

Anonymous

# Āyurvedasūtram

— A SARIT edition of chapters 1–5

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# Part I

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The Ayurvedasūtram, chapters 1-5 [a machine-readable transcription by Zoe Slatoff]]The Ayurvedasūtram, chapters 1-5 [a machine-readable transcription by Zoe Slatoff]

## 1 Chapter 1

- 1.1 athāto dhātusthadoṣagatyavikārahetubhūtārthavārdha-  
kadravyāṅyadyāt
- 1.2 cirāyuricchāpravṛttirāyurvedārthapurūṣārthopapādikā
- 1.3 taddhetubhūtārthaṃ rakṣet
- 1.4 nendriyātilālanātipīḍanau
- 5 1.5 doṣavṛddhikṣayopapādakau
- 1.6 lakṣaṅānyapi tathā
- 1.7 yogyaistacca nivartayet
- 1.8 anāmapālanam kuryāt
- 1.9 āmaṃ hi sarvarogāṅām
- 10 1.10 ādibhūtamāha brahmā
- 1.11 tannivṛttiranāmayam
- 1.12 anāmayī ātmānam sammanyate
- 1.13 ahampratyayaḥ karmakartā
- 1.14 sthānavānahamkārī
- 15 1.15 yāvadarogī abhimanyate
- 1.16 sa eva bhukte
- 1.17 ajo hyadhiṣṭhātā
- 1.18 bhukte viṣayabhogān
- 1.19 anyaḥ karma bhukta
- 20 1.20 yaḥ kartā karmabhogī
- 1.21 kartā śarīrī
- 1.22 aśarīrī nānamatti
- 1.23 na kevalam śarīram bhogayogyamātmano yogāt
- 1.24 ajau hyadhiṣṭhitau
- 25 1.25 anyo 'nnamatti
- 1.26 anattyevamanyaḥ
- 1.27 sati śarīre bhogāya
- 1.28 aṣṭāṅgī śarīrī
- 1.29 yāvatkṛtividhdheḥ kāyaḥ
- 30 1.30 āmajāmayakārya hetukacittakṣobhabhayanigrahavigra-

- ho grahaḥ
- 1.31 āmajāmayakāryahetukānyahetukāmayanivartakā ap-  
ūrvāṅgahetukāḥ
- 1.32 doṣasañcārābhāvajāsthikarṇanāsādisandhijarujaśśastreṇa-  
ike nivartakāḥ 5
- 1.33 prakāśamānaprathamaprayāṇādhiगतानिःसृतमृताप्रा-  
तिप्रयāṇāhṛtayogavibhāgadhātupoṣakasurasādanāda-  
rogavānajaraḥ
- 1.35 ya evaṃ veda
- 1.36 sa cirāyurbhavati 10
- 1.37 tadeva bheṣajam
- 1.38 saiva cikitsā
- 1.39 tāvad dravyāvalokanaṃ kuryāt
- 1.40 rasāḥ svādvamlalavaṇatiktoṣaṇakaṣāyakāḥ tatparitr-  
āṇakāḥ 15
- 1.41 svādvamlakaṭukāḥ pāyā rasāḥ
- 1.42 yathā samadoṣā yathāgnipravartakāḥ
- 1.43 siddhāṣṣaṭapāke trayāḥ
- 1.44 tiktassvādu pāke
- 1.45 kaṣāyo 'mlarasaḥ 20
- 1.46 ūṣaṇaṃ lavaṇaḥ pāke
- 1.47 vyutkramarasā vikārakārakāḥ
- 1.48 pācakapittaṃ pacatyāhāram
- 1.49 doṣadhātumaloṣmajamaṃ tathā
- 1.50 grahaṇīkalāyustejāṃsi dadhāti 25
- 1.51 bhaktādanenāmāśayātirodhanāt kalābalā bhavati
- 1.52 āmāśayātipūrṇāt kalābalādāmāśayasthitapavanaga-  
titirodhānādanilaprakopo hi bhavati
- 1.53 yādṛśā doṣāstādṛśānilaprakopajātānalāstādṛśā jvarāḥ
- 1.54 akṣikarṇanāsāsīrorugvidāhajihvāsyaśoṣakukṣyo jval- 30  
ayan jvalati
- 1.55 aṅgapīḍanamalamārgātirodhanātipīḍanadhātumārga-  
vigamanānilādanalasthalacalanādinānilajvaraḥ
- 1.56 pavanapittahetukarasavirasajātājīrṇajanyāmarasāsṛgdhā-  
tucarādyadoṣa ubhayalakṣaṇayuktarogaḥ pavanapi- 35  
ttaprakopajvaraḥ
- 1.57 pavanakaphavikārahetukarasavirasajātājīrṇajanyāma-  
yamāṃsamedodhātucara ubhayalakṣaṇasahitaḥ pa-



- vanakaphavikārajātajvarah  
**1.58** kaphapittavikārahetukarasavirasajātājīrṇajanyāmayā-  
 sthimajjādhātucarādyadoṣaś cobhayalakṣaṇayukto ro-  
 gaḥ kaphapittavikārajātajvarah  
 5 **1.59** manaḥkāmbhayabhūtābhighātakālahetūtpannajvara-  
 syāntarvidāhaśvāsakhāsamadabhramamūrcchaccha-  
 rdyatisāraśokakrodhabhayaguṇāstannivartakanivarta-  
 kā āgantukajvarāḥ  
**1.60** pavanādyaprakopādagnibalaṃ poṣayankriyākramaḥ  
 10 **1.61** pathyādoṣe kṣīṇe 'gnibale jāte kṣutṭṛṇrucīśśaktiḥ ba-  
 lakālavibhāgajño vamanavirekācchvāsakhāsahṛdroga-  
 viṣamajvarātisārebhyo 'bhayātsukhībhavet  
**1.62** āmāsayasthitam sarvadhātubalakārakam  
**1.63** samānānilena tatsthān kalā jvalayan pacati  
 15 **1.64** duṣṭagrahaṇī rogasya kārikā  
**1.65** dravadravvyairvibhajankālādannaṃ prāṇānilena ko-  
 ṣṭham gataṃ samānānilena tatsthā kalā jvalayantī  
 pacati  
**1.66** rikte vāyūḥ prakupyate  
 20 **1.67** analo 'lpo bhavati  
**1.68** madhurībhūtābhyavahṛtānnaṃ pavanaprakopahāra-  
 kam  
**1.69** hṛdgatakaphaplutānnaṃamlībhūtāṃ pittaprakopan-  
 āśakam  
 25 **1.71** hṛccyutāhāramanalaśoṣitamāmāsayastham kapham  
 harati  
**1.72** svādvamlakāṭukāḥ pākyā rasā yathā samadoṣā yath-  
 āyatham yogaphaladāyakāḥ  
**1.73** ye rasāstaddhetubhūtāstadudbhūtājātānalāstadudbhū-  
 30 tadhātupoṣakāḥ  
**1.74** rasādraktam  
**1.75** pañcabhūtātmakam śarīram  
**1.76** śrotrāntassthitaśabdaguṇakabodhakasirābhyāṃ śrū-  
 yate  
 35 **1.77** śabdaguṇaka ākāśaḥ  
**1.78** rasāsrghdhātujanyā tvak śvāsocchvāsāvahā  
**1.79** saptadhātutvagāvṛtānilo viyajjātaḥ  
**1.80** ṣaṭpañcāśatsirāvṛtākṣigatānalaḥ pañcarūpopapanna-

