

Nityanātha Siddha

Rasāyanakhaṇḍa

— A SARIT edition

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# Part I

[





śrīnityanāthasiddhviracitarasaratnākarasya caturtho  
rasāyanakhaṇḍaḥ | ]śrīnityanāthasiddhviracitarasaratnā-  
karasya  
caturtho rasāyanakhaṇḍaḥ |

## 1 prathamopadeśaḥ |

maṅgalācaraṇam |

jayati sa rasarājo mṛtyuśaṅkāpahārī  
sakalaguṇanidhānaṃ kāyakalpādhikārī |  
valipalitavināśaṃ sevito vīryavṛddhiṃ  
sthiramapi kurute yaḥ kāmi nīnāṃ prasaṅgam  
|| 1 || §4

### 1.1 dehasiddheḥ praśamsā |

athātaḥ sampravakṣyāmi dehasiddhiṃ suśobhanām |  
yasyāḥ siddhau manuṣyāṇāṃ jāyante  
sarvasiddhayaḥ || 2 || §6

na dehena vinā kiñcidiṣṭamasti jagattraye |  
tasmātsarvaprayatnena ta<sup>1</sup>-1smin yatno  
vidhīyatām || 3 || §8

### 1.2 rasāyanasevanasya pūrvakarma |

śubhanakṣatradivase vamaṇe recane kṛte |  
tato viśeṣaśuddhyartham ketakīstanajam  
dravam || 4 || §10

1

---

1. tasyāḥ kha. |

tridinaṃ kuḍavaikaikaṃ loṇa2-1doṣaharaṃ  
pibet |  
viḍaṅgaṃ ca vacā kuṣṭhaṃ  
ketakīstanasaṃyutam || 5 || § 12

kvathitaṃ tridinaṃ pītamamladoṣaharaṃ  
param |  
śyāmāvahniviḍaṅgāni tryūṣaṇaṃ triphalā vṛṣaḥ  
|| 6 || § 14

saindhavaṃ devadāruśca mustā caitatsamaṃ 5  
samam |  
ghṛtairlehyaṃ tu karṣaikaṃ  
saptāhātsarvadoṣajit || 7 || § 16

evaṃ viśuddhadehastu pūjayeddevatāṃ gurum  
|  
kumārīṃ yoginīca2-2kraṃ tataḥ  
kuryādrasāyanam || 8 || § 18

### 1.3 rasasevane pathyāni |

nirvāte bhūṅrhe vā'tha bāhyacintāvivarjitaḥ |  
jitendriyo jitakrodhaḥ kṣīraśālyannabhugbhavet  
|| 9 || § 20

ṣaṣṭyodanaṃ yavānnaṃ ca godhūmaṃ  
mudgayūṣakam |  
jāṅgalaṃ bhakṣayenmāṃsaṃ kevalaṃ  
kṣīrameva vā || 10 || § 22

balānnaṃ vā'tha bhuñjīta śākalonaṅvivarjitam | 5  
abhyaṅgaṃ mastunā kuryāt snānaṃ caiva  
sukhāmbunā || 11 || § 24

kā2-3kinīm strīm bhajennityaṃ svānukūlām  
suyauvanām |

rasendre bhakṣyamāṇe tu kāmāndho jāyate  
naraḥ || 12 || § 26

maithunena vinā tasya hyājirṇo jāyate rasaḥ |  
ajirṇe kampadāhā2-4rtī hikkā mūrccā  
jvaro'ratih || 13 || § 28

5 kāsaśvāsārucicchardibhramamohā bhavanti hi |  
seveta subhagāṃ tasmāddurbhagāṃ  
parivarjayet || 14 || § 30

## 1.4 rasāyane varjyāni |

abhyaṅgaṃ kaṭutailena kāñjikaṃ madirāṃ dadhi |  
\*\*\*\*kaliṅgakāravallyamlatailakūṣmāṇḍarājikāḥ  
|| 15 || § 32

bilvacchatrākavārtākavidalaṃ kākamācīkām |  
mūlakam laśunam tīkṣṇam śītamuṣṇam ca  
varjayet || 16 || § 34

5 rātrau jāgaraṇam tyājyam divāsvāpam ca  
maithunam |  
kalahodvegacintāśca śokam caiva vivarjayet ||  
17 || § 36

2 \*] lavaṇabhakṣaṇajanitadoṣah-  
aramityarthaḥ  
|  
2 \*] devatācakram kha. |  
2 \*] yasyāstu kuñcitāḥ keśāḥ  
śyāmā yā padmalocanā | surūpā  
taruṇam  
bhinnavistīrṇajaghanasthalā ||  
saṅkīrṇaḥṛdayā pīnastanabhāreṇa  
nāmitā | cumba

nāliṅgasparśakomalā  
mṛdubhāṣiṇī || aśvatthapatrasa-  
dṛśayonideśasuśobhi tā |  
kṛṣṇapakṣe puṣpavatī sā nārī  
kākinī smṛtā || rasabandhe  
prayoge ca utta mā sā rasāyane ra.  
ra. sa. a. 6 ||  
2 \*] dāhādi kha. |

## 1.5 rasāyanavyāpaccikitsā |

āvarjanādbhavecchūlaṃ nidrā'lasyaṃ jvaro'ratih |  
tryaṃhaṃ pibettatpraśāntyai vāriṇā  
karkaṭīphalam | | 18 | | § 38

śuṅṭhīsaindhavacūrṇaṃ vā  
mātuluṅgāmla3-1kairlihet |  
sauvarcalaṃ gavāṃ mūtraiḥ pibedvā  
tatpraśāntaye | | 19 | | § 40

vandhyākarkoṭakīm puṅkhāṃ3-2  
pātālagaruḍīm jalaiḥ |  
kvāthayedāṣṭagaṇitaistadaṣṭāṃ3-3śaṃ  
sasaindhavam | | 20 | | § 42

5

pibetsarvavikāraghnaṃ tridinaṃ śivabhāṣitam |  
mūlaṃ vā kāravallyutthaṃ saindhavaṃ vā  
gavāṃ jalaiḥ | | 21 | | § 44

tridinaṃ karṣamātraṃ tu pibetsarvavikārajit |  
apathyaśīlināmetat kathitaṃ rasasevinām | | 22 | | § 46

10

amumeva vidhiṃ kuryādrasāyanavidhau kila |  
amṛtaṃ vidhisamyuktaṃ vidhihīnaṃ tu  
taddviṣam | | 23 | | § 48

## 1.6 rasasaṅkrāmaṇam |

cāturjātakakarpūraṅkolaṃ kaṭukīphalam |  
khādetāmbūlasamyuktaṃ rasasaṅkrāmaṇe  
hitam | | 24 | | § 50

## 1.7 pāradamaraṇabidhiḥ |

athātra vakṣyate samyagādau pāradamāraṇam |  
 samukhasya rasendrasya vāsanāmukhitasya vā  
 || 25 || § 52

krameṇa jārayetsvarṇam samāṃśam  
 pūrvavattataḥ |  
 tattulyam gandhakaṃ tasmin dattvā  
 divyauśadhidravaiḥ || 26 || § 54  
 1,2,3

5 mardayettridinaṃ khalve mūṣāyāṃ cāndhitaṃ  
 tataḥ |  
 kariṣāgnau divārātraṃ trirātraṃ vā tuṣāgninā  
 || 27 || § 56

sveditaṃ mardayedbhūyo  
 bījairdivyauśadhodbha4-1vaiḥ |  
 tulyam khalve caturyāmaṃ vajramūṣāndhitaṃ  
 dhamet || 28 || § 58

bhasmasūtaṃ bhavettadvai yojyam  
 sarvarasāyane | § 59

## 1.8 pāradamāraṇasya dvitīyaḥ prakāraḥ |

śuddhasū4-2taṃ samaṃ svarṇam  
 yāmamamlairvimardayet || 29 || § 60

prākṣālya grāhayet piṣṭim piṣṭyardham  
 śuddhagandhakam |

1. mātuluṅgārdrakairlihet kha. |
2. puṅkhāmiti śarapuṅkhāmityarthaḥ |
3. statpādāṃśena saindhavam kha, |

gandhārdham ṭaṅkaṇam dattvā sarvatulyāṃ  
haridrikām || 30 || § 62

strīpuṣpeṇa tu tatsarvaṃ mardyaṃ  
rambhādravānvitam |  
dinānte golakam kṛtvā vālukā4-3yantragam  
pacet || 31 || § 64

dinaṃ mandāgninā taṃ vai samuddhṛtya  
vicūrṇayet |  
cūrṇāṃśam gandhakaṃ dattvā garbhayantra 5  
tryaham pacet || 32 || § 66

tuṣāgninā laghutvena jāyate bhasmasūtakaḥ  
| § 67

## 1.9 pāradamāraṇasya tṛtīyaḥ prakāraḥ |

śu4-4ddhasūtastrībhāgaḥ syādbhāgaikam  
tāmracūrṇakam || 33 || § 68

dinaikam mardayedamlaiḥ kṣālitam  
piṣṭimāharet |  
mākṣikāddhautasattvaṃ ca piṣṭitulyam  
prakalpayet || 34 || § 70

tatsarvaṃ tridinaṃ mardyaṃ  
cakramardadaladravaiḥ |  
tadgolaṃ garbhayantrastham tridinaṃ 5  
tuṣavahninā || 35 || § 72

ka4-5rīṣāgnau divārātram pacedvā bhasmatām  
vrajat | § 73

## 1.10 pāradamāraṇasya caturthaḥ prakāraḥ |

śuddhasūtaṃ vyomasattvaṃ suvarṇaṃ ca samaṃ samam  
|| 36 || §74

sarvatulyaṃ biḍaṃ dattvā mardyaṃ  
rambhādravairdinam |  
bījairdivyauṣadhīnāṃ ca tulyairmardyaṃ  
dinadvayaṃ || 37 || §76

garbhayantragataṃ pacyānmriyate  
pūrvavatpūṭe | §77  
1,2,3,4,5

## 1.11 garbhayantralakṣaṇam |

caturaṅguladīrghaṃ syādvistāre cāṅgulatrayam || 38  
|| §78

mṛṇmayaṃ sampuṭaṃ kṛtvā chāyāśuṣkaṃ ca  
kārayet |  
lavaṇaṃ viṃśabhāgaṃ syādbhāgamekaṃ tu  
guggulum || 39 || §80

5 sarvaṃ toyaiḥ prapiṣyātha tenaiva  
sampuṭodaram |  
liptvā tatra rasaṃ rundhyādgarbhayantramidaṃ  
bhavet || 40 || §82

1. --rdivyauṣadhidravaiḥ kha. |
2. sūtabhasma kha. |
3. gaḍukāyantragaṃ ka. |
4. śuddhasūtaṃ tridhā gandhaṃ bhāgaikaṃ kha. |
5. pacedagnau kha. |

## 1.12 pāradamāraṇasya pañcamah prakārah |

vimalā pāradam śuddham tulyam nirguṇḍikādravaiḥ |  
mardayettridinaṃ taṃ vai kācakūpyāṃ  
niveśayet | | 41 | | § 84

kācakūpyā hyabhāve tu  
nirundhyācchrāvasampute |  
pācayedvālukāyantre caturyāmānmṛto bhavet  
| | 42 | | § 86

## 1.13 pāradamāraṇasya ṣaṣṭhah prakārah |

mākṣikāddhautasattvaṃ tu tatsamaṃ śuddhagandhakam  
|  
dvābhyāṃ tulyam śuddharasaṃ dinaṃ  
nirguṇḍikādravaiḥ | | 43 | | § 88

tatsarvaṃ marditaṃ golaṃ vajramūśāndhitaṃ  
pacet |  
dinaikaṃ vālukāyantre mṛtaṃ  
syādraktavarṇakam | | 44 | | § 90

## 1.14 pāradamāraṇasya saptamah prakārah |

urdhvādho gandhakaṃ tulyam dātavyam śuddhapārade  
|  
udare pakvamūśāyāḥ kākamācīdravaṃ punaḥ  
| | 45 | | § 92



dvābhyāṃ caturguṇaṃ dattvā tāmācchādya  
 pacecchanaiḥ |  
 kramāgnau vālukāyāntre caturyāmānmr̥to  
 bhavet || 46 || §94

## 1.15 pāradamāraṇasyāṣṭhamah prakārah |

snuhyā vā hemavallyā vā kṣīraiḥ śuddharasaṃ dinam |  
 mardayedgandhakaṃ tulyaṃ  
 garbhayantragataṃ puṭet || 47 || §96

pūrvavatkramayogena mr̥taṃ yogeṣu yojayet  
 | §97

## 1.16 pāradamāraṇasya navamah prakārah |

śuddhasūtasamaṃ guṇjālākṣorṇāmadhuṭaṅkaṇam || 48  
 || §98

tatsarvaṃ bhṛṅgajairdrāvairdinaṃekaṃ  
 vimardayet |  
 vajramūṣāndhitaṃ dhmātaṃ mriyate  
 śāsisannibham || 49 || §100

## 1.17 pāradamāraṇasya daśamah prakārah |

dravaistu kīṭamāriṇyā hyajamodādravaiśca vā |

ahimāryā dravairvā'tha kiṃvā  
śvetāṅkuladravaiḥ | | 50 | | § 102

mardayetpāradam śuddham samagandham  
dinatrayam |  
sampuṭe mṛṇmaye ruddhvā karīṣāgnau divāniśi  
| | 51 | | § 104

pacettuṣāgninā vā'tha tridinānmriyate dhruvam  
| § 105

## 1.18 pāradamāraṇasyaikādaśaḥ prakāraḥ |

śuddhasūtam mṛtam vajram samāṃśam taptakhalvake  
| | 52 | | § 106

haṃsapādyā dravairmardyaṃ tridinānte  
samuddharet |  
bījairdivyauśadhīnāṃ ca vajramūṣāṃ pralepayet  
| | 53 | | § 108

tatra pūmṛvarasaṃ ruddhvā tridinam  
tuṣavahninā |  
pācayitvā samuddhṛtya tatsamam  
śuddhapāradam | | 54 | | § 110

ekīkṛtya tryaḥam mardyaṃ haṃsapādyā  
dravairdṛḍham |  
tadgolaṃ pūrvavatpacyānmṛtam bhavati  
śobhanam | | 55 | | § 112

## 1.19 vajrādimāraṇavidheratideśena kathanam |

vajrābhrādyasṭalohānām rasakhaṇḍe yathoditam |  
 māraṇam vā6-1dikhaṇḍe vā tathā jñeyam  
 rasāyane || 56 || § 114

## 1.20 mṛtarasaguṇāḥ |

evam mṛto rasavaraḥ paramāmṛtaḥ syā-  
 ttatsevakāḥ satatamasya dṛ6-2dham tu teṣām |  
 deham karoti sahasā surasundarīṇām  
 krīḍākṣamaḥ paramasundarameva nityam ||  
 57 || § 118

iti śrīpārvatīputranityanāthasiddhaviracite rasaratnākare  
 rasāyanakhaṇḍe rasa- māraṇam nāma prathamopadeśaḥ  
 ||

1,2

## 2 dvitīyopadeśaḥ |

dharmajñaiḥ

śivavatsalairnijaratairbhūpairmahāsādhakaiḥ  
 samyagdivyarasāyanena satataḥ  
 kalpāntasīmāvadhi |  
 rakṣyam gā7-1tramanantapuṇyanicaye muktiśca  
 yasmādbhave-  
 ttadvakṣye paramādbhutaḥ sukhakaram  
 sāmrajyadaḥ dhīma7-2tām || 1 || § 123

## 2.1 kṣetrīkaraṇārthamabhrakabhakṣaṇavidhiḥ |

1. vādakhaṇḍe kha. |

2. padaḥ kha. |

abhraḥkaṃ bhakṣayedādau māritaṃ cāmṛtīkṛtaṃ |  
māsaikaṃ niṣkaniṣkaṃ vai kṣetrīkaraṇahetave  
|| 2 || § 125

yasmādabhraṃ rasakṣetraṃ tataḥ  
kuryādrasāyanam |  
akṣetrīkaraṇe sūto hyamṛto viṣatāṃ vrajet || 3  
|| § 127

phalasiddhiḥ kutastasya subījasyoṣare yathā 5  
| § 128

## 2.2 vajrapañjararasaḥ |

vajrapāradayorbhasma samabhāgaṃ prakalpayet || 4  
|| § 129

sūtapādaṃ mṛtaṃ svarṇaṃ sarvaṃ mardyaṃ  
dināvadhi |  
haṃsapādyā dravaireva tadgolaṃ cāndhitam  
puṭet || 5 || § 131

arkakṣīraiḥ punarmardyaṃ tadvadgajapuṭe  
pacet |  
bhakṣayetsarṣapavṛddham yāvanmāṣam 5  
vivardhayet || 6 || § 133

śaraṇyaḥ sādhakānāṃ tu raso'yaṃ  
vajrapañjaraḥ |  
citrakārdrakasindhūthamṛtataḥkṣṇisuvarcalam  
|| 7 || § 135

samaṃ sarvaṃ sadā cānu bhakṣyaṃ  
syātkrāmaṇe hitam |  
māsaṣaṭkaprayogeṇa jīvedācandratāraḥkam || 8  
|| § 137

valīpalitanirmukto divyakāyo mahābalaḥ | § 138

## 2.3 vajreśvararasaḥ |

mṛtasūtāddvādaśaṃśaṃ mṛtaṃ vajraṃ prakalpayet || 9  
|| § 139

dvābhyāṃ tulyaṃ mṛtaṃ kāntaṃ kāntatulyaṃ  
mṛtābhrakam |  
tatsarvaṃ bhr̥ṅgajairdrāvairmarditaṃ  
bhāvayettryaham || 10 || § 141

tryaham gokṣurakadrāvaiḥ kṣaudrairmāṣaṃ  
tato lihet |  
5 raso vajreśvaro nāma vajrakāyako nṛṇām | |  
11 || § 143

1,2

caturmāsairjarāṃ hanti jīvedbrahmadinaṃ kila  
|  
bhr̥ṅgarājasya pañcāṅgaṃ  
cūrṇayettriphālāsamam || 12 || § 145

palaikaṃ madhunā lehyaṃ krāmakaṃ  
paramaṃ rase | § 146

## 2.4 vajradhārārasaḥ |

vajrasūtābhragemnāṃ tu bhasma śuddhaṃ tu māḥṣikam  
|| 13 || § 147

- 
1. dehamanantapuṇyavibhavā bhuktiśca kha. |
  2. śrīmatām kha. |

tulyaṃ saptadināṃ mardyaṃ  
divyauśadhiraśairdṛḍham |  
ruddhvā taṃ tridināṃ pacyādvālukāyantraṃ  
punaḥ || 14 || § 149

uddhṛtya tridināṃ bhāvyaṃ  
bhṛṅgasarpākṣijairdravaiḥ |  
māśaikaṃ madhusarpirbhyāṃ vajradhārārasaṃ  
lihet || 15 || § 151

māśaṣṭkaprayogeṇa rudratulyo bhavennaraḥ | 5  
valīpalitanirmukto vāyuvego mahābalaḥ || 16  
|| § 153

punarnavābhṛṅgatilavājigandhāḥ samāṃśakāḥ  
|  
sarvatulyā sitā yojyā cūrṇitaṃ bhakṣayetpalam  
|| 17 || § 155

## 2.5 bhairavarasaḥ |

suvarṇaṃ pāraḍaṃ kāntaṃ mṛtaṃ sarvaṃ samaṃ bhavet  
|  
śatāvaryāḥ śiphādrāvairbhāvayeddivasatrayam  
|| 18 || § 157

tridināṃ  
triphalākvāthairbhṛṅgadrāvairdinatrayam |  
bhāvitaṃ madhusarpirbhyāṃ  
bhakṣayedbhairavaṃ rasam || 19 || § 159

māśaikaikaṃ varṣamātraṃ 5  
jīveccandrārkatāraḥ |  
mūlacūrṇaṃ śatāvaryāḥ kṛṣṇājapayasā yutam  
|| 20 || § 161

palaikaikaṃ pibeccānu krāmakaṃ paramaṃ  
hitam | § 162

## 2.6 śilāvīrasaḥ |

rasabhasma samaṃ gandhaṃ śilājatvamlavetasam | | 21  
| | § 163

yāmaikaṃ mardayetsarvaṃ madhusarpiryutaṃ  
lihet |  
niṣkaikaikaṃ varṣamātraṃ śilāvīro mahārasaḥ  
| | 22 | | § 165

5 jarākālaṃ nihantyāśu jīvedvarṣaśatatrāyam |  
palārdhaṃ muśalīcūrṇaṃ bhṛṅgarājarasaiḥ  
pibet | | 23 | | § 167

dhātrīphalarasairvā'tha krāmakaṃ  
hmanupānakam | § 168

## 2.7 amṛtārṇavarasaḥ |

meghanādadravairmardyaṃ śuddhasūtaṃ dinatrāyam  
| | 24 | | § 169

viḍaṅgaṃ dviniśaṃ vyoṣaṃ samaṃ cūrṇaṃ  
prakalpayet |  
āragvadhasya mūlaṃ tu cūrṇasya dviguṇaṃ  
bhavet | | 25 | | § 171

5 cūrṇasya dviguṇaṃ cājyaṃ kṣaudraṃ caiva  
caturguṇam |  
sarvaṃ pūrvarase kṣiptvā mṛdvagnau cālayan  
pacet | | 26 | | § 173

tatpiṇḍaṃ karṣamekaikaṃ  
bhakṣayedamṛtārṇavaḥ |  
varṣamātrāñjarāṃ hanti jīvedvarṣaśatatrayam  
|| 27 || § 175

bākucīcūrṇakarṣaikaṃ dhātrīphalarasaiḥ pibet  
| § 176

## 2.8 udayādityarasaḥ |

pāradāddviguṇaṃ gandhaṃ śuddhaṃ sarvaṃ  
vimardayet || 28 || § 177

muṇḍyārdrakarasaḥ khalve trisaptāhaṃ punaḥ  
punaḥ |  
etattulyaṃ śuddhatāmraṃ sampuṭe  
tannirodhayet || 29 || § 179

veṣṭayedvastrakhaṇḍena vajramṛttikayā bahiḥ |  
liptvā viśoṣayettaṃ vai samyaggajapuṭe pacet || 5  
30 || § 181

uddhṛtya sampuṭaṃ cūrṇyaṃ devadālyā  
dravaistryaham |  
bhaṅgīpunarnavādrāvaiḥ pṛthagbhāvyam  
tryaham tryaham || 31 || § 183

tattulyaṃ nāgarāccūrṇaṃ kṣiptvā  
madhvājyasamyutam |  
lihenmāśadvayaṃ nityaṃ yāvatsamvatsarāvadhi  
|| 32 || § 185

raso'yamudayādityo jarāmṛtyuharaḥ paraḥ | 10  
punarnavādevadālībhṛṅgacūrṇaṃ samaṃ  
samam || 33 || § 187



madhvājyābhyāṃ lihetkarṣamanu  
syātkrāmaṇaṃ param | § 188

## 2.9 gaganeśvararasaḥ |

pārado gaganam kāntam tīkṣṇam ca māritam samam | |  
34 | | § 189

bhr̥ṅgadhātrīphaladrāvaiśchāyāyāṃ  
bhāvayettryaham |  
sitāmadhvājyakaistulyam sarvam bhāṇḍe  
nirodhayet | | 35 | | § 191

5 dhānyarāśau sthitam māsam tato niṣkatrayam  
samam |  
bhakṣayecca pibetkṣīram karṣaikam  
triphalāmanu | | 36 | | § 193

rātrau śuṅṭhīm kaṇām khādedvarṣaikādamaro  
bhavet |  
jīvedbrahmadinaṃ vīraḥ syādraso gaganeśvaraḥ  
| | 37 | | § 195

## 2.10 vaṭeśvararasaḥ |

vaṭakṣīraistryaham mardyam gandham śuddharasam  
samam |  
vaṭakāṣṭhāgninā pacyānmṛtpātre  
yāmapañcakam | | 38 | | § 197

kṣīpan kṣīpan vaṭakṣīram tatkāṣṭhenaiva cālayet  
|

samuddhṛtya tryahaṃ bhāvyaṃ  
devadālīdaladravaiḥ | | 39 | | § 199

uṣṇakāle tu guñjaikaṃ tām̄būlapatrasaṃyutam  
|  
candravṛddhyā sadā bhakṣyaṃ yāvat  
ṣoḍaśaguñjakam | | 40 | | § 201

cūrṇamuttaravāruṇyā bākucyā devadālijam |  
madhvājyābhyāṃ lihetkarṣaṃ krāmakaṃ 5  
hyanupānakam | | 41 | | § 203

varṣamātrājarāṃ hanti jīvedvarṣaśatatrayaṃ |  
raso vaṭeśvaro nāma vajrakāyakaro nṛṇām | | 42  
| | § 205

## 2.11 acaleśvararasaḥ |

mṛtaṃ sūtaṃ śuddhagandhaṃ triphalāṃ gugugluṃ  
samam |  
sarvaṃ vātāritailena miśraṃ karṣaṃ lihetsadā  
| | 43 | | § 207

ṣaṇmāsena jarāṃ hanti jīvedbrahmadinatrayam  
|  
tasya mūtrapurīṣeṇa śulbaṃ bhavati kāñcanam  
| | 44 | | § 209

ajasya vṛṣaṇaṃ pācyam gavāṃ kṣīreṇa taṃ niśi 5  
|  
sitāyuktaṃ pibeccānu raso'yamacaleśvaraḥ | |  
45 | | § 211

## 2.12 parameśvararasaḥ |

rasaṃ vajraṃ svarṇakānte muṇḍaṃ ca mārītaṃ samam |  
 mākṣikaṃ gandhakaṃ śuddhaṃ sarvaṃ  
 jambīrajairdravaiḥ | | 46 | | § 213

saptāhaṃ mardayetkhalve tadgolaṃ cāndhitaṃ  
 puṭet |  
 bhūdhare dinamekaṃ tu khyātaḥ siddharasaḥ  
 paraḥ | | 47 | | § 215

5 māṣaikaṃ madhunā lehyaṃ  
 varṣānmṛtyujarāpahaṃ |  
 divyakāyo naraḥ siddho  
 bhavedviṣṇuparākramaḥ | | 48 | | § 217

śvetapaunarnavaṃ mūlaṃ kṣīrapīṣṭaṃ sadā  
 pibet |  
 bhakṣayedvā sitā sārdhaṃ krāmakaṃ  
 pa10-1rame rase | | 49 | | § 219

1

## 2.13 gandhāmṛtarasaḥ |

mṛtasūtasya dviguṇaṃ śuddhaṃ gandhaṃ vimiśrayet |  
 dinaikaṃ kanyakādrāvairmardayitvā nirodhayet  
 | | 50 | | § 221

dinaikaṃ madhunā pacyānniṣkaikaṃ madhunā  
 lihet |  
 gandhāmṛto raso nāma vatsarānmṛtyujidbhavet  
 | | 51 | | § 223

