmaividhiṃ caret | | 16 | | § 13358

4.4.32 Sarvāṅgasundarā

sāme ca śvāsahidhmāvatyāmaividhiṃ-laṅghanapācanādikaṃ,
caret nirāmīkaraṇāya | § 13359

4.4.33 Āyurvedarasāyana

...sāme tvāmaividhiṃ carediti | āmaividhiṃ-laṅghanapācanādikaṃ |
§ 13360

4.4.34 Aṣṭāṅgahr̥dayasaṃhitā

atiyogoddhataṃ vātaṃ dr̥ṣṭvā pavananāśanaiḥ | | 16 | |
snigdhai rasādyairnātyuṣṇairabhyaṅgaiśca
śamaṃ nayet | | 17 | | § 13362

4.4.35 Sarvāṅgasundarā

atiyogādvamanavirecanayornarāṇāmuddhataṃ vātaṃ dr̥-
ṣṭvā pavananāśanaiḥ snigdhai rasādyaiḥ-māṃsarasaghṛtakṣīrādibhirāhār
tathā kiñciduṣṇairabhyaṅgaiśca śamaṃ nayet | § 13363

4.4.36 Āyurvedarasāyana

śleṣmauṣadhātiyogoddhataṃvātasyauṣadhamāha----ahiyogoddhatamiti |
rasādyaiḥ.....kāñcalikaiḥ | § 13364

4.4.37 Aṣṭāṅgahr̥dayasaṃhitā

anutkliṣṭakaphāsvinnadurbalānāṃ hi śodhanāt | | 17 | |
vāyurlabdhāspado marma saṃśoṣyāśu
haredasūn | | 18 | |

kaṣāyalehasnehādyaisteṣāṃ
saṃśamayedaḥ | | 18 | | § 13367

4.4.38 Sarvāṅgasundarā

anutkliṣṭakaphānāmasvinnānāṃ durbalānāṃ ca śodhan-
āddhetoḥ pavano labdhāspadaḥ san anyasthānāśrayav-
aśādāsādita sāmārthyo+ata evāmandaḥ śoṣaṇasvabhāv-
atvād marma-hṛdayākhyam, saṃśoṣya śīghramasūn ha-
5 ret | tasmādevaṃvidhān hidhmāśvāsavato na śodhayet |
ato+anyathābhūtāṃśca śodhayeditarthāduktam bhav-
ati | tathā ca teṣāṃ saṃśodhanādārogyam sampadyate |
anutkliṣṭakaphādīnāṃ śodhanāyogyānāṃ tarhi kiṃ kā-
ryam ? ityāha-kaṣāyetyādi | yato yasmātte saṃśodhanāyo-
10 gyāstasmātteṣāṃ kaṣāyādibhiḥ saṃśamayet, śvāsahidhmā
iti śeṣaḥ | § 13368

4.4.39 Aṣṭāṅgahr̥dayasaṃhitā

ā0 ra0-śodhanamahānarhānāṃ(?)śamanamāha----
anutkliṣṭeti |tvāt | āspadam-kāraṇam |
marma-hṛdayam | teṣāṃ-aśodhyānāṃ,
śvāsam | § 13369

4.4.40 Aṣṭāṅgahr̥dayasaṃhitā

kṣīṇakṣatātisārāsr̥kpittadāhānubandhajān | | 19 | |
madhurasnigdhaśītādyairhidhmāśvāsānupācaret | | 19 | | § 13371

4.4.41 Sarvāṅgasundarā

kṣīṇakṣatātisārāsr̥kpittadāhānubandhajān hidhmāśvāsān
madhurādibhirupakramet | § 13372

4.4.42 Āyurvedarasāyana

kṣayādyutpannasya śvāsasyauṣadhamāha-kṣīṇakṣateti | kṣīṇādīnāmanu
dīrghakālatvam, tasmājjātān | § 13373

4.4.43 Aṣṭāṅgahrdayasaṃhitā

kulatthadaśamūlānām kvāthe syurjānagalā rasāḥ | | 20 | |
yūṣāśca-----
| | 20 | | § 13375

4.4.44 Sarvāṅgasundarā

kulatthadaśamūlānām kvāthe jāṅgalarasā yūṣāśca syuḥ |
§ 13376

4.4.45 Āyurvedarasāyana

athānnapānāni | tatra rasānāha---kulatthadaśamūlānāmiti |
§ 13377

4.4.46 Aṣṭāṅgahrdayasaṃhitā

-----śigruvārtākakāsaghnavrṣamūlakaiḥ | | 20 | |
pallavairnimbakulakabṛhatīmātuluṅgajaiḥ | | 21 | |
vyāghrīdurālabhāśṛṅgībilvamadhyatrikaṅṭakaiḥ | | 21 | |
sāmṛtāgnikulatthaiśca yūṣāḥ
syātkvathitairjale | | 22 | |
tadvadrāsnābṛhatyādibalāmudgaiḥ
sacitrakaiḥ | | 22 | | § 13382

5

4.4.47 Sarvāṅgasundarā

śigrvādibhiśca jale kvathitairyūṣāḥ syāt | tathaiva rāsnād-
ibhiryūṣāḥ syāt | § 13383

4.4.48 Āyurvedarasāyana

yūṣānāha---- yūṣāsceti | cakārātpūrvasmin kvāthe siddhāḥ |
śigvrādīnām mudgādibhiḥ saha prakṣepaḥ | tatra nimbā-
dīnām pallavāḥ, itareṣām yathāsvam prasiddo+avayavaḥ |
yūṣāntaramāha-vyāghrīdurālabheti | vyāghryādikvathita-
5 irjalairmudgādīnām yūṣaḥ | yūṣāntaramāha-[tadvaditi |
saṅgrahe tu (ci. a. 6)- "śirīṣakundakadalīkusumaṃ pippa-
līyutam | taṇḍulāmbuplutaṃ hidhmāśvāsakāsaharam pa-
ram | | āranālena piṣṭvā vā mātuluṅgarasānvitān | hiṅgu-
sauvarcalakaṇākolamudgān jalena vā | | kṣāram vā triph-
10 alāpāṭhābr̥hatīphalamūlajam | muktāpravālavaidūryaśa-
ṅkhasaugandhikāñjanam | | masāragallasphaṭīkakācailāl-
avaṇadvayam | apāmārgaphalam tāmramayo rūpyam śa-
nāt phalam | | jyotīrasena tallihyādayo vaikam madhudr-
avam | lihyādvā pippalīdrākṣā pathyāśṅgīdurālabhāḥ | |
15 ghṛtamākṣikatailairvā tryūṣaṇam kṣārasaṃyutam | pippa-
līkṣaudrayuktau vā rasau dhātrīkapitthayoḥ | | sitopalā
tvāmalakī drākṣā gośvaśakṛdrasaḥ | jīvantī corakaḥ śṅgī
pauṣkaram surasaḥ śaṭhī | | pippalītvagbīḍakṣārasuṅṭhīh-
iṅgvamlavetasam | elātāmalakībhārṅgīvr̥kṣāmlam ceti cu-
20 rṇitam | | rasena mātuluṅgasya madyena haviṣā+athavā |
līdham prayuktamane vā kevalam copayojitam | |] hi-
dhmāśvāsavibandhārśaḥkāsahr̥tpārśvasūlajit | " iti | vaṅg-
asene (śvāsā. ślo. 75)- "śataṃ saṅgr̥hya bhārgyāstu daśam-
ūlyāstathā param | śataṃ harītakīnām ca pacettoye catu-
25 rguṇe | | pādāvaśeṣe tasmim̐stu rase vastraparisrute | ālo-
ḍya tatra ca tulām guḍasya tvabhayāśca tāḥ | | punaḥ pac-
ettu mṛdvagau yāvallehatvamāgataḥ | śīte ca madhunaśc-
ātra ṣaṭpalāni pradāpayet | trikaṭu trisugandham ca pali-
kāni pṛthak pṛthak | karṣadvayam yavakṣaram sañcūrṇya
30 prakṣipettataḥ | | bhakṣayedabhayāmekām lehasyārdhap-
alam lihet | śvāsam sudāruṇam hanti kāsam pañcavidham
tathā | | svaravarṇaprado hyeṣa jaṭharāgneśca dīpanaḥ | |
kulattham daśamūlam ca tathaiva dvijayaṣṭīkam | śataṃ
śataṃ ca saṅgr̥hya jaladroṇe vipācayet | | pādāvaśeṣe ta-
35 smim̐stu guḍasyārdhatulām kṣipet | śītībhūte ca pakve ca
madhuno+aṣṭau palāni tu | | ṣaṭpalāni tugākṣīryāḥ pippa-
lyāśca paladvayam | trisugandhi sugandhī ca khādedagn-

ibalaṃ prati | | śvāsaṃ kāsaṃ jvaraṃ hikkāṃ nāśayettam-
akaṃ tathā | | " iti | jaladroṇe+atra pratiśataṃ, tena droṇa-
dvaye kvāthaḥ | § 13384

4.4.49 Aṣṭāṅgahrdayasaṃhitā

peyā ca citrakājājīśṛṅgīsauvarcalaiḥ kṛtā | | 23 | |
daśamūlena vā
kāsaśvāsahidhmārujāpahā | | 23 | | § 13386

4.4.50 Sarvāṅgasundarā

peyā ca citrakādibhiḥ kṛtā+athavā daśamūlena kṛtā, sā ca
kāsadiharā | § 13387

4.4.51 Aṣṭāṅgahrdayasaṃhitā

daśamūlaśaṭhīrāsnaḥbārgībilverddhipauṣkaraiḥ | | 24 | |
kulīraśṛṅgīcapalātāmalakyamṛtauṣadhaiḥ | | 24 | |
pibetkaṣāyaṃ jīrṇe+asmin peyāṃ taireva
sādhitāṃ | | 25 | | § 13390

4.4.52 Sarvāṅgasundarā

daśamūlādibhiḥ kaṣāyaṃ pibet | asminkaṣāye pariṇate
taireva-daśamūlādibhiḥ, sādhitāṃ peyāṃ hidhmāśvāsī pi-
bet | § 13391

4.4.53 Aṣṭāṅgahrdayasaṃhitā

śāliṣaṣṭīkagodhūmayavamudgakulatthabhuk | | 25 | |
kāsaḥṛdgrahapārśvārtihidhmāśvāsaprasāntaye | | 26 | | § 13393

4.4.54 Sarvāṅgasundarā

tathā śālyādibhuk syāt, kāsādiśāntyarthaṃ | § 13394

4.4.55 Aṣṭāṅgahr̥dayasaṃhitā

saktūn vā+arkāṅkurakṣīrabhāvitānām
samākṣikān | | 26 | |
yavānām daśamūlādiniṣkvāthalulitān
pibet | | 27 | | § 13396

4.4.56 Sarvāṅgasundarā

athavā+arkāṅkurakṣīrabhāvitānām yavānām sambandhi-
naḥ saktūn samākṣikān daśamūlaśaṭhītyādiniryūhānvitān
pibet | § 13397

4.4.57 Aṣṭāṅgahr̥dayasaṃhitā

anne ca yojayet kṣārahiṅgvājyabidadāḍimān | | 27 | |
sapauṣkaraśaṭhīvyoṣamātuluṅgāmlavetasān | | 28 | | § 13399

4.4.58 Sarvāṅgasundarā

anne-āhāre ca, kṣārādīn yojayet | § 13400

4.4.59 Aṣṭāṅgahr̥dayasaṃhitā

daśamūlasya vā kvāthamathavā devadāruṇaḥ | | 28 | |
pibedvā vāruṇīmaṇḍaṃ hidhmāśvāsī
pipāsitaḥ | | 29 | | § 13402

4.4.60 Sarvāṅgasundarā

hidhmāśvāsavān pipāsito daśamūlasya kvāthaṃ devadār-
uṇo vā, athavā vāruṇīmaṇḍaṃ pibet | § 13403

4.4.61 Aṣṭāṅgahr̥dayasaṃhitā

pippalīpippalīmūlapathyājantughnacitrakaiḥ | | 29 | |
kalkitairlepīte rūḍhe
niḥkṣipeddhṛtabhājane | | 30 | |
takraṃ māsasthitam̐ taddhi dīpanam̐
śvāsakāsajit | | 30 | | § 13406

4.4.62 Sarvāṅgasundarā

pippalyādibhiḥ kalkitairlepīte ghṛtabhājane rūḍhe-śuṣke,
takraṃ niḥkṣipet | tacca takraṃ māsasthitam̐ dīpanam̐ śv-
āsakāsajit | § 13407

4.4.63 Aṣṭāṅgahr̥dayasaṃhitā

pāṭhām̐ madhurasām̐ dāru saralam̐ ca niśi sthitam̐ | | 31 | |
surāmaṇḍe+alpalavaṇam̐
pibetprasṛtasammitam̐ | | 31 | |
bhārgīśuṅṭhyo sukhāmbhobhiḥ kṣāram̐ vā
maricānvitam̐ svakvāthapiṣṭām̐ lulitām̐
bāṣpikām̐ pāyayeta vā | | 32 | | § 13410

4.4.64 Sarvāṅgasundarā

pāṭhādikaṃ surāmaṇḍe niśi sthitam̐ kiñcillavaṇam̐ prasṛtasammitam̐-
paladvayamātram̐, pibet | athavā, bhārgīśuṅṭhyāvūṣṇāmb-
unā pibet | yavakṣāram̐ maricayuktaṃ vā | bāṣpikām̐-
hiṅgupatrikāṃ, hiṅgu patrikvāthena piṣṭām̐ tenaivāloḍi-
tām̐ vā pāyayet | § 13411

5

4.4.65 Aṣṭāṅgahr̥dayasaṃhitā

svarasaḥ saptaparnasya puṣpāṇām̐ vā śiśīṣataḥ | | 33 | |
hidhmāśvāse madhukaṇāyuktaḥ
pittakaphānuge | | 33 | |

utkārikā

tugākṛṣṇāmadhūlīghṛtanāgaraiḥ | | 34 | |

pittānubandhe yoktavyā, pavane

tvanubandhini | | 34 | |

śvāvicchaśāmiṣakaṅghṛtaśalyakaśoṇītaiḥ | | 35 | |

suvarcalārasavyoṣasarpirbhiḥ sahitam

payah | | 35 | |

5 anu śālyodanam peyam

vātapittānubandhini | | 36 | |

caturguṇāmbusiddham vā chāgam

saguḍanāgaram | | 36 | | § 13419

4.4.66 Sarvāṅgasundarā

saptaparṇasya-ayugmacśadasya svarasaḥ, śirīṣāt puṣpā-

nām vā svarasaḥ, etau madhukaṅyutau pittakaphānuge

hidhmāśvāse sati pāyayet | pittānubandhini hidhmāśvāse

tugādibhirutkārikā yojyā | madhūlī-jalajā madhuyaṣṭī, go-

5 dhūmaviśeṣo vā | pavane punaranubandhini śvāvidādi-

bhirutkārikā niṣpādītā yojyā | hidhmāśvāse vātapittānub-

andhini sati suvarcalārasādibhiḥ siddham payo+anu śāly-

odanam bhuktvā paścāt kṣīram peyam, gavyam śāgam vā

deśasātmyādivaśāt | athavā caturguṇāmbusiddham vā pa-

10 yaśśāgam saguḍanāgaram pibet | § 13420

4.4.67 Aṣṭāṅgahr̥dayasaṃhitā

pippalīmūlamadhukaguḍagośvaśakṛdrasān | | 37 | |

hidhmābhiṣyandakāsaghnān

lihyānmadhughṛtānvitān | | 37 | | § 13422

4.4.68 Sarvāṅgasundarā

pippalīmūlādīn madhughṛtānvitān sammiśrya hidhmābh-

iṣyandakāsaghnān lihyāt | § 13423

4.4.69 Aṣṭāṅgahr̥dayasaṃhitā

gogajāśvavarāhoṣṭrakharameṣājaviḍrasam | | 38 | |
 samadhvekaikaśo lihyādbahuśleṣmā+athavā
 pibet | | 38 | |
 catuṣpāccarmaromāsthikhuraśṛṅgodbhavāṃ
 maṣīm | | 39 | |
 tathaiva vājigandhāyā lihyācchvāsī
 kapholbaṇaḥ | | 39 | |
 śaṭhīpauṣkaradhātrīrvā pauṣkaram vā 5
 kaṇānvitam | | 40 | |
 gairikāñjanakṛṣṇā vā svarasaṃ vā
 kapitthajam | | 40 | |
 rasena vā kapitthasya
 dhātrīsaindhavapippalīḥ | | 41 | |
 ghṛtakṣaudreṇa vā
 pathyāviḍaṅgoṣaṇapippalīḥ | | 41 | |
 kolalājāmaladrākṣāpippalīnāgarāṇi vā | | 42 | |
 guḍatailaniśādrākṣākaṇārāsnoṣaṇāni vā | | 42 | | 10
 pibedrasāmbumadyāmlairlehausaḍharajāṃsi
 vā | | 43 | | § 13434

4.4.70 Sarvāṅgasundarā

gogajādīnāṃ śakṛdrasaṃ bahukaphaḥ samākṣikamekaik-
 aśo lihyāt, athavā pibet | athavā, catuṣpadāṃ carmadijāṃ
 maṣīm pibet | śvāsī kaphādhiko+aśvagandhāyāśca maṣīm
 tadvat-madhunā, lihyāt | śaṭhīpauṣkarādiṅ vā madhunā
 lihyāt | pauṣkaram sakaṇam vā lihyāt | gairikādīn vā li- 5
 hyāt, kapitthajam svarasaṃ vā | kapitthasvarasena dhātry-
 ādīn lihyāt | pathyāviḍaṅgādīn ghṛtakṣaudreṇa vā lihyāt |
 kolādīn vā pūrvavallihyāt, guḍādīn vā | athavā, lehasya-
 agastyādeḥ, auṣadhānāṃ cūrṇāni māṃsarasādibhiḥ pi-
 bet | § 13435 10

4.4.71 Aṣṭāṅgahr̥dayasaṃhitā

jīvantīmustasurasatvagelādvayapauṣkaram | |43| |
caṇḍātāmalakīlohabhārgīnāgaravālakam | |44| |
karkaṭākhyāśaṭhīkr̥ṣṇānāgakesaracorakam | |44| |
upayuktaṃ yathākāmaṃ cūrṇaṃ
dviguṇaśarkaram | |45| |
5 pārsvarugjvarakāsaghnaṃ hidhmāśvāsaharam
param | |45| | § 13440

4.4.72 Sarvāṅgasundarā

jīvantyādikaṃ cūrṇaṃ bhuktaṃ pārsvarugādighnaṃ su-
ṣṭhu hidhmādiham | lohaṃ-aguru | § 13441

4.4.73 Aṣṭāṅgahr̥dayasaṃhitā

śaṭhītāmalakībhārṅgīcaṇḍāvālakapauṣkaram | |46| |
śarkarāṣṭagaṇaṃ cūrṇaṃ hidhmāśvāsaharam
param | |46| | § 13443

4.4.74 Sarvāṅgasundarā

śaṭhyādikaṃ cūrṇaṃ pūrvagaṇaṃ | § 13444

4.4.75 Aṣṭāṅgahr̥dayasaṃhitā

tulyaṃ guḍaṃ nāgaraṃ ca bhakṣyennāvayeta
vā | |47| | § 13445

4.4.76 Sarvāṅgasundarā

tulyāṃ sagaḍaśuṅṭhīm ca bhakṣayet nasyaṃ vā dadyāt |
§ 13446

4.4.77 Āyurvedarasāyana

atha nasyāni | tatra guḍanāgaranasyamāha-tulyaṃ guḍa-
miti | nāvayet-nāsāyāṃ niṣecayet | bhakṣaṇamapi śvāsa-
ghnam | § 13447

4.4.78 Aṣṭāṅgahr̥dayasaṃhitā

laśunasya palāṇḍorvā mūlaṃ gr̥ñjanakasya vā | |47| |
candanādvā rasaṃ dadyānnārīkṣīreṇa
nāvanam | |48| |
stanyena makṣikāviṣṭhāmalaktakarasena
vā | |48| |
sasaindhavaṃ ghṛtācchaṃ vā, siddhaṃ
stanyena vā ghṛtam | |49| |
kalkitairmadhuradravyaistatpibennāvayeta 5
vā | |49| |
sakṛduṣṇaṃ sakṛcchītaṃ vyatyāsāt
sasiṭāmadhu | |50| |
tadvatpayastathā siddhamadhobhāgauṣadhai-
rghṛtam | |50| | § 13454

4.4.79 Sarvāṅgasundarā

laśunādīnām mūlaṃ piṣṭvā nārīkṣīreṇa pṛthak pṛthak nā-
vanam ca syāt hidhmāśvāsārtāya | candanādvā rasaṃ nā-
rīkṣīreṇa saha nasyaṃ dadyāt | makṣikāviṣṭhām stanyena
saha nasyaṃ dadyāt, alaktakarasena vā | § 13455

4.4.80 Āyurvedarasāyana

nasyacatuṣkamāha---- laśunasyeti | nārīkṣīraṃ caturṣv-
api | nasyatrayamāha-stanyeneti | māksikāviṣṭhām-madhu |
ghṛtācchaṃ-ghṛtamaṇḍam | nasyāntaramāha-siddhaṃ st-
anyeneti | madhuraiḥ-jīvantyādibhiḥ | taddhṛtaṃ pāne na-
sye ca yojyam | tacca vyatyāsāt-prathamamuṣṇaṃ tataḥ 5
śītaṃ tataḥ punaruṣṇaṃ tataḥ punaḥ śītamityādi | yad-
oṣṇaṃ tadā sasiṭam | yadā śītaṃ samadhu | kṣīramāha-
tadvatpaya iti | tadvat-kalkitairmadhuraiḥ siddhaṃ vyaty-
āsātprajoyam | ghṛtamāha-tathā siddhamiti | adhobhāgauṣadhāni-
śyāmādiverecanāni | tathā-pūrvavatprajoyam | - § 13456 10

4.4.81 Aṣṭāṅgahr̥dayasaṃhitā

kaṇāsauvarcalakṣāravayasthāhiṅguorakaiḥ | | 51 | |
sakāyasthairghṛtaṃ mastudaśamūlarase
pacet | | 51 | |
tatpibejjīvanīyairvā lihyātsamadhu
sādhitam | | 52 | | § 13459

4.4.82 Sarvāṅgasundarā

kaṇādibhiḥ kalkairmastudaśamūlarase snehapānavidhyu-
ktaparibhāṣāmāśritya ghṛtaṃ paktvā hidhmāśvāsartaḥ pi-
bet | jīvanīyairvā dravyaiḥ kalkairghṛtaṃ paktvā samākṣ-
ikaṃ lihyāt-na pibet | viṣayabhedādevaṃ kāryam | ath-
5 avā, vastusvabhāvādekasminnapi viṣaye kaṇādibhiḥ pa-
kvaṃ ghṛtaṃ pītaṃ hidhmāśvāsartānāmārogyāya, jīvan-
īyaiḥ punaḥ kalkaiḥ pakvaṃ ghṛtaṃ līdham teṣāmārogy-
āyeti | § 13460

4.4.83 Āyurvedarasāyana

ghṛtāntaramāha----- kaṇāsaurvarcaleti | vayasthā-āmalakī |
kāyasthā-harītakī | ghṛtāntaramāha | jīvanīyairveti | jīvan-
īyaiḥ sādhitam ghṛtaṃ madhunā saha lihyāt | § 13461

4.4.84 Aṣṭāṅgahr̥dayasaṃhitā

tejovatyabhayā kuṣṭhaṃ pippalī kaṭurohiṇī | | 52 | |
bhūtīkaṃ pauṣkaraṃ mūlaṃ palāśascitrakaḥ
śaṭhī | | 53 | |
paṭudvayaṃ tāmalaḥ jīvantī bilvapeśikā | | 53 | |
vacā patraṃ ca tālīsaṃ
karṣāṃśaistairvipācayet | | 54 | |
5 hiṅgupādairghṛtaprasthaṃ pītamāśu nihanti
tat | | 54 | |
śākhānilārśograhaṇīhidhmāhr̥tpārśvavedanāḥ | | 55 | | § 13467

4.4.85 Sarvāṅgasundarā

tejovatyādibhiḥ kalkaiḥ karṣāṃsairhiṅgupādairhiṅgunaḥ
pādaḥ-caturthāṃśo, yeṣāṃ tairevaṃvidhairghṛtaṃ pacet |
tatpītaṃ duṣṭakaphāvṛtasrotasāṃ pramāthitayā teṣāṃ vi-
vṛtatvamutpādayan śākhānilādīn hanti | § 13468

4.4.86 Āyurvedarasāyana

ghṛtāntaramāha---- tejovatyabhayeti | bhūtikaṃ-kattrṇam |
pādaḥ-karṣacaturthāṃśaḥ | saṅgrahe tu (ci.a. 6)- "siddhaṃ
vā puramañjiṣṭhālākṣāsarjarasaiḥ pibet | sapadmakama-
nohvālairghṛtaprasthaṃ picūnmitaiḥ | | vatsakādipratīv- 5
āpaṃ siddhaṃ vā prathame gaṇe | sapañcalavaṇaṃ sa-
rpiḥ śvāsakāsāvapohati | | prathame-vidāryādau | hiṃsr-
āviḍaṅgapūtīkatrikaṭutriphalāgnikaiḥ | kolamātrairghṛta-
prasthaṃ pācayetsalilādḥake | | kṣīraprasthadvayopetaṃ
tatkāsaśvāsapīnasān | arśāṃsyarocakaṃ gulmaṃ kṣayaṃ
hidhmām ca nāśayet | | " iti | kolaṃ-karṣaḥ | § 13469 10

4.4.87 Aṣṭāṅgahrdayasaṃhitā

ardhāṃśena pibetsarpiḥ kṣāreṇa paṭunā+athavā | | 55 | |
dhānvantaram vṛṣaghṛtaṃ dādḥikaṃ hapuṣādi
vā | | 56 | | § 13471

4.4.88 Sarvāṅgasundarā

dhānvantarādighṛtasyārdhāṃśena kṣāreṇa, athavā paṭunā-
lavaṇena cārdhāṃśena, sarpiḥ pibet | dhānvantaram-
pramehoktam (hr. ci. a. 12/19) | vṛṣaghṛtaṃ-raktapittoktam
(hr. ci. a. 2/40) | dādḥikaṃ-gulmoktam (hr. ci. a. 14/13) |
hapuṣādikaṃ-udaroktam (hr. ci. a. 15/22) | § 13472 5

4.4.89 Āyurvedarasāyana

ghṛtantaramāha---- ardhāṃśeneti | sarpiḥ-purāṇam, uktaṃ
hi saṅgrahe (ci. a. 6)-"saindhavārdhāṃśasaṃyuktaṃ pu-

rāṇaṃ prāyayeddhṛtaṃ | |" iti | ghṛtacatuṣkamatidiśati-
dhānvantaramiti | [dhānvantarādīni-] prameharaktapitta-
gulamjatharoktāni | vaṅgasene (śvāsāślo. 59)- "sauvarcala-
yavakṣārakaṭukāvyoṣacitrakaiḥ | ghṛtaṃ vacāviḍaṅgaiśca
5 sādhitam śvāsāsāntaye | | kulattharasasaṃyuktaṃ pañca-
kolaśṛtaṃ ghṛtaṃ | dīpanaṃ śvāsakāsaghnaṃ kaphavy-
ādhiharaṃ paraṃ | | tiktāsauvarcalakṣārapathyātrikaṭuh-
iṅgubhiḥ | samālūrairghṛtaṃ siddhaṃ sakṣīraṃ śvāsakās-
anut | gulmānāhaṃ(hau) ca śamayetpravṛddhān gudajān-
10 api | | suvahākālikā bhārgī śugākhyā niculaṃ phalam | kā-
kādanī śṛṅgaberam varṣābhūrbrhatīdvayam | | kolamātr-
airghṛtaprasthaṃ pacedetairjalāḍhake | kaduṣṇaṃ pīta-
etadviśvāsāmayavināśanam | | tailaṃ daśaguṇe siddhaṃ
bhṛṅgarājarase śubhe | pīyamānaṃ yathānyāyaṃ kāsaśv-
15 āsau vyapohati | |" iti | § 13473

4.4.90 Aṣṭāṅgahr̥dayasaṃhitā

śītāmbusekaḥ sahasā trāsavikṣepabhīśucaḥ | |56 | |
harṣeṣyocśvāsarodhāśca hitaṃ kīṭaiśca
daṃśanam | |57 | | § 13475

4.4.91 Sarvāṅgasundarā

sahasā-jhaṭityevājñātasāṅketasyaiva, hidhmāśvāsārtasya śī-
tāmbunā seko hitaḥ | trāsaḥ-cittasyodvegakṛtkarma, vikṣepaḥ-
avadhūnanam, bhīḥ-bhayaṃ, śuk-śokaścetasāḥ santāpaḥ,
trāsādayaścatasrastāmasaguṇodbhavāḥ, irṣyā-asūyā para-
5 guṇāsahiṣṇutā, iyaṃ rajoguṇodayā, tathā ucchvāsasya ro-
dhaḥ, ete ca sarve hidhmāśvāsārtāya hitāḥ | tathā, kīṭaiḥ-
pipīlikādibhiḥ, tasmin daṃśanaṃ hitam, vātavegavighāt-
āya | § 13476

4.4.92 Āyurvedarasāyana

cittakṣobhaṇamauśadhamāha----śītāmbuseka iti | vikṣep-
eṇa vaiyagryam | - § 13477

4.4.93 Aṣṭāṅgahr̥dayasaṃhitā

yatkiñcitkaphavātaghnamuṣṇaṃ vātānulomanam | | 57 | |
tatsevyam prāyaśo yacca sutarām
mārutāpaham | | 59 | | § 13479

4.4.94 Sarvāṅgasundarā

yatkiñcit-āhāravihārauṣadhādikaṃ, kaphavātau-pr̥thak sa-
hitau vā, nihanti tatkaphavātaghnam | tathā, uṣṇaṃ-na-
śītam | kaphavātaghnam hi prāyeṇoṣṇameva bhavati |
uṣṇamiti yadiha kṛtaṃ tadatisāyenoṣṇaṃ na tvīṣaduṣṇa-
miti pratipādanārtham | tathā, vātānulomanam kaphavāt- 5
aghnatvenaiva vātānulomanakāritve labdhe prādhānyena
vātapratipakṣeṇa snigdhenā yadyuktaṃ taddhidhmāśvās-
ārtaiḥ kaphavātaghnamadhikoṣṇaṃ sevyamiti pratipāda-
nāyeti | ata evāha-prāyaśa ityādi | prāyaśo-bāhulyena, yat
sutarām mārutaśamanam tat hidhmāśvāsārtaiḥ sevyam | 10
§ 13480

4.4.95 Āyurvedarasāyana

anuktasaṅgrahārthamāha---- yatkiñciditi | yanmārutāpa-
ham tatsutarām sevyam, kaphakṛna ceti | uktaṃ hi
saṅgrahe (ci. a. 6)-"vātakṛdvā kaphaharam kaphakṛ-
dvā+anilāpaham | kāryam naikāntikaṃ tābhyām prāyaḥ
śreyo+anilāpaham | |" iti | § 13481 5

4.4.96 Aṣṭāṅgahr̥dayasaṃhitā

sarveṣāṃ br̥mhaṇe hyalpaḥ śakyaśca prāyaśo
bhavet | | 58 | |
nātyartham śamane+apāyo bhṛśo+aśakyaśca
karṣaṇe | | 59 | |
śamanairbr̥mhaṇaiścāto bhūyiṣṭham
tānupācāret | | 59 | | § 13484

4.4.97 Sarvāṅgasundarā

sarveṣāṃ-hidhmāśvāsārtānām, hi-yasmāt, bṛṃhaṇe vidhī-
yamāne kadācid-daivavaśāt yo+apāyo-roḡādhiḡyamanyarogaprādurbhāvo
vā, bhavet sa prāyaśo+alpastathā śakyaḡ-sādhayituṃ su-
khasādhyah | tathā, teṣāṃ, śamane bheṣajāḡau kriyam-
5 āṇe+apāyo yadi daivātsyāt sa nātyarthaṃ-nātiśayena |
kiṃ tarhi ? madhyamayā vṛtṭyā | hidhmāśvāśāntya-
rthaṃ karṣaṇe bheṣajāḡau kriyamāṇe yo+apāyo jāyate sa
bhṛśo-duḡsahaḡ, ata evāśakyaḡ-sādhayituṃ na śakyaḡ |
yata evaṃ karṣaṇe bhṛśo+aśakyaścāpayo bhavati | ataḡ-
10 asmātkāraṇāt, tān-hidhmāśvāsān, bhūyiṣṭhaṃ-bāhulyena,
śamanairbheṣajaistathā bṛṃhaṇairupācaret | § 13485

4.4.98 Āyurvedarasāyana

śamanabṛṃhaṇakarśanānām kramaddhīnatvamāha---- sa-
rveṣāṃ-iti | yanna bṛṃhaṇaṃ na ca karśanaṃ taccham-
anam | tatra nātyarthaṃapāyaḡ-apāyasyātyantābhāvaḡ |
apāyo bṛṃhaṇe tu kadācidbhavet, sa cālpah, sa ca śakyaḡ |
5 karśane tu sadā, sa cānalpah sa cāśakyaḡ | ataḡ karśanaṃ
na kāryamityāha-śamanairbṛṃhaṇairiti | prathamam śam-
anaistairanupaśame bṛṃhaṇaiḡ | bhūyiṣṭhagrahaṇātkasy-
āñcidavasthāyām karśanairapi | § 13486

4.4.99 Āyurvedarasāyana

kāśādibheṣajamanyonyamatidiśati----kāśaśvāseti | upācar-
edityanuvartyam | [vaṅgasene tu- (hikkādhikāre ślo. 18)-
"prāṇāvarodhatarjanavismāpanabhayabhāśakaiścaghoraiḡ |
kathāprayogaiḡ śamayeddhikkām ghorām manoghātaiḡ | |
5 hikkārtasya payaścchāgaṃ hitam nāgarasādhitam | rasaṃ
pibetphalinyā]śca lājasaktūn sasaindhavān | | pravāś-
aṅkhatriphalācūrṇam madhughṛtāplutam | pippalī gairi-
kaṃ ceti leho hikkānivāraṇah | | kolamajjā+añjanaṃ lājā
tikṭā kāñcanagairikam | kṛṣṇā dhātrī sitā śuṅṭhī kāsīsam
10 dadhināma ca | | pātalyāḡ saphalam puṣpaṃ kṛṣṇā kha-
rjūramustakam | ṣaḡete pādikā lehā hikkāghnā madhu-
saṃyutāḡ | | nirdhūmāṅgāranikṣiptaślakṣṇamāśarajobha-

vaḥ | hikkāḥ pañca nihantyāśu dhūmaḥ pīto na saṃśa-
yaḥ | |" iti | iti hemādriṭikāyāmāyurvedarasāyane | śvāsa-
hikkāprakaraṇaṃ sāmastyena nirūpitam | | 4 | | § 13487

4.4.100 Aṣṭāṅgahr̥dayasaṃhitā

kāsaśvāsakṣayacśardihidhmāścānyonyabheṣajaiḥ | | 4 | |
59 1/2 | | 4 | | § 13489

iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira-
citāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ caturthe cikitsitasth-
āne śvāsahidhmācikitsitaṃ nāma caturtho+adhyāyaḥ | | 4 | | 5
§ 13490

4.4.101 Sarvāṅgasundarā

kāsoktairbheṣajaiḥ śvāsādīnupācaret | śvāsādyuktaiḥ kās-
ānupācaret | evaṃ parasparaṃ sarvairyathoktairbheṣajaiḥ
sarvānetānupācarediti | iti śrīmr̥gāṅkadattaputraśrīmada-
ruṇadattaviracitāyāmaṣṭāṅgahr̥daya-
ṭikāyāṃ sarvāṅgas-
undarākhyāyāṃ caturthe cikitsitasthāne śvāsahidhmācik- 5
itsitaṃ nāma caturtho+adhyāyaḥ samāptaḥ | | 4 | | § 13491

4.5 rājayaḥkṣmādicikitsitādhyāyaḥ : 5

4.5.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto rājayaḥkṣmādicikitsitaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) balino bahudoṣasya snigdhasvinnasya
śodhanam | | 1 | |
ūrdhvādho yakṣmiṇaḥ kuryātsasnehaṃ yanna
karśanam | | 1 | | § 13495

4.5.2 Sarvāṅgasundarā

evambhūtasya rājayaḥkṣmiṇa ūrdhvādhaḥ śodhanam-vamanam
virecanam ca kuryāt, asnigdhasvinnasya śodhanānarha-
tvāt | snigdhasvinnagrahaṇam tvatiśayārtham | kimbhū-
tam śodhanam ? sasneham,-īṣatsnigdham, tathā yanna
5 karśanam-dehasya na kṣapaṇam | yaḥkṣmaṇa iti "dvandv-
opatāpa" ityādinā inirmitvarthāmyaḥ | § 13496

4.5.3 Sarvāṅgasundarā

atha rājayaḥkṣmacikitsitam | tatra śodhanamāha-balino ba-
hudoṣasyeti | § 13497

4.5.4 Aṣṭāṅgahr̥dayasaṃhitā

payasā phalayuktena madhureṇa rasena vā | | 2 | |
sarpīṣmatyā yavāgvā vā
vamanadravyasiddhayā | | 2 | |
vamet-----
| | 3 | | § 13500

4.5.5 Āyurvedarasāyana

vamanamāha---- payaseti | rasena-māṃsarasena | § 13501

4.5.6 Sarvāṅgasundarā

payasā-kṣīreṇa madanaphalānvitena, rājayaḥkṣmī vamet |
evaṃ tena vamanam kāryam | madhureṇa vā māṃsara-
sena madanaphalayuktena vamet | athavā, yavāgvā nṛta-
vatyā tathā vamanadravyeṇa-madanaphalādinā, siddhayā
5 vamet | § 13502

4.5.7 Aṣṭāṅgahr̥dayasaṃhitā

-----virecanam dadyātrivṛcśyāmānṛpadrumān | | 3 | |

śarkarāmadhusarpirbhiḥ payasā tarpaṇena
vā | | 3 | |
drākṣāvidārīkāśmaryamāṃsānāṃ vā
rasairyutān | | 4 | | § 13505

4.5.8 Sarvāṅgasundarā

trivṛdādīnekaikaśaḥ śarkarāmadhusarpiryutān virecanaṃ
dadyāt | athavā payasā trivṛdādīn dadyāt | tarpaṇena vā
saha trivṛdādīn virecanaṃ dadyāt | rasairiti bahuvacanan-
irdeśād drākṣādīnāṃ pṛthagrasairiti bodhyam | § 13506

4.5.9 Āyurvedarasāyana

virecanamāha---- virecanamiti | śarkarādītribhiryuktaiḥ |
drākṣādicaturbhiḥ pṛthak | vaṅgasene (rājyakṣmādhik-
āre ślo. 30)-"balino bahudoṣasya pañcakarmāṇi kārayet |
yakṣmiṇaḥ kṣīṇaśukrasya tatkṛtaṃ syādviṣopamam | | śu-
krāyattaṃ balaṃ puṃsāṃ malāyattaṃ ca jīvitam | ato viś- 5
eṣātsaṃrakṣedyakṣmiṇo malaretasī" | | iti | - § 13507

4.5.10 Aṣṭāṅghṛdayasaṃhitā

śuddhakoṣṭhasya yuñjīta vidhiṃ bṛmhaṇadīpanam | | 4 | |
hṛdyāni cānapānāni vātaghnāni laghūni
ca | | 5 | | § 13509

4.5.11 Sarvāṅgasundarā

śuddhakoṣṭhasya sato yakṣmaṇo bṛmhaṇam dīpanam ca
vidhiṃ prayuñjīta | tathā+annapānāni hṛdyāni-hṛdayapriyāni
tathā vātaghnāni laghūni ca yuñjīta | bāhulyenaitadu-
ktam | § 13510

4.5.12 Āyurvedarasāyana

śuddhasya kṛtyamāha----śuddhakoṣṭhasyeti | § 13511

4.5.13 Aṣṭāṅgahr̥dayasaṃhitā

śāliṣaṣṭikagodhūmayavamudgaṃ samoṣitam | |5| |
laghuma(cā)cyutavīryaṃ ca sujaraṃ balakṛcca
yat | |6| |

4.5.14 Āyurvedarasāyana

yakṣmaghnānnapānamāha----śāliṣaṣṭiketi | samā-saṃvatsaraḥ |
kravyānmāṃsāsīnāṃ māṃsam | § 13515

4.5.15 Sarvāṅgasundarā

tathā śālyādikaṃ varṣoṣitaṃ yuñjīta | ājaṃ kṣīraṃ ghr̥taṃ
māṃsaṃ tathā kravyānmāṃsaṃ ca kṣayajit | § 13516

4.5.16 Aṣṭāṅgahr̥dayasaṃhitā

kākolūkavṛkadvīpigavāśvanakuloraḡam | |6| |
gṛdhrābhāsakharoṣṭraṃ ca hitaṃ
śadmopasaṃhitam | |7| |
jñātaṃ jugupsitaṃ taddhi śardiṣe na
balaujase | |7| | § 13519

4.5.17 Sarvāṅgasundarā

kākolūkādikametanmāṃsaṃ hitam | kimbhūtam ? śadmanopasaṃhitam-
kākādayastittiryādīśabdena deyā ityārthaḥ | kimityevaṃ
kriyate ? ityāha-yasmāttat jugupsitaṃ jñātaṃ sat śardiṣe
sampadyate, na balāya na vaujase | § 13520

4.5.18 Āyurvedarasāyana

kākādimāṃsabhakṣaṇopāyamāha----kākolūketi | § 13521

4.5.19 Aṣṭāṅgahr̥dayasaṃhitā

mṛgādyāḥ pittakaphayoḥ pavane prasahādayaḥ | | 8 | |
vesavārīkṛtāḥ pathyā rasādiṣu ca kalpitāḥ | | 8 | |
bhr̥ṣṭāḥ sarpaṣatailena sarpiṣā vā
yathāyatham | | 9 | |
rasikā mṛdavaḥ snigdhaḥ
paṭudravyābhisamskṛtāḥ | | 9 | |
hitā maulakakaulatthāstadvadyūṣāśca 5
sādhitāḥ | | 10 | | § 13526

4.5.20 Āyurvedarasāyana

māṃsapākaprakāramāha---- mṛgādyā iti | mṛgādyāśca-
tvāro vargāḥ | prasahādyāścatvāraḥ | yathāyatham-pitte
sarpiṣā, kaphavātayoḥ sarṣapatailena | rasikāḥ-surasāḥ |
paṭu-dravyalakṣaṇam | yūṣānāha-hitā iti | tadvat-māṃsarasavat | -
§ 13527 5

4.5.21 Sarvāṅgasundarā

mṛgādyāḥ-mṛgaviṣkirapratudā[daya]ḥ, pittakaphayorhitāḥ |
vāte [prasahādayaḥ-] prasahamahāmṛgāpūcarādayo, hi-
tāḥ | kimbhūtāḥ ? vesavārīkṛtāḥ-piṣṭāḥ, pathyāḥ | tathā,
rasādayo-māṃsarasādayaḥ kalpitāḥ | tathā, sarṣapatailena 5
bhr̥ṣṭāḥ, sarpiṣā vā deśakālādyapekṣayā yathāyatham bhr̥-
ṣṭāḥ | tathā, rasikāḥ-praśastarasavantaḥ, praśamsāyāṃ hye-
ṣa matvarthīyaḥ | mṛdavo-na tīkṣṇāḥ | tathā snigdhaḥ sa-
indhavādibhiḥ kṛtasamskārā hitāḥ | tadvat-tathaiva, mūl-
akādikṛtā yūṣāḥ | § 13528

4.5.22 Aṣṭāṅgahr̥dayasaṃhitā

sapippalīkaṃ sayavaṃ sakulattham sanāgaram | | 10 | |
sadāḍimaṃ sāmalaṃ snigdhamājam rasam
pibet | | 11 | |
tena ṣaḍvinivartante vikārāḥ
pīnasādayaḥ | | 11 | | § 13531

4.5.23 Sarvāṅgasundarā

pippalyādibhiḥ saṃskṛtamājam māṃsarasam ghṛtādisne-
hena snigdham pibet, ityatra māṃsānāmavaśyam snigdha-
atve+api snigdha-grahaṇameṣām ghṛtādisnehena snigdha-
tvam kāryamiti pratipādayati | tena rasena pītena, ṣaṭ vi-
5 kārāḥ pīnasādayaḥ-"pīnasaśvāsakāsām samūrdhasvararu-
jaḥ" (hṛ.ni.a.5/13), śāmyanti | § 13532

4.5.24 Āyurvedarasāyana

ājamāṃsarasamāha---- sapippalikamiti | pīnasādayaḥ-ekādaśasvādyāḥ
ṣaṭ | asya pākavidhiḥ [siddhayoge rājayaḥśmādhikāre
ślo.3]-"dravyato dviguṇam māṃsam sarvato+aṣṭaguṇam
jalam | pādastham saṃskṛtam cājye ṣaḍaṅgo yūṣa ucy-
5 ate | |" iti | saṅgrahe tu (ci.a. 7)-"koladāḍimaniryāsapiṣṭayā+asthivihīnayā |
drākṣayā svacchadhānyāmlaplutāloḍitakalkayā | | kāryaḥ
sauvarcalavyoṣapatrailādīpyakānvitaḥ | samākṣikaḥ sak-
arpūraḥ salavaṅgaḥ sakesaraḥ | candrakānto yathārth-
ākhyāḥ śoṣahā+agnirucipradaḥ | śuktāmradhātrīsvarasa-
10 irdrākṣayāḥ kalkitam palam | | guḍaṣaṭpalasaṃyuktam
yuktam ślakṣṇaiśca kārṣikāiḥ | vṛkṣāmladhānyadravid-
īrājikādāḍimoṣaṇaiḥ | palena nāgapuṣpasya kiñcitsauv-
arcalena ca | sasevyapatratvaktayaḥ surasārasamūrcchi-
taḥ | | bhūribhūstrṇako rāgaḥ kalpyo rucyaḥ samākṣi-
15 kaḥ | |" iti | draviḍī-elā | toyam-vālakam | surasārasaḥ-
tulasīrasaḥ, tena mūrccitaḥ-ekalolībhāva nītaḥ | bhūri-
udbhūtarasagandhi, bhūstrṇam yatra sa tathā | rāgaḥ-
pānakabhedāḥ | § 13533

4.5.25 Aṣṭāṅgahr̥dayasaṃhitā

pibecca sutarām madyam jīrṇam
srotoviśodhanam | | 12 | |
pittādiṣu viśeṣeṇa
madhvariṣṭācśavāruṇīḥ | | 12 | |
siddham vā pañcamūlena tāmalakyā+athavā
jalam | | 13 | |

parṇinībhiścataśṛbhirdhānyanāgarakeṇa
vā | | 13 | |
kalpayeccānukūlo+asya tenānnaṃ śuci
yatnavān | | 14 | | § 13538

4.5.26 Sarvāṅgasundarā

atitarāṃ jīrṇaṃ purāṇaṃ, ca madyaṃ srotoviśuddhika-
raṃ pibet | pittaḍiṣu pittakaphavāteṣu, yathāyuktyā ma-
dhvādīn viśeṣeṇa pibet | athavā, pañcamūlena-hrasvena,
siddhaṃ jalaṃ pibet | tāmalakyā vā jalaṃ parṇinībhiścata-
śṛbhīrvā jalaṃ pakvaṃ pibet | dhānyanāgarakābhyāṃ vā 5
śṛtaṃ pibet | asya ca-yakṣmiṇaḥ, anukūlo yatnavān paric-
ārako+annaṃ śuci tena-pañcamūlādijalena, kalpayet | an-
ukūlādighraṇamatrātiśayārtham | § 13539

4.5.27 Āyurvedarasāyana

madyamāha---- pibecceci | sutarāṃ-anyebhyo dravyebhyaḥ |
madhu-mārdvīkaṃ,tatpitte | ariṣṭaṃ kaphe | acchavāruṇī
vāte | pānīyamāha-siddhaṃ veti | etāni catvāri jalānyanna-
pāke+api yojyānītyāha-kalpayecceci | tena-pañcamūlādijalānyatamena |
anukūlo yatnavāniti pācakaviśeṣaṇam | śucīti pākyaviśeṣ- 5
aṇam | yakṣmiṇo+anne tātparyārtham | § 13540

4.5.28 Aṣṭāṅgahrdayasaṃhitā

daśamūlena payasā siddhaṃ māṃsarasena vā | | 14 | |
balāgarbhaṃ ghrtaṃ yojyaṃ
kravyānmāṃsarasena vā | | 15 | |
sakṣaudraṃ payasā siddhaṃ sarpirdaśaguṇena
vā | | 15 | | § 13543

4.5.29 Sarvāṅgasundarā

daśamūlakvāthena tathā payasā+athavā māṃsarasena ba-
lākalkena sādhitam ghrtaṃ yojyam | kravyānmāṃsaras-

ena vā balāgarbhaṃ pakvaṃ ghr̥taṃ yojyam | kṣīreṇa vā
daśaguṇena balāgarbhaṃ siddhaṃ ghr̥taṃ sakṣaudraṃ
yojyam | § 13544

4.5.30 Āyurvedarasāyana

atha ghr̥tāni | ---- tatra ghr̥tasapta[ka]māha-daśamūleneti |
daśamūlagarbhe dve | balāgarbhamekam | daśamūlasya
kvāthaścecatvāri | balāgarbhāgarbhahīnamekamiti sapta(?) |
sakṣaudrāṇi peyāni | § 13545

4.5.31 Āyurvedarasāyana

ghr̥tāntaramāha---- jīvantīmiti | § 13546

4.5.32 Aṣṭāṅgahr̥dayasaṃhitā

jīvantīm madhukaṃ drākṣām phalāni kuṭajasya ca | | 16 | |
puṣkarāhvaṃ śaṭhīm kṣṇām vyāghrīm
gokṣurakaṃ balām | | 16 | |
nīlotpalaṃ tāmalaḥ trāyamāṇām
durālabhām | | 17 | |
kalkīkr̥tya ghr̥taṃ pakvaṃ rogarājaharaṃ
param | | 17 | | § 13550

4.5.33 Sarvāṅgasundarā

jīvantiyādīn kalkīkr̥tya ghr̥taṃ caturguṇe jale pakvaṃ rogarājaharaṃ param | § 13551

4.5.34 Aṣṭāṅgahr̥dayasaṃhitā

ghr̥taṃ kharjūramṛdvīkāmadhukaiḥ
saparūṣakaiḥ | | 18 | |
sapippalīkaṃ
vaisvaryaśvāsajvarāpaham | | 18 | | § 13553

4.5.35 Sarvāṅgasundarā

kalkīkṛtya pakvamityanuvartate | kharjūrādibhiḥ kalkīkṛ-
tya ghṛtaṃ pakvaṃ pippalīcūrṇena yuktaṃ vaisvaryādih-
aram | § 13554

4.5.36 Āyurvedarasāyana

anyadāha---- ghṛtamiti | kharjūrādikvāthena pippalīkalk-
ena | § 13555

4.5.37 Aṣṭāṅgahṛdayasaṃhitā

daśamūlaśṛtātkṣīrātsarpiryadudiyānavam | | 19 | |
sapippalīkaṃ sakṣaudraṃ tatparaṃ
svaraḥbodhanam | | 19 | |
śīraḥpārśvāṃsaśūlaghnaṃ
kāsaśvāsajvarāpaham | | 20 | |
pañcabhiḥ pañcamūlairvā
śṛtādyadudiyāddhṛtam | | 20 | | § 13559

4.5.38 Sarvāṅgasundarā

daśamūlakvathitāt kṣīrādyatsarpirudiyāt-udgacset, tat-pratyagraṃ,
pippalīkṣaudrānvitamatiśayena svaraḥbodhanam śīraḥpā-
rśvāṃsaśūlaghnaṃ kāsādharam | athavā, pañcabhiḥ pa-
ñcamūlaiḥ śṛtātkṣīrāt yadudbhaveddhṛtam tatpūrvagu-
ṇam | § 13560

5

4.5.39 Āyurvedarasāyana

anyadāha---- daśamūlaśṛtāditi | navam-pratyahaṃ kṛtam |
§ 13561

4.5.40 Aṣṭāṅgahṛdayasaṃhitā

pañcānāṃ pañcamūlānāṃ rase kṣīracaturguṇe | | 21 | |

siddham sarpirjayatyetaryakṣmaṇaḥ saptakaṃ
balaṃ | | 21 | | § 13563

4.5.41 Sarvāṅgasundarā

pañcānāṃ pañcamūlānāṃ rase kṣīracaturgaṇe pakvameta-
dyakṣmaṇaḥ saptakaṃ balaṃ-pīnasādikaṃ, etaddhṛtaṃ
jayet | § 13564

4.5.42 Āyurvedarasāyana

anyadāha---- pañcābhiḥ pañcamūlairveti | rasakṣīrayośca-
turguṇatvaṃ militayoḥ, paribhāṣayā prāptatvāt | - § 13565

4.5.43 Aṣṭāṅgahr̥dayasaṃhitā

pañcakolayavakṣāraṣaṭpalena paceddhṛtaṃ | | 22 | |
prasthonmitaṃ tulyapayaḥ srotasāṃ
tadviśodhanam | | 22 | |
gulmajvarodarapliḥagrahaṇīpāṇḍupīnasān | | 23 | |
śvāsakāsāgnisadanaśvayathūrdhvānilañjayet | | 23 | | § 13569

4.5.44 Sarvāṅgasundarā

pañcakolādinā ṣaṭpalena kalkena ghṛtaprasthaṃ tulyakṣī-
raṃ pacet | tatsrotasāṃ viśodhanam syāt | atra cānuktam-
api jalaṃ snehāccaturguṇaṃ triguṇaṃ vā deyaṃ pūrvokt-
anyāyāt | tathā gulmādīn jayet | § 13570

4.5.45 Āyurvedarasāyana

ṣaṭphalaṃ ghṛtamāha---- pañcakoleti | ṣaṇṇāṃ palāni ka-
lkīkṛtānāṃ, paścātkalkīkaraṇe kalkādhiḥkiyat | dravacātu-
rguṇyaṃ jalena puraṇīyam, jalaṃ vinā muktarasatvābhā-
vāt | § 13571

4.5.46 Aṣṭāṅgahr̥dayasaṃhitā

rāsnābalāgokṣurakasthirāvarṣābhuvāriṇi | |24| |
jīvantīpippalīgarbhaṃ sakṣīraṃ
śoṣajiddhṛtam | |24| | § 13573

4.5.47 Sarvāṅgasundarā

rāsnādikvāthe jīvantīpippalīkalkaṃ kṣīrasahitaṃ pakvaṃ
ghṛtaṃ śoṣajit | § 13574

4.5.48 Āyurvedarasāyana

anyadāha---- rāsnābaleti | § 13575

4.5.49 Aṣṭāṅgahr̥dayasaṃhitā

aśvagandhāśṛtātkṣīrāddhṛtaṃ ca sasiṭāpayah | |25| | § 13576

4.5.50 Sarvāṅgasundarā

aśvagandhayā śṛtāt kṣīrādudbhūtaṃ ghṛtaṃ śarkarākṣīra-
yutaṃ pūrvoktaguṇam | § 13577

4.5.51 Āyurvedarasāyana

anyadāha---- aśvagandhāśṛtāditi | sitayā kalkena payasā
vaidreṇa (draveṇa) siddham | § 13578

4.5.52 Aṣṭāṅgahr̥dayasaṃhitā

sādhāraṇāmiṣatulāṃ toyadroṇadvaye pacet | |25| |
tenāṣṭabhāgaśeṣeṇa jīvanīyaiḥ
palonmitaiḥ | |26| |
sādhayetsarpiṣaḥ prasthaṃ
vātapittāmayāpaham | |26| |

māṃsasarpiridaṃ pītaṃ yuktaṃ māṃsarasena
vā | | 27 | |

kāsaśvāsasvarabhraṃśaśoṣahr̥tpārśvaśūlajit | | 27 | | § 13583

4.5.53 Sarvāṅgasundarā

sādhāraṇasya-bileśayaprasahānāṃ māṃsasya, tulāṃ-palaśataṃ
jaladroṇadvaye pacet | tenāṣṭabhāgaśeṣeṇa kvāthena jīva-
nīyaiḥ pālikaiḥ sarpiṣaḥ prasthaṃ pacet | māṃsasarpiḥsa-
m̐jñametata kevalaṃ pītaṃ māṃsarasena vā yuktaṃ pītaṃ
5 vātapittagnaṃ kāsādijit | § 13584

4.5.54 Āyurvedarasāyana

māṃsaghṛtamāha----sādhāraṇāmiṣatulāmiti | sādhāraṇaṃ-
prasahabileśayānāṃ | pītaṃ prātaḥ, rase[na]yuktaṃ bh-
ojanam | saṅgrāhe (ci.a. 7)-"durālabhāṃ gokṣurakaṃ ca-
tasraḥ parṇinīrbalāṃ | bhāgān palonmitān kṛtvā pa-
5 laṃ parpaṭakasya ca | | paceddaśaguṇe toyē daśabhā-
gāvaśeṣite | pūte tasmin ghṛtaprasthaṃ kṣīraṃ ca dv-
iguṇaṃ pacet | | garbhaṃ datvā śaṭhīkṣṇā bhūnimb-
otpalasārivāḥ | trāyantīm pauṣkaraṃ mūlaṃ sahapatr-
aphalāṃ phalam | | kuṭajasya jatettaddhi śīraḥpārśvā-
10 ṃsavedanāṃ | trṣṇāṃ chardimatīsārakāsadāhabhramajv-
arān | | utpalasārivā-kṣṇasārivā | yaṣṭibalāguḍūcyalpap-
aṅcamūlatulāṃ pacet | sūrpe+apāmaṣṭabhāgasthe tatra
pātraṃ pacedghṛtāt | | dhātrīvidārīkṣurasatripātre pay-
aso+armaṇe | sampiṣṭairjīvanīyaiśca pārāśaramidaṃ gh-
15 ṛtam | | sasainyaṃ rājayaḥkṣmāṇamunmūlayati śīlitam |
murvāharidrākhadirakvāthaṃ sarpiḥ śakṛdrasam | | go-
gajājāvihayajaṃ payastulyān daśa dravān | svāduska-
ndhaṃ trikaṭukaṃ kalkitaṃ devadāru ca | | pacettacchv-
āśaśoṣagnaṃ tadvadvāsāvarīghṛtam | sapañcapaṭu pa-
20 ṅcājaṃ kṣayī kṣīrānupaḥ pibet | | dvipaṅcamūlavaraṇa-
yavabilvapunarnavāḥ | karaṅjaboṭasthavirakulatthabada-
rāgnikāḥ | | bhallātakam ca tatkvāthe ṣaḍguṇe sādhave-
ddhṛtam | garbhaṃ datvā snuhīkṣīraṃ śukākhyācavya-
saindhavam | | harītakīm ca tacchośaśophamedodarāpa-

ham | |" iti | tathā (saṅgrahe ci. a. 7)-"yavāgvā vā pib-
 enmātrāṃ lihyādvā madhunā+anvitām | siddhānāṃ sa-
 rpiṣāmeṣāmadyādannena vā saha | |" iti | sarveṣāṃ sa-
 rpiṣāṃ prayogāntarametat | vaṅgasene tu (rāja.slo. 95)-
 "guḍūcīsārivāhvasvāpañcamūlibalāvṛṣam | samūlapatraś- 5
 ākhaṃ tu pṛthagdaśapalāṃśīkam | | jaladronē vipakta-
 vyaṃ yāvātpādāvaśeṣitam | pippalī candanaṃ rodhraṃ
 hīberośīraparpatam | | pāṭhābhūnimbayasṭyāhvatrāyantī-
 nīlamutpalam | mustakendrayavāḥ śuṅṭhī kaṭukaṃ sad-
 urālabham | | tvakpatraṃ vṛṣamūlam ca kalkairardhap- 10
 alairbhiṣak | ajākṣīreṇa tattulyaṃ ghṛtaprasthaṃ vipāc-
 ayet | | hanti yakṣmāṇamatyugraṃ raktapittaṃ tridoṣa-
 jam | śvāsakāsakṣataksīnadāhaśoṣarujāpaham | | vāsāmṛt-
 āriṣṭanidigdihikānāṃ rase+aśvagandhebbhabalārjunānām |
 siddham sapañcoṣaṇapuṣkarāṇāṃ kalkairghṛtaṃ chāga- 15
 payasca śoṣe | |" iti | yogaratne-"madhukasya śataṃ da-
 dyāt kāśmaryāṇāṃ tathā+a+aḍhakam | parūśakāṇāṃ drā-
 kṣāyāḥ kharjūraudanapākyayoḥ | | madhūkapuṣpasya ta-
 thā mujātakāḍhakam(?) | dvidronē+apāṃ vipaktavyaṃ
 caturbhāgāvaśeṣitam | | tasminkaṣāye pūte ca punara- 20
 gnāvadhīśrayet | ārdṛāmalakakāśmaryavidārīkṣurasādh-
 akam | | tailāḍhakam tu saṃyojya pacetkṣīre caturguṇe |
 tasmimstathā pacyamāne kalkāṃścemān samāvapet | | pi-
 ppalīm śṛṅgaberam ca kadalīm [ca sa] śarkarām | ba- 25
 lāvālakadambaṃ ca sūkṣmailām padmabījakam | | śṛṅg-
 āṭakam kaseruṃ ca jīvanīyāni yāni ca | dvipalīnaṃ pṛ-
 thagdatvā vipacenmṛdunā+agninā | | tatsiddham srāvayi-
 tvā tu śītaṃ kṣaudreṇa saṃsrjet | nasyamabhyañjanaṃ pā-
 naṃ praśastaṃ bastikarmaṇi | vātavyādhiṣu sarveṣu kṣ-
 atakṣīṇe śirograhe | vātaścale(?)pramehe ca gulme cārśe 30
 bhagandare | | vātabhagnāṅgahīnānām kāse śvāse ca hṛ-
 dgrahe | jvarātisāreṣvarucau karṇanāde svarakṣaye | | su-
 kumāramidaṃ tailaṃ bālavṛddhasukhāvaham | etaddhi
 vṛṣyaṃ balyaṃ [ca] raktamāṃsavivardhanam | | sv- 35
 arvarṇakaram caiva śoṣiṇāmamṛtopamam | niḥpākasva-
 sya śailasya(?)samyaksiddhasya yojayet | | udasvidiva da-
 dhyartham so+api kṛtyakaro bhavet | ekādaśa ca ṣaṭ ca
 iva śoṣiṇāṃ ya upadravāḥ | | sukumāraṃ praśamayenm-

edhyo(gho)+agniri(mi)va vr̥ṣṭimān | |" iti | odanapākyā-
balā | § 13585

4.5.55 Aṣṭāṅgahr̥dayasaṃhitā

elājamodātriphalāsaurāṣṭrīvyoṣacitrakān | |28| |
sārānariṣṭagāyatrīśālābījakasambhavān | |28| |
bhallātakaṃ viḍaṅgaṃ ca
pr̥thagaṣṭapalonmitam | |29| |
salile ṣoḍaśagūṇe ṣoḍaśāṃśasthitam
pacet | |29| |
5 punastena ghr̥taprastham siddhe cāsminpalāni
ṣaṭ | |30| |
tavakṣīryāḥ kṣipotrnimśatsitāyā dviguṇam
madhu | |30| |
ghr̥tātr̥nijātātr̥nipalam tato līḍham
khajāhatam | |31| |
payonupānam tatprāhṇe
rasāyanamayantraṇam | |31| |
medhyam cakṣuṣyamāyusaṃ dīpanam hanti
cācirāt | |32| |
10 mehagulmakṣayavyādhipāṇḍurogabhagandarān | |32| | § 13595

4.5.56 Sarvāṅgasundarā

elādi pratyekamaṣṭapalapramāṇam ṣoḍaśagūṇe jale ṣoḍ-
aśāṃ śasthitam-ṣoḍaśāṃśāvaśeṣitam yathāsyāttathā, pa-
cet | tena-kvāthena, punarghr̥taprastham pacet | siddhe
cāsmin ghr̥te tugākṣīryāḥ palāni ṣaṭ, sitāyāstrimśatpalāni,
5 mākṣikam ghr̥tāddviguṇam-prasthau dvāvityarthaḥ, trij-
ātakāt palatrayam tadetasmin kṣipet | khajāhatam samī-
karaṇāya darvyā+a+aloditam, pūrvāhṇe līḍham payonu-
pānam rasāyanamayantraṇam medhyādiguṇam ca syāt |
āśveva gulmādīn hanti | § 13596

4.5.57 Āyurvedarasāyana

atha sarpirguḍāḥ | tatrailādisarpirguḍamāha-elājamodeti |
§ 13597

4.5.58 Aṣṭāṅgahrdayasaṃhitā

ye ca sarpirguḍāḥ proktāḥ kṣate yojyāḥ kṣaye+api
te | | 33 | | § 13598

4.5.59 Sarvāṅgasundarā

ye ca kṣate sarpirguḍā gaditāste ca kṣaye+api yojyāḥ | § 13599

4.5.60 Āyurvedarasāyana

kṣatakāsoktān sarpirguḍānatidiśati---- ye ceti | vaṅgas-
ene (rāja. ślo. 121)-"chāgamāṃsatulāṃ gr̥hya sādhave-
nnalvaṇe+ambhasi | pādaśeṣeṇa tenaiva sarpiḥprasthaṃ
vipācayet | | ṛddhirvṛddhiśca mede dve tathāṣabhajīv- 5
ite(vake) | kākolīkṣīrakākolī kalkaiḥ pṛthakpalonmitaiḥ | |
samyaksiddhe cāvātārya śīte tasmin pradāpayet | śarkarā-
yāḥ palānyaṣṭau madhunaḥ kuḍavaṃ kṣipet | | palam pa-
lam lihetprātaryakṣmāṇaṃ hanti dustaram | kṣatakṣayaṃ
ca kāsaṃ ca pārśvaśūlamarocakam | | svarakṣayamuroro-
gaṃ śvāsaṃ hanyātsudustaram | balamāṃsakaram vṛṣya 10
magnisandīpanaṃ param | | (ślo. 135)-vāsakasya rasapra-
sthaṃ mānikā sitaśarkarā | pippalī dvipalam tadvadājyaṃ
mṛdvagninā pacet | | lehībhūte tataḥ paścācchīte kṣaudra-
palāṣṭakam | datvā+avacārayedvaidyo mātrayā lehamutt-
amam | | nihanti rājyakṣmāṇaṃ kāsaṃ śvāsaṃ ca dāru- 15
ṇam | pārśvaśūlam ca hṛcchūlam raktapittaṃ jvaram ta-
thā | | tvakkṣīrīsrāviṇīdrākṣāmūrvarṣabhakajīvakaiḥ | vīr-
advikṣīrakākolībr̥hatīkapikacchubhiḥ | | kharjūravr̥ṣame-
dābhiḥ kṣīrapīṣṭaiḥ palonmitaiḥ | dhātrīvidārīkṣurasapra-
sthaiḥ prasthaṃ ghṛtātpacet | śarkarārdhatulāṃ śīte kṣau- 20
drārdhaprasthameva ca | | datvā sarpirguḍān kuryāt kās-
ahikkājvarāpahān | yakṣmāṇaṃ tamakaṃ śvāsaṃ raktap-

ittam halīmakam | | śukranidrākṣayaṃ tr̥ṣṇāṃ hanyuḥ kā-
r̥syam sakāmalam | tathaiva cyavanaprāśaḥ pittodreke pr-
aśasyate | | " iti | § 13600

4.5.61 Aṣṭāṅgahr̥dayasaṃhitā

tvagelāpippalikṣīrīśarkarā dviguṇāḥ kramāt | | 33 | |
cūrṇitā bhakṣitāḥ kṣaudrasarpiṣā
vā+avalehitāḥ | | 34 | |
svaryāḥ kāsakṣayaśvāsapārśvarukkaphanāśa-
nāḥ | | 34 | | § 13603

4.5.62 Sarvāṅgasundarā

tvagelādayaḥ krameṇa dviguṇāścūrṇitā bhuktā mākṣikas-
arpirbhyāṃ vā+avalehitāḥ svaryāḥ-svarāya hitāḥ syuḥ, kā-
sādighnāśca | § 13604

4.5.63 Sarvāṅgasundarā

atha cūrṇādīni | tacca(tra) tvagādicūrṇamāha tvageleti |
kṣīrī-tugākṣīrī | saṅgrahe (ci.a. 7)- "kharjūrapippalīdrākṣ-
āpathyāśr̥ṅgīdurālabhāḥ | triphalāpippalīmustaśr̥ṅgātigu-
ḍaśarkarāḥ | | vīrā śaṭhī puṣkarākhyā surasā śarkarā gu-
5 ḍaḥ | nāgaram citrako lājāḥ pippalyāmalakam guḍaḥ | |
viḍaṅgasāraścavikā tryūṣaṇam ca vicūrṇitam | ardhaśl-
okaiḥ smṛtā lehāḥ pañcaite kṣaudrasarpiṣā | | svaryāḥ
kāsakṣayaśvāsapārśvarukkaphanāśanāḥ | | tilamāśāsvag-
andhā vā mākṣikājartadrutāḥ | pūrvokteṣveva [rogeṣu vā-
10 taprāyeṣu] pūjitāḥ | | " iti | vaṅgasene (rāja. ślo. 36)- "dh-
ānyākapippalīviśvadaśamūlījalam pibet | pārśvaśūlajva-
raśvāsapīnasādinivṛttaye | | aśvagandhāmṛtābhīrudāśam-
ūlībalāvṛṣāḥ | puṣkarātiviṣe ghnanti kṣayam kṣīrarasāśi-
naḥ | | kapimāṃsam samādāya ślakṣṇacūrṇam tu kāra-
15 yet | tatpibet kṣīrasamyuktaṃ kṣayarogaharam param | |
hariṇaḥ chāgamāṃsam tu [ślakṣṇacūrṇīkṛtaṃ śubham |
ajākṣīreṇa pātavyam kṣayavyādhivināśanam | | daśamū-

lavacārāsnā]puṣkarasuradārūnāgaraiḥ kvathitam|| pe-
yam pārśvaśīrorukkāsaśvāsādiśāntaye salilam | kakubha-
tvañnāgabalāvānaribījāni cūrṇitaṃ payasi | pakvaṃ ma-
dhughṛtayuktaṃ sasitaṃ yakṣmādikāśaharam || dvipa-
ñcamūlamagadhādhānyānāgarajaṃ jalam | cāturjātakasa- 5
myuktaṃ pibennityaṃ kṣayāturaḥ | kāśajvarādiśamanaṃ
balapuṣṭivivardhanam || samūlapuṣpatvakpallavāyā ra-
saḥ prayojyo madayantikāyāḥ | māsopayogena samastal-
iṅgaṃ yakṣmāṇamugraṃ jayati prasahya || chāgaṃ mā-
msaṃ payaśchāgaṃ chāgaṃ sarpiḥ sanāgaram | chāgo- 10
pasevā śayanaṃ chāgamadhye tu yakṣmanut || kūṣm-
āṇḍakaphalotthena rasena paripeṣitaṃ | lākṣākarśadva-
yaṃ pītvaṃ jayedugraṃ kṣayaṃ naraḥ || vyoṣaṃ śatāv-
arī trīṇi phalāni dve bale tathā | sarvāmayaharo yogaḥ
so+ayaṃ loharajonvitaḥ || etadvakṣaḥkṣataṃ hanti ka- 15
ṇṭhajāṃ vividhāṃ rujam | rājayakṣmāṇamatyugraṃ soru-
stambhamathārditaṃ || (ślo. 85)-śṛṅgyarjunāśvagandhā-
nāgabalāpuṣkarābhayācchinnaruhāḥ | tālīsādisametā le-
hyā madhusarpiṣā ca yakṣmaharāḥ ||" iti | yogaratne-
"krṣṇādrākṣāsītālehaḥ kṣayahā kṣaudratailavān | madhus- 20
arpiryuto vā+aśvagandhākṣṇāsītodbhavaḥ || śatāvarī vi-
dāryaśvagandhā pathyā punarnavā | balātrayaṃ [śva]daṃṣṭrā+a+a+jyama-
kṣayāpahaḥ || śilājītumadhuvyoṣatāpyaloharajāṃsi yaḥ |
kṣīrabhuk leḍhitasyāśu kṣayaḥ kṣayamavāpnuyāt || ma-
dhutāpyaviḍaṅgāśmajatulohaghṛtābhayāḥ | ghnanti ya- 25
kṣmāṇamatyugraṃ sevyamānā hitāśinā || śarkarāmadh-
usaṃyuktaṃ navanītaṃ lihan kṣayī | kṣīrāśī labhate pu-
ṣṭimatulye vā+a+a+jyamākṣike || bāhyālakaraso(sāt) si-
ddhaṃ sarpiḥ pītaṃ kṣayaṃ haret | ghṛtamākṣikasamm-
iśro bāhyālakaraso yathā || jātasāraṃ tu gaṇḍīraṃ sapu- 30
ṣpaṃ pariśoṣayet | ṣaḍaṃśāścheditaṃ kṛtvā tasya pañc-
āḍhakaṃ pacet || trīṃścaiva triphalāprasthān daśamūlī-
tulāṃ tathā | dadyātkuṭajavalkasya palānāṃ pañcaviṃś-
atim || bhallātakānīḍa(ndra)yavā viḍaṅgaṃ ghanameva
ca | ardhaprastha samān bhāgānekaikasya samāpayet || 35
pāṭhā madhurasā.....ṣaḍgranthā citrakastathā | eṣāṃ daś-
apalān bhāgān mṛdvīkāyāstathā+a+aḍhakaṃ || toyadro-
ṇeṣu daśasu paceddvidroṇaśeṣitaṃ | tasminkaṣāye pūte

tu dve guḍasya tule pacet | | yogena sādhitam caiva śu-
 bhe bhāṇḍe nidhāpayet | dvau prasthau pippalīnām tu
 dvau cāyorajasastathā | | ardhaprastho viḍaṅgānām ku-
 ḍavo maricasya ca | etāni sūkṣmacūrṇāni pratīvāpārtha-
 5 māharet | | cūrṇamindrayavānām ca madhunā saha yoja-
 yet | bhāṇḍapralepaḥ kartavyaḥ samāsicya nidhāpayet | |
 eṣa māsasthito lehyo yathāvyādhibalābalam | gaṇḍīrāri-
 ṣṭa ityeṣa vyāsataḥ parikīrtitaḥ | | eṣa śoṣān pramehāmśca
 gulmāmśca jaṭharāṇi ca | krimikoṣṭhāni vardhmāni plīh-
 10 ārsāmśi bhagandaram | | śvayathum pāṇḍurogāmśca gr-
 ahaṇīdoṣameva ca | granthīn sagalagaṇḍāmśca gaṇḍam-
 ālām tathaiva ca | | viṣamajvarakāsāmśca vidradhiṃ vāt-
 aṣoṇitam | ariṣṭaḥ śamayatyēṣa yudhi śakra ivāsuram | |
 samūlām pippalīm śṛṅgīm bṛhatīmaśmabhedakam | paṭ-
 15 olaṃ devakāṣṭham ca śvadamṣṭrāmabhayāśatam | | ekai-
 kam ṣoḍaśapalam kolānāmāḍhakaṃ mitam | dantīcitrak-
 amūlānām pañcaviṃśatpalam pṛthak | | caturguṇe jaladr-
 oṇe pacedardhāvaśeṣitam | śītam samāvapedbhāṇḍe pra-
 lipte madhusarpiṣā | | khaṇḍasya dve śate śuddhe tadva-
 20 llehasya cāvapet | patraṃ kṛtvā tilotsedham sūkṣmacūrṇ-
 īkṛtāni ca | | priyaṅguṃ pippalīm rodhraṃ mṛdvīkāmela-
 vālukam | kramukaṃ śatapuşpaṃ ca nimbaṃ tejovatīm-
 api | | pālikaṃ devadāruṃ ca khadirācca catuṣpalam | kṣ-
 audraprasthadvayaṃ cāpi samāsicya ghaṭe śubhe | | sau-
 25 mye puṣye tathā haste rohiṇyāmuttarāsu ca | daśarātrasth-
 ito pe(de)yo+ariṣṭa ātreypūjitaḥ | | aśvibhyām kathitam
 pūrvam rasāyanamidam śubham | yathāgnibalamātrām
 tu pibedasya hitāśinaḥ | | dhanyaṃ puṣṭikaram medhyaṃ
 valīpalitanāśanam | kṣayakāśajvaraplīhakuṣṭhagulmāgn-
 30 imārdave | | śvitre+aśmaryākva(ma)thodarde vidradhy-
 āmatha(nna)vidviṣu | gaṇḍarogodarataḥ(?)retodoṣe ca
 śasyate | | nāḍīpīḍakayordoṣe bhūtāpasmārasaṅkare | ra-
 hasyametadvaidyānāmupadiṣṭam cikitsitam | | madyam
 kravyādamāṃsam ca śoṣiṇāmamṛtopamam | | phalatrik-
 35 akvāthaviśuddhamādao śuddham guḍūcyā daśamūlaśu-
 ddham | sthirādīkākoliyugādisiddham śilājatu syātkṣay-
 iṣu praśastam | | sthirādīḥ-vidāryādīḥ | kākolī yugādīḥ-
 padmakādīḥ | rasonayogaṃ vidhivatkṣayārtāḥ kṣīreṇa vā

nāgabalāprayogam | bhaveta vā māgadhikāvidhānaṃ ta-
thaiva yogam jatuno+aśmajasya | | " iti | § 13605

4.5.64 Aṣṭāṅgahṛdayasaṃhitā

atha svarasādacikitsitam | | 35 | |
viśeṣātsvarasāde+asya nasyadhūmādi
yojayet | | 35 | | § 13607

4.5.65 Sarvāṅgasundarā

asya-kṣayaṇaḥ, svarasāde viśeṣeṇa nasyadhūmādi yo-
jyam | § 13608

4.5.66 Aṣṭāṅgahṛdayasaṃhitā

tatrāpi vātaje koṣṇam pibedauttarabhaktikam | | 35 | |
kāsamardakavārtākīmārkavasvarasairghrutam | | 36 | |
sādhitam kāsajitsvaryaṃ siddhamārtagalena
vā | | 36 | | § 13611

4.5.67 Sarvāṅgasundarā

[tatra]-teṣu ca svarasādeṣu madhye, vātaje svarasāde kāsa-
mardādisvarasaiḥ sādhitamauttarabhaktikaṃ-bhaktādūrdhvaṃ,
ghṛtam pibet | mārkaḥ-bhṛṅgarājaḥ | tacca sarpiḥ kāsa-
ajit svaryaṃ ca syāt | uttarabhaktāditi "mayūryaṃsa-
kāditvāt" samāsaḥ, tataśca "adhyātmāditvāt" ṭhañ | ath- 5
avā, ārtagalena-nīlapuṣpasahacareṇa, siddham ghṛtame-
vaṃ pibet | § 13612

4.5.68 Aṣṭāṅgahṛdayasaṃhitā

badarīpatrakalkam vā ghṛtabhṛṣṭam
sasaindhavam | | 37 | | § 13613

4.5.69 Sarvāṅgasundarā

athavā badaryāḥ patrakalkaṃ ghr̥tabhr̥ṣṭaṃ sasaindha-
vaṃ yojayet | § 13614

4.5.70 Aṣṭāṅgahr̥dayasaṃhitā

madhukadrākṣāpippalikṛminutphalaiḥ | | 37 | |
haṃsapādyāśca mūlena pakvaṃ nasto
niṣecayet | | 38 | | § 13616

4.5.71 Sarvāṅgasundarā

athavā tailaṃ madhukādibhiḥ pakvaṃ nasto+avasecayet |
kṛmighnaṃ(nut)-viḍaṅgam | phalaṃ-madanaphalam | haṃsapādī-
kīṭamārikā | nasta iti "nasnāsikāyā yattaskṣudreṣu" ityan-
ena tasi nasādeśaḥ | § 13617

4.5.72 Aṣṭāṅgahr̥dayasaṃhitā

sukhodakānupānaṃ ca sasarpiṣkaṃ guḍaudanam | | 38 | |
aśrnīyātpāyasaṃ caivaṃ snigdhaṃ svedaṃ
niyojayet | | 39 | | § 13619

4.5.73 Sarvāṅgasundarā

tathā guḍaudanaṃ sarpiṣā saha sukhodakānupānamaśnī-
yāt | pāyasaṃ caivaṃ sasarpiṣkaṃ sukhodakānupānama-
dyāt | svedaṃ ca snigdhaṃ yojayet | § 13620

4.5.74 Aṣṭāṅgahr̥dayasaṃhitā

pittodbhave pibetsarpiḥ śr̥taśītapayonupaḥ | | 39 | |
kṣīrivṛkṣāṅkurakvāthakalkasiddhaṃ
samākṣikaṃ | | 40 | |
aśnīyācca sasarpiṣkaṃ
yaṣṭīmadhukapāyasaṃ | | 40 | | § 13623

4.5.75 Sarvāṅgasundarā

pittodbhave sarpiḥ samākṣikaṃ kṣīrivṛkṣāṅkurādikvāth-
akalkasiddham śṛtaśītakṣīrānupaḥ pibet | madhuyaṣṭikā-
nviṭaṃ pāyasaṃ sasarpīṣkaṃ bhuñjīta | § 13624

4.5.76 Aṣṭāṅgahrdayasaṃhitā

balāvidārigandhābhyāṃ vidāryā madhukena ca | | 41 | |
siddham salavaṇaṃ sarpirnasyaṃ
svaryamanuttamaṃ | | 41 | | § 13626

4.5.77 Sarvāṅgasundarā

balādibhiḥ siddham sarpiḥ sasaindhavaṃ paraṃ svaryaṃ
syānnasyaṃ | vidārigandhā-śāliparṇī | § 13627

4.5.78 Aṣṭāṅgahrdayasaṃhitā

prapauṇḍarīkaṃ madhukaṃ pippalī bṛhatī balā | | 42 | |
sādhitam kṣīrasarpiśca tatsvaryaṃ nāvanaṃ
param | | 42 | | § 13629

4.5.79 Sarvāṅgasundarā

pittaje svarasāde prapauṇḍarīkādisādhitam kṣīrodbhavaṃ
sarpiḥ śreṣṭhaṃ nasyaṃ | § 13630

4.5.80 Aṣṭāṅgahrdayasaṃhitā

lihyānmadhurakāṇāṃ ca cūrṇaṃ
madhughṛtāplutaṃ | | 43 | | § 13631

4.5.81 Sarvāṅgasundarā

madhurakāṇāṃ ca-madhurarasadravyāṇāṃ, cūrṇaṃ ma-
dhughṛtānviṭaṃ lihyāt | § 13632

4.5.82 Aṣṭāṅgahr̥dayasaṃhitā

pibetkaṭūni mūtreṇa kaphaje rūkṣabhojanaḥ | | 43 | |
kaṭūphalāmalakavyoṣaṃ
lihyāttailamadhuplutam | | 44 | |
vyoṣakṣārāgnicavikābhārgīpathyāmadhūni
vā | | 44 | | § 13635

4.5.83 Sarvāṅgasundarā

kaphodbhave kaṭūni-kaṭukarasāni dravyāṇi, mūtreṇa pi-
bet | rūkṣabhojanaśca syāt | tathā, kaṭūphalādikaṃ tailam-
adhuplutam lihyāt | vyoṣādīni vā evaṃ lihyāt | § 13636

4.5.84 Aṣṭāṅgahr̥dayasaṃhitā

yavairyavāgūṃ yamake kaṇādhātrīkṛtāṃ pibet | | 2 | |
bhuktvā+adyātpippalīm śuṅṭhīm tīkṣṇaṃ vā
vamaṇaṃ bhajet | | 2 | | § 13638

4.5.85 Sarvāṅgasundarā

yavairupādānairyamake-snehadvaye, kaṇādhātrīkṛtāṃ-etatkvāthe
siddhāṃ, yavāgūṃ pibet | tathā, bhuktvā pippalīm śu-
ṅṭhīm vā+adyāt | athavā, tīkṣṇaṃ vamaṇaṃ bhajet | § 13639

4.5.86 Aṣṭāṅgahr̥dayasaṃhitā

śarkarākṣaudramiśrāṇi śṛtāni madhuraiḥ saha | | 46 | |
pibetpayāṃsi yasyocairvadato+abhihataḥ
svaraḥ | | 46 | |
iti svarasādacikitsitam | | 47 | | § 13642

4.5.87 Sarvāṅgasundarā

yasyoccairbhāṣamāṇasya svaro+abhihataḥ sa madhuraiḥ-
jīvanīyaiḥ saha, śṛtāni śarkarāmākṣikamiśrāṇi payāmsi pi-
bet | § 13643

4.5.88 Aṣṭāṅgahrdayasaṃhitā

athārocakacikitsitam | | 47 | |
vicitramannamarucau hitairupahitaṃ
hitam | | 47 | |
bahirantarmrjā cittanirvāṇaṃ
hrdyamauśadham | | 47 | |
dvau kālau dantapavanaṃ
bhakṣayenmukhadhāvanaiḥ | | 48 | |
kaṣāyaiḥ kṣālayedāsyam dhūmaṃ prāyogikaṃ 5
pibet | | 48 | |
tālīśacūrṇavaṭakāḥ sakarpūrasitopalāḥ | | 49 | |
śaśāṅkakiraṇāḥkhyāśca bhakṣyā rucikarāḥ
param | | 49 | | § 13650

4.5.89 Āyurvedarasāyana

athārocakacikitsitam | tatra sāmānyamāha-vicitramannamiti |
antarmrjā-vamanādi | nirvāṇaṃ-nivṛttiḥ | dvau kālau-
prātarbhuktvā sāyam ca | mukhadhāvanaiḥ-tiktakaṭvamlakṛtaiḥ |
prāyogikaṃ-śamanam | tālīśacūrṇaṃ-tālīśapatracūrṇaḥ, ta-
sya vaṭakāḥ sitopalayā kāryāḥ | te ca karpūreṇa surabhīk- 5
ṛtāḥ | śaśāṅkakiraṇāḥ-karpūranālikāḥ | § 13651

4.5.90 Sarvāṅgasundarā

arocake vicitraṃ-nānāvidhamannaṃ, hitaṃ-pathyam | ki-
mbhūtam ? hitaiḥ-pathyaiḥ, upahitaṃ-miśritam | evamar-
ucyākhyo vyādhiviśeṣaḥ sarvavyādhibhyo garīyān | yenā-
pathyamapi yadannaṃ tasmai tadapi deyaṃ prāṇasandh-
āraṇārtham, "annameva prāṇināṃ prāṇāḥ" ityāhuḥ | evaṃ 5
ca sarvavyādhiṣvarucireva pūrvam jetavyā, tato jvarādaya

ityarthāduktam bhavati | bahirmṛjā-bahiḥśuddhiḥ snānā-
dinā bahiḥ parimārjanam | antarmṛjā-antaḥśuddhiḥ | ta-
thā, cittanirvāṇamarucau hitam hrudyamauśadham ca |
5 bhakṣayet | tathā, mukhadhāvanaiḥ kaṣāyairāsyam kṣāla-
yet | prāyogikam-snaihikam, dhūmam pibet | tathā, tālīsa-
cūrṇavaṭakāśca | tathā, sakarpūraśarkarāḥ śaśāṅkakiraṇā-
khyā bhakṣyāḥ param-atiśayena, rucikarāḥ | § 13652

4.5.91 Aṣṭāṅgahr̥dayasaṃhitā

vātādarocake tatra pibeccūrṇam prasannayā | | 50 | |
hareṇukṛṣṇākṛmijiddrākṣāsaindhavanāgarāt | | 50 | |
elābhārgīyavakṣārahiṅguyuktāddhṛtena
vā | | 51 | |
śardayedvā vacāmbhobhiḥ-----
| | 51 | | § 13656

4.5.92 Sarvāṅgasundarā

vātenārucau satyām hareṇvādibhyaścūrṇam prasannayā
pibet | elābhārgyādiyuktaghṛtena vā peyam | vacājalairvā
vamet | § 13657

4.5.93 Āyurvedarasāyana

vātasyauśadhamāha---- vātāditi | vamanamāha-chardayedveti |
vacāmbhobhiḥ-vacākalkitairuṣṇāmbubhiḥ | -- § 13658

4.5.94 Aṣṭāṅgahr̥dayasaṃhitā

-----pittācca guḍavāribhiḥ | | 51 | |
lihyādvā śarkarāsarpirlavaṇottamamākṣi-
kam | | 52 | | § 13660

4.5.95 Sarvāṅgasundarā

pittādarucau guḍavāriṇā vameṭ | śarkarādikaṃ [vā] li-
hyāt | § 13661

4.5.96 Āyurvedarasāyana

pittajasyauṣadhamāha---- pittāceti | guḍavāribhiriti mad-
anaphalayuktaiścchardayet | lehamāha-lihyādveti | lavaṇottamaṃ-
saindhavam | § 13662

4.5.97 Aṣṭāṅgahr̥dayasaṃhitā

kaphādvamennimbajalairdīpyakāragvadhodakam | | 52 | |
pānaṃ samadhvariṣṭāśca tīkṣṇāḥ
samadhūmādhavāḥ | | 53 | |
pibeccūrṇaṃ ca pūrvoktaṃ
hareṇvādyuṣṇavāriṇā | | 53 | | § 13665

4.5.98 Sarvāṅgasundarā

kaphādarocake nimbajalairvameṭ | dīpyakakarṇikārayor-
udakaṃ pānaṃ samākṣikaṃ | ariṣṭāśca tīkṣṇāḥ samārdv-
īkamādhavāḥ pānaṃ | hareṇvādicūrṇaṃ ca pūrvoktaṃ
(ślo.50)uṣṇāmbunā pibet | § 13666

4.5.99 Sarvāṅgasundarā

kaphajasyauṣadhamāha---- kaphādvamediti | nimbajalair-
iti madanaphalayuktaiḥ | pānamāha-dīpyakāragvadhodakamiti |
madhu-mādhvīkaṃ | mādhavo-madhukṛtaṃ madyam |
| | cūrṇamāha-pibeccūrṇamiti | saṅgrahe (ci.a. 7)-"trikaṭutriphalārātriyav- 5
madhuplutam | prātarāhārakāle ca yuñjīta mukhadhāv-
anam | | rātriḥ-haridrā | biḍaṃ sauvarcalaṃ kuṣṭhama-
jājīmarīcaṃ sitā | dhātryelāpadmakośīrapippalīcandano-
tpalam | | rodhraṃ tejovatī pathyā yavakṣāraṃ kaṭutra-
yam | ārdradāḍimaniryāsaḥ sājājīsitaśarkaraḥ | | satailam-
ākṣikayutāścatvāraḥ kavalagrahāḥ | caturo+arocakān ha- 10

nyurekadoṣasamastajān | | kāravyajājīmaricadrākṣāvṛkṣā-
 mldādīmam | sauvarcalaguḍakṣaudraṃ sarvārocakanāś-
 anam | | " iti | vaṅgasene (?) -"jambvāmrappallavaṃ rodhraṃ
 triphalā cayacitrakau | paṭolaṃ naktamālaśca śirīṣaṃ kha-
 5 dirāsanau | | dārvī haridrā mustaṃ ca tejohvā madhukaṃ
 balā | etāni samabhāgāni kaṣāyamupasādhayet | | kvala-
 graha ityeṣa kartavyo madhunā yutaḥ | sarveṣāṃ mukh-
 arogaṇāmarucīnāṃ ca nāśanaḥ | | śāḍavaśca kapitthānāṃ
 savyoṣamadhuśarkaraḥ | arocakeṣu sarveṣu praśasto dhā-
 10 rito mukhe | | āranālaṃ ca śuktaṃ ca mārdrvīkamadirāsa-
 vāḥ | dantayorantare dhāryāstathaiva kavalagrahāḥ | | tv-
 aṅmustavelādihānyāni, mustamāmalakaṃ tvacā | tvacodā-
 ryāyavānyaśca, pippalī tejavyatyapi | | yavānī tittiḍīkaṃ ca,
 pañcaite mukhadhāvanāḥ | ślokapādeṣu vihitā rocanā mu-
 15 khaśodhanāḥ | | kārañjaṃ dantakāṣṭhaṃ ca vidheyamaru-
 ucau sadā | (vaṅgasene arocakādhikāre ślo. 11) -"maricaṃ
 madhunā lehyaṃ kaphaje + arocake bhr̥śam | | amlīkāg-
 uḍatoyaṃ ca tvagelāmaricānvitam | abhaktacchandarog-
 eṣu śastaṃ kavaladhāraṇam | | śṛṅgaverarasam caiva ma-
 20 dhunā saha yojayet | aruciśvāsakāsaghnaṃ pratiśyākaph-
 avātanut | | bhojanāgre sadā pathyaṃ jihvākaṅṭhaviśo-
 dhanam | agnisandīpanaṃ hr̥dyaṃ lavaṇārdrakabhakṣa-
 ṇam | | kāravyajājīpatrailāvyoṣavṛkṣāmladādīmam | sakṣ-
 audraśarkaraṃ hr̥dyaṃ rucikṛdvahnidīpanam | | biḍacū-
 25 rṇamadhūpeto raso dādīmasambhavaḥ | asādhyāmapī sa-
 mḥanyādaruciṃ vaktradhāritaḥ | | śigrūphalānyaṣṭādaśa
 daśa maricaṃ viṃ[śatiśca pippalyaḥ | ārdrakapalaṃ gu-
 ḍapalaṃ prasthatrayamāranālasya | | biḍalavaṇasahitam-
 etat khajāhataṃ surabhigandhādhyam | vyañjanasahasra-
 30 ghāti jñeyaṃ kalahaṃsakaṃ nāmnā | | " iti |] § 13667

4.5.100 Aṣṭāṅgahr̥dayasaṃhitā

elātvaṅnāgakusumatīkṣṇakṣṇāmahaṣadham | | 54 | |
 bhāgavṛddham kramāccūrṇam nihanti
 samaśarkaram | | 54 | |
 prasekārucihr̥tpārśvakāśaśvāsagalāmayān | | 55 | | § 13670

4.5.101 Sarvāṅgasundarā

elādikaṃ cūrṇaṃ krameṇa bhāgavṛddhaṃ samaśarkaraṃ
prasekādīn hanti | § 13671

4.5.102 Āyurvedarasāyana

[samaśarkaracūrṇamāha-] elātvagiti | kecittvañnāgapuṣp-
ayormadhye patrakamadhikaṃ paṭhanti, kecinnāgapuṣp-
amarīcayormadhye | pāṭhatrayamapi pramāṇam | § 13672

4.5.103 Aṣṭāṅgahrdayasaṃhitā

yavānītittiḍīkām lavetasauśadhadāḍimam | | 55 | |
kṛtvā kolaṃ ca karṣāsaṃ sitāyāśca
catuṣpalam | | 56 | |
dhānyasauvarcalājīvarāṅgaṃ
cārdhakārṣikaṃ | | 56 | |
pippalīnāṃ śataṃ caikaṃ dve śate maricasya
ca | | 57 | |
cūrṇametatparam rucyaṃ hrdayaṃ grāhi, hinasti 5
ca | | 57 | |
vibandhakāsaḥṛtpārśvaplīhārśograhaṇīgadān | | 58 | | § 13678

4.5.104 Sarvāṅgasundarā

yavānītyādi kolāntāni pratyekaṃ kārṣikāṇi, śarkarāyāḥ pa-
lāni catvāri, dhānyakādīkamardhakārṣikaṃ, śatamekaṃ
pippalīnāṃ, dve śate maricasya ca, cūrṇamidaṃ paraṃ
rucyaṃ tathā hrdayāya hitaṃ grāhi, vibandhādīn hanti |
§ 13679

5

4.5.105 Āyurvedarasāyana

śāḍavamāha---- yavānīti | auśadhaṃ-śuṅṭhī | kolaṃ-badaram |
varāṅgaṃ-tvak | śataṃ-meyasya, na mānasya karṣādeḥ |
"sañkhyā phalānāṃ śataśo+apalā syāt | " iti vacanāt | § 13680

4.5.106 Āyurvedarasāyana

tālīsādimāha---- tālīsapatramiti | śubhā-vaṃśarocanā | ardhabhāgike-
milite tālīsame | yogaratne-"tālīsoṣaṇanāgacavyalavaṇaistulyāṃśakairdvistata
kṛṣṇā granthikatittiḍīkahutabhuktvaḡīrakākhyairyutaiḡ |
viśvailābadarāmlavetasaghanairdhānyājamodāyutaisryaṃśa-
5 irdāḍimapāda eṣa vihiṭaḡ śreṣṭhaḡ sitārdhāyutaḡ | | ka-
ṇṭhāsyodarahr̥dvikāraśamanaḡ kāyāgnisandīpano gulm-
ādhmānaviṣūcikāgudarujāśvāsakrimicchardihā | kāsāru-
cyatisāramūḍhamarutāḡ hr̥droḡiṇāḡ kīrtitaścūrṇo+ayaḡ
bhiṣajāmātīva dayitaḡ khyāto mahākḡhāṇḍavaḡ | | lavaṅga-
10 kaṅkolamuśīracandanāḡ nataḡ sanīlotpalakṛṣṇajīrakam |
elā sakṛṣṇā+agurubhr̥ṅakesaram kaṇā saviśvā naladaḡ
sahāmbunā | | karpūrajātīphalavaṃśalocanam sitāṣṭabh-
āgaḡ samasūkṣmacūrṇitam | surocanam tarpaṇamagni-
dīpanam balapradam vṛṣyatamaḡ tridoṣanut | | urovib-
15 andham tamakam galagraham sakāsahidhmāruciyaḡkṣm-
apīnasam | grahaṇyatīsāramathāsṛjaḡ kṣayam prameha-
gulmāṃśca nihanti satvaram | | karpūracocakaṅkolajātī-
phaladalāḡ samāḡ | lavaṅganāgamaricakṛṣṇāśuṅṭhyo vi-
vardhitāḡ | cūrṇam sitāsamaḡ hr̥dyam rocanam kṣay-
20 akāsajit | vaisvaryaśvāsagulmārśaśrcchārdikaṅṭhāmāyāp-
aham | | prayuktaḡ cānnapāne vā bheṣajadveṣiṇāḡ hi-
tam | " iti | vivardhitāḡ-krameṇa bhāgottarāḡ | § 13681

4.5.107 Aṣṭāṅgahr̥dayasaṃhitā

tālīsapatram maricam nāgaram pippalī śubhā | | 58 | |
yathottaram bhāgavṛddhyā tvagele
cārdhabhāgike | | 59 | |
tadrucyam dīpanam cūrṇam
kaṇāṣṭagaṇaśarkaram | | 59 | |
kāsaśvāsārucicśardiḡplīhahr̥tpārśvaśūlanut | | 60 | |
5 pāṇḍujvarātisāraghnam
mūḍhavātānulomanam | | 60 | |
ityarocakacikitsitam | | 61 | | § 13687

4.5.108 Sarvāṅgasundarā

tālīsapatrādayo yathottaram-uttarottaram, bhāgavṛddhāḥ
kāryāḥ | tvak ca elā ca ete+ardhabhāgapramāṇe | etaccū-
rṇam pippalyaṣṭagaṇaśarkaram dīpanam kāsādijicca, pā-
ṇḍvādighnam mūḍhavātānulomanam ca | § 13688

4.5.109 Aṣṭāṅgahr̥dayasamhitā

arkāmṛtākṣārajale śarvarīmuṣitairyavaiḥ | | 61 | |
praseke kalpitānsaktūn bhakṣyāṃścādyādvalī
vamet | | 61 | |
kaṭutiktaistathā śūlyam bhakṣyejjāṅgalaṃ
palam | | 62 | |
śuṣkāṃśca bhakṣyān
sulaghūṃścaṇakādirasānupaḥ | | 62 | | § 13692

4.5.110 Sarvāṅgasundarā

arkādijale rātristhitairyavaiḥ saktūn kalpitān bhakṣyāṃśca
praseke bhakṣayet | balavān kaṭutiktakairvamet | tathā,
śūlyam jāṅgalaṃ māṃsam bhakṣayet | śuṣkāṃśca bh-
akṣyān bhojayet | bhojyaviśeṣān laghutarān bhakṣayet |
caṇakādirasamanu-paścāt, pibet | § 13693

5

4.5.111 Āyurvedarasāyana

athopadravacikitsā | tatra prasekacikitsāmāha-arkāmṛtākṣārajala
iti | arkaguḍūcyoḥ kṣārasya kṣāravidhinā gr̥hīte jale rātri-
muṣitairyavaiḥ saktavo bhakṣyāśca kalpyāḥ | yastu pras-
ekī balavān sa kaṭutiktairvamet | caṇakādīnām rūkṣāṇām
raso-yūṣaḥ, anupāne | § 13694

5

4.5.112 Aṣṭāṅgahr̥dayasamhitā

śleṣmaṇo+atiprasekena vāyuh śleṣmāṇamasyati | | 63 | |
kaphaprasekam taṃ vidvānsnigdhoṣṇaireva
nirjayet | | 63 | | § 13696

4.5.113 Sarvāṅgasundarā

vāyuh śleṣmāṇaṃ kṣipati śleṣmaṇo+atiprasekena hetubh-
ūtena taṃ kaphaprasekaṃ vidvān snigdhoṣṇaireva nirja-
yet | § 13697

4.5.114 Āyurvedarasāyana

cikitsāntaramāha-śleṣmaṇa iti | yasmin kaphasyātipras-
ekena kṣīṇatve sati kupito vāyuh kṣīṇamapi kaphaṃ
balādasyati-prerayati, taṃ snigdhoṣṇena cauṣadhena nirjayet-
na rūkṣaśītena | vidvān-avasthopacārajño vaidyaḥ | § 13698

4.5.115 Aṣṭāṅgahr̥dayasaṃhitā

pīnase+api kramamimaṃ vamathau ca
prayojayet | | 64 | | § 13699

4.5.116 Sarvāṅgasundarā

imaṃ-kaphaprasekoktaṃ, kriyākramaṃ pīnase vamathau-
śardiṣi ca, prayojayet | § 13700

4.5.117 Āyurvedarasāyana

śardipīnasayoḥ prasekakikitsāmāha-pīnase+apīti | § 13701

4.5.118 Āyurvedarasāyana

pīnase viśeṣamāha-viśeṣāditi | snigdhan snigdhadravyak-
ṛtān | utkārikāśca piṇḍāśceti dvandvaḥ | piṇḍāḥ-piṇḍākārā
bhakṣyāḥ | § 13702

4.5.119 Aṣṭāṅgahr̥dayasaṃhitā

viśeṣātpīnase+abhyaṅgān snehān svedāṃśca
śīlayet | | 64 | |

snigdhānutkārikāpiṇḍaiḥ
śiraḥpārśvagalādiṣu | | 65 | |
lavaṇāmlakaṭuṣṇāṃśca rasān
snehopasaṃhitān | | 65 | | § 13705

4.5.120 Sarvāṅgasundarā

viśeṣeṇa pīnase+abhyaṅgān snehān svedāṃśca snigdhān
śīlayet | kaiḥ ? utkārikāpiṇḍaiḥ | keṣu ? śiraḥpārśvagalād-
iṣu | lavaṇādīṃśca rasān snehopasaṃhitān śīlayet | § 13706

4.5.121 Aṣṭāṅgahr̥dayasaṃhitā

ā0 ra0-śiraḥśūlādicikitsāmāha----śiromaṣapārśvaśūleṣviti |
vātajeṣu viśeṣamāha-audakānūpapiśitairiti |
susamskr̥tāḥ-kaṭupaṭvamlaiḥ | § 13707

4.5.122 Aṣṭāṅgahr̥dayasaṃhitā

śiromaṣapārśvaśūleṣu yathādoṣavidhiṃ caret | | 66 | |
audakānūpapiśitairupanāhāḥ
susamskr̥tāḥ | | 66 | |
tatreṣṭāḥ
sacatuḥsnehāḥ----- | | 67 | | § 13710

4.5.123 Sarvāṅgasundarā

śiromaṣapārśvaśūleṣu doṣānusāreṇopakramaḥ kāryaḥ | te-
ṣvaudakānūpamāṃsaiśctuḥsnehayutāḥ susamskr̥tā upan-
āhā iṣṭāḥ | § 13711

4.5.124 Aṣṭāṅgahr̥dayasaṃhitā

-----doṣasaṃsarga iṣyate | | 67 | |

pralepo natayaṣṭyāhvaśatāhvākuṣṭhacandan-
aiḥ | | 67 | |
balārāsnātilaistadvatsasarpirmadhukotpalaiḥ | | 68 | |
punarnavākṛṣṇagandhābalāvīrāvidāribhiḥ | | 68 | | § 13715

4.5.125 Sarvāṅgasundarā

doṣasaṃsarge ca-dvandve, tagarādibhiḥ pralepa iṣyate |
tathaiva balādibhiḥ ghṛtamadhukotpalayutaiḥ, [tathā] pu-
narnavādibhiḥ | § 13716

4.5.126 Āyurvedarasāyana

saṃsargajeṣu viśeṣamāha---- doṣasaṃsarga iti | tribhir-
ardhaistrayo lepāḥ | saṅgrahe tu dvāvadhikau (ci. a.
7)-"palaṅkaṣā devadāru candanaṃ madhukaṃ ghṛtam |
abhīruyaṣṭimadhukaṃ payasyā kaṭṭṛṇaṃ ghṛtam | |" iti |
§ 13717

5

4.5.127 Aṣṭāṅgahr̥dayasaṃhitā

nāvanaṃ dhūmapānāni snehāścauttarabhaktikāḥ | | 69 | |
tailānyabhyaṅgayogīni bastikarma tathā
param | | 69 | | § 13719

4.5.128 Sarvāṅgasundarā

nasyaṃ tathā dhūmapānānīṣyante | tathā, auttarabhaktik-
āśca snehāḥ | tailānyabhyaṅgayogīni-abhyaṅgayogaprasāstāni |
tathā bastikarma-"prāksnehāḥ" (hr̥.sū.a.19/63) ityādikam,
paraṃ-ceṣṭam | § 13720

4.5.129 Āyurvedarasāyana

nasyādīnyāha---- nāvanamiti | uttarabhaktikāḥ-bhojanottaraṃ
prayuktāḥ | paraṃ-śreṣṭham | § 13721

4.5.130 Aṣṭāṅgahr̥dayasaṃhitā

śṛṅgādyairvā yathādoṣaṃ duṣṭameṣāṃ haredasṛk | |70| |
pradehaḥ saghr̥taiḥ śreṣṭhaḥ
padmakośīracandanaiḥ | |70| |
dūrvāmadhukamañjiṣṭhākesarairvā
ghṛtāplutaiḥ | |71| |
vaṭādisiddhatailena śatadhautena
sarpiṣā | |71| |
abhyaṅgaḥ payasā sekaḥ śastaśca
madhukāmbunā | |72| | § 13726

5

4.5.131 Sarvāṅgasundarā

śṛṅgādyaiḥ-śṛṅgajalaukolābubhiḥ, yathādoṣaṃ-vātapittakaphaduṣṭaṃ,
raktameṣāṃ-yakṣmiṇāṃ, haret | pralepaḥ padmakādi-
bhiḥ saghr̥taiḥ śreṣṭhaḥ, dūrvādibhirvā ghṛtāplutaiḥ |
vaṭādinā-nyagrodhādinā, siddhena tailenābhyaṅgaḥ śa-
stah | śatadhautena vā ghṛtena tathā kṣīreṇa sekaḥ śastah | 5
madhuyaṣṭikājaleṇa vā | § 13727

4.5.132 Āyurvedarasāyana

raktaduṣṭau viśeṣamāha----śṛṅgādyairveti | "vātādidhāma
vā śṛṅgajalaukolābubhiḥ kramāt |" (hr̥. sū. a. 26 | 55)ityukt-
atvāt | eṣāṃ-śiromaṣapārśvaśūlinām | kesaraṃ-padmasya
vaṭādiḥ-nyagrodhādigaṇaḥ | - § 13728

4.5.133 Aṣṭāṅgahr̥dayasaṃhitā

prāyeṇopahatāgnitvātsapicśamatisāryate | |72| |
tasyātisāragrahaṇīvihitaṃ
hitamauṣadham | |73| | § 13730

4.5.134 Āyurvedarasāyana

atisārakitsāmāha---- prāyeṇeti | saṅgrahe tu (ci. a. 7)-
"sanāgarānindrayavān pāyayettaṇḍulāmbunā | jīrṇeṣu teṣu
peyaṃ ca cāṅgerītakradāḍimaiḥ | | pāṭhā bilvayavānīnāṃ
cūrṇaṃ takreṇa vā pibet | surayā vā plutāṃ pāṭhāṃ sa-
5 nāgaradurālabhāṃ | | jambvāmrbilvamadhyaṃ vā sak-
apitthaṃ sanāgaram | peyāmaṇḍena yogaiśca pāṭhādy-
aiḥ kārayettribhiḥ | | sasūpyadhānyān sasnehān sāmlān
salavaṇān khalān | vetasārjunajambūnāṃ mṛṇālīkṛṣṇaga-
ndhayoḥ | | śrīparṇyā mātuluṅgasya dhātakyā dāḍimasya
10 ca | cāṅgeryā madayantyāśca yūthi kāyāśca pallavaiḥ | |
kālaviddugdhikāyāśca cukrikāyāśca yojayet | khalān da-
dhisaropetān sasarpiṣkān sadāḍimān | | rocanān dīpanān
hr̥dyānatīsāraharān parān |" iti | peyāyā maṇḍena bh-
aktasya[|n]te jambvādicūrṇaṃ pibet | mṛṇālī-padminī |
15 kṛṣṇagandhā-śigruḥ | madayantyāḥ-mallikāyāḥ | cukrikā-
vi.... dā | tathā (saṅgrahe ci. a. 7)-"jvarādiṣvapi kurvīta vi-
kāreṣu yathāmayam | bahvāmayasamūho hi yakṣmā+ataḥ
so+atiduḥsahaḥ | |" iti | § 13731

4.5.135 Sarvāṅgasundarā

bāhulyenopahatāgnitvātkāraṇāt picśayā sahātisāryate ya-
kṣmī | tasyātisāre grahaṇyāṃ ca yaduktamauṣadhaṃ ta-
ddhitam | § 13732

4.5.136 Aṣṭāṅgahr̥dayasaṃhitā

purīṣaṃ yatnato rakṣecśuṣyato rājayakṣmiṇaḥ | |73| |
sarvadhātuḥsayārtasya balaṃ tasya hi
viḍbalaṃ | |74| | § 13734

4.5.137 Sarvāṅgasundarā

tathā, rājayakṣmiṇaḥ śuṣyataḥ sataḥ purīṣaṃ yatnena ra-
kṣet | kimityāha-yasmāttasya-śoṣiṇaḥ, sarvadhātuḥsayā-
rtasya sato viḍbalameva balaṃ-na dhātvādiḥ balaṃ |
§ 13735

4.5.138 Aṣṭāṅgahr̥dayasaṃhitā

māṃsamevāśnato yuktyā mārđvīkaṃ pibato+anu
ca | |74| |
avidhāritavegasya yakṣmā na
labhate+antaram | |75| |
surāṃ samaṇḍāṃ
mārđvīkamariṣṭānsīdhumādhavān | |75| |
yathārhamanupānārthaṃ pibenmāṃsāni
bhakṣayan | |76| |
srotovibandhamokṣārtha balaujaḥpuṣṭaye ca 5
tat | |76| | § 13740

4.5.139 Sarvāṅgasundarā

māṃsameva yuktyā-deśakālasātmyādīlakṣaṇayā, bhakṣa-
yato mārđvīkaṃ ca paścāt pibato vegamadhārayato ya-
kṣmā antaram-avakāśaṃ, na labhate | tathā, surādīnanup-
ānārthaṃ pibet | māṃsāni bhakṣayet | tat-surādyanupānaṃ
māṃsabhakṣaṇaṃ ca, srotovibandhabhokṣārthaṃ balāya- 5
ujasaśca puṣṭaye | § 13741

4.5.140 Āyurvedarasāyana

māṃsamadyaprayogamāha---- māṃsameveti | § 13742

4.5.141 Aṣṭāṅgahr̥dayasaṃhitā

snehakṣīrāmbukoṣṭheṣu svabhyaktamavagāhayet | |77| |
uttīrṇaṃ miśrakaiḥ snehairbhūyo+abhyaktaṃ
sukhaiḥ karaiḥ | |77| |
mṛdgīyātsukhamāsīnaṃ sukhaṃ
codvartayetparam | |78| | § 13745

4.5.142 Sarvāṅgasundarā

snehādikoṣṭheṣu svabhyaktaṃ santamavagāhayet-nimagnaṃ
sthāpayet | tataḥ koṣṭhāduttīrṇaṃ bhūyaḥ punarmiśrak-
aiḥ snehaiḥ-gulmoktaiḥ (hr̥.ci.a.14/89), abhyaktaṃ sukhaiḥ-
sukhāvahairna duṣkaraiḥ, karaiḥ sukkena tiṣṭhantaṃ mṛ-
5 dgīyāt | paraṃ-atīśayena, sukhaṃ yathā bhavati tathodva-
rtayet | § 13746

4.5.143 Āyurvedarasāyana

avagāhādīnyāha----snehakṣīrāmbukoṣṭheṣviti | avagāhābhy-
aṅgamardanodvartatāni krameṇa kuryāt | miśrako-yamakādiḥ | -
§ 13747

4.5.144 Aṣṭāṅgahr̥dayasaṃhitā

jīvantīm śatavīryāṃ ca vikasāṃ sapunarnavām | | 78 | |
aśvagandhāmapāmārgaṃ tarkārīm madhukaṃ
balām | | 79 | |
vidārīm sarṣapān kuṣṭhaṃ
taṇḍulānatasīphalam | | 79 | |
māṣāṃstilāṃśca kiṇvaṃ ca sarvamekatra
cūrṇayet | | 80 | |
5 yavacūrṇaṃ triguṇitaṃ dadhnā yuktaṃ
samākṣikam | | 80 | |
etadudvartanaṃ kāryaṃ
puṣṭivarṇabalapradam | | 81 | | § 13753

4.5.145 Sarvāṅgasundarā

jīvantyādikaṃ kiṇvaparyantaṃ sarvamekatra cūrṇayet |
vikasā-mañjiṣṭhā | yavacūrṇaṃ sarvebhyastriguṇaṃ da-
dhnā yuktaṃ samākṣikametadudvartanaṃ kāryaṃ puṣṭy-
ādipradam | § 13754

4.5.146 Āyurvedarasāyana

udvartanayogamāha---- jīvantīmiti | śatavīryāṃ-śatāvarīm |
vikasāṃ-mañjiṣṭhām | taṇḍulān-śālīnām | utsādanam-udvartanam |
§ 13755

4.5.147 Aṣṭāṅgahr̥dayasaṃhitā

gaurasarṣapakalkena snānīyauṣadhibhiṣca saḥ | | 81 | |
snāyādr̥tusukhaistoyairjīvanīyopasādhitaiḥ | | 82 | | § 13757

4.5.148 Sarvāṅgasundarā

gaurasarṣapāṇam kalkena snānīyaiḥ-snānārhairgandhadravyaviśeṣaiḥ,
auṣadhibhiṣca-sahadevyādibhiḥ, ṛtau-hemantādike, sukhāvahaiḥ-
uṣṇādibhiḥ, toyairjīvanīyadravyaśṛtaiḥ snāyāt | § 13758

4.5.149 Āyurvedarasāyana

snānamāha---- gaurasarṣapakalkeneti | snānaiḥ-grahasnānoktaiḥ
dravyairmantraīścāṣaudhibhiḥ saṃjñābhiḥ | § 13759

4.5.150 Aṣṭāṅgahr̥dayasaṃhitā

gandhamālyādikāṃ bhūṣāmalakṣmīnāsanīm
bhajet | | 82 | | § 13760

4.5.151 Sarvāṅgasundarā

tathā, gandhaiḥ-candanakuṅkumādibhiḥ, mālyaiḥ-kusumaiḥ,
ādiśabdenālaṅkāradigrahaṇam, tairbhūṣāmalakṣmīghnīm
seveta | § 13761

4.5.152 Āyurvedarasāyana

anulepanādīnyāha---- gandhamālyādikāmiti | § 13762

4.5.153 Aṣṭāṅgahr̥dayasaṃhitā

suhṛdāṃ darśanam gītavāditrotsavasasaṃsrutiḥ | | 83 | |

bastayaḥ kṣīrasarpīṣi

madyamāṃsasusīlatā | | 83 | |

daivavyapāśrayaṃ tattadatharvoktaṃ ca

pūjitaṃ | | 5 | |

83 1/2 | | 5 | | § 13766

5 iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ caturthe cikitsit-
asthāne rājayaḥkṣmādicikitsitaṃ nāma pañcamo+adhyāyaḥ | | 5 | |
§ 13767

4.5.154 Sarvāṅgasundarā

tathā, suhṛdāṃ-bandhūnām, darśanam | gītasya vāditrā-

nām tathotsavasya-putrajanmavivāhādeḥ, saṃśravaṇam |

tathā, bastayaḥ kṣīrasarpīṣi-kṣīrāṇām ghṛtāni, madyamā-

ṃsānām susīlatā | tathā, daivavyapāśrayaṃ-balimaṅgalahomaprāyaścittādikaṃ |

5 tathā, athavoktaṃ-atharvavedavihitam yāgādikaṃ ca, pūjitaṃ-
praśastametadatretyarthaḥ | iti śrīmr̥gāṅkadattaputraśrī-
madaruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarvā-
ṅgasundarākhyāyāṃ caturthe cikitsitasthāne rājayaḥkṣmā-
dicikitsitaṃ nāma pañcamo+adhyāyaḥ samāptaḥ | | 5 | |
10 § 13768

4.5.155 Āyurvedarasāyana

suhṛddarśanādīnyāha---- suhṛdāṃ darśanamiti | saṅgrahe

(ci.a. 7) "iṣṭyā yayā ca candrasya rājayaḥkṣmā purā jitaḥ | pu-

rohitaḥ prayuñjīta vedoktām tām jītātmanaḥ | | ajā vā pa-

ryupāsīta ṣaṇmāsānuṭaje vasan | tatpayomūtraviḍvṛttipa-

5 riṣekapragharṣaṇaḥ | | tābhiḥ parivṛtaḥ svapyāttacchākṛ-
dreṇusaṃstare | etadrasāyanam śreṣṭham rogarājasya nā-
śanam | |" iti | iti hemādriṭīkāyāmāyurvedarasāyane | rāj-
ayaḥkṣmaprakaraṇam sāmastyena nirūpitaṃ | | 5 | | § 13769

4.6 cardihṛdrogatṛṣṇācikitsitādhyāyaḥ : 6

4.6.1 Aṣṭāṅgahr̥dayasaṃhitā

athāta-chardihṛdrogatṛṣṇācikitsitaṃ vyākhyāsyāmaḥ iti
ha smāhuratreyādayo maharṣayaḥ | | 2 | |
) āmāśayotkleśabhavāḥ prāyaścchardyo hitaṃ
tataḥ | | 1 | |
laṅghanaṃ prāgr̥te vāyorvamaṇaṃ tatra
yojayet | | 1 | |
balino bahudoṣasya vamataḥ pratataṃ
bahu | | 2 | | § 13773

4.6.2 Sarvāṅgasundarā

utkleśanaṃ-utkleśo,-doṣāṅāmucchūnāvasthaiva | āmāśa-
yotkleśāt sambhavo-janma, yāsāṃ tā āmāśayotkleśabh-
avāḥ prāyaścchardyo yatastasmāt prāk-prathamaṃ, la-
ṅghanaṃ hitaṃ | prāyograhaṇaṃ vātajāyāṃ chardiyā-
āmāśayotkleśāsambhavārthaṃ vāyor̥te tadyojayet | kā- 5
rye kāraṇopacārādevaṃ nirdiṣṭaṃ | vātajāṃ hi chardi
muktvā+anyāsu chardiṣu laṅghanaṃ kāryaṃ | laṅghane
kr̥te+apyānu paśāntavegāsu tatra-tāsu chardiṣu, vamaṇaṃ
kāryaṃ | balinaḥ puṃso-na durbalasya, athavā bahudoṣa-
sya, tathā pratataṃ-anārataṃ, bahu vamato vamaṇaṃ yo- 10
jayet | § 13774

4.6.3 Aṣṭāṅgahr̥dayasaṃhitā

tato virekaṃ kramaśo hr̥dyaṃ madyaiḥ
phalāmbubhiḥ | | 2 | |
kṣīrairvā saha sa hyūrdhvaṃ gataṃ doṣaṃ
nayatyadhaḥ | | 3 | |
śamaṇaṃ cauśadhaṃ rūkṣadurbalasya tadeva
tu | | 3 | | § 13777

4.6.4 Sarvāṅgasundarā

tato-vamanādanantaraṃ virekauṣadhaṃ kramaśo-na sa-
hasā, yojayet | kimbhūtaṃ virekadraṅgyam ? hr̥dyam-
hr̥dayāya hitam | kaiḥ saha ? madyaiḥ-mārdvīkādibhiḥ |
tathā, phalāmbubhiḥ-śobhanadrā kṣādiphalaṇiṣpāditav-
5 āribhiḥ | athavā, kṣīraiḥ-gokṣīrādibhiḥ saha | kimevaṃ
syāt ? ityāha-sa hyūrdhvamityādi | yasmātsaḥ-virekaḥ,
ūrdhvaṃ gataṃ doṣaṃ śardyanugamadho nayati | na kev-
alam śodhanaṃ-vamaṇaṃ virecanaṃ vā, tatra yojayet | yā-
vacśamaṇamapi yadauṣadhaṃ tadapi tatra yojayet | rūkṣ-
10 adurbalasya punaḥ puṃsastadeva-śamaṇameva, yojayet,
śodhanāsaḥatvāt | § 13778

4.6.5 Aṣṭāṅgahr̥dayasaṃhitā

pariśuṣkaṃ priyaṃ sātmyamaṇaṃ laghu ca
śasyate | | 4 | |
upavāsastathā yūṣā rasāḥ kāmbalikāḥ
khalāḥ | | 4 | |
śākāni lehā bhojyāni rāgaṣāḍavapānakāḥ | | 5 | |
bhakṣyāḥ śuṣkā vicitrāśca phalāni
snānagharṣaṇam | | 5 | |
5 gandhāḥ _ sugandhayo
gandhaphalapuṣpāṇapānajāḥ | | 6 | |
bhuktamātrasya sahasā mukhe
śītāmbusecaṇam | | 6 | | § 13784

4.6.6 Sarvāṅgasundarā

tatra sarvāsvapi chardiṣu pariśuṣkādiguṇayuktamaṇaṃ
śasyate | kāmbalikādilakṣaṇaṃ kṛtāṇnavarge kathitam |
tathā phalāni, snānamudvartanādirūpeṇa gharṣaṇaṃ sugandhayaḥ-
śobhanagandhāḥ, gandhadraṅgyapūṣpaphalāṇapānajāḥ śa-
5 syante | tatra gandhaśabdena gandhadraṅgyāṇi | bhuktam-
ātrasya sahasā-jhaṭityevājñātasāṅketasya, mukhe śītāmbu-
secaṇam | iti sāmānyena chardīnāmupakramāḥ | § 13785

4.6.7 Aṣṭāṅgahr̥dayasaṃhitā

hanti mārutajāṃ śardīṃ sarpīḥ pītaṃ
 sasaindhavam | |7| |
 kiñciduṣṇaṃ viśeṣeṇa
 sakāsaḥr̥dayadravām | |7| |
 vyoṣatrilavaṇādhyam vā siddham vā
 dāḍimāmbunā | |8| |
 saśuṅṭhīdadhidhānyena śṛtaṃ tulyāmbu vā
 payaḥ | |8| |
 vyaktasaindhavasarpīrvā phalāmlo vaiṣkiro 5
 rasaḥ | |9| |
 snigdham ca bhojanaṃ
 śuṅṭhīdadhidāḍimasādhitam | |9| |
 koṣṇaṃ salavaṇaṃ cātra hitaṃ
 snehavirecanaṃ | |10| | § 13792

4.6.8 Sarvāṅgasundarā

vātajāṃ chardiṣaṃ sarpīḥ pītaṃ saindhavānviṭaṃ kiñc-
 iduṣṇaṃ viśeṣeṇa hanti | pītaṃ-na tu līḍham, aśakta-
 tvāt | tathā coktam (hr̥.ci.a.3/111)-"ākrāmatyanilaṃ pī-
 taṃ" iti | tasmāt pītaṃ ghṛtaṃ chardiṣṃ hantīti yu-
 ktam | athavā trikaṭutrilavaṇotkaṭaṃ sarpīḥ pītaṃ pū- 5
 rvoktaguṇaṃ | dāḍimāmbuna vā śuṅṭhī dadhidhāny-
 ena saha sāmānyakalpanayā siddham ghṛtaṃ pītaṃ pū-
 rvoktaguṇaṃ | jalatulyaṃ vā payaḥ śṛtaṃ pūrvavat |
 athavā, vaiṣkiraḥ-kukkuṭādiḥ, raso bahusarpīḥsaindh-
 avo mārutajāṃ chardiṣṃ hanti | kimbhūtaḥ ? phalena- 10
 dāḍimamātuluṅgādinā, amlaḥ-amlatāṃ prāpitaḥ | sni-
 gdham ca bhojanaṃ-aśanaṃ, [śuṅṭhī]dadhidāḍimena sa-
 mskṛtaṃ tu hitaṃ-chardiṣṃ hanti | atra ca-mārutacchardiṣi,
 snehena-eraṇḍatailādinā, virecanaṃ snehavirecanaṃ ko-
 ṣṇaṃ salavaṇaṃ ca hitaṃ | § 13793 15

4.6.9 Aṣṭāṅgahr̥dayasaṃhitā

pittajāyāṃ virekārthaṃ drākṣeḥsusvarasaistrivṛt | | 10 | |
 sarpirvā tailvakam̐ yojyam̐ vṛddham̐ ca
 śleṣmadhāmagam | | 11 | |
 ūrdhvameva haret pittam̐
 svādutiktairviśuddhimān | | 11 | |
 pibenmantham̐ yavāgūṃ vā lājaiḥ
 samadhuśarkarām | | 12 | |
 5 mudgajāṅgalajairadyādvyañjanaiḥ
 śāliṣaṣṭikam | | 12 | |
 mṛdbhr̥ṣṭaloṣṭaprabhavam̐ suśītam̐ salilam̐
 pibet | | 13 | |
 mudgośīrakaṇādhānyaiḥ saha vā saṃsthitam̐
 niśām | | 13 | |
 drākṣārasam̐ rasam̐ vekṣorguḍūcyambu
 payo+api vā | | 14 | |
 10 jambvāmrapallavośīravāṭaśuṅgāvarohajaḥ | | 14 | |
 kvāthaḥ kṣaudrayutaḥ pītaḥ śīto vā
 viniyacśati | | 15 | |
 śardiṃ jvaramatīsāram̐ mūrcśām̐ tṛṣṇām̐ ca
 durjayām | | 15 | |
 dhātrīrasena vā śītam̐ pibenmudgadalāmbu
 vā | | 16 | |
 kolamajjasitālājāmakṣikāviṭkaṇāñjanam | | 16 | |
 lihyātkṣaudreṇa pathyām̐ vā drākṣām̐ vā
 badarāṇi vā | | 17 | | § 13807

4.6.10 Sarvāṅgasundarā

pittajāyāṃ śardiyāṃ virekārthaṃ-virekaprayojanāya, drā-
 kṣeḥsusvarasaistrivṛddeyā | tailvakam̐ vā sarpiroyyam |
 pittaje śardiṣi vṛddham̐ śleṣmadhāmagam̐ pittamūrdhva-
 meva haret-vamanam̐ tatra deyamityarthaḥ | kairdravyaiḥ
 5 ? svādutiktaiḥ | āturo viśuddhimān-kṛtavamanavireko lāj-
 airmantham̐ pibet | kimbhūtam̐ ? samadhuśarkaram, ath-
 avā yavāgūṃ lājaiḥ samadhuśarkarām̐ pibet | samadhuśa-
 rkaraśca samadhuśarkarā ceti "pumān striyā" ityekaśeṣaḥ |
 tathā, mudgajairvyañjanairjāṅgalamāṃsai (māṃsajai)śca
 10 vyañjanaiḥ śāliṣaṣṭikamadyāt | mṛdbhr̥ṣṭaloṣṭajam̐ suśīta-

laṃ jaḷaṃ pibet | mudgādibhirvā saha niśāṃ sthitaṃ ja-
 laṃ pibet | drākṣārasādim vā yathāyogaṃ pibet | jambvā-
 mrādijaḥ kvāthaḥ kṣaudrānvitaḥ śīto vā-śītakaṣāyaḥ, pītaḥ
 kṣaudrayutaśśardyādīn hanti | mudgadalaiḥ śṛtamambu 5
 mudgadalāmbu, taddhātrīrasena saha pibet | athavā mu-
 dgadalānāmambu mudgadalāmbu, śītaṃ-śītakaṣāyaṃ, pi-
 bet | kolādikaṃ kṣaudreṇa lihyāt | pathyāṃ vā kṣaudreṇa
 lihyāt | drākṣāṃ vā badarāṇi vā lihyāt | § 13808

4.6.11 Āyurvedarasāyana

[pittacśardyauşadhamāha-pittajāyāmiti |] samadhuśark-
 araṃ lājamanthaṃ lājayavāgūṃ vā samadhuśarkarām |
 vyañjanaiḥ-yūṣarasādyaiḥ | śamanamāha-mṛdbhrṣṭaloṣṭaprabhavamiti |
 anyadāha-mudgośīrakaṇādhānyairiti | śamanacatuṣṭayamāha-
 drākṣārasamiti | anyadāha-jambavāmreti | śīto vā-śītakaṣāyo5
 vā | anyadāha-dhātrīraseneti | śītaṃ-candanam | anyadāha-
 mudgadalāmbu veti | mudgadalāmbu-mudgaśakalavkātham |
 anyadāha-kolamajjeti | lehatrayamāha-kṣaudreṇeti | saṅgr-
 ahe (ci. a. 8)- "kolāsthimajjāstrotojalājotpalarajāṃsi vā | pi-
 becśītāmbunāśālisvarṇagairikajaṃ rajaḥ | | piṣṭaṃ vā ca 10
 ndanadrākṣāmāṃsīsevyāmbugairikam | śālitaḍulatoyena
 pibedvā sasiṭāmadhu | | madhūkamadhukadrākṣākamal-
 āmalakāmbudam | sasārivāparūṣākhyam mūrvāṃ vā mā-
 kṣikānvitām | | madhukaṃ sātmagutpaṃ vā śītaṃ dhātrī-
 rasena vā | " iti | § 13809 15

4.6.12 Aṣṭāṅgahrdayasaṃhitā

kaphajāyāṃ vamennimbakṛṣṇāpiṇḍītasarṣapaiḥ | | 17 | |
 yuktena koṣṇatoyena, durbalaṃ
 copavāsayet | | 18 | |
 āragvadhādiniryūhaṃ śītaṃ kṣaudrayutaṃ
 pibet | | 18 | |
 manthān yavairvā
 bahuśāścśardighnauşadhabhāvitaiḥ | | 19 | |

kaphaghnamannaṃ hr̥dyaṃ ca rāgāḥ
sārjakabhūstr̥ṇāḥ | | 19 | |
līḍhaṃ manaḥśilākṛṣṇāmaricaṃ
bījapūrakāt | | 20 | |
svarasena kapitthasya sakṣaudreṇa vamiṃ
jayet | | 20 | |
khādetkapitthaṃ savyoṣaṃ, madhunā vā
durālabhām | | 21 | |
5 lihyānmaricacocailāgośakṛdrasamākṣikam | | 21 | | § 13818

4.6.13 Sarvāṅgasundarā

kaphajāyāṃ śardyāṃ nimbādibhiryuktena koṣṇajalena va-
met | durbalaṃ ca naramupavāsayet | āragvadhādiniryū-
haṃ śītaṃ kṣaudrānvitaṃ pibet | bahūn vārān śardighnau-
ṣadhabhāvairyavairmanthān pibet | kaphaghnamannaṃ
5 hr̥dyaṃ ca bhuktaṃ sadvamiṃ jayet | rāgāḥ sakuṭheraka-
bhūstr̥ṇā vamiṃ jayanti pītāḥ | manaḥśilādikaṃ bījapūra-
karasena sakṣaudreṇa vamiṃ jayet | kapitthasya vā rasena
mākṣikānvitena manaḥśilādikaṃ līḍhaṃ vamiṃ jayet | ka-
pitthaṃ vā satrikaṭukaṃ madhunā khādet | dhanvayavā-
10 samā vā madhunā lihyāt | § 13819

4.6.14 Sarvāṅgasundarā

kaphacśardyausadhamāha-kaphajāyāmiti | piṇḍīto-madanaḥ |
upavāsamāha-durbalaṃ copavāsayediti | durbalaṃ-vamanāsamartham |
śamanamāha-āraragvadhādiniryūhamiti | saṅgrahe (ci. a.
8)- " triphalākaṇacavyādvā peyāṃ patraiḥ karaṅjajaiḥ | "
5 iti | triphalādibhyaḥ vkāthaṃ sakṣaudram, karaṅjapa-
trapeyāṃ vā sakṣaudrām | anyadāha-manthān yavairv-
eti | bhojanamāha-kaphaghnamannamiti | śamanamāha-
līḍhamiti | anyadāha-khādediti | anyadāha-madhunā veti |
anyadāha-lihyāditi | cocam-lavaṅgatvak | saṅgrahe (ci. a.
10 8)- " samustāṃ madhunā śṛṅgīm kolāmlaṃ vā sajāmb-
avam | tadvadviḍaṅgatriphalaṃ viḍaṅgaparipelavam | | "
iti | yogaratne-"piṣṭvā dhātrīphalaṃ lākṣāṃ śarkarāṃ ca
palonmitām | datvā madhu palaṃ cātra kuḍavaṃ salilasya

ca | | vāsasā gālitam pītam hanti śardim tridoṣajām | | sār-
ivośīramadhukakustumbaruphalāni ca | yuktyā śrāvya-
ja-
lam deyaṃ madhunā śardināśanam | | kṛtam guḍūcyā vi-
dhivatkaṣāyaṃ himasaṃjñitam | tīrṣvapi bhavetpathyaṃ
mākṣikeṇa samanvitam | | kapittharasasaṃyuktām pippa- 5
līm mākṣikānvitām | muhurmuhurnaro līdhvā śardibhyaḥ
pratimucyate | | dhātrīmustakacūrṇam tu madhunā pari-
miṣṛitam | pralihan prātarutthāya śardiyate sukhamāpnu-
yāt | | priyaṅgucandanośīraśatapušpāyavaiḥ samaiḥ | ka-
lkaṃ samustakam lihyācśardighnam madhusaṃyutam | | 10
kuṣṭham nāgarasammiṣṛam lihyācūrṇam samaṃ tataḥ |
prātarutthāya toyena śardiyāmayaharam param | | yaṣṭy-
āhvam candanopetaṃ samyakṣīraprapeṣitam | tenaivāl-
oḍya pātavyam rudhiracśardināśanam | | mātuluṅgaraso
lājāśarkarāmadhusaṃyutaḥ | pippalīcūrṇasaṃyuktaḥ śr- 15
eṣṭhaṣcśardinivāraṇaḥ | | jātyā rasaḥ kapitthasya pippalī-
maricānviṭaḥ | kṣaudreṇa yuktaḥ śamayelleho+ayam śa-
drimulbaṇām | | sauvarcalamajājyaṣca śarkarā maricāni
ca | kṣaudreṇa saṃyutam curṇam śreṣṭham śardinivāra-
ṇam | | vidalāni ca mudgānām pippalyaṣcaiva kuṭṭitāḥ | 20
prastrutam salilam peyam śardiyām madhusamanvitam |
jabvāmrasāro mustam ca mācīdrākṣā (?) ca sādhayet | kaṣ-
āyo madhusaṃyuktaḥ peyaṣcśarditṛṣāpahaḥ | | phalgupr-
avālam maricam madhukam nīlamutpalam | kṣuṇṇam śī-
takaṣāyo+ayam tṛṣṇācśardinivāraṇaḥ | | etairevausadhaiḥ 25
siddhām lājapeyām pibennaraḥ | saśarkarām madhuyu-
tām tṛṣṇācśardinivāriṇīm | | ardhodakam niṣeveta mākṣ-
ikeṇāthavā payaḥ | tuṣṇāśardipraśamanam jāṅgalam rasa-
meva vā | | kṣīriṇām caiva vṛkṣāṇām suṅgān lihyātsuku-
ṭṭitān | pippalīmadhusaṃyuktān tṛṣṇāśardinivāraṇān | | " 30
iti | [siddhasāre (śardiyadhikāre ślo. 22)]- " lājākapitthama-
dhumāgadhikoṣaṇānām kṣaudrābhayātrikaṭudhānyakajī-
rakāṇām | pathyāmṛtāmaricamākṣikapippalīnām lehāstr-
ayaḥ sakalavamyarucipraśāntyai | | elālavaṅgagajakesara-
kolamajjālājāpriyaṅgughanacandanapippalīnām | cūrṇāni 35
mākṣikasitāsahitāni līdhvāśardim nihanti kaphamāruta-
pittajātām | | "lājasaindhavasamuktamāmṛabījam samāli-
het | madhunā śardināśāya kṣipram sukhamavānpuyāt | | "

(vaṅga. śardya. ślo. 49)- "aśvatthavalkalaṃ śuṣkaṃ dgdhvā
nirvāpitaṃ jale | tajjalaṃ pānamātreṇa śardiṃ jayati dust-
arām | | " "vijayātiviṣāvkāthaśśardihṛcśūlanāśanaḥ | | " (va-
ṅga. śardya. ślo. 57)- " āmrāsthibilvaniryūhaḥ pītaḥ sam-
5 adhuśarkaraḥ | nihanyācśardyatīsāraṃ vaiśvānara ivāhu-
tim | | " iti | § 13820

4.6.15 Aṣṭāṅgahr̥dayasaṃhitā

ā0 ra0-dviṣṭārthachardyaauṣadhamāha----
anukūlopacāreṇeti | -§ 13821

4.6.16 Aṣṭāṅgahr̥dayasaṃhitā

anukūlopacāreṇa yāti dviṣṭārthajā śamam | | 22 | | § 13822

4.6.17 Sarvāṅgasundarā

dviṣṭārthajā śardirmanaso+anukūlopacāreṇa śāmyati | § 13823

4.6.18 Aṣṭāṅgahr̥dayasaṃhitā

kṛmijā kṛmihṛdrogagaditaiśca bhiṣagjitaiḥ | | 22 | |
yathāsvaṃ pariśeṣāśca, tatkr̥tāśca
tathā+a+amayāḥ | | 23 | | § 13825

4.6.19 Sarvāṅgasundarā

kṛmibhyo jātā śardiḥ kṛmihṛdrogagaditairauṣadhaiḥ śa-
maṃ yāti | na kevalaṃ kṛmijā śardireva śamaṃ yāti | yath-
āsvaṃ pariśeṣā apyāmayāḥ-kṛmihṛdrogakṛtāḥ, te+api kṛ-
mihṛdrogagaditairbheṣajaiḥ śamaṃ yānti | § 13826

4.6.20 Āyurvedarasāyana

kṛmircchardyauşadhamāha-krimijā iti | tṛṣṇā (śeṣa) cchardyāmayādīnāma
yathāsvaṃ pariśeṣāśceti | yathāsvaṃ-kāraṇabhūtarogānusāreṇa
anubandhidoṣānusāreṇa vā | pariśeṣāḥ-uktebhyonyāḥ | chardiyupadravāḥ
tatkr̥tāśceti | tatkr̥tāḥ-chardikr̥tāḥ | tathā-yathāsvam | § 13827

4.6.21 Aṣṭāṅgahr̥dayasaṃhitā

proktaṃ vidhiṃ stambhanabr̥mhaṇīyam | | 23 | |
sarpirguḍā māṃsarasā ghr̥tāni
kalyāṇakatyūṣaṇajīvanāni | | 24 | |
payāṃsi pathyopahitāni lehāśchardiṃ
prasaktāṃ praśamaṃ nayanti | | 24 | |
iti chardicikitsitam | | 25 | | § 13831

4.6.22 Sarvāṅgasundarā

hi-yasmāt, śardiprasaṅgena-anubandhena, yo dhātukṣa-
yaḥ tasmāddhetormātariśvā avaśyaṃ kopamāyāti | ato
hetorvamanātiyogaproktaṃ vidhiṃ stambhanam̐ br̥mha-
ṇam̐ ca kuryāt, na punastaduktamanyam̐ vidhiṃ | indra-
vajrāvṛttam̐ | tathā, sarpirguḍādayo doṣadūṣyānurodhato 5
yathākālamupayuktāśśardiṃ prasaktāṃ śamayanti | upa-
jātivṛttam̐ | tantrāntare(?)coktam̐ (hṛ.ka.a.3/25)-"añjanaṃ
candanośīramajāsṛkśarkarodakam̐ | lājacūrṇaiḥ pibenma-
natham̐ tiyogaharam̐ param̐ | |" iti | § 13832

4.6.23 Sarvāṅgasundarā

prasaktacśardyauşadhamāha-śardiprasaṅgeneti | saṅgrahe
(ci. a. 7)- "tvaramāṇo jayecśardiṃ prasaktāmanubandh-
anīm̐ | koṣṭhāṣrayā mahāmarmapīḍākaratarā hi sā | | na
cānna vinā kāyastanmayo vartate+api ca | dhātukṣ- 5
ayo+ativamathau samīraṇasamīraṇāt | | niyataṃ jāyate ta-
smāddrutamatra prayojayet dhānvantaram̐ tryūṣaṇam̐ vā
doṣadehānurodhataḥ | |" iti | iti hemādriṭīkāyāmāyurv-
edasāyane | śardiprakaraṇam̐ nāma sāmastyena nirūpi-
tam̐ | | § 13833
2136

4.6.24 Aṣṭāṅgahr̥dayasaṃhitā

śardicikitsitādanantaraṃ hr̥drogasādhanamucyate,
hr̥drogaśabdaṣravaṇasambandhāt | | 25 | |
atha hr̥drogacikitsitam | | 25 | |
hr̥droge vātaje tailaṃ
mastusauvīratakavat | | 25 | |
pibetsukhoṣṇaṃ sabiḍaṃ gulmānāhārtijicca
tat | | 26 | | § 13837

4.6.25 Sarvāṅgasundarā

vātaje hr̥droge tailaṃ sukhoṣṇaṃ-kiñciduṣṇaṃ, pibet | ki-
mbhūtam ? mastusauvīratakraṇi vidyante yasmimstade-
vam | tathā saha biḍalavaṇena sabiḍaṃ, gulmādijit | § 13838

4.6.26 Āyurvedarasāyana

athahr̥drogacikitsitam | tatra vātajauśadhamāha-hr̥droga
iti | sauvīraṃ-kāñjikam | mastvāditrayaṃ dravyam | bi-
ḍaṃ kalkaḥ | § 13839

4.6.27 Aṣṭāṅgahr̥dayasaṃhitā

tailaṃ ca lavaṇaiḥ siddhaṃ samūtrāmlaṃ
tathāguṇam | | 26 | | § 13840

4.6.28 Sarvāṅgasundarā

lavaṇaiḥ-pañcabhiḥ saindhavādibhiḥ, gomūtreṇa kāñjik-
ena ca tailaṃ sāmānyaparibhāṣayā pakvaṃ tathāguṇaṃ-
gulmādijit | § 13841

4.6.29 Āyurvedarasāyana

anyadāha-tailamiti | amlaṃ-kāñjikam | § 13842

4.6.30 Aṣṭāṅgahr̥dayasaṃhitā

bilvaṃ rāsnāṃ yavān kolaṃ devadāruṃ
punarnavāṃ | | 27 | |
kulatthān pañcamūlaṃ ca paktvā
tasminpacejjale | | 27 | |
tailaṃ tannāvane pāne bastau ca
viniyojayet | | 28 | | § 13845

4.6.31 Sarvāṅgasundarā

bilvādīni jale paktvā tasmin jale kvāthībhūte tailaṃ pacet |
tattailaṃ nasye pāne+anuvāsane ca viniyojayet | tacca pū-
rvasamam | § 13846

4.6.32 Āyurvedarasāyana

anyadāha-bilvamiti | § 13847

4.6.33 Aṣṭāṅgahr̥dayasaṃhitā

śuṅṭhīvayasthālavanakāyasthāhiṅgupauṣkaraiḥ | | 28 | |
pathyayā ca śṛtaṃ
pārśvahṛdrujāgulmajidghṛtam | | 29 | | § 13849

4.6.34 Sarvāṅgasundarā

śuṅṭhyādibhiḥ pakvaṃ ca ghṛtaṃ pārśvahṛdrujādijit |
vayasthā-āmalakī | kāyasthā-kākolī | § 13850
ghṛtamāha---śuṅṭhīkayasthālavanavavayasthāhiṅgupauṣkarairiti |
kayasthā-tulasī | vayasthā-guḍūcī | § 13851

4.6.35 Aṣṭāṅgahr̥dayasaṃhitā

sauvarcalasya dvipale pathyāpañcāsadanvite | | 29 | |
ghṛtasya sādhitāḥ prastho
hṛdrogaśvāsagulmajit | | 30 | | § 13853

4.6.36 Sarvāṅgasundarā

sauvarcalasya paladvaye pathyāpañcāsadyukte sādhitō
ghṛtaprastho hr̥drogādijit | § 13854

4.6.37 Āyurvedarasāyana

anyadāha-sauvarcalasyeti | § 13855

4.6.38 Aṣṭāṅgahr̥dayasaṃhitā

dāḍimaṃ kṛṣṇalavaṇaṃ śuṅṭhī
hiṅvamlavetasam | | 30 | |
apatantrakahr̥drogaśvāsaghnaṃ
cūrṇamuttamam | | 31 | | § 13857

4.6.39 Āyurvedarasāyana

cūrṇamāha-dāḍīmamiti | apatantrako-vātavyādhinidānoktaḥ |
§ 13858

4.6.40 Aṣṭāṅgahr̥dayasaṃhitā

puṣkarāhvaśathīśuṅṭhībījapūrajaṭābhayāḥ | | 31 | |
pītāḥ kalkīkṛtāḥ
kṣāraghṛtāmlalavaṇairiyutāḥ | | 32 | |
vikartikāśūlaharāḥ-----
| | 32 | | § 13861

4.6.41 Sarvāṅgasundarā

puṣkarāhvādayaḥ kalkīkṛtāḥ-piṣṭāḥ, tathā ghṛtādiyuktāḥ
pītā vikartikāśūlaharāḥ | vikartikā-hṛdayasyāvartacchedanikā
iva rugviśeṣaḥ | hr̥drogaprasaṅgādetacikitsā+apyuktā | § 13862

4.6.42 Āyurvedarasāyana

anyadāha---- puṣarāhveti | vikartikāśūlaṃ-hṛdayacchedanamiva |
§ 13863

4.6.43 Aṣṭāṅgahṛdayasaṃhitā

-----kvāthaḥ koṣṇaśca tadguṇaḥ | | 32 | |
yavānīlavanakṣāravacājāyauṣadhaiḥ
kṛtaḥ | | 33 | |
sapūtidārubījāhvapalāśaśaṭhipauṣkaraiḥ | | 33 | |
(yavakṣāro yavānī ca pibeduṣṇena vāriṇā | | 1 | |
etena vātajaṃ śūlaṃ gulmaṃ caiva 5
cirotthitam | | 1 | |
bhidyate saptarātreṇa pavanena yathā
ghanāḥ | | 1.5 | |
) | | 1.5 | | § 13870

4.6.44 Sarvāṅgasundarā

kvāthaśca koṣṇo yavānyādibhirdevadārusahitaistadguṇo
vikartikāśūlaharaḥ | auṣadhaṃ-śuṅṭhī | bījahvaḥ-bījasāram,
bījapūrakamityanye | § 13871

4.6.45 Āyurvedarasāyana

kvāthamāha-kvātha iti | auṣadhaṃ-śuṅṭhī | pūtikarañjah |
bījāhvo-bījapūraḥ | yavānyādibhiḥ saha peyaḥ | saḥ-kvāthaḥ,
pūtyādibhiḥ kṛtaḥ | vaṅgasene (hṛdayarogādhikāre ślo.
10)- "kvāthaḥ kṛtaḥ pauṣkaramātuluṅgapalāśapūtīkaśaṭh-
īsurāhvaiḥ | sa nāgarājājavacāyavābhiḥ sakṣāra uṣṇo lava- 5
naśca peyaḥ | |" iti vacanamūleyaṃ vyākhyā | § 13872

4.6.46 Aṣṭāṅgahṛdayasaṃhitā

pañcakolaśaṭhīpathyāguḍabījāhvapauṣkaram | | 34 | |

vāruṅīkalkitaṃ bhr̥ṣṭaṃ yamake
lavaṇānvitam | | 34 | |
hr̥tpārśvayoniśūleṣu khādedgulmodareṣu
ca | | 35 | | § 13875

4.6.47 Sarvāṅgasundarā

pañcakolādikaṃ vāruṅyā-prasannayā surayā, kalkitaṃpi-
ṣṭaṃ, yamake bhr̥ṣṭaṃ saindhavayutaṃ hr̥dādiśūleṣu gu-
lmādiṣu ca khādet | § 13876

4.6.48 Āyurvedarasāyana

cūrṇamāha-pañcakoleti | § 13877

4.6.49 Aṣṭāṅgahr̥dayasaṃhitā

snigdḥāśceha hitāḥ svedāḥ saṃskṛtāni ghṛtāni
ca | | 35 | | § 13878

4.6.50 Āyurvedarasāyana

snehasvedāvāha-snigdḥāśceti | ghṛtāni snehanārtham | § 13879

4.6.51 Sarvāṅgasundarā

iha-vātajē hr̥droge, svedāśca snigdḥā hitāḥ | ghṛtāni pakv-
āni vā (ca) | § 13880

4.6.52 Āyurvedarasāyana

pānapañcakamāha-laghuneti | § 13881

4.6.53 Aṣṭāṅgahr̥dayasaṃhitā

laghunā pañcamūlena śuṅṭhyā vā sādhitam̐ jalam̐ | | 36 | |
vāruṅīdadhimaṇḍam̐ vā dhānyāmlam̐ vā
pibetṛṣi | | 36 | | § 13883

4.6.54 Sarvāṅgasundarā

tr̥ṣi satyāṃ hrasvena pañcamūlena śuṅṭhyā vā sādhitam
jalam pibet | vāruṇīmaṇḍam vā dadhimaṇḍam vā pibet |
§ 13884

4.6.55 Aṣṭāṅgahr̥dayasaṃhitā

sāyāmastambhaśūlāme hr̥di mārutadūṣite | | 37 | |
kriyaiṣā----- | | 37 | | § 13886

4.6.56 Sarvāṅgasundarā

āyāmaḥ-ākṣepaḥ, saha āyāmādibhirvartate yad hr̥dayam
tasmiṃstathāvidhe hr̥di tathā mārutadūṣite sati kriyaiṣā-
cikitseyaṃ pūrvoktā | § 13887

4.6.57 Āyurvedarasāyana

uktānāmauṣadhānāṃ viṣayamāha-sāyāmastambhaśūlāma
iti | āyāmaḥ-ākārṣaṇamiva | § 13888

4.6.58 Aṣṭāṅgahr̥dayasaṃhitā

-----sadravāyāmapramohe tu hitā rasāḥ | | 37 | |
snehādhyāstittirikrauñcaśikhivartakadakṣajāḥ | | 38 | | § 13890

4.6.59 Sarvāṅgasundarā

sadravāyāmapramohe punaḥ hr̥di mārutadūṣite rasāstitti-
ryādijāḥ | snehādhyāḥ-bahusnehāḥ, hitāḥ | § 13891

4.6.60 Āyurvedarasāyana

viṣayāntarabheṣajamāha-sadravāyāmapramohe tviti | § 13892

4.6.61 Aṣṭāṅgahr̥dayasaṃhitā

balātailaṃ sahr̥drogaḥ pibedvā sukumārakam | | 38 | |
yaṣṭyāhvaśatapākam vā mahāsneham
tathottamam | | 39 | | § 13894

4.6.62 Sarvāṅgasundarā

sahr̥drogo naro balātailaṃ pibet | sukumārakam vā-
pramehoktam ghr̥tam, yaṣṭyāhvaṃ ca tacchatapākam ca
yaṣṭyāhvaśatapākam-śatakṛtvaḥ pakvam tattailaṃ vātaśo-
ṇitoktam (hr̥.ci.a.22/41) pibet | mahāsenham tathottamam
5 pibet | § 13895

4.6.63 Āyurvedarasāyana

snehacatuṣkamāha-balātailamiti | balātailaṃśārīrake ga-
rbhavyāpadyuktam (hr̥. śā.a. 2/47) , vātaraktoḥ vā
balākaśāyākalkābhyām śatam sahasram vā vārābhyaktam
(hr̥. ci. a. 22/45) | sukumārakam-vṛddhyuktam ghr̥taira-
5 ṇḍatailayamakam (hr̥. ci. a. 13/41) , tailameva vā tantrā-
ntaroktarājayakṣmaṇi saṅgr̥hītam | yaṣṭyāhvaśatapākam-
yaṣṭimadhukalkakaśāyābhyām śatam vārān pakvam | utt-
amaṃ mahāsneham-vātavyādhyuktamapantrake (hr̥. ci. a.
21/28) | § 13896

4.6.64 Āyurvedarasāyana

mahāsnehāntaramāha-rāsnājīvaketi | dadhipādam-pādāṃsena
dadhnā yuktam | § 13897

4.6.65 Aṣṭāṅgahr̥dayasaṃhitā

rāsnājīvakajīvantībalāvyāghrīpunarnavaiḥ | | 39 | |
bhārṅgīsthīrāvacaṃvyoṣairmahāsneham
vipācayet | | 40 | |

dadhipādaṃ tathāmlaiśca lābhataḥ sa
niṣevitaḥ | | 40 | |
tarpaṇo bṛṃhaṇo balyo
vātaḥdroganāśanaḥ | | 41 | | § 13901

4.6.66 Sarvāṅgasundarā

rāsnādibhiḥ kalkīkṛtairmahāsnehaṃ dadhipādaṃ vipāca-
yet | dadhipādaṃ ca daghnaḥ pādaḥ-caturthabhāgapramāṇo,
yasmimstathābhūtam | tathā, amlaiḥ-kāñjikādibhiḥ, lābhato-
yathālābham | anayaiva kalpanayā saḥ-mahāsneho, niṣ-
evitastarpaṇo bṛṃhaṇo balyo vātaḥdrogaghnaśca syāt | 5
§ 13902

4.6.67 Āyurvedarasāyana

viṣayāntarabheṣajamāha-dīpte+agnāviti | § 13903

4.6.68 Aṣṭāṅgahṛdayasaṃhitā

dīpte+agnau sadravāyāme hṛdroge vātike hitam | | 41 | |
kṣīraṃ dadhiguḍaḥ
sarpiraudakānūpamāmiṣam | | 42 | | § 13905

4.6.69 Sarvāṅgasundarā

dīpte+agnau sati vātaḥdroge sadravāyāme saha draveṇa-
kampanena, āyāmena ca vartate yastasmimstathābhūte kṣ-
īrādi hitam | audakāmiṣam-matsyādīmāṃsam, ānūpāmiṣam-
grāmyavarāhādijaṃ māṃsam | § 13906

4.6.70 Aṣṭāṅgahṛdayasaṃhitā

etānyeva ca varjyāni hṛdrogeṣu caturṣvapi | | 42 | |
śeṣeṣu, stambhajādyāmasaṃyukte+api ca
vātike | | 43 | | § 13908

4.6.71 Sarvāṅgasundarā

vātaḥdrogaṃ muktvā+anyeṣu-śeṣeṣu, caturṣu ḥdrogeṣvetāni-
kṣīrādīni, varjyāni-na prayojyāni | na kevalameṣvetāni va-
rjyāni, yāvatstambhajādyāmasaṃyukte vātike+api ḥdr-
oga etāni varjyāni | § 13909

4.6.72 Āyurvedarasāyana

ḥrdgogāntare kṣīrādīni niṣedhati-etānyeveti | § 13910

4.6.73 Aṣṭāṅgahr̥dayasaṃhitā

kaphānubandhe tasmiṃstu
rūkṣoṣṇāmācāretkriyām | |43| | § 13911

4.6.74 Āyurvedarasāyana

sakaphe vātaḥdroge bheṣajamāha-kaphānubandha iti |
yogaratne-" nāgaram vā pibeduṣṇaṃ kaṣāyaṃ vahniv-
ardhanam | kāsaśvāsānilaharam śūlahdroganāśanam | |
pāṭhāṃ vacāṃ yavakṣāramabhayāmamlavetasam | durāl-
5 abhāṃ citrakam ca tryūṣaṇaṃ lavaṇatrayam | | śaṭhī puṣk-
aramūlam ca tittiḍīkam sadāḍimam | mātuluṅgyāṣca mū-
lāni sūkṣmacūrṇāni kārayet | | sukhodakena madyairvā
cūrṇānyetāni pācayet | arśaḥ śūlam saḥdrogaṃ gulmaṃ
cāpi vyapihati | |" iti | saṅgrāhe (ci. a. 8.)- "tryūṣaṇaṃ tr-
10 iphalā pāṭhā madhūkam madhukam truṭī | pañcamūlam
laghu bale mede vṛddhiḥ śatāvarī | | kaṇḍūkarī tāmalaḥ
jīvakaṣcākṣasammitaiḥ | taiḥ pacetsarpiṣaḥ prasthaṃ da-
dhnaḥ prasthena māhiṣāt | | yuktaṃ siddhaṃ ca madhunā
tannihanti niṣevitam | ḥṛtpāṇḍugrahaṇīpārśvaśvāsakāsa-
15 halīmakān | |" iti | § 13912

4.6.75 Sarvāṅgasundarā

tasmin-vātike ḥdroge, kaphānubandhe tu sati rūkṣoṣṇām
kriyām seveta | § 13913

4.6.76 Aṣṭāṅgahr̥dayasaṃhitā

paitte drākṣekṣuniryāsasitākṣaudraparūṣakaiḥ | | 44 | |
yukto vireko hr̥dyaḥ syātkramaḥ śuddhe ca
pittahā | | 44 | |
kṣatapittajvaroktaṃ ca bāhyāntaḥ
parimārjanam | | 45 | |
kaṭvīmadhukakalkaṃ ca
pibetsasitamambhasā | | 45 | | § 13917

4.6.77 Sarvāṅgasundarā

paitte hr̥droge drākṣekṣuniryāsādiyukto vireko hr̥dyaḥ
syāt | śuddhe satyanantaram̐ kramaḥ pittahā syāt, sa tu
peyādikaḥ kāryaḥ | kṣate pittajvare ca yā bahirantaśca śu-
ddhiruktā sā cātra kāryā | kaṭukīmadhukakalkaṃ śarkarā-
nvitamambhasā pibet | § 13918

5

4.6.78 Āyurvedarasāyana

pittahr̥drogasyauṣadhamāha-paitte iti | virecaḥtrivṛccū-
rṇaḥ | virecakānantaram̐ peyādikramamāha-kramaḥ śu-
ddhe ca pittaheti | pittahā-pittaghñaiḥ kṛtaḥ | atideśamāha-
kṣatapittajvaroktaṃ ceti | parimārjanam-śodhanam, bā-
hyaṃ pariṣekeṇa, antarvirekeṇa | auṣadhāntaramāha-kaṭvīmadhukakalkaḥ
§ 13919

4.6.79 Āyurvedarasāyana

ghṛtamāha-ṣreyasīti | ṣreyasī-gajapippalī | § 13920

4.6.80 Aṣṭāṅgahr̥dayasaṃhitā

śreyasīśarkarādrākṣājīvakarṣabhakotpalaiḥ | | 46 | |
balākharjūrakākolīmedāyugmaīśca
sādhitam | | 46 | |
sakṣīram̐ māhiṣam̐ sarpiḥ
pittahr̥droganāśanam | | 47 | | § 13923

4.6.81 Sarvāṅgasundarā

śreyasyādibhiḥ sādhitam̐ kṣīrānvitam̐ māhiṣam̐ sarpiḥ pi-
ttah̥drogagham̐ | śreyasī-hastipippalī | māhiṣaghṛtasyā-
tra nirdeśaḥ śītatamatvāt | § 13924

4.6.82 Aṣṭāṅgahr̥dayasaṃhitā

prapaunḍarīkamadhukabisagranthikaserukāḥ | | 47 | |
saśuṅṭhīśaivalāstābhiḥ sakṣīram̐
vipacedghṛtam̐ | | 48 | |
śītam̐ samadhu tacceṣṭam̐ svāduvargakṛtam̐ ca
yat | | 48 | |
bastim̐ ca dadyātsakṣaudram̐ tailam̐
madhukasādhitam̐ | | 49 | | § 13928

4.6.83 Sarvāṅgasundarā

prapaunḍarīkātibhiḥ kṣīrayutam̐ pakvam̐ ghṛtam̐ śītībhū-
tam̐ sanmākṣikopetam̐ tacceṣṭamatra roge | svāduvargena-
drākṣādinā, yacca kṛtam̐ tacca hitam̐ | tathā, bastim̐
madhukasādhitam̐-madhukena pakvam̐, mākṣikānvitam̐
5 dadyāt | § 13929

4.6.84 Āyurvedarasāyana

ghṛtāntaramāha-prapaunḍarīketi | śaivalaḥ-śaivālaḥ | ghṛtāntaramāha-
svāduvargakṛtam̐ ca yaditi | svāduvargorasaskandheṣū-
ktaḥ (hr̥. sū. a. 10/22) | bastimāha-bastim̐ ceti-anuvāsanam̐ |
vaṅgasene(hr̥dayarogā. ślo. 18)- " arjunasya tvacā siddham̐
5 kṣīram̐ yojyam̐ hṛdāmāye | sitayā pañcamūlyā vā bal-
ayā madhukena vā | | sthirādikalkavatsarpiḥ kṣīreṇekṣ-
urasena vā | drākṣārasena vā pakvam̐ pittah̥droganāśa-
nam̐ | | iti | § 13930

4.6.85 Aṣṭāṅgahr̥dayasaṃhitā

kaphodbhave vametsvinnah

picumandavacāmbhasā | | 49 | |

kulatthadhanvottharasatīkṣṇamadyayavāśanaḥ | | 50 | | § 13932

4.6.86 Sarvāṅgasundarā

kaphodbhave hr̥droge svinno nimbavacābhyāṃ kvath-
itena jalena vamet kulatthajāṅgalādirasa(larasādi)bhuk |
§ 13933

4.6.87 Āyurvedarasāyana

kaphahr̥drogauṣadhamāha-kaphodbhava iti | § 13934

4.6.88 Aṣṭāṅgahr̥dayasaṃhitā

pibeccūrṇaṃ vacāhiṅgulavaṇadvayanāgarāt | | 50 | |

sailāyavānakakaṇāyavakṣārātsukhāmbunā | | 51 | |

phaladhānyāmlakaulatthayūṣamūtrāsavaistathā | | 51 | |

puṣkarāhvābhayāśuṅṭhīśaṭhīrāsnavacākaṇāt | | 52 | |

kvāthaṃ ta-

thā+abhayāśuṅṭhīmādrīpītadrukaṭphalāt | | 52 | | § 13939

4.6.89 Sarvāṅgasundarā

cūrṇaṃ vacādibhya uṣṇodakena pibet | yavānako-yavānībhedaḥ |
tathā, phaladhānyāmladibhirvaikatarena(mena)pibet | ta-
thā, puṣkarādeścūrṇaṃ pūrvoktairuṣṇā(mbvā)dibhiḥ pi-
bet | tathā, harītakyaḍeḥ kvāthaṃ pibet | § 13940

4.6.90 Āyurvedarasāyana

cūrṇamāha-pibeccūrṇamiti | saśabdaḥ sahārthe | yavānakaḥ-
ajamodā | phalāmlaṃ dhānyāmlaṃ ca | ṣaṇṇāṃ dra-
vāṇāṃ prakṛtyādivasādviṣaya[vi]bhāgaḥ | kvāthamāha-

puṣkarāhveta | kvāthāntaramāha-tatheti | mādrī-ativiṣā |
pīradruḥ-dārvī | § 13941

4.6.91 Aṣṭāṅgahr̥dayasaṃhitā

kvāthe rohitakāśvatthakhadirodumbarārjune | | 53 | |
sapaḷāśavaṭe vyoṣatrivṛccūrṇānvite
kṛtaḥ | | 53 | |
sukhodakānupānaśca lehaḥ
kaphavikārahā | | 54 | | § 13944

4.6.92 Sarvāṅgasundarā

rohitakādīnām kvāthe trikaṭutrivṛccūrṇayute kṛto leha
uṣṇodakānupānaḥ kaphavikārahā | arśaścikitsitoktaḥ (hṛ.ci.a.8/104)-
"tulām divyāmbhasi pacet" iti pramāṇānusāreṇa parimāṇ-
amatra nirūpitam | § 13945

4.6.93 Āyurvedarasāyana

lehamāha-kvātha iti | rohitakādīnām saptānām kvāthaḥ |
tasya punaḥ pākādghaṇībhāvasamayā cūrṇapṛakṣepaḥ |
§ 13946

4.6.94 Aṣṭāṅgahr̥dayasaṃhitā

śleṣmagulmoditājyāni kṣārāṃśca vividhān pibet | | 54 | |
prajoyecśilāhvaṃ vā brāhmaṃ vā+atra
rasāyanam | | 55 | |
tathā+a+amalakalehaṃ vā prāśam
vā+agastyanirmitam | | 55 | | § 13949

4.6.95 Sarvāṅgasundarā

kaphahr̥droge, śleṣmagulme yāni gaditānyājyāni-sarpīṣi,
tatraivoktān kṣārāṃśca nānāvīdhāṃstān pibet | śilājatu

prayojayet | vā brāhmaṇ rasāyanam-rasāyanādhyāyoktam
(hr̥.u.a.39/15) | tathā, āmalakalehaṃ vā-rasāyanoktameva
cyavanaprāsākyam (hr̥.u.a.39/33) | athavā, prāsam-lehaṃ,
agastyanirmitam kāsacikitsitoktam (hr̥.ci.a.3/127), prayoj-
ayet | § 13950

5

4.6.96 Āyurvedarasāyana

atidiśati-śleṣmagulmoditājyānīti | śilāhvaṃ-śilājaturasāyanam
(hr̥. u. a. 39/137) , brāhyaṃekāśanam (hr̥. u. a. 39 | 15) ,
āmalakalehaṃ-cyavanaprāsam (hr̥. u. a. 39/33) , etāni ras-
āyanoktāni | agastyanirmitam-kāsoktam (hr̥. ci. a. 3 | 127) |
vaṅgasene (hrudayarogā. ślo. 28)- " sūkṣmailā māgadhi- 5
īmūlam praliḍham haviṣā saha | nāśayatyāśu hṛdrogam
gulmānapi viśeṣataḥ | | phalatailam vidadhyacca bastau
bastiviśāradaḥ | 'phalairasṭagune+athāmle siddhamanyā-
sanam kaphe (?) | ' ityuktam phalatailam | 'hiṅgūgraga-
ndhābiḍaviśvakṛṣṇākuṣṭhābhayācitrakayāvaśūkam | pib- 10
etsasauvarcalapuṣkarāhvaṃ yavāmbhasā śūlahṛdāmaya-
ghnam | | daśamūlakaṣāyam tu lavaṅakṣārayojitam | kā-
sam śvāsam sahr̥drogam gulmaśūlam ca nāśayet | | ghṛt-
ena dugdhena gudāmbhasā vā pibanti cūrṇam kakubha-
tvaco ye | hṛdrogajīrṇajvararaktapittam hatvā bhavyeṣci- 15
jīvinaste | | puṭadagdhahariṇaśṛṅgam piṣṭam gavyena sa-
rpiśāpibataḥ | hr̥tpr̥ṣṭhaśūlamacirādupaiti śāntim sukaṣṭa-
mapi | | tailājyagudāvipakvaṃ cūrṇam [godhūmapārtha-
jam vā+api | pibati payasā sa bhavyeṣcitakalahṛdāmayaḥ
puruṣaḥ | | godhūmakakubhacūrṇam] chāgapayogavya- 20
sarpiśā yuktam | madhuśarkarāsametam śamayati hṛdro-
gamuddhataṃ puṃsām | | mūlam nāgabalāyāstu cūrṇam
dugdhena pāyayet | hṛdrogaśāsakāsaghnam kakubhasya
ca valkalam | rasāyanam param balyam vātajinmāsayoji-
tam | samvatsaraprayogeṇajīvedvarṣaśatatatrayam | | pā- 25
rthasya kalkasvarasena siddham śastam ghṛtam sarvah-
ṛdāmayeṣu | ghṛtam balānāgabalārjunāmbusiddham say-
aṣṭimadhukalkapādham | hṛdrogaśūlakṣataraktapittakāsā-
nilāsr̥samayatydīrṇam | | " iti | § 13951

4.6.97 Aṣṭāṅgahr̥dayasaṃhitā

syācśūlaṃ yasya bhukte+ati, jīryatyalpaṃ, jarāṃ
gate | | 56 | |
śāmyetsa
kuṣṭhakṛmijillavaṇadvayatilvakaiḥ | | 56 | |
sadevadārvativaiśaiścūrṇamuṣṇāmbunā
pibet | | 57 | | § 13954

4.6.98 Sarvāṅgasundarā

yasya-puṃso, bhukte-tatkāla eva, ati śūlaṃ syāt | jīryatyanne-
madhyamāyāṃ pākāvasthāyāṃ, alpaṃ śūlaṃ syāt | jarāṃ
gate-kiṭṭasāratayā pariṇate+anne, tu śāmyet | saḥ-naraḥ,
kuṣṭhādibhiścūrṇamuṣṇāmbunā pibet | § 13955

4.6.99 Āyurvedarasāyana

atha prasaṅgācśūlaprakaraṇam | śūlaṃ caturdhā,-ajīrṇe+anne
jīryati jīrṇe sarvadā ceti | tatrājīrṇaśūlasyauśadhamāha-
syācśūlamiti |] § 13956

4.6.100 Aṣṭāṅgahr̥dayasaṃhitā

yasya jīrṇe+adhikaṃ snehaiḥ sa virecyāḥ,
phalaiḥpunaḥ | | 57 | |
jīryatyanne, tathā mūlaistikṣṇaiḥ śūle
sadā+adhike | | 58 | | § 13958

4.6.101 Sarvāṅgasundarā

yasya-puṃso, jīrṇe satyadhikaṃ śūlaṃ bhavet, sa snehaiḥ-
virecanadravyasiddhaiḥ, virecanīyaḥ | jīryatyanne-pacyamānāvasthāyāṃ,
adhikaṃ śūle sati phalairvirecyāḥ | tathā ca munih(?)
"mṛdvīkā+atha viḍaṅgāni kharjūrāṇi parūṣakam | āra-
5 gvadho+athāmalakaṃ harītakyo bibhītakam | | kampi-
llakopacitre ca trapusaṃ ca mukūlakam | nīlikā kuv-

alam pīlu bhavetphalavirecanam | |" iti | yasya punaḥ
 sadā+adhikameva śūlam-kevalam na bhuktamātre jīrṇe jī-
 ryati vā, saḥ-puruṣo, mūlaistikṣṇaiḥ-mūlavirecanairdantītrivṛcśyāmāsapt
 samanvitaiḥ, virecyah | tathā cuktam-"saptalāśaṅkhinīdantīdravantīgirika
 trivṛcśyāmodakīryā ca prakīryā kṣīriṇī tathā | | śagalāṇḍī 5
 gavākṣī ca kucākṣī girikarṇikā | masūraavidalā caiva bhav-
 enmūlavirecanam | |" iti | § 13959

4.6.102 Sarvāṅgasundarā

jīrṇasūlasyauṣadhamāha-yasyeti | snehaiḥ-eraṇḍatailādibhiḥ |
 jīryacśūlasyauṣadhamāha-phalaiḥ punarjīryatyanna iti |
 phalaiḥ-āragvadhādibhiḥ | sarvadā śūlasyauṣadhamāha-
 tatheti | mūlaiḥ-śyāmādibhiḥ | tantrāntare śūlaprakara-
 ṇam ca smṛtam | tatra vaṅgasene (śūlarogādhikāre ślo. 1)- 5
 "doṣaiḥ pṛthaksamastāmadvandvaiḥ sūlo+aṣṭadhā bha-
 vet | sarveṣveteṣu sūleṣu prāyeṇa pavanaḥ prabhuh | | vy-
 āyāmayānādatimaithunācca prajāgarācśītajalātipānāt | ka-
 lāyamudgāḍhakikoradūśādatyartharūkṣādhyāśanābhighā-
 tāt | | kaṣāyatiktātivirūḍhajānaviruddhavallūrakaśuṣka 10
 śākāt | viṣukramūtrānilavegarodhacśokopavāsādatibhā-
 ṣyahāsyāt | | vāyuh pravṛddho janayeddhi śūlam hrtpā-
 rśvapṛṣṭhatrikabastideśe | jīrṇe pradoṣe ca ghanāgame ca
 śīte ca kopam samupaiti gāḍham | | muhurmuḥṣcopaśa-
 maprakopau vidvātasamstambhanatodabhedaiḥ | samsv- 15
 edanābhyañjanamardanādyaiḥ snigdhoṣṇabhojyaiṣca śa-
 mam prayāti | | kṣārātītikṣṇoṣṇavidāhitailaniṣpāvapiṇyā-
 kakultthayūṣaiḥ | kaṭvamlasauvīrasurāvīkārāiḥ krodhā-
 nalāyāsaravipratāpaiḥ | | grāmyātiyogādaśanairvidagdh-
 aiḥ pittam prakupyāsu karoti śūlam | tṛṇmohadāhārtika- 20
 ram hi nābhyām samsvedamūrcśābhramadoṣayuktam | |
 madhyamḍine kupyati cārdharātre vidāhakāle jaladātyaye
 ca | śīte ca śītaiḥ samupaiti śāntim susvāduśītairapi bho-
 janaiṣca | | ānūpavārijakilāṭapayovīkārāirmāmsekṣupīṣṭa-
 kṛṣārātilaṣaṣkulībhiḥ | anyairbalāśajanakairapi hetubhiṣca 25
 śleṣmā prakopamupagamya karoti śūlam | | hṛllāsakāśas-
 adanārucisamprasekairāmāśaye stimitakoṣṭhaśirogurutv-
 aiḥ | bhukte sadaiva rujam kurute+atimātram sūryodaye

ca śiśire kusumāgame ca | | [dvidoṣalakṣaṇairetairvidyā-
cśūlaṃ dvidoṣajam |] sarveṣu doṣeṣu ca sarvaliṅgaṃ vi-
dyādbhiṣaksarvabhavaṃ hi śūlam | sukaṣṭamenam viṣav-
ajrakalpaṃ vivarjanīyaṃ pravadanti tajjñāḥ | | āṭopahru-
5 llāsavamīgurutvastaimityakānāhakaphaprasekaiḥ | kapha-
asya liṅgena samānaliṅgamāmodbhavaṃ śūlamudāhara-
nti | | bastau hr̥tkan̄thapārśveṣu sa śūlaḥ kaphavātikaḥ |
kukṣau hr̥nnābhimadhyeṣu sa śūlaḥ kaphapaittikaḥ | dā-
hajvarakaro ghorō vijñeyo vātapaittikaḥ | | ekadoṣotthi-
10 taḥ sādhyāḥ kṛcśrasādhyodvidoṣajaḥ | sarvadoṣotthito gh-
orastvasādhyo bhūryupadravaḥ | | nigṛhya mārutaṃ śl-
eṣmā kukṣipārśve vyavasthitaḥ | sādhmāṭopāmasaṃru-
ddhaḥ sūcībhiriva nistudan | | ucśvasityatha vaktreṇa na
cānamabhinandati | na ca nidrāmupaityeṣa pārśvaśūlaḥ
15 prakīrtitaḥ | | prakupyati yadā kukṣau vahnimākramya
mārutaḥ | tadā+asya bhojanaṃ bhuktaṃ sopastambhaṃ
na pacyati | | ucśvāsyanītaśakṛtā śūlenāhanyate mṛduḥ | |
naivāsane na śayane tiṣṭhan vā labhate sukham | | kukṣi-
śūla iti khyāto vātādāmasamudbhavāt | | kaphapittāvaru-
20 ddhastu māruto rasamūrcśitaḥ | hr̥disthaḥ kurute śūlam-
ucśvāsārodhanaṃ param | hr̥cśūla iti sa khyāto rasamāru-
tasambhavaḥ | | saṃrodhātkupito vāyurbastiṃ saṃśritya
tiṣṭhati | bastivaṅkṣaṇanāḍīṣu tataḥ śūlo+asya jāyate | vi-
ṅmūtravātasamrodhī bastiśūlaḥ sa saṃjñitaḥ | | nābhyāṃ
25 vaṅkṣaṇayoṣcaiva kukṣau meḍhre+anuvartakaḥ | mūtra-
māvṛtya gr̥hṇāti mūtraśūlaḥ sa mārutāt | | vāyuḥ prak-
upitoyasya rūkṣāhārasya dehinaḥ | vātaṃ ruṇaddhi ko-
ṣṭhasthaṃ mandīkṛtya tu pāvakaṃ | | śūlaṃ sañjanayecśi-
ghraṃ strota āvṛtya mārutaḥ | dakṣiṇaṃ yadi vā vāmaṃ
30 kukṣimādāya jāyate | | sarvatra vardhate kṣipraṃ [bhra-
maniḥśvāsaghoṣavat | pipāsā vardhate+atīva bhramo mū-
rcśā ca jāyate | | uccārīto mūtritaṣca na śāntimadhigacś-
ati | viṣśūlametaṃ jānīyādbhiṣak paramadāruṇam | | ve-
danā ca tṛṣā mūrcśā ānāho gauravārucī | kāsaśvāsau ca
35 hikkā ca śūlasyopadravāḥ smṛtāḥ | | svairnidānaiḥ prak-
upito vāyuḥ sannihitastadā | kaphapitte samāvṛtya śūla-
kārī bhavedbalī | | bhukte jīryati yacśūlaṃ tadeva pari-
ṅāmajaṃ | tasya lakṣaṇamapyetat samāseṇa vidhīyate | |

ādhmānāṭopaviṇmūtravibandhārativepanaiḥ | sigdhoṣṇ-
 aiḥ praśamaṃ yāti vātikaṃ tadvadedbhiṣak | | tṛṣṇādā-
 hāratisvedam kaṭvamlalavaṇottaram | śūlam śītaśamapra-
 āyaṃ paittikaṃ tadvadedbhiṣak | | śardihṛllāsasammoh-
 asvalparugdīrghasantati | kaṭutiktopaśāntau ca tadvijñe 5
 yaṃ kaphātmakam | | saṃsrṣṭalakṣaṇaṃ buddhvā pari-
 kalpayet | tridoṣajamasādhyam syāt kṣīṇamāṃsabalāna-
 lam | | jīrṇe jīryatyajirṇe vā yacśūlamupajāyate | pathyāp-
 athyaprayogeṇa bhojanābhojanena vā | na śamaṃ yāti niy-
 amātso+annadrava udāhṛtaḥ | | "]" (?)-" śṛṅgī dvij- 10
 īrakam dhānyam vṛddhadārukapatrakaiḥ | tumburūṇi bh-
 adradāru kṣārāṣca lavaṇāni ca | | ajamodā tālamulī viśālā
 bhūtikaṃ vacā koṣātakī paṭolaṃ ca bṛhatpatrakagandhak-
 aiḥ | | yāvantyetāni cūrṇāni maṇḍūram dviguṇam tataḥ |
 gomūtratriphalākṅvāthe niṣiktaṃ lohacūrṇitam | | kandā- 15
 tkāṭāśṛṅgaberāṣṛāvaṇīkeśarāṅgajaiḥ | rasaiḥ savajravallī-
 aistasya tālasamasya ca | | bhāvayitvaikataṣcūrṇam gom-
 ūtre+aṣṭaguṇe pacet | caturguṇe triphalaje kvāthe vā da-
 rvilepanāt | | upayuñjīta matimān yathādoṣam yathāba-
 lam | ye ca kukṣigatā rogā grahaṇīmārdavādayaḥ | | arś- 20
 āṃsi ca pravṛddhāni śūlāni jaṭharāṇi ca | madodoṣāma-
 vātāṣca kaphānilabhavāṣca ye | | vyādhayastānnihantye-
 tadbhāskarastimiraṃ yathā | vidyāvidyā.....gataṃ maṇḍ-
 ūram sarvaroganuta | | yadi sakalarujo yannaiva yogo
 nihanyāt kathamiti niyatervā yādadoṣam vinā vā | ta- 25
 dakhilamunivākyaprātpatatvārtharatno niyatamamṛtavā-
 kyo vallabhaḥ syādgurūṇām | | āśubhukto yavaiḥ piṣṭam-
 abhrakam tatra saṃsthitam | kandamāṇāsthisaṃhārakh-
 aṇḍakarṇarasairadhaḥ | taṇḍulīyaka.....śoṇomātrikameva
 ca | | vṛṣcīvam bṛhatībhaṅgam tatkṣaṇātkesarāñjanaiḥ | 30
 peṣaṇam bhāvanam kuryāt puṭam vā+anekaśo bhiṣak | |
 yāva....drakam tatsyācśuddhirevam vihāyasam | svarṇ-
 amākṣikaśāṇam ca dhmātanirvāpitaṃ jale | | traiphale-
 ṣvavacūrṇyam vā loham pittādikaṃ punaḥ | bṛhatpatr-
 aka[| | rikarṇatriphalāvṛddhadārakaiḥ | | māṇakandāsthi- 35
 saṃhāraśṛṅgaberabhavai rasaiḥ | daśamūlīmūṇḍitikātāla-
 mūlisamudbhavaiḥ | puṭitaṃ sādhu yatnena śuddhimev-
 amayojayet | vasiraṃ.....ghālamadhuparṇīmayūrakam | |

taṇḍulīyaṃ ca varṣābhūdattādhaṣcordhvameva ca | pā-
kyam tu jīrṇamaṇḍūram gomūtreṇa dinatrayam | | antarb-
āṣpamadaghnam ca tathā sthāpyam dinatrayam | vicūrṇ-
itam śuddhiriyam lohākarasya darśitā | | jayantyā vardh-
5 amānasya ārdrakasya rasena vā | payasyāṣcānupūrvyeṇa
mardanam rasaśodhanam | | gandhākaṃ navanītākhyam
kuṭitam lohabhājane | tridhā caṇḍātape yuktaṃ bhr̥ṅgarā-
jarasāplutam | | tato vahnidravībhūtam tvaritam vastragā-
litam | yatnādbhr̥ṅgarase kṣitpaṃ punaḥ śuṣkaṃ viśudhy-
10 ati | | gaganādvipalaṃ cūrṇamlohasya palamātrakam | lo-
hakiṭṭam palārdham ca sarvamekatra saṃsthitam | | ma-
ṇḍūkaparṇīvasinatālamūlarasaiḥ śubhaiḥ | varībhr̥ṅgake-
sarājamāṇamarṇarasaiḥ | | triphalābhadrāmūlāstathā | |
sthālīpākam vicūrṇitam | rasagandhakayoḥ karṣam pra-
15 tyekam grāhyamekataḥ | | tanmanāṣca śilākhvalve yatna-
taḥ kajjalīkṛtam | vacā cavyam yavānī ca jīrake śataparnī-
kā | | vyoṣam mustam viḍaṅgam ca grathitam kharam-
añjarī | trivṛtā citrako dantī sūryāvartaḥ sitastathā | | bh-
r̥ṅgamāṇavakandāṣca khaṇḍakarṇaka eva ca | daṇḍotpa-
20 lam kesarā jakālīyakaṭako+api vā | | eṣāmhāpalam gr-
āhyam paṭaghr̥ṣtam sucūrṇitam | pratyekam triphalāyā-
ṣca palārdham palameva ca | | etatsarvam samāloḍya lo-
hapātreṣu bhāvayet | ātape caṇḍasaṃghr̥ṣtamārdrakasya
rasastridhā | | tadrasena śilāpiṣtam guṭikāṃ kārayedbhi-
25 ṣak | badarāsthimitāḥ śuṣka....bhāvayet | | tatprātarbhoja-
nādaḥ tu sevitam guṭikātrayam | annodakānupānam ca hi-
tam madhurasamṣritam | | dugdham ca nālikeram ca varj-
anīyam viśeṣataḥ | bhojyam yattheṣṭamiṣtam ca vāri bhakt-
āmlakāñjikam | | hantyaṃlapittam § 13960

4.6.103 Aṣṭāṅgahr̥dayasaṃhitā

plihānaṃ śūlaṃ ca pariṇāmajam |
pī.....śothodaragulmādāmayān | |
yakṣmā.....mandāgnitvamarocakam |
plihānaṃ śvāsamānāhamāmavātaṃ
svarāmayam | gu.....yakhyātavo
...nīkesā viśvayuto yūṣo dhātrīmudgādibhiḥ
kṛtaḥ | rirya.....sargaṣca saṃsevya kulitthān
sa vivarjayet | | " iti
hemādriṭīkāyāmāyurvedasāyane |
amlāpittaprakaraṇaṃ sāmastyena
nirūpitaṃ | § 13961

4.6.104 Aṣṭāṅgahr̥dayasaṃhitā

prāyo+anilo ruddhagatiḥ kupyatyāmāśaye gataḥ | | 58 | |
tasyānulomanam̐ kāryam̐
śuddhilaṅghanapācanaiḥ | | 59 | | § 13963

4.6.105 Sarvāṅgasundarā

bāhulyena māruto ruddhamārga āmāśayaṃ(ye) gataḥ ku-
pyati | tasya-marutaḥ, śuddhyādibhiḥ-avasthāvaśādvayastaiḥ
samastairvā, anulomanam̐ kāryam̐ | § 13964

4.6.106 Aṣṭāṅgahr̥dayasaṃhitā

kṛmighnamauśadham̐ sarvam̐ kṛmije hr̥dayāmāye | | 59 | |
iti hr̥drogacikitsitaṃ | | 60 | | § 13966

4.6.107 Sarvāṅgasundarā

kṛmije hr̥droge sarvameva ca kṛmighnamauśadham̐ |
§ 13967

4.6.108 Āyurvedarasāyana

krimihr̥drogauṣadhamāha-krimindhamauṣadhamiti | va-
ṅgasene (hr̥dayaro. ślo. 39)- " krimihr̥drogiṇaṃ snigdhaṃ
bhojayetpiśitaudanam | dadhnā ca palalopetaṃ tryahaṃ,
paścādvirecayet | | sugandhibhiḥ salavaṇairiyogaiḥ sājāji-
5 śarkaraiḥ | viḍaṅgagāḍhairdhānyāmlaṃ pāyayeddhitam-
uttamam | | hr̥di sthitāḥ patantyevamadhasṭātkrimayo nṛ-
ṇām | yavānnaṃ vitareccāsmāi saviḍaṅgamataḥ param | |
krimije pibenmūtraṃ viḍaṅgāmayasaṃyutam | " iti | iti
hemādriṭīkāyāmāyurvedarasāyane | hr̥drogasya prakara-
10 ṇaṃ sāmstyena nirūpitaṃ | | § 13968

4.6.109 Aṣṭāṅgahr̥dayasaṃhitā

atha tṛṣṇācikitsitaṃ | | 60 | |
tṛṣṇāsu vātapittaghno vidhiḥ prāyeṇa
śasyate | | 60 | |
sarvāsu śīto bāhyāntastathā
śamanaśodhanaḥ | | 60 | |
divyāmbu śītaṃ sakṣaudraṃ tadvadbhomaṃ ca
tadguṇam | | 61 | |
5 nirvāpitaṃ taptaloṣṭakapālasikatādibhiḥ | | 61 | |
saśarkaraṃ vā kvathitaṃ pañcamūlena vā
jalam | | 62 | |
darbhaphūrveṇa manthaśca praśasto
lājasaktubhiḥ | | 62 | |
vāṭyaścāmayavaiḥ śītaḥ
śarkarāmākṣikānvitaḥ | | 63 | |
yavāgūḥ śālibhistadvatkodravaiśca
cirantanaiḥ | | 63 | |
10 śītena śītavīryaiśca dravyaiḥ siddhena
bhojanam | | 64 | |
himāmbupariṣiktasya payasā
sasiṭāmadhu | | 64 | |
rasaiścānamlalaṇairjāṅgalairghṛtabharjitaiḥ | | 65 | |
mudgādīnāṃ tathā
yūṣairjīvanīyarasānvitaiḥ | | 65 | |

nasyaṃ kṣīraghṛtaṃ siddhaṃ śītairikṣostathā
 rasaḥ | | 66 | |
 nirvāpaṇāśca gaṇḍūśāḥ sūtrasthānoditā
 hitāḥ | | 66 | |
 dāhajvaroktā lepādyā nirīhatvaṃ
 manoratiḥ | | 67 | |
 mahāsariddhradādīnāṃ darśanarumaraṇāni
 ca | | 67 | | § 13985

4.6.110 Sarvāṅgasundarā

tr̥ṣṇāsu sarvāsu vātapittaharaḥ sarvo+api vidhiriṣyate |
 tathā, bāhyato+abhyantare ca śīto vidhiḥ | tathā, śam-
 anaṃ śodhanaṃ ca śasyate | divyāmbu-āntarikṣaṃ ja-
 laṃ, śītaṃ māḥṣikeṇa saha śasyate | bhaumaṃ ca ja-
 laṃ tadguṇaṃ-divyāmbusamānaguṇaṃ "śucipṛthvasita- 5
 ścete deśe" (hr̥.sū.a.5 | 5) ityādilakṣaṇalakṣitam, tacca śasy-
 ate | tasya-divyajalasyeva guṇā yasya tattadguṇaṃ | tapta-
 loṣṭakakapālasikatādibhistaptaṃ tannirvāpitaṃ-śītīkṛtaṃ
 śasyate | athavā, tadeva samaśarkaraṃ śasyate | athavā,
 darbhapūrveṇa-tr̥ṇākhyena, pañcamūlena kvathitaṃ ni- 10
 rvāpitaṃ śasyate | tathā, lājasaktubhiḥ kṛto manthaḥ pr-
 aśastaḥ | tathā, āmaiḥ-abhr̥ṣṭaiḥ, yavairvāṭyaḥ praśastaḥ
 śītībhūtaḥ śarkarāmāḥṣikayuktaḥ | yavāgūḥ śālibhistath-
 aiva śarkarāmāḥṣikānvitā śastā | tathā, cirantanaiḥ kodr-
 avaiḥ śarkarāmadhuyuktā yavāgūḥ śastā | tathā, śītena- 15
 śītīkṛtena dravyeṇa, śītavīryaiśca dravyaiḥ siddhena bho-
 janaṃ hitaṃ | athavā, śītajalaiḥ pariṣiktasya puṃsaḥ pay-
 asā saśarkarāmārdvīkaṃ bhojanaṃ hitaṃ | athavā na ke-
 valaṃ payasā sātmyādivaśānmāṃsarasarairjānlaiḥ kiñcid-
 amlalavaṇairṛtabharjitairbhojanaṃ hitaṃ | tathā, mudg- 20
 amasūrādīkānāṃ yūṣairjīvanīyarasayuktairbhojanaṃ hi-
 taṃ | tathā, śītaiḥ-śītavīryaiścandanādibhiḥ, tathekṣur-
 ase siddhaṃ kṣīraghṛtaṃ nasyaṃ hitaṃ | kṣīrodbha-
 vaṃ ghṛtaṃ kṣīraghṛtaṃ | tathā, sūtrasthānoditāḥ (a.22)
 nirvāpaṇāḥ-ropanāḥ, gaṇḍūśā hitāḥ | tathā, dāhajvare ya 25
 uktā lepādyāḥ-"dūrvādibhirvā pittaghnaḥ" (hr̥.ci.a.1/131)
 ityādigranthanirdiṣṭāḥ, te ca hitāḥ | tathā, nirīhatvaṃ-

nirvyāpāratvaṃ hitam | tathā, manasoratiḥ-nirvṛtatvam |
tathā, mahāsaritāṃ mahāhradānāṃ-mahātaḍāgānāṃ, ca
darśanasmarāṇāni hitāni | § 13986

4.6.111 Sarvāṅgasundarā

atha tṛṣṇācikitsitam | [tatra sāmānyatr̥ṣṇauśadhamāha]-tṛṣṇāsviti |
tadguṇaṃ-divyaguṇaṃ | darbhapūrveṇa-pañcasūktena tṛ-
ṇākhyena | āmayavaiḥ-komalayavaiḥ, kṛto vāṭhyaḥ | śīta-
dravyasiddhena śītena payasā bhojanam, payorasayūṣā-
5 ṇāṃ sātmyādivaśādvyaavasthā | kṣīraghṛtaṃ-kṣīramanthanottham
ghṛtam | ikṣuraso nasyam | nirvāpaṇāḥ-madhugaṇḍūśādayaḥ |
nirīhatvaṃnirvyāpāratvam | manoratiḥ-manaḥ sukham |
saṅgrahe tu (ci. a. 8) nātya[va]pīḍanaṃ(?)-"nārīkṣīreṇa vā
ghṛṣṭamuṣṭrāsthi sasitaṃ hitam |" iti | vaṅgasene (tṛṣādh-
10 ikāre ślo. 24)- "lājodakaṃ madhuyutaṃ śītaṃ guḍavim-
arditam | kāśmarīṣarkarāyuktaṃ pibettṛṣṇārdito naraḥ | |
bhu(ca)vikāpippalīmūlayavānīdhānyanāgaraiḥ | śṛtaṃ śī-
taṃ hitaṃ toyaṃ [murcśātṛṣṭardi] doṣajit | | śarkarāke-
sarakṣaudrakṣṇājīrakadāḍimaiḥ | leho vā tṛḍjayī kṣṇā-
15 dhukṣīridrumāṅkuraiḥ | | amlaṃ dāḍimabījaṃ pītaṃ dh-
ātrīphalaṃ ca dhānyāmlaiḥ | ārdrapaṭāstarāṅakṛtaprāvṛ
gātrastr̥ṣaṃ hanti | | gostanīkṣurasakṣīrayaṣṭīmadhūtpal-
aiḥ | niyataṃ nasyataḥ pītaistr̥ṣṇā śāmyati dāruṇā | | ka-
rṇaśiromukhalepācśuktikayā vā+amladāḍimarasena | ta-
20 rpayati śīghrametajjalaughavatsaikata rāśim | | koladāḍī-
mavṛkṣāmlacukrīkācukrikārasaḥ | pañcāmlako mukhāle-
paḥ sadyastr̥ṣṇāṃ niyacśati | | kṣīrekṣurasa mārḍvīkakṣ-
audrasīdhuguḍodakaiḥ | vṛkṣāmlāmlaiṣca gaṇḍūṣā mu-
khaśoṣapraṇāśanāḥ | | dāḍimaṃ badaraṃ rodhraṃ ka-
25 pitthaṃ bījapurakam | piṣṭvā mūrdhni pralepastu pip-
āsādāhanāśanaḥ | | vāri śītaṃ madhuyutamākaṇṭhādvā
pipāsitam | pāyadvāmayeccāpi tena tṛṣṇā praśāmyati | |
vaṭaprarohaṃ madhukuṣṭhamutpalaṃ salājacurnaṃ gu-
ṭikāṃ prakalpayet | susamhitā sā vadane vidhāritā tṛ-
30 ṣṇāṃ pravṛddhāmapi hanti satvaram | |" iti | yogaratne-
"madhuraiḥ sajīvanīyaiḥ śītaiṣca satīśūkaiḥ śṛitaṃ kṣīraṃ
pānābhyañjanasekeṣviṣṭam madhuśarkarāyuktaṃ | lohi-

takaśālitaṇḍulakharjūrāparūṣakotpaladrākṣāḥ madhupa-
 kve loṣṭhameva ca jale sthitam śītaḥ peyam | | jambā-
 mrātakabadarīdalavetasapañcavalkapañcāmlaiḥ | hr̥mu-
 khaśiraḥpradehāḥ saghr̥tā mūr̥cśābhramātitr̥ṣṇādhnāḥ | |
 drākṣekṣūtpalayaṣṭyādyaiḥ śarkarāmadhuyojitaiḥ | kaṣā- 5
 yaṁ sampibecśītam tr̥ṣṇānāśakaram param | | loṣṭapra-
 tatpatoyam tu śarkarāmadhuyojitam | lākṣācūr̥ṇasamā-
 yuktam pītam tr̥ḍdāhanāśanam | | jambvāmr̥apallavośī-
 raiḥ sitāvaruṇakājitaiḥ | sapayaskaḥ kṛtaḥ kvāthaḥ sa-
 mpītastr̥ḍvināśanaḥ | | ...rakavṛkṣāmladāḍimāmloṣṇavet- 10
 asaiḥ | saśarkarair̥nihantyāśu lehastr̥ṣṇām sudurjayām | |
 sārivā...lājapippalīmadhunāgaraiḥ | payastr̥ṣṇādhnō gaṇḍ-
 ūṣaḥ kāñjikair̥mukha.... | | ...madanamadhukam śītam-
 ambu vivardhitam |ardhaśarkarāyuktam pibettr̥ṣṇārdi-
 tai.... | | iti | § 13987 15

4.6.112 Aṣṭāṅghṛdayasamhitā

tr̥ṣṇāyām pavanotthāyām saguḍam dadhi śasyate | | 68 | |
 rasāśca br̥ṃhaṇāḥ śītā vidāryādigaṇāmbu
 ca | | 68 | | § 13989

4.6.113 Sarvāṅgasundarā

pavanotthāyām tr̥ṣṇāyām dadhi guḍena saha śasyate | mā-
 msarasāśca br̥ṃhaṇāḥ śastāḥ | tathā vidāryādigaṇāmbu
 "vidāripañcāṅgula" (hr̥.sū.a.15/9)ityādibhiḥ śṛtam toyam-
 pānīyam, śastam | § 13990

4.6.114 Āyurvedarasāyana

vātatr̥ṣṇauṣadhamāha-tr̥ṣṇāyāmiti | yogaratne-"pañcāṅgikāḥ
 pañca gaṇā ya uktāsteṣvambu[siddham prathame ga] ṇe
 vā | pibetsukhoṣṇam manujo+acireṇa tr̥ṣo vimucyeta hi
 vātajāyāḥ | | [tr̥ṣṇātivṛddhau] udare ca pūr̥ṇe samcśard-
 ayenmāgadhikodakena | vilekhanam cātra hitam vidhe- 5
 yam syāddā[ḍimāmrā] takabījapūraiḥ | | [iti |] vaṅgasene

(tr̥ṣā. ślo. 22)-" vātaghnamannapānaṃ mṛdu laghu śītaṃ
raso guḍūcyāṣca | " [iti |] § 13991

4.6.115 Aṣṭāṅgahr̥dayasaṃhitā

pittājāyāṃ sitāyuktaḥ pakvodumbarajo rasaḥ | | 69 | |
tatkvātho vā himastadvatsārivādigaṇāmbu
vā | | 69 | |
tadvidhaiśca gaṇaiḥ śītakaṣāyān
sasiṭāmadhūn | | 70 | |
madhurairauśadhaistadvat kṣīrivṛkṣaiśca
kalpitān | | 70 | |
5 bījapūrakamṛdvīkāvaṭavetasapallavān | | 71 | |
mūlāni kuśakāśānāṃ yaṣṭyāhvaṃ ca jale
śṛtam | | 71 | |
jvaroditaṃ vā drākṣādi pañcasārāmbu vā
pibet | | 72 | | § 13998

4.6.116 Sarvāṅgasundarā

pittotthāyāṃ śarkarānvitaḥ pakvodumbaraphalajo rasaḥ,
teṣāṃ-udumbarāṇāṃ vā kvātho himaḥ, tadvat-sitāyuktaḥ,
śasyate | tathaiva sārivādigaṇāmbu-"sārivośīra" (hṛ.sū.a.15 | 11)
ityādi praśasyate | tadvidhaiḥ-śītavīryaiśca, gaṇaiḥ kṛtān
5 śītakaṣāyān sasiṭāmākṣikān pibet | tathaiva madhuraiḥ-
drākṣādibhirdravyaiḥ, kalpitān | kṣīrivṛkṣaiśca-aśvatthanyagrodhādibhiḥ,
kalpitān śītakaṣāyān saśarkarāmadhūn pibet | bījapūrakā-
dipallavān kuśakāśānāṃ mūlāni madhukaṃ caitajjale śṛ-
tam pibet | śītamiti prakṛtatvādyogyatvāccātra yojyam |
10 athavā, jvaracikitsitoktaṃ [drākṣādi-] "drākṣāmadhūka"
(hṛ.ci.a.1 | 55) ityādikaṃ phāṇṭaṃ śītakaṣāyāṃ [vā] pibet |
pañcasārāmbu vā-"madhukharjūramṛdvīkā" (hṛ.ci.a.2/14)
ityādi raktapittacikitsite paṭhitaṃ, pibet | § 13999

4.6.117 Āyurvedarasāyana

pittatr̥ṣṇauśadhamāha-pittājāyāmiti | tadvidhaiḥ-pittaghnaḥ |
tadvat-sasiṭāmadhūn | kṣīrivṛkṣaiśca tadvat | bījapūrapa-

llavādisaptakaṃ jale śṛtam | vaṅgasene (ṛṣā. ślo. 18)- "kā-
śmaryaṃ śarkarāyuktaṃ candanośīradhānyakam | drākṣ-
āmadhūkasamyuktaṃ pittatarṣe jalaṃ pibet | | syājjiiva-
nīyasiddhakṣīraghṛtaṃ vātapittaje tarṣe | tadvaddrākṣā- 5
candanakharjūrośīramadhuyutaṃ toyam | | jīrṇabhuktaḥ
pibedvā+api madhunā taṇḍulodakam | " [iti |] § 14000

4.6.118 Sarvāṅgasundarā

śleṣmajāyāṃ ṛṣṇāyāṃ nimbapatrapānīyena vamaṇaṃ
śastam | bilvādibhirjalaṃ sādhitam kaphatṛṣṇāyāṃ pi-
bet | rajanyā-haridrayā, jalaṃ siddham pibet | sakṣa-
udraśarkaram kaphatṛṣṇāyāṃ mudgayūṣaṃ ca trikaṭ- 5
upaṭolanimbapallavānvitaṃ pibet | yavānnaṃ tīkṣṇak-
avalaṃ tīkṣṇanasyaṃ tīkṣṇalehaṃ ca śīlayet | śimbī-
dhānyam | kacchakaḥ-tumu(tūṇī)kaḥ | vaṅgasene (ṛṣā-
ślo.22)-"bilvāḍhakīdhātakīpañcakoladarbheṣu siddham ka-
phajāṃ nihanti | "iti | yogaratne-"bilvāḍhakī[kanyaka] pa-
ñcamūladarbheṣu siddham kaphajāṃ nihanti | "iti | kacchaka(dhātaki)-
pañcakolayoḥ sthāne laghu [pañcamūlam] | vaṅgasene(ṛṣā.
ślo.23)-"sajīrakāṅyārdrakaśṛṅgaberասauvarcalānyardhajala-
plutāni | madyāni hr̥dyāni ca gandhavanti pītāni sadyaḥ
śamayanti ṛṣṇām | | "iti | § 14001

4.6.119 Aṣṭāṅgahr̥dayasaṃhitā

kaphodbhavāyāṃ vamaṇaṃ nimbaprasavavāriṇā | | 72 | |
bilvāḍhakīpañcakoladarbhapañcakasādhitam | | 73 | |
jalaṃ pibedrajanyā vā siddham
sakṣaudraśarkaram | | 73 | |
mudgayūṣaṃ ca
savyoṣapaṭolīnimbapallavam | | 74 | |
yavānnaṃ tīkṣṇakavalanasyalehāṃśca 5
śīlayet | | 74 | | § 14006

4.6.120 Āyurvedarasāyana

kaphatṛṣṇauśadhamāha-kaphodbhavāyāmiti | āḍhakī | § 14007

4.6.121 Aṣṭāṅgahr̥dayasaṃhitā

sarvairāmācca taddhantrī kriyeṣṭā vamaṇaṃ tathā | |75| |
tryūṣaṇāruṣkaravacāphalāmloṣṇāmbumastubhiḥ | |75| | § 14009

4.6.122 Sarvāṅgasundarā

sarvairāmācca tṛṣṇāyāṃ satyāṃ taddhantrī sannipāta-
ghnyāmaghnī ca kriyeṣṭā | tathā ca vamanamiṣṭam | try-
ūṣaṇāruṣkaravacādiyuktena phalāmlenoṣṇajalena vā ma-
stunā vā iṣṭam | § 14010

4.6.123 Āyurvedarasāyana

sannipātajauṣadhamāha-sarvairiti | taddhantrī-sarvadoṣahantrī
āmahantrī ca | tryūṣaṇādibhirvamanam | phalāmlammat-
uluṅgādyamlam | madanaphalaṃ vamanatvālubjam (?) |
§ 14011

4.6.124 Aṣṭāṅgahr̥dayasaṃhitā

annātyayānmaṇḍamuṣṇaṃ himaṃ manthaṃ ca
kālavit | |76| | § 14012

4.6.125 Sarvāṅgasundarā

annātyayāt-annavirahāt, tṛṣṇāyāṃ satyāṃ maṇḍamuṣṇaṃ
śītaṃ manthaṃ ca kālaprakṛtisātmyādivit pibet | vātaka-
phaprakṛtinā uṣṇo maṇḍaḥ peyaḥ | pittaśleṣmaprakṛtinā
vātapittaprakṛtinā ca himo manthaḥ peyaḥ | evaṃ kālasā-
5 tmyādiṣu nirupyam | "saktavaḥ sarpiṣā+abhyaktāḥ śītoda-
kapariplutāḥ | nātidravā nāti sāndrā mantha ityabhidhīy-
ate | |" iti | § 14013

4.6.126 Āyurvedarasāyana

upavāsajauṣadhamāha-annātyayāditi | uṣṇaṃ maṇḍaṃ śī-
takāle | śītaṃ manthamuṣṇakāle | ata eva kālavidityu-
ktam | § 14014

4.6.127 Aṣṭāṅgahr̥dayasaṃhitā

tr̥ṣi śramān māṃsarasaṃ manthaṃ vā sasitaṃ
pibet | | 76 | | § 14015

4.6.128 Sarvāṅgasundarā

śramāttr̥ṣi jātāyāṃ māṃsarasaṃ madyaṃ vā saśarkaraṃ
pibet | § 14016

4.6.129 Āyurvedarasāyana

ṣramajauṣadhamāha-tr̥ṣi śramāditi | § 14017

4.6.130 Sarvāṅgasundarā

ātapāttr̥ṣi yavakolodbhavaiḥ saktubhiḥ saśarkaraṃ ma-
nthaṃ pibet | sarvāṅgi cāṅgāni tilapiṇyākakāñjikairlimpet |
§ 14018

4.6.131 Aṣṭāṅgahr̥dayasaṃhitā

ātapātsasitaṃ manthaṃ yavakolajasaktubhiḥ | | 77 | |
sarvāṅgyaṅgāni limpecca
tilapiṇyākakāñjikaiḥ | | 77 | | § 14020

4.6.132 Āyurvedarasāyana

ātapajauṣadhamāha=ātapāditi | kolajāḥ-śuṣkabadaratvagudbhavāḥ |
tilagrahaṇaṃ piṇyākena vikalpārtham | § 14021

4.6.133 Āyurvedarasāyana

uṣṇāklāntasye (ni. a. 5/55)tyuktatr̥ṣṇauṣadhamāha-śītasnānāttviti |
§ 14022

4.6.134 Aṣṭāṅgahr̥dayasaṃhitā

śītasnānācca madyāmbu pibettr̥ṇmān guḍāmbu
vā | | 78 | | § 14023

4.6.135 Sarvāṅgasundarā

śītasnānācca tr̥ṇmān madyāmbu pibet | tr̥ṇmāniti matupi
maya iti ṇatve rūpam | guḍajalaṃ vā pibet | § 14024

4.6.136 Aṣṭāṅgahr̥dayasaṃhitā

madyādardhajalaṃ madyaṃ
snāto+amlalavaṇairiyutam | | 78 | | § 14025

4.6.137 Sarvāṅgasundarā

madyātr̥ṇmānardhajalaṃ madyaṃ snātaścāmlalavaṇā-
bhyāṃ yutaṃ pibet | § 14026

4.6.138 Āyurvedarasāyana

madyajauṣadhamāha-madyāditi | āyutaṃ-yuktam | § 14027

4.6.139 Aṣṭāṅgahr̥dayasaṃhitā

snehatīkṣṇatarāgnistu svabhāvaśīśiraṃ jalam | | 79 | | § 14028

4.6.140 Sarvāṅgasundarā

snehena tīkṣṇataro+agniryasya sa narastr̥ṇmānnisargaśīt-
alaṃ jalaṃ pibet | § 14029

4.6.141 Āyurvedarasāyana

tīkṣṇāgneḥ snehaje (ni. a. 5/56) tyuktatrṣṇauṣadhamāha-
snehatīkṣṇatarāgnistviti | § 14030

4.6.142 Aṣṭāṅgahr̥dayasam̐hitā

snehāduṣṇāmbvajīrṇāttu jīrṇānmaṇḍaṃ
pipāsitaḥ | |79| | § 14031

4.6.143 Sarvāṅgasundarā

snehāt punarajīrṇāt pipāsita uṣṇāmbu vā pibet | jīrṇāttu
snehatrṣi maṇḍaṃ pibet | § 14032

4.6.144 Āyurvedarasāyana

ajīrṇasnehajauṣadhamāha-snehāditi | jīrṇasnehajauṣadhamāha-
jīrṇāditi | atīkṣṇagniviṣayamidam̐ bhedadvayam | § 14033

4.6.145 Aṣṭāṅgahr̥dayasam̐hitā

pibetsnigdhānnatrṣito himaspardhi
guḍodakam̐ | |80| | § 14034

4.6.146 Sarvāṅgasundarā

snigdhānnena bhuktena trṣito himaspardhi-tuhinaśītaṃ,
guḍodakam̐ pibet | § 14035

4.6.147 Āyurvedarasāyana

snigdhānnajauṣadhamāha-pibediti | himaspardhi- _.... |
§ 14036

4.6.148 Aṣṭāṅgahr̥dayasaṃhitā

gurvādyannena tṛṣitaḥ pītvoṣṇāmbu
tadullikhet | | 80 | | § 14037

4.6.149 Sarvāṅgasundarā

gurvādyannena bhuktena tṛṣitaḥ pītvoṣṇāmbu tat-gurvādyannaṃ,
udvamet | § 14038

4.6.150 Āyurvedarasāyana

gurvādibhojanajauṣadhamāha-gurvādyanneneti | § 14039

4.6.151 Āyurvedarasāyana

rasakṣayajauṣadhamāha-kṣayajāyāmiti | kṣayahitaṃ-rājayaḥkṣmahitam |
§ 14040

4.6.152 Aṣṭāṅgahr̥dayasaṃhitā

kṣayajāyāṃ kṣayahitaṃ sarvaṃ
br̥mhaṇamauṣadham | | 81 | | § 14041

4.6.153 Sarvāṅgasundarā

kṣayajāyāṃ tṛṣi kṣaye hitaṃ yad br̥mhaṇamauṣadham ta-
tsarvaṃ hitaṃ-śastam | § 14042

4.6.154 Aṣṭāṅgahr̥dayasaṃhitā

kṛṣadurbalarūkṣāṇāṃ kṣīraṃ śāgo
raso+athavā | | 81 | | § 14043

4.6.155 Sarvāṅgasundarā

kṛśādīnām tṛṣi jātāyaṃ kṣīraṃ hitam | athavā śāgo raso hitaḥ | § 14044

4.6.156 Āyurvedarasāyana

kṛśādīnām viśeṣamāha-kṛśadurbalarūkṣāṅāmīti | § 14045

4.6.157 Aṣṭāṅgahr̥dayasaṃhitā

kṣīraṃ ca sordhvavātāyāṃ kṣayakāsaharaiḥ śṛtam | | 82 | | § 14046

4.6.158 Sarvāṅgasundarā

sordhvavātāyāṃ tṛṣi kṣayakāsaharaiḥ śṛtam kṣīraṃ hitam | caśabdānmāṃsarasaśca | § 14047

4.6.159 Āyurvedarasāyana

sordhvavātāyāṃ viśeṣamāha-kṣīraṃ ceti | § 14048

4.6.160 Aṣṭāṅgahr̥dayasaṃhitā

rogopasargājātāyāṃ dhānyāmbu sasiṭāmadhu | | 82 | |
pāne praśastam sarvā ca kriyā
rogādyapekṣayā | | 83 | | § 14050

4.6.161 Sarvāṅgasundarā

rogopasargājātāyāṃ tṛṣi dhānyāmbu sasiṭāmākṣikam pāne praśastam | sarvā ca kriyā rogādyapekṣayā śastā | § 14051

4.6.162 Āyurvedarasāyana

rogāpasargajauṣadhamāha-rogopasargajātāyāmiti | dhānyam-
kustambarī | vaṅgasene (tr̥ṣā. ślo. 37)- " kṣatodbhavām
rūgvinivāraṇena jayedrasānāmasṛjaṣca pānaiḥ | kṣayotth-
itām kṣīrajalam̐ nihanyānmāṃsodakam̐ vā madhukoda-
5 kam̐ vā | | " iti | § 14052

4.6.163 Āyurvedarasāyana

rogādyāpekṣayetyasyāmāha-tr̥ṣyanniti | rogavirodhe+api
jalam̐ deyamityarthaḥ | upadravarūpāyā apyupasargaj-
āyāḥ (?) prādhānyamāhatvaritam̐ | sātmyagrahaṇam̐
yadyupaśete tattadyuktinirapekṣam̐ api deyamityevama-
5 rthaḥ | vaṅgasene (tr̥ṣā. ślo. 41)- "mūrcśācśarditr̥ṣādāhastr-
īmadyabhṛśakarśitāḥ | pibeyuḥ sītalam̐ toyam̐ raktapitte
madātyaye | | tr̥ṣito mohamāyāti mohātprāṇān vimuñjati |
tasmātsarvāsuvavasthāsu na kvacidvāri vāryate | | annen-
āpi vinā jantuḥ prāṇān dhārayate ciram̐ | toyābhāvātpipā-
10 sārtaḥ kṣaṇātprāṇairvimucyate | | " iti | iti hemādriṭīkāyā-
māyurvedarasāyane | tr̥ṣṇārogaprasāmanam̐ sāmastyena
nirūpitam̐ | | § 14053

4.6.164 Aṣṭāṅgahr̥dayasaṃhitā

tr̥ṣyan pūrvāmayakṣiṇo na labheta jalam̐ yadi | | 83 | |
maraṇam̐ dīrgharogam̐ vā prāpnuyāttvaritam̐
tataḥ | | 84 | |
sātmyānnapānabhaiṣajyaistr̥ṣṇām̐ tasya
jayetpurā | | 84 | |
tasyām̐ jitāyāmanyō+api vyādhiḥ
śakyaścikitsitam̐ | | 6 | |
5 84 1/2 | | 6 | |
iti tr̥ṣṇārogacikitsitam̐ | | 6 | |

iti śrivaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ
caturthe cikitsitasthāne
chardih̥drogatṛṣṇācikitsitaṃ nāma
ṣaṣṭho+adhyāyaḥ | | 6 | | § 14060

4.6.165 Sarvāṅgasundarā

pūrvāmayena kṣīṇaḥ san tṛṣṇak-pipāsito, yadi jalaṃ na
labheta tadā maraṇaṃ dīrgharogaṃ vā prāpnuyāt | ta-
taśca hetostvaritaṃ-śīghrataraṃ, tasya-narasya, pūrvam-
anyebhyo rogebhyaḥ sātmyāna pānabheṣajaiṣṭṛṣaṃ ja-
yet, tato+aparaṃ rogaṃ | kimevaṃ kriyate ? ityāha 5
tasyāṃ tṛṣi jitāyāṃ satyāmanyō+api roga upakramitaṃ śa-
kyaḥ | iti śrīmr̥gāṅkadattaputraśrīmadaruṇadattaviracitā-
yāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarvāṅgasundarākhyāyāṃ ca-
turthe cikitsitasthāne chardih̥drogatṛṣṇācikitsitaṃ nāma
ṣaṣṭho+adhyāyaḥ samāptaḥ | | 6 | | § 14061 10

4.7 madātyayādicikitsitādhyāyaḥ : 7

4.7.1 Aṣṭāṅgahr̥dayasaṃhitā

āthāto madātyayādicikitsitaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) yaṃ doṣamadhikaṃ paśyettasyādau
pratikārayet | | 1 | |
kaphasthānānupūrvyā ca tulyadoṣe
madātyaye | | 1 | | § 14065

4.7.2 Aṣṭāṅgahr̥dayasaṃhitā

saṃ-yaṃ doṣaṃ-tatra madātyaye vātādikaṃ, ulbaṇaṃ
paśyet-lakṣayejjānīyāt | tasya-doṣasya,
ādau-prathamata eva,
pratikārayet-pratikāraṃ kuryāt | evaṃ
viṣamadoṣo madātyayaścikitsyaḥ | tulyadoṣe
punarmadātyaye kaphasthānānupūrvyā
doṣān pratikārayet | kimetyevaṃ kriyate ?
ityāha-§ 14066

4.7.3 Aṣṭāṅgahr̥dayasaṃhitā

pittamārutaparyantaḥ prāyeṇa hi madātyayaḥ | | 2 | | § 14067

4.7.4 Sarvāṅgasundarā

hi-yasmāt, kālakrameṇa pittaṃmārutāvasāno bāhulyena
madātyayaḥ syāt | prathamam kaphasyādhikyam | tataḥ
pittamārutā vadhikau bhavataḥ | kaphasthānānupūrvīvy-
ākhyānaṃ jvaracikitsite (ślo.148) vyākhyātam | § 14068

4.7.5 Aṣṭāṅgahr̥dayasaṃhitā

hīnamithyātipītena yo vyādhirupajāyate | | 2 | |
samapītena tenaiva sa
madyenopaśāmyati | | 3 | | § 14070

4.7.6 Sarvāṅgasundarā

hīnamithyātipītena madyena yo vyādhirutpadyate, saḥ-
vyādhiḥ, tenaiva madyena samapītena-samyānmātrayā pī-
tena, śāmyati | "yāvad dr̥ṣṭerna sambhrāntiryāvanna kṣ-
obhate manaḥ | tāvadeva virantavyaṃ madyādātmavataḥ
5 sadā | |" (ślo.14) ityevaṃ lakṣaṇaṃ pānaṃ samameva pī-
tam | yenaiva mār̥dvīkenāthavā mādhavena gāḍādinā vā
yo jāto vyādhiḥ sa tenaiva mār̥dvīkādinā śāmyati | kuta
evaṃ syāt ? ityāha- § 14071

4.7.7 Aṣṭāṅgahr̥dayasaṃhitā

madyasya viṣasādr̥śyāt----- | | 3 | | § 14072

4.7.8 Sarvāṅgasundarā

yathā tīkṣṇādibhirdaśabhirguṇairviṣaṃ yuktaṃ tathaiva
tatsaṅkhyā taireva guṇairmadyamapi yuktaṃ | tataśca
madyenaiva śāntiryuktā | nanu, yadi viṣasādr̥śyaṃ madya-
asya, tato yathā viṣasya viṣāntareṇa śāntistathā madyasy-
āpi madyāntareṇa śāntiḥ prāptetyāśaṅkhyāha- § 14073 5

4.7.9 Aṣṭāṅgahr̥dayasaṃhitā

-----viṣaṃ tūtkarṣavṛttibhiḥ | | 3 | |
tīkṣṇādibhirguṇairyogādviṣāntaramapekṣate | | 4 | | § 14075

4.7.10 Sarvāṅgasundarā

satyametat | evaṃ prāptam | kintu guṇairdaśabhirutkarṣavṛttibhiḥ-
adhikaśaktisvarūpaiḥ, tīkṣṇādibhiryogāt-sambandhāt, vi-
ṣaṃ viṣāntaramapekṣate | na tu taddhīnāttadeva svotthe
roge praśamāyālam | madyaṃ tu hīnavṛttibhirdaśabhi-
rguṇairyogāna madyāntaramapekṣate | evaṃ tīkṣṇādī- 5
nāṃ guṇānāṃ hīnotkarṣabhedādviṣānmadyasya vailakṣa-
ṇyam | § 14076

4.7.11 Aṣṭāṅgahr̥dayasaṃhitā

tīkṣṇoṣṇenātimātreṇa pītenāmlavidāhinā | | 4 | |
madyenānnarasakledo vidagdhaḥ kṣāratām
gataḥ | | 5 | |
yān kuryānmadatṛṇmohajvarāntardāhavibhra-
mān | | 5 | |
madyotkliṣṭena doṣeṇa ruddhaḥ srotaḥsu
mārutaḥ | | 6 | |

sutīvrā vedanā yāśca śirasyasthiṣu
sandhiṣu | | 6 | |
jīrṇāmamadyadoṣasya prakāṅkṣālāghave
sati | | 7 | |
yaugikaṃ vidhivadyuktaṃ madyameva nihanti
tān | | 7 | | § 14083

4.7.12 Sarvāṅgasundarā

svabhāvata eva tīkṣṇoṣṇena tathā+atimātreṇa tathā+amlavidāhinā
madyena pītenānnarasakledo vidagdhaḥ kṣāratām ca gato
yan madādīn kuryāt | tathā māruto madyotkliṣṭena doṣeṇa
srotaḥsuruddho yā dāruṇā mūrdhādiṣu vedanāḥ kuryāt
5 tān-madādīn, tāśca vedanāḥ madyameva yaugikaṃ vidh-
inā yuktaṃ nihanti | kimbhūtasya puruṣasya ? jīrṇāmam-
adyadoṣasya, tathā prakāṅkṣāyām lāghavesati, te ca tāśca
tān, "pumān striyā" ityekaśeṣaḥ | nanu, yadi madyameva
tānnihanti tataścikitsāntarārambho na yuktaḥ | maivam |
10 bahvayo hi cikitsāḥ pratirogaṃ proktāḥ | tasmāccikitsānt-
aropanyāso yukta eva | nanu, kathaṃ tān madyameva ni-
hanti ? ityāha- § 14084

4.7.13 Aṣṭāṅgahr̥dayasaṃhitā

kṣāro hi yāti mādihuryaṃ śīghramamlopaṃhitāḥ | | 8 | |
madyamamleṣu ca śreṣṭhaṃ
doṣaviṣyandanādalam | | 8 | | § 14086

4.7.14 Sarvāṅgasundarā

yasmāt kṣāro+amlopaṃhitō drāgeva mādihuryaṃ yāti |
amleṣu madhye madyaṃ doṣaviṣyandanāt [alam-] paryā-
ptam | § 14087

4.7.15 Aṣṭāṅgahr̥dayasaṃhitā

tikṣṇoṣṇādyaiḥ purā proktairdīpanādyaiḥ
guṇaiḥ | | 9 | |
sātmyatvācca tadevāsya dhātusāmyakaram
param | | 9 | | § 14089

4.7.16 Sarvāṅgasundarā

purā-madātyayanidānoktaistikṣṇoṣṇādyairguṇaiḥ (ni. a.
6/1) tathā madyavargoktairdīpanādyairguṇaiḥ (sū. a.
5/62) karaṇabhūtaiḥ, tadeva-madyam, suṣṭhu dhātusāmya-
akaram | dhātusāmyakaramiti hetau ṭaḥ | § 14090

4.7.17 Aṣṭāṅgahrdayasaṃhitā

saptāhamaṣṭarātram vā kuryātpānātyayauśadham | | 10 | |
jīryatyetāvātā pānam kālena
vipathāśritam | | 10 | | § 14092

4.7.18 Sarvāṅgasundarā

saptāhamathavā+aṣṭarātram pānātyayauśadham kuryāt-
nādhikam kālam | yata etāvātā kālena vimargastham tat
pānam-madyapānam, pariṇamati | § 14093

4.7.19 Aṣṭāṅgahrdayasaṃhitā

param tato+anubadhnāti yo rogastasya bheṣajam | | 11 | |
yathāyatham prayuñjīta
kṛtapānātyayauśadhaḥ | | 11 | | § 14095

4.7.20 Sarvāṅgasundarā

tataḥ-tasmātkālāt, param-ūrdhvam, yo rogo+anubadhnāti,
tasya-rogasya, kṛtapānātyayauśadhaśca yathāsvam bheṣa-
jam prayuñjīta | iti sāmānyena cikitsitamuktvā viśeṣeṇāha-
§ 14096

4.7.21 Aṣṭāṅgahr̥dayasaṃhitā

tatra vātolbaṇe madyaṃ dadhātipiṣṭakṛtaṃ
yutam | | 12 | |
bījapūrakavrukṣāmlakoladāḍimadīpyakaiḥ | | 12 | |
yavānīhapuṣājājīvyoṣatrilavaṇārdrakaiḥ | | 13 | |
śulyirmāṃsairharitakaiḥ snehavadbhiṣca
sakubhiḥ | | 13 | |
5 uṣṇasnigdhāmlalavaṇā medyamāṃsarasā
hitāḥ | | 14 | |
āmrāmṛatakapeśībhiḥ saṃskṛtā
rāgaśāḍavāḥ | | 14 | |
godhūmamāṣavikṛtirmṛduścitrā
mukhapriyā | | 15 | |
ārdrikārdrakakulmāṣasuktamāṃsādigarbhiṇī | | 15 | |
surabhirlavaṇā śītā nirgadā
vā+acchavāruṇī | | 16 | |
10 saraso dāḍimāt kvāthaḥ
pañcamūlātkanīyasaḥ | | 16 | |
śuṅṭhīdhānyāttathā
mustusuktāmbhocchāmlakāñjikam
abhyaṅgodvartanasnānamuṣṇaṃ
prāvaraṇaṃ ghanam | | 17 | |
ghanaścāgurujo dhūpaḥ
pañkaścāgurukuṅkumaḥ | | 18 | |
kucoruśroṇiśālinyo
yauvanoṣṇāṅgayaṣṭayaḥ | | 18 | |
harṣeṇālingane yuktāḥ priyāḥ saṃvāhaneṣu
ca | | 19 | | § 14110

4.7.22 Sarvāṅgasundarā

[tatra-] teṣu madātyayeṣu madhye, vātādhike madātya-
aye piṣṭakṛtaṃ madyaṃ dadyāt | bījapūrakādibhirdeś-
asātmyādivaśādyastaiḥ samastairyathāyogayuktam | ta-
thā, medyasya-medurasya, māṃsasyarasā hitāḥ | kimbh-
5 ūtāḥ ? uṣṇāḥ snigdhāmāmlalavaṇāśca | tathā, rāgāḥ ṣā-

ḍavāścāmṛāmṛātakapeśībhiḥ saṃskṛtā hitāḥ | lakṣaṇam-
 eṣāmṛtucaryāmuktam (hr̥.sū.a.3/30) | tathā, godhūma-
 māṣayorvikṛtirhitā | kimbhūtā ? mṛduḥ-atīkṣṇā, citrā-
 nānāprakārā, mukhapriyā-vadanarucikṛt | tathā, ārdrikā- 5
 digarbhinī | [tathā,] acchavāruṇī ca hitā | kimbhūtā ? su-
 rabhirlavaṇā śītā ca | tathā nirgadā-purāṇā | tathā, dā-
 ḍimātsvaraso hitāḥ | pañcamūlāt kaṇīyaso-hṛsvāt, kvā-
 thaḥ | śuṅṭhīdhānyācca kvātho hitāḥ | tathā, mastvādi
 hitam | tathā, abhyañjanādi uṣṇam hitam | prāvaraṇam-
 ācchhadanaṃ, ghaṇam hitam, agarujaśca dhūpo ghano- 10
 bahulo, hitāḥ | agarukuṅkumapaṅkānulepanam hitam |
 tathā, priyā harṣeṇa-prītyā, āliṅganaṃ-pariṣvaṅgaḥ, tatra
 yuktāḥ, saṃvāhaneṣu-śarīramardaneṣu ca, yuktā hitāḥ |
 kucāścoravaśca śroṇayaśca tena śālante yāstā evam | ta-
 thā, yauvane noṣṇā+aṅgayaṣṭiḥ-śarīralatā, yāsāṃ tā evam | 15
 § 14111

4.7.23 Aṣṭāṅgahr̥dayasaṃhitā

pittolbaṇe bahujaḷam śārkaṛam madhu vā yutam | | 19 | |
 rasairdāḍimakhajūrabhavyadrākṣāparūṣajaiḥ | | 20 | |
 suśītam sasiṭāsaktu yoḷyam tādr̥k ca
 pānakam | | 20 | |
 svāduvargakaṣāyairvā yuktam madyam
 samākṣikam | | 21 | | § 14115

4.7.24 Sarvāṅgasundarā

pittādhike madātyaye bahujaḷam śārkaṛam-madyaviṣeṣam
 yoḷyam | madhu-makṣikam vā, rasairdāḍimāḍijairyuktam |
 tacca suṣṭhu śītam kṛtvā yoḷyam | paruṣakāṇyatra madh-
 urāṇi yoḷyāni nāmlāni, teṣāṃ kaphapittakaravāt | tathā
 ca muniḥ (ca. sū. a. 27/132) "amlaṃ paruṣakam drākṣā 5
 badarāṇyārūkāṇi ca | pittaśleṣmaprakopīṇi" iti | tādr̥k ca-
 suśītam, panakam yoḷyam | kimbhūtam ? saha siṭāsaktu-
 bhirvatate yattadevam | saktavaśca lājānām yoḷyāḥ, yogy-
 ataratvāt, na tu yavānām | tathā, svāduvargasya kvāthena
 saṃyuktam madyam samākṣikam yoḷyam | § 14116 10

4.7.25 Aṣṭāṅgahr̥dayasaṃhitā

śāliṣaṣṭikamaśnīyācśaśājaiṇakapiñjalaiḥ | | 21 | |
satīnamudgāmalakapaṭolīdāḍimai
rasaiḥ | | 22 | | § 14118

4.7.26 Sarvāṅgasundarā

śāliṣaṣṭika bhuiñjīta | kaiḥ saha ? śaśādijai rasairde śādisā-
tmyavaśāt satīnādijaiśca rasaiḥ | § 14119

4.7.27 Aṣṭāṅgahr̥dayasaṃhitā

kaphapittaṃ samuktliṣṭamullikhetṭṛdvidāhavān | | 22 | |
pītvā+ambu śītaṃ madyaṃ vā
bhūrīkṣurasasaṃyutam | | 23 | |
drākṣārasaṃ vā saṃsargī tarpaṇādiḥ paraṃ
hitaḥ | | 23 | |
tathā+agnirdīpyate tasya
doṣaśeṣāṇnapācanaḥ | | 24 | | § 14123

4.7.28 Sarvāṅgasundarā

ṭṛdvidāhavān madātyayī kaphapittaṃ samuktliṣṭam-samutthitaṃ
svasthānāccyutābhāsaṃ, samyagvameṭ | kiṃ kṛtvā ? ambu
śītaṃ pītvā, madyaṃ vā bhūrīkṣurasena saṃyutam pī-
tvā, athavā drākṣārasaṃ pītvā | paraṃ-anantaraṃ, saṃs-
5 argī tarpaṇādiḥ suṣṭhu hitaḥ | kṛtavamanādikasyānant-
araṃ peyādikramaḥ saṃsargītyucyate | evaṃ kṛte sati
tasya-madātyayinaḥ, agnirdīpyate | kimbhūtaḥ ? doṣaśeṣasyānnasya-
āhārasya ca, pācanaḥ | § 14124

4.7.29 Aṣṭāṅgahr̥dayasaṃhitā

kāse saraktaniṣṭhīve pārśvastanarujāsu ca | | 24 | |

tr̥ṣṇāyāṃ savidāhāyāṃ sotkleśe
hr̥dayorasi | | 25 | |
guḍūcībhadramustānāṃ paṭolasyāthava
rasam | | 25 | |
saśṛṅgaberam yuñjīta
tittiripratibhojanam | | 26 | | § 14128

4.7.30 Sarvāṅgasundarā

pittamadātyaye kāse raktaniṣṭhīvasahite pārśvādirujāsu ca
tr̥ṣṇāyāṃ vidāhasitāyāṃ hr̥daya urasi ca sotkleśe sati gu-
ḍūcyādīnāṃ rasamathavā paṭolasya rasam sanāgaram yu-
ñjīta | alpastittiristittiriprati | "suppratinā mātrārthe" itya-
vyayībhāvaḥ | § 14129

5

4.7.31 Aṣṭāṅgahr̥dayasaṃhitā

tr̥ṣyate cāti balavadvātapitte samuddhate | | 26 | |
dadyād drākṣārasam pānam śītam
doṣānulomanam | | 27 | |
jīrṇe+adyānmadhurāmlena chāgamāṃsarasena
ca | | 27 | | § 14132

4.7.32 Sarvāṅgasundarā

atitr̥ṣyate ca puruṣāya vātapitte+adhike sati drākṣārasap-
ānam dadyāt | kimbhūtam ? śītalam tathā doṣānuloma-
nam | jīrṇe ca tasmin chāgamāṃsarasena madhurāmlen-
āśnīyāt | § 14133

4.7.33 Aṣṭāṅgahr̥dayasaṃhitā

tr̥ṣyalpaśaḥ pibenmadyam madam rakṣan
bahūdakam | | 28 | |
mustadāḍimalājāmbu jalam vā
parṇinīśṛtam | | 28 | |

pāṭalyutpalakandairvā svabhāvādeva vā
himam | | 29 | | § 14136

4.7.34 Sarvāṅgasundarā

tr̥ṣi satyāmalpaṃ-mandaṃ, maḍaṃ rakṣaṃ bahūdakaṃ
madyaṃ pibet | mustādijalaṃ vā pibet | parṇinībhiḥ kva-
thitaṃ vā paṭo (pāṭa)lyādiśṛtāṃ vā sarvametacchītaṃ pā-
tvyaṃ | yattoyaṃ svabhāvādeva vā himamiti | § 14137

4.7.35 Aṣṭāṅgahr̥dayasaṃhitā

madyātipānādabdhātau kṣīṇe tejasi coddhate | | 29 | |
yaḥ śuṣkagalatālovṣṭho jihvāṃ niṣkr̥ṣya
ceṣṭate | | 30 | |
pāyayekāmato+ambhastam
niśīthapavanāhatam | | 30 | | § 14140

4.7.36 Sarvāṅgasundarā

madyātipānāddhetorabdhātau kṣīṇe-alpībhūte, tejasi coddhate-
kṣobhite sati, yaḥ puruṣaḥ śuṣkagalatālvoṣṭhaḥ san jihvāṃ
niṣkr̥ṣya-niḥsārya, ceṣṭate-itaścetaśca luṭhti, taṃ-naraṃ,
kāmataḥ-icchayā, ambho niśīthe yaḥ pavanastenāhatam
5 pāyayet | § 14141

4.7.37 Aṣṭāṅgahr̥dayasaṃhitā

koladāḍimavr̥kṣāmlacukrikācukrikārasaḥ | | 31 | |
pañcāmlako mukhālepaḥ sadyastr̥ṣṇaṃ
niyacśati | | 31 | | § 14143

4.7.38 Sarvāṅgasundarā

kolādibhiḥ pañcāmlako mukhālepo drāk tr̥ṣṇāṃ śamay-
ati | § 14144

4.7.39 Aṣṭāṅgahṛdayasaṃhitā

tvacaṃ prāptaśca pānoṣmā
pittaraktābhimūrccitaḥ | | 32 | |
dāhaṃ prakurute ghoraṃ tatrātiśiśiro
vidhiḥ | | 32 | |
aśāmyati rasaistrpte rohiṇīm
vyadhayecchirām | | 33 | | § 14147

4.7.40 Sarvāṅgasundarā

pānasya madyasyoṣmā tvacaṃ prāptaḥ pittaraktābhyāmabhimūrccito-
miśrito, dāhaṃ dāruṇaṃ prakarṣeṇa kurute | tatra-dāhe,
[ati] śīto vidhiḥ kāryaḥ | śītopacāreṇāpyaśāmyati sati dāhe
māṃsarasaistrpte nare rohiṇīsaṃjñāṃ śirāṃ vyadhayet,
vaidya iti śeṣaḥ | vyadhayediti 'ghaṭāditvānmatve' hṛa- 5
svaḥ | § 14148

4.7.41 Āyurvedarasāyana

.....atha dāhaprakaraṇam | dahaḥ saptadhā,-
madyajaḥpittajastrdrodhajaḥ kṣayajoraktapūrṇajo marm-
ābhighātaśceti |māha-tvacaṃ prāptastv-
iti | saṅgrahe..... | § 14149

4.7.42 Aṣṭāṅgahṛdayasaṃhitā

ullekhanopavāsābhyāṃ jayecśleṣmolbaṇaṃ pibet | | 33 | |
śītaṃ śuṅṭhīsthirodīcyaduḥsparśānyatamoda-
kam | | 34 | | § 14151

4.7.43 Sarvāṅgasundarā

śleṣmādhikaṃ madātyayaṃ vamanopavāsābhyāṃ jayet |
śuṅṭhyādyanyatamodakam śītakaṣāyaṃ pibet | § 14152

4.7.44 Aṣṭāṅgahr̥dayasaṃhitā

nirāmaṃ kṣudhitaṃ kāle pāyayedvahumākṣikaṃ | | 34 | |
śārkaraṃ madhu vā jīrṇamariṣṭaṃ sīdhumeva
vā | | 35 | |
rūkṣatarpaṇasaṃyuktaṃ
yavānīnāgarānviṭaṃ | | 35 | | § 14155

4.7.45 Sarvāṅgasundarā

tato nirāmaṃ jātakṣudhaṃ santaṃ, kāle-yatocite, śārk-
araṃ bahumākṣikaṃ-bahukṣaudraṃ, pāyayet | madhu-
mārdvīkaṃ, vā bahukṣaudraṃ | dvayamapyetat purā-
ṇaṃ | tathā, ariṣṭaṃ-abhayādikṛtaṃ, pāyayet | sīdhuṃ vā
5 pāyayet | kimbhūtaṃ ? rūkṣāye tarpaṇāstaiḥ saṃyuktaṃ
[tathā] yavānīsuṅṭhībhyāṃ saṃyuktaṃ | § 14156

4.7.46 Aṣṭāṅgahr̥dayasaṃhitā

yūṣeṇa yavagodhūmaṃ tanunā+alpena bhojayet | | 36 | |
uṣṇāmlakaṭutiktēna
kaulatthenālpasarpīṣā | | 36 | |
śuṣkamūlakajaiścśāgai rasairvā
dhanvacāriṇām | | 37 | |
sāmlavetasavṛkṣāmlapaṭolīvyoṣadāḍimaiḥ | | 37 | | § 14160

4.7.47 Sarvāṅgasundarā

tathā kaulatthena yūṣeṇa yavagodhūmaṃ bhojayet | ki-
mbhūtena ? tanunā-svacchena | tathā, alpenoṣṇāmlakaṭu-
tiktenālpaghṛtena | athavā, śuṣkamūlakajai rasaiśchāraiivā
rasairdhanvacāriṇām vā rasairbhojayet | kimbhūtaiḥ ? sa-
5 hāmlavetasatittidīkapaṭolapatratrikatukadāḍimaiḥ | § 14161

4.7.48 Aṣṭāṅgahṛdayasaṃhitā

prabhūtaśuṅṭhīmaricaharītārdrakapeśikam | | 38 | |
bījapūrarasādyamlabhrṣṭanīrasarvatitam | | 38 | |
karīrakaramardādi rociṣṇu bahuśālanam | | 39 | |
pravyaktāṣṭāṅgalavaṇam
vikalpitanimardakam | | 39 | |
yathāgni bhakṣayan māṃsam mādhamam 5
nigadam pibet | | 40 | | § 14166

4.7.49 Sarvāṅgasundarā

māṃsam yathāgni-agnyanatikrameṇa, bhakṣyan mādhamam nigadam purāṇam, pibet | kimbhūtam māṃsam ? vi-
vidhaiḥ prakāraiḥ kalpito niṣpādito, nimardako yena mā-
ṃsena tadvikalpitanimardakam | tadeva vividhaprakā- 5
ratvam nimardakasyāha-prabhūtāḥ-utkaṭāḥ, śuṅṭhī ma-
rīcaharītārdrakapeśayo yasmimstadevam | harītārdraka-
sya śastrakṛtā dīrghākārā avayavāḥ peśaya ucyanthe | bī-
japūrarasādibhīramlastathā bhrṣṭo-yathāyatham snehād-
inā, nīrasaḥ-śuṣkaprāyo, vartitovyāñjanaprakāro, yatra ta-
devam | karīrādi rociṣṇu-rocanaśīlam, bahu-prabhūtam, 10
śālanam-haritam, yasmin | tathā, prakarṣeṇa vyaktam
spaṣṭam, vakṣyamāṇamaṣṭāṅgalavaṇam yatra | tadevam
vividham kalpanam kṛtam | kriyāviśeṣaṇānyetāni | § 14167

4.7.50 Aṣṭāṅgahṛdayasaṃhitā

sitāsauvarcalājājītittidīkāmlavetasam | | 40 | |
tvagelāmaricārdhāṃśamaṣṭāṅgalavaṇam
hitam | | 41 | |
srotovīśuddhyagnikaram kaphaprāye
madātyaye | | 41 | | § 14170

4.7.51 Sarvāṅgasundarā

sitādyairāṣṭāṅgalavaṇamanvarthasaṃjñam madātyaye hi-
tam | srotaḥśuddhikṛdagnidīpanam ca | § 14171
2182

4.7.52 Aṣṭāṅgahr̥dayasaṃhitā

rūkṣoṣṇodvartanoddharṣasnānabhojanalaṅghanaiḥ | | 42 | |
sakāmābhiḥ saha strībhiryuktyā jāgaraṇena
ca | | 42 | |
madātyayaḥ kaphaprāyaḥ śīghraṃ
samupaśāmyati | | 43 | | § 14174

4.7.53 Sarvāṅgasundarā

rūkṣoṣṇairudvartanādibhirlaṅghanena tathā yuktyā-deśakālādyapekṣiṇyā,
sakāmābhirdayitābhiḥ saha yajjāgaraṇaṃ tena ca kaphā-
dhiko madātyayo drāgeva śamaṃ yāti | § 14175

4.7.54 Aṣṭāṅgahr̥dayasaṃhitā

yadidaṃ karma nirdiṣṭaṃ pṛthagdoṣabalaṃ prati | | 43 | |
sannipāte daśavidhe tacśheṣe+api
vikalpayet | | 44 | | § 14177

4.7.55 Sarvāṅgasundarā

"tatra vātolbaṇe madyaṃ" (ślo. 12) ityādi | "pittolabaṇe ba-
hujalaṃ" (ślo 19) ityādi, tathā "ullekhanopavāsābhyāṃ jay-
ecchleṣmolbaṇaṃ" (ślo 33) ityādi ca trividhaṃ sannipātaṃ
pṛthagdoṣabalaṃ prati lakṣīkṛtya karma nirdiṣṭaṃ karm-
5 adamuktam | na kevalamatra trividhe sannipāte, śeṣe+api
daśavidhe sannipāte vikalpayet-vividhaṃ kṛtvā kalpayet,-
kuryāt, vaidya iti śeṣaḥ | etaduktaṃ bhavati,-vātolbaṇe
madātyayaje sannipāte yatkarma nirdiṣṭaṃ tathā pittolb-
aṇe madātyayaje sannipāte yatkarma nirdiṣṭaṃ tadeva vā-
10 tapittolbaṇe kuryāt | evaṃ doṣabalamapekṣya sarvasmin
madātyaye cikitsitaṃ kuryāt | sa daśavidhaḥ sannipātaḥ
śiṣyahitāya padyena pradarśyate,-"utkarṣeṇa tveko mady-
ena dvau tadā+a+adimaḥ | utkarṣeṇa yadā dvau tu ma-
dhyenaiko dvitīyakaḥ | | eko madhyena doṣaḥ syād dvā-
15 valpena tṛtīyakaḥ | utkarṣeṇaika eva syādalpena dvau ca-

turthakaḥ | | utkarṣeṇa yadā dvau tu alpenaikaśca pañc-
amaḥ | eko+alpena tu madhyena dvau doṣāviti ṣaṣṭha-
kaḥ | | utkarṣeṇa samastāḥ syurevaṃ bhavati saptamaḥ |
madhyena sarve+api yadā tadā bhavati cāṣṭamaḥ | | alp- 5
ena sarve+api yadā tadā tu navamaḥ smṛtaḥ | alpen-
eko madhyenaikastadā tvantya iti sphuṭāḥ | | sannipātasya
muninā daśa bhedaḥ prakīrtatāḥ | " iti | § 14178

4.7.56 Aṣṭāṅgahrdayasaṃhitā

tvañnāgapuṣpamaḡadhāmaricājājidhānyakaiḥ | | 44 | |
paruṣakamadhūkailāsuraḥvaiśca
sitānvitaiḥ | | 45 | |
sakapittharasam hr̥dyam pānakam
śaśibovitam | | 45 | |
madātyayeṣu sarveṣu peyam
rucyagnidīpanam | | 46 | | § 14182

4.7.57 Sarvāṅgasundarā

tvagādibhiḥ śarkarānvitaiḥ kapittharasayuktam karpūra-
kṛtādhivāsam pānakam sarveṣu madātyayeṣu pātavyam
rucyagnivṛddhikaram | § 14183

4.7.58 Aṣṭāṅgahrdayasaṃhitā

nāvikṣobhya mano madyam śarīramavihanya vā | | 46 | |
kuryānmadātyayam tasmādiṣyata harṣaṇī
kriyā | | 47 | | § 14185

4.7.59 Sarvāṅgasundarā

madyam yasmānmānasam nāvikṣobhya-api tu manasaḥ
prakṣobhaṇam kṛtvā, na ca śarīrasya vihananamakṛtvā, ev-
ameva yathā kathañcinmadātyayam kuryāt | yataścaivam
tasmāddhetorharṣotpādikā kriyā eṣṭavyā | nākṣobhyetya-
yam pāṭho na śreyān, lyabādeśasyātra durlabhatvāt | § 14186 5

4.7.60 Aṣṭāṅgahr̥dayasaṃhitā

saṃśuddhiśamanādyeṣu madadoṣaḥ kṛteṣvapi | |47| |
na cecchāmyetkaphe kṣīṇe jāte
daurvalyalāghave | |48| |
tasya madyavidagdhasya vātapittādhikasya
ca | |48| |
grīṣmopataptasya taroryathā varṣaṃ tathā
payah | |49| | § 14190

4.7.61 Sarvāṅgasundarā

saṃśuddhiśamanādyeṣūpakrameṣu kṛteṣvapi yadi mada-
doṣomadyottho vyādhiḥ, na śāmyet, tasya madyena vi-
dagdhasyāta eva ca kaphe sau-yadhātau kṣīṇe+ata eva
5 jāte daurbalyalāghave-alpapramāṇatve kārśye ca sati, tad-
ānīm sāmartyād vātapittayoratiriktatā, vātapittādhikasya
ca kṣīṇaujastvātathā payah pathyam | yathā grīṣmopata-
ptasya tarorvarṣam | varṣamiti kṛdvidhau "bhayādīnāmu-
pasaṅkhyānam" ityac | § 14191

4.7.62 Aṣṭāṅgahr̥dayasaṃhitā

madyakṣīṇasya hi kṣīṇaṃ kṣīramāśveva puṣyati | |49| |
ojastulyaṃ guṇaiḥ sarvairviparītaṃ ca
madyataḥ | |50| | § 14193

4.7.63 Sarvāṅgasundarā

hi-yasmāt, tasya-tulyaṃ guṇaiḥ sarvaiḥ-gurvādibhirojasaḥ
kṣīraṃ, madyācca viparītaṃ guṇaiḥ | tathā ca munīḥ (ca.
sū. a. 27/217)-"svādu śītaṃ mṛdu snigdhaṃ bahalaṃ śla-
kṣṇapicchilam | guru mandam prasannaṃ ca gavyaṃ da-
5 śaguṇaṃ payah | | tadevaṃguṇamevaujah sāmānyādabh-
ivardhayet | " iti | yataścaivam tasmānmadyakṣīṇasva kṣī-
ṇamojah kṣīramāśveva puṣyati-vṛddhi prāpayati, na tvap-
araṃ, dravyaṃ, yathoktahetvabhāvāt | § 14194

4.7.64 Aṣṭāṅgahr̥dayasaṃhitā

payasā vihate roge bale jāte nivartayet | | 50 | |
kṣīraprayogaṃ, madyaṃ ca
krameṇālpālpamācaret | | 51 | |
na vikṣayadhvaṃsakotthaiḥ
spr̥setopadravairyathā | | 51 | | § 14197

4.7.65 Sarvāṅgasundarā

payasā roge-madātyayākhye, nivartite bale jāte sati mady-
ocitaḥ pumān kṣīraprayogaṃ nivartayet | madyaṃ cālp-
ālpam̐ krameṇopayauñjīta | yathā vikṣayadhvaṃsakodbh-
avairupadravairasau na spr̥seta | vikṣayodbhavā vikārāḥ-
kāyaśīrorogādyāḥ (hr̥.ni.a.6/22), dhvaṃsakopadravāḥ-śleṣmaniṣṭhīvāday
(hr̥.ni.a.6/22) | § 14198

4.7.66 Aṣṭāṅgahr̥dayasaṃhitā

tayostu syāddhṛ kṣīraṃ bastayo bṛmhaṇāḥ śivāḥ | | 52 | |
abhyaṅgodvartanasnānānyannapānaṃ ca
vātajit | | 52 | |
yuktamadyasya madyottho na
vyādhirupājāyate | | 53 | |
ato+asya vakṣyate yogo yaḥ sukhāyaiva
kevalam | | 53 | | § 14202

4.7.67 Sarvāṅgasundarā

tayorvikṣayadhvaṃsakayorghṛtaṃ kṣīraṃ ca cikitsitaṃ
syāt | tathā bastayo bṛmhaṇāḥ śivāḥ-nirapāyāḥ | tathā,
ābyāṅgādīni yacca vātajidannapānaṃ tacca syāt | sa0-
yuktamadyasya puṃso madyottho vyādhirnopājāyate,
yuktamadyatvāt | ataḥ-asmāddhetoḥ, asya-madyasya, sa- 5
myogo vakṣyate | yaḥ kevalam̐ sukhāyaiva syāt | adhunā
surāṃ sampannāmāha- § 14203

4.7.68 Aṣṭāṅgahr̥dayasaṃhitā

- āśvinam yā mahattejo balaṃ sārasvataṃ ca yā | |54| |
dadhātyaindraṃ ca yā vīryaṃ prabhāvaṃ
vaiṣṇavaṃ ca yā | |54| |
astraṃ makaraketoryā puruṣārtho balasya
yā | |55| |
sautrāmaṇyāṃ dvijamukhe yā hutāśe ca
hūyate | |55| |
5 yā sarvauśadhisampūrṇānmathyamānātsurāsu-
raiḥ | |56| |
mahodadheḥ samudbhūtā śrīśaśāṅkāmṛtaiḥ
saha | |56| |
madhumādhavamaireyasīdhugauḍāsavādibhiḥ | |57| |
madaśaktimanujñantī yā rūpairbahubhiḥ
sthitā | |57| |
yāmāsvādya vilāsinyo yathārthaṃ nāma
bibhrati | |58| |
10 kulāṅganā+api yāṃ pītvā
nayatyuddhatamānasā | |58| |
anaṅgāliṅgitairāṅgaiḥ kvāpi ceto
munerapi | |59| |
taraṅgabhaṅgabhrukuṭitarjanairmāninīmanaḥ | |59| |
ekaṃ prasādya kurute yā dvayorapi
nirvṛtim | |60| |
yathākāmaṃ
bhaṭāvāptiparihr̥ṣṭāpsarogaṇe | |60| |
15 tṛṇavatpuruṣā yuddhe yāmāsvādya
tyajantyasūn | |61| |
yāṃ śīlayitvā+api ciraṃ bahudhā
bahuvigrahām | |61| |
nityaṃ harṣātivegena tatpūrvamiva
sevate | |62| |
śokodvegāratibhayairyāṃ dr̥ṣṭvā
nābhibhūyate | |62| |
goṣṭhīmahotsavodyānaṃ na yasyāḥ śobhate
vinā | |63| |

smṛtvā smṛtvā ca bahuśo viyuktaḥ śocate
yayā | |63| |
aprasannā+api yā prītyai prasannā svarga eva
yā | |64| |
apīndram manyate duḥstham ḥṛdayasthitayā
yayā | |64| |
anirdeśyasukhāsvādā svayaṃvedyaiva yā
param | |65| |
iti citrāsvavasthāsu priyāmanukaroti yā | |65| | 5
priyā+atipriyatām yāti yatpriyasya
viśeṣataḥ | |66| |
yā prītir yā ratirvā vāgyā puṣṭiriti ca stutā | |66| |
devadānavagandharvayakṣarākṣasamānuṣaiḥ | |67| |
pānapravṛttau satyām tu tām surām vidhinā
pibet | |67| | § 14231

4.7.69 Sarvāṅgasundarā

yā-surā, āśvinam mahattejo-dīptam, dadhāti | āśvinam-
ityaśvinoridamityaṅ, "nastaddhite" iti ṭilope prāpte "in-
aṅyanapatye" iti prakṛtibhāvaḥ | yā ca surā sārasvataḥ
balaṃ utsāhaṃ, endram ca vīryam-śakti, vaiṣṇavam ca
prabhāvam-māhātmyam, dadhāti | yā ca madanasyāstram- 5
praharaṇam, balabhadrasya yā puruṣārthaḥ-param prayo-
janam | yā ca sautrāmānyām yajñe dvijāsye hutāśe ca hūy-
ate | yā ca mahodadheḥ sarvausadhisampūrṇāddevadān-
avairvilōḍyamānāt lakṣmyādibhiḥ sahotpannā | yā ca surā
madaśaktimatyajantī bahubhirmadhvādibhirākāraiḥ sth- 10
itā | yām surām pītvā vilāsinyo mṛgalocanāḥ, yathārthaḥ-
anvarthaḥ, nāma bibhrati vilāso vidyate yāsāmiti | yā pī-
tvā kulavāmalocanā+apyuddhatamānasā satyanaṅgāliṅg-
itairaṅgairmunerapi cetaḥ kvāpi nayati | taraṅgabhaṅgā- 15
kuṭilā, bhrukuṭistayā tarjanāni-praṇayakalahaviśeṣāḥ, tai-
rmānityā mānasamekaṃ prasādya dvayorapi-strīpumuṣayoḥ,
nirvṛtiṃ-saukhyam, yā surā karoti | yām surāmāsvādya
narāḥ samare tṛṇamiva prāṇāmstyajanti | kīḍṛṣi yuddhe
? yathecchaṃ bhaṭasya-śūrapuruṣasya, yā+avāptistayā
parihṛṣṭo-muditaḥ, apsaraḥsaṅgho yasminnāhave tasmin | 20

yāmsurāṃ, bahubhiḥ prakāraiḥ-āhārādimadhyāvasānalakṣaṇaiḥ,
tathā yāṃ bahuvigrahāṃ-madhumādhavādibhiranekaśarīrāṃ,
śīlayitvā+api nityaṃ harṣasyātivegena tatpūrvamiva-tatprathamamiva,
5 sevate | yāṃ dr̥ṣṭvā upalabhyāsvādādinā, śokādibhirnā-
bhibhūyate | yasyāḥ surāyā ṛte goṣṭhyādirna śobhate |
yayā ca viyuktaḥ śocate | śocata iti nañibhyastañ | yā
cāprasannā-kaluṣā+api prītyai, prasannāsvacchā satī, sv-
arga eva syāt | yayā cāntaḥsthitayendramapi duḥsthitam
manyate | anirdeśyaṃ-abhaṇanīyaṃ sukhaṃ yasminnā-
10 svāde sa tathāvidha āsvādo yasyāḥ saivam | yā keval-
amātmanaiva vedyā | iti-pūrvoktena prakāreṇa, citrāsu-
nānāvidhāsavavasthāsu, priyāṃvallabhāṃ, anukaroti-anuharati |
priyāpakṣe narmāthaḥ-praṇayakalahārthaḥ | aprasannā-
kupitā | prasannā-tyaktakopā | anirdeśyaḥ sukhāsvādaḥ-
15 sukhopalambho, yasyā iti yojyam | evaṃ "yāṃ śīlayitvā"
ityādiḥ sarvo+api granthaḥ priyāyāmapi yojyaḥ | tathā,
yat-yasmāt, surā priyā-iṣṭā, atipriyatām-suṣṭhu vallabha-
tvam, yāti | yatpriyasya-prakṛtatvātsurāpriyasya, viśeṣeṇa
priyatām yāti | yā surā prītiriti yā vāgiti yā puṣṭiriti yā ca
20 devādibhiḥ stutā | pānapravṛttau satyāṃ yeṣāṃ pānādh-
ikāro+asti dharmāśāstreṣvanīśiddhatvāt tām pūrvoktagu-
nām surāṃ vidhinā-vakṣyamāṇena (ślo. 75) , pibet | § 14232

4.7.70 Aṣṭāṅgahr̥dayasaṃhitā

sambhavanti na te rogā medonilakaphodbhavāḥ | | 68 | |
vidhiyuktādr̥te madyādye na sidhyanti
dāruṇāḥ | | 68 | | § 14234

4.7.71 Sarvāṅgasundarā

te medonilakaphodbhavā rogā na sambhavanti | dāruṇāḥ
duḥsahāḥ | ye vidhiyuktānmadyādr̥te na sidhyanti | vidh-
iyuktena madyena sarve medonilakaphajā rogāḥ sidhyant-
īti bhāvaḥ | § 14235

4.7.72 Aṣṭāṅgahr̥dayasaṃhitā

asti dehasya sā+avasthā yasyāṃ pānaṃ nirvāyate | |69| |
anyatra madyānnigadādvividhausadhasaṃskṛ-
tāt | |69| | § 14237

4.7.73 Sarvāṅgasundarā

dehasya sā+avasthā-praklīnādehamehādikā (hr̥.sū.a.8/54)
asti, yasyāṃ pānaṃ nivāryate, madyādanyatra | kimbhū-
tāt ? nigadāt, tathā vividhausadhasaṃskṛtāt | madyamev-
aṃvidhaṃ varjayitvā pānaṃ niṣidhyata ityarthah | § 14238

4.7.74 Aṣṭāṅgahr̥dayasaṃhitā

ānūpaṃ jāṅgalaṃ māṃsaṃ
vidhinā+apyupakalpitam | |70| |
madyaṃ sahāyamaprāpya samyak
pariṇametkatham | |70| | § 14240

4.7.75 Sarvāṅgasundarā

ānūpaṃ jāṅgalaṃ māṃsaṃ vidhānenāpyupakalpitam
madyaṃ vino payuktaṃ katham samyak pariṇamati ?
§ 14241

4.7.76 Aṣṭāṅgahr̥dayasaṃhitā

sutīvramārutavyādhighātino laśunasya ca | |71| |
madyamāṃsavīyuktasya prayoge syātkiyān
guṇah | |71| | § 14243

4.7.77 Aṣṭāṅgahr̥dayasaṃhitā

punarapi madyameva ślāghayannāha- sa0-laśunasya ca
dāruṇataravātavyādhivināśinaḥ
madyamāṃsarahitasya prayoge kiyān guṇaḥ
syāt ? alpa evetyarthaḥ | § 14244

4.7.78 Aṣṭāṅgahr̥dayasaṃhitā

nigūḍhaśalyāharaṇe śastrakṣārāgnikarmaṇi | |72| |
pītamadyo viśahate sukhaṃ
vaidyavikatthanām | |72| | § 14246

4.7.79 Sarvāṅgasundarā

tathā nigūḍhasya-atyarthaṃ praṇaṣṭasya, śalyasyāhar-
aṇe ākarṣaṇe, tathā śastrādikarmaṇi pītamadyo naraḥ
sukhaṃ-akleśena, vaidyavikatthanām-kadarthanām, sah-
ate | § 14247

4.7.80 Aṣṭāṅgahr̥dayasaṃhitā

analottejanaṃ rucyaṃ śokaśramavinodakam | |73| |
na cātaḥ paramastyanyadārogyabalapuṣṭi-
kṛt | |73| | § 14249

4.7.81 Sarvāṅgasundarā

tathā, analasya-agneḥ uttejanaṃ śokādighnam | na ca ka-
dācit ta(a)smānmadyāt paraṃ-anyat, śreṣṭhamastyārogyā-
dikṛt | § 14250

4.7.82 Aṣṭāṅgahr̥dayasaṃhitā

rakṣatā jīvitam tasmātpeyamātmabatā sadā | |74| |
āśritopāśritahitam paramaṃ
dharmasādhanam | |74| | § 14252

4.7.83 Sarvāṅgasundarā

yata evaṃ mahāguṇaṃ madyam, tasmājjivitaṃ rakṣatā na-
reṇa tathā+a+atmavatā-sudhīmatā, sadā peyam | āśritān-
āmupāśritānām ca hitam | paramaṃ dharmasādhanam-
dharmopāyaḥ | athāsya pāne vidhināha- § 14253

4.7.84 Aṣṭāṅgahr̥dayasaṃhitā

dalasamākulamīśvarasambhramāt | | 79 | |
iti gataṃ dadhatībhīrasaṃsthitam
taruṇacittavilobhanakārmaṇam | | 79 | |
yauvanāsavamattābhīrvilāsādhiṣṭhitātmabhiḥ | | 80 | |
sañcāryamāṇam
yugapattanvaṅgībhīritastataḥ | | 80 | |
tālavṛntanalinīdalānilaiḥ śītalīkṛtamātība 5
śītalaiḥ | | 81 | |
darśane+api vidadhadvaśānugaṃ svāditam
kimuta cittajanmanaḥ | | 81 | |
cūtarasendumṛgaiḥ kṛtavāsam mallikayojjvalayā
ca sanātham | | 82 | |
sphāṭikaśuktigataṃ sataraṅgam
kāntamaṅgamivodvahadaṅgam | | 82 | |
tālīsādyam cūrṇamelādikaṃ vā hr̥dyam prāśya
prāgvayaḥsthāpanam vā | | 83 | |
tatprār̥thibhyo bhūmibhāge sumṛṣṭe 10
toyonmīśram dāpayitvā tataśca | | 83 | |
ghṛtimān
smṛtimānnyamanūnādhikamācaran | | 84 | |
ucitenopacāreṇa sarvamevopapādayan | | 84 | |
jītavikasitāsitasaro
janayanasāṅkrāntivardhitaśrīkam | | 85 | |
hr̥tamadhupagaṇam pibenmadyam | | 85 | | § 14267

4.7.85 Sarvāṅgasundarā

srāto naraḥ surādīn praṇamya yathāsvaṃ-yathāyogyam,
samastasya parikarasya vṛttiṃ kṛtvā, atha pānabhūmiṃ

gandhajalena-karpūrośīrādinā vā sirenāmbunā, ābhiṣiktā-
 māśrayet | kīdrśīm ? āhāramaṇḍapasya nikaṭasthitām | pī-
 tamadyasya dūraṃ vrajata āyāsādi syāt | vasantatilakaṃ
 vṛttam | atha-bhūmiśrayaṇādanantaraṃ, śayanīye sthito
 5 madyaṃ pibediti vakṣyamāṇena sambandhaḥ | kimbhūte
 ? suṣṭhu āstrīte-pradattapracchadapaṭe | tathā, kamaṇīye-
 rāmye | mitrādisahitaḥ | svaṃ yaśa ityādi | kiṃ ku-
 rvan ? svaṃ-ātmīyaṃ, yaśaḥ kathakādīsaṅgairniśamayan-
 śrāvayan | kīdrśam ? uddhataṃ tathā+atilokaṃ-adbhutarupam |
 10 svāgatāvṛttam | tathā vilāsinīnāṃ sambandhi gītaṃ niśa-
 mayan | kimbhūtam ? saha nṛtyena sanṛtyam | dvayamapi
 bilasaśobhi | vilāsalakṣaṇaṃ cōktaṃ-"sthānāsanayamanānāṃ
 harṣabhrūnetrakarmaṇāṃ caiva | utpadyate viśeṣo yaḥ śl-
 iṣṭaḥ sa tu vilāsaḥ syāt | |" iti | tathā tadgītaṃ madhuratū-
 15 ryaśabdaistathā kañcīkalāpaiḥ sphuṭāstathā sphurantyaḥ
 kiṅkiṇyaḥ-sūkṣmaghaṇṭikāḥ, yeṣāṃ taistathāvidhaistathā
 krīḍāvihanāṅgaiḥ-sārasādibhiśca, kṛtānunādam | upajātivṛ-
 ttam | āvaneyaiḥ-doluṅgakaiḥ, tanvaṅgībhiryugapaditast-
 ataḥ sañcāryamāṇam | evaṃ hyunubhūyamāṇaṃ rāma-
 20 nīyakaṃ dhatte | kimbhūtairāvaneyaiḥ ? maṇikanakasa-
 mutthaiḥ, tathā vicitraiḥ-nānāvidhaiḥ, tathā sajalaṃ nā-
 nāprakāralekhaṃ yat kṣau-vastraṃ tenāvṛttamaṅgaṃ ye-
 ṣāṃ taiḥ | kimbhūtābhistanvaṅgībhiḥ ? munijanacittakṣ-
 obhasampādinībhiḥ | tathā, cakitaḥ-trasto, yo hariṇasta-
 25 dvannetreḥ sādhu prekṣante yāstābhiḥ | bāhulakāt kart-
 ari lyuṭ | tathā, ballabhābhiḥ | mālinīvṛttam | tathā, ga-
 tamiti | asaṃsthitam-anaṃsthitasvarūpaṃ, dadhatībhiḥ |
 yataḥ stanābhyāṃ nitambena ca kṛtādadhikaṃ gaura-
 vādalaṃ | tathā, īśvarasya-prabhoh, yaḥ sambhramo-
 30 bhayaṃ, tasmādākulaṃ [gataṃ-] | ata eva ca taruṇa-
 cittānāṃ vilobhane kārmaṇaṃvaśīkaraṇam |" drutavil-
 ambitamāha nabhau bharau |" tathā, tanvaṅgībhiritast-
 ato yugapatsañcāryamāṇam | kimbhūtābhiḥ ? yauvan-
 āsavābhyāṃ mattābhiḥ | tathā vilāsenādhiṣṭhita ātmā-
 35 cittaṃ, yāsāṃ tābhiḥ | tathā ca kīdrśam madyam ? tāla-
 vṛntādibhiratiśītaiḥ śītalīkṛtam | darśane+apyevamrūpaṃ
 madyaṃ kāmasya vaśānugaṃ jaṇaṃ vidadhat kand-
 arpoddīpanatvāt | kimuta-kimpuṇaḥ, pītaṃ satkāma-

śaṃ jaṇaṃ kuryāt | "rānnaṃ lagayutā rathoddhatā |".
tathā, cūtarasādibhiḥ kṛtādhivāsaṃ-sugandhīkṛtaṃ | ta-
thā, mallikayā-puṣpaviśeṣeṇa, ujjavalayā-vikasitayā, san-
āthaṃyuktaṃ | tathā, sphaṭikasya vikārā sphāṭikī, sph- 5
āṭikī cāsau śuktiśca, tasyāṃ gataṃ-sthitaṃ | sphaṭika-
syeyaṃ sphāṭikīti vyutpattau puṃvadbhāvo durnivāraḥ
syāt | tathā, sataṅgaṃ | evaṃ ca kāntaṃ-ramaṃ, aṅ-
gamudvahan | utprekṣate | anaṅgaṃ [iva]-pañcaśaramiva,
cārutaratvena kāmotpādayatvāt | dodhakavṛttaṃ | prāk-
pūrvam, tālīsādyam cūrṇamelādikaṃ vā hṛdyamathava 10
vayaḥ-sthāpanaṃ-rasāyanoktaṃ, prāśya-bhakṣayitvā | ta-
thā, sumṛṣṭe-upalipṭe tatprārthibhyo-madyapānādhikṛtebhyo
devadānavakūṣamāṇḍādibhyaḥ, toyonmiśraṃ madyam
dāpayitvā paścājalam dāpayitvyamityarthaḥ | tataśca-
anantaram, pibet | śālinīvṛttaṃ | kiṃ kurvan ? anūnādhikaṃ 15
pūrvoktaṃ, nityamācaran | dhṛtimān smṛtimāṃśca san
ucitena-yogyena, upacāreṇa sarvamevopapādayet(yan) |
kimbhūtaṃ madyam ? vikasitaṃ ca tat asitaṃ sarojaṃ ca
vikasitāsitasarojaṃ | jitaṃ-nyakkṛtaṃ, vikasitāsitasarojaṃ
yābhyāṃ nayanābhyāṃ te tathāvidhe, tayoh saṅkrāntiḥ- 20
pratibimbatvaṃ, tayā saṃvardhitā śrīryasya sarakasya ta-
devam | tathā, saurabheṇa hṛto ramyagatitvād bhramar-
asārtho yena tadevam | suramerbhāvaḥ saurabham, "iga-
ntācca laghupūrvāt" ityaṅ | tacca kāntāmukhamiva | yato
jitavikasitāsitasarojanayanayoryā saṅkrāntiḥ-saṅcāraḥ sa- 25
kaṭākṣekṣitādinā. tayā saṃvardhitā śrīḥ-śobhā, yasya ta-
devam | sakaṭākṣekṣitaṃ hi mukhaṃ nitarāṃ rājate | ta-
thā, uttamastrīṇāṃ mukhaṃ sugandhi bhavatīti saurabh-
aḥṛtamadhupagaṇam | "vipulā tu yā+anyathā pādabhāk |"
§ 14268

30

4.7.86 Aṣṭāṅgahṛdayasaṃhitā

pītvaivaṃ caṣakadvayaṃ parijaṇaṃ sanmānya sarvaṃ
tato gatvā+a+ahārabhuvam puraḥ subhiṣajo
bhuñjīta bhūyo+atra ca | | 86 | |
rdvistrirvā niśi cālpameva
vanitāsaṃvalganārthaṃ pibet | | 86 | | § 14270

4.7.87 Sarvāṅgasundarā

evam-anena prakāreṇa, caṣakadvayaṃ pītvā tata-anantaram,
parijanaṃ sarvaṃ-veśyādikamapi, sanmānya tathā+a+ahārabhuvam
gatvā subhiṣajaḥ-śobhanavaidyasya, puraḥ-agre, bhuñj-
īta | atre ca-āhārabhuvi, māṃsāpūpādibhiryuktaṃ dvi-
5 strirvā sarakam pibet | māṃsāpūreti kecit peṭhuḥ | niśi
tu kāntāyāḥ saṃvalganārthaṃ-rañjanārthaṃ, alpameva
pibet-na tu bahu | śārdulavikrīḍitam | kāntārañjanapānaṃ
ślāghayannāha- § 14271

4.7.88 Aṣṭāṅgahr̥dayasaṃhitā

tpulakitatanuṃ jātasvedāṃ sakampapayodharām | | 87 | |
yadi sarabhasaṃ śīdhorvāraṃ na pāyayate kṛtī
kimanubhavati kleśapṛyaṃ tato
gṛhatantratām | | 87 | |
varatanuvakrasaṅgatisugandhitaraṃ sarakam
drutamiva
padmarāgamaṇimāsavarūpadharam | | 88 | |
bhavati ratiśrameṇa ca madaḥ pibato+alpamapi
kṣayamata ojaṣaḥ pariharan sa śayīta
param | | 88 | | § 14275

4.7.89 Sarvāṅgasundarā

kṛtī-praviṇo, yadi priyāṃ madhoḥ sarakam na pāyayate,
tataḥ kiṃ-kasmāt, gṛhatantratām-gṛhopakaraṇasaṃpādanakleśaṃ,
anubhavati ? kiṃ kṛtvā ? rahasyaṅke-utsaṅge, dayitāṃ kṛ-
tvā | kibhūtām ? bhujāntarapīḍanāt pulakitaśarīrām, ta-
5 thā jātasvedām, tathā savepathukucām | romāñcasvedak-
ampāḥ sātvikā bhāvāḥ śṛṅgārasyāvīrbhāvīkāḥ | dayitām-
iti "gatibuddhi" ityādinā karmatvam | pāyayate iti "nigar-
aṇacalanārthebhyaśca" iti parasmaipade prāpte "na pāda-
mya" ityādinā niśiddhe ca svetyādyātmanepadam | "bha-
10 vati hariṇī vsau mrau slau gorasodadhisaptibhiḥ | " saṃ-
kimbhūtāṃ madyam ? varatanuvadanasaṅatyā surabhi-

taram | tathā padmarāgamaṇiṃ-dravatvamiva, prāptam-
āsavarūpadharam | yataśca ratiśrameṇālpamapi madyaṃ
pibato mado bhavati, tato madyamojasaśca kṣayahetuḥ |
āta ojaḥkṣayaṃ pariharan saḥ-madyapāyī, pānānantaram
śayīta-svapyāt | "najabhajajā lagau ca yadi narkuṭakaṃ tu 5
tadā | " § 14276

4.7.90 Aṣṭāṅgahrdayasaṃhitā

itthaṃ yuktyā pibanmadyaṃ na trivargādvihiyate | | 89 | |
asārasaṃsārasukhaṃ paramaṃ
cādhigacśati | | 89 | |
eśvaryasyopabhogo+ayaṃ sprhaṇīyaḥ
surairapi | | 90 | | § 14279

4.7.91 Sarvāṅgasundarā

itthaṃ-evaṃprakārayā, yuktyā madyaṃ piban puruṣastrivargāt-
dharmārthakāmalakṣaṇāt, yasmāna hiyate | hiyata iti ka-
rmakartari taṃ | asārasaṃsārasya paramaṃ sukhaṃ cādhi-
gacchatiprāpnoti | ayaṃ-madyapānalakṣaṇaḥ, eśvryasyo-
pabhogaḥ surairapi sprhaṇīyaḥ | § 14280 5

4.7.92 Aṣṭāṅgahrdayasaṃhitā

anyathā hi vipatsu syātpaścāttāpendhanaṃ
dhanam | | 90 | |
upabhogena rahito bhogāvāniti nindyate | | 91 | |
nirmīto+atikadaryo+ayaṃ vidhinā
nidhipālakaḥ | | 91 | |
tasmāhyavasthayā pānaṃ pānasya satataṃ
hitam | | 92 | |
jītvā viṣayalubdhānāmindriyāṇāṃ
svatantratām | | 92 | | § 14285 5

4.7.93 Sarvāṅgasundarā

anyathā-evamapi bhogamakurvato, hi vipatsu satīṣu dhanam-
dravyaṃ, paścāttāpendhanam syāt | sa hyevaṃ vipadi
cintayati, -kiṃ mayā dhanam prāpyopabhogo+asmin kṛ-
taḥ ? upabhogaṃ vinābhogavāniti solluṅṭhamucyamāno
5 garhyate | ninditatvamevāsya prakatayati-nirmita ityādi |
ayamatikadaryaḥ-kusvāmī, vidhinā nidhipālako nirmitaḥ-
kṛtaḥ | yata evaṃ tasmāt pānasya-madyasya, vyavasthayā
niyamena pānaṃ hitam | nanu, kathaṃ nisargato viśaya-
lubdheṣvindrīyeṣu vyavasthā pālayituṃ śakyate ? ityāha-
10 jītvetyādi | viśayābhilāṣiṇāmindriyāṇaṃ svātantrayaṃ jī-
tvā niyamena vyavasthayā pānaṃ kartuṃ śakyata itya-
rthaḥ | § 14286

4.7.94 Aṣṭāṅgahr̥dayasaṃhitā

vidhirvasumatāmeṣa bhaviṣyadvasavastu ye | | 93 | |
yathopapatti tairmadyaṃ pātavyaṃ mātrayā
hitam | | 93 | | § 14288

4.7.95 Sarvāṅgasundarā

vasumatāṃ-dhanināṃ, eṣa vidhiḥ | ye tu bhaviṣyadvasa-
vasteṣāṃ ca tairyathopapatti-yathāyukti, hitaṃ madyaṃ
mātrayā pātavyam | § 14289

4.7.96 Aṣṭāṅgahr̥dayasaṃhitā

yāvad dṛṣṭerna sambhrāntiryāvanna kṣobhate
manaḥ | | 14 | |
tāvadeva virantavyaṃ madyādātmavatā
sadā | | 14 | | § 14291

4.7.97 Sarvāṅgasundarā

yāvadeva dr̥ṣṭerna sambhrāntiryāvadeva mano na kṣo-
bhaṃ yāti, tāvadeva madyāt dhīmatā sarvadā virantavyaṃ-
nivr̥tṭiḥ kāryā | eṣa eva samayogaḥ | etadatikramo+atīyogaḥ |
yathoktātsamayogāddhīnasvalakṣaṇo hīnayogaḥ | doṣad-
eśaprakṛtyādīnaparīkṣaya mithyāyogaḥ | § 14292

5

4.7.98 Aṣṭāṅgahr̥dayasaṃhitā

abhyaṅgodvartanasnānavāsadhūpānulepanaiḥ | | 15 | |
snigdhoṣṇairbhāvitaścānnaiḥ pānaṃ vātottaraḥ
pibet | | 15 | | § 14294