- māhāraṃ pacan anilajātānalassvagatārthaṃ paśyati
- 1.81 lālārūpo rasādibhedānvibhajan jihvayā rasaṃ gr̥hṇāti
- 1.82 jihvāsaṃsthitadvisirādhārasarvarasābhijñā
- 1.83 caturviṃśatisirā nāsikāgragatodbhavā pṛthivī catur-  
viṃśatitativabodhikā 5
- 1.84 yatsirāvṛtaṃ śarīraṃ | annādbhūtāni jāyante, jātāny-  
annena vardhante, adyate 'tti ca bhūtāni, tasmāda-  
nnaṃ taducyate
- 1.85 nāsikādhikyavikārabhūtāḥ nāsāgre pratiyante
- 1.86 mātṛjaṃ raktamāṃsamedah, pitṛjaṃ majjāsthiretaḥ, 10  
satvarajastamogunātmakaṃ śarīraṃ
- 1.87 āyurārogyatejobalaśuddhādi vapussatvagunotpāda-  
kam
- 1.88 yatrasthā rasāstadbhūtajātāste dhātupoṣakāḥ
- 1.89 athāta ādibhūtaṃ yaḥ kartā yāvatkṛtestathā tadeva 15  
bheṣajaṃ manaḥkāmahṛdgatakaphaśuklādibhirāvṛ-  
taṃ śarīraṃ daśa

## 2 Chapter 2

- 2.1 dvirasārtharasahīnārthahīnārasavānanilanivāraḥ
- 2.2 ṣaṣṣahasratrimśatsirāstrimśacchalyāśśatadvayadaśotta-  
rasandhayo navāśītisnāyupeśidharā bhavanti 20
- 2.3 saptadhātudharāssaptāśayāstanmadhyagagrahaṇīkalā-  
jātaḥ svāduraso 'nilaprapakopam harati
- 2.4 aṣṭamo garbhāśayaḥ strīṇām
- 2.5 svaṃ svaṃ svoṣmaṇā sravadrasātmaṃ caujaḥ | svaṃ  
svaṃ svasya svayameva heturbhavati 25
- 2.6 śiraḥpāṇipādapārśvaprṣṭhorūdarajaṅghaśīśnopasthapā-  
yvaṅgāni bhavanti
- 2.7 śrotravakcākṣurjihvāghrāṇāstathā
- 2.8 sarandhrakābhyanantaradharāstrayastrayassirāḥ | pāda-  
yoścatutrimśatsarandhrakābhyanantaradharāḥ 30
- 2.9 pādasthitapadmamavarṇajanakam catustrimśatsirāvṛ-  
tam
- 2.10 jānupadmagaṭamivarṇajanakam catustrimśatsirāvṛ-  
tam
- 2.11 uvarṇātmakamūrupradesāpadmaṃ viṃśatisirāvṛtam 35

- 2.12 r̥varṇajanakaṃ śronipradeśapadmaṃ viṃśatisirāvṛtam
- 2.13 l̥r̥varṇajanakaṃ śronipradeśapadmaṃ catustrimśatsirāvṛtam
- 5 2.14 evarṇajanakaṃ kaṭipradeśagatapadmaṃ catustrimśatsirāvṛtam
- 2.15 aivarṇajanakaṃ bījagatapārśvagatapadmaṃ catustrimśatsirāvṛtam
- 2.16 ovarṇajanakaṃ vaṅkṣaṇapradeśagataṃ padmaṃ dvādaśasirāvṛtam
- 10 2.17 auvarṇajanakaṃ bījapradeśagataṃ padmaṃ dvisirāvṛtam
- 2.19 gaghavarṇajanakamedhrapradeśastriṣaṣṭisirāvṛtaḥ
- 2.20 ṅoccāraṇahetukaṃ pṛṣṭhadeśagataṃ padmaṃ catustrimśatsirāvṛtam
- 15 2.21 ṅoccāraṇahetukaṃ pṛṣṭhadeśagataṃ padmaṃ catustrimśatsirāvṛtam
- 2.22 cachavarṇotpādakaṃ tatpārśvapadmaṃ caturdaśasirāvṛtam
- 20 2.23 jajhavarṇoccāraṇahetukaṃ jaṭharānalapadmaṃ caturdaśasirāvṛtam
- 2.24 ṅavarṇotpādakaṃ nābhipradeśapadmaṃ viṃśatisirāvṛtam
- 2.25 ṭathavarṇotpādakaṃ nābhipradeśapadmaṃ trimśatsirāvṛtam
- 25 2.26 ḍadhavarṇahetukaṃ romaṛājipārśvagataṃ dvāvīṃśatisirāvṛtam
- 2.27 ṇavarṇādhārabhūtaṃ hr̥tkamalaṃ trimśatsirāvṛtam
- 2.28 tathavarṇotpādakaṃ stanadvayapadmaṃ pañcāśatsirāvṛtam
- 30 2.29 dadhavarṇotpādakaṃ kaṅṭhadeśapadmaṃ pañcāśatsirāvṛtam
- 2.30 navarṇotpādakaṃ grīvāpadmaṃ ṣoḍaśasirāvṛtam
- 2.31 paphavarṇotpādakaṃ bāhupadmaṃ ṣoḍaśasirāvṛtam
- 35 2.32 babhavarṇajanakaṃ prakoṣṭhapradeśapadmaṃ pañcāśatsirāvṛtam
- 2.33 mavarṇoccāraṇahetukaṃ sakalaśabdārthajñāpakam