5 samūlaṃ bhṛṅgarājaṃ tu chāyāśuṣkaṃ  
 vicūrṇayet |

1. parameśvare kha. |

tatsamaṃ triphalācūrṇaṃ sarvatulyā sitā bhavet  
|| 52 || § 225

ekīkṛtya palaikaikaṃ bhakṣayedanupānakam  
| § 226

## 2.14 kālakaṇṭakarasaḥ |

pāradābhraṃ mṛtaṃ tulyaṃ dvābhyāṃ tulyaṃ tu  
gandhakam || 53 || § 227

tatsarvaṃ  
mṛṅgajairdrāvairmardayeddinasaptakam |  
ṣaḍvāraṃ cā11-1ṅkulītailairbhāvayitvā'tha  
bhakṣayet || 54 || § 229

māṣamātraṃ tu varṣaikaṃ raso'yaṃ  
kālakaṇṭakaḥ |  
piṣṭvā karaṅjapatrāṇi gavāṃ kṣīraiḥ pibedanu 5  
|| 55 || § 231

jarāmṛtyuvinirmukto jīvedbrahmadinaṃ naraḥ  
| § 232

## 2.15 amṛteśarasaḥ |

mṛtasūtābhraṃ kāntaṃ viṣaṃ tāpyaṃ śilājatu || 56  
|| § 233

tulyāṃśaṃ madhusarpirbhyāṃ  
lihedguṅjātrayaṃ sadā |  
ṣaṅmāsena jarāṃ hanti jīvedbrahmadinaṃ  
naraḥ || 57 || § 235

aśvagandhāmūlacūrṇaṃ saptabhāgaghṛtaiḥ  
 samam |  
 bhāgāṣṭakaṃ guḍaṃ tasmin kṣipedbhāgaṃ ca  
 pippalīm || 58 || § 237

mṛdvagninā ca tatsarvaṃ piṇḍitaṃ bhakṣayet  
 palam |  
 krāmakaṃ hyamṛteśasya rasarājasya siddhaye  
 || 59 || § 239

## 2.16 rasavīramahārasaḥ |

triguṇaṃ śuddhasūtasya yojayecchuddhagandhakam |  
 lohaparpatikācūrṇaṃ sūtatulyaṃ vinikṣipet ||  
 60 || § 241

snuhyarkapayasā mardyaṃ tatsarvaṃ  
 divasatrayam |  
 tacchuṣkaṃ cāndhitaṃ pacyātkarīṣāgnau  
 divānīsam || 61 || § 243

1

5 tataśca ṭaṅkaṇaṃ kācaṃ dattvā ruddhvā  
 dhameddṛḍham |  
 guñjakaṃ madhunā khā<sup>12-1</sup>dedrasavīro  
 mahārasaḥ || 62 || § 245

abdaikena jarāṃ hanti jīvedācandratārakam |  
 muśalīmūlacūrṇaṃ tu guñjāpatradravaiḥ pibet  
 || 63 || § 247

chāgīmūtreṇa vā taṃ vai karṣaikaṃ krāmakaṃ  
 param | § 248

1. bākucotailai-- kha. |

## 2.17 kãñcāyanarasaḥ |

mṛtasūtasamaṃ gandhaṃ kākamācyā dravairdinam ||  
64 || § 249

marditaṃ cāndhitaṃ pacyātkarīṣāgnau  
divānīsam |  
divyauśadhadaladrāvairdinam mardyaṃ  
tamandhayet || 65 || § 251

dhmātaṃ tasmātsamuddhṛtya tattulyaṃ  
hāṭakaṃ mṛtam |  
ekīkṛtya ghṛtairlehyaṃ māṣaikaṃ vatsarāvadhi 5  
|| 66 || § 253

jarāṃ mṛtyuṃ nihantyaśu satyaṃ kãñcāyano  
rasaḥ |  
kākamācīdravairbhāvyam cūrṇam  
dhātrīphalodbhavam || 67 || § 255

madhunā bhakṣayetkarṣamanu syātkrāmakaṃ  
param | § 256

## 2.18 parānandarasaḥ |

mṛtasūtābhrakaṃ gandhaṃ tulyaṃ saptadināvadhi || 68  
|| § 257

śigrumṛladravairmardyaṃ tadgolaṃ  
bhāṇḍamadhyagam |  
ruddhvā pacyāllaghutvena  
śākakāṣṭhairdināvadhi || 69 || § 259

parānando raso nāma ghṛtairniṣkaṃ sadā lihet |  
dinaikaṃ triphalākṣvāthaiḥ kuṣṭham 5  
samyagvipācayet || 70 || § 261

tacchuṣkaṃ cūrṇitaṃ karṣaṃ madhvājyābhyāṃ  
 lihedanu |  
 saṃvatsaraprayogeṇa jīvedācandratāraḥ | |  
 71 | | § 263

## 2.19 mahākālarasaḥ |

mṛtasūtābhraḥ tulyaṃ mṛtalohaṃ tayoh samam |  
 lohāṃsaṃ śodhitaṃ gandhaṃ  
 bhāvayeddinasaptakam | | 72 | | § 265

tatsarvaṃ  
 triphalākvāthairbhr̥ṅgaśigrukacitrakaiḥ |  
 dravaiḥ pṛthakpṛthagbhāvyaṃ saptadhā  
 saptadhā kramāt | | 73 | | § 267

5 saptadhā kaṭukīkvāthairbhāvitam  
 cūrṇayetpunaḥ |  
 \*cūrṇatulyaṃ kaṇācūrṇam purātanaguḍaiḥ  
 samaiḥ | | 74 | | § 269

sarvamekīkṛtaṃ khādenniṣkaikaṃ vatsarāvadhi  
 |  
 mahākālo raso nāma jarākālabhayaṅkaraḥ | | 75  
 | | § 271

tilakoraṇṭapatrāṇi guḍena bhakṣayedanu | § 272

## 2.20 hemaparpaṭakarasaḥ |

mṛtapāradasantulyaṃ lohaparpaṭakaṃ bhavet | | 76  
 | | § 273

6 \*] khādet karavīro kha. |

triguṇaṃ gandhakaṃ sūtātsarvaṃ  
divyauśadhadravaiḥ |  
marditaṃ taddinaṃ ruddhvā dhmāto baddho  
bhavedrasaḥ || 77 || § 275

tasmin pādaṃ mṛtaṃ svarṇaṃ kṣiptvā  
vahnyārdrakadravaiḥ |  
mardyaṃ yāmaṃ vicūrṇyātha  
vyoṣajīrakasaindhavaiḥ || 78 || § 277

tulyaṃ pūrvarasaṃ tulyaṃ niṣkaikaikaṃ ca 5  
bhakṣayet |  
jarāmṛtyuṃ nihantyāśu hemaparpaṭako rasaḥ  
|| 79 || § 279

aśvagandhāsamāṃ yaṣṭiṃ  
dhātrīphalarasairdinam |  
bhāvitāṃ lehayetkṣaudraiḥ palaikāṃ krāmakaṃ  
param || 80 || § 281

## 2.21 śrīkaṇṭharasaḥ |

svaṛṇatārārkakāntaṃ ca tīkṣṇaṃ vā māritaṃ samam |  
kṛṣṇābhrasattvamākṣīkaṃ pratyekaṃ  
svaṛṇatulyakam || 81 || § 283

tatsarvaṃ cāndhitaṃ dhāmyaṃ tatkhoṭaṃ  
mṛtapāradam |  
samaṃ sūnānmṛtaṃ vajraṃ pādāṃśaṃ tatra  
yojayet || 82 || § 285

sarvaṃ jambīrajairdrāvaistaptakhalve 5  
vimardayet |  
dinaikaṃ taṃ nirudhyātha bhūdhare  
pācayeddinam || 83 || § 287



uddhṛtya gandhakaṃ tulyaṃ dattvā ruddhvā  
 dhameddrutam |  
 taccūrṇaṃ madhunā'jyena māṣamātraṃ  
 lihetsadā || 84 || § 289

rasaḥ śrīkaṇṭhanāmā'yaṃ khecaratvaṃ  
 prayacchati |  
 saṃvatsaraprayogeṇa jīvetkalpāntameva ca ||  
 85 || § 291

5 tasya mūtrapuriṣābhyāṃ sarvalohāni kāñcanam  
 |  
 palaikaṃ gandhakaṃ kṣīraiḥ krāmakaṃ cānu  
 pāyayet || 86 || § 293

## 2.22 khecarabaddharasaḥ |

śuddhatāmṛasya bhāgaikaṃ dviṣaṭ śuddharasasya ca |  
 trayam bhūnāgasattvasya bhāgamekatra kārayet  
 || 87 || § 295

sarvaṃ mardyaṃ taptakhalve jambīrāṇām  
 dravairdinam |  
 tatsarvaṃ kacchape yantre kṣiptvā tatraiva  
 gandhakam || 88 || § 297

5 kāsamardarasaiḥ piṣṭam tulyaṃ dattvā  
 nirudhya ca |  
 yāvajjīrṇaṃ puṭe pacyādevaṃ  
 saṅguṇagandhakam || 89 || § 299

jārayetkramayogena samuddhṛtyātha mardayet  
 |  
 yāmaṃ jambīrajairdrāvaistato  
 niścandramabhrakam || 90 || § 301

amlavetasasantulyaṃ marditaṃ dāpayadrase |  
ṣoḍaśāṃśaṃ taptakhalve caṇakāmlaṃ ca  
tālakam || 91 || § 303

kāsīsaṃ ca daśāṃśena dattvā mardyaṃ  
dināvadhi |  
tatsarvaṃ pakvamūṣāyāṃ kṣiptvā vastreṇa  
bandhayet || 92 || § 305

dolāyante sāranāle tryahaṃ ladhvagninā pacet 5  
|  
uddhṛtya kṣālayeduṣṇaiḥ kāñjikairjīryate yadi  
|| 93 || § 307

ajīrṇaṃ cetpacedyante kacchapākhye  
biḍānvitam |  
evaṃ punaḥ punarjāryaṃ gaganam  
sūtatulyakam || 94 || § 309

śikhipittapraliptāni svarṇapatrāṇi tasya vai |  
catuṣṣaṭyaṃśayogena dattvā khalve vimardayet 10  
|| 95 || § 311

svedayetpūrvavadyante jīrṇeṃ svarṇaṃ ca  
dāpayet |  
ityevaṃ ṣoḍaśāṃśaṃ tu svarṇaṃ jāryaṃ  
rasasya vai || 96 || § 313

tato jāryaṃ mṛtaṃ vajraṃ ṣoḍaśāṃśaṃ ca  
hemavat |  
tālakāsīsajambīrayuktaṃ mardyaṃ ca tatparam  
|| 97 || § 315

tato divyauṣadhadrāvaistaṃ sūtaṃ 15  
mardayettryaham |  
vajramūṣāndhitaṃ dhāmyaṃ baddhaṃ  
syāccūrṇayetpunaḥ || 98 || § 317

madhuśarkarayā sārdham guñjāmātram ca  
 bhakṣayet |  
 rasaḥ khecarabaddho'yaṃ  
 ṣaṇmāsānmṛtyujidbhavet || 99 || § 319

valīpalitanirmukto mahābalaparākramah |  
 saptāham  
 mṛṅgajairdrāvairnīlīmuṇḍīphalatrāyam | |  
 100 || § 321

5 bhāvayenmadhusarpirbhyāṃ karṣamātram  
 lihedanu | § 322

## 2.23 svayamarinarasaḥ |

śuddhasūtaṃ dvidhā gandham kuryātkhalvena kañjalam  
 || 101 || § 323

tayostulyaṃ kāntacūrṇam tīkṣṇam vā  
 muṇḍameva vā |  
 sarvamekīkṛtaṃ khalve  
 mardayetkanyakādravaiḥ || 102 || § 325

5 dinaikaṃ golakaṃ kṛtvā tāmrapātre niveśayet |  
 ācchādyairanḍapatraistu yāmārdhe'tyuṣṇatāṃ  
 vrajet || 103 || § 327

dhānyarāśau nyasettaṃ tu dvidinānte  
 samuddharet |  
 kanyābhrṅgīkākamācīmuṇḍīnirguṇḍicitrakam  
 || 104 || § 329

koraṇṭabākucībrāhmīsahadevīpunarnavāḥ |  
 śālmalīvijayādhūrtā dravaireṣāṃ pṛthakpṛthak  
 || 105 || § 331

saptadhā saptadhā bhāvyaṃ saptadhā  
triphalodbhavaḥ |  
kaṣāyairbhāvitaṃ cūrṇyaṃ jātīphalalavaṅgakaṃ  
|| 106 || § 333

trikaṭu triphalā cailā cūrṇayennavakaṃ samam  
|  
taccūrṇaṃ pūrvacūrṇaṃ ca samam kṣaudreṇa  
karṣakaṃ || 107 || § 335

varṣaikaṃ lehayennityaṃ jarākālapraśāntaye | 5  
svayamagniraso nāma siddhānāṃ  
sumukhāgataḥ || 108 || § 337

tilāśvagandhayaścūrṇaṃ palārdhaṃ madhunā  
lihet | § 338

## 2.24 kakṣapuṭarasaḥ |

nirguṇḍī nīlikā vajrī brahmadanḍī tridaṇḍikā || 109  
|| § 339

śatapuṣpā mudgaparṇī śvetārko vānarī jayā |  
peṭārīkṣṇadhattūravijayākṣīrakandakaṃ || 110  
|| § 341

etaḥ samastairvyastairvā dravyairmardyaṃ  
dinatrayam |  
śuddhasūtaṃ taptakhalve tatkalkaṃ 5  
kṣīrakandake || 111 || § 343

vajrakande'thavā ruddhvā tanmajjābhirmṛdā  
punaḥ |  
taṃ kandaṃ vajramūṣāyāṃ ruddhvā laghupuṭe  
pacet || 112 || § 345

punarmardyaṃ punaḥ pācyamityevaṃ  
 saptadhā kramāt |  
 rasaḥ kakṣapuṭo nāma guñjaikaṃ madhunā  
 lihet || 113 || § 347

jīvedbrahmadinaikaṃ tu valīpalitavarjitaḥ |  
 varṣaikena na sandeho rasakāyo bhavennaraḥ  
 || 114 || § 349

5 bhallātabījacūrṇaṃ ca hayagandhāmṛtāghṛtaiḥ |  
 palaikaṃ bhakṣayeccānu krāmakaṃ paramaṃ  
 hitam || 115 || § 351

## 2.25 mahāśāktirasaḥ |

mṛtasūtābhrakaṃ vajraṃ kāntatārārkahāṭakam |  
 tīkṣṇaṃ ca tulyatulyāṃśaṃ sarveṣāṃ  
 gandhakaṃ samam || 116 || § 353

sarvaṃ pālāśatailena mardayeddinasaptakam |  
 mahāśaktiraso nāma kṣaudrairmāśaṃ lihetsadā  
 || 117 || § 355

5 ṣaṇmāsena jarāṃ hanti jīvedbrahmadinatrayam  
 |  
 vatsarātsaptakalpāni jīvatyeva na saṃśayaḥ ||  
 118 || § 357

icchāvegī mahāsiddhaḥ parāśaktisamo bhavet |  
 tasya mūtrapurīṣābhyāṃ tāmraṃ bhavati  
 kāñcanam || 119 || § 359

pālāśabījajaṃ tailaṃ kṣaudrairlehyaṃ  
 palāṣṭakam |

krāmakaṃ hyanupānaṃ syātsamyakchaktyā  
prakāśitaṃ | | 120 | | § 361

## 2.26 nāṭakeśvararasaḥ |

lohitaṃ vā'tha vā kṛṣṇaṃ vaikrāntaṃ māritaṃ palam |  
svaṇacūrṇapalaikaṃ ca dvipalaṃ  
śuddhapāradam | | 121 | | § 363

bālaraṇḍājamūtrābhyāṃ tatsarvaṃ  
mardayeddinam |  
śarapuṅkhā meṣaśṛṅgī sarpākṣīkaṭutumbikā | |  
122 | | § 365

indravāruṅikā caiśaṃ dravairmardyaṃ 5  
dinatrayam |  
tadgolaṃ garbhayantre tu ruddhvā  
pacyāddinatrayam | | 123 | | § 367

tuṣāgninā laghutvena samuddhṛtya vicūrṇayet |  
saptadhā bhrṅgajairdrāvairbhāvitaṃ  
cūrṇayetpunah | | 124 | | § 369

tripha16-1lātryūṣamadhvājyaiḥ samaṃ cūrṇaṃ  
vimiśrayet |  
māṣaikaikaṃ sadā khādedraso'yaṃ 10  
nā16-2ṭakeśvaraḥ | | 125 | | § 371

sarvarogajarāmṛtyūn vatsarānnāśayatyalam |  
divyatejā mahākāyo jīvedācandratārakam | |  
126 | | § 373

mūlatvacam brahmavṛkṣācchāyāśuṣkāṃ  
vicūrṇitām |

pibenniṣkadvayāṃ takraiḥ krāmakaṃ paramaṃ  
śubham || 127 || § 375

1,2

## 2.27 bālasundararasaḥ |

suśuddhaṃ śvetavaikrāntaṃ saptāhaṃ bhāvyaṃ mātape |  
amlavetasampiṣṭaṃ tenaiva drutimāpnuyāt  
|| 128 || § 377

etadrutiṃ śuddhasūtaṃ samaṃ  
kṣaudrairdinatrayam |  
marditaṃ lehayenmāṣaṃ māsādbālo  
bhavennaraḥ || 129 || § 379

5 vatsarādbrahmatulyaḥ syādraso'yaṃ  
bālasundaraḥ |  
bākucībījakaṣaikaṃ madhvājyābhyāṃ lihedanu  
|| 130 || § 381

## 2.28 brahmapañjararasaḥ |

catuḥpalaṃ śuddhasūtaṃ palaikaṃ mṛtahāṭakam |  
palāśakuḍmaladrāvaistattailaiśca dinatrayam ||  
131 || § 383

mardayettaptakhalve tu svarṇatulyaṃ ca  
gandhakam |  
śodhitaṃ nikṣipettasmin  
pūrvoktairmardayeddinam || 132 || § 385

1. triphaloṣaṇamadhvājyaiḥ kha. |  
2. hāṭakeśvaraḥ ka. |

māṣamātrām vaṭiṃ  
khādedvatsarānmṛtyujidbhavet |  
jīvedbrahmadinaṃ vīro raso'yaṃ  
brahmapañjaraḥ || 133 || § 387

vānarīkākatuṇḍyutthabījacūrṇaṃ sa17-1maṃ  
samam |  
śālmalītvagdaladrāvairbhāvayeddivasatrayam  
|| 134 || § 389

tryahaṃ ca bhṛṅgajairdrāvairbhāvitam 5  
cūrṇayettataḥ |  
purātanaguḍaistulyaṃ karṣaikamanu bhakṣayet  
|| 135 || § 391

## 2.29 śivāmṛtarasaḥ |

raktabhūmau tu bhūnāgān grāhayitvā parīkṣayet |  
chede niryāti raktaṃ cettān  
svīkuryātprayatnataḥ || 136 || § 393

kṛṣṇavarṇagavājyena samena saha tān pacet |  
lohaje cālayan pātre yāvatsindūravarṇakam ||  
137 || § 395

tatsarvaṃ jāyate bhasma tattulyaṃ 5  
mṛtapāradam |  
madhunā"loḍitaṃ sarvaṃ guñjārdhārdham  
vivardhayan || 138 || § 397

paścādguñjām sadā  
khādedyāvatsaṃvatsarāvadhi |  
śivāmṛto raso nāma jarāmṛtyuharo nṛṇām |  
āyurbrahmadinaṃ datte śivāmbu pāyayedanu  
|| 139 || § 400

1

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1. tilaiḥ saha kha. |



evaṃ divyarasāyanaiḥ samucitaiḥ sārātisāraiḥ  
 śubhaiḥ  
 siddhaṃ dehamanekasādhanabalādyeṣāṃ tu  
 dṛṣṭaṃ mayā |  
 tānārādhya ca teṣu sāramakhilaṃ saṅgrhya  
 śāstrādapi  
 bhūpānāṃ viduṣāṃ mahāmatimatāṃ proktaṃ  
 hitārthāya vai || 140 || § 404

iti śrīpārvatīputranityanāthasiddhviracite rasaratnākare  
 caturthe rasāyanakhaṇḍe divyarasairdehasādhanāṃ  
 nāma dvitīya upadeśaḥ || 2 ||

### 3 atha tṛtīyopadeśaḥ |

divyayogaguṭikārasāyanāṃ krāmaṇena rahitaṃ na  
 sidhyati |  
 śīghra18-1siddhikarameva sevyatāṃ  
 krāmaṇārthamanupānamatra vai || 1 || § 407

#### 3.1 mṛtasañjīvanīguṭikā |

kākatumbī kākamācī nirguṇḍī ca kumārikā |  
 gojihvā saindhavaṃ guñjā hyādrakaṃ ca  
 samaṃ samam || 2 || § 409

piṣṭvā tena praleptavyā mūṣā sarvāṅgulāvadhī  
 |  
 pāradaṃ vyomasattvaṃ ca kāntaṃ tīkṣṇaṃ ca  
 muṇḍakam || 3 || § 411

5 tāpyasattvaṃ ca tulyāṃśaṃ sarvaṃ sañcūrṇya  
 mardayet |

dinaṃ jambīrajairdrāvaistanmūṣāyāṃ viniḥṣipet  
|| 4 || § 413

ācchādyālepya kalkena cāndhayitvā viśoṣayet |  
karīṣāgnau divārātraṃ puṭe paktvā  
samuddharet || 5 || § 415

punaḥ pralīptamūṣāyāṃ kṣiptvā ruddhvā  
puṭettataḥ |  
ityevaṃ daśamūṣāsu pralīptāsu vipācayet || 6 || 5  
|| § 417

jāyate guṭikā divyā mṛtasañjīvanī parā |  
vaktre śirasi kaṅṭhe vā karṇe vā18-2 dhāritā kare  
|| 7 || § 419

hemnā suveṣṭitā samyagvayaḥstambhakarī parā  
|  
valīpalitakālāgnimṛtyuśaṅkāvināśanī || 8  
|| § 421

varṣamātrāna sandeho jīvedvarṣaśatatrāyam | 10  
śuddhagandhapalaikaṃ tu gavāṃ kṣīraiḥ  
pibetsadā || 9 || § 423

1,2 anena tvanupānena dehe saṅkramate rasaḥ | § 424

## 3.2 vajreśvarīguṭikā |

samukhaṃ pāraḍaṃ kāntaṃ muṅḍalohābhṛasattvakam  
|| 10 || § 425

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1. dehasiddhikarameva kha. |  
2. bādham hareḍiyam kha. |

tāpyasattvaṃ mṛtaṃ vajraṃ sarvaṃ  
jambīrajairdravaiḥ |  
saptāhaṃ mardayettulyaṃ kṛtvā golaṃ  
samuddharet || 11 || § 427

nirguṇḍī saindhavaṃ kṣaudraṃ gojihvā  
kākatuṇḍikā |  
piṣṭvā tu lepayedgolaṃ sarvato'ṅgulamātrakam  
|| 12 || § 429

5 taṃ ruddhvā vajramūṣāyāṃ pacyāmaṃ tu  
bhūdhare |  
liptvā ruddhvā punaḥ pācyamityevaṃ  
pakṣamātrakam || 13 || § 431

yavaciñcāpalāśottharājīkārpāsabījakaiḥ |  
supiṣṭairlepayenmūṣāṃ tanmadhye  
pūrvagolakam || 14 || § 433

10 taṅkaṇaṃ śvetakācaṃ ca dattvā pṛ19-1ṣṭhe  
nirudhya ca |  
khadirāṅgārayogena dhamedyāvadrutaṃ  
bhavet || 15 || § 435

tatastaṃ biḍalīptāyāṃ mūṣāyāṃ ca niveśayet |  
tattulyaṃ dāpayetsvarṇaṃ jārayettaṃ dhaman  
dhaman || 16 || § 437

jīrṇe svarṇe samuddhṛtya taptakhalve  
vimardayet |  
tryahaṃ divyaauṣadhidrāvairvajramūṣāndhitaṃ  
dhamet || 17 || § 439

15 jāyate guṭikā divyā nāmnā vajreśvarī parā |  
vaktrasthā sā jarāṃ mṛtyuṃ hanti  
saṃvatsarātkila || 18 || § 441

śastrastambhaṃ ca kurute brahmāyuryacchati  
dhruvam |  
kṛṣṇāṣṭamyāṃ samādāya sahadevīm sucūrṇayet  
|| 19 || § 443

karṣaikāṃ bhakṣayedājyairanu syātkrāmeṇa  
hitam | § 444

### 3.3 vajrasundarīguṭikā |

āraktaṃ meghanādaṃ tu tathā pāṣāṇabhedakam || 20  
|| § 445

strīstanyasahitaṃ piṣṭvā tena mūṣāṃ pralepayet  
|  
bhāgaikaṃ mṛtavajrasya svarṇacūrṇasya ṣoḍaśa  
|| 21 || § 447

kṣiptvā tasyāṃ nirundhyātha yāmamātraṃ  
dṛdhaṃ dhamet |  
uddhṛtya nikṣipetkhalve śuddhasūtaṃ ca  
tatsamam || 22 || § 449

1

mardayeccādrakadrāvairyāvadbhavati  
golaka20-1ḥ |  
caṇḍālīkandamādāya strīstanyena supeṣayet | |  
23 || § 451

anena golakaṃ liptvā vajramūṣyāṃ nirodhayet |  
paktvā gajapuṭe grāhyā guṭikā vajra20-2sundarī  
|| 24 || § 453

varṣaikaṃ dhārayedvaktre  
jīvedbrahyadinatrayam |

10

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1. piṣṭairnirundhayet kha. |

brahmavṛkṣasya tvakcūrṇaṃ kṣīrainnityaṃ  
palaṃ pibet || 25 || § 455

krāmaṇaṃ hyanupānaṃ  
syātsādhakasyātisiddhidam |  
tadudbhavamalairliptaṃ tāmraṃ tu dhamanena  
hi || 26 || § 457

jāyate kanakaṃ divyaṃ satyaṃ  
śaṅkarabhāṣitam | § 458

### 3.4 hemasundarībaṭikā |

samukhasya rasendrasya pūrvavatkāñcanaṃ samam ||  
27 || § 459

jārayedbidayogena tato mardyaṃ dinatrayam |  
divyauśadhaiḥ sagomūtraivajramūṣāndhitaṃ  
dhamet || 28 || § 461

5 uddhṛtya dhārayedvaktre guṭikā hemasundarī |  
palārdhaṃ gandhakaṃ  
cājyairdiviḡaṇairlehayedanu || 29 || § 463

varṣaikenā jarāṃ hanti jīvedācandratāraḱam  
| § 464

### 3.5 vajrakhecarīguṭikā |

śuddhasūtaṃ mṛtaṃ vajraṃ vyomasattvaṃ sahāṭakam  
|| 30 || § 465

amlavarge samaṃ sarvaṃ  
mardayeddivasatrayam |

tadgolakaṃ dr̥ḍhaṃ kṛtvā chāyāyāṃ  
śoṣayettataḥ | | 31 | | § 467

brahmakārpāsabījāni rājikā yavaciñcikā |  
vandhyā sarvaṃ samaṃ piṣṭvā pūrvagolaṃ  
pralepayet | | 32 | | § 469

ruddhvā gajapute pacyātsamuddhr̥tyātha  
lepayet |  
ruddhvā mūṣyāṃ dhamedgāḍhaṃ guṭikā  
vajrakhecarī | | 33 | | § 471

5

jāyate dhāritā vaktre vatsarānmṛtyunāśinī |  
bhū20-3tāraṇaḥ tu palaikaṃ sitayā  
yutam | | 34 | | § 473

bhakṣayetkrāmaṇārthaṃ tu brahmāyurjāyate  
naraḥ | § 474

1,2,3

### 3.6 vyomasundarī vaṭikā |

kārpāsyāḥ kākamācyāśca kanyāyāśca daladravaiḥ | | 35  
| | § 475

śuddhasūtaṃ dinaṃ mardyaṃ kṣālyamamlaiḥ  
samuddharet |  
tadrasaṃ niṣkacatvāri niṣkār̥dhaṃ  
tāmracūr̥ṇakam | | 36 | | § 477

pādonaniṣkamabhrotthaṃ sattvaṃ pādaṃ ca  
hāṭakam |

- 
1. kṣiptvā tu mardayecchānu ārdrakasya dravaiḥ punaḥ kha. |
  2. surasundarī kha. |
  3. bhūtāvaraṇaḥ kha.