4.7.99 Sarvāṅgasundarā

vātādhiko naro+abhyaṅgodvartanādibhiḥ snigdhoṣṇairbh-
āvito+annaīśca madyaṃ pibet | § 14295

4.7.100 Aṣṭāṅgahr̥dayasaṃhitā

śītopacārairvividhairmadhurasnigdhaśītalaiḥ | | 16 | |
paittiko bhavitaścānnaiḥ pibanmadyaṃ na
sīdati | | 16 | | § 14297

4.7.101 Sarvāṅgasundarā

paittiko vividhaiḥ śītopacāraiḥ-candanānulepanādibhiḥ,
madhurasnigdhaśītalaiścānnaiḥ saha madyaṃ piban na sī-
dati | § 14298

4.7.102 Aṣṭāṅgahr̥dayasaṃhitā

upacārairaśīśirairyavagodhūmabhuk pibet | | 17 | |
ślaiṣmiko dhanvajairmāṃsairmadyaṃ
māricikaiḥ saha | | 17 | | § 14300

4.7.103 Sarvāṅgasundarā

ślaiṣmiko yavagodhūmabhuk san madyamaśīśirairupacā-
raistathā māṃsairdhanvodbhavairmaricasaṃskṛtaiḥ saha
pibet | § 14301

4.7.104 Aṣṭāṅgahr̥dayasaṃhitā

tatra vāte hitaṃ madyaṃ prāyaḥ
paiṣṭikagaḍḍikam | | 98 | |
pitte sām̐bhomadhu, kāphe
mārdvīkārīṣṭamadhavam | | 98 | | § 14303

4.7.105 Sarvāṅgasundarā

tatra-teṣu madyeṣu madhye, vātād̐hike nare prāyo-bāhulyena,
madyaṃ paiṣṭikaṃ gaḍḍikaṃ ca hitam | pitte sajalam̐ sa-
mākṣikaṃ ca madyaṃ hitam | kaphe mārdvīkārīṣṭamādh-
avaṃ hitam | § 14304

4.7.106 Aṣṭāṅgahr̥dayasaṃhitā

prāk pibecślaiṣmiko madyaṃ, bhuktasyopari
paittikaḥ | | 19 | |
vātīkastu pibenmadhye, samadoṣo
yathecśayā | | 19 | |
iti madātyayacikitsitam | | 2 | | § 14307

4.7.107 Sarvāṅgasundarā

ślaiṣmikaḥ prāgbhaktam̐ madyaṃ pibet | pibet bhaktam̐
bhuktivā pibet | vātottaraḥ punarmadhye bhaktasya pibet |
samadoṣo yathecchayā-bhaktasya pūrvam̐ madhye+ante
vā, pibet | § 14308

4.7.108 Aṣṭāṅgahr̥dayasam̐hitā

atha madamūrcchāyacikitsitam | | 100 | |
madeṣu vātapittagṇam̐ prāyo mūrcchāsu
ceṣyate | | 100 | |
sarvatrāpi viśeṣeṇa
pittamevopalakṣayet | | 100 | | § 14311

4.7.109 Sarvāṅgasundarā

madeṣu prāyeṇa vātapittagṇam̐ cikitsitam, mūrcchāsu-
mūrcchāyeṣu ceṣyate | sarvatraiva-made mūrcchāye ca, pi-
ttamevādhikaṃ jānīyāt | ata eva teṣāmupakramaḥ- § 14312

4.7.110 Āyurvedarasāyana

atha madādicikitsitam | tatra madamūrcchayorāha-madeṣviti |
sarvatrāpi-kaphajādiṣvapi | vātapittagṇe+api pittagṇam̐
viśeṣataḥ | § 14313

4.7.111 Āyurvedarasāyana

tadeva prapañcayati-pradehā iti | jīvanādīni catvāi sarpiṣi |
agnikādīni catvāri rasāyanāni | agnikaḥ-citraḥ | tatra tr-
īṇi payasā | triphalā ghṛtādibhiḥ | § 14314

4.7.112 Aṣṭāṅgahr̥dayasam̐hitā

śītāḥ pradehā maṇayaḥ sekā vyajanamārutāḥ | | 101 | |
sitā drākṣekṣukharjūrakāśmaryasvarasāḥ
payāḥ | | 101 | |
siddham̐ madhuravargeṇa rasā yūṣāḥ
sadāḍimāḥ | | 102 | |
ṣaṣṭikāḥ śālayo raktā yavāḥ sarpiśca
jīvanam̐ | | 102 | |
kalyāṇakaṃ mahātiktaṃ ṣaṭpalaṃ
payasā+agnikaḥ | | 103 | |

5

pippalyo vā śilāhvam vā
rasāyanavidhānataḥ | | 103 | |
triphalā vā prayoktavyā
sar̥takṣaudraśarkarā | | 104 | | § 14321

4.7.113 Sarvāṅgasundarā

śītāḥ pradehāḥ | payo madhuravargeṇa-drākṣādinā, si-
ddham | tathā, rasāḥ-māmsarasādayaḥ | yūṣāśca dāḍimā-
nvitāḥ | tathā, śālayo-raktaśālaya ityarthāḥ | ṣaṣṭikādaya-
śca | tathā, ghṛtaṃ kalyāṇakādikam | [kalyāṇakaṃ-] unm-
5 ādapraṭiṣedhoktam (hr̥.u.a.) | mahātiktam-kuṣṭhacikitsitoktam
(hr̥.u.a.6/26) | mahātiktam-kuṣṭhacikitsitoktam (hr̥.ci.a.19/8) |
ṣaṭpalaṃ-rājayakṣmacikitsitoktam (hr̥.ci.a.5/22) | tathā, kṣ-
īreṇa citrakam | tathā, pippalyo rasāyanavidhānena | ath-
avā, śilājatu rasāyanavidhānena | athavā, triphalā saghru-
10 takṣaudraśarkarā prayoktavyā | § 14322

4.7.114 Aṣṭāṅgahr̥dayasaṃhitā

prasaktavegeṣu hitam mukhanāsāvarodhanam | | 104 | |
pibedvā mānuṣīkṣīraṃ tena dadyācca
nāvanam | | 105 | |
mr̥ṇālabisakṣṇā vā lihyātkhaudreṇa
sābhayāḥ | | 105 | |
durālabhāṃ vā mustam vā śītena salilena
vā | | 106 | |
5 pibenmaricakolāsthimajjośīrāhikesaram | | 106 | |
dhātrīphalarase siddham pathyākvāthena vā
ghṛtam | | 107 | | § 14328

4.7.115 Sarvāṅgasundarā

prasaktavegeṣu madādiṣu mukhasya nāsāyāśca pāṇyād-
inā+avarodhanam hitam | mānuṣyā vā kṣīraṃ pibet | tena
ca mānuṣīkṣīreṇa, nasyam dadyāt | mr̥ṇālādīn saharīta-
kīn māksikeṇa vā lihyāt | atavā dhanvayavāsam mustam

vā madhunā lihyāt | athavā śītena jalena maricādīn pibet |
ahikesaram-nāgakesaram | athavā, āmalakarase siddham
ghṛtaṃ harīta kīkkāthena vā siddham pibet | § 14329

4.7.116 Āyurvedarasāyana

prasaktavegeṣu viśeṣamāha-prasaktavegeṣviti | maricādi-
catuṣkaṃ śītodakena pibet | vaṅgasene (mūrcchādhikāre
ślo. 32)-"mahauṣadhāmṛtākṣudrāpauṣkaragranthikodbhavam |
pibetkaṇāyutaṃ kvāthaṃ mūrcchāsu sa madeṣu ca | | sv-
innamāmalakaṃ piṣṭvā drākṣayā saha saṃsṛjan | viśvabh- 5
eṣajasamyuktaṃ madhunā saha lehayet | tenāsyā sāmīyate
mūrcchā kāsah śvāsastathaiva ca | | pañcamūlikaśāyamaṃ ca
madhunā sitayā+api vā | yathāsvamaṃ ca jvaraghnāni kaśāy-
āni prayojayet | | raktajāyamaṃ tu mūrcchāyamaṃ hitaḥ śītakra-
iyāvidhiḥ | madyajāyamaṃ pibenmadyamaṃ nidrāmaṃ seveta vā 10
sukham | | triphalāyamaḥ prayogo vā prayogaḥ payaso+api
vā | rasāyanānāmaṃ kaumbhasya sarpiṣo vā praśasyate | |
añjanānyavapīḍāśca dhūmāḥ pradhamanāni ca | pibed-
urālabhākvāthaṃ saghṛtaṃ bhramaśāntaye | | kṛṣṇāśatā-
hvāśunṭhīnāmaṃ pratyekaṃ tu palamaṃ palamaṃ | guḍātpalāni 15
catvāri guṭikāmaṃ bhramaṇāśinīmaṃ | | kṛṣṇāśatāhvāśunṭhīn-
āmabhayānāmaṃ palamaṃ palamaṃ | guḍasya ṣaṭpalānyeṣā guṭi-
kā bhramaṇāśinī | | ' iti | yogaratne-"madhunā hantiyupay-
uktā triphalā rātrau guḍārdrakaṃ prātaḥ | saptāhātpathy-
abhujo madamūrcchā[kāsa]kāmalaṃmādān | | śītena toy- 20
ena pibenmṛṇālaṃ kṣaudreṇa kṛṣṇāmaṃ sitayā ca pathyamaṃ | "
iti | § 14330

4.7.117 Aṣṭāṅgahr̥dayasaṃhitā

kuryātkriyāmaṃ yathoktāmaṃ ca
yathādoṣabalodayamaṃ | | 107 | | § 14331

4.7.118 Sarvāṅgasundarā

yathoktāmaṃ ca kriyāmaṃ doṣabalodayānusāreṇa kuryāt |
§ 14332

4.7.119 Āyurvedarasāyana

viśeṣacikitsāmāha-kuryātkriyāmiti | sāmānyaśaktiṃ vicā-
rya viśeṣaṃ prayuñjīta | § 14333

4.7.120 Aṣṭāṅgahr̥dayasaṃhitā

pañcakarmāṇi ceṣṭāni secanaṃ śoṇitasya ca | | 108 | | § 14334

4.7.121 Sarvāṅgasundarā

pañcakarmāṇī-vamanavirekāsthāpanāv vāsananasyākhyāni,
ceṣṭāni raktamokṣaśca | § 14335

4.7.122 Āyurvedarasāyana

śodhanamāha-pañcakarmāṇi ceti | § 14336

4.7.123 Āyurvedarasāyana

sattvāvajayamāha-sattvasyālabhanamiti | § 14337

4.7.124 Aṣṭāṅgahr̥dayasaṃhitā

sattvasyālabhanam jñānamagr̥ddhirviśayeṣu
ca | | 108 | | § 14338

4.7.125 Sarvāṅgasundarā

sattvasyālabhanam-āśrayaṇam | tathā, jñānaṃ-mahābhū-
tendriyatanmātramanobudhdyahaṅkārapuruṣādīnām | vi-
śayeṣvagr̥ddhiḥ anabhilāṣaḥ | § 14339

4.7.126 Aṣṭāṅgahr̥dayasaṃhitā

ā0 ra0-atipravṛddhānāmauśadhamāha-
madeṣvatipravṛddheṣviti | § 14340

4.7.127 Aṣṭāṅgahr̥dayasam̐hitā

madeṣvatipravṛddheṣu mūrcsāyeṣu ca yojayet | | 109 | |
tīkṣṇaṃ sannyāsavihitam-----
| | 109 | | § 14342

4.7.128 Sarvāṅgasundarā

madeṣu mūrcchāyeṣu atipravṛddheṣu tīkṣṇaṃ nasyādi sa-
nnyā soktaṃ yojayet | § 14343

4.7.129 Aṣṭāṅgahr̥dayasam̐hitā

-----viṣaghnaṃ viṣajeṣu ca | | 109 | |
iti madamūrcchāyacikitsitam | | 3 | | § 14345

4.7.130 Sarvāṅgasundarā

tathā viṣajeṣu madeṣu viṣaghnaṃ cikitsitam yojayet | § 14346

4.7.131 Āyurvedarasāyana

viṣajānāmauṣadhamāha-viṣaghnaṃ viṣajeṣu ceti | § 14347

4.7.132 Aṣṭāṅgahr̥dayasam̐hitā

atha sannyāsacikitsitam | | 110 | |
āśu prayojyaṃ sannyāse sutīkṣṇaṃ
nasyamañjanam | | 110 | |
dhūmaḥ pradhamanaṃ todaḥ sūcībhiśca
nakhāntare | | 110 | |
keśānāṃ luñcanaṃ dāho daṃśo
daśanavr̥ścikaiḥ | | 111 | |
kaṭvamlagālanam vakre
kapikacchvavagharṣaṇam | | 111 | |

utthito labdhasaṃjñāśca laśunasvarasaṃ
pibet | | 112 | |
khādetsavyoṣalavaṇaṃ
bījapūrakakesaram | | 112 | |
laghvannaprati tīkṣṇoṣṇamadyātsrotoviśuddh-
aye | | 113 | | § 14355

4.7.133 Sarvāṅgasundarā

sannyāse śīghraṃ suṣṭhu nasyamañjanaṃ dhūmaḥ pr-
adhamanaṃ ca prayojyam | sūcītodādikaṃ ca nakham-
adhye | tathā, vakre kaṭūnāṃ marīcādīnāṃ, amlānāṃ-
mātuluṅgādīnāṃ, ca gālanāṃ prayojyam | tathā | kapika-
5 cchvavagharṣaṇaṃ | evamupakrāntaḥ samutthito labdha-
cetanaśca san laśunasvarasaṃ pibet | tathā, bījapūrakake-
saram savyoṣalavaṇaṃ bhakṣayet | srotoviśodhanārthaṃ
laghvannaprati bhujñīta | kīdr̥śam ? tīkṣṇoṣṇam | laghva-
nnapratīti alpalaghvanam | "suppratinā mātrārthe" iti sa-
10 māsaḥ | § 14356

4.7.134 Āyurvedarasāyana

sannayāsasyauṣadhamāha-āśu prayojyamiti | § 14357

4.7.135 Aṣṭāṅgahr̥dayasaṃhitā

vismāpanaiḥ saṃsmaraṇaiḥ
priyaśravaṇadarśanaiḥ | | 113 | |
paṭubhīrgītavādītraśabdairvyāyāmaśīlanaiḥ | | 114 | |
sraṃsanollekhanairdhūmaiḥ
śoṇitasyāvasecanaiḥ | | 114 | |
upācārettaṃ
pratātamanubandhabhayātpunaḥ | | 115 | |
5 tasya saṃrakṣitavyaṃ ca manaḥ
pralayahetutaḥ | | 115 | |
sthāne madātyayādicikitsitaṃ nāma
saptamo+adhyāyaḥ | | 7 | | § 14363

4.7.136 Sarvāṅgasundarā

taṃ-madādimantaṃ, upācaret | kaiḥ ? saṃsmaraṇaiḥ |
vismāpanaiḥ-vismayakāribhiḥ | vipūrvāt smiṇo ṇici "ni-
tyaṃ smayateḥ" ityātve puki lyuṭi ca vismāpanairiti rū-
pam | tathā, priyasya śravaṇena darśanena ca gītavād-
itraśabdaiḥ paṭubhiḥ-manoharaiḥ | tathā, vyāyāmaśīlan- 5
aiḥ | tathā vamanavirecanābhyāṃ dhūmena śoṇitasrāv-
eṇa cānubandhabhayācca kāraṇāt tasya-āturasya, prale-
yahetuto manaḥ samyagrakṣitavyaṃ-tata idaṃ kāryam-
iti | iti śrīmr̥gāṅkadattaputraśrīmadaruṇadattaviracitāyā-
maṣṭāṅgahr̥dayaṭī- kāyāṃ sarvāṅgasundarākhyāyāṃ cat- 10
urthe cikitsitasthāne madā- tyayādicikitsitaṃ nāma sapt-
amo+adhyāyaḥ samāptaḥ | | 7 | | § 14364

4.7.137 Āyurvedarasāyana

..... iti hemādriṭīkāyāmāyurvedarasāyane | madamū-
rcchāyasatryāsāḥ sāmastyena nirūpitāḥ | | 7 | | § 14365

4.8 arṣaścikitsitādhyayaḥ : 8

4.8.1 Aṣṭāṅgahr̥dayasaṃhitā

athato+arśasāṃ cikitsitaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) kāle sādharmaṇe vyābhre
nātidurbalamarśasam | | 1 | |
viśuddhakoṣṭhaṃ
laghvalpamanulomanamāśitam | | 1 | |
śuci kṛtasvastyayanaṃ 5
muktaviṇmūtramavyatham | | 2 | |
śayane phalake vā+anyanarotsaṅge
vyapāśritam | | 2 | |
pūrveṇa kāyenottānaṃ pratyādityagudaṃ
samam | | 3 | |
samunnatakaṭīdeśamatha yantraṇavāsasā | | 3 | |

- sakthnoḥ śirodharāyāṃ ca parikṣiptamṛju
 sthitam | | 4 | |
 ālambitaṃ paricaraiḥ
 sarpiṣā+abhyaktapāyave | | 4 | |
 tato+asmai sarpiṣā+ayaktaṃ nidaghyādr̥ju
 yantrakam | | 5 | |
 śanairanusukhaṃ pāyau, tato dr̥ṣṭvā
 pravāhaṇāt | | 5 | |
 5 yantra praviṣṭaṃ durnāma plotaguṇṭhitayā+anu
 ca | | 6 | |
 śalākayotpīḍya bhiṣak yathoktavidhinā
 dahet | | 6 | |
 kṣāreṇaivārdramitaratkṣāreṇa jvalanena
 vā | | 7 | |
 mahadvā valinaśchattvā
 vītayantramathāturam | | 7 | |
 svabhyaktapāyujaghanamavagāhe
 nidhāpayet | | 8 | |
 10 nirvātamandirasthasya
 tato+asyācāramadiśet | | 8 | |
 ekaikamiti
 saptāhātsaptāhātsamupācaret | | 9 | | § 14384

4.8.2 Sarvāṅgasundarā

- sādhāraṇe-śaradvasantādike kāle, tathā vyabhre-vigatābde |
 tathā nātidurbalamarśasaṃ-*api tu kiñcitsaprāṇam* | atra
 yogyaparativāt kṛtvetyadhyāhṛtya sambandhaḥ kāryaḥ |
 tathā viśuddhakoṣṭhādikaṃ kṛtvā tato+asmai-arśasāya,
 5 yantraṃ nidadhyāditi | saṅgrahe cōktaṃ (ci.a.10)-"atha
 khalu balavantamarśobhirupadrutaṃ yathārhasnehopa-
 snigdhasvinnamanilavedanāvṛddhiśamanārthaṃ snigdha-
 amuṣṇamalpamannaṃ dravaprāyaṃ bhuktavantam̐ śuci
 kṛtasvastyayanaṃ muktaviṇmūtramavyathaṃ same śu-
 10 cau vivikte deśe sādhāraṇevyabhre kāle same phalake
 śayyāyāṃ vā pratyādityagudamanyasyotsaṅgeniṣaṅṅapū-
 rvakāyamuttānamunnatakaṭikam̐ yantraṇaśāṭakena pari-
 kṣeptagrīvāsakthisandhideśamalajjārhairāptapāricāraikāiḥ su-

parigrhītaṃ kṛtvā tato+asmai ghṛtābhyaktaṃ yantrakaṃ
niddhyāt | " iti | arśasamiti arśāsi vidyante yasyetyarthaḥ,
arśāditvādac | kimbhūtaṃ ? viśuddho-vamanavirecanādinā,
koṣṭho yasya tam | tathā, annamāśitaṃ kṛtvā | kimbhūtaṃ
? laghu-svabhāvāt, alpam camātrayā | tathā, anulomanam- 5
vātavarcasam prāyeṇa pravartakam | tathā, śuciṃ-mṛjālābhyām
kṛtvā | tathā, kṛtam svastyayanam yasya tam | tathā,
mukte-visṛṣṭe, viṇmūtre yena tam | tathā, atryathamvy-
athārahitamanyena vyādhinā+apīḍitam | tathā, śayane
vyapāśritaṃ-śayyāmāśritya sthitam | athavā, phalake-āsanaviśeṣe,
vyapāśritaṃ | athavā, anyanarotsaṅge vyapāśritaṃ | utsa-
ṅgaviśeṣātsthānakaviśeṣaḥ | narotsaṅge vyapāśritamitye-
vaṃ siddhe+anyagrahaṇam vaidyasya nirāsārtham | any-
otsaṅge vyapāśritamiti katham kṛtvā ? pūrveṇa kāy-
enottānam kṛtvā-nādhareṇa | tathā, pratyādityagudam | 15
prati-ābhimukhyena, ādityam pratyādityam gudam ya-
sya tam | yasyām diśyādityo gataḥ tasyām diśyarśas-
ena sammukham gudam kṛtvā sthātavyamityarthaḥ, sa-
mam ca | tathā, samyagunnataḥ kaṭideśoyasya tam | atha-
samunnatakaṭideśakaraṇādanantaram, arśasam sakthno- 20
stathā śirodharāyām parikṣiptam-samantātkṣiptamākrāntam
kṛtvā | kena ? yantraṇavāsasā | yantraṇārtham vāsaḥ-
kārpāsādimayam, yantraṇavāsastena | ṛju-spaṣṭam kṛtvā,
sthitam | tathā, tamāturaṃ paricārakairalambitam-niścalaṃ
kṛtbā+avaṣṭabhya samyak sthāpitam | tataḥ-anantaram, 25
asmai-durnāmavate, sarpiṣā+abhyaktapāyave ghṛtābhyā-
ktaṃ yantrakamṛju-anusukham kṛtvā, śanairnidadhyāt-
praṇayet | tataḥ-anantaram gudapraṇihitayantrānte, pravāhaṇāt-
pravāhaṇenahetunā, yantra praviṣṭam durnāma drṣṭvā |
atha(nu) [ca]-paścācca, śalākayā cailakhaṇḍaprāvṛtadehayotpīḍya-
prakṛtatvāddurnāma ūrdhvaṃ pīḍayitvā | vaidyo yathoktavidhinā-
sūtrasthānoditena, kṣāreṇārdramarśo dahet | evetyavadh-
āraṇe | kṣāreṇaiva nāgninā | itaratśuṣkaṃ durnāma, kṣār-
eṇa jvalanena vā dahet | yathoktavidhinetyatrāpi yojyam |
mahadveti | bahuddurnāma tu balavataḥ puṃsaḥ chi- 35
ttvā vā śastreṇa kṣārāgnibhyām yathāyogaṃ dahet | atha-
anantaram, āturaṃ vītayantram vidhāya svabhyaktapāy-
ujaghanamavagāhe nidhāpayet-tatra nihitam vidadhyād-

ityarthaḥ | tataḥ-anantaram, asyācāram-"uṣṇodakopacārī
syāt" (hr.sū.a. 16/26) ityādikaṃ, ādiśet | ekaikaṃ durnāma
iti-anena pūrvoktena prakāreṇa, saptāhātsamupācaret-na
tulyakālaṃ sarvāṇi | § 14385

4.8.3 Aṣṭāṅgahr̥dayasaṃhitā

prāgdakṣiṇaṃ tato vāmamarśaḥ pṛṣṭāgrajaṃ tataḥ | | 9 | |
bahvarśasaḥ-----
| | 10 | | § 14387

4.8.4 Aṣṭāṅgahr̥dayasaṃhitā

athaiśāṃ karmādikramaṃ darśayitumāha----
sa0-bahvarśasaḥ prak-pūrvam,
dakṣiṇadeśasthamarśa upācaret | anantaram
vāmaṃ, tataḥ pṛṣṭāgre jātamupācaret | § 14388

4.8.5 Aṣṭāṅgahr̥dayasaṃhitā

-----sudagdhasya syādvāyoranulomatā | | 10 | |
ruciranne+agnipaṭutā svāsthyam
varṇabalodayaḥ | | 10 | | § 14390

4.8.6 Sarvāṅgasundarā

sudagdhasyārśaso vātasyānulomanam syāt | tathā, anne+abhilāṣaḥ,
agneḥ pāṭavam tathā svāsthyam balavarṇayorudbhūtiśca |
§ 14391

4.8.7 Aṣṭāṅgahr̥dayasaṃhitā

bastiśūle tvadho nābherlepayeślakṣṇakalkitaiḥ | | 11 | |
varṣābhūkuṣṭhasurabhimiśilohāmarāhvayaiḥ | | 11 | | § 14393

4.8.8 Sarvāṅgasundarā

basti śūle sati punarnāmeradhaḥ varṣābhvādibhiḥ supiṣṭ-
airlepayet | § 14394

4.8.9 Aṣṭāṅgahrdayasaṃhitā

śakṛnmūtrapratīghāte pariṣekāvagāhayoḥ | | 12 | |
varaṇālambuṣairanḍagokaṅṭakapunarnavaiḥ | | 12 | |
suṣavīsurabhībhyāṃ ca kvāthamuṣṇaṃ
prayojayet | | 13 | |
sasnehamathavā kṣīraṃ tailaṃ vā
vātanāśanam | | 13 | |
yuñjītannaṃ śakṛdbhedi snehān 5
vātaghnadīpanān | | 14 | | § 14399

4.8.10 Sarvāṅgasundarā

śakṛto mūtrasya ca pratīghāte-vibandhe sati, varaṇādibhiḥ
kvāthaṃ pariṣekāvagāhayoruṣṇaṃ sasnehaṃ prayojayet |
athavā, kṣīraṃ vātanāśanam | balātailadikaṃ tailaṃ vā pa-
riṣekāvagāhayoḥ prayojayet | annaṃ ca yavādikaṃ śakṛ-
dvibandhaghnaṃ tathā snehān vātaghnān dīpanāṃśca pr- 5
ayojayet | § 14400

4.8.11 Aṣṭāṅgahrdayasaṃhitā

athāprayojyadāhasya nirgatān kaphavātajān | | 14 | |
sastambhakaṅḍūrukśophānabhyajya
gudakīlakān | | 15 | |
bilvamūlāgnikakṣārakuṣṭhaiḥ siddhena
secayet | | 15 | |
tailenāhibiḍāloṣṭravarāhavasayā+athavā | | 1 | |
kāsīsaṃ saindhavaṃ rāsnā śuṅṭhī kuṣṭhaṃ ca
lāṅgalī | | 1 | |
śilābhrakāśvamāraṃ ca jantuhṛddanticitrakau | | 1 | | 5 | | haritālaṃ
tathā svarṇakṣīrī taiśca pacetsamaiḥ | | 2 | | tailaṃ

sudhārkapayasī gavāṃ mūtre caturguṇe | | 2 | | etadabhyaṅgato+arśā
kṣāravatpātayeddrutam | | 3 | | kṣārakarmakaram
hyetanna ca dūṣayate valim | | 3 | |

4.8.12 Sarvāṅgasundarā

na prayojyo-niṣiddho, dāho yasyāsāvaprayojyadāho,-dāhānarhaḥ,
tasya, nirgatān-bahirbhūtān, tathā kaphavātajān gudakīlakān-
arśāṃsi, abhyajya bilvādisiddhena tailena secayet | kimbh-
ūtān ? sastambhakaṇḍūrukśophān, evaṃbhūtān-nānyalakṣaṇān |
5 athavā, bujhaṅgādivasayā secayet | anusekābhyaṅgābhyaṃ
paścāt, piṇḍena-piṇḍasvedena, svedayet | piṇḍasvedo mu-
ninoktaḥ | yathā (ca. sū. a. 14/25)- "tilamāṣakulatthānna-
ghṛtatailāmiṣaudanaiḥ | pāyasaiḥ kṣārairmāṃsaiḥ piṇḍ-
asvedān prayojayet | | " iti yojyam | athavā, dravasvedena-
10 svedavidhyuktena, svedayet | punaḥ śabdo+atra laukikyā
uktyā prayuktaḥ | yathā-"idaṃ sāramidaṃ punarasāram"
iti | piṇḍasvedenāthavā saktūnāṃ tailasarpīṣā snigdhā-
nāṃ piṇḍikābhiḥ svedayet | athavā, rāsnāyā hapuṣāyā vā
piṇḍaiḥ kārṣṇyagandhikarvā svedayet | tailasarpīṣā sni-
15 gdhairityatrānuvartanīyam | kṣṇagandhāyā ime kārṣṇya-
gandhikāstaiḥ | adhyātmāditvāṭhṭhañ | § 14407

4.8.13 Aṣṭāṅgahr̥dayasaṃhitā

arkamūlaṃ śamīpatraṃ nṛkeśāḥ sarpakañcukam | | 18 | |
mārjāracarma sarpīṣca dhūpanaṃ
hitamarśasām | | 18 | |
tathā+aśvagandhā surasā bṛhatī pippalī
ghṛtam | | 19 | | § 14410

4.8.14 Sarvāṅgasundarā

arkamūladi carmasarpirantaṃ dhūpanaṃ hitam | tathā,
aśvagandhādikaṃ pṛthageva dhūpanaṃ hitam | § 14411

4.8.15 Aṣṭāṅgahr̥dayasaṃhitā

dhānyāmlapiṣṭairjīmūtabījaistajjālakaṃ mṛdu | | 19 | |
lepitaṃ śāyayā śuṣkaṃ
vartirgudajaśātānī | | 20 | | § 14413

4.8.16 Sarvāṅgasundarā

kāñjikenā piṣṭairjīmūtasya-ikṣvākoḥ, bījaistathā tasya jīm-
ūtaphalasya, jālakaṃ tajjālakaṃ-jālakākaram(rah)phalavahirbhāgo,
mṛdu-akarkaśaṃ, lepitaṃ chāyāśuṣkamityeṣā vartirguda-
jaśātānī | § 14414

4.8.17 Aṣṭāṅgahr̥dayasaṃhitā

sajālamūlajīmūtalehe vā kṣārasaṃyute | | 20 | |
guñjāsūraṇakūṣmāṇḍabījairvartistathāguṇā | | 21 | | § 14416

4.8.18 Sarvāṅgasundarā

sajālamūlajīmūtena kṛto yo lehastasmillehe kṣārasaṃyute
kṛte sati guñjādibījaiḥ kṛta vartistathāguṇā-gudajaśātānī |
§ 14417

4.8.19 Aṣṭāṅgahr̥dayasaṃhitā

snukksīrārdraniśālepastathā, gomūtrakalkitaiḥ | | 21 | |
kṛkavākuśakṛtkṛṣṇāniśāguñjāphalaistathā | | 22 | |
snukksīrapīṣṭaiḥ
ṣaḍgranthāhalinīvāraṇāsthībhiḥ | | 22 | |
kulīraśṛṅgivijayākuṣṭhāruṣkaratutthakaiḥ | | 23 | |
śigrumūlakajairbījaiḥ
patrairaśvaghnanimbajaiḥ | | 23 | |
pīlumūlena bilvena hiṅgunā ca
samanvitaiḥ | | 24 | |

5

kuṣṭhaṃ śirīṣabījāni pippalyaḥ saindhavaṃ
guḍaḥ | | 24 | |
arkakṣīraṃ sudhākṣīraṃ triphalā ca
pralepanam | | 25 | |
ārkaṃ payaḥ sudhākāṇḍam
kaṭukālābupallavāḥ | | 25 | |
karaṅjo bastamūtraṃ ca lepanaṃ
śreṣṭhamarśasām | | 26 | |
5 ānuvāsanaikairlepaḥ pippalyādyaiśca
pūjitaḥ | | 26 | | § 14428

4.8.20 Sarvāṅgasundarā

snuṅksīreṅārdrā-ārdrīkṛtā, niśā-haridrā, tayā lepaḥ snukṣī-
rārdraniśālepaḥ | tathā-pūrvaguṇaḥ | gomūtreṇa kalkitaiḥ-
piṣṭaiḥ, kukkuṭaśakṛdādibhirlepaḥ pūrvaguṇaḥ | sa0-sudhākṣīrapīṣṭaiḥ
ṣaḍgranthādibhirlepo hitaḥ | pīlamlena bilvena hiṅgunā
5 ca yuktairlepo hitaḥ | sa0-kuṣṭaditriphalāntaṃ pralepa-
naṃ pūrvaguṇam | sa0-arkakṣīrādibastamūtrāntaṃ pral-
epanamarśasām śreṣṭhaṃ syāt | sa0-ānuvāsanaikairiti anu-
vāsane bhavānyānuvāsanaikāni, adhyātmāditvāt ṭhañ | tai-
rdravyaiḥ "pippalīm madanaṃ" (ślo 89) ityādibhirvakṣya-
10 māṅairlepo+arśaḥsu pūjitaḥ | § 14429

4.8.21 Aṣṭāṅgahr̥dayasaṃhitā

ebhirevaṣadhaiḥ kuryāttailānyabhyañjanāya
ca | | 27 | | § 14430

4.8.22 Sarvāṅgasundarā

ebhireva pūrvoktairlepanadravyairabhyañjanāni tailāni ca
kuryāt | § 14431

4.8.23 Aṣṭāṅgahr̥dayasaṃhitā

dhūpanālepanābhyaṅgaiḥ prasravanti
gudāṅkarāḥ | |27| |
sañcitaṃ duṣṭarudhiraṃ, tataḥ sampadyate
sukhī | |28| | § 14433

4.8.24 Sarvāṅgasundarā

dhūpanādibhīrgudāṅkurāḥ sañcitaṃ duṣṭaṃ rudhiraṃ
prasravanti | tataḥ-tena srutena, sukhī rujāvīrahāt samp-
adyate | § 14434

4.8.25 Aṣṭāṅgahrdayasaṃhitā

avartamānamucśūnakāṭhinebhyo haredaṣṭk | |28| |
arśobhyo jalajāśastrasūcīkūrcaiḥ punaḥ
punaḥ | |29| | § 14436

4.8.26 Sarvāṅgasundarā

arśobhya ucchūnakāṭhinebhyo rudhiraṃ avartamānaṃ ja-
laukaśastrādibhīrasakṛddharet | śītoṣṇādirupakramaḥ ka-
smādatra na kriyate ? ityāha- § 14437

4.8.27 Aṣṭāṅgahrdayasaṃhitā

śīṣṇasnidharūkṣairhi na vyādhirupaśāmyati | |29| |
rakte duṣṭe bhiṣak
tasmādraktamevāvasecayet | |30| | § 14439

4.8.28 Sarvāṅgasundarā

yasmāt śītādibhīrupakramairupakrānto+arśovyādhirna śā-
myati rakte duṣṭe sati, tasmāddheto raktamevāvasecayet-
na tu śītādiryojyaḥ | § 14440

4.8.29 Aṣṭāṅgahr̥dayasaṃhitā

yo jāto gorasaḥ kṣīrādvahnicūrṇāvacūrṇitāt | | 30 | |
pibaṃstameva tenaiva bhuñjāno gudajān
jayet | | 31 | | § 14442

4.8.30 Sarvāṅgasundarā

yo gorasaḥ kṣīrājījataḥ-utpannaḥ | kimbhutāt ? vahnicūrṇāvacūrṇitāt-
citrakacūrṇāvakīrṇāt | tameva-gorasaṃ, pibannarastena-
iva ca-gorasena, bhuñjāno gudajān jayet | 'bahumūlāvac-
ūrṇitāt' iti kva(ke)cit paṭhanti | bahumūlā-śatāvarī | § 14443

4.8.31 Aṣṭāṅgahr̥dayasaṃhitā

kovidārasya mūlānāṃ mathitena rajaḥ piban | | 31 | |
aśvan jīrṇe ca pathyāni mucyate
hatanāmabhiḥ | | 32 | | § 14445

4.8.32 Sarvāṅgasundarā

kovidāramūlacūrṇaṃ mathitena piban jīrṇe ca tasmin pa-
thyānyaśrnan durnāmabhirmucyate-naśyanti tānyasyety-
arthaḥ | § 14446

4.8.33 Aṣṭāṅgahr̥dayasaṃhitā

gudaśvayathuśūlārtho mandāgnirgaulmikān
pibet | | 32 | |
hiṅgvādīnanutakraṃ vā
khādeṅguḍaharītakīm | | 33 | |
takreṇa vā
pibetpathyāvellāgnikuṭajatvacaḥ | | 33 | |
kaliṅgamagadhājyotiḥsūraṇān
vāṃ+aśavardhitān | | 34 | |
5 koṣṇāmbunā vā
tripaṭuvyoṣahiṅgvamlavetasam | | 34 | | § 14451

4.8.34 Sarvāṅgasundarā

gude śvayathuśūlārtho mandāgnirnaro gaulmikān-gulmacikitsābhavān,
 hiṅgvādīn cūrṇān (hr. ci. a. 14139) pibet | iha dravānirde-
 śādanantaraṃ ca mathitaśabdaśravaṇāt arśovikāre ca hi-
 ṅgvādīn cūrṇān takreṇa vā pibediti yojyam | anutakraṃ
 vā-takṛanupānāt, guḍaharītakīm bhakṣayet | athavā, pa- 5
 thyādīṃstakreṇa pibet | athavā, kalingādīn aṃśavardhitān
 mūladravyāpekṣayā bhāgena yathottaraṃ vardhitān, takre-
 ṇa pibet | jyotiḥ-citrakaḥ | athavā, uṣṇajalena tripaṭvādi
 pibet | § 14452

4.8.35 Aṣṭāṅgahrdayasaṃhitā

yuktaṃ bilvakapitthābhyāṃ mahauṣadhabidena
 vā | | 35 | |
 aruṣkarairyavānyā vā
 pradadyāttakratarpaṇam | | 35 | |
 dadyādvā hapuṣāhiṅgucitrakaṃ
 takrasaṃyutam | | 36 | |
 māsaṃ takrānupānāni khādetpīluphalāni
 vā | | 36 | |
 pibedaharahastakraṃ niranno vā 5
 prakāmataḥ | | 37 | | § 14457

4.8.36 Sarvāṅgasundarā

takreṇa tarpaṇam-yavasaktūn, dadyāt | kimbhūtam ? bi-
 lvakapitthābhyāṃ yuktamathavā mahauṣadhabidena yu-
 ktaṃ bhallātakairvā yuktamathavā yavānyā vā yuktaṃ
 pradadyāt | takratarpaṇameva bilvādibhiryathoktaiḥ saha
 bhuñjīta | nānyatkiñciditi sūcayituṃ praśabdo+atra ny- 5
 astaḥ | athavā, hapuṣādikaṃ takrānvitaṃ dadyāt | mā-
 saṃ pīluphalāni takrānupānāni vā khādet | athavā, icch-
 ayā+aharahanannāśī takraṃ pibet | § 14458

4.8.37 Aṣṭāṅgahr̥dayasaṃhitā

atyartham mandakāyāgnestakramevāvacāra-
yet | | 37 | | § 14459

4.8.38 Sarvāṅgasundarā

atyartham mandakāyāgnernarasya sāyam prātarvā takramevāvacārayedvaidyo-
natvannam, ata evaivakāro+atra nirdiṣṭaḥ | § 14460

4.8.39 Aṣṭāṅgahr̥dayasaṃhitā

saptāham vā daśāham vā māsārdham māsameva
vā | | 38 | |

balakālavikārajño bhiṣak takram
prayojayet | | 38 | |

sāyam vā lājasaktūnām

dadyāttakrāvalehikām | | 39 | |

jīrṇe takre pradadyādvā takrapeyām

sasindhavam | | 39 | |

5 takrānupānam sasneham takraudanamataḥ
param | | 40 | |

yūśai rasairvā takrāḍyaiḥ śālīn bhuñjīta

mātrayā | | 40 | | § 14466

4.8.40 Sarvāṅgasundarā

saptāham daśāham māsārdham māsam vā yāvat balādi-
vidvaidyo mathitam yojayet | athavā, kevalena takreṇāśi-

tumaśaktastadā sāyam-dinānte, lājasaktūnām sambandhi-
nīm takrāvalehikām dadyāt | athavā, takre jīrṇe takra-

5 ddhām peyām saindhavānvitām dadyāt | saindhavaśabd-
asyānte śrutatvādubhayorapyavalehikāpeyayoḥ saindha-

venayogo vedyah | ataḥ param-avalehikāpeyāto+anantaram,
takreṇa sahaudanamiṣatsneham takrānupānam dadyāt |

athavā, yūśai rasairvā takrābhūyiṣṭhaiḥ śālīn mātrayā

10 bhuñjīta | kārye bhaktādau kāraṇatvenopacārāt śālīn-

bhaktatvena pariṇatān, dadyāditi vedyam | sarvathā+atra
takraprayogaḥ prāyeṇa pūjita ityata evāha- § 14467

4.8.41 Aṣṭāṅgahṛdayasaṃhitā

rūkṣamardhoddhṛtasnehaṃ yataścānuddhṛtaṃ
ghṛtaṃ | |41| |
takraṃ doṣāgnibalavitrivistrividhaṃ
tatprajoyet | |41| | § 14469

4.8.42 Sarvāṅgasundarā

yathāyogaṃ kadācidrūkṣaṃ-niḥśeṣamuddhṛtasnehaṃ, ath-
avā+ardhoddhṛtasnehaṃ, kadācidanuddhṛtaṃ yasmāddh-
ṛtaṃ, kāraṇe navaṇīte kāryopacārādevamuktam, tat-etatrividhiṃ,
takraṃ doṣādivit prajoyet | takraprayoge kṛte ko guṇaḥ
? ityāha- § 14470

5

4.8.43 Aṣṭāṅgahṛdayasaṃhitā

na virohanti gudajāḥ punastakrasamāhatāḥ | |42| |
niṣiktaṃ taddhi dahati bhūmāvapi
tṛṇolupaṃ | |42| | § 14472

4.8.44 Sarvāṅgasundarā

takreṇa samāhatāḥ-unmūlitāḥ, gudajāḥ punarna praroh-
anti, samūlā naśyantītyarthaḥ | kathametadavagamyate ?
ityāśaṅkyāha-hi-yasmāt, tat-takraṃ, bhūmāvapi niṣiktaṃ
tṛṇolupaṃ viśeṣeṇa dahatyapunarutpādanāt | bhūmāvap-
ītyapiśabdo na kevalaṃ śarīre, bāhyāyāmapī bhuvīti sand-
arśanārthaḥ | sṛṇolupaṃ kaṭhinaṃ yaddahati tadavaśya-
marśāsi mṛdūni māṃsapṛāyāṇi dahatyeva | § 14473

5

4.8.45 Aṣṭāṅgahr̥dayasaṃhitā

srotaḥsu takraśuddheṣu raso dhātūnopaiti yaḥ | | 43 | |
tena puṣṭirbalaṃ varṇaḥ paraṃ tuṣṭiśca
jāyate | | 43 | |
vātaśleṣmavikārāṇaṃ śataṃ ca
vinivartate | | 45 | | § 14476

4.8.46 Sarvāṅgasundarā

vātaśleṣmāvṛteṣu srotaḥsu takreṇa śuddheṣu satsu yo
rasaḥ-āhāraraso, dhātūn upaiti-samprāpnoti, tena-rasena
prāptena, puṣṭyādayo jāyante | tathā, vātaśleṣmavikārā-
ṇaṃ śataṃ vinivartate-śāmyati | § 14477

4.8.47 Aṣṭāṅgahr̥dayasaṃhitā

mathitaṃ bhājane kṣudrabr̥hatīphalalepīte | | 44 | |
niśāṃ paryuṣitaṃ
peyamicśadbhīrgudajakṣayam | | 45 | | § 14479

4.8.48 Sarvāṅgasundarā

kaṇṭakārikāphalalepīte bhājane mathitaṃ niśāṃ sthita gu-
dajakṣayamicchubhiḥ peyam | § 14480

4.8.49 Aṣṭāṅgahr̥dayasaṃhitā

dhānyopakuñcikājīhapuṣāpippalīdvayaiḥ | | 45 | |
kāravīgranthikaśaṭhīyavānyagniyavānakaiḥ | | 46 | |
cūrṇitairghṛtapātrasthaṃ nātyamlaṃ
takramāsutam | | 46 | |
takrāriṣṭhaṃ pibejjātaṃ vyaktāmlakaṭu
kāmitaḥ | | 47 | |
5 dīpanaṃ rocanaṃ
varṇyaṃkaphavātānulomanam | | 47 | |

gudaśvayathukaṇḍvartināśanam
balavardhanam | |48| | § 14486

4.8.50 Sarvāṅgasundarā

dhānyopakauñcikādibhiścūrṇitairghṛtapātrasthaṃ nātyamlam
takramāsutaṃ kṛtvā+anantaram vyaktāvamlakaṭū yasya
tad vyaktāmlakaṭū, jātaṃ sattakrāriṣṭaṃ kāmataḥ pibet |
tacca pītaṃ dīpanādiguṇaṃ syāt | atra ca takre palaśatam-
ātre dhānyakādīni pālikāni deyaṇīti vṛddhavaidyavyava- 5
hāraḥ | § 14487

4.8.51 Aṣṭāṅgahrdayasaṃhitā

tvacaṃ citrakamūlasya piṣṭvā kumbhaṃ
pralepayet | |48| |
takraṃ vā dadhi vā tatra jātamarśoharam
pibet | |49| | § 14489

4.8.52 Sarvāṅgasundarā

citrakamūlasya tvacaṃ jalena piṣṭvā kumbhaṃ pralepa-
yet | takraṃ tatra jātamathavā dadhi jātamarśoharam pi-
bet | § 14490

4.8.53 Aṣṭāṅgahrdayasaṃhitā

bhārṅgyāsphoṭāmṛtāpañcakoleṣvapyeṣa
saṃvidhiḥ | |49| | § 14491

4.8.54 Sarvāṅgasundarā

bhārṅgyādiṣvapyeṣa saṃvidhiḥ-etattvagādibhājanalepanādikaṃ
kāryamityarthaḥ § 14492

4.8.55 Aṣṭāṅgahr̥dayasaṃhitā

piṣṭairgajakaṇāpāṭhākāravīpañcakolakaiḥ | | 50 | |
tumarvajājīdhanikābilvamadhyaiśca
kalpayet | | 50 | |
phalāmlān yamakasnehān
peyāyūśarasādikān | | 51 | |
ebhireva-uśadhaiḥ sādhyam vāri sarpiśca
dīpanam | | 51 | | § 14496

4.8.56 Sarvāṅgasundarā

hastipippalyādibhiḥ piṣṭaiḥ-kalkitaiḥ, tathā phalaḥ-bījapūrādibhiḥ,
amlān yamakasnehāmstathā peyādikān kuryāt | ebhireva-
hastipippalyādibhiḥ, vāri sādhyam-śrapaṇīyam, sarpiśca
sādhyam, tacca dvayam vahnerdīpanam syāt | § 14497

4.8.57 Aṣṭāṅgahr̥dayasaṃhitā

kramo+ayam bhinnaśakṛtām----- | | 52 | | § 14498

4.8.58 Sarvāṅgasundarā

ayam-pūrvoktaḥ, kramo bhinnaśakṛtām | § 14499

4.8.59 Aṣṭāṅgahr̥dayasaṃhitā

-----vakṣyate gādhavarcaśam | | 52 | | § 14500

4.8.60 Sarvāṅgasundarā

kāṭhinapurīśāṇām tu vakṣyate-bhaṇiṣyate | tamevāha- § 14501

4.8.61 Aṣṭāṅgahr̥dayasaṃhitā

snehāḍyaiḥ saktubhiryuktām lavaṇām vāruṇīm
pibet | | 52 | |
lavaṇā eva vā
takrasīdhudhānyāmlavāruṇīḥ | | 53 | | § 14503

4.8.62 Sarvāṅgasundarā

snehāḍyaiḥ-bahusnehasampr̥ktaiḥ, saktubhiryuktām lav-
aṇām vāruṇīm pibet | takrādīn vā lavaṇān pr̥thak pr̥thak
yathāyogaṃ pibet | evaśabdo+atra kevalānevaitān saktur-
ahitān pibediti dyotayati | § 14504

4.8.63 Aṣṭāṅgahr̥dayasaṃhitā

prāgbhaktān yamake bhr̥ṣṭān
saktubhiścāvacūrṇitān | | 53 | |
karaṅjapallavān
khādedvātavarconulomanān | | 54 | | § 14506

4.8.64 Sarvāṅgasundarā

tathā, karaṅjapallavān bhakṣayet | kimbhūtān ? prāgbhaktān,-
bhaktāt prāk, mayūravyaṃsakādītvātsamāsaḥ, karaṅjap-
allavān bhuktvyamityarthaḥ | kimbhūtān ? yamakesneha-
dvaye, bhr̥ṣṭān-pakvān, tathā saktubhiḥ suṣṭu cūrṇitān tā-
mśca bhuktivā vātavarconulomanān | § 14507

5

4.8.65 Aṣṭāṅgahr̥dayasaṃhitā

saguḍaṃ nāgaram pāṭhām guḍakṣāraghṛtāni vā | | 54 | |
gomūtrādhyuṣitāmadyātsaguḍām vā
harītakīm | | 55 | | § 14509

4.8.66 Sarvāṅgasundarā

tathā, guḍena saha śuṅṭhīm pāṭhām vā+aśnīyāt | athavā,
guḍayavakṣārasarpīṣyadyāt | guḍena vā saha harītakīma-
dyāt | kimbhūtām ? gomūtre+adhyuṣitām | § 14510

4.8.67 Aṣṭāṅgahr̥dayasaṃhitā

pathyāśatadvayānmūtradroṇenāmūtrasaṅkṣyāt | | 55 | |
pakvāt khādetsamadhunī dve dve hanti
kaphodbhavān | | 56 | |
durnāmakuṣṭhaśvayathugulmamehodarakṛmīn | | 56 | |
granthyarbudāpacīsthaulyapāṇḍurogāḍyamārutān | | 57 | | § 14514

4.8.68 Sarvāṅgasundarā

pathyānām śatadvayaṃ pathyāśatadvayam, tasmādgom-
ūtradroṇena mūtrasaṅkṣyaṃ yāvat-mūtrakṣayāvadhi, pa-
kvāt dve dve-pathyākhye phale, khādet | kimbhūte ?
samadhunī-mākṣikayukte | pathyāśatadvayaṃ copayu-
5 ktaṃ kaphodVavānāmayaṅ durnāmādīn hanti | § 14515

4.8.69 Aṣṭāṅgahr̥dayasaṃhitā

ajaśṛṅgījaṭākalkamajāmūtreṇa yaḥ pibet | | 57 | |
guḍavārtākabhuk tasya naśyantyāśu
gudāṅkurāḥ | | 58 | | § 14517

4.8.70 Sarvāṅgasundarā

ajaśṛṅgīmūlakakaṃ yaḥ puruṣo+ajamūtreṇa pibet | ki-
mbhūtaḥ ? guḍavārtākabhuk-etadāhāraḥ, tasya-puruṣasya,
drāk durnāmāni naśyanti | § 14518

4.8.71 Aṣṭāṅgahr̥dayasaṃhitā

śreṣṭhārasena trivṛtām pathyām takreṇa vā saha | |58| |
pathyām vā pippalīyuktām ghṛtabhr̥ṣṭām
guḍānvitām | |59| |
athavā satrivṛddantīm
bhakṣayedanulomanīm | |59| |
hate gudāśraye doṣe gudajā yānti
saṅkṣyam | |60| | § 14522

4.8.72 Sarvāṅgasundarā

śreṣṭhārasena-triphalākṛvāthena, trivṛtāmadyāt | abhayām
vā takreṇa sahadīyāt | pathyām vā pippalīyuktām ghṛtabh-
r̥ṣṭām guḍayuktām bhuñjita | athavā pathyām trivṛddantī-
bhyām sahanulomakṛtām bhakṣayet | gudāśraye doṣe hate
sati gudajāḥ saṅkṣayam Yānti, āśrayābhāva āśritānupapa- 5
tteḥ | tasmadanulomanamarśaḥsu hitamityarthaḥ | § 14523

4.8.73 Aṣṭāṅgahr̥dayasaṃhitā

dāḍimasvarasājāḥjīyavānīguḍanāgaraiḥ | |60| |
pāṭhayā vā yutaṃ takraṃ
vātavarconulomanam | |61| |
sidhum vā gauḍamathavā
sacitrakamahauṣadham | |61| |
pibetsurām vā
hapuṣāpāṭhāsauvarcalānvitām | |62| | § 14527

4.8.74 Sarvāṅgasundarā

dāḍimādibhiryuktam takraṃ pāṭhayā vātavarconuloma-
nam syāt | athavā, sīdhum citrakaśunṭhīyutaṃ pibet | ga-
uḍam vā citrakaśunṭhīyutaṃ pibet | athavā, surām hapuṣ-
ādiyuktām pibet | § 14528

4.8.75 Aṣṭāṅgahr̥dayasaṃhitā

daśādidaśakairvṛddhāḥ pippalīrdvipicum̐ tilān | | 62 | |
pītvā kṣīreṇa labhate balaṃ
dehahutāśayoḥ | | 63 | | § 14530

4.8.76 Sarvāṅgasundarā

daśādidaśakairvṛddhāḥ pippalīstathā tilān dvipicum̐ pī-
tvā dehasya vahneśca balaṃ prāpnoti | daśapippalya ādi-
prathamam̐ dinam̐, yeṣāṃ daśakānām̐ ta evam̐ | daśad-
ayaśca te daśakāśca daśādidaśakāḥ, tairvṛddhāḥ | prath-
5 ame dine daśapippalīstilakarṣadvayaṃ ca kṣīreṇa peyāḥ,
anantaram̐ pratidinam̐ daśadaśa pippalīḥ pippalīvardh-
amānyāyena vṛddhati(dddhāsti)lakarṣadvayena saha kṣīr-
eṇa pītvā dehasyāgneśca balaṃ labhate | atra kālasyānird-
iṣṭatvāddehāgnayorbalamicchātā yatheṣṭakālah̐ prayogaḥ
10 kāryaḥ | kṣīrasya cātra pramāṇānukteḥ sāmānyaparibhā-
ṣayā "peṣyasya karṣamāloḍyaṃ taddravasya palatraye |"
(hr̥.ka.a.6/13) iti parimāṇam̐ kalpyam̐ | § 14531

4.8.77 Aṣṭāṅgahr̥dayasaṃhitā

duḥsparśakena bilvena yavānyā nāgareṇa vā | | 63 | |
ekaikenāpi saṃyuktā pāṭhā hantyarśasām̐
rujam̐ | | 64 | | § 14533

4.8.78 Sarvāṅgasundarā

dhanvayavāsakena bilvena yavānyā śuṅṭhyā vaikaikenā-
pyevaṃ pāṭhā yuktā durnāmṛam̐ rujam̐ hanti | ekaikenāp-
ītyapiśabdāt dvābhyām̐ tribhiścaturbhiśca | ekaikenetyek-
aśabdasya "ekam̐ bahuvrīhivat" iti dvitvabahuvrīhivadbh-
5 āvātsupo luk | § 14534

4.8.79 Aṣṭāṅgahr̥dayasaṃhitā

salilasya vahe paktvā prasthārdhamabhayātvacām | | 64 | |
 prasthaṃ dhātryā daśapalaṃ kapitthānāṃ
 tato+ardhataḥ | | 65 | |
 viśālāṃ
 rodhramaricakṛṣṇāvellailavālukaṃ | | 65 | |
 dvipalāṃśaṃ pṛthkapādaśeṣe pūte
 guḍāttule | | 66 | |
 dattvā prasthaṃ ca dhātakyāḥ 5
 sthāpayeddhṛtabhājane | | 66 | |
 pakṣātsa śīlito+ariṣṭaḥ karotyagniṃ, nihanti
 ca | | 67 | |
 gudajagrahaṇīpāṇḍukuṣṭhodaragarajvarān | | 67 | |
 śvayathuplīhahṛdrogagulmayakṣmavamikṛmīn | | 68 | | § 14542

4.8.80 Sarvāṅgasundarā

salilasya vahe-droṇacatuṣṭaye, paktvā harītakītvacām prasthārdhaṃ-
 aṣṭapalāni, āmalakadalānāṃ prasthaṃ, kapitthasya pa-
 lānidaśa, tataḥ-kapitthāt, ardhena viśālāṃ pañcapalāṃ,
 rodhrādhikaṃ dvipalāṃśaṃ pṛthakpṛthagetatsarvaṃ pa-
 ktvā tasmin pādaśeṣe-droṇaśeṣe, pūte gālīte cāsmiṃ gu- 5
 ḍāttule dve dattvā dhātakyāḥ prasthaṃ ca tato gṛta-
 rūḍhe bhājane sthāpayet | pakṣādūrdhvaṃ śīlitaḥ saḥ-
 abhayāriṣṭasaṃjñāḥ, agniṃ karoti-dīpayati, gudajādīṃśca
 hanti | § 14543

4.8.81 Aṣṭāṅgahr̥dayasaṃhitā

jaladroṇe paceddantīdaśamūlavarāgnikān | | 68 | |
 pālikān pādaśeṣe tu kṣipeṅguḍatulāṃ
 param | | 69 | |
 pūrvavatsarvamasya
 syādanulomitarastvayam | | 69 | | § 14546

4.8.82 Sarvāṅgasundarā

jalasya droṇe dantyādīn pratyekaṃ pālikān pacet | pādaś-
eṣe cāsmin guḍāttulāṃ kṣipet | paraṃ-anyat, sarvamasya-
dantyarīṣṭasya, pūrvavat-abhayārīṣṭatulyaṃ dhātakīpari-
māṇaghr̥tabhājanasthāpanapakṣottarakālapānādi, syāt | ān-
5 ulomītyādi | ānulomīvātavibandhanut abhayārīṣṭaḥ | āyaṃ
punastato+apyānulomitarah | § 14547

4.8.83 Aṣṭāṅgahr̥dayasaṃhitā

pacehurālabhāprasthaṃ droṇe+apāṃ prāsṛtaiḥ
saha | |70| |
dantīpāṭhāgnivijayāvāsāmalakanāgaraiḥ | |70| |
tasmin sitāśataṃ dadyātpādasthe+anyacca
pūrvavat | |71| |
limpetkumbhaṃ tu
phalinīkr̥ṣṇācavyājyamākṣikaiḥ | |71| | § 14551

4.8.84 Sarvāṅgasundarā

apāṃ droṇe dhanvayāsaprasthaṃ dantyādibhiḥ dvip-
alikaiḥ saha pacet | tasmin-pādasthe kvāthe, sitāyāḥ
śataṃ kṣipet | anyat-dhātakīparimāṇādikaṃ, pūrvavat-
abhayārīṣṭavat, kāryam | limpedityādi | turviśeṣe | viśeṣa-
5 stu phalinyādibhiḥ kumbhaṃ limpet, yatrāyaṃ nikṣipyate
durālabhārīṣṭa iti | § 14552

4.8.85 Aṣṭāṅgahr̥dayasaṃhitā

prāgbhaktamānulomyāya phalāmlaṃ vā
pibeddhṛtam | |72| |
cavyacitrakasiddhaṃ vā
yavakṣāraguḍānvitam | |72| |
pippalīmūlasiddhaṃ vā
saguḍakṣāranāgaram | |73| | § 14555

4.8.86 Sarvāṅgasundarā

prāgbhaktam-bhaktāt pūrvam, ghṛtam phalaiḥ-mātuluṅgādibhiranuloma
amlam taiḥ pakvam pibet | cavyacitrakābhyām siddham
pakvam yavakṣāraguḍābhyām yuktam ghṛtam pibet | ath-
avā, pippalīmūlasiddham guḍayavakṣāranāgarasahitam
pibet | § 14556

5

4.8.87 Aṣṭāṅgahṛdayasaṃhitā

pippalīpippalīmūladhānakādāḍimairghṛtam | |73| |
daghnā ca sādhitam
vātaśakṛnmūtravibandhanut | |74| | § 14558

4.8.88 Sarvāṅgasundarā

pippalyādibhirdadhisahitaiḥ sādhitam ghṛtam vātaśakṛ-
nmūtravibandhajit | § 14559

4.8.89 Aṣṭāṅgahṛdayasaṃhitā

palāśakṣāratoyena triguṇena paceddhṛtam | |74| |
vatsakādipratīvāpamarśoghnam dīpanam
param | |75| | § 14561

4.8.90 Sarvāṅgasundarā

palāśakṣārasya jalena triguṇena vatsakādipratīvāpam gh-
ṛtam pacet | taccārśoghnam param dīpanam ca | § 14562

4.8.91 Aṣṭāṅgahṛdayasaṃhitā

pañcakolābhayākṣārayavānībidasaindhavaiḥ | |75| |
sapāṭhādihānyamaricaiḥ
savilvairdadhimaddhṛtam | |76| |

sādhayet tajjayatyāśu
gudavaṅkṣṇavedanām | | 76 | |
pravāhikāṃ gudabhraṃśaṃ mūtrakṛcśraṃ
parisravam | | 77 | | § 14566

4.8.92 Sarvāṅgasundarā

pañcakolādibhirdadhisahitaṃ ghṛtaṃ pacet | tacca gudādi
vedanādīn jayati | § 14567

4.8.93 Aṣṭāṅgahr̥dayasaṃhitā

pāṭhājamodadhanikāśvadaṃstrāpañcakolakaiḥ | | 77 | |
savilvairdani cāṅgerīsvarase ca
caturguṇe | | 78 | |
hantyaṅjyaṃ siddhamānāhaṃ mūtrakṛcchraṃ
pravāhikāṃ | | 78 | |
gudabhraṃśārtigudajagrahaṅīgadamārutān | | 79 | | § 14571

4.8.94 Sarvāṅgasundarā

pāṭhādibhiścāṅgerīsvarase daghni ca caturguṇe ghṛtaṃ
pakvaṃ cāṅgerīghṛtaṃ | etadānāhādīn hanti | § 14572

4.8.95 Aṣṭāṅgahr̥dayasaṃhitā

śikhittirilāvānāṃ rasānamlān susaṃskṛtān | | 79 | |
dakṣāṅgāṃ vartakānāṃ vā
dadyādviṅvātasaṅgrahe | | 80 | | § 14574

4.8.96 Sarvāṅgasundarā

maYuratittiryādīnāṃ susaṃskṛtānamlān māṃsarasān vi-
dvātasaṅgrahanivṛttyarthaṃ dadyāt | § 14575

4.8.97 Aṣṭāṅgahr̥dayasaṃhitā

vastukāgnitrivṛddantīpāṭhāmlīkāḍipallavān | | 80 | |
 anyacca kaphavātaghnam śākaṃ ca laghumedi
 ca | | 81 | |
 sahiṅgaṃ yamake bhr̥ṣṭaṃ siddhaṃ
 dadhisaraiḥ saha | | 81 | |
 dahnikāpañcakolābhyāṃ piṣṭābhyāṃ
 dāḍimāmbunā | | 82 | |
 ārdrikāyāḥ kisalayaiḥ śakalairādrakasya 5
 ca | | 82 | |
 yuktamaṅgāradhūpena hr̥dyena
 surabhīkṛtam | | 83 | |
 sajīrakaṃ samaricaṃ
 biḍasauvarcalotkaṭam | | 83 | |
 vātottarasya rūkṣasya
 mandāgnervaddhavarcaśaḥ | | 84 | |
 kalpayedraktaśālyannavyaṅjanam
 śākavadrasān | | 84 | |
 gogodhāchagaroṣṭrāṅam 10
 viśeṣātkravyabhōjinām | | 85 | | § 14585

4.8.98 Sarvāṅgasundarā

vāstukādīnāmśākaṃ tathā+aparamapi śākaṃ yatkaḥ-
 vātaghnam koṣātakādikaṃ, laghu medi ca | tacca sahi-
 Ņgu ca tathā yamake bhr̥ṣṭaṃ-santalitam | tathā, dadhisa-
 reṇa ḍhanikāpañcakolābhyāṃ piṣṭābhyāṃ dāḍimāmbunā 5
 ca siddham | tathā, ārdrikāyāḥ-dhanikāyāḥ, kisalayaiḥ-
 pallavaiḥ, yuktam | tathā, ārdrakasya śakalairyuktam |
 tathā, hr̥dyena-manahprienā, aṅgāradhūpena-aṅgāriyo
 dhūpo hiṅgvādinā prasiddhastena, surabhīkṛtam | tathā,
 sajīrakaṃ samaricaṃ biḍasauvarcalalavaṅābhyāmutkaṭam-
 adhikaṃ, vātottarasya pavanfādhikasya puruṣasya, tathā 10
 rūkṣasya tathā mandāgrestathā vaddhavarcaśaḥ kalpa-
 yet | raktaśālibhaktasya vyaṅjanam-temanākhyam, śākavatkalpayet-
 śākasamskāreṇa kuryādityarthaḥ | vyaṅjanāniti pāṭhe pu-

ṃstvaṃ cintyam | tathā, rasān | keṣāṃ rasān ? gogodhādī-
nām, viśeṣeṇa kravyabhōjinām-māṃsabhakṣiṇām | tadev-
amāhāraṃ nirupya pānaṃ nirupayannāha- § 14586

4.8.99 Aṣṭāṅgahr̥dayasaṃhitā

madirāṃ śār̥karaṃ gauḍaṃ sīdhuṃ takraṃ
tuṣodakaṃ | | 85 | |
ariṣṭaṃ mastu pānīyaṃ, pānīyaṃ vā+alpakaṃ
śṛtaṃ | | 86 | |
dhānyena dhānyaśuṅṭhībhyāṃ
kaṅṭakārikayā+athavā | | 86 | |
ante bhaktasya madhye vā
vātavarconulomanam | | 87 | | § 14590

4.8.100 Sarvāṅgasundarā

madirādi pānīyaṃ-pātavyam | athavā, pānīyaṃ-jalaṃ,
atiśayenālpam-alpakaṃ, śṛtaṃ yathāyogaṃ kadācid dhā-
nyena kadācid dhānyaśuṅṭhībhyāṃ kadācitkaṅṭakārikayā
śṛtaṃ kadācitbhaktamyānte kadācinmadhye, yogyatāva-
5 śādyeṣāṃ mārutāviṣṭadirupatvaṃ teṣāṃ bhaktasya ma-
dhye anyeśānmante, madirādipānaṃ vātavarconulomanam,-
taylorapravartanopārūḍhayāryathāmārgapravartanamitya-
rthaḥ | vātasyānulomanam ca yattatkaphapittayorapyanu-
lomanam | pavano hi kriyāvānakriyāvātāṃ dehaगतानाम्
10 bhāvānāmanulomanāḥ sambhāvyaṭe | tathā ca prāgabhy-
adhāyi (hr̥.sū.a. 19/86)-"viṣṭeṣmapittādimaloccyānām vi-
kṣepasamhāraḥ sa yasmāt |" ityādi | arśaḥsu cānu-
lomanam kāryamiti daśaṃyitumāha- § 14591

4.8.101 Aṣṭāṅgahr̥dayasaṃhitā

viḍvātakaphapittānāmānulomye hi nirmale | | 87 | |
gude sām̐yanti gudajāḥ
pāvakaścābhivardhate | | 88 | | § 14593

4.8.102 Sarvāṅgasundarā

yasmādvidvātādīnāmānulomye sati gudam nirmalam bh-
avati | gude ca nirmale gudajāḥ śāmyanti | pāvakaḥ-
kāyāgnisca, abhivardhate yatastasmādarśasām vidvāta-
kaphapittānulomanam bheṣājānnapānādi yattaddeyamiti
bhāvaḥ | § 14594

5

4.8.103 Aṣṭāṅgahr̥dayasaṃhitā

udābartaparītā ye ye cātyartham virūkṣitāḥ | | 88 | |
vilomavātāḥ
śūlārtāsteṣviṣṭamanuvāsanam | | 89 | | § 14596

4.8.104 Sarvāṅgasundarā

ye puruṣā udāvartayuktā ye cātīsayena virukṣitāstathā vi-
guṇapavanāḥ sūlapīḍitāśca teṣvanuvāsanamiṣṭam, tantra-
kṛtāmīti śeṣaḥ | tadevānuvāsanamāha- § 14597

4.8.105 Aṣṭāṅgahr̥dayasaṃhitā

pippalīm madanam bilvam śatāhvām madhukam
vacām | | 89 | |
kuṣṭham śaṭhīm puṣkarākhyam citrakam
devadāru ca | | 90 | |
piṣṭvātailam vipaktavyam
dviḡṇakṣīrasaṃyutam | | 90 | |
arśasām mūḍhavātānām
tacchreṣṭhamanuvāsanam | | 91 | |
gudaniḥsaraṇam sūlam mūtrakṛcchram
pravāhikām | | 91 | |
kaṭyūrupṛṣṭhadaurvalyamānāham
vaṅkṣaṇāśrayam | | 92 | |
picchāsrāvam gude śopam
vātavarcovinigraham | | 92 | |
utthānam bahuśo yacca
jayettaccānuvāsanāt | | 93 | | § 14605

5

4.8.106 Sarvāṅgasundarā

pippalyādīni piṣṭvā jalena tailaṃ dviguṇakṣīreṇa saṃy-
uktam paktavyam | jalasyātrānuktasyāpi caturguṇo+aśaḥ
prakalpyaḥ | evaṃ hi dravyāṇi samyak muktarasāni syuḥ |
tantrāntare cuktam "snehe sakṣīramāmsādyaiḥ pāko ya-
5 tretiraḥ kacit | jalaṃ caturguṇam tatra bījādānārthamā-
vapet | | na muñcati rasaṃ dravyaṃ kṣīrādibhirupaskṛ-
tam | samyakpākop na jāyeta tasmāttoya vinikṣipet | | " iti |
tacca-tailaṃ, viguṇapavanānāmarśasāṃ śreṣṭhaṃ-hitam |
anuvā sanācca tat-tailaṃ, gudaniḥsāraṇādīn jayet | § 14606

4.8.107 Aṣṭāṅgahr̥dayasaṃhitā

niruhaṃ vā prayuñjīta sakṣīraṃ pāñcamūlikam | | 93 | |
samūtrasnehalavaṇaṃ kalkairyukraṃ
phalādibhiḥ | | 94 | | § 14608

4.8.108 Sarvāṅgasundarā

athavā niruhaṃ pāñcamūlikam samānakṣīraṃ mūtrasne-
halavaṇānvitam phalādibhiḥ-pūrvoktaiḥ, kalkairyuktaṃ
prayuñjīta | sa ca pūrvoktaguṇaḥ | samānaṃ kṣīraṃ ya-
smin tatsakṣīraṃ | "samānasya chandasi" iti yogavibhā-
5 gāt sabhāvaḥ | saha mūtrasnehalavaṇairvartate samūtra-
snehalavaṇastam | "vopasarjanasya" iti sabhāvaḥ | sahaś-
abdaśceṣacchabdārthaḥ | arśasāṃ śuṣkārdratvena dvaivi-
dhyam | tatra śuṣkārśasāṃ cikitsitamuktavā, adhunā ārdra-
nām raktārśasāmāha- § 14609

4.8.109 Aṣṭāṅgahr̥dayasaṃhitā

atha raktārśasāṃ vīkṣya mārutasya kaphasya vā | | 94 | |
anubandham tataḥ snigdham rūkṣam vā
yojayeddhimam | | 95 | | § 14611

4.8.110 Sarvāṅgasundarā

raktārśasāmadhikāre pittasya sarvadā+avyabhicāritvāt kadācinmārutānubandhaṃ kadācitkaphānubandhaṃ svaliṅgato vīkṣya upalabhya, snigdhaṃ rūkṣaṃ vā pānānna-
uṣadhaṃ yojayet | etaccobhayamapi sītaṃ-na tūṣṇam, pi-
ttasyātra nityaṃ sannihitatvāt | vātānubandhaṃ vīkṣya 5
snigdhaṃ, kaphānubandhaṃ vīkṣya rūkṣaṃ, cikitsitaṃ
yojyam | vātānubandhakaphānubandhayorlakṣaṇamāha-
§ 14612

4.8.111 Aṣṭāṅgahr̥dayasaṃhitā

śakṛcśayāvaṃ kharaṃ rūkṣamadho niryāti
nānilaḥ | | 95 | |
kaṭyūrugudaśūlaṃ ca heturyadi ca
rūkṣaṇam | | 96 | |
tatrānubandho vātasya śleṣmaṇo yadi viḥ
ślathā | | 96 | |
śvetā pītā guruḥsnigdhā, sapicśaḥ stimito
gudaḥ | | 97 | |
hetuḥ snigdhaḡururvidyādyathāsvaṃ 5
cāsralakṣaṇāt | | 97 | | § 14617

4.8.112 Sarvāṅgasundarā

śakṛcchyāvādiśūlaparyantaṃ lakṣaṇaṃ yadā syāt tatrā-
nubandho vātasyetyavabodhyam | heturyadi rūkṣaṇaṃ-
rūkṣaṇaṃ ceddheturāsevitaḥ śakṛcchyāvādilakṣaṇaṃ co-
tpannaṃ tadā vātānubandhatvaṃ jñeyam | tathaiva vi-
ṭślathādilakṣaṇaṃ snigdhaḡuruṇā ca sevitenā 5
sahitaṃ śleṣmaṇo+anubandhasyānumāpakam | asrasya
lakṣaṇācca-sirāvyadhavidhyuktāt "vātāchchyāvāruṇaṃ" (hr.sū.a.37/40)
ityādikācca lakṣaṇāt, vātasyānubandhaṃ vidyāt | "kaphāt
snigdhaṃ" (hr.sū.a. 37/41) ityādikāllakṣaṇāt kaphasyānu-
bandhaṃ vidyāt | § 14618 10

4.8.113 Aṣṭāṅgahṛdayasaṃhitā

duṣṭe+asre śodhanaṃ kāryaṃ laṅghanaṃ ca
yathābalaṃ | | 98 | | § 14619

4.8.114 Sarvāṅgasundarā

duṣṭe-vātādīdūṣite, asre yathābalaṃ-balānatikrameṇa, ka-
dācillaṅghanaṃ śodhanaṃ ca kāryaṃ | bahudoṣasya śo-
dhanaṃ, itarasya laṅghanaṃ-upavāsalaṅghanaṃ, kāryaṃ |
§ 14620

4.8.115 Aṣṭāṅgahṛdayasaṃhitā

yāvacca doṣaiḥ kālupyam
sruteṣṭāvadupekṣaṇam | | 98 | | § 14621

4.8.116 Sarvāṅgasundarā

yāvacca doṣeṇāsrasya kālūṣyaṃ-anairmalyaṃ sāmadoṣa-
duṣṭatvāt, tāvatsruteḥ prakṛtatvādasasyopekṣaṇam kāryam,-
tathābhūtāyā raktasruteḥ saṅghrahaṇāya yatno na kārya
ityarthaḥ | § 14622

4.8.117 Aṣṭāṅgahṛdayasaṃhitā

doṣāṅgaṃ pācanarthaṃ ca vahnīsandhukṣaṇāya ca | | 99 | |
saṅghrahāya ca raktasya paraṃ
tikṭairupācaret | | 99 | | § 14624

4.8.118 Sarvāṅgasundarā

kālūṣyarahitāyā raktasruteḥ paraṃ-anantaraṃ, doṣāṅgaṃ
sāmānāṃ paktyartha tathā vahneḥ sandhukṣaṇāya tathā
raktasya saṅghrahaṇārthaṃ tikṭaiḥ-tiktarasāghrātaidravyaiḥ,
tamarśasamupācaret, iti sāmānyopakramo raktārśovikāra-
5 śāntyarthamupadiṣṭaḥ | § 14625

4.8.119 Aṣṭāṅgahr̥dayasam̐hitā

yattu prakṣīṇadoṣasya raktaṃ vātolbaṇasya vā | | 100 | |
snehaistatsādhayeddyuktaiḥ
pānābhyañjanabastiṣu | | 100 | | § 14627

4.8.120 Sarvāṅgasundarā

yatpunaḥ prakṣīṇadoṣasya nirāmayasya raktaṃ sravet,
vātādhikasya vā puruṣasya yadraktaṃ sravet, tatsnehaiḥ
pānādiyuktaiḥ-dattaiḥ, cikitset | § 14628

4.8.121 Aṣṭāṅgahr̥dayasam̐hitā

yattu pittolbaṇaṃ raktaṃ gharmakāle pravartate | | 101 | |
stambhanīyaṃ tadekāntāna
cedvātakaphānugam | | 101 | | § 14630

4.8.122 Sarvāṅgasundarā

yatpunaḥ pittolbaṇaṃ raktaṃ grīṣmatau pravartate tadekāntena-
avaśyaṃ, stambhanīyaṃ-nopekṣaṇīyam, śīghrakāritvāt |
kiṃ sarvameva gharmatau raktaṃ stambhanīyam ? netyāha-
na cedvātakaphānugam,-vātakaphānubaddhaṃ tu laṅgh-
anādibhireva cikitseta | § 14631

5

4.8.123 Aṣṭāṅgahr̥dayasam̐hitā

sakaphe+asre pibetpākyam̐ śuṅṭhīkuṭajavalkam | | 102 | |
kirātatikṭakaṃ śuṅṭhīm dhanvayāsam̐
kucandanam | | 102 | |
dārvītvāṅkṣimbasevyāni tvacaṃ vā
dāḍimodbhavām | | 103 | | § 14634

4.8.124 Sarvāṅgasundarā

kaphānugate rakte śuṅṭhīkuṭajabalkalaṃ kvathitaṃ pi-
bet | kirātatiktakādinā(kam) vā kvathitaṃ pibet | athavā,
dāḍimajāṃ tvacaṃ pibet | § 14635

4.8.125 Aṣṭāṅgahr̥dayasaṃhitā

kuṭajatvakphalaṃ tārksyaṃ māksikaṃ
ghuṇavallabhām | | 103 | |
pibettaṇḍulatoyena kalkitaṃ vā
mayūrakam | | 104 | | § 14637

4.8.126 Sarvāṅgasundarā

kuṭajatvacamindrayavān rasāñjanādīṃśca taṇḍulajalena
pibet | ghuṇapiryām(vallabhām)-ativiṣām | athavā, tena-
iva taṇḍulajalena piṣṭamapāmārgaṃ pibet | § 14638

4.8.127 Aṣṭāṅgahr̥dayasaṃhitā

tulāṃ divyāmbhasi pacedārdrāyāḥ kuṭajatvacaḥ | | 104 | |
nīrasāyāṃ tvaci kvāthe
dadyātsūkṣmarajikṛtān | | 105 | |
samaṅgāphalinīmocarasān
muṣṭyaṃśakānsamān | | 105 | |
taiśca śakrayavān pūte tato
darvīpralepanam | | 106 | |
5 paktvā+avalehaṃ līḍhvā ca taṃ yathāgnivalaṃ
pibet | | 106 | |
peyāṃ maṇḍaṃ payasśāgaṃ gabyaṃ vā
śāgadugdhabhuk | | 107 | |
leho+ayaṃ śamayatyāśu
raktātīsārapāyujān | | 107 | |
balavadraktapittaṃ ca sravadūrdhvamadho+api
vā | | 108 | | § 14646

4.8.128 Sarvāṅgasundarā

kuṭajativaca ārdṛāyāstulāṃ divye-āntarikṣe jale, pacet | divi
bhavaṃ divyam, digāditvādyat | etacca dravyaṃ sāmāny-
aparibhāṣāparimāṇakalpanayaiva kvāthasāmānyaparim-
āṇena ca kvathitamekatvaṃ prāptamiti tadapavādārthamāha-
nīrasāyāmityādi | tāvatpacedyāvadeṣā kuṭajasya tvak nī- 5
rasā syāt | nīrasatvaṃ ca prāyeṇāṣṭāmśaśeṣe kvāthe bh-
avati | tasyāṃ ca nīrasāyāṃ satyāṃ yatparimāṇaḥ kvā-
tho+avaśiṣyate tasmin kvāthe ślakṣṇacūrṇīkṛtān samaṅgh-
ādīn suṣṭhyaṃśakān-palaparimāṇān, dadyāt | taiśca sa-
maṅgādibhiḥ sarvaiḥ samānindrayavān dadyāt | tataḥ 10
anantaram, pūtaṃ, darvīpralepanaṃ paktvā liḍhvā ca taṃ-
avalehaṃ, anantaram yathāgnibalambalānusāreṇa, peyā-
dikāṃ pibet | kimbhūtaḥ san ? chāgadugdhabhojanaḥ |
ayaṃ leho raktātīsāraṃ rakārśāsi ca śamayati | raktapittaṃ
ca pravṛddhamūrdhvamadho vā sravat jayet | § 14647 15

4.8.129 Aṣṭāṅgahr̥dayasaṃhitā

kuṭajativak tulāṃ drone pacedaṣṭāmśaśoṣitam | | 108 | |
kalkīkṛtya kṣipettatra tārksyaśailaṃ
kaṭutrayam | | 109 | |
rodhradvayaṃ mocarasam balāṃ dāḍimajāṃ
tvacam | | 109 | |
bilvakarkaṭikāṃ mustaṃ samaṅgāṃ
dhātakīphalam | | 110 | |
palonmitaṃ daśapalaṃ kuṭajasyaiva ca 5
tvacaḥ | | 110 | |
triṃśatpalāni guḍato ghṛtātpūte ca
viṃśatiḥ | | 111 | |
tatpakvaṃ lehatāṃ yātaṃ dhānye pakṣasthitaṃ
lihan | | 111 | |
sarvārśograhaṇīdoṣaśvāsakāsānniyacchati | | 113 | | § 14655

4.8.130 Sarvāṅgasundarā

vatsakatvak tulāṃ jaladrone pcedaṣṭāṃśaśeṣitaṃ yāva-
cca | tatra-āṣṭāṃśaśeṣite kvāthe pūte sati, kalkayitvā tār-
kṣyaśailādīn palapramāṇān kṣipet | evaṃ trikaṭūni | bilv-
akarkaṭikā laghūni bilvaphālānī | kuṭajatvacaśca daśapa-
5 lāni | guḍapalāni trīmśat | ghṛtasya palāni viṃśatiḥ | et-
atsarvaṃ lehatāṃ yātaṃ pakvaṃ sat dhānyarāśimadhye
māsārdhaṃ sthitaṃ taṃ lihan sarvānarśaḥpramṛtīn jayet |
§ 14656

4.8.131 Aṣṭāṅgahr̥dayasaṃhitā

rodhraṃ tilānmocarasaṃ samaṅgāṃ
candanotpalam | | 112 | |
pāyayitvā+a+ajadugdhenā śālīmstenaiva
bhojayet | | 113 | | § 14658

4.8.132 Sarvāṅgasundarā

rodhrādinajādugdhenā pāyayitvā+a+aturaṃ śālīstenāja-
kṣīreṇa bhojayet | etaccopayuktaṃ pūrvaguṇam | § 14659

4.8.133 Aṣṭāṅgahr̥dayasaṃhitā

yaṣṭyāhvapadmakānantāpayasyākṣīramoraṭam | | 113 | |
sasiṭāmadhu pātavyaṃ śītatoyena tena
vā | | 115 | | § 14661

4.8.134 Sarvāṅgasundarā

yaṣṭyāhnādi saśarkarāmākṣikaṃ śītajalena tenājapayasā vā
pātavyam | kṣīramoraṭā-madhurasravā | § 14662

4.8.135 Aṣṭāṅgahr̥dayasaṃhitā

rodhrakaṭvaṅgakuṭajasamaṅgāsālmalītvacam | | 114 | |
himakesarayaṣṭyāhvasevyam vā
taṇḍulāmbunā | | 115 | | § 14664

4.8.136 Sarvāṅgasundarā

lodhrādikaṃ taṇḍulāmbunā raktārśaḥsu pātavyam | ath-
avā, candananāgakesaramadhukośīram taṇḍulāmbasā pā-
tvayam pūrvoktanugūṇam | § 14665

4.8.137 Aṣṭāṅgahr̥dayasaṃhitā

yavānīndrayavāḥ pāṭhā bilvaṃ śuṅṭhī
rasāñjanam | | 115 | |
cūrṇaścale hitaḥ śūle pravṛtte cāti
śoṇite | | 116 | |
dugdhikākaṇṭakārībhyāṃ siddham sarpiḥ
praśasyate | | 116 | |
athavā dhātakīrodhrakuṭajatvakphalotpala-
aiḥ | | 117 | |
sakesarairyavakṣāradāḍimasvarasena 5
vā | | 117 | | § 14670

4.8.138 Sarvāṅgasundarā

yavānyādīnāṃ cūrṇo jalena pīto vāte śūle pravṛtte cātīsa-
yena rakte hitaḥ | dugdhikākaṇṭakārībhyāṃ pakvaṃ sa-
rpirasminviṣaye praśasyate | athavā, dhātakyādibhiḥ si-
ddham ghr̥taṃ hitam | yavakṣāradāḍimasvarasena vā si-
ddham ghr̥taṃ hitam | § 14671 5

4.8.139 Aṣṭāṅgahr̥dayasaṃhitā

śarkarāmbhojakiñjilkasahitaṃ saha vā tilaiḥ | | 118 | |

abhyastaṃ raktagudajān navanītaṃ
niyaśśati | | 118 | | § 14673

4.8.140 Sarvāṅgasundarā

śarkarāpadmakesarasahitamabhyastaṃ-bahūnyahāni bh-
uktaṃ, navanītaṃ raktārśāsi śamayati | tilairvā sahābhv-
astaṃ navanītaṃ raktārśāsi śamayati | § 14674

4.8.141 Aṣṭāṅgahr̥dayasaṃhitā

śāgāni navanītājyākṣīramāṃsāni, jāṅgalaḥ | | 119 | |
anamlo vā kadamlo vā savāstukaraso
rasaḥ | | 119 | |
raktaśāliḥ saro daṅnaḥ ṣaṣṭikastaruṇī
surā | | 120 | |
taruṇaśca surāmaṇḍaḥ śoṇitasyauśadham
param | | 120 | | § 14678

4.8.142 Sarvāṅgasundarā

chāgasambandhīni navanītādīna tathā jāṅgalarasādīni ra-
ktasya paramauśadham | jāṅgalo vā rasaḥ sa-vāstukarasena
vartata iti savāstukarasaḥ, anamlaḥ-amlarahitaḥ, kadamlaḥ-
īśadamlo vā, āmyasto raktagudajānniyachchati | raktaśāliḥ-
5 tājjo bhakta ityārthaḥ | daghnaḥ saro-dapyuttaraḥ | ṣa-
ṣṭiko vrīhiḥ | taruṇī sañjātamadhuraprāyā surā, [taruṇo
surā]maṇḍaśca | etadraktajñālyādi śoṇitasya paramauśa-
dham | § 14679

4.8.143 Aṣṭāṅgahr̥dayasaṃhitā

peyāyūṣarasādyeṣu palāṅḍuḥ kevalo+api vā | | 121 | |
sa jayatyulbaṇaṃ raktaṃ mārutaṃ ca
prayojitaḥ | | 121 | | § 14681

4.8.144 Sarvāṅgasundarā

peyādiṣu prayojitaḥ palāṅḍuḥ, kevalo vā raktamatyulba-
naṃ vātaṃ ca jayati | § 14682

4.8.145 Aṣṭāṅgahr̥dayasaṃhitā

vātolbaṅāni prāyeṇa bhavantyasne+atiniḥsr̥te | | 122 | |
arśāsi tasmādadhikaṃ tajjaye
yatnamācaret | | 122 | | § 14684

4.8.146 Sarvāṅgasundarā

prāyeṇarakte+atisrute vātādhikāni durnāmāni mato bhav-
anti, tasmāddhetostajjaye-pavanaye, yatnaṃ kuryāt | § 14685

4.8.147 Aṣṭāṅgahr̥dayasaṃhitā

dr̥ṣṭvā+asrapittaṃ prabalamabalau ca
kaphānilau | | 123 | |
śītopacāraḥ kartavyaḥ sarvathā
tatpraśāntaye | | 123 | | § 14687

4.8.148 Sarvāṅgasundarā

raktapittaṃ pravṛddhaṃ dr̥ṣṭvā kaphanilau cābalāvupala-
bhya tatpraśāntayartham̐ śītopacāraḥ kartavyaḥ | § 14688

4.8.149 Aṣṭāṅgahr̥dayasaṃhitā

na cedevaṃ śamastasya
snigdhoṣṇaistarpayettataḥ | | 124 | |
rasaiḥ, koṣṇaiśca
sarpirbhiravāpīḍakayojitaiḥ | | 124 | |
secayettaṃ kavosṇaiśca kāmam̐
tailapayoghṛtaiḥ | | 125 | | § 14691

4.8.150 Sarvāṅgasundarā

yadyevaṃ śamo na syāttadā rasaistarpayet | "rasa ityaviśe-
ṣoktau yojyo māṃsabhavo rasaḥ |" kimbhūtaiḥ ? snigdho-
ṣṇaiḥ | tathā, koṣṇairghṛtaiśca punastarpayet | kimbhūtaiḥ
? avapīḍakenarogānutpādanīyoktena (hr̥. sū. a. 4/6), pray-
5 ojitaiḥ | taṃ ca kavoṣṇairiyathāyogaṃ tailapayoghṛtaiḥ se-
cayet | § 14692

4.8.151 Aṣṭāṅgharḍayasamhitā

yavāsakuśakāśānām mūlaṃ puṣpaṃ ca śālmaleḥ | | 125 | |
nyagrodhodumbarāśvatthaśuṅgāśca
dvipalonmitāḥ | | 126 | |
triprasthe salilasyaitatkṣīraprasthe ca
sādhayet | | 126 | |
kṣīraśeṣe kaṣāye ca tasmin pūte
vimiśrayet | | 127 | |
5 kalkīkṛtaṃ mocarasam samaṅgā
candanotpalam | | 127 | |
priyaṅguṃ kauṭajaṃ bījaṃ kamalasya ca
kesaram | | 128 | |
picchābastirayaṃ siddhaḥ
saghṛtakṣaudraśarkaraḥ | | 128 | |
pravāhikāgudabhraṃ
śaraktasrāvajvarāpahaḥ | | 129 | | § 14700

4.8.152 Sarvāṅgasundarā

yavāsādīnām mūlaṃ śālmaleḥ puṣpaṃ tathā nyagrodhā-
dīnām ca śuṅgā etad dravyakadambakaṃ pratyekaṃ dv-
ipalapramāṇaṃ jalaprasthatraye kṣīraprasthe ca pācayet |
kṣīraśeṣe ca kaṣāye tasmin pūte sati kalkīkṛtaṃ mocarasādi
5 miśrayet | mocarasādayo+atra satribhāgamātraśāṅakarṣa-
mātrā grāhyā. (?), bastikalpe kośatakādau niruhe (hr̥. ka.
a. 4/17) viṃśatipalapramāṇe kārṣikāṅameva dravyāṅām-
abhyanuññānāt | ayaṃ picchābastiḥ siddho ghṛtamākṣika-

śarkarānvitāḥ pravāhikādiharāḥ | alpayā mātrayā niruho
bastireva picchābastirucyate | § 14701

4.8.153 Aṣṭāṅgahr̥dayasaṃhitā

yaṣṭyāhvapuṇḍarīkeṇa tathā mocarasādibhiḥ | | 129 | |
kṣīradviguṇitāḥ pakvo deyaḥ
sneho+anuvāsanam | | 130 | | § 14703

4.8.154 Sarvāṅgasundarā

madhuyaṣṭikayā prapaṇḍarīkeṇa tathā mocarasādibhiḥ-
pūrvoktaiḥ (ślo.127) kalkīkṛtaiḥ, kṣīradviguṇitāḥ pakvaḥ
san sneho+anuvāsanam deyaḥ | § 14704

4.8.155 Aṣṭāṅgahr̥dayasaṃhitā

madhukotpalarodhnāmbu samaṅgā
bilvacandanam | | 130 | |
cavikā+ativiṣā mustaṃ pāṭhā kṣāro
yavāgrajaḥ | | 131 | |
dārvītvaṅkṣāgaram māṃsī citrako devadāru
ca | | 131 | |
cāṅgerīsvarase sarpiḥ sādhitam
taistridoṣajit | | 132 | |
arśotisāragrahaṇīpāṇḍurogajvarārucau | | 132 | | 5
mūtrakṛcśre gudabhraṃśe bastyānāhe
pravāhaṇe | | 133 | |
picśāsrāve+arśasāṃ śūle deyaṃ
tatparamauśadham | | 133 | | § 14711

4.8.156 Sarvāṅgasundarā

madhukādidravyaiḥ snehacaturthabhāgapramāṇaiścāṅ-
gerīsvarase ghr̥tāccaturguṇe ghr̥tam sādhitam tridoṣajit |
arśaḥprabhṛtiṣvetad ghr̥tam deyam | yataḥ paramauśa-
dham | § 14712

4.8.157 Aṣṭāṅgahr̥dayasaṃhitā

vyātyāsānmadhurāmlāni śītoṣṇāni ca yojayet | | 134 | |
nityamagnibalāpekṣī jayatyarśaḥkṛtān
gadān | | 134 | | § 14714

4.8.158 Sarvāṅgasundarā

vyatyāsena-viparyayeṇa, madhurānyamlāni ca śītānyuṣṇ-
āni ca nityamagnibalāpekṣī yojayet | evaṃ cārśaḥkṛtāmat-
īsayinīm rujaṃ jayati | § 14715

4.8.159 Aṣṭāṅgahr̥dayasaṃhitā

udāvartārtamabhyajya tailaiḥ śītajvarāpahaiḥ | | 135 | |
susnigdhaiḥ svedayetpiṇḍairvartimasmai gude
tataḥ | | 135 | |
abhyaktāṃ tatkarāṅguṣṭhasannibhāmanuloma-
nīm | | 136 | |
dadyācśyāmātrivṛddantīpippalīnīphalaiḥ | | 136 | |
5 vicūrṇitairdvilavaṇairguḍagomūtrasaṃyutaiḥ | | 137 | |
tadvanmāgadhikārāthagr̥hadhūmaiḥ
sarsāpaiḥ | | 137 | | § 14721

4.8.160 Sarvāṅgasundarā

udāvartenārtam naraṃ tailaiḥ śītajvarāpahaiḥ-tagarāgurukuṅkumādidravyasād-
abhyajya susnigdhaiḥ piṇḍaiḥ svedayet | tataḥ-svedādanantaram,
asmai-udāvartavate, gude+abhyakte+abhyaktāṃ varti da-
dyāt | tatkarāṅguṣṭhasannibhām-āturahastāṅguṣṭhasadr̥śīm |
5 tathā, anulimakarīm dadyāt-kṣipet | kaiḥ kṛtāṃ vartim ?
ityāha śyāmetyādi | śyāmādibhiḥ saindhavākṣalavaṇayu-
ktaiḥ sūkṣmarajīkṛtairguḍagomūtrasaṃyuktaiḥ kṛtāṃ va-
rti kṣipet | tathaiva māgadhikāmadanaphalagr̥hadhūma-
sarsāpairguḍagomūtrānbitairvarti kṣipet | § 14722

4.8.161 Aṣṭāṅgahr̥dayasaṃhitā

eteṣāmeva vā cūrṇaṃ gude nāḍyā
vinirdhamet | | 138 | | § 14723

4.8.162 Sarvāṅgasundarā

athavā, eteṣāmeva-pūrvoktānām, cūrṇaṃ nāḍyā gude vin-
irdhamet | § 14724

4.8.163 Aṣṭāṅgahr̥dayasaṃhitā

tadvighāte sutīkṣṇaṃ tu bastiṃ snigdhaṃ
prapīḍayet | | 138 | |
ṛjū kuryā-daśirāviṇmūtramaruto+asya
saḥ | | 139 | |
bhūyā+anubandhe vātaghnervirecyah
sneharecanaiḥ | | 139 | |
anuvāsyāśca raukṣyāddhi saṅgo
mārutavarcaṣoḥ | | 140 | | § 14728

4.8.164 Sarvāṅgasundarā

tadvivāte-kāryaṃ kartumaśakte tasmimśrūrṇe, basti sni-
gdhaṃ snehabastiṃ, sutīkṣṇaṃ dadyāt | saḥ-bastiḥ, asya-
āturasya, gudaśirāviṇmūtravātānanulomayet | punaran-
ubandhe sati sneharecanairvirecanīyaścānuvāsanīyaśca |
hi-yasmāt, raukṣyāddhetormarutasya purīṣasya ca saṅgo 5
bhavati | § 14729

4.8.165 Aṣṭāṅgahr̥dayasaṃhitā

tripaṭucikaṭuśreṣṭhādantyarūṣkaracitrakam | | 140 | |
jarjaraṃ snehamūtrāktamantardhūmaṃ
vipācayet | | 141 | |

5 śarāvasandhau mṛllipte kṣāraḥ
kalyāṅakāhvayaḥ | | 141 | |
sa pītaḥ sarpiṣā yukto bhakte vā
snigdhabhōjinā | | 142 | |
udāvartavibandhārśogulmapāṇḍūdarakṛmīn | | 142 | |
mūtrasaṅgāśmarīśophahr̥drogagrahaṅgadān | | 143 | |
5 mehaplīharujānāhaśvāsakāsāṃśca
nāśayet | | 143 | | § 14736

4.8.166 Sarvāṅgasundarā

tripaṭvādi jarjarīkṛtaṃ-sūkṣmīkṛtaṃ, snehamūtrābhyāma-
kta mantardhūmaṃ kṛtvā vipācayeccharāvasampute | ata
evāha-śarāvasandhau mṛllipta iti | ayaṃ ca kalyāṅako
nāma kṣāraḥ sarpiṣā pītaḥ snehabhōjinā vā bhakte yuktaḥ
5 sannudāvartādīn nāśayet | § 14737

4.8.167 Aṣṭāṅgahr̥dayasaṃhitā

sarvaṃ ca kuryādyatproktamarśasāṃ
gāḍhavarcaśam | | 144 | | § 14738

4.8.168 Sarvāṅgasundarā

yacca gāḍhavarcaśamarśasāṃ proktaṃ tacca sarvaṃ ku-
ryāt | § 14739

4.8.169 Aṣṭāṅgahr̥dayasaṃhitā

tpādaśeṣe ca tasmin deyā+aśītiruguḍasya pratanukarajaso
vyoṣato+aṣṭau palāni | | 144 | |
plīhagulmodarāṇi | | 144 | | § 14741

4.8.170 Sarvāṅgasundarā

dvayostulayoḥ samāharo dvitulam | pūtikarañjasya tvacastulādvayam-
palaśatadvayam, jaladroṇe pacet | tasmimśca pādaśeṣe sati
guḍasyāśītiḥ palāni kṣeptavyāni | trikaṭukasya sūkṣmacū-
rṇasyāṣṭau palāni deyāni | etatsarvaṃ māsenā śuktaṃ jā- 5
taṃ prabalamagni kurute | ānulomyaṃ kṛtvā gudajādiṃ ja-
yati | sragdharāvṛttam | § 14742

4.8.171 Aṣṭāṅgahr̥dayasaṃhitā

pacettulāṃ pūtikarañjavalkād dve
mūlataścitrakakaṇṭakāryoḥ | | 145 | |
mārdradrākṣābījapūrādrakaiśca | | 147 | |
yuktaṃ kāmam gaṇḍikābhistathekṣoḥ
sarpiḥpātre māsamātreṇa jātam | | 147 | |
cukraṃ krakacamivedaṃ durdāmnāṃ
vahnidīpanaṃ paramam | | 148 | |
pāṇḍugarodaragulmaplīhānāhāśmakṛcchraghnam | | 148 | | § 147

4.8.172 Sarvāṅgasundarā

pūtikarañjatvacastulāmekāṃ dve ca tule citrakakaṇṭakā-
rīmūlayorjaladroṇatraye pacet | pādaśeṣe ca tasmin pūte
guḍasya palaśataṃ dadyāt | upajātivṛttam | trijātakādi sū-
kṣmarajīkṛtaṃ pratyekaṃ palapramāṇaṃ niḥkṣipet | eta- 5
tsarvaṃ cūrṇitaṃ ślakṣṇanapiṣṭaṃ dadyāt | aupacchandasi-
kaṃ vṛttam | etacca śītībhutaṃ sat kṣaudravimśatyopeta-
mārdradrākṣādibhiścopetamikṣugaṇḍikābhiśśca yathecchaṃ
yuktaṃ sarpiḥpātre māsamātreṇa jātaṃ cukramiti vakṣya-
māṇena sambandhaḥ | śuktamidamarśasāṃ krakacamiva-
karapatratulyaṃ, kartanaśaktisāmārthyāt | tathā paraṃ 10
vahnidīpanaṃ pāṇḍhvādighnaṃ ca | śālinīvṛttam, āryā
ca | § 14748

4.8.173 Aṣṭāṅgahr̥dayasaṃhitā

droṇaṃ pīlurasasya vastragalitaṃ nyastaṃ havirbhājane
yuñjīta dvipalairmadāmadhuphalākharjūra-
dhātrīphalaiḥ | | 150 | |
pāṭhāmādrīdurālabhāmlavidulavyoṣatvagelollakaiḥ
spr̥kkākolalavaṅgavellacapalāmūlāgnikaiḥ
pālikaiḥ | | 150 | |
guḍapalaśatarojitaṃ nivāte nihitamidaṃ
prapibaṃśca pakṣamātrāt | | 150 | |
nanalabalaṃ prabalaṃ karoti cāśu | | 150 | | § 14752

4.8.174 Sarvāṅgasundarā

pīluphalānāṃ rasasya droṇaṃ vastrapūtaṃ sarpirbhāṇḍe
nyastaṃ madādibhirdvipalapramāṇaiḥ pāṭhādibhiśca pāl-
ikairyuñjīta | madādhātakī | madhuphalā-drākṣā | mādrī-
reṇukā | vidulo-vetasah | śārdūlavikrīḍitaṃ | tathā guḍa-
5 palaśatena yojitaṃ nivāte dhṛtaṃ pakṣamātrādanantaram
prapibannara idamarśāsi gulmaṃ ca śamayati | drāgagni-
balaṃ ca prakṛṣṭaṃ vidhatte | puṣpitāgrā | § 14753

4.8.175 Aṣṭāṅgahr̥dayasaṃhitā

kaikaśo daśapale daśamūlakumbha pāṭhādvayārkaṇav-
allabhakaṭphalaghnām | | 151 | |
dagdhe srute+anu kalaśena jalena pakve
pādāsthate guḍatulāṃ, palapañcakaṃ
ca | | 151 | |
vahnarmuṣṭī dve yavakṣārataśca | | 152 | |
darvīmālimpan hanti līḍho guḍo+ayaṃ gulma-
plihārśaḥkuṣṭhamehāgnisādān | | 152 | | § 14757

4.8.176 Sarvāṅgasundarā

daśamūlādīnāṃ pratyekaṃ daśapale dagdhe jaladroṇena
srute jale pakve pādaśeṣe cāsmiṃ guḍatulāṃ vyoṣādīnāṃ
ca pratyekaṃ palapañcakaṃ dadyāt | citrakasya paladv-
ayaṃ yavakṣārasya ca paladvayaṃ dadyāt | darvīmāli-

mpan darvīlepī sannayaṃ guḍo līḍho-bhakṣito, gulmā-
dīn parākaroti | vasantatilakaṃ vaiśvadevīyaṃ vṛttaṃ ca |
§ 14758

4.8.177 Aṣṭāṅgahr̥dayasaṃhitā

toyadroṇe citrakamūlatulārdhaṃ sādhyam
yāvātpādadalasthamathedaṃ | | 153 | |
aṣṭau datvā jīrṇaguḍasya palāni kvāthyam
bhuyaḥ sāndratayā samametat | | 153 | |
trikaṭukamisipathyākuṣṭhamustāvarāṅga kṛmiri-
pudahanailācūrṇakīrṇo+avalehaḥ | | 154 | |
jayati gudajakuṣṭhaplihaḥgulmodarāṇi
prabalayati hutāśam
śāśvadabhyasyamānaḥ | | 154 | | § 14762

4.8.178 Sarvāṅgasundarā

toyasya droṇe citrakamūlasya tulārdhaṃ sādhyam yā-
vadaṣṭāṃśaśeṣamidaṃ syāt | tataḥ purāṅgudapalāny-
aṣṭau dattvā punarapi kvāthyam yāvatsāndratvaṃ ga-
tam | "mtau jyo bhadrā vedavasū ca virāmaḥ |" trikaṭ-
ukādicūrṇayukto+ayam leho nityamabhyasyamāno dār- 5
uṇa(durnāma) kuṣṭhādīni jayati | agniṃ ca prakṛṣṭam ku-
rute | mālinīvṛttam | § 14763

4.8.179 Aṣṭāṅgahr̥dayasaṃhitā

guḍavyoṣavarāvellatilāruṣkaracitrakaiḥ | | 155 | |
arsāṃsi hanti gulikā tvagvikāraṃ ca
śīlitā | | 155 | | § 14765

4.8.180 Sarvāṅgasundarā

guḍādibhīrgulikā kṛtā+abhyastā durnāmāni hanti tvagvi-
kāraṃ ca | § 14766

4.8.181 Aṣṭāṅgahr̥dayasaṃhitā

mṛlliptaṃ sauraṇaṃ kandaṃ paktvā+agnau
puṭapākavat | | 156 | |
adyāṭsatailalavaṇaṃ
drunāmavinivṛttaye | | 156 | | § 14768

4.8.182 Sarvāṅgasundarā

sauraṇaṃ kandaṃ mṛdā liptamagnau puṭapākavat pa-
kvaṃ tailalavaṇānvitamaśnīyād durnāmopaśamāya | § 14769

4.8.183 Aṣṭāṅgahr̥dayasaṃhitā

maricapippalināgaracitrakān
kramavivardhitabhāgasamāhṛtān | | 157 | |
śikhicaturguṇasūtaṇayojitān kuru guḍena
guḍān gudajacśidaḥ | | 157 | |
cūrṇikṛtāḥ ṣoḍaśa sūraṇasya
bhāgāstato+ardhena ca citrakasya | | 158 | |
mahauṣadhāddvau maricasya caiko guḍena
durnāmajayāya piṇḍī | | 158 | | § 14773

4.8.184 Sarvāṅgasundarā

maricādīn kramavardhitabhāgān citrakacaturguṇasūraṇa-
yojitān guḍān guḍena kuru guḍānkuracchidaḥ | drutavi-
lambitam | sa0-sūkṣmarajīkṛtāḥ sūraṇabhāgāḥ ṣoḍaśa, ci-
trakabhāgā aṣṭau, nāgarasya dvau, maricasya caiko, guḍ-
5 enaiśaṃ piṇḍī *kṛtā durnāmajayāya syāt | upajativṛttam |
§ 14774

4.8.185 Aṣṭāṅgahr̥dayasaṃhitā

pathyānāgarakṛṣṇākarañjavellāgnibhiḥ
sitātulyaiḥ | | 159 | |

vaḍavāmukha iva jarayati bahugurvapi
bhojanaṃ cūrṇaḥ | | 159 | | § 14776

4.8.186 Sarvāṅgasundarā

pathyādibhiḥ sitātulyaiścūrṇau bahu guru ca bhojanaṃ
vaḍavāmukha iva jarayati | "āryāyāḥ pūrvārdhe yathokt-
amātrādatomayā lakṣma | gītiṃ [tatra] vidhivido vadanti
saṃvīkṣya taditaratrāpi | | " § 14777

4.8.187 Aṣṭāṅgahr̥dayasaṃhitā

kaliṅgalāṅgalīkṣṇāvahnyapāmārgataṅḍulaiḥ | | 160 | |
bhūnimbasaindhavaḡuḍairguḍā
gudajanāśanāḥ | | 160 | | § 14779

4.8.188 Sarvāṅgasundarā

kaliṅgakādibhiringuḍāḥ-vaṭikāḥ, arśoghnāḥ | § 14780

4.8.189 Aṣṭāṅgahr̥dayasaṃhitā

ściribilvamahāpicumandayutān | | 161 | |
pibi saptadināṃ mathitāluḍitān yadi
marditumicśāsa pāyuruhām | | 161 | | § 14782

4.8.190 Sarvāṅgasundarā

saindhavādīni takrāloḍitāni piba yadyarśāsi jighāṃsasi |
"atha toṭakamabdhisakārācitam | " § 14783

4.8.191 Aṣṭāṅgahr̥dayasaṃhitā

śuṣkeṣu bhallātakamagnyamuktaṃ bhaiṣajyamārdreṣu tu
vatsakatvak | | 162 | |
marśaḥsu balyaṃ ca malāpahaṃ
ca | | 162 | | § 14785

4.8.192 Sarvāṅgasundarā

śuṣkeṣvarśaḥsu bhallātakam̐ bhaiṣajyam̐ agnyam̐-pradhānamuditam |
ārdreṣu punararśaḥsu kuṭajatvagbhaiṣajyamagnyam̐ ka-
thitam | sarveṣvarśaḥsu-śuṣkaṣvārdreṣu ca, sarvartuṣu-
sarvakālam̐, kālaśeyam̐-mathaitam̐, agnyam̐ balyam̐-balāvaham̐,
5 malāpaham̐-doṣāpaham̐ ca | indravajrāvṛttam | § 14786

4.8.193 Aṣṭāṅgahr̥dayasaṃhitā

bhittvā vibandhānanulomanāya yanmārutasyāgnibalāya
yacca | | 163 | |
tadannapānauśadhamarśasena sevyam̐,
vivarjyam̐ viparītamasmāt | | 163 | | § 14788

4.8.194 Sarvāṅgasundarā

vibandhān-styānakaphadirupān, bhittvā yat-annapānauśadhamāsevitam̐,
mārutasyānulomanāya-svavartmapravartanāya, tathā yaccāgnibalāya-
agnivardhanāya sampadyate, tadevānnapānauśadham̐ du-
rnāmavatā sevyam | asmāt-yathoktāt, viparītam̐-yadannapānauśadham̐
5 mārutasya vibandhakaramagnisādanam̐ ca tat, tena vivarjya-
na se-vyam | upajātivṛttam | § 14789

4.8.195 Aṣṭāṅgahr̥dayasaṃhitā

arśotisāragrahaṇīvikārāḥ prāyeṇa
cānyonyanidānabhūtāḥ | | 164 | |
sanne+anale santi, na santi dīpte, rakṣedatasteṣu
viśeṣato+agnim | | 164 | |
sthāne+arśaścikitsitam̐ nāmā
ṣṭamo+adhyāyaḥ | | 8 | | § 14792

4.8.196 Sarvāṅgasundarā

arśotisāragrahaṇyonyanidānabhūtāḥ-parasparam̐ hetubh-
ūtāḥ, prāyeṇa-bāhulyena, anale ca sanna ete rogā bhava-

nti | dīpte tvagnau na santi, yatastataḥ-asmātkāraṇāt, teṣu
viśeṣeṣāgni rakṣediti | indravajrāvṛttam | iti śrīmṛgāṅka-
dattaputra śrīmadaruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭī-
kāyāṃ sarvāṅgasundarākhyāyāṃ caturthe cikitsitasthāne+arśa-
ścikitsitaṃ nāmāṣṭamo+adhyāyaḥ samāptaḥ | | 8 | | § 14793 5

4.9 atīsāracikitsitādhyāyaḥ : 9

4.9.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto+atīsāracikitsitaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) atīsāro hi bhūyiṣṭhaṃ
bhavatyāmāśayānvayaḥ | | 1 | |
hatvā+agniṃ vātaje+apyasmātprāk
tasmimlāṅghanaṃ hitam | | 1 | | § 14797

4.9.2 Sarvāṅgasundarā

hi-yasmāt, bāhulyenāgniṃ hatvā-mandīkṛtya, āmāśayānv-
ayo bhavatyatīsāraḥ | asmātkāraṇādasmin-atīsārākhyevyādḥau,
vātaje+api pūrvaṃ laṅghanaṃ hitam | āmāśayo+anvayojanmabhūrutpatt
yasya sa āmāśayānvayaḥ | apisabdātkvacitkaphādije suta-
rāṃ laṅghanaṃ hitamiti dyotayati | laṅghanaśabdena cop- 5
avāsa eveha grhyate, śodhanādīnāṃ laṅghanaṃ nāmavasth-
āvaśāducyamānatvāt | bhūyiṣṭagrahaṇena kvacidbhayajā-
dāvatisāre vyabhicāraḥ, nāsāvāmāśayānvayaḥ | prāggrah-
aṇena nottarakāle laṅghanaṃ hitam | tadā hi rogasvabh- 10
āvāddhāt vapacayo+avaśyaṃbhāvī | laṅghanaṃ api dhāt v-
apacayahetuḥ, atastatrāyuktam | § 14798

4.9.3 Aṣṭāṅgahr̥dayasaṃhitā

śūlānāhaprasekārtam vāmayedatisāriṇam | | 2 | | § 14799

4.9.4 Sarvāṅgasundarā

śulādibhirārtamātisāriṇaṃ vāmayet, na tatra prāg laṅgha-
naṃ hitam | vamaṇaṃ caitatsāmānyaṃ pittajādiṣvapyev-
aṃrūpeṣu cikitsitaṃ bodhyam, na kevalaṃ vātaje | § 14800

4.9.5 Aṣṭāṅgahr̥dayasaṃhitā

doṣāḥ sannicitā ye ca vidagdhāhāramurcśitāḥ | | 2 | |
atīsārāya kalpante teṣūpekṣaiva bheṣajam | | 3 | |
bhr̥sotkleśapravṛtṭeṣu svayameva
calātmasu | | 3 | | § 14803

4.9.6 Sarvāṅgasundarā

ye ca doṣāḥ sannicitāḥ-atīsayena vṛddhiṃ gatāḥ, ta-
thā vidagdhenapakvāpakvarūpeṇa, āhāreṇa mūrśitāḥ-
ekatāṃ prāptāḥ, atīsārāya kalpantesampadyante | teṣu
tathotkleśanaṃ-utkleśākhyavikāraḥ prakaraṇaṃ pratyunmukh-
5 atābījasyāṅkurotpattāvucśūnāvastheva, atīsayenoskleśo bh-
r̥sotkleśastena pravṛttāḥ-atīsāraḥ prakaraṇaṃ prati samudyatā-
steṣu, tathā svayameva-yatnaṃ vinā, calātmasu-calasvabhāveṣu,
teṣu-tathābhūteṣu, upekṣāpathyāśitvena samyak pravarta-
nameva bheṣajam, na tu pācanādikamityarthaḥ | saṅgrah-
10 aṇauśadhaṃ kuṭajavatvāgādikaṃ vyādhipratipakṣabhūtaṃ
kasmādatra na prayujyate ? api cāgnyasaṅgrāhe paṭhiṣyati
(hr̥. u. a. 40/49)- "kuṭajo+atīsāre" iti | tasmādatra saṅgrāha-
uśadhaṃ dātumucitamiti yo manyate taṃ pratyāha- § 14804

4.9.7 Aṣṭāṅgahr̥dayasaṃhitā

na tu saṅgrahaṇaṃ yojyaṃ
pūrvamāmātisāriṇi | | 4 | | § 14805

4.9.8 Sarvāṅgasundarā

saṅgrahaṇaṃ bheṣajaṃ pūrvamāmātisāriṇi puruṣe na yo-
jyam | tuśabdo+avadhāraṇārthaḥ | atra pūrvagrahaṇaṃ
paścādīśadāmātisāriṇidīyamānaṃ yujyata eveti dyotay-
ati | sāme doṣe+atīsārakāriṇi prathamamapi bhedanama-
uśadhaṃ dātuṃ(dattaṃ) viśiṣṭāyāstavasthāyāṃ samāna- 5
kāryamapi kadācidatīsāriṇo guṇāya sampadyate nātīsāra-
pratipakṣabhūtamapi ca saṅgrahaṇamauśadhamiti kṛtvā |
§ 14806

4.9.9 Aṣṭāṅgahrdayasaṃhitā

api cādhmānagurutāsūlastaimityakāriṇi | | 4 | |
prāṇadā prāṇadā doṣe vibaddhe
sampravartinī | | 5 | | § 14808

4.9.10 Sarvāṅgasundarā

vibaddhe-alpālpaṃ kṛtvā pravartamāne, doṣe+ata eva vib-
andhatvādādhmānādikāriṇi tathābhūte+asmindoṣe+asaṅgrahaṇamapat-
prāṇadā-harītakī, prāṇān dadātīti-prāṇadā, bhavatīti | evaṃ
bahudoṣāṇāmātisāriṇāṃ prāyeṇaiṣa upakramo bodhyaḥ |
§ 14809 5

4.9.11 Aṣṭāṅgahrdayasaṃhitā

pibetprakvathitāstoye madhyadoṣo viśoṣayan | | 5 | |
bhūtīkapippalīśuṅṭhīvacādhānyaharītakīḥ | | 6 | |
athavā bilvaghanakāmustanāgaravālakam | | 6 | |
bidapāṭhāvacāpathyākṛmijinnāgarāṇi vā | | 7 | |
śuṅṭhīnanavacāmādrībilvavatsakahiṅgu 5
vā | | 7 | | § 14814

4.9.12 Sarvāṅgasundarā

madhyadoṣo+atisārī bhūtīkādiḥ pibet | kimbhūtāstāḥ ?
toye prakvathitāḥ | nanu, kvathitā ityetāvadevāstu, kiṃ
praśabdena ? brūmaḥ | prakarṣeṇa kvathitāḥ prama-
thyārūpeṇa śṛtāḥ prakvathitā ityasyārthasya pratipāda-
5 nārthaṃ praśabdokāri | pramathyāyāśca tantrāntare la-
kṣaṇamuktam | tathā- "śṛtaḥ kaṣāyo niryūhaḥ kvātho
yūṣo+akṛtaśca saḥ | kṛtayūṣaḥ pramathyā ca dravyātkalkī-
kṛtācchṛtaḥ | |" iti | tadevaṃ dravyaṃ kalkīkṛtya piṣṭvā ya-
tkriyate sa kṛtayūṣo bhaṇyate | sa eva ca pramathyāśabd-
10 avācyāḥ | tasmānmadhyadoṣo+atisārī bhūtīkādīni piṣṭvā
prakarṣeṇa kvāthayitvā pramathyārūpeṇa pibedityavati-
ṣṭhate | muninā+apyuktam (ca. ci. a. 19/22)- "pramathyāṃ
madhyadoṣebhyo dadyāddīpanapācanīm |" iti | kiṃ ku-
rvaṇ pibet ? viśoṣayan,- laṅghayan, prakṛtatvādātmānam-
15 eva | athavā, bilvadhanikādīni pibet | athavā, biḍādīni śu-
ṅṭhyādīni vā pibet | § 14815

4.9.13 Aṣṭāṅgahr̥dayasaṃhitā

śasyate tvalapadoṣāṅāmupavāso+atisāriṇām | | 8 | | § 14816

4.9.14 Sarvāṅgasundarā

alpadoṣāṅāmatisāriṇāmupavāsaḥ śasyate | tuśabdo+avadhāraṇārthaḥ |
atropavāsa evālpadoṣāṅām śasyate na bahudoṣamadhy-
adoṣokto+apara upakramaḥ, sa na tathā teṣāṃ śasyata
iti | sarvamatisāriṇām doṣadeśādyanurodhena kadācila-
5 ṅṅayet | § 14817

4.9.15 Aṣṭāṅgahr̥dayasaṃhitā

vacāpratiṣābhyām vā mustāpaparṭakena vā | | 8 | |
hnīberanāgarābhyām vā vipakvaṃ
pāyayejjalam | | 9 | | § 14819

4.9.16 Sarvāṅgasundarā

tr̥ṣi sañjātāyāṃ doṣadeśādyanurodhena kadācidvacāprati-
viṣābhyāṃ vipakvaṃ jalam pāyayet kadācinmustāparpaṭ-
akena kadācidvālakanāgarābhyāṃ | pāyayedityatra kartr-
abhiprāye kriyāphale parasmaipadam, anyathā "na pāda-
mya" ityādinā parasmaipadanīṣedhaḥ syāt | § 14820

5

4.9.17 Aṣṭāṅgahr̥dayasaṃhitā

yukte+annakāle kṣutkṣāmaṃ laghvannaprati
bhojayet | | 9 | |
tathā sa śīghraṃ prāpnoti rucimagnibalaṃ
balaṃ | | 10 | | § 14822

4.9.18 Sarvāṅgasundarā

yukte-yogyē, annakāle kṣutkṣāmamatisāriṇaṃ laghvann-
apratibhojayet, nāparavyādhyārtamiva laññanocitaṃ sa-
myaglaññanādanantameva bhojayet | api tu samya-
glaññitalakṣaṇotpannamapyatisāriṇaṃ kiñcitkālapatīkṣ-
aṇaṃ kṛtvā bhojayediti kṣāmasābdena dyotayati | alpaṃ 5
laghvannaṃ laghvannaprati, "suppratinā mātrārthe" iti sa-
māso+avyayībhāvaḥ | evaṃ kriyamāṇe saḥ-atisārī, drāg-
eva ruciṃ prāpnoti, tathā vahnibalaṃ dehabalaṃ [ca] |
§ 14823

4.9.19 Aṣṭāṅgahr̥dayasaṃhitā

takreṇāvantisomena yavāgvā tarpaṇena vā | | 10 | |
surayā madhunā vā+atha
yathāsātmyamupācaret | | 11 | | § 14825

4.9.20 Sarvāṅgasundarā

kadācittakreṇa kadācitkāñjikenā kadācitpeyayā kadācitt-
arpaṇena kadācitsurayā | kadācinmārdvīkeṇeti yathāsā-
tmyamupācaret | § 14826

4.9.21 Aṣṭāṅgahr̥dayasaṃhitā

bhojyāni kalpayedūrdhvaṃ grāhidīpanapācanaiḥ | | 11 | |
bālabilvaśaṭhīdhānyahiṅguvr̥kṣāmladāḍimaiḥ | | 12 | |
palāśahapuṣājājīyavānībiḍasaindhavaiḥ | | 12 | |
laghunā pañcamūlena pañcakolena
pāṭhayā | | 13 | | § 14830

4.9.22 Sarvāṅgasundarā

asmātkramādūrdhvaṃ-anantaraṃ, bhojyāni-bhoktavyāni, kalpayedatīsarīṇe |
grāhidīpanapācanaireva saṅgrahaṇāni dīpanāni pācanāni
ca yāni dravyāni tāni sarvāṅyatīsarīṇe pathyānīti | evaṃ
saṅkṣepeṇa sāmānyena cikitsitamuktam | tadeva diṅmā-
5 traṃ darśayati-bāletyādi | balabilvādibhirbhojyāni kalpa-
yet | § 14831

4.9.23 Aṣṭāṅgahr̥dayasaṃhitā

śālīparṇībalābilvaiḥ pṛśniparṇyā ca sādhitā | | 13 | |
dāḍimāmlā hitā peyā kaphapitte
samulbaṇe | | 14 | | § 14833

4.9.24 Sarvāṅgasundarā

śālīparṇyādibhiḥ sādhitā dāḍimāmlā peyā kaphapittādh-
ike hitā | § 14834

4.9.25 Aṣṭāṅgahr̥dayasaṃhitā

abhayāpippalīmūlabilvairvātānulomanī | | 14 | | § 14835

4.9.26 Sarvāṅgasundarā

abhayādibhiḥ peyā vātānulomanī | § 14836

4.9.27 Aṣṭāṅgahr̥dayasaṃhitā

vibaddhaṃ doṣabahulo dīptāgniryo+atisāryate | | 15 | |
kr̥ṣṇāviḍaṅgatriphalākāṣāyaistaṃ
virecayet | | 15 | |
peyāṃ yuñjayādviriktasya vātaghnairdīpanaiḥ
kṛtām | | 16 | | § 14839

4.9.28 Sarvāṅgasundarā

yo bahudoṣo vibaddhaṃ-alpālpam̐ kṛtvā, atisāryate sa kr̥-
ṣṇādikaṣāyairvirecayet | viriktasya ca tasya sataḥ peyāṃ
vātaghnairdīpanaiḥca dravyaiḥ kṛtām̐ yuñjyāt | § 14840

4.9.29 Aṣṭāṅgahr̥dayasaṃhitā

āme pariṇate yastu dīpte+agnāvupaveśyate | | 16 | |
saphenapicchaṃ sarujam̐ savibandham̐ punaḥ
punaḥ | | 17 | |
alpālpamalpaśamalam̐ nirviḍvā
sapravāhikam̐ | | 17 | |
dadhitailaghṛtakṣīraiḥ sa śuñṭhīm̐ saguḍām̐
pibet | | 18 | |
svinnāni guḍatailena bhakṣayedbadarāṇi 5
vā | | 18 | |
gāḍhaviḍvihitaiḥ śākairbahusnehaistathā
rasaiḥ | | 19 | |
kṣudhitam̐ bhojayedenam̐
dadhidāḍimasādhitaiḥ | | 19 | |
śālyodanam̐ tilairmāṣairmudgairvā sādhu
sādhitam̐ | | 20 | |
śaṭhyā mūlakapotāyāḥ pāṭhāyāḥ svastikasya
vā | | 20 | |
sūṣāyavānīkarkāruksīriṇīcirbhaṭasya vā | | 21 | | 10
upodakāyā jīvantyā bākucyā vāstukasya
vā | | 21 | |

suvarcalāyāścuñcorvā loṅikāyā rasairapi | | 22 | |
kūrmavartakalopākaśikhittirikaukkuṭaiḥ | | 22 | | § 14853

4.9.30 Sarvāṅgasundarā

yaḥ-atīsārī, āme pariṇate dīpte+agnau satyupaveśyate sa-
phenapicchaṃ tathā sarujaṃ tathā savibandhaṃ punaḥ
punastathā+alpamalpaṃ tathā+alpapurīṣaṃ nirviḍvā-purīṣarahitam,
tathā sapravāhikaṃmistānikāśahitam | "srute rakte purīṣe
5 ca vāyunā viḍvivarjitam | pravāhiteti vikhyātaṃ yat ph-
enābhaṃ pravartate | |" iti pravāhikālakṣaṇam | ya eva-
mvidho+atīsārī sa dadhitailaghṛtakṣīraiḥ samuditaiḥ śu-
ṅṭhīm saguḍāṃ pibet | athavā, svinnāni badarāṇi guḍatai-
lenāśnīyāt | evaṃ doṣādivaśācchuṅṭhīm pāyayitvā kadācit
10 pūrvoktāni badarāṇi bhakṣayitvā+anantaraṃ kṣudhitam-
atisañjātabubhukṣaṃ, enaṃ-atīsāriṇaṃ, gāḍhaviḍvihitaiḥ-
vāstukādibhiḥ, śākaistathā māṃsarasaibahusnehairda-
dhidāḍimasamskṛtaiḥ śālyodanaṃ bhojayet | athavā tila-
irmāṣairmudgairvā sādhu-śobhanaṃ kṛtvā, sādhitam śā-
15 lyodanaṃ bhojayet | mūlakapotā-laumūlakaṃ potikāsa-
mṛjṇaṃ deśāntare prasiddhaṃ kurukṣetrādaḥ deśe | atra
bhāṣyaṃ kiyat tyaktam | § 14854

4.9.31 Aṣṭāṅghṛdayasaṃhitā

bilvamustākṣibhaiṣajyadhākīpuṣpanāgaraiḥ | | 23 | |
pakvātīsārajittakre yavāgūrdādhikī tathā | | 23 | |
kapitthakacśurāphañjīyūthikāvaṭaśolujaiḥ | | 24 | |
dāḍimīśanakārpāsīśālmalināṃ ca
pallavaiḥ | | 24 | | § 14858

4.9.32 Sarvāṅgasundarā

bilvādibhistakre siddhā yavāgūḥ pakvātīsārajit | dādhik-
īti | kapitthādijaiḥ pallavairdāḍimādīnāṃ ca pallavairda-
dhni siddhā dādhikī yavāgūḥ | tathā-pakvātīsārajit | § 14859

4.9.33 Aṣṭāṅgahr̥dayasaṃhitā

kalko bilvaśalāṭūnāṃ tilakalkaśca tatsamaḥ | | 25 | |
dadhnaḥ saro+amlaḥ sasnehaḥ khalo hanti
pravāhikām | | 25 | | § 14861

4.9.34 Sarvāṅgasundarā

tathā bilvaśalāṭūnāṃ-stokakālajātānāṃ laghūnāṃ bilvā-
nāṃ, kalkaḥ | tathā tilakalkastatsamo-bilvaśalāṭusamaḥ |
tathā dadhnaḥ saro+amlo-na madhuraḥ, sasneho-deśādyanurodhāddhṛtā
snehena yathāyatham yuktaḥ | ayam khalāḥ siddhaḥ pra-
vāhikām hanti | § 14862

5

4.9.35 Aṣṭāṅgahr̥dayasaṃhitā

maricaṃ dhanikā+ajājī tittiḍīkaṃ śaṭhī biḍam | | 26 | |
dāḍimaṃ dhātakī pāṭhā triphalā
pañcakolakam | | 26 | |
yāvaśūkaṃ kapitthāmrajabūmadhyaṃ
sadīpyakam | | 27 | |
piṣṭaiḥ ṣaṅguṇabilvaistairdadhni mudgarase
guḍe | | 27 | |
snehe ca yamake siddhaḥ
khalo+ayamaparājitaḥ | | 28 | |
dīpanaḥ pācano grāhī rucyo
bimbiśināśanaḥ | | 28 | | § 14868

5

4.9.36 Sarvāṅgasundarā

maricādibhiḥ piṣṭaiḥ ṣaḍguṇaṃ bilvaṃ-bilvamajjā, ye-
ṣāṃ maricādīnāṃ taiḥ siddhaḥ | tathā paripakvaśca da-
dhni tathā mudgarase guḍe tathā yamake ca snehe | kh-
alo+ayamaparājito nāma dīpanādiguṇaḥ | bimbiśināśanaḥ-
pravāhikāghnaḥ | § 14869

5

4.9.37 Aṣṭāṅgahr̥dayasaṃhitā

kolānāṃ bālabilvānāṃ kalkaiḥ śāliyavasya ca | | 29 | |
mudgamāṣatilānāṃ ca dhānyayūṣaṃ
prakalpayet | | 29 | |
ekadhyaṃ yamake bhr̥ṣṭaṃ
dadhidāḍimasārikam | | 30 | |
varcaḥkṣaye śuṣkamukhaṃ śālyannaṃ tena
bhojayet | | 30 | |
5 dadhnaḥ saraṃ vā yamake bhr̥ṣṭaṃ
saguḍanāgaram | | 31 | |
surāṃ vā yamake bhr̥ṣṭāṃ vyañjanārthaṃ
prayojayet | | 31 | |
phalāmlaṃ yamake bhr̥ṣṭaṃ yūṣaṃ
gr̥ñjanakasya vā | | 32 | |
bhr̥ṣṭānvā yamake saktun
svādehyoṣāvacūrṇitān | | 32 | |
māṣān susiddhāṃstadvadvā
ṛtamaṇḍopasevanān | | 33 | |
10 rasaṃ susiddhapūtaṃ vā
chāgameṣāntarādhiyam | | 33 | |
paceddāḍimasārāmlaṃ
sadhānyasnehanāgaram | | 34 | |
raktaśālyodanaṃ tena bhuñjānaḥ prapibaṃśca
tam | | 34 | |
varcaḥkṣayakṛtairāśu vikāraiḥ
parimucyate | | 35 | | § 14882

4.9.38 Sarvāṅgasundarā

kolādīnāṃ kalkaiḥ śāleryavasya ca kalkairmudgādīnāṃ
cakalkairekadhyaṃ-vyatimiśraṃ, dhānyayūṣaṃ prakalp-
ayet | kimbhūtaṃ ? yamake bhr̥ṣṭaṃ tathā dadhidāḍim-
asārikam | varcaḥkṣaye-purīṣakṣaye sati, śuṣkamukhaṃ-
5 mukhaśoṣopadravānvitamatīsāriṇaṃ, tena-yūṣeṇa, śāly-
annaṃ bhojayet | śāligrahaṇeṇa raktaśālyādināṃ grah-
aṇaṃ | athavā, dadhnaḥ saraṃ yamake pakvaṃ gu-

ḍanāgarasahitaṃ vyañjanārthaṃ prakalpayet | athavā,
yamake bhr̥ṣṭāṃ surāṃ vyañjanārthaṃ prakalpayet |
athavā gr̥ñjanakasya-haritakaviśeṣasya, yūṣaṃ phalaiḥ-
dāḍimādibhiramlaiḥ, amlaṃ-amlīkṛtaṃ, vyañjanārthaṃ
prakalpayet | yamake snehadvaye, vā saktūn bhr̥ṣṭān vy- 5
oṣāvacūrṇitān bhakṣayet | tathaiva māṣān susvinnān gh-
ṛtamaṇḍopasevanān khādet | athavā, chāgameṣayoranta-
rādhijaṃ rasaṃ susiddhapūtaṃ śobhanaṃ kṛtvā pūrvam
siddham paścātpūtaṃ-nirmalīkṛtaṃ, tathā dāḍimasāreṇā-
mlaṃ dhānyakasnehaśuṅṭhīyutaṃ vyañjanārthaṃ pacet | 10
tena rasena raktaśālyannaṃ bhuñjānastamevamāṃsara-
saṃ prapiban varcaḥkṣayakṛtairvikāraiḥ-"purīṣe vāyura-
ntrāṇi" (hr̥. sū. a. 11/21) ityādibhiḥ sutrasthānoditaiḥ, mu-
cyate | pravāhikā varcaḥkṣaye sati syāt | tasmāttayā+api
mucyate | § 14883 15

4.9.39 Aṣṭāṅgahr̥dayasaṃhitā

bālabilvaṃ guḍaṃ tailaṃ pippalīm
viśvabheṣajam | | 35 | |
lihyādvāte pratihate saśūlaḥ
sapravāhikaḥ | | 36 | | § 14885

4.9.40 Sarvāṅgasundarā

vāte pratihate pravāhikāśūlavān bālabilvādikaṃ lihyāt |
§ 14886

4.9.41 Aṣṭāṅgahr̥dayasaṃhitā

valkalaṃ śābaram puṣpaṃ dhātakyābadarīdalam | | 36 | |
pibeddadhisararakṣaudrakapitthasvarasāplutaṃ | | 37 | | § 14888

4.9.42 Sarvāṅgasundarā

rodhratvak dhātakīpuṣpaṃ badarīpatrametat dadhisarādibhirāplutaṃ-
āloḍitaṃ, pibet | § 14889

4.9.43 Aṣṭāṅgahr̥dayasaṃhitā

vibaddhavātavarcaṣṭu bahuśūlapravāhikaḥ | |37| |
saraktapicśastr̥ṣṇārtah
kṣīrasauhityamarhati | |38| |
yamakasyopari kṣīraṃ dhāroṣṇaṃ vā
prayojayet | |38| |
śṛtameraṇḍamūlena bālabilvena vā
punaḥ | |39| | § 14893

4.9.44 Sarvāṅgasundarā

vibaddhe vātavarcaṣī yasya, tathā prabhute śūlapravāh-
ike yasya, tathā saharaktena picśayā ca yo vartate, ta-
thā tr̥ṣṇayā+a+artah, evaṃvidho naraḥ kṣīrasauhityaṃ-
dugdhatṛptiṃ, arhati | athavā, yamakam pītvā+anu dhā-
5 roṣṇaṃ kṣīraṃ prayojayet | eraṇḍamūlena vā śṛtam bālab-
ilvena vā śṛtam kṣīraṃ prayojayet | § 14894

4.9.45 Aṣṭāṅgahr̥dayasaṃhitā

payasyutkvāthya mustānāṃ viṃśatiṃ
triguṇe+ambhasi | |39| |
kṣīrāvaśiṣṭam tatpītam hanyādāmaṃ
savedanam | |40| | § 14896

4.9.46 Sarvāṅgasundarā

kṣīre triguṇe+ambhasi mustāviṃśatiṃ prakvāthya kṣīrā-
vaśiṣṭam pītamāmaṃ sarujam hanyāt | atra ca viṃśatibh-
irmustaiḥ prāyeṇa palam bhavati | sāmānyakalpanayā ca
5 mustāpalam ṣoḍaśabhirdravapalairutkvāthya catvāri pa-
lāni caturbhāgāvaśeṣatayā kāryāṇi | tadevaṃ kṣīrapalāni
catvāri pānīyapalāni dvādaśa mustāviṃśatiṃ datvā kṣīrā-
vaśiṣṭam peyamityayamatra kvāthakramo vedyah | § 14897

4.9.47 Aṣṭāṅgahr̥dayasaṃhitā

pippalyāḥ pibataḥ sūkṣmaṃ rajo maricajanma vā | | 40 | |
cirakālānuṣaktā+api naśyatyāśu
pravāhikā | | 41 | | § 14899

4.9.48 Sarvāṅgasundarā

pippalyāḥ sūkṣmaṃ cūrṇaṃ jalena pibato maricasya vā sū-
kṣmaṃ cūrṇaṃ jalena pibato bahukālānuṣaktā+api pravā-
hikā naśyati | § 14900

4.9.49 Aṣṭāṅgahr̥dayasaṃhitā

nirāmarūpaṃ śulārtam laṅghanādyaiśca karṣitam | | 41 | |
rūkṣakoṣṭhamapekṣyāgniṃ sakṣāram pāyayed
ghṛtam | | 42 | | § 14902

4.9.50 Sarvāṅgasundarā

nirāmarūpaṃ tathā śulena pīditam laṅghanādyaiḥ karṣi-
tam tathā rūkṣakoṣṭham vahnimapekṣya kṣārasahitam gh-
ṛtam pāyayet | § 14903

4.9.51 Aṣṭāṅgahr̥dayasaṃhitā

siddham dadhisurāmaṇḍe daśamūlasya cāmbhasi | | 42 | |
sindhūtthapañcakolābhyāṃ tailam
sadyortināśanam | | 43 | | § 14905

4.9.52 Sarvāṅgasundarā

dadhisurāmaṇḍe daśamūlakvāthe ca saindhavapañcakol-
akalkena tailam siddham sadyo rujāpaham | § 14906

4.9.53 Aṣṭāṅgahr̥dayasaṃhitā

ṣaḍbhiḥ śuṅṭhyāḥ palairdvābhyāṃ dvābhyāṃ
granthyaṅnisaindhavāt | | 43 | |
tailaprasthaṃ paceddadhñā
niḥsāra karujāpaham | | 44 | | § 14908

4.9.54 Sarvāṅgasundarā

śuṅṭhīpalaiḥ ṣaḍbhiḥ pippalīmūlapaladvayena citrakap-
aladvayena saindhavapaladvayena ca tailaprasthaṃ da-
dhñā pacet | tanniḥsāra karujāpaham | § 14909

4.9.55 Aṣṭāṅgahr̥dayasaṃhitā

ekato māṃsadugdhājyaṃ purīṣagrahaśūlajit | | 44 | |
pānānuvāsanābhyaṅgaprayuktaṃ
tailamekataḥ | | 45 | |
taddhi vātajitāmagryaṃ śūlaṃ ca
viguṇo+anilaḥ | | 45 | | § 14912

4.9.56 Sarvāṅgasundarā

ekataḥ-ekasmin purīṣagrahaśūlajittvapakṣe, māṃsadugdh-
ājyaṃ trayametāt prayuktaṃ purīṣagrahaśūlajit | ekataḥ-
ekasmin śūlajittvapakṣe, pānānuvāsanābhyaṅgaiḥ pray-
uktaṃ tailaṃ purīṣagrahaśūlajit 'sampadyate' iti vāky-
5 aśeṣaḥ | kathamevam ? ityāha-taddhītyādi | tat-tailaṃ,
yasmātsarveṣāṃ vātajitāmagryaṃ-pradhānam | śūlaṃ ca
viguṇo+anilaḥ-prakupitaḥ pavano, nāparaḥ kaścit | śūlān-
ilayoḥ kāryakāraṇabhāvāhyatireke satyapī śūlasya vātakā-
ryasya vātaprakope satyavinābhāvitvaṃ sūcayitvaṃ śūlaṃ
10 ca viguṇo+anila ityevamuktam | kupitaścedvāyurutpann-
ameva śūlamityarthaḥ | § 14913

4.9.57 Aṣṭāṅgahr̥dayasaṃhitā

dhātvantaropamardeddhāścalo vyāpī
svadhāmagah | |46| |
tailaṃ mandānalasyāpi yuktyā śarmakaraṃ
param | |46| |
vāyvāśaye sataile hi bimbisī
nāvatiṣṭhate | |47| | § 14916

4.9.58 Sarvāṅgasundarā

vāyumapekṣyānye pittaśleṣmādayo-dhātvantarāḥ, teṣāmupamardaḥ-
anyathābhāvaḥ, tena iddhaḥ-uddhataḥ, calo-vāyvākhyāḥ,
sa vyāpī-sakalaśarīravāpanaśīlo+api, svadhāmagah-pakvāśayasthaḥ,
tatrādhikyena tasya vṛtteḥ, asyāmvasthāyāmasyātīsārī-
nastailaṃ mandānalasyāpi yuktyā-yogaviśeṣeṇa, paraṃ- 5
atīśayena, śarmakaram, rogasya duḥkhahetoḥ śamanāt |
apiśabdātkimudīptāgneratīsārīṇo na sukhakaraṃ bhav-
ati ? atraiva hetumāha-vāyvāśaye-pakvāśayākhye, sataile
bimbisī-pravāhikā, nāvatiṣṭhateṣṭhitim na prāpnoti | § 14917

4.9.59 Aṣṭāṅgahr̥dayasaṃhitā

kṣīṇe male svāyatanacyuteṣu doṣāntareṣvīraṇa
ekavīre | |47| |
ko niṣṭananprāṇiti koṣṭhaśūlī
nāntarbahistailaparo yadi syāt | |47| | § 14919

4.9.60 Sarvāṅgasundarā

male-purīṣākhye, kṣīṇe tathā doṣāntareṣu-vātavivarjiteṣu
pittakaphādiṣu, āyatanacyuteṣu-svādhārabhraṣṭeṣu, vya-
ktyapekṣayā bahuvacanam, īraṇe-vāyau, ekavīre-ekanāyake,
śeṣadoṣāṇaṃ svasthānabhraṣṭatvātko+atīsārī niṣṭanan-pravāhikāṃ
kurvan, prāṇiti ?-na kaścijjīvati | yadi nāntarbahih-ubhayatraṣ
pānānuvāsanābhyaṅgaiḥ, tailaparaḥ-atīśayena tailasaivī,
na syāt | ākrandanapūrvam saśūlamupaveśanaṃ-niṣṭhanannucyate |
indravajrāvṛttam | § 14920

4.9.61 Aṣṭāṅgahr̥dayasaṃhitā

gudarugbhraṃśayoryuñjyātsakṣīraṃ sādhitam
haviḥ | | 48 | |
rase kolāmlacāṅgeryordadhni piṣṭe ca
nāgare | | 49 | | § 14922

4.9.62 Sarvāṅgasundarā

gudaruji gudabhraṃśe ca ghr̥tam sakṣīraṃ kolādirase da-
dhni nāgare ca kalkite pakvaṃ yuñjyāt | atra ca kṣīraṃ sa-
rpiḥpramāṇam ghr̥tātkolādirasādikaṃ caturguṇam śuñṭh-
ītaścaturguṇam ghr̥tamiti pākakramaḥ | § 14923

4.9.63 Aṣṭāṅgahr̥dayasaṃhitā

taireva cāmlaiḥ saṃyojya siddham
suslakṣṇakalkitaiḥ | | 49 | |
dhānyoṣaṇabidājājīpañcakolakadāḍimaiḥ | | 50 | | § 14925

4.9.64 Sarvāṅgasundarā

taireva- pūrvoktaiḥ kolādibhiramlaiḥ, saṃyojya sūkṣm-
arajīkr̥taiṣca dhānyakādibhiḥ siddham ghr̥tam pūrvagu-
ṇam | § 14926

4.9.65 Aṣṭāṅgahr̥dayasaṃhitā

yojayetsnehabastiṃ vā daśamūlena sādhitam | | 50 | |
śaṭhīśatāhvākuṣṭhairvā vacayā citrakeṇa
vā | | 51 | | § 14928

4.9.66 Sarvāṅgasundarā

gudaśūlī ca daśamūlena sādhitam haviḥ-ghr̥tam, snehaba-
stiṃ vā yojayet | śaṭhyādibhirvā sādhitam vacayā vā sādhi-

itaṃ citrakeṇa vā sādhitam yojayet | tacca pūrvagaṇam |
§ 14929

4.9.67 Aṣṭāṅgahr̥dayasaṃhitā

pravāhaṇe gudabhraṃśe mūtrāghāte kaṭigrahe | | 51 | |
madhurāmlaiḥ śṛtaṃ tailaṃ ghṛtaṃ
vā+apyanuvāsanam | | 52 | | § 14931

4.9.68 Sarvāṅgasundarā

pravāhaṇādiṣu madhurāmlaiḥ śṛtaṃ tailaṃ ghṛtaṃ vā+anuvāsanam
yojayet | § 14932

4.9.69 Aṣṭāṅgahr̥dayasaṃhitā

praveśayehgudaṃ dhvastamabhyaktaṃ sveditaṃ
mṛdu | | 52 | |
kuryācca goḥphaṇābandham madhyacśidreṇa
carmaṇā | | 53 | | § 14934

4.9.70 Sarvāṅgasundarā

gudaṃ dhvastaṃ sadhabhyaktaṃ sveditaṃ ca mṛdu kṛ-
tvā+antaḥ praveśayet | goḥphaṇābandham carmaṇā ma-
dhyacśidravatā kuryāt | § 14935

4.9.71 Aṣṭāṅgahr̥dayasaṃhitā

pañcamūlasya mahataḥ kvāthaṃ kṣīre vipācayet | | 53 | |
unduraṃ cāntrarahitaṃ tena
vātaghnakalkavat | | 54 | |
tailaṃ pacedgudabhraṃśaṃ pānābhyaṅgena
tadjayet | | 54 | | § 14938

4.9.72 Sarvāṅgasundarā

mahataḥ pañcamūlasya-bilvādeḥ kvāthaṃ tailasamaṃ
kṛtvā kṣīre vipācayet | undurum cāntrarahitaṃ tasm-
inneva kṣīre vipācayet | tenaiva kṣīreṇ taireṇa tailaṃ
pacet | kimbhūtaṃ? vātaghnakalkavat | vātaghnānāṃ-
5 rāsnairaṇḍādīnāṃ kalkaḥ, sa yasyāsti vātaghnakalka-
vat | unduroratra rāsnādyaghurutānusāreṇa pramāṇaṃ ni-
rupya kāryam | tatraivaṃ paṭhyate (carake ci.a.18/42)-
"tulārdhaṃ cājamāṃsasya" iti | evaṃ māyurādiṣvapi gh-
ṛteṣu (hr̥.u.a.24/47) mayūrādīnāṃ pramāṇaṃ cintyam |
10 tena tailaṃ pacediti vacanācca kṣīraṃ tailāccaturgu-
ṇaṃ kāryam | atra dravasyāparasyābhāvāttailācca dra-
vaṃ caturguṇaṃ kāryamiti pākakramaḥ | tasmānnānya-
snehavadatra kṣīraṃ grāhyam | anyatra hyevamadhītam-
"dravyāccaturguṇaḥ snehaḥ snehātkvāthaścaturguṇaḥ |
15 kṣīraṃ snehasamaṃ" iti | bahukṣīratvena vātakāryasya
gudabhraṃśākhyasya śīghraṃ śamaṃ karoti, iti caturgu-
ṇamevātra kṣīraṃ nyāyāyam | § 14939

4.9.73 Aṣṭāṅgahr̥dayasaṃhitā

paitte tu sāme tīkṣṇoṣṇavarjyaṃ prāgiva
laṅghanam | | 55 | | § 14940

4.9.74 Sarvāṅgasundarā

paitte tvatīsāre sāme prāgiva-yathā vātātīsāre pūrvaṃ la-
ṅghanaṃ śarīralāghavaṃ kartuṃ yatkarma dravyaṃ vā
nirdiṣṭaṃ tatsarvaṃ, tīkṣṇoṣṇavarjyaṃ 'asmin kāryam' iti
śeṣaḥ | § 14941

4.9.75 Aṣṭāṅgahr̥dayasaṃhitā

tr̥dvān pibet ṣaḍaṅgāmbu sabbhūnimbaṃ
sasārivam | | 55 | |

peyādi kṣudhitasyānnamagnisandhukṣaṇaṃ
hitam | | 56 | |

br̥hatyādigaṇābhīrudvibalāsūrpaparṇibhiḥ | | 56 | | § 14944

4.9.76 Sarvāṅgasundarā

sa pittātīsārī tr̥ḍvān ṣaḍaṅgāmbu-jvaracikitsitoktaṃ (hr̥.
ci. a. 1/15), bhūnimbasārivābhyāṃ sahitaṃ pibet, ardh-
amaṣṭāṅgajalaṃ tena peyamityavatiṣṭhate | kṣudhitasya-
atīśayena bubhukṣitasya, peyādyannamagnisandhukṣa-
ṇaṃ hitam | [kimbhūtam ?] br̥hatyādinā gaṇenābhīruṇā 5
tathā balādvayena sūrpaparṇīdvayena ca sādhitam | § 14945

4.9.77 Aṣṭāṅgahr̥dayasaṃhitā

pāyayedanubandhe tu sakṣaudraṃ

taṇḍulāmbhasā | | 57 | |

kaṭujasya phalaṃ piṣṭaṃ savalkaṃ

saghuṇapriyam | | 57 | |

pāṭhāvatsakabījatvagdārvīgranthikaśuṅṭhi

vā | | 58 | |

kvātham

vā+ativiṣābilvavatsakodīcyamustajam | | 58 | |

athavā+ativiṣāmūrvānīsendrayavatārksyajam | | 59 | |

samadhvativiṣāśuṅṭhīmustendrayavakaṭphalam | | 59 | | § 14951

4.9.78 Sarvāṅgasundarā

evaṃ laṅghanapeyādike kṛte+apyanubandhe+atīsārasya
sati, tamatīsāriṇaṃ kuṭajasya phalaṃ-śakrayavākhyam, pi-
ṣṭaṃ savalkaṃ-prakṛttvāttasyaiva kuṭajasya tvacā yuktaṃ,
tathā saghuṇapriyam tathā sakṣaudraṃ taṇḍulāmbhasā 5
pāyayet | athavā, pāṭhādipiṣṭaṃ taṇḍulāmbhasā sakṣau-
draṃ tamatīsāriṇaṃ pāyayet | athavā, kvāthamativiṣād-
ijaṃ taṃ pāyayet | athavā, ativiṣāmūrvādijaṃ pāyayet |
tārksyam-rasāñjanam | samadhvityādi | samākṣikamativ-
iṣādikaṃ kvāthīkṛtaṃ vā pāyayet | § 14952

4.9.79 Aṣṭāṅgahr̥dayasaṃhitā

palaṃ vatsakabījasya śrapayitvā rasaṃ pibet | | 60 | |
yo rasāśī jayecśīghraṃ sa paittaṃ
jaṭharāmayam | | 60 | |
mustākaśāyamevaṃ vā
pibenmadhusamāyutam | | 61 | |
sakṣaudraṃ śālmalīvr̥ntakaśāyaṃ vā
himāhvayam | | 61 | | § 14956

4.9.80 Sarvāṅgasundarā

vatsakabījasya vā palaṃ jalena kvāthayitvā tadrasaṃ yo
māṃsarasāśī san pibet sa pittajamatīsāraṃ jayet | evaṃ
prāgvat, mustākaśāyaṃ-mustānāṃ palaṃ śrapayitvā, ma-
dhusamāyutam rasāśī san kvāthaṃ pibet sa paittaṃ jaṭh-
5 arāmayam jayet | śālmalīvr̥ntakaśāyaṃ vā himāhvayaṃ-
śītakaśāyaṃ, sakṣaudraṃ vā pibet | § 14957

4.9.81 Aṣṭāṅgahr̥dayasaṃhitā

kirātatikṭakaṃ mustaṃ vatsakaṃ sarasāñjanam | | 62 | |
kaṭaṅkaṭerī hrīberaṃ bilvamadhyaṃ
durālabhā | | 62 | |
tilā mocarasam rodhnaṃ samaṅgā
kamalotpalam | | 63 | |
nāgaraṃ dhātakīpuṣpaṃ dāḍimasya
5 tvagutpalam | | 63 | |
ardhaślokaīḥ smṛtā yogāḥ
sakṣaudrāstaṇḍulāmbunā | | 64 | | § 14962

4.9.82 Sarvāṅgasundarā

kirātatikṭkādayaścatvāro yogā ardhaślokaīḥ smṛtāḥ samākṣ-
ikāstaṇḍulajalena vojyāḥ | § 14963

4.9.83 Aṣṭāṅgahr̥dayasaṃhitā

niśendrayavarodhnailākvāthaḥ pakvātisārajit | | 64 | | § 14964

4.9.84 Sarvāṅgasundarā

niśādikvāthaḥ pakvātisārajit | § 14965

4.9.85 Aṣṭāṅgahr̥dayasaṃhitā

rodhrāmbaṣṭhāpriyaṅgvādigaṇāmstadvat pṛthak
pibet | | 65 | | § 14966

4.9.86 Sarvāṅgasundarā

rodhrādīn gaṇān pṛthak [tadvat-] samākṣikāmstathaiva ta-
ṇḍulāmbhasā, pibet | § 14967

4.9.87 Aṣṭāṅgahr̥dayasaṃhitā

kaṭvaṅgavalkayaṣṭyāhvaphalinīdāḍimaṅkuraiḥ | | 65 | |
peyāvilepīkhalakān
kuryātsadadhidāḍimān | | 66 | |
tadvaddadhitthabilvāmrajabumadhyaiḥ
prakalpayet | | 66 | | § 14970

4.9.88 Sarvāṅgasundarā

kaṭvaṅgatvagādibhiḥ peyādīn sadadhidāḍimān kuryāt |
tathaiva dadhitthādibhiḥ peyādīn sadadhidāḍimān kalp-
ayet | dadhitthaḥ-kapitthaḥ | § 14971

4.9.89 Aṣṭāṅgahr̥dayasaṃhitā

ajāpayaḥ prayoktavyaṃ nirāme, tena cecśamaḥ | | 67 | |
doṣādhiḱyāna jāyeta balinaṃ taṃ
virecayet | | 67 | | § 14973

4.9.90 Sarvāṅgasundarā

ajāpayaḥ pathyaṃ nirāme smṛtam | tena-ajākṣīreṇa, yadi
doṣādhiḱyāddhetoḥ śamo na bhavet tadā taṃ balavantaṃ
virecayet-na durbalam | § 14974

4.9.91 Aṣṭāṅgahr̥dayasaṃhitā

vyatyāseṇa śakṛdraktaṃ upaveśyeta yo+api vā | | 68 | |
palāśaphalaniryūhaṃ yuktaṃ vā payasā
pibet | | 68 | |
tato+anu koṣṇaṃ pātavyaṃ kṣīrameva
yathābalaṃ | | 69 | |
pravāhite tena male
praśāmyatyudaramayaḥ | | 69 | | § 14978

4.9.92 Sarvāṅgasundarā

vyatyāsaḥ-parasparakṣepaṇam, śakṛdraktaṃ kṣīpati ra-
ktaṃ śakṛtkṣīpatyevaṃ vyatyāsaḥ, tena ya upaveśyeta
sa palāśaphalakvāthaṃ kevalaṃ pibedathavā payasā yu-
ktaṃ | tataḥ-tatkaśāyaṃ pītvā+anantaraṃ, koṣṇaṃ kṣīra-
5 meva yathā-balaṃ-balānatikrameṇa, peyam | tenakṣīreṇa,
male pravāhite-niḥsārite sati, atisāraḥ śāmyati | § 14979

4.9.93 Aṣṭāṅgahr̥dayasaṃhitā

palāśavatprajojyā vā trāyamāṇā viśodhanī | | 70 | | § 14980

4.9.94 Sarvāṅgasundarā

palāśaṃ yathā tathā trāyamāṇā viśodhanāya prayojyā |
§ 14981

4.9.95 Aṣṭāṅgahr̥dayasaṃhitā

saṃsargyāṃ kriyamāṇāyāṃ śūlaṃ
yadyanuvartate | |70| |
srutadoṣasya taṃ śīghraṃ
yathāvahnyanuvāsayet | |71| | § 14983

4.9.96 Sarvāṅgasundarā

srutadoṣasya-apacitamalasyātīsāriṇaḥ, saṃsargyāṃ kriyamāṇāyāṃ-
peyādike krame vidhīyamāne, yadi śūlamanuvartatenirvr̥-
tṭiṃ na yāti, taṃ-āturaṃ, āśu yathāvahni-agnyanatikrameṇa,
anuvāsayet | § 14984

4.9.97 Aṣṭāṅgahr̥dayasaṃhitā

śatapuṣpāvarībhyāṃ ca bilvena madhukena ca | |71| |
tailapādaṃ payoyuktaṃ pakvamanvāsanam
ghṛtam | |72| | § 14986

4.9.98 Sarvāṅgasundarā

śatapuṣpādibhistailapādaṃ kṣīrayutaṃ ghṛtam pakvama-
nuvāsanam syāt | § 14987

4.9.99 Aṣṭāṅgahr̥dayasaṃhitā

aśāntāvityatisāre picśābastiḥ paraṃ hitaḥ | |72| | § 14988

4.9.100 Sarvāṅgasundarā

iti-anena prakāreṇa kṛtena, atīsāryāśāntau satyāṃ paraṃ-
anantaraṃ, picśābastiḥ-vakṣyamāṇo, hitaḥ | alpaya mātr-
ayā niruhākhyo bastiḥ-picśābastiḥ | § 14989

4.9.101 Aṣṭāṅgahr̥dayasaṃhitā

pariveṣṭya kuśairādrairādravṛntāni śālmaleḥ | |73| |
kṛṣṇamṛttikayā+a+alipyā
svedayedgomayāgninā | |73| |
mṛcśoṣe tāni saṅkṣudya tatpiṇḍam
muṣṭisammitam | |74| |
mardayetpayasaḥ prasthe
pūtenāsthāpayettataḥ | |74| |
5 natayaṣṭyāhvakalkājyākṣaudratailavatā+anu
ca | |75| |
snāto bhuñjīta payasā jāṅgalena rasena
vā | |75| |
pittātisārajvaraśophagulma
samīraṇāsragrahaṇīvikārān | |76| |
jayatyayaṃ śīghramatipravṛttiṃ
virecanāsthāpanayośca bastiḥ | |76| | § 14997

4.9.102 Sarvāṅgasundarā

ārdrāiḥ-aśuṣkairdarbhāiḥ, śālmalerādravṛntāni-kusumabandhanāni,
pariveṣṭya tataḥ kṛṣṇamṛttikayā+a+alipyā gomayāgninā
svedayet | mṛcśoṣe sati tāni saṅkṣudya-saṅcūrṇya, taṃ pi-
ṇḍam muṣṭisammitam-palapramāṇam, payasaḥ prasthe
5 mardayet | tena ca pūtenānantaraṃ natādimatā+a+asthāpayet |
nataṃ-tagaram | puṭapākānāṃ ca sarveṣāmayameva vi-
dhiḥ | āsthāpitaśca paścāt | snātaḥ payasā bhuñjīta, sātmy-
ādivaśājījāṅgalarasena vā | ayaṃ-bastiḥ prayuktaṃ, pittāti-
sārādīn virecanāsthāpanayoścātipravṛttiṃ-doṣāṇāmatiyogaṃ,
10 jayati | etaduktaṃ bhavati,-bahudoṣasya yā pravṛttirvirec-
anaviṣaye āsthāpanaviṣaye vā tāṃ ca prayuktā+ayaṃ jay-
ati | upajātiḥ | § 14998

4.9.103 Aṣṭāṅgahr̥dayasaṃhitā

phāṇitaṃ kuṭajotthaṃ ca sarvātīsāranāśanam | |77| |
vatsakādisamāyuktaṃ sām̐baṣṭhādi
samākṣikam | |77| | § 15000

4.9.104 Sarvāṅgasundarā

kuṭajotthaṃ ca phāṇitaṃ vatsakādiyuktamambaṣṭhādīsa-
hitaṃ mākṣīkayuktaṃ sarvātīsāraḥ-āmātīsāraḥ pakvātīsā-
raśca, tasya nāśanam syāt | § 15001

4.9.105 Aṣṭāṅgahr̥dayasaṃhitā

nīruṇnirāmaṃ dīptāgnerapi sāsraṃ cirothhitam | |78| |
nānāvarṇamātīsāraṃ
puṭapākairupācaret | |78| | § 15003

4.9.106 Sarvāṅgasundarā

nīruk cāsau nirāmaśca nīruṇnirāmastamātīsāraṃ, api
sāsraṃ-apīśabdātkimuta nirasram ?, taṃ tathābhūtaṃ co-
rotthitam, tathā nānāvarṇam-anekavarṇam, dīptāgneḥ pu-
ṭapākairupācaret | § 15004

4.9.107 Aṣṭāṅgahr̥dayasaṃhitā

tvakpiṇḍāddīrghavṛntasya śrīparṇīpatrasaṃvṛtāt | |79| |
mṛlliptādagninā svinnādrasaṃ niṣpīḍitaṃ
himam | |79| |
atīsārī pibedyuktaṃ madhunā
sitayā+athavā | |80| | § 15007

4.9.108 Sarvāṅgasundarā

tvacaḥ piṇḍastvakpiṇḍaḥ, dīrghavr̥ntasya tvakpiṇḍaḥ, ta-
smāt, kāśmaryapatrasaṅśāditāt mṛlliptāt sāmānyoktāvapi
kṛṣṇamṛttikayā liptāditi vedyam | prāguktaṃ hi (ślo.73)-
"kṛṣṇamṛttikayā+a+alipyā" iti | anantaramagninā svinnā-
5 drasaṃ niṣpīḍitaṃ śītaṃ kṛtvā+atīsārī madhunā yuktama-
thavā sitayā yuktaṃ pibet | dīrghavr̥ntaḥ-śyonākaḥ | § 15008

4.9.109 Aṣṭāṅgahr̥dayasaṃhitā

evaṃ kṣīridrumatvagh̥histatprarohaiśca kalpayet | | 80 | |
kaṭvaṅgatvagghṛtayutā sveditā
saliloṣmaṇā | | 81 | |
sakṣaudrā hantyatīsāraṃ balavantamapi
drutam | | 81 | | § 15011

4.9.110 Sarvāṅgasundarā

evaṃ-anena prakāreṇa, kṣīridrumāṇāṃ tvagh̥histatprarohaiḥ-
komalairvigatamūlaiśca, kalpayet | prarohāḥ-aṅkurā itya-
nye | śyonākatvak ghṛtayutā tathoṣṇasaliloṣmaṇā sved-
itā mākṣikayuktā+atīsāraṃ balavantamapi śīghraṃ hanti |
5 § 15012

4.9.111 Aṣṭāṅgahr̥dayasaṃhitā

pittātīsārī seveta pittalānyeva yaḥ punaḥ | | 82 | |
raktātīsāraṃ kurute tasya pittaṃ
satṛḍjvaram | | 82 | |
dāruṇaṃ gudapākam ca tatra śāgaṃ payo
hitam | | 83 | |
padmotpalasamaṅgābhiḥ śṛtaṃ mocarasena
ca | | 83 | |
5 sārivāyaṣṭirodhrairvā prasavairvā
vaṭādijaiḥ | | 84 | |
sakṣaudraśarkaraṃ pāne bhojane
gudasecane | | 84 | | § 15018

4.9.112 Sarvāṅgasundarā

pittātīsārī pittalānyevānnapānāni yaḥ sevate, tasya pi-
tṭaṃ karṭṛ raktātīsāraṃ kurute | kimbhūtam? ṭṛṣṇājv-
arayutam | tathā dāruṇaṃ gudapākaṃ karoti | tatra-
evaṃvidhe+atīsāre, śāgaṃ kṣīraṃ padmādibhirmocaras-
ena ca śṛtaṃ hitam | athavā, sārivādibhiḥ śṛtaṃ śāgaṃ kṣī- 5
raṃ hitam athavā, vaṭāḍijaiḥ pallavaiḥ śṛtaṃ kṣaudraśark-
arānviṭaṃ pāne bhojane gudaseke ca śāgaṃ payo hitam |
§ 15019

4.9.113 Aṣṭāṅgahr̥dayasaṃhitā

tadvadrasādayo+anamlāḥ sājyāḥ pānānnyorhitāḥ | | 85 | |
kāśmaryaphalayūṣaśca kiñcidamlaḥ
saśarkaraḥ | | 85 | | § 15021

4.9.114 Sarvāṅgasundarā

tathaiva rasayūṣādayo+anamlāḥ saghr̥tāḥ pānānnyorhi-
tāḥ | kāśmaryaphalayūṣaśca kiñcidamlaḥ saśarkaro hitaḥ |
§ 15022

4.9.115 Aṣṭāṅgahr̥dayasaṃhitā

payasyardhodake śāge hr̥berotpalanāgaraiḥ | | 86 | |
peyā raktātīsāraghnī pṛṣṇiparṇīrasānviṭā | | 86 | |
prāgbhaktam navanītam vā
lihyānmadhusitāyutam | | 87 | | § 15025

4.9.116 Sarvāṅgasundarā

śāge payasyardhodake vālakotpalanāgaraiḥ pṛṣṇiparṇīkv-
āthēna ca yuktā peyā raktātīsāraṃ hanti | athavā navanī-
tam prāgbhaktam madhuśarkarānviṭam lihyāt | § 15026

4.9.117 Aṣṭāṅgahr̥dayasaṃhitā

balinyasre+asramevājaṃ mārgaṃ vā
ghṛtabharjitam | | 87 | |
kṣīrānupānaṃ kṣīrāśī tryahaṃ kṣīrodbhavaṃ
ghṛtam | | 88 | |
kapiñjalarasāśī vā
lihannārogyamaśrute | | 88 | | § 15029

4.9.118 Sarvāṅgasundarā

pravṛddhe rakte śāgaṃ raktamathavā mārgaṃ-mṛgasambandhi
raktaṃ, ghṛtabharjitam bhuñjīta, evakārāṇna tvaparaṃ ki-
ñcidajasya mṛgasya ceti gamyate | ubhayamapi kṣīrānupā-
naṃ kṣīrāśī ca san bhuñjīta | athavā, kṣīrodbhavaṃ ghṛtaṃ
5 tryahaṃ lihan kapiñjalarasāśano nara ārogyaṃ prāpnoti |
§ 15030

4.9.119 Aṣṭāṅgahr̥dayasaṃhitā

pītvā śatāvarīkalkaṃ kṣīreṇa kṣīrabhojanaḥ | | 89 | |
raktātīsāraṃ hantyaśu tayā vā sādhitam
ghṛtam | | 89 | | § 15032

4.9.120 Sarvāṅgasundarā

śatāvarīkalkaṃ kṣīreṇa pītvā kṣīrāśī san raktātīsāraṃ drā-
geva parākaroti | athavā, tayā-śatāvaryā, pakvaṃ ghṛtaṃ
raktātīsāraṃ hanti | § 15033

4.9.121 Aṣṭāṅgahr̥dayasaṃhitā

lākṣānāgaravaidehīkaṭukādārvivalkalaiḥ | | 90 | |
sarpiḥ sendrayavaiḥ siddham
peyāmaṇḍāvācāritam | | 90 | |
atīsāraṃ jayecśīghraṃ tridoṣamapi
dāruṇam | | 91 | | § 15036

4.9.122 Sarvāṅgasundarā

lākṣādibhiḥ siddham ghrutaṃ peyāmaṇḍenāvacāritaṃ śī-
ghraṃ tridoṣamapyatisāraṃ ghoram jayati | apīśabdādra-
ktātīsāramapi | § 15037

4.9.123 Aṣṭāṅgahr̥dayasaṃhitā

kr̥ṣṇamṛcśaṅkhayaṣṭyāhvakṣaudrāsṛktaṇḍulodakam | | 91 | |
jayatyasraṃ priyaṅguśca
taṇḍulāmbumadhuplutā | | 92 | | § 15039

4.9.124 Sarvāṅgasundarā

kr̥ṣṇamṛdādikaṃ taṇḍulajalāloḍitaṃ raktam jayati | tathā,
taṇḍulāmbumadhuyuktā priyaṅgū raktam jayati | § 15040

4.9.125 Aṣṭāṅgahr̥dayasaṃhitā

kalkastilānāṃ kr̥ṣṇānāṃ śarkarāpāñcabhāgikaḥ | | 92 | |
ojena payasā pītaḥ sadyo raktam
niyacśati | | 93 | | § 15042

4.9.126 Sarvāṅgasundarā

pañcamo bhāgaḥ pañcabhāgaḥ, sa yasyāsti sa pāñcabhāgi-
kaḥ | ko+asau ? kr̥ṣṇātilānāṃ kalkaḥ, śarkarāyāḥ pāñcabh-
āgikaḥ kr̥ṣṇatilānāṃ kalkaḥ śagalikṣīreṇa pītaḥ san sadyo
raktam niyacśati | § 15043

4.9.127 Aṣṭāṅgahr̥dayasaṃhitā

pītvā saśarkarākṣaudraṃ candanaṃ
taṇḍulāmbunā | | 93 | |
dāhatṛṣṇāpramohebhyo raktasrāvācca
mucyate | | 94 | | § 15045

4.9.128 Sarvāṅgasundarā

taṇḍulajalena candanaṃ śarkarāmākṣikānviṭaṃ pītvā dā-
hādibhyo mucyate | mucyata iti karmakartari taṅ | § 15046

4.9.129 Aṣṭāṅgahr̥dayasaṃhitā

gudasya dāhe pāke vā sekalepā hitā himāḥ | | 94 | | § 15047

4.9.130 Sarvāṅgasundarā

gudasya dāhe pāke ca sati sekalepā himā hitāḥ | § 15048

4.9.131 Aṣṭāṅgahr̥dayasaṃhitā

alpālpaṃ bahuśo raktaṃ saśūlamupaveśyate | | 95 | |
yadā vibaddho vāyuśca kṛcśrāccarati vā na
vā | | 95 | |
picśābastiṃ tadā tasya
pūrvoktamupakalpayet | | 96 | | § 15051

4.9.132 Sarvāṅgasundarā

alpamalpaṃ punaḥ punaḥ śūlena saha yaśca bahuśo ra-
ktamupaveśyate | vāyuśca yada vibaddho-nānulomagah,
ata eva kṛcśreṇa carati na vā carati tadā tasya-puruṣasya,
pūrvoktaṃ-"tvakpiṇḍāt" (ślo.79) ityādikaṃ picśābastimu-
5 pakalpayet | § 15052

4.9.133 Aṣṭāṅgahr̥dayasaṃhitā

pallavān jarjarīkr̥tya śiṃśipākovidārayoḥ | | 96 | |
pacedyavāṃśca sa kvātho
ghṛtakṣīrasamanviṭaḥ | | 97 | |
picśāsrutau gudabhraṃśe pravāhaṇarujāsu
ca | | 97 | |

picśābastiḥ prayuktavyaḥ
kṣatakṣiṇabalāvahaḥ | | 98 | | § 15056

4.9.134 Sarvāṅgasundarā

śiṃśipākovidārayoḥ pallavān jarjarīkr̥tya yavāṃśca pacet |
sa kvātho ghr̥takṣīrasaṃyuktaḥ picśāsruṭyādiṣu picśāb-
astiḥ prayuktavyaḥ | sa ca kṣatakṣiṇānām balapradaḥ |
§ 15057

4.9.135 Aṣṭāṅgahr̥dayasaṃhitā

prapaṇḍarīkasiddhena sarpiṣā
cānuvāsanam | | 98 | | § 15058

4.9.136 Sarvāṅgasundarā

prapaṇḍarīkapakvena ghr̥tenānuvāsanam ca prayokta-
vyam | § 15059

4.9.137 Aṣṭāṅgahr̥dayasaṃhitā

raktaṃ viṣahitaṃ pūrvam paścādvā
yo+atisāryate | | 99 | |
śatāvarīghṛtaṃ tasya
lehārthamupakalpayet | | 99 | | § 15061

4.9.138 Sarvāṅgasundarā

raktaṃ viśā sahitaṃathavā pūrvam paścādvā yo+atisāryate
tasya lehārtham śatāvarīghṛtakalpayet | § 15062

4.9.139 Aṣṭāṅgahr̥dayasaṃhitā

śarkarārdhāṃśakaṃ līḍhaṃ navanītaṃ
navoddhṛtaṃ | | 100 | |
kṣaudrapādaṃ jayecśīghraṃ taṃ vikāraṃ
hitāśinaḥ | | 100 | | § 15064

4.9.140 Sarvāṅgasundarā

navanītaṃ navam̐ śarkarāyā ārdhabhāgena yuktaṃ mā-
kṣikacaturthapramāṇam̐ māḥṣikasya caturthabhagenānv-
itaṃ līḍhaṃ taṃ-pūrvoktaṃ, vikāraṃ hitāhārasya jayet |
§ 15065

4.9.141 Aṣṭāṅgahr̥dayasaṃhitā

nyagrodhodumbarāśvatthaśuṅgānāpothya
vāsayet | | 101 | |
ahorātraṃ jale tapte ghṛtaṃ tenāmbhasā
pacet | | 101 | |
tadardhaśarkarāyuktaṃ
lehayetkṣaudrapādikaṃ | | 102 | |
adho vā yadi vā+ayūrdhvaṃ yasya raktaṃ
pravartate | | 102 | | § 15069

4.9.142 Sarvāṅgasundarā

adho vā ūrdhvaṃ vā yasya raktaṃ pravartate, sa nyagro-
dhādīnāṃ śuṅgān āpothya-jarjarīkṛtya, tapte jale+ahorātraṃ
vāsayet | tenāmbunā ghṛtaṃ pacet | tacca-ghṛtaṃ, śarka-
rāyā ardhabhāgena yuktaṃ māḥṣikacaturthāśakaṃ leha-
5 yet | pūrvaguṇam | § 15070

4.9.143 Aṣṭāṅgahr̥dayasaṃhitā

śleṣmātisāre vātoktaṃ viśeṣādāmapācanam | | 103 | |
kartavyamanubandhe+asya
pibetpaktvā+agnidīpanam | | 103 | |

bilvakarkaṭikāmustaprāṇadāviśvabheṣajam | | 104 | |
vacāviḍaṅgabhūtīkadhānakāmaradāru
vā | | 104 | |
athavā pippalīmūlapippalīdvayacitra-
kam | | 105 | | § 15075

4.9.144 Sarvāṅgasundarā

śleṣmātīsāre vātātīsāroktam yadāmapācanaṃ tadviśeṣā-
ttatra kartavyam, na tathā vātātīsāroкто+anya upakr-
amaḥ kārya iti viśeṣaśabdasyārthaḥ | asya-atīsārasya,
anubandhe-cikitsāyāṃ samyak kṛtāyāmapyaśame sati, bi-
lvakarkaṭikādikaṃ pakatvā pānamagnidīpanaṃ pibet | 5
athavā, vacādīni pibet | athavā, pippalīmūlādikaṃ pa-
ktvā+agnidīpanaṃ pibet | § 15076

4.9.145 Aṣṭāṅgahr̥dayasaṃhitā

pāṭhāgnivatsakagranthitiktāsuṅṭhīvacābhayāḥ | | 105 | |
kvathitā yadi vā piṣṭāḥ
śleṣmātīsārabheṣajam | | 106 | | § 15078

4.9.146 Sarvāṅgasundarā

ete pāṭhādayaḥ kvathitāḥ pācananyāyena, cūrṇitā vā śle-
ṣmātīsārabheṣajamiti | atrāpi vakṣyamāṇaṃ siṃhāvaloka-
nanyāyena' koṣṇavāriṇā ityetsambadhyate | § 15079

4.9.147 Aṣṭāṅgahr̥dayasaṃhitā

sauvarcalavacāvyoṣahiṅuprativiśābhayāḥ | | 106 | |
pibecśleṣmātīsārārtaścūrṇitāḥ
koṣṇavāriṇā | | 107 | | § 15081

4.9.148 Sarvāṅgasundarā

sauvarcalādīṃścūrṇitān koṣṇajalena śleṣmatīsārārtaḥ pi-
bet | § 15082

4.9.149 Aṣṭāṅgahr̥dayasaṃhitā

madhyaṃ līḍhvā kapitthasya
savyoṣakṣaudraśarkaram | | 107 | |
kaṭphalaṃ madhuyuktaṃ vā mucyate
jaṭharāmayāt | | 108 | | § 15084

4.9.150 Sarvāṅgasundarā

kapitthasya madhyaṃ savyoṣamākṣikaśarkaraṃ līḍhvā,
athavā kaṭphalaṃ mākṣikānviṭaṃ līḍhvā, jaṭhararogaṅm-
ucyate | § 15085

4.9.151 Aṣṭāṅgahr̥dayasaṃhitā

kaṇāṃ madhuyutāṃ līḍhvā takraṃ pītvā
sacitrakam | | 108 | |
bhuktvā vā bālabilvāni
vyapohatyudarāmayam | | 109 | | § 15087

4.9.152 Sarvāṅgasundarā

kaṇāṃ mākṣikānviṭāṃ līḍhvā takraṃ ca sacitrikaṃ pītvā
bālabilvāni vā bhuktvā jaṭhararogaṃ vyapohati | "upasa-
rgādasyatyūhyorvā vacanam (rveti vācyam)" iti vā+atañ |
§ 15088

4.9.153 Aṣṭāṅgahr̥dayasaṃhitā

pāṭhāmocarasāmbhodadhātakībilvanāgaram | | 109 | |
sukṛcśramapyatīsāraṃ guḍatakreṇa
nāśayet | | 110 | | § 15090

4.9.154 Sarvāṅgasundarā

pāṭhādi guḍatakreṇa pītvā+atīsāraṃ sukṛcchramapi nāśa-
yet | śleṣmātīsāre prakṛte+atīsāragrahaṇamanyasyāpi nir-
āmasya tannāśanamiti dyotanārtham | § 15091

4.9.155 Aṣṭāṅgahr̥dayasaṃhitā

yavānīpippalīmūlacāturjātakanāgaraiḥ | | 110 | |
marīcāgnijalājājīdhānyasauvarcalaiḥ
*samaiḥ | | 111 | |
*vṛṣāmladhātākīkr̥ṣṇābilvadāḍimadīpyakaiḥ | | 111 | |
triḡuṇaiḥ ṣaḍḡuṇasitaiḥ *kapitthāṣṭaḡuṇaiḥ
kṛtaḥ | | 112 | |
cūrṇo+atīsāragrahaṇīkṣayagulmagalāmayān | | 112 | |
kāsaśvāsāgnisādārśaḥpīnasārocakān
jayet | | 113 | | § 15097

4.9.156 Sarvāṅgasundarā

yavānyādibhirdravyaiḥ samairvṛkṣāmlādibhistriḡuṇairm-
ūladravyāpekṣayā | kimbhūtairetaiḥ ? ṣaḍḡuṇā sitā ye-
ṣāṃ vṛkṣāmlādīnām ta evaṃ taiḥ | ṣaḍḡuṇasitaiścūrṇaḥ
kṛta iti yojyam | evaṃ śarkarābhāḡānām śatamaṣṭādih-
ikaṃ bhavati | kva(kaiḥ) kṛtaścūrṇaḥ ? mūladravyāp- 5
ekṣayā+aṣṭāḡuṇaiḥ kapitthaiḥ kapitthaiḥ | kecittvevaṃ
paṭhanti-'ṣaḍḡuṇasite kapitthe+aṣṭaḡuṇe' iti | tatra cedam
vyākhyānam-mūladravyāpekṣayā kapitthe+aṣṭaḡuṇe | ta-
thā ca kimbhute ? ṣaḍḡuṇasitā yasmāttathā tasmin,
evaṃ śarkarābhāḡā aṣṭacatvāriṃśatsyuriti | ayaṃ cūr- 10
ṇo+atīsārādin jayet | § 15098

4.9.157 Aṣṭāṅgahr̥dayasaṃhitā

karṣonmitā tavakṣīrī cāturjātaṃ dvikārṣikam | | 113 | |
yavānīdhānyakājājīgranthivyoṣaṃ
palāṃśakam | | 114 | |

palāni dāḍimādaṣṭau sitāyāścaikataḥ
kṛtaḥ | | 114 | |
guṇaiḥ kapitthāṣṭakavaccūrṇo+ayaṃ
dāḍimāṣṭakaḥ | | 115 | |
bhojyo vātātisāroktairiyathāvastham
khalādibhiḥ | | 115 | | § 15103

4.9.158 Sarvāṅgasundarā

tugākṣīrī caturjātaṃ ca karṣonmitaṃ-karṣapramāṇam |
yavānī ca dhānyakaṃ cājājī ca yavānīcānyakājājī dvikārṣi-
kam | granthīśca vyoṣaṃ ca tatpalāṃśakaṃ-palabhāgikam |
palāni dāḍimādaṣṭau, caśabdātsitāyā apyaṣṭau palāni |
5 evamayamekataḥ-ekasmin, kṛtaścūrṇo dāḍimāṣṭakaḥ-etatsaṃjñāḥ |
tena caturjātakamekamevāsya samudāyādyathokta eka
eva bhāgaḥ | vyoṣamapyekamevāsyaṃpi samudāyādyath-
okta eka eva bhāgaḥ | evaṃ dravya samudāyasyaikatve
kalpanā+apyatrāpyācāryasyābhimataiva | yathā (hr̥. ci. a.
10 19/43)-"trikaṭuttamātilaruṣkarājyamākṣikasitopalāvihitā | gu-
likā rasāyanam kuṣṭhajicca vṛṣyā ca saptasamā | |" iti | sa-
ptaceti tugākṣīryekā, caturjātaṃ dvitīyam, yavānī tṛtīyā,
dhānyakaṃ caturtham, ajājī pañcamī, pippalī-mūlam ṣa-
ṣṭham, vyoṣaṃ saptamam, dāḍimamaṣṭamamiti | anye tv-
15 evaṃ vyācakṣate,-palamiti prakṛtam | dāḍimamaṣṭakaṃ-
aṣṭapalapramāṇam, yasmin cūrṇe sa dāḍimāṣṭaka iti | ya-
thā cākṣiroge (hr̥.u.a. 16/5)-"sitamaricabhāgamekam catu-
rmanohvam" ityatra | taccarṇam vātātisāroktairavasthāva-
śāt khalapeyādibhiḥ saha bhojanīyam | § 15104

4.9.159 Aṣṭāṅgahr̥dayasaṃhitā

saviḍaṅgaḥ samaricaḥ sakapitthaḥ sanāgaraḥ | | 116 | |
cāṅgerītakrakolāmlaḥ khalāḥ
śleṣmātisārajit | | 116 | | § 15106

4.9.160 Sarvāṅgasundarā

khalah śleṣmātīsārajit | kimbhūtaḥ ? viḍaṅgādiyutaḥ cāṅg-
erītakrakolairamlaḥ | § 15107

4.9.161 Aṣṭāṅgahr̥dayasaṃhitā

kṣiṇe śleṣmaṇi pūrvoktamamlaṃ lākṣādi
ṣaṭpalam | | 117 | |
purāṇaṃ vā ghr̥taṃ
dadyādyavāgūmaṇḍamiśritam | | 117 | | § 15109

4.9.162 Sarvāṅgasundarā

kṣiṇe śleṣmaṇi pūrvoktamamlaṃ ghr̥taṃ-"gudarugbhraṃśayoryuñjayāt
sākṣīraṃ sādhitam haviḥ |" (ślo.48) ityādi, tathā lākṣādi-
"lākṣānāgaravaidehī" (ślo. 90) ityādi, ṣaṭpalam-yakṣmoktam
(hr̥. ci. a. 5/22), purāṇaṃ vā ghr̥taṃ yavāgūmaṇḍamiśri-
tam, dadyāt | § 15110

5

4.9.163 Aṣṭāṅgahr̥dayasaṃhitā

vātaśleṣmavibandhe vā sravatyati kaphe+api vā | | 118 | |
śūle pravāhikāyāṃ vā picśābastiḥ
praśasyate | | 118 | |
vacābilvakaṇākuṣṭhaśatāhvalavaṇānvitaḥ | | 119 | | § 15113

4.9.164 Sarvāṅgasundarā

vātakaphavibandhe, vā+atīsayena kaphe sravati, tathā śūle
sati, pravāhikāyāṃ vā satyāṃ, picśābastiḥ-pūrvokta eva
"pallavān jarjarīkṛtya" (ślo. 96) ityādiko, vacādhiriyuktaḥ
praśasyate | § 15114

4.9.165 Aṣṭāṅgahr̥dayasaṃhitā

bilvatailena tailena vacādyaiḥ sādhitena vā | | 119 | |
bahuśaḥ kaphavātārte koṣṇenānvāsanam
hitam | | 120 | | § 15116

4.9.166 Sarvāṅgasundarā

bilvamajjabhya utpannam tailam bilvatailam | tena vacā-
dyaiḥ pakvena, athavā tailena-tilatailena vacādyaiḥ sādhi-
itena, ubhayenāpyuṣṇena bahuśo+anuvāsanam kaphavāt-
ārte hitam | § 15117

4.9.167 Aṣṭāṅgahr̥dayasaṃhitā

kṣīṇe kaphe gude dīrghakālātīsāraturbale | | 120 | |
anilaḥ prabalo+avaśyam svasthānasthaḥ
prajāyate | | 121 | |
sa balī sahasā hanyāttasmāttam tvarayā
jayet | | 121 | |
vāyoranantaram pittam pittasyānantaram
kapham | | 122 | |
5 jayetpūrvam trayāṇam vā bhavedyo
balavattamaḥ | | 122 | | § 15122

4.9.168 Sarvāṅgasundarā

kaphe kṣīṇe gude ca dīrghakālo yo+atīsārastena durbale-
balahīṇe sati, anilaḥ svasthānasthitaḥ-pāyusthitaḥ, ava-
śyam prabalo jāyate | saḥ-vāyuḥ, balavān sahasā-ñāṭityeva,
vyāpādayet | tasmāttam-vāyumu, śīghram jayet | tam vā-
5 yumu jivvā+anantaram pittam jayet | pittasyānantaram ka-
pham jayet | athavā, trayāṇam madhye yo balavattamo do-
ṣastameva pūrvam jayet | § 15123

4.9.169 Aṣṭāṅgahr̥dayasaṃhitā

bhīśokābhyāmapi calaḥ śīghraṃ
kupyatyatastayoḥ | | 123 | |
kāryā kriyā vātaharā harṣaṇāśvāsānāni
ca | | 123 | | § 15125

4.9.170 Sarvāṅgasundarā

bhayaśokābhyāmapyanilo yasmāt kupyati, atastayōḥ-bhayaśokātīsārayōḥ,
vātahara kriyā kāryā | na kevalaṃ vātaharā, harṣaṇāśvās-
ānāni ca kāryāṇi, bhayaśokanivṛttaye | § 15126

4.9.171 Aṣṭāṅgahr̥dayasaṃhitā

yasyoccārādvīnā mūtraṃ pavano vā pravartate | | 124 | |
dīptāgnerlaghukoṣṭhasya
śāntastasyodarāmayaḥ | | 124 | |
sthāne+atīsārācīkītsitaṃ nāma
navamo+adhyāyaḥ | | 9 | | § 15129

4.9.172 Sarvāṅgasundarā

yasya-atīsārīṇaḥ puruṣasya, uccārāt-malapravṛtṭeḥ, vīnā
mūtramathavā vātaḥ pravartate dīptāgnerlaukoṣṭhasya
sataḥ, tasya jaṭhararogaḥ śānta iti | iti śrīmṛgāṅkādā-
ttaputraśrīmadaruṇadattaviracitāyāmaṣṭāṅgahr̥daya-
tīk-
āyāṃ sarvāṅgasundarākhyāyāṃ caturthe cikītsita sth- 5
āne+atīsārācīkītsitaṃ nāma navamo +adhyāyaḥ samā-
ptaḥ | | 9 | | § 15130

4.10 grahaṇīdoṣācīkītsitādhyāyaḥ : 10

4.10.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto grahaṇīdoṣacikitsitaṃ vyākhyāsyamaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 15132

4.10.2 Sarvāṅgasundarā

grahaṇyāmāśrito doṣo grahaṇīdoṣaḥ,-tadāśritasthānoditakārī
vātādyanyatamaḥ, tasya cikitsitaṃ grahaṇīdoṣacikitsitaṃ |
śeṣaṃ pūrvavat | § 15133

4.10.3 Aṣṭāṅgahr̥dayasaṃhitā

grahaṇīmāśritaṃ doṣamajīrṇavadupācaret | | 1 | |
atīsāroktavidhinā tasyāmāṃ ca
vipācayet | | 1 | | § 15135

4.10.4 Sarvāṅgasundarā

grahaṇīmāśritaṃ doṣamajīrṇavadupācaret-tattulyasādhanena
laṅghano(nādyu)ktopacārādinopakramet | atīsāroktavidh-
inā tasya-grahaṇīdoṣavataḥ puṃso, yathādoṣamāṃ vipāc-
ayet | § 15136

4.10.5 Aṣṭāṅgahr̥dayasaṃhitā

annakāle yavāgvādi pañcakolādibhiryutam | | 2 | |
vitaretpaṭulaghvanṃ punaryogāṃśca
dīpanān | | 2 | | § 15138

4.10.6 Sarvāṅgasundarā

annakāle-samyag jātāyaṃ kṣudhi, yavāgvādyannaṃ-peyāvilepyodanalakṣaṇaṃ,
vitaret-dadyāt | kimbhūtam ? pañcakolādibhiryutam | ā-
diśabdenānyairapyevaṃprakārairdravyairdīpanādiguṇayu-
ktairyuktam | tathā, paṭu-lavaṇaṃ, laghu-ubhayathā mātr-
5 ayā prakṛtyā ca | punaḥ-bhūyo, dīpanān śāḍavādīn yogān
vitaret | § 15139

4.10.7 Aṣṭāṅgahr̥dayasaṃhitā

dadyātsātiviṣāṃ peyāmāme sāmlāṃ sanāgarām | |3| |
pāne+atīsāravihitaṃ vāri takraṃ surādi
ca | |3| | § 15141

4.10.8 Sarvāṅgasundarā

tathā, āme sati peyāṃ dadyāt | kimbhūtām ? nāgarātiviṣ-
āyutām | tathā, sāmlāṃ-īṣadamlām | pāne+atīsāravihitaṃ
vāri takraṃ surādi ca sātmyādivaśād yathāyogyāṃ tasmai
dadyāt | § 15142

4.10.9 Aṣṭāṅgahr̥dayasaṃhitā

grahaṇīdoṣiṇāṃ takraṃ dīpanagrāhilāghavāt | |4| |
pathyam, madhurapākitvāna ca
pittapradūṣaṇam | |4| |
kaṣāyoṣṇavikāśitvādrūkṣatvācca kaphe
hitam | |5| |
vāte svādvamlasāndratvātsadyaskamavidāhi
tat | |5| | § 15146

4.10.10 Sarvāṅgasundarā

grahaṇīdoṣiṇāṃ takraṃ pathyam | kasmāt ? dīpanagr-
āhilāghavāt | dīpanagrāhisabdayoratra bhāvapradhāna-
yornirdeśaḥ, yathā "hyekayordvivacanaikavacane" itya-
tra | ata evaitau bhāvapratyāntena lāghavaśabdena saha
nirdiṣṭau | bhāṣyakārastvāha-"dvandvātparō yaḥ śrūyate 5
sa sarvaiḥ sambadhyate|" iti | tena dīpanagrāhisabda-
yorapi bhavapratyayārthasambandho bhavatīti | madh-
urapākitvāt pittapradūṣaṇam ca na bhavati | nacapad-
ena prakarṣadūṣaṇam pittasya takraṃ niṣidhyate | ten-
ārthāt kiñcit pittakaramityuktaṃ bhavati | kaṣāyoṣṇav- 10
ikāśitvādrūkṣatvācca kaphe hitam | takraṃ rūkṣatvācc-
eti pṛthakṣirdeśādrūkṣatvasya takragatasya yathā ka-

phe hitatvaṃ dravyasvabhāvāna tathā kaṣāyādīnām-
 etad dyotayati | vāte svādvamlasāndratvāttakraṃ pa-
 thyam | kimbhūtam ? sadyaskaṃ-sadyoviloḍitam, ata eva
 na vidāhi | nanu, grahaṇīdoṣiṇām takraṃ pathyamity-
 5 etāvadastu | kiṃ hetunirdeśena ? atrocyaṭe | laghvādi-
 guṇebhyaḥ prāṅkṣirūpittebhyo+adhikān vikāśitvamadh-
 urapākādīnabhīdhātum dīpanādayo+api tatprasaṅgān-
 irdiṣṭāḥ | api ca, grahaṇīdoṣiṇām takraṃ pathyam ya-
 thā dīpanādiguṇayogāttathānyadapi yaddravyamevaṃg-
 10 uṇam grahaṇīdoṣacikitsite noktaṃ tadapi grahaṇīdoṣi-
 ṇām pathyamiti hetunirdeśena dyotyate | dravyasvabhā-
 vāttu viśeṣeṇa grahaṇīdoṣiṇām takraṃ pathyamiti | eṣa
 ca nyāyo+anatrāpi sahetukadravyakathane yojyaḥ | kiñca
 yattadornityābhisambandhādevaṃnirdeśāccāyamartho+avatiṣṭhate,-
 15 yadevaṃvidhaṃ takraṃ tad grahaṇīdoṣiṇām pathyam,
 nānyādruśaṃ yadanuddhṛtasnehamathavā+ardhoddhṛtasneham
 tathā+atijātadvādamlaṃ tathā+asadyaskaṃ vidāhi ca, tats-
 arvaṃ grahaṇīdoṣiṇāmapathyameva | takre ca rūkṣasvā-
 dvamlādayo guṇāḥ parasparaviruddhā āpi dravyaprabhā-
 20 vāt kaphavijayitvaṃ vātavijayitvaṃ ca yathāyogaṃ kurv-
 antyeva svaṃ svaṃ karma, yathā satvarajastamaḥsaṃjñā
 guṇāḥ | § 15147

4.10.11 Aṣṭāṅgahr̥dayasaṃhitā

caturṇām prasthamamlānām tryūṣaṇācca
 palatrayam | | 6 | |
 lavaṇānām ca catvāri śarkarāyāḥ
 palāṣṭakam | | 6 | |
 taccūrṇam
 śākasūpānnarāgādiṣvavacārayet | | 7 | |
 kāsājirṇāruciśvāsahr̥tpāṇḍuplīhagulmanut | | 7 | | § 15151

4.10.12 Sarvāṅgasundarā

amlānām caturṇām-koladāḍimavṛkṣāmlacukrikāṇām, pr-
 astham | kecittu vṛkṣāmlāmlavetasadāḍimabadarāṇāmi-

tyāhuḥ | trikaṭukāt palatrayam | lavaṇānām ca catv-
āri palāni | śarakarāyāḥ palānyaṣṭau | tadetaccūrṇam
śākādiṣvavacārayet-miśrayet | tacca kāsādijit | § 15152

4.10.13 Aṣṭāṅgahr̥dayasaṃhitā

nāgarātiviṣāmustaṃ pākyamāmaharam pibet | | 8 | |
uṣṇāmbunā vā tatkalkam nāgaram
vā+athavā+abhayām | | 8 | |
sasaindhavam vacādim vā
tadvanmadirayā+athavā | | 9 | | § 15155

4.10.14 Sarvāṅgasundarā

nāgarādi pākyam kvāthayitvā+a+amagṇam pibet | ath-
avā, teṣām-nāgarādīnām, kalkamuṣṇāmbunā pibet | ath-
avā, śuṅṭhīmuṣṇāmbunā pibet harītakīm va | vacādigaṇam
vā saindhavānviṭam tadvat-uṣṇāmbunā, pibet | vacādim-
eva madirayā vā pibet | § 15156

5

4.10.15 Aṣṭāṅgahr̥dayasaṃhitā

varcasyāme sapravāhe pibedvā dāḍimāmbunā | | 9 | |
biḍena lavaṇam piṣṭam
bilvacitrakanāgaram | | 10 | |
sāme kaphānile koṣṭharukkare
koṣṇavāriṇā | | 10 | | § 15159

4.10.16 Sarvāṅgasundarā

purīṣa āme tathā sapravāhe biḍenopalakṣitam lavaṇam bi-
ḍalavaṇam piṣṭam dāḍimāmbunā vā pibet | sāme vātaka-
phe koṣṭharujākare bilvādīni koṣṇavāriṇā pibet | § 15160

4.10.17 Aṣṭāṅgahr̥dayasaṃhitā

kaliṅgahiṅgvativiṣāvacāsauvarcalābhayam | | 11 | |
śardih̥drogaśūleṣu peyamuṣṇena vāriṇā | | 11 | |
pathyāsauvarcalājīcūrṇam
maricasaṃyutam | | 12 | | § 15163

4.10.18 Sarvāṅgasundarā

śardyādiṣu kaliṅgādikaṃ koṣṇena vāriṇā peyam | pathy-
ādikaṃ cūrṇam samaricamuṣṇajalena pibet | pūrvagu-
ṇam | § 15164

4.10.19 Aṣṭāṅgahr̥dayasaṃhitā

pippalīm nāgaram pāṭhām sārivām br̥hatīdvayam | | 12 | |
citrakam kauṭajam kṣāram tathā
lavaṇapañcakam | | 13 | |
cūrṇīkṛtam dadhisurātanmaṇḍoṣṇāmbukāñjik-
aiḥ | | 13 | |
pibedagnivivṛddhyartham koṣṭhavātaharam
param | | 14 | | § 15168

4.10.20 Sarvāṅgasundarā

pippalyādikaṃ sūkṣmarajīkṛtam dadhyādibhiragnidīpty-
artham pibet | tasyāḥ surāyā maṇḍastanmaṇḍaḥ | koṣṭha-
vātaharam caitaccūrṇam syāt | § 15169

4.10.21 Aṣṭāṅgahr̥dayasaṃhitā

paṭuni pañca dvau kṣārau maricam pañcakolakam | | 14 | |
dīpyakam hiṅgugulikā bījapūrarase kṛtā | | 15 | |
koladāḍimatoye vā param
pācanadīpanī | | 15 | | § 15172

4.10.22 Sarvāṅgasundarā

lavaṇapañcakādibhirguṭikā bījapūrarase kṛtā koladāḍima-
jale vā kṛtā+atīsayena pācanī dīpanī ca syāt | § 15173

4.10.23 Aṣṭāṅgahrdayasamhitā

tālīsapatracavikāmaricānām palam palam | | 16 | |
kr̥ṣṇātanmūlayordve dve pale śuṅṭhī
palatrayam | | 16 | |
caturjātamūśīram ca karṣāmśam
ślakṣṇacūrṇitam | | 17 | |
guḍena vaṭakān kṛtvā triguṇena sadā
bhajet | | 17 | |
madyayūṣarasāriṣṭamastupeyāpayonupaḥ | | 18 | | 5
vātaśleṣmātmanām
chardigrahaṇīpārśvahr̥drujām | | 18 | |
jvaraśvayathupāṇḍutvagulmapānātyayārśasām | | 19 | |
prasekapīnasaśvāsakāsānām ca nivṛttaye | | 19 | |
abhayām nāgarasthāne dadyāttatraiva
vidgrahe | | 20 | |
chardyādiṣu ca paitteṣu 10
caturguṇasitānvitāḥ | | 20 | |
pakvena vaṭakāḥ kāryā guḍena sitayā+api
vā | | 21 | |
param hi vahnīsamparkāllaghimānam bhajanti
te | | 21 | | § 15185

4.10.24 Sarvāṅgasundarā

tālīsapatrādīnām pratyekaṃ palam | pippalī pale dve |
pippalīmūlasya dve | śuṅṭhī palatrayam | caturjātamūś-
īram ca pṛthak karṣabhāgam | guḍena triguṇena vaṭa-
kān kṛtvā madyādīn piban sadā bhajet | kimarthamityāha-
vātakaphātmacchardyādīnām śāntyartham | tatra ca 5
(traiva)-eteṣveva ca vaṭakeṣu, vidgrahe-vidvibandhe sati,
abhayām nāgarasthāne dadyāt | chardyādiṣu pūrvokteṣu

pittodbhaveṣu satsu guḍavarjaṃ caturguṇasitayā yuktā
vaṭakāḥ kāryāḥ | vaṭakānāṃ vidhānamāha-pakvena guḍ-
ena vaṭakāḥ kāryāḥ, sitayā vā pakvayā kāryāḥ | kimiti pa-
kvena kriyante ? ityāha-yasmātkāraṇādagnisamparkāt te-
5 vaṭakāḥ, paraṃ laghutvaṃ bhajanti | laghorbhāvo lagh-
imā, "pṛthvādibhya imanic | " "ṭeḥ" iti ṭilopaḥ | § 15186

4.10.25 Aṣṭāṅgahr̥dayasaṃhitā

athainaṃ parikvāmaṃ mārutagrahaṇīgadā | | 22 | |
dīpanīyayutaṃ sarpiḥ pāyayedalpaśo
bhiṣak | | 22 | |
kiñcitsandhukṣite tvagnau
saktaviṇmūtramārutam | | 23 | |
dvyahaṃ tryahaṃ vā saṃsnehya
svinnābhyaktaṃ nurūhayet | | 23 | |
5 tata eraṇḍatailena sarpiṣā tailvakena vā | | 24 | |
sakṣāreṇānile śānte srastadoṣaṃ
virecayet | | 24 | | § 15192

4.10.26 Sarvāṅgasundarā

mārutagrahaṇīgadā vidyante yasyeti "arśāāditvāt(bhyo+a)ac" |
enaṃ-mārutagrahaṇīgadavantaṃ, dīpanīyauśadhayutaṃ-
pañcakolaprāyadravyānvitaṃ, vahnisandhukṣaṇārthama-
lpamātrayā ghṛtaṃ pāyayet | kiñcitsandhukṣite-manāk sa-
5 ndīpīte, tvagnau sati saktaviṇmūtrapavanaṃ naraṃ dve
dine trīṇi vā sasnehya-snehayitvā, anantaraṃ svinnābhya-
ktaṃ kṛtvā niruhayet | tato-niruhādanantaraṃ, mārute śā-
nte satyeraṇḍatailenāthavā tailvakena (hr̥.ci.a.29132) gh-
ṛtena sakṣāreṇa srastadoṣaṃ-pracyutadoṣaṃ, virecayet |
10 § 15193

4.10.27 Aṣṭāṅgahr̥dayasaṃhitā

śuddharūkṣāśayaṃ baddhavarcaṣkaṃ
cānuvāsayet | | 25 | |
dīpanīyāmlavātaghnasiddhatailena taṃ
tataḥ | | 25 | |
nirūḍhaṃ ca viriktaṃ ca
samyakcāpyanuvāsitaṃ | | 26 | |
laghvannapratisaṃyuktaṃ
sarpirabhyāsayetpunaḥ | | 26 | | § 15197

4.10.28 Sarvāṅgasundarā

śuddho rūkṣa āśayo yasya sa evam, tathā baddhaṃ varcaḥ-
purīṣaṃ yasya taṃ, śuddharūkṣāśayamitihetau prathamā,
śuddharūkṣāśayatvena vaddhavarcaṣkamityarthaḥ | tath-
āvidhaṃ naramanuvāsayet | kena ? dīpanīyāni-nāgarādīni,
amlani-vṛkṣāmlamātuluṅgadādimādīni, vātaghnāni-kuṣṭharāsrairanḍādī-
nīni | tairdīpanīyāmlavātaghnaiḥ siddhatailena | nirūḍhaṃ vir-
iktaṃ ca vidhinā cānuvāsitaṃ mātrayetyarthaḥ, samyak
cāpyanuvāsitaṃ laghvannapratisaṃyuktaṃ punaḥ sarpiḥ
śīlayet | § 15198

4.10.29 Aṣṭāṅghṛdayasaṃhitā

pañcamūlābhayāvyoṣapippalīmūlasaindhavaiḥ | | 27 | |
rāsnākṣāradvayājīviḍāṅgaśaṭhibhirghṛtaṃ | | 27 | |
śuktena mātuluṅgasya svarasenārdrakasya
ca | | 28 | |
śuṣkamūlakakolāmlacukrikādāḍimasya
ca | | 28 | |
takramastusurāmaṇḍasauvīrakatuṣodakaiḥ | | 29 | | †
kāñjikenā ca tatpakvamagnidīptikaraṃ
param | | 29 | |
śūlagulmodaraśvāsakāsānilakaphāpahaṃ | | 30 | | § 15205

4.10.30 Sarvāṅgasundarā

pañcamūlādibhiḥ kalkairdravyaiḥ śuktādibhirdravadra-
vyaiḥ sāmānyaparibhāṣayā ghṛtaṃ pacet | pañcamūlam-

iha mahadgrāhyam, sutarāṃ vātaghnatvāt | etacca ghṛtaṃ
paramagnidīptikaraṃ śulādighnam | § 15206

4.10.31 Aṣṭāṅgahr̥dayasaṃhitā

sabījapūrakarasam siddham vā
pāyayeddhṛtam | | 30 | | § 15207

4.10.32 Sarvāṅgasundarā

bījapūrakarasena saha siddham vā ghṛtaṃ pāyayet | § 15208

4.10.33 Aṣṭāṅgahr̥dayasaṃhitā

tailamabhyañjanārtham ca
siddhamebhiścalāpaham | | 31 | | § 15209

4.10.34 Sarvāṅgasundarā

ebhiḥ pañcamūlādibhirghṛtauśadhaiḥ siddham tailam
vā+abhyañjanārtham hitam | § 15210

4.10.35 Aṣṭāṅgahr̥dayasaṃhitā

eteṣāmaśadhānām vā pibeccūrṇam sukhāmbunā | | 31 | |
vāte śleṣmāvṛte sāme kaphe vā
vāyunoddhate | | 32 | | § 15212

4.10.36 Sarvāṅgasundarā

eteṣāmaśadhānām pañcamūlādīnām cūrṇamaśṇāmbunā
vā pibet | kasyāmavasthāyāmityāha-vāte | kimbhūte? śl-
eṣmāvṛte, tathā sāme kaphe vā, vātenoddhate sāme vā |
§ 15213

4.10.37 Aṣṭāṅgahr̥dayasaṃhitā

agnernirvāpakam̐ pittam̐ rekeṇa vamanena vā | | 32 | |
hatvā
tiktalaghugrāhidīpanairavidāhibhiḥ | | 33 | |
annaiḥ sandhukṣayedagniṃ cūrṇaiḥ snehaiśca
tiktakaiḥ | | 33 | | § 15216

4.10.38 Sarvāṅgasundarā

agnipittayorgrahanyāśrayatvād dravatvācca yadagneḥ pl-
āvakaṃ pittamūrdhvādhaḥ prapannaṃ tadyathāsannad-
eśam̐ vamanena virekeṇa vā hatvā, ānantaram̐ tamagni-
mannaistiktalaghugrāhidīpanaiḥ sandhukṣayet | kimbhū- 5
taiḥ ? avidāhibhiḥ,-na tu sāmānyena dīpanaiḥ | na keval-
amevaṃvidhairannairagniṃ sandhukṣayet, tathā ca cūrṇ-
aiḥ snehaiśca taṃ sandhukṣayet | kimbhūtaiḥ ? tiktakaiḥ-
tiktadravyabhūyiṣṭhaiścūrṇaistiktadravyasādhitaiḥ sneh-
aiśca | § 15217

4.10.39 Aṣṭāṅgahr̥dayasaṃhitā

paṭolanimbatrāyantītikṭātikṭakaparpaṭam | | 34 | |
kuṭajatkphalaṃ mūrvā madhuśigruphalaṃ
vacā | | 34 | |
dārvītvakpadmakośīrayavānīmustacandanam | | 35 | |
saurāṣṭryativiṣāvyoṣatvagelāpatradāru
ca | | 35 | |
cūrṇitaṃ madhunā lehyaṃ peyaṃ 5
madyairjalena vā | | 36 | |
hṛtpāṇḍugrahaṇīrogagulmaśūlārucijvarān | | 36 | |
kāmalāṃ sannipātaṃ ca mukharogāṃśca
nāśayet | | 37 | | § 15224

4.10.40 Sarvāṅgasundarā

madhuśigruḥ-sobhāñjanakaviśeṣaḥ, tasya phalaṃ śvetam-
aricākhyam | etatpaṭolādikaṃ cūrṇitaṃ madhunā lehyam-
athavā jalena peyaṃ madyairvā | tacca hr̥drogādīn nāśa-
yet | § 15225

4.10.41 Aṣṭāṅgahr̥dayasaṃhitā

bhūnimbakaṭukāmustātryūṣaṇendrayavān samān | | 37 | |
dvau citrakādvatsakatvagbhāgān ṣoḍaśa
cūrṇayet | | 38 | |
guḍaśītāmbunā pītaṃ
grahaṇīdoṣagulmanut | | 38 | |
kāmalājvarapāṇḍutvamehārucyatisārajit | | 39 | | § 15229

4.10.42 Sarvāṅgasundarā

bhūnimbādyān samabhāgān citrakāt dvau kuṭajatvacām
ṣoḍaśa bhāgāṃścūrṇayet | tadetaccūrṇaṃ guḍayutena śīt-
āmbunā pītaṃ grahaṇīrogādiharam | § 15230

4.10.43 Aṣṭāṅgahr̥dayasaṃhitā

nāgarātiviṣāmustāpāṭhābilvaṃ rasāñjanam | | 39 | |
kuṭajatvakphalaṃ tiktā dhātakī ca kṛtaṃ
rajaḥ | | 40 | |
kṣaudrataṇḍulavāribhyāṃ paittike
grahaṇīgade | | 40 | |
pravāhikārśogudarugraktotthāneṣu
ceṣyate | | 41 | | § 15234

4.10.44 Sarvāṅgasundarā

nāgarādidravyaṃ cūrṇitaṃ kṣaudrataṇḍulajalābhyāṃ saha
paittikagrahaṇīroga iṣyate, pravāhikādiṣu ca | § 15235

4.10.45 Aṣṭāṅgahr̥dayasaṃhitā

candanam padmakośīram pāṭhām mūrvām
kuṭannaṭam | |41| |
ṣaḍgranthāsārivāsphotāsaptaparṇāṭārūṣakān | |42| |
paṭolodumbarāśvatthavaṭaplakṣakapītanān | |42| |
kaṭukām rohiṇīm mustām nimbam ca
dvipalāṃśakān | |43| |
droṇe+apām sādhayetena pacetsarpiḥ 5
picūnmitaiḥ | |43| |
kirātatiḥkṇendrayavavīrāmāgadhikotpalaiḥ | |44| |
pittagrahaṇyām tatpeyam kuṣṭhoktam tiktakam
ca yat | |44| | § 15242

4.10.46 Sarvāṅgasundarā

candanādidravyam pratyekam dvipalāṃśakamapām dr-
oṇe pacet | tena kvāthēna picupramāṇaiśca kirātatiḥk-
ṇadibhiḥ kalkaiḥ sarpiḥ pacet | kuṭannaṭaḥ-śyonākāḥ |
āsphotā-utpalasārivā | kapītanō-vānīraḥ | atra ca sarpiḥpr-
amāṇam kvāthāpekṣayā dvātrimśatpalāni kalpyāni, na tu 5
kalkāpekṣayā pañca palāni | kvāthādidravadravyasya sne-
hapāke prādhānyāt | yataḥ kvāthādidravamantareṇa sne-
hapāko+api nopapadyate, na tu tathā kalkam vinā | tasmāt
kvāthasya prādhānyāt kvāthāpekṣayaiva sarpirgrāhyam |
tat-etadghṛtam, pittagrahaṇyām peyam | yacca kuṣṭhacik- 10
itsite (ci. a. 19/2) gaditam tiktakam ghṛtam tacca peyam |
caśabdo mahātiktakasyāpi grahaṇārthaḥ | § 15243

4.10.47 Aṣṭāṅgahr̥dayasaṃhitā

grahaṇyām śleṣmaduṣṭyām tikṣṇaiḥ pracśardane
kr̥te | |45| |
kaṭvamlalavaṇakṣāraiḥ kramādagṇim
vivardhayet | |45| | § 15245

4.10.48 Sarvāṅgasundarā

śleṣmaduṣṭāyāṃ grahaṇyāṃ tīkṣṇairdravyaiḥ pracśardane-
vamane, kṛte sati prathamam kaṭvamlalavaṇakṣāraira-
gniṃ vivardhayet | § 15246

4.10.49 Aṣṭāṅgahr̥dayasaṃhitā

pañcakolābhayādihānyapāṭhāgandhapalāśakaiḥ | | 46 | |
bījapūrapragāḍhaiśca siddhaiḥ peyādi
kalpayet | | 46 | | § 15248

4.10.50 Sarvāṅgasundarā

pañcakolādibhiḥ siddhaiḥ-kvathitaiḥ, peyādikaṃ kalpa-
yet | gandhapalāśaṃ-gandhapatram | § 15249

4.10.51 Aṣṭāṅgahr̥dayasaṃhitā

droṇaṃ madhūkapuṣpāṇāṃ viḍaṅgaṃ ca
tato+ardhataḥ | | 47 | |
citrakasya tato+ardhaṃ ca tathā
bhallātakāḍhakam | | 47 | |
mañjiṣṭhā+aṣṭapalaṃ caitajjaladroṇatraye
pacet | | 48 | |
droṇaśeṣaṃ śṛtaṃ śītaṃ
madhvardhāḍhakasaṃyutam | | 48 | |
5 elāmṛṇālāgurubhiścandanena ca rūṣite | | 49 | |
kumbhe māsam sthitaṃ jātamāsavaṃ taṃ
prajayet | | 49 | |
grahaṇīm dīpayatyēṣa bṛmhaṇaḥ
pittaraktanut | | 50 | |
śoṣakuṣṭhakilāsānām pramehāṇām ca
nāśanaḥ | | 50 | | § 15257

4.10.52 Sarvāṅgasundarā

madhūkakusumānām droṇam | tato-madhūkapuṣpebhyah,
ardhena viḍaṅgam | tato-viḍaṅgāt, citrakasyārdham | bh-
allātakasya cādḥakam | mañjiṣṭhāyāḥ palānyaṣṭau | etats-
arvaṃ pānīyadroṇatraye pacet | etacca droṇaśeṣam śṛtaṃ 5
śītaṃ madhuno+ardhādḥakena saṃyuktamelādibhiḥ ku-
mme rūṣite-lipte, māsam sthitaṃ taṃ-evamvidhaṃ jātaṃ,
āsavaṃ prajoyayet | eṣaḥ-āsavo, grahaṇīm dīpayati br̥mḥ-
aṇo raktapittādināśanaḥ | § 15258

4.10.53 Aṣṭāṅgahr̥dayasaṃhitā

madhūkapuṣpasvarasaṃ śṛtamardhakṣayīkṛtam | | 51 | |
kṣaudrapādayutaṃ śītaṃ
pūrvavatsannidhāpayet | | 51 | |
tatpiban grahaṇīdoṣān jayetsarvān
hitāśanaḥ | | 52 | | § 15261

4.10.54 Sarvāṅgasundarā

madhūkapuṣpāṇām kuḍavasvarasaṃ ca kvathitamardhakṣayīkṛtaṃ-
ardhāvaśeṣam, śītaṃ māḥṣikacaturthabhagayutaṃ pūrvavat-
pūrveṇa tulyamelādirūṣite bhāṇḍe māsam yāvat, sannidhāpayet-
samyak sthāpayet | "madhūkapuṣpakūḍavaṃ" ityādi yo+ayaṃ 5
parimāṇanirdeśaḥ sa iha mātrādikpradarśanaparaḥ | an-
ayā diśā+ayaṃ sandhātavyo bahuḥ, na tvetāvān | any-
athā hyalpasambhṛtatvādayamāsavo na śobhanaḥ syāt |
anyatra tvāsavāriṣṭalehādau paripūrṇatvāt yathānirdiṣṭa-
iva mātrā yathoktaguṇakalāpaṃ karoti, na nyūnādhiketi
vedyam | tat etat, pibannāturo hitabhojī san sarvān grah- 10
aṇīdoṣān jayati | § 15262

4.10.55 Aṣṭāṅgahr̥dayasaṃhitā

tadvaddrākṣekṣukharjūrasvarasānāsutān
pibet | | 52 | | § 15263

4.10.56 Sarvāṅgasundarā

[tadvat-] yathaiṣa madhūkapuṣpakvātha āsutastathaiva,
drākṣādisvarasānāsutān pibet | yathā ca madhūkapuṣpā-
ṇāṃ kvātha ādiṣṭo granthakṛtā tathaiva drākṣādīnāṃ sva-
rasābhava kvātho grāhyāḥ, tasya dikpradarśanaparavāt |

5 § 15264

4.10.57 Aṣṭāṅgahr̥dayasaṃhitā

hiṅgutiktāvacāmādrīpāṭhendrayavagokṣuram | | 53 | |
pañcakolaṃ ca karṣāṃśaṃ palāṃśaṃ
paṭupañcakam | | 53 | |
ghṛtatailadvikuḍave dadhnaḥ prasthadvaye ca
tat | | 54 | |
āpothya kvāthayedagnau mṛdāvanugate
rase | | 54 | |
5 antardhūmaṃ tato dagdhvā cūrṇīkṛtya
ghṛtāplutam | | 55 | |
pibetpāṇitalaṃ tasmin jīrṇe
syānmadhurāśanaḥ | | 55 | |
vātaśleṣmāmayān sarvān hanyādviṣagarāṃśca
saḥ | | 56 | | § 15271

4.10.58 Sarvāṅgasundarā

hiṅgvādi karṣapramāṇaṃ lavaṇāni pañca palapramāṇ-
āni | tadetadghṛtatailayoḥ kuḍavadvaye dadhiprasthadv-
aye cāpothya-saṅkṣudya, mṛdāvagnau kvāthayet | rase
cānugate-praviṣṭe sati, anantaramantardhūmaṃ kalaśe da-
5 gdhvā tataścūrṇīkṛtya karṣamātraṃ ghṛtāloḍitaṃ pibet |
tasmin jīrṇe madhurabhojī syāt | sa ca-kṣāro, vātakapha-
rogādīn hanti | § 15272

4.10.59 Aṣṭāṅgahr̥dayasaṃhitā

bhūnimbaṃ rohiṇīm tiktāṃ paṭolaṃ
nimbaparpaṭam | |56| |
dagdhvā māhiṣamūtreṇa
pibedagnivivardhanam | |57| | § 15274

4.10.60 Sarvāṅgasundarā

bhunimbādīni dagdhvā māhiṣamūtreṇa pibet | tacca pī-
taṃ vahniṃ vardhayati | § 15275

4.10.61 Aṣṭāṅgahr̥dayasaṃhitā

dve haridre vacā kuṣṭhaṃ citrakaḥ kaṭurohiṇī | |57| |
mustā ca śāgamūtreṇa siddhaḥ
kṣāro+agnivardhanaḥ | |58| | § 15277

4.10.62 Sarvāṅgasundarā

kaṭurohiṇī-kaṭukā | haridrādvayādeśśāgamūtreṇa siddhaḥ
pūrvavadagnivṛddhikṛt kṣāraḥ | § 15278

4.10.63 Aṣṭāṅgahr̥dayasaṃhitā

catuṣpalaṃ sudhākāṇḍātripalaṃ lavaṇatrayāt | |58| |
vārtākakuḍavaṃ cār̥kādaṣṭau dve
citrakātpale | |59| |
dagdhvā rasena vārtākādguṭikā
bhojanottarāḥ | |59| |
bhuktamannaṃ pacantyāśu kāsaśvāsārśasāṃ
hitāḥ | |60| |
visūcikāpratiśyāyahṛdrogaśamanāśca
tāḥ | |60| | § 15283

5

4.10.64 Sarvāṅgasundarā

sudhāstambhāccatvāri palāni, lavaṇatrayātrīṇi palāni, pa-
kvaśuṣkavārtākakuḍavam, arkādaṣṭau palāni, citrakapale
dve, etatsarvaṃ dagdhvā, tato vārtākānāṃ rasena kṛtā gu-
likā bhuktaṃ upayuktaṃ, bhojanaṃ pacantyāśu | kāsādi-
5 bhyo hitāḥ | visūcikādighnyaśca smṛtāḥ | § 15284

4.10.65 Aṣṭāṅgahr̥dayasaṃhitā

mātuluṅgaśaṭhīrāsnaḥkaṭutrayaharītaki | | 61 | |
svarjikāyāvaśūkākhyau kṣārau pañcapaṭūni
ca | | 61 | |
sukhāmbupītaṃ taccūrṇaṃ
balavarṇāgnivardhanam | | 62 | | § 15287

4.10.66 Sarvāṅgasundarā

mātuluṅgādikaṃ cūrṇamuṣṇodakena pītaṃ balādivardh-
anam | § 15288

4.10.67 Aṣṭāṅgahr̥dayasaṃhitā

ślaiṣmike grahaṇīdoṣe savāte tairghṛtaṃ pacet | | 62 | |
dhānvantaram ṣaṭpalaṃ ca
bhallātakaghṛtābhayam | | 63 | | § 15290

4.10.68 Sarvāṅgasundarā

ślaiṣmike grahaṇīdoṣe vātānvite taiḥ-mātuluṅgādibhiḥ,
ghrutaṃ pacet | athavā, dhānvantaram ghṛtaṃ-pramehacikitsite
"daśamūlaśaṭhī" (ci. a. 12/19) ityādikaṃ | ṣaṭpalaṃ-rājayakṣyacikitsite
"pañcakolayavakṣāra" (ci. a. 5/22) ityādikaṃ | bhallātakaghṛtaṃ-
5 gulmokaṃ "bhallātakānāṃ dvipalaṃ" (ci. a. 14/80) ityād-
ikaṃ | abhayghṛtaṃ-udaracikitsite "harītakīsūkṣmarajaḥ"
(ci. a. 15/28) ityādikaṃ | § 15291

4.10.69 Aṣṭāṅgahr̥dayasaṃhitā

biḍakācoṣalavaṇasvarjikāyāvaśūkajān | | 63 | |
saptalāṃ kaṅṭakārīm ca citrakam caikato
dahet | | 64 | |
saptakṛtvaḥ srutasyāsyā kṣārasyārdhādhake
pacet | | 64 | |
ādhakam sarpiṣaḥ peyam
tadagnibalavṛddhaye | | 65 | | § 15295

4.10.70 Sarvāṅgasundarā

biḍalavaṇam kācalavaṇam-kṛṣṇalavaṇam, kṣāralavaṇam
svarjikādīṃścaikasmin kṛtvā dahet | saptavārānasya kṣār-
asya srutasya cārdhādhake sarpiṣa ādhakam pacet | tadgh-
ṛtamagnibalādivṛddhaye peyam | § 15296

4.10.71 Aṣṭāṅgahr̥dayasaṃhitā

nicaye pañcakarmāṇi
yuñjyāccaitadyathābalaṃ | | 65 | | § 15297

4.10.72 Sarvāṅgasundarā

nicaye-sannipātaje grahaṇīdoṣe, pañcakarmāṇi-vamanavirecanāsthāpanā
yathābalaṃ yuñjyāt | yadyapi śirovirecanākhyasya karm-
aṇo bāhulyena grahaṇīdoṣe prayojanam na tathā dr̥śyate
yathā vamanādīnām, tathā+api bhūyastvamurarīkṛtya pa-
ñcakarmāṇītyuktam | caśabdādyadetaddhahaṇītraye pra- 5
tidoṣamāśrityoktam karma tadapi nicayotthe grahaṇīdoṣe
yuñjyāt | § 15298

4.10.73 Aṣṭāṅgahr̥dayasaṃhitā

praseke ślaiṣmike+alpāgnerdīpanam
rūkṣatiktakam | | 66 | |

yojyaṃ kṛśasya vyatyāsātsnigdharūkṣaṃ
kaphodaye | | 66 | |
kṣīṅakṣāmaśarīrasya dīpanaṃ
snehasaṃyutam | | 67 | |
dīpanaṃ bahupittasya tiktaṃ
madhurakairyutam | | 67 | |
sneho+amlalavaṇairyukto bahuvātasya
śasyate | | 68 | | § 15303

4.10.74 Sarvāṅgasundarā

praseko dvividhaḥ-vātikaḥ ślaiṣmikaśca | tatra mandā-
gneḥ ślaiṣmaprakopaje praseke dīpanaṃ rūkṣatiktaṃ yad
dravyaṃ tatprayojyam, na ghṛtaṃ nāpi madhurāmlalava-
ṇādikaṃ | śleṣmajaprasekasya ca lakṣaṇam (hr̥.ci.a.5/63)-
5 "śleṣmaṇo+atiprasekena vāyuḥ śleṣmāṇamasyati |" ity-
ādi | kṛśasya punarmandāgneḥ kaphodaye sati vyatyāsāt
paryāyeṇa vyatikarmavyavahārārthaḥ | vyatyāsāt snigdha-
arūkṣaṃ yojyam,-snigdhaṃ yojayitvā rūkṣaṃ yojyaṃ rū-
kṣaṃ yojayitvā snigdhaṃ yojyamityarthaḥ | yadi hi kṛśe
10 bahukaphe rūkṣe ca nare rūkṣameva yuñjyāt, tato rūkṣe
kevale yujyamāne kārśyasya vṛddhiḥ syāt | atha sneha-
meva yuñjayāt, tataḥ snehe kevale yujyamāne kaphav-
ṛddhiḥ syāt | iti vyatyāsena snigdharūkṣamupayojyam |
15 kṣīṅakṣāmaśarīrasya tu kaphodaye dīpanaṃ dravyaṃ-
pañcakolādikaṃ, snehaiḥ-ghṛtādibhiḥ, saṃyutam sneha-
saṃyuktaṃ yuñjyāt | bahupittasya mandāgrestiktaṃ ma-
dhurakairdravyairyuktaṃ dīpanaṃ yojyam | bahuvāta-
say mandāgnernarasya sneho+amlalavaṇairyuktaḥ prāy-
eṇa śasyate | § 15304

4.10.75 Aṣṭāṅgahr̥dayasaṃhitā

snehameva paraṃ vidyāddurbalānaladīpanam | | 68 | |
nālaṃ snehasamiddhasya śamāyānnaṃ
sugurvapi | | 69 | | § 15306

4.10.76 Sarvāṅgasundarā

evetyavadhāraṇe | paraṃ-pradhānaṃ, snehameva mand-
āgrervidyāt, na tato+anyad dravyam | tasmānmandā-
gnerdoṣapratipakṣabhutairauśadhairyuktaḥ sneho bāh-
ulyena pathyaḥ | ata evedaṃ kāraṇaṃ nirdiśannāha-
nālamityādi | yasmāt snehoddīpitasyāgreḥ suṣṭhu gurva- 5
pyannaṃ śamāya nālaṃ-paryāptam | tasmāt sneha eva du-
rbalānaladīpanāya śreṣṭhaḥ | § 15307

4.10.77 Aṣṭāṅgahrdayasaṃhitā

yo+a+alpāgnitvātkaphe kṣīṇe varcaḥ pakvamapi
ślatham | | 69 | |
muñcetpaṭvauśadhayutaṃ sa pibedalpaśo
ghṛtam | | 70 | |
tena svamārgamānītaḥ svakarmani
niyojitaḥ | | 70 | |
samāno dīpayatyagnimagneḥ sandhukṣako hi
saḥ | | 71 | | § 15311

4.10.78 Sarvāṅgasundarā

yaḥ-naraḥ, alpāgnitvātkaphe kṣīṇe sati purīṣaṃ pakvam-
api śithilaṃ muñcet, saḥ-naraḥ, alpamalpaṃ ghṛtaṃ pi-
bet | kimbhutam ? paṭvauśadhayutaṃ-saindhavaśuṅṭhīyuktam |
tena-sarpiṣā, samānaḥ svamārgamānīya svakarmani-annapacanākhye,
niyojito+agniṃ sandīpayati | yato+asau-samānaḥ, agne 5
sandhukṣakaḥ | § 15312

4.10.79 Aṣṭāṅgahrdayasaṃhitā

purīṣaṃ yaśca kṛcśreṇa kaṭhinatvādvimuñcati | | 71 | |
sa ghṛtaṃ lavaṇairyuktaṃ naro+annāvagrahaṃ
pibet | | 72 | | § 15314

4.10.80 Sarvāṅgasundarā

yaśca-puruṣaḥ, purīṣaṃ kāṭhinyāt-saṃhatatvāddhetoḥ, kṛcśreṇa
muñcati | saḥ-naraḥ, lavaṇaiḥ pañcabhiryuktaṃ ghr̥taṃ
pibet | kimbhūtaṃ ? annāvagrahaṃ, -annenāvagrahaḥ saḥ-
asordhvakāyagamanapratibandho+avaṣṭambho yasya ta-
5 devam | ghr̥taṃ pītivā+annaṃ bhoktavyamityarthaḥ | § 15315

4.10.81 Aṣṭāṅgahr̥dayasaṃhitā

rauḥsyānmande+anale sarpistailaṃ vā dīpanaiḥ
pibet | | 72 | | § 15316

4.10.82 Sarvāṅgasundarā

rauḥsyāddhetormande+agnau sati sarpirathavā tailaṃ dī-
panīyairyutaṃ pibet | § 15317

4.10.83 Aṣṭāṅgahr̥dayasaṃhitā

kṣāracūrṇāsavāriṣṭān mande snehātipānataḥ | | 73 | | § 15318

4.10.84 Sarvāṅgasundarā

snehātipānāddhetormande+agnau sati kṣārādīn pibet |
§ 15319

4.10.85 Aṣṭāṅgahr̥dayasaṃhitā

udāvartāttu yoktavyā nirūhasnehabastayaḥ | | 73 | | § 15320

4.10.86 Sarvāṅgasundarā

udāvartātpunarmande+agnau sati nirūhasnehabastayaḥ
prayoktavyāḥ | § 15321

4.10.87 Aṣṭāṅgahr̥dayasaṃhitā

doṣātivṛddhyā mande+agnau saṃsuddho+annavidhiṃ
caret | |74| | § 15322

4.10.88 Sarvāṅgasundarā

doṣā+ativṛddhayā mande+agnau sati vamanavirecanādi-
bhirḥ tadoṣaḥ kṛtasam̐suddhirannavidhiṃ-peyādikramaṃ,
ācaret | § 15323

4.10.89 Aṣṭāṅgahr̥dayasaṃhitā

vyādhimuktasya mande+agnau sarpireva tu
dīpanam | |74| | § 15324

4.10.90 Sarvāṅgasundarā

vyādhimuktasya mande+agnau sarpireva dīpanaṃ syāt,
nānyattathadravyam | § 15325

4.10.91 Aṣṭāṅgahr̥dayasaṃhitā

adhvopavāsakṣamatvairyavāgvā pāyayeddhṛtam | |75| |
annāvapīḍitaṃ balyaṃ dīpanaṃ bṛhaṇaṃ ca
tat | |75| | § 15327

4.10.92 Sarvāṅgasundarā

adhvopavāsakṣāmatvairmande+agnau yavāgvā saha ghr̥-
taṃ pāyayet, vaidya iti śeṣaḥ | kimbhūtam ? annenāvapī-
ḍitamannāvapīḍitaṃ, madhyabhaktaṃ ghr̥tamityarthaḥ |
evaṃ pītaṃ balyaṃ bṛhaṇaṃ dīpanaṃ ca tadbhavati |
§ 15328

4.10.93 Aṣṭāṅgahr̥dayasaṃhitā

dīrghakālaprasaṅgāttu kṣāmakṣīṅakṛśānnarān | |76| |
prasahānāṃ rasaiḥ
sāmlairbhojayetpiśitāśinām | |76| |
laghūṣṇakaṭuśodhitvād dīpayantyaśu
te+analam | |77| |
māṃsopacitamāṃsatvātparam ca
balavardhanāḥ | |77| | § 15332

4.10.94 Sarvāṅgasundarā

dīrghakālaprasaṅgāttu mande+agnau satyasamyagāhāra-
rasapariṇatyā hetubhūtayā kṣāmakṣīṅakṛśānnarān piśitāśinām-
prasahādīnām, rasaiḥ sāmlairbhojayet | kasmāttānetān bh-
ojayet? ityāha-laghūṣṇetyādi | laghutvāduṣṇatvātkaṭutvā-
5 cchodhanatvācca te rasāḥ śīghramagniṃ dīpayanti | bhā-
vapradhānanirdeśaḥ pūrvavaccātra yojyaḥ | nanu, prāga-
bhyadhāyi (hr̥. sū. a. 6/61)- "guruṣṇasnigdhamadhurā va-
rgāścāto yathottaram |" iti | iha ca prasahānāṃ laghutva-
mucyate | tadime vacasī parasparam vyāghnāte | atra br-
10 ūmaḥ | lāghavaśabdo+atra kriyāviśeṣārthaḥ | dhāvanapl-
avanalaṅghanādikā ceṣṭā, tasyāḥ pāṭavaviśeṣo lāghavam |
yathā ca prāgadhyagīṣṭa (hr̥. sū. a. 2/10)-"lāghavaṃ ka-
rmasāmarthya" iti | evaṃ cātrāvirodhaḥ | hetunirdeśād-
15 anye+apyevamprāyā ye māṃ sarasāstānapyetān bhojaye-
diti | te ca-prasahāḥ, māṃsopacitamāṃsatvāddhetoḥ su-
ṣṭhu balaṃ vardhayanti | § 15333

4.10.95 Aṣṭāṅgahr̥dayasaṃhitā

snehāsavasurāriṣṭacūrṇakvāthāhitāśanaiḥ | |78| |
samyak prayuktairdehasya balamagneśca
vardhate | |78| | § 15335

4.10.96 Sarvāṅgasundarā

snehādibhiḥ samyak prayuktaiḥ śarīrasyāgneśca balaṃ
vardhate | tasmāt snehādayo yathāvasthaṃ prayojyā iti
bhāvaḥ | § 15336

4.10.97 Aṣṭāṅgahr̥dayasamhitā

dīpto yathaiva sthāṅuśca bāhyo+agniḥ
sāradārubhiḥ | | 79 | |
sasnehairjāyate tadvadāhāraiḥ
koṣṭhago+analaḥ | | 79 | | § 15338

4.10.98 Sarvāṅgasundarā

yathā-yena prakāreṇa, sāradārubhiḥ-śamīkhadirādibhiḥ,
sasnehairbāhyo+agnidīptaḥ sthāṅuḥ-sthiraśca, jāyate | ta-
thaiva koṣṭhago+agniḥ sasnehaiḥ pathyarūpairāhāraiḥ pa-
tutarāḥ sthiraśca sampadyate | § 15339

4.10.99 Aṣṭāṅgahr̥dayasamhitā

nābhojanena kāyāgnirdīpyate nātibhojanāt | | 80 | |
yathā nirindhano vahniralpo
vā+atīndhanāvṛtaḥ | | 80 | | § 15341

4.10.100 Sarvāṅgasundarā

nābhojanena kāyāgnirdīpyate | na cātibhojanena | atraiva
dṛṣṭantamāha-yathā bāhyo+agninirindhano na dīpyate
naśyati | alpo+agnirbāhyo+atīndhanena-bahubhirdārubhiḥ,
āvṛto naśyati,-na dīpyate | evaṃ koṣṭhāgnirapyabhojanāti-
bhojanābhyāṃ naśyati,-na dīpyata ityarthāḥ | § 15342

5

4.10.101 Aṣṭāṅgahr̥dayasaṃhitā

yadā kṣīṇe kaphe pittam svasthāne pavanānugam | |81| |
pravṛddham vardhayatyagniṃ tadā+asau
sānilo+analaḥ | |81| |
paktvā+annamāśu dhātūṃśca sarvānojaśca
saṅkṣipan | |82| |
mārayetsyātsa nā svastho bhukte jīrṇe tu
tāmyati | |82| | § 15346

4.10.102 Sarvāṅgasundarā

yasmin kāle kaphe kṣīṇe-kṣayaṃ yāte, ata eva svasthāne-
āmāśayākhye, pittam vṛddham | kimbhūtam ? pavanā-
nugam | mārutena gamanasvabhāvena paścādyuktam |
5 asāvanalo-jāṭharāgniḥ, sānilaḥ-pavanasahito, annam pa-
ktvā+anantaram paktavyābhāvāt sarvān dhātūn paktvā,
āśu puruṣam mārayet | kiṃ kurvan ? ojaśca saṅkṣipan-
saṃharan, vināśayannityarthaḥ | nanu, pittānilayordva-
yoh prakṛtatvāt sapittānilo+anala iti vaktum yuktam syāt |
10 maivam | "pittam vahnirvahniyam vā" (hr̥. śā. a. 3/90) iti
kṛtvā tadānīm jāṭharāgninā sahaikatam prāptam pittamiti
sānilo+anala iti nirdiṣṭam | saḥ-atyagnipīḍito, nā-puruṣo,
bhukte svasthaḥ syāt | jīrṇe tu tāmyati-upatapyate | ane-
kārthatvāddhātūnāmupa tāpārthastāmyatiḥ | tamakalakṣ-
15 aṇe+api prāgadhyagīṣṭa | § 15347

4.10.103 Aṣṭāṅgahr̥dayasaṃhitā

tr̥ṭkāsādāhamūrcsādyā
vyādhayo+atyagnisambhavāḥ | |83| | § 15348

4.10.104 Sarvāṅgasundarā

tr̥ṣṇādayo rogā atyagneḥ sambhavanti | § 15349

4.10.105 Aṣṭāṅgahr̥dayasaṃhitā

tamatyigniṃ gurusnigdhamandasāndrahimasthir-
aiḥ | | 83 | |
annapānairnayecśāntiṃ
dīptamagnimivāmbubhiḥ | | 84 | | § 15351

4.10.106 Sarvāṅgasundarā

tamatyagniṃ-bhasmakākhyam, gurusnigdhādibhiranna-
pānaiḥ śānti nayet | kamiva ? dīptaṃ-iddamagniṃ bā-
hyam, yathā jalaiḥ | § 15352

4.10.107 Aṣṭāṅgahr̥dayasaṃhitā

muhurmuhurājirṇe+api bhojyānyasyopahārayet | | 84 | |
nirindhano+antaram labdhvā yathainam na
vipādayet | | 85 | | § 15354

4.10.108 Sarvāṅgasundarā

muhurmuhuḥ-kṣaṇekṣaṇe, ajirṇe+api bhojyani-kṛsarādīni,
upahārayet-āhārārtha prakalpayet | ajirṇe+apītyapīśabdāt
kimuta jirṇe bhojyānupahārayediti | kimityevam kriy-
ate ? ityāha-yasmāttasmāttathā tena prakāreṇājirṇe+api
punaḥ punarāhā ropayogena nirindhano+agnirantaram- 5
avakāśam, labdhvā yathā enam na vipādayet | § 15355

4.10.109 Aṣṭāṅgahr̥dayasaṃhitā

kṛsarām pāyasam snigdham paiṣṭikam
guḍavaikṛtam | | 85 | |
asñiyādaudakānūpapiśītāni bhṛtāni ca | | 86 | |
matsyān viśeṣataḥ ślakṣṇān sthiratoyacarāśca
ye | | 86 | | § 15358

4.10.110 Sarvāṅgasundarā

kr̥sarāmit̥yādīni bhuj̥jīta | guḍavaikṛtamiti | vikṛtameva
vaikṛtam, prajñād̥itvādaṅ | tathaidakānām-matsyakacśapādīnām
piśitāni, tathā+a+anūpāni-varāhādīnām, bhṛtāni-medurāṇī,
bhakṣayet | viśeṣeṇa matsyān | ślakṣṇān-aparuṣān | caś-
5 abdādye ca sthiratoyacarāḥ-avahajjalāsritāḥ, tānapyaśnī-
yāt | § 15359

4.10.111 Aṣṭāṅgahr̥dayasaṃhitā

āvikaṃ subhṛtaṃ
māṃsamadyād̥atyagnivāraṇam | | 87 | | § 15360

4.10.112 Sarvāṅgasundarā

āvikaṃ māṃsaṃ subhṛtaṃ-atīvameduraṃ, atyagnivāra-
ṇamadyāt | § 15361

4.10.113 Aṣṭāṅgahr̥dayasaṃhitā

payah̥ sahamadhūcśiṣṭaṃ ghṛtaṃ vā tṛṣitaḥ pibet | | 87 | |
godhūmacūrṇam̐ payasā
bahusarpīḥpariplutam | | 88 | |
ānūparasayuktān vā
snehām̐stailavivarjitān | | 88 | |
śyāmātrivṛdvipakvaṃ vā payo
dadyādvirecanam | | 89 | |
5 asakṛtpittaharaṇam̐
pāyasapratibhojanam | | 89 | | § 15366

4.10.114 Sarvāṅgasundarā

tathā, tṛṣitaḥ san payah̥ pibet | kimbhutam̐ ? sahamadhūcchiṣṭaṃ-
samadanaṃ, sarpīrvā evaṃbhutam̐ pibet | godhūmacū-
rṇam̐ bahughṛtaṃ kṣīreṇāloḍitaṃ pibet | athavā, ānupa-
māṃsarāsānvitān snehān pibet | kimbhūtān ? tailavivarj-

itān | tailasya pittakṛttvānniṣedhaḥ | athavā, śyāmātrivṛ-
ndyāṃ vipakvaṃ kṣīraṃ virecanaṃ dadyāt | tathā, punaḥ
punaḥ pittasya haraṇaṃ pāyasasya pratibhojanaṃ hitam |
§ 15367

4.10.115 Aṣṭāṅgahr̥dayasaṃhitā

yatkiñcidguru medyaṃ ca śleṣmakāri ca
bhojanam | | 90 | |
sarvaṃ tadyagnihitaṃ bhuktvā ca svapanaṃ
divā | | 90 | | § 15369

4.10.116 Sarvāṅgasundarā

yatkiñcidguru bhojanaṃ yanmedaskaraṃ śleṣmakaraṃ
ca, tadatyagnaye hitam | bhuktvā ca yaddivā svapanaṃ ta-
cca hitam | § 15370

4.10.117 Aṣṭāṅgahr̥dayasaṃhitā

āhāramagniḥ pacati doṣānāhāraavarjitaḥ | | 91 | |
dhātūn kṣīṇeṣu doṣeṣu jīvitam
dhātusaṅkṣaye | | 91 | | § 15372

4.10.118 Sarvāṅgasundarā

agniḥ pūrvamāhāraṃ pacati | āhārahitastvagnirdoṣān
pacati | tadabhāvāddhātūn pacati | dhātusaṅkṣaye sati jī-
vitam pacati-nāśayatītyarthaḥ | § 15373

4.10.119 Aṣṭāṅgahr̥dayasaṃhitā

etatprakṛtyaiva viruddhamannaṃ
saṃyogasaṃskāraśena cedam | | 92 | |

ityādyavijñāya yatheṣṭaceṣṭāscaranti
yatsā+agnibalasya śaktiḥ | | 92 | |
tasmādagṇiṃ pālayetsarvayatnai stasminnaṣṭe
yāti nā nāsameva | | 93 | |
doṣairgraste grasyate rogasaṅghairyukte tu
syānnīrujo dīrghajīvī | | 93 | | § 15377

5 iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira-
citāyāmaṣṭāṅgharḍayasamhitāyāṃ caturthe cikitsita sth-
āne grahaṇidoṣacikitsitaṃ nāma daśamo+adhyāyaḥ | | 10 | |
§ 15378

4.10.120 Sarvāṅgasundarā

etadannaṃ prakṛtyā[eva]-svabhāvenaiva, viruddhamapa-
thyam yathā-karamardakadadhisaṣapaśākaphāṇitaśuṣka-
māṃsavirūdhakāmamūla-kalakucādikam | saṃyogaviru-
ddham yathā-kṣīramamlena saha, ānūpamāmiṣaṃ māṣaiḥ
5 saha, ityādi | saṃskāraviruddham yathā-hārītamāṃsaṃ
hāridraśūlaprotaṃ hāridravahninā pācitamityādi | eva-
midam prakṛtyā diviruddham saṃyogasya saṃskāra-
sya ca vaśena-sāmarthyena, cedam viruddham | ādi-
grahaṇānmātrākālādiparigrahaḥ | tatra mātrāviruddham
10 yathā-madhughṛtaṃ samāṃsam | kālavaśenedam yathā-
rātriparyuṣitā kākamācī | pātravaśenedam yathā-kāṃsye
daśāhamuṣitam sarpiḥ | ityādyavijñāya-abuddhvā+aparyālocya,
yatheṣṭaceṣṭāḥ-yathābhilāṣamā hāramāsevamānāḥ, yacca-
ranti sā+agnibalasya śaktiḥ-sāmarthyam | yata evaṃ ta-
15 smādagṇiṃ pālayet, sarvayatnaiḥ-akhilakriyānuṣṭhānaiḥ,
tasmin-agnau, naṣṭe-kṣiṇe, nā-puruṣo, nāsaṃ yāti | doṣai-
rgraste vahnau nā-puruṣo, rogasaṅghairgrasyate-pīḍyate |
yukte-svasthe, punaragnau nīrujo dīrghajīvī ca bhaved-
iti | upajātiśālinyau vṛtte | iti śrīmrṅgāṅkadattaputraśrīma-
20 daruṇadattaviracitāyāmaṣṭāṅgharḍayaṭīkāyāṃ sarvāṅga-
sundarākhyāyāṃ caturthe cikitsitasthāne grahaṇidoṣacik-
itsitaṃ nāma daśamo+adhyāyaḥ samāptaḥ | | 10 | | § 15379

4.11 mūtrānātacikitsitādhyāyaḥ : 11

4.11.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto mūtrāghātacikitsitaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) kṛcchre vātaghnatailāktamadhonābheḥ
samīraje | | 1 | |
susnigdhaiḥ svedayedāṅgaṃ
piṇḍasekāvagāhanaiḥ | | 1 | | § 15383

4.11.2 Sarvāṅgasundarā

kṛcśre-mūtrakṛcśre, ādipadalopaṃ kṛtvā nirdiṣṭam | yathā-
māṃsarase rasa iti | mūtrakṛcśre vātotthe, aṅgaṃ-ṣarīraṃ,
vātaghnatailena-balātailādinā, abhyaktamadho nāmeḥ sa-
mantāt svedaiḥ piṇḍādibhiḥ suṣṭhu snigdhaiḥ-na rūkṣaiḥ,
svedayet | § 15384

5

4.11.3 Aṣṭāṅgahr̥dayasaṃhitā

daṣamūlabalairaṇḍayavābhīrupunarnavaiḥ | | 2 | |
kulatthakolapattūravr̥ṣcīvopalabhedakaiḥ | | 2 | |
tailasarpirvarāharkṣavasāḥ
kvathitakalkitaiḥ | | 3 | |
sapañcalavaṇāḥ siddhāḥ pītāḥ ṣūlaharāḥ
param | | 3 | | § 15388

4.11.4 Sarvāṅgasundarā

daṣamūlādibhiḥ kvathitakalkitaistailasarpirvarāharkṣava-
sāḥ siddhāḥ-pakvāḥ, saha pañcalavaṇairvartanta iti sapa-
ñcalavaṇāḥ pītāḥ paraṃ-suṣṭhu, ṣūlaharāḥ | § 15389

4.11.5 Aṣṭāṅgahr̥dayasaṃhitā

dravyāṅyetāni pānānne tathā piṇḍopanāhane | | 4 | |
saha tailaphalairyuñjyātsāmlāni snehavanti
ca | | 4 | | § 15391

4.11.6 Sarvāṅgasundarā

etāni-daṣamūlādīni, dravyāṅi pānānne tadvijayāya, tathā
piṇḍopanāhākhyam svedadvayam tailaphalaiḥ saha yu-
ñjyāt | tailārthāni phalāni nālikerākṣoḍādīni tailaphalāni,
yathā-yūpāya dāru, taiḥ saha | kecittu tailaphalāni tilānā-
5 huḥ | kimbhūtāni ? sāmlāni, sahāmlaiḥ-takrāranālādibhiḥ,
vartanta iti sāmlāni | tathā, snehavanti-bahusnehāni | "bh-
ūmni matup" | § 15392

4.11.7 Aṣṭāṅgahr̥dayasaṃhitā

sauvarcalādhyam madirām
pibenmūtrarujāpahām | | 5 | | § 15393

4.11.8 Sarvāṅgasundarā

tathā madirām bahusauvarcalām mūtrarujāpahām pibet |
§ 15394

4.11.9 Aṣṭāṅgahr̥dayasaṃhitā

paitte yuñjīta ṣiṣiram sekalepāvagāhanam | | 5 | | § 15395

4.11.10 Sarvāṅgasundarā

paitte mūtrakṛcsre ṣītaḥ sekalepāvagāhanam yuñjīta |
§ 15396

4.11.11 Aṣṭāṅgahr̥dayasaṃhitā

pibedvarīm gokṣurakaṃ vidārīm sakaserukām | | 6 | |
tr̥ṇākhyam pañcamūlam ca pākyaṃ
samadhuṣarkaram | | 6 | | § 15398

4.11.12 Sarvāṅgasundarā

tathā ṣatāvaryādikaṃ pākyaṃ kṛtvā samadhuṣarkaram pi-
bet | § 15399

4.11.13 Aṣṭāṅgahr̥dayasaṃhitā

vṛṣakaṃ trapusairvārulaṭvābījāni kuṅkumam | | 7 | |
drākṣāmbhobhiḥ piban sarvān
mūtrāghātānapohati | | 7 | | § 15401

4.11.14 Sarvāṅgasundarā

vṛṣakādikaṃ kalkīkṛtya drākṣājaleṇa piban sarvān mūtr-
āghātān parākaroti | apohatīti "upasargādasyatyūhyorvā
vacanam" iti parasmaipadam | vṛṣakaḥ-pāṣāṇabhedakaḥ |
laṭvābījaṃ-kusumbhabījam | § 15402

4.11.15 Aṣṭāṅgahr̥dayasaṃhitā

ervārubījayaṣṭyāhvadārvīrvā taṇḍulāmbunā | | 8 | |
toyena kalkaṃ drākṣāyāḥ pibetparyuṣitena
vā | | 8 | | § 15404

4.11.16 Sarvāṅgasundarā

ervārubījādikaṃ vā taṇḍulāmbhasā pibet pūrvaguṇam |
paryuṣitena vā jalena drākṣākalkaṃ pibet | § 15405

4.11.17 Aṣṭāṅgahr̥dayasaṃhitā

kaphaje vamaṇaṃ svedaṃ tikṣṇoṣṇakaṭubhojanam | | 9 | |
yavānāṃ vikṛtīḥ kṣāraṃ kālaṣeyaṃ ca
ṣīlayet | | 9 | | § 15407

4.11.18 Sarvāṅgasundarā

kaphaje mūtrakṛcśre vamaṇādīni ṣīlayet | § 15408

4.11.19 Aṣṭāṅgahr̥dayasaṃhitā

pibenmadyena sūkṣmailāṃ dhātrīphalarasena vā | | 10 | |
*sārasāsthiṣvadaṃṣṭrailāvyoṣaṃ vā
madhumūtravat | | 10 | |
svarasaṃ kaṇṭakāryā vā
pāyayenmākṣikānvitam | | 11 | |
ṣitivāraḥkābijaṃ vā takreṇa
ṣlakṣṇacūrṇitam | | 11 | |
5 dhavasaptāhvakuṭagaḍūcīcaturaṅgulam | | 12 | |
kembukailākaraṇjaṃ ca pākyaṃ samadhu
sādhitam | | 12 | |
tairvā peyāṃ pravālaṃ vā cūrṇitam
taṇḍulāmbunā | | 13 | |
satailaṃ pāṭalākṣāraṃ saptakṛttvo+athavā
srutam | | 13 | | § 15416

4.11.20 Sarvāṅgasundarā

tathā madyena sūkṣmailāṃ pibet | āmalakarasena vā
sūkṣmailāṃ pibet | [athavā,] sārasāsthyādīni madhuyu-
ktāni gomūtreṇa pibet | athavā, kaṇṭakāryāḥ svarasaṃ
samākṣikaṃ pāyayet | [athavā,] ṣitivāraḥkasya-karaṇjasya,
5 bijaṃ ṣlakṣṇapiṣṭam takreṇa saha pāyayet | dhavādi-
bhiḥ kṛtam pākyaṃ-kvātham, vā samadhu pāyayet |
tairvā-dhavādibhiḥ, sādhitam peyāṃ pāyayet | pravālaṃ-
vidrumaṃ, rajīkṛtam taṇḍulāmbhasā [vā] pāyayet | pāṭal-
āyāḥ kṣāraṃ saptavārān srutam tailena vā pāyayet | § 15417

4.11.21 Aṣṭāṅgahr̥dayasaṃhitā

pāṭalīyāvaṣūkābhyāṃ pāribhadrātilādapi | | 14 | |
kṣārodakena madirāṃ
tvageloṣakasamyutām | | 14 | |
pibedguḍopadaṃṣānvā lihyādetān *pṛthak
pṛthak | | 15 | | § 15420

4.11.22 Sarvāṅgasundarā

pāṭalīyavakṣārābhyāṃ kṣārodakena tathā pāribhadrati-
lakṣārodakena madirāṃ tvageloṣakasamyuktām pibet |
ūśakaḥ-kallaraḥ | guḍopadaṃṣānveti | athavā guḍamupa-
daṃṣya etān-tvagādīn, pṛthak pṛthak lihyāt | § 15421

4.11.23 Aṣṭāṅgahr̥dayasaṃhitā

sannipātātmake sarvaṃ yathāvasthamidaṃ hitam | | 15 | |
aṣmanyapyacirothhāne vārabastyādikeṣu
ca | | 16 | | § 15423

4.11.24 Sarvāṅgasundarā

sannipātātmake mūtrakṛcchre sarvamidaṃ-pūrvoktaṃ pṛ-
thagdoṣātmakamūtrakṛcchranirdiṣṭaṃ, yathāvasthaṃ-avasthāmapekṣya,
hitam | na kevalaṃ sannipātātmake kṛcchre prāñ ni-
rdiṣṭaṃ pṛthagdoṣātmakamūtrakṛcchracikitsakaṃ hitam |
yāvadaśmaryāmapyacirothhāne, acirakālaṃ utthānaṃ-janmāḥ
yasya tasmin hitam | caśabdādvātabastyādikeṣu mūtrāgh-
āteṣu hitam | ādiśabdena vātakuṇḍalikādayo gr̥hyante |
§ 15424

4.11.25 Aṣṭāṅgahr̥dayasaṃhitā

aṣmarī dāruṇo vyādhirantakapratimo mataḥ | | 16 | |
taruṇo bheṣajaiḥ sādhyah
pravṛddhaṣṣedamarhati | | 17 | | § 15426

4.11.26 Sarvāṅgasundarā

aśmarī dāruṇo vyādhirantakapratimaḥ-tattulyo mataḥ, śī-
ghraṃ prāṇahāritvāt | sa cāśmarī taruṇaḥ-acirotpannaḥ,
auśadhaiḥ sādhyāḥ-sādhayituṃ śakyaḥ | pravṛddhaḥ punaśchedanaṃ-
pāṭanaṃ, śastreṇārhati | § 15427

4.11.27 Aṣṭāṅgahr̥dayasaṃhitā

tasya pūrveṣu rūpeṣu snehādikrama iṣyate | | 17 | | § 15428

4.11.28 Sarvāṅgasundarā

tasya-aśmaryākhyasya vyādheḥ, prāgrūpeṣu snehādikr-
ama iṣyate | ādiṣabdaḥ svedanavamanādīnāṃ grahāya |
atha snehamāha- § 15429

4.11.29 Aṣṭāṅgahr̥dayasaṃhitā

pāṣāṇabhedo vasuko vaṣiro+aśmantako varī | | 18 | |
kapotavaṅkātibalābhallūkoṣīrakacśakam | | 18 | |
vṛkṣādānī śākaphalaṃ vyāghryau
guṇṭhastrikaṅṭakaḥ | | 19 | |
yavāḥ kulāthhāḥ kolāni varuṇaḥ
katakātphalam | | 19 | |
5 ūśakādiprativāpameṣāṃ kvāthe ṣṛtaṃ
ghṛtam | | 20 | |
bhinatti vātasambhūtāṃ tatpītaṃ
ṣīghramaśmarīm | | 20 | | § 15435

4.11.30 Sarvāṅgasundarā

pāṣāṇabhedādīnāṃ kvāthe ghṛtaṃ ṣṛtamūśakādigaṇoktadravyaprativāpaṃ-
tatkalkaṃ sat, pītaṃ vātajāmaśmarīm bhinatti | vasukaḥ-
īṣvaramallikā | vaṣiraṃ-sāmudralavaṇam | aśmantako-mālukaparnaḥ |
kapotavaṅkā-suvarcalā | bhallūkaḥ-ṣyonākaḥ | § 15436

4.11.31 Aṣṭāṅgahr̥dayasaṃhitā

gandharvahastabr̥hatīvyāghrīgokṣurakekṣurāt | |21| |
mūlakalkaṃ pibeddadhñā
madhureṇāśmabhedanam | |21| | § 15438

4.11.32 Sarvāṅgasundarā

gandharvahastādīnām samāhāradvandvaḥ, anityamāga-
maśāsanamiti tu prakṛtam | eraṇḍādīnām dravyāṅām ya-
nmūlaṃ tatkalkikṛtya madhureṇa dadhnā pibedaśmabhedanam,-
prakṛtatvādvātāśmarībhedanam gamyate | § 15439

4.11.33 Aṣṭāṅgahr̥dayasaṃhitā

kuṣaḥ kāṣaḥ ṣaro guṅṭha itkaṭo morāṭo+aśmabhit | |22| |
darbho vidārī vārāhī śālimūlaṃ
trikaṇṭakaḥ | |22| |
bhallūkaḥ pāṭalī pāṭhā pattūraḥ
sakuraṇṭakaḥ | |23| |
punarnave śirīṣaṣca teśām kvāthe
paceddhṛtam | |23| |
piṣṭena trapusādīnām bījenendīvareṇa 5
ca | |24| |
madhukena śilājena
tatpittāśmarībhedanam | |24| | § 15445

4.11.34 Sarvāṅgasundarā

kuṣādīnām kvāthe trapusādīnām-pūrvoktānām (ślo.7) tr-
apusairvārulaṭvānām, bījena nīlotpalabījena madhukena
ca piṣṭena śilājatunā ca gṛhṛtam pacet | tatpittāśmarībhe-
danam bhavati | ṣodhanādigaṇasaṅgrahoktāstu (hr̥. sū. a.
15 | 1) trapusādayo+atra na gṛhyante, tadantaḥpātinām pi- 5
ttavirodhinām sarpirā(sarṣapā)dīnām dravyāṅām tatra pā-
ṭhāt | § 15446

4.11.35 Aṣṭāṅgahr̥dayasaṃhitā

varuṇādiḥ samīraghnau gaṇāvelāhareṇukā | | 25 | |
guggulurmaricaṃ kuṣṭhaṃ citrakāḥ
sasurāhvayaḥ | | 25 | |
taiḥ kalkitaiḥ kṛtāvāpamūṣakādigaṇena
ca | | 26 | |
bhinatti kaphajāmāṣu sādhitam
ghṛtamaśmarīm | | 26 | | § 15450

4.11.36 Sarvāṅgasundarā

"varuṇasairyaka" (hr̥.sū.a.15 | 21) ityādirvaruṇādirgaṇaḥ,
samīraghnau gaṇau-"vīratarādiḥ (hr̥.sū.a.15 | 24) . tathā vi-
dāryādiḥ (hr̥.sū.a.15 | 9) , etairvaruṇādibhirdravyaiḥ kalkikṛtaistathoṣakādigaṇeṇa
"ūṣakastutthakaṃ" (hr̥.sū.a.15 | 23) ityādinā, kṛtāvāpam-
5 kalkavatḥkṛtvā, ghṛtam sādhitamāṣu kaphajāmaśmarīm ha-
nti | § 15451

4.11.37 Aṣṭāṅgahr̥dayasaṃhitā

kṣāraḥkṣīrayavāgvādi dravyaiḥ svaiḥ svaiṣca
kalpayet | | 27 | | § 15452

4.11.38 Sarvāṅgasundarā

kṣārādi ca svaiḥ svaiḥ-tadyogyairdravaiḥ kalpayet | § 15453

4.11.39 Aṣṭāṅgahr̥dayasaṃhitā

picukāṅkollakataṣākendīvarajaiḥ phalaiḥ | | 27 | |
pītaṃṣṇāmbu saguḍam ṣarkarāpātanam
param | | 28 | | § 15455

4.11.40 Sarvāṅgasundarā

picukādibhiruṣṇāmbu saguḍaṃ pītaṃ ṣarkarāyāḥ paraṃ
ṣātanam | picukaḥ-ṣitivāraḥ | § 15456

4.11.41 Aṣṭāṅgahr̥dayasaṃhitā

krauñcoṣṭrarāsabhāsthīni ṣvadaṃṣṭrā tālapatrikā | | 28 | |
ajamodā kadambasya mūlaṃ viṣvasya
cauṣadham | | 29 | |
pītāni ṣarkarāṃ bhindyuḥ surayoṣṇodakena
vā | | 29 | | § 15459

4.11.42 Sarvāṅgasundarā

krauñcāsthyādīni pītāni surayoṣṇajalena vā ṣarkarāṃ ha-
nyuḥ | § 15460

4.11.43 Aṣṭāṅgahr̥dayasaṃhitā

nṛtyakuṇḍakabījānāṃ cūrṇaṃ māksikasam̐yutam | | 30 | |
avikṣīreṇa saptāhaṃ
pītamaṣmaripātanam | | 30 | | § 15462

4.11.44 Sarvāṅgasundarā

tumbarībījānāṃ cūrṇaṃ māksikānvitamavikṣīreṇa saptā-
haṃ pītamaṣmaripātanam | atrāṣmarīṣabdasya "ḍhyāpoḥ
saṃjñāśandasoḥ" iti hrasvaḥ | § 15463

4.11.45 Aṣṭāṅgahr̥dayasaṃhitā

kvāthaṣca ṣigrumūlotthaḥ
kaduṣṇo+aṣmaripātanah | | 31 | | § 15464

4.11.46 Sarvāṅgasundarā

sobhāñjanakamūlakvāthaṣca koṣṇaḥ pīto+aṣmaripātanah |
§ 15465

4.11.47 Aṣṭāṅgahr̥dayasaṃhitā

tilāpāmārgakadalīpalāṣayavasambhavaḥ | | 31 | |
kṣāraḥ peyo+avimūtreṇa ṣarkarāsvaṣmarīṣu
ca | | 32 | | § 15467

4.11.48 Sarvāṅgasundarā

tilādisambhavaḥ kṣāro+avimūtreṇa ṣarkarāsvaṣmarīṣu ca
viṣaye peyaḥ | § 15468

4.11.49 Aṣṭāṅgahr̥dayasaṃhitā

kapotavaṅkāmūlaṃ vā pibedekaṃ surādibhiḥ | | 32 | |
tatsiddhaṃ vā pibetkṣīraṃ
vedanābhirupadrutaḥ | | 33 | |
harītakyaasthisiddhaṃ vā sādhitam vā
punarnavaiḥ | | 33 | |
kṣīrānnabhugbarhiṣikhāmūlaṃ vā
taṇḍulāmbunā | | 34 | | § 15472

4.11.50 Sarvāṅgasundarā

kapotavaṅkāyā mūlaṃ kevalaṃ sukhoṣṇajalādibhiḥ pi-
bet | tayā-kapotavaṅkāyā, siddhaṃ-ṣṛtaṃ, vā kṣīraṃ veda-
nopadrutaḥ pibet | harītakyaasthibhiḥ siddhaṃ vā kṣīra-
athavā punarnavapakvaṃ kṣīraṃ pibet | mayūraṣikhām-
5 ūlaṃ taṇḍulāmbhasā pibet | kimbhūtaḥ ? kṣīrānnāṣī san |
§ 15473

4.11.51 Aṣṭāṅgahr̥dayasaṃhitā

mutrāghāteṣu vibhajedataḥ śeṣeṣvapi kriyām | | 34 | | § 15474

4.11.52 Sarvāṅgasundarā

ataḥ-asmātpūrvoktāñcikitsitāt, yathāyogaṃ śeṣeṣvapi mūtrāghāteṣu-
mūtrātītādiṣvapi, kriyām vibhajet-nirūpya kuryāt | § 15475

4.11.53 Aṣṭāṅgahr̥dayasaṃhitā

bṛhatyādigaṇe siddhaṃ dviguṇīkṛtagokṣure | | 35 | |
toyam payo vā sarpirvā
sarvamūtravikārajit | | 35 | | § 15477

4.11.54 Sarvāṅgasundarā

bṛhatyādigaṇe dviguṇīkṛtagokṣure jalaṃ pakvaṃ kṣīraṃ
vā sarpirvā sarvān mūtravikārān jayati | § 15478

4.11.55 Aṣṭāṅgahr̥dayasaṃhitā

devadāruṃ ghaṇaṃ mūrvāṃ yaṣṭimadhu
harītakīm | | 36 | |
mūtrāghāteṣu sarveṣu surākṣīrajalaḥ
pibet | | 36 | | § 15480

4.11.56 Sarvāṅgasundarā

devadārvādīn surādīnāmanyatamena sarveṣu mūtrāghāt-
eṣu pibet | § 15481

4.11.57 Aṣṭāṅgahr̥dayasaṃhitā

rasaṃ vā dhanvayāsasya kaṣāyaṃ kukubhasya vā | |37| |
sukhāmbhasā vā triphalāṃ piṣṭāṃ
saindhavasamyutāṃ | |37| |
vyāghrīgokṣurakakvāthe yavāgūṃ vā
saphāṇitāṃ | |38| |
kvāthe vīratarādervā tāmracūḍarase+api
vā | |38| |
5 adyādvīratarādyena bhāvitāṃ vā
ṣilājatu | |39| | § 15486

4.11.58 Sarvāṅgasundarā

dhanvayavāsakasya rasaṃ vā kakubhasya kvāthaṃ vā tri-
phalāmuṣṇodakena piṣṭāṃ saindhavānvitāṃ vā pibet | ka-
ṇṭakārikāgokṣurakvāthasiddhāṃ vā yavāgūṃ saphāṇitāṃ
pibet | vīratarādeḥ kvāthe vā siddhāṃ peyāṃ pibet | ath-
5 avā, tāmracūḍasya-kukkuṭasya, māṃsarase siddhāṃ pe-
yāṃ pibet | ṣilājatu vīratarādyena vā gaṇena bhāvitama-
dyāt | § 15487

4.11.59 Aṣṭāṅgahr̥dayasaṃhitā

madyaṃ vā nigadaṃ pītvā rathenaśvena vā vrajet | |39| |
śīghravegena saṅkṣobhāttathā+asya
cyavate+aṣmarī | |40| | § 15489

4.11.60 Sarvāṅgasundarā

athavā, purāṇaṃ madyaṃ pītvā rathena vā+aśvena vā śī-
ghravegena gacchet | tathā-tena prakāreṇa, saṅkṣobhitasya-
atasynāśmarī cyavate | § 15490

4.11.61 Aṣṭāṅgahr̥dayasaṃhitā

sarvathā copayoktavyo vargo vīratarādikaḥ | | 40 | |
rekārthe tailvakam sarpirbastikarma ca
ṣīlayet | | 41 | |
viṣeṣāduttarān bastīn----- | | 41 | | § 15493

4.11.62 Sarvāṅgasundarā

[sarvathā-] sarveṇa ca prakāreṇa kvāthapeyājālādiṣu, vīr-
atarādiko yojyaḥ | virecanārtham tailvakam-"ṣamyākena"
(hr̥.ci.a.3 | 152) ityādinā sādhitam sarpirupayoktavyam |
tathā, bastikarma-"prāk sneha ekaḥ" (hr̥.sū.a.19 | 63) ityād-
ikaṃ ṣīlayet | viṣeṣeṇottarabastīnabhyaset | § 15494

5

4.11.63 Aṣṭāṅgahr̥dayasaṃhitā

-----ṣukrāṣmaryām tu ṣodhite | | 41 | |
tairmūtramārge balavān
ṣukrāṣayaviṣuddhaye | | 42 | |
pumān sutṛpto vṛṣyāṇām māṃsānām
kukkuṭasya ca | | 42 | |
kāmaṃ sakāmāḥ seveta pramadā
madadāyiniḥ | | 43 | | § 15498

4.11.64 Sarvāṅgasundarā

ṣukrāṣmaryām ca taiḥ-uttarabastibhiḥ, mūtramārge ṣodh-
ite sati pumān vṛṣyāṇām dravyāṇām kukkuṭasya māṃsā-
nām ca suhitaḥ san yathecśam madadāyiniḥ pramadāḥ se-
veta ṣukrāṣayaviṣuddhaye | kukkuṭasya vṛṣyatvenaiva si-
ddhe grahaṇe+atiṣayena kukkuṭasyātra pathyatvamiti jñ- 5
āpanārtham [punaḥ] upādānam | § 15499

4.11.65 Aṣṭāṅgahr̥dayasaṃhitā

siddhairupakramairebhirna cecśāntistadā bhiṣak | | 43 | |
iti rājānamāpṛcśya ṣastraṃ
sādhvavacārayet | | 44 | | § 15501

4.11.66 Sarvāṅgasundarā

ebhiḥ-pūrvoktaiḥ, upakramaiḥ siddhaiḥ-aṣmarīharaiḥ, yadi
ṣamo na syāt, tadeti rājānamāpṛcśyāṣmaryāharaṇaṃ ṣa-
straṃ sādhvavacārayet | § 15502

4.11.67 Aṣṭāṅgahr̥dayasaṃhitā

akriyāyāṃ dhruvo mṛtyuḥ kriyāyāṃ saṃṣayo
bhavet | | 44 | |
niṣcitasyāpi vaidyasya bahuṣaḥ
siddhakarmanāḥ | | 45 | | § 15504

4.11.68 Sarvāṅgasundarā

he nṛpate jātavyādhāvakriyāyāṃ-cikitsāṃ vinā, dhruvaḥ-
āvaṣyaṃ, mṛtyuḥ syāt | aparaṃ ca kriyāyāṃ-cikitsāyāṃ kr-
iyamāñāyāṃ, niṣcitasyāpi-ṣāstrārthavido+api, vaidyasya
tathā bahuṣaḥ-anekaṣaḥ, siddhakarmano-niṣpannakriyākramasyāpi,
5 saṃṣayo bhavet-kadācijjīvati na vā, evaṃprakāreṇa rājān-
amāpṛcśaya | § 15505

4.11.69 Aṣṭāṅgahr̥dayasaṃhitā

athāturamupasnigdhaṣuddhamiṣacca karṣitam | | 45 | |
abhyaktasvinnavapuṣamabhuktaṃ
kṛtamaṅgalam | | 46 | |
ājānuphalakasthasya narasyāṅke
vyāpāṣritam | | 46 | |

pūrveṇa kāyenottānaṃ niṣaṇṇaṃ
 vastracumbhale | |47| |
 tato+asyākuñcite jānukūrpāre vāsasā
 dr̥ḍham | |47| |
 sahāṣrayamanuṣyeṇa baddhasyāṣvāsitasya
 ca | |48| |
 nābheḥ samantādabhyajyādadhastasyāṣca
 vāmataḥ | |48| |
 mṛditvā muṣṭ- 5
 inā+a+akrāmedyāvadaṣmaryadhogatā | |49| |
 tailākte vardhitānakhe tarjanīmādhyame
 tataḥ | |49| |
 adakṣiṇe gude+aṅgulyau
 praṇidhāyānusevani | |50| |
 āsādyā balayatnābhyāmaṣmarīm
 gudamedhrayoḥ | |50| |
 kṛtvā+antare tathā bastim
 nirvalīkamanāyatam | |51| |
 utpīḍayedāṅgulibhyām 10
 yāvadgranthirivonnatam | |51| |
 śalyaṃ syātsevanīm muktvā yavamātreṇa
 pāṭayet | |52| |
 aṣmamānena na yathā bhidyate sā
 tathā+a+aharet | |52| |
 samagram sarpavakreṇa, strīṇām bastistu
 pārṣvagah | |53| |
 garbhāṣayāṣrayastāsām
 ṣastramutsaṅgavattataḥ | |53| |
 nyasedato+anyathā hyāsām mūtrasrāvī vraṇo 15
 bhavet | |54| |
 mūtraprasekakṣaṇanānnarasypyapi
 caikadhā | |54| |
 bastibhedo+aṣmarīhetuḥ siddhim yāti na tu
 dvidhā | |55| | § 15525

4.11.70 Sarvāṅgasundarā

atha-rājapṛcchanādanantaram, āturamupasnigdhādirūpaṃ
 kṛtvā tato+asya nābheradho+abhyajyāt | pūrvamupasn-

igdhaḥ paścācchuddhastamupasnigdhaśuddham | tathā,
 abhuktaṃ-akṛtāhāram | tathā, manāk karṣitam | tathā,
 abhyaktasvinnaśarīraṃ ca | tathā, kṛtamaṅgalaṃ-vihitasvastyayanam |
 5 tathā, narasyānyasyāṅkamāśritam | kimbhūtasya ? ājānu-
 phalakasthasya | phalakaḥ-āsanaviśeṣaḥ, ājānujānupram-
 āṇo yaḥ phalakastasmin sthitasya | tathā, pūrveṇa kāyen-
 ottānam | tathā, vastracumbhale niṣaṇaṇam | cumbhalaḥ-
 trṇamayo ghaṭādīnāṃ calanarakṣaṇārthamādhāraviśeṣo
 yaḥ kriyate sa ucyate, tathārūpo vastramayacumbh-
 10 alo vastracumbhalaḥ,-vastraṃ veṣṭayitvā kṛta āsanaviś-
 eṣaḥ, tasminnupaviṣṭam | [tato+asya-] tathābhūtasyāna-
 ntaraṃ, ākuñcite-īṣatkuṭīlīkṛte, jānukūrpāre sati | jānunī
 ca karpūre ca jānukarpūraṃ, tasmin | tathā, āśrayam-
 anuṣyeṇa saha vāsasā sūtraivā baddhasya-dṛḍhaṃ kṛ-
 15 tvā evaṃyantritasya, āśrayaścāsau manuṣyaśca | kasyāśr-
 ayaḥ ? prakṛtatvādāturasya, tamāśrityāturasya sthitatvāt |
 tathā, āśvāsitasya-nirāmāyo bhavasrītyevaṃprāyābhīrvā-
 gbhiḥ sītāpavanādibhiśca sāntvitasya | tato nābheradhaḥ
 samantāt-paritaḥ, abhyajyāt | tasyāśca-nābheḥ, vāmato-
 20 vāmapārśve, mṛditvā muṣṭinā+a+akrāmet-pīḍayet, tāva-
 dyāvadaśmaryadho gatā-adhaḥ pratipannā | tataḥ-anantaraṃ,
 adakṣiṇe-vāme, tarjanīmadhyāṅgulyau vardhitanakhe ta-
 thā tailābhyakte kṛtvā gude praṇidhāyānusevani | ananta-
 25 raṃ balayatnābhyāṃ āsādya-aśmarīm prāpya, gudamedhrayorantare-
 madhye kṛtvā, katham ? kṛtvā-tatra nītvā, tathā bastim
 nirvalikaṃ kṛtvā, tathā tamanāyatam-avistīrṇam sannive-
 śya, anantaramaṅgulibhyāṃ-vāmahastatarjanīmadhyamābhyāṃ,
 prakṛtatvādaśmarīmutpīḍayet | tāvadyāvachchalyam-aśmaryākhyam,
 30 granthirivonnataṃ syāt | anantaraṃ sevanyā vāmapārśve
 sevanīm yavamātreṇa tya(mu)ktvā-varjayitvā, pāṭayecch-
 astreṇa | kiyanmātram ? āsmamānena,-aśmarīpramāṇena,
 na tu tato+adhikamūnaṃ vā | vraṇam ca kṛtvā+aśmarīm
 samagraṃ-niravaśeṣam yathā bhavatyevaṃ, sarpaphaṇ-
 avadagravakreṇa yantreṇāharet,-tathā cākarṣedyathā sā
 35 hriyamāṇā na bhidyate | bhinnā hi punarvṛddhimiyāt |
 strīṇāṃ tu bastiḥ pārśvato bhavan garbhāśayāśrayo ya-
 smāttata utsaṅgavadadhaḥ śastraṃ nyaset-pātayet | ataḥ-
 asmācchastrapātanavidhānāt, anyathā+aśmaryāharaṇārtham

śastrapātanena mūtrasrāvī vraṇo bhavet | na kevalaṃ strī-
 nāṃ mūtraprasekakṣaṇanānmūtrasrāvī vraṇo bhavet | yā-
 vad dīrghakālānubandhī mūtraprasekakṣaṇanānnarasy-
 āpi | api ca-anyacca, ekadhā-ekato, bastibhedo+aśmarīhetuḥ-
 tannimittaḥ, sidhyati kriyābhyāsānnityamativṛddhatvācca 5
 śalyasyeti, na tu sahasā śastrādyabhighātaheṭuja ekato bh-
 inno+api bastiḥ sidhyati | marmavibhāge+apyavādīt (hr.
 śā. a. 4 | 10)- "dhanurvakro bastiḥ sadyo nihanti" iti | aśma-
 rīheturapi yo bastibhedo dvidhā-ubhayataḥ, so+api ma si-
 dhyati, vraṇasvabhāvāt | § 15526 10

4.11.71 Aṣṭāṅgahr̥dayasaṃhitā

viśalyamuṣṇapānīyadroṇyāṃ tamavagāhayet | | 55 | |
 tathā na pūryate+astreṇa bastiḥ, pūrṇe tu
 pīḍayet | | 56 | |
 meḍhrāntaḥ
 kṣīrivṛkṣāmbu----- | | 56 | | § 15529