- hastagatapadmaṃ pañcāśatsirāvṛtam
- 2.34 yavarṇajñāpakam rasabandhanapadmaṃ dvisirāvṛtam
- 2.35 rephavarṇotpādakamoṣṭhapadmaṃ ṣoḍaśasirāvṛtam
- 2.36 lavarṇajanakam vācaspatipradeśastham dvisirāvṛtam 5
- 2.37 vavarṇotpādakam nāsikāgragatapadmaṃ catustri-  
ṃśatsirāvṛtam
- 2.38 śavarṇajñāpakam gandhavahapadmaṃ dvisirāvṛtam
- 2.39 ṣavarṇotpādakatāludvayapadmamekaikasirāvṛtam
- 2.40 savarṇajñāpakamakṣipradeśagatapadmaṃ catuḥpa- 10  
ñcāśatsirāvṛtam
- 2.41 havarṇotpādakam pakṣapradeśapadmaṃ dvisirāvṛ-  
tam
- 2.42 lavarṇotpādakamapāṅgadeśapadmaṃ dvisirāvṛtam
- 2.43 kṣavarṇajñāpakam dantapaṅktipradeśapadmaṃ tri- 15  
ṃśatsirāvṛtam
- 2.44 rephotpādakam kapolapadmaṃ ravarṇadevatātma-  
kam
- 2.45 sirāsyadoṣagatijātaśabdaḥ karṇayoḥ prapadyate
- 2.46 riktātiriktātipūrṇāssirā na vedhyāḥ 20
- 2.47 tāssirā marmāśayagā riktāḥ
- 2.48 sirāsrḡvibhāgavidhiṃ jñātvā vimocayet
- 2.49 nīrujāvayavādīdṛśau pitarau
- 2.50 śuddhāśayaśuddhadoṣaśuddhānalaśuddhendriyagu-  
ṇahetukapārthivadravyaiḥ prajāḥ prajāyante 25
- 2.51 śukraśoṇitasannipāto yoniḥ
- 2.52 yonyāmāvirabhūdajo vidhicoditaḥ
- 2.53 yāvadāhārānugūṇarūpavān bhavati
- 2.54 yāvadārogyadā rasā nivartakāḥ
- 2.55 yāvadabhyavahr̥tarasebhyo mātṛjam pālayet 30
- 2.56 reto 'dhikātpituḥ putro bhavati
- 2.57 raktādhikānmātuḥ putrikā bhavati
- 2.58 dvisamo yatra ṣaṇḍo bhavati
- 2.59 ajo nānā jāyate
- 2.61 caturthe 'hni snāyāt 35
- 2.62 śuddhā patim vrajet
- 2.63 prajākāmāstāvatprayatnam mithunam tāvaddhetu-  
kam

- 2.64 dvicatuṣṣaṣṭhāṣṭadaśadvādaśe 'hani jātāḥ putrāḥ ta-  
ditare 'hani jātāḥ putrikāḥ
- 2.65 prathamartau poṣakaṃ nivartakam
- 2.66 tadūrdhve ṛtau śoṣakaṃ tadanantaramapi śoṣakara-  
5 sāḥ garbhābhivardhakā yāvatkālopayogyāḥ
- 2.67 prathamadvitrimāseṣu madhurarasāḥ pavanaharā ni-  
vartakāḥ
- 2.68 catuḥpañcaṣaṭsu māseṣu amlarasāḥ pittaharā nivart-  
akāḥ
- 10 2.69 ṣaṣṭhāṣṭanavamāseṣūṣṇarasāḥ kaphaśoṣakāḥ prava-  
rtakāḥ
- 2.70 nivartyo vikāraḥ
- 2.71 āmavṛddhivikārassarvarogahetubhūtaḥ
- 2.72 tattaddravyaṃ tattatkāle tattadviṣaye tattannivarty-  
15 eṣu nivartakam
- 2.73 nivartakam bheṣajam
- 2.74 doṣatrayahetukaḥ
- 2.75 sarvajantūnāmanāmapālanam nivartakam
- 2.76 vahnipravardhakadravyaṃ yāvaccharīropavṛmhaṇa-  
20 jaṭharānalapravardhakadravyam
- 2.77 tattadarthāssnehayogyāḥ pravardhakāḥ
- 2.78 viśuddhasnehamayaṃ nivartakam
- 2.79 aṅgāṅgasaṅgo 'ṅgavilepanādaṅgāṅgavibhajanam vi-  
bhāti
- 25 2.80 antarvatnījanyajātavedā antarvatnīghṛtādanajanyaḥ
- 2.81 khecarāṅgāṃ janayatassaha sārpiṣā pakṣiśarīre
- 2.82 ārohaṇam gaganavartmasu vrajatām
- 2.83 ghṛtaplutānnādanādvāyustejojretāṃsi dadhāti
- 2.84 yogyadravyopayogairabhivardhate
- 30 2.85 edhante 'smā ṛtavaḥ
- 2.86 annādbhūtāni jāyante
- 2.87 jātānyannaena vardhante
- 2.88 adyate 'tti ca bhūtāni
- 2.89 tasmādannaṃ taducyata iti
- 35 2.90 ghṛtaplutānnamantarvatnyāḥ pradāpayet
- 2.91 tasmātsvāvayavavibhavam dhātuvardhanam kurva-  
tyaḥ prajāḥ prajāyante
- 2.92 tacchoṣakapoṣakadravyaṃ tatra bheṣajam

- 2.93 evamuttarottarābhivṛddhirmāse māse  
2.94 yāvadvārdhikāstatra bheṣajāḥ  
2.95 sarpiṣā poṣyapoṣakāḥ  
2.96 na poṣakakāle śoṣakāḥ  
2.97 ṣaḍrasāsaptadhātupoṣakāḥ 5  
2.98 raso hyasṛk  
2.99 raso vai saḥ