hematulyaṃ muṇḍacūrṇaṃ  
sarovamamlairvimardayet || 37 || § 479

dinānte golakaṃ kṛtvā jambīrasyodare kṣipet |  
tridinaṃ dolakāyāntre pācayetsāranālake || 38  
|| § 481

5 uddhṛtya dhārayedvaktre guṭikā vyomasundarī  
|  
varṣamātrājarāṃ hanti jīvedbrahmadinaṃ  
naraḥ || 39 || § 483

citramūlasya cūrṇaṃ tu sakṣaudraṃ  
kāntapātrake |  
āloḍya bhakṣayetkarṣamanu syātkrāmaṇe hitam  
|| 40 || § 485

### 3.7 hāṭakeśvarīguṭikā |

niṣkamekaṃ svarṇapatraṃ triniṣkaṃ śuddhapāradam |  
jambīraśarapuṅkhotthadravairmadyaṃ  
dināvadhi || 41 || § 487

tadgolaṃ bandhayedvastre pacedgokṣīrapūrite  
|  
dolāyāntre divārātraṃ guṭikā hāṭakeśvarī || 42  
|| § 489

5 jāyate dhāritā vaktre jarāmṛtyuvināśinī |  
varṣamātrāṇna sandeho jīvedvarṣāyutaṃ naraḥ  
|| 43 || § 491

dinaikaṃ triphalācūrṇaṃ kvāthaiḥ  
khadirabījakaiḥ |  
bhāvitaṃ madhusarpirbhyāṃ palaikaṃ  
krāmakaṃ lihet || 44 || § 493

### 3.8 arkaprabhāvātī guṭikā |

rasaniṣkatrayaṃ śuddhaṃ niṣkaikaṃ tāmracūrṇakam |  
ciñcāphalāmlatakṛābhyāṃ khalve mardyaṃ  
dināvadhi || 45 || § 495

tadgolaṃ bandhayedvasraistakraciñcāmlapūrite  
|  
dolāyantre dinaṃ pacyādguṭikā'rkaprabhāvātī  
|| 46 || § 497

varṣaikaṃ dhārayedvaktraṃ sūryatulyo 5  
bhavennaraḥ |  
pālāsabījajaṃ tailaṃ gokṣīraiḥ karṣamātrakam  
|| 47 || § 499

krāmakaṃ hyanupānaṃ syājjarāmṛtyuharaṃ  
param | § 500

### 3.9 surasundarī vaṭikā |

svarṇamekaṃ kāntamekaṃ pañcatāraṃ dvipāradam ||  
48 || § 501

tribhāgaṃ vyomasattvaṃ syāt ṣaḍbhāgaṃ  
śulbacūrṇakam |  
sarvametakṛtaṃ sūkṣmaṃ taptakhalve  
dinatrayam || 49 || § 503

mardayedamlavargeṇa dolāyantre sakāñjike |  
tadgolaṃ tridinaṃ pacyādguṭikā surasundarī 5  
|| 50 || § 505

jāyate dhāritā vaktre varṣānmṛtyujarāpahā |  
bhū22-1tāraṇamūlaṃ ca karṣaṃ kṣīraiḥ  
pibedanu || 51 || § 507



### 3.10 vajratuṇḍāvaṭikā |

svaṛṇatārārkamuṇḍaṃ ca vaṅgasīsābhraṣattvakam |  
 etatsarvaṃ samaṃ cūrṇaṃ cūrṇāśaṃ  
 mṛtavajrakam || 52 || § 509

sarvatulyaṃ śuddhasūtaṃ sarvaṃ  
 divyauṣadhidravaḥ |  
 mardayeddinamekaṃ tu vajramūṣāndhitam  
 dhameṭ || 53 || § 511

5 guṭikā vajratuṇḍeyaṃ jāyate dhāritā mukhe |  
 jarāmṛtyuṃ śāstrasaṅghaṃ nāśayedvatsarātkila  
 || 54 || § 513

vajrakāyo mahāvīro jīvedvarṣaśatatrāyam |  
 kumāryāḥ svarasaṃ grāhyaṃ guḍena saha  
 loḍayet || 55 || § 515

palaikaṃ krāmakaṃ lehyamanupānaṃ sadaiva  
 hi | § 516

### 3.11 kāmasundarīguṭikā |

svaṛṇacūrṇaṃ tu bhāgaikaṃ tribhāgaṃ śuddhapāradam  
 || 56 || § 517

pādabhāgaṃ mṛtaṃ vajraṃ tatsarvaṃ  
 kṣīrakandajaiḥ |  
 dravaiśca devadālyutthaistaptakhalve dināvadhi  
 || 57 || § 519

5 mardayetkāntacūrṇaṃ ca vajratulyaṃ kṣipecca  
 vai |  
 vajramūṣāndhitam dhāmyaṃ guṭikā  
 kāmasundarī || 58 || § 521

jāyate dhāritā vaktre varṣānmṛtyujarāpahā |  
niṣkatrayaṃ brahmatailaṃ gavāṃ kṣīraṃ  
paladvayam || 59 || § 523

miśritaṃ pāyayeccānu lakṣāyurjāyate naraḥ  
| § 524

1

### 3.12 gandhārīguṭikā |

lohapātre drute gandhe pādāṃśaṃ pāradaṃ kṣipet || 60  
|| § 525

kiñciccālyam tu kāṣṭhena muhūrtādatārayet |  
śatāvarī kṣīrakando vajravallīndravāruṇī || 61  
|| § 527

pāṭhā punarnavā ciñcā lāṅgalī suradālikā |  
etāsāṃ vastrapūteśca dravairmardyaṃ  
dinatrayam || 62 || § 529

5

tasmin pātre lohamuṣṭyā chāyā<sup>23</sup>-1śuṣkaṃ  
vaṭīkṛtam |  
lohasamputagaṃ ruddhvā sandhiṃ  
mṛllavaṇairdṛḍham || 63 || § 531

taṃ dhametkhadirāṅgāre  
yāvadāraktamuddharet |  
utkhanyotkhanya  
tanmadhyāduddharettrāsāṃ punaḥ || 64  
|| § 533

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1. bhūtāvaraṇamūlaṃ kha. |

kācaṭaṅkaṇasaṃyuktaṃ mūṣāyāṃ cāndhitam  
 pacet |  
 gāndhārīguṭikā siddhā varṣam vaktre sthitā  
 sadā || 65 || § 535

kākatuṇḍībījatailaṃ karṣaikaṃ nasyamācaret |  
 krāmakaṃ hyanupānam  
 syājīvedvarṣasahasrakam || 66 || § 537

### 3.13 mārtaṇḍī guṭikā |

śuddhasūtasamaṃ gandham mardanātkajjalīkṛtam |  
 tattāmrasampute ruddhvā lavaṇena mṛdā  
 dṛḍham || 67 || § 539

śuṣkaṃ dīpā23-2gninā pacyādyāmaikaṃ  
 bhasmayantrake || 68 || § 540

samputasyordhvalagnaṃ tatsamuddhṛtyātha  
 mardayet |  
 5 tulyapāradasaṃyuktaṃ pūrvavatsampute pacet  
 || 69 || § 542

uddhṛtya tulyasūtena saṃyuktaṃ marditam  
 pacet |  
 ityevaṃ saptadhā kuryātpunaḥ  
 pāradaṭaṅkaṇam || 70 || § 544

tulyaṃ tulyaṃ kṣipettasmin dinaṃ sarvaṃ  
 vimardayet |  
 vajramūṣāgataṃ ruddhvā dharmāte kho23-3to  
 bhavedrasaḥ || 71 || § 546

10 mārtaṇḍī guṭikā hyeṣā varṣaikaṃ yasya  
 vaktragā |  
 valīpalitamukto'sau jīvedācandratāarakam || 72  
 || § 548

palāśabījajaṃ tailaṃ palaikaṃ kṣīratulyakam |  
krāmaṇaṃ prapibennityaṃ tatkṣaṇānmūrcchito  
bhavet || 73 || § 550

1,2,3

tasya vaktre gavāṃ kṣīraṃ stokaṃ stokaṃ  
niṣecayet |  
prabuddhe kṣīramannaṃ syādbhojane  
paramaṃ hitam || 74 || § 552

tasya mūtrapuriṣābhyāṃ tāmraṃ bhavati  
kāñcanam |  
vāyuvego mahāsiddhaśchidrāṃ  
paśyati-medinīm || 75 || § 554

5

### 3.14 tārakeśvarīguṭikā |

kākamācyamṛtādrāvaiḥ pāradaṃ tālakam samam |  
mardayeddinamekaṃ tu kṛtvā golaṃ viśoṣayet  
|| 76 || § 556

nikṣipedvajramūṣāyāmācchādya  
loha<sup>24-1</sup>parpaṭaiḥ |  
ruddhvā sandhiṃ dhamedgāḍham  
khoṭabaddho bhavedrasaḥ || 77 || § 558

lohaparpaṭakaṃ dattvā tadvaddhāmyaṃ tridhā  
punaḥ |  
varṣaikaṃ dhārayedvaktre guṭikā tārakeśvarī ||  
78 || § 560

5

bākucībījakaṛṣaikaṃ gavāṃ kṣīraiḥ pibedanu  
| § 561

- 
1. śuṣkaṃ taṃ ca vicūrṇayet kha.
  2. dīptāgninā kha. |
  3. baddho kha. |

### 3.15 vidyāvāgīśvarī guṭikā |

vyomasattvaṃ mṛtaṃ vajraṃ svarṇatārārkamuṇḍakam  
|| 79 || § 562

tīkṣṇaṃ kāntaṃ tālakaṃ ca śuddhaṃ kṛtvā  
vimiśrayet |  
sūkṣmacūrṇaṃ samaṃ sarvaṃ cūrṇāṃśaṃ  
śuddhapāradam || 80 || § 564

tridinaṃ cāmlavargeṇa marditaṃ cāndhitaṃ  
dhamet |  
5 vidyāvāgīśvarī khyātā guṭikā vatsarāvadhī || 81  
|| § 566

yasya vaktre sthitā tasya jarā mṛtyurna vidyate |  
karṣaṃ jyotiṣmatītailaṃ krāmaṇārthaṃ  
pibetsadā || 82 || § 568

vākpatirjāyate dhīro jīveccandrārkatārakam  
| § 569

### 3.16 vajratuṇḍāvaṭikā |

kāntapāṣāṇamākṣīkaṃ ṭaṅkaṇaṃ karkaṭāsthī ca || 83  
|| § 570

snuhyarkakṣīrabhūnāgaṃ sarvametatsamaṃ  
bhavet |  
strīstanyena dinaṃ mardyaṃ tena mūṣāṃ  
pralepayet || 84 || § 572

tanmadhye dru24-2tasūtaṃ tu vajrabhasma  
samaṃ samam |  
5 kṣiptvā ruddhvā puṭe pacyādgajākhye  
yāmamātrakam || 85 || § 574

tataḥ pralīptamūṣāyāṃ kṣiptvā ruddhvā  
dhameddhaṭhāt |  
\*\* evaṃ punaḥ punaḥ kāryaṃ vajrasūtaṃ  
milatyalam || 86 || § 576

tatastasyaiva dātavyaṃ samaṃ kācaṃ  
saṭaṅkaṇaṃ |  
evaṃ mūṣāsate deyaṃ tulyaṃ tulyaṃ dhaman  
dhaman || 87 || § 578

tejaḥpuñjo rasendro'sau  
bhavenmārtaṅḍasannibhaḥ |  
guṭikā vajratuṅḍeyaṃ vaktrasthā mṛtyunāśinī  
|| 88 || § 580

5

varṣamātrāna sandeho rudratulyo  
bhavennaraḥ |  
tasya mūtrapurīṣābhyāṃ pūrvavatkāñcanaṃ  
bhavet || 89 || § 582

pañcāṅgaṃ bhakṣayetkarṣaṃ rudantyā  
madhusarpiṣā | § 583

### 3.17 gaganeśvarīguṭikā |

ṭaṅkaṇaṃ karkaṭāsthīni ūrṇā caiva śilā jatu || 90 || § 584

mahiṣīkarṇanetrotha malaṃ strīstanyakaiḥ  
samam |  
piṣṭvā talliptamūṣāyāmabhrasattvaṃ  
kṣipeddhamet || 91 || § 586

sattvatulyaṃ kṣipettatra  
pūrvava25-1ddrutaṣāradam |

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2 \* ] parpaṭirasaiḥ kha

2 \* ] śuddhasūtaṃ kha |

dravaṃ divyauṣadhīnāṃ ca dattvā tatraiva  
taddhamet || 92 || § 588

milito jāyate baddhaḥ pūrvavatkāṣaṭaṅkaṇaiḥ |  
dhmāto mūṣāsatēnāyaṃ tejaḥpuñjo  
bhavedrasaḥ || 93 || § 590

5 varṣaikam dhārayedvaktre śivatulyo  
bhavennaraḥ |  
ajarāmarakārīyaṃ guṭikā gaganeśvarī || 94  
|| § 592

bilvabījotthitaṃ tailaṃ niṣkamātraṃ pibedanu |  
udare jāyate vahniḥ pibetkṣīraṃ punaḥ punaḥ  
|| 95 || § 594

sākṣājātismaratvaṃ ca kavitvaṃ  
śrutadhāraṇam |  
khecaratvamadr̥ṣyatvaṃ jāyate nātra saṃśayaḥ  
|| 96 || § 596

### 3.18 ānandaguṭikā |

agnimantho vajravallī sūraṇaṃ vanasūraṇam |  
citrikaśca dravaireṣāṃ śuddhasūtaṃ dināvadhi  
|| 97 || § 598

mardayettaptakhalve tu taṃ rasam  
palamātrakam |  
palaṃ palaṃ tālavaṅgau tatsarvaṃ  
cāmlavetasaiḥ || 98 || § 600

5 mardayeddinamekaṃ tu kṛtvā taṃ golakaṃ  
punaḥ |  
\*catuḥpalāṃ nāgamūṣāṃ kṛtvā tasyāṃ tu  
tatkṣipet || 99 || § 602

6 \* ] pūrvavacchuddhapāradam  
kha. |

catuṣpale śuddhatāmrasampute tām nirodhayet  
|  
mṛṇmūṣāyām tu tām ruddhvā āraṇyotpalakaiḥ  
puṭet | | 100 | | § 604

śatadvayapramāṇaistu svāṅgaśītam  
samuddharet |  
sarvaṃ  
divyauśadhadrāvairmardayeddivasatrayam  
| | 101 | | § 606

caturṇiṣkamitā kāryā vaṭikā, śoṣayettataḥ | 5  
ekaikām vajramūṣāyām ruddhvā tivrāgninā  
dhamet | | 102 | | § 608

ānandaguṭikā hyeṣā vaktrasthā mṛtyunāśinī |  
vatsarānnātra sandeho jīvedbrahmadinatrayam  
| | 103 | | § 610

tailaṃ vātāribījotthaṃ gokṣīrainiṣkamātrakam  
|  
krāmaṇārthaṃ pibennityaṃ śīghrasiddhikaraṃ 10  
param | | 104 | | § 612

### 3.19 vajrakahcarikāvaṭikā |

vajrabhasmasamaṃ sūtaṃ haṃsapādyā dravaistryaham |  
marditaṃ dvandva liptāyām mūṣāyām  
cāndhitaṃ puṭet | | 105 | | § 614

bhūdharākhye divārātrau samuddhr̥tyātha tasya  
vai |  
pūrvāṃśaṃ pāraḍaṃ dattvā haṃsapādyā  
dravaistryaham | | 106 | | § 616



marditaṃ dvandvaliptāyāṃ mūṣāyāṃ  
 cāndhitaṃ dhamet |  
 tatkhoṭaṃ dhamanācchodhyaṃ  
 kācaṭaṅkaṇayogataḥ || 107 || § 618

nakṣatrābhaṃ bhavedyāvattāvaddhāmyaṃ  
 punaḥ punaḥ |  
 tadrasaṃ vyomasattvaṃ ca kāñcanaṃ ca samaṃ  
 samam || 108 || § 620

5 samāvartya tataḥ kāryā guṭikā vaktramadhyagā  
 |  
 vajrakhecarikā nāma vatsarānmṛtyunāśinī | |  
 109 || § 622

valīpalitanirmukto divyakāyo bhavennaraḥ |  
 nirguṇḍīmunicūrṇaṃ tu karṣamājyaiḥ pibedanu  
 || 110 || § 624

### 3.20 ratneśvarī guṭikā |

kāntaṃ śulbaṃ samaṃ cūrṇyaṃ vajramūṣāndhitaṃ  
 dhamet |  
 tatkhoṭasiddhacūrṇaṃ tu gandhakāmlena  
 mardayet || 111 || § 626

ruddhvā samyakpuṭe pacyātsamuddhrtyātha  
 mardayet |  
 pūrvavatkramayogena puṭedvārāṃścaturdaśa  
 || 112 || § 628

5 vajreṇa dvandvitaṃ svarṇamanenaiva tu  
 rañjayet |  
 mūṣāmadhye dhamannevaṃ saptavāraṃ  
 samaṃ kṣipet || 113 || § 630

tatkhoṭaṃ cūrṇitaṃ bhāvyaṃ strīpuṣpeṇa  
dināvadhi |  
tattulyaṃ drutasūtaṃ tu sarvaṃ yāmaṃ  
vimardayet | | 114 | | § 632

veṣṭayedbhūrjapatreṇa vastre baddhvā  
pacetrtryaham |  
dolāyantre sāranāle jātaṃ golaṃ samuddharet  
| | 115 | | § 634

gāndhārī jīvanī caiva lāṅgalī cendravāruṇī | 5  
etāsāṃ piṇḍakalkena veṣṭayetpūrvagolakam | |  
116 | | § 636

andhayitvā dinaṃ pacyādbhūdhare taṃ  
samuddharet |  
punarlepyaṃ punaḥ pācyam  
caturdaśadināvadhi | | 117 | | § 638

gutikā jāyate divyā nāmnā ratneśvarī tathā |  
vaktrasthā varṣamātraṃ tu nanditulyo 10  
bhavennaraḥ | | 118 | | § 640

jīvedvarṣasahasrāṇi divyatejā mahābalaḥ |  
varṣadvādaśaparyantaṃ yasya vaktre sthitā tu  
sā | | 119 | | § 642

tasya prasvedasamparkādaṣṭalohāni kāñcanam  
|  
jāyante nātra sandehaḥ satyamīśvarabhāṣitam  
| | 120 | | § 644

pañcāṅgacūrṇaṃ madhvājyai rudantyyutthaṃ 15  
lihedanu | § 645

### 3.21 divyakhecarīvaṭikā |

svaṛṇaṃ kṛṣṇābhraṣattvaṃ ca tāraṃ tāmraṃ sucūrṇitaṃ  
|| 121 || § 646

samāṃśaṃ dvandvaliptāyāṃ mūṣāyāṃ  
cāndhitaṃ dhameṭ |  
tatkhoṭaṃ bhāgacatvāri bhāgaikaṃ  
mṛtavajrakam || 122 || § 648

mākṣikaṃ tikṣṇakāntaṃ ca bhāgaikaikaṃ  
sucūrṇitaṃ |  
5 samastaṃ dvandvaliptāyāṃ mūṣāyāṃ  
cāndhitaṃ dhameṭ || 123 || § 650

tatkhoṭaṃ sūkṣmacūrṇaṃ tu cūrṇāṃśaṃ  
drutasūtakaṃ |  
tridinaṃ taptakhalve tu mardyaṃ  
divyauṣādhidravaḥ || 124 || § 652

ruddhvā'tha bhūdhare  
pacyādahorātrātsamuddharet |  
drutasūtaṃ punastulyaṃ dattvā mardyaṃ  
puṭettathā || 125 || § 654

10 ityevaṃ saptavārāṃstu drutaṃ sūtaṃ samaṃ  
samam |  
dattvā mardyaṃ puṭe pacyājjāyate  
bhasmasūtakaḥ || 126 || § 656

bhasmasūtasamaṃ gandhaṃ dattvā ruddhvā  
dhameddṛḍham |  
jāyate guṭikā divyā vikhyātā divyakhecarī ||  
127 || § 658

varṣaikam dhārayedvaktre  
jīvetkalpasahasrakam |  
tasya mūtrapuriṣābhyāṃ sarvalohasya lepanāt  
|| 128 || § 660

jāyate kanakam divyam samāvarte na saṃśayaḥ  
|  
paladvayam bhṛṅgarājadravayam cānu pibetsadā  
|| 129 || § 662

pūrvoktam bhasmasūtam vā guñjāmātram sadā 5  
lihet |  
varṣaikam madhunā"jyena lakṣāyurjāyate naraḥ  
|| 130 || § 664

valīpalitanirmukto mahābalaparākramaḥ | § 665

### 3.22 svarṇavaikrāntabaddharasaḥ |

svarṇam vaikrāntasattvam ca dvandvitaṃ jārayedrase ||  
131 || § 666

samāṃśam tu bhavedyāvattatastenaiva  
sā28-1rayet |  
samena jāyate baddho dhārayettaṃ mukhe sadā  
|| 132 || § 668

saṃvatsaraprayogena jarākālāpamṛtyujit |  
kumāryā dalajam drāvam sitāyuktaṃ pibedanu 5  
|| 133 || § 670

svarṇavaikrāntabaddho'yaṃ  
brahmāyuryacchate nṛṇām | § 671

### 3.23 vaikrāntavaṭikā |

vaikrāntasattvatulyāṁśaṃ śuddhasūtaṃ vimardayet | |  
134 | | § 672

dinaṃ divyauṣadhadrāvaistadgolaṃ nigaḍena  
vai |  
liptvā lavaṇagarbhāyāṃ vajramūṣyāṃ  
nirodhayet | | 135 | | § 674

5 chāyāyāṃ śoṣayetsandhiṃ tridinaṃ tuṣavahninā  
|  
svedayedvā karīṣāgnau divārātramathoddharet  
| | 136 | | § 676

tadgolaṃ nigaḍenaiva liptvā tadvannirudhya ca  
|  
chāyāśuṣkaṃ dhamedgāḍhaṃ bandhamāyāti  
niścitam | | 137 | | § 678

varṣaikaṃ dhārayedvaktre  
jīveddbrahmadinatrayam |  
vaikrāntaguṭikā hyeṣā sarvakāmaphalapradā | |  
138 | | § 680

10 karṣaikaṃ triphalācūrṇaṃ madhvājyābhyāṃ  
lihedanu | § 681

1

### 3.24 divyakhecarīguṭikā |

hemnā yddvandvitaṃ vajraṃ kuryāttatsūkṣmacūrṇitam  
| | 139 | | § 682

etaddeyaṃ guhyasūte mūṣāyāmadharottaram |

1. jārayet kha. |

pādamātram prayatnena ruddhvā sandhiṃ  
viśoṣayet | | 140 | | § 684

bhūdharākhye dinam pacyātsamuddhṛtyātha  
mardayet |  
divyauśadhaphaladrāvaistaptakhalve dināvadhi  
| | 141 | | § 686

ruddhvā'tha bhūdhare pacyāddinam  
laghupuṭaiḥ puṭet |  
samuddhṛtya punastadvanmardyaṃ ruddhvā 5  
dinatrayam | | 142 | | § 688

tuṣāgninā śanaiḥ svedyamūrdhvādhaḥ  
parivartayan |  
jāyate bhasmasūto'yaṃ sarvayogeṣu yojayet | |  
143 | | § 690

drutasūtasya bhāgaikaṃ bhāgaikaṃ  
pūrvabhasmakam |  
śuddhanāgasya bhāgaikaṃ sarvamamlena  
mardayet | | 144 | | § 692

andhamūṣāgataṃ dhāmyaṃ khoṭo bhavati 10  
tadrasaḥ |  
dhametprakaṭamūṣāyāṃ yāvannāgakṣayo  
bhavet | | 145 | | § 694

drutasūtaprakāreṇa drāvayitvā tvimaṃ rasam |  
nikṣipetkacchape yantre biḍaṃ dattvā  
daśaṃśataḥ | | 146 | | § 696

svaṇṇādisarvalohāni krameṇaiva ca jārayet |  
pratyekaṃ ṣaṅguṇaṃ paścādvajradvandaṃ ca 15  
jārayet | | 147 | | § 698

triguṇaṃ tu bhavedyāvattato ratnāni vai kramāt  
|

jārayeddrāvitānyeva pratyekaṃ triguṇaṃ śanaih  
 || 148 || § 700

tato yantrātsamuddhṛtya  
 divyauśadhadravairdinam |  
 mardyaṃ ruddhvā dhamedgāḍhaṃ jāyate  
 guṭikā śubhā || 149 || § 702

pūjayedaṅkuśīmantrairnāmneyaṃ divyakhecari  
 |  
 5 yasya vaktre sthitā hyeṣā sa  
 bhavedbhairavopamaḥ || 150 || § 704

divyatejā mahākāyaḥ khecaratvena gacchati |  
 yatrecchā tatra tatraiva krīḍate hyaṅganādibhiḥ  
 || 151 || § 706

mahākālpāntaparyantaṃ tiṣṭhatyeva na  
 saṃśayaḥ |  
 tasya mūtrapuriṣābhyāṃ tāmraṃ bhavati  
 kāñcanam || 152 || § 708

10 palāśapuṣpacūrṇaṃ tu tilāḥ kṛṣṇāḥ saśarkarāḥ |  
 sarvaṃ palatrayaṃ khādennityaṃ syāt krāmaṇe  
 hitam || 153 || § 710

### 3.25 pracaṇḍakhecarīguṭikā |

cūrṇamaśvakhurasyaiva guhyasūte samaṃ kṣipet |  
 tridinaṃ mātuluṅgāmlaistatsarvaṃ  
 mardayeddr̥ḍham || 154 || § 712

sūtatulyaṃ mṛtaṃ vajraṃ tasmin kṣiptvā'tha  
 mardayet |  
 taptakhalve dinaṃ cāmlaistadgolaṃ cāndhitaṃ  
 puṭet || 155 || § 714

dinaikaṃ bhūdhare yantre bhāgaikaṃ  
pūrvapāradam |  
kṣiptvā tasmin dṛḍhaṃ mardyaṃ  
mātuluṅgadravairdinam || 156 || §716

ruddhvā'tha pūrvavatpacyātpunardeyaśca  
pāradah |  
mardyaṃ pācyam yathāpūrvamevaṃ kuryācca  
saptadhā || 157 || §718

rasaṃ punaḥ punardattvā syādevaṃ 5  
bhasmasūtakaḥ |  
yojayetsaṃrvayogeṣu jarāmṛtyuharo bhavet ||  
158 || §720

bhāgaikaṃ nāgacūrṇasya bhāgaikaṃ  
pūrvabhasmanaḥ |  
drutasūtasya bhāgaikaṃ khoṭaṃ kuryācca  
pūrvavat || 159 || §722

tadvaddhāmyaṃ gate nāge drā30-1vitaṃ  
jārayetpunaḥ |  
pūrvavalloharatnāntaṃ jirṇe baddhā sthitā 10  
mukhe || 160 || §724

pracaṇḍakhecarī nāmnī guṭikā khe gatipradā |  
pūrvavallabhate vīraḥ  
phalamatyantadurlabham || 161 || §726

nirguṇḍīmūlacūrṇaṃ tu karṣaṃ takraiḥ  
pibedanu | §727

### 3.26 kaṅkālakhecarīguṭikā |

śuddhasūtasya dātavyaṃ kalāṃśaṃ mṛtavajrakam || 162  
|| §728



tatsarvamamlavargeṇa taptakhalve dinatrayam  
 |  
 mardayitvā tatastena lepayetsamabhāgataḥ | |  
 163 | | § 730

pakvabījasya patrāṇi tāni bhānudalaiḥ punaḥ |  
 veṣṭitāni nirudhyātha nikhanecculligarbhataḥ  
 | | 164 | | § 732