4.11.72 Sarvāṅgasundarā

viśalyaṃ-nirgatāṣmarīkaṃ, uṣṇapānīyadroṇyāṃ taṃ-āturaṃ,
 avagāhayet | tathā-tenavagāhanena, bastirasreṇa na pūry-
 ate | evamapi kṛte daivadasreṇa tu pūrṇe bastau kṣīrivṛkṣ-
 āmbu meḍhrāntaḥ-meḍhre, pīḍayet | kṣīrivṛkṣakaṣāyeṇo-
 ttarabastiṃ dadyādityarthaḥ | nyagrodhodumbarāṣvatthakapītanaplakṣā
 kṣīriṇaḥ | § 15530

4.11.73 Aṣṭāṅgahr̥dayasaṃhitā

-----mūtrasaṃśuddhaye tataḥ | | 56 | |
 kuryātguḍasya sauhityaṃ madhvājyāktavraṇaḥ
 pibet | | 57 | |
 dvau kālau saghṛtāṃ koṣṇāṃ yavāgūṃ
 mūtraśodhanaiḥ | | 57 | |

tryahaṃ, daśāhaṃ payasā
guḍāḍhyenālpamodanam | | 58 | |
bhuñjītor dhvaṃ phalāmlaiśca
rasairjāṅgalacāriṇām | | 58 | | § 15535

4.11.74 Sarvāṅgasundarā

tataḥ-anantaraṃ, mūtrasya saṃśuddhyartham guḍasya
sauhityaṃ-tr̥ptim, kuryāt | tato madhvājyāktavraṇo naro
dvau kālau [mūtraśodhanaiḥ-] trapusairvārukūṣmāṇḍag-
okṣurādibhiḥ kṛtām, yavāgūṃ saghṛtām koṣṇām tryahaṃ
5 pibet | anantaram daśāhaṃ guḍāḍhyena-bahugūḍena, kṣī-
renālpamodanamadyāt | urdhvaṃ-daśāhādanantaram, jā-
ṅgalacāriṇām prāṇinām rasairmāṃsarasaudanam ca mā-
trāyā bhuñjīta | phalāmlairiti koladāḍimādyamlaiḥ, na tu
mastukāñjikādyamlairityarthaḥ | § 15536

4.11.75 Aṣṭāṅgahr̥dayasaṃhitā

kṣīrivṛkṣakaṣāyeṇa vraṇam prakṣālya lepayet | | 59 | |
prapaunḍarīkamañjiṣṭhāyaṣṭyāhvanayanauṣadhaiḥ | | 59 | |
vraṇābhyaṅge pacetailamebhireva
niṣānvitaiḥ | | 60 | | § 15539

4.11.76 Sarvāṅgasundarā

kṣīrivṛkṣakaṣāyeṇa vraṇam prakṣālya prapaunḍarīkādi-
bhirlepayet | nayanauṣadham-pāṭṭikārodhram | ebhireva-
prapaunḍarīkāḍibhiḥ, haridrānvitairvraṇābhyaṅgaviṣaye
tailam pacet | § 15540

4.11.77 Aṣṭāṅgahr̥dayasaṃhitā

daśāhaṃ svedayeccainam, svamārgam
saptarātrataḥ | | 60 | |

mūtre tvagacśati
dahedaṣmarīvraṇamagninā | | 61 | |
svamārgapratipattau tu
svāduprāyairupācaret | | 61 | |
taṃ bastibhiḥ-----
| | 62 | | § 15544

4.11.78 Sarvāṅgasundarā

enaṃ ca vraṇaṃ daṣāhaṃ svedayet | svedanādananta-
raṃ tu- punaḥ, saptarātreṇa svamārgaṃ mūtre+agacśati
satyaṣmarīvraṇamagninā dahedvaidya iti | mūtrasya sv-
amārgapratipattau satyāṃ taṃ-āturaṃ, svāduprāyaiḥ-
madhurabhūyiṣṭhadravayasādhitaiḥ, bastibhiḥ-uttarabastyādābhedabhinn-
upācaret-upakramet | § 15545

4.11.79 Aṣṭāṅgahrdayasaṃhitā

-----na cārohedvarṣaṃ rūḍhavraṇo+api saḥ | | 62 | |
naganāgāṣvavrīkṣastrīrathānnāpsu plaveta
ca | | 62 | | § 15547

4.11.80 Sarvāṅgasundarā

rūḍhavraṇo+api [saḥ-] aṣmaryāturo, varṣaṃ yāvannagād-
innārohet | apsu ca na plaveta | § 15548

4.11.81 Aṣṭāṅgahrdayasaṃhitā

mūtraśukravahau bastivṛṣaṇau sevanīm gudam | | 63 | |
mūtraprasekaṃ yoniṃ ca śastreṇāṣṭau
vivarjayet | | 63 | | § 15550
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira-
citāyāmaṣṭāṅgahrdayasaṃhitāyāṃ caturthe cikitsitasth-
āne mūtrāghātacikitsitaṃ nāmaikādaśo+adhyāyaḥ | | 11 | | 5
§ 15551

4.11.82 Sarvāṅgasundarā

aśmarīvraṇāvasare tadarthamanyārthamapi mūtravahād-
īni [aṣṭau] marmāṇi śastreṇa varjayet | tatra mūtravaha-
srotaśchedānmūtrapūrṇabastermaraṇaṃ syāt, śukravaha-
srotaśchedānamaraṇaṃ klaivyaṃ vā, bastigudacchedātsa-
5 dyo maraṇaṃ, vṛṣaṇasrotaśchedāt dhvajabhaṅgaḥ, sevānī-
yonicchedādrujāprādurbhāvaḥ, mūtraprasekasrotaśched-
ānmūtraprasravaṇamiti | iti śrīmṛgāṅkadattaputraśrīma-
daruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarvāṅga-
sundarākhyāyāṃ caturthe cikitsitasthāne mūtrāghātaciki-
10 tsitaṃ nāmaikādaśo+adhyāyaḥ samāptaḥ | | 11 | | § 15552

4.12 pramehacikitsitādhyāyaḥ : 12

4.12.1 Aṣṭāṅgahr̥dayasaṃhitā

athātaḥ pramehacikitsitaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyaḍayo maharṣayaḥ | | 2 | | § 15554

4.12.2 Sarvāṅgasundarā

sambandhaścāsyā pūrvavadbodhyaḥ | § 15555

4.12.3 Aṣṭāṅgahr̥dayasaṃhitā

mohino balinaḥ kuryādādu vamanarecane | | 1 | |
snigdhasya
sarṣapāriṣṭanikumbhākṣakaraṅjajaiḥ | | 1 | |
tailaistrikaṅṭakādyena yathāsvaṃ sādhitena
vā | | 2 | |
snehena
mustadevāhvanāgaraprativāpavat | | 2 | |
5 surasādikaṣāyeṇa dadyādāsthāpanaṃ
tataḥ | | 3 | |
nyagrodhādestu pittārtam rasaiḥ śuddham ca
tarpayet | | 3 | | § 15561

4.12.4 Sarvāṅgasundarā

balavato mehinaḥ puṁso+aparebhya upakramebhyastatt-
 adyogyebhyaḥ prathamam vamanavirecane kuryānmeha-
 kledapraṣamanāya | kimbhūtasya ? sarṣapādijaistailaiḥ sn-
 igdhasya, trikaṅṭakādyena vā snehenasnidghasya, "trika-
 ṅṭakaniṣārodhra" (ṣlo. 17) ityādisneho vakṣyamāṇaḥ, ya- 5
 thāsvaṁ doṣasātmyādivaṣāddravyaiḥ sādhitena vā sneh-
 ena snigdhasya | tato-vamanavirecanakaraṇādanantaram
 jātabalāya mehine, "surasayuga" (hr. sū. a. 15 | 30) ityā-
 deḥ sambandhinā kaṣāyeṇāsthāpanam dadyāt | kimbhū-
 tam ? mustādiprativāpavat | sa prativāpo vidyate yasya 10
 tadevam | pittale punaḥ "nyagrodhapippala" (hr. sū. a.
 15 | 41) ityādeḥ kaṣāyeṇāsthāpanam dadyāt | prativāpānt-
 arānirdeṣādatra pūrvokta eva prativāpo yojyaḥ | ananta-
 ram ṣuddham pramehiṇam rasaistarpayet | yadyapi rasa- 15
 iriti sāmānyanirdeṣātrividhadeṣasañjātaprāṇimāmsarasa-
 istarpaṇam prāptam tathā+api yogyatāvaṣāt jāṅgalaprāṇ-
 imāmsarasaistarpayediti bodhyam, na tvānūpādimāmsar-
 asairiti | teṣāṃ medomūtrakaphāvahatvena vyādhivardh-
 anahetutvāt | § 15562

4.12.5 Aṣṭāṅgahrdayasaṃhitā

mūtragraharujāgulmakṣayādyāstvapatarpaṇāt | | 4 | |
 tato+anubandharakṣārtham ṣamanāni
 prayojayet | | 4 | | § 15564

4.12.6 Sarvāṅgasundarā

yato+apatarpaṇānmūtragrahādīni jāyante tato hetoran-
 ubandharakṣārtham ṣamanāni prayojayet | anyathā pr-
 ameha upaṣānto+api nidānaleṣamāsādyā punaḥ prād-
 urbhavet | nanu, mūtragrahādīnyetāvadastu ṣeṣā ādi-
 ṣabdenaiva grahīṣyante | kiṃ mūtragraharujāgulmakṣ- 5
 ayādyā iti ? satyam | mūtragraharujāgulmakṣayā ya-
 thā+avaṣyamatarpaṇāt pramehiṇo jāyante tathā nāpare
 tajjātīyā iti | § 15565

4.12.7 Aṣṭāṅgahr̥dayasaṃhitā

asaṃṣodhyasya tānyeva sarvameheṣu pāyayet | | 5 | | § 15566

4.12.8 Sarvāṅgasundarā

asaṃṣodhyo-vamane garbhiṅyādiḥ, vireke navajvarādiḥ,
etasyāsaṃṣodhyasya tānyeva-ṣamanāni, sarveṣu prameh-
eṣu pāyayet | evetyavadhāraṇe, na tu ṣodhanādirūpamity-
arthah | § 15567

4.12.9 Aṣṭāṅgahr̥dayasaṃhitā

dhātrīrasaplutām prāhṇe haridrām mākṣikānitām | | 5 | |
dārvīsurāhvatriphalāmustā vā kvathitā
jale | | 6 | |
citrakatriphalādārvīkaliṅgān vā
samākṣikān | | 6 | |
madhuyuktaṃ guḍūcyā vā rasamāmalakasya
vā | | 7 | | § 15571

4.12.10 Sarvāṅgasundarā

āmalakīrasāloḍitām haridrām samākṣikām prabhāte pāy-
ayet | dārvīdevadāruvarāmustā jale kvathitā vā pāyayet |
citrakādīn vā kvathitān samākṣikān pāyayet | samākṣikaṃ
guḍūcīrasaṃ dhātrīrasaṃ vā | § 15572

4.12.11 Aṣṭāṅgahr̥dayasaṃhitā

rodhrābhayātoyadakaṭphalānām
pāṭhāviḍaṅgārjunadhanvanānām | | 7 | |
gāyatrīdārvīkr̥mihṛddhavānām kaphe trayah
kṣaudrayutāḥ kaṣāyāḥ | | 7 | |
uṣīrarodhrārjunacandanānām
paṭolanimbāmalakāmṛtānām | | 8 | |

rodhrāmbukālīyakadhātakīnām pitte trayah
kṣaudrayutāḥ kaṣāyāḥ | | 8 | | § 15576

4.12.12 Sarvāṅgasundarā

rodhrādīnām ślokapādoktānām kaṣāyāḥ kṣaudrayutāstra-
yah kaphe hitāḥ | evamuṣīrādīnām māksikānvitāḥ kaṣāy-
āstrayah pitte hitāḥ | upajātivṛtte | § 15577

4.12.13 Aṣṭāṅgahr̥dayasamhitā

yathāsvamebhiḥ pānānnaṃ
yavagodhūmabhāvanāḥ | | 9 | | § 15578

4.12.14 Sarvāṅgasundarā

ebhī rodhrādibhīryathāyogaṃ pānamannaṃ ca kalpayet |
yavagodhūmabhāvanāṣca kalpayet | § 15579

4.12.15 Aṣṭāṅgahr̥dayasamhitā

vātolbaṇeṣu snehāṃṣca prameheṣu
prakalpayet | | 10 | | § 15580

4.12.16 Sarvāṅgasundarā

vātādhikeṣu prameheṣu snehāṃṣca taireva kalpayet | na
kevalamannabhāvanāḥ | § 15581

4.12.17 Aṣṭāṅgahr̥dayasamhitā

apūpasaktuvāṭyādiryavānām vikṛtirhitā | | 10 | |
gajāṣvagudamuktānāmāthavā
veṇujanmanām | | 11 | |

- tr̥ṇadhānyāni mudgādyāḥ ṣāliṛjīrṇaḥ
saṣaṣṭikah | | 11 | |
ṣrīkukkuṭo+amlaḥ
khalakastilasarsapakiṭṭajah | | 12 | |
kapitthaṃ tindukaṃ jambūstatkṛtā
rāgaṣāḍavāḥ | | 12 | |
tiktaṃ ṣākaṃ madhu ṣreṣṭhā bhakṣyāḥ ṣuṣkāḥ
sasaktavaḥ | | 13 | |
5 dhanvamāṃsāni ṣūlyāni
pariṣuṣkāṇyayaskṛtiḥ | | 13 | |
madhvariṣṭāsavā jīrṇāḥ sīdhuḥ
pakvarasodbhavaḥ | | 14 | |
tathā+asanādisārāmbu darbhāmbho
mākṣikodakam | | 14 | | § 15590

4.12.18 Sarvāṅgasundarā

- yavānāṃ vikṛtirapūpādiḥ pramehe hitā | athavā, yavānāṃ
gajāṣvagudamuktānāmapūpādivikṛtirhitā | veṇujānāṃ vā
yavānāṃ vikṛtirhitā | tr̥ṇadhānyāni-nīvāraṣyāmākādīni,
tathā mudgādyāstathā purāṇaṣāliḥ ṣaṣṭikaṣceti hitāni |
5 ṣrīkukkuṭasaṃjño+amlaḥ khalako hitaḥ | kimbhūtaḥ ?
tilasarsapakiṭṭajah,- tilasarsapapiṇyākajanmā tadupādān-
akāraṇo na mudgādyupādānakāraṇaḥ, sa ca mālavakeṣu
prasiddhaḥ, ārdrakaṣakalanistuṣagodhūmādinā ca kriy-
ate | tathā, kapitthādayo hitāḥ | taiḥ-kapitthādibhiḥ, kṛtā
10 rāgāḥ ṣāḍavāṣca hitāḥ | tiktaṣākādīni ca hitāni | ṣreṣṭhā-
triphalā | ṣūlyānīti ṣūle pakvāni | "ṣūlātpāke" ("ṣūlokhā-
dyat") iti yat | tāni ca supakvatvāt pariṣuṣkāṇi | tathā,
ayaskṛtiḥ-vakṣyamāṇā (ṣlo. 29) | tathā, madhvādayaḥ pu-
rāṇāḥ | pakvarasajaḥ sīdhuḥ | tathā, asanādisāravargasyā-
15 mbho (hr̥. sū. a. 15 | 19) darbhajalaṃ mākṣikodakam ca hi-
tam | § 15591

4.12.19 Aṣṭāṅgahr̥dayasaṃhitā

vāsīteṣu varākvāthe ṣarvarīṃ ṣoṣīteṣvahaḥ | | 15 | |

yaveṣu sukṛtān saktūn sakṣaudrān sīdhunā
pibet | | 15 | | § 15593

4.12.20 Sarvāṅgasundarā

tathā, yaveṣu sukṛtān saktūn kṛtvā sakṣaudrān sīdh-
unā āloḍya pibet | pakvarasodbhavana tasya yogataḥ sa
na syāt(?) | yaveṣviti nimittasaptamī | kimbhūteṣu yav-
eṣu ? varākvāthe-triphalākaṣāye, ṣarvarīm-sakalām rātriṃ,
vāsīteṣu-abhiṣuteṣu, anantaramahaḥ ṣoṣiteṣu | tatrātyant- 5
asaṃyoge dvitīyā | § 15594

4.12.21 Aṣṭāṅgahr̥dayasaṃhitā

ṣālasaptāhvakampillavṛkṣakākṣakapitthajam | | 16 | |
rohītakam ca kusumam
madhunā+adyātsucūrṇitam | | 16 | |
kaphapittaprameheṣu pibeddhātrīrasena
vā | | 17 | | § 15597

4.12.22 Sarvāṅgasundarā

ṣālādijam puṣpam sūkṣmarajīkṛtam madhunā+adyāt | ka-
phapittaprameheṣu dhātrīrasena vā pibet | § 15598

4.12.23 Aṣṭāṅgahr̥dayasaṃhitā

trikaṇṭakaniśārodhrasomavalkavacārjunaiḥ | | 17 | |
padmakāśmantakāriṣṭacandanāgurudīpyakaiḥ | | 18 | |
paṭolamustamañjiṣṭhāmādrībhallātakaiḥ
pacet | | 18 | |
tailam vātakaphe pitte ghṛtam miśreṣu
miśrakam | | 19 | | § 15602

4.12.24 Sarvāṅgasundarā

trikaṅṭakādibhistailaṃ pacedvātakaphaje pramehe | pitt-
aje ebhireva ghr̥taṃ pacet | miśreṣu doṣeṣu miśrakam-
ghr̥tatailam, pacet | § 15603

4.12.25 Aṣṭāṅgahr̥dayasaṃhitā

daśamūlaśaṭhīdantīsurāhvam dvipunarnavam | | 19 | |
mūlam snugarkayoḥ pathyām
bhūkadambamaruṣkaram | | 20 | |
karañjau varuṇānmūlam pippalyāḥ pauṣkaram
ca yat | | 20 | |
pṛthag daśapalam prasthān
yavakolakulatthataḥ | | 21 | |
5 trīṃścāṣṭaguṇite toyē
vipacetpādavartinā | | 21 | |
tena dvipippalīcavyavacānicularoḥiṣaiḥ | | 22 | |
trivṛdvidāṅgakampillabhārgīviśvaiśca
sādhayet | | 22 | |
prastham ghr̥tājjayetsarvāmstanmehān piṭikā
viṣam | | 23 | |
pāṇḍuvidradhigulmārśaḥśoṣaśophagarodaram | | 23 | |
10 śvāsam kāsam vamiṃ vṛddhiṃ plihānam
vātaśoṇitam | | 24 | |
kuṣṭhonmādāvapasmāram dhānvantaramidaṃ
ghr̥tam | | 24 | | § 15614

4.12.26 Sarvāṅgasundarā

snugarkamūlam, karañjamūlam, varuṇamūlam, pippalīm-
ūlam, pauṣkaram ca yaditi puṣkaramūlam cetyarthaḥ | da-
śamūlādikaṃ pṛthak-pratyekaṃ, daśapalapramāṇam yav-
akolakulatthāmstrīn prasthāmṣcāṣṭaguṇite jale ca vipacet |
5 tena-jalena, pādavartinā-pādaśeṣeṇa, dvipippalyādimiśca
[kalkīkr̥taiḥ] sāmānyaparibhāṣoktapramāṇāddhṛtātpra-
stham pacet | taddhṛtam sarvān pramehān piṭikādīṃśca
jayet | § 15615

4.12.27 Aṣṭāṅgahṛdayasaṃhitā

rodhramūrvāṣaṭhīvellabhārgīnatanakhaplavān | | 25 | |
kaliṅgakuṣṭhakramukapriyaṅgvatiṣāgnikān | | 25 | |
dve viṣāle caturjātaṃ bhūnimbaṃ
kaṭurohiṇīm | | 26 | |
yavānīm pauṣkaraṃ pāṭhāṃ granthiṃ cavyaṃ
phalatrāyaṃ | | 26 | |
karṣāṃṣamambukalāṣe pādaṣeṣe srute 5
hime | | 27 | |
dvau prasthau māksikātkṣiptvā
rakṣetpakṣamupekṣayā | | 27 | |
rodhrāsavo+ayaṃ
meharṣaḥṣvitrakuṣṭhārucikṛmīn | | 28 | |
pāṇḍutvaṃ grahaṇīdoṣaṃ sthūlatāṃ ca
niyacśati | | 28 | | § 15623

4.12.28 Sarvāṅgasundarā

rodhrādi pratyekaṃ karṣapramāṇaṃ jalakalāṣe pādaṣeṣe
srute ṣīte ca māksikāt dvau prasthau kṣiptvā pakṣamātr-
amacalaṃ kṛtvā rakṣet | ayaṃ rodhrāsavo mehādīnnāṣa-
yet | § 15624

4.12.29 Aṣṭāṅgahṛdayasaṃhitā

sādhayedasanādīnāṃ palānāṃ viṃśatiṃ pṛthak | | 29 | |
dvivahe+apāṃ kṣipettatra pādasthe dve śate
guḍāt | | 29 | |
kṣaudrāḍhakārdhaṃ palikaṃ vatsakādiṃ ca
kalkitam | | 30 | |
tatṣaudrapippalīcūrṇapradigdhe
ghṛtabhājane | | 30 | |
sthitāṃ dṛḍhe jatusrte yavarāsau 5
nidhāpayet | | 31 | |
khadirāṅgārataptāni bahuśo+atra
nimajjayet | | 31 | |

tanūni tīkṣṇalohasya
patrāṅyālohasaṅkṣayāt | | 32 | |
ayaskṛtiḥ sthitā pītā pūrvasmādadhikā
guṇaiḥ | | 32 | | § 15632

4.12.30 Sarvāṅgasundarā

asanādīnām-"asanatiniśa" (hr̥. sū. a. 15 | 19) ityādigaṅokt-
ānām dravyāṅām, pṛthak-pratyekaṃ, palānām viṃśatiṃ-
viṃśatipalāni, apām dvivahe-jaladroṇāṣṭake, sādhayet |
5 śate kṣipet | māḥṣikasyārdhāḍhakam | "vatsakamūrvā" (hr̥.
sū. a. 15 | 33) ityādikaṃ ca pṛthak pālikaṃ kalkitaṃ
kṛtvā kṣipet | anantaramantarmāḥṣikapippalīcūrṇaprali-
pte gṛtabhājane dṛḍhe jatulipte sthitaṃ yavarāśau sth-
āpayet | anantaram khadirāṅgārataptāni tīkṣṇalohapatr-
10 āṅi tanūni punaḥpunaratra nimajjayet | yāvatsaṅkṣayam-
vilīnavṛttitvamāyānti | ayaskṛtiriyam sthitā-sampannā, pītā
pūrvasmāt-rodhrāsavāt, guṇairadhikā | atra ca saṅgr-
ahoktāddaśamūlāriṣṭādayasaḥ parimāṇam kalpyam pr-
āyo+atra prasthamātram | evamanyatrāpi dravadravyam-
15 apekṣya nārasimhaghṛtādaḥ (hr̥. u. a. 39 | 170) anayaiva
diśā+ayasah parimāṇam kalpanīyam | § 15633

4.12.31 Aṣṭāṅgahr̥dayasaṃhitā

rūkṣamudvartanam gāḍham vyāyāmo niṣi jāgaraḥ | | 33 | |
yaccānyacśleṣmamedoghnam bahirantaṣca
taddhitam | | 33 | | § 15635

4.12.32 Sarvāṅgasundarā

tasminprameha udvartanam rūkṣam tathā gāḍham-na tu
śithilaṃ, hitam | tathā vyāyāmarātrijāgarau ca | aparam-
api yadevamprāyam śleṣmamedoharam bahirantaṣca, ta-
cca pramehiṇe hitam | § 15636

4.12.33 Aṣṭāṅgahr̥dayasaṃhitā

subhāvitāṃ sārājalaistulāṃ pītvā ṣilodbhavāt | | 34 | |
sārāmbunaiva bhuñjanaḥ ṣālīn jāṅgalajai
rasaiḥ | | 34 | |
sarvānabhibhavenmehān
subahūpadravānapi | | 35 | |
gaṇḍamālārbudagrānthisthaulyakuṣṭhabhagandarān | | 35 | |
kṛmiṣṭlipadaṣophāṃṣca paraṃ 5
caitadrasāyanam | | 36 | | § 15641

4.12.34 Sarvāṅgasundarā

sārāḥ-asanakhadirādayaḥ, teṣāṃ jalaiḥ-kvāthaiḥ, ṣilāhva-
yāttulāṃ subhāvitāṃ pītvā sārāmbunaiva jāṅgalaprāṇim-
āṃsajai rasaiḥ ṣālīnadan sarvānmehān subahūpadravān-
api jayet, gaṇḍamālādīṃṣca | idaṃ cotkṛṣṭam rasāyanam |
§ 15642 5

4.12.35 Aṣṭāṅgahr̥dayasaṃhitā

adhanaṣṭatrapādatrarahito munivartanaḥ | | 36 | |
yojanānāṃ ṣataṃ yāyātkhānedvā
salilāṣayān | | 37 | |
goṣakṛṇmūtravṛttirvā gobhireva saha
bhramet | | 37 | | § 15645

4.12.36 Sarvāṅgasundarā

dhanarahitaḥ pramehī śatrapādatrarahito munivṛttiḥ san
yojanānāṃ ṣataṃ yāyāt | athavā, salilāṣayān khanet | ath-
avā, goṣakṛṇmūtravartano gobhireva saha bhramet | § 15646

4.12.37 Aṣṭāṅgahr̥dayasaṃhitā

br̥ṃhayedausadhāhārairamedomūtralaiḥ
kṛṣam | | 38 | | § 15647

4.12.38 Sarvāṅgasundarā

kṛṣaṃ naramauśadhayuktairāhārairbr̥ṃhayet | kimbhū-
aiḥ amedomūtrakaraiḥ | § 15648

4.12.39 Aṣṭāṅgahr̥dayasaṃhitā

ṣarāvīkādyāḥ piṭīkāḥ ṣophavatsamupācaret | | 38 | |
apakvā vraṇavatpakvāḥ-----
| | 39 | | § 15650

4.12.40 Sarvāṅgasundarā

"ṣarāvīkā kacśapīkā" (hr̥. ni. a. 10 | 25) ityādyāḥ piṭīkā ap-
akvāḥ satīḥ ṣOphavadupakramet | pakvāḥ punarvraṇava-
dupācaret | § 15651

4.12.41 Aṣṭāṅgahr̥dayasaṃhitā

-----tāsāṃ prāgrūpa eva ca | | 39 | |
kṣīrivṛkṣāmbu pānāyabastamūtraṃ ca
ṣasyate | | 39 | |
tīkṣṇaṃ ca ṣodhanaṃ, prāyo durvirecyā hi
mehinaḥ | | 40 | | § 15654

4.12.42 Sarvāṅgasundarā

tāsāṃ ca pūrvarūpāvasthāyāmeva kṣīrivṛkṣāmbu pānāya
ṣasyate śāgamūtraṃ ca | tathā, ṣodhanaṃ-virecanaṃ, tī-
kṣṇaṃ ṣasyate | kutaḥ ? ityāha-yasmāt pramehiṇo duḥkh-
ena virecayitum ṣakyāḥ | § 15655

4.12.43 Aṣṭāṅgahr̥dayasaṃhitā

tailamelādinā kuryādgaṇena vraṇaropaṇam | | 40 | |

udvartane kaṣāyaṃ tu
vargeṇāragvadhādinā | | 41 | |
pariṣeko+asanādyena pānānne
vatsakādinā | | 41 | | § 15658

4.12.44 Sarvāṅgasundarā

"elāyugma" (hr. sū. a. 15 | 43) ityādinā gaṇena tailaṃ vraṇa-
ropaṇaṃ kuryāt | udvartane "āragvadhendrayava" (hr. sū.
a. 15 | 17) ityādinā gaṇena kaṣāyaṃ kuryāt | "asanatiniṣa"
(hr. sū. a. 15 | 19) ityādinā pariṣekah syāt | pānamannaṃ ca
"vatsakamūrvā" (hr. sū. a. 15 | 33) ityādinā saṃskṛtaṃ ku- 5
ryāt | § 15659

4.12.45 Aṣṭāṅghṛdayasaṃhitā

pāṭhācitrakaṣārṅgaṣṭāsārivākaṇṭakārikāḥ | | 42 | |
saptāhvaṃ kauṭajaṃ mūlaṃ somavalkaṃ
nṛpadrumam | | 42 | |
sañcūrṇya madhunā lihyāttadvaccūrṇaṃ
navāyasam | | 43 | | § 15662

4.12.46 Sarvāṅgasundarā

pāṭhādīn sañcūrṇya madhunā+avalehayet | navāyasam
cūrṇaṃ tadvat-mākṣikeṇa lihyāt | § 15663

4.12.47 Aṣṭāṅghṛdayasaṃhitā

madhumehitvamāpanno bhiṣagbhiḥ parivarjitaḥ | | 43 | |
ṣilājatutulāmyātpramehārtaḥ
punarnavaḥ | | 12 | |
43 1/2 | | 12 | |
iti śrīvaidyapatisiṃhaguptasūnuṣrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅghṛdayasaṃhitāyāṃ
caturthe cikitsisthāne pramehacikitsitaṃ
nāma dvādaśo+adhyāyaḥ | | 12 | | § 15667

4.12.48 Sarvāṅgasundarā

madhumehitvamapi prāpto bhiṣagbhiṣca parivarjito mehī
ṣilājatupalaṣataṃ [adyāt-] sevanam kuryāt | kṛtaṣilāja-
tutulaṣcāsau punarnavo bhavati | khāraṇāde ca viṣeṣop-
akramā uktāḥ | yathā-"aṣvatthacandanāgarupāṭhākvātho
5 jalābhamehe tu | ikṣurasābhe pāṭhākṛmihantṛsambandh-
anaḥ kvāthaḥ | | sāndrākāre mehe hitā+a+adhakī karṇi-
kāro vā | kvāthastathā+arjunasya pātavyo vāruṇīmehe | |
piṣṭe sasiṭā rajanī pātavyā ṣiṣiratoyena | nimbaṣca ṣukr-
amehe taptajalenāthavā surayā | | sikatāmehe citrakabā-
10 hlīkakuṣṭhaniḥkvāthaḥ | ṣītalamehe kvāthaḥ picumand-
akṛtaṣca pātavyaḥ | | pāṣāṇabhittu surayā kvathitaḥ ṣa-
staḥ ṣanairmehe | gokṣurakasya kaṣāyo lālāmehe phala-
trikeṇa saha | | ṣallakyuṣīrasaindhavavacā hitāḥ kṣāram-
ehinaḥ piṣṭāḥ | kvathitāṣca nīlamehe rodhrasamaṅgākad-
15 ambāḥ syuḥ | | kvātho bibhītakasya tu kalko vā kālame-
hinām ṣastaḥ | dhātakipadmakavikasākvāthaḥ kalko+api
vā niṣāmehe | | māñjiṣṭhe syustriphalā jaladaṃ jalapadm-
akaṃ rodhram | lohitemehe yuñjyātriphalākvāthena sa-
mṃyutaṃ girijam | | vālakaṃ trivṛtā dhātrī mustaṃ ca sa-
20 rasāñjanam | kaṭukātiviṣārodhram khādirenāmbhasā pi-
bet | | prāyaḥ ṣodhanametaddhi pradhānam samudāhr̥-
tam | " iti | iti śrīmr̥gāṅkadattaputrasrīmadaruṇadattavira-
citāyāmaṣṭāṅgahr̥dayaṭīkāyām sarvāṅgasundarākhyāyām
caturthe cikitsitasthāne pramehacikitsitaṃ nāma dvād-
25 aṣo+adhyāyaḥ samāptaḥ | | 12 | | § 15668

4.13 vidradhivṛddhicikitsitādhyāyaḥ : 13

4.13.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto vidradhivṛddhicikitsitaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) vidradhiṃ sarvamevāmaṃ
ṣophavatsamupācaret | | 1 | |

pratataṃ ca haredraktaṃ pakve tu
vraṇavatkriyā | | 1 | | § 15672

4.13.2 Sarvāṅgasundarā

āmaṃ sarvameva vidradhiṃ ṣophavadupakramet | anav-
arataṃ ca raktamāharet | anantaraṃ pakve sati vraṇava-
tkriyā | viṣeṣeṇa vikitsitamāha- § 15673

4.13.3 Aṣṭāṅgahrdayasaṃhitā

pañcamūlajalairdhautam vātikam lavaṇottaraiḥ | | 2 | |
bhadradivargayaṣṭyāhvatilairālepayedvraṇam | | 2 | |
vairecanikayuktena traivr̥tena viṣodhya
ca | | 3 | |
vidārīvargasiddhena traivr̥tenaiva
ropayet | | 3 | | § 15677

4.13.4 Sarvāṅgasundarā

vātikam vraṇam-vātavidradhāvarthājjātam, pañcamūlajal-
aiḥ prakṣālitam "bhadradāru nataṃ" (hr̥. sū. a. 15 | 5) ityā-
dinā madhuyaṣṭikayā tilaiṣca lavaṇādyai(dhikai)rlepayet |
vairecanikayuktena-"nikumbhakumbha" (hr̥. sū. a. 15 | 2)
ityādivargoktena yuktena, traivr̥tena-traivr̥tākhyena sneh- 5
ena, viṣodhya-ṣodhayitvā, tato "vidārīpañcāṅgula" (hr̥. sū.
a. 15 | 9) ityādidravyasiddhena traivr̥tenaiva snehena vra-
ṇam ropayet | § 15678

4.13.5 Aṣṭāṅgahrdayasaṃhitā

kṣālitam kṣīritoyena limpedyaṣṭyamṛtātilaiḥ | | 4 | |
paittam ghr̥tena siddhena
mañjiṣṭhośīrapadmakaiḥ | | 4 | |
payasyādviniśāsreṣṭhāyaṣṭīdugdhaiṣca
ropayet | | 5 | |

nyagrodhādipravālatvakphalairvā-----
||5|| § 15682

4.13.6 Sarvāṅgasundarā

paittam vraṇam kṣīritoyena dhautam | kṣīriṇo-nyagrodhādayaḥ |
madhuyaṣṭikāguḍūcītilairlimpedbahiḥ | ghṛtenetyādi | ma-
ñjiṣṭhādibhirghṛtena siddhena ropayet | sāmānyaparibh-
āṣoktapramāṇena (hr̥. ka. a. 6 | 15) dravyam ghṛtam ja-
5 lam samakṣīram [caturguṇavivardhitam] ityatra pākakr-
amaḥ | nyagrodhetyādi | pravālaśca tvak ca phalam ca pr-
avālatvakphalāni | nyagrodhādīnām (hr̥. sū. a. 15 | 41) pra-
vālatvakphalaiḥ siddhena vā ghṛtena ropayet | § 15683

4.13.7 Aṣṭāṅgahr̥dayasaṃhitā

-----kaphajaṃ punaḥ | |5| |
āragvadhādinā dhautam
saktukumbhaniṣātilaiḥ | |6| |
limpetkulatthikādantītrivṛcśyāmāgnitilvakaiḥ | |6| |
sasaindhavaiḥ sagomūtraistailam kurvīta
ropaṇam | |7| | § 15687

4.13.8 Sarvāṅgasundarā

kaphajaṃ tu vraṇamāragvadhādinā (hr̥. sū. a. 15 | 17) dha-
utam saktvādibhirlimpet | kulatthikādibhirdravyaistailam
ropaṇam kurvīta | § 15688

4.13.9 Aṣṭāṅgahr̥dayasaṃhitā

raktāgantūdbhave kāryā
pittavidradhivatkrīyā | |7| | § 15689

4.13.10 Sarvāṅgasundarā

raktodbhave tathā+a+agantuje kṣatodbhave ca vidradhau
pittavidradhitulyā kriyā kāryā | § 15690

4.13.11 Aṣṭāṅgahr̥dayasam̐hitā

varuṇādigaṇakvāthamapakve+abhyantarotthite | | 8 | |
ūśakādipratīvāpaṃ pūrvāhṇe vidradhau
pibet | | 8 | | § 15692

4.13.12 Sarvāṅgasundarā

āntare vidradhau varuṇādi (hr̥. sū. a. 15 | 29) gaṇakvātha-
mūśakādi (hr̥. sū. a. 15 | 23) pratīvāpaṃ pūrvāhṇe pibet |
§ 15693

4.13.13 Aṣṭāṅgahr̥dayasam̐hitā

ghṛtaṃ virecanadravyaiḥ siddhaṃ tābhyāṃ ca
pāyayet | | 9 | |
nirūhaṃ snehabastiṃ ca tābhyāmeva
prakalpayet | | 9 | | § 15695

4.13.14 Sarvāṅgasundarā

virecanadravyairiyathādoṣaṃ ca ghṛtaṃ siddhaṃ tathā
tābhyāṃ-varuṇādigaṇośakādigaṇābhyāṃ, siddhaṃ ghṛta-
mapakvābhyantarotthite vidradhau pāyayet | tābhyāmeva
gaṇābhyāṃ nirūhānvāsane nirūpayitavye | § 15696

4.13.15 Aṣṭāṅgahr̥dayasam̐hitā

pānabhajanalepeṣu madhuṣigru prayojitaḥ | | 10 | |
dattāvāpo yathādoṣamapakvaṃ hanti
vidradhim | | 10 | | § 15698

4.13.16 Sarvāṅgasundarā

pānādiṣu madhuṣigruḥ prayojito dattāvāpo-vitīrṇakalkaḥ,
sāmarthyāttatkvāthaḥ pakvaṃ vidradhiṃ hanti | § 15699

4.13.17 Aṣṭāṅgharḍayasamhitā

trāyantītrīphalānimbakaṭukāmadhukaṃ samam | | 11 | |
trivṛtpaṭolamūlābhyāṃ catvāriṃ+aśāḥ pṛthak
pṛthak | | 11 | |
masūrānnistuṣādaṣṭau tatkvāthaḥ saghṛto
jayet | | 12 | |
vidradhīgulmavīsarpadāhamohamadajvarān | | 12 | |
5 tṛṇmūrccchācchardihṛdrogapittāsrkkuṣṭhakāmalāḥ | | 13 | |
kuḍavaṃ trāyamāṇāyāḥ
sādhyamaṣṭagaṇe+ambhasi | | 13 | |
kuḍavaṃ tadrasāddhātrīsvarasātksīrato
ghṛtāt | | 14 | |
karṣāṃśaṃ kalkitaṃ
tikṭātrāyantīdhanvayāsakam | | 14 | |
mustātāmalakīvirājīvantīcandanotpalam | | 15 | |
10 pacedekatra saṃyojya tadghṛtaṃ
pūrvavadguṇaiḥ | | 15 | | § 15709

4.13.18 Sarvāṅgasundarā

trāyantyādikaṃ samam-samāṃśaṃ, trivṛtāyāscatvāroṃ+aśāḥ
paṭolamūlācca, nistuṣamasūrādaṣṭāvityetaiḥ kvātho ghṛt-
asahito vidradhyādīn parākuryāt | sa0-trāyamāṇāyāḥ kuḍ-
avamaṣṭagaṇe jale sādhyam | tadrasāt-trayāmāṇāyāḥ kvā-
5 thāt kuḍavaṃ, dhātrīsvarasāt ksīrāghṛtācca pratyekaṃ ku-
ḍavaṃ, karṣāṃśaṃ pratyekaṃ kalkīkṛtaṃ tikṭādi, ekatra
miśrayitvā pacet | tadetad ghṛtaṃ pūrvaguṇam | § 15710

4.13.19 Aṣṭāṅgharḍayasamhitā

drākṣā madhūkaṃ kharjūraṃ vidārī saśatāvarī | | 16 | |

parūṣakāṇi triphalā tatkvāthe
pācayedghṛtam | | 16 | |
kṣīrekṣudhātrīniryāsaprāṇadākalkasaṃyutam | | 17 | |
tacchītaṃ śarkarākṣaudrapādikaṃ
pūrvavadguṇaiḥ | | 17 | | § 15714

4.13.20 Sarvāṅgasundarā

drākṣādibhiḥ kvāthe kṣīraṃ ikṣurase dhātrīrase harītakīk-
alkayutaṃ ghṛtaṃ sāmānyaparibhāṣayā pacet | tadghṛtaṃ
śītaṃ saccharkarākṣaudrapādayutaṃ pūrvaguṇam | śark-
arākṣaudrapādikamiti "ata inīṭhanau" iti ṭhan § 15715

4.13.21 Aṣṭāṅgahr̥dayasaṃhitā

harecśṛṅgādibhirsṛk sirayā vā yathāntikam | | 18 | | § 15716

4.13.22 Sarvāṅgasundarā

ṣṛṅgādibhī raktaṃ haret | sirayā vā yathāsamīpamasraṃ
haret | § 15717

4.13.23 Aṣṭāṅgahr̥dayasaṃhitā

vidradhiṃ pacyamānaṃ ca koṣṭhasthaṃ
bahirunnatam | | 18 | |
jñātvopanāhayet-
----- | | 19 | | § 15719

4.13.24 Sarvāṅgasundarā

vidradhiṃ koṣṭhasthaṃ koṣṭhagataṃ bahirunnatam pacy-
amānaṃ buddhvopanāhayet-upanaddhaṃ kuryāt | § 15720

4.13.25 Aṣṭāṅgahr̥dayasaṃhitā

ṣūle sthite tatraiva piṇḍite | | 19 | |
tarpārṣvapīḍanātsuptau dāhādiṣvalpakeṣu
ca | | 19 | |
pakvaḥ syādvidradhiṃ bhittvā
vraṇavattamupācaret | | 20 | | § 15723

4.13.26 Sarvāṅgasundarā

tatraiva ṣūle piṇḍite sthite yaṃ doṣamāṣṛityonnaddhasti-
ṣṭhati tathā tarpārṣve pīḍanena suptau-svapane, tathā dā-
hādiṣvalpakeṣu, ādiṣabdenoṣādayo gṛhyante, eteṣu satsu
5 pakvo vidradhiḥ syāt | taṃ bhittvā-saṅśedya, vraṇavadu-
pakramet | § 15724

4.13.27 Aṣṭāṅgahr̥dayasaṃhitā

antarbhāgasya cāpyetaccihnaṃ pakvasya
vidradheḥ | | 20 | | § 15725

4.13.28 Sarvāṅgasundarā

antarbhāgasya ca vidradheretadeva cihnam | § 15726

4.13.29 Aṣṭāṅgahr̥dayasaṃhitā

pakvaḥ srotāṃsi sampūrya sa
yātyūrdhvamadho+athavā | | 21 | |
svayaṃ pravṛttaṃ taṃ doṣamupekṣeta
hitāṣinaḥ | | 21 | |
daśāhaṃ dvādaśāhaṃ vā rakṣan
bhiṣagupadravān | | 22 | |
asamyagvahati klede varuṇādim
sukhāmbhasā | | 22 | |
5 pāyayenmadhuṣigruṃ vā yavāgūṃ tena vā
kṛtām | | 23 | | § 15731

4.13.30 Sarvāṅgasundarā

tadā+asau pakvaḥ san srotāṃsi kledayitvordhvaṃ pray-
ātyadho vā, taṃ doṣaṃ svayaṃ pravṛttam-patantam, hi-
tāṣina upekṣeta-na kiñcidupakramāntaram kurvīta | daṣ-
āham dvādaśāham vā vaidya upadravānrakṣet | klede ca 5
yathāvadavahati sati varuṇādimuṣṇāmbunā pāyayet, va-
idya iti ṣeṣaḥ | daśāhamiti daśānāmahnām samāhāra iti
samāse "rājāhaṣsakhibhyaṣṭac" iti ṣṭac | "na saṅkhyādeḥ
samāhāre" ityahnādeṣaniṣedhaḥ | "nastaddhite" iti ṭilo-
paḥ | "sa napuṃsakam" iti napuṃsakatvam | "kalādhva-
noḥ" iti dvitīyā | athavā madhuṣigrum pāyayet | tena vā 10
madhuṣigrunā, kṛtām peyām pāyayet | § 15732

4.13.31 Aṣṭāṅgahrdayasamhitā

yavakolakulatthotthayūṣairannaṃ ca ṣasyate | | 23 | | § 15733

4.13.32 Sarvāṅgasundarā

yavādijairyūṣaiḥ sahānnaṃ ca ṣasyate | § 15734

4.13.33 Aṣṭāṅgahrdayasamhitā

ūrdhvaṃ daśāhātrāyantīsarpiṣā tailvakena vā | | 24 | |
śodhayedbalataḥ, śuddhaḥ sakṣaudraṃ
tiktakaṃ pibet | | 24 | | § 15736

4.13.34 Sarvāṅgasundarā

daśāhādanantaram trāyantīghṛtena-"kuḍavaṃ trāyamāṇā-
yāḥ" (ślo. 13) ityādinā, athavā tailvakena-"śamyākena triv-
ṛtayā" (hr. ci. a. 3 | 152) ityādinā, śodhayedyathābalaṃ | śu-
ddhaḥ san kṣaudreṇa saha tiktakaṃ pibet | § 15737

4.13.35 Aṣṭāṅgahr̥dayasaṃhitā

sarvaṣo gulmavaccainam
yathādoṣamupācaret | | 25 | | § 15738

4.13.36 Sarvāṅgasundarā

sarveṇa prakāreṇagulmavadenam-vidradhiṃ, yathādoṣa-
mupakramet | § 15739

4.13.37 Aṣṭāṅgahr̥dayasaṃhitā

sarvāvasthāsu sarvāsu gugguḷum vidradhīṣu ca | | 25 | |
kaṣāyairyauḅikairyuñjyātsvaiḥsvaistadvacśilājatu | | 26 | | § 15741

4.13.38 Sarvāṅgasundarā

vidradhīṣu sarvāsu sarvāvasthāsvevam gugguḷum yaug-
ikaiḥ svaiḥsvairyogyaiḥ kaṣāyairyuñjyāt | tadvat-tathaiva
kaṣāyaiḥ saha, śilājatu yuñjyāt | § 15742

4.13.39 Aṣṭāṅgahr̥dayasaṃhitā

pākam ca vārayedyatnātsiddhiḥ pakve hi daivikī | | 26 | |
api cāṣu vidāhitvādvidradhiḥ
so+abhidhīyate | | 27 | | § 15744

4.13.40 Sarvāṅgasundarā

pākam ca yatnena vārayet | hi-yasmāt, pakve sati daivikī
siddhiḥ-na tu bhiṣagvaśānugetyarthāḥ | āṣu ca vidāhitvāt
saḥ-ayam rogo, vidradhirityucyate | tasmāttasya pākara-
kṣāyām yatitavyamityarthāḥ | § 15745

4.13.41 Aṣṭāṅgahr̥dayasaṃhitā

sati cālocayenmehe pramehāṇāṃ cikitsitam | | 27 | | § 15746

4.13.42 Sarvāṅgasundarā

mehe ca sati pramehāṇāṃ cikitsitamālocayet | caṣabdādv-
idradhicikitsitoktamapi kuryāt | § 15747

4.13.43 Aṣṭāṅgahr̥dayasaṃhitā

stanaje vraṇavatsarvaṃ na tvenamupanāhayet | | 28 | |
pāṭayetpālayan stanyavāhinīḥ
kṛṣṇacūcukau | | 28 | |
sarvāsvāmādyavasthāsu nirduhīta ca
tatstanam | | 29 | |
iti vidradhicikitsitam | | 1 | | § 15751

4.13.44 Sarvāṅgasundarā

stanaje vidradhāvupanāhaṃ varjayitvā sarvameva vraṇa-
kriyākramaṃ kuryāt | vidradhiṣabdaḥ puṃstrīlingaḥ | st-
anavidradhiṃ ca pāṭayedvaidyaḥ | stanyavāhinīḥ sirāḥ kṛ-
ṣṇacūcukau ca pālayan | sarvāsu cāmādyavasthāsu tasya-
vidradheḥ sambandhinam, stanam nirduhīta | ādiṣabdaḥ 5
pacyamānapākāvasthayorgrahaṇārthaḥ | iti vidradhici-
ksitamuktivā vṛddhicikitsitamāha- § 15752

4.13.45 Aṣṭāṅgahr̥dayasaṃhitā

atha vṛddhicikitsitam | | 29 | |
śodhayettrivṛtā snigdham vṛddhau
snehaiṣcalātmake | | 29 | |
kauṣāmratilvakairāṇḍasukumārakamiṣṛakaiḥ | | 30 | | § 15755

4.13.46 Sarvāṅgasundarā

calātmake vṛddhau sati vṛddhyāmayinaṃ trivṛtākhyena
snehenāsamantāt snigdhaṃ santaṃ ṣodhayet | atra ca sāmānyoktāvapyapakvasya traivṛtasya na tathā prayogaḥ
5 praśasyata iti pūrvoktayā rītyā (ṣlo. 3) vidārivargasiddh-
asyopayogaḥ kārya iti kecinmanyante | kaiḥ snehaiḥ ? ka-
uṣāmrādibhiḥ siddhaiḥ | sukumārakaṃ-atraiva vakṣyam-
āṅam (ṣlo. 41) , miṣrakaṃ ca-gulmacikitsite (ṣlo. 89 | 90) |
§ 15756

4.13.47 Aṣṭāṅgahr̥dayasaṃhitā

tato+anilaghnaniryūhakalkasnehairnirūhayet | | 30 | |
rasena bhojitaṃ yaṣṭitailenānvāsayedanu | | 31 | |
svedapralopā vātaghnāḥ pakve bhittvā
vraṇakriyām | | 31 | | § 15759

4.13.48 Sarvāṅgasundarā

tataḥ-ṣodhanādanantaraṃ, vātaghnakaṣāyakalkasnehairn-
irūhayet | anu-nirūhasya paścāt, māṃsarasena bhojitaṃ
santaṃ madhuyaṣṭikātailenānuvāsayet | svedāḥ pralepā-
ṣca vātaghnā hitāḥ | pakve vṛddhau bhittvā-pāṭayitvā, vr-
5 aṇakriyāṃ kuryāt | § 15760

4.13.49 Aṣṭāṅgahr̥dayasaṃhitā

pittaraktodbhave vṛddhāvāmapakve yathāyatham | | 32 | |
ṣophavraṇakriyāṃ kuryāt pratataṃ ca
haredasṛk | | 32 | | § 15762

4.13.50 Sarvāṅgasundarā

pittaraktotthite vṛddhāvāme pakve ca [yathāyatham-] ya-
thāsvaṃ, āme ṣophakriyāṃ kuryāt, pakve vraṇakriyāṃ
kuryāt | satataṃ ca raktamākarṣet | § 15763

4.13.51 Aṣṭāṅgahr̥dayasaṃhitā

gomūtreṇa pibetkalkaṃ ṣlaiṣmike pītadārujam | | 33 | |
vimlāpanādr̥te cāsyā ṣleṣmagranthikramo
hitaḥ | | 33 | |
pakve ca pāṭite tailamiṣyate
vraṇaṣodhanam | | 34 | |
sumanoruṣkarāṅkollasaptaparṇeṣu
sādhitam | | 34 | |
paṭolanimbarajanīviḍaṅgakuṭajeṣu 5
ca | | 35 | | § 15768

4.13.52 Sarvāṅgasundarā

ṣlaiṣmike vṛddhau dārvīkalkaṃ gomūtreṇa pibet | asya ca-
ṣlaiṣmikavṛddheḥ, vimlāpanamantareṇa ṣleṣmagranthici-
kitsitaṃ hitam | vimlāpanaṃ-tastairmardanopāyairvimardanam |
pakve pāṭite sati sumanoruṣkarādibhiḥ kuṭajāntaiḥ sādhi-
taṃ tailaṃ vraṇaṣodhanamiṣyate | § 15769 5

4.13.53 Aṣṭāṅgahr̥dayasaṃhitā

medojaṃ mūtrapiṣṭena susvinnaṃ surasādinā | | 35 | |
ṣirovirekadravayairvā varjayan
phalasevanīm | | 36 | |
dārayedvṛddhipatreṇa samyaṅmedasi
sūddhr̥te | | 36 | |
vraṇaṃ
mākṣikakāsīsasaindhavapratisāritam | | 37 | |
sīvyedabhyañjanaṃ cāsyā yojyaṃ 5
medoviṣuddhaye | | 37 | |
manaḥṣilailāsumanogranthibhallātakaiḥ
kṛtam | | 38 | |
tailamāvraṇasandhānātsnehasvedau ca
ṣīlayet | | 38 | | § 15776

4.13.54 Sarvāṅgasundarā

medojaṃ vṛddhirogam gomūtrapīṣṭena surasādinā gaṇ-
ena (hr. sū. a. 15 | 30) susvinnam ṣirovirekadravvyairvā su-
svinnam vṛddhipatreṇa samyak kṛtvā dārayet | kiṃ ku-
rvaṇ ? phalasevanīm varjayan-pariharan | anantaram me-
5 dasi sūddhṛte sati māḥṣikādibhiḥ pratisāritam vraṇam sī-
vyet | anantaramasyābhyañjanam tailam manaḥṣilādibhiḥ
kṛtam-siddham, medoviśuddhaye yojyam | vraṇasandhā-
nam yāvat sneham svedam ca ṣīlayet | § 15777

4.13.55 Aṣṭāṅgahr̥dayasaṃhitā

mūtrajam sveditam snigdhairvastrapaṭṭena
veṣṭitam | | 39 | |
vidhyedadhastātsevanyāḥ srāvayecca
yathodaram | | 39 | |
vraṇam ca sthagikābaddham
ropayet----- | | 40 | | § 15780

4.13.56 Sarvāṅgasundarā

mūtrajam vṛddhiṃ sevanyā adhastāt snigdhaiḥ sveditam
tathā vastrapaṭṭena veṣṭitam vidhyet | jalodaravacca srā-
vayet | dvidvāranalikayā picśanalikayā vā krameṇa vra-
ṇam ca sthagikākhyena bandhaviṣeṣeṇa baddham ropay-
5 et | § 15781

4.13.57 Aṣṭāṅgahr̥dayasaṃhitā

-----antrahetuke | | 40 | |
phalakoṣamasamprāpte cikitsā
vātavṛddhivat | | 40 | | § 15783

4.13.58 Sarvāṅgasundarā

antraje vṛddhau phalakoṣamasamprāpte sati vātavṛddhis-
adrṣīm cikitsām kuryāt | § 15784

4.13.59 Aṣṭāṅghṛdayasaṃhitā

pacetpunarnavatulām tathā daśapalāḥ pṛthak | | 41 | |
 daśamūlapayasyāśvagandhairaṇḍaśatāvarīḥ | | 41 | |
 dvidarbhaśarakāśekṣumūlapoṭagalānvitāḥ | | 42 | |
 vahe+apāmaṣṭabhāgasthe tatra triṃśatpalaṃ
 guḍāt | | 42 | |
 prasthameraṇḍatailasya dvau 5
 ghṛtātpayasastathā | | 43 | |
 āvaped dvipalāṃśaṃ ca
 kṛṣṇātanmūlasaindhavam | | 43 | |
 yaṣṭīmadhu(citra)kaṃṛdvīkāyavānīnāgarāṇi ca
 (kṣāranāgaram) | | 44 | |
 tatsiddhaṃ sukumārākhyam sukumāram
 rasāyanam | | 44 | |
 vātātapādhvayānādiparihāryeṣvayantraṇam | | 45 | |
 prayoḃyam sukumārāṇāmīśvarāṇam 10
 sukhātmanām | | 45 | |
 nṛṇām strīvr̥ṇḍabhartr̥ṇāmalaḥkṣmīkalināśa-
 nam | | 46 | |
 sarvakālopayogena
 kāntilāvānyapuṣṭidam | | 46 | |
 vardhmavidradhigulmārśoyonimedhṛānilārtiṣu | | 47 | |
 śophodarakhuḍapliḥhaviḍvibandheṣu
 cottamam | | 47 | | § 15798

4.13.60 Sarvāṅgasundarā

punarnavasya tulāṃ jalasya vahe pacet | tathā daśamūlād-
 īni pṛthagdaśapalapramāṇāni | poṭagalo-nalaḥ | aṣṭabhāg-
 aśeṣe ca tasmin guḍātrīṃśatpalānyeraṇḍatailāt prastham
 ghṛtasya prasthau dvau kṣīraprasthau dvau kṣīpet | dvip-
 alapramāṇam pippalyādīkam | tadetatpakvam sukumāra- 5
 saṃjñam ghṛtam rasāyanam sukumāram | ata eva vātāta-
 pādīśghnam sarvakālopayogāt kāntyādīdam vardhmādy-
 ārtiṣu śreṣṭham | § 15799

4.13.61 Aṣṭāṅgahr̥dayasaṃhitā

yāyādvardhma na cecśāntiṃ

sneharekānuvāsanaḥ | | 48 | |

bastikarma puraḥ kṛtvā vaṅkṣaṇasthaṃ tato
dahet | | 48 | |

agninā mārgarodhārthaṃ

marutaḥ----- | | 49 | | § 15802

4.13.62 Sarvāṅgasundarā

yadi snehādibhirvardhma śāntiṃ na gacśet tato bastika-
rma kṛtvā vaṅkṣaṇasthitaṃ vardhma maruto mārgarodh-
ārthamagninā dahet | § 15803

4.13.63 Aṣṭāṅgahr̥dayasaṃhitā

ardhenduvakriyā | | 49 | |

aṅguṣṭhasyopari snāva pītaṃ tantusamaṃ ca
yat | | 49 | |

utkṣīpya sūcyā tattiryagdahecśittvā yato
gadaḥ | | 50 | |

tato+anyapārṣve+anye

tvāhurdahevā+anāmikāṅguleḥ | | 50 | |

5 gulme+anyairvātakaphaje plīhni cāyaṃ vidhiḥ
smṛtaḥ | | 51 | |

kaniṣṭhikānāmikayorviśvācyāṃ ca yato
gadaḥ | | 51 | |

iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ
caturthe cikitsitasthāne

vidradhivṛddhicikitsitaṃ nāma
trayodaśo+adhyāyaḥ | | 13 | | § 15810

4.13.64 Sarvāṅgasundarā

yato-yasminpārṣve, gado vidyate tatpārṣvasthasyāṅguṣṭh-
 asyopari pṛṣṭhe snāva pītaṃ yattantutulyam | tat snā-
 votkṣipyārdhenduvakriyā sūcyā tiryak śittvā+anantaram
 taddahedityeke vadanti | anya ācāryā evamāhuḥ | ta-
 taḥ pārṣvāt yato+asau gadastiṣṭhati tato yadanyatpā- 5
 rṣvaṃ tasmin pārṣve+āṅguṣṭhasyopari yatsnāva tathāv-
 idhaṃ yattatpūrvavat dahediti | anye tvevaṃ vadanti,-
 anāmikāyā āṅgulerupari yatsnāva tathārūpaṃ tatpūrv-
 avaddahediti | anyairācāryairvātakaphaje gulme plīhni
 ca eṣaḥ (ayaṃ) eva-anantarokto, vidhiḥ smṛtaḥ | tathā 10
 viṣvācyāṃ-vātavyādhiviṣeṣe, yato yasmin pārṣve+asau ga-
 dastasmin pārṣve kaniṣṭhikānāmikayorupari yatsnāva pī-
 taṃ tantusamaṃ tadutkṣipyā tiryak śittvā dahediti | iti śrī-
 mṛgāṅkadattaputraśrīmadaruṇadattaviracitāyāmaṣṭāṅgahr-
 dayaṭikāyāṃ sarvāṅgasundarākhyāyāṃ caturthe cikitsita- 15
 sthāne vidradhivṛddhicikitsitaṃ nāma trayodaśo+adhyāyaḥ
 samāptaḥ | | 13 | | § 15811

4.14 gulmacikitsitādhyāyaḥ : 14

4.14.1 Aṣṭāṅgahrdayasaṃhitā

athāto gulmacikitsitaṃ vyākhyāsyāmaḥ | | 2 | |
 iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) gulmaṃ baddhaśakṛdvātaṃ vātikaṃ
 tīvravedanam | | 1 | |
 rūkṣaṣītodbhavaṃ tailaiḥ
 sādhyedvātarogikaiḥ | | 1 | |
 pānānnānvāsanābhyaṅgaiḥ snigdhasya 5
 svedamācaret | | 2 | |
 ānāhavedanāstambhavibandheṣu
 viṣeṣataḥ | | 2 | |
 srotasāṃ mārḍavaṃ kṛtvā jitvā
 mārutamulbaṇam | | 3 | |
 bhitvā vibandhaṃ snigdhasya svedo
 gulmamapohati | | 3 | | § 15819

4.14.2 Sarvāṅgasundarā

[vātikaṃ gulmaṃ tīvrarujaṃ purīṣavātagrahaṃ rūkṣaṣīto-
dbhūtaṃ vātacikitsitoktaistailaiḥ sādhayet | pānānnānvās-
anābhyaṅgaiḥ snigdhasya gulminaḥ svedamācaret |] pān-
aṣabdena snehapānaṃ vedyam, snigdhasyeti vacanāt | ān-
5 āhādiṣu viṣeṣeṇa svedamācaret | yasmātsvedaḥ snigdha-
sya puṃsaḥ srotomṛdutraṃ vidhāya mārutamulbaṇaṃ ca
jītvā tathā vibandhaṃ bhittvā gulmamapohati | § 15820

4.14.3 Aṣṭāṅgahr̥dayasaṃhitā

snehapānaṃ hitaṃ gulme viṣeṣeṇordhvanābhije | | 4 | |
pakvāṣayagate bastirubhayaṃ
jaṭharāṣraye | | 4 | | § 15822

4.14.4 Sarvāṅgasundarā

gulme snehapānaṃ hitaṃ | ūrdhvanābhije gulme viṣeṣeṇa
snehapānaṃ hitaṃ | pakvāṣayagate bastirhitaḥ | jaṭharāṣ-
ita ubhayaṃ-snehapānabastyākhyam, hitaṃ | § 15823

4.14.5 Aṣṭāṅgahr̥dayasaṃhitā

dīpte+agnau vātike gulme vibandhe+anilavarcasoḥ | | 5 | |
br̥mhaṇānyannapānāni snigdhoṣṇāni
pradāpayet | | 5 | |
punaḥpunaḥ snehapānaṃ nirūhāḥ
sānuvāsanāḥ | | 6 | |
prayojyā vātaje gulme
kaphapittānurakṣiṇaḥ | | 6 | | § 15827

4.14.6 Sarvāṅgasundarā

vātike gulme vahnau samiddhe sati vātaṣakṛtoṣca viba-
ndhe sati br̥mhaṇānyannādīni snigdhoṣṇāni ca prayoja-
yet | tathā, punaḥpunaḥ snehapānaṃ pradāpayet | nirūh-

āṣca sahānuvāsanā vātike gulme kaphapittānurakṣiṇo narasya prayojyāḥ | § 15828

4.14.7 Aṣṭāṅgahrdayasaṃhitā

bastikarma paraṃ vidyādgulmaghnaṃ, taddhi
mārutam | | 7 | |
svasthāne prathamam jivvā sadyo
gulmamapohati | | 7 | |
tasmādabhikṣṇaṣo gulmā nirūhaiḥ
sānuvāsanaḥ | | 8 | |
prayujyamānaiḥ śāmyanti
vātapittakaphātmakāḥ | | 8 | | § 15832

4.14.8 Sarvāṅgasundarā

bastikarma paraṃ-aṭiṣayena, gulmaghnaṃ vidyāt | yasmātat-
bastikarma, svasthāne-pakvāṣayākhye, prathamam pava-
naṃ jivvā sadyaḥ-ṣiḡhraṃ, gulmaṃ jayati | yata evaṃ ta-
smātkāraṇānnityaṃ gulmā nirūhaiḥ sānuvāsanaḥ prayu-
jyamānaiḥ śāmyanti vātapittakaphoththāḥ | § 15833

5

4.14.9 Aṣṭāṅgahrdayasaṃhitā

hiṅgusauvarcalavyoṣabiḍadimadīpyakaiḥ | | 9 | |
puṣkarājājidhānyāmlavetasakṣārācitrakaiḥ | | 9 | |
ṣaṭhīvacāgandhailāsurasairdadhisamyutaiḥ | | 10 | |
śūlānāhaharam sarpīḥ
sādhayedvātagulminām | | 10 | | § 15837

4.14.10 Sarvāṅgasundarā

hiṅgvādibhirdadhiyuktairghṛtaṃ sādhayet | tacca pītaṃ
vātagulmavatāṃ śūlādijit | dravyebhyaścaturgaṇaṃ ghṛ-
taṃ, ghṛtasamaṃ dadhi, ghṛtāccaturgaṇaṃ jalam, ityatra
pākakramaḥ | § 15838

4.14.11 Aṣṭāṅgahr̥dayasaṃhitā

hapuṣoṣaṇapr̥thvikāpañcakolakadīpyakaiḥ | | 11 | |
sājājisaindhavairdadhnā dugdhena ca rasena
ca | | 11 | |
dāḍimānmūlakātkolātpacetsarpirnihanti
tat | | 12 | |
vātagulmodarānāhapārṣvahṛtkoṣṭhavedanāḥ | | 12 | |
5 yonyarṣograhaṇīdoṣakāsaṣvāsārucijvarān | | 13 | | § 15843
hapuṣādibhirghṛtāccaturthāśairdravyaiḥrdadhidugdhā-
bhyāṃ dāḍimamūlakabadararasaiḥ samaiḥ sarpiḥ pacet |
tacca vātagulmādīn parākuryāt | § 15844

4.14.12 Aṣṭāṅgahr̥dayasaṃhitā

daśamūlaṃ balāṃ kālāṃ suṣavīṃ dvau
punarnavau | | 13 | |
pauṣkarairāṇḍarāsnaśvagandhābhārgyamṛtāśaṭhīḥ | | 14 | |
pacedgandhapalāśaṃ ca droṇe+apāṃ
dvipalonmitam | | 14 | |
yavaiḥ kolaiḥ kulatthaiśca māṣaiśca prāsthikaiḥ
saha | | 15 | |
5 kvāthe+asmindadhipātre ca ghṛtaprasthaṃ
vipācayet | | 15 | |
svarasairdāḍimāmrātamātuluṅgodbhavairyutam | | 16 | |
tathā tuṣāmbudhānyāmlaśuktaiḥ ślakṣṇaiśca
kalkitaiḥ | | 16 | |
bhārgītumburuṣaḍgranthāgranthirāsnaḅgnidhānyakaiḥ | | 17 | |
yavānakayavānyamlavetasāsitajīrakaiḥ | | 17 | |
10 ajājīhiṅguhapuṣākāravīvṛṣakoṣakaiḥ | | 18 | |
nikumbhakumbhamūrvebhappalīvelladāḍimaiḥ | | 18 | |
śvadaṃṣṭrātrapusairvārubījahimśrāśmabhedakaiḥ | | 19 | |
misidvikṣārasurasārivānīlinīphalaiḥ | | 19 | |
trikaṭutripaṭūpetairdādihikaṃ
tahyapohati | | 20 | |
15 rogānāśutarān pūrvān kaṣṭānapi ca
śīlitam | | 20 | |

apasmāragadonmādamūtrāghātānilāmayān | | 21 | | § 15860

4.14.13 Sarvāṅgasundarā

daśamūlādīn pṛthag dvipalapramāṇān yavādibhiḥ pra-
sthapramāṇaiḥ saha jaladrone pacet | kālā-nīlinī | suṣavī-
sthūlajīrakāḥ | gandhapalāśo-gandhapatram | asmin kv-
āthe sāmānyaparibhāṣayā kṛte dadhipātre ca ghṛtapra-
sthaṃ vipācayet | kimbhūtam ? dāḍimādijai svarasaistathā 5
tuṣāmbvādibhiḥsca sarpiḥsamairyutam | tathā bhārgyādi-
bhiḥ kalkīkṛtairupetam | yavānako-yavānībhedaḥ | kāravī-
ajamodā | vṛṣako-vāsakaḥ | ūśakaḥ-kallaraḥ | ibhapippalī-
gajapippalī | āsmabhedāḥ-pāśāṇabhedāḥ | tat-etat, dādhi-
ikaṃ nāma ghṛtaṃ pūrvoktānāmāyān drāktāraṃ hanti | 10
apasmārādīṃsca kṛcchrānapyabhyastaṃ hanti | yadi cātra
svarasālābhastadā tantrāntaroktā kalpanā kāryā | tantrā-
ntare cōktaṃ-"prasthaṃ grhītvā cūrṇasya toyasya prasth-
amāvapet | ahorātrasthitaṃ pūtaṃ tatsyātsvarasavadguṇ-
aiḥ | | " munirapyūce (ca. ci. a. 1 pādaḥ 2 | 12)- "svarasānām- 15
alābhe tvayaṃ vidhiḥ,-cūrṇānāmādhakamādhakamudakasyāhorātrasthit
mṛditapūtamāvapet tatsvarasavat prayojyam | " iti | § 15861

4.14.14 Aṣṭāṅgahr̥dayasaṃhitā

tryūṣaṇatriphalādhānyacavikāvellacitrakaiḥ | | 21 | |
kalkīkṛtairghṛtaṃ pakvaṃ sakṣīraṃ
vātagulmanut | | 22 | | § 15863

4.14.15 Sarvāṅgasundarā

tryūṣaṇādibhiḥ kalkīkṛtairghṛtaṃ samānakṣīraṃ caturgu-
ṇajalapakvaṃ vātagulmaṃ nudati | § 15864

4.14.16 Aṣṭāṅgahr̥dayasaṃhitā

tulāṃ laṣunakandānāṃ pṛthakpañcapalāṃṣakam | | 22 | |

pañcamūlaṃ mahaccāmbubhārārdhe
tadvipācayet | | 23 | |
pādaśeṣaṃ tadardhena dāḍimasvarasaṃ
surāṃ | | 23 | |
dhānyāmlaṃ dadhi cādāya
piṣṭāṃścārdhapalāṃṣakān | | 24 | |
tryūṣaṇatriphalāhiṅguyavānīcavyadīpyakān | | 24 | |
5 sāmlavetasasindhūthadevadārūn
paceddhṛtāt | | 25 | |
taiḥ prasthaṃ tatparaṃ
sarvavātagulmavikārajit | | 25 | | § 15871

4.14.17 Sarvāṅgasundarā

laśunamūlatulāṃ palaśataṃ mahat pañcamūlaṃ ca pra-
tyekaṃ pañcapaladaghnān | tadetattoyādṛśāśate pādaśe-
ṣaṃ vipācayet | pādaśeṣādardhena dāḍimasvarasaṃ su-
rāṃ dhānyāmlaṃ dadhi ca gṛhītvā tryūṣaṇādīṃśca dvik-
5 āṛṣikānādāya tairghṛtāt prasthaṃ pacet | tat-ghṛtaṃ, sarv-
avātagulmavikārajit | § 15872

4.14.18 Aṣṭāṅgahr̥dayasaṃhitā

ṣaṭpalaṃ vā pibet sarpiryaduktaṃ rājayaḥṣmaṇi | | 26 | |
prasannayā vā kṣīrārthaḥ surayā dāḍimena
vā | | 26 | |
ghṛte mārutagulmaghnaḥ kāryaḥ dadhnaḥ
sareṇa vā | | 27 | | § 15875

4.14.19 Sarvāṅgasundarā

rājayaḥṣmacikitsite (ślo. 22) yaduktaṃ ṣaṭpalaṃ ghṛtaṃ ta-
dvā pibet | rājayaḥṣmaṇīti viśeṣaṇaṃ spaṣṭārtham | ghṛte
ṣaṭpalākhye kṣīrārthaḥ prasannayā vā kāryaḥ | athavā sur-
ayā dāḍimena vā | dadhisāreṇa vā | evaṃ kṣīraṃ hitvā pr-
5 asannādyanyatamena sādhitāṃ ghṛtaṃ ṣaṭpalaṃ vātagu-
lmajitsyāt | § 15876

4.14.20 Aṣṭāṅgahr̥dayasaṃhitā

vātagulme kapho vṛddho hatvā+agnimaruciṃ
yadi | |27| |
hṛllāsaṃ gauravaṃ tandrāṃ janayedullikhettu
tam | |28| | § 15878

4.14.21 Sarvāṅgasundarā

vātaje gulme ṣleṣmā vṛddhaḥ sannagniṃ hatvā yadyaru-
cyādīn janayettadā taṃ-kaphaṃ, ullikhet-udvamet | § 15879

4.14.22 Aṣṭāṅgahr̥dayasaṃhitā

śūlānāhavibandheṣu jñātvā sasnehamāśayam | |28| |
niryūhacūrṇavaṭakāḥ prayojyā
ghṛtabheṣajaiḥ | |29| | § 15881

4.14.23 Sarvāṅgasundarā

śūlādiṣu satsu sasnehamāśayaṃ jñātvā ghṛtoktairauṣadh-
aiḥ (ghṛtabheṣajaiḥ)- anantaroktānāṃ ghṛtānāmauṣadh-
aiḥ, kvāthacūrṇaguṭikā vā saha prayojyāḥ | § 15882

4.14.24 Aṣṭāṅgahr̥dayasaṃhitā

koladāḍimagharmābutakramadyāmlakāñjikaiḥ | |29| |
maṇḍena vā pibetprātaścūrṇānyannasya vā
puraḥ | |30| | § 15884

4.14.25 Sarvāṅgasundarā

kolādyambubhistakrādibhirvā prātaścūrṇāni-ghṛtauṣadhīnāṃ
sambandhīni, maṇḍena saha pibet | athavā annasya-
āhārasya, puraḥ-pūrvam, pibet | § 15885

4.14.26 Aṣṭāṅgahr̥dayasaṃhitā

cūrṇāni mātuluṅgasya bhāvitānyasakṛdrase | | 30 | |
kurvīta kārmukatarān vaṭakān
kaphavātayaḥ | | 31 | | § 15887

4.14.27 Sarvāṅgasundarā

cūrṇāni mātuluṅgarasena muhurmuḥurbhāvitāni vaṭakān
karmakaraṇasamarthān kurvīta | kaphavātayoḥ-kaphavātike
gulma ityarthāḥ | § 15888

4.14.28 Aṣṭāṅgahr̥dayasaṃhitā

ṣūlāni vāyvāmakaphodbhavāni | | 32 | |
kṛcśrān gulmān vātaviṇmūtrasaṅgaṃ kaṇṭhe
bandhaṃ hr̥dgrahaṃ pāṇḍurogam | | 33 | |
vardhmādhmānaṣvāsakāsāgnisādān | | 33 | | § 15891

4.14.29 Sarvāṅgasundarā

hiṅgvādikametaccūrṇaṃ hr̥cśūlādīnnihanti tathā kṛcśrag-
ulmādīṃṣca | dodhakopajātiṣālīnyaḥ | § 15892

4.14.30 Aṣṭāṅgahr̥dayasaṃhitā

kaṇanāgaramuttarottaraṃ vṛddham | | 34 | |
cūrṇaṃ vaiṣvānaraḥ sākṣāt | | 34 | | § 15894

4.14.31 Sarvāṅgasundarā

lavaṇādikaṃ krameṇottaraṃ bhāgavṛddhaṃ sarvasama-
bhāgā haritakīti cūrṇametatsākṣādvaiṣvānaraḥ, dīpanagu-
ṇasāmānyāt | āryāvṛtam | § 15895

4.14.32 Aṣṭāṅghṛdayasaṃhitā

trikaṭukamajamodā saindhavaṃ jīrake dve
samadharaṇadhṛtānāmaṣṭamo
hiṅgubhāgaḥ | | 35 | |
prathamakavalabhojyaḥ sarpiṣā saṃprayukto
janayati jaṭharāgniṃ vātagulmaṃ
nihanti | | 35 | | § 15897

4.14.33 Sarvāṅgasundarā

trikaṭukādīnāṃ saptānāṃ samadharaṇadhṛtānāṃ-samapramāṇasthāpitā
hiṅgubhāgo+aṣṭamo 'deyaḥ' ityadhyāhāryam | kecittve-
vaṃ vyākhyānanti | dharaṇaṣabdena palasya daṣamo
bhāga ucyate | dharaṇe dhṛtā dharaṇadhṛtāḥ, samāṣca te
dharaṇadhṛtāṣca, teṣāṃ samadharaṇadhṛtānāṃ trikaṭuk- 5
ādīnāmaṣṭamo hiṅgubhāgo deyaḥ | sa ca prathamakavale
bhojyo-bhakṣaṇīyaḥ | sarpiṣā samyak prayukto-miṣṛito, ja-
ṭharāgniṃ janayati, vātagulmaṃ ca hanti | mālinīvṛttam |
§ 15898

4.14.34 Aṣṭāṅghṛdayasaṃhitā

ścūrṇaḥ kumbhanikumbhamūlasahitairbhāgottaram
vardhitaiḥ | | 36 | |
pītaḥ koṣṇajalena koṣṭhajarūjo
gulmodarādīnayaṃ śārdūlaḥ prasabhaṃ
pramathya harati vyādhīn
mṛgaughāniva | | 36 | | § 15900

4.14.35 Sarvāṅgasundarā

hiṅgūgretyādibhirbhāgottaramaṃśādhikaṃ vardhitaiścū-
rṇaḥ koṣṇajalena pīto jaṭhararujādīn parākaroti | ayaṃ śā-
rdūlākhyāścūrṇo haṭhāt pramathya vyādhīn mṛgaughān-
iva śārdūlaḥ-siṃhaḥ | apyata eva śleṣopamā+ayamalaṅkāraḥ |
tathā bhīmaśabdena śārdūlavikrīḍitaṃ vṛttamupalakṣy- 5

ate | yathā śārdūlaśabdena bhīmasena iti | śārdūlavikrīḍ-
itaṃ vṛttam | § 15901

4.14.36 Aṣṭāṅgahr̥dayasaṃhitā

sindhūthpathyākaṇadīpyakānāṃ cūrṇāni toyaiḥ
pibatāṃ kavosṇaiḥ | | 37 | |
prayāti nāśaṃ kaphavātajanmā nārācanirbhinna
ivāmayaughāḥ | | 37 | | § 15903

4.14.37 Sarvāṅgasundarā

sindhūthādīnāṃ cūrṇāni koṣṇaistoyaiḥ pibatāṃ kaphav-
ātaḥ rogasaṅgho nāśaṃ yāti | ka iva ? nārācena nirbhinna
ivetyupamā | upajātivṛttam | § 15904

4.14.38 Aṣṭāṅgahr̥dayasaṃhitā

vyoṣaṃ ca saṃstaracitaṃ lavaṇopadhānam | | 38 | |
dagdhvā vicūrṇya dadhimastuyutaṃ prayojyaṃ
gulmodaraṣvayathupāṇḍugudodbhav-
eṣu | | 38 | | § 15906

4.14.39 Sarvāṅgasundarā

pūtikādidravyaṃ saṃstaracitaṃ yathākramanirdiṣṭamup-
aryuparibhāvena saṃstīrṇaṃ tathā lavaṇopadhānaṃ lav-
aṇaṃ sarvoparyupadhānaṃ dattvā+anantaraṃ dagdhvā
sañcūrṇya tato dadhimastunā yutaṃ gulmādiṣu prayo-
5 jyam | vasantatilakāvṛttam | § 15907

4.14.40 Aṣṭāṅgahr̥dayasaṃhitā

hiṅgutriguṇaṃ saindhavamasmātriguṇaṃ ca
tailamairaṇḍam | | 39 | |

tatriguṇarasonarasam
gulmodaravardhmaṣūlaghnam | |40| | § 15909

4.14.41 Sarvāṅgasundarā

saindhavam hiṅgutastriguṇam | asmācca-saindhavāt, ai-
raṇḍatailam triguṇam | tasmācca-airaṇḍatailāt, triguṇam
rasonasya rasam | tadetadgulmādighnam | āryāvṛttam |
§ 15910

4.14.42 Aṣṭāṅgahr̥dayasamhitā

mātuluṅgaraso hiṅgu dāḍimaṃ biḍasaindhavam | |40| |
surāmaṇḍena pātavyam
vātagulmarujāpaham | |41| | § 15912

4.14.43 Aṣṭāṅgahr̥dayasamhitā

mātuluṅgarasādikaṃ surāmaṇḍena pātavyam
vātagulmapīḍāharam | § 15913

4.14.44 Aṣṭāṅgahr̥dayasamhitā

ṣuṅṭhyāḥ karṣam guḍasya dvau
dhautātkṛṣṇatilātpalam | |41| |
khādannekatra saṅcūrṇya koṣṇakṣīrānupo
jayet | |42| |
vātaḥdrogagulmārṣoyoniṣūlaṣakṛdgrahān | |42| | § 15916

4.14.45 Aṣṭāṅgahr̥dayasamhitā

ṣuṅṭhyāḥ karṣo guḍasya dvau karṣau
luñcitakṛṣṇatilātpalamityekatra miṣrayitvā
khādan koṣṇakṣīrānupaḥ san vātaḥdrogādīn
jayet | § 15917

4.14.46 Aṣṭāṅgahr̥dayasaṃhitā

pibederāṇḍataiḥ tu vātagulmī prasannayā | | 43 | |
śleṣmaṇyanubale vāyau, pitte tu payasā
saha | | 43 | | § 15919

4.14.47 Sarvāṅgasundarā

vātakaphānuge satyeraṇḍataiḥ prasannayā sahasā gu-
lmavān pibet | pitte tvanugate payasā sahairāṇḍataiḥ pi-
bet | § 15920

4.14.48 Aṣṭāṅgahr̥dayasaṃhitā

vivṛddham yadi vā pittam santāpam
vātagulminah | | 44 | |
kuryādvirecanīyo+asau
sasnehairānulomikaiḥ | | 44 | |
tāpānuvṛttāvevaṃ ca raktaṃ
tasyāvasecayet | | 45 | | § 15923

4.14.49 Sarvāṅgasundarā

vātagulminah pittaṃ vivṛddham yadi santāpam kuryāt,
tadā+asau-vātagulmī, virecanīyo-virecanārhaḥ | kaiḥ ? ān-
ulomikairdravyaiḥ snehayutaiḥ | evaṃ [ca]-viraktasyāpi,
tāpānuvartane sati tasya raktasrāvaṃ kuryāt | § 15924

4.14.50 Aṣṭāṅgahr̥dayasaṃhitā

sādhayecśuddhaṣuṣkasya laṣunasya catuṣpalam | | 45 | |
kṣīrodake+aṣṭaguṇite kṣīraṣeṣaṃ ca
pācayet | | 46 | |
vātagulmamudāvartam ḡrdhrasīm
viṣamajvaram | | 46 | |
hr̥drogam vidradhiṃ ṣoṣaṃ sādhayatyāṣu
tatpayah | | 47 | | § 15928

4.14.51 Sarvāṅgasundarā

kṣīraṃ codakaṃ ca kṣīrodakam | tasmin laṣunādaṣṭaga-
uṇe ṣuddhaṣuṣkasya laṣunasya catuspalaṃ sādhayet | ta-
taḥ kṣīraṣeṣaṃ vipācayet | tacca kṣīraṣeṣaṃ vātagulmādī-
nya(na)bhibhavati | § 15929

4.14.52 Aṣṭāṅgahr̥dayasaṃhitā

tailaṃ prasannā gomūtramāranālaṃ yavāgrajaḥ | | 47 | |
gulmaṃ jaṭharamānāhaṃ pītamekatra
sādhayet | | 48 | | § 15931

4.14.53 Sarvāṅgasundarā

tailādikamekatra-militaṃ, pītaṃ gulmādīn hanti | § 15932

4.14.54 Aṣṭāṅgahr̥dayasaṃhitā

citrakagrānthikairāṇḍaṣuṅṭhīkvāthaḥ paraṃ hitaḥ | | 48 | |
ṣūlānāhavibandheṣu
saṅgubīḍasaindhavaḥ | | 49 | | § 15934

4.14.55 Sarvāṅgasundarā

citrakādīkvātho ṅgādiyutaḥ paraṃ ṣūlādiṣu hitaḥ |
§ 15935

4.14.56 Aṣṭāṅgahr̥dayasaṃhitā

puṣkarairāṇḍayormūlaṃ yavadhanvayavāsakam | | 49 | |
jalena kvathitaṃ pītaṃ
koṣṭhadāharujāpahaṃ | | 50 | | § 15937

4.14.57 Sarvāṅgasundarā

puṣkarairāṇḍamūlādikaṃ jalena kvathitaṃ pītaṃ koṣṭha-
dāhādijit | § 15938

4.14.58 Aṣṭāṅghṛdayasaṃhitā

vāṭyāhvairāṇḍadarbhāṇāṃ mūlaṃ dāru
mahauśadham | | 50 | |
pītaṃ niḥkvāthya toyena
koṣṭhapṛṣṭhāṃsaṣūlajit | | 51 | | § 15940

4.14.59 Sarvāṅgasundarā

vāṭyāhvādīnāṃ mūlaṃ devadārvādi ca toyakvathitaṃ pī-
taṃ koṣṭhādiṣūlajit | § 15941

4.14.60 Aṣṭāṅghṛdayasaṃhitā

ṣilājaṃ payasā+analpapañcamūlaṣṛṛtena vā | | 51 | |
vātagulmī
pibet----- | | 52 | | § 15943

4.14.61 Sarvāṅgasundarā

ṣilājatu vā mahatpapañcamūlakvathitena kṣīreṇa saha vātag-
ulmī pibet | § 15944

4.14.62 Aṣṭāṅghṛdayasaṃhitā

-----vāṭyamudāvarte tu bhojayet | | 52 | |
snigdham paippalikairyūṣairmūlakānāṃ rasena
vā | | 52 | | § 15946

4.14.63 Sarvāṅgasundarā

udāvarte sati vāṭyaṃ snigdhaṃ-sasnehaṃ, pippalīsaṃsk-
ṛtairyūṣaiḥ saha bhojayet | athavā, mūlakaṛsenāṣṇīyāt |
§ 15947

4.14.64 Aṣṭāṅgahr̥dayasaṃhitā

baddhaviṇmāruto+aṣṛnīyātksīreṇoṣṇena
yāvakaṃ | | 53 | |
kulmāṣān vā bahusnehān
bhakṣayellavaṇottarān | | 53 | | § 15949

4.14.65 Sarvāṅgasundarā

baddhaviṇmāruta uṣṇena kṣīreṇa yāvakamaṣṛnīyāt | ath-
avā, kulmāṣān bahusnehān lavaṇapradhānān bhakṣayet |
§ 15950

4.14.66 Aṣṭāṅgahr̥dayasaṃhitā

nīlinītrivṛtādantīpathyākampillakaiḥ saha | | 54 | |
somalāya ghṛtaṃ deyaṃ
sabiḍakṣāranāgaram | | 54 | | § 15952

4.14.67 Sarvāṅgasundarā

nīlinyādibhiḥ saha sadoṣāya narāya biḍādiyutaṃ ghṛtaṃ
deyaṃ | § 15953

4.14.68 Aṣṭāṅgahr̥dayasaṃhitā

nīlinīm triphalām rāsnām balām kaṭukarohiṇīm | | 55 | |
pacedviḍaṅgaṃ vyāghrīm ca pālikāni
jalāḍhake | | 55 | |

rāse+aṣṭabhāgaśeṣe tu ghr̥taprasthaṃ
vipācayet | | 56 | |
dadhnaḥ prasthena saṃyojya sudhākṣīrapalena
ca | | 56 | |
tato ghr̥tapalaṃ
dadyādyavāgūmaṇḍamiśritam | | 57 | |
jīrṇe samyagviriktaṃ ca
bhojayedrasabhojanam | | 57 | |
5 gulmakuṣṭhodaravyaṅgaśophaṇḍvāmayajvarān | | 58 | |
śvitraṃ plīhānamunmādaṃ
hantyetannīlinīghṛtaṃ | | 58 | | § 15961

4.14.69 Sarvāṅgasundarā

nīlinyādīn palikān jalādhake pacet | aṣṭabhāgaśeṣe ca rāse
dadhiprasthena sudhākṣīrapalena ca miśrayitvā ghr̥tapra-
sthaṃ vipācayet | tato ghr̥tapalaṃ yavāgūmaṇḍamiśritam
dadyāt | jīrṇe ca ghr̥te samyagviriktaṃ naraṃ rasayutaṃ
5 bhojanaṃ bhojayet | etacca nīlinīghṛtaṃ gulmādīn hanti |
§ 15962

4.14.70 Aṣṭāṅgahr̥dayasaṃhitā

kukkuṭāṣca mayūrāṣca tittirikrauñcavartakāḥ | | 59 | |
śālayo madirā
sarpirvātagulmacikitsitam | | 59 | | § 15964

4.14.71 Sarvāṅgasundarā

kukkuṭādayo vātagulme cikitsitam-upakramaḥ | § 15965

4.14.72 Aṣṭāṅgahr̥dayasaṃhitā

mitamuṣṇaṃ dravaṃ snigdhaṃ bhojanaṃ
vātagulminām | | 60 | |
samaṇḍā vāruṇī pānaṃ taptaṃ vā
dhānyakairjalām | | 60 | | § 15967

4.14.73 Sarvāṅgasundarā

vātagulmināṃ ca bhojanāṃ mitamuṣṇāṃ dravaṃ sni-
gdhaṃ ca syāt | vāruṇī samaṇḍā dhānyakaiḥ śṛtaṃ jalaṃ
vā pānaṃ syāt | § 15968

4.14.74 Aṣṭāṅgahr̥dayasaṃhitā

snigdhoṣṇenodite gulme paittike sraṃsanaṃ
hitam | | 61 | | § 15969

4.14.75 Sarvāṅgasundarā

paittike gulme snigdhoṣṇenothhite sati sraṃsanaṃ hitam |
tadeva virecanamāha- § 15970

4.14.76 Aṣṭāṅgahr̥dayasaṃhitā

drākṣābhayāguḍarasāṃ kampillaṃ vā
madhudrutam | | 61 | |
kalpotkaṃ
raktapittoktaṃ----- | | 62 | | § 15972

4.14.77 Sarvāṅgasundarā

drākṣābhayāguḍarasāṃ sraṃsanaṃ hitam | athavā, ma-
dhudrutam kampillaṃ sraṃsanaṃ hitam | kalpoktaṃ
virecanaṃ-virecanakalpavihitam, (hr̥. ka. a. 2) , aktapittoktaṃ-
"trivṛtā triphalā" (hr̥. ci. a. 2 | 10) ityādikaṃ, hitam | § 15973

4.14.78 Aṣṭāṅgahr̥dayasaṃhitā

-----gulme rūkṣoṣṇaje punaḥ | | 62 | |
paraṃ saṃśamanaṃ sarpistiktaṃ vāsāghṛtaṃ
śṛtaṃ | | 62 | |
tr̥ṇākhyapañcākvāthe jīvanīyagaṇena vā | | 63 | |

śr̥ṭaṃ tenaiva vā kṣīraṃ nyagrodhādigaṇena
vā | | 63 | | § 15977

4.14.79 Sarvāṅgasundarā

rūkṣoṣṇaje paittike gulme sarpistiktaṃ-kuṣṭhacikitsitoktaṃ
(hr̥. ci. a. 19 | 2) , tathā vāsāghṛtaṃ (hr̥. ci. a. 2 | 42) saṃśa-
manaṃ śreṣṭhaṃ | tr̥ṇākhyamaṃ pañcakaṃ-"darbhakāsekṣu"
(hr̥. sū. a. 6 | 171) ityādi, tasya kvāthe śr̥ṭaṃ ghṛtaṃ hitaṃ |
5 athavā, jīvanīyagaṇena śr̥ṭaṃ ghṛtaṃ hitaṃ | tenaiva-
jīvanīyagaṇena, śr̥ṭaṃ kṣīraṃ hitaṃ | nyagrodhādigaṇena
vā śr̥ṭaṃ kṣīraṃ hitaṃ | § 15978

4.14.80 Aṣṭāṅgahr̥dayasaṃhitā

tatrāpi sraṃsanaṃ yuñjyācśīghramātyayike
bhiṣak | | 64 | | § 15979

4.14.81 Sarvāṅgasundarā

tatrāpi-na kevalaṃ snigdhoṣṇaje rūkṣoṣṇaje+api paittike
sāmānyato vā samutpanne gulme, ātyayike śīghraṃ sra-
ṃsanaṃ yuñjyāt | kena ? ityāha- § 15980

4.14.82 Aṣṭāṅgahr̥dayasaṃhitā

vairecanikasiddhena sarpiṣā payasā+api vā | | 64 | | § 15981

4.14.83 Sarvāṅgasundarā

virecanavihitadravyasiddhena sarpiṣā kṣīreṇa vā | § 15982

4.14.84 Aṣṭāṅgahr̥dayasaṃhitā

rasenāmalakekṣūṇaṃ ghṛtaprasthaṃ vipācayet | | 65 | |

pathyāpādaṃ pibetsarpistatsiddhaṃ
pittagulmanut | | 65 | |
pibedvā tailvakaṃ sarpiryaccoktaṃ
pittavidradhau | | 66 | | § 15985

4.14.85 Sarvāṅgasundarā

āmalakasyekṣośca rasena ghṛtāccaturguṇitenāḍhakamā-
nena pathyāpādaṃ ghṛtaprasthaṃ vipācayet | tacca si-
ddhaṃ pittagulmaṃ hanti | tailvakamathavā sarpiḥ (hr. ci.
a. 21 | 32) pibet | yacca pittavidradhāvuktaṃ ghṛtaṃ (hr. ci.
a. 13 | 4) tacca pibet | § 15986

5

4.14.86 Aṣṭāṅgahr̥dayasaṃhitā

drākṣāṃ payasyāṃ madhukaṃ candanaṃ padmakaṃ
madhu | | 66 | |
pibettaṇḍulatoyena
pittagulmopaṣāntaye | | 67 | | § 15988

4.14.87 Sarvāṅgasundarā

drākṣādi taṇḍulajalena saha pittagulmaṣāntaye pibet |
§ 15989

4.14.88 Aṣṭāṅgahr̥dayasaṃhitā

dvipalaṃ trāyamāṇyā jaladviprasthasādhitam | | 67 | |
aṣṭabhāgasthitam pūtam koṣṇam kṣīrasamaṃ
pibet | | 68 | |
pibedupari tasyoṣṇam kṣīrameva
yathābalaṃ | | 68 | |
tena nirhṛtadoṣasya gulmaḥ śāmyati
paittikaḥ | | 69 | | § 15993

4.14.89 Sarvāṅgasundarā

trāyantyā dvipalaṃ jaladviprasthasādhitamaṣṭabhāgāvaṣ-
eṣaṃ paṭena pūtaṃ kṣīrasamaṃ pibet | tasyopari koṣṇaṃ
kṣīrameva yathāṣakti pibet-nānyatkiñcit | tena-kṣīreṇa, ap-
ahr̥tadoṣasya gulmaḥ paittikaḥ śāmyati | § 15994

4.14.90 Aṣṭāṅgahr̥dayasaṃhitā

dāhe+abhyaṅgo ghr̥taiḥ śītaiḥ sājyairlepo
himaṣadhaiḥ | | 69 | |
sparśaḥ saroruhāṃ patraiḥ pātraiśca
pracalajjalaiḥ | | 70 | | § 15996

4.14.91 Sarvāṅgasundarā

paittike gulme dāhe sati ghr̥taiḥ śītaiḥ-śītavīryasādhitaiḥ
sparśataśca śītaiḥ, abhyaṅgastathā lepaḥ śītavīryauśadh-
aiḥ saghr̥taiḥ syāt | padmapatraiḥ pātraiśca pracalajjalaiḥ
sparśaḥ | § 15997

4.14.92 Aṣṭāṅgahr̥dayasaṃhitā

vidāhapūrvarūpeṣu ṣūle vahneṣca mār̥dave | | 70 | |
bahuṣo+apaharedraktaṃ pittagulme
viṣeṣataḥ | | 71 | |
śinnamūlā vidahyante na gulmā yānti ca
kṣayam | | 71 | |
raktaṃ hi vyamlatāṃ yāti, tacca nāsti na cāsti
ruk | | 72 | | § 16001

4.14.93 Sarvāṅgasundarā

vidāhapūrvarūpeṣu gulmeṣu tathā ṣūle vahnimāndye ca
sati bahūn vārān raktaṃ haret | pittagulme viṣeṣeṇāśraṃ
haret | sa0-śinnamūlā gulmā na vidahyante-na pākaṃ yā-
nti | ca-punaḥ, kṣayam yānti | hi-yasmāt, raktamantaḥsthi-

taṃ vyamlībhāvaṃ yāti | tacca-raktaṃ, nāsti tatastadutthā
rugapi nāsti | § 16002

4.14.94 Aṣṭāṅgahr̥dayasaṃhitā

hr̥tadoṣaṃ parimlānaṃ jāṅgalaistarpitaṃ rasaiḥ | |72| |
samāśvastaṃ saśoṣārtiṃ
sarpirabhyāsayetpunaḥ | |73| | § 16004

4.14.95 Sarvāṅgasundarā

hr̥tadoṣaṃ parimlānaṃ naraṃ jāṅgalamāṃsarasaistarpitaṃ
samāśvastaṃ santaṃ saśeṣārtiṃ sarpirabhyāsayet |
§ 16005

4.14.96 Aṣṭāṅgahr̥dayasaṃhitā

raktapittātivr̥ddhatvātkriyāmanupalabhya vā | |73| |
gulme pākonmukhe sarvā
pittavidradhivatkiyā | |74| | § 16007

4.14.97 Sarvāṅgasundarā

raktapittātivr̥ddhatvāddhetoḥ kriyāṃ vā+anupalabhya-
anāsādyā, gulme pākonmukhe sati sarvā pittavidradhitu-
lyā kriyā syāt | § 16008

4.14.98 Aṣṭāṅgahr̥dayasaṃhitā

śāligavyājapayasī paṭolī jāṅgalaṃ ghṛtam | |74| |
dhātrī parūṣakaṃ drākṣā kharjūraṃ dāḍimaṃ
sitā | |75| |
bhojyaṃ, pāne+ambu balayā bṛhatyādyaiśca
sādhitam | |75| | § 16011

4.14.99 Sarvāṅgasundarā

ṣālyādi bhojyam | pāne balayā sādhitam̐ jalam̐ br̥hatyādinā
vā | § 16012

4.14.100 Aṣṭāṅgahr̥dayasaṃhitā

śleṣmaje vāmayetpūrvamavamyamupavāsayet | |76| |
tiktoṣṇakaṭusamsargyā vahniṃ
sandhukṣayettataḥ | |76| |
hiṅgvādibhiṣca dviguṇakṣārahiṅgvamlavetas-
aiḥ | |77| | § 16015

4.14.101 Sarvāṅgasundarā

śleṣmaje gulme pūrvam̐ vāmayet | avamanāha tu laṅgha-
yet | kṛtopavāsasya tiktoṣṇakaṭudravyayutayā samsargyā
vahniṃ dīpayet | tathā hiṅgvādibhiragniṃ sandhukṣayet |
kimbhūtaiḥ ? dviguṇāni kṣārahiṅgvamlavetasāni yeṣu
5 taiḥ | § 16016

4.14.102 Aṣṭāṅgahr̥dayasaṃhitā

nigūḍham̐ yadi vonnaddham̐ stimitam̐ kaṭhinam̐
sthiram | |77| |
ānāhādiyutam̐ gulmam̐ saṃsvedya
vinayedanu | |78| |
ghṛtam̐ sakṣāraṇakṭukam̐ pātavyam̐
kaphagulminām | |78| | § 16019

4.14.103 Sarvāṅgasundarā

nigūḍhādiharmayuktam̐ gulmam̐ saṃśodhya(saṃsvedya)
vinayet-upāsamayet | paścāt kaphagulminām̐ ghṛtam̐ kṣā-
raṇakṭukayutam̐ pātavyam | § 16020

4.14.104 Aṣṭāṅgahr̥dayasaṃhitā

savyoṣakṣāralavaṇaṃ sahiṅgubiḍadāḍimam | |79| |
kaphagulmaṃ jayatyāsu daśamūlaśghṛtaṃ
ṛtam | |79| | § 16022

4.14.105 Sarvāṅgasundarā

vyoṣādiyutaṃ daśamūlapakvaṃ sarpiḥ kaphagulmaṃ ṣi-
ghrameva hanti | § 16023

4.14.106 Aṣṭāṅgahr̥dayasaṃhitā

bhallātakānām dvipalaṃ pañcamūlaṃ
palonmitam | |80| |
alpaṃ toyāḍhake sādhyam pādaśeṣeṇa tena
ca | |80| |
tulyam ghṛtam tulyapayo
vipacedakṣasammitaiḥ | |81| |
viḍaṅgahiṅgusindhūtthayāvaśūkaśāthībiḍaiḥ | |81| |
sadvīpirāsnāyaṣṭyāhvaṣaḍgranthākāṇanāgaraiḥ | |82| |
etadbhallātakaghṛtam kaphagulmaharam
param | |82| |
plīhapāṇḍvāmayaśvāsagrahaṇīrogakāsajit | |83| | § 16030

4.14.107 Sarvāṅgasundarā

bhallātakānām dvipalaṃ alpaṃ-hrasvaṃ, pañcamūlaṃ
pṛthak palapramāṇam toyāḍhake sādhanīyam | pādaśeṣ-
eṇa ca tena kvāthena samaṃ sarpistulyakṣīram viḍaṅg-
ādibhiḥ kalkībhūtaiḥ kārṣikairvipācayet | etacca bhallāta-
kaghṛtam paraṃ-suṣṭhu, kaphagulmaharam plīhādijicca | 5
§ 16031

4.14.108 Aṣṭāṅgahr̥dayasaṃhitā

tato+asya gulme dehe ca samaste
svedamācaret | | 83 | | § 16032

4.14.109 Sarvāṅgasundarā

tato-ghṛtapānādanantaraṃ, gulme dehe cāsya samaste sv-
edamācaret | § 16033

4.14.110 Aṣṭāṅgahr̥dayasaṃhitā

sarvatra gulme prathamam snehasvedopapādite | | 84 | |
yā kriyā kriyate yāti sā siddhiṃ na
virūkṣite | | 84 | | § 16035

4.14.111 Sarvāṅgasundarā

[sarvatra-] sarvasminnaṣṭavidhe ca, gulme prathamam-
ādau, snehasvedābhyāmupapādite sati yā kriyā kriyate sā
siddhiṃ yāti | yā tu virūkṣite sati kriyā sā siddhiṃ na yāti |
§ 16036

4.14.112 Aṣṭāṅgahr̥dayasaṃhitā

snigdhasvinnaśarīrasya gulme śaithilyamāgate | | 85 | |
yathoktām ghaṭikām nyasyedgṛhīte+apanayecca
tām | | 85 | |
vastrāntaraṃ tataḥ kṛtvā chindyādgulmaṃ
pramāṇavit | | 86 | |
vimārgājapadādarśairyathālābhaṃ
prapīdayet | | 86 | |
5 pramr̥jyādgulmamevaikaṃ na tvantrahr̥dayam
spr̥set | | 87 | | § 16041

4.14.113 Sarvāṅgasundarā

snigdhasvinnaśarīrasya gulme śaithilyaṃ yāte sati yantra-
vidhyuditāṃ ghaṭikāṃ yojayet | gr̥hīte ca gulme tāmapas-
ārayet | anantaram vastravyavahitaṃ gulmaṃ kṛtvā pram-
āṇavit vimārgādibhiryathālābhaṃ bhindyāt-vidārayet sū-
cikādinā | vimārgo-dārumayaḥ śastrakṛtīrvastuviśeṣaśca 5
rmakārasambandhī | tathā, gulmameva kevalaṃ prapīḍ-
ayet pramṛjyācca | na punarantraṃ hṛdayaṃ [ca] spṛśet |
§ 16042

4.14.114 Aṣṭāṅgahṛdayasaṃhitā

tilairaṇḍātasībījasarṣapaiḥ parilipyā ca | | 87 | |
śleṣmagulmamayasṭātraiḥ sukhoṣṇaiḥ
svedayettataḥ | | 88 | | § 16044

4.14.115 Sarvāṅgasundarā

athavā kaphagulmaṃ tilādibhiḥ parilipyānantaram loha-
bhājanaiḥ sukhoṣṇaiḥ svedayet | ayasṭātrairiti "ataḥkṛk-
ami" ityādinā sādeṣaḥ | § 16045

4.14.116 Aṣṭāṅgahṛdayasaṃhitā

evaṃ ca viṣṭaṃ sthānāt kaphagulmaṃ virecanaiḥ | | 88 | |
sasnehairbastibhiṣcainam
śodhayeddāṣamūlikaiḥ | | 89 | | § 16047

4.14.117 Sarvāṅgasundarā

evaṃ-asmin prakāre kṛte sati, sthānāccalitaṃ kaphag-
ulmaṃ snehayuktairvirecanairbastibhiṣca dāṣamūlikaiḥ
(hṛ. ka. a. 4 | 4) śodhayet | § 16048

4.14.118 Aṣṭāṅgahr̥dayasaṃhitā

pippalyāmalakadrākṣāśyāmādyaiḥ pālikaiḥ pacet | | 89 | |
eraṇḍatailahaviṣoḥ prasthau payasi
ṣaḍguṇe | | 90 | |
siddho+ayaṃ miṣrakaḥ sneho gulmināṃ
sraṃsanāṃ hitam | | 90 | |
vṛddhividradhiṣūleṣu vātavyādhiṣu
cāmṛtam | | 91 | | § 16052

4.14.119 Sarvāṅgasundarā

pippalyādibhiḥ palonmitairaṇḍatailasarpīṣoḥ prasthau dvau
ṣaḍguṇe kṣīre pacet | ayaṃ miṣrakākhyāḥ sneho gulmi-
nāṃ paraṃ sraṃsanāṃ vṛddhyādiṣu cāmṛtatulyam | § 16053

4.14.120 Aṣṭāṅgahr̥dayasaṃhitā

pibedvā nīlinīsarpiṛmātrayā dvīpalīnayā | | 91 | |
tathaiva sukumārākhyāṃ ghṛtānyaudarikāṇi
vā | | 92 | | § 16055

4.14.121 Sarvāṅgasundarā

athavā nīlinīghṛtam-prāguktaṃ (ślo. 55) , sraṃsanāṃ dvī-
palamātrayā pibet | tathaiva dvīpalamātrayā sukumārā-
khyāṃ ghṛtam-vidradhyuktaṃ (hr̥. ci. 13 | 41) , sraṃsanā-
rtham pibet | udaracikitsitoktāni vā ghṛtāni pibet | § 16056

4.14.122 Aṣṭāṅgahr̥dayasaṃhitā

drone+ambhasaḥ paceddantyāḥ palānāṃ
pañcaviṃśatim | | 92 | |
citrakasya tathā pathyāstāvatīstadrāse
srute | | 93 | |

dvipraste sādhayetpūte kṣipeddantīsamam
guḍam | | 93 | |
tailātpalāni catvāri trivṛtāyāśca carṇataḥ | | 94 | |
kaṇākarṣau tathā śuṅṭhyāḥ siddhe lehe tu
śītale | | 94 | |
madhu tailasamam
dadyāccaturjātāccaturthikām | | 95 | |
ato harītakīmekām sāvalehapalāmadan | | 95 | | 5
sukham viricyate snigdho
doṣaprasthamanāmayaḥ | | 96 | |
gulmahṛdrogadurnāmaśophānāhagarodarān | | 96 | |
kuṣṭhotkleśāruciḥagrahaṇīviṣamajvarān | | 97 | |
ghnanti dantīharītakyaḥ pāṇḍutām ca
sakāmalām | | 97 | | § 16067

4.14.123 Sarvāṅgasundarā

jaladroṇe dantīpalānām pañcaviṁśatiṁ, [tathā] citrak-
asya palānām pañcaviṁśatiṁ, [tathā] haritakīstāvatiḥ-
pañcaviṁśatiṁ, pacet | tadrase srute dviprasthadaghne
pūte pathyāsaḥite dantītulyam guḍam kṣipet | tailapalāni
catvāri, trivṛtpalāni ca catvāri | kaṇāyāḥ karṣau dvau śu- 5
ṅṭyāśca | siddhe cāsmiṁ lehe tu suśīte tailatulyam māḁṣi-
kaṁ dadyāt | caturjātāt samuditāccaturthikām-palāparasamjñām,
dadyāt | ato-lehāt, pathyāmekām sāvalehapalayutām bha-
kṣayet | snigdho naraḥ sukham doṣaprastham viricyate ni-
rāmayaḥ | etā dantīharītakyaḥ plīhā(gulmā)dīn ghnanti | 10
§ 16068

4.14.124 Aṣṭāṅgahṛdayasaṁhitā

sudhākṣīradravam cūrṇam trivṛtāyāḥ subhāvitam | | 98 | |
kāṛṣikam madhusarpirbhyām līdhvā sādhu
viricyate | | 98 | | § 16070

4.14.125 Sarvāṅgasundarā

sudhākṣīreṇa dravaṃ trivṛtāyāścūrṇaṃ prakṛtatvātsu-
dhākṣīreṇaiva subhāvitam̐ karṣapramāṇam̐ madhusarpi-
rbhyāṃ liḍhvā samyagviricyate | § 16071

4.14.126 Aṣṭāṅgahr̥dayasaṃhitā

kuṣṭhaśyāmātrivṛddantīvijayākṣāraguggulūn | | 99 | |
gomūtreṇa pibedakaṃ tena guggulumeva
vā | | 99 | | § 16073

4.14.127 Sarvāṅgasundarā

kuṣṭhādīn gomūtreṇa pibet | athavā, tena-gomūtreṇa, gu-
ggulumekameva pibet | § 16074

4.14.128 Aṣṭāṅgahr̥dayasaṃhitā

nirūhān kalpasidhdyuktān
yojayedgulmanāṣanān | | 100 | | § 16075

4.14.129 Sarvāṅgasundarā

kalpasidhdyuktānnirūhān gulmanāṣanān yojayet | § 16076

4.14.130 Aṣṭāṅgahr̥dayasaṃhitā

kṛtamūlaṃ mahāvāstum̐ kaṭhinaṃ stimitaṃ
gurum | | 100 | |
gūḍhamāṃsaṃ jayedgulmaṃ
kṣārāriṣṭāgnikarmabhiḥ | | 101 | |
ekāntaraṃ dvyntaraṃ vā viṣramayyātha vā
tryaham | | 101 | |
ṣarīradoṣabalayorvardhanakṣapaṇodyataḥ | | 102 | | § 16080

4.14.131 Sarvāṅgasundarā

kṛtamūlādiddharmayuktaṃ gulmaṃ kṣārādibhirjayet | ek-
āntaraṃ dvyantaraṃ vā tryahaṃ vā viṣramayya śarīradoṣ-
abalayoryathākramaṃ vardhanakṣapaṇayorudyataḥ san |
§ 16081

4.14.132 Aṣṭāṅgahṛdayasaṃhitā

arṣoṣmarīgrahaṇyuktāḥ kṣārā yojoyāḥ
kapholbaṇe | | 102 | | § 16082

4.14.133 Sarvāṅgasundarā

kaphādhike gulme+arṣoṣmarīgrahaṇiṣūktā ye kṣārāste yo-
jyāḥ | § 16083

4.14.134 Aṣṭāṅgahṛdayasaṃhitā

devadārutrivṛddantīkaṭukāpañcakolakam | | 103 | |
svarjikāyāvaśūkākhyau
śreṣṭhāpāṭhopakuñcakam | | 103 | |
kuṣṭhaṃ sarpasugandhāṃ ca dvyakṣāṃśam
paṭupañcakam | | 104 | |
pālikam cūrṇitaṃ
tailavasādadhigṛtāplutam | | 104 | |
ghatasyāntaḥ pacetpakvamagnivarṇe ghaṭe ca 5
tam | | 105 | |
kṣāraṃ grhītvā kṣīrājyatakramadyādibhiḥ
pibet | | 105 | |
gulmodāvartavardhmārśojaṭharagrahaṇīkṛmīn | | 106 | |
apasmāragaronmādayoniśukrāmayāśmarīḥ | | 106 | |
kṣārāgado+ayaṃ śamayedviṣaṃ
cākhubhujaṅgajam | | 107 | |
śleṣmāṇaṃ madhuraṃ snigdhaṃ 10
rasakṣīragṛtāśinaḥ | | 107 | |
chittvā bhittvā+a+aśayāt kṣāraḥ
kṣaratvātksārayatyadhaḥ | | 108 | | § 16094

4.14.135 Sarvāṅgasundarā

devadārvādisarpasugandhāparyantaṃ dvikārṣikaṃ lava-
ṇapañcakaṃ pālikametatsamastaṃ cūrṇikṛtaṃ tailavasādadhīr̥tair̥aplutaṃ-
āloḍitaṃ, ghaṭasya madhye+antardhūmaṃ pacet | sarpasugandhā-
nākulī | agnivarṇe ca ghaṭe sati pakvaṃ taṃ kṣāraṃ gr̥h-
5 itvā yathādoṣaṃ kṣīrādibhiḥ pibet | gulmādīn jayet ayaṃ
kṣārāgada ākhujaṃ bhujāṅgajaṃ ca viṣaṃ drāk śama-
yet | sa0-śleṣmāṇaṃ madhuraṃ snigdhaṃ māṃsarasā-
dyāśinaḥ kṣāraḥ kṣā(kṣa)ratvādāśayaṃ(yāt) chittvā bhi-
ttvā+adhastāt pātayati | § 16095

4.14.136 Aṣṭāṅgahr̥dayasam̐hitā

mande+agnāvarucau sātmyair̥madyaiḥ
sasnehamāṣṇatām | | 108 | |
yojayedāsavāriṣṭānnigadān
mārgaśuddhaye | | 109 | | § 16097

4.14.137 Aṣṭāṅgahr̥dayasam̐hitā

mande+agnāvarucau ca satyāṃ madyaiḥ sātmyaiḥ
sahasnehamāhāramaṣṇatāmāsavādīn
mārgaśuddhaye yojayet |
adhunā+annapānamāha- § 16098

4.14.138 Aṣṭāṅgahr̥dayasam̐hitā

śālayaḥ ṣaṣṭikā jīrṇāḥ kulatthā jāṅgalaṃ phalam | | 109 | |
ciribilvāgnitarkārīyavānīvaruṇāṅkurāḥ | | 110 | |
śigrustaruṇabilvāni bālaṃ śuṣkaṃ ca
mūlakam | | 110 | |
bījapūrakahiṅgvamlavetasakṣāradāḍimam | | 111 | |
5 vyōṣaṃ takraṃ ghr̥taṃ tailaṃ bhaktaṃ, pānaṃ
tu vāruṇī | | 111 | |

dhānyāmlaṃ mastu takraṃ ca
yavānībiḍacūrṇitam | | 112 | |
pañcamūlaśrṛtaṃ vāri jīrṇaṃ mārdrvīkameva
vā | | 112 | | § 16105

4.14.139 Sarvāṅgasundarā

śālaya ityādi bhaktāntaṃ bhaktam | pānaṃ tu vāruṇyādi
mārdrvīkāntam | § 16106

4.14.140 Aṣṭāṅgahṛdayasaṃhitā

pippalīpippalīmūlacitrakājājisaindhavaiḥ | | 113 | |
surā gulmaṃ jayatyāṣu jagalaśca
vimiṣritaḥ | | 113 | | § 16108

4.14.141 Sarvāṅgasundarā

pipyalyādibhiḥ saha surā śīghrameva gulmaṃ jayati | jag-
alaśca pipyalyādibhirvimiṣrito gulmaṃ jayati | § 16109

4.14.142 Aṣṭāṅgahṛdayasaṃhitā

vamanairlaṅghanaiḥ svedaiḥ
sarpiḥpānairvirecanaiḥ | | 114 | |
bastikṣārāsavāriṣṭagulikāpathyabhojanaiḥ | | 114 | |
ślaiṣmiko baddhamūlatvādyadi gulmo na
śāmyati | | 115 | |
tasya dāhaṃ hṛte rakte kuryādante
śarādibhiḥ | | 115 | | § 16113

4.14.143 Sarvāṅgasundarā

vamanādibhiḥ prayuktaiḥ ślaiṣmiko gulmo baddhamūla-
tvādyadi na śāmyati, tasya-gulmasya, hṛte rakte+ante dā-
haṃ śarādibhiḥ kuryāt | atha dāhavidhānaṃ prastūyate-
§ 16114

4.14.144 Aṣṭāṅgahr̥dayasaṃhitā

atha gulmaṃ saparyantaṃ vāsasā+antaritaṃ
bhiṣak | | 116 | |
nābhibastyantrahr̥dayaṃ romarājīṃ ca
varjayan | | 116 | |
nātigāḍhaṃ parimṛṣecśareṇa
jvalatā+athavā | | 117 | |
lohenāraṇikotthena dāruṇā taindukena
vā | | 117 | |
5 tato+agnivege ṣamite ṣītairvraṇa iva
kriyā | | 118 | | § 16119

4.14.145 Sarvāṅgasundarā

gulmaṃ paryantaiḥ saha vastreṇāntaritaṃ-ācśāditam, nā-
bhyādi varjayannātiṣayena parāmṛṣedvaidyaḥ | ṣareṇa lo-
hena vā jvalatā | kimbhūtena ? āraṇikotthena | athavā, ta-
indukena kāṣṭhena | anantaramagnivege ṣamite sati ṣītaiḥ
5 pradehādibhirvraṇa iva kriyā syāt | § 16120

4.14.146 Aṣṭāṅgahr̥dayasaṃhitā

āmānvaye tu peyādyaiḥ sandhuṣyāgniṃ
vilaṅghite | | 118 | |
svaṃ svaṃ kuryātkramaṃ miśraṃ miśradoṣe ca
kālavit | | 119 | | § 16122

4.14.147 Aṣṭāṅgahr̥dayasaṃhitā

āmānvaye ca sati vahniṃ peyādyaiḥ sandhuḥṣya
vilaṅghite sati svaṃ svaṃ
kramaṃ-yathādoṣaṃ, kuryāt | miśradoṣe
miśraṃ kramaṃ kuryāt |
kālavit-vaidyaḥ | § 16123

4.14.148 Aṣṭāṅgahṛdayasaṃhitā

gataprasavakālāyai nāryai gulme+asrasambhave | | 119 | |
snigdhasvinnaṣarīrāyai
dadyātsnehavirecanam | | 12 | | § 16125

4.14.149 Sarvāṅgasundarā

nāryai asrasambhave gulme sati snehavirecanam dadyāt |
kimbhūtāyai ? gataḥ prasavakālo yasyāstasyai iti | evaṃ
hi purāṇatve sukhasādhyatā raktagulmasya syāt suniṣcit-
atvaṃ ca | tathā snigdham svinnaṃ ṣarīraṃ yasyāstasyai |
§ 16126

5

4.14.150 Aṣṭāṅgahṛdayasaṃhitā

tilakvātho ghṛtaguḍavyoṣabhārgīrajonvitaḥ | | 120 | |
pānaṃ raktabhava gulme naṣṭe puṣpe ca
yoṣitaḥ | | 121 | | § 16128

4.14.151 Sarvāṅgasundarā

raktotthe gulme tilakvātho ghṛtādiyuktaḥ pānaṃ yoṣitaḥ |
puṣpe ca naṣṭe pānaṃ bhavet | § 16129

4.14.152 Aṣṭāṅgahṛdayasaṃhitā

bhārṅgīkṛṣṇākarañjatvaggranthikāmaradārujam | | 121 | |
cūrṇaṃ tilānāṃ kvāthena pītaṃ
gulmarujāpaham | | 122 | | § 16131

4.14.153 Sarvāṅgasundarā

bhārṅgyādijam cūrṇaṃ tilakvāthena pītaṃ gulmarujāhṛt |
§ 16132

4.14.154 Aṣṭāṅgahr̥dayasaṃhitā

palāśakṣārapātre dve dve pātre tailasarpīṣoḥ | | 122 | |
gulmaśaithilyajananīm paktvā mātrām
prayojayet | | 123 | | § 16134

4.14.155 Sarvāṅgasundarā

palāśakṣārapātre dve tailasarpīṣordve pātre paktvā gulm-
aśaithilyajananīm mātrām prayojayet | snehāccaturguṇam
toyamatra kṣeptavyam | § 16135

4.14.156 Aṣṭāṅgahr̥dayasaṃhitā

na prabhidyeta yadyevaṃ
dadyādyonivirecanam | | 123 | | § 16136

4.14.157 Sarvāṅgasundarā

evaṃ kṛte sati yadi na prabhidyeta raktagulmastadā yoni-
virecanam dadyāt | tadāha- § 16137

4.14.158 Aṣṭāṅgahr̥dayasaṃhitā

kṣāreṇa yuktaṃ palalaṃ sudhākṣīreṇa vā tataḥ | | 124 | |
tābhyāṃ vā bhāvitāndadyādyonau
kaṭukamatsyakān | | 124 | |
varāhamatsyapittābhyāṃ naktakān vā
subhāvitān | | 125 | |
kiṇvaṃ vā saguḍakṣāraṃ dadyādyonau
viśuddhaye | | 125 | |
5 raktapittaharaṃ kṣāraṃ
lehayenmadhusarpiṣā | | 126 | |
laṣuṇaṃ madirām tīkṣṇām matsyāṃścāsyai
prayojayet | | 126 | |
bastiṃ sakṣīragomūtraṃ sakṣāraṃ
dāśamūlikam | | 127 | | § 16144

4.14.159 Sarvāṅgasundarā

kṣārayuktaṃ bhr̥ṣṭatilacūrṇaṃ tatastasyā yonau dadyāt |
sudhākṣīreṇa vā+anvitaṃ palalaṃ dadyāt | tābhyāṃ-
kṣārasudhākṣīrābhyāṃ, bhāvitān kaṭukamatsyakān yonau
dadyāt | varāhamatsyayoḥ pittābhyāṃ kaṭukamatsyakān
subhāvitān naktakān vā subhāvitān yonau dadyāt | athavā, 5
kiṇvaṃ guḍakṣārānviṭaṃ yoniṣudhdyaṛthaṃ yonau da-
dyāt | raktapittaharaṃ kṣāraṃ madhusarpiṣā lehayet | la-
ṣuṇaṃ madirāṃ tīkṣṇāṃ matsyāṃścāsyai prayojayet | dā-
ṣamūlikaṃ bastiṃ-kalpoktaṃ (hr̥. ka. a. 4 | 4) , kṣīragomū-
trasahitaṃ kṣārānviṭamasyai dadyāt | § 16145 10

4.14.160 Aṣṭāṅgahr̥dayasaṃhitā

avartamāne rudhire hitaṃ
gulmaprabhedanam | | 127 | | § 16146

4.14.161 Sarvāṅgasundarā

rakte+apravartamāne sati gulmaprabhedanaṃ hitaṃ | § 16147

4.14.162 Aṣṭāṅgahr̥dayasaṃhitā

yamakābhyaktadehāyāḥ pravṛtte samupekṣaṇam | | 128 | |
rasaudanastathā+a+ahāraḥ pānaṃ ca taruṇī
surā | | 128 | | § 16149

4.14.163 Sarvāṅgasundarā

pravṛtte rakte sati yamakābhyaktagātrāyāḥ samupekṣaṇam-
samyagupekṣaṇam hitaṃ | tathā, āhāro rasaudano hitaḥ |
taruṇī surā ca pānam | § 16150

4.14.164 Aṣṭāṅgahr̥dayasaṃhitā

rudhire+atipravṛtte tu raktapittaharāḥ kriyāḥ | | 129 | |
kāryā vātarugārtāyāḥ sarvā vātaḥarāḥ
punaḥ | | 129 | |
ānāhādāvudāvartabalāsaghno
yathāyatham | | 14 | |
129 1/2 | | 14 | |
5 iti śrīvaidyapatisiṃhaguptasūnuṣrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ
caturthe cikitsitasthāne gulmacikitsitaṃ
nāma caturdaṣo+adhyāyaḥ | | 14 | | § 16155

4.14.165 Sarvāṅgasundarā

rudhire+atipravṛtte punā raktapittaharāḥ kriyāḥ kāryāḥ |
vātarugārtāyāḥ punaḥ sarvā vātaḥarāḥ kriyāḥ kāryāḥ | ān-
āhādaḥ satyudāvartabalāsajitaḥ kriyāḥ kāryā itī | itī śrīmṛ-
gāṅkadattaputraśrīmadaruṇadattaviracitāyāmaṣṭāṅgahr̥da-
5 yaṭīkāyāṃ sarvāṅgasundarākhyāyāṃ caturthe cikitsita-
sthāne gulmacikitsitaṃ nāma caturdaṣo+adhyāyaḥ samā-
ptaḥ | | 14 | | § 16156

4.15 udaracikitsitādhyāyaḥ : 15

4.15.1 Aṣṭāṅgahr̥dayasaṃhitā

athāta udaracikitsitaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) doṣātimātropacayātsrotomārganirodha-
nāt | | 1 | |
sambhavatyudaraṃ tasmānnyamenam
virecayet | | 1 | | § 16160

4.15.2 Sarvāṅgasundarā

doṣāṅamatimātramupacayo-vṛddhiḥ, tasmāt srotasāṃ mārgāḥ-
mukharūpāṇi śidrāṇi, teṣāṃ nirodhācca bhavatyuda-
raṃ yataḥ, tasmādenaṃ-udariṇaṃ, abhīkṣṇaṃ vireca-
yet | prāyeṇa vātapradhānatvādasya vyādheḥ snigdhaṃ
virecanamāha- § 16161

5

4.15.3 Aṣṭāṅgahrdayasaṃhitā

pāyayettailamairāṇḍaṃ samūtraṃ sapayo+api vā | | 2 | |
māsaṃ dvau vā+athavā gavyaṃ mūtraṃ
māhiṣameva vā | | 2 | |
pibedgokṣīrabhuk syādvā
karabhīkṣīravartanaḥ | | 3 | |
dāhānāhātitrṇmūrcsāparītaṣṭu
viṣeṣataḥ | | 3 | | § 16165

4.15.4 Sarvāṅgasundarā

tailamairāṇḍaṃ gomūtrānvitaṃ kṣīrayutaṃ vā māsamek-
amathavā dvau māsau pāyayet | doṣādivaṣād gavyaṃ mū-
traṃ māhiṣaṃ vā mūtraṃ pibet | athavā gokṣīrabhugbha-
vet | karabhīkṣīravartano vā syāt | dāhādiyutastu viṣeṣeṇ-
aivamvṛtīḥ syāt | § 16166

5

4.15.5 Aṣṭāṅgahrdayasaṃhitā

rūkṣāṅgaṃ bahuvātānāṃ
doṣasaṃsuddhikāṅkṣiṇāṃ | | 4 | |
snehanīyāni sarpīṃṣi jaṭharaghnāni
yojayet | | 4 | | § 16168

4.15.6 Sarvāṅgasundarā

rūkṣādīnāṃ snehanīyāni sarpīṃṣyudarahantrṇi yojayet |
§ 16169

4.15.7 Aṣṭāṅgahr̥dayasaṃhitā

ṣaṭpalaṃ daṣamūlāmbumastuhyāḍhakasādhi-
tam | | 5 | | § 16170

4.15.8 Sarvāṅgasundarā

"pañcakolayavakṣāra" (hr̥. ci. a. 5 | 22) iti ṣaṭpalaṃ daṣam-
ūlāmbunā mastuno hyāḍhakena ca saṃdhitam ghṛtapra-
stham ṣaṭpalopalakṣaṇalakṣitam yojayet | § 16171

4.15.9 Aṣṭāṅgahr̥dayasaṃhitā

nāgaratripalaṃ prastham
ghṛtatailāttathā+a+aḍhakam | | 5 | |
mastunaḥ
sādhayitvaitatpibetsarvodarāpaham | | 6 | |
kaphamārutasaṃbhūte gulme ca paramaṃ
hitam | | 6 | | § 16174

4.15.10 Sarvāṅgasundarā

śuṅṭhyāḥ palatrayaṃ, prastham ghṛtatailāt, mastuna āḍh-
akametatsādhayitvā sarvodarāpahaṃ pibet | kaphamāru-
totthe ca gulme suṣṭhu hitametat | § 16175

4.15.11 Aṣṭāṅgahr̥dayasaṃhitā

caturguṇe jale mūtre dviguṇe citrakātpale | | 7 | |
kalke siddham ghṛtaprastham sakṣāram jaṭharī
pibet | | 7 | | § 16177

4.15.12 Sarvāṅgasundarā

sarpiṣaḥ prastham tadapekṣayā caturguṇe jale gomūtre
dviguṇe citrakapale kalke siddham sayavakṣāramudarī pi-
bet | § 16178

4.15.13 Aṣṭāṅgahr̥dayasaṃhitā

yavakolakulatthānāṃ pañcamūlasya cāmbhasā | | 8 | |
surāsauvīrakābhyāṃ ca siddham vā
pāyayeddhṛtam | | 8 | | § 16180

4.15.14 Sarvāṅgasundarā

yavādikvāthena surākāñjikābhyāṃ siddham vā ghṛtam pā-
yayet | § 16181

4.15.15 Aṣṭāṅgahr̥dayasaṃhitā

ebhiḥ snigdhāya sañjāte bale śānte ca mārute | | 9 | |
sraste doṣāṣaye dadyātkalpadṛṣṭam
virecanam | | 9 | | § 16183

4.15.16 Sarvāṅgasundarā

ebhiḥ snehaiḥ snigdhāya narāya bale ca sañjāte sati pavane
ca śānte sraste doṣāṣaye sati kalpoktam virecanam dadyāt |
§ 16184

4.15.17 Aṣṭāṅgahr̥dayasaṃhitā

paṭolamūlam triphalāṃ niṣāṃ vellaṃ ca kārṣikam | | 10 | |
kampillanīlinīkumbhabhāgān
dvitricaturguṇān | | 10 | |
pibetsañcūrṇya mūtreṇa peyāpūrvam tato
rasaiḥ | | 11 | |
virikto jāṅgalairadyāttataḥ ṣaḍdivasaṃ
payah | | 11 | |
ṣṛtam pibedvyoṣayutam pītamevam
punaḥpunaḥ | | 12 | |
hanti sarvodarāṇyetaccūrṇam
jātodakānyapi | | 12 | | § 16190

5

4.15.18 Sarvāṅgasundarā

paṭolamūlādi kārṣikaṃ kampillādīnāṃ bhāgān krameṇa
dvitricaturguṇān sañcūrṇya gomūtreṇa pibet | anantaram
viriktaḥ san peyāṃ bhuktvā jāṅgalamāṃsarasaīḥ śālyādika-
5 trikaṭuyutaṃ pibet | evaṃ punaḥpunaretatpītaṃ sarvoda-
rāṇi jātasalilānyapi hanti | § 16191

4.15.19 Aṣṭāṅgahr̥dayasaṃhitā

gavākṣiṃ sañkhinīm dantiṃ tilvakasya tvacaṃ
vacām | | 13 | |
pibetkarkandhumṛdvīkākolāmbhomūtrasīdhubhiḥ | | 13 | | § 16193

4.15.20 Sarvāṅgasundarā

gavākṣyādikaṃ cūrṇaṃ karkandhvādijalamūtrasīdhvany-
atamena pibet | § 16194

4.15.21 Aṣṭāṅgahr̥dayasaṃhitā

yavāni hapuṣā dhānyaṃ śatapuṣpopakuñcikā | | 14 | |
kāravī pippalīmūlamajagandhā ṣaṭhī
vacā | | 14 | |
citraḥ+ajājikaṃ vyoṣaṃ svarṇakṣīrī
phalatrāyaṃ | | 15 | |
dvau kṣārau pauṣkaraṃ mūlaṃ kuṣṭhaṃ
lavaṇapañcakam | | 15 | |
5 viḍaṅgaṃ ca samāṃṣāni dantiyā bhāgatrayaṃ
tathā | | 16 | |
trivṛdviṣāle dviguṇe sātālā ca caturguṇā | | 16 | |
eṣa nārāyaṇo nāma cūrṇo
rogagaṇāpahā | | 17 | |
nainaṃ prāpyābhivardhante rogā
viṣṇumivāsuraḥ | | 17 | |

takreṇodaribhiḥ peyo
gulmibhirbadarāmbunā | | 18 | |
ānāhavāte surayā vātaroge prasannayā | | 18 | |
dadhimaṇḍena viṣaṅge
dāḍimāmbhobhirarṣasaiḥ | | 19 | |
parikarte
savṛkṣāmlairuṣṇāmbubhirajīrṇake | | 19 | |
bhagandare pāṇḍuroge kāse ṣvāse 5
galagrahe | | 20 | |
hṛdroge grahaṇīdoṣe kuṣṭhe mande+anale
jvare | | 20 | |
daṁṣṭrāviṣe mūlaviṣe sagare kṛtrime
viṣe | | 21 | |
yathārhaṁ snigdhakoṣṭhena
peyametadvirecanam | | 21 | | § 16210

4.15.22 Sarvāṅgasundarā

yavānyādīni viḍaṅgaparyantāni samāṁṣāni | dantyā bh-
āgāstrayaḥ | trivṛdviṣālayordvau dvau bhāgau | sātālāyā-
ṣca catvāraḥ | eṣa cūrṇo nārāyaṇo nāma rogagaṇāpahaḥ |
enaṁ cūrṇaṁ prāpya rogā nābhivardhante | kaṁ ka[iva] ? 5
yathā viṣṇumivāsuraḥ | udaribhiresa takreṇa peyaḥ | gu-
lmyādibhirbadarāmbvādibhiḥ peyaḥ | bhagandarādiṣvet-
adyathārhaṁ snehapītena virecanaṁ peyam | § 16211

4.15.23 Aṣṭāṅgahrdayasaṁhitā

hapuṣāṁ kāñcanakṣīrīm triphalāṁ nīlinīphalam | | 22 | |
trāyantīm rohiṇīm tiktām sātālām trivṛtām
vacām | | 22 | |
saindhavaṁ kālalavaṇaṁ pippalīm ceti
cūrṇayet | | 23 | |
dāḍimatriphalāmāṁsarasamūtrasukhodakaiḥ | | 23 | |
peyo+ayaṁ sarvagulmeṣu plīhni sarvodaṛeṣu 5
ca | | 24 | |

ṣvitre kuṣṭheṣvajarake sadane
viṣame+anale | | 24 | |
ṣophārṣaḥpāṇḍurogeṣu kāmālāyāṃ
halīmake | | 25 | |
vātapittakaphāṃṣcāṣu virekeṇa
prasādhayet | | 25 | | § 16219

4.15.24 Sarvāṅgasundarā

hapuṣādikametacūrṇaṃ dāḍimādirasaiḥ peyam | gulm-
ādiṣu virekeṇa caitadāṣu vātapittakaphān samprasādha-
yet | kālalavaṇaṃ-kṛṣṇalavaṇaṃ | § 16220

4.15.25 Aṣṭāṅgahr̥dayasaṃhitā

nīlinīṃ niculaṃ vyoṣaṃ kṣārau lavaṇapañcakam | | 26 | |
citrakam ca pibeccūrṇaṃ
sarpiṣodaragulmanut | | 26 | | § 16222

4.15.26 Sarvāṅgasundarā

nīlinyādikaṃ cūrṇaṃ sarṣiṣā pibet | udaragulmaghnam |
§ 16223

4.15.27 Aṣṭāṅgahr̥dayasaṃhitā

pūrvavacca pibeddugdhaṃ kṣāmaḥ
ṣuddho+antarā+antarā | | 27 | |
kārabhaṃ gavyamājaṃ vādadyādātyayike
gade | | 27 | |
snehāneva virekārthe durbalebhyo
viṣeṣataḥ | | 28 | | § 16226

4.15.28 Sarvāṅgasundarā

pūrvavacca-yathā paṭolamūlādike cūrṇe (ṣlo. 10) kathitaṃ,
tathaiva śuddhaḥ kṣāmaḥ san jāṅgalarasādanantaramantarā+antarā-
madhye madhye, dugdhaṃ pibet | kārabhaṃ gavyaṃ śā-
gaṃ vā kṣīram | sa0-ātyayike roge virekārthe snehāneva
dadyāt | durbalebhyo vā viṣeṣeṇa | § 16227 5

4.15.29 Aṣṭāṅgahr̥dayasaṃhitā

harītakīsūkṣmarajaḥprasthayuktaṃ ghṛtāḍhakam | | 28 | |
agnau vilāpya mathitaṃ khajena
yavapallake | | 29 | |
nidhāpayettato māsāduddhṛtaṃ gālitaṃ
pacet | | 29 | |
harītakīnāṃ kvāthena dadhnā cāmlena
saṃyutam | | 30 | |
udaraṃ garamaṣṭhīlāmānāhaṃ 5
gulmavidradhī | | 30 | |
hantyetatkuṣṭhamunmādamapasmāraṃ ca
pānataḥ | | 31 | | § 16233

4.15.30 Sarvāṅgasundarā

harītakīsūkṣmacūrṇaprasthayuktaṃ ghṛtasyāḍhakamagnau
vilāpya khajenāloḍitaṃ yavapallake-yavarāśimadhye, ni-
dhāpayet | tato māsādanantaramuddhṛtaṃ gālitaṃ harī-
takīnāṃ kvāthena-sāmānyaparibhāṣoktapramāṇena, aml-
ena dadhnā saṃyutaṃ ca pacet | etacca pānenodarādīn ha- 5
nti | § 16234

4.15.31 Aṣṭāṅgahr̥dayasaṃhitā

snuk+a+akṣīrayuktādgokṣīrācśr̥taṣītāt
khajenāhatāt | | 31 | |
yajjātamañyaṃ snuk+a+akṣīrasiddhaṃ tacca
tathāguṇam | | 32 | | § 16236

4.15.32 Sarvāṅgasundarā

snukṣīramiṣritādgokṣīrācśṛtaṣītāt khajenāhatāt yajjātaṃ
sarpistatsnukṣīrapakvaṃ pūrvaguṇam | § 16237

4.15.33 Aṣṭāṅgahr̥dayasaṃhitā

kṣīradroṇaṃ sudhākṣīraprasthārdhasahitaṃ
dadhi | | 32 | |
jātaṃ mathitvā tatsarpistriṅṛtsiddhaṃ ca
tadguṇam | | 33 | | § 16239

4.15.34 Sarvāṅgasundarā

kṣīradroṇaṃ snukṣīraprasthārgghena yutaṃ dadhi jātaṃ
mathitvā tatsarpistriṅṛtāpakvaṃ pūrvaguṇam | § 16240

4.15.35 Aṣṭāṅgahr̥dayasaṃhitā

tathā siddhaṃ ghṛtaprasthaṃ payasyaṣṭaguṇe
pibet | | 33 | |
snukṣīrapalakalkena trivṛtāṣaṭpalena
ca | | 34 | | § 16242

4.15.36 Sarvāṅgasundarā

tathā siddhaṃ-pūrvavatpakvaṃ, ghṛtaprasthaṃ kṣīre+aṣṭaguṇe
snukṣīrapalakalkena trivṛtāṣaṭpalena ca siddhaṃ pibet |
§ 16243

4.15.37 Aṣṭāṅgahr̥dayasaṃhitā

eṣāṃ cānu pibetpeyāṃ rasaṃ svādu
payo+athavā | | 34 | | § 16244

4.15.38 Sarvāṅgasundarā

eṣaṃ ca ghr̥tādīnāṃ paścāt peyādīn pibet | § 16245

4.15.39 Aṣṭāṅgahr̥dayasaṃhitā

ghr̥te jīrṇe viriktaśca koṣṇaṃ nāgarasādhitam | | 35 | |
pibedambu tataḥ peyāṃ tato yūṣaṃ
kulatthajam | | 35 | | § 16247

4.15.40 Sarvāṅgasundarā

ghr̥te jīrṇe viriktaśca san koṣṇaṃ śūṅṭhīsādhitam jalaṃ pi-
bet | anantaraṃ peyāṃ pibet | kulatthayūṣaṃ ca pibet |
§ 16248

4.15.41 Aṣṭāṅgahr̥dayasaṃhitā

pibedrūkṣastryaḥ tvevaṃ bhūyo vā
pratibhojitaḥ | | 36 | |
punaḥpunaḥ pibetsarpirānupūrvyā+anayaiva
ca | | 36 | | § 16250

4.15.42 Sarvāṅgasundarā

evaṃ tryaḥ rūkṣaḥ san punarapi pratibhojitaḥ punaḥp-
unaranenaiva kramaṇa sarpiḥ pibet | § 16251

4.15.43 Aṣṭāṅgahr̥dayasaṃhitā

ghr̥tānyetāni siddhāni vidadhyātkuśalo bhiṣak | | 37 | |
gulmānāṃ garadoṣāṅmudarāṅm ca
śāntaye | | 37 | | § 16253

4.15.44 Sarvāṅgasundarā

etāni-prāguktāni, siddhāni ghṛtāni kuśalo vaidyaḥ kurvīta
gulmādīnāṃ śāntaye | § 16254

4.15.45 Aṣṭāṅgahr̥dayasaṃhitā

pīlukalkopasiddham vā ghṛtamānāhabhedanam | | 38 | |
tailvakaṃ nīlinīsarpīḥ snehaṃ vā miśrakaṃ
pibet | | 38 | | § 16256

4.15.46 Sarvāṅgasundarā

pīlukalkapakvaṃ ghṛtamānāhabhedanaṃ pibet | tailva-
kaṃ (hr̥. ci. a. 21 | 32) vā nīlinīghṛtaṃ (hr̥. ci. a. 14 | 55) mi-
śrakaṃ (hr̥. ci. a. 14 | 89) vā snehaṃ pibet | § 16257

4.15.47 Aṣṭāṅgahr̥dayasaṃhitā

hr̥tadoṣaḥ kramādaśnan
laghuśālyodanaprati | | 39 | | § 16258

4.15.48 Sarvāṅgasundarā

hr̥tadoṣaḥ krameṇa śālyodanamatilaghugūṇayuktamalpaṃ
khādet | evaṃ saṃsarjanakrama ādaritavyaḥ | § 16259

4.15.49 Aṣṭāṅgahr̥dayasaṃhitā

upayauñjīta jaṭharī doṣaṣeṣanivṛttaye | | 39 | |
harītakīśahasraṃ vā gomūtreṇa
payonupaḥ | | 40 | |
śahasraṃ pippalīnāṃ vā snuk+a+akṣīreṇa
subhāvitam | | 40 | |
pippalīvardhamānaṃ vā kṣīrāṣī vā
śilājatu | | 41 | |

tadvadvā gugguḷuṃ kṣīraṃ tulyārdrakarasaṃ
tathā | |41| | § 16264

4.15.50 Sarvāṅgasundarā

jaṭharī doṣaśeṣasya nivṛttaye harītakīśahasraṃ gomūtreṅ-
āsakṛdbhāvitam payonupaḥ san khādet | athavā, snuhīd-
ugdhenāsakṛdbhāvitam pippalī sahasramupayuñjīta | pi-
ppalīvardhamānaṃ vā rasāyanavidhānenopayuñjīta | ath- 5
avā, dugdhāṣanaḥ sannadrijamupayuñjīta | tathaiva gugg-
uḷuṃ prayuñjīta | tathā, tulyārdrakarasaṃ kṣīramupayu-
ñjīta | § 16265

4.15.51 Aṣṭāṅgahr̥dayasaṃhitā

citrakāmaradārubhyāṃ kalkaṃ kṣīreṇa vā pibet | |42| |
māsaṃ yuktastathā
hastipippalīviṣvabheṣajam | |42| | § 16267

4.15.52 Sarvāṅgasundarā

athavā, citrakadevadāruṇoḥ kalkaṃ kṣīreṇa pibet | tathā,
māsaṃ hastipippalīviṣvabheṣajakalkaṃ yukto-niyataḥ san,
kṣīreṇa pibet | § 16268

4.15.53 Aṣṭāṅgahr̥dayasaṃhitā

viḍaṅgaṃ citrako danti cavyaṃ vyoṣaṃ ca tai
payah | |43| |
kalkaiḥ kolasamaiḥ pītvā pravṛddhamudaram
jayet | |43| | § 16270

4.15.54 Sarvāṅgasundarā

viḍaṅgādibhiḥ kalkaiḥ kolapramāṇairāloḍitaṃ payah pī-
tvā pravṛddhamudaram jayet | § 16271

4.15.55 Aṣṭāṅgahr̥dayasaṃhitā

bhojyaṃ bhuñīta vā māsam
snuhīkṣīraghr̥tānvitam | | 44 | |
utkārikāṃ vā
snukkṣīrapītapathyākaṇākṛtām | | 44 | | § 16273

4.15.56 Sarvāṅgasundarā

snukkṣīraghr̥tānvitam bhojyaṃ-āhāraṃ, māsam vā bhuñj-
īta | snukkṣīrasiddham ghr̥tam snukkṣīraghr̥tam, snukkṣ-
īrayutam vā ghr̥tam snukkṣīraghr̥tam | utkārikāṃ vā snu-
kkṣīrayutam bhuñjīta | utkārikāṃ-roṭikām | § 16274

4.15.57 Aṣṭāṅgahr̥dayasaṃhitā

pārśvaśūlamupastambhaṃ hr̥dgraham ca
samīraṇaḥ | | 45 | |
yadi kuryāt tatastailam bilvakṣārānvitam
pibet | | 45 | |
pakvam vā ṭiṅṭukabalāpalāṣatilanāljaiḥ | | 46 | |
kṣāraiḥ kadalyapamārgatarkārījaiḥ
pṛthakkṛtaiḥ | | 46 | | § 16278

4.15.58 Sarvāṅgasundarā

samīraṇaḥ pārśvaśūlādikaṃ yadi kuryāt tatastailam bilvā-
diyutam pibet | athavā, mayūrajaṅghādijaiḥ kṣāraiḥ kada-
lyapamārgatarkārījaiḥ pṛthakkṛtaiḥ pakvam tailam pibet |
§ 16279

4.15.59 Aṣṭāṅgahr̥dayasaṃhitā

kaphe vātena pitte vā tābhyām vā+apyāvṛte+anile | | 47 | |
balinaḥ svausadhayutam tailameraṇḍajam
hitam | | 47 | | § 16281

4.15.60 Sarvāṅgasundarā

kaphe vātenāvṛte, tābhyāṃ-kaphapittābhyāṃ vā+a+avṛte+anile
sati, balino narasya svauşadhayutameraṇḍatailaṃ hitam |
§ 16282

4.15.61 Aṣṭāṅgahr̥dayasaṃhitā

devadārupalāṣārkahastipippaliṣigrukaiḥ | | 48 | |
sāṣvakarṇaiḥ sagomūtraiḥ pradihyādudaraṃ
bahīḥ | | 48 | | § 16284

4.15.62 Sarvāṅgasundarā

devadārvādibhirgomūtrasahitairudaraṃ bāhyataḥ prali-
mpet | § 16285

4.15.63 Aṣṭāṅgahr̥dayasaṃhitā

vṛṣcikālīvacāṣuṅthīpañcamūlapunarnavāt | | 49 | |
varṣābhūdhānyakuṣṭhācca kvāthairmūtraīṣca
secayet | | 49 | | § 16287

4.15.64 Sarvāṅgasundarā

vṛṣcikālyādīnāṃ kvāthairmūtraīṣca jaṭharaṃ secayet | § 16288

4.15.65 Aṣṭāṅgahr̥dayasaṃhitā

viriktamlānamudaraṃ sveditaṃ sālvaṇādibhiḥ | | 50 | |
vāsasā veṣṭayedevaṃ
vāyurnādhmāpayetpunaḥ | | 50 | | § 16290

4.15.66 Sarvāṅgasundarā

udaraṃ viriktamlānaṃ sālvaṇādibhiḥ sveditaṃ tato vastr-
eṇa veṣṭayet | evaṃ kṛte sati vāyurna punarādhmāpayet |
§ 16291

4.15.67 Aṣṭāṅgahr̥dayasaṃhitā

suviriktasya yasya syādādhmānaṃ punareva tam | | 51 | |
susnigdhairamlalavaṇairnirūhaiḥ
samupācaret | | 51 | | § 16293

4.15.68 Sarvāṅgasundarā

suviriktasya narasya yasya punarādhmānaṃ syāt, taṃ-
udāriṇaṃ naraṃ, punareva nirūhaiḥ susnigdhairamlalav-
aṇaiṣcopācaret | § 16294

4.15.69 Aṣṭāṅgahr̥dayasaṃhitā

sopastambho+api vā vāyurādhmāpayati yaṃ
naram | | 52 | |
tīkṣṇāḥ sakṣāragomūtrāḥ śasyante tasya
bastayaḥ | | 52 | | § 16296

4.15.70 Sarvāṅgasundarā

sahopastambhena-kaphādyādhārakeṇa, vartate sopasta-
mbho vāyuryaṃ naramādhmāpayati, tasya tīkṣṇā basta-
yaḥ kṣāragomūtrābhyāṃ saha śasyante | § 16297

4.15.71 Aṣṭāṅgahr̥dayasaṃhitā

iti sāmānyataḥ proktāḥ siddhā jaṭhariṇāṃ
kriyāḥ | | 53 | | § 16298

4.15.72 Sarvāṅgasundarā

iti-evaṃ, sāmānyenodariṇām kriyāḥ siddhāḥ proktāḥ |
§ 16299

4.15.73 Aṣṭāṅgahr̥dayasaṃhitā

vātodare+atha balinaṃ vidāryādiśṛtaṃ ghṛtaṃ | | 53 | |
pāyayeta tataḥ snigdhaṃ sveditāṅgaṃ
virecayet | | 54 | |
bahuśastailvakenainaṃ sarpiṣā miśrakeṇa
vā | | 54 | | § 16302

4.15.74 Sarvāṅgasundarā

vātodare sati balavantam puruṣam vidāryādigaṇena pa-
kvaṃ ghṛtaṃ pāyayet | anantaram snigdhaṃ sveditaśar-
īramenaṃ bahuśastailvakena ghṛtena (hr̥. ci. a. 21 | 32) vir-
ecayet | miśrakeṇa (hr̥. ci. a. 14 | 89) vā ghṛtena virecayet |
§ 16303

5

4.15.75 Aṣṭāṅgahr̥dayasaṃhitā

kṛte saṃsarjane kṣīraṃ balārthamavacārayet | | 55 | |
prāgutkleṣānnivartyaṃ ca bale labdhe
kramātpayaḥ | | 55 | | § 16305

4.15.76 Sarvāṅgasundarā

kṛte saṃsarjane sati kṣīraṃ baladānāya dadyāt | utkleṣāt
prāk-prāyeṇa kaphopaciterutkleṣaṃ dr̥ṣṭvā+anantaram,
bale labdhe sati krameṇa kṣīraṃ nivartayet-na sahasaiva |
§ 16306

4.15.77 Aṣṭāṅgahr̥dayasaṃhitā

yūṣai rasairvā mandāmlalavaṇairedhitānalam | | 56 | |
sodāvartaṃ punaḥ
snigdhasvinnamāsthāpayettataḥ | | 56 | |
tīkṣṇādhobhāgayuktena
dāṣamūlikabastinā | | 57 | | § 16309

4.15.78 Sarvāṅgasundarā

tataḥ-anantaramudīriṇaṃ yūṣādibhiḥ samiddhāgnimudā-
vartavantaṃ punarapi snigdhasvinnam dāṣamūlikabast-
inā nirūhayet | dāṣamūliko bastiḥ-"dvipaṅcamūlatriphalāphalabilvāni
pācayet | " (hr̥. ka. a. 4 | 34) ityādiḥ kalpoktaḥ | tena kimbh-
5 ūtena ? tīkṣṇādhobhāgayuktena | adhobhāgo-adhastācśarīre,
yukto-yogyah | tīkṣṇāścāsāvadobhāgayuktaṣca, tena | § 16310

4.15.79 Aṣṭāṅgahr̥dayasaṃhitā

tilorubūkatailena vātaghnāmlaṣṭena ca | | 57 | |
sphuraṇākṣepasandhyasthipārśvapṛṣṭhatrikārtiṣu | | 58 | |
rūkṣaṃ baddhaśakṛdvātaṃ
dīptāgnimanuvāsayet | | 58 | |
avirecyasya śamanā
bastikṣīraghṛtādayaḥ | | 59 | | § 16314

4.15.80 Sarvāṅgasundarā

rūkṣaṃ baddhaśakṛdvātaṃ dīptānalam tilairaṇḍatailena
vātaghnairdravyairamlaiṣca ṣṭenānuvāsayet | sphuraṇā-
disadbhāve satyavirecyasyodariṇo narasya śamanā basty-
ādayaḥ prayojyāḥ | [avirecyāḥ-] "na tu recyo navajvarī "
5 (hr̥. sū. a. 18 | 10) ityādayo virecanavidhāvuktāḥ | § 16315

4.15.81 Aṣṭāṅgahr̥dayasaṃhitā

balinaṃ svādusiddhena paitte saṃsnehya sarpiṣā | | 59 | |
śyāmātribhaṇḍītriphalāvīpakvena
virecayet | | 60 | |
sitāmadhughṛtādhyena nirūho+asya tato
hitaḥ | | 60 | |
nyagrodhādikaṣāyeṇa snehabastiśca
tacchṛtaḥ | | 61 | | § 16319

4.15.82 Sarvāṅgasundarā

balavantam puruṣam paitte jaṭhare sati madhuravargasi-
ddhena ghṛtena saṃsnehya śyāmādibhirvipakvena sarpi-
ṣā virecayet | śyāmā-mālavikā trivṛt | tribhaṇḍī-kāśī tri-
vṛt | anantaram śarkarāmākṣikaghṛtabahulena nyagrodhādikaṣāyeṇāsyā-
āturasya, nirūho hitaḥ | [tathā,] tenaiva-nyagrodhādīnā, 5
[śṛto-] vipakvaḥ, snehabastiḥ-anuvāsano, hitaḥ | nanu, ba-
linamityayuktam | yataḥ prāgabhyadhāyi (hr̥. ni. a. 12 | 4)-
"naṣṭaceṣṭābalāhārāḥ" iti | atrocyate | bheṣajavegasahiṣṇu-
mātratvamatra balavattvam parikalpya balinamityayuktam,
na tu prakṛṣṭabalavantamityadoṣaḥ | § 16320 10

4.15.83 Aṣṭāṅgahr̥dayasaṃhitā

durbalam tvanuvāsyādau
ṣodhayetkṣīrabastibhiḥ | | 61 | | § 16321

4.15.84 Sarvāṅgasundarā

durbalam tu naram prāganuvāsyā kṣīrabastibhiḥ ṣodha-
yet | § 16322

4.15.85 Aṣṭāṅgahr̥dayasaṃhitā

jāte cāgnibale snigdham bhūyo bhūyo virecayet | | 62 | |

ksīreṇa satrivṛtkalkenorubūkaṣṛtena vā | | 62 | |
sātalātrāyamāṇābhyāṃ ṣṛtenāragvadhena
vā | | 63 | |
sakaphe vā samūtreṇa satiktājyena
sānile | | 63 | |
payasā+anyatamenaiṣāṃ vidāryādiṣṛtena
vā | | 64 | |
5 bhuñjīta jaṭharam cāsyā
pāyāsenopanāhayet | | 64 | | § 16328

4.15.86 Sarvāṅgasundarā

agnibale ca jāte snigdham santam punaḥpunarvirecayet |
kena ? ksīreṇa | trivṛccūrṇayutenairāṇḍaṣṛtena vā ksīreṇa
sātalātrāyantībhyāṃ vā ṣṛtena karṇikāreṇa vā ṣṛtena | pitt-
odariṇaḥ sutarāṃ balāpekṣitvād+a+adurbalamityuktam |
5 kaphayute pitte samūtreṇa ksīreṇaiṣāmanyatamena ṣṛt-
ena, sānile pitte tiktājyena saha payasā pūrvoktadravyāṅ-
āmanyatamena ṣṛtena virecayet | tiktadravyayutamājyam
tiktājyam, kuṣṭhoktam tiktaghṛtam vā | vidāryādiṣṛtena vā
payasā bhuñjīta-bhojanam kurvīta | jaṭharam cāsyā pāyā-
10 enopanāhayet | § 16329

4.15.87 Aṣṭāṅgahr̥dayasaṃhitā

punaḥ ksīram punarbastim punareva virecanam | | 65 | |
krameṇa dhruvamātiṣṭhan yattaḥ pittodaram
jayet | | 65 | | § 16331

4.15.88 Sarvāṅgasundarā

punaḥ ksīram punarbastim punareva virecanam krameṇa
dhruvamātiṣṭhan-ācaran, yatto-yatnavān san, pittodaram
jayet | punaḥ ksīramityādiṣu punaḥṣabdo vīpsārthaḥ | et-
acca krameṇa dhruvamātiṣṭhannityato labdham | § 16332

4.15.89 Aṣṭāṅgahr̥dayasaṃhitā

vatsakādivipakvena kaphe saṃsnehya sarpiṣā | | 66 | |
svinnaṃ snukṣīrasiddhena balavantam
virecitam | | 66 | |
saṃsarjayetkaṭukṣārayuktairannaiḥ
kaphāpaiḥ | | 67 | | § 16335

4.15.90 Sarvāṅgasundarā

kaphe-kaphodare, vatsakādivipakvena sarpiṣā saṃsnehya
svinnaṃ santaṃ snukṣīrasiddhena ghr̥tena balinaṃ vir-
ecitam̐ santaṃ saṃsarjayet-peyādyannairupakramet | ki-
mbhūtaiḥ ? kaṭukṣāradravyayutairannaiḥ kaphaghnaḥ |
kaṭukṣārayutānām̐ kaphaghnatve+api kaphaghnaḥ 5
amatiśayārtham | § 16336

4.15.91 Aṣṭāṅgahr̥dayasaṃhitā

mūtratr̥yūṣaṇatailādhyo nirūho+asya tato hitaḥ | | 67 | |
muṣkakādikaṣāyeṇa snehabastiṣca
tacśṛtaḥ | | 68 | |
bhojanaṃ vyoṣadugdhenā kaulatthena rasena
vā | | 68 | | § 16339

4.15.92 Sarvāṅgasundarā

tataḥ-saṃsarjanādanantaram̐, nirūho gomūtratrikaṭukat-
ailabahulo muṣkakādivargakvāthenāsya-kaphodariṇo, hi-
taḥ | snehabastiḥ-anuvāsanam, tenaiva śṛto hitaḥ | bhoja-
naṃ vyoṣayuktena dugdhenā saha hitaṃ kulattharasena
vā | § 16340

5

4.15.93 Aṣṭāṅgahr̥dayasaṃhitā

staimityāruciḥṛllāse mande+agnau madyapāya ca | | 69 | |

dadyādariṣṭān kṣārāṃṣca
kaphastyānasthirodare | | 69 | | § 16342

4.15.94 Sarvāṅgasundarā

madyapāya narāya mande+agnau staimityādaḥ ca satyari-
ṣṭān kṣārāṃṣca dadyāt | kaphena styānaṃ jaṭharaṃ yasya
tasminnidamaṃ kāryam | § 16343

4.15.95 Aṣṭāṅgahr̥dayasaṃhitā

hiṅgūpakulye triphalāṃ devadāru niśādvayam | | 70 | |
bhallātakamaṃ śigruphalaṃ kaṭukāṃ tiktakamaṃ
vacāṃ | | 70 | |
śuṅṭhīm mādrīm ghanamaṃ kuṣṭhamaṃ saralamaṃ
paṭupañcakamaṃ | | 71 | |
dāhayejjarjarīkr̥tya
dadhisnehacatuṣkavat | | 71 | |
5 antardhūmaṃ tataḥ kṣārādbiḍālapadakaṃ
pibet | | 72 | |
madirādadhimaṇḍoṣṇajalāriṣṭasurāsavaiḥ | | 72 | |
udaraṃ gulmamaṣṭhīlāṃ tūnyau śophaṃ
visūcikāṃ | | 73 | |
plīhah̥drogagudajānudāvartaṃ ca
nāśayet | | 73 | | § 16351

4.15.96 Sarvāṅgasundarā

hiḍgvādikaṃ jarjarīkr̥tya dadhisnehacatuṣkayutamanta-
rdhūmaṃ dāhayet | tasmāt kṣārādbiḍālapadakaṃ madir-
ādibhiḥ pibet | eṣa ca kṣāra udaragulmādīn nāśayet | § 16352

4.15.97 Aṣṭāṅgahr̥dayasaṃhitā

jayedariṣṭagomūtracūrṇāyaskṛtipānataḥ | | 74 | |
sakṣāratailapānaiṣca durbalasya
kaphodaram | | 74 | | § 16354

4.15.98 Sarvāṅgasundarā

durbalasya narasya kaphodaramariṣṭādipānena jayet |
ayaskṛtiḥ-pramehacikitsite (a. 12 | 29) proktā, kṣārayutata-
ilapānaiṣca jayet | § 16355

4.15.99 Aṣṭāṅgahr̥dayasaṃhitā

upanāhyaṃ sasiddhārthakiṇvairbījaiṣca mūlakāt | | 75 | |
kalkitairudaraṃ svedamabhīkṣṇaṃ cātra
yojayet | | 75 | | § 16357

4.15.100 Sarvāṅgasundarā

tathā, upanāhyaṃ jaṭharamasyaitaiḥ mūlakabījaiḥ kalkit-
aiḥ sasarsapakiṇvaiḥ | tathā, nityaṃ svedamatra yojayet |
§ 16358

4.15.101 Aṣṭāṅgahr̥dayasaṃhitā

sannipātodare kuryānnātikṣiṇabalānale | | 76 | |
doṣodrekānurodhena pratyākhyāya
kriyāmimām | | 76 | | § 16360

4.15.102 Sarvāṅgasundarā

sannipātodare-arthātsannipāodaravati nare, nātikṣiṇabalānale+adhidoṣā
tadvaṣenaiva, kriyāmimām-anantaroktām, kuryāt | kiṃ
kṛtvā ? pratyākhyāya,-etadudaramaṣakyapratikāramityevamuktva |
athopakramamāha- § 16361

4.15.103 Aṣṭāṅgahr̥dayasaṃhitā

dantīdravantīphalajaṃ tailaṃ pāne ca
ṣasyate | | 77 | | § 16362

4.15.104 Sarvāṅgasundarā

dantyāditaḥ paṇe ca śasyate | § 16363

4.15.105 Aṣṭāṅgahr̥dayasaṃhitā

kriyānivṛtte jaṭhare tridoṣe tu viṣeṣataḥ | | 77 | |
dadyādāpṛcśya tajjñātīn pātum madyena
kalkitam | | 78 | |
mūlaṃ kākādanīguñjākaravīrakasambha-
vam | | 78 | | § 16366

4.15.106 Sarvāṅgasundarā

kriyāmatikrānte jaṭhare viṣeṣeṇa tridoṣaje tasya-udariṇo
bandhūn, pṛṣṭvā-yathaitadviṣaṃ viṣamaṃ kiṃ jīvayaty-
uta mārayatīti sandeha ityādyuktvā, prayojyaṃ vakṣyam-
āṇaṃ caitat | pātumityādi | kākādanyādijaṃ mūlaṃ ka-
5 lkitam madyena pātum dadyāt | kakādanī-kākaṇantikā |
§ 16367

4.15.107 Aṣṭāṅgahr̥dayasaṃhitā

pānabhojanasaṃyuktaṃ dadyādvā sthāvaram
viṣam | | 79 | |
yasmin vā kupitaḥ sarpo vimuñcati phale
viṣam | | 79 | |
tenāsya doṣasaṅghātaḥ sthīro līno
vimārgagaḥ | | 80 | |
bahiḥ pravartate bhīno viṣeṇāśu
pramāthinā | | 80 | |
5 tathā vrajatyagadatāṃ śarīrāntarameva
vā | | 81 | | § 16372

4.15.108 Sarvāṅgasundarā

athavā pānabhojanasaṃyuktaṃ sthāvaram viṣaṃ dadyāt |
tena yasmin phale sarpaḥ kupito viṣaṃ muñcati tadvā da-
dyāt | tena-viṣeṇa pramāthinā, asya doṣasaṅghāto bhinno
bahiḥ pravartate | kimbhūtaḥ ? sthirastathā līno dhātv-
ādiṣu tathā unmārgagāmī | tathā-tena prakāreṇānuṣṭhit- 5
ena, udaryagadatāṃ-nirvyādhitāṃ, vrajati | śarīrāntaram
vā yāti-mriyata ityarthah | § 16373

4.15.109 Aṣṭāṅgahrdayasaṃhitā

hṛtadoṣaṃ tu ṣītāmbusnātaṃ taṃ pāyayetpayah | | 81 | |
peyaṃ vā trivṛtaḥ śākaṃ maṇḍūkyā vāstukasya
vā | | 82 | |
kālaśākaṃ yavākhyam vā
khādetsvarasasādhitam | | 82 | |
niramalavaṇasneham
svinnāsvinnamanannabhuk | | 83 | |
māsamekaṃ tataścaiva tṛṣitaḥ svarasaṃ 5
pibet | | 83 | | § 16378

4.15.110 Sarvāṅgasundarā

hṛtadoṣaṃ ca taṃ ṣītajalena snātaṃ santaṃ payah ṣītaṃ
pāyayet | peyāmathavā trivṛcśākaṃ maṇḍūkīśākaṃ vāst-
ukaśākaṃ kālaśākaṃ yavaśākaṃ vā khādet | kimbhūtam
? svarasena sādhitam, tathā+amlalavaṇasnehavarjitam, ta-
thā svinnāsvinnam | anannabhojī san, svinnāsvinnamiti 5
"ktena naviṣiṣṭena" iti samāsaḥ, māsamekaṃ yāvadetada-
ṣṇīyāt | tṛṣitaḥ san svarasaṃ-prakṛtatvāttacśākasya, pibet |
§ 16379

4.15.111 Aṣṭāṅgahrdayasaṃhitā

evaṃ vinirhrte śākairdoṣe māsāt paraṃ tataḥ | | 84 | |
durbalāya prayuñjita prāṇabhṛtkārabham
payah | | 84 | | § 16381

4.15.112 Sarvāṅgasundarā

evam̐ śākaviṣeṣeṇa doṣe nirhr̥te-prāyeṇa jalākhye, tataḥ-
anantaram̐, māsāt param̐ duralāya puruṣāya kārabham̐ kṣ-
īram̐ prāṇakaram̐ prayuñjīta | § 16382

4.15.113 Aṣṭāṅgahr̥dayasaṃhitā

plīhodare yathādoṣa snigdhasya sveditasya ca | | 85 | |
sirām̐ bhuktavato dadhnā vāmabāhau
vimokṣayet | | 85 | | § 16384

4.15.114 Sarvāṅgasundarā

plīhodare doṣānusāreṇa snigdhasya sveditasya ca dadhnā
bhuktavataḥ sirām̐ vāme bāhau vimokṣayet | § 16385

4.15.115 Aṣṭāṅgahr̥dayasaṃhitā

labdhe bale ca bhūyo+api snehapītam̐ viśodhitam̐ | | 86 | |
samudrasuktijam̐ kṣāram̐ payasā
pāyayettathā | | 86 | |
amlasrutam̐ biḍakaṇācūrṇādhyam̐
naktamālajam̐ | | 87 | |
saubhāñjanasya vā kvātham̐
saindhavāgnikaṇānvitam̐ | | 87 | |
5 hiḍgvādicūrṇam̐ kṣārājyam̐ yuñjīta ca
yathābalam̐ | | 88 | | § 16390

4.15.116 Sarvāṅgasundarā

bale ca jāte punarapi snehapītam̐ viśodhitam̐ santam̐ kṣā-
ram̐ samudrasuktayuttham̐ payasā pāyayet | tathā karañj-
ajam̐ kṣāramamlaiḥ-kāñjikādibhiḥ srutam̐, biḍakaṇācūrṇ-
abhūyiṣṭham̐ pāyayet | athavā, saubhāñjanasya kvātham̐
5 saindhavādiyutam̐ pibet | hiḍgvādijam̐ cūrṇam̐ kṣāram̐ ta-
thā ghr̥tam̐-ṣaṭpalādi, yathābalam̐ prayuñjīta | nanu, yath-

ābalaṃ ihocyate | prāk cābhyadhāyi (hr. ni. a. 12 | 4)- "na-
ṣṭaceṣṭābalāhārāḥ" iti | tadime vākye parasparaṃ vyāghn-
āte | brūmaḥ | balaśabdeneha bheṣajabalaṃ soḍhuṃ śa-
ktaṃ yadbalaṃ tadidha parikalpitam | pūrvam ca pr-
akṛṣṭam yadbalaṃ tadvivakṣitamiti nātra pūrvāparavyāh- 5
atatvam | § 16391

4.15.117 Aṣṭāṅgahr̥dayasaṃhitā

pippalīnāgaraṃ dantīsamāṃṣaṃ dviḡuṇābhayaṃ | | 88 | |
biḍārdhāṃṣayutaṃ cūrṇamidamuṣṇāmbunā
pibet | | 89 | | § 16393

4.15.118 Sarvāṅgasundarā

pippalīnāgarayordvāvaṃṣau, dantīyā dvau bhāgau, harīta-
kyāṣca dvau bhāgau, biḍalavaṇasyārdhabhāgaḥ, ityevaṃ
cūrṇamuṣṇāmbunā pibet | § 16394

4.15.119 Aṣṭāṅgahr̥dayasaṃhitā

viḍaṅgaṃ citraṃ saktūn saṅr̥tān saindhavaṃ
vacām | | 89 | |
dagdhvā kapāle payasā gulmaplīhāpahaṃ
pibet | | 90 | | § 16396

4.15.120 Sarvāṅgasundarā

viḍaṅgādikaṃ kapāle-karpāre, dagdhvā kṣīreṇa gulmaplī-
hāṅnaṃ pibet | § 16397

4.15.121 Aṣṭāṅgahr̥dayasaṃhitā

tailonmiṣṭairbadarakapatraiḥ sammārditaiḥ
samupanaddhaḥ | | 90 | |

musalena pīḍito+anu ca yāti plīhā payobhujo
nāṣam | | 91 | | § 16399

4.15.122 Sarvāṅgasundarā

badarakasya patraistailamiṣṛitaiḥ suṣru marditaiḥ samup-
anaddhaḥ, anu-paścācca, musalena pīḍitaḥ plīhā kṣīrāṣino
nāṣam vrajati | upagītiḥ | § 16400

4.15.123 Aṣṭāṅgahr̥dayasaṃhitā

rohītakalatāḥ klr̥ptāḥ khaṇḍaṣaḥ sābhayā jale | | 91 | |
mūtre vā+a+asunuyāttacca saptarātrasthitam
pibet | | 92 | |
kāmalāplīhagulmārṣaḥ
kṛmimehodarāpaham | | 92 | | § 16403

4.15.124 Aṣṭāṅgahr̥dayasaṃhitā

rohītakalatāḥ latāḥ khaṇḍam klr̥ptāḥ saharītakīrjale
mūtre vā+a+asunuyāt | tacca saptarātram
sthitam jalam mūtram vā pibet | harītakyaṣca
lehavadbhuñjīta | tatpītam
kāmalādighnam | § 16404

4.15.125 Aṣṭāṅgahr̥dayasaṃhitā

rohītakatvacaḥ kṛtvā palānām pañcaviṃśatīm | | 93 | |
koladviprasthasaṃyuktaṃ
kaṣāyamupakalpayet | | 93 | |
pālikaiḥ pañcakolaistu taiḥ samastaiśca
tulyayā | | 94 | |
rohītakatvacā piṣṭairghṛtaprastham
vipācayet | | 94 | |
5 plīhābhivṛddhiṃ śamayatyetaḍāsu
prayojitam | | 95 | | § 16409

4.15.126 Sarvāṅgasundarā

rohītakatvacaḥ palānāṃ pañcaviṃśatiṃ kṛtvā badarapr-
asthadvayasamyuktaṃ kaṣāyamavatārayet | pañcakolaiḥ
pālikaistaiḥ samastaiḥ pañcakolaiḥ rohītakatvacā tulyayā
piṣṭairghṛtaprasthaṃ vipācayet | etaddhṛtaṃ prayojitaṃ
plīhābhivṛddhiṃ drāgeva śamayati | § 16410

5

4.15.127 Aṣṭāṅgahṛdayasaṃhitā

kadalyāstilanālānāṃ kṣāreṇa kṣurakasya ca | | 95 | |
tailaṃ pakvaṃ jayetpānātplīhānaṃ
kaphavātajam | | 96 | | § 16412

4.15.128 Sarvāṅgasundarā

kadalyādīnāṃ kṣāreṇa tailaṃ pakvaṃ pānena kaphavāto-
tthaṃ plīhānaṃ parākaroti | § 16413

4.15.129 Aṣṭāṅgahṛdayasaṃhitā

aṣāntau gulmavidhinā yojayedagnikarma ca | | 96 | |
aprāptapicśāsāle plīhni
vātakapholbaṇe | | 97 | | § 16415

4.15.130 Sarvāṅgasundarā

evamapyanupaṣāntau vātakaphothe plīhnyasañjātāpicśo-
dake gulmavidhānenāgnikarma yojayet | § 16416

4.15.131 Aṣṭāṅgahṛdayasaṃhitā

paittike jīvanīyāni sarpīṃṣi kṣīrabastayaḥ | | 97 | |
raktāvasekaḥ saṃśuddhiḥ kṣīrapānaṃ ca
śasyate | | 98 | | § 16418

4.15.132 Aṣṭāṅgahr̥dayasaṃhitā

paittike-pittelbaṇe, plīhni jīvanīyagaṇasādhitāni sarpīṃṣi
tathā kṣīrabastiraktāvasekādi ca śasyate |
"sirāṃ bhuktavato dadhnā vāmabāhau
vimokṣayet |" (ṣlo. 85) ityanenaiva
raktāvasekasyoktatvāt punarvacanaṃ
prakarṣārtham | pittādhikye hi
raktātivr̥ddhiḥ | tasmādatiraktasrāvo vojya iti
pratipādanārthametaduktam | § 16419

4.15.133 Aṣṭāṅgahr̥dayasaṃhitā

yakṛti plīhavatkarma dakṣiṇe tu bhuje sirāṃ | | 98 | | § 16420

4.15.134 Sarvāṅgasundarā

yakṛti plīhavat karma kāryam | sirāṃ punardakṣiṇe bāhau
dadyāt | § 16421

4.15.135 Aṣṭāṅgahr̥dayasaṃhitā

svinnāya baddhodariṇe
mūtratīkṣṇauśadhānvitam | | 99 | |
satailalavaṇaṃ dadyānnirūhaṃ
sānuvāsanam | | 99 | |
parīśraṃsīni cānnāni tīkṣṇaṃ cāsmāi
virecanam | | 100 | |
udāvartaharaṃ karma kāryaṃ
yaccānilāpahaṃ | | 100 | | § 16425

4.15.136 Sarvāṅgasundarā

baddhodariṇe puruṣāya svinnāya gomūtratīkṣṇauśadhay-
utaṃ tailasaindhavābhyāṃ saha nirūhaṃ dadyāt, sānuvāsanam-
pūrvamanuvāsanam paścāccetyarthaḥ | udarīṇaḥ svedan-

iṣedhādbaddhodariṇaḥ svedānujñānamapavāda iti naita-
tpūrvāparavyāhatam | parisraṃsīni-anulomakāraṇyannāni,
asmai ca-jaṭhariṇe, tīkṣṇaṃ ca virecanaṃ dadyāt | udāva-
rtaharaṃ karma kāryam | yacca vātghnaṃ tacca kāryam |
§ 16426

5

4.15.137 Aṣṭāṅgahr̥dayasaṃhitā

śidrodaramṛte svedācśleṣmodaravadācaret | | 101 | |
jātaṃ jātaṃ jalaṃ srāvyaṃ evaṃ
tadyāpayedbhiṣak | | 101 | | § 16428

4.15.138 Sarvāṅgasundarā

śidrodaraṃ svedamantareṇa śleṣmodaravadupakramet |
yadā tu kathañcidrasaṣṣidrebhyaḥ parisraṇaṃ jaṭharamā-
pūrayitvā jalaṃ bhavettadā tajjātaṃ salilaṃ srāvyaṃ | na
ca sakṛdeva srāvyaṃ iti pratipādanārthaṃ vīpsā, jātaṃ jā-
taṃ jalaṃ srāvyaṃ iti | kiyantaṃ kālaṃ srāvyaṃ ? ityāha-
evamityādi | evaṃ-anena prakāreṇa, tat-baddhodaraṃ,
yāpayet | svāsthyaṃ iti yogyatayā+atra sambadhyate, ten-
aiva svāsthyaṃ prāpayediti bodhyaṃ | na tu yāpyaṃ vid-
adhyāditi vyākhyeyaṃ, na hi yāpyamudaramasti | § 16429

4.15.139 Aṣṭāṅgahr̥dayasaṃhitā

apāṃ doṣaharāṇyādaḥ yojayedudakodare | | 102 | |
mūtrayuktāni tīkṣṇāni vividhākṣāravanti
ca | | 102 | |
dīpanīyaiḥ kaphaghnaṣca
tamāhārairupācaret | | 103 | | § 16432

4.15.140 Sarvāṅgasundarā

udakodare pūrvamapāṃ doṣaharāṇi yojayet | tāni sarv-
āṇi gomūtrayuktāni tathā tīkṣṇāni tathā vividhāḥ kṣārā vi-

dyante yeṣu tāni vividhakṣāravanti, anekakṣārayuktānīty-
arthaḥ | nanu, apāmityanarthakam, "yojayedudakodare"
ityanenaivodakaharatvasya siddhatvāt | atrocyate | apām
ca harṇāni yaṣca tatra saṃsr̥ṣṭo doṣo+adbhistasya ca har-
5 aṇāni jalasaṃsr̥ṣṭadoṣaharaṇānīti pratipādayitumuktam |
ādāviti nirdeṣāt paścādvātādidoṣānusāreṇa copakramaḥ
kārya iti dyotayati | tathā bhojanairdīpanīyaiḥ kaphāpah-
aiṣcopācaret | § 16433

4.15.141 Aṣṭāṅgahr̥dayasaṃhitā

kṣāraṃ chOgakarīṣāṇāṃ srutaṃ mūtre+agninā
pacet | | 103 | |
ghanībhavati tasmim̐sca karṣāṃśaṃ cūrṇitaṃ
kṣipet | | 104 | |
pippalī pippalīmūlaṃ śuṅṭhī
lavaṇapañcakam | | 104 | |
5 nikumbhakumbhatriphalāsvarṇakṣīrīviṣāṇikāḥ | | 105 | |
svarjikākṣāraṣaḍgranthāsātalāyavaśūkajam | | 105 | |
kolābhā guṭikāḥ kṛtvā tataḥ
sauvīrakāplutāḥ | | 106 | |
pibedajarake śophe pravṛddhe
codakodare | | 106 | | § 16440

4.15.142 Sarvāṅgasundarā

kṣāraṃ chāgakarīṣāṇāṃ mūtre srutaṃ cāgninā pacet |
asmim̐sca kṣārajale ghanībhavati sati karṣāṃśaṃ rajīkṛtaṃ
pippalyādikaṃ kṣipet | tataḥ-tasmātkṣārāt, gulikāḥ kolā-
bhāḥ kṛtvā sauvīrakāloḍitā ajarakādaupibet | § 16441

4.15.143 Aṣṭāṅgahr̥dayasaṃhitā

ityauśadhairapraṣame triṣu baddhodarādiṣu | | 107 | |
prayuñjīta bhiṣak
sastramārtabandhunṛpārthitaḥ | | 107 | | § 16443

4.15.144 Sarvāṅgasundarā

iti-evam, auṣadhairaṣāntau satyāṃ triṣu baddhacśidro-
kodareṣu vaidya ārtajñātibhirnṛpeṇa cābhyārthitaḥ san ṣa-
straṃ prayuñjīta | § 16444

4.15.145 Aṣṭāṅgahr̥dayasaṃhitā

snigdhasvinnatanornābheradho

baddhakṣatāntrayoḥ | | 108 | |

pāṭayedudaraṃ muktvā

vāmataṣcaturaṅgulāt | | 108 | |

caturaṅgulamānaṃ tu niṣkāsyāntrāṇi tena

ca | | 109 | |

nirīkṣyāpanayedbālamalalepopalādikam | | 109 | |

śidre tu ṣalyamuddhṛtya

viṣodhyāntraparisravam | | 110 | |

markoṭairdaṃṣayecśidraṃ teṣu lagneṣu

cāharet | | 110 | |

kāyaṃ mūrdhno+anu cāntrāṇi yathāsthānaṃ

niveṣayet | | 111 | |

aktāni madhusarpirbhyāmatha

sīvyedbahirvraṇam | | 111 | |

tataḥ kṛṣṇamṛdā+a+alipya

badhnīyādyāṣṭimiṣrayā | | 112 | |

nivātasthaḥ payovṛttiḥ snehadroṇyāṃ

vasettataḥ | | 112 | | § 16454

5

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4.15.146 Sarvāṅgasundarā

baddhakṣatāntrayoḥ-baddhodare śidrodare ca, snigdha-
svinnaṣarīrasya nābheradha udaraṃ caturaṅgulādvāmena
muktvā caturaṅgulapramāṇaṃ pāṭayet | tena ca-śidreṇa,
antrāṇi bahirniṣkāsyā bālamalalepopalādikamapanayediti
baddhodaropakramaḥ | śidrodaropakramamāha-śidre tu
parīsrāviṇi ṣalyamuddhṛtya parisravamātraṃ viṣodhyān-
antaraṃ markoṭaiśśidraṃ daṃṣayet | teṣu ca-markoṭeṣu,

5

bhakṣayituṃ lagneṣu mūrdhnaḥ-ṣirasō+aparaṃ, kāyaṃ
markoṭānāmākarṣet | anu [ca]-paścācca, antrāṇi madhu-
sarpirbhyāmaktāni yathāsthānaṃ sthāpayet | [atha-] an-
antaraṃ, bahirvraṇaṃ sīvyet | bahiḥṣabdanirdeṣādābhy-
5 antaragataṃ na sīvyediti gamyate | tataḥ-anantaraṃ, kṛ-
ṣṇamṛdā madhuyaṣṭikāmiṣrayā+a+alipyā badhnīyāt | an-
antaraṃ nivāstathaḥ kṣīravṛttiḥ san snehadroṇyām va-
set | adhunā jalodarasyānyeṣāmapī jātajalānām jaṭharā-
nām cikitsārthamāha- § 16455

4.15.147 Aṣṭāṅgahr̥dayasaṃhitā

sajale jaṭhare tailairabhyaktasyānilāpahaiḥ | | 113 | |
svinnasyoṣṇāmbunā+a+akakṣamudare
paṭṭaveṣṭite | | 113 | |
baddhacchidroditasthāne
vidhyedaṅgulamātrakam | | 114 | |
nidhāya tasminnāḍiṃ ca
srāvayedardhamambhasaḥ | | 114 | |
5 athāsya nāḍimākṛṣya tailena lavaṇena
ca | | 115 | |
vraṇamabhyajya badhvā ca
veṣṭayedvāsasodaram | | 115 | |
ṛṭīye+ahni caturthe vā yāvadaṣoḍaśaṃ
dinam | | 116 | |
tasya viśramya viśramya srāvayedalpaśo
jalam | | 116 | |
viveṣṭayedgāḍhataraṃ jaṭharaṃ vāsasā
ślatham | | 117 | |
10 niḥsrute laṅghitaḥ peyāmasnehalavaṇaṃ
pibet | | 117 | | § 16465

4.15.148 Sarvāṅgasundarā

sajale jaṭhariṇo jaṭhare tailaiḥ-tilānām tailaiḥ sarṣapai-
raṇḍatailādibhiśca, anilaghnaṛabhyaktasya tathoṣṇāmb-
unā svinnasyākakṣaṃ-kakṣāntaṃ yāvat, udare paṭṭena-

vastreṇa veṣṭite, tadudaram vastreṇaiva veṣṭayitvā baddh-
 acchidrodayoryatkathitaṃ sthānaṃ tasmin sthāne+āṅgulapramāṇaṃ
 vidhyet | tasmimśca chidre nāḍīm nidhāya jalasyodarasth-
 asyārdhaṃ srāvayet | jalasrāvādanantaramasya-udariṇo,
 nāḍīmākṛṣya salavaṇena tailena vraṇamabhyajya baddhvā 5
 ca vāsasā jaṭharam veṣṭayet | ṛtīye divase+athavā ca-
 turthe yāvadaśoḍaśaṃ dinaṃ tasya-udariṇo, viśramya
 viśramyālpasāḥ-alpamalpaṃ kṛtvā, jalaṃ-doṣaṃ, srāva-
 yet | sahasā hi pracurajalasarvaṇādapāyaḥ syāt | tasmāt sr-
 utidivasādanantaram ṛtīye caturthe pañcamādau vā dine 10
 śarīrabalābalaapekṣya śoḍaśadinaṃ maryādīkṛtya jala-
 srāvaṇaṃ kāryam | jaṭharam ca śithilaṃ vāsasā gāḍhat-
 aram viveṣṭayet | niḥsrute ca jale+asau jaṭharī laṅghitaḥ
 san peyāmasnehalavaṇaṃ pibet | nañatra īśadartaḥ | īśat
 snehalavaṇaṃ kledarakṣārthaṃ vātakoparakṣārthaṃ ca | 15
 anyathā hi 'rūkṣaṃ nirlavaṇaṃ pibet' ityevaṃ nirdeśamā-
 cāryaḥ kuryāt | § 16466

4.15.149 Aṣṭāṅghṛdayasaṃhitā

syātkṣīravṛttiḥ ṣaṇmāsāṃstrīṇ peyāṃ payasā
 pibet | | 118 | |
 trīṃṣcānyān payasaivādyāt phalāmlena rasena
 vā | | 118 | |
 alpaṣo+asnehalavaṇaṃ jīrṇaṃ
 śyāmākakodravam | | 119 | |
 prayato vatsareṇaivaṃ vijayeta
 jalodaram | | 119 | | § 16470

4.15.150 Sarvāṅgasundarā

ṣaṇmāsān kṣīravṛttiḥ syāt | trīṇ māsān kṣīrapeyāṃ pibet |
 trīṃṣcānyān māsān payasaiva jīrṇaṃ śyāmākakodravam-
 adyāt | phalāmlena vā māṃsarasena | katham ? alpama-
 lpam | tathā, īśat snehalavaṇaṃ | [evaṃ-] anena prakār-
 eṇa, prayataḥ salilodaram vatsareṇa vijayet | § 16471 5

4.15.151 Aṣṭāṅgahr̥dayasaṃhitā

varjyeṣu yantrito diṣṭe nātyadiṣṭe
jitendriyaḥ | | 120 | | § 16472

4.15.152 Sarvāṅgasundarā

varjyeṣvāhāravihārādiṣvatyarthoṣṇāmlalavaṇādiṣu (ṣlo. 125)
yantrita udarī syāt | diṣṭe-kathite+annapānādaḥ, nātiya-
ntritaḥ syāt | adiṣṭe-akathite punarannapānādaḥ, jitendr-
riyaḥ syāt-alolupena tatra bhavitavyamityarthaḥ | jalodar-
5 acikitsāprasaṅgena sarvodaracikitsāmāha- § 16473

4.15.153 Aṣṭāṅgahr̥dayasaṃhitā

sarvamevodaramḥ prāyo doṣasaṅghātajam yataḥ | | 120 | |
ato vātādiśamanī kriyā sarvatra
śasyate | | 121 | | § 16475

4.15.154 Sarvāṅgasundarā

sarvamevodaramḥ bāhulyena doṣasaṅghātottham yasmātt-
asmāt sarvatrodare vātādiśamanī kriyā praśasyate | prā-
yograhaṇam kiñcit prāktanakarmanimittamudaramḥ nāva-
śyam doṣasaṅghātajamiti | § 16476

4.15.155 Aṣṭāṅgahr̥dayasaṃhitā

vahnirmandatvamāyāti doṣaiḥ kuṣau prapūrite | | 121 | |
tasmādbhojyāni bhojyāni dīpanāni laghūni
ca | | 122 | |
sapañcamūlānyalpāmlapaṭusnehakaṭūni
ca | | 122 | | § 16479

4.15.156 Sarvāṅgasundarā

vahnirmandatvaṃ yata āgacchati doṣairudare prapūrite
sati tasmātkāraṇāt bhojyāni-āhārāḥ, bhojyāni-bhakṣayitavyāni,
jaṭharibhirdīpanāni laghūni ca | tathā saha pañcamūlena
tathā+alpāmlādayo yeṣu tāni | § 16480

4.15.157 Aṣṭāṅgahṛdayasaṃhitā

bhāvitānāṃ gavāṃ mūtre ṣaṣṭikānāṃ ca
taṇḍulaiḥ | | 123 | |
yavāgūṃ payasā siddhāṃ prakāmaṃ
bhojayennaram | | 123 | |
pibedikṣurasam cānu jaṭharānāṃ
nivṛttaye | | 124 | |
svaṃ svaṃ sthānaṃ vrajantyeṣāṃ
vātapittakaphāstathā | | 124 | | § 16484

4.15.158 Sarvāṅgasundarā

gomūtre bhāvitānāṃ ṣaṣṭikānāṃ taṇḍulairyavāgūṃ kṣ-
īreṇa siddhāṃ prakāmaṃ-icśayā, naraṃ bhojayet | anu-
paścāt, ikṣurasam ca pibedudarānāṃ śāntyarthaṃ | tathā
vātapittakaphāṣcaīṣāṃ-udariṇāṃ, svaṃ svaṃ sthānaṃ vr-
ajanti | § 16485

5

4.15.159 Aṣṭāṅgahṛdayasaṃhitā

atyarthoṣṇāmlalavaṇaṃ rūkṣaṃ grāhi himaṃ
guru | | 125 | |
guḍaṃ tailakṛtaṃ śākaṃ vāri
pānāvagāhayoḥ | | 125 | |
āyāsādhvadivāsvapnayanāni ca
parityajet | | 126 | | § 16488

4.15.160 Sarvāṅgasundarā

atyarthoṣṇāmlalavaṇādikaṃ jaṭharī tyajet | vāri pānāvagā-
hayoryadi tyajet tarhi kiṃ peyam ? ityāha- § 16489

4.15.161 Aṣṭāṅgahr̥dayasaṃhitā

nātyacśasāndramadhuraṃ takraṃ pāne
praśasyate | | 126 | |
sakaṇālavaṇaṃ vāte, pitte
soṣaṇaṣarkaram | | 127 | |
yavānīsaindhavājāīmadhuvyoṣaiḥ
kaphodare | | 127 | |
tryūṣaṇakṣāralavaṇaiḥ saṃyutaṃ
nicayodare | | 128 | |
5 madhutailavacāṣuṅṭhīṣatahvākuṣṭhasaindhavaiḥ | | 128 | |
plīhni, baddhe tu
hapuṣāyavānīpaṭvajājibhiḥ | | 129 | |
sakraṣṇāmākṣikaṃ śidre,
vyoṣavatsalilodare | | 129 | | § 16496

4.15.162 Sarvāṅgasundarā

takramīśadacśasāndramadhuraṃ pāne praśasyate | tacca
pavane sapippalīsaindhavaṃ ṣreṣṭham | pitte samaricaṣa-
rkaram | yavānyādibhiḥ saḥ kaphodare hitam | trikaṭuk-
ādibhiḥ saṃyuktaṃ sannipātodare | madhutailādibhiḥ pl-
5 īhodare | hapuṣādibhiryutaṃ baddhodare | pippalīmadh-
uyutaṃ śidrodare | jalodare vyoṣayutaṃ ṣreṣṭham | § 16497

4.15.163 Aṣṭāṅgahr̥dayasaṃhitā

gauravārocakānāhamandavahnyatisāriṇām | | 130 | |
takraṃ vātakaphārtānāmamṛtatvāya
kalpate | | 130 | | § 16499

4.15.164 Sarvāṅgasundarā

vātakaphārtānām gauravārocakādiyutānām takramamṛta-
tvāya kalpate-sampadyate | etacca bruvan vātakaphayoḥ
śuddhāvapi deyamiti dyotayati | § 16500

4.15.165 Aṣṭāṅgahr̥dayasaṃhitā

prayogaṅām ca sarveṣāmanu kṣīraṃ prayojayet | | 131 | |
sthairyakṛtsarvadhātūnām balyaṃ
doṣānubandhahṛt | | 131 | | § 16502

4.15.166 Sarvāṅgasundarā

sarveṣāṃ ca prayogaṅāmanu kṣīraṃ prayojayet | tacca kṣ-
īraṃ sarvadhātūnām sthīratvaṃ karoti | tathā balyaṃ syā-
ddoṣānubandhatvaṃ harati | § 16503

4.15.167 Aṣṭāṅgahr̥dayasaṃhitā

bheṣajāpacitāṅgānām kṣīramevāmṛtāyate | | 15 | |
131 1/2 | | 15 | |
iti śrīvaidyapatisiṃhaguṇtasūnuṣrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyām
caturthe cikitsitasthāne udaracikitsitaṃ
nāma pañcadaśo+adhyāyaḥ | | 15 | | § 16506

4.15.168 Sarvāṅgasundarā

bheṣajenāpacitaṃ śarīraṃ yeṣāṃ teṣāṃ kṣīramevāmṛtatv-
āya sampadyata iti | iti śrīmr̥gāṅkadattaputraśrīmadaru-
ṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭīkāyām sarvāṅgasund-
arākhyāyām caturthe cikitsitasthāne udaracikitsitaṃ nāma
pañcadaśo+adhyāyaḥ samāptaḥ | | 15 | | § 16507

4.16 pāṇḍurogacikitsitādhyāyaḥ : 16

4.16.1 Aṣṭāṅgahr̥dayasaṃhitā

athātaḥ pāṇḍurogacikitsitaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) pāṇḍvāmayī pibetsarpirādau
kalyāṇakāhvayam | | 1 | |
pañcagavyaṃ mahātiktaṃ ṣṛtaṃ
vā+a+aragvadhādinā | | 1 | | § 16511

4.16.2 Sarvāṅgasundarā

pāṇḍvāturaḥ kalyāṇakākhyam (hr̥. u. a. 6 | 27) , sarpirādau
pibet | ādāvityanenaitadgamayati,-asmin vyādhou prādh-
ānyena pittacikitsā kāryā, tadanu vātakaphayoḥ | tathā ca
pittasyaivaitadvyādhikarṭṭve prādhānyam | ata eva ca ni-
5 dāne+adhyagīṣṭa (hr̥. ni. a. 13 | 1)- "pittapadhānāḥ kupitāḥ"
ityādi | tasmāt pittasyopaśāntyai sarpiḥpānaṃ yuktaṃ |
pañcagavyaṃ ghr̥taṃ-apasmārapraṭiṣedhoktaṃ (hr̥. u. a.
7 | 20) | mahātiktaṃ-kuṣṭhacikitsitoktaṃ (hr̥. ci. a. 19 | 8) |
āragvadhādigāṇena (hr̥. sū. a. 15 | 17) vā pakvaṃ ghr̥taṃ
10 pibet | § 16512

4.16.3 Aṣṭāṅgahr̥dayasaṃhitā

dāḍimātkuḍavo dhānyātkuḍavārdham palam
palam | | 2 | |
citrakācchr̥ṅgaberācca pippalyardhapalam ca
taiḥ | | 2 | |
kalkitairviṃśatipalam ghr̥tasya
salilāḍhake | | 3 | |
siddham hr̥tpāṇḍugulmārśaḥplīhavātakaphārti-
nut | | 3 | |
5 dīpanam śvāsakāsagham
mūḍhavātānulomanam | | 4 | |

duḥkhaḥprasavinīnāṃ ca bandhyānāṃ ca
praśasyate || 4 || § 16518

4.16.4 Sarvāṅgasundarā

dāḍimasya kuḍavam, dhānyakātkuḍavārdham, citrakaśu-
ṇṭhyoḥ pratyekaṃ palam, pippalyā dvau karṣau, taiḥ pi-
ṣṭhairghṛtasya palāni viṃśatiṃ toyādhake pacet | tacca si-
ddhaṃ hrdayādyartijit, dīpanādiguṇayuktaṃ ca | duḥkh-
aprasavinīnāṃ strīṇāṃ vandhyānāṃ-aprasavinīnāṃ ca, 5
śasyate | § 16519

4.16.5 Aṣṭāṅgahrdayasaṃhitā

snehitam vāmayettīkṣṇaiḥ punaḥ snigdham ca
śodhayet || 5 ||
payasā mūtrayuktena bahuṣaḥ kevalena
vā || 5 || § 16521

4.16.6 Sarvāṅgasundarā

snehitam pāṇdurogiṇam tīkṣṇairvāmayet | punarapi sni-
gdham ca bahuṣaḥ kṣīreṇa śodhayet | kevalena vā payasā
śodhayet | § 16522

4.16.7 Aṣṭāṅgahrdayasaṃhitā

dantīphalarase koṣṇe kāṣmaryāñjalimāsutam || 6 ||
drākṣāñjalim vā mṛditaṃ tat pibet
pāṇdurogajit || 6 ||
mūtreṇa piṣṭāṃ pathyāṃ vā tatsiddham vā
phalatrāyam || 7 || § 16525

4.16.8 Sarvāṅgasundarā

dantīphalarase koṣṇe kāṣmaryāñjalimāsutaṃ pibet, tadet-
adubhayamapi pāṇdurogagham | gomūtreṇa piṣṭaṃ ha-
ritakīṃ vā pibet | tena-gomūtreṇa, siddhaṃ-kvathitaṃ,
phalatrayaṃ vā pibet | § 16526

4.16.9 Aṣṭāṅgahr̥dayasaṃhitā

svaṇṅakṣīrītrivṛcśyāmābhadrādārumahaṣadham | | 7 | |
gomūtrāñjalīnā piṣṭaṃ śr̥taṃ tenaiva vā
pibet | | 8 | |
sādhitāṃ kṣīramebhirvā
pibeddoṣānulomanam | | 8 | | § 16529

4.16.10 Sarvāṅgasundarā

svaṇṅakṣīryādikaṃ gomūtrāñjalīnā piṣṭamathavā tenaiva-
gomūtreṇa, śr̥taṃ pibet | ebhirvā svaṇṅakṣīryādibhirdra-
vyaiḥ kṣīraṃ sādhitāṃ doṣānulomakaraṃ pibet | § 16530

4.16.11 Aṣṭāṅgahr̥dayasaṃhitā

mūtre sthitaṃ vā saptāhaṃ payasā+ayorajaḥ pibet | | 9 | |
jīrṇe kṣīreṇa bhuñjīta rasena madhureṇa
vā | | 9 | | § 16532

4.16.12 Sarvāṅgasundarā

gomūtre saptāhaṃ sthitaṃ lohacūrṇaṃ kṣīreṇa pibet | jī-
rṇe tasmin dugdhena sahānnaṃ bhuñjīta | māṃsarasena
vā madhureṇa-na tvamlena | § 16533

4.16.13 Aṣṭāṅgahr̥dayasaṃhitā

śuddhaścobhayato lihyātpathyāṃ
madhughṛtadrutāṃ | | 10 | | § 16534

4.16.14 Sarvāṅgasundarā

śuddhaścobhayataḥ-pāyuto mūrdhataśca, harītakīm ma-
dhghṛtadrutām lihyāt | § 16535

4.16.15 Aṣṭāṅgahr̥dayasaṃhitā

viśālākaṭukāmustaḥkuṣṭhadārūkaliṅgakāḥ | | 10 | |
karṣāṃśā dvipicurmūrvā karṣārdhāṃśā
ghuṇapriyā | | 11 | |
pītvā taccūrṇamambhobhiḥ sukhairlihyāttato
madhu | | 11 | |
pāṇḍurogaṃ jvaraṃ dāhaṃ kāsaṃ
śvāsamarocakam | | 12 | |
gulmānāhāmavātāṃśca raktapittaṃ ca
tajjayet | | 12 | | § 16540

5

4.16.16 Sarvāṅgasundarā

viśālādaya, ṣaṭ karṣamātrāḥ, mūrvā dvikarṣapramāṇā,
ardhakarṣadghnī ativiṣā tadetaccūrṇam koṣṇāmbunā pī-
tvā māksikaṃ lihyāt | etacca pāṇḍurogādīn hanti | § 16541

4.16.17 Aṣṭāṅgahr̥dayasaṃhitā

vāsāguḍūcītriphalaḥkaṭvībhūnimbanimbahaḥ | | 13 | |
kvāthaḥ kṣaudrayuto hanti
pāṇḍupittāsrakāmalāḥ | | 13 | | § 16543

4.16.18 Sarvāṅgasundarā

vāsādīkvātho madhuyutaḥ pāṇḍvādīn hanti | § 16544

4.16.19 Aṣṭāṅgahr̥dayasaṃhitā

vyoṣāgnivellatriphalāmustaistulyamayorajaḥ | | 14 | |

cūrṇitaṃ takramadhvājyakoṣṇāmbhobhiḥ
prayojitaṃ | | 14 | |
kāmalāpāṇḍuhr̥drogakuṣṭhārṣomehanāṣanam | | 15 | | § 16547

4.16.20 Sarvāṅgasundarā

vyoṣādibhistulyamayorajaṣcūrṇitaṃ takrādibhirupayojitaṃ
kāmalādināṣanam | § 16548

4.16.21 Aṣṭāṅgahr̥dayasaṃhitā

guḍanāgaramaṇḍūratilāṃṣān mānataḥ samān | | 15 | |
pippalīdviguṇān dadyādguṭikāṃ
pāṇḍurogiṇe | | 16 | | § 16550

4.16.22 Sarvāṅgasundarā

guḍādikān samabhāgān pippalīdviguṇānimāṃ guṭikāṃ
pāṇḍurogiṇe dadyāt | § 16551

4.16.23 Aṣṭāṅgahr̥dayasaṃhitā

tāpyaṃ dārvyāstvacaṃ cavyaṃ granthikaṃ devadāru
ca | | 16 | |
vyoṣādinavakaṃ caitaccūrṇayed dviguṇaṃ
tataḥ | | 17 | |
maṇḍūraṃ cāñjananibhaṃ
sarvato+aṣṭaguṇe+atha tat | | 17 | |
pṛthagvipakve gomūtre
vaṭakīkaraṇakṣame | | 18 | |
5 prakṣīpya vaṭakān kuryāttān
khādettakrabhojanaḥ | | 18 | |
ete maṇḍūravaṭakāḥ prāṇadāḥ
pāṇḍurogiṇāṃ | | 19 | |
kuṣṭhānyajaraṃ
ṣophamūrustambharocakam | | 19 | |

arṣāṃsi kāmālāṃ mehān plīhānaṃ ṣamayanti
ca | | 20 | | § 16559

4.16.24 Sarvāṅgasundarā

tāpyādikaṃ vyoṣādinavakaṃ ca-pūrvoktaṃ, cūrṇayet |
tataḥ-tebhyo, dviguṇaṃ maṇḍūramañjanasadr̥śaṃ sarve-
bhyo+aṣṭaguṇe mūtre pṛthak vipakve ca vaṭakīkaraṇakṣame-
ghane sati, prakṣipyā vaṭakān kuryāt | tāṃśca takrapradh-
ānabhojanaḥ san prāśrnīyāt | ete maṇḍūravaṭakāḥ pāṇdv- 5
āmayināṃ prāṇādāstathā kuṣṭhādīn ghnanti | § 16560

4.16.25 Aṣṭāṅgahr̥dayasaṃhitā

tāpyādrijaturaupyāyomalāḥ pañcapalāḥ pṛthak | | 20 | |
citrakatriphalāvyoṣaviḍaṅgaiḥ pālikaiḥ
saha | | 21 | |
śarkarāṣṭapalonmiṣrāścūrṇitā madhunā
drutāḥ | | 21 | |
pāṇdurogaṃ viṣaṃ kāsaṃ yakṣmāṇaṃ
viṣamaṃ jvaram | | 22 | |
kuṣṭhānyajarakāṃ mehaṃ ṣophaṃ 5
ṣvāsamarocakam | | 22 | |
viṣeṣāddhantyaṣmāraṃ kāmālāṃ gudajāni
ca | | 23 | | § 16566

4.16.26 Sarvāṅgasundarā

tāpyādayaḥ pṛthak pañcapalāścitrakādibhiḥ pālikaiḥ saha
śarkarāṣṭapalayutāścūrṇīkr̥tā madhunā dravīkr̥tāḥ pāṇdu-
rogādīn ghnanti | viṣeṣeṇāpasmārādīṃśca | § 16567

4.16.27 Aṣṭāṅgahr̥dayasaṃhitā

kauṭajatriphalānimbapaṭolaghananāgaraiḥ | | 23 | |
bhāvitāni daśāhāni rasairdvitriguṇāni vā | | 24 | |

5 śilājatupalānyaṣṭau tāvatī sitaśarkarā | | 24 | |
 tvak+a+akṣīrīpippalīdhātrīkarkaṭākhyāḥ
 palonmitāḥ | | 25 | |
 nidigdhyāḥ phalamūlābhyāṃ palam yuktyā
 trijātakam | | 25 | |
 madhutripalasaṃyuktān kuryādakṣasamān
 guḍān | | 26 | |
 5 dāḍimāmbupayaḥ
 pakṣirasatoyasurāsavān | | 26 | |
 tān bhakṣayitvā+anu pibenniranno bhukta eva
 vā | | 27 | |
 pāṇḍukuṣṭhajvaraplihatamakārśobhagandaram | | 27 | |
 hr̥nmūtrapūtiśukrāgnidoṣaśoṣagarodaram | | 28 | |
 kāsārṅgdarapittārṅkśophagulmagalāmayān | | 28 | |
 10 mehavardhmabhramān hanyuḥ sarvadoṣaharāḥ
 śivāḥ | | 29 | | § 16579

4.16.28 Sarvāṅgasundarā

kāṭajādibhirdravyai rasaiḥ-rasatāṃ gataḥ, kvāthīkṛtairi-
 tyarthāḥ | śilājatupalānyaṣṭau daśāhāni dviguṇāni tri-
 guṇāni vā bhāvitāni | ahaṣṣabdo vāropalakṣaṇārthaḥ |
 tadayamātrārtho+avatiṣṭhate,-śilājatupalāṣṭakam kevalam
 5 jaladhautam kauṭajādikam tattulyamaṣṭaguṇite jale kv-
 athitam tato+aṣṭabhāgāvaṣeṣarasam gr̥hītvā tena rasena
 daśa vārān dviguṇān triguṇān vā bhāvayediti | tāvatī-
 aṣṭapalapramāṇā sitaśarkarā, tvakkṣīryādikam palonmi-
 tam kaṇṭakāryāḥ phalamūlayoḥ palam | trijātakam yuktyā-
 10 yāvātā trijātakenātisaugandhyam hīnasaugandhyam vā na
 syāt, evaṃ na hīnamātramaitaddeyamavyāpakatvāt, na
 vā+atimātramapyativyāpakatvenāyogārhatvāt | madhun-
 astitribhiḥ palaiḥ saṃyuktān kārṣikān guḍān vidadhyāt |
 tān guḍān bhakṣayitvā+anu-paścāt, dāḍimajalādīni yath-
 15 āyogam pibet nirannaḥ kṛtāhāro vā | te ca vaṭakāḥ pāṇḍv-
 ādīn hanyuḥ | sarvadoṣaharāḥ śivāṣca syuḥ | § 16580

4.16.29 Aṣṭāṅgahr̥dayasaṃhitā

drākṣāprasthaṃ kaṇāpramthaṃ ṣarkarārdhatulāṃ
tathā | | 29 | |
dvipalaṃ madhukaṃ ṣuṅṭhīm tvakṣīrīm ca
vicūrṇitaṃ | | 30 | |
dhātrīphalarasadrone tatksiptvā
lehavatpacet | | 30 | |
ṣītānmadhuprasthayutād lihyātpāṇitalaṃ
tataḥ | | 31 | |
halīmakam pāṇḍurogaṃ kāmālāṃ ca
niyacśati | | 31 | | § 16585

5

4.16.30 Sarvāṅgasundarā

drākṣāyāḥ ṣoḍaṣapalāni pippalyāṣca | ṣarkarāyāḥ pal-
āni pañcaṣat | yaṣṭhyādikaṃ rajīkṛtaṃ dvipalapramā-
ṇam | dhātrīphalarasasya drone sarvametatksiptvā leha-
miva pacet | tasmāllehācśītātsato madhunaḥ prasthayutāt
pāṇitalaṃ-karṣamātraṃ, lihyāt | sa ca leho halīmakādīnniyacśati-
parākaroti | § 16586

4.16.31 Aṣṭāṅgahrdayasaṃhitā

kanīyaḥpañcamūlāmbu ṣasyate pānabhojane | | 32 | |
pāṇḍūnāṃ, kāmālārtānāṃ
mṛdvīkāmālakādrasaḥ | | 32 | | § 16588

4.16.32 Sarvāṅgasundarā

pāne bhojane ca ṣasyate hrasvapañcamūlajam | mṛdvīkār-
asa āmalakarasāṣca pāṇḍurogiṇāṃ kāmālārtānāṃ ca ṣasy-
ate | § 16589

4.16.33 Aṣṭāṅgahrdayasaṃhitā

iti sāmānyataḥ proktaṃ pāṇḍuroge
bhiṣag+a+ajitam | | 33 | |

vikalp̄ya vojyaṃ viduṣā pṛthagdoṣabalaṃ
prati | | 33 | | § 16591

4.16.34 Sarvāṅgasundarā

iti-evaṃ, pāṇḍuroge sāmānyena bhiṣagajitaṃ-auṣadhaṃ,
proktaṃ | bhiṣajdhātuḥ kaṇḍvāḍau bhiṣajyate smaktaḥ
bhiṣagjitaṃ | tadabhijñena vaidyena vikalp̄ya-nirūpya, pṛ-
thagdoṣabalaṃ lakṣaṇīkr̄tya vojyaṃ | § 16592

4.16.35 Aṣṭāṅgahr̥dayasaṃhitā

snehaprāyaṃ pavanaje tiktaṣītaṃ tu paittike | | 34 | |
ṣlaīṣmike kaṭurūkṣoṣṇaṃ vimiṣraṃ
sānnipātike | | 34 | | § 16594

4.16.36 Sarvāṅgasundarā

pavanaje pāṇḍau snehaprāyaṃ-snehabhūyiṣṭhaṃ, bheṣa-
jaṃ | tiktaṣītaprāyaṃ tu paittike | ṣlaīṣmike tu kaṭurūkṣo-
ṣṇabhūyiṣṭhaṃ | sannipātike vimiṣraṃ cikitsitaṃ | § 16595

4.16.37 Aṣṭāṅgahr̥dayasaṃhitā

mṛdaṃ niryāpayetkāyāttīkṣṇaiḥ saṃśodhanaiḥ
puraḥ | | 35 | |
balādhānāni sarpīm̄ṣi śuddhe koṣṭhe tu
yojayet | | 35 | | § 16597

4.16.38 Sarvāṅgasundarā

kāyāt-śarīrāt, mṛdaṃ-śalyabhūtaṣṭhitāṃ, tīkṣṇaiḥ saṃśodhanaiḥ-
snuhīkṣīrādibhiḥ, nirharet puraḥ-pūrvam | śuddhe tu ko-
ṣṭhe balādhānāni ghṛtāni yojayet | tānyevāha- § 16598

4.16.39 Aṣṭāṅgahṛdayasaṃhitā

vyoṣabilvadvirajanītriphalādvipunarnavam | | 36 | |
mustānyayorajaḥ pāṭhā viḍaṅgam devadāru
ca | | 36 | |
vṛścikālī ca bhārgī ca sakṣīrestaiḥ śṛtaṃ
ghṛtam | | 37 | |
sarvān praśamayatyāśu vikārān
mṛttikākṛtān | | 37 | | § 16602

4.16.40 Sarvāṅgasundarā

vyoṣādibhirghṛtāccaturthāṃśaiḥ śṛtāni samena kṣīreṇa ta-
ccaturguṇajalena ghṛtaṃ sarvān vikārān mṛttikākṛtān śa-
mayati | § 16603

4.16.41 Aṣṭāṅgahṛdayasaṃhitā

tadvatkesarayastyāhvapippalikṣīraśāḍvalaiḥ | | 38 | | § 16604

4.16.42 Sarvāṅgasundarā

kesarādibhiḥ pakvaṃ sarpistadvat-pūrvaguṇam | § 16605

4.16.43 Aṣṭāṅgahṛdayasaṃhitā

mṛddveṣaṇāya tallolye vitaredbhāvitāṃ mṛdam | | 38 | |
vellāgninimbaprasavaiḥ pāṭhayā
mūrvayā+athavā | | 39 | | § 16607

4.16.44 Sarvāṅgasundarā

mṛddveṣaṇārthe tasyāṃ mṛdi laulye-lolupatve sati, vellā-
dibhirbhāvitāṃ mṛdam dadyāt | § 16608

4.16.45 Aṣṭāṅgahr̥dayasaṃhitā

mṛdbhedabhinnadoṣānugamādyojyaṃ ca
bheṣajam | | 39 | | § 16609

4.16.46 Sarvāṅgasundarā

mṛdo bhedo-viṣeṣaḥ kṛṣṇapāṇḍurādīḥ, tena bhinno-viṣeṣito,
yo doṣastasya vātāderjñānāt | "mṛtkaṣāyā+anilaṃ pitta-
mūṣarā madhurā kapham | dūṣayitvā" (hr̥. ni. a. 13 | 13)
evaṃ lakṣaṇāddoṣānugamadbheṣajam yojyam | naivam-
5 eva mṛdbhakṣaṇamātravijñānena mṛnnirharaṇauṣadham
caitaddhetuviparītamevetyavehi | yato mṛdā hetubhūtayā
yaḥ pāṇḍuroga udabhūta tasya mṛnnirharaṇam viparīta-
meva | § 16610

4.16.47 Aṣṭāṅgahr̥dayasaṃhitā

kāmalāyāṃ tu pittaghnam pāṇḍurogāvirodhi
yat | | 40 | | § 16611

4.16.48 Sarvāṅgasundarā

kāmalāyāṃ pittaharamauṣadham yat pāṇḍurogāvirodhi
taddeyam | § 16612

4.16.49 Aṣṭāṅgahr̥dayasaṃhitā

pathyāśatarase pathyāvṛntārdhaśatakalkitaḥ | | 40 | |
prasthaḥ siddho ghṛtādguḥmakāmalāpāṇḍurog-
anut | | 41 | | § 16614

4.16.50 Sarvāṅgasundarā

pathyāśatakvāthe pathyāvṛntaṅcāśatkalkikṛto ghṛtapra-
sthaḥ pakvaḥ kāmalādighnaḥ | § 16615

4.16.51 Aṣṭāṅgahr̥dayasaṃhitā

āragvadhaṃ rasenekṣorvidāryāmalakasya vā | | 41 | |
satryūṣaṇaṃ bilvamātraṃ
pāyayekāmalāpaham | | 42 | | § 16617

4.16.52 Sarvāṅgasundarā

ikṣo rasena vidāryā rasenāmalakarasena vā sahatrikaṭu-
kaṃ palapramāṇamāragvadhaṃ kāmālāpaham pāyayet |
§ 16618

4.16.53 Aṣṭāṅgahr̥dayasaṃhitā

pibennikumbhakalkaṃ vā dviguḍaṃ ṣītavāriṇā | | 42 | |
kumbhasya cūrṇaṃ sakṣaudraṃ traiphalena
rasena vā | | 43 | | § 16620

4.16.54 Sarvāṅgasundarā

nikumbhakalkaṃ vā paladvayapramāṇaṃ ṣīśirajalena pi-
bet | kumbhacūrṇaṃ kṣaudrasahitaṃ vā traiphalena kvā-
thana pibet | § 16621

4.16.55 Aṣṭāṅgahr̥dayasaṃhitā

triphalāyā guḍūcyā vā dārvyā nimbasya vā rasam | | 43 | |
prātaḥ prātarmadhuyutaṃ kāmālārtāya
yojayet | | 44 | | § 16623

4.16.56 Sarvāṅgasundarā

triphalādyanyatamarasaṃ madhuyutaṃ prātaḥ kāmāline
yojayet | § 16624

4.16.57 Aṣṭāṅgahr̥dayasaṃhitā

niṣāgairikadhātrībhiḥ kāmālāpahamañjanam | | 44 | | § 16625

4.16.58 Sarvāṅgasundarā

niṣādibhirañjanam kāmālāhṛt | § 16626

4.16.59 Aṣṭāṅgahr̥dayasaṃhitā

tilapiṣṭanibhaṃ yastu kāmālāvān sṛjenmalam | | 45 | |
kapharuddhapaṭham tasya pittaṃ
kaphaharairjayet | | 45 | | § 16628

4.16.60 Sarvāṅgasundarā

yaḥ punaḥ kāmālāvān malam tilapiṣṭasadṛśam muñcet ta-
sya kapharuddhamārgam tasyāturasya kaphaghnaindra-
vyaiḥ pittaṃ jayet | § 16629

4.16.61 Aṣṭāṅgahr̥dayasaṃhitā

rūkṣaṣītagurusvāduvyāyāmabalanigrahaiḥ | | 46 | |
kaphasammūrcsīto vāyuryadā pittaṃ bahiḥ
kṣipet | | 46 | |
hāridranetramūtratvak+a+aṣvetavarcastadā
naraḥ | | 47 | |
bhavetsātopaviṣṭambho guruṇā hr̥dayena
ca | | 47 | |
5 daurbalyālpāgnipārṣvārtihidhmāṣvāsārucijvaraiḥ | | 48 | |
krameṇālpe+anuṣajyeta pitte
śākhāsamāṣrite | | 48 | |
rasaistam rūkṣakaṭvamaliḥ
śikhitittiridakṣajaiḥ | | 49 | |
suṣkamūlakajairyūṣaiḥ kulatthotthaiṣca
bhojayet | | 49 | |

bhr̥ṣāmlatikṣṇakaṭukalavaṇoṣṇaṃ ca
ṣasyate | | 50 | |
sabījapūrakarasam lihyādvyoṣam
tathā+a+aṣayam | | 50 | |
svam pittameti tenāsya
ṣakṛdapyanurajyate | | 51 | |
vāyuṣca yāti praśamaṃ
sahāṭopādyupadravaiḥ | | 51 | |
nivṛttopadravasyāsyā kāryaḥ kāmāliko
vidhiḥ | | 52 | | § 16642

5

4.16.62 Sarvāṅgasundarā

rūkṣādibhiḥ pavanaḥ kupitaḥ kaphena miṣṛito yadā pi-
ttaṃ bahiḥ kṣipet tadā hāridranetrādiḥ puruṣo bha-
vet āṭopādīmāṃṣca | hṛdayena ca guruṇā yuktaḥ | da-
urbalyādibhiḥ krameṇa kupito vāyuralpe pitte ṣākhā-
samāṣrite+anuṣajyeta | anuṣajyeteṭi karmakartari | taṃ 5
tādṛṣam naram, rasai rūkṣakaṭvamlairmayūrādimāṃsajai-
stathā ṣuṣkamūlakodbhavairyūṣaistathā kulatthotthairbh-
ojayet | bhr̥ṣāmlādikaṃ ca bhojanaṃ ṣasyate | tathā bīj-
apūrakarasasahitaṃ vyoṣam lihyāt | evaṃ kṛte satyasya 10
pittaṃ svamāṣayameti, ṣakṛccānurajyate, vāyuṣca praśa-
maṃ yātyāṭopāntrakūjanādibhirupadravaiḥ saha | asya-
āturasya, apagatopadravasya sataḥ kāmālāvihito vidhiḥ
kāryaḥ | § 16643

4.16.63 Aṣṭāṅghṛdayasamhitā

gomūtreṇa pibetkumbhakāmalāyāṃ ṣilājatu | | 52 | |
māsam māṅṣikadhātuṃ vā kiṭṭam vā+atha
hiraṇyajaṃ | | 53 | | § 16645

4.16.64 Sarvāṅgasundarā

kumbhakāmalāyāṃ gomūtreṇāloḍitaṃ ṣilājatu pibet | dh-
ātumāṅṣikaṃ vā gomūtreṇa āsam yāvat pibet | hiraṇyajaṃ
[kiṭṭam]-rūpyottham malam vā, gomūtreṇa pibet | § 16646

4.16.65 Aṣṭāṅgahr̥dayasaṃhitā

guḍūcīsvarasakṣīrasādhitena halīmakī | | 53 | |
mahīṣīhaviṣā snigdhaḥ pibeddhātrīrasena
tu | | 54 | |
trivṛtām tadvirikto+adyātsvādu
pittānilāpahaṃ | | 54 | |
drākṣālehaṃ ca pūrvoktaṃ sarpīṃṣi madhurāṇi
ca | | 55 | |
5 yāpanān kṣīrabastīṃṣca
śīlayetsānuvāsanān | | 55 | |
mārdvīkāriṣṭayogāṃṣca
pibedyuktyā+agnivṛddhaye | | 56 | |
kāśikaṃ cābhayālehaṃ pippalīm madhukaṃ
balām | | 56 | |
payasā ca prayuñjīta yathā doṣaṃ yathā
balam | | 57 | | § 16654

4.16.66 Sarvāṅgasundarā

halīmakavān guḍūcīsvarasakṣīrapakvena mahīṣīghṛtena
snigdhaḥ san trivṛtām dhātrīrasena pibet | guḍūcīsvar-
aso+atra ghṛtāccaturguṇaḥ kṣīraṃ ghṛtasamamiti pāka-
kramaḥ | tayā-trivṛtayā, virikte sati madhuraṃ vātapitta-
5 ghmaṃ cādyāt | prāguktaṃ ca drākṣālehaṃ (ślo. 29) bhakṣ-
ayet | madhuradravyasādhitāni ghṛtāni cādyāt | yāpanān-
prāṇakāriṇaḥ (hr̥. ka. a. 4 | 37) , kṣīrabastīṃṣca śīlayeda-
nuvāsanasaḥitān | mārdvīkāriṣṭayogāṃṣca yuktyā vahn-
ivṛddhaye pibet | abhayālehaṃ ca-āgastyam kāśacikitsit-
10 oktaṃ "prasthonmite yavakvāthe viṃśatirvijayāḥ" ityādi,
śīlayet | kṣīreṇa ca pippalīm madhuyasṭikāṃ balām ca pr-
ayuñjīta yathādoṣādbalācca | § 16655

4.16.67 Aṣṭāṅgahr̥dayasaṃhitā

pāṇḍurogeṣu kuṣalaḥ ṣophoktaṃ ca kriyākramam | | 57 | |

iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahrdayasaṃhitāyāṃ
caturthe cikitsitasthāne pāṇḍurogacikitsitaṃ
nāma ṣoḍaṣo+adhyāyaḥ | | 16 | | § 16657

4.16.68 Sarvāṅgasundarā

pāṇḍurogeṣu ṣophacikitsitaṃ(toktaṃ) ca kriyākramaṃ
sudhīḥ prayuñjīta | iti śrīmr̥gāṅkadattaputraśrīmadaru-
ṇadattaviracitāyāmaṣṭāṅgahrdayaṭīkāyāṃ sarvāṅgasund-
arākhyāyāṃ caturthe cikitsitasthāne pāṇḍurogacikitsitaṃ
nāma ṣoḍaṣo+adhyāyaḥ samāptaḥ | | 16 | | § 16658

5

4.17 śvayathucikitsitādhyāyaḥ : 17

4.17.1 Aṣṭāṅgahrdayasaṃhitā

athātaḥ śvayathucikitsitaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) sarvatra sarvāṅgasare doṣaje śvayathau
purā | | 1 | |
sāme viśoṣito bhuktvā laghu koṣṇāmbhasā
pibet | | 1 | |
nāgarātiviṣādāruviḍaṅgendrayavoṣaṇam | | 2 | | 5
athavā vijayāśuṅṭhīdevadārupunarnavam | | 2 | |
navāyasaṃ vā doṣādhyāḥ śuddhyai
mūtraharītakīḥ | | 3 | |
varākvāthena kaṭukākumbhāstryūṣaṇāni
vā | | 3 | |
athavā gugguḷuṃ tadvajjatu vā
śailasambhavam | | 4 | | § 16667

4.17.2 Sarvāṅgasundarā

sarvatra doṣaje śvayathau sarvāṅgaje tathā sāme viśoṣitaḥ
san laghu bhuktvā koṣṇena jalena nāgarādi pibet | viśoṣ-
aṇamatropavāsaḥ | athavā, vijayādīn koṣṇāmbhasā pibet |

doṣabahulo navāyasaṃ-pāṇḍurogoktaṃ (hr. ci. 16 | 14) , pi-
bet | śudhyartham gomūtreṇa harītakīḥ śīlayet | triphalā-
kvāthena saha kaṭukātrivṛtālohacūrṇatrikaṭukāṇi śīlayet |
guggulum vā śīlājatu vā triphalākvāthenaiva śīlayet | § 16668

4.17.3 Aṣṭāṅgahr̥dayasaṃhitā

mandāgniḥ śīlayedāmagurubhinnavibaddhaviḥ | | 4 | |
takraṃ sauvarcalavyośakṣaudrayuktaṃ
guḍābhayāṃ | | 5 | |
takrānupānamathavā tadvadvā
guḍanāgaram | | 5 | | § 16671

4.17.4 Sarvāṅgasundarā

mandāgnirāmagurubhinnavibaddhaviḥ san takraṃ sauva-
rcalādiyutaṃ śīlayet | guḍayutāmbhayāṃ takrānupānaṃ
vā | tathaiva guḍanāgaram takrānupānaṃ śīlayet | § 16672

4.17.5 Aṣṭāṅgahr̥dayasaṃhitā

ārdrakaṃ vā samaguḍaṃ
prakuñcārdhavivardhitam | | 6 | |
paraṃ pañcapalaṃ māsam
yūśakṣīrarasāśanaḥ | | 6 | |
gulmodarārśaḥṣvayathupramehān
śvāsapraṭiṣyālasakāvīpākān | | 7 | |
sakāmalāśośamanovikārān kāsam kapham caiva
jayetprayogaḥ | | 7 | | § 16676

4.17.6 Sarvāṅgasundarā

ārdrakaṃ vā tulyaguḍaṃ palārdhena pratidinaṃ vardhi-
taṃ paraṃ pañcapalaṃ yāvat | ekasminneva dine palapa-
ñcakapramāṇam syāt, punarapi hrāsayedardhapalaṃ yā-
vat | evaṃ māsam yāvadeṣa prayogaḥ | yathocitaṃ kaph-

apittavātādhiko yūṣādibhojī syāt | eṣa ca prayogo gulmā-
dīmṣcaturdaṣa kaphāntān jayet | § 16677

4.17.7 Aṣṭāṅgahr̥dayasaṃhitā

svarasābhyāṃ payasā ca sādhayitvā | | 8 | |
rabhibhūto+api piban
bhavatyarogaḥ | | 8 | | § 16679

4.17.8 Sarvāṅgasundarā

ghṛtamārdrakanāgarasya kalkasvarasābhyāṃ payasā ca
sādhayitvā-paktvā, piban śophādibhirabhibhūto+api nirā-
mayāḥ syāt | ārdraṅgaramārdrakamucyate | upajātya-
upacchandāsike vṛtte | § 16680

4.17.9 Aṣṭāṅgahr̥dayasaṃhitā

nirāmo baddhaṣamalāḥ pibecśvayathupīḍitaḥ | | 9 | |
trikaṭutrivṛtādantīcitrakaiḥ sādhitam
payāḥ | | 9 | |
mūtram goraṃ mahiṣyā vā sakṣīram
kṣīrabhojanaḥ | | 10 | |
saptāham māsamathavā
syāduṣṭrakṣīravartanaḥ | | 10 | | § 16684

4.17.10 Sarvāṅgasundarā

nirāmo baddhapurīṣaḥ śophārtaḥ san trivṛtā (trikaṭvā)-
dibhiḥ sādhitam payāḥ pibet | gormahiṣyā vā sambandhi
mūtram sa[kṣīram] kṣīrabhojanaḥ san pibet | tathā, uṣṭra-
kṣīrabhojanaḥ pānāhārābhyāṃ vinā saptāhamathavā mā-
saṃ syāt | uṣṭrakṣīravartana ityatra "kukkuṭyādīnāmaṇḍ- 5
ādiṣu" puṃvadbhāvo vaktavya ityuṣṭriṣabdasya puṃva-
dbhāvaḥ | keciduṣṭrīkṣīreti jaguḥ | § 16685

4.17.11 Aṣṭāṅgahr̥dayasaṃhitā

yavānakam̐ yavakṣāram̐ yavānīm̐ pañcakolakam̐ | | 11 | |
maricam̐ dāḍimam̐ pāṭhām̐
dhānyakāmamlavetasam̐ | | 11 | |
bālabilvam̐ ca karṣāṃśam̐
sādhayetsalilāḍhake | | 12 | |
tena pakvo ghṛtaprasthaḥ
śophārśogulmamehahā | | 12 | | § 16689

4.17.12 Sarvāṅgasundarā

yavānakādi karṣāṃśam̐ jalāḍhake pacet | tena-kvāthena,
ghṛtaprasthaḥ pakvaḥ śophādihā syāt | brahmādiśabdasya
prāyikatvācchophādīśabdottarādapi hanteḥ kvip | § 16690

4.17.13 Aṣṭāṅgahr̥dayasaṃhitā

dadhnaścitrakagarbhādvā ghṛtam̐
tattakrasaṃyutam̐ | | 13 | |
pakvam̐ sacitrakam̐
tadvadguṇaiḥ----- | | 13 | | § 16692
citrakagarbhāddadhnaḥ-citrakacūrṇamiśritātkṣīrādyajjātam̐
dadhi tasmānmathyamānāt, tattakreṇa-citrakatakreṇa, sa-
ṃyuktam̐ pakvam̐ tadvat-yavānakādighṛtasadr̥śam̐, guṇ-
aiḥ | § 16693

4.17.14 Aṣṭāṅgahr̥dayasaṃhitā

-----yuñjyācca kālavit | | 13 | |
dhānvantaram̐ mahātiktam̐
kalyāṇamabhayāghṛtam̐ | | 14 | | § 16695

4.17.15 Sarvāṅgasundarā

kālavit-avasthādoṣādivit, dhānvantaram (hr̥. ci. a. 12 | 19) ,
mahātiktaṃ (hr̥. ci. a.19/8) kalyāṅakaṃ (hr̥. u. a.6/27) abh-
ayāghṛtaṃ (hr̥. ci. a. 15 | 28) yuñjyāt | § 16696

4.17.16 Aṣṭāṅgahr̥dayasamhitā

daṣamūlakaṣāyasya kaṃse pathyāṣataṃ pacet | | 14 | |
dattvā guḍatulāṃ tasmin lehe
dadyādvicūrṇitaṃ | | 15 | |
trijātakam̐ trikaṭukam̐ kiñcicca
yavaṣūkajam̐ | | 15 | |
kārsyā mavātāmlakaraktapittam̐ | | 16 | |
ṣvāsāruci plīhagarodaram̐ ca | | 16 | | § 16701

5

4.17.17 Sarvāṅgasundarā

daṣamūlakaṣāyasyādhake pathyāṣataṃ pacet | atra ca sāmānyaparibhāṣayā kvāthyadravyasya ca daṣamūlasya dv-
ātriṃṣat palāni bhavanti | evaṃ ca tantrāntare virodhaḥ |
tathā ca tatraivaṃ kathyate, (ca. ci. a. 12 | 50)- "dvipañcam-
ūlasya tulākaṣāye kaṃse+abhayānām̐ ca ṣataṃ guḍacca | " 5
iti | tadevaṃ virodham̐ paśyanto vyākhyāmevaṃvidhām̐
vidvāṃso vidadhati,-daṣamūlasya tulā, tasyāḥ kaṣāyo da-
ṣamūlakaṣāya iti | mayūravyaṃsakāditvāduttarapadalopi
samāsaḥ | evaṃ daṣamūlasya palaṣataṃ tatkvāthasyādh- 10
ake pathyāṣataṃ pacet | guḍatulāṃ dattvā tasmin lehe vi-
cūrṇitaṃ trijātakādi dadyāt | eteṣām̐ ca pramāṇam̐ vāsiṣṭh-
alehavet (hr̥. ci. a. 3 | 133) kalpyam̐ | yavaḥṣārasya karṣa-
mātram̐ deyam̐ | tantrāntare hyuktam̐-"vyoṣāccatuṣpalam̐
dadyātripalam̐ trisugandhataḥ | karṣamātram̐ yavaḥṣā-
rāt" iti | ṣīte ca sati māḥṣikāt prasthārdham̐ deyam̐ | tat- 15
etat, upayojitaṃ pravṛddhaṣophādīn hanti | kharanāda-
stu jagāda-"daṣamūlādhakam̐abhayāṣatasahitaṃ pācayed-
apām̐ droṇe | avaṣeṣitacaturam̐ṣe tasmin punaḥ prakṣipet
pathyāḥ | | " iti | upajātivr̥ttam̐ | § 16702

4.17.18 Aṣṭāṅgahr̥dayasaṃhitā

purāṇayavaṣālyannaṃ daṣamūlāmbusādhitam | | 17 | |
alpamalapaṭusnehaṃ bhojanaṃ
ṣvayathorhitam | | 18 | |
kṣāravyoṣānvitairmaudgaiḥ kaulatthaiḥ sakaṇai
rasaiḥ | | 18 | |
tathā jāṅgalajaiḥ
kūrmagodhāṣalyakajairapi | | 19 | |
5 anamlaṃ mathitaṃ pāne madyānyausadhavanti
ca | | 19 | | § 16707

4.17.19 Sarvāṅgasundarā

ṣvayathoḥ purāṇayavādi daṣamūlākvāthasādhitamalpaṃ
tathā+alpalavaṇasnehaṃ bhojanaṃ hitam | kaiḥ saha ?
maudgai rasaiḥ | kimbhūtaiḥ ? kṣāratryūṣaṇayuktaiḥ | ta-
thā kaulatthai rasaiḥ | kimbhūtaiḥ ? sapippalīkaiḥ | tathā
5 ca muniḥ (ca. ci. a. 12 | 62)- "kulatthayūṣastu sapippalīko
maudgastu satryūṣaṇayāvaṣūkaḥ | rasastathā jāṅgalaviṣk-
irāṇāṃ sakūrmagodhāṣikhiṣallakānām | |" iti | atra ca ṣi-
khino jāṅgalaviṣkiratvena gr̥hītā api pathyataratvapratip-
ādanārtham punarupāttāḥ | tathā+ayameva tantrakṛdaṣṭ-
10 āṅgāvatāre+adhyagīṣṭa (?)-"daṣamūlāmbhasā siddhairvy-
oṣakṣārarajonvitaiḥ | rasairjāṅgalajairmaudnaiḥ kaulatth-
airmaulakairapi | |" iti | tathetyādi | tathā jāṅgalamāṃsaj-
aistathā kacāpādijaiṣca | pāne mathitamanamlaṃ mady-
āni ca sauṣadhāni hitāni | § 16708

4.17.20 Aṣṭāṅgahr̥dayasaṃhitā

ajājīṣaṭhījīvantīkāravīpauṣkarāgnikaiḥ | | 20 | |
bilvamadhyayavakṣāravṛkṣāmlairbadaronmitaiḥ | | 20 | |
kṛtā peyā+a+ajyatailābhyāṃ yuktibhr̥ṣṭā paraṃ
hitā | | 21 | |
ṣophātisārahr̥drogagulmārṣolpāgnimehinām | | 21 | | § 16712

4.17.21 Sarvāṅgasundarā

ajājīprabhṛtibhiḥ peyā ghr̥tatailābhyāṃ yuktyā bhr̥ṣṭā+atīśayena
śophādimatāṃ hitā | § 16713

4.17.22 Aṣṭāṅgahr̥dayasam̐hitā

guṇaistadvacca pāṭhāyāḥ pañcakolena
sādhitā | | 22 | | § 16714

4.17.23 Sarvāṅgasundarā

pañcakolena sādhitā peyā guṇaistadvacca-pūrvoktaguṇā |
tathaiva pāṭhāyāḥ sādhitā peyā syāt | § 16715

4.17.24 Aṣṭāṅgahr̥dayasam̐hitā

ṣaileyakuṣṭhasthaṇeyareṇukāgurupadmakaiḥ | | 22 | |
ṣrīveṣṭakanakhaspr̥kkādevadārurpriyaṅgubhiḥ | | 23 | |
māṃsīmāgādhikāvanyadhānyadyāmakavālakaiḥ | | 23 | |
caturjātakatālīsamustāgandhapalāṣakaiḥ | | 24 | |
kuryādabhyañjanam̐ tailam̐ leparam̐ snānāya 5
tūdakam | | 24 | | § 16720

4.17.25 Sarvāṅgasundarā

tathā ṣaileyādibhirabhyañjanam̐ tailam̐ leparam̐ snānārtha-
mudakam̐ ca kuryāt | § 16721

4.17.26 Aṣṭāṅgahr̥dayasam̐hitā

snānam̐ vā nimbavarṣābhūnaktamālār̥kavār-
iṇā | | 25 | | § 16722

4.17.27 Sarvāṅgasundarā

nimbādivāriṇā ca (vā) snānam̐ kuryāt | § 16723

4.17.28 Aṣṭāṅgahr̥dayasaṃhitā

ekāṅgaṣophe varṣābhūkaravīrakakimṣukaiḥ | | 25 | |
viśālātriphalārodhranalikādevadārubhiḥ | | 26 | |
hiṃsrākoṣātakīmādrītālaparṇījayantibhiḥ | | 26 | |
sthūlakākādaniśālanākulīvr̥ṣaparṇibhiḥ | | 27 | |
5 vṛdhdyārdhastikarṇaiṣca
sukhoṣṇairlepanaṃ hitam | | 27 | | § 16728

4.17.29 Sarvāṅgasundarā

ekāṅgaje ṣophe punarnavādibhirjalapiṣṭaiḥ sukhoṣṇairle-
epo hitaḥ | iti sāmānyena ṣvayathorupakramaḥ | § 16729

4.17.30 Aṣṭāṅgahr̥dayasaṃhitā

athānilothe ṣvayathau māsārdham trivṛtaṃ pibet | | 28 | |
tailamerāṇḍajaṃ vātaviḍvibandhe tadeva
tu | | 28 | |
prāgbhaktam payasā yuktaṃ rasairvā
kārayettathā | | 29 | |
svedābhyaṅgān samīraghnān lepamekāṅgagē
punaḥ | | 29 | |
5 mātuluṅgāgnimanthena
ṣuṅṭhīhiṃsrāmarāhvayaiḥ | | 30 | | § 16734

4.17.31 Sarvāṅgasundarā

anilaje ṣophe pakṣam yāvattrivṛtaṃ tathairāṇḍatailaṃ pi-
bet | vātaviḍvibandhe sati tadeva-pūrvoktamauṣadham,
prāgbhaktam kṣīreṇa māṃsarasena vā [yuktaṃ] pibet | ta-
thā, svēdābhyaṅgān vātāgnān kārayet, 'vaidyaḥ' iti ṣe-
5 ṣaḥ | tathā, anilottha ekāṅgagē ṣophe mātuluṅgādibhirle-
paṃ kārayet | hiṃsrā-simhī | § 16735

4.17.32 Aṣṭāṅgahr̥dayasaṃhitā

paitte tiktam̐ pibetsarpirnyagrodhādyena vā
śṛtam̐ | | 30 | |
kṣīram̐ tṛḍdāhamoheṣu lepābhyaṅgāṣca
śītalāḥ | | 31 | | § 16737

4.17.33 Sarvāṅgasundarā

pittaśvayathau tiktakākhyam̐ ghṛtam̐ pibet | nyagrodhād-
igaṇena (hr̥. sū. a. 15 | 41) vā śṛtam̐ pibet | tathā, tṛḍḍādiṣu
kṣīram̐ pibet | tathā, lepābhyaṅgāḥ śītā hitāḥ | § 16738

4.17.34 Aṣṭāṅgahr̥dayasaṃhitā

paṭolamūlatrāyantīyaṣṭyāhvakaṭukābhayāḥ | | 31 | |
dāru dārvī himam̐ dantī viśālā niculam̐
kaṇā | | 32 | |
taiḥ kvāthaḥ saghṛtaḥ pīto
hantyantastāpatṛḍbhramān | | 32 | |
sasannipātavīsarpaśophadāhaviṣajvarān | | 33 | | § 16742

4.17.35 Sarvāṅgasundarā

paṭolādīnām̐ kvātho ghṛtasahitaḥ pīto+antastāpatṛṣṇādīn
hanti | § 16743

4.17.36 Aṣṭāṅgahr̥dayasaṃhitā

āragvadhādinā siddham̐ tailam̐ ṣeṣmodbhave
pibet | | 33 | | § 16744

4.17.37 Sarvāṅgasundarā

kaphodbhave ṣophe āragvadhādinā siddham̐ tailam̐ pi-
bet | § 16745

4.17.38 Aṣṭāṅgahr̥dayasaṃhitā

srotovibandhe mande+agnāvarucau stimitāṣayaḥ | | 34 | |
kṣāracūrṇāsavāriṣṭamūtratakrāṇi
ṣīlayet | | 34 | | § 16747

4.17.39 Sarvāṅgasundarā

srotovibandhe sati vahnau ca mande+arocake ca sati stim-
itāṣayaḥ san kṣārādīn ṣīlayet | § 16748

4.17.40 Aṣṭāṅgahr̥dayasaṃhitā

kṛṣṇāpurāṇapīnyākaṣigrutvak+a+asikatātasīḥ | | 35 | |
praleponmardane yuñjyātsukhoṣṇā
mūtrakalkitāḥ | | 35 | | § 16750

4.17.41 Sarvāṅgasundarā

kṛṣṇādīn koṣṇān pralepa unmardane ca mūtrakalkitān yu-
ñjīta | § 16751

4.17.42 Aṣṭāṅgahr̥dayasaṃhitā

snānaṃ mūtrāmbhasī siddhe
kuṣṭhatarkāricitrakaiḥ | | 36 | |
kulatthanāgarābhyāṃ vā caṇḍā+aguru
vilepane | | 36 | | § 16753

4.17.43 Sarvāṅgasundarā

mūtrajale kuṣṭhādibhiḥ siddhe snānāya hite | kulatthaṣu-
ñṭhībhyāṃ vā kvathite gomūtrajale hite | vilepane caṇḍā-
guruṇī hite | § 16754

4.17.44 Aṣṭāṅgahr̥dayasam̐hitā

kālājaṣṛṅgīsaralabastagandhāhayāhvayāḥ | |37| |
ekaiṣikā ca lepaḥ
syācśvayathāvekaḡātrage | |37| | § 16756

4.17.45 Sarvāṅgasundarā

kālājaṣṛṅgyādaya ekāṅgage ṣophe lepaḥ syāt | kālā-nīlinī |
bastagandhā-kāravī | ekaiṣikā-trivṛtā | § 16757

4.17.46 Aṣṭāṅgahr̥dayasam̐hitā

yathādoṣaṃ yathāsannaṃ ṣuddhiṃ
raktāvasecanam | |38| |
kurvīta, miṣradoṣe tu
doṣodrekabalātkriyām | |38| | § 16759

4.17.47 Sarvāṅgasundarā

yathādoṣaṃ-doṣānusāreṇa, ṣuddhiṃ tathā raktāvaseca-
naṃ yathāsannaṃ kurvīta | saṃsargaje tu yathābhyadhi-
kadoṣānusāreṇa kriyām kuryāt | § 16760

4.17.48 Aṣṭāṅgahr̥dayasam̐hitā

vyāghrārajanyaḥ sukhatoyapītāḥ | |39| |
śophaṃ tridoṣaṃ cirajaṃ pravṛddham
nighnanti bhūnimbamahauṣadhe
ca | |39| | § 16762

4.17.49 Sarvāṅgasundarā

ajājyādayaḥ koṣṇajalapītāḥ śophaṃ tridoṣoṭtham cirakā-
lotpannaṃ vṛddhiṃ gataṃ nighnanti | bhūnimbanāgare
ca 'hataḥ' iti vacanavipariṇāmena sambandhaḥ | upajātiv-
ṛttam | § 16763

4.17.50 Aṣṭāṅgahr̥dayasaṃhitā

amṛtādvitayaṃ sivāṭikā surakāṣṭhaṃ sapuraṃ
sagojalam | | 40 | |
kṛmimehordhvakaphānilāpaham | | 40 | | § 16765

4.17.51 Sarvāṅgasundarā

amṛtāyugalādikaṃ guggulusahitaṃ gomūtreṇa pītaṃ ṣo-
phādīn hanti | vaitālīyam | "ṣaḍviṣame+aṣṭau same kalāst-
āṣca same syurno nirantarāḥ | na samā+atra parāṣritā kalā
vaitālīye+ante ralau guruḥ | " (vr̥. ra. a. 2 | 12) | § 16766

4.17.52 Aṣṭāṅgahr̥dayasaṃhitā

iti nijamadhikṛtya pathyamuktaṃ kṣatajanite kṣatajam
viśodhanīyam | | 41 | |
rviṣajanite viṣajicca śopha iṣtam | | 41 | | § 16768

4.17.53 Sarvāṅgasundarā

iti-pūrvoktena prakāreṇa, nijam ṣophaṃ-doṣajamadhikṛtya,
[pathyam-] cikitsitamuktaṃ | kṣatathe ṣophe kṣatajam-
asṛk, viśodhyam | kaiḥ ? raktasrāvādibhiḥ | viṣajanite ṣo-
phe viṣaharamiṣtam | puṣpitāgrā | § 16769

4.17.54 Aṣṭāṅgahr̥dayasaṃhitā

grāmyābjānūpaṃ piṣitamabalaṃ ṣuṣkaṣākaṃ tilānnaṃ
gauḍaṃ piṣṭānnaṃ dadhi salavaṇaṃ vijjalaṃ
madyamamlam | | 42 | |
dhānā vallūraṃ samaṣanamatho gurvasātmyaṃ
vidāhi svapnaṃ cārātrau ṣvayathugadavān
varjayenmaithunaṃ ca | | 42 | |

iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahrdayasaṃhitāyāṃ
caturthe cikitsitasthāne śvayathucikitsitaṃ
nāma saptadaṣo+adhyāyaḥ | |17| | § 16772

4.17.55 Sarvāṅgasundarā

grāmyādimaṃsādi ṣophī varjayet | "mtau nyau yau jñeyā
kusumitalatāvellitā+akṣartulokaiḥ |" iti śrīmr̥gāṅkadatta-
putraśrīmadaruṇadattaviracitāyāmaṣṭāṅgahrdayaṭīkāyāṃ
sarvāṅgasundarākhyāyāṃ caturthe cikitsitasthāne śvay-
athucikitsitaṃ nāma saptadaṣo+adhyāyaḥ samāptaḥ | | 5
17 | | § 16773

4.18 visarpacikitsitādhyāyaḥ : 18

4.18.1 Aṣṭāṅgahrdayasaṃhitā

athāto visarpacikitsitaṃ vyākhyāsyāmaḥ | |2| |
iti ha smāhurātreyādayo maharṣayaḥ | |2| |
) ādāveva visarpeṣu hitaṃ
laṅghanarūkṣaṇam | |1| |
raktāvaseko vamaṇam virekaḥ, snehanaṃ na
tu | |1| | § 16777

4.18.2 Sarvāṅgasundarā

visarpeṣu pūrvameva laṅghanādi hitam | snehanaṃ tu na
hitam | § 16778

4.18.3 Aṣṭāṅgahrdayasaṃhitā

pracśardanaṃ visarpagnaṃ sayasṭīndrayavaṃ
phalam | |2| |
paṭolapippalīnimbapallavairvā
samanvitaṃ | |2| | § 16780

4.18.4 Sarvāṅgasundarā

vamaṇaṃ visarpaghaṇaṃ madanaphalaṃ madhuyaṣṭike-
ndrayavānviṭaṃ hitaṃ | paṭolādibhiryutaṃ vā madana-
phalaṃ hitaṃ | § 16781

4.18.5 Aṣṭāṅgahr̥dayasaṃhitā

rasena yuktaṃ trāyantyā drākṣāyāstraiphalena vā | | 3 | |
virecanaṃ trivṛccūrṇaṃ payasā
sarpiṣā+athavā | | 3 | |
yojyaṃ, koṣṭhagate doṣe viṣeṣeṇa
viṣodhanaṃ | | 4 | | § 16784

4.18.6 Sarvāṅgasundarā

trivṛccūrṇaṃ trāyantyā rasena yuktaṃ drākṣārasena vā tr-
iphalārasena vā virecanaṃ yojyaṃ, kṣīreṇa ghr̥tena vā tr-
ivṛccūrṇaṃ yuktaṃ | koṣṭhagate doṣe viṣeṣeṇa śodhanaṃ
yojyaṃ | § 16785

4.18.7 Aṣṭāṅgahr̥dayasaṃhitā

aviṣodhasya doṣe+alpe śamaṇaṃ candanotpalam | | 4 | |
mustanimbapaṭolaṃ vā paṭolādikameva
vā | | 5 | |
sārivāmalakoṣīramustaṃ vā kvathitaṃ
jale | | 5 | | § 16788

4.18.8 Sarvāṅgasundarā

aṣodhanārhasya puṃso+alpe doṣe śamaṇaṃ candanotpa-
laṃ yojyaṃ | mustanimbapaṭolaṃ vā yojyaṃ | 'paṭolakaṭ-
urohiṇī' (hr̥. sū. a. 15 | 15) ityādikaṃ vā yojyaṃ | sārivādi-
kaṃ vā jale kvathitaṃ | § 16789

4.18.9 Aṣṭāṅgahr̥dayasaṃhitā

durālabhāṃ parpaṭakaṃ guḍūcīṃ viśvabheṣajam | | 6 | |
pākyam śītakaṣāyam vā tr̥ṣṇāvīsarpavān
pibet | | 6 | |
dārvīpaṭolakaṭukāmasūratriphalāstathā | | 7 | |
sanimbayaṣṭitrāyantīḥ kvathitā
ghṛtamūrccitāḥ | | 7 | | § 16793

4.18.10 Sarvāṅgasundarā

durālabhādikaṃ kvathitam śītakaṣāya vā tr̥ṣṇādimān pi-
bet | tathā dārvyādīn nimbādibhiḥ saha kvathitān sarpirv-
imiṣritān pibet | § 16794

4.18.11 Aṣṭāṅgahr̥dayasaṃhitā

śākhāduṣṭe tu rudhire raktamevādito haret | | 8 | |
tvañmāṃsasnāyusaṃkledo raktakledādhi
jāyate | | 8 | | § 16796

4.18.12 Sarvāṅgasundarā

rakte ca śākhāduṣṭe sati prathamam rudhirameva haret |
kutaḥ ? ityāha-tvañmāṃsetyādi | yasmāt tvagādikledo ra-
ktakledāj jāyate, [tasmādraktaṃ nirharet |] § 16797

4.18.13 Aṣṭāṅgahr̥dayasaṃhitā

nirāme śleṣmaṇi kṣīṇe vātapittottare hitam | | 9 | |
ghṛtam tiktam mahātiktam śṛtam vā
trāyamāṇayā | | 9 | | § 16799

4.18.14 Sarvāṅgasundarā

nirāme puṃsi tathā vātapittādhike kaphe ca kṣīṇe ghr̥taṃ
tikṭakādikaṃ hitaṃ | pūrvam̐ sāmānyena visarpaṇaḥ sn-
ehanaṃ niṣiddham, avasthāviśeṣeṇa ca snehanamidamu-
kṭam, iti pūrvāparavyāhatatvamatra nāśaṅkanīyam | § 16800

4.18.15 Aṣṭāṅgahr̥dayasaṃhitā

nirhr̥te+asre viṣuddhe+antardoṣe
tvaṅmāṃsasandhige | | 10 | |
bahih̥kriyāḥ pradehādyāḥ sadyo
vīsarpaṣāntaye | | 10 | | § 16802

4.18.16 Sarvāṅgasundarā

rakte nirhr̥te+antarviṣuddhe doṣe tvaṅmāṃsāṣrite sati pr-
alepasekādyā bahih̥kriyāḥ-parimārjane vidheyāḥ, śīghra-
meva visarpaṣāntaye syuh | § 16803

4.18.17 Aṣṭāṅgahr̥dayasaṃhitā

ṣatāhvamustavārāhīvaṃṣārtagaladhānyakam | | 11 | |
surāhvā kṛṣṇagandhā ca kuṣṭhaṃ cālepanaṃ
cale | | 11 | | § 16805

4.18.18 Sarvāṅgasundarā

ṣatapuṣpādikaṃ cale-vātavisarpe, pralepanaṃ hitaṃ | ārtagalo-
nīlaḥ saharāḥ | § 16806

4.18.19 Aṣṭāṅgahr̥dayasaṃhitā

nyagrodhādigaṇaḥ pitte tathā
padmotpalādikaṃ | | 12 | | § 16807

4.18.20 Sarvāṅgasundarā

nyagrodhādigaṇaḥ (hr. sū. a. 15 | 49) pittavisarpe pralepo
hitaḥ | tathā pittavisarpe padmotpalādikaṃ-daṣagranthyākhyam
(saṅgrahākhyā) tantradavadhāryam | yathā,- śaddharanā-
khyo yogaḥ (sam. ci. a. 21) | saṅgrahe caivam paṭhyate (ci.
a. 20)- "padmotpalaśaivālapaṅkadūrvāmṛṇāṣṛṅgāṭaka- 5
kaserukaśarkarāhṛiberacandanamuktāmaṅgairikapayasyā-
prapauṇḍarīkamadhukapadmakaṅṛtakṣīrāṇi | " iti | § 16808

4.18.21 Aṣṭāṅgahrdayasaṃhitā

nyagrodhapādāstaruṇāḥ kadalīgarbhasaṃyutāḥ | | 12 | |
bisagranthiśca lepaḥ
syācchatadhautaghṛtāplutaḥ | | 13 | |
padminīkardamaḥ śītaḥ piṣṭam mauktikameva
vā | | 13 | |
śaṅkhaḥ pravālam śuktirvā gairikaṃ vā
ghṛtānvitam | | 14 | | § 16812

4.18.22 Sarvāṅgasundarā

nyagrodhasya pādāstaruṇāḥ-abhinavāḥ, kadalīgarbhānv-
itā bisagranthiśca lepo+ayam śatadhautaghṛtāloḍitaḥ | ta-
thā, padminīpaṅkaḥ śīśiraḥ, mauktikaṃ vā jalapiṣṭam, śa-
ṅkho vā piṣṭo vidrumo vā śuktirvā, athavā gairikaṃ ghṛt-
ayuktaṃ, lepo hitaḥ | § 16813 5

4.18.23 Aṣṭāṅgahrdayasaṃhitā

triphalāpadmakoṣīrasamaṅgākaravīrakam | | 14 | |
nalāmūlānyanantā ca lepaḥ
śleṣmavisarpahā | | 15 | | § 16815

4.18.24 Sarvāṅgasundarā

triphalādibhirlepaḥ śleṣmavisarpahr̥t | § 16816

4.18.25 Aṣṭāṅgahr̥dayasaṃhitā

dhavasaptāhvakhadiradevadārūkuraṅṭakam | | 15 | |
samustāragvadhaṃ lepo vargo vā
varuṇādikaḥ | | 16 | |
āragvadhasya patrāṇi tvacaḥ
śleṣmātakodbhavāḥ | | 16 | |
indrāṇiṣākam kākāhvā ṣirīṣakusumāni
ca | | 17 | | § 16820

4.18.26 Sarvāṅgasundarā

dhavādikaṃ "varuṇasairyaka" (hr̥. sū. a. 15 | 21) ityādirvā
karṇikārasya vā patrāṇi ṣleṣmātakatvacō vā indrāṇyādayo
vā lepaḥ | § 16821

4.18.27 Aṣṭāṅgahr̥dayasaṃhitā

sekavraṇābhyaṅgahavirlepacūrṇān yathāyatham | | 17 | |
etairevauşadhaiḥ kuryādvāyau lepā
ghṛtādhikāḥ | | 18 | | § 16823

4.18.28 Sarvāṅgasundarā

ebhireva śleṣmavisarpalepauşadhaiḥ sekādīn kuryāt | vr-
aṅābhyaṅgāya haviriti 'aśvaghāsavat' samāsaḥ | vāyau ye
lepā uktāste ghṛtādhikāḥ kāryāḥ | adhikaśabdanirdeśācc-
edaṃ gamayati,-anyatrāpi pittavisarpe kaphavisarpe ca ye
5 lepā uktāste+api sa ghṛtāḥ kāryāḥ, na tvaghṛtā ityarthāḥ |
§ 16824

4.18.29 Aṣṭāṅgahr̥dayasaṃhitā

kaphasthānagate sāme pittasthānagate+athavā | | 18 | |
aśītoṣṇā hitā rūkṣā raktapitte
ghṛtānvitāḥ | | 19 | |

atyarthaśītāstanavastanuvastrāntarāsthitaḥ | | 19 | |
yojyāḥ kṣaṇe kṣaṇe+anye mandavīryāsta eva
ca | | 20 | | § 16828

4.18.30 Sarvāṅgasundarā

kaphasthānagate sāme vāyau kiñcicchītoṣṇarūksāśca pral-
epā hitāḥ, pittasthānagate ca | raktapitte tu ghr̥tānvitā ga-
tyantaśītāstanavastathā tanuvastrāntarāsthitaḥ kṣaṇe kṣ-
aṇe+apare+apare yojyāḥ | ca-śabdo yasmādarthe | yasm-
ātta eva punaḥ punaḥ prayujyamānā mandavīryāḥ syuḥ | 5
§ 16829

4.18.31 Aṣṭāṅgahr̥dayasaṃhitā

saṃsr̥ṣṭadoṣe saṃsr̥ṣṭametatkarma
praśasyate | | 20 | | § 16830

4.18.32 Sarvāṅgasundarā

saṃsr̥ṣṭadoṣe visarpe-ubhayarūpe ca saṃsargākhye sa-
nnipātākhye ca, etatkarma-idam cikitsitam, yatpratido-
ṣamuktaṃ tadeva yathāyatham saṃsr̥ṣṭam kṛtvā tatra
praśasyate | iti sāmānyena saṃsr̥ṣṭadoṣacikitsitamuktivā
vātapittajādiṣvagnivisarpādiṣūpakramamāha- § 16831 5

4.18.33 Aṣṭāṅgahr̥dayasaṃhitā

śatadhautaghr̥tenāgniṃ pradihyātkevalena vā | | 21 | |
secayeddhṛtamaṇḍena śītena
madhukāmbunā | | 21 | |
sitāmbhasā+ambhodajalaiḥ kṣīreṇekṣurasena
vā | | 22 | |
pānalepanasekeṣu mahātiktaṃ paraṃ
hitam | | 22 | | § 16835

4.18.34 Sarvāṅgasundarā

agniśabdenāgnivisarpa upalakṣyate | tasya ca lakṣaṇam
(hr̥. ni. a. 13 | 50)- "vātapittājjvara" ityādi yāvāt "duṣprabo-
dho+aśrute nidrāṃ so+agnivīsarpa ucyate |" iti | tamagn-
ivisarpaṃ śatadhautaghr̥tena pralepayet | secayedityādi |
5 athavā kevalena ghr̥tamaṇḍena secayet | śīśireṇa madhuy-
aṣṭījalena vā secayet | evaṃ śarkarājalena mustajalena kṣī-
reṇekṣurasena veti yojyam | pānādiṣu mahātiktam̐ (hr̥. ci.
a. 19 | 8) suṣṭhu hitam | § 16836

4.18.35 Aṣṭāṅgahr̥dayasaṃhitā

granthyākhye raktapittaghaṇam̐ kṛtvā
samyagyathoditam | | 23 | |
kaphānilaghaṇam̐ karmeṣṭam̐
piṇḍasvedopanāhanam̐ | | 23 | | § 16838

4.18.36 Sarvāṅgasundarā

granthavisarpe raktapittaghaṇam̐ karma kṛtvā tataḥ kaphā-
nilaghaṇam̐ karma piṇḍasvedādikamiṣṭam̐ | § 16839

4.18.37 Aṣṭāṅgahr̥dayasaṃhitā

granthivīsarpaṣūle tu tailenoṣṇena secayet | | 24 | |
daṣamūlavipakvena tadvanmūtrairjalena
vā | | 24 | | § 16841

4.18.38 Sarvāṅgasundarā

granthivīsarpaṣūle sati daṣamūlavipakvenoṣṇena tailena
secayet | tathaiva mūtrairdaṣamūlavipakvairiti vacanavi-
pariṇāmena sambandhaḥ | jalena vā daṣamūlakvathitena
secayet | § 16842

4.18.39 Aṣṭāṅgahr̥dayasaṃhitā

sukhoṣṇayā pradihyādvā piṣṭayā kṛṣṇagandhayā | |25| |
naktamālatvacā ṣuṣkamūlakaiḥ
kalinā+athavā | |25| | § 16844

4.18.40 Sarvāṅgasundarā

athavā, kṛṣṇagandhayā piṣṭayā sukhoṣṇayā pradihyāt |
athavā, naktamālatvacā piṣṭayā sukhoṣṇayā pradihyāt | ṣu-
ṣkamūlakaiḥ piṣṭaiḥ sukhoṣṇairathavā kalinā-bibhītakena,
sukhoṣṇena lepayet | § 16845

4.18.41 Aṣṭāṅgahr̥dayasaṃhitā

dantī citrakamūlatvak saudhārkapayasī guḍaḥ | |26| |
bhallātakāsthi kāsīsaṃ lepo
bhindyācchilāmapī | |26| |
bahirmārgāśritaṃ granthiṃ kiṃ punaḥ
kaphasambhavam | |27| |
dīrghakālasthitaṃ granthimebhirbhindyācca
bheṣajaiḥ | |27| | § 16849

4.18.42 Sarvāṅgasundarā

dantīdibhirdravyairlepaḥ ṣilāmapī bhindyāt | kimuta ka-
phajaṃ bāhyamārgāśritaṃ granthiṃ lepo na bhindyāt | ci-
rakālāvasthitaṃ granthimebhireva-pūrvoktairauśadhaiḥ,
bhindyāt | § 16850

4.18.43 Aṣṭāṅgahr̥dayasaṃhitā

mūlakānāṃ kulatthānāṃ yūṣaiḥ sakṣāradāḍimaiḥ | |28| |
godhūmānnairyavānnairvā
sasīdhumadhuṣārkaraiḥ | |28| |
sakṣaudrairvāruṇīmaṇḍairmātuluṅgarasānvitaiḥ | |29| |

triphalāyāḥ prayogaīṣca pippalyāḥ
kṣaudrasaṃyutaiḥ | | 29 | |
devadāruguḍūcyoṣca prayogairgiriḥjasya
ca | | 30 | |
mastabhallātasaktūnāṃ prayogairmākṣikasya
ca | | 30 | |
dhūmairvirekaiḥ śirasah
pūrvoktairgulmabhedanaiḥ | | 31 | |
5 taptāyohemalavaṇapāṣāṇādiprapīḍanaiḥ | | 31 | | § 16858

4.18.44 Sarvāṅgasundarā

mūlakādiyūṣādibhiḥ sakṣāradāḍimairgodhūmādibhojan-
aistathā pānaiḥ sasīdhumadhuśa(śā)rkarāistathā sakṣau-
drairvāruṇīmaṇḍairmātuluṅgarasānvitaistathā "triphalā-
yāḥ prayogaīḥ" ityārabhya yāvat "taptāyohemalavaṇap-
5 āṣāṇādiprapīḍanaiḥ | " "dīrghakālasthitam granthim bhi-
ndyāt" ityanuvartya yojyam | § 16859

4.18.45 Aṣṭāṅgahr̥dayasaṃhitā

ābhiḥ kriyābhiḥ siddhābhirvividhābhirbale
sthitaḥ | | 32 | |
granthiḥ pāṣāṇakaṭhino yadi
naivopaśāmyati | | 32 | |
athāsyā dāhaḥ kṣāreṇa śarairhemnā+api vā
hitaḥ | | 33 | |
pākibhiḥ pācayitvā vā pāṭayitvā
tamuddharet | | 33 | | § 16863

4.18.46 Sarvāṅgasundarā

ābhiḥ-pūrvoktābhiḥ, kriyābhiḥ siddhābhiḥ-siddharṣipraṇītatvādasamvādinībhiḥ
tathā vividhābhiḥ-anekaprakārābhiḥ prayuktābhiḥ, bale
sthito granthirdīrghakālānubandhatvādatiprabṛddhaḥ ata
eva pāṣāṇakaṭhino yadi naivopaśāmyati | atha-anantaram,
5 asya dāhaḥ kṣāreṇa hitaḥ, agninā śarairhemnā+api vā hi-

taḥ | athavā, pākibhirauṣadhaiḥ-bāhyāntaḥ śodhanaiḥ, pā-
cayitvā pāṭayitvā taṃ-granthiṃ, udvaret | § 16864

4.18.47 Aṣṭāṅgahr̥dayasaṃhitā

mokṣayedbahuṣaṣcāsyā raktamutkleṣamāgatam | | 34 | |
punaṣcāpahṛte rakte
vātaṣleṣmajidauṣadham | | 34 | | § 16866

4.18.48 Sarvāṅgasundarā

asya-granthergnanthivisarparavato, raktamutkleṣamāgatam-
vikārakāraṇaṃ pratyunmukhatāṃ prāptaṃ, bahuṣo mo-
kṣayet | punaṣca rakte+apahṛte vātaṣleṣmajidauṣadham
tatra hitam | § 16867

4.18.49 Aṣṭāṅgahr̥dayasaṃhitā

praklinne dāhapākābhyāṃ
bāhyāntarvraṇavatkriyā | | 35 | |
dārvīdaṅgakampillaiḥ siddham tailaṃ vraṇe
hitam | | 35 | |
dūrvāsvarasasiddham tu kaphapittottare
ghṛtam | | 36 | | § 16870

4.18.50 Sarvāṅgasundarā

praklinne sarvasmin visarpe dāhapākābhyāṃ copalakṣ-
ite bāhyāntarvraṇavatkriyā syāt | tathā, dārvyādibhiḥ si-
ddham tailaṃ vraṇe hitam | vātapradhāne visarpa itya-
rthādgamyate | tathā, kaphapittottare visarpe dūrvāsvar-
asena pakvaṃ ghṛtaṃ hitam | § 16871

5

4.18.51 Aṣṭāṅgahr̥dayasaṃhitā

ekataḥ sarvakarmāṇi raktamokṣaṇamekataḥ | |36| |
visarpo na hyasaṃsr̥ṣṭaḥ so+asrapittena
jāyate | |37| |
raktamevāṣrayaṣcāsyā bahuṣo+asraṃ
haredataḥ | |37| | § 16874

4.18.52 Sarvāṅgasundarā

ekataḥ-ekasmiṃṣcikitsāpakṣe, sarvakarmāṇi-yathānirdiṣṭāni,
raktamokṣaṇamekataḥ-ekasmin pakṣe | evaṃ visarpo-
ddiṣṭayā sarvacikitsayā raktamokṣaṇasya ca visarpaṣa-
mane tulyatvāt | nanu, kathametatsyāt ? ityāha- sa0-
5 yasmādvisarpaḥ sarvo raktapittenāsasr̥ṣṭaḥ-asambaddho,
na jāyate, na kadācidraktapittābhyāmantareṇotpadyata
ityarthaḥ | asya ca-visarpasya, raktamevāṣrayo nānyaḥ |
ataḥ-asmāt, bahuṣo-bahūn, raktameva haret | § 16875

4.18.53 Aṣṭāṅgahr̥dayasaṃhitā

na ghr̥taṃ bahudoṣāya deyaṃ yanna virecanam | |38| |
tena doṣo hyupastabdastvagraktapiṣitaṃ
pacet | |38| | § 16877
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira-
citāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ caturthe cikitsitasth-
5 āne visarpacikitsitaṃ nāmāṣṭādaśo+adhyāyaḥ | |18| | § 16878

4.18.54 Sarvāṅgasundarā

bahudoṣāya visarpiṇe taddhr̥taṃ na deyaṃ yadvireca-
naṃ na bhavati | pittaṃ hi visarpe prādhānyena cik-
itsyam | pittasya ca virecanamupakramapradhānamiti |
tena-ghr̥tena avirecanena, yasmādupastabdhaḥ-stambhito
5 doṣaḥ, tvagraktamāṃsāni pacet | tasmādvirecanakaram-
eva ghr̥taṃ yojoyamiti | iti śrīmr̥gāṅkadattaputraśrīmada-
ruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarvāṅgasu-

ndarākhyāyāṃ caturthe cikitsitasthāne visarpacikitsitaṃ
nāmāṣṭādaśo+adhyāyaḥ samāptaḥ | | 18 | | § 16879

4.19 kuṣṭhacikitsitādhyāyaḥ : 19

4.19.1 Aṣṭāṅgahrdayasaṃhitā

athātaḥ kuṣṭhacikitsitaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 16881

4.19.2 Aṣṭāṅgahrdayasaṃhitā

tvagraktamāṃsādidūṣaṇāttatsravaṇādāmayasvabhāvācca
kāyakārṣyaṃ kuṣṭhinaḥ prāyeṇāvaṣyaṃ
bhāvi | anenaivānusāreṇa vakṣyati (ṣlo. 16)-
"snehairāpyāyayeccainaṃ
kuṣṭhaghñairantarā+antarā | " ityāha-§ 16882

4.19.3 Aṣṭāṅgahrdayasaṃhitā

kuṣṭhinaṃ snehapānena pūrvam
sarvamupācaret | | 1 | | § 16883

4.19.4 Sarvāṅgasundarā

kuṣṭhavantaṃ naraṃ sarvameva snehapānairupakramet-
sarīrāpyāyanārthaṃ pūrvamasya snehopayogo yukta ity-
arthaḥ | § 16884

4.19.5 Aṣṭāṅgahrdayasaṃhitā

tatra vātottare tailaṃ ghr̥taṃ vā sādhitam hitam | | 1 | |
daśamūlāmṛtairanḍaśārṅgeṣṭāmeṣārṅgibhiḥ | | 2 | | § 16886

4.19.6 Sarvāṅgasundarā

tasmin vātottare kuṣṭhe daśamūlādibhiḥ pakvaṃ tailaṃ
ghṛtaṃ vā hitam | § 16887

4.19.7 Aṣṭāṅgahr̥dayasaṃhitā

paṭolanimbakaṭukādārvīpāṭhādurālabhāḥ | | 2 | |
parpaṭaṃ trāyamāṇāṃ ca palāṃṣaṃ
pācayedapāṃ | | 3 | |
dvyāḍhake+aṣṭāṃṣaṣeṣeṇa tena
karṣonmitaistathā | | 3 | |
trāyantīmustabhūnimbakaliṅgakaṇacandanaiḥ | | 4 | |
5 sarpiṣo dvādaśapalaṃ pacettattiktakaṃ
jayet | | 4 | |
pittakuṣṭhaparīsarparpitikādāhatṛḍbhramān | | 5 | |
kaṇḍupāṇḍvāmayān gaṇḍān
duṣṭanāḍīvraṇāpacīḥ | | 5 | |
visphoṭavidradhīgulmaṣophonmādamadānapi | | 6 | |
hṛdrogatimiravyaṅgrahaṇīṣvitrakāmalāḥ | | 6 | |
10 bhagandaramapasmāramudaraṃ pradaraṃ
garam | | 7 | |
arṣo+asrapittamanyāṃṣca sukṛcśrān pittajān
gadān | | 7 | | § 16898

4.19.8 Sarvāṅgasundarā

paṭolādi palāṃṣaṃ dvyāḍhake pācayet | tenāṣṭabhāgaṣe-
ṣeṇa kvāthena tathā karṣamātraistrāyantyādibhirghṛtasya
palāni dvādaśa pacet | tadevaṃ tiktakākhyam sarpiḥ pi-
ttakuṣṭhādīn jayet | aparānapi pittajānāmāyān hanti | eta-
5 iśca dvādaśapalamātraṃ pakvaṃ prakṛṣṭagaṇam syāditi
dṛṣṭam tattvadarśibhirmaharṣibhiḥ | § 16899

4.19.9 Aṣṭāṅgahr̥dayasaṃhitā

saptacśadaḥ parpaṭakaḥ śamyākaḥ kaṭukā vacā | | 8 | |

triphalā padmakam pāṭhā rajanyau sārive
kaṇe | | 8 | |
nimbacandanayaṣṭyāhvaviṣālendrayavāmṛtāḥ | | 9 | |
kirātatiktakam sevyam vṛṣo mūrvā
ṣatāvarī | | 9 | |
paṭolātiviṣāmustātrāyantīdhanvayāsakam | | 10 | |
tairjale+aṣṭaguṇe 5
sarpirdviguṇāmālakīrase | | 10 | |
siddham tiktānmahātikṭam guṇairabhyadhikam
matam | | 11 | | § 16906

4.19.10 Sarvāṅgasundarā

saptacchadādibhiḥ kalkairghṛtādaṣṭaguṇe jale dviguṇām-
alakarase sarpiḥ pakvam mahātikṭasamjñam guṇaiścābhy-
adhikam tiktānmatam, munīnāmiti śeṣaḥ | § 16907

4.19.11 Aṣṭāṅgahr̥dayasamhitā

kaphottare ghṛtam siddham
nimbasaptāhracitrakaiḥ | | 11 | |
kuṣṭhoṣaṇavacāsālapriyālacaturaṅgulaiḥ | | 12 | | § 16909

4.19.12 Sarvāṅgasundarā

kaphottare nimbādibhiḥ kalkīkṛtaiḥ pakvamghṛtam pi-
bet | § 16910

4.19.13 Aṣṭāṅgahr̥dayasamhitā

sarveṣu cāruṣkarajaṃ tauvaram sārṣapam pibet | | 12 | |
sneham ghṛtam vā krmijitpathyābhallātakaiḥ
śṛtam | | 13 | | § 16912

4.19.14 Sarvāṅgasundarā

sarveṣu ca kuṣṭheṣu bhallātakottham tuvarajam sarṣapa-
jam vā snehamathavā ghṛtam kṛmijidādibhiḥ sādhitam pi-
bet | § 16913

4.19.15 Aṣṭāṅgahr̥dayasaṃhitā

āragvadhasya mūlena śatakṛtvaḥ śṛtam ghṛtam | | 13 | |
piben kuṣṭham jayatyāśu bhajan sakhadiram
jalam | | 14 | | § 16915

4.19.16 Sarvāṅgasundarā

karnikārasya mūlena śatavārān ghṛtam pakvam piban ku-
ṣṭham jayati khadirayutam pānīyam sevamānaḥ | § 16916

4.19.17 Aṣṭāṅgahr̥dayasaṃhitā

ebhireva yathāsvaṃ ca snehairabhyañjanam
hitam | | 14 | | § 16917

4.19.18 Sarvāṅgasundarā

ebhireva pūrvoktaiḥ snehairyathāyogamabhyañjanam hi-
tam | § 16918

4.19.19 Aṣṭāṅgahr̥dayasaṃhitā

snigdhasya ṣodhanam yojyam visarpe
yadudāhṛtam | | 15 | | § 16919

4.19.20 Sarvāṅgasundarā

snigdhasya kuṣṭhinaḥ ṣodhanam yojyam yadvisarpe kath-
itam | tatra cuktam (hṛ. ci. a. 18 | 3)- "rasena yuktaṃ trāya-
ntyā drākṣāyāḥ" ityādi | § 16920

4.19.21 Aṣṭāṅgahr̥dayasaṃhitā

lalāṭahastapādeṣu ṣirāṣcāsyā vimokṣayet | | 15 | |
pracśānamalpake kuṣṭhe ṣṛṅgādyāṣca
yathāyatham | | 16 | | § 16922

4.19.22 Sarvāṅgasundarā

lalāṭādiṣu cāsyāturasya balāpeksī vaidyo ṣirāṃ vimo-
kṣayet | atyalpe kuṣṭhe pracśānaṃ syāt | yathāyatham-
yathāsvaṃ, ṣṛṅgādyāṣca syuḥ | § 16923

4.19.23 Aṣṭāṅgahr̥dayasaṃhitā

snehairāpyāyayeccainam
kuṣṭhaghnaīrantarā+antarā | | 16 | |
muktaraktaviriktasya riktakoṣṭhasya
kuṣṭhinaḥ | | 17 | |
prabhañjanastathā hyasya na
syāddehaprabhañjanaḥ | | 17 | | § 16926

4.19.24 Sarvāṅgasundarā

antarā+antarā srutaraktaṃ kṛtavirekaṃ ca kuṣṭhaghnaīḥ
snehairenaṃ-kuṣṭhinaṃ, āpyāyayet | evaṃ kṛte satyasya-
kuṣṭhino, muktaraktasya tathā viriktasyāta eva riktako-
ṣṭhasya prabhañjano dehasya prabhañjano-vighātaḥ, na
syāt | § 16927

5

4.19.25 Aṣṭāṅgahr̥dayasaṃhitā

vyāghrīkarañjodakakalkapakvam | | 18 | |
kuṣṭhāpahaṃ vajrakamāmananti | | 18 | | § 16929

4.19.26 Sarvāṅgasundarā

vāsādibhiḥ siddham sarpirvisarpādighnam | etacca vajra-
kasamjñam ghr̥tam vadanti | indravajrāvṛttam | § 16930

4.19.27 Aṣṭāṅgahr̥dayasaṃhitā

kaṭukākumbhanikumbharājavr̥kṣaiḥ | | 19 | |
savacātiviṣāgnikaiḥ sapāṭhaiḥ
picubhāgairnavavajradugdhamuṣṭyā | | 19 | |
piṣṭaiḥ siddham sarpiṣaḥ prasthamebhiḥ krūre
koṣṭhe snehanam recanam ca | | 20 | |
kuṣṭhaṣvitraplīhavardhmāṣmagulmān hantiyātk-
r̥cśrāmstanmahāvajrakākhyam | | 20 | | § 16934

4.19.28 Sarvāṅgasundarā

triphalādibhiḥ kārṣikaiḥ pratyagrasruhīkṣīrapalena saha
piṣṭairebhirausaḍhairghṛtaprastham caturguṇajalasiddham
krūrakoṣṭhe snehanam syāt recanam ca | tathā, kuṣṭhādīn
dāruṇān hanyāt | tacca mahāvajrakam nāma | aupaccha-
5 ndasikaśālinyau vṛtte | § 16935