### 3 Chapter 3

- 3.1 atha yogānuśāsanam  
3.3 prakṛtipuruṣāntarmukhajñānagocarapratyayaprakṛtipa-  
riṇāmo yogaḥ 10  
3.4 raja udrekaādasthiram bahirmukhātsukhaduḥkhahe-  
tuḥ  
3.5 tama udrekātkṛtyākṛtyājñānātkrodhādhibhirniyamito  
mūḍhaḥ  
3.6 sātvikodayātsukham 15  
3.7 madhurarasānnādanādanusātvikaguṇahetukam  
3.8 amlībhūtānnādanam rājasaguṇakāarakam  
3.9 kaṭukāstamogūṇahetukāḥ  
3.10 mumukṣormādhuryam  
3.11 āmlarasādanātsukhamekamanubhūyate 20  
3.12 uṣṇaraso duḥkhānuṣaṅgātsukham janayati  
3.13 tadā draṣṭussvarūpāvasthānam  
3.14 sukhaduḥkhamohātmikādhyāstrayaḥprādurbhavanti  
3.15 tadrajastaddhetugūṇabhūtājātam  
3.16 yathāroganivartakāḥ śoṣakapoṣakāḥ 25  
3.17 योग्ययोगो योगः  
3.18 cittavibhramo viparyayaḥ  
3.19 atasminṣtaditi pratyayaḥ  
3.20 pittādhikaikajātātpītaśśāṅkhaḥ  
3.21 sā pratītiḥ pittaviruddhāhārajanyā 30  
3.22 atinirīkṣaṇe doṣapramāyāṃ saṃśayo bhavati  
3.23 atyantāniṣadrṣṭyā cakṣurindriyadoṣassambhavati  
3.24 rajastamogūṇahetukadravyapariṇāmakāt pittādvibhr-  
amo bhavati  
3.25 tadviṣaye cākṣuṣāṇyanubhūtārtheṣu 35

- 3.26 yāvadgarbhāśayasthaṃ piṇḍaṃ tāvaddravyaparipāl-  
anam
- 3.27 adoṣajātapiṇḍaṃ kvacinnivartayet
- 3.28 nimitte hi pathyaṃ bheṣajam
- 5 3.29 yāvadāhārapariṇāmajātāḥ kliṣṭāḥ
- 3.30 kliṣṭāḥ kleśāḥ, akliṣṭā akleśāḥ
- 3.31 yāvatprastutamaharahrabheṣajam
- 3.32 yāvadudbhūtaśoṣakaguṇajātā rujaḥ tattadudbhūtap-  
oṣakadravyaṃ tatra bheṣajam
- 10 3.33 āmanissaraṇakāryaṃ kartavyam
- 3.34 yāvaddhātvaṅkurābhivardhakadravyābhāvajātarogāḥ  
tatpoṣakasamśkārayukta-snehādayo nivartakāḥ
- 3.35 mātūrāhārarasāhārajanitāvayavasthitarasāḥ pravart-  
akāḥ
- 15 3.36 avikāraṃ nirīkṣyaināṃ mātṛjaṃ pāyayet
- 3.37 yogyadravyeṇa ca tānpoṣayet
- 3.38 yāvatstanyapāḥ tāvadbālakāḥ stanyapānam
- 3.39 bālayogyānivartakaṃ kuryāt
- 3.40 śrotrendriyācchabdajñānam
- 20 3.41 rasanendriyajanyabhramādāmavirasadoṣādikaikarasā-  
tsamśayavibhramau bhavataḥ
- 3.42 ghrāṇendriyādghandhapratīṭistathā
- 3.43 śrotrendriyācchabdajñānaṃ tathā
- 3.44 śoṣakadravyādhikyajātāsṛkpratibandhakapavanānala-  
gatijātadoṣaviṣayakaviparyayañānaṃ pramāpratib-  
andhakahetukam
- 25 3.45 sārdradravyaṃ tatra bheṣajam
- 3.46 sasnehamārdraṃ kāryam
- 3.47 cākṣuṣapratīṭitarajanyabhinnaviṣayakajñānapramā pr-  
amāṇam
- 30 3.48 nirdoṣacakṣustatra janakam
- 3.49 cakṣurgrhītalaiṅgikajñānaṃ pramāṇam
- 3.50 bhramābhāvajanakamāptavacanamāgamah
- 3.51 doṣajanyajñānaviṣayako viparyayaḥ
- 35 3.52 śabdaprayogajanitajñānapratīṭiviṣayo vikalpah
- 3.53 sadasatsambandhavivekavidhirahitajñānaviṣayakam
- 3.54 abhāvapratyayāvalambanā vṛttiḥ nidrā
- 3.55 sā pratīṭiḥ tiktakaṭurasavaddravyādanādbhavati