5 ācchādya jvālayettatra kāṣṭhāgniṃ divasatrayam  
 |  
 uddhṛtya dvandvaliptāyāṃ mūṣāyāṃ taṃ  
 nirodhayet | | 165 | | § 734

karīṣāgnau puṭe pacyādahorātrātsamuddharet |  
 \*vāsanāmukhite sūte tulyametadviniḥṣipet | |  
 166 | | § 736

10 amlena mardayedāyāṃ jātaṃ golaṃ  
 samuddharet |  
 kṣipejjambīragarbhe taṃ vastre baddhvā  
 tryahaṃ pacet | | 167 | | § 738

dolāyantre sāranāle jāyate guṭikā śubhā |  
 kaṅkālakhecarī nāmnā vaktrasthā mr̥tyunāśinī  
 | | 168 | | § 740

varṣaikam dhārayedyastu sa jīvedbrahmaṇo  
 dinam |  
 gandhakaṃ gugguḷam tulyamājyaiḥ karṣam  
 lihedanu | | 169 | | § 742

### 3.27 kālavidhvaṃsikā vaṭikā |

8 \* ] jāritaṃ drāvayetpunaḥ kha.

|

- kṛṣṇābhrakasya sattvaṃ tu kāntamākṣīkakāñcanam |  
tikṣṇaṃ sauviracūrṇaṃ ca tulyaṃ ruddhvā  
dhameddṛḍham || 170 || § 744
- tatkhoṭaṃ sūkṣmacūrṇaṃ tu drutasūtasamaṃ  
bhavet |  
sūtārdhaṃ māritaṃ vajraṃ sarvamamlena  
mardayet || 171 || § 746
- dinaikaṃ taptakhalve tu taṃ ruddhvā bhūdhare 5  
pacet |  
ahorātrātsamuddhṛtya tatsamaṃ pūrvasūtakaṃ  
|| 172 || § 748
- dattvā divyauṣadhadrāvairmardyaṃ sarvaṃ  
dināvadhi |  
pūrvavadbhūdhare pacyāddrutasūtaṃ punaḥ  
samam || 173 || § 750
- dattvā mardyaṃ punaḥ pacyādityevaṃ  
saptavārakam |  
etadbhasmasamaṃ gandhaṃ dattvā cāndhyaṃ 10  
dhameddṛḍham || 174 || § 752
- jāyate guṭikā divyā kālavidhvaṃsikā parā |  
yasya vaktre sthitā hyeṣā tasya kālaḥ karoti kim  
|| 175 || § 754
- varṣaṭkaprayogeṇa jīvetkalpasahasrakam |  
tadgātrasvedamātreṇa sarvalohāni kāñcanam  
|| 176 || § 756
- jāyante nātra sandehaḥ śivāmbu krāmakaṃ 15  
pibet | § 757

### 3.28 pañcānanā guṭikā |

svarṇatārārkakāntaṃ ca tīkṣṇacūrṇaṃ samaṃ samam | |  
177 | | § 758

dvandvamelāpalīptāyāṃ mūṣāyāṃ cāndhitaṃ  
dhamet |  
tatkhoṭaṃ cūrṇitaṃ kṛtvā cābhiṣiktaṃ tu  
pūrvavat | | 178 | | § 760

5 samukhe jārayetsūte yāvatpañcagaṇaṃ kramāt  
|  
divyauṣadhadravaistaṃ vai  
mardayeddivasatrayam | | 179 | | § 762

andhamūṣāgataṃ dhmātaṃ jāyate guṭikā śubhā  
|  
nāmnā pañcānanā dhāryā vaktre  
saṃvatsarāvadhi | | 180 | | § 764

valīpalitanirmukto jīveccandrārkatāraṅgam |  
hastikarṇī samulā tu cūrṇyā madhvājyasamyutā  
| | 181 | | § 766

10 snigdhabhāṇḍe tu tāṃ ruddhvā dhānyarāśau  
niveśayet |  
trisaptāhātsamuddhṛtya palaikaṃ  
bhakṣayedanu | | 182 | | § 768

### 3.29 śatavedhikādiguṭikāḥ |

ṛddhikha32-1ṇḍe tu yatproktaṃ vividhaṃ  
rasabandhanam |  
atra tasyaiva vakṣyāmi dehavedhakramaṃ  
ya32-2thā | | 183 | | § 770

jāritairbandhitaistaistai rasarājaiḥ pṛthakpṛthak  
|

kārayedguṭikāṃ divyā badarāṇḍapramāṇakām  
|| 184 || § 772

sā dhāryā vatsaraṃ vaktre  
svānurūpaphalapradā |  
guṭikā śatavedhī syādyugāyusyakarī nṛṇām | |  
185 | | § 774

sahasravedhī guṭikā aṣṭakalpāntarakṣikā |  
lakṣavedhakarī yā tu sā datte viṣṇuvadbalaṃ | | 5  
186 | | § 776

vedhikā daśalakṣe yā sā rudrapadadāyini |  
koṭivedhakarī yā sā īśvaratvakarī nṛṇām | | 187  
| | § 778

vedhikā daśakoṭinām sā sadākhyapadapradā |  
guṭikā'rbudavedhī yā sā śrīkaṇṭhapadapradā | |  
188 | | § 780

samyagbhavapadaṃ datte guṭikā 10  
śaṅkhavedhikā |  
dhūmravedhī tu yā siddhā sā śaktipadadāyini  
| | 189 | | § 782

parāśaktipadaṃ datte sparśavedhakarī tu yā |  
śabdavedhakarā yā tu sā yasya vatsarāvadhī | |  
190 | | § 784

vaktre sthitā sa vai siddho nityaṃ nityapadaṃ  
labhet |  
svecchācārī vajrakāyo vajrapātirna bhidyate | | 15  
191 | | § 786

tasya mūtrapurīpābhyāṃ sarvalohāni kāñcanam  
|  
jāyante svedasamparkād gātrasaṃsparśanādapi  
| | 192 | | § 788

sarveṣāmuktayogānāmanu  
 syācchuddhagandhakam |  
 \*\* palārdham bhakṣayennityaṃ rasasaṅkrāmaṇe  
 hitam || 193 || §790

kā33-1li kāli mahākāli māṃsaṣoṇitabhojini |  
 raktakṛṣṇamukhe devi rasasiddhiṃ dadasva me  
 || 194 || svāhā §792

5 anena siddhamantreṇa śakticakraṃ prapūjayet  
 |  
 kālikāṃ bhairavaṃ siddhān kumārīṃ sādhitam  
 rasam || 195 || §794

tato rasāyanam divyam sevayet sidvimāpnuyāt |  
 guṭikāṃ dhārayedvaktre pūrvamantram  
 japetsadā || 196 || §796

rasamantraprayogeṇa śīghraṃ  
 siddhimavāpnuyāt | §797

### 3.30 kālāntarasasiddhikaraṇaparakārah |

kālāntarasasiddhiryā proktā manthānabhairave || 197  
 || §798

tadarthaṃ pañca tattvāni ṣaṣṭham jīvaṃ ca  
 sādhayet |  
 kākinyāḥ puṣpakāle tu saṅgam kṛtvā samāharet  
 || 198 || §800

2 \*] kraddhikhaṇḍe iti  
 vādikhaṇḍe ityarthah |

2 \*] tathā kha. |

tadyonisthaṃ rajobījaṃ gaganam taṃ  
vidurbudhāḥ |  
kākinyutpannaputrasya sadyoviḍvāyurucyate  
|| 199 || § 802

tejastu kākinīpuṣpaṃ jalaṃ tatputraśoṇitam |  
kākinīputrasarvāṅgaṃ pṛthivītattvamucyate ||  
200 || § 804

rasasevakadehotthavīryaṃ jīvastu kathyate | 5  
tatpratyekam koṭivedhaṃ karṣaikam  
rasaṃyutam || 201 || § 806

kṛtvā saṃrakṣayedbhinnaṃ supiṣṭam  
golakīkṛtam |  
unnataṃ pauraṣam yāvadvistāreṇa  
tadardhakam || 202 || § 808

kuryāttāmrakaṭāhaṃ tu sthūlam yāvat  
ṣaḍaṅgulaṃ |  
caturmukhasya koṣṭhasya pṛṣṭhe dhāryam 10  
dṛḍham yathā || 203 || § 810

goghṛtam naratailaṃ ca samabhāgena melayet |  
tenāpūrya kaṭāhaṃ taṃ siddhacakram  
tato'rcayet || 204 || § 812

kumārīgurudevāgnīn bhairavaṃ bhairavīyutam  
|  
tarpayedbalimāṃsena kṣetrapālam ca pūjayet  
|| 205 || § 814

dhamanaṃ tatra kurvīta caturdikṣu śanaiḥ 15  
śanaiḥ |  
caturbhirvaṅkanālaisca khadirāṅgārayogataḥ ||  
206 || § 816

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1. asyāgre aiṃ hrīm śrīm śrīm ityadhikam kha. pustake |

sutaptaṃ phenanirmuktaṃ nirdhūmaṃ ca yadā  
bhavet |  
candrārkaagrahanakṣatradevatābhuvanāni ca ||  
207 || § 818

namaskṛtya guruṃ devaṃ dehaṃ tatra  
vinikṣipet |  
sudrutaṃ taṃ vijānīyānnikṣipetpārthivaṃ  
rasam || 208 || § 820

5 dhamannatraiva yatnena yāvattatkalkatāṃ  
vrajat |  
aptattvākhyāṃ rasam tasmin kṣipedraktaṃ  
bhavettu tat || 209 || § 822

vāyuyuktaṃ rasam kṣiptvā śubhravarṇam  
prajāyate |  
tejoyuktaṃ rasam kṣipyāddhanībhūtaṃ  
bhavettu tat || 210 || § 824

10 tata ākāśasaṃyuktaṃ rasam tatra vinikṣipet |  
āvartitaṃ suvarṇābhaṃ jāyate tatra nikṣipet ||  
211 || § 826

jīvayuktaṃ rasam divyaṃ tato huṅkāramuccaret  
|  
kṛtvā tatra mahārāvaṃ huṅkāratrayasaṃyutam  
|| 212 || § 828

tataścottiṣṭhate siddhaḥ pūrvāhṇe bhāskaro  
yathā |  
divyatejā mahākāyo mahābalaparākramaḥ ||  
213 || § 830

15 navanāgasahasrāṇāṃ balaṃ tasyādhikaṃ  
bhavet |

jīvate vajradehaḥ san satyaṃ satyaṃ śivoditam  
|| 214 || § 832

jarājarjaritāṅgānāmandhānāṃ paṅgukuṣṭhinām  
|  
naṣṭavāgjaḍaṣaṇḍānāṃ kubjānāṃ  
kuṣṭhadehinām || 215 || § 834

anekavyādhiyuktānāṃ  
bhrāntonmattapiśācinām |  
kiṃ punaḥ svacchadehānāṃ bhūpānāṃ 5  
rasasevinām || 216 || § 836

vīrānāṃ sādhakānāṃ ca divyasiddhiprado  
bhavet |  
tasmādvīrataro yo'tra bhairavo'sau na saṃśayaḥ  
|| 217 || § 838

vajrakāyo bhavetsiddho medhāvī divyarūpavān  
|  
ardhayanavistīrṇaṃ vimānaṃ cāpsaroyutam  
|| 218 || § 840

āyāti nātra sandeha stasya siddhasya 10  
sammukham |  
tatrārūḍho rudraloke krīḍate bhairavo yathā ||  
219 || § 842

kṣutpipāsāvinirmukto jagannāśe na naśyati |  
bhuñjanaḥ sarvabhogāṃśca yogināṃ<sup>34-1</sup> sa  
priyo bhavet |  
\*icchāsiddho mahāvīro nityānandamayo bhavet  
|| 220 || § 845

dr̥ṣṭvā samastamanubhūya rasāyaneṣu 15  
sārātisārasukhasādhyataraṃ narāṅgāṃ |  
dehasya dārḍhyakarāṇe guṭikāprayogāḥ

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14 \* ] yogināṃ kha. |



proktāḥ param śivakarāḥ satataṃ susidhyai | |  
221 | | § 849

iti pārvatīputraśrīnityanāthasiddhaviracite rasaratnākare  
rasāyanakhaṇḍe guṭikārasāyanam nāma ṭṭīyopadeśaḥ |

## 4 atha caturthopadeśaḥ |

sūtagandhagamanāyasaśulbam māritam ca  
paramāmṛtikṛtam |  
iṣṭamekamapi mūlikāgaṇam  
dehasiddhikaramāśu sevitam | | 1 | | § 852

### 4.1 kāntādimahārasāyanam |

mṛtakāntābhraḥkaṃ sūtam gandham mṛṅgaviḍaṅgakam |  
tvagvarjam bilvabījam ca pratyekaṃ palaśoḍaśa  
| | 2 | | § 854

triṃśatpalam tryūṣaṇam ca  
triṃsattriṃśadghṛtam madhu |  
citramūlam daśapalam sarvam cūrṇam  
viloḍayet | | 3 | | § 856

5 palāni triphalāyāstu viṃśapūrvam catuṣṣatam |  
kvāthyamaṣṭagaṇaistoyairgrāhyamaṣṭavaśeṣitam  
| | 4 | | § 858

kaṣāyam bhāvayetena māsaikam pūrvaloḍitam  
|  
lohapātre khare gharṃe tatpalārdham sadā  
pibet | | 5 | | § 860

kṣīraiḥ śayanakāle tu varṣānmṛtyujarāpaham |

bālo nibiḍasandhiśca jīveccandrārkatāarakam | |  
6 | | § 862

mahārasāyanam divyam kāminīśatatośakam  
| § 863

## 4.2 rasāyanā abhrakayogāḥ |

agnivaram kṣipetkṣīre kṛṣṇābhram vahnitāpitam | | 7  
| | § 864

bhinnapatram tataḥ kṛtvā jalamadhye viniḥkṣipet  
|  
triṁśatpalāni yatnena maricam palapañcakam  
| | 8 | | § 866

cūrṇitam niḥkṣipettasmimstridinānte  
samuddharet |  
tatsarvam peṣayecchlakṣṇam sitavastreṇa 5  
bandhayet | | 9 | | § 868

jalapūrṇe ghaṭe gharṇe dolāyantreṇa dhārayet |  
śuṣke toyē punastoyam dadyādyāvajjale gatam  
| | 10 | | § 870

tadabhrakam tato vastram  
santyajedrakṣayejjalām |  
triṁśadbhāgam tataḥ kuryāttajjalām sābhrakam  
sudhīḥ | | 11 | | § 872

tadbhāgaikena samlodya palaikam 10  
śvetataṇḍulāt |  
triṁśatpale gavām kṣīre tat paceccātha śītalām  
| | 12 | | § 874

madhvājyairdvipalairyuktam niṣkaikaiśca  
marīcakaiḥ |

sādhako bhakṣayennityaṃ  
māsānmṛtyujarāpaham || 13 || § 876

keśā dantā nakhāstasya patanti hyudbhavanti ca  
|  
vajrakāyo bha36-1vetsiddho vāyuvego  
mahābalaḥ || 14 || § 878

5 amṛtābhrakayogo'yam śambhunā gaditaḥ purā  
|  
mṛtābhraṃ gandhakaṃ śuddhaṃ kaṇā sava  
samaṃ gṛtaiḥ || 15 || § 880

karṣaikaṃ bhakṣayennityaṃ  
varṣānmṛtyujarāpaham |  
koraṇṭakasya patrāṇi mṛtābhraṃ gandhakaṃ  
samam || 16 || § 882

tatsarvaṃ nīlikādrāvaiḥ saptāhaṃ  
bhāvyamātape |  
tatkarṣaikaṃ pibetkṣīrairabdānmṛtyujarāpaham  
|| 17 || § 884

10 mṛtābhrakasya karṣaikaṃ gavāṃ kṣīraṃ palaṃ  
tathā |  
samūlapatrāṃ sarpākṣīm sā36-2rdrāṃ piṣṭvā ca  
ga36-3ndhakam || 18 || § 886

ekīkṛtya pibetsarvaṃ varṣaikena jarāṃ jayet |  
vajrakāyaḥ khecaraśca jīvedbrahmadinatrayam  
|| 19 || § 888

15 mṛtābhraṃ kāntaloḥaṃ ca triphalā māgadhi  
samam |  
pañcāṅgaṃ badarīcūrṇamabhratulyaṃ niyojayet  
|| 20 || § 890

sitāmadhvājyasamyuktaṃ palārdhaṃ  
bhakṣayetsadā |  
hanti varṣājjarāṃ mṛtyumāyuhḥ syādbrahmaṇo  
dinam || 21 || § 892  
amṛtakrīḍe viṣṇusaṃvaraṇi svāhā || anena mantreṇa  
sarve abhraka- yogā abhimantrya bhakṣaṇīyāḥ | § 893  
1,2,3

### 4.3 rasāyanāḥ kāntayogāḥ |

mṛtaṃ kāntaṃ tilāḥ kṛṣṇā badarīphalacūrṇakam |  
kākatuṇḍībījacūrṇaṃ sarvaṃ tulyaṃ  
prakalpayet || 22 || § 895

śālmāmallipatrāṇāṃ dravairbhāvyam  
dinatrayam |  
tridinam bhṛṅgajairdrāvairbhāvitam  
śoṣayetpunaḥ || 23 || § 897

tasmiṃtulyaṃ guḍam kṣiptvā vaṭikāḥ 5  
karṣamātrakāḥ |  
rudantyutthadravaiḥ kṣīrairmadhvājyābhyāṃ  
pibetsadā || 24 || § 899

varṣaikena jarāṃ mṛtyuṃ hanti satyaṃ na  
saṃśayaḥ |  
mṛtaṃ kāntaṃ kṛṣṇatilāṃstriphalāṃ  
cūrṇayetsamam || 25 || § 901

śālmāliketakīdrāvairloḍitaṃ kāntapātrake |  
sthitam rātrau pibetprātaḥ palārdham 10  
mṛtyunāśanam || 26 || § 903

- 
1. mahāsiddho kha. |
  2. sārdrāiḥ kha. |
  3. karṣakam kha. |

vatsaraikājjarāṃ hanti jīvedbrahmadinatrayam |  
kāntabhasma kaṇācūrṇaṃ nimbaniryāsameva  
ca || 27 || § 905

triphalātulyatulyāṃśaṃ madhvājyābhyāṃ  
palārdhakam |  
lihenmāsāṣṭakam nityaṃ jīvedbrahmadinaṃ  
naraḥ || 28 || § 907

5 kuṣṭhakhaṇḍāni sampācyā kaṣāye traiphale  
same |  
śoṣayityā vicūrṇyātha tāni kāntaṃ mṛtaṃ  
samam || 29 || § 909

madhvājyābhyāṃ lihetkarṣaṃ  
varṣānmṛtyujarāpaham |  
koraṇṭapatracūrṇaṃ tu kāntabhasma tilā guḍam  
|| 30 || § 911

10 tulyaṃ bhakṣyaṃ palārdhaṃ  
tadvarṣānmṛtyujarāpaham |  
kāntabhasma samaṃ gandhaṃ  
tailairjyotiṣmatībhavaiḥ || 31 || § 913

lihennityaṃ caturṇiṣkaṃ brahmāyurjāyate  
naraḥ |  
br̥haspatisamo vācā vatsarādbhavati dhruvam  
|| 32 || § 915

mṛtatīkṣṇaṃ trayo bhāgāḥ  
śuddhagandhāṣṭabhāgakam |  
gharme bhāvyaṃ trisaptāhaṃ tatsarvaṃ  
kanyakādravaiḥ || 33 || § 917

15 gokṣīraistatpibetkarṣaṃ jīvedbrahmadinatrayam  
|

varṣamātrāṇṇa sandeho divyatejā mahābalaḥ | |  
34 | | § 919

mṛtaṃ kāntaṃ śilā śuddhā tulyaṃ  
madhvājyakairlihet |  
niṣkaṃ niṣkaṃ tu varṣaikaṃ  
jīvedbrahmadinatrayam | | 35 | | § 921

triniṣkaṃ mṛtatikṣṇaṃ tu muṇḍaṃ vā  
kāntameva vā |  
pibeddhāroṣṇapayasā vayaḥstambhakaraṃ 5  
nṛṇām | | 36 | | § 923

varṣadva38-1yaprayogeṇa jīvedācandratāraḥ  
|  
samyakkāntamaye pātre dhātrīcūrṇaṃ  
śivāmbunā | | 37 | | § 925

rātrau palaikaṃ saṃlipya prātarutthāya  
bhakṣayet |  
valīpalitanirmukto vatsarānmṛtyujidbhavet | |  
38 | | § 927

lepayetkāntapātrāntaḥ palaikaṃ triphalāmadhu 10  
|  
divārātraṃ sthitaṃ peyaṃ tannityaṃ tu  
śivāmbunā |  
varṣānmṛtyuṃ jarāṃ hanti jīvedvarṣaśatatrāyam  
| | 39 | | § 930

oṃṃ haḥ amṛte amṛtaśakti amṛtagandhopajīvi niṣpa-  
nnaṃ candrāmṛtaṃ ājñāpitaṃ kuru kuru svāhā he he haṃ  
haḥ gam(?) iti gandhakalohayorbhakṣa- ṇamantraḥ | | § 931 15

sarveṣāṃ lohayogānāmanu syātkṣīrapānakam |  
āsvādetsvādumustānām svarasaṃ dantapīḍitam  
| | 40 | | § 933

mūlāni bhakṣayettāsāmāsyavairasyaśāntaye |  
baddhe koṣṭhe tu dīptāgnau taptam kṣīram  
pibetsadā || 41 || § 935

snānamardanatīkṣnoṣṇam viṣṭambhe sati  
varjayet |  
tāmbūlam bhakṣayennityam sakarpūram  
muhurmuhuḥ || 42 || § 937

5 samyagjīrṇe tu dīptāgnau  
pibetpaścādbubhukṣitaḥ |  
śṛtam kṣīram tato'nnam ca sevyam  
lauharasāyane || 43 || § 939

## 4.4 brahmavṛkṣakalpaḥ |

brahmavṛkṣasya pañcāṅgam chāyāśuṣkam sucūrṇitam |  
madhvājyābhyām lihetkarṣam varṣaikena jarām  
jayet || 44 || § 941

jīvedvarṣasahasraikam divyatejā mahābalaḥ |  
brahmavṛkṣasya puṣpāṇi chāyāśuṣkāṇi kārayet  
|| 45 || § 943

5 triṁśatpalam tu taccūrṇam caturviṁśatpalam  
ghṛtam |  
ekīkṛtya kṣipedbhāṇḍe tam ruddhvā  
dhānyarāśigam || 46 || § 945

kṛtvā māsātsamuddhṛtya bhāgān  
kuryāccaturdaśa |  
\*bhāgaikam bhakṣayennityam bhujjīta  
kāntabhājane || 47 || § 947

8 \* ] varṣatrayaprayogena kha. |

evaṃ māsatrayaṃ kuryādvajrakāyo  
bhavenna39-1raḥ |  
tasya mūtrapuriṣābhyāṃ tāmramāyāti  
kāñcanam || 48 || § 949

brahmavṛkṣasya bījāni cūrṇitāni ghṛtaiḥ saha |  
pūrvavaddhānyamadhye tu kṣiptvā  
māsātsamuddharet || 49 || § 951

palaikaikaṃ sadā 5  
khādedvatsarānṛtyujidbhavet |  
valīpalitanirmukto jīvedbrahmadinatrayam ||  
50 || § 953

brahmabījotthitaṃ tailaṃ gavāṃ kṣīraiḥ  
paladvayam |  
tulyaiḥ pibedbhavenmūrcchā siñcettasya mukhe  
payāḥ || 51 || § 955

bodhe kṣīraudanaṃ dadyānmāsājñānī  
bhavennaraḥ |  
dvitīye śukratulyaḥ syātṛtīye vajravadbhavet || 10  
52 || § 957

dūraśrāvī caturthe tu pañcame khegatirbhavet |  
māsaṣaṭke svayaṃ kartā śivatulyaparākramaḥ  
|| 53 || § 959

mahākālpāntaparyantaṃ jīvedvarṣaikasevanāt |  
brahmavṛkṣamatisthūlaṃ  
chedayedūrdhvhāgataḥ || 54 || § 961

adho rakṣyaṃ trihastam syāttasya mūrdhni 15  
bilaṃ kṛtam |  
pakva39-2dhātrīphalaiḥ pūryaṃ tatkāṣṭhena  
nirudhya ca || 55 || § 963



kuśaistu veṣṭayetsarvaṃ lepyaṃ mṛḍgomayaīḥ  
 punaḥ |  
 āveṣṭya vastrakhaṇḍena  
 limpenmṛḍgomayaistataḥ || 56 || § 965

śuṣke gajapuṭaṃ deyaṃ  
 pa39-3rito'raṇyakotpalaiḥ |  
 svāṅgaśītaḥ mudhr̥tya sadravāṇi phalāni ca ||  
 57 || § 967

5 kṣipenmadhvājyaśaṃyukte bhāṇḍe tānyeva  
 bhakṣayet |  
 yatheṣṭaṃ bhūgr̥hāntasthaḥ kṣīrahārī jarāṃ  
 jayet || 58 || § 969

mā39-4sadvayena vasudhāṃ chidrāṃ paśyati  
 niścitam |  
 jīvedbrahmadinaṃ yāvatsarpavatkañcukam  
 tyajet || 59 || § 971

## 4.5 śvetapālāśakalpaḥ |

śvetapālāśapañcāṅgaṃ cūrṇitaṃ madhunā saha |  
 \*\*\*\*karṣaikaṃ bhakṣayennityaṃ  
 māsānmṛtyujarāpaham || 60 || § 973

brahmāyurjāyate siddho varṣamātrāṇna  
 saṃśayaḥ |  
 ajāgr̥tēna tadbījamekaikaṃ bhakṣayetsadā ||  
 61 || § 975

5 śarīraṃ bhasmanā mardyaṃ māsānmṛtyujarāṃ  
 jayet |

2 \* ] mahāvalaḥ kha. |

2 \* ] taṃ tu dhātrīphalaiḥ kha. |

2 \* ] pācito kha. |

2 \* ] chidraṃ paśyati māsādvai

nidhānāni ca bhūtale kha. |

jīvedbrahmadinaṃ yāvaddivyaḥ  
bhavennaraḥ || 62 || § 977

anye yogā yathā rakte brahmavṛkṣe ca ye guṇāḥ  
|  
tathaiva śvetapālāśe bhavyeṣu sādhakasya vai  
|| 63 || § 979

amṛtaṃ kuru kuru amṛtamālinyai namaḥ || anena  
mantreṇa sarvayogā saptābhimantritā bhakṣaṇīyāḥ | § 980 5

## 4.6 muṇḍīkalpaḥ |

śuklapakṣe'tha pūrṇāyāṃ puṣye vā śravaṇe tathā |  
revatyāṃ vā'tha sampūjya  
muṇḍīpañcāṅgamuddharet || 64 || § 982

chāyāśuṣkaṃ tu taccūrṇaṃ karṣaṃ gopayasā  
saha |  
varṣaikena jarāṃ hanti jīvedvarṣaśatatrāyāṃ ||  
65 || § 984

tasya mūtrapurīṣābhyāṃ tāmraṃ sauvarṇatāṃ 5  
vrajat |  
taccūrṇaṃ tu gṛtailehyaṃ  
tadvatsyādbalamadbhutam || 66 || § 986  
oṃṃ namo'mṛtodbhavāya amṛtaṃ kuru kuru svāhā o  
hrāṃ saḥ || iti auśadhabhakṣaṇamantraḥ | § 987