4.19.29 Aṣṭāṅgahr̥dayasaṃhitā

dantyaḍhakamapām droṇe paktvā tena ghr̥tam
pacet | | 21 | |
dhāmārgavapale pītam tadūrdhvādho
viśuddhikṛt | | 21 | | § 16937

4.19.30 Sarvāṅgasundarā

dantyaścatuḥṣaṣṭipalāni jaladroṇe pacet | tena kvāthena
rājakośātakīpale ghr̥tam pacet | tatpītamūrdhvādho viśu-
ddhikaram | § 16938

4.19.31 Aṣṭāṅgahr̥dayasaṃhitā

āvartakītulām drone pcedaṣṭāṃśaśeṣitam | | 22 | |
tanmūlaistatra niryūhe ghr̥taprastham
vipācayet | | 22 | |
pītvā tadekadivasāntaritam sujīrṇe bhuñjīta
kodravamasamskṛtakāñjīkena | | 23 | |
kuṣṭham kilāsamapacīm ca vijetumicchān
icchān prajāṃ ca vipulām grahaṇam smṛtiṃ
ca | | 23 | | § 16942

4.19.32 Sarvāṅgasundarā

āvartakyāḥ śataṃ drone+apāmaṣṭāṃśaśeṣitam pacet | ttra-
kvāthe, tasyā mūlaiḥ kalkīkṛtairghṛtaprastham vipācayet |
taddhṛtamekadivasāntaritam pītvā suṣṭhu jīrṇe ca ghr̥te
kodravamasamskṛtena kāñjīkena saha bhuñjīta | kuṣṭhā-
dīn vijigīṣuḥ, prajāṃ ca vistīrṇāmicchān, grahaṇam smṛ- 5
tiṃ cābhilaṣan | vasantatilakāvṛttam | § 16943

4.19.33 Aṣṭāṅgahr̥dayasaṃhitā

yaterlelītakavasā kṣaudrajātīrasānvitā | | 24 | |
kuṣṭhaghnī samasarpīrvā
sagāyartryasanodakā | | 24 | | § 16945

4.19.34 Sarvāṅgasundarā

yateḥ-brahmacaryāsthitasya, lelītakavasā māḥṣīkajātīrasa-
yutā kuṣṭhaghnī syāt | lelītakavasā-sauvarcalalavaṇatailam,
gandhakameke | jātīraso-bolaḥ | athavā, samaghṛtā khadi-
rāsanodakasahitā kuṣṭhaghnī syāt | § 16946

4.19.35 Aṣṭāṅgahr̥dayasaṃhitā

śālayo yavagodhūmah koradūṣāḥ priyaṅgavaḥ | | 25 | |

mudgā masūrāstuvarī tiktaṣākāni
jāṅgalam | | 25 | |
varāpaṭolakhadiranimbāruṣkarayojitam | | 26 | |
madyānyauśadhagarbhāṇi mathitam
cendurājimat | | 26 | |
annapānaṃ hitaṃ kuṣṭhe, na
tvamlalavaṇoṣaṇam | | 27 | |
5 dadhidugdhaḡuḡānūpatilamaṣāṃstyajetarām | | 27 | | § 16952

4.19.36 Sarvāṅgasundarā

ṣālyādikamannapānaṃ ca varādibhiryojitaṃ kuṣṭhe hi-
tam | indurājih-bākucī | amlādikamannapānaṃ na hitaṃ
kuṣṭhe syāt | tathā dadhyādīnatiṣayena varjayet | pratir-
ogam ca yannidānavarjanaṃ taccikitsitamevetyavaganta-
5 vyam | § 16953

4.19.37 Aṣṭāṅgahr̥dayasaṃhitā

paṭolamūlatriphalāviṣālāḥ
pṛthaktribhāḡāpacitatriṣāṇāḥ | | 28 | |
syustrāyamāṇā kaṭurohiṇī ca | | 28 | |
bhāḡārdhike nāgarapādayukte | | 28 | |
etatpalaṃ jarjaritaṃ vipakvaṃ jale
pibeddoṣaviṣodhanāya | | 29 | |
5 maṣāṃsi kṛcśrāṇi halīmakam ca | | 30 | |
ṣadrātrayogena nihanti caitad hr̥dvastiṣūlaṃ
viṣamajvaraṃ ca | | 30 | | § 16959

4.19.38 Sarvāṅgasundarā

pṛthak-pratyekaṃ, tribhāḡenāpacito-nyūnaḥ, ṛtīyaḥ ṣāṇo
yeṣāṃ te paṭolādayaḥ pañca pṛthaktribhāḡāpacitatriṣā-
ṇāḥ | loke+api caivaṃ prayuktā eva | yathā,-tribhāḡonāstrayo
drammā deyā iti | atra hi dvau drammau ṛtīyaṣca dra-
5 mmastribhāḡena hīna iti gamyate | tadevaṃ paṭolasya ṣā-
ṇau dvau dhānakāṣca catasro bhavanti | ṣaddhānako hi

śāṇaḥ | evaṃ paṭolamūlādidravyāṇāṃ pañcānāṃ praty-
 ekaṃ ṣoḍaśadhānakāḥ syuḥ | syātrāyamāṇā kaṭurohiṇī
 ca bhāgārdhike | kimbhūte ? nāgarapādayukte satyau, na
 tu kevale | tadayamarthaḥ, -trāyantyā dhānakāḥ ṣaṭ, kaṭ- 5
 ukāyā dhānakāḥ ṣaṭ, nāgarasya dhānakāṣcatasraḥ | ṣoḍ-
 aśadhānakā hyatra mūladravyabhāgaḥ | tadevaṃ paṭol-
 ādīnāṃ pañcānāmaṣītirdhānakāḥ, trāyantīkaṭukayoḥ ṣu-
 ṇṭhīpādayutayoḥ ṣoḍaśadhānakāḥ, iti ṣaṇṇavatidhānak-
 ābhiḥ palam bhavati | tadidaṃ palam jarjaritaṃ kiñci- 10
 ccūrṇitaṃ jale vipakvaṃ doṣaviśuddhyarthaṃ pibet | jī-
 rṇe satyauśadhe jāṅgalaṃṛgapakṣiṇāṃ māṃsarasaīḥ saha
 purāṇaśālyodanamaśrṇīyāt | upajātī vṛtte | etacca pītaṃ
 ṣaḍrātrayogena-ṣaḍdinānyupayuktaṃ, kuṣṭhādīn hanti |
 indravajrāvṛttam | § 16960

4.19.39 Aṣṭāṅgahr̥dayasamhitā

viḍaṅgasārāmalakābhayānāṃ palatrayaṃ, trīṇi palāni
 kumbhāt | | 31 | |
 mehaplīhagranthirugjantugulmān | | 32 | |
 rbhikṣoḥ prāṇān māṇibhadraḥ
 kilemam | | 32 | | § 16963

4.19.40 Sarvāṅgasundarā

viḍaṅgasārādīnāṃ samuditānāṃ palatrayaṃ, trīṇi pal-
 āni kumbhāt-trivṛtāyāstrīṇi palāni, guḍasya ca dvāda-
 ṣapalāni | eṣa prayogo jitendriyāṇāṃ māsamupayujya-
 māno vakṣyamāṇān gadān hanti | "upendravajrā tu ja-
 tau jagau gaḥ | " māsaṣabdopādānācca pratyahamasmādy- 5
 ogādardhapalaṃ dhānakānavaraktikātrayasahitamabhya-
 vaharaṇīyatvenātrāvatiṣṭhate | anyatrāpi pradeṣe ya eva-
 ṃvidho nirdeṣastatra parimāṇakalpanāyāmayameva ny-
 āyo+anumantavyaḥ | maṇibhadrākhyo yakṣo bhikṣoḥ prā-
 ṇān mumukṣoḥ-jīvitaṃ jihāsoḥ, imaṃ siddhaṃ yogaṃ pr- 10
 āṇakaraṃ prāha, -jagādetyarthaḥ | atra bhūte kāle prāheti,
 tathā sādhu kiletyāgamikatvaṃ ca sūcayati | śālinīvṛttam |
 § 16964

4.19.41 Aṣṭāṅgahr̥dayasaṃhitā

bhūnimbanimbatriphalāpadmakātiviṣākaṇāḥ | | 33 | |
mūrvāpaṭolīdviniṣāpāṭhātiktendravarūṇīḥ | | 33 | |
sakaliṅgavacāstulyā dviguṇāṣca
yathottaram | | 34 | |
lihyāddantīrivṛdbrahmīścūrṇitā
madhusarpiṣā | | 34 | |
5 kuṣṭhamehaprasuptīnāṃ paramaṃ
syāttadauṣadham | | 35 | | § 16969

4.19.42 Sarvāṅgasundarā

bhūnimbādayastulyā dantiyādayaṣca yathottaram dvigu-
ṇāścūrṇitā madhusarpiṣā lihyāt | kuṣṭhādīnāmetat para-
maṃ bheṣajam | § 16970

4.19.43 Aṣṭāṅgahr̥dayasaṃhitā

varāvidāṅgagr̥ṣṇā vā lihyāttailājyamākṣikaiḥ | | 35 | | § 16971

4.19.44 Sarvāṅgasundarā

triphalādīn vā tailaghr̥tamākṣikairlihyāt | § 16972

4.19.45 Aṣṭāṅgahr̥dayasaṃhitā

kākodumbarikāvellanimbābdavyoṣakalkavān | | 36 | |
hanti vṛkṣakaniryūhaḥ
pānātsarvāṃstvagāmayān | | 36 | | § 16974

4.19.46 Sarvāṅgasundarā

kākodumbarikādikalkavān vṛkṣakakvāthaḥ pānātsarvān
tvagrogān hanti | kākodumbarikā-phalguḥ | vṛkṣako-vatsakaḥ |
§ 16975

4.19.47 Aṣṭāṅgahr̥dayasaṃhitā

kuṭajāgninimbanṛpatarukhadirāsanasaptaparṇaniryū-
he | | 37 | |
siddhā madhughṛtayuktāḥ
kuṣṭhagnīrbhakṣayedabhayāḥ | | 37 | | § 16977

4.19.48 Sarvāṅgasundarā

kuṭajādikvāthe siddhāḥ pakvā harītakīrmadhughṛtasam-
yuktāḥ kuṣṭhanudo bhakṣayet | āryāvṛttam | § 16978

4.19.49 Aṣṭāṅgahr̥dayasaṃhitā

dārvīkhadiranimbānām tvakkvāthaḥ
kuṣṭhasūdanaḥ | | 37 | | § 16979

4.19.50 Sarvāṅgasundarā

dārvyādīnām tvakkvāthaḥ kuṣṭhanāṣanaḥ syāt | § 16980

4.19.51 Aṣṭāṅgahr̥dayasaṃhitā

tiktāvacālohitayaṣṭikābhiḥ | | 38 | |
kṛtaḥ kaṣāyaḥ kaphapittakuṣṭham susevito
dharma ivocśinatti | | 38 | |
ebhireva ca ṣṛtaṃ nṛtamukhyaṃ bheṣjairjayati
mārutakuṣṭham | | 39 | |
devadārurajanīḥ pṛthagevam | | 39 | | § 16984

4.19.52 Sarvāṅgasundarā

niṣādibhiḥ kaṣāyaḥ kṛtaḥ kaphapittajaṃ kuṣṭhamuddalay-
ati | suṣṭhu sevito yathā dharmāḥ | ebhireva-pūrvoktairauśadhaiḥ,
pakvaṃ varam nṛtaṃ vātakuṣṭham jayati | evaṃ-anayaiva
kalpanayā, pṛthak khadirādīn kalpayet | upajātisvāgate vṛ-
tte | § 16985

4.19.53 Aṣṭāṅgahṛdayasaṃhitā

mūtram yuktaṃ śakrayavaiścoṣṇajalaṃ vā | | 40 | |
kuṣṭhī pītvā māsamaruk syādgudakīlī
mehīśophī pāṇḍurajīrṇī
kṛmīmāṃśca | | 40 | | § 16987

4.19.54 Sarvāṅgasundarā

pāṭhādibhirindrayavaiśca gomūtram yuktamathavoṣṇaja-
laṃ māsaṃ pītvā kuṣṭhī nīruk syāt | arṣasādiśca | "vedai
randhraitau yasagā mattamayūram |" (vr. ra. a. 3 | 72) |
§ 16988

4.19.55 Aṣṭāṅgahṛdayasaṃhitā

pratyak+a+apuspītrikaṭurajanīsaptaparnātarūṣam | | 41 | |
raktā nimbaṃ surataru kṛtaṃ pañcamūlyau ca
cūrṇaṃ pītvā māsaṃ jayati
hitabhuggavyamūtreṇa
kuṣṭham | | 41 | | § 16990

4.19.56 Sarvāṅgasundarā

lākṣādicūrṇaṃ gomūtreṇa māsaṃ pītvā hitabhojī san ku-
ṣṭhaṃ jayati | raktā-mañjiṣṭhā | surataruṣabdasya napu-
ṃsakatvamauśadhavācitvāllōkāṣrayatvālliṅgasyetivā | pañcamūlyau-
deṣamūlamityarthaḥ | "mandākrāntā mabhanatatagā gaḥ
5 samudrartulokaiḥ |" § 16991

4.19.57 Aṣṭāṅgahṛdayasaṃhitā

niṣākaṇānāgaravellatauvaram savahnitāpyaṃ kramaṣo
vivardhitam | | 42 | |
gavāmbupītaṃ vaṭakīkṛtaṃ tathā nihanti
kuṣṭhāni sudāruṇānyapi | | 42 | | § 16993

4.19.58 Sarvāṅgasundarā

niṣādikaṃ krameṇa vivardhitaṃ gomūtreṇa pītamathavā
vaṭakīkṛtaṃ kuṣṭhāni sukṛcśrāṇyapi nihanti | "uṣanti va-
mṣasthamidaṃ jatau jarau | " § 16994

4.19.59 Aṣṭāṅgahr̥dayasaṃhitā

ṣkarājyamākṣikasitopalāvihitā | | 43 | |
ṣṭhajicca vṛṣyā ca saptasamā | | 43 | | § 16996

4.19.60 Sarvāṅgasundarā

trikaṭukādibhirkulikā vihitā rasāyanam kuṣṭahr̥d vṛṣyā
ca syāt | evaṃ ca saptasamākhyā | trikaṭukatriphale hya-
tra samudāyarūpatvād dve eva kalpate | "āryā vipulā tu
yā+anyathā pādabhāk | " § 16997

4.19.61 Aṣṭāṅgahr̥dayasaṃhitā

viḍaṅgatuvarāsthyaaruṣkaratriphalābhiḥ | | 44 | |
vaṭakā guḍāṃṣaklṛptāḥ samastakuṣṭhāni
nāṣayantyabhyastāḥ | | 44 | | § 16999

4.19.62 Sarvāṅgasundarā

candraśakalādibhirvaṭakā guḍāṃsena klṛptāḥ-śīlitāḥ, ni-
ḥśeṣakuṣṭhāni ghnanti | candraśakalā-bākucī | āryāgītiḥ |
§ 17000

4.19.63 Aṣṭāṅgahr̥dayasaṃhitā

viḍaṅgabhallātakabākucīnām
sadvīpivārāhiharītakīnām | | 45 | |
salāṅgalīkṛṣṇatilopakulyā guḍena piṇḍī
vinihanti kuṣṭham | | 45 | | § 17002

4.19.64 Sarvāṅgasundarā

viḍaṅgādīnāṃ cūrṇena guḍena piṇḍī lāṅgalikādyanvitā
kuṣṭhaṃ vijayate | § 17003

4.19.65 Aṣṭāṅgahr̥dayasaṃhitā

ṣaṣāṅkalekhā saviḍaṅgasārā sapippalikā
sahutāṣamūlā | | 46 | |
sāyomalā sāmālakā satailā kuṣṭhāni kṛcśrāṇi
nihanti līḍhā | | 46 | | § 17005

4.19.66 Sarvāṅgasundarā

ṣaṣāṅkalekhā viḍaṅgādibhiḥ saha tailena līḍhā kṛcśrāṇi
kuṣṭhāni vināṣayati | upajātivr̥ttam(tte) | § 17006

4.19.67 Aṣṭāṅgahr̥dayasaṃhitā

pathyātilaguḍaiḥ piṇḍī kuṣṭhaṃ sāruṣkarairjayet | | 47 | |
guḍāruṣkarajantughnasomarājikṛtā+athavā | | 47 | | § 17008

4.19.68 Sarvāṅgasundarā

pathyādibhiḥ sabhallātakaiḥ piṇḍī kuṣṭhaṃ jayet | guḍād-
ibhirvā kṛtā piṇḍī kuṣṭhaṃ hanti | § 17009

4.19.69 Aṣṭāṅgahr̥dayasaṃhitā

viḍaṅgādrijatukṣaudrasarpiṣmatkhādiraṃ rajah | | 48 | |
kiṭibhaṣvitradadrughnaṃ
khādenmitahitāṣanaḥ | | 48 | | § 17011

4.19.70 Sarvāṅgasundarā

khadiracūrṇaṃ viḍaṅgādiyutaṃ mitahitabhojanaḥ kiṭibh-
ādighnaṃ khādet | § 17012

4.19.71 Aṣṭāṅgahr̥dayasam̐hitā

sitātailakṛmighnāni dhātryayomalapippalīḥ | |49| |
lihānaḥ sarvakuṣṭhāni
jayatyatigurūṇyapi | |49| | § 17014

4.19.72 Sarvāṅgasundarā

sitādīni lihāno+aṣṣakuṣṭhāni kṛcśrāṇyapi jayati | § 17015

4.19.73 Aṣṭāṅgahr̥dayasam̐hitā

mustaṃ vyoṣaṃ triphalā mañjiṣṭhā dāru pañcamūle
dve | |50| |
saptacśadanibatvak saviṣālā citrako
mūrvā | |50| |
cūrṇaṃ tarpaṇabhāgairnavabhiḥ saṃyojitaṃ
samadhvaṃsam | |51| |
nityaṃ kuṣṭhanibarhaṇametatprāyogikaṃ
khādan | |51| |
ṣvayathuṃ sapāṇḍurogaṃ ṣvitraṃ 5
grahaṇīpradoṣamarṣāṃsi | |52| |
vardhabhagandarapiḍakākāṇḍūkoṭhāpacīrhanti | |52| | § 17021

4.19.74 Sarvāṅgasundarā

mustādikaṃ samabhāgaṃ saktubhāgairnavabhiḥ saṃyoj-
itaṃ madhvaṃśena yutametaccūrṇaṃ prāyogikaṃ-prayogayogyam,
kuṣṭhaghnaṃ satataṃ khādet | āryāstisraḥ | § 17022

4.19.75 Aṣṭāṅgahr̥dayasam̐hitā

rasāyanaprayogena tuvarāsthīni ṣīlayet | |53| |
bhallātakam̐ bākucikāṃ vahnimūlam̐
ṣilāhvayam | |53| | § 17024

4.19.76 Sarvāṅgasundarā

rasāyanoktena vidhinā tuvarāsthīni (hr̥. ū. a. 39 | 84) , ṣīla-
yet | bhallātakam vā (hr̥. u. a. 39 | 75) , somarājīm vā (hr̥. u.
a. 39 | 107) , citrakamūlam vā (hr̥. u. a. 39 | 63) , ṣilājatu vā
(hr̥. u. a. 39 | 137) | § 17025

4.19.77 Aṣṭāṅgahr̥dayasaṃhitā

tvaksthe ṣamanam bahiḥ pralepādi hitam | | 54 | |
tīkṣṇālepotkliṣṭam kuṣṭham hi vivṛddhimeti
maline dehe | | 54 | | § 17027

4.19.78 Sarvāṅgasundarā

iti-evamprakāreṇa, antarvijite doṣe+ata eva tvaksthe ba-
hiḥ pralepādi hitam | ādiṣabdena snānādiparigrahaḥ |
nanu, bahirbhāgastham kuṣṭham kimiti pūrvameva pr-
alepādinā na jīyate ? ityāha-tīkṣṇetyādi | yasmāttīkṣṇ-
5 ena lepenotkliṣṭam-utkleṣam prāpitam, kuṣṭham maline-
sadoṣe, kāye vivṛddhiṃ yāti | tasmādantaḥsuddhe kāye
pralepādikam hitam | āryāgītiḥ | § 17028

4.19.79 Aṣṭāṅgahr̥dayasaṃhitā

sthirakaṭhinamaṇḍalānām kuṣṭhānām poṭalairhitam
svedam | | 55 | |
svinnotsanam kuṣṭham ṣastrairlikhitam
pralepanairlimpet | | 55 | | § 17030

4.19.80 Sarvāṅgasundarā

sthirāṇi kaṭhināni ca maṇḍalāni yeṣām kuṣṭhānām teṣām
poṭalaiḥ svedo hitam | svinnotsannam kuṣṭham ṣastrairli-
khitam pralepairlimpet | gītirāryā | § 17031

4.19.81 Aṣṭāṅgahr̥dayasam̐hitā

yeṣu na ṣastram̐ kramate sparṣendriyanāṣaneṣu
kuṣṭheṣu | | 56 | |
teṣu nipātyaḥ kṣāro raktaṃ doṣaṃ ca
visrāvya | | 56 | | § 17033

4.19.82 Sarvāṅgasundarā

yeṣu kuṣṭheṣu sparṣendriyanāṣaneṣu ṣastram̐ na kramate,
teṣu raktaṃ doṣaṃ ca visrāvya kṣāro nipātanīyaḥ | kram-
ata iti "vṛttisarga" ityādinā taḍ | § 17034

4.19.83 Aṣṭāṅgahr̥dayasam̐hitā

lepo+atikāṭhinapurūṣe supte kuṣṭhe sthire purāṇe
ca | | 57 | |
pītāgadasya kāryo viṣaiḥ
samantro+agadaīṣcānu | | 57 | | § 17036

4.19.84 Sarvāṅgasundarā

pāṣāṇavatkaṭhine tathā paruṣasparṣe tathā supte sthirībh-
ūte tathā purāṇe ca kuṣṭhe satyāturasyopayuktāgadasya
viṣairmantrasahitairle(to le)paḥ kāryaḥ | anu-paṣcāt, aga-
daiṣca lepaḥ | § 17037

4.19.85 Aṣṭāṅgahr̥dayasam̐hitā

stabdhāni suptasuptānyasvedanakaṇḍulāni
kuṣṭhāni | | 58 | |
ghr̥ṣṭāni śuṣkagomayaphenakaśastraiḥ
pradehyāni | | 58 | | § 17039

4.19.86 Sarvāṅgasundarā

kuṣṭhāni stabdhāni tathā+atisuptāni tathā+asvedanāni ka-
ṇḍūvanti ca śuṣkagomayādibhighr̥ṣṭānyanantaraṃ prale-
pyāni | § 17040

4.19.87 Aṣṭāṅgahr̥dayasaṃhitā

mustā triphalā madanaṃ karañja āragvadhaḥ
kaliṅgayavāḥ | | 59 | |
saptāhvakuṣṭhaphalinīdārvyāḥ siddhārthakaṃ
snānam | | 59 | |
eṣa kaṣāyo vamaṇaṃ virecanaṃ
varṇakastathoddharṣaḥ | | 60 | |
tvagdoṣakuṣṭhaśophaprabādhaṇaḥ
pāṇḍurogaghnaḥ | | 60 | | § 17044

4.19.88 Sarvāṅgasundarā

mustādayaḥ snānaṃ syāt | eṣa eva kaṣāyo vamaṇaṃ [vire-
canaṃ] varṇakarastathoddharṣastvagdoṣādiprabādhaṇaḥ
pāṇḍurogahr̥cca syāt | § 17045

4.19.89 Aṣṭāṅgahr̥dayasaṃhitā

karavīranimbakuṭajācśamyākāccitrakācca
mūlānām | | 61 | |
mūtre darvīlepī kvātho lepena
kuṣṭhaghnaḥ | | 61 | | § 17047

4.19.90 Sarvāṅgasundarā

karavīramūlādinā caturguṇe gomūtre kvathite darvīlepī
kvātho lepena kuṣṭhaghnaḥ-kuṣṭhāpahaḥ | § 17048

4.19.91 Aṣṭāṅgahr̥dayasaṃhitā

ṣvetakaravīmūlaṃ kuṭajakarañjātphalaṃ tvaco
dārvyāḥ | | 62 | |
sumanaḥpravālayukto lepah kuṣṭhāpahaḥ
siddhaḥ | | 62 | | § 17050

4.19.92 Sarvāṅgasundarā

sitakaravīramūlādayaḥ sumanaḥpallavayuto lepo niṣcitaṃ
kuṣṭhaghnaḥ | § 17051

4.19.93 Aṣṭāṅgahr̥dayasaṃhitā

ṣairīṣī tvak puṣpaṃ kārpāsyā rājavṛkṣapatrāṇi | | 63 | |
piṣṭā ca kākamācī caturvidhaḥ kuṣṭhahā
lepah | | 63 | | § 17053

4.19.94 Sarvāṅgasundarā

ṣirīṣatvagādilepaṣcatuḥprakāraḥ kuṣṭhajit | āryā aṣṭau |
§ 17054

4.19.95 Aṣṭāṅgahr̥dayasaṃhitā

ryāvaṣūkapaṭucitrakakuṣṭhaiḥ | | 64 | |
kolamātraguṭikā+ardhaviṣāṃṣā
ṣvitraḥ kuṣṭhaharaṇo varalepah | | 64 | | § 17056

4.19.96 Sarvāṅgasundarā

vyoṣādibhirdravyaiḥ samāṃṣaistadardhaviṣopetaiḥ kola-
pramāṇāvaṭikā lepataḥ ṣvitraṃ kuṣṭhaṃ hanti | [svāgat-
āvr̥ttam |] § 17057

4.19.97 Aṣṭāṅgahr̥dayasaṃhitā

nimbaṃ haridre surasaṃ paṭolaṃ kuṣṭhāṣvagandhe
suradāru ṣigruḥ | | 65 | |
sasarṣapaṃ tumbarudhānyavanyaṃ caṇḍā ca
cūrṇāni samāni kuryāt | | 65 | |
taistakrapīṣṭaiḥ prathamam̐ ṣarīram̐
tailāktamudvartayituṃ yateta | | 66 | |
tathā+asya kaṇḍūḥ piṭikāḥ sakoṭhāḥ kuṣṭhāni
ṣophāṣca ṣamaṃ vrajanti | | 66 | | § 17061

4.19.98 Sarvāṅgasundarā

pūrvaṃ tailābhyaktaṃ ṣarīram̐ nimbādibhiḥ samabhā-
gena cūrṇīkṛtairudvartanārtham̐ yatnam̐ kuryāt | tathā-
evam̐ kṛte, asya-āturasya, kaṇḍvādayaḥ ṣāmyanti | udva-
rtanānantaramuṣṇajalasnānam̐ kāryam | § 17062

4.19.99 Aṣṭāṅgahr̥dayasaṃhitā

kāsīsakampillakakuṣṭharodhrāḥ | | 67 | |
nyetāni dadyādavacūrṇanārtham | | 68 | |
dadrūḥ sakaṇḍūḥ kiṭibhāni pāmā vicarcikā ceti
tathā na santi | | 68 | | § 17065

4.19.100 Sarvāṅgasundarā

mustādīni samānyetāni cūrṇāni kṛtāni tailabhyaktadeh-
asyāvacūrṇanārtham̐ dadyāt | tathā-evamavacūrṇite sati,
dadrurityādayo naṣyanti | catvāryetānyupajātisaṃjñāni
vṛttāni | § 17066

4.19.101 Aṣṭāṅgahr̥dayasaṃhitā

snuggaṇḍe sarṣapātkalkaḥ kukūlānalapācitaḥ | | 69 | |
mārkaṃ payaḥ kuṣṭhaharaḥ pradehaḥ | | 70 | |

tathā karañjaprapunāṭabījaṃ kuṣṭhānviṭaṃ
gosalilena piṣṭaṃ | | 70 | | § 17069

4.19.102 Sarvāṅgasundarā

sarṣapāṇāṃ kalkaḥ sruhyā gaṇḍe kukūlāgnau pācito lep-
ena vicarcikāṃ hanti, rāgavego lajjāṃ yathā | manahṣilād-
ayaḥ pralepāt kuṣṭhahṛtaḥ | tadvadeva karañjādi gomūtr-
apiṣṭaṃ | upajātivr̥ttam | § 17070

4.19.103 Aṣṭāṅgahṛdayasaṃhitā

guggulumaricaviḍaṅgaiḥ
sarṣapakāśīsarjarasamustaiḥ | | 71 | |
śrīveṣṭakālagandhairmanaḥśilākuṣṭhakampillaiḥ | | 71 | |
ubhayaharidrāsahitaiścākrikatailena
miśritairebhiḥ | | 72 | |
dinakarakarābhitaptaiḥ kuṣṭhaṃ ghr̥ṣṭaṃ ca
naṣṭaṃ ca | | 72 | | § 17074

4.19.104 Sarvāṅgasundarā

guggulvādibhiretaiścakrajatailena miśritaiḥ sūryaraśmit-
aptaighr̥ṣṭaṃ kuṣṭhaṃ drāk naśyati | cākrikaṃ tailaṃ-
sadyaḥpīḍitaṃ cakrasthamevoṣṇaṃ tailam | kecittu bahu-
kālakṛtatailapīḍanāt kollu(hṛ)kakāṣṭhāddevadārūkāṣṭhavat
khaṇḍaśaḥ pāṭitādyuktyā yattailaṃ gṛhyate taccakrataila- 5
mityāhuḥ | § 17075

4.19.105 Aṣṭāṅgahṛdayasaṃhitā

maricaṃ tamālapatraṃ kuṣṭhaṃ samanaḥśilaṃ
sakāśīsam | | 73 | |
tailena yuktamuṣitaṃ saptāhaṃ bhājane
tāmre | | 73 | |

tenāliptaṃ sidhmaṃ saptāhād
gharmasevino+apaiti | |74| |
māsānavam kilāsam snānena vinā
viśuddhasya | |74| | § 17079

4.19.106 Sarvāṅgasundarā

maricādikaṃ tailena yuktaṃ saptadināni tāmrahājane
sthitaṃ tena ca-maricādinā, sidhmamāliptaṃ gharmase-
vino narasya saptāhenāpaiti | māsādyatsadyotthitaṃ śvi-
traṃ tannaśyati | snānena vinā viśuddhasya narasya | cat-
5 asra āryāḥ, āryāśca jaghanacapalāḥ | § 17080

4.19.107 Aṣṭāṅgahr̥dayasaṃhitā

mayūrakakṣārajale saptakṛtvaḥ parisrate | |75| |
siddhaṃ jyotiṣmatītailamabhyaṅgātsidhmanāṣ-
anam | |75| | § 17082

4.19.108 Sarvāṅgasundarā

apāmārgakṣārodake saptavārān parisrute suvarṇalatātai-
laṃ pakvamabhyaṅgena sidhmaṃ nāśayati | § 17083

4.19.109 Aṣṭāṅgahr̥dayasaṃhitā

vāyasajaṅghāmūlaṃ vamanīpatrāṇi
mūlakādbījam | |76| |
takreṇa bhaumavāre lepaḥ sidhmāpahaḥ
siddhaḥ | |76| | § 17085

4.19.110 Sarvāṅgasundarā

kākajaṅghāmūlaṃ vamanīpatrāṇi mūlakabījam ca ta-
kreṇāṅgāradine lepaḥ sidhmaghaḥ siddhaḥ | § 17086

4.19.111 Aṣṭāṅgahr̥dayasaṃhitā

jīvantī mañjiṣṭhā dārvī kampillakaṃ
payastuttham | | 77 | |
eṣa ghr̥tatailapākaḥ siddhaḥ siddhe ca
sarjarasaḥ | | 77 | |
deyaḥ samadhūcchiṣṭo vipādikā tena naśyati
hyaktā | | 78 | |
carmaikakuṣṭhakiṭibhaṃ kuṣṭhaṃ
śāmyatyalasakaṃ ca | | 78 | | § 17090

4.19.112 Sarvāṅgasundarā

eṣa ghr̥tatailapākaḥ ghr̥tatailābhyāṃ pāko yasya yog-
asya sa ghr̥tatailapākaḥ, gamakatvātsamāsaḥ | siddho-
niṣpannaḥ | siddhe+asmin pāke sarjaraso madanena saha
deyaḥ | tena-siddhena yogena, vipādikā+abhyaktā naśy-
ati | tathā, carmaikakuṣṭhādikaṃ ca śāmyati | kṣīramūtrā- 5
rkaṃ grāhyam, yaugikatvādvṛddhavaidyavyavahārācca |
āryāstisraḥ | § 17091

4.19.113 Aṣṭāṅgahr̥dayasaṃhitā

darkānmālatyāścitrakāsphotanimbāt | | 79 | |
stvagdoṣāṅṅam duṣṭanāḍivraṅṅānām | | 80 | |
abhyaṅgena śleṣmavātodbhavānām nāśyālaṃ
vajrakaṃ vajratulyam | | 80 | | § 17094

4.19.114 Sarvāṅgasundarā

saptaparṇamūlaṃ ṣirīṣādīnām tvak karaṅjādīnām bījaṃ
tathā triphalādayaḥ, etairgomūtrasahitaistilatailaṃ pa-
ktvā vātakaphodbhavānām tvagdoṣāṅṅam tathā duṣṭanāḍ-
ivraṅṅānāmabhyaṅgena nāśyāya vajrakasaṃjñametadalaṃ-
samartham | tathā vajratulyam, avyāhataṣaktitvāt | [vai- 5
śvadevī śālinī ca |] § 17095

4.19.115 Aṣṭāṅgahr̥dayasaṃhitā

śrīveṣṭagugguluśīlāpaṭutālaviśvaiḥ | | 81 | |
tulyasnugarkadugdhaṃ siddhaṃ tailaṃ smṛtaṃ
mahāvajraṃ | | 82 | |
atiśayitavajrakaguṇaṃ
śvitrārsogranthimālāghnaṃ | | 82 | | § 17098

4.19.116 Sarvāṅgasundarā

eraṇḍādibhistulyasnugarkadugdhaṃ tailaṃ pakvaṃ mah-
āvajrasaṃjñāṃ smṛtaṃ | atiśayena vajrakaguṇaṃ śvitrād-
ighnaṃ | vasantatilakaṃ āryā ca | § 17099

4.19.117 Aṣṭāṅgahr̥dayasaṃhitā

kuṣṭhāṣvamārabhr̥ṅgārkaṃ mūtrasnukṣīrasaindhavaiḥ | | 83 | |
tailaṃ siddhaṃ viśāvāpamabhyaṅgāt
kuṣṭhajitparaṃ | | 83 | | § 17101

4.19.118 Sarvāṅgasundarā

kuṣṭhādibhiḥ siddhaṃ tailaṃ viśāvāpamabhyaṅgāt paraṃ
kuṣṭhahr̥t | § 17102

4.19.119 Aṣṭāṅgahr̥dayasaṃhitā

siddhaṃ sikthakasindūrapuratutthakatārksyajaiḥ | | 84 | |
kacśūṃ vicarcikāṃ cāṣu kaṭutailaṃ
nibarhati | | 84 | | § 17104

4.19.120 Sarvāṅgasundarā

sikthakādibhiḥ pakvaṃ sarṣapatailaṃ kacśvādīnnihanti |
§ 17105

4.19.121 Aṣṭāṅgahṛdayasaṃhitā

lākṣā vyoṣaṃ prāpunātaṃ ca bījaṃ saṣṛīveṣṭaṃ
kuṣṭhasiddhārthakāṣca | | 85 | |
takronmiṣraḥ syāddharidrā ca lepo dadrūṣūkto
mūlakotthaṃ ca bījaṃ | | 85 | | § 17107

4.19.122 Sarvāṅgasundarā

lākṣādayo niṣā ca takronmiṣro dadrūṣu lepa uktaḥ | mūla-
kabījaṃ ca takramiṣraṃ tadvat | ṣālinīvṛttam | § 17108

4.19.123 Aṣṭāṅgahṛdayasaṃhitā

citrakasobhāñjanakau,
guḍūcyapāmārgadevadārūṇi | | 86 | |
khadiro dhavaṣca lepaḥ, ṣyāmā danti dravantī
ca | | 86 | |
lākṣārasāñjanailāḥ, punarnavā ceti kuṣṭhinām
lepāḥ | | 87 | |
dadhimaṇḍayutāḥ pādaiḥ ṣaṭ proktā
mārutakaphagnāḥ | | 87 | | § 17112

4.19.124 Sarvāṅgasundarā

citrakādayo dadhimaṇḍānvitāḥ pādaiḥ ṣaṭ vātaṣleṣma-
kuṣṭhagnā gaditāḥ | tatra citrakasobhāñjanakāvityeko
lepaḥ, guḍūcyapāmārgadevadārūṇīti dvitīyaḥ, evama-
nye+api vedyāḥ | ārye | § 17113

4.19.125 Aṣṭāṅgahṛdayasaṃhitā

jalavāpyalohakesarapatraplavacandanamṛṇālāni | | 88 | |
bhāgottarāṇi siddhaṃ pralepanaṃ
pittakaphakuṣṭhe | | 88 | | § 17115

4.19.126 Sarvāṅgasundarā

jalādīni bhāgottarāṇi siddhaḥ pittakaphakuṣṭhe pralepaḥ |
jalaṃ-vālakam | vāpyaṃ-kuṣṭham | jaghanacapalā+a+aryā |
§ 17116

4.19.127 Aṣṭāṅgahr̥dayasaṃhitā

tiktaghr̥tairdhautaghr̥tairabhyaṅgo
dahyamānakuṣṭheṣu | | 89 | |
tailaiścandanamadrukaprapauṇḍarīkotpalayutaiśca | | 89 | |
klede prapatati cāṅge dāhe visphoṭake ca
carmadale | | 90 | |
śītāḥ pradehasekā vyadhanavirekaughṛtaṃ
tiktaṃ | | 90 | | § 17120

4.19.128 Sarvāṅgasundarā

tiktadravyasādhitairghṛtaistathā jalena dhautairghṛtaira-
bhyaṅgo dāhayukteṣu kuṣṭheṣu hitaḥ | klede ca prakā-
rṣeṇa patati sati tailaiścandanādiyuktairabhyaṅgaḥ, caś-
abdāddhṛtaiśca, prakṛtatvāddhitaḥ | aṅge dāhādīmati śī-
5 tapradehādyāstiktakaṃ ca ghṛtaṃ hitaṃ | vyadhanam-
sirāvyadhaḥ | § 17121

4.19.129 Aṣṭāṅgahr̥dayasaṃhitā

khadiravṛṣanimbakuṭajāḥṣreṣṭhākṛmijitpaṭolamadhupa-
rṇyaḥ antarbahīḥ prayuktāḥ
kṛmikuṣṭhanudaḥ sagomūtrāḥ | | 91 | | § 17122

4.19.130 Sarvāṅgasundarā

khadirādayo gomūtrānvitā abhyantaram bāhyataśca pray-
uktāḥ kṛmiyutakuṣṭhahr̥taḥ | § 17123

4.19.131 Aṣṭāṅgahṛdayasaṃhitā

vātottareṣu sarpirvamanam ṣleşmottareṣu
kuṣṭheṣu | | 92 | |
pittottareṣu mokṣo raktasya virecanam
cāgre | | 92 | | § 17125

4.19.132 Sarvāṅgasundarā

vātādhikeṣu kuṣṭheṣu nṛtamagre-pūrvam, hitam | ṣleşmā-
dhikeṣu ca vamanam | pittottareṣu raktamokṣo virecanam
cāgre hitam | § 17126

4.19.133 Aṣṭāṅgahṛdayasaṃhitā

ye lepāḥ kuṣṭhānām yujyante nirhṛtāsradoṣāṅām | | 93 | |
saṃśodhitāṣayānām sadyaḥ siddhirbhavati
teṣām | | 93 | | § 17128

4.19.134 Sarvāṅgasundarā

nirhṛtāsradoṣāṅām tathā saṃśodhitāṣayānām kuṣṭhānām
ye lepā yujyante, teṣām sadyaḥ-ṣīghrameva, siddhiḥ-
āmayanivṛttiḥ, bhavati | ata evedamāha- § 17129

4.19.135 Aṣṭāṅgahṛdayasaṃhitā

doṣe hr̥te+apanīte rakte bāhyāntare kṛte śamane | | 94 | |
snehe ca kālayukte na kuṣṭhamativartate
sādhyam | | 94 | | § 17131

4.19.136 Sarvāṅgasundarā

doṣe-vātādau, hr̥te rakte+apanīte bāhye+abhyantare śam-
ane kṛte snehe kṛte ca kāle yukte kuṣṭham sādhyam nātiva-
rtate | api tūpaśāmyati | āryāḥ ṣaṭ, anyatra jaghanacapalāḥ
(?) | § 17132

4.19.137 Aṣṭāṅgahr̥dayasaṃhitā

bahudoṣaḥ saṃśodhyaḥ kuṣṭhī bahuṣo+anurakṣatā
prāṇān | |95 | |
doṣe hyatimātrahr̥te
vāyurhanyādabalamāṣu | |95 | | § 17134

4.19.138 Sarvāṅgasundarā

bahudoṣaḥ kuṣṭhī prāṇān rakṣatā bhiṣajā punaḥpunaḥ sa-
mśodhyaḥ | ekavelayaiva kasmāna śodhyate ? ityāha-
yasmāddoṣe+atimātrahr̥te satyabalaṃ naraṃ vāto drāgeva
hanyāt | āryā | § 17135

4.19.139 Aṣṭāṅgahr̥dayasaṃhitā

nmāsānmāsācśodhanānyapyadhastāt | |96 | |
śuddhirmūrghni syātrirātrātrirātrāt ṣaṣṭhe
ṣaṣṭhe māsyasr̥dmokṣaṇaṃ ca | |96 | | § 17137

4.19.140 Sarvāṅgasundarā

asau kuṣṭhī pakṣeṇa vamanāni seveta | māsānmāsādadh-
aḥśodhanāni bhajet | ṣirasi trirātre trirātre śuddhiḥ syāt |
ṣaṣṭhe ṣaṣṭhe raktamokṣaṣca syāt | § 17138

4.19.141 Aṣṭāṅgahr̥dayasaṃhitā

yo durvānto durvirikto+athavā syāt kuṣṭhī
doṣairuddhatairvyāpyate+asau | |97 | |
niḥsandehaṃ yātyasādhyatvamevaṃ tasmāt
kr̥tsnānnirharedasya doṣān | |97 | | § 17140

4.19.142 Sarvāṅgasundarā

yaḥ kuṣṭhī kṛtāsamyagvamanavirecanaḥ syāt, asāvuddh-
atairdoṣairvyāpyate | evaṃ niṣcayenāsādhyatvaṃ yāti |
tasmāddhetorasya-kuṣṭhinaḥ, kṛtsnān-nikhilān, doṣānni-
rharet | ṣālinīvṛttam(tte) | § 17141

4.19.143 Aṣṭāṅgahrdayasaṃhitā

vratadamayamasevā tyāgaṣīlābhiyogo dvijasuragurupūjā
sarvasattveṣu maitrī | | 98 | |
śivaśivasutatārābhāskarārādhanāni
prakaṭitamalapāpaṃ
kuṣṭhamunmūlayanti | | 98 | |
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahrdayasaṃhitāyāṃ
caturthe cikitsitasthāne kuṣṭhacikitsitaṃ
nāmaikonaviṃṣo+adhyāyaḥ | | 19 | | § 17144

4.19.144 Sarvāṅgasundarā

vratādisevā tyāgādyabhyāso dvijādipūjā sarvasattvamai-
trī śivādyārādhanāni kuṣṭhaṃ prakaṭitamalapāpaṃ nāṣa-
yanti | mālinīvṛttam | iti śrīmr̥gāṅkadattaputraśrīmadaru-
ṇadattaviracitāyāmaṣṭāṅgahrdayaṭīkāyāṃ sarvāṅgasund-
arākhyāyāṃ caturthe cikitsitasthāne kuṣṭhacikitsitaṃ nā- 5
maikonaviṃṣo+adhyāyaḥ samāptaḥ | | 19 | | § 17145

4.20 ṣvitrakṛmicikitsitādhyāyaḥ : 20

4.20.1 Aṣṭāṅgahrdayasaṃhitā

athātaḥ ṣvitrakṛmicikitsitaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) kuṣṭhādapi bībhatsaṃ yacśīghrataraṃ ca
yātyasādhyatvam | | 1 | |

ṣvitramatastacśāntyai yateta dīpte yathā
bhavane | | 1 | | § 17149

4.20.2 Sarvāṅgasundarā

yat-yasmāt, kuṣṭhādapi bībhatsaṃ-jugupsitaṃ nindyam,
tathā ṣīghrataramasādhyatvaṃ ṣvitraṃ yāti | ataḥ-asmāddhetoḥ,
tasya-ṣvitrasya ṣamāya, yatnaṃ kuryāt | yathā jvalite
gṛhe | āryā | § 17150

4.20.3 Aṣṭāṅgahr̥dayasaṃhitā

saṃśodhanaṃ viṣeṣātprajayetpūrvameva
dehasya | | 2 | |
ṣvitre sraṃsanamagryaṃ malayūrasa iṣyate
saguḍaḥ | | 2 | |
taṃ pītvā+abhyaktatanuryathābalaṃ
sūryapādasantāpam | | 3 | |
seveta niriktatanuṣṭryahaṃ pipāsuh
pibetpeyām | | 3 | | § 17154

4.20.4 Sarvāṅgasundarā

prathamameva ṣarīrasya saṃśodhanaṃ viṣeṣeṇa pray-
ojayet | tadevāha-ṣvitre malayūraso-bākucīkvāthaḥ, saha
guḍayā-snuhyā, saguḍo virecanamiṣyate | mukhacapalā |
taṃ-kvāthaṃ, pītvā+avyaktaṣarīraḥ san yathāṣakti sūrya-
5 kiraṇasantāpam bhajet | viriktaṣca san pipāsitaḥ peyām tr-
iṇi dināni pibet | § 17155

4.20.5 Aṣṭāṅgahr̥dayasaṃhitā

ṣvitre+aṅge sphoṭā jāyante kaṇṭakena tānbhindyāt | | 4 | |
sphoṭeṣu niḥsruteṣu prātaḥ prātaḥ pibet
tridinam | | 4 | |

malayūmasanam priyaṅgūṃ śatapuṣpāṃ
cāmbhasā samutkvāthya | | 5 | |
pālāṣam vā kṣāram yathābalaṃ
phāṇitopetam | | 5 | | § 17159

4.20.6 Sarvāṅgasundarā

ṣvitre sābhyaṅge ye sphoṭā udbhavanti, tān-sphoṭakān, ka-
ṅṭakena bhindyāt | sphoṭeṣu niḥsruteṣu satsu prātaḥ prā-
tastrīṇi dināni malayvādīni samutkvāthya pibet | pālāṣam
vā kṣāram phāṇitayuktaṃ yathāśakti pibet | tistra āryāḥ |
§ 17160

5

4.20.7 Aṣṭāṅgahrdayasaṃhitā

phalgvakṣavṛkṣavalkalaniryūheṇendurājikākalkam | | 6 | |
pītvoṣṇasthitasya jāte sphoṭe takreṇa bhojanam
nirlavaṇam | | 6 | | § 17162

4.20.8 Sarvāṅgasundarā

phalgorakṣesya ca tvaco yo niryūhaḥ-kvāthaḥ, tena [indurājikāyāḥ-
] bākucyāḥ, kalkam pītvā uṣṇe-ātape, sthitasya sphoṭeṣu jā-
teṣu satsu takreṇa saha bhojanam nirlavaṇam hitam | āryā
gītiḥ (?) | § 17163

4.20.9 Aṣṭāṅgahrdayasaṃhitā

gavyam mūtram citrakavyoṣayuktaṃ sarpiḥkumbhe
sthāpitaṃ kṣaudramiṣram | | 7 | |
pakṣādūrdhvaṃ ṣvitriṇā peyametat kāryam
cāsmāi kuṣṭhadṛṣṭam vidhānam | | 7 | | § 17165

4.20.10 Sarvāṅgasundarā

gomūtraṃ citrakādiyuktaṃ māṣṣikānviṭaṃ ghr̥takumbhe
sthāpitaṃ pakṣaṃ yāvāt pakṣādūrdhvaṃ śvitravataitape-
yam | asmaī ca-śvitriṇe, kuṣṭhoktaṃ vidhānam | asmaī iti
kriyāgrahaṇātsampradānatvam | [śālinīvṛttam |] § 17166

4.20.11 Aṣṭāṅgahr̥dayasaṃhitā

mārkavamathavā svādedbhr̥ṣṭhaṃ tailena
lohapātrastham | | 8 | |
bījakaṣṛtaṃ ca dugdhaṃ tadanu
pibocśvitranāṣāya | | 8 | | § 17168

4.20.12 Sarvāṅgasundarā

bhr̥ṅgarājaṃ vā tailena bhr̥ṣṭhaṃ lohapātrastham khādet |
bhuktvā ca paścādbījakaṣṛtaṃ kṣīraṃ śvitrasāntyai pibet |
āryā | § 17169

4.20.13 Aṣṭāṅgahr̥dayasaṃhitā

pūtikārkavyādhighātasnuhīnāṃ mutre piṣṭāḥ pallavā
jātijāśca | | 9 | |
pāmakoṭhān duṣṭanādīvraṇāmśca | | 9 | | § 17171

4.20.14 Sarvāṅgasundarā

pūtikādīnāṃ pallavā gomūtre piṣṭastathā jātipallavā gom-
ūtre piṣṭāḥ pralepena śvitrādīn ghnanti | § 17172

4.20.15 Aṣṭāṅgahr̥dayasaṃhitā

dvaipaṃ dagdhaṃ carma mātaṅgajaṃ vāṣvitre
lepastailayukto variṣṭhaḥ | | 10 | | § 17173

4.20.16 Sarvāṅgasundarā

dvīpasambandhi carma dagdham hastijaṃ ca carma dagdham tailānvito lepaḥ ṣvitre+atiṣayena varah | § 17174

4.20.17 Aṣṭāṅgahr̥dayasamhitā

pūtiḥkīto rājavṛkṣodbhavana kṣāreṇāktaḥ ṣvitrameko+api hanti | | 10 | | § 17175

4.20.18 Sarvāṅgasundarā

pūtiḥkīto rājavṛkṣajena kṣāreṇa lepata eka eva ṣvitram hanti | pūtiḥkīto-varṣākālodbhavaḥ pilindiketi loke prasi-ddhaḥ | ṣālinyau vṛtte | § 17176

4.20.19 Aṣṭāṅgahr̥dayasamhitā

nahni cśāyāyāṃ ṣoṣayetsphoṭahetūn | | 11 | |
evaṃ vārāmstrīṃstaistataḥ ṣlakṣṇapiṣṭaiḥ
snuhyāḥ kṣīreṇa ṣvitranāṣāya
lepaḥ | | 11 | | § 17178

4.20.20 Sarvāṅgasundarā

sphoṭahetūn-bhallātakān, jarjarīkṛtān niṣi gomūtre sthitān divase śāyāyāṃ ṣoṣayet | evaṃ trīn vārān mūtrasthitān ṣo-ṣitāṃṣca | tataḥ-anantaram, taiḥ snuhīkṣīreṇa ṣlakṣṇapiṣṭaiḥ ṣvitraṣāntyai lepaḥ | vaiṣvadevī | § 17179

4.20.21 Aṣṭāṅgahr̥dayasamhitā

akṣatailadrutā lepaḥ kṛṣṇasarpoḍbhavā maṣi | | 12 | |
ṣikhipittam tathā, dagdham hrīberam vā
tadāplutam | | 12 | | § 17181

4.20.22 Sarvāṅgasundarā

kṛṣṇasarpajā maṣī akṣatailena drutā lepaḥ | mayūrapittaṃ
ca lepaḥ pūrvaguṇaḥ | athavā, hrīberaṃ dagdhaṃ tena-
akṣatailenāloḍitaṃ, lepastadvat | § 17182

4.20.23 Aṣṭāṅgahr̥dayasaṃhitā

kuḍavo+avalgujabījāddharitālacaturthabhāgasammiṣraḥ | | 13 | |
mūtreṇa gavāṃ piṣṭaḥ savarṇakaraṇaṃ paraṃ
ṣvitre | | 13 | | § 17184

4.20.24 Sarvāṅgasundarā

bākucībījaṃ palacatuṣṭayaṃ haritālapalaṃ gomūtreṇa pi-
ṣṭaṃ ṣvitre savarṇakaraṃ syāt | āryā | § 17185

4.20.25 Aṣṭāṅgahr̥dayasaṃhitā

kṣāre sudagdhe gajaliṇḍaje ca gajasya mūtreṇa parisrute
ca | | 14 | |
droṇapramāṇe daśabhāgayuktaṃ dattvā
pacedbījamavalgujānām | | 14 | |
śvitraṃ jayeccikkaṇatām gatena tena pralimban
bahuśaḥ praghr̥ṣṭam | | 15 | |
kuṣṭhaṃ maṣaṃ vā tilakālakam vā yadvā vraṇe
syādadhimāṃsarūpatam | | 15 | | § 17189

4.20.26 Sarvāṅgasundarā

gajapurīṣaje kṣāre sudagdhe droṇapramāṇe yathāpramā-
ṇaṃ gajasya mūtreṇa kṣāravidhinā paṛisrute+asmin bāk-
ucībījaṃ dattvā pacet | kimbhūtam ? daśabhāgayuktaṃ,-
daśabhirbhāgaiḥ prakṛtatvāt kṣārasya sambandhibhirmi-
5 śritaṃ | tena cikkaṇatām-madanarūpatām, gatena puruṣo
bahuśaḥ praghr̥ṣṭam śvitraṃ pralimban jayet, kuṣṭhādī-
ṃśca | adhimāṃsarūpato yacca syāttacca jayet | upajāti |
§ 17190

4.20.27 Aṣṭāṅgahr̥dayasaṃhitā

bhallātakam dvīpisudhārkamūlam guñjāphalam
tryūṣaṇaśaṅkhacūrṇam | | 16 | |
tuttham sakuṣṭham lavaṇāni pañca
kṣāradvayam lāṅgalikām ca paktvā | | 16 | |
snugarkadugdhe ghanamāyasastham śalākayā
tadvidadhīta lepam | | 17 | |
kuṣṭhe kilāse tilakālakeṣu maṣeṣu durnāmasu
carmakīle | | 17 | | § 17194

4.20.28 Sarvāṅgasundarā

bhallātakādikam snugarkayordugdhe paktvā ghanamāya-
sapātre sthitam tat-etat, śalākayā lepam kuṣṭhādiṣu vida-
dhīta | indravajropajāti | § 17195

4.20.29 Aṣṭāṅgahr̥dayasaṃhitā

ṣuddhyā ṣoṇitamokṣairvirūkṣaṇairbhakṣaṇaiṣca
saktūnām | | 18 | |
ṣvitram kasyacideva praṣāmyati
kṣīṇapāpasya | | 18 | |
iti ṣvitracikitsitam | | 1 | | § 17198

4.20.30 Aṣṭāṅgahr̥dayasaṃhitā

ṣvitram kasyacideva narasya kṣīṇakalmaṣasya
ṣuddhyādibhiḥ ṣāmyati | āryā | iti
ṣvitracikitsā | asmādanantaram
kṛmicikitsitam vyākhyāyate,
cikitsāsāmānyāt | § 17199

4.20.31 Aṣṭāṅgahr̥dayasaṃhitā

atha kṛmicikitsitam | | 19 | |
snigdhasvinne guḍakṣīramatsyādyaiḥ
kṛmiṇodare | | 19 | |
utkleṣitakṛmikaphe ṣarvarīṃ tām
sukhoṣite | | 19 | |
surasādigaṇaṃ mūtre
kvāthayitvā+ardhavāriṇi | | 20 | |
5 taṃ kaṣāyaṃ
kaṇāgālakṛmijitkalkayojitam | | 20 | |
satailasvarjikākṣāraṃ yuñjyādvastiṃ
tato+ahani | | 21 | |
tasminneva nirūḍhaṃ taṃ pāyayeta
virecanam | | 21 | |
trivṛtkalkaṃ phalakaṇākaṣāyāloḍitaṃ
tataḥ | | 22 | |
ūrdhvādhaḥṣodhite kuryātpañcakolayutaṃ
kramam | | 22 | |
10 kaṭutiktakaṣāyāṇāṃ kaṣāyaiḥ
pariṣecanam | | 23 | |
kāle viḍaṅgatailena
tatastamanuvāsayet | | 23 | | § 17210

4.20.32 Sarvāṅgasundarā

kṛmiṇamaduraṃ yasyeti pāmāditvānnapratyayaḥ | ta-
smin kṛmiṇodare nare snigdhasvinne tathā guḍādibhirutkleṣitāḥ-
svasthānāccyāvitāḥ , kṛmayāḥ kaphaṣca yasya tasmimst-
athābhūta udare tathā samutkleṣitādanantaram tām rā-
5 triṃ sukhoṣite sati satailasvarjikākṣāraṃ bastiṃ yuñjyāt |
katham ? ityāha-surasādigaṇaṃ (hr̥. sū. a. 15 | 30) gomū-
tre+ardhavāriṇi kvāthayitvā tatastaṃ kaṣāyaṃ kaṇādīnāṃ
kalkena yojitaṃ-miṣraṃ kṛtvā | tato-nirūhādanantaram
, tasminnevāhani taṃ-nirūḍhaṃ , virecanam trivṛtkal-
10 lkam phalādikaṣāyāloḍitaṃ pāyayet | tataḥ-anantaram
, ūrdhvādhaḥṣodhite tasmin pañcakolayutaṃ kramaṃ-

peyāvilepyādikaṃ , kuryāt | tataḥ kaṭvādibhiḥ kaṣāyaiḥ
pariṣecitaṃ samanantaraṃ yadā sandhukṣito+agnistadā
tasmin kāle viḍaṅgatailena tamanuvāsayet | § 17211

4.20.33 Aṣṭāṅgahr̥dayasaṃhitā

ṣīrorogaṇiṣedhoktamācarenmūrdhageṣvanu | | 24 | |
udriktatiktakaṭukamalpasnehaṃ ca
bhojanam | | 24 | | § 17213

4.20.34 Sarvāṅgasundarā

ṣīrorogapraṭiṣedhe yaduktam tanmūrdhageṣu kṛmiṣvāca-
ret | anu-paṣcāt, prabhūtatiktakaṭukamalpasnehaṃ ca bh-
ojanamācaret | § 17214

4.20.35 Aṣṭāṅgahr̥dayasaṃhitā

viḍaṅgākṛṣṇāmaricapippalīmūlaṣigrubhiḥ | | 25 | |
pibetsasvarjikākṣārairyavāgūṃ
takrasādhitam | | 25 | | § 17216

4.20.36 Sarvāṅgasundarā

tathā viḍaṅgādibhistakrasādhitāṃ peyāṃ pibet | § 17217

4.20.37 Aṣṭāṅgahr̥dayasaṃhitā

rasaṃ ṣīrīṣakiṇihīpāribhadrakakembukāt | | 26 | |
palāṣabījapattarapūtikādvā pṛthak pibet | | 26 | |
sakṣaudraṃ, surasādīn vā lihyātkṣaudrayutān
pṛthak | | 27 | | § 17220

4.20.38 Sarvāṅgasundarā

ṣirīṣādirasaṃ pibet | kiṇihī-girikarṇikā | palāṣabījādīnāṃ
vā rasaṃ māṅṣikānviṭaṃ pṛthak pibet | athavā , surasādīn
(hr̥. sū. a. 15 | 30) kṣaudrayutān pṛthag lihyāt | § 17221

4.20.39 Aṣṭāṅgahr̥dayasaṃhitā

ṣatakṛtvo+aṣvaviṭcūrṇaṃ
viḍaṅgakvāthabhāvitam | | 27 | |
kṛmimān madhunā lihyādbhāvitam vā
varārasaiḥ | | 28 | | § 17223

4.20.40 Sarvāṅgasundarā

aṣvapuriṣacūrṇaṃ bahūn vārān viḍaṅgakvāthena bhāvi-
tamathavā+aṣvaṣakṛccūrṇaṃ triphalākvāthena bhāvitam
madhunā kṛmimān lihyāt | § 17224

4.20.41 Aṣṭāṅgahr̥dayasaṃhitā

ṣirogateṣu kṛmiṣu cūrṇaṃ pradhamanaṃ ca
tat | | 28 | | § 17225

4.20.42 Aṣṭāṅgahr̥dayasaṃhitā

ṣirogateṣu kṛmiṣu tat-ṣiroroganiṣedhoktaṃ, cūrṇaṃ
pradhamanaṃ-nasyaṃ , cācaret | § 17226

4.20.43 Aṣṭāṅgahr̥dayasaṃhitā

ākḥukarṇīkisalayaīḥ supīṣṭaiḥ piṣṭamiṣṛitaiḥ | | 29 | |
paktvā pūpalikāṃ khādeddhānyāmlaṃ ca
pibedanu | | 29 | |
sapañcakolalavaṇamasāndra takrameva
vā | | 30 | | § 17229

4.20.44 Sarvāṅgasundarā

tathā, mūṣakakarṇīpallavaiḥ sūkṣmacūrṇitaiḥ śālicūrṇami-
ṣritaiḥ pūpalikāṃ paktvā khādet | tadanu-paścācca, dhā-
nyāmlaṃ pibet | athavā , takraṃ-mathitaṃ , pañcakolala-
vaṇayutaṃ pibet | § 17230

4.20.45 Aṣṭāṅgahr̥dayasaṃhitā

nīpamārkanirguṇḍīpallaveṣvapyayaṃ vidhiḥ | | 30 | |
viḍaṅgacūrṇamiṣraitvā piṣṭairbhakṣyān
prakalpayet | | 31 | | § 17232

4.20.46 Sarvāṅgasundarā

nīpādiṣvayameva-pūrvokto mūṣakakarṇīpallavavidhiḥ ,
kalpyaḥ | athavā , piṣṭairviḍaṅgacūrṇamiṣritairbhakṣyān
prakalpayet | § 17233

4.20.47 Aṣṭāṅgahr̥dayasaṃhitā

viḍaṅgataṇḍulairyuktamardhāṃṣairātape sthitam | | 31 | |
dynamāruṣkaraṃ tailaṃ pāne bastau ca
yojayet | | 32 | |
surāhvasaralasnehaṃ pṛthagevaṃ ca
kalpayet | | 32 | | § 17236

4.20.48 Sarvāṅgasundarā

aruṣkarajaṃ tailaṃ pāne bastau ca yojayet | kimbhūtam ?
ardhabhāgapramāṇairviḍaṅgataṇḍulairmiṣritaṃ tathā di-
namātape sthitam | dinamityatyantasamyoge dvitīyā | de-
vadārvāditailaṃ pṛthagevaṃ-viḍaṅgataṇḍulānvitamātape
sthitam , kalpayet | § 17237

4.20.49 Aṣṭāṅgahr̥dayasaṃhitā

purīṣajeṣu sutarāṃ dadyādbastivirecane | | 33 | | § 17238

4.20.50 Sarvāṅgasundarā

purīṣajeṣu kṛmiṣu sutarāṃ bastiṃ virecanaṃ ca dadyāt |
§ 17239

4.20.51 Aṣṭāṅgahr̥dayasaṃhitā

ṣirovirekaṃ vamaṇaṃ ṣamaṇaṃ
kaphajanmasu | | 33 | | § 17240

4.20.52 Aṣṭāṅgahr̥dayasaṃhitā

kaphajanmasu kṛmiṣu ṣirovirekaṃ-nasyaṃ , vamaṇaṃ
ṣamaṇaṃ ca kuryāt | § 17241

4.20.53 Aṣṭāṅgahr̥dayasaṃhitā

raktajānāṃ pratīkāraṃ
kuryātkuṣṭhacikitsitāt | | 34 | | § 17242

4.20.54 Sarvāṅgasundarā

raktotthānāṃ kṛmīṇāṃ kuṣṭhacikitsitāt pratīkāraṃ vida-
dhyāt | lyablope pañcamī , kuṣṭhacikitsitoktapekṣyetya-
rthaḥ | § 17243

4.20.55 Aṣṭāṅgahr̥dayasaṃhitā

indraluptavidhiṣcātra vidheyo romabhojiṣu | | 34 | | § 17244

4.20.56 Sarvāṅgasundarā

romabhojiṣu kṛmiṣvindrāluptavidhiḥ (hr̥. u. a. 24 | 28) kā-
ryaḥ | § 17245

4.20.57 Aṣṭāṅgahr̥dayasaṃhitā

kṣīrāṇi māṃsāni ghr̥taṃ guḍaṃ ca dadhīni śākāni ca
parṇavanti | | 35 | |
samāsato+amlānmadhurān rasāṃśca kṛmīn
jihāsuḥ parivarjayet | | 35 | | § 17247
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira-
citāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ caturthe cikitsitasth-
āne śvitrakṛmicikitsitaṃ nāma viṃśo+adhyāyaḥ | | 20 | | 5
§ 17248

4.20.58 Sarvāṅgasundarā

kṛmīn jihāsuḥ kṣīrādīn varjayet | upajātivṛttam | iti śrīmr̥-
gāṅkadattaputraśrīmadaruṇadattaviracitāyāmaṣṭāṅgahr̥da-
yaṭīkāyāṃ sarvāṅgasundarākhyāyāṃ caturthe cikitsita-
sthāne śvitrakṛmicikitsitaṃ nāma viṃśo+adhyāyaḥ samā-
ptaḥ | | 20 | | § 17249 5

4.21 vātavyādhicikitsitādhyāyaḥ : 21

4.21.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto vātavyādhicikitsitaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) kevalaṃ nirupastambhamādau
snehairupācaret | | 1 | |
vāyuṃ sarpirvasāmajjaitailapānairnaraṃ
tataḥ | | 1 | |
snehaklāntaṃ samāśvāsya payobhiḥ 5
snehayetpunaḥ | | 2 | |

yūṣairgrāmyodakānūparasairvā
snehasaṃyutaiḥ | | 2 | |
pāyasaiḥ kṛsaraiḥ sāmlalavaṇaiḥ
sānuvāsanaḥ | | 3 | |
nāvanaistarpaṇaiṣcānnaiḥ susnigdhaiḥ
svedayettataḥ | | 3 | |
svabhyaktaṃ snehasaṃyuktaiḥ ṣaṅkarādyaiḥ
punaḥ punaḥ | | 4 | | § 17258

4.21.2 Sarvāṅgasundarā

kevalaṃ-ṣuddhaṃ , tathā nirupastambhaṃ-anyenādhānakena
samīpasambhavinā+anādhāritaṃ , īdr̥ṣaṃ vāyuma sneh-
airādāvevopācaret | katham ? ityāha-sarpirityādi | nanu,
tailasya pavanavijaye prādhānyādevaṃ nirdeṣaḥ kartuṃ
5 yuktaḥ , tailavasāmajjasarpiḥpānairiti | yuktamāha bha-
vān | kintu, ājanmasātmyāt sarpiḥ pradhānamanavarata-
miti sarpiḥ prāgupyastam | sarpiḥpānādibhistāvat sn-
ehayet yāvat "snehodvegaḥ klamaḥ " (hr̥. sū. a. 16 | 30)
ityādi snehalakṣaṇaṃ syāt | snehāklāntaṃ ca naraṃ pa-
10 yobhiḥ samāṣvāsya punaryūṣādibhiḥ snehānvitaiḥ sneha-
yet | tathā tarpaṇaiṣcānnaiḥ susnigdhaiḥ snehayet | tataḥ-
anantaraṃ , suṣṭvabhyaktaṃ antaṃ ṣaṅkarādyaiḥ-svedaiḥ
svedavidhigaditaiḥ, punaḥ punaḥ svedayet | eva svedite
sati yo guṇaḥ syāttamāha- § 17259

4.21.3 Aṣṭāṅgahr̥dayasaṃhitā

snehāktaṃ svinnamaṅgaṃ tu vakraṃ stabdhaṃ
savedanam | | 4 | |
yatheṣṭamānāmāyituṃ sukhomeva hi
ṣakyate | | 5 | | § 17261

4.21.4 Sarvāṅgasundarā

snehābhyaktaṃ gātraṃ svinnaṃ sadvakraṃ tathā sta-
bdhaṃ tathā sarujaṃ yatheṣṭaṃ sukhomevānāmāyituṃ

ṣakyate | "jalahvalahmalanamāmanupasargāṇaṃ vā mi-
tvam | " iti nāmayitumityatra na hṛsvatvam | etadeva dṛṣṭ-
āntadvāreṇa pratipādayannāha-- § 17262

4.21.5 Aṣṭāṅgahṛdayasaṃhitā

ṣuṣkāṇyapi hi kāṣṭhāni snehasvedopapādanaiḥ | | 5 | |
ṣakyam karmaṇyatām netum kimu gātrāṇi
jīvitām | | 6 | | § 17264

4.21.6 Sarvāṅgasundarā

hi-yasmāt, ṣuṣkāṇyapi kāṣṭhāni snehasvedasamyojanena
karmaṇyatām netum ṣakyante | kimuta jīvatām gātr-
āṇi na ṣakyante ? ṣakyanta evetyarthaḥ | ṣakyamiti pū-
rvoktakramamātre napuṃsakatvamekatvam ca | yathā
kālidāsasya-"ṣakyamaṅgulibhiruddhṛtairadhaḥ ṣākhinām 5
patitapuṣpakomalaiḥ | patrajarjaraṣaṣiprabhālavairebhir-
utkacayitum tavālakān | | " iti | § 17265

4.21.7 Aṣṭāṅgahṛdayasaṃhitā

harṣatodarugāyāmaṣophastambhagrahādayaḥ | | 6 | |
svinnasyāṣu praśāmyanti mārđavaṃ
copajāyate | | 7 | | § 17267

4.21.8 Sarvāṅgasundarā

svinnasya puṃso harṣādayaḥ ṣīghraṃ praśāmyanti | mṛd-
utvam ca gātreṣu jāyate | § 17268

4.21.9 Aṣṭāṅgahṛdayasaṃhitā

snehaṣca dhātūn saṃṣuṣkān puṣṇātyāṣūpayojitaḥ | | 7 | |
balamagnibalaṃ puṣṭim
prāṇāṃṣcāsyābhivardhayet | | 8 | | § 17270

4.21.10 Sarvāṅgasundarā

tathā, sninnasya sneha upayojito dhātūn viṣuṣkān drāg-
eva puṣṇāti | tathā, asya-vātarogīṇo, balādīnabhivardha-
yet | § 17271

4.21.11 Aṣṭāṅgahr̥dayasaṃhitā

asakṛttaṃ punaḥ snehaiḥ svedaiṣca pratipādayet | | 8 | |
tathā snehamṛdau koṣṭhe na
tiṣṭhantyanilāmayāḥ | | 9 | | § 17273

4.21.12 Sarvāṅgasundarā

taṃ-āturaṃ, punaḥ snehasvedābhyāṃ yojayet | tathā-
evaṃ kṛte snehamṛdau koṣṭhe sati sarve vātarogā naṣya-
nti | § 17274

4.21.13 Aṣṭāṅgahr̥dayasaṃhitā

yadyetena sadoṣatvātkarmaṇā na praśāmyati | | 9 | |
mṛdubhiḥ snehasaṃyuktairbheṣajaistaṃ
viṣodhayet | | 10 | | § 17276

4.21.14 Sarvāṅgasundarā

anena karmaṇā cenna praśāmyati vātāmayastadā taṃ-
vātāmayinaṃ, mṛdubhirdravayiḥ-karṇikārādibhiḥ, snehā-
nvitairviṣodhayet | § 17277

4.21.15 Aṣṭāṅgahr̥dayasaṃhitā

ghṛtaṃ tilvakasiddhaṃ vā sātālāsiddhameva vā | | 10 | |
payasairaṇḍatailaṃ vā pibeddoṣaharaṃ
śivam | | 11 | | § 17279

4.21.16 Sarvāṅgasundarā

tilvakena pakvaṃ sātalayā vā pakvaṃ kṣīreṇa vā sahaira-
ṇḍatailaṃ pibet | tacca pītaṃ doṣaharaṃ śivaṃ ca syāt |
nanu, kimityanulomanaṃ kriyate ? ityāha- § 17280

4.21.17 Aṣṭāṅgahr̥dayasaṃhitā

snigdhāmlalavaṇoṣṇādyairāhārairhi malaṣcitaḥ | | 11 | |
sroto baddhvā+anilaṃ
rundhyāttasmāttamanulomayet | | 12 | | § 17282

4.21.18 Sarvāṅgasundarā

yasmāt snigdhādibhirāhārairmalaṣcitaḥ srotāṃsi ruddhvā
vāyuṃ rundhyāt, tasmānmārutamanulomayet | § 17283

4.21.19 Aṣṭāṅgahr̥dayasaṃhitā

durbalo yo+avirecyaḥ syātaṃ nirūhairupācaret | | 12 | |
dīpanaiḥ pācanīyairvā bhojyairvā
tadyutairnaram | | 13 | |
saṃsuddhasyotthite cāgnau snehasvedau
punarhitau | | 13 | | § 17286

4.21.20 Sarvāṅgasundarā

yo naro durbalo virecanānarho bhavet taṃ-naraṃ, nirūh-
airupācaret | kimbhūtaiḥ ? dīpanai pācanīyaiṣca | athavā,
tadyutaiḥ-dīpanīyapācanīyayutaiḥ, bhojyairupācaret | an-
antaraṃ samyakṣuddhasya vahnau cotthite sati punarapi
snehasvedau hitau | § 17287

5

4.21.21 Aṣṭāṅgahr̥dayasaṃhitā

āmāṣayagate vāyau vāmitapratibhojite | | 14 | |

sukhāmbunā ṣaḍdharaṇaṃ vacādiṃ vā
prayojayet | | 14 | |
sandhuksite+agnau parato vidhiḥ
kevalavātikaḥ | | 15 | | § 17290

4.21.22 Sarvāṅgasundarā

āmāṣayagate vāte sati tathā vamiṭaṣcāsau pratibhojitaṣca
tasmin vamiṭapratibhojite nara uṣṇajalena ṣaḍdharaṇaṃ
vacādigaṇaṃ (hr̥. sū. a. 15 | 35) vā prayojayet | ṣaḍdharaṇa-
yogaḥ saṅgrahādevāvagantavyaḥ | tatraivaṃ paṭhyate (ci.
5 a. 21)- "dārvīkaliṅgakaṭukātiviṣāgnipāṭhā mūtreṇa sūkṣm-
arajaso dharaṇapramāṇāḥ | pītā jayanti gudajodaraku-
ṣṭhamehakoṣṭhānilādhyapavanagrahaṇīpradoṣān | |" iti |
dharaṇaṃ-palasya daṣamo bhāgaḥ | agnau sandīpīte sati,
anantaraṃ kevalavātiko vidhiḥ, 'kāryaḥ' iti ṣeṣaḥ | § 17291

4.21.23 Aṣṭāṅgahr̥dayasaṃhitā

matsyānnābhipradeṣasthe
siddhānbilvaṣalāṭubhiḥ | | 15 | | § 17292

4.21.24 Sarvāṅgasundarā

nābhipradeṣasthe vāte matsyān bilvaṣalāṭubhiḥ siddhā yo-
jayet | § 17293

4.21.25 Aṣṭāṅgahr̥dayasaṃhitā

bastikarma tvadhonābheḥ ṣasyate
cāvapīḍakaḥ | | 16 | | § 17294

4.21.26 Sarvāṅgasundarā

adhonābheḥ sthite vāte+avapīḍakaḥ ṣasyate | caṣabdānm-
atsyāṣca | § 17295

4.21.27 Aṣṭāṅgahr̥dayasaṃhitā

koṣṭhage kṣāracūrṇādyā hitāḥ
pācanadīpanāḥ | | 16 | | § 17296

4.21.28 Sarvāṅgasundarā

koṣṭhage vāyau kṣārādyāḥ pācanā dīpanāṣca hitāḥ | § 17297

4.21.29 Aṣṭāṅgahr̥dayasaṃhitā

hṛtsthe payaḥ sthirāsiddham----- | | 17 | | § 17298

4.21.30 Sarvāṅgasundarā

hr̥dayasthite samīraṇe kṣīraṃ ṣāliparṇyā ṣṛtaṃ hitam |
§ 17299

4.21.31 Aṣṭāṅgahr̥dayasaṃhitā

-----ṣirobastiḥ ṣirogate | | 17 | |
snaiḥikaṃ nāvanam dhūmaḥ ṣrotrādīnām ca
tarpaṇam | | 17 | | § 17301

4.21.32 Sarvāṅgasundarā

ṣirogate ṣirobastiḥ ṣasyate | snaiḥikaṃ nasyaṃ tathā dhū-
maḥ karṇāditarpaṇam ca hitam | § 17302

4.21.33 Aṣṭāṅgahr̥dayasaṃhitā

svedābhyaṅganivātāni hr̥dyaṃ cānnaṃ
tvagāṣṛite | | 18 | | § 17303

4.21.34 Aṣṭāṅgahr̥dayasaṃhitā

sa-tvaksthe maruti svedādīni hitāni | hr̥dayapriyaṃ
cānnaṃ hitam | § 17304

4.21.35 Aṣṭāṅgahr̥dayasaṃhitā

ṣītāḥ pradehā raktasthe vireko
raktamokṣaṇam | | 18 | | § 17305

4.21.36 Sarvāṅgasundarā

raktasthe vāte ṣītāḥ pradehā raktamokṣaṇam ca hitam |
§ 17306

4.21.37 Aṣṭāṅgahr̥dayasaṃhitā

vireko māṃsamedahsthe nirūhāḥ ṣamanāni
ca | | 19 | | § 17307

4.21.38 Sarvāṅgasundarā

māṃsamedahsthe vāyau virekastathā nirūhāḥ ṣamanāni
ca hitāni | § 17308

4.21.39 Aṣṭāṅgahr̥dayasaṃhitā

bāhyābhyantarataḥ snehairasthimajjagataṃ
jayet | | 19 | | § 17309

4.21.40 Sarvāṅgasundarā

asthimajjastaṃ mārutaṃ bāhyābhyantarataḥ snehairja-
yet | § 17310

4.21.41 Aṣṭāṅgahr̥dayasaṃhitā

praharṣo+annaṃ ca ṣukrasthe balaṣukrakaraṃ
hitam | | 20 | | § 17311

4.21.42 Sarvāṅgasundarā

ṣukrasthe samīraṇe praharṣaṇaṃ tathā balaṣukrakāri cā-
nnaṃ hitam | § 17312

4.21.43 Aṣṭāṅgahr̥dayasaṃhitā

vibaddhamārgaṃ dṛṣṭvā tu ṣukraṃ
dadyādvirecanam | | 20 | |
viriktaṃ pratibhuktaṃ ca pūrvoktāṃ
kārayetkriyāṃ | | 21 | | § 17314

4.21.44 Sarvāṅgasundarā

ṣukraṃ ca ruddhamārgaṃ dṛṣṭvā virekaṃ dadyāt | viri-
ktaṃ pratibhuktaṃ ca naraṃ pūrvoditāṃ kriyāṃ kārayet |
"hr̥kroranyatarasyām | " iti pratibhuktasyāpi karmatvam |
§ 17315

4.21.45 Aṣṭāṅgahr̥dayasaṃhitā

garbhe ṣuṣke tu vātena bālānāṃ ca viṣuṣyatām | | 21 | |
sitākāṣmaryamadrukaiḥ siddhamutthāpane
payah | | 22 | | § 17317

4.21.46 Sarvāṅgasundarā

vātena garbhe ṣuṣke sati bālānāṃ ca viṣuṣyatām ṣarkarād-
ibhiḥ siddham kṣīramutthāpane hitam | § 17318

4.21.47 Aṣṭāṅgahr̥dayasaṃhitā

snāvasandhiṣirāprāpte
snehadāhopanāhanam | | 22 | | § 17319

4.21.48 Sarvāṅgasundarā

snāvādiprāpte snehadāhopanāhanam hitam | § 17320

4.21.49 Aṣṭāṅgahr̥dayasaṃhitā

tailam saṅkucite+abhyaṅgo
māṣasaindhavasādhitam | | 23 | | § 17321

4.21.50 Sarvāṅgasundarā

saṅkucite+aṅge sati māṣasaindhavasādhitam tailamabhy-
aṅgaḥ | § 17322

4.21.51 Aṣṭāṅgahr̥dayasaṃhitā

āgāradhūmalavaṇatailairlepaḥ srute+asṛji | | 23 | |
supte+aṅge veṣṭayukte tu
kartavyamupanāhanam | | 24 | | § 17324

4.21.52 Sarvāṅgasundarā

rakte srute satyāgāradhūmādibhirlepaḥ | supte gātre ta-
thā veṣṭanayukte copanāhaḥ kāryaḥ | ākṣepakādīnām
madhyāt mahātyayatvādapatānakasya tāvaccikitsāmāha-
§ 17325

4.21.53 Aṣṭāṅgahr̥dayasaṃhitā

athāpatānakenārtamasrastākṣamavepanam | |24| |
astabdhamedhramasvedam
bahirāyāmavarjitam | |25| |
akhaṭvāghātinam cainam tvaritam
samupācaret | |25| | § 17328

4.21.54 Sarvāṅgasundarā

atha-anantaram, vātavyādhayaḥ saṃjñānirdiṣṭāḥ prastū-
yante | enam-apatānakārtam naram, asrastākṣādiyuktaṃ
yāvadakhaṭvāghātinam ca tvaritam kṛtvopakramet | § 17329

4.21.55 Aṣṭāṅgahr̥dayasaṃhitā

tatra prāgeva susnigdhasvinnāṅge tīkṣṇanāvanam | |26| |
srotoviśuddhaye yuñjyādacchapānam tato
ghṛtam | |26| |
vidāryādigaṇakvāthadadhikṣīrarasaiḥ
śṛtam | |27| |
nātimātram tathā vāyurvyāpnoti sahasaiva
vā | |27| | § 17333

4.21.56 Sarvāṅgasundarā

tasminnapatānakārte nare, pūrvameva ca suṣṭhu snigdḥā-
ṅge svinnāṅge ca tīkṣṇam nasyam-trikaṭukādinā, srotovi-
śuddhaye yojyam | tataḥ-anantaram, acchapānam ghṛtam
yuñjīta | katarat ? ityāha-vidāryādigaṇakvāthādiśṛtam |
ghṛtādvidāryādigaṇakvāthaścaturguṇo dadhikṣīrarasāḥ sa- 5
rpiḥsamā grāhyāḥ | tathā-evamkṛte sati, māruto+atimātram
na vyāpnoti | sahasā-jhaṭityeva ca, nāśrute | § 17334

4.21.57 Aṣṭāṅgahr̥dayasaṃhitā

kulathayavakolāni bhadradārvādikaṃ gaṇam | |28| |
niḥkvāthyānūpamāṃsaṃ ca tenāmlaiḥ
payasā+api ca | |28| |
svāduskandhapratīvāpaṃ mahāsnehaṃ
vipācayet | |29| |
5 sekābhyaṅgāvagāhānnapānanasyānuvāsanaḥ | |29| |
sa hanti vātaṃ, te te ca snehasvedāḥ
suyojitāḥ | |30| | § 17339

4.21.58 Sarvāṅgasundarā

kulathādīnānūpamāṃsaṃ ca niḥkvāthya tena kvāthenāmlaiḥ-
dhānyāmlādibhiḥ, svāduskandhakṛtakalkaṃ mahāsnehaṃ
vipācayet | saḥ-mahāsneho, vātaṃ hanti | te te ca-pūrvoktāḥ
snehāḥ svedāḥ, samyagyojitāḥ vātaṃ ghnanti | § 17340

4.21.59 Aṣṭāṅgahr̥dayasaṃhitā

vegāntareṣu mūrdhānamasakṛccāsyā recayet | |30| |
avapīdaiḥ pradhamaṇaistīkṣṇaiḥ
śleṣmanibarhaṇaiḥ | |31| |
ṣvasanāsu vimuktāsu tathā saṃjñāṃ sa
vindati | |31| | § 17343

4.21.60 Sarvāṅgasundarā

vegāntareṣu-vegāntarāleṣu, mūrdhānamasakṛt-bahūn vā-
rān, recayet | kaiḥ ? ityāha-avapīdaiḥ-"kalkādyairavapīdastu
sa tīkṣṇairmūrdharecanaḥ|" (hr̥. sū. a. 20|7) ityukt-
5 aiḥ | tathā pradhamaṇaiḥ-"dhmānaṃ virecaneṣcūrṇairy-
uñjyāt" (hr̥. sū. a. 20|8) ityuktaiḥ | etaiṣca tīkṣṇaiḥ-
tīkṣṇadravyakṛtaiḥ, ata eva śleṣmanāṣanaḥ | [tathā-
] evaṃkṛte sati, ṣvasanāsu śleṣmavimuktāsu saṃjñāṃ-
cetanāṃ, saḥ-rogi, labhate | prāṇanāḍyo hr̥dāṣṛitāḥ ṣvas-
anā ityucyante | § 17344

4.21.61 Aṣṭāṅgahr̥dayasaṃhitā

sauvarcalābhayāvyoṣasiddham
sarpiṣcale+adhike | | 31 | | § 17345

4.21.62 Sarvāṅgasundarā

vāyāvadhike sauvarcalādibhiḥ kalkīkṛtaiḥ siddham sarpi-
rhitam | § 17346

4.21.63 Aṣṭāṅgahr̥dayasaṃhitā

palāṣṭakaṃ tilvakato varāyāḥ prastham palāṃśam
gurupañcamūlam | | 32 | |
sairaṇḍasiṃhītrivṛtaṃ ghaṭe+apāṃ paktvā
pacetpādaśṛtena tena | | 32 | |
dadhnaḥ pātre yāvaśūkātribilvaiḥ
sarpiḥprastham hanti
tatsevyamānam | | 33 | |
duṣṭān vātānekasarvāṅgasamsthān
yonivyāpadgulmavardhmodaram
ca | | 33 | | § 17350

4.21.64 Sarvāṅgasundarā

tilvakato-lodhrāt palāṣṭakaṃ, triphalāyāḥ prastham, ma-
hatpañcamūlam pṛthak palabhāgam | kimbhutaṃ pañc-
amūlam ? eraṇḍavyāghrītrivṛtābhiryuktam | ete+api pa-
lāṃśā ityarthāḥ | jaladroṇe pacet | tena ca pādāvaśeṣeṇa
tathā dadhna ādhake yavakṣārapalaistribhighṛtaprastham 5
pacet | etacca ghr̥taṃ sevyamānam duṣṭavātādīn hanti |
upajātiśālinyau vṛtte | § 17351

4.21.65 Aṣṭāṅgahr̥dayasaṃhitā

vidhistilvakavajjñeyo ramyakaṣokayorapi | | 34 | | § 17352

4.21.66 Sarvāṅgasundarā

tilvakasyeva tilvakavat mahānimbasyāṣokasya ca vidha-
rjñeyah | § 17353

4.21.67 Aṣṭāṅgahr̥dayasaṃhitā

cikitsitamidaṃ kuryācśuddhavātāpatānake | | 35 | |
saṃsr̥ṣṭadoṣe saṃsr̥ṣṭaṃ----- | | 35 | | § 17355

4.21.68 Sarvāṅgasundarā

evamupakramaṃ śuddhavātāpatānake kuryāt | saṃsr̥ṣṭa-
doṣe saṃsr̥ṣṭaṃ-doṣadvayoktaṃ, cikitsitaṃ kuryāt | § 17356

4.21.69 Aṣṭāṅgahr̥dayasaṃhitā

-----cūrṇayitvā kaphānvite | | 35 | |
tumarūṇyabhayā hiṅgu paṣkaraṃ
lavaṇatrayam | | 36 | |
yavakvāthāmbunā peyaṃ
hr̥tpār̥ṣvār̥tyapatantake | | 36 | |
hiṅgu sauvarcalaṃ ṣuṅṭhī dāḍimaṃ
sāmlavetasam | | 37 | |
5 pibedvā ṣleṣmapavanahr̥drogoktaṃ ca
ṣasyate | | 37 | | § 17361

4.21.70 Sarvāṅgasundarā

kaphayukte tumbarvādikaṃ cūrṇayitvā yavakvāthajalena
peyaṃ hr̥tpīḍādiṣu(ke) | athavā, hiṅgvādikaṃ yavakvāth-
āmbunā peyam | ṣleṣmavātahr̥droge ca yatkaṭhitaṃ tacca
ṣasyate | § 17362

4.21.71 Aṣṭāṅgahr̥dayasaṃhitā

āyāmayorarditavadbāhyābhyantarayoḥ kriyā | |38| |
tailadroṇyāṃ ca ṣayanamāntaro+atra
sudustaraḥ | |38| | § 17364

4.21.72 Sarvāṅgasundarā

āyāmayorbāhyābhyantarayorarditavatkriyā syāt | tailadro-
ṇyāṃ ṣayanam ca | atra-anayormadhyāt, āntara āyāmaḥ
sudustaraḥ-atikaṣṭasādhyāḥ | § 17365

4.21.73 Aṣṭāṅgahr̥dayasaṃhitā

vivaraṇadantavadanaḥ srastāṅgo naṣṭacetanaḥ | |39| |
prasvidyaṃṣca dhanuṣambhī daṣarātram na
jīvati | |39| | § 17367

4.21.74 Sarvāṅgasundarā

vivaraṇadantāsyāḥ srastāṅgādih prasvedavāṃṣca dhanu-
ṣkambhī daṣarātram na jīvati | § 17368

4.21.75 Aṣṭāṅgahr̥dayasaṃhitā

vegeṣvato+anyathā jīvenmandeṣu vinato jaḍaḥ | |40| |
khañjaḥ kuñiḥ pakṣahataḥ paṅgulo
vikalo+athavā | |40| |
hanusraṃse hanū snigdhasvinnau
svasthānamānayet | |41| |
unnāmayecca kuṣalaṣcibukaṃ vivṛte
mukhe | |41| |
nāmayetsaṃvṛte
ṣeṣamekāyāmavadācaret | |42| | § 17373

5

4.21.76 Sarvāṅgasundarā

ato+anyathā-vivarnadantādiviparyayeṇa, tathā mandeṣu
vegeṣu satsu jīvet | jīvaṃśca vinatādiguṇaḥ syāt | sa0-
hanusraṃse tu hanū snigdhasvinnau santau svasthānaṃ
prāpayet | kuṣalo bhiṣak vivṛte mukhe sati cibukamū-
5 rdhvaṃ nāmayet | saṃvṛte tu mukhe cibukaṃ nāma-
yet | ṣeṣaṃ cikitsitamekayāmavadācaret-arditavadācaret |
§ 17374

4.21.77 Aṣṭāṅgahr̥dayasaṃhitā

jihvāstambhe yathāvasthaṃ kāryaṃ
vātacikitsitam | | 42 | | § 17375

4.21.78 Sarvāṅgasundarā

jihvāyāḥ stambhe sati yathāvasthaṃ vātasyopakramaḥ kā-
ryaḥ snehasvedānvitaḥ | § 17376

4.21.79 Aṣṭāṅgahr̥dayasaṃhitā

ardite nāvanaṃ mūrdhni tailaṃ
ṣrotrākṣitarpaṇam | | 43 | |
saṣophe vamaṇam, dāharāgayukte
sirāvyadhah | | 43 | | § 17378

4.21.80 Sarvāṅgasundarā

ardite nāvanādi cikitsitam | ṣophānvite sati vamaṇam kā-
ryam | dāhādiyukte sati sirāvyadhah | § 17379

4.21.81 Aṣṭāṅgahr̥dayasaṃhitā

snehanaṃ snehasaṃyuktaṃ pakṣāghāte
virecanam | | 44 | | § 17380

4.21.82 Sarvāṅgasundarā

pakṣāghāte snehanam tathā virekaḥ kāryaḥ snehānvitaḥ |
§ 17381

4.21.83 Aṣṭāṅgahr̥dayasaṃhitā

avabāhau hitam nasyam
snehaṣcōttarabhaktikaḥ | | 44 | | § 17382

4.21.84 Sarvāṅgasundarā

avabāhau nasyādi hitam | āme tūpavāsa eva hita ityuvāca
saṅgrahe (?) | § 17383

4.21.85 Aṣṭāṅgahr̥dayasaṃhitā

ūrustambhe tu na sneho na ca saṃśodhanam
hitam | | 45 | |
śleṣmāmamedobāhulyādyuktyā
tatkṣapaṇānyataḥ | | 45 | |
kuryādrūkṣopacāraśca
yavaśyāmākakodravāḥ | | 46 | |
śākairalavaṇaiḥ śastāḥ kiñcittailairjalaiḥ
śṛtaiḥ | | 46 | |
jāṅgalairaghr̥tairmāṃsairmadhvambhoriṣṭapāyinaḥ | | 47 | |
vatsakādirharidrādirvacādirvā
sasaindhavaḥ | | 47 | |
āḍhyavāte sukhāmbhobhiḥ peyaḥ
ṣaḍdharāṇo+athavā | | 48 | | § 17390

4.21.86 Sarvāṅgasundarā

ūrustambhe tu snehādi na hitam śleṣmāmamedobāhulyāt |
[ataḥ-] asmācca hetoḥ, tayoh-āmaśleṣmaṇoh, kṣapaṇāni-
kṣayakaraṇāni, yuñjyāt | rūkṣopacārārtham madhvambh-
oriṣṭapāyino yavādayaḥ śākairiṣallavaṇaistathā jalaiḥ śṛt-

aiḥ | tathā māṃsaiḥ saha | kimbhūtaiḥ ? jāṅgalaistathā gh-
ṛtarahitairhitāḥ | § 17391

4.21.87 Aṣṭāṅgahr̥dayasaṃhitā

lihyātkṣaudreṇa vā śreṣṭhācavyatiktākaṇāghanāt | | 48 | |
kalkaṃ samadhu vā
cavyapathyāgnisuradārujam | | 49 | |
mūtrairvā śīlayetpathyāṃ gugguḷuṃ
girisambhavam | | 49 | | § 17394

4.21.88 Sarvāṅgasundarā

athavā kṣaudreṇa triphalādikaṃ kalkaṃ lihyāt | cavyādi-
kaṃ vā kalkaṃ māḥṣikānvitaṃ lihyāt | athavā, gomūtreṇa
harītakīmabhyaset | tathā, gugguḷuṃ ṣīlājatu vā ṣīlayet |
§ 17395

4.21.89 Aṣṭāṅgahr̥dayasaṃhitā

vyoṣāgnimustatriphalāviḍaṅgairgugguḷuṃ
samam | | 50 | |
khādan sarvān jayedvyādhīn medaḥ
śleṣmāmavātajān | | 50 | | § 17397

4.21.90 Sarvāṅgasundarā

vyoṣādibhirnavabhirdravyaigugguḷaṃ tulyaṃ bhakṣayan
sarvān medaḥśleṣmāmavātajān vyādhīn hanti | § 17398

4.21.91 Aṣṭāṅgahr̥dayasaṃhitā

śāmyatyevaṃ kaphākṛāntaḥ samedaskaḥ
prabhañjanaḥ | | 51 | |

kṣāramūtrānvitān svedān sekānudvartanāni
ca | | 51 | |
kuryāddihyācca mūtrādhyaiḥ
karañjaphalasarṣapaiḥ | | 52 | |
mūlairvā+apyarkatarkārīnimbajaiḥ
sasurāhvayaiḥ | | 52 | |
sakṣaudrasarṣapāpakvaloṣṭavalmīkamṛttikaiḥ | | 53 | |
kaphakṣayārthaṃ vyāyāme sahye cainam 5
pravartayet | | 53 | |
sthalānyullaṅghayennārīḥ śaktiḥ
parīśīlayet | | 54 | |
sthiratoyaṃ saraḥ kṣemaṃ pratisroto nadīm
taret | | 54 | | § 17406

4.21.92 Sarvāṅgasundarā

evaṃ-prāgukte kriyākrame kṛte sati, kaphāvṛto marut sa-
medaskaḥ śāmyati | tathā kṣāramūtrayutān svedādīn ku-
ryāt | tathā, karañjaphalasarṣapaiḥ prabhūtamūtrāloḍitai-
rliṃpet | athavā, mūlairarkādijaiḥ kṣaudrādiyutairliṃpet |
enaṃ-ūrustambhinaṃ, soḍhuṃ śakye vyāyāme ca kapha- 5
kṣayāya pravartayet | śakya iti "śakisahośca" iti yat | vyā-
yāmaṃ śanaiḥ kārayedityarthaḥ | tameva vyāyāmamāha-
sthalānyullaṅghayet | nārīryathāśakti śīlayet | sthiratoyaṃ
sarastaret | kṣemaṃ-grahādirahitam | tathā nadīm taret |
katham ? pratisrotaḥ-srotobhimukham | § 17407 10

4.21.93 Aṣṭāṅgahr̥dayasaṃhitā

śleṣmamedah̥kṣaye cātra snehādīnavacārayet | | 55 | |
sthānadūṣyādi cālocya kāryā ṣeṣeṣvapi
kriyā | | 55 | | § 17409

4.21.94 Sarvāṅgasundarā

śleṣmamedah̥kṣaye satyasmin snehādīnavacārayet | sa0-
ṣeṣeṣu ca vātarogeṣu sthānadūṣyādīnnirūpya cikitsitaṃ
kāryam | § 17410

4.21.95 Aṣṭāṅgahr̥dayasaṃhitā

sahacaram suradāruṃ sanāgaram kvathitamambhasi
tailavimiṣritam | | 56 | |
pavanapīḍitadehagatiḥ piban drutavilambitago
bhavaticśayā | | 56 | | § 17412

4.21.96 Sarvāṅgasundarā

sahacarādi kvathitam tailayutam piban mārutārditaṣarīra
icśayā drutagamano vilambitagamano vā bhavati | tantra-
kṛtā sumatinaitadvātasya vṛttasya nāmāpi śliṣṭam kṛtvā vi-
baddham | drutavilambitākhyam hyetadvṛttam | tasya ca
5 lakṣaṇam (vṛ. ra. a. 3 | 49)- "drutavilambitamāha nabhau
bharau |" iti | § 17413

4.21.97 Aṣṭāṅgahr̥dayasaṃhitā

rāsnāmahaṣadhadvīpippalīṣaṭhipauṣkaram | | 57 | |
piṣṭvā vipācayetsarpivātarogaharam
param | | 57 | | § 17415

4.21.98 Sarvāṅgasundarā

rāsnādīn piṣṭvā sarpiḥ sāmānyaparibhāṣayā vipācayet | ta-
cca suṣṭhu vātarogahṛt | § 17416

4.21.99 Aṣṭāṅgahr̥dayasaṃhitā

rohiṇyaruṣkaravacākaṇamūlayuktaiḥ | | 59 | |
mañjiṣṭhayā+ativīṣayā viṣayā yavānyā
saṃsuddhaguggulupalairapi
pañcasaṅkhyaiḥ | | 60 | |
jatrūrdhvasarvagadagulmagudotthamehān | | 61 | |
hr̥tpāṇḍurogamadavidradhivātaraktam | | 61 | | § 17420

4.21.100 Sarvāṅgasundarā

nimbādīnāṃ pṛthak pṛthak daṣapalānambudrone pa-
cet | tenāṣṭāṃṣaṣeṣeṇa kvāthena pāṭhādibhiryavānyant-
aiḥ kalkīkṛtaiḥ karṣāṃṣaiḥ śreṣṭhaguggulupalaiṣca pa-
ñcabhiḥ sarpiṣaḥ punaḥ prasthaṃ vipacet | tat-sarpiḥ, 5
ṣīlitaṃ vāyumatibalaṃ sandhyādigatamapi parākaroti |
kuṣṭhamapīdr̥ṣaṃ(k)-sandhyādigataṃ, hanti | tathā, nāḍ-
īvraṇādīn śamayati | vasantatilakāṣcatasraḥ | § 17421

4.21.101 Aṣṭāṅgahr̥dayasaṃhitā

balābilvaṣṛte kṣīre nṛtamaṇḍaṃ vipācayet | | 62 | |
tasya ṣuktiḥ prakuñco vā nasyaṃ vāte
ṣirogate | | 62 | | § 17423

4.21.102 Sarvāṅgasundarā

balābilvābhyāṃ kvathite kṣīre nṛtamaṇḍaṃ vipācayet |
tasya-nṛtamaṇḍasya pakvasya, karṣadvayaṃ palaṃ vā na-
syaṃ ṣirogate vāte prayoktavyam | § 17424

4.21.103 Aṣṭāṅgahr̥dayasaṃhitā

tadvatsiddhā vasā nakramatsyakūrmaculūkajā | | 63 | |
viṣeṣeṇa prayoktavyā kevale
mātariṣvani | | 63 | | § 17426

4.21.104 Sarvāṅgasundarā

tadvat-ghṛtamaṇḍavat, nakrādijā vasā kevale vāte viṣeṣeṇa
prayojyā | § 17427

4.21.105 Aṣṭāṅgahr̥dayasaṃhitā

jīrṇaṃ piṇyākaṃ pañcamūlaṃ pṛthak ca kvāthaṃ
kvāthābhyāmekastailamābhyāṃ | | 64 | |
dvātā naṣeyuḥ śleṣmayuktā
viṣeṣāt | | 64 | | § 17429

4.21.106 Sarvāṅgasundarā

purāṇaṃ piṇyākaṃ pañcamūlaṃ ca pṛthak kvāthyam |
kvāthābhyāmetābhyāṃ tailamekataḥ-ekasmin tailaṃ mi-
śritaṃ, kṣīrādaṣṭāṃṣaṃ pācayet | tena tailena vātā naṣya-
nti, viṣeṣeṇa kaphayuktāḥ | vaiṣvadevī | § 17430

4.21.107 Aṣṭāṅgahr̥dayasaṃhitā

prasāriṇītulākvāthe tailaprasthaṃ payaḥsamam | | 65 | |
dvimedāmiṣimañjiṣṭhākuṣṭharāsnākucandanaiḥ | | 65 | |
jīvakaṣabhakākoliyugulāmaradārubiḥ | | 66 | |
kalkitairvipacetsarvamārutāmāyanāṣanam | | 66 | | § 17434

4.21.108 Sarvāṅgasundarā

prasāriṇītulākvāthe tailaprasthaṃ kṣīrasamaṃ dvimedād-
ibhiḥ kalkitaiḥ sāmānyaparibhāṣayoktakalkapramāṇairvi-
pacet | taccāṣeṣavātarogagṇam | § 17435

4.21.109 Aṣṭāṅgahr̥dayasaṃhitā

spr̥kpriyaṅgunalikāmbuṣilājaiḥ | | 68 | |
lohitānaladalohasurāhvaiḥ
kopanāmiṣituruṣkanataiṣca | | 68 | |
tulyakṣīraṃ pālikaistailapātraṃ siddhaṃ
kṛcśrān ṣīlitaṃ hanti vātān | | 69 | |
kampākṣepastambhaṣoṣādiyuktān
gulmonmādau pīnaṣaṃ
yonirogān | | 69 | | § 17439

4.21.110 Sarvāṅgasundarā

sahācarasya mūlaṣākhānvitasya tulāṃ sametāṃ daṣamū-
lācca tulāṃ ṣatāvaryāḥ palāni pañcāṣat jalasya caturdr-
oṇe pādāvaṣeṣaṃ vipacet | tasmin pādāvaṣeṣe sevyādi-
bhiḥ pālīkaistailāḍhakam tulyakṣīram siddham ṣīlitam kṛ-
cśrān mārutān kampādiyutān gulmādīṃṣca hanti | svāga- 5
tāṣālinyau vṛtte | § 17440

4.21.111 Aṣṭāṅgahṛdayasaṃhitā

sahācaratulāyāstu rase tailāḍhakam pacet | |70| |
mūlakalkāddaṣapalam payo dattvā
caturguṇam | |70| |
athavā nataṣaḍgranthāsthīrākuṣṭhasurāhva-
yāt | |71| |
sailānaladaṣaileyāṣatāhvāraktacandanāt | |71| |
siddhe+asmin ṣarkarācūrṇādaṣṭādaṣapalam 5
kṣipet | |72| |
bheḍasya sammatam tailam
tatkṛcśrānanilāmayān | |72| |
vātakuṇḍalikonmādagulmavardhmādīkān
jayet | |73| | § 17447

4.21.112 Sarvāṅgasundarā

sahācaratulāyāḥ kvāthe tailāḍhakam pacet | mūlakalkādd-
aṣapalāni kṣīram tailacaturguṇam dadyādityevam pākah |
athavā sahācaratulāyāḥ kvāthe natādibhiḥ siddhe+asmin
taile ṣarkarārajaso+aṣṭādaṣapalāni kṣipet | etacca bheḍā-
khyasya maharṣeḥ sammatam dāruṇān vātarogān vātak- 5
uṇḍalikādīṃṣca jayet | § 17448

4.21.113 Aṣṭāṅgahṛdayasaṃhitā

balāṣatam śinnaruhāpādam rāsnāṣṭabhāgikam | |73| |

jalāḍhakaśate paktvā ṣatabhāgasthite
rase | | 74 | |
dadhimastvikṣuniryāsaṣuktaistailāḍhakam
samaiḥ | | 74 | |
pacetsājayordhāmṣam kalkairebhiḥ
palonmitaiḥ | | 75 | |
ṣaṭhīsaraladārvelāmañiṣṭhāgurucandanaiḥ | | 75 | |
5 padmakātibalāmustāṣūrpaparṇihareṇubhiḥ | | 76 | |
yaṣṭyāhvasurasavyāghranakharṣabhakajīvakaiḥ | | 76 | |
palāṣarasakastūrīnalikājātikoṣakaiḥ | | 77 | |
sprkkākuṅkumaṣaileyajātikaṭuphalāmbubhiḥ | | 77 | |
tvakkundarukakarpūrataruṣkaṣrīnivāsakaiḥ | | 78 | |
10 lavaṅganakhakaṅkolakuṣṭhamāmsīpriyaṅgubhiḥ | | 78 | |
sthaṇeyatagaradhyāmavacāmadanakaplavaiḥ | | 79 | |
sanāgakesaraiḥ siddhe
dadyāccātrāvātārite | | 79 | |
patrakalkam tataḥ pūtam vidhinā
tatprayojitam | | 80 | |
kāsam ṣvāsam jvaram śardiṃ mūrcśam
gulmakṣataksayān | | 80 | |
15 plīhaṣoṣāvapasmāramalakṣmīm ca
praṇāṣayet | | 81 | |
balātailamidam ṣreṣṭham
vātavyādhivināṣanam | | 81 | | § 17465

4.21.114 Sarvāṅgasundarā

balāyāḥ śatam, guḍūcyāḥ pañcaviṃśatipalāni, rāsnāyāḥ
sārdhāni dvādaśapalāni, etacca jalāḍhakaśate paktvā+a+aḍhakamātrasthite
kvāthe dadhyādibhistulyaistailāḍhakamajākṣīrasyārdhāḍha-
kam śaṭhyādibhiḥ palonmitaiḥ pacet | kaṭuphalam-laghukaṅkolakam |
5 plavaḥ-kuṭannaṭaḥ | avatārite cāsmiṃ patrakalkam da-
dyāt | anantarametattailam vidhinā prayojitam kāsādīn
hanti | etadbalātailam śreṣṭham garbhavyāpaduktādbalā-
tailāt | tathā vātārogagham | § 17466

4.21.115 Aṣṭāṅgahr̥dayasaṃhitā

pāne nasye+anvāsane+abhyañjane ca snehāḥ kāle
samyagete prayuktāḥ | | 82 | |
rvandhyā nārīḥ putrabhājaṣca
kuryuḥ | | 82 | | § 17468

4.21.116 Sarvāṅgasundarā

ete-pūrvoktāḥ snehāḥ, pānādiṣu kāle-avasare, prayuktā
duṣṭān vātān drāgeva ṣamayeyuḥ | vandhyāṣca nārīḥ pu-
trabhājo vidadhyuḥ | ṣālinīvr̥ttam | § 17469

4.21.117 Aṣṭāṅgahr̥dayasaṃhitā

snehasvedairdrutaḥ ṣleṣmā yadā pakvāṣaye
sthitaḥ | | 83 | |
pittaṃ vā darṣayedrūpaṃ bastibhistam
vinirjayet | | 83 | |
iti śrīvaidyapatisiṃhaguptasūnuṣrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyām
caturthe cikitsitasthāne vātavyādhicikitsitaṃ
nāma ekaviṃṣo+adhyāyaḥ | | 21 | | § 17472

4.21.118 Sarvāṅgasundarā

snehasvedaiṣca yadā kapho druto-dravatvaṃ prāptaḥ, pa-
kvāṣayastho rūpaṃ darṣayet, athavā pittaṃ rūpaṃ darṣa-
yet, taṃ-kaphaṃ pittaṃ vā, bastibhirvinirjayet | iti śrīmr̥-
gāṅkadattaputraśrīmadaruṇadattaviracitāyāmaṣṭāṅgahr̥da-
yaṭīkāyām sarvāṅgasundarākhyāyām caturthe cikitsita- 5
sthāne vātavyādhicikitsitaṃ nāma ekaviṃṣo+adhyāyaḥ
samāptaḥ | | 21 | | § 17473

4.22 vātaṣṇitacikitsitadhyāyaḥ : 22

4.22.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto vātaṣṇitacikitsitaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) vātaṣṇitino raktaṃ snigdhasya bahuṣo
haret | | 1 | |
alpālpaṃ pālayan vāyuṃ yathādoṣaṃ
yathābalaṃ | | 1 | | § 17477

4.22.2 Sarvāṅgasundarā

vātaṣṇitino narasya snigdhasya sato bahūn vārān lohita-
malpālpaṃ haredvātakopabhayāt | ata evāha,-pālayan vā-
yum, tathā yathādoṣaṃ-doṣānatikrameṇa, tathā balānati-
krameṇa | yathādoṣamityupalakṣaṇārtham, dūṣyādyanati-
5 ikrameṇāpi raktaṃ haret | § 17478

4.22.3 Aṣṭāṅgahr̥dayasaṃhitā

ruḡrāgatodadāheṣu jalaukobhirvinirharet | | 2 | |
ṣṅgatumbaṣcicimākaṇḍūrugdūyanānvitam | | 2 | |
pracśānena sirābhirvā deṣāddeṣāntaraṃ
vrajat | | 3 | | § 17481

4.22.4 Sarvāṅgasundarā

ruḡrāgādiṣu satsu jalaukobhī rudhiraṃ haret | cemicimā-
dyanvitaṃ raktaṃ ṣṅgatumbairharet | deṣāddeṣāntaraṃ
gacśadaṣṅk pracśānena sirayā vā haret | § 17482

4.22.5 Aṣṭāṅgahr̥dayasaṃhitā

aṅgaglānau tu na srāvyaṃ rūkṣe vātottare ca yat | | 3 | |

gambhīraṃ ṣvayathuṃ stambhaṃ kampaṃ
snāyusirāmayān | | 4 | |
glānimanyāṃṣca vātothhān
kuryādvāyurasṛkṣayāt | | 4 | | § 17485

4.22.6 Sarvāṅgasundarā

aṅgaglānau tu satyāṃ na sādhyāṃ syāt | tathā rūkṣe vāt-
ottare ca yadraktaṃ tadapi na srāvyaṃ | rūkṣe sati vāta-
kitsitaṃ seveta | nanu, kasmādraktasrāvo na vidhīyate ?
ityāha-vāyurasṛkṣayādgambhīraṣophādīn kuryāt | § 17486

4.22.7 Aṣṭāṅgahrdayasaṃhitā

virecyaḥ snehayitvā tu
snehayuktairvirecanaiḥ | | 5 | | § 17487

4.22.8 Sarvāṅgasundarā

virecanayogyāḥ puruṣāḥ snehayitvā virecanadravyeḥ sne-
hayutairvirecanīyāḥ | § 17488

4.22.9 Aṣṭāṅgahrdayasaṃhitā

vātottare vātarakte purāṇaṃ pāyayedghṛtam | | 5 | | § 17489

4.22.10 Aṣṭāṅgahrdayasaṃhitā

vātottare vātarakte purāṇaṃ ghṛtaṃ pāyayet | § 17490

4.22.11 Aṣṭāṅgahrdayasaṃhitā

ṣrāvaṇīkṣīrakākoliḥṣīriṇījīvakaiḥ samaiḥ | | 6 | |
siddhaṃ sarṣabhakaiḥ sarpiḥ sakṣīraṃ
vātaraktanut | | 6 | | § 17492

4.22.12 Sarvāṅgasundarā

śrāvāṇyādibhiḥ ṛṣabhayuktaiḥ kalkīkṛtaiḥ siddham ghr̥-
tam dugdhayuktaṃ vā vātaśonitahr̥t | § 17493

4.22.13 Aṣṭāṅgahr̥dayasaṃhitā

drākṣāmadhūkavaribhyāṃ siddham vā
sasitopalam | | 7 | |
ghr̥tam pibettathā kṣīraṃ guḍūcīsvarase
śṛtam | | 7 | |
tailaṃ payaḥ śarkarāṃ ca pāyayedvā
sumūrcchitam | | 8 | | § 17496

4.22.14 Sarvāṅgasundarā

drākṣāmadhūkayoḥ kvāthe siddham vā ghr̥tam saśarka-
raṃ pibet | kṣīraṃ ca guḍūcīsvarase kvathitaṃ pibet | tai-
lādi vā sammiśritaṃ pāyayet | § 17497

4.22.15 Aṣṭāṅgahr̥dayasaṃhitā

balāśatāvarīrāsnādaśamūlaiḥ sapīlubhiḥ | | 8 | |
śyāmairāṇḍasthirābhiśca vātārtighnaṃ śṛtam
payaḥ | | 9 | | § 17499

4.22.16 Sarvāṅgasundarā

balādibhiḥ śṛtam payo vātarujānāṣanaṃ syāt | § 17500

4.22.17 Aṣṭāṅgahr̥dayasaṃhitā

dhāroṣṇaṃ mūtrayuktaṃ vā kṣīraṃ
doṣānulomanam | | 9 | | § 17501

4.22.18 Sarvāṅgasundarā

dhāroṣṇaṃ kṣīraṃ gomūtrayuktaṃ vā doṣānulomanam
syāt | § 17502

4.22.19 Aṣṭāṅgahr̥dayasaṃhitā

paitte paktvā varītikṭāpaṭolatriphalāmṛtāḥ | | 10 | |
pibeddhṛtaṃ vā kṣīraṃ vā
svādutiktakasādhitaṃ | | 10 | | § 17504

4.22.20 Sarvāṅgasundarā

paitte-pittādhike vātaṣoṇite, śatāvaryādīn paktvā pibet |
svādutiktadravyaiḥ sādhitam ghṛtaṃ kṣīraṃ vā pibet |
§ 17505

4.22.21 Aṣṭāṅgahr̥dayasaṃhitā

kṣīreṇairañdatailaṃ ca prayogeṇa pibennaraḥ | | 11 | |
bahudoṣo virekārthe jīrṇe
kṣīraudaṇāṣanaḥ | | 11 | | § 17507

4.22.22 Sarvāṅgasundarā

bahudoṣo nara virekārthamerañdatailaṃ kṣīreṇa pibet | jī-
rṇe tasmin kṣīraudaṇāṣi syāt | § 17508

4.22.23 Aṣṭāṅgahr̥dayasaṃhitā

kaṣāyamabhayānāṃ vā pāyayeddhṛtabharjitaṃ | | 12 | |
kṣīrānupānaṃ trivṛtācūrṇe drākṣārasena
vā | | 12 | | § 17510

4.22.24 Sarvāṅgasundarā

athavā, harītakīnāṃ kvātham ghṛtabharjitam pāyayet | tri-
vṛtāmūlacūrṇam kṣīrānupānam drākṣārasena vā pāyayet |
§ 17511

4.22.25 Aṣṭāṅgahr̥dayasaṃhitā

nirharedvā malam tasya saghṛtaiḥ kṣīrabastibhiḥ | | 13 | |
na hi bastisamaṃ
kiñcidvātaraktacikitsitam | | 13 | |
viśeṣātpyupārśvoruparvāsthijaṭharārtiṣu | | 14 | | § 17514

4.22.26 Sarvāṅgasundarā

athavā tasya-vātaraktavato, malam kṣīrabastibhirghṛtānvi-
tairnirharet | yasmādbastitulyam nānyadvātaraktacikitsit-
amasti | viśeṣeṇa pāthvādipīḍāsu bastirhitaḥ | § 17515

4.22.27 Aṣṭāṅgahr̥dayasaṃhitā

mustādhātrīharidrāṇam pibetkvātham
kapholbaṇe | | 14 | |
sakṣaudram triphalāyā vā guḍūcīm vā
yathātathā | | 15 | | § 17517

4.22.28 Sarvāṅgasundarā

mustādīnāṃ kvātham mākṣikānvitam kaphottare vātaṣoṇ-
ite pibet | triphalāyāḥ kvātham vā samākṣikam pibet | sa-
rveṇa prakāreṇa guḍūcīm vā pibet | § 17518

4.22.29 Aṣṭāṅgahr̥dayasaṃhitā

yathārhasnehapītam ca vāmitam mṛdu rūkṣayet | | 15 | |

triphalāvyoṣapatrailātvakkṣīrīcitrakam
vacām | | 16 | |
viḍaṅgam ṁ pippalīmūlam lomaṣam vṛṣakam
tvacam | | 16 | |
ṛddhim lāṅgalikīm cavyam samabhāgāni
peṣayet | | 17 | |
kalye liptvā+a+ayasīm pātrīm madhyāhne
bhakṣayedidam | | 17 | |
vātāsre sarvadoṣe+api param ṣūlānvite
hitam | | 18 | | § 17524

5

4.22.30 Sarvāṅgasundarā

yo yasyārhaḥ snehastam pītavantam kṛtavamanam ca
mṛdu kṛtvā rūkṣayet | sa0-triphalādīni samāṁṣāni jalena
peṣayet | piṣṭvā ca prabhāte lauhīm pātrīm liptvā madhy-
āhna idam bhakṣayet | etacca vātarakte sarvadoṣe+api pa-
ram ṣūlānvite hitam | § 17525

5

4.22.31 Aṣṭāṅgahr̥dayasaṁhitā

kokilākṣakaniryūhaḥ pītastacśākabhojinā | | 18 | |
kṛpābhyāsa iva krodham vātaraktam
niyacśati | | 19 | | § 17527

4.22.32 Sarvāṅgasundarā

kokilākṣabhojinā kokilākṣakakvāthaḥ pīto vātaraktam ṣa-
mayati | kṛpābhyāsaḥ krodham yathā | § 17528

4.22.33 Aṣṭāṅgahr̥dayasaṁhitā

pañcamūlasya dhātryā vā rasairlelītakīm vasām | | 19 | |
khuḍam surūḍhamapyāṅge brahmacārī piban
jayet | | 20 | | § 17530

4.22.34 Sarvāṅgasundarā

pañcamūlasya rasairāmalakarasairvā lelītakīm vasāṃ br-
ahmacārī piban ṣarīre kṛḍaṃ susthirībhūtamapi jayet |
§ 17531

4.22.35 Aṣṭāṅgahr̥dayasaṃhitā

ityābhyantaramuddiṣṭaṃ karmabāhyamataḥ
param | | 20 | | § 17532

4.22.36 Sarvāṅgasundarā

iti-evaṃ, abhyantaraṃ karma-cikitsitamuktam | sa0-ataḥ
paraṃ bāhyaṃ karmocyate | § 17533

4.22.37 Aṣṭāṅgahr̥dayasaṃhitā

āranālāḍhake tailaṃ pādasarjarasaṃ ṣṛtam | | 21 | |
prabhūte khajitaṃ toyē
jvaradāhārtinutparam | | 21 | | § 17535

4.22.38 Sarvāṅgasundarā

kāñjikasyāḍhake tailaṃ caturthabhāgasarjarasaṃ pakvaṃ
prabhūte jale mathitaṃ paraṃ jvaradāhārtinut | § 17536

4.22.39 Aṣṭāṅgahr̥dayasaṃhitā

samadhūcśiṣṭamañjiṣṭhaṃ sasarjarasasārivam | | 22 | |
piṇḍatailam tadabhyaṅgādvātaraktarujāpa-
ham | | 22 | | § 17538

4.22.40 Sarvāṅgasundarā

pūrvoktaṃ tailaṃ pakvaṃ saha madhūcśiṣṭamañjiṣṭhāsa-
rjarasasārivābhirāvāparūpābhirvartate yattadevabhūtaṃ
satpiṇḍatailamucyate | taccābhyaṅgādvātaraktarujāharam |
§ 17539

4.22.41 Aṣṭāṅgahr̥dayasaṃhitā

daṣamūlaṣṭaṃ kṣīraṃ sadyaḥ śulanivāraṇam | | 23 | |
pariṣeko+anilaprāye tadvatkoṣṇena
sarpiṣā | | 23 | | § 17541

4.22.42 Sarvāṅgasundarā

daṣamūlena kṣīraṃ siddhaṃ śīghrameva śūlahṛt, pariṣek-
eṇetyarthādavagamyate | ata evāha-pariṣeko+anilaprāye |
tatheva koṣṇena sarpiṣā-ghṛtena, hitaḥ | § 17542

4.22.43 Aṣṭāṅgahr̥dayasaṃhitā

snehairmadhurasiddhairvā caturbhiḥ pariṣecayet | | 24 | |
stambhākṣepakaṣūkārtāṃ koṣṇairdāhe tu
ṣītalaiḥ | | 24 | | § 17544

4.22.44 Sarvāṅgasundarā

athavā stambhādibhirārtāṃ naraṃ caturbhirmadhuradra-
vyasādhitaiḥ snehaiḥ koṣṇaiḥ pariṣecayet | dāhe punasta-
ireva ṣītaiḥ pariṣecayet | § 17545

4.22.45 Aṣṭāṅgahr̥dayasaṃhitā

tadvadgavyāvīkacśāgaiḥ
kṣīraistailavimiṣritaiḥ | | 25 | | § 17546

4.22.46 Aṣṭāṅgahr̥dayasaṃhitā

athavā, gavyāvīkacśāgaiḥ kṣīraistailavimiṣritaiḥ koṣṇaiḥ
stambhākṣepakaṣūlārtam tadvat-prāgvat,
pariṣecayet | dāhe punaretaireva kṣītaiḥ
pariṣecayet | § 17547

4.22.47 Aṣṭāṅgahr̥dayasaṃhitā

niḥkvāthairjīvanīyānām pañcamūlasya vā
laghoḥ | | 25 | | § 17548

4.22.48 Sarvāṅgasundarā

jīvanīyānām dravyāṅām niḥkvāthairlaghorvā pañcamūla-
sya kvāthaiḥ koṣṇaiḥ stambhādyārtam pariṣecayet | dāhe
tu śītalaiḥ | § 17549

4.22.49 Aṣṭāṅgahr̥dayasaṃhitā

drākṣekṣurasamadyāni dadhimastvamlakāñjikam | | 26 | |
sekārtham taṇḍulakṣaudraṣarkarāmbhaṣca
ṣasyate | | 26 | | § 17551

4.22.50 Sarvāṅgasundarā

dāhe drākṣārāsa ikṣurāsa madyāni dadhimastvamlakāñji-
kam sekārtham ṣasyate | tathā, taṇḍulāmbhaḥ kṣaudrā-
mbhaḥ ṣarkarāmbhaṣca sekārtham ṣasyate | § 17552

4.22.51 Aṣṭāṅgahr̥dayasaṃhitā

priyāḥ priyaṃvadā
nāryaścandamārdrakarastanāḥ | | 27 | |
sparśaśītāḥ sukhasparśā ghnanti dāham rujaṃ
klamam | | 27 | | § 17554

4.22.52 Sarvāṅgasundarā

nāryaḥ priyāḥ-vallabhāḥ, priyavacasaścandanonārdrāḥ ka-
rāḥ stanāśca yāsāṃ tām evaṃvidhāḥ sparśena śītāḥ sukh-
asparśāśc dāhaṃ [rujaṃ] klamaṃ ca ghnanti | § 17555

4.22.53 Aṣṭāṅgahr̥dayasaṃhitā

sarāge saruje dāhe raktaṃ hr̥tvā pralepayet | | 28 | |
prapauṇḍarīkamañjiṣṭhādārvīmadhukacandanaiḥ | | 28 | |
sitopalairakāsaktumasūroṣīrapadmakaiḥ | | 29 | |
lepo rugdāhavīsarparāgaṣoḥphanibarha-
ṇaḥ | | 29 | | § 17559

4.22.54 Sarvāṅgasundarā

dāhe sarāge sati raktaṃ hr̥tvā prapauṇḍarīkāḍibhirle-
paḥ kāryaḥ | sa ca lepo rugdāhādinibarhaṇaḥ | dārvī-
dāruharidrā | madhukaṃ-yaṣṭīmadhu | sitopalā-ṣarkarā |
erakāsaktuḥ-erakābījasaktuḥ | § 17560

4.22.55 Aṣṭāṅgahr̥dayasaṃhitā

vātaghnaiḥ sādhitāḥ snigdhaḥ kṛṣaro
mudgapāyasaḥ | | 30 | |
tilasarṣapapiṇḍaiśca
śūlaghnamupanāhanam | | 30 | | § 17562

4.22.56 Sarvāṅgasundarā

kṛṣaraḥ-tilamudgādikṛto, vātaghnaiḥ sādhitō mudrapāyaso-
mudrakṣīre yo miśritaḥ, tilasarṣapapiṇḍaiścaitadupanāha-
naṃ śūlaghnam | § 17563

4.22.57 Aṣṭāṅgahr̥dayasaṃhitā

audakaprasahānūpavesavārāḥ susaṃskṛtāḥ | | 31 | |
jīvanīyauṣadhaiḥ snehayuktāḥ
syurupanāhane | | 31 | |
stambhatodarugāyāmaṣophāṅgagrahanāṣanāḥ | | 32 | |
jīvanīyauṣadhaiḥ siddhā sapayaskā vasā+api
vā | | 32 | | § 17567

4.22.58 Sarvāṅgasundarā

audakādyā jīvanīyauṣadhaiḥ sādhitāḥ snehayuktāḥ susa-
ṃskṛtā upanāhena stambhādināṣanāḥ syuḥ | athavā, au-
dakādīnāṃ vasā jīvanīyauṣadhaiḥ siddhā sapayaskā sta-
mbhādināṣanā syāt | § 17568

4.22.59 Aṣṭāṅgahr̥dayasaṃhitā

ghṛtaṃ saharānāmūlaṃ jīvantī chāgalaṃ payaḥ | | 33 | |
lepaḥ piṣṭāstilāstadvadbhr̥ṣṭāḥ payasi
nivṛtāḥ | | 33 | | § 17570

4.22.60 Sarvāṅgasundarā

sahacarajīvantīmūlakalko ghṛtacchāgapayomiśro lepa up-
ayogī bhavati | piṣṭāstilā bhr̥ṣṭāḥ-bhājitāḥ, payasi-kṣīre,
nivṛtāḥ-prakṣiptāḥ, tadvat-prāgvat pralepe yojyāḥ | § 17571

4.22.61 Aṣṭāṅgahr̥dayasaṃhitā

kṣārapriṣṭakṣumāṃ lepamerāṇḍasya phalāni vā | | 34 | |
kughārcchūlanivṛttyartham śatāhvām
vā+anile+adhike | | 34 | | § 17573

4.22.62 Sarvāṅgasundarā

kṣumām-atasīm, kṣīreṇa piṣṭāmadhike+anile ṣūlanivṛtya-
rthaṃ lepaṃ kuryāt | yadvā, eraṇḍasya phalāni kṣīrapīṣṭ-
āni ṣūlanivṛttyartham lepaṃ kuryāt | yadvā, ṣatapuṣpām
kṣīre piṣṭvā ṣūlanivṛttyartham lepaṃ kuryāt | § 17574

4.22.63 Aṣṭāṅgahr̥dayasaṃhitā

mūtrakṣārasurāpakvaṃ nṛtamabhyañjane
hitam | | 35 | | § 17575

4.22.64 Sarvāṅgasundarā

mūtrādibhiḥ siddham nṛtamadhike+anile+abhyañjane hi-
tam | § 17576

4.22.65 Aṣṭāṅgahr̥dayasaṃhitā

-----kaphottare | | 35 | |
gr̥hadhūmo vacā kuṣṭham ṣatāhvā
rajanīdvayam | | 36 | |
pralepaḥ
ṣūlanudvātarakte----- | | 36 | | § 17579

4.22.66 Sarvāṅgasundarā

kaphottare vātarakte gr̥hadhūmādipralepo hito bhavati |
ṣatāhvā-ṣatapuṣpā | rajanīdvayaṃ-haridre dve | § 17580

4.22.67 Aṣṭāṅgahr̥dayasaṃhitā

-----vātakaphottare | | 36 | |
madhuṣigrorhitam tadvadbījam
dhānyāmlasaṃyutam | | 37 | | § 17582

4.22.68 Sarvāṅgasundarā

vātakaphottare vātarakte madhuṣigrorbījaṃ kāñjikasaṃy-
uktaṃ tadvat-pralepe hitam | § 17583

4.22.69 Aṣṭāṅgahr̥dayasaṃhitā

muhūrtalīptamamlaiṣca
siñcedvātakaphottare | |37| | § 17584

4.22.70 Sarvāṅgasundarā

vātakaphottare vātarakte muhūrtalīptamarthādeva kāñj-
ikapiṣṭamadhuṣigrubījena līptamamlaiḥ-ṣuktādibhiḥ, si-
ñcet | § 17585

4.22.71 Aṣṭāṅgahr̥dayasaṃhitā

uttānaṃ lepanābhyaṅgaparīṣekāvagāhanaiḥ | |38| | § 17586

4.22.72 Sarvāṅgasundarā

uttānaṃ vātaraktaṃ lepādibhirācāret-cikitset | § 17587

4.22.73 Aṣṭāṅgahr̥dayasaṃhitā

virekāsthāpanasnehapānairgambhīramācāret | |38| | § 17588

4.22.74 Sarvāṅgasundarā

gambhīraṃ vātaṣoṇitaṃ virekādibhirācāret | § 17589

4.22.75 Aṣṭāṅgahr̥dayasaṃhitā

vātaṣleṣmottare koṣṇā lepadyāstatra ṣītalaiḥ | | 39 | |
vidāhaṣopharukkaṇḍūvivṛddhiḥ
stambhanādbhavet | | 39 | | § 17591

4.22.76 Sarvāṅgasundarā

vātaṣleṣmottara uttāne vātaṣoṇite lepādyāḥ koṣṇā hitāḥ |
tatra-tasmin vātaṣleṣmottare, ṣītalairlepanaiḥ stambhanāt
vidāhādīnām vivṛdbhirbhavati | § 17592

4.22.77 Aṣṭāṅgahr̥dayasaṃhitā

pittaraktottare vātarakte lepādayo himāḥ | | 40 | |
uṣṇaiḥ ploṣoṣarugrāgasvedāvadarāṇodbha-
vah | | 40 | | § 17594

4.22.78 Sarvāṅgasundarā

vātarakte pittaraktottare himāḥ ṣītā lepādayo hitāḥ | tatra
pittaraktottare vātarakta uṣṇairlepaiḥ pleṣādayo bhavanti |
§ 17595

4.22.79 Aṣṭāṅgahr̥dayasaṃhitā

madhuyaṣṭyāḥ palaṣataṃ kaṣāye pādaṣeṣite | | 41 | |
tailādḥakaṃ samakṣīraṃ pacetkalkaiḥ
palonmitaiḥ | | 41 | |
sthirātāmalakīdūrvāpayasyābhīrucandanaiḥ | | 42 | |
lohahaṃsapaḍīmāṃsīdvimedāmadhuparṇibhiḥ | | 42 | |
kākolikṣīrakākolīṣatapušparddhipadmakaiḥ | | 43 | |
jīvakarṣabhajīvantītvak+a+apatranakhavālakaiḥ | | 43 | |
prapauṇḍarīkamañjiṣṭhāsārivaindrīvitunnakaiḥ | | 44 | |
catusprayogaṃ
vātaṣṛk+a+apittadāhajvarārtinut | | 44 | | § 17603

4.22.80 Sarvāṅgasundarā

madhuyasṭyāḥ palaṣataṃ kvāthakalpanayā kvathitaṃ ta-
sminkaṣāye pādaṣeṣite caturbhāgāvaṣiṣṭe tailasyādḥakaṃ
samakṣīramādḥakapramāṇena kṣīreṇa tulyaṃ sthirād-
ibhiḥ palonmitaiḥ kalkīkr̥tairyuktaṃ pacet | tattailaṃ
5 catusprayogaṃ-pāne nasye+anuvāsane bastau ca yojitaṃ,
vātāsr̥gādīnāmartinudbhavet | sthirā-ṣāliparṇī | tāmala-
kībhūdhātrī | payasyā-arkapuṣpī | abhīruḥ-ṣatāvarī | lohaṃ-
agaru | haṃsapadī-kīṭamārī | madhuparṇī-guḍūcī | aindrī-
viṣālā | vitunnakaṃ-paripelavam | § 17604

4.22.81 Aṣṭāṅgahr̥dayasaṃhitā

balākaṣāyakalkābhyāṃ tailaṃ kṣīrasamaṃ pacet | | 45 | |
sahasraṣatapākaṃ
tadvātāsr̥gvātaroganut | | 45 | |
rasāyanaṃ mukhyatamamindriyāṇāṃ
prasādanam | | 46 | |
jīvanam br̥haṇam svaryaṃ
ṣukrāsr̥gdoṣanāṣanam | | 46 | | § 17608

4.22.82 Sarvāṅgasundarā

balākaṣāyeṇa kalkena ca tailaṃ kṣīreṇa samaṃ tulyaṃ pa-
cet | tat-tailaṃ, sahasrapākaṃ ṣatapākaṃ vā vātaṣoṇitavā-
tarogaharam | tathā, mukhyatamaṃ-ṣreṣṭham, tadrasāyanamindriyāṇāṃ-
cakṣurādīnāṃ, prasādanam-prasādajanakam | jīvanam-
5 prāṇadhāraṇam | br̥mhaṇam-upacayakaram | svaryaṃ-
svarakaram | ṣukrāsr̥gdoṣāṇāṃ nāṣanam | § 17609

4.22.83 Aṣṭāṅgahr̥dayasaṃhitā

kupite mārgasaṃrodhānmedaso vā kaphasya vā | | 47 | |
ativṛddhyā+anile ṣastaṃ nādau
snehanabr̥mhaṇam | | 47 | |

kṛtvā tatrādhyavātoktaṃ vātaṣṇitikam
tataḥ | | 48 | |
bheṣajam snehanam kuryādyacca
raktaprasādanam | | 48 | | § 17613

4.22.84 Sarvāṅgasundarā

anile-vāte, medaso+ativṛddhyā kaphasya vā+ativṛddhyā
mārgasaṃrodhāt kāraṇāt kupite snehanabr̥mhaṇamauṣ-
adhamādaḥ na ṣastam | tatra-medasāvṛte kaphāvṛte vā
vāte, ādhyavātoktaṃ yaccikitsitamuktaṃ tatkāryam | tataḥ
anantaram, vātaṣṇitikam snehanam bheṣajam kuryāt | 5
yaccāpi raktasya prasādanam tadapi kuryāt | vātaṣṇitaci-
kitsitamuktvā prāṇādicikitsāmāha- § 17614

4.22.85 Aṣṭāṅgahr̥dayasaṃhitā

prāṇādikope yugapadyathoddiṣṭam yathāmayam | | 49 | |
yathāsannaṃ ca bhaiṣajyam vikalpyam
syādyathābalaṃ | | 49 | | § 17616

4.22.86 Sarvāṅgasundarā

prāṇādīnām pañcānām yugapat-tulyakālam kope, yathoddiṣṭam-
yathoktavātavyādhicikitsānatikrameṇa, yathāmayam-prāṇādikopajanitar
yathāsannaṃ-prāṇādīnāmanyatamamāsannamanatikramya,
yasminneva roge ya eva prāṇādīnāmanyatama āsannasta-
meva cikitset | yathābalaṃ-balānatikrameṇa, prāṇādīnām- 5
anyatamasya balinaḥ pūrvapratikāram kuryāt | ityevama-
tra bhaiṣajyam-auśadham, vikalpyam-vikalpanīyam, syāt-
bhavet | § 17617

4.22.87 Aṣṭāṅgahr̥dayasaṃhitā

nīte nirāmatām sāme svedalaṅghanapācanaiḥ | | 50 | |
rūkṣaiścālepasekādyaiḥ
kuryātkevalavātanut | | 50 | | § 17619

4.22.88 Sarvāṅgasundarā

sāme vāte svedādibhistathā rūkṣaiḥ sekalepādibhīrnirām-
atām nīte paścāt kevalavātanut-śuddhavātacikitsitam, ku-
ryāt | § 17620

4.22.89 Aṣṭāṅgahr̥dayasaṃhitā

śoṣākṣepaṇasaṅkocastambhasvapanaḥ kampanam | | 51 | |
hanusraṃso+arditam khāñjyaṃ pāṅgulyaṃ
khuḍavātata | | 51 | |
sandhicyutiḥ pakṣavadho medomajjāsthigā
gadāḥ | | 52 | |
ete sthānasya gāmbhīryātsidhyeyuryatnato
navāḥ | | 52 | |
5 tasmājjayennavānetān balino
nirupadravān | | 53 | | § 17625

4.22.90 Sarvāṅgasundarā

śoṣaḥ-aṅgaśoṣaḥ | ākṣepaṇam-āyāmaḥ | saṅkocaḥ-aṅgāvayavānām |
stambho-daṇḍavat stabdhatā | svapanaḥ-acaitanyam | kampanam-
vepathuḥ | hanusraṃso-hanubhramśaḥ | ardittam-vāyunā
5 vakrīkṛtam vakrārdham | khāñjyaḥ-khañjatā | pāṅgulyaḥ-
paṅgutā | khuḍavāto-vātaśoṇitam | sandhicyutiḥ-sthānādbhramśaḥ |
pakṣavadhaḥ-pakṣāghātaḥ | tathā, ye gadāḥ-rogaḥ, meda-
ādisthānasthā bhavanti ta ete sthānasya gāmbhīryabhāv-
ena jātā navāḥ-acirakālotpannāḥ, yatnataḥ sidhyeyuḥ, bal-
inaḥ puṃsaḥ | tasmādetān śoṣādīn nirupadravān [navān-
10] śīghrajanmano, jayet-cikitset | § 17626

4.22.91 Aṣṭāṅgahr̥dayasaṃhitā

vāyau pittāvṛte śītamuṣṇām ca bahuṣaḥ kriyām | | 53 | |
vyatyāsādyojayetsarpirjīvanīyaḥ ca
pāyayet | | 54 | |
dhanvamāmsam yavāḥ śālvirekaḥ kṣīravān
mṛduḥ | | 54 | | § 17629

4.22.92 Sarvāṅgasundarā

vāyau pittāvṛte vyatyāsāt-paryāyeṇa, śītāmuṣṇāṃ ca kri-
yāṃ baḥuṣaḥ-ṣataṣo, yojayet | tathā, jīvanīyaṃ sarpistam-
āturaṃ pāyayet | atra ca pittāvṛte vāyau dhanvamāṃsam-
jāṅgalaṃ piṣitaṃ, yojyam | yavāḥ śālayaṣca, tathā kṣīravān-
kṣīrayukto, mṛdurvireko yojyaḥ | § 17630

5

4.22.93 Aṣṭāṅgahr̥dayasaṃhitā

sakṣīrā bastayaḥ kṣīraṃ pañcamūlabalāṣṛtam | | 55 | |
kāle+anuvāsanam
tailairmadhuraūṣadhasādhitaiḥ | | 55 | | § 17632

4.22.94 Sarvāṅgasundarā

atrāpi pittāvṛte vāyau bastayaḥ sakṣīrā yojyāḥ | pañcamūlam-
mahat, tena balāsaḥitena ṣṛtam kṣīraṃ prayoktavyam |
kāle-yathāvasaramanuvāsanayogye, madhuraūṣadhasādhi-
taistailairanuvāsanam deyam | § 17633

4.22.95 Aṣṭāṅgahr̥dayasaṃhitā

yaṣṭimadhubalātailaghr̥takṣīraiśca secanam | | 56 | |
pañcamūlakaṣāyeṇa vāriṇā śītalena
vā | | 56 | | § 17635

4.22.96 Sarvāṅgasundarā

madhuyaṣṭitailena balātailena ghr̥tena kṣīreṇa ca secanam
hitam | pañcamūlasya kaṣāyeṇa-kvāthena, vā śītalena vār-
iṇā pittāvṛte vāte secanam yojyam | § 17636

4.22.97 Aṣṭāṅgahr̥dayasaṃhitā

kaphāvṛte yavānnāni jāṅgalā mṛgapakṣiṇaḥ | | 57 | |

svedāstīkṣṇā nirūhāṣca vamaṇam
savirecanam | | 57 | |
purāṇasarpistailam ca tilasarṣapajam
hitam | | 58 | | § 17639

4.22.98 Sarvāṅgasundarā

kaphāvṛte yavānnāni hitāni | jāṅgalā mṛgāḥ pakṣiṇaṣca ta-
thā svedā hitāḥ | tīkṣṇā nirūhāḥ-āsthāpanaviṣeṣāṣca | tī-
kṣṇam vamaṇam savirecanam hitam | purāṇam ca sarpiḥ,
tilasarṣapajam ca tailam hitam | § 17640

4.22.99 Aṣṭāṅgahr̥dayasaṃhitā

saṃsr̥ṣṭe kaphapittābhyām pittamādao
vinirjayet | | 58 | | § 17641

4.22.100 Sarvāṅgasundarā

kaphapittābhyām dvābhyām saṃsr̥ṣṭe vāta ādāveva pittaṃ
vinirharet | paścāt kapham vātayuktaṃ jayet | § 17642

4.22.101 Aṣṭāṅgahr̥dayasaṃhitā

kārayedraktasaṃsr̥ṣṭe vātaṣoṇitikīm kriyām | | 59 | | § 17643

4.22.102 Sarvāṅgasundarā

raktasaṃsr̥ṣṭe vāte vātaṣoṇitikīm kriyām kārayet | § 17644

4.22.103 Aṣṭāṅgahr̥dayasaṃhitā

svedābhyāṅgarasāḥ kṣīram sneho māṃsāvṛte
hitam | | 59 | | § 17645

4.22.104 Sarvāṅgasundarā

māṃsāvṛte svedābhyaṅgamāṃsarasāḥ kṣīraṃ snehaśca
yathāyogametaddhitam | § 17646

4.22.105 Aṣṭāṅgahr̥dayasaṃhitā

pramehamedovātaghnamāḍhyavāte bhiṣagjitam | | 60 | |
mahāsneho+asthimajjasthe pūrvoktaṃ
retasā+a+avṛte | | 60 | | § 17648

4.22.106 Sarvāṅgasundarā

āḍhyavāte-medasā+a+avṛte vāyau, pramehanam medo-
ghnam vātaghnam ca bhiṣagjitam-auśadham, hitam | sa0-
asthimajjasthe vāte mahasneho-ghṛtamajjāvasātailaiḥ si-
ddho, yadvā nārāyaṇādirhitaḥ | retasā+a+avṛte pūrvoktaṃ-
vātavyādhau śukrastavātoktaṃ (hr̥. ci. a. 21 | 20) , hitam | 5
§ 17649

4.22.107 Aṣṭāṅgahr̥dayasaṃhitā

annāvṛte pācanīyaṃ vamaṇam dīpanam
laghu | | 61 | | § 17650

4.22.108 Sarvāṅgasundarā

annenāvṛte pācanīyamauśadham vamaṇam hitam | dīpanīyaṃ-
āgneyam, yadauśadham laghu ca-prakṛtyā, tatsarvaṃ hi-
tam | § 17651

4.22.109 Aṣṭāṅgahr̥dayasaṃhitā

mūtrāvṛte mūtralāni svedāṣcottarabastayaḥ | | 61 | | § 17652

4.22.110 Sarvāṅgasundarā

mūtreṇāvṛte vāte mūtralāni-trapusādīni, svedāṣcottaraba-
stayoḥ hitāḥ | § 17653

4.22.111 Aṣṭāṅgahr̥dayasaṃhitā

eraṇḍatailaṃ varcaḥsthe bastisnehāṣca
medinaḥ | | 61 | | § 17654

4.22.112 Sarvāṅgasundarā

varcasā+a+avṛte vāta eraṇḍatailaṃ bastayaṣca snehāṣca
medino hitāḥ | § 17655

4.22.113 Aṣṭāṅgahr̥dayasaṃhitā

kaphapittāviruddhaṃ yadyaṣca vātānulomanam | | 62 | |
sarvasthānāvṛte+apyāṣu tatkāryaṃ
mātariṣvani | | 63 | |
anabhiṣyandi ca snigdhaṃ srotasāṃ
śuddhikāraṇam | | 63 | |
yāpanā bastayaḥ prāyo madhurāḥ
sānuvāsanāḥ | | 64 | |
5 prasamīkṣya balādhikyam mṛdu kāryaṃ
virecanam | | 64 | |
rasāyanānām sarveṣāmupayogaḥ
praṣasyate | | 65 | |
śilāhvasya viṣeṣeṇa payasā
śuddhagugguloḥ | | 65 | |
leho vā bhārgavastadvadekādaṣasitāṣi-
taḥ | | 66 | | § 17663

4.22.114 Sarvāṅgasundarā

sarvasthānāvṛte mātariṣvani-vāyau, āśu-śīghrameva, yad-
auṣadhaṃ kaphapittayoraviruddhaṃ vātasya cānuloma-

naṃ tatkāryam | sa0-tasmin sarvadhātuvārte mātariśvani
yadanabhiṣyandi snigdhaṃ srotasāṃ yacchuddhikaraṃ
tatsarvamannaṃpānauṣadhaṃ yojyam | yāpanasaṃjñā ba- 5
stayo bāhulyena madhurāḥ sānuvāsanāḥ-snehabastayaśca,
hitāḥ | balasyādhiḥkiyaṃ prasamīkṣya-buddhvā, mṛdu vi-
recaṇaṃ hitaṃ | sarveṣāṃ rasāyanaprayogāṇāmupay-
ogaḥ praśasyate | tathā śuddhasya gugguloḥ prayo-
gaḥ, bhārgavo leho-brāhmarasāyanoktaścyavanaprāśo vā,
tadvadekādaśasitāśito-brāhmarasāyanoktaḥ (?), praśasy-
ate | § 17664 10

4.22.115 Aṣṭāṅgahr̥dayasaṃhitā

apāne tvāvṛte sarvaṃ dīpanaṃ grāhi bheṣajam | | 66 | |
vātānulomanam kāryam
mūtrāṣayaviṣodhanam | | 67 | | § 17666

4.22.116 Sarvāṅgasundarā

apāne vāyau yenakenacidāvṛte sarvaṃ bheṣajam dīpanaṃ-
agneḥ, grāhi-saṅgrahaṇam, vātasyānulomanam mūtrāṣayasya-
basteḥ, viṣodhanam tatsarvaṃ kāryam | § 17667

4.22.117 Aṣṭāṅgahr̥dayasaṃhitā

iti saṅkṣepataḥ praoktamāvṛtānām cikitsitam | | 67 | |
prāṇādīnām bhiṣakkuryādvitarkya svayameva
tat | | 68 | | § 17669

4.22.118 Sarvāṅgasundarā

iti-anantaroktena prakāreṇa, āvṛtānām saṅkṣepataścikitsitaṃ-
auṣadhaṃ, proktaṃ | yat prāṇādīnām pañcānāmāvṛtānām
cikitsitam tat-pūrvoktaṃ, bhiṣak svayameva vitarkya-
vicārya, kuryāt | § 17670

4.22.119 Aṣṭāṅgahr̥dayasaṃhitā

udānaṃ yojayedūrdhvamapānaṃ cānulomayet | | 68 | |
samānaṃ śamayedvidvāmstridhā vyānaṃ tu
yojayet | | 69 | |
prāṇo rakṣyaścaturbhyo+api tatsthitau
dehasaṃsthiḥ | | 69 | |
svaṃ svaṃ sthānaṃ nayedevaṃ vṛtān vātān
vimārgagān | | 70 | | § 17674

4.22.120 Sarvāṅgasundarā

udānākhyam vāyūmūrdhvameva yojayet-yato+asau sa-
daivordhvagāmī, tathā prayateta yathordhvagāmī bha-
vati | apānākhyam cānilamanulomayet-adhogatirhyayaṃ
sadaiva samīraṇastasmādadhogamaṃ yathā+asya sa-
5 mpadyeta tathā cikitsitaṃ kāryamityarthaḥ | samānā-
khyam vāyūṃ vidvān vaidyo vātaghnairauśadhaiḥ śa-
mayet | ayamabhiprāyo granthakṛtaḥ-kila nāsyordhvag-
āmitā naivādhogāmitā yathā sampadyate tathā cikitsi-
10 taṃ hitam, kiṃ tarhi svasthānapratipattirevetyevaṃ ci-
kitsā kāryeti | vyānākhyam tu vāyūṃ tridhā yojayet-
ūrdhvādhomadhyagamaṃ yathā+asya śarīre sampady-
ate tathā cikitsā kāryeti | tathā, prāṇo vāyūścaturbhyo+api-
udānāpānasamānavyānebhyo+api, sarvaprayatnena rakṣyaḥ-
15 ythodānādibhirnāsyā bādhā sampadyate tathā cikitsā kā-
ryetyarthaḥ | yatastasya-prāṇasya, sthitau satyāṃ dehasya-
śarīrasya, saṃsthiḥ-jīvanam bhavati, prāṇam vinā na jīva-
atītyathaḥ | evaṃ-anena prakāreṇa, vātān vimārgagānāvṛ-
tān svaṃ svaṃ sthānaṃ nayet | § 17675

4.22.121 Aṣṭāṅgahr̥dayasaṃhitā

sarvaṃ cāvāraṇam pittaraktaśaṃsargavarjitam | | 70 | |
rasāyanavidhānena laṣuno hanti
śīlitaḥ | | 71 | | § 17677

4.22.122 Sarvāṅgasundarā

sarvamevāvaraṇaṃ vātānāṃ pittaraktaśamsargavarjitaṃ
rasāyanavidhinā ṣīlito laṣuno hanti | etena pittaraktaśams-
rṣṭamāvaraṇaṃ varjayitvā sarvāvaraṇānyanyāni laṣunaḥ
kevala eva nihanti | § 17678

4.22.123 Aṣṭāṅgahṛdayasaṃhitā

pittāvṛte pittaharaṃ marutaścānulomanam | | 71 | | § 17679

4.22.124 Sarvāṅgasundarā

pittāvṛta udānādaḥ pittaharaṃ pavanasya cānulomanam
hitam | § 17680

4.22.125 Aṣṭāṅgahṛdayasaṃhitā

raktāvṛte+api tadvacca khudoktaṃ yacca
bheṣajam | | 72 | |
raktapittānilaharaṃ vividhaṃ ca
rasāyanam | | 72 | | § 17682

4.22.126 Sarvāṅgasundarā

raktāvṛte tadvat-pittaharaṃ tathaiva mārutānulomanam,
hitam | yacca khudoktaṃ-vātaṣoṇitoktaṃ, bheṣajam tathā
pittaraktānilaharaṃ ca hitam, vividhaṃ rasāyanam ca |
vividhaṃ-nānāprakāraṃ, sarvadoṣadūṣyādikaṃ cālokya
yathāyogaṃ vidheyam | § 17683

5

4.22.127 Aṣṭāṅgahṛdayasaṃhitā

yathānidānaṃ nirdiṣṭamiti samyak cikitsitam | | 73 | |
āyurvedaphalaṃ
sthānametatsadyo+artināṣanāt | | 73 | | § 17685

4.22.128 Sarvāṅgasundarā

iti-anena prakāreṇa, yathānidānaṃ-nidānānatikrameṇa,
yathoddeṣastathā nirdeṣaḥ | anayā rītyā sarvameva cikitsi-
taṃ nirdiṣṭaṃ | etaccāyurvedaphalabhūtaṃ sthānam, et-
adupadeṣena sadyo+artināṣanāddhetoḥ | § 17686

4.22.129 Aṣṭāṅgahr̥dayasaṃhitā

cikitsitaṃ hitaṃ pathyaṃ prāyaścittaṃ
bhiṣajitaṃ | | 74 | |
bheṣajaṃ śamanaṃ śastaṃ paryāyaiḥ
smṛtamauśadham | | 74 | |
iti śrīvaidyapatisiṃhaguptasūnuṣrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ
caturthe cikitsitasthāne vātaṣoṇitacikitsitaṃ
nāma dvāviṃṣo+adhyāyaḥ | | 22 | | § 17689

4.22.130 Sarvāṅgasundarā

cikitsitādaya auśadhasya paryāyāḥ smṛtā iti | iti śrīmr̥gā-
ṅkadattaputraśrīmadaruṇadattaviracitāyāmaṣṭāṅgahr̥daya-
ṭikāyāṃ sarvāṅgasundarākhyāyāṃ caturthe cikitsitasth-
āne vātaṣoṇitacikitsitaṃ nāma dvāviṃṣo+adhyāyaḥ sam-
5 āptaḥ | | 22 | | § 17690

5 kalpasiddhisthānam : 5

5.1 vamanakalpādhyāyah : 1

5.1.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto vamanakalpaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 17692

5.1.2 Sarvāṅgasundarā

vamaṇaṃ-ūrdhvaṃ mukhena doṣaharaṇam , tasya kalpa-
kalpanaṃ yojanamityartha | śeṣamāyauṣkāmiyādhyāvava-
dvyākhyeyam | § 17693

5.1.3 Āyurvedarasāyana

śrīgaṇeśāya namaḥ | atha kalpasthānārambhaḥ | vama-
nakaḥ | tatra saṅgrahe (ka. a. 1)-"vamaṇdravyāṇāṃ ma-
danaphalajīmūtakekṣvākudvikoṣātakīkuṭajaphalāni śreṣṭh-
āni | teṣvapi madanaphalam | doṣādūṣyādivaśāccaiśāmet-
atkalpanānāṃ ca prādhānyam | doṣādīnāmeva cātibahva-
vasthābhedaḍvamaṇādiṣu kalpanānāṃ vyāpadāṃ sādha-
nānāṃ ca yadaśaṅkhyeyatvaṃ, ato buddhimatāṃ vikalpa-
mārgadarśanārthamudāharaṇamātraṃ kalpasiddhisthān-
amupadekṣyate | " iti | § 17694

5

10

5.1.4 Aṣṭāṅgahrdayasaṃhitā

atha madanakalpaḥ | | 1 | |
vamaṇe madanaṃ śreṣṭhaṃ, trivṛṇmūlaṃ
virecane | | 1 | |
nityamanyasya tu vyādhiviśeṣeṇa
viśiṣṭatā | | 1 | | § 17697

5.1.5 Sarvāṅgasundarā

vamaṇaviṣaye nityaṃ madanaṃ śreṣṭhaṃ , nirapāyitvād-
anyadravyaviṣaye+api vā tasyopayogāt sarvatrāṇiśiddha-
prasaratwācca | lāghavamicchamaṃśca tantrakṛdidamavocat-
trivṛṇmūlaṃ virecane'iti | yathā madanaṃ vamaṇe ni-
tyaṃ śreṣṭhaṃ , tathā trivṛṇmūlaṃ virecane , nirapāyi-
tvādihetunā | madanaṃ varjayitvā vyādhivaśādanyasya-
jīmūtādeḥ , viśiṣṭatā | vakṣyati hi (ślo. 19)- "jīmūtaṃ tu viś-
eṣataḥ | prayoktavyaṃ jvaraśvāsakāśahidhmādirogiṇāṃ |
" iti | evaṃ trivṛṇmūlaṃ varjayitvā parasya virecanadr-

5

avyasya vyādhivišeṣeṇa viśiṣṭatvam, na tu trivṛnmūlava-
tsarvatrāṇiṣiddhaprasaratvaṃ nirapāyitvaṃ ca | tathā co-
ktam (saṅgrāhe sū. a. 13)- "trivṛtsukhavirecanānām | " iti |
5 tadevaṃ vamaṇe madanaṃ śreṣṭhaṃ trivṛnmūlaṃ virac-
ane sarvadeti sthitam | § 17698

5.1.6 Āyurvedarasāyana

mānatrivṛtoḥ śreṣṭhatvamāha-vamaṇa iti | nityaṃ avyabh-
icāreṇa | § 17699

5.1.7 Aṣṭāṅgahr̥dayasaṃhitā

phalāni nātipāṇḍūni na cātiharitānyapi | | 2 | |
ādayāhni praśastarkṣe madhye
grīṣmavasantayoḥ | | 2 | |
pramṛjya kuśamuttolyāṃ kṣiptvā badhvā
pralepayet | | 3 | |
gomayenānu muttolīṃ dhānyamadhye
nidhāpayet | | 3 | |
5 mṛdubhūtāni madhviṣṭagandhāni
kuśaveṣṭanāt | | 4 | |
niṣkr̥ṣṭāni gate+aṣṭāhe
śoṣayettānyathātape | | 4 | |
teṣāṃ tataḥ suśuṣkāṇāmuddhṛtya
phalapippalīḥ | | 5 | |
dadhimadhvājyapalalairmṛditvā
śoṣayetpunaḥ | | 5 | |
tataḥ suguptaṃ saṃsthāpya rkāyakāle
prayojayet | | 6 | | § 17708

5.1.8 Sarvāṅgasundarā

athaśabdo+atra prastutau madanasya prastāve | madana-
sya phalāni pāṇḍūni gr̥hītvā, na tvatipāṇḍūnyatikrāntapā-
katwāt, na cātiharitānyāmatvāt | kadā+a+adāya ? praśast-
anakṣatre divase | kasminnṛtau ? madhye grīṣmavasanta-

yoh | evamṛtusandhau grhītāni pramṛjya-vyapagatamalādidoṣāni
 kṛtvā, kuśamayyāṃ muttolīyāṃ-mūṭikāyāṃ, kṣiptvā pun-
 arupariṣṭādbaddhdvā ca tato gomayena tāṃ muttolīṃ li-
 mpet | anantaraṃ dhānyamadhye nidhāpayet-sthāpayet |
 kuśānāṃ samūho racanāviśeṣaniṣpāditaḥ kuśamuttolītyu- 5
 cyate | mṛdubhītāni tāni madhviṣṭagandhāni- kadācinma-
 dhugandhāni kadācidiṣṭagandhāni, kuśaveṣṭanādaṣṭāhena
 jñātvā anantaramaṣṭāhe+atikrānte kuśamuttolīyāḥ niṣkṛṣṭāni-
 bahiṣkṛtāni, anantaramātape śoṣayet | tataḥ-anantaraṃ
 teṣāṃ-madanaphalānāṃ, [suṣṭhu] suṣkāṇāṃ phalapippal- 10
 īruddhṛtya dadhimadhvājyapalalairmṛditvā-saṅkṣudya, punarātape
 śoṣayet | tataḥ-anantaraṃ, suṣṭhu guptaṃ dhārayitvā
 kāryakāle-vamanāvasare, tāḥ prayojayet | § 17709

5.1.9 Āyurvedarasāyana

madanasaṃskāramāha-phalānīti | phalāni-madanaphalāni |
 pramṛjya-viśodhya | kuśamuttolīyāṃ-kuśamayarajjuveṣṭanikāyāṃ |
 tāṃ ca muttolīṃ rajjubhīrbaddhvā gomayena lepayet |
 anu-pāścāt, dhānyarāśau nidhāpayet | saṅgrahe tu (ka. a.1)
 -"yavabusamāṣaśālivrīhikulatthamudgānyatamarāśau" iti | 5
 tato+aṣṭāhe gate mṛdubhūtāni madhuvadiṣṭagandhāni
 kuśaveṣṭanānniṣkṛṣya ātape śoṣayet | tataḥ suṣuṣkāṇāṃ
 phalapippalīḥ-majjānaṃ, uddharet | tato dadhyādibhirm-
 ardayet | tataḥ punaḥ śoṣayet | tato guptaṃ sthāpayet | sa-
 ṅgrahe tu (ka. a. 1)-"navam kalaśamarajaskamākaṅṭhaṃ 10
 pūrayitvā" ityadhikam | § 17710

5.1.10 Sarvāṅgasundarā

atha-anantaraṃ, tataḥ-pippilībhyo, mātrāṃ-parimāṇaṃ
 prāyeṇa deśakālādivaśādwā mātrāṃ, vikalpyānantaraṃ
 tāṃ mātrāṃ jarjarīkṛtya-saṅcūrṇya, madhuyāṣṭayādīnām-
 anyatamasya jale śarvarīṃ-sakalāṃ rātriṃ, vāsayedabhiṣ-
 avaṇāya | tataḥ-anantaraṃ, [prātaḥ] taṃ kaṣāyaṃ mṛdita- 5
 gālitaṃ pūrvam mṛditaṃ paścādgālitaṃ-vastrapūtaṃ kṛ-
 tvā, sūtroditena vidhinā-"śvo vamyam" (sū. a. 18 | 12) ityā-
 digranthoktena, pibet | [tathā-] evaṃ kṛte sati, tena sādhu
 vamet | § 17711

5.1.11 Aṣṭāṅgahr̥dayasaṃhitā

athādāya tato mātrām jarjarīkr̥tya vāsayet | | 6 | |
śarvarīm madhuyaṣṭyā vā kovidārasya vā
jale | | 7 | |
karbudārasya bimbyā vā nīpasya vidulasya
vā | | 7 | |
śaṇapuṣpyāḥ sadāpuṣpyāḥ
pratyakpuṣpyudake+athavā | | 8 | |
5 tataḥ pibetkaṣāyaṃ taṃ
prātarmṛditagālitam | | 8 | |
sūtroditena vidhinā sādhu tena tathā
vamet | | 9 | | § 17717

5.1.12 Āyurvedarasāyana

madanaprayogamāha-atheti | tataḥ-phalapippalībhyaḥ, mātrām-
antarnakhamuṣṭim, yāvadvā sādhu manyeta | kovidāraḥ-
kāñcanāraḥ | karbudāraḥ-śleṣmātakāḥ | bimbī-tuṇḍikerī |
nīpaḥ-kadambabhedāḥ | vidulo-vetasāḥ | śaṇapuṣpī-ghaṇṭāravā |
5 sadāpuṣpī-vanakārpāsī | pratyakpuṣpī-apāmārgaḥ | tena-
tathākṛtena kaṣāyeṇa, sādhu vamet | anyathā tvasādhu |
§ 17718

5.1.13 Aṣṭāṅgahr̥dayasaṃhitā

śleṣmajvarapratīśyāyagulmāntarvidradhīṣu ca | | 9 | |
pracchardayedviśeṣeṇa yāvatpittasya
darśanam | | 10 | | § 17720

5.1.14 Sarvāṅgasundarā

viśeṣeṇa śleṣmajvarādiṣu vamet | yāvatpittasya darśa-
nam | § 17721

5.1.15 Āyurvedarasāyana

śleṣmajvarādu viśeṣamāha-śleṣmajvareti | śleṣmajvarād-
iṣu tu viśeṣeṇa punaḥpunarvāmayedāpittadarśanāt | § 17722

5.1.16 Aṣṭāṅgahrdayasaṃhitā

phalapippalicūrṇaṃ vā kwāthena svena bhāvitam | | 10 | |
tribhāgatriphalācūrṇaṃ
kovidārādivāriṇā | | 11 | |
pibejjvarāruciṣṭhevagrathyapacyarbudodarī | | 11 | | § 17725

5.1.17 Sarvāṅgasundarā

athavā madanaphalapippalicūrṇaṃ svena-phalapippalīkwāthena,
bhāvitam tribhāgatriphalācūrṇānvitam kovidārādijalena
pibet, jvarādiṣūdarānteṣu | § 17726

5.1.18 Āyurvedarasāyana

vamanāntaramāha-phalapippalīti | svena-phalapippalīkwāthena |
tribhāgaṃ-ṭṛtīyabhāgatulyaṃ, sammīlitaṃ triphalācūrṇaṃ
yasmimstattathā | jvarādimān pibet | ṣṭhevaḥ-kaphaprasekaḥ |
§ 17727

5.1.19 Aṣṭāṅgahrdayasaṃhitā

pitte kaphasthānagate jīmūtādijalena tat | | 12 | | § 17728

5.1.20 Sarvāṅgasundarā

pitte kaphasthānagate sati granthyā (jvarā) dimānnarastat-
madanaphalaṃ, jīmūtādijalena pibet | § 17729

5.1.21 Āyurvedarasāyana

vamanāntaramāha-pitta iti | kaphasthānagate pitte tat-
phalapippalīcūrṇaṃ, jīmūtādijalena pibet | jīmūtādayaḥ-
śreṣṭheṣūktāḥ | § 17730

5.1.22 Aṣṭāṅgahr̥dayasaṃhitā

hr̥ddāhe+adhostrapitte ca kṣīraṃ tatpippalīśṛtam | | 12 | |
kṣaireyīm
vā----- | | 13 | | § 17732

5.1.23 Sarvāṅgasundarā

hr̥dayadāhe+adhoge raktapite [ca] tasya-madanaphalasya,
pippalībhiḥ kwathitaṃ kṣīraṃ kṣaireyīm vā pibet | ta-
ntrāntare ca kṣīraśrapaṇavidhiruktaḥ-"dravyādaṣṭagaṇaṃ
kṣīraṃ kṣīrāttoyam caturgaṇam | kṣīrāvaśeṣaḥ kartavyaḥ
5 kṣīrapāke tvayam vidhiḥ | |" iti | asrapitta ityetāvaty-
ukta ūrdhvagobhayagayorasrapittayorvamanāyogyatwā-
devādhograhaṇe siddhe punaradhograhaṇaṃ sukhatara-
pratipattiyartham | kṣaireyīmiti "kṣīrād dhañ" iti dhañ, "ṭid
dhāṇa" iti nīp | § 17733

5.1.24 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-anyadāha-hr̥ddāha iti | phalapippalīśṛtam kṣīraṃ
kṣaireyīm vā hr̥ddāhe+adhosrapitte ca pibet |
kṣaireyīm-kṣīrapeyām | kṣīraṃ
ca-tatpippalīśṛtameva | saṅgrahe tu (ka.
a.1)-"tasya vā payasaḥ śītasya
santānikāñjalim pitte prakupite
uraḥkaṇṭhahr̥daye ca tanukaphopadigdhe | "
iti | § 17734

5.1.25 Aṣṭāṅgahr̥dayasaṃhitā

-----kaphacchardiprasekatamakeṣu tu | | 13 | |
dadhyuttaraṃ vā dadhi vā
tacchr̥takṣīrasambhavam | | 13 | | § 17736

5.1.26 Sarvāṅgasundarā

kaphacchardiprasekatamakeṣu dadhyuttaraṃ-dadhisarameva
hitam | athavā dadhi hitam | ubhayamapi vamaṇe hitaṃ
tacchr̥takṣīrasambhavam | tacchr̥taṃ-madanapippalīśr̥tam |
§ 17737

5.1.27 Āyurvedarasāyana

anyadāha-kaphacchardīti | kaphacchardyādiṣu tu tacchr̥t-
akṣīrajaṃ dadhi dadhyuttaraṃ vā | § 17738

5.1.28 Aṣṭāṅgahr̥dayasaṃhitā

phalādikwāthakalkābhyāṃ siddhaṃ
tatsiddhadugdhaṃ | | 14 | |
sarpiḥ kaphābhibhūte+agnau śuṣyaddehe ca
vāmanam | | 14 | | § 17740

5.1.29 Sarvāṅgasundarā

kwāthaśca kalkaśca kwāthakalkau, phalādīnāṃ-madanaphalajīmūtakekṣ
kwāthakalkau, tābhyāṃ siddhaṃ-pakwaṃ, sarpiḥ ka-
phenābhibhūte+agnau śuṣyaccharīre ca vāmanam hi-
tam | kimbhūtaṃ sarpiḥ ? tatsiddhadugdhaṃ ,- taiśca-
phalādibhiḥ śr̥taṃ(siddhaṃ), tatsiddhaṃ ca taddugdhaṃ 5
ca tasmādudbhūtam | § 17741

5.1.30 Sarvāṅgasundarā

anyadāha-phalāditi | phalādīni-śreṣṭhatvenoktāni, teṣāṃ
kvāthaḥ, teṣāmeva kalkaḥ, teṣāmeva kṣīrājītaṃ sarpiḥ, ek-
atra siddhaṃ mandāgnau kārśye ca pibet | saṅgrāhe tu (ka.
a. 1)-"phalamajjacūrṇamiśreṇa vā+a+aragvadhādidravyāṇām
5 gopaghoṇṭābhūnimbabāṇavarjānām sasomavalkapañcak-
olakānāmanyatamasya niryūheṇa sādhitam lehamupayu-
ñjīta | phalamajjacūrṇamiśreṇa vā reṇukailāśatāhvākustu-
mburutagarakuṣṭhatvakcorakamarubakāgurugugguluvāla-
kaśrīveṣṭakaparipelavamāmsīśaileyakasthaṇeyakasurasā-
10 pālevatapūtyaśokarohiṇīnām dvāvīmśateranyatamasya ka-
ṣāyeṇa sādhitāmutkārīkāmodanaṃ vā bhakṣayet | pha-
lapippalīsvarasakaṣāyaparipītairvā tilaśālitandulapiṣṭaist-
atkaṣāyopasrṣṭaiḥ surasādidravyānyatamaniryūhopasrṣṭ-
airvā śaṣkulīrapūpānanyaṃ vā bhakṣyaṃ sādhiyitvā bha-
15 kṣayet | " iti | § 17742

5.1.31 Aṣṭāṅgahr̥dayasaṃhitā

swarasam phalamajjño vā bhallātakavidhiśrtam | | 15 | |
ādarvīlepanātsiddhaṃ liḍhvā
pracchardayetsukham | | 15 | |
taṃ lehaṃ bhakṣyabhojyeṣu tatkaṣāyāṃśca
yojayet | | 16 | | § 17745

5.1.32 Sarvāṅgasundarā

phalamajjño vā swarasam bhallātakavidhānena śrtam da-
rvīlepaṃ yāvat paktvā liḍhvā sukhaṃ vamet | taṃ ca le-
haṃ bhakṣyādiṣu tathā tasya-madanaphalasya, kaṣāyān
yojayet | § 17746

5.1.33 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-anyadāha-svarasamiti | bhallātakavidhiḥ-ukto
rasāyaneṣu (hr̥.u.a. 39/72) | § 17747

5.1.34 Aṣṭāṅgahr̥dayasaṃhitā

vatsakādipratīvāpaḥ kaṣāyaḥ phalamajjajaḥ | | 16 | |
nimbārkānyatarakwāthasaṃyukto
niyacchati | | 17 | |
baddhamūlānapi vyādhīn sarvān
santarpaṇodbhavān | | 17 | | § 17750

5.1.35 Sarvāṅgasundarā

madanaphalamajjajo vā kaṣāyo vatsakādigaṇapratīvāpo
(hr̥. sū. a. 15 | 33) nimbārkānyatarakwāthasaṃyukto vyā-
dhīn samūlānapi niyacchati | kīddaśān ? santarpaṇajān |
§ 17751

5.1.36 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-anyadāha-vatsakādīti | § 17752

5.1.37 Aṣṭāṅgahr̥dayasaṃhitā

rāṭhapuṣpaphalaślakṣṇacūrṇairmālyam
surūkṣitam | | 18 | |
vamenmaṇḍarasādīnām tr̥pto jighran sukham
sukhī | | 18 | |
evameva phalābhāve kalpyam puṣpam śalāṭu
vā | | 19 | |
iti madanakalpaḥ | | 2 | | § 17756

5.1.38 Sarvāṅgasundarā

madanapuṣpaphalasūkṣmacūrṇaiḥ surūkṣitam-tadrajāsā+atidhūsaritam,
puṣpam jighran maṇḍarasādīnām tr̥ptaḥ , ādigrahaṇāt kṛś-
arākṣīrayavāgūnām parigrahaḥ , tathāvidho jighran sukhī-
kleśamasahiṣṇuḥ , sukkena vamet | evameva-anenaiva kr-
ameṇa, phalābhāve sati puṣpam prakṛtatwānmadanasya, 5

kalpanīyam | "athādāya tato mātrāṃ jarjarīkr̥tya vāsayet |
śarvarīṃ madhuyasṭyā vā kovidārasya vā jale | |" (ślo. 6)
ityādividhinā śalāṭu vā-bālamadanaṃ apakvaṃ phalaṃ
vā, evaṃ kalpanīyam | § 17757

5.1.39 Āyurvedarasāyana

anyadāha-rāṭhapuṣpaphaleti | rāṭho-madanaḥ | suruṣitaṃ-
suṣṭhu avakīrṇam | śalāṭu-bālaṃ phalaṃ | saṅgrahe tu
(ka. a. 1)-"phalapippalīnāṃ vā phalādīniryūheṇaikaviṃś-
atikṛtvaḥ subhāvitānāṃ kusumarajaḥsadr̥śena cūrṇenāva-
5 cūrṇayet sarasi saroruhaṃ br̥hatsāyāhne tadr̥trimuṣitaṃ
prabhāte punaravacūrṇitamuddhr̥tya haridr̥kr̥śārākṣīra-
yavāgūnāmanyatamaṃ saindhavaguḍaphāṇitopetamāka-
ṇṭhaṃ pītavānupajighraṇ sukumāraḥ samucitagandhas-
ampadutkliṣṭakaphapitto bheṣajadveṣī ca tathā sukheṇa
10 chardayati | etena sarvamālyagandhaprāvaraṇapaṭā vyā-
khyātāḥ |" iti | § 17758

5.1.40 Aṣṭāṅgahr̥dayasaṃhitā

atha jīmūtakaḥ | | 19 | |
jīmūtādyaśca
phalavat----- | | 19 | | § 17760

5.1.41 Sarvāṅgasundarā

jīmūtatum̐bīkośātakyādyaḥ kuṭajaphalaparyantāḥ phalavat-
madanaphalatulyavidhinā, kalpyāḥ | § 17761

5.1.42 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-madanavidhiṃ jīmūtādiṣvatidiśati-jīmūtādya
iti | § 17762

5.1.43 Āyurvedarasāyana

atha jīmūtakalpaḥ | tatra viṣayamāha-jīmūtamiti | jīmūtaṃ-
devadālī | § 17763

5.1.44 Aṣṭāṅgahrdayasaṃhitā

-----jīmūtaṃ tu viśeṣataḥ | | 19 | |
prayoktavyaṃ jvaraśvāsakāsahidhmādirogi-
ṇām | | 20 | | § 17765

5.1.45 Sarvāṅgasundarā

viśeṣeṇa tu jīmūto jvarādiṣu yojyaḥ | § 17766

5.1.46 Aṣṭāṅgahrdayasaṃhitā

payah puṣpe+asya nirvr̥tte, phale peyā payaskṛtā | | 20 | |
lomaśe kṣīrasantānaṃ,
dadhyuttaramalomaśe | | 21 | |
śṛte payasi dadhyamlaṃ jātaṃ
haritapāṇḍuke | | 21 | |
āsutya vāruṇīmaṇḍaṃ
pibenmṛditagālitam | | 22 | |
kaphādarocake kāse pāṇḍutwe
rājayakṣmaṇi | | 22 | | § 17771

5

5.1.47 Sarvāṅgasundarā

asya-jīmūtasya, puṣpe sampanne payah-kṣīraṃ, jīmūt-
akaśṛtaṃ prayojyam | phale+asya niṣpanne payaskṛtā-
jīmūtaśṛtakṣīraniṣpādītā, peyā yojyā | jīmūtaphalasya lom-
aśālomaśatayā mṛdukaṭhinabhedena dwaividhyam | lom-
aśe tasmin jīmūtaphale śṛtakṣīrasya yā santānikā-śītībhūtasya pariṣṭāddha-
, taṃ vamaṇe pibet | alomaśe jīmūtaphale-kāṭhinyamāgate,
taccūrṇayutaṃ dadhyuttaraṃ-dadhisaraṃ, pibet | śṛte pa-
yasi prakṛtatwājīmūtaphalaiḥ śṛte | kimbhūte ? haritapāṇḍuke,-

lomaśālomaśayormadhyamāvasthāṃ prāpte sati, dadhya-
mlaṃ jātaṃ pibet | amlameva dadhi-dadhyamlam, kecittu
mastu dadhyamlamityāhuḥ | jīmūtaphalena vā+a+asutya
vāruṇīmaṇḍaṃ pibet | kimbhūtaṃ ? mṛditagāliṭaṃ,-pūrvam
5 mṛditaṃ khajādinā, paścād gāliṭaṃ-prasratam | keṣu ? ka-
phārocakādiṣu | § 17772

5.1.48 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-prayogamāha-paya iti | asya-jīmūtasya, puṣpe
nirvṛtte puṣpasiddhaṃ payaḥ
prayuktavyam | phale
phalasiddhakṣīrapeyā | lomaśe phale
tatsiddhakṣīrasantānikā | cyutalomani phale
tatsiddhakṣīradadhisaraṃ dadhi vā |
haritapāṇḍuni phale
tatsiddhakṣīrajamamlaṃ dadhi kṣīraṃ vā |
haritapāṇḍubhirvāruṇīmaṇḍaṃ
āsunuyāt-avasthāntaraṃ nayet | tato
mṛditagāliṭaṃ kaphajeṣvarocakādiṣu
pibet | § 17773

5.1.49 Aṣṭāṅgahr̥dayasaṃhitā

iyam ca kalpanā kāryā tumbīkośatakīṣvapi | | 23 | | § 17774

5.1.50 Sarvāṅgasundarā

iyam ca kalpanā-'payāḥ puṣpe+asya nirvṛtte' ityādikā 'ās-
utya vāruṇīmaṇḍaṃ' itiparyantā, tumbīkośatakīṣvapi kā-
ryā | § 17775

5.1.51 Āyurvedarasāyana

jīmūtakalpanāṃ tumbīkośatākyoratidiśatīyamiti | iyam-
avasthābhedena, kalpanā tumbyāṃ kośatakīdvaye ca |
§ 17776

5.1.52 Aṣṭāṅgahr̥dayasaṃhitā

paryāgatānām śuṣkāṅām phalānām
veṇījanmanām | | 23 | |
cūrṇasya payasā śuktim̐ vātapittārditaḥ
pibet | | 24 | |
dve vā trīṇyapi vā+a+apothya kwāthe
tiktottamasya vā | | 24 | |
āragvadhādinavakādāsutyānyatamasya
vā | | 25 | |
vimṛdya pūtaṃ taṃ kwāthaṃ pittaśleṣmajwarī 5
pibet | | 25 | | § 17781

5.1.53 Āyurvedarasāyana

anyadāha-paryāgatānāmiti | paryāgatānām-pakvānām | veṇī-
jīmūtaḥ | śuktim̐-ardhapalam | anyadāha-dve veti | āpothya-
jarjarīkr̥tya | tiktottamasya-paṭolasya | saṅgrahe tu (ka. a.
1)-"jīvakarṣabhakekṣuśatāvarīnāmnyatamasya svarasena
vā pittaje | athavā pūrvavat ghr̥taṃ siddham | " iti | ḥ § 17782 5

5.1.54 Sarvāṅgasundarā

paryāgatānām-prāptasamyakpākānām, phalānām veṇījanmanām-
devadālyutpannānām, cūrṇasya śuktim̐-ardhapalam, pay-
asā vātapittābhyāmarditaḥ-āturaḥ , pibet | dve vā trīṇy-
api vā jīmūtaphalanyāpothya-jarjarīkr̥tya, tiktottamasya-
nimbasya, kwāthaṃ pittaśleṣmajwarī pibet | athavā, āragvadhādinavakāt-
āragvadhavargādādyauśadhanavakāt, anyatamasya kwā-
the dve vā trīṇyapi vā jīmūtaphalānyāsutya-sandhāya, ta-
thā vimṛdya pūtaṃ kwātha pittaśleṣmajwarī pibet | garā-
garī ca veṇī ca devadālī ca jīmūtaṃ ceti paryāyāḥ | § 17783

5.1.55 Aṣṭāṅgahr̥dayasaṃhitā

jīmūtakalkaṃ cūrṇaṃ vā pibecchītena vāriṇā | | 26 | |

jware paitte, kavosṇena
kaphavātātkaphādapi | | 26 | |
iti jimūtakalpaḥ | | 2 | | § 17786

5.1.56 Āyurvedarasāyana

anyadāha-jīmūtakalkamiti | § 17787

5.1.57 Sarvāṅgasundarā

jīmūtacurṇaṃ-phalamapi kalkīkṛtyāthavā taccūrṇaṃ pitt-
ajaware śītena jalenāloḍya pibet | tasyaiva kalkaṃ cūrṇaṃ
vā kaphavātāt kaphāccodbhūte jware kavosṇena vāriṇā pi-
bet | § 17788

5.1.58 Aṣṭāṅgahr̥dayasaṃhitā

athekṣwākukalpaḥ | | 27 | |
kāsaṣwāsaviṣacśardijvarārte
kaphakarśite | | 27 | |
ikṣwākurvamane śastaḥ pratāmyati ca
mānave | | 27 | | § 17791

5.1.59 Sarvāṅgasundarā

kāsādyārte kaphārdite puruṣe vamine-vamanaviṣaye, ikṣw-
ākuḥ śastaḥ | pratāmyati ca mānave pratamakākrāntatwā-
dyaḥ pratāmyati narastasmimśca, śastaḥ | § 17792

5.1.60 Āyurvedarasāyana

athekṣvākukalpaḥ | tatra viṣayamāha-kāsaśvāseti | ikṣvākuḥ-
kaṭutumbī | pratāmyati-mūrcchāyukte | § 17793

5.1.61 Aṣṭāṅgahr̥dayasaṃhitā

phalapuṣpavihīnasya pravālaistasya sādhitam | | 28 | |
pittaṣleşmajvare kṣīraṃ pittodrikte
prajoyayet | | 28 | | § 17795

5.1.62 Sarvāṅgasundarā

phalapuṣpavihīnasya-asañjātaphalapuṣpasya, [tasya-] ikṣv-
ākoh, kisalayaiḥ kṣīraṃ sādhitam pittaṣleşmajvare pitto-
drikte prajoyayet | phalapuṣpavihīnasyetyanena komala-
tvam pratipādayati ikṣvākostantrakṛt | anyathā "pravālaiḥ
sādhitam kṣīraṃ pittodrikte prajoyayet | " iti brūyāt | ikṣv- 5
ākuphalasya jaraṭhāvastasya prayogamāha- § 17796

5.1.63 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-prajoyamāha-phalapuṣpavihīnasyeti |
vihīnatvam-anutpattiyā | § 17797

5.1.64 Aṣṭāṅgahr̥dayasaṃhitā

hr̥tamadhye phale jīrṇe sthitam kṣīraṃ yadā dadhi | | 29 | |
syāttadā kaphaje kāse śwāse vamyam ca
pāyayet | | 29 | | § 17799

5.1.65 Aṣṭāṅgahr̥dayasaṃhitā

ikṣvākuphalasya jaraṭhāvasthasya prayogamāha----
sa0-hr̥tamadhye jīrṇe-supakve, tasmin
ikṣvāko phale
hr̥tamadhyabhāgatvācchūnyamadhye kṣīraṃ
sthitam sat yadā dadhi jātam syāttadā
kaphakāsādiṣu vamanārtham pāyayet | § 17800

5.1.66 Āyurvedarasāyana

anyadāha-hṛtamadhya iti | hṛtamadhye-niṣkulīkr̥te | jīrṇe-
pakve | § 17801

5.1.67 Aṣṭāṅgahr̥dayasam̐hitā

mastunā vā phalānmadhyaṃ
pāṇḍukuṣṭhaviṣārditaḥ | | 30 | |
tena takraṃ vipakvaṃ vā
pibetatsamadhusaindhavam | | 30 | | § 17803

5.1.68 Sarvāṅgasundarā

ikṣākuphalamadhyaṃ vā mastunā pāṇḍvādyarditaḥ pi-
bet | tena-ikṣvākuphalamadhyena, takraṃ vā vipakvaṃ
madhusaindhavayutaṃ pibet | samadhusaindhavamityu-
ktaṃ spaṣṭārtham vamanavidhau hi samadhusaindhava-
5 sya vamanasyānujñānāt | § 17804

5.1.69 Āyurvedarasāyana

anyadāha-mustuneti | tena-phalamadhyena | saṅgrahe tu
(ka.a. 1)-"tadeva vā madhyaṃ saguḍapalalaṃ bhakṣayet |
ikṣvākuphalatailaṃ vā pibet | " iti | § 17805

5.1.70 Aṣṭāṅgahr̥dayasam̐hitā

bhāvayitvā+a+ajadugdhenā bījaṃ tenaiva vā pibet | | 31 | |
viṣagulmaudaragranthigaṇḍeṣu ślīpadeṣu
ca | | 31 | | § 17807

5.1.71 Sarvāṅgasundarā

ajādugdhenā tadbījaṃ bhāvayitvā tenaiva-chagalīkṣīreṇa,
viṣagulmādiṣu pibet | § 17808

5.1.72 Āyurvedarasāyana

anyadāha-bhāvayitveti | tenaiva-ājadugdhenā, viṣādiṣu ṣa-
ṭsu pibet | § 17809

5.1.73 Aṣṭāṅgahrdayasaṃhitā

saktubhirvā pibenmanthaṃ
tumbīsvarasabhāvitaiḥ | | 32 | |
kaphodbhave jvare kāse
galarogeṣvarocake | | 32 | | § 17811

5.1.74 Sarvāṅgasundarā

saktubhiḥ-yavasaktubhiḥ, tumbīsvarasabhāvitairmanthaṃ
vā pibet | kaphodbhaveṣu jvarādiṣu | § 17812

5.1.75 Sarvāṅgasundarā

anyadāha-saktubhiriti | kaphajeṣu jvarādiṣu manthaṃ pi-
bet | § 17813

5.1.76 Āyurvedarasāyana

anyadāha-gulma iti | gulme cirakālajvare ca māṃsarasaḥ
kalkaṃ pibet | § 17814

5.1.77 Aṣṭāṅgahrdayasaṃhitā

gulme jvare prasakte ca kalkaṃ māṃsarasaḥ
pibet | | 33 | |
naraḥ sādhu vamatyevaṃ na ca
daurbalyamaśnute | | 33 | | § 17816

5.1.78 Sarvāṅgasundarā

kalkaṃ tumbyā māṃsarasaiḥ pibet | gulme tathā jvare
prasakte-dīrghakālānubandhini | evaṃ sati puruṣaḥ sād-
ukṛtvā vamati | daurbalyaṃ ca na prāpnoti | § 17817

5.1.79 Aṣṭāṅgahr̥dayasaṃhitā

tumbyāḥ phalarasaiḥ śuṣkaiḥ
sapuṣpairavacūrṇitaṃ | | 34 | |
chardayenmālyamāghrāya
gandhasampatsukhocitaḥ | | 34 | |
itīkṣvākukalpaḥ | | 3 | | § 17820

5.1.80 Aṣṭāṅgahr̥dayasaṃhitā

sa-(tumbyāḥ phalarasaiḥ puṣparasaiścāvacūrṇitaṃ
śuṣkaiḥ-śoṣitaiḥ,tumbiphalarasaistumbipu-
ṣpacūrṇamiśritairavacūrṇitaṃ
mālyamāghrāya sukhaṃ vamet |
gandhasampat-gandhasampattimat |) § 17821

5.1.81 Aṣṭāṅgahr̥dayasaṃhitā

ā0 r0 -anyadāha-tumbyā iti | tumbīphalarasaiḥ
tumbīpuspacūrṇamiśritaiḥ
śoṣitairavacūrṇitaṃ mālyamāghrāya sukhaṃ
vamet | gandhasampat-gandhasampattimat |
saṅgrahe tu (ka. a. 1)-"ikṣvakuphalasvarasaṃ
vā triguṇakṣīrasādhitamuraḥsthite kaphe
pīnase svarasāde ca pibet |
bilvamūlaprasthakvāthena vā tumbībījāni
kvāthayet | tatastamiṃstribhāgaghṛte
ghṛtasamāni ca piṣṭvā tumbībījāni
tadardhāṃśikāni ca pratyekaṃ
jīmūtamahājālinīvatsakakṛtavedhanāni
kvāthatulyameva ca trikaṭukamāvapet | tataḥ
punaradhiśritya lehaṃ sādhayet |
tamavalihya pramathyāmanu pibet |
ayameva ca kalpaḥ kāśmaryādiṣu caturṣu
mahāpañcamūlāṅgeṣu pṛthak pṛthagukto
veditabyaḥ
vātakaphagulmaprasaktajvareṣu | | " iti | § 17822

5.1.82 Aṣṭāṅgahrdayasaṃhitā

atha dhāmārgavakalpaḥ | | 35 | |
kāsagulmodaragare vāte
śleṣmāśayasthite | | 35 | |
kaphe ca kaṅṭhavaktrasthe kaphasañcayajeṣu
ca | | 35 | |
dhāmārgavo gadeṣviṣṭaḥ sthireṣu ca mahatsu
ca | | 36 | | § 17826

5.1.83 Sarvāṅgasundarā

kāsādiṣu, tathā kaphasthānasthe vāte, śrleṣmaṇi gala-
sthe mukhasthe ca tathā kaphasañcayajeṣvarocakadiṣu
tathā,sthireṣu-dīrghakālaprarūḍheṣu, mahatsu-cātyantaṃ
pravṛddheṣu, rogeṣu dhāmārgavaḥ-kośaphalākhyāḥ,iṣṭaḥ |
§ 17827

5.1.84 Āyurvedarasāyana

atha dvikośātakīkalpaḥ | tatrādau dhāmārgavakalpaḥ | ta-
tra viṣayamāha-kāśagulmeti | dhāmārgavo-rājakośātakī |
§ 17828

5.1.85 Aṣṭāṅgahr̥dayasaṃhitā

jīvakarṣabhakau vīrā kapikacchūḥ śatāvarī | | 36 | |
kākolī śrāvāṇī medā mahāmedā
madhūlikā | | 37 | |
tadrajobhiḥ pṛthaglehā
dhamārgavarajonvitāḥ | | 37 | |
kāse hr̥dayadāhe ca śastā
madhusitādrutāḥ | | 38 | | § 17832

5.1.86 Sarvāṅgasundarā

jīvakarṣabhādīnāṃ pṛthak-prayekaṃ, teṣāṃ rajobhiścūrṇ-
airmadhusitābhyāmatyantāṃ drutāḥ-dravīkṛtāḥ, dhāmā-
rgavarajonvitāḥ taccūrṇamiśrāḥ, lehāḥ kāse hr̥dayadāhe ca
śastāḥ | madhūlikā madhuyaṣṭiḥ | § 17833

5.1.87 Āyurvedarasāyana

prayogamāha-jīvakarṣabhakāviti | vīrā-vidārī | śrāvāṇī-muṇḍī |
madhūlikā-jalajaṃ yaṣṭīmadhu | pākam vinā+api madhu-
sitāyogenaiva lehatvam | § 17834

5.1.88 Aṣṭāṅgahr̥dayasaṃhitā

te sukhāmbhonupānāḥ syuḥ pittoṣmasahite
kaphe | | 38 | | § 17835

5.1.89 Sarvāṅgasundarā

ta eva-pūrvoktā lehāḥ, uṣṇodakānupānā vamanāya bhav-
eyuḥ | kaphe pittōṣmasahite sati-pittena tathā pittakārye-
ṇōṣmaṇā yukte | § 17836

5.1.90 Sarvāṅgasundarā

te-jīvakādilehāḥ | sukhāmbhaḥ-koṣṇamudakam | pittōṣmā-
pittajastāpaḥ | saṅgrahe tu (ka. a. 1)-"jīvanīyānyatamacūrṇasaṃyuktān
samadhuśarkarāṃstatkaṣāyairlehān pittopasarjane śleṣm-
aṇi vidadhyāt | " iti | § 17837

5.1.91 Aṣṭāṅgahrdayasaṃhitā

dhānyatumbaruyūṣeṇa kalkastasya
viṣāpahaḥ | | 39 | | § 17838

5.1.92 Sarvāṅgasundarā

tasya-dhāmārgavasya, kalko dhānyatumbarubhyāṃ yūṣ-
eṇa kvāthena, upayukto viṣaghnaḥ syāt | § 17839

5.1.93 Āyurvedarasāyana

anyadāha-dhānyeti | dhānyam-kustumbarī | yūṣaḥ-kvāthaḥ |
§ 17840

5.1.94 Aṣṭāṅgahrdayasaṃhitā

bimyaḥ punarnavāyā vā kāsamardasya vā rase | | 39 | |
ekaṃ dhāmārgavaṃ dve vā mānase mṛditaṃ
pibet | | 40 | |
tacśṛtakṣīrajaṃ sarpiḥ sādhitam vā
phalādibhiḥ | | 40 | |
iti dhāmārgavakalpaḥ | | 4 | | § 17844

5.1.95 Sarvāṅgasundarā

bimbyādīnāmanyatamasya rase-kvāthe, dhāmārgavaph-
alamekaṃ mṛditaṃ kṛtvā, athavā dve phale, mānase-
mānovikāre, vamaṇaṃ (nārthaṃ) pibet | athavā, ta-
cchṛtakṣīrajaṃ sarpiḥ-dhāmārgavaphalasādhitaṃ kṣīro-
5 dbhavaṃ [ghṛtaṃ], phalādibhiḥ sādhitāṃ-madanaphala-
jīmūtakekṣvākudhāmārgavakośātakīkuṭajaiḥ ṣaḍbhiḥ pa-
kvaṃ,mānase vamaṇārthaṃ pibet | § 17845

5.1.96 Āyurvedarasāyana

anyadaha-bimbyā iti | phalādibhiḥ-ṣaḍbhiḥśreṣṭhaiḥ | sa-
ṅgrahe tu (ka. a. 1)-"sumanaḥ saumanasyāyanīharidrā-
corakahaimavatīmahāsahākṣudrasahāvṛścīvabimbīpunarna-
vākāsamardānyatamakaṣāyeṇa dhāmārgavamekaṃ dve
5 vā manovikāreṣu |" iti | § 17846

5.1.97 Aṣṭāṅgahr̥dayasaṃhitā

atha kṣveḍakalpaḥ | | 41 | |
kṣveḍo+atikaṭutīkṣṇoṣṇaḥ pragāḍheṣu
praśasyate | | 41 | |
kuṣṭhapāṇḍvāmayaplihasōphagulmagarādiṣu | | 41 | | § 17849

5.1.98 Sarvāṅgasundarā

kṣveḍaḥ-tiktakośātakī, atitīkṣṇoṣṇkaṭukatvāt kuṣṭhādiṣu
pragāḍheṣu-atyantacirakālaajatvād ḍṛḍheṣu prarūḍheṣu,praśasyate |
§ 17850

5.1.99 Āyurvedarasāyana

atha kṣveḍakalpaḥ | tatra viṣayamāha-kṣveḍa iti | kṣveḍaḥ-
kośātakī | § 17851

5.1.100 Aṣṭāṅgahr̥dayasaṃhitā

pr̥thak phalādiṣaṭkasya kvāthe
māṃsamanūpajam | | 42 | |
koṣātakyaṁ samaṃ siddham tadrasaṃ lavaṇam
pibet | | 42 | | § 17853

5.1.101 Sarvāṅgasundarā

pr̥thak phalādiṣaṭkasya- madanaphalekṣvākvādikasya, kv-
āthe māṃsamanūpajam koṣātakyaṁ samaṃ-tayā tulyam,
siddham-pakvaṃ,tadrasaṃ tasya māṃsasya rasaṃ, lava-
ṇānvitam pibet | § 17854

5.1.102 Āyurvedarasāyana

prayogamāha-pr̥thagiti | § 17855

5.1.103 Aṣṭāṅgahr̥dayasaṃhitā

phalādipippalītulyam siddham
kṣveḍarase+athavā | | 43 | | § 17856

5.1.104 Sarvāṅgasundarā

phalādipippalyo- madanaphalajīmūtekṣvākuphalamadhy-
abījāni, tābhistulyamānūpaṃ māṃsam samakṣveḍarasena
siddham vā pibet | § 17857

5.1.105 Āyurvedarasāyana

anyadāha-phalādīti | pippalyo-bījāni, taistulyamānūpam-
āṃsam | § 17858

5.1.106 Aṣṭāṅgahr̥dayasaṃhitā

kṣvedakvātham̐ pibetatsiddham̐ miśramikṣurasena
vā | | 43 | |
iti kṣvedakalpaḥ | | 4 | | § 17860

5.1.107 Sarvāṅgasundarā

yadvā, ikṣurasena miśram̐ kṣedakvāthe siddhamānūpajam̐
māmsarasam̐ salavaṇam̐ pibet | § 17861

5.1.108 Āyurvedarasāyana

anyadāha-kṣvedakvāthamiti | § 17862

5.1.109 Āyurvedarasāyana

atha kuṭajakalpaḥ | tatra viṣayamāha-kauṭajamiti | § 17863

5.1.110 Aṣṭāṅgahr̥dayasaṃhitā

atha kuṭajaphalakalpaḥ | | 44 | |
kauṭajam̐ sukumāreṣu
pittaraktakaphodaye | | 44 | |
jvare visarpe hr̥droge khuḍe kuṣṭhe ca
pūjitam | | 44 | | § 17866

5.1.111 Sarvāṅgasundarā

kuṭajam̐ sukumāreṣu-atyantavamanāsahiṣṇuṣu, pittaraktakaphodaye-
atiśayenādhike tasmin, tathā jvarādiṣu, vamine ṣreṣṭham |
§ 17867

5.1.112 Aṣṭāṅgahr̥dayasaṃhitā

sarṣapāṇāṃ madhūkānāṃ toyena lavaṇasya vā | | 45 | |
pāyayetkauṭajaṃ bījaṃ yuktaṃ
kṛṣarayā+athavā | | 45 | |
saptāhaṃ vā+arkadugdhāktaṃ taccūrṇaṃ
pāyayetpṛthak | | 46 | |
phalajīmūtakekṣvākujīvantījīvakodakaiḥ | | 46 | |
iti kuṭajaphalakalpaḥ | | 5 | | § 17872

5

5.1.113 Sarvāṅgasundarā

sarṣapādīnāṃ pṛthak toyena-kvāthena, saindhavasya ca ja-
lena, kuṭajabījaṃ pāyayet | athavā, kṛṣarayā saha kauṭajaṃ
pāyayet | athavā, saptāhamarkadugdhāktaṃ kuṭajabījacū-
rṇaṃ pṛthak madanaphalādyudakaiḥ pāyayet | § 17873

5.1.114 Āyurvedarasāyana

prayogamāha-sarṣapāṇāṃiti | § 17874

5.1.115 Aṣṭāṅgahr̥dayasaṃhitā

vamanauśadhamukhyānāṃiti kalpadigīritā | | 47 | |
bījenānena matimānanyānyapi ca
kalpayet | | 47 | | § 17876
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira-
citāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ pañcame kalpasiddh-
isthāne vamanakalpo nāma pratham+adhyāyaḥ | | 1 | | 5
§ 17877

5.1.116 Sarvāṅgasundarā

vamanauśadhamukhyānāṃ-śardiṣi prādhanānāmauśadh-
ānāṃ, iti evaṃ prakāreṇa, kalpasya dik-gatiḥ, īritā-kalpamārga
uditāḥ | anena bījena-anayā diśā, sumatiranyānyapi va-
manaśadhāni kalpayediti | iti śrīmṛgāṅkadattaputraśrī-

viracitāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarvāṅgasundarākhyā-
yāṃ pañcame kalpasiddhsthāne vamanakalpo nām prath-
amo+adhyāyaḥ samāptaḥ | | 1 | | § 17878

5.1.117 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ-vamanayogānupasaṃharati-vamanauśadheti | iti
hemādriṭīkāyāmāyurvedarasāyane |
vāntyauśadhaprakaraṇaṃ sāmastyena
nirūpitam | | 1 | | § 17879

5.2 virecanakalpādhyāyaḥ : 2

5.2.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto virecanakalpaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 17881

5.2.2 Sarvāṅgasundarā

kalpanaṃ kalpo-yojanā | virecanaṃ-adhobhāgena doṣa-
nirharaṇam, tasya kalpo-virecanakalpaḥ, taṃ vyākhyā-
syāmaḥ | śeṣaṃ pūrvavat | dantīdravantyādibhyaḥ sarv-
ebhyo+api virecanadravyebhyo nirapāyitvādvirecanasā-
5 dhye vyādhāvaniṣiddhaprasaratvāt[ca] pūrvam trivṛtāyā
upanyāsaḥ | § 17882

5.2.3 Āyurvedarasāyana

virecanakalpaṃ vyākhyātum pratijānīte-atheti | atha vire-
canakalpaḥ | tatra saṅgrāhe | (ka. a. 2)- "virecanadravyā-
ṇāṃ mūleṣu trivṛt, tvakṣu tilvakaḥ, kṣīreṣu snihī, phaleṣu
harītakī, pradhānāni | " iti | § 17883

5.2.4 Aṣṭāṅgahr̥dayasaṃhitā

atha trivṛcchyāmayoḥ kalpaḥ | | 1 | |
kaṣāyamadhurā rūkṣā vipāke kaṭukā
trivṛt | | 1 | |
kaphapittaprasāmanī
rauṣyāccānilakopanī | | 1 | | § 17886

5.2.5 Sarvāṅgasundarā

anenāsyāḥ svarūpakathanam | § 17887

5.2.6 Āyurvedarasāyana

trivṛdguṇānāha-kaṣāyamadhureti | § 17888

5.2.7 Aṣṭāṅgahr̥dayasaṃhitā

sedānīmauṣadhairyuktā vātapittakaphāpahiḥ | | 2 | |
kalpavaiśeṣyamāsādya jāyate
sarvarogajit | | 2 | | § 17890

5.2.8 Sarvāṅgasundarā

sā-evamguṇā trivṛt, adhunā vātapittakaphaghnaṅghnairauṣadh-
airyuktā kalpavaiśeṣatvaṃ prāpya virecanasādhyavyādhi-
viṣaye sarvarogajijjāyate | § 17891

5.2.9 Āyurvedarasāyana

saṃyogādikṛtān guṇānāha-sedanīmiti | § 17892

5.2.10 Aṣṭāṅgahr̥dayasaṃhitā

dvidhā khyātaṃ ca tanmūlaṃ śyāmaṃ śyāmā+aruṇaṃ
trivṛt | | 3 | | § 17893

5.2.11 Sarvāṅgasundarā

tasyāḥ-trivṛto, mūlaṃ dviprakāram,-ekaṃ śyāmamapara-
maruṇam | śyāmaṃ mūlaṃ śyāmā, trivṛdaruṇāmiti vyā-
khyam̐ dvisamjñam | § 17894

5.2.12 Āyurvedarasāyana

bhedadvayamāha-dvidheti | śyāmaṃ-śyāmākhyam | aruṇam-
trivṛdākhyam | § 17895

5.2.13 Aṣṭāṅgahr̥dayasaṃhitā

trivṛdākhyam̐ varataram̐ nirapāyam̐ sukham̐ tayoh̐ | | 3 | |
sukumāre śisau vṛddhe mṛdukoṣṭhe ca
taddhitam̐ | | 4 | | § 17897

5.2.14 Sarvāṅgasundarā

tayoh̐-śyāmāruṇayoh̐, yadaruṇam̐ mūlaṃ tadvarataram̐ |
sāmarthyāt śyāmaṃ varam̐ | aruṇam̐ yanmūlam̐ tannir-
apāyatvāt sukumārādiṣu hitam̐, na śyāmaṃ sāpāyatvāt |
§ 17898

5.2.15 Āyurvedarasāyana

aruṇasya viṣayamāha-trivṛdākhyāmiti | § 17899

5.2.16 Aṣṭāṅgahr̥dayasaṃhitā

mūrcchāsammohahr̥tkañṭhakaṣaṇakṣaṇanapradam̐ | | 4 | |
śyāmaṃ tikṣṇāśukāritvādatastadapi
śasyate | | 5 | |
krūre koṣṭhe bahau doṣe kleśakṣamiṇi
cāture | | 5 | | § 17902

5.2.17 Sarvāṅgasundarā

śyāmaṃ mūlaṃ mūrccādirṭkaṅṭhakaṣaṇakṣaṇanapra-
dam | tattikṣṇatvādāsukāritvācca sāpāyatvamasya | ta-
devaṃrūpamapi śyāmaṃ śasyate krūrakoṣṭhādiviṣaye |
§ 17903

5.2.18 Āyurvedarasāyana

śyāmasya viṣayamāha-mūrcceti | mūrccāsammohayo-
rjñānabhraṃśe tulye dehapātāpātābhyāṃ bhedaḥ | kaṣaṇaṃ-
vilekhaṇaṃ hrdayasya | kṣaṇanaṃ-kṣataṃ kaṅṭhasya |
§ 17904

5.2.19 Aṣṭāṅgahrdayasaṃhitā

gambhīrānugataṃ ślakṣṇamatiryagvisṛtaṃ ca yat | | 6 | |
grhītvā visṛjetkāṣṭhaṃ tvacaṃ śuṣkām
nidhāpayet | | 6 | | § 17906

5.2.20 Sarvāṅgasundarā

gambhīrānugataṃ-gūḍhaṃ kṛtvā bhūmāvantaḥpraviṣṭam,
tathā ślakṣṇaṃ-aparuṣam, tathā+atiryagyātaṃ(visṛtaṃ)-
spaṣṭaṃ kṛtvā bhūmau gatam, evaṃvidhaṃ trivṛtāyā mū-
laṃ grhītvā tatkāṣṭhaṃ visṛjet | tvacaṃ śuṣkām kṛtvā
nidhāpayet-sthāpayet | § 17907

5

5.2.21 Āyurvedarasāyana

grahaṇavidhimāha-gambhīrānugatamiti | gambhīrānugataṃ-
dūramadhoyātaṃ | atiryagvisṛtaṃ-bahuṣu tathābhūteṣu
madhyamaṃ | § 17908

5.2.22 Aṣṭāṅgahrdayasaṃhitā

atha kāle tataścūrṇaṃ kiñcinnāgarasaindhavam | | 7 | |

vātāmāye
pibedamlaiḥ----- | | 7 | | § 17910

5.2.23 Sarvāṅgasundarā

atha-anantaram, kāle-virecanaprastāve, tataḥ-mūlatvacah,
cūrṇamīṣannāgarasaindhavamamlaiḥ-kāñjikādibhiḥ, vāt-
avikāre pibet | § 17911

5.2.24 Āyurvedarasāyana

vāte virecanamāha-atheti | kiñcinnāgarasaindhavaṃ-nāgarasaindhavayormithas
caturthāṃśatulyena yuktaṃ,amlaiḥ pibet | saṅgrahe tu
(ka. a. 2)- "māṃsarasena vā | " iti | § 17912

5.2.25 Aṣṭāṅgahr̥dayasaṃhitā

-----paitte sājyasitāmadhu | | 7 | |
kṣīradrākṣekṣukāśmaryasvāduskandhavarārasaiḥ | | 8 | | § 17914

5.2.26 Sarvāṅgasundarā

paitte vikāre sahaḡr̥taśarkarāmadhu taccūrṇaṃ kṣīreṇa
drākṣādirasairvā pibet | § 17915

5.2.27 Āyurvedarasāyana

pitte virecanamāha-pitte iti | varā-triphalā | rasāsabdo dr-
ākṣādibhiḥ pratyekaṃ sambadhyate | § 17916

5.2.28 Āyurvedarasāyana

kaphe virecanamāha-kaphāmāya iti | pīluḡtīkṣṇataruḡ |
saṅgrahe tu (ka. a. 2)- "ebhireva ca dravyairiyathāsvaṃ ḡh-
r̥taśarkarādrākṣākṣoḡdatavakṣīrīmadhurāṇi mātuluṅgadā-
ḡdimāmālakakolakaramardakakapittharasatakrāmlāni sai-
5 ndhavalavaṇāni vyoṣatīkṣṇāni vividhavesavārapūritāni
sahakārarasatrijātakanāḡakesarakarpūrasurabhīṇi lehaḡ-
uṡtikāmodakabhakṣyabhojyānyupakalpayet | " iti | § 17917

5.2.29 Aṣṭāṅgahr̥dayasaṃhitā

kaphāmāyē pīlurasamūtramadyāmlakāñjikaiḥ | | 8 | |
pañcakolādicūrṇaiśca yuktyā yuktaṃ
kaphāpaiḥ | | 9 | | § 17919

5.2.30 Sarvāṅgasundarā

kaphavikāre taccūrṇaṃ pīlurasādibhiḥ pibet | pañcakolā-
dibhiścūrṇaiśca kaphaghairyuktaṃ | katham ? yuktyā,-
pañcakolādicūrṇānāṃ yoge nāativyāptirna vā+avyāptiḥ,
pañcakolādicūrṇena trivṛtācūrṇasya samyagyogaḥ syādi- 5
tyarthaḥ | ādiśabdenānyeṣāṃ pācanadīpanānāṃ pañcak-
olasadr̥śānāṃ citrakā(maricā)dīnāṃ grahaṇam | § 17920

5.2.31 Aṣṭāṅgahr̥dayasaṃhitā

trivṛtkalkakaṣāyābhyāṃ sādhitāḥ sasito himaḥ | | 9 | |
madhutrijātasamyukto leho hr̥dyaṃ
virecanam | | 10 | | § 17922

5.2.32 Sarvāṅgasundarā

trivṛtaḥ kalkena kaṣāyeṇa ca sādhitāḥ saśarkaro lehaḥ śīto
madhutrijātasamyukto hr̥dyaṃ virecanam syāt | atra ca
kāsacikitsitoktaṅṭakārikālehavat (hr̥. ci. a. 3/63) pram-
āṇam nirūpayitavyam | § 17923

5.2.33 Āyurvedarasāyana

hr̥dyaṃ virecanamāha-trivṛditi | § 17924

5.2.34 Aṣṭāṅgahr̥dayasaṃhitā

ajagandhā tavakṣīrī vidārī śarkarā trivṛt | | 10 | |

cūrṇitaṃ madhusarpirbhyāṃ līḍhvā sādhu
viricyate | | 11 | |
sannipātajvarastambhapipāsādāhapīḍitaḥ | | 11 | | § 17927

5.2.35 Sarvāṅgasundarā

ajagandhādicūrṇaṃ madhusarpirbhyāṃ līḍhvā sādhu vir-
icyate | sannipātajvarādipīḍitaḥ san | § 17928

5.2.36 Āyurvedarasāyana

sannipātādaḥ virecanamāha-ajagandheti | § 17929

5.2.37 Aṣṭāṅgahr̥dayasaṃhitā

limpedantastrivṛtayā dvidhākṛtveksugaṇḍikāṃ | | 12 | |
ekīkṛtya ca tatsvinnaṃ puṭapākena
bhakṣayet | | 12 | | § 17931

5.2.38 Sarvāṅgasundarā

ikṣugaṇḍikāṃ dvidhākṛtya(tvā)-pāṭayitvā, trivṛtayā+antarlimpet |
anantaramekīkṛtya puṭapākena svinnaṃ bhakṣayet | § 17932

5.2.39 Sarvāṅgasundarā

tatraiva virecanāntaramāha-limpediti | ikṣugaṇḍikāṃ-ikṣukāṇḍam |
§ 17933

5.2.40 Āyurvedarasāyana

vātarogādiṣu virecanamāha-bhṛṅgailābhyāṃiti | bhṛṅgaṃ-
tvak | nīlī-kālāñjanī | taiḥ tribhiḥ | taiḥ-caturbhiḥ | phalaraso-
drākṣādirasaḥ | | tarpaṇaṃ-mantham | manthagrahaṇaṃ
saktūnāṃ prādhānyārtham, tena cūrṇatulyā yavasaktavo
5 mānānukteśca | § 17934

5.2.41 Aṣṭāṅgahr̥dayasaṃhitā

bhr̥ṅgailābhyāṃ samā nīlī taistrivṛttaiśca śarkarā | | 13 | |
cūrṇaṃ phalarasakṣaudrasaktubhistarpaṇaṃ
pibet | | 13 | |
vātapittakaphotheṣu rogeṣvalpāneṣu
ca | | 14 | |
nareṣu sukumāreṣu nirapāyaṃ
virecanam | | 14 | | § 17938

5.2.42 Sarvāṅgasundarā

tvagelābhyāṃ tulyā nīlī, taiśca tulyā trivṛt, sarvaiśca tulyā
sitā, cūrṇaṃ phalarasakṣaudrasaktubhistarpaṇaṃ pibet |
vātapittakaphotheṣu rogeṣvalpāgniṣu ca nareṣu tathā su-
kumāreṣu virecanametannirapāyam | § 17939

5.2.43 Āyurvedarasāyana

gulmādiṣu virecanamāha-vidāṅgeti | viḍaṅgatandulo-vidāṅgasāraḥ |
kaṇā-pippalī | sarvataḥ-vidāṅgādibhyaḥ ṣaḍbhyaḥ | § 17940

5.2.44 Aṣṭāṅgahr̥dayasaṃhitā

viḍaṅgataṅḍulavarāyāvaśūkakaṇāstrivṛt | | 15 | |
sarvato+ardhena tallīḍhaṃ madhvājyena
guḍena vā | | 15 | |
gulmaṃ plīhodaraṃ kāsaṃ
halīmakamarocakam | | 16 | |
kaphavātakṛtāmścānyān parimārṣṭi gadān
bahūn | | 16 | | § 17944

5.2.45 Sarvāṅgasundarā

viḍaṅgataṅḍulādayaḥ samāṃśāḥ, sarvebhyo+ardhena trivṛt, tadetaccūrṇaṃ madhughṛtābhyāṃ līḍhaṃ guḍena vā+a+asvāditaṃ gulmādīn kaphavātotthāmścānyānapi gadān bahūn parimārṣṭi-parākaroti | § 17945

5.2.46 Aṣṭāṅgahr̥dayasaṃhitā

viḍaṅgapippalīmūlatrīphalādhānyacitrakān | | 17 | |
marīcendrayavājīpippalīhastipippalīḥ | | 17 | |
dīpyakaṃ pañcalavaṇaṃ cūrṇitaṃ kārṣikaṃ
pṛthak | | 18 | |
tilatailatrivṛccūrṇabhāgau
cāṣṭapalonmitau | | 18 | |
5 dhātrīphalarasaprasthāmstrīn
guḍārdhatulānvitān | | 19 | |
paktvā mṛdvagninā khādettato
mātrāmayantraṇaḥ | | 19 | |
kuṣṭhārśaḥkāmālāgulmamehodarabhagandarān | | 20 | |
grahaṇīpāṇḍurogāmśca hanti puṃsavanaśca
saḥ | | 20 | |
guḍaḥ kalyāṇako nāma sarveṣvṛtuṣu
yaugikaḥ | | 21 | | § 17954

5.2.47 Sarvāṅgasundarā

viḍaṅgādīni kārṣikāni, trivṛtācūrṇatilataile pṛthagaṣṭap-
alapramāṇe, āmalakaphalarasaprasthāmstrīn, guḍapālāni
pañcāśat, mṛdvagninā paktvā tasmānmātrāmayantraṇaḥ-
yantraṇārahitaḥ san, bhakṣayet | sa ca bhakṣitaḥ kuṣṭhādīn
5 hanti puṃsavanaśca syāt | guḍo+ayaṃ kalyāṇakasaṃjñāḥ
sarveṣu ca ṛtuṣu yaugikaḥ-yujyate | § 17955

5.2.48 Āyurvedarasāyana

kalyāṇakaṃ guḍamāviḍaṅgapippalīti | § 17956

5.2.49 Aṣṭāṅgahr̥dayasaṃhitā

vyoṣatrijātakāmbhodakṛmighnāmalakaistrivṛt | | 21 | |
sarvaiḥ samā samasitā kṣaudreṇa guṭikāḥ
kṛtāḥ | | 22 | |
mūtrakṛcchrajvaracchardikāsaśoṣabhramakṣaye | | 22 | |

tāpe pāṇḍvāmaye+alpe+agnau śastāḥ
sarvaviṣeṣu ca | |23| |
avipattirayaṃ yogaḥ praśastāḥ
pittaroginām | |23| | § 17961

5.2.50 Sarvāṅgasundarā

vyoṣādibhiḥ samabhāgaiḥ sarvairdravyaistrivṛtsamā, sā
ca trivṛt tulyaśarkarā, evametāḥ kṣaudreṇa guṭikāḥ kṛtā
mūtrakṛcchrādiṣu śasyante | avipattirayaṃ yogaḥ pittaro-
ginām praśastāḥ | § 17962

5.2.51 Āyurvedarasāyana

mūtrakṛcchrādiṣu virecanamāha-vyoṣeti | sarvaiḥ nava-
bhiḥ, samā-navabhāgā trivṛt | samasitā-śarkarāyā api nava
bhāgāḥ | § 17963

5.2.52 Aṣṭāṅgahrdayasaṃhitā

trivṛtā kauṭajaṃ bījaṃ pippalī viśvabheṣajam | |24| |
kṣaudradrākṣārasopetaṃ varṣākāle
virecanam | |24| | § 17965

5.2.53 Sarvāṅgasundarā

trivṛtādikaṃ kṣaudradrākṣārasasaṃyuktaṃ prāvṛṣi virec-
anam | § 17966

5.2.54 Sarvāṅgasundarā

varṣāsu virecanamāha-trivṛteti | § 17967

5.2.55 Aṣṭāṅgahrdayasaṃhitā

trivṛddurālabhāmustaśarkarodīcyacandanam | |25| |
drākṣāmbunā sayasṭyāhvasātalaṃ
jaladātyaye | |25| | § 17969

5.2.56 Sarvāṅgasundarā

trivṛddurālabhādikaṃ drākṣājaleṇa śaradi virecanam |
§ 17970

5.2.57 Āyurvedarasāyana

śaradi virecanamāha-trivṛditi | udīcyam-vālakam | sātālā-
saptalā | § 17971

5.2.58 Aṣṭāṅgahr̥dayasaṃhitā

trivṛtām citrakam pāṭhāmajājīm saralam vacām | | 26 | |
svarṇakṣīrīm ca hemante cūrṇamuṣṇāmbunā
pibet | | 26 | | § 17973

5.2.59 Sarvāṅgasundarā

trivṛtādikaṃ cūrṇamuṣṇāmbunā saha hemante pibet |
§ 17974

5.2.60 Āyurvedarasāyana

hemante virecanamāha-trivṛtāmiti | § 17975

5.2.61 Āyurvedarasāyana

grīṣme virecanamāha-trivṛteti | § 17976

5.2.62 Aṣṭāṅgahr̥dayasaṃhitā

trivṛtā śarkarātulyā grīṣmakāle virecanam | | 27 | | § 17977

5.2.63 Sarvāṅgasundarā

trivṛccharkarāsamā grīṣmartau virecanam | § 17978

5.2.64 Aṣṭāṅgahr̥dayasaṃhitā

trivṛttrāyantihapuṣāsātalākaṭurohiṇīḥ | | 27 | |
svaṛṇakṣīrīm ca sañcūrṇya gomūtre
bhāvayettryaham | | 28 | |
eṣa sarvartuko yogaḥ snigdhanām
maladoṣahr̥t | | 28 | | § 17981

5.2.65 Sarvāṅgasundarā

trivṛdādīni sañcūrṇya tryaham gomūtre bhāvayet | eṣa yo-
gaḥ sarvartuṣvapi snigdhanām narāṇām maladoṣasya hā-
rakaḥ syāt | § 17982

5.2.66 Āyurvedarasāyana

snigdhanām sarvartukam virecanamāha-trivṛditi | § 17983

5.2.67 Aṣṭāṅgahr̥dayasaṃhitā

śyāmātrivṛddurālbhāstipippalivatsakam | | 29 | |
nīlinīkaṭukāmustāsreṣṭhāyuktaṃ
sucūrṇitam | | 29 | |
rasājyoṣṇāmbubhiḥ śastam rūkṣāṇāmapi
sarvadā | | 30 | |
iti trivṛcśyāmayoḥ kalpaḥ | | 1 | | § 17987

5.2.68 Sarvāṅgasundarā

śyāmādyam cūrṇīkṛtaṃ māṃsarasaḥṛtoṣṇāmbubhī rūkṣ-
āṇāmapi sarvakālam śastam | apīśabdāt snigdhanām śast-
ameva | § 17988

5.2.69 Sarvāṅgasundarā

rūkṣāṇāmapi sarvartuṣu virecanamāha-śyāmeti | saṅgr-
ahe tu (?) (carake ka. a. 7)- " vyoṣatvakpatramustailaviḍa-

ṅgāmalakān samān | trivṛto+aṣṭaguṇaṃ bhāgaṃ śarkarā-
 yāśca ṣaṅguṇaṃ | | guḍena guṭikāḥ kuryāt kṣaudreṇa saha
 saṃyutāḥ | mūtrakucchre jvare vamyāṃ kāse śoṣe bhrame
 5 kṣaye | | gulme pāṇḍvāmaye+alpe+agnau śastā niryantri-
 tāśinaḥ | yogaḥ sarvaviśāṇāṃ ca mataṃ śreṣṭhaṃ vireca-
 nam | | " (saṅgrahe ka. a. 2)- "tryūṣaṇatriphalāhiṅgu kārṣ-
 ikaṃ trivṛtāpalam | sauvarcalārdhakarṣaśca palārdham
 cāmlavetasāt | | taccūrṇaṃ śarkarātulyaṃ maṇḍenāmlena
 vā pibet | gulmapārśvārtinutsiddham jīrṇe cāsmin rasa-
 10 udanam | | trivṛtātriphalādantīsātalāvyoṣasaindhavaiḥ | |
 prakalpya cūrṇaṃ saptāhaṃ bhāvyaṃmāmalakādrase | | ta-
 dyojyaṃ tarpaṇe yūṣe piśite rāgayuktiṣu | | tulyāmlaṃ tri-
 vṛtākalkasiddham gulmaharaṃ ghṛtam | | śyāmātrivṛtka-
 ṣāyeṇa siddham sarpīḥpayo+athavā | trivṛṇmuṣṭīmstu sa-
 15 nakhānaṣṭau drone+ambhasaḥ pacet | | pādaśeṣaṃ kaṣā-
 yaṃ taṃ pūtaṃ guḍatulāyutam | snigdhe sthāpyaṃ gh-
 aṭe kṣaudrapippalīphalacitrakaiḥ | | lipte māse gate pītaṃ
 pāṇḍuśvayathugulmajit | surā vā trivṛtāpādakiṅvā tatkv-
 āthasaṃyutā | | yavaiḥ śyāmātrivṛtkvāthāsinnaiḥ kulm-
 20 āṣamambhasā | āsutaṃ ṣaḍahaṃ palle jātaṃ sauvīrakam
 pibet | | bhrṣṭān vā satuśān siddhānyavāṃstaccūrṇasaṃy-
 utān āsutānambhasā tadvatpibejjātaṃ tuṣodakam | | iti |
 vṛnde tu (a.74/9)- "abhayāpippalīmūlaṃ maricaṃ viśva-
 bheṣajam | tvakpatrapippalīmustaviḍaṅgāmalakāni ca | |
 25 etāni samabhāgāni dantī ca triguṇā bhavet | trivṛdaṣṭa-
 guṇā deyā ṣaḍguṇā cātra śarkarā | | madhunā modakān
 kṛtvā cākṣamātrān pramāṇataḥ | ekaikaṃ bhakṣayetprā-
 taḥ śītaṃ canu jalaṃ pibet | | tasmādviricyate jantury-
 āvaduṣṇaṃ na sevate | pānāhāravihāreṣu bhavennirya-
 30 ntraṇaḥ sadā | | pāṇḍutvakāsaviṣamajvaravahnisādān ja-
 ṅghorupṛṣṭhajaghanodarapārśvaśūlān | durnāmakunḍal-
 abhagandaraśophagulmān yakṣmodarabhramavidāhaka-
 mūtrakṛcchrān | | lpīhākṣirogapavanāśmarikuṣṭhamehān
 hanyādrasāyanamidam bhiṣajā prayuktam | alpavyayaṃ
 35 bahuphalaṃ satatopayojyamāyūṣkaram palitanāśanama-
 śviddaṣṭam | | " iti | § 17989

5.2.70 Aṣṭāṅgahr̥dayasaṃhitā

atha rājavr̥kṣakalpaḥ | | 30 | |
jvarahr̥drogavātāsr̥gudāvartādirogiṣu | | 30 | |
rājavr̥kṣo+adhikaṃ pathyo
mṛdurmadhuraśītaḥ | | 31 | | § 17992

5.2.71 Sarvāṅgasundarā

jvarādiṣvanyebhyaṣṭadvīṣayoktebhyo virecanadravyebhyo
rājavr̥kṣo+atīśayena pathyaḥ | kimbhūtaḥ ? mṛdurmadhu-
raḥ śītaśca | § 17993

5.2.72 Āyurvedarasāyana

āragvadhakalpamāha-jvarahr̥drogeti | § 17994

5.2.73 Āyurvedarasāyana

bālādau viśeṣādāragvadho yojya ityāha-bāla iti | § 17995

5.2.74 Aṣṭāṅgahr̥dayasaṃhitā

bāle vṛddhe kṣate kṣiṇe sukumāre ca mānave | | 31 | |
yojyo mṛdvanapāyitvādviśeṣāccaturaṅgu-
laḥ | | 32 | | § 17997

5.2.75 Sarvāṅgasundarā

bālādau mṛdutvādanapāyitvācca viśeṣeṇa caturaṅgulo yo-
jyaḥ | § 17998

5.2.76 Āyurvedarasāyana

grahaṇavidhimāha-phalakāla iti | teṣāṃ-phalānām | bhāraṃ-
tulāvīṃśatiḥ | § 17999

5.2.77 Aṣṭāṅgahr̥dayasaṃhitā

phalakāle pariṇataṃ phalaṃ tasya samāharet | | 32 | |
teṣāṃ guṇavatāṃ bhāraṃ sikatāsu
vinikṣipet | | 33 | |
saptarātrātsamuddhṛtya śoṣayedātape
tataḥ | | 33 | |
tato majjānamuddhṛtya śucau pātre
nidhāpayet | | 34 | | § 18003

5.2.78 Sarvāṅgasundarā

tasya-śamyākasya, phalakāle pariṇataṃ-pakvaṃ, phalaṃ
samāharet-saṅgr̥hṇīyāt | teṣāṃ-phalānāṃ, guṇavatāṃ-suniṣpannānāṃ,
bhāraṃ-palaśataviṃśatiḥ, vālukāsu vinikṣipet | saptarātr-
ādūrdhvaṃ sikatābhya uddhṛtyānantaramātape śoṣayet |
5 tataḥ-anantaraṃ, tebhyaḥ phalebhyo majjānamuddhṛtya-
gr̥hītvā, pātre-bhāṇḍe, śucau śuddhe, sthāpayet | § 18004

5.2.79 Aṣṭāṅgahr̥dayasaṃhitā

drākṣārasena taṃ dadyāddāhodāvartapīḍite | | 34 | |
caturvarṣe sukhaṃ bāle
yāvaddvādaśavārṣike | | 35 | | § 18006

5.2.80 Sarvāṅgasundarā

taṃ-majjānaṃ, drākṣārasena dadyāt | dāhādyārte nare ca-
turvarṣe bāle sukhenaitadvirecanam, yāvaddvādaśavārṣ-
ike bāle sukhaṃ virecanamidam | § 18007

5.2.81 Sarvāṅgasundarā

dāhodāvartayorvirecanamāha-drākṣāraseneti | § 18008

5.2.82 Aṣṭāṅgahr̥dayasaṃhitā

caturaṅgulamajjño vā kaṣāyaṃ pāyayeddhimam | |35| |
dadhimaṇḍasurāmaṇḍadhātrīphalarasaiḥ
pṛthak | |36| |
sauvīrakeṇa vā yuktaṃ kalkena traivṛtena
vā | |36| | § 18011

5.2.83 Sarvāṅgasundarā

athavā rājavr̥kṣamajjño himaṃ [kaṣāyaṃ]-sītakaṣāyaṃ,
dadhimaṇḍādibhiḥ pṛthagyuktamathavā kāñjikenāthavā
kalkena trivṛtāsambandhinā yuktaṃ pāyayet | § 18012

5.2.84 Āyurvedarasāyana

anyadvirecanapañcakamāha-caturaṅguleti | sauvīrakeṇa-
kāñjikenā | § 18013

5.2.85 Aṣṭāṅgahr̥dayasaṃhitā

dantīkaṣāye tanmajjño guḍaṃ jīrṇaṃ ca nikṣipet | |37| |
tamariṣṭaṃ sthitaṃ māsam pāyayet pakṣameva
vā | |37| |
iti rājavr̥kṣakalpaḥ | |2| | § 18016

5.2.86 Sarvāṅgasundarā

dantīkaṣāye tanmajjñāḥ-karṇikārasya madhyāni, guḍaṃ jī-
rṇaṃ ca vinikṣipet | tamariṣṭaṃ māsam sthitaṃ pāyayet |
pakṣam vā sthitaṃ | § 18017

5.2.87 Āyurvedarasāyana

virecanāntaramāha-dantīkaṣāya iti | § 18018

5.2.88 Aṣṭāṅgahr̥dayasaṃhitā

- atha tilvakakalpaḥ | | 38 | |
tvacaṃ tilvakamūlasya
tyaktvā+a+abhyantaravalkalam | | 38 | |
viśoṣya cūrṇayitvā ca dvau bhāgau
gālayettataḥ | | 38 | |
rodhrasyaiva kaṣāyeṇa ṛtīyaṃ tena
bhāvayet | | 39 | |
5 kaṣāye daśamūlasya taṃ bhāgaṃ bhāvitam
punaḥ | | 39 | |
śuṣkaṃ cūrṇam punaḥ kṛtvā tataḥ pāñitalam
pibet | | 40 | |
mastumūtrasurāmaṇḍakoladhātrīphalāmbubhiḥ | | 40 | | § 18025

5.2.89 Sarvāṅgasundarā

- tilvakamūlasya tvacaṃ tyaktvā madhyavalkalam viśoṣya
tathā cūrṇayitvā tataścūrṇāt dvau bhāgau rodhrasyaiva
kaṣāyeṇa gālayet | tataḥ-anantaram, avaśiṣṭo yastrīyo bh-
āgastataścūrṇāt, taṃ tena kaṣāyeṇa vastragālitena bhāva-
5 yet | anantaram vastragālitakaṣāyeṇa bhāvitam punaḥ ka-
ṣāye daśamūlasya bhāvitamanantaram śuṣkacūrṇam [kṛ-
tvā] tataścūrṇāt pāñitalam-karṣam, mastugomūtrādikena
pibet | (kolaṃ-badaram, dhātrīphalam-āmalakam, tayora-
mbunī svarasau |) tadbhāvanausadhapramāṇam ca śilāja-
10 tunah kalpavat kalpayet | śilājatukalpaṃ ca vakṣyati (hr̥. u.
a. 39/135)- "samagirijamaṣṭaguṇite niḥkvāthyam bhāvan-
ausadham toyē | " ityādi | tasmādatra tilvakatvaco bhāvya-
ausadhasya rodhraśca(dhraṃca)bhāvanausadham samam
deyam, tato+aṣṭaguṇam jalam deyam, tacca kvathanenāṣṭ-
15 āṃśaśeṣam kāryamiti | evamanyatrāpyanirdiṣṭapramāṇā-
nām bhāvya-dravyabhāvanā-dravyatoyāvaśiṣṭānām parim-
āṇam bodhyam | § 18026

5.2.90 Āyurvedarasāyana

tilvakakalpamāha-tvacamiti | ābhyantaravalkalam-kāṣṭhalagnā
tvak | cūrṇasya bhāgatrayam kṛtvā dvau bhāgāvekīkr-
tya rodhrakaṣāyeṇa mardayitvā gālayet | tena draveṇa
ṛtīyam bhāgam bhāvayet | punardaśamūlakaṣāyeṇa bh-
āvayet | punaḥśoṣayet | punaścūrṇayet | tasya cūrṇasya 5
pāñitalam-karṣam, mastvādibhiḥ pibet | kolaṃ-badaram,
dhātrīphalam-āmalakam tayorambunī-svarasau | § 18027

5.2.91 Aṣṭāṅgahrdayasaṃhitā

tilvakasya kaṣāyeṇa kalkena ca saśarkaraḥ | | 41 | |
saghrtaḥ sādhitō lehaḥ sa ca śreṣṭham
virecanam | | 41 | |
iti tilvakakalpaḥ | | 3 | | § 18030

5.2.92 Sarvāṅgasundarā

rodhrasya kaṣāyeṇa kalkena ca saśarkaro ghṛtānvito lehaḥ
syāt | sa ca lehaḥ śreṣṭham virecanam | § 18031

5.2.93 Āyurvedarasāyana

virecanāntaramāha-tilvakasyeti | saṅgrahe tu (ka. a. 2)-
" meṣaśṛṅgyabhayākṛṣṇācitrakaiḥ kvathite jale | marujān
sunuyāttatra jātam sauvīrakam yadā | | bhavedaṅjalīnā ta-
sya rodhrakalkam pibettadā | marujān-yavān | surām ro-
dhrakaṣāyeṇa jātam pakṣasthitam pibet | | " iti | § 18032 5

5.2.94 Āyurvedarasāyana

snuhīkalpamāha-sudheti | tāṃ-sudhām, mudukoṣṭhād-
iṣu na kalpayet | kaṣṭavibhramśām-duḥsahavyāpadam |
ataḥ-atiyogabhayāt | gulmādiṣu tu kalpyā | madhumehaḥ-
madhupramehaḥ | dūśīviṣam-viṣapratīṣedhoktam | sā-sudhā,
bahutīkṣṇāgrakaṇṭakā śreṣṭhā | bilvādīnām-br̥hatpāñcamūlōktānām |
samam-samamātram | ekaśaḥ-ekasyaikasya kvāthena kr-

amānmiśraṇaṃ śoṣaṇaṃ ca | vā śabdāddhṛhatīdvayasya
bhinnaḥ prayogaḥ | § 18033

5.2.95 Aṣṭāṅgahr̥dayasaṃhitā

atha sudhākalpaḥ | | 42 | |
sudhā bhinatti doṣāṇāṃ mahāntamapi
sañcayam | | 42 | |
āśveva kaṣṭhavibhramśānnaiva tāṃ
kalpayedataḥ | | 42 | |
mṛdau koṣṭhe+abale bāle sthavire
dīrgharogīni | | 43 | |
5 kalpyā gulmodaragaratvagrogamadhumeh-
iṣu | | 43 | |
pāṇḍau dūṣīviṣe śophe
doṣavibhrāntacetasi | | 44 | |
sā śreṣṭhā kaṇṭakaistīkṣṇairbahubhiśca
samācitā | | 44 | |
dvivarsāṃ vā trivarsāṃ vā śīśirānte
viśeṣataḥ | | 45 | |
tāṃ pāṭayitvā śastreṇa
kṣīramuddhārayettataḥ | | 45 | |
10 bilvādīnāṃ br̥hatyorvā kvāthena
samamekaśaḥ | | 46 | |
miśrayitvā sudhākṣīraṃ tato+aṅgāreṣu
śoṣayet | | 46 | |
pibetkṛtvā tu guṭikāṃ
mastumūtrasurādibhiḥ | | 47 | | § 18045

5.2.96 Sarvāṅgasundarā

sudhā-guḍā, doṣāṇāṃ mahāntamapi sañcayam hanti | ev-
aṃguṇāmapi tāṃ-sudhāṃ, bhiṣak mṛdukoṣṭhādiṣu ato na
kalpayet | śīghrameva kaṣṭhavibhramśāditi | kalpayeditya-
tisarjane liṅ | tarhi kveyam prayojyā ? ityāha-kalpyeti | gu-
5 lmādiṣu kalpyā sāsnuḥ, tīkṣṇairbahubhiḥ kaṇṭakaiścitā śr-
eṣṭhā syāt | tāṃ-sudhāṃ, dvivarsāmathavā trivarsāṃ viś-

eṣeṇa śiśirānte kāryavaśādanyasminnapi ṛtau śastreṇa pā-
 ṭayitvā tataḥ-sudhātaḥ, kṣīramuddhārayet | dve varṣe pr-
 amāṇamasyā iti ṭhak | tasya rasāllugiti luk | tataśca ṭāp |
 tataḥ-anantaram, bilvādīnām kaṇṭakārīmahotīkayorvā kv- 5
 āthena ekaśaḥ-ekenaikena, samam melayitvā sudhākṣīra-
 manantaramaṅgāreṣu tadubhayamapi śoṣayet | tato guṭi-
 kām kṛtvā yathāyogaṃ mastvādibhiḥ pibet | § 18046

5.2.97 Aṣṭāṅgahrdayasaṃhitā

trivṛtādīnnava varām svarṇakṣīrīm sasātalām | | 47 | |
 saptāham snukpayah pītān rasenājyena vā
 pibet | | 48 | |
 tadvadvyoṣottamākumbhanikumbhāgnīn
 guḍāmbunā | | 48 | |
 iti sudhākālpaḥ | | 4 | | § 18050

5.2.98 Sarvāṅgasundarā

trivṛtādīnnaveti 'trivṛcchyāmā rājavṛkṣastilvakaśca tathā
 sudhā | śāṅkhinī saptalā dantī dravantīti [smṛtā nava | |]'
 iti | tadetān trivṛtādīmstathā tripālām svarṇakṣīrīm sāta-
 lām ca sapta vāsarān snukpayah pītān-snukṣīrabhāvitān,
 māmsarasena ghr̥tena vā pibet | tathaiva vyoṣādīn guḍā- 5
 mbunā pibet | § 18051

5.2.99 Āyurvedarasāyana

prayogāntaramāha-trivṛtādīniti | trivṛtādīnnava-trivṛt śy-
 āmā āragvadhastilvakaḥ snuhī śāṅkhinī satpalā dantī dr-
 avantī ceti | atra snuhī kāṇḍam, na kṣīram, tasya bhāv-
 anāsādhanatvāt | varā-triphalā | sātālā-satpalā-satpalā, ta- 5
 syāḥpunaruktatvāt svarṇakṣīrīm sasātalāmiti bhinnah pr-
 ayogaḥ | ata eva triphalāprayogo+api bhinnah | rasena-
 māmsarasena | vyoṣādiprayogo+aapi tadvat | tasya tu pā-
 nam guḍodakena | saṅgrahe tu (ka. a. 2)- " adyācchā-
 mātrivṛvkātham snukṣīghṛtaphāṇitaiḥ | kāsārirasayūṣā-

dyairyuktaṃ vā snukpayaḥ pibet | | nikumbhakumbhaś-
amyākaśaṅkhinīsatpalārajaḥ | rātrau mūtre divā gharṃe
saptāhaṃ sthāpayedanu | | snukksīre+api tatastena mā-
lyaṃ vāso+avacūrṇitam | ājighraṇ prāvṛṇānaśca mṛduko-
5 ṣṭho viricyate | | " iti § 18052

5.2.100 Aṣṭāṅgahr̥dayasaṃhitā

atha śaṅkhinīsaptalayoḥ kalpaḥ | | 49 | |
nātiśuṣkaṃ phalaṃ grāhyaṃ śaṅkhinyā
nistuṣīkṛtam | | 49 | |
saptalāyāstathā mūlaṃ te tu
tīkṣṇavikāṣiṇī | | 49 | |
śleṣmāmayodaragaraśvayathvādiṣu
kalpayet | | 50 | |
5 akṣamātraṃ tayoḥ piṇḍaṃ
madrālavaṇānvitam | | 50 | |
hr̥droge vātakaphaje tadvadgulme+api
yojayet | | 51 | |
iti śaṅkhinīsaptalayoḥ kalpaḥ | | 5 | | § 18059

5.2.101 Sarvāṅgasundarā

śaṅkhinyāḥ phalaṃ nistuṣīkṛtaṃ nātiśuṣkaṃ grāhyam |
saptalāyāśca mūlaṃ grāhyam | te ca-śaṅkhinīphalasātalāmūle,
tīkṣṇavikāṣiṇī-taikṣṇyāt vikāśitvācca, śleṣmāmayādyeṣu
kalpayet | tayoḥ-śaṅkhinīsaptalayoḥ pūrvoktayoḥ, karṣa-
5 mātraṃ piṇḍaṃ surālavanayuktaṃ vātakaphajaḥdrogād-
iṣu kalpayet | § 18060

5.2.102 Āyurvedarasāyana

śaṅkhinīphalasatpalāmūlayoḥ kalpamāha-nātiśuṣkamiti |
§ 18061

5.2.103 Aṣṭāṅgahr̥dayasaṃhitā

atha dantīdravantyoh̥ kalpaḥ | | 51 | |
 dantidantasthiraṃ sthūlaṃ mūlaṃ
 dantīdravantijam | | 51 | |
 ātāmraśyāvātīkṣṇoṣṇamāśukāri vikāśi ca | | 52 | |
 guru prakopi vātasya
 pittaśleṣmavilāyanam | | 52 | |
 tatkṣaudrapippalīiptaṃ svedyaṃ 5
 mṛddarbhaveṣṭitam | | 53 | |
 śoṣyaṃ mandātape+agnyarkau hato hyasya
 vikāśitām | | 53 | |
 tatpibenmastumadirātakrapīlurasāsavaīḥ | | 54 | |
 abhiṣyaṇṇatanurgulmī pramehī jaṭharī
 garī | | 54 | |
 gomrgājarasaiḥ pāṇḍuḥ kṛmikoṣṭhī
 bhagandarī | | 55 | |
 siddhaṃ tatkvāthakalkābhyām daśamūlarasena 10
 ca | | 55 | |
 visarpavidradhyalajīkakṣādāhān
 jayeddhṛtam | | 56 | |
 tailaṃ tu gulmamehārśovibandhakaphamāru-
 tān | | 56 | |
 mahāsnehaḥ
 śakṛcchukravātasāṅgānilavyathāḥ | | 57 | |
 iti dantīdravantyoh̥ kalpaḥ | | 57 | |
 virecane mukhyatamā navaite 15
 trivṛtādayaḥ | | 57 | | § 18076

5.2.104 Sarvāṅgasundarā

dantino dantaḥ, tadvatsthiraṃ sthūlaṃ ca dantīdrava-
 ntyudbhavaṃ mūlaṃ kiñcittāmraśyāvātīkṣṇoṣṇamāśuk-
 āri vikāśi cetyādinā tatsvarūpoktiḥ | tacca kṣaudrapippalī-
 bhyām liptaṃ mṛddarbhaveṣṭitam sveditaṃ paścānmand-
 ātape śoṣyam | kimevaṃ kriyate ? ityāha yasmādagnyark- 5
 āvasya vikāśitām hataḥ | tacca mastvādibhiḥ pibet | abhi-

ṣyaṅṇadehādiḥ pāṇḍvāmayī kṛmikoṣṭhī bhagandarī ca go-
mṛgājamāmsarasaiḥ pibet | tasya mūlasya kvāthakalkā-
bhyāṃ daśamūlarasena ca siddham ghṛtaṃ visarpādīn ja-
yet | tailaṃ tu siddham gulmādīn jayet | mahāsnehaḥ śak-
5 ṛtādīsaṅgādīn jayet | sa0-ete trivṛtādayo virecane nava śre-
ṣṭhatamāḥ | § 18077

5.2.105 Sarvāṅgasundarā

dantīdravantyoḥ kalpamāha-dantīti | hataḥ-nāśayataḥ | abhiṣyaṅṇatanuḥ-
[rāklinnadehaḥ | pāṇḍvāmayādiṣu gavādimāmsarasaiḥ |
visarpādiṣu tatkvāthādisiddham ghṛtam | kakṣākṣudraro-
geṣūktā (hr̥. u.a. 31/11) | gulmādiṣu ghṛtavatsiddham tai-
5 lam | śakṛtsaṅgādiṣu ghṛtavatsiddho mahāsnehaḥ | saṅgr-
ahe tu (ka. a. 2)-" dantyā rase+ajaśṛṅgyāśca guḍakṣaudr-
aghṛtānvitaḥ | lehaḥ siddho virekārthe dāhasantāpameh-
anut | | vātatarṣe jvare paitte syātsa evājagandhayā | da-
ntīdravantyormūlāni paceddhātrīrase tataḥ | | trīnaṃśān
10 phāṇitāddvau ca bhr̥jjettaile ghṛte +athavā | śyāmādikalk-
ayukto+ayaṃ lehaḥ siddho virecanam | | pathyākṣadaśa-
mūlānāṃ tadvallehāḥ pṛthagrasaiḥ | tayorbilvasamaṃ va-
rṇaṃ tadrasenaiva bhāvitam | | vibaddhaviśi vātotthe gu-
lme cāmlaṃ yutaṃ hitam | mudgādisidvaistanmūlairyūṣ-
15 ādīṃśca vikalpayet | | dantīdravantīmaricasvarṇakṣīriya-
vānakam | saśuṅṭhyagnikapṛthvīkaṃ cūrṇitaṃ saptavāsa-
rān | | mūtrabhāvitamājyena pibejjīrṇe ca tarpaṇam | sarv-
adā sarvarogeṣu bāle vṛddhe ca taddhitam | | durbhuktāj-
īrṇapārśvārttigulmaplīhodareṣu ca | gaṇḍamālāsu vāte ca
20 pāṇḍuroge ca śasyate | | " iti | ā0 ra0- harītakīkalpamāha-
harītakīmiti | § 18078

5.2.106 Āyurvedarasāyana

prayogāntaramāha-guḍasyeti | pathyāvīṃśatiriti phalānāṃ
viṃśatiḥ, palānāṃ | "saṅkhayā phalānāṃ śataśo+apalā
syāt" iti vacanāt | sarvasya cūrṇasya guḍapākena daśa
modakān prakalpya, daśame daśame+ahanyekaṃ khā-
5 det | evaṃ sarvān khādeddivasadvyaśītyā | saṅgrāhe tu

(ka. a. 2)- "viśeṣādgrahaṇīśophapāṇḍumehodarāpahām |
pibetpathyāṃ sasindhūtthaviḍaṅgoṣaṇanāgarām | | mūtr-
eṇa vatsakādervā niryūheṇa harītakīm | pathyānāgaracū-
rṇaṃ vā saṃyuktaṃ nīlinīphalaiḥ | | guḍena bhakṣayett- 5
oyam kavosṇaṃ prapibedanu | pathyātrivṛdūbhyāṃ gu-
ṭikāḥ kāryā drākṣārasaplutāḥ | | māṣapramāṇāstāḥ śuṣkā
yakṣmī lihyāddhṛtaplutāḥ | pathyātrivṛtpaṭuṣṇāmbu sa-
rvaśreṣṭhaṃ virecanam | | snukṣīrabhāvite pathyācūrṇe
kurvīta modakān | kolāsthimātrān śuṣkāṃśca navanītena
lehayet | | gulmodarayakṛtplihaśulānāhavibandhinaḥ | li- 10
hyāderaṇḍatailena kuṣṭhaṃ trikaṭukānvitam | | sukhoda-
kaṃ cānu pibet sukhametadvirecanam | " iti | § 18079

5.2.107 Aṣṭāṅgahr̥dayasaṃhitā

atha harītakīkalpaḥ | | 58 | |
harītakīmapi
trivṛdvidhānenopakalpayet | | 58 | |
guḍasyāṣṭapale pathyāvīmśatiḥ syātpalam
palam | | 58 | |
dantīcitrakayoḥ karṣau
pippalītrivṛtordaśa | | 59 | |
prakalpya modakānekaṃ daśame 5
daśame+ahani | | 59 | |
uṣṇāmbho+anu pibetkhādetān
sarvānvidhinā+amunā | | 60 | |
ete niṣparihārāḥ syuḥ
sarvavyādhinibarhaṇāḥ | | 60 | |
viśeṣādgrahaṇīpāṇḍukaṇḍūkoṭhārśasāṃ
hitāḥ | | 61 | |
iti harītakīkalpaḥ | | 6 | | § 18088

5.2.108 Sarvāṅgasundarā

yathā trivṛtāyā vidhānamuktaṃ "atha kāle tataścūrṇaṃ ki-
ñcinnāgarasaindhavam | "(ślo.7) ityādi, tathaiva harītakyā
api vidhātavyamityarthaḥ | sa0-guḍasyāṣṭapale pathyāv-

imśatirdantīcitrakayoḥ palaṃ palaṃ pratyekaṃ syāt | pi-
ppalītrivṛtayoh karṣāvubhau | daśa modakānevaṃ prak-
alpyaikamekaṃ modakaṃ daśame daśame dine yojayet |
paścāduṣṇāmbu pibet | amunā vidhinā sarvān modakān
5 bhakṣayet | ete modakā niṣparihārāstathā+aśeṣavyādhinibarhaṇāḥ
syuḥ | viśeṣeṇa grahaṇyādīnāṃ hitāḥ | sambandhamātra-
sya vivakṣitatvādatra ṣaṣṭhī, anyathā tu hitayoge caturthī
syāt | § 18089

5.2.109 Aṣṭāṅgahr̥dayasaṃhitā

ryuktāni deyaṇi virecanāni | | 2 | |
62 1/2 | | 2 | | § 18091

iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavirac-
itā yāmaṣṭāṅgahr̥dayasaṃhitāyāṃ pañcame kalpasiddhi-
5 sthāne virecanakalpo nāma dvitīyo+adhyāyaḥ | | 2 | | § 18092

5.2.110 Āyurvedarasāyana

uktānāṃ virecanakalpānāṃ kiñcidviśeṣamāha alpasyeti |
saṃśleṣaḥ-anuktasya | viśleṣaḥ-uktasya | kālaḥ-avasthāviśeṣaḥ |
saṃskāraḥ-pākabhāvanādih | yuktiḥ-mātrālpavabahutvādih |
iti hemādriṭīkāyāmāyurvedarasāyane | rekaṣadhapraka-
5 raṇaṃ sāmastyena nirūpitam | | § 18093

5.2.111 Sarvāṅgasundarā

alpasya-vīryeṇa mātrayā vā kadācidalpauśadhayogasya,
kenacittattadyogyauśadhasaṃśleṣeṇa tasya mahārthatvaṃ
kāryam | tathā kālena-madhyāhnādinā, tathā saṃskāreṇa-
tadyogyena guṇāntarotpādanena, tathā yuktyā-yojanāprakāraviśeṣeṇa,
5 tathā vīryeṇa prabhūtasya-mātrayā+athavā mahārthasya,
kadācit kenacidravyeṇa viśleṣaṃ kṛtvā tasyālpakarm-
atvaṃ kāryam | tathā kālena pratyūṣādinā mandavīrye-
ṇa, tathā saṃskāreṇa-guṇāntarādhānena, tathā yuktyā-
tādṛśyā, alpaśaktitvalakṣaṇaṃ karma kāryam | tvakkesarādibhistaistaiḥ-
10 anyaiśca tathāvidhaiḥ, manonukūlaiḥ-mānasapriyaiḥ, au-

ṣadhairyuktāni virecanāni deyāni | evaṃ kṛte sati samy-
agyogo virecanasya syāditi | upajātirvṛttam | iti śrīmṛgā-
ṅkadattaputraśrīmadaruṇadattaviracitāyāmaṣṭāṅgahr̥daya-
ṭī- kāyāṃ sarvāṅgasundarākhyāyāṃ pañcame kalpasiddh- 5
isthāne vire- canakalpo nāma dvitīyo+adhyāyaḥ samā-
ptaḥ | | 2 | | § 18094

5.3 vamanavirecanavyāpatsiddhiradhyāyaḥ : 3

5.3.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto vamanavirecanavyāpatsiddhiṃ
vyākhyāsyāmaḥ | | 2 | |

iti ha smāhurātredayo maharṣayaḥ | | 2 | | § 18096

vamanavirecanayorvyāpat-ayathāśāstramanuṣṭhīyamānayorgadotpat-
tasyā vamanavirecanavyāpadaḥ siddhiḥ-sādhanam cikits-
itaṃ, tāṃ varṇayiṣyāmaḥ | § 18097

5.3.2 Āyurvedarasāyana

vamanavirecanavyāpatsiddhimadhyāyaṃ vyākhyātum pratijānīte-
atheti | vyāpadaścoktāḥ saṅgrāhe (ka. a. 3)- "pratikūlā ga-
tiḥ pāko grathitvatvaṃ sagauravam | doṣotkleśo bhṛśādhm-
ānaṃ parikartaḥ parisravaḥ | | pravāhikā hr̥dgrahaṇam
sarvagātraparigrahaḥ | saha dhātusraveṇaitā dvādaśoktāḥ 5
sasādhanāḥ | | vyāpado yogavibhramśādvividhe+api vir-
ecane | " iti | § 18098

5.3.3 Aṣṭāṅgahr̥dayasaṃhitā

vamanam mṛdukoṣṭhena kṣudvatā+alpakaphena
vā | | 1 | |

atitīkṣṇahimastokamajīrṇe durbalena vā | | 1 | |

pītam prayātyadhastasmīniṣṭahānirmaloda-
yaḥ | | 2 | |

vāmayettaṃ punaḥ snigdhaṃ smaran
pūrvamatikramam | | 2 | | § 18102

5.3.4 Āyurvedarasāyana

vamanasya pratikūlāṃ gatimāha-vamanamiti | atīśabdast-
īkṣṇādibhistribhiḥ sambadhyate | tasmin-vamane | iṣṭahāniḥ-
yadarthaṃ vamaṇaṃ tasyāniṣpatiḥ | malodayo-doṣotkleśaḥ |
taṃ-tathābhūtam, snigdhaṃ kṛtvā punarvāmayet, yena sā
5 vyāpajātā tatpariharan | § 18103

5.3.5 Sarvāṅgasundarā

evaṃvidhena puruṣeṇaivaṃvidhaṃ vamaṇaṃ pītama-
dhaḥ prayāti | tasmin-vamane+adhastātprayāte sati, iṣṭahāniḥ-
abhipretasya vamanakāryasyāniṣpattiḥ | tathā malasya-
vamanasādhyasya śleṣmaṇaḥ kevalasyānyadoṣayuktasya
5 vā, udayaḥ-svasthānasthasyaivāmayakaraṇaṃ practicala-
pravalake ca | taṃ-puruṣaṃ pītavamaṇamapyavāntaṃ,
punaḥ snigdhaṃ vāmayet | pūrvam snigdhamapīti pu-
naḥ śabdasyārthaḥ | kathaṃ vāmayet ? smaran pūrvam-
matikramam, yato+atikramāt pītavamaṇo+apyasau pur-
10 uṣo vamanakarmaṇaḥ phalaṃ nāptavān | tamatikramam-
aparādhaṃ, smaran cetasi kurvāṇo, na tvevameva, vāma-
yet | § 18104

5.3.6 Aṣṭāṅgahr̥dayasaṃhitā

ajīrṇinaḥ śleṣmavato vrajatyūrdhvaṃ virecanam | | 3 | |
atitīkṣṇoṣṇalavaṇamahṛdyamatibhūri vā | | 3 | |
tatra pūrvoditā vyāpatsiddhiśca, na tathā+api
cet | | 4 | |
āśaye tiṣṭhati tatastr̥tīyaṃ nāvacārayet | | 4 | |
5 anyatra sātmyāddhṛdyādvā
bheṣajānnirapāyataḥ | | 5 | | § 18109

5.3.7 Sarvāṅgasundarā

ajīrṇinastathā bahuśleṣmiṇo virecanamatitīkṣṇoṣṇalava-
 ṇahr̥dyamatiprabhūtaṃ ca pītamūrdhvaṃ yāti | tatra-
 tasminnūrdhvaṃ vrajati, pūrvoktā(ditā) vyāpat-iṣṭahānirmalodaya
 iti | tatra tathaiva siddhiḥ-cikitsitam | tathā, anantaram
 virecanasyordhvagamanādaviriktam punaḥ snigdham vi- 5
 recayet | tathaiva pūrvam virecanātikramam smarann-
 ito+aparādhātpūrvam virecane na viriktastamatikramam
 pariharan virecayedityarthaḥ | tathā+api-evamanuṣṭhīyamāne
 tadvirecanauśadham pītam, yadyāśaye-koṣṭhalakṣaṇe, na
 tiṣṭhati-tatra sthitiṃ na badhnāti ūrdhvameva punareti, 10
 tatastr̥tīyam virecanauśadham-āragvadhādi, nāvacārayet |
 yadi tu sātmyam hr̥dyam nirapāyam vā bheṣajam tadā tr̥t-
 īyamapyavacārayet | § 18110

5.3.8 Āyurvedarasāyana

virecanasya pratikūlām gatimāha-ajīrṇina iti | tatra-virecane |
 pūrvoditā-vamanoktā, vyāpat-iṣṭahānirmalodaya ityeṣā,
 siddhiśca-tam snigdham punarvirecayedityeṣā | tathā+api-
 tenāpi prakāreṇa, yadyāśaye virecanam na tiṣṭhati-ūrdhvaṃ
 yāti, tataḥ-anantaram, tr̥tīyam prayogaṃ nāvacārayet, yadi 5
 tu sātmyam hr̥dyam nirapāyam vā bheṣajam tadā tr̥tīyam-
 apyavacāreyet | § 18111

5.3.9 Aṣṭāṅgahr̥dayasaṃhitā

asnidhasvinnadehasya purāṇam
 rūkṣamauśadham | | 5 | |
 doṣānutkleśya nirhartumaśaktaṃ
 janayedgadān | | 6 | |
 vibhraṃsam śvayathuṃ hidhmām tamaso
 darśanam tr̥sam | | 6 | |
 piṇḍīkodveṣṭanam kaṇḍūmūrvoḥ sādham
 vivarṇatām | | 7 | |
 snigdhasvinnasya vā+atyalpam 5
 dīptāgnerjīrṇamauśadham | | 7 | |

śītairvā stabdhamāme vā
samutkleśyāharanmalān | | 8 | |
tāneva janayedrogānayoḡaḥ sarva eva
saḥ | | 8 | | § 18118

5.3.10 Sarvāṅgasundarā

asnigdhasvinnaśarīrasya purāṇaṃ rūkṣaṃ virecanauṣa-
dhamupayuktaṃ doṣānutkleśya-pracyāvya, nirhartumaś-
aktaṃ vibhraṃśādikān gadān janayet | athavā, snigdhasv-
innasya cauṣadhamatyalpaṃ-mātrāhīnaṃ, dīptāgnerjīrṇaṃ-
5 pariṇataṃ, syāt | śītairvā stabdhabheṣajamāme vā sta-
bdham sat [malān-] doṣān, utkleśyānirharat pūrvoktāneva
rogān janayet | saḥ-evam̐bhūtaḥ, sarva evāyogoḡaḥ | § 18119

5.3.11 Āyurvedarasāyana

grathitatvapākagauravāṅyāha-asnigdheti | tatra "vivarṇa-
tām" ityantena grathitatvam | "auṣadham" ityantena pā-
kam | śeṣeṇa gauravam | vibhraṃśaṃ-iṣṭahānim | jīrṇaṃ-
pakvam | śītaiḥ-auṣadhapānānantaramantarbahirvā sevit-
5 aiḥ, auṣadham stabdham bhavati | tadvadāme-apakvadoṣe |
tāneva-vibhraṃśādīn | saṅgrahe tu (ka. a. 3)- "snigdhasv-
innasya ca vamanamakṛtvā virecanaṃ pītavataḥ sāmasya
vā mṛdu vā viriktasyādhibhāge+atyarthagurustabdhodaratā
śūlo vātapurīṣasaṅgaśca bhavati | " ityuktam | § 18120

5.3.12 Aṣṭāṅgahr̥dayasam̐hitā

taṃ tailalavaṅābhyaktaṃ svinnaṃ
prastarasaṅkaraiḥ | | 9 | |
nirūḍham
jāṅgalarasairbhojayitvā+anuvāsayet | | 9 | |
phalamāgadhikādārusiddhatailena
mātrayā | | 10 | |
snigdham vātaharaiḥ snehaiḥ punastikṣṇena
śodhayet | | 10 | | § 18124

5.3.13 Sarvāṅgasundarā

taṃ-utkliṣṭadoṣaṃ, tailalavaṇābhyaktaṃ prastarasaṅkarā-
khyaiḥ svedaiḥ svinnam tathā nirūḍhaṃ jāṅgalarasairbh-
ojayitvā phalādisiddhatailena mātrayā+anuvāsayet | vāta-
haraiḥ snehaiḥ snigdhaṃ punastīkṣṇena virecanena viśo-
dhayet | § 18125

5

5.3.14 Āyurvedarasāyana

taṃ-trividhāyoginaṃ, nirūḍhaṃ-samūtraistīkṣṇairnirūhaiḥ,
saṅgrahe (ka. a. 3) tathoktatvāt, madanaphalāditailenānu-
vāsayet | § 18126

5.3.15 Sarvāṅgasundarā

doṣotkleśabhṛśādhmāne āha-bahudoṣasyeti | tatra "utkl-
eśya doṣān" ityantena doṣotkleśam | śeṣeṇa bhṛśādhm-
ānam | uktaṃ hi saṅgrahe (ka. a. 3)- "kapholbaṇasy-
ātisnigdhasya gurukoṣṭhasya mandāgnervā mṛdupraṇ-
ītamauśadhaṃ bhṛśamutkleśya doṣān jāḍyatandrādu- 5
rbalyāṅgasādān janayati | tacchīghramullikhet | laṅghi-
taṃ ca sandhukṣitāgniṃ punaḥ snigdhaṃ tīkṣṇOṣṇa-
irviśodhayet | saśeṣānnāya vātaśleṣmavate rūkṣāya so-
dāvartāya mandāgnaye vā śītaṃ rūkṣaṃ vā dattam-
auśadhaṃ bhṛśamādhmānaṃ karoti | tatra malasaṅg- 10
ātsamunnahyatyudaramantaḥśūlaṃ dṛtivatpārśvayorāp-
ūrṇatā śiraḥprṣṭharujā śvāsaḥ pāyuvastinistodaśca bh-
avati | tamudāvartānāhaharābhyaṅgasvedavartidīpanacū-
rṇabastikriyābhirupācaret | " iti | taiḥ-utkliṣṭadoṣaiḥ | nābhiṃ-
nābhisamīpamudaram | pañcamūlādiyavāgūḥ sukṛtā-trikaṭulavaṇasneha
pañcamūlaṃ-mahat | uktaṃ hi vṛndena (jvarātisārādhi-
kāra ślo.16)- "pañcamūlīti sāmānyādbhāhyā pitte kanīy-
asī | mahatī pañcamūlī tu vātaśleṣamottare hitā | " iti |
bhūtikaṃ-rohiṣam | saindhavasYa kvāthyadravyeṣūktāv-
api siddhāyāṃ yavāgvāṃ lavaṇasthāne prayogaḥ | ata eva 20
sukṛtāśabdena kṛtākhyo bheda ucyate | § 18127

5.3.16 Aṣṭāṅgahr̥dayasaṃhitā

bahudoṣasya rūkṣasya

mandāgneralpamauṣadham | | 11 | |

sodāvartasya cotkleśya doṣān mārgān nirudhya
taiḥ | | 11 | |

bhṛśamādhmāpayennābhiṃ

prṣṭhapārśvaśirorujam | | 12 | |

śvāsaṃ viṇmūtravātanāṃ saṅgaṃ kuryācca
dāruṇam | | 12 | |

5 abhyaṅgasvedavartyādi

sanirūhānuvāsanam | | 13 | |

udāvartaharaṃ sarvaṃ karmādhmātasya
śasyate | | 13 | |

pañcamūlayavakṣāravacābhūtikasaindhavaiḥ | | 14 | |
yavāgūḥ sukṛtā

śūlavibandhānāhanāsanī | | 14 | | § 18135

5.3.17 Sarvāṅgasundarā

bahudoṣasya rūkṣasya tathā mandāgneralpamauṣadham
yojitaṃ tathodāvartavato doṣānutkleśya mārgān nirudhya
taiśca doṣairbhṛśaṃ nābhimādhmāpayet | tathā prṣṭhādir-
ujādīn kuryāt | ādhmātasya narasyābhyāṅgādikaṃ karma
5 udāvartaharaṃ sarvaṃ śasyate | pañcamūlādibhiḥ sukṛtā
yavāgūḥ śūlādināsanī | § 18136

5.3.18 Aṣṭāṅgahr̥dayasaṃhitā

pipalīdāḍimākṣārahiṅguśuṅṭhyamlavetasān | | 15 | |

sasaindhavān pibenmadyaiḥ sarpiṣoṣṇodakena
vā | | 15 | |

pravāhikāparisrāvavedanāparikartane | | 16 | | § 18139

5.3.19 Sarvāṅgasundarā

pippalyādīn madyena sarpiṣoṣṇāmbunā vā pibet pravāhi-
kādiṣu | § 18140

5.3.20 Āyurvedarasāyana

pravāhikāditraye bheṣajamāha-pippalīti | pippalyādicū-
 rṇaṃ madyādyanyatamena pravāhikādiṣu tistrṣu vyāpa-
 tsu pibet | vedanayā parikartanaṃ-chedanamiva | saṅgr-
 ahe tu (ka. a. 3)-"kṣāmeṇālpabalena mṛdukoṣṭhāgninā rū-
 kṣeṇa snigdhenā vā svinnena sāmēna vā balavadauśadha- 5
 mupayuktaṃ sapittamanilaṃ paridūṣya parikartikāmāp-
 ādayati | tatra nābhibastigudamedhre sadāhaṃ parikarta-
 namanilasaṅgo viṣṭambhaśca | taṃ kṣṇatīlamadhukama-
 dhuyuktaiḥ picchābastibhirāsthāpayet | kṣīrivṛkṣaśṛtakṣī-
 reṇa vā, śītāmbupariṣiktaṃ cainaṃ payasā bhuktavantam 10
 ghr̥tamaṇḍena yaṣṭimadhukatailena vā+anuvāsayet | kṣā-
 masya ca madhuro br̥mhaṇaśca sarvo vidhiriṣṭaḥ | sāmē-
 dīpano laṅghanaśca, laghurūkṣoṣṇaṃ cānnapānam | nir-
 āmībhūte cānubandhe laghukṣārāmlam | vāte+adhike da-
 dhi sāmīlam dāḍimatvacā yuktaṃ bhojane pāne ca yuñj- 15
 īta | sadāḍimarasaṃ sarpiḥ pibet | uṣṇāmbunā vā tilad-
 evadārūkalkam | krūrakoṣṭhasya bahudoṣasyālpamalpa-
 guṇaṃ mṛdusnigdham vā śodhanamavacāritamutkleśya
 doṣāna nirharati, alpālpam ca pittakaphasaṃsrṣṭam par-
 isravati, viṣṭambhagauravaśophakoṭhakaṇḍūpāṇḍutāṅga- 20
 sādagudaśūlāni cāpādayati | taṃ tiniśadhavāśvakarṇapa-
 lāśabalāniryūhairmadhuyuktairāsthāpayet | upaśāntapar-
 isravam ca punarupasnigdham tīkṣṇaiḥ śodhayet | śuddhe
 ca dīpanāṃścūrṇāsavāriṣṭādīn yojayet | pītauśadho yadā
 vegamudīrayati nigrhṇāti vā, tadā pravāhikā+asya jāyate | 25
 tasyāṃ sadāhaśūlam sapiccham śvetam kṣṇam saraktaṃ
 vā bhr̥sam pravāhamānaḥ kaphamupaviśati | taṃ paristr-
 avavidhinopacaret | " iti | § 18141

5.3.21 Aṣṭāṅghṛdayasaṃhitā

pītauśadhasya vegānāṃ nigrāhānmārutādayaḥ | | 16 | |
 kupitā hr̥dayam gatvā ghoram kurvanti
 hr̥dgraham | | 17 | |
 hidhmāpārśvarujākāsadainyalālākṣivibhramaiḥ | | 17 | |

jihvāṃ khādati niḥsam̐jño dantān
kaṭakaṭāyayan | | 18 | |
na gacchedvibhramaṃ tatra vāmayedāśu taṃ
bhiṣak | | 18 | |
madhuraiḥ pittamūrcchartam̐ kaṭubhiḥ
kaphamūrcchitam | | 19 | |
pācanīyaistataśvāsya doṣaśeṣam̐
vipācayet | | 19 | |
5 kāyāgniṃ ca balaṃ cāsya
krameṇābhipravardhayet | | 20 | |
gh | | 21 | | § 18150

5.3.22 Āyurvedarasāyana

hr̥dgrahamāha-pītauśadhasyeti | akṣivibhramaḥ-utdhṛtākṣatvam |
kaṭakaṭāyayan-kaṭatkaṭaditi kārāyan, "lohitādiḍājūbhyaḥ
kyaṣ" iti kyaṣantāṇṇica | saṅgrahe tu (ka. a. 3)-"tasmai
bhiṣak śīghramamuhyannabhyaṅgapūrvam̐ dhānyasved-
5 ena parisvedya tīkṣṇamavapīdam̐ dadyāt | yathādoṣocchr-
āyam̐ ca bastīn vitaret | " iti | § 18151

5.3.23 Sarvāṅgasundarā

pītauśadhasya vegānām̐ nigrāhādvātādayaḥ kupitā hr̥da-
yam̐ gatvā ghoram̐ hr̥dgraham̐ kurvanti | hidhmādiyuktaḥ
sa ca hr̥dgrāhādīmān jihvāṃ khādati niḥsam̐jñaḥ san | ta-
5 thā dantān kaṭakaṭāyate | tatra tasminnavasthāviśeṣe, bhi-
ṣagāśveva taṃ-rogiṇam̐, sam̐sayam̐ hitvā vāmayet | madh-
urāiḥ pittamūrcchartam̐ vāmayet | kaphamūrcchitam̐ kaṭ-
ubhirvāmayet | vāmayitvā cāsya doṣaśeṣam̐ pācanīyairdr-
avyairvipācayet | kāyāgniṃ balaṃ ca krameṇāsyābhipra-
vardhayet | § 18152

5.3.24 Aṣṭāṅgahr̥dayasam̐hitā

pavanenātivamato hr̥dayam̐ yasya pīḍyate | | 20 | |
tasmai snigdhāmlalavaṇān
dadyātpittakaphe+anyathā | | 21 | | § 18154

5.3.25 Sarvāṅgasundarā

yasyātivamataḥ pavanena hṛdayaṃ pīḍyate, tasmai rogiṇe
snigdhamlavanam dadyāt | pittakaphe kupite, anyathā-
madhuraśītādikaṃ, dadyādityarthaḥ | § 18155

5.3.26 Āyurvedarasāyana

hṛdgrahaviśeṣe bheṣajamāha-pavaneneti | anyatheti rūkṣ-
amadhurakaṭutiktakaṣāyān yogān dadyāt | § 18156

5.3.27 Āyurvedarasāyana

sarvagātraparigrahamāha-pītauśadhasyeti | saṅgrahe tu
(ka. a. 3)- "asnigdhasvinnenābrahmacāriṇā vegadhāriṇā
mṛdukoṣṭhena sukumāreṇa vā rūkṣamaśadhamatimātra-
prayuktamativirekādvāyumaṃ prakopayati | tena sarvāṅga-
pragrahe viśeṣātpārśvapṛṣṭha śroṇimanyāmarmasu sūlaṃ 5
mūrcchā bhramaḥ kampaḥ stambho nistodo bheda udve-
ṣṭanam saṃjñānāśaśca syāt | tamabhyajya dhānyaiḥ sved-
ayitvā yaṣṭimadhuvipakvena tailenānuvāsayet, vātaharaṃ
cānapānam | " iti | § 18157

5.3.28 Aṣṭāṅgahṛdayasaṃhitā

pītauśadhasya vegānāṃ nigraheṇa kaphena vā | | 21 | |
ruddho+ati vā viśuddhasya gṛhṇātyaṅgāni
mārutaḥ | | 22 | |
stambhavepathunistodasādodveṣṭārtibhedanaiḥ | | 22 | |
tatra vātaharaṃ sarvaṃ snehasvedādi
śasyate | | 23 | | § 18161

5.3.29 Sarvāṅgasundarā

pītabheṣajasya vegānāṃ nigraheṇa kaphena vā ruddho+ati
viśuddhasya vā vāyuraṅgāni gṛhṇāti stambhādibhiḥ | ta-
tra sarvaṃ vātaharaṃ snehasvedādi śasyate | § 18162

5.3.30 Sarvāṅgasundarā

kṣudhārtasya mṛdukoṣṭhasya narasya bahutīkṣṇaṃ ca bh-
eṣajam viṭpittakaphān śīghrameva hṛtvā dravān dhātūn-
āsrāvayet | tasmin virecanātiyoge madhurairdravyaiḥ śe-
ṣaṃ virecanadravyamuddharet | ativamane sati vireko yo-
5 ज्याḥ | ativireke ca mṛdu vamaṇam yojyam | pariṣekādibh-
iśca śītaistaṃ-virekaṃ, stambhayet | ādiśabdo jalārdraśīt-
amārutādigrahaṇāya | añjanādikaṃ lājacūrṇaiḥ saha ma-
nthaṃ paraṃ virekātiyogaharaṃ pibet | § 18163

5.3.31 Aṣṭāṅgahr̥dayasaṃhitā

bahutīkṣṇaṃ kṣudhārtasya mṛdukoṣṭhasya
bheṣajam | | 23 | |
hṛtvā+a+aśu viṭpittakaphān
dhātūnāsrāvayeddravān | | 24 | |
tatrātiyoge madhuraiḥ
śeṣamauśadhamullikhet | | 24 | |
yojyo+ati vamaṇe reko vireke vamaṇam
mṛdu | | 25 | |
5 pariṣekāvagāhādyaiḥ suśītaiḥ stambhayecca
tam | | 25 | |
añjanaṃ
candanośīramajāsṛkśarkarodakam | | 26 | |
lājacūrṇaiḥ pibenmanthamatiyogaharaṃ
param | | 26 | | § 18170

5.3.32 Āyurvedarasāyana

dhātusravamāha-bahutīkṣṇamiti | ajāsṛgchāgarudhiraṃ |
añjanādiṣaṭkaṃ lājacūrṇaiḥ saha pibet "saktavaḥ sarpiṣā-
bhyaktāḥ śītavāripariplutāḥ | nātisāndrā na cātyacchā ma-
ntha ityabhidhīyate | | ityuktaviśeṣaprāptyarthaṃ manth-
5 amityuktam | § 18171

5.3.33 Aṣṭāṅgahr̥dayasaṃhitā

vamanasyātiyoge tu śītāmbupariṣecitaḥ | | 27 | |
pibetphalarasairmanthaṃ
saghṛtakṣaudraśarkaram | | 27 | |
sodgārāyāṃ bhṛśaṃ chadyāṃ mūrvāyā
dhānyamustayoḥ | | 28 | |
samadhūkāñjanaṃ cūrṇaṃ
lehayenmadhusaṃyutam | | 28 | | § 18175

5.3.34 Āyurvedarasāyana

vamanātiyoge viśeṣamāha-vamanasyeti | mūrvādipañcak-
acūrṇaṃ madhunā lehayet | § 18176

5.3.35 Sarvāṅgasundarā

vamanasya tvatiyoge śītāmbupariṣecitaḥ san phalarasai-
rmanthaṃ ghṛtādiyuktaṃ pibet | atīśayena sodgāre vam-
ane sati mūrvādicūrṇaṃ lehayet | § 18177

5.3.36 Aṣṭāṅgahr̥dayasaṃhitā

vamato+antaḥ praviṣṭāyāṃ jihvāyāṃ
kavalagrahāḥ | | 29 | |
snigdhāmlalavaṇā hr̥dyā yūṣamāṃsarasā
hitāḥ | | 29 | |
phalānyamlāni khādeyustasya cānye+agrato
narāḥ | | 30 | |
niḥsṛtāṃ tu tiladrākṣākalkalīptāṃ
praveśayet | | 30 | |
vāggrahānilarogeṣu
ghṛtamāṃsopasādhitāṃ | | 31 | |
yavāgūṃ tanukāṃ dadyātsnehasvedau ca
kālavit | | 31 | |
atiyogācca bhaiṣajyaṃ jīvaṃ harati
śoṇitam | | 32 | |

5

- tajjīvādānamityuktamādatte jīvitam
 yataḥ | |32| |
 śune kākāya vā dadyāṭtenānnamasr̥jā
 saha | |33| |
 bhukte+abhukte vadejjīvam pittaṃ vā
 bheṣajeritam | |33| |
 śuklam vā bhāvitam vastramāvānam
 koṣṇavāriṇā | |34| |
 5 prakṣālitam vivarṇam syāṭpitte śuddham tu
 śoṇite | |34| |
 tṛṣṇāmūrcchāmadārtasya
 kuryādāmarāṇātkriyām | |35| |
 raktapittātisāragnīm tasyāśu
 prāṇarakṣaṇīm | |35| |
 mṛgagomahiṣājānām sadyaskam
 jīvatāmasṛk | |36| |
 pibejjīvābhisandhānam jīvam taddhyāśu
 gacchati | |36| |
 10 tadeva darbhamṛditam raktam bastau
 niṣecayet | |37| |
 śyāmākāśmaryamadhukadūrvośīraiḥ śṛtam
 payaḥ | |37| |
 ghr̥tamaṇḍāñjanayutam bastim vā
 yojayeddhimam | |38| |
 picchābastim suśītam vā
 ghr̥tamaṇḍānuvāsanam | |38| | § 18197