- 3.56 pramāṇenānubhūtārthāsampramoṣaḥ smṛtiḥ  
 3.57 madhurarasapariṇāmājñātasātvikodayāt so 'yamiti vy-  
 apadeśaḥ  
 3.58 itarendriyayogavirāmo 'ntarniyamito 'bhyāsaḥ  
 3.59 viṣayavirāgataḥ pravāhotsāhāt punaḥpunarabhinive- 5  
 śanaṃ vairāgyam  
 3.60 dr̥ṣṭānuśrāvikaṣayatr̥ṣṇāvaśīkaraṇasamjñāstathā  
 3.61 tābhyāṃ cittavṛttinirodhaḥ  
 3.62 yāvaddhātusirādisañcaratprāṇāpānavyānodānasamā-  
 nānilanirodhanaṃ bhramahetukam 10  
 3.63 āsannaṣayakajñānahetukāntarātmāntaḥkaraṇayogā-  
 bhyāsaśāt pavananirodhanādarogī sa cirāyurbha-  
 vati  
 3.64 tasmātprāṇādipañcakaphalībhūtaṃ kāryam  
 3.65 adr̥ṣṭenendriyeṇātmā manasā saṃyujyate 15  
 3.66 sarvadhātavaḥ satvavaśaṃ gatāḥ  
 3.67 yatkāle yadyoge yathāvidhi phalapradāḥ prajāḥ pra-  
 jāyante  
 3.68 tatsaṃyogajātadhātavaḥ pravartakāḥ (yāṃ kāmayeta  
 duhitaraṃ priyā syaditi | tāṃ niṣṭhāya dadyāt | pr- 20  
 iyaiva bhavati | sa na tu punarāgacchati)  
 3.69 strīpumaśvātmabhāgau bhinnamūrtessir̥kṣayā  
 3.70 prakṛtipuruṣau pitarāviti smṛtau  
 3.71 vṛttivyavahitasvarūpaniṣṭhamana utsāhātpunaḥpun-  
 arabhiniveśanaṃ yogābhyāsaḥ 25  
 3.72 ādarātiśayodbhūtabhūyobhūyonirīkṣāyogādiṣu bhū-  
 miḥ  
 3.73 tāṃ niṣṭhāya dadyāt  
 3.74 priyaiva bhavati  
 3.75 neha punarāgacchati 30  
 3.76 aihikāmuṣmikaviṣayānubhāvvyabhogaikanāśyamiti jñ-  
 ānaṃ vairāgyam  
 3.77 aṣayānandātmakanairantaryajñānānandahetukaṃ va-  
 irāgyam  
 3.78 tasmāddhātavastadrogabhūmyāvaṣṭambhāḥ 35  
 3.79 bhogāyatanaṃ śarīram  
 3.80 tatparamapurūṣakhyāterguṇavaitr̥ṣṇyam  
 3.81 yāvadindriyaviṣayajñānānāṃ yadārthollekhibhāvanā



- kriyate savitarkaḥ
- 3.83 antaḥkaraṇadharmāvachchinnaviṣayāvalambitadeśakā-  
labhāvanāyogaḥ savicāraḥ
- 3.84 asmindeśakāladharmāvachchinnadharmamātrāvabhāsanam  
5 nirvicāraḥ
- 3.85 sukhaprakāśodrekāccicchaktiviṣayakassa ānandaḥ
- 3.86 asmingrāhyasatyasattāmātraviṣayakatvena samādhiḥ  
sā smṛta
- 3.87 madhuraraso rasāsṛggatapavanāvikṛtamadhupravā-  
10 hotsāhodayaḥ pūrayan aṅguṣṭham ca samāśritaḥ
- 3.88 tatra sthitakalā daśadalakamalaṃ vikāsayantī praca-  
lati
- 3.89 aṅguṣṭhamātraḥ puruṣo 'ṅguṣṭham ca samāśritaḥ
- 3.90 īśvarassarvasya jagataśśarīram vahati
- 15 3.91 mūlādhāramādibhūtaṃ sakaladhātupoṣakam
- 3.92 sirāpathagatapavanaśśiraḥkamalasthāmṛtamāharansi-  
ñcati
- 3.93 śarīrāṅkuraśākhānāmādibhūtaṃ tathā
- 3.94 tattadadhiṣṭhānavarṇadevatānām sirāmārgagatāmṛ-  
20 taṃ poṣakam
- 3.95 tatpādapadmādhāre saritpravahati
- 3.96 māmsānusṛtasirāmārgagatapavanena kalāḥ pūrayan  
amṛtaṃ secayet
- 3.97 māmsānusṛtasirābhāvāssanti
- 25 3.98 dvisahasrasirāśākhāvat pādapadmamūlakam
- 3.99 saptadhātumayaṃ śarīram

## 4 Chapter 4

- 4.1 gatāgatāmṛtavaśādāgatasamādhikriyayā yogasānnidhyam
- 4.2 tīvrasaṃyogākhyāmāsannaḥ samādhiḥ
- 4.3 saṃvegaḥ kriyāheturdr̥ḍhatarasaṃskāraḥ
- 30 4.4 gatāgatopāyabhedavatāṃ samādhiphalaṃ cāsannam
- 4.5 mṛdumadhyātimātratvāttato viśeṣaḥ
- 4.6 mṛdumadhyātimātrā ityupāyabhedāḥ
- 4.7 mṛdusaṃyogo madhyamasānyogastīvrasaṃyogaśca
- 4.8 tridhā bhedanena vāyornavayogino bhavanti
- 35 4.9 pañcadaśakamalaṃ jaṅghādeśagataṃ sahasrasirādhā-

- rakaṃ pañcāśanmarmagatam
- 4.10 gatāgatasamṣkāropakārapavanayogassamādhiḥ
- 4.11 īśvarapreritaceṣṭāśrayaṃ hitāhitakāryoddeśyaviṣay-  
appravartakaceṣṭāśrayaṃ śarīram
- 4.12 śuddharasāhārajanyadhātupreritasirāgatapavanavaśa- 5  
ccalanātmakam
- 4.13 jaṅghāpadmapoṣakāmṛtapravāhapariṇāmayogavaśa-  
ccalati
- 4.14 lavaṇarasajanyapavanayogarasappravartaka kleśakarm-  
avipākāśayāparāmṛṣṭaḥ puruṣaviśeṣa īśvaraḥ 10
- 4.15 srotomārgasirātrisatadharāṣṭādaśadalapadmaṃ pra-  
tītigamanāgamana ceṣṭāśrayaṃ bhavati
- 4.16 svādvamlalavaṇarasajanyānilasirayā pūrayan jaghan-  
apadmaviṣayaṃ pracalati
- 4.17 svādurasavirasadravyādanādajīrṇādāmāmbuvṛddhi- 15  
rudaraṃ jāyate
- 4.18 svādurasavadvirecanadravyaṃ tatra bheṣajam
- 4.19 śanaiśśanaireva recayet
- 4.20 pavanādyaprakopādagnerbalaṃ poṣayankriyākramaḥ
- 4.21 virasadravyādanājīrṇajanyasirāmārgasthitapavanavi- 20  
gatyā sirārasātiprasravaṇād ajīrṇādāmāmbuvṛddhe-  
rudaraṃ jāyate
- 4.23 pavanaprakopahetukarūkṣātiśītalalaghvatedanāru-  
civivarṇavirasāsyatandrāmūrchādāhabhramatṛṣṇājva-  
rātisārāṅgapītatvaṃ pittaprakopodarāmayahtukam 25
- 4.24 śvāsakhāsabhramavidāhatimiratvakpalitanuretodhā-  
tusirājātarasaḥ kaphaḥ kaphaṃ karoti
- 4.25 pavanapittaprakopajanakadvitirāsajātānusarita uktobhayalakṣaṇaḥ  
vātapittodarāmāyo jñeyaḥ
- 4.26 kaphapittaprakopajanakadvitirāsajātānusaritatattalla-30  
kṣaṇalakṣitakapha-pittodarāmāyo jñeyaḥ | kaphav-  
ātodarāmāyaṃ dvitirāsajātānusaritobhayalakṣaṇa-  
jñānajanyakaphavātāmāyaṃ vidyāt | rasāsrīmā-  
msamedovikārajanakadvitirāsānusaritatattallakṣaṇa-  
jñānagocarapavanapittakaphodarāmāyo dussādhyāḥ 35
- 4.27 krimijanakapliḥodarāmāyastathā
- 4.28 kaṭvamlalavaṇarasavaddravyādanajātamalamārgāva-  
rodhanāt tatsirārandhramārgagatordhvahṛtparipūra-