## 4.7 devadālīkalpaḥ |

chāyāśuṣkaṃ devadālīpañcāṅga cūrṇayettataḥ |  
madhvājyābhyāṃ lihetkarṣaṃ  
varṣānmṛtyujarāṃ jayet || 67 || § 989

jīvetkalpasahasraṃ tu rudratulyo bhavennaraḥ |

taccūrṇaṃ karṣamātraṃ tu nityaṃ peyaṃ  
śivāmbunā || 68 || § 991

pūrvavajjāyate siddhirvatsarānnātra saṃśayaḥ |  
taccūrṇaṃ  
bākucīvahnisarpākṣībhṛṅgarāṭsamam || 69  
|| § 993

5 cūrṇitaṃ karṣamātraṃ tu nityaṃ peyaṃ  
śivāmbunā |  
varṣānmṛtyuṃ jarāṃ hanti chidrāṃ paśyati  
medinīm || 70 || § 995

punarnavādeva40-1dālyornīrainityaṃ  
pibennaraḥ |  
\*devadālyāśca sarpākṣyāḥ palaikam vā  
śivāmbunā || 71 || § 997

10 pibetsyātpūrvavatsiddhirvatsarānnātra  
saṃśayaḥ |  
devadālīm ca nirguṇḍīm pibetkarṣāṃ  
śivāmbunā |  
varṣaikena jarāṃ hanti jīvedācandratāarakam ||  
72 || § 1000

oṃṃ amṛtagaṇa rudragāṇāmbhaḥ svāhā | ayaṃ ca gr-  
ahaṇamantraḥ || namo bhagavate rudrāya huṃ phaṭ sv-  
āhā | ayaṃ sādhakasya śikhābandhana- mantraḥ || oṃṃ  
cara ra ra | ayaṃ bhakṣaṇamantraḥ || § 1001

## 4.8 śvetārkaalpaḥ |

puṣye śvetārkaṃ tu grāhyaṃ chāyāviśoṣitam |  
cūrṇakarṣaṃ gavāṃ kṣīraiḥ  
paladvandvairyutaṃ pibet || 73 || § 1003

7 \* ] ayaṃ pāṭhaḥ kha0 pustake  
nopalabhyate |

māsaṣaṭkājjarāṃ hanti jīvedbrahmadinatrayam  
|  
dravam śvetārkapatrāṇāṃ bhṛṅgarājadravaiḥ  
samam || 74 || § 1005

ekīkrtyātape śuṣkaṃ cūrṇaṃ kṣīraiścaturguṇaiḥ  
|  
mṛdvagninā pacettāvadyāvātpiṇḍatvamāgatam  
|  
ta41-1tkarṣaikam ghr̥tairlehyam 5  
varṣātsyātpūrvavatphalam || 75 || § 1008  
oṃṃ āṃ haṃ vāsaramāline svāhā | ayaṃ bhakṣaṇa-  
mantraḥ || § 1009

## 4.9 hastikarṇakalpaḥ |

grāhyaṃ somatrayodaśyāṃ hastikarṇasya patrakam |  
chāyāśuṣkaṃ tu taccūrṇaṃ gavāṃ kṣīraiḥ  
pibetpalam || 76 || § 1011

varṣamātrājjarāṃ hanti jīvedbrahmadinaṃ  
naraḥ |  
hastikarṇasya pañcāṅgaṃ chāyāśuṣkaṃ  
vicūrṇitam || 77 || § 1013

karṣamātraṃ pibennityaṃ māsaikamudakaiḥ 5  
saha |  
āranālaistatastakrairdadhikṣīrājyakṣaudrakaiḥ  
|| 78 || § 1015

pratyekena kramātsevyam māsaikena  
jarāpaham |  
jīvedbrahmadinaṃ sārdham vajrakāyo  
mahābalaḥ || 79 || § 1017  
oṃṃ garaviṣaṃ dr̥ṣṭau gr̥hṇāmi svāhā | hastikarṇa-  
grahaṇamantraḥ || oṃṃ amṛ41-2takuṭijātānāṃ amṛtam 10

kuru kuru svāhā | anena pūjayet | oṃṃ amṛtodbhavāya  
 amṛtaṃ kuru kuru nityaṃ namo namaḥ | bhakṣaṇama-  
 ntraḥ | | § 1018  
 1,2

## 4.10 rudantīkalpaḥ |

rudantyāścaiva pañcāṅgaṃ chāyāśuṣkaṃ vicūrṇayet |  
 tadardhaṃ muśalīcūrṇaṃ muśalyardhaṃ  
 phalatrāyam | | 80 | | § 1020

mūlānāṃ katakotthānāṃ tailaṃ pātālayantrake  
 |  
 grāhayedgarbhayantra vā tattailaṃ  
 kṣālayejjalaiḥ | | 81 | | § 1022

5 nālikerajalairvā'tha kṣālyaṃ  
 pañcāṃśavāra42-1kaṃ |  
 etattailena saṃyuktaṃ pūrvacūrṇaṃ  
 lihetkramāt | | 82 | | § 1024

karṣādivardhanaṃ kāryaṃ palāntaṃ cātha  
 vardhayet |  
 evamabdājarāṃ hanti āyuhḥ syādbrahmaṇo  
 dinam | | 83 | | § 1026

siddhayogo hyayaṃ khyāto vajrakāyakaro  
 nr̥ṇām | § 1027

## 4.11 nirguṇḍīkalpaḥ |

- 
1. karṣaika tu kha.
  2. amṛtakukṣijātānāṃ kha. |

puṣyārke grāhayetprātarnirguṇḍīmūlajāṃ tvacam | | 84  
| | § 1028

chāyāśuṣkāṃ vicūrṇyātha karṣamekaṃ  
pibetsadā |  
ajāmūtrapalaikena ṣaṇmāsādamaro bhavet | |  
85 | | § 1030

varṣamātraprayogeṇa śivatulyo bhavennaraḥ |  
taccūrṇaṃ kṣīramadhvājyairloḍitaṃ 5  
snigdhabhāṇḍake | | 86 | | § 1032

ruddhvā kṣīpeddhānyarāśau māsādudhṛtya  
bhakṣayet |  
dvipalaṃ varṣaparyantaṃ  
jīveccandrārkatārakam | | 87 | | § 1034

taccūrṇārdhapalaṃ  
cājyairlihetsyātpūrvavatphalam |  
taccūrṇaṃ triphalā muṇḍī bhṛṅgī nimbo  
guḍūcikā | | 88 | | § 1036

vacā caiṣāṃ samaṃ cūrṇaṃ madhvājyābhyāṃ 10  
lihetpalam |  
varṣānmṛtyuṃ jarāṃ hanti  
jīvedbrahmadinatrayam | | 89 | | § 1038

nirguṇḍīpatrajaṃ drāvaṃ bhāṇḍe mṛdvagninā  
pacet |  
guḍavatpākamāpannaṃ pītaṃ vāntivirekakṛt  
| | 90 | | § 1040

niryānti kṛmayastasya mukhanāsākṣikarṇataḥ |  
rājayakṣmādirogāṃśca saptāhena vināśayet | 15  
māsatrāyājjarāṃ hanti jīvedvarṣaśatatrayam | |  
91 | | § 1043

omṃ namo māya gaṇapataye bhūpataye kuberāya sv-  
āhā iti bhakṣaṇamantraḥ | | § 1044

1

## 4.12 rasāyanāḥ katipayayogāḥ |

bhallātakobhaya vīrā kākatuṇḍyāḥ phalaṃ vacā |  
lāṅgalī nimbapatrāṇi sahadēvī samam samam  
| | 92 | | § 1046

eṣāṃ pātālayantreṇa tailaṃ grāhyaṃ  
prayatnataḥ |  
tattailaṃ nīlikāmūlayuktamardhapalaṃ pibet  
| | 93 | | § 1048

5 catsarātpalitaṃ hanti āyuh syādbrahmaṇo  
dinaṃ |  
tailārdhaniṣke tannasye kṛte  
syātpūrvavatphalaṃ | | 94 | | § 1050

kṛṣṇajīrakaprasthaikaṃ tattulyaṃ  
bhṛṅgajadravam |  
yaṣṭī nīlotpalaṃ caiva prati prasthārdhamāharet  
| | 95 | | § 1052

10 pādaprasthaṃ tilāttailaṃ sarvamekatra pācayet  
|  
grāhyaṃ tailāvaśeṣaṃ tannasyaṃ tenaiva  
kārayet | | 96 | | § 1054

nasyaṃ cāṅkollatailena kuryānmṛtyujarāpaham  
|  
niṣkārdhaniṣkaṃ varṣaikaṃ  
jīvedvarṣaśatatrayam | | 97 | | § 1056

1. pañcāṃśavāsaram kha. |

kākamācīphalaṃ piṣṭvā karṣaikamudakaiḥ  
pibet |  
vatsarātpalitaṃ hanti āyuh syādbrahmaṇo  
dinaṃ || 98 || § 1058

guḍūcī muśalī muṇḍī nirguṇḍī ca śatāvarī |  
vijayā ca samaṃ cūrṇaṃ  
sitāmadhvājyasamyutam || 99 || § 1060

khādetkarṣadvayaṃ nityaṃ vatsarātpalitaṃ 5  
jayet |  
uktaṃ gorakṣanāthena jīvedbrahmadinatrayam  
|| 100 || § 1062

### 4.13 śunakaśālmalikākalpaḥ |

kṛṣṇāṣṭamyām kṛṣṇasūtraivṛkṣaṃ śunakaśālmaleḥ |  
āveṣṭyāghoramantreṇa rātrau kṛṣṇājakaṃ balim  
|| 101 || § 1064

dattvā'ghoraṃ japettatra yāvadaṣṭasahasrakam  
|  
tasya mūlatvacam grāhyaṃ chāyāśuṣkaṃ  
vicūrṇayet || 102 || § 1066

madhvājyābhyām sadā khādetpalaikam 5  
vatsarāvadhi |  
valīpalitanirmukto jīvedbrahmadinaṃ naraḥ ||  
103 || § 1068

tasya puṣpāṇi saṅgrhya gavām kṣīraiḥ sadā  
pacet |  
puṣpavarjaṃ pibetkṣīraṃ  
māsānmṛtyujarāpaham || 104 || § 1070



phalaikaṃ tasya vṛkṣasya gavāṃ kṣīreṇa  
 pācayet |  
 phalavarjaṃ pibetkṣīraṃ kṣīramevaṃ  
 pibedbudhaḥ || 105 || § 1072

caturmāsaprayogena vajrakāyo bhavennaraḥ |  
 jīvetkalpāntaparyantaṃ vāyuvego mahābalaḥ  
 || 106 || § 1074

5 tasya mūtrapuriṣābhyāṃ tāmraṃ bhavati  
 kāñcanam |  
 kākamācī bhṛṅgarājaḥ sarpākṣī sahadevikā ||  
 107 || § 1076

samūlā devadālī ca nimbabākucibījakam |  
 phalāni kākatuṇḍyāśca mūlaṃ  
 brahmāśvagandhayoḥ || 108 || § 1078

10 nīlakoṇṭhapatrāṇi triphalā ca samaṃ samam |  
 cūrṇaṃ  
 tatkanyakādrāvairbhāvayetsaptavāsaram ||  
 109 || § 1080

chāyāyāṃ śoṣitaṃ  
 kuryātsitāmadhvājyasamyutam |  
 bhakṣetkarṣadvayaṃ nityaṃ varṣamātrājjarāṃ  
 jayet |  
 jīveccandrārkanakṣatraṃ mahākāyo mahābalaḥ  
 || 110 || § 1083

15 oṃṃ ṭhaḥ ṭhaḥ ṭhaḥ saḥ saḥ saḥ amṛte amṛtavarṣiṇi  
 amṛtasañjīvati sarvakāmaprade bhagavān somarāja ājñāp-  
 ayati svāhā iti bhakṣa- ṇamantraḥ || § 1084

## 4.14 triphalādiyogaḥ |

triphalā bākucībījaṃ pippalī cāśvagandhikā |

sarvaṃ tulyaṃ kṛtaṃ cūrṇaṃ madhvājyābhyāṃ  
lihetpalam |  
varṣānmṛtyuṃ jarāṃ hanti  
jīvedbrahmadinatrayam || 111 || § 1087  
oṃṃ hrām hrīm hrūṃ saḥ svāhā anena mantreṇa bh-  
akṣayet || § 1088

### 4.15 mūlikākalpeṣu pāradayoḡaḥ |

mūlikākalpayogeṣu guñjaikaṃ mṛtapāradam |  
pratiyogayutaṃ khādetphalaṃ śataguṇaṃ  
bhavet |  
rasendrasya prabhāveṇa śīghraṃ  
siddhimavāpnuyāt || 112 || § 1091

### 4.16 rasāyanakalpeṣu mantrayogoḡaḥ |

asthimudrādharo mantrī lakṣamekaṃ śmaśānataḥ |  
japenmahābhayaṃ hanti siddhiṃ datte  
rasāyanam || 113 || § 1093

tena bhakṣitamātreṇa jīvedācandratāarakam |  
ajeyo devadaityānāṃ parvatānapi cālayet || 114  
|| § 1095  
oṃṃ hrīm mahābhayerum | § 1096

5

### 4.17 rasāyanasevanavidhiḥ |

prātaḥ puṣyārkamukhye vividhaśubhadine  
mantrapūjāvidhānai-  
rgrāhyaṃ divyaauśadhīnāṃ phaladalakusumaṃ  
mūlapatram rasaṃ vā |

sarvāṅgaṃ vā'tha sidhyai sakalamabhinavaṃ  
 sevayedbrahmacārī  
 kṣīrānnaṃ codakānnaṃ hitamaśanamidaṃ  
 sarvamanyadvivarjyam || 115 || § 1100

iti śrīpārvatīputraśrīnityanāthasiddhaviracite  
 śrīrasaratnākare rasāyanakhaṇḍe nānārasāyanam nāma  
 caturthopadeśaḥ |

## 5 atha pañcamopadeśaḥ |

udvartanam pa45-1litahāri param narāṇam  
 śobhāvahaṃ sukhakaram kacarañjanam ca |  
 vṛddhopayogisukhasādhyamanekayuktyā  
 vakṣye susiddhamanubhūtipathena dṛṣṭam || 1  
 || § 1105

### 5.1 valīpalitanāśārtham pāradādyudvartanam |

pāradam gandhakam tulyam nārīstanyena mardayet |  
 viṣṇukrāntā meghanādā sarpākṣī munimuṇḍikā  
 || 2 || § 1107

āsām dravairdinam khalve  
 mardayettatsamuddharet |  
 yavacūrṇam tilāścaiva pratyekam rasatulyakam  
 || 3 || § 1109

5 kṣipettasmin ghṛtaiḥ kṣaudraiḥ sarvamāloḍya  
 rakṣayet |  
 anenodvartanam samyagvalīpalitanāśanam || 4  
 || § 1111

vatsarāddivyadehaḥ syājīvedvarṣasahasrakam  
| § 1112

## 5.2 valīpalitanāśārtham vajrakāpālinīmūlādyudvartanam |

vajrakāpālinīmūlam pāradam ca samam samam | | 5  
| | § 1113

śivāmbunā tryaham  
mardyamudvartātpūrvavatphalam | § 1114

## 5.3 valīpalitanāśārtham utpalādyudvartanam |

utpalāni samūlāni pāradam ca samam samam | | 6  
| | § 1115

1

saptāham mardayetkhalve svakīyenāśivāmbunā  
|  
tenaiva mardayedgātram jāyate pūrvavatphalam  
| | 7 | | § 1117

## 5.4 valīpalitanāśārtham pāradādyudvartanam |

pāradasya samāmsena brahmadaṇḍīyamūlakam |  
kṣiptvā saptadinam mardyam  
svakīyenāśivāmbunā | | 8 | | § 1119

---

1. balakaram paramam kha. |

anenodvartayedgātram jāyate pūrvavatphalam  
| § 1120

## 5.5 valīpalitanāśārtham gandhakayogaḥ |

gandhakaṃ kaṭutailena gharṃ bhāvyaṃ dināvadhi || 9  
|| § 1121

tatpalārdham sadā khādeddivyakāyakaram  
nṛṇām |  
jāyate svarṇavaddeho vatsarādvalivarjitaḥ || 10  
|| § 1123

## 5.6 rasāyanārtham kuṣṭhayogaḥ |

kuṣṭhacūrṇam samadhvājyam nityam karṣam lihettu yaḥ  
|  
vatsarāddivyadehaḥ syādgandhena  
śatapuṣpavat || 11 || § 1125

## 5.7 palitanāśārtham kāntapāṣāṇādiyogaḥ |

kāntapāṣāṇacūrṇam tu tailamadhvājyasamyutam |  
kākatuṇḍīphalam sarvaṃ samametattu kalpayet  
|| 12 || § 1127

bhāṇḍe ruddhvā kṣipenmāsam  
dhānyarāśāvathoddharet |  
anena lepayecchīrṣam nasyam kuryādanena vai  
|| 13 || § 1129

tryahādbhramarasankāśāḥ keśāḥ  
syurvatsarārdhakam | § 1130

## 5.8 palitanāśārtham sīsakādiyogaḥ |

nāgacūrṇapalaikam tu śāṅkhacūrṇapaladvayam | | 14  
| | § 1131

pathyācūrṇam niṣkamekam sarvaṃ peṣyaṃ  
dināvadhi |  
amladadhna yutaṃ yatnātsnātvā" dau śirasi  
kṣipet | | 15 | | § 1133

mardayeddhaṭikārdham tu  
veṣṭyameraṇḍapatrakaiḥ |  
śiraḥ saṃveṣṭya vastreṇa prātaḥ snānam  
samācāret | | 16 | | § 1135

5

ityevaṃ tridinaṃ yatnātkṛtvā keśāṃśca rañjayet  
| § 1136

## 5.9 keśarañjanārtham nīlikādiyogaḥ |

pañcāṅgam nīlikābhṛṅgatriphalālohacūrṇakam | | 17  
| | § 1137

tulyaṃ sarvaṃ kṛtaṃ sūkṣmamidāmūtreṇa  
mardayet |  
dinārdham tena kalkena pūrvavatkeśarañjanam  
| | 18 | | § 1139

## 5.10 keśarañjanārthaṃ guñjādiyoḡaḥ |

guñjābījaṃ tu tvagvarjyaṃ kuṣṭhailādevadārukam |  
 tulyaṃ cūrṇaṃ dinaṃ bhāvyaṃ  
 bhṛṅgarājabhavairdravaiḥ | | 19 | | § 1141

sarvaṃ caturguṇe taile pācayenmṛduvahniṇā |  
 tenābhyaṅgena keśānāṃ rañjanaṃ  
 bhramaropamam | | 20 | | § 1143

## 5.11 keśarañjanārthaṃ hastidantādiyoḡaḥ |

hastidantasya dagdhasya samaṃ yojyaṃ rasāñjanam |  
 ajākṣīreṇa tatpiṣṭvā lepanātkeśarañjanam | | 21  
 | | § 1145

## 5.12 keśarañjanārthaṃ triphalādiyoḡaḥ |

triphalā lohacūrṇaṃ tu kṛṣṇamṛdbhṛṅgajadravam |  
 ikṣudaṇḍadravaṃ caiva māsaṃ bhāṇḍe  
 nirodhayet | | 22 | | § 1147

tallepādrañjayetkeśān syādyāvanmāsapañcakam  
 | § 1148

## 5.13 keśarañjanārthaṃ lohakiṭṭādiyoḡaḥ |

lohakittam japāpuṣpaṃ piṣṭvā dhātrīphalaṃ samam | |  
23 | | § 1149

tridinaṃ lepitāstena kacāḥ syurbhramaropamāḥ  
|  
bhr̥ṅgarājarasaprasthaṃ tailaṃ  
kṛṣṇatilodbhavam | | 24 | | § 1151

tulyaṃ ca nīlikādrāvaṃ sarvaṃ yāmaṃ  
vimardayet |  
tallepastridinaṃ kāryaḥ keśānāṃ rañjanaṃ  
bhavet | | 25 | | § 1153

5

## 5.14 keśarañjanārthaṃ sindūrādiyogaḥ |

sindūrasya samaṃ cūrṇaṃ sābuṇaṃ ca tayoh samam |  
tājale peṣitaṃ lepyaṃ tatkṣaṇātkacarañjanam  
| | 26 | | § 1155

## 5.15 keśarañjanārthaṃ śatapuṣpādiyogaḥ |

śatapuṣpā kākamācī tilāḥ kṛṣṇāśca rocanam |  
dinaṃ śivāmbunā sarvaṃ mardayellohapātrake  
| | 27 | | § 1157

tallepaṃ tridinaṃ kuryātkeśānāṃ rañjanaṃ  
bhavet | § 1158

## 5.16 keśarañjanārthaṃ cūrṇādiyogaḥ |



cūrṇaṃ sarjī yavaḥsāraṃ siddhārthaṃ kāñjikaiḥ saha | |  
28 | | § 1159

nāgapuṣpādravairmardyaṃ tallepādrañjanaṃ  
bhavet | § 1160

## 5.17 keśarañjanārthaṃ nīlyādiyogaḥ |

nīlīpatrāṇi kāsīsaṃ bhr̥ṅgarājarasaṃ dadhi | | 29 | | § 1161

lohačūrṇaṃ samaṃ piṣṭvā tallapaṃ  
keśarañjanaṃ | § 1162

## 5.18 keśarañjanārthaṃ cūrṇādiyogaḥ |

cūrṇaṃ sindūramaṅgāraṃ kadalīkandasamyutam | | 30  
| | § 1163

lohapātre lohamuṣṭyā mardyaṃ  
jambīrajairdravaiḥ |  
dinaikaṃ ca tato lepyaṃ keśānāṃ rañjanaṃ  
bhavet | | 31 | | § 1165

## 5.19 keśarañjanārthaṃ kuraṇṭakapatrādiyogaḥ |

kuraṇṭakasya patrāṇi nāgamuṣṭyā vimardayet |  
tallegaṃ tridinaṃ kuryājñāyate keśarañjanaṃ | |  
32 | | § 1167

## 5.20 keśarañjanārthamāmrāsthyādiyogaḥ |

āmrāsthi triphalā bhr̥ṅgī priyaṅgurmātuluṅgakaṃ |  
niśā nīlī mṛṅālāni nāgaṃ lohaṃ ca cūrṇitaṃ | |  
33 | | § 1169

samaṃ kalkaṃ kāntapātraṃ nimbatailena  
bhāvayet |  
māsamātraṃ tatastena lepādbhavati rañjanam  
| | 34 | | § 1171

## 5.21 keśarañjanārthaṃ kākamācyādiyogaḥ |

kākamācīyabījāni samāḥ kṛṣṇatilāstathā |  
tattailaṃ grāhayedyantre tannasyaṃ  
keśarañjanam | | 35 | | § 1173

## 5.22 keśarañjanaṃ ghṛtaṃ |

goghṛtaṃ bhr̥ṅgajaṃ drāvaṃ mayūraśikhayā saha |  
mṛdvagninā pacettena syānnasyaṃ  
keśarañjanam | | 36 | | § 1175

## 5.23 keśarañjanārthaṃ japāpuṣparasanasyam |

japāpuṣpadravaṃ kṣaudraṃ karṣaikaṃ nasyamācāret |  
saptāhādrañjayetkeśān sarvanasyeṣvayaṃ  
vidhiḥ | | 37 | | § 1177

## 5.24 keśarañjanārthaṃ triphalādatailam |

triphalā lohacūrṇaṃ tu vāriṇā peṣayetsamam |  
tattulyena ca tailena bhr̥ṅgarājarasena ca || 38  
|| § 1179

pacetailāvaśeṣaṃ tatsnigdhabhāṇḍe nirodhayet  
|  
māsaikaṃ bhūgataṃ kuryātena śīrṣaṃ  
pralepayet || 39 || § 1181

5 kāravallyā dalairveṣṭya tato vastreṇa bandhayet  
|  
nirvāte kṣīrabhojī syātkṣālayettriphalājalaīḥ ||  
40 || § 1183

nityamevaṃ prakartavyaṃ lepanaṃ  
dinasaptakam |  
kapālarañjanaṃ khyātaṃ yāvajjīvaṃ na  
saṃśayaḥ || 41 || § 1185

## 5.25 keśarañjanārthaṃ kākatuṇḍyādiyogaḥ |

bījāni kākatuṇḍyāśca siryālībīja49-1saṃyutam |  
taccūrṇaṃ dinacatvāri bhāvyaṃ  
niguṇḍijairdravaiḥ || 42 || § 1187

japāpuṣpadravaistāvattataḥ pātālayantrake |  
tailaṃ prāhyaṃ tu tallepātkeśānāṃ rañjanaṃ  
bhavet || 43 || § 1189

veṣṭyameraṇḍapatraiśca nirvāte kṣīrabhojanam  
|  
kuryātsnānaṃ kāñjikaiśca nityaṃ saptadine kṛte  
|| 44 || § 1191

yāvajjīvaṃ na sandehaḥ keśāḥ  
syurbhramaparomāḥ | § 1192

## 5.26 keśarañjānārthaṃ bhṛṅgarājādiyogaḥ |

bhṛṅgarājaṃ kācamācīṃ samāṃśaṃ jala49-2maṇḍavīm  
|| 45 || § 1193

sampiṣṭyā49-3pūpikāṃ kṛtvā tailamadhye  
vipācayet |  
pakvāṃ tāṃ peṣayetailairlepaḥ  
syātkeśarañjanam || 46 || § 1195

pūrvavatkramayogena saptāhāttatphalaṃ  
bhavet | § 1196

## 5.27 keśarañjanārthaṃ triphalādiyogaḥ |

ayaskāntamaye pātre rātrau lepyaṃ phalatrayaṃ || 47  
|| § 1197

mṛṅgarājadravaiḥ sārdhaṃ prātaḥ keśān  
pralepayet |  
evaṃ kuryātrisaptāhaṃ jāyate pūrvavatphalam  
|| 48 || § 1199

## 5.28 keśarañjanārthaṃ kṛṣṇajīrakayoḡaḥ |

prakṣipenmāhiṣe śṛṅge kṛṣṇajīraṃ tadandhayet |  
grhāgre kardame kṣiptvā  
saṅmāsāttatsamuddharet || 49 || § 1201

taddrutaṃ jāyate kṛṣṇaṃ karṣaikaṃ śirasi kṣipet  
|  
veṣṭayetpūrvayogena kapālarañjanaṃ bhavet ||  
50 || § 1203

5 bhramarāñjanasaṅkāśaṃ yāvajjīvaṃ na  
saṅśayaḥ | § 1204  
1,2,3

## 5.29 keśarañjanārthaṃ nīlyādiyogaḥ |

nīlīpatraṃ bhrṅgarājaṃ triphalā kṛṣṇamāyasam || 51  
|| § 1205

madanasya ca bījāni puṣpaṃ koraṅṭakasya ca |  
arjunasya tvacaṃ cūrṇaṃ nalinīmūlakardamam  
|| 52 || § 1207

5 sarvaṃ tulyaṃ kṣīpedbhāṇḍe lohaje  
tannirodhayet |  
pakṣamekaṃ kṣīpedbhūmau bhāṇḍātkalkaṃ  
samuddharet || 53 || § 1209

1. bījakaṃ samam kha. |  
2. jalamaṇḍayā kha. |  
3. sarpākṣyā'pūpikāṃ kha. |

kalkāccaturguṇaṃ tailaṃ tailāccaturguṇaṃ  
dravam |  
bhṛṅgatriphalajaṃ yojyaṃ pacetailāvaśeśakam  
|| 54 || § 1211

parīkṣārthaṃ kṣipetpakṣaṃ balākāyā yadā  
bhavet |  
kṛṣṇavarṇaṃ tadā siddhaṃ pātre kṛṣṇāyase  
kṣipet || 55 || § 1213

māsaikaṃ dhārayettasmiṃstataḥ keśān  
vilepayet |  
tiṣṭhanti māsaṣaṭkaṃ tu  
bhramarastomasannibhāḥ || 56 || § 1215