5.3.37 Sarvāṅgasundarā

- chardayato+abhyantare jihvāyām praviṣṭāyām satyām ka-
 valagrahaschāgamāmsarasāḥ snigdadhādiyuktā manaḥpr-
 iyā hitāḥ | tathā tasya-antaḥpraviṣṭajihvasya, agre+apare
 narā amlāni phalāni khādeyuh | niḥśṛtām ca rasanām tila-
 5 drākṣākalkena liptāmantaḥ praveśayet | sa0-vāggrahādiṣu
 vātarogeṣu ghr̥tamāmsopasādhitam svacchām yavāgūṃ
 dadyāt | snehasvedau ca yojayet | sa0-atiyogena ca ya-
 dbheṣajam jīvākhyam śoṇitam harati tadbhaiṣajyam jī-
 vādānamiti gaditam, yatastajjīvitamādatte | pittaraktayo-

rgandhavarṇānuvṛttivasāmānyāt kimidaṃ raktamuta pi-
 ttam ? iti saṃśayaḥ | tatparīkṣārthamāha-śune kākāya
 vetyādi | tena virecanātiyogodbhavana raktena, miśrita-
 mannaṃ śune vāyasāya vā dadyāt | tasmin raktamiśr- 5
 ite+anne bhukte sati jīvaṃ vadet | abhukte ca sati ta-
 smin virecanātiyogeritaṃ pittaṃ brūyāt | śuklaṃ va-
 straṃ tena virecanātiyogodbhavana raktena saṃśayarūp-
 eṇa bhāvitam-ārdrikṛtaṃ, anantaramāvānaṃ-śuṣkaṃ, ko-
 ṣṇavāriṇā prakṣālitam-prakarṣeṇa dhautam, pitte sati vi-
 varṇam vastraṃ syāt, na śuddham | śoṇite tu sati pra- 10
 kṣālitam vastraṃ śuddham syāt | sa0-trṣṇādyārtasya śo-
 ṇite sravatyeva takrapittātisāraghnīm prāṇarakṣaṇīm śi-
 ghraṃ kriyāṃ kuryāt, āmaraṇāt | anena ca maraṇatu-
 lādhirūḍhatvaṃ dyotayati | saṃśaye+api cikitsā kāryeti 15
 prāgabhyadhāyi | tatra mṛgādīnām jīvatām sadyaskaṃ-
 tatkṣaṇotpannaṃ, raktaṃ pibet | kimbhūtam ? jīvābhi-
 sandhānam | jīvamabhisandhīyate+atreti jīvābhisandhā-
 nam | hi-yasmāt, tat-raktaṃ karṭṛbhūtam, jīvaṃ karma
 āśu gacchati-prāpnoti | tadetadraktaṃ darbhamṛditaṃ-
 abhinavaprasūtadarbhamṛditaṃ, bastau niṣecayet-prakṣipet 20
 śyāmādibhirvā śṛtaṃ payo ghṛtamaṇḍāñjanābhyām yu-
 ktaṃ bastiṃ himaṃ-śītaṃ, yojayet | athavā picchābastiṃ-
 svalpamanuvāsanam, suśītaṃ ghṛtamaṇḍena-svacchenordhvabhavana
 ghṛtasyoparibhāgasthitena, deyam | § 18198

5.3.38 Āyurvedarasāyana

kavalagrahāḥ-gaṇḍūṣāḥ | te ca yūṣā māṃsarasā vā |
 ā0 ra0-tanukāṃ-acchām | ā0 ra0-vamanabhaiṣajyātiyoge
 vyāpadamāha-atiyogāditi | jīvaśoṇitam-ojaḥ, "ojastu tejo
 dhātūnām" (hr. sū. a. 11/37) ityādinoktam | tat-vyāpadrūpaṃ
 jīvādānasamjñam | tenāsṛjā-jīvaśoṇitena | bhāvitam-dvistrirvā
 stimitam | tataḥ āvānaṃ-iṣacchuṣkam | tataḥ koṣṇavāriṇā
 prakṣālitam | tadyadi vivarṇam syāttadā pittaṃ | yadi śu-
 ddham tadā jīvaśoṇitam | ā0 ra0-tasya-jñātajīvaśoṇitanirgamasya |
 sadyaskaṃ grhītamātraṃ śirāvyadhena | jīvābhisandhānam-
 jīvaśoṇitanyūnāṃśapūraṇam | hi-yasmāt, tat jīvaṃ-jīvaśoṇitam,
 āśu gacchati | tadeva-mṛgādīnām, darbhamṛditaṃ-darbhadhāna

saha bharditam, bastau niṣecayet-tena nirūhaṃ dadyāt, śy-
āmādikvathitena payasā vā | śyāmā-priyaṅguḥ | picchābastim-
atisārakitsitoktam (hr.ci.a. 9/72) | § 18199

5.3.39 Aṣṭāṅgahr̥dayasaṃhitā

gudaṃ bhraṣṭaṃ kaṣāyaiśca stambhayitvā
praveśayet | | 39 | | § 18200

5.3.40 Sarvāṅgasundarā

gudaṃ bhraṣṭaṃ kaṣāyaiḥ-kaṣāyarasaniṣpāditaiḥ- kvāth-
aiḥ, stambhayitvā praveśayet | § 18201

5.3.41 Āyurvedarasāyana

gudaṃ bhraṣṭaṃ kaṣāyaiḥ-kaṣāyarasairdravyaiḥ, stambhayitvā-
stabdhatāṃ nītvā, praveśayet | § 18202

5.3.42 Āyurvedarasāyana

visaṃjñāṃ sāmādidhvanīn śrāvayet | saṅgrahe tu (ka.
a. 3)-"atimātramakāle+alpaṃ tulyavīryairabhāvitam | asa-
myak saṃskṛtaṃ jīrṇaṃ vyāpadyetauśadhaṃ dhruvam | |
chardanaṃ na tu duśrcchardam durvirecam na recanam |
5 pāyayedauśadhaṃ bhūyastannihanti tathā hi tau | | yasy-
ordhvaṃ kaphasaṃsr̥ṣṭaṃ pītaṃ yātyānulomikam | vam-
itaṃ kavalaḥ śuddhaṃ laṅghitaṃ pāyayettu tam | | vib-
addhe+alpaṃ cirāddoṣe stravatyuṣṇaṃ pibejjalam | ten-
ādhmānaṃ vamistr̥ṣṇā vibandhaścāśu śāmyati | | bheṣa-
10 jam doṣaruddhaṃ cennordhvaṃ nādhaḥ pravartate | so-
dgāraṃ sāṅgaśūlaṃ vā svedaṃ tatrāvacaṛayet | | samya-
gviriktasyodgāre bheṣajam kṣipramullikhet | ajīrṇamapr-
avr̥ttau tu suśītaiḥ stambhayedbhiṣak | | kadācicchleṣm-
aṇā ruddhaṃ tiṣṭhatyurasi bheṣajam | kṣīṇe śleṣmaṇi sā-
15 yāhne niśi vā tat pravarttate | | kṣārānāhārayejjīrṇe tiṣṭh-
atyūrdhvaṃ gate+api vā | vāyunā bheṣaje tvanyat sasn-

ehalavaṇaṃ pibet | | tṛṇmohabhramamūrcchādyāḥ syurj-
 īryati ca bheṣaje | pittaghaṇaṃ svādu śītaṃ ca bheṣajaṃ
 tatra śasyate | | lālāhṛllāsaviṣṭambharomaharsāḥ kaphā-
 vr̥te | bheṣajaṃ tatra tīkṣṇoṣṇaṃ kaṭvāpi kaphanuddhi- 5
 tam | | " iti | tathā dhātusrave (saṃ,ka.a. 3)-"taṃ śatadha-
 utaghr̥tenābhyajya kaṣāyasvāduśītaiḥ pradehapariṣekāva-
 gāhānnapānaiḥ śarkarāmadhumadbhiśca lehaiḥ stambha-
 yet | viśeṣeṇa tu virecanātiyoge taṇḍulāmbhasā madhum-
 iśreṇa vāmayet | priyañvādikaṃ ca taṇḍulodakena pibet |
 rodhrarasāñjanādāḍimatvaco vā | kaṭphalotpalaśamaṅgā- 10
 padmakesarāṇi vā | kṣaudraśarkarāmadhukodumbaratv-
 aco vā | śeṣeṣvapi cāsamyakprayuktavamanavirecanopa-
 draveṣu yathāmayam doṣādīnālakṣya pratikuryāt | basti-
 vyāpatsiddhiṃ cekṣeta | evamubhayato bhāge+api śodha- 15
 ne yathāvasthamuttiṣṭheta | yā tu virecane parikartikā ta-
 dvamane kaṇṭhakṣaṇanam, yaḥ parisravaḥ sa kaphaprase-
 kaḥ, yat pravāhaṇaṃ sa śuṣkodgāra iti | " iti | iti hemādriṭi-
 kāyāmāyaurvedarasāyane | śuddhivyāpatprakaraṇaṃ sā-
 mastyena nirūpitam | | 3 | | § 18203

5.3.43 Aṣṭāṅgahr̥dayasaṃhitā

visaṃjñāṃ śrāvayetsāmaveṇugītādīnisva-
 nam | | 39 | | § 18204

iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭaviracitā-
 yāmaṣṭāṅgahr̥dayasaṃhitāyāṃ pañcame kalpasiddhi- sth-
 āne vamanavirecanavyāpatsiddhirnāma tṛtīyo+adhyāyaḥ | | 3 | |
 § 18205 5

5.3.44 Sarvāṅgasundarā

visaṃjñāṃ saṃpannaṃ sāmaveṇugītādīnāṃ nisvanaṃ śr-
 āvayediti | iti śrīmr̥gāṅkadattaputraśrīmadaruṇadattavi-
 racitāyāmaṣṭāṅga- hr̥dayaṭīkāyāṃ sarvāṅgasundarākhyā-
 yāṃ pañcame kalpa siddhisthāne vamanavirecanavyāpa-
 tsiddhirnāma tṛtīyo+adhyāyaḥ samāptaḥ | | 3 | | § 18206 5

5.4 bastikalpādhyāyaḥ : 4

5.4.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto bastikalpaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 18208

5.4.2 Sarvāṅgasundarā

kalpanaṃ-kalpaḥ | basteḥ kalpo bastikalpaḥ, tam | śeṣaṃ
pūrvavat | § 18209

5.4.3 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ- bastikalpamadhyāyaṃ vyākhyātum
pratijānīteatheti | § 18210

5.4.4 Aṣṭāṅgahr̥dayasaṃhitā

ryuktaḥ sukhoṣṇo lavaṇānvitaśca | | 2 | |
bastiḥ paraṃ sarvagadapramāthī svasthe hito
jīvanabr̥mhaṇaśca | | 3 | |
bastau ca yasmin paṭhito na kalkaḥ sarvatra
dadyādamumeva tatra | | 3 | | § 18213

5.4.5 Sarvāṅgasundarā

balādīni pratyekaṃ palonmitāni, tathā+aṣṭau [phalāni-]
madanaphalāni prāyeṇa palam syuḥ, śāgamāṃsāt pañc-
āśatpalāni, apsu caturbhāgāvaśeṣaṃ pacet | pūtaśca kvā-
tho yavanyādibhiḥ kalkaistathā guḍādibhiryuktaḥ sukho-
5 ṣṇo lavaṇayutaśca bastyarthaṃ parikalpitatvādbastiḥ sa-
rvagadānāmapahantā svasthe ca hitaḥ svāsthyānuvṛttik-
ṛttvāt jīvano br̥mhaṇaśca | atra caturthaśeṣagrahaṇaman-
arthakam | yato vakṣyati (ka. a. 6/14)- "kvāthaṃ dravya-
apale kuryātprasthārdhaṃ pādaśeṣitam |" iti | atrocyate |

vakṣyamāṇaparibhāṣāpramāṇamatra nāśrīyata iti pratip-
ādanāya caturthaśeṣopādānam | tena nirūhayogyakvāthā-
rtham dravyāccaturguṇam jalam kṣiptvā caturbhāgāvaśe-
ṣam grāhyamitihāvatiṣṭhate | evamanyatrāpi nirūha upa-
yujyate | ye tu tantrakārābhīprāyamavidantaḥ saralāśam- 5
ukhikāste sāmānyaparibhāṣoktapramāṇam jalam kṣiptvā
caturamśaśeṣam grāhyāmiti vadanti, śeṣam sthitam | tathā
yavānyādikalkasya paladvayamātram grāhyam, "svasthe
kalkapaladvayam |" (hr̥. sū. a. 19/44) iti vacanāt | snehaśc-
ātra kvāthe caturthāṃśaḥ ṣaṣṭhāṃśo+aṣṭamāṃśaḥ kram- 10
eṇa vātapittakapheṣu yojyaḥ | uktaṃ ca (hr̥. sū. a. 19/39)-
"tataḥ kvāthāccaturthāśam sneham vāte prakalpayet | pitte
svasthe ca ṣaṣṭhāṃśamaṣṭamāṃśam kaphe+adhike | | iti |
madhulavaṇe ca yathā nātyacśatā nātilavaṇatā ca bastau
syāttathā yojayitavye | uktaṃ ca (hra.sū a . 19/41)- madh- 15
upaṭvādiṣeṣam ca yuktyā eva (iti) | bastau ca yatra kalko na
paṭhitastatrāmumeva kalkam dadyāt | upajātivr̥tte indrav-
ajrā ca | § 18214

5.4.6 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ- bastikalpo dvividhaḥ,-

nirūhikalpo+anuvāsanakalpaśca | tatrādau
nirūhikalpaḥ | tatrāpi vātaharaḥ |
balādinirūhamāha-balāmiti ṣiḍaśa pṛthak
palonmitāni | apsu-sarvebhyaḥ
ṣoḍaśaguṇāsu | § 18215

5.4.7 Aṣṭāṅgahr̥dayasaṃhitā

dvipañcamūlasya raso+amlayuktaḥ sacchāgamāṃsasya
sapūrvapeṣyaḥ | | 4 | |
trisnehayuktaḥ pravaro nirūhaḥ
sarvānilavyādhiharaḥ pradiṣṭaḥ | | 4 | | § 18217

5.4.8 Sarvāṅgasundarā

daśamūlasya chāgamāṃsasahitasya rasaḥ-kvāthaḥ, aml-
ena kāñjikādinā yuktaḥ, pūrvaiḥ-yavanyādibhiḥ peṣyaiḥ
sahitaḥ, tathā tribhiḥ snehaiḥ-sarpirmajjāvasākhyairanvitaḥ,
śreṣṭho nirūhaḥ sarvavyādhiharo gaditaḥ | § 18218

5.4.9 Āyurvedarasāyana

daśamūlādinirūhamāha-dvipaṅcamūlasyeti | trayaḥsnehāḥ-
ghṛtatailavasāḥ | § 18219

5.4.10 Aṣṭāṅgahr̥dayasaṃhitā

trāyantikairāṇḍayavātsusiddhāt | | 5 | |
prastho rasācchāgarasārdhayuktaḥ sādhyah
punaḥ prasthasamaḥ sa yāvat | | 5 | |
priyaṅgukṛṣṇāghanakalkayuktaḥ
satailasarpirmadhusaindhavaśca | | 6 | |
syāddīpano māṃsabalapradaśca cakṣurbalaṃ
copadadhāti sadyah | | 6 | | § 18223

5.4.11 Sarvāṅgasundarā

balāpaṭolyāde rasāt susiddhāt prasthaḥ siddhaḥ, tathā chā-
gamāṃsarasārdhaprasthena yuktaḥ punaḥ sādhyah yā-
vadasau prasthapramāṇaḥ syāt | priyaṅgvādibhiḥ kalka-
iryuktastailādibhiḥ sahito bastirdīpano māṃsabalaprada-
śca syāt | cakṣurbalaṃ ca śīghramevopadadhāti | § 18224

5.4.12 Āyurvedarasāyana

balādinirūmāha-balāpaṭolīti | balādeḥ susiddhādyo raso
jātaḥ tasmāt prasthaḥ chāgarasyārdhaprasthena yuktaḥ |
pākena prasthaśeṣaḥ kāryah | § 18225

5.4.13 Aṣṭāṅgahr̥dayasaṃhitā

makṣapramāṇaṃ lavaṇāṃśayuktam || 9 ||
hr̥dguhyaśūlaṃ gurutāṃ vibandham || 10 ||
stāstāṃśca rogān kaphavātajātān || 10 || § 18228

5.4.14 Sarvāṅgasundarā

eraṇḍamūlasya trīṇi palāni, palāśāt-kiṃśukācca palāni
trīṇi, hrasvaṃ pañcamūlaṃ pālikam, rāsnādīni praty-
ekam pālikāni, aṣṭau madanaphalāni ca jalāḍhakadv-
aye vipācayet | aṣṭāṃśaśeṣite cāsmin vacādikamakṣap-
amāṇaṃ supiṣṭam dadyāt | lavaṇakarṣacaturthāṃśayu- 5
ktam māḥsikatailamūtrānvito+ayaṃ bastirlekhano dīp-
ano jaṅghādīśūlādīmstāṃstān-bahuvidhānapi, vātaśleṣm-
otthān rogān jayati | ṣaḍupajātaya indravajrā ca | § 18229

5.4.15 Āyurvedarasāyana

eraṇḍādinirūhamāha-eraṇḍamūlāditi | palāśāt tathā-tripalam |
tārṣyaśailam-rasāñjanam | § 18230

5.4.16 Aṣṭāṅgahr̥dayasaṃhitā

yaṣṭyāhvarodhrābhayacandanaiśca śṛtam payo+agryam
kamalotpalaiśca || 11 ||
saśarkarākṣaudraghṛtam suśītam pittāmayān
hanti sajīvanīyam || 11 || § 18232

5.4.17 Sarvāṅgasundarā

yaṣṭyāhvādibhiḥ śṛtam payo+agryam-śreṣṭham, syāt | śa-
rkarākṣaudraghṛtayuktam suśītalam jīvanīyasahitam pitt-
āmayān hanti | abhayam-uśīram | § 18233

5.4.18 Āyurvedarasāyana

atha pittaharanirūhāḥ | tatra uasṭyādinirūhamāha-yaṣṭyāhveta |
abhayaṃ-uśīram | agryaṃ-gavyam | sajīvanīyaṃ-jīvantyādigaṇakalkayuktam |
§ 18234

5.4.19 Aṣṭāṅgahr̥dayasaṃhitā

rnāgāhvamuñjātakacandanaiśca | | 14 | |
piṣṭairghṛtakṣaudrayutairnirūhaṃ
sasaindhavaṃ śītalameva dadyāt | | 15 | |
hr̥tpāṇḍurogān viṣamajvaraṃ ca | | 16 | |
sagulmamūtragraha-kāmalādīn sarvāmayān
pittakṛtānnihanti | | 16 | | § 18238

5.4.20 Sarvāṅgasundarā

rāsnādīnyardhapalapramāṇāni toyena niḥkvāthya tena ra-
sena payaḥ śṛtamardhāḍhakamātraṃ jalahīnaṃ jīvantyā-
dibhiḥ supiṣṭairghṛtakṣaudrayutairnirūhaṃ saindhavānv-
itaṃ śītalameva dadyāt | tasminnirūhe pratyāgate-nirgate,
5 pariṣiktāṅgo dhanvamāṃsarasena śālīnadyāt | sātmyādiv-
aśādvā kṣīreṇādyāt | sa ca dāhādīn hanti | pañcopajātaya
indravajrā ca | § 18239

5.4.21 Āyurvedarasāyana

rāsnādinirūhamāha-rāsnāmiti | vṛṣaṃ-rāsnānirūhamāha-
rāsnāmiti | vṛṣaṃ-vāsāṃ | lohikāṃ-mañjiṣṭhāṃ | anantāṃ-
dūrvāṃ | kanīyaḥ-br̥hatyādi | tṛṇaṃ-darbhādi | gopāṅganā-
sārivā rāsnādīnyeka viṃśatiḥ palārdhakāni | toyena ṣoḍ-
5 aśaguṇena pādaśeṣaḥ kvātho dvicatvāriṃśatpalāni, tena
payasaścatuḥṣaṣṭipalāni pacedambuhīnaṃ-kvāthahīnaṃ
yāvadbhavati, kṣīrāvaśeṣamityarthaḥ | vīrā-kṣīraavidārī |
padmoreṇuḥ-padmakeśaram | puṇḍarīkaṃ-śvetapadmam |
nāgahvaṃ-nādakesaram | pradaraṃ-rajotipravṛttiḥ | sa-
10 ṅgrahe tu (ka. a. 4)- " gopāṅganācandanaśītapākīdrā-
kṣārdhiśmaryamadhūkasevyaiḥ | payaḥ śṛtaṃ śrāvaṇ-

imudgaparṇītuḡāsavguptāmadhuyāṣṭikalkaiḥ | | godhū-
 macūrṇaiśca picupramāṇairikṣorvidāryāśca rasena yu-
 ktaḥ | tailena yaṣṭimadhusādhitena sitopalākṣaudraghṛt-
 aiśca śītaḥ | | bastiḥ praśastaḥ sa samastadehadāhe saś- 5
 ūle+avayavāśrite vā | gulmātisārabhramamūtrakṛchrakṣ-
 īṇe kṣataujobalasaṅkṣaye ca | | catuṣpale tailaghṛtasya bh-
 ṛṣṭaḥ chāḡacchatārdho dadhidāḡimāmlaḥ | rasaḥ sape-
 ṣyo balavarṇamāmsaretognitaimiryāśīrorujīṣṭaḥ | | yaṣṭy-
 āhvayasyāṣṭapalena siddham payaḥ śatāhvāphalapippalī- 10
 bhiḥ | yuktaḥ sasarpirmadhu vātaraktavisarpavaisvaryā-
 hito nirūhaḥ | | " iti | § 18240

5.4.22 Aṣṭāṅgahrdayasaṃhitā

rakṣapramāṇaiḥ prasṛtaiśca yuktān | | 18 | |
 kṣaudrasya tailasya phalāhvayasya kṣārasya
 tailasya ca sārṣapasya | | 18 | |
 dadyānnirūhaḥ kapharogitāya mandāgnaye
 cāsanavidviṣe ca | | 19 | | § 18243

5.4.23 Sarvāṅgasundarā

kośātakādīn jale paktvā tasya rasasya-kvāthasya, daśa
 prasṛtāḥ syuḥ | tān sarṣapādibhirakṣapramāṇairyuktān,
 kṣaudrādīnāṃ pratyekaṃ prasṛtena yuktān, phalāhva-
 yaṃ tailaṃ-yanmadanaphalakalkenāmlaiśca pakvaṃ ta- 5
 ilam, tadetatsaṃyojya kapharogārtādibhyo nirūhaḥ da-
 dyāt | atra kośātakādīnāṃ dravyāṇāṃ parimāṇamanukt-
 amapi sāmānyaparibhāṣayā tatparimāṇaṃ kalpanīyam |
 yatparimāṇebhyo dravyebhyaḥ ṣoḡaśaḡuṇaṃ jalaṃ da-
 ttvā caturbhāḡāvaśeṣaṃ yathā daśa prasṛtāḥ sampadya-
 nte tatparimāṇāni kośātakāḡdīnyatra parikalpanīyānīti bo- 10
 dhyam | § 18244

5.4.24 Sarvāṅgasundarā

atha kaphaharanirūhāḥ | tatra kośātakādīnirūhamāhakoś-
 ātaketi | phalāhvayaṃ tailaṃ-phalatailam | kṣārasya yav-

akṣārasya | saṅgrahe tu (ka. a. 4)- " punarnavairanḍavṛ-
 ṣāsmabhedavṛścīvabhūtīkabalāpalāsāḥ | dvipaṅcamūlaṃ
 ca palāṃśakāni kṣuṅṇāni dhautāni phalāni cāṣṭau | | bi-
 5 lvam yavāṅkolakulatthadhānyaphalāni ca syuḥ prasṛta-
 onmitāni | payo jalavdvyāḍhakasādhitam tat kṣīrāvaśi-
 ṣṭam śucivastrapūtam | | vacāsatāhvāmaradārukuṣṭhaya-
 ṣṭyāhvasiddhārthakapippalīnām | kalkairyavānyā mada-
 naiśca yuktaṃ nātyuṣṇāśitam guḍasaindhāvāktam | | kṣ-
 audrasya tailasya ca sarpiśasca nāsya yuktaṃ prasṛta-
 10 trayeṇa | dadyānnirūhaṃ vidhinā vidhijñastaṃ sarvasa-
 ṃsargakṛtāmayaḥnam | | ardhārdhavihitān bastīnataśc-
 itrān pravakṣyate | kośātakīdvayekṣvākuphalajīmūtavats-
 akāḥ | | śyāmātrivṛtayormūlaṃ tathā dantīdravantijam |
 prakīryā codakīryā ca kṣīriṇī nīlinī phalam | | satpalā śa-
 15 ṅkhinī rodhraṃ phalaṃ kampilakasya ca | sakalkasaindh-
 avayutāḥ pakvāśayaviśodhanāḥ | | dhātakīpuṣpatarkārījī-
 vantīmūlavatsakāḥ | | pragrahaḥ khadiraḥ kuṣṭhaṃ śamī
 piṇḍītako yavāḥ | | priyaṅgūḥ raktamūlī ca taruṅjātiy-
 ūthikāḥ | vaṭādyāḥ kiṃśuko rodhramiti saṅgrahikā ma-
 20 tāḥ | | grahī priyaṅgvambaṣṭhādīkvāthakalkaiḥ krameṇa
 tu | ūśakādipratīvāpo lekhanastriphalārasaḥ | | madhur-
 avkāthakalkena sarasājyena br̥mhaṇaḥ | badaryairāva-
 ṇīselūsālmalīdhanvanāṅkurāḥ | | samākṣikāḥ kṣīrayutāḥ
 sāsrujaḥ picchilāḥ smṛtāḥ | kolaṅkatakakāṇḍekṣudarbha-
 25 paundeḥkṣuvālubhiḥ | | dāhaghnaḥ saghṛtakṣīrodvitīyaśc-
 otpalādibhiḥ | muṣṭiḥ śālmalivṛntānām kṣīrasiddho hṛt-
 ānviṭaḥ | | hitaḥ pravāhane tadvadṛntaiḥ śālmalikasya
 ca | karbudārādhakīnīpavidulaiḥ kṣīrasādhitaiḥ | | parik-
 arte tathā vṛntaiḥ | śrīparṇīkovidārajaiḥ | paristrave pa-
 30 yaḥ siddham savṛścīvapunarnavam | | ākhukarṇikayā ta-
 dvattandulīyakayuktayā | aśvāvarohakaḥ kākanāsārājak-
 aserukāḥ | | siddhāḥ kṣīre+ati yoge syuḥ kṣaudrāñjana-
 ghṛtairyutāḥ | nyagrodhādyaīscaturbhiśca tenaiva vidh-
 inā+aparaḥ | | br̥hatī kṣīrakākolī pṛṣṇiparṇī śatāvarī | kā-
 35 śmaryabadarīmūrvāstatho śīrapriyaṅgava | | jīvādāne śṛte
 kṣīre dvau ghṛtāñjanasamyutau | bastī pradeyau bhiṣajā śi-
 tau samadhuśarkarau | | govyajāmahiṣīkṣīrairjīvaniyutai-
 rapi | śāsainadakṣamārjāramahiṣyavyajaśonitaiḥ | | sady-
 askairmṛditairbastirjīvādāne praśasyate | | " iti | § 18245

5.4.25 Aṣṭāṅgahr̥dayasaṃhitā

vakṣye mṛdūn snehakṛto nirūhān sukhocitānāṃ prasṛtaiḥ
pṛthak tu | | 19 | | § 18246

5.4.26 Sarvāṅgasundarā

tuśabdo bhinnakramah | sukhocitānāṃ punaḥ sukumār-
āṅṅāṃ tu nirūhān pṛthak prasṛtairvakṣye-bhaṅṣyāmi | ki-
mbhūtān ? mṛdūn-atikṣṇān, tathā snehakṛtaḥ-kṛtasnehān |
kecittvasamagram vṛttam cuktama(ktvā+a)nuṣṭubhā sa-
mṅrḥṇate, taccāsamyak, evaṃ hi vṛttasyāsyā khaṇḍanā 5
syāt, tasmādayameva pāṭhaḥ śreyān | prasṛtaiśca niṣpād-
itatvādetē vakṣyamāṅā bastayah prasṛtasamjñāḥ [jñeyāḥ
] | upajātīndravajropajātayah | § 18247

5.4.27 Aṣṭāṅgahr̥dayasaṃhitā

athemān sukumārāṅṅāṃ nirūhān snehanān mṛdūn | | 20 | |
karmanā viplutānāṃ ca vakṣyāmi prasṛtaiḥ
pṛthak | | 20 | |
kṣīrād dvau prasṛtau kāryau
madhutailaghṛtāttrayaḥ | | 21 | |
khajena mathito bastirvātaghno
balavarṇakṛt | | 21 | |
ekaikaḥ prasṛtastailaprasannākṣaudrasarpi- 5
ṣām | | 22 | |
bilvādīmūlakvāthāddvau kaulatthāddvau sa
vātajit | | 22 | |
paṭolanimbabhūtīkarāsṇāsaptacchadāmbhasaḥ | | 23 | |
prasṛtaḥ pṛthagāyācca bastiḥ
sarṣapakalkavān | | 23 | |
sa pañcati-
kto+abhiṣyandakṛmikuṣṭhapramehahā | | 24 | |
catvārastailagomūtradadhimaṇḍāmlakāñjikāt | | 24 | |
prasṛtāḥ sarṣapaiḥ
piṣṭairviṣaṅgānāhabhedanaḥ | | 25 | |

payasyekṣusthirārāsnāvidārīkṣaudrasarpiṣām | | 25 | |
ekaikaḥ prasṛto bastiḥ kṛṣṇākalko
vṛṣatvakṛt | | 26 | | § 18260

5.4.28 Sarvāṅgasundarā

atha-anantaram, imānnirūhān snehanasamarthān mṛdūn-
atīkṣṇān, sukumārāṇām narāṇām karmaṇā-vamanādinā,
viplutānām-bhraṣṭānām, prasṛtaiḥ pṛthagupalakṣitān va-
kṣyāmi | kṣīrād dvau prasṛtau-catvāri palāni, madhutail-
5 aghṛtāt trayah prasṛtāḥ-ṣaṭ palāni, khajena-darvyākāreṇa,
mathito bastirvātaṃ hanti balaṃ varṇaṃ ca karoti | atra ca
kalkābhāvāt balādye bastau yaḥ kalkaḥ (ślo. 2) , sa eva ka-
lpyaḥ | tailādīnām pratyekaṃ prasṛta ekaḥ | bilvādipañca-
mūlakvāthāt dvau prasṛtau | kaulatthāt kvāthāt dvau pr-
10 asṛtau | sa bastirvātajit | paṭolādinām pañcānām kvāthāt
pṛthak prasṛto, ghṛtācca prasṛto, bastiḥ sa sarṣapakalkaḥ
sa pañcatikta ābhiṣyandādihā | tailādibhyaścaturbhyaścā-
tvāraḥ prasṛtāḥ-aṣṭau palāni, piṣṭaiḥ sarṣapaiḥ saha bast-
irviṣaṅgādijit | payasyādikvāthānām pañcānām prasṛtāḥ
15 pañca, māksikaghṛtayordvau prasṛtau, iti sapta prasṛtāḥ |
pippalīkalkavān bastirvṛṣatvakṛt-śukrakaraḥ | § 18261

5.4.29 Āyurvedarasāyana

sukumāranirūhānāha-atheti | sa nirūhaḥ pañcatiktākhyāḥ |
payasyā-kṣīriṇī | payasyādīnām pañcānām vkāthaḥ | sa-
ṅgrahe tu (ka. a. 4)- " viḍaṅgatrifalāśigrufalamustākhu-
ka-
rñijāt | kaśāyāt prasṛtāḥ pañca tailādeko vimathya tān | |
5 [nirūhaḥ kṛmihā vaillapippalīkalkayojitaḥ | śvadamṣṭrā-
śmabhideraṅḍavkathatailasurāsavāt | | prasṛtāḥ pañca ca-
palākauntīyaṣṭyāhvakalkavān |] bastiḥ kavosṇaḥ sānāhe
mutrekr̥cchre paro mataḥ | | " iti | § 18262

5.4.30 Aṣṭāṅgahr̥dayasaṃhitā

siddhabastīnato vaksye sarvadā yān prayojayet | | 26 | |

nirvyāpado bahuphalān balapuṣṭikarān
sukhān | |27| | § 18264

5.4.31 Sarvāṅgasundarā

ataḥ-prasṛtebhyo nirūhebhyo+anantaram, nirvyāpattvādi
guṇataḥ saṃjñayā siddhabastīnatiprasiddhān vakṣye-bhaṇiṣyāmi |
yān sarvadā prayojayet | tathā nirvyāpado bahupha-
lān balādipradāṃśca sukhāṃśca | suśrute cōktam (ci. a.
38/116)- "yasmin bastau yathā yukte dhruvā siddhiḥ prak- 5
īrtitā | siddhabastiriti khyāto munibhistattvadarśibhiḥ | |"
iti | § 18265

5.4.32 Āyurvedarasāyana

siddhabastīnāha-siddhabastīniti | § 18266

5.4.33 Aṣṭāṅgahrdayasaṃhitā

madhutaile same karṣaḥ
saindhavāddvipicurmisiḥ | |27| |
eraṇḍamūlakvāthena nirūho
mādhutailikaḥ | |28| |
rasāyanam pramehārśaḥkṛmigulmāntravṛddhi-
nut | |28| |
sayasṭimadhukaścaīṣa cakṣuṣyo
raktapittajit | |29| | § 18270

5.4.34 Sarvāṅgasundarā

madhutaile same-tulye, saindhavasya karṣo, misiḥ dvipicuḥ-
dvikarṣapramāṇaḥ, eraṇḍamūlakvāthena saha mādhuta-
iliko+ayaṃ niruho rasāyanam syāt pramehādijit | "yasm-
ānmadhu ca tailam ca prādhānyenātra vartate | mādhuta-
tailika ityeṣavijñeyo basticintakaiḥ | |" iti suśrutaḥ (ci. a. 5
38/114) | saṃ-madhuyasṭiyuktaścaīṣa bastiścakṣuṣyo ra-
ktapittajit | § 18271

5.4.35 Āyurvedarasāyana

tatra ādhutailikamāha-madhutaila iti | āmadhukavkāthe+adhike
purvasya guṇāntaramāha-sayaṣṭīti | § 18272

5.4.36 Āyurvedarasāyana

yāpanaṃ bastimāha-yāpana iti | māṃsaraso+atravkāthasthāne |
§ 18273

5.4.37 Aṣṭāṅgahr̥dayasaṃhitā

yāpano ghanakalkena madhutailarasājyavān | | 29 | |
pāyujānūruvṛṣaṇabastimehanaśūlajit | | 30 | | § 18275

5.4.38 Sarvāṅgasundarā

yāpanākhyo bastirmustākalkena saha madhutailamāṃs-
arasājyayutaḥ pāyvādiśūlajit | yāpanaḥ-prāṇadhāraṇāt |
§ 18276

5.4.39 Aṣṭāṅgahr̥dayasaṃhitā

prasṛtāṃśairghṛtakṣaudravasātaliḥ prakalpayet | | 30 | |
yāpanaṃ saindhavārdhākṣahapuṣārdhapalānvi-
tam | | 31 | | § 18278

5.4.40 Sarvāṅgasundarā

yāpanaṃ nirūhaṃ ghṛtādibhiḥ prasṛtapramāṇaiḥ saindh-
avārdhakarṣeṇa hapuṣārdhapalayutaṃ kalpayet | § 18279

5.4.41 Āyurvedarasāyana

pūrvaguṇaṃ bastyantaramāha-prasṛtāṃśairiti | § 18280

5.4.42 Aṣṭāṅgahr̥dayasaṃhitā

eraṇḍamūlaniḥkvātho madhutailaṃ
sasaindhavam | | 31 | |
eṣa yuktaratho bastiḥ
savacāpippalīphalaḥ | | 32 | | § 18282

5.4.43 Sarvāṅgasundarā

eraṇḍamūlaniḥkvātho madhutailasaindhavānvita ityeṣa
vacāpippalīmadanaphalānvito yuktaratho+anvarthanāmā
bastiḥ | suśrute cōktaṃ (ci. a. 38/115)- "ratheṣvapi hi yukt-
eṣu hastyaśveṣvapi yojayet | yasmāna pratiśiddho+ayamato
yuktarathaḥ smṛtaḥ | | " iti | § 18283

5

5.4.44 Āyurvedarasāyana

pūrvagaṇaṃ yuktarathākhyam bastimāha-eraṇḍamūleti |
§ 18284

5.4.45 Aṣṭāṅgahr̥dayasaṃhitā

sa kvātho madhuṣaḍgranthāśatāhvāhiṅgusaindha-
vam | | 32 | |
suradāru ca rāsnā ca bastirdoṣaharaḥ
śivaḥ | | 33 | | § 18286

5.4.46 Sarvāṅgasundarā

sa pūrvokta eraṇḍamūlakvātho madhvādibhiḥ saha eṣa
bastirdoṣahṛcchivaśca | § 18287

5.4.47 Āyurvedarasāyana

doṣaharaṃ bastimāha-sa kvātha iti | ṣaṅgranthāvacā |
§ 18288

5.4.48 Āyurvedarasāyana

doṣaharaṃ siddhabastimāha-pañcamūlasyeti | § 18289

5.4.49 Aṣṭāṅgahr̥dayasaṃhitā

pañcamūlasya niḥkvāthastailaṃ māgadhikā
madhu | | 33 | |
sasaindhavaḥ samadhukaḥ siddhabastiriti
smṛtaḥ | | 34 | | § 18291

5.4.50 Sarvāṅgasundarā

pañcamūlakvāthastilatailādikaḥ saindhavamadhukasahi-
taḥ siddhavastisaṃjño munibhiḥ smṛtaḥ | § 18292

5.4.51 Āyurvedarasāyana

gomūtrabastimāha-dvipañcamūleti | § 18293

5.4.52 Aṣṭāṅgahr̥dayasaṃhitā

dvipañcamūlatriphalāphalabilvāni pācayet | | 34 | |
gomūtre, tena piṣṭaiśca
pāṭhāvatsakatoyadaiḥ | | 35 | |
saphalaiḥ kṣaudratailābhyāṃ kṣāreṇa lavaṇena
ca | | 35 | |
yukto bastiḥ
kaphavyādhipāṇḍurogaviṣūciṣu | | 36 | |
5 śukrānilavibandheṣu bastyāṭope ca
pūjitaḥ | | 36 | | § 18298

5.4.53 Sarvāṅgasundarā

dvipañcamūlādīni gomūtreṇa pācayet | tena-kvathitena
gomūtreṇa, piṣṭaiśca pāṭhādibhiryuktaḥ kaphāmayādi-
hṛt | § 18299

5.4.54 Aṣṭāṅgahr̥dayasaṃhitā

mustāpāṭhāmrtairāṇḍabalārāsnāpunarnavāḥ | | 37 | |
 mañjiṣṭhāragvadhośīratrāyamāṇākṣarohiṇīḥ | | 37 | |
 kanīyaḥ pañcamūlaṃ ca pālikaṃ,
 madanāṣṭakam | | 38 | |
 jalāḍhake pacettacca pādaśeṣaṃ
 parisrutam | | 38 | |
 kṣīradviprasthasaṃyuktaṃ kṣīraśeṣaṃ punaḥ 5
 pacet | | 39 | |
 sapādajāṅgalarasaḥ
 sarpirmadhusaindhavaḥ | | 39 | |
 piṣṭairyaṣṭimisiśyāmākaliṅgakarasañjanaiḥ | | 40 | |
 bastiḥ sukhoṣṇo
 māṃsāgnibalaśukravivarddhanaḥ | | 40 | |
 vātāsr̥ṇmohamehār̥sogulmaviṇmūtrasaṅgrahān | | 41 | |
 viṣamajvaravīsar̥pavardhmādhmānapravāhikāḥ | | 41 | |
 vaṅkṣaṇorukaṭīkukṣimanyaśrotraśīrorujaḥ | | 42 | |
 hanyādasr̥gdaronmādaśophakāsāsmakuṇḍalān | | 42 | |
 cakṣuṣyaḥ putrado rājā yāpanānāṃ
 rasāyanam | | 43 | | § 18312

5.4.55 Sarvāṅgasundarā

mustādīni kanīyaḥpañcamūlaparyantāni pṛthak pālik-
 āni, madanaphalānyaṣṭau, jalāḍhake pacet | tacca pād-
 aśeṣaṃ parisrutam kṣīraśeṣaṃ punaḥ pachediti | tāvatk-
 aśāyeṇa saha paktavyaṃ yāvatkṣīraprasthadvayaṃ sy-
 ādityarthaḥ | bastiḥ sarpirmadhusaindhavayutaḥ piṣṭai- 5
 ryāṣṭyādibhiḥ sahitaḥ sukhoṣṇo māṃsādivarddhanō vā-
 taraktādīn hanyāt | cakṣuṣyādiguṇaśca | kimbhūtaḥ ?
 sapādajāṅgalarasaḥ,- tatra caturviṃśatipaliko niruhaḥ, ta-
 sya pādēna ṣaṭpalāni jāṅgalarasasya syurityarthaḥ | § 18313

5.4.56 Āyurvedarasāyana

yāpanarājaṃ bastimāha-musteti | akṣaṃ-bibhītakam | rohiṇī-
kaṭukā | śyāmā-priyaṅgu | kuṇḍalovātakuṇḍalikākhyo mū-
trāghātaḥ | § 18314

5.4.57 Aṣṭāṅgahr̥dayasaṃhitā

mṛgāṇaṃ laghuvadrā(ḍrā)ṇaṃ daśamūlasya
cāmbhasā | | 43 | |
hapuṣāmisigāṅgeyīkalkairvātaharaḥ
param | | 44 | |
niraho+atyarthavṛṣyaśca
mahāsnehasamanvitaḥ | | 44 | | § 18317

5.4.58 Sarvāṅgasundarā

hrasvānāṃ bṛhatāmubhayarūpāṇāṃ mṛgāṇāṃ māṃsā-
nāṃ tathā daśamūlasya ca kvāthena saha hapuṣadika-
lko bastiḥ suṣṭhu vātaharo mahāsnehayuto vṛṣyaśca syāt |
§ 18318

5.4.59 Āyurvedarasāyana

ativṛṣyaṃ yāpanamāha-mṛgāṇāṃiti | laghavo-hariṇādayaḥ |
vadrāḥ-varāhādayaḥ | gāṅgeyī-mustā | § 18319

5.4.60 Aṣṭāṅgahr̥dayasaṃhitā

mayūraṃ pakṣapittāntrapādaviṭtuṇḍavarjitam | | 45 | |
laṅunā pañcamūlena pālikena
samanvitam | | 45 | |
paktvā kṣīrajale kṣīraśeṣaṃ
saṅṛtamākṣikam | | 46 | |
tadvidārīkaṇāyaṣṭīsatāhvāphalakalkavat | | 46 | |
5 bastirīṣatpaṭuyutaḥ paramaṃ
balaśukrakṛt | | 47 | | § 18324

5.4.61 Sarvāṅgasundarā

mayūram pakṣādivarjitam daśapalamātram hrasvena pa-
ñcamūlena palamitena yutaṃ kṣīrajale paktvā kṣīrasyā-
rdhādhako jalasyārdhadhaka ityevaṃ kṛtvā tāvatkvātha-
yet yāvatkṣīrāvaśeṣam syāt | kṣīram ca taccheṣam ca kṣī-
raśeṣam | ghṛtamākṣikasahitam vidāryādikalkānvitamīṣa- 5
llavaṇayukto bastiḥ paramaṃ [bala]śukrakṛt | § 18325

5.4.62 Āyurvedarasāyana

māyūram bastimāha-mayūramiti | paktvā kṣīrajale, "dra-
vyādaṣṭagaṇam kṣīram" ityādipabhāṣayā | § 18326

5.4.63 Aṣṭāṅgahrdayasaṃhitā

kalpaneyam pṛthak kāryā tittiriprabhṛtiṣvapi | | 47 | |
viṣkireṣu samasteṣu pratudaprasaheṣu
ca | | 48 | |
jalacāriṣu tadvacca matsyeṣu
kṣīravarjitā | | 48 | | § 18329

5.4.64 Sarvāṅgasundarā

iyam ca kalpanā tittiryādiṣvapi viṣkireṣvaśeṣeṣu pratud-
eṣu prasaheṣu ca pṛthakkāryā | tathaiva jalacāriṣvapīyam
kalpanā kāryā | matsyeṣu tu kṣīravarjitā kalpaneyam kā-
ryā, matsyānām kṣīreṇa saha viruddhatvāt | § 18330

5.4.65 Āyurvedarasāyana

mayūravidhiṃ viṣkirādiṣvatidiśati-kalpaneti | matsyeṣu
kṣīravarjam | § 18331

5.4.66 Aṣṭāṅgahrdayasaṃhitā

godhānakulamārjāraśalyakondurajam palam | | 49 | |

pr̥thak daśapalaṃ kṣīre pañcamūlaṃ ca
sādhayet | | 49 | |
tatpayah
phalavaidehīkalkadvilavaṇānvitam | | 50 | |
sasitātailamadhvājyo bastiryojyo
rasāyanam | | 50 | |
vyāyāmamathitoraskakṣīṇendriyabalaujasām | | 51 | |
5 vibaddhaśukraṇīmūtrakhuḍavātavikāriṇām | | 51 | |
gajavājirathakṣobhabhagnajarjaritātmanām | | 52 | |
punarnavatvaṃ kurute
vājīkaraṇamuttamam | | 52 | | § 18339

5.4.67 Sarvāṅgasundarā

godhādīnām māṃsam pr̥thak-pratyekaṃ, daśapalapram-
āṇam kṣīre pañcamūlaṃ ca sādhyet | etatkṣīram madan-
aphalakaṇākalkasaindhavasauvarcalānvitam bastiḥ śarka-
rātailamadhughṛtasahito yojyo rasāyanam syāt | vyāyām-
5 amathitoraskādīnām punarnavatvaṃ kurute vājīkaraṇeṣu
mukhyaśca | § 18340

5.4.68 Āyurvedarasāyana

godhādibāstimāha-godheti | palam-māṃsam | vaidehī-pippalī |
§ 18341

5.4.69 Āyurvedarasāyana

vṛṣyāṇām bastīnām bhojane viśeṣamāha-siddheneti | sa-
ṅgrahe tu (ka. a. 5)- " pr̥thak palāṃsam vipacetpañcamūl-
amagoṣuram | kṣīrādhake catirhastham piṣṭairyasṭyādi-
bhiryutam | | kṣaudratailājyasinhūtthayuktaṃ bastiḥ sup-
5 ūjitaḥ | viśeṣādvālavṛddhastṛisukumārasukhātmanām | |
tadvatsahācarabalāsārivādarbhasādhitam | kṣīram, basti-
stathā+abhīrugudūcībr̥hatīdvayaiḥ | | siddham payo mā-
gadhikāyaṣṭimadhukakalkavān | pañcamulam br̥hatyādi
10 pratidravyaṃpalonmitam | | dvipalam śāligodhūmayav-
amāṣam saṣaṣṭikam | taiḥsiddham chāgalaṃ kukkuṭāṇḍ-

arasah sitā | | sājyakṣaudradvilāvaṇastairbastiḥ śukrakṛ-
 tparam | kalpo+ayaṃ śikhigonardamatsyādyāṇḍaraseṣv-
 api | | rasah kulīramāṃsasya caṭakāṇḍarasānvitaḥ | saśa-
 rkarāghṛtamadhurbastirvṛṣyatamo mataḥ | | bastaśūkaraj- 5
 airmuṣkaiḥ kilīracaṭakāmiṣaiḥ | siddham payo bastamuṣk-
 amuccatekṣurakaṃ madhu | | tairghṛtāḍhyo+alpalavaṇo
 bastirvṛṣyatamaḥ param | siddhena payasā bhojyamātm-
 aguptocceṭekṣuraiḥ | | ato daśādaśāna yastu bastīniṣev-
 ate | vājīva puśṭaḥ savṛṣo gacchati pramadāśatam | | ete
 māḁṣīka saṃyuktāḥ kurvantiyativṛṣaṃ naram | nātiyogaṃ 10
 na cāyogaṃ stambhitāste ca kurvate | | nirūhā lekhanāḥ
 prāyo bṛmhaṇāḥ snehabastayaḥ | yāpaneṣūbhayaṃ tasm-
 ānneṣṭaṃ teṣvanuvāsanam | | mṛdutvāna nivartheran ya-
 syatvete prayojitāḥ | samūtrairbastibhiratikṣṇairāsthāpya
 kṣiprameva saḥ | | śofāgnināśapāṇḍutvaśūlārśaḥ parikart- 15
 ikāḥ | syurjvaraścātisāraśca yāpanātyarthasevanāt | | ari-
 ṣṭakṣārasidhvādyastatreṣṭā dīpani kriyā | yutkyā tasmānn-
 iṣeveta yāpanāna prasaṅgataḥ | | mṛdvalpauṣadhasaṃy-
 ogātpādahīnapramāṇataḥ | alpakālopayogācca teṣu niṣpa-
 rihārātā | | " iti | iti siddhabastayaḥ | § 18342 20

5.4.70 Aṣṭāṅgahrdayasaṃhitā

siddhena payasā

bhojyamātmaguptocceṭekṣuraiḥ | | 53 | | § 18343

5.4.71 Sarvāṅgasundarā

ātmaguptādibhiḥ siddhena payasā saha bhojyam | uccaṭā-
 guñjā | § 18344

5.4.72 Aṣṭāṅgahrdayasaṃhitā

snehāṃścāyantraṇān siddhān siddhadravyaiḥ
 prakalpayet | | 53 | | § 18345

5.4.73 Sarvāṅgasundarā

snehāṃśca-snehabastīn, ayantraṅān-niṣparihārān, siddhān-
bahuśo dr̥ṣṭapratyayān, siddhadravyaiḥ-nirapāyaiḥ, prak-
alpayet | § 18346

5.4.74 Sarvāṅgasundarā

atha siddhasnehāḥ | siddhabastidravyaireva siddhasne-
hāḥ prakalpyā ityāha-snehāniti | saṅgrahe tu (ka. a. 5)-
"sahācarābhīrubalārāsnāgokṣurakāt pṛthak | tulāṃ jala-
dronāśate paceddronavaśeṣitte | | putaśīte bisadrākṣātu-
5 gākṣīrīnidigdhikāḥ | mahāsahākṣudgasahāyaṣṭimadhū-
adhūlikāḥ | | jīvakaṣabhakodīcyamṛṇālotpalacandanam |
kharjūramāmalakyātmagutpātāmalakīkaṇāḥ | | paṭolam-
edātvakpatraśītapākyodanāvhayāḥ | kalkīkr̥tya kṣipetta-
smin pṛthak ca prasthamammitam | | rasam varāhamah-
10 iṣabastamuṣkodbhavam tathā | śikhikukkuṭahaṃsāṅḍas-
asbavam tailāsarpiṣī | | dhātrīvidārīsvarasam gavyakṣīrā-
ḍhakadvayam | brahyabherīmṛdaṅgānām ninādaiḥ sādhi-
itam ca tat | | sitacchtrakṛtacchāyam sitavastrāvaguṇṭhi-
tam | āropitam gajaskandhe pujayitvā vṛṣadhvajam | | kṛ-
15 tvā svastyanaṃ dadyātsnehabastimayantraṅam | prātpa-
stenātivṛṣatām śramayedvanitāśatam | nirvalīpalitaḥ kā-
ntaścirañjīvī bhavetsa ca | naṣṭaśukrakśataksīṇaviṣamajv-
ariṅam hitam | | vyāpannārtavaśukrāṅām putradātā rasā-
yanam | evam ca bastayo+anye+api kalpyāḥ pākyāśca na-
20 ikaśaḥ | | śatam vārān sahayā vā pācayetsambhave sati | "
iti | § 18347

5.4.75 Aṣṭāṅgahr̥dayasaṃhitā

doṣaghnāḥ saparīhārā vakṣyante
snehabastayaḥ | | 54 | | § 18348

5.4.76 Sarvāṅgasundarā

adhunā doṣaghnāḥ saparīhārāḥ snehabastayo vakṣyante |
tānevāha- § 18349

5.4.77 Āyurvedarasāyana

niṣparihārān snehabastīnuktvā saparihārānāha | tatra pratijñāvākyamāha
doṣaṅghā iti | § 18350

5.4.78 Aṣṭāṅgahrdayasaṁhitā

daśamūlaṁ balāṁ rāsnāmaśvagandhāṁ
punarnavāṁ | | 54 | |
guḍucyairāṇḍabūṭikabhārgīvr̥ṣakarohiṣam | | 55 | |
śatāvarīṁ sahaçaram kākānāsāṁ
palāṁśakam | | 55 | |
yavamāṣātasīkolakulatthān
prasṛtonmitān | | 56 | |
vahe vipāçya toyasya droṇaśeṣeṇa tena 5
ca | | 56 | |
pacetailāḍhakaṁ peṣyairjīvanīyaiḥ
palonmitaiḥ | | 57 | |
anuvāsanamityetatsarvavātavikāranut | | 57 | | § 18357

5.4.79 Sarvāṅgasundarā

daśamūlādikaṁ palapramāṇam | kākānāsā-kākajāṅghā |
yavādīni prasṛtapramāṇāni, jalasya vahe-droṇacatuṣṭaye,
vipāçya, tena ca droṇaśeṣeṇa tailāḍhakaṁ palāṁśakaiḥ jī-
vanīyaiḥ peṣyaiḥ saha pacet | etadanuvāsanamakhilapav-
anāmayajit | § 18358 5

5.4.80 Āyurvedarasāyana

daśamulādisnehamāha-daśamulamiti | bhūṭikaṁbhustr̥ṇam |
vr̥ṣakaḥ-pāṣāṅghedaḥ | kākānāsā-kākatuṇḍī | vahe-droṇacatuṣṭaye |
§ 18359

5.4.81 Āyurvedarasāyana

vasāsnehamāha-ānūpānāmiti | jīvanīyānāṁ kalkaḥ kā-
ryaḥ | dravaṁ tūḍakam | § 18360

5.4.82 Aṣṭāṅgahr̥dayasaṃhitā

ānūpānāṃ vasā tadvajjīvanīyopasādhitā | | 58 | | § 18361

5.4.83 Sarvāṅgasundarā

ānūpapraṇināṃ vasā jīvanīyadravyasādhitā tadvatpūrvaga-
ṅṇā | § 18362

5.4.84 Āyurvedarasāyana

tailamāha-śatāvheti | ciribilvaḥ-karañjaḥ | amlāni-dhānyāmlādīni |
§ 18363

5.4.85 Aṣṭāṅgahr̥dayasaṃhitā

śatāhvāciribilvāmlaistailaṃ siddhaṃ
samīraṇe | | 58 | | § 18364

5.4.86 Sarvāṅgasundarā

śatāhvādibhistailaṃ pakvaṃ pavane yojyam | § 18365

5.4.87 Aṣṭāṅgahr̥dayasaṃhitā

saindhavenāgnivarṇena taptaṃ cānilajid
ghṛtam | | 59 | | § 18366

5.4.88 Sarvāṅgasundarā

agnivarṇena saindhavena taptaṃ ca ghṛtam samīraṇaji-
dbhavati | § 18367

5.4.89 Sarvāṅgasundarā

ghṛtamāha-saindhaveneti | saindhavamagninā+agnivarṇaṃ
kṛtvā ghṛtamadhye niḥkṣipet | | § 18368

5.4.90 Aṣṭāṅgahr̥dayasaṃhitā

jīvantīm madanaṃ medāṃ śrāvaṇīm madhukaṃ
balām | | 59 | |
śatāhvarṣabhakau kṛṣṇāṃ kākanāsāṃ
śatāvarīm | | 60 | |
svaguptāṃ kṣīrakākolīm karkaṭākhyāṃ śaṭhīm
vacām | | 60 | |
piṣṭvā tailaghṛtaṃ kṣīre
sādhayettaccaturguṇe | | 61 | |
br̥mhaṇaṃ vātapittaḡnaṃ
balaśukrāgnivardhanaṃ | | 61 | |
rajaḡśukrāmayaharaṃ putrīyaṃ
cānuvāsanam | | 62 | | § 18374

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5.4.91 Sarvāṅgasundarā

jīvantyādīn kalkīkṛtya tailaghṛtaṃ-yamakaṃ, kṣīre catu-
rguṇe sādhayet | etadanuvāsanam br̥mhaṇaṃ vātapitta-
ghnaṃ balādivardhanaṃ rajaḡśukrarogaharaṃ putrīyaṃ
ca | putrīyamiti hitārthe "putrāccha ca " iti chaḡ | § 18375

5.4.92 Āyurvedarasāyana

jīvantyādiyamakamāha-jīvantīmiti | § 18376

5.4.93 Aṣṭāṅgahr̥dayasaṃhitā

saindhavaṃ madanaṃ kuṣṭhaṃ śatāhvā niculo
vacā | | 62 | |
hrīberaṃ madhukaṃ bhārṅgī devadāru
sakaṭphalam | | 63 | |
nāgaraṃ puṣkaraṃ medā cavikā citrakaḡ
śaṭhī | | 63 | |
viḡaṅgātiviṣe śyāmā hareṇurnīlinī sthirā | | 64 | |
bilvājamodacapalā dantī rāsnā ca taiḡ
samaḡ | | 64 | |

5

sādhyameraṇḍataiḷaṃ vā taiḷaṃ vā
kapharoganut | | 65 | |
vardhmodāvartagulmārsah̥plihamehāḍhyamārutān | | 65 | |
ānāhamaśmarīṃ cāśu
hanyāttadanuvāsanam | | 66 | | § 18384

5.4.94 Sarvāṅgasundarā

saindhavādibhiḥ samāṃsaiḥ sāmānyaparibhāṣayā eraṇḍ-
ataiḷaṃ tilataiḷaṃ vā sādhyam | dvirvāgrahaṇāt eraṇḍata-
ilasyārdham̐ tilataiḷasyārdhamityapi kalpanīyamityāhuḥ |
etadanuvāsanam̐ kapharogajit śīghram̐ vardhmādīn ha-
nyāt | § 18385

5.4.95 Āyurvedarasāyana

saindhavāditaḷamāha-saindhavamiti | niculo-vetasah̥ | śyāmā-
trivṛt | capalā-pippilī | eraṇḍataiḷaṃ tilataiḷaṃ vā sā-
dhyam | tacca kapharogajidbhavati | vardhmādīm̐śca ha-
nyāt | § 18386

5.4.96 Aṣṭāṅgahr̥dayasaṃhitā

sādhitam̐ pañcamūlena taiḷaṃ bilvādinā+athavā | | 66 | |
kaphaghnam̐-----
| | 67 | | § 18388

5.4.97 Sarvāṅgasundarā

pañcamūlena bilvādinā vā sādhitam̐ taiḷaṃ kaphaghnam̐
kalpayet | § 18389

5.4.98 Āyurvedarasāyana

bilvāditaḷamāha-sādhitamiti | § 18390

5.4.99 Aṣṭāṅgahr̥dayasaṃhitā

-----kalpayettaṃ dravyairvā
kaphaghātibhiḥ | | 67 | |
phalairaṣṭaguṇaiścāmlaiḥ siddhamanvāsanam
kape | | 67 | | § 18392

5.4.100 Sarvāṅgasundarā

athavā kaphagnairdravyaiḥ phalairaṣṭaguṇaiścāmlaiḥ si-
ddhamanuvāsanam kape śastam | § 18393

5.4.101 Āyurvedarasāyana

anyairapi kaphandhaistailakalpanāmāha-kalpayediti | ā
raṃ- phalatailamāha-phalairiti | phalaiḥ-madanaphalaiḥ |
saṅgrāhe tu (ka. a. 5)- "śūlanāhe tu tadyukto nirūhaḥ pa-
ṭumutravān | | tadyuktaḥ-phalatailayuktaḥ | śīśirasparśa-
vīryaiśca piṣṭaiḥ kṣire caturguṇe | tailapādam ghr̥tam si- 5
ddham pītandhamanuvāsanam | | " iti | § 18394

5.4.102 Āyurvedarasāyana

evaṃ bastīnuktvā kalpanāprakāramāha | tatra mṛdunājā-
ḍeye jāte tīkṣṇo yojyaḥ, tīkṣṇena karṣaṇe jāte mṛduryojya
ityāha-mṛdubastīti | § 18395

5.4.103 Aṣṭāṅgahr̥dayasaṃhitā

mṛdubastijaḍībhūte tīkṣṇo+anyo bastiriṣyate | | 68 | |
tīkṣṇairvikarṣite snigdho madhuraḥ śīśiro
mṛduḥ | | 68 | | § 18397

5.4.104 Sarvāṅgasundarā

mṛduścāsau bastīśca mṛdubastīḥ, madhurasnigdhaśītalā-
tmakatvānmṛduḥ, mṛdubastīścāsau jaḍībhūtaśca mṛdubastijaḍībhūtaḥ,-

koṣṭhādbahiraniḥsaraṇāt koṣṭha evāvasthitim̐ kṛtvā sthi-
taḥ, tasmim̐stathābhūte+anyo bastistikṣṇaḥ śasyate | tikṣṇaiḥ-
gomūtrādiniṣpāditairbastibhiḥ, vikarṣite koṣṭhe sati sni-
gdhādiguṇo bastiriṣyate | § 18398

5.4.105 Aṣṭāṅgahr̥dayasaṃhitā

tikṣṇatvaṃ mūtrapīlvagnilavaṇakṣārasarṣapaiḥ | | 69 | |
prāptakālaṃ vidhātavyaṃ kṣīrājyādyaiṣtu
mārdavam̐ | | 69 | | § 18400

5.4.106 Sarvāṅgasundarā

tikṣṇatvaṃ bastermūtrapīlvagnilavaṇakṣārasarṣapaiḥ prāptakālaṃ-
yogye+avasare, vidhātavyam̐ | kṣīraghṛtādyaiṣca basterm-
ārdavam̐ prāptakālaṃ kartavyam̐ | § 18401

5.4.107 Āyurvedarasāyana

tikṣṇatvamṛdutvaḥetūni dravyāṅyāha-tikṣṇatvamiti | § 18402

5.4.108 Aṣṭāṅgahr̥dayasaṃhitā

balakālarogadoṣaprakṛtiḥ pravibhajya yojito
bastiḥ | | 70 | |
svaiḥ svairauśadhavargaiḥ svān svān
rogānnivartayati | | 70 | | § 18404

5.4.109 Sarvāṅgasundarā

balādīn pravibhajya svaiḥ svairauśadhavargaiḥ-yathāyatham̐
yogyaiḥ, siddho bastiryojitaḥ svān svānāmāyānupaśamay-
ati | § 18405

5.4.110 Āyurvedarasāyana

balādyanurodhena bastiḥ kalpya ityāha-balakāleti | § 18406

5.4.111 Aṣṭāṅgahr̥dayasaṃhitā

uṣṇārtānām sītāñchītārtānām tathā sukhoṣṇāmśca | |71| |
tadyogyauṣadhayuktān bastīn saṃtarkya
yuñjīta | |71| | § 18408

5.4.112 Sarvāṅgasundarā

uṣṇārtānām nṛṇām sītān bastīn sītārtānām- sukhoṣṇān ba-
stīn dadyāt | § 18409

5.4.113 Āyurvedarasāyana

hetuvyādhiviparīto bastiḥ kalpya ityāha-uṣṇārtānāmiti |
§ 18410

5.4.114 Aṣṭāṅgahr̥dayasaṃhitā

bastīna br̥mhañīyān dadyādvyaḍhiṣu
viśodhanīyeṣu | |72| | § 18411

5.4.115 Aṣṭāṅgahr̥dayasaṃhitā

ā raṃ- śodhanīyeṣu
br̥mhañīyaniśedhamāha-bastīniti | § 18412

5.4.116 Aṣṭāṅgahr̥dayasaṃhitā

medasvino viśodhyā ye ca narāḥ
kuṣṭhamehārtāḥ | |72| | § 18413

5.4.117 Aṣṭāṅgahr̥dayasaṃhitā

v § 18414

5.4.118 Aṣṭāṅgahr̥dayasaṃhitā

na kṣīṇakṣatadurbalamūrcchitakṛśaśuṣkaśuddhadehā-
nām | | 73 | |
dadyādviśodhanīyān doṣanibaddhāyuṣo ye
ca | | 73 | |
yāmaṣṭāṅgahr̥dayasaṃhitāyāṃ pañcame
kalpasiddhisthāna bastikalpo nāma
caturtho+adhyāyaḥ | | 4 | | § 18417

5.4.119 Sarvāṅgasundarā

yasmādete doṣairnibaddhajīvitāḥ, tasmādeteṣāṃ doṣani-
rharanāt prāṇasaṃsayāḥ syādityāha, jīvitarakṣārthamete
na viśodhyā iti | āryāścatasraḥ | iti śrīmṛgāṅkadattaputra-
śrīmadaruṇadattaviracitāyāmaṣṭāṅgahr̥daya- ṭīkāyāṃ sa-
5 rvāṅgasundarākhyāyāṃ pañcame kalpasiddhasthāne ba-
stikalpo nāma caturtho+adhyāyaḥ samāptaḥ | | 4 | | § 18418

5.5 vastivyāpatsiddhiradhyāyaḥ : 5

5.5.1 Aṣṭāṅgahr̥dayasaṃhitā

asmādanantaraṃ bastivyāpatsiddhirvyākhyāyate----
| | 1 | | § 18419

5.5.2 Aṣṭāṅgahr̥dayasaṃhitā

athāto bastivyāpatsiddhiṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 18421

5.5.3 Sarvāṅgasundarā

athāta iti pūrvavat | (asamyak prayukteṣu bastiṣu yā vyā-
padaḥ, tāsāṃ sādhanāyāsyādhyāsyārambhaḥ |) § 18422

5.5.4 Āyurvedarasāyana

bastivyāpatsiddhimadhyāyaṃ vyākhyātum pratijānīte-atheti |
 bastivyāpadaśca dvādaśoktāḥ saṅgrahe (ka.a.6)- "vib-
 andhagauravādhmānaśirorugvāhanordhvaḡāḥ | kuḡśiśū-
 lāṅgarughidhmāhṛtpīḡākartanasravāḥ | | ayogādatiyogā-
 cca basteḥ syuḥ ṣaṭ ṣaḡāpadaḥ |" iti | § 18423

5

5.5.5 Aṣṡāṅgahṛdayasaṃhitā

asnigdhasvinnadehasya gurukoṣṡhasya yojitaḥ | | 1 | |
 śīto+alpasnehalavaṅadravyamātro ghaṅo+api
 vā | | 1 | |
 bastiḥ saṅkṣobhya taṃ doṣaṃ
 durbalatvādanirharan | | 2 | |
 karotyayogaṃ tena
 syādvātamūtraśakṛdagrahaḥ | | 2 | |
 nābhibastirujā dāho hṛllepah | | 5 | |
 śvayathurgude | | 3 | |
 kaṅḡūrgaṅḡāni
 vaivarṅyamaratirvahnimārdavam | | 3 | |
 kvāthadvayaṃ prāḡvihitaṃ
 madhyadoṣe+atisāriṅi | | 4 | |
 uṣṅasya tasmādekasya tatra pāṅaṃ
 praśasyate | | 4 | |
 phalavartyastathā svedāḥ kālaṃ jñātvā
 virecanam | | 5 | |
 bilvamūlatrivṛddāruyavakolakulatthavāṅ | | 5 | | 10
 surādimūtravāṅ bastiḥ
 saprākpeṣyastamānayet | | 6 | | § 18434

5.5.6 Sarvāṅgasundarā

astrigdhādiguṅasya puṃsaḥ śiśirastathā+alpasnehalavaṅo+alpadravyaṃ
 alpadravyakalpaḥ(lkaḥ), tathā ghaṅo-bahudravyakalko,
 bastiryojitaḥ san bastisādhyāṃ doṣaṃ saṅkṣobhya durba-
 latvādanirharan ayogaṃ karoti | tena-ayogena, vātādigra-

haḥ syāt | prāk-atisārakitsite (ci. a. 9/6) kvāthadvayam-
pācanayugulam-madhyadoṣe+atisāriṇi vihitam bhūtikap-
ippalyādireko bilvadhaniko dvitīyaḥ, tasmāt-kvāthadvayāt,
ekasya-anyatarasya kvāthasyoṣṇasya, tatrāvasthāyām pā-
5 nam praśasyate, tathā phalavartayaḥ svedāśca nānāvi-
dhāḥ, avasthāśca jñātvā virecanam śasyate | tathā bilvād-
imān bastistathā surādimān bastiḥ, saprākpeṣyaḥ-"balām
gudūcīm" (ka. a. 4/1) ityādau bastau yaḥ peṣyo yavānyād-
ikṛt tena prākpeṣyeṇa saha vartata iti saprākpeṣyaḥ | tam-
10 atra dattavastinotkliṣṭam doṣamānayet-ākarṣayet | § 18435

5.5.7 Āyurvedarasāyana

vibandhākhyām vyāpadamāha-asnigdheti | dravyamkvā-
thyam peṣyam ca | tam doṣam-yadartham dattaḥ | kvāthadvayam-
"pibet prakavathitāstoye madhyadoṣo viśoṣayan | bh-
utīkapippalīsuṅṭhīvacādhānyaharītakīḥ | | athavā bilva-
5 dhanikāmustanāgaravālakam |" (hr̥.ci.a. 915) ityuktam |
bhūtikam-kaṭṭṛnam | prākpeṣyam-"pūtoyavānīphalabilva-
kuṣṭhavacāsatāvḥghanapippalīnām | kalkaiḥ (hr̥.ka.a. 4/2)
ityuktam | surā-madirā | ādiśabdādanyadapyamlam | ga-
uravākhyām vyāpadam tvāha saṅgrahe (ka.a. 6)-"saśeṣāme
10 nirūheṇa mṛdunā doṣa īritaḥ | mūrcchayatyanilam mā-
rgam rūṇadhyagnimhinasti ca | | gauravaklamahr̥cchū-
ladāhasammohaveṣṭanam | tataḥ kuryādupacaretam rū-
kṣasvedapācanaiḥ | | pippalīkaṭṭṛṇośīradārumūrvāśṛtam
jalam | pibetsauvarcalonmiśram dīpanam hr̥dviśodha-
15 nam | | vacānāgaraśaṭhyo vā ghṛtamaṇḍena mūrcchitāḥ |
peyaḥ prasannayā vā syurariṣṭanāsavena vā | | dāru trik-
aṭukam pathyām palāsam citrakam śaṭhīm | piṣṭhvā ku-
ṣṭham ca mūtrena pibet kṣārāṃścha dīpanān | | bastima-
sya vidadhyācca samūtram dāśamūlikam |" iti | § 18436

5.5.8 Aṣṭāṅgahr̥dayasaṃhitā

yukto+alpavīryo doṣādhye rūkṣe krūrāśaye+athavā | | 6 | |

bastirdoṣāvṛto rūddhamārgo
 rundhyātsamīraṇam | |7| |
 sa vimārgo+anilaḥ kuryādādhmānaṃ
 marmapīḍanam | |7| |
 vidāhaṃ gudakoṣṭhasya
 muṣkavaṅkṣaṇavedanām | |8| |
 ruṇaddhi hṛdayaṃ śūlairitaścetaśca
 dhāvati | |8| |
 svabhyaktasvinnagātrasya tatra vartim 5
 prayojayet | |9| |
 bilvādiśca nirūhaḥ
 syātpīlusarṣapamūtravān | |9| |
 saralāmaradārubhyāṃ sādhitam
 cānuvāsanam | |10| | § 18444

5.5.9 Sarvāṅgasundarā

doṣādhye tathā rūkṣe krūrakoṣṭhe vā bastiralpavīryo da-
 tto doṣaiḥ-vāyvādyavarakairāvṛtaḥ, anantaram sa bastī
 ruddhamārgaḥ-pratihataगतiprasaraṇo, vāyumaṃ rundhyāt |
 so+anilo vimārgaga ādhmānaṃ kuryāt | tathā hṛdayādī- 5
 nām marmaṇam vyadhaṇam-pīḍanam, tathā gudakoṣṭh-
 asya vidāhaṃ, tathā muṣkavaṅkṣaṇavedanām ca kuryāt |
 tathā śūlaiḥ-nānāvidhābhīrbhagnaruddhamṛditapīḍitāva-
 naddhādibhiḥ pīḍābhiḥ, hṛdayaṃ ruṇaddhi-āvṛṇoti | hṛ-
 dayamāvṛtyānantaram, itaścetaśca-aniyate deśe, dhāvati
 pavanaḥ | tatra-avasthāviśeṣe, suṣṭvabhyaktāṅgasya svi- 10
 nnāṅgasya ca phalavartim prayojayet | bilvādikaśca niru-
 haḥ syāt pīlusarṣapamūtravān | saraladevadārubhyāṃ sā-
 dhitam tailam cānuvāsanam syāt | § 18445

5.5.10 Sarvāṅgasundarā

ādhmānākhyam vyāpadamāha-yukta iti | bilvādiḥ-vibandhavyāpadyukta
 pīlu-pīluphalam | śīrorujākhyam vyāpadam tvāha sa-
 ṅgrahe (ka.a. 6)-"bahudoṣe+abale krūrakoṣṭhe bastista-
 nurmṛduḥ | śīto+alpaśchāvṛto doṣaiḥ pratihanti samīra-
 ṇam | | ūrdhvaṃ so+anusaran dehaṃ kuryādvāyuh śi- 5

rorujam | grīvāstambhaṃ pratiśyāyaṃ bādhiryaṃ dr-
ṣṭivibhramam | | tamuṣṇatailalavaṇapradigdhasvinnama-
rditam | tīkṣṇairdhūmaiḥ pradhamañairnasyairāsyavir-
ecanaiḥ | | virekairbastibhiśchāsu yojayedānulomikaiḥ | "
5 iti | vāhānākhyāṃ ca vyāpadamāha saṅgrahe (ka.a. 6)-
"snigdhasvinne mahādoṣe bastimṛdvalpabheṣajaḥ | utkl-
eśyālpam hareddoṣam janayecca pravāhikām | | śophaṃ
bastāvapāne ca sadanaṃ corujaṅghayoḥ | vibaddhamār-
uto janturabhīkṣṇam sa pravāhate | | svedābhyaṅgānniru-
10 hāṃścha śodhanīyānulomikān | vidadhyāllaṅghayitvā ca
vṛttiṃ tasya viriktavat | | " iti | § 18446

5.5.11 Āyurvedarasāyana

ūrdhvamārutākhyāṃ vyāpadamāha-kurvata iti | mṛjyāt-
mardayet | bhīṣayet-trāsayet | pāṇibhiśca vastraiśca | suprasiddhataram-
gudaṃ meḍhram ca, ayanamasya sa tathā | kramukaṃ-
pūgaḥ | daśamūlayavādīnām mūtre kvāthaḥ, amṛtādīnām
5 vā saptānām | amṛtā-guḍūcī | tvak patraṃ ca pūṭikarañja-
sya | tailādiyogastu dvayorapi kvāthayoḥ, bilvādīkvātha-
syāpi | ityayogavyāpadaḥ | § 18447

5.5.12 Aṣṭāṅgahr̥dayasaṃhitā

kurvato vegasaṃrodhaṃ pīḍito vā+atimātrayā | | 10 | |
asnigdhalavaṇoṣṇo vā
bastiralpo+alpabheṣajaḥ | | 11 | |
mṛdurvā mārutenordhvaṃ vikṣipto
mukhanāsikāt | | 11 | |
nireti mūrccāhṛllāsatr̥ddāhādīn
pravartayan | | 12 | |
5 mūrccāvikāram dr̥ṣṭvā+asya siñceccchītāmbunā
mukham | | 12 | |
vyejadāklamanāsācca prāṇāyāmaṃ ca
kārayet | | 13 | |
pr̥ṣṭhapārśvodaram mṛjyāt
karairuṣṇairadhomukham | | 13 | |

keśeśūtkṣīpya dhunvīta
 bhīṣayedvyāladamṣṭribhiḥ | | 14 | |
 śastrolkārājapuruṣairbastireti tathā
 hyadhaḥ | | 14 | |
 pāṇivastrairgalāpīḍam kuryāna mriyate
 tathā | | 15 | |
 prāṇodānanirodhāddhi
 suprasiddhatarāyanaḥ | | 15 | |
 apānaḥ pavano bastim 5
 tamāśvevāpakarṣati | | 16 | |
 kuṣṭhakramukakalkaṃ ca
 pāyetāmlasaṃyutam | | 16 | |
 oṣṇyātaikṣṇyātsaratvācca bastim
 so+asyānulomayet gomūtreṇa
 trivṛtpathyākalkaṃ
 vā+adhonulomanam | | 17 | |
 pakvāśayasthite svinne nirūho
 dāśamūlikaḥ | | 18 | |
 yavakolakulatthaiśca vidheyo
 mūtrasādhitaiḥ | | 18 | |
 bastirgomūtrasiddhairvā 10
 sāmṛtāvaṃśapallavaiḥ | | 19 | |
 pūṭikarañjatvakpatraśaṭhīdevāhvarohiṣaiḥ | | 19 | |
 satailagudaśindhūttho
 virekauśadhakalkavān | | 20 | |
 bilvādipañcamūlena siddho
 bastiruraḥstHITE | | 20 | |
 śiraḥsthe nāvanaṃ dhūmaḥ pracchādyam
 sarṣapaiḥ śiraḥ | | 21 | | § 18468

5.5.13 Sarvāṅgasundarā

vegasamrodham-vegavidhāraṇam, kurvataḥ puṃso yaḥ
 pīḍito bastiratimātrayā vā pīḍito+asnigdhalavaṇoṣṇo vā
 tathā+alpo mātrayā, alpabheṣajaśca mṛdurvā, sa tath-
 ābhūto mārutenordhvaṃ kṣipto mūkhanāsikāt nireti-
 nirgacchati | mūrcchādīn pravartayet(yan) | asya tu-tathāvidhābasteḥ
 puruṣasya, mūrcchādivikāraṃ drṣṭvā śītāmbunā mukhaṃ

siñcet | tathā klamanāsaṃ yāvat taṃ tālavṛntādinā vīja-
 yet | tathā taṃ puruṣaṃ prāṇāyāmaṃ ca kārayet, prā-
 ṇāyāmena hyūrdhvaṃ vikṣipto bastiradho yāti | uṣṇaiḥ
 5 karaiḥ pṛṣṭhaṃ pārśvamudaraṃ ca mṛjyāt | tathā taṃ
 puruṣamadhomukhaṃ kṛtvā keśairutkṣipyordhvaṃ nītvā
 vapurdhunvīta | tathā vyālādibhirbhīṣayet | tathordhvaṃ
 pravṛtto bastiryasmādadhō gacchati | tathā pāṇivastrai-
 rgalāpīdaṃ kuryādyathā na mriyeta | evaṃ sati prāṇo-
 dānanirodhaḥ sampadyate, prāṇodānanirodhādyasmād-
 10 adhogaḥ suprasiddhatarāyano bhūtvā+apāno vāyustaṃ
 bastiṃ drāgevāpakarṣati-ūrdhvādadhāḥ kṣipati | suṣṭhu-
 prakarṣeṇa, prasiddhataramayanaṃ yasya sa suprasiddh-
 atarāyanaḥ | kuṣṭhādikalkaṃ cāmlasaṃyutaṃ pāyayet | [
 saḥ] kalkaḥ, asya-āturasya, uṣṇādiguṇayogāttāṃ bastima-
 15 nulomayet | trivṛtādikalkaṃ pītaṃ gomūtrenādhonulom-
 anam | pakvāśayasthite doṣe snigdhe (svinne) niruho dā-
 śamūliko vidhātavyaḥ | yavādibhiśca gomūtrasādhitairb-
 astirvidheyāḥ | athavā gomūtrasiddhairguḍūcyādibhistai-
 laguḍasaindhavayukto bastirvirekadravyakalkavān vidh-
 20 eyaḥ | urasi sthite bilvādipañcamūlena siddho bastirvidh-
 ātavyaḥ | śirasi sthite bastau nasyaṃ dhūmaśca, śiraśca sa-
 rṣapakalkena pracchādanīyam | § 18469

5.5.14 Aṣṭāṅgahr̥dayasaṃhitā

bastiratyusṇatīkṣṇāmlaghano+atisveditasya vā | | 21 | |
 alpe doṣe mṛdau koṣṭhe prayukto vā
 punaḥpunaḥ | | 22 | |
 atiyogatvamāpanno
 bhavetkukṣirujākaraḥ | | 22 | |
 virecanātiyogena sa
 tulyākṛtisādhanāḥ | | 23 | | § 18473

5.5.15 Sarvāṅgasundarā

atyuṣṇatīkṣṇāmlaghano bastiḥ prayukto+atisveditasya vā
 puṃso+alpe doṣe tathā mṛdau koṣṭhe muhurmuḥ

prayuktatvādatiyogatvaṃ prāpto+ayam kuṅṅṅirugjanakaḥ
syāt | saḥ-tathāvidho bastiḥ, virecanātiyogena tulye-sadṛṣe,
lakṣaṇacikitsite yasya sa evaṃ syāt | § 18474

5.5.16 Sarvāṅgasundarā

athātiyogavyāpadaḥ | kuṅṅṅisūlākhyavyāpadamāha-bastiriti |
saṅgrahe tu (ka.a. 6)-"prśniparṇī sthirāṃ padmaṃ kā-
śmaryaṃ madhukolpale | piṣṭvā drākṣāṃ madhūkaṃ ca
kṣīre tanduladhāvane | | drākṣāyāḥ pakvaloṣṭhasya pras-
āde madhukasya vā | vinīya saghṛtaṃ bastiṃ yuñjyādd- 5
āhe+atiyogataḥ | | " iti | virecanatulyatvoktyā dāho+apyuktaḥ |
aṅgarugādivyāpañcatuṣkaṃ tvāha saṅgrahe (ka.a. 6)- "sn-
ehasvedairasampādyā gurutikṣṇo+atimātrakaḥ | duḥsth-
itāya praṇihito bastirduḥśayitāya vā | | atipravṛtto mar-
utaṃkopayetsa vimārgagaḥ | karotyāṅgarujāṃ jṛmbhāṃ 10
stambhaṃ bhedaṃ ca parvaṇāṃ | | taṃ tailalavaṇābhy-
aktaṃ sveditaṃ samstarādibhiḥ | bilvakolayavairāṇḍa-
varsābhūbrhatīdvayaiḥ | | sakulatthaiḥ śṛtairmastuphal-
asauvīrakānvitaiḥ | āsthāpayetsasindhūthairjāṅgalairāśi-
taṃ rasaiḥ | | tailenānilajaddravyavipakvenānuvāsayet | 15
mṛdukoṣṭhe+abale bastiratitīkṣṇo+atinirharan | | kuryā-
ddhidhmāṃ hitaṃ tatra hidhmāghnaṃ bṛmhaṇaṃ ca
yat | balābrhatyādivarākāśmaryarasasaindhavaiḥ | sapr-
asannāranālāmlaistailaṃ paktvā+anuvāsayet | uṣṇāmb-
unā+akṣaṃ pippalyā dadyāllavaṇasamyutam | | dhūma- 20
leharasakṣīrasvedāścānnaṃ ca vātajit | atitīkṣṇaḥ savāto
vā na vā samyak prapīḍitaḥ | | ghaṭṭayedḍḍayaṃ basti-
atra kāśakuśotkaṭaiḥ | syātsāmlalavaṇaskandhakarīrabad-
arīphalaiḥ | | śṛtairbastirhitaḥ siddho vātaghnaiścānuvā-
sanam | mṛdukoṣṭhālpadoṣasya rūkṣatīkṣṇātimātrakaḥ | | 25
hṛtvā bastirmalān śīghraṃ vātapiṭte prakopayet | nābhi-
bastigudāṃste hi kṛntato+asya muhurmuḥuḥ | | vivarṇa-
syālpamutthānaṃ bastirnilekhanādbhavet | svāduśītauṣa-
dhaistatra payasyekṣvādibhiḥ śṛtaḥ | | yaṣṭyāvhatilakalkā-
bhyāṃ bastiḥ syāt kṣīrabhojināḥ | sasarjarasayaṣṭyāvhaṃ 30
jīṅgiṅkardamāñjanam | | vinīya dugdhe bastiḥ syāvdyā-
ktāmlarasabhojināḥ | picchilāścha hito bastiḥ snehāścha
madhuraiḥ śṛtaḥ | | " iti | § 18475

5.5.17 Aṣṭāṅgahr̥dayasaṃhitā

bastiḥ kṣārāmlatikṣṇoṣṇalavaṇaḥ paittikasya vā | | 23 | |
gudaṃ dahan likhan kṣiṇvan karotyasya
parisravam | | 24 | |
sa vidagdham sravatyasram varṇaiḥ pittaṃ ca
bhūribhiḥ | | 24 | |
bahuśācātivegena moham gacchati
so+asakṛt | | 25 | |
5 raktapittātisāragnī kriyā tatra
praśasyate | | 25 | |
dāhādiṣu trivṛtkalkam mṛdvīkāvāriṇā
pibet | | 26 | |
taddhi pittaśakṛdvātān hṛtvā dāhādikān
jayet | | 26 | |
viśuddhaśca pibecchītāṃ yavāgūṃ
śarkarāyutāṃ | | 27 | |
yuñyādvā+ativiriktasya kṣiṇaviṭkasya
bhojanam | | 27 | |
10 māṣayūṣeṇa kulmāṣān pānam dadhyathavā
surām | | 28 | |
siddhirvastyāpadāmevaṃ-----
| | 28 | | § 18486

5.5.18 Sarvāṅgasundarā

kṣārāmlatikṣṇoṣṇalavaṇo bastiḥ prayuktaḥ paittikasya vā
prayukto gudaṃ dahanniva vilikhanniva kṣipannivāsyā-
narasya, parisravam karoti | saḥ-puruṣaḥ, tadā vidagdh-
amasram sravati | tathā bahuṣo-bahūn vārān, ativegena
5 bhūribhiḥ- bahubhiḥ, varṇaiḥ pittaṃ sravati | tathā moha-
masakṛd gacchati | tatrāvasthāyāṃ raktapittagnī tathā rak-
tātisāragnī kriyā ca praśasyate | dāhamohādiṣu trivṛtkal-
kam drākṣājalena pibet | yasmāt tat-trivṛtkalkayutaṃ dr-
ākṣāvāri, pittaśakṛdvātān hatvā dāhādīn jayet | viśuddha-
10 śca saśarkarāṃ śītāṃ peyāṃ pibet | ativiriktasya kṣiṇapu-
rīṣasya puṃsaḥ kulmāṣān māṣayūṣeṇa saha bhojanam yu-

ñjyāt | dadhyathavā surāṃ pānaṃ dadyāt | bastyāpadāṃ-
niruhavyāpattīnāṃ, evaṃ siddhiḥ-cikitsitaṃ, syāt | § 18487

5.5.19 Āyurvedarasāyana

snavākhyāṃ vyāpadamāha-bastiriti | saṅgrahe tu (ka.a. 6)-
"tatrādraśālmalīvr̥ntaiḥ kṣuṇṇairājaṃ payaḥ śṛtam | pū-
taṃ ghṛtānvitaṃ bastiṃ dadyādanyāṃśca picchilān | | va-
ṭādipallaveṣvevaṃ kalpo yavatileṣu ca | suvarcalopodak-
ayoḥ karbudāre ca śasyate | | gude ca śītamadhurān ku- 5
ryātsekaprālepanān |" iti | tathā (saṅgrahe ka.a. 6)-"āmaṃ
yaḥ kuṇapaṃ rugvānupaveśyeta sāruciḥ | saghanātiviṣā-
kuṣṭhanatadāruvacāḥ pibet | | śakṛdvātamasṛkpittaṃ ka-
pamaṃ vā yo+atisāryate | pakvaṃ tatra svavargīyo bastiḥ
śreṣṭhaṃ bhiṣagjitaṃ | | ṣaṇṇāmeṣāṃ dviṣaṃsargātrimś- 10
adbhedā bhavanti tu | kevalaiḥ saha ṣaṭtrimśadvidyātso-
padrabāṃścha tān | | sūlapravāhikādhmānaparikartāruci-
jvarān | ṛṇmohadāhamūrccādīṃścaīṣāṃ vidyādupadra-
vān | | tatrāme+antarapānaṃ tu kaṭvamlalavaṇairyutam |
pācanaṃ śasyate bastirāme hi pratiṣidhyate | | vātaghna- 15
grāhivargīyo bastiḥ śakṛti śasyate | svādvamlo vyaktala-
vaṇaḥ snehabastiḥ samīraṇe | | rakte raktena pitte tu ka-
ṣāyasvādutiktakaḥ | sāryamāṇe kaphe bastiḥ kaṣāyakaṭu-
tiktakaḥ | | śakṛtā vāyunā cāme tena varcasyathānile | sa-
mśṛṣṭe+antarapānaṃ syāt kaṭvamlalavaṇairyutam | | pi- 20
ttenāme+asṛjā tadvattayorāmena vā punaḥ | samśṛṣṭayo-
rbhavetpānaṃ sakaṭusvādutiktakam | | tathā+a+ame ka-
phasamśṛṣṭe kaṣāyakaṭutiktakam | āmena tu kaphe yukte
kaṣāyalavaṇauśadham | | vātena viśi pitte vā viṭpittāśra-
istathā+anile | syāt kaṣāyāmlamadhuraḥ samśṛṣṭe bastir- 25
uttamaḥ | | bastirvātena rakte tu kāryaḥ khādvamlatikta-
kaḥ | śakṛcchoṇitayoḥ pittaśakṛtorasnapittayoḥ | | bastira-
nyonyasamśarge kaṣāyasvādutiktakaḥ | kaphena viśi pi-
tte vā kaphe viṭpittāśoṇitaiḥ | | kaṭutiktakaṣāyaḥ syātsa-
mśṛṣṭe bastiruttamaḥ | madhuroṣaṇatiktastu rakte kaph- 30
avimūrccite | | mārute kaphasamśruṣṭe kaṭvamlavaṇO
bhavet | syādbastiḥ kaṭutiktāmlaḥ samśṛṣṭe vāyunā ka-
phe | | tricatuḥpañcaṣaṭyogānevameva vikalpayet | yukt-

iśchaiṣā+atisāroktā sarvarogeṣvapi smṛtā | | yugapat ṣa-
drasaṃ ṣaṅṅāṃ saṃsarge pācanaṃ bhavet | nirāmāṅgāṃ
ca pañcānāṃ bastiḥ ṣadrasiko hitaḥ | | udumbaraśalāṭūni
5 kaṭṭṛṇaṃ ca palāṃśikam | | piṣṭvā taiḥ sarpiṣaḥ prasthaṃ
kṣīradvigūṇitaṃ pacet | atīsāreṣu sarveṣu peyametadyath-
ābalaṃ | | kacchurādhātukībilvasamaṅgāraktamūlibhiḥ |
masūrāśvatthaśuṅgaiścha yavāgūḥ syājale śṛtaiḥ | | bālo-
dumbarakaṭvaṅgasamaṅgāplakṣapallavaiḥ | masūradhār-
10 akīpuṣpabalābhiścha tathā bhavet | | nānāprakārā jāyante
vyāpado bastivibhramāt | yathāyathaṃ yathāvasthaṃ tā-
ṃsāṃ kurvīta sādhanam | | " iti nirūhavyāpadaḥ | § 18488

5.5.20 Aṣṭāṅgahr̥dayasaṃhitā

-----snehabastestu vakṣyate | | 28 | | § 18489

5.5.21 Sarvāṅgasundarā

snehabasteḥ-anuvāsanasya, siddhirvakṣyate | § 18490

5.5.22 Sarvāṅgasundarā

athānuvāsanavyāpadaḥ | tāścoktāḥ saṅgrahe (ka. a. 7)-
"snehabastau marutpittakaphātyāśaviḍāvṛte | abhuktaśū-
napāyvāmadatte+aṣṭau vyāpadaḥ smṛtāḥ | | " iti | § 18491

5.5.23 Aṣṭāṅgahr̥dayasaṃhitā

śīto+alpo vā+adhike vāte pitte+atyuṣṇaḥ kaphe

mṛduḥ | | 29 | |

atibhukte

gururvarcaḥsañcaye+alpabalastathā | | 29 | |

dattastairāvṛtaḥ sneho

nāyātyabhibhavādapi | | 30 | | § 18494

5.5.24 Sarvāṅgasundarā

śīto bastiralpo vā+adhike vāte dattaḥ, tathā pitte+atyuşṇaḥ,
tathā kaphe mṛduḥ, ayogaḥ sampadyate | atibhukte guru-
rbastirdattaḥ, tathā varcasaḥ-purīṣasya, sañcaye+alpabalaḥ-
ubhayathā mātrayā vīryataśca, dattaḥ, taiḥ-śītādikāraṇādvātādibhiḥ,
snehabastirāvṛto nāyāti-gudamārgāna pratyāgacchati, abh- 5
ibhavādapyetaireva | § 18495

5.5.25 Āyurvedarasāyana

tatra pañcānām vyāpadām kāraṇamāha-śīto+alpa iti |
guruḥ-cirapākaḥ | alpabalaḥ-anulomanāsamarthaḥ | śītā-
diguṇasvāvṛtatvam | alpasyābhibhavaḥ | § 18496

5.5.26 Aṣṭāṅgahrdayasaṃhitā

stambhorusadanādhmānajvaraśūlāṅgamardanaiḥ | | 30 | |
pārśvarugveṣṭanairvidyādvāyunā
snehamāvṛtam | | 31 | |
snigdghāmlalavaṇoṣṇaistam
rāsnāpītadrutailikaiḥ | | 31 | |
sauvīrakasurākolakulatthayavasādhitaiḥ | | 32 | |
nirūhairnirharetsamyak samūtraiḥ 5
pañcamūlikaiḥ | | 32 | |
tābhyāmeva ca tailābhyām sāyam
bhukte+anuvāsayet | | 33 | | § 18502

5.5.27 Sarvāṅgasundarā

stambhorusādādibhivāyunā snehamāvṛtam vidyāt | tam
evaṃvidham, sneham-snehabastiṃ, niruhaiḥ samyak sni-
gdghāmlalavaṇoṣṇairnirharet | tāneva nirūhānāha-sauvīrakasurādisādhitaiḥ
gomūtrānvitaistathā pañcamūlanirvṛttaiḥ pañcamūlakvā-
thavadbhirityarthaḥ | tathā rāsnā ca pītadruśca rāsnāpīt- 5
adrū, tābhyām sādHITE taile rāsnāpītadrutaile, te vidyate
yeṣām nirūhāṇām taiḥ, kvacitpuṭake rāsnātailam kvaci-
ddharidrātailam yojyamityarthaḥ | tābhyamiti dvivacan-

anirdeśāt pṛthagetat tailadvayamupayogīti gamyate | ca-
samuccaye, na kevalaṃ taṃ nirūhayet, rāsnātailena pī-
tadrutailena vā doṣādyanurodhādanuvāsayecca | sāyaṃ
bhukte-na tu prātarbhukte | § 18503

5.5.28 Āyurvedarasāyana

vātāvṛtasya lakṣaṇaṃ cikitsitaṃ cāha-stambhorusadaneti |
veṣṭanaṃ-piṇḍikodveṣṭanam | pītadruḥ-saralaḥ | rāsnāta-
ilena pītadrutailena ca saṃskṛtaiḥ | bilvādipañcamūlayav-
akolakulatthānāṃ kvāthaḥ | tābhyāṃ-rāsnāpītadrutailābhyām |
§ 18504

5

5.5.29 Aṣṭāṅgahr̥dayasaṃhitā

ṛṭḍdāharāgasammohavaivarṇyatamakajvaraiḥ | | 33 | |
vidyātpittāvṛtaṃ svādutiktaistaṃ
bastibhirharet | | 34 | | § 18506

5.5.30 Sarvāṅgasundarā

taṃ ṛṭḍdāhādibhiḥ pittāvṛtaṃ snehabastiṃ vidyāt | svād-
utiktairbastibhirvinirharet | § 18507

5.5.31 Āyurvedarasāyana

pittāvṛtasya lakṣaṇaṃ cikitsitaṃ cāha-ṛṭḍdāheti | tamakaḥ-
tamaḥpraveśaḥ | § 18508

5.5.32 Aṣṭāṅgahr̥dayasaṃhitā

tandrāśītajvarālasyprasekārucigauravaiḥ | | 34 | |
sammūrcchāglānibhirvidyācchleṣmaṇā
snehamāvṛtam | | 35 | |
kaṣāyatiktakaṭukaiḥ
surāmūtropasādhitaiḥ | | 35 | |

phalatailayutaiḥ sāmhairbastibhistam
vinirharet | |36| | § 18512

5.5.33 Sarvāṅgasundarā

tandrādibhiḥ kaphāvṛtam snehabastim vidyāt | tam kaṣāy-
akaṭutiktakaiḥ surāmūtropasādhitaiḥ phalatailayutaiḥ sām-
hairbastibhiḥ nirūhaiḥ, vinirharet | phalānām-uṣṇavīryāṇāmakṣoṭādīnā-
tailam phalatailam | kecittum phalam-madanaphalam, til-
atailam ca, tābhyām yutāstairiti vyācakṣate | § 18513 5

5.5.34 Āyurvedarasāyana

kaphāvṛtasya lakṣaṇam cikitsitam cāha-tandreti | phalatailam-
madanaphalatailam | § 18514

5.5.35 Aṣṭāṅgahrdayasaṃhitā

chardimūrchāruciglānīśūlanidrāṅgamardanaiḥ | |36| |
āmaliṅgaiḥ sadāhaistam
vidyādatyaśanāvṛtam | |37| |
kaṭūnām lavaṇānām ca kvāthaiścūrṇaiśca
pācanam | |37| |
mṛdurvirekaḥ sarvam ca tatrāmavihitam
hitam | |38| | § 18518

5.5.36 Āyurvedarasāyana

atyaśanāvṛtasya lakṣaṇam cikitsitam cāha-chardimūrccheti |
āmaṃ-āmājīrṇam | kvāthaiḥ kaṭūnāmeva, cūrṇaiḥ kaṭū-
nām lavaṇānām ca | § 18519

5.5.37 Sarvāṅgasundarā

chardiyādibhirāmaliṅgairdāhayutaiḥ snehamatyaśanāvṛtam
vidyāt | kaṭūnām lavaṇānām ca kvāthaiścūrṇaiśca pāca-
nam hitam | tathā mṛdubhiḥ-atīkṣṇaiḥ, virekaḥ | tathā ta-
smin sarvamāmavihitamauśadham hitam | § 18520

5.5.38 Aṣṭāṅgahr̥dayasaṃhitā

viṇmūtrānilasaṅgārtigurutvādhmānahṛdgrahaiḥ | | 38 | |
snehaṃ viḍāvṛtaṃ jñātvā snehasvedaiḥ
savartibhiḥ | | 39 | |
śyāmābilvādisiddhaiśca niruhaiḥ
sānuvāsanaḥ | | 39 | |
nirharedvidhinā samyagudāvartahareṇa
ca | | 40 | | § 18524

5.5.39 Sarvāṅgasundarā

viṇmūtrādibhirviḍāvṛtaṃ snehaṃ viditvā, snehādibhista-
thā śyāmādibhiḥ siddhairnirūhairanuvāsanaśca, tathodā-
vartahareṇa vidhinā, samyag nirharet | § 18525

5.5.40 Āyurvedarasāyana

viḍāvṛtasya lakṣaṇaṃ cikitsitaṃ cāha-viṇmūtrānileti | artiḥ-
śūlam | śyāmādiḥ-gaṇaḥ | bilvādipañcamūlam | § 18526

5.5.41 Aṣṭāṅgahr̥dayasaṃhitā

abhukte śūnapāyau vā peyāmātrāśitasya vā | | 40 | |
gude praṇihitaḥ sneho
vegāddhāvatyānāvṛtaḥ | | 41 | |
ūrdhvaṃ kāyaṃ tataḥ kaṇṭhādūrdhvebhyaḥ
khebhya etyapi | | 41 | |
mūtraśyāmātrivṛtsiddho
yavakolakulatthavān | | 42 | |
5 tatsiddhatailo deyaḥ syānnirūhaḥ
sānuvāsanaḥ | | 42 | |
kaṇṭhādāgacchataḥ
stambhakaṇṭhagrahavirecanaiḥ | | 43 | |
chardighnībhiḥ kriyābhiśca tasya
kuryānnibarhaṇam | | 43 | | § 18533

5.5.42 Sarvāṅgasundarā

abhukte snehabastiḥ, tathā śūnaḥ pāyuryasya tasmin pra-
 ñihito bastiḥ, athavā peyāmātramevāśitaṃ yena sa peyā-
 mātṛāśitastasya gude prañihitaḥ snehabastiḥ, anāvṛtaḥ san
 vegādūrdhvaṃ kāyaṃ dhāvati | tataḥ kaṅṭhādūrdhvebhya- 5
 aśca khebhyaḥ eti-patati | tatra gomūtrādisiddho yo yavā-
 dimān kvāthastena kvāthena siddhatailairnirūhamanuvā-
 sanam [ca] dadyāt | kaṅṭhādāgacchataḥ snehasya stambh-
 akaṅṭhagrahādibhiśchardighnībhiḥ kriyābhiśca tannirhar-
 aṇam kuryāt | § 18534

5.5.43 Āyurvedarasāyana

abhuktadattaśūnapāyudattayorlakṣaṇam cikitsitam cāha-
 abhukta iti | mātṛā-stokam | peyāśitasya cābhuktatuly-
 atvāna pṛthaguddeśaḥ kṛtaḥ | kaṅṭhādeti-nirgacchati |
 ūrdhvebhyo+api khebhyaḥ-nāsānetrakarṇebhyaḥ | śyām- 5
 ātrivṛtyavakolakulatthānām mūtrena kvāthaḥ | teṣām-
 eva kalkena mutrena ca siddham tailam | tatra kvā-
 thatailābhyām nirūhaḥ | tailenānuvāsanaḥ | stambhaḥ-
 ucchvāsarodhaḥ | § 18535

5.5.44 Āyurvedarasāyana

āmadattasya lakṣaṇam cikitsitam cāha-nāpakvamiti | tail-
 amanuvāsanārtham | ityanuvāsanavyāpadaḥ | atha netra-
 bastiśayyāpraṇetrdoṣajā vyāpadaḥ | tāśchoktāḥ saṅgrahe
 (ka.a.7)-"hrasvam dīrgham tanu sthūlam jīrṇam śīthilaba-
 ndhanam | pārśvacchidraṃ tathā vakramaṣṭau netrāṇi va- 5
 rjayet | aprāptyatigatikṣobhakaṣaṇakṣaṇanasravāḥ | gud-
 apīḍā gatiṛjihyā teṣām doṣā yathākramam | māṃsalasni-
 gdhaviṣabhajālavatsthūlavātalāḥ | chidraḥ klinnaśca tāna-
 ṣṭau bastīn karmasu varjayet | gativaiṣamyadaurgandhyaj-
 ihyatvasrutidurgrahāḥ | phenilacyutyadhāryatvam basteḥ 10
 syurbastidoṣataḥ | uccakairatyavākśīrṣamūrdhvasaṅkuci-
 tasthitam | uttānam dakṣiṇam pārśvam sapta śayyāḥ pa-
 rityajet | mūtrāghāto+atisamprāptiraprāptiḥ sādhu nāga-
 tiḥ | āśvāgatirmarutkopastṛptiḥ pakvāśayasya ca | taddo-

ṣāḥ syurvidhātavyaṃ yathaupayakamatra ca | savātātidr-
utokṣiptatiryagulluptakampitāḥ | | atimandakabāhyātiv-
egadoṣāḥ praṇetr̥taḥ | " iti | § 18536

5.5.45 Aṣṭāṅgahr̥dayasaṃhitā

nāpakvaṃ praṇayetsnehaṃ gudaṃ sa
hyupalimpati | | 44 | |
tataḥ kuryātsaruṇmohakaṇḍūśophān,
kriyā+atra ca | | 44 | |
tīkṣṇo bastistathā tailamarkapatrarase
śṛtam | | 45 | | § 18539

5.5.46 Sarvāṅgasundarā

apakvaṃ snehaṃ na dadyāt | yasmāt saḥ-apakvaḥ sn-
eho, gudamupalimpati | tataḥ-upalipse gude, rujābhiḥ
saha mohādīn kuryāt | atra cikitsitaṃ tīkṣṇo bastista-
thā+arkapatrarase śṛtam tailam | § 18540

5.5.47 Aṣṭāṅgahr̥dayasaṃhitā

anucchvāsyā tu baddhe vā datte niḥśeṣa eva vā | | 45 | |
praviśyā kṣubhito vāyuḥ sūlatodakaro
bhavet | | 46 | |
tatrābhyaṅgo gude svedo vātaghnānyaśānāni
ca | | 46 | | § 18543

5.5.48 Sarvāṅgasundarā

anucchvāsyā bastervadane baddhe sati, athavā niḥśeṣaṃ
datte sati, praviśyāntare vāyuḥ kupitaḥ sūlatodakaraḥ
syāt | tasminnabhyaṅgo gude svedaśca, tathā vātahanṛṇi
bhojanāni ca | § 18544

5.5.49 Āyurvedarasāyana

savātapraṇanasya lakṣaṇaṃ cikitsitaṃ cāha-anucchvāsyeti |
§ 18545

5.5.50 Aṣṭāṅgahrdayasaṃhitā

drutaṃ praṇīte niṣkrṣṭe sahasotkṣipta eva vā | |47| |
syāt kaṭīgudajaṅghorubastistambhārtibhedan-
nam | |47| |
bhojanaṃ tatra vātaghnaṃ svedābhyaṅgāḥ
sabastayaḥ | |48| | § 18548

5.5.51 Sarvāṅgasundarā

śīghraṃ praṇīte niṣkrṣṭe sahasotkṣipte ca kaṭyādiṣu sta-
mbhapīḍābhedanāni syuḥ | tatra vātaghnamaśanaṃ sv-
edo+abhyaṅgaśca | § 18549

5.5.52 Āyurvedarasāyana

atdrutotkṣiptayorlakṣaṇaṃ cikitsitaṃ cāhadrutamiti | praṇīte-
praveśite | niṣkrṣṭe-niṣkāśite | utkṣipte-prṣṭhavaṃśaṃ pr-
ati nānīte | tiryānetrasya lakṣaṇaṃ cikitsitaṃ cāha sa-
ṅgrahe (ka.a.7)- "tiryagvalyāvṛtadvāre baddhe vā+api na
gacchati | netre taddaju niṣkrṣṭya saṃśodhya ca punarna- 5
yet | |" iti | § 18550

5.5.53 Aṣṭāṅgahrdayasaṃhitā

pīḍyamāne+antarā mukte gude pratihato+anilaḥ | |48| |
uraḥśirorujaṃ sādāmūrvośca
janayedbalī | |49| |
bastiḥ syāttatra
bilvādiphalaśyāmādimūtravān | |49| | § 18553

5.5.54 Sarvāṅgasundarā

pīḍyamāne bastipuṭake+antarā-madhya eva, kadācitta-
smin mukte, gude+anilaḥ pratihato balavān uraḥsīroruja-
mūrusādaṃ ca janayet | tatra bilvādibhirbastirmadanaph-
alaśyāmādimān syāt | § 18554

5.5.55 Āyurvedarasāyana

ulluptasya lakṣaṇaṃ cikitsitaṃ cāha-pīḍyamāna iti | phalaṃ-
madanaphalam | kampitādīnāṃ caturṇāṃ lakṣaṇaṃ cik-
itsitaṃ cāha saṅgrāhe (ka.a. 7)-"syāddāho davathuḥ śo-
phaḥ kampanābhihate gude | kaṣāyā madhurāḥ śītāḥ se-
5 kāstatra sabastayaḥ | | atimātrapraṇītena netreṇa kṣaṇan-
ādvaleḥ | syātsārtidāhanistodaguruvarcaḥpravartanam | |
tatra sarpiḥ picuḥ kṣīraṃ picchābastiścha śasyate | na bh-
āvayati mandastu bāhyaścāśu nivartate | | snehastatra pu-
naḥ samyak praṇeyaḥ siddhimicchatā | " iti | § 18555

5.5.56 Aṣṭāṅgahr̥dayasaṃhitā

atiprapīḍitaḥ koṣṭhe tiṣṭhatyāyāti vā galam | | 50 | |
tatra bastirvirekaśca galapīḍādi karma
ca | | 50 | | § 18557

5.5.57 Sarvāṅgasundarā

atiprapīḍito bastipuṭakaḥ koṣṭhe tiṣṭhati, galam vā+a+ayāti |
tatra bastirvirekaśca galapīḍādi ca karma śasyate | § 18558

5.5.58 Āyurvedarasāyana

ativegasya lakṣaṇaṃ cikitsitaṃ cāha-atiprapīḍita iti | § 18559

5.5.59 Aṣṭāṅgahr̥dayasaṃhitā

vamanādyairviśuddhaṃ ca kṣāmadehabalānalām | | 51 | |

yathā+aṇḍaṃ taruṇaṃ pūrṇaṃ tailapātraṃ
yathā tathā | | 51 | |
bhiṣak prayatnato
rakṣetsarvasmādapacārataḥ | | 52 | | § 18562

5.5.60 Sarvāṅgasundarā

vamanavirekādyaiśca viśuddhaṃ kṣāmadehaṃ kṣāmabalaṃ
kṣāmānalaṃ ca puruṣaṃ vaidyaḥ prayatnena sarvasmādapacārādrakṣet | kimiva ? yathā taruṇaṃ-abhinavaṃ
jātamaṇḍaṃ, yathā ca tailapūrṇaṃ pātraṃ rakṣyate, tathā
prayatnena rakṣet | § 18563

5

5.5.61 Āyurvedarasāyana

vamanādiśuddhasya viśeṣato+apacāraṃ niṣedhati vamanādyairiti | § 18564

5.5.62 Aṣṭāṅgahrdayasaṃhitā

dadyānmadhuraḥṛdyāni tato+amlalavaṇau rasau | | 52 | |
svādutiktau tato bhūyaḥ kaṣāyakaṭukau
tataḥ | | 53 | |
anyonyapratyanīkānāṃ rasānāṃ
snigdharūkṣayoḥ | | 53 | |
vyatyāsādupayogena kramāttam prakṛtiṃ
nayet | | 54 | |
sarvaṃsahaḥ sthirabalo vijñeyaḥ prakṛtiṃ
gataḥ | | 54 | | § 18569

5

iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira-
citāyāmaṣṭāṅgahrdayasaṃhitāyāṃ pañcame kalpasiddhi-
sthāne bastivyāpatsiddhirnāma pañcamo+adhyāyaḥ | | 5 | |
§ 18570

5.5.63 Sarvāṅgasundarā

tasmin madhuraḥṛdyāni dadyāt | anantaramamlalavaṇau
rasau, tataḥ svādutiktarasau, tataḥ kaṣāyakaṭukarasau da-

dyāt | anyonyapratyanīkānām-parasparapratipakṣānām ra-
sānām, tathā snigdharūkṣayoranyonyapratyanīkayoḥ, vyatyāsāt-
viparyayāt, upayogena-yathāsvamupayogena, yathā-madhurarasamupayujya
punaramlādyanyatamaṃ tatpratipakṣam̐ yuñjyāt, amla-
5 mupayujya punarmadhurādyanyatamaṃ tatpratipakṣam̐
yuñjyāt, evaṃ snigdharūkṣayorupayogaṃ kuryāt | tathā
taṃ puruṣam̐ vamanādibhirviśuddham̐, prakṛtiṃ yathoci-
tām̐ svām̐ nayet | sarvaṃsahaḥ-aśeṣakṣamaḥ, tathā sthira-
balaḥ, prakṛtiṃ prāptaḥ pumān vedyah̐ | iti śrīmṛgāṅkada-
10 tputraśrīmadaruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭīkāyām̐
sarvāṅgasundarākhyāyām̐ pañcame kalpasiddhisthāne ba-
stivyaḥpatsiddhirnāma pañcamo+adhyāyaḥ samāptaḥ ||
5 || § 18571

5.5.64 Sarvāṅgasundarā

śuddhasyopacāramāha-dadyāditi | saṅgrahe tu (ka. a. 7)-
"atrāntare tyajedaṣṭau bhāṣyādīni viśeṣataḥ | uccairbhāṣy-
ācchirorogatimiroraḥsvaravyathāḥ | | raktaniṣṭhevatama-
kajvarādyāstatra sādhanam̐ | | abhyaṅgasvedanasyādho-
5 bhaktasnehopasevanam̐ | | maunaṃ vidhirvātaharo ya-
thāsvam̐ ca vikārajit | atyāsyāyanayānābhyām̐ sandhi-
mūrdhatrikādiruk | aticaṅkramaṇātpādajaṅghorusadanā-
dayaḥ | teṣām̐ vātaharam̐ sarvaṃ snehasvedādi śasy-
ate | ajīrṇabhojanādāmaṣṭacchardijvarādayaḥ | tatra mā-
10 trāṣītyokto vidheyo vidhirāmahā | | ahitānnādyathādo-
ṣam̐ rogāḥ syurbheṣajāni ca | halīmakādayaḥ proktā di-
vāsvapnāt purā gadāḥ | | vidadhyāt kaphajitteṣu dhū-
marūkṣānnalaṅghanam̐ | vyavāyājīvitabhraṃśastairasyā-
nilāmayaiḥ | | gudo+avalupyata iva bhramatīva ca cet-
15 anā | meḍhram̐ dhūmāyati manastamasīva praveśyate | |
jīvanīyaśṛtakṣīrasarpīṣorupayojanam̐ | āhāro bṛṃhaṇast-
atra vṛṣyāste te ca bastayaḥ | | vegarodhordhvavātātāt
prāguktā ye sadāturāḥ | teṣām̐ vibaddhe pavane sa-
rvadehopatāpini | | phalavartim̐ purā dadyādatha ba-
20 stim̐ calāpaham̐ | nikumbhakumbhāgnyurubūkadhāvan-
īpunarnavādāru mahacca pañcakam̐ | phalam̐ ca mu-
tre kvathitam̐ samastu gṛtam̐ satailam̐ lavaṇāni pa-

ñca || nirūhitam dhanvarasena bhojayennikumbhatail-
ena tato+anuvāsayet | balām sarāsnām phalabilvacitrakān
dvipañcamūlam kṛtamālakātphalam || yavān kulatthā-
mśca pacejjale rasaḥ samustapāṭhendrayavaiścha kalka- 5
vān | satailasarpirguḍasaindhavo hitaḥ sadā+a+aturāṇām
balapuṣṭivarnadaḥ || tathā+anuvāsyam madhukena sā-
dhitam bālena bilvena śatāvhayā+athavā | sajīvanīyastu
raso+anuvāsane nirūhaṇe cālavaṇaḥ śīśorhitaḥ || na cā-
nyadā+a+aśvaṅgabalābhivarddhanam nirūhabasteḥ śīśu-
vṛddhayorhitam || nirūhabasternaiva syādanyat sthavi- 10
rabālayoḥ | balāṅgavarddhanam śīghramādṛto yojayeda-
taḥ ||" iti | iti hemādriṭikāyāmāyurvedarasāyane | basti-
vyāpatprakaraṇam sāmatsyena nirūpitam || 5 || § 18572

5.6 dravyakalpādhyāyaḥ : 6

5.6.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto dravyakalpaṃ vyākhyāsyāmaḥ || 2 ||
iti ha smāhurātreyādayo maharṣayaḥ || 2 || § 18574

5.6.2 Sarvāṅgasundarā

bheṣajasya kalpo-yojanā, bheṣajakalpaḥ | śeṣam pūrvavat |
§ 18575

5.6.3 Āyurvedarasāyana

bheṣajakalpaṃ vyākhyātum pratijānīte-atheti | § 18576

5.6.4 Aṣṭāṅgahr̥dayasaṃhitā

dhanve sādharmaṇe deśe same sanmṛttike śucau || 1 ||
śmaśānacaityāyatanaśvabhravalmīkavarjite || 1 ||
mṛdau pradakṣiṇajale kuśaroḥiṣasaṃstr̥te || 2 ||

aphālakṛṣṭe+anākrānte
pādapairbalavattaraiḥ | | 2 | |
śasyate bheṣajam jātam, yuktaṃ
varṇarasādibhiḥ | | 3 | |
jantvajagdham davādagdhamavidagdham ca
vaikṛtaiḥ | | 3 | |
bhūtaiśchāyāyātapāmbvādyairyathākālam ca
sevitam | | 4 | |
5 avagāḍhamahāmūlamudīcīṃ
diśamāśritam | | 4 | | § 18584

5.6.5 Sarvāṅgasundarā

dhanvadeśe, tathā sādharmaṇe deśe, tathā same-animnonnate,
tathā sanmṛttike, tathā śmaśānādivarjite, caityam-dinacaryādhyāye
(hr. sū. a. 2/33) uktam | tathā mṛdau-susparśe, tathā
pradakṣiṇam-anukūlam jalam yasmin, tathā kuśarohiṣasa-
5 mṣṭṛte, tathā+aphālakuṣṭe-khile, tathā vṛkṣairmahattarair-
anākrānte deśe, yadbheṣajam jātam yuktaṃ yathāsvam va-
rṇarasādibhiḥ, tadbheṣajam śasyate | tathā jantubhiḥ- kīṭ-
aiḥ, ajagdham-abhakṣitam, davena-dāvāgninā, adagdham-
apruṣṭam, tathā+avidagdham vaikṛtairbhūtaiḥ-svabhāvam
10 parityajya dharmabādhādvikṛtairākāśā(prthivyā)dibhiryadanāsevitam
tadavidagdham | vikṛtameva vaikṛtam, prajñāditvādan |
tathā chāyādibhiryathākālam kālamanatikramya sevitam,
yadā tasyabhejaśasya vṛddhau chāyādīnāmanyatamaṃ
vastujātamupayujyate tadā tena sevitamityarthaḥ | tathā+avagāḍham-
15 dūram gataṃ, mahat-prthu, mūlam yasya tadavagāḍham-
ahāmūlam | tathodicīṃ-uttarām, diśamāśritam-tāmāśritya
sthitam | § 18585

5.6.6 Āyurvedarasāyana

sa ca deśaguṇakālakalpanāmānaiḥ pañcadhā | tatra deśamāha-
dhanva iti | dhanve-jāṅgale | sanmṛttike-snigdhakṛṣṇasuvārṇavarṇamadhuraras-
āyatanam-vadhasṭhānam devayajanāgāram ca | guṇamāha-
yuktamiti | avagāḍham-gambhīram | saṅgrahe tu (ka. a. 8)-
5 "viśeṣatastvaśmavati sthirā gurvī śyāmā kṛṣṇā va sthūlat-

ṛṇavr̥kṣasasyaprāyā pṛthvī svaguṇabhūyiṣṭhā | nānāvarṇā
 laghupuṣpavatī praviralapāṇḍuvṛkṣapraroḥā+agniguṇabhūyiṣṭhā |
 rūkṣā rāsabhabhasmavarṇā rukṣatanukoṭaravr̥kṣaprāyā+alparasapraroḥā
 mṛdvīsamā śvabhṛavyavyaktarasajalā mahāparvatavr̥-
 kṣā śyāmā+a+akāśaguṇabhūtiṣṭhā | tatrāmbupṛthvīguṇa- 5
 bhuyiṣṭhāsu bhūmiṣu jātāni virecanāni bṛmhaṇāni ca śasy-
 ante | analānilākāśaguṇabhūyiṣṭhāsu vamanāni | sarvagu-
 ṇayuktāsūbhayato bhāgāni | ākāśaguṇabhūyiṣṭhāsu śam-
 anāni | evaṃ balavattamāni bhavanti | teṣāṃ śākhāpalāśa-
 macirapararūḍhaṃ varṣāvasantayorgrāhyam | grīṣme mū- 10
 lāni śīśire vā śīrṇapararūḍhaparṇānām | śaradi tvakkand-
 akṣīrāṇi | hemante sārāṇi | yathartu puṣpaphalam | anye
 punarāhuḥ, saumyānyaauśadhāni saumyeṣvṛtusṣu, āgn-
 eyānyāgneyeṣu, evamavyāpannānyāpūrṇatararasavīryāṇi
 bhavanti | " iti | etacca " yathākālaṃ ca sevitam" ityatra ta- 15
 ntrakāreṇa saṅgrhītam | § 18586

5.6.7 Aṣṭāṅghṛdayasaṃhitā

mahendrarāmakṛṣṇānām brāhmaṇānām
 gavāmapi | | 1 | | tapasā tejasā vā+api praśāmyadhvaṃ
 śivāya vai | | 1 | | mantreṇānena matimān
 sarvamapyauśadhaṃ nayet | | 5 | |
 atha kalyāṇacaritaḥ śrāddhaḥ śucirupoṣitaḥ | | 5 | |
 gr̥hṇīyādauşadhaṃ susthaṃ sthitaṃ kāle ca
 kalpayet | | 5 | |
 sakṣīraṃ
 tadasampattāvanatīkrāntavatsaram | | 6 | |
 ṛte guḍaghṛtakṣaudradhānyakṛṣṇāviḍaṅga-
 taḥ | | 6 | |
 payo bāṣkayaṇaṃ grāhyam viṇmūtraṃ tacca 5
 nīrujām | | 7 | |
 vayobalavatām
 dhātupicchaśṛṅgakhurādīkam | | 7 | | § 18591

5.6.8 Sarvāṅgasundarā

athetyānantaryamaṅgalasūcakam | bheṣajamevaṃvidhaṃ
 viditvā+anantaram kalyāṇaṃ-svastyayanādi, caritaṃ-anuṣṭhitaṃ,

yenāsau kalyāṇacaritaḥ, tathā śrāddhaḥ-bheṣajaharaṇam
prati śraddhāvān, tathā śuciḥ-snānādinā śuddhaḥ tathopoṣitaḥ-
kṛtopavāsaḥ, evaṃvidhamauśadhamevaṃvidhaḥ pumān
gr̥hṇīyāt | tacca bheṣajam [sustham-] svastham kṛtvā, sthi-
5 tam kāle sakṣīram-ārdrām, kalpayet | tadasampattau tu ta-
thāvidhasya sakṣīrasyauśadhasyāsampattau, anatikrānta-
vatsaram bheṣajam kalpayet | kiṃ sarvaṃ dravyamana-
tikrāntavatsaram kalpayet? ṛta ityādi | guḍādīn varjay-
itvā paramauśadhamanatikrāntavatsaram kalpayet | gu-
10 ḍādīmstu atikrāntavatsarān kalpayet | kṣīram baṣkaya-
ṇyāḥ sambandhi grāhyam | viṭ mūtram ca, taccakṣīram ca,
nīrujam-apagatadoṣam, grāhyam | vayobalavatām dhātu-
picchādikaṃ grāhyam | ādigrahaṇāt cikitsitopayogi keśa-
nakhacarmādikaṃ gr̥hyate | vayahśabdopādānāt viśiṣṭam
15 taruṇam vayo gr̥hyate, na hyavayāḥ kaścidasti | § 18592

5.6.9 Āyurvedarasāyana

grahaṇasthāpanāvacāraṇāvadhimāha-atheti | śrāddhaḥ-śraddhāvān |
sakṣīram-ārdrām, tadabhāve śuṣkam | tacca varṣāvadhi,
ghṛtādīni vinā | dhānyam-śālyādi | kṛṣṇā-pippilī | bāṣkayaṇam,-
baṣkayaṇī-prauḍhavatsā, tasyā viṇmutram kṣīram ca |
5 tannīrujām-arogāṇām, taruṇānām balinām ca grāhyam |
dhātvdikaṃ tadvat | saṅgrāhe tu (ka. a. 8)- "atha maṅg-
alācārah kalyāṇavṛttiḥ śuciḥ śuklvāsāḥ sampūjya devat-
āmaśvinau gobrāhyṇāmśca kṛtopavāsa udañnukhaḥ pr-
āñnukho vāgr̥hīyāt | gr̥hītvā cānurūpaguṇavadbhājana-
10 samsthānyāgāreṣu pūrvottaradvāreṣu nivātapravātaikad-
eṣeṣu nityapuṣpopahārabalikarmasu, agnisalilopasveda-
dhūmarajomūṣikacatuṣpadāmanabhigamanīyāni svavacch-
annāni śikyeṣvāsajya sthāpayet | " iti | § 18593

5.6.10 Aṣṭāṅgahr̥dayasam̐hitā

kaṣāyayonayaḥ pañca rasā lavaṇavarjitāḥ | | 8 | |
rasaḥ kalkaḥ śṛtaḥ śītaḥ phāṇṭaśceti
prakalpanā | | 8 | |

pañcadhaiva kaṣāyāṇām pūrvam purvam
balādhikā | | 9 | | § 18596

5.6.11 Sarvāṅgasundarā

kaṣāyasya yonayaḥ-ākarāḥ, lavaṇavarjitā madhurādayaḥ
pañca rasāḥ | tebhya eva kaṣāyāḥ-svarasādayaḥ, pañca sam-
bhavanti | lavaṇasya tu svarasakalpanāyogo na sambha-
vati, sadaiva śuṣkarūpatvāt | kalkakalpanā+api na sambha-
vati, yato yad dravyam draveṇa siktaṁ pīṇḍībhavati na 5
tu vilīyate tat kalkasaṁjñāmāsādayati | tathā yad dravyam
kvāthayitvā jalāduddhriyate dravyāvayavāstūdakamanu-
praviśanti, tatraiva śṛtakalpanā | lavaṇasya tu vilīnarūp-
atvādevam na sambhavati iti śṛtakalpanāyā apyasambh-
avaḥ | evam śītapḥāṇṭayorapyanaiva nyāyenāsambh- 10
ava ityuktaṁ lavaṇavarjyā rasāḥ kaṣāyayonaya iti | mun-
inā+apyuktaṁ (ca. sū. a. 4/6)-["kalpanāvaśataḥ pañcānām
rasānām kaṣāyasaṁjñāvyavahāra iti | lavaṇasya kalpan-
āyogābhāvāt] madhurakaṣāyo+amlakaṣāyastiktakaṣāyaḥ
kaṣāyaḥ kaṣāyakaṣāyaśceti | " iti | rasānām svarasādi 15
kalpanāyogo na sambhavati | uktaṁ caitat | tasmāt guṇ-
aguṇinorabhedopacārādiha rasagrahaṇena tadāśrayāṇām
dravyāṇām grahaṇam mantavyam | rasaḥ kalkaḥ śṛtaḥ śī-
taḥ phāṇṭaśceti prakalpanā pañcadhaiva kaṣāyāṇām svar-
asādīnām | sā ca kalpanā pūrvam pūrvam-yathāpūrvam, 20
balādhikā-adhikaśaktiḥ | evam phāṇṭākhyā kalpanā sab-
alā | tato+apyadhikaśaktiḥ śītākhyā | tato+apyadhikavīryā
śṛtākhyā | tato+apyadhikaśaktiḥ kalkākhyā | kalkākhyā-
yām cūrṇākhyāyāśca kalpanāyā antarbhāvādapṛthaggrah-
aṇam | kalkākhyāyāśca kalpanāyāḥ svarasākhyā kalpanā 25
adhikaśaktiḥ | nanu, cūrṇādanantaram kalkaḥ kriyate na
tu kalkādanantaram cūrṇam | tasmāt pañcānām kalpanā-
nām madhye cūrṇakalpanaiva nirdeṣṭum yuktā, na tu ka-
lkakalpanā | yuktamāha bhavān | kintu lavaṇasya kaṣāya-
saṁjñāyām samāveśo mābhūditi kalpanānām madhye ka- 30
lka iti nirdeśaḥ kṛto na cūrṇa iti | tasmāllavaṇe na sambh-
avati kaṣāyasaṁjñāsamāveśaḥ | § 18597

5.6.12 Āyurvedarasāyana

kalpanāmāha-kaṣāyayonaya iti | dravyādudhṛtasārabhā-
gaḥ kaṣāyaḥ | lavaṇasya tadabhāvatvādayonitvam | te ras-
ādayo yathāpurvaṃ balavattarāḥ | [tantrāntare-"rasaḥ vk-
ātho himaḥ phāṇṭaḥ kalkaścūrṇaṃ vivartikā | lehaḥ sn-
5 eho+atha sandhānaṃ daśaitā dravyakalpanāḥ | | sadyaḥ
samuddhṛtāt kṣuṇṇāt paṭaniṣpīditāt stravet | dravyāttu sa
ca niryāso rasaḥ svarasa ucyate | | dviraṣṭapalike toye kṣ-
uṇṇadravyapalaṃ smṛtam | turyaśeṣaṃ sa niryūhaḥ sm-
ṛtaḥ vkāthaḥ kaṣāyakaḥ | | śṛtaḥ kaṣāyo niryūhaḥ kvātho
10 yūṣaḥ kṛtaśca saḥ | kṛtayūṣaḥ pramathyā ca dravyātkālī-
kṛtā smṛtā | | dvipala mānametasya kecidāhuścatuḥ | pa-
lam | " iti |] § 18598

5.6.13 Āyurvedarasāyana

rasalakṣaṇamāha-sadya iti | yasmin dine samuddhṛtaṃ ta-
sminneva dine prakṣālya kṣuṇṇaṃ paṭapīditam ca yadr-
avyaṃ tasya rasaḥ | § 18599

5.6.14 Aṣṭāṅgahr̥dayasam̐hitā

sadyaḥsamuddhṛtāt kṣuṇṇādyāḥ sravetpaṭapīditāt | | 9 | |
svarasaḥ sa
samuddiṣṭaḥ----- | | 10 | | § 18601

5.6.15 Sarvāṅgasundarā

sadyaḥ-tatkṣaṇaṃ, samabhūmeḥ samyaguddhṛtaṃ-utkhātaṃ,
anantaraṃ kṣuṇṇaṃ-piṣṭaṃ, sadyaḥsamuddhṛtakṣuṇṇaṃ,
tasmādvastrapīditādyāḥ sravet sa svarasaḥ kalpanākaṣā-
yaḥ samuddiṣṭaḥ-saṃjñāyām saṅketitaḥ | § 18602

5.6.16 Aṣṭāṅgahr̥dayasam̐hitā

-----kalkaḥ piṣṭo dravāplutaḥ | | 10 | |

cūrṇo+aplutaḥ-----
| | 10 | | § 18604

5.6.17 Sarvāṅgasundarā

draveṇā+a+aplutaḥ piṣṭaḥ san kalka iti kalpanākaṣāyāḥ sa-
ṅketitaḥ | yat dravyaṃ draveṇa aplutaḥ-śuṣkameva pi-
ṣṭaḥ, sa kalpanākaṣāyāścūrṇa iti gaditaḥ | tena kalkasyai-
vāyaṃ bheda iti, nāsau kalpaneti śaṅkanīyam | § 18605

5.6.18 Āyurvedarasāyana

kalkalakṣaṇamāha-kalka iti | śuṣkaṃ dravyaṃ draveṇāpl-
utya piṣṭaḥ kalkaḥ, anāplutya-cūrṇaḥ | saṅgrahe tu (ka. a.
8)- " upaladaśanāpiṣṭastu kalkaḥ | sūkṣmatāntavacyutaśc-
ūrṇaḥ | tasya samastadravyāparityāgādāplutoyogācca ka-
lkādabhedāḥ | iti | daśanapeṣaṇe lālaiva dravaḥ | kalkasya 5
peṣaṇe pāne cāplutatvam | cūrṇasya pāna eva | samasygr-
ahaṇe+apyaśakyapeṣaṇasya tyāgāna kaṣāyalakṣaṇābhā-
vaḥ | § 18606

5.6.19 Aṣṭāṅgahrdayasaṃhitā

-----śṛtaḥ kvāthaḥ----- | | 10 | | § 18607

5.6.20 Sarvāṅgasundarā

yat dravyaṃ draveṇā+a+aplutya śṛtaḥ sa kalpanākaṣāyāḥ
kvātha iti kathyate | § 18608

5.6.21 Āyurvedarasāyana

śṛtalakṣaṇamāha-śṛta iti kvāthanoddhṛtaḥ śuṣkadravyyarasaḥ-
śṛtaḥ | saṅgrahe tu (ka. a. 8)- " sa tu bhedyānyau ṣadhā-
nyaṇuśo bhedayitvā chedyāni ca chedayitvā prakṣālyod-
akena śucau rūkṣāyāmadhaḥ pralitpāyāṃ tāmṛāyomṛnm-
ayānyatamasthālyāṃ samāvāpya bavhalpapānīyagrāhitā- 5

mauṣadhānāmākalayya yāvatā muktarasatā syāttāvadu-
dakamāsecayecchoṣayecca | athāgnāvadhiśritya mahatyā-
sane sukhopaviṣṭaḥ sarvataḥ satatamavalokayan darvyā
ca vighaṭṭayan mṛdunā paritaḥ samupagacchatā+analena
5 sādhayet | avatārya ca supariśrutam yathārhasparśam
prayuñjīta | kṣīrādisahitam ca dravyam na samyañnu-
ktarasam bhavātīti vārikvāthapūrvakam kṣīrādyaistad-
upadeśe+anupadagdham kvāthayet | " iti | tadupadeśe-
kṣīrādivkāthopadeśe, vārikvātham kṛtvā tam kvātham kṣ-
10 īrādyaiḥ saha samam kṣīrādiśeṣam kvāthaye | evam hyan-
upadagdham dravyam bhavati | kevalakṣīrādipāke tūpa-
dagdham syāt | § 18609

5.6.22 Aṣṭāṅgahr̥dayasaṃhitā

-----śīto rātriṃ drave sthitaḥ | | 10 | | § 18610

5.6.23 Sarvāṅgasundarā

yat dravyam drave sakalām rātriṃ sthitam sa kalpanākaṣ-
āyaḥ śīta ityucyate | § 18611

5.6.24 Āyurvedarasāyana

śītalakṣaṇamāha-śīta iti | kvathanam vinā kvāthavatsakalarātristhāpitoddhṛtaḥ-
śītaḥ | § 18612

5.6.25 Aṣṭāṅgahr̥dayasaṃhitā

sadyo+abhiṣutapūtastu
phāṇṭaḥ----- | | 11 | | § 18613

5.6.26 Sarvāṅgasundarā

yat dravyam drave+abhiṣutya sadyaḥ pūtam kriyate sa ka-
lpanākaṣāyaḥ phāṇṭa iti saṅketitaḥ | § 18614

5.6.27 Āyurvedarasāyana

phāṅṭalakṣaṇamāha-sadya iti | sadyaḥ-āloḍanasamanantaramēva
pūtaḥ-phāṅṭaḥ | abhiṣutaḥ-āloḍitaḥ | āloḍanaṃ coṣṇoda-
kena | uktaṃ hi saṅgrahe (ka. a. 8)- "uṣṇāmbhasi kṣuṅṇā-
bhiṣutapūtaṃ phāṅṭaḥ |" iti | § 18615

5.6.28 Aṣṭāṅgahrdayasaṃhitā

-----tanmānakalpane | | 11 | |
yuñjyādvvyādhyādibalatastathā ca vacanaṃ
muneḥ | | 11 | |
mātrāyā na vyavasthā+asti vyādhiṃ koṣṭhaṃ
balaṃ vayaḥ | | 12 | |
ālocya deśakālau ca yojyā tadvacca
kalpanā | | 12 | | § 18619

5.6.29 Sarvāṅgasundarā

mānaṃ ca kalpanā ca mānakalpane, teṣāṃ-svarasādīnāṃ,
mānakalpane [tanmānakalpane] | te vyādhyādibalena yu-
ñjayāt | ādiśabdena koṣṭhabalādīnāṃ grahaṇam | tatra sa-
myagrasavīryādīn doṣadhātvādyālocya prathamamanant-
aram vyādhyādibalāṃ ca, tataḥ svarasādīnāṃ mānakalp- 5
ane yuñjayāt, na niyamaṃ kṛtvetyata āha-tathā ca vacanaṃ
muneḥ | mātrāyā na vyavasthā+asti vyādhiṃ koṣṭhaṃ ba-
laṃ vayaḥ | ālocya deśakālau ca yojyā tadvacca kalpaneti |
§ 18620

5.6.30 Āyurvedarasāyana

uktānāṃ kalpanānāṃ vakṣyamānānāṃ ca mānānāṃ viṣabhedānāha-
tanmāneti | vyādhibalānusāreṇa yā kalpanāyayā mātrāyā
yasyocitā tāṃ tayā tasya yuñjayāt | § 18621

5.6.31 Aṣṭāṅgahr̥dayasaṃhitā

madhyaṃ tu mānaṃ nirdiṣṭaṃ svarasasya
catuṣpalam | | 13 | | § 18622

5.6.32 Sarvāṅgasundarā

madhyamaṃ mānaṃ-mātrā, svarasasya catuṣpalam | § 18623

5.6.33 Āyurvedarasāyana

mandabuddhyarthaṃ madhyamaṃ mānamupadiśyate |
tatra rasasyāha-madhyamiti | § 18624

5.6.34 Aṣṭāṅgahr̥dayasaṃhitā

peṣyasya karṣamāloḍyaṃ tad dravasya
palatraye | | 13 | | § 18625

5.6.35 Sarvāṅgasundarā

peṣyasya-ubhayarūpasya kalkasya cūrṇasya vā, karṣaṃ
madhyamaṃ mānaṃ | tacca-peṣyasya karṣaṃ, dravasya
palatraye prakṣipyāloḍyaṃ | § 18626

5.6.36 Āyurvedarasāyana

peṣyasyāha-peṣyasyeti | kalkacūrṇayoḥ karṣaṃ tadā+a+aloḍanadravasya
palatrayam | § 18627

5.6.37 Aṣṭāṅgahr̥dayasaṃhitā

kvāthaṃ dravyapale kuryātprasthārdhaṃ
pādaśeṣitam | | 14 | | § 18628

5.6.38 Sarvāṅgasundarā

kvātham dravyapale, dravyasya prakṛtatvāt tasya prasthārdham dattvā, tacca śraṇaṇena pādaśeṣam kuryāt | § 18629

5.6.39 Āyurvedarasāyana

śṛtasyāha-kvāthamiti | śṛte kvāthyadravyasya palam dravyasya ṣoḍaśapālāni, catvāryavaśeṣyāṇi | § 18630

5.6.40 Aṣṭāṅgahrdayasaṃhitā

śītam pale palaiḥ
ṣaḍbhiḥ----- | | 14 | | § 18631

5.6.41 Sarvāṅgasundarā

śītam kaṣāyam pale dravyasya, ṣaḍbhiḥ palairdravyasya, kuryāt | § 18632

5.6.42 Āyurvedarasāyana

śītasyāha-śītamiti | śīte dravyasya palam dravyasya ṣaṭ palāni | § 18633

5.6.43 Aṣṭāṅgahrdayasaṃhitā

-----caturbhistu
tato+aparam | | 14 | | § 18634

5.6.44 Sarvāṅgasundarā

tataḥ-śītakaṣāyāt, aparam-phāṅṭākhyam prakṛtatvāt dravyasya pale caturbhirdravyasya palaiḥ kuryāt | pañcavidhāyām kaṣāyakalpanāyām madhyamaṃ mānam | asmācca mānāt deśakālādīn samīkṣyonādhikabhāvo mātrāyāḥ svabuddhyā kalpyaḥ | § 18635

5.6.45 Sarvāṅgasundarā

phāṅṭasyāha-caturbhiriti | phāṅṭe dravyasya palam dravyasya
catvāri palāni | anayoranavaśeṣyatvam kvathanābhāvāt,
yāvātpūtam tāvatpeyam | atra tantrāntarokto viśeṣaḥ-
"karṣāścūrṇasya kalkasya guṭikānām ca sarvaśaḥ | dra-
vaśuktyā+avaledhavyaḥ pātavyaśca caturdravaḥ | kvāth-
ena cūrṇapānam yattatra kvāthapradhānatā pravartate
na tenātra cūrṇāpekṣī caturdravaḥ | | tena dvipale kvā-
the cūrṇakarṣaḥ | mātrā kṣaudraghṛtādīnām kalkakvāth-
eṣu cūrṇavat | ādiśabdāt guḍataiśarkarādīni | ṣoḍaśāṣṭ-
acaturbhāgam vātapittakaphārtiṣu | kṣaudram kaṣāye dā-
tavyaṃ viparītā tu śarkarā | ityeke | | uttamā syāt palam
mātrā tribhiścākṣaiśca madhyamā | jaghanyā sā palārddh-
ena snehakvāthyauśadheṣu ca | dīptānalamahākāyaṃ pā-
yayantyañjaliṃ jalam | anye tvarddham parityajya pras-
ṛtiṃ tu cikitsakāḥ | kvāthatyāgamanicchantastvaṣṭabhāg-
āvaśeṣitam | pāraṃparyopadeśena vṛddhavaidyāḥ pala-
dvayam | | syāddhitaḥ sādhitō yūṣastvaṣṭādaśaguṇe jale |
caturdaśaguṇe peyā yavāgūḥ ṣaṅguṇe jale | | śṛtam pa-
ñcaguṇe bhaktam vilepī ca caturguṇe | kvāthyadravyāñj-
aliṃ kṣuṇṇam śrapayitvā jalādḥake | arddhasthitena te-
nātra yavāgvādyupayojayet | vṛddhavaidyāḥ palam dr-
avyam grāhayantyādḥake+ambhasi | | bheṣajasyātibāhu-
lyāt kadācidarucirbhavet | yadapsu śataśītāsu ṣaḍaṅgādi
prayujyate | karṣamātram tatodravyam sādhayetprāsth-
ike+ambhasi | ardhasthitam prayoktavyam pānepeyādis-
aṃvidhau | karṣārdham vā kaṇāśuṅṭhyoḥ kalkadravyasya
vā palam | vinīya pācayedyuktyā vāriprasthena cāparān |
atra dvātriṃśatpalajale kvāthyasya karṣārdham karṣaḥ
palam vā tīkṣṇasaumyātisaumyatve sati, kaṇāśuṅṭhyoriti
ṣaḍaṅgādīti kalkatisaumyatve sati, kaṇāśuṅṭhyoriti ṣaḍa-
ṅgādīti kalkadravyasyeti padaistīkṣṇādīnām grahaṇāt ya-
sya kalko+apyatisaumyatvāt pātum śakyate kiṃ punaḥ kv-
āthastatkalkadravyasya | aparān-sārdhakarṣadvikarṣādīn,
yuktyā-tīkṣṇādyavāntaraviśeṣaparyālocanayā, pācayet | āḍh-
ake+añjaliḥ palam vetyetata prasthe palam kārṣo vetya-
nena gatārthamapyaruciryathā na syāt tathā kalpyamity-
evamarthamuktam | dravyādaṣṭaguṇam kṣīram kṣīrātto-

yaṃ caturguṇam | kṣīrāvaśeṣaḥ kartavyaḥ kṣīrapāke tva-
yaṃ vidhiḥ | | na syānmuktarasaṃ samyag dravyaṃ kṣ-
īrādibhiḥ saha | tannirdeśe vāripūrvam pādavatsādhaye-
dbhiṣak | | pūrvam ṣoḍaśabhāgaṃ vāri caturbhāgāvaśe- 5
ṣaṃ sādhayet, paścāttena vāriṇā tulyāni kṣīrādīnyāvāriḥ
ayātpacet | śuṣkaṃ dravyamupādāya svarasānāmasambh-
ave | vāri ṇyaṣṭaguṇe sādhyam grāhyam pādāvaśeṣitam | |
āḍhakaṃ dravyacūrṇānāmāsutaṃ salilāḍhake | ahorātra-
sthitaṃ kuryātsvarasaṃ svarase+asati | | mṛdau caturgu-
ṇam vāri kaṭhine+aṣṭaguṇam smṛtam | kaṭhinātkāṭhinaṃ 10
yattu tatra ṣoḍaśikaṃ jalam | | mṛdvādikvāthyasaṅghāte
mānānuktau cikitsakāḥ | madhyasyobhayagāmitvādicch-
antyaṣṭaguṇam jalam | | pādaśeṣaḥ snehavidhau kvātha-
stoye caturguṇe | " iti | § 18636

5.6.46 Āyurvedarasāyana

snehapāke mānamāha-snehapāka iti | kalkāccaturguṇaḥ
snehaḥ, snehāccaturguṇam dravam | § 18637

5.6.47 Aṣṭāṅgahrdayasaṃhitā

snehapāke tvamānoktau caturguṇavivardhitam | | 15 | |
kalkasnehadravam
yojyam----- | | 15 | | § 18639

5.6.48 Sarvāṅgasundarā

snehapāke vidhātavye kalkasnehadravāṇāmamānoktau-
māna vacanasya viśiṣṭasyānirdeśe, caturguṇavivardhitam
kalkasnehadravam yojyam | kalkaśca snehaśca dravaśca
teṣāṃ samāhāraḥ kalkasnehadravam | tadevam kalkāt sn-
ehaścaturguṇaḥ snehāt dravaścaturguṇa iti bodhyam | pa- 5
ñcaprabhṛti tu dravam pṛthak snehasamaṃ dadyādityatra
yojyamiti | § 18640

5.6.49 Aṣṭāṅgahr̥dayasaṃhitā

-----adhīte śaunakaḥ punaḥ | | 15 | |
snehesidhdyati śuddhāmbuniḥkvāthasvarasaiḥ
kramāt | | 16 | |
kalkasya yojayedamaṣaṃ caturthaṃ
ṣaṣṭhamaṣṭamam | | 16 | | § 18643

5.6.50 Sarvāṅgasundarā

śaunakākhyastu tantrakṛdadhīte-evam paṭhati | sneha ity-
ādi | snehaḥ kadācicchuddhāmbunā pacyate kadācinni-
ḥkvāthena kadācitsvarasenetī | taiḥ śuddhāmbuniḥkvāth-
asvarasaiḥ snehe siddhyati sati krameṇa kalkasyāmaṣaṃ
5 caturthaṃ ṣaṣṭhamaṣṭamam yojayediti | § 18644

5.6.51 Āyurvedarasāyana

śaunakamatamāha-adhīta iti | niṣvkāthe drave kalkāṭṣaṅg-
uṇaḥ snehaḥ, svarase+aṣṭaguṇaḥ snehaḥ, anyatra caturg-
uṇaḥ | kṣīrādiṣu śuddhāmbuprakṣepasyāvākāśatvāt rasa-
vkāthayoḥ parasparamanyairvā saṅkare sāmānyaparibhā-
5 ṣāviṣayatvāt | saṅkīrṇaṃ hi dravāntaram | "śaṅsya kovid-
ārasya vṛṣasya kakubhasya ca | kalkāḍhyātvātpraśamsanti
puṣpakalkaṃ caturthakam | | " iti | § 18645

5.6.52 Aṣṭāṅgahr̥dayasaṃhitā

pr̥thak snehasamaṃ dadyātpañcaprabhṛti tu
dravam | | 17 | | § 18646

5.6.53 Aṣṭāṅgahr̥dayasaṃhitā

s0- snehapākalakṣaṇamadhunā lakṣayannāha- § 18647

5.6.54 Āyurvedarasāyana

viśeṣāntaramāha-pr̥thak snehasamamiti | yatra caturbhyo+adhikāni
dravāṇi tatra tu parasparasāmyena militāni snehāccaturg-
uṇāni | saṅgrahe+apyuktam (ka. a. 8)- "samuditadravasya
pādena seho vojyaḥ |" iti | sarvadravāṇaṃ yugāpatprakṣ- 5
epaḥ, athaikadhyam̐ prati saṃsrijyādhiśritya ca niryūhav-
atsādhayet |" iti (ka. a. 8) saṅgrahavacanāt | anirūpitakalp-
anam̐ ca bhaiṣajyam̐ kalkīkuryāt | kalkānuktau nirūpitak-
alpanamiti, " yataḥ vkāthastataḥ kaṣkaḥ kevalakāthabhāṣ-
ite |" iti vacanāt | § 18648

5.6.55 Aṣṭāṅgahr̥dayasaṃhitā

nāṅguligrāhitā kalke na snehe+agnau saśabdatā | | 17 | |
varṇādisampacca yadā tadainam̐
śīghramāharet | | 18 | |
ghṛtasya phenopaśamastailasya tu
tadudbhavaḥ | | 18 | | § 18651

5.6.56 Sarvāṅgasundarā

kalkaviṣaye+aṅguligrāhitvam̐ yadā na bhavati, agnau pra-
kṣipte vā snehe saśabdatā-caṭacaṭāyitvam̐ na bhavati, tathā
varṇagandharasasparśānām̐ yadā sampat-śubhatvam̐ syāt,
tadā-tasmin kāle, aśyāmalacchāyāmantaṃ sneham̐ śīghra-
māharet | agritaḥ snehasya kaṭāhasthitasya sa kālo+avatarāṇa
ityarthaḥ | anyadapi snehapākalakṣaṇamasti-ghṛtasyeti |
ghṛtākhyasya snehasya samyakpākam̐ prāptasya pheno-
paśamo yadā jāyate, tailākhyasya ca snehasya pacyamā-
nasya tadudbhavaḥ-phenotpattiḥ syāt, tadā ghṛtatailayoḥ
pāko bhavati | § 18652

10

5.6.57 Āyurvedarasāyana

pavkasnehahalakṣaṇamāha-nāṅguligrāhiteti | uktam̐ ca
vṛndena (jvarādhikāre ślo 265)- "snehakalko yadā+aṅgulyā
vartito vartivadbhavet | vahnau kṣipte ca no śabdastadā si-

ddhaṃ vinirdiśet | | śabdasyoparame prātpe phenasyopa-
rame tathā | gandhavarṇarasānāṃ ca sampattau siddhmā-
diśet |" iti | ghr̥tatailayoḥphenopaśamodbhavau viśeṣau |
§ 18653

5.6.58 Aṣṭāṅgahr̥dayasaṃhitā

lehasya tantumattā+apsu majjanaṃ saraṇaṃ na
ca | | 19 | | § 18654

5.6.59 Sarvāṅgasundarā

lehasya pākaṃ prāptasya tantumattā-tantuprādurbhāvaḥ
pākaḥ | tathā+apsu majjanaṃ pākalakṣaṇaṃ saraṇāsara-
ṇarūpatayā dvidhā sambhavatyata idamāha-saraṇaṃ na
ca | sarvalehasyāpsu majjanaṃ bhavati na tu saraṇaṃ-
5 avayavaśo gamanam, tathā+api tasya pākaḥ sampanna iti
vedyam | § 18655

5.6.60 Āyurvedarasāyana

pavkelehalakṣaṇamāha-lehasyeti | tantumatvamudakam-
ajjanamavisaraṇaṃ ca | snehalehaukvāthabhedau | tayo-
rmānaṃ "uttamāsyātpalaṃ mātrā" ityādinoktam, kvāthy-
auśadhaśabdena lehasyāpi grahaṇāt | § 18656

5.6.61 Aṣṭāṅgahr̥dayasaṃhitā

pākastu trividho mandaścikkaṇaḥ kharacikkaṇaḥ | | 19 | |
mandaḥ kalkasame kiṭṭe cikkaṇo
madanopame | | 20 | |
kiñcitsīdati kṛṣṇe ca vartya(rti)māne ca
paścimaḥ | | 20 | |
dagdho+ata ūrdhvaṃ niṣkāryaḥ
syādāmastvagnisādakṛt | | 21 | | § 18660

5.6.62 Sarvāṅgasundarā

pākastrīprakāro mandaścikkaṇaḥ kharacikkaṇākhyah [ca] | snehapākavidhau kiṭṭākhye vastujāte kalkasame yathā kalko+aṅgulinā+avaṣṭabhnāti, tathā kiṭṭe+api snehapāk-asyāṅguligrāhitā na bhavati, sa snehapāko manda ucyate | madanopame kiṭṭe satyevamaṅguligrāhiṇi snehap- 5 ākasya sa cikkaṇaḥ pākaḥ | kiñcit-īṣat, kiṭṭe sīdati sati tathā varṇataḥ kṛṣṇe ca tasmin, tathā vartya(rti)mānevartimā(tāṃ)gacchati sati, paścimaḥ-kharacikkaṇākhyah pākaḥ | ataḥ asmāt kharacikkaṇāt, ūrdhvaṃ-anantaraṃ, dagdho bhavati snehaḥ | sa ca niṣkāryah syāt-yathānirūpitakāryakaraṇo na bhavet, nirvīryatvāt | āmaḥ-īṣatpākaḥ snehaḥ, punaragnisādakṛt | § 18661

5.6.63 Āyurvedarasāyana

snehapākabhedānāha-pākastviti | tatra kalkasame kiṭṭe mandaḥ | pākena snehātprthagbhūtaḥ kalkaḥ-kiṭṭaḥ | vaivarṇyādyabhāvāt kalkasamatvam | madanopame cikkaṇaḥ | madanaṃ madhūcchiṣṭam | paścimaḥ-kharacikkaṇaḥ | sīdati-mlāyati | ata ūrdhva-paśrīmādūrdhvam dagdhaḥ, sa 5 ca niṣphalaḥ | mandādarvāk-āmaḥ, sa cāgnimāndyakṛt | § 18662

5.6.64 Aṣṭāṅgahrdayasaṃhitā

mṛdurnasye, kharo+abhyaṅge, pāne bastau ca cikkaṇaḥ | | 21 | | § 18663

5.6.65 Sarvāṅgasundarā

mṛduḥ-mandapākaḥ sneho, nasye-tadviṣaye, prayojyah | kharah-kharacikkaṇaḥ snehaḥ, abhyaṅge-tadviṣaye, prayojyah | pāne tathā bastau-tadviṣaye, cikkaṇaḥ prayojyah | § 18664

5.6.66 Āyurvedarasāyana

trayāṇām viṣayabhedānāha-mṛduriti | § 18665

5.6.67 Aṣṭāṅgahr̥dayasam̐hitā

śāṇam pāṇitalam muṣṭim kuḍavam
prasthamādhakam | | 22 | |
dronam vham ca kramaśo
vijānīyāccaturguṇam | | 22 | | § 18667

5.6.68 Sarvāṅgasundarā

śāṇādayo vahaparyantāḥ krameṇa caturguṇāḥ pāṇitalādi-
samjñā vedyāḥ | § 18668

5.6.69 Āyurvedarasāyana

mānabhedānāha-śāṇamiti | śāṇādayo+aṣṭau yathottaram
caturguṇāḥ | śāṇamānam tu saṅgrahēṅoktam (ka.a.8)-
"ṣaḍvaṁśyo-marīciḥ | tāḥ ṣaṭ-sarṣapaḥ | te+aṣṭau-taṇḍulaḥ |
tau-dhānyamāṣaḥ | tau-yavaḥ | ataḥ param caturguṇavr̥-
5 cyā aṇḍikāmāśakaśāṇāḥ | " iti | vaṁśī-vaṁśarandhrapraṣṭaraśmīstham
rajaḥ | § 18669

5.6.70 Aṣṭāṅgahr̥dayasam̐hitā

dviguṇam yojayedārdrām kuḍavādi tathā
dravam | | 23 | | § 18670

5.6.71 Sarvāṅgasundarā

śuṣkārdayorekasmin yoge tulyaparimāṇena nirdiṣṭayoḥ
śuṣkadravayādārdrām dravyam dviguṇam dattvā yojayet |
śuṣkārdayorvā dravyayostulyaparimāṇanirdiṣṭayoḥ śu-
ṣkadravayābhāve satyārdrām dravyam dviguṇam kṛtvā yo-
5 jayet | śuṣkadravadravyayayorekasmin yoge tulyaparim-

āṇena nirdiṣṭayoḥ śuṣkadravyāt dravadravyam kuḍavād-
iparimāṇa samjñayā nirdiṣṭam dviguṇam kṛtvā yojayet |
§ 18671

5.6.72 Āyurvedarasāyana

ārdradravayorviśeṣamāha-dviguṇamiti | ādram tvausadham
dviguṇam yojayet, palamityukte paladvayam | kuḍavādi
dravam ca, kuḍavaityukte kuḍavadvayam | " vāsakuṭajak-
ūṣmāṇḍaśatapuṣpāsahācarāḥ | nityamārdrah prayoktavyā
mānato dviguṇā na te | | " ityeke | § 18672

5

5.6.73 Aṣṭāṅgahrdayasaṃhitā

peṣaṇāloḍane vāri snehapāke ca nirdrave | | 23 | |
kalpayetsadṛśān bhāgān pramāṇam yatra
noditam | | 24 | |
kalkīkuryācca
bhaiṣajyamanirūpitakalpanam | | 24 | |
aṅgānuktau tu mūlam syādaprasiddhau tadeva
tu | | 25 | | § 18676

5.6.74 Sarvāṅgasundarā

nirdrave-anuktadrave, peṣaṇāloḍanārtham vāri yojayet |
snehapāke cānuktadrave vāryeva yojayet | yatra yatra pr-
ayoge dravyāṇām parimāṇam viśiṣṭam noktam tatra tatra
dravyāṇām sadṛśān bhāgān kalpayet | § 18677

5.6.75 Āyurvedarasāyana

anuktajñānārthamāha-peṣaṇāloḍana iti | peṣaṇāloḍanasn-
ehapākeṣvanuktadraveṣu vāri yojyam | pramāṇānuktau
samabhāgatvam | kalpanānuktau kalkaḥ | aṅgānuktau
mūlam | aprasiddhau tadeva | yathā-harītakītyukte pha-
lam | " anirdiṣṭāprasiddheṣu mūlam grāhyam tvagādiṣu | " 5
iti (ka. a. 8) saṅgrahavacanāt | § 18678

5.6.76 Aṣṭāṅgahr̥dayasaṃhitā

ṣaḍvamaṣyastu marīcī syāt, ṣaṇmarīcyastu
sarsapaḥ | | 1 | | taṇḍulaḥ sarsapāstvaṣṭau, dhānyamāṣastu
tau, yavaḥ | | 1 | | tāvaṇḍikā caturbhistairmāṣakaḥ
śāṇakastathā | | 25 | |
dvau śāṇau vaṭakaḥ kolaṃ badaraṃ draṃkṣaṇaśca,
tau | | 25 | |
akṣam picuḥ pāṇitalaṃ suvarṇaṃ
kavalagrahaḥ | | 26 | |
karṣo biḍālapadakaṃ tindukaḥ
pāṇimānikā | | 26 | |
śabdānyatvamabhinne+arthe śuktiraṣṭamikā
picū | | 27 | |
5 palam prakuñco bilvaṃ ca muṣṭirāmraṃ
caturthikā | | 27 | |
dve pale prasṛtastau dvāvañjalistau tu
mānikā | | 28 | |
āḍhakaṃ bhājanaṃ kaṃso, droṇaḥ kumbho
ghaṭo+armaṇam | | 28 | |
tulā palaśataṃ, tāni viṃśatirbhāra
ucyate | | 29 | | § 18685

5.6.77 Sarvāṅgasundarā

dbau śāṇau vaṭakaḥ kolaṃ badaraṃ draṃkṣaṇaścetyatra
śabdānyatvam, na tu tattvato bhedaḥ | tau dvau draṃkṣa-
ṇāvakṣaṃ tathā picustathā pāṇitalaṃ tathā suvarṇaṃ ta-
tathā kavalagrahastathā karṣastathā biḍālapadaṃ tathā ti-
5 ndukastathā pāṇimānikā, ityatrābhinne+arthe śabdāneka-
tvam | tathā dvau picū śaktistathā+aṣṭamikā, ityatrāpi śa-
bdānyatvamarthasyaikye sati | palam prakuñco bilvaṃ ca
muṣṭirāmraṃ caturthikā, ityatrāpi śabdānāṃ vailakṣaṇye
sati nārthato bhedaḥ | dve pale prasṛta ityucyate | tau dvau
10 prasṛtāvañjaliḥ kathyate | tau dvāvañjalī mānikā,- aṣṭau
palānītyeva | āḍhakādīnāṃ śabdanāṃ svarūpato bhinnā-
nāṃ nārthato bhedaḥ | tathaiva droṇādīnāṃ śabdānāṃ |
palaśataṃ tulā nigadyate | tāni-palaśatani, viṃśatirbhāra

ucyate | kvāthādīnām tūttamādimātrāḥ saṅgrahādavadh-
 āryāḥ | saṅgrāhe tvevaṃ paṭhyate (ka. a. 8)- "kvātho ni-
 ryūhaḥ | tatra bhedyānyausadhānyaṇuśo bhedayitvā ch-
 edyāni ca chedayitvā prakṣālyodakena śucau rūkṣāyām-
 adhahpralīptāyām tāmṛāyomṛnmayādyanyatamāyām sth- 5
 ālyām samāvāpya bahvalpapānīyagrāhitāmausadhānām-
 ākalayya yāvatā muktarasatā syāt tāvadudakamāsecaye-
 cchoṣayecca | [agrāvadhīśrayet | yāvanmātrodakadāne ta-
 thā tadavaśiṣṭatve ca tatra niyamasāmarthyāt kvāthyadr-
 avyaparimāṇasya | atreyatparimāṇāni dravyāni, udakam- 10
 iyatpramāṇam, tadavaśiṣṭatā ceyatpramāṇā, iti na niya-
 maktirevaṃvidhā vidyate | kiṃ tarhi? abhyūhanīyamet-
 atsarvamiti | atra vidhiḥ |] athāgnāvadhīśritya mahatyās-
 ane sukhopaviṣṭaḥ sarvataḥ satatamavalokayan darvyā ca
 vighaṭṭayan mṛdunā ca paritaḥ samupagacchatā+analena 15
 sādhayet | avatārya ca suparisrutam yathārhasparśam pr-
 ayuñjīta | kṣīrādisahitam ca dravyam na samyaṅmukta-
 rasam bhavatīti vārikvāthapūrvakam kṣīrādyaistadupad-
 eśe+anupadagdham kvāthayet | śītasalilāplutam tu niśāp-
 aryuṣitam pūtam śītaḥ kaṣāyaḥ | uṣṇāmbhasi kṣuṇṇābhiṣ- 20
 utaḥ pūtaḥ phāṇṭa iti | tatra samyagrasavīryādīnyausadh-
 asya samīkṣya vyādhyātūrādibalataśca niryāsādīnām ka-
 lpānām mātrām ca samprajoyet | tathā ca kecidāhuḥ |
 mātrāyā na vyavasthā+asti vyādhiṃ koṣṭham balaṃ va-
 yaḥ | ālocya deśakālau ca bhaiṣajyamavacārayet | | [evaṃ 25
 ca sarvamabhyūhyātra kartavyam niścitam kṛtvoktena vi-
 dhineti |] etadevamupadiṣṭam buddhimatām jñānaprab-
 odhāya | yathā tu sarve bhiṣajo vijñāsyanti tathai vopade-
 kṣyata iti | niryāse madhyamā mātrā catuspalam | kalka-
 cūrṇayoḥ karṣaḥ palatrayam tadāloḍane | niryūhe bheṣa- 30
 japalamudakārdhaprasthe+adhiśatya pādaśeṣamavatāra-
 yet | śītaphāṇṭayorausadhapalam ṣaḍbhiścaturbhirambu-
 palairāsutamiti | " iti | tathā śāṅgaparimāṇasya pāṇitalavāc-
 akasya [ca] kimapi parimāṇam noktam yenāsau [na] pari-
 cchidyata iti na vācyam, saṅgrāhe tatparimāṇasyoktatvāt | 35
 tatra hyevamuktam (sam.ka.a.8)-"ṣaḍvaṃśyo marīcī | tāḥ
 ṣaṭ marīcyāḥ sarṣapa ucyate | aṣṭau sarṣapāstaṇḍulah | tau
 dvau taṇḍulāveko dhānyamāṣaḥ | tau dvau dhānyamā-

ṣau yavaḥ | ataḥ paraṃ caturguṇavr̥dhdyā+aṅḍikāmāṣa-
kaśāṅakarṣapalakuḍavaprasthāḍhakadroṇavahāḥ kalpya-
nte | [evaṃ caturbhirmāṣakaiḥ śāṅasya parimāṇaṃ pari-
cchidyate |] dharaṇaṃ tu palasya daśamo bhāgaḥ | māṣ-
5 akasya tu paryāyo hemaḥ | karṣasya ṣoḍaśikā | āḍhakasya
tu paryāyāḥ kaṃsaḥ pātraṃ bhājanaṃ ca | droṇasya pa-
ryāyo nalvaṇaḥ, tathā armanaḥ, tathonmānaḥ, tathā gha-
ṭaḥ kumbhaḥ kalaśaśca | droṇadvayasya ca śūrpaḥ |" iti |
§ 18686

5.6.78 Āyurvedarasāyana

saṃjñāntaramāha-dvau śāṅāviti | śāṅadvayasya vaṭakād-
ayaścatastraḥ saṃjñāḥ | vaṭakadvayasyākṣādayo nava ṣo-
ḍaśikā ca | paladvayasya prasṛtaḥ | prasṛtadvayasyāñja-
liḥ kuḍavaśca | añjalidvayasya māṅikā | āḍhakādayasti-
5 stra ekārthāḥ | droṇādayaścatastraḥ [c] | palaśataṃ-tulā |
viṃśatistu bhāraḥ | saṅgrahe tu (ka. a. 8)- "dharaṇaṃ tu pa-
lasya daśamo bhāgaḥ | māṣakasya paryāyo hemo dhānak-
aśca | paladvayasyāṣṭamānam | droṇadvayasya śūrpaḥ |"
iti | § 18687

5.6.79 Aṣṭāṅgahr̥dayasaṃhitā

himavadvindhyaśailābhyāṃ prāyo vyāptā
vasundharā | | 29 | |
saumyaṃ pathyaṃ ca tatrādyamāgneyaṃ
vaindhyamauśadham | | 6 | |
29 1/2 | | 6 | | § 18690

5 iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira-
citāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ pañcame kalpasiddhi-
sthāne dravyakalpo nāma ṣaṣṭho+adhyāyaḥ | | 6 | | § 18691

5.6.80 Sarvāṅgasundarā

himavatparvatena vindhyaśailena ca bāhulyena vasundh-
arā vyāptā | tatra-tayormadhyāt, ādyaṃ-haimavatamauśadham,

saumyaṃ pathyaṃ ca svabhāvādbhavati | vāindhyaṃ
cauṣadhamāgneyaṃ-na tathā dehasya sadā pathyaṃ, sy-
āditi | iti śrīmṛgāṅkadattaputraśrīmadaruṇadattaviracitā-
yāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarvāṅgasundarākhyāyāṃ pa-
ñcame kalpasiddhisthāne dravyakalpo nāma ṣaṣṭho+adhyāyaḥ
samāptaḥ | | 6 | | § 18692

5.6.81 Āyurvedarasāyana

śailabhedādravyaviśeṣamāha-himavaditi | iti hemādriṭī-
kāyāmāyurvedarasāyane | dravyakalpaprakaraṇaṃ sām-
astyena nirūpitam | | § 18693

6 uttarasthānam : 6

6.1 bālopacaraṇīyādhyāyaḥ : 1

6.1.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto bālopacaraṇīyamadhyāyaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 18695

6.1.2 Sarvāṅgasundarā

bālasya-śiṣoḥ, upacaraṇaṃ bālopacaraṇam, tasmai hitaḥ |
śeṣaṃ pūrvavat | itītyādinā svamanīṣikāparikalpitatvam-
asya tantrasya nirākaroti | § 18696

6.1.3 Aṣṭāṅgahr̥dayasaṃhitā

jātamātraṃ viśodhyolbādbālaṃ saindhavasarpīṣā | | 1 | |
prasūtikleśitaṃ cānu balātailena secayet | | 1 | |
aśmanorvādanaṃ cāsya karṇamūle
samācāret | | 2 | |
athāsya dakṣiṇe karṇe
mantramuccārayedimam | | 2 | | § 18700

6.1.4 Sarvāṅgasundarā

jātamātram-sadya evodbhūtam, bālamulbāt-aparāparaparyāyāt,
saindhavayuktena ghr̥tena vividhaiḥ prakāraiḥ śodhay-
itvā paścāt prasūtyā-prasavena, kleśitam bālam balātail-
ena secayet | paścāt pāṣāṇayorvādanamasya karṇamūle
5 kāravedvaidyaḥ | anantaramasya dakṣiṇe karṇe imaṃ-
vakṣyamāṇam, mantramuccārayet | tameva mantramāha-
§ 18701

6.1.5 Aṣṭāṅgahr̥dayasaṃhitā

aṅgādaṅgātsambhavasi hr̥dayādabhijāyase | | 3 | |
āt mā vai putranāmāsi sañjīva śaradāṃ
śatam | | 3 | |
śatāyuḥ śatavarṣo+asi
dīrghamāyuravāpnuhi | | 4 | |
nakṣatrāṇi diśo rātrirahaśca
tvā+abhirakṣatu | | 4 | | § 18705

6.1.6 Sarvāṅgasundarā

aṅgādityādi | § 18706

6.1.7 Aṣṭāṅgahr̥dayasaṃhitā

svasthībhūtasya nābhiṃ ca sūtreṇa caturaṅgulāt | | 5 | |
badhdvordhvaṃ vardhayitvā ca
grīvāyāmavasañjayet | | 5 | |
nābhiṃ ca kuṣṭatailena
secayetsnāpayedanu | | 6 | |
kṣīrivṛkṣakaṣāyeṇa sarvagandhodakena
vā | | 6 | |
5 koṣṇena
taptarajatatapanīyanimajjanaiḥ | | 7 | | § 18711

6.1.8 Sarvāṅgasundarā

samāśvastasya ca bālasya nābhiṃ caturaṅgulādūrdhvaṃ
sūtreṇa badhdvā+anantaram chedayitvā grīvāyāṃ yoja-
yet | nābhiṃ ca kuṣṭatailena secayet | anu-pāścāt, kṣīri-
vr̥kṣakaṣāyeṇa snāpayet | athavā sarveṣāṃ gandhānāṃ-
candanādīnāṃ, jalena snāpayet | kimbhūtena ? koṣṇena | 5
katham ? taptābhyāṃ-uṣṇābhyāṃ, rūpyasuvarṇābhyāṃ
nimajjanaiḥ-asakṛtsecanaiḥ | § 18712

6.1.9 Aṣṭāṅgahr̥dayasaṃhitā

tato dakṣiṇatarjanyā tālūnnamyāvaguṇṭhayet | | 7 | |
śirasi snehāpicunā, prāśyaṃ cāsya
prayojayet | | 8 | |
hareṇumātram
medhāyurbalārthamabhimantritam | | 8 | |
aindrībrāhmīvacāśāṅkhapuṣpīkalkaṃ ghṛtaṃ
madhu | | 9 | | § 18716

6.1.10 Sarvāṅgasundarā

anantaram dakṣiṇahastatarjanyā vaidyastālu unnamya
śirasi picunā tailāktenāvaguṇṭhayet | asya ca-bālasya,
prāśyaṃ-lehaṃ, medhādyartham prayojayet | kiyaṃmā-
tram ? hareṇupramāṇam | tathā+abhimantritam-prāṇmantreṇa |
kiṃ tatprāśyaṃ ? ityāha-aindrītyādi | aindrī-indravāruṇī | 5
brāhmī-maṇḍūkaparṇī | § 18717

6.1.11 Aṣṭāṅgahr̥dayasaṃhitā

cāmīkaravacābrāhmītāpyapathyā rajīkṛtāḥ | | 9 | |
lihyānmadhughṛtopetā
hemadhātrīrajo+athavā | | 10 | | § 18719

6.1.12 Sarvāṅgasundarā

athavā suvarṇādikaṃ sūkṣmacūrṇikṛtya lihyāt | rajīkṛtā
iti "arurmanaḥ" ityādinā sulopa itvaṃ ca | hemadhātrīcū-
rṇaṃ vā madhughṛtayuktaṃ lihyāt | § 18720

6.1.13 Aṣṭāṅgahr̥dayasaṃhitā

garbhāmbhaḥ saindhavavatā sarpiṣā
vāmayettataḥ | | 10 | | § 18721

6.1.14 Sarvāṅgasundarā

tataḥ-anantaraṃ, garbhāmbhaḥ sarpiṣā saindhavayuktena
vāmayet | § 18722

6.1.15 Aṣṭāṅgahr̥dayasaṃhitā

prājāpatyena vidhinā jātakarmāṇi kārayet | | 11 | | § 18723

6.1.16 Sarvāṅgasundarā

tato jātakarmāṇi-vedavihitāni, prājāpatyena-yo vedokto vi-
dhistena gr̥hyoktena, vidhinā bhiṣak kārayet | § 18724

6.1.17 Aṣṭāṅgahr̥dayasaṃhitā

sirāṇāṃ hr̥dayasthānāṃ vivṛtatvāt prasūtitaḥ | | 11 | |
ṛtīye+ahni caturthe vā strīṇāṃ stanyaṃ
pravartate | | 12 | | § 18726

6.1.18 Sarvāṅgasundarā

hr̥dayāśritānāṃ sirāṇāṃ prasavāddhetoryadvivṛtatvaṃ
tasmātkāraṇāt ṛtīye divase kadāciccaturthe yoṣitāṃ sta-
nyaṃ pravartate | § 18727

6.1.19 Aṣṭāṅgahr̥dayasaṃhitā

prathame divase tasmātrikālaṃ madhusarpiṣī | | 12 | |
anantāmiśrite mantrapāvite
prāśayecchīsum | | 13 | | § 18729

6.1.20 Sarvāṅgasundarā

yata evaṃ dinatricaturmātraṃ kṣīrābhāvaḥ, tasmāddhe-
toḥ prathame+ahni trīn kālān madhughṛte yavāsakayukte
mantreṇa pāvite śīsum prāśayet | § 18730

6.1.21 Aṣṭāṅgahr̥dayasaṃhitā

dvitīye lakṣmaṇāsiddhaṃ tr̥tīye ca ghṛtaṃ, tataḥ | | 13 | |
prāñniśiddhastanasyāsya
tatpāñitalasammitam | | 14 | |
stanyānupānaṃ dvau kālau navanītaṃ
prayojayet | | 14 | | § 18733

6.1.22 Sarvāṅgasundarā

dvitīye divase tr̥tīye ca divase lakṣmaṇayā siddhaṃ
ghṛtaṃ trīneva kālān bhojayet | anantaraṃ tasya-śīsoḥ,
pāñestaleṇa- madhyena, sammitaṃ-tatpramāṇaṃ, navan-
ītaprayogāt pūrvam nivāritastanasyāsya-bālasya, dvau kā-
lau navanītaṃ stanyānupānaṃ prayojayet | § 18734

5

6.1.23 Aṣṭāṅgahr̥dayasaṃhitā

mātureva pibetstanyaṃ tadhdyaḥ
dehavṛddhaye | | 15 | |
stanyadhātryāvubhe kārye tadasampadi
vatsale | | 15 | |
avyaṅge brahmacāriṇyau varṇaprakṛtitaḥ
same | | 16 | |

nīruje madhyavayasau jīvadvatse na
lolupe | | 16 | |
hitāhāravihāreṇa yatnādupacarecca
te | | 17 | | § 18739

6.1.24 Sarvāṅgasundarā

bālo mātuḥ-jananyā eva, stanyaṃ pibet | kutaḥ ? yasm-
ācca tasyāḥ stanyamatiśayena dehasya vṛddhaye syāt |
tadasampadi-mātrstanyāsampattau, dve stanyadhātryau
ca vatsale-snehale, kārye | tathā vyaṅgarahite, brahmacāriṇyau-
5 varjitamaithune, varṇena prakṛtyā ca tulye, tathā niram-
aye, madhyavayaske, jīvadvatse, [na lolupe-] laulyavarjite
ādarayukte, te hitenāhāravihāreṇa yatnādupacaret | § 18740

6.1.25 Aṣṭāṅgahr̥dayasaṃhitā

śukkrodhalaṅghanāyāsāḥ stanyanāśasya hetavaḥ | | 17 | |
stanyasya sīdhuvarjyāni madyānyānūpajā
rasāḥ | | 18 | |
kṣīraṃ kṣīriṇya oṣadhyaḥ śokādeśca
viparyayaḥ | | 18 | | § 18743

6.1.26 Sarvāṅgasundarā

śugādīni stanyanāśasya kāraṇāni | śuk-śokaḥ | stanyasya
madyāni hetavaḥ | kiṃbhūtāni ? sīdhuvarjyāni | ānūpajā-
śca rasāḥ | tathā kṣīravatya oṣadhayaḥ-jīvantyādyāḥ | śok-
ādivaiparītyaṃ ca | § 18744

6.1.27 Aṣṭāṅgahr̥dayasaṃhitā

viruddhāhārabhuktāyāḥ kṣudhitāyā vicetasāḥ | | 19 | |
praduṣṭadhātorgarbhiṇyāḥ stanyaṃ rogakaraṃ
śiśoḥ | | 19 | | § 18746

6.1.28 Sarvāṅgasundarā

tathā viruddha āhāro bhukto yayā tasyāḥ, tathā bubhuḥṣ-
itāyā ninditāyāśca, tathā praduṣṭadoṣāyā garbhinyāśca sa-
mbandhi stanyamupayuktaṃ bālasya rogahetuḥ | § 18747

6.1.29 Aṣṭāṅgahrdayasaṃhitā

stanyābhāve payāśchāgaṃ gavyaṃ vā tadguṇaṃ
pibet | | 20 | |
hrasvena pañcamūlena sthirābhyāṃ vā
sitāyutam | | 20 | | § 18749

6.1.30 Sarvāṅgasundarā

stanyasyābhāve sati chāgaṃ payāḥ, gavyaṃ vā chāgatuly-
aguṇaṃ pibet | chāgasamānaguṇaṃ gavyaṃ kathaṃ syāt
? tatrāha-hrasvenetyādi | hrasvena pañcamūlena siddhaṃ
śāliparṇīprśniparṇīsiddhaṃ vā śarkarāyutam pibet | § 18750

6.1.31 Aṣṭāṅgahrdayasaṃhitā

ṣaṣṭhīm niśāṃ viśeṣeṇa kṛtarakṣābalikriyāḥ | | 21 | |
jāgṛyurbāndhavāstasya dadhataḥ paramāṃ
mudam | | 21 | | § 18752

6.1.32 Sarvāṅgasundarā

anyadā+a tasya-śiśoḥ, bāndhavā vihitarakṣādayo niśāṃ jā-
gṛyuh | ṣaṣṭhīm punastamasvinīm viśeṣeṇa-yatnena, jāgṛ-
yuh | kiṃ kurvantaḥ ? paraṃ harṣaṃ dhārayantaḥ | § 18753

6.1.33 Aṣṭāṅgahrdayasaṃhitā

daśame divase pūrṇe vidhibhiḥ svakulocitaiḥ | | 22 | |

kārayetsūtikotthānaṃ nāma bālasya
cārcitam | | 22 | |
bibhrato+āṅgairmanohlālarocanāgurucandanam | | 23 | |
nakṣatradēvatāyuktaṃ bāndhavaṃ vā
samākṣaram | | 23 | | § 18757

6.1.34 Sarvāṅgasundarā

daśame dine pūrṇe sati sūtikāyā utthānaṃ kārayet | ka-
thaṃ kārayet ? svakulayogyairvidhānaiḥ | bālasya nāma
arcitaṃ-prāstamanugataṃ kulajātyādibhiḥ | kimbhūta-
sya ? āṅgaiḥ-pāṇyādibhiḥ, manohlādīni dhārayataḥ | ki-
5 mbhūtaṃ nāma ? nakṣatrasya yā+asau devatā tayā yu-
ktam | athavā bāndhavaṃ-jñātipūrvajaṃ, samavarṇaṃ-na
tu viṣamākṣaram | § 18758

6.1.35 Aṣṭāṅgahr̥dayasaṃhitā

tataḥ prakṛtibhedoktarūpairāyuhparīkṣaṇam | | 24 | |
prāgudakśirasah kuryāt bālasya jñānavān
bhiṣak | | 24 | |
śucidhautopadhānāni nirvalīni mṛdūni
ca | | 25 | |
śayyāstaraṇavāsāṃsi rakṣoghnairdhūpitāni
ca | | 25 | | § 18762

6.1.36 Sarvāṅgasundarā

tato-nāmakaraṇādanantaram, prakṛtibhede-vikṛtivyajñāniye
(śā.a. 5), uktāni yāni rūpāni tairāyusaḥ parīkṣaṇam bālasya
jñānavān-sumatiḥ, vaidyaḥ kuryāt | kimbhūtasya ? prākśi-
rasa uttaraśirasō vā | tathā śucyādiguṇayuktāni upadhān-
5 āni śayyāyāmāstaraṇārthaṃ vāsāṃsi kuryāt | tathā rakṣo-
ghnairdravayairdhūpitāni | § 18763

6.1.37 Aṣṭāṅgahr̥dayasaṃhitā

kāko viśastaḥ śastaśca dhūpane trivṛtānvitaḥ | |26| | § 18764

6.1.38 Sarvāṅgasundarā

kākaśca vastrādiddhūpane śastaḥ | kimbhūtaḥ ? viśastaḥ
vyāpādito, na tu svayaṃ mṛtaḥ | tathā trivṛtāyuktaḥ |
§ 18765

6.1.39 Aṣṭāṅgahr̥dayasaṃhitā

jīvatkhaṅgādiśṛṅgotthān sadā bālaḥ śubhān
maṇīn | |26| |
dhārayedaṣadhīḥ śreṣṭhā
brāhmayaindrījīvakādikāḥ | |27| |
hastābhyāṃ grīvayā mūrdhnā viśeṣātsatataṃ
vacāṃ | |27| |
āyurmedhāsmṛtisvāsthyakarīṃ
rakṣobhirakṣiṇīm | |28| | § 18769

6.1.40 Sarvāṅgasundarā

bālaḥ sarvadā śubhahetūn maṇīn bibhṛyāt | kimbhūtān ?
jīvantaśca te khaṅgādayaśca, teṣāṃ śṛṅgāṇi, tebhya utthā-
naṃ yeṣāṃ tān, jīvatāmeva ye gr̥hītā ityarthāḥ | śṛṅgagra-
haṇamupalakṣaṇārtham, ata eva sarpādijānapi maṇīn dh-
ārayet | tathā, oṣadhīrbrāhmyādīḥ śreṣṭhāḥ-śubhāḥ, dhā- 5
rayet | kaiḥ ? pāṇyādibhiḥ | viśeṣeṇa sarvadā vacāṃ dhāra-
yet | kimbhūtāṃ vacāṃ ? āyurādikaraṇahetuṃ tathā rakṣ-
onivāriṇīm | § 18770

6.1.41 Aṣṭāṅgahr̥dayasaṃhitā

ṣaṭsaptaṣṭamamāseṣu nīrujasya śubhe+ahani | |28| |
karṇau himāgame vidhyeddhātryaṅkasthasya
sāntvayan | |29| | § 18772

6.1.42 Sarvāṅgasundarā

anantaram ṣaṣṭhe māsi saptame+aṣṭame vā bālasya nīruj-
asya himāgame śubhe divase karṇau vidhyet, dhātryutsa-
ṅgasthitya | dhātrī-mātā stanadāyinī ca | katham vidhyet
? sāntvayan prīti vacanādinā | § 18773

6.1.43 Aṣṭāṅgahr̥dayasaṃhitā

prāgdakṣiṇam kumārasya bhiṣagvāmaṃ tu
yoṣitaḥ | | 29 | |
dakṣiṇena dadhatsūcīm pālimanyena
pāṇinā | | 30 | |
madhyataḥ karṇapīṭhasya kiñcidgaṇḍāśrayam
prati | | 30 | |
jarāyumātrapracchanne
raviraśmyavabhāsīte | | 31 | |
5 dhṛtasya niścalaṃ
samyagalaktakarasaṅkīte | | 31 | |
vidhyeddaivakṛte chidre sakṛdevarju
lāghavāt | | 32 | |
nordhvaṃ na pārśvato
nādhaḥ----- | | 32 | | § 18780

6.1.44 Sarvāṅgasundarā

kumārasya prāk-pūrvam, dakṣiṇam karṇam yoṣitastu vā-
mam vaidyo vidhyet | kiṃ kurvan ? dakṣiṇena hastena sū-
cīm dadhat, vāmena pāṇinā pālim dadhat | kva vidhyet ?
karṇapīṭhasya madhya bhāge kiñcit-manāk, gaṇḍasthānā-
5 bhimukham | kīdrśasya bālasya ? samyaṅ niścalaṃ dhṛta-
sya | kva vidhyet ? daivakṛte chidre | kimbhūte ? jarāyumā-
treṇa pracchanne-sthagite | tathā raviraśmibhiravabhāsīte-
udyotite | tathā+alaktakarasaṅkīte-cinhite | katham vi-
dhyet ? lāghavāt sakṛt-ekavārameva, tathā ṛju-saralam kṛ-
10 tvā nopariṣṭānnādastāna pārśvato vidhyet | § 18781

6.1.45 Aṣṭāṅgahr̥dayasaṃhitā

-----śirāstatra hi saṃśritāḥ | | 32 | |

kālikāmarmarīraktāḥ

tadvyadhādrāgarugjvarāḥ | | 33 | |

saśophadāhasaṃrambhamanyāstambhāpatānakāḥ | | 33 | | § 18784

6.1.46 Sarvāṅgasundarā

hi-yasmāt, tatra śirā āśritāḥ | ta evāha kāliketyādi saṃ-
tāsāṃ ca vyadhāt rāgādayaḥ syuḥ | § 18785

6.1.47 Aṣṭāṅgahr̥dayasaṃhitā

teṣāṃ yathāmayam kuryādvibhajyāśu

cikitsitam | | 34 | | § 18786

6.1.48 Sarvāṅgasundarā

teṣāṃ ca rāgādīnāṃ yathāsvaṃ nirūpya cikitsitam kuryāt |
§ 18787

6.1.49 Aṣṭāṅgahr̥dayasaṃhitā

sthāne vyadhāna rudhiraṃ na

rugrāgādisambhavaḥ | | 34 | | § 18788

6.1.50 Sarvāṅgasundarā

sthāne vyadhāt rudhiraṃ na bha(sra)vati, na ca rugādīnāṃ
sambhavaḥ | § 18789

6.1.51 Aṣṭāṅgahr̥dayasaṃhitā

snehāktaṃ sūcyanusyūtaṃ sūtraṃ cānu
nidhāpayet | | 35 | |
āmatailena siñcecca bahalāṃ
tadvadārayā | | 35 | |
vidhyetpālīm hitabhujāḥ sañcāryā+atha
sthavīyasī | | 36 | |
vartistryahāttato rūḍhaṃ vardhayeta śanaiḥ
śanaiḥ | | 36 | | § 18793

6.1.52 Sarvāṅgasundarā

anu-karṇavyadhasya paścāt, sūtraṃ snehaliptaṃ sūcyā+anusyūtaṃ
karṇe nidhāpayet | āmatailena ca secayet | bahalāṃ-
nanāṃ, pālīm tadvat-pūrvavat, ārayā vidhyet hitāśinaḥ sa-
taḥ | anantaram tryahādūrdhvaṃ sthūlatarā vartiḥ sañcā-
5 ryā | tato rūḍhaṃ karṇaṃ śanaiḥ śanairvardhayet | § 18794

6.1.53 Aṣṭāṅgahr̥dayasaṃhitā

athainaṃ jātadaśanaṃ krameṇāpanayetstanāt | | 37 | |
pūrvoktaṃ yojayetkṣīramannaṃ ca laṅu
br̥mhaṇam | | 37 | | § 18796

6.1.54 Sarvāṅgasundarā

anantaramenaṃ-śīsuṃ, jātadantaṃ santaṃ stanāt krameṇāpasārayet-
na sahasā | pūrvoktaṃ-chāgādikaṃ, kṣīramannaṃ ca la-
ghu br̥mhaṇam yojayet | § 18797

6.1.55 Aṣṭāṅgahr̥dayasaṃhitā

priyālamajjamadhukamadhulājasitopalaiḥ | | 38 | |
apastanasya saṃyojyaḥ prīṇano modakaḥ
śīsoḥ | | 38 | |

dīpano bālabilvailāśarkarālājasaktubhiḥ | | 39 | |
saṅgrāhī dhātukīpuṣpaśarkarālājatarpaṇ-
aiḥ | | 39 | | § 18801

6.1.56 Sarvāṅgasundarā

priyālādibhirmodako+apastanasya śiśoḥ prīṇano yojyaḥ |
bālabilvādibhirdīpano modako yojyaḥ | dhātukyādibhiḥ
saṅgrāhī yojyaḥ | § 18802

6.1.57 Aṣṭāṅgahrdayasaṃhitā

rogāṃścāsyā jayetsomyairbheṣajairaviṣādakaiḥ | | 40 | |
anyatrātyayikādvvyāghervirekaṃ sutarāṃ
tyajet | | 40 | | § 18804

6.1.58 Sarvāṅgasundarā

yathāvasthamasya-śiśoḥ, somyairauśadhairaviṣādakaiḥ-akṣobhakaiḥ,
āmayān jayet | virekamatisāyena varjayedātyayikaṃ vyā-
dhimantareṇa | § 18805

6.1.59 Aṣṭāṅgahrdayasaṃhitā

trāsayennāvidheyam taṃ trastam grhṇanti hi
grahāḥ | | 41 | | § 18806

6.1.60 Sarvāṅgasundarā

na ca taṃ-bālam, avidheyam-anāyattaṃ kṛtvā, trāsayet- na
bhāyayet | yatastrastam bālam grahā grhṇanti | § 18807

6.1.61 Aṣṭāṅgahrdayasaṃhitā

vastravātāt parasparśāt pālayellaṅghanācca
tam | | 41 | | § 18808

6.1.62 Sarvāṅgasundarā

vastravātādibhyaśca taṃ rakṣayet | § 18809

6.1.63 Aṣṭāṅgahr̥dayasaṃhitā

brāhmīsiddhārthakavacāsārivākuṣṭhasaindhavaiḥ | | 42 | |
sakaṇaiḥ sādhitam pītam vānmedhāsmṛtikṛd
ghṛtam | | 42 | |
āyuṣyaṃ pāpmarakṣoghaṇam
bhūtonmādanibarhaṇam | | 43 | | § 18812

6.1.64 Sarvāṅgasundarā

brāhmyādibhiḥ kalkīkṛtaiḥ sādhitam sarpirvānmedhād-
ikṛt | āyuṣyaṃ pāpmādharam bhūtonmādanibarhaṇam
ca | § 18813

6.1.65 Aṣṭāṅgahr̥dayasaṃhitā

vacendulekhāmaṇḍūkīśāṅkhapuṣpīsatāvariḥ | | 43 | |
brahmasomāmṛtābrāhmīḥ kalkīkṛtya
palāṃśikāḥ | | 44 | |
aṣṭāṅgam vipacetsarpiḥ prastham
kṣīracaturguṇam | | 44 | |
tatpītam dhanyamāyuṣyaṃ
vānmedhāsmṛtibuddhikṛt | | 45 | | § 18817

6.1.66 Sarvāṅgasundarā

vacādibhiḥ pālikaiścaturguṇakṣīrāt ghṛtaprastham aṣṭāṅgam
pacet | aṣṭāvaṅgāni-vacādīni yasmimstadaṣṭāṅgam | etatp-
ītam dhanyādiguṇam | § 18818

6.1.67 Aṣṭāṅgahr̥dayasaṃhitā

ajākṣīrābhayāvyoṣapāṭhogrāsigrusaindhavaiḥ | | 45 | |
siddham sārasvataṃ
sarpirvānmodhāsmṛtivahnikṛt | | 46 | | § 18820

6.1.68 Sarvāṅgasundarā

ajākṣīrādibhiḥ siddham sārasvataṃ ghr̥taṃ vānmedhādi-
karam | § 18821

6.1.69 Aṣṭāṅgahr̥dayasaṃhitā

vacāmṛtāsāṭhīpathyāśaṅkhinīvellanāgaraiḥ | | 46 | |
apāmārgeṇa ca ghr̥taṃ sādhitam
pūrvavadguṇaiḥ | | 47 | | § 18823

6.1.70 Sarvāṅgasundarā

vacādibhiḥ sādhitam ghr̥taṃ pūrveṇa samānam | § 18824

6.1.71 Aṣṭāṅgahr̥dayasaṃhitā

hema śvetavacā kuṣṭhamarkapuṣpī sakāñcanā | | 47 | |
hema matsyākṣakaḥ śaṅkhaḥ kaidaryaḥ
kanakaṃ vacā | | 48 | |
catvāra ete pādoktāḥ prāsā
madhughṛtaplutāḥ | | 48 | |
varṣaṃ līdhā vapurmedhābalavarṇakarāḥ
śubhāḥ | | 49 | | § 18828

6.1.72 Sarvāṅgasundarā

hemādiślokotāḥ pādikāscatvāro yogā madhughṛtābhyām
sadravā varṣaṃ līdhā vapurādikṛtaḥ śubhāśca | § 18829

6.1.73 Aṣṭāṅgahr̥dayasaṃhitā

vacāyaṣṭyāhvasindhūthapathyānāgaradīpyakaiḥ | | 49 | |
śudhdyate vāgghavirlīḍhaiḥ
sakuṣṭhakaṇajīrakaiḥ | | 1 | |
49 1/2 | | 1 | |
pacaraṇīyo nāma
prathamo+adhyāyaḥ | | 1 | | § 18833

6.1.74 Sarvāṅgasundarā

vacādibhiḥ sarpirlīḍhairvāk śasyate | śudhyata iti cintyam,
"karmavatkarmakartā" ityasya tvaviṣayaḥ | iti śrīmr̥gāṅka-
dattaputraśrīmadaruṇadattaviracitāyāmaṣṭāṅgahr̥daya-
tī-
kāyāṃ | sarvāṅgasundarākhyāyāṃ ṣaṣṭhe uttarasthāne
5 bālopa- caraṇīyo nāma prathamo+adhyāyaḥ samāptaḥ | | 1 | |
§ 18834

6.2 bālāmayapraṭiṣedhādhyāyaḥ : 2

6.2.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto bālāmayapraṭiṣedhaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
trividhaḥ kathito bālaḥ
kṣīrānnobhayavartanaḥ | | 1 | |
svāस्थ्यam tābhyāmaduṣṭābhyāṃ duṣṭābhyāṃ
rogasambhavaḥ | | 1 | | § 18838

6.2.2 Aṣṭāṅgahr̥dayasaṃhitā

asmādanantaram bālasypacaryamāṇasya ye
rogāstaccikitsārtho bālāmayapraṭiṣedha
ucyate- sa0-bālastriprakāraḥ kathito
munibhiḥ | kṣīravartano+annavartana
ubhayavartanaḥ-kṣīrānnābhyāṃ yo vartate |
tābhyāṃ-annakṣīrābhyāṃ, aduṣṭābhyāṃ
svāsthyam bhavati | duṣṭābhyāṃ tu
kṣīrānnābhyāṃ rogodbhūtiḥ | śuddham
kṣīram lakṣayati | § 18839

6.2.3 Aṣṭāṅgahr̥dayasaṃhitā

athāto bālāmayapraṭiṣedham vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
trividhaḥ kathito bālaḥ
kṣīrānnobhayavartanaḥ | | 1 | |
svāsthyam tābhyāmaduṣṭābhyāṃ duṣṭābhyāṃ
rogasambhavaḥ | | 1 | | § 18843

6.2.4 Aṣṭāṅgahr̥dayasaṃhitā

asmādanantaram bālasypacaryamāṇasya ye
rogāstaccikitsārtho bālāmayapraṭiṣedha
ucyate- sa0-bālastriprakāraḥ kathito
munibhiḥ | kṣīravartano+annavartana
ubhayavartanaḥ-kṣīrānnābhyāṃ yo vartate |
tābhyāṃ-annakṣīrābhyāṃ, aduṣṭābhyāṃ
svāsthyam bhavati | duṣṭābhyāṃ tu
kṣīrānnābhyāṃ rogodbhūtiḥ | § 18844

6.2.5 Aṣṭāṅgahr̥dayasaṃhitā

-----vātāduṣṭam tu plavate+ambhasi | | 2 | |
kaṣāyam phenilam rūkṣam
varcomūtravibandhakṛt | | 3 | | § 18846

6.2.6 Sarvāṅgasundarā

vātaduṣṭaṃ kṣīraṃ jale plavate-taratīva naikatāṃ gacch-
ati | kaṣāyādiguṇayuktaṃ ca syāt | § 18847

6.2.7 Aṣṭāṅgahr̥dayasaṃhitā

pittāduṣṇāmlakaṭukaṃ pītarājyapsu dāhakṛt | | 3 | | § 18848

6.2.8 Sarvāṅgasundarā

pittādduṣṭaṃ kṣīramuṣṇāmlakaṭukaṃ, tathā toyē prakṣi-
ptaṃ pītarāji syāt dāhakaraṃ ca | § 18849

6.2.9 Aṣṭāṅgahr̥dayasaṃhitā

kaphātsalavaṇaṃ sāndraṃ jale majjati
picchilam | | 4 | | § 18850

6.2.10 Sarvāṅgasundarā

kaphāt kṣīraṃ duṣṭaṃ salavaṇaṃ ghaṇaṃ ca syāt | apsu ca
majjati | § 18851

6.2.11 Aṣṭāṅgahr̥dayasaṃhitā

saṃsr̥ṣṭaliṅgaṃ saṃsargātriliṅgaṃ sānnipātikam | | 4 | |
yathāsvaliṅgaṃstadvyādhīn
janayatyupayojitam | | 5 | | § 18853

6.2.12 Sarvāṅgasundarā

saṃsargād duṣṭaṃ kṣīraṃ saṃsr̥ṣṭaliṅgaṃ syāt | sānnipā-
tikaṃ kṣīraṃ triliṅgaṃ syāt | sa0-tacca kṣīramupayojitaṃ
bālasya ca yathāsvaliṅgān vyādhīn janayati | § 18854

6.2.13 Aṣṭāṅgahr̥dayasaṃhitā

śiśostikṣṇamabhīkṣṇam ca
rodanāllakṣayedrujam | | 5 | | § 18855

6.2.14 Sarvāṅgasundarā

bālasya tīkṣṇam-kharam, abhīkṣṇam ca rujam-pīḍām,
rodanāllakṣayet,- atirodanena kiñcidrodanena ca yathāyo-
gam rujam vidyādityarthah | § 18856

6.2.15 Aṣṭāṅgahr̥dayasaṃhitā

sa yaṃ spr̥śedbhṛṣam deśam yatra ca
sparśanākṣamaḥ | | 6 | |
tatra vidyādrum-----
| | 6 | | § 18858

6.2.16 Sarvāṅgasundarā

yaṃ dehadeśam sa bhṛṣam spr̥śet yatra ca dehadeśe sparś-
anākṣamaḥ syāt tatra deśe rujam vidyāt | § 18859

6.2.17 Aṣṭāṅgahr̥dayasaṃhitā

-----mūrdhni rujam cākṣinimīlanāt | | 6 | |
hṛdi jihvauṣṭhadaśanaśvāsamuṣṭinipīḍan-
aiḥ | | 7 | |
koṣṭhe vibandhavamathustanadaṃśāntrakūjan-
aiḥ | | 7 | |
ādhmānapr̥ṣṭhanamanajaṭharonnamanairapi | | 8 | |
bastau guhye ca
viṇmūtrasaṅgottrāsadigīkṣaṇaiḥ | | 8 | | § 18864

5

6.2.18 Sarvāṅgasundarā

śirasi pīḍamakṣinimīlanādvidyāt | vināśahetumata eva ji-
hvauṣṭhadaśanādibhirhr̥di pīḍaṃ vidyāt | vibandhādibhi-
rādhmānādibhiśca koṣṭhe rujaṃ vidyāt | bastau guhye ca
pīḍaṃ viṣaṅgādibhirvidyāt | § 18865

6.2.19 Aṣṭāṅgahr̥dayasaṃhitā

atha dhātryāḥ kriyāṃ kuryādyathādoṣaṃ
yathāmayam | | 9 | | § 18866

6.2.20 Sarvāṅgasundarā

atha-anantaraṃ, evaṃ jñātvā dhātryā vaidyo yathādoṣaṃ
yathārogaṃ kriyāṃ kuryāt | § 18867

6.2.21 Aṣṭāṅgahr̥dayasaṃhitā

tatra vātātmake stanye daśamūlaṃ tryahaṃ pibet | | 9 | |
athavā+agnivacāpāṭhākāṭukākauṣṭhadīpyakam | | 10 | |
sabhārgīdārusaralavṛścikālīkaṇoṣaṇam | | 10 | | § 18870

6.2.22 Sarvāṅgasundarā

tatra-teṣu, vātena duṣṭe stanye trīṇi dināni daśamūlaṃ pi-
bet | athavā citrakādīni kvathitāni tryahaṃ pibet | § 18871

6.2.23 Aṣṭāṅgahr̥dayasaṃhitā

tataḥ pibedanyatamaṃ vātavyādhiharaṃ ghṛtam | | 11 | |
anu cācchasurāmevaṃ snigdhāṃ mṛdu
virecayet | | 11 | |
bastikarma tataḥ
kuryātsvedādīṃścānilāpahān | | 12 | | § 18874

6.2.24 Sarvāṅgasundarā

anantaram vātavyādhicikitsitoktam ghr̥tam pibet | pa-
ścādacchasurām pibet | evaṃ snigdhām satīm mṛdu
virecayet-āragvadhena | anantaram bastikarma kuryāt |
svedādīṃśca mārutāpahān | ādiśabdenābhyaṅgādergra-
haḥ | § 18875

5

6.2.25 Aṣṭāṅgahr̥dayasaṃhitā

rāsnājamodāsaraladevadārurajonvitam | | 12 | |
bālo lihyād ghr̥tam tairvā vipakvaṃ
sasitopalam | | 13 | | § 18877

6.2.26 Sarvāṅgasundarā

rāsnādicūrṇānvitam śisūḥ sarpirlihyāt | athavā taiḥ si-
ddham saśarkaram ghr̥tam lihyāt | § 18878

6.2.27 Aṣṭāṅgahr̥dayasaṃhitā

pittaduṣṭe+amṛtābhīrupaṭolīnimbacandanam | | 13 | |
dhātrī kumāraśca pibet kvāthayitvā
sasārivam | | 14 | |
athavā
triphalāmustabhūnimbakaṭurohiṇīḥ | | 14 | |
sārivādiṃ paṭolādiṃ padmakādiṃ tathā
gaṇam | | 15 | |
ghṛtānyebhiśca siddhāni pittagnaṃ ca
virecanam | | 15 | |
śītāṃścābhyaṅgalepādīn
yuñjyāt----- | | 16 | | § 18884

5

6.2.28 Sarvāṅgasundarā

pittaduṣṭe guḍūcyādīni kvāthayitvā bālaḥ pibet dhā-
trī ca | athavā triphalādīn pibet | athavā sārivādiga-

ṇaṃ(gaṇādyanyatamaṃ) pibet saṃ-athavā sārivādibhirg-
aṇaiḥ pṛthak pṛthak siddhāni ghṛtāni lihyāt | virecanadra-
vyaṃ ca pittaghaṇaṃ kuryā(yuñjyā)t | abhyaṅgādīṃśca śī-
tān yuñjyāt | § 18885

6.2.29 Aṣṭāṅgahr̥dayasaṃhitā

-----śleṣmātmake punaḥ | | 16 | |
yaṣṭyāhvasaindhavayutaṃ kumāraṃ pāyayed
ghṛtam | | 16 | |
sindhūtthapippalīmadvā, piṣṭaiḥ,
kṣaudrayutairatha | | 17 | |
rāṭhapuṣpaiḥ stanau limpecchiśośca
daśanacchadau | | 17 | |
5 sukhavevaṃ vamedbālah-----
-- | | 18 | | § 18890

6.2.30 Sarvāṅgasundarā

śleṣmaduṣṭe stanye madhuyaṣṭīśaindhavayuktaṃ ghṛtaṃ
bālaṃ pāyayet | saindhavapippaliyuktaṃ ghṛtaṃ vā pāya-
yet | madanakusumairmākṣikayuktaiḥ stanau limpet | bā-
lasya coṣṭhau limpet | evaṃ kṛte sati bālah sukhaṃ vamet |
5 § 18891

6.2.31 Aṣṭāṅgahr̥dayasaṃhitā

-----tīkṣṇairdhātrīṃ tu vāmayet | | 18 | | § 18892

6.2.32 Sarvāṅgasundarā

dhātrīṃ tīkṣṇairvamanairvāmayet | § 18893

6.2.33 Aṣṭāṅgahr̥dayasaṃhitā

athācaritasamsargī mustādiṃ kvathitaṃ pibet | | 18 | |
tadvattagarapr̥thvīkāsuraḍārūkaliṅgakān | | 19 | |
athavā+ativiṣāmustaṣaḍgranthāpañcakolakam | | 19 | | § 18896

6.2.34 Sarvāṅgasundarā

anantaram̐ kṛte saṃsarge sati mustādiṃ kvathitaṃ pibet |
tagarādīn vā ativiṣādīn vā pibet | § 18897

6.2.35 Aṣṭāṅgahr̥dayasaṃhitā

stanye tridoṣamaline durgandhyāmaṃ jalopamam | | 20 | |
vibaddhamacchaṃ vicchinnaṃ phenilaṃ
copaveśyate | | 20 | |
śakṛnnānāvyathāvarṇam̐, mūtraṃ pītaṃ sitaṃ
ghanam | | 21 | |
jvarārocakatr̥tchardīsuṣkodgāravijr̥mbhikāḥ | | 21 | |
aṅgabhaṅgo+aṅgavikṣepaḥ kūjanam̐ 5
vepathurbhramaḥ | | 22 | |
ghrāṅākṣimukhapākādyā jāyante+anye+api taṃ
gadam | | 22 | |
kṣīrālasakamityāhuratyayaṃ cātidāruṇam̐
tatrāśu dhātrīṃ bālam̐ ca
vamanenopapādayet | | 23 | | § 18904

6.2.36 Sarvāṅgasundarā

tridoṣaduṣṭe stanye durgandhyādiguṇam̐ śakṛdupaveśy-
ate, tathā nānāvyathāvarṇam̐ | mūtraṃ ca pītaṃ sitaṃ
ghanam̐-styānam̐, ca syāt | tathā jvarādayaḥ, anye+api-
evam̐prakārā rogāḥ, jāyante | taṃ-īdr̥śam̐, gadam̐ kṣīrāla-
sakamiti kathayanti | atyayaṃ-vināśahetum̐, ata evātidār- 5
uṇam̐ sa0-tatra-kṣīrālasake, śīghrameva dhātrīṃ bālam̐ ca
vamanenopakramet | § 18905

6.2.37 Aṣṭāṅgahr̥dayasaṃhitā

vihitāyāṃ ca saṃsargyāṃ vacādiṃ yojayedgaṇam | |24| |
niśādiṃ vā+athavā
mādrīpāṭhātiktāghanāmayān | |24| | § 18907

6.2.38 Sarvāṅgasundarā

[vihitāyāṃ] saṃsargyāṃ-peyādike krame kṛte, vacādiṃ
niśādiṃ vā gaṇam prayojayet | mādryādīn vā yojayet |
§ 18908

6.2.39 Aṣṭāṅgahr̥dayasaṃhitā

pāṭhāsuṅṭhyamṛtātiktādevāhvasārīvāḥ | |25| |
samustamūrvendrayavāḥ stanyadoṣaharāḥ
param | |25| | § 18910

6.2.40 Sarvāṅgasundarā

pāṭhādāya upayuktāḥ param stanyadoṣaharāḥ | tiktāḥ kir-
ātātiktaḥ | § 18911

6.2.41 Aṣṭāṅgahr̥dayasaṃhitā

anubandhe yathāvyādhi pratikurvīta kālavit | |26| | § 18912

6.2.42 Sarvāṅgasundarā

anubandhe tu sati yathārogaṃ cikitsitaṃ kuryādvaidyāḥ |
§ 18913

6.2.43 Aṣṭāṅgahr̥dayasaṃhitā

dantodbhEdaśca rogāṇāṃ sarveṣāmapī kāraṇam | | 26 | |
viśeṣājjavaraṇībhedaścaśarīroraḥ | | 27 | |
abhiśyandasya pothakyā visarpasya ca
jāyate | | 27 | | § 18916

6.2.44 Sarvāṅgasundarā

rogāṇāṃ ca sarveṣāmapī dantodbhedo heturjāyate | viśe-
ṣeṇa jvarādīnāṃ tu hetuḥ sampadyate | § 18917

6.2.45 Aṣṭāṅgahr̥dayasaṃhitā

pr̥ṣṭhabhaṅge biḍālānāṃ barhiṇāṃ ca
śikhodgame | | 28 | |
dantodbhede ca bālānāṃ na hi kiñcinna
dūyate | | 28 | |
yathādoṣaṃ yathārogaṃ yathodrekaṃ
yathābhayaṃ | | 29 | |
vibhajya deśakālādīmstatra yojyaṃ
bhiṣagjitam | | 29 | | § 18921

6.2.46 Sarvāṅgasundarā

mārjārāṇāṃ pr̥ṣṭhabhaṅge sati, mayūrāṇāṃ ca śikodbhave
sati, dantotthāne ca śīsūnāṃ, naneti dvau pratiśedhau pr-
akṛtamarthaṃ gamayataḥ, tena sarvaṃ vapurbālasyotta-
ptaṃ bhavet | na kiñcinna dūyate,- api tu sarvaṇyevāṅg- 5
āni pīḍyanta ityārthaḥ | sa0-tatra doṣānusāreṇa tathā doṣ-
ādikyānurodhena tathā rogānusāreṇa ca deśakālasattvas-
ātmyaprakṛtīrnirūpyāuśadhaṃ prayojayet | § 18922

6.2.47 Aṣṭāṅgahr̥dayasaṃhitā

ta eva doṣā dūṣyāśca jvarādyā vyādhayaśca yat | | 30 | |

atastadeva bhaiṣajyaṃ mātrā tvasya
kanīyasī | | 30 | |
saukumāryālpakāyatvāt
sarvānnānupasevanāt | | 31 | | § 18925

6.2.48 Sarvāṅgasundarā

yat-yasmāt, ta eva vātādayo doṣāḥ, ta eva rasādayo dū-
ṣyāḥ, jvarādayaśca rogāḥ pūrvoktāsta eva, tasmāt tadeva
pūrvoktaṃ bhaiṣajyam | asya tu-bālasya, mātrā kanīyasī |
kuto+asya hrasvatarā mātrā ? ityāha-saukumāryetyādi |
§ 18926

5

6.2.49 Aṣṭāṅgahr̥dayasaṃhitā

snigdhā eva sadā bālā ghṛtakṣīraniṣevanāt | | 31 | |
sadyastān vamaṇaṃ tasmāt pāyayenmatimān
mṛdu | | 32 | | § 18928

6.2.50 Sarvāṅgasundarā

śīśavaḥ sarvadaiva snigdhāḥ | kutaḥ ? ghṛtakṣīraniṣeva-
nāt | yataścaivaṃ tasmāt tān-bālān, sadyo vamaṇaṃ mṛdu
dhīmān pāyayet | § 18929

6.2.51 Aṣṭāṅgahr̥dayasaṃhitā

stanyasya tṛptaṃ vamayet kṣīrakṣīrānnasevinam | | 32 | |
pītavantam tanuṃ peyāmannādam
ghṛtasam̐yutām | | 33 | | § 18931

6.2.52 Sarvāṅgasundarā

kṣīrasevinam tathā kṣīrānnasevinam bālaṃ stanyasya tṛ-
ptaṃ santam vāmayet | stanyasya tṛptamiti "adhikara-
ṇavācinaśca" iti ṣaṣṭhī | vā(va)mayediti "glāsnāvanuva-

māṃ ca" iti mittvavikalpaḥ sa0-annādaṃ bālaṃ taṇuṃ-
aghanāṃ, peyāṃ sasarpīṣkāṃ pītavantāṃ vāmayet | § 18932

6.2.53 Aṣṭāṅgahrdayasaṃhitā

bastiṃ sādhye virekeṇa, marśena pratimarśanam | | 33 | |
yuñjayādvirecanādīṃstu dhātryā eva
yathoditān | | 34 | | § 18934

6.2.54 Sarvāṅgasundarā

virekeṇa sādhye roge bastiṃ yuñjayāt | marśena sādhye
roge pratimarśaṃ yuñjyāt | virecanādīn punaryathoditān
dhātryā eva yuñjyāt | § 18935

6.2.55 Aṣṭāṅgahrdayasaṃhitā

mūrvāvyoṣavarākolaṃ jambūtvakdārusarśapāḥ | | 34 | |
sapāṭhā madhunā līḍhāḥ stanyadoṣaharāḥ
param | | 35 | | § 18937

6.2.56 Sarvāṅgasundarā

mūrvādayo madhunā līḍhāḥ suṣṭhu stanyadoṣaharāḥ |
§ 18938

6.2.57 Aṣṭāṅgahrdayasaṃhitā

dantapālīṃ samadhunā cūrṇena pratisārayet | | 35 | |
pippalyā dhātakīpuṣpadhātrīphalakṛtena
vā | | 36 | | § 18940

6.2.58 Sarvāṅgasundarā

śīṣordantapālīṃ pippalyāścūrṇena samākṣikeṇa pratisār-
ayet | athavā dhātakīpuṣpādīkṛtena cūrṇena pratisārayet |
§ 18941

6.2.59 Aṣṭāṅgahr̥dayasaṃhitā

lāvatittirivallūrarajaḥ puṣparasadrutam | | 36 | |
drutaṃ karoti bālānāṃ
dantakesaravanmukham | | 37 | | § 18943

6.2.60 Sarvāṅgasundarā

lāvādicūrṇaṃ mākṣikadravīkṛtamupayuktaṃ śīsūnāṃ śī-
ghraṃ dantakesaravanmukhaṃ karoti | dantā eva kesā-
raṃ tat (rāṇi tāni) vidyate(nte) yasminniti matup | § 18944

6.2.61 Aṣṭāṅgahr̥dayasaṃhitā

vacādvibr̥hatīpāṭhākaṭukātiviṣāghanaiḥ | | 37 | |
madhuraiśca ghr̥taṃ siddhaṃ siddhaṃ
daśanajanmani | | 38 | | § 18946

6.2.62 Sarvāṅgasundarā

vacādibhiḥ pakvaṃ ghr̥taṃ dantotthāne siddham,- avyāh-
ataśaktivāt | § 18947

6.2.63 Aṣṭāṅgahr̥dayasaṃhitā

rajanīdārusaralāśreyasībr̥hatīdvayam | | 38 | |
pṛṣṇiparṇī śatāhvā ca līḍhaṃ
mākṣikasarpīṣā | | 39 | |
grahaṇīdīpanaṃ śreṣṭhaṃ
mārutasyānulomanam | | 39 | |
atīsārajvaraśvāsakāmalāpāṇḍukāsanut | | 40 | |
5 bālasya sarvarogeṣu pūjitaṃ
balavarṇadaṃ | | 40 | | § 18952

6.2.64 Sarvāṅgasundarā

rajanyādicūrṇaṃ māḥṣikayuktena sarpiṣā līdhaṃ graha-
ṇyā dīpanaṃ suṣṭhu vātasya cānulomanam | tathā+atīsārādijit |
bālasya sarvāmayeṣu hitaṃ balavarṇadaṃ ca | § 18953

6.2.65 Aṣṭāṅgahrdayasaṃhitā

samaṅgādhātākīrodhrakuṭannaṭabalādvayaiḥ | | 41 | |
mahāsahākṣudrasahāmudgabilvaśalāṭubhiḥ | | 41 | |
sakārpāsīphalaistoye sādhitaiḥ sādhitam
ghṛtam | | 42 | |
kṣīramastuyutaṃ hanti sīghraṃ
dantodbhavodbhavān | | 42 | |
vividhānāmayānetadvṛddhakāśyapanirmitam | | 43 | | § 18958

6.2.66 Sarvāṅgasundarā

samaṅgādibhiḥ sāmānyaparibhāṣayā toyē sādhitam ghṛ-
taṃ kṣīramastuyutaṃ pakvaṃ dantotthān rogānanekapr-
akārān hanti | etacca vṛddhakāśyapena nirmitam | § 18959

6.2.67 Aṣṭāṅgahrdayasaṃhitā

dantodbhaveṣu rogeṣu na bālamatiyantrayet | | 43 | |
svayamapyupaśāmyanti jātadantasya
yadgadāḥ | | 44 | | § 18961

6.2.68 Sarvāṅgasundarā

dantodbhaveṣu rogeṣu bālaṃ nātīva yantrayet-pathyabhojanādinā
nātīva niyamayet, yathā+anyarogīṇam | kim ? ityāha-yat-
yasmāt, svayameva(mapi)-cikitsāmantareṇāpi, jātadanta-
sya sato bālasya rogāḥ praśāmyanti | § 18962

6.2.69 Aṣṭāṅgahr̥dayasaṃhitā

atyahaṣvapnaśītāmbuślaiṣmikastanyasevinaḥ | | 44 | |
śiśoḥ kaphena ruddheṣu srotaḥsu
rasavāhiṣu | | 45 | |
arocakaḥ pratiśyāyo jvaraḥ kāsaśca
jāyate | | 45 | |
kumāraḥ śuṣyati tataḥ
snigdhaśuklamukhekṣaṇaḥ | | 46 | | § 18966

6.2.70 Sarvāṅgasundarā

bhṛṣaṃ divāsvapnādisevino+arbhakasya kaphena rasavā-
hiṣu srotaḥsu ruddheṣu satsu arocakādayaḥ prādurbhava-
nti | tataḥ-teṣu jāteṣu, kumāraḥ śuṣyati | snigdhaṃ śuklaṃ
vadanayanamaṃ yasya sa evaṃbhūtaḥ san | § 18967

6.2.71 Aṣṭāṅgahr̥dayasaṃhitā

saindhavavyoṣaśārṅgeṣṭāpāṭhāgirikadambakān | | 46 | |
śuṣyato madhusarpirbhyāmarucyādiṣu
yojayet | | 47 | | § 18969

6.2.72 Sarvāṅgasundarā

tasyārocakādiṣu saindhavādīn samadhughṛtān yojayet |
§ 18970

6.2.73 Aṣṭāṅgahr̥dayasaṃhitā

aśokarohiṇīyuktaṃ pañcakolaṃ ca cūrṇitam | | 47 | |
badarīdhātakīdhātrīcūrṇaṃ vā sarpiṣā
drutam | | 48 | | § 18972

6.2.74 Sarvāṅgasundarā

tathā pañcakolaṃ rajīkṛtamaśokakaṭukābhyāṃ yuktaṃ
yojayet | athavā badaryādicūrṇaṃ sarpiṣā dravīkṛtaṃ yoj-
ayet | § 18973

6.2.75 Aṣṭāṅgahr̥dayasaṃhitā

sthirāvacādvibr̥hatīkākolīpippalīnataiḥ | | 48 | |
niculotpalavarṣābhūbhārgīmustaīśca
kāṛṣikaiḥ | | 49 | |
siddhaṃ prasthārdhamājyasya srotasāṃ
śodhanaṃ param | | 49 | |
simhyaśvagandhāsurasākaṇāgarbhaṃ ca
tadguṇaṃ | | 50 | | § 18977

6.2.76 Sarvāṅgasundarā

sthirādibhiḥ kāṛṣikairghṛtasya prasthārdhaṃ siddhaṃ pa-
raṃ srotasāṃ viśodhanaṃ | sa0-simhyādibhirghṛtaṃ pū-
rvaguṇaṃ | § 18978

6.2.77 Aṣṭāṅgahr̥dayasaṃhitā

yaṣṭyāhvapippalīrodhr̥padmakotpalacandanaiḥ | | 50 | |
tālīśasārivābhyāṃ ca sādhitāṃ
śoṣajidghṛtaṃ | | 51 | | § 18980

6.2.78 Sarvāṅgasundarā

madhuyaṣṭīkātibhiḥ sādhitāṃ sarpiḥ śoṣajit | § 18981

6.2.79 Aṣṭāṅgahr̥dayasaṃhitā

śṛṅgīmadhūlikābhārgīpippalīdevadārubiḥ | | 51 | |
āśvagandhādvīkākolīrāsnaṣabhakajīvakaiḥ | | 52 | |

śūrpaparṇīviḍaṅgaiśca kalkitaiḥ sādhitam
ghṛtam | | 52 | |
śaśottamāṅganiryūhe śuṣyataḥ
puṣṭikṛtparam | | 53 | | § 18985

6.2.80 Sarvāṅgasundarā

śṛṅgyādibhiḥ kalkitaiḥ śaśasya śiraḥkvāthena sādhitam
ghṛtam śuṣyato bālasyaṭipuṣṭikaram | § 18986

6.2.81 Aṣṭāṅgahr̥dayasaṃhitā

vacāvayaḥsthātagarakāyasthācorakaiḥ śṛtam | | 53 | |
bastamūtrasurābhyāṃ ca tailamabhyañjane
hitam | | 54 | | § 18988

6.2.82 Sarvāṅgasundarā

vacādibhiśchāgamūtrasurābhyāṃ ca siddham tailamabhya-
aṅge hitam | § 18989

6.2.83 Aṣṭāṅgahr̥dayasaṃhitā

lākṣārasasamaṃ tailaprastham mastu caturguṇam | | 54 | |
aśvagandhāniśādārūkauntīkuṣṭhābdacandanaiḥ | | 55 | |
samūrvārohiṇīrāsnaśatāhvāmadhukaiḥ
samaiḥ | | 55 | |
siddham lākṣādikaṃ nāma
tailamabhyañjanādidam | | 56 | |
5 balyam jvarakṣayonmādaśvāsāpasmāravāta-
nut | | 56 | |
yakṣarākṣasabhūtaghnam garbhiṇīnām ca
śasyate | | 57 | | § 18995

6.2.84 Sarvāṅgasundarā

lākṣārasatulyaṃ tailapraṣṭhaṃ mastucaturguṇamaśvaga-
ndhādibhiḥ sāmānyaparibhāṣoktapramāṇaiḥ siddhaṃ lā-
kṣādikaṣaṃjñam | etattailamabhyaṅgād balyaṃ jvarādijit
yakṣmādighnaṃ garbhīṅbhyaśca hitam | § 18996

6.2.85 Aṣṭāṅgahrdayasaṃhitā

madhunā+ativiṣāśṅgīpippalīrlehayecchiśum | | 57 | |
ekāṃ vā+ativiṣāṃ
kāśajvaracchardirupadrutam | | 58 | | § 18998

6.2.86 Sarvāṅgasundarā

ativiṣādīn madhunā kāśādipīḍitaṃ śīśuṃ-bālaṃ, lehayet |
athavā, ativiṣāmekāṃ lehayet | § 18999

6.2.87 Aṣṭāṅgahrdayasaṃhitā

pītaṃ pītaṃ vamaṭi yaḥ stanyaṃ taṃ
madhusarpiṣā | | 58 | |
dvivārtākīphalarasaṃ pañcakolaṃ ca
lehayet | | 59 | |
pippalīpañcalavaṇaṃ
kṛmijitpāribhadrakam | | 59 | |
tadvallihyāttathā vyoṣaṃ maṣīṃ vā
romacarmanām | | 60 | |
lābhataḥ śalyakaśvāvidgodharkṣaśikhijanma-
nām | | 60 | | § 19004

5

6.2.88 Sarvāṅgasundarā

yo bālaḥ pītaṃ pītaṃ stanyaṃ vamaṭi taṃ bṛhatīdvayasya
phalasvarasaṃ pañcakolaṃ ca gṛtamākṣikābhyāṃ leha-
yet | athavā pippalyādikaṃ tadvat-pūrvavat madhusarp-
iṣā, bālo lihyāt | vyoṣaṃ tathā-madhusarpiṣā, lihyāt | [ath-

avā] śalyakādijanmanāṃ romṇāṃ carmaṇāṃ ca yathālā-
bhaṃ maṣīm madhughṛtābhyāṃ lihyāt | § 19005

6.2.89 Aṣṭāṅgahr̥dayasaṃhitā

khadirārjunatālīsakuṣṭhacandanaje rase | | 61 | |
sakṣīraṃ sādhitam sarpirvamathum
viniyacchati | | 61 | | § 19007

6.2.90 Sarvāṅgasundarā

khadirādirase sakṣīraṃ sarpiḥ pakvamupayuktaṃ vamiṃ
śamayati | § 19008

6.2.91 Aṣṭāṅgahr̥dayasaṃhitā

tālumāṃse kaphaḥ kruddhaḥ kurute
tālukaṇṭakam | | 63 | |
tena tālupradeśasya nimnatā mūrdhni
jāyate | | 64 | |
tālupātaḥ stanadveṣaḥ kṛcchrātpānaṃ
śakṛddravam | | 64 | |
ṛḍāsyakaṇḍvakṣirujā grīvādurdharatā
vamiḥ | | 65 | | § 19012

6.2.92 Sarvāṅgasundarā

kapho madhurādyastālumāṃse prakupitastālukaṇṭakam
kuryāt | tena-tālukaṇṭakena, śirasi tālupradeśe nimnatā
syāt | tathā tālunaḥ patanaṃ stanadveṣaḥ kṛcchreṇa stan-
apānaṃ śakṛcca dravam syāt | tathā ṛḍādyāḥ syuḥ | § 19013

6.2.93 Aṣṭāṅgahr̥dayasaṃhitā

tatrokṣipya yavakṣāraḥ saudrābhyāṃ pratisārayet | | 65 | |

tālu tadvatkaṇāśuṅṭhīgośakṛdrasasaindhav-
aiḥ | | 66 | | § 19015

6.2.94 Sarvāṅgasundarā

tatra tālūtkṣipya yavakṣāraḥṣaudrābhyāṃ pratisārayet |
tathaiva kaṇādibhiḥ pratisārayet § 19016

6.2.95 Aṣṭāṅgahrdayasaṃhitā

śṛṅgaveraniśābhṛṅgaṃ kalkitaṃ vaṭapallavaiḥ | | 66 | |
badhvā gośakṛtā liptaṃ kukūle
svedayettataḥ | | 67 | |
rasena limpettālvāsyāṃ netre ca
pariṣecayet | | 67 | | § 19019

6.2.96 Sarvāṅgasundarā

tathā śuṅṭhyādikaṃ kalkitaṃ vaṭapallavairbadhvā gośak-
ṛtā liptaṃ tataḥ kukūle svedayet | anantaraṃ rasena ca
tataḥ srutena, tālu āsyāṃ ca limpet | tathā netre pariṣec-
ayet | § 19020

6.2.97 Aṣṭāṅgahrdayasaṃhitā

harītakīvacākuṣṭhakalkaṃ māḥṣikasamyutam | | 68 | |
pītvā kumāraḥ stanyena mucyate
tālukaṇṭakāt | | 68 | | § 19022

6.2.98 Sarvāṅgasundarā

harītakyādikaṃ māḥṣikayuktaṃ stanyena śīśuḥ pītvā tāl-
ukaṇṭakādvimucyate § 19023

6.2.99 Aṣṭāṅgahr̥dayasaṃhitā

malopalepātsvedādvā gude raktaphodbhavaḥ | | 69 | |
tāmro vraṇo+antaḥ kaṇḍūmān jāyate
bhūryupadravaḥ | | 69 | |
kecittaṃ māṭṛkādoṣaṃ
vadantyanye+ahipūtanam | | 70 | |
pr̥ṣṭārurgudakuṭṭaṃ ca kecicca
tamanāmikam | | 70 | | § 19027

6.2.100 Sarvāṅgasundarā

gude raktaphodbhavo malopalepāt svedādvā tāmro vra-
ṇaḥ kaṇḍūmānāntaro bahūpadravo jāyate | taṃ-tathāvidhaṃ,
kecinmāṭṛkādoṣaṃ kathayanti | apare ca pūtanasaṃjñam-
ityāhuḥ | kecit pr̥ṣṭāruriti, kecit gudakuṭṭamiti, kecicca ta-
5 manāmikaṃ, bruvate | § 19028

6.2.101 Aṣṭāṅgahr̥dayasaṃhitā

tatra dhātryāḥ payaḥ śodhyaṃ
pittaśleṣmaharauṣadhaiḥ | | 71 | | § 19029

6.2.102 Sarvāṅgasundarā

tatra-tasminnanekanāmni roge, dhātryāḥ kṣīraṃ śodhanī-
yam kaiḥ ? pittaśleṣmahṛdbhiraūṣadhaiḥ | § 19030

6.2.103 Aṣṭāṅgahr̥dayasaṃhitā

śṛtaśītaṃ ca śītāmbuyuktamantarapānakam | | 71 | |
sakṣaudratārksyaśailena vraṇaṃ tena ca
lepayet | | 72 | |
triphalābadarīplakṣatvakkvāthapariṣecitam | | 72 | |
kāśīsarocanātutthamanohvālarasāñjanaiḥ | | 73 | |

lepayedamlapiṣṭairvā
 cūrṇitairvā+avacūrṇayet | |73| |
 suślakṣṇairathavā
 yaṣṭīśaṅkhasauvīrakāñjanaiḥ | |74| |
 sārivāśaṅkhanābhibhyāmasanasya
 tvacā+athavā | |74| |
 rāgakaṇḍūtkate kuryādraktasrāvaṃ
 jalaukasā | |75| |
 sarvaṃ ca pittavraṇajicchasyate 5
 gudakuṭṭake | |75| | § 19039

6.2.104 Sarvāṅgasundarā

saha kṣaudreṇa vartate yattat sakṣaudram, sakṣaudram ca
 tat tārksyaśailaṃ ca, tena yuktaṃ śītāmbu, antaraṃ pān-
 akaṃ ca hitaṃ | kimbhūtaṃ ? śṛtaśītaṃ | atra ca śītāmā-
 trasya śītatvenaiva labdhatvācchītāmbivatyaṭīśayārtham |
 evaṃ hi pittopaśāntirbhavati | ata eva ca tatsahitasya ka- 5
 phasya śamanāya māksīkarasāñjanayogo+atra kṛtaḥ | tena
 ca jalena vraṇaṃ lepayet | kimbhūtaṃ vraṇaṃ ? triph-
 alādikvāthena pariṣecitaṃ santaṃ kāsīsādibhiramlapiṣṭa-
 irvā lepayet | athavā, etaireva cūrṇitairvraṇamavacūrṇa-
 yet | athavā madhukādibhiḥ supiṣṭairavacūrṇayet | sārī- 10
 vāśaṅkhanābhibhyāmavacūrṇayet | athavā, asanatvacā li-
 mpet | rāgakaṇḍvādhikye jalaukobhirasrasrāvaṃ kuryāt |
 jalaukasā "jātau" ityekavacanāt tasya prayogo na doṣāya,
 tathā sallakṣasya dṛṣṭatvāt | sarvaṃ cikitsitaṃ pittavraṇa-
 tulyaṃ gudakuṭṭake śasyate | § 19040 15

6.2.105 Aṣṭāṅgahr̥dayasaṃhitā

pāṭhāvelladvirajanīmustabhārgīpunarnavaiḥ | |76| |
 sabilvatryūṣaṇaiḥ sarpivṛścikālīyutaiḥ
 śṛtaṃ | |76| |
 lihāno mātrayā rogairmucyate
 mṛttikodbhavaiḥ | |77| | § 19043

6.2.106 Sarvāṅgasundarā

pāṭhādibhiḥ pakvaṃ ghr̥taṃ mātrayā lihan mṛttikodbhav-
airāmayairmucyate | § 19044

6.2.107 Aṣṭāṅgahr̥dayasaṃhitā

vyādheradyasya bhaiṣajyaṃ stanastena
pralepitaḥ | | 77 | |
sthito muhūrtaṃ dhauto+anu pītastaṃ taṃ
jayedgadam | | 77 | |
mayapraṭiṣedho nāma
dviṭīyo+adhyāyaḥ | | 2 | | § 19047

6.2.108 Sarvāṅgasundarā

yasya rogasya yadauṣadhamuktaṃ tenaivauṣadhena sta-
naḥ pralepito muhūrtaṃ mātraṃ-nāḍikādvayaṃ yāvad vi-
dhr̥taḥ, stano+anu dhautaḥ paścāt pītastaṃ taṃ-aniyataṃ
rogaṃ, jayet | iti śrīmṛgāṅkadattaputraśrīmadaruṇada-
5 ttavirachitāyāmaṣṭāṅgahr̥daya- ṭīkāyāṃ sarvāṅgasundar-
ākhyāyāṃ ṣaṣṭhe uttarasthāne bālā mayapraṭiṣedho nāma
dviṭīyo+adhyāyaḥ samāptaḥ | | 2 | | § 19048

6.3 balagrahapraṭiṣedhādhyāyaḥ : 3

6.3.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto bālagrahapraṭiṣedhaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 19050

6.3.2 Aṣṭāṅgahr̥dayasaṃhitā

asmādanantaram bālagrahapratishedha ucyate,
grahāṅāmapi roga hetutvāt | sa0-bālānām
grahā bālagrahāḥ, teṣām pratishedho yasmin
sa bālagrahapratishedhaḥ, tam | śeṣam
pūrvavat | § 19051

6.3.3 Aṣṭāṅgahr̥dayasaṃhitā

purā guhasya rakṣārtham nirmitāḥ śūlapāṇinā | | 1 | |
manuṣyavigrahāḥ pañca sapta strīvigrahā
grahāḥ | | 1 | |
skando viśākho meṣākhyāḥ śvagrahāḥ
pitṛsaṃjñitāḥ | | 2 | |
śakuniḥ pūtanā sītapūtanā+adṛṣṭipūtanā | | 2 | |
mukhamaṇḍitikā tadvadrevatī
śuṣkarevatī | | 3 | | § 19056

5

6.3.4 Sarvāṅgasundarā

pūrvam śrīmahādevena kārtikeyasya rakṣārtham manuṣya-
aśarīrāḥ pañca grahā nirmitāḥ | strīśarīrāśca saptotpādi-
tāḥ | saṃ-skandādayaḥ pañca nararūpāḥ | śakunyādayaḥ
sapta strīrūpāḥ | § 19057

6.3.5 Aṣṭāṅgahr̥dayasaṃhitā

teṣām grahīṣyatām rūpaṃ pratataṃ rodanaṃ
jvaraḥ | | 3 | | § 19058

6.3.6 Sarvāṅgasundarā

teṣām-grahāṅām, grahīṣyatām pūrvarūpaṃ pratataṃ rod-
anaṃ jvaraśca | § 19059

6.3.7 Aṣṭāṅgahr̥dayasaṃhitā

sāmānyam rūpamuttrāsajṛmbhābhṛkṣepadīnatāḥ | | 4 | |
phenasrāvordhvadr̥ṣṭyoṣṭhadantadamśaprajāgarāḥ | | 4 | |
rodanam kūjanam stanyavidveṣaḥ
svaraivaikṛtam | | 5 | |
nakhairakasmātparitaḥ
svadhātryaṅgavilekhanam | | 5 | | § 19063

6.3.8 Sarvāṅgasundarā

teṣāṃ sāmānyam rūpamuttrāsa ityādi svadhātryaṅgavile-
khanāntam | § 19064

6.3.9 Aṣṭāṅgahr̥dayasaṃhitā

tatraikanayanasrāvī śiro vikṣipate muhuḥ | | 6 | |
hataikapakṣaḥ stabdhāṅgaḥ sasvedo
natakandharaḥ | | 6 | |
dantakhādī stanadveṣī trasyan roditi
visvaram | | 7 | |
vakravaktro vaman lālāṃ bhṛśamūrdhvaṃ
nirīkṣate | | 7 | |
5 vasāsṛggandhirudvigno
baddhamuṣṭīśakṛcśīsuḥ | | 8 | |
calitaikākṣigaṇḍabhrūḥ
saṃraktobhayalocanaḥ | | 8 | |
skandārtastena vaikalyam maraṇam vā bhaved
dhruvam | | 9 | | § 19071

6.3.10 Sarvāṅgasundarā

tatra-teṣu graheṣu madhye, ekalocanasravaṇaśīlastathā
śiro vikṣipata ityādi saṃraktalocanadvayāntam skanda-
gr̥hītasya lakṣaṇam | tena vaikalyam-paṅgutvakāṇatvādi,
mṛtyureva vā dhruvam niścitam, bhavet | § 19072

6.3.11 Aṣṭāṅgahr̥dayasaṃhitā

saṃjñānāśo muhuḥ keśaluñcanaṃ kandharānatiḥ | | 9 | |
vinamya jṛmbhamāṇasya
śakṛvmūtrapravartanam | | 10 | |
phenodvamanamūrdhveksā
hastabhrūpādanartanam | | 10 | |
stanaśvajihvāsandaṃśasaṃrambhajvarajāgarāḥ | | 11 | |
pūyaśoṇitagandhaśca 5
skandāpasmāralakṣaṇam | | 11 | | § 19077

6.3.12 Sarvāṅgasundarā

saṃjñānāśādikaṃ pūyaśoṇitagandhāntaṃ skandāpasmā-
ralakṣaṇam | § 19078

6.3.13 Aṣṭāṅgahr̥dayasaṃhitā

ādhmānaṃ pāṇipādasya spandanam
phenanirvamaḥ | | 12 | |
tr̥ṇmuṣṭibandhātīsārasvaradainyavivarṇatāḥ | | 12 | |
kūjanaṃ stananaṃ śardiḥ
kāśahidhmāprajāgarāḥ | | 13 | |
oṣṭhadaṃśāṅgasaṅkocastambhabastābhagandhatāḥ | | 13 | |
ūrdhvaṃ nirīkṣya hasanaṃ, madhye 5
vinamanaṃ, jvaraḥ | | 14 | |
mūrcśaikanetraśophaśca
naigameṣagrahākṛtiḥ | | 14 | | § 19084

6.3.14 Sarvāṅgasundarā

meṣasya naigameṣāparasamjñasyādhmānādi ekanetraśo-
phāntaṃ lakṣaṇam | § 19085

6.3.15 Aṣṭāṅgahr̥dayasaṃhitā

kampo hr̥ṣitaromatvaṃ svedaścaḥṣurnimīlanam | | 15 | |
bahirāyāmanam
jihvādaṃśo+antaḥkaṇṭhakūjanam | | 15 | |
dhāvanam viṣagandhatvaṃ krośanam ca
śvavacśuni | | 16 | | § 19088

6.3.16 Sarvāṅgasundarā

śuni-śvagrahe, kampa ityādikaṃ krośanam śvavaditya-
ntam lakṣaṇam | § 19089

6.3.17 Aṣṭāṅgahr̥dayasaṃhitā

romaharṣo muhustrāsaḥ sahasā rodanam jvaraḥ | | 16 | |
kāśātisāravamathujr̥mbhātr̥śavagandatāḥ | | 17 | |
aṅgeṣvākṣepavikṣepaśoṣastambhavivarnaṭāḥ | | 17 | |
muṣṭibandhaḥ srutiścākṣṇorbālasya syuḥ
pitṛgrahe | | 18 | | § 19093

6.3.18 Sarvāṅgasundarā

pitṛgrahe romaharṣam ityādikaṃ bālasya syurityantam la-
kṣaṇam | § 19094

6.3.19 Aṣṭāṅgahr̥dayasaṃhitā

srastāṅgatvamatisāro jihvātālugaḥ vranāḥ | | 18 | |
sphoṭāḥ sadāharukpākāḥ sandhiṣu syuḥ
punaḥpunaḥ | | 19 | |
niśyahni pravilīyante pāko vaktre gude+api
vā | | 19 | |
bhayaṃ śakunigandhatvaṃ jvaraśca
śakunigrahe | | 20 | | § 19098

6.3.20 Sarvāṅgasundarā

śakunigrahe srastāṅgatvamityādikaṃ jvaraścetyantaṃ li-
ṅgam | § 19099

6.3.21 Aṣṭāṅgahrdayasaṃhitā

pūtanāyāṃ vamiḥ kampastandrā rātrau
prajāgaraḥ | | 20 | |
hidhmā+a+adhmanaṃ śakṛdbhedaḥ pipāsā
mūtranigrahaḥ | | 21 | |
srastahrṣṭāṅgaromatvaṃ
kākatpūtigandhitā | | 21 | | § 19102

6.3.22 Sarvāṅgasundarā

vamiḥ kampa ityādikaṃ kākatpūtigandhitetyantaṃ pū-
tanāgrahe liṅgam | § 19103

6.3.23 Aṣṭāṅgahrdayasaṃhitā

śītapūtanayā kampo rodanaṃ tiryagīkṣaṇam | | 22 | |
tṛṣṇā+antrakūjo+atīsāro
vasāvadvisragandhatā | | 22 | |
pārśvasyaikasya śītatvamuṣṇatvamaparasya
ca | | 23 | | § 19106

6.3.24 Sarvāṅgasundarā

śītapūtanayā kampo rodanamityādikamuṣṇatvamapara-
sya cetyevamantaṃ śītapūranāgrahe liṅgam § 19107

6.3.25 Aṣṭāṅgahrdayasaṃhitā

andhapūtanayā chardirjvaraḥ kāso+alpanidratā | | 23 | |

varcaso bhedavaivarṇyadaurgandhyānyaṅgaśo-
ṣaṇam | | 24 | |
dṛṣṭeḥ sādātirukkaṇḍūpothakījanmaśūna-
tāḥ | | 24 | |
hidhmodvegastanadveṣavaivarṇyasvaratīkṣṇatāḥ | | 25 | |
vepathurmatsyagandhatvamathavā
sāmlagandhatā | | 25 | | § 19112

6.3.26 Sarvāṅgasundarā

chardiyādikaṃ sāmlagandhatetyantamandhapūtanāyā [a]
dṛṣṭipūtanāparasamjñāyā lakṣaṇam | § 19113

6.3.27 Aṣṭāṅgahr̥dayasaṃhitā

mukhamaṇḍitayā pāṇipādāsyaramaṇīyatā | | 26 | |
sirābhiraṣitābhābhiraṣitodarātā jvaraḥ | | 26 | |
arocako+āṅgaglapanaṃ
gomūtrasamagandhatā | | 27 | | § 19116

6.3.28 Sarvāṅgasundarā

mukhamaṇḍitāyāṃ grahe pāṇipādāsyaramaṇīyatetyādi-
kaṃ lakṣaṇam | § 19117

6.3.29 Aṣṭāṅgahr̥dayasaṃhitā

revatyāṃ śyāvanīlatvaṃ karṇanāsākṣimardanam | | 27 | |
kāśahidhmākṣivikṣepavakravaktratvaraktatāḥ | | 28 | |
bastagandho jvaraḥ śoṣaḥ purīṣaṃ haritaṃ
dravam | | 28 | | § 19120

6.3.30 Sarvāṅgasundarā

revatyāṃ-revatīgrahe, śyāvanīlatvādi liṅgam | § 19121

6.3.31 Aṣṭāṅgahr̥dayasaṃhitā

jāyate śuṣkarevatyāṃ

kramātsarvāṅgasaṅkṣayaḥ | |29| | § 19122

6.3.32 Sarvāṅgasundarā

śuṣkarevatyāṃ kramātsarvāṅgasaṅkṣaya iti liṅgam | § 19123

6.3.33 Aṣṭāṅgahr̥dayasaṃhitā

keśāśāto+annavidveṣaḥ svaradainyaṃ vivarṇatā | |29| |

rodanaṃ ḡrdhragandhatvaṃ

dīrghakālānuvartanam | |30| |

udare granthayo vṛttā yasya nānāvidhaṃ

śakṛt | |30| |

jihvāyā nimnatā madhye śyāvaṃ tālu ca taṃ

tyajet | |31| | § 19127

6.3.34 Sarvāṅgasundarā

keśāśāta ityādikaṃ śyāvaṃ tālu cetyantaṃ yasya bālasya
syāt, taṃ na cikitsat | § 19128

6.3.35 Aṣṭāṅgahr̥dayasaṃhitā

bhuñjāno+annaṃ bahuvidhaṃ yo bālaḥ

parihīyate | |31| |

tr̥ṣṇāḡrhītaḥ kṣāmākṣo hanti taṃ

śuṣkarevatī | |32| | § 19130

6.3.36 Sarvāṅgasundarā

bhuñjāno+annamityādilakṣaṇaṃ bālaṃ śuṣkarevatī ha-
nti | § 19131

6.3.37 Aṣṭāṅgahr̥dayasaṃhitā

hiṃsāratyarcanaṅkāṅkṣā
grahagrahaṅakāraṇam | | 32 | | § 19132

6.3.38 Aṣṭāṅgahr̥dayasaṃhitā

sa0-hiṃsā ca ratiścārcanā ca, tāsāmākāṅkṣā-abhilāṣaḥ, sā
grahāṅam grahaṅe kāraṇam-hetuḥ | § 19133

6.3.39 Aṣṭāṅgahr̥dayasaṃhitā

tatra hiṃsātmake bālo mahān vā srutanāsikaḥ | | 33 | |
kṣatajihvaḥ kvaṇedbāḍhamasukhī
sāśrulocanaḥ | | 33 | |
durvarṇo hīnavacanaḥ pūtigandhiśca
jāyate | | 34 | |
kṣāmo mūtrapurīṣam svam mṛdgāti na
jugupsate | | 34 | |
5 hastau codyamya saṃrabdho hantyaṭmānaṃ
tathā param | | 35 | |
tadvacca śastrakāṣṭhādyairagniṃ vā
dīptamāviśet | | 35 | |
apsu majjetpatetkūpe kuryādanyacca
tavidham | | 36 | |
ṭṛḍāhamohān pūyasya chardanaṃ ca
pravartayet | | 36 | |
raktaṃ ca sarvamārgēbhyo riṣṭotpattiṃ ca taṃ
tyajet | | 37 | | § 19142

6.3.40 Sarvāṅgasundarā

tatra-teṣu graheṣu madhyāt, hiṃsātmake grahe sati bālo
mahān vā puruṣaḥ srutanāsikādiguṇo jāyate | tathā kṣā-
maḥ san idamidam kuryāt | tavidham-ātmahananādikaṃ,
anyadapi kuryāt | ṭṛḍāhamohāmstathā chardanaṃ ca pū-

yasya pravartayet | tathā sarvasrotobhyo raktaṃ ca prava-
rtayet, riṣṭotpattiṃ ca | taṃ bālaṃ nopakramet | § 19143

6.3.41 Aṣṭāṅgahr̥dayasaṃhitā

rahaḥstrīratisaṃlāpagandhasragbhūṣaṇapriyaḥ | | 37 | |
hr̥ṣṭaḥ śāntaśca duḥsādhyo ratikāmena
pīḍitaḥ | | 38 | | § 19145

6.3.42 Sarvāṅgasundarā

rahaḥstrīratyādipriyo hr̥ṣṭādiguṇo bālo ratikāmena grah-
eṇa pīḍitaḥ kṛcchrasādhyāḥ syāt | § 19146

6.3.43 Aṣṭāṅgahr̥dayasaṃhitā

dīnaḥ parimṛśan vaktraṃ śuṣkaṣṭhagalatālukaḥ | | 38 | |
śaṅkitaṃ vīkṣate rauti dhyāyatyāyāti
dīnatām | | 39 | |
annamannābhilāṣe+api dattaṃ nāti
bubhukṣate | | 39 | |
gr̥hītaṃ balikāmena taṃ
vidyātsukhasādhanam | | 40 | | § 19150

6.3.44 Sarvāṅgasundarā

dīnādiguṇaḥ san idamidaṃ karoti | taṃ-evaṃvidhaṃ, ba-
likāmena gr̥hītaṃ bālaṃ sukhasādhyāṃ vidyāt | § 19151

6.3.45 Aṣṭāṅgahr̥dayasaṃhitā

hantukāmaṃ jayeddhomaiḥ
siddhamantrapravartitaiḥ | | 40 | |
itarau tu yathākāmaṃ
ratibalyādidānataḥ | | 41 | | § 19153

6.3.46 Sarvāṅgasundarā

jighāṃsugrahaṃ homādibhirjayet | nanu, hiṃsākāmo+asādhyastam
tyajedyuktam, tatkaṭhaṃ tasya sādhanamuktam ? br-
ūmaḥ | asādhyasyāpi cikitsā kāryaiva | tathā ca saṅgr-
ahe+abhyadhāyi "tasmādācaramocchvāsāccikitset |" ity-
5 ādi | api ca mantraprabhāvasyācintyatvāt | itarau tu-
ratyarcanākāmau, yathābhilāṣaṃ ratibalyādīdānena jayet |
§ 19154

6.3.47 Aṣṭāṅgahr̥dayasaṃhitā

atha sādhyagrahaṃ bālaṃ vivikte śaraṇe sthitam | | 41 | |
trirahnaḥ siktasaṃmr̥ṣṭe sadā
sannihitānale | | 42 | |
vikīrṇabhūtikusumapatrabījānnasarṣape | | 42 | |
rakṣoghnatailajvalitapradīpahatapāpmani | | 43 | |
5 vyavāyamadyapiśitanivṛttapāricārake | | 43 | |
purāṇasarpiṣā+abhyaktaṃ pariṣiktaṃ
sukhāmbunā | | 44 | |
sādhitena
balānimbavaijayantīr̥padrumaiḥ | | 44 | |
pāribhadrakakaṭvaṅgajambūvaruṇakaṭūtr̥ṇaiḥ | | 45 | |
kapotavaṅkāpāmārgapāṭalāmadhuśigrubhiḥ | | 45 | |
10 kākajaṅghāmahāśvetākāpitthakṣīripādapaiḥ | | 46 | |
sakadambakaraṅjaiśca, dhūpaṃ snātasya
cācaret | | 46 | |
dvīpivyāghrāhisim̥harkṣacarmabhirghṛtamiśritaiḥ | | 47 | | § 19166

6.3.48 Sarvāṅgasundarā

atheti kṛtamaṅgalam | sādhyagrahaṃ bālaṃ vivikte gr̥he
sthitam | kimbhūte ? [triḥ-] trīn vārān, śodhite sikte ca |
trirahna iti "kṛtvo+arthaprayoge kāle+adhikaraṇe" ityadh-
ikaraṇe ṣaṣṭhī | tathā sarvadā nikaṭāgnau | tathā vikṣipta-
5 bhūtyādike, rakṣoghnatailapradīptapradīpahatapāpe, vy-
avāyādinivṛttapāricārake | kimbhūtaṃ bālaṃ ? purāṇagh-

ṛtābhyaktam | tathā snātamuşṇāmbunā | kimbhūtena jal-
ena ? balādibhiḥ sādhitena | vaijayantī-araṇikā | mahāśv-
etā _kaṭabhī | pariṣiktasya cāsyā dvīpyādicarmādibhirgh-
ṛta miśritairdhūpanaṃ kuryāt | § 19167

6.3.49 Aṣṭāṅgahrdayasaṃhitā

pūtīdaśāṅgasiddhārthavacābhallātadīpyakaiḥ | | 47 | |
sakuṣṭhaiḥ saghr̥tairdhūpaḥ
sarvagrahavimokṣaṇaḥ | | 48 | | § 19169

6.3.50 Sarvāṅgasundarā

pūtyādibhirdhūpaḥ sarvagrahavimokṣaṇaḥ syāt | pūtī-
pūtīkaraṇjaḥ | "vacāhiṅguviḍaṅgāni saindhavaṃ gajapi-
ppalī | pāṭhā prativiṣā vyoṣaṃ" (hr̥. u. a. 37 | 27) iti daśā-
ṅgaḥ kāśyapena vinirmitaḥ | § 19170

6.3.51 Aṣṭāṅgahrdayasaṃhitā

sarṣapā nimbapatrāṇi mūlamaśvakhurā vacā | | 48 | |
bhūrjapatraṃ ghr̥taṃ dhūpaḥ
sarvagrahanivāraṇaḥ | | 49 | | § 19172

6.3.52 Sarvāṅgasundarā

sarṣapādibhirdhūpo+aśeṣagrahanivāraṇaḥ | aśvakhurā-girikarṇikā |
§ 19173

6.3.53 Aṣṭāṅgahrdayasaṃhitā

anantāmrāsthitaḡaram̐ maricaṃ madhuro gaṇaḥ | | 49 | |
śṛgālavinnā mustā ca kalkitaistairghṛtaṃ
pacet | | 50 | |
daśamūlarasakṣīrayuktaṃ tad
grahajitparam | | 50 | | § 19176

6.3.54 Sarvāṅgasundarā

yavāsādibhiḥ kalkitairdaśamūlarasakṣīrayutaṃ ghṛtaṃ pa-
cet | tacca śiśoḥ pathyaṃ paraṃ grahajit | § 19177

6.3.55 Aṣṭāṅgahr̥dayasaṃhitā

rāsnāhyaṃśumatīvr̥ddhapañcamūlabalāghanāt | | 51 | |
kvāthe sarpiḥ pacetpiṣṭaiḥ
sārivāvyoṣacitrakaiḥ | | 51 | |
pāṭhāviḍaṅgamadhukapayasyāhiṅgudārubhiḥ | | 52 | |
sagranthikaiḥ sendrayavaiḥ śiśostatsatataṃ
hitam | | 52 | |
5 sarvarogagrahaharaṃ dīpanaṃ
balavarṇadam | | 53 | | § 19182

6.3.56 Sarvāṅgasundarā

rāsnādikvāthe sārivādibhiḥ kalkaiḥ sarpiḥ pacet | tacca śi-
śoḥ sadā pathyaṃ sarvarogagrahaghnaṃ dīpanaṃ balav-
arṇadaṃ ca | § 19183

6.3.57 Aṣṭāṅgahr̥dayasaṃhitā

sārivāsurabhibrāhmīśaṅkhinīkuṣṭhasarṣapaiḥ | | 53 | |
vacāśvagandhāsurasayuktaiḥ
sarpirvipācayet | | 54 | |
tannāśayedgrahān sarvān pānenābhyañjanena
ca | | 54 | | § 19186

6.3.58 Sarvāṅgasundarā

sārivādibhiḥ surasayuktaiḥ sarpirvipācayet | tacca pānā-
bhyañjanābhyāṃ sarvagrahanāśanam | § 19187

6.3.59 Aṣṭāṅgahrdayasaṃhitā

gośṛṅgacarmavālāhinirmokaṃ vṛṣadaṃśaviṭ | | 55 | |
nimbapatrājyakaṭukāmadanam
br̥hatīdvayam | | 55 | |
kārpāsāsthiyacchāgaromadevāhvāsarsapam | | 56 | |
mayūrapatraśrīvāsam tuṣakeśam
sarāmaṭham | | 56 | |
mṛdbhāṇḍe bastamūtreṇa bhāvitam 5
ślakṣṇacūrṇitam | | 57 | |
dhūpanam ca hitam sarvabhūteṣu
viṣamajvare | | 57 | | § 19193

6.3.60 Sarvāṅgasundarā

gośṛṅgādi sarpanirmokādi ca mṛnmaye bhāṇḍe chāgamū-
treṇa bhāvitam sūkṣmarajīkṛtam sarvabhūteṣu viṣamajv-
are ca dhūpanārtham hitam | § 19194

6.3.61 Aṣṭāṅgahrdayasaṃhitā

ghṛtāni bhūtavidyāyām vakṣyante yāni tāni ca | | 58 | |
yuñjyāt tathā mantrāḥ-saṅgrahoktāḥ, tantrāṇi ca, etāni ve-
ttīti mantratantravit, -vaidyo, balim homam snapanam
mantratantravit | | 58 | | § 19196

6.3.62 Sarvāṅgasundarā

yāni ca sarpīṣi bhūtavidyāyām vakṣyante tāni ca yu-
ñjyāt | tathā mantrāḥ-saṅgrahoktāḥ, tantrāṇi ca, etāni ve-
ttīti mantratantravit, -vaidyo, balim homam snapanam ca
yuñjyāt | § 19197

6.3.63 Aṣṭāṅgahrdayasaṃhitā

pūtīkarañja(ñjāt)tvakpatram kṣīribhyo
barbarādapi | | 59 | |

tumbīviśālāralukaśamībilvakapitthataḥ | | 59 | |
utkvāthya toyam̐ tadrātrau bālānām̐ snapanam̐
śivam̐ | | 60 | | § 19200

6.3.64 Sarvāṅgasundarā

pūtīkarañjatvak tathā patram̐ kṣīrivṛkṣādbarbarādibhya-
śca toyamutkvāthya tadrātrau bālānām̐ snapanam̐ śivam̐
syāt | § 19201

6.3.65 Aṣṭāṅgahr̥dayasaṃhitā

anubandhān yathākṛcchram̐
grahāpāye+apyupadravān | | 60 | |
bālāmayaniṣedhoktabheṣajaiḥ
samupācāret | | 3 | |
60 1/2 | | 3 | |
sthāne bālagrahapraṭiṣedho nāma
ṛtīyo+adhyāyaḥ | | 3 | | § 19205

6.3.66 Sarvāṅgasundarā

anubandhān yathākṛcchram̐ tathā grahāṅāmapāye-mokṣe,
ca ye upadravāstām̐śca bālāmayapraṭiṣedhādhyāyoktaira-
uśadhaiḥ samupakramet | iti śrīmṛgāṅkadattaputra śrīmadaruṇadattaviracitāyān-
ṭīkāyām̐ sarvāṅgasundarākhyāyām̐ ṣaṣṭhe uttarasthāne
5 bālagra- hapraṭiṣedho nāma ṛtīyo+adhyāyaḥ samāptaḥ | |
3 | | § 19206
ityaṣṭāṅgahr̥daye dvitīyam̐ kaumāraṅtantram̐ samāptam̐ |
§ 19207

6.4 bhūtavijñānīyādhyāyaḥ : 4

6.4.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto bhūtavijñānīyamadhyāyam̐ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 19209

6.4.2 Aṣṭāṅgahr̥dayasaṃhitā

adhunā bhūtavijñānādhyāyārambho
grahasāmānyāt | § 19210

6.4.3 Aṣṭāṅgahr̥dayasaṃhitā

athāto bhūtavijñānīyamadhyāyaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 19212

6.4.4 Aṣṭāṅgahr̥dayasaṃhitā

adhunā bhūtavijñānādhyāyārambho
grahasāmānyāt | § 19213

6.4.5 Aṣṭāṅgahr̥dayasaṃhitā

bhūtasya rūpaprakṛtibhāṣāgatyādiceṣṭitaiḥ | | 2 | |
yasyānukāraṃ kurute tenāviṣṭaṃ
tamādiṣet | | 2 | | § 19215

6.4.6 Sarvāṅgasundarā

yasya bhūtasya rūpāderanukāraṃ yādṛśaṃ bhajate tena
taṃ puruṣamadhiṣṭhitaṃ vadet | § 19216

6.4.7 Aṣṭāṅgahr̥dayasaṃhitā

so+aṣṭādaśavidho devadānavādivibhedataḥ | | 3 | | § 19217

6.4.8 Sarvāṅgasundarā

sa bhūto+aṣṭādaśaprakāro devādibhedena | § 19218

6.4.9 Aṣṭāṅgahr̥dayasaṃhitā

hetustadanuṣaktau tu sadyaḥ pūrvakṛto+athavā | |3| |
prajñāparādhaḥ, sutarāṃ tena
kāmādijanmanā | |4| |
luptadharmavratācāraḥ
pūjyānapyativartate | |4| |
taṃ tathā bhinnamaryādaṃ
pāpamātmopaghātinam | |5| |
5 devādayo+apyanughnanti
grahāśchidraprahāriṇaḥ | |5| | § 19223

6.4.10 Sarvāṅgasundarā

tasya bhūtasyānuṣaṅge prajñāparādhaḥ sadyaḥ-adhunātanaḥ,
pūrvajanmakṛto vā hetuḥ | tena-prajñāparādhena, kāma-
krodhādijena sutarāṃ naṣṭadharmavratācāraḥ san pūjy-
ānapyatikrāmati | taṃ puruṣaṃ tathā luptadharmavrat-
5 ācāratvādbhinnamaryādaṃ devādayo grahā apyatyanta-
maryādātikramādanu-paścāt, ghnanti | na kevalaṃ hiṃs-
ātmakānāmākṣamā iti dyotanārtho+apiśabdaḥ | kīdrśāste
? chidraprahāriṇaḥ | hetāviyaṃ prathamā, chidraprahāri-
tvādityarthaḥ | § 19224

6.4.11 Aṣṭāṅgahr̥dayasaṃhitā

chidraṃ pāpakriyārambhaḥ pāko+aniṣṭasya
karmaṇaḥ | |6| |
ekasya śūnye+avasthānaṃ śmaśānādiṣu vā
niśi | |6| |
digvāsastvaṃ gurornindā
rateravidhisevanam | |7| |
aśucerdevatārcādi parasūtakasaṅkaraḥ | |7| |
5 homamantrabalijyānāṃ viguṇaṃ parikarma
ca | |8| |
samāsāddinacaryādiproktācāravvyatikramaḥ | |8| | § 19230

6.4.12 Sarvāṅgasundarā

chidraṃ pāpakriyārambha ucyate | sa cāsubhasya ka-
rmaṇaḥ pākaḥ-phalam | ekasya-advitīyasya, śūnye sth-
āne+avasthitih, athavā śmaśānādiṣu niśyavasthitih | tathā
nagretyādi | kiṃ vā bahunoditena ? saṅkṣepeṇa dinacary-
ādikathitasyācārasya ca vyatikrama iti grahagrahaṇe he- 5
tuḥ | § 19231

6.4.13 Aṣṭāṅgahr̥dayasaṃhitā

gr̥hṇanti śuklapratipattrayodaśyoḥ surā naram | | 9 | |
śuklatrayodaśīkr̥ṣṇadvādaśyordānavā
grahāḥ | | 9 | |
gandharvāstu carturdaśyāṃ dvādaśyāṃ
coragāḥ punaḥ | | 10 | |
pañcamyāṃ, śuklasaptamyekādaśyostu
dhaneśvarāḥ | | 10 | |
śuklāṣṭapañcamīpaurṇamāsīṣu 5
brahmarākṣasāḥ | | 11 | |
kr̥ṣṇe rakṣaḥ piśācādyā
navadvādaśaparvasu | | 11 | |
daśāmāvāsyayoraṣṭanavamyoḥ
pitaro+apare | | 12 | |
guruvṛddhādayaḥ prāyaḥ kālaṃ sandhyāsu
lakṣayet | | 12 | | § 19239

6.4.14 Sarvāṅgasundarā

devāḥ śuklapratipadi śuklatrayodaśyāṃ ca naraṃ gr̥hṇ-
anti | śuklatrayodaśyāṃ kr̥ṣṇadvādaśyāṃ ca dānavā gr-
ahā gr̥hṇanti | gandharvāśca- turdaśyāṃ dvādaśyāṃ ca |
sarpāstu pañcamyāṃ | śuklapakṣasya saptamyāmekāda- 5
śyāṃ ca yakṣā gr̥hṇanti | śuklāṣṭamyādiṣu brahmarākṣ-
asā gr̥hṇanti | rakṣaḥpiśācādayaḥ kr̥ṣṇapakṣe navamīdv-
ādaśyoḥ parvasu ca gr̥hṇanti | daśamyādiṣu pitaro gr̥hṇ-
anti | apare-anuktā guruvṛddhādayaḥ, aṣṭamīnavamyorg-

ṛhṇanti | pūrvākṣeṣveva tithiṣu prāyeṇa(yaḥ)-bāhulyena,
grahaṇakālaṃ sandhyāsu-parvādiṣu, jānīyāt § 19240

6.4.15 Aṣṭāṅgahr̥dayasaṃhitā

phullapadmopamamukhaṃ

saumyadr̥ṣṭimakopanam | | 13 | |

alpavāksvedaviṇmūtraṃ

bhojanānabhilāṣiṇam | | 13 | |

devadvijātiparamaṃ śuciṃ

saṃskṛtavādinam | | 14 | |

mīlayantaṃ cirānnetre surabhiṃ

varadāyinaṃ | | 14 | |

5 śuklamālyāmbarasaricchailoccabhavanapriyam | | 15 | |

anidramapradhr̥ṣyaṃ ca

vidyāddevavaśīkṛtam | | 15 | | § 19246

6.4.16 Sarvāṅgasundarā

phullapadmopamamukhamityādi devagrahagr̥hītaṃ vi-
dyāt | § 19247

6.4.17 Aṣṭāṅgahr̥dayasaṃhitā

jihmadr̥ṣṭiṃ durātmānaṃ gurudevadvijadviṣam | | 16 | |

nirbhayaṃ māninaṃ sūraṃ krodhanaṃ

vyavasāyinaṃ | | 16 | |

rudraḥ skando viśākho+ahamindro+ahamiti

vādinam | | 17 | |

surāmāṃsaruciṃ vidyāt

daityagrahagr̥hītakam | | 17 | | § 19251

6.4.18 Sarvāṅgasundarā

jihmadr̥ṣṭimityādilakṣaṇalakṣitaṃ daityavaśīkṛtam vidyāt |
§ 19252

6.4.19 Aṣṭāṅgahr̥dayasaṃhitā

svācāraṃ surabhiṃ hr̥ṣṭaṃ gītanartanakāriṇam | | 18 | |
snānodyānaruciṃ
raktavastramālyānulepanam | | 18 | |
śṛṅgāralilābhirataṃ gandharvādhyuṣitaṃ
vadet | | 19 | | § 19255

6.4.20 Sarvāṅgasundarā

svācāramityādilakṣaṇalakṣitaṃ gandharveṇa gr̥hītaṃ vi-
dyāt § 19256

6.4.21 Aṣṭāṅgahr̥dayasaṃhitā

raktākṣaṃ krodhanaṃ stabdhadr̥ṣṭiṃ vakragatiṃ
calam | | 19 | |
śvasantamaniśaṃ hihvālolinaṃ
sr̥kkiṇīliham | | 20 | |
priyadugdhaḡuḡasnānamadhovadanaśāyinaṃ | | 20 | |
uragādhiṣṭhitaṃ vidyāttrasyāntaṃ
cātapatrataḡ | | 21 | | § 19260

6.4.22 Sarvāṅgasundarā

raktākṣamityādilakṣaṇaṃ chatrācca trasyantaṃ sarpādhi-
ṣṭhitaṃ vidyāt | § 19261

6.4.23 Aṣṭāṅgahr̥dayasaṃhitā

viplutatrastarakṭāmḡṣaṃ śubhagandhaṃ
sutejasam | | 21 | |
priyanṛtyakathāgītasnānamālyānulepanam | | 22 | |
matsyamāṃsaruciṃ hr̥ṣṭaṃ tuṣṭaṃ
balinamavyatham | | 22 | |

calitāgrakaraṃ kasmai kiṃ dadāmīti
vādinam | | 23 | |
rahasyabhāṣiṇam
vaidyadvijātiparibhāvinam | | 23 | |
alparoṣam drutagaṭim
vidyādyakṣagr̥hītakam | | 24 | | § 19267

6.4.24 Sarvāṅgasundarā

viplutatrastaraktākṣamityādilakṣaṇam yakṣagr̥hītam vi-
dyāt | § 19268

6.4.25 Aṣṭāṅgahr̥dayasaṃhitā

hāsyar̥tyapriyam raudraceṣṭam
chidraprahāriṇam | | 24 | |
ākroṣiṇam śīghragatiṃ
devadvijabhiṣagdvīṣam | | 25 | |
ātmānam kāṣṭhaśastrādyairghnantam
bhoḥśabdavādinam | | 25 | |
śāstravedapaṭham vidyād gr̥hītam
brahmarākṣasaiḥ | | 26 | | § 19272

6.4.26 Sarvāṅgasundarā

hāsyar̥tyapriyamityādilakṣaṇam brahmarākṣasagr̥hītam
vidyāt | § 19273

6.4.27 Aṣṭāṅgahr̥dayasaṃhitā

sakrodhadṛṣṭim bhṛkuṭimudvahantam
sasambhramam | | 26 | |
praharantam pradhāvantaṃ śabdantaṃ
bhairavānanam | | 27 | |
annādvina+api balinaṃ naṣṭanidraṃ
niśācaram | | 27 | |

nirlajjamaśuciṃ śūraṃ krūraṃ
paruṣabhāṣiṇam | | 28 | |
roṣaṇaṃ raktamālyastrīraktamadyāmiṣapri-
yam | | 28 | |
dṛṣṭvā ca raktaṃ māṃsaṃ vā+a+alihānaṃ
daśanacchadau | | 29 | |
hasantamannakāle ca rākṣasādhiṣṭhitam
vadet | | 29 | | § 19280

6.4.28 Sarvāṅgasundarā

sakrodhadṛṣṭimityādilakṣaṇaṃ rākṣasādhiṣṭhitam vadet |
§ 19281

6.4.29 Aṣṭāṅgahrdayasaṃhitā

avasthacittaṃ naikatra tiṣṭhantaṃ paridhāvinam | | 30 | |
ucchiṣṭanṛtyagāndharvahāsamadyāmiṣapriyam | | 30 | |
nirbhartsanāddīnamukhaṃ
rudantamanimittataḥ | | 31 | |
nakhairlikhantamātmānaṃ
rūkṣadhvastavapuḥsvaram | | 31 | |
āvedayantaṃ duḥkhāni
sambaddhābaddhabhāṣiṇam | | 32 | |
naṣṭasmṛtiṃ śūnyaratiṃ lolaṃ nagnaṃ
malīmasam | | 32 | |
rathyācailaparīdhānaṃ
tṛṇamālāvibhūṣaṇam | | 33 | |
ārohantaṃ ca kāṣṭhāśvaṃ tathā
saṅkarakūṭakam | | 33 | |
bahvāśinaṃ piśācena
vijānīyādadhīṣṭhitam | | 34 | | § 19290

5

6.4.30 Sarvāṅgasundarā

avasthacittamityādilakṣaṇaṃ piśācagr̥hītaṃ vidyāt | § 19291

6.4.31 Aṣṭāṅgahr̥dayasaṃhitā

pretākṛtikriyāgandham bhītamāhāraividviṣam | | 34 | |
tṛṇacchidaṃ ca pretena gṛhītam
naramādiśet | | 35 | | § 19293

6.4.32 Sarvāṅgasundarā

pretākṛtikriyāgandhamityādilakṣaṇam pretagr̥hītam na-
ram vidyāt § 19294

6.4.33 Aṣṭāṅgahr̥dayasaṃhitā

bahupralāpam kṛṣṇāsyam pravilambitayāyinam | | 35 | |
śūnapralambavr̥ṣaṇam kūṣmāṇḍādhiṣṭhitam
vadet | | 36 | | § 19296

6.4.34 Sarvāṅgasundarā

bahupralāpādilakṣaṇam kūṣmāṇḍādhiṣṭhitam vadet | § 19297

6.4.35 Aṣṭāṅgahr̥dayasaṃhitā

gṛhītvā kāṣṭhaloṣṭādi bhramantaṃ cīravāsasam | | 36 | |
nagnaṃ dhāvantaṃ uttrastadr̥ṣṭim
tṛṇavibhūṣaṇam | | 37 | |
śmaśānaśūnyāyatana rathyaikadrumasevinam | | 37 | |
tilānnamadyamāṃseṣu satataṃ
saktalocanam | | 38 | |
5 niṣādādhiṣṭhitam vidyād vadantaṃ paruṣāṇi
ca | | 38 | | § 19302

6.4.36 Sarvāṅgasundarā

gṛhītvā kāṣṭhamityādilakṣaṇam tathā paruṣāṇi bhāṣamā-
ṇam niṣādagṛhītam vidyāt | § 19303

6.4.37 Aṣṭāṅgahṛdayasaṃhitā

yācantamudakaṃ cānaṃ trastalohitalocanam | | 39 | |
ugravākyaṃ ca
jānīyānnaramaukiraṇārditam | | 39 | | § 19305

6.4.38 Sarvāṅgasundarā

yācantamudakamityādilakṣaṇamaukiraṇārditam vidyāt § 19306

6.4.39 Aṣṭāṅgahṛdayasaṃhitā

gandhamālyaratim satyavādinam parivepinam | | 40 | |
bahunidram ca jānīyādvētalena
vaśīkṛtam | | 40 | | § 19308

6.4.40 Sarvāṅgasundarā

gandhamālyaratimityādilakṣaṇam vetālagṛhītam vidyāt |
§ 19309

6.4.41 Aṣṭāṅgahṛdayasaṃhitā

aprasannadṛśam dīnavadanam śuṣkatālukam | | 41 | |
calannayanapakṣmāṇam nidrālum
mandapāvakaṃ | | 41 | |
apasavyaparīdhānam
tilamāmsaguḍapriyam | | 42 | |
skhaladvācam ca jānīyāt
pitṛgrahavaśīkṛtam | | 42 | | § 19313

6.4.42 Sarvāṅgasundarā

aprasannadṛśamityādilakṣaṇam pitṛgrahagrītam vidyāt |
§ 19314

6.4.43 Aṣṭāṅgahr̥dayasaṃhitā

guruvṛddharṣisiddhābhisāpacintānurūpataḥ | | 43 | |
vyāhārāhāraceṣṭābhiryathāsvaṃ tadgrahaṃ
vadet | | 43 | | § 19316

6.4.44 Sarvāṅgasundarā

gurvādīnāṃ śāpacintānurūpavacanādibhiryathāyogaṃ ta-
dgrahaṃ vidyāt | § 19317

6.4.45 Aṣṭāṅgahr̥dayasaṃhitā

kumāravṛdānugataṃ nagnamuddhatamūrdhajam | | 44 | |
asvasthanamasam dairghyakālikam sagrahaṃ
tyajet | | 44 | |
yāmaṣṭāṅgahr̥dayasaṃhitāyām ṣaṣṭhe
uttarasthāne bhūta vijñānīyo nāma
caturtho+adhyāyaḥ | | 4 | | § 19320

6.4.46 Sarvāṅgasundarā

sarvagrahagr̥hītaṃ tyajet | kīdr̥śam ? kumārasamūhenān-
uyātaṃ, tathā nagnamuddhatakeśam, tathā+asvasthacittaṃ,
tathā dīrghakālānuvartinaṃ ceti | iti śrīmr̥gāṅkadattapu-
traśrīmadaruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭīkāyām sa-
5 rvāṅgasundarākhyāyām ṣaṣṭhe uttarasthāne bhūtavijñān-
īyo nāma caturtho+adhyāyaḥ samāptaḥ | | 4 | | § 19321

6.5 bhūtapraṭiṣedhādhyāyaḥ : 5

6.5.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto bhūtapraṭiṣedhaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātrayādayo maharṣayaḥ | | 2 | | § 19323

6.5.2 Aṣṭāṅgahr̥dayasaṃhitā

bhūtagrahavijñānādanantaraṃ bhūtasya
pratiśedhaṃ-cikitsitaṃ, ucyate | nanu,
nidānacikitsitapadābhyāṃ
prasiddhatarābhyāṃ pūrvavat kimitīdaṃ
tantrakṛtā nopanibaddham ? iti
keciccodyamacūcudan | tān sañcakaṣmahe |
śāstrakārasyaśyedṛśī
pratijñā,-sūtraśārīranidāna
cikitsitakalpottarākhyaiḥ ṣaḍbhiḥ
sthānaistantramidamabhidheyamiti |
tadevaṃ yadyuttare sthāne+api
kiñcinnidānacikitsitapadābhyāmabhidhīyate,
tataḥ ṣaṣṭhānakamidaṃ tantramiti pratijñāṃ
vyāhanyāt | tasmādayaṃ
viracanāprakāraviśeṣaḥ kṛtaḥ | § 19324

6.5.3 Aṣṭāṅgahr̥dayasaṃhitā

bhūtaṃ jayedahiṃsecchaṃ japahomabalivrataiḥ | | 1 | |
tapaḥśīlasamādhānadānajñānadayādibhiḥ | | 1 | | § 19326

6.5.4 Sarvāṅgasundarā

ahiṃsākāmaṃ bhūtaṃ japādibhirjayet | § 19327

6.5.5 Aṣṭāṅgahr̥dayasaṃhitā

hiṅguvyoṣālanepālīlaśunārkaḥjaṭāḥ | | 2 | |
ajalomī sagolomī bhūtakeśī vacā latā | | 2 | |
kukkuṭī sarpagandhākhyā tilāḥ
kāṇavikāṇike | | 3 | |
vajraproktā vayaḥsthā ca śṛṅgī
mohanavallyapi | | 3 | |

- srotojāñjanarakṣoghmaṃ rakṣoghmaṃ
cānyadauṣadham | | 4 | |
kharāśvaśvāviduṣṭrarkṣagodhānakulaśalyakāt | | 4 | |
dvīpimārjāragosiṃhavyāghrasāmudrasattvataḥ | | 5 | |
carmapittadvijanakhā varge+asmin
sādhayedghṛtam | | 5 | |
5 purāṇamathavā tailaṃ navam
tatpānanasyayoḥ | | 6 | |
abhyaṅge ca prayoktavyameṣāṃ cūrṇam ca
dhūpane | | 6 | |
ebhiśca guṭikāṃ yuñjyādañjane
sāvapīḍane | | 7 | |
pralepe kalkameteṣāṃ kvātham ca
pariṣecane | | 7 | |
prayogo+ayam grahonmādān
sāpasmārāñśamaṃ nayet | | 8 | | § 19340

6.5.6 Sarvāṅgasundarā

- hiṅgvādaya auṣadham | ālaṃ-haritālam | nepālī- kastūr-
ikā | jaṭā-jaṭāmāmsī | ajalomī-śvetadūrvā | golomī-dūrvā |
latā-priyaṅguḥ | kukkuṭī-śitivāraḥ | sarpagandhākhyā-
nākulī | kāṇaviṣā(kā)ṇike-kākolīkṣīrakākolyau | śṛṅgī-ativiṣā |
5 mohanavallī-vandākaḥ | anyadapi rakṣoghmaṃ guggulvā-
dikamauṣadham | tathā gardabhaturaṅgādibhyaścarmā-
dyaḥ | sāmudrasattvato-jaladhijantoḥ | tadetasmin hiṅgv-
ādivarge, ghṛtam purāṇamathavā navam tailaṃ pacet-
sādhayet | tacca-ghṛtam tailaṃ vā, siddham pāne na-
10 sye+abhyaṅge ca prayojyam | eṣāṃ dravyāṅgāṃ ca cūrṇam
dhūpane prayojyam | ebhiścūrṇairguṭikāmañjane+avapīḍane
ca yuñjyāt | eteṣāṃ ca dravyāṅgāṃ kalkam pralepe kvā-
tham pariṣecane ca yuñjyāt | ayam prayogo grahādīn śa-
mayet | § 19341