- ṇapavanaprakopanāt pāṇḍuśophavisarparukprado  
bhavati
- 4.29 bhramavamipipāsācharditrṣṇāmūrchāntarvidāhānga-  
spandanārucipāṇḍutā pittapāṇḍuśobhalakṣaṇam |  
5 pādajānujaṅghrorukaṭiprṣṭhabījapārśvāti vyathātisāra-  
rūkṣatātīśītasarvāṅgaspandanam pavanaśobhapāṇḍ-  
ulakṣaṇam
- 4.30 śvāsakhāsanāsākṣipakṣmakarṇakapoladantārtipīnasa-  
śirastodanam pāṇḍuśobhavisarpāmayaalakṣaṇam
- 10 4.31 bāhyaviṣagrastavaddhātudūṣakāḥ
- 4.32 vātapittarasavirasadravyasaṃsargajātavātagatirodha-  
nādrasāsrghātuvidūṣaṇat-tvakpālityam pāṇḍurog-  
ahetukam
- 4.33 hṛdi sthitāmapittaviṣasāram pādapadmaśoṣakam a-  
15 varṇabodhakacatuṣṭriṃśatsirāsasaṃsargavaśādāmṛtapra-  
vāharodhanātpavanajanyāmayāḥ pravardhante
- 4.34 amṛtapravāhālavālopajīvyāvārṇodbodhaka sarandhra-  
kābhyanantaradharasātsirāmapittaviṣasāragrasanam pa-  
vanaprakopahetukam
- 20 4.35 sirāmārgagatapavanamāṃsadhātvanusṛtajānujaṅghoru-  
bījapārśvapadmagata i, u, ṛ, e, o, ai varṇodbodhaka-  
sarandhrakābhyanantaradharasirāmārgagatapavanaga-  
ti-nirodhānādanilaprkoḥ bhavati
- 4.36 tatsirāmārgagatapavanaprakopabhedādhiṣṭhānopādhi-  
25 bhedātpavanavikāra-bhedāḥ | āmapittaviṣarasavir-  
odhiddravyam bheṣajam
- 4.37 pūrvasmāddvigūṇam pṛthutayā bhāti
- 4.38 trisahasrasirāhetukam madhurībhūtam jvalayati
- 4.39 prajotpādakahetubhūtam bhavati
- 30 4.40 madhurarasādanādasrghāturbhavati
- 4.41 āmlarasādanam māṃsadhātupradam bhavati
- 4.42 lavaṇaraso medodhātupradaḥ
- 4.43 ādyadvidhātusāram jaṅghāpadmahetukam
- 4.44 tiktarasābhivardhitam medodhātusthitadaśadalapa-  
35 dnam kaṭipradeśagatam | sahasrasirādāgatāmṛtam  
tasya tatpoṣakam | tiktarasādhikakaphapradeśāmṛ-  
tam tatra doṣajanyam | piṅgalāmārgādāgatapavan-  
anirodhanam subheṣajam supoṣakam

- 4.45 bahiḥ pavanaṃ recayet tameva pūrayet  
4.46 tasmāccirāyurbhavati  
4.47 candrakalāyatamarutpracoditapadmaṃ mukulībha-  
vati | sūryakalāgatapavanād vikasati  
4.49 ṣaṭkamalānāmādibhūtaṃ mūlādhāraḥ 5  
4.50 tiktoṣaṇarasapradānajananyamedomajjādhāraḥkadaśada-  
lapadmaṃ sahasrasirād āgatāmṛtaṃ tatra siñcati  
4.51 idāpiṅgalāgatāmṛtaṃ siñcati  
4.52 sarvārthānām hetubhūtānām sarvasukhasādhakam  
4.53 prakṛtipuruṣayoraikyam bhavati 10  
4.54 pāṛthivāvayavādhikyopalabdhiryatra tatsāraḥ pā-  
rthivaguṇam  
4.55 ekadoṣanivartakam yāvattadekasāraḥ  
4.56 abdravyāvayavādhikyajanyasvādurasopalabdhiryadya-  
ttattatsāraḥ 15  
4.57 ye ye śarīrāssamadbravyātmakāḥ tatra tatra kiṃciduc-  
itasvādurasāḥ  
4.58 tatpavananivartakam subheṣajam  
4.59 analadravyāvayavādhikyajātādhikarūpopalambhaka-  
yāvadrasavaddravyam tatsāraḥ 20  
4.60 gaganadravyādhikaśabdaguṇopalambhakatvam pra-  
māṇam  
4.61 tiktoṣaṇakaṣāyarasāḥ rasāśrīmāṃsamedobalapradāḥ  
4.62 recakapūrakadhāraḥkebhyo vikasati  
4.63 liṅgayonisamyogācca prajayā paśubhiḥ prajānam 25  
prajāyate  
4.64 pṛṣṭhajaṅghrāśīśnopasthadeśabhedātsvarādayaḥ pr-  
abhavanti  
4.65 kaṭipradeśagataṃ kāyādhāraḥ  
4.66 nābheradhassthitam kuṇḍalyādibhūtaṃ pañcasaha- 30  
srasirāvṛtaṃ śatadalapadmaṃ prajāyate