5

### 5.30 keśarañjanārthaṃ sīsakādiyogaḥ |

vāsāpalāśaciñcotthairdaṇḍairvā'śvatthajairdṛḍham |  
nāgaṃ pātragataṃ cālyam yāvadbhavati  
mūrcchitam || 57 || § 1217

palaikaṃ tatsamādāya lohacūrṇaṃ paladvayam  
|  
tripalaṃ triphalācūrṇaṃ dāḍimasya  
phalatvacaḥ || 58 || § 1219

śuṣkaṃ cūrṇaṃ palaikaṃ tatsarveṣāṃ kāñjikaṃ 5  
samam |  
bhāṇḍe sarvaṃ pacetkiñcittaṃ  
kṣipellohabhājane || 59 || § 1221

bhṛṅgarājakuraṇṭotthadravam dattvā"tape  
kṣipet |  
trisaptāhaṃ prayatnena dravo deyaḥ punaḥ  
punaḥ || 60 || § 1223

tatastaṃ rakṣayetena lepātsyātkeśarañjanam |  
 uktānukteṣu lepeṣu veṣṭyameraṇḍapatrakaiḥ | |  
 61 | | § 1225

śiro rātrau divā snānaṃ yuktireṣā praśasyate  
 | § 1226

### 5.31 keśāsuklīkaraṇayogāḥ |

vajrīkṣīreṇa saptāhaṃ bhāvayedabhayāphalam |  
 taccūrṇayuktatailasya lepācchuklā bhavanti hi  
 | | 62 | | § 1228

keśāśca sarvaromāṇi śaṅkhavarṇā bhavanti vai |  
 saptāhaṃ vajradugdhena suśvetān bhāvayettīlān  
 | | 63 | | § 1230

5      tebhyastailaṃ gr̥hītvā tallepācchuklā bhavanti  
           vai |  
           gauryāmalakacūrṇaṃ tu vajrīkṣīreṇa saptadhā  
           | | 64 | | § 1232

bhāvayetena lepena śuklatāṃ yānti mūrdhajāḥ  
 |  
 sindūraṃ sphaṭikāṃ śvetāṃ jalena saha lepayet  
 | | 65 | | § 1234

10     tallepena tu romāṇi suśuklāni bhavanti hi |  
           māsaikaṃ māgadhīcūrṇaṃ vajrīkṣīreṇa  
           bhāvayet | | 66 | | § 1236

narāśvagajavājīnāṃ śuklīkaraṇamuttamam |  
 indragopaṃ tailinī ca tālakaṃ rajanīdvayam | |  
 67 | | § 1238

manaḥśilā ca tulyāṃśaṃ cūrṇaṃ snukpayasā  
tryaham |  
bhāvayedarkajaiḥ kṣīraistridinaṃ cātape khare  
|| 68 || §1240

tataḥ  
kūṣmāṇḍajairdrāvairbhāvayeddinasaptakam  
|  
kūṣmāṇḍasya tato garbhe kṣiptvā  
māsātsamuddharet || 69 || §1242

tailena sarvaromāṇi keśān saṃlepayettryaham | 5  
veṣṭayedarkajaiḥ patraiḥ śuklavarṇā bhavanti ca  
|| 70 || §1244

snāne kṛte śuṣkakaceṣu rātrau lepe kṛte  
pūrvadalaistu veṣṭyam |  
dadhnā tilai51-1ḥ snānamataḥ prabhāte  
kuryāttryahaṃ lepana mitthameva || 71  
|| §1246

iti pārvatīputraśrīnityanāthasiddhaviracite rasaratnākare  
rasāyanakhaṇḍe udvartanakeśarañjanādihikāro nāma  
pañcamopadeśaḥ |

## 6 atha ṣaṣṭhopadeśaḥ |

yeṣāṃ rāmā ramaṇakuśalā rāgasaktāḥ pragalbhāḥ  
kāmasaktā hariṇanayanāścandrabimbānanāśca  
|  
teṣāṃ vakṣye madanasukhadāṃ vīryavṛddhiṃ  
prabhūtāṃ  
ma51-2tāḥ siddhāḥ śatamapi  
dṛḍhāstādṛśāstoṣayanti || 1 || §1251



## 6.1 vājīkaro makaradhvajarasah |

vajrahemārkaśūtābhralohabhasma kramottaram |  
 \*\*sarvaṃ kanyādravairmardyaṃ śālmalyāśca  
 dravaistryaham || 2 || § 1253

tadruddhvā kācakupyantarvālukāyāṃ tryahaṃ  
 pacet |  
 tatkalkaṃ  
 muśalīkvāthairvajrārkaśīrasaṃyutaiḥ || 3  
 || § 1255

5 dinaikaṃ mardayetkhalve  
 ruddhvā'ntarbhūdhare puṭet |  
 yāmāduddhṛtya sañcūrṇyaṃ  
 sitākṛṣṇātrijātakaiḥ || 4 || § 1257

samaiḥ samaṃ vimiśtyātha māśaikaṃ  
 bhakṣayetsadā |  
 māgadhī muśalī yaṣṭī vānarībījakaṃ samam ||  
 5 || § 1259

cūrṇaṃ sitājyagokṣīraiḥ palārdhaṃ pāyayedanu  
 |  
 10 kāminīnāṃ sahasraikaṃ ramamāṇo na muhyati  
 |  
 sevānāddṛḍhakāyaḥ syādraso'yaṃ  
 makaradhvajah || 6 || § 1262

## 6.2 vājīkaro manodayarasah |

śuddhasūtaṃ samaṃ gandhaṃ raktotpaladaladravaiḥ |  
 yāmaṃ mardyaṃ punargandhaṃ sārdhaṃ tatra  
 vinikṣipet || 7 || § 1264

2 \*] jalaiḥ kha. |

vanitāstādr̥śāstoṣayānti kha. |

2 \*] yasyāṃ siddhau śatamapi

pūrvadrāvairdinam mardyaṃ rasārdham  
gandhakaṃ punaḥ |  
dattvā tadvaddinam mardyaṃ kācakūpyāṃ  
nirodhayet || 8 || § 1266

dinaikaṃ<sup>52-1</sup> vālukāyante pakvamuddhṛtya  
cūrṇayet |  
bhūkūṣmāṇḍīkaṣāyeṇa bhāvayeddinasaptakam  
|| 9 || § 1268

chāyāyāṃ tatsitātulyaṃ niṣkaikaṃ 5  
bhakṣayetsadā |  
śaṇamūlam sabījam ca muśalī śarkarā samam  
|| 10 || § 1270

gavāṃ kṣīraiḥ palārdham tu anu rātro sadā  
pibet |  
anantaṃ vardhate vīryaṃ raso'yaṃ  
madanodayaḥ || 11 || § 1272

### 6.3 vājīkaro madaneśvararasaḥ |

śuddhasūtasamaṃ gandham badarīcitrakadravaiḥ |  
mardyaṃ cānkollajairdrāvaistaptakhalve  
dinatrayam || 12 || § 1274

sadyo hatājamāṃsasya piṇḍe nyastaṃ ca sīvayet  
|  
tatpiṇḍam tilatailena lohapātre śanaiḥ pacet ||  
13 || § 1276

yāvanmāṃsam raktavarṇam tataḥ sūtam 5  
samuddharet |

tridinaṃ muśalīkvāthairbhāvitam sitayā yutam  
 || 14 || § 1278

1

niṣkaikaṃ bhakṣayennityaṃ raso'yaṃ  
 madaneśvaraḥ |  
 vidārīkandacūrṇaṃ tu kṣīrājyena palam pibet  
 || 15 || § 1280

ramayetstrīśataṃ nityaṃ tattyāgādandhatāṃ  
 vrajet | § 1281

## 6.4 vājīkaraḥ kāmakaḷākhyaṛasaḥ |

mṛtābhraṃ pāraḍaṃ svarṇaṃ tulyaṃ mardyaṃ  
 dinatrayam || 16 || § 1282

muśalītriphalākṣvāthairvājigandhākaṣāyakaiḥ |  
 kadalīkandajairdrāvaistadgolaṃ cāndhitam  
 puṭet || 17 || § 1284

5 bhūdhare dinamātraṃ tu samuddhr̥tyātha  
 mardayet |  
 dinaikaṃ pūrvajairdrāvaistadvadrudhvā puṭe  
 pacet || 18 || § 1286

punarmardyaṃ punaḥ pācyamevamaṣṭapuṭaiḥ  
 pacet |  
 śālmalījātaniryāsaistulyaṃ śarkarayā saha || 19  
 || § 1288

khādenniṣkadvayaṃ nityaṃ  
 drāvayedvanitāśataṃ |  
 gokṣīrairmarkaṭībijaṃ palārdham pāyayedanu  
 || 20 || § 1290

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1. dvidinaṃ kha. |

sarvāṅgodvartanaṃ kuryātsayavaiḥ  
śālmalīdravaiḥ |  
rasaḥ kāmakaḷākhya'yam mahāvīryakaro nṛṇām  
|| 21 || § 1292

## 6.5 vājīkaraḥ kāmadevarasaḥ |

mṛtasūtaṃ trayo bhāgā bhāgaikaṃ hāṭakaṃ mṛtaṃ |  
kadalīkandajairdravaiḥ śālmalījadravairdinam  
|| 22 || § 1294

gokṣīraiśca dinaṃ mardyaṃ kṣaṇaikaṃ  
pācayedghṛtaiḥ |  
tanmadhye śarkarāṃ drākṣāṃ dhātrīm  
rambhāphalaṃ madhu || 23 || § 1296

gokṣīraṃ muśalīm māṣān kokilākṣasya bījakam 5  
|  
sūtāccaturguṇaṃ kṣiptvā mardyaṃ  
śālmalījairdravaiḥ || 24 || § 1298

tatsarvaṃ dinamekaṃ tu kāmadevo raso bhavet  
|  
niṣkamātraṃ sadā bhakṣyaṃ gavāṃ kṣīraṃ  
pibedanu || 25 || § 1300

maithune dṛḍhaliṅgaḥ  
syāddrāvayedvanitākulam | § 1301

## 6.6 vājīkaro ratikāmarasaḥ |

prārambharajasā strīṇāṃ mardayedbhasmasūtakam || 26  
|| § 1302

mṛtaṃ tāmraṃ ca tāraṃ ca gandhakaṃ ca  
 samaṃ dinam |  
 sitāmadhvājyasamyuktaṃ niṣkaṃ bhuktvā  
 pibetpayah || 27 || § 1304

ratikāmaraso nāma kāmīnarimaṇe hitaḥ |  
 vānarīmūlagodhūmaṃ kokilākṣasya bījakam ||  
 28 || § 1306

5 māṣāśceḥsurasaiḥ sarvaṃ loḍitaṃ  
 pācayedghṛtaiḥ |  
 tenaiva vaṭakāḥ kāryā nityaṃ khādeddvayaṃ  
 dvayam || 29 || § 1308

anupānamidaṃ siddhaṃ  
 sevanādramayecchatam | § 1309

## 6.7 vājīkaro madavardhanarasaḥ |

śuddhasūtasamaṃ gandhaṃ tryahaṃ kahlārajairdravaiḥ  
 || 30 || § 1310

marditaṃ cāndhitaṃ pacyādyāmaṃ  
 vālukayantrake |  
 raktāgastyadravairbhāvyaṃ dinaikaṃ tu  
 sitāyutam || 31 || § 1312

5 niṣkamātraṃ sadā khādedraso'yaṃ  
 madavardhanaḥ |  
 ajasya vṛṣaṇaṃ kṣīre pakvaṃ tilasitāyutam ||  
 32 || § 1314

yatheṣṭaṃ bhakṣayeccānu ramayetkāmīnīśatam  
 | § 1315

## 6.8 vājīkarī anaṅgasundarīvaṭikā |

paladvayaṃ dvayaṃ śuddhaṃ pāraḍaṃ gandhakaṃ  
śubhaṃ || 33 || § 1316

karṣaikaṃ māritaṃ svarṇaṃ palaikaṃ  
mṛtatāmraḥkaṃ |  
raupyabhasma caturṇiṣkaṃ sarvaṃ  
pañcāmṛtairdinam || 34 || § 1318

mardyaṃ ruddhvā dinaṃ pacyādbhūdhare taṃ  
samuddharet |  
piṣṭvā pañcāmṛtaiḥ khādedvaṭikāṃ badarākṛtim 5  
|| 35 || § 1320

anaṅgasundarī khyātā rāmāṇāṃ ramate śatam |  
śālmalīmūlacūrṇaṃ tu madhuśarkarāyā'nvitam  
|| 36 || § 1322

palaikaṃ bhakṣayeccānu sitākṣīraṃ tu pāyayet  
| § 1323

## 6.9 vājīkaraḥ kāmanāyakarasaḥ |

śālmalyutthairdravairmardyaḥ pakṣaikaṃ  
śuddhapāraḍaḥ || 37 || § 1324

śuddhagandhaṃ trisaptāhaṃ  
taddravairmardayetpṛthak |  
samāvetau punarmardyaḥ  
ghṛtairyāmacatuṣṭayam || 38 || § 1326

tadgolaṃ bandhayedvastre ghṛtairyāmadvayaṃ  
pacet |  
tatastaṃ śālmalīdrāvairmardayeddivasatrayam 5  
|| 39 || § 1328

nikṣipetkācakupyantarvālukāyantragam pacet |  
 kṣipeccāmalijam drāvaṃ kupyā garbhe  
 dināvadhi || 40 || § 1330

sā55-1rdrameva samuddhṛtya miṣṭyaṃ tatsitayā  
 samam |  
 niṣkamātram sadā khādedraso'yam  
 kāmanāyakaḥ || 41 || § 1332

5 muśalīm sasitām kṣīraiḥ palaikām pāyayedanu |  
 kāminīnām sahasraṃ tu kṣobhayennimiṣāntare  
 || 42 || § 1334

## 6.10 vājīkaraḥ pūrṇendurasah |

śuddhasūtatrayo bhāgā bhāgaikaṃ tāmracūrṇakam |  
 kṛtvā piṣṭim nirudhyātha rambhākandodare  
 punaḥ || 43 || § 1336

mṛlliptam śoṣitam pacyāddinaikam  
 kariṣāgninām |  
 evaṃ saptadinam pacyātkande kande dinam  
 dinam || 44 || § 1338

5 uddhṛtya bandhayedvastre dṛḍhe caiva  
 caturguṇe |  
 kṣudraśambūkamāṃsāktacchāgīraktagatam  
 pacet || 45 || § 1340

dolāyantre tryaham yāvaddeyam raktaṃ punaḥ  
 punaḥ |  
 guḍūcyā gajapippalyā kadalyā kokilākṣakaiḥ ||  
 46 || § 1342

gokṣurīvānarīmūlajātīmūlasya ca dravaiḥ |  
pācayettatkaṣāyairvā dolāyantre dinatrayam | |  
47 | | § 1344

tataḥ kṣīre sitāyukte tadvatpacyāddināvadhi |  
uddhṛtya muśalīkvāthairmardyaṃ  
yāmacatuṣṭayam | | 48 | | § 1346

rasaḥ pūrṇendunāmā'yaṃ khādenmāmsaṃ 5  
sitāyutam |  
gokṣuro vānarībījaṃ guḍūcī gajapippalī | | 49  
| | § 1348

kokilākṣasya bījāni majjā kārpāsabījajā |  
śatāvarī ca rambhāyāḥ phalaṃ sarvaṃ samaṃ  
bhavet | | 50 | | § 1350

sarvatulyā sitā yojyā madhunā loḍitaṃ lihet |  
palārdhamanupānaṃ syāttataḥ peyaṃ gavāṃ 10  
payāḥ | | 51 | | § 1352

kāminīnāṃ sahasraikaṃ ramate kāmadevavat  
| § 1353

## 6.11 vājīkaro madanakāmo rasaḥ |

padmabījaṃ kaseruṃ ca kandaṃ nālaṃ ca karṇikām | |  
52 | | § 1354

muśalī bhṛṅgarāṭ drākṣā pakvaṃ śleṣmātaḥ  
phalam |  
vijayā markaṭī māśāḥ śaṇabījāni vai tilāḥ | | 53  
| | § 1356

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1. suśītalāṃ kha. |



kokilākṣasya bījāni bhūkūṣmāṇḍī śatāvarī |  
 śṛṅgāṭaṃ cirbhiṭaṃ phaṅjībījāni cāśvagandhikā  
 || 54 || § 1358

etatsarvaṃ samaṃ cūrṇya pādāṃśaṃ  
 cāharetpṛthak |  
 pādāṃśasyāṣṭamāṃśena śuddhaṃ sūtaṃ  
 vimiśrayet || 55 || § 1360

5 pāradādaṣṭamāṃśaṃ ca karpūraṃ tatra nikṣipet  
 |  
 cāturjātakamekaikaṃ karpūrāddviguṇaṃ  
 bhavet || 56 || § 1362

sūtatulyā sitā yojyā mardyaṃ  
 rambhādravairdinam |  
 tadgolaṃ ḍāmāre yantre kramavṛddhāgninā  
 pacet || 57 || § 1364

10 dinānte cordhvalagnaṃ tadgrāhyaṃ  
 rambhādravairḍḍham |  
 marditaṃ sitayā tulyaṃ māśaikaṃ  
 bhakṣayetsadā || 58 || § 1366

raso madanakāmo'yaṃ balavīryavivardhanaḥ |  
 divyarūpā bhajedrāmāḥ kāmākulakalānvitāḥ ||  
 59 || § 1368

bhāgatrayaṃ tu yatpūrvam pṛthakcūrṇam  
 surakṣitam |  
 kulīramāṃsacchāgāṇḍacaṭakāṇḍāni vai pṛthak  
 || 60 || § 1370

15 pratyekaṃ cūrṇayettulyaṃ sarvatulyaṃ gavāṃ  
 payaḥ |  
 tatsarvaṃ cālayan  
 pacyādyāvātpiṇḍatvamāgatam || 61 || § 1372

prasārya kāṣṭhapātrāntaśchāyāśuṣkaṃ  
vicūrṇayet |  
asya cūrṇasya karpūraṃ catuṣṣaṣṭyaṃśakaṃ  
kṣipet || 62 || § 1374

cāturjātakacūrṇaṃ tu  
kṣipeddvātriṃśadaṃśataḥ |  
sarvatulyā sitā yojyā rakṣayennūtane ghaṭe ||  
63 || § 1376

karṣadvayaṃ gavāṃ kṣīrairanupānaiḥ sadā 5  
pibet | § 1377

## 6.12 vājīkarā abhrakayogāḥ |

niṣkaikaṃ māritaṃ cābhraṃ khādeccharkarayā samam  
|| 64 || § 1378

śālmalīmūlacūrṇaṃ tu mṛṅgarājasya mūlakam |  
palaikaṃ sitayā cānu seveta kāmīnīśatam || 65  
|| § 1380

vānarīkokilākṣasya bījāni tilamāṣakāḥ |  
vāsāgokṣurayormūlaṃ sarvaṃ cūrṇaṃ samaṃ 5  
bhavet || 66 || § 1382

cūrṇatulyaṃ mṛtaṃ cābhraṃ sarvatulyā tu  
śarkarā |  
etatkarṣaṃ gavāṃ kṣīraiḥ pibet  
kāmāṅganāyakaḥ || 67 || § 1384

tailena pakvaṃ caṭakaṃ khādetpūrvaṃ tu  
bhojanāt |  
bhojanānte pibetkṣīraṃ rāmāṇāṃ  
ramayecchatam || 68 || § 1386

aśvagandhāśatāvaryoḥ śālmalyāścitrakasya ca |  
 mūlaṃ muśaliyaṃ kandaṃ kokilākṣasya  
 bījakam || 69 || § 1388

vidārīpadminīkandaṃ vānarībījakam samam |  
 etaccūrṇaṃ mṛtābhraṃ tu tulyaṃ śarkarayā  
 samam || 70 || § 1390

5 palārdhaṃ pāyayetkṣīraiḥ  
 khādetkukkuṭamāṃsakam |  
 kṣīrapānaṃ tataḥ kṛtvā ramayetkāminīśatam ||  
 71 || § 1392

### 6.13 vājīkaro dhātrīlohaḥ |

dhātrīphalasya cūrṇaṃ tu bhāvayettatphaladravaiḥ |  
 ekaviṃśativārān vai śoṣyaṃ peṣyaṃ punaḥ  
 punaḥ || 72 || § 1394

tatpādāṃśaṃ mṛtaṃ lohaṃ  
 madhvājyaśarkarānvitam |  
 palaikaṃ bhakṣayennityaṃ sitākṣīraṃ pibedanu  
 || 73 || § 1396

5 dhātrīlohaprabhāvena ramayet kāminīśatam  
 | § 1397

### 6.14 vājīkaraḥ punarnavādiyogaḥ |

punarnavā nāga<sup>57-1</sup>balā vājigandhā śatāvarī || 74 || § 1398

gokṣuraṃ muśalīkandaṃ mṛtaṃ sūtaṃ samam  
 samam |

cūrṇaṃ madhvājyasamyuktaṃ niṣkaṃ bhuktvā  
pibetpayahaḥ || 75 || § 1400

taṇḍulaṃ vānarībijaṃ cūrṇayetsitayā samam |  
āloḍayedgavāṃ kṣīraistena pacyādapūpikāṃ ||  
76 || § 1402

tāṃ ghṛtairbhakṣayeccānu ramayetkāminīkulam  
| § 1403

## 6.15 vājīkaro vaṭakaḥ |

vānarībījacūrṇaṃ tu tvagvarjyaṃ māśacūrṇakam || 77  
|| § 1404

nālikerodakairbhāvyam yāmānte peṣayettataḥ |  
viṃśatyamaśena piṣṭasya mṛtamabhraṃ  
vimiśrayet || 78 || § 1406

ghṛtaistadvaṭakaṃ paktvā madhvājyābhyāṃ tu  
bhakṣayet |  
kṣīraṃ sitāṃ cānupibedrāmāṇāṃ ramate śatam 5  
|| 79 || § 1408

1

## 6.16 vājīkaro vālukāmysyayogaḥ |

vālukāsambhavaṃ matsyaṃ supakvaṃ bhakṣayedghṛtaiḥ  
|  
śaṇḍho'pi jāyate kāmī vīryastambhaḥ prajāyate  
|| 80 || § 1410

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1. dhātrīphalaṃ kha. |

## 6.17 vājīkaro nābhilepaḥ |

ūrṇanābhiṃ samaṃ kṣaudraiḥ piṣṭvā nābhiṃ pralepayet

|  
mucyate baddhaṣaṇḍho'pi kṣīrairvahniṃ  
pibedanu || 81 || § 1412

svayamagnirasam cātra triniṣkaṃ  
bhakṣayetsadā | § 1413

## 6.18 vājīkaro māṣayogaḥ |

ghṛtāktā dalitā māṣā kṣīreṇa saha pācitāḥ || 82 || § 1414

sitājyasamyutā bhakṣyā vīryavṛddhikarā hyalam  
|  
kṣaṇe kṣaṇe bhajedrāmāṃ yathā pārāvato  
dhruvam || 83 || § 1416

## 6.19 kāmeśvara modakaḥ |

samyānmāritamabhakraṃ kaṭuphalaṃ

kuṣṭhāśvagandhāmṛtā  
methī mocaraso  
vidārimuśalīgokaṇṭakekṣūrakāṃ |  
rambhākandaśatāvarī hyajamudā māṣāstilā  
dhānyakāṃ  
yaṣṭī nāgabalā ka58-1coramadanam jātīphalaṃ  
saindhavam || 84 || § 1420

5 bhārgīkarkaṭaśṛṅgibhṛṅgatrikaṭu dvau jīrakau  
citrakāṃ  
cāturjātapunarnavāgajakaṇādrākṣāśaṇam  
vāsakaḥ |

śālmalyaṅghri phalatrikaṃ kapibhavaṃ bījaṃ  
samaṃ cūrṇaye-  
ccūrṇāśā vijayā sitā dviguṇitā  
madhvājyamiśraṃ tu tat || 85 || § 1424

karṣārdhāṃ gulikāṃ vilehyamathavā kṛtvā sadā  
sevaye-  
tpeyā kṣīrasitā'nu vīryakaraṇe stambhe'pyalaṃ  
kāminām |  
śyāmāvaśyakraḥ samādhisukhadaḥ 5  
saṅge'ṅganādrāvakaḥ  
kṣīṇe puṣṭikaraḥ kṣayakṣayakaro  
nānāmayadhvaṃsakaḥ || 86 || § 1428

kāsaśvāsamahātisāraśamano  
mandāgnisandīpano  
hyarśāṃsi  
grahaṇīpramehanicayaśleṣmātisārapraṇut |  
nityānandakaveriśeṣakavitāvācāvilāsodbhavaṃ  
datte sarvaguṇaṃ mahāsthiradaśām 10  
dhyānāvasāne bhṛśam || 87 || § 1432

1

abhyāsenā nihanti mṛtyupalitaṃ kāmeśvaro  
vatsarā-  
tsarveṣāṃ hitakāraḥ nigaditaḥ śrīnityanāthena  
vai  
vṛddhānāmapi kāmavardhanakaraḥ  
prauḍhāṅganāsaṅgame  
siddho'yaṃ dha59-1navastvamoghasukhado  
bhūpaiḥ sadā sevyatām || 88 || § 1436

ityetaduktaṃ bahuvīryavardhanaṃ rātrau sadā 15  
kṣīrasitāsamanvitam |  
bhuktottaraṃ sevitamāśu kāminām  
vidagdharāmākulavaśyakāraḥ || § 1438

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1. kaserudamanaṃ kha. |

iti pārvatīputraśrīnityanāthasiddhaviracite  
 śrīrasaratnākare rasāyanakhaṇḍe vīryavardhanaṃ nāma  
 ṣaṣṭha upadeśaḥ | |

## 7 atha saptamopadeśaḥ |

vīryaṃ sthiraṃ yonimukheṣu yeṣāṃ sthūlaṃ dṛḍhaṃ  
 dīrghatamaṃ ca liṅgam |  
 teṣāṃ pragalbhāḥ pramadāśca sarvā bhavanti  
 tṛptāḥ surataprasaṅge | | 1 | | § 1441

### 7.1 vīryastambhakarī brahmāṇḍaguṭikā |

nāgavallīdaladrāvaiḥ saptāhaṃ śuddhapāradam |  
 mardayettaptakhalve tu kṣālayetkāñjikaistataḥ  
 | | 2 | | § 1443

tatkṣipedviṣakandasya garbhe niṣkacatuṣṭayam  
 |  
 viṣeṇa tanmukhaṃ ruddhvā  
 sthūlavārāhamāṃsake | | 3 | | § 1445

5 piṇḍam garbhe nirundhyātha mukhaṃ sūtreṇa  
 sīvayet |  
 sandhyākāle baliṃ dattvā kukkuṭam  
 madirāyutam | | 4 | | § 1447

tataścūllyāṃ lohapātre taile dhattūrasambhave |  
 taṃ viṃśatipale pacyātsapiṇḍam  
 mandavahninā | | 5 | | § 1449

sandhyāmārabhya yatnena yāvatsūryodayam  
 tathā |

haṭhājāgaraṇaṃ kuryādanyathā tanna sidhyati  
|| 6 || § 1451

prātaruddhr̥tya guṭikāṃ kṣīrabhāṇḍe vinikṣipet  
|  
tatkṣīraṃ śuśyati  
kṣīprametatpratryayamadbhutam || 7 || § 1453

dr̥ṣṭvā tāṃ dhārayedvaktre vīryastambhakarīm  
ratau |  
\*kṣīraṃ pītvā ramedrāmāḥ kāmākulakalānvitāḥ 5  
|| 8 || § 1455

mukhāddhastam̐ yadā prāptā tadā vīryam̐  
patatyalam̐ |  
brahmāṇḍaguṭikā nāma śoṣayantī mahodadhim̐  
|| 9 || § 1457