6.5.7 Aṣṭāṅgharḍayasamhitā

gajāhvāpippalīmūlavyoṣāmalakasarsapān | | 8 | |

godhānakulamārjārjhaṣapittaprapeṣitān | | 9 | |
nāvanābhyaṅgasekeṣu vidadhīta
grahāpahān | | 9 | | § 19344

6.5.8 Sarvāṅgasundarā

hastipippalyādīni(n) godhādipittapiṣṭāni(n) nasyābhyaṅg-
asekeṣu grahāpahān kuryāt | mūlaṃ-puṣkaramūlam | jh-
aṣo jalacarabhedah | § 19345

6.5.9 Aṣṭāṅgahṛdayasaṃhitā

siddhārthakavacāhiṅgupriyaṅgurajanīdvayam | | 10 | |
mañjiṣṭhā śvetakaṭabhī varā
śvetā+adrikarṇikā | | 10 | |
nimbasya patraṃ bījaṃ tu
naktamālaśirīṣayoḥ | | 11 | |
surāhvaṃ tryūṣaṇaṃ sarpirgomūtre
taiścaturguṇe | | 11 | |
siddhaṃ siddhārthakaṃ nāma pāne nasye ca 5
yojitaṃ | | 12 | |
grahān sarvānnihantyāśu viśeṣādāsuraṇ
grahān | | 12 | |
kṛtyālakṣmīviṣoṇmādajvarāpasmārapāpma
ca | | 13 | | § 19352

6.5.10 Sarvāṅgasundarā

sarṣapādi gomūtre caturguṇe sarpiḥ siddhaṃ siddhārth-
akasaṃjñāṃ pāne nasye ca yojitaṃ sarvān grahān drāk
nāśayati | viśeṣeṇāsuraḡrahān kṛtyādīṃśca | śvetakaṭabhī-
śvetaguñjā | śvetā+adrikarṇikā-śuklā girikarṇikā | § 19353

6.5.11 Aṣṭāṅgahṛdayasaṃhitā

ebhirevauṣadhairbastavāriṇā kalpito+agadaḥ | | 13 | |

pānanasyāñjanālepasnānodharṣaṇayojitaḥ | | 14 | |
guṇaiḥ pūrvavaduddiṣṭo rājadvāre ca
siddhikṛt | | 14 | | § 19356

6.5.12 Sarvāṅgasundarā

ebhireva dravyaiśchāgamūtreṇa kalpito+agadaḥ pānādiṣu
yojito guṇaiḥ pūrveṇa tulya ukto rājadvāre ca siddhikaraḥ
syāt | § 19357

6.5.13 Aṣṭāṅgahr̥dayasaṃhitā

niśādvayaṃ hiṅgupalāṇḍukandaḥ | | 15 | |
bījaṃ karañjāt, kusumaṃ śirīṣāt phalaṃ ca
valkaṃ ca kapitthavṛkṣāt | | 15 | |
samāṇimanthaṃ sanataṃ sakuṣṭhaṃ
syonākamūlaṃ kiṇihī sitā ca | | 16 | |
nudbandhakān vārinimagnadehān | | 17 | |
ste sādhayantyañjananasyalepaiḥ | | 17 | | § 19362

5

6.5.14 Sarvāṅgasundarā

siddhārthakādi bastamūtreṇa subhāvitaṃ gavyena pittena
guḍān-guḍakān, kuryāt | te ca-guḍakāḥ, añjananasyalep-
airduṣṭavraṇādīn sādhayanti | upajātivṛtte indravajrā ca |
§ 19363

6.5.15 Aṣṭāṅgahr̥dayasaṃhitā

tvañmāṃsīvṛṣadamśaviṭtuṣavacākeśāhinirmokakaiḥ | | 18 | |
nāgendradvijaśṛṅgahiṅgumaricaistulyaiḥ kṛtaṃ
dhūpanaṃ skandonmādapiśācarākṣasasurā-
veśajvaraghaṇaṃ
param | | 18 | | § 19365

6.5.16 Sarvāṅgasundarā

kārpāsāsthyādibhiḥ kṛtaṃ dhūpanaṃ skandādighnaṃ pa-
raṃ syāt | nirmālyaṃ-mahādevasambandhi | vṛṣadaṃśaviṭ-
mārjāraṃviṣṭhā | śārdūlavikrīḍitaṃ vṛttam | § 19366

6.5.17 Aṣṭāṅgahrdayasaṃhitā

tutthayaṣṭībalālohitailāśilāpadmakaiḥ | | 19 | |
viṣātārksyaśailaiḥ sacavyāmayaiḥ kalkitairghṛt-
amanavamaśeṣamūtrāṃśasiddhaṃ matam
bhūtarāvāhvayam pānatastad grahaghnaṃ
param | | 19 | | § 19368

6.5.18 Sarvāṅgasundarā

trikaṭukādibhiḥ kalkitaiḥ purāṇaṃ sarpiraśeṣamūtrāṇāṃ-
gomūtrādīnāṃ, aṃśaiḥ bhāgaiḥ, siddhaṃ bhūtarāvasa-
mñāṃ matam | tat pāne(nataḥ) paraṃ grahaghnaṃ syāt |
dalaṃ-tamālapatram | siddhārthayugmaṃ-pītakṛṣṇabhedena |
tutthaṃ-karpārikātutthaṃ | śakrāhvayāḥ-indrayavāḥ | sitalaśunaṃ-
śuklarasonam | priyāhvā-kaṅguṇikā | viśākhyā-ativiṣā |
viṣā-kākolī | "prathamaka iha daṇḍakaścaṇḍavṛṣṭiprayāto
nadvayānāpyanāpyaraiḥ saptabhiḥ | pratipadamihā vṛ-
ddhirephavṛddhyā syurarṇārṇavavyālabīmūtalīlākarodd-
āmaśāṅkhādayaḥ | | § 19369

10

6.5.19 Aṣṭāṅgahrdayasaṃhitā

marāṅkollakośātakīśigrunimbāmbudendrāhvayaiḥ | | 20 | |
gnibilvaiḥ samaiḥkalkitairmūtravargeṇa
siddhaṃ ghṛtaṃ vidhivinihitamāśu sarvaiḥ
kramairyojitaṃ hanti sarvagrahonmādaku-
ṣṭhajvarāṃstanmahābhūtarāvaṃ
smṛtam | | 20 | | § 19371

6.5.20 Sarvāṅgasundarā

natādibhirmūtravargeṇa-gomūtrādimūtrakadambakena, sa-
rpiḥ pakvaṃ vidhivinihitam sarvaiḥ kramaiḥ-abhyaṅgapānanasyādibhiḥ,
yojitaṃ śīghraṃ sarvān grahādīn hanti | etacca mahābhū-
tarāvasaṃjñam ghṛtam | daṇḍako vyālākhyah | § 19372

6.5.21 Aṣṭāṅgahr̥dayasaṃhitā

grahā gr̥hṇanti ye yeṣu teṣāṃ teṣu viśeṣataḥ | | 21 | |
dineṣu balihomādīn prayuñjīta
cikitsakah | | 21 | | § 19374

6.5.22 Sarvāṅgasundarā

yeṣu dineṣu grahā gr̥hṇanti teṣu dineṣu teṣāṃ grahāṇāṃ
viśeṣeṇa balihomādīn bhiṣak prayuñjīta | § 19375

6.5.23 Aṣṭāṅgahr̥dayasaṃhitā

snānavastravasāmāṃsamadyakṣīraguḍādi ca | | 22 | |
rocate yadyadā
yebhyastatteṣāmāharetadā | | 22 | | § 19377

6.5.24 Sarvāṅgasundarā

snānavastrādi yadyebhyo grahebhyo rocate tattebhyasta-
smin dine dadyāt | § 19378

6.5.25 Aṣṭāṅgahr̥dayasaṃhitā

ratnāni gandhamālyāni bījāni madhusarpiṣī | | 23 | |
bhakṣyāśca sarve sarveṣāṃ sāmānyo
vidhurityayam | | 23 | | § 19380

6.5.26 Sarvāṅgasundarā

tathā ratnādīni tathā bījāni-yavādīni, madhusarpiṣī sarve
ca bhakṣyāḥ sarveṣāṃ grahāṇām | ityayaṃ sāmānyo vi-
dhiḥ | § 19381

6.5.27 Aṣṭāṅgahrdayasaṃhitā

surarṣiguruvṛddhebhyaḥ siddhebhyaśca surālaye | | 24 | |
diśyuttarasyāṃ tatrāpi
devāyopaharedbalim | | 24 | |
paścimāyāṃ yathākālam daityabhūtāya
catvare | | 25 | |
gandharvāya gavāṃ mārge savastrābharaṇam
balim | | 25 | |
pitṛnāgagrahe nadyāṃ nāgebhyaḥ 5
pūrvadakṣiṇe | | 26 | |
yakṣāya yakṣāyatane saritorvā
samāgame | | 26 | |
catuṣpathe rākṣasāya bhīmeṣu gahaneṣu
ca | | 27 | |
rakṣasāṃ dakṣiṇasyāṃ tu pūrvasyāṃ
brahmarakṣasāṃ | | 27 | |
śūnyālaye piśācāya paścimāṃ
diśamāsthite | | 28 | | § 19390

6.5.28 Sarvāṅgasundarā

surādibhyaḥ pañcabhyaḥ surālaye balim dadyāt | tatrāpi
devāyottarasyāṃ balimupaharet | daityabhūtāya paścim-
āyāṃ diśicatvare balimupaharet | gavāṃ pathi vastrābh-
araṇasahitam balim gandharvāyopaharet | pitṛnāgagrahe- 5
bhyo nadyāṃ balim dadyāt | nāgebhyaḥ pūrvadakṣiṇad-
eśe balim dadyāt | yakṣāya yakṣaprāsāde athavā saritoḥ-
nadyoḥ, samāgame balimupaharet | rākṣasasābdeneha br-
ahmarākṣaso gṛhyate | rākṣasāya catuṣpathe bhayānakeṣu
vaneṣu ca balim dadyāt | dakṣiṇasyāṃ tu diśi rākṣasānām

balim̐ dadyāt | pūrvasyāṃ diśi brahmarakṣasām | śūnyāl-
aye paścimāṃ diśamāsthite piśācāya balim̐ dadyāt | § 19391

6.5.29 Aṣṭāṅgahr̥dayasaṃhitā

śuciśuklāni mālyāni gandhāḥ kṣaireyamodanam | | 28 | |
dadhi chatraṃ ca dhavalaṃ devānām
baliriṣyate | | 29 | |

hiṅgusarṣapaśaḍgranthāvyoṣairardhapalonmitaiḥ | | 29 | |
caturguṇe gavām mūtre ghṛtaprasthaṃ
vipācayet | | 30 | |

5 tatpānanāvanābhyaṅgairdevagrahavimokṣaṇam | | 30 | | § 19396

6.5.30 Sarvāṅgasundarā

śuciśuklamālyādikaṃ ca devānām baliriṣyate | sa0-hiṅgvādibhirardhapalikaiḥ
sarpīḥprasthaṃ caturguṇe gomūtre vipācayet | tatpānādi-
bhirdevagrahavimokṣaṇam syāt | § 19397

6.5.31 Aṣṭāṅgahr̥dayasaṃhitā

nasyāñjanaṃ vacāhiṅgulaśunaṃ bastavāriṇā | | 31 | | § 19398

6.5.32 Sarvāṅgasundarā

vacāhiṅgulaśunaṃ chāgamūtreṇa nasyamañjanaṃ ca da-
dyāt | § 19399

6.5.33 Aṣṭāṅgahr̥dayasaṃhitā

daitye balirbahuphalaḥ sośīrakamalotpalah | | 31 | | § 19400

6.5.34 Sarvāṅgasundarā

daityagrahe balirbahūni phalāni yasmin, tathośīrakamalo-
tpalairyukto deyaḥ | § 19401

6.5.35 Aṣṭāṅgahr̥dayasaṃhitā

nāgānām sumanolājagudāpūpagudaudanaiḥ | | 32 | |
paramānnamadhukṣīrakṣṇamṛnnāgakesaraiḥ | | 32 | |
vacāpadmapurośīraraktotpaladalairbaliḥ | | 33 | |
śvetapatraṃ ca rodhraṃ ca tagaraṃ
nāgasarṣapāḥ | | 33 | |
śītena vāriṇā piṣṭaṃ
nāvanāñjanayorhitam | | 34 | | § 19406

5

6.5.36 Sarvāṅgasundarā

nāgānām sumanolājādibhirbalirdeyaḥ | śvetapatrādayaḥ
śītalajalapiṣṭā nasye+añjane ca hitāḥ | śvetapatraṃ śukla
puṇḍarīkam | § 19407

6.5.37 Aṣṭāṅgahr̥dayasaṃhitā

yakṣāṇām kṣīradadhyājyamiśrakaudanaguggulu | | 34 | |
devadārūtpalaṃ padmamamuśīraṃ
vastrakāñcanam | | 35 | |
hiraṇyaṃ ca
baliryojyo----- | | 35 | | § 19410

6.5.38 Sarvāṅgasundarā

yakṣāṇām kṣīradibhirbaliryojyaḥ | § 19411

6.5.39 Aṣṭāṅgahr̥dayasaṃhitā

-----mūtrājyakṣīramekataḥ | | 35 | |
siddhaṃ samonmitaṃ pānanāvanābhyañjane
hitam | | 36 | | § 19413

6.5.40 Sarvāṅgasundarā

gomūtrakṣīraghr̥taṃ tulyapramāṇamekasmin pakvaṃ na-
syābhyañjanayorhitam | § 19414

6.5.41 Aṣṭāṅgahr̥dayasaṃhitā

haritakī haridre dve laśuno maricaṃ vacā | | 36 | |
nimbapatram ca bastāmbukalkitaṃ
nāvanāñjanam | | 37 | | § 19416

6.5.42 Sarvāṅgasundarā

harītakyaḍi chāgamūtreṇa piṣṭaṃ nāvanāñjane hitam |
§ 19417

6.5.43 Aṣṭāṅgahr̥dayasaṃhitā

brahmarakṣobaliḥ siddhaṃ yavānāṃ
pūrṇamāḍhakam | | 37 | |
toyasya kumbhaḥ palalaṃ chatraṃ vastraṃ
vilepanam | | 38 | | § 19419

6.5.44 Sarvāṅgasundarā

pakvaṃ yavānāmāḍhakam-pātraṃ, pūrṇaṃ jalakumbhaḥ
palalaṃ chatraṃ vastraṃ pralepanamiti brahmarākṣas-
āya baliṃ dadyāt | yavānāṃ pūrṇaṃ siddhamāḍhakam-
pakvapātraṃ, yavaiḥ pūrṇaṃ pakvapātramityarthaḥ | pū-
5 raṇārthe+atraṣaṣṭhī | āḍhakaśabdo+atra pātravācako na tu
mānavācakaḥ | pakvapātraṃ-pakvaśarāvamiti § 19420

6.5.45 Aṣṭāṅgahr̥dayasaṃhitā

naktamālaśirīṣatvaṇmūlapuṣpaphalāni ca | | 41 | |

tadvacca kṛṣṇapāṭalyā bilvamūlaṃ
kaṭutrikam | | 42 | |
hiṃgvindrayavasiddhārthalaśunāmalakīphalam | | 42 | |
nāvanāñjanayoryojo
bastamūtrayuto+agadaḥ | | 43 | | § 19424

6.5.46 Sarvāṅgasundarā

naktamālādikaṃ bastamūtreṇa yutamagado nasyābhyañj-
anayoryojaḥ | § 19425

6.5.47 Aṣṭāṅgahṛdayasaṃhitā

ebhireva ghr̥taṃ siddhaṃ gavāṃ mūtre caturguṇe | | 43 | |
rakṣograhān vārayate
pānābhyañjanāvanaiḥ | | 44 | | § 19427

6.5.48 Sarvāṅgasundarā

ebhireva dravyairghṛtaṃ gomūtre caturguṇe siddhaṃ pā-
nādibhī rakṣograhanivāraṇaṃ syāt | § 19428

6.5.49 Aṣṭāṅgahṛdayasaṃhitā

piśācānāṃ baliḥ sīdhuḥ piṅyākaḥ palalaṃ dadhi | | 44 | |
mūlakaṃ lavaṇaṃ sarpiḥ
sabhūtaudanayāvakaṃ | | 45 | | § 19430

6.5.50 Sarvāṅgasundarā

piśācānāṃ sīdhvādibhirbalirdeyaḥ | § 19431

6.5.51 Aṣṭāṅgahṛdayasaṃhitā

haridrādvyamañjiṣṭhāmiśisaindhavanāgaram | | 45 | |

hiṅgupriyaṅgutrikaṭurasonatriphalā
vacā | | 46 | |
pāṭaliśvetakaṭabhīśirīṣakusumairghṛtam | | 46 | |
gomūtrapādikaṃ siddham
pānābhyañjanayorhitam | | 47 | | § 19435

6.5.52 Sarvāṅgasundarā

haridrādvayādibhirgomūtrapādikaṃ ghṛtam pakvaṃ pā-
nābhyañjanayorhitam | § 19436

6.5.53 Aṣṭāṅgahr̥dayasaṃhitā

bastāmbuṣiṣṭaistaireva
yojyamañjananāvanam | | 47 | | § 19437

6.5.54 Sarvāṅgasundarā

bastāmbuṣiṣṭairetaireva dravyairnasyamañjanam ca hita-
muktam | § 19438

6.5.55 Aṣṭāṅgahr̥dayasaṃhitā

devarṣipitṛgandharve tīkṣṇam nasyādi varjayet | | 48 | |
sarpiṣpānādi mṛdvasmin
bhaiṣajyamavacārayet | | 48 | | § 19440

6.5.56 Sarvāṅgasundarā

devarṣipitṛgandharve tīkṣṇam nasyādi na yojayet | mṛdu
sarpiṣpānādikamauśadhamatra yojyam | § 19441

6.5.57 Aṣṭāṅgahr̥dayasaṃhitā

ṛte piśācātsarveṣu pratikūlam ca nācaret | | 49 | |
savaidyamāturam ghnanti kruddhāste hi
mahaujasah | | 49 | | § 19443

6.5.58 Sarvāṅgasundarā

sarveṣu ca graheṣu piśācamantareṇa pratikūlaṃ nācaret |
te hi devādayo mahaujasaḥ praktikūlācaraṇāt kruddhāḥ sa-
ntaḥ vaidyasahitamāturaṃ ghnanti | § 19444

6.5.59 Aṣṭāṅgahrdayasaṃhitā

īśvaraṃ dvādaśabhujam nāthamāryāvalokitam | | 50 | |
sarvavyādhicikitsāṃ ca japan sarvagrahān
jayet | | 50 | |
tathonmādānapasmārānanyaṃ vā
cittaviplavam | | 51 | | § 19447

6.5.60 Sarvāṅgasundarā

īśvaraṃ dvādaśabhujam nāthamāryāvalokitam tathā sa-
rvavyādhicikitsitamityādi japan sarvān grahānunmādād-
īṃśca parākaroti | § 19448

6.5.61 Aṣṭāṅgahrdayasaṃhitā

mahāvīdyāṃ ca māyūrīm śuciṃ taṃ
śrāvayetsadā | | 51 | | § 19449

6.5.62 Sarvāṅgasundarā

māyūrīm mahāvīdyāṃ taṃ-grahagr̥hītaṃ, śuciṃ santaṃ
satataṃ śrāvayet | § 19450

6.5.63 Aṣṭāṅgahrdayasaṃhitā

bhūteśaṃ pūjayet sthāṇuṃ pramathākhyāṃśca
tadgaṇān | | 52 | |
japan siddhāṃśca tanmantrān grahān
sarvānapohati | | 52 | | § 19452

6.5.64 Sarvāṅgasundarā

tathā sthāṇuṃ bhūtādhipaṃ pūjayet | tathā tasya gaṇān
pramathasaṃjñān pūjayet grahān parākaroti | | siddhā-
mśca tanmantrān japan sarvān § 19453

6.5.65 Aṣṭāṅgahr̥dayasaṃhitā

yaccānantarayoh

kiñcidvākṣyate+adhyāyayorhitam | | 53 | |

yaccoktamiha tatsarvaṃ prayuñjīta

parasparam | | 53 | |

sthāne bhūtapraṭiśedho nāma

pañcamo+adhyāyaḥ | | 5 | | § 19456

yadapynantarayoradhyāyayoh-unmādāpasmārapraṭiśedhākhyayoh,
vākṣyati-bhaṇiṣyati, taccātra hitam | yacca,[iha-]asminnadhyāye,
devagrahādīnāṃ pṛthak cikitsitaṃ kathitaṃ tadapi para-
sparam grahāṇāṃ prayuñjītetī | iti śrīmṛgāṅkadattaputra-
5 śrīmadaruṇadattaviracitāyāmaṣṭāṅgahr̥daya- ṭīkāyāṃ sa-
rvāṅgasundarākhyāyāṃ ṣaṣṭhe uttarasthāne bhūta- prati-
śedho nāma pañcamo+adhyāyaḥ samāptaḥ | | 5 | | § 19457

6.6 unmādapraṭiśedhādhyāyaḥ : 6

6.6.1 Aṣṭāṅgahr̥dayasaṃhitā

athāta unmādapraṭiśedhaṃ vyākhyāsyāmaḥ | | 2 | |

iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 19459

6.6.2 Aṣṭāṅgahr̥dayasaṃhitā

bhūtapraṭiṣedhādanantaramunmādāpasmārapraṭiṣedha
ucyate, cikitsāsāmānyāt |
tatrāpyapasmārādunmādasya
pūrvamupanyāso bahuvaktavyatvādityāha-
sa0-unmādasya praṭiṣedha-cikitsitaṃ,
bhaṇiṣyāmaḥ | § 19460

6.6.3 Aṣṭāṅgahr̥dayasaṃhitā

unmādāḥ ṣaṭ pṛthagdoṣanicayādhiviṣodbha-
vāḥ | | 1 | | § 19461

6.6.4 Sarvāṅgasundarā

pratyekaṃ doṣaistrayaḥ sānnipātika ādhijo viṣajaśceti |
§ 19462

6.6.5 Aṣṭāṅgahr̥dayasaṃhitā

unmādo nāma manaso
doṣairunmārgagairmadaḥ | | 1 | | § 19463

6.6.6 Sarvāṅgasundarā

unmādo doṣaiḥ-vātapittakaphaiḥ, unmārgagaiḥ-apathaprasthitaiḥ,
manaso yo madaḥ sa unmādo nāma roga ucyate | § 19464

6.6.7 Aṣṭāṅgahr̥dayasaṃhitā

śārīramānasairduṣṭairahitādannapānataḥ | | 2 | |
vikṛtāsātmyasamalādviṣamādupayogataḥ | | 2 | |
viṣaṅṅasyālpasattvasya
vyādhivegasamudgamāt | | 3 | |
kṣīṅasya ceṣṭāvaiṣamyāt
pūjyapūjāvvyatikramāt | | 3 | |

ādhibhiścittavibhramśād viṣeṇopaviṣeṇa
ca | | 4 | |
ebhirhi hīnasattvasya hr̥di doṣāḥ
pradūṣitāḥ | | 4 | |
dhiyo vidhāya kāluṣyaṃ hatva mārḡān
manovahān | | 5 | |
unmādaṃ kurvate, tena
dhīvijñānasmr̥tibhramāt | | 5 | |
5 deho duḥkhasukhabhraṣṭo
bhraṣṭasārathivadrathaḥ | | 6 | |
bhramatyacintitārambhaḥ-----
| | 6 | | § 19474

6.6.8 Sarvāṅgasundarā

śārīramānasairdoṣairduṣṭairyāvadupaviṣeṇa ceti | ebhiḥ-
amībhirhetubhiḥ, doṣā hr̥daye pradūṣitāḥ santo hīnasattv-
asya puṃso buddheḥ kāluṣyaṃ kṛtvā tathā cittavahāni sr-
otāṃsi hatvonmādaṃ kurvate | tena-unmādena, deho bu-
5 dhibhramānnaṣṭasukhaduḥkho bhraṣṭasārathiriva ratho
bhramati | acintitaḥ-anirūpitakriyaḥ, ārambhaḥ-udyamo,
yasya sa evam | § 19475

6.6.9 Aṣṭāṅgahr̥dayasaṃhitā

-----tatra vātākṛśāṅgatā | | 6 | |
asthāne rodanākrośahasitasmitanartanam | | 7 | |
gītavāditravāgaṅgavikṣepāsphoṭanāni ca | | 7 | |
asāmnā veṇuvīṇādiśabdānukaraṇaṃ
muhuḥ | | 8 | |
5 āsyātphenāgamo+ajasramaṭanaṃ
bahubhāṣitā | | 8 | |
alaṅkāro+analaṅkārairayānairgamanodyamaḥ | | 9 | |
gr̥ddhirabhyavahāryeṣu tallābhe
cāvamānatā | | 9 | |
utpiṇḍitāruṇākṣitvaṃ jīrṇe cānne
gadodbhavaḥ | | 10 | | § 19483

6.6.10 Sarvāṅgasundarā

vātādunmāde sati kṛṣāṅgādilakṣaṇaṃ ca jīrṇe cānne gad-
odbhava ityantam | asthāne-aprasaṅge, rodanādīni | asā-
mnā auddhatyena, punaḥpunaḥ veṇuvīṇādivādyasyānu-
karaṇam | § 19484

6.6.11 Aṣṭāṅgahrdayasaṃhitā

pittātsantarjanaṃ krodho
muṣṭiloṣṭādyabhidravaḥ | | 10 | |
śītacchāyodakākāṅkṣā nagnatvaṃ
pītavarṇatā | | 11 | |
asatyajvalanajvālātārakādīpadarśanam | | 11 | | § 19487

6.6.12 Sarvāṅgasundarā

pittādunmāde sati santarjanakrodhādayaḥ syuḥ | asatyā-
nāṃ jvalanādīnāṃ darśanam | § 19488

6.6.13 Aṣṭāṅgahrdayasaṃhitā

kaphādarocakaśchardiralpehāhāravākyatā | | 12 | |
strīkāmātā
rahaḥprītirlālāsiṅghāṇakasrutih | | 12 | |
baibhatsyaṃ śaucavidveṣo nidrā
śvayathurānane | | 13 | |
unmādo balavān rātrau bhuktamātre ca
jāyate | | 13 | | § 19492

6.6.14 Sarvāṅgasundarā

kaphādunmāde satyarocakādayaḥ syuḥ | tathā rātrau bal-
avān sadyo bhukte ca syāt | § 19493

6.6.15 Aṣṭāṅgahr̥dayasaṃhitā

sarvāyatanasaṃsthānasannipāte tadātmakam | | 14 | |
unmādaṃ dāruṇaṃ vidyāt taṃ bhiṣak
parivarjayet | | 14 | | § 19495

6.6.16 Sarvāṅgasundarā

āyatanāni-nimittāni, saṃsthānāni-liṅgāni, sarvāṇi tridoṣ-
aviṣayāṅyāyatanāni saṃsthānāni ca yasmin sannipāte |
tadātmakaṃ-tridoṣottham, unmādaṃ dāruṇaṃ-māraṇātmakaṃ,
vidyāt | taṃ-unmādaṃ, nopakramet | § 19496

6.6.17 Aṣṭāṅgahr̥dayasaṃhitā

dhanakāntādināśena duḥsahenābhiṣaṅgavān | | 15 | |
pāṇḍurdīno muhurmuhyān hāheti
paridevate | | 15 | |
rodityakasmānmriyate tadguṇān bahu
manyate | | 16 | |
śokakliṣṭamanā dhyāyan jāgarūko
viceṣṭate | | 16 | | § 19500

6.6.18 Sarvāṅgasundarā

dhanādināśena duḥsahenābhiṣaṅgavānunmādaḥ syāt | tena
pāṇḍvādikāḥ sannidamidaṃ karoti | tathā śokakhinnace-
tāḥ san dhyāyan jāgaraṇaśīlo viceṣṭate | § 19501

6.6.19 Aṣṭāṅgahr̥dayasaṃhitā

viṣeṇa śyāvavadano naṣṭacchāyābalendriyaḥ | | 17 | |
vegāntare+api sambhrānto raktākṣastaṃ
vivarjayet | | 17 | | § 19503

6.6.20 Sarvāṅgasundarā

viṣeṇomāde śyāvavadanaḥ syāt | taṃ varjayet-nopakramet |
§ 19504

6.6.21 Aṣṭāṅgahrdayasaṃhitā

athānilaja unmāde snehapānaṃ prayojayet | | 18 | |
pūrvamāvṛtamārge tu sasnehaṃ mṛdu
śodhanam | | 18 | | § 19506

6.6.22 Sarvāṅgasundarā

athedṛśyunmādalakṣaṇe+avagate sati pavanajo ya unmād-
astasmīn snehapānaṃ pūrvam kārayet | āvṛtavartmani tv-
anile sasnehaṃ mṛdu śodhanam pūrvam snehapānāt kā-
rayet | § 19507

6.6.23 Aṣṭāṅgahrdayasaṃhitā

kaphapittabhava+apyādau vamaṇam savirecanam | | 19 | |
sasnigdhasvinnasya bastiṃ ca śīrasaḥ
savirecanam | | 19 | |
tathā+asya śuddhadehasya prasādam labhate
manaḥ | | 20 | | § 19510

6.6.24 Sarvāṅgasundarā

kaphabhava pittabhava conmāde snigdhasvinnasya nara-
sya yathāsaṅkhyam vamaṇam virecanam ca kārayet | ap-
iśabdāna kevalam pavanajesnehapānamādau, yāvat ka-
phapittotthe+api kāryamiti gamayati | tathā ca muniḥ(?)
"unmādam snehapānena pūrvam sarvamupācaret |" iti | 5
bastiṃ śīrasaḥ savirecanam triṣvapyunmādeṣu kārayet |
tathā ca-evam, śuddhaśārīrasya sato manaḥ prasīdati |
§ 19511

6.6.25 Aṣṭāṅgahr̥dayasaṃhitā

itthamapyanuvṛttau tu tīkṣṇaṃ nāvanamañjanam | | 20 | |
harṣaṇāśvāsanotrāsabhayaatāḍanatarjanam | | 21 | |
abhyaṅgodvartanālepadhūpān pānaṃ ca
sarpiṣaḥ | | 21 | |
yuñjyātāni hi śuddhasya nayanti prakṛtiṃ
manaḥ | | 22 | | § 19515

6.6.26 Sarvāṅgasundarā

evamapyupakrānta unmāde+asyānubandhe sati tīkṣṇaṃ
nāvanāñjanaṃ yuñjyāt, harṣaṇādi ca | kutaḥ ? yasmāde-
tāni kṛtāni śuddhadehasya cittaṃ prakṛtiṃ prāpayanti |
§ 19516

6.6.27 Aṣṭāṅgahr̥dayasaṃhitā

hiṅgusauvarcalavyoṣairdvipalāṃśairghṛtāḍhakam | | 22 | |
siddhaṃ samūtramunmādabhūtāpasmāranutp-
aram | | 23 | | § 19518

6.6.28 Sarvāṅgasundarā

hiṅgvādibhirdvivalikaairghṛtasyāḍhakam gomūtreṇa saha
pacet | taccopayuktaṃ paramamunmādādiḥ | § 19519

6.6.29 Aṣṭāṅgahr̥dayasaṃhitā

dvau prasthau svarasād brāhayā ghṛtaprasthaṃ ca
sādhitam | | 23 | |
vyoṣāśyāmātrivṛddantīsaṅkhapuṣpīnṛpadrumaiḥ | | 24 | |
sasaptalākṛmihariḥ
kalkitairakṣasammitaiḥ | | 24 | |
palavṛddhyā prayuñjīta paraṃ mātṛā
catuṣpalam | | 25 | |

unmādakusṭhāpasmāraharam
vandhyāsutapradam | | 25 | |
vāksvarasmṛtamedhākṛd dhanyaṃ
brāhmīghṛtaṃ smṛtam | | 26 | | § 19525

6.6.30 Sarvāṅgasundarā

brāhmīsvarasātprasthadvayaṃ ghṛtasya prasthaṃ vyoṣā-
dibhiḥ kārṣikai rajīkṛtaiḥ pakvaṃ palavṛddhya-palaṃ pr-
athame+ahni dvipalaṃ dvitīye+ahni tripalaṃ tṛtīye+ahni
catuṣpalaṃ caturthe+ahne tataḥ paraṃ catuṣpalamity-
evaṃ, prayuñjīta | tacconmādādijidvandhyāsutapradam 5
vāgādikṛcchivaṃ ca brāhmīghṛtaṃ smṛtam | § 19526

6.6.31 Aṣṭāṅgahṛdayasaṃhitā

varāviśālābhadrailādevadārvelavālukaiḥ | | 26 | |
dvisārivādvirajanīdvisthirāphalinīnataiḥ | | 27 | |
br̥hatikuṣṭhamañjiṣṭhānāgakesaradāḍimaiḥ | | 27 | |
vellatālīsapatrailāmālatīmukulotpalaiḥ | | 28 | |
sadantīpadmakahimaiḥ karṣāṃśaiḥ sarpiṣaḥ 5
pacet | | 28 | |
prasthaṃ bhūtagrahonmādakāsāpasmārapāpm-
asu | | 29 | |
pāṇḍukaṇḍūviṣe śoṣe mohe mehe gare
jvare | | 29 | |
aretasyaprajasi vā daivopahatacetasī | | 30 | |
amedhasī skhaladvāci
smṛtikāme+alpapāvake | | 30 | |
balyaṃ maṅgalyamāyūṣyaṃ 10
kāntisaubhāgyapuṣṭidam | | 31 | |
kalyāṇakamidam sarpiḥ śreṣṭhaṃ puṃsavaneṣu
ca | | 31 | | § 19537

6.6.32 Sarvāṅgasundarā

varādibhiḥ karṣapramāṇairghṛtaprasthaṃ pacet | taccop-
ayuktaṃ bhūtagrahādiṣu śreṣṭhaṃ balyādiguṇaṃ ca | ka-

lyāṅakākhyametatsarpīḥ puṃsavaneṣu ca varam | atra ca
bhadrailā-sthūlailā | § 19538

6.6.33 Aṣṭāṅgahr̥dayasaṃhitā

ebhyo dvisārivādīni jale paktvaikaviṃśatim | | 32 | |
rase tasmin
pacetsarpigr̥ṣṭikṣīracaturguṇam | | 32 | |
vīrādvimedākākolīkapikacchūviṣāṇibhiḥ | | 33 | |
śūrpaparṇīyutairetanmahākalyāṅakam
param | | 33 | |
5 br̥mhaṇam sannipātagṇam
pūrvasmādadhikam guṇaiḥ | | 34 | | § 19543

6.6.34 Sarvāṅgasundarā

ebhyo-varādibhyo, madhyādādyāni sapta hitvā, dvisā-
rivādīnyekaviṃśatim jale ṣoḍaśaguṇe snehāpekṣayā pa-
cedyāvatsnehāccaturguṇaḥ kvāthaḥ | tasmin snehacatu-
rguṇe rase sarpigr̥ṣṭikṣīracaturguṇam vīrādibhiḥ sneh-
5 akvathitaiḥ pādikaiḥ kalkīkṛtaiḥ pacet | etanmahākalyā-
ṅakam nāma ghr̥tam pūrvasmāt-kalyāṅakāt, guṇairatiri-
ktam | atra dvisārivādīnām pāṭhādevaikaviṃśatitvam cet
atadguṇasaṃvijñāno+ayaṃ bahuvrīhiriti kasyacid bhrā-
ntiḥ syāt | evaṃ ca sārivididvayasya grahaṇam na prāpn-
10 uyādityekaviṃśatigrahaṇam § 19544

6.6.35 Aṣṭāṅgahr̥dayasaṃhitā

jaṭilā pūtanā keśī cāraṭī markaṭī vacā | | 34 | |
trāyamāṇā jayā vīrā corakaḥ kaṭurohiṇī | | 35 | |
vayaḥsthā śūkarī chatrā sāticchatrā
palaṅkaṣā | | 35 | |
mahāpuruṣadantā ca kāyasthā
nākulīdvayam | | 36 | |

kaṭambharā vṛścikālī śālīparṇī ca
tairghṛtam | | 36 | |
siddham cāturthikonmādagrahāpasmāranāśa-
nam | | 37 | |
mahāpaiśācakaṃ nāma
ghṛtametadyathā+amṛtam | | 37 | |
buddhimedhāsmṛtikaraṃ bālānaṃ
cāṅgavardhanam | | 38 | | § 19552

6.6.36 Sarvāṅgasundarā

jaṭilādibhirghṛtaṃ pakvaṃ cāturthikādināśanam | jaṭi-
lāmāmsī | pūtanā-harītakī | keśī-gandhamāmsī | caraṭi-
padmacāriṇī | markaṭī-kapikacchūḥ | jayā-araṇikā | vīrā-
kākolī | corakaḥ-caṇḍā | vayahsthā-dhātrī | śūkarī-vṛddhadārukaḥ |
chatrā-dhānyakam | aticchatrā-śatapuṣpā | palaṅkaṣā-lākṣā | 5
mahāpuruṣadantā-śatāvarī | kāyasthā-kṣīrakākolī | nākulīdvayaṃ-
sarpākṣī sarpasugandhā ca | mahāpaiśācakaṃjñam cā-
turthikādināśanam | tathā+amṛtatulyaṃ mahāguṇatvāt |
buddhyādikaṃ śīsūnāṃ ca saṃvardhayati | § 19553

6.6.37 Aṣṭāṅgahrdayasaṃhitā

brāhmīmaindrīm viḍaṅgāni vyoṣaṃ hiṅgu jaṭaṃ
murām | | 38 | |
rāsnāṃ viṣaghnāṃ laśunaṃ viśalyāṃ surasāṃ
vacām | | 39 | |
jyotiṣmatīm nāgavinnāmanantām
saharītakīm | | 39 | |
kāṅkṣīm ca hastimūtreṇa piṣṭvā
chāyāviśoṣitā | | 40 | |
vartirnasyāñjanālepadhūpairunmādasūdanī | | 40 | | § 19558

6.6.38 Sarvāṅgasundarā

brāhmyādibhirgajamūtrapiṣṭā vartiśchāyāyāṃ viśoṣitā na-
syādibhirunmādahr̥t | viṣaghnā-ativiṣā | viśalyā-lāṅgalī |
nāgavinnā-nāgadantī | kāṅkṣī-saurāṣṭrikā | § 19559

6.6.39 Aṣṭāṅgahr̥dayasaṃhitā

avapīdāśca vividhāḥ sarṣāpāḥ snehasaṃyutāḥ | | 41 | |
kaṭutailena cābhyaṅgo dhmāpayeccāśya
tadrajah | | 41 | |
sahiṅgustīkṣṇadhūmaśca sūtrasthānodito
hitaḥ | | 42 | | § 19562

6.6.40 Aṣṭāṅgahr̥dayasaṃhitā

sa-"kalkādyairavapīdastu" (hr̥.sū.a. 20/7) iti
kathito+avapīdāḥ | te+avapīdāḥ
sarṣapatailayutā hitāḥ | abhyaṅgaśca
sarṣapatailena | tathā+asya
tadrajah-sarṣapacūrṇaṃ, ghrāṇe dhmāpayet |
tathā sūtrasthānoktastīkṣṇo dhūmo (a.
21/17) hiṅgunā saha hitaḥ | § 19563

6.6.41 Aṣṭāṅgahr̥dayasaṃhitā

śṛgālaśalyakolūkajalaukāvr̥ṣabastajaiḥ | | 42 | |
mūtrapittaśakṛllomanakhacarmabhirācaret | | 43 | |
dhūpadhūmāñjanābhyaṅgapradehapariṣecanam | | 43 | | § 19566

6.6.42 Sarvāṅgasundarā

śṛgālādīmūtrādibhirdhūpādikamācaret | atra jalaukāca-
rmacaṭikā | § 19567

6.6.43 Aṣṭāṅgahr̥dayasaṃhitā

dhūpayetsatataṃ cainaṃ śvagomatsyaiḥ
supūtibhiḥ | | 44 | |
vātaśleṣmātmake
prāyaḥ----- | | 44 | | § 19569

6.6.44 Sarvāṅgasundarā

enaṃ-conmādinam, punaḥpunaśca gomatsyādibhiḥ su-
ṣṭhu pūtiṅgandhibhirdhūpayet | vātaśleṣmātmake bāhu-
lyenaīṣa upakramah | § 19570

6.6.45 Aṣṭāṅgahrdayasaṃhitā

-----paittike tu praśasyate | | 44 | |
tiktakam jīvanīyaṃ ca sarpiḥ snehaśca
miśrakah | | 45 | |
śītāni cānnapānāni madhurāṇi laghūni
ca | | 45 | | § 19573

6.6.46 Sarvāṅgasundarā

paittike tūnmāde tiktakam sarpirjīvanīyaṃ ca śasyate | ta-
thā miśrako-yamakah snehaḥ, praśasyate | tathā śīśirāṇi
madhurāṇyannapānāni laghūni ca śasyante | § 19574

6.6.47 Aṣṭāṅgahrdayasaṃhitā

vidhyecchirāṃ yathoktāṃ vā ṭṛptaṃ medyāmiśasya
vā | | 46 | |
nivāte śāyayedevaṃ mucyate
mativibhramāt | | 46 | | § 19576

6.6.48 Sarvāṅgasundarā

tathā śirāvyadhavidhyuktāṃ śirāṃ vidhyet | meduramā-
ṃsasya ṭṛptaṃ nivāte svāpayecca | evaṃ kṛte sati mativi-
bhramāt mucyate | § 19577

6.6.49 Aṣṭāṅgahrdayasaṃhitā

prakṣipyāsalile kūpe śoṣayedvā bubhuḥṣayā | | 47 | |

- āśvāsayetsuhṛttam vā
vākyairdharmārthasaṃhitaiḥ | | 47 | |
br̥yādiṣṭavināśam vā darśayedadbhutāni
vā | | 48 | |
baddham sarṣapatailāktam
nyasedvottānamātape | | 48 | |
kapikacchvā+athavā taptairlohatailajalaiḥ
spr̥śet | | 49 | |
5 kaśābhistāḍayitvā vā baddham śvabhre
viniḥkṣipet | | 49 | |
athavā vītaśastrāśmajane saṃtamase
gṛhe | | 50 | |
sarpeṇoddhṛtadamṣṭreṇa dāntaiḥ
siṃhairgajaiśca tam | | 50 | |
(trāsayecchastrahastairvā
kirātārātitaśkaraiḥ | | 51 | |
) athavā rājapuruṣā bahirnītvā
susamyatam | | 51 | |
10 bhāpayeyurvadhenainam tarjayanto
nṛpājñayā | | 51 | |
dehaduḥkhabhayebhyo hi param prāṇabhayaṃ
matam | | 52 | |
tena yāti śamam tasya sarvato viplutam
manah | | 52 | | § 19590

6.6.50 Sarvāṅgasundarā

- athavā jalavarjite kūpe prakṣipyā kṣudhā śoṣayet | athavā
tam-unmādavantaṃ, suhṛt dharmārthayutairvākyairāśvāsayet-
sāntvayet | athavā+asya putrādervināśam-vighātam, tam
br̥yāt | adbhutāni vā tam darśayet | athavā kaṭutailenā-
5 bhyaktaṃ badhvā tamuttānam kṛtvā+a+atape nyaset | ka-
pikacchvā, athavā taptairlohādibhiḥ | athavā carmakaśā-
bhirahatya baddham santamavaṭe viniḥkṣipet | śastrādi-
varjite tvagāre(+andhakāre) bhavane vā badhvā viniḥkṣi-
pet | nanu ca, ekasya śūnyagr̥he sthityrunmādasya nidān-
10 amuktam | yacca yasya nidānam tadeva tasya katham ci-
kitsitam syāt ? naiśadoṣaḥ | tadarthakāribheṣajatvāt | ta-

darthakāriṇi hi bheṣajeyadeva nidānaṃ tadevauṣadham |
yathā,-tucchadagdhe+agnipratapanam, madātyaye mady-
apānamiti | tadvadihāpyavagantavyam | athavā samutpā-
ṭitadamṣṭreṇa sarpeṇa bhāpayet, dāntairgajādibhirvā | rā-
japuruṣā bahirnītvā taṃ suṣṭu yantritāṃ kṛtvā rājājñayā 5
tarjayanto vadhena bhāpayeyuḥ | yato dehaduḥkhabha-
yebhyaḥ sakāśāt paraṃ-atiśayena, prāṇabhayaṃ matam |
tena-bhayena, itaścetaścittāṃ viplutamunmādiṇaḥ śama-
meti | § 19591

6.6.51 Aṣṭāṅgahrdayasaṃhitā

siddhā kriyā prayojyeyam
deśakālādyapekṣayā | | 53 | | § 19592

6.6.52 Sarvāṅgasundarā

iyam kriyā deśādyapekṣayā siddhā prayojaniyā § 19593

6.6.53 Aṣṭāṅgahrdayasaṃhitā

iṣṭadravyavināśāttu mano yasyopahanyate | | 53 | |
tasya tatsadṛśaprāptisāntvāśvāsaiḥ śamaṃ
nayet | | 54 | | § 19595

6.6.54 Sarvāṅgasundarā

iṣṭadravyavināśād yasya mānasamupahanyate tasya tatsadṛśā-
tulyā, prāptiḥ kāryā | tathā sāntvanaiścāśvāsanaiśca śama-
munmādiṇaṃ nayet | § 19596

6.6.55 Aṣṭāṅgahrdayasaṃhitā

kāmaśokabhayakrodhahaṣṭaśyālobhasambhavān | | 54 | |
parasparapratidvandvairbhireva śamaṃ
nayet | | 55 | | § 19598

6.6.56 Sarvāṅgasundarā

kāmādiḥanunmādān anyonyapratikṣairebhireva-kāmādibhiḥ,
śamaṃ nayet | § 19599

6.6.57 Aṣṭāṅgahr̥dayasaṃhitā

bhūtānubandhamīkṣeta proktaliṅgādhikākṛtim | | 55 | |
yadyunmāde tataḥ kuryādbhūtanirdiṣṭamauṣa-
dham | | 56 | | § 19601

6.6.58 Sarvāṅgasundarā

bhūtaiḥ-devādibhiḥ pūrvoktaiḥ, anubandhaḥ-anuṣaṅgaḥ,
tamanantarokta āgantāvunmāde yadīkṣeta tato bhūt-
apratīśedhoktamauṣadham kuryāt | nanu, kathamīkṣa-
naṃ kartuṃ śakyate ? iti viśeṣaṇadvāreṇa hetumāha-
5 proktaliṅgādhikākṛtimiti | proktāni pūrvam ṣaḍvidhasyo-
nmādasya yāni liṅgāni tebhyo+adhikā+a+akṛtiḥ-lakṣaṇaṃ,
yasya-bhūtānubandhasya, taṃ tathāvidham | § 19602

6.6.59 Aṣṭāṅgahr̥dayasaṃhitā

balim ca dadyātpalalaṃ yāvakaṃ saktupiṇḍikām | | 56 | |
snigdham madhuramāhāraṃ taṇḍulān
rudhirokṣitān | | 57 | |
pakvāmakāni māṃsāni surāṃ
maireyamāsavam | | 57 | |
atimuktasya puṣpāṇi jātyāḥ sahacarasya
ca | | 58 | |
5 catuṣpathe gavāṃ tīrthe nadīnāṃ saṅgameṣu
ca | | 58 | | § 19607

6.6.60 Sarvāṅgasundarā

tathā+atra bhūtānubandhe palalayāvakādi ca yāvat puṣp-
āṇi sahacarasya ceti balim dadyāt | kva ? catuṣpathe, tathā
gotīrthe nadyorvā saṅgame | § 19608

6.6.61 Aṣṭāṅgahr̥dayasaṃhitā

nivṛttāmiṣamadyo yo hitāśī prayataḥ śuciḥ | | 59 | |
nijāgantubhirunmādaiḥ satvavānna sa
yujyate | | 59 | | § 19610

6.6.62 Sarvāṅgasundarā

yaḥ puruṣo nivṛttamadyamāṃso hitabhojī prayataḥ śuciḥ
syāt | sa sātvikō nijāgantubhirunmādairna yujyate | tasm-
ādīdr̥ṣena bhāvyaṃ bhāvaḥ | § 19611

6.6.63 Aṣṭāṅgahr̥dayasaṃhitā

prasāda indriyārthānāṃ buddhyātmamanasāṃ
tathā | | 60 | |
dhātūnāṃ prakṛtisthatvaṃ
vigatonmādalakṣaṇam | | 60 | |
sthāne unmādapratīṣedho nāma
ṣaṣṭho+adhyāyaḥ | | 6 | | § 19614

6.6.64 Sarvāṅgasundarā

indriyārthānāṃ prasannatvaṃ tathābuddhyātmamana-
sāṃ ca, dhātūnāṃ prakṛtisthatvaṃ ceti vigatonmādasya
lakṣaṇamiti | iti śrīṃṛgāṅkadattaputraśrīmadaruṇadatta-
viracitāyāmaṣṭāṅgahr̥daya- ṭīkāyāṃ sarvāṅgasundarākhy-
āyāṃ ṣaṣṭhe uttarasthāne unmā- dapratīṣedho nāma ṣa- 5
ṣṭho+adhyāyaḥ samāptaḥ | | 6 | | § 19615

6.7 apasmārapratīṣedhādhyāyaḥ : 7

6.7.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto+apasmārapratīṣedham vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 19617

6.7.2 Aṣṭāṅgahr̥dayasaṃhitā

asmādanantaramapasmārapraṭiṣedha ucyate,
cikitsāsāmānyāt | § 19618

6.7.3 Aṣṭāṅgahr̥dayasaṃhitā

smṛtyapāyo hyapasmāraḥ sa
dhīsattvābhisamplavāt | | 1 | |
jāyate+abhihate citte
cintāśokabhayādibhiḥ | | 1 | |
unmādavatprakupitaiścittadehagatairmalaiḥ | | 2 | |
hate sattve hr̥di vyāpte saṃjñāvāhiṣu kṣeṣu
ca | | 2 | |
5 tamo viśan mūḍhamatirbībhatsāḥ kurute
kriyāḥ | | 3 | |
dantān khādan vaman phenam hastau pādaḥ ca
vikṣipan | | 3 | |
paśyannasanti rūpāṇi praskhalan patati
kṣitau | | 4 | |
vijihyakṣibhruvo doṣavege+atīte
vibudhyate | | 4 | |
kālantareṇa sa punaścaivameva
viceṣṭate | | 5 | | § 19627

6.7.4 Sarvāṅgasundarā

smṛterapāyo-vināśaḥ, apasmāra ucyate | sa ca-smṛtivināśo,
buddhyādivināśāccitte cintādyabhihate, tathonmādavacc-
ittadehagatairdoṣaiḥ prakṛpitaiḥ sattve hate, hr̥daye vy-
āpte, tathā saṃjñāvāhiṣu srotāḥsu vyāpteṣu satsu, jāy-
5 ate | tasmimśca jāte sati mūḍhamatiḥ san tamo-mohaḥ,
viśan bībhatsāḥ-ninditāḥ, kriyāḥkurute | na tu tamo dra-
vyaviśeṣa iha gr̥hyate, tasya divā+asambhavasyāpi darśa-
naṃ sambhāvya eva, rogasvabhāvāt | ata eva vakṣyati,-
"paśyannasanti rūpāṇi" iti | tā eva kriyā vakti-dantānityādi

yāvadvijihvākṣibhruva iti | vijihyamakṣibhruvaṃ yasya
sa evam | akṣibhruvaśabdo+acaturādinipātaḥ | doṣavege
cātikrānte vibudhyate-prakṛtiṃ yāti | kālāntaraiṇa saḥ-
apasmarīm evameva-pūrvavat, karoti | § 19628

6.7.5 Aṣṭāṅgahr̥dayasaṃhitā

apasmāraścaturbhedo vātādyairnicayena ca | | 5 | | § 19629

6.7.6 Sarvāṅgasundarā

apasmāraścatuḥprakāraḥ | katham ? ityāha-vātādibhiḥ sa-
nnipātena ca | § 19630

6.7.7 Aṣṭāṅgahr̥dayasaṃhitā

rūpamutpatsyamāne+asmin hr̥tkampaḥ śūnyatā
bhramaḥ | | 6 | |

tamaso darśanaṃ dhyānaṃ

bhrūvyudāso+akṣivaikṛtam | | 6 | |

aśabdaśravaṇaṃ svedo

lālāsiṅghāṇakasrutih | | 7 | |

avipāko+arucirmūrcchā kukṣyātopo

balakṣayaḥ | | 7 | |

nidrānāśo+āṅgamardastr̥ṣṭ svapne gānaṃ

sanartanam | | 8 | |

pānaṃ tailasya madyasya tayoreva ca

mehanaṃ | | 8 | | § 19636

5

6.7.8 Sarvāṅgasundarā

asminnapasmāra udbubhūṣati sati hr̥tkampādayaḥ syuḥ |
gānādi syāt, tailamadyayoḥ pānaṃ syāt, tathā tayoreva-
taila madyayoḥ, mehanaṃ-mūtraṇaṃ, syāt | § 19637

6.7.9 Aṣṭāṅgahr̥dayasaṃhitā

tatra vātātsphuratsakthiḥ prapatam̐sca
muhurmuhuḥ | | 9 | |
apasmarati saṃjñāṃ ca labhate visvaram̐
rudan | | 9 | |
utpiṇḍitākṣaḥ śvasiti phenam̐ vamatī
kampate | | 10 | |
āvidhyati śirodantān
daśatyādhmātakandharaḥ | | 10 | |
5 parito vikṣipatyaṅgam̐ viṣamam̐
vinatāṅguliḥ | | 11 | |
rūkṣśyāvāruṇākṣitvañnakhāsyah
kr̥ṣṇam̐kṣate | | 11 | |
capalam̐ paruṣam̐ rūpam̐ virūpam̐
vikṛtānanam | | 12 | | § 19644

6.7.10 Sarvāṅgasundarā

tatra-teṣu madhyāt, vātādapasmāre sati sphuratsakathyā-
dikaḥ syāt | § 19645

6.7.11 Aṣṭāṅgahr̥dayasaṃhitā

apasmarati pittena muhuḥ saṃjñā ca vindati | | 12 | |
pītaphenākṣivaktratvagāspālayati
medinīm | | 13 | |
bhairavādīptaruṣitarūpadarśī
tṛṣānvitaḥ | | 13 | | § 19648

6.7.12 Sarvāṅgasundarā

pittenāpasmāre sati punaḥpunaḥ saṃjñāṃ-cetanām̐ ca la-
bhate | pītaphenākṣimukhatvam̐ syāt | atra ca vaktragraha-
ṇenaivākṣigrahaṇe siddhe+akṣigrahaṇamatiśayārtham |
tathā+a+asphālayati medinīmityādi ca syāt | § 19649

6.7.13 Aṣṭāṅgahr̥dayasaṃhitā

kaphāccireṇa grahaṇaṃ cireṇaiva vibodhanam | | 14 | |
ceṣṭā+alpā bhūyasī lālā
śuklanetranakhāsyatā | | 14 | |
śuklābharūpadarśitvaṃ-----
| | 15 | | § 19652

6.7.14 Sarvāṅgasundarā

kaphāccireṇa kālena grahaṇaṃ | cireṇaiva vimokṣaṇaṃ
syāt | śceṣṭā+alpetyādi ca | § 19653

6.7.15 Aṣṭāṅgahr̥dayasaṃhitā

-----sarvaliṅgaṃ tu varjayet | | 15 | | § 19654

6.7.16 Sarvāṅgasundarā

sarvaliṅgamapasmāraṃ varjayet-nopakramet | § 19655

6.7.17 Aṣṭāṅgahr̥dayasaṃhitā

athā+a+avṛtānāṃ dhīcittahr̥tkhānāṃ
prākprabodhanam | | 15 | |
tīkṣṇaiḥ kuryādiapasmāre
karmabhirvamanādibhiḥ | | 16 | | § 19657

6.7.18 Sarvāṅgasundarā

atha-evamapasmārasvarūpamavagamyā, dhīcittahr̥daya-
srotasāṃ pūrvaṃ prabodhanam kuryāt | kaiḥ ? vamanā-
dibhiḥ tīkṣṇaiḥ karmabhiḥ | § 19658

6.7.19 Aṣṭāṅgahr̥dayasaṃhitā

vātikam̐ bastibhūyiṣṭhaiḥ, paittam̐ prāyo
virecanaiḥ | | 16 | |
ślaiṣmikaṃ vamanaprāyairapasmāramupāca-
ret | | 17 | | § 19660

6.7.20 Sarvāṅgasundarā

vātikamapasmāram̐ bastiprāyairupācaret | paittam̐ vireca-
naprāyairupācaret | ślaiṣmikaṃ vamanaprāyairupācaret |
§ 19661

6.7.21 Aṣṭāṅgahr̥dayasaṃhitā

sarvataḥ suviśuddhasya samyagāśvāsitasya ca | | 17 | |
apasmāravimokṣārthaṃ yogān saṃśamanān
śrṇu | | 18 | | § 19663

6.7.22 Sarvāṅgasundarā

sarvataḥ-adha upariṣṭacca viśuddhasya, tathā samyagāśv-
āsitasya ca-kṛtapeyādyannasaṃsargikasya ca samyagāśvā-
sanam̐ sampadyate | tasyāpasmāriṇaḥ, apasmāraviśodha-
nāya vakṣyamāṇānimān yogānākaraṇaya | § 19664

6.7.23 Aṣṭāṅgahr̥dayasaṃhitā

gomayasvarasakṣīradadhimūtraiḥ śṛtaṃ haviḥ | | 18 | |
apasmārajvaronmādakāmalāntakaram̐
pibet | | 19 | | § 19666

6.7.24 Sarvāṅgasundarā

gomayasvarasādibhirghrutaṃ pakvamapasmārādighnam̐
pibet | § 19667

6.7.25 Aṣṭāṅgahr̥dayasaṃhitā

dvipañcamūlatriphalādviniśākuṭajatvacah | | 19 | |
saptaparnāmapāmārgaṃ nīlinīm
kaṭurohiṇīm | | 20 | |
śamyākapuṣkarajaṭāphalgumūladurālabhāḥ | | 20 | |
dvipalāḥ saliladroṇe paktvā
pādāvaśeṣite | | 21 | |
bhārgīpāṭhāḍhakīkumbhanikumbhavyoṣarohiṣaiḥ | | 21 | |
mūrvābhūtīkabhūnimbaśreyasīsārivādvayaiḥ | | 22 | |
madayantyagniniculairakṣāṃśaiḥ sarpiṣaḥ
pacet | | 22 | |
prasthaṃ tadvad dravaiḥ pūrvaiḥ
pañcaganyamidaṃ mahat | | 23 | |
jvarāpasmārajaṭharabhagandaraharam
param | | 23 | |
śophāśaḥkāmālāpāṇḍugulmakāsagrahāpaham | | 24 | | § 19677

6.7.26 Sarvāṅgasundarā

dvipañcamūlādīni pṛthag dvipalapramāṇāni jaladroṇe pa-
ktvā pādāvaśeṣite kvāthe bhārgyādibhiḥ karṣāśaiḥ kalkīk-
ṛtairghṛtasya prasthaṃ tadvat pūrvaiḥ-gomayasvarasādibhirdravaiḥ,
pācayet | mahadidaṃ pañcagavyaṃ param jvarādiḥaram,
śophādighnaṃ ca | bahudravyayogāccāsya mahattvam, 5
yathā mahākalyāṇakādeḥ | § 19678

6.7.27 Aṣṭāṅgahr̥dayasaṃhitā

brāhmīrasavacākuṣṭhaśaṅkhapuṣpīśṛtaṃ ghṛtam | | 24 | |
purāṇaṃ medhyamunmādālakṣmyapasmārapā-
omajit | | 25 | | § 19680

6.7.28 Sarvāṅgasundarā

brāhmyādibhiḥ purāṇaṃ sarpiḥ pakvaṃ medhyamunmā-
dādijit | § 19681

6.7.29 Aṣṭāṅgahr̥dayasaṃhitā

tailaprasthaṃ ghr̥taprasthaṃ jīvanīyaiḥ
palonmitaiḥ | | 25 | |
kṣīradroṇe pacetsiddhamapasmāravimokṣa-
ṇam | | 26 | | § 19683

6.7.30 Sarvāṅgasundarā

tailaprasthaṃ ghr̥taprasthaṃ jīvanīyaiḥ rajīkr̥taiḥ palapr-
amāṇaiḥ kṣīradroṇe pacet | tatsiddhamapasmāravimoca-
nam | § 19684

6.7.31 Aṣṭāṅgahr̥dayasaṃhitā

kaṃse kṣīrekṣurasayoḥ kāśmarye+aṣṭaguṇe rase | | 26 | |
kārṣīkairjīvanīyaiśca sarpiḥprasthaṃ
vipācayet | | 27 | |
vātapittodbhavaṃ kṣīpramapasmāraṃ nihanti
tat | | 27 | | § 19687

6.7.32 Sarvāṅgasundarā

kṣīrekṣurasayoḥ kaṃse-āḍhake, tathā kāśmaryarase+aṣṭaguṇe-
aṣṭaprasthaparimāṇe, ghr̥tādasyāṣṭaguṇatvam | jīvanīyai-
ḥkārṣīkairghr̥taprasthaṃ vipācayet | tat vātapittajamapa-
smāraṃ śīghrameva nihanti | nanu, dvandvajasyāpasm-
5 ārasyaśambhavāt kathamuktaṃ vātapittodbhavaṃ hant-
īti? ucyate | vātapittotthayordvayorapyapasmārayorhantī-
tyetadihokta mityadoṣaḥ | § 19688

6.7.33 Aṣṭāṅgahr̥dayasaṃhitā

tadvat kāśavidārīkṣukuśakvāthaśṛtaṃ payaḥ | | 28 | | § 19689

6.7.34 Sarvāṅgasundarā

tadvat-pūrvavat, kāsādikvāthe śṛtaṃ kṣīraṃ syāt | § 19690

6.7.35 Aṣṭāṅgahrdayasaṃhitā

kūṣmāṇḍasvarase sarpiraṣṭādaśaguṇe śṛtaṃ | | 28 | |

yaṣṭīkalkamapasmāraharaṃ

dhīvāksvarapradam | | 29 | | § 19692

6.7.36 Sarvāṅgasundarā

kūṣmāṇḍasvarase+aṣṭādaśaguṇe madhuyaṣṭīkākalkaṃ gh-
ṛtaprasthaṃ pakvamapasmārajit budhdyādipradaṃ ca |
§ 19693

6.7.37 Aṣṭāṅgahrdayasaṃhitā

kapilānāṃ gavāṃ pittaṃ nāvane paramaṃ hitam | | 29 | |

śvaśṛgālabiḍālānaṃ siṃhādīnāṃ ca

pūjitam | | 30 | | § 19695

6.7.38 Sarvāṅgasundarā

kapilānāṃ gavāṃ pittaṃ nasye suṣṭru hitam, na kṛṣṇānāṃ
gavāṃ, acintyatvātprabhāvasya | śvādīnāmapi pittaṃ hi-
tam | § 19696

6.7.39 Aṣṭāṅgahrdayasaṃhitā

godhānakulanāgānāṃ pṛṣatarkṣagavamapi | | 30 | |

pitteṣu sādhitam tailam nasye+abhyaṅge ca

śasyate | | 31 | | § 19698

6.7.40 Sarvāṅgasundarā

godhādīnāṃ ca pitteṣu sādhitam tailam nasye+abhyaṅge
ca śasyate | § 19699

6.7.41 Aṣṭāṅgahr̥dayasaṃhitā

triphālābyoṣapītadruyavakṣārāphaṇijjakaiḥ | | 31 | |
śryāhvāpāmārgakārañjabījastailam
vipācitam | | 32 | |
bastamūtre hitam nasyam cūrṇam vā
dhmāpayedbhiṣak | | 32 | | § 19702

6.7.42 Sarvāṅgasundarā

triphālādibhiḥ kalkitaiśchāgamūtre caturguṇe sādhitam
tailam nasyamunmādāpasmāriṇorhitam | cūrṇam tripha-
lādervā vaidyo nāsāyā madhye dhmāpayet | § 19703

6.7.43 Aṣṭāṅgahr̥dayasaṃhitā

nakulolūkamārjāragr̥dhrakīṭāhikākajaiḥ | | 33 | |
tuṅdaiḥ pakṣaiḥ purīṣaiśca dhūpamasya
prayojayet | | 33 | | § 19705

6.7.44 Sarvāṅgasundarā

nakulādīnāṃ yathāsambhavam tuṅḍādibhirapasmāriṇo
dhūmam (paṃ) yojayet | § 19706

6.7.45 Aṣṭāṅgahr̥dayasaṃhitā

śīlayettailalaśunam payasa vā śatāvarīm | | 34 | |
brāhmīrasam kuṣṭharasam vacām vā
madhusaṃyutām | | 34 | | § 19708

6.7.46 Sarvāṅgasundarā

tathā tailalaśunaṃ śīlayet | kṣīreṇa vā śatāvarīmadyāt | br-
āhmīrasaṃ vā kuṣṭharasaṃ madhunā samabhyaset, vacāṃ
vā | § 19709

6.7.47 Aṣṭāṅgahrdayasaṃhitā

samaṃ kruddhairapasmāro doṣaiḥ
śārīramānasaiḥ | | 35 | |
yajjāyate yataścaiṣa
mahāmarmasamāśrayaḥ | | 35 | |
tasmādrasāyanairenaṃ
duścikitsyamupācaren | | 36 | |
tadārtam cāgnitoyāderviṣamātpālayets-
adā | | 36 | | § 19713

6.7.48 Sarvāṅgasundarā

yat-yasmāt, apasmāro yugāpatprakopitaiḥ śārīramānasa-
irdoṣairjāyate, yataścaiṣa mahāmarmāśrayaḥ, tata enaṃ-
apasmāraṃ, duścikitsyaṃ rasāyanairupācaret | apasmār-
ārtaṃ cāgnijalāderviṣamāt sada pālayet | § 19714

6.7.49 Aṣṭāṅgahrdayasaṃhitā

muktaṃ mano vikāreṇa tvamitthaṃ kṛtavāniti | | 37 | |
na brūyādviṣayairiṣṭaiḥ kliṣṭam ceto+asya
br̥ṃhayet | | 37 | |
sthāne+apasmārapraṭiṣedho nāma
saptamo+adhyāyaḥ | | 7 | | § 19717

6.7.50 Sarvāṅgasundarā

manovikāreṇa ca muktaṃ santaṃ tvamitthaṃ kṛtavān-
iti na brūyāt | asya ca manaḥ kliṣṭamiṣṭairviṣayairupabr-
ṃhayediti | iti śrīmṛgāṅkadattaputraśrīmadaruṇadattavi-

racitāyāmaṣṭāṅgahr̥daya- ṭikāyāṃ sarvāṅgasundarākhyā-
yāṃ ṣaṣṭhe uttarasthāne+apasmāra- pratiṣedho nāma sa-
ptamo+adhyāyaḥ samāptaḥ | | 7 | | § 19718
ityaṣṭāṅgahr̥daye bhūtatāntraṃ tṛtīyaṃ samāptam § 19719

6.8 vartmarogavijñānīyādhyāyaḥ : 8

6.8.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto vartmarogavijñānīyamadhyāyaṃ
vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 19721

6.8.2 Aṣṭāṅgahr̥dayasaṃhitā

apasmārādanantaram śālākyamupakramyate | yathaiva
hr̥dayākhyamahāmarmāśritairapasmāro
janyate tathaiva murdhākhyamahāmarmāśri-
tairūrdhvajatrūthā rogā janyante | teṣāmapi
ca madhye cakṣūrogāṇāṃ sa0-vartmani rogā
vartmarogāḥ,-kṛcchronmīlādayaḥ, teṣāṃ
vijñānaṃ-bodhaḥ, sa vidyate yasminniti
chaḥ, tasya pūrvavalluk | § 19722

6.8.3 Aṣṭāṅgahr̥dayasaṃhitā

sarvaroganidānoktairahitaiḥ kupitā malāḥ | | 1 | |
acakṣuṣyairviśeṣeṇa prāyaḥ
pittānusāriṇaḥ | | 1 | |
śirābhirūrdhvaṃ prasṛtā
netrāvayavamāśritāḥ | | 2 | |
vartma sandhiṃ sitaṃ kṛṣṇaṃ dr̥ṣṭiṃ vā
sarvamaḥṣi vā | | 2 | |
5 rogān kuryuḥ-----
| | 3 | | § 19727

6.8.4 Sarvāṅgasundarā

sarvaroganidāne uktāni-abhihitāni yathāyogaṃ tiktoṣaṅā-
dīni, tairāhāravihāraiḥ prakupita malā rogān kuryuḥ | viś-
eṣādacakṣuṣyairāhāravihāraiḥ kupitā malāḥ prāyo-bāhulyena,
pittānusāriṅastathā śirādibhiḥ karaṇabhūtābhirūrdhvaṃ
jatrūṇaḥ prasṛtāstathā netrasya sambandhinamavayavaṃ- 5
vakṣyamāṇaṃ vartmādikam, āśritāḥ | vartmetyādi | vās-
abdaḥ pratyekaṃ yujyate, vartma vā sandhiṃ vā sitaṃ
vā+asitaṃ vā drṣṭiṃ vā sakalaṃ locanamāśritāḥ | iti sām-
ānyena nayanarogāṅaṃ samprāptiḥ | § 19728

6.8.5 Aṣṭāṅgahrdayasaṃhitā

-----calastatra prāpya vartmāśrayāḥ sirāḥ | | 3 | |
suptotthitasya kurute vartmastambhaṃ
savedanam | | 3 | |
pāṃsupūrṇābhanetratvaṃ
kṛcchronmīlanamaśru ca | | 4 | |
vimardanāt syācca śamaḥ kṛcchronmīlaṃ
vadanti tat | | 4 | | § 19732

6.8.6 Sarvāṅgasundarā

tatra-teṣu vartmādyāśriteṣu madhye, vartmāśrayāḥ sirā vā-
yuḥ prāpya suptotthitasya narasya vartmastambhaṃ ku-
rute, rujayā saha | tathā pāṃsupūrṇābhanayanatvaṃ kṛ-
cchreṇonmīlanamaśru ca kurute | vimardanāt-malanācca,
śamaḥ syāt | taṃ-īdrksvarūpaṃ, kṛcchronmīlākhyam ne- 5
trerogaṃ vadanti | § 19733

6.8.7 Aṣṭāṅgahrdayasaṃhitā

cālayan vartmanī vāurnimeṣonmeṣaṇaṃ muhuḥ | | 5 | |
karotyaruṅ
nimeṣo+asau----- | | 5 | | § 19735

6.8.8 Sarvāṅgasundarā

vāyurvātmanī cālayan nimeṣonmeṣaṇaṃ pīḍārahitaṃ pu-
naḥ punaḥ karoti | asau nimeṣākhyo rogo jñeyaḥ | § 19736

6.8.9 Aṣṭāṅgahr̥dayasaṃhitā

-----vartma yattu nimīlyate | | 5 | |
vimuktasandhi niśceṣṭaṃ hīnaṃ vātahataṃ hi
tat | | 6 | | § 19738

6.8.10 Sarvāṅgasundarā

yatpunarvartma vimuktasandhi tathā niśceṣṭaṃ hīnaṃ ca
nimīlyate taṃ vātahatākhyam rogaṃ vadanti, 'munayaḥ' iti
śeṣaḥ | § 19739

6.8.11 Aṣṭāṅgahr̥dayasaṃhitā

kr̥ṣṇaḥ pittena bahvyo+antarvartma
kumbhīkabījavat | | 6 | |
ādhmāyante punarbhinnāḥ piṭikāḥ
kumbhisamjñitāḥ | | 7 | | § 19741

6.8.12 Sarvāṅgasundarā

pittena kr̥ṣṇavarṇaḥ piṭikā bahvyo vartmanormadhye ku-
mbhīkabījatulyāstathā bhinnāḥ satyaḥ punaradhmāyante,
tāḥ kumbhisamjñāḥ | § 19742

6.8.13 Aṣṭāṅgahr̥dayasaṃhitā

sadāhakledanistodaṃ raktābhaṃ sparśanākṣamam | | 7 | |
pittena jāyate vartma pittotkliṣṭamuśanti
tat | | 8 | | § 19744

6.8.14 Sarvāṅgasundarā

pittena sadāhakledanistodaṃ tathā raktākāraṃ sparśanā-
kṣamaṃ vartma jāyate, tat pittotkliṣṭamuśanti-kathayanti |
§ 19745

6.8.15 Aṣṭāṅgahrdayasaṃhitā

karoti kaṇḍūṃ dāhaṃ ca pittam
pakṣmāntamāsthitaṃ | | 8 | |
pakṣmaṇāṃ śātaṃ cānu pakṣmaśātaṃ
vadanti tam | | 9 | | § 19747

6.8.16 Sarvāṅgasundarā

pittam pakṣmāntamāsthitaṃ kaṇḍūṃ dāhaṃ ca karoti |
anupaścāt, pakṣmāṇāṃ śātaṃ karoti | taṃ pakṣmaśātaṃ
varṇayanti | § 19748

6.8.17 Aṣṭāṅgahrdayasaṃhitā

pothakyaḥ piṭikāḥ śvetāḥ sarṣapabhā ghanāḥ
kaphāt | | 9 | |
śophopadeharukkaṇḍūpicchilāśrusamanvitāḥ | | 10 | | § 19750

6.8.18 Sarvāṅgasundarā

kaphāt piṭikāḥ sitāḥ sarṣapopamā ghanāḥ-nibiḍāḥ, śophā-
diyutāḥ pothakīsaṃjñāḥ | § 19751

6.8.19 Aṣṭāṅgahrdayasaṃhitā

kaphotkliṣṭam bhavedvartma
stambhakledopadehavat | | 10 | | § 19752

6.8.20 Sarvāṅgasundarā

stambhādiyutaṃ vartma yad bhavet tatkaphotkliṣṭaṃ
nāma | § 19753

6.8.21 Aṣṭāṅgahr̥dayasaṃhitā

granthiḥ pāṇdurarukpākaḥ kaṇḍūmān kaṭhinaḥ
kaphāt | | 11 | |
kolamātraḥ sa lagaṇaḥ kiñcidalpastato+atha
vā | | 11 | | § 19755

6.8.22 Sarvāṅgasundarā

kaphāt yo granthiḥ kolamātraḥ, athavā tataḥ-tasmāt kolā-
tkiñcidalpaḥ, pāṇduḥ pīḍāpākarahitaḥ kaṇḍūmān kaṭhin-
aśca syāt, sa lagaṇākhyah | § 19756

6.8.23 Aṣṭāṅgahr̥dayasaṃhitā

raktā raktena piṭikā tattulyapiṭikācitā | | 12 | |
utsaṅgākhyā----- | | 12 | | § 19758

6.8.24 Sarvāṅgasundarā

raktena raktevarṇā piṭikā tattulyapiṭikairācitā utsaṅgā-
khyā | § 19759

6.8.25 Aṣṭāṅgahr̥dayasaṃhitā

-----tathotkliṣṭaṃ
rājimatsparśanākṣamam | | 12 | | § 19760

6.8.26 Sarvāṅgasundarā

tathā-utsaṅgavat, utkliṣṭākhyam vartma | tacca na piṭikā-
rupam, kiṃ tarhi ? rājiyutam sparśanākṣamam ca syāt |
§ 19761

6.8.27 Aṣṭāṅgahṛdayasaṃhitā

arśo+adhimāṃsam vartmāntaḥ stabdham snigdham
sadāharuk | | 13 | |
raktaṃ raktena tatsrāvi chinnaṃ chinnaṃ ca
vardhate | | 13 | | § 19763

6.8.28 Sarvāṅgasundarā

adhikamāṃsam ca vartmābhyantarasthitamarśo nāma ra-
ktena syāt | raktaṃ varṇataḥ, tathā stabdhatādiguṇam
syāt | tathā tatsrāvitadraktaṃ sravatyabhīkṣam | tat pu-
naḥpunaschinnaṃapi vardhate | § 19764

6.8.29 Aṣṭāṅgahṛdayasaṃhitā

madhye vā vartmano+ante vā kaṇḍūṣārugvatī
sthirā | | 14 | |
mudgamātrā+asṛjā tāmṛā
piṭikā+añjananāmikā | | 14 | | § 19766

6.8.30 Sarvāṅgasundarā

asṛjā tāmṛā piṭikā mudgapramāṇā vartmano madhye+ante
vā kaṇḍvādimatī sthirā cāñjananāmikā syāt | § 19767

6.8.31 Aṣṭāṅgahṛdayasaṃhitā

doṣairvartma bahiḥ śūnaṃ yadantaḥ
sūkṣmakhācitam | | 15 | |

sasrāvamantarudakaṃ bisābhaṃ bisavartma
tat | | 15 | | § 19769

6.8.32 Sarvāṅgasundarā

doṣaiḥ-vātādibhiḥ, bahiḥ śūnaṃ yadvartma sūkṣmaiḥ kh-
aiḥchidraiḥ, antarācitaṃ sasrāvaṃ ca tad bisavartma, ud-
akāntaḥsthitāsacchidrabisatulyatvāt | § 19770

6.8.33 Aṣṭāṅgahr̥dayasaṃhitā

yadvartmotkliṣṭamutkliṣṭamakasmānmlānatāmiyāt | | 16 | |
raktadoṣatrayotkleśādbhavatyutkliṣṭavartma
tat | | 16 | | § 19772

6.8.34 Sarvāṅgasundarā

yadvartma raktotkleśāddoṣatrayotkleśācca utkliṣṭaṃ-utkleṣitaṃ
sat, akasmāt-hetuṃ vinaiva, mlānimiyāt-śuṣkatvaṃ yāyāt,
tadutkliṣṭavartma syāt | § 19773

6.8.35 Aṣṭāṅgahr̥dayasaṃhitā

śyāvavartma malaiḥ sāsraiḥ śyāvaṃ
rukkleśāphavat | | 17 | | § 19774

6.8.36 Sarvāṅgasundarā

raktasahitaistrimalairyadvartma śyāvaṃ rujā kledena śo-
phena ca yuktaṃ bhavati, tacchyāvavartma | § 19775

6.8.37 Aṣṭāṅgahr̥dayasaṃhitā

śliṣṭākhyam vartmanī śliṣṭe
kaṇḍūśvayathurāgiṇī | | 17 | | § 19776

6.8.38 Sarvāṅgasundarā

śliṣṭe-ekatra saṃlagne, vartmanī kaṇḍvādiyute śliṣṭava-
rtma nāma | § 19777

6.8.39 Aṣṭāṅgahrdayasaṃhitā

vartmano+antaḥ kharā rūkṣāḥ piṭikāḥ
sikatopamāḥ | | 18 | |
sikatāvartma-----
| | 18 | | § 19779

6.8.40 Sarvāṅgasundarā

vartmano madhye vālikātulyāḥ piṭikāḥ kharasparśāstathā
rūkṣāḥ, tat sikatāmṃvartma | § 19780

6.8.41 Aṣṭāṅgahrdayasaṃhitā

-----krṣṇaṃ tu kardamaṃ
kardamopamam | | 18 | | § 19781

6.8.42 Sarvāṅgasundarā

kardamasadrśaṃ krṣṇaṃ vartma kardamākhyam | § 19782

6.8.43 Aṣṭāṅgahrdayasaṃhitā

bahalaṃ bahalairmāṃsaiḥ savarṇaiścīyate
samaiḥ | | 19 | | § 19783

6.8.44 Sarvāṅgasundarā

bahalaiḥ-ghanaiḥ, māṃsaiḥ savarṇaiḥ samaiḥ-na viṣam-
aiḥ, cīyate tadbahalaṃ nāma | § 19784

6.8.45 Aṣṭāṅgahr̥dayasaṃhitā

kukūṇakaḥ śísoreva dantotpattinimittajaḥ | | 19 | |
syāttena śísurucchranatāmṛākṣo
vīkṣaṇākṣamaḥ | | 20 | |
savartmaśūlapaicchilyaḥ
karṇanāsākṣimardanaḥ | | 20 | | § 19787

6.8.46 Sarvāṅgasundarā

kukūṇakaḥ śísoreva-na mahato, jayate | yato+asau danto-
tpattihetuko bhavati | tena-kukūṇakena, bāla ucchūnatā-
mranayano vīkṣaṇākṣamastathā vartmaśūlādimān karṇā-
dimardanaśca syāt | § 19788

6.8.47 Aṣṭāṅgahr̥dayasaṃhitā

pakṣmoparodhe saṅkoco vartmanām jāyate tathā | | 21 | |
kharatā+antarmukhatvaṃ ca romṇāmanyāni vā
punaḥ | | 21 | |
kaṇṭakairiva tīkṣṇāgrairghṛṣṭaṃ tairakṣi
śūyate | | 22 | |
uśyate cānilādidvidalpāhaḥ
śāntiruddhṛtaiḥ | | 22 | | § 19792

6.8.48 Sarvāṅgasundarā

pakṣmoparodhe vartmanām saṅkoco bhavati | tathā kha-
ratvamantarmukhatvaṃ ca romṇām, anyāni va romāṇi jā-
yante | taiścakharāntarmukhaiḥ, apūrvairvā rogasvabhāv-
āttīkṣṇāgraiḥ kaṇṭakairiva ghr̥ṣṭamakṣiśūyate | uśyate ca-
5 sāntardāhastīvroṣmā syādityarthaḥ | tathā pavanādidviṭ,
ādiśabdenānalātapau gṛhyete | stokānyahānyuddhṛtaiḥ-
utpāṭitaistaiḥ, śāntirbhavati | § 19793

6.8.49 Aṣṭāṅgahr̥dayasaṃhitā

kanīnake bahirvartma kaṭhino granthirunnataḥ | |23| |
tāmraḥ pakvo+asrapūyasrudalajyādhmāyate
muhuḥ | |23| | § 19795

6.8.50 Sarvāṅgasundarā

kanīnake vartmanorbāhyataḥ kaṭhina unnato granthiral-
ajītyucyate | kimbhūto granthiḥ ? tāmraḥ pakvaścāsrar-
āvī pūyasrāvī ca | tathā muhurmuḥ srutaḥ sannādhmā-
yate | § 19796

6.8.51 Aṣṭāṅgahr̥dayasaṃhitā

vartmāntarmāṃsapiṇḍābhah
śvayathurgrathito+arujah | |24| |
srāsrāiḥ syādarbudo doṣairviṣamo
bāhyataścalaḥ | |24| | § 19798

6.8.52 Sarvāṅgasundarā

vartmano+antare māṃsapiṇḍākṛtiḥ śvayathuḥ saraktai-
stribhirdoṣairarbudaḥ syāt | kimbhūtaḥ śvayathuḥ ? gra-
thito nīrujaḥ | sa ca bāhyataścalo viṣamaśca syāt | § 19799

6.8.53 Aṣṭāṅgahr̥dayasaṃhitā

caturviṃśatirityete vyādhayo
vartmasaṃśrayāḥ | |25| | § 19800

6.8.54 Sarvāṅgasundarā

iti-anena prakāreṇa, caturviṃśatisaṅhkyā vartmāśrayā
rogāḥ syuḥ | § 19801

6.8.55 Aṣṭāṅgahr̥dayasaṃhitā

ādyo+atra bheṣajaiḥ sādhyo dvau tato+arśaśca
varjayet | | 25 | |
pakṣmoparodho yāpyaḥ syāccheṣāñchastreṇa
sādhayet | | 26 | | § 19803

6.8.56 Sarvāṅgasundarā

[atra-] eṣu madhyāt, ādyaḥ-kṛcchronmīlanākhyo, bheṣ-
ajaiḥ sādhyāḥ | tataḥ-anantaraṃ, dbau-nimeṣavātahatau
arśaśca varjayet | pakṣmoparodho yāpanīyāḥ | šeṣān-
ekonaviṃśatiṃ, śastreṇopacaret | § 19804

6.8.57 Aṣṭāṅgahr̥dayasaṃhitā

kuṭṭayetpakṣmasadanam chindyātteṣvapi
cārbudam | | 26 | |
bhindyāllagaṇakumbhīkābisotsaṅgāñjanārajīḥ | | 27 | |
pothakīśyāvasikatāśliṣṭotkliṣṭacatuṣṭayam | | 27 | |
sakardamaṃ sabahalaṃ
vilikhetsakukūṇakam | | 8 | |
5 27 1/2 | | 8 | |
sthāne vartmarogavijñānīyo nāma
aṣṭamo+adhyāyāḥ | | 8 | | § 19810

6.8.58 Sarvāṅgasundarā

teṣvapi-śastrasādhyeṣu madhye, pakṣmasadanam kuṭṭ-
ayet sūcīkūrcena | arbudaṃ ca chindyādvṛddhipatrād-
inā | lagaṇādīni vrīhimukhādīnā bhindyāt | pothakyāda-
yāḥ kukūṇakāntā ekādaśa vilekhyāḥ | utkliṣṭacatuṣṭayaṃ-
5 pittotkliṣṭam kaphotkliṣṭam raktotkliṣṭamutkliṣṭavartmac-
eti | iti śrīmṛgāṅkadattaputraśrīmadaruṇadattaviracitāyā-
maṣṭāṅgahr̥daya- ṭīkāyāṃ sarvāṅgasundarākhyāyāṃ ṣa-
ṣṭhe uttarasthāne vartmaroga- vijñānīyo nāmāṣṭamo+adhyāyāḥ
samāptaḥ | | 8 | | § 19811

6.9 vartmarogapraṭiṣedhādhyāyaḥ : 9

6.9.1 Aṣṭāṅgahr̥dayasaṃhitā

kṛcchronmīle purāṇājyaṃ
drākṣākalkāmbusādhitam | | 1 | |
sasiraṃ yojayetsnigdham nasyadhūmāñjanādi
ca | | 1 | | § 19813

6.9.2 Sarvāṅgasundarā

kṛcchronmīle vartmaroge purāṇaṃ ghṛtaṃ drākṣākalkā-
mbupakvaṃ samaśarkaraṃ yojayet | snigdham ca nasyā-
dikam | § 19814

6.9.3 Aṣṭāṅgahr̥dayasaṃhitā

kumbhīkāvartma likhitaṃ saindhavapraṭisāritam | | 2 | |
yaṣṭīdhātrīpaṭolināṃ kvāthena
pariṣecayet | | 2 | | § 19816

6.9.4 Sarvāṅgasundarā

kumbhīkāvartma likhitaṃ vṛddhipatrādinā saindhavalav-
aṇena praṭisāritam sat madhuyaṣṭikādīkvāthena pariṣeca-
yet | § 19817

6.9.5 Aṣṭāṅgahr̥dayasaṃhitā

nivāte+adhiṣṭhitasyāptaiḥ śuddhasyottānaśāyinaḥ | | 3 | |
bahīḥ koṣṇāmbutaptaena sveditaṃ vartma
vāsasā | | 3 | |
nirbhujya vastrāntaritaṃ
vāmāṅguṣṭhāṅgulīdhṛtam | | 4 | |
na sraṃsate calati vā vartmaivaṃ
sarvatastataḥ | | 4 | |

maṇḍalāgreṇa tattiryak kṛtvā
śastrapadāṅkitam | | 5 | |
likhettenaiva patrairvā
śākaśophālikādijaiḥ | | 5 | |
phenena toyarāśervā picunā
pramṛjannasṛk | | 6 | |
sthite rakte sulikhitam sakṣaudraiḥ
pratisārayet | | 6 | |
5 yathāsvamuktairanu ca prakṣālyoṣṇena
vāriṇā | | 7 | |
ghṛtena siktamabhyaktam
badhnīyānmadhusarpiṣā | | 7 | |
ūrdhvādhaḥ karṇayordattvā piṇḍim ca
yavasaktubhiḥ | | 8 | |
dvitīye+ahani muktasya pariṣekam
yathāyatham | | 8 | |
kuryāccaturthe nasyādīn muñcedevāhni
pañcame | | 9 | | § 19830

6.9.6 Sarvāṅgasundarā

nivāte sthāne āptairadhiṣṭhitasya-kṛtāśrayasya, tathā śuddhasya-
vamanavirecanādinā, uttānam nityam śete tasya vartma
vāsasā koṣṇāmbunā taptena sveditam sannirbhujya-kuṭīlīkṛtya,
5 vastrāntaritam vāmāṅguṣṭhāṅgulībhyām dhṛtamevam na
sraṃsate | na vā calati sarvataḥ | anantaram tadvartma
tiryaṅ maṇḍalāgreṇa śastrapadāṅkitam kṛtvā tenaiva śa-
streṇa śākādipatrairvā samudraphenena vā likhet | kiṃ
kurvan ? picunā-karpaṭādiyojitena, raktaṃ pramṛjan | ra-
kte sthite-avahati, sulikhitam tadvartma jñātvā sakṣaudra-
10 iryathāsvam kathitaiḥ saindhavādibhiḥ pratisārayet | pa-
ścāccoṣṇena vāriṇā prakṣālyā sarpiṣā siktamanantaram-
abhyaktam madhusarpiṣā ūrdhvādhaḥ karṇayoryavasa-
ktubhiḥ piṇḍim ca dattvā+avabadhnīyāt | dvitīye divase
muktasya vartmano yathāsvam pariṣekam kuryāt | catu-
15 rthe divase nasyādīn kuryāt | pañcame divase muñcedeva-
nānyatkiñcitkuryāt | § 19831

6.9.7 Aṣṭāṅgahr̥dayasaṃhitā

samaṃ nakhanibhaṃ

śophakaṇḍūghārśādyapīḍitam | | 9 | |
vidyātsulikhitam vartma likhed bhūyo
viparyaye | | 10 | | § 19833

6.9.8 Sarvāṅgasundarā

samaṃ nakhasadr̥śaṃ śophādyapīḍitam sulikhitam va-
rtma jānīyāt | viparyaye-asmāllakṣaṇādvaiparītye sati, ta-
dvartma punarlikhet | § 19834

6.9.9 Aṣṭāṅgahr̥dayasaṃhitā

rukpaḥsmavartmasadanasraṃsanānyatilekhanāt | | 10 | |
snehasvedādikastasminniṣṭo vātaharaḥ
kramaḥ | | 11 | | § 19836

6.9.10 Sarvāṅgasundarā

atilekhanādrujādīni syuḥ | tasmin-atilekhane, snehasved-
ādiko vātaghno vidhiḥ kāryaḥ | § 19837

6.9.11 Aṣṭāṅgahr̥dayasaṃhitā

abhyajya navanītena śvetarodhraṃ pralepayet | | 11 | |
eraṇḍamūlakalkena puṭapāke pacettataḥ | | 12 | |
svinnaṃ prakṣālitam śuṣkaṃ cūrṇitam
poṭalīkṛtam | | 12 | |
striyāḥ kṣīre chagalyā vā mṛditam
netrasecanam | | 13 | | § 19841

6.9.12 Sarvāṅgasundarā

śvetarodhraṃ navanītenābhyajya eraṇḍamūlakalkena pra-
lepayet | anantaraṃ puṭapāke pacet | svinnaṃ prakṣāliṭaṃ
śuṣkaṃ cūrṇitaṃ poṭalīkṛtaṃ sat yuvatīkṣīreṇa chagalyā
vā kṣīreṇa marditaṃ netre secanaṃ hitaṃ | § 19842

6.9.13 Aṣṭāṅgahr̥dayasaṃhitā

śālitandulakalkena liptaṃ tadvat pariṣkṛtaṃ | | 13 | |
kuryānnetre+atilikhite mṛditaṃ
dadhimastunā | | 14 | |
kevalenāpi vā sekaṃ mastunā
jāṅgalāśinaḥ | | 14 | | § 19845

6.9.14 Sarvāṅgasundarā

atilikhite vartmani navanītenākṛtaṃ śvetarodhraṃ śāli-
ndulakalkena liptaṃ baddhaṃ pariṣkṛtaṃ-pūrvavatparikalpitaṃ
puṭapākīkṛtaṃ svinnaṃ prakṣāliṭaṃ śuṣkaṃ cūrṇitaṃ po-
ṭalīkṛtaṃ cetyarthaḥ, tat dadhimastunā mṛditaṃ sekaṃ
5 kuryāt | dadhigrahaṇaṃ takramastvādinivṛtṭyai | athavā
kevalena-kalkarodhrarahitena, mastunā jāṅgalamāṃsāś-
ino narasya sekaṃ kuryāt | apiḥ svedanādisamudāyavik-
alpārthaḥ | § 19846

6.9.15 Aṣṭāṅgahr̥dayasaṃhitā

piṭikā vrīhivakreṇa bhittvā tu kaṭhinonnatāḥ | | 15 | |
niṣpīḍayedanu vidhiḥ pariśeṣastu
pūrvavat | | 15 | | § 19848

6.9.16 Sarvāṅgasundarā

kaṭhinonnatāḥ piṭikāḥ vrīhivakreṇa bhittvā+anu niṣpīḍa-
yet | pariśeṣo vidhiḥ-pralepanakṣālanabandhanasecanādih,
pūrvavatkāryaḥ | § 19849

6.9.17 Aṣṭāṅgahr̥dayasaṃhitā

lekhane bhedane cāyaṃ kramaḥ sarvatra
vartmani | | 16 | | § 19850

6.9.18 Sarvāṅgasundarā

lekhane bhedane ca eṣa eva kramaḥ sarvatra vartmani kā-
ryaḥ | § 19851

6.9.19 Aṣṭāṅgahr̥dayasaṃhitā

pittāsrotkliṣṭayoḥ svāduskandhasiddhena sarpiṣā | | 16 | |
sirāvimokṣaḥ snigdhasya trivṛcchreṣṭhaṃ
virecanam | | 17 | |
likhite srutarakte ca vartmani kṣālanam
hitam | | 17 | |
yaṣṭikaṣāyaḥ, sekastu kṣīram
candanasādhitam | | 18 | | § 19855

6.9.20 Sarvāṅgasundarā

pittotkliṣṭe raktotkliṣṭe ca madhuraskandhaśṛtena ghr̥tena
snigdhasya puṃsaḥ sirāvimokṣaḥ kāryaḥ | tathā trivṛtātr-
iphale virecanam | likhite vartmani srutalohite ca sati ma-
dhuyaṣṭikākvāthaḥ kṣālanam hitam | kṣīram candanasā-
dhitam tu seko hitaḥ | § 19856

5

6.9.21 Aṣṭāṅgahr̥dayasaṃhitā

pakṣmaṇām sadane sūcyā romakūpān vikuṭṭayet | | 18 | |
grāhayedvā jalaukobhiḥ payasekṣurasena
vā | | 19 | |
vamanam, nāvanam sarpiḥ śṛtam
madhuraśītalaiḥ | | 19 | | § 19859

6.9.22 Sarvāṅgasundarā

pakṣmaṇāṃ sadane sati romakūpān-romamūlāni, sucyā
vikūṭṭayet | jalaukobhirvā grāhayet | kṣīreṇekṣurasena vā
vamaṇaṃ hitam | madhuraśītalaiḥ-drākṣādibhiḥ, pakvaṃ
ghṛtaṃ nāvaṇaṃ hitam | § 19860

6.9.23 Aṣṭāṅgahr̥dayasaṃhitā

sañcūrṇya puṣpakāsīsaṃ bhāvayetsurasārasaiḥ | | 20 | |
tāmre daśāhaṃ paramaṃ pakṣmaśāte
tadañjanam | | 20 | | § 19862

6.9.24 Sarvāṅgasundarā

puṣpakāsīsaṃ cūrṇayitvā tāmrapātre daśāhaṃ surasārasaiḥ-
samūrvārasaiḥ, bhāvayet | tat-etat, pakṣmaśāte śreṣṭhama-
ñjanam § 19863

6.9.25 Aṣṭāṅgahr̥dayasaṃhitā

pothakīrlīkhitāḥ śuṅṭhīsaindhavapṛatisāritāḥ | | 21 | |
uṣṇāmbukṣālitāḥ siñcet
khadirāḍhakiśigrubhiḥ | | 21 | |
apsiddhairdviniśāśreṣṭhāmadhukairvā
samākṣikaiḥ | | 22 | | § 19866

6.9.26 Sarvāṅgasundarā

pothakīrlīkhitā vṛddhipatrādibhiḥ, śuṅṭhīsaindhavābhyāṃ
pṛatisāritāḥ, tathoṣṇāmbunā kṣālitāḥ, jalakvathitaiḥ khad-
irādibhiḥ siñcet | dviniśādibhirvā jalakvathitaiḥ samākṣik-
aiḥ siñcet | § 19867

6.9.27 Aṣṭāṅgahr̥dayasaṃhitā

kaphotkliṣṭe vilikhite sakṣaudraiḥ pratisāraṇam | | 22 | |
sūkṣmaiḥ saindhavakāsīsamanohvākaṇatārksy-
ajaiḥ | | 23 | |
vamanāñjananasyādi sarvaṃ ca
kaphajiddhitam | | 23 | | § 19870

6.9.28 Sarvāṅgasundarā

kaphotkliṣṭe vartmani śastreṇa vilikhite saindhavādibhiḥ
sūkṣmarajikṛtairmākṣikasahitaiḥ pratisāraṇam hitam | ta-
thā vamanādi hitam | sarvaṃ ca yatkaphajit tacca hitam |
§ 19871

6.9.29 Aṣṭāṅgahr̥dayasaṃhitā

kartavyaṃ lagaṇe+apyetadaśāntāvagninā
dahet | | 24 | | § 19872

6.9.30 Sarvāṅgasundarā

lagaṇe+apīdaṃ kāryam | evamapyāśame sati jvalanena
dahet | § 19873

6.9.31 Aṣṭāṅgahr̥dayasaṃhitā

6.9.32

Sarvāṅgasundarā
kukūṇe khadirādibhiḥ pakvaṃ ghr̥taṃ dhātrī-stanaḍāyinī,
pītvā kṛṣṇādibhirvamet | § 19874

6.9.33 Aṣṭāṅgahr̥dayasaṃhitā

abhayāpippalīdrākṣākvāthenaināṃ virecayet | | 25 | | § 19875

6.9.34 Sarvāṅgasundarā

abhayādikvāthenaināṃ-stanadāyinīm, virecayet | § 19876

6.9.35 Aṣṭāṅgahr̥dayasaṃhitā

mustādvirajanīkṛṣṇākalkenālepayetstanau | | 26 | |
dhūpayetsarṣapaiḥ
sājyaiḥ----- | | 26 | | § 19878

6.9.36 Sarvāṅgasundarā

mustādikalkena kucāvālepayet | sājyaiḥ sarṣapaiḥ stanau
dhūpayet | § 19879

6.9.37 Aṣṭāṅgahr̥dayasaṃhitā

-----śuddhāṃ kvāthaṃ ca
pāyayet | | 26 | |
paṭolamustamṛdvīkāguḍūcītriphaloḍbhavam | | 27 | | § 19881

6.9.38 Sarvāṅgasundarā

śuddhāṃ ca-vamanavirecanādinā, paṭolādikaṃ kvāthaṃ
tāṃ pāyayet | § 19882

6.9.39 Aṣṭāṅgahr̥dayasaṃhitā

śīṣostu likhitaṃ vartma
srutāsṛgvā+ambujanmabhiḥ | | 27 | |
dhātryāśmantakajambūtthapatrakvāthena
secayet | | 28 | | § 19884

6.9.40 Sarvāṅgasundarā

śīṣoḥ punarvartma likhitaṃ jalaukābhīrvā srutaraktaṃ
dhātryādīpatrakvāthena secayet | § 19885

6.9.41 Aṣṭāṅgahr̥dayasaṃhitā

prāyaḥ kṣīraghr̥tāsitvādbālānāṃ śleṣmajā gadāḥ | |28| |
tasmādvamanamevāgre sarvavyādhiṣu
pūjitam | |29| | § 19887

6.9.42 Sarvāṅgasundarā

prāyo-bāhulyena, kṣīraghr̥tabhojanatvācchiśūnāṃ kaph-
ajā rogāḥ syuḥ | tasmādvamanameva pūrvam teṣāṃ sarv-
avyādhiṣu pūjitam | § 19888

6.9.43 Aṣṭāṅgahr̥dayasaṃhitā

sindhūtthakṛṣṇāpāmārgabījāyastanyamākṣikam | |29| |
cūrṇo vacāyāḥ sakṣaudro madanaṃ
madhukānvitam | |30| |
kṣīram kṣīrānnamannaṃ ca bhajataḥ kramataḥ
śīsoḥ | |30| |
vamaṇam sarvarogeṣu viśeṣeṇa
kukūṇake | |31| | § 19892

6.9.44 Sarvāṅgasundarā

sindhūtthetyādi vamaṇam dadyāt, vacācūrṇaḥ sakṣaudro
vā, madanaphalaṃ madhuyaṣṭīyuktaṃ vā | kṣīram kṣīrā-
nnaṃ tathā+annaṃ bhajataḥ śīsoṃyathākramaṃ vamaṇa-
trayametataḥ yojyam | vamaṇam sarveṣvevāmayeṣu śīsoḥ śr-
eṣṭham | viśeṣeṇa kukūṇake hitam | § 19893

5

6.9.45 Aṣṭāṅgahr̥dayasaṃhitā

saptalārasasiddhājyam yojyam
cobhayaśodhanaṃ | |31| | § 19894

6.9.46 Sarvāṅgasundarā

saptalārasena vā siddham ghṛtamūrdhvādhaḥ śodhanam
hitam | § 19895

6.9.47 Aṣṭāṅgahr̥dayasaṃhitā

dviniśārodhrayaṣṭyāhvarohiṇīm̐bapallavaiḥ | | 32 | |
kukūṇake hitā vartiḥ
piṣṭaistām̐rarajonvitaiḥ | | 32 | |
kṣīrakṣaudraghṛtopetaṃ dagdham vā lohajaṃ
rajaḥ | | 33 | | § 19898

6.9.48 Sarvāṅgasundarā

kukūṇake dviharidrādibhistām̐racūrṇayuktairjalapiṣṭairva-
rtirhitā | kṣīrādiyuktaṃ dagdham lohottham vā cūrṇam
hitam | kecittu samudraphenacūrṇam dagdham dugdha-
mākṣikayuktamityāhuḥ | § 19899

6.9.49 Aṣṭāṅgahr̥dayasaṃhitā

elārasonakatakaśaṅkhoṣaṇaphaṇijjakaiḥ | | 33 | |
vartiḥ kukūṇapothakyoḥ surapiṣṭaiḥ
sakaṭphalaiḥ | | 34 | | § 19901

6.9.50 Sarvāṅgasundarā

elādibhiḥ kaṭphalayuktaḥ kukūṇapothakyoḥ surāpiṣṭairv-
atirhitā | § 19902

6.9.51 Aṣṭāṅgahr̥dayasaṃhitā

pakṣmarodhe pravṛddheṣu śuddhadehasya
romasu | | 34 | |

utsrjya dvau bhruvo+adhastādbhāgau bhāgaṃ
 ca pakṣmataḥ | | 35 | |
 yavamātraṃ yavākāraṃ tiryak
 chitvā+a+ardravāsasā | | 35 | |
 apanyamasṛk tasminalpībhavati
 śoṇite | | 36 | |
 sīvyetkuṭilayā sūcyā mudgamātrāntaraiḥ
 padaiḥ | | 36 | |
 badhvā lalāṭe paṭṭaṃ ca tatra 5
 sīvanasūtrakam | | 37 | |
 nātigāḍhaślatham sūcyā nikṣipedatha
 yojayet | | 37 | |
 madhusarpiḥkavalikāṃ na cāsmiṃ
 bandhamācaret | | 38 | |
 nyagrodhādikaṣāyaiśca sakṣīraiḥ
 secayedruji | | 38 | |
 pañcame divase
 sūtramapanīyāvacūrṇayet | | 39 | |
 gairikeṇa vṛṇaṃ yuñjyāttīkṣṇaṃ nasyāñjanādi 10
 ca | | 39 | | § 19913

6.9.52 Sarvāṅgasundarā

pakṣmarodhe romasu prakarṣeṇa vṛddheṣu śuddhaśarīr-
 asya narasya bhruvo+adhastādvou bhāgāvutsrjya-vihāya,
 pakṣmato bhāgaṃ hitvā yavamātraṃ-yavasamsthānaṃ, ti-
 riyak chitvā klinnavastreṇa raktamapanayet | rakte cālpī- 5
 bhavati sati vakrayā sūcyā mudgamātrāntaraiḥ padaiḥ sī-
 vyet | tato lalāṭe paṭṭaṃ badhvā tatra ca paṭṭe sīvanasūtr-
 akaṃ nātigāḍhaślatham sūcyā vinikṣipet | anantaraṃ mā-
 kṣīkaghṛtakavalikāṃ yojayet | na cātra bandhaṃ kuryāt |
 pīḍāyāṃ satyāṃ nyagrodhādi kaṣāyaiḥ kṣīrayutaiḥ seca- 10
 yet | pañchame divase sūtramapanīya vṛṇaṃ gairikeṇāv-
 acūrṇayet | tīkṣṇaṃ ca nasyādi yuñjyāt | § 19914

6.9.53 Aṣṭāṅgahṛdayasaṃhitā

dahedaśāntau nirbhujya vartmadoṣāśrayāṃ valīm | | 40 | |
saṃdaṃśonādhikaṃ pakṣma hr̥tvā tasyāśrayaṃ
dahet | | 40 | |
sūcyagreṇāgnivarn̥ena, dāho bāhyālajeh
punaḥ | | 41 | |
bhinnasya kṣāravahnibhyāṃ
succhinasyārbudasya ca | | 41 | |
5 sthāne vartmarogapratīśedho nāma
navamo+adhyāyaḥ | | 9 | | § 19919

6.9.54 Sarvāṅgasundarā

evamapyasāntau vartmadoṣāśrayāṃ valīm nirbhujya da-
het | adhikaṃ pakṣma saṃdaṃśena hr̥tvā tasya pakṣmaṇa
āśrayaṃ dahet | kena ? sūcyagreṇāgnivarn̥ena | bāhyālaj-
estu bhinnasya dāhaḥ kāryaḥ | alajīśabdaḥ puṃsyapi dṛ-
5 ṣṭaḥ | arbudasya kṣāravahnibhyāṃ suṣṭu cchinasya dā-
haḥ kārya itī | itī śrīmṛgāṅkadattaputraśrīmadaruṇadatta-
viracitāyāmaṣṭāṅgahr̥daya- ṭikāyāṃ sarvāṅgasundarakhy-
āyāṃ ṣaṣṭhe uttarasthāne vartma- rogapratīśedho nāma
navamo+adhyāyaḥ samāptaḥ | | 9 | | § 19920

6.10 sandhisitāsitārogavijñānīyādhyāyaḥ : 10

6.10.1 Aṣṭāṅgahr̥dayasaṃhitā

athātaḥ sandhisitāsitārogavijñānīyaṃ
vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 19922

6.10.2 Aṣṭāṅgahr̥dayasaṃhitā

vartmarogapratīṣedhādanantaram̐ sthānānupūrvyā
sandhisitāsitārogavijñānamārabhyate-
sam̐-sandhī ca sitāsitau ca sandhisitāsītāḥ,
teṣu rogāḥ, teṣāṃ vijñānam | śeṣam̐
pūrvavat | § 19923

6.10.3 Aṣṭāṅgahr̥dayasaṃhitā

vāyuhkruddhaḥ sirāḥ prāpya jalābham̐ jalavāhinīḥ | | 1 | |
āśru srāvayate vartmaśuklasandheḥ
kanīnakāt | | 1 | |
tena netram̐ sarugrāgaśopham̐ syātsa
jalāsravaḥ | | 2 | | § 19926

6.10.4 Sarvāṅgasundarā

pavanaḥ kupito jalavāhinīḥ sirāḥ prāpya jalākṛti āśru sr-
āvayate | kutaḥ ? vartmaśuklasandhe kanīnakāt | tena-
jalābhasrāveṇa, nayanam̐ saruk sarāgam̐ saśopham̐ ca
syāt | sa ca jalāsravākhyo rogaḥ | § 19927

6.10.5 Aṣṭāṅgahr̥dayasaṃhitā

kaphāt kaphāsrave śvetam̐ picchilam̐ bahalam̐
sravet | | 2 | | § 19928

6.10.6 Sarvāṅgasundarā

kaphāt kaphāsrave sati śvetam̐ picchilam̐ bahalam̐ ca sra-
vet | § 19929

6.10.7 Aṣṭāṅgahr̥dayasaṃhitā

kaphena śophastikṣṇāgraḥ kṣārabudbudakopamaḥ | | 3 | |

pr̥thumūlabalaḥ snigdhaḥ savarṇo
mṛdupicchilaḥ | | 3 | |
mahānapākaḥ kaṇḍūmānupanāhaḥ sa
nīrujaḥ | | 4 | | § 19932

6.10.8 Sarvāṅgasundarā

śleṣmaṇā śopastikṣṇāgrādiguṇaḥ | sa upanāhākhyo nīru-
jaḥ syāt | § 19933

6.10.9 Aṣṭāṅgahr̥dayasaṃhitā

raktād raktāsrave tāmraṃ bahūṣṇaṃ cāsru
saṃsravet | | 4 | | § 19934

6.10.10 Sarvāṅgasundarā

raktena raktāsravo bhavati | tasmim̐śca tāmravarṇamu-
ṣṇaṃ cāsru saṃsravet | § 19935

6.10.11 Aṣṭāṅgahr̥dayasaṃhitā

vartmasandhyāśrayā śukle piṭikā dāhaśūlinī | | 5 | |
tāmṛā mudgopamā bhinnā raktaṃ sravati
parvaṇī | | 5 | | § 19937

6.10.12 Sarvāṅgasundarā

vartmasandhirāśrayo yasyāḥ sā vartmasandhyāśrayā, śu-
kle piṭikā śūladāhavatī tāmravarṇā mudgasadr̥śī parvaṇī
bhaṇyate | sā ca bhinnā satī raktaṃ sravati | eṣā ca raktas-
amutthaiva vedyā, raktāsravādanantaramasyāḥ pāṭhāt ra-
5 ktasrāvitvācca | § 19938

6.10.13 Aṣṭāṅgahr̥dayasaṃhitā

pūyāsrave malāḥ sāsrā vartmasandheḥ kanīnakāt | | 6 | |
srāvayanti muhuḥ pūyaṃ sāśraṃ
tvañmāṃsapākataḥ | | 6 | | § 19940

6.10.14 Sarvāṅgasundarā

pūyāsravākhye doṣā raktasahitā vartmasandheḥ kanīnakāt
punaḥ punaḥ pūyaṃ sāśraṃ tvañmāṃsapākāddhetoh sr-
āvayanti | § 19941

6.10.15 Aṣṭāṅgahr̥dayasaṃhitā

pūyālaso vraṇaḥ sūkṣmaḥ
śophasaṃrambhapūrvakaḥ | | 7 | |
kanīnasandhāvādhmāyī pūyāsrāvī
savedanaḥ | | 7 | | § 19943

6.10.16 Sarvāṅgasundarā

pūyālaso vraṇa ucyate | kīdr̥k ? sūkṣmaḥ tathā śophas-
aṃrambhapūrvakaḥ | kvāsau syāt ? kanīnasandhau | ta-
thā+a+adhmāyīānāhavān, pūyāsrāvī saruk ca syāt | § 19944

6.10.17 Aṣṭāṅgahr̥dayasaṃhitā

kanīnasyāntaralajī śopho ruktodadāhavān | | 8 | | § 19945

6.10.18 Sarvāṅgasundarā

kanīnasyāntaḥ śopho ruktodadāhavān alajītyucyate | § 19946

6.10.19 Aṣṭāṅgahr̥dayasaṃhitā

apāṅge vā kanīne vā kaṇḍūṣāpakṣmapoṭavān | | 8 | |
pūyāsrāvī kṛmigranthirgranthiḥ
kṛmiyuto+artimān | | 9 | | § 19948

6.10.20 Sarvāṅgasundarā

apāṅge kanīne vā kaṇḍvādimāmstathā pūyāsrāvī granthi-
reva kṛmiyukto+artimān kṛmigranthirucyate | § 19949

6.10.21 Aṣṭāṅgahr̥dayasaṃhitā

upanāhakṛmigranthipūyālasakaparvaṇiḥ | | 9 | |
śastreṇa sādhayetpañca
sālajīnāsravāmstyajet | | 10 | | § 19951

6.10.22 Sarvāṅgasundarā

upanāhādīmścaturaḥ śastreṇa sādhayet | āsraṇ-jalāsraṇvādīmścaturaḥ,
alajīm ceti pañca tyajet | § 19952

6.10.23 Aṣṭāṅgahr̥dayasaṃhitā

pittaṃ kuryātsite bindūnasitaśyāvapītakān | | 10 | |
malāktādarśatulyaṃ vā sarvaṃ śuklaṃ
sadāharuk | | 11 | |
rogo+ayaṃ śuktikaśamjñāḥ
śākṛdbhedatṛḍjvaraḥ | | 11 | | § 19955

6.10.24 Sarvāṅgasundarā

site netradeśe pittaṃ karṭṛ bindūn kṛṣṇaśyāvapītān ku-
ryāt | malalepadigdhadarpaṇasamānaṃ vā sarvaṃ śu-
klaṃ | evamubhayaprakāro+apyayaṃ sadāharuk śuktika-
śamjño rogaḥ, śākṛdbhedena tṛṣā jvareṇa ca yuktaḥ | § 19956

6.10.25 Aṣṭāṅgahr̥dayasaṃhitā

kaphācchukle samaṃ śvetam
ciravṛddhyadhimāṃsakam | | 12 | |
śuklārma-----
| | 12 | | § 19958

6.10.26 Sarvāṅgasundarā

kaphācchuklabhāge samaṃ-na tu viṣamam, tathā śvetav-
arṇamadhimāṃsakam ciravṛddhi, tat śuklārma | § 19959

6.10.27 Aṣṭāṅgahr̥dayasaṃhitā

-----śophastvarujaḥ savarṇo
bahalo+amṛduḥ | | 12 | |
guruḥ snigdho+ambubindvābho
balāsagrathitam smṛtam | | 13 | | § 19961

6.10.28 Sarvāṅgasundarā

śophastu nīrujaḥ samānavarṇo bahalādīstathā jalabindus-
amo balāsagrathitam smṛtam | § 19962

6.10.29 Aṣṭāṅgahr̥dayasaṃhitā

bindubhiḥ piṣṭadhavalairutsannaiḥ piṣṭakaṃ
vadet | | 13 | | § 19963

6.10.30 Sarvāṅgasundarā

bindubhiḥ piṣṭavatsitairutsannaiḥ piṣṭakaṃ nāmārma va-
det § 19964

6.10.31 Aṣṭāṅgahr̥dayasaṃhitā

raktarājītaṃ śuklamuṣyate yatsavedanam | | 14 | |
aśophāśrūpadehaṃ ca sirotpā taḥ sa
śoṇitāt | | 14 | | § 19966

6.10.32 Sarvāṅgasundarā

raktarājītaṃ śuklaṃ-śuklabhāgaṃ, uṣyate | yatsaveda-
naṃ śophāśrūpaleparahitaṃ sa śoṇitāt sirotpātaḥ | § 19967

6.10.33 Aṣṭāṅgahr̥dayasaṃhitā

upekṣitaḥ sirotpāto rājīstā eva vardhayan | | 15 | |
kuryātsāśraṃ sirāharṣaṃ
tenākṣyudvīkṣaṇākṣamaṃ | | 15 | | § 19969

6.10.34 Sarvāṅgasundarā

sirotpāto+acikitsitastā eva-raktā eva, rājīrvardhayan sirāh-
arṣaṃ sāśraṃ kuryāt | tena-sirāharṣeṇa, locanaṃ vīkṣaṇā-
kṣamaṃ syāt | § 19970

6.10.35 Aṣṭāṅgahr̥dayasaṃhitā

sirājāle sirājālaṃ būhadraktaṃ ghanonnataṃ | | 16 | | § 19971

6.10.36 Sarvāṅgasundarā

sirājāle br̥hattathā raktaṃ ghanamunnataṃ ca yad bhavati,
tatsirājālaṃ nāma | § 19972

6.10.37 Aṣṭāṅgahr̥dayasaṃhitā

śoṇitārma samaṃ ślakṣṇaṃ
padmābhamaḍhimāṃsakamaṃ | | 16 | | § 19973

6.10.38 Sarvāṅgasundarā

samaṃ-natu viṣamaṃ, tathā ślakṣṇaṃ yadadhimāṃsa-
kaṃ tacchoṇitārma | § 19974

6.10.39 Aṣṭāṅgahr̥dayasaṃhitā

nīruk ślakṣṇo+arjunaṃ binduḥ
śāśalohitalohitaḥ | | 17 | | § 19975

6.10.40 Sarvāṅgasundarā

nīrujaḥ ślakṣṇo binduḥ śāśalohitatāmro+arjunaṃ nāma |
§ 19976

6.10.41 Aṣṭāṅgahr̥dayasaṃhitā

mṛdvāśuvṛddhyaruḍmāṃsaṃ prastāri
śyāvalohitam | | 17 | |
prastāryarma malaiḥ
sāsraiḥ----- | | 18 | | § 19978

6.10.42 Sarvāṅgasundarā

māṃsaṃ prastāritaṃ tathā mṛdu tathā āśuvṛddhi tathā nī-
ruk śyāvalohitaṃ prastāryarmetyucyate | tacca tribhirdo-
saiḥ saṣoṇitaiḥ syāt | § 19979

6.10.43 Aṣṭāṅgahr̥dayasaṃhitā

-----snāvārma
snāvasannibham | | 18 | | § 19980

6.10.44 Sarvāṅgasundarā

snāvasadr̥śaṃ tu snāvārmetyucyate | § 19981

6.10.45 Aṣṭāṅgahr̥dayasaṃhitā

śuṣkasr̥kpiṇḍavacchyāvam yanmāṃsam bahalam
pṛthu | | 18 | |
adhimāṃsārma
tad----- | | 19 | | § 19983

6.10.46 Sarvāṅgasundarā

śuṣkarakṭapiṇḍavacchyāvam yanmāṃsam tathā bahalam
pṛthu ca syāt, tadadhimāṃsārma bhāṇyate | § 19984

6.10.47 Aṣṭāṅgahr̥dayasaṃhitā

-----dāhagharṣavatyah sirāvṛtāḥ | | 19 | |
kṛṣṇāsannāḥ sirāsaṃjñāḥ piṭikāḥ
sarṣapopamāḥ | | 19 | | § 19986

6.10.48 Sarvāṅgasundarā

piṭikā dāhādimityastathā sirācitāḥ kṛṣṇabhāgāsannāḥ sa-
rṣapasamsthānāḥ sirāsaṃjñāḥ | § 19987

6.10.49 Aṣṭāṅgahr̥dayasaṃhitā

śuktiharṣasirotpātipiṣṭakagrathitārjunam | | 20 | |
sādhayaidauśadhaiḥ ṣaṭkaṃ śeṣam śastreṇa
saptakam | | 20 | |
navottham tadapi
dravyaiḥ----- | | 21 | | § 19990

6.10.50 Sarvāṅgasundarā

śuktyādīn ṣaḍauśadhaiḥ sādhayet | śeṣān sapta śastreṇa
sādhayet | navotthitānetānapi bheṣajairupakramet na ke-
valam pūrvoktam ṣaṭkamityarthah | § 19991

6.10.51 Aṣṭāṅgahr̥dayasaṃhitā

-----armoktaṃ yacca pañcadhā | |21| |
tacchedyamasi taprāptaṃ
māṃsasnavasirāvṛtaṃ | |21| |
carmoddālavaducchrāyi dr̥ṣṭiprāptaṃ ca
varjayet | |22| | § 19994

6.10.52 Sarvāṅgasundarā

yacca pañcaprakāramarmoktaṃ-śuklārma śoṇitārma pr-
astāryarma snāvārmādhimāṃsārma, etacchedanārham |
yat kṛṣṇabhāgaprāptaṃ māṃsasnavasirāvṛtaṃ carmodd-
ālavaducchrāyi tadvarjayet-na cikitsat | yacca dr̥ṣṭiprā-
ptaṃ tadapi varjayet | § 19995

5

6.10.53 Aṣṭāṅgahr̥dayasaṃhitā

pittaṃ kṛṣṇe+athava dr̥ṣṭau śukraṃ
todāśrurāgavat | |22| |
chitvā tvacaṃ janayati tena
syātkṛṣṇamaṇḍalam | |23| |
pakvajambūnibhaṃ kiñcinnimnaṃ ca
kṣataśukrakam | |23| |
tatkr̥cchrasādhyam, yāpyam tu
dvitīyapaṭalavyadhāt | |24| |
tatra todādibāhulyam
sūcīviddhābhakṛṣṇatā | |24| |
tr̥tīyapaṭalacchedādasādhyam nicitaṃ
vraṇaiḥ | |25| | § 20001

5

6.10.54 Sarvāṅgasundarā

pittaṃ karṭṛ kṛṣṇabhāge dr̥ṣṭau vā śukraṃ janayati | ki-
mbhūtam ? todāśrurāgayuktam | kiṃ kṛtvā ? tvacaṃ-
prathamam paṭalam chitvā, tena kṛṣṇamaṇḍalam pakv-
ajambūsadr̥śam nimraṃ ca kṣataśukrakam syāt | tacca

kr̥cchrasādhyam | dvitīyapaṭalavyadhātu yāpyam syāt |
tatra-dvītiyapaṭalavyadhe, todādīnām bāhulyam tathā sū-
cīviddhopamakṛṣṇamaṇḍalatvam ca | todādibhūyastvena
sevanīviddhopamakṛṣṇamaṇḍalatayā ca dvitīyapaṭalavy-
5 adho+anumīyata ityarthah | tṛtīyapaṭalacchedāt vṛṇairn-
icitamasādhyam kṣataśukrakam | evam kṣataśukrakam tr-
idhā+abhīdhāya śuddhaśukramācaṣṭe | § 20002

6.10.55 Aṣṭāṅgahr̥dayasaṃhitā

śaṅkhaśuklam kaphātsādhyam nātirik
śuddhaśukrakam | | 25 | | § 20003

6.10.56 Sarvāṅgasundarā

śaṅkhavacchuklam śuddhaśukrakam | tacca kaphājāyate |
na cātivedanam | § 20004

6.10.57 Aṣṭāṅgahr̥dayasaṃhitā

ātāmrpicchilāsrasrudātāmrapiṭikā+atirik | | 26 | |
ajāvīṭsadr̥śocchrāyakārṣṇyā
varjyā+asṛjā+ajakā | | 26 | | § 20006

6.10.58 Sarvāṅgasundarā

ātāmrām-īṣattāmravarṇam, picchilam cāsrām sravati yā+asau
ātāmrpicchilāsrasrut | tathā ātāmrapiṭikā tathā+atipīḍāvati
tathā+ajāvīṭsadr̥śe ucchrāyakārṣṇye yasyāḥ saivam | ajak-
ākhyā raktena syāt | sā ca varjyā+asādhyatvāt | § 20007

6.10.59 Aṣṭāṅgahr̥dayasaṃhitā

sirāśukram malaiḥ sāsraistajjuṣṭam
kr̥ṣṇamaṇḍalam | | 27 | |

satodadāhatāmrābhiḥ sirābhiravatanyate | |27| |
animittoṣṇaśītācchaghanāsrarucca
tattyajet | |28| | § 20010

6.10.60 Sarvāṅgasundarā

saraktairmalaiḥ sirāśukraṃ syāt | tena sirāśukreṇa juṣṭaṃ
kṛṣṇamaṇḍalaṃ sirābhiravatanyate | kimbhūtābhiḥ ? sat-
odadāhatāmrābhiḥ | animittam-akasmāt, asmin kadācidu-
ṣṇamacchaṃ ghaṇaṃ vā+asraṃ sravati | tacca tyajedaśā-
dhyatvāt | § 20011

5

6.10.61 Aṣṭāṅgahr̥dayasaṃhitā

doṣaiḥ sāsraiḥ sakṛtkṛṣṇaṃ nīyate śuklarūpatām | |28| |
dhavalābhropalīptābhaṃ
niṣpāvardhadalākṛti | |29| |
atitivraruḥjārāgadāhaśvayathupīḍitam | |29| |
pākātyayena tacchukraṃ
varjayettivavedanam | |30| | § 20015

6.10.62 Sarvāṅgasundarā

doṣaiḥ saraktaiḥ sakṛt-ekahelayaiva, kṛṣṇamaṇḍalaṃ śu-
klarūpatām nīyate | kimbhūtam ? dhavalābhropalīptā-
bham | tathā niṣpāvardhadalasyevākṛtirasya tadevam |
tathā tivravedanārāgadāhaśvayathubhiḥ pīḍitam | tacca
śukraṃ pākātyayena tivraruḥjaṃ varjayet-nopakramet | 5
§ 20016

6.10.63 Aṣṭāṅgahr̥dayasaṃhitā

yasya vā liṅganāśo+antaḥ śyāvaṃ yadvā
salohitam | |30| |
atyutsedhāvagāḍhaṃ vā sāsru
nādīvraṇāvṛtam | |31| |

purāṇaṃ viṣamaṃ madhye vicchinnaṃ yacca
śukrakam | | 31 | |
pañcetyuktā gadāḥ kṛṣṇe
sādhyāsādhyavibhāgataḥ | | 10 | |
31 1/2 | | 10 | |
tāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ ṣaṣṭhe
uttarasthāne sandhisitāsitarogavijñhānīyo
nāma daśamo+adhyāyaḥ | | 10 | | § 20022

6.10.64 Sarvāṅgasundarā

yasya ca śukrasya liṅganāśaḥ-antardṛṣṭivinaśa ityarthāḥ,
yacca śyāvamantaḥ, yacca kiñcillohitam, tathā+atyunnatamavagāḍhaṃ
vā, sāsrunādīvraṇāvṛtaṃ vā, tathā purāṇaṃ-vatsarātītam
tathā viṣamasamsthānam, tathā madhye vicchinnaṃ ya-
5 cca śukrakam, tatsarvaṃ varjayet | sa0-kṛṣṇamaṇḍale iti
pūrvoktena prakāreṇa, pañca rogāḥ sādhyāsādhyavibhāg-
enoktāḥ | sukhagrahaṇadhāraṇārthaṃ saṅkhyopādānam-
iti | iti śrīmṛgāṅkadattaputraśrīmadaruṇadattaviracitāyā-
maṣṭāṅga- hr̥dayaṭīkāyāṃ sarvāṅgasundarākhyāyāṃ ṣa-
10 ṣṭhe uttara- sthāne sandhisitāsitarogavijñhānīyo nāma daś-
amo+adhyāyaḥ samāptaḥ | | 10 | | § 20023

6.11 sandhisitasitarogapraṭiṣedhādhyāyaḥ : 11

6.11.1 Aṣṭāṅgahr̥dayasaṃhitā

athātaḥ sandhisitāsitarogapraṭiṣedhaṃ
vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyadayo maharṣayaḥ | | 2 | | § 20025

6.11.2 Aṣṭāṅgahr̥dayasaṃhitā

sa0-pratiṣidhyate nirākriyate cikitsyata iti
praṭiṣedhaḥ,-cikitsā | śeṣaṃ pūrvavat | § 20026

6.11.3 Aṣṭāṅgahr̥dayasaṃhitā

upanāhaṃ bhiṣak svinnaṃ bhinnaṃ vr̥himukhena

ca | | 1 | |

lekhayenmaṇḍalāgreṇa tataśca

pratisārayet | | 1 | |

pippalikṣaudrasindhūtthairbadhnīyātpūrvavattataḥ | | 2 | |

paṭolapatrāmalakakvāthenāścyotayecca

tam | | 2 | | § 20030

6.11.4 Sarvāṅgasundarā

vaidyo maṇḍalāgreṇopānāhaṃ sandhirogaṃ lekhayet |

kimbhūtam ? svinnaṃ vartmarogapratīṣedhoktena pra-

kāreṇa poṭalikayoṣṇodakaplutayeti | tathā vr̥himukhena

bhinnaṃ | tataḥ pippalyādibhiḥ pratisārayet | [tataḥ-] an-

antaraṃ, pūrvavat-prakṣālyoṣṇena vāriṇā gṛṭena siktam- 5

abhyaktaṃ madhusarpiṣā ūrdhvādhaḥ karṇayośca yavas-

aktubhiḥ piṇḍiṃ dattvā, badhnīyāditi | tathā paṭolapatrā-

malakakvāthena cāścyotayet | § 20031

6.11.5 Aṣṭāṅgahr̥dayasaṃhitā

parvaṇī baḍīśenāttā bāhyasandhitribhāgataḥ | | 3 | |

vṛddhipatreṇa vardhyā+ardhe

syādaśrugatiranyathā | | 3 | |

cikitsā cārmavatḥṣaudrasaindhavapratisār-

itā | | 4 | | § 20034

6.11.6 Sarvāṅgasundarā

parvaṇī bāhyasandhitribhāge baḍīśena gṛhītā satī vṛddhi

patreṇa vardhyā-chedanīyā | kutra bhāge vardhyā ? ityāha-

ardhe | ato+anyathā-adhikacchedanāt, aśrugatiḥ syāt | ci-

kitsā ceyamarmavat | tatra caivamuktam (ślo. 20)-"samyak

chinnaṃ madhuvyoṣasaindhavapratisāritam | uṣṇena sa- 5

sarpiṣā siktamabhyaktaṃ madhusarpiṣā | | badhnīyātsecay-

enmuktvā ṛtīyādīdineṣu ca | karañjabījasiddhena kṣīreṇa'
iti | § 20035

6.11.7 Aṣṭāṅgahr̥dayasaṃhitā

pūyālose sirāṃ vidhyettatastamupanāhayet | | 4 | |
kurvīta cākṣipākokaṃ sarvaṃ karma
yathāvidhi | | 5 | | § 20037

6.11.8 Sarvāṅgasundarā

pūyālose sirāṃ vidhyet | anantaramupanāhayet | akṣipāk-
okaṃ cāśeṣaṃ karma yathāvidhi kurvīta | § 20038

6.11.9 Aṣṭāṅgahr̥dayasaṃhitā

saindhavārdrakakāsīsalohatāmraiḥ sucūrṇitaiḥ | | 5 | |
cūrṇañjanaṃ prayuñjīta sakṣaudrairvā
rasakriyām | | 6 | | § 20040

6.11.10 Sarvāṅgasundarā

saindhavādibhiścūrṇañjanaṃ prayuñjīta | saindhavādibh-
ireva māṅṣikayutai rasakriyām vā | § 20041

6.11.11 Aṣṭāṅgahr̥dayasaṃhitā

kṛmigranthiṃ karīṣeṇa svinnaṃ bhittvā vilikhya ca | | 6 | |
triphalākṣaudrakāsīsasaindhavaiḥ
pratisārayet | | 7 | | § 20043

6.11.12 Sarvāṅgasundarā

kṛmigranthi tripalādibhiḥ pratisārayet | kimbhūtam ?
karīṣeṇa-gomayādinā svinnaṃ, tathā vrīhimukhādibhi-
rbhittvā vilikhya ca | § 20044

6.11.13 Aṣṭāṅgahr̥dayasaṃhitā

pittābhiṣyandavacchuktim----- | |7| | § 20045

6.11.14 Sarvāṅgasundarā

śuktyākhyam rogam pittaḥṣyandena tulyamupācaret |
§ 20046

6.11.15 Aṣṭāṅgahr̥dayasaṃhitā

-----balāsāhvayapiṣṭake | |7| |
kaphābhiṣyandavanmuktivā
sirāvyadhamupācaret | |8| |
bījapūrarasāktam ca
vyoṣakaṭphalamañjanam | |8| | § 20049

6.11.16 Sarvāṅgasundarā

balāsagrathitam piṣṭakam ca sirāvyadham varjayitvā ka-
phābhiṣyandavadupācaret | tathā bījapūrakarasenāktam
vyoṣakaṭphalamañjanam | § 20050

6.11.17 Aṣṭāṅgahr̥dayasaṃhitā

jātimukulasindhūthadevadārumahaṣadhaiḥ | |9| |
piṣṭaiḥ prasannayā vartih
śophakaṇḍūghnamañjanam | |9| | § 20052

6.11.18 Sarvāṅgasundarā

jātimukulādibhiḥ prasannayā piṣṭairvartih śophakaṇḍūh-
aramañjanam | § 20053

6.11.19 Aṣṭāṅgahr̥dayasaṃhitā

raktasyandavadutpātaharṣajālārjunukriyā | | 10 | | § 20054

6.11.20 Sarvāṅgasundarā

sirotpātasirāharṣasirājālārjune kriyā raktasyanda iva kā-
ryā | § 20055

6.11.21 Aṣṭāṅgahr̥dayasaṃhitā

sirotpāte viśeṣeṇa ghṛtamākṣikamañjanam | | 10 | |
sirāharṣe tu madhunā ślakṣṇaghr̥ṣṭam
rasāñjanam | | 11 | |
arjune śarkarāmastukṣaudrairāścyotanam
hitam | | 11 | |
sphaṭikāḥ kuṅkumam śaṅkha madhukam
madhunā+añjanam | | 12 | |
5 madhunā cāñjanam śaṅkhaḥ pheno vā sitayā
saha | | 12 | | § 20060

6.11.22 Sarvāṅgasundarā

sirotpāte viśeṣeṇa ghṛtamākṣikamañjanam hitam | sirāha-
rṣe mākṣikeṇa ślakṣṇaghr̥ṣṭam rasāñjanam | arjune śarkar-
āmastukṣaudreṇāścyotanam hitam | spāṭikādi mākṣikeṇā-
ñjanamathavā sauvīrāñjanam madhunā hitam | śaṅkha vā
5 samudrapheno vā śarkarayā saha hitaḥ | § 20061

6.11.23 Aṣṭāṅgahr̥dayasaṃhitā

armoktam pañcadhā tatra tanu dhūmāvilam ca
yat | | 13 | |
raktam dadhinibham yacca śukravattasya
bheṣajam | | 13 | | § 20063

6.11.24 Sarvāṅgasundarā

arma pañcaprakāramuktam | teṣu madhye yattanu dhūm-
avadāvilam ca, tathā raktaṃ-raktavarṇam, dadhisadr̥śam
ca yat, tasyārmaṇaḥ śukrasadr̥śamauśadham | § 20064

6.11.25 Aṣṭāṅgahr̥dayasamhitā

uttānasyetarat svinnaṃ sasindhūtthena cāñjitam | | 14 | |
rasena bijapūrasya nimīlyākṣi
vimardayet | | 14 | |
itthaṃ samroṣitākṣāsyā
pracale+armādhimāṃsake | | 15 | |
dhṛtasya niścalaṃ mūrdhni vartmanośca
viśeṣataḥ | | 15 | |
apāṅgamīkṣamāṇasya vṛddh+armaṇi 5
kanīnakāt | | 16 | |
valī syādyatra tatrārma
baḍiśenāvalambitam | | 16 | |
nātyāyatam mucuṇḍyā vā sūcyā sūtreṇa vā
tataḥ | | 17 | |
samantānmaṇḍalāgreṇa mocayedatha
mokṣitam | | 17 | |
kanīnakamupānīya
caturbhāgāvaśeṣitam | | 18 | |
chindyātkanīnakam 10
rakṣedvāhinīścāśruvāhinīḥ | | 18 | |
kanīnakavyadhādaśru nādī cākṣṇi
pravartate | | 19 | |
vṛddhe+armaṇi tathā+apāṅgātpaśyato+asya
kanīnakam | | 19 | | § 20076

6.11.26 Sarvāṅgasundarā

uttānasya puṃso vāmadakṣiṇayoritarat-ekamakṣi, svinn-
amkṛtasvedaṃ ca, tathā bijapūrarasena saindhavānvitenā-
ñjitam nimīlyasthagayitvā, vimardayet-malayet | anena pr-

akāreṇa saṃroṣitākṣasyasato+armādhimāmse pracale sati
mūrdhni niścalaṃ ghṛtasya vartmanośca viśeṣeṇa ghṛta-
sya kanīnakādarmaṇi vṛddhe satyapāṅgaṃ paśyato ya-
tra valī syāt tatrārma baḍiśeṇāvalambitaṃ nātyāyataṃ-
5 nātidīrghaṃ yathābhavatitathā+avalambitaṃ | tataḥ-anantaraṃ,
mucunḍyā sūcyā sūtreṇa vā mocayet | atha mokṣitaṃ ca
viccheditaṃ ca sat kanīnakamupānīya caturbhāgāvaśeṣi-
taṃ maṇḍalāgreṇa chindyāt | vyavahitānāmapi padānā-
marthayogyatāvaśādeva sambandho+atra yojyaḥ | kanīn-
10 akaṃ rakṣet | kanīnakavyadhādaśru nāḍī cākṣṇi pravart-
ate | apāṅgapradeśāccārmaṇi vṛddhe tathā kanīnakaṃ vī-
kṣamāṇasya chindyāt | § 20077

6.11.27 Aṣṭāṅgahr̥dayasaṃhitā

samyak chinnaṃ

madhuvyoṣasaindhavapratisāritaṃ | | 20 | |
uṣṇeṇa sarpiṣā siktamabhyaktaṃ
madhusarpiṣā | | 20 | |
badhnīyātsecayenmuktivā tṛtīyādīdineṣu
ca | | 21 | |
karaṅjabījasiddhena kṣīreṇa
kvathitaistathā | | 21 | |
5 sakṣaudrairdviniśārodhrapaṭolīyaṣṭikimśukaiḥ | | 22 | |
kuraṅṭamukulopetairmuñcedevāhni
saptame | | 22 | | § 20083

6.11.28 Sarvāṅgasundarā

samyak chinnaṃ madhvādibhiḥ pratisāritaṃ ghṛtenoṣṇe-
na siktam māḥṣikasarpiṣā+abhyaktaṃ badhnīyāt | tṛtī-
yādīdineṣu ca muktivā kṣīreṇa karaṅjabījasiddhena seca-
yet | dviharidrādibhiśca kvathitaiḥ śītaiśca madhuyutaiḥ
5 sekaṃ kuryāt | saptame dine muñcedeva | § 20084

6.11.29 Aṣṭāṅgahr̥dayasaṃhitā

samyak chinne bhavetsvāsthyam hīnāticchedajān
gadān | | 23 | |

sekāñjanaprabhṛtibhirjayellekhanabr̥mhaṇaiḥ | | 23 | | § 20086

6.11.30 Sarvāṅgasundarā

samyak chinne+armani svāsthyam bhavet | hīnāticcheda-
jān rogān sekāñjanādyairiyathāyogaṃ lekhanairbr̥mhaṇai-
śca jayet | § 20087

6.11.31 Aṣṭāṅgahr̥dayasaṃhitā

sitāmanaḥśilailayalavaṇottamanāgaram | | 24 | |
ardhakarṣonmitam tārksyam palārdham ca
madhudrutam | | 24 | |
añjanam śleṣmatimirapillaśukrārmaśeṣa-
jit | | 25 | | § 20090

6.11.32 Sarvāṅgasundarā

sitādibhirardhakarṣonmitai rasāñjanam dvikarṣonmitam
madhudrutamañjanam śleṣmatimirādijit § 20091

6.11.33 Aṣṭāṅgahr̥dayasaṃhitā

triphalaiikatamadruvyatvacam pānīyakalkitām | | 25 | |
śarāvapihitām dagdhvā kapāle
cūrṇayettataḥ | | 26 | |
pṛthakśeṣauśadharasaiḥ pṛthageva ca
bhāvitā | | 26 | |
sā maṣī śoṣitā peṣyā bhūyo
dvilavaṇānvitā | | 27 | |
triṇyetānyañjanānyāha lekhanāni param
nimiḥ | | 27 | | § 20096

5

6.11.34 Sarvāṅgasundarā

triphālāyā ekatamasya harīṭakyāderdravyasya tvacaṃ pā-
nīyakalkitāṃ śarāvapihitāṃ kapāle dagdhvā cūrṇayet |
tata eva triphālāyāḥ pṛthak śeṣauśadharasaiḥ pṛthageva
caikaikaṃ bhāvitā sā maṣī śoṣitā punaḥ peṣyā lavaṇadvay-
5 ayutā | trīṇyetānyañjanāni paraṃ lekhanāni timiragnāni
nimirvakti | § 20097

6.11.35 Aṣṭāṅgahr̥dayasaṃhitā

sirājāle sirā yāstu kaṭhinā lekhanauśadhaiḥ | | 28 | |
na siddhyantyarṃavattāsāṃ piṭikānāṃ ca
sādhanam | | 28 | | § 20099

6.11.36 Sarvāṅgasundarā

sirājāle yāḥ sirā kaṭhinā lekhanauśadhairna sidhyanti tās-
āmarmavat cikitsā, piṭikānāṃ ca | § 20100

6.11.37 Aṣṭāṅgahr̥dayasaṃhitā

doṣānurodhācchukreṣu snigdharūkṣā varā
ghṛtam | | 29 | |
tiktamūrdhvasr̥ksrāvo rekasekādi
ceṣyate | | 29 | | § 20102

6.11.38 Sarvāṅgasundarā

śukreṣu doṣavaśāt kadācit rūkṣā kadācit snigdhā triphalā
hitā | tathā ghṛtaṃ tiktamūrdhvasr̥ksrāvo rekasekādi
ceṣyate | § 20103

6.11.39 Aṣṭāṅgahr̥dayasaṃhitā

tristrivṛdvāriṇā pakvaṃ kṣataśukre ghṛtaṃ pibet | | 30 | |

sirāyā ? haredraktaṃ jalaukobhiśca
locanāt | | 30 | |
siddhenotpalakākolīdrākṣāyaṣṭividāribhiḥ | | 31 | |
sasitenājapayasā secanaṃ salilena vā | | 31 | |
rāgāśruvedanāśāntau param
lekhanamañjanam | | 32 | | § 20108

6.11.40 Sarvāṅgasundarā

trivṛtkvāthena trīn vārān ghr̥taṃ pakvaṃ kṣataśukre pi-
bet | paścātsirayā raktaṃ haret | nayanādvā jalaukobhirh-
aret | tathā+a+ajadugdhenotpalādibhiḥ siddhena saśarka-
reṇa secanaṃ hitam | athavotpalādikvathitena jalena sec-
ayet | rāgāśruvedanāśāntau satyāṃ lekhanamañjanam hi- 5
tam | § 20109

6.11.41 Aṣṭāṅgahr̥dayasamhitā

vartayo jātimukulalākṣāgairikacandanaiḥ | | 32 | |
prasādayanti pittāśraṃ ghnanti ca
kṣataśukrakam | | 33 | | § 20111

6.11.42 Sarvāṅgasundarā

jātimukulādibhirvartayaḥ pittāśraṃ prasādayanti | kṣataś-
ukraṃ ca ghnanti | § 20112

6.11.43 Aṣṭāṅgahr̥dayasamhitā

dantairdantivarāhoṣṭragavāśvājakharodbhavaiḥ | | 33 | |
saśaṅkhamauktikāmbhodhiphenairmaricapādikaiḥ | | 34 | |
kṣataśukramapi vyāpi
dantavartirnivatayet | | 34 | |
tamālapatraṃ godantaśaṅkhapheno+asthi
gārdabham | | 35 | |

tāmraṃ ca vartirmūtreṇa
sarvaśukrakanāśinī | | 35 | |
ratnāni dantāḥ śṛṅgāṇi dhātavastryūṣaṇaṃ
truṭiḥ | | 36 | |
karañjabījaṃ laśuno vraṇasādi ca
bheṣajam | | 36 | |
savraṇāvraṇagambhīratvaksthaśukraghnamañjanam | | 37 | |
5 nimnamunnamayetsnehapānanasyarasāñjanaiḥ | | 37 | |
sarujam nīrujam tṛptipuṭapākena
śukrakam | | 38 | | § 20122

6.11.44 Sarvāṅgasundarā

gajādyudbhavairdantaiḥ śaṅkhamuktāphenayutaiścuturth-
āṃśakamaricaiḥ kṣataśukrakamapi vyāpi dantavartiri-
yam nivartayet | apiśabdācchuddhaśukrakamapi | sa0-
tamālapatrādibhirvartirgomūtreṇa sarvaśukrakahr̥t | sa0-
5 ratnani-mauktikādīni, dantāḥ-gajādīnām, śṛṅgāṇi chāgā-
dīnām, dhātavo-gairikādyāḥ, tryūṣaṇādīni, tathā vraṇa-
sādi bheṣajam-svarṇakṣīryādi, etadañjanam savraṇāvra-
ṇagambhīratvaksthaśukraharam | sa0-nimnam śukrakam
snehapānādibhirunnamayet | sarujam nīrujam ca tarpaṇa-
10 puṭapākenonnamayet | § 20123

6.11.45 Aṣṭāṅgahr̥dayasaṃhitā

śuddhaśukre niśāyaṣṭīsārivāśābarāmbhasā | | 38 | |
secanam rodhrapoṭalyā
koṣṇāmbhomagnayā+athavā | | 39 | | § 20125

6.11.46 Sarvāṅgasundarā

śuddhaśukre haridrādikvāthena secanam hitam | athavā
rodhrapoṭalyā koṣṇāmbumagnayā | § 20126

6.11.47 Aṣṭāṅgahr̥dayasaṃhitā

br̥hatīmūlayaṣṭyāhvātāmrasaindhavanāgaraiḥ | | 39 | |
dhātrīphalāmbunā piṣṭairlepitaṃ
tāmrahājanam | | 40 | |
yavājyāmalakīpatrairbahuśo
dhūpayettataḥ | | 40 | |
tatra kurvīta guṭikāstā
jalakṣaudrapeṣitāḥ | | 41 | |
mahānīlā iti khyātāḥ śuddhaśukraharāḥ
param | | 41 | | § 20131

5

6.11.48 Sarvāṅgasundarā

br̥hatīcūrṇādibhirāmalkajalena piṣṭaistāmrahājanam le-
pitaṃ yavādibhirdhūpayet | anantaram tatra guṭikāstoy-
amākṣikapīṣṭāḥ kuryāt | etāsca mahānīlā iti prathitāḥ pa-
ram śuddhaśukraghnāḥ | § 20132

6.11.49 Aṣṭāṅgahr̥dayasaṃhitā

sthire śure ghane cāsyā bahuśo+apaharedrasṛk | | 42 | |
śiraḥkāyavirekāṃśca puṭapākāṃśca
bhūriśaḥ | | 42 | | § 20134

6.11.50 Sarvāṅgasundarā

sthire śukre ghane cāturasyāsya bahuśo raktaṃ mokṣayet |
śirovirekādīn puṭapākāṃśca punaḥpunaḥ kuryāt | § 20135

6.11.51 Aṣṭāṅgahr̥dayasaṃhitā

kuryānmaricavaidehīśirīṣaphalasaindhavaiḥ | | 43 | |
harṣaṇam triphalākvāthapītena lavaṇena
vā | | 43 | | § 20137

6.11.52 Sarvāṅgasundarā

maricādibhirharṣaṇaṃ kuryāt | triphalākṣvāthapītena saindhavena vā | § 20138

6.11.53 Aṣṭāṅgahr̥dayasaṃhitā

kuryādañjanayogau vā ślokārdhagaditāvimau | | 44 | |
śaṅkhakolāsthikatakadrākṣāmadhukamākṣikaiḥ | | 44 | |
surādantārṇavamalaiḥ
śirīṣakusumānvitaiḥ | | 45 | | § 20141

6.11.54 Sarvāṅgasundarā

imau ślokārdhauktau yogau gha(ha)rṣaṇāya kuryāt | śaṅkhādibhirmākṣikāntaireko yogaḥ, surādibhiḥ kusumāntairanyaḥ | § 20142

6.11.55 Aṣṭāṅgahr̥dayasaṃhitā

dhātrīphaṇijjakarase kṣāro lāṅgalikodbhavaḥ | | 45 | |
uṣitaḥ śoṣitataścūrṇaḥ
śukraharṣaṇamañjanam | | 46 | | § 20144

6.11.56 Sarvāṅgasundarā

dhātryādirase kṣāro lāṅgalikaja uṣitaḥ śoṣitataścūrṇaḥ śukraharṣaṇamañjanam | § 20145

6.11.57 Aṣṭāṅgahr̥dayasaṃhitā

mudgā vā nistuṣāḥ piṣṭāḥ
śaṅkhakṣaudrasamāyutāḥ | | 46 | |
sāro madhūkānmadhumān majjā
vā+akṣātsamākṣikā | | 47 | |

gokharāśvoṣṭradaśanāḥ śaṅkhaḥ phenah
samudrajaḥ | | 47 | |
vartirarjunatoyena
hr̥ṣṭaśukraṅkāśinī | | 48 | | § 20149

6.11.58 Sarvāṅgasundarā

śaṅkhamadhuyutā mudgā nistuṣāḥ piṣṭā athavā+añjanam |
madhūkātsāro madhuyuto+añjanam | athavā bibhītakā-
nmajjā māḥṣikānvitā | saṃ-gavādidantāḥ śaṅkhaḥ samu-
drapheṇo vā pāṛthajalena piṣṭāvartihṛṣṭaśukrahṛt | § 20150

6.11.59 Aṣṭāṅgahr̥dayasaṃhitā

utsannaṃ vā saśalyaṃ vā śukraṃ
vālādibhirlikhet | | 48 | | § 20151

6.11.60 Sarvāṅgasundarā

utsannaṃ vā saśalyaṃ vā śukraṃ vāśākapatrādibhirli-
khet | § 20152

6.11.61 Aṣṭāṅgahr̥dayasaṃhitā

sirāśukre tvadr̥ṣṭighne cikitsā vraṇaśukravat | | 49 | | § 20153

6.11.62 Sarvāṅgasundarā

sirāśukre punaradr̥ṣṭighne cikitsā vraṇaśukra iva kāryā |
§ 20154

6.11.63 Aṣṭāṅgahr̥dayasaṃhitā

punḍrayaṣṭyāhvakākoliṣimhīlohaniśāñjanam | | 49 | |

kalkitaṃ śāgadugdhena saṅṭairdhūpitaṃ
yavaiḥ | | 50 | |
dhātrīpatraiśca paryāyādvartiratrāñjanaṃ
param | | 50 | | § 20157

6.11.64 Sarvāṅgasundarā

pāṇḍrādikaṃ chāgadugdhena piṣṭaṃ sasarpīṣkairyavairā-
malakapatraiśca paryāyeṇa dhūpitā vartirne(ra)trāñjanaṃ
param | § 20158

6.11.65 Aṣṭāṅgahr̥dayasaṃhitā

aśāntāvarmavacchastramajakākhye ca
yojayet | | 51 | | § 20159

6.11.66 Sarvāṅgasundarā

aśāntau satyāmarmavadajakākhye ca śastraṃ prayojayet |
§ 20160

6.11.67 Aṣṭāṅgahr̥dayasaṃhitā

ajakāyāmasādhyāyāṃ śukre+anyatra ca tadvidhe | | 51 | |
vedanopaśamaṃ
snehapānāsṛksrāvaṇādibhiḥ | | 52 | |
kuryādbībhatsatāṃ jetuṃ
śukrasyotsedhasādhanam | | 52 | | § 20163

6.11.68 Sarvāṅgasundarā

asādhyāyāmajakāyāṃ śukre cānyatra roge tatprakāre+asādhye
vedanopaśamaṃ snehapānādibhirvidadhīta | bībhatsatāṃ-
nindyatāṃ, jetuṃ śukrasyotsedhasādhanam kuryāt | § 20164

6.11.69 Aṣṭāṅgahr̥dayasaṃhitā

nālikerāsthībhallātātālavamaṃśakarīrajam | | 53 | |
bhasmādbhiḥ srāvayettābhirbhāvayetkarabhā-
sthijam | | 53 | |
cūrṇaṃ śukreṣvasādhyeṣu
tadvairṇyaghnamañjanam | | 54 | |
sādhyeṣu sādhanāyālamidameva ca
śīlitam | | 54 | | § 20168

6.11.70 Sarvāṅgasundarā

nālikerāsthyādijam bhasma adbhiḥ srāvayet | tābhira-
dbhiḥ karabhāsthijam cūrṇaṃ bhāvayet | taccūrṇamañjan-
amasādhyeṣu śukreṣu vaivarṇyaharam | śīlitam caitadeva
śukrāṇāṃ sādhanāyālaṃ-śreṣṭham | § 20169

6.11.71 Aṣṭāṅgahr̥dayasaṃhitā

ajakāṃ pārśvato vidhvā sūcyā visrāvya codakam | | 55 | |
samaṃ prapīdyāṅguṣṭhena vasārdreṇānu
pūrayet | | 55 | |
vraṇaṃ gomāṃsacūrṇena baddhaṃ baddhaṃ
vimucya ca | | 56 | |
saptarātrād vraṇe rūḍhe kṛṣṇabhāge same
sthire | | 56 | |
snehāñjanam ca kartavyam nasyam ca 5
kṣīrasarpiṣā | | 57 | |
tathā+api punarādhmāne bhedacchedādikāṃ
kriyām | | 57 | |
yuktyā kuryādyathā nāticchedena
syānnimajjanam | | 11 | |
stikṣṇāñjanairdr̥k satataṃ prayuktaiḥ | | 11 | |
58 1/2 | | 11 | |
sthāne sandhisitāsitarogapratīṣedho 10
nāmaikādaśo+adhyāyah | | 11 | | § 20179

6.11.72 Sarvāṅgasundarā

ajakāṃ pārśvataḥ sūcyā vidhvā jalam ca niḥsrāvyānanta-
ramaṅguṣṭhena samam vasārdreṇa-vasayā dravīkr̥tya, vr-
aṇam gomāṃsacūrṇena pūrayet | baddham baddham vi-
mucya sa saptarātrād vraṇe rūḍhe sati tathā kṛṣṇabhāge
5 same sthite sati snehāñjanaṃ ca kartavyam | kṣīraghṛte
ca nasyam | evamapi kṛte punarādhmāne sati bhedacch-
edādikāṃ kriyāṃ yuktyā kuryāt | yathā+aticchedena dṛ-
ṣṭernimajjanaṃ na syāt | sa0-śukreṣu ca nityam ghṛtaṃ
10 yathāyogaṃ pakvaṃ pānādaḥ vidadhyāt | kim ? ityāha-
tathā ghṛtapānasecanena labdhabalā dṛgantaḥ pratataṃ
prayuktaistīkṣṇāñjanairna hīyate-na hāniṃ yāyāditi | upa-
jātirvṛttam | iti śrīmr̥gāṅkadattaputraśrīmadaruṇadattavi-
racitāyāmaṣṭāṅgahr̥dayaṭī- kāyāṃ sarvāṅgasundarākhyā-
yāṃ ṣaṣṭhe uttarasthāne sandhisitā- sitarogapraṭiṣedho nā-
15 maikādaśo+adhyāyaḥ samāptaḥ | | 11 | | § 20180

6.12 dṛṣṭirogavijñānīyādhyāyaḥ : 12

6.12.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto dṛṣṭirogavijñānīyamadhyāyaṃ
vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) sirānusāriṇi male prathamam paṭalam
śrite | | 1 | |
avyaktamīkṣate rūpaṃ
vyaktamapyanimittataḥ | | 1 | | § 20184

6.12.2 Aṣṭāṅgahr̥dayasaṃhitā

asmādanantaram ḍṣṭirogavijñānamāha | tatrāpi pūrvam
 timiram lilakṣayiṣurāha- sa0-[male-] doṣe
 vātādyanyatame, sirānusāriṇi tathā
 prathamam-bāhyam, paṭalam śrite
 satyavyaktam rūpam paśyati | vyaktamapi
 kadācinnimittamantareṇa paśyati | eṣa
 timirākhyo roga iti vakṣyamāṇena
 sambandhaḥ | § 20185

6.12.3 Aṣṭāṅgahrdayasaṃhitā

prāpte dvitīyam paṭalamabhūtamapi paśyati | | 2 | |
 bhūtam tu yatnādāsannaṃ dūre sūkṣmam ca
 nekṣate | | 2 | |
 dūrāntikastham rūpam ca viparyāsenā
 manyate | | 3 | |
 doṣe maṅḍalasaṃsthāne maṅḍalānīva
 paśyati | | 3 | |
 dvidhaikam ḍṣṭimadhyasthe bahudhā 5
 bahudhāsthite | | 4 | |
 ḍṣṭerabhyantaragate
 hnasvavṛddhaviparyayam | | 4 | |
 māntikasthamadhaḥsamsthe dūragam nopari
 sthite | | 5 | |
 pārśve paśyennapārśvasthe
 timirākhyo+ayamāmayah | | 5 | | § 20193

6.12.4 Sarvāṅgasundarā

dvitīyam paṭalam prāpte+abhūtamapi paśyati, na keva-
 lam bhūtam | bhūtam tu yatnena paśyati, taccāsanna-
 eva | dūre na ca sūkṣmam paśyati | dūrāntikastham ca
 rūpam vaiparītyena manyate,-dūrastham nikaṭastham, ni-
 kaṭastham dūrasthamityarthaḥ | doṣe maṅḍalasaṃsthāne 5
 dvitīyapaṭalāśrite eva maṅḍalānīvālokate | ḍṣṭimadhya-
 sthe doṣa ekameva vastu dviprakāram paśyati | bahudh-
 āsthite doṣa ekameva vastu bahuprakāram paśyati | ḍṣṭe-

rabhyantarāśrite doṣe hrasvaṃ ca vṛddhaṃ ca tayorvipa-
ryayaḥ | hrasvaṃ ca mahāntaṃ, mahāntaṃ ca hrasvamiti
vaiparītyena paśyati | adhaḥsthite doṣe samīpasthaṃ pad-
ārthaṃ nekṣate | upariṣṭātsthite doṣe dūragaṃ na paśyati |
5 pārsvasthe doṣe pārsve rūpaṃ na paśyati | ayaṃ sarva eva
timirasamjño rogaḥ | § 20194

6.12.5 Aṣṭāṅgahr̥dayasaṃhitā

prāpnoti kācatāṃ doṣe tṛtīyapaṭalāśrite | | 6 | |
tenordhvamīkṣate
nādhastanucailāvṛtopamam | | 6 | |
yathā varṇaṃ ca rajyeta dṛṣṭirhīyeta ca
kramāt | | 7 | | § 20197

6.12.6 Sarvāṅgasundarā

tṛtīyaṃ paṭalaṃ sthite doṣe kācatvaṃ prāpnoti | tena kā-
cenordhvamīkṣate na tvadhaḥ | tacca tanuvastracchanna-
sadṛśam | dṛṣṭīścātra doṣānusāreṇa rajyate | yathā vātena
śyāvetyādi | krameṇa ca dṛṣṭirhīyate | § 20198

6.12.7 Aṣṭāṅgahr̥dayasaṃhitā

tathā+apyupekṣamāṇasya caturthaṃ paṭalaṃ
gataḥ | | 7 | |
liṅganāśaṃ malaḥ kurvan
chādayeddṛṣṭimaṇḍalam | | 8 | | § 20200

6.12.8 Sarvāṅgasundarā

evamapyupekṣamāṇasyācikitsitasya tṛtīyaṃ paṭalaṃ mu-
ktvā caturthapaṭalaṃ gato malo-doṣaḥ, liṅganāśaṃ-dṛṣṭināśaṃ
ca, kurvan dṛṣṭimaṇḍalaṃ chādayet | § 20201

6.12.9 Aṣṭāṅgahr̥dayasaṃhitā

tatra vātena timire vyāviddhamiva paśyati | | 8 | |
 calāvilāruṇābhāsaṃ prasannaṃ cekṣate
 muhuḥ | | 9 | |
 jalāni keśān maśakān raśmīm̐scopekṣite+atra
 ca | | 9 | |
 kācībhūte dṛgaruṇā
 paśyatyāsyamanāsikam | | 10 | |
 candradīpādyanekatvaṃ vakramṛjvapi 5
 manyate | | 10 | |
 vṛddhaḥ kāco dṛśaṃ
 kuryādrajodhūmāvṛtāmiva | | 11 | |
 spaṣṭāruṇābhāṃ vistīrṇāṃ sūkṣmāṃ vā
 hatadarśanām | | 11 | |
 sa liṅganāśo-----
 | | 12 | | § 20209

6.12.10 Sarvāṅgasundarā

tatra-timireṣu madhye, pavanena timire sati vyāviddh-
 amiva paśyati | tathā calaṃ dhūmāvilamaruṇābhāsaṃ
 muhuḥ-punaḥ-prasannaṃ cālokate-prakṛtisthanayanena pa-
 śyati, pavanasya calarūpatvāt | tathā jālādīni muhuḥ pa-
 śyati | āsaṃ-mukhaṃ, anāsikaṃ-nāsikārahitaṃ, paśyati | 5
 tathā candradīpādīnāmanekatvaṃ vakramavakramiva ca
 manyate | vṛddhaḥ kāco rajodhūmāvṛtāmiva ca dṛṣṭiṃ ku-
 ryāt | tathā spaṣṭā+aruṇā+a+abhā yasyāstām | tathā vistī-
 rṇāṃ sūkṣmāṃ vā | tathā hatadarśanām | sa evaṃbhūto
 liṅganāśaḥ | iti vātajāstimirakācaliṅganāśā uktāḥ | § 20210 10

6.12.11 Aṣṭāṅgahr̥dayasaṃhitā

vāte tu saṅkocayati dṛksirāḥ | | 12 | |
 dṛgmaṇḍalaṃ viśatyantargambhīrā dṛgasou
 smṛtā | | 12 | | § 20212

6.12.12 Sarvāṅgasundarā

vāte tu dr̥ksirāḥ saṅkocayati sati dr̥ṣṭimaṅḍalamantaḥ pr-
aviśati | sā gambhīrā dr̥ṣṭiḥ smr̥tā | 'munibhiḥ' iti śeṣaḥ |
§ 20213

6.12.13 Aṣṭāṅgahr̥dayasaṃhitā

pittaje timire vidyutkhadyotadyotadīpitam | | 13 | |
śikhittiripatrābhaṃ prāyo nīlaṃ ca
paśyati | | 13 | |
kāce dr̥k kācanīlābhā tādr̥geva ca paśyati | | 14 | |
arkendupativeṣāgnimaricīndradhanūṃṣi
ca | | 14 | | § 20217

6.12.14 Sarvāṅgasundarā

pittodbhave timire vidyudādīpitam tathā mayūratittiri-
patrābhaṃ prāyeṇa nīlaṃ ca paśyati | kāce kācanīlasadr̥śī
dr̥ṣṭiḥ syāt | tādr̥geva-kācanīlābhāsaṃ, paśyati | kāce kāca-
nīla sadr̥śī dr̥ṣṭiḥ śyāt | tādr̥geva kācanīlābhasaṃ paśyati |
5 tathā+arkendu pariveśādīn paśyati | § 20218

6.12.15 Aṣṭāṅgahr̥dayasaṃhitā

bhr̥ṅganīlā nirālokā dr̥k snigdhā liṅganāśataḥ | | 15 | |
dr̥ṣṭiḥ pittena hrasvākhyā sā hr̥sva
hrasvadarśinī | | 15 | | § 20220

6.12.16 Sarvāṅgasundarā

liṅganāśād dr̥ṣṭiśca bhramaranīlā nirālokā snigdhā ca
syāt | pittena hrasvasaṃjñā dr̥ṣṭiḥ syāt | sā ca hrasvā-
hrasvasaṃsthānā, tathā hrasvadarśinī-alpadarśinī | § 20221

6.12.17 Aṣṭāṅgahr̥dayasaṃhitā

bhavetpittavidagdhākhyā pītā
pītābhadarśanā | | 16 | | § 20222

6.12.18 Sarvāṅgasundarā

pittabidagdhasaṃjñā dr̥ṣṭiḥ pītavarṇā syāt | tathā pītā-
bhaṃ darśanaṃ yasyāḥ sā pītābhadarśanā ca | § 20223

6.12.19 Aṣṭāṅgahr̥dayasaṃhitā

kaphena timire prāyaḥ snigdhaṃ śvetam ca
paśyati | | 16 | |
śaṅkhedukundakusumaiḥ kumudairiva
cācitam | | 17 | |
kāce tu niṣprabhendvarkapradīpādyairivāci-
tam | | 17 | |
sitābhā sā ca dr̥ṣṭiḥ syāllīṅganāse tu
lakṣyate | | 18 | |
mūrtaḥ kapho dr̥ṣṭigataḥ snigdho 5
darśananāśanaḥ | | 18 | |
bindurjalasyeva calaḥ
padminīpuṭasaṃsthiḥ | | 19 | |
uṣṇe saṅkocamāyāti chāyāyāṃ
parisarpati | | 19 | |
śaṅkhakundendukumudasphaṭikopamaśuklimā | | 20 | | § 20231

6.12.20 Sarvāṅgasundarā

kaphena timire sati prāyaḥ snigdhaṃ śuklaṃ cālokate | ta-
thā śaṅkhādibhirivācitam paśyati | kāce tu niṣprabhendv-
arkādibhirivācitam paśyati | dr̥k śuklābhā syāt līṅganāse
tu dr̥śyate mūrtaḥ kapho dr̥ṣṭigataḥ snigdhasatthā dr̥ṣṭi-
vināśanaśca | jalasyeva binduścalaḥ padminīpuṭasaṃsthi- 5
taḥ | ātape cāsou binduḥ saṅkucati | chāyāyāṃ prasarati |
tathā śaṅkhādisuklimā syāt | § 20232

6.12.21 Aṣṭāṅgahr̥dayasaṃhitā

raktena timire raktaṃ tamobhūtaṃ ca paśyati | | 20 | |
kācena raktā kṛṣṇā vā dr̥ṣṭistadr̥k ca
paśyati | | 21 | |
liṅganāśe+api tādr̥g dr̥ṇ niṣprabhā
hatadarśanā | | 21 | | § 20235

6.12.22 Sarvāṅgasundarā

raktena timire sati raktābhaṃ tathā tama iva ca paśyati |
kācena raktā kṛṣṇā vā dr̥ṣṭiḥ syāt | tādr̥geva-rakta kṛṣṇaṃ
vā, paśyati | liṅganāśe ca tādr̥syeva-kācavat, dr̥ṣṭistathā ni-
ṣprabhā hatadarśanā ca syāt | § 20236

6.12.23 Aṣṭāṅgahr̥dayasaṃhitā

saṃsargasannipāteṣu vidyātsaṅkīrṇalakṣaṇān | | 22 | |
timirādīnakasmācca taiḥ
syādvvyaktākulekṣaṇaḥ | | 22 | |
timire, śeṣayordr̥ṣṭau citro rāgaḥ
prajāyate | | 23 | | § 20239

6.12.24 Sarvāṅgasundarā

saṃsargasannipāteṣu saṅkīrṇalakṣaṇān-vyāmiśralakṣaṇān,
timirakācaliṅganāśān vidyāt | tathā+akasmāt-nimittamantareṇa,
taiḥ-saṃsargasannipātaiḥ, vyaktaṃ-spaṣṭaṃ, kadācidāk-
ulamīkṣaṇaṃdarśanaṃ, yasya sa evaṃbhūto narastimire
5 syāt | śeṣayoḥ-kācaliṅganāśayoḥ dr̥ṣṭau citro rāgaḥ syāt |
§ 20240

6.12.25 Aṣṭāṅgahr̥dayasaṃhitā

dyotyate nakulasyeva yasya dr̥ṇ nicitā malaiḥ | | 23 | |
nakulāndhaḥ sa tatrāhni citraṃ paśyati no
niśi | | 24 | | § 20242

6.12.26 Sarvāṅgasundarā

yasyāturasya nakulasyeva dr̥ṣṭirdoṣairnicitā dyotyate-dedīpyate,
sa nakulāndhaḥ | tatra-nakulāndhe, divā citraṃ paśyati, na
tu niśi-rajānyām | § 20243

6.12.27 Aṣṭāṅgahr̥dayasaṃhitā

arke+astamastakanyastagabhastau
stambhamāgatāḥ | | 24 | |
sthagayanti dr̥śaṃ doṣā doṣāndhaḥ sa
gado+aparaḥ | | 25 | |
divākarakaraspr̥ṣṭā bhraṣṭā
dr̥ṣṭipathānmalāḥ | | 25 | |
vilīnalīnā yacchanti vyaktamatrāhni
darśanam | | 26 | | § 20247

6.12.28 Sarvāṅgasundarā

arke+astaparvatasya mastake nyastā gabhastayo yena ta-
smin sati stambhaṃ prāptā doṣā dr̥śaṃ chādayanti | sa
evaṃbhūto doṣāndho nāma rogaḥ | divā kathaṃ paśy-
ati ? ityatra yuktimāha- saṃ-malā ahni divākaraśmi-
bhiḥ spr̥ṣṭāstathā dr̥ṣṭipathādbhraṣṭā vilīnāḥ santāḥ, atra- 5
rātryandhe, spaṣṭaṃ darśanaṃ dadati | divākarakaraspr̥-
ṣṭā iti hetau prathamā | § 20248

6.12.29 Aṣṭāṅgahr̥dayasaṃhitā

uṣṇataptasya sahasā śītavārinimajjanāt | | 26 | |
tridoṣaraktasaṃpr̥kto yātyūṣmordhvaṃ
tato+akṣiṇi | | 27 | |
dāhoṣe malinaṃ
śuklamahanyāvīladarśanam | | 27 | |
rātrāvāndhyaṃ ca jāyeta vidagdhoṣṇena sā
smṛtā | | 28 | | § 20252

6.12.30 Sarvāṅgasundarā

uṣṇena taptasya sahasā-jhaṭityeva, śiśirajalanimajjanāt tri-
doṣaraktasaṃpṛkta ūṣmordhvamakṣṇi yāti | tataḥ-ūṣmaṇa
ūrdhvagamanāt, akṣṇi dāhoṣe bhavataḥ | śuklabhāgaśca
malino bhavati | ahani-dine, āvilaṃ darśanaṃ jāyate, rā-
5 trau cāndhyam | sā dr̥ṣṭirūṣṇavidagdhākhyā | § 20253

6.12.31 Aṣṭāṅgahr̥dayasaṃhitā

bhr̥samamlāśanāddoṣaiḥ sāsrairyā dr̥ṣṭirācitā | | 28 | |
sakledakaṇḍūkaluṣā vidagdhā+amlena sā
smṛtā | | 29 | | § 20255

6.12.32 Sarvāṅgasundarā

atyantamamlāśanāt-amlabhakṣaṇāt, doṣaiḥ saraktairyā dr̥-
ṣṭirācitā kledakaṇḍūkaluṣānvitā syāt | sā vidagdhāmleti
dr̥ṣṭiḥ smṛtā | § 20256

6.12.33 Aṣṭāṅgahr̥dayasaṃhitā

śokajvaraśirorogasantaptasyānilādayaḥ | | 29 | |
dhūmāvilāṃ dhūmadṛśaṃ dr̥śaṃ kuryuḥ sa
dhūmaraḥ | | 30 | | § 20258

6.12.34 Sarvāṅgasundarā

śokādisantaptasya narasya vātādayo dhūmenevāvilāṃ dh-
ūmadarśanāṃ dr̥ṣṭiṃ kuryuḥ | sa dhūmaro nāma rogaḥ |
§ 20259

6.12.35 Aṣṭāṅgahr̥dayasaṃhitā

sahasaivālpasattvasya paśyato rūpamadbhutam | | 30 | |

bhāsvaram bhāskarādiṃ vā vātādyā
nayanāśritāḥ | | 31 | |
kurvanti tejaḥ saṃśoṣya dṛṣṭiṃ
muṣitadarśanām | | 31 | |
vaidūryavarṇām stimitām
prakṛtisthāmivāvyathām | | 32 | |
oupasargika ityeṣa
liṅganāśo----- | | 32 | | § 20264

6.12.36 Sarvāṅgasundarā

sahasaiva-atarkitasya, puṃso+alpasattvasya rūpamadbh-
utam paśyato bhāsvaram bhāskaraprakāram paśyato vā
vātādayo locanāśritā dṛṣṭiṃ muṣitadarśanām vaidūryav-
arṇām stimitām prakṛtisthāmiva pīdārahitām kurvanti |
kiṃ kṛtvā ? tejaḥ saṃśoṣya | ityeṣa aupasargiko liṅganā- 5
śaḥ | § 20265

6.12.37 Aṣṭāṅgahr̥dayasaṃhitā

-----+atra varjayet | | 32 | |
vinā kaphālliṅganāśān gambhīrām
hrasvajāmapi | | 33 | |
ṣaṭ kācā nakulāndhaśca yāpyāḥ, śeṣāmstu
sādhayet | | 33 | |
dvādaśeti gadā dṛṣṭou nirdiṣṭāḥ
saptaviṃśatiḥ | | 12 | |
33 1/2 | | 12 | | 5
sthāne dṛṣṭirogavijñānīyo nāma
dvādaśo+adhyāyaḥ | | 12 | | § 20271

6.12.38 Sarvāṅgasundarā

atra-eṣu madhye, kaphādvina liṅganāśān-vātapittasaṃsargasannipātarak
ṣaṭ, tathā gabhīrām hrasvajāmapidṛṣṭimityaṣṭau varjayet |
ṣaṭ kācāḥ-vātapittakaphasaṃsargasannipātaraktajāḥ, na-
kulāndhaśceti sapta yāpyāḥ | śeṣāṃśca dvādaśa sād-

5 ayet, tatra vātapittakapharaktaśamsargasannipātaiḥ pṛ-
thak timirāṇīti ṣaṭ, saptamaḥ kaphena ca liṅganāśaḥ,
aṣṭamaḥ pittavidagdhā dr̥ṣṭiḥ, navamo doṣāndhaḥ, daś-
ama uṣṇavidagdhā, ekādaśo vidagdhāmlā, dvādaśo dh-
ūmaraḥ, iti | evaṃ dr̥ṣṭimaṅdale rogāḥ saptaviṃśatisa-
ṅkhyāḥ kathitāḥ | iti śrīmṛgāṅkadattaputraśrīmadaruṇa-
dattaviracitāyāmaṣṭāṅgahr̥daya- ṭikāyāṃ sarvāṅgasunda-
rākhyāyāṃ ṣaṣṭhe uttarasthāne dr̥ṣṭiroga- vijñānīyo nāma
dvādaśo+adhyāyaḥ samāptaḥ | | 12 | | § 20272

6.13 timirapratīṣedhādhyāyaḥ : 13

6.13.1 Aṣṭāṅgahr̥dayasaṃhitā

athāstimirapratīṣedhaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 20274

6.13.2 Aṣṭāṅgahr̥dayasaṃhitā

sa0-nanu, dr̥ṣṭirogavijñānādanantaram
dr̥ṣṭirogapratīṣedho jñāpyaḥ |
upapannamāha bhavān | kiṃ tu
dr̥ṣṭitogacikitsitasya bahuvaktavyatvāt
pṛthagadhyāyo vaktuṃ yuktaḥ | tatrāpi
kramaprāptastimirapratīṣedha iti
timirapratīṣedhārambha eva yuktaḥ |
kācādīnām
tvalpavaktavyatvādatraivābhidhānam | tato
bahuvaktavyatvāt pṛthagadhyāyo
liṅganāśasya | iti sarvaṃ yuktaṃ | § 20275

6.13.3 Aṣṭāṅgahr̥dayasaṃhitā

timiraṃ kācatām yāti kāco+apyāndhyamupekṣayā | | 1 | |
netrarogeṣvato ghoram timiraṃ sādhyed
drutam | | 1 | | § 20277

6.13.4 Sarvāṅgasundarā

timiramupekṣayā kācatvaṃ yāti | kāco+apyupekṣita āndhyam
gacchati | ataḥ kāraṇānnetrarogeṣu madhye timiraṃ dāru-
ṇaṃ śīghraṃ sādhayet | § 20278

6.13.5 Aṣṭāṅgahrdayasaṃhitā

tulāṃ pacet jīvantiyā drone+apāṃ pādaśeṣite | | 2 | |
tatkvāthe dviguṇakṣīraṃ ghr̥taprasthaṃ
vipācayet | | 2 | |
prapauṇḍarīkakākōlīpippalīrodhrasaindhavaiḥ | | 3 | |
śatahvāmadhukadrākṣāsīrādārupalatrayaiḥ | | 3 | |
karṣikairniśi tatpītaṃ timirāpaharaṃ 5
param | | 4 | | § 20283

6.13.6 Sarvāṅgasundarā

jīvantiyāḥ palaśatamapāṃ drone pādāvaśeṣitaṃ pacet | ta-
tkvāthe ghr̥taprasthaṃ dviguṇakṣīraṃ prapauṇḍarīkādi-
bhiḥ karṣaparimāṇaiḥ kalkitairvipācayet | niśi pītaṃ tatp-
araṃ timirāpaham | § 20284

6.13.7 Aṣṭāṅgahrdayasaṃhitā

drākṣācandanamañjiṣṭhākākōlīdvayajīvakaiḥ | | 4 | |
sitāśatāvarīmedāpuṇḍrāhvamadhukotpalaiḥ | | 5 | |
pacejjīrṇaghr̥taprasthaṃ samakṣīraṃ
picūnmitaiḥ | | 5 | |
hanti tatkācatimiraraktarājīśīrorujaḥ | | 6 | | § 20288

6.13.8 Sarvāṅgasundarā

tathā drākṣādibhiḥ picūnmitaiḥ-karṣāṃśaiḥ, jīrṇasya-purāṇaghr̥tasya
prasthaṃ samakṣīraṃ pacet | tacca kācādīn hanti | § 20289

6.13.9 Aṣṭāṅgahr̥dayasaṃhitā

paṭolanimbakaṭukādārvīsevyavarāvṛṣam | | 6 | |
sadhanvayāsatrāyantīparpaṭam pālikam
pṛthak | | 7 | |
prasthamāmalakānam ca
kvāthayennalvaṇe+ambhasi | | 7 | |
tadāḍhake+ardhapalikaiḥ piṣṭaiḥ prastham
ghṛtātpacet | | 8 | |
5 mustabhūnimbayaṣṭyāhvakuṭajodīcyacandanaiḥ | | 8 | |
sapippalīkaistatsarpighrāṇakarnāsyarogajit | | 9 | |
vidradhijvaraduṣṭārurvisarpāpacikuṣṭhanut | | 9 | |
viśeṣācchukratimiranaktāndhyoṣṇāmladāhahṛt | | 10 | | § 20297

6.13.10 Sarvāṅgasundarā

paṭolādikaṃ parpaṭāntam pṛthak palonmitamāmalakā-
nām prastham nalvaṇe-droṇe+ambhasi, kvāthayet | tadā-
ḍhake mustādibhiḥ sapippalīkaiḥ piṣṭaiḥ-kalkitaiḥ, ardha-
palikairghṛtaprastham vipācayet | tacca ghṛtam ghrāṇād-
5 irogajit, vidradhyādirogajit, viśeṣeṇa śukrādighnam | eta-
tpaṭolādyam ghṛtam | § 20298

6.13.11 Aṣṭāṅgahr̥dayasaṃhitā

triphalāṣṭapalam kvāthyam pādaśeṣam jalāḍhake | | 10 | |
tena tulyapayaskena
triphalāpalakalkavān | | 11 | |
ardhaprastho ghṛtātsiddhaḥ sitayā māksīkeṇa
vā | | 11 | |
yuktaṃ pibettattimirī tadyuktaṃ vā
varārasam | | 12 | | § 20302

6.13.12 Sarvāṅgasundarā

triphalāyāḥ palāṣṭakam jalāḍhake pādaśeṣam kvāthyam |
tena kvāthena tulyakṣīreṇa triphalāpalakalkayukto ghṛtā-

rdhaprasthaḥ pakvaḥ śarkarayā māksikeṇa vā yutaṃ tattimiri pibet | ghr̥tena vā tena yuktaṃ triphalākvāthaṃ doṣadūṣyādivaśāt pibet | etacca triphalāghrutamucyate | § 20303

6.13.13 Aṣṭāṅghṛdayasaṃhitā

yaṣṭimadhudvikākolīvyāghrīkṛṣṇāmṛtotpalaiḥ | | 12 | |
pālikaiḥ sasirādrākṣairghṛtaprasthaṃ
pacetsamaiḥ | | 13 | |
ajākṣīravarāvāsāmārkavasvarasaiḥ
pṛthak | | 13 | |
mahātraiphalamityetatparam
dṛṣṭivikārajit | | 14 | | § 20307

6.13.14 Sarvāṅgasundarā

yaṣṭyādibhiḥ pālikaiḥ sahasitādrākṣairajākṣīrādibhiḥ pṛthaksvarasaiḥ samaiḥ prasthapramāṇaiḥ sarpiḥprasthaṃ vipācayet | etanmahātraiphalaṃ suṣṭru dṛṣṭivikārajit | § 20308

6.13.15 Aṣṭāṅghṛdayasaṃhitā

traiphalenātha haviṣā lihānastriphalāṃ niśi | | 14 | |
yaṣṭimadhukasamyuktāṃ madhunā ca
pariplutāṃ | | 15 | |
māsamekaṃ hitāhāraḥ
pibannāmalakodakam | | 15 | |
sauparṇaṃ labhate cakṣurityāha
bhagavānnimiḥ | | 16 | | § 20312

6.13.16 Sarvāṅgasundarā

traiphalena ca sarpiṣā triphalāṃ yaṣṭiyuktāṃ māksikeṇa ca pariplutāṃ rātrau lihāno māsamekaṃ hitāśi sannāmalakodakam piban gārutmataṃ cakṣurlabhata iti bhagavānnimirāha | § 20313

6.13.17 Aṣṭāṅgahr̥dayasaṃhitā

tāpyāyohemayaṣṭyāhvasitājīrṇājyamākṣikaiḥ | | 16 | |
saṃyojitā yathākāmaṃ timiraghnī varā
varā | | 17 | | § 20315

6.13.18 Sarvāṅgasundarā

tāpyādibhiḥ saṃyojitā triphalā yathākāmaṃ varā timira-
ghnī syāt | § 20316

6.13.19 Aṣṭāṅgahr̥dayasaṃhitā

saghr̥taṃ vā varākvāthaṃ śīlayettimirāmayī | | 17 | |
apūpasūpasaktūn vā
triphālācūrṇasaṃyutān | | 18 | | § 20318

6.13.20 Sarvāṅgasundarā

athavā triphalākvāthaṃ sasarpīṣkaṃ timirarogaharama-
bhyaset | apūpādīn vā triphālācūrṇasaṃyutān śīlayet |
§ 20319

6.13.21 Aṣṭāṅgahr̥dayasaṃhitā

pāyasaṃ vā varāyuktaṃ śītaṃ samadhuśarkaram | | 18 | |
prātarbhaktasya vā pūrvamadyātpathyāṃ
pṛthak pṛthak | | 19 | |
mṛdvīkāśarkarākṣaudraiḥ satataṃ
timirāturaḥ | | 19 | | § 20322

6.13.22 Sarvāṅgasundarā

pāyasaṃ triphalāyutaṃ va śītaṃ samadhuśarkaram prā-
taradyāt | bhaktasya pūrvam vā | harītakīm vā mṛdvīkā-
śarkarākṣaudraiḥ pṛthak pṛthak yutāmanārataṃ timirāt-
uro+adyāt | § 20323

6.13.23 Aṣṭāṅgahr̥dayasaṃhitā

srotojāṃśāṃscatuḥṣaṣṭim

tāmrāyorūpyakāñcanaiḥ | | 20 | |

yuktān pratyekamekāṃśairandhamūṣodarasthi-
tān | | 20 | |

dhmāpayitvā samāvṛttaṃ tatastacca

niṣecayet | | 21 | |

rasaskandhakaṣāyeṣu saptakṛtvaḥ pṛthak

pṛthak | | 21 | |

vaiḍūryamuktāśaṅkhānām tribhirbhāgairyutaṃ 5

tataḥ | | 22 | |

cūrṇāñjanaṃ prayuñjīta

tatsarvatimirāpahaṃ | | 22 | | § 20329

6.13.24 Sarvāṅgasundarā

srotojāt catuḥṣaṣṭimaṃśāṃstāmrādibhiḥ pratyekamekāṃ-
śairiyutānandhamūṣodarasthitān dhmāpayitvā samyagāvṛttaṃ-
āvartitaṃ śilāyāṃ, tataḥ-anantaraṃ, madhurādigaṇakv-
ātheṣu tanniṣecayet pṛthak pṛthak saptavārān | tato va-
iḍūryamuktāśaṅkhānām tribhirbhāgairyutametaccūrṇāñja- 5
naṃ sarvatimiraghaṃ prayuñjīta | § 20330

6.13.25 Aṣṭāṅgahr̥dayasaṃhitā

māṃsītrijātakāyaḥkuṅkumaṇīlotpalābhayātutthaiḥ | | 23 | |

sitakācaśaṅkhaphenakamaricāñjanapippalīmadhukaiḥ | | 23 | |

candre+aśvanīsanāthe

sucūrṇitairañjayedyugulamakṣṇoḥ | | 24 | |

timirārmarakṛtārājīkaṇḍūkācādisamamicśan | | 24 | | § 20334

6.13.26 Sarvāṅgasundarā

māṃsyādibhiḥ sūkṣmarajīkṛtaiścandre+aśvinīyukte saty-
akṣiyugmamañjayet timirādisāntimicśan | ārye mukhaca-
pale | § 20335

6.13.27 Aṣṭāṅgahr̥dayasaṃhitā

maricavaralavaṇabhāgau bhāgau dvau
kaṇasamudraphenābhyām | | 25 | |
sauvīrabhāganavakaṃ citrāyāṃ cūrṇitaṃ
kaphamayajit | | 25 | |
manohvātutthakastūrīmāṃsīmalayarocanāḥ | | 1 | |
daśakarpūrasaṃyuktamaśītiguṇamañjanam | | 1 | | piṣṭaṃ
citrāśvinīpuṣye ṣaḍvidhe timire hitam | | 2 | | prasādanam
ca dr̥ṣṭeh syāccakṣuṣeṇāvabhāṣitam

6.13.28 Sarvāṅgasundarā

maricasaindhavayordvau bhāgau, pippalīsamudraphena-
yordvau bhāgau, sauvīrāñjanasya bhāgā nava, etaccitrā-
yāṃ cūrṇitaṃ kaphāmayajit | gītirāryā | § 20340

6.13.29 Aṣṭāṅgahr̥dayasaṃhitā

drākṣāmr̥ṇālīsvarase kṣīramadyavasāsu ca | | 26 | |
pṛthak divyāpsu srotojaṃ saptakṛtvo
niṣecayet | | 26 | |
taccūrṇitaṃ sthitaṃ śaṅkhe
dr̥kprasādanamañjanam | | 27 | |
śastaṃ sarvākṣirogeṣu
videhapatinirmitam | | 27 | | § 20344

6.13.30 Sarvāṅgasundarā

drākṣādisvaraseṣu pṛthak pṛthak divyajale ca srotoñjanam
saptakṛtvo niṣecayet | taccūrṇikṛtam śaṅke sthitaṃ dr̥ṣṭi-
prasādakṛdañjanam sarvākṣirogeṣu śreṣṭham videhapati-
nirmitam | § 20345

6.13.31 Aṣṭāṅgahr̥dayasaṃhitā

nirdagdham bādarāṅgāraistuttham cettham
niṣecitam | |28| |
kramādajāpayah sarpīḥkṣaudre tasmāt
paladvayam | |28| |
kārṣikaistāpyamaricasrotojakatukānataiḥ | |29| |
paṭurodhnaśilāpathyākañailāñjanaphenakaiḥ | |29| |
yuktaṃ palena yaṣṭyāśca 5
mūṣāntardhmātacūrṇitam | |30| |
hanti kācārmanaktāndhyaraktarājīḥ
suśīlataḥ | |30| |
cūrṇo viśeṣāttimiram bhāskaro bhāskaro
yathā | |31| | § 20352

6.13.32 Sarvāṅgasundarā

bādarāṅgāraistuttham nirdagdham pūrvavat krameṇa ch-
āgakṣīraghṛtamākṣike niṣecitam, tasmāt-nirdagdhācca tu-
tthāt paladvayam, tāpyādibhiḥ kārṣikairyaṣṭīpalena ca yu-
ktaṃ, mūṣāntardhmāpitam cūrṇitam, kācādīn hanti | sus-
evito+ayam bhāskaraścūrṇo viśeṣeṇa timiramhanti | yathā 5
ravirandhakāramityupamāśleṣo+alañkāraḥ | § 20353

6.13.33 Aṣṭāṅgahr̥dayasaṃhitā

triṃśadbhāgā bhujāṅgasya
gandhapāṣāṇapañcakam | |31| |
śulbatālakayordvau dvau
vaṅgasyaiko+añjanāttrayam | |32| |
andhamūṣīkṛtaṃ dhmātaṃ pakvaṃ
vimalamañjanam | |32| |
timirāntakaram loke dviṭīya iva
bhāskaraḥ | |33| | § 20357

6.13.34 Sarvāṅgasundarā

bujaṅgasya-sīsakasya triṃśadbhāgāḥ, gandhapāṣāṇasya
bhāga pañcakaṃ, śulbatālakayordvau dbau bhāgau, vaṅgasya-
trapuṇa eko bhāgaḥ, añjanādbhāgatrayamandhamūṣā-
dhmātaṃ vipakvamañjanaṃ dvitīyo bhāskara ivaloke tim-
5 irāntakaram | bhujāṅgādīnāṃ śodhitanāmatra prayogaḥ,
na tu māritānāṃ | § 20358

6.13.35 Aṣṭāṅgahr̥dayasaṃhitā

gomūtre chagaṇarase+amlakāñjike ca strīstanye haviṣi
viṣe ca mākṣike ca | | 33 | |
yattutthaṃ jvalitamanekaśo niṣiktaṃ
tatkuryādgaruḍasamaṃ narasya
cakṣuḥ | | 33 | | § 20360

6.13.36 Sarvāṅgasundarā

tattutthaṃ narasya garuḍanayanatulyaṃ nayanam ku-
ryāt | katamam ? yaddīptaṃ sat gomūtrādiṣvanekaśaḥ-
saptakṛtvo, niṣiktaṃ | praharṣiṇīvr̥ttam | § 20361

6.13.37 Aṣṭāṅgahr̥dayasaṃhitā

śreṣṭhājalam bhr̥ṅgarasaṃ saviṣājyamajāpayah | | 34 | |
yaṣṭīrasaṃ ca yatsīsaṃ saptakṛtvaḥ pṛthak
pṛthak | | 34 | |
taptaṃ taptaṃ pāyitaṃ tacchalākā netre yuktā
sāñjanā+anañjanā vā | | 35 | |
taimiryārmāsrāpapaicchilyapaillaṃ kaṇḍūṃ
jāḍyaṃ raktarājīm ca hanti | | 35 | | § 20365

6.13.38 Sarvāṅgasundarā

yatsīsaṃ taptaṃ taptaṃ triphalākāvāthādikaṃ pṛthak pṛ-
thak spatākṛtvaḥ pāyitaṃ tasya sīsasya śalākā nayane yu-

ktā sahāñjanā+añjanena rahitā vā taimiryādīn hanti | śāli-
nīvṛttam | dravyaśalākeyamiti prathitā | § 20366

6.13.39 Aṣṭāṅgahr̥dayasaṃhitā

rasendrabhujagau tulyau tayostulyamathāñjanam | | 36 | |
īṣātkarpūrasaṃyuktamañjanam
timirāpaham | | 36 | | § 20368

6.13.40 Sarvāṅgasundarā

pāradasīsakau samāṃśau, tayoh samamañjanam, ṣoḍa-
śāṃśakarpūrayutamidamañjanam timirāpaham bhavati |
§ 20369

6.13.41 Aṣṭāṅgahr̥dayasaṃhitā

stasyāsyam samayamṛtasya gośakṛdbhiḥ | | 37 | |
nirdagdham samadhṛtamañjanam ca peṣyam
yogo+ayam nayanabalam karoti
gārdhram | | 37 | | § 20371

6.13.42 Sarvāṅgasundarā

yo gṛdhrastaruṅaraviprakāśagallastasya samayamṛtasyā-
syam mukham, gośakṛdbhiḥ-gomayakarīṣaiḥ, nirdagdham-
bhasmāsātkṛtam, tasya samamañjanam-srotojam, samadhṛtam-
samabhāgam, peṣyam-cūrṇayitavyam | ayam yogo nayanayoḥ-
netrayoḥ, balam gārdhram-gṛdhratulyam, karoti | § 20372 5

6.13.43 Aṣṭāṅgahr̥dayasaṃhitā

kṛṣṇasarpavadane sahaviṣkam
dagdhamañjananiḥṣṛtadhūmam | | 38 | |
cūrṇitam naladapatravimiśram bhinnatāramapi
rakṣati cakṣuḥ | | 38 | | § 20374

6.13.44 Sarvāṅgasundarā

kr̥ṣṇasarpasya vadane sahaṅgamañjanamaniḥsr̥tadhū-
maṃ dagdhaṃ māṃsīpatrakamiśritam cūrṇitamupay-
uktaṃ sat cakṣurbhinnatāramapi rakṣati | bhinnatāra-
mapītyanena śaktyatiśayamasyāha | na tu bhinnatāra-
5 sya kathañcidrakṣaṇam syāt | anyatrāpyevaṃvidho ny-
āyo+ayamanusaraṇīyaḥ | svāgatāvṛttam | § 20375

6.13.45 Aṣṭāṅgahr̥dayasaṃhitā

kr̥ṣṇasarpaṃ mṛtaṃ nyasya caturaścāpi vṛścikān | | 39 | |
kṣīrakumbhe trisaptāhaṃ kledayitvā
pramanthayet | | 39 | |
tatra yannavanītaṃ syātpuṣṇīyāttena
kukkuṭam | | 40 | |
andhastasya purīṣeṇa prekṣate
dhruvamañjanāt | | 40 | | § 20379

6.13.46 Sarvāṅgasundarā

kṣīrakumbhe mṛtaṃ kr̥ṣṇasarpaṃ nyasya vṛścikāṃśca ca-
turastrisaptāhaṃ kledayitvā vilodayet | tasmin yannavan-
ītaṃ bhavet, tena navanītena kukkuṭam puṣṇīyāt | tasya
kukkuṭasya purīṣeṇāndho+apyañjanānniścitamīkṣate | § 20380

6.13.47 Aṣṭāṅgahr̥dayasaṃhitā

kr̥ṣṇasarpavasā śaṅkhaḥ katakāt phalamañjanam | | 41 | |
rasakriyeyamacirādandhānaṃ
darśanapradā | | 41 | | § 20382

6.13.48 Sarvāṅgasundarā

kr̥ṣṇasarpasya vasā śaṅkhaḥ katakaphalaṃ sauvīrāñja-
nam | iyaṃ rasakriyā drāgevāndhānāṃ dṛṣṭipradā | § 20383

6.13.49 Aṣṭāṅgahr̥dayasaṃhitā

stāpyāttutthātpalaṃ picuryaṣṭyāḥ | | 42 | |
mapratisārākhyamuttamaṃ timire | | 42 | | § 20385

6.13.50 Sarvāṅgasundarā

daśa maricāni, vaṭṭamākṣikādardhakarṣaṃ, tutthātpalaṃ,
madhuyaṣṭikāyāḥ karṣaḥ, etatsarvaṃ kṣīrārdrāṃ paścā-
ddagdhamapratisārasaṃjñamañjanamatisreṣṭhaṃ timire |
gītirāryā | § 20386

6.13.51 Aṣṭāṅgahr̥dayasaṃhitā

tutthayaṣṭimadhukairjalapiṣṭaiḥ | | 43 | |
chāyayaiva guṭikāḥ pariśuṣkā nāśanyanti
timirāṇyacireṇa | | 43 | | § 20388

6.13.52 Sarvāṅgasundarā

akṣabījādibhirjalapiṣṭairguṭikāḥ chāyayaiva pariśuṣkāḥ-na
tvātapena, timirāṇi laghu nāśayanti | svāgatāvṛttam | § 20389

6.13.53 Aṣṭāṅgahr̥dayasaṃhitā

tutthāñjanatāpyadhātubhiḥ kramavṛddhaiḥ | | 44 | |
stimirārmakledakācakaṇḍūhantā | | 44 | | § 20391

6.13.54 Sarvāṅgasundarā

maricādibhiḥ kramavṛddhaiḥ ṣaṇmākṣika iti yogastimirā-
dighnaḥ | ṣaṇmākṣika iti ko+arthaḥ ? kīdrśaḥ samāsaḥ ?
brūmaḥ | mākṣikaśabdenādilopākhyayā tantrayuktyā va-
ṭṭamākṣika ityucyate | ṣaṭpūraṇo vaṭṭamākṣiko yasminniti
samāsaḥ | tenāsmiṇ yoge ṣaṣṭho vaṭṭamākṣika ityavatiṣṭh- 5
ate | gītirāryā | § 20392

6.13.55 Aṣṭāṅgahr̥dayasaṃhitā

ratnāni rūpyaṃ sphaṭikaṃ suvarṇaṃ srotoñjanaṃ
tāmramayaḥ saśaṅkham | | 45 | |
kucandanaṃ lohitaḡairikaṃ ca cūrṇāñjanaṃ
sarvadṛḡāmayagḡnam | | 45 | | § 20394

6.13.56 Sarvāṅgasundarā

ratnādibhiścūrṇāñjanaṃ | ratnānyatra vajramarakatādīni
yathālābhaṃ grāhyāṇi | lohitaḡairikaṃ-lohitaṃ ḡairikaṃ,
kecittu lohitaṃ-kuṅkumamāhuḡ | etaccūrṇāñjanamaśeṣa-
dṛṣṭiroḡaharam | upajātivr̥ttam | § 20395

6.13.57 Aṣṭāṅgahr̥dayasaṃhitā

tilatailamakṣatailaṃ bhṛṅgasvaraso+asanācca
niryūhaḡ | | 46 | |
āyasapātravipakvaṃ karoti dṛṣṭerbalam
nasyam | | 46 | | § 20397

6.13.58 Sarvāṅgasundarā

tilatailamakṣatailaṃ ca samāṃśam mārkaḡasvaraso+asanācca
kvāthaścetyayaṣaḡ pātre vipakvaṃ dṛṣṭerbalametanna-
syaṃ karoti | āryā | § 20398

6.13.59 Aṣṭāṅgahr̥dayasaṃhitā

doṣānurodhena ca naikaśastaṃ
snehāsravisravaṇarekanasyaiḡ | | 47 | |
bastikriyātarpaṇalepasekaiḡ | | 47 | | § 20400

6.13.60 Sarvāṅgasundarā

doṣavaśacca snehādibhirmuhurmuhureṇaṃ-netrarogīṇamupakramet |
mūrdhabastiḥ-gaṇḍūṣādividhyuktaḥ (hr̥.sū.a. 22) | basti-
ḥbastividhyuktaḥ (hr̥.sū.a. 19) | upajātivṛttam | § 20401

6.13.61 Aṣṭāṅgahr̥dayasaṃhitā

sāmānyaṃ sādhanamidam pratidoṣamataḥ
śṛṇu | | 48 | | § 20402

6.13.62 Sarvāṅgasundarā

idaṃ-anantarābhihitam, sāmānyaṃ cikitsitam saṃ-ataḥ-
anantaram, pratidoṣaṃ sādhanam śṛṇu | § 20403

6.13.63 Aṣṭāṅgahr̥dayasaṃhitā

vātaḥ timire tatra daśamūlāmbhasā ghṛtam | | 49 | |
kṣīre caturguṇe śreṣṭhākalkapakvaṃ
pibettataḥ | | 49 | |
triphalaṅgapañcamūlānāṃ kaṣāyaṃ
kṣīrasaṃyutam | | 50 | |
eraṇḍatailasam̐yuktaṃ yojayecca
virecanam | | 50 | | § 20407

6.13.64 Sarvāṅgasundarā

[tatra-] teṣu timirādiṣu madhye, vātotthe timire daśamūla-
kvāthena ghṛtam kṣīre caturguṇe triphalākalkapakvaṃ pi-
bet | anantaram triphalaṅgapañcamūlānāṃ kvātham kṣīreṇa
saṃyutameraṇḍatailān̐vitaṃ virecanam yojayet | § 20408

6.13.65 Aṣṭāṅgahr̥dayasaṃhitā

samūlajālajīvantītulāṃ droṇe+ambhasaḥ pacet | | 51 | |

aṣṭabhāgasthaite tasmim̐stailapraṣthaṃ
payaḥsame | | 51 | |
balātritayajīvantīvarīmūlaiḥ palonmitaiḥ | | 52 | |
yaṣṭīpalaiścaturbhiśca lohapātre
vipācayet | | 52 | |
loha eva sthitaṃ māsam̐
nāvanādūrdhvajatrūjān | | 53 | |
5 vātapittāyamayān hanti
tadviśeṣāddṛgāśrayān | | 53 | |
keśāsyakandharāskandhapuṣṭilāvaṇyakāntidam | | 54 | | § 20415

6.13.66 Sarvāṅgasundarā

mūlajālayutāyā jīvantiyāḥ palaśataṃ jaladroṇe pacet | ta-
smin jale+aṣṭabhāgaśeṣe kṣīratulye tailapraṣthaṃ balātri-
tayādibhiḥ palonmitairmadhuyaṣṭikāpalaiścaturbhirlōha-
pātre vipācayet | lohabhāṇḍa evaṃ māsam̐ sthitaṃ tann-
5 asyenordhvajatrūjān rogān hanti | viśeṣeṇa dṛṣṭyāśrayān
vātapittarogān parākaroti | keśādiṣu puṣṭilāvaṇyakāntika-
ram | § 20416

6.13.67 Aṣṭāṅgahr̥dayasaṃhitā

sitairāṇḍajaṭāsīm̐hīphaladāruvacānataiḥ | | 54 | |
ghoṣayā bilvamūlaiśca tailaṃ pakvaṃ
payonvitaṃ | | 55 | |
nasyaṃ sarvordhvajatrūthavātaśleṣmāmayārti-
jit | | 55 | | § 20419

6.13.68 Sarvāṅgasundarā

śuklairaṇḍamūlādibhistailaṃ sakṣīraṃ pakvaṃ nasyena
sarvajatrūrdhvarogādijit | § 20420

6.13.69 Aṣṭāṅgahr̥dayasaṃhitā

vasā+añjane ca vaiyāghrī vārāhī vā praśasyate | | 56 | |
gṛdhrāhikukkuṭothā vā madhukenānvitā
pṛthak | | 56 | | § 20422

6.13.70 Sarvāṅgasundarā

vaiyāghrī vārāhī vā vasā+añjane śasyate | gṛdhrasarpa-
kukkuṭothā vā vasā pṛthañ madhuyaṣṭikāyutā śreṣṭhā |
§ 20423

6.13.71 Aṣṭāṅgahr̥dayasam̐hitā

pratyañjane ca srotojaṃ rasakṣīraghṛte kramāt | | 57 | |
niṣiktaṃ pūrvavadyojyaṃ
timiraghnamanuttamam | | 57 | | § 20425

6.13.72 Sarvāṅgasundarā

pratyañjane ca srotoñjanaṃ māṃsarasādiṣu krameṇa ta-
ptaṃ taptaṃ saptakṛtvaḥ niṣiktaṃ pūrvavadyojyam | et-
acca paraṃ timirahr̥t | § 20426

6.13.73 Aṣṭāṅgahr̥dayasam̐hitā

na cedevaṃ śamaṃ yāti tatastarpaṇamācāret | | 58 | | § 20427

6.13.74 Sarvāṅgasundarā

yadyevaṃ timiraṃ na śāmyet tatastarpaṇamācāret-kuryāt |
§ 20428

6.13.75 Aṣṭāṅgahr̥dayasam̐hitā

śatāhvākuṣṭhanaladakākolīdvayaṣṭibhiḥ | | 58 | |
prapauṇḍarīkasaralapippalīdevadārubhiḥ | | 59 | |
sarpiraṣṭagaṇakṣīraṃ pakvaṃ
tarpaṇamuttamam | | 59 | | § 20431

6.13.76 Sarvāṅgasundarā

śatapuṣpādibhirghṛtamaṣṭagaṇakṣīraṃ pakvaṃ śreṣṭhaṃ
tarpaṇam | § 20432

6.13.77 Aṣṭāṅgahr̥dayasaṃhitā

medasastadvadaiṇeyāddugdhasiddhāt khajāhatāt | | 60 | |
uddhṛtaṃ sādhitam tejo
madhukośīracandanaiḥ | | 60 | | § 20434

6.13.78 Sarvāṅgasundarā

tathaiva kṛṣṇahariṇānmedaso dugdhe siddhāt khajenāloḍ-
itāt teja uddhṛtya madhikośīracandanaiḥ saha pakvaṃ ta-
rpaṇamuttamam | § 20435

6.13.79 Aṣṭāṅgahr̥dayasaṃhitā

śvāvicchalyakagodhānām dakṣatittiribarhiṇām | | 61 | |
pṛthakpṛthaganaiva vidhinā
kalpayedvasām | | 61 | | § 20437

6.13.80 Sarvāṅgasundarā

śvāvidādīnām pṛthaganaiva vidhinā vasām kalpayet |
§ 20438

6.13.81 Aṣṭāṅgahr̥dayasaṃhitā

prasādanam snehanam ca puṭapākam
prajayet | | 62 | | § 20439

6.13.82 Sarvāṅgasundarā

puṭapākam tu prasādanam snehanam ca-tarpaṇapuṭapākavidhyuktaṃ
(hṛ.sū.a. 24/14-16), prajayet | § 20440

6.13.83 Aṣṭāṅgahr̥dayasaṃhitā

vātapīnasavaccātra nirūhaṃ sānuvāsanam | | 62 | | § 20441

6.13.84 Sarvāṅgasundarā

atra ca-vātaḥ timire, vātapīnasa iva nirūhamanuvāsanam
ca prayojayet § 20442

6.13.85 Aṣṭāṅgahr̥dayasaṃhitā

pittaje timire sarpirjīvanīyaphalatrayaiḥ | | 63 | |
vipācitam pāyayitvā snigdhasya
vyadhayetsirām | | 63 | | § 20444

6.13.86 Sarvāṅgasundarā

pittaje timire jīvanīyaiḥ phalatrikena ca pakvam sarpiḥ pā-
yayitvā tataḥ snigdhasya sataḥ sirām vyadhayet | § 20445

6.13.87 Aṣṭāṅgahr̥dayasaṃhitā

śarkarailātrivṛccūrṇairmadhuyuktairvirecayet | | 64 | | § 20446

6.13.88 Sarvāṅgasundarā

śarkarādibhiḥ samākṣikairviracayet | § 20447

6.13.89 Aṣṭāṅgahr̥dayasaṃhitā

suśītān sekalepādīn
yuñjyānetrāsya mūrdhasu | | 64 | | § 20448

6.13.90 Sarvāṅgasundarā

netrāsyaśiraḥsu cātīśīran sekalepādīn yuñjyāt | § 20449

6.13.91 Aṣṭāṅgahṛdayasaṃhitā

sārivāpadmakośīramuktāśābaracandanaiḥ | | 65 | |
vartiḥ śastā+añjane, cūrṇastathā
patrotpalāñjanaiḥ | | 65 | |
sanāgapuṣpakarpūrayaṣṭyāhvasvarṇagairikaiḥ | | 66 | | § 20452

6.13.92 Sarvāṅgasundarā

sārivādibhirvartirañjane śastā | tathā patrādibhiścūrṇo+añjanaṃ
śastam | § 20453

6.13.93 Aṣṭāṅgahṛdayasaṃhitā

sauvīrāñjanatutthakaśṛṅgīdhātrīphalaspṛaṭikakarpū-
tam | | 67 | |
pañcāṃśam pañcāṃśam
tryaṃśamathaikāṃśamañjanaṃ
timiraghanam | | 67 | | § 20455

6.13.94 Sarvāṅgasundarā

sauvīrāñjanādikamañjanaṃ śastam | kiyatkiyatpramāṇam
? ityāha-pañcāṃśamityādi | tadevaṃ pañca bhāgāḥ sau-
vīrāñjanasya, pañcaiva tutthakasya, śṛṅgyāmalakānāṃ bh-
āgāstrayaḥ, spṛaṭikakarpūrasya bhāga ekaḥ, iti sthitam |
5 evametadañjanaṃ timirahr̥t kuryāt | gītirāryeyam | § 20456

6.13.95 Aṣṭāṅgahṛdayasaṃhitā

nasyaṃ cājyaṃ śṛtam
kṣīrajīvanīyasitotpalaiḥ | | 67 | | § 20457

6.13.96 Sarvāṅgasundarā

kṣīreṇa caturguṇena jīvanīyādibhirājyaṃ-ghṛtam, pakvaṃ
nasye śreṣṭham | § 20458

6.13.97 Aṣṭāṅgahr̥dayasaṃhitā

śleṣmodbhava+amṛtākṡvāthavarākaṇaśṛtaṃ
ghṛtaṃ | | 68 | |
vidhyetsirāṃ pītavato dadyāccānu
virecanam | | 68 | |
kvāthaṃ pūgābhayāśuṅṭhīkr̥ṣṇākumbhaniku-
mbhajam | | 69 | | § 20461

6.13.98 Sarvāṅgasundarā

śleṣmotthatimire+amṛtādibhiḥ pakvaṃ ghṛtaṃ pītavataḥ
sirāṃ vidhyet | virecanam ca pūgādibhiḥ kvāthaṃ da-
dyāt | § 20462

6.13.99 Aṣṭāṅgahr̥dayasaṃhitā

hnīberadārudviniśākṡṛṣṇākalkaiḥ payonvitaiḥ | | 69 | |
dvipañcamūlaniryūhe tailaṃ pakvaṃ ca
nāvanam | | 70 | | § 20464

6.13.100 Sarvāṅgasundarā

hnīberādibhiḥ kalkitaiḥ payonvitaradvirpañcamūlakvāthe
tailaṃ pakvaṃ nāvanam hitam | § 20465

6.13.101 Aṣṭāṅgahr̥dayasaṃhitā

śaṅkhapriyaṅgunepālīkaṭutrikaphalatrikaiḥ | | 70 | |
ḍṛgvaimalyāya vimalā vartiḥ
syāt----- | | 71 | | § 20467

6.13.102 Sarvāṅgasundarā

śaṅkhādibhirdṛgvaimalyāya vimalākhyeyaṃ vartirhitā syāt |
§ 20468

6.13.103 Aṣṭāṅgahr̥dayasaṃhitā

-----kokilā punaḥ | |71| |
kṛṣṇaloharajovyōśasaindhavatriphalāñjanaiḥ | |71| | § 20470

6.13.104 Sarvāṅgasundarā

kṛṣṇalohādibhiḥ kokilākhyā vartiḥ | § 20471

6.13.105 Aṣṭāṅgahr̥dayasaṃhitā

śaśagokharasiṃhoṣṭradvijā lālāṭamasthi ca | |72| |
śvetagovālaricaśaṅkhacandanaphenakam | |72| |
piṣṭaṃ stanyājadugdhābhyāṃ
vartistimiśukrajit | |73| | § 20474

6.13.106 Sarvāṅgasundarā

śaśādijā dvijāḥ-dantāḥ, eṣāmeva lālāṭaṃ-lalāṭe bhavama-
sthi, tathā śvetagovālādīni, strīkṣīracchāgadugdhābhyāṃ
piṣṭā vartistimiraśukraharetyarthaḥ | § 20475

6.13.107 Aṣṭāṅgahr̥dayasaṃhitā

raktaje pittavatsiddhiḥ śītaiścāśraṃ
prasādayet | |73| | § 20476

6.13.108 Sarvāṅgasundarā

raktaje timire pittavadupakramah | [śītaiḥ-] śītavīryaiḥ śī-
tasparśairannapānaūśadhasekalepādibhiśca, raktaṃ pras-
ādayet | § 20477

6.13.109 Aṣṭāṅgahṛdayasaṃhitā

drākṣayā naladarodhrayaṣṭibhiḥ

śaṅkhatāmrāhimapadmapadmakaiḥ | |74| |
rasrajaṃ timiramāśu naśyati | |74| | § 20479

6.13.110 Sarvāṅgasundarā

drākṣādibhiśchāgalīdugdhapiṣṭaiḥ śīghraṃ raktotthaṃ ti-
miraṃ naśyati | § 20480

6.13.111 Aṣṭāṅgahṛdayasaṃhitā

saṃsargasannipātotthe yathādoṣodayaṃ
kriyā | |75| | § 20481

6.13.112 Sarvāṅgasundarā

saṃsargaje sannipātaḥ ca timire yathādoṣodrekaṃ cikitsi-
tam | § 20482

6.13.113 Aṣṭāṅgahṛdayasaṃhitā

siddhaṃ madhūkakṛmijīmaricāmaradārūbhiḥ | |75| |
sakṣīraṃ nāvanaṃ tailaṃ piṣṭairlepo mukhasya
ca | |76| | § 20484

6.13.114 Sarvāṅgasundarā

madhūkādibhiḥ sakṣīraṃ tailaṃ siddhaṃ nāvanaṃ hi-
tam | madhūkādibhireva jalena piṣṭairmukhalepo hitaḥ |
§ 20485

6.13.115 Aṣṭāṅgahr̥dayasaṃhitā

natanīlotpalānantāyaṣṭyāhvasuniṣaṅṅakaiḥ | |76| |
sādhitam nāvane tailam śirobastau ca
śasyate | |77| | § 20487

6.13.116 Sarvāṅgasundarā

natādibhiḥ sādhitam tailam nāvane śirobastau ca śasyate |
§ 20488

6.13.117 Aṣṭāṅgahr̥dayasaṃhitā

dadyāduśīraniryūhe cūrṇitam kaṇasaindhavam | |77| |
tatsrutam saghr̥tam bhūyaḥ pacetkṣaudram
ghane kṣipet | |78| |
śīte cāsmin hitamidam sarvaje
timire+añjanam | |78| | § 20491

6.13.118 Sarvāṅgasundarā

uśīrakvāthe pippalīsaindhavam rajīkr̥tam dadyāt | tacca
srutam sat ghr̥tānvitam punaḥ pacet | ghane cāsmin śīte
ca kṣaudram kṣipet | etat sarvotthe timire hitamañjanam |
§ 20492

6.13.119 Aṣṭāṅgahr̥dayasaṃhitā

asthīni majjapūrṇāni sattvānām rātricāriṇām | |79| |
srotojāñjanayuktāni vahatyambhasi
vāsayet | |79| |
māsam viṃśatirātram vā tataścoddhr̥tya
śoṣayet | |80| |
sameṣāsr̥ṅgīpuṣpāni sayāṣṭyāhvāni
tānyanu | |80| |
cūrṇitānyañjanam śreṣṭham timire
sānnipātike | |81| | § 20497

6.13.120 Sarvāṅgasundarā

rātricāriṇām prāṇināmasthīni majjapūrṇāni srotoṅjanayuk-
tāni jale vahati māsam viṃśatirvā niśā vāsayet | tataḥ-
paścāt, uddhr̥tya śoṣayet | tani ca meṣaśṛṅgīpuṣpairyutāni
madhūkena ca, cūrṇitāni sānnipātike timire+añjanam śre-
ṣṭham | § 20498

5

6.13.121 Aṣṭāṅgahṛdayasaṃhitā

kāce+apyeṣā kriyā muktvā sirām, yantranipīḍitāḥ | | 81 | |
āndhyāya syurmalā dadyātsrāvyē tvasre
jalaukaṣaḥ | | 82 | | § 20500

6.13.122 Sarvāṅgasundarā

kāce+apyayeṣā-pūrvoditā kriyā, sirām hitvā | sirā+api ka-
smānnumīyate ? ityāha-yantreyādi | siropayogiyant-
ranipīḍitā malā āndhyāya yataḥ syuḥ | srāvyē tu rakte jalau-
kaso dadyāt | § 20501

6.13.123 Aṣṭāṅgahṛdayasaṃhitā

guḍaḥ pheno+añjanam kṛṣṇā maricaṃ
kuṅkumādrajaḥ | | 82 | |
rasakriyeyam sakṣaudrā
kācayāpanamañjanam | | 83 | | § 20503

6.13.124 Sarvāṅgasundarā

guḍādayo rasakriyā kṣaudrānviteyam kācayāpanamañja-
nam | § 20504

6.13.125 Aṣṭāṅgahṛdayasaṃhitā

nakulandhe tridoṣothe taimiryavihito
vidhiḥ | | 83 | | § 20505

6.13.126 Sarvāṅgasundarā

nakulāndhe tridoṣaje timiravihito vidhiḥ kāryaḥ | § 20506

6.13.127 Aṣṭāṅgahr̥dayasaṃhitā

rasakriyā ghṛtakṣaudragomayasvarasadrutaiḥ | | 84 | |
tārksyagairikatālīsairniśāndhe
hitamañjanam | | 84 | | § 20508

6.13.128 Sarvāṅgasundarā

ghṛtādidrutai rasāñjanādibhirniśāndhe rasakriyā hitama-
ñjanam | § 20509

6.13.129 Aṣṭāṅgahr̥dayasaṃhitā

daghnā vighṛṣṭaṃ maricaṃ
rātryandhe+añjanamuttamam | | 85 | | § 20510

6.13.130 Sarvāṅgasundarā

dadhnā vighṛṣṭaṃ maricaṃ rātryandhe śreṣṭhamañja-
nam | § 20511

6.13.131 Aṣṭāṅgahr̥dayasaṃhitā

karañjikotpalasvarṇagairikāmbhojakesaraiḥ | | 85 | |
piṣṭairgomayatoyena
vartidoṣāndhanāśinī | | 86 | | § 20513

6.13.132 Sarvāṅgasundarā

karañjikādibhirgomayarasena piṣṭairvartirnaktāndhyahṛt |
§ 20514

6.13.133 Aṣṭāṅgahr̥dayasaṃhitā

ajāmūtreṇa vā kauntīkṛṣṇāsrotojasaindhavaiḥ | | 86 | |
kālānusārītrikātutriphalālamanaḥśilāḥ | | 87 | |
saphenāśchāgadugdhenā rātryandhe vartayo
hitāḥ | | 87 | | § 20517

6.13.134 Sarvāṅgasundarā

ajāmūtreṇa piṣṭaiḥ kauntyādibhirvā vartirniśāndhyagnī |
saṃ-kālānusāryādayo+ajākṣīreṇa piṣṭā vartayo niśāndhe
hitāḥ | § 20518

6.13.135 Aṣṭāṅgahr̥dayasaṃhitā

sanniveśya yakṛṇmadhye pippalīradahanpacet | | 88 | |
tāḥ śuṣkā madhunā ghr̥ṣṭā niśāndhe
śreṣṭhamañjanam | | 88 | | § 20520

6.13.136 Sarvāṅgasundarā

pippalīryakṛṇmadhye sanniveśyādahan pacet | tataḥ pi-
ppalyaḥ śuṣkā madhughr̥ṣṭā rātryandhe paramañjanam |
§ 20521

6.13.137 Aṣṭāṅgahr̥dayasaṃhitā

khādecca plīhayakṛtī māhiṣe tailasarpīṣā | | 89 | | § 20522

6.13.138 Sarvāṅgasundarā

māhiṣe ca plīhayakṛtī tailasarpīṣā saha bhakṣayet | § 20523

6.13.139 Aṣṭāṅgahr̥dayasaṃhitā

ghṛte siddhāni jīvantiyāḥ pallavāni ca bhakṣayet | | 89 | |
tathā+atimuktakairaṇḍāsophālyabhīrujāni
ca | | 90 | |
bhṛṣṭaṃ ghṛtaṃ kumbhayoneḥ patraiḥ pāne ca
pūjitam | | 90 | | § 20526

6.13.140 Sarvāṅgasundarā

jīvantiyāśca pallavāni sarpiṣā pakvāni bhuñjīta | tathā ati-
muktakādīni patrāṇi ghṛtasiddhāni khādet | agastipatraiḥ
sarpiḥ siddhaṃ pāne ca pūjitam | § 20527

6.13.141 Aṣṭāṅgahr̥dayasaṃhitā

dhūmarākhyāmlapittoṣṇavidāhe jīrṇasarpiṣā | | 91 | |
snigdhaṃ veracayecchītaiḥ śītordihyācca
sarvataḥ | | 91 | | § 20529

6.13.142 Sarvāṅgasundarā

amlapittoṣṇairvidāho-vidagdhatvaṃ, amlapittoṣṇavidāhaḥ |
dhūmarākhyāścāmlapittoṣṇavidāhaśca tasmin | tatra dhūmarākhyāḥ-
"śokajvarādi" (a. 12/29) ityādi lakṣaṇaḥ | "bhṛśamamlā-
śanāt" (a. 12/28) ityādinā+amlavidagdhā | "bhavetpitta-
5 vidagdhākhyā" (a. 12/16) iti pittavidagdhā | "uṣṇatapta-
sya" (a. 12/26) ityādinā uṣṇāvidagdheti | tasmin dhūmarā-
khyāmlapittoṣṇavidāhe+atipurāṇasarpiṣā+abhyaktaṃ sn-
igdhaṃ śītairviśodhayet | śītaiśca sarvato lepayet | § 20530

6.13.143 Aṣṭāṅgahr̥dayasaṃhitā

gośakṛdrasadugdhājyairvipakvaṃ
śasyate+añjanam | | 92 | |
svarṇagairikatālīsacūrṇāvāpā
rasakriyā | | 92 | | § 20532

6.13.144 Sarvāṅgasundarā

gośakṛdādibhirvapakvamañjanam śasyate | svarṇagairik-
ādīnām cūrṇairāvāpo yasyām sā, evaṃvidhā rasakriyā va
śasyate | § 20533

6.13.145 Aṣṭāṅgahṛdayasaṃhitā

medāsābarakānantāmañjiṣṭhādārviyaṣṭibhiḥ | | 93 | |
kṣīrāṣṭāmśam ghr̥tam pakvam satailam
nāvanam hitam | | 93 | | § 20535

6.13.146 Sarvāṅgasundarā

medādibhiḥ kṣīrāṣṭāmśam ghr̥tam tailasahitam pakvam
nāvanam hitam | § 20536

6.13.147 Aṣṭāṅgahṛdayasaṃhitā

tarpaṇam kṣīrasarpiḥ syādaśāmyati
sirāvyadhaḥ | | 94 | | § 20537

6.13.148 Sarvāṅgasundarā

kṣīrodbhavam sarpistarpaṇam hitam | evamaśāmyati sirā-
vyadhaḥ kāryaḥ | § 20538

6.13.149 Aṣṭāṅgahṛdayasaṃhitā

cintābhighātabhīśokaraukṣyāt sotkaṭakāsanāt | | 94 | |
virekanasyavamanapuṭapākādivibhramāt | | 95 | |
vidagdhāhāravamanāt
kṣuttrṣṇādividhāraṇāt | | 95 | |
akṣirogāvasānācca
paśyettimirarogivat | | 96 | | § 20542

6.13.150 Sarvāṅgasundarā

cintādibhiratimiravānapi timirarogīva paśyet | § 20543

6.13.151 Aṣṭāṅgahr̥dayasaṃhitā

yathāsvaṃ tatra yuñjīta doṣādīn vīkṣya
bheṣajam | | 96 | | § 20544

6.13.152 Sarvāṅgasundarā

[tatra-] tasmim̐sca timirarogisadr̥śadarśane, yathāyogaṃ
doṣadūṣyadeśādīn vīkṣyausadhaṃ prayuñjīta | § 20545

6.13.153 Aṣṭāṅgahr̥dayasaṃhitā

vilokanenopahatekṣaṇasya | | 97 | |
santarpaṇaṃ snigdhamādi kāryaṃ
tathāñjanaṃ hema ghr̥tena
ghr̥ṣṭam | | 97 | | § 20547

6.13.154 Sarvāṅgasundarā

sūryoparāgādivilokanenopahatadarśanasya snigdhamā-
ādi santarpaṇaṃ kāryam | ādiśabdenātisūkṣmātibhāsurā-
diparigrahaḥ | survaṇaṃ ca ghr̥tena ghr̥ṣṭamañjanaṃ hi-
tam | upājātivr̥ttam | § 20548

6.13.155 Aṣṭāṅgahr̥dayasaṃhitā

ryatnaḥ kartavyo jīvite yāvadicchā | | 98 | |
vyartha loko+ayaṃ tulyarātriṃdivānāṃ
puṃsāmandhānāṃ vidyamāne+api
vitte | | 98 | | § 20550

6.13.156 Sarvāṅgasundarā

netrarakṣāyāṃ sadā yatno vidheyo yāvajjīvitābhilāṣitvam |
yasmādandhānāṃ tulyarātrimdivānāṃ puṃsāṃ vidya-
māne+api dhane loka eva nirarthakaḥ syāt | rātrimdi-
vaśabdo+atrācaturādisūtre nipātitaḥ | vaiśvadevīvṛttam |
§ 20551

5

6.13.157 Aṣṭāṅgahṛdayasaṃhitā

rmanaso nirvṛtirañjanaṃ sanasyam | | 99 | |
śakunāśanatā sapādapūjā ghṛtapānaṃ ca
sadaiva netrarakṣā | | 99 | | § 20553

6.13.158 Sarvāṅgasundarā

triphalādikaṃ sadaiva-sarvakālaṃ, netrarakṣā syāt | § 20554

6.13.159 Aṣṭāṅgahṛdayasaṃhitā

rbhṛśabhās vaccalasūkṣmavīkṣaṇācca | | 100 | |
muninā niminopadaṣṭametata paramaṃ
rakṣaṇamīkṣaṇasya puṃsāṃ | | 100 | |
tāyāmaṣṭāṅgahṛdayasaṃhitāyāṃ ṣaṣṭhe uttara
sthāne timirapraṭiṣedho nāma
trayodaśo+adhyāyaḥ | | 13 | | § 20557

6.13.160 Sarvāṅgasundarā

ahitādāhārāt satataṃ nivṛttiḥ, atibhāsurādyālokanāccopa-
ratiḥ, ityetannimināmṛā muninā paramaṃ nṛṇāṃ nayana-
sya rakṣaṇamuditam | aupacchandasiḥ(ke) vṛttam(tte) |
iti śrīmr̥gāṅkadattaputraśrīmadaruṇadattaviracitāyāmaṣṭā-
ṅgahṛdaya- ṭīkāyāṃ sarvāṅgasundarākhyāyāṃ ṣaṣṭhe utt- 5
arasthāne timira- praṭiṣedho nāma trayodaśo+adhyāyaḥ
samāptaḥ | | 13 | | § 20558

6.14 liṅganāśapraṭiṣedhādhyāyaḥ : 14

6.14.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto liṅganāśapraṭiṣedham vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātrayādayo maharṣayaḥ | | 2 | |
) vidhyetsujātaṃ niḥprekṣyaṃ liṅganāśaṃ
kaphodbhavam | | 1 | |
āvartakyādibhiḥ
ṣaḍbhirvivarjitamupadravaiḥ | | 1 | | § 20562

6.14.2 Aṣṭāṅgahr̥dayasaṃhitā

liṅganāśastimirapraṭiṣedhātpr̥thagucyate,
bahuvaktavyatvāt | sa0-sujātaṃ-suṣṭhu
ghanībhūtaṃ, liṅganāśaṃ niḥprekṣyaṃ
kaphodbhavaṃ vidhyet | śeṣāstu liṅganāśā
asādhyā iti na tān vidhyet |
tathā+a+āvartakyādibhirvakṣyamānaiḥ
ṣaḍbhirupadravairvivarjitam | § 20563

6.14.3 Aṣṭāṅgahr̥dayasaṃhitā

so+asañjāto hi viṣamo dadhimastunibhastanuḥ | | 2 | |
śalākayā+avakṛṣṭo+api punarūrdhvaṃ
prapadyate | | 2 | |
karoti vedanāṃ tīvrāṃ dr̥ṣṭiṃ ca
sthagayetpunaḥ | | 3 | |
śleṣmalaiḥ pūryate cāsu so+anyaiḥ
sopadravaścirāt | | 3 | | § 20567

6.14.4 Sarvāṅgasundarā

sa liṅganāśo yasmādasañjāto viṣamo-na samasaṃsthā-
naḥ, tathā dadhimastusadr̥śastathā tanuḥ-na ghanāḥ, śa-

lākayā+avakṛṣṭo+api san punarūrdhvam pravartate | tī-
vrāṃ rujam karoti | punarapi-kṛtavyadho+api san bh-
ūyo+api, dr̥ṣṭimācchādayet | śleṣmalairāhārairāṣu pūrya-
ate | so+aparaiśca-aśleṣmalairāhāraiḥ, sopadravai(va)ściraṭpūryate |
§ 20568 5

6.14.5 Aṣṭāṅgahr̥dayasaṃhitā

ślaiṣmiko liṅganāśo hi sitatvācchleṣmaṇaḥ sitaḥ | | 4 | |
tasyānyadoṣābhibhavādbhavatyānīlatā
gadaḥ | | 4 | | § 20570

6.14.6 Sarvāṅgasundarā

yasmācchlaiṣmiko liṅganāśaḥ śleṣmaṇaśca śuklatvācchuklaḥ | tasya-
liṅganāśasya, anyadoṣeṇa-vātādinā, abhibhavādānīlatā bh-
avati gadaḥ | § 20571

6.14.7 Aṣṭāṅgahr̥dayasaṃhitā

ślaiṣmiko liṅganāśo hi sitatvācchleṣmaṇaḥ sitaḥ | | 4 | |
tasyānyadoṣābhibhavādbhavatyānīlatā
gadaḥ | | 4 | | § 20573

6.14.8 Sarvāṅgasundarā

yasmācchlaiṣmiko liṅganāśaḥ śleṣmaṇaśca śuklatvācchuklaḥ | tasya-
liṅganāśasya, anyadoṣeṇa-vātādinā, abhibhavādānīlatā bh-
avati gadaḥ | § 20574

6.14.9 Aṣṭāṅgahr̥dayasaṃhitā

śarkarā+arkapayoleśaniciteva nānāti ca | | 5 | | § 20575

6.14.10 Sarvāṅgasundarā

śarkarā+arkakṣīralavanicitēva tathā+atiṇana syāt | § 20576

6.14.11 Aṣṭāṅgahr̥dayasaṃhitā

rājīmatī dṛṇnicitā śālīsūkābharājibhiḥ | | 6 | | § 20577

6.14.12 Sarvāṅgasundarā

rājīmatī dṛṣṭiḥ śālīsūkasadṛśībhī rājībhirnicitā syāt | § 20578

6.14.13 Aṣṭāṅgahr̥dayasaṃhitā

viṣamacchinnadagdhābhā saruk chinnāṃśukā
smṛtā | | 6 | | § 20579

6.14.14 Sarvāṅgasundarā

viṣamā chinnadagdhābhā tathā sarujā chinnāṃśukā dṛṣṭiḥ
smṛtā | § 20580

6.14.15 Aṣṭāṅgahr̥dayasaṃhitā

dṛṣṭiḥ kāṃsyasamacśāyā candrakī
candrakākṛtiḥ | | 7 | | § 20581

6.14.16 Sarvāṅgasundarā

candrakī dṛṣṭiḥ kāṃsyatulyacchāyā candrakākārā syāt |
§ 20582

6.14.17 Aṣṭāṅgahr̥dayasaṃhitā

chatrābhā naikavarṇā ca chatrakī nāma nīlikā | | 7 | | § 20583

6.14.18 Sarvāṅgasundarā

chatrābhā+anekavarṇā ca chatrakī nāma nīlikā syāt | § 20584

6.14.19 Aṣṭāṅgahr̥dayasam̐hitā

na vidhyedasirārḥāṇaṃ na tṛtpīnasakāsinām | | 8 | |
nājīrṇabhīruvamitaśiraḥkarṇākṣisūlinām | | 8 | | § 20586

6.14.20 Sarvāṅgasundarā

asirārḥādīnāṃ narāṇaṃ liṅganāśaṃ na vidhyet | § 20587

6.14.21 Aṣṭāṅgahr̥dayasam̐hitā

atha sādḥāraṇe kāle śuddhasambhojitātmanaḥ | | 9 | |
deśe prakāśo pūrvāhṇe
bhiṣagjānūccapīṭhagaḥ | | 9 | |
yantritasyopaviṣṭasya svinnākṣasya
mukhānilaiḥ | | 10 | |
aṅguṣṭhamṛdite netre dṛṣṭau dṛṣṭvotplutaṃ
malam | | 10 | |
svāṃ nāsāṃ prekṣamāṇasya niṣkampam 5
mūrdhni dhārite | | 11 | |
kṛṣṇādardhāṅgulaṃ muktvā
tathā+ardhārdhamapāṅgataḥ | | 11 | |
tarjanīmadhyamāṅguṣṭhaiḥ śalākāṃ niṣcalaṃ
dhṛtām | | 12 | |
daivacchidraṃ nayetpārśvādūrdhvamāmantha-
yanniva | | 12 | |
savyaṃ dakṣiṇahastena netraṃ savyena
cetarāt | | 13 | |
vidhyet----- 10
| | 13 | | § 20597

6.14.22 Sarvāṅgasundarā

atheti maṅlārthaḥ | kṛtamaṅgalasya śuddhasya tathā sam-
bhojitātmana āturyasya sādharane kāle prakāṣe deṣe pū-
rvāhṇe jānutulyāsanasthito vaidya āturyasya yantritasypop-
aviṣṭasya, tathā svinne+akṣiṇī yasya tasya svinnākṣasya |
5 kaiḥ ? mukhavāyubhiḥ | tathā+aṅguṣṭhena malite nayane
sati dṛṣṭau malamutplutaṃ-udgataṃ dṛṣṭvā, svāṃ nāsi-
kāṃ vīkṣamāṇasya mūrdhni niṣkampam dhārite sati kṛṣṇ-
amaṇḍalādardhāṅgulaṃ hitvā+apāṅgāccāṅgulacaturbhāgam
10 muktva tarjanīmadyamāṅguṣṭhaiḥ śalākāṃ niścalaṃ ya-
thā bhavati tathā dhṛtāṃ daivacchidrasya pārśvam na-
yet ūrdhvamāloḍayanniva | savyaṃ netraṃ dakṣiṇakar-
eṇa, vāmena ca hastena dakṣiṇamakṣi, vidhyet | § 20598

6.14.23 Aṣṭāṅgahr̥dayasaṃhitā

-----suviddhe śabdaḥ syādaruk cāmbulavasrutiḥ | | 13 | |
sāntvayannāturaṃ cānu netraṃ stanyena
secayet | | 14 | |
śalākāyāstato+agreṇa
nirlikheṇnetramaṇḍalam | | 14 | |
abādhamānaḥ śanakairnāsāṃ prati
nudaṃstataḥ | | 15 | |
5 ucchiṅghanāccāpaharedḍṛṣṭimaṇḍalagaṃ
kapham | | 15 | |
sthire doṣe cale vā+ati svedayedakṣi
bāhyataḥ | | 16 | |
atha dṛṣṭeṣu rūpeṣu
śalākāmāharecchanaiḥ | | 16 | |
ghṛtāplutaṃ picuṃ dattvā baddhākṣam
śāyayettataḥ | | 17 | |
viddhādanyena pārśvena tamuttānaṃ
dvayorvyadhe | | 17 | |
10 nivāte śayane+abhyaktaśiraḥpādaṃ hite
ratam | | 18 | | § 20608

6.14.24 Sarvāṅgasundarā

suviddhe sati śabdaḥ syāt | tathā+arug jalalavasya ca sr-
utiḥ syāt | sāntvayan rogiṇamanu-paścāt, netraṃ stany-
ena secayet | tataḥ-anantaraṃ, śalākāyā agreṇa dr̥ṣṭima-
ṇḍalaṃ nirlikhet | katham ? apīḍayan | tathā śanairnāsāṃ 5
prati kaphaṃ nudan | tata ucchiṅghanācca dr̥ṣṭimaṇḍa-
lagaṃ kaphaṃ haret | doṣe cale sthire vā satyakṣibāhy-
ato+ati svedayet | anantaraṃ rūpeṣu-vastuṣu, dr̥ṣṭeṣu sa-
tsu śanaiḥ śalākāmārkarṣet | tato ghr̥tāplutaṃ picuṃ da-
ttvā paṭṭikayā baddhākṣaṃ vidhdādanyena pārśvena śā- 10
yayet | dvayorakṣṇorvyadhe sati tamuttānaṃ nivāte śay-
ane+abhyaktaśiraḥ pādaṃ hite rataṃ śāyayet | § 20609

6.14.25 Aṣṭāṅgahr̥dayasaṃhitā

kṣavathuṃ kāsamudgāraṃ ṣṭhīvanaṃ
pānamambhasaḥ | | 18 | |
adhomukhasthitim snānaṃ
dantadhāvanabhakṣaṇam | | 19 | |
saptāhaṃ nācāretsnehapītavaccātra
yantraṇā | | 19 | | § 20612

6.14.26 Sarvāṅgasundarā

kṣavathvādīn saptāhaṃ nācāret | atra ca snehapīta iva ya-
ntraṇā | § 20613

6.14.27 Aṣṭāṅgahr̥dayasaṃhitā

śaktito lañnayetseko ruji koṣṇena sarpiṣā | | 20 | |
savyoṣāmalakaṃ vāṭyamaśnīyātsaṅṛtaṃ
dravam | | 20 | |
vilepīm vā tryahāccāsyā kvāthairmuktivā+akṣi
secayet | | 21 | |
vātañnaiḥ saptame tvahni sarvathaivākṣi
mocayet | | 21 | | § 20617

6.14.28 Sarvāṅgasundarā

śaktyanusāreṇa ca taṃ laṅghayet | pīḍāyāṃ satyāṃ ko-
ṣṇena ghr̥tena seko hitaḥ | tathā vyoṣāmalakayuktaṃ vā-
ṭhyaṃ dravaṃ saghr̥taṃ tryahaṃ bhuñjīta vilepikāṃ vā |
tryahādantaraṃ nayanāṃ muktvā kvāthairvātaghnaiḥ se-
5 vayet | saptame tu dine sarvathairvākṣi mocayet | § 20618

6.14.29 Aṣṭāṅgahr̥dayasaṃhitā

yantraṇāmanurudhyeta dṛṣṭerāsthairyalābhataḥ | | 22 | |
rūpāṇi sūkṣmadīptāni sahasā
nāvalokayet | | 22 | | § 20620

6.14.30 Sarvāṅgasundarā

dṛṣṭeśca yantraṇāṃ kuryāt | atisūkṣmabhāsurādīn nekṣet-
etyarthaḥ | sthairyalābhō yāvadakṣṇi syāt | sthirībhūtāyā-
mapi dṛṣi sūkṣmaṇi rūpāṇi bhāsurāṇi ca sahasā nāvaloka-
yet | § 20621

6.14.31 Aṣṭāṅgahr̥dayasaṃhitā

śopharāgarujādīnāmadhimanthasya codbhavaḥ | | 23 | |
ahitairvedhadoṣācca yathāsvaṃ
tānupācaret | | 23 | | § 20623

6.14.32 Sarvāṅgasundarā

ahitairācaritaistathā vedhadoṣācca śophādīnāmadhima-
nthasya codbhūtiḥ | tāṃśca yathāyogamupakramet | § 20624

6.14.33 Aṣṭāṅgahr̥dayasaṃhitā

kalkitāḥ saghr̥tā dūrvāyavagairikasārivāḥ | | 24 | |
mukhālepe prayoktavyā
rujārāgopaśāntaye | | 24 | | § 20626

6.14.34 Sarvāṅgasundarā

dūrvādayaḥ kalkitāḥ saghṛtā mukhālepe prayoktavyā rū-
grāgaśamāya | § 20627

6.14.35 Aṣṭāṅgahr̥dayasaṃhitā

sasarsapāstilāstadvanmātuluṅgarasāplutāḥ | | 25 | | § 20628

6.14.36 Sarvāṅgasundarā

tilāḥ sarsapayuktā bījapūrarasāplutāḥ pūrvaguṇāḥ | § 20629

6.14.37 Aṣṭāṅgahr̥dayasaṃhitā

payasyāsārivāpatramañjiṣṭhāmadhuyasṭibhiḥ | | 25 | |

ajākṣīrayutairlepaḥ sukhoṣṇaḥ
śarmakṛtparam | | 26 | | § 20631

6.14.38 Sarvāṅgasundarā

payasyādibhiśchāgākṣīrānvitaiḥ sukhoṣṇo lepaḥ paraṃ
sukhakṛt | § 20632

6.14.39 Aṣṭāṅgahr̥dayasaṃhitā

rodhrasaindhavamṛdvīkāmadhukaiśchāgalaṃ

payāḥ | | 26 | |
śṛtamāścyotanaṃ yojyaṃ
rujārāgavināśanam | | 27 | | § 20634

6.14.40 Sarvāṅgasundarā

rodhrādibhirajākṣīraṃ śṛtamāścyotane yojyaṃ rujādiḥṛt |
§ 20635

6.14.41 Aṣṭāṅgahr̥dayasaṃhitā

madhukotpalakuṣṭhairva
drākṣālākṣāsītānvitaiḥ | | 27 | | § 20636

6.14.42 Sarvāṅgasundarā

madhukādibhirvā śṛtamajākṣīramāścyotanaṃ hitam | § 20637

6.14.43 Aṣṭāṅgahr̥dayasaṃhitā

vātaghnasiddhe payasi śṛtaṃ sarpiścaturguṇe | | 28 | |
padmakādipratīvāpaṃ sarvakarmasu
śasyate | | 28 | |
sirāṃ tathā+anupaśame snigdhasvinnasya
mokṣayet | | 29 | |
manthoktāṃ ca kriyāṃ kuryādvedhe
rūḍhe+añjanaṃ mṛdu | | 29 | | § 20641

6.14.44 Sarvāṅgasundarā

vātaghnaśṛte kṣīre caturguṇe sarpiḥ padmakādipratīvā-
paṃ sarvakarmasu śasyate | saṃ-evamapyanupaśāntau
snigdhasvinnasya sirāṃ mokṣayet | manthoktaṃ copakr-
amaṃ yuñjīta | vedhe rūḍhe sati mṛdvañjanaṃ hitam |
§ 20642

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6.14.45 Aṣṭāṅgahr̥dayasaṃhitā

āḍhakīmūlamaricaharītālarasāñjanaiḥ | | 30 | |
viddhe+akṣṇi saguḍā vartiryojyā
divyāmbupeṣitā | | 30 | | § 20644

6.14.46 Sarvāṅgasundarā

āḍhakyādibhiḥ saguḍā vartirdivyāmbupiṣṭhā viddhe nay-
ane yojyā | § 20645

6.14.47 Aṣṭāṅgahr̥dayasaṃhitā

jātīśirīṣadhavameṣaviṣāṇipuṣpa
vaiḍūryamauktikaphalaṃ payasā
supiṣṭam | | 31 | |
ājena tāmramamunā pratanu pradigdhaṃ
saptāhataḥ punaridaṃ payasaiva
piṣṭam | | 31 | |
piṇḍāñjanaṃ hitamanātapasuṣkamakṣṇi viddhe
prasādajananam balakṛcca
dr̥ṣṭeḥ | | 32 | | § 20648

6.14.48 Sarvāṅgasundarā

jātyādikamajākṣīreṇa ślakṣṇapiṣṭametena ca tāmraṃ prat-
anu pradigdhaṃ saptāhātpunarajākṣīreṇa caitat piṣṭam pi-
ṇḍāñjanaṃ chāyāsuṣkaṃ viddhe nayane prasādanam hi-
tam | dr̥ṣṭeśca balakṛt | § 20649

6.14.49 Aṣṭāṅgahr̥dayasaṃhitā

rasyaiva tulyamuditaṃ guṇakalpanābhiḥ | | 32 | |
yāmaṣṭāṅgahr̥dayasaṃhitāyām ṣaṣṭhe
uttarasthāne liṅganāśapraṭiṣedho nāma catu
rdaśo+adhyāyaḥ | | 14 | | § 20651

6.14.50 Sarvāṅgasundarā

srotojādibhirajākṣīrapīṣṭaiḥ piṇḍāñjanaṃ pūrvavaditi | va-
santatilakaṃ(ke) vṛttam(tte) | iti śrīmṛgāṅkadattaputraśrī-
madaruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭīkāyām sarvā-
ṅgasundarākhyāyām ṣaṣṭhe uttarasthāne liṅganāśapraṭiṣ-
edho nāma caturdaśo+adhyāyaḥ samāptaḥ | | 14 | | § 20652

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6.15 sarvākṣirogavijñāniyādhyāyaḥ : 15

6.15.1 Aṣṭāṅgahr̥dayasaṃhitā

vātena netre+abhiṣyaṇṇe nāsānāho+alpaśophaṭā | | 1 | |
śaṅkhākṣibhrūlalāṭasya
todasphuraṇabhedanam | | 1 | |
śuṣkālpa dūṣikā śītamacchaṃ cāśru calā
rujaḥ | | 2 | |
nimeṣonmeṣaṇaṃ kṛcchrājantūnāmiva
sarpaṇam | | 2 | |
5 akṣyādhmātamivābhāti sūkṣmaiḥ
śalyairivācitam | | 3 | |
snigdhoṣṇaiścopaśamanam
so+abhiṣyandaḥ----- | | 3 | | § 20658

6.15.2 Sarvāṅgasundarā

netre vātenābhiṣyaṇṇe nāsānāha ityādinā liṅgānirde-
śaḥ | snigdhoṣṇaiścopaśamanam-sukham, ityupaśayani-
rdeśaḥ | § 20659

6.15.3 Aṣṭāṅgahr̥dayasaṃhitā

-----upekṣitaḥ | | 3 | |
adhimantho bhavettatra karṇayornadanam
bhramaḥ | | 4 | |
araṇyeva ca mathyante
lalāṭākṣibhruvādayaḥ | | 4 | | § 20662

6.15.4 Sarvāṅgasundarā

vātabhiṣyando mohādupekṣito+adhimantho bhavet | tatr-
ādhimanthe, karṇanādādikaṃ syāt | araṇīśabdaḥ puṃstr-
īliṅgaḥ | § 20663

6.15.5 Aṣṭāṅgahr̥dayasaṃhitā

hatādhimanthaḥ so+api syāt pramādāttena
vedanāḥ | | 5 | |
anekarūpā jāyante vraṇo dr̥ṣṭau ca
dr̥ṣṭihā | | 5 | | § 20665

6.15.6 Sarvāṅgasundarā

adhimantho+api pramādādupekṣito hatādhimantho bha-
vet | tena-hatādhimanthena, anekarūpā rujā jāyante | vra-
ṇaśca dr̥ṣṭau dr̥ṣṭihā syāt | § 20666

6.15.7 Aṣṭāṅgahr̥dayasaṃhitā

manyākṣiśaṅkhato vāyuranyato vā pravartayan | | 6 | |
vyathāṃ tivrāmapaicśilyarāgaśophaṃ
vilocanam | | 6 | |
saṅkocayati paryaśru
so+anyatovātasamjñitaḥ | | 7 | | § 20669

6.15.8 Sarvāṅgasundarā

manyādibhyo vāyuranyato vā tivrāṃ vyathāṃ pravartayet
(yan) nayanam saṅkocayati | kimbhūtam ? paicśilyarāga-
śopharahitam | tathā paryaśru | sa anyatovātasamjñitaḥ |
§ 20670

6.15.9 Aṣṭāṅgahr̥dayasaṃhitā

tadvajjihmaṃ bhavennetramūnaṃ vā
vātaparyaye | | 7 | | § 20671

6.15.10 Sarvāṅgasundarā

tadvat-anyatovāta iva, jihmaṃ netramūnaṃ-hīnaṃ vā, vā-
taparyaye syāt | § 20672

6.15.11 Aṣṭāṅgahr̥dayasaṃhitā

dāho dhūmāyaṇaṃ śophaḥ śyāvātā vartmano
bahiḥ | | 8 | |
antaḥ kledo+aśru pītoṣṇaṃ rāgaḥ
pītābhadaśanaṃ | | 8 | |
kṣāroḥṣitakṣataḥṣitvaṃ
pittābhiṣyandalakṣaṇaṃ | | 9 | | § 20675

6.15.12 Sarvāṅgasundarā

dāha ityādi pittābhiṣyandalakṣaṇaṃ | § 20676

6.15.13 Aṣṭāṅgahr̥dayasaṃhitā

jvaladaṅgārakīrṇābhaṃ yakṛtṭpīṇḍasamaṇḍaprabhaṃ | | 9 | |
adhimanthe
bhavennetraṃ----- | | 10 | | § 20678

6.15.14 Sarvāṅgasundarā

adhimanthe jvaladaṅgārakīrṇābhaṃ yakṛtṭpīṇḍatulyābhaṃ
netraṃ bhavet | § 20679

6.15.15 Aṣṭāṅgahr̥dayasaṃhitā

-----syande tu kaphasambhave | | 10 | |
jāḍyaṃ śopha mahān
kaṇḍūrnidrā+annānabhinandanam | | 10 | |
sāndrasnigdhabahuśvetapicchāvaddūṣikāśrutā | | 11 | | § 20682

6.15.16 Sarvāṅgasundarā

kaphaje tu syande jāḍyādikaṃ syāt | § 20683

6.15.17 Aṣṭāṅgahr̥dayasaṃhitā

adhimanthe nataṃ kṛṣṇamunnataṃ
śuklamaṇḍalam | | 11 | |
praseko nāsikādhmānaṃ
pāṃśupūrṇamivekṣaṇam | | 12 | | § 20685

6.15.18 Sarvāṅgasundarā

adhimanthe kṛṣṇamaṇḍalam nataṃ śuklamaṇḍalam co-
nnataṃ prasekādi ca syāt | § 20686

6.15.19 Aṣṭāṅgahr̥dayasaṃhitā

raktāśrurājīdūṣikāraktamaṇḍaladarśanam | | 12 | |
raktasyandena nayanam
sapittasyandalakṣaṇam | | 13 | | § 20688

6.15.20 Sarvāṅgasundarā

raktasyandena raktāśrurājyādikam nayanam syāt | pitta-
syandalakṣaṇam ca | § 20689

6.15.21 Aṣṭāṅgahr̥dayasaṃhitā

manthe+akṣi
tāmraparyantamutpāṭanasamānaruk | | 13 | |
rogeṇa bandhūkanibham tāmyati
sparśanākṣamam | | 14 | |
asṛṇnimagnāriṣṭābham
kṛṣṇamagnyābhadarśanam | | 14 | | § 20692

6.15.22 Sarvāṅgasundarā

manthe sati tāmraparyantaṃ tathotpāṭanena samānā rug
yasya tadevaṃbhūtaṃ nayanam syāt | bandhūkapuṣpatu-

lyarāgam | tathā tāmyati sparśanākṣamaṃ lohitanimagn-
animbābhaṃ kṛṣṇaṃ pāvakasadr̥śaṃ ca darśanaṃ syāt |
§ 20693

6.15.23 Aṣṭāṅgahr̥dayasaṃhitā

adhimanthā yathāsvaṃ ca sarve
syāndādhikavyathāḥ | | 15 | |
śaṅkadantakapoleśu kapāle
cātirukkarāḥ | | 15 | | § 20695

6.15.24 Sarvāṅgasundarā

adhimanthāśca yathāsvaṃ sarve syandādhikavyathāḥ, ta-
thā śaṅkhādiṣvatiśayena rukkarāḥ syuḥ | § 20696

6.15.25 Aṣṭāṅgahr̥dayasaṃhitā

vātapittāturaṃ ghārṣatodabhedopadehavat | | 16 | |
rūkṣadāruṇavartmākṣi
kṛcchronmīlanimīlanam | | 16 | |
vikūṇanaviśuṣkatvaśītecchāsūlapākavat | | 17 | |
uktaḥ śuṣkākṣipāko+ayaṃ-----
| | 17 | | § 20700

6.15.26 Sarvāṅgasundarā

vātapittottaraṃ netraṃ gharṣādimat syāt | tathā rūkṣe dār-
uṇe ca vartmanī yasmistathā kṛcchrādunmīlanimīlane ya-
smimstathā+akṣisaṅkocanena viśuṣkatvaṃ tathā śītecchā
śūlapākena ca yutamakṣi syāt | ayaṃ śuṣkākṣipāko nāma
5 uktaḥ | § 20701

6.15.27 Aṣṭāṅgahṛdayasaṃhitā

-----saśophaḥ syātribhirmalaiḥ | | 17 | |
saraktaistatra
śopho+atirugdāhaṣṭhīvanādīmān | | 18 | |
pakvodumbarasaṅkāśaṃ jāyate
śuklamaṇḍalam | | 18 | |
aśrūṣṇaśītaviśadapicchilācchaghanam
muhuḥ | | 19 | | § 20705

6.15.28 Sarvāṅgasundarā

tribhirmalaiḥ-doṣairvātādibhiḥ, saraktaiḥ saśopho nāma
netrarogo bhavet | tatra-saśophe, śopho+atirug dāhaṣṭhīv-
anādīmān bhavet | tadā śuklamaṇḍalam pakvodumbaras-
aṅkāśaṃ jāyate | aśru ca muhuruṣṇam muhuḥ śītamityādi
ghanam ca | § 20706

5

6.15.29 Aṣṭāṅgahṛdayasaṃhitā

alpaśophe+alpaśophastu
pāko+anyairlakṣaṇaistathā | | 19 | |
akṣipākātyaye śophaḥ saṃrambhaḥ
kaluṣāśrutā | | 20 | |
kaphopadigdhamasitam sitam
prakledarāgavat | | 20 | |
dāho darśanasamrodho
vedanāścānavasthitāḥ | | 21 | | § 20710

6.15.30 Sarvāṅgasundarā

pāka iti pākaśabdenākṣipākātyaya upalakṣyate | ādyanta-
lopākhyayā tantrayuktyā § 20711

6.15.31 Aṣṭāṅgahr̥dayasaṃhitā

annasāro+amlatāṃ nītaḥ pittaraktoḷbaṇairmalaiḥ | | 21 | |
śirābhirnetramārūḍhaḥ karoti
śyāvalohitam | | 22 | |
saśophadāhapākāśru bhṛśaṃ
cāviladarśanam | | 22 | |
amloṣito+ayam-----
| | 23 | | § 20715

6.15.32 Sarvāṅgasundarā

pittaraktoḷbaṇairdoṣairannasāro+amlatvaṃ nītaḥ śirābhi-
rnetramārūḍhaḥ san śyāvalohitam nayanam karoti | tathā
śophādiyutam | bhṛśaṃ cāspaṣṭadarśanam | ityayamaml-
oṣitaḥ | § 20716

6.15.33 Aṣṭāṅgahr̥dayasaṃhitā

-----ityuktā gadāḥ ṣoḍaśa sarvagāḥ | | 23 | | § 20717

6.15.34 Sarvāṅgasundarā

ityevaṃ ṣoḍaśa sarvagā rogā uktāḥ | prakṛtatvāt sarvane-
tragā iti gamyate | § 20718

6.15.35 Aṣṭāṅgahr̥dayasaṃhitā

hatādhimanthameteṣu sākṣipākātyayaṃ
tyajet | | 23 | | § 20719

6.15.36 Sarvāṅgasundarā

eteṣu rogeṣu madhye sākṣipākātyayaṃ hatādhimantham
tyajet | § 20720

6.15.37 Aṣṭāṅgahr̥dayasaṃhitā

vātodbhūtaḥ pañcarātreṇa dr̥ṣṭiṃ saptāhena
śleṣmajāto+adhimanthaḥ | | 24 | |
raktotpanno hanti tadvatrirātrāt mithyācārāt
paittikaḥ sadya eva | | 24 | |
sthāne sarvākṣirogavijñānīyo nāma
pañcadaśo+adhyāyaḥ | | 25 | | § 20723

6.15.38 Sarvāṅgasundarā

vātajo+adhimanthaḥ pañcarātreṇa dr̥ṣṭiṃ hanti | mithyā-
cārāditi sarvatrānuvartate | śleṣmajo+adhimanthaḥ sapta-
rātreṇa dr̥ṣṭiṃ hanti | raktajaścādhimanthastrirātreṇa dr̥-
ṣṭiṃ hanti | paittikaścādhimantho mithyopacārāt sadya
eva dr̥ṣṭiṃ hanti | śālinīvṛttam | iti śrīmṛgāṅkadattaputra- 5
śrīmadaruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭī- kāyāṃ sar-
vāṅgasundarākhyāyāṃ ṣaṣṭhe uttarasthāne sarvākṣirogavi-
jñānīyo nāma pañcadaśo+adhyāyaḥ samāptaḥ | | 15 | |
§ 20724

6.16 sarvākṣirogapraṭiṣedhādhyāyaḥ : 16

6.16.1 Aṣṭāṅgahr̥dayasaṃhitā

athātaḥ sarvākṣirogapraṭiṣedhaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreṇyādayo maharṣayaḥ | | 2 | |
prāgrūpa eva syandesu tīkṣṇaṃ
gaṇḍūṣanāvanam | | 1 | |
kārayedupavāsaṃ ca kopādanyatra
vātajāt | | 1 | | § 20728

6.16.2 Aṣṭāṅgahr̥dayasaṃhitā

sa0-syandeṣu pūrvarūpāvasthāyāṃ tīkṣṇameva
gaṇḍūśādikamupavāsaṃ ca syandavantam
kārayet, vātottham kopam muktvā | § 20729

6.16.3 Aṣṭāṅgahr̥dayasaṃhitā

dāhopadeharāgāśruśophaśāntyai biḍālakam | | 2 | |
kuryātsarvatra
patrailāmaricasvarṇagairikaiḥ | | 2 | |
sarasāñjanayaṣṭyāhvānatacandanāsaindhavaiḥ | | 3 | | § 20732

6.16.4 Sarvāṅgasundarā

dāhādiśāntyai biḍālakam kuryāt | sarvatra syande patrail-
ādibhiḥ saindhavāntairbiḍālakam kuryāt | § 20733

6.16.5 Aṣṭāṅgahr̥dayasaṃhitā

saindhavam nāgaram tārksyam bhr̥ṣṭam maṇḍena
sarpiṣaḥ | | 3 | |
vātaje ghr̥tabhr̥ṣṭam vā yojyam
śabaradeśajam | | 4 | |
māṃsīpadmakakāliyaṣṭyāhvaiḥ
pittaraktayoḥ | | 4 | |
manohvāphalinīkṣaudraiḥ kaphe, sarvaistu
sarvaje | | 5 | | § 20737

6.16.6 Sarvāṅgasundarā

saindhavādi ghr̥tamaṇḍena bhr̥ṣṭam vā pavanaje ghr̥ta-
bhr̥ṣṭam vā rodhram yojyam | māṃsyādibhiḥ pittaraktā-
yorbiḍālakam kuryāt | manaḥśilādibhiḥ kaphaje | sarvaje
tu syande sarvaiḥ-pūrvoktairmilitaiḥ, biḍālakam kāryam |

5 § 20738

6.16.7 Aṣṭāṅgahr̥dayasaṃhitā

sitamaricabhāgamekaṃ caturmanohvaṃ
dviraṣṭaśābarkam | | 5 | |
sañcūrṇya vastrabaddhaṃ
prakupitamātre+avaguṇṭhanaṃ
netre | | 5 | | § 20740

6.16.8 Sarvāṅgasundarā

caturbhāgapramāṇā manohvā yasmimstaccaturmanohvam |
dviḥ-dvau vārau, aṣṭāṣṭabhāgapramāṇaḥ śābarako yasm-
imstat dviraṣṭaśābarakam | tena sitamaricasyaikaṃ bhā-
gaṃ manaḥsilāyāscaturo bhāgān rodhrasya ṣoḍaśa bhāgān
sañcūrṇya etatsūkṣmavastrabaddhaṃ prakupitamātre-sadyaḥprakupite,
nayane+avaguṇṭhanaṃ hitam | gītiḥ samukhacapalā | § 20741

6.16.9 Aṣṭāṅgahr̥dayasaṃhitā

āraṇyāśchagaṇarase paṭāvabaddhāḥ susvinnā
nakhavituṣīkṛtāḥ kulatthāḥ | | 6 | |
taccūrṇaṃ sakṛdavacūrṇanānniśīthe netrāṇāṃ
vidhamati sadya eva kopam | | 6 | | § 20743

6.16.10 Sarvāṅgasundarā

āraṇyāḥ kulatthāśchagaṇarase-gośakṛdrase, paṭāvabaddhāḥ
susvinnāstathā nakhairvituṣīkṛtāsteṣāṃ cūrṇamekavāra-
mevāvacūrṇanāt sadya eva netrāṇāṃ kopam vidhamati-
jayati | praharṣiṇīvṛttam | § 20744

6.16.11 Aṣṭāṅgahr̥dayasaṃhitā

ghoṣābhayātutthakayaṣṭiṛodhrai- rmūtī susūkṣmaiḥ
ślathavastrabaddhaiḥ | | 7 | |
rartiṃ jayatyakṣiṇi naikarūpām | | 7 | | § 20746

6.16.12 Sarvāṅgasundarā

ghoṣādibhiḥ susūkṣmaiḥ ślathavastrabaddhairmūti-poṭalikā,
tāmraśthakāñjikanimagnamūrṭiḥ pīḍāṃ nānāvidhāṃ ne-
tre dhāritā jayati | indravajrāvṛttam | § 20747

6.16.13 Aṣṭāṅgahr̥dayasaṃhitā

ṣoḍaśabhiḥ salilapalaiḥ palam̐ tathaikaṃ kaṭaṅkaṭeryāḥ
siddham | | 8 | |
seko+aṣṭabhāgaśiṣṭaḥ kṣaudrayutaḥ
sarvadoṣakupite netre | | 8 | | § 20749

6.16.14 Sarvāṅgasundarā

dārvyāḥ palam̐ jalapalaiḥ ṣoḍaśabhiḥ śṛtamaṣṭabhāgaś-
eṣaḥ seko madhuyutaḥ sarvadoṣakupite cakṣuṣi hitaḥ |
āryā gītiḥ | § 20750

6.16.15 Aṣṭāṅgahr̥dayasaṃhitā

vātapittakaphasannipātajāṃ netraylorbahavidhāmapi
vyathām | | 9 | |
śīghrameva jayati prayojitaḥ śīghrapallavarasaḥ
samākṣikaḥ | | 9 | | § 20752

6.16.16 Sarvāṅgasundarā

ekaikadoṣajāṃ sannipātajāṃ vā nayanayornānāvidhāṃ
pīḍāṃ śīghrameka eva śobhāñjanakarsaḥ sakṣaudro jay-
ati | rathoddhatāvṛttam | § 20753

6.16.17 Aṣṭāṅgahr̥dayasaṃhitā

taruṇamurubūkapatram̐ mūlam̐ ca vibhidya siddhamāje
kṣīre | | 10 | |

vātābhiṣyandarujam sadyo vinihanti
saktupiṇḍikā coṣṇā | | 10 | | § 20755

6.16.18 Sarvāṅgasundarā

eraṇḍasya taruṇam patram mūlam ca vibhidya-samksudya,
chāgadugdhasiddham vātābhiṣyande pīḍam sadya eva ni-
hanti | doṣādivaśāt saktupiṇḍī uṣṇā vā rujam hanti | āryā
gītiḥ | § 20756

6.16.19 Aṣṭāṅgahr̥dayasamhitā

āścyotanam mārutaje kvātho bilvādibhirhitaḥ | | 11 | |
koṣṇaḥ
sahairāṇḍajataḥbr̥hatīmadhuśigrubhiḥ | | 11 | |
hrīberavakraśārṅgeṣṭodumbaratvakṣu
sādhitam | | 12 | |
sāmbhasā payasā+a+ajena
śulāścyotanamuttamam | | 12 | |
mañjiṣṭhārajanīlākṣādrākṣarddhimadhukotpalaiḥ | | 13 | |
kvāthaḥ saśarkaraḥ śītaḥ secanam
raktapittajit | | 13 | | § 20762

6.16.20 Sarvāṅgasundarā

vātaje+abhiṣyande bilvādibhireraṇḍamūlādibhiḥ saha kv-
āthaḥ kṛtaḥ koṣṇo hitamāścyotanam | hrīberādiṣu sādhi-
tam sajalenaajena payasā uttamam śulāścyotanam prasāda-
nam bhavet | hrīberam-vālakam | vakram-tagaram | mañj-
iṣṭhādibhiḥ kvāthaḥ sasitaḥ śīśiraḥ seko raktapittagnaḥ | 5
§ 20763

6.16.21 Aṣṭāṅgahr̥dayasamhitā

kaseruyaṣṭyāhvarajastāntave śithilam sthitam | | 14 | |
apsu divyāsu nihitam hitam
syande+asrapittaje | | 14 | | § 20765

6.16.22 Sarvāṅgasundarā

kaserukādirajo vastre śithilaṃ sthitaṃ divyajale kṣiptaṃ
syande raktapittaje hitaṃ | § 20766

6.16.23 Aṣṭāṅgahr̥dayasaṃhitā

puṇḍrayaṣṭhīniśāmūtī plutā stanye saśarkare | | 15 | |
chāgadugdhe+athavā
dāharugrāgāśrunivartanī | | 15 | | § 20768

6.16.24 Sarvāṅgasundarā

puṇḍrādibhirmūtī strīkṣīre saśarkare plutā chāgadugdhe
vā dāhādihṛt | § 20769

6.16.25 Aṣṭāṅgahr̥dayasaṃhitā

śwetarodhraṃ samadhukaṃ ghṛtabhr̥ṣṭaṃ
sucūrṇitaṃ | | 16 | |
vastrasthaṃ stanyamṛditaṃ
pittaraktābhghātajit | | 16 | | § 20771

6.16.26 Sarvāṅgasundarā

śvetarodhraṃ samadhukaṃ ghṛtabhr̥ṣṭaṃ sūkṣmarajīkr̥-
taṃ vasanasthaṃ stanyena mṛditaṃ pittādijit | § 20772

6.16.27 Aṣṭāṅgahr̥dayasaṃhitā

nāgaratriphalānimbavāsarodhrarasaḥ kaphe | | 17 | |
koṣṇamāṣcyotanaṃ miṣrairbheṣajaiḥ
sānnipātike | | 17 | | § 20774

6.16.28 Sarvāṅgasundarā

nāgarādirasaḥ śleṣmanyāścyotanam koṣṇam hitam | sa0-
sānnipātike+abhiṣyande miśrairauśadhaiḥ-etairevānantaroktaiḥ,
āścyotanam koṣṇam hitam | § 20775

6.16.29 Aṣṭāṅgahr̥dayasaṃhitā

sarpiḥ purāṇam pavane, pitte śarkarayā+anvitam | | 18 | |
vyoṣasiddham kaphe pītvā
yavakṣārāvaccūrṇitam | | 18 | |
srāvayedrudhiram bhūyastataḥ snigdham
virecayet | | 19 | | § 20778

6.16.30 Sarvāṅgasundarā

pavane purāṇam ghr̥tam hitam | pitte śarkarayā yutam gh-
r̥tam hitam | kaphe vyoṣasiddham ghr̥tam yavakṣārāvacc-
ūrṇitam pītvā rudhiram srāvayet | bhūyaḥ snigdham tato
virecayet | § 20779

6.16.31 Aṣṭāṅgahr̥dayasaṃhitā

ānūpavesavāreṇa śirovanalepanam | | 19 | |
uṣṇena śūle, dāhe tu
payāhsarpiryutairhimaiḥ | | 20 | | § 20781

6.16.32 Sarvāṅgasundarā

ānūpavesavāreṇa śirovanalepanamuṣṇena kāryam śūle
sati | dāhe tu sati kṣīraghr̥tānvitaiḥ śītaiḥ pralepaḥ kāryaḥ |
§ 20782

6.16.33 Aṣṭāṅgahr̥dayasaṃhitā

timirapraṭiṣedham ca vīkṣya
yuñjyādyathāyatham | | 20 | | § 20783

6.16.34 Sarvāṅgasundarā

timirapraṭiṣedhaṃ ca paryālocya yathāyogaṃ cikitsitaṃ
yuñjyāt | § 20784

6.16.35 Aṣṭāṅgahr̥dayasaṃhitā

ayameva vidhiḥ sarvo manthādiṣvapi śasyate | | 21 | |
aśāntau sarvathā manthe bhruvorupari
dāhayet | | 21 | | § 20786

6.16.36 Sarvāṅgasundarā

eṣa eva vidhiraśeṣeṣu manthādiṣvapi śasyate | sa0-sarvathaivāśāntau
manthe bhruvorupari dāhayet | § 20787

6.16.37 Aṣṭāṅgahr̥dayasaṃhitā

rūpyaṃ rūkṣeṇa godadhnaḥ limpennīlatvamāgate | | 22 | |
śuṣke tu mastunā
vartirvātākṣyāmayanāśinī | | 22 | | § 20789

6.16.38 Sarvāṅgasundarā

rūpyaṃ godadhnaḥ rūkṣeṇa limpet | tasmin dadhni nīlatv-
amāgate śuṣke ca mastunā vartirvātākṣiroganāśinī | § 20790

6.16.39 Aṣṭāṅgahr̥dayasaṃhitā

sumanaḥkorakāḥ śaṅkhastrīphalā madhukaṃ
balā | | 23 | |
pittarakṭāpahā vartih piṣṭā divyena
vāriṇā | | 23 | | § 20792

6.16.40 Sarvāṅgasundarā

sumanaḥkalikādayo vartirdivyena jalena piṣṭā pittarakta-
hṛt | § 20793

6.16.41 Aṣṭāṅgahr̥dayasam̐hitā

saindhavaṃ triphalā vyoṣaṃ śaṅkhanābhiḥ
samudrajaḥ | | 24 | |
phena aileyakaṃ sarjo vartiḥ
śleṣmākṣiroganut | | 24 | | § 20795

6.16.42 Sarvāṅgasundarā

saindhavādibhirvartiḥ śleṣmākṣirogajit | § 20796

6.16.43 Aṣṭāṅgahr̥dayasam̐hitā

prapaunḍarīkaṃ yaṣṭyāhvaṃ dārvī cāṣṭapalaṃ
pacet | | 25 | |
jaladroṇe rase pūte punaḥ pakve ghane
kṣipet | | 25 | |
puṣpāñjanāddaśapalaṃ karṣaṃ ca
maricāttataḥ | | 26 | |
kṛtaścūrṇo+athavā vartiḥ
sarvābhiṣyandasambhavān | | 26 | |
hanti rāgarujāgharṣān sadyo dṛṣṭim
prasādayet | | 27 | |
ayaṃ pāśupato yogo rahasyaṃ bhiṣajāṃ
param | | 27 | | § 20802

5

6.16.44 Sarvāṅgasundarā

prapraunḍarīkādikamaṣṭapalaṃ pṛthagjaladroṇe pacet |
rase pūte punaḥ śṛte ghane ca puṣpāñjanāddaśa palāni,
maricātkarṣaṃ ca kṣipet | kṛtaścūrṇo+athavā vartiḥ sarvā-
bhiṣyandotthān rāgādīn hanti | tathā sadya eva dṛṣṭim pr-

asādayet | eṣa pāsupatākhyo yogo bhiṣajāṃ paraṃ raha-
syam | § 20803

6.16.45 Aṣṭāṅgahr̥dayasaṃhitā

śuṣkākṣipāke haviṣaḥ pānamakṣṇośca tarpaṇam | | 28 | |
ghṛtena jīvanīyena nasyaṃ tailena
vā+aṇunā | | 28 | |
pariṣeko hitaścātra payaḥ koṣṇam
sasaindhavam | | 29 | | § 20806

6.16.46 Sarvāṅgasundarā

śuṣkākṣipāke ghṛtasya pānamakṣṇośca jīvanīyasiddhena
ghṛtena tarpaṇam hitam | aṇunā tailena nasyaṃ hitam atra
ca kṣīraṃ koṣṇam saindhavayutaṃ pariṣeko hitaḥ | § 20807

6.16.47 Aṣṭāṅgahr̥dayasaṃhitā

sarpiryuktaṃ stanyapiṣṭamañjanaṃ ca
mahauśadham | | 29 | |
vasā vā+a+anūpasattvotthā
kiñcitsaindhavanāgarā | | 30 | | § 20809

6.16.48 Sarvāṅgasundarā

nāgaram̐ stanyapiṣṭam̐ ghṛtānvitamāñjanaṃ hitam | ānū-
paprāñijā vā vasā kiñcitsaindhavaśuṅṭhīyutā [añjanaṃ]
śasyate | § 20810

6.16.49 Aṣṭāṅgahr̥dayasaṃhitā

ghṛtāktān darpaṇe ghṛṣṭān keśān mallakasampute | | 30 | |
dagdhvā+a+ajyapiṣṭā lohasthā sā maṣī
śreṣṭhamañjanam | | 31 | | § 20812

6.16.50 Sarvāṅgasundarā

keśān ghr̥tāktān darpaṇe ghr̥ṣṭān mallakasampute da-
gdhvā ghr̥tapiṣṭā lohapātrasthā sā maṣī śreṣṭhamañjanam |
§ 20813

6.16.51 Aṣṭāṅgahr̥dayasamhitā

saśophevā+alpaśophe ca snigdhasya
vyadhayetsirām | | 31 | |
rekaḥ snigdhe punardrākṣāpathyākṣvāthatrivr̥-
dghr̥taiḥ | | 32 | | § 20815

6.16.52 Sarvāṅgasundarā

saśophe+alpaśophe vā snigdhasya sirām vidhyet | snigdha-
sya punardrākṣādibhirvirekaḥ | § 20816

6.16.53 Aṣṭāṅgahr̥dayasamhitā

śvetarodhraṃ ghr̥te bhr̥ṣṭaṃ cūrṇitaṃ
tāntavasthitaṃ | | 32 | |
uṣṇāmbunā vimṛditaṃ sekaḥ sūlaharaḥ
param | | 33 | | § 20818

6.16.54 Sarvāṅgasundarā

śvetarodhraṃ ghr̥te bhr̥ṣṭaṃ cūrṇitaṃ vastrasthitaṃ uṣṇā-
mbunā mṛditaṃ sekaḥ sūlahr̥tparam | § 20819

6.16.55 Aṣṭāṅgahr̥dayasamhitā

dārvīprapaundarīkasya kvātho vā+a+aścyotane
hitaḥ | | 33 | | § 20820

6.16.56 Sarvāṅgasundarā

dārvīprapauṇḍarīkayośca kvātha āścyotane hitaḥ | § 20821

6.16.57 Aṣṭāṅgahr̥dayasaṃhitā

sandhavāṃśca prayuñjīta
gharṣarāgāśruruggharān | | 33 | | § 20822

6.16.58 Sarvāṅgasundarā

sandhāvāṃśca vakṣyamāṇān gharṣādiharān prayuñjīta |
§ 20823

6.16.59 Aṣṭāṅgahr̥dayasaṃhitā

tāmraṃ lohe mūtraghr̥ṣṭaṃ prayuktaṃ netre
sarpirdhūpitaṃ vedanāghnam | | 34.5 | |
tāmre ghr̥ṣṭo gavyadadhnaḥ saro vā yuktaḥ
kṛṣṇāsaindhavābhyāṃ
variṣṭhaḥ | | 34.5 | | § 20825

6.16.60 Sarvāṅgasundarā

lohabhāṇḍe tāmraṃ gomūtreṇa ghr̥ṣṭaṃ sarpirdhūpitaṃ
netre prayuktaṃ pīḍāhṛt | gavyadadhisarastāmre ghr̥-
ṣṭaḥ kṛṣṇāsaindhavayukto netre prayukto varīyān vedan-
āghnaḥ sandhāvaḥ | § 20826

6.16.61 Aṣṭāṅgahr̥dayasaṃhitā

śaṅkhaṃ tāmre stanyaghr̥ṣṭaṃ ghr̥tāktaiḥ śamyāḥ
patrairdhūpitaṃ tadyavaiśca | | 35.5 | |
netre yuktaṃ hanti sandhāvasaṃjñāṃ kṣipraṃ
gharṣaṃ vedanāṃ cātīvrām | | 35.5 | | § 20828

6.16.62 Sarvāṅgasundarā

śaṅkhaṃ stanyena tāmre ghr̥ṣṭaṃ śamīpatrairyavaiśca gh-
ṛtāktairdhūpitaṃ tatsandhāvasaṃjñāṃ netre prayuktaṃ
śīghraṃ gharṣaṃ vedanāmatidāruṇāṃ ca hanti | śālinyau
vṛtte | § 20829

6.16.63 Aṣṭāṅgahr̥dayasaṃhitā

udumbaraphalaṃ lohe ghr̥ṣṭaṃ stanyena
dhūpitaṃ | | 36 | |
sājyaiḥ śamīcchadairdāhasūlarāgāśruharṣa-
jit | | 37 | | § 20831

6.16.64 Sarvāṅgasundarā

udumbaraphalaṃ lohe stanyena ghr̥ṣṭaṃ ghr̥tāktaiḥ śamī-
patrairdhūpitaṃ dāhādijit | § 20832

6.16.65 Aṣṭāṅgahr̥dayasaṃhitā

śigrupallavaniryāsaḥ sughr̥ṣṭastāmrāsampuṭe | | 37 | |
ghṛtena dhūpito hanti
śophagharṣāśruvedanāḥ | | 38 | | § 20834

6.16.66 Sarvāṅgasundarā

śigrupallavarasaḥ sughr̥ṣṭastāmrāsampuṭe ghṛtena dhūpi-
taḥ śophādīn hanti | § 20835

6.16.67 Aṣṭāṅgahr̥dayasaṃhitā

tilāmbhasā mṛtkapālaṃ kāṃsye ghr̥ṣṭaṃ
sudhūpitaṃ | | 38 | |
nimbapatrairghṛtābhyaktairgharṣasūlāśrurāgajit | | 39 | | § 20837

6.16.68 Sarvāṅgasundarā

mṛtkapālaṃ tilāmbhasā kāṃsye ghr̥ṣṭaṃ tathā nimbapatr-
airghṛtābhyaktairdhūpitaṃ gharṣādijit | § 20838