## 5 Chapter 5

- 5.1 nābheradhastādūrdhvaṃ hr̥di sthitavātapittakaphad-  
oṣāssamastā asamastā asamagrā anyonyam te āmay-  
otpādakāḥ

- 5.2 yatrasthā ye rasāstattadudbhūtajātāste dhātupoṣakāḥ  
 5.3 dvirasārtharasahīnārthahīnārasavānanilanivāraḥ  
 5.4 madhurātimadhuraṃ kramādvātapittaghnaḥ kaphaṃ  
 kurutaḥ  
 5 5.5 āmlātyāmlau ca tathā  
 5.6 lavaṇaṃ pavanaṃ hanti | kaphapittakaraṇaṃ  
 5.7 hīnādhikalavaṇarasaḥ kaphapavanaṃ hanti pittaṃ  
 kurute  
 5.8 tiktaḥ kaphapittaṃ hanti mārutaṃ kurute  
 10 5.9 kaṭu kaphaṃ hanti | vātapittahetukaṃ  
 5.10 kaṭukātikaṭukaḥ kaphānilaṃ hanti | pittaṃ kurute  
 5.11 kaṣāyaḥ kaphapittaṃ hanti | mārutaṃ kurute | hīnā-  
 dhikakaṣāyaḥ kaphamārutaṃ hanti | pittaṃ kurute  
 5.12 doṣe tridoṣahetvanyahetukavikāraviruddhayāvādra-  
 15 saikabhāvātmakaikarasādiḥ nivartakaḥ  
 5.13 rasādidravyasārajāssakalāmāyanivartakāḥ  
 5.14 adoṣadhātupoṣakasāraḥ  
 5.15 pakvāmāśayagāḥ pavanādyāḥ svādukaṣāyakaṭukai-  
 stiktāmlalavaṇaiḥ kālāpākajayogyaiḥ dhāraṇareca-  
 20 kātmakadravyairvividhaiḥ dvividhāmāyāḥ pravā-  
 rdhante  
 5.16 bhūguṇau gurumandau | snigdhaḥimāvāpaḥ | śl-  
 akṣṇasāndratarāgneḥ | mṛdusthitā gurumārutaḥ |  
 sukṣmaviśadā viyataḥ | viruddhaviṣayaḥ prak-  
 25 āraḥ | deśadehakāladravyakarmanāṃ yathāyogo  
 yāvādrogapātakaḥ  
 5.17 svasthāsvasthāssāmāmayāssadoṣagā vidoṣagāḥ  
 5.19 dehadeśakāladravyakarmanāṃ yathāyogakaraṇaṃ yā-  
 vādrogaghātaḥ  
 30 5.20 virasaviṣamapacana-jātadvidoṣaikavidhadhātumārgagā  
 dvidoṣagāḥ  
 5.21 caramarasapacatarogastridoṣagāḥ  
 5.22 yāvādādoṣapacanaṃ nirvitarkaṃ  
 5.23 yāvāddhātuprasādādhīno doṣapacanaḥ  
 35 5.24 viruddharasajātayāvāddhātavadhirohaṇādekadhātukaḥ  
 5.25 rasājīrṇavirasādhikaviruddharasajadoṣādhikaikaśā-  
 bhībhūtassvasthānacyuto bahirujjvalayan jvarassā-  
 majātaḥ

- 5.26 viṣamarasapacanasavirasādiyāvaddhātuprasādādhi-  
no doṣapacanakālaḥ
- 5.27 ekamekaadhātugatāssusādhyāḥ
- 5.28 dvirasadvidoṣapracāramāṃsamedonugatarasapradhā-  
naikadoṣapacnadvidoṣajā dussādhyāḥ 5
- 5.29 evamanyonyadoṣajātāśca
- 5.30 dvirasādhikaikajātatridoṣarasarūpānugūṇarogā asā-  
dhyāḥ
- 5.31 evamekadhātugatāścāsādhyāḥ
- 5.32 adoṣāssadoṣāssamadoṣāssaruajā rujaḥ 10
- 5.33 te trayo doṣahetubhūtāssaptadhātava iti
- 5.34 sānilānanilādhikānilarūkṣalaghubhāvito rasāsṛggataḥ
- 5.35 pittāśrayāttadadhīnapittamāṃsamedonusarannasthi-  
mṛdukāraḥ
- 5.36 mandoṣṇādisamadoṣādhikākṣīṇavṛddhiguṇakāsthima<sup>15</sup>  
jjāmedo 'dhiṣṭhitāḥ
- 5.37 adoṣadhāturasānusārānusarāsthirasapacanaacaramadhā-  
tupracāraḥ
- 5.38 bhūtapūrvapadārthajātadhātuhetubhūtānalasamara-  
sapacana viruddhārtharasapākayogād-viparyaya 20
- 5.39 ṣaṭkamaḥ nāmādhībhūtaṃ mūlādhāraḥ
- 5.40 idāpiṅgalāpūritānilatatsarāgatāmṛtaṃ siñcati
- 5.41 pṛṣṭhorūdarajaṅghāśīśnopasthadeśādyairabhivardha-  
te
- 5.42 nābheradhassthitam kuṇḍalyādhībhūtaṃ śatadalap- 25  
admaṃ pañcasahasrasirāvṛtaṃ saroruhama jāyate
- 5.43 jaṭarāgnerālavālakatayā bhāti
- 5.44 madhurarasam pracālayan śukladhātusthāne svatej-  
asā bhāti
- 5.45 āmlarasam vipācayan mahhādhātusthāne svatejasā 30  
bhāti
- 5.46 lavaṇarasam vipācayan asthidhātusthāne svatejasā  
bhāti
- 5.47 tiktarasam vipācayan medodhātusthāne svatejasā bh-  
āti 35
- 5.48 uṣaṇarasam vipācayan māmsadhātusthāne svatejasā  
bhāti
- 5.49 kaṣāyarasam vipācayan rasāsṛgdhātusthāne svatejasā