## 7.2 vīryastambhakarō liṅgalepaḥ |

dagdhamaṅkollamūlam̐ tu karpūram̐ kuṅkumam̐ tathā |  
rocanā sahadēvī ca samam̐ sarvam̐ prapeṣayet  
|| 10 || § 1459

viṣamuṣṭīkatalena liptaliṅgo hyanena vai |  
naro nārīsaahasraikam̐ gacchan vīryam̐ na  
muñcati || 11 || § 1461

## 7.3 vīryastambhakarō dīpaḥ |

śvetārkatūlajām̐ varttiṃ kṛtvā sūkaramedasā |  
yāvajjalati dīpo'yam̐ tāvadvīryam̐ sthiram̐  
nr̥ṇām̐ || 12 || § 1463

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5 \* ] mama dr̥ṣṭapratryayakaro  
kha. |



## 7.4 vīryastambhakarī indravāruṇikāmūlādyā vaṭīḥ |

indravāruṇikāmūlaṃ puṣye nagnaḥ samuddharet |  
tryūṣaṇaiśca gavāṃ kṣīraiḥ piṣṭvā kuryādvaṭīm  
dṛḍhām | | 13 | | § 1465

chāyāśuṣkā sthitā vaktre vīryastambhakarī  
nṛṇām |  
varamaṅkolatailena nābhilepo'pi vīryadhṛk | |  
14 | | § 1467

## 7.5 vīryastambhārthaṃ raktāpāmārgamūlayogaḥ |

raktāpāmārgamūlaṃ tu somavāre'bhimantrayet |  
bhaume prāptaḥ samuddhṛtya bandhetkaṭyāṃ  
ca vīryadhṛk | | 15 | | § 1469

## 7.6 vīryastambhakarāḥ pādalepaḥ |

caṭakānaṅkulītailaiḥ pādādhaḥ sampralepayet |  
na muñcati naro vīryaṃ śayyāṃ pādena na  
spṛśet | | 16 | | § 1471

## 7.7 vīryastambhārthaṃ kaṭyāṃ sarpāsthidhāraṇayogaḥ |

duṇḍubho nāma yaḥ sarpaḥ kṛṣṇavarṇastamāharet |  
tasyāsthi dhārayetkaṭyāṃ naro vīryaṃ na  
muñcati | | 17 | | § 1473

tanmukte muñcate vīryaṃ siddhayoga udāhṛtaḥ  
| § 1474

## 7.8 vīryastambhakarō nābhilepaḥ |

sahadevīyamūlaṃ tu tatsamaṃ padmakeśaram || 18  
|| § 1475

piṣṭvā madhvājyasamyukto lepo nābhau tu  
vīryadhṛk | § 1476

## 7.9 vīryastambhakarī kokilākṣādivaṭī |

śvetasya kokilākṣasya bījaṃ mūlaṃ samāharet || 19  
|| § 1477

piṣṭaṃ taṇḍulasambhūtaṃ badarīṇāṃ phalaṃ  
samam |  
jalaiḥ piṣṭvā vaṭī dhāryā vīryastambhakarī  
mukhe || 20 || § 1479

## 7.10 vīryastambhakarō nābhilepaḥ |

nāgavallīpayahpiṣṭaṃ lajjāmūlaṃ pralepayet |  
tannābhau vīryadhṛk puṃsāṃ mūlaṃ vā  
tulasībhavam || 21 || § 1481

## 7.11 vīryastabhakaro rdīpaḥ |

mūlena śvetaguñjāyā vartim kṛtvā pradīpayet |  
 dīpaṃ sū61-1karatailena vīryastambhakaraṃ  
 nṛṇām | | 22 | | § 1483

## 7.12 vīryastambhakarī vaṭikā |

bījamīśvaralingyāstu sūtaṃ vṛścikakaṇṭakam |  
 sarvaṃ pūgaphalasyāntaḥ kṣiptvā veṣṭyaṃ  
 trilohakaiḥ | | 23 | | § 1485

jihvopari sthite tasminnaro vīryaṃ na muñcati  
 | § 1486

## 7.13 vīryastambhārthaṃ śleṣmātakādiyogaḥ |

śleṣmātasya kuraṇṭasya bījaṃ phaṇjyāḥ samāharet | | 24  
 | | § 1487

ajākṣīreṇa taṃ piṣṭvā karṣaṃ bhuktvā tu  
 vīryadhṛk | § 1488

## 7.14 vīryastambhārthaṃ sūraṇādiyogaḥ |

sūraṇaṃ tulasī61-2mūlaṃ tāmbūlaiḥ saha bhakṣayet | |  
 25 | | § 1489

na muñcati naro vīryaṃ karṣaikena  
 pṛthakpṛthak | § 1490

## 7.15 vīryastambhārtham mārjāranakhādibandhanam |

nakhāsthīni samādāya mārjārasya sitasya vai | | 26  
| | § 1491

śvetāparājitāmūlaṃ nīlimūlaṃ śmaśānajam |  
sarvaṃ baddhvā kaṭau vīryaṃ cirakālaṃ na  
muñcati | | 27 | | § 1493

## 7.16 vīryastambhakarahaḥ pādalepaḥ |

bhūlatā sikhakaṃ tulyaṃ limpettailaiḥ kusumbhajaiḥ |  
pādaḥ vīryadharaḥ bhūyātpabhdyaṃ śayyāṃ na  
saṃspr̥śet | | 28 | | § 1495

navanītena vā lepyaṃ caṭakāṇḍaṃ ca pūrvavat |  
\*\* indravāruṇikāmūlaṃ unmattājasya mūtrataḥ  
| | 29 | | § 1497

bhāvayetena lepena nara vīryaṃ na muñcati 5  
| § 1498

## 7.17 vīryastambhakarō liṅgalepaḥ |

dāṇḍimasya tvacaścūrṇaṃ phalaṃ bhallātakākṣayoḥ | |  
30 | | § 1499

piṣṭvā tatkaṭutailena lepaḥ syātpūrvavatphalam  
|  
karpūraṃ ṭaṅkaṇaṃ sūtaṃ munipuṣparaṃ  
madhu | | 31 | | § 1501

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4 \* ] tumberutailena kha. |

4 \* ] tulasīm phaṅjīm kha. |

mardayitvā lipetena liṅgaṃ yāvatsamantataḥ |  
jalaiḥ prakṣālayelliṅgaṃ bhajedrāmāṃ  
yathocitām || 32 || § 1503

vīryaṃ stambhayate puṃsāṃ yāmamātraṃ na  
saṃśayaḥ | § 1504

## 7.18 vīryastambhārthaṃ kaṭyāṃ pāradaguṭikādhāraṇam |

kṛṣṇadhattūratailena pāradam gharṣayeddinam | | 33  
| | § 1505

trilohairveṣṭitaṃ baddhaṃ tatkaṭyāṃ  
vīryadhāraṇam | § 1506

## 7.19 vīryastambhārthaṃ pāradādiyogaḥ |

sūtaṃ svarṇaṃ vyomasattvaṃ tāraṃ tāmraṃ ca rocanam  
| | 34 | | § 1507

bījaṃ vai śarapuṅkhāyāḥ kṛṣṇadhattūrabījakam  
|  
sarvaṃ mardyaṃ vaṭakṣīraiḥ kuberākṣasya  
bījake | | 35 | | § 1509

tatkṣiptvā dhārayedvaktre vīryastambhakaram  
ciram | § 1510

## 7.20 vīryastambhārtham haste mudrikādhāraṇam |

kṛkalāsasya pucchāgraṃ mudrikākāratām kṛtam | | 36  
| | § 1511

urṇanābhasya jālena veṣṭayitvā'tha dhārayet |  
vāmahaste kaniṣṭhāyām naro vīryam na muñcati  
| | 37 | | § 1513

## 7.21 vīryastambhārtham sthalamīnayogaḥ |

sthalamīnaṃ samādāya śuṣkaṃ cūrṇena lepayet |  
ulliptam rakṣayetkiñcidvaktre dhāryaśca  
vīryadhṛk | | 38 | | § 1515

paścimasamudrasya taṭe amaracaṇḍeśvaro nāma dev-  
atāyatanam, tasyāpre vālukāmadhye sthalamīnāstiṣṭhanti,  
te ca vālukāmīnāḥ kathyante | | § 1516

5

## 7.22 vanitādrāvaṇārtham jalaukāyogaḥ |

śuddhasūte vinikṣipya svarṇam vā nāgameva vā |  
aṣṭamāṃśena tatsarvaṃ mardayettaptakhalvake  
| | 39 | | § 1518

śālmalyāścaiva pañcāngarasam tatra vinikṣipet |  
śleṣmāntasya phalam pakvam kokilākṣasya  
bījakam | | 40 | | § 1520

tilapiṇyākacūrṇam tu dattvā tāvadvimardayet | 5

jalaukā jāyate yāvattataḥ karpūraṅkaṇam | |  
41 | | § 1522

kapikacchukaromāṇi bākucītailakaṃ paṭu |  
māgadhīm ca jalaiḥ piṣṭvā tatsarvaṃ  
taptakhalvake | | 42 | | § 1524

5 kṣipetpūrvajalaukāṃ ca trisaptāhaṃ vimardayet  
|  
sā yojyā kāmakāle tu nārīṇaṃ yonigahvare | |  
43 | | § 1526

madadarpaharā tāsāṃ madavihvalakārakā |  
bālye ṣaḍaṅgulā yojyā yauvane sā navāṅgulā | |  
44 | | § 1528

dvādaśaṅgulikā yojyā pragalbhānāṃ jalaukikā |  
yo vā tāṃ dhārayenmūrdhni vīryaṃ tasya  
sthiraṃ bhavet | | 45 | | § 1530

10 pārādāḍṣtamāṃśena suvarṇaṃ nāgameva vā |  
yojayettaptakhalve tu śālmalītvānnijadravaiḥ | |  
46 | | § 1532

muniptararasairnīlīmūladrāvaiśca mardayet |  
śleṣmātakaphalaṃ pakvaṃ kokilākṣasya  
bījakam | | 47 | | § 1534

15 majjā supakvā bilvasya kṣipettatraiva mardayet  
|  
jalaukā jāyate yāvattatastasmātsamuddharet | |  
48 | | § 1536

trisaptāhaṃ taptakhalve karpūrādyaiśca  
pūrvavat |  
mardayecca phalaṃ tadvajjāyate nātra saṃśayaḥ  
| | 49 | | § 1538

rasādaṣṭamabhāgaṃ tu suvarṇaṃ nāgameva vā  
|  
yojyaṃ ca triphalā bhṛṅgī śuṅṭhī chāgapayo  
ghṛtaṃ || 50 || § 1540

kṣaudraṃ gomūtrakaṃ caiva sarvaṃ  
saptadināvadhi |  
mardayettadavacchinnam jalaukā yāvatā bhavet  
|| 51 || § 1542

karpūrādyaiḥ punarmardyaṃ taptakhalve tu 5  
pūrvavat |  
pūrvavajjāyate siddhistadvadyoge na saṃśayaḥ  
|| 52 || § 1544

tridinaṃ mardayetkhalve sūtaṃ  
niṣkacatuṣṭayam |  
triphālāyāstu niryāsaṃ stokaṃ stokaṃ  
vinikṣipet || 53 || § 1546

payaścaiva mahāśṛṅgyā dātavyaṃ  
mardanakṣamam |  
jalaukā mardanākhyeyaṃ jāyate sukhadā nṛṇām 10  
|| 54 || § 1548

rāmāṇaṃ madamattānāṃ drāvika'gnau ghṛtaṃ  
yathā |  
pūrvavatkramayogena vīryastambhakarī bhavet  
|| 55 || § 1550

## 7.23 liṅgavardhanaḥ katipayayogaḥ |

pāradaṃ maricaṃ kuṣṭhaṃ tagaraṃ kaṅṭakārikā |  
aśvagandhātilakṣaudrasaindhavaśvetasarṣapāḥ  
|| 56 || § 1552



apāmārgo yavā māśāḥ pippalī ca samaḥ jalaiḥ |  
piṣṭvā vimardayetena liṅgaḥ māsamaharniśam  
|| 57 || § 1554

vardhate hastamātraḥ tatsthaulyena  
muśalopamam |  
varāhavasayā kṣaudrairliṅgaḥ māsaḥ vilepayet  
|| 58 || § 1556

5 atidīrghaḥ dṛḍhaḥ sthūlaḥ jāyate nātra  
saṁśayaḥ |  
aśvagandhā vacā kuṣṭhaḥ bṛhatī ca śatāvarī | |  
59 || § 1558

pācayettilatailena mardayetena pūrvavat |  
liṅgaḥ sthūlaḥ dṛḍhaḥ dīrghaḥ  
māsamātrātprajāyate | | 60 || § 1560

10 jambūsūkarajaḥ tailaḥ mahārāṣṭrī ca ṭaṅkaṇam  
|  
madhunā saha lepo'yaḥ māsāliṅgasya  
vṛddhikṛt | | 61 || § 1562

miśritaḥ muśalīcūrṇaḥ māhiṣairnavanītakaiḥ |  
tadbhāṇḍaḥ dhānyarāśau ca sthitaḥ  
saptadinairharet | | 62 || § 1564

tena pralepayelliṅgaḥ vardhate māsamātrataḥ |  
pippalī maricaḥ kṣīraḥ sitā tulyaḥ vimardayet  
|| 63 || § 1566

15 māsaikaḥ vṛddhikṛlliṅge nātra kāryā vicāraṇā |  
māhiṣaḥ goghṛtaḥ tulyaḥ saindha64-1vaḥ ca  
samaḥ samam | | 64 || § 1568

anena lepayelliṅgaḥ sthūlaḥ  
syānmāsamātrataḥ |

aśvagandhāpamārgau ca sārivā'kṣaphalaṃ tilāḥ  
|| 65 || § 1570

sarṣapendrayavaṃ tulyamajākṣīreṇa peṣayet |  
tena liṅgaṃ tu māsaikaṃ  
mardanādvr̥ddhimāpnuyāt || 66 || § 1572

māṃsīmākṣaphalaṃ kuṣṭhamaśvagandhām  
śatāvarīm |

taile paktvā pralepo'yaṃ māsāliṅgasya  
vr̥ddhikṛt || 67 || § 1574

5

1

rohītamatsyajaṃ pittam jalaukā lāṅgalī samam |  
anena lepayelliṅgaṃ syānmāsānmuśalopamam  
|| 68 || § 1576

niśā sitā'śvagandhā ca pāradaṃ  
mardayetsamam |

anena mardayelliṅgaṃ yonikarṇastanāmstathā |  
vardhante māsāmātreṇa nātra kāryā vicāraṇā || 10  
69 || § 1579

oṃṃ namo bhagavate uḍḍāmareśvarāya sara prasara  
2 kuru kuru ṭha ṭhaḥ | anena mantreṇa sarve vardhanay-  
ogāḥ saptābhimantritāḥ siddhā bhavanti || § 1580

jāmbūmārjārayoḥ pittam yavāgūmarditaṃ dihet  
|

māsaikādvardhate liṅgaṃ stanau karṇau ca  
mardanāt || 70 || § 1582

15

oṃṃ namo bhagavate uḍḍāmareśvarāya sara prasara  
prasara nikala nikala nikālaya nikālaya svāhā ṭhaḥ ṭhaḥ ||  
§ 1583

gṛhagodhā śuno jihvā strījarāyuh samam samam  
|

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1. śaivālaṃ ka. |

piṣṭvā dhāryaṃ tāmrapātre saptāhāttaṃ punaḥ  
pacet || 71 || § 1585

tilatailena tattailamardanādvardhate khalu |  
liṅgaṃ stanau ca karṇau ca hastau pādau na  
saṃśayaḥ || 72 || § 1587

omṃ namo bhagavate uḍḍāmareśvarāya sara sara hili  
5 hili svāhā ṭhaḥ ṭhaḥ || § 1588

atitarasukhasādhyairyogarājaiḥ prasiddhaiḥ  
satatasuratayogyāṃ stambhanaṃ vardhanaṃ ca  
|  
nipuṇarasikarāmārañjakaṃ mohakaṃ syā-  
dgaditamihā samastaṃ bhogināṃ  
saukhyahetuḥ || 73 || § 1592

iti pārvatīputraśrīnityanāthasiddhaviracite rasaratnākare  
rasāyanakhaṇḍe vīryastambhanaliṅgavardhanaṃ nāma  
saptamopadeśaḥ ||

## 8 athāṣṭamopadeśaḥ |

śrīśaile dehasiddhiḥ prabhavati sahasā  
vṛkṣamṛtkandatoyai-  
stacchāstraṃ śambhunoktaṃ  
pragahanamakhilaṃ vīkṣitaṃ yattu sāram |  
vyāhr̥tyānekayuktyā sakalasukhakaraṃ  
dr̥ṣṭasiddhaṃ tu yadya-  
ttadvakṣye sādhakānāmanubhavapathagaṃ  
bhuktaye muktaye ca || 1 || § 1597

5 mallikārjunadevasya purato gajasannibhā |  
śilā tiṣṭhati yā rātrau sravate gugguḷuṃ sadā ||  
2 || § 1599

pālāśacāṭunā grāhyaṃ kṣīpedalābupātrake |

tadguggulusamaṃ gandhaṃ niṣkaikaṃ  
bhakṣayetsadā || 3 || § 1601

māsānmṛtyujarāṃ hanti jīvedācandratāraḥ |  
tadgugguḷuṃ drute tāmre koṭibhāgena yojayet  
|| 4 || § 1603

tadbhavetkanakaṃ divyaṃ  
jāmbūnadasamaprabhaṃ |  
vāmato mallināthasya ghaṇṭāsiddheśvaraḥ 5  
sthitaḥ || 5 || § 1605

tadvāre vidyate kuṇḍaṃ tatra ghaṇṭā  
vilambate |  
rātrau kṛṣṇacaturdaśyāṃ  
sopavāsaistribhirjanaiḥ || 6 || § 1607

kartavyaṃ sādhanam tatra  
nirvikalpairanidritaiḥ |  
ekastu snāpayeddevaṃ jalamekastu vāhayet ||  
7 || § 1609

ekastu vādayeddhaṇṭāma vicchinnaṃ niśāvadhī 10  
|  
tatastuṣṭo bhavecchambhuḥ kheracatvaṃ  
prayacchati || 8 || § 1611

ghaṇṭāsiddheśvarasyaiva dakṣiṇe  
krośamā66-1trake |  
nikhanedḍṛśyate tatra mṛdgorocanasannibhā ||  
9 || § 1613

sitākṣīraiḥ pibetkarṣaṃ saptāhādamaro bhavet |  
candrodakaṃ prasiddhaṃ vai mallināthasya 15  
paścime || 10 || § 1615

sthitaṃ vaiśākhamaśe tu pūrṇamāsyāṃ  
susādhayet |

sādhako nirvikalpena sthitvā tasya samīpataḥ  
| | 11 | | § 1617

rātrau japaṃ prakurvāṇastattoyaṃ  
cārdharātrake |  
sprasṭuṃ candro yadā gacchettadā kṣipraṃ  
karāñjalim | | 12 | | § 1619

5 kṛtvā tiṣṭhedyadā yāti tajjalam tatkṣaṇātpibet |  
vajrakāyo bhavedvīro jīvedācandratāarakam | |  
13 | | § 1621

śrīśailapūrvadvāre tu devo'sti tripurāntakaḥ |  
devasyottaradigbhāge ciñcāvṛkṣaḥ samīpataḥ  
| | 14 | | § 1623

vidyate tasya mūle tu bhairavo drśyate svayam |  
\* tasyāgre nikhanedbhūmiṃ puruṣasya  
pramāṇataḥ | | 15 | | § 1625

10 drśyate taptakuṇḍam tu nīlavarnaḥjalānvitam |  
ciñcāvṛkṣasya patrāṇi samyagvastreṇa  
bandhayet | | 16 | | § 1627

tasmin kuṇḍe vinikṣipya tāni mīnā bhavanti vai  
|  
saṅgrhya tasya kāṣṭhena pacetteṣāṃ vivarjayet  
| | 17 | | § 1629

15 kaṇṭakāni śiraḥ pucchaṃ śeṣaṃ bhakṣeta  
sādhakaḥ |  
kṣaṇaṃ mūrccā bhavettena prabuddho jāyate  
svayam | | 18 | | § 1631

chidraṃ paśyati medinyāṃ jīvedvarṣāyutaṃ  
naraḥ |

9 \* ] jānumātrakam kha. |

tripurāntakadevasya paścime gavyutidvaye | |  
19 | | § 1633

maṇipalliriti grāmastasya paścimato giriḥ |  
tasya paścimadigbhāge kapāṭaṃ dṛśyate  
śubham | | 20 | | § 1635

pūrvābhimukhaḥ praviśettato gacchecca  
dakṣiṇam |  
daśadhanvantaraṃ yāvaddṛśyante  
jvalanaprabhāḥ | | 21 | | § 1637

5

āmrākārāḥ supāṣāṇā grāhyā vastreṇa bandhayet  
|  
raktavarṇaṃ bhavedvastraṃ kṣīramadhye  
kṣipettataḥ | | 22 | | § 1639

tatkṣīraṃ jāyate raktaṃ tatkṣīraṃ sādhaḥ  
pibet |  
saptāhādvajrakāyaḥ syājjiṅveccandrārkatāraḥ  
| | 23 | | § 1641

tripurāntakadevasya uttare kokilābilam |  
vikhyātaṃ sarvalokeṣu kṛtvā vamanarecanam  
| | 24 | | § 1643

10

sādhaḥ praviśettatra daśadhanvantarāvadhi |  
pāṣāṇāḥ kokilākārāstiṣṭhanti tāṃstu cāharet | |  
25 | | § 1645

teṣāṃ pṛṣṭhe tilāḥ kṣiptāḥ sphuṭantyeva hi  
tatkṣāṇāt |  
ityevaṃ pratyayaṃ dṛṣṭvā tāṃśca ghrṣṭvā  
parasparam | | 26 | | § 1647

15

kṣīramadhye kṣipettān vai kṣīraṃ kṛṣṇaṃ  
prajāyate |

ākaṅṭhāntaṃ pibettattu divyakāvyo  
bhavennaraḥ || 27 || § 1649

valīpalitanirmukto jīvedbrahmadinatrayam |  
chidraṃ paśyati medinyāṃ vāyuvego  
mahābalaḥ || 28 || § 1651

5 tripurāntakadevasya pūrvadigyojanāntare |  
devaḥ svargapurī nāma vidyate tatra vai khanet  
|| 29 || § 1653

devāgre bhūmikāṃ jānumātrāṃ tatra phalā iva  
|  
nirgacchanti tu pāṣāṇāḥ kharasparśā bhavanti  
vai || 30 || § 1655

tripurāntakadevasya paścime yojanārdhake |  
vidyate hi biladvāraṃ tanmadhye dhanuṣāṃ  
trayam || 31 || § 1657

10 ga68-1cchetkharjūravr̥kṣo vai dṛśyate  
kṛṣṇavarṇakaḥ |  
tatphalānāṃ rasaṃ pītvā mūrccā sañjāyate  
kṣaṇam || 32 || § 1659

tataḥ sañjāyate siddho jīveccandrārkatāraḥ |  
śrīśaile dakṣiṇe dvāre jāleśvarasuraśvarau || 33  
|| § 1661

15 devau prasiddhau vidyete nikhanettatra  
bhūmikāṃ |  
pāṣāṇāḥ śrīphalākārā niryānti sparśabhedakāḥ  
|| 34 || § 1663

devo rāmeśvarastatra vidyate tasya sannidhau |  
rudrākṣākārapāṣāṇāḥ kharasparśā bhavanti te  
|| 35 || § 1665

jyotiḥsiddhavaṭe vṛkṣe ekapādena tiṣṭhati |  
āvartadevako nāma tatsamīpe tu paścime | | 36  
| | § 1667

vidyate parvatastatra pāṣāṇāstālakopamāḥ |  
ādāya tān dhamettivraṃ divyaṃ bhavati  
kāñcanam | | 37 | | § 1669

tatraiva dakṣiṇadvāre devaḥ syātkuṇḍaleśvaraḥ 5  
|  
tatsamīpe khaṇedbhūmiṃ jānumātrāṃ tato  
haret | | 38 | | § 1671

pāṣāṇāḥ śrīphalākārā raktāśca sparśavedhakāḥ  
|  
puruṣeśvaradevasya kuṇḍamasti samīpataḥ | |  
39 | | § 1673

guñjā ca riṭṭhakaścaiva dvau vṛkṣau tatra  
tiṣṭhataḥ |  
tayoh patrāṇi sambhakṣya tatkṣaṇādamaro 10  
bhavet | | 40 | | § 1675

tathā hastiśilā tatra tasyā dakṣiṇataḥ khaṇet |  
hastamātraṃ tataḥ paśyejjambūphalasangrahaḥ  
| | 41 | | § 1677

śilā tatra samākhyātā sparśagrāhyā prayatnataḥ  
|  
nāmnā hastiśiraḥ khyātaṃ saiva hastiśilā bhavet  
| | 42 | | § 1679

tasyā dakṣiṇadigbhāge yojanaikena tiṣṭhati | 15  
chāyāchatraṃ prasiddhaṃ tacchivarūpaṃ  
śivoditam | | 43 | | § 1681

śatahastapramāṇaṃ tu tatkṣetraṃ parivartulam  
|



- 1  
 yo'sau gacchati tasyādho nāsau kenāpi dṛśyate  
 || 44 || § 1683
- rudratulyo bhavetsiddhaḥ krīḍate bhuvanatraye  
 |  
 athavā sādhayeddūrātkhyātaṃ siddhyaṣṭakaṃ  
 tu yat || 45 || § 1685
- 5  
 kāntābhraṃ kāñcanaṃ sūtaṃ mardyaṃ  
 kramaguṇottaram |  
 tadgolaṃ veṣṭayellohaisnibhiryatnātkrameṇa  
 vai || 46 || § 1687
- vastre baddhvā tu tadvastraṃ vaṃśāgre  
 bandhayeddr̥ḍham |  
 mantrayetkālimentreṇa chāyācchatre niveśayet  
 || 47 || § 1689
- tadvaṃśāgraṃ kṣaṇaikena jāyate guṭikā tu tām  
 |  
 sādhamo dhārayedvaktre khecaratvapradāyikām  
 || 48 || § 1691
- 10  
 tālakam kuaṭiṃ tadvadvaṃśe baddhvā  
 niveśayet |  
 tābhyāmañjitanetro yo nidhiṃ paśyati  
 bhūgatam || 49 || § 1693
- vaṃśe baddhvā kṣipetkhaṅgaṃ pūrvamantreṇa  
 mantritam |  
 tatkhaṅgaṃ dhārayeddhaste trailokyavijayī  
 bhavet || 50 || § 1695
- vastre gorocanaṃ baddhvā vaṃśasthaṃ tatra  
 veśayet |

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1. gacchedarjunavṛkṣo kha. |

tenaiva tilakaṃ kuryāddṛṣṭvā mohayate jagat | |  
51 | | § 1697

srotoñjanaṃ kajjalaṃ ca kṣiptvā tatraiva  
pūrvavat |  
tena cāñjitanetro yo devairapi na dṛśyate | | 52  
| | § 1699

pādukāṃ tena yogena kṣiptvā padbhyāṃ tu  
dhārayet |  
yatrecchā tatra tatraiva gantā bhavati tatkṣaṇāt 5  
| | 53 | | § 1701

tadvadraktaṭapaṭaṃ tatra kṣiptvā saṃveṣṭya  
sādhakaḥ |  
adrśyo jāyate samyakpaṭe mukte tu dṛśyate | |  
54 | | § 1703

kāntābhraṃ kāñcanaṃ sūtaṃ kṛtvā golaṃ tu  
veśayet |  
vaṃsāgrasthaṃ mantrayuktaṃ sparśavedhī  
bhavettu tat | | 55 | | § 1705