6.16.69 Aṣṭāṅgahr̥dayasaṃhitā

sandhāvenāñjite netre vigatauṣadhavedane | | 39 | |
stanyenāścyotanaṃ kāryaṃ triḥ paraṃ
nāñjayecca taiḥ | | 40 | | § 20840

6.16.70 Sarvāṅgasundarā

sandhāvena netre+añjite vigatauṣadhavedane sati stanye-
nāścyotanaṃ hitaṃ kāryaṃ trīn vārān | taiśca-sandhāvaiḥ,
paraṃ-tribhyo vārebhyo, nāñjayet | § 20841

6.16.71 Aṣṭāṅgahr̥dayasaṃhitā

tālīsapatracapalānataloharajoñjanaiḥ | | 40 | |
jātīmukulakāsīsasaindhavairmūtrapeṣitaiḥ | | 41 | |
tāmramālipyā saptāhaṃ
dhārayetpeṣayettataḥ | | 41 | |
mūtreṇaivānu guṭikāḥ
kāryāśchāyaviśoṣitāḥ | | 42 | |
5 tāḥ stanyaghr̥ṣṭā gharṣāśruśophakaṇḍūvināśa-
nāḥ | | 42 | | § 20846

6.16.72 Sarvāṅgasundarā

tālīsapatrādibhirmūtrapeṣṭaistāmramālipyā saptāhaṃ dh-
ārayet | tataḥ saptāhādūrdhvaṃ gomūtreṇaiva guṭikāḥ ku-
ryāt | tāśca chāyāviśoṣitāḥ stanyaghr̥ṣṭā gharṣādighnāḥ |
§ 20847

6.16.73 Aṣṭāṅgahr̥dayasaṃhitā

vyāghrītvañ+a+amadhukam

tāmrrarajo+ajākṣīrakalkitam | | 43 | |

śamyāmalakapatrājyadhūpitaṃ

śopharukpraṇut | | 43 | | § 20849

6.16.74 Sarvāṅgasundarā

vyāghryādikamajākṣīrakalkitam śamyāmalakapatrairghr-
tānvitairdhūpitaṃ śopharukpraṇut | § 20850

6.16.75 Aṣṭāṅgahr̥dayasaṃhitā

amloṣite prayuñjīta

pittābhiṣyandasādhanam | | 44 | | § 20851

6.16.76 Sarvāṅgasundarā

amloṣite netraroge pittābhiṣyandacikitsitaṃ kuryāt | § 20852

6.16.77 Aṣṭāṅgahr̥dayasaṃhitā

utkliṣṭāḥ kaphapittāsranicayotthāḥ kukūṇakaḥ | | 44 | |

pakṣmoparodhaḥ śuṣkākṣipākaḥ pūyālaso

bisaḥ | | 45 | |

pothakyamloṣito+alpākhyāḥ syandamanthā

vinā+anilāt | | 45 | |

ete+aṣṭādaśa pillākhyā

dīrghakālānubandhinaḥ | | 46 | | § 20856

6.16.78 Sarvāṅgasundarā

utkliṣṭādayo+aṣṭādaśa rogā ime pillākhyā dīrghakālānub-
andhinaḥ | § 20857

6.16.79 Aṣṭāṅgahr̥dayasaṃhitā

cikitsā pṛthageteṣāṃ svam̐svamuktā atha
vakṣyate | | 46 | |
pillībhūteṣu sāmānyāt atha
pillākhyarogiṇaḥ | | 47 | |
snigdhasya charditavataḥ
sirāvyadhahṛtāsṛjaḥ | | 47 | |
viriktasya ca vartmānu
nirlikhedāviśuddhitaḥ | | 48 | | § 20861

6.16.80 Sarvāṅgasundarā

eteṣāṃ pṛthak cikitsā yathāsvamuktā | sa0-atha bhaṇiṣy-
ate cikitsā pillībhūteṣu sāmānyena | sa0-atha pillākhyākṣi-
rogavataḥ snigdhasya charditavato narasya viddhasirasya
viriktasya ca vartma nirlikhedāviśuddheḥ | § 20862

6.16.81 Aṣṭāṅgahr̥dayasaṃhitā

tutthakasya palaṃ śvetamaricāni ca viṃśatiḥ | | 48 | |
triṃśatā kāñjikapalaiḥ piṣṭvā tāmre
nidhāpayet | | 49 | |
pillānapillān kurute bahuvarṣotthitānapi | | 49 | |
tatsekenopadehāśrukaṇḍūsophāṃśca
nāśayet | | 50 | | § 20866

6.16.82 Sarvāṅgasundarā

tutthakasya palaṃ, viṃśatiḥ śvetamaricāni-saubhāñjanabījāni,
kāñjikapalaistriṃśatā piṣṭvā tāmre nidhāpayet | tatsek-
ena pillān bahuvarṣotthitānapyapillān kurute | upadehā-
dīmśca nāśayet | § 20867

6.16.83 Aṣṭāṅgahr̥dayasaṃhitā

karañjabījaṃ surasaṃ sumanaḥkorakāṇi ca | | 50 | |
saṃkṣudya sādhayetkvāthe pūte tatra
rasakriyā | | 51 | |
añjanaṃ pillabhaiṣajyaṃ pakṣmaṇāṃ ca
praroḥaṇam | | 51 | | § 20870

6.16.84 Sarvāṅgasundarā

karañjabījādīni saṃkṣudya jale sādhayet | kvāthe pūte ta-
tra rasakriyā | añjanaṃ pille auśadhaṃ pakṣmaṇāṃ ca pr-
aroḥaṇam | § 20871

6.16.85 Aṣṭāṅgahr̥dayasaṃhitā

rasāñjanaṃ sarjaraso rītipuṣpaṃ manaḥśilā | | 52 | |
samudrapheno lavaṇaṃ gairikaṃ maricāni
ca | | 52 | |
añjanaṃ madhunā piṣṭaṃ
kledakaṇḍūghnamuttamam | | 53 | | § 20874

6.16.86 Sarvāṅgasundarā

rasāñjanādikaṃ madhunā piṣṭamañjanaṃ paraṃ kledaka-
ṇḍūhṛt | § 20875

6.16.87 Aṣṭāṅgahr̥dayasaṃhitā

abhayārasapiṣṭaṃ vā tagaraṃ pillanāśanam | | 53 | |
bhāviṭaṃ bastamūtreṇa sasnehaṃ devadāru
ca | | 54 | | § 20877

6.16.88 Sarvāṅgasundarā

harītakīkvāthapiṣṭaṃ tagaraṃ paraṃ pillagham | devad-
ārusasnehaṃ bastamūtreṇa bhāviṭaṃ tadvat | § 20878

6.16.89 Aṣṭāṅgahr̥dayasaṃhitā

saindhavatriphalākṛṣṇākāṭukāśaṅkhnābhayaḥ | | 54 | |
satāmrrarajaso vartiḥ
pillaśukrakanāśinī | | 55 | | § 20880

6.16.90 Sarvāṅgasundarā

saindhavādayastāmrrajaḥsahitā vartiḥ pillaśukrahṛt | § 20881

6.16.91 Aṣṭāṅgahr̥dayasaṃhitā

puṣpakāsīsacūrṇo vā surasārasabhāvitaḥ | | 55 | |
tāmre daśāhaṃ tat
paillyapakṣmaśātajidañjanam | | 56 | | § 20883

6.16.92 Sarvāṅgasundarā

puṣpakāsīsacūrṇaḥ surasārasena daśāhaṃ bhāvitastadañj-
anam paillyapakṣmaśātagṇam | surasā-mūrvā | § 20884

6.16.93 Aṣṭāṅgahr̥dayasaṃhitā

alam ca sauvīrakamañjanam ca tābhyāṃ samam
tāmrrarajaḥ susūkṣmam | | 56 | |
pilleṣu romāṇi niṣevito+asau cūrṇaḥ
karotyekaśalākayā+api | | 56 | | § 20886

6.16.94 Sarvāṅgasundarā

haritālam sauvīrāñjanam [ca] | tābhyāṃ dvābhyāṃ tulyam
tāmrracūrṇam sūkṣmam | eṣa cūrṇo niṣevita ekayā+api śa-
lākayā pilleṣu romāṇi karoti | upajātiḥ | § 20887

6.16.95 Aṣṭāṅgahr̥dayasaṃhitā

lākṣānirguṇḍībhṛṅgadārvīrasena śreṣṭhaṃ kārpāsaṃ
bhāvitam saptakṛtvah | | 57 | |
dīpaḥ prajvālyah sarpiṣā tatsamutthā śreṣṭhā
pillānāṃ ropaṇārthe maṣī sā | | 57 | | § 20889

6.16.96 Sarvāṅgasundarā

lākṣādirasena śreṣṭhaṃ kārpāsaṃ saptavārān bhāvitam |
tena kārpāsena sarpiṣā dīpaḥ prajvālyah | tatsamutthā
maṣī pillānāṃ ropaṇārthe śreṣṭhā | vaiśvadevīvr̥ttam |
§ 20890

6.16.97 Aṣṭāṅgahr̥dayasaṃhitā

vartmāvalekhaṃ
bahuśastadvacchoṇitamokṣaṇam | | 58 | |
punaḥpunarvirekaṃ ca
nityamāścyotanāñjanam | | 59 | |
nāvanaṃ dhūmapānaṃ ca pillarogāturo
bhajet | | 59 | | § 20893

6.16.98 Sarvāṅgasundarā

pillarogī vartmāvalekhādikaṃ punaḥpunarbhajet | § 20894

6.16.99 Aṣṭāṅgahr̥dayasaṃhitā

pūyālose tvaśānte+ante dāhaḥ
sūkṣmaśalākayā | | 60 | | § 20895

6.16.100 Sarvāṅgasundarā

pūyālose punaraśānte satyante sūkṣmaśalākayā dāho hi-
taḥ | § 20896

6.16.101 Aṣṭāṅgahr̥dayasaṃhitā

caturṇavatirityakṣṇo hetulakṣaṇasādhanaiḥ | | 60 | |
parasparamasaṅkīrṇāḥ kārtsnyena gaditā
gadāḥ | | 61 | | § 20898

6.16.102 Sarvāṅgasundarā

ityevamakṣṇaścaturṇavati gadā lakṣaṇahetusādhanair-
nyonyamasaṅkīrṇāḥ kārtsnyenoktāḥ | § 20899

6.16.103 Aṣṭāṅgahr̥dayasaṃhitā

sarvadā ca niṣeveta svastho+api nayanapriyaḥ | | 61 | |
purāṇayavagodhūmasāliṣaṣṭīkakodravān | | 62 | |
mudgādīn kaphapittagnān
bhūrisarpiḥpariplutān | | 62 | |
śākaṃ caivaṃvidhaṃ māṃsaṃ jāṅgalaṃ
dāḍimaṃ sitāṃ | | 63 | |
5 saindhavaṃ triphalāṃ drākṣāṃ vāri pāne ca
nābhasam | | 63 | |
ātapatram padatrāṇaṃ
vidhivaddoṣaśodhanam | | 64 | |
varjayedvegasaṃrodhamajīrṇādhyāsanāni
ca | | 64 | |
krodhaśokadivāsvapnarātrijāgaraṇātapān | | 65 | |
vidāhi viṣṭambhakaraṃ
yaccehāhārabheṣajam | | 65 | | § 20908

6.16.104 Sarvāṅgasundarā

svastho+api nayanavallabhaḥ san sadaiva purāṇayavādi-
kaṃ niṣeveta | evaṃvidhaṃ kaphapittagnaṃ śākaṃ ca |
vidhirvidyate yasmimstacca śodhanaṃ-virecanādi, bha-
jet | tathā vegasaṃrodhādikaṃ varjayet | § 20909

6.16.105 Aṣṭāṅgahr̥dayasaṃhitā

dve pādamaḍhye pṛthusanniveśe śire gate te bahudhā ca
netre tā mraḁṣaṇodvartanaḁpanādīn
pādaprayuktānnayane nayanti | | 66 | | § 20910

6.16.106 Sarvāṅgasundarā

dve pādasya maḍhye pṛthurūpe sire | te ca bahudhā netra-
gate | tāḁ sirāḁ abhyaṅgādīn pādaprayuktānnetraṃ(tre)pṛāpayanti |
§ 20911

6.16.107 Aṣṭāṅgahr̥dayasaṃhitā

dupānadabhyañjanadhāvanāni | | 67 | | § 20912
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira-
citāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ ṣaṣṭhe uttarasthāne sar-
rvākṣirogapratīśedho nāma ṣoḁaśo+adhyāyaḁ | | 16 | | § 20913

6.16.108 Sarvāṅgasundarā

tāśca malauṣṇyādibhirduṣṭā nayanāni dūṣayante | yata
evaṃ tasmād drṣṭīhitāni sarvadā upānadabhyañjanādīni
bhajet | upajāti vṛtte | iti śrīmr̥gāṅkadattaputraśrīmadaru-
ṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarvāṅgasund-
arākhyāyāṃ ṣaṣṭhe uttarasthāne sarvākṣirogapratīśedho 5
nāma ṣoḁaśo+adhyāyaḁ samāptaḁ | | 16 | | § 20914

6.17 karṇarogavijñānīyādhyāyaḁ : 17

6.17.1 Aṣṭāṅgahr̥dayasaṃhitā

athātaḁ karṇarogavijñānīyaṃ vyākhyāsyāmaḁ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḁ | | 2 | |
) pratiśyāyajalākṛīḁakarṇakaṇḁūyanairma-
rut | | 1 | |

mithyāyogena śabdasya kupito+anyaiśca
kopanaiḥ | | 1 | |
prāpya śrotrasirāḥ kuryācchūlaṃ srotasi
vegavat | | 2 | |
ardhāvabhedakaṃ stambhaṃ
śīśirānabhinandanam | | 2 | |
cirācca pākaṃ pakvaṃ tu lasīkāmalpaśaḥ
sravet | | 3 | |
5 śrotraṃ sūnyamakasmācca
syātsañcāravīcāravat | | 3 | | § 20922

6.17.2 Aṣṭāṅgahr̥dayasaṃhitā

nayanāmayādanantaraṃ dūragrahaṇasādharṃyeṇa
karṇarogānāha | yathā hi
cakṣurdūradeśasthamapi paśyati tathā
śrotraṃ dūrasthamapi śr̥ṇotītyāha-
sa0-pratiśyāyetyādibhiḥ śabdasya ca
mithyābhiyogena pavanaḥ kupito+aparairapi
sarvanidānaiḥ kupitaḥ śrotrasirāḥ prāpya
srotasi-karṇavivare, sūlaṃ vegavat kuryāt |
tathā+ardhāvabhedakaṃ śīrorogaṃ
stambhaṃ karṇasyaiva, tathā
śītasīrānabhinandanam cireṇa ca pākaṃ
kuryāt | pakvaṃ tu śrotramalpaśo lasīkāṃ
sravet | akasmācca sūnyaṃ syāt |
sañcāravīcāravacca-sthagitāsthagitaṃ ca
yathā, syāt | § 20923

6.17.3 Aṣṭāṅgahr̥dayasaṃhitā

sūlaṃ pittāt sadāhoṣāśītecchāśvayathujvaram | | 4 | |
āśupākaṃ prapakvaṃ ca sapītalasikāsruti | | 4 | |
sā lasīkā spr̥śedyadyattattatpākamupaiti
ca | | 5 | | § 20926

6.17.4 Sarvāṅgasundarā

pittena śūlaṃ dāhādyanvitam syāt | tatra ūṣā-prādeśikaḥ
santāpaḥ | dāhaḥ-sarvāṅgīṅastīvroṣmā sadā+aratimān |
tathā+a+aśu pāko yasmimstadevam | tathā prapakvaṃ ca
sapītalasikāsruṭi syāt | sā ca lasīkā yadyadaṅgaṃ spr̥śet tat
tat pākaṃ gacchati | § 20927

5

6.17.5 Aṣṭāṅgahr̥dayasaṃhitā

kaphācchirohanugrīvāgauravaṃ mandatā rujah | | 5 | |
kaṇḍūḥ śvayathuruṣṇecchā
pākācchvetaghanasruṭiḥ | | 6 | | § 20929

6.17.6 Sarvāṅgasundarā

kaphācchirādīgauravaṃ jāyate | rujo mandatvaṃ kaṇḍv-
ādi ca syāt | pākācchvetā ghanā ca srutiḥ syāt | § 20930

6.17.7 Aṣṭāṅgahr̥dayasaṃhitā

karoti śravaṇe śūlamabhighātādidūṣitam | | 6 | |
raktaṃ pittasamānārti
kiñcidvā+adhikalakṣaṇam | | 7 | | § 20932

6.17.8 Sarvāṅgasundarā

raktamabhighātādidūṣitam karṇe śūlaṃ karoti | kimbhū-
taṃ raktam ? pittena samā pīḍā yasmimstadevam | kiñci-
ccādhikalakṣaṇam | § 20933

6.17.9 Aṣṭāṅgahr̥dayasaṃhitā

śūlaṃ samuditairdoṣaiḥ saśophajvaratīvraruk | | 7 | |
paryāyāduṣṇasītecchaṃ jāyate
śrutijāḍyavat | | 8 | |

pakvaṃ sitāsītāraktaghanapūyapravāhi
ca | | 8 | | § 20936

6.17.10 Sarvāṅgasundarā

samuditaiḥ-sannipatitairdoṣaiḥ, śūlaṃ śophādiyutaṃ jāy-
ate | tathā paryāyeṇoṣṇasīteccham śrutijāḍyayuktaṃ ca |
pakvaṃ sitāsītāraktaghanaṃ pūyaṃ pravahati | § 20937

6.17.11 Aṣṭāṅgahr̥dayasaṃhitā

śabdavāhisirāsamsthe śṛṇoti pavane muhuḥ | | 9 | |
nādānakasmādvividhān karṇanādaṃ vadanti
tam | | 9 | | § 20939

6.17.12 Sarvāṅgasundarā

śabdavāhinīṣu sirāsu gate vāte muhuḥ śabdān vividhāna-
kasmācchṛṇoti | taṃ karṇanādaṃ vadanti | § 20940

6.17.13 Aṣṭāṅgahr̥dayasaṃhitā

śleṣmaṇā+anugato vāyurnādo vā samupekṣitaḥ | | 10 | |
uccaiḥ kṛcchrācchrutiṃ kuryādbadhiratvaṃ
krameṇa ca | | 10 | | § 20942

6.17.14 Sarvāṅgasundarā

vāyuḥ śleṣmaṇā+anugataḥ karṇanādo vā samupekṣitaḥ-
acikitsitaḥ, karṇe-śrotre, uccaiḥ kṛcchrācchrutiṃ-śravaṇam,
kuryāt | krameṇa badhiratvaṃ-bādhiryaṃ ca, kuryāt |
§ 20943

6.17.15 Aṣṭāṅgahr̥dayasaṃhitā

vātena ṣoṣitaḥ ṣleṣmā ṣroto limpettato bhavet | | 11 | |
ruggauravaṃ pidhānaṃ ca sa
pratīnāhasaṃjñitaḥ | | 11 | | § 20945

6.17.16 Sarvāṅgasundarā

vātena ṣleṣmā ṣoṣitaḥ ṣroto limpet | tato ruggauravaṃ ta-
sya srotaso gurutvaṃ syāt, sthaganaṃ ca | sa pratīnāhasa-
mñāko gadaḥ | § 20946

6.17.17 Aṣṭāṅgahr̥dayasaṃhitā

kaṇḍūśophau kaphācchrotre sthirau tatsaṃjñayā
smṛtau | | 12 | | § 20947

6.17.18 Sarvāṅgasundarā

kaphāt kaṇḍūśophau karṇe sthirau tatsaṃjñau kaṇḍūśo-
phākhyau bhavataḥ | § 20948

6.17.19 Aṣṭāṅgahr̥dayasaṃhitā

kapho vidagdhaḥ pittena sarujaṃ nīrujaṃ tvapi | | 12 | |
ghanapūtibahukledaṃ kurute
pūtikarṇakam | | 13 | | § 20950

6.17.20 Sarvāṅgasundarā

kaphaḥ pittena vidagdhaḥ sarujaṃ nīrujaṃ vā ghanapūti-
bahukledaṃ pūtikarṇakamanugatārthaṃ kurute | § 20951

6.17.21 Aṣṭāṅgahr̥dayasaṃhitā

vātādidūṣitaṃ śrotraṃ māṃsārkkledajā rujaṃ | | 13 | |
khādanto jantavaḥ kuryustīvrāṃ sa
kṛmikarṇakaḥ | | 14 | | § 20953

6.17.22 Sarvāṅgasundarā

vātādibhiḥ dūṣitaṃ śrotraṃ jantavo bhakṣayanto māṃsā-
dikledajāṃ tīvrāṃ rujaṃ kuryuḥ | sa kṛmikarṇakākhyah |
§ 20954

6.17.23 Aṣṭāṅgahr̥dayasaṃhitā

śrotrakaṇḍūyanājjāte kṣate syātpūrvalakṣaṇaḥ | | 14 | |
vidradhiḥ, pūrvavaccānyaḥ-----
| | 15 | | § 20956

6.17.24 Sarvāṅgasundarā

śrotrakaṇḍūyanājjāte kṣate pūrvoktalakṣaṇo vidradhiḥ
syāt | nidāne hyevamuktam (hr̥. ni. a. 11 | 2)- "yaḥ śopho
bahirantarvā mahāmūlo mahārujaḥ | vṛttaḥ syādāyato yo
vā smr̥taḥ ṣoḍhā sa vidradhiḥ | |" iti | tadvadiha vidradhi-
5 sāmānyāt karṇavidradhireka evoktaḥ | § 20957

6.17.25 Aṣṭāṅgahr̥dayasaṃhitā

-----śopho+arśo+arbudamīritam | | 15 | |
teṣu ruk pūtikarṇatvaṃ badhiratvaṃ ca
bādhate | | 15 | | § 20959

6.17.26 Sarvāṅgasundarā

arśo+arbudaṃ ca tadīritamiti karṇārśaḥ karṇārbudamiti |
tatra hyuktam (hr̥. u. a. 8 | 13)- "arśo+adhimāṃsaṃ vartm-

āntaḥ stabdhaṃ snigdhaṃ sadāharuk | raktaṃ raktena ta-
tsrāvi chinnaṃ chinnaṃ vivardhate | |" iti | arbudasya tu
lakṣaṇam (hr̥. u. a. 8 | 24)- "vartmāntarmāṃsapiṇḍābhaḥ
śvayathurgrathito+arujaḥ | sāsraih̥ syādarbudo doṣairviṣ- 5
amo bāhyataścalaḥ | |" iti | teṣu-arśo+arbudeṣu, rug bādha-
ate pūtikarṇatvaṃ badhiratvaṃ ca | § 20960

6.17.27 Aṣṭāṅgahr̥dayasaṃhitā

garbhe+anilātsaṅkucitā śaṣkulī
kucikarṇakaḥ | | 16 | | § 20961

6.17.28 Sarvāṅgasundarā

vātādgarbhe-abhyantare, saṅkucitā śaṣkulī kucikarṇasa-
m̐jñāḥ | § 20962

6.17.29 Aṣṭāṅgahr̥dayasaṃhitā

eko nīruganeko vā garbhe māṃsāṅkuraḥ sthiraḥ | | 16 | |
pippalī pippalīmānaḥ-----
| | 17 | | § 20964

6.17.30 Sarvāṅgasundarā

māṃsāṃkuro garbhe sthira eko+aneko vā nīrujaḥ pipp-
alītyucyate, karṇapippalītyarthaḥ | sa ca māṃsāṃkuraḥ
pippalīmānaḥ | § 20965

6.17.31 Aṣṭāṅgahr̥dayasaṃhitā

-----sannipātādividārikā | | 17 | |
savarnaḥ sarujaḥ stabdhaḥ śvayathuḥ, sa
upekṣitaḥ | | 17 | |

kaṭutailanibhaṃ pakvaḥ sravet kṛcchreṇa
rohati | | 18 | |
saṅkocayati rūḍhā ca sā dhruvaṃ
karṇaśaṅkulīm | | 18 | | § 20969

6.17.32 Sarvāṅgasundarā

sannipātena vidārikākhyāḥ śvayathuḥ stabdhastathā sav-
arṇaḥ sarujaḥ | sa upekṣitaḥ san kaṭutailanibhaṃ sravet |
kṛcchreṇa rohati | sā ca vidārikā rūḍhā satī niścitaṃ karṇ-
aśaṅkulīm saṅkocayati | § 20970

6.17.33 Aṣṭāṅgahr̥dayasaṃhitā

sirāsthaḥ kurute vāyuḥ pālīśoṣaṃ
tadāhvayam | | 19 | | § 20971

6.17.34 Sarvāṅgasundarā

sirāstho vāyuḥ pālīśoṣaṃ tadāhvayaṃ-pālīśoṣasaṃjñam,
kurute | § 20972

6.17.35 Aṣṭāṅgahr̥dayasaṃhitā

kṛśā dṛḍhā ca tantrīvat pālī vātena tantrikā | | 19 | |
sukumāre cirotsargātsahaiva
pravardhite | | 20 | |
karṇe śophaḥ saruk pālyāmaruṇaḥ
paripoṭavān | | 20 | |
paripoṭaḥ sa
pavanāt----- | | 21 | | § 20976

6.17.36 Sarvāṅgasundarā

vātena pālī kṛśā dṛḍhā ca tantrīva syāt | sā tantrīketyucy-
ate | sa0-sukumāre karṇe cirotsargāt sahasaiva-na tu śan-

aiḥ, pravardhite śvayathuḥ pālyāṃ saruk tathā lohitaḥ pa-
ripoṭavāṃśca | paripoṭaḥ-sphuṭanam | sa vātāt paripoṭas-
aṃjñāḥ syāt | § 20977

6.17.37 Aṣṭāṅgahr̥dayasaṃhitā

-----utpātaḥ pittaśoṇitāt | | 21 | |
gurvābharaṇabhārādyaḥ śyāvo
rugdāhapākavān | | 21 | |
śvayathuḥ sphoṭapiṭikārāgoṣākledasaṃyu-
taḥ | | 22 | | § 20980

6.17.38 Sarvāṅgasundarā

pittaśoṇitāt sa evotpātasamjñāḥ | gurvābharaṇabhārādi-
bhirhetubhūtaiḥ prakupitāt pittaśoṇitāt śopho rugādimān
sphoṭādisaṃyutaḥ | śyāvo+anugatārthaḥ | § 20981

6.17.39 Aṣṭāṅgahr̥dayasaṃhitā

pālyāṃ śopho+anilakaphātsarvato nirvyathaḥ
sthiraḥ | | 22 | |
stabdhaḥ savarṇaḥ kaṇḍūmānunmantho
galliraśca saḥ | | 23 | | § 20983

6.17.40 Sarvāṅgasundarā

vātakaphāt pālyāṃ śophaḥ sarvato nirvyathaḥ sthiraḥ st-
abdhaḥ samānavarṇaḥ kaṇḍūyuta unmantha ucyate | sa
eva gallirākhyāḥ | § 20984

6.17.41 Aṣṭāṅgahr̥dayasaṃhitā

durviddhe vardhite karṇe sakaṇḍūdāhapākarak | | 23 | |
śvayath uḥ sannipātotthaḥ sa nāmnā
duḥkhavardhanaḥ | | 24 | | § 20986

6.17.42 Sarvāṅgasundarā

karṇe durviddhe sati kaṇḍvādisaṃyutaḥ śophaḥ sanni pp-
ātātmako duḥkhavardhanasaṃjñāḥ | § 20987

6.17.43 Aṣṭāṅgahr̥dayasaṃhitā

kaphāsṛk+a+akṛmijāḥ sūkṣmāḥ
sakaṇḍūkledavedanāḥ | | 24 | |
lehyākhyāḥ piṭikāstā hi lihyuḥ
pālīmupekṣitāḥ | | 25 | | § 20989

6.17.44 Sarvāṅgasundarā

kapharaktajakṛmijāḥ sūkṣmāḥ kaṇḍvādiyutā lehyākhyāḥ
piṭikāḥ | yasmāttā upekṣitāḥ pālīm lihyuḥ | § 20990

6.17.45 Aṣṭāṅgahr̥dayasaṃhitā

pippalī sarvajam śūlaṃ vidārī kucikarṇakah | | 25 | |
eṣāmasādhyāḥ, yāpyaikā tantrikā+anyāṃstu
sādhayet | | 26 | |
pañcaviṃśatirityuktāḥ karṇarogā
vibhāgataḥ | | 26 | |
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ
ṣaṣṭhe uttarasthāne karṇarogavijñānīyo nāma
saptadaśo+adhyāyaḥ | | 17 | | § 20994

6.17.46 Sarvāṅgasundarā

pippalyādayaścatvāro rogā eṣāṃ madhye+asādhyāḥ | ta-
ntrikā yāpyā | anyāṃstu viṃśatirogān sādhayet | iti-
evaṃ prāguktēna prakāreṇa, pañcaviṃśatirāmayā vibh-
āgenoktāḥ | anenānyatantrakṛtāṃ saṅkīrṇakarṇarogaka-
5 thanaṃ sūcayati | saṅkhyānaṃ ca sukhasmaraṇārthama-
tra kṛtamiti | iti śrīmṛgāṅkadattaputraśrīmadaruṇadatta-

viracitāyāmaṣṭāṅgahrdayaṭīkāyāṃ sarvāṅgasundarākhyā-
yāṃ ṣaṣṭhe uttarasthāne karṇarogavijñānīyo nāma saptad-
aśo+adhyāyaḥ samāptaḥ | | 17 | | § 20995

6.18 karṇarogapratīṣedhādhyāyaḥ : 18

6.18.1 Aṣṭāṅgahrdayasaṃhitā

athātaḥ karṇarogapratīṣedhaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) karṇaśūle pavanaje pibedrātrau
rasāśītaḥ | | 1 | |
vātaghnasādhitam sarpīḥ, karṇam svinnam ca
pūrayet | | 1 | |
patrāṇam pṛthagaśvatthabilvārkairaṇḍajanma- 5
nām | | 2 | |
tailasindhūthadigdhānām svinnānām
puṭapākataḥ | | 2 | |
rasaiḥ kavosṇaistadvacca
mūlakasyāralorapi | | 3 | | § 21002

6.18.2 Aṣṭāṅgahrdayasaṃhitā

asmādanantarametaccikitsocyata ityāha- sa0-vātodbhave
karṇaśūle māṃsarasena bhojito
vātaghnadravyasādhitam ghṛtam niśi pibet |
karṇam ca svinnam santam
pṛthagaśvatthādijānām patrāṇam
tailasaindhavadigdhānām puṭapākataḥ
svinnānām rasaiḥ koṣṇaiḥ pūrayet | tathaiva
mūlakasya rasena syonākasya ca rasena
pūrayet | § 21003

6.18.3 Aṣṭāṅgahrdayasaṃhitā

gaṇe vātahare+amleṣu mūtreṣu ca vipācitaḥ | | 3 | |
mahāsneho drutaṃ hanti sutīvrāmapi
vedanām | | 4 | | § 21005

6.18.4 Sarvāṅgasundarā

vātahare gaṇe+amleṣu mūtreṣu ca-gomūtrādiṣu, vipācito
mahāsneho drāgeva sudāruṇāmapi pīḍaṃ jayati | § 21006

6.18.5 Aṣṭāṅgahr̥dayasaṃhitā

mahataḥ pañcamūlasya kāṣṭhātkṣaumeṇa veṣṭitāt | | 4 | |
tailasiktātpradīptāgrāt snehaḥ sadyo
rujāpahaḥ | | 5 | |
yojyaścaivaṃ bhadrakāṣṭhātkuṣṭhātkāṣṭhācca
sāralāt | | 5 | | § 21009

6.18.6 Sarvāṅgasundarā

mahataḥ pañcamūlasya ekatamāt kāṣṭhāt kṣaumeṇa veṣṭi-
tāt tailasiktāt prajvalitāt grāhyaḥ snehaḥ | sa karṇe niṣiktaḥ
sadyo rujāhṛt | sa0-evam-anenaiva vidhinā, devadārukā-
ṣṭhāt kuṣṭhāt saralakāṣṭhācca cyutaḥ sneho-raso, yojyaḥ |
§ 21010

5

6.18.7 Aṣṭāṅgahr̥dayasaṃhitā

vātavyādhipratiśyāyavihitam hitamatra ca | | 6 | |
varjayecchirasā snānaṃ
śītāmbhaḥpānamahnyapi | | 6 | | § 21012

6.18.8 Sarvāṅgasundarā

vātavyādhou pratiśyāye ca yadvihitam bheṣajaṃ taccātra
hitam | sa0-śirasā saha snānaṃ varjayet | śītājalapānaṃ
divā+api na kāryam, rātrau tu sarvathā varjyamevetya-
rthaḥ | § 21013

6.18.9 Aṣṭāṅgahr̥dayasaṃhitā

pittaśūle sitāyuktaghr̥tasnigdham virecayet | | 7 | |
drākṣāyaṣṭīśr̥tam stanyam śasyate
karṇapūraṇam | | 7 | | § 21015

6.18.10 Sarvāṅgasundarā

pittaśūle sitānvitaghr̥tena snigdham virecayet | drākṣāma-
dhukasiddham strīkṣīram karṇapūraṇam hitam | § 21016

6.18.11 Aṣṭāṅgahr̥dayasaṃhitā

yaṣṭyanantāhimośīrakākolīrodhrajīvakaiḥ | | 8 | |
mr̥ṇālabisamañjiṣṭhāsārīvābhiśca
sādhayet | | 8 | |
yaṣṭīmadhurasaprasthakṣīradviprasthasaṃyutam | | 9 | |
tailasya kuḍavam
nasyapūraṇābhyañjanairidam | | 9 | |
nihanti śūladāhoṣāḥ kevalam kṣaudrameva 5
vā | | 10 | | § 21021

6.18.12 Sarvāṅgasundarā

yaṣṭyādibhiḥ kalkairmadhukakvāthaprasthena kṣīrasya
dviprasthena ca saṃyutam tailakuḍavam sādhyet | na-
syakarṇapūraṇābhyañjanairidam śūlādīn hanti | kevalam
kṣaudram vā | § 21022

6.18.13 Aṣṭāṅgahr̥dayasaṃhitā

yaṣṭyādibhiśca saghr̥taiḥ karṇau
dihyātsamantataḥ | | 10 | | § 21023

6.18.14 Sarvāṅgasundarā

yaṣṭyādibhiḥ-pūrvoktaiḥ, sasarpikaiḥ karṇau ca parito li-
mpet | § 21024

6.18.15 Aṣṭāṅgahr̥dayasaṃhitā

vāmayet pippalīsiddhasarpiḥsnigdham
kaphodbhave | | 11 | |
dhūmanāvanagaṇḍūṣasvedān
kuryātkaphāpahān | | 11 | | § 21026

6.18.16 Sarvāṅgasundarā

kaphothe pippalīpakvaghṛtasnigdham vāmayet | dhūmā-
dīṃśca kaphaghnān vidadhyāt | § 21027

6.18.17 Aṣṭāṅgahr̥dayasaṃhitā

laśunārdrakaśigrūṇāṃ muruṅgyā mūlakasya ca | | 12 | |
kadalyāḥ svarasaḥ śreṣṭhaḥ kaduṣṇaḥ
karṇapūraṇe | | 12 | | § 21029

6.18.18 Sarvāṅgasundarā

laśunādīnāṃ pṛthak pṛthak svarasaḥ karṇapūraṇe koṣṇaḥ
śreṣṭhaḥ | § 21030

6.18.19 Aṣṭāṅgahr̥dayasaṃhitā

arkāṅkurānamlapiṣṭāmstailāktāṃllavaṇānvitān | | 13 | |
sannidhāya snuhīkāṇḍe korite
tacchadāvṛtān | | 13 | |
svedayetpuṭapākena sa rasaḥ
śūlajitparam | | 14 | | § 21033

6.18.20 Sarvāṅgasundarā

arkāṅkurānamlena-kāñikena, piṣṭāṃstailena rūkṣi(ṣi)tān
lavaṅānvitān snuhīkāṅde korite sannidhāya tasyāḥ-snuhyāḥ,
patrairāvṛtān puṭapākena svedayet | sa rasaḥ paraṃ śūla-
jit | § 21034

6.18.21 Aṣṭāṅgahr̥dayasamhitā

rasena bījapūrasya kapitthasya ca pūrayet | | 14 | |
suktena pūrayitvā vā
phenenānvavacūrṇayet | | 15 | | § 21036

6.18.22 Sarvāṅgasundarā

tathā bījapūrasya rasena kapittharasena ca pūrayet | ath-
avā suktena pūrayitvā samudraphenacūrṇairavacūrṇa-
yet | § 21037

6.18.23 Aṣṭāṅgahr̥dayasamhitā

ajāvimūtravaṃśatvak+a+asiddham tailaṃ ca
pūraṇam | | 15 | |
siddham vā sārṣapaṃ tailaṃ
hiṅgutumburunāgaraiḥ | | 16 | | § 21039

6.18.24 Sarvāṅgasundarā

ajāvimūtrābhyāṃ vaṃśatvacā ca siddham tailaṃ pūra-
ṇam hitam | sārṣapaṃ tailaṃ hiṅgutumburuśuṅṭhībhiḥ si-
ddham pūraṇam hitam | § 21040

6.18.25 Aṣṭāṅgahr̥dayasamhitā

raktaje pittavatkāryaṃ sirāṃ cāśu
vimokṣayet | | 16 | | § 21041

6.18.26 Sarvāṅgasundarā

raktaje karṇasūle pittavatkāryam | śīghraṃ ca sirāṃ vim-
okṣayet | § 21042

6.18.27 Aṣṭāṅgahr̥dayasaṃhitā

pakve pūyavahe karṇe dhūmagaṇḍūṣanāvanam | | 17 | |
yuñjyānnāḍīvidhānaṃ ca duṣṭavraṇaharaṃ ca
yat | | 17 | | § 21044

6.18.28 Sarvāṅgasundarā

pakve pūyavahe karṇe dhūmādikam̐ yojyam | nāḍīvidh-
ānaṃ ca yojyam | duṣṭavraṇaghnaṃ yacca tacca yojyam |
§ 21045

6.18.29 Aṣṭāṅgahr̥dayasaṃhitā

srotaḥ pramuḥya digdham̐ tu dvau kālau
picuvartibhiḥ | | 18 | |
pureṇa dhūpayitvā tu māḥṣikeṇa
prapūrayet | | 18 | |
surasādigaṇakvāthaphāṇitāktāṃ ca
yojayet | | 19 | |
picuvartim̐ susūkṣmaīśca
taccūrṇairavacūrṇayet | | 19 | | § 21049

6.18.30 Sarvāṅgasundarā

picuvartibhiśca karṇasroto digdham̐-pūyena, dvau kālau
pramūḥya guggulunā dhūpayitvā tato māḥṣikeṇa pūrayet |
surasādigaṇakvāthakṛtaphāṇitāktāṃ picuvartim̐ ca yoja-
yet | susūkṣmaistaccūrṇaiḥ-surasādirajobhiḥ, avacūrṇayet
5 karṇasrotaḥ | § 21050

6.18.31 Aṣṭāṅgahr̥dayasaṃhitā

śūlakledagurutvānām vidhiresa nivartakaḥ | | 20 | |
priyaṅgumadhukāmbaṣṭhādadhātakyutpalaparṇibhiḥ | | 20 | |
mañjiṣṭhālodhralākṣābhiḥ kapitthasya rasena
ca | | 21 | |
pacetailaṃ tadāsrāvaṃ niḡrḥṇātyāśu
pūraṇāt | | 21 | | § 21054

6.18.32 Sarvāṅgasundarā

śūlādīnām nivartako vidhiresaḥ | sa0-priyaṅgvādibhiḥ ka-
pittharasena tailaṃ pacet | tatpūraṇāddrāgevāsrāvaṃ ni-
rharati | § 21055

6.18.33 Aṣṭāṅgahr̥dayasaṃhitā

nādabādhiryayoḥ kuryād vātaśūloktamauṣadham | | 22 | |
śleṣmānubandhe śleṣmāṇaṃ
prāgjayedvamanādibhiḥ | | 22 | | § 21057

6.18.34 Sarvāṅgasundarā

nāde badhiratve ca vātaśūloktamauṣadham kuryāt | śle-
ṣmānubandhe prāk śleṣmāṇaṃ vamanādibhirjayet | § 21058

6.18.35 Aṣṭāṅgahr̥dayasaṃhitā

eraṇḍaśigruvaruṇamūlakātpatraje rase | | 23 | |
caturguṇe pacetailaṃ kṣīre
cāṣṭaguṇonmite | | 23 | |
yaṣṭyāhvākṣīrakākolīkalkayuktaṃ nihanti
tat | | 24 | |
nādabādhiryaśūlāni
nāvanābhyaṅgapūraṇaiḥ | | 24 | | § 21062

6.18.36 Sarvāṅgasundarā

eraṇḍādipatraje rase caturguṇe kṣīre cāṣṭaguṇe yaṣṭikādi-
kalkayutaṃ tailaṃ pacet | tacca nāvanādibhirnādādīn ha-
nti | § 21063

6.18.37 Aṣṭāṅgahr̥dayasaṃhitā

pakvaṃ prativiṣāhiṅgumiśi-
tvak+a+asvarjikoṣaṇaiḥ | | 25 | |
sasuktaiḥ pūraṇāttailaṃ
ruk+a+asrāvāśrutinādanut | | 25 | | § 21065

6.18.38 Sarvāṅgasundarā

prativiṣādibhiḥ saṃyuktaṃ tailaṃ pakvaṃ pūraṇādrujād-
ijit | § 21066

6.18.39 Aṣṭāṅgahr̥dayasaṃhitā

karṇanāde hitaṃ tailaṃ sarṣapotthaṃ ca
pūraṇe | | 26 | | § 21067

6.18.40 Sarvāṅgasundarā

sarṣapodbhavaṃ ca tailaṃ karṇanāde hitaṃ | § 21068

6.18.41 Aṣṭāṅgahr̥dayasaṃhitā

śuṣkamūlakakhaṇḍānāṃ kṣāro hiṅgu
mahauśadham | | 26 | |
śatapuṣpāvacākuṣṭhadāruśigrurasāñjanam | | 27 | |
sauvarcalayavakṣārasvarjikaudbhidasaindhavam | | 27 | |
bhūrjagranthibiḍaṃ mustā madhusuktaṃ
caturguṇam | | 28 | |

mātuluṅgarasastadvat kadalīsvarasaśca
taiḥ | |28| |
pakvaṃ tailaṃ jayatyāśu sukṛcchrānapi
pūraṇāt | |29| |
kaṇḍūṃ kledaṃ ca
bādhiryapūtikarṇatvaruk+a+akṛmīn | |29| |
kṣāratailamidaṃ śreṣṭhaṃ mukhadantāmayeṣu
ca | |30| | § 21076

6.18.42 Sarvāṅgasundarā

śuṣkamūlakakhaṇḍānāṃ kṣārādīni sāmānyaparibhāṣokt-
apramāṇāni tathā tailānmadhuyutaṃ suktaṃ caturguṇaṃ
tathā bījapūraraṣaḥ kadalīsvarasaśca caturguṇaḥ | taireta-
istailaṃ pakvaṃ pūraṇāt sukṛcchrānapi kaṇḍvādīnāśu ja-
yet | idaṃ kṣāratailam mukhadantarogeṣu ca śreṣṭhaṃ | 5
§ 21077

6.18.43 Aṣṭāṅgahr̥dayasaṃhitā

atha suptāviva syātāṃ karṇau raktaṃ
haretataḥ | |30| | § 21078

6.18.44 Sarvāṅgasundarā

yadi karṇau suptāviva syātāṃ tadā+asraṃ haret | § 21079

6.18.45 Aṣṭāṅgahr̥dayasaṃhitā

saśophakledayormandaśrutervamanamācaret | |31| |
bādhiryaṃ varjayedbālavṛddhayaścirajaṃ ca
yat | |31| | § 21081

6.18.46 Sarvāṅgasundarā

karṇayoḥ saśophakledayormandaśruterāturasya vamanam
prayuñjyāt | sa0-bādhiryam bālavṛddhoyościrajātam ca
yattadvarjayet | § 21082

6.18.47 Aṣṭāṅgahr̥dayasaṃhitā

pratīnāhe parikledya snehasvedairviśodhayet | | 32 | |
karṇaśodhanakenānu karṇam tailasya
pūrayet | | 32 | |
sasuktasaindhavamadhormātuluṅgarasasya
vā | | 33 | |
śodhanādrūkṣatotpattau ghṛtamaṇḍasya
pūraṇam | | 33 | | § 21086

6.18.48 Sarvāṅgasundarā

pratīnāhe snehasvedaiḥ parikledya karṇam karṇaśodhan-
akena viśodhayet | paścāttailasya suktādinā yuktasya ka-
rṇau(rṇam) pūrayet | tailasyeti sambandhamātre ṣaṣṭhī |
mātuluṅgarasasya vā suktādiyuktasya pūrayet | śodhan-
5 ena rūkṣatotpattau satyāṃ ghṛtamaṇḍasya pūraṇam hi-
tam | § 21087

6.18.49 Aṣṭāṅgahr̥dayasaṃhitā

kramo+ayam malapūrṇe+api karṇekaṇḍvām
kaphāpaham | | 34 | |
nasyādi, tadvacchophe+api kaṭuṣṇaiścātra
lepanam | | 34 | | § 21089

6.18.50 Sarvāṅgasundarā

karṇe malena pūrṇe+apyayam-pratīnāhoktaḥ, kramah kā-
ryaḥ | sa0-kaṇḍvām tathā kaphaghnam nasyādi | śo-
phe+api tathaiivāyam kramah | kaṭuṣṇaiśca lepanam hi-
tam | § 21090

6.18.51 Aṣṭāṅgahr̥dayasaṃhitā

karṇasrāvoditaṃ kuryātpūtikṛmiṇakarṇayoḥ | |35| |
pūraṇaṃ kaṭutailena viśeṣāt
kṛmikarṇake | |35| | § 21092

6.18.52 Sarvāṅgasundarā

pūtikarṇe kṛmi[ṇa]karṇe ca karṇasrāvoktaṃ cikitsitaṃ ku-
ryāt | kṛmiṇakarṇake viśeṣātkaṭutailena pūraṇaṃ hitam |
§ 21093

6.18.53 Aṣṭāṅgahr̥dayasaṃhitā

vamipūrvā hitā karṇavidradhau vidradhikriyā | |36| |
pittotthakarṇaśūloktaṃ kartavyaṃ
kṣatavidradhau | |36| |
arśorbudeṣu nāsāvad āmā karṇavidārikā | |37| |
karṇavidradhivatsādhyā yathādoṣodayena
ca | |37| | § 21097

6.18.54 Sarvāṅgasundarā

karṇavidradhau vamanapūrvā vidradhikriyā śastā | sa0-
kṣatavidradhau pittotthakarṇaśūloktaṃ sarvaṃ karta-
vyam | sa0-arśorbudeṣu nāsāvat cikitsā | sa0-karṇavidārikā+apakvā
karṇavidradhivat cikitsyā, yathādoṣodayena ca | § 21098

6.18.55 Aṣṭāṅgahr̥dayasaṃhitā

pālīsoṣe+anilaśrotraśūlavannasyalepanam | |38| |
svedaṃ ca kuryāt svinnāṃ ca
pālīmudvartayettilaiḥ | |38| |
priyālabījayasṭyāhvahayagandhāyavānvitaiḥ | |39| | § 21101

6.18.56 Sarvāṅgasundarā

pālīsoṣe vātaśrotraśūla iva nasyādi svedaṃ ca kuryāt |
pālīm ca svinnāṃ tilaiḥ priyālabījādiyuktairudvartayet |
§ 21102

6.18.57 Aṣṭāṅgahr̥dayasaṃhitā

tataḥ puṣṭikaraiḥ snehairabhyaṅgaṃ
nityamācaret | | 39 | | § 21103

6.18.58 Sarvāṅgasundarā

tataḥ snehaiḥ puṣṭikṛdbhirnityaṃ sā+abhyaktavyā | § 21104

6.18.59 Aṣṭāṅgahr̥dayasaṃhitā

śatāvarīvājigandhāpayasyairaṇḍajīvakaiḥ | | 40 | |
tailaṃ vipakvaṃ sakṣīraṃ pālīnāṃ
puṣṭikṛtparam | | 40 | | § 21106

6.18.60 Sarvāṅgasundarā

śatāvaryādibhistailaṃ sakṣīraṃ pakvaṃ pālīnāṃ paraṃ
puṣṭikṛt | § 21107

6.18.61 Aṣṭāṅgahr̥dayasaṃhitā

kalkena jīvanīyena tailaṃ payasi pācitam | | 41 | |
ānūpamāṃsakvāthe ca
pālīpoṣaṇavardhanam | | 41 | | § 21109

6.18.62 Sarvāṅgasundarā

jīvantyādigaṇajena kalkena kṣīre ānūpamāṃsakvāthe ca
tailaṃ pācitam pālīpoṣaṇam pālīvr̥ddhikṛcca | § 21110

6.18.63 Aṣṭāṅgahr̥dayasaṃhitā

pālīm chittvā+atisaṅkṣīṇāṃ śeṣāṃ sandhāya
poṣayet | | 42 | | § 21111

6.18.64 Sarvāṅgasundarā

pālīmatisaṅkṣīṇāṃ chittvā śeṣāṃ sandhāya vardhayet |
§ 21112

6.18.65 Aṣṭāṅgahr̥dayasaṃhitā

yāpyaivaṃ tantrikākhyā+api paripoṭe+apyayam
vidhiḥ | | 42 | |
utpāte śītalairlepo
jalaukoḥṛtaśoṇite | | 43 | | § 21114

6.18.66 Sarvāṅgasundarā

yāpyaivaṃ tantrikāsaṃjñā | sa0-paripoṭe+apyeṣa eva vi-
dhiryāpyākhyāḥ | sa0-utpāte jalaukobhirapanītarakte śīta-
lairlepaḥ | § 21115

6.18.67 Aṣṭāṅgahr̥dayasaṃhitā

jambvāmrapallavabalāyaṣṭīrodhratilotpalaḥ | | 43 | |
sadhānyāmlaiḥ samañjiṣṭhaiḥ sakadambaiḥ
sasārivaiḥ | | 44 | |
siddhamabhyañjane tailaṃ visarpoktaghṛtāni
ca | | 44 | | § 21118

6.18.68 Sarvāṅgasundarā

jambvādibhiḥ siddham tailamabhyañge hitam | visarpokt-
aghṛtāni ca hitāni | § 21119

6.18.69 Aṣṭāṅgahr̥dayasaṃhitā

unmanthe+abhyañjanam tailam
godhākarkavasānvitam | | 45 | |
tālapatryaśvagandhārkabākucīphalasaindhavaiḥ | | 45 | |
surasālāṅgalībhyāṃ ca siddham, tīkṣṇam ca
nāvanam | | 46 | | § 21122

6.18.70 Sarvāṅgasundarā

unmanthe tailam godhākarkaṭavasāyuktam tālaparṇyād-
ibhiḥ siddhamabhyañjanam hitam | tathā surasālāṅgalī-
bhyāṃ ca tailam siddham tīkṣṇam nāvanam hitam | § 21123

6.18.71 Aṣṭāṅgahr̥dayasaṃhitā

durviddhe+aśmantajambvāmrapatrakvāthena
secitām | | 46 | |
tailena pālīm svabhyaktām
suślakṣṇairavacūrṇayet | | 47 | |
cūrṇairmadhukamañjiṣṭhāprapuṇḍrāhvaniśodbhavaiḥ | | 47 | |
lākṣāviḍaṅgasiddham ca tailamabhyañjane
hitam | | 48 | | § 21127

6.18.72 Sarvāṅgasundarā

durviddhe+aśmantakādikvāthena secitām pālīm tailena
svabhyaktām madhukādibhiḥ sūkṣmarajīkṛtairavacūrṇa-
yet | lākṣāviḍaṅgasiddham tailamabhyañjane hitam | § 21128

6.18.73 Aṣṭāṅgahr̥dayasaṃhitā

svinnām gomayajaiḥ piṇḍairbahuśaḥ parilehikām | | 48 | |
viḍaṅgasārairālimpedurabhṛīmūtrakalkitaiḥ | | 49 | |
kauṭajeṅgudakārañjabījaśamyākavalkalaiḥ | | 49 | |

athavā+abhyañjanaṃ tairvā kaṭutailaṃ
vipācayet | | 50 | |
sanimbapatramaricamadanairehikāvraṇe | | 50 | | § 21133

6.18.74 Sarvāṅgasundarā

parilehikāṃ gomayajaiḥ piṇḍairbahuśaḥ svinnāṃ vi-
ḍaṅgasārairurabhrīmūtrakalkitairālimpet | kauṭajādibījā-
dibhirvā+avimūtreṇa kalkitairālimpet | athavā taireva-
kauṭajādibhiḥ, kaṭutailaṃ nimbādibhiḥ saha vipācayet le-
hikāvraṇe | § 21134

5

6.18.75 Aṣṭāṅgahr̥dayasaṃhitā

chinnaṃ tu karṇaṃ śuddhasya bandhamālocya
yaugikam | | 51 | |
śuddhāsraṃ lāgayellagne sadyaśchinne
viśodhanam | | 51 | | § 21136

6.18.76 Sarvāṅgasundarā

karṇaṃ tu chinnaṃ śuddharaktaṃ śuddhasya yaugi-
kaṃ bandhamālocya lāgayet | lagne karṇe sadyaśchinne
viśodhanaṃ-virekādi | § 21137

6.18.77 Aṣṭāṅgahr̥dayasaṃhitā

atha grathitvā keśāntaṃ kṛtvā chedanalekhanam | | 52 | |
niveśya sandhiṃ suśamaṃ na nimnaṃ na
samunnatam | | 52 | |
abhyajya madhusarpirbhyāṃ
picuplotāvaguṇṭhitam | | 53 | |
sūtreṇāgādhaśithilaṃ baddhvā
cūrṇairavākiret | | 53 | |
śoṇitasthāpanairvraṇyamācāraṃ
cādiśettataḥ | | 54 | |

5

saptāhādāmatailāktam śanairapanayet
picum | | 54 | | § 21143

6.18.78 Sarvāṅgasundarā

keśāntam grathitvā chedanam lekhanam ca kṛtvā sandhim
suśamam niveśya na nimnam na connatam, suśamamiti
"suśāmādiṣu ca" iti śatvam, abhyajya madhusarpirbhyām
picuplotāvaguṅṭhitam sūtreṇa na gāḍham na ca śithilam
5 badhvā śoṇitasthāpanaiḥ-madhukagairikādibhiḥ, avacū-
rṇayet | tato vranahitamācāramācāret | saptāhādūrdhva-
māmatailenāktam śanaiḥ picumapanayet | suśrute(?) (sa-
rṅrahe) tūktam (saṃ. u. a. 22)- "na karṇe śopharāgādiyukte
sandhānamīṣyate | na ghasmarasya nātyuṣṇe nāvīśuddh-
10 atanorapi | | " iti | § 21144

6.18.79 Aṣṭāṅgahr̥dayasaṃhitā

surūḍham jātaromāṇam śliṣṭasandhim samam
sthiram | | 55 | |
suvarṣmāṇamarogam ca śanaiḥ karṇam
vivardhayet | | 55 | | § 21146

6.18.80 Sarvāṅgasundarā

surūḍhādiguṇam ca karṇam śanairvivardhayet | § 21147

6.18.81 Aṣṭāṅgahr̥dayasaṃhitā

jalaśūkaḥ svayaṅguptā rajanyau br̥hatīphalam | | 56 | |
aśvagandhābalāhastipippalīgaurasarsapāḥ | | 56 | |
mūlam kośātakāśvaghnarūpikāsaptaparṇa-
jam | | 57 | |
chucchundarī kālamṛtā gr̥ham
madhukarīkṛtam | | 57 | |

jatūkā jalajanmā ca tathā
śabarakandakam | |58| |
ebhiḥ kalkaiḥ kharaṃ pakvaṃ sataiḥ
māhiṣaṃ ghṛtam | |58| |
hastyaśvamūtreṇa paramabhyaṅgātkarṇavardh-
anam | |59| | § 21154

6.18.82 Sarvāṅgasundarā

jalaśūkādibhiraḥśvayormūtraiḥ piṣṭaiḥ sataiḥ māhi-
ṣaṃ ghṛtam kharapākam pakvamabhyaṅgāt karṇavardh-
anam | jalaśūkaḥ-śevālam | rūpikā-arkaḥ | chucchundarī-
mūṣikābhedaḥ | sā ca kālena mṛtā, na tu vyāpāditā | 5
jatūkā-carmacaṭikā | jalajanmā-jalaukā | śabarakandako-
laśunaḥ | § 21155

6.18.83 Aṣṭāṅgahrdayasaṃhitā

atha kuryādvayasthasya chinnāṃ śuddhasya
nāsikām | |59| |
chindyānnāsāsamam patraṃ tattulyam ca
kapolataḥ | |60| |
tvaṅmāmsam nāsikāsanne rakṣamstattanutām
nayet | |60| |
sīvyed gaṇḍam tataḥ sūcyā sevinyā
picuyuktayā | |61| |
nāsācchede+atha likhite parivartyopari 5
tvacam | |61| |
kapolavadhraṃ sandadhyātsīvyennāsām ca
yatnataḥ | |62| |
nāḍībhyāmutkṣipedantaḥ
sukhocchvāsapravṛttaye | |62| |
āmatailena siktvā ?
pattaṅgamadhukāñjanaiḥ | |63| |
śoṇitasthāpanaiścānyaiḥ
suślakṣṇairavacūrṇayet | |63| |

tato madhughṛtābhyaktaṃ
badhvā+a+acārikamādiṣet | | 64 | |
jñātvā+avasthāntaram kuryāt
sadyovraṇavidhiṃ tataḥ | | 64 | |
chindyādrūḍhe+adhikaṃ māṃsam
nāsopāntācca carma tat | | 65 | |
sīvyettataśca suślakṣṇaṃ hīnaṃ
saṃvardhayetpunaḥ | | 65 | | § 21168

6.18.84 Sarvāṅgasundarā

atheti maṅgale | kṛtamaṅgalasya vayasthasya-taruṇasya,
śuddhasya nāsikāṃ chinnāṃ kuryāt | katham ? ityāha-
nāsātulyaṃ patraṃ chindyāt | tena-patreṇa, tulyaṃ kap-
olācchindyāt | nāsikātulye deśe tvacaṃ māṃsam ca ra-
5 kṣan tat-patraṃ, tanutāṃ nayet | anantaram sūcyā sev-
inyā picuyuktayā gaṇḍaṃ sīvyet | atha nāsāchede likh-
ite tattvacamuparivartya kapolavadhraṃ sandadhyāt | nā-
sāṃ ca yatnena sīvyet | antaḥ-madhye, nāsikāṃ nāḍībhy-
āmukṣipet sukhocchvāsapravartanāya | tata āmatailena
10 siktvā pattaṅgamadhukāñjanairavacūrṇayet | anyairapi-
sirāvyadhavidhyuktaiḥ śoṇitasthāpanaiḥ (hr̥. sū. a. 27 | 48)
, suślakṣṇaiścūrṇairavacūrṇayet | anantaram māksikaghr̥-
tābhyāmabhyaktaṃ badhvā, ācārikaṃ-snehavidhyuktaṃ,
ādiṣet | avasthāntaram ca jñātvā sadyovraṇapratiśedhavi-
15 dhim kuryāt | tato rūḍhe satyadhikaṃ māṃsam tacca nās-
āsamīpādadhikaṃ carma chindyāt | anantaram sīvyet | ta-
taḥ suślakṣṇaṃ ca kṛtvā punaḥ sīvyet | hīnaṃ ca vardha-
yet | § 21169

6.18.85 Aṣṭāṅgahr̥dayasaṃhitā

niveśite yathānyāsaṃ sadyaścchinne+apyayaṃ
vidhiḥ | | 66 | |
nāḍīyogādvinauṣṭhasya
nāsāsandhānavadvidhiḥ | | 66 | | § 21171

iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira-
citāyāmaṣṭāṅgahrdayasaṃhitāyāṃ ṣaṣṭhe uttarasthāne ka-
rṇarogapraṭiśedho nāmāṣṭādaśo+adhyāyaḥ | | 18 | | § 21172

6.18.86 Sarvāṅgasundarā

sadyaśchinne+api ghrāṇe yathānyāsaṃ niveśite satyayam-
eva vidhiḥ | sa0-nāḍīyogamantareṇauṣṭhasyāpi chinnyasya
nāsāsandhānatulyo vidhiriti | iti śrīmr̥gāṅkadattaputraśrī-
madaruṇadattaviracitāyāmaṣṭāṅgahrdayaṭīkāyāṃ sarvā-
ṅgasundarākhyāyāṃ ṣaṣṭhe uttarasthāne karṇarogapraṭi- 5
śedho nāmāṣṭādaśo+adhyāyaḥ samāptaḥ | | 18 | | § 21173

6.19 nāsārogavijñānīyādhyāyaḥ : 19

6.19.1 Aṣṭāṅgahrdayasaṃhitā

athāto nāsārogavijñānīyaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
)avaśyāyānilarajobhāṣyātisvapnajāgaraiḥ | | 1 | |
nīcātyuccopadhānena pītenānyena vāriṇā | | 1 | |
atyambupānaramaṇacchardibāṣpagrahādibhiḥ | | 2 | |
kruddhā vātolbaṇā doṣā nāsāyāṃ styānatāṃ
gatāḥ | | 2 | |
janayanti pratiśyāyaṃ vardhamānaṃ
kṣayapradam | | 3 | | § 21180

6.19.2 Aṣṭāṅgahrdayasaṃhitā

sa0-avaśyāyādibhirvātolbaṇā doṣāḥ kruddhā nāsāyāṃ
styānatāṃ-ghanatvaṃ prāptāḥ, pratiśyāyaṃ
janayanti | kimbhūtam ? vivardhamānaṃ
kṣayapradam | § 21181

6.19.3 Aṣṭāṅgahr̥dayasaṃhitā

tatra vātātpratiśyāye mukhaśoṣo bhṛsam kṣavaḥ | | 3 | |
ghrāṇoparodhanistodadantaśaṅkhaśirovyathāḥ | | 4 | |
kīṭikā iva sarpaṅtīrmanyate parito
bhruvau | | 4 | |
svarasādaścīrātpākaḥ
śīśīrācchakaphasrutīḥ | | 5 | | § 21185

6.19.4 Sarvāṅgasundarā

[tatra-] teṣu rogeṣu vātapittakaphādyuttheṣu madhye, vā-
tāt pratiśyāye sati mukhaśoṣādayaḥ syuḥ | bhruvau pari-
taḥ kīṭikāḥ sarpaṅtīriva manyate | bhṛvau parita iti "abhi-
taḥ paritaḥ" iti dvitīyā | svarasādādayaśca syuḥ | § 21186

6.19.5 Aṣṭāṅgahr̥dayasaṃhitā

pittātṛṣṇājvaraghrāṇapiṭikāsambhavabhramāḥ | | 5 | |
nāsāgrapāko
rūkṣoṣṇatāmrapītakaphasrutīḥ | | 6 | | § 21188

6.19.6 Sarvāṅgasundarā

pittāt pratiśyāye sati ṛṣṇādayo bhavanti | ghrāṇamadye
piṭikā ghrāṇapiṭikāḥ, tāsāṃ sambhavaḥ | nāsāyā agre pāko
nāsāgrapākaḥ | § 21189

6.19.7 Aṣṭāṅgahr̥dayasaṃhitā

kaphātkāso+aruciḥ śvāso vamathurgātragauravam | | 6 | |
mādhuryaṃ vadane kaṇḍūḥ
snigdhaśuklakaphasrutīḥ | | 7 | | § 21191

6.19.8 Sarvāṅgasundarā

kaphāt pratiśyāye sati kāsādayaḥ syuḥ | § 21192

6.19.9 Aṣṭāṅgahr̥dayasaṃhitā

sarvajo lakṣaṇaiḥ

sarvairakasmādvṛddhiśāntimān | | 7 | | § 21193

6.19.10 Sarvāṅgasundarā

tridoṣajaḥ pratiśyāyaḥ sarvadoṣalakṣaṇairyutaḥ | akasmāt-
nimittam vinā, vṛddhimāṃśchāntimāṃśca | § 21194

6.19.11 Aṣṭāṅgahr̥dayasaṃhitā

duṣṭam nāsāsirāḥ prāpya pratiśyāyam karotyasṛk | | 8 | |
urasaḥ suptatā tāmranetratvam
śvāsapūtītā | | 8 | |
kaṇḍūḥ śrotrākṣināsāsu pittoktam cātra
lakṣaṇam | | 9 | | § 21197

6.19.12 Sarvāṅgasundarā

rakṭam duṣṭam nāsāsirāḥ prāptam pratiśyāyam karoti | ta-
sminnurasaḥ suptatva tāmranayanatvādikam pittābhihi-
tam ca lakṣaṇam syāt | § 21198

6.19.13 Aṣṭāṅgahr̥dayasaṃhitā

sarva eva pratiśyāyā duṣṭatām yāntyupekṣitāḥ | | 9 | |
yathoktopadravādhikyātsa
sarvendriyatāpanaḥ | | 10 | |
sāgnisādajvaraśvāsakāśoraḥpārśvavedanaḥ | | 10 | |
kupyatyakasmādbahuśo
mukhadaurgandhyaśophakṛt | | 11 | |
nāsikākledasaṃśośasuddhirodhakaro 5
muhuḥ | | 11 | |
pūyopamāsītāraktagrathitaśleṣmasaṃsrutiḥ | | 12 | |

mūrcchanti cātra kṛmayo
dīrghasniḡdhasitāṇavaḥ | | 12 | |
pakvaliṅgāni teṣvaṅgalāghavaṃ kṣavathoḥ
śamaḥ | | 13 | |
śleṣmā sacikkaṇaḥ pīto+ajñānaṃ ca
rasagandhayoḥ | | 13 | | § 21207

6.19.14 Sarvāṅgasundarā

sarva eva pratiśyāyā upekṣitā duṣṭatvaṃ yānti | sa tu-
duṣṭapīnaso, yathoktopadravāṇāṃ-mukhaśoṣādīnāṃ, ādh-
ikyāddhetoḥ sarvendriyatāpano-nāsācakṣurādīnāṃ khed-
akaḥ, agnisādādiyutaśca syāt | tathā sahasaiva punaḥ pu-
5 naḥ kupyati | mukhadaurgandhyādikaraḥ, tathā nāsikākl-
edādikaro muhuḥ pūyasadrśakṣṇaraktapiṇḡditaśleṣmasr-
utiḥ | atra ca kṛmayo mūrcchanti dīrghāḥ sniḡdhāḥ śve-
tāḥ susūkṣmāśca | sa0-teṣu-pratiśyāyeṣu, pakvalakṣaṇāni |
tadyathā,-aṅgasya-śarīrasya lāghavaṃ syāt, kṣuteśca śa-
10 maḥ, kaphaḥ sacikkaṇaḥ pīto, rasagandhayoścājñānamiti |
bhṛśakṣavākhyam lakṣayitumāha- § 21208

6.19.15 Aṣṭāṅgahr̥dayasaṃhitā

tīkṣṇāghrāṇopayogārkaśmisūtratṛṇādibhiḥ | | 14 | |
vātakopibhiranyairvā
nāsikātaruṇāsthani | | 14 | |
vighaṭṭite+anilaḥ krudho ruddhaḥ śṛṅgāṭakaṃ
vrajat | | 15 | |
nivṛttaḥ kurute+atyartham kṣavathum sa
bhṛśakṣavaḥ | | 15 | | § 21212

6.19.16 Sarvāṅgasundarā

tīkṣṇasya-marīcādeḥ, ghrāṇāt-siṃhanāt, tathā raviraśmy-
ādibhirvātakopibhiranyairvā nāsātaruṇāsthani vighaṭṭite
sati vāyuh kṛddho ruddhaḥ śṛṅgāṭakaṃ gacchet | sa nivṛ-
ttaḥ san atyantam chikkām kurute | sa bhṛśakṣava ucyate |
5 § 21213

6.19.17 Aṣṭāṅgahr̥dayasaṃhitā

śoṣayannāsikāsrotaḥ kaphaṃ ca kurute+anilaḥ | | 16 | |
śūkapūrṇābhanāsātvam̐ kṛcchrāducchvasanaṃ
tataḥ | | 16 | |
smṛto+asau
nāsikāśoṣo----- | | 17 | | § 21216

6.19.18 Sarvāṅgasundarā

śoṣayannāsikāsrotaḥ kaphaṃ ca vāyuh̥ śūkapūrṇābhanās-
ātvam̐ kurute | tataḥ kṛcchrāducchvasanaṃ syāt | asau nā-
sikāśoṣaḥ smṛtaḥ | § 21217

6.19.19 Aṣṭāṅgahr̥dayasaṃhitā

-----nāsānāhe tu jāyate | | 17 | |
naddhatvamiva nāsāyāḥ śleṣmaruddhena
vāyunā | | 17 | |
niḥśvāsocchvāsasaṃrodhāt srotasī saṃvṛte
iva | | 18 | | § 21220

6.19.20 Sarvāṅgasundarā

nāsānāhākhye roge jāte sati ghr̥ṇasya naddhatvam̐
āpūramiva, jāyate | śleṣmaṇā ruddhena vātena niḥśvāso-
cchāsasaṃrodhāt srotasī saṃvṛte iva syātām | § 21221

6.19.21 Aṣṭāṅgahr̥dayasaṃhitā

pacennāsāpuṭe pittaṃ tvaṅmāṃsaṃ dāhaśūlavat | | 18 | |
sa ghr̥ṇapākaḥ-----
| | 19 | | § 21223

6.19.22 Sarvāṅgasundarā

pittaṃ karṭṛ nāsāpuṭe tvañmāṃsaṃ sadāhaśūlaṃ pacet sa
ghrāṇapākākhyah | § 21224

6.19.23 Aṣṭāṅghṛdayasaṃhitā

-----srāvastu tatsaṃjñāḥ śleṣmasambhavaḥ | | 19 | |
accho jalopamo+ajasraṃ viśeṣāñniśi
jāyate | | 19 | | § 21226

6.19.24 Sarvāṅgasundarā

srāvastu tatsaṃjño-ghrāṇasrāvākhyah | sa ca kaphādeva
kevalādbhavati | accho jalasadrśo nityaṃ srāvo jāyate, viś-
eṣeṇa rātrau | § 21227

6.19.25 Aṣṭāṅghṛdayasaṃhitā

kaphaḥ pravṛddho nāsāyāṃ ruddhvā
srotāṃsyapīnasam | | 20 | |
kuryātsaghurghuraśwāsam
pīnasādhikavedanam | | 20 | |
averiva sravatyasya praklinnā tena
nāsikā | | 21 | |
ajasraṃ picchilaṃ pītaṃ pakwaṃ siṅghāṇakaṃ
ghanam | | 21 | | § 21231

6.19.26 Aṣṭāṅghṛdayasaṃhitā

kapho nāsāyāṃ pravṛddho ruddhvā srotāṃsyapīnasam
ghurghuraśwāsayutaṃ pīnasādhikarujaṃ
kuryāt | tena-apīnasena, asya rogiṇo
meṣasyevānavarataṃ praklinnā nāsikā
picchilādiyuktaṃ kaphaṃ siṅghāṇakaṃ
sravati | § 21232

6.19.27 Aṣṭāṅgahr̥dayasaṃhitā

raktena nāsā dagdheva bāhyāntaḥ sparśanāsahā | | 22 | |
bhaveddhūmopamocchvāsā sā dīptirdahatīva
ca | | 22 | | § 21234

6.19.28 Sarvāṅgasundarā

raktena nāsā dagdheva bāhyato+antarataśca sparśanaṃ na
sahate | tathā dhūmopamocchvāsā dahatīva ca | sā dīptis-
aṃjñā rogajātiḥ | § 21235

6.19.29 Aṣṭāṅgahr̥dayasaṃhitā

tālumūle malairduṣṭairmāruto mukhanāsikāt | | 23 | |
śleṣmā ca pūtirnirgacchet pūtināsaṃ vadanti
tam | | 23 | | § 21237

6.19.30 Sarvāṅgasundarā

tālumūle doṣairduṣṭairmukhanāsikād vāyuḥ kaphaśca pū-
tirnirgacchet, taṃ pūtināsaṃ vadanti | § 21238

6.19.31 Aṣṭāṅgahr̥dayasaṃhitā

nicayādabhighātādvā pūyāsṛñnāsikā sravet | | 24 | |
tatpūyar aktamākhyātam
śirodāharujākaram | | 24 | | § 21240

6.19.32 Sarvāṅgasundarā

sannipātādabhighātādvā nāsā pūyāsṛk sravet | tatpūyara-
ktas aṃjñam śirodāharujākaramākhyātam | § 21241

6.19.33 Aṣṭāṅgahr̥dayasaṃhitā

pittaśleṣmāvaruddho+antarnāsāyāṃ
śoṣayenmarut | | 25 | |
kaphaṃ sa śuṣkaḥ puṭatāṃ prāpnoti puṭakaṃ
tu tat | | 25 | | § 21243

6.19.34 Sarvāṅgasundarā

pittaśleṣmāvaruddho vāyurantarnāsāyāṃ śoṣayetkaphaṃ |
sa ca-kaphaḥ, śuṣka() puṭatāṃ prāpnoti | puṭakaṃ taducy-
ate | § 21244

6.19.35 Aṣṭāṅgahr̥dayasaṃhitā

arśorbudāni vibhajeddoṣaliṅgairiyathāyatham | | 26 | |
sarveṣu kṛcchrocchvasanaṃ pīnasaḥ pratataṃ
kṣutiḥ | | 26 | |
sānunāsikavāditvaṃ pūtināsaḥ
śirovyathā | | 27 | | § 21247

6.19.36 Sarvāṅgasundarā

arśāṃsyaarbudāni ca doṣaliṅgairiyathāsvaṃ jānīyat | sa0-
sarveṣu-arśaḥsvarbudeṣu ca, kṛcchrāducchvasanaṃ | ta-
thā pīnaso+anavarataṃ kṣavaḥ, tathā sānunāsikabhāṣi-
taṃ, tathā pūtināsaḥ śirovyatheti syuḥ | § 21248

6.19.37 Aṣṭāṅgahr̥dayasaṃhitā

aṣṭādaśānāmityeṣāṃ yāpayedduṣṭapīnasaṃ | | 27 | | § 21249
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira-
citāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ ṣaṣṭhe uttarasthāne nā-
sārogavijñānīyo nāmaikonaviṃśo+adhyāyaḥ | | 19 | | § 21250

6.19.38 Sarvāṅgasundarā

eṣāmaṣṭādaśānāṃ pīnasādīnāṃ madhye duṣṭapīnasam
yāpayediti | iti śrīmṛgāṅkadattaputraśrīmadaruṇadatta-
viracitāyāmaṣṭāṅgahrdayatikāyāṃ sarvāṅgasundarākhyā-
yāṃ ṣaṣṭhe uttarasthāne nāsārogavijñānīyo nāmaikonavi-
mśo+adhyāyaḥ samāptaḥ | | 19 | | § 21251

5

6.20 nāsārogapraṭiṣedhādhyāyaḥ : 20

6.20.1 Aṣṭāṅgahrdayasaṃhitā

athāto nāsārogapraṭiṣedham vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyaḍayo maharṣayaḥ | | 2 | |
) sarveṣu pīnaseṣvādu nivātāgārago
bhajet | | 1 | |
snehanasvedavamanadhūmagaṇḍūṣadhāraṇam | | 1 | |
vāso gurūṣṇam śirasah sughaṇam 5
pariveṣṭanam | | 2 | |
laghvamlalavaṇam snigdhamuṣṇam
bhojanamadravam | | 2 | |
dhanvamāṃsaguḍakṣīracāṇakatrikaṭūtkāṭam | | 3 | |
yavagodhūmabhūyiṣṭham
dadhidāḍimasārikam | | 3 | |
bālamūlakajo yūṣah kulatthotthaśca
pūjitaḥ | | 4 | |
kavoṣṇam daśamūlāmbu jīrṇāṃ vā vāruṇīm 10
pibet | | 4 | |
jighreccorakatarkārīvacājāyupakuñcikāḥ | | 5 | | § 21262

6.20.2 Aṣṭāṅgahrdayasaṃhitā

sa0-pīnaseṣvakhileṣvapi nivātaveśmashitaḥ san
snehanasvedanavamanadhūmān
gaṇḍūṣadhāraṇaṃ ca sevet | tathā vastraṃ
gurūṣṇasvabhāvaṃ
kauśeyāvīkādhirmūrdhnaḥ pariveṣṭanaṃ
sughanaṃ bhajet | tathā bhojanaṃ
laghvādiguṇaṃ bhajet | dāḍimaṃ
śreṣṭhaṃ-dāḍimasāraṃ |
dadhidāḍimasādhitamiti kecit paṭhanti |
bālamūlakottho yūṣaḥ kulatthajaśca yūṣaḥ
pūjitaḥ | daśamūlāmbu koṣṇaṃ prasannāṃ
vā jīrṇāṃ-purāṇāṃ, pībet | sa0-corakādīn
jighret | § 21263

6.20.3 Aṣṭāṅgahr̥dayasaṃhitā

vyoṣatālīsacavīkāntiḍīkāmlavetasam | | 5 | |
sāgnyajāji dvīpalikaṃ
tvagelāpatrapādikaṃ | | 6 | |
jīrṇādguḍāttulārdhena pakvena
vaṭakīkṛtam | | 6 | |
pīnasaśvāsakāśaghaṇaṃ rucisvarakaraṃ
param | | 7 | | § 21267

6.20.4 Sarvāṅgasundarā

vyoṣādikaṃ pṛthak dvīpaladadhnaṃ, tvagādikaṃ dvīkā-
rṣikaṃ, purāṇaguḍena pañcāsatpalapramāṇena pakvena
vaṭakīkṛtametat pīnasādihṛt paraṃ rucyādikṛt | § 21268

6.20.5 Aṣṭāṅgahr̥dayasaṃhitā

śatāhvātvaḡ+a+abalā mūlaṃ
syonākairaṇḍabilvajam | | 7 | |
sāragvadhaṃ pībeddhūmaṃ
vasājyamadanānvitam | | 8 | |

athavā saghṛtān saktūn kṛtvā
mallakasampuṭe | | 8 | | § 21271

6.20.6 Sarvāṅgasundarā

śatāhvādikam vasādiyutam dhūmam pibet | mallakasa-
mpuṭe vā saktūn sasarpīṣkān kṛtvā dhūmam pibet | § 21272

6.20.7 Aṣṭāṅgahrdayasaṃhitā

tyajetsnānam śucam krodham bhṛṣam śayyām himam
jalam | | 9 | | § 21273

6.20.8 Sarvāṅgasundarā

snānādīni tyajet | § 21274

6.20.9 Aṣṭāṅgahrdayasaṃhitā

pibedvātapratiśyāye sarpirvātaghnasādhitam | | 9 | |
paṭupañcakasiddham vā vidāryādigaṇena
vā | | 10 | |
svedanasyādikām kuryāt
cikitsāmarditoditām | | 10 | | § 21277

6.20.10 Sarvāṅgasundarā

vātapratiśyāye vātaghnaiḥ-rāsnādibhiḥ, sādhitam ghṛtam
pibet | saindhavādibhiḥ pañcabhirlavaṇairvā siddham,
'vidāripañcāṅgula' (hṛ. sū. a. 15 | 9) ityādinā vā siddham
ghṛtam pibet | tathā, arditoktām cikitsām svedādikām ku-
ryāt | § 21278

5

6.20.11 Aṣṭāṅgahr̥dayasaṃhitā

pittaraktothayoh̥ peyaṃ sarpirmadhurakaiḥ
śṛtam | | 11 | |
pariṣekān̄ pradehāṃśca śītaiḥ kurvīta
śītalān̄ | | 11 | |
dhavatvak+a+atriphalāśyāmāśrīparṇīyaṣṭitilvakaiḥ | | 12 | |
kṣīre daśaguṇe tailaṃ nāvanam̄ saniśaiḥ
pacet | | 12 | | § 21282

6.20.12 Sarvāṅgasundarā

pittotthe raktaje ca pratiśyāye madhuradravyaiḥ śṛtam sa-
rpiḥ pātavyam | pariṣekādīn̄ śītavīryaiḥ śītalān̄ kuryāt |
dhavatvagādibhistailaṃ kṣīre daśaguṇe haridrān̄vitairnā-
vanam̄ pacet | § 21283

6.20.13 Aṣṭāṅgahr̥dayasaṃhitā

kaphaje laṅghanam̄ lepaḥ śirasō gaurasarṣapaiḥ | | 13 | |
sakṣāram̄ vā ghr̥tam̄ pītvā vamet, piṣṭaistu
nāvanam̄ | | 13 | |
bastāmbunā
paṭuvyōṣavellavatsakajīrakaiḥ | | 14 | |
kaṭutīkṣṇairghṛtairnasyaiḥ kavalaiḥ sarvajam̄
jayet | | 14 | | § 21287

6.20.14 Sarvāṅgasundarā

kaphaje laṅghanam̄ hitam̄ | tathā śirasō gaurasarṣapairle-
paḥ | ghr̥tam̄ sayavakṣāram̄ pītvā vamet | chāgamūtreṇa
ca piṣṭaiḥ saindhavādibhīrnasyam̄ hitam̄ | ghr̥taiḥ kaṭu-
tīkṣṇairnasyaiḥ kavalaiśca sānnipātikaṃ pratiśyāyam̄ ja-
5 yet | § 21288

6.20.15 Aṣṭāṅgahr̥dayasaṃhitā

yakṣmakṛmikramaṃ kurvan

yāpayedduṣṭapīnasam | | 15 | |

vyoṣorubūkakṛmijiddārūmādrīgadeṅgudam | | 15 | |

vārtākabījaṃ trivṛtā siddhārthaḥ

pūtimatsyakaḥ | | 16 | |

agnimanthasya puṣpāṇi pīluśigruphalāni

ca | | 16 | |

aśvaviḍ+a+arasamūtrābhyāṃ hastimūtreṇa 5

caikataḥ | | 17 | |

kṣaumagarbhāṃ kṛtāṃ vartim̐ dhūmaṃ

ghrāṇāsyataḥ pibet | | 17 | | § 21294

6.20.16 Sarvāṅgasundarā

duṣṭapīnasam yāpayet, yakṣmaharam̐ kṛmiharam̐ ca cikits-

itaṃ kurvan | vyoṣādiśigruphalāntāni turagaviḍ+a+arasamūtrābhyāṃ

hastimūtreṇa caikataḥ piṣṭāni kṣaumagarbhāṃ kṛtāṃ va-

rtim̐ nāsayā mukhena ca pibet | § 21295

6.20.17 Aṣṭāṅgahr̥dayasaṃhitā

kṣavathau puṭakākhye ca tīkṣṇaiḥ pradhamanam̐

hitam | | 18 | |

śuṅṭhīkuṣṭhakaṇāvelladrākṣākalkakaṣāyavat | | 18 | |

sādhitam̐ tailamājyam̐ vā nasyam̐

kṣavapuṭapraṇut | | 19 | | § 21298

6.20.18 Sarvāṅgasundarā

kṣavathau puṭakākhye ca roge tīkṣṇaiḥ pradhamanam̐ hi-

tam | śuṅṭhyādikalkakvāthavat tailam̐ ghr̥tam̐ vā sādhitam̐

nasyam̐ kṣavam̐ puṭam̐ ca hanti | § 21299

6.20.19 Aṣṭāṅgahr̥dayasaṃhitā

nāsāśoṣe balātailaṃ pānādaḥ bhojanaṃ rasaiḥ | | 19 | |
snigdho dhūmastathā svedo nāsānāhe+apyayaṃ
vidhiḥ | | 20 | |
pāke dīptau ca pittagnaṃ tīkṣṇaṃ nasyādi
saṃsrutau | | 20 | | § 21302

6.20.20 Sarvāṅgasundarā

nāsāśoṣe balātailaṃ pānanasyādaḥ hitaṃ | bhojanaṃ mā-
ṃsarasarhitam | tathā snigdho dhūmaḥ svedaśca hi-
taḥ | sa0-nāsānāhe+apyeṣa eva vidhiḥ-cikitsetyarthāḥ |
sa0-nāsāpāke dīptau ca pittagnaṃ cikitsitam | saṃsrutau-
5 srāve, tīkṣṇaṃ nasyādi hitaṃ | § 21303

6.20.21 Aṣṭāṅgahr̥dayasaṃhitā

kaphapīnasavatpūtināsāpīnasayoḥ kriyā | | 21 | |
lākṣākarañjamaricavellahiṅgukaṇāguḍaiḥ | | 21 | |
avimūtradrutairnasyaṃ kārayedvamane
kṛte | | 22 | |
śigrusiṃhīnikumbhānāṃ bījaiḥ
savyoṣasaindhavaiḥ | | 22 | |
5 savellasurasaistailaṃ nāvanaṃ paramaṃ
hitaṃ | | 23 | | § 21308

6.20.22 Sarvāṅgasundarā

pūtināsāpīnasayoḥ kaphapīnasavadupakramaḥ | lākṣādi-
bhirurabhramūtradrutaiḥ kṛte vamaṇe nasyaṃ kārayet |
śigrvādīnāṃ bījairvyoṣādiyutaistailaṃ pakvaṃ pūtināsā-
pīnasayornasyaṃ hitaṃ | § 21309

6.20.23 Aṣṭāṅgahr̥dayasaṃhitā

pūyarakte nave kuryād raktapīnasavat kramam | | 23 | |
atipravṛddhe
nāḍīvat----- | | 24 | | § 21311

6.20.24 Sarvāṅgasundarā

pūyarakte navotthe raktapīnasa iva cikitsitaṃ kuryāt | ati-
pravṛddhe cāsminnāḍīvraṇavadupakramaḥ | § 21312

6.20.25 Aṣṭāṅgahr̥dayasaṃhitā

-----dagdheṣvarśorbudeṣu ca | | 24 | |
nikumbhakumbhasindhūtthamanohvālakaṇāgnikaiḥ | | 24 | |
kalkitairghṛtamadhvaktāṃ ghrāṇe vartim
praveśayet | | 25 | |
śigrvādi nāvanam cātra pūtināsoditam
bhajet | | 25 | | § 21316
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira- 5
citāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ ṣaṣṭhe uttarasthāne nā-
sārogapraṭiṣedho nāma viṃśo+adhyāyaḥ | | 20 | | § 21317

6.20.26 Sarvāṅgasundarā

arśorbudeṣu ca dagdheṣu nikumbhādibhiḥ kalkitairghṛta-
madhvaktāṃ ghrāṇe vartim praveśayet | śigrvādikaṃ ca
nasyam pūtināsoktam bhajediti | iti śrīmr̥gāṅkadattapu-
traśrīmadaruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ sa-
rvāṅgasundarākhyāyāṃ ṣaṣṭhe uttarasthāne nāsārogapra- 5
ṭiṣedho nāma viṃśo+adhyāyaḥ samāptaḥ | | 20 | | § 21318

6.21 mukharogavijñānīyādhyāyaḥ : 21

6.21.1 Aṣṭāṅgahr̥dayasaṃhitā

athato mukharogavijñānīyaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) mātśyamāhiṣavārāhapiśītāmakamūla-
kam | | 1 | |
māṣasūpadadhikṣīrasuktekṣurasaphāṇitam | | 1 | |
5 avākśayyāṃ ca bhajato dviṣato
dantadhāvanam | | 2 | |
dhūmarcchardanagaṇḍūṣānucitaṃ ca
sirāvyadham | | 2 | |
kṛddhā śleṣmolbaṇā doṣāḥ
kurvantyantarmukhaṃ gadān | | 3 | | § 21325

6.21.2 Sarvāṅgasundarā

mātśyamāhiṣavārāhapiśītādi bhajato dantadhāvanam dviṣataḥ-
asevamānasya, dhūmādikam cocitaṃ dviṣataḥ, sirāvyad-
ham ca dviṣataḥ, śleṣmolbaṇā doṣāḥ kṛddhā mukhasyā-
ntare gadān kurvanti | § 21326

6.21.3 Aṣṭāṅgahr̥dayasaṃhitā

tatra khaṇḍauṣṭha ityukto vātenauṣṭho dvidhā
kṛtaḥ | | 3 | | § 21327

6.21.4 Sarvāṅgasundarā

teṣu mukharogeṣu madhye pavanādoṣṭho dvidhā kṛtaḥ
khaṇḍauṣṭha iti gaditaḥ | § 21328

6.21.5 Aṣṭāṅgahr̥dayasaṃhitā

oṣṭhakope tu pavanāt stabdhāvoṣṭhau mahārujau | | 4 | |
dālyete paripātyete
paruṣāsita karkaśau | | 4 | | § 21330

6.21.6 Sarvāṅgasundarā

pavanādoṣṭhakope tvoṣṭhau stabdhau mahārujau dālyete
tathā paripāṭyete iva | tathā paruṣau kṛṣṇau rūkṣau dṛśy-
ete | § 21331

6.21.7 Aṣṭāṅgahṛdayasaṃhitā

pittāttikṣṇāsahau pītau sarṣapākṛtibhiścitau | | 5 | |
piṭikābhirbahukledāvāśupākau-----
| | 5 | | § 21333

6.21.8 Sarvāṅgasundarā

pittenauṣṭhau tīkṣṇaṃ na sahete | pītau ca syātām | tathā
ca sarṣapākṛtibhiḥ piṭikābhiścitau bahukledau śīghrapā-
kau ca | § 21334

6.21.9 Aṣṭāṅgahṛdayasaṃhitā

-----kaphātpunaḥ | | 5 | |
śītāsahau guru śūnau
savarnapiṭikācitau | | 6 | | § 21336

6.21.10 Sarvāṅgasundarā

kaphena śītāsahau guru śūnau savarnaiḥ piṭakairācitau sy-
ātām | § 21337

6.21.11 Aṣṭāṅgahṛdayasaṃhitā

sannipātādanekābhau durgandhāsrāvapicchilau | | 6 | |
akasmānmlānasamśūnarujau
viṣamapākinau | | 7 | | § 21339

6.21.12 Sarvāṅgasundarā

sannipātādoṣṭhau nānāvarṇapiṭakairācitau durgandhasr-
āvapicchilau sahasaiva mlānau kadācitsaṃśūnau viṣama-
pākinau vā | § 21340

6.21.13 Aṣṭāṅgahr̥dayasaṃhitā

raktopasr̥ṣṭau rudhiram̐ sravataḥ śoṇitaprabhau | | 7 | |
kharjūrasadr̥śam̐ cātra kṣiṇe rakte+arbudam̐
bhavet | | 8 | | § 21342

6.21.14 Sarvāṅgasundarā

raktena yuktau rudhiram̐ sravantau raktaprabhau ca | kṣ-
iṇe rakte kharjūrākāramarbudamoṣṭhau syāt | § 21343

6.21.15 Aṣṭāṅgahr̥dayasaṃhitā

māṃsapiṇḍopamau māṃsātsyātām̐ mūrchatkṛmī
kramāt | | 8 | | § 21344

6.21.16 Sarvāṅgasundarā

māṃsena māṃsapiṇḍopamāvoṣṭhau | krameṇa ca mūr-
cchatkṛmī syātām̐ | mūrchanti kṛmayo yayoriti mūrch-
atkṛmī | tayoh̐ kṛmayo jāyanta ityarthah̐ | § 21345

6.21.17 Aṣṭāṅgahr̥dayasaṃhitā

tailābhaśvayathukledau sakaṇḍvau medasā mṛdū | | 9 | |
kṣatajāvavatīryete pāṭyete cāsakṛtpunaḥ | | 9 | |
grathitau ca punaḥ syātām̐ kaṇḍūlau
daśanacchadau | | 10 | | § 21348

6.21.18 Sarvāṅgasundarā

medasā tailābhaḥ śophaḥ kledaśca yayostāvevam | tathā
kaṇḍūyutau mṛdū cauṣṭhau syātām | sa0-kṣatajāvasakṛdavadīryete
paripāṭyete-bhedyete iva, grathitau ca punaroṣṭhau syā-
tām sakaṇḍūkau ca | § 21349

6.21.19 Aṣṭāṅgahr̥dayasaṃhitā

jalabudbudavadvātakaphādoṣṭhe
jalārbudam | | 10 | | § 21350

6.21.20 Sarvāṅgasundarā

vātakaphāt jalabudbudākāraṃ jalārbudamoṣṭhe syāt | ity-
ekādaśa oṣṭhe | § 21351

6.21.21 Aṣṭāṅgahr̥dayasaṃhitā

gaṇḍālajī sthiraḥ śopho gaṇḍe
dāhajvarānvitaḥ | | 11 | | § 21352

6.21.22 Sarvāṅgasundarā

sthiraḥ śopho gaṇḍapradeśe dāhajvarayuto gaṇḍālajītyu-
cyate | ityeko gaṇḍe | § 21353

6.21.23 Aṣṭāṅgahr̥dayasaṃhitā

vātāduṣṇasahā dantāḥ śītasparśe+adhikavyathāḥ | | 11 | |
dālyanta iva śūlena śītākhyo dālanaśca
saḥ | | 12 | | § 21355

6.21.24 Sarvāṅgasundarā

vātena dantā uṣṇasahāḥ śītasparśe+adhikavyathāḥ, śū-
ena dālyanta iva ca | asau śītadantasamjño dālanaścoktaḥ |
§ 21356

6.21.25 Aṣṭāṅgahr̥dayasaṃhitā

dantaharṣe pravātāmlāśītabhakṣākṣamā dvijāḥ | | 12 | |
bhavantyamlāśāneneva sarujāścalitā iva | | 13 | |
dantabhede dvijāstodabhedaruksphuṭanānvi-
tāḥ | | 13 | | § 21359

6.21.26 Sarvāṅgasundarā

dantaharṣe pracaṇḍavātasyāmlāśītabhakṣasyā (sya cā)- sa-
hāḥ, dvijāḥ tathā+amlāśāneneva sarujāścilitā iva ca syuḥ |
sa0-dantabhede dantāstodādiyutāḥ syuḥ | § 21360

6.21.27 Aṣṭāṅgahr̥dayasaṃhitā

cālaścaladbhirdaśanairbhakṣaṇādadhikavyathaiḥ | | 14 | |
karālastu karālānāṃ daśanānāṃ
samudgamaḥ | | 14 | | § 21362

6.21.28 Sarvāṅgasundarā

cālākhyo rogo dantaiśca caladbhirbhakṣaṇādadhikavyath-
aiśca syāt | sa0-karālānāṃ dantānāṃ samudgamaḥ karāl-
ākhyo rogaḥ | § 21363

6.21.29 Aṣṭāṅgahr̥dayasaṃhitā

danto+adhiko+adhidantākhyāḥ sa coktaḥ khalu
vardhanaḥ | | 15 | |
jāyamāne+atirug dante, jāte tatra tu
śāmyati | | 15 | | § 21365

6.21.30 Sarvāṅgasundarā

adhiko danto+adhidantasamjño rogaḥ | vardhanaśca sa
evoktaḥ | jāyamāne tasmin dante+atipīḍā jāyate | jāte tu ta-
smin pīḍā śāmyati | § 21366

6.21.31 Aṣṭāṅgahr̥dayasamhitā

adhāvanāmalo dante kapho vā vātaśoṣitaḥ | | 16 | |
pūtigandhiḥ sthirībhūtaḥ
śarkarā----- | | 16 | | § 21368

6.21.32 Sarvāṅgasundarā

adhāvanāddante malaḥ kapho vā pavanena śoṣitaḥ pūtig-
andhiḥ sthirībhūtaḥ | sa evopekṣitaḥ śarkarā syāt | § 21369

6.21.33 Aṣṭāṅgahr̥dayasamhitā

-----sā+apyupekṣitā | | 16 | |
śāyatyaṇuśo dantātkapālāni
kapālikā | | 17 | | § 21371

6.21.34 Sarvāṅgasundarā

kapālikākhyo dantāt kapālānyaṇuśaḥ-stokaṃ stokaṃ, śāt-
ayati | § 21372

6.21.35 Aṣṭāṅgahr̥dayasamhitā

śyāvaḥ śyāvatvamāyāto
raktapittānilairdvijaḥ | | 17 | | § 21373

6.21.36 Sarvāṅgasundarā

dvijaḥ śyāvatvamāyāto raktapittānilaiḥ śyāvākhyāḥ | § 21374

6.21.37 Aṣṭāṅgahr̥dayasaṃhitā

samūlaṃ dantamāśritya doṣairulbaṇamārutaiḥ | | 18 | |
śoṣite majjñi suṣire
dante+annamalapūrite | | 18 | |
pūtitvātkṛmayāḥ sūkṣmā jāyante, jāyate
tataḥ | | 19 | |
ahetutīvr̥rtisamaḥ
sasaṃrambho+asitaścalaḥ | | 19 | |
5 pralūnaḥ pūyaraktaśrut sa cokaḥ
kṛmidantakaḥ | | 20 | | § 21379

6.21.38 Sarvāṅgasundarā

samūlaṃ dantamāśritya doṣairadhikamārutaiḥ śoṣite ma-
jjñi suṣire dante+annamalapūrite pūtitvāt kṛmayāḥ sū-
kṣmā jāyante | tato+ahetu-nimittamantareṇa, tīvr̥rtisānt-
irjāyate | tathā saṃrambhānvitāḥ kṛṣṇaścalaḥ pralūnā-
5 khyāḥ pūyaraktaśrāvī | sa ca kṛmidantaka uktaḥ | iti dante
daśaite | § 21380

6.21.39 Aṣṭāṅgahr̥dayasaṃhitā

śleṣmaraktena pūtīni vahantyasramahetukam | | 20 | |
śīryante dantamāṃsāni mṛduklinnāsītāni
ca | | 21 | |
śītādo+asau-----
| | 21 | | § 21383

6.21.40 Sarvāṅgasundarā

śleṣmaraktena dantamāṃsāni pūtīni raktaṃ nirnimittaṃ
vahanti śīryante | kimbhūtāni ? mṛduklinnāni asītāni ca |
asau śītādaḥ kathyate | § 21384

6.21.41 Aṣṭāṅgahṛdayasaṃhitā

-----upakuśaḥ pākaḥ pittāsṛgudbhavaḥ | | 21 | |
dantamāmsāni dahyante
raktānyutsedhavantyaṭaḥ | | 22 | |
kaṇḍūmanti sravantyasramādhmāyante+asṛji
sthite | | 22 | |
calā mandarujō dantā pūti vaktraṃ ca
jāyate | | 23 | | § 21388

6.21.42 Sarvāṅgasundarā

pittaraktottho yo dantamāṃse pākaḥ sa upakuśasaṃjñāḥ |
tena dantamāṃsāni dahyante raktavarṇāni sotsedhāni ca |
tataḥ kaṇḍūyutāni raktaṃ sravanti | rakte sthite satyā-
dhmāyante | calā dantā mandarujaḥ syuḥ | pūti vaktraṃ
ca jāyate | § 21389

5

6.21.43 Aṣṭāṅgahṛdayasaṃhitā

dantayostrīṣu vā śopho badarāsthinibho ghaṇaḥ | | 23 | |
kaphāsrāttīvraruk śīghraṃ pacyate
dantapuppuṭaḥ | | 24 | | § 21391

6.21.44 Sarvāṅgasundarā

dvayordantayostrīṣu va danteṣu śopho badarāsthisadṛśo
ghaṇaḥ kapharaktāt tīvraruk śīghraṃ pacyate | sa danta-
puppuṭasaṃjñāḥ | § 21392

6.21.45 Aṣṭāṅgahṛdayasaṃhitā

dantamāṃse malaiḥ sāsrairbāhyāntaḥ
śvayathurguruḥ | | 24 | |
sarugdāhaḥ sravedbhinnāḥ pūyāsraṃ
dantavidradhiḥ | | 25 | | § 21394

6.21.46 Sarvāṅgasundarā

dantamāṃse bāhye+abhyantare ca doṣaiḥ saraktairguruḥ
śvayathuḥ sarugdāhaḥ | sa ca bhinnaḥ san pūyāsraṃ sra-
vet | sa dantāvidradhiḥ | § 21395

6.21.47 Aṣṭāṅgahr̥dayasaṃhitā

śvayathurdantamūleṣu rujāvān pittaraktajaḥ | | 25 | |
lālāsrāvī sa suṣiro
dantamāṃsaprāsātanah | | 26 | | § 21397

6.21.48 Sarvāṅgasundarā

dantamūleṣu śvayathuḥ pīḍāvān pittaraktottho lālāsrāvī |
suṣirasamjño dantamāṃsaprāsātanah § 21398

6.21.49 Aṣṭāṅgahr̥dayasaṃhitā

sa sannipātājjvaravān sapūyarudhirasrutiḥ | | 26 | |
mahāsuṣira ityukto
viśīrṇadvijabandhanaḥ | | 27 | | § 21400

6.21.50 Sarvāṅgasundarā

sannipātajvarayutaḥ pūyarudhirasrāvenānvitah mahāsuṣ-
irākhyā uktaḥ | sa ca viśīrṇadvijabandhanaḥ syāt | § 21401

6.21.51 Aṣṭāṅgahr̥dayasaṃhitā

dantānte kīlavacchopho hanukarṇarujākaraḥ | | 27 | |
pratihantyabhyavahr̥tiṃ śleṣmaṇā
so+adhimāṃsakaḥ | | 28 | | § 21403

6.21.52 Sarvāṅgasundarā

dantānte kīlasadrśaḥ śopho hanau karṇe ca rujāṃ kar-
oti | abhyavahr̥tiṃ pratihanti | so+adhimāṃsakaḥ śleṣm-
aṇā syāt | § 21404

6.21.53 Aṣṭāṅgahr̥dayasaṃhitā

ghr̥ṣṭeṣu dantamāṃseṣu saṃrambho jāyate
mahān | | 28 | |
yasmim̐scalanti dantāśca sa
vidarbho+abhighātajaḥ | | 29 | | § 21406

6.21.54 Sarvāṅgasundarā

dantamāṃseṣu dantakāṣṭhādinā ghr̥ṣṭeṣu mahān saṃra-
mbho jāyate | yasminsati dantāśca calanti | so+abhighātajo
vidarbhākhyah | § 21407

6.21.55 Aṣṭāṅgahr̥dayasaṃhitā

dantamāṃsāsritān rogān yah
sādhyānapyupekṣate | | 29 | |
antastasyāsravan doṣaḥ sūkṣmāṃ
sañjanayedgatim | | 30 | |
pūyaṃ muhuḥ sā sravati
tvañmāṃsāsthīprabhedinī | | 30 | |
tāḥ punaḥ pañca vijñeyā lakṣaṇaiḥ
svairyathoditaiḥ | | 31 | | § 21411

6.21.56 Sarvāṅgasundarā

dantamāṃsāsritān rogān sādhyānapi ya upekṣate, tasyā-
ntareṣu doṣo+asravan sūkṣmāṃ gatim sañjanayet | sā ca
gatiḥ punaḥ punaḥ pūyaṃ sravati | tvañmāṃsāsthīni pr-
abhinatti | tāśca gatayaḥ pañca vijñeyāḥ svaiḥ svairvātād-
ijairlakṣaṇaiḥ | iti dantamūle trayodaśa | § 21412

6.21.57 Aṣṭāṅgahr̥dayasaṃhitā

śākhapatrakharā suptā sphuṭitā vātadūṣitā | | 31 | |
jihvā pittāt sadāhoṣā
raktairmāsāṅkuraiścitā | | 32 | | § 21414

6.21.58 Sarvāṅgasundarā

vātadūṣitā jihvā śākapatravat kharā suptā sphuṭitā ca syāt |
sa0-pittāt sadāhoṣā tathā raktairmāṃsāṅkuraiśca citā jihvā
syāt | § 21415

6.21.59 Aṣṭāṅgahr̥dayasaṃhitā

śālmalīkaṅṭakābhaistu kaphena bahalā
guruh | | 32 | | § 21416

6.21.60 Sarvāṅgasundarā

kaphena śālmalīkaṅṭakābhaiḥ kaṅṭakaiścitā bahalā guru-
śca jihvā syāt | § 21417

6.21.61 Aṣṭāṅgahr̥dayasaṃhitā

kaphapittādadhāḥ śopho
jihvāstambhakṛdunnataḥ | | 33 | |
matsyagandhirbhavetpakvaḥ so+alaso
māṃsaśātanah | | 33 | | § 21419

6.21.62 Sarvāṅgasundarā

kaphapittāt jihvāyā adhaḥ śopho jihvāstambhakara unna-
taḥ pakvo matsyagandhirbhavet | so+alasaḥkhyomāṃsaśātanah |
§ 21420

6.21.63 Aṣṭāṅgahr̥dayasaṃhitā

prabandhane+adho jihvāyāḥ śopho
jihvāgrasannibhaḥ | | 34 | |
sāṅkuraḥ kaphapittāsrailāloṣāstambhavān
kharāḥ | | 34 | |
adhijihvaḥ
sarukkaṇḍūrvākyāhāravighātakṛt | | 35 | |
tādṛgevopajihvastu jihvāyā upari
sthitaḥ | | 35 | | § 21424

6.21.64 Sarvāṅgasundarā

jihvāyāḥ prabandhane+adhastājihvāgratulyaḥ śophaḥ sa-
hānkuraḥ kaphapittaraktairlāloṣāstambhayutaḥ kharaspa-
rśayuto+adhijihvorukkaṇḍūbhyāṃ yuto vākyāhāravighā-
taṃ karoti | sa0-tādṛgeva-adhijihvāsadr̥śa upajihvaḥ, jihv-
āyā upari sthitaḥ | iti jihvāyāḥ ṣaḍete | § 21425

5

6.21.65 Aṣṭāṅgahr̥dayasaṃhitā

tālumāṃse+anilādduṣṭe piṭikāḥ sarujaḥ kharāḥ | | 36 | |
bahyo ghanāḥ srāvayutāstāstālupiṭikāḥ
smṛtāḥ | | 36 | | § 21427

6.21.66 Sarvāṅgasundarā

vātātālumāṃse duṣṭe piṭikāḥ sarujaḥ kharā bahyo ghanāḥ
srāvānvitāśca | tāstālupiṭikāḥ smṛtāḥ | § 21428

6.21.67 Aṣṭāṅgahr̥dayasaṃhitā

tālumūle kaphātsāsrāt matsyabastinibho mṛduḥ | | 37 | |
pralambaḥ picśilaḥ śopho
nāsayā+a+ahāramīrayan | | 37 | |
kaṇṭhoparodhatṛṭkāsavamikṛt
galaśuṇḍikā | | 38 | | § 21431

6.21.68 Sarvāṅgasundarā

tālumūle kaphādraktānvitāt matsyabastisadr̥śo mṛduḥ pr-
alambaḥ picśilaḥ śopho nāsayā+a+ahāraṃ prerayan ka-
nṭhoparodhādikṛt | gulaśuṇḍikākhyāḥ | § 21432

6.21.69 Aṣṭāṅgahr̥dayasaṃhitā

tālumadhye niruṇmāṃsaṃ saṃhataṃ
tālusam̐hatih̐ | | 38 | |
padmākṛtistālumadhye
raktācchvayathurarbudam | | 39 | | § 21434

6.21.70 Sarvāṅgasundarā

tālumadhye niruṇmāṃsaṃ saṃhataṃ sā tālusam̐hatirity-
ucyate | sa0- tālumadhye padmākāro raktādduṣṭācchvay-
athurarbudam | § 21435

6.21.71 Aṣṭāṅgahr̥dayasaṃhitā

kacchapaḥ kacchapākāraściravṛddhiḥ
kaphādaruk | | 39 | |
kolābhaḥ śleṣmamedobhyāṃ puppuṭo nīrujaḥ
sthiraḥ | | 40 | | § 21437

6.21.72 Aṣṭāṅgahr̥dayasaṃhitā

padārthacandrikā-kaphādduṣṭāt tāludeśe yaḥ śvayathuḥ
kacchapākāraściravṛddhiraruk ca, sa
kacchapa ityucyate | pa0
ca0-śleṣmamedobhyāṃ duṣṭābhyāṃ
kolābhaḥ-kolasadr̥śo, nīrujaḥ sthiraśca yaḥ
śophaḥ syāt, sa puppuṭa ityucyate | § 21438

6.21.73 Aṣṭāṅgahr̥dayasaṃhitā

pittena pākaḥ pākākhyah pūyāsrāvī
mahārujah | | 40 | | § 21439

6.21.74 Aṣṭāṅgahr̥dayasaṃhitā

pa0 ca0-pittena duṣṭena yastālunaḥ pākaḥ pūyāsrāvī
mahārujah, sa
pākākhyah-pākasamjñah | § 21440

6.21.75 Aṣṭāṅgahr̥dayasaṃhitā

vātapittajvarāyāsaistāluśoṣastadāhvayah | | 41 | | § 21441

6.21.76 Aṣṭāṅgahr̥dayasaṃhitā

pa0 ca0-vātapittajvarāyāsaiḥ pratibaddho yah
śoṣastāluśoṣah, sa tadāhvayah-tāluśoṣa
ityucyate | ityaṣṭau tālurogāḥ | § 21442

6.21.77 Aṣṭāṅgahr̥dayasaṃhitā

jihvāprabandhajāḥ kaṅṭhe dāruṇā mārgarodhinaḥ | | 41 | |
māṃsāṅkurāḥ śīghracayā rohiṇī
śīghrakāriṇī | | 42 | | § 21444

6.21.78 Aṣṭāṅgahr̥dayasaṃhitā

pa0 ca0-kaṅṭhe-kaṅṭhapradeśe, ye māṃsāṅkurā
jihvāprabandhajāḥ-jihvāmūlotthāḥ,
dāruṇāḥ-duḥsahāḥ,
kaṅṭhamārgānurodhinaḥ
śīghracayāḥ-satvarodbhūtāḥ, bhavanti | sā
śīghrakāriṇī-āśuvyāpādanaśīlā,
rohiṇītyucyate | § 21445

6.21.79 Aṣṭāṅgahr̥dayasaṃhitā

kaṅṭhāsyāśoṣakṛdvātāt sā hanuśrotrarukkarī | | 42 | | § 21446

6.21.80 Aṣṭāṅgahr̥dayasaṃhitā

pa0 ca0-sā-rohiṇī, vātātsamutpannā kaṅṭhāsyāśoṣaṃ
karoti | hanvoḥ śrotrayośca rujaṃ
karoti | § 21447

6.21.81 Aṣṭāṅgahr̥dayasaṃhitā

pittājjvaroṣātrṇmohakaṅṭhadhūmāyanānvitā | | 43 | |
kṣiprajā kṣiprapākā+atirāgiṇī
sparśanāsahā | | 43 | |
kaphena picchilā
pāṇḍuḥ----- | | 44 | | § 21450

6.21.82 Aṣṭāṅgahr̥dayasaṃhitā

pa0 ca0-pittād rohiṇī jvarādibhiranvitā syāt |
kṣiprajā-śīghrotthānā | śīghrapākā
atirāgiṇī-bhṛśalohitā | sparśanāsahā-sparśaṃ
na sahate | paṃ caṃ-kaphena duṣṭena rohiṇī
picchilā pāṇḍurā ca bhavet | § 21451

6.21.83 Aṣṭāṅgahr̥dayasaṃhitā

-----asṛjā sphoṭakācitā | | 44 | |
taptāṅgāranibhā karṇarukkarī
pittajākr̥tiḥ | | 44 | | § 21453

6.21.84 Aṣṭāṅgahr̥dayasaṃhitā

pa0 ca0-asṛjā-raktena duṣṭena, rohiṇī sphoṭakairācitā
samantāt vyāptā syāt |
taptāṅgāranibhā-varṇataḥ sparśato vā,
karṇayo rujāṃ karoti |
pittajākr̥tiḥ-pittottharohiṇīlakṣaṇasamanvitā
bhavet | § 21454

6.21.85 Aṣṭāṅgahr̥dayasaṃhitā

gambhīrapākā nicayāt sarvaliṅgasamanvitā | | 45 | |
doṣaiḥ kapholbaṇaiḥ śophaḥ kolavad
grathitonnataḥ | | 45 | |
śūkakaṇṭhakavatkaṇṭhe śālūko
mārgarodhanaḥ | | 46 | | § 21457

6.21.86 Aṣṭāṅgahr̥dayasaṃhitā

pa0 ca0-nicayāt-sannipātāt, rohiṇī
gambhīrapākāgūḍhapākā, syāt |
sarvaliṅgaiḥ-vātādīnāṃ sambandhibhiḥ,
samanvitā-yuktā, syāt | pa0
ca0-doṣaiḥ-vātādibhiḥ,
kapholbaṇaiḥ-kaphapradhānaiḥ, kaṇṭhe
kolavad grathitonnataḥ śūkakaṇṭhakavat
mārgarodhano yaḥ śophaḥ syāt, sa
kaṇṭhaśālūka ityucyate | § 21458

6.21.87 Aṣṭāṅgahr̥dayasaṃhitā

vṛndo vṛttonnato dāhajvarakṛd galapārśvagah | |46| |
hanusandhyāśritaḥ kaṇṭhe
kārpāsīphalasannibhaḥ | |47| |
picchilo mandaruk śophaḥ
kaṭhināstuṇḍikerikā | |47| | § 21461

6.21.88 Aṣṭāṅgahr̥dayasaṃhitā

pa0 ca0-kaṇṭhe vṛttonnato galapārśvago yaḥ śopho
bhavati, dāhajvaram karoti, sa nāmnā vṛnda
ityucyate | pa0 ca0-kaṇṭhapradeśe śophaḥ
kārpāsyaḥ phalasannibhaḥ-tadākāraḥ,
picchilo mandaruk śophaḥ kaṭhinaśca | sa
nāmnā tuṇḍikeriketyucyate | § 21462

6.21.89 Aṣṭāṅgahr̥dayasaṃhitā

bāhyāntaḥ śvayathurghoro galamārgārgalopamaḥ | |48| |
galaugho mūrddhagurutātandrālālājvarapra-
daḥ | |48| |
valayaṃ nātiruk
śophastadvadevāyatonnataḥ | |49| | § 21465

6.21.90 Aṣṭāṅgahr̥dayasaṃhitā

pa0 ca0-kaṇṭhe śvayathurbāhyāntarghoro-dustaro,
galamārgārgalopamaḥ-sa iva, jāyate |
mūrddhagurutādīṃśca pradadāti | sa
galaugha ityucyate | pa0 ca0-gale yaḥ śopho
nātiruk āyatonnataḥ syāt, sa
vyādhirvalayamityucyate |
tadvadeva-valayākṛtitvāt | § 21466

6.21.91 Aṣṭāṅgahr̥dayasaṃhitā

māṃsakīlo gale

doṣaireko+aneko+athavā+alparuk | | 49 | |
kṛcchrocchvāsābhyavahr̥tiḥ pṛthumūlo
gilāyukaḥ | | 50 | |
bhūrimāṃsaṅkuravṛtā
tīvratṛḍjvaramūrdharuk | | 50 | |
śatagnī nicitā vartih
śatagnīvātirukvarī | | 51 | | § 21470

6.21.92 Aṣṭāṅgahr̥dayasaṃhitā

pa0 ca0-doṣaiḥ vātādibhirduṣṭaiḥ, gale māṃsakīla
eko+aneko vā+alparug jāto mūle
pṛthuḥ-vistīrṇaḥ, kṛcchrāt-duḥkhena,
ucchvāsābhyavahr̥tirya(tī ya)sya saḥ |
tathāvidho vyādhirgilāyuka ityucyate | pa0
ca0-bhūribhiḥ-prabhūtaiḥ,
māṃsāṅkurairāvṛtā-parivṛtā,
tīvratṛḍjvaramūrdharugyutā vṛttā yā vartih
sā śatagnī | nicayātsañcayam prāptā
śatagnīvaccātirukkarī | sa vyādhirnāmnā
śatagnītyucyate |
śatagnī-śastraviśeṣaḥ | § 21471

6.21.93 Aṣṭāṅgahr̥dayasaṃhitā

vyāptasarvagalaḥ śīghrajanmapāko mahārujaḥ | | 51 | |
pūtipūyanibhasrāvī
śvayathurgalavidradhiḥ | | 52 | |
jihvāvasāne kaṅṭhādāvapākaṃ śvayathum
malāḥ | | 52 | |
janayanti sthiram raktam nīrujam
tadgalārbudam | | 53 | | § 21475

6.21.94 Aṣṭāṅgahr̥dayasaṃhitā

pa0 ca0-vyāptaḥ sarvagalaḥ-kaṅṭho, yeneṭi | evaṃvidho
yaḥ śvayathuḥ śīghrajanmapāko mahārujaḥ
pūti-durgandhi, pūyasadṛśaṃ sravati
malaṃ,sa galavidradhiritiucyate | pa0
ca0-jihvāvasāne-paryante, kaṅṭhādu
śvayathumapākaṃ sthiraṃ raktaṃ nīrujaṃ
malāḥ-doṣāḥ, janayanti | tadgalārbudaṃ
smṛtam | § 21476

6.21.95 Aṣṭāṅgahr̥dayasaṃhitā

pavanaśleṣmamedobhīrgalagaṇḍo bhavedbahiḥ | | 53 | |
vardhamānaḥ sa kālena
muṣkavallambate+atiruk | | 53 | |
kṛṣṇo+aruṇo vā todāḍhyaḥ sa
vātātkṛṣṇarājimān | | 54 | |
vṛddhastālugaḥ śoṣaṃ kuryācca
virasāsyatām | | 54 | | § 21480

6.21.96 Aṣṭāṅgahr̥dayasaṃhitā

pa0 ca0-duṣṭaiḥ pavanaśleṣmamedobhīrgalasya
bahīrgalagaṇḍo nāma vyādhīrbhavet | sa ca
kālena vivardhamāno § 21481

6.21.97 Aṣṭāṅgahr̥dayasaṃhitā

sthiraḥ savarnaḥ kaṇḍūmān śītasparśo guruḥ
kaphāt | | 55 | |
vṛddhastālugaḥ lepaṃ kuryācca
madhurāsyatām | | 55 | | § 21483

6.21.98 Aṣṭāṅgahṛdayasaṃhitā

pa0 ca0-kaphātprakupitāt gale galagaṇḍo jātaḥ sthiraḥ
samānavarṇaḥ kaṇḍumān śītasparśo guruśca
bhavet | vṛddhaḥ san tālugale lepaṃ kuryāt |
tathā madhurāsyatām-madhuravaktratvaṃ
ca, kuryāt | § 21484

6.21.99 Aṣṭāṅgahṛdayasaṃhitā

medasaḥ śleṣmavaddhānivṛddhyoḥ
so+anuvīdhīyate | | 56 | |
dehaṃ vṛddhaśca kurute gale śabdaṃ
svare+alpatām | | 56 | | § 21486

6.21.100 Aṣṭāṅgahṛdayasaṃhitā

pa0 ca0-medasaḥ pravṛddhādutpanno galagaṇḍaḥ
kaphavallakṣaṇairbhavet | sa ca
dehaṃ-śarīraṃ,
hānivṛddhyoranuvīdhīyate-anukaroti | tena
dehasya vṛddhau so+api vṛddho bhavet,
dehasya kṣayāt kṣīṇaḥ syāt | vṛddhaḥ sa gale
śabdaṃ kurute svare cālpatām | § 21487

6.21.101 Aṣṭāṅgahṛdayasaṃhitā

śleṣmaruddhā+anilagatiḥ śuṣkakaṇṭho hatasvaraḥ | | 57 | |
tāmyan prasaktaṃ śvasiti yena sa
svarahā+anilāt | | 57 | | § 21489

6.21.102 Aṣṭāṅgahṛdayasaṃhitā

pa0 ca0-śleṣmaṇā duṣṭena yadā+anilasya-vāyoḥ, gatiḥ
ruddhā bhavet | tathā sa ca yena vyādhinā
puruṣaḥ śuṣkakaṇṭho hatasvaraśca syāt |
te(ye)na ca tāmyan-tamogacchan
tamaḥpraviśan, prakarṣeṇa saktam śvāsam
muñcati | sa vyādhiranilāt-vātāt,
svarahāsvaraghnanāmnā, bhavet | iti
galarogā aṣṭādaśa | § 21490

6.21.103 Aṣṭāṅgahr̥dayasaṃhitā

karoti vadanasyāntarvraṇān sarvasaro+anilaḥ | | 58 | |
sañcāriṇo+aruṇān rūkṣānoṣṭhau tāmrau
calatvacau | | 58 | |
jihvā śītāsahā gurvī sphuṭitā kaṇṭākācitā | | 59 | |
vivṛṇoti ca kṛcchreṇa mukhaṃ pāko mukhasya
saḥ | | 59 | | § 21494

6.21.104 Aṣṭāṅgahr̥dayasaṃhitā

pa0 ca0-anilo-vāyuh, sarvasaraḥ-sarvataḥ prasaran san,
sarvato vadanasyāntarvraṇān
sañcāriṇo+aruṇān rūkṣāṃśca karoti |
tathauṣṭhau tāmrau-tāmravarṇau,
calatvacau | jihvā ca śītāsahā
śītasparśākṣamā, gurvī sphuṭitā
kaṇṭakairācitā syāt | sa ca mukhaṃ-vaktraṃ,
kṛcchreṇa vivṛṇoti | sa mukhasya pāka
ityucyate | § 21495

6.21.105 Aṣṭāṅgahr̥dayasaṃhitā

adhaḥ pratihato vāyurarśogulmakaphādibhiḥ | | 60 | |
yātyūrdhvaṃ vaktradaurgandhyaṃ
kurvannūrdhvagudastu saḥ | | 60 | | § 21497

6.21.106 Aṣṭāṅgahr̥dayasaṃhitā

pa0 ca0-arśogulmakaphādibhirvāyuradhaḥ pratihato
vaktradaurgandhyaṃ kurvannūrdhvaṃ
yāti | sa ūrdhvaguda iti saṃjñitaḥ | § 21498

6.21.107 Aṣṭāṅgahr̥dayasaṃhitā

mukhasya pittaje pāke dāhoṣe tiktavaktratā | | 61 | |
kṣāroksitakṣatasamā vranāḥ tadvacca
raktaje | | 61 | | § 21500

6.21.108 Aṣṭāṅgahr̥dayasaṃhitā

pa0 ca0-pittaje-pittodbhave, mukhasya pāke dāhoṣe
bhavataḥ | tathā tiktavaktratā-tiktāsyatvaṃ,
bhavet | vranāśca kṣāreṇokṣitaṃ yat
kṣataṃ-vranāḥ, tena samānāḥ-tatsamarujāḥ,
bhavanti | paṃ caṃ-raktaje pāke
mukhasyāntaḥ pittajapākavallakṣaṇāni
bhavanti | § 21501

6.21.109 Aṣṭāṅgahr̥dayasaṃhitā

kaphaje madhurāsyatvaṃ kaṇḍūmatpicchilā
vranāḥ | | 62 | |
antaḥkapolamāśritya śyāvapāṇḍu
kapho+arbudam | | 62 | |
kuryāttad ghaṭṭitaṃ chinnaṃ mṛditaṃ ca
vivardhate | | 63 | | § 21504

6.21.110 Aṣṭāṅgahr̥dayasaṃhitā

pa0 ca0-kaphaje pāke
madhurāsyatvaṃ-madhuramukhatvaṃ,
syāt | tathā kaṇḍūmatpicchilāśca vraṇā
bhavanti | pa0 ca0-kapho
vṛddho+antaḥkapolamāśrityārbudaṃ
śyāvaṃ pāṇḍu ca kuryāt | taccārbudaṃ
ghaṭṭitaṃ chinnaṃ mṛditaṃ ca
punarvivardhate | § 21505

6.21.111 Aṣṭāṅgahr̥dayasaṃhitā

mukhapāko bhavetsāsrāiḥ sarvaiḥ
sarvākṛtirmalaiḥ | | 63 | |
pūtyāsyatā ca taireva
dantakāṣṭhādividviṣaḥ | | 64 | | § 21507

6.21.112 Aṣṭāṅgahr̥dayasaṃhitā

pa0 ca0-malaiḥ-vātādibhiḥ, sarvaiḥ-tribhiḥ,
sāsrāiḥ-saraktaiḥ, mukhasya pāko bhavet | sa
ca sarvākṛtiḥ-sarvalakṣaṇaḥ, syāt | pa0
ca0-dantakāṣṭhavidviṣaḥ puṃsastaireva
doṣaiḥ pūtyāsyatāpūtivaktratvaṃ, syāt | [iti
sarvavaktragā aṣṭau |] § 21508

6.21.113 Aṣṭāṅgahr̥dayasaṃhitā

oṣṭe gaṇḍe dvije mūle jihvāyāṃ tāluke gale | | 64 | |
vaktre sarvatra cetyuktāḥ
pañcasaptatirāmayāḥ | | 65 | |
ekādaśaiko daśa ca trayodaśa tathā ca ṣaṭ | | 65 | |
aṣṭāvaṣṭādaśāṣṭau ca
kramāt----- | | 66 | | § 21512

6.21.114 Aṣṭāṅgahṛdayasaṃhitā

pa0 ca0-oṣṭhāmayā ekādaśoktāḥ | gaṇḍe ekaḥ |
dvijedante, daśa | dantamūle trayodaśa |
jihvāyāṃ ṣaṭ | tālunyaṣṭau | gale+aṣṭadaśa |
vaktre+aṣṭavāmayāḥ | evaṃ sarvatra
pañcasaptatirāmayā ākhyātāḥ-uktāḥ | § 21513

6.21.115 Aṣṭāṅgahṛdayasaṃhitā

-----teṣvanupakramāḥ | | 66 | |
karālo māṃsaraktauṣṭhāvarbudāni
jalādvina | | 66 | |
kacchapastālupiṭikā galaughaḥ suṣiro
mahān | | 67 | |
svaragnordhvagudaśyāvaśatagnīvalayālasāḥ | | 67 | |
nāḍyoṣṭhakopau nicayāt, raktātsarvaiśca 5
rohiṇī | | 68 | |
daśane sphuṭite dantabhedāḥ,
pakvopajihvikā | | 68 | |
galagaṇḍaḥ svarabhraṃśī
kṛcchrocchvāso+ativatsaraḥ | | 69 | |
yāpyastu harṣo bhedaśca śeṣān
śastraūṣadhairjayet | | 69 | |
kaviṃśo+adhyāyaḥ | | 21 | | § 21522

6.21.116 Aṣṭāṅgahṛdayasaṃhitā

pa0 ca0-oṣṭhādyāmayeṣu

madhye+anupakramāḥ-asādhyāḥ | karālo
nāma dantarogaḥ | mahāsuṣiro dantarogaḥ |
svaraghno galarogaḥ | ūrdhvagudo
vaktrarogaḥ | śatagnīvalayau kaṇṭharogau |
alaso+adhijihvārogaḥ | nicayāt-sannipātāt,
nāḍī dantamūlajā | oṣṭhakopaḥ
sannipātajo+asādhyāḥ | raktātsannipātāt [ca]
jātā rohiṇī | dantabhedo daśane-dante,
sphuṭite+asādhyāḥ |
pakvopajihvikā+asādhyā | galagaṇḍaḥ
svarabhra-
mśaḥ(śī)kṛcchrocchvāso+ativatsaro+asādhyāḥ |
pa0 ca0-dantahaṛṣo dantabhedaśca dvāvetau
yāpyau | pa0 ca0-śeṣān rogān
śastrausaḍhairjayet |
yathāyogairvakṣyamāṇairiti | iti
śrīmṛgāṅkadattaputraśrīmadaruṇadattavira-
citāyāmaṣṭāṅgahr̥daya- tīkāyāṃ
sarvāṅgasundarākhyāyāṃ ṣaṣṭhe
uttarasthāne mukharoga- vijñānīyo
nāmaikaviṃśo+adhyāyāḥ samāptaḥ | |
21 | | § 21523

6.22 mukharogapratiṣedhādhyāyāḥ : 22

6.22.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto mukharogapratiṣedhaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) khaṇḍausṭhasya vilikhyāntau syūtvā
vraṇavadācāret | | 1 | | § 21526

6.22.2 Aṣṭāṅgahr̥dayasaṃhitā

pa0 ca0-khāṇḍauṣṭhasya-chinnauṣṭhasya
snigdhasvinnasya, oṣṭhaprāntau vilikhya
suṣliṣṭau kṣaumasūtrena syūtva
sadyovraṇavadupacāraṃ
kuryāt,-śatadhautaghṛtābhyaktāṃ
vraṇasyopari kavalikāṃ dadyāt | § 21527

6.22.3 Aṣṭāṅgahṛdayasaṃhitā

yaṣṭijyotiṣmatīrodhraśrāvaṇīsārivotpalaiḥ | | 1 | |
paṭolyā kākamācyā ca tailamabhyañjanaṃ
pacet | | 2 | |
nasyaṃ ca tailaṃ vātaghnamadhuraskandhasā-
dhitam | | 2 | | § 21530

6.22.4 Aṣṭāṅgahṛdayasaṃhitā

pa0 ca0-madhuyaṣṭyādibhiḥ kalkitaistailamabhyañjanaṃ
pacet | pa0
ca0-vātaharamadhuraūśadhasādhitam tailaṃ
nasyaṃ prayojyam | § 21531

6.22.5 Aṣṭāṅgahṛdayasaṃhitā

mahāsnehena vātauṣṭhe siddhenāktaḥ picurhitaḥ | | 3 | |
devadhūpamadhūcchiṣṭaguggulvamaradārubhiḥ | | 3 | |
yaṣṭyāhvacūrṇayuktena tenaiva
pratisāraṇam | | 4 | | § 21534

6.22.6 Aṣṭāṅgahṛdayasaṃhitā

pa0 ca0-sarjarasasikthakagugguludevadārubhiḥ siddhena
mahāsnehena-
sarpirmajjivasātailākhyenāktaḥ,
picurvātauṣṭhe-vātaja oṣṭhakoṇe, hitaḥ | pa0
ca0-tenaiva-mahāsnehena,
madhuyaṣṭicūrṇayuktana vātauṣṭhe vā
pratisāraṇam hitam | § 21535

6.22.7 Aṣṭāṅgahr̥dayasam̐hitā

nāḍyoṣṭham svedayeddugdhasiddhaireraṇḍapallav-
aiḥ | | 4 | |
khaṇḍauṣṭhavihitam nasyam tasya mūrdhni ca
tarpaṇam | | 5 | | § 21537

6.22.8 Aṣṭāṅgahr̥dayasam̐hitā

pa0 ca0- oṣṭham-vātauṣṭham,
dugdhasiddhaireraṇḍapallavairnāḍyā
svedayet | paṇ
caṇ-khaṇḍauṣṭhavihitam-khaṇḍauṣṭhoktam,
nasyam prayojyam | tathā tasya mūrdhni
tarpaṇam-śirobhyaṅgaḥ, kāryaḥ | § 21538

6.22.9 Aṣṭāṅgahr̥dayasam̐hitā

pittābhighātajāvoṣṭhau jalaukobhirupācaret | | 5 | |
rodhrasarjarasakṣaudramadhukaiḥ
pratisāraṇam | | 6 | | § 21540

6.22.10 Aṣṭāṅgahr̥dayasam̐hitā

pa0 ca0-pittajamabhighātajamo(jaṃ cau)ṣṭhakopaṃ
jalaukobhirupācaret-cikitsettābhī raktaṃ
srāvayet | pa0 ca0-pittotthe+abhighātajē
cauṣṭhakope rodhrādibhiḥ pratisāraṇaṃ
hitam | § 21541

6.22.11 Aṣṭāṅgahr̥dayasaṃhitā

guḍūcīyaṣṭipattaṅgasiddhamabhyañjane ghṛtam | | 6 | |
pittavidradhivaccātra kriyā śoṇitaje+api
ca | | 7 | |
idameva nave kāryaṃ
karma----- | | 7 | | § 21544

6.22.12 Aṣṭāṅgahr̥dayasaṃhitā

pa0 ca0-guḍūcyādibhiḥ kalkitairghṛtaṃ
siddhamabhyañjane hitam | pa0
ca0-atra-[e]tayoḥ pittābhighātajayoḥ,
pittavidradhivat kriyā-cikitsā, kāryā | paṃ
caṃ-śoṇitaje rakto(navot)the
idameva-pittoktaṃ, karmakāryam | § 21545

6.22.13 Aṣṭāṅgahr̥dayasaṃhitā

-----oṣṭhe tu kaphāture | | 7 | |
pāṭhākṣāramadhuvyoṣairhṛtāsre
pratisāraṇam | | 8 | |
dhūmanāvanagaṇḍūṣāḥ prayojyāśca
kaphacchidaḥ | | 8 | | § 21548

6.22.14 Sarvāṅgasundarā

kaphātura oṣṭhe hṛtāsre-hṛtarakte, pāṭhādibhiḥ pratisāra-
ṇaṃ hitam | tathā dhūmādayaḥ kaphaghna hitāḥ | § 21549

6.22.15 Aṣṭāṅgahr̥dayasaṃhitā

svinnaṃ bhinnaṃ vimedaskaṃ
dahlenmedojamagninā | | 9 | |
priyaṅgurodhratriphalāmākṣikaiḥ
pratisārayet | | 9 | |
sakṣaudrā gharṣaṇaṃ tīkṣṇā bhinnaśuddhe
jalārbude | | 10 | |
avagādhe+ativṛddhe vā kṣāro+agnirvā
pratikriyā | | 10 | |
5 āmādyavasthāsvalajīṃ gaṇḍe
śophavadācaret | | 11 | | § 21554

6.22.16 Sarvāṅgasundarā

medojamoṣṭhaṃ svinnaṃ bhinnaṃ-vidāritaṃ, vigatame-
dasam̐ santamagninā dahet | priyaṅgvādibhiḥ pratisāra-
yet | sa0-tīkṣṇāḥ-pippalīmaricādayaḥ, samākṣikā bhinnaś-
uddhe jalārbude gharṣaṇam | avagādhe+ativṛddhe jalārb-
5 ude kṣāro+agnirathavā cikitsitam | § 21555

6.22.17 Aṣṭāṅgahr̥dayasaṃhitā

āmādyavasthāsvalajīṃ gaṇḍe śophavadācaret | | 11 | |
svinnasya śītadantasya pālīṃ vilikhitāṃ
dahet | | 11 | |
tailena, pratisāryā ca
sakṣaudraghanasaindhavaiḥ | | 12 | |
dāḍimatvagvarātārksyakāntājambvasthināgaraiḥ | | 12 | |
5 kavalāḥ kṣīriṇām kvāthairāṇutailam̐ ca
nāvanam | | 13 | |
dantaharṣe tathā bhede sarvā vātaharā
kriyā | | 13 | |
tilayaṣṭīmadhuśṛtam̐ kṣīram̐
gaṇḍūśadhāraṇam | | 14 | | § 21562

6.22.18 Sarvāṅgasundarā

āmādyavasthāsvalajīm gaṇḍe śophavadupakramet | sa0-
śītadantasya svinnasya pālīm vilikhitām tailena dahet |
dāḍimatvagādibhiḥ kṣaudrādiyutaiḥ pratisāryā ca | kṣīri-
ṇām kvāthaiḥ kavalo hitaḥ | nasyamaṇutailam hitam | sa0-
dantabhede harṣe ca sarvā vātaghnī kriyā śastā | tilayaṣṭi- 5
madhuśṛtaṃ kṣīraṃ gaṇḍūṣadhāraṇam | § 21563

6.22.19 Aṣṭāṅgahr̥dayasamhitā

sasnehaṃ daśamūlāmbu gaṇḍūṣaḥ pracaladvije | | 14 | |
tuttharodhrakaṇāśreṣṭhāpattāṅgapaṭugharṣaṇam | | 15 | |
snigdhāḥ śīlyā yathāvasthaṃ
nasyānnakavalādayaḥ | | 15 | | § 21566

6.22.20 Sarvāṅgasundarā

pracaladvije daśamūlāmbu sasnehaṃ gaṇḍūṣaḥ | tutthād-
ibhirgharṣaṇam | snigdhā nasyādayo+avasthāvaśādabhyasanīyāḥ |
§ 21567

6.22.21 Aṣṭāṅgahr̥dayasamhitā

adhidantakamāliptaṃ yadā kṣāreṇa jarjaram | | 16 | |
kṛmidantamivotpāṭya
tadvaccopacarettadā | | 16 | |
anavasthitarakte ca dagdhe vraṇa iva
kriyā | | 17 | | § 21570

6.22.22 Sarvāṅgasundarā

adhidantakam kṣāreṇāliptaṃ yadā jarjaraṃ syāt, tadā kṛ-
midantaṃ yathotpāṭya tathai vopakramet | anavasthitarak-
te ca dagdhevraṇa iva cikitsā kāryā | § 21571

6.22.23 Aṣṭāṅgahr̥dayasaṃhitā

ahiṃsan dantamūlāni dantebhyaḥ śarkarāṃ haret | | 17 | |
kṣāracūrṇairmadhuyutaistataśca
pratisārayet | | 18 | |
kapālikāyāmapyevaṃ harṣoktaṃ ca
samācaret | | 18 | | § 21574

6.22.24 Sarvāṅgasundarā

dantebhyaḥ śarkarāṃ haret, dantamūlānyahiṃsan-apīḍayan
rakṣan | tataḥ-anantaraṃ, śarkarāṃ vilikhya kṣāracūrṇ-
airmadhuyutaiḥ pratisārayet | sa0-kapālikāyāmapyevaṃ-
eṣa evopakramaḥ kāryaḥ | dantaharṣoktaṃ ca samācaret |
§ 21575

5

6.22.25 Aṣṭāṅgahr̥dayasaṃhitā

jayedvisrāvaṇaiḥ svinnamacalaṃ kṛmidantakam | | 19 | |
snigdhaiścālepagaṇḍūṣanasyāhāraiścalāpahaiḥ | | 19 | |
guḍena pūrṇaṃ suṣiraṃ madhūcchiṣṭena vā
dahet | | 20 | |
saptacchadārkaḥkṣīrābhyāṃ pūraṇaṃ
kṛmiśūlajit | | 20 | | § 21579

6.22.26 Sarvāṅgasundarā

kṛmidanatakaṃ svinnamacalaṃ visrāvāṇairvisrāvayet(jayet) |
tathā snigdhairvātaghnairālepādibhiḥ | guḍena pūrṇaṃ
suṣiraṃ madanena dahedvā | saptaparṇārkaḥkṣīrābhyāṃ
pūraṇaṃ hitam | tat kṛmiśūlajit | § 21580

6.22.27 Aṣṭāṅgahr̥dayasaṃhitā

hiṅgukaṭṭhalakāsīsasvarjikākuṣṭhavellajam | | 21 | |

rajo rujaṃ jayatyāśu vastrasthaṃ daśane
dhṛtam | | 21 | |
gaṇḍūṣaṃ grāhayettaimebhireva ca
sādhitam | | 22 | |
kvārthairvā yuktameraṇḍadvivyāghrībhūkada-
mbajaiḥ | | 22 | | § 21584

6.22.28 Sarvāṅgasundarā

hiṅgvādikaṃ cūrṇaṃ vasanasthitaṃ dante dhṛtaṃ rujā-
hṛt | sa0-ebhireva-hiṅgvādibhiḥ, kvāthayuktaṃ siddhaṃ
tailaṃ gaṇḍūṣaṃ rogiṇaṃ grāhayet | eraṇḍādijaiḥ kvāth-
airyuktaṃ tailaṃ gaṇḍūṣaṃ dhārayedvā | § 21585

6.22.29 Aṣṭāṅgahr̥dayasaṃhitā

kriyāyogairbahavidhairityaśāntarujaṃ bhṛśam | | 23 | |
dṛḍhamapyuddharedantaṃ pūrvaṃ
mūlādvimokṣitam | | 23 | |
sandamśakena laghunā dantanirghātanena
vā | | 24 | |
tailaṃ sayasṭyāhvarajo gaṇḍūṣo madhu vā
tataḥ | | 24 | | § 21589

6.22.30 Sarvāṅgasundarā

iti-evamādibhiḥ, kriyāyogairbahuprakāraiḥ kṛtairapyupa-
kramairāśāntapīḍaṃ dantaṃ sudṛḍhamapi pūrvaṃ mūl-
ādvimokṣitaṃ laghunā sandamśakena dantanirghātanena
yantreṇa voddharet | anantaraṃ tailaṃ madhuyaṣṭīcūrṇa-
yutaṃ gaṇḍūṣaṃ dhārayet | māksikaṃ vā madhuyaṣṭīcū-
rṇayutam | § 21590 5

6.22.31 Aṣṭāṅgahr̥dayasaṃhitā

tato vidāriyaṣṭyāhvaśṛṅgāṭakakaserubhiḥ | | 25 | |

tailaṃ daśaguṇakṣīraṃ siddhaṃ yuñjīta
nāvanam | | 25 | |
kṛśadurbalavṛddhānāṃ vātārtānāṃ ca
noddharet | | 26 | |
noddharecottaraṃ dantaṃ bahūpadravakṛddhi
saḥ | | 26 | |
eṣāmapyuddhṛtau snigdhasvāduśītakramo
hitaḥ | | 27 | | § 21595

6.22.32 Sarvāṅgasundarā

tato vidāryādibhirdaśaguṇakṣīraṃ tailaṃ pakvaṃ nasyaṃ
yuñjīta | sa0-kṛśādīnāṃ dantaṃ noddharet | uttaraṃ ca
dantaṃ noddharet | yasmātsa uddhṛto bahūpadravaka-
raḥ | eṣāmapī dantairuddhṛtaiḥ(dantoddhṛtau) snigdha-
5 svāduśītakramo hitaḥ | § 21596

6.22.33 Aṣṭāṅgahr̥dayasaṃhitā

visrāvitāsre śītāde sakṣaudraiḥ pratisāraṇam | | 27 | |
mustārjunatvaktriphalāphalinītārṅkṣyanāgaraiḥ | | 28 | |
tatkvāthaḥ kavalo, nasyaṃ tailaṃ
madhurasādhitam | | 28 | | § 21599

6.22.34 Sarvāṅgasundarā

visrāvitarakte śītāde mustādibhiḥ sakṣaudraiḥ pratisāra-
ṇaṃ hitam | teṣāṃ-mustādīnāṃ, kvāthaḥ kavalaḥ | madh-
urairiḥ sādhitam tailaṃ nasyam | § 21600

6.22.35 Aṣṭāṅgahr̥dayasaṃhitā

dantamāṃsānyupakuśe
svinnānyuṣṇāmbudhāraṇaiḥ | | 29 | |
maṇḍalāgreṇa śākādipatirivā bahuśo
likhet | | 29 | |

tataśca pratisāryāṇi
ghṛtamaṇḍamadhudrutaiḥ | |30| |
lākṣāpriyaṅgupattaṅgalavaṇottamagairikaiḥ | |30| |
sakuṣṭhaśuṅṭhīmaricayaṣṭīmadhurasāñjanaiḥ | |31| |
sukhoṣṇo ghṛtamaṇḍo tailaṃ vā
kavalagrahaḥ | |31| |
ghṛtaṃ ca madhuraiḥ siddhaṃ hitaṃ 5
kavalanasyayoḥ | |32| | § 21607

6.22.36 Sarvāṅgasundarā

upakuśe dantamāsāni svinnānyuṣṇāmbugaṇḍūśadhāraṇ-
ena | tato maṇḍalāgreṇa śākādipatrairvā bahuśo likhet |
tato lākṣādibhirghṛtamaṇḍamadhudrutaiḥ pratisāraṇīy-
āni | anantaraṃ sukhoṣṇo ghṛtamaṇḍastailaṃ vā kavala-
grahaḥ | madhuraiśca pakvaṃ ghṛtaṃ kavalanasyayorhi- 5
tam | § 21608

6.22.37 Aṣṭāṅgahr̥dayasaṃhitā

dantapuppuṭake svinnachinnabhinnavilekhite | |32| |
yaṣṭyāhvasvarjikāśuṅṭhīsaindhavaiḥ
pratisāraṇam | |33| | § 21610

6.22.38 Sarvāṅgasundarā

dantapuppuṭake svinnachinnabhinnavilikhite yaṣṭyādi-
bhiḥ pratisāraṇam | § 21611

6.22.39 Aṣṭāṅgahr̥dayasaṃhitā

vidradhau kaṭutīkṣṇoṣṇarūkṣaiḥ kavalalepanam | |33| |
gharṣaṇam
kaṭukākūṣṭhavr̥ścikālīyavodbhavaiḥ | |34| |
rakṣetpākamaṃ himaiḥ pakvaḥ pātyo
dāhyo+avagāḍhakaḥ | |34| | § 21614

6.22.40 Sarvāṅgasundarā

vidradhau kaṭvādibhiḥ kavalalepanaṃ hitam | kaṭukādi-
bhirgharṣaṇaṃ hitam | himaiḥ-śītalaiḥ, pākaṃ rakṣet | pa-
kvaḥ pāṭanīyaḥ | dāhyo+avagādhaḥ | § 21615

6.22.41 Aṣṭāṅgahr̥dayasaṃhitā

suṣire chinnaḥ likhite sakṣaudraiḥ pratisāraṇam | | 35 | |
rodhramustamiśiśreṣṭhātārksyapattaṅgakimśukaiḥ | | 35 | |
sakaṭphalaiḥ, kaṣāyaiśca teṣāṃ gaṇḍūṣa
iṣyate | | 36 | |
yaṣṭīrodhrotpalānantāsārivāgurucandanaiḥ | | 36 | |
5 sagairikasitāpūṇḍraiḥ siddhaṃ tailaṃ ca
nāvanam | | 37 | | § 21620

6.22.42 Sarvāṅgasundarā

sauṣire chinne likhite ca rodhrādibhirmādhvīkayutaiḥ pr-
atisāraṇam | taireva kaṣāyairgaṇḍūṣaiśca syāt | yaṣṭyādi-
bhiḥ pakvaṃ tailaṃ nāvanam | § 21621

6.22.43 Aṣṭāṅgahr̥dayasaṃhitā

chittvā+adhimāṃsakaṃ cūrṇaiḥ sakṣaudraiḥ
pratisārayet | | 37 | |
vacātejovatīpāṭhāsvarjikāyavaśūkajaiḥ | | 38 | |
paṭolanimbatriphalākaṣāyaḥ kavalo
hitaḥ | | 38 | | § 21624

6.22.44 Sarvāṅgasundarā

adhimāṃsakaṃ chittvā vacādiḥcūrṇaiḥ sakṣaudraiḥ pr-
atisārayet | paṭolādikvāthaḥ kavalo hitaḥ | § 21625

6.22.45 Aṣṭāṅgahr̥dayasam̐hitā

vidarbhe dantamūlāni maṇḍalāgreṇa śodhayet | | 39 | |
kṣāraṃ yuñjyāttato nasyaṃ gaṇḍūṣādi ca
śītaḥ | | 39 | | § 21627

6.22.46 Sarvāṅgasundarā

vidarbhe dantamūlāni maṇḍalāgreṇa śodhayet | kṣāraṃ
yuñjīta | tato nasyam | gaṇḍūṣādi ca śītaḥ | § 21628

6.22.47 Aṣṭāṅgahr̥dayasam̐hitā

saṃśodhyobhayataḥ kāyaṃ śiraścopacarettataḥ | | 40 | |
nāḍīm dantānugāṃ dantaṃ samuddhṛtyāgninā
dahet | | 40 | |
kubjāṃ naikagatiṃ pūrṇāṃ guḍena madanena
vā | | 41 | |
dhāvanam
jātimadanakhadirasvādukaṇṭakaiḥ | | 41 | |
kṣīravṛkṣāmbugaṇḍūṣo, nasyaṃ tailaṃ ca 5
tatkṛtam | | 42 | | § 21633

6.22.48 Sarvāṅgasundarā

ubhayataḥ-ūrdhvamadhaśca, kāyaṃ mūrdhānaṃ ca, vire-
keṇa nasyādinā ca saṃśodhya tato nāḍīm dantānugāmu-
pacaret | dantaṃ samuddhṛtyāgninā dahet | kubjāṃ naik-
agatiṃ pūrṇāṃ guḍena madanena samuddhṛtyāgninā da- 5
het | kubjāṃ naikagatiṃ pūrṇāṃ guḍena madanena vā da-
het | jātyādibhirdhāvanam hitam | kṣīravṛkṣāmbugaṇḍū-
ṣaḥ | tatpakvaṃ ca tailaṃ nasyam | § 21634

6.22.49 Aṣṭāṅgahr̥dayasam̐hitā

kuryādvātauṣṭhakopoktaṃ kaṇṭakeṣvanilātmasu | | 42 | |

jihvāyāṃ pittajāteṣu ghr̥ṣṭeṣu rudhire
srute | | 43 | |
pratisāraṇagaṇḍūṣanāvanam
madhurairhitam | | 43 | |
tīkṣṇaiḥ kaphotheṣvevaṃ ca
sarṣapatryūṣaṇādibhiḥ | | 44 | |
nave jihvālase+apyevaṃ, taṃ tu śastreṇa na
spr̥ṣet | | 44 | | § 21639

6.22.50 Sarvāṅgasundarā

jihvāyāṃ vātottheṣu kaṇṭakeṣu vātauṣṭhakopoktaṃ cik-
itsitaṃ kuryāt | sa0-jihvāyāṃ pittajāteṣu kaṇṭakeṣu ghr̥-
ṣṭeṣu rudhire srute pratisāraṇādi madhurairhitam | saṃ-
kaphotheṣvapyevaṃ tīkṣṇaiḥ sarṣapādibhiḥ pratisāraṇ-
5 ādi hitam | sa0-nave ca jihvālase eṣa evopakramaḥ | kiṃ
tu śastreṇainam na spr̥ṣet | etat yuktyā ca pūrveṣāṃ śastr-
asparśanam kāryamityanujajñe | § 21640

6.22.51 Aṣṭāṅgahr̥dayasaṃhitā

unnamya jihvāmākṛṣṭām baḍīsenādhijihvikām | | 45 | |
chedayenmaṇḍalāgreṇa tīkṣṇoṣṇairgharṣaṇādi
ca | | 45 | | § 21642

6.22.52 Sarvāṅgasundarā

adhijihvikām baḍīsenākṛṣṭām maṇḍalāgreṇa chedayet |
kiṃ kṛtvā ? unnamya jihvām | tīkṣṇoṣṇairgharṣaṇādi ca kā-
ryam | § 21643

6.22.53 Aṣṭāṅgahr̥dayasaṃhitā

upajihvāṃ parisrāvya yavakṣāreṇa gharṣayet | | 46 | |
kaphaghnaḥ śuṇḍikā sādhyā
nasyagaṇḍūṣagharṣaṇaiḥ | | 46 | | § 21645

6.22.54 Sarvāṅgasundarā

upajihvāṃ śastreṇa parisrāvya yavakṣāreṇa gharṣayet |
sa0-śuṇḍikā kaphaghairnasyādibhiḥ sādhanīyā | § 21646

6.22.55 Aṣṭāṅgahr̥dayasamhitā

ervārubījapratimaṃ vṛddhāyāmasirātataṃ | | 47 | |
agram niviṣṭaṃ jihvāyā
baḍiśādyavalambitaṃ | | 47 | |
chedayenmaṇḍalāgreṇa nātyagre na ca
mūlataḥ | | 48 | |
chede+atyasṛkkṣayānmṛtyurhīne
vyādhirvivarddhate | | 48 | | § 21650

6.22.56 Sarvāṅgasundarā

vṛddhayāṃ śuṇḍikāyāṃ satyāṃ jihvāyā agre(gram) nivi-
ṣṭaṃ kṛṣṇadīrghakarkaṭikābījasadr̥śaṃ baḍiśādinā+avalambitaṃ
maṇḍalāgreṇa chedayet | katham ? nātiśayena prānte na
cātiśayena mūle | yato+aticchede satyasṛkkṣayānmṛtyuḥ |
hīnacchinne sati vyādhirvivarddhate | § 21651 5

6.22.57 Aṣṭāṅgahr̥dayasamhitā

maricātiviṣāpāṭhāvacākuṣṭhakuṭannaṭaiḥ | | 49 | |
chinnāyāṃ sapaṭukṣaudrairgharṣaṇaṃ, kavalah
punaḥ | | 49 | |
kaṭukātiviṣāpāṭhānimbarāsnāvacāmbubhiḥ | | 50 | | § 21654

6.22.58 Sarvāṅgasundarā

chinnāyāṃ maricādibhiḥ sasaindhavaiḥ kṣaudrairgharṣa-
ṇaṃ | kavalah kaṭukādikvāthēna | § 21655

6.22.59 Aṣṭāṅgahr̥dayasaṃhitā

saṅghāte puppuṭe kūrme vilikhyaivaṃ
samācaret | | 50 | | § 21656

6.22.60 Sarvāṅgasundarā

[tālu]saṃhatau puppuṭake kacchape[ca] vilikhyaivaṃ-
anena krameṇa, samācaret | § 21657

6.22.61 Aṣṭāṅgahr̥dayasaṃhitā

apakve tālupāke tu kāsīsakṣaudratārksyajaiḥ | | 51 | |
gharṣaṇam, kavalah
śītakaṣāyamadhuraṣadhaiḥ | | 51 | | § 21659

6.22.62 Sarvāṅgasundarā

apakve tu tālupāke kāsīsādibhirgharṣaṇam | śītakaṣāyam-
adhuraṣadhaiḥ kavalah | § 21660

6.22.63 Aṣṭāṅgahr̥dayasaṃhitā

pakve+aṣṭāpadavadbhinne tīkṣṇoṣṇaiḥ
pratisāraṇam | | 52 | |
vṛṣanimbapaṭolādyaistiktaiḥ
kavaladhāraṇam | | 52 | | § 21662

6.22.64 Sarvāṅgasundarā

pakve+aṣṭāpadavadbhinne sati tīkṣṇoṣṇaiḥ pratisāraṇam
kāryam | aṣṭāpadaṃ-caturaṅgapīṭham | vṛṣādibhistiktadr-
avyaiḥ kavaladhāraṇam | § 21663

6.22.65 Aṣṭāṅgahr̥dayasam̐hitā

tāluṣoṣe tvatṛṣṇasya sarpiruttarabhaktikaṃ | | 53 | |
kaṇāśuṅṭhīśṛtaṃ
pānamamlairgaṇḍūśadhāraṇam | | 53 | |
dhanvamāṃsarasāḥ snigdhāḥ, kṣīrasarpiśca
nāvanam | | 54 | | § 21666

6.22.66 Sarvāṅgasundarā

tāluṣoṣe tvatṛṣṇasya sataḥ sarpiruttarabhaktikaṃ yojyam |
pippalīśuṅṭhībhyāṃ śṛtaṃ jalapānam | amlaiḥ-kāñjikādibhiḥ,
gaṇḍūśadhāraṇam | dhanvamāṃsarasāḥ snigdhāḥ | tath-
ākṣīrasya sarpiśca nāvanam hitam | § 21667

6.22.67 Aṣṭāṅgahr̥dayasam̐hitā

kaṇṭharogeṣvasṛṇmoksastikṣṇairnasyādi karma
ca | | 54 | |
kvāthaḥ pānam ca
dārvītvānimbātārksyakaliṅgajaḥ | | 55 | |
harītakīkaṣāyo vā peyo
mākṣikasam̐yutaḥ | | 55 | | § 21670

6.22.68 Sarvāṅgasundarā

kaṇṭharogeṣu sarveṣu sirādibhī raktamokṣaḥ | tīkṣṇairdr-
avyairnasyagaṇḍūśādi ca | dārvītvagādīnām kvāthaḥ pāt-
avyaḥ | harītakya vā kvāthaḥ samākṣikaḥ peyaḥ | § 21671

6.22.69 Aṣṭāṅgahr̥dayasam̐hitā

śreṣṭhāvyoṣayavakṣāradārvīdvīpirasāñjanaiḥ | | 56 | |
sapāṭhātejinīnimbaiḥ
suktagomūtrasādhitaiḥ | | 56 | |
kavalo, guṭikā vā+atra kalpitā
pratisāraṇam | | 57 | | § 21674

6.22.70 Sarvāṅgasundarā

śreṣṭhādibhiḥ suktagomūtrasādhitaiḥ kavalah | guṭikā
vā+atra-asmin kvāthe, parikalpitā pratisāraṇam | § 21675

6.22.71 Aṣṭāṅgahr̥dayasaṃhitā

śreṣṭhāvyoṣayavakṣāradārvidvīpirasāñjanaiḥ | | 56 | |
sapāṭhātejinīmbaiḥ
suktagomūtrasādhitaiḥ | | 56 | |
kavalō, guṭikā vā+atra kalpitā
pratisāraṇam | | 57 | | § 21678

6.22.72 Sarvāṅgasundarā

śreṣṭhādibhiḥ suktagomūtrasādhitaiḥ kavalah | guṭikā
vā+atra-asmin kvāthe, parikalpitā pratisāraṇam | § 21679

6.22.73 Aṣṭāṅgahr̥dayasaṃhitā

athāntarbāhyataḥ svinnāṃ vātarohiṇikāṃ likhet | | 58 | |
aṅgulīśastrakeṇāśu paṭuyuktanakhena
vā | | 59 | |
pañcamūlāmbu kavalastailam
gaṇḍūṣanāvanam | | 59 | | § 21682

6.22.74 Sarvāṅgasundarā

atheti maṅgale | maṅgalapurvakam vātajam rohiṇikāma-
ntarbāhyataśca svinnāmaṅgulīśastrakeṇāthavā paṭuyukt-
ena nakhena śīghrameva likhet | pañcamūlakvāthaḥ kav-
alah | tailam gaṇḍūṣo nasyam ca | § 21683

6.22.75 Aṣṭāṅgahr̥dayasaṃhitā

visrāvya pittasambhūtām

sitākṣaudrapriyaṅgubhiḥ | | 60 | |

gharṣetsarodhrapattaṅgaiḥ kavalāḥ kvathitaiśca
taiḥ | | 60 | |

drākṣāparūṣakakvātho hitaśca

kavalagrahe | | 61 | | § 21686

6.22.76 Sarvāṅgasundarā

pittajām rohiṇīm visrāvya-raktaṃ nirhr̥tya, sitādibhirgha-
rṣayet | taiśca-sitādibhiḥ, kvathitaiḥ sarodhrādibhiḥ kava-
laḥ | drākṣāparūṣakayoḥ kvāthaḥ[ca] kavalo hitaḥ | § 21687

6.22.77 Aṣṭāṅgahr̥dayasam̐hitā

upācaredevameva pratyākhyāyāsrasambhavām | | 61 | |

sāgaradhūmaiḥ kaṭukaiḥ kaphajām

pratisārayet | | 62 | |

nasyagaṇḍūṣayostailam̐ sādhitam̐ ca

praśasyate | | 62 | |

apāmārgaphalaśvetādantījantughnasaindhavaiḥ | | 63 | | § 21691

6.22.78 Sarvāṅgasundarā

raktajām rohiṇikām pratyākhyāya pittajāmivopakramet |
sa0-kaṭukaiḥ-kaṭuvargoktaiḥ, sāgaradhūmaiḥ kaphothhām
pratisārayet | apāmārgādibhiḥ kalkitaiḥ sādhitam̐ tailam̐
kapharohiṇyām nasyagaṇḍūṣayoḥ śreṣṭham | § 21692

6.22.79 Aṣṭāṅgahr̥dayasam̐hitā

tadvacca vṛndaśālūkatuṇḍikerīgīlāyūṣu | | 63 | |

vidradhau srāvite

śreṣṭhārocanātārksyagairikaiḥ | | 64 | |

sarodhrapaṭupattaṅgakaṇairgaṇḍūṣagharsaṇe | | 64 | | § 21695

6.22.80 Sarvāṅgasundarā

eṣaiva cikitsā vṛndādiṣu | sa0-vidradhau śastreṇa srāvite
śreṣṭhādibhirgaṇḍūṣādi hitam | § 21696

6.22.81 Aṣṭāṅgahr̥dayasaṃhitā

galagaṇḍaḥ pavanaḥ svinno niḥsrutaśoṇitaḥ | | 65 | |
tilairbījaiśca
laṭvomāpriyālaśaṇasambhavaiḥ | | 65 | |
upanāhyo, vraṇe rūḍhe pralepyaśca
punaḥpunaḥ | | 66 | |
śigrutilvakatarkārīgajakṛṣṇāpunarnavaiḥ | | 66 | |
5 kālāmṛtārkamūlaiśca puṣpaiśca
karahāṭajaiḥ | | 67 | |
ekaiśikānvitaiḥ piṣṭaiḥ surayā kāñjikenā
vā | | 67 | |
guḍūcīnimbakuṭajahaṃsapādībalādvayaiḥ | | 68 | |
sādhitam pāyayettaḥ
sākṛṣṇādevadārubhiḥ | | 68 | | § 21704

6.22.82 Sarvāṅgasundarā

galagaṇḍo vātodbhavaḥ svinno niḥsrutāsrastilairlaṭvādib-
ījaiśca upanāhyaḥ | rūḍhe vraṇe sati pralepyaśca bahuśaḥ
śigrvādibhiḥ surayā kāñjikenā vā piṣṭaiḥ | ekaiśikā-trivṛt |
5 guḍūcyādibhiḥ sākṛṣṇādevadārubhiḥ kalkitairgalaṇḍina-
māturaṃ pakvaṃ tailaṃ pāyayet | § 21705

6.22.83 Aṣṭāṅgahr̥dayasaṃhitā

kartavyaṃ kaphaje+apyetatsvedavimlāpane tvati | | 69 | |
lepo+ajagandhātiviṣāviśalyāḥ
saviṣāṇikāḥ | | 69 | |
guñjālābuśukāhvāśca
palāśakṣārakalkitāḥ | | 70 | | § 21708

6.22.84 Sarvāṅgasundarā

kaphotthe+apyetat-vātagalagaṇḍoktaṃ cikitsitaṃ, kāryam |
kintu svedavimlāpane cātyarthaṃ kārye | sa0-kaphaje ga-
lagaṇḍe+ajagandhādayaḥ palāśakṣāraniścotakalkitāḥ le-
paḥ | § 21709

6.22.85 Aṣṭāṅgahr̥dayasaṃhitā

mūtrasrutaṃ haṭhakaṣāraṃ paktvā kodravabhuk
pibet | |70| |
sādhitaṃ vatsakādyairvā tailaṃ
sapaṭupañcakaiḥ | |71| |
kaphaghnān dhūmavamananāvanādīṃśca
śīlayet | |71| | § 21712

6.22.86 Sarvāṅgasundarā

haṭho-mimmiṇiḥ, tasya kṣāraṃ gomūtre srutaṃ paktvā kṣ-
āraṇyāyena pibejjalena, 'peṣaṇāloḍane vāri' (hr̥.ka.a. 6/23)
iti vacanāt | kimbhūtaḥ san ? kodravabhuk | vatsakādibh-
irvā (hr̥.sū.a. 15/33) tailaṃ sādhitaṃ hitam | kaphaghnān
dhūmādīn śīlayet | § 21713

5

6.22.87 Aṣṭāṅgahr̥dayasaṃhitā

medobhave sirāṃ vidhyetkaphaghnāṃ ca vidhiṃ
bhajet | |72| |
asanādirajaścainaṃ prātmūtreṇa
pāyayet | |72| |
aśāntau pācayitvā ca sarvān
vraṇavadācāret | |73| | § 21716

6.22.88 Sarvāṅgasundarā

medobhave galagaṇḍe sirāṃ vidhyet | kaphaghnāṃ ca vi-
dhiṃ seveta | asanādicūrṇaṃ (hr̥.sū.a.15/19) cainaṃ prā-

targomūtreṇa pāyayet | saṃ-aśāntau satyāṃ pācayitvā sar-
rvān vraṇavadupakramet | § 21717

6.22.89 Aṣṭāṅgahr̥dayasaṃhitā

mukhapākeṣu sakṣaudrā prayojyā
mukhadhāvanāḥ | | 73 | |
kvathitāstriphalāpāṭhāmṛdvīkājātīpallavāḥ | | 74 | |
niṣṭhevyā bhakṣayitvā vā
kuṭherādirgaṇo+athavā | | 74 | | § 21720

6.22.90 Sarvāṅgasundarā

mukhapākeṣu samākṣikā mukhadhāvanāḥ kvathitāstrī-
phalādayaḥ prayojyāḥ | athavā triphalādīn bhakṣayi-
tvā niṣṭhevyāḥbhuktvā niṣṭhīvet | kuṭherādirgaṇo vā-
harītakavargokto (hr̥.sū.a.6/106), bhakṣayitvā niṣṭhevyāḥ |
5 § 21721

6.22.91 Aṣṭāṅgahr̥dayasaṃhitā

mukhapāke+anilāt kṛṣṇāpaṭvelāḥ pratisāraṇam | | 75 | |
tailaṃ vātaharaiḥ siddhaṃ hitaṃ
kavalanasyayoḥ | | 75 | | § 21723

6.22.92 Sarvāṅgasundarā

mukhapāke+anilāt kṛṣṇādayaḥ pratisāraṇam | vātagnaiḥ
siddhaṃ tailaṃ kavale nasye ca hitam | § 21724

6.22.93 Aṣṭāṅgahr̥dayasaṃhitā

pittāsre pittaraktaghnaḥ kaphaghnaśca kaphe
vidhiḥ | | 76 | |
likhecchākādīpatraiśca piṭīkāḥ kaṭhināḥ
sthīrāḥ | | 76 | | § 21726

6.22.94 Sarvāṅgasundarā

pittāsre pittaraktaghno vidhiḥ | saṃ-kaphe ca kaphahr̥t vi-
dhiḥ | piṭikāḥ kaṭhināḥ sthirāḥ śākādipatrainlikhet | § 21727

6.22.95 Aṣṭāṅgahr̥dayasaṃhitā

yathādoṣodayaṃ kuryātsannipāte cikitsitam | |77| |
nave+arbude tvasaṃvṛddhe chedite
pratisāraṇam | |77| |
svarjikānāgarakṣaudraiḥ, kvātho gaṇḍūṣa
iṣyate | |78| | § 21730

6.22.96 Sarvāṅgasundarā

sannipāte yathādoṣodayaṃ cikitsitaṃ kuryāt | sa0-
arbude navotthe+asaṃvṛddhe chedite ca pratisāraṇam
svarjikādibhiḥ | gaṇḍūṣa iṣṭo guḍūcīnimbakalkodbhavaḥ
kvātho madhutailayuktaḥ | tathā yavānnabhojī tīkṣṇatailanasyā-
bhyaṅgānācaret | § 21731

5

6.22.97 Aṣṭāṅgahr̥dayasaṃhitā

guḍūcīnimbakalkottho madhutailasamanvitaḥ | |78| |
yavānnabhuk tīkṣṇatailanasyābhyaṅgāmsta-
thā+a+acaret | |79| | § 21733

6.22.98 Sarvāṅgasundarā

arbude navotthe+asaṃvṛddhe chedite ca pratisāraṇam
svarjikādibhiḥ | gaṇḍūṣa iṣṭo guḍūcīnimbakalkodbhavaḥ
kvātho madhutailayuktaḥ | tathā yavānnabhojī tīkṣṇatail-
anasyābhyaṅgānācaret | § 21734

6.22.99 Aṣṭāṅgahr̥dayasaṃhitā

vamite pūtivadane dhūmastīkṣṇaḥ sanāvanah | |79| |
samaṅgādhātakīrodhraphalinīpadmakairjalam | |80| |
dhāvanam
vadanasyāntaścūrṇitairavacūrṇitam | |80| |
śītādopakuśoktaṃ ca nāvanādi ca
śīlayet | |81| | § 21738

6.22.100 Sarvāṅgasundarā

pūtimukhe vamite sati tīkṣṇadhūmo nasyam ca tīkṣṇam
prayojyam | samaṅgādijalena vadanasyāntaḥ kṣālayet | et-
aireva mukhāntaram cūrṇitairavacūrṇayet | śītādopakuśo-
ktaṃ ca nasyādikamabhyaset | § 21739

6.22.101 Aṣṭāṅgahr̥dayasaṃhitā

vṛkṣāmlakāmlāgrimavetasāśca | |81| |
aśvatthajambvāmradhanañjayatvak tvak
cāhimārātkhadirasya sāraḥ | |82| |
kvāthena teṣāṃ ghanatāṃ gatena taccūrṇayuktā
guṭikā vidheyāḥ | |82| |
tā dhāritā ghnanti mukhena nityam
kaṅṭhauṣṭhatālvādigadān sukṛcchrān | |83| |
5 gandhān videhādhipatipraṇītāḥ | |83| | § 21744

6.22.102 Sarvāṅgasundarā

triphalādīnām dravyāṇām kvāthena ghanatvaṃ gatena ta-
ccūrṇena triphalādirajasā+anvitā gulikāḥ kāryāḥ | tā mu-
khena nityam dhāritāḥ kaṅṭhādirogān dāruṇānapi ghn-
anti | viśeṣeṇa rohiṇikādīn | videhapatinā nirmītā etāḥ |
5 amlāgrimavetasāḥ-amlavetasāḥ | atrā[ntyā]dye vṛtte upa-
jātī, madhyamamindravajrā | § 21745

6.22.103 Aṣṭāṅgahr̥dayasaṃhitā

khadiratulāmambughaṭe paktvā toyena tena

piṣṭaiśca | | 84 | |

candanajoṅgakakuṅkumaparipelavavālakośīraiḥ | | 84 | |

suratarurodhradrākṣāmañjiṣṭhācocapadmakaviḍaṅgaiḥ | | 85 | |

spṛkkānatanakhakatṭhalasūkṣmailādhyāmakaiḥ

sapattaṅgaiḥ | | 85 | |

tailaprasthaṃ vipacet karṣāṃśaiḥ

5

pānаныyagaṇḍūṣaistat | | 86 | |

hatvā+a+asye sarvagadān janayati gārdhīm

dr̥ṣaṃ śrutim ca vārāhīm | | 86 | | § 21751

6.22.104 Sarvāṅgasundarā

khadirapalaśataṃ jaladroṇe paktvā pādāvaśeṣitena tena

jalena piṣṭaiścandanādibhiḥ karṣāśaistailaprasthaṃ pa-

cet | tacca pānаныyagaṇḍūṣairāsyē dhāritam sarvān ro-

gān jivā gr̥dhrasambandhinīm dr̥ṣṭim varāhatulyām śru-

tim[ca] vidhatte | āryā(rye) gītiḥ[ca] | § 21752

5

6.22.105 Aṣṭāṅgahr̥dayasaṃhitā

dārvībhirabhyaktamanena vaktram | | 87 | |

nirvyaṅganīlīmukhadūṣikādi sañjāyate

candrasamānakānti | | 87 | | § 21754

6.22.106 Sarvāṅgasundarā

prapunnāṭādibhitudvartitaṃ mukhaṃ tailenānenābhya-

ktaṃ vyaṅgādirahitaṃ candratulyakānti sañjāyate | upa-

jātiḥ | § 21755

6.22.107 Aṣṭāṅgahr̥dayasaṃhitā

rebhirdravyaairdhāritaṃ tanmukhena | | 89 | |

tsthairyaṃ dhatte
dantapaṅkteścalāyāḥ | | 89 | | § 21757

6.22.108 Sarvāṅgasundarā

nīlasahacarāt palaśataṃ jalaghaṭe paktvā tasmin rasedvi-
kārṣikaiḥ khadirādibhiḥ kalkitaiḥ sūkṣmarajīkṛtaistailapr-
asthaṃ vipācayet | tanmukhena dhāritaṃ sarvamukhar-
ogahr̥t | viśeṣeṇa dantapaṅkteścalāyāḥ sthairyakṛcca | vṛ-
5 ttaṃ (?) śālinī [ca] | § 21758

6.22.109 Aṣṭāṅgahr̥dayasaṃhitā

hvayaṣṭyāḥvalākṣāñjanadvayam | | 91 | |
dhātakīkaṭuphaladviniśātriphālācaturjātaṅgakam | | 92 | |
(nakha)lavaṅgakaṅkollakām | | 93 | |
sphaṭikaśubhrasurabhikarpūrakuḍavaṃ ca
5 tatrāvapettataḥ | | 94 | |
kārayedguṭikāḥ sadā caitā dhāryā mukhe
tadvadāpahāḥ | | 94 | | § 21763

6.22.110 Sarvāṅgasundarā

khadirasārad dve tule, tulāṃ cārimeḍaso valkāṭ, jalaghaṭa-
catuṣṭaye pacet | pādāvaśeṣite pūte+asmin punaḥ kvatha-
nād ghanībhūte kārṣikāṇi sūślakṣṇacūrṇāni sevyādīni kṣi-
pet | asmin śīte jātipatrādīn pṛthakpālikān kṣipet | śreṣṭh-
5 atamojjvalakarpūrakuḍavaṃ cātra kṣipet | anantaraṃ gu-
ṭikāḥ kārayet | etāḥ sadā mukhe dhāryāḥ sarvamukharog-
aharāḥ | [vṛttāni(?) pañca |] § 21764

6.22.111 Aṣṭāṅgahr̥dayasaṃhitā

kvāthyausadhavyatyayayanena tailaṃ
pacetkalpanayā+anayaiva | | 95 | |
rdantasthiratve tvidameva
mukhyam | | 95 | | § 21766

6.22.112 Sarvāṅgasundarā

kvāthyauṣadhayoḥ-khadirasārārimesasoḥ, vyatyayo-vaiparītyaṃ,-
arimesasaḥ-viṭkhadiravalkalād dve tule prayojye, kha-
dirasārattulām, anyatsarvaṃ pūrvavaddeyamiti | tailaṃ
pacedanayaiva kalpanayā | tat-tailaṃ, sarvamukharog-
aghnā | dantasthirakṛtau cedameva pradhānamāhuḥ | 5
indravajrā | § 21767

6.22.113 Aṣṭāṅgahr̥dayasaṃhitā

stailamidaṃ cārimesasā prathitam | | 96 | |
anuśīlayan pratidinaṃ svastho+api dṛḍhadvijo
bhavati | | 96 | | § 21769

6.22.114 Sarvāṅgasundarā

khadireṇaitā guṭikāstailaṃ caitadarimesasā prathitam |
dvayamapyetat pratidinamabhyastaṃ svasthasyāpi dvija-
dārḍhyakṛt | āryā | § 21770

6.22.115 Aṣṭāṅgahr̥dayasaṃhitā

dārvīyavāsatriphalākaṣāyaḥ | | 97 | |
tiktāpītāṅgīrodhratejovatinām | | 98 | |
pākasrāvāṇaṃ nāśano gharṣaṇena | | 98 | | § 21773

6.22.116 Sarvāṅgasundarā

kṣudrādibhiḥ kaṣāyaḥ kṣaudreṇa yutaḥ kavalagraho+ayaṃ
sarvamukharogān hanti | indravajrā | saṃ-pāṭhādīnām
cūrṇaḥ kṣaudrayuto dantamāṃsārtyādīnām gharṣaṇena
nāśanaḥ | vaiśvadevī | § 21774

6.22.117 Aṣṭāṅgahr̥dayasaṃhitā

gr̥hadhūmatārksyapāṭhāvyoṣakṣārāgnyayovarātejohva-
iḥ | | 99 | |
mukhadantagalavikāre sakṣaudraḥ kālako
vidhāryaścūrṇaḥ | | 99 | |
dārvītvaksindhūdbhavamaṇaḥ
śilāyāvaśūkaharītālaiḥ | | 100 | |
dhāryaḥ pītakacūrṇo dantāsyagalāmāyē
samadhvājyaḥ | | 100 | | § 21778

6.22.118 Sarvāṅgasundarā

gr̥hadhūmādibhiścūrṇaḥ samākṣikaḥ kālakākhyo mukha[di]vikāre
dhāryaḥ | āryā gītiḥ | sa0-dārvyādibhiḥ pītakākhyāścūrṇo
dantādyāmāyē samadhughṛto dhāryaḥ | gītirāryā | § 21779

6.22.119 Aṣṭāṅgahr̥dayasaṃhitā

dvikṣārādhūmakavarāpañcapaṭuvyoṣavellagiritārksya-
iḥ | | 101 | |
gomūtreṇa vipakvā galāmāyaghnī rasakriyā
eṣā | | 101 | |
gomūtrakvathanavilīnavigrahāṇām pathyānām
jalamiśikuṣṭhabhāvitānām | | 102 | |
attāraṃ naramaṇavo+api vaktrarogāḥ śrotāraṃ
nr̥pamiva na spr̥santyanarthāḥ | | 102 | | § 21783

6.22.120 Sarvāṅgasundarā

dvikṣārādibhirgomūtreṇa vipakvā eṣā rasakriyā guṭikā ga-
larogaghnī bhavati | [gītirāryā |] sa0-gomūtrakvāthena vi-
līnaśarīrāṇām pathyānām vālakaśatapūṣpākūṣṭhairbhāvitā-
nām bhakṣayitāraṃ naraṃ svalpā api vaktrarogā na spr̥s-
5 anti | anarthāḥ śrotāraṃ nr̥pamivetyupamālaṅkāraḥ | pr-
aharṣiṇī | § 21784

6.22.121 Aṣṭāṅgahṛdayasaṃhitā

harītakītikakarohiṇībhiḥ | | 103 | |
trāyantitiktādviniśāmṛtānām | | 104 | |
pītaḥ kaṣāyo madhunā nihanti mukhe
sthitaścāsyagadānaśeṣān | | 104 | | § 21787

6.22.122 Sarvāṅgasundarā

saptacchadādibhiḥ kvāthaṃ mukhapākaharaṃ pibet | sa0-
paṭolādīnām kaṣāyo madhumān pīto mukhe ca sthitoga-
ṇḍūṣo dhārito, mukhagadānaśeṣānnihanti | upajāti § 21788

6.22.123 Aṣṭāṅgahṛdayasaṃhitā

svarasaḥ kvathito dārvyā ghanībhūtaḥ
sagairikaḥ | | 105 | |
āsyasthaḥ samadhurvaktrapākanāḍivraṇāpa-
haḥ | | 105 | |
paṭolanimbayaṣṭyāhvavāsājātyarimedasām | | 106 | |
khadirasya varāyāśca pṛthagevaṃ
prakalpanā | | 106 | | § 21792

6.22.124 Sarvāṅgasundarā

dārvyā rasaḥ kvathito ghanībhūtaḥ sagairikakṣaudro mu-
khastho vaktrapākādighnaḥ | sa0-paṭolādīnām pṛthage-
vaṃ prakalpanā kāryā | § 21793

6.22.125 Aṣṭāṅgahṛdayasaṃhitā

khadirāyovarāpārthamadayantyahimārakaiḥ | | 107 | |
gāṇḍūṣo+ambuśṛtairdhāryo
durbaladvijaśāntaye | | 107 | |
mukhadantamūlagalajāḥ prāyo rogāḥ
kaphāsrabhūyiṣṭhāḥ | | 108 | |

tasmātteṣāmasakṛd rudhiraṃ
visrāvayedduṣṭam | | 108 | | § 21797

6.22.126 Sarvāṅgasundarā

khadirādibhirjalaśṛtairganḍūśo dvijadārḍhyakṛddhāryaḥ |
ahimāraḥ-arimedaḥ | sa0-mukhādigadā bāhulyena ka-
pharaktabhūyiṣṭhā yataḥ, tasmāddhetosteṣāṃ duṣṭam ru-
dhiraṃ punaḥ punarvisrāvayet | § 21798

6.22.127 Aṣṭāṅgahr̥dayasaṃhitā

kāyaśirasorvireko vamaṇaṃ kavalagrahāśca
kaṭutiktāḥ | | 109 | |
prāyaḥ śastam teṣāṃ kapharaktaḥaram tathā
karma | | 109 | |
yavatr̥ṇadhānyam bhaktam vidalaiḥ
kṣāroṣitairapasnehāḥ | | 110 | |
yūṣā bhakṣyāśca hitā
yaccānyacchleṣmanāśāya | | 110 | | § 21802

6.22.128 Sarvāṅgasundarā

kāyaśirovirekādikaṃ bāhulyena teṣāṃ śastam | kaphara-
ktaharam ca yatkarma tat śastam | sa0-yavādayo hitāḥ | ya-
ccāparam śleṣmanāśanaṃ tacca śastam | § 21803

6.22.129 Aṣṭāṅgahr̥dayasaṃhitā

mato drutaṃ teṣu kurvīta | | 111 | |
sthāne mukharogapraṭiṣedho nāma
dvāviṃśo+adhyāyaḥ | | 22 | | § 21805

6.22.130 Sarvāṅgasundarā

prāṇapavanamārgasthitā kaṅṭharogāḥ pramādyataḥ śvās-
amapi nirundhanti yataḥ, ataḥ-asmāddhetoḥ, teṣu rogeṣū-
pakramam drāg vidadhīta | āryāścatasraḥ | iti śrīmṛgāṅka-
dattaputraśrīmadaruṇattaviracitāyāmaṣṭāṅgahr̥daya-
tīk-
āyāṃ sarvāṅgasundarākhyāyāṃ ṣaṣṭhe uttarasthāne mukharoga-
pratiṣedho nāma dvāvīṃśo+adhyāyaḥ samāptaḥ | | 22 | |
§ 21806

6.23 śīrorogavijñānīyādhyāyaḥ : 23

6.23.1 Aṣṭāṅgahr̥dayasaṃhitā

athātaḥ śīrorogavijñānīyaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) dhūmātapatuṣārāmbukrīḍātisvapnajāgar-
aiḥ | | 1 | |
utsvedādhipurovātabāṣpanigraharodanaiḥ | | 1 | |
atyambumadyapānena 5
kṛmibhirvegadhāraṇaiḥ | | 2 | |
upadhānamrjābhyaṅgadveṣādhaḥpratatekṣaṇaiḥ | | 2 | |
asātmyagandhaduṣṭāmabhāṣyādyaiśca
śīrogatāḥ | | 3 | |
janayantyāmayān
doṣāḥ----- | | 3 | | § 21814

6.23.2 Aṣṭāṅgahr̥dayasaṃhitā

sa0-dhūmādibhiḥ śīrogatā doṣā rogān janayanti | § 21815

6.23.3 Aṣṭāṅgahr̥dayasaṃhitā

-----tatra mārutakopataḥ | | 3 | |

nistudyete bhr̥saṃ śaṅkhau ghāṭā sambhidiate
tathā | | 4 | |
bhruvormadhyam̐ lalāṭam̐ ca
patatīvātivedanam̐ | | 4 | |
bādhyete svanataḥ śrotre niṣkr̥ṣyeta
ivākṣiṇī | | 5 | |
ghūrṇatīva śiraḥ sarvaṃ sandhibhya iva
mucyate | | 5 | |
5 sphuratyati sirājālam̐
kandharāhanusaṅgrahaḥ | | 6 | |
prakāśāsahatā
ghr̥ṇasrāvo+akasmādyathāśamau | | 6 | |
mārdavaṃ mardanasnehasvedabandhaiśca
jāyate | | 7 | |
śirastāpo+ayam-----
| | 7 | | § 21824

6.23.4 Sarvāṅgasundarā

tatra-teṣu madhye, vātakopāt śaṅkhanistodādayaḥ syuḥ |
tathā mardanādibhirmārdavaṃ jāyate | ghūrṇatīveti ghūr-
ṇastudādih̐ | ayamīdr̥ṣaḥ śirastāpa ucyate | § 21825

6.23.5 Aṣṭāṅgahr̥dayasaṃhitā

-----ardhe tu mūrdhnaḥ
so+ardhāvabhedakaḥ | | 7 | |
pakṣātkupyati māsādvā svayameva ca
śāmyati | | 8 | |
ativṛddhastu nayanam̐ śravaṇam̐ vā
vināśayet | | 8 | | § 21828

6.23.6 Sarvāṅgasundarā

ardhe tu śirasaḥ, ardhāvabhedaka ucyate | sa ca pakṣeṇa
kupyati | māsena vā kupyati | svayameva-cikitsitam̐ vin-
aiva, upaśāmyati | ativṛddhastvayam̐ locanam̐ karṇam̐ vā
hanyāt | § 21829

6.23.7 Aṣṭāṅgahr̥dayasaṃhitā

śorobhitāpe pittotthe śorodhūmāyanam̐ jvaraḥ | |9| |
svedo+akṣidahanaṃ mūrcchā niśi śītaiśca
mārdavam | |9| |
aruciḥ kaphaje mūrdhno
gurustimitaśītatā | |10| |
śirānispandatā+a+alasyaṃ
rūnmandā+ahnyadhikāniśi | |10| |
tandrā śūnākṣikūṭatvaṃ karṇakaṇḍūyanam̐ 5
vamiḥ | |11| |
raktāt pittādhikarujaḥ sarvaiḥ
syātsarvalakṣaṇaḥ | |11| | § 21835

6.23.8 Sarvāṅgasundarā

kaphaje śirobhitāpe+arucyādayaḥ syuḥ | divā pīḍā mandā
bhavati, vibhāvaryāmadhikā | tathā tandrādayaḥ syuḥ |
sa0-raktodbhavo mūrdhatāpaḥ pittādhikarujaḥ syāt | sa0-
sannipātena sarvalakṣaṇaḥ syāt | § 21836

6.23.9 Aṣṭāṅgahr̥dayasaṃhitā

saṅkīrṇairbhojanairmūrdhni kleditte rudhirāmiṣe | |12| |
kopite sannipāte ca jāyante mūrdhni
jantavaḥ | |12| |
śirasaste pibanto+asraṃ ghorāḥ kurvanti
vedanāḥ | |13| |
cittavibhramśajananīrjvaraḥ kāso
balakṣayaḥ | |13| |
rauḥyaśophavyadhancchedadāhasphuraṇapūtītāḥ | |14| |
kapāle tāluśirasoh̐ kaṇḍūḥ śoṣaḥ
pramīlakaḥ | |14| |
tāmrācchasiṅghāṇakatā karṇanādaśca
jantuje | |15| | § 21843

6.23.10 Sarvāṅgasundarā

saṅkīrṇairāhāraiḥ śirasi kledite rudhire māmse ca sannipāte ca kopite kṛmayo mūrdhni jāyante | te ca mūrdhnau raktam pibanto dāruṇāḥ pīḍā manovibhramśakāriṇīrjanayanti | jvarādayaśca syuḥ | tathā kapāle tāluśirasoh kaṇḍvādyāḥ syuḥ | tathā tāmrācchasiṅghāṇakatvaṃ karṇanādaśca kṛmije syāt | § 21844

6.23.11 Aṣṭāṅgahr̥dayasaṃhitā

vātolbaṇāḥ śiraḥkampam tatsamjñam kurvate
malāḥ | | 15 | |
pittapradhānairvātādyaiḥ śaṅkhe śophaḥ
saṣṇitaiḥ | | 16 | |
tīvrādāharujārāgapralāpajvaratṛḍbhramāḥ | | 16 | |
tiktāsyāḥ pītavadanaḥ kṣiprakārī sa
śaṅkhakaḥ | | 17 | |
5 trirātrājīvitam hanti sidhyatyapyāśu
sādhitaḥ | | 17 | | § 21849

6.23.12 Sarvāṅgasundarā

vātādhikā doṣāḥ śiraḥkampam śiraḥ kampākhyam kurvate | sa0-pittādhikairdoṣaiḥ saraktaiḥ śaṅkhe śopho+atidāhādayaśca syuḥ | sa ca śaṅkhakastiktāsyāḥ pītavarṇamukhaḥ kṣiprakārī ca syāt | tiktam-tiktasvādamāsyam, yasmin śaṅkhake
5 saḥ | evamanyadapi yojyam | sa cānupakrāntastrirātreṇa
jīvitam harati | śīghram ca cikitsitaḥ sidhyatyapi | apiśa-
bdāt kadācinna sidhyati | § 21850

6.23.13 Aṣṭāṅgahr̥dayasaṃhitā

pittānubaddhaḥ śaṅkhākṣibhrūlalāṭeṣu mārutaḥ | | 18 | |
rujam saspandanam
kuryādanusūryodayodayām | | 18 | |

āmadhyāhnaṃ vivardhiṣṇuḥ kṣudvataḥ sā
viśeṣataḥ | | 19 | |
avyavasthitaśītoṣṇasukhā śāmyatyataḥ
param | | 19 | |
sūryāvartaḥ sa ityuktā daśa rogāḥ
śirogatāḥ | | 20 | | § 21855

6.23.14 Sarvāṅgasundarā

pittānubaddho mārutaḥ śaṅkhādiṣu rujam saspanda-
nāṃ kuryāt | kimbhūtāṃ rujam ? anusūryodayaṃ ud-
ayo yasyāḥ sā tām | āmadhyāhnaṃ-madhyāhnaṃ ma-
ryādīkṛtya vardhanaśīlā, sā pīḍā bubhukṣitasya viśeṣ-
eṇa | tathā+aniyataśītoṣṇasukhā | ato-madhyāhnāt, param 5
śamaṃ gacchati | saḥ-ityevaṃ, sūryāvarta uktaḥ | sa0-
daśaite mūrdhagatā rogā uktāḥ | § 21856

6.23.15 Aṣṭāṅgahr̥dayasamhitā

śirasyeva ca vakṣyante kapāle vyādhayo nava | | 20 | |
kapāle pavane duṣṭe garbhasthasyāpi
jāyate | | 21 | |
savarṇo nīrujaḥ śophastaṃ
vidyādupaśīrṣakam | | 21 | | § 21859

6.23.16 Sarvāṅgasundarā

śirasyeva kapāle nava rogā bhaṅṣyante | sa0-kapāle pa-
vane duṣṭe garbhasthasyāpi nīrujaḥ śophastatsavarṇaḥ-
kāyasamānavarṇo, jāyate | tamupaśīrṣakākhyam rogam jā-
nīyāt | § 21860

6.23.17 Aṣṭāṅgahr̥dayasamhitā

yathādoṣodayaṃ brūyāt piṭikārbudavidradhīn | | 22 | |

kapāle kledabahulāḥ
pittāsṛkśleṣmajantubhiḥ | | 22 | |
kaṅgusiddhārthakanibhāḥ piṭikāḥ
syurarumuṣikāḥ | | 23 | | § 21863

6.23.18 Sarvāṅgasundarā

piṭikādīn trīn yathādoṣodayaṃ brūyāt | sa0-kapāle kleda-
bahulāḥ pittāsṛkśleṣmajantubhiḥ kaṅgusiddhārthakapha-
larūpāḥ piṭikā arumuṣikāḥ syuḥ | § 21864

6.23.19 Aṣṭāṅgahr̥dayasaṃhitā

kaṅḍūkeśacyutisvāparaukṣyakṛt sphuṭanam
tvacaḥ | | 23 | |
susūkṣmaṃ kaphavātābhyāṃ
vidyāddāruṇakaṃ tu tat | | 24 | |
romakūpānugaṃ pittaṃ vātena saha
mūrcchitam | | 24 | |
pracyāvayati romāṇi tataḥ śleṣmā
saṣoṇitaḥ | | 25 | |
5 romakūpān ruṇaddhyasya
tenānyeṣāmasambhavaḥ | | 25 | |
tadindraluptaṃ rujyāṃ ca prāhuścāceti
cāpare | | 26 | | § 21870

6.23.20 Sarvāṅgasundarā

kaṅḍvādikṛt tvacaḥ sphuṭanam susūkṣmaṃ yat tadd-
āruṇakaṃ kaphavātābhyāṃ vidyāt | aṃ-pittaṃ vātena
saha mūrcchitam romakūpānugataṃ romāṇi pracyāvay-
ati | tataḥ śleṣmā raktasahito romakūpān ruṇaddhi | tena
5 kāraṇenāsyā-indraluptavataḥ, anyeṣāṃ romṇāmanuṭpa-
tṭiḥ | tat-etat, indraluptaṃ rujyāṃ cācetyanya āhuḥ | § 21871

6.23.21 Aṣṭāṅgahr̥dayasaṃhitā

khalaterapi janmaivam śātanam tatra tu kramāt | |26| |
sā vātādagnidagdhābhā,
pittātsvinnasirāvṛtā | |27| |
kaphāddhanatvagvarṇāśca yathāsvaṃ nirdiśet
tvaci | |27| | § 21874

6.23.22 Sarvāṅgasundarā

evaṃ-etattulyarūpā, khalaterutpattiḥ | kintu[tatra-] khala-
tau, krameṇa keśānām śāto na tvindralupta iva sahasā |
sa0-sā-khalatiḥ, vātādagnidagdhābhā syāt | pittāt svinna-
sirāvṛtā syāt | kaphena ghanatvak | tvaci varṇāśca yathād-
oṣaṃ nirdiśet | § 21875

5

6.23.23 Aṣṭāṅgahr̥dayasaṃhitā

doṣaiḥ sarvākṛtiḥ sarvairasādhyā sā nakhaprabhā | |28| |
dagdhāgnineva nirlomā sadāhā yā ca
jāyate | |28| | § 21877

6.23.24 Sarvāṅgasundarā

sarvairdoṣaiḥ sarvākṛtiḥ sarvalakṣaṇā khalatiḥ | nakhapr-
abhā sā cāsādhyā syāt | agnidagdhātulyā romarahitā sad-
āhā ca yā jāyate, sā+apyasādhyā syāt | § 21878

6.23.25 Aṣṭāṅgahr̥dayasaṃhitā

śokaśramakrodhakṛtaḥ śarīroṣmā śirogataḥ | |29| |
keśān sadoṣaḥ pacati palitaṃ
sambhavatyataḥ | |29| |
tadvātātsphuṭitaṃ śyāvaṃ kharaṃ rūkṣaṃ
jalaprabham | |30| |

pittātsadāhaṃ pītābhaṃ, kaphāt snigdhaṃ
vivṛddhimat | |30| |
sthūlaṃ suśuklaṃ, sarvaistu
vidyādvyaṃśralakṣaṇam | |31| | § 21883

6.23.26 Sarvāṅgasundarā

śokādibhirudgataḥ śarīroṣmā mūrdhni doṣaiḥ sahitaḥ ke-
śān pacati | ataḥ palitaṃ jāyate | sa0-tacca-palitaṃ, vātāt
sphītītādiguṇam syāt | pittena sadāhaṃ pītavarṇam | ka-
phāt snigdhaṃ vivṛddhimat sthūlaṃ suśuklaṃ ca | sarva-
5 istu doṣaiḥ saṅkīrṇalakṣaṇam vidyāt § 21884

6.23.27 Aṣṭāṅgahr̥dayasaṃhitā

śirorujodbhavaṃ cānyadvivarṇam
sparśanāsaham | |31| |
asādhyā sannipātena khalatiḥ palitāni
ca | |32| | § 21886

6.23.28 Sarvāṅgasundarā

śirorujotthaṃ cāparaṃ palitaṃ vivarṇam sparśanāsaham
syāt | sa0-khalatiḥ sannipātenāsādhyā | palitāni ca sannip-
ātothānyasādhyāni | doṣaiḥ sarvaiḥ khalatirasādhyeti pr-
āguktameva | idaṃ tu vacanaṃ spaṣṭārthameveti manye,
5 tathā sannipātodbhūtāni palitānyasādhyānīti | § 21887

6.23.29 Aṣṭāṅgahr̥dayasaṃhitā

śarīrapariṇāmotthānyapekṣante rasāyanam | |32| |
sthāne śirorogavijñānīyo nāma
trayoviṃśo+adhyāyaḥ | |23| | § 21889

6.23.30 Sarvāṅgasundarā

śarīrapariṇāmodbhavāni tu palitāni rasāyanamapekṣanta
iti | iti śrīmrṅgāṅkadattaputraśrīmadaruṇadattaviracitāyā-
maṣṭāṅgahrdaya- tīkāyāṃ sarvāṅgasundarākhyāyāṃ ṣa-
ṣṭhe uttarasthāne śīrorogavijñānīyo nāma trayoviṃśo-
+adhyāyaḥ samāptaḥ | | 23 | | § 21890

5

6.24 śīrorogapratīṣedhādhyāyaḥ : 24

6.24.1 Aṣṭāṅgahrdayasaṃhitā

athātaḥ śīrorogapratīṣedhaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) śīrobhitāpe+anilaje vātavyādhividhiṃ
caret | | 1 | | § 21893

6.24.2 Aṣṭāṅgahrdayasaṃhitā

sa0-pavanaḥ śīrobhitāpe vātavyādhicikitsitaṃ
kuryāt | § 21894

6.24.3 Aṣṭāṅgahrdayasaṃhitā

ghṛtamakṭasīrā rātrau pibeduṣṇapayonupaḥ | | 1 | |
māṣān kulatthān mudgān vā
tadvatkhādeddhṛtānvitān | | 2 | |
tailaṃ tilānāṃ kalkaṃ vā kṣīreṇa saha
pāyayet | | 2 | |
piṇḍopanāhasvedāśca māṃsadhānyakṛtā
hitāḥ | | 3 | |
vātaghnadaśamūlādisiddhakṣīreṇa
secanam | | 3 | |
snigdhaṃ nasyaṃ tathā dhūmaḥ
śiraḥśravaṇatarpaṇam | | 4 | | § 21900

5

6.24.4 Sarvāṅgasundarā

abhyakṣirā rātrau ghr̥taṃ pibet | paścāduṣṇaṃ kṣīraṃ
pibet | māśādīn ghr̥tān vitān khādet, tadvat-uṣṇapayonupaḥ
san | tilānāṃ tailaṃ kalkaṃ vā kṣīreṇa saha pāyayet | pi-
ṇḍasvedā upanāhasvedāśca māṃsayuktairdhānyaiḥ kṛtā
5 hitāḥ | vātaḥaradaśamūlādīnā siddhena kṣīreṇa secanaṃ
hitam | snigdhaṃ ca nasyādikaṃ hitam | § 21901

6.24.5 Aṣṭāṅgahr̥dayasaṃhitā

varaṇāḍau gaṇe kṣuṇṇe kṣīramardhodakaṃ pacet | | 4 | |
kṣīrāvaśiṣṭaṃ tacchītaṃ mathitvā
sāramāharet | | 5 | |
tato madhurakaiḥ siddhaṃ nasyaṃ tat pūjitaṃ
haviḥ | | 5 | |
varge+atra pakvaṃ kṣīre ca peyaṃ sarpiḥ
saśarkaram | | 6 | | § 21905

6.24.6 Sarvāṅgasundarā

varaṇasairyeketyādigaṇe(hṛ.sū.a. 15/21) jarjarite kṣīram-
ardhodakaṃ pacet | tat kṣīrāvaśiṣṭaṃ śītībhūtaṃ mathi-
tvā sāramāharet | anantaraṃ taddhataṃ madhuradravy-
aiḥ pakvaṃ nasyaṃ śreṣṭham | saṃ-asminneva varaṇāḍau
5 varge kṣīre ca ghr̥taṃ pakvaṃ saśarkaram peyam | § 21906

6.24.7 Aṣṭāṅgahr̥dayasaṃhitā

kārpāsamajjā tvaṇmustā sumanaḥkorakāṇi ca | | 6 | |
nasyamuṣṇāmbupiṣṭāni
sarvamūrdharujāpaham | | 7 | |
śarkarākuṅkumaśṛtaṃ ghr̥taṃ
pittāsṛganvaye | | 7 | | § 21909

6.24.8 Sarvāṅgasundarā

kārpāsamajjādīnyuṣṇajalena piṣṭāni sarvamūrdharujāghnaṃ
nasyam | sa0-śarkarākuṅkumaśṛtaṃ sarpiḥ pittāsr̥gutthe
[nasyaṃ] hitam | § 21910

6.24.9 Aṣṭāṅgahr̥dayasaṃhitā

pralepaḥ saghr̥taiḥ kuṣṭhakuṭilotpalacandanaiḥ | | 8 | |
vātodrekabhayādraktaṃ na
cāsminnavasecayet | | 8 | |
ityaśāntau cale dāhaḥ kaphe ceṣṭo
yathoditaḥ | | 9 | |
ardhāvabhedake+apyeṣā tathā
doṣānvayātkriyā | | 9 | | § 21914

6.24.10 Sarvāṅgasundarā

kuṣṭhādibhiḥ saghr̥taiḥ pralepaḥ | kuṭilaṃ-tagaram sa0-
asmiṃśca vātodrekabhayāllōhitaṃ nāvasecayet | sa0-evamapyānupaśame
vāyau dāha iṣṭaḥ | kaphe ca yathoktamuṣṇamiṣṭam | sa0-
ardhāvabhedake+apyeṣā eva kriyā doṣānvayāt-doṣānurodhāccā,
yathāsvaṃ kāryā | § 21915

5

6.24.11 Aṣṭāṅgahr̥dayasaṃhitā

śirīṣabījāpāmārgamūlaṃ nasyaṃ biḍānvitam | | 10 | |
sthirāraso vā, lepe tu
prapunnāṭo+amlakalkitaḥ | | 10 | |
sūryovarte+api tasmim̐stu
sirayā+apaharedasṛk | | 11 | | § 21918

6.24.12 Sarvāṅgasundarā

śirīṣabījādibhirnasyaṃ syāt | śālīparṇīkvātho vā nasyam |
prapunnāṭabījamamlena piṣṭaṃ lepaḥ | sa0-sūryāvarte+apyeṣā
evopakramaḥ | tasmim̐śca sirayā raktaṃ srāvayet | § 21919

6.24.13 Aṣṭāṅgahr̥dayasaṃhitā

śirobhitāpe pittotthe snigdhasya vyadhayetsirām | | 11 | |
śītāḥ
śiromukhālepasekaśodhanabastayaḥ | | 12 | |
jīvanīyaśr̥te kṣīrasarpiṣī pānanasyayoḥ | | 12 | |
kartavyaṃ raktaje+apyetat pratyākhyāya ca
śaṅkhake | | 13 | | § 21923

6.24.14 Sarvāṅgasundarā

mūrdhābhitāpe pittasambhave snigdhasya sataḥ sirām
mokṣayet | tathā śiromukhālepādayaḥ śītā hitāḥ | jīvanīy-
aiḥ śr̥te kṣīraghr̥te pānanasyayorhite | sa0-rakteje+apyetaccikitsitaṃ
kāryam | śaṅkhake ca pratyākhyāyaiṣa evopakramaḥ kā-
5 ryaḥ | § 21924

6.24.15 Aṣṭāṅgahr̥dayasaṃhitā

śleṣmābhitāpe jīrṇājyasnehitaḥ kaṭukairvamet | | 13 | |
svedapralepanasyādyā
rūkṣatikṣṇoṣṇabheṣajaiḥ | | 14 | |
śasyante copavāso+atra nicaye
miśramācaret | | 14 | | § 21927

6.24.16 Sarvāṅgasundarā

śleṣmaṇā śirobhitāpe purāṇaghr̥tena snehitaḥ kaṭukairva-
met | svedādayo rūkṣādidravyaiḥ śasyante | upavāsaścā-
tra hitāḥ | sa0-sannipāte miśramācaret | § 21928

6.24.17 Aṣṭāṅgahr̥dayasaṃhitā

kṛmije śoṇitaṃ nasyaṃ tena mūrccanti jantavaḥ | | 15 | |
mattāḥ śoṇitagandhena niryānti
ghr̥ṇānavaktrayoḥ | | 15 | |

sutīkṣṇanasyadhūmābhyāṃ kuryānnirharaṇaṃ
tataḥ | | 16 | |
viḍaṅgasvarjikādantīhiṅgugomūtrasādhitam | | 16 | |
kaṭunimbeṅgudīpīlutaīlaṃ nasyaṃ pṛthak
pṛthak | | 17 | | § 21933

6.24.18 Sarvāṅgasundarā

kṛmije śoṇitaṃ nasyaṃ deyam | tena-śoṇitanasyena, jant-
avo mūrccanti | raktagandhena ca mattā ghrāṇena vaktr-
eṇa ca nirgacchanti | anantaraṃ tīkṣṇanasyadhūmābhyāṃ
nirharaṇaṃ kuryāt | sa0-viḍaṅgādibhiḥ sādhitam sarṣapa-
tailaṃ nimbataīlamiṅgudītailaṃ pīlutaīlaṃ vā pṛthak pṛ- 5
thak nasyaṃ hitam | § 21934

6.24.19 Aṣṭāṅgahrdayasaṃhitā

ajāmūtradrutaṃ nasyaṃ kṛmijit kṛmijitparam | | 17 | |
pūtimatsyayutaiḥ kuryād dhūmaṃ
nāvanabheṣajaiḥ | | 18 | | § 21936

6.24.20 Sarvāṅgasundarā

ajāmūtradrutaṃ hiṅgu nasyaṃ paraṃ kṛmighnam | sa0-
pūtimatsyānvitairnasyadravyairdhūmaṃ kuryāt | § 21937

6.24.21 Aṣṭāṅgahrdayasaṃhitā

kṛmibhiḥ pītaraktatvādraktamatra na nirharet | | 18 | |
vātābhitāpavihitaḥ kampe dāhādvina
kramaḥ | | 19 | | § 21939

6.24.22 Sarvāṅgasundarā

atra ca raktaṃ na visrāvayet | kuto hetoḥ ? ityāhakṛmi-
bhiḥ pītaraktatvāt | sa0-kampe vātābhitāpokto vidhirdāh-
ādvina | § 21940

6.24.23 Aṣṭāṅgahr̥dayasaṃhitā

nave janmottaraṃ jāte yojayedupaśīrṣake | | 19 | |
vātavyādhikriyāṃ, pakve karma
vidradhicoditam | | 20 | |
āmapakve yathāyogyāṃ
vidradhīpiṭikārbude | | 20 | | § 21943

6.24.24 Sarvāṅgasundarā

upaśīrṣake nave janmottaraṃ jāte vātavyādhicikitsitaṃ
kuryāt | pakve ca vidradhivihitaṃ karma kuryāt | sa0-āme
pakve ca vidradhau piṭikāyāmarbude ca yathāsvaṃ karma
kuryāt | § 21944

6.24.25 Aṣṭāṅgahr̥dayasaṃhitā

aruṃṣikā jalaukobhirhṛtāsrā nimbavāriṇā | | 21 | |
siktā prabhūtalavaṇairlimpedaśvaśakṛdras-
aiḥ | | 21 | |
paṭolanimbapatrairvā saharidraiḥ
sukalkitaiḥ | | 22 | |
gomūtrajīrṇapiṇyākakṛkavākumalairapi | | 22 | | § 21948

6.24.26 Sarvāṅgasundarā

aruṃṣikā jalaukobhirniḥsrutaraktā nimbajalena siktā vā-
jīśakṛdrasaiḥ prabhūtalavaṇairlimpet | paṭolanimbapatra-
airniśānvitaiḥ supīṣṭairvā gomūtrādibhirvā | kṛkavākuḥ-
kukkuṭaḥ | § 21949

6.24.27 Aṣṭāṅgahr̥dayasaṃhitā

kapālabhr̥ṣṭaṃ kuṣṭhaṃ vā cūrṇitaṃ
tailasaṃyutam | | 23 | |

rūṣṣikālepanam
kaṇḍūkledadāhārtināśanam | |23| |
mālatīcitrakāśvaghnanaktamālaprasādhitam | |24| |
cācārūṣṣikayostailamabhyaṅgaḥ
kṣuraghrṣṭayoḥ | |24| | § 21953

6.24.28 Sarvāṅgasundarā

kuṣṭham cūrṇitam kapālabhrṣṭam tailasaṃyutam rūṣṣik-
ālepanam kaṇḍvādihitam | sa0-mālatyādiprasādhitam tai-
lam cācārūṣṣikayoḥ kṣuraghrṣṭayorabhyaṅgaḥ | § 21954

6.24.29 Aṣṭāṅgahr̥dayasaṃhitā

aśāntau śirasah śudhdyai yateta vamanādibhiḥ | |25| |
vidhyecchirām dāruṅake lālātyām,
śīlayenmr̥jām | |25| |
nāvanam mūrddhabastim ca, lepayecca
samākṣikaiḥ | |26| |
priyālabhijamadhukakuṣṭhamāśaiḥ
sasarṣapaiḥ | |26| |
lākṣāśamyākapatraidagajadhātrīphalaistathā | |27| |5|
koradūṣatr̥ṅakṣāravāriprakṣālanam
hitam | |27| | § 21960

6.24.30 Sarvāṅgasundarā

aśāntau satyām mūrddhnaḥ śodhanāya vamanādibhirya-
teta | sa0-dāruṅake lālātyām śirām vidhyet | mr̥jām śu-
ddhim nasyam mūrddhabastim ca śīlayet | priyālādibhiḥ
samākṣikairlepayecca | lākṣādibhiḥ kṣaudrayutairlepah |
kodravatr̥ṅakṣārajalena prakṣālanam hitam | § 21961

5

6.24.31 Aṣṭāṅgahr̥dayasaṃhitā

indralupte yathāsannam sirām vidhvā pralepayet | |28| |

5 pracchāya gāḍhaṃ
 kāsīsamanohvātutthakoṣaṇaiḥ | | 28 | |
 vanyāmaratarubhyāṃ vā
 guñjāmūlaphalaistathā | | 29 | |
 tathā lāṅgalikāmūlaiḥ karavīrarasena vā | | 29 | |
 sakṣaudrakṣudravārtākasvarasena rasena
 vā | | 30 | |
 dhattūrakasya patrāṇāṃ bhallātakarasena
 vā | | 30 | |
 athavā
 mākṣikahavistilapuṣpatrikaṅṭakaiḥ | | 31 | |
 tailāktā hastidantasya maṣī cācauṣadhaṃ
 param | | 31 | | § 21969

6.24.32 Sarvāṅgasundarā

indralupte yathāsanne deśe sirāṃ vidhvā [gāḍhaṃ-] suṣṭu,
pracchāya-prachānaṃ kṛtvā, kāsīsādibhirlepayet | vanyad-
evadārubhyāṃ vā lepayet | sa0-hastidantamaṣī tailāktā cā-
cānāmauṣadhaṃ param | § 21970

6.24.33 Aṣṭāṅgahr̥dayasaṃhitā

śuklaromodgame tadvanmaṣī meṣaviṣāṇajā | | 32 | |
 varjayedvāriṇā sekaṃ
 yāvadromasamudbhavaḥ | | 32 | | § 21972

6.24.34 Sarvāṅgasundarā

sitaromodgame meṣaviṣāṇajā maṣī tailāktā śreṣṭhā | saṃ-
jalasekaṃ ca varjayet yāvadromodbhūtiḥ | § 21973

6.24.35 Aṣṭāṅgahr̥dayasaṃhitā

khalatau palite valyāṃ harillomni ca śodhitam | | 33 | |

nasyavaktraśirobhyaṅapradehaiḥ
samupācāret | | 33 | |
siddham tailaṃ bṛhatyādyairjīvanīyaiśca
nāvanam | | 34 | |
māsaṃ vā nimbajaṃ tailaṃ
kṣīrabhuñnāvayedyatiḥ | | 34 | | § 21977

6.24.36 Sarvāṅgasundarā

khalatyādiṣu śodhitamāturaṃ nasyādibhirupācāret | sa0-
bṛhatyādibhirjīvanīyaiśca pakvaṃ tailaṃ nasyaṃ hitam |
nimbodbhavaṃ vā tailaṃ māsaṃ kṣīrabhuñnāvayet, yatiḥ-
saṃyamī brahmacaryaparaḥ | § 21978

6.24.37 Aṣṭāṅgahr̥dayasaṃhitā

nīlīśirīṣakoraṅṭabhṛṅgasvarasabhāvitam | | 35 | |
śelvakṣatilarāmāṇāṃ bījaṃ
kākaṅḍakīsamam | | 35 | |
piṣṭvā+a+ajapayasā
lohālliptādakāśutāpitāt | | 36 | |
tailaṃ srutaṃ kṣīrabhujo nāvanāt
palitāntakṛt | | 36 | |
kṣīrātsāhacarād bhr̥ṅgarajasah 5
saurasādrasāt | | 37 | |
prasthaistailasya kuḍavaḥ siddho
yaṣṭipalānvitaḥ | | 37 | |
nasyaṃ śailāsane bhāṅḍe śṛṅge meṣasya vā
sthitah | | 38 | | § 21985

6.24.38 Sarvāṅgasundarā

nīlyādisvarasena bhāvitam śelvādīnāṃ bījaṃ kākaṅḍakī-
ulyaṃ chāgadugdhena piṣṭvā lohāllipād raviraśmibhistāp-
ittātailaṃ srutaṃ kṣīrāśino nasyaṃ palitāntakaram | sa0-
kṣīrāt prasthena, sahararasāt prasthena, bhr̥ṅgarājarasāt
prasthena, surasārasāt prasthena, tailasya kuḍavaḥ pakvo 5

madhuyaṣṭīpalayutaḥ śaile bhāṇḍe bījasārasya vā bhāṇḍe
meṣāśṛṅge vā sthito nasyam | § 21986

6.24.39 Aṣṭāṅgahr̥dayasaṃhitā

kṣīreṇa ślakṣṇapiṣṭai vā dugdhikākaravīrakau | | 38 | |
utpāṭya palitaṃ deyāvāśaye palitāpahau | | 39 | |
kṣīraṃ priyālaṃ yaṣṭyāhvam jīvanīyo
gaṇastilāḥ | | 39 | |
kṣṇāḥ pralepo vaktrasya
harillomavalīhitaḥ | | 40 | | § 21990

6.24.40 Sarvāṅgasundarā

dugdhikākaravīrakau kṣīreṇa sūkṣmapīṣṭau palitanutpā-
ṭya tatsthāne deyau palitaghnau | sa0-kṣīrādayo vaktrasya
lepa indraluptavaliṣu hitaḥ | § 21991

6.24.41 Aṣṭāṅgahr̥dayasaṃhitā

tilāḥ sāmalaḥ padmakiñjalko madhukaṃ
madhu | | 40 | |
br̥ṃhayedrañjayeccaitat keśān
mūrddhapralepanāt | | 41 | |
māṃsī kuṣṭhaṃ tilāḥ kṣṇāḥ sārivā
nīlanutpalam | | 41 | |
kṣaudraṃ ca kṣīrapīṣṭāni keśasaṃvardhanaṃ
param | | 42 | | § 21995

6.24.42 Sarvāṅgasundarā

tilādikaṃ śiraḥpralepanāt keśān rañjayet puṣṇīyācca |
sa0-māṃsyādīni kṣīrapīṣṭāni param keśasaṃvardhanāni |
§ 21996

6.24.43 Aṣṭāṅgahr̥dayasaṃhitā

ayorajo bhr̥ṅgarajastriphalā kṛṣṇamṛttikā | |42| |
sthitamikṣurase māsam samūlaṃ palitaṃ
rajat | |43| |
māṣakodravadhānyāmlairyavāgūstridinoṣitā | |43| |
lohaśuklotkaṭā piṣṭā balākāmapi
rañjayet | |44| | § 22000

6.24.44 Sarvāṅgasundarā

lohacūrṇādikamikṣurase māsam sthitaṃ samūlaṃ palitaṃ
rajat | sa0-māṣādibhiryavāgūstridavasōṣitā lohaśuklotkaṭā
piṣṭā balākāmapi rañjayet | kiṃ punaḥ palitaṃ na niha-
nti ? | § 22001

6.24.45 Aṣṭāṅgahr̥dayasaṃhitā

prapauṇḍarīkamadhukapippalīcandanotpalaiḥ | |44| |
siddham dhātrīrase tailaṃ nasyenābhyañjanena
ca | |45| |
sarvān mūrdhagadān hanti palitāni ca
śīlitaṃ | |45| | § 22004

6.24.46 Sarvāṅgasundarā

prapauṇḍarīkādhirdhātrīrase siddham tailaṃ nāvanenā-
bhyañjanena ca sarvān śīrorogān hanti | śīlitaṃ ca palitāni
hanti | § 22005

6.24.47 Aṣṭāṅgahr̥dayasaṃhitā

variṅjivantiniryāsapayobhiryamakam pacet | |46| |
jīvanīyaiśca tannasyaṃ
sarvajatrūrdhvarogajit | |46| | § 22007

6.24.48 Sarvāṅgasundarā

śatāvarījīvantikvāthena kṣīreṇa jīvanīyaisca yamakam pacet | tat nasyena sarvajatrūrdhvarogajit | § 22008

6.24.49 Aṣṭāṅgahr̥dayasaṃhitā

mayūram pakṣapittāntrapādaviṭtuṇḍavarjitam | | 47 | |
daśamūlavalārāsnāmadhukaistripalairyutam | | 47 | |
jale paktvā ghṛtaprastham tasmin kṣīrasamaṃ
pacet | | 48 | |
kalkitairmadhuradravyaiḥ
sarvajatrūrdhvarogajit | | 48 | |
5 tadabhyāsīkṛtam
pānabastyabhyañjananāvanaiḥ | | 49 | | § 22013

6.24.50 Sarvāṅgasundarā

mayūram pakṣādivarjitam tripalapramāṇairdaśamūlādi-
bhiryutam jale paktvā tasmin jale kalkitairmadhuradravy-
aiḥ kṣīrasamaṃ ghṛtaprastham pacet | pānādibhirabhyastam-
śīlitaṃ, tat-ghṛtam, sarvajatrūrdhvarogajit | etanmāyūrā-
5 khyam ghṛtam | § 22014

6.24.51 Aṣṭāṅgahr̥dayasaṃhitā

etenaiva kaṣāyeṇa ghṛtaprastham vipācayet | | 49 | |
caturguṇena payasā kalkairebhiśca
kāṣikaiḥ | | 50 | |
jīvantītriphalāmedāmṛdvīkarddhiparūṣakaiḥ | | 50 | |
samaṅgācavikābhārgīkāśmarīkarkaṭāhvayaiḥ | | 51 | |
5 ātmaguptāmahāmedātālakharjūramastakaiḥ | | 51 | |
mṛṇālabisakharjūrayaṣṭīmadhukajīvakaiḥ | | 52 | |
śatāvarīvidārīkṣubr̥hatīsārivāyugaiḥ | | 52 | |
mūrvāśvadamṣṭrarṣabhakaśṛṅgāṭakakaserukaiḥ | | 53 | |
rāsnāsthīrātāmalakīsūkṣmailāśaṭhipauṣkaraiḥ | | 53 | |
10 punarnavātavakṣīrīkākolīdhanvayāsakaiḥ | | 54 | |

madhūkākṣoṭavātāmamuñjātābhiṣukairapi | | 54 | |
mahāmāyuramityetanmāyūrādadhikam
guṇaiḥ | | 55 | |
dhātvindriyasvarabhraṃśaśvāsakāsārditāpaham | | 55 | |
yenyasṛkśukradoṣeṣu śastam
vandhyāsutapradam | | 56 | | § 22028

6.24.52 Sarvāṅgasundarā

etenaiva kvāthena ghṛtaprastham vipācayet | caturguṇena
kṣīreṇaibhiḥ-jīvantyādibhiḥ, kalkaiḥ kārṣikairetanmahām-
āyuram māyūrādguṇairadhikam dhātvādibhraṃśagham
ca | yonyādidoṣeṣu śastam | vandhyāsutapradam | § 22029

6.24.53 Aṣṭāṅghṛdayasamhitā

ākhubhiḥ kukkuṭairhaṃsaiḥ śasaiśceti
prakalpayet | | 56 | |
jatrūrdhvajānām
vyādhīnāmekatrimśacchatadvayam | | 57 | |
parasparamasaṅkīrṇam vistareṇa
prakāśitam | | 57 | | § 22032

6.24.54 Sarvāṅgasundarā

mūṣikādibhireva kalpayet | sa0-jatrūrdhvajānām rogānām
śatadvayamekatrimśadadhikamanyonyamasāṅkīrṇam vi-
stareṇa prakāśitam | § 22033

6.24.55 Aṣṭāṅghṛdayasamhitā

ūrdhvamūlamadhaṣākhamṛṣayaḥ puruṣam
viduḥ | | 58 | |
mūlaprahāriṇastasmād rogān śīghrataram
jayet | | 58 | | § 22035

6.24.56 Sarvāṅgasundarā

ūrdhvamūlamadhaṣākhaṃ munayaśca yasmāt puruṣaṃ
jānanti, tasmānmūlāpahāriṇo rogān śīghrataraṃ jayet |
§ 22036

6.24.57 Aṣṭāṅgahr̥dayasaṃhitā

sarvendriyāṇi yenāsmiṇ prāṇā yena ca saṃśritāḥ | | 59 | |
tena tasyottamāṅgasya rakṣāyāmādr̥to
bhavet | | 59 | |
caturviṃśo+adhyāyaḥ | | 24 | | § 22039

6.24.58 Sarvāṅgasundarā

yasmādasmin-uttamāṅge, sarvendriyāṇi, yataścātra prā-
ṇāḥ saṃśritāḥ, tasmāduttamāṅgasya rakṣāyāṃ yatnavatā
bhāvyaṃ | iti śrīmṛgāṅkadattaputraśrīmadaruṇadatta-
viracitāyāmaṣṭāṅgahr̥daya- ṭīkāyāṃ sarvāṅgasundarākhy-
5 āyāṃ ṣaṣṭhe uttarasthāne śīroroga- pratīsedho nāma catu-
rvīṃśo+adhyāyaḥ saṃśritāḥ | | 24 | | § 22040
iti śālākyaṃ nāma caturthamūrdhvāṅgamaṅgaṃ sa-
mpūrṇaṃ | § 22041

6.25 vranapratīsedhādhyāyaḥ : 25

6.25.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto vranapratīsedhaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) vraṇo dvidhā
nijāgantuduṣṭaśuddhavibhedataḥ | | 1 | |
nijo doṣaiḥ
śarīrotthairāganturbāhyahetujah | | 1 | |
5 doṣairadhiṣṭhito duṣṭaḥ
śuddhastairanadhiṣṭhitaḥ | | 2 | | § 22046

6.25.2 Sarvāṅgasundarā

vraṇo dviprakāro-nijāgantubhedād duṣṭaśuddhabhedā-
cca | nijo vraṇaḥ śārīraidōṣairbhavati | āganturbāhyahetū-
dbhavaḥ | doṣairadhiṣṭhito duṣṭaḥ | śuddho yo doṣairana-
dhiṣṭhitaḥ | § 22047

6.25.3 Aṣṭāṅgahr̥dayasaṃhitā

saṃvṛtatvaṃ vivṛtatā kāṭhinyam mṛdutā+ati vā | | 2 | |
atyutsannāvasannatvamatyauṣṇyamatiśītātā | | 3 | |
raktatvaṃ pāṇḍutā kārṣṇyam
pūtipūyaparisrutiḥ | | 3 | |
pūtimāṃsasirāsnāyucchannatotsaṅgitā+atiruk | | 4 | |
saṃrambhādāhaśvayathukaṇḍvādibhirupadrutaḥ | | 4 | |
dīrghakālānubandhaśca
vidyādduṣṭavraṇākṛtim | | 5 | | § 22053

6.25.4 Sarvāṅgasundarā

saṃvṛtatvādiryo vraṇastaṃ duṣṭavraṇākṛtim vidyāt | § 22054

6.25.5 Aṣṭāṅgahr̥dayasaṃhitā

sa pañcadaśadhā doṣaiḥ
saraktaiḥ----- | | 5 | | § 22055

6.25.6 Sarvāṅgasundarā

sa ca pañcadaśaprakāro raktasahitairdoṣaiḥ syāt | tatra
pṛthag doṣaistrayaḥ, saṃsargajāstrayaḥ, sannipātenaika
iti [sapta] | evaṃbhūtā raktasahitaiḥ sapta | evaṃ catu-
rdaśa | raktena kevalenaika iti pañcadaśa | nanu, prāga-
bhyadhāyi (hr̥.sū.a.29/6)-"śūlaṃnarte+anilāddāhaḥ pittā- 5
cchophaḥ kaphodayāt | rāgo raktācca pākaḥsyāt" ityādi |
tadihaikadoṣajatvaṃ dvidoṣajatvaṃ raktarahitvatvaṃ co-
cyamānaṃ pūrvāparavyāhataṃ syāt | atrocyate | kāsas-

amprāptivadatra nyāyo bodhyaḥ | tathā hyekadoṣaje+api
kāse doṣāntarasyānubandhatvamurarīkṛtya dvidoṣajānu-
sāreṇa yathopakramastathehāpīti nātra purvāparavyāhat-
atvam | § 22056

6.25.7 Aṣṭāṅgahr̥dayasaṃhitā

-----tatra mārutāt | | 5 | |

śyāvaḥ kṛṣṇo+aruṇo

bhasmakapotāsthinibho+api vā | | 6 | |

mastumāṃsapulākāmbutulyatanvalpasam̐srutiḥ | | 6 | |

nirmāṃsastodabhedāḍhyo

rūkṣaścaṭacaṭāyate | | 7 | | § 22060

6.25.8 Sarvāṅgasundarā

teṣu madhye mārutāt śyāvādiguṇo mastvāditulyatanvalp-
avisrāvastathā nirmāṃsādiguṇaḥ syāt | § 22061

6.25.9 Aṣṭāṅgahr̥dayasaṃhitā

pittena kṣiprajaḥ pīto nīlaḥ kapilapiṅgalaḥ | | 7 | |

mūtrakim̐śukabhasmāmbutailābhoṣṇabahasrutih̐ | | 8 | |

kṣāroksitakṣatasamavyatho

rāgoṣmapākavān | | 8 | | § 22064

6.25.10 Sarvāṅgasundarā

pittena vraṇaḥ kṣiprodbhavaḥ pītāduguṇo mūtrādisadr̥ś-
abahusrāvaḥ kṣāroksitatulyarūjo rāgoṣmapākavān | § 22065

6.25.11 Aṣṭāṅgahr̥dayasaṃhitā

kaphena pāṇḍuḥ kaṇḍūmān bahuśvetaghanasrutih̐ | | 9 | |

sthūloṣṭhaḥ kaṭhinaḥ

snāyusirājālatato+alparuk | | 9 | | § 22067

6.25.12 Sarvāṅgasundarā

kaphena pāṇḍuḥ kaṇḍūyuto bahuśuklaghanasrāvaḥ sthū-
lauṣṭhaḥ kaṭhinastathā srāyusirājālatato+alparujaḥ | § 22068

6.25.13 Aṣṭāṅgahr̥dayasam̐hitā

pravālarakto raktena saraktam̐ pūyamudgiret | | 10 | |
vājisthānasamo gandhe yukto liṅgaiśca
paittikaiḥ | | 10 | | § 22070

6.25.14 Sarvāṅgasundarā

raktena vidgumalohitaḥ saraktam̐ pūyam̐ sravet | turaga-
sthānatulyo gandhena | tathā paittikairliṅgairiyutaḥ | § 22071

6.25.15 Aṣṭāṅgahr̥dayasam̐hitā

dbābhyām̐ tribhiśca sarvaiśca
vidyāllakṣaṇasaṅkarāt | | 11 | | § 22072

6.25.16 Sarvāṅgasundarā

dvābhyām̐ tribhiḥ sarvaiśca lakṣaṇānām̐ saṅkarāt saṃsa-
rgajādīn vidyāt | § 22073

6.25.17 Aṣṭāṅgahr̥dayasam̐hitā

jihvāprabho mṛduḥ ślakṣṇaḥ śyāvausṭhapiṭikaḥ
samaḥ | | 11 | |
kiñcidunnatamadhyo vā vraṇaḥ
śuddho+anupadravaḥ | | 12 | | § 22075

6.25.18 Sarvāṅgasundarā

jihvāprabhādiguṇo vraṇo+anupadravaḥ śuddhaḥ syāt |
§ 22076

6.25.19 Aṣṭāṅgahr̥dayasaṃhitā

tvagāmiṣasirāsnāyusandhyasthīni vranāśayāḥ | | 12 | |
koṣṭho marma ca tānyaṣṭau
duḥsādhyānyuttarottaram | | 13 | | § 22078

6.25.20 Sarvāṅgasundarā

tvagādīni vranāśrayāstathā koṣṭho marma cetyaṣṭāvṛttaro-
ttaram duḥsādhyāni | § 22079

6.25.21 Aṣṭāṅgahr̥dayasaṃhitā

susādhyāḥ sattvamāṃsāgnivayobalavati vranāḥ | | 13 | |
vṛtto dīrghastripuṭakaścaturasrākṛtiśca
yaḥ | | 14 | |
tathā sphikpāyumedhroṣṭhapṛṣṭhāntarvaktraga-
ṇḍagaḥ | | 14 | | § 22082

6.25.22 Sarvāṅgasundarā

sattvādīmati vranāḥ susādhyāḥ | vṛttādiguṇastathā sphig-
ādiṣu ca susādhyāḥ | § 22083

6.25.23 Aṣṭāṅgahr̥dayasaṃhitā

kṛcchrasādhyo+akṣidaśananāsikāpāṅganābhiṣu | | 15 | |
sevanījatharaśrotrapārśvakakṣāstaneṣu
ca | | 15 | | § 22085

6.25.24 Sarvāṅgasundarā

akṣyādiṣu sthitaḥ kṛcchrasādhyāḥ | § 22086

6.25.25 Aṣṭāṅgahr̥dayasaṃhitā

phenapūyānilavahaḥ śalyavānūrdhvanirvamī | | 16 | |
 bhagandaro+antarvadanastathā
 kaṭyasthisamaśritaḥ | | 16 | |
 kuṣṭhināṃ viṣajusṭhānāṃ śoṣiṇāṃ
 madhumehinām | | 17 | |
 vraṇāḥ kṛcchreṇa sidhdyanti yeṣāṃ ca
 syurvraṇe vraṇāḥ | | 17 | |
 naiva sidhdyanti 5
 vīsarpajvarātīsārakāsinām | | 18 | |
 pipāsūnāmanidrāṇāṃ
 śvāsināmavipākinām | | 18 | |
 bhinne śiraḥkapāle vā mastuluṅgasya
 darśane | | 19 | |
 snāyukledātsirācchedādgāmbhīryātkṛmibhakṣaṇāt | | 19 | |
 asthibhedātsaśalyatvātsaviṣatvādatarkitāt | | 20 | |
 mithyābandhādatisnehādrauṣyādromādighaṭṭanāt | | 20 | |
 kṣobhādaśuddhakoṣṭhatvātsauhityādatikarśanāt | | 21 | |
 madyapānādivāsvapnādvavāyādrātrijāgarāt | | 21 | |
 vraṇo mithyopacārācca naiva sādhyo+api
 sidhyati | | 22 | | § 22099

6.25.26 Sarvāṅgasundarā

phenādivahaḥ śalyukta ūrdhvanirvamī tathā bhagand-
 aro+antarmukhastathā kaṭhyasthisamaśritastathā kuṣṭhyā-
 dīnāṃ vraṇāḥ kṛcchreṇa sidhdyanti | tathā yeṣāṃ vraṇe
 vraṇāḥ syuste ca duḥsādhyāḥ | sa0-visarpajvarādimatām 5
 vraṇā naiva siddhyanti | śiraḥkapāle ca bhinne mastuluṅg-
 adarśane [vā] vraṇo na siddhyati | sa0-srāyukledādeḥ kār-
 aṇāt sādhyo+api vraṇo na siddhyati | § 22100

6.25.27 Aṣṭāṅgahr̥dayasaṃhitā

kapotavarṇapratimā yasyāntāḥ kledavarjitāḥ | | 22 | |

sthirāścipiṭikāvanto rohatīti
tamādiṣet | | 23 | | § 22102

6.25.28 Sarvāṅgasundarā

yasya kapotavarṇābhāḥ prakledavarjitā antāḥ, tathā cipiṭikānvanto-
mlānaprāyāḥ, taṃ-vraṇaṃ, rohatīti nirdiṣet | § 22103

6.25.29 Aṣṭāṅgahr̥dayasaṃhitā

athātra śophāvasthāyāṃ yathāsannaṃ
viśodhanam | | 23 | |
yojyaṃ śopho hi śuddhānāṃ vraṇaścāśu
praśāmyati | | 24 | | § 22105

6.25.30 Sarvāṅgasundarā

atra ca-vraṇe, śophāvasthāyāṃ satyāṃ yathāsannaṃ-
ūrdhvamadho vā, śodhanam-vamanam virecanam vā, yo-
jyam | śuddhānāṃ hi śopho vraṇaśca śīghram śāmyati |
§ 22106

6.25.31 Aṣṭāṅgahr̥dayasaṃhitā

kuryācchītopacāraṃ ca śophāvasthasya santatam | | 24 | |
doṣāgniragnivattena prayāti sahasā
śamam | | 25 | | § 22108

6.25.32 Sarvāṅgasundarā

śophāvasthasya satatam śītopacāraṃ kuryāt | tena-śītopacāreṇa
kṛtena satā, doṣāgniragniriva sahasaiva śamaṃ yāti | § 22109

6.25.33 Aṣṭāṅgahr̥dayasaṃhitā

śophe vraṇe ca kaṭhine vivarṇe vedanānvite | | 25 | |
viṣayukte viśeṣeṇa jalajādyairharedasṛk | | 26 | |
duṣṭāsre+apagate sadyaḥ śopharāgarujāṃ
śamaḥ | | 26 | | § 22112

6.25.34 Sarvāṅgasundarā

śophe vraṇe ca kaṭhinādiguṇe viśeṣeṇa jalaukaḥprabhṛti-
bhiraśraṃ haret | yato duṣṭarakte+apanīte sadya eva śoph-
ādiśamaḥ syāt | § 22113

6.25.35 Aṣṭāṅgahr̥dayasaṃhitā

hr̥te hr̥te ca rudhire suśītaiḥ sparśavīryayoḥ | | 27 | |
suślakṣṇaistadahāpiṣṭaiḥ
kṣīrekṣusvarasadravaiḥ | | 27 | |
śatadhautaghr̥topetairmuhuranyairaśoṣibhiḥ | | 28 | |
pratilomaṃ hito lepaḥ sekābhyaṅgāśca
tatkṛtāḥ | | 28 | | § 22117

6.25.36 Sarvāṅgasundarā

punaḥ punaḥ srāvite ca rakte sati sparśavīryayoḥ suṣṭhu
śītadravyaiḥ suślakṣṇaistasminnevāhani piṣṭaiḥ-na tu pa-
ryuṣitaiḥ, tathā kṣīrādidravaiḥ śatadhautaghr̥tayuktairm-
uhuraparairaśoṣibhirlepo hitaḥ | pratilomaṃ-na tvanulo-
mam | sekābhyaṅgāśca pūrvoktaiḥ kṛtā hitāḥ | § 22118

5

6.25.37 Aṣṭāṅgahr̥dayasaṃhitā

nyagrodhodumbarāśvatthaplakṣaveta savalkalaiḥ | | 29 | |
pradeho bhūrisarpibhiḥ śophanirvāpaṇaḥ
param | | 29 | | § 22120

6.25.38 Sarvāṅgasundarā

nyagrodhāditvagbhiḥ pradeho bhūriḥṛtaḥ param śopha-
nirvāpaṇaḥ | § 22121

6.25.39 Aṣṭāṅgahr̥dayasaṃhitā

vātolbaṇānām stabdhānām kaṭhinānām
mahārujām | | 30 | |
srutāsrujām ca śophānām vraṇānāmapi
ceddaśām | | 30 | |
ānūpavesavārādyaiḥ svedaḥ, somāstilāḥ
punaḥ | | 31 | |
bhṛṣṭā nirvāpitāḥ kṣīre tatpiṣṭā
dāharuggharāḥ | | 31 | | § 22125

6.25.40 Sarvāṅgasundarā

vātolbaṇānām tathā stabdhānām kaṭhinānām tivraruḥjām
srutaraktānām śophānām vraṇānāmapi ceddaksvarūpā-
nām kuṭṭitaghṛtādi saṃskṛtānūpamāṃsādyaiḥ svedo hi-
taḥ | atasīyuktāstilā bhṛṣṭā dugdhe nirvāpitāstenaiva kṣī-
5 reṇa piṣṭā dāharujāghnāḥ | § 22126

6.25.41 Aṣṭāṅgahr̥dayasaṃhitā

sthīrān mandarujāḥ śophān
snehairvātakaphapahaiḥ | | 32 | |
abhyajya svedayitvā ca veṇunāḍyā śanaiḥ
śanaiḥ | | 32 | |
vimlāpanārthaṃ mṛdgīyāt talenānuṣṭhakena
vā | | 33 | |
yavagodhūmamudgaiśca siddha piṣṭaiḥ
pralepayet | | 33 | | § 22130

6.25.42 Sarvāṅgasundarā

śophān sthirānalpapīḍān vātakaphaghnaīḥ snehairmrakṣ-
āyitvā svedayitvā ca vaṃśanāḍyā vimlāpanārthaṃ śan-
aiḥ śanairmalayet | talenāṅguṣṭhakena vā malayet | yavā-
dibhiḥ siddhapiṣṭaiḥ pradehayet | § 22131

6.25.43 Aṣṭāṅgahr̥dayasam̐hitā

vilīyate sa cennaivaṃ tatastamupanāhayet | | 34 | |
avidagdhastathā śāntiṃ vidagdhāḥ
pākamaśrute | | 34 | | § 22133

6.25.44 Sarvāṅgasundarā

evaṃ kṛte yadi śopho na vilīyate, tatastamupanāhayet | ta-
thā kṛte satyavidagdhāḥ śophaṃ san śāntiṃ prāpnoti | vi-
dagdhastu pacyate | § 22134

6.25.45 Aṣṭāṅgahr̥dayasam̐hitā

sakolatilavallomā dadhyamlā saktupiṇḍikā | | 35 | |
sakiṇvakuṣṭhalavaṇā koṣṇā
śastopanāhane | | 35 | | § 22136

6.25.46 Sarvāṅgasundarā

badarādiyutā saktupiṇḍikā+amladadhiyutā kiṇvādyanv-
itā koṣṇā upanāhe śreṣṭhā | § 22137

6.25.47 Aṣṭāṅgahr̥dayasam̐hitā

supakve piṇḍite śophe pīḍanairupapīḍite | | 36 | |
dāraṇaṃ dāraṇārhasya sukumārasya
ceṣyate | | 36 | | § 22139

6.25.48 Sarvāṅgasundarā

śophe supakve grathite pīḍanairdravyairupapīḍite sati dā-
raṇārhasya sukumārasya narasya dāraṇamiṣyate | § 22140

6.25.49 Aṣṭāṅgahr̥dayasaṃhitā

guggulvatasigodantasvarṇakṣīrikapotaviṭ | | 37 | |
kṣaurauṣadhāni kṣārāśca
pakvaśophavidāraṇam | | 37 | | § 22142

6.25.50 Sarvāṅgasundarā

guglgulvādīni, tathā kṣārauṣadhāni-kṣāraavidhyuktāni (hr̥.sū.a.
3018), kṣārāśca, pakvaśophavidāraṇam syāt | godanto-
haritālam | § 22143

6.25.51 Aṣṭāṅgahr̥dayasaṃhitā

pūyagarbhānaṇudvārān sotsaṅgānmarmagānapi | | 38 | |
niḥsnehaiḥ pīḍanadravyaiḥ
samantātpratipīḍayet | | 38 | | § 22145

6.25.52 Sarvāṅgasundarā

pūyagarbhān sūkṣmadvārān sotsaṅgān marmāśritān sne-
harahitaiḥ pīḍanadravyaiḥ paritaḥ pratipīḍayet | § 22146

6.25.53 Aṣṭāṅgahr̥dayasaṃhitā

śuṣyantam samupekṣeta pralepam pīḍanam prati | | 39 | |
na mukhe cainamālimpet tathā doṣaḥ
prasicyate | | 39 | | § 22148

6.25.54 Sarvāṅgasundarā

pīḍanam prati yo lepastam śuśyantam samupekṣeta | mu-
khe cainam vraṇam nālimpet | tathā ca-evam, doṣaḥ,
prasicyate-niryāti | § 22149

6.25.55 Aṣṭāṅgahr̥dayasamhitā

kalāyayavagodhūmamāṣamudgahareṇavaḥ | | 40 | |
dravyāṅam picchilānām ca tvaṅmūlāni
prapīḍanam | | 40 | | § 22151

6.25.56 Sarvāṅgasundarā

kalāyādayaḥ picchilānām dravyāṅam tvaco mūlāni ca pra-
pīḍanam syāt | § 22152

6.25.57 Aṣṭāṅgahr̥dayasamhitā

saptasu kṣālanādyeṣu surasāragvadhādikau | | 41 | |
bhṛsam duṣṭe vraṇe yojyau mehakuṣṭhavraṇeṣu
ca | | 41 | | § 22154

6.25.58 Sarvāṅgasundarā

saptasu kṣālanādiṣu-kṣālanamālepo ghr̥tam tailam rasakr-
iyā cūrṇo vartīceti sapta teṣu, surasādirāragvadhādiśceti
(hṛ.sū.a. 15) duṣṭe vraṇe bhṛsam yojyau tathā mehādiṣu
ca | § 22155

6.25.59 Aṣṭāṅgahr̥dayasamhitā

athavā kṣālanam kvāthaḥ paṭolīnimbapatrajaḥ | | 42 | |
aviśuddhe, viśuddhe tu
vyagrodhāditvagudbhavaḥ | | 42 | | § 22157

6.25.60 Sarvāṅgasundarā

athavā+aviśuddhe vraṇe paṭolinimbapatrajaḥ kvāthaḥ kṣ-
ālanam hitaḥ | viśuddhe tu vraṇe nyagrodhāditvagudbh-
avaḥ kvāthaḥ kṣālanāḍau hitaḥ | § 22158

6.25.61 Aṣṭāṅgahr̥dayasaṃhitā

paṭolītilayaṣṭyāhvatrivr̥ddantīniśādvayam | | 43 | |
nimbapatrāṇi cālepaḥ
sapaṭurvraṇaśodhanaḥ | | 43 | | § 22160

6.25.62 Sarvāṅgasundarā

paṭolādibhirlepaḥ saindhavayuto vraṇaśodhanaḥ | § 22161

6.25.63 Aṣṭāṅgahr̥dayasaṃhitā

vraṇān viśodhayedvartyā sūkṣmāsyān
sandhimarmagān | | 44 | |
kṛtayā trivr̥tādantīlāṅgalīmadhusaindhav-
aiḥ | | 44 | | § 22163

6.25.64 Sarvāṅgasundarā

vraṇān sūkṣmamukhān sandhimarmāsritān vartyā trivr̥tā-
dibhiḥ kṛtayā viśodhayet | § 22164

6.25.65 Aṣṭāṅgahr̥dayasaṃhitā

vātābhibhūtān sāsrāvān dhūpayedugravedanān | | 45 | |
yavajyabhūrjamadanaśrīveṣṭakasurāhvayaiḥ | | 45 | | § 22166

6.25.66 Sarvāṅgasundarā

vātābhibhūtān sāsrāvān dāruṇavedanān yavādibhirdhūp-
ayet | § 22167

6.25.67 Aṣṭāṅgahr̥dayasaṃhitā

nirvāpayed bhṛśaṃ śītaiḥ
pittaraktaviṣolbaṇān | |46| | § 22168

6.25.68 Sarvāṅgasundarā

pittā[dya]dhikān śītaiḥbhṛśaṃ nirvāpayet | § 22169

6.25.69 Aṣṭāṅgahr̥dayasaṃhitā

śuṣkālpaṃmāṃse gambhīre vraṇa utsādanaṃ
hitam | |46| |
nyagrodhapadmakādibhyāmaśvagandhābalātilaiḥ | |47| |
adyānmāṃsādamāṃsāni vidhinopahitāni
ca | |47| |
māṃsaṃ māṃsādamāṃsena vardhate
śuddhacetasaḥ | |48| | § 22173

6.25.70 Sarvāṅgasundarā

vraṇe śuṣkālpaṃmāṃse gambhīra utsādanaṃ hitam vyagr-
odhādibhiḥ | tathā māṃsādīnāṃ prāṇināṃ māṃsāni su-
ṣṭhu saṃskṛtāni bhakṣayet | yataḥ śuddhamanaso māṃs-
ādamāṃsena piśitam vardhate | § 22174

6.25.71 Aṣṭāṅgahr̥dayasaṃhitā

utsannamṛdumāṃsānāṃ vraṇānāmasādanaṃ | |48| |
jātīmukulakāsīsamanoḥvālapurāgnikaiḥ | |49| | § 22176

6.25.72 Sarvāṅgasundarā

vraṇānāmutsannamṛdumāṃsānāṃ jātīmukulādibhirava-
sādanaṃ hitam | § 22177

6.25.73 Aṣṭāṅgahr̥dayasaṃhitā

utsannamāṃsān kaṭhinān
kaṇḍūyuktāṃścirotthitān | | 49 | |
vraṇān suduḥkhaśodhyāṃśca śodhayet
kṣāra karmaṇā | | 50 | | § 22179

6.25.74 Sarvāṅgasundarā

utsannamāṃsādikā vraṇāstathā ye tu suṣṭhu durviśodhy-
āstān kṣāra karmaṇā viśodhayet | § 22180

6.25.75 Aṣṭāṅgahr̥dayasaṃhitā

sravanto+aśmarijā mūtraṃ ye cānye raktavāhinaḥ | | 50 | |
chinnāśca sandhayo yeṣāṃ yathoktairye ca
śodhanaiḥ | | 51 | |
śodhyamānā na śudhdyanti śodhyāḥ
syuste+agnikarmaṇā | | 51 | | § 22183

6.25.76 Sarvāṅgasundarā

aśmarijā vraṇā mūtraṃ sravanto, ye cānye raktavāhino,
yeṣāṃ ca sandhayaschināḥ, ye ca yathoktaiḥ śodhan-
aiḥ śodhyamānā na śuddhyanti, te+agnikarmaṇā śodhyāḥ
syuḥ | § 22184

6.25.77 Aṣṭāṅgahr̥dayasaṃhitā

śuddhānāṃ ropaṇaṃ yojoyamutsādāya
yadīritam | | 52 | | § 22185

6.25.78 Sarvāṅgasundarā

yadutsādārthaṃ dravyaṃ kathitaṃ tadeva śuddhānāṃ
vraṇānāṃ ropaṇaṃ yojoyam | § 22186

6.25.79 Aṣṭāṅgahr̥dayasaṃhitā

aśvagandhā ruhā rodhraṃ kaṭphalaṃ
madhuyaṣṭikā | | 52 | |
samaṅgā dhātakīpuṣpaṃ paramaṃ
vraṇaropaṇam | | 53 | | § 22188

6.25.80 Sarvāṅgasundarā

aśvagandhādikaṃ vraṇaropaṇam param | § 22189

6.25.81 Aṣṭāṅgahr̥dayasaṃhitā

apetaṭapūtimāṃsānāṃ māṃsasthānāmarohatām | | 53 | |
kalkaṃ saṃrohaṇam kuryāt tilānāṃ
madhikānvitam | | 54 | | § 22191

6.25.82 Sarvāṅgasundarā

apagataṭapūtimāṃsānāṃ māṃsasthānāṃ vraṇānāmaroha-
tām tilakalkaṃ samadhukaṃ saṃrohaṇam kuryāt | § 22192

6.25.83 Aṣṭāṅgahr̥dayasaṃhitā

snigdhoṣṇatiktamadhurakaṣāyatvaiḥ sa sarvajit | | 54 | |
sa kṣaudranimbapatrābhyāṃ yuktaḥ
saṃśodhanam param | | 55 | |
pūrvābhyāṃ sarpiṣā cāsau yuktaḥ syādāśu
ropaṇaḥ | | 55 | | § 22195

6.25.84 Sarvāṅgasundarā

eṣa tilakalkaḥ snigdhdīguṇaiḥ sarvarogajit | sa māḥṣika-
nimbapatrābhyāṃ yutastilakalkaḥ param saṃśodhanam |
pūrvābhyāṃ-kṣaudranimbapatrābhyāṃ, sarpiṣā cāsau til-
akalko yutaḥ śīghraṃ saṃrohaṇaḥ syāt | § 22196

6.25.85 Aṣṭāṅgahr̥dayasaṃhitā

tilavadyavakalkaṃ tu kecidicchanti tadvidah | | 56 | | § 22197

6.25.86 Sarvāṅgasundarā

kecid vraṇasvarūpābhijñā yavakalkaṃ tilakalkavadicchan-
nti | § 22198

6.25.87 Aṣṭāṅgahr̥dayasaṃhitā

sāsrāpittaviṣāgantugambhīrān soṣmaṇo vraṇān | | 56 | |
kṣīraropaṇabhaisajyaśr̥tenājyena ropayet | | 57 | |
ropaṇauśadhasiddhena tailena
kaphavātajān | | 57 | | § 22201

6.25.88 Sarvāṅgasundarā

sāsrāpittādīn vraṇān kṣīrayuktaropaṇadravyapakvena gh-
r̥tena ropayet | ropaṇadravyasiddhena tailena kaphavāto-
tthān ropayet | § 22202

6.25.89 Aṣṭāṅgahr̥dayasaṃhitā

kācchīrodhrābhayāsarjasindūrāñjanatutthakam | | 58 | |
cūrṇitaṃ tailamadanairyuktaṃ
ropaṇamuttamam | | 58 | | § 22204

6.25.90 Sarvāṅgasundarā

kāchchyādikaṃ sūkṣmarajīkṛtaṃ tailamadanairyuktaṃ ro-
paṇam | § 22205

6.25.91 Aṣṭāṅgahṛdayasaṃhitā

samānāṃ sthiramāṃsānāṃ tvaksthānāṃ cūrṇa
iṣyate | | 59 | | § 22206

6.25.92 Sarvāṅgasundarā

samānāṃ vraṇānāṃ sthiramāṃsānāṃ tvaksthānāṃ cūrṇ-
amiṣṭam | § 22207

6.25.93 Aṣṭāṅgahṛdayasaṃhitā

kakubhodumbarāśvatthajambūkaṭphalarodhrajaiḥ | | 59 | |
tvacamāśu niḡṛhṇanti tvakcūrṇaiścūrṇitā
vraṇāḥ | | 60 | | § 22209

6.25.94 Sarvāṅgasundarā

kakubhādijaiścūrṇairvraṇāścūrṇitāḥ sīnrameva tvacaṃ ni-
ḡṛhṇananti | § 22210

6.25.95 Aṣṭāṅgahṛdayasaṃhitā

lākṣāmanohvāmañjiṣṭhāharitālaniśādvayaiḥ | | 60 | |
pralepaḥ saṅṛtakṣaudrastvagviśuddhikaraḥ
param | | 61 | | § 22212

6.25.96 Sarvāṅgasundarā

lākṣādibhirṅṛtakṣaudrasahito lepaḥ param tvagviśuddhi-
karaḥ | § 22213

6.25.97 Aṣṭāṅgahr̥dayasaṃhitā

kālīyakalatāmrāsthihemakālārasottamaiḥ | | 61 | |
lepaḥ sagomayaraṣaḥ savarṇakaraṇaḥ
param | | 62 | | § 22215

6.25.98 Sarvāṅgasundarā

kālīyakādibhirlepaḥ sagośakṛdrasaḥ param savarṇakara-
ṇaḥ | § 22216

6.25.99 Aṣṭāṅgahr̥dayasaṃhitā

dagdho vāraṇadanto+antardhūmaṃ tailaṃ
rasāñjanam | | 62 | |
romasañjanano
lepastadvattailapariplutā | | 63 | |
catuṣpānnakharomāsthitvakśṛṅgakhurajā
maṣī | | 63 | | § 22219

6.25.100 Sarvāṅgasundarā

vāraṇadanto+antardhūmaṃ dagdhastailaṃ rasāñjanaṃ ca
lepo romodbhavakaraḥ | tathaiva tailapariplutā catuṣpā-
nnakhādijā maṣī pūrvaguṇā | § 22220

6.25.101 Aṣṭāṅgahr̥dayasaṃhitā

vraṇinaḥ śastrakarmoktaṃ
pathyāpathyānamādiṣet | | 64 | | § 22221

6.25.102 Sarvāṅgasundarā

vraṇinaḥ śastrakarmavidhikathitaṃ (hr̥.sū.a. 29/34) pa-
thyāpathyānamādiṣet | § 22222

6.25.103 Aṣṭāṅgahṛdayasaṃhitā

dve pañcamūle vargaśca vātaghno vātike hitaḥ | | 64 | |
nyagrodhapadmakādyau tu
tadvatpittapradūṣite | | 65 | |
āragvadhādiḥ śleṣmaghnaḥ kaphe, miśrāstu
miśraje | | 65 | | § 22225

6.25.104 Sarvāṅgasundarā

dve pañcamūle tathā vargo vātaghno vātādhike hitaḥ |
tathā paittike nyagrodhādipadmakādī(hṛ.sū.a. 15/49 a.
15/12) hitau | ślaiṣmika āragvadhādiḥ (hṛ.sū.a. 15/17) ka-
phaghno hitaḥ | miśre tu miśra upakramo hitaḥ | § 22226

6.25.105 Aṣṭāṅgahṛdayasaṃhitā

ebhiḥ prakṣālanam lepo ghṛtaṃ tailaṃ rasakriyā | | 66 | |
cūrṇo vartiśca saṃyojyā vraṇe sapta
yathāyatham | | 66 | | § 22228

6.25.106 Sarvāṅgasundarā

ebhiḥ-pūrvoktaiḥ, prakṣālanādayaḥ sapta vraṇe sati yath-
āsvaṃ yojyāḥ | § 22229

6.25.107 Aṣṭāṅgahṛdayasaṃhitā

mañjiṣṭhābhayasikthatutthamadhukairnaktāhvabījānvita-
iḥ | | 67 | |
sarpiḥ sādhyamanena sūkṣmavadanā
marmāśritāḥ kledino gambhīrāḥ sarujo
vraṇāḥ sagatayaḥ śudhdyanti rohanti
ca | | 67 | |
viracitāyāmaṣṭāṅgahṛdayasaṃhitāyāṃ ṣaṣṭhe
uttarasthāne vraṇapratīṣedho nāma
pañcaviṃśo+adhyāyaḥ | | 25 | | § 22232

6.25.108 Sarvāṅgasundarā

jātyādibhiḥ sarpiḥ sādhyam | abhayaṃ-uśīramatra | an-
ena sarpiṣā sūkṣmamukhā marmasthādayaśca vranāḥ śu-
ddhyanti rohanti ceti | śārdūlavikrīḍitaṃ vṛttam | iti śrī-
mṛgāṅkadattaputraśrīmadaruṇadattaviracitāyāmaṣṭāṅgahr̥-
5 daya- ṭīkāyāṃ sarvāṅgasundarākhyāyāṃ ṣaṣṭhe uttarasth-
āne vranapрати- ṣedho nāma pañcaviṃśo+adhyāyaḥ samā-
ptaḥ | | 25 | | § 22233

6.26 sadyovranapraṭiṣedhādhyāyaḥ : 26

6.26.1 Aṣṭāṅgahr̥dayasaṃhitā

athātaḥ sadyovranapraṭiṣedhaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) sadyovraṇā ye sahasā
sambhavantyabhighātataḥ | | 1 | |
anantairapi tairaṅgamucyate
juṣṭamaṣṭadhā | | 1 | | § 22237

6.26.2 Sarvāṅgasundarā

abhighātātsahasaiva ye sadyovraṇā jāyante, asaṅkhyairapi
tairvraṇaiḥ śarīraṃ juṣṭamaṣṭadhā kathyate | § 22238

6.26.3 Aṣṭāṅgahr̥dayasaṃhitā

ghṛṣṭāvakraṭṭavicchinnaṃ pravilambitapātitaṃ | | 2 | |
viddhaṃ bhinnaṃ
vidalitaṃ----- | | 2 | | § 22240

6.26.4 Sarvāṅgasundarā

ghṛṣṭetyādi | § 22241

6.26.5 Aṣṭāṅgahr̥dayasaṃhitā

-----tatra ghr̥ṣṭaṃ lasīkayā | |2| |
raktaleśena vā yuktaṃ saploṣaṃ chedanāt
sravet | |3| |
avagāḍhaṃ tataḥ kṛttaṃ, vicchinnaṃ
syāttato+api ca | |3| |
pravilambi saśeṣe+asthni, patitaṃ pātitaṃ
tanoḥ | |4| |
sūkṣmāśalyavidhmaṃ tu viddhaṃ 5
koṣṭhavivarjitaṃ | |4| |
bhinnamanyadvidalitaṃ
majjaraktapariplutaṃ | |5| |
prahārapīḍanoṭpeṣāt sahāsthnā pṛthutāṃ
gatam | |5| | § 22248

6.26.6 Sarvāṅgasundarā

teṣu madhye ghr̥ṣṭaṃ lasīkayā raktaleśena vā yuktaṃ sr-
avet, chedanāt saploṣaṃ | tasmādavagāḍhamavakṛttaṃ
syāt | tato+apyavagāḍhataraṃ vicchinnaṃ syāt | pravila-
mbi saśeṣāsthi yat | patitaṃ yaccharīrāt tat pātitaṃ syāt | 5
sūkṣmamukhaśalyavidhmaṃ yattat viddhaṃ kthyate ko-
ṣṭhavivarjitaṃ | anyat koṣṭhe yadvidhmaṃ tadbhinnamu-
cyate | vidalitaṃ tad gadyate yanmajjaraktapariplutaṃ pr-
ahārādibhiḥ sahāsthnā pṛthutāṃ gatam | § 22249

6.26.7 Aṣṭāṅgahr̥dayasaṃhitā

sadyaḥ sadyovraṇaṃ siñcedatha yaṣṭyāhvasarpiṣā | |6| |
tivravyathaṃ kavosṇena balātailena vā
punaḥ | |6| | § 22251

6.26.8 Sarvāṅgasundarā

atha evaṃ vraṇasvarūpatāṃ jñātvā, sadya eveti sadyovr-
aṇaṃ tivravyathaṃ madhuyaṣṭīghṛtena koṣṇena siñcet |

balātailena (hr̥.śā.a. 2/47) vā koṣṇena punaḥ punaḥ siñcet |
§ 22252

6.26.9 Aṣṭāṅgahr̥dayasaṃhitā

kṣatoṣmaṇo nigrahārthaṃ tatkālaṃ viṣṭasya ca | | 7 | |
kaṣāyaśītamadhurasnigdḥā lepādayo
hetāḥ | | 7 | | § 22254

6.26.10 Sarvāṅgasundarā

kṣatoṣmaṇaśca śāntaye tatkālanirgatasya ca kaṣāyādayo le-
pādyāḥ śasyante | § 22255

6.26.11 Aṣṭāṅgahr̥dayasaṃhitā

sadyovraṇeṣvāyateṣu sandhānārthaṃ viśeṣataḥ | | 8 | |
madhusarpiśca yuñjīta pittaghñīśca himāḥ
kriyāḥ | | 8 | | § 22257

6.26.12 Sarvāṅgasundarā

sadyovraṇeṣvāyateṣu sandhānārthaṃ viśeṣeṇa māksikaṃ
saghr̥taṃ yuñjīta | tathā pittaghñīśca śītāḥ kriyā hitāḥ |
§ 22258

6.26.13 Aṣṭāṅgahr̥dayasaṃhitā

sasaṃrambheṣu kartavyamūrdhvaṃ cādhaśca
śodhanam | | 9 | |
upavāso hitaṃ bhuktaṃ pratataṃ
raktamokṣaṇam | | 9 | | § 22260

6.26.14 Sarvāṅgasundarā

sasaṃrambheṣu vraṇeṣūrdhvamadhaśca śodhanaṃ kā-
ryam | tathopavāso vidhātavyaḥ | avasthāvaśāt pūrvō-
ktaṃ bhojanaṃ hitam | tathā pratataṃ raktasrāvaṇaṃ hi-
tam | § 22261

6.26.15 Aṣṭāṅgahr̥dayasaṃhitā

ghr̥ṣṭe vidalite caiṣa sutarāmiṣyate vidhiḥ | | 10 | |
tayorhyalpaṃ sravatyasraṃ pākastenāśu
jāyate | | 10 | | § 22263

6.26.16 Sarvāṅgasundarā

ghr̥ṣṭe vidalite ca eṣā pūrvoktā cikitsā iṣyate | yasmāttayoḥ-
ghr̥ṣṭavidalitayoḥ, asramalpaṃ sravati | tena ca kāreṇena
tayorāśu śīghraṃ pāko jāyate | § 22264

6.26.17 Aṣṭāṅgahr̥dayasaṃhitā

atyarthamasraṃ sravati prāyaśo+anyatra vikṣate | | 11 | |
tato raktakṣayādvāyau
kupite+atirujākare | | 11 | |
snehapānaparīṣekasvedalepopanāhanam | | 12 | |
snehabastiṃ ca kurvīta
vātaghnauṣadhasādhitam | | 12 | | § 22268

6.26.18 Sarvāṅgasundarā

anyatra vikṣate bāhulyena bahu raktaṃ sravati | na ca
pākaṃ yāti | anantaramatyantaraktasrāvāt pavane kup-
ite+atirujākare sati snehapānādikaṃ snehabastiṃ ca vāt-
aharauṣadhasādhitam kurvīta | § 22269

6.26.19 Aṣṭāṅgahr̥dayasaṃhitā

iti sāptāhikaḥ proktaḥ sadyovraṇahito vidhiḥ | | 13 | |
saptāhādgate tu pūrvoktaḥ
vidhimācāret | | 13 | | § 22271

6.26.20 Sarvāṅgasundarā

iti-evaṃ, sāptāhikaḥ sadyovraṇahito vidhiruktaḥ | sapt-
āhena nivṛtta iti "prāgvahateṣṭhak" iti ṭhak | saptāhādū-
rdhvaṃ gataḥ sobhe sati pūrvoktaḥ vidhiṃ-vraṇapraṭiṣedhoktaḥ,
kuryāt | § 22272

6.26.21 Aṣṭāṅgahr̥dayasaṃhitā

prāyaḥ sāmānyakarmedaṃ vakṣyate tu
pṛthakpṛthak | | 14 | | § 22273

6.26.22 Sarvāṅgasundarā

prāyo bāhulyena sadyovraṇa etatsāmānyam karma | sa0-
pṛthakpṛthag viśeṣeṇa karma bhaṇiṣyate | § 22274

6.26.23 Aṣṭāṅgahr̥dayasaṃhitā

ghṛṣṭe rujaṃ nigrhyaśu vraṇe cūrṇāni yojayet | | 14 | | § 22275

6.26.24 Sarvāṅgasundarā

ghṛṣṭe vraṇe pīdāṃ prāgupaśamayya cūrṇāni yojayet |
§ 22276

6.26.25 Aṣṭāṅgahr̥dayasaṃhitā

kalkādinyavakṛtte tu----- | | 15 | | § 22277

6.26.26 Sarvāṅgasundarā

avakṛtte punarvraṇe kalkādīni yojayet | § 22278

6.26.27 Aṣṭāṅgahr̥dayasaṃhitā

-----vicchinnapṛavilambinoḥ | | 15 | |
sīvanam vidhinoktena bandhanam cānu
pīḍanam | | 15 | | § 22280

6.26.28 Sarvāṅgasundarā

vicchinne pṛavilambani ca vraṇe sīvanam pūrvoktena vi-
dhānena, tathā bandhanam pīḍanam ca paścād yojayet |
§ 22281

6.26.29 Aṣṭāṅgahr̥dayasaṃhitā

asādhyam sphuṭitam netramadīrṇam lambate tu
yat | | 16 | |
sanniveśya yathāsthānamavyāviddhasiram
bhiṣak | | 16 | |
pīḍayet pāṇinā padmapalāśāntaritena
tat | | 17 | |
tato+asya secane nasye tarpaṇe ca hitam
haviḥ | | 17 | |
vipakvamājam
yaṣṭyāhvajīvakarṣabhakotpalaiḥ | | 18 | |
sapayaskaiḥ param tadvi
sarvanetrābhigātajit | | 18 | | § 22287

5

6.26.30 Sarvāṅgasundarā

sphuṭitam locanamasādhyam | asphuṭitam tu yannetram-
avadīrṇamlambate, tat sve sthāne sanniveśyāvyāvidhasi-
ram padmapatrāntaritena hastena pīḍayet | anantarama-
syāturasya ghr̥tam chāgam saksīrairyasṭyādibhiḥ kalkaiḥ

pakvaṃ secanādau hitam | yatastad ghṛtaṃ paraṃ sarva-
netrābhighātajit | § 22288

6.26.31 Aṣṭāṅgahr̥dayasaṃhitā

galapīḍā+avasanne+akṣṇi vamanotkāsanakṣavāḥ | | 19 | |
prāṇāyāmo+athavā kāryaḥ kriyā ca
kṣatanetravat | | 19 | | § 22290

6.26.32 Sarvāṅgasundarā

galapīḍanamavasanne netre vamanādayaḥ kāryāḥ, prāṇā-
yāmo vā | tathā kṣanetrakriyā cātra hitā | § 22291

6.26.33 Aṣṭāṅgahr̥dayasaṃhitā

karṇe sthānāccyute syūte śrotastailena
pūrayet | | 20 | | § 22292

6.26.34 Sarvāṅgasundarā

karṇe sthānād bhraṣṭe syūte sati tailena śrotaḥ pūrayet |
§ 22293

6.26.35 Aṣṭāṅgahr̥dayasaṃhitā

kr̥kāṭikāyāṃ chinnāyāṃ nirgacchatyapi mārute | | 20 | |
samaṃ niveśya badhnīyāt syūtvā śīghraṃ
nirantaram | | 21 | |
ājena sarpiṣā cātra pariṣekaḥ praśasyate | | 21 | |
uttāno+annāni bhuñjīta, śayīta ca
suantritaḥ | | 22 | | § 22297

6.26.36 Sarvāṅgasundarā

kr̥kāṭikāyāṃ chinnāyāṃ vāte+api niryāte sati samam̐ sthā-
payitvā syūtvā ca nirantaram̐ śīghram̐ badhnīyāt | atrājena
ghṛtena ca pariṣekaḥ śreṣṭhaḥ | uttānāḥ san bhojanam̐ bh-
uñjīta | suyantritaśca svapyāt | § 22298

6.26.37 Aṣṭāṅgahr̥dayasaṃhitā

ghātam̐ śākhāsu tiryakstham̐ gātre samyanniveśite | | 22 | |
syūtvā vellitabandhena
badhnīyāddhanavāsasā | | 23 | |
carmaṇā goṣphaṇābandhaḥ kāryaścāsaṅgate
vraṇe | | 23 | | § 22301

6.26.38 Sarvāṅgasundarā

śākhāsu hatamāturam̐ tiryaksthitaṃ śarīre samyaksthāpīte
syūtvā vellitabandhena ghanena vāsasā badhnīyāt | asaṅg-
ate vraṇe carmaṇā goṣphaṇābandho vidheyaḥ | § 22302

6.26.39 Aṣṭāṅgahr̥dayasaṃhitā

pādaḥ vilambimuṣkasya prokṣya netre ca vāriṇā | | 24 | |
praveśya vṛṣaṇau sīvyet sevanyā
tunnasaṃjñayā | | 24 | |
kāryaśca goṣphaṇābandhaḥ kaṭyāmāveśya
paṭṭakam̐ | | 25 | |
snehasekam̐ na kurvīta tatra klidyati hi
vraṇaḥ | | 25 | | § 22306

6.26.40 Sarvāṅgasundarā

vilambumuṣkasya pādaḥ netre ca vāriṇā prekṣya vṛṣaṇau
praveśya sīvyet | katham̐ ? tunnasaṃjñayā sevanyā | tathā
kaṭyām̐ paṭṭakamāsajya goṣphaṇābandham̐ kuryāt | sneh-
asekam̐ na kurvīta | yataḥ snehaseke satyasmin vraṇaḥ kl-
idyati | § 22307

6.26.41 Aṣṭāṅgahr̥dayasaṃhitā

kālānusāryagurvelājātīcandanaparpaṭaiḥ | | 26 | |
śilādārvyamṛtātutthaiḥ siddham tailaṃ ca
ropaṇam | | 26 | | § 22309

6.26.42 Sarvāṅgasundarā

kālānusāryādibhiḥ kalkitaiḥ pakvaṃ tailaṃ vṛṣaṇayo rop-
aṇam | § 22310

6.26.43 Aṣṭāṅgahr̥dayasaṃhitā

chinnāṃ niḥśeṣataḥ śākhāṃ dagdhvā tailena
yuktitaḥ | | 27 | |
badhnīyāt kośabandhena tato
vraṇavadācaret | | 27 | | § 22312

6.26.44 Sarvāṅgasundarā

niḥśeṣeṇa chinnāṃ śākhāṃ dagdhvā tailena yuktyā kośa-
bandhena badhnīyāt | anantaraṃ vraṇamivācaret | § 22313

6.26.45 Aṣṭāṅgahr̥dayasaṃhitā

kāryā śalyāhr̥te viddhe bhaṅgādvidalite
kriyā | | 28 | | § 22314

6.26.46 Sarvāṅgasundarā

viddhe śalyāhr̥te sati bhaṅgādvidalite kriyā kāryā | § 22315

6.26.47 Aṣṭāṅgahr̥dayasaṃhitā

śiras+apahr̥te śalye vālavartim̐ praveśayet | |28| |
mastuluṅgasruteḥ kruddho hanyādenaṃ
calo+anyathā | |29| |
vraṇe rohati caikaikaṃ
śanairapanayetkacam | |29| | § 22318

6.26.48 Sarvāṅgasundarā

śirasaḥ śalye nipatite sati vālavartim̐ praveśayet | anyathā-
vālavarterapraveśāt, mastuluṅgasrāvādvāyuh̥ r̥ddhaḥ enaṃ-
vraṇinaṃ, hanyāt | vraṇe rohati satyekaikaṃ kacam̐ śana-
irneyet | § 22319

6.26.49 Aṣṭāṅgahr̥dayasaṃhitā

mastuluṅgasrutau
khādenmastiṣkānanyajīvajān | |30| | § 22320

6.26.50 Sarvāṅgasundarā

mastuluṅgasya-majjākhyasya, srutāvanyajīvajān mastiṣkān
khādet | § 22321

6.26.51 Aṣṭāṅgahr̥dayasaṃhitā

śalye hr̥te+aṅgādanyasmātsnehavartim̐
nidhāpayet | |30| | § 22322

6.26.52 Sarvāṅgasundarā

aṅgādanyasmācchalye hr̥te sati tatra vraṇe snehavartim̐ ni-
dhāpayet | § 22323

6.26.53 Aṣṭāṅgahr̥dayasaṃhitā

dūrāvagāḍhāḥ sūkṣmāsyā ye vraṇāḥ srutaṣoṇitāḥ | | 31 | |
secayeccakratailena sūkṣmanetrārpitena
tān | | 31 | | § 22325

6.26.54 Sarvāṅgasundarā

ye vraṇā dūrāvagāḍhādiguṇāstāṃścakratailena-kohlakādyudbhavena
tailena, secayet | kimbhūtena ? sūkṣmanetreṇārpitena-
kṣiptena | § 22326

6.26.55 Aṣṭāṅgahr̥dayasaṃhitā

bhinne koṣṭhe+asṛjā pūrṇe
mūrcchāhr̥tpārśvavedanāḥ | | 32 | |
jvaro dāhastr̥ḍādhmānaṃ
bhaktasyānabhinandanam | | 32 | |
saṅgo viṇmūtramarutāṃ śvāsaḥ
svedo+akṣiraktatā | | 33 | |
lohagandhitvamāsyasya syād gātre ca
vigandhatā | | 33 | | § 22330

6.26.56 Sarvāṅgasundarā

bhinne koṣṭhe raktena pūrṇe sati mūrcchādyāḥ syuḥ |
§ 22331

6.26.57 Aṣṭāṅgahr̥dayasaṃhitā

āmāśayasthe rudhire rudhiraṃ chardayatyapi | | 34 | |
ādhmānenātimātreṇa śūlena ca
viśasyate | | 34 | | § 22333

6.26.58 Sarvāṅgasundarā

āmāśayasthe rudhire raktamudvamatyapyādhmānenāti-
mātreṇa śūlena ca viśasyate-vyāpadyate | § 22334

6.26.59 Aṣṭāṅgahr̥dayasaṃhitā

pakvāśayasthe rudhire saśūlaṃ gauravaṃ bhavet | | 35 | |
nābheradhastācchītatvaṃ khebhyo raktasya
cāgamaḥ | | 35 | | § 22336

6.26.60 Sarvāṅgasundarā

pakvāśayasthe lohite śūlasahitaṃ gauravaṃ bhavet | nā-
bheradhobhāge śaityam | chidrebhyo rudhirasyaivāgama-
nam | § 22337

6.26.61 Aṣṭāṅgahr̥dayasaṃhitā

abhinno+apyāśayaḥ sūkṣmaiḥ
srotobhirabhipūryate | | 36 | |
asṛjā syandamānena pārśve mūtreṇa
bastivat | | 36 | | § 22339

6.26.62 Sarvāṅgasundarā

āśayo+abhinno+api sūkṣmaiḥ srotobhirlohitena syandam-
ānenābhipūryate | pārśve mūtreṇa bastiriva | § 22340

6.26.63 Aṣṭāṅgahr̥dayasaṃhitā

tatrāntarlohitaṃ śītapādocchvāsakarānanam | | 37 | |
raktākṣaṃ pāṇḍuvadanaṃnānaddhaṃ ca
vivarjayet | | 37 | | § 22342

6.26.64 Sarvāṅgasundarā

teṣu madhye+antarlohitaṃ vraṇinaṃ śītapādaṃ śītocchv-
āsaṃ śīśirakaraṃ śītavakraṃ lohitaḥkṣaṃ pāṇḍuvadanam-
ānaddhaṃ ca varjayet | § 22343

6.26.65 Aṣṭāṅgahr̥dayasaṃhitā

amāśayasthe vamaṇaṃ hitaṃ, pakvāśayāśrite | | 38 | |
virecanaṃ nirūhaṃ ca
niḥsnehoṣṇairviśodhanaiḥ | | 38 | | § 22345

6.26.66 Sarvāṅgasundarā

āmāśayasthe rakte vamaṇaṃ hitaṃ | pakvāśayagate vir-
ecanaṃ nirūhaṃ ca vigatasnehairuṣṇaiśca viśodhanairhi-
taṃ | § 22346

6.26.67 Aṣṭāṅgahr̥dayasaṃhitā

yavakolakulatthānāṃ rasaiḥ snehavivarjitaiḥ | | 39 | |
bhuñjītānnaṃ yavāgūṃ vā
pibetsaindhavasamṇyutām | | 39 | | § 22348

6.26.68 Sarvāṅgasundarā

yavādīnāṃ rasaiḥ sneharahitairannaṃ bhakṣayet | peyāṃ
saindhavānvitāṃ vā pibet | § 22349

6.26.69 Aṣṭāṅgahr̥dayasaṃhitā

atiniḥsrutaraktastu bhinnakoṣṭhaḥ pibedasṛk | | 40 | | § 22350

6.26.70 Sarvāṅgasundarā

atiniḥsrutalohito bhinnakoṣṭho rudhiraṃ pibet | § 22351

6.26.71 Aṣṭāṅgahr̥dayasaṃhitā

kliṣṭacchinnāntrabhedena koṣṭhabhedo dvidhā
smṛtaḥ | | 40 | |
mūrcchādayo+alpāḥ prathamedvītīye tvati
bādhakāḥ | | 41 | |
kliṣṭāntraḥ saṃśayī dehī chinnāntro naiva
jīvati | | 41 | | § 22354

6.26.72 Sarvāṅgasundarā

klinnāntrabhedena bhinnāntrabhedena ca koṣṭhabhedo
dviprakāra uktaḥ | prathame-klinnāntrākhye, mūrcchadayo+alpāḥ-
kiñcideva, syuḥ | dvītīye-bhinnāntrākhye, atīsayena bādh-
akāḥ syuḥ | klinnāntro dehī saṃśayī syād jīvane | bhinnā-
ntro na jātu jīvati | § 22355

5

6.26.73 Aṣṭāṅgahr̥dayasaṃhitā

yathāsvaṃ mārgamāpannā yasya
viṇmūtramārutāḥ | | 42 | |
vyupadravaḥ sa bhinne+api koṣṭhe
jīvatyasaṃśayam | | 42 | | § 22357

6.26.74 Sarvāṅgasundarā

yasya viṇmūtramārutā yathāyathaṃ mārgaṃ prāptāḥ vig-
atopadravaśca sa naro bhinnakoṣṭho+api san jīvati | § 22358

6.26.75 Aṣṭāṅgahr̥dayasaṃhitā

abhinnamantraṃ niṣkrāntaṃ praveśyaṃ na
tvato+anyathā | | 43 | |
utpaṅgilaśirograstaṃ tadapyeke vadanti
tu | | 43 | |

prakṣālya payasā digdhaṃ
tr̥ṇaṣoṇitapāṃsubhiḥ | | 44 | |
praveśayetkl̥rptanakho ghr̥tenāktam̃ śanaiḥ
śanaiḥ | | 44 | | § 22362

6.26.76 Sarvāṅgasundarā

antramabhinnaṃ niṣkrāntaṃ praveśanīyamantare | na
tvato+anyathā-bhinnamityarthaḥ | anye tvevamācakṣate,-
utpaṅgilaśirasāmarkoṭaśīrṣeṇa, grastaṃ bhinnamapyantraṃ
praveśyam | saṃ-antraṃ niṣkrāntaṃ tr̥ṇādibhirdigdhaṃ
5 payasā prakṣālya sarpiṣā+abhyaktaṃ kl̥rptanakraḥ śanaiḥ
śanaiḥ praveśayet | § 22363

6.26.77 Aṣṭāṅgahr̥dayasaṃhitā

kṣīreṇārdrīkṛtaṃ śuṣkaṃ bhūrisarpiḥpariplutam | | 45 | |
aṅgulyā pramṛsetkaṅṭhaṃ
jalenodvejayedapi | | 45 | |
tathā+antrāṇi viśantyantastatkālam̃ pīḍayanti
ca | | 46 | | § 22366