- bhāti
- 5.50 sakalarasādhārādibhūtamaṅguṣṭhadalaṃ nābhipadm-  
ādhiṣṭhitaṃ trikoṇaṃ nāma saroruhamaṃjāyata
- 5.51 tasmāttanurajāyata | tasmācchākhāśśarīre bhānti
- 5 5.52 tajjanyaṃrtaṃ tapoṣakam
- 5.53 acalo 'jo manoviṣayakaḥ
- 5.54 tadjñānaṃ tatpuruṣārthakam
- 5.55 sātvikadravyādanaṃ tadbodhakam
- 5.56 itarārthādanāttanna bhāti
- 10 5.57 rajastamogūṇau ātmajñānapratibandhakau
- 5.58 sarvārthānāṃ hetubhūtaṃ śarīram
- 5.59 so 'jassamaṃ paśyati
- 5.60 sa sarvānamatti
- 5.61 tatpoṣakocitarasāstacchākhāphalakāṇḍatatpoṣakāḥ
- 15 5.62 prātaḥpūrvāhṇādanai rasavikāraṃ nirīkṣayet
- 5.63 visrṣṭaviṇmūtrādvimalāśayaḥ
- 5.64 arogasyāśayāssarvaśarīrasādhakāḥ
- 5.65 rasāśayassāśayassarvāśayo vā śarīrī
- 5.66 ṣaṭpañcāśadvasumatīkalā hṛddeśā bhānti
- 20 5.67 nābhyāmudbhūtajātāḥ pañcāsatprabhāḥ pravibhānti
- 5.68 tadūrdhvānale dvāṣaṣṭimayūkhāḥ pratibhānti
- 5.69 catuḥpañcāsatkukṣau pavananiṣṭhāḥ prabhāḥ prapa-  
dyante
- 5.70 tadūrdhvaṃ viyadgatā dvāṣaṣṭiprabhāḥ prakāśante
- 25 5.71 śrotranetranāsikāmadhyagatamanassu mayūkhā vik-  
asanti
- 5.72 tadūrdhvakāyāntassthitasahasrāre padme śuklarūpa-  
dvayaṃ yatra pratibhāti
- 5.73 kṣityādimaṃ 'ntāḥ ṣaḍṛtava iti
- 30 5.74 ṣaḍrasāssamarasāstāḥ kalārūpāḥ kalākhyāḥ praty-  
aḥ pradrṣyante
- 5.75 kṣitimabbhaktakalāḥ puṣṇanti
- 5.76 āpo 'nalapoṣitāḥ
- 5.77 anilādanalaḥ
- 35 5.78 analādākāśaḥ
- 5.79 anantaraṃ manaḥ
- 5.80 mano yugātmetyabhidhīyate
- 5.81 ebhirāvṛttaṃ śarīram

- 5.82 ṣaṭpadārthajātāṣṣaḍrasātmakāstattaddravyādeśā ity-  
upadeśaḥ
- 5.83 tattadrasānāsvādya viraktamanojaḥ anyonyamanyo-  
nyamanubhūyate
- 5.84 svatassvayamevaṃvit 5
- 5.85 tattalokātpretya etamānandamayamātmānamupas-  
aṅkrāmati
- 5.86 etaṃ vijñānamayamātmānamuppasaṅkrāmati
- 5.87 etaṃ manomayamātmānamuppasaṅkrāmati
- 5.88 imānlokānkāmarūpyanusamcarannetatsāma gāyann- 10  
āste
- 5.89 ūrdhvādastiryaṅmayūkhānalo bhavati
- 5.90 tacchākhāgravirāṭpuruṣassarvamaśnute
- 5.91 anāmapālanamanāmayahetukam
- 5.92 dhātupoṣakamānandahetukam 15
- 5.93 rasadravyavijñānamānandahetukam
- 5.94 tadanyonyasaṃyogajñānapūrvakamātmāsvarūpavijñā-  
namānandahetukam
- 5.95 vijñānasāmagrī ātmamanoviṣayapūrvakaṃ tattadvi-  
ṣayavijñānasyāśrayavān bhavati 20
- 5.96 rogaḥpāpavisarjanam sāsrayasthitasthāpakam
- 5.97 tābhyāmadhibhūtaṃ abhayadaṃ sarvaśarīradhāra-  
kaṃ dhātulakṣaṇam
- 5.98 ivartyanivartakaviṣayavidhiṃ jñātvā viṣaye napram-  
attaṃ sādhyāsādhyavidhiniṣedhajñānapūrvikā kā- 25  
ryā cikitsā
- 5.99 ekaikaśarīradravyabhedamekaikabheṣajam
- 5.100 pṛthivyudbhavaguṇo 'mlarasavannirasadravyayo-  
śśoṣakapoṣakaḥ
- 5.101 abbhūtaguṇo gatarasavannirasadravyayośśoṣakap- 30  
oṣakaḥ
- 5.102 tejabhūtodbhavāvūṣaṅarasāntarhitalavaṇoṣaṅarasau  
ambupavanayośśoṣakapoṣakau
- 5.103 pavanabhūtodbhavaḥ sakalarasāvagatasparśayogyā-  
dravyarasāpahṛtarasādikīrṇarakta-rasassakaladoṣanivartakaḥ
- 5.104 gaganabhūtodbhavatacchāyātmabhūniṣṭhatiktarasā-  
dhīnānilānaloṣmaruja ākāśādhīnakaṣāyarasā yāvats-  
arvadoṣasthāmayāpahāḥ



- 5.105 yāvaddhātupoṣakadravyādanāttattadroganivartakāḥ  
5.106 viṣayaviṣayāṇāmātmābhidhātānmārutodrekahetukam  
5.107 adanābhidhātajarujo 'danābhidhātahetoradanajām-  
anivartakanivṛttiḥ  
5 5.108 dussādhyā abhidhātajāḥ  
5.109 sirānivartakāśśarīranāśakāḥ  
5.110 antyakālavasyanādabhidhātaja iti  
5.111 kṣayārśogulmanetrarukpravacanahetukam  
5.112 dehaśoṣāddehapākāddehasāro 'tisarati  
10 5.113 svādurasasūklapoṣakaḥ  
5.114 svādurasavirasaśśuklaśoṣakaḥ  
5.115 amlaraso majjāpravardhakaḥ  
5.116 amlarasavi so majjāhīnatāpradaḥ

## The TEI Header

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