śrīsaile paścime dvāre nāmnā 10  
brahmeśvareśvaraḥ |  
talliṅgaṃ sparśamityāhurduṛgā tatraiva tādrśī  
| | 56 | | § 1707

navamaṃ yattu sopānaṃ nadyāṃ tattādrśaṃ  
sthitam |  
devasya tiṣṭhati dvāre mudgavarṇaṃ vilokayet  
| | 57 | | § 1709

brahmeśvarasya nairṛtye saṃsthitam  
tintiñīvanam |  
tasmin vane sthitam kuṇḍam tatra tiṣṭhati 15  
caṇḍikā | | 58 | | § 1711

ekapādena ciñcādhastadvṛkṣātpatramāharet |  
 baddhvā vastre kṣipetkuṇḍe snānaṃ tatra  
 samācaret || 59 || § 1713

snānānte poṭalī grāhyā sarve matsyā bhavanti te  
 |  
 tatkaṣṭhaiḥ pācayettāni kaṇṭhaṃ pucchaṃ  
 śirastyajet || 60 || § 1715

5 bhāgaṃ devāya saṅkalpya  
 dvitīyamatitherbhavet |  
 ṛtīyaṃ sādhaḥ bhuktvā kṣaṇaṃ bhavati  
 mūrccitaḥ || 61 || § 1717

tatkṣaṇājīyate siddhāśchidrāṃ paśyati  
 medinīm |  
 ajarāmaratāṃ yāti na bādhyastridaśairapi || 62  
 || § 1719

10 alampurottare bhāge grāmaḥ  
 syādbhīmapādukaḥ |  
 tasya grāmasya pārśve tu hastamātraṃ  
 khaṇedbhuvam || 63 || § 1721

pāṣāṇaḥ sarpavadvagrā grāhyā sparśā bhavanti  
 te |  
 yogeśvarīti vikhyatā devatā yā tvalampure || 64  
 || § 1723

devyā hyagre guhā ramyā tanmadhye  
 nikhaṇedbhuvam |  
 pāṣāṇā bhekaśaṅkāśā grāhyā mārjāraṣṭhayā  
 || 65 || § 1725

15 miśrīkr̥tya kṣipedvaṅge tadvaṅgaṃ tāratāṃ  
 vrajet |

madhvājyasahitān

bhakṣetpāṣāṇāmstān vicakṣaṇaḥ || 66

|| § 1727

śrīśailasyottaradvāre maheśo nāma devatā |  
bhramarāmraḥ sthitastatra tasya pakvaphalāni

vai || 67 || § 1729

sphoṭayettatra niryānti bhramarā jīvasaṃyutāḥ

|

ityevaṃ pratyayaṃ jñātvā bhramarāmstān

5

parityajet || 68 || § 1731

phalāni pācayetkṣīraiḥ pibetkṣīraṃ yatheṣṭakam

|

kiñcinmūrcchā bhavetena tato bodhe

pibetpunaḥ || 69 || § 1733

evaṃ kuryātrisaptāhaṃ vajrakāyo bhavennaraḥ

|

valīpalitanirmukto jīvedācandratāarakam || 70

|| § 1735

sarvavānmayavettā ca vāyuvegī bhavennaraḥ |

10

tenaivāmraphalaikena varjitabhramareṇa ca |

sahasrapalavaṅgaṃ tu drāvitam

stambhayedhruvam || 71 || § 1738

kṣepāttāramavāpnoti satyamīśvarabhāṣitam |

tatphalaṃ chidritaṃ kṛtvā utpāṭya bhramaraṃ

tataḥ || 72 || § 1740

śuddhapāradakarṣaikaṃ tattulyaṃ

15

kṛṣṇamabhṛakam |

kṣiptvā tasminmukhaṃ ruddhvā

limpenmṛdgomayena ca || 73 || § 1742

chāyāśuṣkaṃ tadāmrotthaiḥ  
 kvā71-1thairyāmaṃ vipācayet |  
 svabhāvaśītalā grāhyā guṭikā phalamadhyagā  
 || 74 || § 1744

mukhasthā khecaram datte adṛśyatvaṃ  
 mahābalā |  
 kvāthe vākpatitulyaḥ syājīvedācandratāarakam  
 || 75 || § 1746

5 tāraṃ tāmraṃ bhujāṅgaṃ vā koṭibhāgena  
 vedhayet |  
 kṛṣṇābhraṃ śuddhasūtaṃ ca pūrvavattatphale  
 kṣipet || 76 || § 1748

limpenmṛdgomayaistadvadāraṇyotpalakaiḥ  
 puṭet |  
 svabhāvaśītalaṃ grāhyaṃ tadrasaṃ  
 madhusarpiṣā || 77 || § 1750

10 guñjāmātraṃ sadā khādenmāsādbālo  
 bhavennaraḥ |  
 jīvedbrahmadinaṃ vīro navaṅgabalānvitaḥ ||  
 78 || § 1752

vidyate lokavikhyātaḥ pūjyaḥ pañcopacāarakaiḥ  
 |  
 oṃṃ huṃ phaṭkāramantreṇa nirvikalpena  
 sādhakaiḥ || 79 || § 1754

vīkṣya paścimadigbhāge hmantarikṣe ca  
 tatkṣaṇāt |  
 paśyeddivyavimānāni jāyate pratyayo mahān ||  
 80 || § 1756

15 tataḥ paścimadigbhāge gacchennadīm  
 taretsudhīḥ |

gahvaram dṛśyate tatra  
praviśetpaścimāmukham || 81 || § 1758

yojanatritayam gacchedekākī nirvikalpakah |  
pañcayojanavistīrṇam dṛśyate kadalīvanam ||  
82 || § 1760

tasya madhye'tivistīrṇam jalapūrṇam sarovaram  
|  
siṃhāsanam tu tanmadhye 5  
śuddhasphaṭikasannibham || 83 || § 1762

taṃ dṛṣṭvā daṇḍavadbhūmau  
nipatenmantramuccaret |  
omṃ hrīṃ vidyāvāgīśvarādhipataye hrīṃ omṃ  
svāhā |  
snānam kṛtvā prayatnena lakṣamekam japedanu  
|  
yatheṣṭam bhojanam kṛtvā  
kandamūlaphalādikam || 84 || § 1766

tataḥ siṃhāsanasyordhvam 10  
śuddhasphaṭikasannibhaḥ |  
caturbhujastrinetaśca dṛśyate parameśvaraḥ ||  
85 || § 1768

stotramantrairnamaskāraiḥ praṇipatya punaḥ  
punaḥ |  
varam datte yatheṣṭam vai sādhakasya na  
saṃśayaḥ || 86 || § 1770

śatamāyatanam tatra kūpānām ca śatam nava |  
\* tāvatsaṅkhyāstathā"rāmā nandanākhyavanāni 15  
ca || 87 || § 1772

tathā navaśatam vāpyo vidyante kadalīvane |

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15 \*] kāṣṭhaiyoma kha. |

biladvārāṇi tāvanti kalpavṛkṣāstathaiva ca | | 88  
| | § 1774

tatraiva maukalī nāma yakṣiṇī prakatā sthitā |  
sā vakti bhojanaṃ dehi yadīcchasi samīhitam | |  
89 | | § 1776

5 tatastasyai pravaktavyaṃ dāsyāmi parameśvari  
|  
kṣīrānnaṃ vā phalāhāraṃ tadagre  
dāpayetsudhīḥ | | 90 | | § 1778

sā vakti mama putro'yaṃ kṣaṇaṃ vakṣasi  
dhāraya |  
yadā na muñcase bhūmau tadā siddhyaṣṭakam  
tava | | 91 | | § 1780

dāsyē'haṃ nātra saṃdeho bhojanānte'thavā  
punaḥ |  
tyakte karomi saṃhāraṃ tasmādyatnena  
rakṣaya | | 92 | | § 1782

10 ityevaṃ sādḥako vīraḥ  
kuryātsiddhimavāpnuyāt |  
gaccheduttaradigbhāge tatsaro yojanārdhakam  
| | 93 | | § 1784

tatrāsti puṣpasamṃpūrṇaṃ divyākhyam  
nandanaṃ vanam |  
puṣpāṇaṃ ghrāṇamātreṇa kṣutpipāsā na  
vidyate | | 94 | | § 1786

15 athavā bhakṣayettasmātphalamekaṃ  
yathocitam |  
tena bhakṣitamātreṇa vajrakāyo bhavennaraḥ | |  
95 | | § 1788

saro dakṣiṇadigbhāgaṃ gacchedyojanapādakam  
|  
tatra dāḍimasampūrṇaṃ dṛśyate nandanam  
vanam || 96 || § 1790

tatphalaṃ bhakṣayetsiddho  
jīvedyugasahasrakam |  
tatsaraḥpūrvadigbhāge  
gacchetkrośārdhamātrakam || 97 || § 1792

tatra dhātrīphalaiḥ pūrṇaṃ śyāmalaṃ 5  
nandanam vanam |  
phalāni bhakṣayettāni jīvetkalpaśatatrāyam ||  
98 || § 1794

tatsaraḥpaścima bhāge gacchedyojanamātrakam  
|  
tatra bilvaphalaiḥ pūrṇaṃ dṛśyate nandanam  
vanam || 99 || § 1796

tatphalaṃ bhakṣayedvīro  
jīveccandrārkatāarakam |  
tannandanavane ramye liṅgaṃ 10  
syānnīlavarṇakam || 100 || § 1798

praviśeduttaradvāre tatra nāgo mahābalaḥ |  
ugraḥ saptaphaṇākāro dṛśyate'tibhayaṅkaraḥ  
|| 101 || § 1800

tasya kuryānnamaskāraṃ hruṃ72-1 hruṃ  
kuryātsamuddharet |  
\* tadā'sau vadate vāṇīmadṛśyatvaṃ dadāmi te  
|| 102 || § 1802

gaccha tvam paścimadvāre tatrāsti 15  
divyakanyakā |

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14 \* ] huṃkāraṃ ca samuccarat  
kha. |



gacchettatra mahāvīraḥ sādḥako  
mantramuccaran || 103 || § 1804

hāraṃ dāsyati sā tuṣṭā na73-1 praveśaṃ  
prayacchati |  
taṃ hāraṃ dhārayetkaṇṭhe sākṣādvāgīśvaro  
bhavet || 104 || § 1806

5 tatastu dakṣiṇaṃ dvāraṃ gacchettatra  
bhayaṅkaram |  
muktakeśaṃ vakranetraṃ gadāhastam  
digambaram || 105 || § 1808

nīlavarṇaṃ kṣetrapālaṃ dr̥ṣṭvā mantraṃ  
samuccaret |  
ha hā he he haṃ hruṅkāraṃ phaṭ huṃ  
svāhāntameva ca || 106 || § 1810

anena mantrapāṭhena kṣetrapālaḥ prasīdati |  
dadāti khecarīṃ siddhiṃ na praveśaṃ kadācana  
|| 107 || § 1812

10 tatastu pūrvadigbhāge dvāraṃ tatra gaṇeśvaraḥ  
|  
dr̥śyate pūjayettaṃ vai sādḥakaḥ praviśettataḥ  
|| 108 || § 1814

dr̥śyate divyacāpaṃ tu tathā liṅgaṃ  
manoharam |  
pūjayecchivamantreṇa rakāreṇaiva nānyathā ||  
109 || § 1816

15 tatastatra japaṃ kuryādahorātramupoṣitaḥ |  
pratyakṣo jāyate rudro varaṃ datte yathepsitam  
|| 110 || § 1818

ityevamādayaḥ santi siddhayaḥ kadalīvane |

akṣarairlikhitaṃ dvāre tatra padmāvātibilam | |  
111 | | § 1820

sarasaḥ pūrvadigbhāge yojanaikena tiṣṭhati |  
vamaṇaṃ recanaṃ kṛtvā praviśettatra sādhaḥ  
| | 112 | | § 1822

dhanvantaraṃ śataṃ yāvadgacchettatra  
mṛdaṅgakaṃ |  
dṛṣṭvā taṃ vādayedvīraḥ samyakpadmāvātī 5  
tataḥ | | 113 | | § 1824

āgatyā cāmṛtaṃ datte yatpānādamaro bhavet |  
tatastaṃ prārthayatyeva āgaccha mama  
mandiram | | 114 | | § 1826

divyaṃ kanyāpañcaśataṃ parivāreṇa svīkuru |  
ahaṃ patnī bhaviṣyāmi yāvadbrahmā ca jīvati  
| | 115 | | § 1828

tadante paramaṃ sthānaṃ gacchāmo nātra 10  
saṃśayaḥ |  
kadambeśvaradevastu āgneyyāṃ diśi vidyate  
| | 116 | | § 1830

1

tasya pūrvataṭākāgre sthito vṛkṣaḥ kadambakaḥ  
|  
tasya patrāṇi saṅgrhya kaṭutailena lepayet | |  
117 | | § 1832

tadvṛkṣabījatailairvā tatkāṣṭhaiḥ pācayetsudhīḥ  
|  
matsyā bhavanti te sarve tāmrapātre vinikṣipet 15  
| | 118 | | § 1834

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1. prajeśatvaṃ kha. |

kaṅṭhapucchaśirovarjaṃ madhvājyābhyāṃ tu  
 bhakṣayet |  
 tatkṣaṇājīyate siddho rudratulyo mahābalaḥ | |  
 119 | | § 1836

nadīsthāne ca yo vṛkṣo vidyate kuṇḍaleśvare |  
 pūrvavatkramayogena siddhiḥ syānnātra  
 saṃśayaḥ | | 120 | | § 1838

5 kapoteśvaradevasyottare puṣpagiriḥ sthitaḥ |  
 tasya kuryāt prayatnena trivāraṃ tu  
 pradakṣiṇam | | 121 | | § 1840

tataḥ śiraḥ samāruhya khecaratvaṃ  
 labhennaraḥ |  
 tatpūrvottaradigbhāge  
 chelikādvā74-1rasamsthitam | | 122 | | § 1842

10 uttarābhimukhaṃ tatra praviśeddhanuṣāṃ  
 trayam |  
 mūṣikākārapāṣāṇāstiṣṭhanti tān samāharet | |  
 123 | | § 1844

takraiḥ piṣṭvā tadekaṃ tu  
 pibenmūrcchānavāpnuyāt |  
 kṣaṇāduttiṣṭhate siddho  
 jīvedbrahmadinatrayam | | 124 | | § 1846

sa eva sarvalohānāṃ sparśavedhakaro bhavet |  
 ahorātroṣito bhūtvā devāgre siddhimāpnuyāt  
 | | 125 | | § 1848

15 kapoteśvaradevasya dakṣiṇe devatādvayam |  
 tanmadhye kaṭimātraṃ tu  
 khaṇedgorocanopamāḥ | | 126 | | § 1850

pāṣāṇāstān samādāya madhvājyābhyāṃ  
 prapeṣayet |

tatpānājīyate martyaḥ kalpāyurnātra saṃśayaḥ  
| | 127 | | § 1852

kapoteśvaradevasya vāyavye hastamātrakam |  
khanetpārāvataprakhyāḥ pāṣāṇāḥ  
sparśabhedakāḥ | | 128 | | § 1854

tiṣṭhanti grāhayedekam devatārādhane kr̥te |  
mallikārjunadevasya aiśānyāṃ bhṛgupātanam 5  
| | 129 | | § 1856

vidyate tatsamīpasthaṃ kuṇḍam  
tasmānmr̥dāharet |  
pañcagavyena sammiśrāṃ  
khadirāṅgārakairdhamet | | 130 | | § 1858

nīlotpalasamaṃ lohaṃ patatyevātha secayet |  
\*madhvājyābhyāṃ sutaptaṃ tatsaptavāraṃ  
punaḥ punaḥ | | 131 | | § 1860

tadgolaṃ dhārayedvaktre viṣṇutulyo 10  
bhavennaraḥ |  
bhṛgupātāt pūrvabhāge krośodadhikapāṭake | |  
132 | | § 1862

tasyāgre acchatailākhyāḥ parvato nāma viśrutaḥ  
|  
tatpaścime biladvāraṃ tanmadhye  
dhanvapañcakam | | 133 | | § 1864

gate tu dṛśyate kuṇḍam raso lākṣārasaprabhaḥ |  
alābupātre saṃgrhya koṭivedhī bhavettu saḥ | | 15  
134 | | § 1866

mallikārjunadevasya pūrvato lokaviśrutaḥ |  
prākāraścandraguptasya vidyate tatra  
mandiram | | 135 | | § 1868

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9 \* ] ambikādvāraṃ kha. |

tasya pūrve sthitaścaityaścaityapūrve mahāśilā  
 |  
 mudgavarṇā ca sā khyātā sparśavedhakarā tu sā  
 || 136 || § 1870

gajastatraiva vikhyātastamāruhya samāhitaḥ |  
 tasya pṛṣṭhātrṇaṃ grāhyaṃ tatsarvaṃ  
 kanakaṃ bhavet || 137 || § 1872

5 gajasya cottare pārśve jānumātraṃ  
 khanedbhuvam |  
 jambūphalasangamākārāḥ santi te sparśavedhakāḥ  
 || 138 || § 1874

gajasyādhaḥ khanedvā'tha jānumātraṃ  
 labhettataḥ |  
 trikoṇaguṭikāṃ siddhāṃ lakṣavedhakarāṃ  
 parāṃ || 139 || § 1876

10 śrīśailasya tu vāyavye tīrthaṃ devahradaḥ  
 sthitam |  
 tatra kuṇḍe mudgavarṇāḥ pāśāṇāḥ  
 sparśavedhakāḥ || 140 || § 1878

tatra kūrmapamaṃ liṅgaṃ sparśavedhakaram  
 param |  
 kṛttikāyāṃ supūrṇāyāṃ kṛtvā pūjāṃ samāharet  
 || 141 || § 1880

gavyūtidvayatastasmānnāmnā nīlavanam  
 smṛtam |  
 tatra liṅgaṃ nīlavarṇam jalam caiva tu tādrśam  
 || 142 || § 1882

15 aśvāmraḱākasadrśāḥ pāśāṇāḥ sparśavedhakāḥ |  
 santi devagrhasyāntaḥ khanejjānvantarāddharet  
 || 143 || § 1884

śrīśailasya tu nairṛtye nāmnā guṇḍiprabhā sthitā  
|  
tasyāgrādgartamṛdgrāhyā pītavarṇā puṭairdahet  
|| 144 || § 1886

tasmānniḥsarate hema sphuradrūpaṃ na  
saṃśayaḥ |  
tatraiva bhramarāḥ syuśca  
pūrvavatphaladāyakāḥ || 145 || § 1888

tathā tambīpure nāmni tīrthe ca vipule śubham 5  
|  
sadāphalaṃ tu vikhyātaṃ  
pūrvavatsādhayetsudhīḥ || 146 || § 1890

mahānandeśvaraṃ nāma śrīśailasya tu nairṛte |  
tasya pūrvottare pārśve gacchedrājapathena tu  
|| 147 || § 1892

kālavarṇeśvaro nāma devastasyāgrakuṇḍakam  
|  
indragopakasaṅkāśastanmadhye vidyate rasaḥ 10  
|| 148 || § 1894

taptāni saptalohāni tatsekātkāñcanaṃ bhavet |  
śrīśailasya tu īśāne devaḥ syātturaleśvaraḥ | |  
149 || § 1896

tasyottare suvikhyāta umāparvata uttamaḥ |  
tasya mūrdhni trīśūlābhā darbhāstiṣṭhanti  
śobhanāḥ || 150 || § 1898

tasyādhaḥ kaṭimātraṃ tu khātvā nīlāṃ mṛdaṃ 15  
haret |  
tāṃ pacedakṣajaiḥ kāṣṭhairbhāgaṃ devāya  
kalpayet || 151 || § 1900

atitheśca tathā'gneśca bhāgaṃ bhāgaṃ  
 prakalpayet |  
 bhāgamātmani bhuñjīta jīvetkalpāyutaṃ naraḥ  
 || 152 || § 1902

tatra koṭīśvaraṃ khyātamileśvarasamīpataḥ |  
 tasyāgre puṣpamātraṃ tu sparśavedhakaraṃ  
 bhavet || 153 || § 1904

5 acaleśaśca tatraiva sparśavedhakarāḥ paraḥ |  
 dakṣiṇe acaleśasya yojanaikena vidyate || 154  
 || § 1906

amareśvaradevākhyastatra svarṇaśilā śubhā |  
 tasya pṛṣṭhe ca gomāṃsaṃ mahāmāṃsaṃ ca vā  
 kṣipet || 155 || § 1908

prajvālya badarīkāṣṭhaiḥ prātaḥ svarṇopamā tu  
 sā |  
 10 dr̥syate rajasā strīṇāṃ bhāvitam  
 vastrakhaṇḍakam || 156 || § 1910

tacchilāloḍitam kuryādrakṣedalābupātrake |  
 tena saṃsparśamātreṇa lohaṃ bhavati hāṭakam  
 || 157 || § 1912

śrīśaile tatra tatraiva pāśāṇā piṇḍabhūsthitāḥ |  
 taccūrṇaṃ triphalāsārdhaṃ karṣaikaṃ  
 bhakṣayetsadā || 158 || § 1914

15 māsārdhaṃ tu jarāṃ hanti jīvedācandratāraḥ  
 |  
 nairṛtye śailarājasya paṭāhakarṇa īśvaraḥ || 159  
 || § 1916

tasya ceśānadigbhāge pañcaviṃśatidhanvake |

dviḥastamātrordhvaśilā tatra hastadvayaṃ  
khanet || 160 || § 1918

śrāvasamputasaṅkāśān pāṣāṇāmstrimśadāharet  
|  
kṛtvā tānagnivarnāmśca  
siñcetkūṣmāṇḍajairdravaiḥ || 161 || § 1920

tanmadhyānnavanītaṃ tu gr̥hyāddevāya  
bhāgakam |  
atitherbhāgamekaṃ tu bhāgaikaṃ 5  
bhakṣayedbudhaḥ || 162 || § 1922

mūrcchā bhaveddivārātraṃ prabuddho jāyate  
naraḥ |  
jīvedvarṣāyutaṃ vīro valīpalitavarjitaḥ || 163  
|| § 1924

tasya devasya sopānaṃ dvitīyaṃ  
sparśavedhakam |  
tasya devasya pārśve tu pāṣāṇāḥ śvetapītakāḥ  
|| 164 || § 1926

sarvasparśā na sandeḥa ekameva samāharet | 10  
tasya devasya pārśve tu kūpaḥ syānnātidūrataḥ  
|| 165 || § 1928

tanmadhye bhekaśaṅkāśāḥ pāṣāṇāḥ  
sparśavedhakāḥ |  
uttare tasya devasya vikhyāto liṅgaparvataḥ ||  
166 || § 1930

tasya cottarapārśve tu nadī syātpūrvavāhinī |  
nadyāḥ paścimadigbhāge liṅgaṃ 15  
piṅgalavarṇakam || 167 || § 1932



tatra śailodakaiḥ kuṇḍaṃ pūrṇaṃ  
 syātkṣaṇavedhakam |  
 maheśāddakṣiṇe bhāge caṇḍikā yojanadvaye | |  
 168 | | § 1934

piṇḍādevīti vikhyātā tasyā vāyavyakoṇataḥ |  
 kūpastiṣṭhati tanmadhye pāṣāṇā  
 mudgavarṇakāḥ | | 169 | | § 1936

5 tathā pathyāṃnibhāścaiva sarve te  
 sparśavedhakāḥ |  
 sparśanādatra sarveṣāṃ vedhayuktirvidhīyate  
 | | 170 | | § 1938

sthūlaścetpeṣayecchlakṣṇaṃ tena mūṣāṃ tu  
 kārayet |  
 aṣṭalohāni tanmadhye samāvartyāni kārayet | |  
 171 | | § 1940

10 tatsarvaṃ jāyate svarṇamevaṃ  
 kuryādyathepsitam |  
 sūkṣmaścedaṣṭalohānāṃ drutānāṃ yatra  
 kutracit | | 172 | | § 1942

tam sarvaṃ nikṣipenmadhye sarvaṃ  
 tatkāñcanaṃ bhavet |  
 mallikārjunavāyavye tīrthaṃ sarveśvaraṃ  
 sthitam | | 173 | | § 1944

tasya dakṣiṇadigbhāge jalamārgē'rdhayojane |  
 gate ḍāṅgarikaṃ tatra drīyate tasya mūrdhani  
 | | 174 | | § 1946

15 dhātrīphalāni kṛṣṇāni vidyante tāni bhakṣayet |  
 yatheṣṭāni tu saptāhaṃ vajrakāyo bhavennaraḥ  
 | | 175 | | § 1948

balīpalitanirmukto jīvetkalpaśatatrayam |  
tasmācca dakṣiṇe bhāge kākalerīmahānavam | |  
176 | | § 1950

tatrāsti stambhakadalī praviśettatra sādhaḥ |  
gacchetkrośārdhamātram tu dṛśyate  
rasakuṇḍakam | | 177 | | § 1952

grhītvā'lābupātre tu koṭivedhī bhavedrasaḥ | 5  
tasmin vane mayūraḥsyānnīlavarnaśilāmayah  
| | 178 | | § 1954

mukhāgre tasya kuṇḍam tu  
dvādaśāṅgulanīlakam |  
tanmadhye śuṣkavaṃśam tu kṣiptvā  
syānnūtanah kṣaṇāt | | 179 | | § 1956

dine patram phalam puṣpam jāyate tasya  
nānyathā |  
tatra pāradaprasthaikam kṣiptvā tāvajjalam 10  
haret | | 180 | | § 1958

kṣaudratulyam pibettam vai  
tatkṣaṇānmūrcchito bhavet |  
muhūrtāllabdharājyaḥ syājjiivedyugasahasrakam  
| | 181 | | § 1960

śailasyāgneyabhāge tu guṭikāsiddhakeśvaraḥ |  
vidyate tasya purataḥ pañcahastām  
khanedbhumam | | 182 | | § 1962

pāśāṇā badarākārāḥ santi khegatiḍāyakāḥ | 15  
ekameva samāhṛtya vaktre dhāryaḥ  
khagāmibhiḥ | | 183 | | § 1964

śrīśaile sarvayogānāmuktānām vidhirucyate |  
mantranyāsam purā kṛtvā paścāllakṣam  
japedanu | | 184 | | § 1966

aghoram tena vai śīghram

tattatsiddhimavāpnuyāt | § 1967

kṣetradēvatāmāvāhayet | tatra svapne devatā pratyakṣībhūya varam dadāti | § 1968

5 evam mantraparaiḥ suniścalatarairbhaktaiśca tatsādha-  
akaiḥ śambhoḥ pūjanataparaiḥ pratidinaṃ pūjāvidheḥ  
pālakaiḥ | kāryam śrīgirisā78-1dhanam japaparairāmnā-  
yapāraṅgatai rno cetkleśakaram parākṛtamaho vyartham  
bhavenniścitam | | 185 | | § 1969

iti śrīpārvatīputraśrīnityanāthasiddhaviracite

10 rasaratnākare rasāyanakhaṇḍe śrīparvatasādhanam

nāmāṣṭamopadeśaḥ | |

samāpto'yam rasāyanakhaṇḍaḥ |

1

1. śrīśailaparvatastu dakṣiṇabhārate karṇāṭakadeśa vartate |

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        ↪ International_Alphabet_of_Sanskrit
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