6.26.78 Sarvāṅgasundarā

śuṣkamantraṃ kṣīreṇārdrīkṛtaṃ bahughṛtapariplutama-
ṅgulyā galaṃ pramṛset jalenodvejayet | tathā-evam̃, antrā-
ṇyantaḥ praviśanti tatkālam̃ ca pīḍayanti | § 22367

6.26.79 Aṣṭāṅgahr̥dayasaṃhitā

vraṇasaukṣmyādbahutvādvā
koṣṭhamantranāviśat | | 46 | |
tatpramāṇena jaṭharam̃ pāṭayitvā
praveśayet | | 47 | |
yathāsthānam̃ sthite samyagantre sīvyedanu
vraṇam̃ | | 47 | |

sthānādapetamādatte jīvitam kupitam ca
 tat | |48| |
 veṣṭayitvā+anu paṭṭena ghr̥tena
 pariṣecayet | |48| |
 pāyayeta tataḥ koṣṇam citrātailayutam
 payaḥ | |49| |
 mṛdukriyārtham śakṛto
 vāyoścādhaḥpravṛttaye | |49| |
 anuvarteta varṣam ca yathoktām
 vraṇayantraṇām | |50| | § 22375

5

6.26.80 Sarvāṅgasundarā

vraṇasūkṣmātvādantrasya bahutvāt [vā] koṣṭhamanāviś-
 adantram jaṭharam tatpramāṇena pāṭayitvā praveśayet |
 yathāsthānam sthite samyagantre sati paścād vraṇam sī-
 vyet | sthānāccyutamantram jīvitam harati | kupitam ca
 tat-antram, paṭṭena veṣṭayitvā paścādghr̥tena pariṣecayet |
 anantaram citrātailānvitam koṣṇam kṣīram pibet | śak-
 ṛto mṛdūkaraṇāya pavamānasya ca pravartanāya | yatho-
 ktām ca vraṇayantraṇām saṃvatsaram yāvadanuvarteta |
 § 22376

5

6.26.81 Aṣṭāṅghṛdayasaṃhitā

udarānmedaso vartim nirgatām bhasmanā mṛdā | |50| |
 avakīrya kaṣāyairvā ślakṣṇairmūlaistataḥ
 samam | |51| |
 dṛḍham badhvā ca sūtreṇa varddhayetkuśalo
 bhiṣak | |51| |
 tikṣṇenāgniprataptena śastreṇa sakṛdeva
 tu | |52| |
 syāndanyathā rugāṭopo mṛtyurvā
 chidyamānāyā | |52| |
 sakṣaudre ca vraṇe baddhe sujīrṇe+anne ghr̥tam
 pibet | |53| |

5

kṣīraṃ vā śarkarācitralākṣāgokṣurakaiḥ
śṛtam | | 53 | |
rugdāhajitsayaṣṭyāhvaiḥ paraṃ pūrvodito
vidhiḥ | | 54 | |
medogranthyuditam̐ tatra tailamabhyañjane
hitam | | 54 | | § 22385

6.26.82 Sarvāṅgasundarā

jaṭharānmedaso vartiṃ nirgatāṃ bhasmanā vā mṛdā+avakīryāthavā
ślakṣṇacūrṇaiḥ kaṣāyairmūlairavakīrya tato mūlena sa-
maṃ dṛḍham ca kṛtvā sūtreṇa badhvā tikṣṇena vahnipr-
ataptaena śastreṇa kuśalo vaidyaḥ sakṛdeva varddhayet |
5 anyathā chinayā rujā+a+aṭopo mṛtyurvā syāt | tato vraṇe
samākṣike baddhe+anne ca sujīrṇe sati ghr̥tam̐ pibet | ath-
avā śarkarādibhiḥ śṛtam̐ dugdham̐ pibet | tacca ghr̥tam̐ kṣ-
īraṃ vā rujādāhahṛt | anantaram̐ pūrvokto vidhiḥ | tatra
medogranthiṣu kathitam̐ tailamabhyañjane hitam | § 22386

6.26.83 Aṣṭāṅgahr̥dayasaṃhitā

tālīsaṃ padmakam̐ māṃsīhareṇvagurucandanam | | 55 | |
haridre padmabījāni sośīraṃ madhukam̐ ca
taiḥ | | 55 | |
pakvam̐ sadyovraṇeṣūktam̐ tailam̐
ropaṇamuttamam | | 56 | | § 22389

6.26.84 Sarvāṅgasundarā

tālīsādibhiḥ kalkitaiḥ pakvam̐ tailam̐ sadyovraṇeṣu ropa-
ṇam̐ paramuktam | § 22390

6.26.85 Aṣṭāṅgahr̥dayasaṃhitā

gūḍhaprahārābhīhate patite viṣamoccaiḥ | | 56 | |
kāryam̐ vātāsrajit
tṛptimardanābhyañjanādīkam | | 57 | | § 22392

6.26.86 Sarvāṅgasundarā

gūḍhaprahāreṇābhigate, tathā viṣamaṃ patite, tathoccak-
aiḥ patite ca, vātaraktaharādikaṃ kāryam | § 22393

6.26.87 Aṣṭāṅgahrdayasaṃhitā

viśliṣṭadehaṃ mathitaṃ kṣīṇaṃ marmāhataṃ
hatam | | 57 | |
vāsayetailapūrṇāyāṃ droṇyāṃ
māṃsarasāśinaṃ | | 26 | |
57 1/2 | | 26 | |
ḍviṃśo+adhyāyaḥ | | 26 | | § 22397

6.26.88 Sarvāṅgasundarā

viśliṣṭadehādikaṃ naraṃ tailadroṇyāṃ māṃsarasāśinaṃ
vāsayediti | iti śrīmr̥gāṅkadattaputraśrīmadaruṇadattavi-
racitāyāmāṣṭāṅgahrdayaṭi- kāyāṃ sarvāṅgasundarākhyā-
yāṃ ṣaṣṭhe uttarasthāne sadyovraṇapraṭi- ṣedho nāma ṣa-
ḍviṃśo+adhyāyaḥ samāptaḥ | | 26 | | § 22398

5

6.27 bhaṅgapraṭiṣedhādhyāyaḥ : 27

6.27.1 Aṣṭāṅgahrdayasaṃhitā

athāto bhaṅgapraṭiṣedhaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) pātaghātādibhirdvedhā bhaṅgo+asthnāṃ
sandhyasandhitāḥ | | 1 | |
prasāraṇākuñcanayoraśaktiḥ
sandhimuktatā | | 1 | |
itarasmin bhṛśaṃ śophaḥ
sarvavasthāsvativyathā | | 2 | |
aśaktiṣceṣṭite+alpe+api pīḍyamāne
saśabdatā | | 2 | |

5

samāsāditi bhaṅgasya lakṣaṇaṃ, bahudhā tu
tat | | 3 | |
bhidyate bhaṅgabhedena tasya sarvasya
sādhanam | | 3 | |
yathā syādupayogāya tathā
tadupadekṣyate | | 4 | | § 22407

6.27.2 Sarvāṅgasundarā

pātādibhirasthnām bhaṅgaḥ | sa ca dvedhā-dviprakāraḥ,
sandhīnām bhaṅgo+asandhervā | sandhibhaṅge prasār-
aṇa ākuñcane cāsaktiḥ sandhimuktatā ca | itarasmin-
asandhibhaṅge, atīsophaḥ, sarvāsvavasthāsvatīsayena rujā,
5 alpe+api ceṣṭite+aśaktiḥ, pīḍyamāne ca saśabdatā, syāt |
iti saṅkṣepeṇa bhaṅgasya lakṣaṇamuktam | taccabhaṅga-
bhedanānekadhā bhidyate | saṃ-tasya-bhaṅgasya, sarva-
sya sādhanam-cikitsitam, yathopayogāya syāt tathopade-
kṣyate | § 22408

6.27.3 Aṣṭāṅgahr̥dayasaṃhitā

prajyāṇudāri yattvasthi sparśe śabdam karoti yat | | 4 | |
yatrāsthileśaḥ praviśenmadhyamasthno
vidāritaḥ | | 5 | |
bhagnaṃ yaccābhighātena
kiñcidevāvaśeṣitam | | 5 | |
unnamyamānaṃ kṣatavadyacca majjani
5 majjati | | 6 | |
tadduḥsādhyam
kṛśāsaktavātalālpāśināmapi | | 6 | |
bhinnaṃ kapālam yat katyām sandhimuktaṃ
cyutaṃ ca yat | | 7 | |
jaghanam prati piṣṭam ca bhagnaṃ
yattadvivarjayet | | 7 | | § 22415

6.27.4 Sarvāṅgasundarā

prājyāśca te+aṅavaśca prājyāṅavaḥ,-prabhūtasūkṣmāḥ |
 tairdrārāḥ-dāraṅāni, vidyante yatrāsthni tat | prabhūtāṅu-
 dāri yadasthi tadduḥsādhyam | yaccāsthi sparśe-sparśane
 sati, śabdaṃ karoti tacca duḥsādhyam | yatrāsthileśo 5
 dāritaḥ-pāṭitaḥ, asthnām madhyam praviśet tacca duḥs-
 ādhyam | yaccābhighātena bhagnam | kimbhūtam ? ki-
 ṅcidevāvaśeṣitaṃ bhavet, tacca duḥsādhyam | yacconna-
 myamānaṃ kṣatasamaṃ syāt, tacca duḥsādhyam | tathā
 yanmajjani majjati, tathā kṛśādīnāmapi yat, tacca duḥs-
 ādhyam | saṃ-kaṭyām-kaṭipradeśe, yatkapālam bhinnaṃ 10
 vidāritaṃ yacca sandhivimuktaṃ yacca sandheścayutaṃ
 yacca jaghanaṃ prati piṣṭaṃ bhagnaṃ ca yat tadvivarjayet-
 pariharet | § 22416

6.27.5 Aṣṭāṅgahrdayasaṃhitā

asaṃśliṣṭakapālam ca lalāṭaṃ cūrṇitaṃ tathā | | 8 | |
 yacca bhagnaṃ
 bhavecchaṅkhaśiraḥprṣṭhastanāntare | | 8 | |
 samyagyamitamapyasthi
 durnyāsāddurnibandhanāt | | 9 | |
 saṅkṣobhādapi yadgacchedvikriyām
 tadvivarjayet | | 9 | |
 ādito yacca durjātamasthisandhirathāpi 5
 vā | | 10 | |
 taruṅāsthīni bhujyante, bhajyante nalakāni
 tu | | 10 | |
 kapālāni vibhidyante, sphuṭantyanāni
 bhūyasā | | 11 | | § 22423

6.27.6 Sarvāṅgasundarā

lalāṭamasamśliṣṭakapālam-bhinnaṃ, cūrṇitaṃ ca nop-
 akramet | śaṅkhaśiraḥprṣṭhastanānām madhye yacchi-
 nnaṃ bhavet, tacca varjayet | saṃ-tathā+asthi samyag-

uddhṛtamapi durnyāsādinā yad vikriyāṃ gacchet, ta-
cca varjayet | āditaḥ-prathamameva, yaccāsthi durjātaṃ-
asamyagutpannaṃ syāt, tacca duḥsādhyam | athavā+asthisandhiryo
durjātaḥ syāt, sa ca duḥsādhyah | durjātaṃ ca durjāt-
5 aśca durjātam | "napuṃsakamanapuṃsakena" ityekaśe-
ṣaḥ | saṃ-tathā taruṇāsthīni-nāsākarnākṣikoṣāṇi, bhujyante-
kuṭīlikriyante | tathā nalakāni bhaṅgaṃ yānti | kapālāni ca
vidāryante | anyāni cāsthīni bāhulyena sphuṭanti | etatsa-
rvaṃ duḥsādhyam | § 22424

6.27.7 Aṣṭāṅgahr̥dayasaṃhitā

athāvanatamunnamyamunnataṃ cāvapīḍayet | | 11 | |
ācchedatikṣiptamadhogataṃ copari
vartayet | | 12 | |
āñchanotpīḍanonnamacarmasaṅkṣepabandhanaiḥ | | 12 | |
sandhīn śarīragān sarvān
calānapyacalānapi | | 13 | |
5 ityetaiḥ sthāpanopāyaiḥ samyak saṃsthāpya
niścalam | | 13 | |
paṭṭaiḥ prabhūtasarpirbhirveṣṭayitvā
sukhaistataḥ | | 14 | |
kadambodumbarāśvatthasarjārjunapalāśajaiḥ | | 14 | |
vaṃśodbhavairvā pṛthubhistanubhiḥ
suniveśitaiḥ | | 15 | |
suślakṣṇaiḥ sapratistambhairvalkalaiḥ
śakalairapi | | 15 | |
10 kuśāhvayaiḥ samaṃ bandhaṃ paṭṭasyopari
yojayet | | 16 | | § 22434

6.27.8 Sarvāṅgasundarā

atha-eṣāṃ bhaṅgasthitim jñātvā, avanatamasthyunnam-
anīyam | unnataṃ cāsthyavapīḍayet | atikṣiptamasthyā-
ñchet | adhastādgataṃ copari vartayet | saṃ-iti-evamprakāraiḥ,
etaiḥ-āñchanādibhiḥ sthāpanopāyaiḥ, sarvāñcharīragān
5 sandhīṃścalānacalāṃśca niścalam saṃsthāpya vastrakha-

ṇḍajaiḥ paṭṭairbahusarpiṣkaiḥ sukhāvahairveṣṭayitvā+anantaraṃ
kadambādijairvalkalairvaṃśotthairvā śakalaiḥ-khaṇḍaiḥ,
vistīrṇaistathā tanubhiḥ-na tu sthūlaiḥ, suniveśitaistathā
komalaistathā pratistambhayuktaiḥ kuśāsaṃjñaiḥ samaṃ
bandhaṃ paṭṭasyopari kuryāt | § 22435

5

6.27.9 Aṣṭāṅgahr̥dayasaṃhitā

śithilena hi bandhena sandhishthairyaṃ na jāyate | | 16 | |
gāḍhenāti rujādāhapākaśvayathusambha-
vaḥ | | 17 | | § 22437

6.27.10 Sarvāṅgasundarā

ślathena bandhena sandheḥ sthairyaṃ na sampadyate | at-
igāḍhena tu bandhena rujādyudbhavaḥ | § 22438

6.27.11 Aṣṭāṅgahr̥dayasaṃhitā

tryahāttryahādr̥tau gharṃe
saptāhānmokṣayeddhime | | 17 | |
sādhāraṇe tu pañcahād bhaṅgadoṣavaśena
vā | | 18 | | § 22440

6.27.12 Sarvāṅgasundarā

uṣṇe r̥tau tryahāttryahānmokṣayet | śīte ca r̥tau saptā-
hānmokṣayet | sādhāraṇe-śaradvasantākhye, pañcahānm-
okṣayet | athavā bhāṅgavaśena doṣavaśena mokṣayet |
§ 22441

6.27.13 Aṣṭāṅgahr̥dayasaṃhitā

nyagrodhādikaṣāyeṇa tataḥ śītena secayet | | 18 | |

taṃ pañcamūlapakvena payasā tu
sāvedanam | | 19 | |
sukhoṣṇaṃ vā+avacāryaṃ syāccakrataiḥ
vijānatā | | 19 | |
vibhajya deśaṃ kālaṃ ca
vātaghnauśadhasaṃyutam | | 20 | | § 22445

6.27.14 Sarvāṅgasundarā

tato nyagrodhādigaṇadravyakaṣāyeṇa śītena secayet bh-
aṅgasandhīn | taṃ-sarujaṃ, pañcamūlaśr̥tena kṣīreṇa se-
cayet | saṃ-avasthādiviśeṣaṃ vijñāya cakrataiḥ vā-
taghnauśadhasaṃyutam sukhoṣṇaṃ vijānatā vaidyena
5 vā+avacāraṇīyam | § 22446

6.27.15 Aṣṭāṅgahr̥dayasaṃhitā

pratataṃ sekalepāṃśca vidadhyāt
bhṛśaśītalān | | 20 | | § 22447

6.27.16 Sarvāṅgasundarā

pratataṃ sekādīṃśca suśītalān kuryāt | § 22448

6.27.17 Aṣṭāṅgahr̥dayasaṃhitā

gr̥ṣṭikṣīraṃ sasarpīṣkaṃ
madhuraśadhasādhitam | | 21 | |
prātaḥ prātaḥ pibedbhagnaḥ śītalam lākṣayā
yutam | | 21 | | § 22450

6.27.18 Sarvāṅgasundarā

bhagno naro gr̥ṣṭikṣīraṃ ghṛtasahitam madhuradravyasā-
dhitam śītalam lākṣayā yuktaṃ prātaḥ pibet | § 22451

6.27.19 Aṣṭāṅgahr̥dayasaṃhitā

savraṇasya tu bhagnasya vraṇo
madhughṛtottaraiḥ | | 22 | |
kaṣāyaiḥ pratisāryo+atha śeṣo bhaṅgoditaḥ
kramaḥ | | 22 | | § 22453

6.27.20 Sarvāṅgasundarā

savraṇasya bhagnasya vraṇo madhughṛtottaraiḥ kaṣāyaiḥ
pratisāraṇīyaḥ | atha śeṣaḥ kramo bhaṅgakathito vidhe-
yaḥ | § 22454

6.27.21 Aṣṭāṅgahr̥dayasaṃhitā

lambāni vraṇamāṃsāni pralipyā madhusarpiṣā | | 23 | |
sandhadhīta vraṇān vaidyo
bandhanaiścopa0pādayet | | 23 | | § 22456

6.27.22 Sarvāṅgasundarā

vraṇamāṃsāni lambāni madhughṛtenālipya vraṇān vai-
dyaḥ sandadhyāt | kṛtasandhānāṃśca tān yathāsvaṃ ba-
ndhairyojayet | § 22457

6.27.23 Aṣṭāṅgahr̥dayasaṃhitā

tān samān susthitāñjñātvā
phalinīrodhrakāṭphalaiḥ | | 24 | |
samaṅgādhātakīyuktaiścūrṇitairavacūrṇayet | | 24 | |
dhātakīrodhracūrṇairvā, rohantyāśu tathā
vraṇāḥ | | 25 | |
iti bhaṅga
upakrāntaḥ----- | | 25 | | § 22461

6.27.24 Sarvāṅgasundarā

tān-vraṇān, susthitān samāṃśca viditvā phalinyādibhī
rajīkr̥tairācūrṇayet | dhātakīrodhrayoścūrṇena vā | tathā-
evaṃ kr̥te sati, vraṇā drāgeva rohanti | saṃ-iti-anena pra-
kāreṇa, bhaṅgaścikitsitaḥ | § 22462

6.27.25 Aṣṭāṅgahr̥dayasaṃhitā

-----sthiradhātoḥ ṛtau hime | | 25 | |
māṃsalasyālpadoṣasya susādhyo,
dāruṇo+anyathā | | 26 | | § 22464

6.27.26 Sarvāṅgasundarā

śītartau śtiradhātostathā māṃsalasya stokadoṣasya vra-
ṇaḥ sukhasādhyah | anyathā-ato viparyayeṇa, dāruṇaḥ-
kr̥cchrasādhyo+asādhyo vā | § 22465

6.27.27 Aṣṭāṅgahr̥dayasaṃhitā

pūrvamadhyāntavayasāmekadvitriḡṇaiḥ kramāt | | 26 | |
māsaiḥ sthairyam bhavetsandheryathoktam
bhajatām vidhim | | 27 | | § 22467

6.27.28 Sarvāṅgasundarā

yathoktam vidhim kurvatām pūrvamadhyāntavayasā-
mekadvitriḡṇairmāsairiyathākramam sandheḥ sthairyam
jāyate | § 22468

6.27.29 Aṣṭāṅgahr̥dayasaṃhitā

kaṭijaṅghorubhagnānām kapāṭasāyanam hitam | | 27 | |
yantraṅārtha tathā kilāḥ pañca kāryā
nibandhanāḥ | | 28 | |

jaṅghorvoḥ pāśvayordvau dvau tala ekaśca
kīlakaḥ | | 28 | |
śroṇyāṃ vā pṛṣṭhavaṃśe vā
vakṣasyakṣakayostathā | | 29 | | § 22472

6.27.30 Sarvāṅgasundarā

kaṭyādibhagnānaṃ kapāṭesthirhitā | yantraṅārthaṃ ca
kīlāḥ-kīlakāḥ, pañca sthirasthitihetavaḥ kāryāḥ | teṣāṃ ca
sthānānyāha-jaṅghorvodvau dvau kīlaku, tala ekaḥ kīla-
kaḥ, śroṇyāṃ bhagnasya pṛṣṭhavaṃśe tu bhagnasya pāśv- 5
ayordvau dvāveka iti | ata evāha śroṇyāṃ vetyādi | vaktra-
sya(kṣasya)kṣakayośca bhagnasya pañcaiva kīlakā yojyāḥ |
viśeṣastvato nopariṣṭāt kīlako yojyo yuktivaśāt | § 22473

6.27.31 Aṣṭāṅgahr̥dayasaṃhitā

vimokṣe bhagnasandhīnāṃ vidhimevaṃ
samācaret | | 29 | | § 22474

6.27.32 Sarvāṅgasundarā

bhagnasandhīnāṃ vimokṣa evaṃprakāraṃ vidhiṃ samā-
caret | § 22475

6.27.33 Aṣṭāṅgahr̥dayasaṃhitā

sandhīściravimuktāṃstu snigdhasvinnān
mṛdūkṛtān | | 30 | |
uktairvidhānairbuddhyā ca yathāsvaṃ
sthānamānayet | | 30 | | § 22477

6.27.34 Sarvāṅgasundarā

ciravimuktāṃstu sandhīn pūrvāṃ snigdhān paścāt svi-
nnān mṛdūkṛtān yathoktairvidhānairbuddhyā ca viśeṣeṇa
yathātmīyaṃ sthānaṃ prāpayet | § 22478

6.27.35 Aṣṭāṅgahr̥dayasaṃhitā

asandhibhagne rūḍhe tu viṣamolbaṇasādhite | | 31 | |
āpothya bhaṅgaṃ yamayettato
bhagnavadācaret | | 31 | | § 22480

6.27.36 Sarvāṅgasundarā

asandhau bhagne rūḍhe ca viṣamolbaṇasādhite sati bhaṅgamāpothya-
bhaṅktvā, paścādbhaṅgaṃ yamayet | anantaraṃ bhagnav-
adācaret | § 22481

6.27.37 Aṣṭāṅgahr̥dayasaṃhitā

bhagnaṃ naiti yathā pākaṃ prayateta tathā
bhiṣak | | 32 | |
pakvamāṃsasirāsnāyuh sandhiḥ śleṣaṃ na
gacchati | | 32 | | § 22483

6.27.38 Sarvāṅgasundarā

bhagnaṃ yathā pākaṃ na prāpnoti tathā vaidyo yatnaṃ
kuryāt | yataḥ sandhiḥ pakvamāṃsasirāsnāyuh san śleṣaṃ
na yāti | § 22484

6.27.39 Aṣṭāṅgahr̥dayasaṃhitā

vātavyādhivinirdiṣṭān snehān bhagnasya yojayet | | 33 | |
catusprayogān balyāṃśca bastikarma ca
śīlayet | | 33 | | § 22486

6.27.40 Sarvāṅgasundarā

vātavyādhikathitān snehān (ci.a. 21/66) catusprayogān-
pānanasyābhyaṅgānuvāsanaḥ, balyān-balāya hitān, bha-
gnasya yojayet | tathā bastikarma-"prāk sneha ekaḥ pañc-
ānte" (hr̥.sū.ā. 19/63) ityādinoktaṃ, abhyaset | § 22487

6.27.41 Aṣṭāṅgahr̥dayasaṃhitā

śālyājyarasadugdhādyaiḥ pauṣṭikairavidāhibhiḥ | | 34 | |
mātrayopacaredbhagnaṃ
sandhisamśleṣakāribhiḥ | | 34 | |
glānirna śasyate tasya, sandhiviśleṣakṛddhi
sā | | 35 | | § 22490

6.27.42 Sarvāṅgasundarā

bhagnaṃ naraṃ mātrayā śālyādibhiḥ puṣṭikṛdbhiḥ sandh-
isamśleṣakāribhiravidāhibhirupakramet | sa0-tasya-bhagnasya,
glānirna śasyate | yataḥ sā-glāniḥ, sandhiviśleṣaṃ kurute |
§ 22491

6.27.43 Aṣṭāṅgahr̥dayasaṃhitā

lavaṇaṃ kaṭukaṃ kṣāramamlaṃ
maithunamātapam | | 35 | |
vyāyāmaṃ ca na seveta bhagno rūkṣaṃ ca
bhojanam | | 35 | | § 22493

6.27.44 Sarvāṅgasundarā

bhagno lavaṇādikaṃ rūkṣaṃ cāhāraṃ na seveta | § 22494

6.27.45 Aṣṭāṅgahr̥dayasaṃhitā

sthairyakṛjjayati cāśu vikārān | | 41 | |
vātāpittajanitānativīryān | | 41 | |
vyāpino+api vividhairupayogaiḥ | | 41 | |
viṃśo+adhyāyah | | 27 | | § 22498

6.27.46 Sarvāṅgasundarā

kr̥ṣṇān tilān vahati-asthire jale, saptarātrīrvigatareṇūṃst-
athā dṛḍhavasanasamyatān vāsayet | etāṃśca praviralān
vikīrya pratidinaṃ saṃśoṣayet | tathaiva-pūrvoktena pr-
akāreṇa, kṣīre sthitānanudinaṃ pratisārya śoṣitān sapta
5 rātrīrevaṃ madhuyaṣṭīkvathite ca jale vāsayedviśoṣaye-
cca | vasantatilakāvṛttam | punarapi ca pītakṣīrāmstāmst-
ilān pūrvavadevātīsayena śoṣitānapagatatuṣaṃstathā vir-
ajasah sañcūrṇya naladādyaiḥ sucūrṇitairyojayet | āryā |
tānevāha-naladetyādi | aupacchandāsikam | padmakādī-
10 tyādi | kimbhūtairnaladādibhiḥ ? padmakādigaṇasahit-
aiḥ sucūrṇitairyojayitvā caitat tilapiṣṭam sakalacorakād-
igandhadravysiddhena kṣīreṇa saha pīḍayet | tatastatt-
ailaṃ sairyakā(śaileyā)dibhirnaladādibhiśca kalkīkṛtaird-
ugdhasahitaiḥ pacet | indravajrā | etat gandhatailamati-
15 vīryamasthishiratvakṛdāmāyāśca pavanapittotthānavī-
ryān vyāpino+apyāśu jayati vividhaiḥ-pānanasyādibhiḥ,
upayogaiḥ | svāgatā | śrīmr̥gāṅkadattaputraśrīmadaruṇa-
dattaviracitāyāmaṣṭāṅgahr̥daya- ṭikāyāṃ sarvāṅgasunda-
rākhyāyāṃ ṣaṣṭhe uttarasthāne bhaṅgaprati- ṣedho nāma
20 saptaviṃśo+adhyāyaḥ samāptaḥ | | 27 | | § 22499

6.28 bhagandarapṛtiṣedhādhyāyaḥ : 28

6.28.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto bhagandarapṛtiṣedhaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) hastyāśvapṛṣṭhagamanaḥkaṭhinotkatakāsan-
aiḥ | | 1 | |
ar̥sonidānābhīhitairaparaiśca niṣevitaiḥ | | 1 | |
5 aniṣṭādr̥ṣṭapākena sadyo vā
sādhugarhaṇaiḥ | | 2 | |
prāyeṇa pītīkāpūrvō yo+aṅgule hyaṅgule+api
vā | | 2 | |

pāyorvraṇo+antarbāhyo vā duṣṭāsr̥māṃsago
 bhavet | | 3 | |
 bastimūtrāśayābhyāśagatatvātsyandanātmakaḥ | | 3 | |
 bhagandaraḥ sa sarvāśca
 dārayatyakriyāvataḥ | | 4 | |
 bhagabastigudāmsteṣu dīryamāṇeṣu
 bhūribhiḥ | | 4 | |
 vātamūtraśakṛcchukraṃ khaiḥ sūkṣmairvamati 5
 kramāt | | 5 | | § 22510

6.28.2 Sarvāṅgasundarā

hastyaśvādigamanādibhirarśonidānoktairaparairapi niṣe-
 vitairasubhapurākṛtakarmavipākena sadyo vā sādhunind-
 ābhiḥ pāyoraṅgule dvyaṅgule vā yo vraṇo+antarbāhyo vā
 bāhu lyena piṭikāpūrvā duṣṭaraktamāṃsago bastimūtrā-
 śayasamīpagatatvāt syandanasvabhāvaḥ sa bhagandaraḥ 5
 syāt | saṃ-bhagādīn sarvān dārayati, kriyārahitasya pu-
 ṃsaḥ | teṣu-bhagādiṣu, śīryamāṇeṣu khaiḥ-chidraiḥ, sū-
 kṣmairbahubhiḥ krameṇa vātādīn vamati | § 22511

6.28.3 Aṣṭāṅgahr̥dayasaṃhitā

doṣaiḥ pṛthagyutaiḥ sarvairāgantuh so+aṣṭamaḥ
 smṛtaḥ | | 5 | | § 22512

6.28.4 Sarvāṅgasundarā

bhagandarākhyo vraṇo doṣaiḥ pṛthak tridhā | yuktaīśca
 doṣaistridhā | sarvairekaḥ | āganturaṣṭamo gaditaḥ | § 22513

6.28.5 Aṣṭāṅgahr̥dayasaṃhitā

apakvaṃ piṭikāmāhuḥ pākaprāptaṃ
 bhagandaram | | 6 | | § 22514

6.28.6 Sarvāṅgasundarā

apakvaṃ śophaṃ piṭikāṃ kathayanti | pakvaṃ śophaṃ
bhagandaramāhuḥ | § 22515

6.28.7 Aṣṭāṅgahr̥dayasaṃhitā

gūḍhamūlāṃ sasamrambhāṃ rugāḍhyāṃ
rūḍhakopinīm | | 6 | |
bhagandarakarīm vidyāt piṭikāṃ na
tvato+anyathā | | 7 | | § 22517

6.28.8 Sarvāṅgasundarā

piṭikāṃ gūḍhamūlādiguṇāṃ bhagandarakarīm vidyāt |
ato+anyathā-viparyayeṇa, piṭikāmātrāṃ vijānīyāt | § 22518

6.28.9 Aṣṭāṅgahr̥dayasaṃhitā

tatra śyāvā+aruṇā todabhedasphuraṇarukkarī | | 7 | |
piṭikā mārutāt----- | | 8 | | § 22520

6.28.10 Sarvāṅgasundarā

teṣu madhyācchyāvādiguṇā piṭikā pavanāt syāt | § 22521

6.28.11 Aṣṭāṅgahr̥dayasaṃhitā

-----pittāduṣṭragrīvāvaducchritā | | 8 | |
rāgiṇi tanurūṣmāḍhyā
jvaradhūmāyanānvitā | | 8 | | § 22523

6.28.12 Sarvāṅgasundarā

pittāt piṭikoṣṭragrīvevocchritā rāgādiguṇānvitā ca syāt |
§ 22524

6.28.13 Aṣṭāṅgahr̥dayasaṃhitā

sthīrā snigdḥā mahāmūlā pāṇḍuḥ kaṇḍumati
kaphāt | | 9 | | § 22525

6.28.14 Sarvāṅgasundarā

kaphāt piṭikā sthīrādiguṇā syāt | § 22526

6.28.15 Aṣṭāṅgahr̥dayasaṃhitā

śyāvā tāmṛā sadāhoṣā ghorarug vātapittajā | | 9 | | § 22527

6.28.16 Sarvāṅgasundarā

vātapittotthā piṭikā śyāvadiguṇā syāt | § 22528

6.28.17 Aṣṭāṅgahr̥dayasaṃhitā

pāṇḍurā kiñcidāśyāvā kṛcchrapākā
kaphānilāt | | 10 | | § 22529

6.28.18 Sarvāṅgasundarā

śleṣmapavanāt piṭikā pāṇḍurādiguṇā syāt | kaphapittaja-
stu bhagandaraḥ "arśaḥsa(durnā)māśritya" (ślo.15) ityāra-
bhyāgre pratipādayiṣyati | teneha tatpiṭikā tantrakṛtā nā-
bhihitā | § 22530

6.28.19 Aṣṭāṅgahr̥dayasaṃhitā

pādāṅguṣṭhasamā sarvairdoṣairnānāvidhavyathā | | 10 | |
śūlārocakatṛḍḍāhajvaracchardirupadrutā | | 11 | | § 22532

6.28.20 Sarvāṅgasundarā

sarvairdoṣaiḥ pādānuṣṭhatulyā nānāvīdhavyathā śūlādi-
bhirupadrutā piṭikā syāt | § 22533

6.28.21 Aṣṭāṅgahr̥dayasaṃhitā

vraṇatāṃ yānti tāḥ pakvāḥ
pramādāt----- | | 11 | | § 22534

6.28.22 Sarvāṅgasundarā

tāśca piṭikāḥ pramādāt-ayatnāt, pakvāḥ sadyo vraṇatāṃ
yānti | § 22535

6.28.23 Aṣṭāṅgahr̥dayasaṃhitā

-----tatra vātajā | | 11 | |
cīyate+aṅumukhaiśchidraiḥ śataponakavat
kramāt | | 12 | |
acchaṃ sravadbhirāsrāvamajasraṃ
phenasaṃyutam | | 12 | |
śataponakasaṃjño+ayam-----
| | 13 | | § 22539

6.28.24 Sarvāṅgasundarā

teṣu madhyādvātajā piṭikā śataponakavat-tita uvat, sū-
kṣmadvāraiśchidraiḥ krameṇa cīyate | kiṃ kurvāṇaiḥ ?
acchaṃ-tanuṃ, āsrāvaṃ saha phenamanavarataṃ srava-
dbhiḥ | ayam śataponakasaṃjño bhagandaraḥ | § 22540

6.28.25 Aṣṭāṅgahr̥dayasaṃhitā

-----uṣṭagrīvastu pittajaḥ | | 13 | | § 22541

6.28.26 Sarvāṅgasundarā

pittajastu bhagandara uṣṭragrīvākhyah | § 22542

6.28.27 Aṣṭāṅgahr̥dayasam̐hitā

bahupicchāparisrāvī parisrāvī
kaphodbhavaḥ | | 13 | | § 22543

6.28.28 Sarvāṅgasundarā

kaphottho bhagandaro bahupicchaparisrāvī syāt | sa ca pa-
risrāvī kathyate | § 22544

6.28.29 Aṣṭāṅgahr̥dayasam̐hitā

vātapittātparikṣepī parikṣipyā gudaṃ gatiḥ | | 14 | |
jāyate paritastatra prākāraṃ parikheva
ca | | 14 | | § 22546

6.28.30 Sarvāṅgasundarā

vātapittāt parikṣepītyucyate | tatra gudaṃ parikṣipyā ga-
tiḥ puraprākāraṃ paritaḥ parikheva ca jāyate | § 22547

6.28.31 Aṣṭāṅgahr̥dayasam̐hitā

ṛjurvātakaphādr̥jvyā gudo gatyā+atra
dīryate | | 15 | | § 22548

6.28.32 Sarvāṅgasundarā

vātakaphād ṛjusam̐jño bhagandaraḥ | tatra ṛjvyā gatyā
gudo dīryate | § 22549

6.28.33 Aṣṭāṅgahr̥dayasaṃhitā

kaphapitte tu pūrvotthaṃ durnāmāśritya
kupyataḥ | | 15 | |
arśomūle tataḥ śophaḥ kaṇḍūdāhādīmān
bhavet | | 16 | |
sa śīghraṃ pakvabhinno+asya
kledayanmūlamarśasaḥ | | 16 | |
sravatyajasraṃ
gatibhirayamarśobhagandaraḥ | | 17 | | § 22553

6.28.34 Sarvāṅgasundarā

pūrvotthaṃ durnāma samāśritya kaphapitte yadā kupyataḥ, tataḥ-tatkopāt, arśomūle śophaḥ kaṇḍvādīmān syāt | saḥ-śophaḥ, pakvabhinno+asya-arśaso, mūlamāśveva kledayan gatibhirajasraṃ srahati | sa śopha+arśobhagandara
5 ucyate | § 22554

6.28.35 Aṣṭāṅgahr̥dayasaṃhitā

sarvajaḥ śambukāvartaḥ śambukāvartasannibhaḥ | | 17 | |
gatayo dārayantyasmin
rugvegairdāruṇairgudam | | 18 | | § 22556

6.28.36 Sarvāṅgasundarā

sannipātotthaḥ śambukāvartasaṃjñāḥ śambukāvartasamaḥ syāt | asmin-sarvaje bhagandare, rugvegaistivrairgatayo gudam dārayanti | § 22557

6.28.37 Aṣṭāṅgahr̥dayasaṃhitā

asthileśo+abhyavahr̥to māṃsagr̥ddhyā yadā
gudam | | 18 | |

kṣiṇoti tiryānnirgacchannunmārgaṃ kṣatato
gatiḥ | | 19 | |
syāttataḥ pūyadīrṇāyāṃ māṃsakothena tatra
ca | | 19 | |
jāyante kṛmayastasya khādantaḥ parito
gudam | | 20 | |
vidārayanti nacirādunmārgī kṣatajaśca
saḥ | | 20 | | § 22562

6.28.38 Sarvāṅgasundarā

asthilavo māṃsagārdhyena bhukto yadā tiryak-unmārgaṃ,
nirgacchan gudam kṣiṇoti, tadā kṣātādgatiḥ syāt | tataḥ
pūyadīrṇāyāṃ gatau māṃsakothena ca tasmin kṛmayo bh-
avanti | te ca kṛmayaḥ tasya-bhagandariṇo, gudam bhakṣ-
ayantaḥ parito vidārayanti śīghrameva | asāvunmārgī kṣ- 5
atajaścocyate | § 22563

6.28.39 Aṣṭāṅgahr̥dayasaṃhitā

teṣu rugdāhakaṇḍvādīn vidyād
vraṇaniṣedhataḥ | | 21 | | § 22564

6.28.40 Sarvāṅgasundarā

teṣu-bhagandareṣu, vraṇaniṣedhato-vraṇapraṭiṣedhāt, ru-
gādīn vidyāt | § 22565

6.28.41 Aṣṭāṅgahr̥dayasaṃhitā

ṣaṭ kṛcchrasādhanāsteṣāṃ, nicayakṣatajau tyajet | | 21 | |
pravāhiṇīm valīm prāptaṃ sevanīm vā
samāśritam | | 22 | | § 22567

6.28.42 Sarvāṅgasundarā

teṣāṃ madhyāt kṛcchrasādhanāḥ ṣaṭ-ekadoṣajā dvidoṣajā-
śca | sannipātajam kṣatajam ca tyajet | pravāhiṇīm valīm
prāptam yadbhagandaram tattyajet | tathā sevanīmāśritya
yajjātam tacca varjayet | § 22568

6.28.43 Aṣṭāṅghṛdayasaṃhitā

athāsya piṭikāmeva tathā yatnādupācaret | | 22 | |
śudhdyasṛksrutisekādyaairyathā pākaṃ na
gacśati | | 23 | | § 22570

6.28.44 Sarvāṅgasundarā

athāsya-bhagandarasya, piṭikāmeva-piṭikāvasthāmeva, ya-
tnam kṛtvā śudhdyādibhistathopakramet yathā pākaṃ na
prāpnoti | § 22571

6.28.45 Aṣṭāṅghṛdayasaṃhitā

pāke punarupasnigdham sveditam cāvagāhataḥ | | 23 | |
yantrayitvā+arśasamiva
paśyetsamyagbhagandaram | | 24 | |
arvācīnam parācīnamantarmukhabahirmu-
kham | | 24 | | § 22574

6.28.46 Sarvāṅgasundarā

pāke tu satyupasnigdhamavagāhena ca sveditam tato+arśasamiva
yantrayitvā suṣṭhu bhagandaram paśyet-avānmukham pa-
rānmukham vā, antarmukham bahirmukham vā, ityevaṃ
suṣṭhu nirūpya | arvācīnamiti "vibhāṣāñceradik striyām"
5 iti svārthe khaḥ | § 22575

6.28.47 Aṣṭāṅgahr̥dayasam̐hitā

athāntarmukhameṣitvā samyak śastreṇa pāṭayet | | 25 | |
bahirmukhaṃ ca niḥśeṣaṃ tataḥ kṣāreṇa
sādhayet | | 25 | |
agninā vā bhiṣak sādhu
kṣāreṇaivoṣṭrakandharam | | 26 | | § 22578

6.28.48 Sarvāṅgasundarā

anantaramantarmukhameṣiṇyā eṣitvā samyak śastreṇa pā-
ṭayet | bahirmukhaṃ ca bhagandaraṃ niḥśeṣaṃ pāṭayi-
tvā tataḥ kṣāreṇa sādhayet jvalanena vā | uṣṭrakandharaṃ-
uṣṭragrīvaṃ, kṣāreṇaiva sādhu kṛtvā vaidyaḥ sādhayet-na
tvagninā | § 22579

5

6.28.49 Aṣṭāṅgahr̥dayasam̐hitā

nāḍīrekāntarāḥ kṛtvā pāṭayecchataponakam | | 26 | |
tāsu rūḍhāsu śoṣāśca, mṛtyurdīrṇe
gude+anyathā | | 27 | | § 22581

6.28.50 Sarvāṅgasundarā

śataponakākhyamekāntarā nāḍīḥ kṛtvā pāṭayet | tāsu rū-
ḍhāsu śeṣā api nāḍīḥ pāṭayet | anyathā-ekahelayaiva, gude
pāṭite sati mṛtyuḥ syāt | § 22582

6.28.51 Aṣṭāṅgahr̥dayasam̐hitā

parikṣepiṇī cāpyevaṃ nāḍyuktaiḥ
kṣārasūtrakaiḥ | | 27 | | § 22583

6.28.52 Sarvāṅgasundarā

parikṣepiṇi ca bhagandare nāḍīkathitaiḥ kṣārasūtrakaire-
vaṃkramāt, sādhayet | § 22584

6.28.53 Aṣṭāṅgahr̥dayasaṃhitā

arśobhagandare pūrvamarśāṃsi
pratisādhayet | | 28 | | § 22585

6.28.54 Sarvāṅgasundarā

arśobhagandare pūrvamarśāṃsi pratisādhayet-upacaret |
§ 22586

6.28.55 Aṣṭāṅgahr̥dayasaṃhitā

tyaktvopacaryaḥ kṣatajaḥ śalyaṃ śalyavatastataḥ | | 28 | |
āhārecca tathā dadyāt kṛmighnaṃ
lepabhojanam | | 29 | |
piṇḍanāḍyādayaḥ svedāḥ susnigdḥā ruji
pūjitāḥ | | 29 | | § 22589

6.28.56 Sarvāṅgasundarā

kṣatajo bhagandarastyaktvā-pratyākhyāya, cikitsyaḥ | an-
antaram śalyavataḥ-saśalyasya, śalyamāharet | tathā kṛm-
ighnaṃ lepaṃ bhojanam ca dadyāt | pīḍāyāṃ ca satyāṃ
piṇḍasvedādayaḥ susnigdḥā hitāḥ | § 22590

6.28.57 Aṣṭāṅgahr̥dayasaṃhitā

sarvatra ca bahucchidre chedānālocya yojayet | | 30 | |
gītīrthasarvatobhadradalalāṅgallalāṅgalān | | 30 | | § 22592

6.28.58 Sarvāṅgasundarā

bahucchidre ca bhagandare sarvatraivālocya caturaśche-
dān gotīrthakādikān kuryāt | tāneva chedānāha-gotīrthetyādi |
§ 22593

6.28.59 Aṣṭāṅgahr̥dayasam̐hitā

pārśvaṃ gatena śastreṇa chedo gotīrthako mataḥ | | 31 | |
sarvataḥ sarvatobhadraḥ,
pārśvacchedo+ardhalāṅgalaḥ | | 31 | |
pārśvadvaye
lāṅgalakaḥ----- | | 32 | | § 22596

6.28.60 Sarvāṅgasundarā

śastreṇa pārśvaṃ gatena yaśchedaḥ sa gotīrthakākhyāḥ,
sa ca kāvyagatagomūtrikākārah | sarvato yaśchedaḥ sa
sarvatobhadrākhyāḥ, sa ca sarvatobhadrakāvyākārah |
ya ekasmin pārśve cedaḥ, sa ca dalalāṅgalakākhyāḥ,-
kuṭārahitahalākārah | pārśvadvaye yaśchedaḥ sa lāṅgalakākhyāḥ,-
sampūrṇahalākārah | § 22597

6.28.61 Aṣṭāṅgahr̥dayasam̐hitā

-----samastāṃścāgninā dahet | | 32 | |
āsrāvamārgānniḥśeṣaṃ naivam vikurute
punaḥ | | 32 | | § 22599

6.28.62 Sarvāṅgasundarā

vraṇān sarvāṃścāsrāvamārgān niḥśeṣaṃ kṛtvā+agninā
dahet | evaṃ kṛte sati punarvikāraṃ vraṇo na yāti | § 22600

6.28.63 Aṣṭāṅgahr̥dayasam̐hitā

yateta koṣṭhaśuddhau ca bhiṣak
tasyāntarā+antarā | | 33 | | § 22601

6.28.64 Sarvāṅgasundarā

tasya-bhagandariṇaḥ, koṣṭhaśuddhau cāntarā+antarā vai-
dyo yateta | § 22602

6.28.65 Aṣṭāṅgahr̥dayasaṃhitā

lepo vraṇe biḍālāsthi triphalārasakalkitam | | 33 | | § 22603

6.28.66 Sarvāṅgasundarā

mārjārāsthi triphalārasakalkitaṃ vraṇe lepo hitaḥ | § 22604

6.28.67 Aṣṭāṅgahr̥dayasaṃhitā

kumbhāgnisarja(rji)karavīravacāsudhārkaḥ | | 34 | |
abhyañjanāya vipaceta bhagandarāṇāṃ tailaṃ
vadanti paramaṃ
hitametadeśāṃ | | 34 | | § 22606

6.28.68 Sarvāṅgasundarā

jyotiṣmatyādibhirabhyaṅgārthaṃ tailaṃ pacet | bhagand-
arāṇāmeteśāmetat paramaṃ-atiśayena, hitaṃ gadanti | va-
santatilakāvṛttam | vakṣyamāṇaṃ ca madhukādi drutavi-
lambitam | § 22607

6.28.69 Aṣṭāṅgahr̥dayasaṃhitā

madanasarjarasāmayarodikāḥ | | 35 | |
sabījapūracchadanairebhistailaṃ
vipācitam | | 36 | |
bhagandarāpacīkuṣṭhamadhumehavraṇāpaham | | 36 | | § 22610

6.28.70 Sarvāṅgasundarā

madhukādibhiretaiḥ sabījapūrapatraistailaṃ vipācitaṃ bh-
agandarādighnam | § 22611

6.28.71 Aṣṭāṅgahr̥dayasaṃhitā

triphālāmāgadhikākaṇāśca līḍhāḥ | | 37 | |
kṣatanāḍīvraṇaropaṇā bhavanti | | 37 | | § 22613

6.28.72 Sarvāṅgasundarā

viḍaṅgasārādayo mākṣikatailayuktā līḍhāḥ kṛmyādivraṇ-
aropaṇāḥ syuḥ | māgadhikākaṇāḥ-pippalītaṇḍulāḥ | aup-
acchandasikaṃ vṛttam | § 22614

6.28.73 Aṣṭāṅgahr̥dayasaṃhitā

amṛtātruṭivellavatsakaṃ kalipathyāmalakāni
gugguluḥ | | 38 | |
kramavṛddhamidaṃ madhudrutam
piṭikāsthauilyabhagandarān
jayet | | 38 | | § 22616

6.28.74 Sarvāṅgasundarā

amṛtādikamidaṃ krameṇa bhāgavṛddhyā vṛddham ma-
dhunā drutam piṭikādīn jayet | vaitālīyam | § 22617

6.28.75 Aṣṭāṅgahr̥dayasaṃhitā

rbilvadhṛtaiḥ savarāpalaṣaṭkaiḥ | | 39 | |
guggulunā sadṛṣena sametaiḥ kṣaudrayutaiḥ
sakalāmayanāśaḥ | | 39 | | § 22619

6.28.76 Sarvāṅgasundarā

māgadhikādikairbilvadhṛtaiḥ-pṛthak palamitaiḥ, triphālā-
palaṣaṭkasahitaiḥ sarvaistulyena guggulunā yutairmadh-
usametairmisritairmātrayā bhakṣitaiḥ(?) samastavyādhih-
araṇam syāt | § 22620

6.28.77 Aṣṭāṅgahr̥dayasaṃhitā

guggulupañcapalaṃ palikāṃśā māgadhikā triphalā ca
pṛthaksyāt | | 40 | |
tvaktruṭikarṣayutaṃ madhulīḍhaṃ kuṣṭhabhag-
andaragulmagatighnam | | 40 | | § 22622

6.28.78 Sarvāṅgasundarā

guggulupalāni pañca, pippalyādayaḥ palāṃśikāḥ, tvag-
elayoḥ pṛthak karṣam | tadetanmadhulīḍhaṃ kuṣṭhādi-
ghnam | svāyambhuvākhyo guggulureṣa prasiddhaḥ | do-
dhakaṃ(ke) vṛttam(tte) | § 22623

6.28.79 Aṣṭāṅgahr̥dayasaṃhitā

śṛṅgaberarajoyuktaṃ tadeva ca subhāvitam | | 41 | |
kvāthena daśamūlasya
viśeṣādvātarogajit | | 41 | | § 22625

6.28.80 Sarvāṅgasundarā

tadeva-guggulvādikaṃ dravyaṃ, śuṅṭhīcūrṇayutaṃ daś-
amūlakvāthena subhāvitam viśeṣeṇa vātarogajit | § 22626

6.28.81 Aṣṭāṅgahr̥dayasaṃhitā

uttamākhadirasārajaṃ rajaḥ
śīlayannasanavāribhāvitam | | 42 | |
hanti tulyamaḥiṣākṣamākṣikaṃ
kuṣṭhamehapīṭikābhagandarān | | 42 | | § 22628

6.28.82 Sarvāṅgasundarā

triphalādirajo+asanakvāthena bhāVvitaṃ tulyamaḥiṣākṣhya(kṣa)mākṣikaṃ
śīlayan kuṣṭhādīn hanti | ro narau lagayutā rathoddhatā |
§ 22629

6.28.83 Aṣṭāṅghṛdayasaṃhitā

bhagandareṣveṣa viśeṣa uktaḥ śeṣāṇi tu
vyañjanasādhanāni | | 43 | |
vraṇādhikārāt pariśīlanācca
samyagviditvaupayikaṃ
vidadyāt | | 43 | | § 22631

6.28.84 Sarvāṅgasundarā

bhagandareṣu sarveṣvayamupakramaviśeṣo+abhihitah | śe-
ṣāṇi tu vraṇāni prakāṣasādhanāni | teṣu vraṇādhikārāt
pariśīlanācca samyagviditvopakramam yathāyogyam ku-
ryāt | upajātiḥ | § 22632

6.28.85 Aṣṭāṅghṛdayasaṃhitā

aśvaprṣṭhagamanam calarodham
madyamaithunamajīrṇamasātmyam | | 44 | |
sāhasāni vividhāni ca rūḍhe vatsaram
pariharedadhikam vā | | 44 | |
ṣṭāvīmśo+adhyāyaḥ | | 28 | | § 22635

6.28.86 Sarvāṅgasundarā

bhagandare vraṇe rūḍhe+api turagaprṣṭhagamanādikaṃ
varṣam yāvadadhikam vā pariharediti | svāgatāvṛttam | iti
śrīmrṅāṅkadattaputraśrīmadaruṇadattaviracitāyāmaṣṭāṅga-
hṛdaya- ṭīkāyāṃ sarvāṅgasundarākhyāyāṃ ṣaṣṭhe uttar-
asthāne bhagandara pratiśedho nāmāṣṭāvīmśo+adhyāyaḥ 5
samāptaḥ | | 28 | | § 22636

6.28.87 Sarvāṅgasundarā

bhagandare vraṇe rūḍhe+api turagaprṣṭhagamanādikaṃ
varṣam yāvadadhikam vā pariharediti | svāgatāvṛttam | iti
śrīmrṅāṅkadattaputraśrīmadaruṇadattaviracitāyāmaṣṭāṅga-

hr̥daya- ṭikāyāṃ sarvāṅgasundarākhyāyāṃ ṣaṣṭhe uttar-
asthāne bhagandara pratiṣedho nāmāṣṭāvīṃśo+adhyāyaḥ
samāptaḥ | | 28 | | § 22637

6.29 granthyarbudaṣṭlīpadāpacīnāḍivijñānīyādhyāya 29

6.29.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto grathyarbudaṣṭlīpadāpacīnāḍivijñānīyaṃ
vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) kaphapradhānāḥ kurvanti medomāṃsāragā
malāḥ | | 1 | |
vṛttonnatam yaṃ śvayatham sa
granthirgrathanātsmṛtaḥ | | 1 | | § 22641

6.29.2 Sarvāṅgasundarā

medomāṃsaraktasthitāḥ kaphapradhānā doṣā vṛttonna-
tam yaṃ śvayatham, kurvanti, sa grathanād granthiḥ sm-
ṛtaḥ | | § 22642

6.29.3 Aṣṭāṅgahr̥dayasaṃhitā

doṣāsrāmāṃsamedosthisirāvraṇabhavā nava | | 2 | |
te----- | | 2 | | § 22644

6.29.4 Aṣṭāṅgahr̥dayasaṃhitā

saṃ-te ca-granthayo, doṣādyātmakatvāt navasaṅkhyāḥ
syuḥ | | § 22645

6.29.5 Aṣṭāṅgahr̥dayasaṃhitā

-----tatra vātādāyāmatodambhedānvito+asitaḥ | | 2 | |
sthānātsthānāntaragatirakasmāddhānivṛddhimān | | 3 | |
mṛdurbastirivānaddho vibhinno+acchaṃ
sravatyaṣṛk | | 3 | | § 22648

6.29.6 Sarvāṅgasundarā

teṣu madhye vātādāyāmādiguṇaḥ śvayathuḥ syāt | sa ca
vibhinno lohita macchaṃ srahati | § 22649

6.29.7 Aṣṭāṅgahr̥dayasaṃhitā

pittātsadāhaḥ pītābho rakto vā, pacyate drutam | | 4 | |
bhinno+asramuṣṇaṃ
srahati----- | | 4 | | § 22651

6.29.8 Sarvāṅgasundarā

pittena dāhayutaḥ pītacchavirathavā raktaḥ | śophaḥ śī-
ghraṃ pacyate | bhinnāḥ sa uṣṇamaṣṛk srahati | § 22652

6.29.9 Aṣṭāṅgahr̥dayasaṃhitā

-----śleṣmaṇā nīrujo ghaṇaḥ | | 4 | |
śītaḥ savarṇaḥ kaṇḍūmān, pakvaḥ pūyaṃ
sravedghanam | | 5 | | § 22654

6.29.10 Sarvāṅgasundarā

kaphena nīrujo ghaṇaḥ śophaḥ śītasparśaḥ śarīrasamāna-
varṇaḥ kaṇḍūyutaśca syāt | sa pakvaḥ pūyaṃ ghaṇaṃ sr-
avet | § 22655

6.29.11 Aṣṭāṅgahr̥dayasaṃhitā

doṣairduṣṭe+asṛji granthirbhavenmūrcchatsu
jantuṣu | | 5 | |
sirāmāṃsaṃ ca saṃśritya sasvāpaḥ
pittalakṣaṇaḥ | | 6 | | § 22657

6.29.12 Sarvāṅgasundarā

doṣairduṣṭe lohite sati granthirbhavet | jantuṣu-kṛmiṣu, vṛ-
ddhiṃ gacchatsu sirāmāṃsaṃ ca saṃśritya svāpānvitāḥ
śophaḥ pittasamānalakṣaṇaḥ syāt | § 22658

6.29.13 Aṣṭāṅgahr̥dayasaṃhitā

māṃsalairdūṣitaṃ
māṃsamāhārairgranthimāvahet | | 6 | |
snigdhaṃ mahāntaṃ kaṭhinaṃ sirānaddhaṃ
kaphākṛtim | | 7 | | § 22660

6.29.14 Sarvāṅgasundarā

māṃsalairāhārairmāṃsaṃ dūṣitaṃ granthi snigdhādigu-
ṇayuktaṃ kaphākāraṃ karoti | § 22661

6.29.15 Aṣṭāṅgahr̥dayasaṃhitā

pravṛddhaṃ medurairmedo nītaṃ māṃse+athavā
tvaci | | 7 | |
vāyunā kurute granthi bhṛsaṃ snigdhaṃ
mṛdum calam | | 8 | |
śleṣamatulyākṛtim
dehakṣayavṛddhikṣayodayam | | 8 | |
sa vibhinno ghaṇaṃ medastāmrāsitasitaṃ
sravet | | 9 | | § 22665

6.29.16 Sarvāṅgasundarā

medurairbhojanairmedaḥ pravṛddham vāyunā māṃse nī-
tamathavā tvaci nītaṃ medogranthiṃ bhṛśaṃ snigdhā-
diguṇaṃ śleṣmasamānākāraṃ tathā śarīrakṣayavṛddhi-
bhyāṃ kṣayodayau yasya taṃ tādrśaṃ karoti | sa ca gra-
n্থibhinnaḥ san ghaṇaṃ tāmramasitaṃ sitaṃ ca medaḥ 5
sravati | § 22666

6.29.17 Aṣṭāṅgahr̥dayasaṃhitā

asthibhāṅgābhighātābhyāmunnatāvanataṃ tu yat | | 9 | |
so+asthigranthiḥ-----
| | 10 | | § 22668

6.29.18 Sarvāṅgasundarā

asthibhāṅgenābhighātena vā+asthnyunnatamavanataṃ vā
yat syāt, so+asthigranthiḥ | § 22669

6.29.19 Aṣṭāṅgahr̥dayasaṃhitā

-----padātestu sahasā+ambhovagāhanāt | | 10 | |
vyāyāmādvā pratāntasya sirājālaṃ
saṣṇitam | | 10 | |
vāyuḥ sampīḍya saṅkocya vakrīkr̥tya viśoṣya
ca | | 11 | |
niḥsphuraṃ nīrujaṃ granthiṃ kurute sa
sirāhvayaḥ | | 11 | | § 22673

6.29.20 Aṣṭāṅgahr̥dayasaṃhitā

saṃ-padāteḥ sahasaiva jalāvagāhād vyāyāmādvā
pratāntasyaglānasya, pavanaḥ kruddhaḥ
saraktaṃ sirājālaṃ sampīḍya tathā saṅkocya
vakrīkr̥tya viśoṣya ca niḥṣphuraṃ nīrujaṃ
granthiṃ kurute sa sirāsaṃjñāḥ |
niḥṣphuramiti "sphuratisphulatyoh" ityādinā
ṣatvam | § 22674

6.29.21 Aṣṭāṅgahr̥dayasaṃhitā

aruḍhe rūḍhamātre vā vṛaṇe sarvarasāśinaḥ | | 12 | |
sārdre vā bandharahite
gātre+aśmābhigate+athavā | | 12 | |
vāto+asramasrutam duṣṭam saṃśoṣya
grathitam vṛaṇam | | 13 | |
kuryātsadāhaḥ kaṇḍūmān vṛaṇagranthirayaṃ
smṛtaḥ | | 13 | | § 22678

6.29.22 Sarvāṅgasundarā

aruḍhe vṛaṇe tathā rūḍhamātre-sadyorūḍhe vṛaṇe, sarv-
arasāśino narasyāthavā sārdre vṛaṇe bandharahite śar-
īre+aśmābhigate vā vāto raktamasrutam duṣṭam saṃśoṣya
grathitam vṛaṇam kuryāt | dāhādiyuta eṣa vṛaṇagranthiḥ
5 smṛto munibhiḥ | § 22679

6.29.23 Aṣṭāṅgahr̥dayasaṃhitā

sādhyā doṣāsramedojaḥ, na tu sthūlakharāścalāḥ | | 14 | |
marmakaṇṭhodarasthāśca-----
| | 14 | | § 22681

6.29.24 Sarvāṅgasundarā

doṣāsramedojaḥ granthayaḥ sādhyāḥ | na punaḥ sthūlāḥ
kharāścalāstathā marmasthāḥ kaṇṭhasthā udarasthāśca gr-
anthayaḥ sādhyāḥ | § 22682

6.29.25 Aṣṭāṅgahr̥dayasaṃhitā

-----mahattu granthito+arbudam | | 14 | |
tallakṣaṇaṃ ca medontaiḥ ṣoḍhā doṣādibhistu
tat | | 15 | |
prāyo medaḥ kaphāḍhyatvāsthiratvācca na
pacyate | | 15 | | § 22685

6.29.26 Sarvāṅgasundarā

grantheryanmahat tadarbudam | tasya cārbudasya lakṣa-
ṇaṃ ṣaṭ prakāram | katham ? doṣaistrīṇi, raktamāṃsame-
dobhistrīṇīti | tacca-arbudam, medaḥkaphabāhulyāt sthir-
atvācca prāyaḥ pacanaṃ na yāti | § 22686

6.29.27 Aṣṭāṅgahr̥dayasaṃhitā

sirāsthaṃ śoṇitaṃ doṣaḥ saṅkocyāntaḥ prapīḍya
ca | | 16 | |
pācayeta tadānaddhaṃ sāsrāvaṃ
māṃsapiṇḍitaṃ | | 16 | |
māṃsāṅkuraiścitaṃ yāti vṛddhi cāsu
sravettataḥ | | 17 | |
ajasraṃ duṣṭarudhiraṃ bhūri
tacchoṇitārbudam | | 17 | | § 22690

6.29.28 Sarvāṅgasundarā

sirāsthitaṃ raktaṃ doṣo-vātādyanyatamaḥ, saṅkocyāntaḥ
abhyantare, ca prapīḍya pācayet | tatpakvaṃ ca sadān-
addhaṃ sāsrāvaṃ māṃsapiṇḍitaṃ māṃsāṅkuraiścitaṃ
vṛddhiṃ gacchati | vṛddhaṃ ca sadāsu satataṃ duṣṭaṃ
rudhiraṃ prabhūtaṃ sravati | tat-evamvidhaṃ, śoṇitārb- 5
udam gadyate | māṃsārbudamedorbudayośca lakṣaṇaṃ
tadgranthilakṣaṇenaivoktaprāyatvāñnehoktam | § 22691

6.29.29 Aṣṭāṅgahr̥dayasaṃhitā

teṣvasṛṇmāṃsaje varjye, catvāryanyāni
sādhayet | | 18 | | § 22692

6.29.30 Sarvāṅgasundarā

teṣu-ṣaṭsvarbudeṣu madhye,ṣoṇitamāṃsaje dve arbude
nopakramet | aparāṇi catvāri sādhyet | § 22693

6.29.31 Aṣṭāṅgahr̥dayasaṃhitā

prasthitā vaṅkṣaṇoorvādimadhaḥkāyaṃ
kapholbaṇāḥ | | 18 | |
doṣā māṃsāsragāḥ pādau kālenāśritya
kurvate | | 19 | |
śanaiḥśanairghanam śopham ślīpadaṃ
tatpracakṣate | | 19 | | § 22696

6.29.32 Sarvāṅgasundarā

adhaḥkāyaṃ vaṅkṣaṇoruprabhṛti doṣā gatāḥ kapholbaṇā
māṃsalohitagāḥ kālena pādau samāśritya nibiḍaṃ śvaya-
thum śanaiḥśanairvidadhāti | tadetadchlīpadaṃ pracakṣ-
ate | § 22697

6.29.33 Aṣṭāṅgahr̥dayasaṃhitā

paripoṭayutaṃ kṛṣṇamanimittarujaṃ kharam | | 20 | |
rūkṣaṃ ca
vātāt----- | | 20 | | § 22699

6.29.34 Sarvāṅgasundarā

ślīpadaṃ vātāt paripoṭena yuktaṃ kṛṣṇavarṇamahetupī-
ḍaṃ kharaṃ rūkṣaṃ ca syāt | § 22700

6.29.35 Aṣṭāṅgahr̥dayasaṃhitā

-----pittāttu pītaṃ
dāhajvarānvitam | | 20 | | § 22701

6.29.36 Aṣṭāṅgahr̥dayasaṃhitā

saṃ-pittāt pītaṃ dāhajvarayutaṃ ca syāt | § 22702

6.29.37 Aṣṭāṅgahr̥dayasaṃhitā

kaphād guru snigdhamaruk citaṃ
māṃsāṅkurairbr̥hat | | 21 | | § 22703

6.29.38 Sarvāṅgasundarā

kaphena guru snigdhaṃ rujārahitaṃ māṃsāṅkuraiścitaṃ
mahacca syāt | § 22704

6.29.39 Aṣṭāṅgahr̥dayasaṃhitā

tattyajedvatsarātītaṃ sumahat suparisruti | | 21 | | § 22705

6.29.40 Sarvāṅgasundarā

tat-ślīpadaṃ, varṣātikrāntaṃ sumahat suparisrāvaṃ ca ty-
ajet | § 22706

6.29.41 Aṣṭāṅgahr̥dayasaṃhitā

pāṇināsauṣṭhakarṇeṣu vadantyeke tu pādavat | | 22 | |
ślīpadaṃ jāyate tacca deṣe+anūpe bhṛśaṃ
bhṛśaṃ | | 22 | | § 22708

6.29.42 Sarvāṅgasundarā

pāṅyādiṣvapi pādavacchlipadam jāyata ityeke vadanti | ta-
ccānūpadeśe+atīśayena rogasvabhāvājjāyate | § 22709

6.29.43 Aṣṭāṅgahr̥dayasaṃhitā

medasthāḥ kaṅṭhamanyākṣakakṣāvaṅkṣaṅagā
malāḥ | | 23 | |
savarṇān kaṭhinān snigdhān
vārtākāmalakākṛtīn | | 23 | |
avagādhān bahūn gaṇḍāṃścīrapākāṃśca
kurvate | | 24 | |
pacyante+alparujaste+anye
sравantyanye+atikaṇḍurāḥ | | 24 | |
5 naśyantyanye bhavantyanye
dīrghakālānubandhināḥ | | 25 | |
gaṇḍamālā+apacī ceyam dūrveva
kṣayavṛddhibhāk | | 25 | | § 22715

6.29.44 Sarvāṅgasundarā

medasthāḥ kaṅṭhādigā doṣāḥ savarṇān kaṭhinān snigdhān
vārtākāmalakākārānavagādhān bahūn gaṇḍāṃścīrapākā-
ṃśca kurvate | te ca-gaṇḍāḥ stokapīḍāḥ pacyante | anye ca
sравanti | apare cātikaṇḍurāḥ, kaṇḍum rānti dadata iti ka-
5 ṇḍurāḥ | naśyantyanye | anye jāyante dīrghakālānubandh-
ināḥ | iyaṃ-īdr̥śī, gaṇḍamālā apacī cocyate | dūrveva kṣa-
yavṛddhibhāk | § 22716

6.29.45 Aṣṭāṅgahr̥dayasaṃhitā

tām tyajetsajvaracchardipārśvarukkāsapīna-
sām | | 25 | | § 22717

6.29.46 Sarvāṅgasundarā

tāṃ-gaṇḍamālāṃ, jvarādiyutāṃ tyajet | atha nāḍīvijñānamāha-
_ § 22718

6.29.47 Aṣṭāṅgahr̥dayasaṃhitā

abhedātpakvaśophasya vraṇe cāpathyasevinaḥ | | 26 | |
anupraviśya māṃsādīn dūraṃ
pūyo+abhidhāvati | | 27 | |
gatiḥ sā dūragamanānnāḍī nāḍīva
saṃsruteḥ | | 27 | |
nāḍyekā+anṛjuranyeṣāṃ
saivānekagatirgatiḥ | | 28 | | § 22722

6.29.48 Aṣṭāṅgahr̥dayasaṃhitā

śām-pakvaśophasyābhedanādapathyasevinaśca puṃso
vraṇe pūyo māṃsādīnanupraviśya dūraṃ
vrajati | sā dūragamanāt gatirityucyate |
nāḍīva saṃsruternāḍītyucyate | anyeṣāṃ tu
tantrakṛtāṃ mata ekā nāḍyanṛjuḥ-vakrā,
nāḍītyucyate | saiva
nāḍyanekagatirgatirityucyata iti | § 22723

6.29.49 Aṣṭāṅgahr̥dayasaṃhitā

sā doṣaiḥ pṛthagekasthaiḥ śalyahetuśca
pañcamī | | 28 | | § 22724

6.29.50 Sarvāṅgasundarā

sā-nāḍī, pṛthagdoṣaistrisaṅkhyā, sannipātena caturthī, pa-
ñcamī śalyahetuḥ | § 22725

6.29.51 Aṣṭāṅgahr̥dayasaṃhitā

vātāt saruksūkṣmamūkhī vivarṇā phenilodvamā | | 29 | |
sravatyabhyadhikaṃ
rātrau----- | | 29 | | § 22727

6.29.52 Aṣṭāṅgahr̥dayasaṃhitā

saṃ-vātāt sarujādiguṇā | § 22728

6.29.53 Aṣṭāṅgahr̥dayasaṃhitā

-----pittātṛḍjvaradāhakṛt | | 29 | |
pītoṣṇapūtipūyasruddivā cāti
niṣiñcati | | 30 | | § 22730

6.29.54 Sarvāṅgasundarā

pittātṛḍādikṛt | pītoṣṇapūtipūyasrāvī | divase cātīsayena
sravati | § 22731

6.29.55 Aṣṭāṅgahr̥dayasaṃhitā

ghanapicchilasam̐srāvā kaṇḍūlā kaṭhinā kaphāt | | 30 | |
niśi cābhyadhikakledā-----
| | 31 | | § 22733

6.29.56 Sarvāṅgasundarā

kaphāt ṇanapicśilasrāvā kaṇḍūmatī kaṭhinā niśicābhyadh-
ikledā syāt | § 22734

6.29.57 Aṣṭāṅgahr̥dayasam̐hitā

ghanapicchilasam̐srāvā kaṇḍūlā kaṭhinā kaphāt | | 30 | |
niśi cābhyadhikakledā-----
| | 31 | | § 22736

6.29.58 Sarvāṅgasundarā

kaphāt nanapicśilasrāvā kaṇḍūmatī kaṭhinā niśicābhyadh-
ikledā syāt | § 22737

6.29.59 Aṣṭāṅgahr̥dayasam̐hitā

antaḥsthitam̐ śalyamanāhr̥tam̐ tu karoti nāḍīm̐ vahate ca
sā+asya | | 31 | |
phenānuviddham̐ tanumalpamuṣṇam̐ sāsram̐ ca
pūyam̐ sarujam̐ ca nityam̐ | | 31 | |
tāyāmaṣṭāṅgahr̥dayasam̐hitāyām̐ ṣaṣṭhe
uttarasthāne
granthyarbudaślīpadāpacīnāḍīvijñānīyam̐
nāmaikonatrim̐śo+adhyāyaḥ | | 29 | | § 22740

6.29.60 Sarvāṅgasundarā

antare sthitam̐ śalyamanākṛṣṭam̐ sannāḍīm̐ karoti | asya
ca-śalyavataḥ puṃsaḥ, sā-nāḍī, phenilam̐ tanvādiguṇam̐
ca pūyam̐ nityameva sarujam̐ vahata iti | upajātivṛttam̐ |
iti śrīmṛṅgāṅkadattaputraśrīmadaruṇadattaviracitāyāma-
ṣṭāṅgahr̥daya- ṭīkāyām̐ sarvāṅgasundarākhyāyām̐ ṣaṣṭha 5
uttarasthāne granthya rbudaślīpadāpacīnāḍīvijñānīyam̐
nāma ekonatrim̐- śo+adhyāyaḥ samāptaḥ | | 29 | | § 22741

6.30 granthyarbudaślīpadāpacīnāḍīpratiṣedhādhyāy. 30

6.30.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto granthyarbudaślīpadāpacīnāḍīpratiṣedhaṃ
vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
) granthiṣvāmeṣu kartavyā yathāsvaṃ śophavat
kriyā | | 1 | | § 22744

6.30.2 Sarvāṅgasundarā

āmeṣu-apakveṣu, granthiṣu yathāsvaṃ śopheṣviva kriyāc-
ikitsitam | § 22745

6.30.3 Aṣṭāṅgahr̥dayasaṃhitā

bṛhatīcitrakavyāghrīkaṇāsiddhena sarpiṣā | | 1 | |
snehayecchuddhikāmaṃ ca, tīkṣṇaiḥ śuddhasya
lepanam | | 2 | | § 22747

6.30.4 Sarvāṅgasundarā

bṛhatyādibhiḥ siddhena sarpiṣā śuddhikāmaṃ naraṃ sne-
hayet | tataḥ śuddhasya-kṛtavamanavirekasya sataḥ, tīkṣṇ-
airdravyairlepanam kāryam | § 22748

6.30.5 Aṣṭāṅgahr̥dayasaṃhitā

saṃsvedya bahuśo granthiṃ vimṛdnīyāt punaḥ
punaḥ | | 2 | | § 22749

6.30.6 Sarvāṅgasundarā

granthiṃ samyak svedayitvā+aṅguṣṭhādibhiḥ punaḥ pun-
arvimṛdnīyāt | § 22750

6.30.7 Aṣṭāṅgahrdayasaṃhitā

eṣa vāte viśeṣeṇa kramaḥ, pittāsraje punaḥ | |3| |
jalaukaso himaṃ sarvaṃ, kaphaje vātiko
vidhiḥ | |3| | § 22752

6.30.8 Sarvāṅgasundarā

eṣa kramo viśeṣeṇa vāte kāryaḥ | pittāsraje granthau jala-
ukasaḥ | sarvadā śītaṃ pralepādikaṃ hitam | kaphaje gr-
anthau vātodbhavaḥ granthivihitaḥ kramaḥ | § 22753

6.30.9 Aṣṭāṅgahrdayasaṃhitā

tathā+apyakvaṃ chittvainaṃ sthite rakte+agninā
dahet | |4| |
sādhvaśeṣaṃ, saśeṣo hi punarāpyāyate
dhruvam | |4| | § 22755

6.30.10 Sarvāṅgasundarā

evamapyapakvamenam granthiṃ sādhu yathā bhavatyāś-
eṣaṃ ca tathā chittvā sthite rakte satyagninā dahet | śeṣaḥ
kasmāna kriyate ? ityāha-saśeṣa iti | yasmāt saśeṣo gr-
anthirniścayenaiva punarāpyāyate-vṛddhiṃ yāti | § 22756

6.30.11 Aṣṭāṅgahrdayasaṃhitā

māṃsavraṇodbhavau granthī yāpayedevameva
ca | |5| | § 22757

6.30.12 Aṣṭāṅgahr̥dayasaṃhitā

sa- māmsavraṇodbhavau granthī evameva yāpayet | § 22758

6.30.13 Aṣṭāṅgahr̥dayasaṃhitā

kāryaṃ medobhave+apyetattaptaiḥ phālādibhiśca
tam | | 5 | |
pramṛdyātiladigdhenā channaṃ
dviḡuṇavāsasā | | 6 | |
śastreṇa pāṭayitvā vā dāhenmedasi
sūddhṛte | | 6 | | § 22761

6.30.14 Sarvāṅgasundarā

medoje+apyetat kāryam | taṃ ca-medodbhavaṃ gra-
nthiṃ, tilakalkadigdhenā dviḡuṇavāsasā channaṃ santam
taptaiḥ phālādibhirupaspr̥śet | athavā śastreṇa pāṭayitvā
medasi niḥśeṣamuddhṛte satyagninā dahet | § 22762

6.30.15 Aṣṭāṅgahr̥dayasaṃhitā

sirāgranthau nave peyaṃ tailaṃ sāhacaraṃ, tathā | | 7 | |
upanāho+anilaharairbastikarma
sirāvyadhaḥ | | 7 | | § 22764

6.30.16 Sarvāṅgasundarā

sirāgranthau ca nave sāhacaraṃ tailaṃ peyam | tathā vāt-
aghnairupanāho hito bastikarma sirāvyadhaśca | § 22765

6.30.17 Aṣṭāṅgahr̥dayasaṃhitā

arbude granthivat kuryāt yathāsvaṃ sutarāṃ
hitam | | 8 | |

ajāśakṛcchigrūmūlalākṣāsurasalavaṇakṣāra)-
kāñjikaiḥ | | 1 | |

vastrabaddhairupasvedya mardayitvā pralepa-
yet | | 1 | | upodakāpatrapinḍyā chadairācchā-
ditam ghanam | | 2 | | niveśya paṭṭam badhnī-
yācchāmyatyevaṃ navārbudam | | 2 | | jīrṇe cā-
rkacchadasudhāsāmudraguḍakāñjikaiḥ | | 3 | | pracchāne
piṇḍikā baddhā granthyarbudavilāyanī

6.30.18 Sarvāṅgasundarā

arbude granthāviva sarvaṃ yathāyogaṃ sutarāṃ hitaṃ
kuryāt | § 22769

6.30.19 Aṣṭāṅgahr̥dayasamhitā

ślīpade+anilaje vidhyet snigdhasvinnopanāhite | | 8 | |
sirāmupari gulphasya dvyaṅgule, pāyayecca
tam | | 9 | |
māsameraṇḍajam tailam gomūtreṇa
samanvitam | | 9 | |
jīrṇe jīrṇānnamaśnīyācchuṅṭhīśṛtapayonvi-
tam | | 10 | |
traivṛtam vā pibedevamaśāntāvagninā
dahet | | 10 | | § 22774

5

6.30.20 Sarvāṅgasundarā

ślīpade vātotthe snigdhe svinna upanāhite ca gulphasya
dvayaṅgula upari sirāṃ vidhyet | tam ca-ślīpadinaṃ, mā-
sameraṇḍodbhavaṃ tailam gomūtrayutam pāyayet | jī-
rṇe cairāṇḍataile purāṇamannaṃ śālyodanaṃ suṅṭhīśṛt-
ena kṣīreṇa sahāśnīyāt | traivṛtam vā pibet | evamapyāś-
āntau vahninā dahet | tathā gulphasyādhasṭātsirāṃ mokṣ-
ayet | § 22775

5

6.30.21 Aṣṭāṅgahr̥dayasaṃhitā

gulphasyādhaḥ sirāmokṣaḥ paitte sarvaṃ ca
pittajit | | 11 | | § 22776

6.30.22 Sarvāṅgasundarā

paitte tu ślīpade sarvaṃ pittajiccikitsitaṃ hitam | § 22777

6.30.23 Aṣṭāṅgahr̥dayasaṃhitā

sirāmaṅguṣṭhake vidhvā kaphaje śīlayedyavān | | 11 | |
sakṣaudrāṇi kaṣāyāṇi
varddhamānāstathā+abhayāḥ | | 12 | |
limpetsarṣapavārtākimūlābhyāṃ
dhanvayā+athavā | | 12 | | § 22780

6.30.24 Sarvāṅgasundarā

kaphaje tu sirāmaṅguṣṭhake vidhvā yavānnaṃ śīlayet | ka-
ṣāyaguṇayuktāni dravyāṇi māḥṣikānvitāni hitāni | tathā
varddhamānā dvitryādikrameṇa harītakyo hitāḥ | sarṣapai-
rvārtākīmūlena ca limpet | dhānya(dhanva)yā-yavāsakayā
5 vā, niṣuṅṭhyā limpet | § 22781

6.30.25 Aṣṭāṅgahr̥dayasaṃhitā

ūrdhvādhaḥśodhanaṃ peyamapacyāṃ sādhitam
ghṛtam | | 13 | |
dantīdravantītrivṛtājālinīdevadālibhiḥ | | 13 | |
śīlayetkaphamedogham
dhūmagaṇḍūṣanāvanam | | 14 | |
sirayā+apaharedraktaṃ, pibenmūtreṇa
5 tārṣyajam | | 14 | |
palamarddhapalam vā+api karṣam
vā+apyuṣṇavāriṇā | | 1 | |
kāñcanāratvacam pītvā gaṇḍamālām vyapohati

6.30.26 Sarvāṅgasundarā

apacyāmūrdhvādhaḥ śodhanam dantyādibhiḥ sādhitam
ghṛtam pātavyam | tathā kaphamedoharam dhūmādika-
mabhyaset | sirayā raktam haret | rasāñjanam gomūtreṅ-
āloḍitam pibet | § 22788

6.30.27 Aṣṭāṅgahr̥dayasamhitā

granthīnapakvānālimpennākulīpaṭunāgaraiḥ | | 15 | |
svinnān lavaṇapoṭalyā kaṭhinānanu
mardayet | | 15 | | § 22790

6.30.28 Sarvāṅgasundarā

āmān granthīnnākulyādibhirālimpet | kaṭhinān granthī-
llavaṇapoṭalyā svinnān paścadaṅguṣṭhādīnā mardayet |
§ 22791

6.30.29 Aṣṭāṅgahr̥dayasamhitā

śamīmūlakaśigrūṇam bijaiḥ sayavasarsapaiḥ | | 16 | |
lepaḥ piṣṭo+amlatakreṇa
granthigaṇḍavilāyanaḥ | | 16 | |
kṣuṇṇāni nimbapatrāṇi klṛptairbhallātakaiḥ
saha | | 1 | |
śarāvasampute dagdhvā sārdham siddhārthak-
aiḥ samaiḥ | | 1 | | etacchāgāmbunā piṣṭam ga-
ṇḍamālāpralepanam

6.30.30 Sarvāṅgasundarā

śamyādibhiramlatakrapīṣṭairlepo granthyādivimlāpa(lāya)naḥ |
§ 22796

6.30.31 Aṣṭāṅgahr̥dayasaṃhitā

pākonmukhān srutāsrasya pittaśleṣmaharairjayet | | 17 | |
apakvāneva voddhṛtya
kṣārāgnibhyāmupācaret | | 17 | | § 22798

6.30.32 Sarvāṅgasundarā

pākonmukhān granthīn srutaraktasya pittaśleṣmaghnai-
rdravyairjayet | athavā+apakvāneva granthīnuddhṛtya kṣ-
ārāgnibhyāmupakramet | § 22799

6.30.33 Aṣṭāṅgahr̥dayasaṃhitā

kākādanīlāṅgalikānahitottuṇḍikīphalaiḥ | | 18 | |
jīmūtabījakarkoṭīviśālākṛtavedhanaiḥ | | 18 | |
pāṭhānvitaiḥ palārdhaśairviṣakarṣayutaiḥ
pacet | | 19 | |
prasthaṃ karaṅjatailasya
nirugṇḍīsvarasādhake | | 19 | |
5 anena mālā gaṇḍānāṃ cirajā pūyavāhinī | | 20 | |
sidhyatyasādhyakalpā+api
pānābhyañjananāvanaiḥ | | 20 | | § 22805

6.30.34 Sarvāṅgasundarā

kākādanyādibhiḥ kalkairdvikarṣonmitairviṣakarṣayutaiḥ
karaṅjatailasya prasthaṃ nirugṇḍīsvarasasyādhake pa-
cet | tena (anena) tailena gaṇḍamālā cirothā pūyavāhinī
cāsādhyaprāyā+api pānādibhiḥ sidhyati | § 22806

6.30.35 Aṣṭāṅgahr̥dayasaṃhitā

tailaṃ lāṅgalikīkandakalkapādaṃ caturguṇe | | 21 | |
nirugṇḍīsvarase pakvaṃ
nasyādyairapacīpraṇut | | 21 | | § 22808

6.30.36 Sarvāṅgasundarā

lāṅgalikīkandakalkapādaṃ nirguṇḍīsvarase caturguṇe ta-
ilaṃ pakvaṃ nasyādyairapacījit | lāṅgalikīkandakalkaḥ
pādo yasmistaile tadevam | § 22809

6.30.37 Aṣṭāṅgahr̥dayasaṃhitā

bhadraśrīdārumaricadviharidrātrivṛddhanaiḥ | | 22 | |
manaḥ śilālanaladaviśālākavīrakaiḥ | | 22 | |
gomūtrapiṣṭaiḥ palikairviṣasyārdhapalena
ca | | 23 | |
brāhmīrasārkaḥkajakṣīragośakṛdrasasaṃyutam | | 23 | |
prasthaṃ sarṣapatailasya siddhamāśu 5
vyapohati | | 24 | |
pānādyaiḥ śīlitaṃ
kuṣṭhaduṣṭanāḍivraṇāpacīḥ | | 24 | | § 22815

6.30.38 Sarvāṅgasundarā

bhadraśrīdārvādibhiḥ palikairgomūtrapiṣṭairviṣasya cā-
rdhapalena yuktairbrāhmīrasādibhiḥ saṃyutaṃ sarṣapa-
tailaprasthaṃ pakvaṃ pānādyairabhyastaṃ kuṣṭhādīn śī-
ghrameva hanti | § 22816

6.30.39 Aṣṭāṅgahr̥dayasaṃhitā

vacāharītakīlākṣākaṭurohiṇicandanaiḥ | | 25 | |
tailaṃ prasādhitaṃ pītaṃ samūlāmapacīṃ
jayet | | 25 | | § 22818

6.30.40 Sarvāṅgasundarā

vacāharītakīlākṣākaṭurohiṇicandanaiḥ | | 25 | |
tailaṃ prasādhitaṃ pītaṃ samūlāmapacīṃ
jayet | | 25 | | § 22818

6.30.41 Aṣṭāṅgahr̥dayasaṃhitā

śarapuṅkhodbhavaṃ mūlaṃ piṣṭaṃ
tandulavāriṇā | | 26 | |
nasyāllepācca
duṣṭārupacīviṣajantujit | | 26 | | § 22821

6.30.42 Sarvāṅgasundarā

śarapuṅkhāmūlaṃ tandulajalena piṣṭaṃ nasyena lepan-
ena ca duṣṭāruḥprabhṛtīn hanti | § 22822

6.30.43 Aṣṭāṅgahr̥dayasaṃhitā

mūlairuttamakāraṇyāḥ pīluparṇyāḥ sahācarāt | | 27 | |
sarodhrābhayayaṣṭyāhvāsatāhvādvīpidārubhiḥ | | 27 | |
tailaṃ kṣīrasamaṃ siddhaṃ nasye+abhyaṅge ca
pūjitam | | 28 | | § 22825

6.30.44 Sarvāṅgasundarā

uttamakāraṇyādīnāṃ mūlaistailaṃ kṣīratulyaṃ siddhaṃ
nasye+abhyaṅge ca hitam | uttamaivottamaketī "anyatar-
asyām" iti hrasvaḥ | uttamakā cāsāvaraṇīśca(ṇī ca) uttam-
akāraṇītyarthaḥ | uttamakāraṇī-karambhaḥ(mbhā) | § 22826

6.30.45 Aṣṭāṅgahr̥dayasaṃhitā

govyajāśvakhurā dagdhāḥ kaṭutailena lepanam | | 28 | |
aiṅgudena tu kṣṇāhīrvāyaso vā svayaṃ
mṛtaḥ | | 29 | | § 22828

6.30.46 Sarvāṅgasundarā

gavādīnāṃ khurā dagdhāḥ kaṭutailena vimīśritena lepo hi-
taḥ | kṣṇasarpo dagdha iṅgudītailena, kāko vā svayaṃ
mṛta iṅgudītailena, lepanaṃ hitam | § 22829

6.30.47 Aṣṭāṅgahr̥dayasaṃhitā

ityaśāntau gadasyānyapārśvajaṅghāsamāśritam | | 29 | |
basterūrdhvamadhastādvā medo hr̥tvā+agninā
dahet | | 30 | | § 22831

6.30.48 Sarvāṅgasundarā

evamapyāśāntau satyāṃ rogasyāparapārśvajaṅghāsamā-
śritam basterūrdhvamadhastādvā medo hr̥tvā jvalanena
dahet | § 22832

6.30.49 Aṣṭāṅgahr̥dayasaṃhitā

sthitasyordhvaṃ padaṃ mitvā tanmānena ca
pārṣṇitaḥ | | 30 | |
tata ūrdhvaṃ hared granthīnityāha
bhagavānnimiḥ | | 31 | | § 22834

6.30.50 Sarvāṅgasundarā

sthitasya puṃsa ūrdhvaṃ padaṃ mitvā tanmānena pārṣṇ-
ipradeśāt tāvanmātraṃ mitvā tata ūrdhva granthīn haret,
iti nimimuniḥ prājyāśayo vadatīti | § 22835

6.30.51 Aṣṭāṅgahr̥dayasaṃhitā

pārṣṇiṃ prati dvādaśa cāṅgulāni muktvendrabastiṃ ca
gadānyapārśve | | 31 | |
vidārya matsyāṅḍanibhāni madhyājḡālāni
karṣediti suśrutoktiḥ | | 31 | | § 22837

6.30.52 Sarvāṅgasundarā

pārṣṇiṃ lakṣīkr̥tya dvādaśāṅgulāni mittvā indrabastiṃ
muktvā gadasyāparapārśve vidārya madhyānmatsyāṅḍa-

sadr̥śāni jālāni karṣet, evaṃ suśrutasya vacanam | upajāti-
vṛttam | § 22838

6.30.53 Aṣṭāṅgahr̥dayasaṃhitā

ā gulphakarṇātsumitasya jantostasyāṣṭabhāgam
khuḍakādvibhajya | | 32 | |
ghrāṇārjave+adhaḥ
surarājabasterbhittvā+akṣamātram tvapare
vadanti | | 32 | | § 22840

6.30.54 Sarvāṅgasundarā

gulphāntam yāvat karṇādārabhya prāṇinaḥ suṣṭhu mita-
sya karṇānām hrasvalambatvenāniyatasthānatvāt sthāna-
niyamaṃ karoti | ghrāṇārjava iti | etaduktaṃ bhavati | nā-
sāgrāt karṇam prati sṛṣṭatve sati sumitasya karṇād gu-
5 lpham yāvanna tvevameva, tathā tasya narasya khuḍakād
gulphādaṣṭabhāgam bibhajya-tyaktvā, indrabasteradhast-
ādbhittvā+akṣamātram karṣet, ityapare vadanti | indrava-
jrāvṛttam | § 22841

6.30.55 Aṣṭāṅgahr̥dayasaṃhitā

upanāhyānilānnāḍīm pāṭitām sādhu lepayet | | 33 | |
pratyakpuṣpīphalayutaistilaiḥ piṣṭaiḥ
sasaindhavaiḥ | | 33 | | § 22843

6.30.56 Sarvāṅgasundarā

vātānnāḍīmupanāhya pāṭayitvā sādhu kṛtvā+apāmārgādibhirlepayet |
§ 22844

6.30.57 Aṣṭāṅgahr̥dayasaṃhitā

paittim̐ tu tilamañjiṣṭhānāgadantīniśādvay-
aiḥ | | 34 | | § 22845

6.30.58 Sarvāṅgasundarā

paittim̐ tu pāṭitām satim̐ tilādibhiḥ pradehayet | § 22846

6.30.59 Aṣṭāṅgahr̥dayasaṃhitā

ślaiṣmikim̐ tilasaurāṣṭrīnikumbhāriṣṭasaindhav-
aiḥ | | 34 | | § 22847

6.30.60 Sarvāṅgasundarā

śalaiṣmikim̐ ca pāṭitām tilasaurāṣṭryādibhiḥ pradehayet |
§ 22848

6.30.61 Aṣṭāṅgahr̥dayasaṃhitā

śalyajām tilamadhvājyairlepayecchinnaśodhi-
tām | | 35 | | § 22849

6.30.62 Sarvāṅgasundarā

śalyajām gatim̐ chinnām śodhitām ca tilamadhvājyairlepa-
yet | § 22850

6.30.63 Aṣṭāṅgahr̥dayasaṃhitā

aśastrakṛtyāmeṣiṇyā bhitiṅvā+ante samyageṣitām | | 35 | |
kṣārapītena sūtreṇa bahuśo dārayed
gatim̐ | | 36 | | § 22852

6.30.64 Sarvāṅgasundarā

śastreṇa chedanānarhāṃ gatiṃ samyageṣitāmeṣiṇyā bhi-
ttvā+ante kṣārayuktena sūtreṇa punaḥpunardārayet | § 22853

6.30.65 Aṣṭāṅgahr̥dayasaṃhitā

vraṇeṣu duṣṭasūkṣmāsyagambhīrādiṣu sādhanam | |36| |
yā vartyo yāni tailāni tannāḍiṣvapi
śasyate | |37| | § 22855

6.30.66 Sarvāṅgasundarā

duṣṭeṣu sūkṣmamukheṣu gambhīrādiṣu vraṇeṣu yatsā-
dhanam kathitam, yā vartaya uktāḥ, yāni tailāni, tat-
etaccikitsitam, nāḍiṣvapi yujyate | § 22856

6.30.67 Aṣṭāṅgahr̥dayasaṃhitā

piṣṭam cañcuphalam lepānnāḍivraṇaharam
param | |37| | § 22857

6.30.68 Sarvāṅgasundarā

cañcoḥ phalam piṣṭam lepena param nāḍivraṇahṛt | § 22858

6.30.69 Aṣṭāṅgahr̥dayasaṃhitā

ghoṇṭāphalatvak lavaṇam salākṣam būkasya patram
vanitāpayaśca | |38| |
srugarkadugdhanvita eṣa kalko vartikṛto
hantyacireṇa nāḍim | |38| | § 22860

6.30.70 Sarvāṅgasundarā

ghoṇṭāphalādikaḥ strīkṣīrasrugarkadugdhayuta eṣa kalko
vartikṛto drāgeva nāḍim hanti | indravajrāvṛttam | § 22861

6.30.71 Aṣṭāṅgahr̥dayasaṃhitā

sāmudrasauvarcalasindhujanma

supakvaghonṭāphalaveśmadhūmāḥ | | 39 | |

āmrātagāyatrijapallavāśca kaṭaṃkaṭeryāvatha

cetakī ca | | 39 | |

kalke+abhyaṅge cūrṇe vartyāṃ caiteṣu

śīlyamāneṣu | | 40 | |

agatiriva naśyati gatiścapalā capaleṣu

bhūtiriva | | 40 | | § 22865

iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbha- 5
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ ṣaṣṭha uttarasth-
āne granthiyarbudaślīpadāpacīnāḍīpratiṣedho nāma tri-
ṃśo+adhyāyaḥ | | 30 | | § 22866

6.30.72 Sarvāṅgasundarā

samudralavaṇādikaṃ kalke+abhyaṅge cūrṇe vartyāṃ cā-
mīṣvabhyasyamāneṣvavidyamānagatiriva gatiḥ śīghraṃ

naśyati | capalā capaleṣu nareṣu bhūtiḥ-vittaṃ, yatheti |

upajātirāryā ca | iti śrīmr̥gāṅkadattaputraśrīmadaruṇada- 5

ttaviracitāyāmaṣṭāṅgahr̥da yaṭīkāyāṃ sarvāṅgasundarā-

khyāyāṃ ṣaṣṭha uttarasthāne granthiyarbudaślīpadāpacīn-

āḍīpratiṣedho nāma triṃśo+adhyāyaḥ samāptaḥ | | 30 | |

§ 22867

6.31 kṣudrarogavijñānīyādhyāyaḥ : 31

6.31.1 Aṣṭāṅgahr̥dayasaṃhitā

athātaḥ kṣudrarogavijñānīyaṃ vyākhyāsyāmaḥ | | 2 | |

iti ha smāhurātrayādayo maharṣayaḥ | | 2 | |

snigdḥā savarṇā grathitā nīrujā

mudgasannibhā | | 1 | |

piṭikā kaphavātābhyāṃ

bālānāmajagallikā | | 1 | | § 22871

6.31.2 Sarvāṅgasundarā

bālānām kaphavātābhyāṃ snigdhdādiguṇayuktā piṭikā+ajagallikākhyā
syāt | § 22872

6.31.3 Aṣṭāṅgahr̥dayasaṃhitā

yavaprakhyā yavaprakhyā tābhyāṃ māṃsāśritā
ghanā | | 2 | | § 22873

6.31.4 Sarvāṅgasundarā

tābhyāṃ-vātakaphābhyāṃ, yavaprakhyā-yavasamjñā | sā
yavaprakhyā-yavākārā, māṃsāśritā ghanā kaṭhinā ca |
§ 22874

6.31.5 Aṣṭāṅgahr̥dayasaṃhitā

avaktrā cālaī vṛttā stokapūyā ghanonnatā | | 2 | |
granthayaḥ pañca vā ṣaḍvā kacchapī
kacchaponnatāḥ | | 3 | | § 22876

6.31.6 Sarvāṅgasundarā

granthayaḥ pañca vā ṣaḍvā, kimbhūtāḥ ? amukhāsta-
thā+alajīva vṛttāḥ-vartulāḥ, stokapūyā ghanā unnatāśca
kacchapītyucyate | sā ca kacchaponnatā syāt | § 22877

6.31.7 Aṣṭāṅgahr̥dayasaṃhitā

karnasyordhvaṃ samantādvā piṭikā kaṭhinograruk | | 3 | |
śālūkābhā
panasikā----- | | 4 | | § 22879

6.31.8 Sarvāṅgasundarā

karṇasyopariṣṭāt parito vā piṭikā kaṭhinā tivraruḅā śālūka-
nibhā panasikāsamjñā | § 22880

6.31.9 Aṣṭāṅgahrdayasamhitā

-----śophastvalparujaḅ sthiraḅ | | 4 | |
hanusandhisamudbhūtastābhyāṃ
pāṣāṅagardabhaḅ | | 4 | | § 22882

6.31.10 Sarvāṅgasundarā

śopho+alparujaḅ sthira hanusandhisamāśrito vātakaphā-
bhyāṃ pāṣāṅagardabhaḅ | § 22883

6.31.11 Aṣṭāṅgahrdayasamhitā

śālmalikaṅṭakākārāḅ piṭikāḅ sarujo ghanāḅ | | 5 | |
medogarbhā mukhe yūnāṃ tābhyāṃ ca
mukhadūṣikāḅ | | 5 | | § 22885

6.31.12 Sarvāṅgasundarā

vātakaphābhyāṃ śālmalikaṅṭakasadrśāḅ piṭikā rujānvitā
ghanā medogarbhāstaruṅānāṃ mukhe syuḅ | tāśca mukh-
adūṣikāḅ | § 22886

6.31.13 Aṣṭāṅgahrdayasamhitā

te padmakaṅṭakā jñeyā yaḅ padmamiva kaṅṭakaiḅ | | 6 | |
cīyate nīrujaiḅ śvetaiḅ śarīraṃ
kaphavātajaiḅ | | 6 | | § 22888

6.31.14 Sarvāṅgasundarā

padmakaṇṭakasamjñāste vedyāḥ, yaiḥ kaṇṭakairnīrujaiḥ
śvetavarṇairvātakaphajaiḥ padmamiva śarīraṃ cīyate |
§ 22889

6.31.15 Aṣṭāṅgahr̥dayasaṃhitā

pittena piṭikā vṛttā pakvodumbarasannibhā | | 7 | |
mahādāhajvarakarī vivṛtā
vivṛtānanā | | 7 | | § 22891

6.31.16 Sarvāṅgasundarā

pittena yā piṭikā vartulā pakvodumbaraphalanibhāmahā-
dāhajvarakṛcca, sā vivṛtākhyā vivṛtamukhā syāt | § 22892

6.31.17 Aṣṭāṅgahr̥dayasaṃhitā

gātreṣvantaśca vaktrasya dāhajvararujānvitāḥ | | 8 | |
masūramātrāstadvarṇāstatsamjñāḥ piṭikā
ghanāḥ | | 8 | | § 22894

6.31.18 Sarvāṅgasundarā

gātreṣu-avayaveṣu, vaktrasya cāntare dāhādiyutā masūr-
apramāṇāstadvarṇāstatsamjñā masūrikā ghanāḥ piṭikāḥ |
§ 22895

6.31.19 Aṣṭāṅgahr̥dayasaṃhitā

tataḥ kaṣṭatarāḥ sphoṭā visphoṭākhyā
mahārujāḥ | | 9 | | § 22896

6.31.20 Sarvāṅgasundarā

tābhyo masūrikābhyo dāruṇatamāḥ sphoṭā mahārujā vi-
sphoṭāsamjñāḥ | § 22897

6.31.21 Aṣṭāṅgahr̥dayasamhitā

yā padmakarṇikākārā piṭikā piṭikācitā | | 9 | |
sā viddhā
vātapittābhyām----- | | 10 | | § 22899

6.31.22 Sarvāṅgasundarā

padmakarṇikānibhā yā piṭikā piṭakairācitā, sā vātapittā-
bhyām viddhākhyā syāt | § 22900

6.31.23 Aṣṭāṅgahr̥dayasamhitā

-----tābhyāmeva ca gardabhī | | 10 | |
maṇḍalā vipulotsannā
sarāgapīṭikācitā | | 10 | | § 22902

6.31.24 Sarvāṅgasundarā

tābhyāmeva-vātapittābhyām, gardabhīsamjñā maṇḍalāk-
ārā vistīrṇā tathotsannā sarāgapīṭakairācitā | § 22903

6.31.25 Aṣṭāṅgahr̥dayasamhitā

kakṣeti kakṣāsanneṣu prāyo deṣeṣu sā+anilāt | | 11 | |
pittādbhavanti piṭikāḥ sūkṣmā lājopamā
ghanāḥ | | 11 | | § 22905

6.31.26 Sarvāṅgasundarā

kakṣānikateṣu pradeṣeṣu sā gardabhī kakṣetyucyate | sā ca
vātāt syāt | tasyāmeva pittena sūkṣmāḥ piṭikā lājākārā gh-
anāḥ kakṣāsaṃjñā eva syuḥ | § 22906

6.31.27 Aṣṭāṅgahr̥dayasaṃhitā

tādr̥śī mahatī tvekā gandhanāmeti kīrtitā | | 12 | | § 22907

6.31.28 Sarvāṅgasundarā

tādr̥śī-lājasadr̥śī, mahatī piṭikaikā gandhanāmeti smṛtā |
§ 22908

6.31.29 Aṣṭāṅgahr̥dayasaṃhitā

gharmasvedaparīte+aṅge piṭikāḥ sarujo ghanāḥ | | 12 | |
rājikāvarṇasaṃsthānapramāṇā
rājikāhvayāḥ | | 13 | | § 22910

6.31.30 Sarvāṅgasundarā

gharmasvedayukte śarīre piṭikā rujāyutā ghanā rājikāva-
rṇā rājikākārā rājikāpramāṇā rājikāsaṃjñāḥ | § 22911

6.31.31 Aṣṭāṅgahr̥dayasaṃhitā

doṣaiḥ pittolbaṇairmandairvisarpiti visarpavat | | 13 | |
śopho+apākastanustāmro
jvarakṛjjālagardabhaḥ | | 14 | | § 22913

6.31.32 Sarvāṅgasundarā

pittādhikairdoṣairmandairyāḥ śopho visarpa iva visarpati,
tathā+apākastanustāmrvārṇo jvarakārī ca, sa jālagarda-
bhaḥ syāt | § 22914

6.31.33 Aṣṭāṅgahr̥dayasaṃhitā

malaiḥ pittolbaṇaiḥ sphoṭā jvariṇo
māṃsadāraṇāḥ | | 14 | |
kākṣābhāgeṣu jāyante ye+agnyābhāḥ
sā+agnirohiṇī | | 15 | |
pañcāhātsaptarātrādvā pakṣādvā
hantijīvitam | | 15 | | § 22917

6.31.34 Sarvāṅgasundarā

pittolbaṇairmalairjvaravato māṃsadāraṇāḥ sphoṭāḥ kākṣ-
āpradeṣeṣu ye+agnisadr̥śā jāyante, sā+agnirohiṇītyucyate |
pañcāhena saptarātreṇa pakṣeṇa vā jīvitam hanti | § 22918

6.31.35 Aṣṭāṅgahr̥dayasaṃhitā

trilingā piṭikā vṛttā jatrūrdhvamirivellikā | | 16 | | § 22919

6.31.36 Sarvāṅgasundarā

tridoṣalakṣaṇā piṭikā vartulā jatruṇa ūrdhvamirivellikā-
khyā | § 22920

6.31.37 Aṣṭāṅgahr̥dayasaṃhitā

vidārīkandakaṭhinā vidārī kākṣavaṅkṣaṇe | | 16 | | § 22921

6.31.38 Sarvāṅgasundarā

vidārīkandavat kaṭhinā kākṣāyāṃ vaṅkṣaṇe ca vidārī
syāt | kākṣā ca vaṅkṣaṇam ca kākṣāvaṅkṣaṇam tasmin |
"pañyoḥ" (?) ityādinā hrasvaḥ | § 22922

6.31.39 Aṣṭāṅgahr̥dayasaṃhitā

medonilakaphairgranthiḥ

snāyumāṃsasirāśrayaiḥ | | 17 | |

bhinno vasājyamadhvābhaṃ

sravettatrolbaṇo+anilaḥ | | 17 | |

māṃsaṃ viśoṣya grathitāṃ

śarkarāmupapādayet | | 18 | |

durgandhaṃ rudhiraṃ klinnaṃ nānāvarṇaṃ

tato malāḥ | | 18 | |

5 tāṃ srāvayanti nicitāṃ

vidyāttaccharkarārbudam | | 19 | | § 22927

6.31.40 Sarvāṅgasundarā

medaḥpavanakaphaiḥ snāyumāṃsasirāśrayairgranthiḥ syāt |

sa ca bhinno vasāghṛtamadhunibhaṃ sravet | tasmin pav-

ano+adhiko māṃsaṃ viśoṣya grathitāṃ śarkarāṃ kuryāt |

tato doṣāstāṃ-śarkarāṃ, nicitāṃ durgandhaṃ lohitaṃ kl-

5 innaṃ vividhavarṇaṃ srāvayanti | tat evaṃvidhaṃ, śark-
arārbudam vidyāt | § 22928

6.31.41 Aṣṭāṅgahr̥dayasaṃhitā

pāṇipādātale sandhau jatrūrdhvaṃ vopacīyate | | 19 | |

valmīkavacchanairgranthistadvadbahvaṇubhirmukhaiḥ | | 20 | |

rugdāhakaṇḍūkledāḍhyairvalmīko+asau

samastajaḥ | | 20 | | § 22931

6.31.42 Sarvāṅgasundarā

pāṇitale pādātale sandhau jatrūrdhvaṃ vā granthirvalm-

īka iva śanairupacīyate | tadvatvalmīkavat, bahūni ca tā-

nyaṇūni ca, tairbhūrisūkṣmairvadanairupalakṣito rugdāh-

akaṇḍūkledabahulo valmīkākhyo+asau tridoṣajaḥ | § 22932

6.31.43 Aṣṭāṅgahr̥dayasaṃhitā

śarkaronmathite pāde kṣate vā kaṅṭakādibhiḥ | | 21 | |
granthiḥ kīlavadutsanno jāyate kadaram tu
tat | | 21 | | § 22934

6.31.44 Sarvāṅgasundarā

śarkarādibhirunmathite pāde kaṅṭakādibhivā kṣate kīlas-
adr̥śo granthirutsanno jāyate, tatkadaram nāma | § 22935

6.31.45 Aṣṭāṅgahr̥dayasaṃhitā

vegasandhāraṇādvāyurapāno+apānasaṃśrayam | | 22 | |
aṅūkaroti bāhyāntarmārgasya tataḥ
śakṛt | | 22 | |
kṛcchrānnirgacchati vyādhirayaṃ ruddhagudo
mataḥ | | 23 | | § 22938

6.31.46 Sarvāṅgasundarā

apānākhyo vāyurvegasandhāraṇādapānāśrayaṃ mārgaṃ
bāhyāntaraṅūkaroti | tato+asya-āturasya, kṛcchreṇa śakṛ-
nniryāti | ayaṃ rogo ruddhagudo mataḥ | § 22939

6.31.47 Aṣṭāṅgahr̥dayasaṃhitā

kuryātpittānilaṃ pākaṃ nakhamāṃse
sarugjvaram | | 23 | |
cipyamakṣatarogaṃ ca vidyādupanakhaṃ ca
tam | | 24 | | § 22941

6.31.48 Sarvāṅgasundarā

pittānilaṃ karṭṛ nakhamāṃse sarugjvaram pākaṃ ku-
ryāt | taṃ cipyam tathā+akṣatarogamupanakhaṃ ca vi-
dyāt | § 22942

6.31.49 Aṣṭāṅgahr̥dayasaṃhitā

kṛṣṇo+abhighātādr̥kṣaśca kharaśca kunakho
nakhaḥ | | 24 | | § 22943

6.31.50 Sarvāṅgasundarā

abhighātāt kṛṣṇavarṇo r̥kṣaśca kharaśca nakhaḥ kunakh-
ākhyaḥ | § 22944

6.31.51 Aṣṭāṅgahr̥dayasaṃhitā

duṣṭakardamasamsparsāt kaṇḍūkledānvitāntarāḥ | | 25 | |
aṅgulyo+alasaṃmityāhuḥ-----
| | 25 | | § 22946

6.31.52 Sarvāṅgasundarā

duṣṭakardamasamsparsāt kaṇḍūkledayutāntarā aṅgulyo+alasaṃmity-
vadanti | § 22947

6.31.53 Aṣṭāṅgahr̥dayasaṃhitā

-----tilābhāṃstilakālakān | | 25 | |
kṛṣṇānavedanāṃstvaksthān-----
| | 26 | | § 22949

6.31.54 Sarvāṅgasundarā

tilasadr̥śān kṛṣṇavarṇānarujāṃstvaksthāṃstilakālakānāhuḥ |
§ 22950

6.31.55 Aṣṭāṅgahr̥dayasaṃhitā

-----maṣāṃstāneva
connatān | | 26 | | § 22951

6.31.56 Sarvāṅgasundarā

tāneva tilakālakānunnatān maṣānāhuḥ | § 22952

6.31.57 Aṣṭāṅgahr̥dayasaṃhitā

maṣebhyaṣtūnnatatarāṃścarmakīlān
sitāsītān | | 26 | | § 22953

6.31.58 Sarvāṅgasundarā

maṣebhyaḥ sakāśādunnatatarān varṇataḥ sitāsītān carma-
kīlāṃstānāhuḥ | § 22954

6.31.59 Aṣṭāṅgahr̥dayasaṃhitā

tathāvidho jatumaṇiḥ sahajo lohitastu saḥ | | 27 | | § 22955

6.31.60 Sarvāṅgasundarā

tatpramāṇo jatumaṇiḥ sahajo lohitavarṇaścāsau syāt |
§ 22956

6.31.61 Aṣṭāṅgahr̥dayasaṃhitā

kṛṣṇaṃ sitaṃ vā sahajaṃ maṇḍalaṃ lāñchanam
samam | | 27 | | § 22957

6.31.62 Sarvāṅgasundarā

śuklaṃ kṛṣṇaṃ vā sahajaṃ maṇḍalākāraṃ śarīrasamaṃ
lāñchanamāhuḥ | § 22958

6.31.63 Aṣṭāṅgahr̥dayasaṃhitā

śokakrodhādikupitādvātapittānmukhe tanu | | 28 | |
śyāmalaṃ maṇḍalaṃ vyaṅgaṃ, vaktrādanyatra
nīlikā | | 28 | |
paruṣaṃ paruṣasparśaṃ vyaṅgaṃ śyāvaṃ ca
mārutāt | | 29 | |
pittātmrāntamānīlaṃ, śvetāntaṃ
kaṇḍumatkaphāt | | 29 | |
5 raktādraktāntamātāmra sauṣaṃ
cimicimāyate | | 30 | | § 22963

6.31.64 Sarvāṅgasundarā

vātapittācchokādikruddhāt tanu śyāmavarṇaṃ maṇḍalā-
kāraṃ mukhe vyaṅgaṃ vadanti | mukādanyatra nīlikā |
paruṣacchavistathā paruṣasparśaṃ śyāmavarṇaṃ ca vya-
ṅgaṃ vātāt syāt | pittena tmrāntaṃ kiñcinnīlam | kaph-
5 ena śvetāntaṃ sakaṇḍu ca syāt | raktādraktāntaṃ kiñcitt-
āmramoṣayutaṃ cimicimāyate ca | § 22964

6.31.65 Aṣṭāṅgahr̥dayasaṃhitā

vāyunodīritaḥ śleṣmā tvacaṃ prāpya viśuṣyati | | 30 | |
tatastvagjāyate pāṇḍuḥ krameṇa ca
vicetanā | | 31 | |
alpakaṇḍūravikledā sā prasuptiḥ
prasuptitaḥ | | 31 | | § 22967

6.31.66 Sarvāṅgasundarā

pavanena kaphaḥ preritastvacaṃ prāpya viśuṣyati | anant-
araṃ tvak pāṇḍuḥ krameṇa ca vicetanā alpakaṇḍūrvikle-
darahitā ca jāyate | sā prasuptitaḥ prasuptiḥ syāt | § 22968

6.31.67 Aṣṭāṅgahr̥dayasaṃhitā

asamyagvamanodīrṇapittaśleṣmāniganirahaiḥ | | 32 | |
maṇḍalānyatikaṇḍūni rāgavanti bahūni
ca | | 32 | |
utkoṭhaḥ----- | | 33 | | § 22971

6.31.68 Sarvāṅgasundarā

asamyagvamanena preritapittaśleṣmāniganirahairmaṇḍa-
lānyatiśayakaṇḍūni lohitaṇi bahūni ca utkoṭhaḥ syāt |
§ 22972

6.31.69 Aṣṭāṅgahr̥dayasaṃhitā

-----so+anubaddhastu koṭha ityabhidhīyate | | 33 | | § 22973

6.31.70 Sarvāṅgasundarā

sa evānubaddhaḥ koṭha ityucyate | § 22974

6.31.71 Aṣṭāṅgahr̥dayasaṃhitā

proktāḥ ṣaṭtriṃśadityete kṣudrarogā vibhāgaśaḥ | | 33 | |
yānavijñāya muhyeta cikitsāyāṃ
cikitsakaḥ | | 31 | |

6.31.72 Sarvāṅgasundarā

iti-anena prakāreṇa, ṣaṭtriṃśat kṣudrarogā vibhāgeno-
ktā iti | iti śrīmr̥gāṅkadattaputraśrīmadaruṇadattaviraci-
tāyāmaṣṭāṅgahr̥daya ṭikāyāṃ sarvāṅgasundarākhyāyāṃ
ṣaṣṭhe uttarasthāne kṣudraroga vijñānīyaṃ nāmaikatri-
mśo+adhyāyaḥ samāptaḥ | | 31 | | § 22978

5

6.32 kṣudrarogapraṭiṣedhādhyayaḥ : 32

6.32.1 Aṣṭāṅgahr̥dayasaṃhitā

athātaḥ kṣudrarogapraṭiṣedhaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
visrāvayejjalaukābhirapakvāmajagallikām | | 1 | | § 22981

6.32.2 Sarvāṅgasundarā

ajagallikāmapakvāṃ jalajanmabhirvisrāvayet | § 22982

6.32.3 Aṣṭāṅgahr̥dayasaṃhitā

svedayitvā yavaprakhyāṃ vilayāya pralepayet | | 1 | |
dārukuṣṭhamanohvālair-----
| | 2 | | § 22984

6.32.4 Sarvāṅgasundarā

yavaprakhyāṃ svedayitvā vilāyanārthaṃ pralepayeddā-
rvādibhiḥ | § 22985

6.32.5 Aṣṭāṅgahr̥dayasaṃhitā

-----ityāpāṣāṇagardabhāt | | 2 | |
vidhistāṃścācaretpakvān
vraṇavatsājagallikān | | 2 | | § 22987

6.32.6 Sarvāṅgasundarā

pāṣāṇagardabhaṃ yāvadeṣa vidhiḥ | tena granthi(alajī)kacchapaśālūka(panasikā
pūrvoktaṃ kāryamityavatiṣṭhate | tāṃśca pakvān ajagall-
ikāṃ ca vraṇavadupakramet | § 22988

6.32.7 Aṣṭāṅgahr̥dayasaṃhitā

rodhrakustumbaruvacāḥ pralepo mukhadūṣike | |3| |
vaṭapallavayuktā vā nārikelotthaśuktayaḥ | |3| |
aśāntau vamaṇaṃ nasyaṃ lalāṭe ca
sirāvyadhaḥ | |4| | § 22991

6.32.8 Sarvāṅgasundarā

mukhadūṣike rodhrādayaḥ pralepaḥ, vaṭapallavayuktā
nārikelaśuktayo vā | evamapyanupaśame vamaṇaṃ na-
syaṃ ca hitam | lalāṭe ca sirāmokṣaḥ | § 22992

6.32.9 Aṣṭāṅgahr̥dayasaṃhitā

nimbāmbuvānto nimbāmbusādhitam
padmakaṇṭake | |4| |
pibetkṣaudrānviṭam
sarpirnimbāragvadhalepanam | |5| | § 22994

6.32.10 Sarvāṅgasundarā

padmakaṇṭake nimbāmbunā kṛtavamano nimbakvāthap-
akvaṃ ghr̥taṃ sakṣaudraṃ pibet | nimbakarṇīkārābhyāṃ
lepaḥ | § 22995

6.32.11 Aṣṭāṅgahr̥dayasaṃhitā

vivṛtādīṃstu jālāntāṃścikitsetserivellikān | |5| |
pittavīsarvavattadvat
pratyākhyāyāgnirohiṇīm | |5| | § 22997

6.32.12 Sarvāṅgasundarā

vivṛtādīn jālāntānnirivellikāṃ ca pittavisarpamiva ciki-
tset | agnirohiṇīm ca pratyākhyāya cikitset | § 22998

6.32.13 Aṣṭāṅgahr̥dayasaṃhitā

vilaṅghanam raktavimokṣaṇam ca virūkṣaṇam
kāyaviśodhanam ca | | 6 | |
dhātrīprayogān śīsirapradehān kuryātsadā
jālakagardabhasya | | 6 | | § 23000

6.32.14 Sarvāṅgasundarā

jālakagardabhasya laṅghanādi yathāvastham sadā kuryāt |
§ 23001

6.32.15 Aṣṭāṅgahr̥dayasaṃhitā

vidārikām hr̥te rakte śleṣmagranthivadācaret | | 7 | | § 23002

6.32.16 Sarvāṅgasundarā

vidārikām rakte srute kaphagranthimiva cikitset | § 23003

6.32.17 Aṣṭāṅgahr̥dayasaṃhitā

medorbudakriyām kuryātsutarām
śarkarārbude | | 7 | | § 23004

6.32.18 Sarvāṅgasundarā

śarkarārbude suṣṭhu medorbudakriyām kuryāt | § 23005

6.32.19 Aṣṭāṅgahr̥dayasaṃhitā

pravṛddham subahucchidram saśopham marmaṇi
sthitam | | 8 | |
valmīkam hastapāde ca
varjayed----- | | 8 | | § 23007

6.32.20 Sarvāṅgasundarā

valmīkaṃ pravṛddhādiguṇaṃ hastapāde jātaṃ ca varja-
yet | § 23008

6.32.21 Aṣṭāṅgahr̥dayasaṃhitā

-----itaratpunaḥ | | 8 | |

śuddhasyāsre hr̥te limpet

sapaṭvārevatāmṛtaiḥ | | 9 | |

śyāmākulatthikāmūladantīpalalāsaktubhiḥ | | 9 | | § 23011

6.32.22 Sarvāṅgasundarā

itarat punarvalmīkaṃ śuddhasya rakte hr̥te śyāmādibhiḥ
salavaṇakarṇikāraguḍūcībhirlimpet | § 23012

6.32.23 Aṣṭāṅgahr̥dayasaṃhitā

pakve tu duṣṭamāṃsāni gatīḥ sarvāśca śodhayet | | 10 | |

śastreṇa samyaganu ca kṣāreṇa jvalanena

vā | | 10 | | § 23014

6.32.24 Sarvāṅgasundarā

pakve tu [valmīke] duṣṭamāṃsāni sarvāśca gatīḥ śodha-
yet | kena ? śastreṇa | katham ? samyak | paścāt kṣāreṇā-
gninā ca (vā) | § 23015

6.32.25 Aṣṭāṅgahr̥dayasaṃhitā

śastreṇotkr̥tya niḥśeṣaṃ snehena kadaraṃ

dahet | | 11 | | § 23016

6.32.26 Sarvāṅgasundarā

kadaraṃ śastreṇa niḥśeṣamutkr̥tya snehena dahet | § 23017

6.32.27 Aṣṭāṅgahr̥dayasaṃhitā

niruddhamaṇivatkāryaṃ
ruddhapāyościkitsitam | | 11 | | § 23018

6.32.28 Sarvāṅgasundarā

ruddhagude cikitsitam niruddhamaṇisadr̥śaṃ kāryam |
§ 23019

6.32.29 Aṣṭāṅgahr̥dayasaṃhitā

cipyam śuddhyā jitoṣmāṇaṃ
sādhayecchastrakarmanā | | 12 | | § 23020

6.32.30 Sarvāṅgasundarā

cipyam śuddhyā-virekādikayā, jitoṣmāṇaṃ santaṃ śastra-
karmanā sādhayet | § 23021

6.32.31 Aṣṭāṅgahr̥dayasaṃhitā

duṣṭam kunakhamapyevaṃ-----
| | 12 | | § 23022

6.32.32 Sarvāṅgasundarā

kunakhaṃ duṣṭamapyevameva sādhayet | § 23023

6.32.33 Aṣṭāṅgahr̥dayasaṃhitā

-----caraṇāvalase punaḥ | | 12 | |
dhānyāmlasiktau
kāśisapaṭolīrocanātilaiḥ | | 13 | |
sanimbapatrairālimped-----
| | 13 | | § 23026

6.32.34 Sarvāṅgasundarā

alase tu caraṇau kañjikasiktau kāsīsādibhiḥ sanimbapatra-
irālimpet | § 23027

6.32.35 Aṣṭāṅgahr̥dayasaṃhitā

-----dahettu tilakālakān | | 13 | |
maṣāṃśca sūryakāntena kṣāreṇa yadi
vā+agninā | | 14 | | § 23029

6.32.36 Sarvāṅgasundarā

tilakālakān maṣāṃśca sūryakāntadibhirdahet | § 23030

6.32.37 Aṣṭāṅgahr̥dayasaṃhitā

tadvadutkr̥tya śastreṇa carmakīlajatūmaṇī | | 14 | | § 23031

6.32.38 Sarvāṅgasundarā

carmakīlajatūmaṇī śastreṇoddhṛ(tkr̥)tya tathaiva sūryakā-
ntādibhirdahet | § 23032

6.32.39 Aṣṭāṅgahr̥dayasaṃhitā

lāñchanāditrāye kuryādyathāsannaṃ
sirāvyadham | | 15 | |
lepayetkṣīrapīṣṭaiśca
kṣīrivṛkṣatvagaṅkuraiḥ | | 15 | | § 23034

6.32.40 Sarvāṅgasundarā

lāñchanādiṣu triṣu-lāñchanavyaṅganīlikāsu, yathāsannaṃ
sirāṃ vidhyet | kṣīrivṛkṣāṅṇaṃ tvagbhiraṅkuraiśca kṣīrapi-
ṣṭairlepayet | § 23035

6.32.41 Aṣṭāṅgahr̥dayasaṃhitā

vyaṅgeṣu cārjunatvagvā mañjiṣṭhā vā samākṣikā | | 16 | |
lepāḥ sanavanītā vā śvetāśvakhurajā
maṣī | | 16 | | § 23037

6.32.42 Sarvāṅgasundarā

vyaṅgādiṣu cāyaṃ lepo+arjunavalkaṃ kṣīrapīṣṭaṃ vā |
mañjiṣṭhā mākṣikasahitā vā | śvetāśvakhurajā maṣī sana-
vanītā vā | § 23038

6.32.43 Aṣṭāṅgahr̥dayasaṃhitā

raktacandanamañjiṣṭhākuṣṭharodhrapriyaṅgavaḥ
vaṭāṅkurā masūrāśca vyaṅgaghñā
mukhakāntidāḥ | | 17 | | § 23039

6.32.44 Sarvāṅgasundarā

raktacandanādayo vyaṅgaharā mukhakāntikarāḥ 'lepāḥ'
iti prakṛtatvād gamyate | § 23040

6.32.45 Aṣṭāṅgahr̥dayasaṃhitā

dve jīrake kṣṇatilāḥ sarṣapāḥ payasā saha | | 18 | |
piṣṭāḥ kurvanti
vaktrendumapāstavyaṅgalāñchanam | | 18 | |
kṣīrapīṣṭā ghṛtakṣaudrayuktā vā
bhr̥ṣṭanistuṣāḥ | | 19 | |
masūrāḥ kṣīrapīṣṭā vā tīkṣṇāḥ
śālmikaṅṭakāḥ | | 19 | |
5 saguḍaḥ kolamajjā vā
śāśārṣkṣaudrakalkitaḥ | | 20 | |
saptāhaṃ mātuluṅgasthaṃ kuṣṭhaṃ vā
madhunā+anvitam | | 20 | |

piṣṭā vā chāgapayasā sakṣaudrā mauśalī
jaṭā | |21| |
gorasthi muśalīmūlayuktaṃ vā
sājyamākṣikam | |21| | § 23048

6.32.46 Sarvāṅgasundarā

jīrakadvayādayo lepe prayuktāḥ payasā piṣṭā vaktraca-
ndraṃ nirastavyaṅgalāñchanam vidadhati | vaktrameve-
nduḥ, vyaṅgameva lāñchanamiti rūpakālaṅkāraḥ | mas-
ūrā bhrṣṭā nistuṣāśca kṣīrapīṣṭāḥ sarpirmākṣikānvitā le- 5
paḥ | śālmalīkaṅṭakāstīkṣṇāḥ kṣīrapīṣṭā vā lepaḥ | kolasya-
amlabadarasya, majjā śāśārkkṣaudrapīṣṭo guḍānvito le-
paḥ | saptāhaṃ bijapūrasyaṅtarasthitam kuṣṭham mākṣi-
kayutam vā lepaḥ | mouśalī jaṭā-śālmalīmūlam, chagalīkṣ-
īrapīṣṭam sakṣaudraṃ vā lepaḥ | gavyamasthi tālapatrīm-
ūlānvitam saghṛtamākṣikam vā lepaḥ § 23049 10

6.32.47 Aṣṭāṅgahrdayasamhitā

jambvāmrappallavā mastu haridre dve navo guḍaḥ | |22| |
lepaḥ savarṇakṛt piṣṭam svarasena ca
tindukam | |22| | § 23051

6.32.48 Sarvāṅgasundarā

jambvāmrappallavādiko lepaḥ savarṇakaraḥ | tindukam ca
svarasena piṣṭam lepaḥ savarṇakaraḥ | § 23052

6.32.49 Aṣṭāṅgahrdayasamhitā

utpalamutpalakuṣṭham priyaṅgukāliyakaṃ
badaramajjā | |23| |
idamudvartanamāsyam karoti
śatapatrasamkāśam | |23| | § 23054

6.32.50 Sarvāṅgasundarā

utpalādikametadudvartanaṃ padmasadr̥śaṃ mukhaṃ vi-
dhatte | āryā | § 23055

6.32.51 Aṣṭāṅgahr̥dayasaṃhitā

ebhirevauşadhaiḥ piṣṭairmukhābhyaṅgāya
sādhayet | | 24 | |
yathādoṣartukān snehān
madhukakvāthasaṃyutaiḥ | | 24 | | § 23057

6.32.52 Sarvāṅgasundarā

ebhireva-pūrvoditaiḥ, piṣṭairmadhukakvāthānvitairmukh-
ābhyaṅgārthaṃ yathādoṣaṃ yathartu snehān pācayet |
§ 23058

6.32.53 Aṣṭāṅgahr̥dayasaṃhitā

yavān sarjarasaṃ rodhramuśīraṃ madanaṃ
madhu | | 25 | |
ghṛtaṃ guḍaṃ ca gomūtre
pacedādarvilepanāt | | 25 | |
tadabhyaṅgānnihantyaśu
nīlikāvyaṅgadūṣikān | | 26 | |
mukhaṃ karoti padmābhaṃ pādau
padmadalopamaḥ | | 26 | | § 23062

6.32.54 Sarvāṅgasundarā

yavādīn darvilepaṃ yāvad gomūtre pācayet | etadabhya-
ṅgād drāgeva nīlikādīn hanti | vaktraṃ śatapatrasadr̥śaṃ
karoti | caraṇau paṅkajapatratulyau vidadhāti | § 23063

6.32.55 Aṣṭāṅgahr̥dayasaṃhitā

kuṅkumośīrakālīyalākṣyaṣṭyāhvacandanam | | 27 | |
nyagrodhapādāmstaruṇān padmakam
padmakesaram | | 27 | |
sanīlotpalamañjiṣṭham pālikam
sasilāḍhake | | 28 | |
paktvā pādāvaśeṣeṇa tena piṣṭaiśca
kārṣikaiḥ | | 28 | |
lākṣāpattaṅgamañjiṣṭhāyaṣṭīmadhukakuṅkumaiḥ | | 29 | |
ajākṣīram dviguṇitam tailasya kuḍavam
pacet | | 29 | |
nīlikāpalitavyaṅgavalītilakadūṣikān | | 30 | |
hanti tannasyamabhyastam
mukhopacayavarṇakṛt | | 30 | | § 23071

6.32.56 Sarvāṅgasundarā

kuṅkumādikam sanīlotpalamañjiṣṭham palapramāṇam ja-
lāḍhake paktvā tena pādāvaśeṣeṇa lākṣādibhiśca piṣṭaiḥ
kārṣikaistailasya kuḍavam chāgīkṣīram dvikuḍavam pa-
cet | tat-tailam, nasyam śīlitam nīlikādīn hanti | mukhopa-
cayakaram varṇakaram ca | § 23072

5

6.32.57 Aṣṭāṅgahr̥dayasaṃhitā

mañjiṣṭhā śabarodbhavastuvarikā lākṣā haridrādvayam
nepālī haritālakuṅkumagadā gorocanā
gairikam | | 31 | |
patram pāṇḍu vaṭasya candanayugam
kālīyakam pāradam pataṅgam kanakatvacam
kamalajam bījam tathā kesaram | | 31 | |
siktham tuttham padmakādyo vasā+a+ajyam
majjā kṣīram kṣīrivṛkṣāmbu cāgnau | | 32 | |
siddham siddham vyaṅganīlyādināśe vaktre
chāyāmaindavīm cāśu dhatte | | 32 | | § 23076

6.32.58 Sarvāṅgasundarā

kanakasya tvak-kanakatvak, tāṃ kanakatvacam | mañji-
ṣṭhādīni vasā ghṛtaṃ majjā gokṣīraṃ kṣīrivṛkṣakvātha et-
adagnau pakvaṃ vyaṅgādināse siddham-avyāhataśakti |
mukhasya kāntiṃ cāndramasīṃ śīghraṃ karoti | śārdūla-
5 vikr̥ditaśālinyau vṛtte | § 23077

6.32.59 Aṣṭāṅgahr̥dayasaṃhitā

mārkaśvarasakṣīratoyānīṣṭhāni nāvane | | 33 | | § 23078

6.32.60 Sarvāṅgasundarā

nāvane-nasye, mārkaśvarasādīni | § 23079

6.32.61 Aṣṭāṅgahr̥dayasaṃhitā

prasuptau vātaḥkṣhoktaṃ kuryāddāhaṃ ca
vahninā | | 33 | | § 23080

6.32.62 Sarvāṅgasundarā

prasuptau vātaḥkṣhavihitaṃ kuryāt | vahninā ca dahet |
§ 23081

6.32.63 Aṣṭāṅgahr̥dayasaṃhitā

utkoṭhe kaphapittoktaṃ----- | | 34 | | § 23082

6.32.64 Sarvāṅgasundarā

utkoṭhe kaphapittavihitaṃ kāryam | § 23083

6.32.65 Aṣṭāṅgahr̥dayasaṃhitā

-----koṭhe sarvaṃ ca kauṣṭhikam | | 32 | |
33 1/2 | | 32 | | § 23085
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ ṣaṣṭhe uttarasth-
āne kṣudrarogapraṭiṣedho nāma dvātriṃśo+adhyāyaḥ | | 32 | | 5
§ 23086

6.32.66 Sarvāṅgasundarā

koṭhe ca sarvaṃ kuṣṭhoktamiti | iti śrīmr̥gāṅkadattaputra-
śrīmadaruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭīkāyāṃ sarv-
āṅgasundarākhyāyāṃ ṣaṣṭhe uttarasthāne kṣudraroga-
praṭiṣedho nāma dvātriṃśo+adhyāyaḥ samāptaḥ | | 32 | |
§ 23087

5

6.33 guhyarogavijñānīyādhyāyaḥ : 33

6.33.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto guhyarogavijñānīyaṃ vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
strīvyavāyanivṛttasya sahasā
bhajato+athavā | | 1 | |
doṣādhyuṣitasaṅkīrṇamalināṇurajaḥ
pathām | | 1 | |
anyayonimanicchantīmagamyām | | 2 | |
navasūtikām | | 2 | |
dūṣitaṃ spr̥satastoyaṃ ratānteṣvapi naiva
vā | | 2 | |
vivardhayiṣayā tīkṣṇān pralepādīn
prayacchataḥ | | 3 | |
muṣṭidantanakhotpīḍāviṣavacchūkapātanaīḥ | | 3 | |
veganigrahadīrghātīkharasparśavighaṭṭanaīḥ | | 4 | |

5

doṣā duṣṭā gatā guhyaṃ
trayoviṃśatimāmayān | | 4 | |
janayantyupadaṃśādīn-----
| | 5 | | § 23098

6.33.2 Sarvāṅgasundarā

vanitāsambhogānnivṛttasya sahasā-akasmādeva, strīvyav-
āyaṃ bhajataḥ | kecil karādinaiva vyavāyābhāsaṃ kurv-
anti tannivṛtṭyai strīgrahaṇam | athaveti vakṣyamāṇagu-
ṇāṃ striyaṃ sevamānasya | kimbhūtām ? vātādyadhiṣṭh-
5 itastathā saṅkīrṇaḥ-saṅkaṭo, malino+aṇuḥ-sūkṣmo, rajo-
mārgo yasyāstām tathāvidhām striyam | tathā+anyayoni-
maḥiṣyādim | tathā+anabhilaṣantīm | tathā+agamyām-bhaginyādim |
tathā navaprasūtām | tathā dūṣitaṃ saviṣajantvādibhirja-
lam spr̥ṣato, ratānteṣvapi naiva vā jalam spr̥ṣataḥ | viva-
10 rdhayitumicchayā tīkṣṇān pralepasekādīn vā prakṛtatvāt
guhye prayacchataḥ | tathā muṣṭyādipātanaistathā vegar-
odhanena tathā dīrghātikharasparśanena ca yāni vighaṭṭ-
anāni, taireva doṣā duṣṭā guhyaṃ prāptāstrayoviṃśati va-
kṣyamāṇān upadaṃśādīn kurvanti | § 23099

6.33.3 Aṣṭāṅgahr̥dayasaṃhitā

-----upadaṃśo+atra pañcadhā | | 5 | |
pṛthagdoṣaiḥ sarudhiraiḥ
samastaiśca----- | | 5 | | § 23101

6.33.4 Sarvāṅgasundarā

atra-eṣu madhye, upadaṃśaḥ pañcaprakāraḥ | katham ?
ityāha-doṣaiḥ pṛthak trayāḥ, raktena caturthaḥ, sannipāt-
ena pañcamāḥ | § 23102

6.33.5 Aṣṭāṅgahr̥dayasaṃhitā

-----atra mārutāt | | 5 | |
meḍhre śopho rujaścitrāḥ
stambhastvakparipoṭanam | | 6 | | § 23104

6.33.6 Sarvāṅgasundarā

eṣāṃ madhye vātenopadaṃṣe meḍhre śopho bhavati | dā-
ruṇāḥ pīḍāḥ stambhasthā tvacaḥ paripoṭanam | § 23105

6.33.7 Aṣṭāṅgahrdayasaṃhitā

pakvodumbarasaṅkāśaḥ pittena
śvayathurjvaraḥ | | 6 | | § 23106

6.33.8 Sarvāṅgasundarā

pittena śvayathuḥ pakvodumbaraphalanibho jvaraśca syāt |
§ 23107

6.33.9 Aṣṭāṅgahrdayasaṃhitā

śleṣmaṇā kaṭhinaḥ snigdhaḥ kaṇḍūmān sītalo
guruḥ | | 7 | | § 23108

6.33.10 Sarvāṅgasundarā

śleṣmaṇā śvayathuḥ kaṭhinādiguṇaḥ syāt | § 23109

6.33.11 Aṣṭāṅgahrdayasaṃhitā

šoṇitenāsitasphoṭasambhavo+asrasrutirjvaraḥ | | 7 | | § 23110

6.33.12 Sarvāṅgasundarā

lohitena kṛṣṇasphoṭasambhavādayaḥ syuḥ | § 23111

6.33.13 Aṣṭāṅgahṛdayasaṃhitā

sarvaje sarvaliṅgatvaṃ śvayathurmuṣkayorapi | | 8 | |
tīvrā rugāśupacanaṃ daraṇaṃ
kṛmisambhavaḥ | | 8 | | § 23113

6.33.14 Sarvāṅgasundarā

sarvadoṣaje sarvaliṅgatvaṃ śvayathuśca muṣkayoḥ syāt |
tīvrā ruk śīghrapākādiśca | § 23114

6.33.15 Aṣṭāṅgahṛdayasaṃhitā

yāpyo raktodbhavasteṣāṃ mṛtyave
sannipātajah | | 9 | | § 23115

6.33.16 Sarvāṅgasundarā

eteṣāṃ madhye raktajo yāpyah | sannipātotho mṛtyuhe-
tuḥ | § 23116

6.33.17 Aṣṭāṅgahṛdayasaṃhitā

jāyante kupitairdoṣairguhyāsr̥kpiśitāśrayaiḥ | | 9 | |
antarbahirvā meḍhrasya kaṇḍūlā
māṃsakīlakāḥ | | 10 | |
picchilāsrasravā yonau tadvacca
cchatrasannibhāḥ | | 10 | |
te+arśāṃsyupekṣayā ghnanti meḍhrapumstvaṃ
bhagārtavam | | 11 | | § 23120

6.33.18 Sarvāṅgasundarā

doṣairguhyaraktamāṃsāśrayaiḥ kruddhairmeḍhrasyānta-
rbahirvā kaṇḍūlā māṃsakīlakāḥ-śaṅkavo, jāyante | ta-
thā picchilaraktasrāviṇaḥ | tathaiva yonau chatrasadr̥śāḥ

syuḥ | te māṃsakīlā arśāṃsi gadyante | upekṣitāśca me-
dhre jātāḥ puṃstvaṃ ghnanti | bhage jātā ārtavaṃ gha-
nti | § 23121

6.33.19 Aṣṭāṅgahr̥dayasaṃhitā

guhyasya bahirantarvā piṭikāḥ kapharaktajāḥ | | 11 | |
sarṣapāmānasamsthānā ghanāḥ sarṣapikāḥ
smṛtāḥ | | 12 | | § 23123

6.33.20 Sarvāṅgasundarā

guhyasya bāhyato+antare vā kapharaktajāḥ piṭikāḥ sarṣap-
apramaṇāḥ sarṣapākārā ghanāḥ sarṣapikāḥ smṛtāḥ | § 23124

6.33.21 Aṣṭāṅgahr̥dayasaṃhitā

piṭikā bahavo dīrghā dīryante madhyataśca yāḥ | | 12 | |
so+avamanthaḥ kaphāsṛgbhyām
vedanāromaharṣavān | | 13 | | § 23126

6.33.22 Sarvāṅgasundarā

piṭikā bahavo dīrghā madhye ca yā dīryante, so+avamantho
vedanāromāñcavān kapharaktābhyām syāt | § 23127

6.33.23 Aṣṭāṅgahr̥dayasaṃhitā

kumbhīkā raktapittothā
jāmbavāsthinibhā+a+aśujā | | 13 | | § 23128

6.33.24 Sarvāṅgasundarā

jāmbavāsthirūpā kumbhīkā raktapittodbhavā śīghrotṭatt-
īśca | § 23129

6.33.25 Aṣṭāṅgahr̥dayasaṃhitā

alajīṃ mehavadvidyād----- | | 14 | | § 23130

6.33.26 Sarvāṅgasundarā

alajīṃ pramehe yathā, tathā+asminnapi vidyāt | § 23131

6.33.27 Aṣṭāṅgahr̥dayasaṃhitā

-----uttamāṃ pittaraktajām | | 14 | |
piṭikāṃ māsamudgābhām-----
| | 14 | | § 23133

6.33.28 Sarvāṅgasundarā

uttamākhyām pittaraktajām meḍhrapiṭikāṃ māśasamām
mudgābhām vidyāt | § 23134

6.33.29 Aṣṭāṅgahr̥dayasaṃhitā

-----piṭikā piṭikācitā | | 14 | |
karṇikā puṣkarasyeva jñeyā puṣkariketi
sā | | 15 | | § 23136

6.33.30 Sarvāṅgasundarā

piṭikācitā yā piṭikā syāt, tathā padmakarṇikākārā puṣkara-
karkaṭābhā, tāṃ puṣkariketi vidyāt | § 23137

6.33.31 Aṣṭāṅgahr̥dayasaṃhitā

pāṇibhyām bhṛśasaṃvyūḍhe saṃvyūḍhapiṭikā
bhavet | | 15 | | § 23138

6.33.32 Sarvāṅgasundarā

hastābhyāmatīsayena saṁvyūḍhe-ghṛṣṭe sati, saṁvyūḍha-
piṭikākhyā syāt | § 23139

6.33.33 Aṣṭāṅgahr̥dayasaṁhitā

mṛḍitaṁ mṛḍitaṁ vastrasaṁrabdhaṁ
vātakopataḥ | | 16 | | § 23140

6.33.34 Sarvāṅgasundarā

mṛḍitaṁ-malitaṁ, vastrasaṁrabdhaṁ-vāsasā kṣobhitaṁ,
vātakopānmṛḍitaṁ syāt | § 23141

6.33.35 Aṣṭāṅgahr̥dayasaṁhitā

viṣamā kaṭhinā bhugnā vāyunā+aṣṭhīlikā
smṛtā | | 16 | | § 23142

6.33.36 Sarvāṅgasundarā

yā piṭikā viṣamā samunnatā tathā kaṭhinā kuṭilā ca pavan-
enāṣṭhīlikā gaditā | § 23143

6.33.37 Aṣṭāṅgahr̥dayasaṁhitā

vimardanādīduṣṭena vāyunā carma meḍhrajam | | 17 | |
nivartate sarugdāhaṁ kvacitpākaṁ ca
gacchati | | 17 | |
piṇḍitaṁ granthitaṁ carma tatpralambamadho
maṇeḥ | | 18 | |
nivṛttasaṁjñam sakapham kaṇḍūkāṭhinyavattu
tat | | 18 | | § 23147

6.33.38 Sarvāṅgasundarā

vāyunā vimardanādидуṣṭena meḍhrajam carma sarugdā-
ham nivartate | kvacit-kadācit, pākamapi yāti | tat-carma,
maṇeradhaḥ piṇḍitaṃ granthitaṃ pralambaṃ ca syāt |
tatsakaphaṃ-kaphena tu saha, kaṇḍūkāṭhinyayutaṃ niv-
5 ṛttasaṃjñam syāt | § 23148

6.33.39 Aṣṭāṅgahr̥dayasaṃhitā

durudham sphuṭitaṃ carma
nirdiṣṭamavapāṭikā | | 19 | | § 23149

6.33.40 Sarvāṅgasundarā

kṛcchreṇa rohati yacca duḥsphuṭitaṃ carma, tat kathitam-
avapāṭikā | § 23150

6.33.41 Aṣṭāṅgahr̥dayasaṃhitā

vātena dūṣitaṃ carma maṇau saktam ruṇaddhi
cet | | 19 | |
sroto mūtraṃ tato+abhyeti
mandadhāramavedanam | | 20 | |
maṇervikāśarodhaśca sa
niruddhamaṇirgadaḥ | | 20 | | § 23153

6.33.42 Sarvāṅgasundarā

vātena carma dūṣitaṃ maṇau saktam cet sroto ruṇaddhi |
tato mandadhāramarujaṃ mūtrameti | maṇeśca vikāśaro-
dhaḥ | sa evaṃ vidho rogo niruddhamaṇisaṃjñāḥ | § 23154

6.33.43 Aṣṭāṅgahr̥dayasaṃhitā

liṅgam śūkairivāpūrṇam grathitākhyam
kaphodbhavam | | 21 | | § 23155

6.33.44 Sarvāṅgasundarā

liṅgaṃ śūkairākīrṇamiva syāt, tad grathitasamjñam kaph-
ajam | § 23156

6.33.45 Aṣṭāṅgahr̥dayasamhitā

śūkadūṣitaraktotthā sparśahānistadāhvayā | | 21 | | § 23157

6.33.46 Sarvāṅgasundarā

śūkadūṣitaraktodbhavā sparśahāniḥ, sā sparśahānisamjñā |
§ 23158

6.33.47 Aṣṭāṅgahr̥dayasamhitā

chidrairaṇumukhairyattu mehanaṃ sarvataścitam | | 22 | |
vātaśoṇitakopena taṃ
vidyācchataponakam | | 22 | | § 23160

6.33.48 Sarvāṅgasundarā

yatpunarmedhram chidraiḥ sūkṣmamukhaiḥ sarvataḥ-
paritaḥ, citaṃ vātaśoṇitakopāt, taṃ śataponakaṃ vidyāt |
§ 23161

6.33.49 Aṣṭāṅgahr̥dayasamhitā

pittāsṛgbhyāṃ tvacaḥ pākastvakpāko
jvaradāhavān | | 23 | | § 23162

6.33.50 Sarvāṅgasundarā

pittaraktābhyāṃ tvacaḥ pāko jvaradāhānvitastvakpākā-
khyah | § 23163

6.33.51 Aṣṭāṅgahr̥dayasaṃhitā

māṃspākaḥ sarvajaḥ sarvavedano
māṃsaśātaṇaḥ | | 23 | | § 23164

6.33.52 Sarvāṅgasundarā

sarvadoṣottho māṃspākākhyah sarvavedano māṃsaśāta-
naḥ | § 23165

6.33.53 Aṣṭāṅgahr̥dayasaṃhitā

sarāgairasitaiḥ sphoṭaiḥ piṭikābhiśca pīḍitam | | 24 | |
mehanaṃ vedanā cogrā taṃ
vidyādasṛgarbudam | | 24 | | § 23167

6.33.54 Sarvāṅgasundarā

iṣallohitaiḥ kṛṣṇaiḥ sphoṭaiḥ piṭikābhiśca pīḍitaṃ liṅgaṃ
vedanāśca dāruṇāḥ, taṃ-evaṃvidhaṃ, raktārbudaṃ jānī-
yāt | § 23168

6.33.55 Aṣṭāṅgahr̥dayasaṃhitā

māṃsārbudaṃ
prāguditaṃ----- | | 25 | | § 23169

6.33.56 Sarvāṅgasundarā

māṃsārbudaṃ pūrvamuktaṃ granthyādirogavijñānīye(u.
a.29) | tacca tridoṣajam | § 23170

6.33.57 Aṣṭāṅgahr̥dayasaṃhitā

-----vidradhiśca tridoṣajaḥ | | 25 | | § 23171

6.33.58 Sarvāṅgasundarā

vidradhiśca tridoṣajaḥ | sa ukto vidradhyādinidāne (ni. a. 11/9) | § 23172

6.33.59 Aṣṭāṅgahr̥dayasaṃhitā

kṛṣṇāni bhūtvā māṃsāni viśīryante samantataḥ | | 25 | |
pakvāni sannipātena tān
vidyāttilakālakān | | 26 | | § 23174

6.33.60 Sarvāṅgasundarā

liṅge kṛṣṇāni māṃsāni bhūtvā parito viśīryante pakv-
āni sannipātena | tān-evamprakārān, tilakālakān vidyāt |
§ 23175

6.33.61 Aṣṭāṅgahr̥dayasaṃhitā

māṃsotthamarbudam pākam vidradhiṃ
tilakālakān | | 26 | |
caturo varjayedeṣām
śeṣāṃśchīghramupācaret | | 27 | | § 23177

6.33.62 Sarvāṅgasundarā

eṣām madhye māṃsārbudādīṃścaturastyajet-nopakramet |
śeṣān-ṣoḍaśa rogān, śīghramupakramet | § 23178

6.33.63 Aṣṭāṅgahr̥dayasaṃhitā

viṃśatirvyāpado yonerjāyante
duṣṭabhojanāt | | 27 | | § 23179

6.33.64 Sarvāṅgasundarā

yonervyāpado viṃśatirduṣṭāhārādbhavanti | § 23180

6.33.65 Aṣṭāṅgahr̥dayasaṃhitā

viṣamasthāṅgaśayanabhṛśamaithunasevanaiḥ | | 28 | |
duṣṭārtavādapadravyairbījadoṣeṇa
daivataḥ | | 28 | |
yonau kruddho+anilaḥ kuryād
ruktodāyāmasuptatāḥ | | 29 | |
pipīlikāsr̥ptimiva stambhaṃ karkaśatāṃ
svanam | | 29 | |
5 phenilāruṇakṛṣṇālpatanurūkṣārtavastrutim | | 30 | |
srasaṃ vaṅkṣaṇapārśvādaḥ vyathāṃ gulmaṃ
krameṇa ca | | 30 | |
tāmstāmśca svān gadān vyāpadvātikī nāma sā
smṛtā | | 31 | | § 23187

6.33.66 Sarvāṅgasundarā

viṣamasthāṅgaśayanādibhiryonau pavanaḥ kupito rujādīn
kuryāt | tathā pipīlikopasarpaṇamiva stambhaṃ karkaś-
atāṃ svanaṃ, tathā phenilādiguṇārtavasrutim, tathā va-
ṅkṣaṇādaḥ bhraṃśaṃ rujāṃ, krameṇa ca gulmaṃ kuryāt |
5 tamstāmśca-anekavidhān, rogan kuryāt | sā-evaṃvidhā,
vyāpat vātikī smṛtā | § 23188

6.33.67 Aṣṭāṅgahr̥dayasaṃhitā

saivāticaraṇā śophasaṃyuktā+ativyavāyataḥ | | 31 | | § 23189

6.33.68 Sarvāṅgasundarā

saivāticaraṇā śvayathuyutā+ativyavāyāt syāt | § 23190

6.33.69 Aṣṭāṅgahr̥dayasaṃhitā

maithunādatibālāyāḥ pṛṣṭhajaṅgoruvaṅkṣaṇam | | 32 | |
rujan sandūṣayedyonim vāyuḥ prākcarāṇeti
sā | | 32 | | § 23192

6.33.70 Sarvāṅgasundarā

maithunādatibālāyāḥ pavanaḥ pṛṣṭhajaṅghoruvāṅkṣaṇaṃ
pīḍayan yoniṃ sandūṣayet | prākcaraneti sā syāt | § 23193

6.33.71 Aṣṭāṅgahr̥dayasaṃhitā

vegodāvartanādyoniṃ prapīḍayati mārutaḥ | | 33 | |
sā phenilaṃ rajaḥ kṛcchrādudāvṛttaṃ
vimuñcati | | 33 | |
iyaṃ vyāpadudāvṛttā-----
| | 34 | | § 23196

6.33.72 Sarvāṅgasundarā

vegodāvartanena māruto yoniṃ prakarṣeṇa pīḍayati | ta-
taḥ sā-yoniḥ, phenilaṃ rajaḥ kṛcchrādudāvṛttaṃ visṛjati |
eṣā vyāpadudāvṛttākhyā | § 23197

6.33.73 Aṣṭāṅgahr̥dayasaṃhitā

-----jātaghnī tu yadā+anilaḥ | | 34 | |
jātaṃ jātaṃ sutam̐ hanti
rauḥṣyādduṣṭārtavodbhavam | | 34 | | § 23199

6.33.74 Sarvāṅgasundarā

yadā tu vāyuḥ sutamutpannamutpannaṃ rauḥṣyādduṣṭā-
rtavajaṃ hanti, tadā jātaghnī syāt | § 23200

6.33.75 Aṣṭāṅgahr̥dayasaṃhitā

atyāśitāyā viṣamaṃ sthitāyāḥ surate marut | | 35 | |
annenotpīḍito yoneḥ sthitaḥ srotasi
vakrayet | | 35 | |
sāsthimāṃsaṃ mukhaṃ
tivraruḥjamantarmukhīti sā | | 36 | | § 23203

6.33.76 Sarvāṅgasundarā

atisuhitāyā viṣamaṃ sthitāyā nidhuvane pavano+annenoṭpīḍito
yoneḥ sambandhini srotasi sthito mukhaṃ yonereva vakrī-
kuryāt, asthimāṃsena saha dāruṇapīḍaṃ, sā+antarmukhītyucyate |
§ 23204

6.33.77 Aṣṭāṅghṛdayasaṃhitā

vātalāhārasevinyāṃ jananyāṃ kupito+anilaḥ | | 36 | |
striyo yonimaṇudvārāṃ kuryātsūcīmukhīti
sā | | 37 | | § 23206

6.33.78 Sarvāṅgasundarā

vātalāhārasevinyāṃ mātari vāyuḥ kupitaḥ striyo garbha-
sthāyāḥ sūkṣmadvārāṃ yoni kuryāt | sūcīmukhī sā syāt |
§ 23207

6.33.79 Aṣṭāṅghṛdayasaṃhitā

vegarodhādṛtau vāyurduṣṭo viṇmūtrasaṅgraham | | 37 | |
karoti yoneḥ śoṣaṃ ca śuṣkākhyā
sā+ativedanā | | 38 | | § 23209

6.33.80 Sarvāṅgasundarā

ṛtau vegadhāraṇādvāyurduṣṭo viṇmūtrasaṅgraham kar-
oti | yoneḥ śoṣaṃ ca karoti | sā śuṣkasaṃjñā+atirujā syāt |
§ 23210

6.33.81 Aṣṭāṅghṛdayasaṃhitā

ṣaḍahāt saptarātrādvā śukraṃ garbhāśayānmarut | | 38 | |
vametsaruṇ nīrujo vā yasyāḥ sā vāminī
matā | | 39 | | § 23212

6.33.82 Sarvāṅgasundarā

ṣaḍahenāthavā saptāhena garbhāśayādvāyuh sarujo nīrujo
vā yasyāḥ śukraṃ vamet, sā vāminī gaditā | § 23213

6.33.83 Aṣṭāṅgahr̥dayasam̐hitā

yonau vātopataptāyāṃ strīgarbhe bījadoṣataḥ | | 39 | |
mṛdveṣiṇyastanī ca syāt
ṣaṇḍhasam̐jñā+anupakramā | | 40 | | § 23215

6.33.84 Sarvāṅgasundarā

vātopataptāyāṃ yonau strīgarbhe bījadoṣānnaradveṣiṇī st-
anarahitā ca strī syāt | sa ṣaṇḍhasam̐jñā+anupakramā |
§ 23216

6.33.85 Aṣṭāṅgahr̥dayasam̐hitā

duṣṭo viṣṭabhya yonyāsyam̐ garbhakoṣṭham̐ ca
mārutah̐ | | 40 | |
kurute vivṛtām̐ srastām̐ vātikīmiva
duḥkhitām̐ | | 41 | |
utsannamāṃsām̐ tāmāhurmahāyonim̐
mahārujām̐ | | 41 | | § 23219

6.33.86 Sarvāṅgasundarā

pavano duṣṭo yonyāsyam̐ viṣṭabhya garbhakoṣṭham̐ ca vi-
vṛtamukhīm̐ bhraṣṭām̐ vātikīmiva suduḥkhāmutsrṣṭapiśi-
tām̐ prakṛtatvādyonim̐ kurute | tām̐ mahārujām̐ mahāyo-
nim̐ vadanti | § 23220

6.33.87 Aṣṭāṅgahr̥dayasam̐hitā

yathāsvairdūṣaṇairduṣṭaṃ pittaṃ
yonimupāśritaṃ | | 42 | |
karoti
dāhapākoṣāpūtīgandhijvarānvitāṃ | | 42 | |
bhṛśoṣṇabhūrikuṇapanīlapītāsītārtavāṃ | | 43 | |
sā vyāpat paittikī----- | | 43 | | § 23224

6.33.88 Sarvāṅgasundarā

yathāyogaṃ dūṣaṇaiḥ-sarvaroganidānādyuktaiḥ, duṣṭaṃ
pittaṃ yonau sthitaṃ yoniṃ dāhādyanvitāṃ karoti, tathā
bhṛśoṣṇādiguṇayutārtavāṃ | sā paittikī vyāpat | § 23225

6.33.89 Aṣṭāṅgahr̥dayasaṃhitā

-----raktayonyākhyā+asṛgatisruteḥ | | 43 | | § 23226

6.33.90 Sarvāṅgasundarā

raktayonyākhyā raktasyātisruteḥ syāt | § 23227

6.33.91 Aṣṭāṅgahr̥dayasaṃhitā

kapho+abhiṣyandibhiḥ kruddhaḥ
kuryādyonimavedanām | | 44 | |
śītalām kaṇḍulām pāṇḍupicchilām
tadvidhasrutim | | 44 | |
sā vyāpacchlaishmikī-----
| | 45 | | § 23230

6.33.92 Sarvāṅgasundarā

śleṣmā+abhiṣyandakaraṇahetubhiḥ kupito yoniṃ pīḍāra-
hitāṃ śītalādiguṇām tathā tadvidhā-pāṇḍupicchilā, srut-
iryasyāstām tathāvidhām kuryāt | sā-evaṃvidhā, vyāpat
ślaishmikī syāt | § 23231

6.33.93 Aṣṭāṅgahr̥dayasaṃhitā

-----vātapittābhyāṃ kṣīyate rajah | | 45 | |
sadāhakārśyavaivarṇyaṃ yasyāḥ sā
lohitakṣayā | | 45 | | § 23233

6.33.94 Sarvāṅgasundarā

yasyāḥ vātapittābhyāṃ rajah kṣīyate dāhakārśyavaivarṇy-
ayutaṃ, sā lohitakṣayākhyā | § 23234

6.33.95 Aṣṭāṅgahr̥dayasaṃhitā

pittalāyā nṛsaṃvāse kṣavathūdgāradhāraṇāt | | 46 | |
pittayuktena marutā yonirbhavati dūṣitā | | 46 | |
śūnā sparśāsahā sārtirnīlapītāsraṇāhinī | | 47 | |
bastikukṣigurutvātisārārocakakāriṇī | | 47 | |
śroṇivaṅkṣaṇaruktodajvarakṛt sā
pariplutā | | 48 | | § 23239

5

6.33.96 Sarvāṅgasundarā

pittalāyāḥ striyā narasaṃyoge kṣavathūdgāradhāraṇāt pi-
ttānvitena vāyunā yonirdūṣitā śūnādiguṇā bastyādiguru-
tvādividhāyiniṇī tathā śroṇyāditodakarī syāt | sā pariplutā-
khyā | § 23240

6.33.97 Aṣṭāṅgahr̥dayasaṃhitā

vātaśleṣmāmayavyāptā śvetapicchilavāhinī | | 48 | |
upaplutā smṛtā
yonih----- | | 49 | | § 23242

6.33.98 Sarvāṅgasundarā

vātaśleṣmarogeṇa vyāptā śuklapicchilasrāviṇī yonirupapl-
utā syāt | § 23243

6.33.99 Aṣṭāṅgahr̥dayasaṃhitā

-----viplutākhyā tvadhāvanāt | | 49 | |
sañjātajantuḥ kaṇḍūlā kaṇḍvā
cātiratipriyā | | 49 | | § 23245

6.33.100 Sarvāṅgasundarā

akṣālanāttu yoniḥ sambhūtakṛmiḥ kaṇḍūyutā, kaṇḍvā ca
hetunā sutarāṃ suratābhilāṣiṇī viplutākhyā | § 23246

6.33.101 Aṣṭāṅgahr̥dayasaṃhitā

akālavāhanādvāyuh śleṣmaraktavimūrcchitaḥ | | 50 | |
karṇikāṃ janayedyonau
rajomārganirodhinīm | | 50 | |
sā karṇinī----- | | 51 | | § 23249

6.33.102 Sarvāṅgasundarā

marudakālavāhanāt kapharaktamiśrito yonau karṇikāṃ
rajomārganirodhinīm kuryāt | sā karṇinī gadyate | § 23250

6.33.103 Aṣṭāṅgahr̥dayasaṃhitā

-----tribhirdoṣairyonigarbhāśayāśritaiḥ | | 51 | |
yathāsvopadravakarairvyāpatsā
sānnipātikī | | 51 | | § 23252
tribhirdoṣairyonigarbhāśayāśritairiyathāyogamu-
padravakāribhiryā vyāpat sā sānnipātikī syāt | § 23253

6.33.104 Aṣṭāṅgahr̥dayasaṃhitā

iti yonigadā nārī yaiḥ śukraṃ na pratīcchati | | 52 | |

tato garbham na gr̥hṇāti rogāṃścāpnoti
dāruṇān | | 52 | |

asṛgdarārśogulmādīnābādhamścānilādibhiḥ | | 33 | |
52 1/2 | | 33 | | § 23257

iti śrīvaidyapatisiṃhaguṇtasūnuśrīmadvāgbha-
ṭaviracitāyāmaṣṭāṅgahr̥dayasamhitāyāṃ ṣaṣṭhe uttarasth- 5
āne guhyarogavijñānīyo nāma trayāstrīṃśo+adhyāyaḥ | | 33 | |
§ 23258

6.33.105 Sarvāṅgasundarā

iti- samāptaḥ | evaṃ yonirogāḥ 'kathitāḥ' iti śeṣaḥ | yair-
āmayairyonih śukraṃ na pratīcchati | tato garbham nāda-
tte | rogāṃśca dāruṇānasṛgdarādīnaśrute | vātapittakaphaiścābādhan-
pīḍāviśeṣān, prāpnoti | iti śrīmr̥gāṅkadattaputraśrīmada- 5
ruṇadattaviracitāyāmaṣṭāṅgahr̥daya ṭikāyāṃ sarvāṅgas-
undarākhyāyāṃ ṣaṣṭha uttarasthāne guhyarogavijñānīyo
nāma trayāstrīṃśo+adhyāyaḥ samāptaḥ | | 33 | | § 23259

6.34 guhyarogapratīṣedhādhyayaḥ : 34

6.34.1 Aṣṭāṅgahr̥dayasamhitā

athāto guhyarogapratīṣedham vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | |
meḍhramadhye sirāṃ vidhyedupaṇḍaśe
navotthite | | 1 | |
śītāṃ kuryāt kriyāṃ śuddhiṃ virekeṇa
viśeṣataḥ | | 1 | |
tilakalkaghr̥takṣaudrairlepaḥ pakve tu 5
pāṭite | | 2 | | § 23264

6.34.2 Sarvāṅgasundarā

upadaṃśe+acirodbhūte līngasya madhye sirāṃ mokṣa-
yet | śīsīrāṃ ca cikitsāṃ lepasekādibhiḥ kuryāt | viśeṣeṇa

virecanena śuddhiṃ vidadhīta | pakve pāṭite ca tilakalkā-
jyamadhubhirlepaḥ | § 23265

6.34.3 Aṣṭāṅgahr̥dayasaṃhitā

jambvāmrasumanonīpaśvetakāambojikāṅkurān | | 2 | |
śallakībadarībilvapalāśatiniśodbhavāḥ | | 3 | |
tvacaḥ kṣīridrumāṅṇaṃ ca triphalāṃ ca
pacejjale | | 3 | |
sa kvāthaḥ kṣālanāṃ, tena pakvaṃ tailaṃ ca
ropaṇam | | 4 | | § 23269

6.34.4 Sarvāṅgasundarā

jambvādyaṅkurān śallakyādīnāṃ tvacaḥ kṣīrivṛkṣāṅṇāṃ ca
tvacastriphalāṃ ca jale pacet | sa kvāthaḥ kṣālanāṃ hitam |
tena ca kvāthena tailaṃ pakvaṃ ropaṇam syāt | § 23270

6.34.5 Aṣṭāṅgahr̥dayasaṃhitā

tutthagairikalodhrailāmanohvālarasāñjanaiḥ | | 4 | |
hareṇupuṣpakāsīsasaurāṣṭrīlavanottamaiḥ | | 5 | |
lepaḥ kṣaudrayutaiḥ
sakṣmairupadaṃśavraṅāpahaḥ | | 5 | | § 23273

6.34.6 Sarvāṅgasundarā

tutthādibhirmākṣikadrutaiḥ sūkṣmīkṛtairlepa upadaṃśa-
vraṅāharaḥ | § 23274

6.34.7 Aṣṭāṅgahr̥dayasaṃhitā

kapāle triphalā dagdhā saghṛtā ropaṇam
param | | 6 | | § 23275

6.34.8 Sarvāṅgasundarā

karpāre triphalā dagdhā ghṛtānvitā param ropanam |
§ 23276

6.34.9 Aṣṭāṅgahrdayasaṃhitā

sāmānyam sādhanamidaṃ pratidoṣam tu
śophavat | | 6 | | § 23277

6.34.10 Sarvāṅgasundarā

sāmānyametā sādhanam | sa0- pratidoṣam tu śophatu-
lyam cikitsitam jñeyam | § 23278

6.34.11 Aṣṭāṅgahrdayasaṃhitā

na ca yāti yathā pākam prayateta tathā bhṛsam | | 7 | |
pakvaiḥ snāyusirāmāṃsaiḥ prāyo naśyati hi
dhvajah | | 7 | | § 23280

6.34.12 Sarvāṅgasundarā

yathā ca pākam na yāti tathā+atīyatnaḥ kāryaḥ | yataḥ pa-
kvaiḥ snāyvādibhiḥ prāyeṇa medhro naśyati | § 23281

6.34.13 Aṣṭāṅgahrdayasaṃhitā

arśasāṃ chinnadagdhānām kriyā
kāryopadaṃśavat | | 8 | | § 23282

6.34.14 Sarvāṅgasundarā

arśasāṃ chinnānām dagdhānām copadaṃśatulyā kriyā
kāryā | § 23283

6.34.15 Aṣṭāṅgahr̥dayasaṃhitā

sarṣapā likhitāḥ sūkṣmaiḥ kaṣāyairavacūrṇayet | | 8 | |
tairevābhyañjanam tailam sādhayet
vraṇaropaṇam | | 9 | | § 23285

6.34.16 Sarvāṅgasundarā

sarṣapikāḥ śastreṇa likhitāḥ kaṣāyadravyairjambvādibhiḥ
pūrvoktaiḥ sūkṣmacūrṇairavacūrṇayet | taireva kaṣāyaist-
ailam pacet | tadabhyañjanam vraṇaropaṇam syāt | § 23286

6.34.17 Aṣṭāṅgahr̥dayasaṃhitā

kriyeyamavamanthe+api raktaṃ srāvyaṃ
tathobhayoḥ | | 9 | | § 23287

6.34.18 Sarvāṅgasundarā

etaccikitsitamavamanthe+api kāryam | tathaita(thobha)-
yoḥ-sarṣapāvamanthayoḥ, asraṃ srāvyaṃ | § 23288

6.34.19 Aṣṭāṅgahr̥dayasaṃhitā

kumbhikāyāṃ haredraktaṃ pakvāyāṃ śodhite
vraṇe | | 10 | |
tindukatriphalārodhrailepastailam ca
ropaṇam | | 10 | | § 23290

6.34.20 Sarvāṅgasundarā

kumbhikāyāṃ lohitaṃ mokṣayet | pakvāyāṃ tu vraṇe śo-
dhite sati tindukādibhirlepaḥ | tindukādibhireva siddham
tailam ropaṇam syāt | § 23291

6.34.21 Aṣṭāṅgahr̥dayasaṃhitā

alajyāṃ srutaraktāyāmayameva kriyākramaḥ | | 11 | | § 23292

6.34.22 Sarvāṅgasundarā

alajyāṃ srutaśoṇitāyāmeṣa evopakramaḥ | § 23293

6.34.23 Aṣṭāṅgahr̥dayasaṃhitā

uttamākhyāṃ tu piṭikāṃ sañcchidya
baḍiśoddhṛtām | | 11 | |
kalkaiścūrṇaiḥ kaṣāyāṇām
kṣaudrayuktairupācaret | | 12 | | § 23295

6.34.24 Sarvāṅgasundarā

uttamākhyāṃ piṭikāṃ baḍiśoddhṛtām samyak cheda-
yitvā kaṣāyāṇām kalkaiścūrṇaiḥ kṣaudrayuktairupakra-
met | § 23296

6.34.25 Aṣṭāṅgahr̥dayasaṃhitā

kramaḥ pittavisarpoktaḥ puṣkaravyūḍhayorhitāḥ | | 12 | |
tvakpāke sparśahānyāṃ ca
secayed----- | | 13 | | § 23298

6.34.26 Sarvāṅgasundarā

puṣkarikāyāṃ saṃvyūḍhe ca pittavisarpavihitāṃ cikitsi-
taṃ hitam | saṃ-tvakpākasparśahānyoḥ secanam | § 23299

6.34.27 Aṣṭāṅgahr̥dayasaṃhitā

-----mr̥ditaṃ punaḥ | | 13 | |
balātailena koṣṇena
madhuraścopanāhayet | | 13 | | § 23301

6.34.28 Sarvāṅgasundarā

mr̥ditaṃ nāma liṅgarogaṃ vakṣyamāṇena (ślo.42) balā tai-
lena secayet | tathā madhurairdravyaiḥ kalkitaiḥ sukhoṣṇ-
airghṛtasnigdhairupanāhaśca kāryaḥ | § 23302

6.34.29 Aṣṭāṅgahr̥dayasaṃhitā

aṣṭhīlikāṃ hr̥te rakte śleṣmagranthivadācaret | | 14 | | § 23303

6.34.30 Sarvāṅgasundarā

aṣṭhīlikāṃ rakte hr̥te kaphagranthimivopakramet | § 23304

6.34.31 Aṣṭāṅgahr̥dayasaṃhitā

nivṛttaṃ sarpiṣā+abhyajya svedayitvopanāhayet | | 14 | |
trirātraṃ pañcarātraṃ vā susnigdhaiḥ
śālvalādibhiḥ | | 15 | |
svedayitvā tato bhūyaḥ snigdhaṃ carma
samānayet | | 15 | |
maṇiṃ prapīḍya śanakaiḥ praviṣṭe
copanāhanam | | 16 | |
5 maṇau punaḥpunaḥ snigdhaṃ bhojanaṃ cātra
śasyate | | 16 | | § 23309

6.34.32 Sarvāṅgasundarā

nivṛttasaṃjñam liṅgarogaṃ ghr̥tenābhyajya svedayitvā
copanāhayet trirātram pañcarātram vā susnigdhaiḥ śālval-
ādibhiḥ | tato bhūyaḥ svedayitvā snigdham carma maṇiṃ
samānayet | kiṃ kṛtvā ? maṇiṃ śanaiḥ prapīḍya | praviṣṭe
maṇau copanāham punaḥpunaḥ kuryāt | bhojanaṃ cātra 5
snigdham hitam | § 23310

6.34.33 Aṣṭāṅgahr̥dayasaṃhitā

ayameva prayojyaḥ syādavapāṭyāmapi
kramaḥ | | 17 | | § 23311

6.34.34 Sarvāṅgasundarā

ayameva kramo+avapāṭikāyām yojyaḥ syāt | § 23312

6.34.35 Aṣṭāṅgahr̥dayasaṃhitā

nāḍīmubhayatodvārām niruddhe jatunā sṛtām | | 17 | |
snehāktām srotasi nyasya
siñcetsnehaiścalāpahaiḥ | | 18 | |
tryahāttryahātsthūlatarām nyasya nāḍiṃ
vivardhayet | | 18 | |
srotodvāramasiddhau tu vidvān śastreṇa
pāṭayet | | 19 | |
sevanīm varjayan yuñjyāt sadyaḥkṣatavidhiṃ 5
tataḥ | | 19 | | § 23317

6.34.36 Sarvāṅgasundarā

niruddhe-niruddhākhye niruddhamaṇau, nāḍiṃ dvidvā-
rām jatunā sṛtām liptāḥ snehāktām liṅge nyasya liṅgam ba-
lātailādibhiḥ snehaiḥ siñcet | tryahāttryahāt sthūlatarām
nāḍiṃ kṣiptvā srotodvāram vṛddhiṃ nayet | evamapyas-
iddhau dhīmān vaidyaḥ sevanīm pariharan śastreṇa pāṭa- 5

yet | tataḥ-pāṭanādanantaram, sadyaḥkṣatavidhānaṃ yu-
ñyāt | § 23318

6.34.37 Aṣṭāṅgahr̥dayasaṃhitā

granthitaṃ sveditaṃ nāḍyā
snigdhoṣṇairupanāhayet | | 20 | | § 23319

6.34.38 Sarvāṅgasundarā

granthitasamjñāṃ nāḍyā sveditaṃ snigdhoṣṇairupanāha-
yet | § 23320

6.34.39 Aṣṭāṅgahr̥dayasaṃhitā

limpetkaṣāyaiḥ sakṣaudrairlikhitvā
śataponakam | | 20 | | § 23321

6.34.40 Sarvāṅgasundarā

śataponakam liṅgarogaṃ likhitvā kaṣāyadravyacūrṇaiḥ
samākṣikairlimpet | § 23322

6.34.41 Aṣṭāṅgahr̥dayasaṃhitā

raktavidradhivatkāryā cikitsā śoṇitārbude | | 21 | | § 23323

6.34.42 Sarvāṅgasundarā

śoṇitārbude raktavidradhivaccikitsā kartavyā | § 23324

6.34.43 Aṣṭāṅgahr̥dayasaṃhitā

vraṇopacāraṃ sarveṣu yathāvasthaṃ
prajayet | | 21 | | § 23325

6.34.44 Sarvāṅgasundarā

sarveṣu liṅgarogeṣu yathāvasthaṃ-avasthāvaśāt, vraṇopacārān-
antaḥśuddhikaṣāyalepaghr̥tatailarasakriyācūrṇāṃśchodha-
naropaṇān, prayojayet | § 23326

6.34.45 Aṣṭāṅgahr̥dayasaṃhitā

yonivyāpatsu bhūyiṣṭhaṃ śasyate karma vātajit | | 22 | |
snehanasvedabastyādi vātajāsu
viśeṣataḥ | | 22 | |
na hi vātādr̥te yonirvanitānāṃ
praduṣyati | | 23 | |
ato jitvā tamanyasya kuryāddoṣasya
bheṣajam | | 23 | | § 23330

6.34.46 Sarvāṅgasundarā

yonivyāpatsu viṣaye prāyeṇa pavanavijayi cikitsitaṃ yu-
ktam | snehanādi vātottḥāsu vyāpattiṣu viśeṣeṇa śasyate |
saṃ-yato vātamantareṇa yoṣito yonirna duṣyati | tasm-
āttam mārutaṃ, jitvā parasya doṣasyauṣadhaṃ kuryāt |
§ 23331

5

6.34.47 Aṣṭāṅgahr̥dayasaṃhitā

pāyayeta(ttāṃ) balātailaṃ miśrakaṃ
sukumāraṃ | | 24 | |
snigdhasvinnāṃ tathā yoniṃ duḥsthitāṃ
sthāpayetsamām | | 24 | |
pāṇinā namayejjihyāṃ saṃvṛtāṃ vyadhayet
punaḥ | | 25 | |
praveśayenniḥsṛtāṃ ca vivṛtāṃ
parivartayet | | 25 | |
sthānāpavṛttā yonirhi śalyabhūtā striyo
matā | | 26 | | § 23336

5

6.34.48 Sarvāṅgasundarā

tāṃ-striyaṃ, balātailaṃ (ci. a.21/73), miśrakākhyam(c.
a.14/89), vā, sukumārakāhvayaṃ (ci. a.13/41), pāyayet |
tathā yoniṃ snigdham svinnāṃ ca duḥsthitāṃ samāṃ sth-
āpayet | jihyāṃ-kuṭilāṃ yoniṃ, hastena namayet | saṃvṛ-
5 tāṃ tu vyadhayet-prasārayedityarthaḥ | niḥśṛtāṃ ca prav-
eśayet | vivṛtāṃ tu satīṃ parivartayet | yataḥ sthānād bhr-
aṣṭā yoniḥ striyaḥ śalyarūpā bhavet | § 23337

6.34.49 Aṣṭāṅgahr̥dayasaṃhitā

karmabhirvamanādyaiśca

mṛdubhīryojayetstriyam | | 26 | |
sarvataḥ suśuddhāyāḥ śeṣaṃ karma
vidhīyate | | 27 | |

bastyabhyaṅgapariṣekapralepapicudhāraṇam | | 27 | | § 23340

6.34.50 Sarvāṅgasundarā

vamanādīni ca karmāṇi mṛdūni-akharāṇi, strī(striyā) kār-
ayitavyā(ni) | sarvataḥ-adha upariṣṭācca, viśuddhāyā nā-
ryāḥ pariśiṣṭaṃ karma-bastyādikaṃ, kriyate | § 23341

6.34.51 Aṣṭāṅgahr̥dayasaṃhitā

kāśmaryatriphalādrākṣākāsamardaniśādvayaiḥ | | 28 | |
guḍūcīsairyakābhīruśukanāsāpunarnavaiḥ | | 28 | |
parūṣakaiśca
vipacetprasthamakṣasamairghṛtāt | | 29 | |
yonivātavikāraghnaṃ tatpītaṃ garbhadaṃ
param | | 29 | | § 23345

6.34.52 Sarvāṅgasundarā

kāśmaryādibhiḥ kalkitaiḥ kārṣikairghṛtātprastham pacet |
tat-ghṛtaṃ, pītaṃ yonivātavikāraharaṃ suṣṭhu garbha-
daṃ ca | § 23346

6.34.53 Aṣṭāṅgahr̥dayasaṃhitā

vacopakuñcikājājīkr̥ṣṇāvṛṣakasaindhavam | | 30 | |
ajamodāyavakṣāraśarkarācitrakānvitam | | 30 | |
piṣṭvā prasannayā+a+aloḍya
khādet tadghṛtabharjitam | | 31 | |
yonipārśvārthiḥdrogagulmārśovinivṛttaye | | 31 | | § 23350

6.34.54 Sarvāṅgasundarā

vacādikaṃ piṣṭvā prasannayā+a+aloḍya ghṛtabharjitam
khādet yonipārśvārthyādiśāntaye | § 23351

6.34.55 Aṣṭāṅgahr̥dayasaṃhitā

vṛṣakaṃ mātuluṅgasya mūlāni madayantikām | | 32 | |
pibenmadyaiḥ salavaṇaistathā
kr̥ṣṇopakuñcike | | 32 | | § 23353

6.34.56 Sarvāṅgasundarā

vṛṣakādīni madyaiḥ salavaṇaiḥ pibet | tathā pippalī sthūl-
ajīrake vā madyaiḥ salavaṇaiḥ pibet | § 23354

6.34.57 Aṣṭāṅgahr̥dayasaṃhitā

rāsnāśvadamaṣṭrāvṛṣakaiḥ śṛtaṃ sūlaharam
payah | | 33 | | § 23355

6.34.58 Sarvāṅgasundarā

rāsnādibhiḥ śṛtaṃ payah sūlaghnam | § 23356

6.34.59 Aṣṭāṅgahr̥dayasaṃhitā

guḍūcītriphalādantikvāthaiśca pariṣecanam | | 33 | | § 23357

6.34.60 Sarvāṅgasundarā

guḍūcyādibhiḥ kvāthaiḥ pariṣecanam sukhoṣṇam hitam,
prakṛtatvādyoneḥ | § 23358

6.34.61 Aṣṭāṅgahr̥dayasaṃhitā

natavārtākinīkuṣṭhasaindhavāmaradārubhiḥ | | 34 | |
tailātprasādhitāddhāryaḥ picuryonau
rujāpahaḥ | | 34 | | § 23360

6.34.62 Sarvāṅgasundarā

natādibhistailāt pakvāt picuryonau dhṛto rujāghnaḥ |
§ 23361

6.34.63 Aṣṭāṅgahr̥dayasaṃhitā

pittalānām tu yonīnām sekābhyaṅpicukriyāḥ | | 35 | |
sītāḥ pittajitaḥ kāryāḥ snehanārtham ghṛtāni
ca | | 35 | | § 23363

6.34.64 Sarvāṅgasundarā

pittalānām ca yonīnām sītādikāḥ kriyāḥ sekādyāḥ kāryāḥ |
snehanārtham ghṛtāni ca deyaṇi | § 23364

6.34.65 Aṣṭāṅgahr̥dayasaṃhitā

śatāvarīmūlatulācatuṣkāt kṣuṇṇapīditāt | | 36 | |
rasena kṣīratulyena pācayeta
ghṛtāḍhakam | | 36 | |
jīvanīyaiḥ śatāvaryā mṛdvīkābhiḥ
parūṣakaiḥ | | 37 | |
piṣṭaiḥ priyālaiścākṣāṃśaurdvibalāmadhukānv-
itaiḥ | | 37 | |

siddhaśīte tu madhunaḥ pippalyāśca
palāṣṭakam | | 38 | |
śarkarāyā daśapalaṃ kṣipelliḥyātpicuṃ
tataḥ | | 38 | |
yonyasṛkśukradoṣaghaṇaṃ vṛṣyaṃ puṃsavanaṃ
param | | 39 | |
kṣataṃ kṣayamasṛkpittaṃ kāsaṃ śvāsaṃ
halīmakam | | 39 | |
kāmalāṃ vātarudhiraṃ visarpaṃ
hr̥cchirograham | | 40 | |
apasmārārditāyāmamadonmādāṃśca
nāśayet | | 40 | | § 23374

5

6.34.66 Sarvāṅgasundarā

śatāvarīmūlatulācatuṣṭayāt kṣuṇṇapīḍitād rasena dugdha-
samena sarpiṣa āḍhakaṃ pacejjīvanīyādibhiḥ karṣāṃśaiḥ
kalkīkṛtaiḥ | pakve śīte ca māḥṣikapalāṣṭakam, kaṇāṣṭapa-
laṃ, sitāpalāni ca daśa, kṣipet | tasmācca karṣamātraṃ li-
hyāt yonyādidoṣaghaṇaṃ vṛṣyādiguṇaṃ ca | § 23375

5

6.34.67 Aṣṭāṅgahr̥dayasaṃhitā

evameva payaḥ sarpirjīvanīyopasādhitam | | 41 | |
garbhadaṃ pittajānāṃ ca rogāṇāṃ paramaṃ
hitam | | 41 | | § 23377

6.34.68 Sarvāṅgasundarā

anenaiva krameṇa kṣīraṃ sarpirvā jīvanīyaiḥ pakvaṃ ga-
rbhapradaṃ pittajānāṃ ca rogāṇāṃ paraṃ hitam | § 23378

6.34.69 Aṣṭāṅgahr̥dayasaṃhitā

balādroṇadvayakvāthe ghṛtatailāḍhakaṃ pacet | | 42 | |

kṣīre caturguṇe
kr̥ṣṇākākanāsāsītānvitaiḥ | | 42 | |
jīvantīkṣīrakākoliṣṭhirāvīrardhijīvakaiḥ | | 43 | |
payasyāśrāvaṇīmudgapīlumāśakhyaparṇibhiḥ | | 43 | |
vātapittāmayān hatvā pānād garbhaṃ dadhāti
tat | | 44 | | § 23383

6.34.70 Sarvāṅgasundarā

balāyā droṇadvayasya kaṣāye ghṛtatailorādḥakaṃ pa-
cet | kṣīre caturādḥake kr̥ṣṇādibhiḥ kalkitaiḥ sāmānyapa-
ribhāṣayoktapramāṇaiḥ | tat-ghṛtaṃ, pānena vātapittaro-
gān hatvā garbhaṃ dhatte | mudgādīnāṃ parṇyā praty-
5 ekaṃ sambandhaḥ,- mudgaparṇī pīluparṇī māṣaparṇīti |
§ 23384

6.34.71 Aṣṭāṅgahr̥dayasaṃhitā

raktayonyāmasṛgvarṇairanubandhamavekṣya ca | | 44 | |
yathādoṣodayaṃ yuñjyād
raktasthāpanamauśadham | | 45 | | § 23386

6.34.72 Sarvāṅgasundarā

raktayonyāṃ lohitaṃ varṇairlakṣayitvā+anubandhaṃ ca
yathādoṣodayaṃ, raktasthāpanaṃ bheṣajaṃ prayuñjīta |
§ 23387

6.34.73 Aṣṭāṅgahr̥dayasaṃhitā

pāṭhāṃ jambvāmrayorasthi śilodbhedāṃ
rasāñjanam | | 45 | |
ambaṣṭhāṃ śālmalīpicchāṃ samaṅgāṃ
vatsakatvacam | | 46 | |
bāhlīkabilvātiviṣārodhratoyadagairikam | | 46 | |
śuñṭhīmadhūkamācīkaraktacandanakaṭūphalam | | 47 | |

kaṭvaṅgavatsakānantādhātakīmadhukārjunam | | 47 | |
 puṣye gr̥hītvā sañcūrṇya sakṣaudraṃ
 tandulāmbhasā | | 48 | |
 pibedarśaḥsvatīsāre raktam
 yaścopaveśyate | | 48 | |
 doṣā jantukṛtā ye ca bālānām tāmśca
 nāśayet | | 49 | |
 yonidoṣam rajodoṣam 5
 śyāvaśvetāruṇāsitam | | 49 | |
 cūrṇam puṣyānugaṃ nāma
 hitamātreypūjitam | | 50 | |
 yonyām balāsaduṣṭāyām sarvaṃ
 rūkṣoṣṇamauṣadham | | 50 | | § 23398

6.34.74 Sarvāṅgasundarā

pāthādikaṃ puṣye gr̥hītvā sañcūrṇya kṣaudrānvitam tand-
 ulāmbhasā pibet arśoviṣayādiṣu | ye ca doṣā jantukṛtā bā-
 lānām, tāmśca yonidoṣādīn hanti | puṣyānugaṣaṃjñame-
 taccūrṇam hitamātreypūjitam ca | sa0- yonyām balāsenā
 duṣṭāyām sarvameva rūkṣoṣṇam hitam | § 23399 5

6.34.75 Aṣṭāṅgahr̥dayasaṃhitā

dhātakyāmalakīpatrasrotojamadhukotpalaiḥ | | 51 | |
 jambvāmrasārakāsīsarodhrakaṭphalatindukaiḥ | | 51 | |
 saurāṣṭrikādāḍimatvagudumbaraśalāṭubhiḥ | | 52 | |
 akṣamātrairajāmūtre kṣīre ca dviguṇe
 pacet | | 52 | |
 tailaprastham tadabhyaṅgpicubastiṣu 5
 yojayet | | 53 | |
 tena sūnonnatā stabdhā picchilā srāviṇī
 tathā | | 53 | |
 viplutopaplutā yoniḥ
 siddhyetatsphoṭaśūlinī | | 54 | | § 23406

6.34.76 Sarvāṅgasundarā

dhātakyādibhiḥ kārṣikaiśchāgamūtre dviguṇe, kṣīre ca dviguṇe, tailaprasthaṃ pacet | tattailamabhyaṅgādiṣu yojyam | anena tailena śūnādiguṇā yoniḥ sidhyati | § 23407

6.34.77 Aṣṭāṅgahr̥dayasaṃhitā

yavānnaṃabhayāriṣṭaṃ sīdhu tailaṃ ca śīlayet | | 54 | |
pippalyayorajaḥ pathyāprayogāṃśca
samākṣikān | | 55 | | § 23409

6.34.78 Sarvāṅgasundarā

tathā yavānnādikaṃ śīlayet | pippalyādiprayogāṃśca kṣaudrānvitānabhyaset | § 23410

6.34.79 Aṣṭāṅgahr̥dayasaṃhitā

kāsīsaṃ triphalā kāṅkṣī sāmrajambvasthi dhātukī | | 55 | |
paicchilye kṣaudrasaṃyuktaścūrṇo
vaiśadyakāraḥ | | 56 | | § 23412

6.34.80 Sarvāṅgasundarā

kāsīsādikaścūrṇo māḥṣikānvitaḥ paicchilye viśadatkṛt |
§ 23413

6.34.81 Aṣṭāṅgahr̥dayasaṃhitā

palāśadhātakījambūsamaṅgāmosasarjajaḥ | | 56 | |
durgandhe picchile klede stambhanaścūrṇa
iṣyate | | 57 | |
āragvadhādivargasya kaṣāyaḥ
pariṣecanam | | 57 | | § 23416

6.34.82 Sarvāṅgasundarā

palāśādijaścūrṇo durgandhādiṣu stambhanamiṣyate | āra-
gvadhādivargakvātho (hr̥.sū. a. 15/17) durgandhādu pa-
riṣekaḥ | § 23417

6.34.83 Aṣṭāṅgahr̥dayasaṃhitā

stambdhānāṃ karkaśānāṃ ca kāryaṃ
mārdavakārakam | | 58 | |
dhāraṇaṃ vesavārasya kṛsarāpāyasasya
ca | | 58 | | § 23419

6.34.84 Sarvāṅgasundarā

stambdhānāṃ kharasparśānāṃ ca yonīnāṃ mṛduttvaka-
raṃ vesavārādiddhāraṇaṃ vidheyam | vesavāraḥ-kuṭṭitasvinnasaṃskṛtam
kṛsarā ca pāyasaṃ ca kṛsarāpāyasam | § 23420

6.34.85 Aṣṭāṅgahr̥dayasaṃhitā

durgandhānāṃ kaṣāyaḥ syāttailaṃ vā kalka eva
vā | | 59 | |
cūrṇe vā sarvagandhānāṃ
pūtigandhā(ndhya)pakarṣaṇaḥ | | 59 | | § 23422

6.34.86 Sarvāṅgasundarā

durgandhānāṃ yonīnāṃ sarvagandhadravyaṇāṃ kaṣāyaḥ-
kvātho, hitaḥ | tatpakvaṃ tailaṃ tatkalka eva vā | ath-
avā sarvagandhānāṃ cūrṇaḥ pūtigandhā(ndhya) pahāḥ |
§ 23423

6.34.87 Aṣṭāṅgahr̥dayasaṃhitā

śleṣmalānāṃ kaṭuprāyāḥ samūtrā bastayo hitāḥ | | 60 | |

pitte samadhukakṣīrā vāte
tailāmlasaṃyutāḥ | | 60 | | § 23425

6.34.88 Sarvāṅgasundarā

śleṣmalānāṃ yonīnāṃ kaṭuprāyā gomūtrayutāśca bastayo
hitāḥ | pitte madhuyaṣṭīkṣīrayuktā bastayaḥ | vāte tailāml-
ayutā bastayo hitāḥ | § 23426

6.34.89 Aṣṭāṅgahr̥dayasaṃhitā

sannipātasamutthāyāḥ karma sādharmaṇaṃ
hitam | | 61 | | § 23427

6.34.90 Sarvāṅgasundarā

sannipātotthāyāḥ sādharmaṇaṃ karma hitam | § 23428

6.34.91 Aṣṭāṅgahr̥dayasaṃhitā

evaṃ yoniṣu śuddhāsu garbhaṃ vindanti yoṣitaḥ | | 61 | |
aduṣṭe prākṛte bīje jīvopakramaṇe
sati | | 62 | | § 23430

6.34.92 Sarvāṅgasundarā

evaṃ-anena prakāreṇa, yoniṣu viśuddhāsu satīṣu striyo
garbhaṃ labhante | prākṛte bīje+aduṣṭe sati tathā jīvasy-
opakramaṇe kṣepe sati | § 23431

6.34.93 Aṣṭāṅgahr̥dayasaṃhitā

pañcakarmaviśuddhasya puruṣasyāpi cendriyam | | 62 | |
parīkṣya varṇairdoṣānāṃ duṣṭaṃ
tadghnairupācaret | | 63 | | § 23433

6.34.94 Sarvāṅgasundarā

narasya pañcabhiḥ karmabhiḥ śuddhasya, indriyaṃ, śukraṃ,
doṣāṇāṃ varṇairduṣṭaṃ parīkṣya tadghnaiḥ-doṣaghnaiḥ,
upakramet | § 23434

6.34.95 Aṣṭāṅgahr̥dayasaṃhitā

mañjiṣṭhākuṣṭhatagaratriphalāśarkarāvacaḥ | | 63 | |
dve niśe madhukaṃ medāṃ dīpyakaṃ
kaṭurohiṇīm | | 64 | |
payasyāhiṅgukākoliṅvājigandhāśatāvarīḥ | | 64 | |
piṣṭvā+akṣāṃśā ghr̥taprasthaṃ
pacetkṣīracaturguṇam | | 65 | |
yonīśukrapradoṣeṣu tatsarveṣu 5
praśasyate | | 65 | |
āyusyaṃ pauṣṭikaṃ medhyaṃ dhanyaṃ
puṃsavanaṃ param | | 66 | |
phalasarpiriti khyātaṃ puṣpe pītaṃ phalāya
yat | | 66 | |
mriyamāṇaprajānāṃ ca garbhiṇīnāṃ ca
pūjitaṃ | | 67 | |
etatparaṃ ca bālānāṃ grahaghnaṃ
dehavadhanam | | 67 | | § 23443
iti śrīvaidyapatisiṃhaguptasūnuśrīmadvāgbhaṭavira- 10
citāyāmaṣṭāṅgahr̥dayasaṃhitāyāṃ ṣaṣṭhe uttarasthāne gu-
hyarogapraṭiśedho nāma catustrīṃśo+adhyāyaḥ | | 34 | |
§ 23444

6.34.96 Sarvāṅgasundarā

mañjiṣṭādibhiḥ kārṣikaiḥ piṣṭairghr̥taprasthaṃ kṣīracatu-
rguṇam pacet | taddhr̥taṃ sarveṣu yonīśukrapradoṣeṣu
śasyate | āyusyādi guṇam paraṃ puṃsavanaṃ mriyam-
āṇagarbhānāṃ garbhiṇīnāṃ ca hitam | phalasarpiriti nā-
mnā prasiddham | kutaḥ ? yasmāt puṣpe-ārtavasamaye, 5
pītaṃ phalāya jāyate | tathā paraṃ bālānāṃ grahaghnaṃ

śarīravṛddhikaraṃ ceti | iti śrīmr̥gāṅkadattaputraśrīmada-
ruṇadattaviracitāyāmaṣṭāṅgahr̥daya ṭikāyāṃ sarvāṅgasu-
ndarākhyāyāṃ ṣaṣṭha uttarasthāne guhyaroga pratiṣedho
nāma catuṣtriṃśo+adhyāyaḥ samāptaḥ | | 34 | | § 23445

iti śalyatantraṃ nāma pañcamamaṅgaṃ samāptam |
§ 23446

6.35 viṣapratīṣedhādhyāyaḥ : 35

6.35.1 Aṣṭāṅgahr̥dayasaṃhitā

athāto viṣapratīṣedham vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātreyādayo maharṣayaḥ | | 2 | | § 23448

6.35.2 Aṣṭāṅgahr̥dayasaṃhitā

tatra viṣasya prāgutpattidarśanārthamāha-§ 23449

6.35.3 Aṣṭāṅgahr̥dayasaṃhitā

mathyamāne jalanidhāvamṛtārtham surāsuraiḥ | | 1 | |
jātaḥ prāgamṛtotpatteḥ puruṣo
ghoradarśanaḥ | | 1 | |
dīptatejāścaturdaṃṣṭro
harikeśo+analekṣaṇaḥ | | 2 | |
jagadvīṣaṇṇam taṃ dṛṣṭvā tenāsau
viṣasaṃjñitaḥ | | 2 | |
5 huṃkr̥to brahmaṇā mūrti tataḥ
sthāvarajaṅgame | | 3 | |
so+adhyatiṣṭhannijaṃ rūpamujjhitvā
vañcanātmakam | | 3 | | § 23455

6.35.4 Sarvāṅgasundarā

samudre surāsurairamṛtārthaṃ vilod̥yamāne+amṛtotpatteḥ
pūrvam puruṣo dāruṇadr̥ṣṭiḥ samiddhadhāmā caturda-
mṣtro harivarṇakaco dahanatulyanetro jātaḥ | taṃ puru-
ṣaṃ dr̥ṣṭvā bhuvanaṃ viṣādaṃ gatam | ata evāsau jaga-
dviṣadanāt viṣasaṃjñāḥ | brahmaṇa huṃkṛtastu sannasau 5
vañcanasvabhāvaṃ svaṃ rūpaṃ hitvā sthāvarajaṅgamā-
khye mūrti adhitasthau | puruṣarupī tiṣṭhedasau tato bra-
hmā śāpaṃ dadyāt | § 23456

6.35.5 Aṣṭāṅgahr̥dayasaṃhitā

sthiramatyulbaṇaṃ vīrye yatkaṇḍeṣu pratiṣṭhitam | | 4 | |
kālakūṭendravatsākhyasṛṅgīhālāhalādikam | | 4 | | § 23458

6.35.6 Sarvāṅgasundarā

yadviṣaṃ sthiraṃ-sthāvaram, kaṇḍeṣu pratiṣṭhitam vīrye
atyulbaṇaṃ tat kālakūṭadibhedabhinnam | phalādiṣvapi
tad bhavati, kintu kande vīryātikṛt | ādisabdena saṅgrah-
oktā bhedaḥ gr̥hyante | yathā (saṃ.u. a. 40)-"kālakūṭaṃ va-
tsanābhaṃ sāktukaṃ vālakaṃ kardamakaṃ vairāṭaṃ mu- 5
stakaṃ śṛṅgī puṇḍarīkaṃ mahāviṣaṃ hālāhalaṃ markāṭa-
kaṃ karkāṭaṃ kāsapuṣpakamindrāyudhaṃ tathā tailam | "
iti (tyādi) bhedaḥ prakīrtitāḥ | eṣāṃ tu lakṣaṇaṃ tatro-
ktam | tadahi vistarataragranthaśaṅkayā noktam | § 23459

6.35.7 Aṣṭāṅgahr̥dayasaṃhitā

sarpalūtādidamaṣṭrāsu dāruṇaṃ jaṅgamam
viṣam | | 5 | | § 23460

6.35.8 Sarvāṅgasundarā

sarpādidamaṣṭrāsu tu yadvyavasthitam tajjaṅgamam | ta-
cca dāruṇam | amaṣṭretyupalakṣaṇārtham, nakhaviṣāṇa-
mūtrādīnāmapi puro viṣatvena vakṣyamāṇatvāt | § 23461

6.35.9 Aṣṭāṅgahr̥dayasaṃhitā

sthāvaram jaṅgamaṃ ceti viṣam
proktamakṛtrimam | | 5 | | § 23462

6.35.10 Sarvāṅgasundarā

sthāvaram jaṅgamaṃ ceti dviprakāram viṣamakṛtrimam |
§ 23463

6.35.11 Aṣṭāṅgahr̥dayasaṃhitā

kṛtrimam garasaṃjñam tu kriyate vividhauṣadhaiḥ | | 6 | |
hanti yogavaśenāśu cirācciratarācca tat | | 6 | |
śophapāṇḍūdaromādadurnāmādīn karoti
vā | | 7 | | § 23466

6.35.12 Sarvāṅgasundarā

garasaṃjñam tu kṛtrimam | yasmāttat kriyate | ata eva viv-
idhāni vakṣyamāṇānyaūśadhāni yasmimstadevam | tacca
yogavaśācchīghram hanti | tathā vividhayogavaśāccirācc-
iram hanti | śophādīmśca vidhatte | § 23467

6.35.13 Aṣṭāṅgahr̥dayasaṃhitā

tīkṣṇoṣṇarūkṣaviśadam vyavāyyāśukaram laghu | | 7 | |
vikāṣi sūkṣmamavyaktarasam viṣamapāki
ca | | 8 | | § 23469

6.35.14 Sarvāṅgasundarā

tatsarvam viṣam tīkṣṇādiguṇam syāt | guṇanirdeśanād-
asya raukṣyādvātamuṣṇatvāt pittaṃ karotīti jñāpyate |
nanu, raukṣyādibhirguṇairvāyoḥ kopo na yujyate, rau-
kṣyādīnām guṇatvādvāyośca dravyatvāt | brūmaḥ | vāy-

orye raukṣyādayo guṇāsteṣāmeva viṣasthai raukṣyādibhi-
 rguṇairvṛddhiḥ kriyate | te ca vāyorātmabhūtāḥ, tannāse
 vāyornāsaḥ syāt, yathā tantunāse paṭanāsaḥ | tasmādyu-
 ktaḥ pavanasya raukṣyādibhirguṇaiḥ prakopaḥ | evaṃ pi- 5
 tte+api yojyam | kaṭvamlādikathane+api viṣasyāvyaktar-
 asatvam, anekarasasambhavādekasyāpi ca vyaktasyānu-
 palabdheḥ | vyavāyitvaṃ cāsya drāgevākḥilakāyasya vy-
 āpteḥ | tathā apāki,-viṣasya hi mantratantrābhyāmantar-
 eṇa pākābhāvāt, pakve+apyanne viṣasyāpakvasyevopala-
 bdheḥ | ata eva śamitamapi kiñcitkāraṇaṃ prāpya punaḥ 10
 kupyati | § 23470

6.35.15 Aṣṭāṅgahr̥dayasaṃhitā

ojaso viparītaṃ tat tīkṣṇādyairanvitaṃ guṇaiḥ | | 8 | |
 vātapittottaraṃ nṛṇāṃ sadyo harati
 jīvitam | | 9 | | § 23472

6.35.16 Sarvāṅgasundarā

tathā viṣamojaso viparītaṃ tīkṣṇādibhirdaśabhirguṇairyu-
 uktam | tīkṣṇādyairanvitaṃ iti hetau prathamā | tīkṣṇādi-
 guṇayuktatvādojaso viparītamityarthaḥ | tathā vātapittot-
 araṃ narāṇāṃ drāgeva jīvitam harati | § 23473

6.35.17 Aṣṭāṅgahr̥dayasaṃhitā

viṣaṃ hi dehaṃ samprāpya prāg dūṣayati śoṇitam | | 9 | |
 kaphapittānilāṃścānu samaṃ doṣān
 sahāśayān | | 10 | |
 tato hr̥dayamāsthāya dehocchedāya
 kalpate | | 10 | | § 23476

6.35.18 Sarvāṅgasundarā

yasmādviṣaṃ śarīraṃ prāpya pūrvam raktaṃ sarvaśarīr-
 agataṃ dūṣayati, paścāt kaphapittavātānāśayasahitān dū-

ṣayati | anantaraṃ kaphādibhiḥ samameva hr̥dayamāśri-
tya śariranāśāya sampadyate | nanu, viṣasya tīkṣṇādibh-
irguṇairyugapat tridoṣakopitvādraktakopitvācca pūrvam
5 ṣoṇitaṃ dūṣayati paścātrīn doṣāniti yaduktam tadayukti-
madiva dṛśyate | atra bhaṇāmaḥ viṣaprabhāveṇa raktamā-
kr̥ṣṭam pūrvam saha tena saṃyuktam viṣeṇa dūṣyate, tato
yugapadeva doṣatrayakopaḥ, tato doṣaiḥ ṣoṇitena saha hr̥-
dayam vyāpya sarvasrotāṃsi baddhvā dehocśedāya prav-
artata iti na kiñcidatrānupapannam | § 23477

6.35.19 Aṣṭāṅgahr̥dayasaṃhitā

sthāvarasyopayuktasya vege pūrve prajāyate | | 11 | |
jihvāyāḥ śyāvātā stambho mūrccchā trāsaḥ klamo
vamiḥ | | 11 | | § 23479

6.35.20 Sarvāṅgasundarā

sthāvarasya viṣasyopayuktasya prathame vege rasanāśyā-
vatādi jāyate | § 23480

6.35.21 Aṣṭāṅgahr̥dayasaṃhitā

dvitīye vepathuḥ svedo dāhaḥ kaṇṭhe ca vedanā | | 12 | |
viṣam cāmāśayam prāptam kurute hr̥di
vedanām | | 12 | | § 23482

6.35.22 Sarvāṅgasundarā

dvitīye vege vepathvādayaḥ | viṣam cāmāśayam prāptam
hr̥daye vedanām vidhatte | § 23483

6.35.23 Aṣṭāṅgahr̥dayasaṃhitā

tāluśoṣastr̥tīye tu śūlam cāmāśaye bhṛśam | | 13 | |

durbale harite śūne jāyete cāsya locane | | 13 | |
pakvāśayagate
todahidhmākāsāntrakūjanam | | 14 | | § 23486

6.35.24 Sarvāṅgasundarā

ṛtīye ca vege tāluśoṣaḥ āmāśaye+atirujā syāt | netre cā-
sya durbalādiguṇe bhavataḥ | pakvāśayagate todādayaḥ
syuḥ | § 23487

6.35.25 Aṣṭāṅgahr̥dayasam̐hitā

caturthe jāyate vege śīrasaścātigauravam | | 14 | | § 23488

6.35.26 Sarvāṅgasundarā

caturthe vege mūrdhno+atigurutvaṃ jāyate | caśabdāt pū-
rvoktā rasanāśayāvatādayaḥ syuḥ | evamagre+api caśabd-
ārtho bodhyaḥ | § 23489

6.35.27 Aṣṭāṅgahr̥dayasam̐hitā

kaphapraseko vaivarṇyaṃ parvabhedaśca
pañcame | | 15 | |
sarvadoṣaprapakopaśca pakvādhāne ca
vedanā | | 15 | | § 23491

6.35.28 Sarvāṅgasundarā

pañcame vege kaphaprasekādih | sarvadoṣāṅgāṃ prako-
paḥ | pūrvoktāśca | pakvāśaye vyathā ca | § 23492

6.35.29 Aṣṭāṅgahr̥dayasam̐hitā

ṣaṣṭhe samjñāpraṇāśaśca subhṛśam
cātisāryate | | 16 | | § 23493

6.35.30 Sarvāṅgasundarā

ṣaṣṭhe vege cetanāyāḥ praṇāśo+atīsayenātisāraśca | § 23494

6.35.31 Aṣṭāṅgahr̥dayasaṃhitā

skandhapṛṣṭhakaṭībhaṅgo bhavenmr̥tyuśca
saptame | | 16 | | § 23495

6.35.32 Sarvāṅgasundarā

saptame skandhādibhaṅgaḥ, saptānāṃ dhātūnāṃ dūṣaṅ-
ānmr̥tyuśca syāt | § 23496

6.35.33 Aṣṭāṅgahr̥dayasaṃhitā

prathame viṣavege tu vāntaṃ śītāmbusecitam | | 17 | |
sarpirmadhubhyāṃ saṃyuktamagadaṃ
pāyayed drutam | | 17 | | § 23498

6.35.34 Sarvāṅgasundarā

prathame viṣavege tu kṛtavamanāṃ śīśirajalasecitam śī-
ghramevāgadaṃ saghṛtamākṣikaṃ pāyayet | § 23499

6.35.35 Aṣṭāṅgahr̥dayasaṃhitā

dvitiye pūrvavadvāntaṃ viriktaṃ cānu
pāyayet | | 18 | | § 23500

6.35.36 Sarvāṅgasundarā

dvitiye viṣavege pūrvavat-śītāmbusecitam, vāntaṃ viri-
ktaṃ cānu-pāścāt, agadaṃ pāyayet | § 23501

6.35.37 Aṣṭāṅgahr̥dayasaṃhitā

ṭṛtīye+agadapānaṃ tu hitaṃ nasyaṃ
tathā+añjanaṃ | | 18 | | § 23502

6.35.38 Sarvāṅgasundarā

ṭṛtīye vege+agadapānaṃ nasyamañjanaṃ ca hitaṃ | § 23503

6.35.39 Aṣṭāṅgahr̥dayasaṃhitā

caturthe snehasaṃyuktamagadaṃ
pratiyojayet | | 19 | | § 23504

6.35.40 Sarvāṅgasundarā

caturthe vege snehasaṃyutamagadaṃ pratiyojayet | § 23505

6.35.41 Aṣṭāṅgahr̥dayasaṃhitā

pañcame madhukakvāthamākṣikābhyāṃ yutaṃ
hitaṃ | | 19 | | § 23506

6.35.42 Sarvāṅgasundarā

pañcame vege madhuyaṣṭikākavāthamākṣikābhyāṃ yukta-
magadaṃ hitaṃ | § 23507

6.35.43 Aṣṭāṅgahr̥dayasaṃhitā

ṣaṣṭhe+atisāravatsiddhiḥ----- | | 20 | | § 23508

6.35.44 Sarvāṅgasundarā

ṣaṣṭhe vege+atisāratulyā cikitsā | § 23509

6.35.45 Aṣṭāṅgahr̥dayasaṃhitā

-----avapīḍastu saptame | | 20 | |
mūrdhni kākapadaṃ kṛtvā sāsr̥gvā piśitaṃ
kṣipet | | 20 | | § 23511

6.35.46 Sarvāṅgasundarā

saptame vege+avapīḍo-rogānutpādanīyokto (hr̥.sū. a. 4/6),
deyaḥ | athavā mastake kākapadaṃ kṛtvā saraktaṃ piśi-
taṃ nyaset | § 23512

6.35.47 Aṣṭāṅgahr̥dayasaṃhitā

kośātakyagnikaḥ pāṭhā sūryavalyamṛtābhayāḥ | | 21 | |
śeluḥ śirīṣaḥ kiñihī haridre
kṣaudrasāhvayā | | 21 | |
punarnave trikaṭukaṃ br̥hatyau sārive
balā | | 22 | |
eṣāṃ yavāgūṃ niryuhe śītāṃ
saghr̥tamakṣikāṃ | | 22 | |
5 yuñjyādvegāntare sarvaviṣaghnīm
kṛtakarmaṇaḥ | | 23 | | § 23517

6.35.48 Sarvāṅgasundarā

kośātakyādīnāṃ kvāthe yavāgūṃ siddhāṃ śītāṃ sasarp-
iṣkamākṣikāṃ yuñjayāt | sūryavallī-karavīrakākārapuṣpī |
kṣaudrasāhvayaṃ-vaṭamākṣikam | vegāntare-vegamadhye,
sarvaviṣaghnīm | kṛtaṃ karma yasya tasyaivaṃ kāryam |
5 § 23518

6.35.49 Aṣṭāṅgahr̥dayasaṃhitā

tadvanmadhūkamadhukapadmakesaracandanaiḥ | | 23 | | § 23519

6.35.50 Sarvāṅgasundarā

madhūkādīkvāthe peyāṃ śītāṃ saghṛtamākṣikāṃ yu-
ñjyāt | § 23520

6.35.51 Aṣṭāṅgahr̥dayasam̐hitā

añjanam̐ tagaram̐ kuṣṭham̐ haritālam̐ manaḥśilā | | 24 | |
phalānī trikaṭu spr̥kkā nāgapuṣṭam̐
sakesaram | | 24 | |
hareṇurmadhukam̐ māṃsī rocanā
kākamālikā | | 25 | |
śrīveṣṭakam̐ sarjarasaḥ śatāhvā kuṅkumam̐
balā | | 25 | |
tamālapatratālīsabhūrjośīraniśādvayam | | 26 | | 5
kanyopavāsīnī snātā śuklavāsā
madhudrutaiḥ | | 26 | |
dvijānabhyarcya taiḥ puṣye
kalpayedagadottamam | | 27 | |
vaidyaścātra tadā mantraṃ prayatātmā
paṭhedimam | | 27 | |
"namaḥ puruṣasiṃhāya namo nārāyaṇāya
ca | | 28 | |
yathā+asau nābhijānāti raṇe 10
kṛṣṇaparājayam | | 28 | |
etena satyavākyena agado me
prasidhyatu | | 29 | |
namo vaidūryamāte huluhulu rakṣa mām̐
sarvaviṣebhyaḥ | | 29 | |
gauri gāndhāri cāṇḍāli mātāṅgi svāhā | | 30 | |
" piṣṭe ca dvitīyo mantraḥ "harimāyi
svāhā | | 30 | |
" aśeṣaviṣavetālagrahaḥkārmaṇapāpmasu | | 31 | | 15
marakavyādhidurbhikṣayuddhāsanibhayeṣu
ca | | 31 | |
pānanasyāñjanālepamaṇibandhādiyojitaḥ | | 32 | |
eṣa candrodayo nāma śāntisvastyayanam̐
param | | 32 | |

vāsavo vṛtramavadhītsamāliptaḥ
kilāmunā | | 32 | |

6.35.52 Sarvāṅgasundarā

añjanādīni dravyāṇi | kanyā kṛtopavāsā snātāsuklavastrā
taiḥ-pūrvoktairdravyaiḥ, mākṣikasiktaiḥ puṣyanakṣatre
viprān pūjayitvā+anantaramagadavaramimaṃ kalpayet |
vaidyaśca samīpastho mantraṃ nama ityādikaṃ paṭhet |
5 piṣṭe cāgade dvitīyo mantrō harimāyyādiko+atra yojyaḥ |
nikhileṣu viṣādiṣu pānādimaṇibandhādi yojito+ayaṃ ca-
ndrodayo nāmāgadaḥ paraṃ śāntaṃ(nti) svastyayanam |
§ 23541

6.35.53 Aṣṭāṅgahr̥dayasaṃhitā

jīrṇaṃ viṣaghnauśadhibhirhataṃ vā
dāvāgnivātātapaśoṣitaṃ vā | | 33 | |
svabhāvato vā na guṇaiḥ suyuktaṃ
dūṣiviṣākhyāṃ viṣamabhyupaiti | | 33 | |
vīryālpabhāvādavibhāvvyametāt kaphāvṛtaṃ
varṣagaṇānubandhi | | 34 | |
tenārdito bhinnapurīṣavarṇo duṣṭāsrarogī
tṛḍarocakārtāḥ | | 34 | |
5 mūrccchan vaman gadgadavāk vimuhyan
bhavacca dūṣyodaraliṅgajuṣṭāḥ | | 35 | |
āmāśayasthe kaphavātarogī
pakvāśayasthe+anilapittarogī | | 35 | |
bhavennaro dhvastaśiroruhāṅgo vilūnapakṣaḥ
sa yathā vihaṅgaḥ | | 36 | |
sthitāṃ rasādiṣvathavā vicitrān karoti
dhātuprabhavān vikārān | | 36 | | § 23549

6.35.54 Sarvāṅgasundarā

yadviṣaṃ purāṇaṃ, viṣaghnauśadhibhīrvā hatavīryaṃ,
yadvā dāvāgnītyādibhiḥ śoṣitaṃ, svabhavenaiva vā guṇ-

airna suṣṭhu yuktaṃ, tad dūṣīviṣasaṃjñāmupaiti | tathā
vīryasyālpavādetadavibhāvyam-alakṣyam | tathā kaphe-
nāvṛtaṃ varṣavṛndaṃ ca tatsthāyi | tena-dūṣīviṣeṇa, pī-
ḍito bhinnapurīṣavarṇādikaḥ syāt | tathā mūrccchāṃ ga- 5
cchan vamannasphuṭavāk tathā vimuhyan tathā dūṣyen-
opalakṣita udare yāni liṅgāni (hr̥.ni. a. 12/20), taiḥ sev-
itaśca bhavet | āmāśayasthe dūṣīviṣe kaphavātarogī syāt
pakvāśayasthe dūṣīviṣe+anilapittarogī syāt | upajātayaḥ |
dhvastāḥ kacāḥ śarīraṃ ca yasya sa dhvastaśirotuhāṅgo
vilūnapakṣaḥ pakṣīva bhavet | rasādiṣu ca sthitaṃ nānā- 10
vidhān dhātuprabhavān vikārān karoti | upendravajrāvṛ-
ttam | § 23550

6.35.55 Aṣṭāṅgahr̥dayasaṃhitā

prāgvātājīrṇaśītābhradivāsvapnāhitāśanaīḥ | | 37 | |
duṣṭam dūṣayate dhātūnato dūṣīviṣam
smṛtam | | 37 | | § 23552

6.35.56 Sarvāṅgasundarā

tacca purovātādibhirduṣṭam saddhātūn dūṣayati yataḥ,
tato+api hetordūṣīviṣam smṛtam | § 23553

6.35.57 Aṣṭāṅgahr̥dayasaṃhitā

dūṣīviṣārtam susvinnamūrdhvam cādhaśca
śodhitam | | 38 | |
dūṣīviṣārimagadham
lehayenmadhunā+a+aplutam | | 38 | | § 23555

6.35.58 Sarvāṅgasundarā

dūṣīviṣapīḍitaṃ naram susvinnamūrdhvamadhastācca śo-
dhitam santam dūṣīviṣāri-vakṣyamāṇam, māksikeṇāplut-
amagadam lehayet | § 23556

6.35.59 Aṣṭāṅgahr̥dayasaṃhitā

pippalyo dhyāmakam māṃsī rodhramelā
suvarcikā | | 39 | |
kuṭannaṭam nataṃ kuṣṭham yaṣṭī
candanagairikam | | 39 | |
dūṣīviṣārirnāmnā+ayaṃ na cānyatrāpi
vāryate | | 40 | | § 23559

6.35.60 Sarvāṅgasundarā

pippalyādiko+ayamagado nāmnā dūṣīviṣāriḥ | na cānya-
sminnapi vāryate | kintu viśeṣeṇa prayujyate | § 23560

6.35.61 Aṣṭāṅgahr̥dayasaṃhitā

viṣadigdhenā viddhastu pratāmyati
muhurmuhuḥ | | 40 | |
vivarṇabhāvaṃ bhajate viṣādaṃ cāśu
gacchati | | 41 | |
kīṭairivāvṛtaṃ cāśya gātraṃ
cimicimāyate | | 41 | |
śroṇiprṣṭhaśiraḥskandhasandhayaḥ syuḥ
savedanāḥ | | 42 | |
5 kṛṣṇaduṣṭāsravisrāvī
tṛṇmūrcchājvaradāhavān | | 42 | |
drṣṭikāluṣyavamathuśvāsakāsakaraḥ
kṣaṇāt | | 43 | |
āraṅgāpāparyantaḥ
śyāvamadyo+atirugvraṇaḥ | | 43 | |
śūyate pacyate sadyo gatvā māṃsaṃ ca
kṛṣṇatām | | 44 | |
praklinnaṃ śīryate+abhīkṣṇaṃ
sapicchilaparivāyam | | 44 | | § 23569

6.35.62 Sarvāṅgasundarā

viṣadigdhenā-viṣalīptena śastreṇa, viddho naraḥ punaḥp-
unaḥ pratāmyati | tathā vaivarṇyaṃ prayāti | drāgeva vi-
śādāmeti | asya ca-viṣadigdhenā viddhasya, śarīraṃ kī-
airiva vyāptaṃ cimicimāyate | śroṇyādayaścāsyā sarujāḥ 5
syuḥ kṛṣṇaṃ duṣṭaṃ ca raktaṃ kṣarati | tṛḍādiyutaḥ kṣa-
ṇenaiva ca drṣṭikāluṣyādikaraḥ syāt | tathā vraṇa īṣadra-
kṭaprayantaḥ śyāvamadyo mahārujaḥ syāt | tathā śūyate
pākaṃ yāti | teṣāṃ sadya eva ca māṃsaṃ kṛṣṇatāṃ gatvā
praklinnaṃ saddīryate nityameva picchilayutaṃ parisra-
vaṃ kuryāt | § 23570 10

6.35.63 Aṣṭāṅgahrdayasaṃhitā

kuryādamarmavidddhasya hrdayāvaraṇaṃ drutaṃ | | 45 | |
śalyamākṛṣya taptena lohenānu dahed
vraṇaṃ | | 45 | |
athavā
muṣkakaśvetāsomatvaktāmrvallitaḥ | | 46 | |
śirīṣād grdhranakhyāśca kṣāreṇa
pratisārayet | | 46 | |
śukanāsāprativiṣāvyāghrīmūlaiśca 5
lepayet | | 47 | | § 23575

6.35.64 Sarvāṅgasundarā

amarmavidddhasya hrdayāvaraṇaṃ drutaṃ vidadhīta |
sa0- śalyamākṛṣya taptena lohena vraṇaṃ paścāddahet |
athavā muṣkakādikṣāreṇa pratisārayet | śukanāsādibhiśca
lepayet vraṇaṃ | § 23576

6.35.65 Aṣṭāṅgahrdayasaṃhitā

kīṭadaṣṭacikitsāṃ ca kuryāttasya yathārhataḥ | | 47 | | § 23577

6.35.66 Sarvāṅgasundarā

tasya ca-digdhapthalavidhasya, kīṭadaṣṭacikitsitaṃ yath-
āyogaṃ kuryāt | § 23578

6.35.67 Aṣṭāṅgahr̥dayasaṃhitā

vraṇe tu pūtipiśite kriyā pittavisarpavat | | 48 | | § 23579

6.35.68 Sarvāṅgasundarā

vraṇe ca pūtimāṃse pittavisarpa iva cikitsā kāryā | § 23580

6.35.69 Aṣṭāṅgahr̥dayasaṃhitā

saubhāgyārthaṃ striyo bhartre rājñe
vā+arāticoditāḥ | | 48 | |
garamāhārasamprktaṃ
yacchantyāsannavartinaḥ | | 49 | | § 23582

6.35.70 Sarvāṅgasundarā

nānākāntāḥ yoṣitaḥ patye saubhāgyārthaṃ rājñāśca(rājñe
vā) nikaṭavartino narāścārātipreritā garayuktaṃ bhojanaṃ
dadati | § 23583

6.35.71 Aṣṭāṅgahr̥dayasaṃhitā

nānāprāṇyaṅgaśamalaviruddhaṣadhibhasmanām | | 49 | |
viṣāṇāṃ cālpavīryāṇāṃ yogo gara iti
smṛtaḥ | | 50 | | § 23585

6.35.72 Sarvāṅgasundarā

nānāprakāraprāṇyaṅgaśakṛtāṃ tathā viruddhaṣadhibha-
smanāṃ viṣāṇāṃ ca stokavīryāṇāṃ yo yogaḥ, sa gara iti
smṛtaḥ | § 23586

6.35.73 Aṣṭāṅgahr̥dayasaṃhitā

tena pāṇḍuḥ kṛṣo+alpāgniḥ kāsaśvāsajvarārditaḥ | | 50 | |
vāyunā pratilomena
svapnacintāparāyaṇaḥ | | 51 | |
mahodarayakṛtplihī
dīnavāgdurbalo+alasaḥ | | 51 | |
śophavān satatādhmātaḥ śuṣkapādakaraḥ
kṣayī | | 52 | |
svapne
gomāyumārjāranakulavyālavānarān | | 52 | |
prāyaḥ paśyati śuṣkāṃśca
vanaspatijalāśayān | | 53 | |
manyate kṛṣṇamātmānaṃ gauro, goram ca
kālakaḥ | | 53 | |

vikarṇanāsānayaṇam
paśyettadvihatendriyaḥ | | 54 | | § 23595

5

6.35.74 Sarvāṅgasundarā

tena gareṇa pāṇḍvādiguṇaḥ kāsādipīḍitaśca syāt | vātena
pratilomena yuktastathā svapnacintāparaḥ syāt | tathā bṛ-
hajjaṭharayakṛtplihavān dīnavāgādiguṇaśca syāt | svapne
śṛgālādīn paśyati | prāyeṇa śuṣkavṛkṣodapānāni lokate |
ātmānaṃ ca gauraḥ san kṛṣṇam manyate | kṛṣṇaśca gau- 5
ram manyate | tena-garaviṣeṇa, vihatendriyaḥ san vikarṇ-
aghrānacakṣuṣam paśyati | § 23596

6.35.75 Aṣṭāṅgahr̥dayasaṃhitā

etairanyaiśca bahubhiḥ kliṣṭo ghorairupadravaḥ | | 54 | |
garārto nāsamāpnoti
kaścitsadyo+acikitsitaḥ | | 55 | | § 23598

6.35.76 Sarvāṅgasundarā

etaiḥ-uktairupadravaiḥ, aparaiścānuktairdāruṇaiḥ kliṣṭaḥ
san garapīḍitaḥ kaścidadakitsitaḥ sadya eva nāsamaśnute |
§ 23599

6.35.77 Aṣṭāṅgahr̥dayasaṃhitā

garārto vāntavān bhuktvā tatpathyaṃ
pānabhojanam | | 55 | |
śuddhahr̥cchīlayeddHEMA sūtrasthānavidheḥ
smaran | | 56 | | § 23601

6.35.78 Sarvāṅgasundarā

garāturaḥ kṛtavamaṇaḥ san tat-pūrvoktaṃ, pathyaṃ pā-
nabhojanam bhuktvā śuddhahr̥dayaḥ suvarṇam śīlayet |
kiṃ kurvan ? sūtrasthānoktavidheḥ-"śuddhe hr̥di tataḥ śā-
ṇam hemacūrṇasya dāpayet |" (hr̥.sū. a. 7/28) iti smaran |
5 vidheḥ smarannityatra "adhīgartha-" ityādinā vidhiśabdāt
karmaṇi ṣaṣṭhī | § 23602

6.35.79 Aṣṭāṅgahr̥dayasaṃhitā

śarkarākṣaudrasaṃyuktaṃ cūrṇam
tāpyasuvarṇayoḥ | | 56 | |
lehaḥ praśamayatyugraṃ sarvayogakṛtaṃ
viṣam | | 57 | | § 23604

6.35.80 Sarvāṅgasundarā

mākṣīkadhātukāñcanayoścūrṇam śarkarāmākṣīkānvitaṃ
leho dāruṇam garayogajaṃ viṣam hanti | § 23605

6.35.81 Aṣṭāṅgahr̥dayasaṃhitā

mūrvāmṛtānatakaṇāpaṭolīcavyacitrakān | | 57 | |
vacāmustaviḍaṅgāni
takrakoṣṇāmbumastubhiḥ | | 58 | |
pibedrasena vā+amlena
garopahatapāvakaḥ | | 58 | | § 23608

6.35.82 Sarvāṅgasundarā

mūrvādīni takrādibhiramlena vā-bījapūrarasādirasena, ga-
ropahatāgniḥ pumān pibet | § 23609

6.35.83 Aṣṭāṅgahr̥dayasaṃhitā

pārāvatāmiṣaśaṭhīpuṣkarāhvāśṛtaṃ himam | | 59 | |
garatr̥ṣṇārujākāsaśvāsahidhmājvarāpaham | | 59 | | § 23611

6.35.84 Sarvāṅgasundarā

pārāvatāmiṣādibhiḥ śṛtaṃ śītaṃ jalaṃ garatr̥ṣṇādighnam |
§ 23612

6.35.85 Aṣṭāṅgahr̥dayasaṃhitā

viṣaprakṛtikālānnadoṣadūṣyādisaṅgame | | 60 | |
viṣasaṅkaṭamuddiṣṭaṃ śatasyaiko+atra
jīvati | | 60 | | § 23614

6.35.86 Sarvāṅgasundarā

viṣaprakṛtyādiyoge sati viṣasaṅkaṭaṃ kathitam | [atra-]
asmim̐śca viṣasaṅkaṭe, viṣārtaḥ śatamadhya eko jīvet |
tatra viṣaprakṛtiḥ-pittaprakṛtiḥ | kālo-varṣāḥ | viṣānnaṃ-
sarṣapādi | viṣadoṣaḥ-pittam | dūṣyaṃ-raktam | ādiśabd-
ena sātmyādīnāṃ grahaṇam | § 23615

6.35.87 Aṣṭāṅgahr̥dayasaṃhitā

kṣutṛṣṇāgharmadaurbalyakrodhaśokabhayaśramaiḥ | | 61 | |
ajīrṇavarcodravatāpittamārutavṛddhibhiḥ | | 61 | |
tilapuṣpaphalāghrāṇabhūbāṣpaghanagarjitaiḥ | | 62 | |
hastimūṣikavāditraniḥsvanairviṣasaṅkaṭaiḥ | | 62 | |
5 purovātotpalāmodamadanairvardhate
viṣam | | 63 | | § 23620

6.35.88 Sarvāṅgasundarā

kṣudhādibhirviṣam vṛddhimeti | § 23621

6.35.89 Aṣṭāṅgahr̥dayasaṃhitā

varṣāsu cāmbuyonitvātsaṅkledaṃ guḍavadgatam | | 63 | |
visarpati ghanāpāye, tadagastyo hinasti
ca | | 64 | |
prayāti mandavīryatvaṃ viṣam
tasmāddhanātyaye | | 64 | | § 23624

6.35.90 Sarvāṅgasundarā

prāvṛṣi ca jalaprabhavatvādviṣam saṅkledaṃ guḍavad
yāti | visarpati-prasarati, ghanāpāye-vigatavarṣāsamaye |
tat-viṣam, agastyo hinasti-alpaśakti karoti | tasmādghanātyaye-
śaratsamaye, mandavīryatvaṃ prayāti | § 23625

6.35.91 Aṣṭāṅgahr̥dayasaṃhitā

iti prakṛtisātmyartusthānavegabalābalaṃ | | 65 | |
alocya nipuṇaṃ buddhyā
karmānantaramācāret | | 65 | | § 23627

6.35.92 Sarvāṅgasundarā

iti-evam pūrvoktena prakāreṇa, prakṛtyādikaṃ buddhvā-
yatnena nirūpya, tataḥ karma kuryāt | § 23628

6.35.93 Aṣṭāṅgahr̥dayasaṃhitā

ślaiṣmikaṃ vamanairuṣṇarūkṣatikṣṇaiḥ
pralepanaiḥ | | 66 | |
kaṣāyakaṭutiktaiśca bhojanaiḥ
śamayedviṣam | | 66 | | § 23630

6.35.94 Sarvāṅgasundarā

ślaiṣmikaṃ viṣam vamanairuṣṇādiguṇaiḥ pralepaiścedd-
śairbhojanaiśca kaṣāyādiguṇaiḥ śāntiṃ nayet | § 23631

6.35.95 Aṣṭāṅgahr̥dayasaṃhitā

paittikaṃ sraṃsanaiḥ sekapradehairbhṛśaśītalaiḥ | | 67 | |
kaṣāyatiktamadhurairghṛtayuktaiśca
bhojanaiḥ | | 67 | | § 23633

6.35.96 Sarvāṅgasundarā

paittikaṃ viṣam virecanaistathā+atiśītalaiḥ sekaiḥ prale-
paiśca tathā bhojanaiḥ kaṣāyatiktamadhurairājyayutaiśca
śamayet | § 23634

6.35.97 Aṣṭāṅgahr̥dayasaṃhitā

vātātmakaṃ jayetsvādusnigdhāmlalavaṇānvitaiḥ | | 68 | |
saghr̥tairbhojanairlepaistathaiva
piśitāśanaiḥ | | 68 | | § 23636

6.35.98 Sarvāṅgasundarā

vātikam madhurādiyuktaiḥ sasarpiṣkairbhojanairlepaim-
āṃsabhojanaiśca jayet | § 23637

6.35.99 Aṣṭāṅgahr̥dayasaṃhitā

nāghṛtaṃ sraṃsanaṃ śastaṃ pralepo
bhojyamauśadham | | 69 | |
sarveṣu sarvāvastheṣu viṣeṣu na
ghṛtopamam | | 69 | |
vidyate bheṣajam kiñcidviśeṣāt
prabale+anile | | 70 | | § 23640

6.35.100 Sarvāṅgasundarā

viṣe sraṃsanaṃ-virecanaṃ, pralepo vā bhojyamauśadham
vā nāghṛtaṃ śastaṃ | kiṃ tarhi ? sarvameva tat saghṛtaṃ
śastaṃ | sa0- sarveṣu viṣeṣu sarvāvastheṣu ca ghṛtatulyam
nānyadauśadham kimapyasti | viśeṣeṇa ca vāte+atirikte |
§ 23641

5

6.35.101 Aṣṭāṅgahr̥dayasaṃhitā

ayatnācchleṣmagam sādhyam, yatnāt
pittāśayāśrayam | | 70 | |
suduḥsādhyamasādhyam vā vātāśayagataṃ
viṣam | | 35 | |
70 1/2 | | 35 | |
tāyāmaṣṭāṅgahr̥dayasaṃhitāyām ṣaṣṭhe
uttarasthāne viṣapraṭiṣedho nāma
pañcatriṃśo+adhyāyaḥ | | 35 | | § 23645

6.35.102 Sarvāṅgasundarā

kaphagataṃ viṣamalpayatnena sādhyam | pittāśayāśra-
yam yatnena sādhyam | vātāśayāśritaṃ suṣṭhu duḥkhena

sādhyate+asādhyam vā syāditi | iti śrīmr̥gāṅkadattaputra-
śrīmadaruṇadattaviracitāyāmaṣṭāṅgahr̥dayaṭī- kāyāṃ sa-
rvāṅgasundarākhyāyāṃ ṣaṣṭhe uttarasthāne viṣapraṭiṣe-
dho nāma pañcatrīṃśo+adhyāyaḥ samāptaḥ | | 35 | | § 23646

6.36 sarpaviṣapraṭiṣedhādhyāyaḥ : 36

6.36.1 Aṣṭāṅgahr̥dayasaṃhitā

athātaḥ sarpaviṣapraṭiṣedham vyākhyāsyāmaḥ | | 2 | |
iti ha smāhurātrayādayo maharṣayaḥ | | 2 | |
) darvīkarā maṇḍalino rājīmantaśca
pannagāḥ | | 1 | |
tridhā samāsato bhaumāḥ, bhidyante te
tvanekadhā | | 1 | |
vyāsato yonibhedena
nocyante+anupayoginaḥ | | 2 | | § 23651

5

6.36.2 Sarvāṅgasundarā

darvīkarādibhedena bujaṅgāḥ saṅkṣepeṇa triprakārā bha-
umāḥ | te tu yonibhedena vistarato+anekadhā bhidyante |
viśeṣāścehānupayogino yataḥ, tato na nigadyante | § 23652

6.36.3 Aṣṭāṅgahr̥dayasaṃhitā

viśeṣādrūkṣakaṭukamamloṣṇaṃ svāduśītaḥ | | 2 | |
viṣaṃ darvīkarādīnāṃ
kramādvātādikopanam | | 3 | | § 23654

6.36.4 Sarvāṅgasundarā

darvīkaramaṇḍalirājīmantasteṣāṃ viṣaṃ rūkṣādiguṇaṃ
krameṇa ca vātapittakaphānāṃ kopanam syāt | yady-
api viṣaṃ rūkṣādiguṇaṃ, tathā+apyatīśayārthaṃ punar-
iha guṇakathanam | viśeṣācca viṣaṃ hyuṣṇameva kathī-
taṃ na śītaḥ | § 23655

5

6.36.5 Aṣṭāṅgahr̥dayasaṃhitā

taruṇyamadhyavṛddhatve vṛṣṭiśītātapeṣu ca | | 3 | |
viṣolbaṇā bhavantye vyantarā
ṛtusandhiṣu | | 4 | | § 23657

6.36.6 Sarvāṅgasundarā

ete ca-darvīkarādyayaḥ, tāruṇyādiṣu yathākramam vṛ-
ṣṭyādiṣu ca viṣolbaṇā bhavanti | vṛṣṭiśabdeneha śrāvaṇ-
ādayaścatvāro māsā gr̥hītāḥ | evaṃ śītātapadyāścatvāro
māsā gr̥hītāḥ | vyantarāḥ-vijātayaḥ, ṛtusandhiṣu viṣādhi-
5 kāḥ syuḥ | ṛtusandhiḥprāguktaḥ (hr̥. sū. a. 3/58) | § 23658

6.36.7 Aṣṭāṅgahr̥dayasaṃhitā

rathāṅgalāṅgalacchatrasvastikāṅkuśadhāriṇaḥ | | 4 | |
phaṇinaḥ śighragatayaḥ sarpā darvīkarāḥ
smṛtāḥ | | 5 | | § 23660

6.36.8 Sarvāṅgasundarā

rathāṅgādihāriṇaḥ phaṇāvanto drutagatayo bhujāṅgā
darvīkarā iti munibhiḥ smṛtāḥ | § 23661

6.36.9 Aṣṭāṅgahr̥dayasaṃhitā

jñeyā maṇḍalino+abhogā maṇḍalairvividhaiścītāḥ | | 5 | |
prāṃśavo mandagamanāḥ-----
| | 6 | | § 23663

6.36.10 Sarvāṅgasundarā

abhogāḥ-alpabhogāḥ tathā nānāprakāirmaṇḍalaiścītāḥ
prāṃśavo+aśighragatayo maṇḍalino vedyāḥ | § 23664

6.36.11 Aṣṭāṅgahr̥dayasaṃhitā

-----rājīmantastu rājibhiḥ | | 6 | |
snigdḥā vicitravarṇābhistiryagūrdhvam ca
citritāḥ | | 6 | | § 23666

6.36.12 Sarvāṅgasundarā

snigdḥābhā nānāprakārābhistiryagūrdhvagarājibhirvicitr-
itā rājīmanto vedyāḥ | § 23667

6.36.13 Aṣṭāṅgahr̥dayasaṃhitā

vijātayo+adhunocyante - godhāsutastu gaudhero viṣe
darvīkaraiḥ samaḥ | | 7 | |
catuṣpād----- | | 7 | | § 23669

6.36.14 Sarvāṅgasundarā

godhāputro gaudheraḥ | nanu, gaudhera iti nāmnaiva go-
dhāsutaḥ pratyapādi | tathā ca "godhāyā ḍhrak" ityapatyā-
rthavyutpādito+ayam | satyamāha bhavān | yādṛcchikan-
āmaśānkānirāsāya tvetat | sa ca darvīkarairviṣeṇa tulyaḥ,
taireva jātatvāt | catuṣpāt-catuṣpādo+asau | § 23670

5

6.36.15 Aṣṭāṅgahr̥dayasaṃhitā

-----vyantarān vidyādetēṣāmeva
saṅkarāt | | 7 | |
vyāmiśralakṣaṇāste hi
sannipātaprakopānāḥ | | 8 | | § 23672

6.36.16 Sarvāṅgasundarā

vyantarāmścaiteṣāmeva saṅkareṇa jānīyāt | yataśca te
saṅkīrṇalakṣaṇāḥ | tasmāt sannipātaprakopānāḥ syuḥ |
§ 23673

6.36.17 Aṣṭāṅgahr̥dayasaṃhitā

āhārārthaṃ bhayāt pādasparśādativīṣāt krudhaḥ | | 8 | |
pāpavṛttitayā vairāddevarṣiyamacodanāt | | 9 | |
daśanti sarpāsteṣūktam viśādhikyam
yathottaram | | 9 | | § 23676

6.36.18 Sarvāṅgasundarā

āhārādibhiḥ kāraṇairbhujāṅgā daśanti | teṣu yathottaram
viśasyādhikyam kathitam | § 23677

6.36.19 Aṣṭāṅgahr̥dayasaṃhitā

ādiṣṭāt kāraṇam jñātvā
pratikuryādyathāyatham | | 10 | | § 23678

6.36.20 Sarvāṅgasundarā

ādiṣṭāt sarpāt hetuṃ viditvā viditvā yathāsvaṃ cikitset |
§ 23679

6.36.21 Aṣṭāṅgahr̥dayasaṃhitā

vyantaraḥ pāpaśīlatvānmārgamāśritya
tiṣṭhati | | 10 | | § 23680

6.36.22 Sarvāṅgasundarā

vyantaro bhujāṅgamah pāpasvabhāvatvādvartma āśrityā-
ste | § 23681

6.36.23 Aṣṭāṅgahr̥dayasaṃhitā

yatra lālāparikledamātram gātre pradṛśyate | | 11 | |
 na tu daṃṣṭrākṛtaṃ daṃśaṃ
 tattunḍāhatamādiśet | | 11 | |
 ekaṃ daṃṣṭrāpadaṃ dve vā
 vyālīḍhākhyamaśoṇitam | | 12 | |
 daṃṣṭrāpade sarakte dve vyāluptaṃ, trīṇi tāni
 tu | | 12 | |
 māmśacchedādvicchinnaraktavāhīni 5
 daṣṭakam | | 13 | |
 daṃṣṭrāpadāni catvāri
 tadvaddaṣṭanipīḍitam | | 13 | |
 nirviṣaṃ dvayamatrādyamasādhyam paścimaṃ
 vadet | | 14 | | § 23688

6.36.24 Sarvāṅgasundarā

yasmin kāye lālāparikledamātram upalabhyate, na pun-
 ardaṃṣṭrākṛtaṃ daṃśaṃ | tat-evambhūtaṃ, tunḍāhataṃ
 kathayanti | ekaṃ daṃṣṭrāpadaṃ dve vā daṃṣṭrāpade ra-
 ktavarjite tad vyālīḍhasaṃjñam | dve daṃṣṭrāpade saś-
 oṇite vyāluptaṃ vidyāt | trīṇi tu daṃṣṭrāpadāni māmś- 5
 acchedāt santatāsravāhīni daṣṭakamādiśet | daṃṣṭrāpad-
 āni catvāri tadvat-daṣṭakamiva, daṣṭanipīḍitaṃ syāt | eṣu
 madhye dvayamādikathitaṃ nirviṣaṃ vadet | paścimaṃ-
 daṣṭanipīḍitākhyam, asādhyam vadet | vyāluptadaṣṭakam
 tu kṛcchrasādhyamityarthādgamyate | § 23689 10

6.36.25 Aṣṭāṅgahr̥dayasaṃhitā

viṣaṃ nāheyamaprāpya raktaṃ dūṣayate vapuḥ | | 14 | |
 raktamaṅvapi tu prāptaṃ vardhate
 tailamambuvat | | 15 | | § 23691

6.36.26 Sarvāṅgasundarā

sarpajaṃ viṣaṃ na śoṇitamaprāpya śarīraṃ dūṣayate, api
tu prāpya | kintu raktaṃ stokamapi prāpya viṣaṃ vardh-
ate | yathā tailaṃ jalaṃ prāpya prasarati tathaiva | āheya-
miti "ḍṛtikukṣi" ityādinā bhavārthe ḍhañ | § 23692

6.36.27 Aṣṭāṅgahr̥dayasaṃhitā

bhīroṣtu sarpasaṃsparśādbhayena kupito+anilaḥ | | 15 | |
kadācitkurute śophaṃ sarpāṅgābhihataṃ tu
tat | | 16 | | § 23694

6.36.28 Sarvāṅgasundarā

bhīroḥ-sabhayasya puṃsaḥ, sarpasaṃsparśāddhetorya-
dbhayaṃ tena vāyuḥ kruddhaḥ kadācicchophaṃ vidha-
tte | tat sarpāṅgābhihataṃ syāt | § 23695

6.36.29 Aṣṭāṅgahr̥dayasaṃhitā

durgāndhakāre viddhasya kenaciddaṣṭaśaṅkayā | | 16 | |
viṣodvego jvaraścārdirmūrcchā dāho+api vā
bhavet | | 17 | |
glānirmoho+atisāro vā
tacchaṅkāviṣamucyate | | 17 | | § 23698

6.36.30 Sarvāṅgasundarā

durgāndhakāre kenacitprāṇinā viddhasya daṣṭaśaṅkayā
viṣodvegādayaḥ syuḥ, tacchaṅkāviṣaṃ nigadyate | § 23699

6.36.31 Aṣṭāṅgahr̥dayasaṃhitā

tudyate saviṣo daṃśaḥ kaṇḍūśopharujanvitaḥ | | 18 | |
dahyate grathitaḥ kiñcidviparītastu
nirviṣaḥ | | 18 | | § 23701

6.36.32 Sarvāṅgasundarā

saviṣo daṃśo vyathyate, kaṇḍvādiyuto dahyate, jālakavat
kiñcit grathitaḥ | asmādviparītaśca nirviṣaḥ syāt | § 23702

6.36.33 Aṣṭāṅgahr̥dayasam̐hitā

pūrve darvīkṛtām vege duṣṭam śyāvībhavatyasṛk | | 19 | |
śyāvātā tena vaktrādu sarpanṭīva ca
kīṭakāḥ | | 19 | |
dvitīye granthayo vege, ṛtīye mūrdhni
gauravam | | 20 | |

ḍṛgrodho daṃśavikledaścaturthe ṣṭhīvanam 5
vamiḥ | | 20 | |
sandhiviśleṣaṇam tandrā pañcame
parvabhedanam | | 21 | |
dāho hidhmā ca, ṣaṣṭhe tu hr̥tpīḍā
gātragauravam | | 21 | |
mūrcchā vipāko+atīsāraḥ, prāpya śukram tu
saptame | | 22 | |
skandhapṛṣṭhakaṭībhaṅgaḥ
sarvaceṣṭānivartanam | | 22 | | § 23711

6.36.34 Sarvāṅgasundarā

darvīkarāṇām prathame viṣavege śyāvavarṇam duṣṭam ca
raktam syāt | tena ca-tāḍṛsā raktena, mukhanayanādu śy-
āvātā syāt | kīṭakāśca gātre sarpanṭīva | dvitīye viṣavege
granthayaḥ syuḥ | ṛtīye śirogurutvādayaḥ syuḥ | caturthe
ṣṭhīvanādayaḥ | pañcame sandhiviśleṣaṇam tandrā parv- 5
abhedanam dāho hikkā ca | ṣaṣṭhe ca vege hr̥dayapīḍā-
dyāḥ | saptame śukram prāpya skandhādibhaṅgaḥ sarva-
ceṣṭānivartanam syāt | § 23712

6.36.35 Aṣṭāṅgahr̥dayasam̐hitā

atha maṇḍalidaṣṭasya duṣṭaṃ pītībhavatyasṛk | |23| |
tena pītāṅgatā dāho, dvitīye
śvayathūdbhavaḥ | |23| |
ṛtīye daṃśavikledaḥ svedaṣṭṣṇā ca
jāyate | |24| |
caturthe jvaryate, dāhaḥ pañcame
sarvagātragaḥ | |24| | § 23716

6.36.36 Sarvāṅgasundarā

maṇḍalinā daṣṭasya prathame vege raktaṃ duṣṭaṃ pītībh-
avati | tena ca raktena pītāṅgatā dāhaśca | dvitīye śvayath-
ūdbhūtiḥ | ṛtīye daṃśavikledādayaḥ | caturthe vege jvaro
dāhaḥ | pañcame sarvaśarīragato dāhaḥ | § 23717

6.36.37 Aṣṭāṅgahr̥dayasaṃhitā

daṣṭasya rājilairduṣṭaṃ paṇḍutāṃ yāti śoṇitam | |25| |
paṇḍutā tena gātrāṇāṃ, dvitīye gurutā+ati
ca | |25| |
ṛtīye daṃśavikledo
nāsikākṣimukhasravāḥ | |26| |
caturthe garimā mūrdhno manyāstambhaśca,
pañcame | |26| |
5 gātrabhaṅgo jvaraḥ śītaḥ śeṣayoḥ
pūrvavadvet | |27| | § 23722

6.36.38 Sarvāṅgasundarā

rājimatā duṣṭasya raktaṃ duṣṭaṃ paṇḍutāṃ gaccati | tena
hetunā gātrāṇāṃ paṇḍutā | dvitīye vege+atigātragurutvam |
ṛtīye daṃśavikledādayaḥ | caturthe mūrdhno garimāda-
yaḥ | pañcame gātrabhaṅgādayaḥ | sa0-śeṣayoḥ-śaṣṭhasaptamayorlakṣaṇāṃ,
5 pūrvavat-darvīkaravat, vadet | § 23723

6.36.39 Aṣṭāṅgahr̥dayasaṃhitā

kuryātpañcasu vegeṣu cikitsām, na tataḥ
param | | 27 | | § 23724

6.36.40 Sarvāṅgasundarā

pañcasu vegeṣu cikitsitaṃ kuryāt | na tu tasmātparam, as-
ādhyatvāt | § 23725

6.36.41 Aṣṭāṅgahr̥dayasaṃhitā

jalāplutā ratikṣiṇā bhītā nakulanirjitāḥ | | 28 | |
śītavātātapavyādhikṣuttrṣṇāśramapīḍitāḥ | | 28 | |
tūrṇaṃ deśāntarāyātā
vimuktaviṣakañcukāḥ | | 29 | |
kuṣauṣadhīkaṅṭakavadye caranti ca
kānanam | | 29 | |
deśaṃ ca divyādhyuṣitaṃ sarpāste+alpaviṣā 5
matāḥ | | 30 | | § 23730

6.36.42 Sarvāṅgasundarā

jalāplutādayaḥ sarpā alpaviṣā jñeyāḥ | divyādhyuṣito
deśo-yatra devatāḥ kṛtasannidhānāḥ, taṃ deśaṃ caranti | [
"śmaśānacaityavalmīkayajñāśrayasurālaye | catuṣpathe ja-
lasthāne jīṇodyāneṣu koṭhare | | kṣīradrume nimbatarau 5
nirjhare girigahvare | cakravajragadākuntatriśūlāṅkajaṭā-
dharāḥ | | raktāsyānayanā ye ca te syurāśīviṣopamāḥ | na
teṣu kālaniyamo na ca vegeṣvanukramaḥ | mantratantra-
balānnāpi prasahya vinivartanam | " vṛddhavāgbhaṭāt |]
(saṃ.u.a. 41) § 23731

6.36.43 Aṣṭāṅgahr̥dayasaṃhitā

śmaśānaciticaityādaḥ pañcamīpakṣasandhiṣu | | 30 | |

aṣṭamīnavamīsandhyāmadhyarātridineṣu
ca | | 31 | |
yāmyāgneyamaghāśleṣāviśākhāpūrvanaiḥṛte | | 31 | |
naiḥ-ṛtākhye muhūrte ca daṣṭaṃ marmasu ca
tyajet | | 32 | | § 23735

6.36.44 Sarvāṅgasundarā

śmaśānādiṣu daṣṭaṃ marmasu ca daṣṭaṃ tyajet | yāmyam-
bharaṇī | āgneyam-kṛttikā | naiḥ-ṛtaṃ-mūlam | naiḥ-ṛtākhyo
muhūrto-sandhyodaya eva | § 23736

6.36.45 Aṣṭāṅgahr̥dayasaṃhitā

daṣṭamātraḥ sitāsyākṣaḥ śīryamāṇaśiroruhāḥ | | 32 | |
stabdhajihvo muhurmūrcchan śītocchvāso na
jīvati | | 33 | | § 23738

6.36.46 Sarvāṅgasundarā

yaḥ śuklamukhanayanāḥ patatkacaḥ stabdharasanaḥ pu-
naḥpunarmūrcchan śītocchvāsaḥ, sa na jīvati | ["vepathu-
rvedanāstivrā grīvābhaṅgo+akṣiraktatā | mūrcchā galagr-
ahaśchardiḥ pretarājasya kiṅkarāḥ | | jāmbavapratimo da-
5 mśaḥ kūrmaprṣṭhavadunnataḥ | raktaṃ khebhyaḥ sama-
stebhyo vartate na tu daṃsataḥ | | romaharṣo na śīśiraiḥ
śvayathurlohitō+asitaḥ | hr̥ṣṭamehanatā vakravaktratvaṃ
yasya taṃ tyajet | | " vṛddhavāgbhaṭāt |)) (saṃ.u. a. 41)
§ 23739

6.36.47 Aṣṭāṅgahr̥dayasaṃhitā

hidhmā śvāso vamiḥ kāso daṣṭamātrasya dehinaḥ | | 33 | |
jāyante yugapadyasya sa hr̥cchūlī na
jīvati | | 34 | | § 23741

6.36.48 Sarvāṅgasundarā

yasya dehina ekakārameva hidhmādayo hr̥cchūlaṃ ca syāt,
sa na jīvati | § 23742

6.36.49 Aṣṭāṅgahr̥dayasamhitā

phenam vmati niḥsamjñāḥ śyāvapādakarānaḥ | | 34 | |
nāsāvasādo bhaṅgo+aṅge viḍbhedaḥ
ślathasandhitā | | 35 | |
viṣapītasya daṣṭasya digdhenābhihatasya
ca | | 35 | |
bhavantyetāni rūpāṇi samprāpte
jīvitakṣaye | | 36 | | § 23746

6.36.50 Sarvāṅgasundarā

yaśca phenam vmati niścetanāḥ śyāvapādādīstathā nās-
āvasādādayaśca, yasya puṃso viṣapītasya tathā daṣṭamā-
trasya viṣalīptakenābhihatasya ca sāmānyenaitāni rūpāṇi
tasya jīvitakṣaye samprāpte syuḥ | viṣapītasetyāhitāgniṣ-
ūktatvāt paranipātaḥ | § 23747

5

6.36.51 Aṣṭāṅgahr̥dayasamhitā

na nasyaiścetanā tīkṣṇairna kṣatāt kṣatajāgamaḥ | | 36 | |
daṇḍāhatasya no rājīḥ prayātasya
yamāntikam | | 37 | | § 23749

6.36.52 Sarvāṅgasundarā

tīkṣṇairnasyairna cetanā-na caitanyam | tathā kṣatācchinn-
ādraktāgamo na bhavati | tathā daṇḍena-laguḍena, āha-
tasya rājīḥ-lekhā, na bhavati | yamasamīpaṃ prayātasya-
gamiṣyato narasya | prayāta syeti "vartamānasāmīpye va-
rtamānavadvā" iti bhaviṣyati ktaḥ | § 23750

5

6.36.53 Aṣṭāṅgahr̥dayasaṃhitā

ato+anyathā tu tvarayā pradīptāgāravadbhiṣak | | 37 | |
rakṣan kaṅṭhagatān prāṇān viṣamāśu śamaṃ
nayet | | 38 | | § 23752

6.36.54 Sarvāṅgasundarā

ato+anyathā-sādhyatve sati, tvarayā-sadyo drāgeva, kaṅṭh-
agatān prāṇān jvalitagṛhamiva rakṣan viṣaṃ śīghraṃ śā-
ntiṃ nayet | § 23753

6.36.55 Aṣṭāṅgahr̥dayasaṃhitā

mātrāśataṃ viṣaṃ sthitvā daṃśe daṣṭasya
dehinaḥ | | 38 | |
dehaṃ prakramate dhātūn rudhirādīn
pradūṣayat | | 39 | | § 23755

6.36.56 Sarvāṅgasundarā

śarīriṇo daṣṭasya daṃśe mātrāśaratulyakālaṃ viṣaṃ sthi-
tvā dehaṃ prakramate rudhirādīn dhātūn dūṣayat | prakr-
amata iti "propābhyām" iti taṅ | § 23756

6.36.57 Aṣṭāṅgahr̥dayasaṃhitā

etasminnantare karma daṃśasyotkartanādikam | | 39 | |
kuryācchīghraṃ yathā dehe viṣavallī na
rohati | | 40 | | § 23758

6.36.58 Sarvāṅgasundarā

asminnantare-avasare, daṃśasyotkartanādikaṃ karma ca-
palaṃ vidadhīta, yathā viṣavallī kāye na rohati | viṣaṃ va-
llīveti "upamitaṃ vyāghrādibhiḥ" iti samāsaḥ | § 23759

6.36.59 Aṣṭāṅgahr̥dayasaṃhitā

daṣṭamātro daśedāsu tameva pavanāśinam | |40| |
loṣṭaṃ mahiṃ vā daśanaiśchittvā cānu
sasambhramam | |41| |
niṣṭhīvena samālimpeddaṃśaṃ karṇamalena
vā | |41| | § 23762

6.36.60 Sarvāṅgasundarā

daṣṭamātraḥ puruṣastameva sarpaṃ-daṣṭāraṃ, śīghram-
eva khādet (daśet) | athavā loṣṭaṃ dharaṇiṃ daśanaiśch-
ittvā paścācca jhaṭiti niṣṭhīvena daṃśamālimpet | karṇam-
alena vā+a+alimpet | § 23763

6.36.61 Aṣṭāṅgahr̥dayasaṃhitā

daṃśasyopari badhnīyādariṣṭāṃ caturaṅgule | |42| |
kṣaumādibhirveṇikayā siddhairmantraīśca
mantravit | |42| |
ambuvat setubandhena bandhena stabhyate
viṣam | |43| |
na vahanti sirāścāsyā viṣaṃ
bandhābhipīḍitāḥ | |43| | § 23767

6.36.62 Sarvāṅgasundarā

daṃśasyopariṣṭāccaturaṅgule+ariṣṭāṃ kṣaumādibhirveṇ-
ikayā siddhaiśca mantrairupalakṣito mantrairupalakṣito
mantrajño badhnīyāt | bandhena hi viṣaṃ stabhyate | ja-
laṃ yathā setubandhena | asya ca daṣṭasya, sirā viṣaṃ ba-
ndhanapīḍitā na vahanti | § 23768

5

6.36.63 Aṣṭāṅgahr̥dayasaṃhitā

niṣpīḍyānūddheraddaṃsaṃ marmasandhyagataṃ
tathā | | 44 | |
na jāyate viṣādvego
bījanāśādivāṅkuraḥ | | 44 | | § 23770

6.36.64 Sarvāṅgasundarā

anu-paścāt, niṣpīḍya daṃsamuddharet marmasandhiṃ
varjayitvā | tathā-evaṃ kṛte sati, viṣavego na jāyate |
yathā-aṅkuro bījanāśāt | § 23771

6.36.65 Aṣṭāṅgahr̥dayasaṃhitā

daṃsaṃ maṇḍalināṃ muktivā
pittalatvādathāparam | | 45 | |
prataptairhemalohādyairdahedāsūlmukena
vā | | 45 | |
karoti bhasmasātsadyo vahniḥ kiṃ nāma tu
kṣatam | | 46 | | § 23774

6.36.66 Sarvāṅgasundarā

maṇḍalināṃ ca daṃsaṃ pittalatvāddhetormuktivā, athāp-
araṃ daṃsaṃ hemādibhiḥ prataptaiḥ śīghraṃ dahedul-
mukena vā | yato+agniḥ sadya eva bhasmatāṃ sarvameva
vastu nayati | kṣatam tu kiyanmātram | § 23775

6.36.67 Aṣṭāṅgahr̥dayasaṃhitā

ācūṣet pūrṇavaktro vā mṛdbhasmāgadagomayaiḥ | | 46 | |
pracchāyāntarariṣṭāyāṃ māṃsalaṃ tu
viśeṣataḥ | | 47 | |
aṅgaṃ sahaiva daṃsena
lepavedagadairmuhūḥ | | 47 | |
candanośīrayuktena salilena ca
secayet | | 48 | | § 23779

6.36.68 Sarvāṅgasundarā

athavā pittalapraṅyaḥ syāt tadā mṛdādibhiḥ pūrṇavad-
ano+ariṣṭāmadhyaṃ pracchāya-pracchānaṃ kṛtvā, ācū-
ṣet | māṃsalaṃ tu sthānaṃ viśeṣeṇa pracchāyācūṣet |
tathā daṃsena sārđhamaṅgamagadena punaḥpunarlepa-
yet | candanośīrānvidenodakena secayecca śarīram | § 23780 5

6.36.69 Aṣṭāṅgahrđdayasaṃhitā

viṣe pravirṣṭe vidhyetsirāṃ sā paramā kriyā | | 48 | |
rakte nirhriyamāṇe hi kṛtsnaṃ nirhrīyate
viṣam | | 49 | | § 23782

6.36.70 Sarvāṅgasundarā

viṣe pravirṣṭe sati sirāṃ vidhyet | sā hi uttamā kriyā |
yato+asyāsr̥ji nirhriyamāṇe viṣam sarvameva nirhriyate,
tadāśritatvāt | § 23783

6.36.71 Aṣṭāṅgahrđdayasaṃhitā

durgandhaṃ saviṣam raktamagnau caṭacaṭāyate | | 49 | |
yathādoṣam viśuddhaṃ ca
pūrvavallakṣayedasṛk | | 50 | | § 23785

6.36.72 Sarvāṅgasundarā

saviṣam śoṇitaṃ durgandhaṃ syāt | vahnau ca kṣiptaṃ ca-
ṭacaṭāyate | viśuddhaṃ ca raktaṃ doṣānusāreṇa pūrvavat-
sirāvyadhavidhyuktena (hr̥.sū. a. 27) lakṣaṇena, vidyāt |
§ 23786

6.36.73 Aṣṭāṅgahrđdayasaṃhitā

sirāsvadr̥ṣyamānāsu yojyāḥ śṛṅgajalaukaṣaḥ | | 50 | | § 23787

6.36.74 Sarvāṅgasundarā

sirāsu tu śophādīnā+anupalabhyamānāsu śṛṅgaṃ jalauk-
aso vā yuñjyāt | § 23788

6.36.75 Aṣṭāṅgahr̥dayasaṃhitā

śoṇitaṃ srutaśeṣaṃ ca pravilīnaṃ viṣoṣmaṇā | | 51 | |
lepasekaiḥ subahuśaḥ
stambhayedbhṛśāsītaiḥ | | 51 | | § 23790

6.36.76 Sarvāṅgasundarā

srutaśeṣaṃ ca lohitaṃ viṣoṣmaṇā pravilīnaṃ lepādibhiḥ
punaḥpunarupayuktairatiśītaiḥ stambhayet | § 23791

6.36.77 Aṣṭāṅgahr̥dayasaṃhitā

askanne viṣavegāddhi mūrccāyamadahṛddravāḥ | | 52 | |
bhavanti tān
jayecchītaiḥbījēcāromaharṣataḥ | | 52 | | § 23793

6.36.78 Sarvāṅgasundarā

askanne-asrute+astyāne, hi rakte viṣavegena mūrccādyā
bhavanti | tāṃśca śītaiḥlepādibhirjayet | tathā romāñco yā-
vacchīte na syāt tāvadbjēcca | § 23794

6.36.79 Aṣṭāṅgahr̥dayasaṃhitā

skanne tu rudhire sadyo viṣavegaḥ
praśāmyati | | 53 | | § 23795

6.36.80 Sarvāṅgasundarā

asre tu skanne sati viṣavegaḥ śīghrameva praśāmyati |
§ 23796

6.36.81 Aṣṭāṅgahr̥dayasaṃhitā

viṣaṃ karṣati tīkṣṇatvād hr̥dayaṃ tasya guptaye | |53| |
pibeddhṛtaṃ ghṛtakṣaudramagadaṃ vā
ghṛtāplutaṃ | |54| |
hr̥dayāvaraṇe cāsyā śleṣmā
hr̥dyupacīyate | |54| | § 23799

6.36.82 Sarvāṅgasundarā

viṣaṃ tīkṣṇādiyogād hr̥dayaṃ karṣati | tasya-hr̥dayasya,
guptaye-rakṣaṇāya, ghṛtaṃ ghṛtakṣaudramagadaṃ vā pi-
bet ghṛtāplutaṃ | asya-puruṣasya, hr̥dayāvaraṇe sati śle-
ṣmā hr̥daye cayaṃ yāti | § 23800

6.36.83 Aṣṭāṅgahr̥dayasaṃhitā

pravṛttagauravotkleśahr̥llāsāṃ vāmayettataḥ | |55| |
dravaiḥ kāñjikakaulatthatailamadyādivarjit-
aiḥ | |55| |
vamanairviṣahr̥dbhiṣca naivamaṃ vyāpnoti
tadvapuḥ | |56| | § 23803

6.36.84 Sarvāṅgasundarā

pravṛttāḥ-sañjātāḥ, gauravotkleśahr̥llāsā yasya sa evaṃ
bhūtastaṃ dravaiḥ kāñjikādirahitairvamanairvāmayet vi-
śaharaiṣca vāmayet | evaṃ kṛte sati tasya-viṣārtasya, śarī-
raṃ viṣaṃ na vyāpnoti | § 23804

6.36.85 Aṣṭāṅgahr̥dayasaṃhitā

bhujaṅgadoṣaprakṛtisthānavegaviśeṣataḥ | |56| |
susūkṣmaṃ samyagālocya viśiṣṭāṃ
cācāretkriyām | |57| | § 23806

6.36.86 Sarvāṅgasundarā

bhujaṅgadoṣādikaṃ susūkṣmayā buddhyā samyagālocya
viśiṣṭāṃ kriyāṃ samācaret | § 23807

6.36.87 Aṣṭāṅgahr̥dayasaṃhitā

sinduvāritamūlāni śvetā ca girikarṇikā | | 57 | |
pānaṃ darvīkarairdaṣṭe nasyaṃ madhu
sapākalam | | 58 | | § 23809

6.36.88 Sarvāṅgasundarā

sinduvāritamūlādikaṃ jalānviṭaṃ darvīkarairdaṣṭe pā-
naṃ nasyaṃ māksikaṃ kuṣṭhasahitaṃ hitam | § 23810

6.36.89 Aṣṭāṅgahr̥dayasaṃhitā

kṛṣṇasarpeṇa daṣṭasya limpeddaṃśaṃ hr̥te+asṛji | | 58 | |
cāraṭīnākulībhyāṃ vā tīkṣṇamūlaviṣeṇa
vā | | 59 | |
pānaṃ ca kṣaudramañjiṣṭhāgr̥hadhūmayutaṃ
ghṛtam | | 59 | | § 23813

6.36.90 Sarvāṅgasundarā

kṛṣṇabhujāṅgadaṣṭasya rakte hr̥te sati daṃśaṃ guñjānāk-
ulībhyāṃ limpet | tīkṣṇena mūlaviṣeṇa vā limpet | kṣaudr-
ādiyutaṃ ca sarpiḥ pānam | § 23814

6.36.91 Aṣṭāṅgahr̥dayasaṃhitā

tandulīyakakāśmaryakiṇihīgirikarṇikāḥ | | 60 | |
mātuluṅgī sitā śeluḥ
pānanasyāñjanairhitaḥ | | 60 | |
agadaḥ phaṇināṃ ghore viṣe
rājīmatāmapi | | 61 | | § 23817

6.36.92 Sarvāṅgasundarā

tandulīyakādikaḥ pānādibhiragadaḥ phaṇinām rājīmatām
ca dāruṇe viṣe hitaḥ | § 23818

6.36.93 Aṣṭāṅgahr̥dayasam̐hitā

samāḥ sugandhāmṛdvīkāśvetākhyāgajadantikāḥ | | 61 | |
ardhāmśam saurasam patram kapittham
bilvadāḍimam | | 62 | |
sakṣaudro maṇḍaliviṣe viśeṣādagado
hitaḥ | | 62 | | § 23821

6.36.94 Sarvāṅgasundarā

sugandhādayaḥ samāḥ-samabhāgāḥ, ardhabhāgena sura-
sapatrādikamiti samākṣiko maṇḍalino viṣe viśeṣeṇāgado
hitaḥ | § 23822

6.36.95 Aṣṭāṅgahr̥dayasam̐hitā

pañcavalkavarāyaṣṭīnāgapuṣpailavālukam | | 63 | |
jīvakaṣabhakau śītam sitā
padmakamutpalam | | 63 | |
sakṣaudro himavānnāma hanti maṇḍalinām
viṣam | | 64 | |
lepācchvayathuvīsarpavisphoṭajvaradāhahā | | 64 | | § 23826

6.36.96 Sarvāṅgasundarā

pañcavalkādiko māṣikayuto himavānnāmāgado maṇḍa-
liviṣam lepena hanti, śophādihā ca | śirīṣapippalavaṭapla-
kṣavetasānām pañcānām tvak-pañcavalkamucyate | § 23827

6.36.97 Aṣṭāṅgahr̥dayasaṃhitā

kāśmaryaṃ vaṭaśuṅgāni jīvakarṣabhakau sitā | | 65 | |
mañjiṣṭhā madhukaṃ ceti daṣṭo maṇḍalinā
pibet | | 65 | | § 23829

6.36.98 Sarvāṅgasundarā

kāśmaryādikaṃ maṇḍalidaṣṭo naraḥ pibet | § 23830

6.36.99 Aṣṭāṅgahr̥dayasaṃhitā

vaṃśatvagbījakaṭukāpāṭalībījanāgaram | | 66 | |
śirīpabījātiviṣe mūlaṃ gāvedhukaṃ vacā | | 66 | |
piṣṭo govāriṇā+aṣṭāṅgo hanti gonasajaṃ
viṣam | | 67 | | § 23833

6.36.100 Sarvāṅgasundarā

vaṃśatvagādiko+aṣṭāṅgo+agado gomūtrapiṣṭo gonasavi-
śam hanti | vaṃśasya tvagbīje | § 23834

6.36.101 Aṣṭāṅgahr̥dayasaṃhitā

kaṭukātiviṣākuṣṭhagr̥hadhūmahareṇukāḥ | | 67 | |
sakṣaudravyoṣatagarā ghnanti rājīmatāṃ
viṣam | | 68 | | § 23836

6.36.102 Sarvāṅgasundarā

kaṭukādayo rājīmatāṃ viṣam ghnanti | § 23837

6.36.103 Aṣṭāṅgahṛdayasaṃhitā

nikhanetkāṇḍacitrāyā daṃśaṃ yāmadvayaṃ
bhuvī | | 68 | |
uddhṛtya pracchitaṃ sarpirdhānyamṛdbhyāṃ
pralepayet | | 69 | |
pibetpurāṇaṃ ca ghṛtaṃ
varācūrṇāvacūrṇitaṃ | | 69 | |
jīrṇe virikto bhuñjīta yavānnaṃ
sūpasamskṛtaṃ | | 70 | | § 23841

6.36.104 Sarvāṅgasundarā

kāṇḍacitrāyāḥ-sarpaviśeṣasya, daṃśaṃ yāmadvayaṃ bh-
uvi nikhanet | tata uddhṛtya pracchitaṃ sarpairdhānyam-
ṛdbhyāṃ pralepayet | dhānyasya mṛd dhānyamṛt | tathā
purāṇaṃ ghṛtaṃ triphalācūrṇayutaṃ pibet | jīrṇe virikto
yavānnaṃ śālyādikaṃ sūpena saṃskṛtamadyāt | § 23842

5

6.36.105 Aṣṭāṅgahṛdayasaṃhitā

karavīrārkakusumamūlalāṅgalikākaṇāḥ | | 70 | |
kalkayedāranālena
pāṭhāmaricasaṃyutāḥ | | 71 | |
eṣa vyantaradaṣṭānāmagadaḥ
sārvakārmikāḥ | | 71 | | § 23845

6.36.106 Sarvāṅgasundarā

karavīrārkayoḥ kusumamūlaṃ lāṅgalikādīṃśca kāñjikenā
kalkayet | eṣo+agadaḥ sārvakārmiko vyantaradaṣṭānāṃ
hitaḥ | sārvakārmika iti "anuśatikādītvāt(dīnāṃ ca)" [iti]
ubhayapadaḥ | § 23846

6.36.107 Aṣṭāṅgahr̥dayasaṃhitā

śirīṣapuṣpasvarase saptāhaṃ maricaṃ sitam | |72| |
bhāvitaṃ sarpadaṣṭānām pānanasyāñjane
hitam | |72| | § 23848

6.36.108 Sarvāṅgasundarā

śirīṣakusumarase saptavāsarāṇi sitamaricaṃ bhāvitaṃ bh-
ujaṅgadaṣṭānām pānādaḥ hitam | § 23849

6.36.109 Aṣṭāṅgahr̥dayasaṃhitā

dvipalaṃ natakuṣṭhābhyām ghṛtakṣaudraṃ
catuṣpalaṃ | |73| |
api takṣakadaṣṭānām
pānametatsukhapradam | |73| | § 23851

6.36.110 Sarvāṅgasundarā

tagarakuṣṭhayordve pale ghṛtamākṣikayoścatvāri palāni |
takṣakenāpi daṣṭānām tatpītaṃ śarmadam | § 23852

6.36.111 Aṣṭāṅgahr̥dayasaṃhitā

atha darvīkṛtām vege pūrve vistrāvya śoṇitam | |74| |
agadaṃ madhusarpirbhyām saṃyuktaṃ
tvaritaṃ pibet | |74| | § 23854

6.36.112 Sarvāṅgasundarā

darvīkṛtām ca prathame vege pūrvaṃ raktaṃ visrāvya-
nantaraṃ madhughṛtayutamagadaṃ śīghrameva pibet |
§ 23855

6.36.113 Aṣṭāṅgahr̥dayasaṃhitā

dvitīye vamaṇaṃ kṛtvā tadvadēvāgadam
pibet | |75| | § 23856

6.36.114 Sarvāṅgasundarā

dvitīye vege vamaṇaṃ vidhāya tathaiṅvāgadam pibet |
§ 23857

6.36.115 Aṣṭāṅgahr̥dayasaṃhitā

viṣāpahe prayuñjīta tṛtīye+añjananāvane | |75| | § 23858

6.36.116 Sarvāṅgasundarā

tṛtīye vege viṣaghnamañjanādi dadyāt | § 23859

6.36.117 Aṣṭāṅgahr̥dayasaṃhitā

pibeccaturthe pūrvoktāṃ yavāgūṃ vamaṇe
kṛte | |76| | § 23860

6.36.118 Sarvāṅgasundarā

caturthe vege kṛtavamaṇaḥ pūrvoktāṃ yavāgūṃ pibet |
§ 23861

6.36.119 Aṣṭāṅgahr̥dayasaṃhitā

ṣaṣṭhapañcamayoḥ śītairdigdhaṃ
siktamabhīkṣṇaśaḥ | |76| |
pāyayedvamaṇaṃ tikṣṇaṃ yavāgūṃ ca
viṣāpahiḥ | |77| | § 23863

6.36.120 Sarvāṅgasundarā

ṣaṣṭhapañcamayorvegayoḥ puruṣaṃ śīśirairmuhurliptaṃ
siktaṃ ca tīkṣṇaṃ vamaṇaṃ pāyayet | yavāgūṃ ca viṣa-
ghnaiḥ kṛtāṃ pāyayet | § 23864

6.36.121 Aṣṭāṅgahr̥dayasaṃhitā

agadaṃ saptame tīkṣṇaṃ yuñjyādañjananasyayoḥ | | 77 | |
kṛtvā+avagāḍhaṃ śastreṇa mūrdhni
kākapadaṃ tataḥ | | 78 | |
māṃsaṃ sarudhiraṃ tasya carma vā tatra
nikṣipet | | 78 | | § 23867

6.36.122 Sarvāṅgasundarā

saptame vege tīkṣṇamagadamañjane nasye ca yuñjyāt |
tataḥ śastreṇa kākapadamavagāḍhaṃ mūrdhni vidhāya
tatastasya-daṣṭasya, tasmin kākapade māṃsaṃ saṣoṇitaṃ
nyaset, athavā carma nikṣipet | § 23868

6.36.123 Aṣṭāṅgahr̥dayasaṃhitā

ṭṛṭīye vamiṭaḥ peyāṃ vege maṇḍalināṃ
pibet | | 79 | | § 23869

6.36.124 Sarvāṅgasundarā

ṭṛṭīye maṇḍalināṃ vege vamiṭaḥ peyāṃ pibet | § 23870

6.36.125 Aṣṭāṅgahr̥dayasaṃhitā

atīkṣṇamagadaṃ ṣaṣṭhe gaṇaṃ vā
padmakādikaṃ | | 79 | | § 23871

6.36.126 Sarvāṅgasundarā

ṣaṣṭhe+atīkṣṇamagaḍaḁ padmakāḁiḁ vā gaṇaḁ (hr.sū. a. 15/12) yojayet | § 23872

6.36.127 Aṣṭāṅgahr̥dayasaḁhitā

adye+avagāḁḁhaḁ pracchāya vege daṣṭasya rājilaiḁ | |80| |
alābunā haredraktaḁ pūrvavaccāgaḁḁ
pibet | |80| | § 23874

6.36.128 Sarvāṅgasundarā

rājīmatāḁ prathame vege+atīśayena pracchāyālābunā ra-
ktaḁ haret | pūrvavaccāgaḁḁ pibet | § 23875

6.36.129 Aṣṭāṅgahr̥dayasaḁhitā

ṣaṣṭhe+añjanaḁ tīkṣṇatamamavapīḁaḁ ca
yojayet | |81| | § 23876

6.36.130 Sarvāṅgasundarā

ṣaṣṭhe+añjanamatitīkṣṇaḁ yojayedavapīḁaḁ ca | nanu,
atra kecidvegā noditā eva | teṣu kiḁ vidheyam ? ityāha-
§ 23877

6.36.131 Aṣṭāṅgahr̥dayasaḁhitā

anukteṣu ca vegeṣu kriyāḁ darvīkaroditāḁ | |81| | § 23878

6.36.132 Sarvāṅgasundarā

akathiteṣu darvīkaroktāḁ kriyāḁ yojayet | § 23879

6.36.133 Aṣṭāṅgahr̥dayasaṃhitā

garbhiṅbālavṛddheṣu mṛdum, vidhyetsirāṃ na
ca | | 82 | | § 23880

6.36.134 Sarvāṅgasundarā

garbhīnyādiṣu mṛdum kriyāṃ yojayet | sirāṃ ca na vyadh-
ayet | § 23881

6.36.135 Aṣṭāṅgahr̥dayasaṃhitā

tvaṅmanohvā niṣe vakraṃ rasaḥ śārdūlajo nakhaḥ | | 82 | |
tamālaḥ kesaraṃ sītaṃ pītaṃ
tandulavāriṇā | | 83 | |
hanti sarvaviṣāṇyetadvajraṃ
vajramivāsuraṅ | | 83 | | § 23884

6.36.136 Sarvāṅgasundarā

tvaḡdikamidaṃ jyeṣṭhāmbhasā pītaṃ sarvāṇi viṣāṇi ha-
nti | vajrivajramivāsuraṇityupamālaṅkāraḥ | § 23885

6.36.137 Aṣṭāṅgahr̥dayasaṃhitā

bilvasya mūlaṃ surasasya puṣpaṃ phalaṃ karaṅjasya
nataṃ surāhvam | | 84 | |
phalatrikaṃ vyoṣaniśādvayaṃ ca vastasya
mūtreṇa susūksmapiṣṭam | | 84 | |
bhujāṅgalūtonduravṛścikādyairvisūcikājīrṇaga-
rajvaraiśca | | 85 | |
ārtānnaṅ bhūtaividharṣitāṃśca svasthīkarotyā-
ñjanapānanasyaiḥ | | 85 | | § 23889